TRICARE ‘Certified Mental Health Counselor’ Requirements*

1. Licensure for independent practice in the jurisdiction where practicing
2. Have a minimum of 2 years/3,000 hours of post-master’s supervised mental health counseling practice, including 100 hours of face-to-face supervision. Supervision must be provided by a mental health counselor.

AND

Now through 2014
Have a master’s or higher degree from a mental health counseling program of education and training from a CACREP-accredited program, and pass either the National Clinical Mental Health Counselor Exam (NCMHCE) or the National Counselor Exam (NCE) (both are administered by the National Board for Certified Counselors – www.nbcc.org)

Beginning January 1, 2015
Have a master’s or higher degree from a mental health counseling program of education and training from a CACREP-accredited program, and pass the National Clinical Mental Health Counselor Exam (NCMHCE)

OR

Have a master’s or higher degree from a mental health counseling program of education and training from a regionally-accredited program and pass the NCMHCE

West Region
United Health Care
To join the network: https://www.mhn.com/provider/content.do?mainResource=pracJoin&category=JoinNetwork
877-988-9378
Overseas International SOS Assistance, Inc
Inside U.S. +1 800-523-8662
Outside U.S. +1 215-942-8333

North Region
MHN (Medical Health Network)
To join the network: https://www.mhn.com/
800-541-3353

South Region
ValueOptions
800-700-8646

*As of 4/2/2013. A final version of TRICARE’s regulation regarding counselors’ participation in the program is expected to be released later this year. For more information, contact Office of Government Affairs, 703-823-9800 x242