What are ACA Members Reading this Summer?

An informal survey of what ACAeNews readers are reading this summer has revealed an array of titles and subjects. More than 150 readers responded and the following list represents titles relating to the practice of counseling and to an improved understanding of people, their development, the culture, and the issues of the times. The list reflects the diversity of the ACA membership, as well as the member’s interest in diversity issues.

A substantial number of the books were listed by multiple respondents. The editor apologizes to respondents who offered popular (often best selling) titles by popular authors and to those who submitted the textbook lists for their summer classes. Space did permit the listing of all of those titles.

It was interesting to note that the first book listed in the alphabetical list, the *ACA Encyclopedia of Counseling*, was identified by three different counselors---two of whom stated they were preparing for their licensure and certification exams.

- *ACA Encyclopedia of Counseling*
- *Achilles in Vietnam: Combat Trauma and the Undoing of Character* (Jonathan Shaw)
- *Amen, Amen, Amen: Memoir of a Girl Who Couldn’t Stop Praying (Among Other Things)* (Abby Sher)
- *Back to Life* (Alicia Salzer)
- *Blink: The Power of Thinking Without Thinking* (Malcolm Gladwell)
- *The Brain Wise Therapist* (Bonnie Badenoch)
- *Coping with Trauma-Related Dissociation: Skills Training for Patients and Therapists* (Suzette Boon, et al)
- *The Creative Arts in Counseling* (Samuel Gladding)
- *Critical Race Counterstories Along the Chicana/Chicano Educational Pipeline* (Tara J. Yosso)
- *Dance of the Spirit: Seven Steps of Women's Spirituality* (Maria Harris)
- *Drive: The Surprising Truth About What Motivates Us* (Daniel Pink)
• The Dutiful Worrier (Elliot D. Cohen)
• Emotional Vampires: Dealing with People Who Drain You Dry (Albert J. Bernstein)
• Emotions Revealed (Paul Ekman)
• Even the Rat was White: A Historical View of Psychology (Robert V. Guthrie)
• Empowering Dialogues Within (Kate Cohen-Posey)
• The Feeling of What Happens: Body and Emotion in the Making of Consciousness (Antonia Damasio)
• The Five Love Languages (Gary Chapman)
• Handbook of EMDR and Family Therapy Processes (Francine Shapiro, et al)
• The Heart and Soul of Change: Delivering What Works in Therapy (Barry Duncan, et al)
• Tender Care: The Heart and Soul of Caring (Seabrook Seven)
• The Heroic Client (Barry Duncan, et al)
• How to Be Brainwise (Patricia Gorman Barry)
• How to Tell a Naked Man What to Do (Candida Royalle)
• The iConnected Parent (Barbara Hofer and Abigail Sullivan Moore)
  In Over Our Heads (Robert Kegan)
• Inside Out and Outside In: Psychodynamic Clinical Theory and Practices in Contemporary Multicultural Contexts (Joan Berzoff, et al)
• International Handbook of Cross-Cultural Counseling (Lawrence Gerstein, et al)
• Journey from Abandonment to Healing (Susan Anderson)
  Man’s Search for Meaning (Victor Frankl)
• Making Hostile Words Harmless (Kate Cohen-Posey)
• The Masculine Self (Chris Kilmartin)
• Mindsight and the Mindful Therapist (Dan Siegel)
• Molecules of Emotion (Candice Pert)
• The Mummy at the Dining Room Table: Eminent Therapists Share Their Most Unusual Cases (Jeffrey A. Kottler and Jon Carlson)

• Neural Integration (Daniel Siegel)

• Odysseus in America: Combat Trauma and the Trails of Homecoming (Jonathan Shaw)

• On Becoming a Better Therapist (Barry Duncan)

• On Becoming a Therapist (Jeffrey Kottler)

• Outliers (Malcolm Gladwell)

• Parenting from the Inside Out (Daniel Siegel)

• The Power of Thinking Without Thinking (Malcolm Gladwell)

• The Reset Button: How to Move Your Business Forward When There’s No Going Back (Jeff Youngs)

• Rule Number Two: Lessons I Learned in a Combat Hospital (Heidi Squier Kraft)

• The 7 Habits of Highly Effective Teens (Sean Covey)

• Saving Sammy: Curing the Boy who Caught OCD (Beth A. Maloney)

• Soft Spots: A Marine’s Memoir about Combat and PTSD (Clint van Winkle)

• StrengthsFinder 2.0 (Tom Rath)

• Transparent (Don Lemon)

• Trauma and the Body (Pat Ogden)

• Treating Pornography Addiction: The Essential Tools for Recovery (Kevin Skinner)

• Walking Through Walls: A Presentation of Tibetan Meditation (Geshe Gedun Lodro)

• What Jung Really Said (E.A. Bennett and Anthony Storr)

• When Everything Changed: The Amazing Journey of American Women from 1960 to the Present (Gail Collins)

• White Like Me (Tim Wise)

• Women's Ways of Knowing (Mary Belenky, et al)