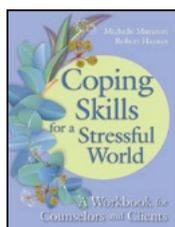


New Books From ACA

for Classroom and Professional Use

Coping Skills for a Stressful World: A Workbook for Counselors and Clients

Michelle Muratori and Robert Haynes



This counseling tool kit for stress management provides clinicians with hundreds of client exercises and activities. Representing a variety of therapeutic approaches, this workbook offers creative techniques for helping clients handle traditional concerns, including anxiety, depression, anger, and grief in addition

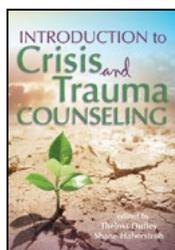
to heightened present-day issues, such as natural and human-made disasters, the misuse of social media, political divisiveness, social injustice, and mass shootings and other violence. Strategies for counselor self-care and client life after counseling are also presented.

2020 | 224 pgs | Order #78163 | ISBN 978-1-55620-389-3

List Price: \$62.95 | **ACA Member Price: \$44.95**

Introduction to Crisis and Trauma Counseling

edited by Thelma Duffey and Shane Haberstroh



This text integrates evidence-based models and best practices with relational-cultural theory, which is responsive to the many forms of traumatic stress and tragedies that clients experience. Readers will gain vital skills as they learn real-life approaches to crisis work with individuals, families, communities, students, military personnel, violence survivors, and clients who are

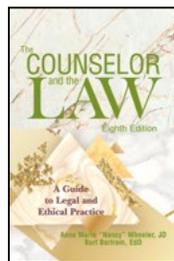
suicidal. Trauma-informed applications of cognitive behavioral therapy, behavioral therapy, neurofeedback, mindfulness, and creative practices are included as are compelling case examples, multiple-choice and essay questions, and key topic discussion prompts to guide student learning.

2020 | 368 pgs | Order #78166 | ISBN 978-1-55620-377-0

List Price: \$74.95 | **ACA Member Price: \$54.95**

The Counselor and the Law: A Guide to Legal and Ethical Practice, Eighth Edition

Anne Marie "Nancy" Wheeler and Burt Bertram



This new edition provides a current and comprehensive discussion of counselors' legal and ethical responsibilities, an examination of state and federal laws as they relate to practice, and helpful risk management strategies. The authors offer real-world practical tips to help navigate professional risks while providing competent clinical care. New or updated topics include

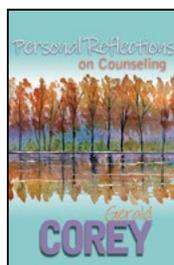
issues surrounding informed consent, current case law on duty to warn/protect and suicide in college/university settings, electronic records and ransomware concerns, and state licensure board data regarding boundary violations.

2019 | 400 pgs | Order #78155 | ISBN 978-1-55620-382-4

List Price: \$64.95 | **ACA Member Price: \$49.95**

Personal Reflections on Counseling

Gerald Corey



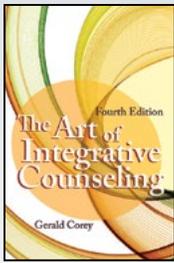
In an easy-to-read, question-and-answer format, Dr. Corey provides sage insight on a range of topics concerning professional issues, career development, the counseling process, and life-work balance. Responding to an array of questions often asked by students over the years, he uses candid personal examples to highlight key lessons and engage readers in an active process of personal and professional self-reflection on their own journeys.

2020 | 216 pgs | Order #78165 | ISBN 978-1-55620-395-4

List Price: \$19.95 | **ACA Member Price: \$15.95**

The Art of Integrative Counseling, Fourth Edition

Gerald Corey

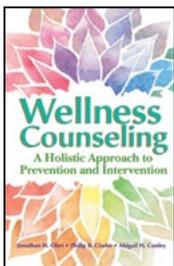


This text discusses concepts and techniques from contemporary theories and how to develop an integrative approach to counseling. Dr. Corey introduces his own integrative approach using a wide variety of case examples with diverse clients. Topics covered include assessing presenting issues; developing a productive working alliance; establishing therapeutic goals; addressing diversity; working with resistant clients; using evidence-based practice in cognitive, emotive, and behavioral work; dealing with transference and countertransference; and incorporating trends in integrative therapies.

2019 | 272 pgs | Order #78151 | ISBN 978-1-55620-385-5
List Price: \$57.95 | **ACA Member Price: \$39.95**

Wellness Counseling: A Holistic Approach to Prevention and Intervention

Jonathan H. Ohrt, Philip B. Clarke, and Abigail H. Conley

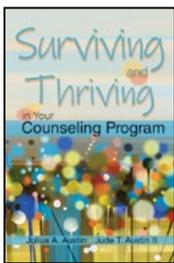


This innovative text presents the theoretical and empirical support for a wellness approach to counseling with techniques for client assessment, case conceptualization, treatment planning, and intervention. The authors provide holistic strategies for wellness promotion with children, adolescents, and young, midlife, and older adults, as well as in counseling with groups, couples, and families. Each chapter includes reflection questions and learning

activities, and periodic wellness boosters offer quick methods for clients and counselors to increase their well-being. In addition, experienced counselors share their personal insight on implementing wellness interventions in "Practitioner Spotlight" vignettes.

2019 | 340 pgs | Order #78152 | ISBN 978-1-55620-374-9
List Price: \$64.95 | **ACA Member Price: \$45.95**

Surviving and Thriving in Your Counseling Program



Julius A. Austin and Jude T. Austin II

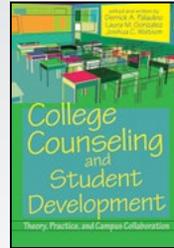
The Austin's down-to-earth, practical wisdom for successfully navigating counselor training and life after graduation give an insider's perspective on graduate school. Both millennials and recent doctoral program graduates, they draw upon their own personal and professional training and career experiences, as well as shared insight from a

diverse group of current graduate students, recent graduates, and new professionals. The result is a realistic, personal, and often humorous account of what you need to know whether you are beginning your counseling program or are already working toward your degree.

2020 | 180 pgs | Order #78162 | ISBN 978-1-55620-392-3
List Price: \$25.95 | **ACA Member Price: \$19.95**

College Counseling and Student Development: Theory, Practice, and Campus Collaboration

edited and written by Derrick A. Paladino, Laura M. Gonzalez, and Joshua C. Watson



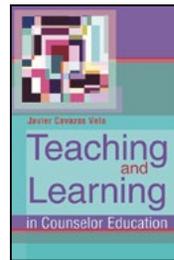
This handbook provides strategies for clinical and support services work with diverse student populations. Written from a holistic, sociocultural perspective for future and current professionals, it brings together information and resources on cultivating counseling and student affairs connections to promote a climate that encourages student wellness. Recognized experts offer

insight on the evolution of college counseling, counselor training, the roles and responsibilities of college counselors, crisis management, and the building of collaborative outreach services with student affairs partners on campus. Individual text sections cover student development and learning theories, as well as assessment and treatment interventions for frequently encountered clinical issues presented by students.

2020 | 488 pgs | Order #78159 | ISBN 978-1-55620-380-0
List Price: \$74.95 | **ACA Member Price: \$54.95**

Teaching and Learning in Counselor Education

Javier Cavazos Vela



This practical guide summarizes research-based teaching and learning strategies, promotes positive and inclusive learning environments, and uses interactive features that allow readers to apply what they learn. Designed to be part of a course on teaching and pedagogy, and written for both counselor educators and their students, it provides a deep understanding

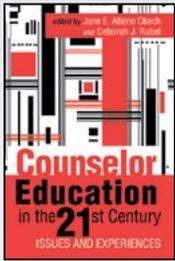
of how learning works in order to improve teaching practices. Educators will be able to enhance professional development by creating strong student learning outcomes, developing a learner-centered syllabus, engaging in dynamic lecturing, integrating collaborative team-based principles into teaching, enriching strategies for online learning, developing transparent assessment activities, documenting teaching effectiveness, and engaging in the scholarship of teaching and learning. Text features include content alignment with the CACREP Standards for teaching, learning objectives, pause and learns, reflective activities, and exercises.

Available June 2020!

2020 | 175 pgs | Order #78169 | ISBN 978-1-55620-388-6
List Price: \$58.95 | **ACA Member Price: \$46.95**

Counselor Education in the 21st Century: Issues and Experiences

Jane E. Atieno Okech and Deborah J. Rubel



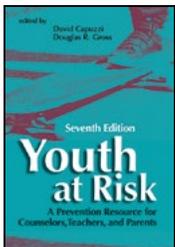
This distinctive text provides an exploration of the range of responsibilities, working conditions, roles, evaluation criteria, benefits, and challenges experienced by counselor educators. Each chapter focuses on a key aspect of the field, including teaching; supervision; mentoring; gatekeeping; research and grant writing; tenure; adjunct, part-time, and nontenured positions; program administration; leadership; and collegiality and wellness. Includes engaging case vignettes and personal narratives from counselor educators.

2019 | 256 pgs | Order #78150 | ISBN 978-1-55620-376-3

List Price: \$58.95 | **ACA Member Price: \$42.95**

Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents, Seventh Edition

edited by David Capuzzi and Douglas R. Gross



Experts in each topical area provide research-based approaches for work with youth in the difficult transition from adolescence to adulthood. Developmental in its orientation, the text moves from population identification, to causal factors most often identified with placing youth at risk, to a prevention-intervention paradigm specifically designed for kids and teens.

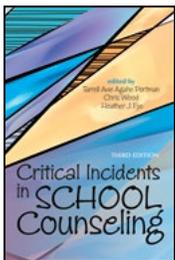
Illustrative case studies and useful sidebars enhance self-awareness and promote self-study and skill development. *Complimentary PowerPoint slides, test banks, and instructional activities are available for instructors' use.*

2019 | 488 pgs | Order #78153 | ISBN 978-1-55620-384-8

List Price: \$82.95 | **ACA Member Price: \$58.95**

Critical Incidents in School Counseling, Third Edition

edited by Tarrell Awe Agahe Portman, Chris Wood,
and Heather J. Fye



Critical Incidents in School Counseling explores contemporary case scenarios that arise in school counseling with children and adolescents. Throughout 30 chapters on a diverse range of topics, several school counseling experts analyze each incident from a best practices perspective. Topics are organized around the CACREP Standards and issues explored include trauma, drug use,

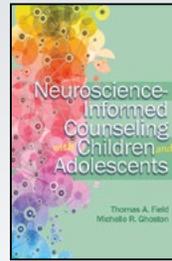
pregnancy, cyberbullying, suicide, gangs, parental conflicts, sexual orientation, third-culture students, student career development, and ethical and professional dilemmas.

2019 | 320 pgs | Order #78125 | ISBN 978-1-55620-347-3

List Price: \$54.95 | **ACA Member Price: \$39.95**

Neuroscience-Informed Counseling With Children and Adolescents

Thomas A. Field and Michelle R. Ghoston



This is the first text to illustrate how neuroscience concepts can be applied to counseling with children and adolescents. Drs. Field and Ghoston first discuss general principles for child and adolescent counseling before moving into an examination of neurophysiological development from birth to age 18. They then provide in-session examples of neuroscience-

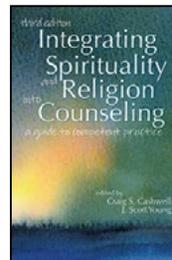
informed approaches to behavior modification, play therapy, cognitive behavior therapy, biofeedback, neurofeedback, and therapeutic lifestyle change with diverse clients. Each chapter includes learning objectives, content alignment with the CACREP Standards specific to child and adolescent counseling, explanatory diagrams, reflection questions, case vignettes, and quiz questions.

2020 | 280 pgs | Order #78164 | ISBN 978-1-55620-386-2

List Price: \$64.95 | **ACA Member Price: \$46.95**

Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice, Third Edition

edited by Craig S. Cashwell and J. Scott Young



This comprehensive handbook for counselors-in-training and practitioners presents a variety of in-session spiritual interventions supported by scientific research. The authors take an inclusive approach to understanding client beliefs and formulate interventions that foster therapeutic growth in individuals from diverse backgrounds. Case studies and

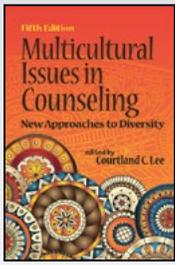
questions for reflection throughout the text are appropriate for individual or group discussions. New chapters on ethics, forgiveness, and the integration of sacred texts in session reflect the evolving understanding of integrating spirituality and religion in the counseling process.

2020 | 408 pgs | Order #78161 | ISBN 978-1-55620-387-9

List Price: \$68.95 | **ACA Member Price: \$49.95**

Multicultural Issues in Counseling, Fifth Edition

edited by Courtland C. Lee



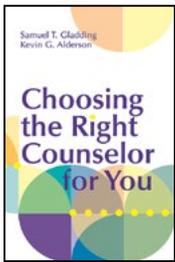
With an emphasis on direct application to practice, this graduate-level text offers strategies for working with diverse client groups in a variety of settings. Introductory chapters build a foundation for cross-cultural counseling with discussions on current theory, the ongoing pursuit of multicultural competence, and the complexities of intersecting identities. Next, skill-building chapters on 15 unique populations—including Arab Americans, Latinx, recent immigrants, LGBTQ clients, people with disabilities, and military personnel—are presented.

2019 | 320 pgs | Order #78145 | ISBN 978-1-55620-369-5

List Price: \$82.95 | **ACA Member Price: \$58.95**

Choosing the Right Counselor for You

Samuel T. Gladding and Kevin G. Alderson



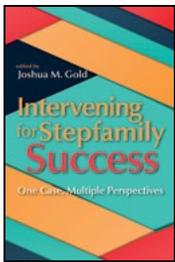
This concise guide is for people seeking a counselor for themselves or others. It contains information for the public on the nuts and bolts of counseling in an easy-to-read, question and answer format. Chapter topics include how to know when to seek help and what kinds of issues counselors assist with; the differences between individual, group, couples, family, and online counseling; the various theoretical approaches to counseling and how to choose; how to find a competent counselor; what questions to ask before scheduling your first appointment; and how to determine if counseling is working.

2019 | 136 pgs | Order #78157 | ISBN 978-1-55620-390-9

List Price: \$14.95 | **ACA Member Price: \$11.95**

Intervening for Stepfamily Success: One Case, Multiple Perspectives

edited by Joshua Gold



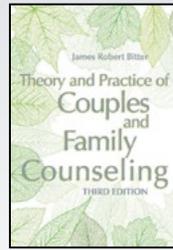
This welcome resource provides concrete examples of how to apply multiple family systems theories and techniques to common stepfamily issues. The authors build on theory-based treatment planning, systems thinking, and family theory with multiple approaches addressing a single case study of stepfamily functioning. The case is examined through the lenses of the Adlerian, transgenerational, prescriptive play therapy, structural, cognitive behavior, solution-focused, and narrative models to allow the reader to understand how each approach can be helpful. In addition, each chapter examines ethical concerns, issues of diversity, and current research on stepfamily assessment and therapeutic outcomes.

2019 | 168 pgs | Order #78158 | ISBN 978-1-55620-373-2

List Price: \$34.95 | **ACA Member Price: \$29.95**

Theory and Practice of Couples and Family Counseling Third Edition

James Robert Bitter



This reader-friendly, counseling-oriented introduction to couples and family therapy lays the foundation for student skill-building by encouraging the development of personal, professional, and ethical standards of practice. Primary text features include a genogram delineating the history of the field; a comprehensive discussion of 13 widely-used theories with real-life examples for each approach; a single, bicultural couple/family system case study for comparison across models; and strategies for the integration and application of the models into clinical practice. Illustrative examples, detailed case studies, sample client dialogues, and exercises for personal and professional growth are provided.

Available Fall 2020!

2021 | 572 pgs | Order #78167 | ISBN 978-1-55620-383-1

List Price: \$89.95 | **ACA Member Price: \$64.95**

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