Greetings Friends:

Welcome to the captivating city of Charlotte, nestled in the great state of North Carolina. What a fitting locale for the largest conference in the world dedicated to counseling! North Carolina, with more than 125 colleges and universities—is a state that truly embraces higher education. Indeed many of you are here representing some of the finest institutions—and the finest counseling programs—in the state. Many of you have degrees from these counseling programs.

And Charlotte itself is widely recognized as a magnet for “progressive growth and smart development”—isn’t that what we all wish to achieve for our clients, our students and ourselves? Charlotte will be the perfect incubator, think tank, and inspiration for our own smart development and professional growth over the next few days.

We have much to celebrate as we learn: the North Carolina Counseling Association for reaching its 50th anniversary, the many individuals who will receive special recognition for their work, and the ACA Branches that will be honored for their role in advancing the profession on the local level.

Charlotte is our temporary home for the next few days, our gathering place for the global community of counselors. It is here that we can share our stories, refresh our skills, celebrate our great organization and experience the compassion and caring that we give to others so freely. We need this support and validation, now more than ever! With the enormous challenges we are facing in our economy, we have a vital role to play in helping our clients and our students navigate through these uncertain times.

Take advantage of all the wonderful learning opportunities at this conference and enjoy the company of your fellow counseling professionals—more than 3,000 of them are here!

This week, this is exactly where we belong!

Colleen Logan, PhD  
ACA President (2008–2009)

Terry Robinson, MA, LPC  
NCCA President (2008–2009)
March 19, 2009

Greetings!

On behalf of the citizens of Charlotte, I would like to extend a warm welcome to the American Counseling Association. We are happy that you have chosen to host your conference in Charlotte on March 19-23, 2009 and we trust that you will feel comfortable and at home in the Queen City.

While in Charlotte, I invite you to explore the wonder, the beauty, and the people who make this a great city. We have many attractions for your enjoyment, including museums, art galleries, and public gardens in addition to the many opportunities for shopping and dining.

Best wishes for a successful and enjoyable conference. We are pleased to have you join us in Charlotte, North Carolina and we welcome the opportunity to share our hospitality with you.

Sincerely,

Patrick L. McCrory
Mayor

Office of the Mayor
800 East Fourth Street, Charlotte, NC 28202-2853 704/336-2241
We’ve changed the design and layout of the Program Guide to assist you with locating activities more easily.

All programs, including the Pre-conference Learning Institutes, education sessions, ancillaries and special events, are now listed in date/time order. The Program Guide will provide you with important information to make your experience in Charlotte a success.

- Read the Orientation section first. It includes maps to help you navigate more easily.
- Education indices by Presenter Name at the back of this guide direct you to the correct Program ID#.
- An index by Program Session Topic/Category is available in the Education Sessions indices section.
- Tickets for special events are available in the Registration Area while supplies last.

Keep your name card with you at all times, but remember to remove it when walking outside the hotels and convention center.

Hotel Information:

The Westin Charlotte (ACA Headquarter Hotel)
601 South College Street
Charlotte, North Carolina 28202
704-375-2600

Hilton Charlotte Center City (ACA Co-Headquarter Hotel)
222 East Third Street
Charlotte, North Carolina 28202
704-377-1500

Omni Charlotte Hotel
132 East Trade Street
Charlotte, North Carolina 28202
704-377-0400

Holiday Inn Charlotte Center City
230 North College Street
Charlotte, North Carolina 28202
704-335-5400

The hotels are in close proximity to the Charlotte Convention Center. Because of the extensive public transportation system that Charlotte offers, ACA will not provide shuttle service for the conference. However, ACA will continue to provide shuttle transportation for persons with disabilities between ACA-designated hotels and the Charlotte Convention Center. Check the sign in the lobby of each hotel for schedule.

Please Note:

Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your consideration.

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**Awards will be given in the following categories:**

- Best Community Outreach Project/Program
- Best Leadership Development Program
- Best Membership Service
- Best Membership Recruitment Campaign
- Best Journal
- Best Newsletter
- Best Newsletter

The ACA Branch Awards Ceremony recognizes those branches that significantly advance and enhance the counseling profession through excellent programs, increased membership, quality communications, and community involvement.
Walden University’s M.S. in Mental Health Counseling program is now accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). This accreditation attests to the quality of our program and its ability to maximize the success and impact of your career.

A CACREP-accredited degree can provide

- A **high-quality education** that meets superior academic standards set by and for the profession
- A **streamlined licensing application process** in many states
- A **decided advantage** when applying to doctoral programs

Walden’s M.S. in Mental Health Counseling program helps prepare you to address your clients’ mental health needs knowledgeably, ethically, and with respect for diversity. You’ll gain the confidence, qualifications, and critical-thinking skills needed to seek licensure and to apply best practices as change agents in the counseling profession.

**Note on Licensure:** Walden University’s M.S. in Mental Health Counseling is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA), which is a requirement for licensure in many states. The M.S. in Mental Health Counseling program is designed to prepare graduates to quality to sit for licensing exams and to meet the academic licensure requirements of many state counseling boards. However, no graduate program can guarantee licensure upon graduation. It is the student’s responsibility to review the requirements of the appropriate licensing board. For more information about licensure, students should visit the National Board for Certified Counselors at www.nbcc.org/stateboardmap and contact the appropriate licensing body. International students are encouraged to identify and contact their appropriate licensing body.

Hear Walden students and faculty speak on:

- **Working Ourselves to Death: The Cost of Participating in Middle-Class America for Single African American Mothers**
  by Dr. Savitri Dixon-Saxon

- **Transgender Identity Migration Across the Lifespan: Coming Into Our Own as Women, Men, Sisters, Brothers, and Lovers**
  by Dr. Stacee Reicherzer

- **The Boy Code Betrays Me: Addressing Societal and Sex-Based Trauma in the Lives of Gay and Bisexual Men**
  by Dr. Stacee Reicherzer and Alessio Pisano

Please visit us at Booth #512/514 at the ACA Conference
Badges
Conference name badges must be visible to security and convention personnel for admission to all conference programs, ticketed events and the Exposition Hall. For your safety, no one will be allowed to enter without a proper badge.

One-day badges are clearly marked and will be valid for admission on that day only.

Replacement badges will cost $25.00 each and may be purchased at the Registration Desk in the Charlotte Convention Center.

Conference Events
The Westin Charlotte is the ACA headquarter hotel, and the Hilton Charlotte Center City is the ACA co-headquarter hotel. The other official ACA Conference hotels are the Omni Charlotte Hotel and the Holiday Inn Charlotte Center City. The ACA Exposition Hall, Registration, Keynote Sessions, the Learning Institutes, and the Education Sessions will be held at Charlotte Convention Center. ACA Division functions, ACA Committee Meetings, First-Timers Orientation and Mentoring Luncheon, and the Opening Party will be held at the Westin Charlotte Hotel.

Message Center
A Message Center is located in the Registration Area at the Charlotte Convention Center to help locate friends and colleagues.

Persons with Disabilities
We make every effort to ensure that all activities are accessible to persons with disabilities. ACA asks each attendee who is disabled to identify him or herself and provide us with the information necessary to make the event more accessible and enjoyable, including any transportation needs, sign language interpreter, guides for the visually challenged, or any other special needs. We will be providing shuttle transportation for persons with disabilities only between ACA designated hotels and the convention center. Please check your hotel lobby for Shuttle Schedules. On-site assistance can be secured at the Registration Desk at the Charlotte Convention Center.

Learning Institutes
These intensive workshops are being held at the Charlotte Convention Center on Thursday, March 19 and Friday, March 20.

Education Sessions
90-minute and 60-minute education sessions are being held at the Charlotte Convention Center beginning Saturday, March 21 through Monday, March 23.

Opening Session
The Opening Session with Keynote Speaker, C. Adolfo Bermeo will be held in the Ballroom at the Charlotte Convention Center on Saturday, March 21 from 9:00 am – 10:30 am.

Keynote Speaker
Keynote Speaker, Judy Shepard is scheduled for Sunday, March 22 from 9:00 am – 10:30 am in the Ballroom at the Charlotte Convention Center.

Poster Sessions
30-minute project/research poster sessions are held in the Charlotte Convention Center Exposition Hall on Saturday, March 21 and Sunday, March 22. For detailed information, please refer to the “Education” section of this guide.

Exposition
All exposition activities will be held at the Charlotte Convention Center. The ACA Exposition is open Friday, March 20 from 5:00 pm – 7:00 pm, Saturday, March 21 from 10:30 am – 6:00 pm, and Sunday, March 22 from 10:30 am – 6:00 pm. Please refer to the “Exposition” section of this guide.

Ancillary Events
The Ancillary events for ACA Divisions, Regions, ACA Committee Meetings, Corporate Partners and Related Organizations will be held at the Westin Charlotte and Hilton Hotels. Check the specific event in your program guide for location information.
American Counseling Association
Center City Charlotte

0   .5 miles

Hotels
1. Hilton Charlotte Center City
2. Holiday Inn Center City
3. Omni Charlotte Hotel
4. Westin Charlotte

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Bronze Sponsor
ACA Membership offers an unparalleled commitment to you, as an individual and a professional, whether you’re a private practitioner, a specialist in a particular work setting, or just beginning your career. Leaders elected from the membership govern the national organization, which is integrally related to 19 divisions that are structured to provide resources and information unique to specialized practice areas and principles of counseling. A grassroots network of 56 branches organized into four regions unites you with colleagues in your state, U.S. territory, or internationally. As a member, you design your participation to best suit your areas of interest.

Colleen R. Logan  
ACA President

Dr. Colleen R. Logan is the Vice President of Academic Affairs at the Argosy University Dallas Campus. She also serves as the Associate Dean of the College of Psychology and Behavioral Sciences for Argosy University. She began her career working with HIV infected individuals and their significant others at the Whitman–Walker Clinic in Washington, DC. Following doctoral studies, she taught at the University of Houston-Victoria. While in Houston, Colleen built and maintained a successful private practice working with gay, lesbian, bisexual and transgender clients and their significant others, prior to joining Argosy University in 2004.

Service to the counseling profession has been central to Colleen’s life. She is past Co-Chair, President-Elect, President, and Governing Council Representative of the Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling. She also served as a member and Co-Chair of the National Ethics Committee. She has served as a member of the American Counseling Association’s Executive Committee and she has served as Chair of the Blue Ribbon Panel for the past two years. Colleen and Dr. Colleen Connolly were the co-founders of TALGBIC, the Texas division of the Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling. Along with others, Colleen contributed to the development of the ACA-endorsed competencies for working with gay, lesbian, bisexual and transgender clients and their significant others.

Colleen has made numerous professional presentations regarding the devastating impact of homoprejudice as well as the myriad issues related to providing affirmative counseling to gay, lesbian, bisexual and transgender clients and their significant others. She has authored or co-authored a number of articles as well as a book with Dr. Robert Barret regarding counseling issues related to working with sexual minority clients.

Colleen's graduate degrees are from Duquesne University and the University of Virginia. Colleen is a Licensed Professional Counselor and a Licensed Marriage and Family Therapist.

Lynn E. Linde  
ACA President-Elect

Dr. Lynn E. Linde is an Assistant Clinical Professor of Education and the Director of Clinical Programs, the School Counseling Program, at Loyola College in Maryland. She began her career in education as an elementary special education teacher. After receiving her master’s in guidance and counseling, Lynn worked as a secondary school counselor and then counseling supervisor for the Baltimore City Public Schools, Maryland; state supervisor for school counseling; and Chief of the Student Services and Alternative Programs Branch at the Maryland State Department of Education. She was an affiliate faculty member at Loyola College for ten years and in September 2004 became a full-time faculty member. Lynn has been involved in the professional association for 25 years. She is a past president of the Maryland Association for Counseling and Development (MACD) and served on the board for over 15 years. She is a past chair of the ACA Southern Region (ACASR) and represented ACASR on the ACA Governing Council. She co-chaired the ACA Public Policy and Legislation Committee and the Ethics Committee,
has served on two Blue Ribbon Task Forces, chaired the Strong Identity Committee for the 20/20 Visioning Committee, served on the Financial Affairs Committee, and been a member and chair of several ACASR committees. She is a member of the Professional Counseling Fund and served as secretary for 2 years. She has received a number of awards to recognize her professional service. Lynn is an ACA Fellow, recipient of the Carl Perkins Award, the ACA Counselor Educator Advocacy Award, ACES Professional Service-Supervision Award, SACES Outstanding Program Supervisor Award, MACD President’s Award (4), and the Maryland Governor’s Citation (2).

Lynn has presented over 300 workshops on professional and ethical issues, particularly for school counselors; advocacy and public policy issues; and is a certified True Colors trainer. She has authored or co-authored a number of book chapters on ethical and professional issues and was the professional identity section content co-editor for the *ACA Encyclopedia of Counseling*.

She received a BA in psychology from Clark University and a Master’s in Guidance and Counseling and an EdD in Counseling from The George Washington University. She is an nationally certified counselor.

Lynn and her husband Jim reside in Maryland. They have 2 children and a son-in-law. Their daughter is also a counselor in Maryland.

1983 graduate of Texas A&M University at Commerce where he received his Doctor of Education degree with a major in Counseling and Guidance and a program emphasis in marriage and family therapy. He is a licensed professional counselor, a licensed marriage and family therapist, and a licensed psychologist. He is a 2005 recipient of the “Distinguished Leadership Award” of the International Association of Marriage and Family Counselors.

### Sylvia Shortt
*Treasurer*

Sylvia Shortt, EdS, LPC worked for 26 years at the Counseling Center at University of West Georgia. Currently, she is the Assistant Director of the International Services and Programs Office at University of West Georgia. Sylvia is Past President and Treasurer of American College Counseling Association (ACCA), Past President and Treasurer of Georgia College Counseling Association (GCCA) and former ACCA Governing Council representative to ACA. She has received the Professional Leadership Award from both ACCA and GCCA and the Will Watt Fellowship from Georgia Rotary Student Program.

### Brian S. Canfield
*ACA Immediate Past President*

Vice President for Academic Affairs, Southern Arkansas University, Magnolia, AR. Brian began his career in higher education in 1979 as a Program Coordinator at Louisiana State University. After completing his doctoral studies in counseling, he returned to his native Louisiana and established a private practice in counseling. His work as a counselor educator for the past 24 years has included administrative roles as clinical director, program director, department chair, and associate dean.

He served as co-chair of the joint IAMFC-AMCD taskforce on multicultural family counseling competencies. He is a past president of the Louisiana Mental Health Counselors Association and a former board member and President of the International Association of Marriage and Family Counselors. He has organized numerous study-abroad programs in Mexico and the United Kingdom and has served as director of the UK-based IAMFC Northampton Summer Institute.

He has authored or co-authored more than 25 articles, monographs, and book chapters, and is a co-author of *Group Work: Constructivist, Social Constructionist, and Cybernetic Perspectives*.

He received the BA degree in psychology and the MA degree in counseling from Louisiana Tech University, and is a 1983 graduate of Texas A&M University at Commerce where he received his Doctor of Education degree with a major in Counseling and Guidance and a program emphasis in marriage and family therapy. He is a licensed professional counselor, a licensed marriage and family therapist, and a licensed psychologist. He is a 2005 recipient of the “Distinguished Leadership Award” of the International Association of Marriage and Family Counselors.

### Visit the Expo!

**Friday 5 pm – 7 pm**
Grand Opening/Reception
Free light hors d’oeuvres

**Saturday 10:30 am – 6 pm**
Lunch Sponsored by Walden University

**Sunday 10:30 am – 6 pm**
Closing Social Reception
Free Ice Cream Bar 3:45 pm – 6 pm
The Governing Council is the national governing body of the American Counseling Association, providing long-range strategic leadership. Composed of nationally elected ACA officers, including the president, president-elect, and immediate past president, appointed treasurer, and one representative from each division and region, the Governing Council meets at least twice annually, with one meeting held in conjunction with the ACA Annual Conference. The association’s executive director, treasurer and process observer serve as ex-officio members without voting rights.

TBA ................................................................................................... Parliamentarian
James Blundo.............................................................................. AMHCA Representative
Annette Bohannon ...................................................................... Southern Region Representative
Loretta J. Bradley ....................................................................... IAMFC Representative
Kay T. Brawley .......................................................................... NECA Representative
Brian S. Canfield ................................................................. Past President
Maureen E. Colon ....................................................................... ACEG Representative
Colleen Connolly ....................................................................... Process Observer
John R. Culbreth ....................................................................... IAAOC Representative
Jessica Diaz ................................................................................ Student Representative
Thelma Duffey ............................................................................ ACC Representative
Kelly Duncan ............................................................................. Midwest Region Representative
Bradley T. Erford ....................................................................... AACE Representative
Ned Farley .................................................................................. ALGBTIC Representative
Queen D. Fowler ........................................................................ AMCD Representative
Kelley Romaine Kenney .............................................................. North Atlantic Region Representative
Carolyn W. Kern ........................................................................ ACCA Representative
Lynn E. Linde ............................................................................. President-Elect
Colleen R. Logan ........................................................................ President
Vonda Long ................................................................................ AADA Representative
Sandra I. Lopez-Baez ................................................................ CSJ Representative
A. Scott McGowan ..................................................................... C-AHEAD Representative
Sally Murphy ............................................................................. ASCA Representative
Spencer Niles ............................................................................. NCDA Representative
Dale-Elizabeth Pehrsson ............................................................. ACES Representative
Carolyn W. Rollins ..................................................................... ARCA Representative
Laura Jo Severson ..................................................................... Western Region Representative
Sylvia E. Shortt ........................................................................... Treasurer
M. Carolyn Thomas ..................................................................... ASGW Representative
Richard Yep ................................................................................ Executive Director
J. Scott Young ............................................................................. ASERVIC Representative
There are 19 divisions and four regions within the American Counseling Association. These groups provide leadership, resources and information unique to specialized practice areas and/or principles of counseling.

**Association for Assessment in Counseling and Education**
Richard Balkin, *President*
Promotes the effective use of assessment within the counseling and education professions; addresses pressing assessment, testing and instrument concerns such as proper test use, counselor and educator test competencies, test selection and fair testing instrument access; develops, establishes, and disseminates relevant assessment guidelines and standards.

**Association for Adult Development and Aging**
Carolyn Greer, *President*
Shares information, training and advocacy related to adult development and aging issues, and addresses counseling concerns across the human life span.

**Association for Creativity in Counseling**
Shane Haberstroh, *President*
The Association for Creativity in Counseling is a forum for counselors, counselor educators, and counselors in training to explore unique and diverse approaches to counseling. ACC’s goal is to promote greater awareness, advocacy, and understanding of diverse and creative approaches to counseling.

**American College Counseling Association**
Kevin Farrell Gaw, *President*
Promotes college counseling and fosters student development in higher educational settings.

**Association for Counselors and Educators in Government**
Sharon Seesholtz, *President*
Counsels clients and their families in local, state, and federal government and military-related agencies.

**Association for Counselor Education and Supervision**
David Kleist, *President*
Emphasizes the need for quality education and supervision of counselors for all work settings.

**Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling**
Anneliese Singh, *President*
Educates counselors on issues related to gay, lesbian, bisexual and transgendered clients; fosters sensitivity to the unique needs of client identity development; and creates a non-threatening counseling environment by aiding the reduction of stereotypical thinking and homophobia.

**Association for Multicultural Counseling and Development**
Francene Haymon, *President*
Provides leadership and strives to improve multicultural, ethnic, and racial understanding in counseling programs and practices to foster, advance and sustain personal growth and improve educational opportunities for people from multicultural, ethnic and racial backgrounds.

**American Mental Health Counselors Association**
Victoria Sardi, *President*
Represents mental health counselors advocating for client-access to quality services within the health care industry, with special reference to the issues of public policy and managed care on the national and state levels.

**American Rehabilitation Counseling Association**
Yolanda Edwards, *President*
Advocates for quality services and increased opportunities for people with disabilities throughout the life span and promotes excellence in rehabilitation counseling.

**American School Counselor Association**
Jim Bierma, *President*
Promotes professional school counseling; encourages interest in activities that affect personal, educational and career development of students; and works with parents, educators and community members to provide a positive learning environment.
Association for Spiritual, Ethical and Religious Values in Counseling  
Lisa Jackson-Cherry, President  
ASERVIC is an organization of counselors and other human development professionals who are convinced that spiritual, ethical, religious and other human values are essential to the full development of the person and to the profession of counseling.

Association for Specialists in Group Work  
S. Lenoir Gillam, President  
Provides professional leadership in the field of group work, establishes standards for professional and ethical practice, and supports research and the dissemination of knowledge.

Counseling Association for Humanistic Education and Development  
Michael Walsh, President  
Supports a belief in reason, education and knowledge in the service of mankind; asserts that humanity is responsible for its own destiny; promotes meaningful and ethical lives; promotes tolerance, nurtures diversity and upholds human rights.

Counselors for Social Justice  
Eric James Green, President  
CSJ is a community of counselors, counselor educators, graduate students, and school and community leaders who seek equity and an end to oppression and injustice affecting clients, students, counselors, families, communities, schools, workplaces, governments, and other social and institutional systems.

International Association of Addictions and Offender Counselors  
Todd Lewis, President  
IAAOC serves those who are interested in issues pertaining to addictions and/or criminal justice, especially the areas of prevention, treatment, education, and advocacy. IAAOC supports research, training, education, certification and networking for counselors, counselor educators and students.

International Association of Marriage and Family Counselors  
Mary Ballard, President  
Promotes excellence in the practice of couple and family counseling. Encourages systemic thinking and advocates for the worth and dignity of all families through dissemination of knowledge in systemic counseling practices.

National Career Development Association  
Judith Hoppin, President  
Supports career professionals working in many settings to facilitate the career development of all individuals across the life span.

National Employment Counseling Association  
Robert Chope, President  
Dedicated to helping people prepare for, enter, understand and progress in the world of work through legislative advocacy, establishing standards and guidelines, showcasing best practices and networking. Provides Global Career Development Facilitation Training.

To encourage leadership development within ACA, four regions (Midwest, North Atlantic, Southern, and Western) provide leadership training, professional development, and continuing education for branch members, and work to develop and encourage opportunities for personal and professional growth. The Regions offer training workshops in membership recruitment and retention, services to members, legislative involvement, convention planning, publications and communications, public affairs, budgeting and finance.

Midwest Region  
Jean Underfer-Babalis, Chairperson

North Atlantic Region  
Terry Mitchell, Chairperson

Southern Region  
Jeffrey Freiden, Chairperson

Western Region  
Mary Schroeder, Chairperson
Branches are the grassroots network for ACA, providing local leadership, professional development, publications and recognition to members. Chartered by ACA, branches unite counselors in states, U.S. territories and foreign countries, regardless of specialized practice areas, in forwarding the common mission of the association. ACA has granted charters to 56 branches, who are governed locally by volunteer elected officers from within the branch membership. Some branches form local chapters within their jurisdiction.

### ACA Branch Presidents

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<tr>
<th>State</th>
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<tr>
<td>Alabama</td>
<td>Katharine Nichols</td>
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<td>Alaska</td>
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<td>Arizona</td>
<td>Carolyn Berk-Bender</td>
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<td>Jenene Alexander</td>
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<td>California</td>
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<td>Colorado</td>
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<td>Delaware</td>
<td>Donia Copeland</td>
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<td>Dist. Of Columbia</td>
<td>Betty Lancaster-Short</td>
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<td>Europe</td>
<td>Richard Sidley</td>
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<td>Florida</td>
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<td>Indiana</td>
<td>Susan Fiscus</td>
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<td>Charles Pemberton</td>
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<td>Louisiana</td>
<td>Ron Cathey</td>
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<td>Latin America</td>
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<td>Maine</td>
<td>Beth Doane</td>
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<td>Maryland</td>
<td>Elizabeth Nyang</td>
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<td>Mark Gillen</td>
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<tr>
<td>Wyoming</td>
<td>Rosemary Bartle</td>
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### NCCA Events

**Saturday, March 21**
**12:00 pm – 2:00 pm**
Westin Hotel - Ballroom C
**NCCA Luncheon/State Leadership Awards/50th Anniversary Celebration**
Join the North Carolina Counseling Association to celebrate its 50th Anniversary and to recognize distinguished individuals who have made lasting contributions to the counseling profession in the state of North Carolina. This special event features highlights of NCCA’s history of service to professional counselors and will include honors to the dedication and hard work of its past presidents who led the organization in its quest to promote the counseling profession.

**Sunday, March 22**
**6:30 pm – 8:00 pm**
**“Celebrating Counseling in North Carolina”**
Join the North Carolina Counseling Association in celebrating the counseling profession in North Carolina. A special invitation is extended to NCSCA and LPCANC members to join the divisions of NCCA for an evening of camaraderie and professional networking.
Roster of ACA Presidents

1950’s
1952-1953 Robert Shaffer
1953-1954 Donald E. Super (deceased)
1954-1955 Donald E. Kitch (deceased)
1955-1956 Mary (Corre) Foster (deceased)
1956-1957 Clifford P. Foster (deceased)
1957-1958 Frank M. Fletcher (deceased)
1958-1959 Walter F. Johnson (deceased)
1959-1960 Dugald S. Arbuckle

1960’s
1960-1961 Daniel D. Feder (deceased)
1961-1962 Edward C. Roebert (deceased)
1962-1963 C.C. Dunsmoor (deceased)
1963-1964 Willis E. Dugan (deceased)
1964-1965 Harold F. Cottingham (deceased)
1965-1966 C. Winfield Scott (deceased)
1966-1967 Kenneth B. Hoyt (deceased)
1967-1968 Edmund G. Williamson (deceased)
1968-1969 Gail F. Farwell
1969-1970 Merle M. Ohlsen (deceased)

1970’s
1970-1971 Ralph F. Berdie (deceased)
1971-1972 Garry R. Walz
1972-1973 Donna R. Chiles
1973-1974 Bruce Shertzer
1974-1975 S. Norman Feingold (deceased)
1975-1976 Thelma T. Daley
1976-1977 George M. Gazda
1977-1978 Norman C. Gysbers
1978-1979 Betty E. Knox
1979-1980 Mary Finn Maples

1980’s
1980-1981 Thomas J. Sweeney
1981-1982 Louise B. Forsyth (deceased)
1982-1983 Helen R. Washburn
1983-1984 Edwin L. Herr
1984-1985 Jean A. Thompson
1985-1986 Rose A. Cooper
1986-1987 David Capuzzi
1987-1988 Brooke B. Collison
1989-1990 Sunny Hansen

1990’s
1990-1991 Jane E. Myers
1992-1993 Lee J. Richmond
1993-1994 Beverly J. O’Bryant
1994-1995 Doris Rhea Coy
1995-1996 Joyce M. Breasure
1996-1997 Gail P. Robinson
1997-1998 Courtland C. Lee
1998-1999 Loretta J. Bradley
1999-2000 Donna Ford

2000’s
2000-2001 Judy Lewis
2001-2002 Jane Goodman
2002-2003 David Kaplan
2003-2004 Mark Pope
2004-2005 Samuel T. Gladding
2005-2006 Patricia Arredondo
2006-2007 Marie A. Wakefield
2007-2008 Brian S. Canfield
2008-2009 Colleen R. Logan
Partners & Related Organizations

American Counseling Association Foundation
Created in 1979, the ACA Foundation (ACAF) enhances the counseling profession by focusing its mission in many areas, such as encouraging the next generation of counselors, honoring outstanding educators and practitioners, publishing cutting-edge topics, reaching out to elementary-age children through the Growing Happy and Confident Kids project and, most recently, aiding fellow counselors who have been affected by Hurricanes Katrina and Rita by creating the Counselors Care Fund. The ACA Foundation is supported by tax-deductible gifts from individuals, corporations and foundations, as well as ACA divisions and branches. For more information or to contribute, call 800-347-6647 x376, visit counseling.org/foundation or send an e-mail to acaf@counseling.org.

ACA Insurance Trust, Inc.
ACAIT is a licensed insurance agency. It is incorporated separate from the American Counseling Association, but operates in partnership with ACA. The role of ACAIT is to research and find the best insurance products at the most competitive price. The Trust also assists ACA members when they face potential legal liability and educates counselors and students in ways to avoid liability claims and lawsuits. The current ACAIT programs include professional liability insurance for students, individual practitioners and groups, auto, homeowners, life, health, dental, disability and directors, and officer’s liability for non-profit groups and associations. Information is available at acait.com or by telephone at 800-347-6647 x284.

Council for Accreditation of Counseling and Related Educational Programs
This independent council was created in 1981 to accredit the counseling profession’s graduate-level preparation programs. As a specialized accrediting body recognized by the Council for Higher Education Accreditation, CACREP promotes the development of preparation standards, provides rigorous and objective program review, and works with other credentialing organizations to ensure quality training in the counseling profession. For more information contact CACREP at 703-535-5990 or write CACREP, 1001 North Fairfax Street, Suite 510, Alexandria, VA 22314.

Chi Sigma Iota
The official honor society of the counseling profession, Chi Sigma Iota is an independent membership organization that recognizes outstanding individual contributions to the profession and excellence in educational achievement. For more information, call Tom Sweeney, Executive Director, 910-334-4035, write 250 Ferguson Boulevard, UNC-Greensboro, Greensboro, NC 27412 or e-mail tjsweeney@ha.l.let.uncg.edu.

National Board for Certified Counselors
The National Board for Certified Counselors (NBCC) is an independent, nonprofit, voluntary, nongovernmental corporation established to advance the credentialing of professional counselors. The organization monitors a national certification process, identifies counselors who have voluntarily obtained national certification; and administers a certification examination and specialty certifications for school, clinical mental health, and addictions counselors. For more information, call 336-547-0607, write NBCC, 3 Terrace Way, Greensboro, NC 27403-3660 or visit nbcc.org.

HPSO Liability (malpractice) Insurance is Now Included in Membership for ACA Master’s Level Students

The ACA Student membership of $89 now includes liability insurance to ACA student members enrolled and engaged in a master’s degree counseling curriculum at a post secondary institution. Coverage is solely while performing counseling services (e.g. practicum and internship) related to such curriculum.

For more information, visit the ACA membership booth, log on to counseling.org/student, the ACA Insurance Trust at acait.org, or contact the ACA Member Services team at 800-347-6647, x222 (M–F, 8 am – 7 pm, ET).
Richard K. Yep, Executive Director

The Executive Director serves as the executive officer of the association, hired and entrusted by the Governing Council to conduct the day-to-day business operations. Leading a team of experienced association management professionals, the Executive Director and national staff produce top quality benefits, products and services to meet the changing needs of ACA members.
Pre-conference Learning Institutes Credit Information

Continuing education credit is offered to attendees of the American Counseling Association 2009 Annual Conference and Pre-conference Learning Institutes. Earn 6 CE hours per full day sessions and 3 hours for evening sessions. Participants are required to sign-in at the start of each session and attendance is monitored. To receive credit you must attend 100% of the session. CEs are approved by the American Psychological Association (APA), Commission on Rehabilitation Counselor Certification (CRCC), The Association for Addiction Professionals (NAADAC), National Board for Certified Counselors (NBCC), and several state psychology and social work boards.

Participation Requirement (Levels)

ACA course descriptions include a participation level to help you select sessions best suited to your continuing education needs.

Introductory: Suitable for all levels, regardless of knowledge or skill level, participants gain foundation knowledge required to enhance counseling skills.

Advanced: Suitable for those who have substantial working knowledge and skills in content area. Participants will refine and expand current expertise.

1 Graduate. 8,000 Changed Lives.

Richmont Graduate University integrates practical theology and applied psychology, equipping counselors to serve the psychological, emotional, and spiritual needs of their communities and churches. On average, each Richmont graduate will touch 8,000 lives over the course of his or her career.

To find out more about our learning community, please explore our website, call us, or visit a campus.

Atlanta · Chattanooga · richmont.edu · 888-267-4073
Pre-conference Learning Institutes at-a-Glance

Thursday, March 19

Daytime Sessions • 9:00 am – 4:30 pm

Photovoice: Mental Health Consumer Advocacy and Participatory Action Research Through the Lens
09001 Advanced

The Family Journey: An Experiential Approach for Multi-Family Group Treatment
09002 Advanced

Challenges Facing Group Leaders: Understanding and Working with Difficult Group Members
09003 Introductory

Critical Issues in Working with Parents of Young Children in Counseling
09004 Advanced

Narrative Approaches in Sand Therapy: Transformative Journeys for Counselor and Client
09005 Advanced

Telling Your Grief Story: Bereavement Interventions That Heal the Loss
09006 Introductory

Advanced Skills for Leading a Mutual Aid Support Group: Difficult Members and Other Challenges
09007 Advanced

Counseling Teens: Cognitive, Emotional, and Constructivist Change Techniques
09008 Advanced

The CRAWL Program: Addressing College Substance Use on Campus
09009 Introductory

Training for Culturally Competent Disaster Response
09010 Advanced

Evening Sessions • 5:30 pm – 8:45 pm

Training the Trainers: Preparing to Be a Diversity Trainer
09027 Advanced

Extending the Basics: Advanced Skills and Issues in Counseling Young Children
09028 Advanced

Advanced Private Practice Toolbox: Nuts and Bolts Ideas for Increasing Referrals, Working with Managed Care, and Other Tools
09029 Advanced

Day After Day the Price You Pay: Managing Your Second Hand Shock
09041 Advanced

Friday, March 20

Daytime Sessions • 9:00 am – 4:30 pm

Play Therapy: A Universal Language for Understanding and Helping Children from Diverse Cultures with Diverse Needs
09021 Advanced

Tear in the Desert: Bowen Theory: Healing and Ministering to Combat Veterans of All Faiths, Their Families and Friends
09022 Advanced

The Transformed School Counselor in Action
09023 Advanced

Advanced Private Practice Toolbox: Nuts and Bolts Ideas for Increasing Referrals, Working with Managed Care, and Other Tools
09029 Advanced

Cut It Out: Eating Disorders and Associated Self-injurious Behaviors
09034 Introductory

Grief in the Workplace: Helping Employees Cope with End-of-life and Other Loss Issues
09035 Introductory

Thriving in Counseling Management: Strategies to Sharpen Leadership Skills and Improve Organizational Performance
09036 Advanced

The Other Side of 55: Life/Career Challenges and New Options
09037 Advanced

Are We Having Fun Yet? Using Cooperative Physical Activity to Enhance Children's Social Skills and Self-image
09038 Introductory

Animal-assisted Play Therapy: Canines as Co-therapists
09039 Introductory

The Power of Sandtray Therapy: Expressive Techniques for Therapeutic Disclosure, Trauma Counseling, and Healing
09040 Introductory

Evening Sessions • 5:30 pm – 8:45 pm

Teaching Addictions across the Educational Continuum
09031 Introductory

‘Crash’: Using Movies to Explore Post-Modern Implications for Counseling
09032 Introductory

Advanced Techniques in Brief Solution-Focused Counseling with Children, Adolescents, Parents, and Schools
09033 Advanced

Cut It Out: Eating Disorders and Associated Self-injurious Behaviors
09034 Introductory

Grief in the Workplace: Helping Employees Cope with End-of-life and Other Loss Issues
09035 Introductory

Thriving in Counseling Management: Strategies to Sharpen Leadership Skills and Improve Organizational Performance
09036 Advanced

The Other Side of 55: Life/Career Challenges and New Options
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09038 Introductory

Animal-assisted Play Therapy: Canines as Co-therapists
09039 Introductory

The Power of Sandtray Therapy: Expressive Techniques for Therapeutic Disclosure, Trauma Counseling, and Healing
09040 Introductory
At the Education Sessions you’ll benefit from a highly structured program in 90-minute and 60-minute segments and 30-minute project/research poster sessions in the Exposition Hall. Whether you’re a novice or a seasoned pro, it’s your goal to reach that next level of counseling expertise and at the 2009 ACA Annual Conference you’ll find all the tools you need to get there. To ensure a high quality education program, the ACA Program Selection Committee, a working group of experienced professional counselors and educators, reviewed all submissions and selected more than 500 sessions for presentation at the 2009 ACA Annual Conference.

Earn Continuing Education Credits

One continuing education contact hour (CE) is earned for each hour of attendance at:

• keynote feature sessions
• education sessions (90-minute and 60-minute segments and 30-minute poster sessions offered)

Return home with up to 35.0 CE credits, including Pre-conference Learning Institutes!

ACA Conference sessions are approved by:

• National Board for Certified Counselors (NBCC)
• Commission on Rehabilitation Counselor Certification (CRCC)
• American Psychological Association (APA)
• NAADAC, The Association for Addiction Professionals

Several national and state-level psychology, social work and related certification/licensure boards also accept ACA CE credit. The ACA Annual Conference 2009 CE Report form is included in the back of this Program Guide. The form must be completed and mailed to ACA with a $15.00 processing fee. Certificates will be mailed three to four weeks after receipt. You must attend 100% of an education session to receive credit. For any inquiries regarding CE for this conference, please call 800-347-6647, x229.

ACA Academies

First introduced at the 2006 conference, ACA academies are another way to demonstrate expertise in specific areas—and they are absolutely free with 16 tracks to choose from!

Earn free, frameable certificates recognizing your advanced knowledge in a specialty area. For each certificate, you must attend at least six full sessions within the track:

• Addictions
• Career Development/Employment Counseling
• Child and Adolescent Counseling
• College Counseling
• Counseling Ethics and Legal Issues
• Counselor Education and Supervision
• Couples and Family Counseling
• Group Work
• Human Development Across the Lifespan
• LGBT
• Mental Health/Private Practice
• Military Counseling
• Multicultural Counseling
• Rehabilitation Counseling and Disability Issues
• School Counseling
• Spirituality and Religious Values

In addition, you must visit the Exposition Hall for at least 30 minutes and attend the opening general session. An ACA academies application form and instructions is located in the back of this Program Guide. The Conference Program Guide will indicate which sessions are approved for each academy. You will receive your free certificate two to three weeks after we receive your form.
Addictions Academy

Program ID # 103
Manipulative Med-seeking Drug Addict or Maladaptively Help-seeking Person Who Uses Drugs?: Battling Bias in Clinical Practice

Program ID # 154
Providing IAAOC Members with Support and Resources at the Regional, State, and Local Level: A Roundtable Discussion

Program ID # 204
Methamphetamine in Rural America: History, Treatment, and Cultural Considerations

Program ID # 250
“Might As Well Face it, You’re Addicted to Love”: Sexual Addiction and Its Treatment

Program ID # 325
Scaling the Walls of Recovery: Understanding the Barriers to Treatment for Homeless Clients with Co-occurring Disorders

Program ID # 355
Internet Addiction: Toward a New Understanding of Emptiness

Program ID # 363
Implementing a Model Intervention Program for At-risk Adolescents: Targeting Alcohol and Substance Abuse

Program ID # 444
IAAOC Graduate Student Carousel

Program ID # 488
Students in Recovery from Substance Use Disorders: Research and Resources

Program ID # 557
Is There a Magic Bullet? Pharmacologically Assisted Addiction Management—What Counselors Should Know

Program ID # 599
Women and Addiction: Including the Feminine in Addiction Treatment

Program ID # 617
Addiction and Recovery: From the Student’s Perspective

Program ID # 623
African American Women and Mandated Substance Abuse Treatment: Concerns, Needs and Expectations

Program ID # 641
But It’s the Only Vice She Has Left: Assessing the Older Client for Alcohol Related Problems

Program ID # 671
Attacking the Two-headed Monster: Using Manual Guided Therapy to Treat Adolescents with Major Depression and Substance Use

Program ID # SE3-B
Creative Couples Interventions for Sexual Addiction

Career Development/Employment Counseling Academy

Program ID # 205

Program ID # 249
Chasing Super’s Career Archway: International Students

Program ID # 261
The Heart and Soul of Career Counseling: Creativity Soars

Program ID # 344
Barriers for Students with Disabilities Transitioning from School to Adult Life: Developing a Strategic Plan

Program ID # 356
“Should” versus “Do”: Contemporary Perceptions of Educational and Employment Equity across Gender and Ethnicity

Program ID # 393
Frank Parsons: The 100th Anniversary Celebration

Program ID # 442
A Clinician’s Guide to Effective Career Counseling for Individuals with Psychiatric Disabilities

Program ID # 494
Rebuilding Life after War: Counseling Combat Veterans

Program ID # 503
Entrepreneurship: Second Half of Life: Finding Work that Matters

Program ID # 562
New Resources and Strategies: Tools to Energize Career Courses and Groups

Program ID # 586
Career Transitioning: Building a Resilient Identity or a Quest to Find Self?

Program ID # 590
Families and the Impact of Work: The Respectable Addiction

Program ID # 631
Advocating for Career Development Programs for Students with ADHD

Program ID # 634
A Nation at Work 2009: The Latest, Best Facts on Change in the Work Force, Work Place, and Public Policy

Program ID # 657
Working More Deeply with Our Third Quarter of Life Clients—Going Beyond the Easy Answers

Program ID # 663
Using Cognitive Information Processing (CIP) Theory as a Foundation for a Career Services Peer Advising Program

Program ID # SE1-E
Fostering Emerging Adulthood in Urban Youth: The Evolution of a Community, University and School Partnership

Child and Adolescent Counseling Academy

Program ID # 105
The Escalating Pandemic of Cyberbullying: Five Counseling Strategies for Prevention of Children’s Engagement and Exposure

Program ID # 108
Multicultural Group Work in Schools with Children and Adolescents

Program ID # 167
Assessing and Treating Suicidal and Depressed Adolescents

Program ID # 219
Depression in Youth: A Developmental Model for Recognition and Intervention
Joining Forces for Students: School and Community Counselors Unite!

Program ID # 247

Children’s Cognitive and Moral Reasoning Perspectives Following Disaster

Program ID # 265

Play Therapy for Children Living in a Stressful World

Program ID # 333

Addressing Grief and Loss with Children and Adolescents of Military Families

Program ID # 345

Dancing with the Stars: Using Reality and Game Shows to Excite Students about College and Expand Their Career Options

Program ID # 396

What about the Parents?

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What’s Going on in There? What Every Counselor Needs to Know about Adolescent Brain Development

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“The Girls—They Go after Each Other”: Prevention and Intervention for Girl Bullying

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Social Skills Therapy for Children and Youth

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Developing Theory of Mind: Counseling Students with Autism Spectrum Disorders

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Addressing Issues of Anger, Loss, and Guilt: Using Gestalt Therapy with Bereaved Children and Adolescents

Program ID # 593

Child Sexual Abuse Prevention with Hispanic Families

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Steps to Empower Clients Experiencing Cyberbullying

Empirical-based Play Techniques with Resistant Adolescents

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Are Students with Disabilities Victims or Bullies?: Counseling Issues and Effective Interventions

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Deviant Sexuality in Children and Adolescents: Concurrent Treatment of Sexual Victimization and Sex Offending Behaviors

Program ID # 640

Connecting with Kids: Unique Issues and Practical Techniques for Counseling Children

Program ID # 651

Attacking the Two-headed Monster: Using Manual Guided Therapy to Treat Adolescents with Major Depression and Substance Use

Program ID # 671

Advocacy through Assessment: Dating Violence and Self-injury among Adolescent Females

Program ID # SE1-B

Advocacy Counseling for Children in Crisis: Perspectives from the Field

Program ID # SE1-C

The Changing Face of College Counseling: How Personality Disorders Factor into the Safety, Treatment, and Success of Students

Program ID # 171

College Students with Disabilities: Considerations and Sensitivity Activities for Higher Ed. Counselors and Administrators

Program ID # 213

Chasing Super's Career Archway: International Students

Program ID # 249

Positive Psychology for College Students: The Role of Forgiveness in Preventing School Violence

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Students in Recovery from Substance Abuse

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Use Disorders: Research and Resources

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ABD Stress and Personal Wellness: Strategies for Surviving and Navigating through a Counseling Doctoral Program

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An Examination of the Substance Abuse Subtle Screening Inventory-3’s Correctional Scale in a College Student Population

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Program Evaluation and Outcomes Assessment: Channels to Quality Assurance

Program ID # 617

Addiction and Recovery: From the Student’s Perspective

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The African American Male Leadership Institute: A Program to Improve the Success Rate of African American Males in College

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Racial Identity Attitudes, Race-related Stress and Coping: What Counselors Need to Know

Program ID # 636

Understanding and Supporting First-generation College Students

Program ID # 663

The Regulation of Technology Assisted Distance Counseling and Supervision in the U.S.: Current Trends and Their Implications

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Working with Gang Members: Addressing the Community within Our Schools

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Program ID # 208
Ethics in Counseling Management:
Building Positive Organizations by
Promoting Ethical Practice

Program ID # 320
Perceptions of Ethically Correct
Behaviors of Counselors: A Survey

Program ID # 361
Ethics beyond the Obvious: Immunizing
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Program ID # 408
The Role of Evidence Based Therapy
Programs in the Determination of
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Program ID # 496
Avoiding Unwanted Court Appearances in Counseling

Program ID # 559
The Counselor as Scientist Practitioner:
The Ethical Choice

Program ID # 574
Increasing Counselors' Multicultural Competence: Our Ethical Responsibility

Program ID # 658
Relational Ethics in Counseling-Practitioner Self-care and Well-being in Helping Practice

Program ID # 664
Recapturing Wisdom in Ethical Decision-making

**Counselor Education and Supervision Academy**

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Using the Virtual World of Second Life to Educate Counselor Trainees

Program ID # 112
Non-linear Thinking in Counseling: A New Method for Teaching the Secrets of the Masters to Beginning Family Counselors

Program ID # 115
Wellness Centered Programming: An Opportunity for Chi Sigma Iota Chapters

Program ID # 157
The Process of Mentoring Women in Counselor Education: A Developmental Approach

Program ID # 169
Competency-based Supervision: How to Maximize the Experience for Both Supervisor and Supervisee

Program ID # 170
What Lessons Can Counselors Learn from Philosophy?

Program ID # 198
Soaring Over Hurdles: Overcoming Obstacles to Incorporating Spirituality into Counseling

Program ID # 217
Collaborative Action Research: Strengthening Counseling Practice and Counselor Education

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Qualitative Research: Tools for Social Justice

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A Culture-based Mentoring Relationship: Latino Academic Padrinos and Madrinas

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Counselor Professional Identity: A National Study

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Differences in Learning Styles between Students Who Enroll in a Distance Learning Class and an Equivalent On-campus Class

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The Essential Quilt: Knitting Creativity and Advocacy into the Fabric of Supervision

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Mentoring Women in Counseling and Counselor Education: Fostering Professional Growth and Development

Program ID # 332
Discussing the Multiracial Population in Counselor Education Curriculum

Program ID # 335
Liberation Based Concepts and Strategies for Addressing Social Justice Issues in Counseling Education

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Looking at Knowledge and Empathy Development through Cooperative Learning: A “Process” not a Product

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National Survey of Urban School Counselor Preparation Programs: Implications for Education and Practice

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Counselors Dealing with the Impact of Evidence-based Practice

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A National Survey of Bibliotherapy Practice in Professional Counseling: Implications for Counselor Educators

Program ID # 403
Experiences in Counseling in a Second Language—Lost in Translation?

Program ID # 405
A Framework for Remediation Plans for Counseling Students: Additional Documentation

Program ID # 448
The Student-Counselor Educator Connection: Clarifying Your Research Ideas

Program ID # 490
Changing More Than Diapers: How Counselor Training Changes Student Parents

Program ID # 501
The Personal is Political: Using Feminist Theory as a Model of Supervision

Program ID # 505
An Organizational Strategy for Delivering Student Support Services to a Global Online Counseling Student Population

Program ID # 560
ABD Stress and Personal Wellness: Strategies for Surviving and Navigating through a Counseling Doctoral Program

Program ID # 576
A Collaborative Approach to Supervision and Supervisor Training

Program ID # 595
An Examination of the Substance Abuse Subtle Screening Inventory-3’s Correctional Scale in a College Student Population

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Service Learning in Counselor Education Programs
### ACA Academies

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<td>Clinical Application of Latino Family Counseling Competencies</td>
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<td>Tandem Couples Therapy: An Innovative Approach for High Conflict Couples</td>
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<td>Changing More Than Diapers: How Counselor Training Changes Student Parents</td>
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<tr>
<td>500</td>
<td>Common Pitfalls of Novice Couples’ Counselors</td>
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### Group Work Academy

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<tr>
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<td>Multicultural Group Work in Schools with Children and Adolescents</td>
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<td>Academic and Personal/Social Development through Group Work: A Model for Professional School Counselors</td>
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<td>What about the Parents?</td>
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<td>Gaining Support for Group Work in Schools in the Age of Accountability</td>
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Best Practice Guidelines: Examining the Role of Diversity in Group Work

Program ID # 632
Structured Group Exercise: Holistic Wellness, Bandurian Concepts, and Curative Factors

Program ID # 656
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A Developmental Approach to Anger Management: The Emotional Skill Building Curriculum

Program ID # 115
Wellness Centered Programming: An Opportunity for Chi Sigma Iota Chapters

Program ID # 153
Meeting the Mental Health Needs of Older Adults: Improving Mental Health Service Delivery for Adults over the Age of 65

Program ID # 156
Guided Autobiography as a Therapeutic Tool in Gerontological Counseling

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Program ID # 657
Working More Deeply with Our Third Quarter of Life Clients—Going Beyond the Easy Answers

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Program ID # 660
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Program ID # SE3-A
Sunrise Reflections

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Program ID # SE4-B
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Program ID # SE4-D
Yoga for Everyone

Program ID # SE4-E
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Program ID # 342
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Emotional Well-being of Students Who Are Preparing University Entrance Examinations: An International Perspective

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Parental and Educator Perceptions on Gender Differences in Educational Achievement and Persistence

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Program ID # 577
Spirituality: A Personal Construct

Program ID # 605
Managing the Screaming Monkeys: Balancing Internal and External Life Stressors by Taming our Monkey-Minds

Program ID # 635
Working with Religious Clients: An Integrated Adlerian/Constructivist Perspective

Program ID # 673
Spirituality and Counseling Survivors of Clergy Sexual Abuse

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$159 Students/New Professionals/Retired
Featured Sessions at-a-Glance

Presidential Featured Sessions

Saturday, March 21
11:00 am – 12:00 pm
Multicultural Counseling Academy
Program ID # 149, Convention Center, Room 217 A
Reflections on Access, Equity, and Social Justice: A Conversation with Adolfo Bermeo
60-Minute Program

11:00 am – 12:00 pm
Program ID # 150, Convention Center, Room 217 BC
20/20: A Vision for the Future of Counseling – A Roadmap for the Profession
60-Minute Program

2:00 pm – 3:30 pm
Program ID # 197, Convention Center, Room 217 A
Hans Z. Hoxter Forum: Bastions and Rubble Walls: Counseling Ethics in a Context of Limited Space
90-Minute Program

2:00 pm – 3:30 pm
Program ID # 200, Convention Center, Room 213 D
Growing Happy and Confident Kids Program: Making a Difference in the Field
90-Minute Program

3:45 pm – 4:45 pm
Multicultural Counseling Academy
Program ID # 245, Convention Center, Room 217 A
The Road to Vietnam and Cambodia: Reflections of a People-to-People Counseling Delegation
60-Minute Program, Advanced

5:00 pm – 6:30 pm
Program ID # 322, Convention Center, Room 203 B
The New CACREP 2009 Standards
90-Minute Program

Sunday, March 22
11:00 am – 12:00 pm
Career Development/Employment Counseling Academy
Program ID # 393, Convention Center, Room 203 A
Frank Parsons: The 100th Anniversary Celebration
60-Minute Program, Advanced

11:00 am – 12:00 pm
Mental Health/Private Practice Academy
Program ID # 395, Convention Center, Room 208 A
Starting a Private Practice for Licensed Counselors, Educators, Agencies, Schools, and Universities
60-Minute Program

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Program ID # 443, Convention Center, Room 208 A
Speaking Up and OUT: Social Justice Leaders on LGBTQI Issues in Counseling
90-Minute Program

3:45 pm – 4:45 pm
Program ID # 487, Convention Center, Room 213 A
The New Approach for Counseling Disabled Veterans Returning from Iraq: The HOA-ACA Contract
60-Minute Program, Advanced

5:00 pm – 6:30 pm
Program ID # 493, Convention Center, Room 207 A
Keeping Up with the Counseling Profession: Current Issues on the National Level
60-Minute Program

ACA Author Sessions

Saturday, March 21
7:30 am – 8:30 am
Program ID # 111, Convention Center, Room 213 BC
Girls’ and Women’s Wellness: Contemporary Counseling Issues and Interventions
60-Minute Program

11:00 am – 12:00 pm
Program ID # 159, Convention Center, Room 213 BC
Counseling Strategies for Loss and Grief: Unique Grief and Unique Grievers
60-Minute Program

2:00 pm – 3:30 pm
Program ID # 207, Convention Center, Room 213 BC
Client Feedback Tools: A Fast Track to Better Outcomes in Counseling with Young People, Families, and Schools
90-Minute Program

For Graduates and New Professionals Only Sessions

Saturday, March 21
11:00 am – 12:00 pm
Program ID # 151, Convention Center, Room 213 A
Finding a Meaningful Life After Graduate School
60-Minute Program

3:45 pm – 4:45 pm
Program ID # 252, Convention Center, Room 208 B
From Backpacks to Brief Cases: Making the Transition from Graduate Student to Professional Counselor
60-Minute Program

Sunday, March 22
11:00 am – 12:00 pm
Program ID # 389, Convention Center, Room 217 A
Wellness and Self-care for Graduate Students and New Professionals
60-Minute Program

3:45 pm – 4:45 pm
Program ID # 486, Convention Center, Room 217 BC
Let Your Degree Be Your Passport: International Opportunities for Graduate Students and New Professionals
60-Minute Program
### Featured Sessions at-a-Glance

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<td>Room 213</td>
<td>The Counselor and the Law</td>
<td>60-Minute Program</td>
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<td>5:00 pm – 6:30 pm</td>
<td>327</td>
<td>Room 213</td>
<td>Re-Discovering Carl Rogers—Biography as Surprise</td>
<td>90-Minute Program</td>
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<td>Sunday, March 22</td>
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<tr>
<td>7:30 am – 8:30 am</td>
<td>351</td>
<td>Room 213</td>
<td>Counseling Multiple Heritage Individuals, Couples, and Families</td>
<td>60-Minute Program</td>
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<td>11:00 am – 12:00 pm</td>
<td>399</td>
<td>Room 213</td>
<td>Becoming a Counselor: The Light, the Bright, and the Serious</td>
<td>60-Minute Program</td>
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<tr>
<td>2:00 pm – 3:30 pm</td>
<td>447</td>
<td>Room 213</td>
<td>Using Qualitative Career Assessments with Adolescents and Adults</td>
<td>90-Minute Program</td>
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<td>3:45 pm – 4:45 pm</td>
<td>495</td>
<td>Room 213</td>
<td>Suicide Prevention in the Schools: Guidelines for Middle and High School Settings</td>
<td>60-Minute Program</td>
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<td>4:00 pm – 4:30 pm</td>
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<td>Providing Services to American Heroes: Understanding Military Culture</td>
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<td>5:00 pm – 5:30 pm</td>
<td>296</td>
<td>Booth PS4</td>
<td>Determining the Strengths and Weaknesses of Multicultural Training in Counselor Education by Examining Students’ Perceptions</td>
<td>30-Minute Project/Research Poster Session</td>
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<td>5:00 pm – 6:30 pm</td>
<td>318</td>
<td>Room 217</td>
<td>The Essential Quilt: Knitting Creativity and Advocacy into the Fabric of Supervision</td>
<td>90-Minute Program</td>
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<td>Human Development Across the Lifespan Academy</td>
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<td>Mental Health/Private Practice Academy</td>
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<td>2:00 pm – 3:30 pm</td>
<td>203</td>
<td>Room 208</td>
<td>Incorporating Play Therapy in the Treatment of Dissociative Identity Disorder: Addressing the Needs of the Child Within</td>
<td>90-Minute Program</td>
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<td>3:00 pm – 3:30 pm</td>
<td>224</td>
<td>Room 213</td>
<td>The Need for National Credentialing Standards for Addiction Counselors</td>
<td>30-Minute Project/Research Poster Session</td>
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<td>3:45 pm – 4:45 pm</td>
<td>262</td>
<td>Room 201</td>
<td>The Power of Advocacy - How to Be Effective Change Agents for the Counseling Profession in Your State</td>
<td>60-Minute Program</td>
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<tr>
<td>7:30 am – 8:30 am</td>
<td>107</td>
<td>Room 208</td>
<td>Multicultural Counseling Academy</td>
<td>60-Minute Program</td>
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Featured Sessions at-a-Glance

**Populations**
30-Minute Project/Research Poster Session

**11:00 am – 11:30 am**
Program ID # 366, Convention Center, Booth PS2
Geriatric Animal-assisted Group Therapy
30-Minute Project/Research Poster Session

**11:00 am – 12:00 pm**
Couples and Family Counseling Academy
Program ID # 397, Convention Center, Room 207 A
Families in the 21st Century: A Primer for Family Counselors
60-Minute Program

**2:00 pm – 2:30 pm**
Program ID # 417, Convention Center, Booth PS5
Integrating Technology into Coursework: A Primer for Counselor Educators
30-Minute Project/Research Poster Session

**3:00 pm – 3:30 pm**
Program ID # 465, Convention Center, Booth PS5
Counseling African American Families with Type II Diabetes
30-Minute Project/Research Poster Session

**3:45 pm – 4:45 pm**
Spirituality and Religious Values Academy
Program ID # 492, Convention Center, Room 208 B
Spiritual Intelligence: Mindfulness, Meditation and Restoring
60-Minute Program, Advanced

**4:00 pm – 4:30 pm**
Program ID # 510, Convention Center, Booth PS2
The Attachment to Companion Animals: The Implications in Counseling
30-Minute Project/Research Poster Session

**5:00 pm – 5:30 pm**
Program ID # 535, Convention Center, Booth PS3
Preparing Academic Champions: A Counseling-based Approach for Developing Academic and Life Skills

in College Student-Athletes
30-Minute Project/Research Poster Session

**Monday, March 23**

**7:30 am – 8:30 am**
Career Development/Employment Counseling Academy
Families and the Impact of Work: The Respectable Addiction
60-Minute Program

**7:30 am – 8:30 am**
Program ID # 594, Convention Center, Room 212 AB
Exploring Challenges Facing Urban School Counselors
60-Minute Program

**8:45 am – 10:15 am**
Spirituality and Religious Values Academy
Human Development Across the Lifespan Academy
Program ID # 605, Convention Center, Room 217 A
Managing the Screaming Monkeys: Balancing Internal and External Life Stressors by Taming our Monkey-Minds
90-Minute Program

**10:30 am – 11:30 am**
College Counseling Academy
Multicultural Counseling Academy
Program ID # 636, Convention Center, Room 208 B
Racial Identity Attitudes, Race-related Stress and Coping: What Counselors Need to Know
60-Minute Program, Advanced

**12:00 pm – 1:30 pm**
LGBT Academy
Program ID # 655, Convention Center, Room 213 A
Counseling Gay and Lesbian Clients: A Workshop for Counselors and Counselors-in-Training
90-Minute Program

ACA Membership at Its Best
Your Investment + Our Commitment = Your Member Benefits and Services!

Is your membership up for renewal?
Want to pay your membership ahead a year or two?
Has your contact information changed?
Have questions about your membership, or just want to stop by and say hello?

Visit the ACA Membership Booth, located in the Resource Center in the exhibit hall, and we can fulfill all these requests plus more.
# Day of Learning at-a-Glance

## CSJ Day of Action

### Saturday, March 21

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:00 am – 8:30 am</td>
<td>Program ID # SE1-A, Convention Center, Room 210 AB</td>
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<tr>
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<td>Promoting Change through Advocacy: Remembering Children Who Are Adopted or in Foster Care</td>
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<td></td>
<td>30-Minute Project/Research Poster Session</td>
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<tr>
<td>11:00 am – 12:00 pm</td>
<td>Program ID # SE1-B, Convention Center, Room 210 AB</td>
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<tr>
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<td>Advocacy through Assessment: Dating Violence and Self-injury among Adolescent Females</td>
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<td>60-Minute Program</td>
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<tr>
<td>2:00 pm – 3:30 pm</td>
<td>Program ID # SE1-C, Convention Center, Room 210 AB</td>
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<td>Advocacy Counseling for Children in Crisis: Perspectives from the Field 90-Minute Program</td>
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<tr>
<td>3:45 pm – 4:15 pm</td>
<td>Program ID # SE1-D, Convention Center, Room 210 AB</td>
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<td>Social Advocacy Genograms: A Tool for Child and Family Advocacy</td>
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<td>30-Minute Project/Research Poster Session, Advanced</td>
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<tr>
<td>4:30 pm – 5:30 pm</td>
<td>Program ID # SE1-E, Convention Center, Room 210 AB</td>
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<td>Career Development/Employment Counseling Academy</td>
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<td>60-Minute Program</td>
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<tr>
<td>5:45 pm – 6:15 pm</td>
<td>Program ID # SE1-F, Convention Center, Room 210 AB</td>
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<td>No Family Left Behind: Creating Welcoming School Environments for LGBT Parented Families</td>
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<td>30-Minute Project/Research Poster Session</td>
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## ALGBTIC Day of Learning

### Saturday, March 21

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<th>Time</th>
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<tr>
<td>7:30 am – 8:30 am</td>
<td>Program ID # SE2-A, Convention Center, Room 212 AB</td>
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<tr>
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<td>Straight Talk: A Look at Heterosexual Identity Development and the Counseling Process</td>
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<tr>
<td>11:00 am – 12:00 pm</td>
<td>Program ID # SE2-B, Convention Center, Room 212 AB</td>
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<tr>
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<td>Developing School Counselors’ Sexual Orientation and Gender Identity/Expression Intervention Skills: Evidence-based Action</td>
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<td>60-Minute Program</td>
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<td>2:00 pm – 3:00 pm</td>
<td>LGTB Academy</td>
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<td>Human Development Across the Lifespan Academy</td>
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<tr>
<td>2:00 pm – 3:00 pm</td>
<td>Program ID # SE2-C, Convention Center, Room 212 AB</td>
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<td>Transgender Identity Migration across the Lifespan: Coming into Our Own as Women, Men, Sisters, Brothers, and Lovers</td>
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<td>60-Minute Program</td>
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<td>3:15 pm – 4:15 pm</td>
<td>Program ID # SE2-D, Convention Center, Room 212 AB</td>
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<td>“So How Long Have You Been Gay?” The Do’s and Don’ts of Counseling the LGBT Community</td>
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<td>60-Minute Program</td>
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<td>4:30 pm – 5:30 pm</td>
<td>Program ID # SE2-E, Convention Center, Room 212 AB</td>
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<td>Hope and Resiliency in Sexual Identity Development: Research and Practice Implications</td>
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<td>60-Minute Program</td>
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<td>5:45 pm – 6:45 pm</td>
<td>Program ID # SE2-F, Convention Center, Room 212 AB</td>
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<td>Finding the Spirit Within: Developing Spiritual Competency with LGBT Clients</td>
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<td>60-Minute Program</td>
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## ACC Day of Learning

### Sunday, March 22

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<tr>
<td>7:30 am – 8:30 am</td>
<td>Program ID # SE3-A, Convention Center, Room 210 AB</td>
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<td>Sunrise Reflections</td>
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<td>11:00 am – 12:00 pm</td>
<td>Program ID # SE3-B, Convention Center, Room 210 AB</td>
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<td>Creative Couples Interventions for Sexual Addiction</td>
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<td>60-Minute Program</td>
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<td>2:00 pm – 3:00 pm</td>
<td>Program ID # SE3-C, Convention Center, Room 210 AB</td>
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<td>Creative Breakthroughs in Counseling</td>
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<td>90-Minute Program</td>
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<td>3:45 pm – 4:45 pm</td>
<td>Program ID # SE3-D, Convention Center, Room 210 AB</td>
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<td>Relational Cultural Theory and Creativity in Professional and Personal Groups</td>
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<td>60-Minute Program</td>
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<td>5:00 pm – 6:30 pm</td>
<td>Program ID # SE3-E, Convention Center, Room 210 AB</td>
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<td>Experiential Approaches for Creativity, Connection, and Growth</td>
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<td>90-Minute Program</td>
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## C-AHEAD Wellness Center

### Sunday, March 22

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<th>Time</th>
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<td>7:30 am – 8:45 am</td>
<td>Program ID # SE3-F, Convention Center, Room 210 AB</td>
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<td>Human Development Across the Lifespan Academy</td>
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<td>60-Minute Program</td>
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Day of Learning at-a-Glance

Program ID # SE4-A, Convention Center, Room 212 AB
C-AHEAD Morning Meditation
75-Minute Program

10:30 am – 12:00 pm
Human Development Across the Lifespan Academy
Program ID # SE4-B, Convention Center, Room 212 AB
Many Paths to Wellness
90-Minute Program

2:00 pm – 3:30 pm
Human Development Across the Lifespan Academy
Program ID # SE4-C, Convention Center, Room 212 AB
Wellness Counseling for Self and Others - But Let's Start with ME!
90-Minute Program

3:45 pm – 5:00 pm
Human Development Across the Lifespan Academy
Program ID # SE4-D, Convention Center, Room 212 AB
Yoga for Everyone
75-Minute Program

5:00 pm – 6:00 pm
Human Development Across the Lifespan Academy
Program ID # SE4-E, Convention Center, Room 212 AB
Our Evolving Selves: Past, Present, Future
60-Minute Program

IAMFC Speaker

Saturday, March 21

11:30 am – 1:00 pm
IAMFC Sponsored Session
Program ID # SE5, Westin Hotel, Room Independence
IAMFC Distinguished Speaker
Coloring Outside the Lines: Creative Counseling Interventions for Children and Adolescents
90-Minute Program

Trusted and Engaging Career Planning Solutions

CDM Internet combines the award-winning Harrington-O’Shea Career Decision-Making® System-Revised (CDM®-R) with one of the largest databases of current labor market information. Your students or clients can complete the CDM Internet at school, at home, at a coffee shop—any place with internet access. Track students’ results online and easily print multiple copies of the interpretive report.

Visit booth #318 to learn more about our entire product line of career planning tools!
Ancillary events by organization for ACA are listed in chronological order under the appropriate acronym.

**AACE** – Association for Assessment in Counseling and Education  
**AADA** – Association for Adult Development and Aging  
**ACA** – American Counseling Association  

**ACA Regions**  
- Midwest Region  
- North Atlantic Region  
- Southern Region  
- Western Region  

**ACAF** – American Counseling Association Foundation  
**ACAIT** – ACA Insurance Trust, Inc.  
**ACC** – Association for Creativity in Counseling  
**ACCA** – American College Counseling Association  
**ACEG** – Association for Counselors and Educators in Government  
**ACES** – Association for Counselor Education and Supervision  
**ALGBTIC** – Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling  
**AMCD** – Association for Multicultural Counseling and Development  
**ARCA** – American Rehabilitation Counseling Association  
**ASERVIC** – Association for Spiritual, Ethical and Religious Values in Counseling  
**ASGW** – Association for Specialists in Group Work  
**CACREP** – Council for Accreditation of Counseling and Related Educational Programs  
**C-AHEAD** – Counseling Association for Humanistic Education and Development  
**Chi Sigma Iota** – Honor Society  
**CSJ** – Counselors for Social Justice  
**IAAOC** – International Association of Addictions and Offender Counselors  
**IAMFC** – International Association of Marriage and Family Counselors  
**NCDA** – National Career Development Association  
**NECA** – National Employment Counseling Association  

**Universities**  
- Capella University  
- Clemson University  
- Kent State University  
- Penn State University  
- University of Central Florida  
- University of North Carolina - Greensboro  

**Division not holding ancillary events:**  
**AMHCA** – American Mental Health Counselors Association  
**ASCA** – American School Counselor Association
Wednesday, March 18

**ACA Ancillary Event**
8:00 am – 5:00 pm  Governing Council Meeting

Thursday, March 19

**ACA Conference Events**
7:00 am – 6:00 pm  Registration Open
8:00 am – 6:00 pm  ACA Pre-conference Bookstore
9:00 am – 4:30 pm  Pre-conference Learning Institutes
5:30 pm – 8:45 pm  Pre-conference Learning Institutes

**ACA Ancillary Event**
8:00 am – 5:00 pm  Governing Council Meeting

**ACA Division Events**
8:00 am – 5:30 pm  ACEG Professional Development Institute
8:00 am – 6:00 pm  ASGW Executive Board Meeting
12:00 pm – 2:00 pm  AEG Annual Awards Luncheon
2:00 pm – 3:00 pm  ACES Graduate Student Coffee Reception
5:00 pm – 7:00 pm  AMCD Conference Start-up Meeting
5:00 pm – 9:00 pm  ACC Board Meeting
5:30 pm – 6:30 pm  ACEG Annual Director's Board Meeting
6:00 pm – 8:00 pm  C-AHEAD Board Meeting
Wednesday, March 18

Ancillary Event

8:00 am – 5:00 pm
ACA Governing Council
Westin - Providence I & II

Thursday, March 19

ACA Conference Events

7:00 am – 6:00 pm
ACA/NCCA Conference Registration
Convention Center

8:00 am – 6:00 pm
ACA Pre-conference Bookstore
Convention Center

Ancillary Events

8:00 am – 5:00 pm
ACA Governing Council
Westin - Providence I & II

8:00 am – 5:30 pm
ACEG Professional Development Institute
Westin - Tryon North & South

8:00 am – 6:00 pm
ASGW Executive Board Meeting
Westin - Morehead

Pre-conference Learning Institutes

9:00 am – 4:30 pm
09001 Advanced, Convention Center, Room 201AB
Photovoice: Mental Health Consumer Advocacy and Participatory Action Research through the Lens
Kent Becker, EdD, Karen Robertson, PhD, Mark Reiser, MS, Serena Lambert, PhD
Consumers of mental health services are demanding that their voices be heard. Photovoice is a dynamic form of participatory action research (PAR) in which disempowered groups use cameras and narratives to document the positive aspects and challenges of their lives and communities, carrying the hope of initiating social and community change. This institute will prepare individuals to develop a Photovoice advocacy/research project within their communities using the Wyoming SAGE Photovoice Project as an example.

9:00 am – 4:30 pm
09002 Advanced, Convention Center, Room 208B
The Family Journey: An Experiential Approach for Multi-Family Group Treatment
Stephen P. Becker, MA, John Conway, MSW
This Institute will focus on the integration of families into an experiential therapy framework, providing clinicians with theory, format, and a model of an intensive 5-session experiential multi-family group. There will be discussion regarding multi-family group work, highlighting the approaches, challenges, and value of utilizing multi-family interventions. As an experiential workshop, participants will not only learn about various initiatives to use with families, but be able to fully participate and gain experience facilitating these activities.

9:00 am – 4:30 pm
09003 Introductory, Convention Center, Room 203A
Challenges Facing Group Leaders: Understanding and Working with Difficult Group Members
Gerald Corey, EdD, James Robert Bitter, EdD
The workshop focuses on challenges of dealing with difficult behaviors in group and also challenges of addressing diversity issues. There will be a variety of approaches utilized to assist participants in better appreciating the meaning of resistance in a counseling group. There will be short lectures, discussion based on questions raised by participants, viewing and discussion of a video “Challenges Facing Group Leaders,” small group discussions, and role-playing on dealing with difficult group members.

9:00 am – 4:30 pm
09004 Advanced, Convention Center, Room 203B
Critical Issues in Working with Parents of Young Children in Counseling
Phyllis Post, PhD, Sarah Moore, MA
Working with young through play therapy is becoming more widely understood and practiced. However, an area that has not been addressed is working effectively with parents before and during the child’s play therapy experience. Therefore, this Advanced Learning Institute will provide “seasoned” counselors who work with young children additional skills for working with parents that can be critical to the effectiveness of counseling.

9:00 am – 4:30 pm
09005 Advanced, Convention Center, Room 207BC
Narrative Approaches in Sand Therapy: Transformative Journeys for Counselor and Client
Dee Preston-Dillon, PhD
Narrative approaches in sand enable clients to give voice to trauma and immerse in the construction of healing life-stories. Based in social construction, narrative ideas guide the counselor to foster an empowering relationship. Using reflective practices, the counselor deepens his/her ability to attend and understand a sand scene. An experiential format, participants will explore the power of creativity and safe boundaries for the ethical use of sand therapy in schools, clinics, and private practice.
9:00 am – 4:30 pm  
09006 Introductory, Convention Center, Room 207D  
Telling Your Grief Story: Bereavement Interventions That Heal the Loss  
Lori A. Russell-Chapin, PhD, Barbara Galik, MLS, Rachel Bridgewater, BA  
All human beings experience loss during the lifespan. As counselors we must develop a grief skill set to help people deal with the different categories of loss: developmental, anticipated versus unanticipated and tragedies. Participants will learn innovative and healing grief interventions: grief stories, letters of forgiveness, poetry, illustrations and the virtual world of Second Life. The Greek construct of “anamnesis” will be discussed by bringing the best of the past into the present.

9:00 am – 4:30 pm  
09007 Advanced, Convention Center, Room 208A  
Advanced Skills for Leading a Mutual Aid Support Group: Difficult Members and Other Challenges  
Lawrence Shulman, EdD  
The dynamics and skills of leading mutual aid support groups in a range of settings (e.g., schools, mental health, couples and family, substance abuse, institutions), with different populations (e.g., youth, adults) facing different issues and problems. Presentations, leader and participant case examples and discussion will address such issues such as contracting; dealing with difficult members; monopolizers; inter-ethnicity (e.g., white leader-members of color); co-leadership conflict; open-ended and short-term groups; the illusion of work; taboo subjects, etc.

9:00 am – 4:30 pm  
09008 Advanced, Convention Center, Room 207A  
Counseling Teens: Cognitive, Emotional, and Constructivist Change Techniques  
John Sommers-Flanagan, PhD  
Counseling teenagers can be immensely frustrating or splendidly gratifying. In this Advanced Learning Institute participants will sharpen their counseling skills by viewing and discussing video clips from actual counseling sessions and participating in live demonstrations. Over 20 specific cognitive, emotional, and constructivist counseling techniques will be illustrated and demonstrated. Examples include acknowledging reality, informal assessment, the affect bridge, counselor spontaneity, early interpretations, asset flooding, externalizing language, and more. Counselor countertransference and multicultural issues will be highlighted.

9:00 am – 4:30 pm  
09009 Introductory, Convention Center, Room 211AB  
The CRAWL Program: Addressing College Substance Use on Campus  
Mike Tozer, MEd, Sandy Cox, MS  
This presentation will provide participants with a practical and simple guide to addressing college substance abuse on campus. They will learn how to develop, collaborate and implement this program on their own campus. Participants will able to use this information to adapt a program that will suit their campus need. As a participant you will receive materials that are universally used with college students. You will leave with an understanding of their use.

9:00 am – 4:30 pm  
09010 Advanced, Convention Center, Room 202AB  
Training for Culturally Competent Disaster Response  
Cirecie A. West-Olatunji, PhD, Gargi Roysircar-Sodowsky, EdD, Rachael Goodman, EdS  
Training counselors for culturally competent disaster response is of increasing importance, given the rise in disasters worldwide. Participants will acquire increased awareness, knowledge, and skills critical to providing disaster response counseling in a culturally competent manner. Based on research conducted during multiple disaster response deployments, the presenters will share the training model developed as an outcome of these projects using critical consciousness theory.

Ancillary Events

12:00 pm – 2:00 pm  
ACEG Annual Awards Luncheon  
Westin - Trade

2:00 pm – 3:00 pm  
ACES Graduate Student Coffee Reception  
Westin - Harris

5:00 pm – 7:00 pm  
AMCD Conference Start-up Meeting  
Westin - Caldwell

5:00 pm – 9:00 pm  
ACC Board Meeting  
Westin - Davidson

5:30 pm – 6:30 pm  
ACEG Annual Director’s Board Meeting  
Westin - Tryon North & South

Pre-conference Learning Institutes

5:30 pm – 8:45 pm  
09011 Advanced, Convention Center, Room 207A  
Career Counselling for Social Justice  
Nancy M. Arthur, PhD  
Career counsellors are challenged to infuse their practices with strategies and solutions to address systemic barriers. In this Learning Institute, concepts and practices related to social justice will be discussed. Participants will explore the value
of social justice and consider ways to incorporate principles and practices into their roles. We will examine what it means to practice from a social justice perspective, address perceived barriers, and develop strategies for making a positive difference.

5:30 pm – 8:45 pm
09012 Advanced, Convention Center, Room 211AB
Integrative Family Therapy and Counseling: Advanced Practices Across Multiple Theoretical Models
James Robert Bitter, EdD
The presentation is designed for those practitioners and scholars already engaged in family practice, familiar with basic theoretical constructs, and interested in developing a personal/professional structure for integrating multiple approaches. The presentation will help participants develop lenses drawn from multiple theoretical models for systemic assessment and the tailoring of interventions to the specific needs of the clients they serve. Relapse prevention and treatment adherence will also be addressed.

5:30 pm – 8:45 pm
09013 Introductory, Convention Center, Room 207BC
Suicide Assessment, Prevention, & Intervention: Practical Information for Counselors
Darcy Haag Granello, PhD, Paul Granello, PhD
This program will provide participants of all skill and experience levels, in all types of settings, with concrete, practical information on suicide assessment, prevention, and intervention. An extensive booklet of information will provide more details and depth for participants to implement prevention programming in schools and communities, and to conduct culturally and developmentally appropriate risk assessments as well as intervention guidelines for treatment.

5:30 pm – 8:45 pm
09014 Advanced, Convention Center, Room 207D
Retirement: A Diverse Menu of Options
Vera Sonja Maass, PhD
Retirement now is characterized by increased complexity. With working spouses, retirement of one does not necessarily coincide with retirement of the other. There is a definite gendered nature of spousal influence on retirement now that did not exist in earlier periods, including sexual adjustments previously not considered of primary importance. This requires a broader approach on the part of those who are helping in the adjustment of today’s retirees.

5:30 pm – 8:45 pm
09015 Introductory, Convention Center, Room 203A
Cultural Competency and Creative Interventions with Traumatized Children
Cathy Malchiodi, PhD, Mercedes ter Maat, PhD
Creative arts therapies and expressive therapies provide the foundation for a variety of useful techniques with traumatized children often used by counselors. While counselors cannot possibly become prepared in every aspect of creative interventions, this Learning Institute will address areas with which counselors should become familiar before embarking on their application in trauma work, with an emphasis on culturally sensitive practice.

5:30 pm – 8:45 pm
09016 Advanced, Convention Center, Room 208A
Providing Effective Internship Site Supervision: Strategies and Suggestions for Counseling Practitioners
W. Matthew Shurts, PhD, Derick Williams, PhD
Despite lacking formal training in clinical supervision, many practicing counselors are asked to provide internship site supervision. The purpose of this interactive session is to provide a framework that will allow attendees to provide internship site supervision with intentionality. We will address: 1) the multiple foci and roles of supervisors; 2) potential interventions in and formats for supervision; 3) common ethical issues involving supervision; and 4) how to begin developing your own personal supervisory style.

5:30 pm – 8:45 pm
09017 Advanced, Convention Center, Room 208B
Adlerian Early Recollections, Second Order Change, and Therapeutic Abreaction
Thomas J. Sweeney, PhD, Jane E. Myers, PhD
Experienced clinicians only, please! Adlerian counselors use projective techniques to uncover the client’s private logic related to current life challenges (decisions, conflict, change). Specific early recollections are repositories of expectations we hold toward life, self, and others. Using ERs and a cognitive-emotional assessment, clients can more easily access rules about life and their behavioral-emotional consequences. Clients are thus more likely to experience an abreaction useful in promoting second order change and managing life issues.

5:30 pm – 8:45 pm
09018 Introductory, Convention Center, Room 201AB
Who Really Are Your Transgender Clients: A Basic Primer on the Transgender Community
Gypsey Elaine Teague, MA
Who are your transgender clients? This presentation will explain in detail the history, background, and classifications of transgenders, from a transgender’s point of view. Through personal accounts and professional sources this session will give you the information you need to meet, treat, and help your clients, whether or not you’ve ever met a transgender before. Helpful to anyone who has an interest in furthering their knowledge of the transgender community.

5:30 pm – 8:45 pm
09019 Advanced, Convention Center, Room 202AB
Using Interpersonal Forgiveness to Bring Healing to Relational Hurt and Pain
Preston VanLoon, EdD
In this presentation, participants will explore the benefits of using interpersonal forgiveness to bring healing and hope to
relational hurt and pain. Participants will deepen their understanding of interpersonal forgiveness and its effect on one’s cognition, affect, and behavior and learn strategies on how to integrate and apply the process of interpersonal forgiveness in both their personal lives and professional practice.

5:30 pm – 8:45 pm
09020 Advanced, Convention Center, Room 203B
Advanced Skills in the Spiritual Dimensions of Counseling: Experiential Techniques for Enhancing Counseling Practice
Marsha I. Wiggins, PhD, Craig Cashwell, PhD, Scott Young, PhD
Participate in a “hands on” Learning Institute involving three advanced spiritually-focused counseling techniques presented in the framework of Fowler’s faith development model. Use art to facilitate spiritual awakening. Explore guided imagery to touch your spiritual core. Enter into breathwork as a means of contact with the Divine and a deep centering of the self. Presenters will process participants’ experiences, offer case examples, and discuss how such interventions can be used in counseling diverse, spiritually-oriented clients.

Ancillary Event

6:00 pm – 8:00 pm
C-AHEAD Board Meeting
Westin - Stonewall Boardroom

THE ECONOMY: HOW CAN ACA HELP YOU?

What can ACA do to help you during these challenging times? How is the economic downturn affecting you? Let us hear from you in two ways while you are in Charlotte:

1. Please take our brief survey at computer stations near Registration.

2. Join your colleagues at the cafe in the Expo hall for informal discussions on how ACA can provide you with the resources you need during these difficult economic times. We value your feedback, so please drop by the cafe. Discussions will take place during the Expo hall hours.

Let’s network, share and develop solutions together!

LOYOLA COLLEGE IN MARYLAND
is proud to support the
American Counseling Association
and its commitment to the
growth and development
of the counseling profession
and those it serves.

Loyola offers two graduate programs recognized by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP), the standard of quality in counselor preparation education:

PASTORAL COUNSELING

SCHOOL COUNSELING

For more information on Loyola and its programs in Pastoral Counseling and School Counseling, please visit www.loyola.edu/graduate
Your Investment + Our Commitment =

Your MEMBER BENEFITS AND SERVICES!

At every stage of your career – student to seasoned professional
ACA will help you be your very best in your counseling profession.

Professional Development
- HPSO Liability Insurance for students enrolled in a master's program
- Discounted HPSO liability insurance for the professional and the new professional
- FREE ethics consultation
- ACA Career Services
- Private Practice Resources
- The ACA Foundation
- The ACA Insurance Trust

Education
- Counseling.org
- The ACA Annual Conference & Exposition
- ACA Online Learning
- Counseling Today; Journal of Counseling & Development; ACAeNews plus four specialty newsletters:
  ACAeNews: Mental Health, Private Practice and Community Agency Counselors; ACAeNews: School Counselors;
  ACAeNews: Counselor Educator; and ACAeNews: Counseling Students and New Professionals
- ACA-ACES Syllabus Clearinghouse
- ACA Online Bookstore
- ACA Podcasts

Advocacy
- As an ACA member, you’re part of a powerful force. A highly effective advocate for counseling, ACA leads the legislative charge on every contemporary issue facing the profession. ACA provides the latest information on legislation that directly affects you and those who you serve, as well as updates on funding and program support at the national and state levels.
- The ACA Government Relations listserv provides you with free up-to-date alerts on new legislation affecting the counseling profession at the national and state level.

Credibility
- Name recognition—put your membership on display with a frameable membership certificate.

Networking
- The ACA Annual Conference & Exposition
- ACA interest networks and listservs
- Division and Branch memberships

Wait, there’s more — Discounts
- Exclusive discounts on all ACA resources and services as well as discounts from outside organizations.

Membership in ACA saves you time and money; provides you with professional development and continuing education opportunities; helps protect your future through legislative and public policy advocacy; provides prestige and credibility; and increases your personal network. Your endorsement is the best way to introduce other counseling professionals to the resources essential in advancing their success. Contact your ACA Member Services Team for more information on your member benefits at (800) 347-6647, x222 (M–F; 8 am–7 pm, ET), or email membership@counseling.org.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am – 7:00 pm</td>
<td>Registration Open</td>
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<tr>
<td>8:00 am – 4:00 pm</td>
<td>ACA/Red Cross Foundations of Disaster Mental Health Training</td>
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<tr>
<td>8:00 am – 3:00 pm</td>
<td>Pre-conference Bookstore</td>
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<tr>
<td>9:00 am – 4:30 pm</td>
<td>Pre-conference Learning Institutes</td>
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<tr>
<td>5:00 pm – 7:00 pm</td>
<td>Exposition Grand Opening and Welcome Reception</td>
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<tr>
<td>5:30 pm – 6:30 pm</td>
<td>ACA Bookstore and Author Book Signing</td>
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<tr>
<td>6:30 pm – 8:45 pm</td>
<td>Pre-conference Learning Institutes</td>
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<tr>
<td>7:00 am – 12:00 pm</td>
<td>Governing Council</td>
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<td>8:00 am – 12:00 pm</td>
<td>ACA Human Rights Round Table</td>
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<td>10:00 am – 12:00 pm</td>
<td>ACA International Committee Meeting</td>
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<td>1:00 pm – 2:00 pm</td>
<td>ACA Branch Executives Meeting</td>
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<td>1:00 pm – 5:00 pm</td>
<td>ACA 20/20 Delegate Meeting</td>
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<tr>
<td>6:30 pm – 9:00 pm</td>
<td>ACA Foundation Board Meeting</td>
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<tr>
<td>7:00 pm – 9:00 pm</td>
<td>ACA Multi-racial/Multi-ethnic Interest Network Reception</td>
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<tr>
<td>8:00 am – 10:00 am</td>
<td>AMCD Executive Council &amp; Annual Business Meeting</td>
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<tr>
<td>8:00 am – 11:30 am</td>
<td>CACREP Team Chair Breakfast/Update</td>
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<tr>
<td>8:00 am – 1:30 pm</td>
<td>ASGW Executive Board Meeting</td>
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<td>8:00 am – 5:00 pm</td>
<td>ACCA 2008–2009 Executive Council Meeting</td>
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<td>8:00 am – 5:00 pm</td>
<td>ACEG Professional Development Institute</td>
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<tr>
<td>8:30 am – 5:00 pm</td>
<td>ARCA Board Meeting</td>
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<tr>
<td>9:00 am – 2:00 pm</td>
<td>NCDA Board of Directors Meeting</td>
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<tr>
<td>9:00 am – 4:30 pm</td>
<td>AACE Executive Council Meeting</td>
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<td>9:00 am – 4:30 pm</td>
<td>AADA Board Meeting</td>
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<td>9:00 am – 5:00 pm</td>
<td>ALGBTIC Board Meeting</td>
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<tr>
<td>9:00 am – 5:30 pm</td>
<td>ASERVIC Board Meeting</td>
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<tr>
<td>10:00 am – 11:00 am</td>
<td>C-AHEAD Editorial Board Meeting</td>
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<tr>
<td>10:00 am – 12:30 pm</td>
<td>Chi Sigma Iota Executive Council Meeting</td>
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<tr>
<td>11:00 am – 12:30 pm</td>
<td>Chi Sigma Iota Fellow/Intern Orientation</td>
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<tr>
<td>11:30 am – 4:30 pm</td>
<td>NECA Social Justice and Employment Counseling Symposium</td>
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<tr>
<td>12:00 pm – 2:00 pm</td>
<td>CACREP Table Talk</td>
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<tr>
<td>12:00 pm – 4:00 pm</td>
<td>ACC Business Meeting</td>
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<tr>
<td>1:00 pm – 3:00 pm</td>
<td>ASGW Using Creative Arts in Group Work</td>
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<tr>
<td>1:00 pm – 6:00 pm</td>
<td>IAAOC Executive Committee Meeting</td>
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<tr>
<td>2:30 pm – 7:30 pm</td>
<td>CACREP Reader Consultant Coffee</td>
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<tr>
<td>3:00 pm – 6:00 pm</td>
<td>ACES, NCDA Commission on the Future of Career Development</td>
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<tr>
<td>3:00 pm – 6:00 pm</td>
<td>ASGW Executive Board Meeting</td>
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<tr>
<td>4:00 pm – 5:30 pm</td>
<td>Chi Sigma Iota Showcase of Chapters</td>
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<tr>
<td>4:00 pm – 8:00 pm</td>
<td>IAMFC Executive Board Meeting</td>
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<tr>
<td>5:00 pm – 7:00 pm</td>
<td>CSJ Board &amp; Strategic Planning Meeting</td>
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<tr>
<td>5:00 pm – 6:00 pm</td>
<td>ACEG Membership Business Meeting</td>
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<tr>
<td>5:30 pm – 7:00 pm</td>
<td>Chi Sigma Iota Reception</td>
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<tr>
<td>5:30 pm – 6:00 pm</td>
<td>NECA Board &amp; General Membership Meeting</td>
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<tr>
<td>6:00 pm – 8:00 pm</td>
<td>Kent State University and Penn State University Joint Reception</td>
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<tr>
<td>6:00 pm – 8:00 pm</td>
<td>Capella University Reception</td>
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<tr>
<td>6:00 pm – 9:00 pm</td>
<td>NCCA Council Meeting</td>
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<tr>
<td>6:30 pm – 7:30 pm</td>
<td>AMCD Regional Representatives Meeting</td>
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<tr>
<td>6:30 pm – 8:00 pm</td>
<td>University of Central Florida Reception</td>
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<tr>
<td>7:00 pm – 10:00 pm</td>
<td>Walden University Meeting</td>
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# ACA Conference Event

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>7:00 am – 7:00 pm</td>
<td>ACA Conference Registration</td>
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<tr>
<td></td>
<td>Convention Center</td>
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<tr>
<td>8:00 am – 4:00 pm</td>
<td>ACA/Red Cross Foundations of Disaster Mental Health Training</td>
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<td>Pre-registration required</td>
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<td></td>
<td>Convention Center, Room 210AB</td>
</tr>
<tr>
<td>8:00 am – 3:00 pm</td>
<td>ACA Pre-conference Bookstore</td>
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<td></td>
<td>Convention Center</td>
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# ACA Ancillary Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>8:00 am – 12:00 pm</td>
<td>Governing Council</td>
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<tr>
<td></td>
<td>Westin - Providence I &amp; II</td>
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# Division & Affiliates Ancillary Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>8:00 am – 10:00 am</td>
<td>AMCD Executive Council &amp; Annual Business Meeting</td>
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<tr>
<td></td>
<td>Westin - Harris</td>
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<tr>
<td>8:00 am – 11:30 am</td>
<td>CACREP Team Chair Breakfast/Update</td>
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<td></td>
<td>Hilton – South Carolina Hall</td>
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<tr>
<td>8:00 am – 1:30 pm</td>
<td>ASGW Executive Board Meeting</td>
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<tr>
<td></td>
<td>Westin - Park</td>
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<tr>
<td>8:00 am – 5:00 pm</td>
<td>ACCA 2008 – 2009 Executive Council Meeting</td>
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<tr>
<td></td>
<td>Westin - Tryon South</td>
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<tr>
<td>8:00 am – 5:00 pm</td>
<td>ACEG Professional Development Insitute</td>
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<tr>
<td></td>
<td>Westin - Grand Ballroom A</td>
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<tr>
<td>8:30 am – 5:30 pm</td>
<td>ARCA Board Meeting</td>
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<td>Westin - Sharon</td>
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# Pre-conference Learning Institutes

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>9:00 am – 2:00 pm</td>
<td>NCDA Board of Directors Meeting</td>
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<tr>
<td></td>
<td>Westin - Queen</td>
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<tr>
<td>9:00 am – 4:30 pm</td>
<td>AACE Executive Council Meeting</td>
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<tr>
<td></td>
<td>Westin - Stonewall Boardroom</td>
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<tr>
<td>9:00 am – 4:30 pm</td>
<td>AADA Board Meeting</td>
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<tr>
<td></td>
<td>Westin - Tryon North</td>
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<tr>
<td>9:00 am – 5:00 pm</td>
<td>ALGBTIC Board Meeting</td>
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<tr>
<td></td>
<td>Westin - Trade</td>
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<tr>
<td>9:00 am – 5:30 pm</td>
<td>ASERVIC Board Meeting</td>
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<td>Westin - College</td>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>9:00 am – 4:30 pm</td>
<td>09021 Advanced, Convention Center, Room 207D</td>
</tr>
<tr>
<td></td>
<td>Play Therapy: A Universal Language for Understanding and Helping Children from Diverse Cultures with</td>
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<tr>
<td></td>
<td>Diverse Needs</td>
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<td>Sue Bratton, PhD, Angela Sheely, PhD, Peggy Ceballos, PhD</td>
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<td>Play therapy is a research-based, developmentally &amp; culturally responsive approach to responding to</td>
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<td>the counseling needs of children. Participants will explore the therapeutic use of play in</td>
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<td>counseling with young children within a humanistic, development, and culturally-responsive framework.</td>
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<td>Presenters will discuss cultural considerations for conducting play therapy with children and</td>
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<td>families from diverse populations, including culturally-responsive toys, counselor sensitivity, and</td>
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<td>the role of cultural values in understanding the mental health needs of specific populations.</td>
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<th>Time</th>
<th>Event Description</th>
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<tr>
<td>9:00 am – 4:30 pm</td>
<td>09022 Advanced, Convention Center, Room 208B</td>
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<tr>
<td></td>
<td>Tear in the Desert: Bowen Theory: Healing and Ministering to</td>
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<td>Combat Veterans of AllFaiths, Their Families and Friends</td>
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<td>Ron Moses Camarda, EdS</td>
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<td>Navy Reserve chaplain Ron Camarda served as the chaplain for the Marine Surgical Hospital (similar</td>
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<td>to M.A.S.H.) in Fallujah, Iraq, ministering to over 2000 troops, 81 of whom died (he ministered to</td>
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<td>12 as they died). Although terrorized, he discovered a profound joy and a sound method of healing</td>
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<tr>
<td></td>
<td>for himself, the combat vets, their families and friends. This presentation is for anyone who seeks</td>
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<tr>
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<td>to better help military families. We will explore spirituality and the Bowen family systems theory.</td>
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9:00 am – 4:30 pm  
09023  Advanced, Convention Center, Room 202AB  
The Transformed School Counselor in Action  
Carol A. Dahir, EdD  
What does it take for school counselors to tackle the challenges of 21st century schools and ensure that every student receives what is needed to achieve? The impact of today’s school counselor and the comprehensive school counseling program goes far beyond the reach of the 20th century “guidance” program. Let’s explore the attitudes, beliefs, behaviors, knowledge, and skills that are transforming the school counseling profession to better benefit every student’s success.

9:00 am – 4:30 pm  
09024  Introductory, Convention Center, Room 209AB  
Children and Psychotropic Medication: An Integral Overview  
R. Elliott Ingersoll, PhD  
The number of children taking psychotropic medication tripled in the 1990s and continues to increase today despite the dearth of evidence that such medications help children suffering from psychological symptoms. This Institute will educate counselors on key issues related to psychotropic medications, counselors as advocates, and the legal/ethical guidelines we need to follow when working with children prescribed psychotropic medications, their families, and colleagues working with such children.

9:00 am – 4:30 pm  
09025  Advanced, Convention Center, Room 208A  
Kick it Up a Notch: How to Use Theories and Creative Techniques to Make Sessions More Interesting and Meaningful  
Ed. Jacobs, PhD, Chris Schimmel, EdS  
To be truly an effective counselor, the counselor must drive the session with theory and, unfortunately, many counselors never learned how to do this. This workshop is for those who want to learn how to put theories into practice. The workshop will not be on teaching the theories but rather on showing how each of these theories can be used effectively with clients. Participants will get to see and practice four theories.

9:00 am – 4:30 pm  
09026  Advanced, Convention Center, Room 207A  
Compulsive Gambling: You Bet Your Life  
Valerie C. Lorenz, PhD, Bonnie Smith-May, MA  
What do Pete Rose and Mozart have in common? Why did Debbie Reynolds and her children have to sleep in her car? Learn from the experts to understand this challenging, complex patient population - 10 million compulsive gamblers. Follow the process, hear first-person accounts, and sharpen your skills so that you will become the counselor to treat these addicts and their families, the researcher to expand the field of knowledge or the public policy advocate.

9:00 am – 4:30 pm  
09027  Advanced, Convention Center, Room 203A  
Training the Trainers: Preparing to Be a Diversity Trainer  
Kok-Mun Ng, PhD, Amy Sifford, MA, Joshua Pearson, MA, Shannon Smith, PhD  
Participants will acquire a framework for developing knowledge, awareness, and skills needed to become a competent diversity trainer. Participants will (a) learn about the rationale for counselors to become an effective diversity trainer, (b) gain knowledge, skills, and awareness in relation to diversity training, planning and delivery, (c) learn the do’s and don’ts of conducting diversity training, and (d) gain practical experience in delivering a diversity program. Learning will be primarily achieved through experiential activities.

9:00 am – 4:30 pm  
09028  Advanced, Convention Center, Room 203B  
Extending the Basics: Advanced Skills and Issues in Counseling Young Children  
Phyllis Post, PhD, Caswell Martin, MA, Sarah Moore, MA, Tim VanderGast, MA  
This Learning Institute will provide experienced counselors who work with young children additional skills that are critical to the effectiveness of counseling. Issues of multiculturalism will be integrated throughout the presentation. The Institute will be divided into three distinct sections. The first will focus on advanced skills in the playroom, including setting limits and addressing problem behaviors that children present. The second section will address working with parents. The third section will address issues in supervision.

9:00 am – 4:30 pm  
09029  Advanced, Convention Center, Room 207BC  
Advanced Private Practice Toolbox: Nuts and Bolts  
Ideas for Increasing Referrals, Working with Managed Care, and Other Tools  
Robert J. Walsh, MA, Norman Dasenbrook, MS  
Private practice for many mental health providers has been an elusive goal. Advanced Private Practice Toolbox is a “nuts and bolts” presentation that addresses marketing and advertising, dealing with managed care, finding additional sources of income, and identifying cost-effective practice strategies. Materials will include examples of forms and marketing materials. Dasenbrook and Walsh are authors of ACA’s website Private Practice Pointers and Counseling Today’s Private Practice in Counseling.

9:00 am – 4:30 pm  
09030  Advanced, Convention Center, Room 201AB  
Advancing and Integrating Reality Therapy Skills with Clients Feeling Oppressed, Resistant, Disengaged or Disenfranchised  
Robert E. Wubbolding, EdD  
This Institute provides advanced tools for dealing with difficult client behaviors such as feelings of oppression, resistance,
disengagement or disenfranchisement. Discussion of principles underlying the advanced use of the WDEP (wants, doing, evaluation, planning) system of reality therapy will illustrate the practicality of this multiculturally validated counseling method. Simulated role-play demonstrations are the focus of this skill-based, hands-on, research centered workshop. Participants will gain specific tools immediately usable for empowering clients.

9:00 am – 4:30 pm
09041  Advanced, Convention Center, Room 211AB
Day After Day the Price You Pay: Managing Your Second Hand Shock
Ellie Izzo, PhD, Vicki Carpel Miller, MS
Vicarious Trauma or Second-Hand Shock is the cumulative impact that clients' trauma stories have on us. Over time, hearing trauma content stories can put the helper at risk for ethical violations. This session will heighten awareness of Vicarious Trauma, discuss its effect on the health of the helper and explore the ethical concerns.

10:00 am – 12:00 pm
ACA Human Rights Round Table
Westin - Providence III

10:00 am – 12:00 pm
ACA International Committee Meeting
Westin - Independence

10:00 am – 11:00 am
C-AHEAD Editorial Board Meeting
Westin - Morehead

10:00 am – 12:30 pm
Chi Sigma Iota Executive Council Meeting
Westin - Davidson

11:00 am – 12:30 pm
Chi Sigma Iota Fellow/Intern Orientation
Westin - Morehead

11:30 am – 4:30 pm
NECA Social Justice and Employment Counseling Symposium
Westin - Harris
5:00 pm – 7:00 pm
CSJ Board & Strategic Planning Meeting
Westin - Caldwell

5:00 pm – 6:00 pm
ACEG Membership Business Meeting
Westin - Grand Ballroom A

**ACA Conference Events**

5:00 pm – 7:00 pm
Exposition Hall Activities
Convention Center

**Exposition Grand Opening and Welcome Reception**
The Welcome mat is out for you with plenty of food and entertainment as you stroll through the aisles to get a close up look at the latest offerings on the market.

**ACA Career Center**
If you have or strive for a career in counseling, then the Career Center is the place for you. The biggest draw each year is the traditional interviewing program, but other presentations and opportunities to consult with career advisors abound.

Come by to see what resources we have or what we can recommend to support your career path in counseling. On-site critique of your resume or curriculum vitae, tips on job search, and workshops designed for all stages of your counseling career are available any time the Exposition is open.

New this year! Private consultation for private practice, career issues, licensure and ethics are available by appointment. (A reduced fee applies to private practice issues.)

**ACA Graduate Student Center**
The Graduate Student Center is the perfect opportunity for grad students to relax and network with their peers, as well as with leaders in the counseling profession. You’ll have the chance to meet one-on-one with distinguished counselor educators, scholars, and authors, some whose books you’ve read and whose theories you’ve studied. Student ID required.

**ACA Resource Center and Cyber Center**
The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources and membership. Find out what’s happening on federal and state policy issues affecting the profession. The ACA Website is at your fingertips via a walk-up display with computer workstations. Check your e-mail at the Cyber Center without having to leave the action!

**ACA Bookstore**
Visit the ACA Bookstore in the Exposition Hall to see the impressive line of ACA publications, DVDs, and LogoLine merchandise from the premier counseling resource provider. Take a moment to talk with leading authors at scheduled book signings and meet with the Director of Publications to discuss your manuscript ideas. The ACA Bookstore will be open during all exposition hours. Also, for your convenience, an ACA Pre-conference Bookstore will be located in the ACA registration area March 19–20 before the Exhibition Hall opens.

**New Releases From ACA!**

- *The ACA Encyclopedia of Counseling*
- *Active Interventions for Kids and Teens* by Jeffrey Ashby, Terry Kottman, and Donald DeGraaf
- *Becoming a Counselor, Second Edition* by Samuel Gladding
- *Career Counseling, Third Edition* by Norman Gysbers, Mary Heppner, and Joseph Johnston
- *Case Incidents in Counseling for International Transitions* edited by Nancy Arthur and Paul Pedersen
- *Compelling Counseling Interventions: VISTAS 2009* edited by Garry Walz, Jeanne Bleuer, and Richard Yep
- *Counseling Multiple Heritage Individuals, Couples, and Families* written and edited by Richard Henriksen and Derrick Paladino
- *Counseling Strategies for Loss and Grief* by Keren Humphrey
- *The Counselor and the Law, Fifth Edition* by Anne Marie “Nancy” Wheeler and Burt Bertram
- *Critical Incidents in Clinical Supervision* edited by Lawrence Tyson, John Culbreth, and Judith Harrington
- *Developing Clinical Skills in Suicide Assessment, Prevention, and Treatment* by Jason McGlothlin
- *Girls’ and Women’s Wellness* by Laura Hensley Choate
- *Group Microskills: Culture-Centered Group Process and Strategies* by Allen Ivey, Paul Pedersen, and Mary Bradford Ivey
- *Licensure Requirements for Professional Counselors, 2008 Edition* by the ACA Office of Professional Affairs
- *The Life and Work of Carl Rogers* by Howard Kirschenbaum
- *More Than a Job! Helping Your Teenagers Find Success and Satisfaction in Their Future Careers* by Richard Lapan
- *The New Handbook of Administrative Supervision in Counseling* by Patricia Henderson
- *School Counselors Share Their Favorite Group Activities* edited by Louisa Foss, Judy Green, Kelly Wolfe-Stiltner, and Janice DeLucia-Waack
- *Solution-Focused Counseling in Schools, Second Edition* by John Murphy
- *Suicide Prevention in the Schools, Second Edition* by David Capuzzi
- *Youth at Risk, Fifth Edition* edited by David Capuzzi and Douglas Gross
FRI

5:30 pm – 6:30 pm
ACA Author Book Signing
Convention Center, Exhibit Hall
Be sure to attend one of the most popular events at the ACA Conference—the ACA Author Book Signings! Attendees will have the opportunity to converse with some of the most influential and distinguished counselors in the field while they sign their latest publications. For graduate students and seasoned professionals alike, this experience is not to be missed.

5:30 pm – 7:00 pm
Chi Sigma Iota Reception
Westin - Providence II

5:30 pm – 7:00 pm
NECA Board & General Membership Meeting
Westin - NECA/AADA Suite

Pre-conference Learning Institutes

5:30 pm – 8:45 pm
09031 Introductory, Convention Center, Room 207BC
Teaching Addictions across the Educational Continuum
Geri A. Miller, PhD, Jamie Powell, MA, Laura Veach, PhD, Pam Lassiter, PhD, Kathryn Hunsucker, MA
This session will train individuals to teach addiction counseling courses across the educational continuum (undergraduate, graduate, doctoral) through provision of a teaching framework. Experiential exercises used in teaching at these levels will be provided to participants.

5:30 pm – 8:45 pm
09032 Introductory, Convention Center, Room 208B
‘Crash’: Using Movies to Explore Post-modern Implications for Counseling
Jerry A. Mobley, PhD
“Crashes” occur when two people’s underlying assumptions differ. This workshop provides a way to understand the post-modern experience, with its sensitivity to multi-cultural and not just Western perspectives, and suggests solutions to situations where counselors and clients disagree about the human condition and the nature of the world. Contemporary movies, like “Crash,” “ET,” “Truman Show,” and “Lion King” are utilized to illustrate the multi-cultural assumptions and to help counselors to adapt to them.

5:30 pm – 8:45 pm
09033 Advanced, Convention Center, Room 203B
Advanced Techniques in Brief Solution-focused Counseling with Children, Adolescents, Parents, and Schools
John J. Murphy, PhD
This session presents 10 practical techniques of brief solution-focused counseling for a variety of child and adolescent problems in school and elsewhere. Each technique is designed to produce rapid solutions by building on people’s unique strengths and resources. These strategies are very useful in working with so-called “resistant” or “difficult” clients. Case examples, “live” and video demonstrations, and experiential exercises help to illustrate the practical use of each technique in everyday work.

5:30 pm – 8:45 pm
09034 Introductory, Convention Center, Room 207A
Cut It Out: Eating Disorders and Associated Self-injurious Behaviors
Trish Murray, PhD
In recent decades, mental health professionals have witnessed a rise in incidences of Eating Disorders (ED) and Self-Injurious Behaviors (SIB). This program will explore the etiology behind ED and SI as well as the similarities and differences between both forms of bodily harm. Participants will be introduced to current treatment practices that have shown promise toward helping individuals who struggle with either an Eating Disorder or Self-Injurious Behaviors.

5:30 pm – 8:45 pm
09035 Introductory, Convention Center, Room 203A
Grief in the Workplace: Helping Employees Cope with End-of-life and Other Loss Issues
Joanna M. Parker, MA
Every workplace must deal with complex emotional issues, including grief. When employee grief is denied or ignored the impact on the work environment is pervasive and has significant economic implications. The grieving employee’s connection with their job and colleagues can change forever. Grief at work relates to death, illness or accident of an employee or co-worker, divorce, caregiving for aging parents, and hospice or hospital work. This workshop provides valuable insights for counseling grieving employees.

5:30 pm – 8:45 pm
09036 Advanced, Convention Center, Room 207D
Thriving in Counseling Management: Strategies to Sharpen Leadership Skills and Improve Organizational Performance
Richard F. Ponton, PhD
If you are a director, manager, project coordinator, department chair, CEO, etc… you are in the good company of counselor-managers. This advanced workshop invites you to join with similar leaders to discuss the challenges and opportunities of your role. Providing both a conceptual framework and practical skills in planning, personnel, and development that are consistent with the professional identity of the counselor-manager, this workshop promises to be uplifting, entertaining, and informative.

5:30 pm – 8:45 pm
09037 Advanced, Convention Center, Room 209AB
The Other Side of 55: Life/Career Challenges and New Options
Martha M. Russell, MS, Garry R. Walz, PhD, Jeanne Bleuer, PhD
This Institute will equip counselors with the knowledge and
skills they need to help their clients, old and young, to design lifestyles that will enable them to overcome outmoded images of life after 55. It will provide them with a creative approach to living a rewarding life that highlights their vital life values and provides them with a savvy repertoire of powerful behaviors with which to overcome negative workplace and societal conditions.

5:30 pm – 8:45 pm

09038  Introductory, Convention Center, Room 201AB
Are We Having Fun Yet? Using Cooperative Physical Activity to Enhance Children's Social Skills and Self-image
Bruce A. Sabian, MA
This workshop describes the use of cooperative, non-competitive physical activity as a means of addressing children's social skills and self-image within a group therapy context. This model is particularly useful with children with ADHD, Asperger's Disorder, Non-verbal Learning Disorder, and Anxiety Disorder. Social considerations associated with these issues as well as therapeutic adaptations employed in addressing them will be presented.

5:30 pm – 8:45 pm

09039  Introductory, Convention Center, Room 211AB
Animal-assisted Play Therapy: Canines as Co-therapists
Mary Jean Thompson, EdD
This program will discuss the development of animal-assisted play therapy (AAPT) as well as the results of a recent research project examining its effectiveness. This program will provide an overview of the AAT research, the human-animal bond literature, and the clinical use of AAPT. Participants will learn how to choose a dog for therapy work, how to get training for the dog, and how to effectively incorporate the therapy dog into a non-directive play session.

5:30 pm – 8:45 pm

09040  Introductory, Convention Center, Room 203B
The Power of Sandtray Therapy: Expressive Techniques for Therapeutic Disclosure, Trauma Counseling, and Healing
Jane Webber, PhD, J. Barry Mascari, EdD, Michael Dubi, EdD
Sandtray is a powerful expressive modality that promotes personal awareness, disclosure, and healing without words. Sandtray creations with miniature figures reflect the client’s worldview and evoke spontaneous stories of trauma, family and cultural events. You will experience the sandtray process, and learn to use sandtray therapy with children and adults with trauma; collect diverse miniatures inexpensively; and integrate sandtray, EMDR, and trauma techniques into individual, family, and school counseling.

Division & Affiliates Ancillary Events

6:00 pm – 8:00 pm
Kent State University and Penn State University Joint Reception
Westin - Providence III

6:00 pm – 8:00 pm
Capella University Reception
Westin - Tayon North & South

6:00 pm – 9:00 pm
NCCA Council Meeting
Westin - Trade

6:30 pm – 7:30 pm
AMCD Regional Representatives Meeting
Westin - Stonewall Boardroom

6:30 pm – 8:00 pm
University of Central Florida Reception
Westin - Providence I

7:00 pm – 10:00 pm
Walden University Meeting
Westin - David

ACA Ancillary Event

6:30 pm – 9:00 pm
ACA Foundation Board Meeting
Westin - College

7:00 pm – 9:00 pm
ACA Multi-racial/Multi-ethnic Interest Network Reception
Westin - ACA President’s Suite

UPDATES

Look for updated information in the Program Guide Addendum in the tote bag. You will also find daily updated information in the Conference Daily Update, located in the Convention Center near the ACA Registration area.
Saturday, March 21

7:30 a.m. – 8:30 a.m. • Program ID #111
Girls’ and Women’s Wellness: Contemporary Counseling Issues and Interventions
Laura Hensley Choate

This session will highlight issues and interventions from the presenter’s book *Girls’ and Women’s Wellness*. Relational aggression, body image, sexual assault, intimate partner violence, work/family balance, and issues experienced by mid-life and older women will be discussed.

11 a.m. – 12 p.m. • Program ID #159
Counseling Strategies for Loss and Grief: Unique Grief and Unique Grievers
Keren Humphrey

The author of *Counseling Strategies for Loss and Grief* will discuss the importance of tailoring interventions to the uniqueness of grieving clients. Topics addressed will include the nature of personal and interpersonal loss, three essential counseling roles, and the adaptability of diverse counseling strategies.

2 p.m. – 3:30 p.m. • Program ID #207
Client Feedback Tools: A Fast Track to Better Outcomes in Counseling With Young People, Families, and Schools
John J. Murphy

Participants will learn how to use two quick, valid tools for obtaining client feedback on the outcome and fit of counseling services, how to adjust services based on client feedback, and how to put clients first throughout the counseling process. This session, based on Murphy’s book, *Solution-Focused Counseling in Schools, Second Edition*, will include a live demonstration, case examples, and practice exercises.

3:45 p.m. – 4:45 p.m. • Program ID #255
The Counselor and the Law
Burt Bertram and Anne Marie “Nancy” Wheeler

This session will provide strategies counselors can use to protect themselves from legal or ethical complaints including developing a risk management tool kit, consulting with colleagues, using appropriate informed consent, responding to a subpoena, responding to threats of harm to self or others, and managing boundary issues.

5 p.m. – 6:30 p.m. • Program ID #327
Re-Discovering Carl Rogers—Biography as Surprise
Howard Kirschenbaum

Rogers’ biographer will discuss his book *The Life and Work of Carl Rogers*. Based on many new sources, including Rogers’ private papers, heretofore unavailable, and on interviews with Rogers’ family and closest colleagues, Kirschenbaum’s book provides many new findings about Rogers’ life and work.

Sunday, March 22

7:30 a.m. – 8:30 a.m. • Program ID #351
Counseling Multiple Heritage Individuals, Couples, and Families
Richard Henriksen Jr and Derrick Paladino

The Multiple Heritage Identity Development Model (2009) will be discussed and attendees will learn fresh approaches and new skills for effective counseling services from the authors’ book *Counseling Multiple Heritage Individuals, Couples, and Families*.

11 a.m. – 12 p.m. • Program ID #399
Becoming a Counselor: The Light, the Bright, and the Serious
Samuel Gladding

This session on Gladding’s book, *Becoming A Counselor, Second Edition*, will focus on how we, as counselors, can become more aware of internal and external stories that alter, illuminate, shape, and give meaning to our lives.

2 p.m. – 3:30 p.m. • Program ID #447
Using Qualitative Career Assessments With Adolescents and Adults
Norman Gysbers

The qualitative career assessments in this session are based on a holistic, postmodern approach to career counseling from Gysbers’ new book *Career Counseling: Contexts, Processes, and Techniques, Third Edition*. You will learn how to use these assessments including the life career assessment, a structured interview, and a career genogram.

3:45 p.m. – 4:45 p.m. • Program ID #495
Suicide Prevention in the Schools: Guidelines for Middle and High School Settings
David Capuzzi

Capuzzi will discuss strategies from his book, *Suicide Prevention in the Schools, Second Edition*, on how to initiate or improve a suicide prevention and crisis management program. Content for faculty/staff in-service, preparation of crisis teams, postvention after an attempt or completion, how to talk with parents, and legal issues will be covered.
### ACA Conference Events

<table>
<thead>
<tr>
<th>Time (am – pm)</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 – 6:00</td>
<td>Registration Open</td>
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<tr>
<td>7:30 – 6:45</td>
<td>Education Sessions</td>
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<tr>
<td>9:00 – 10:30</td>
<td>Opening Keynote Session</td>
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<td>10:30 – 6:00</td>
<td>Exposition Open</td>
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<td>11:00 – 5:30</td>
<td>Poster Sessions</td>
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<tr>
<td>12:00 – 2:00</td>
<td>ACA First Timers Orientation and Luncheon</td>
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<tr>
<td>4:00 – 5:00</td>
<td>Author Book Signing</td>
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<tr>
<td>8:00 – 9:00</td>
<td>ACA Opening Social</td>
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<tr>
<td>9:00 – 12:00</td>
<td>ACA Opening Party</td>
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<td>1:00 – 3:00</td>
<td>ACA Publications Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Professional Standards Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Public Policy and Legislation Committee Meeting</td>
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<td>ACA Awards Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Interprofessional Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Public Awareness and Support Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Nominations and Election Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Human Rights Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Branch Development Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Bylaws and Policy Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Graduate Student Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Research and Knowledge Committee Meeting</td>
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<td>1:00 – 3:00</td>
<td>ACA Branch Awards Ceremony</td>
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<td>3:30 – 5:00</td>
<td>ACA Foundation Graduate Student Reception</td>
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<td>4:30 – 6:00</td>
<td>ACA Treasurer’s Workshop</td>
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<td>5:00 – 7:00</td>
<td>ACA International Student Panel</td>
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<td>5:30 – 6:30</td>
<td>ACA International Reception</td>
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### ACA Ancillary Events

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<th>Time (am – pm)</th>
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<tr>
<td>10:30 – 1:00</td>
<td>ACA Southern Region Business Meeting</td>
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<td>10:30 – 5:00</td>
<td>ACA Ethics Committee Meeting</td>
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<td>11:00 – 12:00</td>
<td>ACA Network for Jewish Interests</td>
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<td>11:00 – 12:00</td>
<td>ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Traumatology Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Women’s Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Sports Counseling Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Children’s Counseling Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Historical Issues in Counseling Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Interest Network for Advances in Therapeutic Humor</td>
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<tr>
<td>11:00 – 12:00</td>
<td>ACA Grief and Bereavement Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Cyber Technology Task Force</td>
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<td>11:00 – 12:00</td>
<td>ACA Forensic Counseling Interest Network</td>
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<td>11:00 – 12:00</td>
<td>ACA Interest Network for Professional Counselors in Schools</td>
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<td>11:00 – 12:00</td>
<td>ACA Wellness Interest Network</td>
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### Division & Affiliates Ancillary Events

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<th>Time (am – pm)</th>
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<tr>
<td>7:30 – 8:30</td>
<td>NECA Executive Committee Meeting</td>
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<td>7:30 – 8:30</td>
<td>ACES State Presidents/Presidents-Elect Meeting</td>
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<td>7:30 – 8:30</td>
<td>ACES Career Interest Network</td>
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<td>7:30 – 8:30</td>
<td>ACES New Faculty Interest Network</td>
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<td>7:30 – 8:30</td>
<td>ACES International Counseling Interest Network</td>
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<td>7:30 – 8:30</td>
<td>AMCD First Timers Orientation</td>
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<tr>
<td>7:30 – 8:30</td>
<td>ARCA Graduate Student Breakfast</td>
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<tr>
<td>7:30 – 8:30</td>
<td>ACCA Committee Meetings</td>
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<tr>
<td>8:00 – 12:00</td>
<td>AACE Executive and New Executive Council Meeting</td>
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### SATURDAY AT-A-GLANCE  
March 21

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 am – 12:00 pm</td>
<td>Chi Sigma Iota Leadership Workshop</td>
<td>3:00 pm – 4:00 pm</td>
<td>AMCD Asian American Pacific Islander Concerns Meeting</td>
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<tr>
<td>10:00 am – 12:00 pm</td>
<td>ASGW Professional Development</td>
<td>3:00 pm – 4:00 pm</td>
<td>ASERVIC Editorial Board Meeting</td>
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<tr>
<td>10:00 am – 12:00 pm</td>
<td>ASGW Research Committee</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Association for Spiritual, Ethical, Religious and Value Issues in Counseling</td>
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<tr>
<td>11:00 am – 12:00 pm</td>
<td>ACES School Counseling Interest Network</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC College Counseling Association</td>
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<tr>
<td>11:00 am – 12:30 pm</td>
<td>AMCD Mentor/Mentee Meeting</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Association for Marriage and Family Counseling</td>
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<tr>
<td>11:00 am – 1:00 pm</td>
<td>AADA Brunch</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Association for Multicultural Development</td>
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<tr>
<td>11:00 am – 1:00 pm</td>
<td>ALGBTIC Brunch</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Addictions and Offender Counseling Association</td>
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<td>12:00 pm – 2:00 pm</td>
<td>ASGW Luncheon</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Graduate Student Association</td>
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<tr>
<td>12:00 pm – 2:00 pm</td>
<td>IAMFC Luncheon</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Association of Professional Counselors in Schools in NC</td>
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<tr>
<td>12:00 pm – 2:00 pm</td>
<td>NCCA 50th Anniversary Annual Awards and Membership Luncheon</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Association for Counselor Education and Supervision</td>
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<tr>
<td>12:30 pm – 2:30 pm</td>
<td>AMCD Ethnic Concerns Vice-President’s Meeting</td>
<td>3:00 pm – 4:00 pm</td>
<td>NC Career Development Association</td>
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<tr>
<td>1:00 pm – 2:00 pm</td>
<td>ACCA Forum on College Counseling Advisors</td>
<td>3:00 pm – 4:00 pm</td>
<td>Chi Sigma Iota Business Meeting</td>
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<tr>
<td>1:30 pm – 3:00 pm</td>
<td>Chi Sigma Iota Chapter Faculty Meeting</td>
<td>3:00 pm – 4:00 pm</td>
<td>ACES General Assembly</td>
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<tr>
<td>1:30 pm – 3:00 pm</td>
<td>Chi Sigma Iota Chapter Leaders</td>
<td>3:00 pm – 4:30 pm</td>
<td>IAMFC Family Journal Editorial Board Meeting</td>
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<td>1:30 pm – 3:00 pm</td>
<td>Chi Sigma Iota Fellows Planning</td>
<td>3:00 pm – 4:30 pm</td>
<td>ASGW Journal for Specialists in Group Work</td>
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<td>2:00 pm – 3:00 pm</td>
<td>AADA State Branch and Presidents Meeting</td>
<td>3:30 pm – 5:00 pm</td>
<td>Clemson University Meeting</td>
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<td>2:00 pm – 3:00 pm</td>
<td>ASERVIC Graduate Student Meeting</td>
<td>4:00 pm – 5:00 pm</td>
<td>ARCA Student Forum</td>
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<tr>
<td>2:30 pm – 3:30 pm</td>
<td>IAMFC Business Meeting</td>
<td>4:00 pm – 5:00 pm</td>
<td>Chi Sigma Iota Awards</td>
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<td>2:30 pm – 3:30 pm</td>
<td>ACCA Emerging Leader Training</td>
<td>4:30 pm – 5:30 pm</td>
<td>IAAOC Membership Meeting</td>
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<td>2:30 pm – 4:00 pm</td>
<td>ASGW 2008–2009 / 2009–2010 Leadership &amp; Committee Meeting</td>
<td>4:30 pm – 5:30 pm</td>
<td>ACES Research Grants Committee</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>AADA Committee/Competencies Taskforce Meeting</td>
<td>5:00 pm – 6:00 pm</td>
<td>ACES Women’s Interest Group</td>
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<td>3:00 pm – 4:00 pm</td>
<td>ACES Ethics and Professional Standards</td>
<td>5:00 pm – 6:00 pm</td>
<td>CSJ Membership and Awards Meeting</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACES Membership Committee Meeting</td>
<td>5:00 pm – 7:00 pm</td>
<td>AACE, ASERVIC, C-AHEAD, IAAOC Joint Reception</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACES Graduate Student Committee Meeting</td>
<td>5:30 pm – 7:00 pm</td>
<td>IAMFC, AMHCA Joint Reception</td>
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<td>3:00 pm – 4:00 pm</td>
<td>ACES Department Chairs Interest Network</td>
<td>5:30 pm – 7:30 pm</td>
<td>University of North Carolina-Greensboro Reception</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACES Product Development Committee Meeting</td>
<td>5:30 pm – 7:30 pm</td>
<td>AMCD Past President’s Meeting</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACES Clinical Mental Health Interest Network</td>
<td>6:00 pm – 7:00 pm</td>
<td>ASGW General Business Meeting</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACES Multicultural Counseling Interest Network</td>
<td>6:00 pm – 7:00 pm</td>
<td>NECA/MACD Reception for ACA President-Elect Lynn Linde</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACES Clinical Director’s Interest Network</td>
<td>6:30 pm – 8:30 pm</td>
<td>ARCA Reception</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACES Supervision Interest Network</td>
<td>7:00 pm – 8:00 pm</td>
<td>AADA, ACEG, NECA Joint Reception</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>AMCD Latino/Latina Concerns Meeting</td>
<td>7:00 pm – 9:00 pm</td>
<td>AMCD Past President’s Awards Reception</td>
</tr>
<tr>
<td>3:00 pm – 4:00 pm</td>
<td>AMCD Native American Concerns Meeting</td>
<td>7:00 pm – 9:00 pm</td>
<td>ACC, ACES, ASGW, Joint Reception</td>
</tr>
<tr>
<td>3:00 pm – 4:00 pm</td>
<td>AMCD African American Concerns Meeting</td>
<td>7:00 pm – 10:00 pm</td>
<td>Walden University Meeting</td>
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ACA Conference Events

7:00 am – 6:00 pm
ACA/NCCA Conference Registration
Convention Center

Division & Affiliates Ancillary Events

7:00 am – 8:30 am
NECA Executive Committee Meeting
Westin - NECA/AADA Suite

7:30 am – 8:30 am
ACES State Presidents/Presidents-Elect Meeting
Westin - Trade

7:30 am – 8:30 am
ACES Career Interest Network
Westin - Providence I

7:30 am – 8:30 am
ACES New Faculty Interest Network
Westin - Providence I

7:30 am – 8:30 am
ACES International Counseling Interest Network
Westin - Providence I

7:30 am – 8:30 am
AMCD First Timers Orientation
Westin - King

7:30 am – 8:30 am
ARCA Graduate Student Breakfast
Westin - Sharon

7:30 am – 8:30 am
ACCA Committee Meetings
Westin - Tryon South

Education Sessions

7:30 am – 8:30 am
ALGBTIC Day of Learning
Program ID # SE2-A, Convention Center, Room 212 AB
Straight Talk: A Look at Heterosexual Identity Development and the Counseling Process
60-Minute Program, Advanced
Breyan N. Haizlip, Old Dominion University, Norfolk, VA, Brenda Smith
The purpose of this session is invite participants to reflect upon the developmental processes of heterosexually identified counselors and examine the implications of such research on counselor effectiveness with heterosexual and non-heterosexual clients. Through the use of experiential exercises, reflection activities, and media, participants will discuss traditional models of sexual identity development, examine current models of heterosexual identity development, and examine its influences on the counseling process.

7:30 am – 8:30 am
ASERVIC Sponsored Session
Spirituality and Religious Values Academy
Program ID # 101, Convention Center, Room 217 A
Assessment of Spirituality and Meaning in Research and Clinical Settings
60-Minute Program, Advanced
Mark E. Young, University of Central Florida, Orlando, FL, Leila Roach, W. Bryce Hagedorn
Spirituality, religion and a sense of meaning have been found to have a positive impact on client wellness. Yet these areas are frequently neglected in assessment. Participants will learn about a variety of methods for assessing spirituality and meaning in clients, including tests and interview approaches. These methods may be appropriate for clinical or research applications. Case studies will be examined.

7:30 am – 8:30 am
Couples and Family Counseling Academy
School Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 102, Convention Center, Room 217 BC
Living with Learning Disabilities: Strategies for Family Support
60-Minute Program
Carol Dolan, Missouri Baptist University, St. Louis, MO
Enter the world of Learning Disabilities (LD), which encompasses half of all special education and find out why LD can be viewed as a cultural minority. Find out how families and individuals with LD perceive themselves. Assess your self-awareness. Learn specific strategies and skills important to assisting this population. Support advocacy, promoting people first. This information is based on a phenomenological qualitative study.

7:30 am – 8:30 am
Mental Health/Private Practice Academy
Addictions Academy
Program ID # 103, Convention Center, Room 213 A
Manipulative Med-seeking Drug Addict or Maladaptively Help-seeking Person Who Uses Drugs?: Battling Bias in Clinical Practice
60-Minute Program
Cynthia M. Miller, University of Virginia, Charlottesville, VA
Research shows we make decisions based on information that supports our beliefs while dismissing information that contradicts them. This phenomenon, known as bias, has important implications for counselors working with “difficult”
clients who are involved with the legal system, abuse substances, are homeless, or who suffer from serious mental illness. This session explores how bias can impact clinical diagnosis and decision-making and presents specific strategies for combating bias in clinical practice.

**7:30 am – 8:30 am**

*Human Development Across the Lifespan Academy*

*Mental Health/Private Practice Academy*

Program ID # 104, Convention Center, Room 213 D

**A Developmental Approach to Anger Management: The Emotional Skill Building Curriculum**

60-Minute Program

Sheri Pickover, University of Detroit Mercy, Detroit, MI

This presentation will reframe anger management from a developmental perspective. After reviewing current literature and developmental issues that impact effective coping, a presentation of the Emotional Skills Building Curriculum, (ESBC) a 13-week group treatment program for children and adults, will be presented as an innovative treatment program for addressing anger. Data regarding the program’s effectiveness will be presented as well.

**7:30 am – 8:30 am**

*Child and Adolescent Counseling Academy*

*School Counseling Academy*

Program ID # 105, Convention Center, Room 203 A

**The Escalating Pandemic of Cyberbullying: Five Counseling Strategies for Prevention of Children’s Engagement and Exposure**

60-Minute Program, Advanced

Kenneth P. Gaughan, Archdiocese of Washington, Washington, DC, Stephanie Ford

Technologies of communication provide an avenue for subtle, non-physical bullying behaviors to transpire. Children and adolescents are ubiquitously exposed to this phenomenon, known as cyberbullying. This growing pandemic fosters anxieties and increases stress levels within children and adolescents. This presentation addresses the increasing trend of incidents regarding cyberbullying and highlights five counseling strategies necessary for preventing children’s and adolescents’ engagement and exposure to these cancerous behaviors.

**7:30 am – 8:30 am**

*School Counseling Academy*

Program ID # 106, Convention Center, Room 203 B

**The Complex Interactions of FERPA and HIPAA for School Counselors: 2009 Update**

60-Minute Program, Advanced

Louis V. Paradise, University of New Orleans, New Orleans, LA, Kathryn Henderson, Lorena M. Pitre

The Family Education Rights and Privacy Act of 1974 (FERPA) has, over the last 30 years, forced school counselors to re-examine how they collect and handle student records. Similarly, the Health Insurance Portability and Accountability Act of 1996 (HIPAA) has presented similar challenges. Using current research, government guidelines, and case law, we will update FERPA and HIPAA requirements for school counselors with best practices guidelines and user-friendly materials in an interactive forum for school counselors.

**7:30 am – 8:30 am**

*NCCA Sponsored Session*

*Multicultural Counseling Academy*

Program ID # 107, Convention Center, Room 208 A

**Working Ourselves to Death: The Cost of Participating in Middle-class America for Single African American Mothers**

60-Minute Program, Advanced

Savitri V. Dixon-Saxon, Walden University, Minneapolis, MN

The program addresses the implications of providing a middle class experience for children of single African American mothers. This session uses the experiences of four women who generously share how these experiences impact them and their children and offers a blueprint for counselors working with this population.

**7:30 am – 8:30 am**

*ASGW Sponsored Session*

*Group Work Academy*

*Multicultural Counseling Academy*

*Child and Adolescent Counseling Academy*

Program ID # 108, Convention Center, Room 208 B

**Multicultural Group Work in Schools with Children and Adolescents**

60-Minute Program, Advanced

Sam Steen, George Washington University, Washington, DC, Sheri Bauman

ASGW emphasizes the salience of infusing multiculturalism in group work, but there are few resources available for pre-service school counselor training and development. This multimedia presentation includes viewing sample group sessions and processing techniques, data collection considerations, and critical discourse surrounding culturally relevant group work in schools. Race, ethnicity, and culture will be discussed in a manner that is appropriate for children and adolescents while allowing exploration of their areas of interest.

**7:30 am – 8:30 am**

*ACCA Sponsored Session*

Program ID # 109, Convention Center, Room 207 A

**Using Neurofeedback to Treat Test Anxiety among College Students**

60-Minute Program

Yvonne Bissonnette Tate, Colorado Christian University, Lakewood, CO, Jamie Rodriguez

Test anxiety is a significant issue among college students. Research shows that Neurofeedback has been effective in reducing general anxiety as well as performance anxiety. Because of this, there is a high likelihood that it would also
be an effective intervention for reducing test anxiety and improving overall test performance. This presentation explores current research around this topic and presents a proposal for treating test anxiety with Neurofeedback in a college setting.

7:30 am – 8:30 am  
Counselor Education and Supervision Academy  
Program ID # 110, Convention Center, Room 207 D  
Using the Virtual World of Second Life to Educate Counselor Trainees  
60-Minute Program  
Kevin Glavin, Northeastern Ohio Universities Colleges of Medicine and Pharmacy, Rootstown, OH, Jason Baker, Stephanie Burns  
This session presents a novel way for counselor educators to teach students by way of a “virtual experience”. Join us in an interactive journey through the online world of Second Life, where we “virtually experience” what it is like to have a mental illness such as schizophrenia. Watch us “experience” and deal with issues of diversity and prejudice as our personally designed avatar (character) interacts with the millions of other Second Life Residents.

7:30 am – 8:30 am  
ACA Author Session  
Program ID # 111, Convention Center, Room 213 BC  
Girls’ and Women’s Wellness: Contemporary Counseling Issues and Interventions  
60-Minute Program  
Laura Hensley Choate, Louisiana State University, Baton Rouge, LA  
This session will highlight issues and interventions described in the presenter’s new book, Girls’ and Women’s Wellness. Choate will describe counseling issues that disproportionately affect girls and women across the life span, including relational aggression, body image concerns, sexual assault, intimate partner violence, work/family balance, and issues experienced by mid-life and older women. Practical strategies for working with girls and women based on an empowerment and wellness approach will also be highlighted.

7:30 am – 8:30 am  
IAMFC Sponsored Session  
Couples and Family Counseling Academy  
Counselor Education and Supervision Academy  
Program ID # 112, Convention Center, Room 217 D  
Non-linear Thinking in Counseling: A New Method for Teaching the Secrets of the Masters to Beginning Family Counselors  
60-Minute Program, Advanced  
Paul R. Peluso, Florida Atlantic University, Boca Raton, FL, Gerald Mozdzierz  
Counseling has been empirically shown to be effective. Yet many practitioners feel that they are unable to achieve success with many of their most difficult clients. Often practitioners feel that they have not been taught everything that they need to know as students, and that there is a secret that they have yet to discover. The presenters will describe an approach that underlies all effective counseling, regardless of theoretical orientation, that maximizes effectiveness with clients.

7:30 am – 8:30 am  
Human Development Across the Lifespan Academy  
Counselor Education and Supervision Academy  
Program ID # 115, Convention Center, Room 219 AB  
Wellness Centered Programming: An Opportunity for Chi Sigma Iota Chapters  
60-Minute Program  
L. Marinn Pierce, University of Tennessee, Knoxville, TN, Whitney Locke, Shawn Spurgeon  
Counselor educators have a responsibility to teach and model wellness for counselors-in-training. While many programs are unable to offer coursework specifically focused on wellness, Chi Sigma Iota (CSI) provides a vehicle for implementing wellness programming into counselor education programs. This presentation will review how a wellness centered program was introduced through CSI programming in order to increase faculty and student wellness as well as involvement in CSI. Additional ideas for wellness programming will be explored.

7:30 am – 8:30 am  
Couples – Family Counseling Academy  
Program ID # 116, Convention Center, Room 209 AB  
Relationship Infidelity: Helping Couples Understand and Heal  
60-Minute Program, Advanced  
Hunter D. Alessi, Southeastern Louisiana University, Hammond, LA  
Infidelity often brings couples into counseling. This presentation will address causes and types of infidelity and will offer interventions for helping couples restore their relationship.

7:30 am – 8:30 am  
Multicultural Counseling Academy  
Program ID # 117, Convention Center, Room 218 AB  
Advocacy Competencies Self-assessment Survey: A Tool for Measuring Advocacy Competence  
60-Minute Program, Advanced  
Manivong J. Ratts, Seattle University, Seattle, WA, Keith Dempsey  
This program introduces participants to the Advocacy Competencies Self-Assessment (ACSA) Survey©. The ACSA Survey© is a tool counselors can use to measure levels of advocacy competence along the six advocacy domains outlined in the advocacy competencies developed by Lewis, Arnold, House, and Toporek (2001). Suggestions on how to use the ACSA Survey© in counseling and counselor education and supervision will also be offered.

7:30 am – 8:30 am  
Military Counseling Academy  
Program ID # 118, Convention Center, Room 201 AB  
Military Deployment and Relationships; Will We Make it? Implications for Today’s Counselor
60-Minute Program, Advanced
William R. Mullener, Central Texas Behavioral Health, Bryan, TX
An in-depth look at the effect military deployments to Iraq and Afghanistan have on family and couple's relationships. Three phases (pre-deployment, deployment, homecoming) will be examined in terms of the effects on physical, emotional, social, and spiritual functioning and wellness. Mental health professionals will gain a deeper understanding of the factors involved, and will be provided counseling tools to deal with the complex issues associated with this topic.

7:30 am – 8:30 am
Mental Health/Private Practice Academy
Program ID # 119, Convention Center, Room 202 AB
More on Self-harm and Intervention
60-Minute Program, Advanced
Patricia E. Robertson, East Tennessee State University, Johnson City, TN
This is an advanced session on working with clients who self-harm. The most recent research on self-harm will be presented and a focus will be on effective interventions. Particular cases will be used as examples and the participants will have the opportunity to share their experiences as well as ask questions.

7:30 am – 8:30 am
Multicultural Counseling Academy
Program ID # 120, Convention Center, Room 211 AB
Transforming the Managerial Class: Binary and Dialectical Thinking in Counseling
60-Minute Program, Advanced
Thomas C. Harrison, University of Nevada, Reno, NV, Troyann Isabella Gentile, Terianne Harrison
The Managerial Class exists in every industrialized country, and counseling is a member of that social/occupational class. Binary thinking drives the agenda of the managerial class and serves to isolate clients and groups of individuals in order to manage them. Counselors may end up managing clients unless they invoke dialectical thinking in their client conceptualizations and interventions. This presentation will examine how the managerial class and binary thinking can be transformed through dialectical thinking.

7:30 am – 8:30 am
Counseling Ethics and Legal Issues Academy
Program ID # 121, Convention Center, Room 207 BC
The Regulation of Technology Assisted Distance Counseling and Supervision in the U.S.: Current Trends and Their Implications
60-Minute Program
Charles R. McAdams, The College of William and Mary, Williamsburg, VA, Kristi Lee Wyatt
This session will present the results of a national survey of state counseling boards regarding their current and planned regulation of technology assisted distance counseling and supervision (TADC/S). Boards reported seven common areas of concern about TADC/S practice, but were widely disparate and often polarized in their views about the nature and extent of regulation needed to address those concerns. The specific findings and their implications for counselor preparation, supervision, and practice will be examined.

7:30 am – 8:30 am
School Counseling Academy
Program ID # 122, Convention Center, Room 216 AB
Advisory: Successes and Challenges of a New Initiative for School Improvement in Underperforming Urban Schools
60-Minute Program, Advanced
Beth L. O'Brien, Harvard Graduate School of Education, Cambridge, MA, Mara Schanfield
Advisory as a whole school intervention addresses social-emotional development and is becoming a platform for academic and instructional improvement. The session will address the successes and challenges faced in the first year of implementation through the case of the English High School. We will discuss strategies to combat common resistance to advisory and employ it as a tool for effective school reform.

7:30 am – 8:30 am
Multicultural Counseling Academy
Program ID # 123, Convention Center, Room 214
Culture, Connections, and Counseling: A Comparative Look at African American and Asian American Women
60-Minute Program, Advanced
Angela D. Coker, University of Missouri, St. Louis, MO, Hsin-hsin Huang
Little is known about the extent to which African American women and Asian American women compare or differ on issues of culture, racial identity, and psychosocial development. In what ways, if any, do their challenges as minority women living in the U.S. work to enhance and/or complicate their psychological well-being? This interactive program explores some of these questions, and provides a venue for Asian American and African American women to share their thoughts and experiences.

8:00 am – 8:30 am
CSJ Day of Action
Program ID # SE1-A, Convention Center, Room 210 AB
Promoting Change through Advocacy: Remembering Children Who Are Adopted or in Foster Care
30-Minute Project
Amie Kolos, Johns Hopkins University, Baltimore, MD, Eric Green, Kaisha Keith, Kathleen Bennett Schweiker
Many children who are adopted or in foster care need mental health services; however, there are substantial barriers for families seeking care. Counselors must take on the role of advocate for such children, helping families find and benefit from available resources while also promoting changes in the policies in place for treating children who come from adoptive or foster families.
Division & Affiliates Ancillary Events

8:00 am – 12:00 pm
AACE Executive and New Executive Council Meeting
Westin - Stonewall Boardroom

8:00 am – 12:00 pm
Chi Sigma Iota Leadership Workshop
Westin - Providence II

ACA Conference Events

9:00 am – 10:30 am
Opening Session Keynote
C. Adolfo Bermeo
1.5 CE Credits
Convention Center Ballroom

Developing a climate of access, equity, and excellence in education for all students is the topic of keynote speaker C. Adolfo Bermeo, PhD, a Senior Scholar for The Pell Institute for the Study of Opportunity in Higher Education in Washington, DC. Dr. Bermeo also works closely with the Council for Opportunity in Education (COE), serving as a faculty member and speaker at seminars and conferences for TRIO professionals. Throughout his career, he has worked with state, national, and international organizations committed to social justice and to increasing access to higher education for historically underrepresented first-generation, low-income, and immigrating students. In the K–12 arena, for example, he worked closely with the Los Angeles Achievement Council to provide counselors and other school officials with strategies for achieving a climate conducive to success.

ACA Ancillary Event

10:30 am – 1:00 pm
ACA Southern Region Business Meeting
Hilton - Carolina Hall

10:30 am – 5:00 pm
ACA Ethics Committee
Hilton - Dunn

ACA Conference Events

10:30 am – 6:00 pm
Exposition Hall Activities
Convention Center

ACA Career Center
If you have or strive for a career in counseling, then the Career Center is a place for you. The biggest draw each year is the traditional interviewing program, but other presentations and opportunities to consult with career advisors abound.

Come by to see what resources we have or what we can recommend to support your career path in counseling. On-site critique of your resume or curriculum vitae, tips on job search, and workshops designed for all stages of your counseling career are available any time the Exposition is open.

Private consultation for private practice, career issues, licensure and ethics are available by appointment. (A reduced fee applies to private practice issues.)

ACA Graduate Student Center
The Graduate Student Center is the perfect opportunity for grad students to relax and network with their peers, as well as with leaders in the counseling profession. You’ll have the chance to meet one-on-one with distinguished counselor educators, scholars, and authors, some whose books you’ve read and whose theories you’ve studied. Student ID required.

ACA Resource Center and Cyber Center
The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources and membership. Find out what’s happening on federal and state policy issues affecting the profession. The ACA Website is at your fingertips via a walk-up display with computer workstations. Check your e-mail at the Cyber Center without having to leave the action!

ACA Bookstore
Visit the ACA Bookstore in the Exposition Hall to see the impressive line of ACA publications, DVDs, and LogoLine merchandise from the premier counseling resource provider. Take a moment to talk with leading authors at scheduled book signings and meet with the Director of Publications to discuss your manuscript ideas. The ACA Bookstore will be open during all exposition hours.

Division & Affiliates Ancillary Events

10:00 am – 12:00 pm
ASGW Professional Development
Westin - Queen

10:00 am – 12:00 pm
ASGW Research Committee
Westin - College
ACA Ancillary Events

11:00 am – 12:00 pm
ACA Network for Jewish Interests
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Traumatology Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Women’s Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Sports Counseling Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Children’s Counseling Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Historical Issues in Counseling Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Interest Network for Advances in Therapeutic Humor
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Grief and Bereavement Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Cyber Technology Task Force
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Forensic Counseling Interest Network
Westin - Grand Ballroom A & B

11:00 am – 12:00 pm
ACA Interest Network for Professional Counselors in Schools
Westin - Grand Ballroom A & B

Division & Affiliates Ancillary Events

11:00 am – 12:00 pm
ACES School Counseling Interest Network
Westin - Davidson

11:00 am – 12:30 pm
AMCD Mentor/Mentee Meeting
Westin - Morehead

11:00 am – 1:00 pm
AADA Brunch
Westin - Kings

11:00 am – 1:00 pm
ALGBTIC Brunch
Westin - Harris

Education Sessions

11:00 am – 11:30 am
ARCA Sponsored Session
Program ID # 125, Convention Center, Exhibit Hall, Booth PS1
Project Working Recovery (PWR): An Innovative Intervention for Unemployed Substance Abusers
30-Minute Project/Research Poster Session, Advanced
Paul J. Toriello, East Carolina University, Greenville, NC, Steven R. Sligar, W. Leigh Atherton, Xiaoming Zeng
Research has shown that standard substance abuse treatment is insufficient to address consumers’ employment issues and thus, specific employment interventions are required. However, substance abuse treatment organizations still only address employment issues at a cursory level. This presentation will discuss current research on employment and substance abuse, and demonstrate the PWR intervention and performance strategies.

11:00 am – 11:30 am
ASGW Sponsored Session
Program ID # 126, Convention Center, Exhibit Hall, Booth PS2
Therapeutic Factors in Guidance Versus Counseling Sessions of Domestic Violence Groups
30-Minute Project/Research Poster Session, Advanced
Valerie Van Horn Kerne, University of Texas, Austin, TX, Philip Kerne, Michael Waldo
This poster session will benefit individuals who work with male offenders of domestic violence. Attendees will receive information relating to the differences between counseling-oriented and guidance groups, and will receive the results of therapeutic factors based upon a comparison study.
11:00 am – 11:30 am
CSI Sponsored Session
Program ID # 127, Convention Center, Exhibit Hall, Booth PS3
Service Learning: Utilizing University/Business Partnerships to Promote the Counseling Profession and Enhance School Counselor Program Preparation
30-Minute Project/Research Poster Session
Suzanne D. Mudge, Our Lady of the Lake University, San Antonio, TX, Cullen T. Grinnan
Learn how the implementation of a service-learning project through a university/business partnership can be utilized to simultaneously teach client advocacy to graduate-level school counseling students, while seizing upon the opportunity to promote the counseling profession to students, community members and business leaders. Benefits to educators, students, families and the community will be highlighted. Handouts delineating project activities, as well as helpful resources, will be available and distributed by presenters during the poster session.

11:00 am – 11:30 am
ACEG Sponsored Session
Program ID # 128, Convention Center, Exhibit Hall, Booth PS4
Considering Gender-Based Interest Inventory Results in Career Exploration
30-Minute Project/Research Poster Session
Jennifer Smith, Western Sector U.S. Military Entrance Processing Command, North Chicago, IL, William Duerr
In this poster session, presenters will display tools used by the ASVAB Career Exploration Program to help high school and postsecondary students minimize gender bias when exploring career opportunities. By incorporating ASVAB scores, gender-specific or gender-combined interest codes, and results from gender-descriptive graphs, students explore career opportunities they may not have considered previously. Presenters will demonstrate the use of these tools in the career exploration process.

11:00 am – 11:30 am
NCCA Sponsored Session
Program ID # 130, Convention Center, Exhibit Hall, Booth PS6
Utilizing Mindfulness Skills in the Care and Development of a Therapist
30-Minute Project/Research Poster Session
Geri A. Miller, Appalachian State University, Boone, NC, Christine Dave, Halen Ersever, Ron Hood, Kathryn Hunsucker
This session will summarize the historical development of the practice of mindfulness as well as current definitions and models of mindfulness. It will be merged with the practice of therapist self-care from an ethical perspective. Specific examples of mindfulness, as practiced by the presenters, will be provided.

11:00 am – 11:30 am
CSI Grant Award Winner
Program ID # 131, Convention Center, Exhibit Hall, Booth PS7
Perceptions and Attitudes of Narrative Therapy amongst Latino/a Counseling Students in Mexico
30-Minute Project/Research Poster Session, Advanced
Brande’ N. Flamez, Texas A&M University, Corpus Christi, TX, Christine McNichols, Marvarene Oliver, Eitan Kleinberg
Globalization and internationalization in counseling and psychotherapy is expanding ways in which researchers must consider multicultural issues. Although there has been some research done on whether or not narrative therapy works well with Latinos/as in the U.S., very little research has been conducted on whether or not narrative therapy is a good fit for those working with Latinos/as in Mexico. Results from Latino/a students enrolled in a counseling program in Mexico City will be presented.

11:00 am – 11:30 am
ASERVIC Sponsored Session
Program ID # 132, Convention Center, Exhibit Hall, Booth PS8
God Has No Religion: A Course on Religious and Spiritual Issues in Counseling
30-Minute Project/Research Poster Session, Advanced
Cheri Smith, School of the Holy Child, Rye, NY
This program will focus on integrating the ASERVIC competencies into the training programs for counselors. Specific tools will be shared as well as feedback from students regarding the most effective methods.
This poster presentation will highlight the ongoing research examining factors related to diverse student populations and factors relative to successful adjustment into institutions of higher education. A research study that attempted to identify family factors that may reduce psychological distress among African American college students, and based upon the results of the empirical research, will engage program participants in an interactive discussion designed to help counselors enhance their clinical work with African American students.

11:00 am – 11:30 am
Program ID # 136, Convention Center, Exhibit Hall, Booth PS12
Factors that Influence People to Cope Actively in the U.S. and Taiwan
30-Minute Project/Research Poster Session, Advanced
Ming-hui Li, St. John's University, Queens, NY
This study compared American and Taiwanese college students’ levels of active coping and determinants of active coping. Taiwanese and American college students experience similar levels of stress and respond to stress with similar levels of active coping. Taiwanese participants’ levels of resilience, secure attachment, and self-efficacy were lower than those of their American counterparts. Implications for multicultural counseling practice will be discussed. Findings can be applied in university settings and community counseling centers.

11:00 am – 11:30 am
Program ID # 137, Convention Center, Exhibit Hall, Booth PS13
Needs Assessment of Rural Prenatal and Postpartum Mental Health Services: Results of a Service Provider Survey
30-Minute Project/Research Poster Session, Advanced
Jennifer Cates, Central Washington University, Ellensburg, WA
Attendees will learn results of a community needs assessment of mental health services available for women during pregnancy and the postpartum period. The presenter will describe providers’ perceptions of the effectiveness of screening, prevention, and treatment of prenatal and postnatal mental health issues for a population that has a high percentage of low-income and Latina women. Cultural barriers that impact service access and delivery will be explained. Attendees will learn strategies for conducting needs assessments.

11:00 am – 11:30 am
Program ID # 138, Convention Center, Exhibit Hall, Booth PS14
Analysis of the Journal for Specialists in Group Work: Author Identification, Institutional Affiliation, and Article Content
30-Minute Project/Research Poster Session
Kelly McDonnell, Western Michigan University, Kalamazoo, MI, Lorraine J. Guth
This presentation includes a review of the articles appearing in the Journal for Specialists in Group Work over the past 30 years. The study results identify the individuals most frequently involved in writing for the journal and the institutional affiliation of the authors. The topical content of articles is also reviewed with an emphasis placed on exploring the representation of multicultural and diversity issues over time.

11:00 am – 11:30 am
Program ID # 139, Convention Center, Exhibit Hall, Booth PS15
Outcomes of a Psychoeducation Radio Program for Elderly Hmongs
30-Minute Project/Research Poster Session
Song E. Lee, California State University, Fresno, CA, Soua Xiong
This is a qualitative research investigating the effectiveness of a psychoeducational radio program for non-English speaking elderly Hmongs ages 50 and above. The elderly Hmongs are refugees with limited education. The study also evaluates needs and issues of the elderly Hmongs. Participants will gain insights into the issues, struggles, and needs of this elderly population. Suggestions on future radio programs, educational sessions, and mental health services will be provided based on research findings.

11:00 am – 11:30 am
Program ID # 140, Convention Center, Exhibit Hall, Booth PS16
The Impact of Skills-based Training of Counselor Locus of Control and Emotional Intelligence
30-Minute Project/Research Poster Session, Advanced
Marlowe Smaby, University of Nevada, Reno, NV, Becky Rudd, Elizabeth Liles, Colin Hodges
This research program will present data (self and expert ratings) on counseling skills during pre-post video recorded tests of 40 counselors-in-training who completed Skilled Counselor Training Model and 20 counselors-in-training who were members of a control group. This research will also compare the SCTM and control trainees’ performances with regard to scores on the Rotter Locus of Control Scale and Schuttle Emotional Intelligence Scale. Attendees will benefit by becoming aware of the impact of skills training.

11:00 am – 11:30 am
Program ID # 141, Convention Center, Exhibit Hall, Booth PS17
Using Technology to Build Counseling Skills
30-Minute Project/Research Poster Session, Advanced
Deborah Barlieb, Kutztown University, Kutztown, PA, Brian Wlazelek
Presenters give an overview of a technology project that forged a partnership between counseling and technology with the ultimate goal of improving counseling skills. A DVD was produced containing 4 consecutive counseling sessions along with worksheets/study guides to prompt observers. Presenters will air portions of the DVD to demonstrate the process and content of the project and suggest how the audience can make meaningful productions for use in the counseling classroom or field.
Racial Identity: A Predictor of Psychological Well-being among South African College Students of Color
30-Minute Project/Research Poster Session
Yegan Pillay, Ohio University, Athens, OH
Despite more than a decade of democracy in South Africa, race is a significant factor that influences social intercourse. Additionally, the residual effects of institutional segregation, continues to shape the mental health of the populace. The researcher tested the hypothesis that racial identity would predict the psychological well-being of South African students of color. Attendees will be informed of the findings of this seminal study and the implications for counselors and psychotherapy will be presented.

A Review of Play Therapy in Chronic Pain Patients
30-Minute Project/Research Poster Session
Rebekah Ruth Pender, St. Mary’s University, San Antonio, TX, Cindy Trevino
While most chronic pain programs utilize music and art therapy, play therapy with chronic pain patients has been overlooked. Presenters will discuss play therapy and chronic pain during the session and will provide case examples for reference. During this time presenters will also address the multicultural aspects of both play therapy and chronic pain issues faced by therapists and clients. The presenters will provide handouts including a PowerPoint® presentation and a list of resources.

Effective Coping Methods for Children and Adults Dealing with Grief and Bereavement
30-Minute Project/Research Poster Session
Candice Nichole Slate, Clemson University, Clemson, SC, Audrey Fidler, Laurie Calvert
This poster will provide counselors with knowledge on grief and how it is expressed and presented in individuals throughout the life-span. Skills and practices aimed toward effective and healthy grief and bereavement coping methods for children through late adulthood will be the main focal point. This topic will benefit all counselors, especially those in mental health, school and healthcare related occupations.
New research on school counselors’ LGBT intervention skills and advocacy is presented along with specific evidence-based strategies to help school counselors increase culturally competent interventions with LGBT students and allies that move beyond talk to action including systemic change. Pre-service and post-service interventions related to sexual orientation and gender identity/expression are included as well as resources and a bibliography.

11:00 am – 12:00 pm
Presidential Featured Session
Multicultural Counseling Academy
Program ID # 149, Convention Center, Room 217 A

Reflections on Access, Equity, and Social Justice: A Conversation with Adolfo Bermeo
60-Minute Program
Courtland C. Lee, University of Maryland, College Park, MD
This session is an opportunity to meet and interact with Keynote Speaker Adolfo Bermeo. Please come and ask questions and dialogue further with this dynamic speaker. The session is sponsored by the American Counseling Association Foundation and contributions will be accepted to advance the work of the Foundation and the counseling profession.

11:00 am – 12:00 pm
Presidential Featured Session
Program ID # 150, Convention Center, Room 217 BC

20/20: A Vision for the Future of Counseling – A Roadmap for the Profession
60-Minute Program
Samuel T. Gladding, Wake Forest University, Winston-Salem, NC, David Kaplan
The delegates to 20/20: A Vision for the Future of Counseling, a multi-year initiative involving thirty professional counseling entities, have released Principles for Unifying and Strengthening the Profession, which plots a future course for the profession of counseling. The 20/20 Facilitator and Administrative Coordinator will highlight the implications of the statement for ACA, its members, and the counseling profession.

11:00 am – 12:00 pm
For Graduate Students and New Professionals Only
Program ID # 151, Convention Center, Room 213 A

Finding a Meaningful Life After Graduate School
60-Minute Program
Gerald Corey, California State University, Fullerton, CA
Dr. Gerald Corey will share his thoughts and personal perspective with graduate students and new professionals about finding a meaningful professional life after graduation. Questions from the audience will be invited.
collaborations will be discussed as potential opportunities to provide quality services, such as professional development opportunities. A model of such collaboration will be presented. Survey results regarding preferred services at the state level will be shared.

11:00 am – 12:00 pm
Military Counseling Academy
Couples and Family Counseling Academy
Room 208 A
Exploring Intimate Partner Communication Patterns in Post-deployment Military Couples: Implications for Counselors
60-Minute Program
Brenda Hall, North Dakota State University, Fargo, ND, Jessica Brown
More than ever, military families represent an important culture in our communities and are in need of help and support from professional counselors. This session explores the experiences of military personnel and their intimate partners. A major focus is data from research exploring the communication patterns in the re-integration period during which the partners are reunited after military deployment. A central concept of the research study is the demand-withdraw pattern of communication.

11:00 am – 12:00 pm
Human Development Across the Lifespan Academy
Mental Health/Private Practice Academy
Program ID # 156, Convention Center, Room 208 B
Guided Autobiography as a Therapeutic Tool in Gerontological Counseling
60-Minute Program, Advanced
Kathryn Z. Douthit, University of Rochester, Rochester, NY
Guided autobiography is a structured form of reminiscence that can provide a therapeutic environment for elders to resolve psychologically challenging developmental issues. This presentation outlines the structural elements of a guided autobiography program, briefly reviews research supporting this approach to elder intervention, and discusses implementation of a guided autobiography group process. The session will conclude with participants engaging in a short exercise in which they are able to experience participation in autobiographical reminiscence.

11:00 am – 12:00 pm
AADA Sponsored Session
Counselor Education and Supervision Academy
Human Development Across the Lifespan Academy
Multicultural Counseling Academy
Program ID # 157, Convention Center, Room 207 A
The Process of Mentoring Women in Counselor Education: A Developmental Approach
60-Minute Program
Jane E. Rheineck, Northern Illinois University, DeKalb, IL, Catherine Roland, Gloria Pierce
This workshop focuses on the developmental mentoring process of women counselor educators. Personal, practical and political aspects of mentoring, integral in educating students and emerging faculty, will be examined. Stages of development for new, mid-career, and established faculty are discussed. Mentoring will be viewed conceptually, experientially, and through a relational framework of career stage development. Mentoring after tenure, camaraderie between colleagues, and perceptions of support of both tenured and untenured women academics will be included.
Empathy Fatigue: Dealing Effectively with the Stress and Grief Reactions of Extraordinary Stressful and Traumatic Events
60-Minute Program, Advanced
Mark A. Stebnicki, East Carolina University, Greenville, NC
Empathy fatigue results from a state of emotional, social, physical, spiritual, and occupational exhaustion that occurs as the professional helpers' personal issues are continually revisited by their client/consumer's life stories of chronic illness, disability, trauma, grief, loss, and addictions. Counselor impairment and fatigue syndromes have been widely recognized in the helping professions and by professional counseling associations. Consequently, impaired or fatigued pre-professionals may have difficulty practicing as competent and ethical practitioners.

Working with Gang Members: Addressing the Community within Our Schools
60-Minute Program
Kara P. Ieva, University of Central Florida, Orlando, FL, Wanda Wade
School counselors follow school system policies and counseling ethical standards. Working with the large number of students who have identified themselves as “gang members,” school counselors are in a unique position to help students achieve their academic potential while facing serious counseling ethical situations. This presentation will introduce counselors to gang characteristics and growth in the school community, review counseling strategies, and discuss potential ethical dilemmas and solutions addressed by school counselors.

The Flip Side of PTSD
60-Minute Program
Nancy Shrope, DoD U.S. Air Force, Ellsworth AFB, SD
Throughout history, military personnel have dealt with the residual effects of exposure to combat. Recently, attention has been given to our returning service members, particularly as it relates to PTSD. This session is designed to explore how some Veterans have managed to cope with their own experience and how counselors can be of service. Aspects of the USAF Pre-Deployment/Reintegration program will be included.
Early Transitions for Vulnerable Children: Helping Elementary Students and Families C.O.P.E.
60-Minute Program, Advanced
Patrick Akos, University of North Carolina, Chapel Hill, NC, Kelsey Augst
This presentation highlights the challenges that students from diverse racial and socioeconomic backgrounds encounter during early transitions and the advocacy and supports that school counselors can provide to students and families. Utilizing a C.O.P.E. framework (collaboration, outreach, promotion, and evaluation), Closing the Gap action plans are provided to address the transitions into kindergarten, from second to third grade, and into middle school for vulnerable students and families.

11:00 am – 12:00 pm
NCCA Sponsored Session
Counselor Education and Supervision Academy
Program ID # 169, Convention Center, Room 207 BC
Competency-based Supervision: How to Maximize the Experience for Both Supervisor and Supervisee
60-Minute Program
Judy Esposito, Elon University, Elon, NC
This presentation will provide participants with helpful information about preparing for and beginning the supervisory relationship, activities during the supervision sessions, documentation, and evaluation in supervision. Some of the major theories and models of supervision will also be discussed, including the Discrimination Model, issues of power and control in supervision, and parallel process. Participants will have the opportunity to practice giving evaluative feedback and discuss the benefits and detriments of certain evaluative methods.

11:00 am – 12:00 pm
Counselor Education and Supervision Academy
Program ID # 170, Convention Center, Room 216 AB
What Lessons Can Counselors Learn from Philosophy?
60-Minute Program, Advanced
Louis Jocelyn Gregoire, Duquesne University, Pittsburgh, PA, Christin Jungers
Most counselors have been introduced to a multiplicity of counseling theories, from psychoanalysis to the latest counseling approaches, and each of them has enriched the counseling field with a plethora of constructs and techniques. However, these constructs seem to have concealed the philosophical ground in which clients’ experience is rooted. Hence, this presentation seeks to challenge counselors to dig deeper through these constructs to unearth the philosophical phenomena that accurately describe clients’ experiences.

11:00 am – 12:00 pm
College Counseling Academy
Program ID # 171, Convention Center, Room 214
The Changing Face of College Counseling: How Personality Disorders Factor into the Safety, Treatment, and Success of Students
60-Minute Program, Advanced
Morgan C. Brooks, Niagara University, Niagara University, NY, Monica Romeo
This presentation will focus on the prevalence of personality disorders, traits and features in the college population. The presenters will discuss implications of their findings as they pertain to specific demographic criteria. Attendees will gain knowledge regarding treatment strategies for working with personality disorders. Presenters will highlight the importance of adequately addressing and treating personality disorders to promote overall student safety and success.

12:00 pm – 2:00 pm
ACA First Timers Orientation and Luncheon
Westin - Grand Ballroom D
Meet others who are attending for the first time and mingle with experienced ACA attendees and leaders who will guide you through the conference and help to ensure that you get the most value out of this and future ACA conferences. Tickets are $40 per person.

Division & Affiliates Ancillary Events

12:00 pm – 2:00 pm
ASERVIC Luncheon
Westin - Independence

12:00 pm – 2:00 pm
ASGW Luncheon
Westin - Tryon North & South

12:00 pm – 2:00 pm
IAMFC Luncheon
Westin - Sharon

12:00 pm – 2:00 pm
NCCA 50th Anniversary Annual Awards and Membership Luncheon
Westin - Grand Ballroom C

12:30 pm – 2:30 pm
AMCD Ethnic Concerns Vice-President’s Meeting
Westin - College

1:00 pm – 2:00 pm
ACCA Forum on College Counseling
Westin - Trade
**ACA Ancillary Events**

1:00 pm – 3:00 pm  
ACA Publications Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Professional Standards Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Public Policy and Legislation Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Awards Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Interprofessional Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Public Awareness and Support Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Nominations and Election Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Human Rights Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Branch Development Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Bylaws and Policy Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Graduate Student Committee Meeting  
Westin - Grand Ballroom A & B

1:00 pm – 3:00 pm  
ACA Research and Knowledge Committee Meeting  
Westin - Grand Ballroom A & B

**Division & Affiliates Ancillary Events**

1:30 pm – 3:00 pm  
Chi Sigma Iota Chapter Faculty Advisors  
Westin - Providence I

1:30 pm – 3:00 pm  
Chi Sigma Iota Chapter Leaders  
Westin - Providence III

1:30 pm – 3:00 pm  
Chi Sigma Iota Fellows Planning  
Westin - Park

2:00 pm – 3:00 pm  
AADA State Branch and Presidents Meeting  
Westin - Davidson

2:00 pm – 3:00 pm  
ASERVIC Graduate Student Meeting  
Westin - Queen

**Education Sessions**

2:00 pm – 2:30 pm  
CSI Sponsored Session  
Program ID # 173, Convention Center, Exhibit Hall, Booth PS1  
Developing a Wellness Lifestyle in Counselor Preparation  
30-Minute Project/Research Poster Session  
Holly Seirup, Hofstra University, Hempstead, NY, Steven Crosley, Ryan Duck, Harleigh Gastman, Kerry Malone  
A lifestyle of wellness needs to be encouraged for all counselors beginning with students in their counselor education programs. The Lambda Nu chapter of Chi Sigma Iota has launched a new wellness initiative for students in the counseling programs at Hofstra University. A wellness survey was conducted, followed by three wellness programs being presented. The goal of the program is to expose students to wellness concepts and strategies that they will carry into the future practice.

2:00 pm – 2:30 pm  
NCDA Sponsored Session  
Program ID # 174, Convention Center, Exhibit Hall, Booth PS2  
Focus on Freshmen  
30-Minute Project/Research Poster Session, Advanced  
Rebecca M. Dedmond, The George Washington University, Alexandria, VA  
Using Course Standards for Freshman (8th-9th grade) Transition, reduce your dropout rates, and help chart all your students on a course that takes them through adolescence and beyond high school. Leave with the steps to implement a school-wide, comprehensive guidance plan that helps all students chart and implement their personalized, online ten year educational and career plan.
2:00 pm – 2:30 pm

AACE Sponsored Session
Program ID # 175, Convention Center, Exhibit Hall, Booth PS3

How to Better Conceptualize Assessment and Treatment of Minority Clients
30-Minute Project/Research Poster Session, Advanced
Savita Abrahams, Argosy University Dallas, Dallas, TX

An alternative approach to client conceptualization will be discussed. The presentation's focus is on how counselors can use this approach in assessment and treatment of their clients. While the emphasis of this presentation is on minority clients, this approach can be used with all clients to increase understanding (counselor's and client's) and get a more complete picture of the client. Handouts with references will be provided.

2:00 pm – 2:30 pm

NCCA Sponsored Session
Program ID # 167, Convention Center, Exhibit Hall, Booth PS4

The NCC: What It Is; What It Isn't; and Getting It
30-Minute Project/Research Poster Session, Advanced
Joseph C. Ciechalski, East Carolina University, Greenville, NC, Joseph Glass

The purpose of this poster session is to explain the requirements for obtaining the National Certified Counselor (NCC) credential. In addition, National Counselor Examination (NCE) resources will be presented and handouts and brochures will be provided to assist counselors in passing the NCE. Audience interaction is encouraged.

2:00 pm – 2:30 pm

NECA Sponsored Session
Program ID # 177, Convention Center, Exhibit Hall, Booth PS5

Advocate for Various Populations with Advanced Training Certifications That Can Make a Difference
30-Minute Project/Research Poster Session, Advanced
Kay T. Brawley, National Employment Counseling Association, Carolyn Kalll, Sue E. Pressman


2:00 pm – 2:30 pm

CSI Grant Award Winner
Program ID # 178, Convention Center, Exhibit Hall, Booth PS6

Leading by Example: The Effects of a Student-to-Student Mentoring Program in Counselor Education
30-Minute Project/Research Poster Session
Eric S. Davis, University of Florida, Gainesville, FL, Eric S. Thompson, Isabel Thompson, Andrew Hurley

Mentorship can influence counselors-in-training development of counseling, scholarship, professionalism, and leadership skills. Student-to-student mentoring programs can provide a clearer sense of identity and pride in the counseling profession. This research study focuses on the effectiveness of a student-to-student mentoring program implemented in a graduate level counseling and counselor education program.

2:00 pm – 2:30 pm

IAMFC Sponsored Session
Program ID # 179, Convention Center, Exhibit Hall, Booth PS7

Using the Holt Relationship Intimacy Questionnaire (HRIQ): What Intimacy Means to You and Your Partner
30-Minute Project/Research Poster Session
Brandie' N. Flamez, Texas A&M University, Corpus Christi, TX, James M. Devlin, Mary Lou Holt, Daniel Eckstein, Jill Duba

Perception of relationship intimacy represents a salient component of the ability for individuals to form long lasting and satisfying relationships. Previous research examining the association between intimacy and relationship satisfaction has found that there is a strong correlation shared between the two constructs. Included in the presentation is an overview to the importance of intimacy in relationships, and the presenters will introduce the Holt Relationship Intimacy Questionnaire (HRIQ) as a way of accessing what intimacy means to each partner.

2:00 pm – 2:30 pm

Program ID # 181, Convention Center, Exhibit Hall, Booth PS9

A New Look at an Old Problem: The Achievement Gap, Cultural Discontinuity, and School Counselors’ Partnership with Teachers
30-Minute Project/Research Poster Session
Blaire E. Cholewa, University of Florida, Gainesville, FL, Cirecie A. West-Olatunji

Given the persistent achievement gap between low income, culturally diverse students and their White, middle and upper class counterparts, it is imperative that school counselors engage in dialogue concerning new ways to work toward closing the gap. Presenters will share multicultural education research regarding the cultural discontinuity in education, highlight its relevance to school counselors using case examples, and discuss concrete ways school counselors can work with teachers to create more culturally responsive classrooms.

2:00 pm – 2:30 pm

Program ID # 182, Convention Center, Exhibit Hall, Booth PS10

Transgender Experience during Adolescence: Retrospective Survey Research for School Counselors
30-Minute Project/Research Poster Session
Laura C. Strom, Masonic Outreach Services, Union City, CA, Graciela Orozco, Markus Bidell

Transgendered youth face extraordinary psychosocial issues and are at considerable risk for depression, anxiety, suicide, and
violence. This session presents the results of a survey of 33 transgendered individuals in the San Francisco Bay Area. The purpose of the study was to retrospectively examine the experiences of transgendered adults in order to learn more about the issues they face during adolescence. Recommendations for school counselors are made by the researchers based on the findings.

2:00 pm – 2:30 pm
Program ID # 183, Convention Center, Exhibit Hall, Booth PS11
Ethnic Identity Labels: Using Worldview and Cultural Identity to Understand Client Identity
30-Minute Project/Research Poster Session
Carlos P Hipolito-Delgado, University of Colorado, Denver, CO, Farah A. Ibrahim

U.S. society has used ethnic identity labels to categorize people of various ethnic and racial backgrounds for centuries. Also, government and institutionally adopted ethnic labels are often generic, not developed by the communities they claim to represent. Contrarily, people adopt ethnic identity labels that reflect their cultural heritage. This presentation demonstrates differences in ethnic identity labels for the Latina/o community and how to map cultural identity and worldview information to understand the client’s identity.

2:00 pm – 2:30 pm
Program ID # 184, Convention Center, Exhibit Hall, Booth PS12
Ethics for Religious Leaders Who Counsel
30-Minute Project/Research Poster Session
Robert Brammer, Central Washington University, Ellensburg, WA

In order to establish basic ethical guidelines for religious leaders who counsel, this poster outlines the history of psychological ethics, culminating with Karen Kirkchen's five ethical principles. These guidelines are then used to establish seven standards for religious leaders: professional practices, confidentiality/privacy, client relationships, assessment/diagnosis/professional responsibility, supervisee/student/employee relationships, representation/advertising, and resolving ethical issues.

2:00 pm – 2:30 pm
Program ID # 185, Convention Center, Exhibit Hall, Booth PS13
Attributions about Sexual Orientation and Personality Using Brief Video Clips
30-Minute Project/Research Poster Session, Advanced
Carol Doyle, Lewis & Clark College, Portland, OR

This study used videoclips of people in multiple categories of gender presentation to explore assumptions about sexual orientation and personality characteristics (e.g., friendly, intelligent, etc). A 10-second videoclip was posted to a secure research website and participants from a national sample recruited from postcard mailings viewed each clip and guessed the sex, ethnicity, age, masculinity, femininity, and sexual orientation of the target, as well as rating the individual on a variety of attributes.

2:00 pm – 2:30 pm
Program ID # 186, Convention Center, Exhibit Hall, Booth PS14
Considering Faculty, Peer, and Self-impairment by Counselors-in-training
30-Minute Project/Research Poster Session
Jamie Carney, Auburn University, Auburn, AL, Debra Cobia, Amanda Thomas, Stacey Jackson, Cynthia Vasilas

This session includes a discussion of research on impairment within Counselor Education. This includes the presentation of results of an exploratory study on counselors’-in-training perceptions of impairment among peers, faculty and self. In addition, there will be a consideration of these findings in relation to programs, training and professional standards. Handouts will include resources related to these issues for Counselor Educators, counselors-in-training and other counseling professionals.

2:00 pm – 2:30 pm
Program ID # 188, Convention Center, Exhibit Hall, Booth PS16
Reducing Juvenile Delinquency through the Development and Implementation of a Rural-based Youth Court Mentoring Program
30-Minute Project/Research Poster Session
Hannah L. Young, Alfred University, Alfred, NY, Cris Lauback, Robert K. Bitting

This study examined the effectiveness of a collaborative mentoring project between a counselor training program and Youth Court. Twenty-four mentees were matched with eight graduate mentors. The mentors met weekly with the mentees and attended supervision meetings with faculty supervisors. School data, parent ratings, and self-ratings were collected to evaluate the program. Results suggest that this model is an effective way to reduce juvenile delinquency. Implications, preventative aspects, and future directions are discussed.

2:00 pm – 2:30 pm
Program ID # 189, Convention Center, Exhibit Hall, Booth PS17
School Counselors with/without Teaching Experience and Their Perceived Effectiveness
30-Minute Project/Research Poster Session, Advanced
Kumlan Yu, Catholic University of Korea, Seoul, Korea, Yvonne Quintanilla

Through didactic and experiential approaches, this program will examine (1) the relationship between professional counselors’ perceived effectiveness and prior teaching experience, (2) the role of professional identity in this relationship, and (3) implications for counselor educators and school counselors. The results from a national survey of professional school counselors will be also discussed. Following the formal presentation, the presenters will facilitate an open forum addressing professional school counselors’ effectiveness and its implications for counseling professionals.
2:00 pm – 2:30 pm
Program ID # 190, Convention Center, Exhibit Hall, Booth PS18
Responding to Socioeconomic Class in Counseling: Interventions and Advocacy
30-Minute Project/Research Poster Session
Christopher Lucey, California State University, Fresno, CA, Renee Staton, William J. Evans
Socioeconomic class is undoubtedly a critical variable in counseling. However, classism is gaining the dubious distinction of being one of the last protected isms. How does socioeconomic class, specifically lower socioeconomic class, influence our clients, ourselves, and our therapeutic relationships? How can we respond effectively to those cross-cultural counseling situations in which class is a predominant consideration? This session is designed to answer these questions in an interactive and dynamic format.

2:00 pm – 2:30 pm
Program ID # 191, Convention Center, Exhibit Hall, Booth PS19
Power of Knowledge: Educating a Community on the Effects of Emotional Abuse
30-Minute Project/Research Poster Session
Millicent Parker, Mercer University, Atlanta, GA, Diane M. Clark
What role does culture play in defining emotional abuse? Different cultures use different criteria to understand emotional abuse. The term “emotional abuse” has had less exposure in the African American community, which creates greater risk for African American women. This session will address how different cultures interpret emotional abuse and offer culturally sensitive treatment modalities.

2:00 pm – 2:30 pm
Program ID # 192, Convention Center, Exhibit Hall, Booth PS20
Career Counseling Considerations for Women with Physical Disabilities
30-Minute Project/Research Poster Session
Dawn D. Setzer, UNC Charlotte, Charlotte, NC
This program will be most helpful to career counselors and community counselors who serve women with physical disabilities. The audience will learn about the major psychosocial issues faced by women with disabilities and how such issues interact with employment opportunities. Further, attendees will learn that group interventions represent an effective approach to assisting women with disabilities in career development.

2:00 pm – 2:30 pm
Program ID # 194, Convention Center, Exhibit Hall, Booth PS22
Efficacy of Narrative Therapy in a Group Career Counseling Course: The First Year College Experience
30-Minute Project/Research Poster Session, Advanced
Melissa Rhea, California State University, Fresno, CA
The use of narrative therapy has shown to be effective for culturally diverse college students. A career counseling and development course was implemented in a group counseling setting based upon the narrative therapeutic framework. As a result of this intervention, students developed new knowledge, attitudes and awareness, and skills for college success and career choice.

2:00 pm – 2:30 pm
Program ID # 195, Convention Center, Exhibit Hall, Booth PS23
Counselor Trainee Perceived Supervisory Effectiveness: An Investigation of Trainee Cognitive Style and Supervisory Style
30-Minute Project/Research Poster Session, Advanced
Melinda Heher, Duquesne University, Pittsburgh, PA
Research in counseling and supervision has traditionally recognized diversity in terms of race, ethnicity, age, gender and sexual orientation. There is relatively little research investigating cognitive diversity within the supervision environment. This presentation describes research conducted on interpersonal style variables that emerge during the process of clinical supervision and their impact on supervision effectiveness.

2:00 pm – 2:30 pm
Program ID # 196, Convention Center, Exhibit Hall, Booth PS24
Effect of a Counselor Intern Implemented Test Anxiety Intervention on Posttraumatic Stress in Urban Charter School Students
30-Minute Project/Research Poster Session, Advanced
Dawn M. Romano, University of New Orleans, New Orleans, LA
This presentation will present the findings of a study designed to show that a group administered test anxiety intervention, implemented by counselor interns, can be used effectively in an urban charter school based setting following a disaster. Additionally, this presentation will explore the possibility that test anxiety interventions may serve to reduce other anxiety problems such as post traumatic stress, and will illustrate a number of empirical and theoretical reasons for this possibility.

2:00 pm – 3:00 pm
ALGBTIC Day of Learning
LGBT Academy
Human Development Across the Lifespan Academy
Program ID # SE2-C, Convention Center, Room 212 AB
Transgender Identity Migration across the Lifespan: Coming into Our Own as Women, Men, Sisters, Brothers, and Lovers
60-Minute Program, Advanced
Stacee Reicherzer, Walden University, Baltimore, MD, Jason Patton
Transgender counselors present a strengths-based model for understanding the role of relationships with transgender mentors, romantic partners, and the dominant culture as these serve to inform transgender identities in shifting and changing across the lifespan. Emphasis will be placed in supporting the lifelong evolution of identity markers that transgenders use, and in unlearning polarized paradigms about sex and gender that inhibit counselors from being fully present with transgender identity migration.
2:00 pm – 3:30 pm  
CSJ Day of Action  
Child and Adolescent Counseling Academy  
Program ID # SE1-C, Convention Center, Room 210 AB  
Advocacy Counseling for Children in Crisis: Perspectives from the Field  
90-Minute Program  
Eric Green, The Chicago School, Chicago, IL, Jennifer Baggerly, Vivian McCollum, Barbara Herlihy, Hugh C. Crethar  
Participants will engage in a straightforward discourse on the current geo and sociopolitical trends adversely affecting children. Advocacy counseling, or providing a voice for children while modeling self-empowerment, is a vital paradigm for mental health practitioners working with culturally-diverse, underserved, and disenfranchised children in crisis situations. The presenters will provide insights from their recent field work with advocacy counseling for children in crisis, including (1) homeless children, (2) children displaced by natural disasters, and (3) children affected by maltreatment.

2:00 pm – 3:30 pm  
Hans Z. Hoxter Forum  
Presidential Featured Session  
Program ID # 197, Convention Center, Room 217 A  
Hans Z. Hoxter Forum: Bastions and Rubble Walls: Counseling Ethics in a Context of Limited Space  
90-Minute Program  
Dione Mifsud, University of Malta, Msida MSD, Malta  
Maltese counselors, living on a small archipelago of islands in the middle of the Mediterranean Sea, struggle with classic issues of counseling ethics, including the management of multiple enmeshed roles and relationships. This paper, the result of a narrative inquiry carried out over the past three years, tells the story of the experiences of Maltese counselors and asks whether some specific ethical expectations are transferrable in contexts of limited space.

2:00 pm – 3:30 pm  
Group Work Academy  
Program ID # 199, Convention Center, Room 213 A  
Practical Skills and Usable Techniques: Reality Therapy Applied to a Live Group Session. How to Use the WDEP System  
90-Minute Program, Advanced  
Robert E. Wubbolding, Center for Reality Therapy, Cincinnati, OH  
“Take home” techniques and advanced skills highlight this presentation. A group counseling demonstration of research-based skills will illustrate the advanced use of the WDEP system (wants, doing, self-evaluation, planning) of reality therapy. Culture-centered “tonics” and “toxins” will be discussed along with five basic human motivators as well as the uniqueness of clients’ worldviews as circumscribed by cultural experiences. Participants will learn to infuse multicultural competencies into group counseling using reality therapy.

2:00 pm – 3:30 pm  
Mental Health/Private Practice Academy  
Program ID # 201, Convention Center, Room 203 A  
Universal Mental Health Screening: Confessions of a Dangerous Mind  
90-Minute Program, Advanced  
Thomas Garcia, University of South Florida, Tampa, FL  
This seminar will explore current issues specific to government protocols mandating the screening “all citizens from birth to death” and the adverse biases specific to the economically disadvantaged. This program also will address the
healthcare industry's adherence to the medical model and the latter's influence on diagnosing pathology. Also discussed are concerns about government intrusion, individual autonomy, parental authority, privacy, individual differences specific to gender, race, ethnicity, and socio-economic status regarding specific mental health diagnoses.

2:00 pm – 3:30 pm
**Human Development Across the Lifespan Academy**
Program ID # 202, Convention Center, Room 203 B
**Challenges of Caring for Older Adults: Solutions from an Adlerian Approach**
90-Minute Program
Radha Janis Horton-Parker, Old Dominion University, Norfolk, VA, Charles Fawcett
Caring for an older adult can be demanding, regardless of the setting. As elders age, their sense of belonging can be compromised, resulting in behaviors that are taxing for their adult children or caregivers. Based on the work of numerous Adlerian psychotherapists, the presenters offer strategies for working with this growing population. Via lecture, video vignettes, and experiential learning, participants will learn techniques for understanding and assisting the older adult population.

2:00 pm – 3:30 pm
**NCCA Sponsored Session**
**Mental Health/Private Practice Academy**
Program ID # 203, Convention Center, Room 208 A
**Incorporating Play Therapy in the Treatment of Dissociative Identity Disorder: Addressing the Needs of the Child Within**
90-Minute Program, Advanced
Caswell Martin, Gardner-Webb University, Boiling Springs, NC
This presentation will address the challenges faced by counselors in identifying and working with clients with Dissociative Identity Disorder. A play therapy approach to working with the child alters of adult clients will be introduced and explored through case presentation and discussion.

2:00 pm – 3:30 pm
**Addictions Academy**
Program ID # 204, Convention Center, Room 208 B
**Methamphetamines in Rural America: History, Treatment, and Cultural Considerations**
90-Minute Program, Advanced
Yolanda Evie Garcia, Northern Arizona University, Flagstaff, AZ, Glenn Cummings, Charles Hursh, Sherry Craft
Methamphetamine use patterns of individuals of different cultural backgrounds from rural communities are presented. Treatment approaches to methamphetamine abuse are reviewed, including cognitive behavior therapy, contingency management, Matrix Model and pharmacological treatments. A case study presentation of an individual residing in a rural, Native American community in the Southwestern U.S. and presenting with an extensive history of meth abuse will provide participants an opportunity to dialogue regarding cultural, community and individual factors impacting treatment.

2:00 pm – 3:30 pm
**NECA Sponsored Session**
**Career Development/Employment Counseling Academy**
Program ID # 205, Convention Center, Room 207 A
**Everyday Social Justice: Applying Advocacy Competencies to Career and Employment Counseling Practice, Training, and Policy**
90-Minute Program, Advanced
Robert C. Chope, San Francisco State University, San Francisco, CA, Laura Alarcon, Rebecca L. Toporek, Felicia Tripp, Robin Gluck
This program will integrate the ACA Advocacy Competencies with the Multicultural Career and Employment Counseling Competencies using cases to illustrate the application of advocacy. Career and employment counselors are in an ideal position to provide social justice advocacy at individual, community and policy levels. This workshop will illustrate the ACA Advocacy Competencies using cases and activities to enhance counselors' community engagement and advocacy skills. A web-based tool for enhancing these skills will be introduced.

2:00 pm – 3:30 pm
**Group Work Academy**
**School Counseling Academy**
Program ID # 206, Convention Center, Room 207 D
**Academic and Personal/Social Development through Group Work: A Model for Professional School Counselors**
90-Minute Program, Advanced
Sam Steen, George Washington University, Washington, DC
This session illustrates in depth a group counseling model for professional school counselors that promotes academic and personal/social development for children and adolescents. An emphasis on pre-assessment data supplementing group interactions and processing techniques, confidentiality, and cross cultural considerations are explored. Video clips are viewed and copies of the model will be provided.

2:00 pm – 3:30 pm
**ACA Author Session**
Program ID # 207, Convention Center, Room 213 BC
**Client Feedback Tools: A Fast Track to Better Outcomes in Counseling with Young People, Families, and Schools**
90-Minute Program
John J. Murphy, University of Central Arkansas, Conway, AR
The systematic use of client feedback dramatically improves counseling outcomes. Participants will learn: (1) How to use two quick, valid tools for obtaining feedback on the outcome and fit of counseling services; (2) How to adjust services based on client feedback; and (3) How to put clients first throughout the counseling process. This session, based on strategies in the presenter's new book, Solution-Focused Counseling in Schools, Second Edition, will include a live demonstration with participants, case examples, and practice exercises.
SATURDAY | March 21

2:00 pm – 3:30 pm
Counseling Ethics and Legal Issues Academy
Program ID # 208, Convention Center, Room 217 D
Ethics in Counseling Management: Building Positive Organizations by Promoting Ethical Practice
90-Minute Program, Advanced
Richard F. Ponton, Ocean Township Department of Human Services, Oakhurst, NJ
Designed for counselors in management and middle-management positions in agencies, schools, and the academy, this interactive workshop provides skills and strategies for effective and ethical leadership. Building on ACA's Ethics Code and positive psychology literature, the workshop invites participation through the discussion of case examples and conceptualizes the reciprocal relationship between the promotion of ethical behavior in an organization and the effectiveness of that organization in its mission and its employee relations.

2:00 pm – 3:30 pm
Multicultural Counseling Academy
Program ID # 211, Convention Center, Room 219 AB
To Broach or to Breach? That is the Question: Addressing Race, Ethnicity, and Culture in a Counseling Context
90-Minute Program, Advanced
Norma L. Day Vines, Virginia Tech, Falls Church, VA
An emerging body of research seems to suggest that the counselor's consideration of racial and cultural factors in the lives and experiences of clients enhances counselor credibility, the depth of client disclosure, a willingness to return for follow-up sessions, and counseling outcomes. This multimedia presentation provides a detailed set of strategies that counselors can use to broach racial and cultural factors with their clients during treatment.

2:00 pm – 3:30 pm
School Counseling Academy
Multicultural Counseling Academy
Program ID # 212, Convention Center, Room 209 AB
Essential Awareness and Knowledge for School Counselors Providing Diversity-competent Parent Education to Latino Families
90-Minute Program, Advanced
Carmen Salazar, Texas A&M University, Commerce, TX, E Fernando Fuentes, Jr.
Parenting differences exist across cultures that impact school counselors' ability to consult effectively with parents. This presentation will explore the differences in parenting practices for Latinos. School counselors must be prepared to serve this population with an understanding of cultural values, worldview, and differences in family life cycle for Latino families. Diversity-competent parent education and consultation strategies and resources will be explored through lecture, discussion, case study review, and experiential exercises.

2:00 pm – 3:30 pm
College Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 213, Convention Center, Room 218 AB
College Students with Disabilities: Considerations and Sensitivity Activities for Higher Ed. Counselors and Administrators
90-Minute Program
Vickie Ann McCoy, West Chester University of PA, West Chester, PA, Lynn Zubernis, Matt Snyder
This presentation will use PowerPoint® slides, case examples, sensitivity exercises, and information packets to assist attendees in developing a competency for working with college students with disabilities. Participants will learn the basic tenets of civil rights legislation for persons with disabilities, appropriate language to use when discussing persons with disabilities, two models of viewing disability, developmental issues germane to college students with disabilities, and counseling considerations for this population.

2:00 pm – 3:30 pm
Couples and Family Counseling Academy
Program ID # 214, Convention Center, Room 201 AB
Your Brain and Sex: Understanding the Brain’s Function in Sexuality and Implications for Human Sexuality and Relationships
90-Minute Program
Andrew P Daire, University of Central Florida, Orlando, FL
Are we recycling the same message on abstinence, relationship fidelity, and intimacy? Are we taking into consideration the power of biology? This presentation will present and discuss, in an easily understandable manner, four key neurochemicals in the brain and their role in desire, attraction, and sex. Additionally, participants will discuss how this information can augment and strengthen existing messages related to “infidelity proofing” a relationship and abstinence education in schools.

2:00 pm – 3:30 pm
Mental Health/Private Practice Academy
Program ID # 215, Convention Center, Room 202 AB
Everything Counselors and Supervisors Need to Know about Treating Trauma
90-Minute Program, Advanced
Lindsay Bicknell-Hentges, Chicago State University, Chicago, IL, John Lynch
Seasoned counselors with over 50 years of combined counseling and supervision experience in the treatment of trauma will integrate the complex trauma literature into a relatively simple counseling model. Using humor, video, experiential exercises, and riveting clinical examples, the presenters will demystify trauma and its treatment. Participants will learn how to enjoy and even thrive as counselors and supervisors of this challenging population.
2:00 pm – 3:30 pm  
**Multicultural Counseling Academy**  
**Couples and Family Counseling Academy**  
Program ID # 216, Convention Center, **Room 211 AB**  
**A Multicultural Framework for Sex Counseling: Exploring the Intersections of Race, Culture, Gender, and Eroticism**  
90-Minute Program, Advanced  
Victoria Ann Foster, College of William and Mary, Williamsburg, VA, Kathy M. Evans, Kathy Ybanez  
The presentation will combine videos and group discussion to (1) address the role of sexuality, race, culture, gender and eroticism as inherent components in the therapeutic process; (2) address the impact of advances in sexual physiology and pharmacology that impact perceptions and options for treatment; and (3) delineate a framework for sex counseling that addresses restrictive and constitutive dichotomies of race and ethnicity in our culture. A case study will illuminate application of the model.

2:00 pm – 3:30 pm  
**Counselor Education and Supervision Academy**  
Program ID # 217, Convention Center, **Room 207 BC**  
**Collaborative Action Research: Strengthening Counseling Practice and Counselor Education**  
90-Minute Program  
Lonnie Rowell, University of San Diego, San Diego, CA  
This session presents a successful model for counselors and universities to use in conducting field-based collaborative action research. The model has been in use in a counselor training program since 1999. The originator of the model will present the methodology along with five samples from the more than 35 projects that have been completed to date. Handouts will be included for this interactive session. Suitable for novice and advanced researchers, counselors, and graduate students.

2:00 pm – 3:30 pm  
Program ID # 218, Convention Center, **Room 216 AB**  
**Doing Solution-focused Counseling**  
90-Minute Program, Advanced  
Jeffrey T. Guterman, Barry University, Miami Shores, FL  
Solution-focused counseling is a strength-based and empowering model that emphasizes clients' existing resources and problem-solving skills to bring about brief and effective change. This presentation offers an opportunity to learn advanced and innovative techniques in solution-focused counseling. Group exercises are designed to help attendees apply and learn the material.

2:00 pm – 3:30 pm  
**Child and Adolescent Counseling Academy**  
Mental Health/Private Practice Academy  
Program ID # 219, Convention Center, **Room 214**  
**Depression in Youth: A Developmental Model for Recognition and Intervention**  
90-Minute Program, Advanced  
Misty M. Ginicola, Southern Connecticut State University, New Haven, CT  
Identification of depression in children and adolescents can be difficult since the disorder sometimes appears different than it does in adults. In addition to background research, this presentation will present the results of a research study using a developmental framework for describing youth depression. Together, this research indicates that children experience and express depression differently based on their developmental age. Participants will also learn developmentally-appropriate specific identification and intervention tools.

**Division & Affiliates Ancillary Events**

2:30 pm – 3:30 pm  
**IAMFC Business Meeting**  
Westin - Harris

2:30 pm – 3:30 pm  
**ACCA Emerging Leader Training**  
Westin - Trade

2:30 pm – 4:00 pm  
Westin - Morehead

3:00 pm – 4:00 pm  
**AADA Committee/Competencies Taskforce Meeting**  
Westin - Davidson

3:00 pm – 4:00 pm  
**ACES Ethics and Professional Standards**  
Westin - Grand Ballroom C

3:00 pm – 4:00 pm  
**ACES Membership Committee Meeting**  
Westin - Grand Ballroom C

3:00 pm – 4:00 pm  
**ACES Graduate Student Committee Meeting**  
Westin - Grand Ballroom C

3:00 pm – 4:00 pm  
**ACES Department Chairs Interest Network**  
Westin - Grand Ballroom C

3:00 pm – 4:00 pm  
**ACES Product Development Committee Meeting**  
Westin - Grand Ballroom C

3:00 pm – 4:00 pm  
**ACES Clinical Mental Health Interest Network**  
Westin - Grand Ballroom C
### 3:00 pm – 4:00 pm
**ACES Multicultural Counseling Interest Network**  
Westin - Grand Ballroom C

**ACES Clinical Director’s Interest Network**  
Westin - Grand Ballroom C

**ACES Supervision Interest Network**  
Westin - Grand Ballroom C

**AMCD Latino/Latina Concerns Meeting**  
Westin - Providence II

**AMCD Native American Concerns Meeting**  
Westin - Providence II

**AMCD African American Concerns Meeting**  
Westin - Providence II

**AMCD Asian American Pacific Islander Concerns Meeting**  
Westin - Providence II

**AMCD African American Concerns Meeting**  
Westin - Providence II

**NC Graduate Student Association**  
Westin - Grand Ballroom A

**NC Association of Professional Counselors in Schools in NC**  
Westin - Grand Ballroom A

**NC Association for Counselor Education and Supervision**  
Westin - Tryon North

**NC Career Development Association**  
Westin - Tryon South

**Chi Sigma Iota Business Meeting**  
Westin - Providence III

**ACES General Assembly**  
Westin - King

### Education Sessions

#### 3:00 pm – 3:30 pm
**CSI Sponsored Session**  
Program ID # 221, Convention Center, Exhibit Hall, **Booth PS1**  
Creating Cultural Awareness: Graduate Students’ Experiences on the Pine Ridge Reservation  
30-Minute Project/Research Poster Session  
David D. Hof, University of Nebraska at Kearney, Kearney, NE, Jessica Vickers, Faithe Kroll, Liesel Eastman, Mira Sabbah  
This program presents a student-developed professional and client advocacy immersion project involving students and counseling professionals with members of the Lakota Sioux tribe to move advocacy theory to practice and to collaborate on developing ways to enhance the perception of the counseling profession and access to counseling services on the Pine Ridge Reservation, as well as to strengthen intra-professional relationships for future professional advocacy. Outcome data will be presented.

#### 3:00 pm – 3:30 pm
**ACEG Sponsored Session**  
Program ID # 222, Convention Center, Exhibit Hall, **Booth PS2**  
Graduate Students! Quick Hire for Federal Government Positions-Learn How to become a Presidential Management Fellow  
30-Minute Project/Research Poster Session  
Sharon Guild Seesholtz, Department of Veterans Affairs, Veterans Benefits Administration, Washington, DC  
Graduate and Doctoral Students who wish to contribute their skills working within the Federal Sector and will complete
their degrees after October 2009 will want to see this!! How to apply to become a Presidential Management Fellow and be eligible for a direct hire to hundreds of federal government social policy and program positions.

3:00 pm – 3:30 pm
ACES Sponsored Session
Program ID # 223, Convention Center, Exhibit Hall, Booth PS3
21st Century School Counseling Supervision: Are We Addressing National Standards?
30-Minute Project/Research Poster Session, Advanced
Rhonda M. Bryant, Albany State University, Albany, GA, Delila Owens, Angela D. Coker
This poster session will present findings of a research study that explored professional school counselors' perceptions of the influence of ASCA National Standards and National Model® on supervisory behaviors and experiences. The researchers surveyed a national sample of school counselors and supervisors to learn about their beliefs regarding the efficacy of the National Model on supervision activities. Training and practice implications for counselor educators and school counselors will be discussed.

3:00 pm – 3:30 pm
NCCA Sponsored Session
Program ID # 224, Convention Center, Exhibit Hall, Booth PS4
The Need for National Credentialing Standards for Addiction Counselors
30-Minute Project/Research Poster Session
Geri A. Miller, Appalachian State University, Boone, NC, Tyler Keziah, Jim Scarborough, Catherine Clark, Justin Leonard
This session reviews the current state of credentialing for addiction counselors in the United States. The article concludes with recommendations to the addictions counseling field with regard to national standards for credentialing.

3:00 pm – 3:30 pm
AADA Sponsored Session
Program ID # 225, Convention Center, Exhibit Hall, Booth PS5
Social Support and Depression among Older Men
30-Minute Project/Research Poster Session
Carolyn A. Greer, Tarleton State University-Central Texas, Killeen, TX, Robert Brach
This session will consist of a discussion of research on the relationship between social support and depression. Identification of factors related to depression among older men has been limited in recent research. The research will evaluate the relationship between perceived social support and depressive symptomatology among men age 60 and older in a major Midwestern metropolitan area in an effort to research factors related to depression among older men.

3:00 pm – 3:30 pm
CSI Grant Award Winner
Program ID # 226, Convention Center, Exhibit Hall, Booth PS6
Chi Sigma Iota Chapter Leadership and Professional Identity Development: An Exploration of the Process
30-Minute Project/Research Poster Session
Kristopher M. Goodrich, Syracuse University, Syracuse, NY, Melissa Luke
As the academic and professional honor society of counseling, Chi Sigma Iota is recognized in developing advocacy, leadership, and professional identity in members. A qualitative, grounded theory study was conducted to investigate the experiences of fifteen early career counselors who were Chi Sigma Iota chapter leaders as graduate students. This poster presents this research and an emergent model of the experience of Chi Sigma Iota chapter leadership and professional identity development in early career counselors.

3:00 pm – 3:30 pm
Program ID # 227, Convention Center, Exhibit Hall, Booth PS7
Enlarging Your Circle: African American Parenting Involvement in Education
30-Minute Project/Research Poster Session
Caronne Rush, University of Florida, Gainesville, FL, Richmond Wynn
Enlarge your circle with involvement in the school and the home by increasing counselors’ understanding of the culturally embedded values associated with parenting and how those concepts influence school-home collaborations. The poster presents a culturally responsive model for parent-educator interactions. Using the Relational Cultural model through an ecosystemic lens, the researchers provide examples of parents/caregiver relationships with children and parents involvement in children’s education.

3:00 pm – 3:30 pm
Program ID # 228, Convention Center, Exhibit Hall, Booth PS8
An Analysis of Graduate School Debt and Expected Postgraduate Income
30-Minute Project/Research Poster Session
Sally Dockendorff, Gonzaga University, Spokane, WA, Chelsie Magone, Elisabeth Bennet
Costs of graduate education and training continue to skyrocket while salaries of beginning counselors remain comparatively low. This issue is critical to the ongoing success of the profession in providing excellent services to those in need. This presentation highlights the issue via a survey of students from CACREP programs across the country. Come be informed and see the critical nature of counselor's becoming active advocates for the profession both at the educational/training and salary levels.

3:00 pm – 3:30 pm
Program ID # 229, Convention Center, Exhibit Hall, Booth PS9
Wellness Self-monitoring Project: Improving Our Exercise and Nutritional Patterns on a Commuter Campus
30-Minute Project/Research Poster Session, Advanced
Darren A. Wozny, Mississippi State University, Meridian, MS, Julia Y. Porter
The rationale for this practice-based proposal is that people
continue unhealthy nutritional and exercise patterns in part because they are unaware of their patterns and therefore see no need to change. Participants will learn how to use a government website (www.mypyramidtracker.gov) to self-monitor their current exercise/nutritional patterns and use their pattern data to transition from pre-contemplation to contemplation to action (Norcross and Prochaska, 2002) in the implementation of self-developed nutrition and/or exercise change plans.

3:00 pm – 3:30 pm
Program ID # 230, Convention Center, Exhibit Hall, Booth PS10
No Counselor Left Behind: A Phenomenological Case Study
30-Minute Project/Research Poster Session, Advanced
Erika R. Nash, University of Missouri, St. Louis, MO, Joseph Pangelinan, Dixie D. Meyer
This phenomenological case study examined the experiences of female mental health professionals in training at a therapeutic school setting. There is no current research assessing the internship experience for female counselors and therefore, this study is designed to fill that gap in the knowledge base. Upon interviewing six interns at the therapeutic revealed three themes in the data: opportunities, challenges, and implications for the future.

3:00 pm – 3:30 pm
Program ID # 231, Convention Center, Exhibit Hall, Booth PS11
Implementing New CACREP Standards for Disaster, Trauma and Crisis Counseling: Best Practices, Training Models, and Resources
30-Minute Project/Research Poster Session, Advanced
Jane Webber, New Jersey City University, Jersey City, NJ, J. Barry Mascari
Best practices, models, and resources will be shared from a study of current training models for disaster response, trauma and crisis counseling in graduate programs, government, and professional organizations including the American Red Cross, Green Cross Academy, FEMA, ISTSS, and the New Jersey Disaster Response Crisis Counselor certification. Recommendations for implementation as well as ethical and professional issues will be shared. A comprehensive disaster and trauma training resource guide will be distributed.

3:00 pm – 3:30 pm
Program ID # 232, Convention Center, Exhibit Hall, Booth PS12
Fat Bias, Fat Acceptance, and Health at Every Size: A Counselor’s Guide to the Fatosphere
30-Minute Project/Research Poster Session
Stella Beatriz Kerl-McClain, Lewis and Clark College, Portland, OR
As the diversity literature is clear that counselors are not immune from participating in the racism, sexism, privilege, etc. ever-present in the dominant culture, counselors are similarly inclined to reflect dominant attitudes related to people seen as obese. This paper hopes to point counselors towards the Fatosphere, an internet community filled with sharp analysis and brilliant insight into the issues of fat bias, fat oppression, and social justice at any size.

3:00 pm – 3:30 pm
Program ID # 233, Convention Center, Exhibit Hall, Booth PS13
Culture and Trauma: Counselors Expanding the Delivery of Crisis Counseling Services to Communities
30-Minute Project/Research Poster Session, Advanced
The presenters provide personal anecdotes and share lessons learned from their experiences with trauma situations such as Hurricane Katrina that uncover the multicultural and ethical considerations that may be present in a trauma situation. The presentation culminates with an introduction of a multicultural sensitive, crisis mental health service delivery model for addressing the devastating effects of disasters, like Katrina, on communities, specifically humanitarian host communities.

3:00 pm – 3:30 pm
Program ID # 234, Convention Center, Exhibit Hall, Booth PS14
30-Minute Project/Research Poster Session, Advanced
Vaibhav R. Agaskar, Oakland University, Rochester, MI
The goal of this poster presentation is to discuss the role of various variables such as social network, family cohesion and conflict, acculturation stress, and perceived discrimination along with demographic factors in the Asian American’s prevalence of depression. Presenters will also discuss its implications while counseling Asian American clients. The presentation is based on the data derived from the National Latino and Asian American study (NLAAS, 2002–03).

3:00 pm – 3:30 pm
Program ID # 235, Convention Center, Exhibit Hall, Booth PS15
Interpreters in the Schools: A National Survey, Best Practices
30-Minute Project/Research Poster Session
Krista M. Malott, Villanova University, Villanova, PA, Tina Paone
In an effort to increase effective and ethical counseling services for English language learners and their families within the schools, the presenters will provide an interactive forum that includes case studies and an overview of the empirical and related literature regarding counselor-interpreter collaborations. Outcomes from a study of current school-interpreter practices, implemented by the presenters, will be provided. Audience members will be encouraged to share essential experiences.

3:00 pm – 3:30 pm
Program ID # 236, Convention Center, Exhibit Hall, Booth PS16
Helping Counselors Empathize with Older Adults
30-Minute Project/Research Poster Session, Advanced
Larry Golden, University of Texas at San Antonio, San Antonio, TX
This poster session is intended for gerontological counselors, counselor educators, and workshop leaders. It offers state-
gies for teaching about counseling with older adults. I present step-by-step creative activities to promote insight into the experience of aging. I start with the Life Preview Timeline, a technique that invites participants to imagine the remaining years of their lives. Out of these imagined hopes and fears, participants identify events that could motivate them to see a counselor.

3:00 pm – 3:30 pm
Program ID # 237, Convention Center, Exhibit Hall, Booth PS17 Third Culture Kids: Multiple Cultures within One Person 30-Minute Project/Research Poster Session
K. Elizabeth McDonald, Penn State, State College, PA
Third culture kids (TCKs) are children and/or adolescents who spend a significant part of their formative years in one or more countries other than their country of origin due to the international work of their parents. This presentation focusing on adolescent and adult TCKs will review pertinent literature, differentiate third culture kids from immigrants and refugees, and outline counseling implications for clinicians through the use of lecture and group discussion.

3:00 pm – 3:30 pm
Program ID # 239, Convention Center, Exhibit Hall, Booth PS19 Multiple Addictive Behavior Questionnaire (MABQ) Validation Project 30-Minute Project/Research Poster Session
Victoria L. Bacon, Bridgewater State College, Bridgewater, MA, Theresa A. Coogan
Addictive behavior is a major health problem in the U.S. The MABQ assesses common problematic and diagnostic addictive behaviors found in student-athletes: gambling, substance abuse, disordered eating, excessive exercise, and alcohol abuse. This instrument has been piloted and validated across all five sub-categories. The current stage of the project continues the validation study of the MABQ by exploring the questions that needed further clarification and improvement in the sub-categories of substance abuse and exercise.

3:00 pm – 3:30 pm
Program ID # 241, Convention Center, Exhibit Hall, Booth PS21 A Comparison of Site and University-based Supervision Practices 30-Minute Project/Research Poster Session
Tara Sloan Jungersen, University of Tennessee, Knoxville, TN
This poster presentation describes the quantitative research study results comparing site and clinical supervision practices respective of the 2009 CACREP Standards revisions. Attendees develop an understanding of current practices in clinical supervision for counseling trainees, and receive suggestions for improving the efficiency and effectiveness of supervision outcomes. Material is applicable to school, mental health, and university counselor supervisors, as well as counselor educators and counseling trainees.

3:00 pm – 3:30 pm
Program ID # 243, Convention Center, Exhibit Hall, Booth PS23 What Do Teens “Know” about Adolescent Depression? 30-Minute Project/Research Poster Session
John McCarthy, Indiana University of Pennsylvania, Indiana, PA
The presenter will discuss a pilot study on mental health literacy, specifically on depression, among U.S. teens. Can teens distinguish the “blues” from major depressive disorder? How long do they believe that a student would take to recover from a depressive episode? From whom would they recommend help for a depressed friend? This study also compares findings with an Australian study on the same topic. Implications for practice will be discussed.

3:15 pm – 4:15 pm
ALGBTIC Day of Learning Program ID # SE2-D, Convention Center, Room 212 AB “So How Long Have You Been Gay?” The Do’s and Don’ts of Counseling the LGBT Community 60-Minute Program
Dara Hoffman, Independent Contractor, Colorado Springs, CO
You have a lesbian, gay, bisexual, or transgender client sitting across from you in a session. Are you comfortable? Are you aware? Are you informed? This workshop will give you a chance to explore your own beliefs about the LGBT community, expand your knowledge of the challenges LGBT clients face throughout their lives, and explain LGBT terminology, resources, and rights. A free “Safe Zone” poster will be given to all attendees.

3:30 pm – 5:00 pm
ACA Ancillary Event
ACA Branch Awards Ceremony
Hilton - Carolina Hall
Division & Affiliates Ancillary Events

3:30 pm – 5:00 pm
IAMFC Family Journal Editorial Board Meeting
Westin - Independence

3:45 pm – 4:15 pm
CSJ Day of Action
Program ID # SE1-D, Convention Center, Room 210 AB
Social Advocacy Genograms: A Tool for Child and Family Advocacy
30-Minute Project/Research Poster Session, Advanced
Hugh C. Crethar, Oklahoma State University, Stillwater, OK, Shannon Dermer, Shannon Smith
This program will present a new and innovative method of working with couples, families, and children who encounter experiences of oppression and marginalization. This approach is responsive to the expectation of the Advocacy Competencies that counselors will effectively advocate with their clientele. Couples and families often struggle with issues of oppression which are not always effectively addressed in counseling. Attendees will be provided with the methodology, underlying theory and variations of use in application.

3:45 pm – 4:15 pm
Presidential Featured Sessions
Multicultural Counseling Academy
Program ID # 245, Convention Center, Room 217 A
The Road to Vietnam and Cambodia: Reflections of a People-to-People Counseling Delegation
60-Minute Program, Advanced
Courtland C. Lee, University of Maryland, College Park, MD, Kymberley Clemons-Jones, Esther Gallieshaw, Sandra Kendall, TeVea Loem Delgado, Laurie Persh
This presentation will offer reflections from members of the People-to-People Counseling delegation to Vietnam and Cambodia that occurred in May 2008. These reflections will include impressions of human development work in those countries and ideas for ways that ACA can help to promote the growth of the counseling profession in both Vietnam and Cambodia.

3:45 pm – 4:15 pm
Human Development Across the Lifespan Academy
Program ID # 246, Convention Center, Room 217 BC
Laugh and Learn: Read and Laugh via Bibliotherapy, Reality Therapy, Maslow, and Harvard Learning and Brain Research
60-Minute Program
Phyllis H. Lambert, Moore County Schools, Robbins, NC
Laugh and Learn! Read and Laugh! Discover how to guide clients and students on a journey to self-actualization via bibliotherapy, fun and humor. Enjoy “Peaches and Cream: A Historical Fiction Novel” as a vehicle to bibliotherapy and Reality Therapy. Use the focused novel as a tool to career development, needs attainment, Harvard Learning and Brain Research, and the journey to self-actualization, according to Maslow. Help others to combine spirituality with practice while pursuing happiness!

3:45 pm – 4:45 pm
School Counseling Academy
Mental Health/Private Practice Academy
Child and Adolescent Counseling Academy
Program ID # 247, Convention Center, Room 213 A
Joining Forces for Students: School and Community Counselors Unite!
60-Minute Program
Becky Earhart, Bradley University, Peoria, IL
School and community counselors will join together to discuss ways to break down barriers in order to better work together for the students, families and communities in which we serve. Best practice techniques will be highlighted and discussed.

3:45 pm – 4:45 pm
Career Development/Employment Counseling Academy
Multicultural Counseling Academy
College Counseling Academy
Program ID # 248, Convention Center, Room 203 A
Chasing Super’s Career Archway: International Students
60-Minute Program, Advanced
Harue Ishii, The University of New Mexico, Albuquerque, NM, Jeanmarie Keim, David Olguin
Providing effective career counseling to international students poses numerous challenges. By integrating theory, research, and practice, the presenters will provide useful information on how to assist international students in making successful career transitions. A case scenario and common needs and challenges experienced by international students are discussed. Super’s model is applied to guide career assessment and counseling. Culturally relevant career counseling strategies (e.g., values/skills card sort, guidelines to help master American-style interviewing skills) are presented.
3:45 pm – 4:45 pm
Addictions Academy
Mental Health/Private Practice Academy
Program ID # 250, Convention Center, Room 203 B
“Might As Well Face it, You’re Addicted to Love”: Sexual Addiction and Its Treatment
60-Minute Program
Brittany Berry, Clemson University, Clemson, SC, Sam Plonk
This presentation will provide an opportunity to learn about and discuss Sexual Addiction—its causes, current trends, and treatment. Attendees will take part in a case discussion and formulate a treatment plan for a client with Sexual Addiction. They will also gain insight into “love addiction” in its many forms, including internet sex addiction and addiction to paraphilias.

3:45 pm – 4:45 pm
Military Counseling Academy
Mental Health/Private Practice Academy
Program ID # 251, Convention Center, Room 208 A
EMDR and Neurofeedback as Treatment for Combat-related PTSD: A Pilot Study
60-Minute Program
Amanda Rich, Wake Forest University, Winston-Salem, NC, George Kayiales
A pilot study was conducted in conjunction with the Veterans Administration comparing the effects of three treatments on combat-related PTSD: EMDR, Neurofeedback and a combination treatment of EMDR and Neurofeedback. This presentation will review the design, methodology, and results of the study in addition to discussing future treatment and research recommendations. Special recognition to Debbie Newsome, principal investigator and faculty supervisor of the study.

3:45 pm – 4:45 pm
For Graduate Students and New Professionals Only
Program ID # 252, Convention Center, Room 208 B
From Backpacks to Brief Cases: Making the Transition from Graduate Student to Professional Counselor
60-Minute Program
E. Christine Moll, Canisius College, Buffalo, NY
The transition from graduate student to professional counselor has been likened to the trapeze artist who gets tossed to a lonely swing. For one brief moment her feet are firmly planted in mid-air! Does this sound/feel like you? This special session will help you make your post graduate transition from student to counselor as smooth as possible.

3:45 pm – 4:45 pm
ACES Sponsored Session
Counselor Education and Supervision Academy
Multicultural Counseling Academy
Program ID # 253, Convention Center, Room 207 A
Qualitative Research: Tools for Social Justice
60-Minute Program
Rebecca Koltz, Idaho State University, Pocatello, ID, Mel Odegard
ACES’ Vision statement includes commitments to the production and dissemination of research, and the promotion of diversity across counselor education. This presentation will discuss how qualitative research can meet both of these commitments. Qualitative research is philosophically grounded in valuing minority voices and those individuals whose voices have been traditionally left out of knowledge construction processes. As such, qualitative methodology fits well with ACES’ commitment to social justice.

3:45 pm – 4:45 pm
AMCD Sponsored Session
Multicultural Counseling Academy
Counselor Education and Supervision Academy
Program ID # 254, Convention Center, Room 207 D
A Culture-based Mentoring Relationship: Latino Academic Padrinos and Madrinas
60-Minute Program, Advanced
G. Miguel Arciniega, Arizona State University, Tempe, AZ, Adelaida Santana Pellicer, Maritza Gallardo-Cooper, Zoila Tovar-Blank, Elizabeth Poloskov, Araceli Mejia, Angela Zapata, Clarisa Arizmendi, Rafaela DeLoera
A concept originated by the Greeks, mentoring of Latino students and new professionals best parallels those from which it is derived. The session focuses on the dynamic relationship between Latino/a student/young professionals and their mentors, reflecting a symbiotic interplay between mentee’s cultural and academic/professional needs and mentor’s professional experience and cultural integration. The concept of Padrino/Madrina (godparents) mentoring goes beyond prescribed mainstream mentor relationships to a more personalized relationship that is culled from Latino culture.

3:45 pm – 4:45 pm
ACA Author Session
Program ID # 255, Convention Center, Room 213 BC
The Counselor and the Law
60-Minute Program
Burt Bertram, Counseling & Consulting, Orlando, FL, Anne Marie “Nancy” Wheeler, Attorney, licensed in Maryland and Washington, DC
In ways large and small, legal issues surrounding the practice of professional counseling can produce vulnerability and risk. This session provides an overview of these issues including licensure board complaints, state and federal statutory mandates, and malpractice lawsuits. The following six risk prevention strategies that can reduce the likelihood of legal or ethical problems will be discussed: developing a risk management tool kit, consulting with colleagues, using appropriate informed consent, responding to a subpoena, responding to threats of harm to self or others, and managing boundary issues. Suggestions counselors can use to protect themselves in the event of legal or ethical complaints will also be presented.
3:45 pm – 4:45 pm
AMHCA Sponsored Session
Mental Health/Private Practice Academy
Program ID # 256, Convention Center, Room 217 D
Practice Guidelines for Major Depressive Disorder: New Updates and Recommendations for Special Populations
60-Minute Program
Gary G. Gintner, Louisiana State University, Baton Rouge, LA
This program reviews recent revisions to established practice guidelines for Major Depressive Disorder. The guidelines provide an algorithm for selecting optimal treatment options for a spectrum of Major Depressive features that vary by acuity, severity and subtype. The program highlights treatment recommendations for special populations such as women who are pregnant or postpartum, the elderly, and those with comorbid psychiatric disorders. Using available research findings, strengths and limitations of these guidelines are discussed.

3:45 pm – 4:45 pm
Human Development Across the Lifespan Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 259, Convention Center, Room 219 AB
Quality of Life in Older Adults with Physical Disability
60-Minute Program, Advanced
Virginia Lee Grist, Florida State University, Blakely, GA, Deborah J. Ebener
Increases in life expectancy have given rise to a large and heterogeneous population of older adults with physical disabilities. This population is faced with a unique set of challenges to meet in order to maintain a desired standard of quality of life. This session will explore the psychosocial and medical/health issues that influence the quality of life of adults with early-onset and late-onset physical disabilities. Strategies for counseling and providing advocacy will also be presented.

3:45 pm – 4:45 pm
AACE Sponsored Session
Military Counseling Academy
Couples and Family Counseling Academy
Program ID # 260, Convention Center, Room 209 AB
Impact of Deployment to Operation Iraqi Freedom on PTSD and Depression in Soldiers by Sex and Parental Status
60-Minute Program, Advanced
Jill M. Bennett, Department of Veterans Affairs, Binghamton, NY, Linda Ball
Presentation explores the impact of deployment to Operation Iraqi Freedom (OIF) on the development of PTSD and depression in soldiers based on their sex and parental status. It is based on recent research conducted on returning OIF veterans. It covers a brief history of the topic, important findings, and implications of research outcomes on veterans, their families, and society. Attendees may gain increased insight into factors affecting outcomes for veterans and their families, and how to help them.

3:45 pm – 4:45 pm
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID # 261, Convention Center, Room 218 AB
The Heart and Soul of Career Counseling: Creativity Soars
60-Minute Program
Martha M. Russell, Russell Career Services, Battle Ground, WA
Creativity promotes inspiration and energy. How do we cultivate it and transfer creativity from our hearts and souls to practical interventions? How do we rejuvenate in energetic and enlightening ways. This workshop will focus on how to combine elements of curiosity, discovery, color and space in the work we do with clients and training attendees. Join us to explore, experience and gather resources.

3:45 pm – 4:45 pm
NCDA Sponsored Session
Program ID # 262, Convention Center, Room 201 AB
The Power of Advocacy - How to Be Effective Change Agents for the Counseling Profession in Your State
60-Minute Program
Keith Mobley, University of North Carolina, Greensboro, NC, Suzanne Walker
Advocacy for the profession is considered by many a professional imperative for licensed counselors. This program will provide an overview of the relevance of advocacy to our counseling heritage, assist participants to view themselves as advocates, and discuss competencies and best practices for advocacy at the state and local levels.

3:45 pm – 4:45 pm
School Counseling Academy
Couples and Family Counseling Academy
Program ID # 263, Convention Center, Room 202 AB
Exploring Family-School-Community Collaboration in a Rural Middle School: A Case Study
60-Minute Program
Dana Griffin, The University of North Carolina, Chapel Hill, NC, John Galassi
This paper will discuss the results and implications of a family-school collaboration intervention study, conducted with parents and teachers of 7th grade students who were failing Math and Science, were displaying truant behavior, and had received numerous suspensions. Attendees will be provided with concrete ways to foster family-school-community collaboration as well as gain awareness in how to increase parental involvement of diverse families.
Findings from a national study investigating the professional identity of counselors by comparing the roles, functions, and experiences of counselors who graduated from CACREP versus non-CACREP accredited programs will be presented. Using a mixed-methods design, the researchers will also discuss how participants defined themselves as “professional counselors” separate from other helping professionals. Time will be provided for group discussion of the implications of the findings to further the on-going discussion on counselor professional identity.

3:45 pm – 4:45 pm
Child and Adolescent Counseling Academy
Program ID # 265, Convention Center, Room 207 BC
Children’s Cognitive and Moral Reasoning Perspectives Following Disaster
60-Minute Program, Advanced
Vaughn Millner, University of South Alabama, Mobile, AL, Jean Clark
This presentation addresses research findings of children’s responses following a natural disaster. Cognitive themes, Piagetian concepts and moral reasoning stages will be identified especially as they relate to normal and atypical development, and gender differences. Posttraumatic stress disorder symptoms will be discussed as well as age-appropriate disaster-related interventions.

3:45 pm – 4:45 pm
School Counseling Academy
Program ID # 266, Convention Center, Room 216 AB
Overexcitabilities and Sensitivities – Implications of Dabrowski’s Theory of Positive Disintegration for Counseling the Gifted
60-Minute Program
Carrie Lynn Bailey, The College of William and Mary, Williamsburg, VA
Exposure to Dabrowski’s theory, which provides a framework for personality and emotional development, often invokes strong reactions in gifted individuals who find that many of the concepts proposed resonate on a personal level. This session provides an overview of the theory as well as an avenue for discussion concerning the integration of this theory into current counseling modalities.

3:45 pm – 4:45 pm
Spirituality and Religious Values Academy
Program ID # 267, Convention Center, Room 214
Seeking Consensus in Defining and Measuring Universal Spirituality
60-Minute Program, Advanced
Janet L. Muse-Burke, Marywood University, Scranton, PA
Spirituality is important in counseling; however, researchers have failed to consistently define and adequately measure universal spirituality. Therefore, this presentation aims to propose a universal definition of spirituality and solicit feedback from participants to further develop the definition. Additionally, validation data on a newly developed self-report measure of spirituality (i.e., Inclusive Spirituality Index) will be presented. The ISI was created for use with religious and nonreligious adults. Implications for counseling practice will be discussed.

4:00 pm – 4:30 pm
ARCA Sponsored Session
Program ID # 269, Convention Center, Exhibit Hall, Booth PS1
Rehabilitation Counseling in Kenya: Cultural Challenges in Working with Persons with Visual Impairment
30-Minute Project/Research Poster Session, Advanced
Stephen Kiuri Gitonga, Murray State University, Murray, KY, Regina Wanjiku Nganga
Cultural construction of “disability” among communities in Kenya has been a hindrance to progress among persons with disabilities. The presenters will discuss the challenges and triumphs of rehabilitation counseling of persons with visual impairment in Kenya. The participants will share their experiences of rehabilitation counseling with culturally diverse clients.

4:00 pm – 4:30 pm
ACCA Sponsored Session
Program ID # 271, Convention Center, Exhibit Hall, Booth PS3
Life Savers: The Efficacy of Suicide Prevention and Intervention Programs at One University Campus
30-Minute Project/Research Poster Session
J. Carol Mercer, University of North Texas, Denton, TX, Carolyn Kern, Casey Barrio-Minton
Suicide intervention programs: Do they make a difference? Through SAMSHA Garrett Lee Smith Campus Suicide Prevention funding, a university counseling program collaborates with a team of interdisciplinary campus administrators and staff to educate students, staff, and faculty to be potential life savers. The presenters will compare standardized programs and present results regarding the efficacy of these programs on participants’ perceived suicide intervention knowledge, skills, and behaviors.

4:00 pm – 4:30 pm
NCCA Sponsored Session
Program ID # 272, Convention Center, Exhibit Hall, Booth PS4
Providing Services to American Heroes: Understanding Military Culture
30-Minute Project/Research Poster Session
Janique T. Washington-Smalls, North Carolina A & T University, Greensboro, NC
Veterans and their families are in need of counseling services from professionals who understand the military culture. This presentation will provide professionals with basic information describing military culture as it relates to counseling veterans and their families. The following components of military culture will be reviewed: lifestyles, customs, language, organization, structure and the deployment cycle.
Community violence is prevalent in low-income cities. Being victimized by or witnessing neighborhood violence has negative effects on the developmental, behavioral, and academic outcomes of young adults. These adolescents are prone to decreased self-esteem, distrust, limited ability to process emotions, and poor relationships while continued exposure can lead to an increase in aggressive behavior. This support group was designed to counteract the negative impact of community violence. Group sessions, including activities, will be presented.

4:00 pm – 4:30 pm
Program ID # 278, Convention Center, Exhibit Hall, Booth PS9
The Relationship between Learning Styles and Confidence Level in Using Play Therapy Technique in Counseling
30-Minute Project/Research Poster Session
Jacqueline Melissa Swank, University of Central Florida, Orlando, FL, Edward Robinson, Samir Patel, M. Ann Shillingford
This presentation focuses on a research study conducted to assess learning styles and teaching strategies used to assist students in developing confidence with using various play therapy techniques. Presenters will discuss instruments used to measure learning styles and students’ self-efficacy in using play therapy technique with various populations. Researchers will discuss the results of the study and implications for counselor educators.

4:00 pm – 4:30 pm
Program ID # 278, Convention Center, Exhibit Hall, Booth PS10
Factors that Influence College Readiness and Expectations among Rural, Low Income High School Seniors
30-Minute Project/Research Poster Session
Scott Schaefle, Central Washington University, Ellensburg, WA
This program presents research findings from survey data of high school seniors. Participants in this study were low income, rural, and primarily Latino/a students in a college readiness program. Factors associated with plans to pursue postsecondary education will be discussed including: number of years of participation in a college readiness program, students self-efficacy, perceived expectations of others, types of support received, family educational background, level of family participation in educational activities and perceived barriers.

4:00 pm – 4:30 pm
Program ID # 279, Convention Center, Exhibit Hall, Booth PS11
Transgender College Students: Challenges in Career Development
30-Minute Project/Research Poster Session
Stephanie Belke, Clemson University, Clemson, SC, David Scott
Transgender (TG) college students face a unique problem in career development today. Services provided by university and college career centers lack the knowledge and programming to successfully cater to transgender individuals’ specific needs and challenges in career services. This poster will present the unique challenges specific for transgender college students. It will also present resources and guidance for career counselors working with this population.
This presentation, based on multi-state research, will focus on specific characteristics associated with effective collaboration. Integrated into the presentation will be research data highlighting collaboration between school professionals, specifically school counselors and school psychologists, areas in which greater collaboration might be beneficial, and perceived barriers to teaming in schools. The presentation will include active discussion and case examples.

4:00 pm – 4:30 pm
Program ID # 284, Convention Center, Exhibit Hall, Booth PS16
Examining the Relationship between Master’s Level Counseling Students’ Skill Proficiency and Client Outcomes
30-Minute Project/Research Poster Session, Advanced
Lorie Welsh, Christian Counseling & Psychological Services Inc., Suwanee, GA, Elizabeth O’Brien
This presentation will give the results of a research study conducted to investigate the nature of the relationship between master’s level counselors’ skills and their clients’ outcomes. The ACA ethical codes and CACREP standards stipulate that counselors (and counseling students) must continually monitor their effectiveness as counselors. To this end, the researcher has attempted to conduct a study that will add to the general knowledge base regarding counselors’ efficacy and client outcomes.

4:00 pm – 4:30 pm
Program ID # 285, Convention Center, Exhibit Hall, Booth PS17
Coping with Trauma after Mass Trauma: Developing a Culturally Sensitive, School-based, Curriculum for Somali Children
30-Minute Project/Research Poster Session
Sorie Koroma, UMASS Amherst, Amherst, MA, John C. Carey
Attendees will gain knowledge of Somali cultural coping mechanism after mass trauma. Attendees will have the opportunity to know how Somalis conceptualize trauma, and their different ways of seeking help. The cultural knowledge gained could be used for in service training. Attendees will know how to use a culturally sensitive mass trauma intervention curriculum. Attendees will have skills in working with Somali children.

4:00 pm – 4:30 pm
Program ID # 286, Convention Center, Exhibit Hall, Booth PS18
Messages in College Commencement Speeches as Influenced by Gender
30-Minute Project/Research Poster Session
Richard T. Kinner, Arizona State University, Tempe, AZ, Jenifer Partch
Authors content-analyzed the messages delivered in American college commencement speeches. Messages of male versus female speakers to coed versus women’s colleges were compared. The main messages from all speakers included “Do the right thing” (64%) and “Help others” (also 64%). Female speakers at women’s college commencements more often delivered the messages of “Be true to yourself” and “Cherish special others” than the other speakers. Discussion focuses on gender-related theories.
4:00 pm – 4:30 pm
Program ID # 287, Convention Center, Exhibit Hall, Booth PS19
Lessons from Liberian Women: Cultural Pathways to Coping and Healing
30-Minute Project/Research Poster Session
Leah K. Clarke, Moses Cone Behavioral Health Center, Greensboro, NC
In 1993, the UN began a campaign to help refugee women most vulnerable to traumas of war and relocation. Part of this effort resulted in thousands of Liberian women coming from West Africa to live in the U.S. Hear what one researcher discovered about how these women have coped with the present while healing from the past. For counselors who want to expand their vision of serving diverse clients dealing with stress and trauma.

4:00 pm – 4:30 pm
Program ID # 288, Convention Center, Exhibit Hall, Booth PS20
An SCCT Approach to Counseling Ex-offenders Who Have Recently Been Released from Prison
30-Minute Project/Research Poster Session
Britney Beard, University of Central Florida, Orlando, FL, Pam Simpson
Do you want to learn more about the inmate population and how to help them successfully reenter the workforce and into society? Discover how to assist your clients who have recently been released from prison. You will learn about the many barriers that this population faces on a daily basis. Come and learn why and how the Social Cognitive Career Theory works with this population and you will leave with excellent resources.

4:00 pm – 4:30 pm
Program ID # 289, Convention Center, Exhibit Hall, Booth PS21
PAIRS Adaptation for Same-sex Relationships
30-Minute Project/Research Poster Session
Elizabeth Lamerial Jacobson, UCF Marriage and Family Research Institute, Orlando, FL, John Super, Kara Pappalardo
PAIRS (Practical Application of Intimate Relationship Skills) is an educational program that has been adapted for same-sex couples. The curriculum promotes healthy relationships on the basis of communication, connecting, confiding, and conflict resolution. Counselors who are trained in the curriculum can offer workshops to the community.

4:00 pm – 4:30 pm
Program ID # 290, Convention Center, Exhibit Hall, Booth PS22
Teaching Group Work in Counselor Education Programs: The Importance of Screening
30-Minute Project/Research Poster Session
Amanda C. Finley, St. Cloud State University, St. Cloud, MN, Tina Livingston
Screening for group membership is an imperative part of group work, yet it is unclear how it is being taught and how it is being practiced in the field. A thorough literature review examines the importance of screening and current approaches for the training of group workers. Suggestions for future research include investigating the relationship between the training of students in regard to screening and their use of this skill in practice as a professional.

4:00 pm – 4:30 pm
Program ID # 291, Convention Center, Exhibit Hall, Booth PS23
The Effect of Target Person Facial Expression and Sex on Prejudice
30-Minute Project/Research Poster Session
Tia N. Sullivan, Clemson University, Clemson, SC
This research investigates the role of facial expression in person perception, and the idea that smiling may reduce the negative effects of prejudice. Ethnicity, facial expression, and sex were manipulated in photo presentations of target persons and level of perceived aggressiveness of the target person was assessed. The findings suggest that facial expression and gender can serve as moderators of prejudices, and can have a significant impact on the acceptance and reception of target persons.

4:00 pm – 4:30 pm
Program ID # 292, Convention Center, Exhibit Hall, Booth PS24
Supporting Minority Students in Advanced Placement Courses: A School Counseling Program’s Approach
30-Minute Project/Research Poster Session
Jonathan Howard Ohrt, University of Central Florida, Orlando, FL
Traditionally, Latino and African American students have been underrepresented in Advanced Placement courses. However, professional school counselors (PSCs) serve as agents for systemic change that work to remove barriers to all students’ success. This presentation (1) identifies challenges Latino and African American students encounter in accessing Advanced Placement courses; (2) reviews the role of PSCs in serving traditionally disenfranchised student populations; and (3) introduces a school counseling program’s approach to supporting these students and their families.
4:00 pm – 5:00 pm
Clemson University Meeting
Westin - Queen

4:30 pm – 5:30 pm
ARCA Student Forum
Westin - Harris

4:30 pm – 5:30 pm
Chi Sigma Iota Awards
Westin - Providence III

4:30 pm – 5:30 pm
IAAOC Membership Meeting
Westin - College

4:30 pm – 6:00 pm
ACA Foundation Graduate Student Reception
Westin - ACA President’s Suite

5:00 pm – 7:00 pm
ACA Treasurer’s Workshop
Convention Center - Room 215

Education Sessions

4:30 pm – 5:30 pm
CSJ Day of Action
Career Development/Employment Counseling Academy
Program ID # SE1-E, Convention Center, Room 210 AB
Fostering Emerging Adulthood in Urban Youth: The Evolution of a Community, University and School Partnership
60-Minute Program, Advanced
Rebecca L. Toporek, San Francisco State University, San Francisco, CA, Diane Dodge, Laura Alarcon, Kym Glanville, Gabriel Martinez
Urban youth have great potential as emerging adults yet often face significant barriers and lack of guidance regarding this new role. This presentation describes the evolution of a partnership between a community agency, a counseling training program, and schools to develop a career transition program for these youth. Community engagement principles as well as school-to-work transition will be described. Attendees will have the opportunity to participate in a sample exercise used with youth in the program.

4:30 pm – 5:30 pm
ALGBTIC Day of Learning
Program ID # SE2-E, Convention Center, Room 212 AB
Hope and Resiliency in Sexual Identity Development: Research and Practice Implications
60-Minute Program
Jeffry Lawrence Moe, University of Houston-Victoria, Sugar Land, TX, Paula Dupuy
Wellness models for work with lesbians and gay men have not been adequately researched. Past models for counseling and research with this under-served population can be improved by incorporating a wellness perspective. Results of a study on the relationship between hope and sexual identity development reveal a correlation between these constructs. A model will be presented that facilitates counselors’ integration of wellness factors (like hope) into their work with lesbians and gay men.

5:00 pm – 5:30 pm
ASGW Sponsored Session
Program ID # 293, Convention Center, Exhibit Hall, Booth PS1
Using Groups to Promote Self-regulated and Cooperative Learning
30-Minute Project/Research Poster Session, Advanced
Trey Fitch, University of Cincinnati Clermont, Batavia, OH, Jennifer Marshall
This program will describe 2 group interventions that have been successfully applied in college settings, and these techniques would apply to K–12 settings as well. The first group uses solution focused goal setting methods to improve self-regulated learning. The second group applies cooperative learning using team quizzes. Samples will be provided and participants will receive clean copies of worksheets that can be used.

5:00 pm – 5:30 pm
CSI Grant Award Winner
Program ID # 294, Convention Center, Exhibit Hall, Booth PS2
Relationship between Wellness and Age, Matriculation, and Relationship Status of Counselor Education Doctoral Students
30-Minute Project/Research Poster Session
Michelle Perepiczka, Texas A&M University, Commerce, TX
Wellness is a pertinent issue for doctoral students because the academic process can increase overall functioning and be a source of intrapersonal as well as interpersonal hardships. Initial data related to assessing the relationship between wellness and age, matriculation through a counselor education doctoral program, and relationship status of students will be presented. Implications for students, counselor educators, and counselors and recommendations for possible methods to employ to increase students’ wellness will be addressed.

5:00 pm – 5:30 pm
AADA Sponsored Session
Program ID # 295, Convention Center, Exhibit Hall, Booth PS3
Biotechnology and End of Life Counseling: The New Frontier in Ethical Challenges
30-Minute Project/Research Poster Session, Advanced
MaryLou Ramsey, The College of New Jersey, Ewing, NJ
This program is designed for counselors from all disciplines who want to learn more about biotechnology and the ethical
challenges it poses in end-of-life counseling. Informational and interactive in design, this program identifies major biotechnological advances that may affect the aging process, the potential risks and multicultural ramifications of such life altering technologies, and the counseling issues and ethical challenges these advances raise. Ethically appropriate counseling responses and safeguards are discussed and summary handouts provided.

5:00 pm – 5:30 pm
NCCA Sponsored Session
Program ID # 296, Convention Center, Exhibit Hall, **Booth PS4**
Determining the Strengths and Weaknesses of Multicultural Training in Counselor Education by Examining Students’ Perceptions
30-Minute Project/Research Poster Session, Advanced
Tanya M. Jasinski, University of South Carolina, Columbia, SC
Student feedback can serve as a significant instrument for evaluating the effectiveness of multicultural training in counselor education programs. The presenter will share information from a qualitative investigation that was conducted in reference to students’ perceptions of multicultural training in counselor education. Attendees will hear about the perceived strengths and weaknesses, as well as recommendations for improvement of multicultural training in counselor education programs. Summary handouts and session favors will be distributed to attendees.

5:00 pm – 5:30 pm
IAAOC Sponsored Session
Program ID # 297, Convention Center, Exhibit Hall, **Booth PS5**
Examining the Effects of Substance Use/Abuse on Children and Families
30-Minute Project/Research Poster Session, Advanced
Virginia A. Magnus, University of Tennessee, Chattanooga, TN, Wanda P. Briggs
Living in substance using/abusing households exposes children to detrimental consequences that impact their daily lives. To adequately provide services to children and families, counselors should be aware of the potential harm and variety of problems children may experience because of substance use/abuse by parents, and other family members.

5:00 pm – 5:30 pm
AMCD Sponsored Session
Program ID # 298, Convention Center, **Booth PS6**
An Immersive Multidisciplinary Journey to Jamaica: Promoting Advocacy and Empowerment Skills via Global/Community Outreach
30-Minute Project/Research Poster Session, Advanced
Sherlon P. Pack-Brown, Bowling Green State University, Bowling Green, OH, Ja’Nitta Marbury
This program describes two training modules from a study abroad course at the University of the West Indies, Kingston, Jamaica. The goals of the program are to (1) encourage international programming to enhance academic and professional excellence and engagement around issues of diversity, social justice and multiculturalism as framed in a non-Western cultural context and (2) promote advocacy and empowerment among multidisciplinary helping professionals from the United States through global and community outreach.

5:00 pm – 5:30 pm
Program ID # 300, Convention Center, Exhibit Hall, **Booth PS8**
What Are the Experiences of Hmong Families Who Immigrated to the USA after 1975?
30-Minute Project/Research Poster Session
Song E. Lee, California State University, Fresno, CA, Albert Valencia
The presentation will answer the following research question: “What are the experiences of Hmong families who immigrated to the USA regarding education, gender roles, family expectations, immigration, spirituality, and culture?” Considerations in research and practical professional work with the different waves of Hmong refugees will be discussed. Audiences will gain insights into issues among Hmong students and families that contribute to their under-utilization of mental health services and under-representation in the educational system.

5:00 pm – 5:30 pm
Program ID # 301, Convention Center, Exhibit Hall, **Booth PS9**
Teens Facing Tough Times: Integrating the Developmental Assets into Counseling Practice
30-Minute Project/Research Poster Session
Jill R. Nelson, North Dakota State University, Fargo, ND
This presentation will explore how the 40 Developmental Assets can be integrated into counseling practice with teens. Participants will be introduced to the 40 Developmental Assets and will learn specific ways in which the assets can be used with teen clients. Specific teen issues that will be addressed include homelessness, mental illness, self-injury and LGBTQ issues. Concrete examples based on the Developmental Assets will be given.

5:00 pm – 5:30 pm
Program ID # 302, Convention Center, Exhibit Hall, **Booth PS10**
Multi/cross-cultural Competence: Integrating Universal and Particular Perspectives
30-Minute Project/Research Poster Session, Advanced
Daniel M. Paredes, University of North Carolina, Greensboro, NC
The findings from a research study that contributes to the multi/cross-cultural counseling literature will be reported. The relative influence of student self-report empathy, multi/cross-cultural knowledge, and awareness on supervisor ratings of multi/cross-cultural counseling competence was explored. Findings and the implications of the study for the literature will be discussed.

5:00 pm – 5:30 pm
Program ID # 303, Convention Center, Exhibit Hall, **Booth PS11**
The Impact of Indirect Aggression on College Student Adjustment
30-Minute Project/Research Poster Session
John Klem, University of Wisconsin-Stout, Menomonie, WI, Mark S. Parrish, David Brown
This session will present the results of the research project examining the impact of indirect aggression on college student adjustment. The results of this study will then be discussed in relation to the current research into indirect, relational, and social aggression. This session will primarily benefit school counselors, college counselors and college faculty, but understanding indirect aggression and its impacts could benefit a wide range of counseling professionals.

5:00 pm – 5:30 pm  
Program ID # 304, Convention Center, Exhibit Hall, Booth PS12  
Faith Maturity in Older Adults: Factor Structure of the Faith Maturity Scale (FMS)  
30-Minute Project/Research Poster Session  
Emily E. Hazel, George Fox University, Portland, OR, Annette Korkeakoski-Sears, Debra Richards, Michelle J. Cox  
The study explored the factor structure of the Faith Maturity Scale (FMS), adding to an understanding of the interplay between elements of mature faith. Additionally, questions were raised about the relationship between participant age and responses to individual FMS items.

5:00 pm – 5:30 pm  
Program ID # 305, Convention Center, Exhibit Hall, Booth PS13  
Four-year Results of a School-wide Positive Behavioral Support Program in an Elementary School  
30-Minute Project/Research Poster Session, Advanced  
Russ C. Curtis, Western Carolina University, Cullowhee, NC, Phyllis Robertson, Jill Van Horne  
School-wide positive behavioral support programs (SWPBS) are becoming an increasingly effective way to reduce behavioral problems within schools. In this presentation, we will share the four-year results of a SWPBS program implemented within a rural elementary school. How to effectively design and implement effective SWPBS programs will be discussed.

5:00 pm – 5:30 pm  
Program ID # 306, Convention Center, Exhibit Hall, Booth PS14  
NCDAs Cultural Diversity Committee Presents Multicultural Career Resources  
30-Minute Project/Research Poster Session  
Marcia Jones, Metro Atlanta, GA  
Career professionals and educators need to maintain multicultural awareness in their work to promote their professional competence. The NCDAs Cultural Diversity Committee has identified numerous helpful resources addressing the career development needs of different racial, ethnic, gender, sexual orientation, and disability groups. Come and learn about the Multicultural Career Resource List - a valuable tool for career professionals.

5:00 pm – 5:30 pm  
Program ID # 307, Convention Center, Exhibit Hall, Booth PS15  
How Present Are Underrepresented Groups in the Journal of Counseling & Development?  
30-Minute Project/Research Poster Session  
Suzanne M. Hedstrom, Western Michigan University, Grand Rapids, MI, Lacretia Dye  
This poster presents findings of a content analysis of the Journal of Counseling & Development for the last 12 years assessing the presence of underrepresented populations. Categories included in the analysis were race/ethnicity, sexual orientation, gender, embodiment (disability), socioeconomic status, and older adults. Subsets of these groups were also included in the analysis. Trends will be described. Implications for JCD readers as well as researchers and scholars will also be presented.

5:00 pm – 5:30 pm  
Program ID # 308, Convention Center, Exhibit Hall, Booth PS16  
Teaching Career Counseling  
30-Minute Project/Research Poster Session  
Aaron Oberman, The Citadel, Charleston, SC, Jeannine Studer  
Attendees will learn creative strategies that can be easily implemented in their career counseling course. The focus of this session will be for beginning counselor educators who are asked to teach career counseling, but have limited experiences in this counseling focus. Attendees will also receive a handout describing the course format.

5:00 pm – 5:30 pm  
Program ID # 309, Convention Center, Exhibit Hall, Booth PS17  
Internal Restlessness, Sensation Seeking Behavior, Stimulant Use and Misuse, and Psychological Distress in College Students  
30-Minute Project/Research Poster Session  
Liane Pereira, Central Washington University, Ellensburg, WA  
The increased psychological distress and risks for substance use for college students with and without high internal restlessness, and the costs to society, warrant research into the relationships among internal restlessness, stimulant misuse, sensation seeking and psychological distress. This would benefit the individual, his or her school community and society. It is hoped that the results of this study examining the relationship among these variables will aid educators and clinicians to better support and assist these students.

5:00 pm – 5:30 pm  
Program ID # 310, Convention Center, Exhibit Hall, Booth PS18  
The Inspired Counselor: Infusing Creativity into the Career Development Process  
30-Minute Project/Research Poster Session  
Lauri Mills, University of the Pacific, Stockton, CA, Shawna Buchanan  
What role does creativity play in career counseling? How can you engage your students in the career development process in new and innovative ways? We will discuss the research on creativity in career counseling and share creative techniques and strategies that you can use with your students. There will be samples of client work and the opportunity to participate in an experiential activity.
5:00 pm – 5:30 pm
Program ID # 311, Convention Center, Exhibit Hall, Booth PS19
Dance Therapy: Guiding the Process of Communication
30-Minute Project/Research Poster Session
Meredith A. Hirshhorn, University of Central Florida, Orlando, FL
As practitioners, we may encounter couples who struggle with ineffective communication patterns. This presentation will explore dance therapy as another form of communication to move couples through a rhythmic dialog. Insight into the history of dance therapy, the language of dance: guiding/following and deciding/trusting, and implications for counselors will be explored. Supporting research will be used to explore dance as a powerful metaphor for couples to relate to one another through physical and emotional awareness.

5:00 pm – 5:30 pm
Program ID # 312, Convention Center, Exhibit Hall, Booth PS20
Traumatic Brain Injury and Substance Abuse: Implications for Rehabilitation Professionals
30-Minute Project/Research Poster Session
David A. Delambo, University of Wisconsin-Stout, Menomonie, WI, Debra Homa, Sunil Chandras
This presentation will focus on the array of rehabilitation counseling issues present when working with the coexisting disabilities of substance use and traumatic brain injury. An emphasis will be placed on both the identification of and effective treatment modalities for working with this population. The audience will be presented with a model depicting the power of work in promoting sobriety and independence.

5:00 pm – 5:30 pm
Program ID # 315, Convention Center, Exhibit Hall, Booth PS23
The Optimal Supervision Experience: A Post-master's Supervisee Perspective
30-Minute Project/Research Poster Session, Advanced
Neal Gray, Lenoir-Rhyne College, Hickory, NC
This study investigated the relationship between supervisors’ professional counseling experience, degree attained, theoretical orientation, counseling specialty area, and methods of clinical skill observation including live observation, and audio or visual recordings to post-master's degree counselors’ satisfaction with supervision and self-efficacy.

5:00 pm – 6:30 pm
Counselor Education and Supervision Academy
Program ID # 317, Convention Center, Room 217 A
Perceptions of Ethically Correct Behaviors of Counselors: A Survey
90-Minute Program
Brande’ N. Flamez, Texas A&M University, Corpus Christi, TX, Robert L. Smith, James M. Devlin
This presentation will summarize the literature regarding ethical complaints and violations made by counselors, review highlights of ACA’s ethical code, and present the results of a national survey of counselors’ perceptions of ethically correct behaviors. The results can be used to assist in ethical decision-making, inform the revision of ethical codes, and highlight important issues in ethics education.
changes in speech patterns when addressing difficult people. Learn to make the paradigm shift from fighting or fleeing to flowing with any oppressive comment.

5:00 pm – 6:30 pm
Addictions Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 325, Convention Center, Room 207 A
Scaling the Walls of Recovery: Understanding the Barriers to Treatment for Homeless Clients with Co-occurring Disorders
90-Minute Program, Advanced
Michael D. Brubaker, University of Florida, Gainesville, FL, M. David Miller, Candace Hodgkins, Kathleen Estlund
Societal, programmatic and personal barriers can all prevent homeless individuals from seeking addiction and mental health treatment. But which barriers do these clients see as most problematic to their substance abuse and mental health recovery? This program will offer information from a SAMHSA funded study that analyzed the relationship between perceived treatment barriers, motivation for change, and various other psychological factors. Clinicians working with populations with co-occurring disorders will be interested in these findings.

5:00 pm – 6:30 pm
Multicultural Counseling Academy
Program ID # 326, Convention Center, Room 207 D
Counseling Practices and Culture in Italy: Reflections from a Panel of Counselor Educators
90-Minute Program
This panel presentation will incorporate knowledge gained by nine counselor educators involved in a study program in Italy. The panel members will share their experiences in meeting with professionals who are practicing “counseling” in Italy in a variety of settings. Key cultural values including the princi- macy of relationships, importance of the family, and religious traditions will be highlighted and linked to the practice of the profession. Come and hear about “La Dolce Vita” in Italy.
share his excitement about literally rewriting history and the insights he gained about one of the major social revolutionaries of the 20th century.

5:00 pm – 6:30 pm
Spirituality and Religious Values Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 328, Convention Center, Room 217 D
Addressing the Varying Spiritual Needs of Clients Living with Chronic Pain
90-Minute Program, Advanced
Shannon Ray, Nova Southeastern University, Fort Lauderdale, FL
Professional counselors working across settings benefit from awareness of the critical need for addressing spiritual competencies in clients living with chronic pain. As many as 50 million Americans currently suffer from ongoing physical pain with high rates of mental health co-morbidity. As spirituality represents an important agent in improving quality of life, utilizing client spiritual beliefs enhances treatment efficacy. This presentation focuses on integrating clients’ spiritual contexts to improve treatment in myriad counseling settings.

5:00 pm – 6:30 pm
Program ID # 331, Convention Center, Room 219 AB
Dancing with Clients to the Music of Motivational Interviewing
90-Minute Program, Advanced
Cynthia J. Osborn, Kent State University, Kent, OH, Melanie Scherer, Karen Fuller
Motivational interviewing (MI) is an evidence-based counseling style that cultivates intrinsic motivation for change. It is a way of “dancing” with clients: clients lead by determining how and when to change; counselors follow by exploring ambivalence and promoting client change talk. When step, the “music” of MI is composed. We present specific “dance steps” that comprise the “spirit” of MI and are supported by recent research and illustrated in actual client-counselor sessions we have conducted.

5:00 pm – 6:30 pm
Program ID # 332, Convention Center, Room 209 AB
Discussing the Multiracial Population in Counselor Education Curriculum
90-Minute Program, Advanced
Kelley R. Kenney, Kutztown University, Kutztown, PA, Mark Kenney
This program will provide a rationale for and illustrate how counselor educators can infuse information and discussion about the multiracial (interracial couples, multiracial individuals and families, and trans-racial adoptees and families) population into counselor education curriculum.
Patanjali. This is based on a conception of mind not found in any other Asian or Euro-American framework. The program is experiential and is based on addressing anxiety, depression, well being, personal growth, joy, and freedom. By the end of the session, attendees will find themselves feeling more aware, grounded, connected, lighter, and suffused with a sense of well-being.

5:00 pm – 6:30 pm
Mental Health/Private Practice Academy
Program ID # 338, Convention Center, Room 216 AB
Tears of Blood: Understanding and Creatively Intervening in the Grief of Miscarriage
90-Minute Program, Advanced
Kristin I. Douglas, Laramie County Community College, Cheyenne, WY, Joy Fox
Miscarriage loss is often an unacknowledged loss in our society. In this interactive session, therapists will learn creative interventions to help males and females grieving the loss of a miscarriage. Artwork and other creative interventions relating to pregnancy and miscarriage will be displayed and discussed. Participants will also each receive an art grief/loss kit to use with clients grieving a miscarriage loss.

Division & Affiliates Ancillary Events

5:00 pm – 6:00 pm
ACES Research Grants Committee
Westin - Caldwell

5:00 pm – 6:00 pm
ACES Women's Interest Group
Westin - Davidson

5:00 pm – 7:00 pm
CSJ Membership and Awards Meeting
Westin - Sharon

5:30 pm – 7:30 pm
AACE, ASERVIC, C-AHEAD, IAAOC Joint Reception
Westin - Trade

5:30 pm – 7:30 pm
IAMFC, AMHCA Joint Reception
Westin - Providence II

5:30 pm – 7:30 pm
University of North Carolina-Greensboro Reception
Westin - Grand Ballroom A

ACA Ancillary Event

5:30 pm – 6:30 pm
ACA International Student Panel
Westin - Providence I
A panel of graduate students from various countries will discuss the perception of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. Students will also share thoughts on what they’ve learned about counseling in the United States and how it might be applied in their home countries. The International Reception follows.

Education Sessions

5:45 pm – 6:15 pm
CSJ Day of Action
Program ID # SE1-F, Convention Center, Room 210 AB
No Family Left Behind: Creating Welcoming School Environments for LGBT Parented Families
30-Minute Session
Helen M. Kruskamp, University of Georgia, Athens, GA, Jolie Daigle
This presentation will provide a theoretical framework and specific strategies pertaining to creating welcoming school environments for LGBT parented families. Attendees will gain awareness, knowledge, and skills for creating welcoming school environments for this important and often over looked group.

5:45 pm – 6:45 pm
ALGBTIC Day of Learning
Program ID # SE2-F, Convention Center, Room 212 AB
Finding the Spirit Within: Developing Spiritual Competency with LGBT Clients
60-Minute Program, Advanced
Michael M. Kocet, Bridgewater State College, Bridgewater, MA, Dara Hoffman
Spirituality has garnered greater attention in recent years within the counseling profession. Research has shown that individuals lead healthier emotional, physical, and psychological lives when able to integrate spirituality into their identity. However, LGBT individuals often face stigma, prejudice, and invisibility from their faith traditions. Through case studies and group discussion, this interactive presentation will help participants learn how to utilize the spirituality and LGBT competency models to help affirm an integrated sexual-spiritually affirming identity.

Division & Affiliates Ancillary Events

6:00 pm – 7:00 pm
AMCD Past President’s Meeting
Westin - Park
### ACA Ancillary Event

**6:00 pm – 7:00 pm**  
ASGW General Business Meeting  
Westin - King

**6:00 pm – 7:00 pm**  
NECA/MACD Reception for ACA President-Elect Lynn Linde  
Westin - NECA/AADA Suite

**6:30 pm – 8:30 pm**  
ARCA Reception  
Westin - Harris

**6:30 pm – 7:30 pm**  
ACA International Reception  
Westin - Providence I

Network and meet leaders from counseling associations around the world. This is a great opportunity to connect and cultivate partnerships on an international level.

### ACA Ancillary Event

**6:30 pm – 8:30 pm**  
AADA, ACEG, NECA Joint Reception  
Westin - NECA/AADA Suite

### ACA Conference Events

**7:00 pm – 9:00 pm**  
AMCD Past President’s Awards Reception  
Westin - Tryon North & South

**7:00 pm – 9:00 pm**  
ACC, ACES, ASGW, Joint Reception  
Westin - Providence III

**7:00 pm – 10:00 pm**  
Walden University Meeting  
Westin - Davidson

### ACA Ancillary Event

**7:00 pm – 8:30 pm**  
ACA International Reception  
Westin - Providence I

Join us for an evening of entertainment, live music, and dancing. Greet old friends and meet new ones at this social event of the year for counselors! The first hour will be a time for socializing and enjoying conversations while listening to light music. Then, the party revs up at 9:00 pm with live music and dancing. Light refreshments will be served. One ticket is included with each full registration. Additional tickets are $40 per person. Register for additional tickets online or purchase additional onsite.

### Counseling from Around the World

*Don’t miss these opportunities to learn from and interact with our guests from around the globe!*

#### Saturday, March 21

**Hans Hoxter International Forum**  
2 pm – 3:30 pm  
Convention Center (Room 217A)

Presenter: *Dione Mifsud, President of the Malta Association for the Counselling Profession*

**International Student Panel**  
5:30 pm – 6:30 pm  
Westin (Providence 1)

Hear students from Turkey, South Korea, Indonesia, Kenya, India

**International Reception**  
6:30 – 7:30 pm  
Westin (Providence 1)

Enjoy light hors d’oeuvres at no charge
### ACA Conference Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am – 5:00 pm</td>
<td>Registration Open</td>
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<tr>
<td>7:30 am – 6:30 pm</td>
<td>Education Sessions</td>
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<tr>
<td>9:00 am – 10:30 am</td>
<td>Keynote Session</td>
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<tr>
<td>10:30 am – 6:00 pm</td>
<td>Exposition Open</td>
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<td>ACA Bookstore Store Opens</td>
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<td>ACA Career Center Opens</td>
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<td>ACA Resource Center and Cyber Center</td>
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<tr>
<td>11:00 am – 5:30 pm</td>
<td>Poster Sessions</td>
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<tr>
<td>7:00 pm – 9:00 pm</td>
<td>ACA National Awards Ceremony</td>
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### ACA Ancillary Events

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<th>Time</th>
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<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Midwest Region Business Meeting</td>
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<td>11:00 am – 12:30 pm</td>
<td>ACA Western Region Business Meeting</td>
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<tr>
<td>12:00 pm – 1:00 pm</td>
<td>ACA Council of Journal Editors Meeting</td>
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<tr>
<td>12:30 pm – 2:30 pm</td>
<td>ACA North Atlantic Region Business Meeting</td>
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<tr>
<td>1:00 pm – 3:00 pm</td>
<td>ACA Treasurer's Workshop</td>
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<td>2:00 pm – 3:00 pm</td>
<td>ACA Past President's Social Meeting</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACA Fellows</td>
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<td>4:00 pm – 5:00 pm</td>
<td>ACA JCD Editorial Board Meeting</td>
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<td>4:30 pm – 5:30 pm</td>
<td>ACA VISTAS Contributors Meeting (Invitation only)</td>
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<tr>
<td>4:30 pm – 6:30 pm</td>
<td>ACA Foundation Second Century Challenge Recognition Reception</td>
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<tr>
<td>9:00 pm – 11:00 pm</td>
<td>ACA Presidential Leadership Reception</td>
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### Division & Affiliates Ancillary Events

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<th>Time</th>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>ASERVIC Catholic Mass</td>
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<td>7:00 am – 8:30 am</td>
<td>NECA/AADA Graduate Student Breakfast</td>
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<td>7:00 am – 9:00 am</td>
<td>Capella University Breakfast</td>
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<td>7:30 am – 9:00 am</td>
<td>AACE Breakfast and Business Meeting</td>
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<td>7:30 am – 9:00 am</td>
<td>ACCA Breakfast &amp; Business Meeting</td>
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<td>7:30 am – 9:00 am</td>
<td>C-AHEAD Members Breakfast</td>
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<td>7:30 am – 9:00 am</td>
<td>IAAOC Breakfast</td>
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<tr>
<td>2:00 pm – 3:00 pm</td>
<td>ASERVIC Interfaith Service</td>
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<td>8:00 am – 9:00 am</td>
<td>Chi Sigma Iota Presidents and Committee Chairs</td>
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<tr>
<td>8:00 am – 9:30 am</td>
<td>ACES 2009 Conference Committee Meeting</td>
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<td>9:00 am – 10:00 am</td>
<td>ACES Social Justice and Human Rights Committee</td>
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<td>9:00 am – 10:30 am</td>
<td>Chi Sigma Iota Committees</td>
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<td>9:00 am – 12:00 pm</td>
<td>LGBTQ- Rockway Institute Training</td>
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<tr>
<td>10:30 am – 11:30 am</td>
<td>ASGW Past Presidents, Fellows, Branch Presidents and Graduate Students Brunch</td>
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<td>11:00 am – 12:00 pm</td>
<td>AADA Adultspan Journal Editorial Board Meeting</td>
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<td>11:00 am – 12:00 pm</td>
<td>Rocky Mountain ACES</td>
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<td>North Atlantic ACES</td>
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<td>North Central ACES</td>
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<td>11:00 am – 12:00 pm</td>
<td>Western ACES</td>
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<td>11:00 am – 12:00 pm</td>
<td>ASERVIC Town Hall Meeting</td>
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<td>11:00 am – 12:00 pm</td>
<td>ARCA Brunch &amp; Business Meeting</td>
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<td>11:30 am – 12:30 pm</td>
<td>ASERVIC Past Presidents Meeting</td>
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<td>11:30 am – 12:30 pm</td>
<td>ASGW Fellows Symposium</td>
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<td>12:00 pm – 2:00 pm</td>
<td>AMCD Luncheon</td>
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<td>12:00 pm – 2:00 pm</td>
<td>ACES Luncheon</td>
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<td>12:30 pm – 2:00 pm</td>
<td>ASGW Fellows Committee Meeting</td>
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<td>1:00 pm – 2:00 pm</td>
<td>JAOC Editorial Board Meeting</td>
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<td>1:00 pm – 2:30 pm</td>
<td>ACCA Journal Meeting</td>
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<td>1:30 pm – 2:30 pm</td>
<td>ACES 2009 - 2010 Executive Council Meeting</td>
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<td>2:00 pm – 3:00 pm</td>
<td>ARCA Creating a Student Organization and Student Task Force</td>
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<td>2:00 pm – 3:30 pm</td>
<td>ASERVIC State Presidents Meeting</td>
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<td>2:30 pm – 3:30 pm</td>
<td>ACES College Student Affairs Interest Network</td>
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<td>2:30 pm – 3:30 pm</td>
<td>ACES Mental Health Interest Network</td>
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<td>2:30 pm – 3:30 pm</td>
<td>ACES Advocacy Interest Network</td>
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<td>2:30 pm – 3:30 pm</td>
<td>ACES Doctoral Programs Interest Network</td>
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SUNDAY AT-A-GLANCE  |  March 22

2:30 pm – 3:30 pm  ACES Career Development Commission
2:30 pm – 3:30 pm  ACES Technology Interest Network
2:30 pm – 3:30 pm  ACES Rural Counseling Interest Network
2:30 pm – 3:30 pm  ALGBTIC Town Hall—Students & Professionals
2:30 pm – 3:30 pm  AMCD Southern Region Business Meeting
2:30 pm – 3:30 pm  AMCD Midwest Region Business Meeting
2:30 pm – 3:30 pm  AMCD North Atlantic Region Business Meeting
2:30 pm – 3:30 pm  AMCD Western Region Business Meeting
2:30 pm – 4:30 pm  ACES CE&S Editorial Board Meeting
3:30 pm – 4:30 pm  ALGBTIC Annual Business Meeting/Elections
3:30 pm – 5:30 pm  The College Board Meeting
4:00 pm – 5:00 pm  ACCA 2009–2010 Executive Council Meeting and Committee Meeting
4:00 pm – 5:00 pm  AADA New Board Meeting
4:30 pm – 6:00 pm  AMCD JMCD Editorial Board Meeting
5:00 pm – 6:00 pm  ALGBTIC Queer People of Color Gathering
5:00 pm – 6:00 pm  AMCD Graduate Student Reception
5:00 pm – 7:00 pm  NBCC Reception
5:30 pm – 7:00 pm  ACCA Reception
6:30 pm – 8:00 pm  NCCA Reception
6:30 pm – 8:30 pm  ASGW “Welcoming Graduate Students and New Professionals” Reception
6:30 pm – 8:30 pm  ALGBTIC Reception
7:00 pm – 8:00 pm  AMCD Service Day Recognition Reception
7:00 pm – 10:00 pm  Walden University Meeting
9:00 pm – 1:00 am  AMCD Dance & Mixer

Preparing you for a career in counseling

When you earn an advanced degree in counseling, you prepare to take your place as a leader in the field. Barry University offers many opportunities to earn your degree at the main campus in Miami Shores or at the Orlando campus.

**PhD in Counseling, with a specialization in Marital, Couple, and Family Counseling/Therapy**

**MS and EdS degrees with specializations in:**
- Marital, Couple, and Family Counseling/Therapy
- Mental Health Counseling
- Rehabilitation Counseling
- School Counseling
- Dual Specialization in Marital, Couple, and Family Counseling/Therapy and Mental Health Counseling
- Dual Specialization in Mental Health Counseling and Rehabilitation Counseling

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As a student in Barry's counseling programs, you gain clinical experience at the Barry Family Enrichment Center. You join a caring community where you receive personal attention and a Catholic, liberal arts tradition supports your growth. Ready to find out why Barry is where you belong? Just visit www.barry.edu/counseling.
ACA Conference Events

7:00 am – 5:00 pm
ACA Conference Registration
Convention Center

7:00 am – 8:00 am
Division & Affiliates Ancillary Events

7:00 am – 8:00 am
ASERVIC Catholic Mass
Westin - Grand Ballroom A

7:00 am – 8:30 am
NECA/AADA Graduate Student Breakfast
Westin - NECA/AADA Suite

7:00 am – 9:00 am
Capella University Breakfast
Westin - Providence Ballroom III

7:30 am – 9:00 am
AACE Breakfast and Business Meeting
Westin - Independence

7:30 am – 9:00 am
ACCA Breakfast & Business Meeting
Westin - Harris

7:30 am – 9:00 am
C-AHEAD Members Breakfast
Westin - King

7:30 am – 9:00 am
IAAOC Breakfast
Westin - Queen

Education Sessions

7:30 am – 8:30 am
ACC Day of Learning
Human Development Across the Lifespan Academy
Program ID # SE3-A, Convention Center, Room 210 AB
Sunrise Reflections
60-Minute Program
Marcheta Evans, The University of Texas, San Antonio, TX,
Michael Moyer, Anna Lopez, Chris Leeth, Ioana Boie, Vicki Herndon,
Pamela Hoch, Delight Renken, Paul Carrola
Begin your day with a meditative start as we reflect on wellness,
creativity and hope. In a relaxed environment we will explore
tools to connect with ourselves and the world around us.

7:30 am – 8:30 am
Couples and Family Counseling Academy
Multicultural Counseling Academy
Program ID # 341, Convention Center, Room 217 A
Examining Parent Proficiencies of Culturally Diverse Parents
60-Minute Program
Cirecie A. West-Olatunji, University of Florida, Gainesville, FL,
Caronne Rush, Laura Reid, Rachael Goodman
This session introduces the Parent Proficiencies Questionnaire
(PPQ). The PPQ is a diagnostic tool that was developed for
use with culturally diverse parents. This tool is meant to assess
parent practices and promote positive changes in parenting for
the benefit of the child.

7:30 am – 8:30 am
NCCA Sponsored Session
Human Development Across the Lifespan Academy
Mental Health/Private Practice Academy
Program ID # 342, Convention Center, Room 217 BC
Spin Me a Tale: Using Narrative Therapy with
the Older Client
60-Minute Program
Lydia Boldt Smith, University of North Carolina, Charlotte, NC
As the older adult population in this country increases,
so does the demand for specialized, effective counseling
therapies. Narrative therapy can engage the older client and
mitigate resistance by those unwilling to enter into counsel-
ing. After evaluating their own levels of ageism awareness and
knowledge, participants will learn specific strategies and inter-
ventions adapted for use with this age group. An experiential
component will allow participants to experience how narrative
therapy works with a real case.

7:30 am – 8:30 am
Military Counseling Academy
Child and Adolescent Counseling Academy
Program ID # 343, Convention Center, Room 213 A
Addressing Grief and Loss with Children and
Adolescents of Military Families
60-Minute Program
Jacqueline Melissa Swank, University of Central Florida, Orlando,
FL, Edward Robinson, Cheryl McCloud, Sally Lewis
Children residing in military families experience grief and loss
issues associated with deployment and possible death of a par-
ent. This presentation focuses on outlining the stages of grief,
discuses expression of grief at various stages of development,
and explores grief and loss issues specifically related to mili-
tary families. Additionally, attendees will have the opportunity
to learn about and engage in experiential activities to use in
addressing grief and loss issues with this population.
7:30 am – 8:30 am
Rehabilitation Counseling and Disability Issues Academy
School Counseling Academy
Career Development/Employment Counseling Academy
Program ID # 344, Convention Center, **Room 213 D**

**Barriers for Students with Disabilities Transitioning from School to Adult Life: Developing a Strategic Plan**
60-Minute Program, Advanced
Laura Ann Roberts, Futures School, Hartford, CT, Tamisha M. Bouknight, Dov Kugelmans
This educational session will provide counseling to professionals who are currently working with students in minority groups who have special needs that are in the process of transitioning from school to adult services. The session will focus on identifying the barriers that these students experience and provide attendees with a working knowledge of current strategies that have been found to be effective in helping students in transition achieve success.

7:30 am – 8:30 am
Child and Adolescent Counseling Academy
Mental Health/Private Practice Academy
Program ID # 345, Convention Center, **Room 203 A**

**Diagnosing Bipolar Disorder in Children**
60-Minute Program, Advanced
Tammy J. Shaffer, Western Kentucky University, Bowling Green, KY
This workshop will define bipolar disorder and discuss clinical issues and controversies regarding the use of this disorder in diagnosing children. Issues regarding contraindications to treatment, psychopharmacology, and implications for counselors will be explored. Symptoms particular to children will be discussed and treatment techniques will be provided. Participants will leave this workshop better prepared to identify this disorder in children, clarify treatment goals and issues, and work with other professionals and families to help.

7:30 am – 8:30 am
NCCA Sponsored Session
Counselor Education and Supervision Academy
Multicultural Counseling Academy
Program ID # 346, Convention Center, **Room 203 B**

**Looking at Knowledge and Empathy Development through Cooperative Learning: A “Process” not a Product**
60-Minute Program, Advanced
Edward A. Wierzalis, University of North Carolina, Charlotte, NC, Wanda P. Briggs, Johnny Sanders
This session will be on the power and influence of instructional methods, classroom environment, and instructor characteristics that support personal growth and transformative learning in multicultural education. Research findings will be presented that underscore elements such as diversity dialogue, cultural action plans, intentional reflection, and application of teaching methods that support students in the “process”. Participants will explore techniques and share their own experiences.

7:30 am – 8:30 am
Multicultural Counseling Academy
Child and Adolescent Counseling Academy
Program ID # 347, Convention Center, **Room 208 A**

**Native American Children: Culture-based Group Interventions**
60-Minute Program, Advanced
Sheryl B. Livingston, University of New Mexico, Albuquerque, NM, Jeanmarie Keim
This presentation will focus on unique issues mental health counselors face when working with Native American youth such as: acculturation, cultural identity, developmental issues, heritage and native language. The session will consist of presenting group interventions designed to enhance cultural identity and resilience of Navajo and Lakota youth with information for application to other Native American youth.

7:30 am – 8:30 am
School Counseling Academy
Counselor Education and Supervision Academy
Program ID # 348, Convention Center, **Room 208 B**

**National Survey of Urban School Counselor Preparation Programs: Implications for Education and Practice**
60-Minute Program, Advanced
Farah A. Ibrahim, University of Colorado Denver, Denver, CO, Carlos P. Hipolito-Delgado
This program presents data on a national survey of urban school counselor education training programs. The results will provide information that is currently scarce in the professional literature, given that the ASCA National Model (2002) is only six years old and there is limited research available on how it is being incorporated in training programs focusing on urban school counseling. Implication for training programs and for school counselors will be shared.

7:30 am – 8:30 am
Multicultural Counseling Academy
School Counseling Academy
Program ID # 349, Convention Center, **Room 207 A**

**College Level Choice of Latino High School Students: A View through Three Lenses**
60-Minute Program
Laura McLaughlin Gonzalez, North Carolina State University, Raleigh, NC
Some students make surprising decisions about college. Of all students entering college, only Latinos choose two-year colleges at a higher rate than four-year colleges. This presentation will dig below the surface to describe some potential reasons for that choice (whether demographic, academic, or psychosocial), the educational consequences, and approaches counselors might take when discussing college choice with Latinos. Given current population statistics, this is an essential group for counselors to understand in more detail.
7:30 am – 8:30 am

**Spirituality and Religious Values Academy**

**Human Development Across the Lifespan Academy**

Program ID # 350, Convention Center, Room 207 D

**The Overlooked Role in Cancer: Helping Caretakers of People with Cancer Find Peace and Strength**

60-Minute Program

Amber Pope, University of North Carolina, Greensboro, NC, Alli Forti

Caretakers of people with cancer experience unique challenges as they attempt to process their emotional experience of caring for a loved one with cancer. Emotive and spiritual interventions can help caretakers find peace and strength in a difficult situation. Clinical interventions will be presented and attendees will engage in an experiential activity to help increase their understanding and application of presented interventions.

7:30 am – 8:30 am

**ACA Author Session**

Program ID # 351, Convention Center, Room 213 BC

**Counseling Multiple Heritage Individuals, Couples, and Families**

60-Minute Program

Richard C. Henriksen Jr., Sam Houston State University, Huntsville, TX, Derrick A. Paladino, Rollins College, Winter Park, FL

The Multiple Heritage Identity Development Model (2009) will be discussed as the basis for conceptualizing the many challenges faced by multiple heritage individuals, couples, and families. Counselors and other helping professionals will gain greater insight into the unique challenges and developmental course faced by this rising population with particular attention to their strengths. In addition, professionals will be made aware of new skills and approaches for effective counseling services presented in the authors’ new book, *Counseling Multiple Heritage Individuals, Couples, and Families*.

7:30 am – 8:30 am

**First Responder Mental Health: The Relationship between Mindfulness and Posttraumatic Growth**

60-Minute Program

Brian A. Chopko, Kent State University Stark, North Canton, OH, Robert Schwartz

First responders including police officers, firefighters, emergency medical technicians, and military personnel often develop negative posttraumatic symptoms. Mindfulness-based treatments are increasingly being used to treat posttraumatic reactions. Counselors must not only be skilled at reducing the negative symptoms associated with trauma, but they must also foster posttraumatic growth in order to best serve this population. This presentation will explore recent research and therapeutic techniques associated with mindfulness-based treatments and posttraumatic growth in first responders.

7:30 am – 8:30 am

**Addictions Academy**

Program ID # 355, Convention Center, Room 219 AB

**Internet Addiction: Toward a New Understanding of Emptiness**

60-Minute Program, Advanced

Mary Didelot, Purdue University Calumet, Hammond, IN, Janet Buckenmeyer, Lisa A. Hollingsworth

Internet addiction (IA) is growing at significant rates and is greatly misunderstood. The models for IA are currently cognitive-behavioral therapy (CBT) via practices gleaned from other addictions. CBT is used to short-circuit habits in addictions, but what happens once the habits are stopped and emptiness becomes blatant? Logotherapy is an approach to IA after CBT to facilitate recovery and persistence. MySpace examples, a case study, and the therapeutic approach and application will be used.

7:30 am – 8:30 am

**Career Development/Employment Counseling Academy**

**Multicultural Counseling Academy**

Program ID # 356, Convention Center, Room 209 AB

**“Should” versus “Do”: Contemporary Perceptions of Educational and Employment Equity across Gender and Ethnicity**

60-Minute Program, Advanced

Sylvia C. Nassar-McMillan, North Carolina State University, Raleigh, NC, Marie Shoffner

Presenters will review the current literature on stereotyping and career development. We will overview a recent NSF-funded study on perceived differences between how things should be and how things really are with regard to gender and ethnicity in education and employment. Implications and tools for counselors across a variety of settings will be provided, and participants will be invited to explore their perceptions of educational and employment equity across gender and ethnicity.

7:30 am – 8:30 am

**LGBT Academy**

Program ID # 357, Convention Center, Room 218 AB

**The Boy Code Betrays Me: Addressing Societal and Sex-based Trauma in the Lives of Gay and Bisexual Men**

60-Minute Program, Advanced

Stacee Reicherzer, Walden University, Baltimore, MD, Jason Patton, Alessio Pisano

This highly interactive presentation emphasizes clinical skills in addressing the developmental impact of social and sexual trauma in the lives of gay and bisexual men across the lifespan. Emphasis will be placed on examining cultural factors that can contribute to the obfuscation of personal trauma histories: race-ethnicity, sexual politics within personal histories, socioeconomic experiences, and familial religious traditions. A relational-cultural theoretical perspective will present the counseling relationship as a corrective experience for healing trauma.
7:30 am – 8:30 am
School Counseling Academy
Program ID # 359, Convention Center, Room 202 AB
School Counselors’ Role in Training Parents as Advocates
60-Minute Program, Advanced
Teresa Fisher, Northern Illinois University, DeKalb, IL, Lynette O’Neal
School counselors are effectively serving as advocates for their clients. Unfortunately, due to high case loads, students with complex needs, multiple level responsibilities, as well as other work related factors, counselors need support in their advocacy for students. This presentation introduces a training model designed especially for school counselors. The model has been successfully implemented in schools to assist counselors in expanding their advocacy role, by training parents to become advocates for their children.

7:30 am – 8:30 am
Counselor Education and Supervision Academy
Program ID # 360, Convention Center, Room 211 AB
Counselors Dealing with the Impact of Evidence-based Practice
60-Minute Program, Advanced
Patricia Kyle, Southern Oregon University, Ashland, OR, Lani Fujitsubo
Increasingly counselors are required to prove they are utilizing evidence-based interventions in their work with clients in order to obtain funding. However, counselors typically do not apply research to their clinical practices due to low comfort level with research or biases against manualized treatment approaches that appear to remove the creativity from the counseling process. This interactive presentation will focus on how counselors can have Evidenced-Based Practice (EBP) work for them rather than against them.

7:30 am – 8:30 am
Counseling Ethics and Legal Issues Academy
Program ID # 361, Convention Center, Room 207 BC
Ethics beyond the Obvious: Immunizing Yourself against Ethical Violations
60-Minute Program
Cecile Brennan, Ursuline College, Pepper Pike, OH
This program moves ethics instruction to a new level. Too often ethics instruction remains focused on rules and laws. While knowledge of ethical codes and laws is important, it is not enough. Applying the same principles used in work with clients, this approach moves beyond instruction about the obvious into the realm of the psychological. Participants are guided toward understanding the psychological basis of ethical actions and of developing a proactive, individualized ethical plan.

7:30 am – 8:30 am
“Thru the Lenz” Participatory Action Research in Theory and Practice
60-Minute Program
Kristen Goessling, Lewis and Clark College, Portland, OR, Carol Doyle, Adam York
“Thru the Lenz” was a community photo project where high school students, partnering with graduate students, captured the reality of their lives and community through pictures. In this presentation the co-researchers will discuss their experience conducting participatory action research with adolescents. The basic tenets of participatory action research and community based photography will also be outlined.

7:30 am – 8:30 am
Addictions Academy
School Counseling Academy
Program ID # 363, Convention Center, Room 214
Implementing a Model Intervention Program for At-risk Adolescents: Targeting Alcohol and Substance Abuse
60-Minute Program, Advanced
Dale E. Weaver, The College of William and Mary, Williamsburg, VA, Sandy Ward, Janice Fowler, Karen Kolet
This presentation will demonstrate how to implement a Student Assistance Program that targets students at risk for academic, behavioral, social-emotional difficulties or alcohol-substance use. Data-driven outcomes will be provided. The collaborative efforts among the School Division, the Community Health Foundation, and The College of William and Mary will be highlighted. Attendees will leave with both the knowledge and ability to implement a Student Assistance Program in their school setting.

7:30 am – 8:45 am
C-AHEAD Wellness Center
Human Development Across the Lifespan Academy
Program ID # SE4-A, Convention Center, Room 212 AB
C-AHEAD Morning Meditation
75-Minute Program
Michael C. Lazarchick, Atlantic County One Stop Career Center, Pleasantville, NJ
There is no more beneficial way to begin the convention day than with meditation. The C-AHEAD Wellness Center traditionally begins its Wellness Program with an opportunity for convention participants to find a place to relax, refocus, meet with colleagues, and in doing so, become more productive and involved in the convention process. This workshop will also include mindfulness mediation and guided visualization. There will be a brief opportunity for comments.

8:00 am – 9:00 am
ASERVIC Interfaith Service
Westin - Grand Ballroom A

8:00 am – 9:30 am
Chi Sigma Iota Presidents and Committee Chairs
Westin - Park
9:00 am – 10:00 am
ACES 2009 Conference Committee Meeting
Westin - Tryon North

9:00 am – 10:30 am
ACES Social Justice and Human Rights Committee
Westin - Stonewall Boardroom

9:00 am – 10:30 am
Chi Sigma Iota Committees
Westin - Grand Ballroom C

9:00 am – 12:00 pm
ALGBTIC/Rockway Institute LGBTQ - Affirmative Media Training
Westin - Tryon South

10:30 am – 11:30 am
ASGW Past Presidents, Fellows, Branch Presidents and Graduate Students Brunch
Westin - Queen

10:30 am – 6:00 pm
Exposition Hall Activities
Convention Center

ACA Conference Events

ACA Career Center
If you have or strive for a career in counseling, then the Career Center is a place for you. The biggest draw each year is the traditional interviewing program, but other presentations and opportunities to consult with career advisors abound.

Come by to see what resources we have or what we can recommend to support your career path in counseling. On-site critique of your resume or curriculum vitae, tips on job search, and workshops designed for all stages of your counseling career are available any time the Exposition is open.

Private consultation for private practice, career issues, licensure and ethics are available by appointment. (A reduced fee applies to private practice issues.)

ACA Graduate Student Center
The Graduate Student Center is the perfect opportunity for grad students to relax and network with their peers, as well as with leaders in the counseling profession. You’ll have the chance to meet one-on-one with distinguished counselor educators, scholars, and authors, some whose books you’ve read and whose theories you’ve studied. Student ID required.

ACA Resource Center and Cyber Center
The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources and membership. Find out what’s happening on federal and state policy issues affecting the profession. The ACA Web site is at your fingertips via a walk-up display with computer workstation. Check your e-mail at the Cyber Center without having to leave the action!

ACA Bookstore
Visit the ACA Bookstore in the Exposition Hall to see the impressive line of ACA publications, DVDs, and LogoLine merchandise from the premier counseling resource provider. Take a moment to talk with leading authors at scheduled book signings and meet with the Director of Publications to discuss your manuscript ideas.

Education Sessions

10:30 am – 12:00 pm
C-AHEAD Wellness Center
Human Development Across the Lifespan Academy
Program ID # SE4-B, Convention Center, Room 212 AB

Many Paths to Wellness
90-Minute Program
Michael C. Lazarchick, Atlantic County One Stop Career Center,
Pleasantville, NJ

On October 8, 1998, Judy and Dennis Shepard got the middle-of-the-night phone call that all parents dread. Their son, Matthew, was in a coma following a brutal attack that was determined to be a hate crime. Three days later, Matthew died from his injuries…but his spirit lives on through the public outcry that the incident sparked and the powerful messages Judy Shepard has delivered over the past 10 years.

Ms. Shepard will share her message about what professional counselors can do to help make our communities and our schools safer for everyone, regardless of their race, sex, religion, or sexual orientation.
C-AHEAD invites you to explore holistic integrity, which is the interplay of body, mind and spirit. This variety of topics will include stretching, exercise, exploring universal energy and inspirational thought, Qigong, mindfulness meditation and sound. Discussion will augment this experiential process. The goal of this workshop is to enhance participants’ understanding of physical, mental and spiritual well being.

11:00 am – 11:30 am

NCCA Sponsored Session
Program ID # 365, Convention Center, Exhibit Hall, Booth PS1

Issues and Concerns Facing the Gay, Lesbian, Bisexual and Transgendered Populations
30-Minute Project/Research Poster Session
Jennifer Johnson, Appalachian State University, Boone, NC, Casswell Martin

AGLBCNC presents a poster discussing the issues and concerns facing the gay, lesbian, bisexual and transgendered populations in both North Carolina and the rest of the country. A look at current counseling options and resources will be presented. An overview of states’ current gay rights policies will be examined and the duty of counselors to advocate on behalf of their clients will be highlighted.

11:00 am – 11:30 am

NCCA Sponsored Session
Program ID # 366, Convention Center, Exhibit Hall, Booth PS2

Geriatric Animal-assisted—Group Therapy
30-Minute Project/Research Poster Session
Amanda Patterson, University of North Carolina, Charlotte, NC, Shawn Collins

The human-animal bond has been evident throughout history. When applied to geriatric healthcare settings, geriatric patients may react differently to animals than to staff and visitors. Improvements are made in the physical, social, emotional, and/or cognitive functioning of patients. Therapists document records and evaluate patients’ progress. This poster explores animal-assisted therapy with elders in a group and individual context.

11:00 am – 11:30 am

CSI Grant Award Winner
Program ID # 367, Convention Center, Exhibit Hall, Booth PS3

Wellness across Ethnicity and Gender: What Impact Does a 15-week Online Course Have On Wellness, Creativity and Mattering?
30-Minute Project/Research Poster Session
Eric S. Thompson, University of Florida, Gainesville, FL, Isabel Thompson

This program will provide a background and preliminary analyses of the development and impact of a 15-week online wellness course. The Indivisible Self Model of Wellness informs the course contents. Outcomes on wellness, creativity, and perceived mattering to others will be presented. Traditional and non-traditional undergraduate students are included in the study. Particular emphasis is placed on determining if there are variations in wellness, creativity, and mattering outcomes across undergraduate students’ gender and ethnicity.

11:00 am – 11:30 am

AAADA Sponsored Session
Program ID # 368, Convention Center, Exhibit Hall, Booth PS4

Counselor Education Students Serving as Consultants to School Counselors
30-Minute Project/Research Poster Session

College faculty and students served as consultants to a local school district as they implemented the New York State Comprehensive School Counseling Program. The process of initiating the collaborative relationship and the evolution of that relationship will be shared. There will be a focus on challenges faced and the outcome of the relationship.

11:00 am – 11:30 am

NCDA Sponsored Session
Program ID # 369, Convention Center, Exhibit Hall, Booth PS5

Counseling for Next Generation Careers—Keys to Informed Decision-making
30-Minute Project/Research Poster Session, Advanced
Linda Kobylarz, Linda Kobylarz & Associates, Burlington, CT

Employment trends and projections can help clients identify skills in demand and inform their career decision-making. Learn about “next generation careers” and the occupations that will be in demand. Explore meaningful ways to connect labor market information to client career plans. Leave with new ideas and plenty of resources.

11:00 am – 11:30 am

NECA Sponsored Session
Program ID # 370, Convention Center, Exhibit Hall, Booth PS6

Finding a Business Niche and Succeeding
30-Minute Project/Research Poster Session, Advanced
Andrew Helwig, University of Colorado Denver, Denver, CO

This program will address the issues involved in developing a service or product business within the profession of counseling. Knowing the trends and patterns within the profession is critical. The presenter has over 18 years experience in conducting a successful counselor exam-preparation business. Over 1,000 copies of the Study Guide for the National Counselor Exam are sold each year and he has conducted over 225 exam-prep workshops in 17 states with over 4,000 participants.

11:00 am – 11:30 am

IAMFC Sponsored Session
Program ID # 371, Convention Center, Exhibit Hall, Booth PS7

Ethics in Family Counseling: Wellness and the Family Counselor
30-Minute Project/Research Poster Session
Bret Hendricks, Texas Tech University, Lubbock, TX, Gerald Parr, Loretta Bradley
This presentation presents information about family counselors and wellness in family counseling. The presenters will address wellness strategies for counselors and clients while illustrating the ethical responsibility of family counselors to incorporate self-wellness and client-wellness into the practice of family counseling. Research results will be presented and handouts will be provided.

11:00 am – 11:30 am
Program ID # 372, Convention Center, Exhibit Hall, Booth PS8
Incorporating Contemporary Issues into School Counseling Classes
30-Minute Project/Research Poster Session, Advanced
Scott Schafle, Central Washington University, Ellensburg, WA
Attendees will learn what materials and strategies can be used to help prepare school counseling students to deal with contemporary issues. Issues include cyber bullying and online aggression, crisis management in a school setting, immigration status and college admissions and financial aid application, and working with sexual minority youth.

11:00 am – 11:30 am
Program ID # 373, Convention Center, Exhibit Hall, Booth PS9
Critical Incident Stress Debriefing (CISD) as a Response to Trauma Exposure: Should it Be Practiced?
30-Minute Project/Research Poster Session
Kelly N. Silverman, Clemson University, Department of Public Health Sciences, Clemson, SC, Stephanie Belke
Critical Incident Stress Debriefing (CISD) is a structured group model designed to explore facts, thoughts, reactions, and coping strategies following trauma. Controversies in the literature assert that the use of CISD may be detrimental to the client. This literature review will examine the negative effects of CISD on clients who have experienced trauma. Additionally, this review will aid in determining whether CISD meets ethical standards and if it should be implemented within counseling practice.

11:00 am – 11:30 am
Program ID # 374, Convention Center, Exhibit Hall, Booth PS10
Factors Influencing Dropout among Teenage Mothers Using Measurement Development
30-Minute Project/Research Poster Session, Advanced
Valerie McGaha-Garnett, Oklahoma State University, Tulsa, OK, Aretha Faye Marbury
The factor analysis using the measures of the NELS:88 Database and the Resiliency Model represents a possible tool for screening the likelihood of high school dropout for adolescent mothers. Adolescent mothers, who are targeted as high needs, may benefit from the preventive services of the schools and within the community. For counselors and school administrators this information is particularly beneficial in examining the factors when increasing academic standards and retention rates.

11:00 am – 11:30 am
Program ID # 375, Convention Center, Exhibit Hall, Booth PS11
Developing Guidelines for Campus Suicide Prevention Anti-stigma Posters: A Focus Group Approach
30-Minute Project/Research Poster Session, Advanced
Darren A. Wozny, Mississippi State University, Meridian, MS
Our campus suicide prevention program is focused on early identification of distressed at-risk students followed by appropriate referral to counseling services. Poor help-seeking attitudes/behaviors of the referring party (faculty, staff, and students) or distressed students can result in lack of referrals and/or poor referral utilization. The anti-stigma project purpose was for focus-group students to develop anti-stigma poster guidelines for our commuter campus so to enhance the help-seeking attitudes/behaviors among campus faculty, staff, and students.

11:00 am – 11:30 am
Program ID # 376, Convention Center, Exhibit Hall, Booth PS12
The STAR Model: Using Technology to Refer Students for Increased Support Services
30-Minute Project/Research Poster Session, Advanced
Nicole K. Shadeed, Harvard Graduate School of Education, Cambridge, MA
Technology is a growing resource in our schools today. Why not use it to your school’s advantage? This presentation offers one approach to using computers to increase communication between faculty and improve referral processes for students in need of counseling and academic support. Based on social intervention theories, this session will present how to configure technology and staff to best meet the developmental and educational needs of students in your school.

11:00 am – 11:30 am
Program ID # 377, Convention Center, Exhibit Hall, Booth PS13
The CARE Supervision Note: Developing a Concise Form and Format for the Documentation of Supervision
30-Minute Project/Research Poster Session, Advanced
Stella Beatriz Kerl-McClain, Lewis and Clark College, Portland, OR
What is the documentation need for faculty supervisors? While serving as the liaison between the university and the site, faculty supervisors should also have knowledge of student work at the site in order to best facilitate competent practice. The CARE Supervision Note meets this need. It consists of four sections corresponding to the acronym CARE. Each section also contains additional descriptors in order to clarify the content of the section.

11:00 am – 11:30 am
Program ID # 378, Convention Center, Exhibit Hall, Booth PS14
Shared Lived Experiences of Latino Fathers Raising a Child with Disabilities: Implications for Counselors
30-Minute Project/Research Poster Session
Michael Becerra, Texas A&M University, Commerce, TX, Michelle Perepichka
Latino fathers are conflicted with changes to their cultural...
values, gender attitudes, and parenting strategies. When stress of raising a child with a disability is added to preexisting concerns, Latino fathers may choose to either accept the disability and allow flexibility in their roles or deny the disability and remain rigid and intolerant. This poster session will provide a snapshot into the needs of these fathers and provide intervention strategies for counselors and rehabilitation providers.

11:00 am – 11:30 am
Program ID # 379, Convention Center, Exhibit Hall, Booth PS15
Creating Trust from Distrust: Advocating for the Inclusion of Minority Parents and Students
30-Minute Project/Research Poster Session, Advanced
Lisa L. Schulz, Georgia Southern University, Statesboro, GA
This poster session is designed to highlight the issues of privilege, power, and cross cultural communication between schools and their multi-ethnic and multicultural parents and students. The objective is to consider how counselors, educators, and advocates for social justice in education can create more inviting and collaborative school climates for students of color and eliminate barriers to access for their parents.

11:00 am – 11:30 am
Program ID # 380, Convention Center, Exhibit Hall, Booth PS16
Innovative Instructional Techniques for Multicultural Competence
30-Minute Project/Research Poster Session, Advanced
Molly Havnen Cox, The University of Great Falls, Great Falls, MT, Marisa L. White, Dariya Mowry
The focus of this session is providing innovative techniques for teaching multicultural competencies to future counselors. The presentation will include an overview of activities that broaden multicultural understanding, examples of student work, and will culminate in activities that increase students’ awareness of ethnicity, socioeconomic status, racism, and prejudice.

11:00 am – 11:30 am
Program ID # 381, Convention Center, Exhibit Hall, Booth PS17
An Examination of the Perceptions of Social Support Networks of Injured Athletes
30-Minute Project/Research Poster Session
Julia Waclawiak, University of Texas, San Antonio, TX
Times can often be trying when sustaining a serious injury. Injuries not only can cause a lot of pain, but they can cause feelings of isolation. Coaches, trainers, and counselors should be prepared to expect some sort of emotional reaction from the athlete in response to his/her injury. Social support networks are important because they work in such a way to enhance the well-being of the individual and helps them cope with unwanted effects of stress.

11:00 am – 11:30 am
Program ID # 383, Convention Center, Exhibit Hall, Booth PS19
The Role of Optimism in Adaptive and Maladaptive Perfectionism: Implications for Treatment
30-Minute Project/Research Poster Session
Casey M. Deal, AVITA Community Partners, Demorest, GA
College students often possess perfectionistic traits, and their perfectionism can be either detrimental or beneficial to their success. If you’re a college counselor, you’re likely to encounter clients who struggle with perfectionism. This poster session will provide information on current research involving perfectionists, as well as implications for working with perfectionists in the realm of counseling. An original research study with college students found that healthy (adaptive) perfectionists possess a more optimistic personality orientation.

11:00 am – 11:30 am
Program ID # 384, Convention Center, Exhibit Hall, Booth PS20
Addiction and Recovery from the Feminine Perspective: Alternatives to the Mainstream Models
30-Minute Project/Research Poster Session
Anne Dickerson, University of North Carolina, Charlotte, NC
This presentation will contain an overview of current feminist critiques of the traditional models of addiction and recovery. Cultural considerations will be explored and empowering messages will be proposed to replace the oppression contained in the traditional 12 Step model. Alternative recovery models will be described.

11:00 am – 11:30 am
Program ID # 385, Convention Center, Exhibit Hall, Booth PS21
Inauthentic Self in Relationship: The Role of Attitudes toward Women
30-Minute Project/Research Poster Session
Sondra Smith-Adcock, University of Florida, Gainesville, FL
Authenticity in relationships promotes women’s mental health. This presentation focuses on factors influencing authentic relationship development in college-aged women. The findings of a recent study, which examined the relationship between attitudes toward women and inauthentic self in relationship, are discussed. The presentation concludes with implications for researchers and practitioners working with women in the U.S. Counseling interventions that promote authenticity and based on a relational-cultural framework will be emphasized.

11:00 am – 11:30 am
Program ID # 388, Convention Center, Exhibit Hall, Booth PS24
Why Students Become Counselors: Does CACREP Deliver?
30-Minute Project/Research Poster Session
Liviva M. D’Andrea, University of Nevada, Reno, NV
Information from student application letters will be used to discuss how CACREP standards can be used to meet the needs of students and improve counselor education programs.
11:00 am – 12:00 pm
ACC Day of Learning
Couples and Family Counseling Academy
Addictions Academy
Program ID # SE3-B, Convention Center, Room 210 AB
Creative Couples Interventions for Sexual Addiction
60-Minute Program, Advanced
Joanne Vogel, Rollins College, Winter Park, FL
This presentation uses the foundational principles of Relational-Cultural Theory to conceptualize sexual addiction and its relational impact. Particular attention is paid to the principles of connection, mutuality, authenticity, power, and culture. The presenter offers creative interventions to enhance relational transformation for affected couples in order to move from a state of disconnection towards mutuality, growth, and connection.

11:00 am – 12:00 pm
For Graduate Students and New Professionals Only
Wellness and Self-care for Graduate Students and New Professionals
60-Minute Program
Jane E. Myers, University of North Carolina, Greensboro, NC
Graduate students and new professionals experience excitement and challenge, leading to stress and eustress. Ultimately, personal wellness is affected. Because our profession espouses a holistic, wellness philosophy, it is essential for counselors to embrace a personal wellness lifestyle. Stated another way, it takes a well counselor to help a client be more well! In this session, students and new professionals will learn about counseling-based models of wellness and discuss strategies for developing, enhancing, and maintaining personal wellness lifestyles throughout their professional preparation and career.

11:00 am – 12:00 pm
Program ID # 390, Convention Center, Room 217 BC
How to Use and Contribute to ACA’s VISTAS Information System
60-Minute Program
Garry R. Walz, Counseling Outfitters, LLC, Dexter, MI, Jeanne Bleuer, Martha M. Russell, Robert C. Chope
Accessing and using the best available information and practices is a hallmark of the competent counselor. This program will prepare you to both share your best ideas as well as access those of others by utilizing ACA’s VISTAS information system. Valuable information and resources to help you access and contribute to VISTAS will be provided to those who attend. The benefits of this program to participants will be long lasting.

11:00 am – 12:00 pm
Multicultural Counseling Academy
Program ID # 391, Convention Center, Room 213 A
Making Sense of America: The International Student and the Challenge of the Multicultural Counseling Course
60-Minute Program, Advanced
Courtland C. Lee, University of Maryland, College Park, MD, Jessica Duz, Juliana Castan
International students often find the multicultural counseling course to be a confusing and frustrating experience. This is generally due to the “U.S.-centric” nature of the course. This session will provide direction for developing and delivering a multicultural counseling course from a global conceptual perspective that will be meaningful for both U.S. and international students.

11:00 am – 12:00 pm
School Counseling Academy
Child and Adolescent Counseling Academy
Program ID # 392, Convention Center, Room 213 D
Dancing with the Stars: Using Reality and Game Shows to Excite Students about College and Expand Their Career Options
60-Minute Program, Advanced
Jane Webber, New Jersey City University, Jersey City, NJ, J. Barry Mascari
Students are often unaware of the range of options that fit their college and postsecondary needs. School counselors can adapt interactive game and reality shows including American Idol, Dancing with the Stars, and Jeopardy for career and college activities to enrich junior/senior programs and engage students in the search process. High interest interactive games showcase famous alumni, majors, and programs to increase students’ self-efficacy and expand their knowledge about going to college.

11:00 am – 12:00 pm
Presidential Featured Session
Career Development/Employment Counseling Academy
Program ID # 393, Convention Center, Room 203 A
Frank Parsons: The 100th Anniversary Celebration
60-Minute Program, Advanced
William C. Briddick, South Dakota State University, Brookings, SD, Hande Briddick
2008 marked the 100th Anniversary of both the founding of the Vocation Bureau of Boston and the death of its founder, Frank Parsons. Join us for a most interesting look at Parsons including the Bureau, his colleagues and lessons of the legacy that are still relevant for us today.

UPDATES
Look for updated information in the Program Guide Addendum in the tote bag. You will also find daily updated information in the Conference Daily Update, located in the Convention Center near the ACA Registration area.
11:00 am – 12:00 pm
Counselor Education and Supervision Academy
Program ID # 394, Convention Center, Room 203 B
A National Survey of Bibliotherapy Practice in Professional Counseling: Implications for Counselor Educators
60-Minute Program
Dale E. Pehrsson, University of Nevada, Las Vegas, NV, Paula McMillen
Bibliotherapy, the therapeutic use of literature, can be approached through various theoretical frames, can use a range of clinical interventions and can be tailored for particular problems/populations. Research indicates bibliotherapy is widely used by counselors; this was validated in a 2008 national survey of ACA members. Survey results and an overview of bibliotherapy practices will inform counselor educators and assist them in enhancing curriculum and meeting obligations for guiding emerging counselors toward grounded, ethical practice.

11:00 am – 12:00 pm
Presidential Featured Session
Mental Health/Private Practice Academy
Program ID # 395, Convention Center, Room 208 A
Starting a Private Practice for Licensed Counselors, Educators, Agencies, Schools, and Universities
60-Minute Program
Robert J. Walsh, Walsh and Dasenbrook Consulting, Chicago, IL, Norman Dasenbrook
Private practice for many mental health counselors has been an elusive goal. This is a “nuts and bolts” presentation that addresses setting up a practice with minimal investment, marketing and advertising tips, dealing with managed care, setting fees/billing, and general practice management. Dasenbrook and Walsh are authors of ACA's website Private Practice Pointers and Counseling Today's Private Practice in Counseling.

11:00 am – 12:00 pm
LGBT Academy
Group Work Academy
Child and Adolescent Counseling Academy
Program ID # 396, Convention Center, Room 208 B
What about the Parents?
60-Minute Program
Omar Troutman, University of South Carolina, Columbia, SC
There exists a paucity of research on therapeutic interventions that are useful for parents in coping with their child’s “coming out.” A psychoeducational parents group will be presented to assist the parents of LGBT adolescents. The proposed intervention takes a cognitive-behavioral approach to psychotherapy within a group context in order to combat resulting catastrophizing parental reactions and biased information as it pertains to the LGBT community.

11:00 am – 12:00 pm
NCCA Sponsored Session
Couples and Family Counseling Academy
Program ID # 397, Convention Center, Room 207 A
Families in the 21st Century: A Primer for Family Counselors
60-Minute Program
Caroline S. Booth, North Carolina A&T State University, Greensboro, NC, Curtis Brownlee, Norma Thompson
This interactive session will highlight some of the issues that frequently face U.S. families in the 21st century. Relevant statistics and theories will be discussed as well as strategies marriage and family counselors can use to optimize family strengths.

11:00 am – 12:00 pm
ACA Author Session
Program ID # 399, Convention Center, Room 213 BC
Becoming a Counselor: The Light, the Bright, and the Serious
60-Minute Program
Samuel T. Gladding, Wake Forest University, Winston-Salem, NC
Counseling is a profession of stories. On a personal and professional level, we develop and grow over time through the humorous, insightful, and serious stories that we hear from clients and that we create. This session on the presenter's new book, Becoming A Counselor, will focus on how we, as counselors, become more aware of internal and external stories that alter, illuminate, shape, and give meaning to our lives. The place of stories in counseling will be emphasized.

11:00 am – 12:00 pm
Multicultural Counseling Academy
School Counseling Academy
Program ID # 400, Convention Center, Room 217 D
A Nationwide Exploration of the Recruitment and Training of Culturally-diverse School Counselors
60-Minute Program, Advanced
Natalie Kostine, University of Louisville, Louisville, KY, Jennifer Murdock
This presentation provides an overview of a nationwide re-
search project that examined the recruitment and training of culturally-diverse school counselors. Information is presented on the discrepancy between diverse students and the school professionals who serve them and the implications of this discrepancy to student's academic, personal, social and career development. Attendees will receive information on the importance of increasing the diversity of school counselors and recommendations on how to go about recruiting culturally-diverse school counselors.

11:00 am – 12:00 pm
Counselor Education and Supervision Academy
Multicultural Counseling Academy
Program ID # 403, Convention Center, Room 219 AB
Experiences in Counseling in a Second Language—Lost in Translation?
60-Minute Program
Daniel M. Paredes, University of North Carolina, Greensboro, NC, Nataniel Ivers, Amaila Stanciu, Chieko Koyama, Gulsah Kemer
This panel discussion is geared towards counselor educators accommodating interns who are counseling in a second language (e.g., international students from non-English speaking countries, native English speakers working with language minority clients). Perspectives on the strengths, limitations, and special considerations that arise when supervising interns counseling in a second language will be provided.

11:00 am – 12:00 pm
Mental Health/Private Practice Academy
Program ID # 404, Convention Center, Room 209 AB
Integrated Care: An Emerging Trend in Counseling
60-Minute Program, Advanced
Russ C. Curtis, Western Carolina University, Cullowhee, NC
Integrated Care (IC), the co-location of mental and medical health specialists, is an emerging trend with favorable research backing its efficacy. The purpose of this presentation will be to review the current literature, explain IC models of care, and discuss the skills needed to enter IC practices.

11:00 am – 12:00 pm
Counselor Education and Supervision Academy
Program ID # 405, Convention Center, Room 218 AB
A Framework for Remediation Plans for Counseling Students: Additional Documentation
60-Minute Program, Advanced
Roxane L. Dufrene, University of New Orleans, New Orleans, LA, Libby Schayot, Kathryn Henderson
Supervising challenging students in practicum and internship poses a particular problem for supervisors that necessitates the development of remediation plans. A documentation framework will be outlined that can be employed to structure remediation experiences. Core areas will be presented that should be addressed in the remediation plan. Case studies will be discussed and materials will be provided of documentation examples.

11:00 am – 12:00 pm
College Counseling Academy
Program ID # 406, Convention Center, Room 201 AB
Positive Psychology for College Students: The Role of Forgiveness in Preventing School Violence
60-Minute Program
Bree A. McCabe, University of Cincinnati, Cincinnati, OH, Mei Tang
By integrating the world’s great religious tradition of forgiveness into counseling intervention with college students, we will demonstrate how forgiveness is an important curative to the tendency toward avoidance and revenge-typical responses to interpersonal transgressions. In response to the recent campus suicide and homicide tragedies, this character strength will also be explored as a preventive measure to school violence.

11:00 am – 12:00 pm
Human Development Across the Lifespan Academy
Couples and Family Counseling Academy
Program ID # 407, Convention Center, Room 202 AB
Using Guided Imagery to Move through Career and Caregiving Conflicts
60-Minute Program, Advanced
Sally D. Gelardin, AgingWorks, Greenbrae, CA, Lynn Joseph
Millions of working adults are juggling the demands of managing a career while caring for aging parents or a disabled spouse and managing a family. Participants will learn the symptoms of career/caregiving conflict and discover how guided imagery techniques can help caregivers relax and enhance coping skills.

11:00 am – 12:00 pm
Counseling Ethics and Legal Issues Academy
Program ID # 408, Convention Center, Room 211 AB
The Role of Evidence Based Therapy Programs in the Determination of Treatment Effectiveness
60-Minute Program
Paul L. West, Alvernia College, Reading, PA, Judith Warchal
As professional counselors continue to face the demands for greater accountability, many have turned their attention to evidence-based therapy programs as a means to satisfy these demands. This presentation examines the attributes of selected evidence-based therapy programs and the use of these programs as part of a more comprehensive approach to meeting the ethical mandates for providing effective therapy.

11:00 am – 12:00 pm
School Counseling Academy
Program ID # 409, Convention Center, Room 207 BC
Examination and Analysis of AB1802 Middle School Student Conferences
60-Minute Program
Chelsea A. Pelzel, University of San Diego, San Diego, CA, Scott Sturdivan, Jeanette Cano, Crystal Kim
This session presents results of a study assessing academic, career, and personal/social development student conferences.
implemented as the cornerstone of California’s new $200 million Middle and High School Supplemental Counseling Program. The study utilized an action research model and brought together graduate students in counseling and middle school counselors at three suburban middle schools. The session includes a PowerPoint® handout as well as copies of the survey instruments used with students, parents, and counselors.

**11:00 am – 12:00 pm**

**Multicultural Counseling Academy**
Program ID # 410, Convention Center, **Room 216 AB**

**A Counselor in Kiev**
60-Minute Program

Elisabeth A. Nesbit, University of Arkansas, Fayetteville, AR

This presentation builds on a case study of the personal experiences of the presenter as a clinician, a counselor educator, and a counseling advocate in Ukraine immediately following the Orange Revolution. Exploring the unique challenges to international counseling and the specific needs of clients in post-Soviet culture will be the topics in this presentation.

**11:30 am – 1:00 pm**

**IAMFC Sponsored Session**
Program ID # SE5, Westin Hotel
**Room Independence**

**IAMFC Distinguished Speaker**
Coloring Outside the Lines: Creative Counseling Interventions for Children and Adolescents
90-Minute Program

Ann Vernon, University of Northern Iowa, Cedar Falls, IA

Counselors attending this workshop will learn numerous innovative, practical interventions to use with young clients for a variety of internalizing and externalizing problems. The interventions, drawn from the expressive arts and cognitive behavior therapy, can be used in individual or small group counseling, with easy adaptation to classroom guidance. These techniques have been proven to be effective and have been used by the presenter in clinical practice, as well as by practitioners in school settings.
11:30 am – 12:30 pm
ASGW Fellows Symposium
Westin - Harris

12:00 pm – 2:00 pm
AMCD Luncheon
Westin - Grand Ballroom D

12:00 pm – 2:00 pm
ACES Luncheon
Westin - Providence III

12:00 pm – 2:00 pm
ASGW Fellows Committee Meeting
Westin - Harris

12:00 pm – 1:00 pm
ACA Council of Journal Editors Meeting
Westin - Davidson

12:30 pm – 2:30 pm
ACA North Atlantic Region Business Meeting
Westin - Providence I

1:00 pm – 3:00 pm
ACA Treasurer’s Workshop
Convention Center - Room 215

1:00 pm – 2:00 pm
JAOC Editorial Board Meeting
Westin - Morehead

1:00 pm – 2:30 pm
ACCA Journal Meeting
Westin – Sharon

1:30 pm – 2:30 pm
ACES 2009 – 2010 Executive Council Meeting
Westin - Park

2:00 pm – 3:00 pm
ARCA Creating a Student Organization and Student Task Force
Westin - Trade

2:00 pm – 3:00 pm
ASERVIC State Presidents Meeting
Westin - Tryon North

2:00 pm – 3:00 pm
ACA Past President’s Social
Westin - Queen

2:00 pm – 2:30 pm
CSI Sponsored Session
Program ID # 413, Convention Center, Exhibit Hall, Booth PS1
Wellness in Action: Partnership with Boys and Girls Club
30-Minute Project/Research Poster Session
Daniel B. Kissing, University of Arkansas, Fayetteville, AR,
Syrd Evans, Elizabeth Keller
This presentation details the development of a new partnership between the Rho Alpha Beta chapter of CSI and a local Boys and Girls Club to provide psychoeducational enrichment activities for children. Chapter members volunteer one afternoon monthly to facilitate self-exploration activities designed to educate and enrich participants. Various mediums facilitate the emotional and psychological development of participants, with the overall goal of enhancing wellness. Expressive arts literature serves as the basis for experiential activities utilized.

2:00 pm – 2:30 pm
CSI Sponsored Session
Program ID # 414, Convention Center, Exhibit Hall, Booth PS2
Campus Camp: Grief Camp
30-Minute Project/Research Poster Session
William F. Evans, James Madison University, Harrisonburg, VA,
Kelly Atwood
School counselors at local elementary schools helped us identify children who were grieving losses and needed more time with counselors. Many of the students had experienced the loss of a loved one or close friend within the past year. Together we used our counseling skills to organize a safe, supportive environment, compile resources for parents, and come up with non-threatening, experiential activities. We would like to share our ideas with other counselors.

2:00 pm – 2:30 pm
IAAOC Sponsored Session
Program ID # 415, Convention Center, Exhibit Hall, Booth PS3
Incorporating Religiosity and Spirituality in the Counseling of Substance Using Adolescents with Criminal Behaviors
30-Minute Project/Research Poster Session
Keith Morgen, Centenary College, Hackettstown, NJ, Tina Maschi
This brief presentation will review how to engage substance using adolescents with criminal behaviors in a discussion of religiosity and spirituality. Topics include initiating a discussion on the difference between religion and spirituality and how to effectively incorporate religiosity and spirituality (as defined by the adolescent client) into the counseling dialogue.
Various theories as well as research and counseling examples will serve as a framework for conceptualizing religiosity and spirituality within this challenging population.

2:00 pm – 2:30 pm
AMCD Sponsored Session
Program ID # 416, Convention Center, Exhibit Hall, Booth PS4
The Latina/o Peer Mentoring Experience, How Counselors Can Help
30-Minute Project/Research Poster Session
Angelo Gomez, Office of Multi-Ethnic Student Education, University of Maryland, College Park, MD
Peer mentoring is widely used in education, particularly for ethnic minority students, but little research is available about its effect on ethnicity, race, gender and other identities. We do not know the psycho-socio-politico nature of peer mentoring relationships. This qualitative project/research study looks at the intersectionality of identities and how students perceive their experience as mentees. The findings of this human science research study can help guide counselors interested in improving mentoring relationships.

2:00 pm – 2:30 pm
NCCA Sponsored Session
Program ID # 417, Convention Center, Exhibit Hall, Booth PS5
Integrating Technology into Coursework: A Primer for Counselor Educators
30-Minute Project/Research Poster Session
Clarrice A. Rapisarda, University of North Carolina, Charlotte, NC, Jill R. Nelson, Kimberly J. Desmond
The presenters will share creative ways of integrating technology into counseling coursework. Specific applications of technology in counseling theories, internship, multicultural counseling, and other courses will be demonstrated and shared with participants. Audience members will learn about video podcasts, video conferencing, websites, web-based courses, and other uses of technology for counseling classes. Audience members will be invited to share their uses of technology as well.

2:00 pm – 2:30 pm
ACES Sponsored Session
Program ID # 418, Convention Center, Exhibit Hall, Booth PS6
Spirituality in the Counselor Education Curriculum: The Intern’s Experience
30-Minute Project/Research Poster Session, Advanced
Robert A. Dobmeier, The College at Brockport, State University of New York, Brockport, NY, Summer M. Reiner
The topics of spirituality and modes of learning spirituality in counselor education training identified by counselor interns will be addressed. Intern perceived readiness to practice ASERVIC’s nine spiritual competencies in counseling will be presented.
evaluation in promoting supervisees’ development. Using social psychological perspectives, this study will examine the influence process in cross-cultural dyads of clinical supervision with international doctoral student supervisors. Case examples of actual experiences of international supervisors, who have experienced cross-cultural dyads of supervision, will be used to address unique issues of international supervisors, the impact on their influence process in supervision, and implications for counselor educators and clinical supervisors.

2:00 pm – 2:30 pm
Program ID # 424, Convention Center, Exhibit Hall, Booth PS12
Depression or Insomnia?: Diagnostic Complexity Among Baby Boomers
30-Minute Project/Research Poster Session
Michelle J. Cox, George Fox University, Salem, OR, Brandi Walters
The poster presents the regression analysis of a study among Baby Boomers (N = 207) designed to determine whether those who self-reported a depressed mood using the BDI-II who lacked a medical or mental health diagnosis of depression sought a physician’s care, the care of a mental health professional, or purchased over-the-counter sleep aids for symptoms of insomnia.

2:00 pm – 2:30 pm
Program ID # 425, Convention Center, Exhibit Hall, Booth PS13
The Synergy of PTSD and Addiction: An Integrated and Holistic Approach to Treatment
30-Minute Project/Research Poster Session
Melanie Leigh Weis, University of North Carolina, Charlotte, NC
This presentation focuses on current research of integrated and holistic practices that are changing the way clinicians work with individuals diagnosed with co-occurring posttraumatic stress disorder and substance use disorders. Participants will learn of traditional and current beliefs, current treatment models, and recent research presently impacting service delivery in this population. Participants will discuss these treatment approaches and models through a multicultural perspective.

2:00 pm – 2:30 pm
Program ID # 426, Convention Center, Exhibit Hall, Booth PS14
Why Are All the Students Silent? Instrument Development and Practical Strategies for Managing Multicultural Resistance
30-Minute Project/Research Poster Session, Advanced
Robyn L. Crowell, University of North Carolina, Greensboro, NC
Resistance has become a major dilemma for faculty members teaching courses on diversity and multiculturalism. Students may choose not to participate in class activities, challenge the premise of the course, or even verbally attack the instructor. As such, there is a greater need for strategies that reduce or help students overcome resistant behaviors. This poster presents a theoretical framework for understanding multicultural resistance and describes the development of a measurement instrument.

2:00 pm – 2:30 pm
Program ID # 427, Convention Center, Exhibit Hall, Booth PS15
Disordered Eating among African American Women
30-Minute Project/Research Poster Session, Advanced
Karen McCurtis Witherspoon, Chicago State University, Chicago, IL
This research study explores culturally specific health-related disparities in 327 African American women. These preliminary results present interesting information on the relationship between emotional and compulsive eating behaviors and stereotypical roles of African American women. It appears that these problematic eating patterns are a form of coping with oppression and stress. Counselors working with African American women will need to explore the role of experiences of oppression and stress to health and health-related behaviors.

2:00 pm – 2:30 pm
Program ID # 428, Convention Center, Exhibit Hall, Booth PS16
Doctoral Program Entrance Requirements Relationship to Success
30-Minute Project/Research Poster Session
Adam R. Fisher, Catholic Charities, Spokane, WA, Elisabeth Bennet, Jay Brooksby
Applicants to graduate programs, counselor educators, and professional counselors have long debated the efficiency of admissions requirements in predicting program and professional success. This study reports correlations of application requirements and success and offers alternative criteria for admissions to graduate programs in counseling and related fields that might better predict successful completion of graduate programs and success as counselors once active in the profession.

2:00 pm – 2:30 pm
Program ID # 429, Convention Center, Exhibit Hall, Booth PS17
The Impact of Relaxation Techniques on Third Grade Students’ Self-perceived Levels of Test Anxiety
30-Minute Project/Research Poster Session
Colleen M. Johnson, Eastern Illinois University, Charleston, IL, Heidi Larson, Amanda B. Ghibellini, Lincoln A. Estes
This presentation provides information about deep breathing and relaxation exercises that can be utilized as a means of decreasing self-perceived levels of test anxiety. For five weeks, an experimental group of third grade students practiced deep breathing and relaxation exercises twice a week. Using the Westside Test Anxiety Scale, the pretest and posttest scores of the experimental and control groups were compared to determine the influence of relaxation techniques on self-perceptions of test anxiety.

2:00 pm – 2:30 pm
Program ID # 431, Convention Center, Exhibit Hall, Booth PS19
Comparison of Leader-Member Session Evaluations in Small Group Counseling Training
30-Minute Project/Research Poster Session
Virginia Dansby, Middle Tennessee State University, Murfreesboro, TN
Group leaders may tend to underestimate the value of the
group experience for their members. Results of a study involving the perceptions of leaders and members in group sessions in a group counseling class will be presented. Implications for teaching group class, for conducting small group, and for doing research on group work will be included.

2:00 pm – 2:30 pm
Program ID # 432, Convention Center, Exhibit Hall, Booth PS20
Considering Positive Impact on Families of Children with Disabilities
30-Minute Project/Research Poster Session
Tracie Self, Ellsworth Community College, Iowa Falls, IA
Participants will be introduced to the positive impact of having a child with a disability, including quality of life issues and strengthening of the family system. An overview of theoretical orientation as well as interventions for use in the family system to encourage development of positive association will be explored. Participants will be given a handout of summary information, areas for future study, and references.

2:00 pm – 2:30 pm
Program ID # 433, Convention Center, Exhibit Hall, Booth PS21
Needs Assessment of Rural Prenatal and Postpartum Mental Health Services: Results of a Consumer Survey
30-Minute Project/Research Poster Session, Advanced
Amara Zee, Central Washington University, Ellensburg, WA
Participants will learn the results of a rural community needs assessment of mental health services for pregnant and postpartum women. The presenter will explain the consumer perspective on availability of screening, quality of prevention, barriers to care, and treatment of mental health issues during pregnancy and postpartum. Due to the high percentage of low income and Latina women in the rural community, the participants will learn about cultural factors that impact these services.

2:00 pm – 2:30 pm
Program ID # 434, Convention Center, Exhibit Hall, Booth PS22
The Impact of Marital Violence Experiences on the Separation-individuation Development of Adolescents
30-Minute Project/Research Poster Session
Dong-Yann Wu, National Hualien University, Hualien, Taiwan
Separation-individuation is a main developmental task for adolescents, but the family experiences of marital violence affect the adolescents’ development. What are the experiences the adolescents perceived in their family, and how have these adolescence been shaped in the process of separation-individuation development?

2:00 pm – 2:30 pm
Program ID # 435, Convention Center, Exhibit Hall, Booth PS23
Addressing the Increasing Mental Health Issues Presented by Today’s Students: The School Counselor’s Dilemma
30-Minute Project/Research Poster Session
Laurie Shepherd Johnson, Hofstra University, Hempstead, NY
School counselors throughout New York State were surveyed regarding the nature of their involvement with students presenting with mental health problems in recent years. How these students’ issues are being addressed in schools was examined. This poster session reports the research study’s findings. Implications for contemporary practice are highlighted in relation to the current pressure, engendered by NCLB imperatives, for counselors/schools to generate academic success outcomes on the part of all students.

2:00 pm – 2:30 pm
Program ID # 436, Convention Center, Exhibit Hall, Booth PS24
Effective Interventions of Cyberbullying within the School and Family Systems
30-Minute Project/Research Poster Session
Jennifer M. Johnson, Wayne State University, Detroit, MI
This presentation will examine the literature related to rising incidences of cyberbullying among adolescents. This literature review will define and describe cyberbullying, etiological considerations, and associated consequences. Clinical implications and interventions will be critiqued for their effectiveness in dealing with this growing phenomenon within family and school systems.

2:00 pm – 3:30 pm
ACC Day of Learning
Program ID # SE3-C, Convention Center, Room 210 AB
Creative Breakthroughs in Counseling
90-Minute Program, Advanced
Jeffrey Kottler, California State University, Fullerton, CA
Based on research interviewing two dozen of the most prominent theoreticians and clinicians in the field, as well as creativity researchers, this program discusses what most often leads to creative breakthroughs. Dramatic case examples will be described. Participants will have the opportunity to talk about their own creative work and examine common variables that might promote innovation in the future.

2:00 pm – 3:30 pm
C-AHEAD Sponsored Session
Human Development Across the Lifespan Academy
Program ID # SE4-C, Convention Center, Room 212 AB
Wellness Counseling for Self and Others—But Let’s Start with ME!
90-Minute Program
Jane E. Myers, University of North Carolina at Greensboro, Greensboro, NC, Thomas J. Sweeney
Wellness counseling is a holistic, strengths-based approach to helping clients achieve their optimum potential. Although most research focuses on wellness of clients, wellness of helpers is essential for the provision of effective and ethical counseling. C-AHEAD has a long term commitment to counselor wellness in addition to client wellness and in keeping with this focus is sponsoring this presentation. In fact, we might say it takes a well counselor to help a client be well. Theory, research, and practice in wellness counseling will be discussed, and the focus will be on helping us helpers make choices to be well!
2:00 pm – 3:30 pm
Program ID # 437, Convention Center, Room 217 A
Is There a Book Within You to be Written?
90-Minute Program
Gerald Corey, California State University, Fullerton, CA, James Robert Bitter, Leah Brew, Kellie Kirksey, Patrice Moulton, Michelle Muratori, George Williams, Robert E. Wubbolding
A panel of invited authors share the pains, joys, self-doubts, strategies, personal experiences, and rewards of their experiences in writing. Writers are confronted with both internal and external obstacles. Panelists offer suggestions such as: identifying an area of interest; pinpointing a topic to explore; designing a proposal; gathering data; getting started and following through; finding and working effectively with a publisher; the review process; creating a schedule for writing; integrating teaching and practical experience with writing; working with colleagues; testing out ideas; developing a working draft; revising the draft; completing a project; and future revisions.

2:00 pm – 3:30 pm
Program ID # 438, Convention Center, Room 217 BC
Shadows in the Corners: Exploring Our Blunders, Burn-out, Biases, and Blind Spots
90-Minute Program, Advanced
Rita Sommers-Flanagan, University of Montana, Missoula, MT, John Sommers-Flanagan
Take some time to look at your professional self. In the context of a safe, caring environment, this workshop will allow participants to consider past mistakes, blunders, fears, and worries. We will discuss our “shadow” and ways to move beyond burnout, fears, and regrets. This will be a presentation that requires full participation and a willingness to share at an honest and trusting level. We will work together to know ourselves better.

2:00 pm – 3:30 pm
Multicultural Counseling Academy
Program ID # 439, Convention Center, Room 213 A
Promoting Peace and Preventing Violence in School and Community Settings: A Multicultural-Social Justice Perspective
90-Minute Program, Advanced
Michael J. D’Andrea, University of Hawaii, Honolulu, HI, Judy Daniels
This program addresses the important roles counselors can play in effectively dealing with the needs of persons subjected to various forms of violence in our society as well as using creative interventions to prevent such violence from occurring in diverse settings in the future. Multicultural-social justice issues are emphasized as well as the need for counselors to understand and deal with the structural forms of violence that are pervasive in our contemporary society.

2:00 pm – 3:30 pm
ASERVIC Sponsored Session
Spirituality and Religious Values Academy
Program ID # 440, Convention Center, Room 213 D
ASERVIC White Paper on Credentialing
90-Minute Program
Scott Young, University of North Carolina, Greensboro, NC, Marsha Wiggins, W. Bryce Hagedorn, Craig Cashwell, Cheri Smith, Geri A. Miller
Recently the ASERVIC sponsored Summit on Spirituality developed a white paper outlining the need for credentialing in the area of spiritually and religiously sensitive counseling. This panel discussion will outline the contents of the white paper and what credentialing in this area might look like in the future. The audience will be encouraged to participate by engaging in dialogue with panel members on how meaningful credentialing in this area might evolve.

2:00 pm – 3:30 pm
Human Development Across the Lifespan Academy
Program ID # 441, Convention Center, Room 203 A
Re-discovering Carl Rogers: Biography as Surprise
90-Minute Program
Howard Kirschenbaum, University of Rochester, Rochester, NY
In writing a new biography—The Life and Work of Carl Rogers (ACA, 2008)—the presenter encountered many surprises about the founder of the modern counseling profession. Based on Rogers’ restricted diaries, extensive interviews, and numerous other sources, this session will cover some of the presenter’s revelations about Rogers’ life (personal relationships, mental health, spiritual journey) and work (CIA connection, intercultural work, international influence, latest research), much of which was unknown even by Rogers’ closest colleagues.

2:00 pm – 3:30 pm
Career Development/Employment Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 442, Convention Center, Room 203 B
A Clinician’s Guide to Effective Career Counseling for Individuals with Psychiatric Disabilities
90-Minute Program, Advanced
Michael Walsh, Mental Health America-Beaufort/Jasper, Hilton Head, SC, Linda Leech
Participants will explore the empirical basis for a recovery-oriented approach to career counseling for individuals with psychiatric disabilities, hear interventions and new skills described and see examples of the interventions and skills having been utilized successfully. The use of hope as an intervention, facilitating client goal setting and facilitating client exploration of motivation are just a few of the skills presented. Participants will have opportunities to practice these new skills using role play and discussion.
2:00 pm – 3:00 pm

Presidential Featured Session

Program ID # 443, Convention Center, Room 208 A

Speaking Up and OUT: Social Justice Leaders on LGBTQI Issues in Counseling

90-Minute Program

Anneliese A. Singh, The University of Georgia, Athens, GA, Patricia Arredondo, Kent Butler, Danica G. Hays, Denise Pickering, Manivong Ratts, Rebecca L. Toporek

This panel explores the connection between heterosexism, homoprejudice, and multiple oppressions on the lives of lesbian, gay, bisexual, transgender, queer, and intersex (LGBTQI) people. Social justice leaders in counseling discuss how counselors can counter the ways heterosexism is strategically pitted against other oppressions (e.g., racism, sexism, classism) and highlight common mechanisms of oppression. Panelists share innovative ideas, advocacy strategies, and personal stories as allies and advocates to LGBTQI people. Dialogue between panelists and audience is included.

2:00 pm – 3:30 pm

IAAOC Sponsored Session

Addictions Academy

Program ID # 444, Convention Center, Room 208 B

IAAOC Graduate Student Carousel

90-Minute Program

Todd F. Lewis, University of North Carolina, Greensboro, NC

Graduate students interested in addictions/offender counseling will present on a number of cutting edge topics in this carousel format. Audience members will be able to discuss topics with each presenter. The carousel will emphasize graduate student research, although clinical application also will be stressed.

2:00 pm – 3:30 pm

ACEG Sponsored Session

Multicultural Counseling Academy

Program ID # 445, Convention Center, Room 207 A

Changing World Opinion: Power and Possibility in Your Hands

90-Minute Program, Advanced

Janet E. Wall, Sage Solutions, Rockville, MD

America needs to wake up to the reality that it is not well liked by people in other countries. This hurts our personal security, opportunity, and economic well-being. Counselors are uniquely positioned to make a difference by opening the minds of their students and clients to think and act with global recognition and sensitivity. The session will highlight specific actions that can be taken to improve America’s image around the globe. Come change the world!

2:00 pm – 3:30 pm

Program ID # 446, Convention Center, Room 207 D

Publishing in ACA Refereed Journals: Suggestions from the Council of Editors

90-Minute Program

Carolyn Baker, Stephen Southern, Jerry Trusty, Richard E. Watts, John West, and Carolyn Baker

This workshop is designed to promote writing, research, and scholarship to increase the knowledge base of the profession; to provide the skills needed for successful publishing in ACA refereed journals; and to clarify and demystify the publishing process. Guidelines, insights, and practical tips on publishing will be offered by members of the ACA Council of Journal Editors as well as editors from related associations. A question-and-answer period will follow a formal overview of the publishing process. Participants will have the opportunity to ask questions, discuss article topic possibilities, and express concerns. For researchers and authors, professional development is enhanced by publication and this session can give you the tools you need for publishing success.

2:00 pm – 3:30 pm

ACA Author Session

Program ID # 447, Convention Center, Room 213 BC

Using Qualitative Career Assessments with Adolescents and Adults

90-Minute Program

Norman C. Gysbers, University of Missouri, Columbia, MO

The qualitative career assessments presented in this session are based on a holistic, postmodern approach to career counseling described in the presenter’s new book Career Counseling: Contexts, Processes, and Techniques, Third Edition. You will learn how to use and interpret two of these assessments including the life career assessment, a structured interview, and the career genogram. Each assessment emphasizes the postmodern narrative approach designed to help adolescents and adults tell their stories.

2:00 pm – 3:30 pm

ACES Sponsored Session

Counselor Education and Supervision Academy

Program ID # 448, Convention Center, Room 217 D

The Student-Counselor Educator Connection: Clarifying Your Research Ideas

90-Minute Program

Melodie H. Frick, University of Virginia, Charlottesville, VA, Erin Binkley, David M. Kleist, Judi Durham

Doctoral students typically find that selecting a focus for their dissertation is much more challenging and complex than they anticipated. This program is designed for doctoral students at any stage of thinking about their dissertations. Counselor educators will consult with small groups of participants to provide feedback and share ideas related to dissertation topics and research methodology. Doctoral students who participated in this program at the past three ACA Conferences were very positive about the benefits of this program. Please note, you do not need to be an ACES member to participate.
Military Counseling Academy
Program ID # 451, Convention Center, Room 219 AB
Voices of Soldiers Diagnosed with Posttraumatic Stress Disorder (PTSD): The Needs and Barriers
90-Minute Program
Nykeisha Moore, University of Iowa, Iowa City, IA, SaDohl K. Goldsmith
Posttraumatic Stress Disorder affects soldiers' journeys from combat to home on a daily basis and holistically impairs their quality of life. This presentation conceptualizes soldiers' journey as a way of integrating existing literature and personal stories of soldiers. Participants will learn about needs and obstacles of soldiers' readjustment back home, and be able to apply the presented strategies learned in this presentation within their own education and/or clinical setting to assist soldiers with their transition.

Human Development Across the Lifespan Academy
Program ID # 452, Convention Center, Room 209 AB
A Strengths-based Counseling Approach with Older Persons in Nursing Homes
90-Minute Program
Arnold B. Coven, Wayne State University, Detroit, MI
Growth in the aging population will require counselors skilled in working with the problems of aging. Research has identified four factors accounting for counseling outcome variance: 40% client strengths, 30% relationship, 15% hope, and 15% techniques. The challenge is maximizing these findings in counseling with older persons. The presentation is a combination of didactic and experiential activities (i.e., role playing) designed for counselor educators and advanced counselors. Case examples and illustrations will be presented.

Multicultural Counseling Academy
Couples and Family Counseling Academy
Program ID # 453, Convention Center, Room 218 AB
Clinical Application of Latino Family Counseling Competencies
90-Minute Program, Advanced
G. Miguel Arciniega, Arizona State University, Tempe, AZ, Adelaida Santana Pellicier, Zoila Tovar-Blank
This presentation is a progression of the Latino Family Counseling Taskforce for Best Practices formed in 2005. An iconic model for counseling competencies was developed that illustrated how knowledge, awareness, and skills are integrated into the factors necessary to be a Latino Sensitive Competent Counselor (LSCC). This presentation will review the model and its clinical application to counseling with Latino families, specifically addressing identity, development, language, acculturation, family factors, stressors, and protective factors.
Brubaker, Candace Hodgkins, Kathleen Estlund
Do you want to improve the standards of care in your treatment setting? One effective way to strengthen program services is to obtain feedback with the help of a program evaluator. This session will describe how program evaluation services have effectively impacted a treatment program for chronic homeless persons with co-occurring disorders. Program evaluators, administrators, and clinicians will all benefit from this session, which describes how together we can improve the service to our clients.

2:00 pm – 3:30 pm
Child and Adolescent Counseling Academy
Program ID # 458, Convention Center, Room 216 AB
What's Going on in There? What Every Counselor Needs to Know about Adolescent Brain Development
90-Minute Program
Sharon Moleski, Township of Ocean Human Services, Oakhurst, NJ
Sex, drugs, and rock and roll; as well as love, learning, and leadership impact the development of the adolescent brain. School and community counselors who confuse the cerebellum and the cerebral cortex are invited to this workshop that provides an understandable overview of recent adolescent brain research and practical strategies for using that information with youth and parents.

2:00 pm – 3:30 pm
Program ID # 459, Convention Center, Room 214
Legislative Advocacy for Counselors: What's Happening, and How You Can Help
90-Minute Program
Scott Barstow, American Counseling Association, Alexandria, VA, Chris Campbell
Counselors are affected every day by federal and state programs and policies. Learn what's being done to increase public support for recognition of counselors, and why it is vitally important that counselors become advocates for their profession. This combination training and legislation update session will be led by ACA's professional lobbyists.

Division & Affiliates Ancillary Events

2:30 pm – 3:30 pm
ACES Doctoral Programs Interest Network
Westin - Grand Ballroom C

2:30 pm – 3:30 pm
ACES Career Development Commission
Westin - Grand Ballroom C

2:30 pm – 3:30 pm
ACES Technology Interest Network
Westin - Grand Ballroom C

2:30 pm – 3:30 pm
ACES Rural Counseling Interest Network
Westin - Grand Ballroom C

2:30 pm – 3:30 pm
ALGBTIC Town Hall—Students & Professionals
Westin - Independence

2:30 pm – 3:30 pm
AMCD Southern Region Business Meeting
Westin - Grand Ballroom A

2:30 pm – 3:30 pm
AMCD Midwest Region Business Meeting
Westin - Grand Ballroom A

2:30 pm – 3:30 pm
AMCD North Atlantic Region Business Meeting
Westin - Grand Ballroom A

2:30 pm – 3:30 pm
AMCD Western Region Business Meeting
Westin - Grand Ballroom A

2:30 pm – 4:30 pm
ACES CE&S Editorial Board Meeting
Westin - College

ACA Ancillary Events

3:00 pm – 4:00 pm
ACA Fellows
Westin - King

Education Sessions

3:00 pm – 3:30 pm
ARCA Sponsored Session
Program ID # 461, Convention Center, Exhibit Hall, Booth PS1
The Work Comp Challenge: A Four Year Surveillance of
Workers’ Compensation Clients’ Difficulties During the Return to Work Process
30-Minute Project/Research Poster Session, Advanced Chad Betters, Winston-Salem State University, Winston-Salem, NC
Several return to work barriers exist within the Workers’ Compensation system. The reality is that many individuals find difficulties in surviving the Workers’ Compensation reemployment process. A four year surveillance of Workers’ Compensation claimants presents challenges that, if addressed, may improve return to work outcomes within the Workers’ Compensation system.

3:00 pm – 3:30 pm
CSI Sponsored Session
Program ID # 462, Convention Center, Exhibit Hall, Booth PS2
The Process of Becoming an Advocate for the Counseling Profession: The Preliminary Findings of a Qualitative Analysis
30-Minute Project/Research Poster Session
Marisa L. White, Chi Sigma Iota Alpha Upsilon: University of Akron, Akron, OH
Attend this session to gain insight about what affects advocacy efforts of counselors. This poster session will display the preliminary results of a qualitative study about the process of becoming an advocate for the counseling profession. It will divulge information about whether education and training, counseling skills and identity, and professional identity impact counselors advocating for the counseling profession.

3:00 pm – 3:30 pm
CSI Sponsored Session
Program ID # 463, Convention Center, Exhibit Hall, Booth PS3
Professional Identity: Leading By Example
30-Minute Project/Research Poster Session
Crissy Cox, The University of Memphis, Memphis, TN, Margie Petrowski, Debra B. Fitzgerald, Margie King
This project will document one CSI chapter’s attempts to promote professional counselor identity by “leading by example.” Kappa Zeta adopted the theme of “Preparing Tomorrow’s Counselors Today” to herald its upcoming 2008-2009 events. One of its major efforts was to develop an ongoing relationship with TCA, the state organization of ACA. Another focus of the Board was to increase graduate students’ awareness regarding the diversity of specialization within the counseling field.

3:00 pm – 3:30 pm
AMCD Sponsored Session
Program ID # 464, Convention Center, Exhibit Hall, Booth PS4
The Recruitment and Training of International Students as Rehabilitation Counselors and Educators: U.S. Opportunity for Global Impact
30-Minute Project/Research Poster Session, Advanced Lee Za Ong, Marquette University, Milwaukee, WI, Roy Chen
The World Health Organization estimates that about 10% of the world’s population has some kind of disability, yet many of them in developing nations lack access to rehabilitation services. One measure to address this concern would be to focus on the training of future rehabilitation professionals from those countries. The presenters share their concerns and rationale with respect to the role of the United States in preparing international students to become rehabilitation counselors and educators.

3:00 pm – 3:30 pm
NCCA Sponsored Session
Program ID # 465, Convention Center, Exhibit Hall, Booth PS5
Counseling African American Families with Type II Diabetes
30-Minute Project/Research Poster Session
Deidre L. Dockery, NC Division of Services for the Blind, Raleigh, NC, Estella Petteway
The American Diabetes Association lists diabetes as a serious health problem confronting African Americans. Compared to the general population, African Americans are disproportionately affected. When one family member is diagnosed, the entire family is affected. This presentation provides insight into cultural and historical aspects of compliance and addresses effective techniques designed to assist families with implementing lifestyle changes using Prochaska’s Stages of Change Model.

3:00 pm – 3:30 pm
ASGW Sponsored Session
Program ID # 466, Convention Center, Exhibit Hall, Booth PS6
Small Group Outcome Measures for School Counselors
30-Minute Project/Research Poster Session, Advanced Judy Green, Walsh University, North Canton, OH, Terri Hamm
Group work in the schools is a necessary and vital part of any successful school counseling program. In order to build support and gain cooperation from other school personnel, parents and other stakeholders, it is imperative that those leading school groups are able to demonstrate how their work is positively affecting students. This session offers actual outcome measures as well as creative ideas on the development of measures to fit each type of group.

3:00 pm – 3:30 pm
Program ID # 467, Convention Center, Exhibit Hall, Booth PS7
The Bounds of Empathy: When Compassion Meets Empowerment and Advocacy for African American Clients
30-Minute Project/Research Poster Session
Tracee L. Perryman-Stewart, Center of Hope Freedom Schools, Toledo, OH, Sherlon P. Pack-Brown
The Bounds of Empathy: Where Compassion Meets Advocacy, will introduce theories and practices associated with effectively counseling, empowering, and advocating for African American Clients. The presentation will offer techniques for assisting African Americans in combating internalized negative conversations, so that they may be more empowered to shape their futures in a positive manner. Finally, this presentation will assist counselors in advocating beyond the counseling office by establishing collaborations with support systems available to African Americans.
3:00 pm – 3:30 pm
Program ID # 468, Convention Center, Exhibit Hall, Booth PS8
Cognitive Appraisal and Perception-Related Traits Affect College Students’ Active Coping
30-Minute Project/Research Poster Session, Advanced
Ming-hui Li, St. John’s University, Queens, NY
This study explored determinant factors leading to active coping in stressful situations associated with relationship and work. Results showed that cognitive appraisal and trait resilience determined active coping in stressful situations associated with relation. Secure attachment contributed to active coping in work-related stressful situations. Findings can be applied in university counseling centers, community mental health services, and private practice. Techniques for enhancing cognitive appraisal, trait resilience and secure attachment will be discussed.

3:00 pm – 3:30 pm
Program ID # 469, Convention Center, Exhibit Hall, Booth PS9
Clinician’s Perceptions of Counseling Competencies and Characteristics Essential for Serving Native American Clients
30-Minute Project/Research Poster Session
Mark S. Parrish, University of West Georgia, Carrollton, GA, David Brown, John Klem
Because of increased general interest in diversity in counseling, as well as interest in effectively working with specific populations, it is necessary that counselors and counselor educators understand the competencies and characteristics that are effective with specific cultural populations. This session will provide useful information regarding empirical research related to serving Native American mental health clients and recommendations for counseling practice as perceived by clinicians in the field.

3:00 pm – 3:30 pm
Program ID # 470, Convention Center, Exhibit Hall, Booth PS10
The Preparation of Professional School Counselors to Support Students in Urban Educational Settings
30-Minute Project/Research Poster Session
Kara P. Ieva, University of Central Florida, Orlando, FL, B. Grant Hayes, Glenn Lambie, M. Ann Shillingford, Sally Lewis
Urban school systems face significant challenges in educating today’s youth. This presentation examines what can be learned from preparation programs servicing urban teachers and infused into the school counselor preparation curriculum. The objectives of this program are to 1) identify the barriers in urban education for school counselors, 2) introduce counselor educators to what can be learned from Urban Teacher Preparation Programs, 3) and demonstrate where in the current CACREP program it can be implemented.

3:00 pm – 3:30 pm
Program ID # 472, Convention Center, Exhibit Hall, Booth PS12
Who Are We: An Exploration of Counselor Educator Professional Identity
30-Minute Project/Research Poster Session
L. Marinn Pierce, University of Tennessee, Knoxville, TN
Recent debates have emerged regarding the training and professional identity of counselor educators. An extensive review of the literature regarding the development and professional identity of counselor educators highlighted a limited review of these topics in the counseling literature. The results of two case studies with past-presidents of ACES regarding their professional identity as counselor educators will be presented along with the implications of these findings.

3:00 pm – 3:30 pm
Program ID # 473, Convention Center, Exhibit Hall, Booth PS13
Using Service Learning to Enhance Cultural Competence in Counselor Education Students
30-Minute Project/Research Poster Session, Advanced
Donna J. Dockery, Virginia Commonwealth University, Richmond, VA
Join fellow counselors and counselor educators who want to develop university/community partnerships as one way to enhance the cultural competence of counseling students. This session shares how a university/community partnership was developed to meet the personal, social and academic needs of African American youth from low income settings while promoting the development of multicultural skills and awareness in counseling students. Effective individual and small group strategies will be shared experientially and handouts will be provided.

3:00 pm – 3:30 pm
Program ID # 474, Convention Center, Exhibit Hall, Booth PS14
Teaching Gratitude as a Psychotherapeutic Intervention: Increasing the Overall Effectiveness of Therapy
30-Minute Project/Research Poster Session
Monica Leppma, University of Central Florida, Orlando, FL
As more clinicians prefer strength-based approaches to counseling, interest is growing in research on adding a positive mental health focus to improve overall treatment outcome. This program will provide a general overview of positive psychotherapy with information specifically regarding the powerful impact of gratitude on wellbeing, physical health, and overall effectiveness of therapy. Techniques for assisting clients in cultivating gratitude will be described and presented.

3:00 pm – 3:30 pm
Program ID # 475, Convention Center, Exhibit Hall, Booth PS15
Student Counselors and Community Engagement: Collaboration through Service Learning
30-Minute Project/Research Poster Session
Kylie P. Dotson-Blake, East Carolina University, Greenville, NC
This poster presentation presents the efforts of one group of master’s students in a university Counselor Education Association to address the needs of local children and adolescents dealing with homelessness through a service-learning project developed in collaboration with a local homeless shelter in North Carolina. The project was an expansion of a school counseling class project developed by the presenters.
relevant practices will be reviewed.

Specific cultural groups will be identified. Case studies and background checks to reduce the incidents of screening out training programs. In addition, challenges for using criminal issues of the requirement of background checks by counselor protect the public, this presentation explores ethical and legal criminal background check in response to their obligation to

As many counselor licensure boards have begun to require a criminal background check in response to their obligation to protect the public, this presentation explores ethical and legal issues of the requirement of background checks by counselor training programs. In addition, challenges for using criminal background checks to reduce the incidents of screening out specific cultural groups will be identified. Case studies and relevant practices will be reviewed.

This poster session presents new evidence of the effectiveness of critical pedagogy in connecting multicultural and advocacy competence among counselor trainees. An overview of critical theory and techniques will be provided, along with results of a recent quasi-experimental study employing a brief, workshop style critical pedagogical intervention and measuring self-reported levels of multicultural and advocacy competence.

This poster session will highlight the acculturation experiences and coping mechanisms of international students studying in the United States. A combination of quantitative and qualitative data will be used to describe individual and group experiences. It is hoped that this presentation will provide beneficial insights for educators of international student counselors.

This session presents new evidence of the effectiveness of critical pedagogy in connecting multicultural and advocacy competence among counselor trainees. An overview of critical theory and techniques will be provided, along with results of a recent quasi-experimental study employing a brief, workshop style critical pedagogical intervention and measuring self-reported levels of multicultural and advocacy competence.

Homesickness is prevalent among international college students in the U.S.; yet there is a lack of clarity around its manifestations and ramifications. This poster pools what is known about relevant personal, environmental, interpersonal, and cultural variables. English proficiency, emotional stability, social connectedness and support, interaction with national host, desired versus actual social contact, and cultural distance are demonstrated factors in international student homesickness. Practical implications, including the use of alternative counseling approaches, are also presented.

Counseling programs, such as Argosy, DC, are more frequently using evidence-based models of program development. These presenters explore how information from a variety of sources is used to evaluate Program Learning Outcomes, consistent with the CACREP eight core areas. This action research process will describe; methods of collecting data will be identified, and evidence-based programmatic changes explained. Examples of evidence-based program development are provided.

Findings of a study with 634 elementary students focused on differences observed per high versus low academic achievement and differences per cultural variables such as race, gender and, environmental setting. Wellness variables were measured with the Five Factor Wellness Lifestyle Inventory and Academic Achievement was measured with the Mississippi Curriculum Test, the annual state test under No Child Left Behind.

The Positive Aspects of Being a Lesbian or Gay Man

30-Minute Project/Research Poster Session, Advanced
Joy S. Whitman, DePaul University, Chicago, IL

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Assessment of Learning in the Counseling Programs: Preparing Evidence-based Responses to Students’ Needs

30-Minute Project/Research Poster Session
Carman S. Gill, Argosy University, Arlington, VA

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Relationship of Wellness and Academic Achievement with Elementary Students

30-Minute Project/Research Poster Session
Mary Ann Hollingsworth, Living Alive Alternatives, Pachuta, MS

Finding...
of activities that reflect NCDA and CSJ social justice competencies that were used in the study.

### Division & Affiliates Ancillary Events

**3:30 pm – 4:30 pm**  
**ALGBTIC Annual Business Meeting/Elections**  
Westin - Independence

**3:30 pm – 5:30 pm**  
**The College Board Meeting**  
Westin - Tryon South

### Education Sessions

**3:45 pm – 4:45 pm**  
**ACC Day of Learning**  
Program ID # SE3-D, Convention Center, **Room 210 AB**  
Relational Cultural Theory and Creativity in Professional and Personal Groups  
60-Minute Program  
Heather C. Trepal, The University of Texas, San Antonio, TX, Joanne Vogel, Shane Haberstroh, Marcheta Evans, Stella Kerl McClain, Thelma Duffey, Albert Valadez, Michael Moyer  
As counselors we often find ourselves involved in many different kinds of groups. Our best moments with others happen when can be ourselves, take risks, make mistakes with the hope that we can work through difficult times. Relational Cultural Theory, as a foundation for creative work, can guide us as we navigate personal and professional relationships. In this workshop, we will engage the audience in an experiential and multimedia presentation to illustrate these principles.

**3:45 pm – 4:45 pm**  
**Program ID # 485, Convention Center, Room 217 A**  
The Potency and Power of Counseling Stories: Creating Teaching Lessons  
60-Minute Program, Advanced  
Samuel T. Gladding, Wake Forest University, Winston-Salem, NC  
This presentation will focus on how experienced counselors can use stories, including their own, to assist clients and those new to the counseling profession find insight, meaning, and direction. Since stories operate on multiple levels over time, their influence can be powerful and profound. Ways of constructing stories will be highlighted. Ways of conveying them dramatically, in therapeutic and in educational settings, will be demonstrated.

**3:45 pm – 4:45 pm**  
**Program ID # 486, Convention Center, Room 217 BC**  
Let Your Degree Be Your Passport: International Opportunities for Graduate Students and New Professionals  
60-Minute Program  
Courtland C. Lee, University of Maryland, College Park, MD  
Do you want to see the world? Have you considered exploring professional opportunities abroad? This session will explore counseling activities outside of the United States. The profession of counseling is growing in many parts of the world and this session will offer direction for how you can get involved in opportunities that will expand your horizons. The session will present an overview of national counseling associations around the world and the efforts they are making to promote the profession globally. It will also provide information on how you can get involved in service activities that promote counseling through international bodies such as the United Nations Educational Social and Cultural Organization (UNESCO) and the World Health Organization (WHO). Ideas on how to pursue international study, teaching and research will also be presented.

**3:45 pm – 4:45 pm**  
**Presidential Featured Session**  
Program ID # 487, Convention Center, **Room 213 A**  
The New Approach for Counseling Disabled Veterans Returning from Iraq: The HOA-ACA Contract  
60-Minute Program, Advanced  
Thomas Kiley, Heritage of America, LLC, Yuma, AZ  
The Department of Veterans Affairs has developed unique requirements for delivering contract vocational rehabilitation and employment services to military service members and disabled veterans. These services include initial assessment, case management, employment services, educational and vocational counseling, and discrete services, which cover everything from neuropsychological evaluation to personal adjustment counseling. Learn how contract counselors provide input to VA written rehabilitation plans and how you can participate in this compensated program as an ACA member.

**3:45 pm – 4:45 pm**  
**Addictions Academy**  
College Counseling Academy  
School Counseling Academy  
Program ID # 488, Convention Center, **Room 213 D**  
Students in Recovery from Substance Use Disorders: Research and Resources  
60-Minute Program  
Andrew J. Finch, Vanderbilt University, Nashville, TN  
Participants will learn how recovery fits into a student’s substance use disorder continuum of care. Following treatment, students usually must return to schools and peers that represent their heaviest substance abuse. This often leads to poor treatment outcomes. Recovery high schools and collegiate recovery communities will be presented as drug-free holding environments that address multiple biopsychosocial issues. Resources will be discussed to assist counselors with advocating for new recovery-based programs in high schools and colleges.
3:45 pm – 4:45 pm  
**Multicultural Counseling Academy**  
**Mental Health/Private Practice Academy**  
Program ID # 489, Convention Center, **Room 203 A**  
**Eating Disorders in African American Women:**  
Implications for Counselors  
60-Minute Program  
Regine Talleyrand, George Mason University, Fairfax, VA, Jeanmarie Infranco  
This presentation addresses the unique socialization experiences of African American women and explores how these experiences may account for eating disorder symptoms in this population. The presenters will describe a contextual framework supported by theoretical and empirical evidence that accounts for specific stressors (e.g., racism, sexism, classism, acculturation) experienced by African American women. Implications for counseling and research will be discussed.

3:45 pm – 4:45 pm  
**Couples and Family Counseling Academy**  
**Counselor Education and Supervision Academy**  
Program ID # 490, Convention Center, **Room 203 B**  
**Changing More Than Diapers: How Counselor Training Changes Student Parents**  
60-Minute Program  
Kimberly J. Desmond, Indiana University of Pennsylvania, Indiana, PA, Kirsten Murray, Stacia Carone  
This presentation will focus on identifying and responding to counselor trainee needs as they navigate parental and student roles. The presenters will share results from their ongoing qualitative study researching the impact of counselor training on parental roles. Current literature will be discussed and a handout including concept maps and references will be provided.

3:45 pm – 4:45 pm  
**Multicultural Counseling Academy**  
Program ID # 491, Convention Center, **Room 208 A**  
**Multicultural and Advocacy Dimensions Model:**  
Connecting the Multicultural Counseling Competencies and Advocacy Competencies  
60-Minute Program, Advanced  
Manivong J. Ratts, Seattle University, Seattle, WA, Lorraine DeKruyf  
This program introduces participants to the Multicultural and Advocacy Dimensions (MAD) Model. The MAD model provides counselors with a conceptual framework for how to integrate the multicultural counseling competencies (MCCs) and the advocacy competencies. The conceptual framework of the MAD model allows counselors to determine which aspects of the MCCs and advocacy competencies need attention when working with particular clients and whether they are competent in these areas.
3:45 pm – 4:45 pm
ACA Author Session
Program ID # 495, Convention Center, Room 213 BC
Suicide Prevention in the Schools: Guidelines for Middle and High School Settings
60-Minute Program
David Capuzzi, The Pennsylvania State University, University Park, PA
Adolescent suicide is a leading cause of death for middle and high school age youth, outranked only by homicide and car accidents. Capuzzi will overview, in a practical, step-by-step manner, how to initiate or improve a suicide prevention and crisis management program in a school building or a school district. Topics such as the content for faculty/staff in-service, preparation of crisis teams, postvention after an attempt or completion, how to talk with parents, and legal issues will be covered. The PowerPoint® slides used during the session are examples of those available to instructors using Capuzzi’s new book, Suicide Prevention in the Schools, as the basis for their roles in school settings.

3:45 pm – 4:45 pm
Counseling Ethics and Legal Issues Academy
Program ID # 496, Convention Center, Room 217 D
Avoiding Unwanted Court Appearances in Counseling
60-Minute Program, Advanced
Theodore P. Remley, Old Dominion University, Norfolk, VA, April Siles, Stephanie Crockett, Brian Shaw
Counselors in all settings are sometimes lured or forced into court appearances they would rather avoid. Unwanted court appearances often are related to divorce and custody battles, suspected abuse or neglect reports, criminal activities of clients, personal injury, or employment disputes. Participants will be given guidelines for identifying situations that may lead to unwanted court appearances and strategies for avoiding appearing in court. Guidelines for conduct, if court appearance cannot be avoided, will be provided.

3:45 pm – 4:45 pm
Child and Adolescent Counseling Academy
School Counseling Academy
Program ID # 499, Convention Center, Room 219 AB
“The Girls—They Go after Each Other”: Prevention and Intervention for Girl Bullying
60-Minute Program, Advanced
Julaine E. Field, Slippery Rock University, Slippery Rock, PA, Laura Crothers, Jared Kolbert
Girl bullying, through the use of relational and social aggression has garnered much popular and empirical attention over the last decade. This interactive session will explore current research findings and suggest new theoretical paradigms for understanding these social dynamics among girls and adolescent females. Practical strategies for working with parents and teachers will be discussed as well as prevention and intervention programming for girls. Useful curricular materials will also be shared.

3:45 pm – 4:45 pm
Couples and Family Counseling Academy
Mental Health/Private Practice Academy
Program ID # 500, Convention Center, Room 209 AB
Common Pitfalls of Novice Couples’ Counselors
60-Minute Program
Sondra Medina, Regis University, Broomfield, CO, Linda C. Osterlund
Even experienced counselors find themselves in unfamiliar territory when they venture from individual counseling to couples’ counseling. They may feel bombarded with dynamics that usually take several sessions to uncover in individual sessions. It is from this unfamiliar place that counselors often make mistakes, despite having good intentions. In this presentation, we discuss six of the most common mistakes that counselors make as they venture into this unfamiliar terrain.

3:45 pm – 4:45 pm
Counselor Education and Supervision Academy
Multicultural Counseling Academy
Program ID # 501, Convention Center, Room 218 AB
The Personal is Political: Using Feminist Theory as a Model of Supervision
60-Minute Program, Advanced
Kathleen Armstrong, Monmouth University, West Long Branch, NJ, Joanne Jodry
This interactive workshop will allow the counselor to explore the use of feminist principles within supervision models. This advanced session will allow the counselor, who already has a basic knowledge of feminist counseling theory, to apply it to supervision. Egalitarian relationships will be discussed in a multicultural context with emphasis on multiple oppressions and privilege. A developing model of feminist supervision will be examined and applied.

3:45 pm – 4:45 pm
School Counseling Academy
Program ID # 502, Convention Center, Room 201 AB
Adapting Experimental Research Designs to School Counseling Settings to Achieve Accountability Goals
60-Minute Program, Advanced
Jennifer Barrow, Marie Holland
Two techniques for acquiring results-based accountability data from adaptations of experimental research designs will be presented, and three school counselors who have used the techniques will share their experiences. Instruction on how to adapt the designs to evaluating the effects of large group guidance and individual and small group counseling interventions in order to acquire accountability data will be followed by the experiences of the school counselors and a question and answer session.
3:45 pm – 4:45 pm

**NECA Sponsored Session**
*Career Development/Employment Counseling Academy*
*Human Development Across the Lifespan Academy*
Program ID # 503, Convention Center, Room 202 AB

**Entrepreneurship: Second Half of Life: Finding Work that Matters**
60-Minute Program
*Kimberly Key, Encompass Work & Family, Austin, TX*

In today's global Internet-based society where 20-somethings can be overnight entrepreneurial successes and lifestyle design is in demand by all, mid-lifers have slipped into an invisible race to find meaningful work. This presentation provides you with critical components needed to find such work while avoiding common pitfalls that prevent success.

3:45 pm – 4:45 pm

**LGBT Academy**
Program ID # 504, Convention Center, Room 211 AB

**The Influence of Heterosexism on Gay/bisexual Male Body Image**
60-Minute Program
*Michael P. Chaney, Oakland University, Rochester, MI*

Studies suggest gay/bisexual males are more likely than heterosexuals to suffer with body image disorders. This presentation examines specific expressions of heterosexism and homoprejudice that contribute to the development of body image disorders among gay/bisexual men. The multi-media components of this presentation integrate recorded interviews, mainstream and gay-themed movies and print media to illustrate heterosexism's influence on a gay body ideal. Attendees will learn pragmatic clinical and advocacy skills to effectively work with this population.

3:45 pm – 4:45 pm

**Counselor Education and Supervision Academy**
Program ID # 505, Convention Center, Room 207 BC

**An Organizational Strategy for Delivering Student Support Services to a Global Online Counseling Student Population**
60-Minute Program
*Susan S. Spencer, Seton Hall University, South Orange, NJ, Rosalie Maiorella*

As online counseling students increasingly demand more customer-oriented student support services, institutions are confronted with the need to re-examine their current student support infrastructure in order to meet the particular needs of the remote student. This presentation will draw upon the experience of SetonWorldWide, the online campus of Seton Hall University, facing the challenges of developing a student support services infrastructure within a traditional bricks and mortar environment for the global counseling student.

3:45 pm – 4:45 pm

**Child and Adolescent Counseling Academy**
Program ID # 506, Convention Center, Room 216 AB

**Social Skills Therapy for Children and Youth**
60-Minute Program, Advanced
*Larry L. Lambert, Lambert & Co., Cleveland, MS*

Social skills are often an important treatment goal for children and youth. This presentation examines ways of effectively addressing these goals that can be replicated. Creating developmentally sensitive and culturally appropriate interventions for this population is challenging. This presentation describes efforts and results related to social skills training for group and individual therapy.

3:45 pm – 4:45 pm

**Child and Adolescent Counseling Academy**
Program ID # 507, Convention Center, Room 214

**Developing Theory of Mind: Counseling Students with Autism Spectrum Disorders**
60-Minute Program, Advanced
*Carol Ann Layton, Texas Tech University, Lubbock, TX*

Autism rates are rising dramatically across the country. This workshop benefits elementary school counselors who encounter and counsel students with Autism Spectrum Disorders (ASD). Since the development of social skills remains one of the most difficult areas for children with ASD to increase, the need for appropriate counseling techniques continues. These counseling activities provide a basis for improving Theory of Mind and the student's ability to positively interact with others.

3:45 pm – 5:00 pm

**C-AHEAD Wellness Center**
*Human Development Across the Lifespan Academy*
Program ID # SE4-D, Convention Center, Room 212 AB

**Yoga for Everyone**
75-Minute Program
*Bernadine Craft, Sweetwater BOCES, Rock Springs, WY*

Yoga is for everyone, regardless of age or physical condition. As a featured program of the C-AHEAD Wellness Center, this program will experientially introduce participants to the basic principles of Hatha Yoga that can be easily be incorporated into everyday life, thereby reducing stress and enhancing well-being. Participants will experience a variety of breathing and relaxation techniques, stretching and limbering exercises, as well as some basic yoga postures, all of which have been designed to develop flexibility and promote physical and mental health. Come dressed comfortably and prepare to join with others in having fun while reducing stress.
4:00 pm – 4:30 pm
CSI Sponsored Session
Program ID # 509, Convention Center, Exhibit Hall, Booth PS1
Effectively Communicating to Impact State Legislation
30-Minute Project/Research Poster Session
Stephanie Burns, Kent State University, Kent, OH, Michelle Hinkle, Caroline Perjessy, Elizabeth Love, Steve Rainey
State legislators are swayed by form letters from constituents in the same way most of us are swayed by spam e-mails. The Kappa Sigma Upsilon chapter developed Ohio SB 53: Effectively Communicating to Impact State Legislation to train attendees in effectively communicating with all legislators and more specifically to impact Ohio Senate Bill 53. Our poster offers tips delivered during the program and will display finished advocacy letters written by attendees to their legislators.

4:00 pm – 4:30 pm
NCCCA Sponsored Session
Program ID # 510, Convention Center, Exhibit Hall, Booth PS2
The Attachment to Companion Animals: The Implications in Counseling
30-Minute Project/Research Poster Session
Tracie Barton-Barrett, Animals Connect Us, Raleigh, NC
This program uses a comprehensive approach to explore the attachment to companion animals, including the grief experienced at the time the animal dies. The presentation discusses the positive effect of the connection to animals on a person’s emotional and physical health, as well as the implications of this attachment into their counseling process.

4:00 pm – 4:30 pm
NCDA Sponsored Session
Program ID # 511, Convention Center, Exhibit Hall, Booth PS3
NCDA’s Next 100 years: Discover How NCDA’s Leadership Academy is Building on Our Past and Positioning us for the Future!
30-Minute Project/Research Poster Session
Natalie Kaufman, KaufmanNcareers, Towson, MD, Charles Lehman
Discover why you should and how you can apply for NCDA’s Leadership Academy. Find out how academy participation helps the association identify and nurture future generations of leaders for both NCDA and its state CDAs. Meet the chair of the current Leadership Academy class as well as the chair for next year’s academy participants. Find out how academy learning action projects help NCDA anticipate and plan for… the next 100 years.

4:00 pm – 4:30 pm
AACE Sponsored Session
Program ID # 512, Convention Center, Exhibit Hall, Booth PS4
Self-injury: Adolescent Issues, Conceptualization, and Treatment Interventions
30-Minute Project/Research Poster Session, Advanced
Amanda C. Healey, Old Dominion University, Norfolk, VA
This session will address recognition of self-injurious behavior and conceptualization of self-injury within a Feminist-Adlerian framework. Interventions appropriate for work with adolescents who self-injure will also be presented and discussed. Interventions will include narrative and feminist techniques as well as cognitive-behavioral techniques. Current research will be presented and time for questions and discussion will be allotted.

4:00 pm – 4:30 pm
Program ID # 513, Convention Center, Exhibit Hall, Booth PS5
Introducing…! Mattering and its Implications for Counseling Relationships
30-Minute Project/Research Poster Session
Andrea L. Dixon, University of Florida, Gainesville, FL
Mattering to others in counseling relationships matters! Mattering to others has only recently earned well-deserved attention in counseling research and literature. However, it seems that mattering serves as a powerful dynamic in strengthening counseling relationships. This poster offers an overview of mattering in counseling relationships and results from a study with 200 clients and counselors regarding their experiences of mattering in their counseling relationships. Implications for counselors, the counseling relationship, and counseling research are considered.

4:00 pm – 4:30 pm
Program ID # 514, Convention Center, Exhibit Hall, Booth PS6
The Mediating Effect of Spiritual Well-being on the Relationship between Intolerance of Uncertainty and Trait Anxiety
30-Minute Project/Research Poster Session
Kathryn Suzanne Rau, Central Washington University, Ellensburg, WA, Robert Brammer
This presentation has implications for counselors, looking to integrate spiritual and/or religious sensitivity into their practice. The presentation will include results of the study that tested a mediation hypothesis, where existential well-being and religious well-being were expected to mediate the relationship between intolerance of uncertainty and trait anxiety in college students. This research highlights the importance of spiritual well-being as a source of coping.

4:00 pm – 4:30 pm
Program ID # 515, Convention Center, Exhibit Hall, Booth PS7
Low-income and Latina/o High School Seniors: Where Are They Headed Next Year and Why?
30-Minute Project/Research Poster Session, Advanced Jennifer Gates, Central Washington University, Ellensburg, WA
Attendees will learn the results of a college preparatory program evaluation for rural, low-income, and Latina/o high school seniors. Based on quantitative and qualitative data from surveying approximately 250 seniors, the presenter will describe what seniors are planning to do after high school, their stated reasons for the choices that they have made, barriers to college attendance, and cultural factors influencing their decisions.
4:00 pm – 4:30 pm
Program ID # 516, Convention Center, Exhibit Hall, Booth PS8
Ethnocentrism is the Greatest Danger: A Model for Freeing Clients and Counselors from their Cultural Prisons
30-Minute Project/Research Poster Session, Advanced
Garrett J. McAuliffe, Old Dominion University, Norfolk, VA, Timothy Grothaus
Clients often get into trouble by adhering to cultural rules in an unthinking way. Some might say, “I must obey my husband,” or “Sex is bad,” or “Being gay is sinful,” or “Drinking excessively is manly.” In this session, a method for proactively challenging clients’ adherence to such rules, namely the Cultural De-centering Exercise, will be shared and experienced by attendees. The complete activity will be handed out to attendees for their future use.

4:00 pm – 4:30 pm
Program ID # 517, Convention Center, Exhibit Hall, Booth PS9
Adapting Counseling Skills for Multicultural and Diverse Clients
30-Minute Project/Research Poster Session, Advanced
Marlowe Smaby, University of Nevada, Reno, NV, Elizabeth Liles, Becky Rudd, Ireon LeBeauf
The purpose of this program is to teach counselor educators, supervisors and counselors how to self-assess their own multicultural and diversity counseling skills with clients who are from different backgrounds using the Counseling Skills and Personal Development Rating Form (CSPD-RF) (Torres, 2002). Attendees will also learn how to plan and implement multicultural counseling interventions (Cates, 2007). Finally, attendees will receive copies of two articles on self-assessment and planning and implementing multicultural interventions.

4:00 pm – 4:30 pm
Program ID # 518, Convention Center, Exhibit Hall, Booth PS10
Life Satisfaction, Attachment, and Emotional Intelligence: Implications for Counseling
30-Minute Project/Research Poster Session, Advanced
Kok-Mun Ng, University of North Carolina, Charlotte, NC, Shannon Smith
The relationships among subjective well-being, attachment security, and trait emotional intelligence have not received much attention in research and practice. The program will present findings on a large scale study that examines the relationships. Specific attention will be given to gender effects. Implications of the findings for counselors and counselor educators will be presented as they relate to helping clients and counselor trainees consider the importance of developing emotional intelligence skills to achieve personal well-being.

4:00 pm – 4:30 pm
Program ID # 519, Convention Center, Exhibit Hall, Booth PS11
Diversity in Action: Transforming a Rural On-campus School Counselor Program for Delivery to Urban Educational Professionals
30-Minute Project/Research Poster Session, Advanced
Robert K. Bitting, Alfred University, Alfred, NY, John Cerio
This presentation will describe a real life example of transforming a traditional, rural, campus-based counselor training program into a non-traditional, off-site program for urban educational professionals and paraprofessionals from diverse cultural backgrounds. Guidelines and materials for replicating this project will be provided to presentation participants.

4:00 pm – 4:30 pm
Program ID # 520, Convention Center, Exhibit Hall, Booth PS12
Mindfulness in Counselor Training
30-Minute Project/Research Poster Session, Advanced
Laura M. Schmoldt, Eastern Kentucky University, Richmond, KY, Deneia M. Thomas
Students entering their first clinical experience are likely to express some degree of anxiety in terms of initial contact with clients. In this session, the presenters will describe targeted Dialectical Behavior Therapy (DBT) skills for use with pre-clinical counseling students. Session will provide an overview of DBT, mindfulness and current research in applying these concepts for use with pre-clinical counseling students.

4:00 pm – 4:30 pm
Program ID # 521, Convention Center, Exhibit Hall, Booth PS13
Two Group Therapy Interventions on the Level of Depression and Anxiety in African American Women Infected with HIV/AIDS
30-Minute Project/Research Poster Session
Khadija Ali, Michigan Department of Labor & Economic Growth/ MRS, Detroit, MI

4:00 pm – 4:30 pm
Program ID # 522, Convention Center, Exhibit Hall, Booth PS14
The Clubhouse Experience: Adults with Serious Mental Illness Describe How Clubhouse Has Affected Their Lives
30-Minute Project/Research Poster Session
Gregory Roth, Penn State University, University Park, PA
Mental health clubhouses (modeled after NYC’s Fountain House) are opening with an increasing regularity, yet little research has looked at this service. This session reviews the results of a qualitative investigation based upon interviews with clubhouse members. Included will be a review of treatment models and an explanation of the “essence” of the clubhouse experience as described by its members. Implications of the findings and impact on community mental health services are also addressed.
SUNDAY | March 22

4:00 pm – 4:30 pm
Program ID # 523, Convention Center, Exhibit Hall, Booth PS15
Cuento Guidance Curriculum: Enhancing Academic and Emotional Outcomes
30-Minute Project/Research Poster Session, Advanced
Sachin Jain, University of Idaho, Coeur d’Alene, ID
This investigation evaluated the effects of “cuento” therapy (an intervention using Spanish language tales) on children’s self-esteem, affect, and reading test performance. The sample was comprised of 58 third-grade Mexican-American students who were randomly assigned to the treatment and control groups. The results showed significant mean gain score statistics for academic achievement, self-esteem and anxiety. Practical applications for school counselors will be outlined.

4:00 pm – 4:30 pm
Program ID # 524, Convention Center, Exhibit Hall, Booth PS16
Cyberbullying and Cyberbalance: Cultivating a Respect for Technology
30-Minute Project/Research Poster Session, Advanced
Barbara C. Tolley, St. Bonaventure University, St. Bonaventure, NY, Linda Shields, Connie Hanel
The issues of cyberbullying and cyberbalance are addressed in this workshop in regard to youth. Specifically, an overview of the problems and benefits associated with technology use are discussed, assessment skills and forms are reviewed, and psycho-social-educational interventions are described. The main theme of the presentation is responsible use of technology by youth through their education, and that of the community. Case examples, videos, and music are utilized to illustrate the PowerPoint® concepts.

4:00 pm – 4:30 pm
Program ID # 525, Convention Center, Exhibit Hall, Booth PS17
Social Justice Competencies for Career Counselors
30-Minute Project/Research Poster Session, Advanced
Nancy M. Arthur, University of Calgary, Calgary, AB
In this poster presentation, the views of career counselors are presented regarding social justice and career development practices. Results highlight various concepts associated with social justice, perceived barriers to social justice interventions, and key competencies for supporting career development interventions. Recommendations for research and counselor education are highlighted.

4:00 pm – 4:30 pm
Program ID # 526, Convention Center, Exhibit Hall, Booth PS18
Preferred Learning Styles in a Blended Counseling Course
30-Minute Project/Research Poster Session, Advanced
Charlotte R. Hamilton, Webster University, Columbia, SC
Universities around the country are confronted with the challenge of cost-effectively expanding access to education and improving education outcomes. The demographics of universities are changing as older, working professionals return to school to seek advanced degrees and retrain for new careers.

The current research is to compare a blended course (online combined with face-to-face instruction) with a traditional face-to-face class in order to understand the obstacles that face learners.

4:00 pm – 4:30 pm
Program ID # 527, Convention Center, Exhibit Hall, Booth PS19
Fleeing Domestic Violence: Mothers’ Support Program
30-Minute Project/Research Poster Session, Advanced
Mary Ann A. Campbell, Walden University, Halifax, NS
This poster presentation focuses on developing a parenting support program for mothers and their children who have left a domestically abusive situation and are staying in a shelter. Issues that mothers staying in domestic violence shelters face, issues children may face due to having experienced and/or witnessed abuse, and how a program designed to support these families can help the mothers and children learn to live healthy and independent lives will be identified and addressed.

4:00 pm – 4:30 pm
Program ID # 528, Convention Center, Exhibit Hall, Booth PS20
An Expressive Arts Therapy Group for Pediatric Cancer Patients
30-Minute Project/Research Poster Session
Anik Huffman, University of Central Florida, Orlando, FL, Lindsey Neblock
Pediatric cancer significantly impacts a child’s mental, physical and emotional functioning. Adjustment to chemotherapy and radiation is one of the greatest challenges and children often benefit from therapeutic support and social interaction during this difficult time. The efficacy of a six-week children’s support group featuring expressive arts therapy will be discussed and activities from the program will be demonstrated. Attendees will be provided with a handout modeling techniques used in session.

4:00 pm – 4:30 pm
Program ID # 529, Convention Center, Exhibit Hall, Booth PS21
School Based Treatment: Reaching Kids Where They Are
30-Minute Project/Research Poster Session, Advanced
Lori Chalmers, Ozark Guidance Center, Bentonville, AR, Jason Kushner, Conni Sharp, Jose Maldonado
School-based intervention is an efficient, cost-effective way to provide clinical services to our school-aged children who are in need of counseling services. As emotional disturbances increase in school-aged children, the counseling community has a responsibility to reach out and provide necessary treatment to these clients in their communities, their schools. Counselors will benefit from case examples of treatment success, implementation guidelines, and pitfalls to avoid when beginning a school based practice.
**Modern Interventions for Cyber-bullies across Developmental Levels**

Program ID # 530, Convention Center, Exhibit Hall, **Booth PS22**

Counselor interventions have adapted over time to accommodate numerous technological advances. These technological advances have changed the nature of bullying in our schools and communities. This program will educate professional counselors about methods of cyber-bullying, how it differs from traditional bullying, and interventions for the cyber-bully. Empathy activities will be taught and practiced in small groups. Active participation is encouraged and handouts will be provided.

**Catch the Tsunami of Public Service Retirement**

Program ID # 531, Convention Center, Exhibit Hall, **Booth PS23**

The federal government has many job openings and more on the way as Baby Boomers retire. However, looking for a federal job is not for the faint hearted. This presentation provides insider insight and information on how to search and apply for a federal job. It will help participants ensure their time is well spent developing a federal application for a job for which they are well qualified.

**We Few, We Unhappy Few, We Band of Sisters - Solutions for Counseling Female Veterans with Complex Trauma**

Program ID # 534, Convention Center, Exhibit Hall, **Booth PS2**

Over 600 members of the ACA were surveyed and asked to respond to questions about their participation in political advocacy. Predictor variables included attendance in a CACREP program; membership in national, state, and local counseling organizations; NBCC status, and years of counseling service. The criterion variable was a Rasch analyzed measure entitled the Lange Scale of Profession Advocacy.
30-Minute Project/Research Poster Session, Advanced Laura Reed Goodson, Words For Warriors, Charlotte, NC
This poster session will present research and statistics relevant to female veterans returning from war with complex trauma (most often presented as co-occurring sexual assault and combat trauma) and offer potential solutions for addressing this populations’ needs, multicultural concerns, and barriers to care. Two-sided handouts will cover identified needs and relevant resources on one side, and a list of specific interventions targeted for this population on the second page.

5:00 pm – 5:30 pm
NCCA Sponsored Session
Program ID # 535, Convention Center, Exhibit Hall, Booth PS3
Preparing Academic Champions: A Counseling-based Approach for Developing Academic and Life Skills in College Student-Athletes
Matthew Gerstacker, North Carolina State University-Academic Support for Student-Athletes, Raleigh, NC
Preparing Academic Champions is a service offered through the Academic Support Program for Student Athletes at North Carolina State University. The Program aims to facilitate the growth of academic and life skills of student-athletes using counseling and student development based practices. The goal of the presentation is to provide attendees with theoretical and empirical foundations along with effective strategies and techniques for working with this population.

5:00 pm – 5:30 pm
IAAOC Sponsored Session
Program ID # 536, Convention Center, Exhibit Hall, Booth PS4
No Counselor Left Behind: Facilitating Substance Abuse Counselors’ Ability to Adapt to Organizational Change to Integrated Services
Matthew Gerstacker, North Carolina State University-Academic Support for Student-Athletes, Raleigh, NC
The recent push for integrated systems of care for individuals with co-occurring mental health and substance abuse disorders has led to the need for behavioral healthcare systems to transform their service delivery. Researcher will present findings of a qualitative study that identified those factors facilitating substance abuse counselors’ ability to adapt to organizational change and adopt the principles of integrated treatment for co-occurring mental health and substance abuse disorders into their work with clients.

5:00 pm – 5:30 pm
IAMFC Sponsored Session
Program ID # 537, Convention Center, Exhibit Hall, Booth PS5
Cognitive Impairment and Substance Abuse: Implications for Families and Counselors
Hunter D. Alessi, Southeastern Louisiana University, Hammond, LA
The cognitive abilities of 24 males at an in-patient substance abuse facility were assessed using the Neurobehavioral Cogni-

tive Status Examination (Cognistat). Findings suggest that there were significant changes in cognitive functioning during the 21-day in-patient treatment as measured by the Cognistat.

5:00 pm – 5:30 pm
Program ID # 539, Convention Center, Exhibit Hall, Booth PS7
Combining Horticulture Therapy Techniques with Talk Therapy Techniques to Enhance Counseling Effectiveness
Laura C. Strom, Masonic Outreach Services, Union City, CA
Horticulture therapy techniques can be used to enhance traditional talk therapy techniques. They are especially useful with resistant clients. This session focuses on ways to incorporate horticulture therapy techniques into traditional treatment plans.

5:00 pm – 5:30 pm
Program ID # 540, Convention Center, Exhibit Hall, Booth PS8
Horses as Healers: Equine Assisted Therapy for Grieving Children
Laura C. Strom, Masonic Outreach Services, Union City, CA
Hippotherapy literally means therapy with the help of a horse. Centers such as the National Center for Equine Facilitated Therapy (NCEFT) in Woodside, California offer hippotherapy for individuals with various disorders, and returning vets. In 2008, Sutter VNA & Hospice in San Mateo, CA paired with NCEFT to provide equine facilitated therapy for children grieving the loss of a close family member. This presentation will present details of day long programs and results, and a handout.

5:00 pm – 5:30 pm
Program ID # 541, Convention Center, Exhibit Hall, Booth PS9
Transcultural Adlerian Counseling and Therapy: Explication of Individual Psychology’s Relevance to Diverse Populations
Matthew E. Lemberger, University of Missouri, Saint Louis, MO, Erik R. Nash, Shaka A. Moustafa
The scope of this presentation is to demonstrate the applicability of Adler’s Individual Psychology to transcultural counseling theory and, moreover, to offer a systematic graphical representation of Individual Psychology focusing on cultural themes. Attendees will be exposed to original Adlerian constructs, offered a “translation” of these constructs into contemporary and cultural nomenclature, presented the aforementioned graphic, and introduced to practical skills and strategies to apply the important themes into their own work with clients.
5:00 pm – 5:30 pm
Program ID # 542, Convention Center, Exhibit Hall, Booth PS10
Incorporating Spirituality into Counselor Educator Supervision, Evaluation and Remediation
30-Minute Project/Research Poster Session
Keith A. Cates, Auburn University, Auburn, AL, Cynthia Vasilas, Michael Keim, Amanda Thomas
This presentation will review the literature to provide a brief review of the place of spirituality in counseling practices, the development of the ASERVIC spiritual competencies, the inclusion of spirituality in the ACA Code of Ethics and CACREP standards, and the ethical need to incorporate spirituality into counselor education supervision practices, standards of student evaluation and processes of remediation.

5:00 pm – 5:30 pm
Program ID # 544, Convention Center, Exhibit Hall, Booth PS12
Intergenerational Effects of the Japanese American Internment on Fourth Generation Japanese Americans
30-Minute Project/Research Poster Session
Christopher Kenso Kagawa, California State University, Sacramento, CA
Presentation of findings from a qualitative study exploring the cross generational effect of the Japanese American Internment, with particular focus on the racial/cultural identity development of fourth generation Japanese Americans. Handouts provided.

5:00 pm – 5:30 pm
Program ID # 545, Convention Center, Exhibit Hall, Booth PS13
Retirement Role Models: Who Are the People Who Affect the Observer's Views about Retirement?
30-Minute Project/Research Poster Session
Melanie C. Harper, St. Mary’s University, San Antonio, TX
Self-efficacy theory states that role models help shape expectations for personal success in observed tasks. This presentation provides results from a survey of 233 midlife workers who provided information about their retirement role models. Characteristics of the role models and observations of the role models will be presented.

5:00 pm – 5:30 pm
Program ID # 546, Convention Center, Exhibit Hall, Booth PS14
Social Cognitive Variables and Quality of Life Following Bariatric Surgery
30-Minute Project/Research Poster Session, Advanced
Jane M. Fink, The University of Akron/Wayne College, Orville, OH, Linda Perosa, Sandra Perosa
This poster session explores research findings of a study examining the relationships between self-efficacy, locus of control, weight loss, and quality of life following bariatric surgery. Self-efficacy, locus of control, weight loss, and quality of life are addressed in relation to successful and unsuccessful post-surgery weight loss. The percent of excess weight as a mediating variable in predicting quality of life will be discussed.

5:00 pm – 5:30 pm
Program ID # 547, Convention Center, Exhibit Hall, Booth PS15
The Relationship between Psychological Birth Order and Romantic Relationships
30-Minute Project/Research Poster Session
Nicole Healy, Mount Mary College, Milwaukee, WI
We already know that families influence personality development, but what connection might there be between birth order and romantic relationships? This session will provide results from a master’s thesis that explored the relationship between psychological birth order, relationship beliefs and relationship quality. There will also be discussion of clinical implications that were found, along with providing information on how this study could be beneficial toward future research.

5:00 pm – 5:30 pm
Program ID # 548, Convention Center, Exhibit Hall, Booth PS16
Being Rural Impacts Rural Students’ Preparation for Postsecondary Education: Research with Rural High School Counselors
30-Minute Project/Research Poster Session, Advanced
Dorothy Breen, University of Maine, Orono, ME, Nate Gardner, Deborah Drew
Preparing students for postsecondary education and retention is a goal for all high school counselors. This paper is based on research with rural high school counselors in Maine. Rural high school counselors need to be aware of the influence of rural family and culture, expectations of rural students and community, advantages and needs in rural high schools, and rural students’ perceptions of postsecondary campus life. There are implications for admissions counselors and counselor educators.

5:00 pm – 5:30 pm
Program ID # 549, Convention Center, Exhibit Hall, Booth PS17
Counseling Needs of Black American College Students
30-Minute Project/Research Poster Session
Harrison R. Davis, North Georgia College and State University, Dahlonega, GA
There is a great need for the preparation of college mental health staff to adequately handle the growing number of Black college students and their culturally specific issues. This program presents research on the counseling needs of Black American college students and the unique challenges they face. The results of this study are expected to increase awareness of specific developmental, career, and psychological issues prevalent with this group of college students.

5:00 pm – 5:30 pm
Program ID # 550, Convention Center, Exhibit Hall, Booth PS18
The Relationship among Spirituality, Mindfulness, Psychological Distress, and Social Desirability in Older Women
30-Minute Project/Research Poster Session
Danielle Kristen Palmer, Marywood University, Scranton, PA, Janet L. Muse-Burke
The purpose of this study was to provide further validation evidence of the Inclusive Spirituality Index (ISI) with a sample of older women. The ISI was devised to measure spirituality separate from religiosity, and it was related to mindfulness, psychological distress, and social desirability in the current study. By further validating the ISI, counselors may have greater confidence in their ability to measure the spiritual resources and needs of their clients.

5:00 pm – 5:30 pm
Program ID # 551, Convention Center, Exhibit Hall, Booth PS19
Assessing Depression in Diabetics: How Effective Are Depression Inventories in Predicting Depression in Diabetics
30-Minute Project/Research Poster Session
Chad M. Yates, Kent State University, Kent, OH, Carrie VanMeter
This session will focus on the exploration of depression screens and their utility in assessing depression in diabetic populations. We will examine the somatic symptoms of diabetes, and see if these symptoms confound valid assessment of depression. The use of new cut off scores on screens, and different interpretations of results will be explored during our presentation.

5:00 pm – 5:30 pm
Program ID # 552, Convention Center, Exhibit Hall, Booth PS20
Incorporating Mindfulness into the Practicum and Internship Experience in Counselor Preparation
30-Minute Project/Research Poster Session
Denise Pickering, University of Vermont, Burlington, VT
Mindfulness is a non-anxious, non-judging, non-rejecting state of mind that encourages clear awareness of what is happening—as it is happening. Counseling is enhanced when both the counselor and the counselee are both as attuned as possible to what is happening. This poster presentation will familiarize attendees with mindfulness and contemplative practices and offer strategies on incorporating mindfulness practice in the practicum and internship experiences of counselor preparation programs.

5:00 pm – 5:30 pm
Program ID # 553, Convention Center, Exhibit Hall, Booth PS21
Paws and Effect: Utilizing Animal Assisted Therapy to Facilitate Social Skills Development in a Children’s Therapy Group
30-Minute Project/Research Poster Session
Cynthia R. Boyle, Capella University
This presentation will focus on both research and experience related to the practical application of animal assisted therapy (AAT) with a children's social skills group. Attendees will be provided a brief history of AAT. The rationale behind AAT, related to both group work and work with children who have been labeled behavior disordered, ADHD, or Asperger's, will be discussed, with an emphasis on multicultural considerations. Liability and risk management will also be addressed.
and engage clients more meaningfully. grate difficult client material, cultivate multiple perspectives, integration as a way to regenerate, process counter transference, integrate difficult client material, cultivate multiple perspectives, and engage clients more meaningfully.

Participants will experience the interventions experientially during the presentation as a way to regenerate, process counter transference, integrate difficult client material, cultivate multiple perspectives, and engage clients more meaningfully.

Join us in this multisensory experiential workshop as we demonstrate approaches to help clients intentionally create hopeful futures. Knowing that each of us finds meaning and fulfillment in his or her own way, we will explore what it means to feel vibrant, connected, and alive. Using music, the Enneagram, psychodrama and other creative approaches, we will explore how these interventions work in clinical practice.

Whether in the private practice setting or within an agency counselors are often referred clients by the primary treatment center to address issues encountered in substance abuse treatment, and often these clients are placed on PAMM. It is therefore incumbent on the counselor to have a rudimentary knowledge of these agents and appreciate their adjunctive role in substance abuse treatment.

Pharmacologically assisted addiction management (PAAM) is an increasingly important adjunct in addictions treatment.

In the phase of life one enters a doctoral program, students contend with multiple responsibilities such as marriage, raising a family, buying a house, and working full time. Navigating a doctoral program is a challenge requiring the development of strategies to cope with the process. Utilizing the Perceived Stress Scale, attendees will identify and measure their symptoms of ABD stress and panelists will share lessons learned and resources for achieving balance and wellness.

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Does research support your counseling interventions? We present participants with a review of the Scientist Practitioner model in an effort to answer that question. Through this presentation, participants will gain an understanding of: (1) the development of the SP model; (2) how to conduct assessment and intervention from a research supported basis; (3) current issues and trends in counseling research, and (4) ethical principles that support the adoption of the SP model.

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5:00 pm – 6:30 pm
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID # 562, Convention Center, Room 203 B
New Resources and Strategies: Tools to Energize Career Courses and Groups
90-Minute Program, Advanced
Tracy Lara, Kent State University, Kent, OH, Dennis Engels, Sunny Hansen, Marva Larrabee, Mark Savickas, Byron Waller, Kathy M. Evans, Jane Goodman, Carole Minor, Mark Rehfuss
ACES/NCDA Joint Career Commission Members will lead participants in experiential activities appropriate for career development courses and groups. Educators, coaches, students, and clients will benefit from these strategies while developing knowledge, skills, and competencies in career-life development.

5:00 pm – 6:30 pm
AMCD Sponsored Session
Multicultural Counseling Academy
Program ID # 563, Convention Center, Room 208 A
International Culture-centered Counseling and Social Justice Conference in Gaborone, Botswana
90-Minute Program
Cirecie A. West-Olatunji, University of Florida, Gainesville, FL, Gargi Roysircar-Sodowsky, Rachael Goodman, Arpana Inman
Globally, there is an increasing need for counseling to respond to disasters in a culturally competent manner. The presenters will discuss AMCD’s current global initiatives to provide disaster response, including an upcoming conference and outreach in Gaborone, Botswana and South Africa in summer 2009. Participants will be provided with an overview of the relevant research, outreach services, scholarship, and advocacy focused on developing culturally competent skills in order to effectively serve a pluralistic world.

5:00 pm – 6:30 pm
ARCA Sponsored Session
Program ID # 564, Convention Center, Room 208 B
Reviewing the Proposed CRCC Code of Ethics Revised Guidelines for Client Self-Advocacy
90-Minute Program, Advanced
Vilia M. Tarvydas, University of Iowa, Iowa City, IA, Michael Hartley, Sara Johnston
This presentation will review the proposed Commission on Rehabilitation Counselor Certification (CRCC) Code of Ethics revised guidelines for client self-advocacy. The presenters will provide recommendations for assisting clients to self advocate. Presenters will describe a three-stage model that counselors can use to ethically assist people with disabilities to self advocate.

5:00 pm – 6:30 pm
Couples and Family Counseling Academy
Program ID # 565, Convention Center, Room 207 A
Afternoon Delight: An Integrative Approach for Treating Couples’ Sexual Concerns
90-Minute Program
Valorie Thomas, Rollins College, Winter Park, FL, Genon Murray, Graciela Farcau, Amanda Bailey, Leigh de Armas, Emily Holder, Jennifer Gruber
This interactive presentation will focus on the application of an integrative model for sexuality counseling when working with common sexual problems/dysfunctions within the context of the couple’s relationship. Participants will learn assessment methods, goal setting techniques, guidelines for selecting interventions, and ways to help couples celebrate their successes. Each participant will receive a detailed handout including an annotated bibliography, web sites, and practitioner reflection questions.

5:00 pm – 6:30 pm
ASGW Sponsored Session
Group Work Academy
School Counseling Academy
Program ID # 566, Convention Center, Room 207 D
Gaining Support for Group Work in Schools in the Age of Accountability
90-Minute Program
Rebecca A. Schumacher, Portland, ME
As a professional school counselor do you find it challenging to offer group work in your school? This presentation is designed as an interactive session that will offer practice ideas to gain support of teachers and administration for conducting small groups in schools and for you to develop an accountability plan that may be used in your school. Handouts and a bibliography will be provided for participants.

5:00 pm – 6:30 pm
School Counseling Academy
Program ID # 568, Convention Center, Room 217 D
Prevention Soup: Ingredients for Excellence in K–12 Education and Counseling Strategies
90-Minute Program, Advanced
Ann Flaherty, University of Pittsburgh, Pittsburgh, PA, Mark Lepore, Grafton Eliason, Tom Petrone
Intervention strategies for cutting, asphyxia play, and subculture concerns will be detailed, and research and programming opportunities for building cultural capital and promoting social justice, diversity and peaceful communities will be outlined. Presenters are all members of the University of Pittsburgh’s MAPS Department, a university based program that provides education, prevention and intervention program serving a variety of K–12 and postsecondary institutions.
5:00 pm – 6:30 pm  
School Counseling Academy  
Program ID # 571, Convention Center, Room 219 AB  
Intimate Danger: Strategies for Counselors Working with Adolescent Victims of Dating Abuse  
90-Minute Program  
Dan Turk, University of South Florida, Tampa, FL, Amber L. Prange, Cassandra Armato  
Intimate abuse is a serious problem among adolescents that can lead to eating disorders, substance abuse, risky sexual behaviors, pregnancy, lowered self-esteem, self-injury, and suicide. This session will contribute to counselors’ efficacy in recognizing and preventing intimate abuse. A guidance module for professional school counselors will be provided.

5:00 pm – 6:30 pm  
Mental Health/Private Practice Academy  
Program ID # 572, Convention Center, Room 209 AB  
Sensory Processing Disorder (SPD): Fundamentals for Professional Counselors  
90-Minute Program  
Noelle R. Collier, Texas Woman’s University, Denton, TX  
SPD is a neurological condition that affects the individual’s ability to organize, interpret, and respond to sensory information. SPD affects approximately one in twenty individuals and interferes with daily functioning. This presentation will provide participants with a basic understanding of (1) SPD and related behavioral and emotional characteristics, (2) diagnostic and treatment practices for SPD (3) mental health disorders that mimic SPD and (4) methods of screening clients to determine appropriateness for SPD evaluation.

5:00 pm – 6:30 pm  
Mental Health/Private Practice Academy  
Program ID # 573, Convention Center, Room 218 AB  
Ecotherapy: Working Clinically with Images and Dreams for Individual, Community, and Global Transformation  
90-Minute Program  
Patricia A. Sablatura, Regis University, Denver, CO  
This presentation gives voice to the emerging theory of Ecotherapy through the lens of Carl Jung’s use of active imagination. The presenter will include case studies taken from her research on dream tending to illustrate the transformative impact on clients of working with images from the natural world. Participants will learn how to apply ecotherapy practices in both individual and group counseling settings.

5:00 pm – 6:30 pm  
Multicultural Counseling Academy  
Counseling Ethics and Legal Issues Academy  
Program ID # 574, Convention Center, Room 201 AB  
Increasing Counselors’ Multicultural Competence: Our Ethical Responsibility  
90-Minute Program, Advanced  
Amy B. Adelman, South Central Regional Medical Center, Laurel, MS, Jeanne Polk  
This program will help participants find their place on a continuum of cultural competencies; understand racism as a social construct; examine how institutional racism/discrimination affects our clients/students; and share our individual experiences and strengths in operationalizing AMCDs multicultural competencies. The program includes taking a critical look at the issue of “privilege” vs. “non-privilege”. Ethical implications for improving equal access to mental health services will also be examined.

5:00 pm – 6:30 pm  
Multicultural Counseling Academy  
Program ID # 575, Convention Center, Room 202 AB  
Breaking through the Language Barrier: Linguistically Sensitive Approaches to Counseling International Students  
90-Minute Program, Advanced  
Tomoko Kudo Grabosky, Shippensburg University, Shippensburg, PA  
This program focuses on providing linguistically sensitive counseling skills to work effectively with non-native English speaking international students. A qualitative study that explored the language experiences of Japanese female international students is presented to offer insights into their struggles and coping strategies used to deal with the language barrier. The effects of linguistic variables on the counseling process are discussed to enhance counselors’ ability to deal with the language barrier within their counseling sessions.

5:00 pm – 6:30 pm  
Counselor Education and Supervision Academy  
Program ID # 576, Convention Center, Room 211 AB  
A Collaborative Approach to Supervision and Supervisor Training  
90-Minute Program, Advanced  
William J. Casile, Duquesne University, Pittsburgh, PA  
This skill building session will provide counselor educators, clinical supervisors, and counselors with a model of collaborative supervision that emphasizes the personal and professional development of both the supervisor and the counselor. This model incorporates the constructivist theory of learning through inquiry to enhance the developmental outcomes of supervision. Participants will learn how to use specific collaborative strategies, such as Attitude Alignment, Strength Audit, Inquiry, and Co-evaluation to structure the supervision process.

5:00 pm – 6:30 pm  
Spirituality and Religious Values Academy  
Program ID # 577, Convention Center, Room 207 BC  
Spirituality: A Personal Construct  
90-Minute Program  
Jason Keith Neill, Family Service, Inc., Gastonia, NC, Amy Sifford  
This presentation will provide attendees with a review of the current literature regarding the integration of spirituality into counselor training and practice. The presentation will also feature creative and interactive strategies for attendee self exploration and discussion of their spirituality. These strategies
5:00 pm – 6:30 pm
Child and Adolescent Counseling Academy
Program ID # 578, Convention Center, Room 216 AB
Addressing Issues of Anger, Loss, and Guilt: Using Gestalt Therapy with Bereaved Children and Adolescents
90-Minute Program, Advanced
Georgina A. Johnston, University of Maryland, College Park, MD
The session will address age appropriate Gestalt techniques that can be used with bereaved children and adolescents (Ferreira & Read, 2006; & Reynolds, 2005). In particular, the session will explore Oaklander's (1978; 1992; 2001; 2002) theory of using Gestalt Therapy with children dealing with issues of anger, loss, and guilt in the counseling session. Participants will engage in classroom activities and case studies.

5:00 pm – 6:30 pm
Human Development Across the Lifespan Academy
Program ID # 579, Convention Center, Room 214
Circle of Friends: Helping Women Craft Connections
90-Minute Program, Advanced
Suzanne Degges-White, Purdue University - Calumet, Hammond, IN, Christine Borzuamato-Gainey
Women's friendships often function as a vital component of psychological wellbeing and midlife is a critical point in a woman's life when strong relationships may be especially essential. This session will present counselors with new research addressing women's friendships and ways in which counselors can use specific interventions that will encourage and support clients in building healthy support networks.

7:00 pm – 10:00 pm
Walden University Meeting
Westin - Davidson

Division & Affiliates Ancillary Events

6:30 pm – 8:00 pm
NCCA Reception
Westin - Providence II

6:30 pm – 8:30 pm
ASGW “Welcoming Graduate Students and New Professionals” Reception
Westin - Independence

7:00 pm – 8:30 pm
ALGBTIC Reception
Westin - Sharon

7:00 pm – 9:00 pm
AMCD Service Day Recognition Reception
Westin - Tryon South

7:00 pm – 9:00 pm
ACA National Awards
(Sponsored by the ACA Foundation)
Westin - Grand Ballroom C
Join your colleagues in celebration of distinguished counseling professionals who are making an impact on the profession. Co-hosted by the ACA Awards Committee, this gala event will recognize ACA award winners. Admission is free; contributions to the ACA Foundation are welcomed.
ACA Conference Events
7:00 am – 1:00 pm  Registration Open
7:30 am – 1:30 pm  Education Sessions
1:00 pm – 3:00 pm  ACA General Membership Meeting

Division & Affiliates Ancillary Events
8:30 am – 1:00 pm  ACES 2008–2009 Executive Council Meeting
10:00 am – 11:00 am  AMCD General Business Meeting
12:00 pm – 2:00 pm  AMCD Executive Council Luncheon Debriefing

Visit Booth #315 for a look at our new books and a demo of MyHelpingLab!

Orientation to the Counseling Profession:
Advocacy, Ethics, and Essential Professional Foundations
Bradley T. Erford
A comprehensive overview of the major tenets of the counseling profession that emphasizes new counselor preparation!

Acquiring Counseling Skills:
Integrating Theory, Multiculturalism, and Self-Awareness
Kathryn MacCluskie
The first and only book that provides a theoretical framework for the basic counseling skills with a strong multicultural thread woven throughout!

An online destination designed to help your students make the transition from your academic coursework to your professional practice with access to a multitude of video clips, case archive, career explorations, and licensing information. www.myhelpinglab.com

To learn more about these and other resources, visit www.pearsonhighered.com/counseling
**ACA Conference Events**

**7:00 am – 1:00 pm**
ACA Conference Registration
Convention Center

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**Education Sessions**

**7:30 am – 8:30 am**

**Multicultural Counseling Academy**
Program ID # 581, Convention Center, **Room 217 A**

**Psychosocial Competence Theories of Adaptation to Racial Pluralism**
60-Minute Program, Advanced
*Chris Brittian-Powell, Coppin State University, Baltimore, MD,*
*Beverly O’Bryant, Harry Legum*

This program will present a new conceptual approach to understanding people’s racial functioning in society. Psychosocial competence theory is the conceptual basis used to develop two new and unique theoretical models. The first theory, White adaptation to racial pluralism, describes how Whites come to competently function in a manner that is racially pluralistic. The second theory is pluralistic racial adaptation of People of Color. The implications for multiculturally competent counseling will be presented.

**7:30 am – 8:30 am**

**Military Counseling Academy**

**Couples and Family Counseling Academy**

**Mental Health/Private Practice Academy**
Program ID # 582, Convention Center, **Room 217 BC**

**The Effects of Combat on the Family and Loved Ones**
60-Minute Program, Advanced
*Michael Sunich, Troy University, Tampa, FL*

This session presents results of a study regarding the effects of combat on the family. Initial findings indicate that nearly one-third of the spouses surveyed are experiencing severe to debilitating anxiety and meet the criteria for PTSD. Attendees will engage in discussion on current intervention strategies and effective methods of assisting military families in the healing process.

**7:30 am – 8:30 am**

**ARCA Sponsored Session**
Program ID # 583, Convention Center, **Room 213 A**

**Counseling about Self-management and Adherence to Therapy with Persons with Chronic Conditions: Assessment and Intervention in a Complex Counseling Area**
60-Minute Program, Advanced
*Malachy Bishop, University of Kentucky, Lexington, KY,*
*Michael Frain, Elizabeth Boland*

This presentation explores two critical and related counseling issues faced by people with chronic conditions: illness self-management and adherence to treatment. We will explore the complex role of the counselor in assisting clients to make informed personal decisions about self-management and adherence and describe an approach to assessment and counseling.

**7:30 am – 8:30 am**

**ASGW Sponsored Session**

**Group Work Academy**
Program ID # 584, Convention Center, **Room 213 D**

**ASGW Fellows Symposium**
60-Minute Program, Advanced
*Michael T. Garrett, University of Florida, Gainesville, FL,*
*Sheri Bauman*

The Association for Specialists in Group Work nominates its most prominent members to Fellow status in recognition of their contributions to group work and ASGW. During this session, newly elected Fellows will relate their experiences as group workers, relate their insights and observations regarding the evolving issues in group work, and offer recommendations for the continued development of group work. The session will feature interaction with the newly elected fellows. All are welcome to attend.

**7:30 am – 8:30 am**

**ASCA Sponsored Session**

**School Counseling Academy**
Program ID # 585, Convention Center, **Room 203 A**

**The Importance of Principal-School Counselor Relationships to School Counselors’ Work Experience**
60-Minute Program, Advanced
*Elysia V. Clemens, University of Northern Colorado, Greeley, CO,*
*Amy Milson*

The results of a study assessing the impact of school counselors’ relationship with their principal and use of advocacy skills on how school counselors’ roles are defined, job satisfaction, and turnover intentions will be presented. Opportunities for infusing findings into counselor preparation and school counseling practice will be emphasized.

**7:30 am – 8:30 am**

**AADA Sponsored Session**

**Career Development/Employment Counseling Academy**

**Human Development Across the Lifespan Academy**
Program ID # 586, Convention Center, **Room 203 B**

**Career Transitioning: Building a Resilient Identity or a Quest to Find Self?**
60-Minute Program
*Summer M. Reiner, The College at Brockport, Brockport, NY,*
*E. Christine Moll*

This presentation will review career transitioning and career merging and how either impacts identity, self-perception, and perceptions of others. Career transitioning can be described as occupational divergence, whereas, merging is a natural amalgamation of previous occupations. The presenters will facilitate an open discussion on how career transitioning and merging may be perceived by self and others within a cultural context, as we believe environment impacts identity, self-perception, and future career trajectory.
7:30 am – 8:30 am
IAAOC Sponsored Session
Multicultural Counseling Academy
Program ID # 587, Convention Center, Room 208 A
From Outsider to Trusted Counselor: How Non-native Counselors Can Build Trust with Native Clients
60-Minute Program, Advanced
Ellyn (EJ) J. Essic, Palmer, AK, Sarah Lu Bradley
You must understand the values and mores of the culture from which your clients come if you are to serve them most effectively. As white women working in a tribal system for over eight years we offer a unique perspective for understanding the challenges and rewards of making the effort to learn the importance of using the client's cultural history to facilitate communication and healing. Strategies for dealing with critical issues will be presented.

7:30 am – 8:30 am
AMHCA Sponsored Session
Mental Health/Private Practice Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 589, Convention Center, Room 207 A
The Brain Matters: What Counselors Need to Know about Working with Chronic Trauma Survivors
60-Minute Program, Advanced
Linda L. Barclay, Walsh University, North Canton, OH
Counselors who work with survivors of chronic trauma have probably experienced the limited effectiveness of both “talk” therapy and pharmacotherapy. This session will summarize research regarding the dissociating impact of trauma on brain functioning, and explore basic principles counselors can use to promote neurobiological integration and reduce ongoing traumatic reactivity. We will discuss specific sensorimotor and adjunctive strategies that help integrate brain functioning dissociated by traumatic stress and invite participant sharing of effective interventions.

7:30 am – 8:30 am
NCCA Sponsored Session
Career Development/Employment Counseling Academy
Couples and Family Counseling Academy
Program ID # 590, Convention Center, Room 207 D
Families and the Impact of Work: The Respectable Addiction
60-Minute Program
Patricia Whitfield, North Carolina A&T State University, Greensboro, NC
Because overworking is often encouraged by employers and society, it is difficult to recognize when commitment to work crosses the line to addiction and dysfunction. This presentation will address trends in overworking, health issues relative to work, the impact of work on the family, multigenerational issues, and strategies for the treatment of work addiction with counseling implications.

7:30 am – 8:30 am
Rehabilitation Counseling and Disability Issues Academy
Multicultural Counseling Academy
Couples and Family Counseling Academy
Program ID # 591, Convention Center, Room 213 BC
Motherhood of Women with Physical Disabilities: Implications for Rehabilitation Counselors
60-Minute Program, Advanced
Chia-Huei Lin, University of Maryland, College Park, MD, Ming-Yi Cho
Drawn from the theories and current knowledge of gender studies, disability studies, and counseling, this program presents crucial issues associated with motherhood experience of women with physical disabilities. The implications for rehabilitation counseling professionals will be addressed from the perspectives of multicultural counseling and social justice. Hands-on resources will be introduced to the attendees as well.

7:30 am – 8:30 am
Human Development Across the Lifespan Academy
Mental Health/Private Practice Academy
Program ID # 592, Convention Center, Room 217 D
Boomers, Xers, and Millennials: The Impact of Generational Differences in Counseling
60-Minute Program
Elisabeth A. Nesbit, University of Arkansas, Fayetteville, AR
This presentation will discuss the generation differences of Baby Boomers, Generation Xers, and Millennials in counseling. Participants will engage in discussion about how the culture of each generation affects clients’ and counselors’ expectations, goals, and desired theoretical approaches to counseling. The cultural differences of each generation will be studied using music, language, and theory, along with the implication of these differences in counseling practice.

7:30 am – 8:30 am
Child and Adolescent Counseling Academy
Multicultural Counseling Academy
Program ID # 593, Convention Center, Room 210 AB
Child Sexual Abuse Prevention with Hispanic Families
60-Minute Program, Advanced
Maureen C. Kenny, Florida International University, Miami, FL
This session will review the results of a child sexual abuse prevention program that has been used successfully with Hispanic families. Participants will become familiar with the program content and implementation. The group strategies and techniques used with these families will be reviewed. Issues related to recruitment and retention strategies for engaging multicultural families will be examined. Implications for educational and training efforts will be presented to assist participants in planning of future programs.
7:30 am – 8:30 am

NCCA Sponsored Session
Program ID # 594, Convention Center, Room 212 AB
Exploring Challenges Facing Urban School Counselors
60-Minute Program
Henry L. Harris, University of North Carolina, Charlotte, NC, Edward A. Wierzalis, Renee Evans, Marrius L. Pettiford
Professional school counselors have traditionally played an integral role in helping students succeed academically, socially, and emotionally in our schools. However in today’s educational setting, this task has become increasingly more challenging especially in many of our urban schools. This presentation will address some of the current challenges facing urban school counselors and offer suggestions to help them become more culturally competent leaders.

7:30 am – 8:30 am

AACE Sponsored Session
Counselor Education and Supervision Academy
College Counseling Academy
Program ID # 595, Convention Center, Room 219 AB
An Examination of the Substance Abuse Subtle Screening Inventory-3’s Correctional Scale in a College Student Population
60-Minute Program, Advanced
Andrew M. Burck, Adams State College, Alamosa, CO, John Laux
The Substance Abuse Subtle Screening Inventory-3 (SASSI-3) is one of the most frequently used and popular instruments in college populations. However, the use of the SASSI-3, including the Correctional Scale to assess illegal behaviors, has not been thoroughly explored. This presentation provides a discussion, based on current research, for the use of the SASSI-3 with college students as a preventive measure for illegal behaviors.

7:30 am – 8:30 am

Counselor Education and Supervision Academy
Program ID # 596, Convention Center, Room 209 AB
Service Learning in Counselor Education Programs
60-Minute Program
Gerra Perkins, Northwestern State University, Natchitoches, LA, Kristy Brumfield, Kimberly Cain, Danyelle McDaniel
This presentation offers research findings documenting the benefits of service learning for students, the university, and the community. The stories and experiences of counseling students who participated in an extensive service learning project aimed at providing resources to New Orleans Recovery School District school counselors will be shared. This presentation has implications and recommendations for counselor educators, supervisors, and counseling students who seek to enhance the communities they serve.

7:30 am – 8:30 am

School Counseling Academy
Program ID # 597, Convention Center, Room 218 AB
Solution-focused Brief Counseling in Schools
60-Minute Program, Advanced
Marion Cavallaro, The College of New Jersey, Ewing, NJ
Solution-focused brief counseling (SFBC) is gaining wide popularity in schools due to its focus on “doing what works” in a simple, straightforward manner within a limited amount of time. In this program participants will learn the key assumptions of the SFBC model and how to adapt it to diverse school counseling settings, and have the opportunity to practice its primary interventions such as the miracle questions, use of exceptions, and scaling questions.

7:30 am – 8:30 am

Addictions Academy
Multicultural Counseling Academy
Program ID # 599, Convention Center, Room 202 AB
Women and Addiction: Including the Feminine in Addiction Treatment
60-Minute Program
Jennifer Pepperell, Minnesota State University, Mankato, MN, Cynthia Briggs
Most models of addiction counseling are based solely on research and practice with male clients. They often neglect issues that are critical for women’s recovery. This presentation will examine how counselors can be more inclusive of women’s needs in addictions counseling. The focus will be inclusive of drug and alcohol addictions, as well as process addictions.

7:30 am – 8:30 am

Program ID # 600, Convention Center, Room 211 AB
Understanding Grants: Tips for Writing a Successful Grant Application and Post-award Management
60-Minute Program
Jill L. Russett, Williamsburg, VA
Knowing how to tap into grant funding and learning the steps to put together an award winning grant application package is invaluable. Obtaining outside funding can contribute significantly to furthering research. This session is designed to provide fundamental information on grant writing, identify funding resources, present common mistakes in the application process, and share useful tips in grant management. If you are considering writing a grant, you don’t want to miss this presentation.

7:30 am – 8:30 am

Child and Adolescent Counseling Academy
School Counseling Academy
Program ID # 601, Convention Center, Room 207 BC
Steps to Empower Clients Experiencing Cyberbullying
60-Minute Program
Christine Suniti Bhat, Ohio University, Athens, OH, Wendy Rankin, Marissa Mizer
Attendees will obtain behavioral and cognitive strategies for use with clients targeted by cyberbullies. Specific information
on steps to take with information and communications technology providers (social networking sites, cell phones, email, websites, and blogs) will be presented. Advocacy initiatives for counselors willing to address this issue will be discussed. Material presented is based on recent research. Specific multicultural considerations will be addressed.

7:30 am – 8:30 am
Program ID # 602, Convention Center, Room 216 AB
The Wise Counselor: Wisdom and the Counseling Relationship
60-Minute Program, Advanced
Linda C. Osterlund, Regis University, Colorado Springs, CO, Thomas Lonnen-Doroff
Participants will learn wisdom characteristics, and specifically relate them to the person of the counselor in the counseling relationship. Wisdom traits (life experience, emotions, reflectivity, intuition, openness, and humor) will be described and applied personally and professionally. Participants will experience hands-on activities that promote self-reflectivity, mindfulness, and multicultural competence. Participants will integrate wisdom inspired concepts into counseling practice, counselor training, pedagogy, and supervision.

7:30 am – 8:30 am
Multicultural Counseling Academy
Counselor Education and Supervision Academy
Program ID # 603, Convention Center, Room 214
Back to Basics: Beyond Recruiting to Accepting, Valuing, Respecting, Developing and Enhancing Minority Students
60-Minute Program
Ann D. Chapman, Eastern Kentucky University, Richmond, KY, Muriel Stockburger
This session will help you think about how you work with your minority/diverse students. Do you learn from their differing worldviews? In your program, can they be their unique selves? Have your thought about things like your department’s use of sociopolitical power and microaggressions? If not, come to this session where participants will learn ways to accept, value, respect, develop and enhance their minority and diverse students.

8:30 am – 1:00 pm
Division & Affiliates Ancillary Event
ACES 2008 – 2009 Executive Council Meeting
Westin - Park

8:45 am – 10:15 am
Program ID # 605, Convention Center, Room 217 A
Managing the Screaming Monkeys: Balancing Internal and External Life Stressors by Taming our Monkey-Minds
90-Minute Program
Suzan Zuljani Wasik, Carolina Care and Counseling, Raleigh, NC, Michele Kiely Briggs
In Zen symbolism, a monkey signifies the human mind, which is ever restless and never still. Many of these “monkeys” can be thoughts that are repetitive, negative, self-deprecating, and anxiety producing. Monkey mind can easily increase anxiety without your awareness, and create havoc in your inner and outer life. This presentation will offer simple strategies and techniques that will help “tame the monkey mind” both personally and professionally.

8:45 am – 10:15 am
ACCA Sponsored Session
College Counseling Academy
Program ID # 606, Convention Center, Room 217 BC
Program Evaluation and Outcomes Assessment: Channels to Quality Assurance
90-Minute Program
Laura A. Dean, University of Georgia, Athens, GA
The CAS Standards offer a tool for assessing the quality of campus counseling services. This program introduces the CAS concept and provides strategies for using the standards, including assessing learning and development outcomes. In an era of increased pressure toward accountability and assessment, the CAS materials provide a useful way to evaluate programs. Discussion will focus on the CAS model, the Counseling standards, the process for planning a self-study, and the assessment of learning outcomes.

8:45 am – 10:15 am
Human Development Across the Lifespan Academy
Program ID # 607, Convention Center, Room 213 A
The Psychology of Courage: Healthy Social Living via Work, Love and Friendship
90-Minute Program, Advanced
Julia Yang, Governors State University, University Park, IL, Mark Blagen
The purpose of this program is to present courage as the main thrust of understanding and training for mental health in three life task areas: Work, love, and friendship. Specifically, courage is discussed in relation to theoretical basis as well as the assessment strategies of Adlerian psychology. The presenters will demonstrate techniques that bring out narratives of courage that are empowering and facilitative for client change.

8:45 am – 10:15 am
Child and Adolescent Counseling Academy
Program ID # 608, Convention Center, Room 213 D
Empirical-based Play Techniques with Resistant Adolescents
90-Minute Program, Advanced
Eric Green, The Chicago School, Chicago, IL, Kaisha Keith, Kathleen Bennett Schwelker, Amie Kolos
This session is designed to provide mental health clinicians with creative alternatives to traditional talk therapy when counseling resistant adolescents. Evidence-based, expressive play activities can be used as non-threatening mechanisms for teens to explore and safely reveal themselves in therapy, while accommodating their developmental needs and fostering a therapeutic alliance.

8:45 am – 10:15 am
Program ID # 609, Convention Center, Room 203 A
The “Almost Smiling” Death: Issues and Strategies in Counseling Clients Who Are Habitually Attracted to Death
90-Minute Program, Advanced
Robert S. Finh, Oakland University, Rochester, MI
Chronically suicidal clients require a broad range of clinical intervention beyond acute suicide crisis management and therapy as usual. Suffering from emotional dysregulation, intense affective pain, tenuous family and social relations, and frustrated vital needs, these clients experience emotional soothing in death preoccupations. This presentation provides counseling strategies specifically designed to address these issues and reduce attraction to death. These considerations are illuminated with clinical examples and material drawn from the chronically suicidal life of Vincent van Gogh.

8:45 am – 10:15 am
Rehabilitation Counseling and Disability Issues Academy
Program ID # 610, Convention Center, Room 203 B
Living with Cancer: Archetypes and Images
90-Minute Program
Valeria Fahj, Lynn University, Boca Raton, FL, Barbara Abernathy
For many people, cancer changes life forever. Media images help shape individuals’ understanding of events. The prevailing viewpoint is that cancer is a gift - patients should actively participate in their own care and harness the power of the mind-body connection for a cure. A critical analysis of TV/film images explores which characterizations are affirming and how popular media influences clients’ self- and world-view. Archetypes and metaphors will be discussed. Counseling recommendations will be provided.

8:45 am – 10:15 am
Mental Health/Private Practice Academy
Program ID # 611, Convention Center, Room 208 A
Semi-hypnotic Self-talk for Briefer, Deeper Therapy
90-Minute Program, Advanced
Kate Cohen-Posey, Psychiatric and Psychological Services, Inc., Lakeland, FL
Deep within every person is a SELF that can think about thoughts, make mindful observations, and ask questions. Yet, the wisdom of this Knower can be masked by extreme ideas of negative cognitions. This workshop will show how to empower clients’ Selves to dialogue with sub vocal voices using semi-hypnotic video talk and questions. Extraordinary therapy tools will be offered and effortless self-talk will be taught that can be used with adults and children.

8:45 am – 10:15 am
Mental Health/Private Practice Academy
Program ID # 612, Convention Center, Room 208 B
The Initial Clinical Interview: Getting it Right the First Time
90-Minute Program, Advanced
John Sommers-Flanagan, University of Montana, Missoula, MT, Rita Sommers-Flanagan
Intake interviewing is an essential skill for all counselors. Although most graduate programs offer training in this area, strategies for dealing with real-world, contemporary practitioner demands are often under-addressed. This workshop will help practicing counselors refine their specific skills and techniques for simultaneously (a) establishing rapport and therapeutic relationships, (b) gathering diagnostic and problem-related information, and (c) maintaining a strength-based focus. Specific strategies for making intercultural connections and increasing second session attendance will be discussed.

8:45 am – 10:15 am
Counselor Education and Supervision Academy
Program ID # 613, Convention Center, Room 207 A
Andragogy vs. Pedagogy: Applications of Adult Learning Principles in Distance Education and in the Classroom
90-Minute Program, Advanced
Michael Walsh, Mental Health America-Beaufort/Jasper, Hilton Head, SC, Linda Leech
This fun and interactive session will help educators and trainers develop skills in applying adult learning principles. Examples from our own program will be shared and participants will be encouraged to explore the material for its use in their own environments. Interactive demonstrations and exercises will help participants build skills that they can take home and use right away.

8:45 am – 10:15 am
Multicultural Counseling Academy
Program ID # 614, Convention Center, Room 207 D
African American Marriage: Status, Quality and Clarification
90-Minute Program
Nivischi N. Edwards, University of Central Florida, Orlando, FL, Andrew P. Daire, Evadne Ngazi, Samir Patel
African American couples have the lowest marriage and highest divorce rates compared to other ethnic groups. These findings are rooted in societal changes and economic disadvantage causing severe stress and strain on these families. This presentation will present information on African American couples and explore contributing factors as well as possible interventions for these couples.

8:45 am – 10:15 am
Program ID # 615, Convention Center, Room 213 BC
Creative Connections: Integrating Intention, Imagery and Art
90-Minute Program, Advanced
Linda Goodwin, University of Florida, Gainesville, FL
Learn to harness the power of intention, imagery and art to help your clients gain greater insight to facilitate change in their lives. You will learn each step of the creative process, gain knowledge on how to process the images with your client, create a focus for change in behavior and experience the process yourself. Handouts and resources will be available.

8:45 am – 10:15 am
Group Work Academy
Program ID # 616, Convention Center, Room 217 D
Best Practice Guidelines: Examining the Role of Diversity in Group Work
90-Minute Program, Advanced
Valerie Thomas, Rollins College, Winter Park, FL, Graciela Farcau, Genon Murray
This program expands participants’ knowledge and application of Best Practice Guidelines in group work focusing on the role of diversity in various aspects of planning, performing, and processing in groups. Participants examine their responsibilities to provide culturally sensitive ethical practice when facilitating groups. Participants will engage in an experiential activity that will “bring to life” the three sections of the best practice guidelines. Seasoned practitioners will offer “pearls of wisdom” based on successful clinical practice.

8:45 am – 10:15 am
Addictions Academy
College Counseling Academy
Program ID # 617, Convention Center, Room 210 AB
Addiction and Recovery: From the Student’s Perspective
90-Minute Program, Advanced
Randy Haveson, The Higher Education Recovery Option, Kennesaw, GA
More and more young adults are coming into college with full blown addictions and are in need of substance abuse treatment and recovery services. This educational session focuses on addiction and recovery from the perspective of college students. Learn first hand from college students in the Higher Education Recovery Option (HERO) House about addiction and recovery.

8:45 am – 10:15 am
Mental Health/Private Practice Academy
Program ID # 618, Convention Center, Room 212 AB
Therapy Meets Technology: A Best Practices Model for Promoting Access to Mental Health Services through Online Counseling
90-Minute Program, Advanced
Gerry Gartenberg, Long Island University, White Plains, NY, Lynn Haley-Banez
Online Counseling (via text, e-mail, live chat and video) is widely regarded as a method for promoting greater access to mental health services among the millions of Americans who do not seek traditional, face-to-face treatment. This session will explore the applied technology competencies and best practices counselors should utilize in providing online treatment; look at training and credentialing for online therapists; and examine the implications online counseling has for promoting portability and national licensure.

8:45 am – 10:15 am
Mental Health/Private Practice Academy
Program ID # 619, Convention Center, Room 219 AB
10-13: Officer Needs Assistance
90-Minute Program
Holly A. Gryder, Wake Forest University, Charlotte, NC, Eugene Moynihan
Repeated and prolonged stressors in the personal and professional lives of law enforcement officers can lead to physical and psychological impairments and even suicide. Very few of the affected officers receive counseling or psychological support. This workshop will explore the “culture of blue,” and provide suggestions for effectively interacting with this population. Proven practices, including the Resiliency Support Program from Police Organization Providing Peer Assistance, will be shared.

8:45 am – 10:15 am
Multicultural Counseling Academy
Program ID # 620, Convention Center, Room 209 AB
The Imposter Phenomenon among High Achieving African American Women: Counseling Strategies and Techniques
90-Minute Program, Advanced
Fran Trotman, Monmouth University, West Long Branch, NJ
This program will explain and examine the causes and effects of the ‘Imposter Phenomenon’, i.e., an internal experience of intellectual phoniness, and the results of the dual oppression of racism and sexism. Through didactic and experiential activities, participants will learn effective ways of coping with this phenomenon and of counseling others about it. Participants will leave with handouts and experiential activities designed to address these issues.

8:45 am – 10:15 am
Counselor Education and Supervision Academy
Program ID # 621, Convention Center, Room 218 AB
A Model Curriculum for Teaching Counselors about Psychotropic Medications
90-Minute Program, Advanced
Nick J. Piazza, The University of Toledo, Toledo, OH, Victoria Sepulveda
Competent practice in counseling requires knowledge of psychotropic medications and their potential impact—both positive and negative—on clients’ treatment. Attendees will be presented an outline of a model curriculum that addresses the information necessary for counselors to work effectively with clients on psychotropic medications. This presentation will focus on promoting and advocating for counselor competency in the area of psychopharmacology in order to effectively serve diverse client populations.
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MONDAY | March 23

8:45 am – 10:15 am
School Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 622, Convention Center, Room 201 AB
Counseling Students Diagnosed with Autistic Disorder
90-Minute Program
Henry L. Harris, University of North Carolina, Charlotte, NC, Demetria Ennis-Cole, Beth Durodoye
The diagnosis of autism in the United States is increasing at an alarming rate, particularly with regard to school-age children. The resulting educational implications for children and adolescents with autism are many. It is imperative that school counselors be prepared to work with students with autism by creating opportunities for their educational and personal success. This program will detail practical information and resources that assist school counselors in addressing issues that impact this student population.

8:45 am – 10:15 am
Addictions Academy
Multicultural Counseling Academy
Program ID # 623, Convention Center, Room 202 AB
African American Women and Mandated Substance Abuse Treatment: Concerns, Needs and Expectations
90-Minute Program, Advanced
Kathryn Newton, Shippensburg University, Shippensburg, PA, Tanya Davis, Kim Lee Hughes
This session is intended to advance the knowledge and skills of substance abuse treatment professionals currently working with African American women who have been mandated to treatment. The presenters will share findings from a recent qualitative study exploring African American women's perceptions of mandated treatment. Culture and gender-specific strategies for improving treatment entry and engagement will be discussed. Special attention will be given to client education and establishing effective therapeutic relationships.

8:45 am – 10:15 am
Multicultural Counseling Academy
Human Development Across the Lifespan Academy
Program ID # 624, Convention Center, Room 211 AB
The Quest for Balance and Attunement: Qigong and the Healthy Counselor
90-Minute Program
Stuart B. Bonnington, Austin Peay State University, Clarksville, TN
Qigong is an ancient practice for healing body, mind, and spirit. Research has shown that it has wide-ranging health benefits. Counselors will learn a self-development practice that they can start using right away.

8:45 am – 10:15 am
Military Counseling Academy
Mental Health/Private Practice Academy
Program ID # 625, Convention Center, Room 207 BC
Facing the Enemy within: A Cognitive-existential Approach in Treating Combat-related PTSD
90-Minute Program, Advanced
Stephen A. Silliman, Ohio University, Athens, OH, Scott Hall
The presenters of this workshop will identify and examine the common factors (environmental and personal) in the development of combat-related PTSD. The psychological, behavioral, and relational symptoms of men and women experiencing combat-related PTSD will be explored. Counseling interventions will be exemplified from a cognitive-existential framework.

8:45 am – 10:15 am
College Counseling Academy
Multicultural Counseling Academy
Program ID # 626, Convention Center, Room 216 AB
Emotional Well-being of Students Who Are Preparing for University Entrance Examinations: An International Perspective
90-Minute Program
Tuncay Ergene, Hacettepe University, Ankara, Ibrahim Yildirim, Selahattin Gelbal
The national examination for university admission in Turkey is a very stressful occasion for adolescents. Only 9.3 per cent of 1,822,864 applicants for admission to higher education in universities across Turkey will be placed in an undergraduate program. Students face a considerable workload and test anxiety. Participants will understand the mechanisms of highly competitive environment and be able to compare and assess several counseling programs.

8:45 am – 10:15 am
Counselor Education and Supervision Academy
Multicultural Counseling Academy
Program ID # 627, Convention Center, Room 214
Trauma Counseling and Supervision: The Integrative Systemic Approach to Trauma (ISAT) Model
90-Minute Program, Advanced
Lisa Lopez Levers, Duquesne University, Pittsburgh, PA, Elizabeth Ventura, Demond Bledsoe
Presenters describe an integrative and systemic approach to trauma (ISAT) that promotes understanding the complexities of trauma counseling and supervision. They draw from research, theory, and practice literatures, defining relevant constructs and offering an alternative conceptual model. They explore ISAT, illuminating how various systems and multiple environments require an integrative approach when dealing with the complexities of trauma. This ecological model incorporates client, clinical, supervisory, consultative, administrative, organizational, societal, and cultural facets of service delivery.
Students with ADHD is a challenging task for counselors who may be unfamiliar with their unique problems and needs. These students encounter many obstacles in schools and interpersonal situations, which can frequently cause them to drop out of school and make it difficult to maintain relationships. These students experience problems developing compatible, fulfilling careers because of their frustration; inability to concentrate and remember; inept social intelligence; and behavioral difficulties. We will address some of these problems and present focused career counseling strategies and interventions for counselors who work with students diagnosed with ADHD.

10:30 am – 11:30 am
AMCD Sponsored Session
Multicultural Counseling Academy
College Counseling Academy
Program ID # 633, Convention Center, Room 203 A
The African American Male Leadership Institute: A Program to Improve the Success Rate of African American Males in College
60-Minute Program
The low numbers of African American males enrolling and being retained in higher education is a concern for colleges and universities across the nation. This presentation will provide information about an African American Male Leadership Institute developed and implemented by Counseling and Career Services at one community college to address this issue. Information about the theory and research underlying the development of the Institute will also be provided.

10:30 am – 11:30 am
NECA Sponsored Session
Career Development/Employment Counseling Academy
Program ID # 631, Convention Center, Room 213 A
A Nation at Work 2009: The Latest, Best Facts on Change in the Work Force, Work Place, and Public Policy
60-Minute Program, Advanced
Michael C. Lazarchick, Atlantic County One Stop Career Center, Pleasantville, NJ, Bill Fenson
The World of Work has changed dramatically. How do we advise and inspire young people? How do we help dislocated workers or retirees make transitions into new careers? What will be the demand occupations in the next decade? The answer to these questions and others will set the stage for an

10:30 am – 11:30 am
NECA Sponsored Session
Career Development/Employment Counseling Academy
Human Development Across the Lifespan Academy
Program ID # 634, Convention Center, Room 203 B
A Nation at Work 2009: The Latest, Best Facts on Change in the Work Force, Work Place, and Public Policy
60-Minute Program, Advanced
Michael C. Lazarchick, Atlantic County One Stop Career Center, Pleasantville, NJ, Bill Fenson
The World of Work has changed dramatically. How do we advise and inspire young people? How do we help dislocated workers or retirees make transitions into new careers? What will be the demand occupations in the next decade? The answer to these questions and others will set the stage for an

10:30 am – 11:30 am
ACC Supported Session
Program ID # 629, Convention Center, Room 217 A
Channeling the Student-Athlete: An Exploration of Issues Facing Student Athletes and Their Counseling Implications
60-Minute Program
Daniel B. Kissinger, University of Arkansas, Fayetteville, AR
This presentation explores the unique counseling challenges and opportunities involved when working with college athletes. Grounded in empirical and anecdotal data on college athletes, this presentation: a) provides a framework for conceptualizing the issues inherent in the student-athlete experience; and b) explores strategies for engaging college athletes in counseling and devising individualized treatment plans geared at optimizing therapeutic outcomes. Attendees will be actively encouraged to share their insights regarding student-athletes.

10:30 am – 11:30 am
IAMFC Sponsored Session
Couples and Family Counseling Academy
Program ID # 630, Convention Center, Room 217 BC
Meta and Content Analysis: Research in School and Family Counseling
60-Minute Program, Advanced
Robert L. Smith, Texas A&M University, Corpus Christi, TX, James M. Devlin, Stephen Southern, Janet Froeschle, Manuel Zamarripa
A meta and content analysis covers research findings involving school and family systems. Several research strands are discussed, including: psycho-educational programs, substance abuse interventions, and school and family collaboration efforts. Effect size scores averaged across studies emphasize significant treatment methods. Through the examination of content, emphasis is placed on the application of research findings to the counselors’ setting.

10:30 am – 11:30 am
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID # 631, Convention Center, Room 213 A
Advocating for Career Development Programs for Students with ADHD
60-Minute Program
Pat Schwallie-Giddis, The George Washington University, Washington, DC, Gerta Bordoshi
Providing appropriate career counseling services to students with ADHD is a challenging task for counselors who may be unfamiliar with their unique problems and needs. These students encounter many obstacles in schools and interpersonal situations, which can frequently cause them to drop out of school and make it difficult to maintain relationships. These students experience problems developing compatible, fulfilling careers because of their frustration; inability to concentrate
interactive discussion about what is needed to participate successfully in the labor market of the 21st century.

10:30 am – 11:30 am
ASERVIC Sponsored Session
Spirituality and Religious Values Academy
Program ID # 635, Convention Center, Room 208 A
Working with Religious Clients: An Integrated Adlerian/Constructivist Perspective
60-Minute Program, Advanced
Richard E. Watts, Sam Houston State University, Huntsville, TX
This presentation explains how an integrated Adlerian/constructivist approach to counseling may be used in working with devout religious clients. The presentation (1) addresses the ethical and clinical importance of attending to clients’ religious and spiritual values in counseling, (2) briefly overviews an integrated Adlerian/constructivist theory and approach to counseling known as “relational constructivist counseling,” and (3) discusses how this integrated approach may be used with religious clients.

10:30 am – 11:30 am
NCCA Sponsored Session
College Counseling Academy
Multicultural Counseling Academy
Program ID # 636, Convention Center, Room 208 B
Racial Identity Attitudes, Race-related Stress and Coping: What Counselors Need to Know
60-Minute Program, Advanced
Gwendolyn Keith Newsome, North Carolina Central University, Durham, NC
This presentation explores relationships among racial identity attitudes, race-related stress, and coping strategies in African American students attending Historically Black Colleges and Universities (HBCUs). Gender influences are discussed. It provides relevant information for counselors working with students in university settings with implications for the wider stress experiences of African Americans.

10:30 am – 11:30 am
ACES Sponsored Session
Counselor Education and Supervision Academy
Program ID # 637, Convention Center, Room 207 A
Survey Research in Counselor Education and Supervision: Issues of Quality and Worthiness for Publication
60-Minute Program
Nicole R. Hill, Idaho State University, Pocatello, ID, Shawn Parmanand
ACES’ Vision statement includes commitment to the production and dissemination of research. Survey research, in particular, has received specific attention by various editors of Counselor Education and Supervision. Editors have repeatedly called for greater rigor in the use of survey research in counselor education and supervision. A current CES editorial board member will speak to the issue and dilemma of developing survey research that has both utility and worthiness for publication in ACES’ journal.

10:30 am – 11:30 am
School Counseling Academy
Child and Adolescent Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID # 638, Convention Center, Room 207 D
Are Students with Disabilities Victims or Bullies?: Counseling Issues and Effective Interventions
60-Minute Program, Advanced
Insoo Oh, University of South Carolina, Columbia, SC, Julie Moss
Several studies have shown that students with disabilities are more susceptible to school bullying. Students with cognitive disorders, emotional disorders, behavioral disorders, and physical disabilities consistently experienced more bullying as bullies or victims. These findings increase the importance of counseling students with disabilities regarding school bullying issues. Important counseling issues of students with disabilities are explored in terms of types of disabilities. Multi-level effective counseling interventions and strategies are also suggested.

10:30 am – 11:30 am
Counselor Education and Supervision Academy
Program ID # 639, Convention Center, Room 213 BC
Reducing Mental Illness Stigma with Supervision: Does it Help?
60-Minute Program
Allison L. Smith, Antioch University New England, Keene, NH, Diane Kurinsky
Unfortunately, stigma towards adults with mental illness originates not only from the general population, but also from mental health professionals. There remain mixed ideas about the causes of stigmatization from mental health professionals and what factors might reduce this stigma. This presentation will highlight results from a current study that examined the effects of clinical supervision on attitudes toward mental illness and offer participants a time to reflect on and discuss their own attitudes.

10:30 am – 11:30 am
Child and Adolescent Counseling Academy
Mental Health/Private Practice Academy
Program ID # 640, Convention Center, Room 217 D
Deviant Sexuality in Children and Adolescents: Concurrent Treatment of Sexual Victimization and Sex Offending Behaviors
60-Minute Program, Advanced
David D. Hof, University of Nebraska, Kearney, NE, Julie Dinsmore, Catherine Hock, Thomas Scofield
Participants will learn best practices of working with individuals with sex offending behaviors, specifically related to concurrent treatment of both sex offending behaviors and the client’s own sexual victimization. Participants will receive materials and treatment techniques that can be utilized in their treatment of individuals with sex offending behaviors including examples from a treatment curriculum. Participants will also learn about current funding barriers and accessibility of treatment for this population and the need for advocacy.
10:30 am – 11:30 am
Addictions Academy
Human Development Across the Lifespan Academy
Mental Health/Private Practice Academy
Program ID # 641, Convention Center, Room 210 AB
But It’s the Only Vice She Has Left: Assessing the Older Client for Alcohol Related Problems
60-Minute Program
Lydia Boldt Smith, University of North Carolina, Charlotte, NC, Amanda Patterson
This presentation focuses on increasing counselor awareness of older adult client’s issues with alcohol related problems. Participants will learn facts and myths that act as barriers to assessment, differential diagnosis, treatment, and use of appropriate interventions. Methods of addressing at risk and abusive alcohol use in a culturally sensitive manner will be discussed. Participants will be given techniques to engage non-dependent older clients in collaborative therapy. Current treatment approaches for this population will be shared.

10:30 am – 11:30 am
Multicultural Counseling Academy
Program ID # 642, Convention Center, Room 212 AB
Counseling as a Developing Profession in China, Kenya, Korea, and Turkey: Successes and Challenges
60-Minute Program, Advanced
Bellah N. Kiteki, The University of North Carolina, UNCG, NC, Gulsah Kemer, Mijin Chung, Xiaoying Liu, DiAnne Borders
Four international doctoral counseling students will describe and discuss the growth and development of counseling in China, Kenya, Korea, and Turkey. The successes and challenges with counseling in these countries will be presented. Counselors and counselor educators will have a grasp of some of the cultural realities, what fits and what does not fit in working with persons from cultural backgrounds in the aforementioned countries.

10:30 am – 11:30 am
Counselor Education and Supervision Academy
Program ID # 643, Convention Center, Room 219 AB
Evidence Based Practice: Empirical and Practical Comparisons of Dyadic and Triadic Supervision Approaches
60-Minute Program, Advanced
Sylvia C. Nassar-McMillan, North Carolina State University, Raleigh, NC, Rich Gressard, Jeffrey Warren, Angela S. Shores, Helen Lupton-Smith
The 2001 CACREP standards introduced triadic supervision as an alternative to individual supervision for counseling students in practicum and internship. To date, we know little about the use and the impact of triadic supervision. This presentation will review the recent research on triadic supervision, provide results of a recent study examining a comparison of supervisory domains within dyadic versus triadic supervision sessions and relationships, and discuss implications for counselor educators and supervisors.

10:30 am – 11:30 am
Military Counseling Academy
Program ID # 644, Convention Center, Room 209 AB
Battlemind: U.S. Military Programs for Post-deployment and How Counselors can become Involved
60-Minute Program, Advanced
Lyenna Meadows, Comprehensive Counseling Associates, LLC, Montgomery, AL
This comprehensive session outlines military programs for vets returning from war zones. “War zone” will be expanded to include abusive homes where “fight or flight” mentality exists. The U.S. Department of Defense’s “Battlemind” film will be shown and a handout given about the military programs and their possible application to general counseling. This presentation will be of most interest to private practitioners or those who counsel in a military setting.

10:30 am – 11:30 am
Couples and Family Counseling Academy
Program ID # 645, Convention Center, Room 218 AB
A Comparison of Counselors’ Perceptions of a Session Conducted by Videoconferencing Versus Face-to-Face
60-Minute Program
Stephen H. Wright, Syracuse University, Syracuse, NY
This interactive workshop explores the benefits of distance counseling by presenting the current results of an ongoing study of counselors’ perceptions of a counseling session accomplished by high-end videoconferencing versus one done face-to-face. The methods are highlighted by showing segments of the stimulus videos. Results are discussed regarding their implications for counseling practice, supervision and counselor education. An open discussion explores participants’ reactions to the prospect of using distance counseling in practice, supervision and classrooms.

10:30 am – 11:30 am
Couples and Family Counseling Academy
Program ID # 646, Convention Center, Room 201 AB
New in Town: Seeing and Treating the Hidden Struggle of Individuals, Couples and Families Who Move Long Distance
60-Minute Program
Cheryl W. Savageau, Self-Employed, Greenville, SC, Ellen Cook
Many of the 20 million Americans who move each year suffer intense stress and personal vulnerability without receiving needed emotional and mental health support. This program will highlight the needs of this sizable, at-risk population and suggest preventive-counseling interventions that can be used with individuals, couples, families and groups. Content will be useful to counselors working in private practice, education, industrial and religious settings.

10:30 am – 11:30 am
Multicultural Counseling Academy
School Counseling Academy
Program ID # 647, Convention Center, Room 202 AB
Parental and Educator Perceptions on Gender Differences in Educational Achievement and Persistence
60-Minute Program, Advanced
Mary Ann Clark, University of Florida, Gainesville, FL, Summer Yacco, Seung Hyun Son, Jeff Rant
International educational statistics show a gender gap with boys falling behind girls with regard to grades, high school graduation and university enrollment and retention. This study involved interviews with parents and educators in the United States and Korea to examine their perceptions of factors relating to their children/students’ educational achievement and aspirations. This presentation will share results with recommendations for family and school collaboration to promote educational achievement and persistence.

10:30 am – 11:30 am
Program ID # 648, Convention Center, Room 211 AB
Empirical Investigation of Whether Common Factors Explain Counseling Outcome in a University Practicum Center
60-Minute Program
Todd W. Leibert, Oakland University, Rochester, MI, Vaibhavee R. Agashar
What makes counseling helpful? According to the Common Factors Model, it is the common ingredients shared by most counseling approaches (e.g., empathy, warmth). This presentation reports on longitudinal results on Common Factors conducted at a University Practicum Training Center. We will discuss evidence in favor of and against the veracity of the common factors model for understanding counseling outcomes including implications for future research, practice, and policy for the field of mental health counseling.

10:30 am – 11:30 am
Program ID # 649, Convention Center, Room 207 BC
Uninsured Clients: How Do Counselors Really Feel about Them?
60-Minute Program
Katherine S. Moore, Old Dominion University, Norfolk, VA
Counselors’ perceptions of uninsured clients may be commonly understood, but they are rarely discussed openly. This program will review four potential sources of influence on counselors’ perceptions of uninsured clients as evidenced by existing literature. Results from a recent empirical study on the same topic will be reviewed. Participants are encouraged to engage in an open discussion about the reality of these perceptions and their implications on access to mental health care.

10:30 am – 11:30 am
Program ID # 650, Convention Center, Room 214
Connecting with Kids: Unique Issues and Practical Techniques for Counseling Children
60-Minute Program
Holly Brandthoover, Indiana University of Pennsylvania, Indiana, PA
When counseling child clients, social skills and assertiveness training are often the focus of referrals. It is important to address not only the content of such referrals, but also to address the content within the distinctive developmental needs of children. The presenter will share techniques developed for addressing social skills and assertiveness training needs, while respecting the uniqueness of the child counseling experience. Special consideration will be given to adapting techniques for diverse child populations.

12:00 pm – 1:30 pm
Program ID # 651, Convention Center, Room 211 AB
Connecting with Kids: Unique Issues and Practical Techniques for Counseling Children
60-Minute Program
Katherine S. Moore, Old Dominion University, Norfolk, VA
Counselors’ perceptions of uninsured clients may be commonly understood, but they are rarely discussed openly. This program will review four potential sources of influence on counselors’ perceptions of uninsured clients as evidenced by existing literature. Results from a recent empirical study on the same topic will be reviewed. Participants are encouraged to engage in an open discussion about the reality of these perceptions and their implications on access to mental health care.

12:00 pm – 1:30 pm
Program ID # 652, Convention Center, Room 217 A
Performance Measures in School Counselor Training: A Model to Align New CACREP Standards with Content and Outcomes
90-Minute Program, Advanced
Vivian V. Lee, National Office for School Counselor Advocacy, Washington, DC
This session will present the NOSCA Learning Framework. This tool is designed to align the school counseling CACREP standards with teaching content and, the new requirement of performance measures in counselor education programs. Emphasis will be placed on structuring performance measures in ways that advance from the acquisition of knowledge, to application and synthesis across the school counselor training program. Participants will experience hands on activities with the learning framework.

12:00 pm – 1:30 pm
Program ID # 653, Convention Center, Room 217 A
Performance Measures in School Counselor Training: A Model to Align New CACREP Standards with Content and Outcomes
90-Minute Program, Advanced
Vivian V. Lee, National Office for School Counselor Advocacy, Washington, DC
This session will present the NOSCA Learning Framework. This tool is designed to align the school counseling CACREP standards with teaching content and, the new requirement of performance measures in counselor education programs. Emphasis will be placed on structuring performance measures in ways that advance from the acquisition of knowledge, to application and synthesis across the school counselor training program. Participants will experience hands on activities with the learning framework.
also ensure that they are familiar with current theory, research, and innovative practice in online teaching and supervision. This presentation provides a topic overview and outlines specific implementation techniques. Participants will leave with a clear understanding of best practice methods to enhance counseling student engagement throughout the curricular experience.

12:00 pm – 1:30 pm
NCCA Sponsored Session
LGBT Academy
Program ID # 655, Convention Center, Room 213 A
Counseling Gay and Lesbian Clients: A Workshop for Counselors and Counselors-in-training
90-Minute Program
Laura R. Ritchie, Appalachian State University, Boone, NC
This workshop is designed to engender greater awareness and to educate counselors and counselors-in-training about the issues and needs of gay and lesbian persons seeking counseling. Content presented should help counselors gain awareness and knowledge of specific strategies for the practical application of competent counseling interventions with non-heterosexual clients.

12:00 pm – 1:30 pm
Group Work Academy
Program ID # 656, Convention Center, Room 213 D
Advanced Group Techniques: Working with Resistant Group Members
90-Minute Program, Advanced
Ed Jacobs, West Virginia University, Morgantown, WV, Chris Schimmel
Group leaders find resistant members to be very difficult. This workshop will give participants a greater understanding of resistant members and offer many new ideas for working with such members. The workshop will consist mainly of demonstrations showing creative techniques using props, movement, and other group techniques. Time will be given for questions and discussion about different situations that participants have faced when leading groups.

12:00 pm – 1:30 pm
Career Development/Employment Counseling Academy
Human Development Across the Lifespan Academy
Program ID # 657, Convention Center, Room 203 A
Working More Deeply with Our Third Quarter of Life Climents—Going Beyond the Easy Answers
90-Minute Program, Advanced
Caitlin Williams, Third Quarter Forum, LLC, Los Gatos, CA
As counselors, we work with an increasing number of clients and students who are midlife and older. Come learn key strategies for going deeper with our midlife clients to help them ask and answer important questions, uncover new possibilities, get beyond discouraging barriers, and make whole-hearted decisions about how they want to go forward in their lives. We’ll focus on the important issues of work and lifestyle that are so critical to address at midlife.
Daniel R. Cruikshanks, Heidelberg College, Tiffin, OH, Stephanie Burns, Rabecena Alli, Jill Duba, Christopher Rossman, Jo Ann Lipford-Sanders, Allison Bruce

Are you concerned about issues that affect your practice, like unlicensed folks practicing as “Life Coaches”? Are you a school counselor feeling pushed out by social workers coming into your school? There is increasing need for each of us to add our voices to the calls for action for counselor friendly legislation, identifying and acting on situations that call for action to protect our profession, as well as consumers of counseling services, from unethical practice.

**12:00 pm – 1:30 pm**

**Mental Health/Private Practice Academy**

*Program ID # 662, Convention Center, Room 207 D*

**Listening to Our Inner Voices: Understanding the Conflict Within**

90-Minute Program

Suzan Thompson, Old Dominion University, Norfolk, VA, Sonya Lorelle

Participants will learn a technique that focuses on inner dialogue: how to better “hear” the conversation of the conflicting voices that keep us stuck. This tool for counselors helps clients express the inner voices that cause turmoil. Background on the origins of these “voices” and how they affect our decisions and perceptions of the world will be presented. The technique will be demonstrated and participants will practice it under supervision.

**12:00 pm – 1:30 pm**

**Career Development/Employment Counseling Academy**

*College Counseling Academy*

*Program ID # 663, Convention Center, Room 213 BC*

**Using Cognitive Information Processing (CIP) Theory as a Foundation for a Career Services Peer Advising Program**

90-Minute Program

Conquaya James, Florida State University, Tallahassee, FL, Marcia Jones

Due to a shortage of Career Counselors and funding, many Career Centers are sacrificing customer service. Attendees will learn how the Cognitive Information Processing Theory developed at Florida State University was used to facilitate the delivery of career services through a peer advising program developed at Georgia State University and how peer advisors can use career theory to help individuals understand and manage career decision-making. Attendees will participate in an activity used for training advisors.

**12:00 pm – 1:30 pm**

**Counseling Ethics and Legal Issues Academy**

*Program ID # 664, Convention Center, Room 217 D*

**Recapturing Wisdom in Ethical Decision-making**

90-Minute Program, Advanced

Kaye W. Nelson, Texas A&M University, Corpus Christi, TX, Marvarene Oliver, Mary Lou Holt

Presenters will focus on convergence of legislation, regulation, professional associations, and role of personal values and wisdom in ethics. What are priorities when welfare of client, counselor, institution, and profession are in conflict? Risk management vs. ethical practice will be addressed, and ethical decision-making that incorporates personal wisdom, context, social justice, and multicultural issues will be explored. Participants will have the opportunity to be engaged through discussion of case examples and critical issues.

**12:00 pm – 1:30 pm**

**Military Counseling Academy**

*Program ID # 665, Convention Center, Room 210 AB*

**Globalization of Counseling: Four Emerging Themes**

90-Minute Program, Advanced

Wendy J. Hoskins, University of Nevada, Las Vegas, NV, Holly Thompson, Austin Osegueda, Randy Astramovich

Presenters will share their global journey to better understand the complexity of the role of the counseling profession around the world. Presenters offer four themes emerging within the globalization of counseling: awareness and recognition of mental health needs, professional identity and the challenge of defining the role of the counselor, comprehensive counselor education, and advocating for improved counseling services through program evaluation.

**12:00 pm – 1:30 pm**

**Counseling Ethics and Legal Issues Academy**

*Program ID # 666, Convention Center, Room 212 AB*

**I Hate You Don’t Leave Me: Understanding Borderline Personality Disorder in an Attachment Theory Framework**

90-Minute Program

Edina L. Renfro-Michel, Montclair State University, Montclair, NJ, Melissa Deroche-Philpot

Counselors will learn to use attachment theory as a conceptual framework for working with clients diagnosed with BPD. Presenters will discuss specific strategies to address client maladaptive behaviors including: self-mutilation, impulsivity, chronic feelings of emptiness, and inability to regulate emotions. Barriers to developing a therapeutic alliance and counselor negative counter-transference will also be explored. Information and
materials will be presented in a didactic and interactive format through the use of role play and case discussion.

12:00 pm – 1:30 pm
Program ID # 668, Convention Center, Room 209 AB

Psychological First Aid-An Evidence Informed Approach for Disaster Response
90-Minute Program
Julie A. Uhernik, Tri-County Health Department, Denver, CO, Marlene Husson

Psychological First Aid (PFA) is an evidence-informed modular approach to assist people in the immediate aftermath of disaster. The presentation will be participant centered. The goal will be the acquisition of competencies related to the principles and techniques of PFA. In addition to basic competencies, there will be information on stress, resiliency and vicarious trauma. Finally, the concepts of PFA will be compared to traditional disaster mental health approaches.

12:00 pm – 1:30 pm
Multicultural Counseling Academy
School Counseling Academy
Program ID # 669, Convention Center, Room 218 AB
Lessons through Lyrics: Using Hip-hop When Counseling African American Males
90-Minute Program, Advanced
Ahmad R. Washington, The University of Iowa, Iowa City, IA

School counselors should inject aspects of students’ culture into their therapeutic approach. Increasingly, aspects of Hip-hop culture have been utilized by counselors to broach issues associated with African American male students’ academic functioning. This session will examine specific Hip-hop artists and how their lyrical content can be applied to issues that have chronically plagued African American males. Suggestions about how school counselors can effectively infuse these lyrics into their counseling approaches will also be provided.

12:00 pm – 1:30 pm
College Counseling Academy
Multicultural Counseling Academy
Program ID # 670, Convention Center, Room 201 AB
Understanding and Supporting First-generation College Students
90-Minute Program
Kristopher K. Garza, Texas A&M University, Corpus Christi, TX, Lyle M. Holin II

First-generation college students and prospective-college students often face unique challenges when seeking to enter and navigate the world of higher education. This presentation provides information on characteristics, issues, and counseling strategies for understanding and supporting these students. The multicultural characteristics of first-generation college students will be addressed. Lived experience as a first-generation Hispanic college student, along with counseling experience in this area, will inform this presentation. Participants sharing experiences and ideas will be encouraged.

12:00 pm – 1:30 pm
Child and Adolescent Counseling Academy
Addictions Academy
Mental Health/Private Practice Academy
Room 202 AB
Attacking the Two-headed Monster: Using Manual Guided Therapy to Treat Adolescents with Major Depression and Substance Use
90-Minute Program, Advanced
James K. Matta, Western Psychiatric Institute & Clinic, Pittsburgh, PA

One of the most common mental health issues confronting adolescents and young adults is comorbid Substance Use Disorder (SUD) and Major Depressive Disorder (MDD). Few clinical trials that explore the effectiveness of combining treatment strategies have been conducted. This presentation is designed to provide a description of the treatment process, as well as an overview of the obstacles that may arise when combining treatment modalities to treat this understudied “community recruited” population. Special recognition for participation and research is awarded to Jack R. Cornelius of the Western Psychiatric Institute and Clinic of Pittsburgh, PA.

12:00 pm – 1:30 pm
Diversity Practices for American Schools
Multicultural Counseling Academy
Program ID # 672, Convention Center, Room 211 AB

Niki Gonzalez, James Madison High School, San Antonio, TX, Michelle Duran, Aisha Lush, Mary Rangel-Gomez

The contemporary school environment, fostered by the changing society requires that the American school system focus on practices that facilitate an intercultural school atmosphere for the entire campus community. This presentation fills the gap and specifies the role that school counselors have in emphasizing diversity, which assists in the national school reform. This presentation offers applicable practices that school counselors can utilize to facilitate a diversity-competent campus with our nation’s increasingly diverse school population.

12:00 pm – 1:30 pm
Spirituality and Religious Values Academy
Program ID # 673, Convention Center, Room 207 BC

Nichole A. Murray-Swank, Regis University, Denver, CO

This presentation focuses on the spiritual impact of clergy sexual abuse, and the integration of spirituality in the counseling process with survivors of clergy sexual abuse. Results from a mixed methods research study on spirituality and sexual abuse are reviewed, and a framework for spiritual integration is presented.
12:00 pm – 1:30 pm
Mental Health/Private Practice Academy
Program ID # 674, Convention Center, Room 216 AB
Music, Imagery and the Arts: Tools for Mind-Body Awareness
90-Minute Program, Advanced
Erin Johnson, Integrative Music Institute, Charlottesville, VA, Cara Marinucci
Explore how incorporating music and the arts into your work with clients can facilitate client self-awareness, stress reduction, and creative problem-solving. Participants will experience the power of music to tap into inner resources for healing and wellness. Based on The Bonny Method of Guided Imagery and Music (BGIM), this workshop will highlight techniques to use immediately with individuals and groups.

12:00 pm – 1:30 pm
Multicultural Counseling Academy
Program ID # 675, Convention Center, Room 214
Diversity and Social Justice Models for Counseling with Diverse Populations
90-Minute Program, Advanced
The presenters provide a strong diversity social justice model derived from multiple case studies and personal anecdotes, and share lessons learned from their collective experiences with diverse groups. The presentation culminates with an introduction of a social justice diversity model unique to each group that incorporates multicultural and ethic considerations for working with people of color, GLBTQs, people with disabilities, and the elderly.

Division & Affiliates Ancillary Event

12:00 pm – 2:00 pm
AMCD Executive Council Luncheon Debriefing
Westin - King

ACA Conference Events

1:00 pm – 3:00 pm
ACA General Membership Meeting
Westin - Harris

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Call OPTIONS at 618.549.4201

Empowering students with complex learning disabilities to recognize and optimize their full potential.
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ACA 2009 ANNUAL CONFERENCE & EXPOSITION
MARCH 19 - 23, 2009
CHARLOTTE CONVENTION CENTER
CHARLOTTE, NORTH CAROLINA

NOTE: - ALL AISLES ARE 10' UNLESS OTHERWISE SPECIFIED.
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- FLOOR PLAN IS SUBJECT TO FIRE MARSHAL APPROVAL.
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Parentmagic.com

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703-823-9800 • Fax: 703-823-5267
www.ACAIT.com
ACAIT is an independent partner corporation of the American Counseling Association promoting quality insurance products at competitive rates that are specifically designed for counselors and human development practitioners.

Adult Children of Alcoholics World Service Organization
Booth 323
P.O. Box 3216
Torrance CA 90510
310-534-1815
The Adult Children of Alcoholics fellowship celebrated its 30th anniversary in 2008. We invite you to visit our informational booth and look over the new ACA Fellowship Text (“big book”). We believe that our program serves as an important resource for adults who have undergone treatment or counseling for the effects of an alcoholic or otherwise dysfunctional home. In addition to our booth, you may also visit our Web site at: www.adultchildren.org

Affinity Insurance Services, Inc.
Booth 306
159 East County Line Road
Hatboro, PA 19040
215-773-4502 • Fax: 800-509-6123

American Behavioral
Booth 314
550 Montgomery Highway
Birmingham, AL 35216
205-868-9605 • Fax: 205-868-9600
www.americanbehavioral.com

American College Counseling Association (ACCA)
Booth 221
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
The American College Counseling Association is composed of a wide variety of professionals working in higher education, including colleges, universities, community and technical college settings, whose professional identity is counseling and whose purpose is fostering students’ development.

American Mental Health Counselors Association (AMHCA)
Booth 422
801 N. Fairfax Street, Suite 309
Alexandria, VA 22314
703-548-6002 • Fax: 703-548-4775
www.amhca.org
The American Mental Health Counselors Association (AMHCA) works exclusively for licensed mental health counselors by advocating for legislation that expands, enhances and protects the right to practice, promotes mental health awareness, and builds the profession of mental health counseling nationally. For more information please visit www.amhca.org or call 800-326-2642.
Exhibitor Descriptions

American Psychological Association
Booth 510
750 First Street, NE
Washington, DC 20002
202-336-5500 • Fax: 202-336-6191
www.apa.org
American Psychological Association is the premier source for information in psychology. APA delivers this information through its expansive collection of books, journals, newsletters, electronic products and its website, www.apa.org.

American Public University
Booth 320
10110 Battleview Parkway, Suite 114
Manassas, VA 20109
703-396-6886 • Fax: 703-396-6433
www.apus.edu
American Public University offers a variety of M.Ed. programs for professional educators, a Post-baccalaureate Teacher Preparation Certification program, and a wide of professional development courses. APU; accredited, respected, affordable, flexible, and online. Visit online or call: 877-777-9081.

American Rehabilitation Counseling Association (ARCA)
Booth 201
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
ARCAweb.org

American School Counselor Association (ASCA)
Booth 205
1101 King Street, Suite 625
Alexandria, VA 22314
703-683-2722 • Fax: 703-683-1619
www.schoolcounselor.org

Association Book Exhibit
Booth 432
9423 Old Mt. Vernon Road
Alexandria, VA 22309
703-619-5030 • Fax: 703-619-5035

Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)
Booth 204
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.algbtic.org

Association for Multicultural Counseling & Development (AMCD)
Booth 207
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252

Association for Play Therapy
Booth 530
3198 Willow Street, Suite 110
Clovis, CA 93612
559-294-2128 • Fax: 559-294-2129
www.4apt.org

Association for Specialists in Group Work (ASGW)
Booth 203
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.asgw.org
ASGW provides information about programs in various fields including counseling, psychology, education, business, and the health sciences. We have 18 locations across the country. Come visit us at booth 725 or visit us online at argosy.edu.

Army Recruiting
Booth 610 & 612
U.S. Army Mission Support Battalion Munoz Bldg. 9th Cavalry Regiment Avenue
Fort Knox, KY 40121
502-626-1985 • Fax: 502-626-0854
www.goarmy.com

ASVAB Career Exploration Program (USMEPCOM)
Booth 310
2834 Green Bay Road
North Chicago, IL 60064
847-688-3680 • Fax: 847-688-4579
www.asvabprogram.com
The ASVAB Career Exploration Program assists high school and postsecondary students with career decisions. This free program includes a multi-aptitude test battery and interest inventory. Students explore career information matching their interests, abilities, and preferences.

Beau Ties
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6610 Heatherbrook Avenue
Charlotte, NC 28213
704-281-6218 • Fax: 704-597-1040

Begin Healing, Inc. /Alpha-Stim
Booth 814
409 SE 13 Street, Suite 2
Grand Rapids, MN 55744
218-327-0444 • Fax: 509-756-2770
www.beginhealing.com

Brehm Preparatory School
Booth 301
1245 E. Grand Avenue
Carbondale, IL 62901
618-457-0371 • Fax: 618-457-0371
www.brehm.org
Brehm is a co-educational boarding school for students with complex Learning Disabilities and Attention Deficit Disorder, grades 6-12. Brehm's
holistic program focuses on the individualized academic, social and emotional needs of our students; our mission is to empower our students to reach their full potential.

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**Booth 714**

6284 S. Rainbow Blvd., Suite 110
Las Vegas, NV 89119
702-808-5681 • Fax: 702-240-6462
www.campmakebelievkids.com

**Lanyard Sponsor**

**Capella University**

**Booth 401**

225 S. 6th Street, 9th Floor
Minneapolis, MN 55402
888-CAPELLA • Fax: 612-977-5054
www.capella.edu

Capella is the online university built on graduate degrees, and is a leader in Mental Health Services education offering a comprehensive portfolio of counseling and psychology specializations. Capella is the first and only online university to receive CACREP accreditation for two master’s specializations in counseling. Capella University is accredited by The Higher Learning Commission and is a member of the North Central Association of Colleges and Schools (NCA), www.ncahlc.org

**Career Development Network**

**Booth 406**

P.O. Box 611930
San Jose, CA 95161
408-272-3085 • Fax: 408-272-8851
www.careerdevelopment.org

The Network is a nonprofit association of career practitioners who work with adults in job & career transition. We publish a newsletter and journal and offer training and certification workshops for career coaches, career counselors, and career development facilitators.

**Center for Reality Therapy**

**Booth 500**

7672 Montgomery Road #383
Cincinnati, OH 45236
513-561-1911 • Fax: 513-561-3568
www.realitytherapywub.com

The Center for Reality Therapy provides in-service programs to schools, agencies and businesses. These programs focus on how to implement reality therapy and choice theory in counseling, classrooms, offices, work places and at home. Applications are made to schools, addictions, recovery, group homes, personal growth, parenting and other interpersonal relationships.

**Comex Systems Inc.**

**Booth 614**

5 Cold Hill Road South, Suite 24
Mendham, NJ 07945
800-543-6959 • Fax: 973-543-9644
www.comexsystems.com

Comex Systems, Inc. produces and distributes DVDs and study guides to prepare students for standardized tests (GED, SAT, CLEP, ASVAB etc.) as well as for basic skills. Come see our CLEP General reviews on iPod.

**Counseling Outfitters, Inc.**

**Booth 820**

P.O. Box 140
Chelsea, MI 48118
734-255-4606 • Fax: 734-433-1315
www.counselingoutfitters.com

Counseling Outfitters, Inc. offers many of the products and services previously provided by the ERIC/CASS Clearinghouse, including publications, programs and workshops, and assistance in using technology to develop innovative ways to acquire and use information. It is currently working with ACA to produce an ACA database of counseling resources that includes all VISTAS articles and a new series of ACA Professional Counseling Digests.

**Counselors for Social Justice (CSJ)**

**Booth 212**

5999 Stevenson Avenue
Alexandria, VA 22304
800-875-1911 • Fax: 703-823-0252
www.counselorsforsocialjustice.org

**CPH & Associates**

**Booth 810**

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Leaders in the field discuss their new ACA books in this highly informative series. Check the Presenter Index for dates and times.

- Girls’ and Women’s Wellness  
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- Counseling Strategies for Loss and Grief  
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- Client Feedback Tools: A Fast Track to Better Outcomes in Counseling With Young People, Families, and Schools  
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- Re-Discovering Carl Rogers—Biography as Surprise  
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- Counseling Multiple Heritage Individuals, Couples, and Families  
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- Becoming a Counselor  
  Samuel Gladding
- Using Qualitative Career Assessments With Adolescents and Adults  
  Norman Gysbers
- Suicide Prevention in the Schools  
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Alan M. “Woody” Schwitzer

Don Dinkmeyer Social Interest Award
Deryl F. Bailey

Courtland C. Lee Multicultural Excellence Scholarship Award
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ACA Research Award
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Robert Rencken Emerging Professional Leader Award
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Arthur A. Hitchcock Distinguished Professional Service Award
Dennis Engels

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Darren A. Wozny

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Erin Chase McCarty Mason

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Lily Roqueta-Rosales

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*See pgs 38–39 for schedule.

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Rice, Cynthia Wimberly, ID # 233; ID # 675
Rich, Amanda, ID # 251
Richards, Debra, ID # 304
Ritchie, Laura R., ID # 655
Roach, Leila, ID # 101
Roberts, Laura Ann, ID # 344
Robertson, Karen, ID # 09001
Robertson, Patricia E., ID # 119
Robertson, Phyllis, ID # 305
Robinson, Edward, ID # 277; ID # 343
Rodriguez, Jamie, ID # 109
Roland, Catherine, ID # 157; ID # 446
Romano, Dawn M., ID # 196
Romeo, Monica, ID # 171
Ross, Kimberly, ID # 158
Rossman, Christopher, ID # 661
Roth, Gregory, ID # 522
Rowell, Lonnie, ID # 217
Roysircar-Sodowsky, Gargi, ID # 09010; ID # 446; ID # 563
Ruck, Janet, ID # 531
Rudd, Becky, ID # 140; ID # 517
Rush, Caronie, ID # 227; ID # 341
Russell, Martha M., ID # 09037; ID # 261; ID # 390
Russell-Chapin, Lori A., ID # 09006
Russett, Jill L., ID # 600

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Sabbah, Mira, ID # 221
Sabian, Bruce A., ID # 09038
Sablatura, Patricia A., ID # 573
Sacco-Bene, Christine, ID # 274
Sakofsky, Melissa, ID # 368
Salazar, Carmen, ID # 212
Samsuddin, Shafinah, ID # 132
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Schulz, Lisa L., ID # 379
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Schwaller-Giddis, Pat, ID # 631
Schwartz, Robert, ID # 280; ID # 352
Schweiker, Kathleen Bennett, ID # 558; ID # 608; ID # SE1-A*
Schwitzer, Alan, ID # 446
Scofield, Thomas, ID # 555; ID # 640
Scott, David, ID # 279
Seesholz, Sharon Guild, ID # 222
Seirup, Holly, ID # 173
Sel, Tracee, ID # 432
Sepulveda, Victoria, ID # 621
Seto, Atsuko, ID # 165
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Shaffer, Tammy J., ID # 345
Sharp, Conni, ID # 529
Shaw, Brian, ID # 496
Sheely, Angela, ID # 09021
Sheperis, Carl J., ID # 559
Sheperis, Donna, ID # 273; ID # 559
Sheilds, Linda, ID # 524
Shillingford, M. Ann, ID # 277; ID # 470
Shoffner, Marie, ID # 356
Shores, Angela S., ID # 643
Shrope, Nancy, ID # 169
Shulman, Lawrence, ID # 09007
Shurts, W. Matthew, ID # 09016
Siford, Amy, ID # 09027; ID # 577
Sikes, April, ID # 496; ID # SE1-B*
Silliman, Stephen A., ID # 625
Silverman, Kelly N., ID # 373
Simpson, Laura, ID # 559
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Smith-May, Bonnie, ID # 09026
Snyder, Matt, ID # 213
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Sommers-Flanagan, Rita, ID # 438; ID # 612
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Southern, Stephen, ID # 446; ID # 630
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Stockburger, Muriel, ID # 603
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Sturdivan, Scott, ID # 409
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Sunich, Michael, ID # 582
Super, John, ID # 289
Sutton, Andreé, Monique, ID # 494
Swank, Jacqueline Melissa, ID # 277; ID # 343
Sweeney, Thomas J., ID # 09017; ID # SE4-C*

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Taylor, Tara, ID # 633
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Teresa, Mercedes, ID # 09015
Thomas, Amanda, ID # 186; ID # 542
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*See pgs 38–39 for schedule.*
Register while you are in Charlotte and get the absolute lowest registration rate—$209—plus a free gift!
ACA 2009 Conference Academies

In addition to earning CE Credit for attending Education Sessions, ACA is offering a certificate for completing a learning track of Education Sessions at the ACA 2009 Conference.

To earn a certificate in one of the ACA Academies you must complete the following requirements:
1. Attend at least six (6) 90-Minute /60-Minute Education Sessions from the approved list as indicated in the Program Guide. All the sessions must be from the same Academy. Poster sessions are not included in the approved list.
3. Visit the Exhibit Hall for at least 30 minutes.

Instructions:
1. Please indicate that you have attended a session by marking it on the chart below.
2. Sign the form. Unsigned forms will not be processed.
3. Make a copy of this for your records.
4. Submit to: American Counseling Association
   Learning Resources/Academies
   5999 Stevenson Avenue
   Alexandria, VA 22304

(Print Clearly)

<table>
<thead>
<tr>
<th>Name:</th>
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<tbody>
<tr>
<td>Address:</td>
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<tr>
<td>City/State/Zip:</td>
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</tbody>
</table>

Place an X next to the Academy you attended in the list below:

- Addictions
- Career Development/Employment Counseling
- Child and Adolescent Counseling
- College Counseling
- Counseling Ethics and Legal Issues
- Counselor Education and Supervision
- Couples and Family Counseling
- Group Work
- Human Development Across the Lifespan
- LGBT
- Mental Health/Private Practice
- Military Counseling
- Multicultural Counseling
- Rehabilitation Counseling and Disability Issues
- School Counseling
- Spirituality and Religious Values

Please list the Academy Sessions attended below:

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<tr>
<th>Date</th>
<th>Time</th>
<th>Program ID#</th>
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☐ I attended the Opening Keynote Session  ☐ I visited the Exhibit Hall for at least 30 minutes

I certify that the information I have reported on this form is complete and accurate.

Signature: ___________________________ Date: _______________
**Instructions:** Credit can be earned for attending only the activities listed on this form.

1. Record the number of credit hours earned in the “Attended” column next to the appropriate time period and indicate the program number. **You must attend a complete session in order to receive credit** (except Poster Sessions). DO NOT record programs with overlapping times.

2. Enter a total for each day and a Grand Total.

3. Sign the form. Unsigned forms will not be processed.

4. Make a copy of this form for your records.

5. Submit to: American Counseling Association Learning Resources/Conf 2009 5999 Stevenson Avenue Alexandria, VA 22304

6. Enclose a payment of $15.00 payable to ACA.

7. This form must be received no later than December 31, 2009 in order to receive a CE certificate. Forms received after deadline will NOT be processed.

8. Please note there is a $10.00 charge for duplicate certificates.

**Maximum Hours that can be earned:**

20.0 contact clock hours

**Payment Information**

Full payment must be enclosed or certificate will not be processed.

- Check or money order, payable to ACA in U.S. funds.
- VISA, MasterCard, American Express, Discover

**I certify that the information I have reported on this form is complete and accurate.**

**Signature:**

**Date:**

---

### Time Log for ACA 2009 Conference

<table>
<thead>
<tr>
<th>Time</th>
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<th>Activity</th>
<th>Credit</th>
<th>Attended</th>
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<tr>
<td>7:30am - 8:30am</td>
<td></td>
<td>60-Minute Program 1.0</td>
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<tr>
<td>7:30am - 8:45am</td>
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<td>SE4-A 75-Minute Program 1.25</td>
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<tr>
<td>9:00am - 10:00am</td>
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<td>N/A Keynote Speaker 1.5</td>
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<td>10:30am - 12:00pm</td>
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<td>SE4-B 90-Minute Program 1.5</td>
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<tr>
<td>11:00am - 11:30am</td>
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<td>Poster Session 1.0</td>
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<tr>
<td>11:00am - 12:00am</td>
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<td>60-Minute Program 1.0</td>
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<tr>
<td>11:30am - 1:00pm</td>
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<td>SE5 IAMFC Speaker 1.5</td>
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**Monday, March 23**

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<td><strong>Total for Day</strong></td>
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**GRAND TOTAL**

20.0 contact clock hours

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### Instructions

1. Record the number of credit hours earned in the “Attended” column next to the appropriate time period and indicate the program number. **You must attend a complete session in order to receive credit** (except Poster Sessions). DO NOT record programs with overlapping times.

2. Enter a total for each day and a Grand Total.

3. Sign the form. Unsigned forms will not be processed.

4. Make a copy of this form for your records.

5. Submit to: American Counseling Association Learning Resources/Conf 2009 5999 Stevenson Avenue Alexandria, VA 22304

6. Enclose a payment of $15.00 payable to ACA.

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8. Please note there is a $10.00 charge for duplicate certificates.

**Maximum Hours that can be earned:**

20.0 contact clock hours

**Payment Information**

Full payment must be enclosed or certificate will not be processed.

- Check or money order, payable to ACA in U.S. funds.
- VISA, MasterCard, American Express, Discover

**I certify that the information I have reported on this form is complete and accurate.**

**Signature:**

**Date:**

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