



## TRICARE ‘Certified Mental Health Counselor’ Requirements\*

1. Licensure for independent practice in the jurisdiction where practicing
2. Have a minimum of 2 years/3,000 hours of post-master’s supervised mental health counseling practice, including 100 hours of face-to-face supervision. Supervision must be provided by a mental health counselor.

AND

3.

***Now through 2014***

***Beginning January 1, 2015***

Have a master’s or higher degree from a mental health counseling program of education and training from a CACREP-accredited program, and pass either the National Clinical Mental Health Counselor Exam (NCMHCE) or the National Counselor Exam (NCE) (both are administered by the National Board for Certified Counselors – [www.nbcc.org](http://www.nbcc.org))

Have a master’s or higher degree from a mental health counseling program of education and training from a CACREP-accredited program, and pass the National Clinical Mental Health Counselor Exam (NCMHCE)

OR

Have a master’s or higher degree from a mental health counseling program of education and training from a regionally-accredited program and pass the NCMHCE

*\*As of 4/2/2013. A final version of TRICARE’s regulation regarding counselors’ participation in the program is expected to be released later this year. For more information, contact Scott Barstow with ACA at [sbarstow@counseling.org](mailto:sbarstow@counseling.org).*

# TRICARE HEALTH SERVICE REGIONS

## West Region

United Health  
Care

To join the  
network:

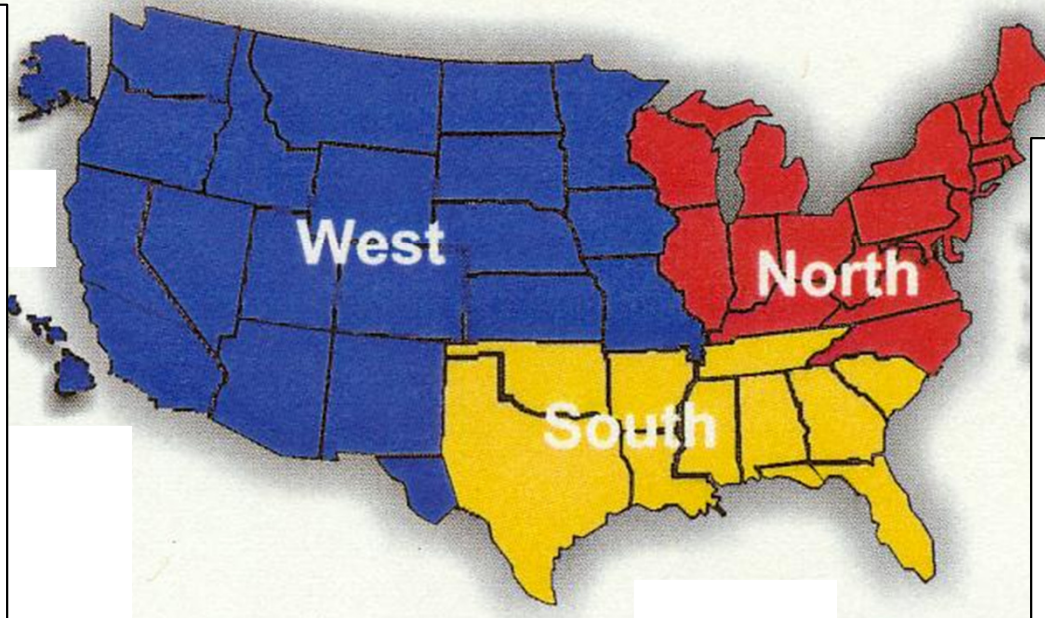
[http://www.uhc  
militarywest.co  
m/uhcmw/porta  
l/home/landing/](http://www.uhc<br/>militarywest.co<br/>m/uhcmw/porta<br/>l/home/landing/)  
(877) 988-9378

## Overseas

International  
SOS Assistance,  
Inc

Inside U.S. +1  
800-523-8662

Outside U.S. +1  
215-942-8333



## North Region

MHN (Medical Health  
Network)

To join the network:

[https://www.mhn.com/  
provider/content.do?m  
ainResource=praJoin&c  
ategory=JoinNetwork](https://www.mhn.com/<br/>provider/content.do?m<br/>ainResource=praJoin&c<br/>ategory=JoinNetwork)  
(800) 541-3353

## South Region

ValueOptions

Eligibility Requirements: [http://www.humana-  
military.com/Learning-Library/behavioral-health/network-  
eligibility.asp](http://www.humana-<br/>military.com/Learning-Library/behavioral-health/network-<br/>eligibility.asp)

How to join the network: [http://www.humana-  
military.com/Learning-Library/behavioral-health/join-the-  
network.asp](http://www.humana-<br/>military.com/Learning-Library/behavioral-health/join-the-<br/>network.asp)

(800) 700-8646