

ACA 2020 Conference & Expo
30-Minute Poster Sessions

Addictions, Offenders, and Correction Counseling

A Community Response to the Opioid Epidemic
Application of Family Resilience Model and Processes to Counseling Families Impacted by Substance Use Disorders (SUDs)
Attachment Theory: A Guiding Light to Addiction Recovery within Couples and Families
Can Medical Cannabis Have Useful Implications of Harm Reduction With Opioid Addiction?
Children of the Opioid Crisis
Counseling Latino Immigrants with Alcohol Use Disorder
Hidden Crisis: The Growing Misuse of Benzodiazepines and Implications for Counselors
Holistic Healing: An Idiosyncratic Way of Treating Addiction in the Age of Medical model
Identification and Interventions: Illicit Substance Abuse in Adolescence
Limbic Capitalism and Social Validation: The Future of Addictions Counseling
Mindfulness Interventions in Correctional Settings: A Qualitative Analysis
Moving as One: A Synchronous Dance Intervention for Substance Use Disorder
Parental Divorce and Substance Abuse in Adolescents
Raced-Based Traumatic Stress Linked to Substance Use Disorders in African Americans
The Intersection Between Substance Abuse and Sex Trafficking
Trajectories of Co-parenting During Incarceration

Assessment, Testing, and Program Evaluation

Development and Validation of a Counselor's Research Competencies Scale
The Art of Perfect Practice in Case Conceptualization Training
The Development and Evaluation of the Intersectional Privilege Screening Inventory
What Can AARC do for Graduate Students and New Professionals?

Career Development and Employment Counseling

Facilitating First-Generation Students' Career Wellness
Incorporating VIA Strengths to Create Transformational Internship Experiences
NCDA's School Career Development Advisors - Helping students to Connect to Careers
School Counselors' Self-efficacy with Knowledge of the College Transition Process
Social Death in Baby Boomers: A New Retirement Plan
Students' Perspectives of Career Readiness: Implications for School Counselors
The Role of a Pre-College Career Group Counseling on Socio-Emotional Development
The Value of Certification in the Marketplace
Who Am I Now?: The Lived Experiences of Injured Student Athletes

Child and Adolescent Counseling

A Case Study of Restorative Justice Practices in a Middle School Setting
A Mindful Intervention for Adolescent Social Media Users: An Experimental Study
Academic Burnout in Achievement-Oriented Cultures and Its Implications
Adolescent Development: The Role of Birth Control on Adolescent Depression
Adverse Childhood Experiences and Depression in Youth: How Do Age and Gender Moderate?
Child Parent Relationship Therapy for Adoptive Families: Parents Lived Experiences
Children of the Opioid Crisis
Connect Us: A Conceptual Framework to Provide Services to Children in Rural Communities
Exploring Youth Gang Membership from a Systemic Standpoint
How We Connect: Linking Connectedness, Family and Electronic-mediated Communication
Humanistic Counseling with Hispanic Youth from Low-income Communities
Identification and Interventions: Illicit Substance Abuse in Adolescence
Managing Negative Countertransference for Counselors Working with Children
Mindfulness and Life Satisfaction: Role of Hope

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Parental Divorce and Substance Abuse in Adolescents
Perfectionistic Adolescents and Academic Burnout: A Latent Profile Analysis
School Counselors and First-Generation Students: A Qualitative Perspective
School Safety and Risk Management: Results from a Study of Targeted Violence
Sex Trafficking: Psychoeducation Intervention Relevant to Parent-Child Attachment
The Effects of Horticultural Therapy on At-Risk Youth Living in a Rural Community
Visual Tools for Cultural Identity Exploration with Youth

Clinical Mental Health

A Call for Reform: Addressing the Need for Counseling Research on Post Abortion Men
Can Medical Cannabis Have Useful Implications of Harm Reduction With Opioid Addiction?
Clinical Interventions for Promoting Resilience Among Bereaved College Students
Confronting and Passive Acceptance in Response to Racism: What Works, For Who, and Why?
Contextual Effects on Mental Health Stigma
Counseling in the Workplace: Bringing Awareness and Attention to this Needed Resource
Creative ways to Engage Schools in Mental Health Awareness and Wellness
Current Issues Providing HIV/AIDS Care in Rural Pennsylvania
Dissociative Identity Disorder: Utilizing a Family Systems Approach in Treatment
Embedding Behavioral Health In Primary Care Practices: A Collaborative Care Model
Examination of Acculturative Experiences of an Afro-Caribbean Migrant Group in the U.S.
Exceeding Expectations: Navigating the Internship Journey
Exploring White Male Identity Development and the use of the Key Model in Counseling
Gestalt Therapy in the Treatment of BiPolar I and an Intellectual Client
Herbal Remedies, OTCs, and Dietary Supplements: What Counselors Should Know
Holistic Healing: An Idiosyncratic Way of Treating Addiction in the Age of Medical model
How We Connect: Linking Connectedness, Family and Electronic-mediated Communication
Identity Development among Multicultural Individuals in Collectivist Cultures
Latinx Attitudes Toward Seeking Counseling as a Result of Cultural Values
Meaning-Making Strategies for Coping with a Loss by Suicide
Mental Health Concerns Among Service Members Involved in Remote Warfare Operations
Mindfulness for Counselor and Client Wellness: Pragmatic Recommendations for Creating Change and Wellness
Preliminary Results of a Mindfulness Study: Effects of a Smartphone App on Mind and Body
Pro-recovery Eating Disorder Groups: A Community Based Support Group Model
Provided vs. Desired Resources in Soldiers' Reintegration and Suicide Prevention
Raced-Based Traumatic Stress Linked to Substance Use Disorders in African Americans
Recognizing Adjustment to Disability as a Grief Event: A Review of Counselor Competency
Spiritual Abandonment and Nonsuicidal Self-Injury: Research and Client Care
STEM Students' Basic Psychological Needs
Telepresence Robotics as an Option in Distance Counseling
The Effectiveness of EMDR: A Meta-analysis
The Impact of Acculturative Stress in International Student's First-year Experience
The Influence of Attachment Style in Hmong College Students' Help-Seeking Behavior
The Need for Counselors Informed in the Practice of Palliative Care
The Relationship between Consultation Skill and LGBTQ Counseling Competence
Therapists' Personal and Professional Responses to #MeToo: A Qualitative Survey Study
Understanding How to Work with Survivors and Perpetrators of Sexual Violence
Women's Perceptions and Experiences of Personal Growth Following Gray Divorce

College Counseling

Beyond the Basics: Investigating the Need for Mental Health Support in Higher Education
Clinical Interventions for Promoting Resilience Among Bereaved College Students

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College Women and Intimate Partner Violence: What It Is and What It Means
Discovering the Magic Within: Using Pop Culture to Cultivate Resiliency in College Students
Facilitating First-Generation Students' Career Wellness
Factors Impacting Asian International Students' Help-seeking Intention and Behavior
Gestalt Therapy in the Treatment of BiPolar I and an Intellectual Client
Imposter Phenomenon in Black Female Undergraduate Students
Individual Factors and Adjustment to University Life Among International Students
Investigating College Students' Self-stigma Related to Help-seeking Attitudes
Preliminary Results of a Mindfulness Study: Effects of a Smartphone App on Mind and Body
STEM Students' Basic Psychological Needs
The Effect of Adopting Session Limit on Counselors
The Impact of Acculturative Stress in International Student's First-year Experience
The Influence of Attachment Style in Hmong College Students' Help-Seeking Behavior
Who Am I Now?: The Lived Experiences of Injured Student Athletes

Counseling Theory

Beyond Psychological First Aid: Body-Centered Healing in Disaster Mental Health Care

Counselor Education

A Content Analysis of Syllabi: Play Therapy in CACREP School Counseling Programs
A Mixed Method Study: School Counselors Experience of Play Therapy Training
Beyond the Basics: Investigating the Need for Mental Health Support in Higher Education
Candid Camera: Using Video-Journaling to Enhance Cultural Competence in Supervision
Collaborative Experiences of Student Counselors: Working with Auxiliary Colleagues
Critical Incidents in Counseling Leadership: A Grounded Theory Study
Development and Validation of a Counselor's Research Competencies Scale
Experiences of Latinx Counselor Educators: Taking Space and Making Space
Exploring the Experiences of Latinx First Generation Counseling Graduate Students
Investigating College Students' Self-stigma Related to Help-seeking Attitudes
Keys to Enhance International Students' Teaching in U.S. Counseling Programs
Managing Negative Countertransference for Counselors Working with Children
Putting the SUPER Back in Supervision: Techniques for Effective Clinical Supervision
Research on Counseling Supervision for Expertise Enhancement in Korean Institutions
Risk Factors for Eating Disorders and Body Image Concerns in Men of Color
Saving Face: The Experience and Process of Impression Management in Supervision
School Counselor Identity: Are There Still Mixed Messages?
Site Supervisor Training: Modalities and Methods
Strategies to Facilitate Vicarious Post Traumatic Growth During Supervision
Suicide Preparedness in Counselor Education: Strategies to Increase Confidence
The Art of Perfect Practice in Case Conceptualization Training
The Development and Evaluation of the Intersectional Privilege Screening Inventory
The Effect of Adopting Session Limit on Counselors
The Effects of Horticultural Therapy on At-Risk Youth Living in a Rural Community
The Reluctance of African Americans to Engage in Therapy
The Role of Groups and Systems in Counseling Leadership
Unlocking Expertise: Reflection as a Tool for Mastering Evidence-based Practice
Utilizing Photovoice as a Model for Social Advocacy Training for Emerging Counselors

Couples, Marriage, and Family Counseling

Attachment Security in Marital Satisfaction: Cross-cultural Treatment Implications
Attachment Theory: A Guiding Light to Addiction Recovery within Couples and Families

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Couples Who Dance Together Stay Together
Trajectories of Co-parenting During Incarceration

Creativity in Counseling

Couples Who Dance Together Stay Together
Discovering the Magic Within: Using Pop Culture to Cultivate Resiliency in College Students
Integrating Equine Animal-Assisted Interventions Working with Military Populations
Meaning-Making Strategies for Coping with a Loss by Suicide
Minding Your Steps

Diagnosis and Treatment

Dissociative Identity Disorder: Utilizing a Family Systems Approach in Treatment
Embedding Behavioral Health In Primary Care Practices: A Collaborative Care Model
No Cookie Cutter Way to Work with Autism': Mothers' Experiences with Counselors

Disaster Mental Health

Beyond Psychological First Aid: Body-Centered Healing in Disaster Mental Health Care
Rural Counselors' Experiences with Disaster Mental Health

Ethics

Herbal Remedies, OTCs, and Dietary Supplements: What Counselors Should Know
Public Perception and Ethical Implications of the Term Board Certified in Counseling

Evidence-Based Practices

A Community Response to the Opioid Epidemic
Breaking Barriers: Exploring Cultural Competence and Barriers for Clients
Exploring Youth Gang Membership from a Systemic Standpoint
Inclusive Mental Health Care for African Americans: The Case for Integrated Approaches
Mindfulness and Life Satisfaction: Role of Hope
No Cookie Cutter Way to Work with Autism': Mothers' Experiences with Counselors
Suicide Preparedness in Counselor Education: Strategies to Increase Confidence
The Effectiveness of EMDR: A Meta-analysis
Understanding How Mindfulness Alters Emotional Reactivity
Unlocking Expertise: Reflection as a Tool for Mastering Evidence-based Practice

Gerontological Counseling

A Model for Training Law Enforcers in Bias Reduction
Mindfulness-Based Interventions for Elderly and Geriatric Veteran Populations
Psychopharmacology for Older Adults: What Counselors Need to Know
Social Death in Baby Boomers: A New Retirement Plan
The Need for Counselors Informed in the Practice of Palliative Care
Women's Perceptions and Experiences of Personal Growth Following Gray Divorce

Graduate Student Issues

Collaborative Experiences of Student Counselors: Working with Auxiliary Colleagues
Exceeding Expectations: Navigating the Internship Journey

Group Work

Enhancing Support for Single Mothers through a Psychoeducational Counseling Group
Mission Allegiance: Transitional Group Counseling for Veterans and their Partners
Promoting Collaboration in Group Counseling with Youth through Expressive Arts

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Pro-recovery Eating Disorder Groups: A Community Based Support Group Model
The Role of a Pre-College Career Group Counseling on Socio-Emotional Development
The Role of Groups and Systems in Counseling Leadership
Trauma Narrative Treatment: A Brief Group Alternative for Trauma Counseling

Human Development Across the Life Span

Adverse Childhood Experiences and Depression in Youth: How Do Age and Gender Moderate?
Transforming Midlife Losses into Fuel for Midlife Change
Adolescent Development: The Role of Birth Control on Adolescent Depression
Voices of Courage and Moral Choice

Human Rights

Modern Slavery: The Intersection of Disability and Human Trafficking

Individual Trauma and Crisis

The Intersection Between Substance Abuse and Sex Trafficking
Trauma Narrative Treatment: A Brief Group Alternative for Trauma Counseling
Treating Trauma using Evidence-Based Holistic Therapies
Understanding How to Work with Survivors and Perpetrators of Sexual Violence

LGBTQ Issues

LGBTGEQIAP+: How Counselors Can Work with People Across the Acronym
LGBTQ+ Research and Community Symposium: A First In Rural Nebraska
Multiculturally Competent Intake Interview with LGBTQI+ Clients
Religious LGBTQ Youth, Suicide, and Their Family: How Counselors Can Support Families as they Navigate
Value Conflicts when Youth are in Acute Psychological Distress
The Relationship between Consultation Skill and LGBTQ Counseling Competence

Military Issues

Integrating Equine Animal-Assisted Interventions Working with Military Populations
Mental Health Concerns Among Service Members Involved in Remote Warfare Operations
Mission Allegiance: Transitional Group Counseling for Veterans and their Partners
Provided vs. Desired Resources in Soldiers' Reintegration and Suicide Prevention
The Lived Experiences of Combat-related Amputees
Wellness and Career Counseling Interventions for Military Veterans

Multicultural and International Issues

Attachment Security in Marital Satisfaction: Cross-cultural Treatment Implications
Breaking Barriers: Exploring Cultural Competence and Barriers for Clients
Confronting and Passive Acceptance in Response to Racism: What Works, For Who, and Why?
Counseling Latino Immigrants with Alcohol Use Disorder
Countering Systemic and Institutional Discrimination: An Analysis of Allyship
Creating Safe Spaces in Unpredictable Environments: Inquiries and Strategies for Social Justice
Examination of Acculturative Experiences of an Afro-Caribbean Migrant Group in the U.S.
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Individual Factors and Adjustment to University Life Among International Students
Lonely at the Top: Racial Stress Challenges Faced by Minority Counseling Supervisors
Mitigating the Negative Effect of Attachment Anxiety/Avoidance on Resilience
Multiculturally Competent Intake Interview with LGBTQI+ Clients
Multi-tiered Intensive Supervision: A New Approach to Address Culture in Supervision
Race-Based Trauma and Cyberbullying: A Qualitative Analysis
Research on Counseling Supervision for Expertise Enhancement in Korean Institutions
Risk Factors for Eating Disorders and Body Image Concerns in Men of Color
School Counselors of Color's Experience of Racial Microaggression
The Multidimensional Cultural Humility Scale: A New Way to Measure Cultural Humility
The Reluctance of African Americans to Engage in Therapy
Trends in Multicultural Counseling Literature: A Content Analysis of ACA Journals

Private Practice

College Women and Intimate Partner Violence: What It Is and What It Means

Professional Issues

Beyond Compassion Fatigue: Management Style and Counselor Burnout
Connect Us: A Conceptual Framework to Provide Services to Children in Rural Communities
Counseling in the Workplace: Bringing Awareness and Attention to this Needed Resource
Critical Incidents in Counseling Leadership: A Grounded Theory Study
Public Perception and Ethical Implications of the Term Board Certified in Counseling
School Counselor Identity: Are There Still Mixed Messages?

Psychopharmacology

Hidden Crisis: The Growing Misuse of Benzodiazepines and Implications for Counselors
Psychopharmacology for Older Adults: What Counselors Need to Know

Rehabilitation Counseling and Disability Issues

Current Issues Providing HIV/AIDS Care in Rural Pennsylvania
Minding Your Steps
Modern Slavery: The Intersection of Disability and Human Trafficking
Recognizing Adjustment to Disability as a Grief Event: A Review of Counselor Competency
Students with Disabilities, ACE, and Trauma-Informed Practices for School Counselors
The Invisible Epidemic: Disability and Intimate Partner Violence
The Lived Experiences of Combat-related Amputees

Research

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Voices of Courage and Moral Choice

Spirituality and Religion

Raising Mindful Leaders
Religious LGBTQ Youth, Suicide, and Their Family: How Counselors Can Support Families as they Navigate Value Conflicts when Youth are in Acute Psychological Distress
Spiritual Abandonment and Nonsuicidal Self-Injury: Research and Client Care

Supervision

Candid Camera: Using Video-Journaling to Enhance Cultural Competence in Supervision
Current Trends of the Literature on Technology-assisted Distance Supervision
Does Supervisor Mindfulness Lead to Transformity in Practice: A Mixed Method Approach
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Strategies to Facilitate Vicarious Post Traumatic Growth During Supervision

Technology and Social Media in Counseling

Limbic Capitalism and Social Validation: The Future of Addictions Counseling
Telepresence Robotics as an Option in Distance Counseling

Wellness

A Model for Training Law Enforcers in Bias Reduction
Beyond Compassion Fatigue: Management Style and Counselor Burnout
Does Supervisor Mindfulness Lead to Transformity in Practice: A Mixed Method Approach
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