



AMERICAN COUNSELING
ASSOCIATION

2018 PUBLICATIONS

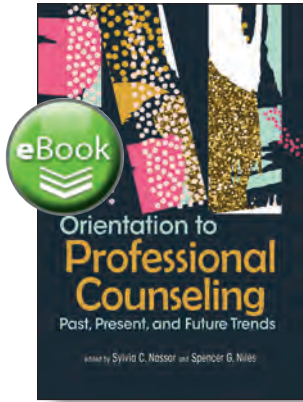
counseling.org/bookstore

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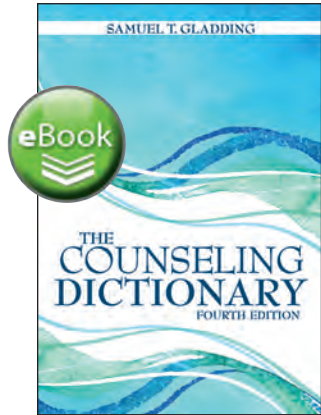
Orientation to Professional Counseling: Past, Present, and Future Trends

edited by Sylvia C. Nassar and Spencer G. Niles

Ideal for use in professional orientation or introduction to counseling courses, *Orientation to Professional Counseling* is fully aligned with the 2016 CACREP Standards and contains historical perspectives on the foundations of the profession, an overview of counseling specialties and contemporary issues in the field, and a discussion of anticipated future trends. Throughout the book, Nassar, Niles, and other counseling leaders emphasize the core content and expertise common

within a unified counseling identity. To enhance practical application, chapters include learning objectives and activities, review questions, illustrative text sidebars, and "Voices From the Field." *Complimentary Instructor's materials, including chapter outlines and tests, as well as PowerPoint slides are available by request to ACA.*

2018 | 400 pgs | Order #78142 | ISBN 978-1-55620-366-4
List Price: \$74.95 | **ACA Member Price: \$53.95**



The Counseling Dictionary, Fourth Edition

Samuel T. Gladding

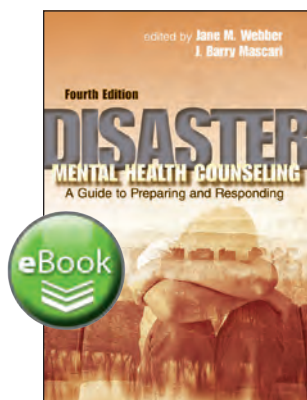
"The Counseling Dictionary includes 4,000 terms and abbreviations used in the mental health service delivery system, with definitions that are operational, precise, and written in the developmental and strengths-based language of professional counselors. As our work becomes increasingly interdisciplinary, and the language we use is filled with jargon and abbreviations, this book is a vital reference for all counselors to enhance communication and support the services we provide."

—Craig S. Cashwell, PhD

The University of North Carolina at Greensboro

This authoritative reference book by one of the most distinguished leaders in the profession features 4,000 commonly used terms and abbreviations in counseling. Since publication of the previous edition, Dr. Samuel Gladding has added 342 new, clear, and concise definitions and has fully updated existing terminology. This exceptional resource also highlights the professional contributions of prominent counselors, both historical and contemporary, and includes a current chronology of the evolution of counseling. In addition, it provides contact information for self-help groups and nationally prominent helping organizations. Frequent cross-referencing of terms enhances the reader's understanding of more complex principles.

2018 | 212 pgs | Order #78140 | ISBN 978-1-55620-372-5
List Price: \$55.95 | **ACA Member Price: \$34.95**



Disaster Mental Health Counseling: A Guide to Preparing and Responding, Fourth Edition

edited by Jane M. Webber and J. Barry Mascari

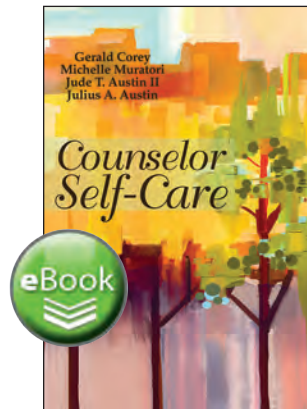
This timely book provides current research and skill-building information on Disaster Mental Health Counseling for counselors, educators, students, and mental health responders in agencies, schools, universities, and private practice. Recognized experts in the field detail effective clinical interventions with survivors in the immediate, intermediate, and long-term aftermath of traumatic events.

This extensively revised edition, which meets 2016 CACREP Standards for disaster and trauma competencies, is divided into three sections: Disaster Mental Health Counseling Foundations, Disaster and Trauma Response in the Community, and Disasters and Mass Violence at Schools and Universities. Real-world responses to violence and tragedies among diverse populations in a variety of settings are presented, and responders share their personal stories and vital lessons learned through an “In Our Own Words” feature. Each chapter contains discussion questions and case studies are interwoven throughout the text.

Published by the American Counseling Association Foundation

2018 | 400 pgs | Order #78126 | ISBN 978-1-55620-361-9

List Price: \$64.95 | **ACA Member Price: \$47.95**



Counselor Self-Care

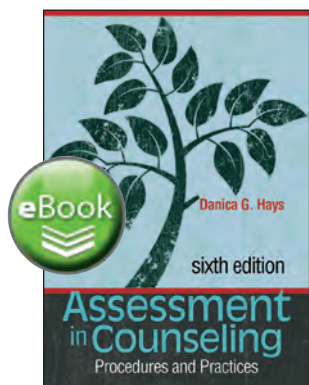
Gerald Corey, Michelle Muratori, Jude T. Austin II, and Julius A. Austin

This inspirational book will take you on a self-care journey and offers diverse, realistic perspectives on how to achieve work-life balance and personal wellness. Self-care is critical for effective and ethical practice and therefore it is essential to prioritize and engage in self-care activities. The authors encourage you to evaluate your level of current self-care and build on the resources you already have to make positive choices about changes you want to make in your life based on what you want and what will work best for you.

In addition to the authors' unique perspectives as professionals at different stages of their careers, 52 guest contributors—ranging from graduate students, to new professionals, to seasoned counselors—share their experiences and thoughts about self-care, including what challenges them most. Both personal and conversational in tone, this book will help you to create your own practical self-care action plan through reflection on important issues, such as managing stress, establishing personal and professional boundaries, enhancing relationships, and finding meaning in life.

2018 | 256 pgs | Order #78143 | ISBN 978-1-55620-379-4

List Price: \$33.95 | **ACA Member Price: \$24.95**



Assessment in Counseling: Procedures and Practices Sixth Edition

Danica G. Hays

“Danica Hays has skillfully updated this essential textbook for graduate-level courses in assessment/appraisal. In the new ‘Assessment in Action’ sections, practitioners from various settings discuss assessment topics that bring to life the many issues that counselors encounter in their practices.”

—Catherine Y. Chang, PhD

Georgia State University

American Counseling Association Fellow

The latest edition of this bestseller instructs and updates students and clinicians on the basic principles of psychological assessment and measurement, recent changes in assessment procedures, and the most widely used tests in counseling practice today. Dr. Danica Hays provides guidance on the appropriate selection, interpretation, and communication of assessment results. This edition covers more than 100 assessment instruments used to evaluate substance abuse and other mental health disorders, intelligence, academic aptitude and achievement, career and life planning, personal interests and values, personality, and interpersonal relationships. In addition, a new chapter on future trends in assessment discusses the changing cultural landscape, globalization, and technology.

Perfect for introductory classes, this text provides students and instructors with practical tools such as bolded key terminology; chapter pretests, summaries, and review questions; self-development and class activities; diverse case examples; practitioner perspectives illustrating assessment in action; and resources for further reading. *PowerPoint slides, a test bank, a sample syllabus, and chapter outlines are available to instructors by request to ACA.*

2017 | 456 pgs | Order #78136 | ISBN 978-1-55620-368-8

List Price: \$89.95 | **ACA Member Price: \$63.95**



The Secrets of Exceptional Counselors

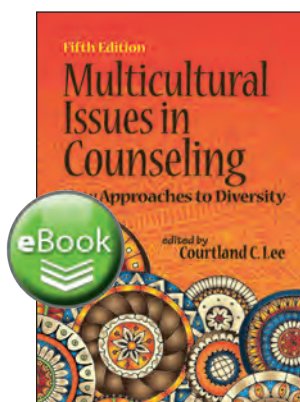
Jeffrey A. Kottler

Every profession has trade secrets that are passed on from one generation to the next and counseling is no exception. These cherished lessons include original ideas, noteworthy interventions, and even little tricks learned over time that increase both professional effectiveness and personal satisfaction. These unique practices are captured in this entertaining book that discloses the wisdom of master clinicians who discuss their creative breakthroughs, spiritual transcendences, and monumental successes. They also reveal some of their most unusual cases, disappointing failures, and disturbing deceptions, and share stories about the clients who have changed them.

New practitioners and veterans alike will find innovative ways to remain fresh and engaged with clients. Because of its focus on useful strategies, this book can be used as a supplemental text in a variety of introductory and advanced courses, or as an inspirational guide for experienced counselors.

2018 | 172 pgs | Order #78141 | ISBN 978-1-55620-378-7

List Price: \$39.95 | **ACA Member Price: \$24.95**



Multicultural Issues in Counseling: New Approaches to Diversity, Fifth Edition

edited by Courtland C. Lee

With an emphasis on direct application to practice, this graduate-level text offers culturally competent strategies for working with unique client groups in a variety of settings. Introductory chapters provide a foundation for cross-cultural counseling with discussion of current theory, the ongoing pursuit of multicultural competence, and the complexities of intersecting identities. Next, 15 chapters designed to help counselors develop their knowledge about and skills with the following populations are presented:

- African Americans
- American Indians
- Arab Americans
- Asian and Pacific Islanders
- Economically disadvantaged clients
- Immigrants
- Latinx
- LGBTQ clients
- Men
- Military personnel
- Multiracial individuals
- Older adults
- People with disabilities
- White people of European descent
- Women

Chapters new to this edition include “Intersectionality: Understanding the Complexity of Identity,” “Counseling Americans of White European Descent,” and “Counseling Recent Immigrants.” Chapters on ethics and social justice issues complete the book.

Print and E-Book Formats Available June 2018!

2018 | 376 pgs | Order #78145 | ISBN 978-1-55620-369-5

List Price: \$82.95 | **ACA Member Price: \$58.95**



Affirmative Counseling With LGBTQI+ People

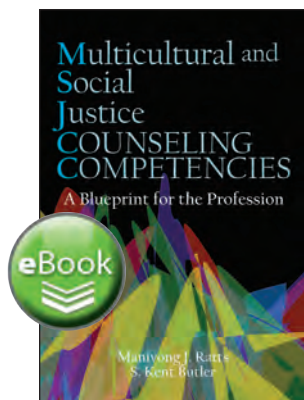
edited by Misty M. Ginicola, Cheri Smith, and Joel M. Filmore

This current and comprehensive handbook will guide educators, students, and clinicians in developing the awareness, knowledge, and skills necessary to work effectively with LGBTQI+ populations. Twenty-five chapters written by experts in the field provide direction for working with clients in an authentic, ethical, and affirmative manner that is tailored to their individual strengths, needs, and identity.

The book is divided into four sections, which explore the science behind gender and affectional orientation; developmental issues across the life span and treatment issues; the specialized needs of nine distinct populations; and the intersectionality of ethnicity and overlapping identities, the role of religion, and counselor advocacy. Each chapter contains an “Awareness of Attitudes and Beliefs Self-Check,” a case narrative relating to the material covered, questions for discussion, and a list of online resources. The book concludes with an extensive glossary of terms, both preferred and problematic, which counselors working with these communities should understand and use appropriately.

2017 | 416 pgs | Order #78133 | ISBN 978-1-55620-355-8

List Price: \$72.95 | **ACA Member Price: \$50.95**



Multicultural and Social Justice Counseling Competencies: A Blueprint for the Profession

Manivong J. Ratts and S. Kent Butler

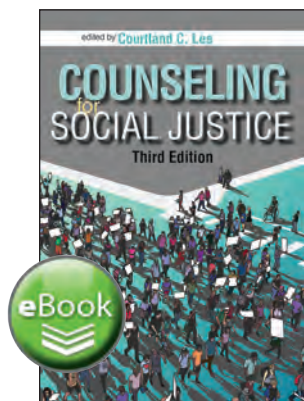
This timely handbook introduces educators, students, supervisors, and practitioners to the Multicultural and Social Justice Counseling Competencies (MSJCC). These competencies merge the multicultural and social justice perspectives in counseling and offer guidance in establishing supportive and affirming relationships in training and with culturally diverse clients and communities. The authors provide strategies for integrating the competencies into counselor education, supervision, research, and professional practice in various settings.

This guide begins with an overview of the theoretical underpinnings, conceptual framework, and major constructs of the MSJCC. A discussion follows on the four developmental domains inherent in the competencies that counseling professionals from marginalized and privileged communities must develop: counselor attitudes and beliefs, knowledge, skills, and action. Throughout the book techniques that can be used at the individual and systems levels address intersecting identities and the dynamics of power, privilege, and oppression that influence the counseling relationship. Suggestions for future directions of the MSJCC and its application to other disciplines concludes the book.

Print and E-Book Formats Available June 2018!

2018 | 200 pgs | Order #78147 | ISBN 978-1-55620-375-6

List Price: \$48.95 | **ACA Member Price: \$34.95**



Counseling for Social Justice, Third Edition

edited by Courtland C. Lee

As the counseling profession continues to expand internationally, social justice advocacy must include a global aspect. This new edition examines global issues in social justice counseling and provides counselors with the knowledge, training, and skills necessary for becoming agents of change. Thought leaders explore the social, cultural, and economic systems that perpetuate injustice and inequality and guide counselors in helping to transform these systems on behalf of clients and communities.

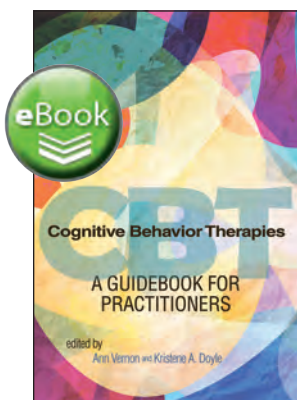
In Part 1, readers are introduced to the historical and contemporary context of social justice in counseling. Part 2 presents ideas and concepts for promoting social justice and challenging oppression and marginalization. Topics in this section include theoretical perspectives on peace, violence, and conflict; recommendations for global initiatives in school-based counseling; advocacy for decent work; social action strategies for LGBTQ+ communities; empowering older people; addressing the challenges of disability; promoting gender equity; assisting undocumented immigrants; and fighting racism. Part 3 examines professional issues and contains chapters on the role of neuroscience in advancing social justice counseling, as well as social justice and global perspectives in ethics, research, and counselor training.

Print and E-Book Formats Available May 2018!

Published by the American Counseling Association Foundation

2018 | 328 pgs | Order #78148 | ISBN 978-1-55620-356-5

List Price: \$65.95 | **ACA Member Price: \$45.95**



Cognitive Behavior Therapies: A Guidebook for Practitioners

edited by Ann Vernon and Kristene A. Doyle

“This book will become a standard textbook, as well as a resource for counselors who are both new to CBT and experienced in this way of working. Each approach is authoritatively presented within a common chapter structure to facilitate comparison, and the case material and verbatim transcripts make the chapters come alive. I highly recommend it.”

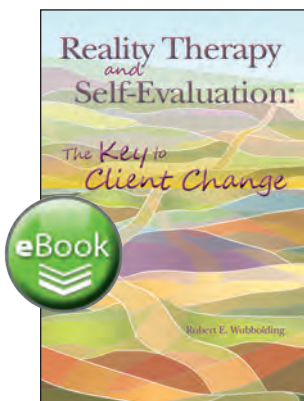
—**Windy Dryden, PhD**

Emeritus Professor of Psychotherapeutic Studies
Goldsmiths, University of London

This comprehensive book showcases seven different approaches to cognitive behavior therapy (CBT) and focuses on the implementation of these various theories in real-world practice. Following an overview of cognitive therapy, practitioners and scholars discuss behavior therapy, cognitive therapy, rational emotive behavior therapy, multimodal therapy, acceptance and commitment therapy, dialectical behavior therapy, and mindfulness. Each theory highlighted includes a profile of the theorist(s), an overview of the theory, a discussion of the therapeutic process, an array of targeted interventions, a verbatim case transcript, an analysis of the limitations of the theory, and reflective sidebars to facilitate learning. The final chapter presents a single case study discussed from the perspective of each particular theory.

2018 | 344 pgs | Order #78135 | ISBN 978-1-55620-367-1

List Price: \$59.95 | **ACA Member Price: \$44.95**



Reality Therapy and Self-Evaluation: The Key to Client Change

Robert E. Wubbolding

“This is another brilliant book by Dr. Robert Wubbolding, longtime trusted associate of the late William Glasser, MD. It is an insightful guide to the process of self-evaluation, which is a reliably effective way to fulfill your own needs and be happy.”

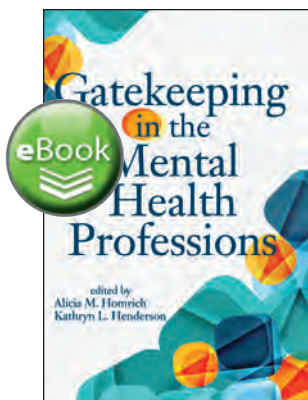
—**Carleen Glasser**

President, William Glasser, Inc.

This unique resource discusses the core concepts of self-evaluation and the WDEP system of reality therapy, and answers the commonly asked question: “How do I intervene with clients who appear to be unmotivated to make changes in their behavior?” Detailed interventions and sample counselor–client dialogues throughout the book illustrate work with clients dealing with posttraumatic stress, anger issues, grieving and loss, self-injury, antisocial behavior, career concerns, relationship problems, and more. Dr. Wubbolding’s techniques are readily applicable to mental health and educational settings, with cross-cultural application to clients of various ages.

2017 | 240 pgs | Order #78138 | ISBN 978-1-55620-370-1

List Price: \$54.95 | **ACA Member Price: \$39.95**



Gatekeeping in the Mental Health Professions

edited by Alicia M. Homrich and Kathryn L. Henderson

The role of professional gatekeepers is more essential than ever as the mental health professions are increasingly held accountable for developing and maintaining professional standards and practices that protect clients. In addition to monitoring the academic and clinical development of students, gatekeepers must also assess trainees' interpersonal conduct to ensure professional competence in the safeguarding of client welfare. This book guides graduate faculty and supervisors in effective gatekeeping by bringing together the developing body of professional performance standards for multiple mental health

fields and providing best practices for gatekeeping processes.

Following an introduction to the professional, ethical, and legal issues involved in gatekeeping, the authors discuss contextual factors that can affect trainee functioning. Topics addressed include strategies for assisting low-performing trainees, the roles and responsibilities of faculty and supervisors, institutional professional collaboration, evaluating trainee performance, designing remediation plans, implementing documentation procedures, and prevention and early intervention. Text sidebars feature "Notes From the Field," "On the Legal Side: Case Law Precedents," and "What Would You Do?" to enhance understanding of the material and encourage gatekeeping self-efficacy.

Print and E-Book Formats Available May 2018!

2018 | 336 pgs | Order #78146 | ISBN 978-1-55620-328-2

List Price: \$58.95 | **ACA Member Price: \$44.95**



Counseling Research: A Practitioner-Scholar Approach

Richard S. Balkin and David M. Kleist

"This is an excellent master's- or entry-level doctoral textbook that provides a comprehensive review of research design. The writing is crisp and interesting, with clear examples from the counseling literature. I am confident this will be a widely adopted and highly cited text."

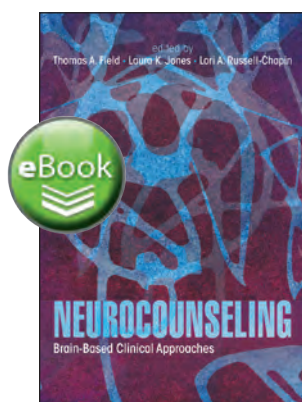
—Philip B. Gnilka, PhD

Virginia Commonwealth University

This introductory text for counselors-in-training and emerging researchers focuses on research methodology, design, measurement, and evaluation. The book contains four parts: The Essence of Research in the Counseling Profession, Quantitative Research Designs, Qualitative Research Designs, and Practice-Based Research. Key features include case examples that bridge the technicalities of research and the realities of practice; strategies for designing research; guidelines for counselors considering topics for a thesis, a dissertation, or the development of an initial study; examples of current counseling research articles; and suggested activities to enhance understanding of the material in each chapter and facilitate classroom discussion.

2017 | 312 pgs | Order #78131 | ISBN 978-1-55620-357-2

List Price: \$72.95 | **ACA Member Price: \$52.95**



Neurocounseling: Brain-Based Clinical Approaches

edited by Thomas A. Field, Laura K. Jones,
and Lori A. Russell-Chapin

“Neurocounseling provides a foundation for work with individuals and groups across a broad spectrum of wellness and clinical mental health counseling topics. As a result, the reader is introduced to an exciting new frontier for understanding and serving clients more effectively. Having benefited from neurofeedback personally, as well as having been taught its principles by skilled counselor practitioners, I am enthusiastic for all counselors to learn its efficacy and applications.”

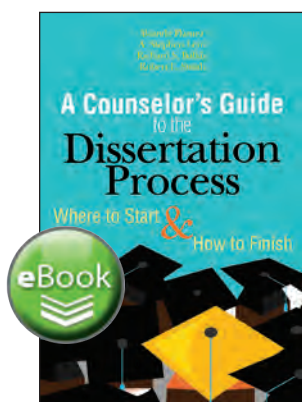
—Thomas J. Sweeney, PhD

Professor Emeritus, Counselor Education
Ohio University

This text presents current, accessible information on enhancing the counseling process using a brain-based paradigm. Leading experts provide guidelines and insights for becoming a skillful neuroscience-informed counselor, making direct connections between the material covered and clinical practice. In this much-needed resource—the first to address neurocounseling concepts across the counseling curriculum—chapters cover each of the eight common core areas in the 2016 CACREP Standards in addition to several specialty areas of the Standards. Detailed case studies, questions for reflection, quiz questions, and a glossary facilitate classroom use.

2017 | 296 pgs | Order #78134 | ISBN 978-1-55620-364-0

List Price: \$62.95 | **ACA Member Price: \$45.95**



A Counselor's Guide to the Dissertation Process: Where to Start & How to Finish

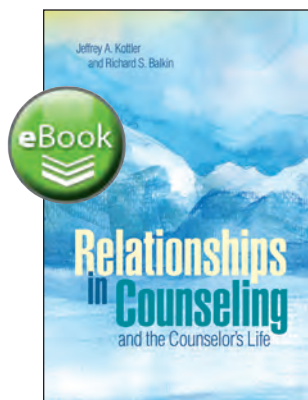
Brandé Flamez, A. Stephen Lenz, Richard S. Balkin,
and Robert L. Smith

This book offers counseling students practical advice and step-by-step guidance in planning, writing, and defending a dissertation. The authors take into account both time management and the holistic wellness of students during the writing process to foster an experience that is both rewarding and exciting. Each chapter answers the questions students commonly ask, contains a “To Do Checklist” to help students stay on track and ensure completion of each part of their dissertation, provides a summary

of key points, and lists additional resources. Chapter topics include selecting a dissertation committee and narrowing down the topic; writing a proposal; preparing the literature review; creating the problem statement, purpose statement, and research questions; understanding research methodology and ethics; collecting and analyzing data; presenting results to align with APA guidelines; and publishing a dissertation.

2017 | 232 pgs | Order #78137 | ISBN 978-1-55620-359-6

List Price: \$33.95 | **ACA Member Price: \$24.95**



Relationships in Counseling and the Counselor's Life

Jeffrey A. Kottler and Richard S. Balkin

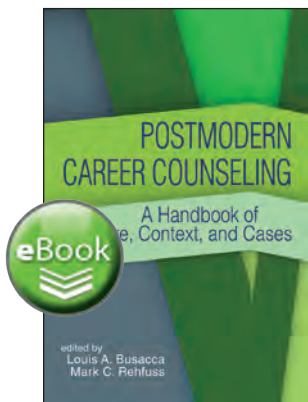
"Drs. Kottler and Balkin present one of the most comprehensive and readable texts on the power of relationships to connect, heal, and restore people to their best selves. Anyone who is interested in counseling or helping in general needs to read this exquisitely crafted book."

—Paul R. Peluso, PhD
Florida Atlantic University

In this engaging book, Jeffrey Kottler and Richard Balkin address common misconceptions about what works in counseling and offer suggestions for building constructive counseling relationships and facilitating positive counseling outcomes. Key aspects of the client–counselor relationship are supported by interesting examples and stories integrated with clinically useful research on counseling results. Part 1 reviews basic assumptions about the nature of helping relationships and examines how and why they can empower client change efforts. Part 2 describes practical approaches to encourage client trust and growth, including chapters on the cultural and environmental context of relationships; the ways in which counseling is used to treat trauma; how exchanging stories solidifies and fortifies counseling relationships; and using creative and innovative techniques to enhance relationships. Part 3 discusses how counselors are influenced by both therapeutic and personal relationships.

2017 | 224 pgs | Order #78132 | ISBN 978-1-55620-360-2

List Price: \$49.95 | **ACA Member Price: \$34.95**



Postmodern Career Counseling: A Handbook of Culture, Context, and Cases

edited by Louis A. Busacca and Mark C. Rehffuss

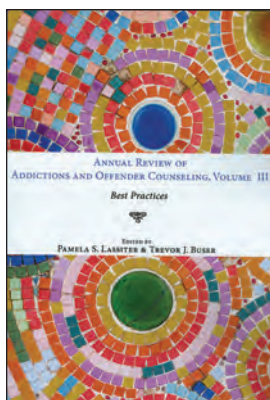
"The editors have assembled a diverse group of contributors who showcase postmodernist-based principles. Educators, practitioners, researchers, and graduate students alike will find this book a ready resource for all things postmodern in career counseling theory and practice today."

—Paul J. Hartung, PhD
Editor, *The Career Development Quarterly*

This user-friendly handbook describes postmodern career counseling models and methods designed to meet clients' diverse needs in today's challenging work environment. Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues such as coping with developmental tasks, career transitions, and work traumas. Drawing directly from their experiences with clients, career counseling experts link theory to practice in 17 application chapters that demonstrate the process of postmodern career assessment and intervention embedded in culture and context. Multicultural case vignettes and a "Practical Application Guide" feature in each of these chapters facilitate classroom learning and discussion.

2017 | 392 pgs | Order #78124 | ISBN 978-1-55620-358-9

List Price: \$64.95 | **ACA Member Price: \$47.95**



Annual Review of Addictions and Offender Counseling, III: Best Practices

edited by Pamela S. Lassiter and Trevor J. Buser

The *Annual Review of Addictions and Offender Counseling, Volume III: Best Practices* is the third volume in a series of peer-reviewed, edited books sponsored by the International Association of Addictions and Offender Counselors (IAAOC), a division of ACA. Continuing the mission of the first two volumes, this book provides a forum for publications addressing a broad array of topics in the field of addictions and offender counseling. Experts in the profession present innovative strategies and recommendations for best practices in drug education

and counselor training, with a special focus on new interventions and multicultural considerations. *Sponsored by IAAOC.*

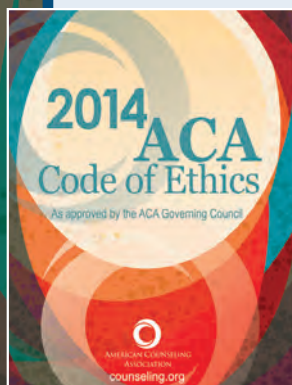
Published by Resource Publications

2017 | 230 pgs | Order #78144 | ISBN 978-1-5326-1348-7

List Price and ACA Member Price: \$27.95

ACA Code of Ethics

As Approved by the ACA Governing Council



The *ACA Code of Ethics* was revised in 2014 and substantial updates occurred in many areas, including distance counseling, technology and social media, end-of-life issues, and appropriate termination and referral. The distance counseling, technology, and social media section addresses multiple issues that have arisen with advances in technology and provides guidance on integrating social media into counseling practice, while the section on appropriate termination and referral clarifies counselors' ethical obligations when working with diverse clientele. Nineteen state

licensure boards have adopted ACA's *Code* as the state-mandated code of ethics in counseling. Single copy downloads of the *ACA Code of Ethics* are available free at counseling.org/knowledge-center/ethics. The *Code* is also available in packages of 25 for classroom and presentation use.

2014 | 24 pgs | Order #78096

List Price: 25 copies for \$35.95

ACA Member Price: 25 copies for \$25.95



ACA Ethical Standards Casebook Seventh Edition

Barbara Herlihy and Gerald Corey

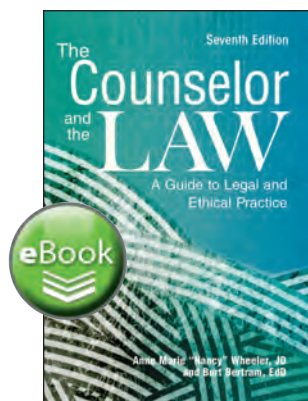
This top-selling text is a comprehensive resource for understanding the 2014 *ACA Code of Ethics* and applying its principles to daily practice. Each standard of the *Code* is presented with an explanatory case vignette, and a Study and Discussion Guide is provided at the beginning of each major section of the *Code* to stimulate thought and discussion. Common ethical concerns with instructive case studies are then explored in individual chapters. Topics addressed include client rights and

informed consent, social justice and counseling across cultures, confidentiality, counselor competence, working with minor clients, managing boundaries, client harm to self or others, counselor training and supervision, research and publication, and the intersection of ethics and the law. Chapters new to this edition examine managing value conflicts and the issues surrounding technology, social media, and online counseling.

Webinar available at <https://aca.digitellinc.com/aca/sessions/5320/view>

2015 | 336 pgs | Order #78089 | ISBN 978-1-55620-321-3

List Price: \$76.95 | **ACA Member Price: \$54.95**



The Counselor and the Law: A Guide to Legal and Ethical Practice Seventh Edition

Anne Marie "Nancy" Wheeler and Burt Bertram

"The Counselor and the Law delivers yet again! As expectations around the use of technology in counseling rapidly shift, the authors clearly address opportunities and challenges and suggest practical recommendations for handling ethical and legal issues around communication in the information technology era. As an educator and practicing counselor,

I consider this book a must read for anyone in our profession."

—**Chinwé Uwah Williams, PhD**
Argosy University-Atlanta

The Counselor and the Law has been updated to reflect changes in the 2014 *ACA Code of Ethics*, findings of recent court cases, and new federal and state legislation. Attorney Nancy Wheeler and Burt Bertram, a private practitioner and counselor educator, provide an overview of the law as it pertains to counseling practice; an in-depth look at counselors' legal and ethical responsibilities; and an array of risk management strategies. This edition contains a thoroughly updated chapter on distance counseling, technology, and social media; regulatory updates to the HIPAA and the HITECH Act; and case law developments regarding legal risks for counselor educators. Civil malpractice liability, licensure board complaints, confidentiality, duty to warn, suicide and threats of harm to self, professional boundaries, records and documentation, and managing a counseling practice are also discussed in detail.

Online Course available at <https://aca.digitellinc.com/aca/sessions/1200/view>

2015 | 368 pgs | Order #78107 | ISBN 978-1-55620-350-3

List Price: \$61.95 | **ACA Member Price: \$46.95**



Ethics Desk Reference for Counselors Second Edition

Jeffrey E. Barnett and W. Brad Johnson

"Barnett and Johnson bring their considerable experience as ethicists to this comprehensive, well-written volume. All practicing counselors need grounding in where our profession is, and where it is going, and with complete sections on technology and diversity issues, this book more than fills the bill."

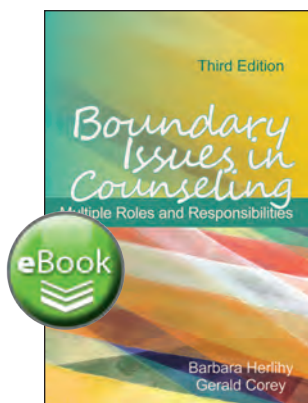
—**Douglas C. Haldeman, PhD**

John F. Kennedy University

This handbook provides counselors and students with the means to quickly apply the 2014 ACA *Code of Ethics* to practice and to professional roles and activities. It contains on-point recommendations for each standard of the *Code*, a decision-making model, and a listing of ethics resources. Part I presents each section of the *Code*, along with a brief commentary that emphasizes its most essential elements, common ethical dilemmas, and specific strategies for risk prevention and positive practice. Part II contains ethical guidance sections on culture and diversity, confidentiality and exceptions to confidentiality, counseling suicidal clients, multiple relationships in counseling, competence, supervision, managed care, termination and abandonment, and how to respond to an ethics complaint or lawsuit. New to this edition is a section titled "Integrating Technology Into Counseling Practice."

2015 | 260 pgs | Order #78091 | ISBN 978-1-55620-327-5

List Price: \$52.95 | **ACA Member Price: \$40.95**



Boundary Issues in Counseling: Multiple Roles and Responsibilities, Third Edition

Barbara Herlihy and Gerald Corey

"This refreshing book employs clear, critical thinking in addressing the complexities of boundaries and dual relationships. A unique contribution, it is a liberating guide that supports counselors to traverse the territory of ethical, clinical decision-making from a base of integrity and care rather than fear and ignorance."

—**Ofer Zur, PhD**

Director, Zur Institute

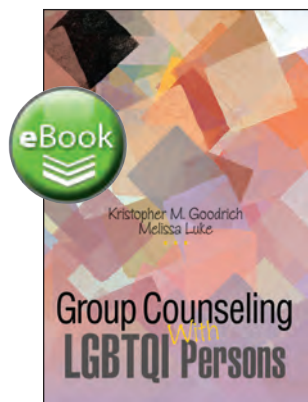
Author, *Boundaries in Psychotherapy*

Fully revised in accordance with the 2014 ACA *Code of Ethics* and the ethical codes of other mental health organizations, *Boundary Issues in Counseling* reflects the helping profession's current thinking on this topic and offers a wide range of opinions and perspectives. Ethics experts Barbara Herlihy and Gerald Corey, along with 40 guest contributors, share their thoughts on the ethical issues surrounding sexual dual relationships; multiculturalism and social justice; counselor education, supervision, and consultation; group counseling; couples and family counseling; and school counseling. In addition, coverage extends to specialty areas, such as disaster mental health, private practice, addictions and rehabilitation counseling, rural practice, counseling in the military, and forensic counseling.

Webinar available at <https://aca.digitellinc.com/aca/sessions/5320/view>

2015 | 344 pgs | Order #78090 | ISBN 978-1-55620-322-0

List Price: \$59.95 | **ACA Member Price: \$44.95**



Group Counseling With LGBTQI Persons

Kristopher M. Goodrich and Melissa Luke

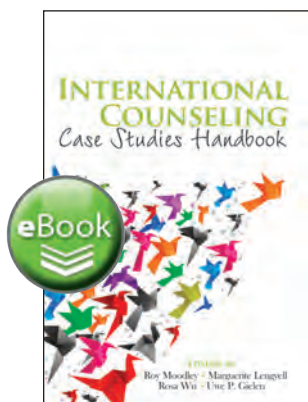
This unique resource provides strengths-based group counseling strategies designed to meet the needs of LGBTQI clients in a variety of settings. Drs. Kristopher Goodrich and Melissa Luke capture the developmental concerns of LGBTQI individuals throughout the life cycle as they establish and maintain intimate relationships, create families, encounter career concerns, and navigate other milestones and transitions. Illustrative case examples and interventions throughout the text, as well as cautions and recommendations, make this an ideal resource for practice and group work courses.

Following a discussion of the history of group work with the LGBTQI community, the planning and process issues that group leaders should consider in their work, and relevant ethical and legal concerns, the authors explore a range of group types and pertinent issues. Individual chapters focus on the following types of counseling: child and adolescent; same gender adult; intersex and transgender; coming out/disclosure; school, community outpatient, and residential; couples and family; substance abuse; grief and loss; and advocacy. Chapters on group work supervision and the importance of allies round out the book.

FREE Podcast for ACA members at <https://aca.digitellinc.com/aca/sessions/1215/view>

2015 | 240 pgs | Order #78110 | ISBN 978-1-55620-349-7

List Price: \$54.95 | **ACA Member Price: \$38.95**



International Counseling Case Studies Handbook

edited by Roy Moodley, Marguerite Lengyell, Rosa Wu, and Uwe P. Gielen

“This book offers a detailed account of how clinicians from around the world conceptualize their cases and employ a host of diverse counseling strategies. Through reading this book, practitioners, researchers, and trainers in every setting will acquire new insight and skills in the universal and unique aspects of the counseling process.”

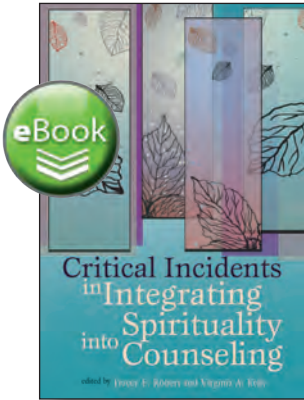
—Lawrence H. Gerstein, PhD

George & Frances Ball Distinguished Professor
of Psychology-Counseling
Ball State University

In this book, authors from 33 countries demonstrate multicultural skills and competencies through case studies that illustrate approaches to counseling and psychotherapy in their countries. Following an introductory section on the use of case studies, chapters focus on a cross section of countries in Africa; Australia and Asia; Central, North, and South America; Europe; and the Middle East. Each case includes the client's presenting concerns, a culture-sensitive assessment and treatment plan, an analysis and critical reflection of the case, and questions for discussion. The final chapter presents a comparative analysis of the cases.

2015 | 328 pgs | Order #78111 | ISBN 978-1-55620-335-0

List Price: \$58.95 | **ACA Member Price: \$42.95**



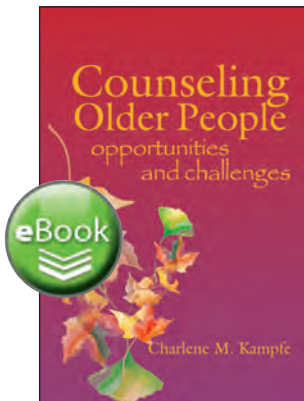
Critical Incidents in Integrating Spirituality Into Counseling

edited by Tracey E. Robert and Virginia A. Kelly

This compelling casebook integrates critical incidents, spirituality, and counseling with diverse populations dealing with issues across the life development continuum. It is organized in seven sections: life span issues, spirituality and wellness, specific disorders, substance abuse, career, diverse populations, and spiritual interventions. More than 50 contributors either present specific incidents or react to them. After each case description, an expert practitioner answers the questions posed and provides additional insight and alternative strategies. The editors then offer their reflections, providing a concise summary of counseling outcomes.

2015 | 304 pgs | Order #78102 | ISBN 978-1-55620-336-7

List Price: \$52.95 | **ACA Member Price: \$37.95**



Counseling Older People: Opportunities and Challenges

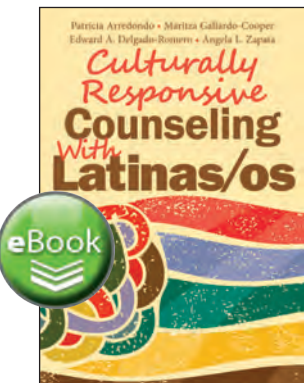
Charlene M. Kampfe

This book provides insight into the primary issues faced by older adults; the services and benefits available to them; and the knowledge base and skills necessary to work effectively in a therapeutic relationship. Topics covered include an overview of population characteristics; empowering older clients; successful aging; mental health and wellness; common medical conditions; multiple losses and transitions; financial concerns; elder abuse; veterans' issues; sensory loss; changing family dynamics; managing Social Security and Medicare; working after retirement age; retirement transitions, losses, and gains; residential options;

and death and dying. Individual and group exercises are incorporated throughout the book to enhance its practicality.

2015 | 368 pgs | Order #78104 | ISBN 978-1-55620-323-7

List Price: \$52.95 | **ACA Member Price: \$38.95**



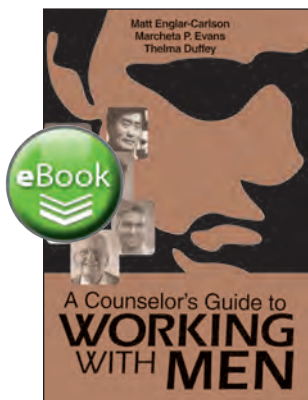
Culturally Responsive Counseling With Latinas/os

*Patricia Arredondo, Maritza Gallardo-Cooper,
Edward A. Delgado-Romero, and Angela L. Zapata*

This book provides culture-centered assessment and intervention strategies for effective clinical practice with Latina/o individuals and families. Throughout the text, case scenarios illustrate ways to work successfully with clients of all ages. A sample culture-centered clinical interview is included, along with a listing of Latino-specific mental health resources. Topics discussed include roles, relationships, and expectations in Latino families; cultural and bicultural values; gender role socialization; generational differences; identity and acculturation issues; educational values and achievement; Latinas/os in the workforce; and religious beliefs and practices.

2014 | 296 pgs | Order #78082 | ISBN 978-1-55620-241-4

List Price: \$64.95 | **ACA Member Price: \$45.95**



A Counselor's Guide to Working With Men

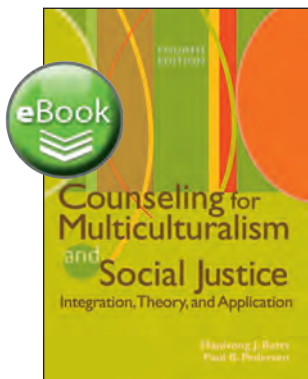
edited by Matt Englar-Carlson, Marcheta P. Evans, and Thelma Duffey

This book examines a variety of issues pertaining to men and presents evidence-based strategies for treatment. Part 1 focuses on treating men in couples counseling, group work, and career counseling, as well as counseling men about their health. Part 2 explores the intersections of identity for sexual minority men, older men, and fathers, and discusses spiritual work with men. Part 3 addresses the concerns of men in the military, prevention of sexual violence, and treating men with addictions and trauma-related issues. Part 4 provides the clinical frames of female

counselors using relational-cultural theory and motivational and masculine-sensitive therapy with men. Vignettes throughout the text provide clinical relevance, and reflective questions in encourage readers to explore their own biases and ideas about working with men.

2014 | 408 pgs | Order #78086 | ISBN 978-1-55620-320-6

List Price: \$64.95 | **ACA Member Price: \$45.95**



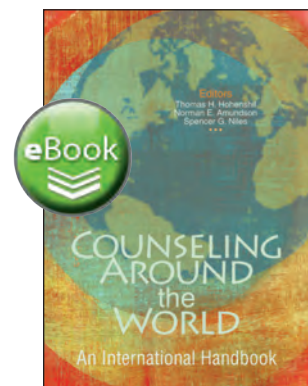
Counseling for Multiculturalism and Social Justice: Integration, Theory, and Application, Fourth Edition

Manivong J. Ratts and Paul B. Pedersen

In this fourth edition, Drs. Manivong Ratts and Paul Pedersen focus on applying multiculturalism and social justice in various clinical settings with diverse client populations. A new applications section contains chapters on working with African Americans; Asian and Pacific Islanders; Latin@s; multiracial individuals; Native Americans; lesbian, gay, bisexual, and questioning clients; transgender people; women; and socioeconomically disadvantaged clients. Clients experiencing religious and spiritual concerns are discussed as well.

2014 | 328 pgs | Order #78088 | ISBN 978-1-55620-248-3

List Price: \$74.95 | **ACA Member Price: \$52.95**



Counseling Around the World: An International Handbook

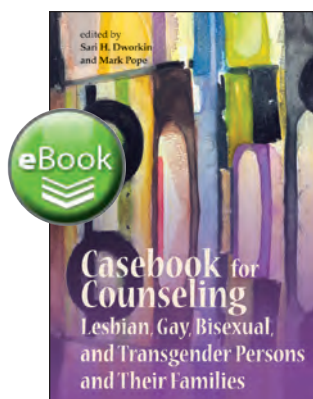
edited by Thomas H. Hohenshil, Norman E. Amundson, and Spencer G. Niles

In this book, native counselors and experts from 40 countries discuss the opportunities for growth and the challenges they face in their countries. Following an introductory section discussing global diversity themes and issues, chapters focus on key countries in Africa, Asia, Europe, the Middle East, North America, Oceania, and South and Central America. Each chapter covers the history and state of counseling in the country, theories and techniques that have been shown to work best in meeting the needs of the population, diversity issues specific to the region, counselor education and training, and possibilities for the future of counseling in the country.

A list of international resources and counseling organizations is also included.

2013 | 468 pgs | Order #78077 | ISBN 978-1-55620-316-9

List Price: \$59.95 | **ACA Member Price: \$44.95**



Casebook for Counseling Lesbian, Gay, Bisexual, and Transgender Persons and Their Families

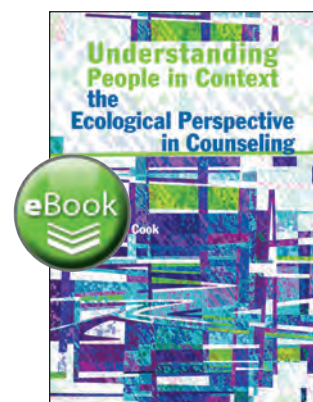
edited by Sari H. Dworkin and Mark Pope

This captivating book contains 31 case studies that examine contemporary issues facing the LGBTQQI community. The emphasis is on what is said and done in counseling sessions, including diagnosis; interventions, treatment goals, and outcomes; transference and countertransference issues; multicultural considerations; and recommendations for further counseling or training. The cases presented include coming out; counseling intersex, bisexual, and transsexual clients; couples, marriage, and family counseling; parenting; aging; working

with rural clients and African American, Native American, Latino/a, Asian, and multiracial individuals; sexual minority youth; HIV; sexual and drug addictions; binational couples; work and career; domestic violence; spirituality and religion; sexual issues; and women's health.

2012 | 396 pgs | Order #72917 | ISBN 978-1-55620-306-0

List Price: \$59.95 | **ACA Member Price: \$44.95**



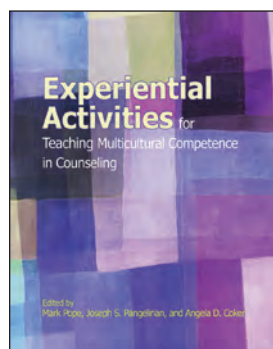
Understanding People in Context: The Ecological Perspective in Counseling

edited by Ellen P. Cook

This book emphasizes interventions that consider clients as individuals within the contexts of families, cultural groups, workplaces, and communities. Part I describes the research base and major tenets of the ecological perspective and its application to practice. In Part II, experts discuss its usefulness in work with diverse clients with specific life challenges; assessment, diagnosis, and treatment planning; and in schools, substance abuse programs, faith-based communities, and counselor training programs.

2012 | 336 pgs | Order #72918 | ISBN 978-1-55620-287-2

List Price: \$57.95 | **ACA Member Price: \$42.95**



Experiential Activities for Teaching Multicultural Competence in Counseling

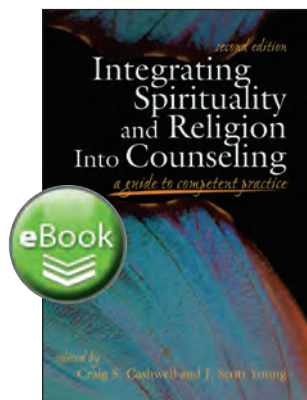
edited by Mark Pope, Joseph S. Pangelinan, and Angela D. Coker

This practical resource is for faculty teaching beginning and advanced multicultural counseling courses or other core classes who want to infuse issues of cultural diversity into the classroom. It contains 121 engaging and thought-provoking activities on a wide variety of topics. All exercises are tied to the core content areas of the CACREP Standards, making this a perfect tool for student training. A CD-ROM with activity handouts in a PDF

format accompanies the book for ease of distribution in the classroom.

2011 | 372 pgs | Order #72904 | ISBN 978-1-55620-284-1

List Price: \$64.95 | **ACA Member Price: \$44.95**



Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice, Second Edition

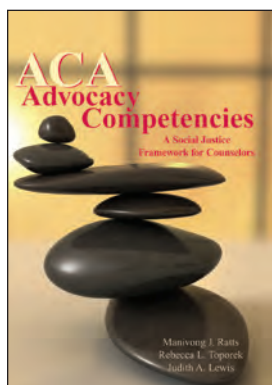
edited by Craig S. Cashwell and J. Scott Young

In this book, experts discuss how spiritual and religious issues can be successfully integrated into counseling in a manner that is respectful of client beliefs and practices. Through an examination of the ASERVIC Competencies for Addressing Spiritual and Religious Issues in Counseling and the use of evidence-based tools and techniques, this book provides guidance in working with clients presenting with these deeply sensitive and personal issues. Strategies for clinical application are offered throughout the book and new chapters on mindfulness, ritual, 12-step

spirituality, prayer, and feminine spirituality enhance application to practice.

2011 | 328 pgs | Order #72906 | ISBN 978-1-55620-310-7

List Price: \$67.95 | **ACA Member Price: \$54.95**



ACA Advocacy Competencies: A Social Justice Framework for Counselors

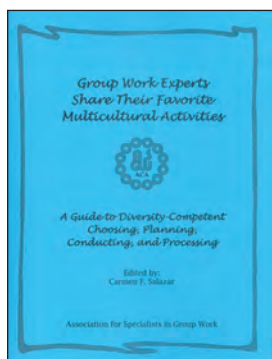
edited by Manivong J. Ratts, Rebecca L. Toporek, and Judith A. Lewis

Experts discuss how counselors, educators, and students can use the ideals in the ACA Advocacy Competencies with diverse client populations, across various counseling settings, and in multiple specialty areas. Examples in each chapter provide guidance as to when individual empowerment counseling is sufficient or when situations call for advocacy on behalf of clients or their communities. Thought provoking and engaging, this book is both a resource for teaching and course work and a call for all

counselors to participate in social justice and systems change.

2010 | 288 pgs | Order #72896 | ISBN 978-1-55620-293-3

List Price: \$69.95 | **ACA Member Price: \$49.95**



Group Work Experts Share Their Favorite Multicultural Activities: A Guide to Diversity-Competent Choosing, Planning, Conducting, and Processing

edited by Carmen F. Salazar

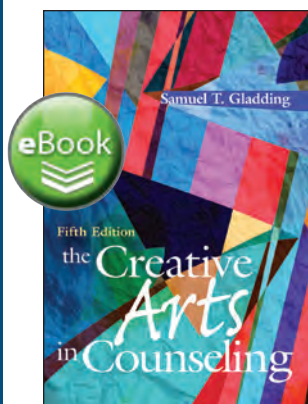
This book features contributions from experts in group work, multiculturalism, and social justice who are committed to diversity-competent group leadership. The result is a powerful synthesis of collective wisdom and useful exercises. Introductory chapters describe diversity-competent group work practice; types of diversity-related groups; and selecting, using, and processing

group exercises. The activities focus on race, ethnicity, culture, gender, socioeconomic status, sexual orientation, ability, age, and spirituality and are designed for use with children, teens, and adults. A special section on training group leaders features guidelines, tips, and advice.

Published by the Association for Specialists in Group Work

2009 | 270 pgs | Order #72891 | ISBN 978-1-55620-292-6

List Price: \$45.00 | **ACA Member Price: \$35.00**



The Creative Arts in Counseling, Fifth Edition

Samuel T. Gladding

"Illuminating, inspirational, and eloquently written, this book has it all! Not only is it remarkably comprehensive, it is rich in history and jam-packed with creative resources for professionals working with clients in diverse settings. Dr. Gladding is a widely respected leader whose focus on creativity has championed its role within the profession. Through this new edition, he provides us with yet one more professional treasure."

—**Thelma Duffey, PhD**

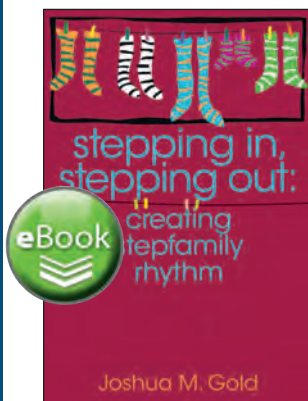
Founding President, Association for
Creativity in Counseling

Professor and Chair, University of Texas at San Antonio

This latest edition of *The Creative Arts in Counseling* is a powerful, evidence-based examination of how creative expression can be used in counseling with clients of various ages and backgrounds. It explores the clinical application of music, dance/movement, imagery, visual arts, writing/literature, drama, play and humor, and—new to this edition—animal-assisted therapy, therapeutic horticulture, and nature/wilderness experiences. The history, rationale, and theory behind each art form are discussed, in addition to its clinical benefits and uses in counseling settings. Each chapter contains a variety of practical exercises that clinicians, instructors, and students can incorporate into their work, as well as "creative reflections" for personal and professional self-evaluation. For ease of use, the final chapter summarizes the 126 exercises that appear throughout the text.

2016 | 368 pgs | Order #78122 | ISBN 978-1-55620-365-7

List Price: \$57.95 | **ACA Member Price: \$42.95**



Stepping In, Stepping Out: Creating Stepfamily Rhythm

Joshua M. Gold

"Joshua Gold has crafted a timely, highly readable, and clinically relevant work that will be of interest to both trainees and experienced clinicians. Each chapter is structured to confront and reauthor dominant social myths about stepfamilies and offer creative solutions. Gold continues to make lasting contributions to the field of marriage and family counseling."

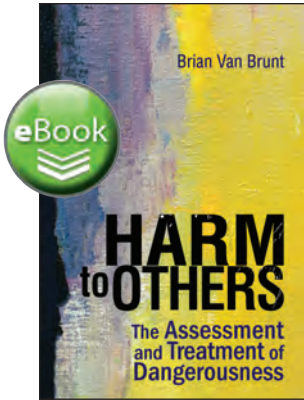
—**Stephen Southern, EdD**

Editor, *The Family Journal*

This much-needed resource offers insight into building and maintaining satisfying and successful stepfamily relationships. Joshua Gold emphasizes the principles and practices of narrative therapy as a means to address key concerns within the family system, reauthor dominant social myths surrounding stepfamily life, and create realistic treatment plans that are inclusive of all members of the family. Detailing the inherent strengths and challenges of the stepfamily experience, he provides an in-depth examination of the roles of each member in a blended family, including stepfathers and stepmothers, ex-spouses, grandparents, and children. This book is an excellent guide to thoughtful, practical, and empirically validated interventions for helping stepfamilies thrive.

2016 | 160 pgs | Order #78115 | ISBN 978-1-55620-331-2

List Price: \$49.95 | **ACA Member Price: \$32.95**



Harm to Others: The Assessment and Treatment of Dangerousness

Brian Van Brunt

"This wonderful book is a much-needed guide for all of us working in the field of risk assessment for violence. I have worked in this field for many years and I will have this book on my desk so I can refer to it every time I get that gut-wrenching call that begins, 'I am worried that this person could act out violently. What should I do?'" (This opinion is not the opinion of the FBI. It is solely the opinion of Dr. Mary Ellen O'Toole.)

—**Mary Ellen O'Toole, PhD**

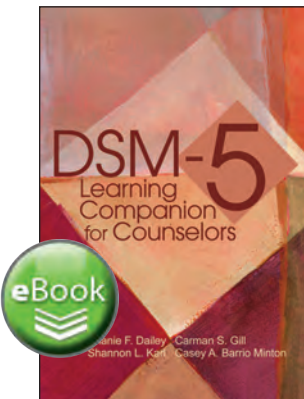
Author, Speaker, Senior FBI Profiler (ret.)
Forensic Behavior Consultant

Harm to Others offers students and clinicians an effective way to increase their knowledge of and training in violence risk and threat assessment while providing a comprehensive examination of current treatment approaches. Dr. Brian Van Brunt shares his observations, extensive clinical expertise, and the latest research on what clinicians should be aware of when performing risk and threat assessments. In addition, he offers numerous examples from mass shootings and rampage violence to help explain the motivations and risk factors of those who make threats. Two detailed case examples are presented to illustrate key concepts related to assessing dangerousness. Treatment options are then described, using a variety of diverse case studies to demonstrate concrete approaches for clients who have been identified as at risk for violence following a threat assessment.

FREE Podcast for ACA members at <https://aca.digitellinc.com/aca/sessions/1177/view>

2015 | 272 pgs | Order #78103 | ISBN 978-1-55620-342-8

List Price: \$54.95 | **ACA Member Price: \$39.95**



DSM-5 Learning Companion for Counselors

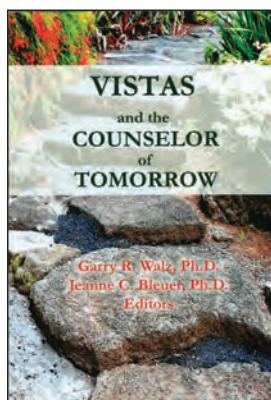
Stephanie F. Dailey, Carman S. Gill, Shannon L. Karl,
and Casey A. Barrio Minton

This helpful guide breaks down the concepts and terminology in the *DSM-5* and explains how this diagnostic tool translates to the clinical situations encountered most frequently by counselors. After describing the major structural, philosophical, and diagnostic changes in the *DSM-5*, the book is organized into four parts, which are grouped by diagnostic similarity and relevance to counselors. Each chapter outlines the key concepts of each disorder, including major diagnostic changes; essential features; special considerations; differential diagnosis; coding, recording, and specifiers; and, where applicable, new or revised criteria. Clinical vignettes help both clinicians and students visualize and understand *DSM-5* disorders. Author notes throughout the text assist readers in further understanding and applying new material.

Online Course available at <https://aca.digitellinc.com/aca/sessions/1144/view>

2014 | 360 pgs | Order #78087 | ISBN 978-1-55620-341-1

List Price: \$68.95 | **ACA Member Price: \$48.95**



VISTAS and the Counselor of Tomorrow

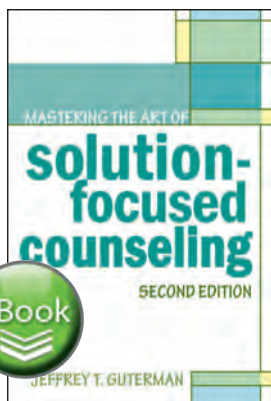
edited by Garry R. Walz and Jeanne C. Bleuer

This special edition of VISTAS celebrates the 10-year history of the online database, which now contains more than 700 articles by seasoned and aspiring scholars and practitioners. The database, accessible to ACA members in the Knowledge Center on the ACA website, presents articles on the latest research and techniques in the profession and represents many of the best ideas and practices of ACA members. This print collection is composed of the final articles accepted under VISTAS creators, Garry Walz and Jeanne Bleuer on the past and future of the profession.

Published by Counseling Outfitters, LLC

2014 | 45 pgs | Order #78113 | ISBN 978-0-9795668-5-1

List Price and ACA Member Price: \$10.00



Mastering the Art of Solution-Focused Counseling Second Edition

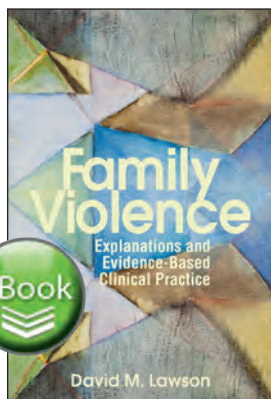
Jeffrey T. Guterman

Dr. Jeffrey Guterman provides a comprehensive discussion of solution-focused theory and describes how the model can be used throughout the therapeutic process. Detailed case studies illustrate counseling with clients experiencing depression, substance abuse, grief, morbid jealousy, and trichotillomania. New chapters and sections in this edition address anxiety, eating disorders, migraines, psychosis, spiritual and religious concerns, self-injurious behavior, and suicide. Text features include dialogue from actual counseling sessions, sample forms and supplementary materials, and troubleshooting tips for getting unstuck in difficult cases.

FREE Podcast for ACA members at <https://aca.digitellinc.com/aca/sessions/1107/view>

2013 | 336 pgs | Order #78081 | ISBN 978-1-55620-332-9

List Price: \$58.95 | **ACA Member Price: \$44.95**



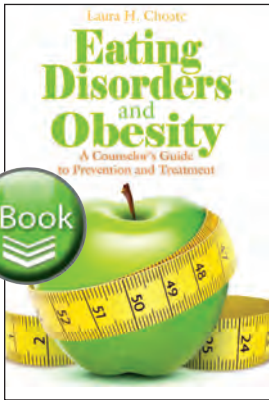
Family Violence: Explanations and Evidence-Based Clinical Practice

David M. Lawson

Students, educators, and clinicians will benefit from this thought-provoking look at family violence, its effects, and treatment options. This book examines current issues and controversies in the field, provides background information on each type of family violence, and offers strategies for combating domestic abuse. Dr. David Lawson covers topics such as the abuse of women and children, female-on-male intimacy violence, parent and elder abuse, same-sex violence, and dating violence and stalking.

2013 | 360 pgs | Order #78075 | ISBN 978-1-55620-317-6

List Price: \$59.95 | **ACA Member Price: \$44.95**



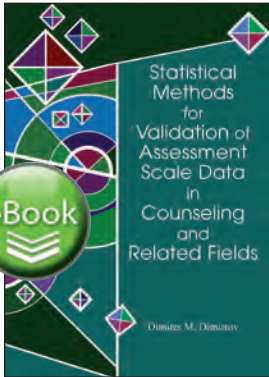
Eating Disorders and Obesity: A Counselor's Guide to Prevention and Treatment

edited by Laura H. Choate

Focusing on best practices and offering a range of techniques, leaders in the field examine these life-threatening disorders and propose wellness-based approaches for clients of all ages. Parts I and II address the development of eating disorders, gender differences, the unique concerns of clients of color, ethical and legal issues, and assessment and diagnosis. Part III explores treatment with high risk groups in school, university, and community settings. The final section presents evidence-based treatment interventions.

2013 | 496 pgs | Order #78076 | ISBN 978-1-55620-319-0

List Price: \$59.95 | **ACA Member Price: \$44.95**



Statistical Methods for Validation of Assessment Scale Data in Counseling and Related Fields

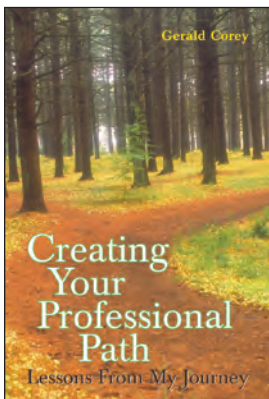
Dimitar M. Dimitrov

This instructive book offers students, researchers, and clinicians step-by-step guidance on contemporary methodological principles, statistical methods, and psychometric procedures that are useful in the development or validation of assessment scale data. In Part I, measurement scales, reliability, and the unified construct-based model of validity are discussed, along with key steps in instrument development. Part II describes factor analyses in construct validation, including exploratory factor analysis,

confirmatory factor analysis, and models of multitrait-multimethod data analysis. Traditional and Rasch-based analyses of binary and rating scales are examined in Part III. Numerous examples, tables, and figures provided throughout the text illustrate the underlying principles of measurement in a clear and concise manner for practical application.

2012 | 272 pgs | Order #72914 | ISBN 978-1-55620-295-7

List Price: \$78.95 | **ACA Member Price: \$56.95**



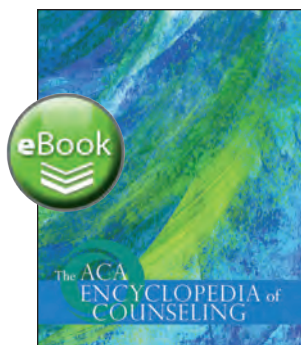
Creating Your Professional Path: Lessons From My Journey

Gerald Corey

In this engaging book, Dr. Gerald Corey writes about personal and professional experiences throughout his 50+ year career. He shares recommendations and lessons he has learned, as well as turning points in his journey, how he developed his approach to counseling and group work, the counselor as a person and professional, the benefits of mentoring, becoming an ethical counselor, choosing a career path, professional writing, and self-care.

2010 | 232 pgs | Order #72899 | ISBN 978-1-55620-309-1

List Price: \$24.95 | **ACA Member Price: \$19.95**



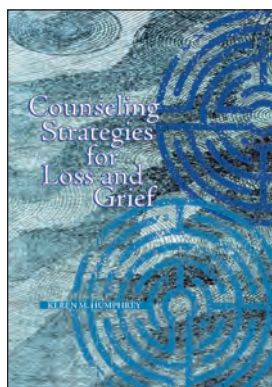
The ACA Encyclopedia of Counseling

This counseling reference book is ideal for students, educators, supervisors, researchers, and practitioners seeking to quickly update or refresh their knowledge of the most important topics in counseling. More than 400 entries span the CACREP core areas used in counselor preparation, continuing education, and accreditation of counseling degree programs, making this a perfect text for introductory counseling classes or for use as a study guide when preparing for the National Counselor Exam.

This encyclopedia goes beyond simply defining counseling concepts by making the material come alive through instructive examples that connect readers to practice, teaching, supervision, and research; and through its helpful cross-referencing of entries, boldfaced important terminology, and suggested resources for further study.

2009 | 672 pgs hardback | Order #72879 | ISBN 978-1-55620-288-9

List Price: \$110.95 | **ACA Member Price: \$79.95**



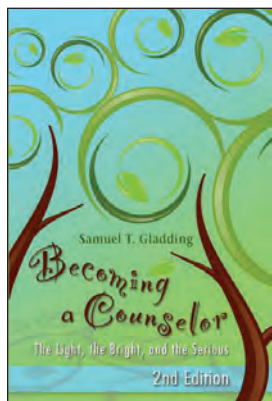
Counseling Strategies for Loss and Grief

Keren M. Humphrey

This book describes effective counseling strategies for loss and grief issues commonly presented in individual, family, and group psychotherapy. In Part 1, Dr. Keren Humphrey discusses death- and non-death-related loss and grief experiences and describes intervention based on two grief models. Part 2 contains therapeutic strategies, along with suggestions for implementation and customization to client uniqueness. Individual chapters focus on cognitive behavior and constructivist strategies, emotion-focused strategies, narrative therapy, solution-focused therapy, and adjunctive activities.

2009 | 260 pgs | Order #72887 | ISBN 978-1-55620-246-9

List Price: \$65.95 | **ACA Member Price: \$49.95**



Becoming a Counselor: The Light, the Bright, and the Serious, Second Edition

Samuel T. Gladding

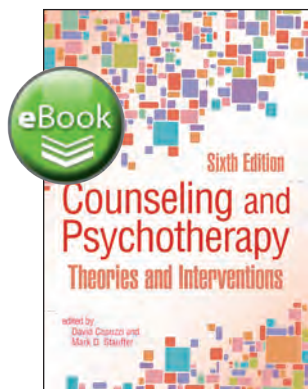
Through the use of autobiographical vignettes, Dr. Samuel Gladding shares his experiences as one of the most beloved and respected leaders in the field. Topics addressed include personal growth; finding what works and learning from failure; basic skills and counseling processes; creativity in counseling; multicultural and spiritual considerations; the influences of colleagues, friends, and family; working with groups and families; professional development; leadership; and termination. Each section of the book contains "Points to Ponder" to facilitate classroom discussion

and personal reflection.

Published by the American Counseling Association Foundation

2009 | 336 pgs | Order #72886 | ISBN 978-1-55620-281-0

List Price: \$39.95 | **ACA Member Price: \$29.95**



Counseling and Psychotherapy: Theories and Interventions, Sixth Edition

edited by David Capuzzi and Mark D. Stauffer

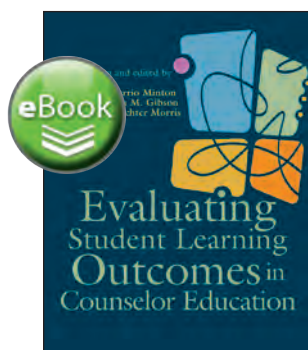
“This excellent and clearly written text has many impressive features, including comprehensive theoretical coverage, a strong multicultural focus, and sidebars to prompt students to pause and reflect on their learning. But my favorite component is the authors’ weaving of a diverse case study into every chapter. This book will help students articulate and apply theoretical concepts into their counseling work.”

—**John Sommers-Flanagan, PhD**
University of Montana

Featuring important theories and trends not covered in other foundational texts, this book is designed to equip the next generation of counselors with the tools they need for understanding the core dimensions of the helping relationship. Topical experts provide contemporary information and insight on the following theories: psychoanalytic, Jungian, Adlerian, existential, person-centered, Gestalt, cognitive behavior, dialectical behavior, rational emotive behavior, reality therapy/choice theory, family, feminist, transpersonal, and—new to this edition—solution-focused and narrative therapies, as well as creative approaches to counseling. Each theory is discussed from the perspective of historical background, human nature, major constructs, applications, the change process, traditional and brief intervention strategies, cross-cultural considerations, and limitations. The use of a consistent case study across chapters reinforces the differences between theories. *A complimentary test manual and PowerPoint slides for instructors’ use are available by request to ACA.*

2016 | 520 pgs | Order #78118 | ISBN 978-1-55620-354-1

List Price: \$82.95 | **ACA Member Price: \$58.95**



Evaluating Student Learning Outcomes in Counselor Education

written and edited by Casey A. Barrio Minton,
Donna M. Gibson, and Carrie A. Wachter Morris

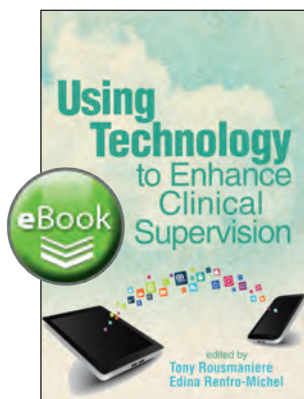
“They did it! Finally, an easy-to-use, application-oriented, how-to manual for conceptualizing, constructing, assessing, and evaluating student learning outcomes. This is a must-read book for every counselor educator!”

—**Bradley T. Erford, PhD**
Loyola University Maryland

This timely text provides step-by-step guidance for developing comprehensive Student Learning Outcome (SLO) evaluation plans to meet accountability expectations. The first and second parts of the book lay the foundation for the SLO process and provide guidance for identifying and developing direct and indirect measures of student learning. Part III offers strategies for creating measures; collecting, managing, and reporting student data; and using data to ensure competence. In Part IV, counselor educators across the country offer hands-on application through a variety of SLO activities and rubrics linked to the curricular and specialty areas of the 2016 CACREP Standards.

2016 | 336 pgs | Order #78120 | ISBN 978-1-55620-337-4

List Price: \$64.95 | **ACA Member Price: \$45.95**



Using Technology to Enhance Clinical Supervision

edited by Tony Rousmaniere and Edina Renfro-Michel

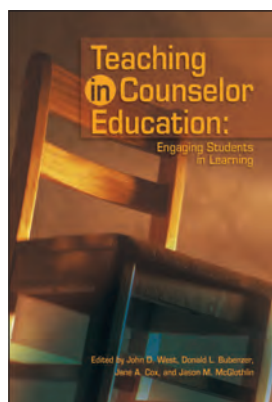
“This excellent team of content experts address not only a range of technologies and their uses, but also the legal and ethical considerations to which supervisors should attend. It is essential that supervisors be technologically competent, and this volume will be invaluable in helping to ensure that competence.”

—Rodney K. Goodyear, PhD
University of Redlands

Written by supervisors, for supervisors, this comprehensive research and practice-based guide examines the supervision technology that is currently available and explains how and when to use it to improve the breadth and depth of services offered to supervisees and clients. Part I provides a review of the technological, legal, ethical, cultural, accessibility, and security competencies that are the foundation for effectively integrating technology into clinical supervision. Part II presents applications of the most prominent and innovative uses of technology across the major domains in counseling, along with best practices for delivery. Each chapter in this section contains a literature review, concrete examples for use, case examples, and lessons learned.

2016 | 336 pgs | Order #78117 | ISBN 978-1-55620-348-0

List Price: \$65.95 | **ACA Member Price: \$48.95**



Teaching in Counselor Education: Engaging Students in Learning

edited by John D. West, Donald L. Bubenzer, Jane A. Cox, and Jason M. McGlothlin

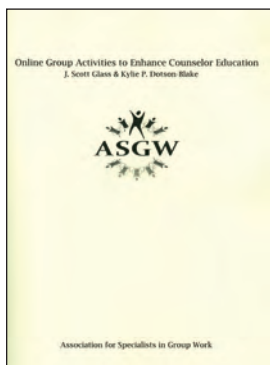
This book is intended for future and experienced counselor educators who want to learn more about the active engagement of students in the teaching and learning process. It contains chapters introducing various practices in teaching and provides ways to implement them. These practices include developing student–teacher relationships, building anticipation and readiness, employing technology, incorporating learning activities, making use of the seminar, implementing distance learning, using

evaluations in teaching, and more. The book speaks to the complexities of teaching while also highlighting possibilities and the fulfillment that comes from engaging students in learning. It is intended to guide readers’ efforts to appraise their teaching, construct or reshape their own philosophy of teaching, and challenge growth beyond how they have typically taught in the past. *Sponsored by the Association for Counselor Education and Supervision.*

Published by Sage

2013 | 208 pgs | Order #78078 | ISBN 978-1-55620-329-9

List Price: \$38.95 | **ACA Member Price: \$34.95**



Online Group Activities to Enhance Counselor Education

edited by J. Scott Glass and Kylie P. Dotson-Blake

This book contains 25 activities for counselor educators and group counselors working with groups in an online environment. Introductory chapters explain the use of online group work in counselor education, the development of cohesion in virtual learning settings, and the use of processing and group dynamics. The activities are appropriate for classes focusing on diversity, group counseling, legal and ethical issues, assessment and research methods, human development, helping relationships, and clinical experiences. Each activity includes detailed directions,

goals and learning objectives, suggested courses for use, estimated time length, technology requirements, processing questions, and potential issues and concerns.

Published by the Association for Specialists in Group Work

2013 | 204 pgs | Order #78080 | ISBN 978-1-55620-338-1

List Price: \$50.00 | **ACA Member Price: \$40.00**



Clinical Supervision in the Helping Professions: A Practical Guide, Second Edition

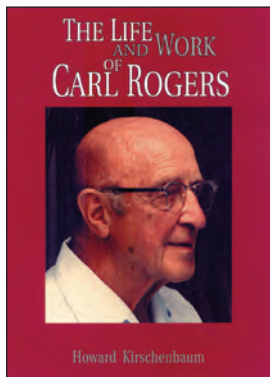
Gerald Corey, Robert Haynes, Patrice Moulton, and Michelle Muratori

This book emphasizes the skills necessary for effective supervision. Topics covered include the roles and responsibilities of supervisors, the supervisory relationship, models of supervision, becoming a multiculturally competent supervisor, ethical and legal issues, managing crisis situations, and evaluation. User-friendly tips, case examples, sample forms, questions for reflection, and group activities are included, as are contributing supervisors' "Voices From the Field" and the authors' "Personal Perspectives."

FREE Podcast for ACA members at <https://aca.digitellinc.com/aca/sessions/1006/view>

2010 | 312 pgs | Order #72898 | ISBN 978-1-55620-303-9

List Price: \$69.95 | **ACA Member Price: \$49.95**



The Life and Work of Carl Rogers

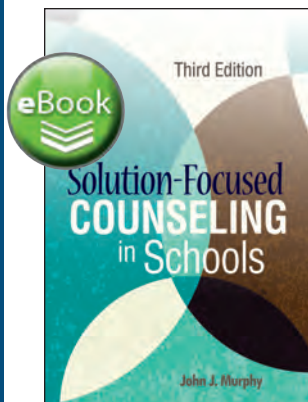
Howard Kirschenbaum

This authoritative biography of Carl Rogers provides a new generation of mental health professionals with a detailed look at Rogers' enormous influence on counseling and psychotherapy. It contains insightful excerpts from interviews the author conducted with Rogers' relatives and colleagues, new revelations about Rogers' life and work, and 16 pages of photographs. In addition, this book incorporates information found only in private documents released after Rogers' death including his personal relationships and his dealings with the CIA.

Online Course available at <https://aca.digitellinc.com/aca/sessions/939/view>

2009 | 752 pgs | Order #72882 | ISBN 978-1-55620-291-9

List Price: \$69.95 | **ACA Member Price: \$49.95**



Solution-Focused Counseling in Schools Third Edition

John J. Murphy

“This book does a wonderful job of translating the philosophy and principles of solution-focused counseling into practical terms that school counselors can use. Dr. Murphy draws from his extensive background in writing a book that is personal, academically sound, and interesting. I highly recommend this new edition to all mental health professionals.”

—Gerald Corey, EdD, ABPP

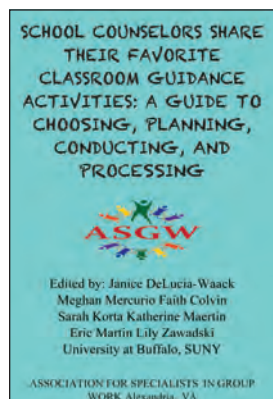
Professor Emeritus of Human Services and Counseling
California State University, Fullerton

The third edition of this widely adopted text covers both the philosophical foundations and nuts-and-bolts essentials of using solution-focused counseling to help preschool–12 students resolve problems. This edition includes new chapters and information on the restrictive influence of problems on people’s thinking, strategies for positive relationship building, collecting client feedback to monitor and improve counseling services, and co-constructing solvable problems and reachable goals. Real-life case examples, sample dialog from counseling sessions, discussion and practice exercises at the end of each chapter, troubleshooting tips, and new and expanded appendixes enhance classroom and clinical utility. *A complimentary test manual and PowerPoint slides for instructors’ use are available by request to ACA.*

Online Course available at <https://aca.digitellinc.com/aca/sessions/1201/view>

2015 | 360 pgs | Order #78105 | ISBN 978-1-55620-324-4

List Price: \$58.95 | **ACA Member Price: \$46.95**



School Counselors Share Their Favorite Classroom Guidance Activities: A Guide to Choosing, Planning, Conducting, and Processing

edited by Janice DeLucia-Waack, Meghan Mercurio, Faith Colvin, Sarah Korta, Katherine Maertin, Eric Martin, and Lily Zawadzki

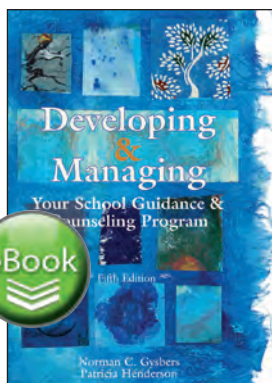
In this book, practicing school counselors provide more than 60 classroom guidance activities presented across the three major areas in ASCA’s National Standards for Students: Academic Skills, Personal/Social Skills, and Career Development/College Preparation. Activities are designed to integrate the ASCA Model, Response to

Intervention (RTI), and the Social–Emotional Learning Standards, as well as to lay the groundwork for more intensive interventions, such as small group and individual interventions. Each activity clearly describes goals, materials needed, time estimates, directions, and processing questions and includes adaptation ideas and potential concerns. Introductory chapters, written by national experts including Rebecca Schumacher and Carolyn Stone, highlight the importance of working with teachers and the legal and ethical issues relevant to classroom guidance. Subsequent chapters focus on integrating classroom guidance with RTI, character education, and anti-bullying efforts.

Published by the Association for Specialists in Group Work

2014 | 175 pgs | Order #78095 | ISBN 978-1-55620-344-2

List Price: \$50.00 | **ACA Member Price: \$40.00**



Developing & Managing Your School Guidance & Counseling Program, Fifth Edition

Norman C. Gysbers and Patricia Henderson

Written for counselor educators and their students, school leaders and counselors, and state or district supervisors, this bestseller details Gysbers and Henderson's acclaimed five-phase model for planning, designing, implementing, evaluating, and enhancing pre-K–12 counseling programs. This edition has expanded coverage of diversity and the range of issues that students present, counselor accountability, and the roles and responsibilities of district- and building-level leaders. An array of sample forms, job descriptions, evaluation surveys, letters, and procedures used by various states and school districts illustrate each step of program development. Each chapter contains a feature called “Your Progress Check,” which is a tracking tool for growth at every stage of the change process.

2012 | 548 pgs | Order #72915 | ISBN 978-1-55620-312-1

List Price: \$78.95 | **ACA Member Price: \$56.95**



Cyberbullying: What Counselors Need to Know

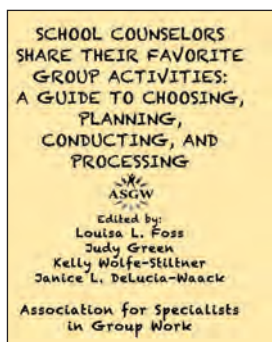
Sheri Bauman

Cyberbullying addresses the real-life dangers students face on the Internet, including offensive, confrontational, and harassing messages; the disclosure of inappropriate personal information; intimidation; social exclusion; and cyberstalking. Dr. Sheri Bauman provides tips to identify and follow cyberfootprints, proactive responses to cyberbullying, nonpunitive strategies for responding to cyberbullying, and useful information on popular websites.

Online Course available at <https://aca.digitellinc.com/aca/sessions/963/view>

2011 | 224 pgs | Order #72900 | ISBN 978-1-55620-294-0

List Price: \$42.95 | **ACA Member Price: \$33.95**



School Counselors Share Their Favorite Group Activities: A Guide to Choosing, Planning, Conducting, and Processing

edited by Louisa L. Foss, Judy Green, Kelly Wolfe-Stiltner, and Janice L. DeLucia-Waack

In this versatile book, school counselors share 67 group activities for working with children and adolescents. For ease of use, activities are arranged by age as well as by stage. Introductory chapters highlight selection, use, and processing of activities, as well as ethical issues inherent in working with students. Each activity contains specific directions, goals, materials, and ideas for adaptation. Suggestions for creating a supportive environment for groups are also included.

Published by the Association for Specialists in Group Work

2008 | 232 pgs | Order #72885 | ISBN 978-1-55620-290-2

List price: \$45.00 | **ACA Member Price: \$35.00**



Partners in Play: An Adlerian Approach to Play Therapy, Third Edition

Terry Kottman and Kristin Meany-Walen

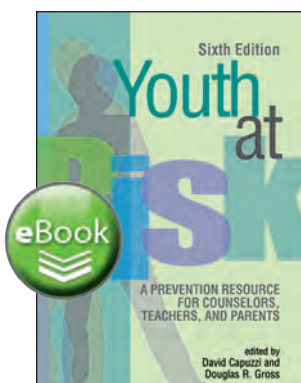
“This is a wonderful new edition. A case study woven throughout the book follows a child and caretakers through the various stages of thoughtful and thorough treatment planning. Most enjoyably, reading this book is like being in the room with the authors. Their personalities leap off the page in so many pleasant and playful ways. This is a must-have book for play therapists, regardless of approach.”

—Linda E. Homeyer, PhD
Texas State University

Play therapy expert Terry Kottman and her colleague Kristin Meany-Walen provide clinicians, school counselors, and students with a comprehensive update to this spirited and fun text for using Adlerian strategies with children to foster positive growth and effective communication with their parents and teachers. Following an introduction to the basics of the approach and the concepts of Individual Psychology, the stages of Adlerian play therapy are outlined through step-by-step instructions, detailed treatment plans, an ongoing case study, and numerous vignettes. In addition to presenting current information on trends in play therapy, this edition emphasizes evidence-based treatment and includes a new chapter on conducting research in play therapy. Appendixes contain useful worksheets, checklists, and resources that can be easily integrated into practice. Additional resources related to this book can be found in the ACA Online Bookstore at counseling.org/publications/bookstore and on Terry Kottman's website encouragementzone.com

2016 | 424 pgs | Order #78116 | ISBN 978-1-55620-352-7

List Price: \$58.95 | **ACA Member Price: \$42.95**



Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents, Sixth Edition

edited by David Capuzzi and Douglas R. Gross

In this best-selling text, distinguished counselors David Capuzzi and Douglas Gross, along with 24 experts in the field provide a prevention-intervention paradigm to address contemporary issues facing today's youth. Part 1 presents information on at-risk population identification, causal factors of problematic behaviors, and promotion of resiliency in youth. Part 2 examines the development of at-risk behaviors relating to dysfunctional family

dynamics, low self-esteem, depression, mood disorders, and stress and trauma. Part 3 explores the behaviors most often identified as placing youth at risk, such as eating disorders, suicidal preoccupation, teen sexuality, gang membership, school violence, substance abuse, homelessness, school dropout, and bullying, as well as the unique strengths of and stressors faced by multiracial and LGBTQ youth. Case studies illustrate prevention efforts from individual, family, school, and community perspectives, and text sidebars create greater reader self-awareness and enhance the understanding of the concepts, skills, and applications of the chapter material. *A complimentary test manual and PowerPoint slides for instructors' use are available by request to ACA.*

2014 | 504 pgs | Order #78083 | ISBN 978-1-55620-330-5

List Price: \$78.95 | **ACA Member Price: \$56.95**



Play Therapy: Basics and Beyond, Second Edition

Terry Kottman

Written for use in play therapy and child counseling courses, this practical text provides a detailed examination of basic and advanced play therapy concepts and skills and guidance on when and how to use them. Terry Kottman's multitheoretical approach and wealth of explicit techniques are also helpful for clinicians who want to enhance therapeutic communication through the power of play.

After a discussion of the basic concepts and logistical aspects of play therapy, Kottman illustrates commonly used play therapy skills and more advanced skills. A chapter on working with parents and teachers is new to this edition. Practice exercises and

"Questions to Ponder" throughout the text facilitate skill-building and the self-examination process, and a final chapter on professional concerns addresses important issues facing mental health professionals who practice play therapy.

2011 | 364 pgs | Order #72905 | ISBN 978-1-55620-305-3

List Price: \$64.95 | **ACA Member Price: \$47.95**



Active Interventions for Kids and Teens: Adding Adventure and Fun to Counseling!

Jeffrey S. Ashby, Terry Kottman, and Don DeGraaf

This popular guide contains 50 action-oriented activities that can be used in groups with children and adolescents. The activities are designed to stimulate learning, promote social and emotional development, cultivate strategic skills, foster change, and encourage teamwork. For quick and easy use, each activity lists age range, game rules, goals and objectives, materials required, modification suggestions, and post-activity processing and discussion questions. Additionally, matrixes organize the activities by type, goals,

objectives, and grade levels to help group leaders find the right activity at the right time.

2008 | 240 pgs | Order #72875 | ISBN 978-1-55620-256-8

List Price: \$52.95 | **ACA Member Price: \$46.95**



Tough Kids, Cool Counseling: User-Friendly Approaches With Challenging Youth, Second Edition

John Sommers-Flanagan and Rita Sommers-Flanagan

This book offers practical strategies for overcoming resistance, fostering constructive therapeutic relationships, and creating opportunities for client change and growth. In this second edition, the authors offer a new chapter on resistance busters and present fresh ideas for establishing rapport, carrying out informal assessments, improving negative moods, modifying maladaptive behaviors, and educating parents. Suicide assessment, medication referrals, and therapy termination are also discussed.

Online Course available at <https://aca.digitellinc.com/aca/sessions/915/view>

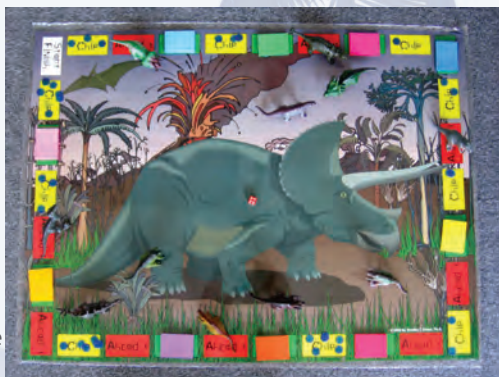
2007 | 260 pgs | Order #72850 | ISBN 978-1-55620-274-2

List Price: \$54.95 | **ACA Member Price: \$39.95**

Therapeutic Dinosaur Games

Sponsored by the American Counseling Association Foundation • Bradley T. Erford

Have you used therapeutic games that were mostly “game” and little “therapy” or used cards that only addressed an issue that brought the child to therapy every fifth or tenth turn? These games focus children and teens on the important issues that brought them to counseling—on each and every turn—thus maximizing the value of counseling time, enhancing learning and therapeutic change, and countering the criticism that play therapy is “all play” and “no therapy.” They will help children understand and cope with a wide range of life issues through play therapy. By purchasing different card sets, the same board can be used to create a variety of games.



Dinosaur Game Board (2-sided)

Two game boards in one! This colorful, double-sided, 30" by 40" dinosaur-themed game board is protected by a 3-millimeter laminate. The two sides present beautiful renditions of a plesiosaur and triceratops.

Note. *The Dinosaur Game Board must be purchased to use all of the therapeutic card sets and the dinosaur game pieces.*

Order #82013

List Price and ACA Member Price: \$29.99

Dinosaur Game Pieces

A set of six colorful, plastic dinosaur game pieces for use on the game board.

Order #82011

List Price and ACA Member Price: \$9.99

Perfectionism

Includes 14 card sets on the following topics: Homework, Projects, Quizzes, Tests, Grades, Individual Competition, Team Competition, Appearance in School, Appearance in the Community, Parent Relationships, Sibling Relationships, Teacher Relationships, Friendships, and Procrastination.

Order #82001

List Price and ACA Member Price: \$26.99

Self-Concept

Includes 4 card sets on the following topics: Appearance, Relationships, Academics and Competition, and Family Issues.

Order #82002

List Price and ACA Member Price: \$9.99

ADHD Game

Includes 7 card sets on the following topics: Coping With Distractibility and Inattention, Coping With Disorganization, Coping With Hyperactive-Impulsive Behavior, Adjusting to Interventions, Dealing With Academic Problems, Handling Social Situations, and Handling Important Relationships.

Order #82003

List Price and ACA Member Price: \$15.99

Solving Problems

Includes 4 card sets on the following topics: Intrapersonal Problems, Problems at School, Problems at Home, and Problems With Friends.

Order #82004

List Price and ACA Member Price: \$9.99

Studying Skillfully

Includes 6 card sets on the following topics: Habits, Listening, Organization, Following Directions, Homework, and Test Taking.

Order #82005

List Price and ACA Member Price: \$13.99

Social Skills

Includes 10 card sets on the following topics: Sharing, Cooperation, Apologizing, Following Directions, Listening, Compliments, Accepting Criticism, Conversations, Helping Others, and Accepting Others.

Order #82006

List Price and ACA Member Price: \$19.99

Good Grief

Includes 10 card sets on the following topics: Death, Long-Term Illnesses, Unexpected Loss, What Happens at Funerals, After the Loss, Loss of a Pet, Loss of a Grandparent, Loss of a Parent, Loss of a Sibling, and Loss of a Peer.

Order #82007

List Price and ACA Member Price: \$19.99

Understanding Anger

Includes 6 card sets on the following topics: Learning About Anger, Coping With Anger, Anger and Friends, Anger and the Family, Anger at School, and Anger and Sports.

Order #82008

List Price and ACA Member Price: \$13.99

Conflict Resolution

Includes 9 card sets on the following topics: The Nature of Conflict, Conflicts With Peers in the Community, Conflicts With Adults in the Community, Conflicts With Other Community Members, Conflicts Over TV, Conflicts With Peers at School, Conflicts With Adults at School, Other Conflicts at School, and Conflicts at Sporting Events.

Order #82009

List Price and ACA Member Price: \$17.99

Changing Families

Includes 10 card sets on the following topics: Family Life, Family Conflict, The Realities of Separation, Conflict Between Separated Parents, The Realities of Divorce, Coping With Divorce Issues, Parental Dating, Issues Arising When Parental Dating Gets Serious, Life in a Blended Family, and Life With Step-Parents and Step-Siblings.

Order #82010

List Price and ACA Member Price: \$19.99

Additional Therapeutic Games

by Bradley Erford!

Stressbuster Relaxation Exercise CD, Volume 1

This CD contains the following guided relaxation exercises: Releasing the Dam, Breaking Down the Walls, and Fireside Stretching, as well as guided visual imagery journeys to a Tropical Hideaway, The Meadow, and Springtime Breezes. Useful as centering, homework, and in-session relaxation exercises.

50 minutes | Order #82000

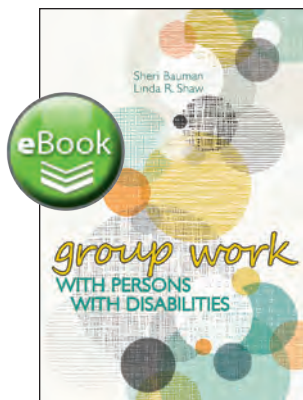
List Price and ACA Member Price: \$17.99

The Mutual Storytelling Technique Game CD

This CD allows clients to select background storyboards (e.g., home, school, neighborhood, outdoors) and superimpose characters from diverse cultural backgrounds, age groups, and occupations. A set of domestic and wild animals and dinosaurs serve as characters and the child tells a story using the characters and background. The counselor then analyzes the story and retells a story using similar aspects, but with more pro-therapeutic messages and resolutions, presenting clients with greater choices for handling thoughts, feelings, and behaviors in real-world situations. The storyboard can be printed and kept it as a running account of themes and progress. The MSTG CD uses a Windows-based operating platform.

Order #82014

List Price and ACA Member Price: \$29.99



Group Work With Persons With Disabilities

Sheri Bauman and Linda R. Shaw

“Through sound research and innovative practice, the authors provide both group work novices and experts with an exploration of how to more competently and intentionally serve individuals with disabilities—a group that has been overlooked for far too long. This strengths-based resource is a useful advocacy tool for clinicians and educators committed to fostering growth with this population.”

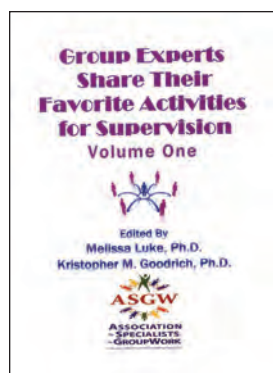
—Sam Steen, PhD

George Washington University

This one-of-a-kind manual provides direction for leading groups of people with disabilities or groups that have members with disabilities. Viewing disability as a single aspect of a multifaceted person, Drs. Sheri Bauman and Linda Shaw emphasize practical skill building and training for facilitating task, psychoeducational, counseling, family, and psychotherapy groups across various settings. Topics examined in Part I include common themes in groups that focus on disability; various group formats, including groups using technological platforms; issues of diversity that exist simultaneously with ability; group composition; ethical concerns; and training considerations and logistical accommodations. Part II focuses on group counseling with clients experiencing sensory, psychiatric, cognitive, and physical disabilities as well as chronic medical conditions. A list of resources, support information, and group exercises completes the book.

2016 | 264 pgs | Order #78123 | ISBN 978-1-55620-340-4

List Price: \$49.95 | **ACA Member Price: \$34.95**



Group Experts Share Their Favorite Activities for Supervision, Vol. 1

edited by Melissa Luke and Kristopher M. Goodrich

In this book, supervisors share more than 50 activities for the supervision of group work. Activities are organized across four sections: Facilitating Group Development and Process, Model-Based Interventions, Theory-Based Interventions, and Expressive/Creative Arts in Supervision. The group development activities are designed to assist supervisors in their ability to facilitate the group process, whereas the model- and theory-based activities will help supervisors ground their group work in familiar counseling and supervision frameworks. The activities in the Expressive/Creative Arts section contain action-based methods for use in the supervision of group work.

Published by the Association for Specialists in Group Work

2015 | 330 pgs | Order #78127 | ISBN 978-1-55620-362-6

List Price: \$55.00 | **ACA Member Price: \$40.00**



Group Experts Share Their Favorite Activities for Supervision, Vol. 2

edited by Melissa Luke and Kristopher M. Goodrich

Volume 2 of *Group Work Experts Share Their Favorite Activities for Supervision* is a follow-up to the first volume of this handy resource. This second volume contains more than 50 *additional* activities for the supervision of group work. Activities are organized into four sections: Multicultural and Social Justice Awareness, Supporting Process in Task and Psychoeducational Groups, Setting and Population Specific interventions, and Developing Skills and the Coleader Relationship in Group

Supervision of Group Leaders. The Multicultural and Social Justice Awareness activities identify and address the ways in which identity affects the group-as-a-whole experience, and also provide a model for supervisor competence. The activities in the Supporting Process in Task and Psychoeducational Groups section will help supervisors to more effectively develop and intentionally intervene in these types of groups. The Setting and Population Specific section offers activities for supervisors' use with unique types of groups across varied contexts, and the Development Skills and Coleader Relationship activities support both beginning and more advanced group counselors in their work.

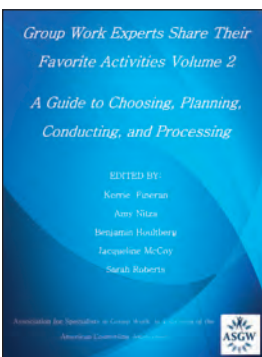
Published by the Association for Specialists in Group Work

2015 | 310 pgs | Order #78128 | ISBN 978-1-55620-363-3

List Price: \$55.00 | **ACA Member Price: \$40.00**

Group Experts Share Their Favorite Activities for Supervision Vols. 1 & 2 SET!

Order #78129 | List Price: \$100.00 | **ACA Member Price: \$70.00**



Group Work Experts Share Their Favorite Activities, Vol. 2: A Guide to Choosing, Planning, Conducting, and Processing

edited by Kerrie Fineran, Amy Nitza, Benjamin Houlberg, Jacqueline McCoy, and Sarah Roberts

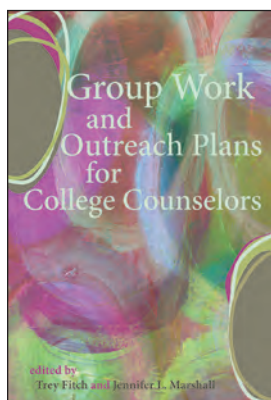
Volume 2 of ASGW's best-selling group activity book contains more than 50 new activities for practice. Group workers from around the world offer instructions for facilitating and processing group activities for work in clinical mental health settings, community agencies, student affairs, and counselor education.

Among the topics addressed are group work with adults, children, and adolescents; couples and families; LGBT populations; college students; people with addictions; counselors-in-training; and immigrants. Each activity includes the target population, rationale for conducting the group, materials needed, goals, directions for implementation, sample processing questions, potential adaptations of the exercise, and specific references or resources. Considerations for both beginning and advanced group workers are included.

Published by the Association for Specialists in Group Work

2014 | 175 pgs | Order #78093 | ISBN 978-1-55620-345-9

List Price: \$50.00 | **ACA Member Price: \$40.00**



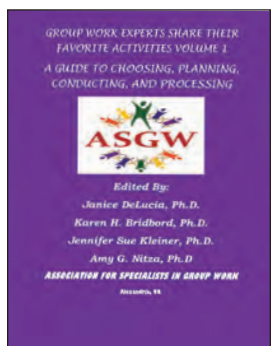
Group Work and Outreach Plans for College Counselors

edited by Trey Fitch and Jennifer L. Marshall

In this book, group work and college counseling leaders offer step-by-step instruction in the use and processing of group activities on test anxiety; stress management; ADHD; career development; substance abuse; eating disorders; and the concerns faced by LGBT students, first-generation students, ethnic minority populations, student athletes, and veterans. Each activity includes tips for successful implementation, as well as an overview of relevant theory and research on the topic. Handouts throughout the text enhance the book's usefulness in the classroom and with faculty and parents.

2011 | 312 pgs | Order #72911 | ISBN 978-1-55620-311-4

List Price: \$49.95 | **ACA Member Price: \$34.95**



Group Work Experts Share Their Favorite Activities, Vol. 1: A Guide to Choosing, Planning, Conducting, and Processing

edited by Janice DeLucia, Karen H. Bridbord, Jennifer Sue Kleiner, and Amy G. Nitza

This book presents 50+ creative group activities. Introductory chapters offer a guide to the effective use and processing of structured activities. The step-by-step descriptions of each activity include tips for successful implementation. A full range of types and stages of groups is covered.

Published by the Association for Specialists in Group Work

2006 | 190 pgs | Order #78070 | ISBN 978-1-55620-265-0

List Price: \$45.00 | **ACA Member Price: \$35.00**

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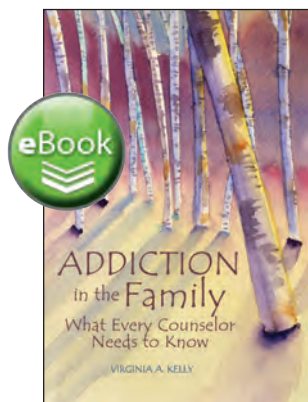
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Addiction in the Family: What Every Counselor Needs to Know

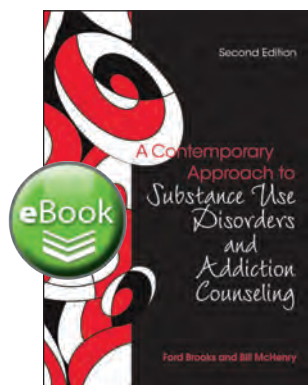
Virginia A. Kelly

This book identifies and addresses potential clinical issues for clients who have family members struggling with addiction, and offers concrete strategies for treatment. Viewing addiction as a family disease, Dr. Virginia Kelly explores the complex challenges faced by family members, examines the ways in which substance use disorders affect family dynamics, and discusses behaviors that help sustain recovery and create and maintain healthy relationships. A brief history of substance abuse

is provided, as are the primary models of addiction and family theory. Chapters on codependency and the emotional, relational, and behavioral consequences of living with a family member with a substance use disorder follow. The universality of substance abuse is then examined along with specific ethnic and cultural differences. Family support group treatment options complete the text. Case conceptualization exercises that contain reflections, implications for the counselor, and discussion questions for application of the material are interspersed throughout the book.

2016 | 208 pgs | Order #78112 | ISBN 978-1-55620-334-3

List Price: \$49.95 | **ACA Member Price: \$34.95**



A Contemporary Approach to Substance Use Disorders and Addiction Counseling Second Edition

Ford Brooks and Bill McHenry

"Brooks and McHenry have done an outstanding job with this second edition of their popular text, and students will appreciate their down-to-earth approach in explaining the complexities of substance addiction. For anyone who wants to learn about the multifaceted and intricate realm of substance abuse and its treatment, this book is for you."

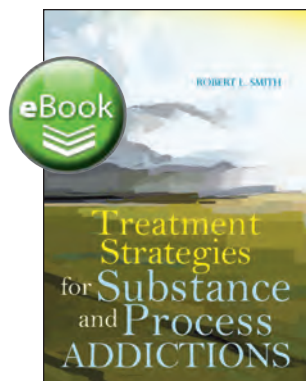
—**Todd F. Lewis, PhD**

Author, *Substance Abuse and Addictions Treatment*

This introduction to the field of addiction counseling covers the fundamental knowledge and skills necessary to counsel people who are struggling with addiction. Drs. Ford Brooks and Bill McHenry provide a straightforward, compassionate, and holistic approach to treatment and recovery, from the major theoretical underpinnings, to assessment and diagnosis, to relapse prevention and spirituality. With a focus on current clinical applications and how-tos, this book is ideal both for master's-level addictions courses and mental health clinicians. Topics addressed include cultural and gender issues; drug classifications and referral; assessment, diagnosis, and interview techniques; the continuum from nonuse to addiction; work in college/university, school, and community/ mental health agency settings; developmental approaches to treatment; the role of the family; grief and loss in addiction; group counseling; relapse and recovery; spirituality and support groups; addictions training, certification, and ethics; and the importance of counselor self-care. Exploration questions and suggested activities are presented in each chapter.

2015 | 344 pgs | Order #78108 | ISBN 978-1-55620-339-8

List Price: \$76.95 | **ACA Member Price: \$54.95**



Treatment Strategies for Substance and Process Addictions

Robert L. Smith

“Dr. Smith and his colleagues present realistic examples of the complete spectrum of substance and process addictions with integrated models of assessment, diagnosis, and treatment. This book should be mandatory reading for all counselors and therapists.”

—Jon Carlson, PsyD, EdD

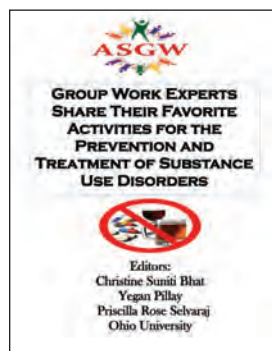
Distinguished Professor, Governors State University

This distinctive and timely text examines the most prevalent substance and process addictions and focuses on current research and evidence-based treatment strategies. Major substance addictions discussed include alcohol, tobacco, marijuana, methamphetamines, and prescription drugs. Complete chapters are also devoted to the most frequently cited process addictions, including pathological gambling, sex disorders, disordered eating, working, exercise, shopping, and Internet/gaming.

Each chapter contains a listing of student learning outcomes, a case study with reflective questions, techniques for assessment and diagnosis, inpatient and outpatient treatment approaches, and resources for further study. With its emphasis on treatment strategies, this text can be used by practitioners as well as by professors in the classroom in introductory courses in addictions or in subsequent courses that focus on treatment strategies.

2015 | 368 pgs | Order #78109 | ISBN 978-1-55620-353-4

List Price: \$68.95 | **ACA Member Price: \$48.95**



Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorders

edited by Christine Suniti Bhat, Yegan Pillay, and Priscilla Rose Selvaraj

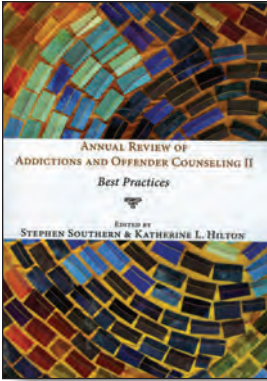
This practical resource presents more than 50 group activities to support and enhance therapeutic and psychoeducational interventions for substance use disorders. Introductory chapters written by well-known experts provide a foundational framework. Creative activities are presented for specific populations,

including veterans and youth, and for relapse prevention. Each activity contains specific directions, goals, materials, and suggestions for adaptation.

Published by the Association for Specialists in Group Work

2015 | 250 pgs | Order #78114 | ISBN 978-1-55620-356-5

List Price: \$50.00 | **ACA Member Price: \$40.00**



Annual Review of Addictions and Offender Counseling, II: Best Practices

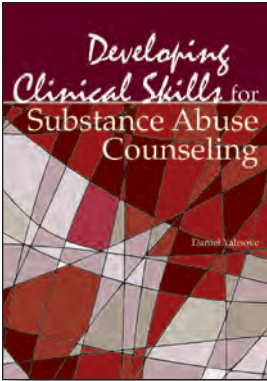
edited by Stephen Southern and Katherine L. Hilton

This second annual review discusses innovation, evaluation, and program development efforts in addictions and offender counseling. Experts in the field present peer-reviewed models and recommendations for ensuring best practices. Topics discussed include mind-body counseling techniques, training in counselor education, multiple relationships with clients, interventions with Latinas/os, providing forensic services in community mental health agencies, and more. *Sponsored by IAAOC.*

Published by Resource Publications

2015 | 204 pgs | Order #78121 | ISBN 978-1-4982-1713-2

List Price and ACA Member Price: \$23.95



Developing Clinical Skills for Substance Abuse Counseling

Daniel Yalisove

In Part I of this primer, Dr. Daniel Yalisove discusses the principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories, as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of these approaches in clinical situations using experiential exercises, role-plays, and case scenarios.

Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client populations follow, with a helpful chapter on creating client treatment plans and writing clinical reports rounding out the book. An Instructor's Guide is available in the ACA Online Bookstore at counseling.org/bookstore

2010 | 236 pgs | Order #72895 | ISBN 978-1-55620-307-7

List Price: \$49.95 | **ACA Member Price: \$35.95**

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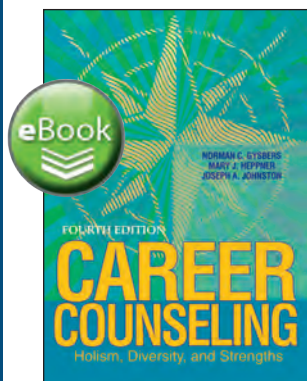


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Career Counseling: Holism, Diversity, and Strengths, Fourth Edition

Norman C. Gysbers, Mary J. Heppner,
and Joseph A. Johnston

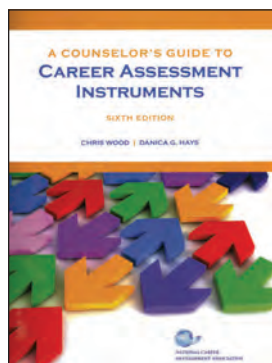
“Gysbers, Heppner, and Johnston continue their excellent contribution to the field with this edition. Their approach is highly useful for counselors helping diverse clients prepare for and manage the changing workplace and economy. I enthusiastically recommend this book as a must-have resource for counseling professionals, and as a textbook for graduate counseling programs!”

—Kenneth F. Hughey, PhD
Kansas State University

The latest edition of this bestseller will help both counselors-in-training and experienced clinicians update and expand their existing knowledge and skills in career counseling with clients of all ages and circumstances. Significant attention is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and transgender individuals; clients from diverse socioeconomic backgrounds; and people with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with the client, effective use of assessment inventories and instruments, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to the counseling process. A new chapter titled “Using Social Media in Career Counseling” rounds out this exceptional book.

2014 | 344 pgs | Order #78085 | ISBN 978-1-55620-333-6

List Price: \$82.95 | **ACA Member Price: \$58.95**



A Counselor's Guide to Career Assessment Instruments, Sixth Edition

edited by Chris Wood and Danica G. Hays

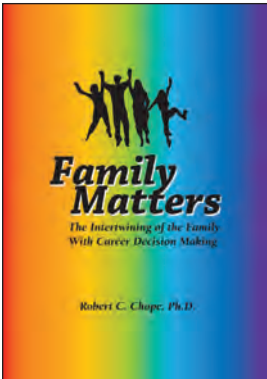
A Counselor's Guide to Career Assessment Instruments is a one-of-a-kind, exemplary resource for counselors, career development facilitators, school counselors, and other career development professionals working in college career centers, agencies, and schools. It provides practical and comprehensive guidance on the effective selection and use of more than 300 career assessment instruments—both quantitative and qualitative.

This latest edition maintains the key features of previous editions with reviews of instruments and chapters by experts in the field. It has more than 70 reviews, which are divided into categories to facilitate selection of appropriate instruments. Chapters cover topics such as multicultural considerations in career assessment, selecting a career assessment, and career assessment standards and competencies for practitioners. The sixth edition concludes with a useful matrix that provides a means to search for instruments based on their purpose and the best population to use them with, as well as a listing of supplemental online resources, including instructor materials.

Published by the National Career Development Association

2013 | 568 pgs | Order #78130 | ISBN 978-1-885333-38-4

List Price: \$70.00 | **ACA Member Price: \$55.00**



Family Matters: The Intertwining of the Family With Career Decision Making, Second Edition

Robert C. Chope

This book presents Dr. Robert Chope's continuing research on how family of origin, family of creation, and "second family" issues significantly influence career decision-making. This book is replete with case examples and career stories drawn from Chope's 40+ years of career counseling practice. In addition, activities and exercises that emphasize key concepts and assist the reader in acquiring new insights and skills are provided. Of particular interest is the inclusion of a section on how continuing advances

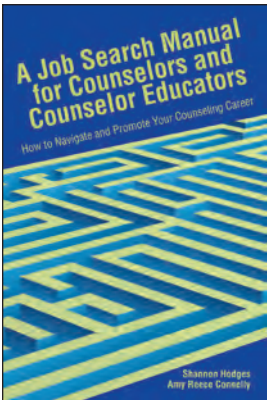
in social networking are affecting not only communication and interaction among family members and friends, but also career decision-making and the job search process.

Who Can Benefit From Reading This Book

- Counselors who want practical tools for helping clients better understand their families' influence on career decision-making
- Students who want to be prepared to work with clients in the real world of career decision-making and planning
- Parents who want to help their children with their career and education planning
- Readers who are interested in why they feel as they do about their jobs or why they chose a particular career path

Copublished by Counseling Outfitters, LLC and the American Counseling Association Foundation
2012 | 218 pgs | Order #78079 | ISBN 978-0-9795668-4-4

List Price and ACA Member Price: \$40.00



A Job Search Manual for Counselors and Counselor Educators: How to Navigate and Promote Your Counseling Career

Shannon Hodges and Amy Reece Connelly

"This book can be used by faculty mentors helping future counselor educators to navigate their first faculty job search or by students seeking their first position in the profession. Seasoned professionals will also find a wealth of information that can be used in planning for and landing their next position."

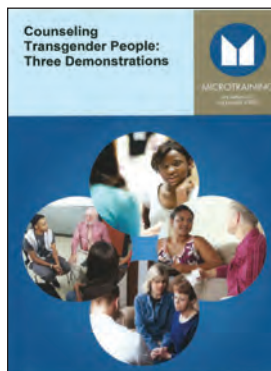
—Perry C. Francis, EdD
Eastern Michigan University

This career planning handbook is full of practical how-to tips for counselors looking for positions in counselor education, college and community college counseling, schools, and community agencies. Whether you are trying to land your first job, changing career paths, or launching your own private practice, this engaging book demystifies the process and highlights what you need to know and do to target and attain fulfilling work. Topics include tapping into the hidden job market, developing a résumé/vita, writing winning cover letters, using job search planning tools and techniques, enhancing networking skills, interviewing with search committees, handling rejection, and moving from one counseling setting or specialty to another.

2010 | 176 pgs | Order #72894 | ISBN 978-1-55620-297-1

List Price: \$24.95 | **ACA Member Price: \$19.95**

Multiculturalism & Diversity



Counseling Transgender People: Three Demonstrations

presented by Kevin Nadal

Few counselors report familiarity with transgender and gender nonconforming client needs. In order to become culturally competent in this area, it is important for counselors and clinicians to develop their knowledge and skills in working with these populations. In this video, Dr. Kevin Nadal uses diverse affirmative approaches in work with three clients:

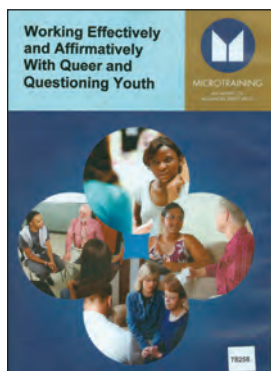
1. Jude, a Latino FTM (female-to-male) transgender man in his 30s who describes coming out to his supervisor and coworkers, and his experiences with microaggressions in the workplace.
2. Ray, a White gender nonconforming person who discusses difficulties finding acceptance at home. The session includes an examination of Ray's feelings about Ray's mother who is having difficulty in using Ray's chosen name and preferred gender pronoun, "they."
3. Morena, a Filipina MTF (male-to-female) transgender woman, who shares her experience with being able to "pass" and people's reactions to her transgender status as it relates to her career and to dating.

After each session, Dr. Nadal debriefs with the client to determine how they felt about the therapeutic experience and what parts of the session were effective and what could have been handled better.

Produced by Microtraining

2013 | 90 minutes | Order #78272

List Price and ACA Member Price: \$169.00



Working Effectively and Affirmatively With Queer and Questioning Youth

presented by Colleen R. Logan

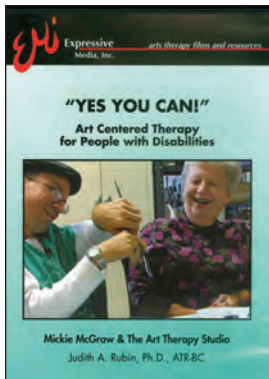
The life experiences of queer and questioning youth are not drastically different from those of other adolescents. However, one profound difference is that these youth experience their challenging developmental stages through the harsh lens of societal homophobia, where each stage and transition of adolescence is compounded by societal bigotry and discrimination. When considered along with multiple ethnic and racial

identities, navigating adolescence becomes, at best, extraordinarily complicated and, at worst, harrowing and potentially life threatening. In this DVD, Dr. Colleen Logan and her colleague Dr. Tiffany Rush-Wilson demonstrate through two role-plays how to effectively address myriad issues of adolescence while establishing client rapport and trust, affirming identities, emphasizing strengths and possibilities, and ameliorating pain and disenfranchisement.

Produced by Microtraining

2013 | 90 minutes | Order #78258

List Price and ACA Member Price: \$109.00



"Yes You Can!": Art-Centered Therapy for People With Disabilities

presented by Judith A. Rubin

"By creating art, a person symbolically recreates him or herself and begins to put the pieces back together."

—Mickie McGraw

The Art Therapy Studio

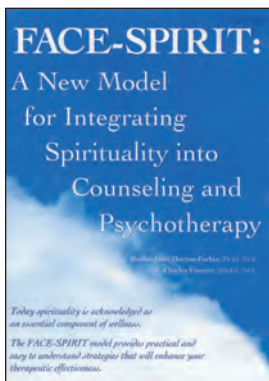
This film about courage, commitment, and creative coping tells the story of Mickie McGraw, who overcame polio and permanent disability to become an art therapy pioneer. Along with

Dr. George Streeter, a psychoanalyst and artist, she cofounded and ran The Art Therapy Studio, a one-of-a-kind, art-centered therapy program in a rehabilitation hospital. Still thriving after 50 years, it has become the model for other art therapy facilities around the world. This DVD tells the story of both of these individuals and of the unique program they developed. Using archival footage, interviews, and actual art therapy sessions, the film illustrates the structure and philosophy of The Art Therapy Studio, as well as the creative techniques developed there to help people with physical challenges find and restore their unique sense of self through making art. The model presented can serve as a blueprint and an inspiration for other art-based programs.

Produced by Expressive Media, Inc.

2012 | 40 minutes | Order #78257

List Price and ACA Member Price: \$74.95



FACE-SPIRIT: A New Model for Integrating Spirituality Into Counseling and Psychotherapy

presented by Radha Janis Horton-Parker and R. Charles Fawcett

Although spirituality is acknowledged as an essential component of wellness, it is often inadequately addressed in counseling and psychotherapy. This DVD will show you how to integrate spirituality into the therapeutic process and promote client change, using both implicit and explicit approaches.

Implicit strategies

- F** – Focusing on the present
- A** – Asking for guidance
- C** – Compassion cultivation
- E** – Existential empathy

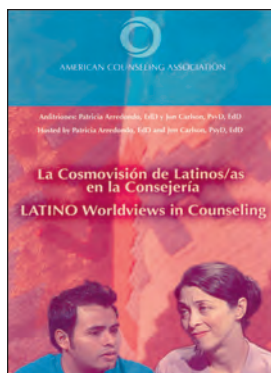
Explicit strategies

- S** – Simile
- P** – Prayer
- I** – Interpretation of sacred text
- R** – Rituals
- I** – Imagery
- T** – Transgression relief

Drawing from a multicultural perspective, the FACE-SPIRIT model provides practical and easy-to-understand strategies to enhance your effectiveness as a helping professional.

2007 | 90 minutes | Order #79818

List Price: \$119.95 | ACA Member Price \$79.95



La Cosmovisión de Latinos/as en la Consejería Latino Worldviews in Counseling

Anfitriones: Patricia Arredondo y Jon Carlson

Hosted by Patricia Arredondo and Jon Carlson

Los casos de David y Sonya se usan para demostrar situaciones que podrían ocurrir en familias de origen latino que viven en los Estados Unidos. Además, estos casos se pueden aplicar al entrenamiento de consejeros y consejeras en países de habla española. La doctora Virginia Quiñonez y el doctor Carlos Pozzi demostrarán y aplicarán principios que son esenciales para la práctica de la consejería. También, observará conductas que pueden ser significativas en diversas culturas latinas. Al final, podremos comprobar el valor de competencias culturales en el entrenamiento de consejeros y consejeras.

The cases of David and Sonya are used to demonstrate situations that may occur in families of Latino origin living in the United States. Further, these cases can be applied to the training of counselors in Spanish-speaking countries. Dr. Virginia Quiñonez and Dr. Carlos Pozzi demonstrate basic principles essential for the practice of counseling and apply them throughout the sessions. At the same time, you will observe behaviors that are relevant within the diversity of the Latino culture. Ultimately, you will have confirmation of the value of cultural competencies in counselor training.

In Spanish With English Subtitling

2006 | 100 minutes | Order #78101

List Price: \$99.95 | **ACA Member Price: \$79.95**

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Nonmember Student	\$405	\$450	\$495

Register at counseling.org/conference

Professional Development

Mediating Conflict in Intimate Relationships

presented by Gerald Monk and John Winslade

In this informative DVD, Dr. Gerald Monk and Dr. John Winslade show examples of the practice of conflict resolution from a narrative perspective and discuss the key principles of this practice. In sessions with clients, they focus on resolving conflict in intimate and family relationships.

Produced by Microtraining Associates
2013 | 73 minutes | Order #78269

List Price and ACA Member Price: \$109.00

Rooted Sorrows—Emotional Burden to Emotional Health: Veterans With PTSD

presented by Mitchell Young

In this compelling and heart-wrenching DVD, Dr. Mitchell Young, a licensed psychotherapist and combat veteran who has counseled Vietnam veterans for more than 15 years, discusses PTSD and the lasting effects of combat and severe trauma. Drawing from his own experiences in Vietnam as a member of the Marine Corps, he examines the emotional scars that occur after a traumatic event, night terrors, chronic isolation, and emotional numbness. He also discusses complex PTSD and secondary PTSD, the most common form of PTSD he has seen in Vietnam veterans and their families.

Produced by R-Squared Productions, LLC
2010 | 50 minutes | Order #78241

List Price and ACA Member Price: \$59.95

Breakthrough: Art, Analysis, & the Liberation of the Creative Spirit

This beautiful and inspiring film captures the intimate experience of eight artists of varying ages who have been in therapy. It demonstrates the growth and freedom made possible by facing the pain that both psychoanalysis and creativity can bring to awareness. The artists in *Breakthrough*—a

sculptor, a writer, a musician, three painters, and two visual artists—had found themselves held back in their lives and work because of traumatic events and unresolved emotional issues from the past. Through moving scenes that examine the artists' individual therapeutic issues and healing process, the DVD shows how the combination of therapy and creative work liberated them professionally, emotionally, and spiritually. *Sponsored by the Lucy Daniels Foundation.*

Produced by Expressive Media, Inc.
2011 | 50 minutes | Order #78242

List Price and ACA Member Price: \$59.95

Practical Strategies for Caring for Older Adults: An Adlerian Approach for Understanding and Assisting Aging Loved Ones

presented by Radha Janis Horton-Parker and R. Charles Fawcett

This DVD offers caregivers, counselors, and educators effective strategies to improve the lives of older people so that they remain respected, needed, and part of the larger social fabric. Horton-Parker and Fawcett discuss the characteristics of older adults, followed by typical situations encountered by caregivers. Engaging vignettes and presenter commentary illustrate the underlying needs and mistaken goals of attention seeking, power, revenge, and assumed inadequacy that often cause perplexing behavior in older people. The presenters' simple techniques create win-win situations between caregivers and aging loved ones that improve the quality of life.

2010 | 120 minutes | Order #78238
List Price: \$119.95 | **ACA Member Price \$99.95**

Stress Management: Understanding and Treatment

presented by Edna Brinkley

This DVD provides solution-oriented techniques and handouts to facilitate positive coping strategies and stress reduction. In four real-world vignettes, Dr. Edna Brinkley works with clients of multiethnic backgrounds

on their stress issues. She and her clients demonstrate and discuss

- How stress affects the body, especially chronic stress
- How to identify personal sources and symptoms of stress
- How to implement lifestyle strategies for stress reduction
- How to create a shared frame of reference about stress

These excellent demonstrations, coupled with subtitles that highlight major points, make this DVD a must for those in the helping professions. The easy-to-use format allows viewers to immediately practice what they have seen after each section of the presentation. A CD-ROM that contains transcripts, PowerPoint slides, and a Leader's Guide is included.

Produced by Microtraining

2008 | 90 minutes | Order #78216

List Price and ACA Member Price: \$149.00

Suicide Assessment and Prevention

presented by John S. Westefeld

Dr. John Westefeld presents on suicide prevention, suicidal risk assessment, conducting a suicide intervention, counseling with a suicidal person, and the major components of suicide postintervention in this DVD. In an instructive vignette, he works with a suicidal male client to assess his level of lethality and develop a no-harm contract. A Leader's Guide and handouts are included.

Produced by Microtraining

2008 | 60 minutes | Order #78217

List Price and ACA Member Price: \$169.00

Art Therapy Has Many Faces

presented by Judith Ann Rubin

Using footage from clinicians all over the world, serving many different clients in a wide variety of settings, this DVD demonstrates the healing power of art in coping with pain and trauma. *Art Therapy*

Has Many Faces shows the

- History and development of the profession

- Sources and uses of art therapy from cave paintings to coping with stress
- Applications of art therapy with clients of all ages and with a variety of problems
- Characteristics of art therapy (doing and reflecting with another)
- Art of art therapy (evoking expression, facilitating reflection)
- Multiple approaches to art therapy with individuals, families, and groups
- Growth of art therapy from clinics to communities
- Rapid results of art therapy

Produced by Expressive Media, Inc.

2005 | 50 minutes | Order #79810

List Price and ACA Member Price: \$59.95

School Counseling

Managing Conflict in Schools: A New Approach to Disciplinary Offense

presented by John Winslade

School counselors can play a useful facilitative role in addressing offenses at school without resorting to punishment. Restorative practices are about addressing the harm done to relationships by an offense, rather than framing the act as a challenge to school rules or authorities. In this DVD, Dr. John Winslade facilitates a restorative conference informed by narrative ideas. The demonstration involves two female students, former close friends, who engaged in cruel and threatening behavior through Facebook after a conflict arose over a boy. The situation brings together a community of care around an offense, including the offender, the victim, parents, teachers, school administrators, and friends, to resolve the conflict.

Produced by Microtraining Associates

2013 | 64 minutes | Order #78270

List Price and ACA Member Price: \$169.00

Working With Perpetrators and Targets of Cyberbullying

presented by Sheri Bauman

Sheri Bauman demonstrates counseling strategies that can be used with individuals

involved in cyberbullying in this DVD. Because this destructive and potentially life-threatening behavior arises in schools, workplaces, and other social contexts, counselors need prevention and intervention skills to work effectively with involved parties in a variety of circumstances. Dr. Bauman exhibits these important counseling competencies through role-plays with a student that illustrate the experiences of both a target and a perpetrator. For an expansion of the themes explored in this DVD, see Dr. Bauman's book *Cyberbullying: What Counselors Need to Know* on page 27 of this catalog.

Produced by Microtraining Associates
2013 | 90 minutes | Order #78259

List Price and ACA Member Price: \$109.00

Acute & Severe Behavior Problems

presented by Dave Scott

This DVD shows how to prevent and manage high-level incidents in the classroom with students ages 11–18. Dave Scott, a leading student behavior management trainer, consultant, and author in the UK, demonstrates that good behavior can be taught and that school personnel need to be well prepared in their response to any situation to maintain personal safety and avoid damage to property. With the scenarios presented, you will learn how to:

- Detect early warning signs of disruptive behavior
- Explore effective systems for getting help
- Protect yourself and students from physical and psychological attack
- Respond assertively
- Use a scripted response
- Remove a student from the classroom
- Create individual behavior plans
- Assess legal implications
- Record and report incidents
- Involve parents and other stakeholders

The tape concludes with a question-and-answer session. Handouts and key discussion points are included on the disc.

Produced by Loggerhead Films
2011 | 40 minutes | Order #78271

List Price and ACA Member Price: \$75.00

Quality Circle Time in the Secondary School

presented by Jenny Mosley

In this DVD, Jenny Mosley presents her Quality Circle Time model, which encompasses a whole-school approach to enhancing self-esteem and building positive relationships. She gives practical advice on how to run a circle time session and demonstrates her approach through exercises with students. After a brief introduction, she teaches the skills, crucial steps, and key ground rules essential to effective circle time. The group session is followed by a teacher question-and-answer session. The disc includes a PDF of Mosley's book *Important Issues Relating to the Promotion of Positive Behavior and Self-Esteem in the Schools*, as well as lesson plans and discussion points.

Produced by Loggerhead Films
2010 | 60 minutes | Order #78240

List Price and ACA Member Price: \$129.00

Bullying in Schools: Six Methods of Intervention

presented by Ken Rigby

Ken Rigby gives practical guidance on how to prevent and respond to bullying in high schools in this DVD. Using role play, the DVD features a typical bullying scenario and then demonstrates how the following six methods can be applied: the Disciplinary Approach, Restorative Practice, Strengthening the Victim, Student Mediation, the Support Group Method, and the Method of Shared Concern. By showing the advantages and weaknesses of each method, the counselor or teacher can see how each possible solution might work. As well as being an empowerment tool, this DVD is an invaluable resource for training school personnel in how to deal with this common and insidious problem. The disc includes a PDF booklet by Dr. Rigby with a summary of important information and discussion guidelines.

Produced by Loggerhead Films
2009 | 35 minutes | Order #78239

List Price and ACA Member Price: \$129.00

Child & Adolescent Development

Crisis Stabilization for Children: Disaster Mental Health

presented by Jennifer Baggerly

This live demonstration DVD presents guiding principles and techniques for helping children recover from trauma after disasters.

Features

- Key disaster mental health and cognitive-behavior concepts for work with children
- Physiological, cognitive, emotional, behavioral, and spiritual impacts of disaster
- Basic grounding and containment skills during and after a disaster
- Initial individual disaster mental health interventions
- Group disaster interventions
- Leader's Guide that includes activities

Produced by Microtraining

2007 | 60 minutes | Order #78205

List Price and ACA Member Price: \$169.00

Group Work

Promoting Growth With a Group: Performing in the Here and Now

presented by Samuel T. Gladding

This live demonstration of a simulated counseling group in the performing stage focuses on how both the leader and group members can foster growth. First, the film shares group leader skills that promote interaction, connectivity, and cohesion, such as active listening, linking, reflecting, confronting, supporting, and summarizing. Next, the demonstration illustrates the power of group members to help others and shows how the group environment can be therapeutic for members struggling with issues such as loss, indecision, anxiety, and regret.

Produced by Microtraining Associates

2013 | 90 minutes | Order #78260

List Price and ACA Member Price: \$109.00



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Note. The “Institutional Price” is for institutions using the DVDs for ongoing training purposes and includes a comprehensive Instructor’s Guide to help integrate the DVD content into course work. DVDs sold at the “Individual Price” are for personal use only. The individual version contains an introduction, facilitator processing and planning sessions, and a Viewer’s Guide that provides discussion points and additional information. A statement noting that this version is for personal use only and not for institutional use appears throughout the DVD. CEU information is available at asgw.org.

NEW!

Mindfulness Groups: A Demonstration

presented by Allison Spargo and Shane Blasko

Drs. Allison Spargo and Shane Blasko provide two distinct examples of mindfulness-based psychoeducational group interventions for adolescents and adults in this DVD. Each of the sessions provides clear examples of how to teach cognitive behavior mindfulness techniques, with the coleaders skillfully demonstrating how to process the activities with particular emphasis on paying attention to group member reactions. They model how to lead group members in the exercises and how to help group members monitor their own bodily sensations, wandering thoughts, emotions, and mental capabilities. Group members are encouraged to consider how they can continue to practice these techniques on their own and how they can use the new knowledge and insight gained during these sessions in the future. This DVD is instrumental for both novice and experienced group leaders who want real-life examples of integrating mindfulness techniques into their work with adolescents and adults.

2017 | 4 hours | Institutional Order #78264
Individual Order #78263
Institutional Price: \$199.00
Individual Price: \$89.00

Leading Counseling Groups With Adults: A Demonstration of the Art of Engagement

presented by Ed Jacobs and Christine Schimmel

In this group demonstration, Ed Jacobs and Christine Schimmel work with adult group members on actual personal issues. Using group interventions, they illustrate how to get all group members involved, engaged, and learning experientially and vicariously, in addition to working individually with members on their specific relational issues. Leadership skills, counseling theories, and creative techniques are captivatingly demonstrated.

2015 | 4 hours | Institutional Order #78262
Individual Order #78261
Institutional Price: \$199.00
Individual Price: \$89.00

Group Counseling With Adolescents: A Multicultural Approach

presented by Sheri Bauman and Sam Steen

In this 2-disc DVD, eight complete sessions with a diverse group of eighth-graders are presented. Students explore family concerns, school transition, relationships, and multicultural issues. Viewers are able to observe, analyze, and build on what occurs in the group.

2012 | 7 hours | Institutional Order #78253
Individual Order #78254
Institutional Price: \$199.00
Individual Price: \$89.00

Group Counseling With Children: A Multicultural Approach

presented by Sheri Bauman and Sam Steen

This 2-disc DVD contains a six session counseling group with fifth-grade students focusing on increasing appreciation of cultural diversity to enhance group process. It illustrates how to focus on the group members' developmental level, the group stage and development, the leaders' selection of activities and processing strategies, and the issues surrounding the concept of culture. Viewers are able to observe, analyze, and build on what naturally unfolds in the group.

2009 | 4 hours | Institutional Order #78215

Individual Order #78255

Institutional Price: \$199.00

Individual Price: \$89.00

Leading Groups With Adolescents

*presented by Janice DeLucia-Waack,
Allen Segrist, and Arthur M. Horn*

Watch group sessions unfold in this DVD featuring experts working with a group of high school students. An actual psychoeducational group is shown from the initial stage, through goal setting and a series of working activities, to termination. Activities focus on building self-esteem, managing anger, improving communication skills, and resolving irrational beliefs. The group work model featured is applicable to all school and agency work. You will learn from the leaders' skills and techniques, as well as from the interactions among the adolescents.

2007 | 140 minutes | Institutional Order #78208

Individual Order #78256

Institutional Price: \$199.00

Individual Price: \$89.00



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— Christine Chasek, LIMHP, LADC, LPC

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Theories of Counseling

Carl Rogers on Counseling: A Personal Perspective

This DVD explores the assumptions that Rogers makes about the nature of people and how we have the capacity for choice and change.

25 minutes | Order #78218

List Price and ACA Member Price: \$179.00

B. F. Skinner on Counseling

In this DVD, Dr. Skinner discusses key issues such as why a counselor cannot help a client by focusing only on the client's feelings, what it is that changes behavior if feelings are not the key, the importance of the relationship between the counselor and the client, and what the counselor can do to help establish a system that operates on positive reinforcers rather than adverse control.

25 minutes | Order #78219

List Price and ACA Member Price: \$179.00

Rollo May on Counseling

The symbols and myths of American society, such as rationalism, individualism, and competition, no longer provide a satisfying context of living for its members. When the symbols and myths of society begin to break down, anxiety develops, and people need to seek help from counselors. Their alternatives are either to try to learn to live in a state of mythlessness or to struggle to create new and more viable myths, such as authenticity and genuineness.

24 minutes | Order #78221

List Price and ACA Member Price: \$179.00

Albert Ellis on Rational Emotive Psychotherapy

RET—its origins, philosophical bases, and fundamental hypotheses—are cogently explained by Albert Ellis in this DVD. The nature of the therapeutic process and the role of values are also explored.

30 minutes | Order #78220

List Price and ACA Member Price: \$179.00

Leona Tyler on Counseling

Leona Tyler discusses the role of the counselor in helping the client transform potentialities into actualities, how confusion and isolation are two of the basic problems facing young people, how a counselor chooses a counseling theory, and why she does not see changing human behavior as the primary objective of counseling.

28 minutes | Order #78222

List Price and ACA Member Price: \$179.00

Theories of Education

Carl Rogers on Education

In this DVD, Carl Rogers describes how people acquire significant knowledge and indicates the directions in which the educational system must change to have a real impact on students. He also discusses topics such as the role of the student in formulating his or her own curriculum, the circumstances in which learning will be a lasting and meaningful process, and the activities a teacher should engage in to facilitate the learning process.

60 minutes | Order #78223

List Price and ACA Member Price: \$199.00

B. F. Skinner on Education

This DVD explores issues such as how Dr. Skinner's concepts of freedom and control are related to the classroom experience, what values are implicit in his theory of behavioral change, and how and where the process of affecting change will begin. Dr. Skinner continues by addressing how the increased leisure time afforded by a technological society affects our educational system and whether schools should help develop individuals who will be deeply concerned about the welfare of their fellow man.

50 minutes | Order #78224

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Carl Rogers

Carl Rogers on Marriage

180 minutes | Order #78225

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24 minutes | Order #78235

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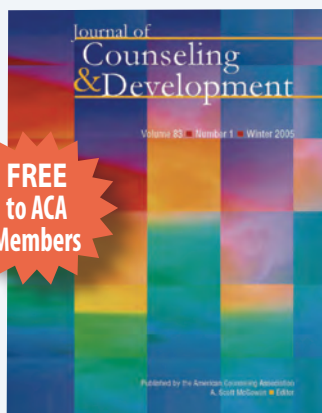
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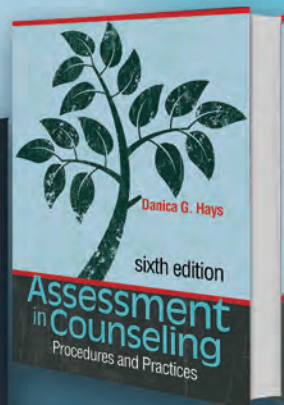
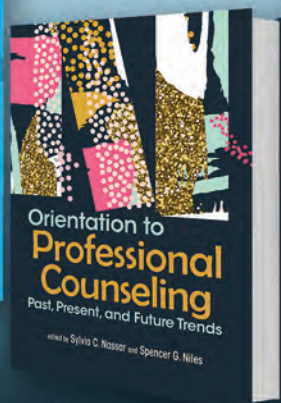
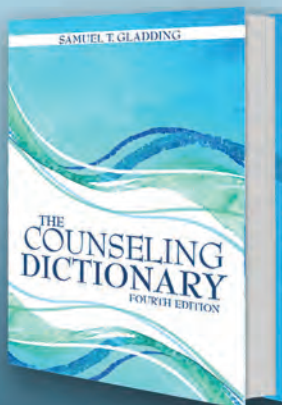
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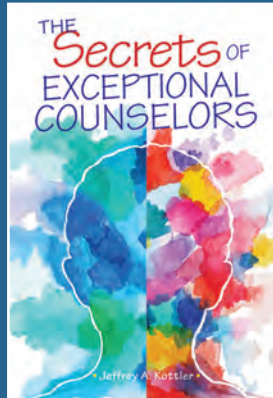
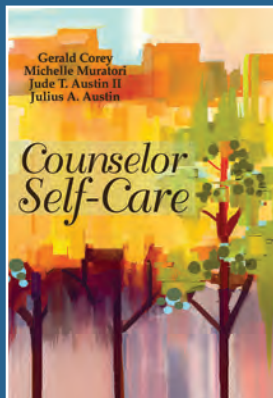
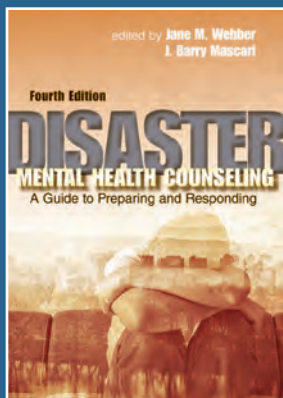
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