AUTHOR GUIDELINES
Journal of Humanistic Counseling

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1. Submission and Peer Review Process

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This journal does not charge submission fees.

For article-specific questions and feedback, please contact:

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Before you submit, you will need:

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In-text citations should follow the author-date method (e.g., Jones, 2020). A complete reference list should be presented alphabetically by last name at the end of the article. Verify that all citations in the text are listed in the reference section, and vice versa, and that the spelling of author names and years are consistent. A DOI should be provided for all references where available.

- Figures: Each figure must be complete with title, and all abbreviations must be defined in the figure note. Figures should be uploaded in the highest resolution possible (e.g., at least 150–300 dpi). Include definitions of all symbols used in the figure and explain all units of measurement. Figures can be uploaded as separate files.

- Tables: Each table must be complete with title, and all abbreviations must be defined in the table note. Footnotes should consist of letters (in alphabetical order as a, b, c, etc.), and p values should be presented as asterisks in the table and explained in the table note.

- Supplementary information should be submitted in separate files.

If the text, figures, or tables are difficult for you to read, they will also be difficult for the Editors and reviewers, and the Editorial Office will send it back to you for revision. Your manuscript may also be sent back to you for revision if the quality of English language is poor.

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To submit, login at [https://mc.manuscriptcentral.com/humanistic](https://mc.manuscriptcentral.com/humanistic) and create a new submission. Follow the submission steps as required and submit the manuscript.

*The Journal of Humanistic Counseling (JOHC)* explores humanistic counseling practices and experiential-developmental counseling processes, broadly conceived. The aim of the journal is to disseminate contemporary humanistic scholarship and research that support practitioner growth, training program development, and the vital promotion of inclusivity and diversity across worldviews. Articles should emphasize ways in which humanistic, existential, and phenomenological perspectives inform counseling practice, theory, and outcomes. Since humanism is traditionally associated with philosophical inquiry, *JOHC* welcomes submissions on theoretical, conceptual, and philosophical issues in counseling. *JOHC* is also committed to practitioner growth and welcomes case study submissions that speak to the professional experience of counselors in the field.
Manuscripts typically fall into one of the following categories, although other kinds of submissions may be appropriate for JOHC readers:

- **Theoretical and Conceptual.** These manuscripts emphasize new theoretical ideas, innovative models, or means of integrating theoretical, conceptual, or experiential humanistic perspectives in unique ways. Intensive explorations of well-established theoretical concepts or methods are also welcome but should be refined in scope, granular in detail, and focused in presentation.

- **Practice.** These manuscripts emphasize humanistic clinical and training practices. Clinical practice manuscripts often provide detailed examinations of counseling strategies, interventions, interpersonal processes, and/or experiential methods. Humanistic training practice manuscripts provide detailed reviews of pedagogical or supervision strategies, interventions, interpersonal processes, and/or hermeneutic/constructivist/critical methods in training or curriculum development. Authors should include implications for future research efforts.

- **Research.** Qualitative, quantitative, and mixed methods studies are published in JOHC. In these manuscripts, the review of the literature provides the context and need for the study, logically leading to the purpose and research questions. The methodology includes a full description of the participants, variables and instruments used to measure them, data analyses, and results. Authors are expected to discuss the clinical significance of the results. The Discussion section includes implications for counseling practice, public policy (when appropriate), limitations of the study, future research, and conclusions.

- **Case Study.** JOHC encourages humanistic practitioners to submit case studies on unique counseling experiences or methods and micro-phenomenology reports (which would also fall under this section heading) on lived experiences of phenomena relevant to practice. Submissions should include reasonable use of citations, although not to the extent required in other submission categories. Most are 20 pages or less.
  - Case study manuscripts include: brief description of the clinical approach; author reflexivity statement(s); brief yet reasonably detailed explanation of case(s); transcribed session excerpts; discussion; and case summary.
  - Micro-phenomenology report manuscripts include: description of the phenomena; brief explanation of interview protocols; report with transcribed excerpts from interview(s); discussion; and case summary.

- **Position Papers.** Position papers (or critiques) should present a well-argued stance on a humanistic counseling topic of interest, formatted with an introduction, arguments, and a conclusion. These critiques are formal, objective responses to previously published position papers, often highlighting an alternative outlook or perspective. Position papers and critiques should be written in a collegial manner that invites open and constructive dialogue across the field. Most are 20 pages or less.
The Journal of Humanistic Counseling uses U.S. spelling.

Do not use footnotes or endnotes in the article; incorporate any such material into the text.

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**2. After Acceptance**

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### Appendix

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This journal has the option for authors to embed rich media (e.g., video, audio) within their final article. These files should be submitted with the manuscript files online, using either the “Embedded Video” or “Embedded Audio” file designation. If the video/audio includes dialogue, a transcript should be included as a separate file. The combined
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Ensure each file is numbered (e.g., Video 1, Video 2). Titles for the rich media files should be placed at the end of the article.

The content of the video should not display overt product advertising. Educational presentations are encouraged.

Any narration should be in English, if possible. A typed transcript of any speech within the video/audio should be provided. An English translation of any non-English speech should be provided in the transcript.

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