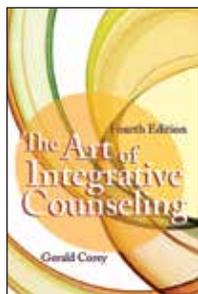




# New Releases From ACA!



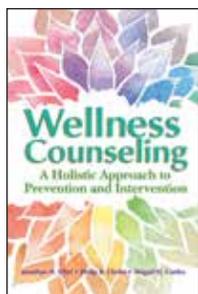
## The Art of Integrative Counseling Fourth Edition

Gerald Corey

This fourth edition discusses key concepts and techniques from many contemporary theories and how to develop an integrative approach to the counseling process. Dr. Corey introduces the strategies he draws from in

his own integrative approach to counseling using a wide variety of case examples with diverse clients. Topics covered include assessing presenting issues; developing a productive working alliance; establishing therapeutic goals; understanding and addressing diversity; working with resistant clients; using evidence-based practice in cognitive, emotive, and behavioral work with clients; dealing with transference and countertransference; and incorporating trends in integrative therapies. To encourage active learning, reflective exercises throughout the text provide readers with opportunities to put themselves in the role of therapist and client.

2019 | 272 pgs | Order #78151 | ISBN 978-1-55620-385-5  
List Price: \$57.95 | **ACA Member Price: \$39.95**



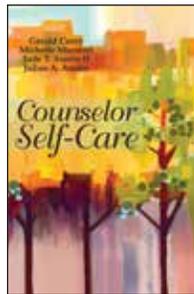
## Wellness Counseling: A Holistic Approach to Prevention and Intervention

Jonathan H. Ohrt, Philip B. Clarke,  
and Abigail H. Conley

This innovative text presents a comprehensive review of the theoretical and empirical support for a wellness approach to counseling with current techniques for client assessment,

case conceptualization, treatment planning, and intervention. The authors provide holistic strategies for wellness promotion with children, adolescents, and young, midlife, and older adults, as well as in counseling with groups, couples, and families. Each chapter includes reflection questions, learning activities, and resources for application to practice. Wellness boosters offer quick methods for clients and counselors to increase their domain-specific and overall well-being. In addition, experienced counselors share their personal experiences implementing wellness interventions in "Practitioner Spotlight" vignettes. A chapter on counselor self-care completes the book.

2019 | 340 pgs | Order #78152 | ISBN 978-1-55620-374-9  
List Price: \$64.95 | **ACA Member Price: \$45.95**



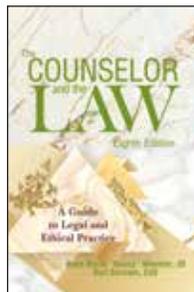
## Counselor Self-Care

Gerald Corey, Michelle Muratori,  
Jude T. Austin II, and Julius A. Austin

Self-care is critical for effective and ethical counseling practice and this inspirational book offers diverse, realistic perspectives on how to achieve work-life balance and personal wellness from graduate school through retirement. In addition to the

authors' unique perspectives as professionals at different stages of their careers, guest contributors—ranging from graduate students, to new professionals, to seasoned counselors—share their experiences and thoughts about self-care, including what challenges them most. Both personal and conversational in tone, this book will help you to create your own practical self-care action plan through reflection on important issues, such as managing stress, establishing personal and professional boundaries, enhancing relationships, and finding meaning in life.

2018 | 256 pgs | Order #78143 | ISBN 978-1-55620-379-4  
List Price: \$33.95 | **ACA Member Price: \$24.95**



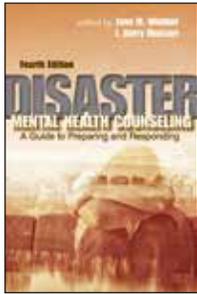
## The Counselor and the Law: A Guide to Legal and Ethical Practice Eighth Edition

Anne Marie "Nancy" Wheeler  
and Burt Bertram

This eighth edition provides a current and comprehensive discussion of counselors' legal and ethical responsibilities, an

examination of state and federal laws as they relate to practice, and helpful risk management strategies. Attorney Nancy Wheeler and Burt Bertram, a private practitioner and counselor educator, offer real-world practical tips to help navigate professional risks while providing competent clinical care. New or updated topics include matters surrounding informed consent, current case law on duty to warn/protect and issues surrounding suicide in college/university settings, electronic records and ransomware concerns, and updates on state licensure board data regarding boundary violations. The authors' legal and ethical decision-making model will assist counselors and students with processing their own legal and ethical dilemmas, and the *ACA Code of Ethics* is included as a handy reference.

2019 | 400 pgs | Order #78155 | ISBN 978-1-55620-382-4  
List Price: \$64.95 | **ACA Member Price: \$49.95**



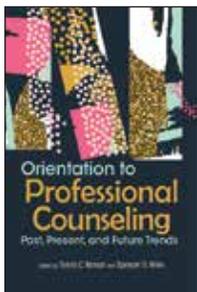
## Disaster Mental Health Counseling: A Guide to Preparing and Responding Fourth Edition

edited by Jane M. Webber  
and J. Barry Mascari

This timely book provides current research and skill-building information on Disaster Mental Health Counseling for counselors, educators, students, and mental health responders in agencies, schools, universities, and private practice. Recognized experts in the field detail effective clinical interventions with survivors in the immediate, intermediate, and long-term aftermath of traumatic events.

This extensively revised edition, which meets 2016 CACREP Standards for disaster and trauma competencies, is divided into three sections: Disaster Mental Health Counseling Foundations, Disaster and Trauma Response in the Community, and Disasters and Mass Violence at Schools and Universities. Real-world responses to violence and tragedies among diverse populations in a variety of settings are presented, and responders share their personal stories and vital lessons learned through an "In Our Own Words" feature. Each chapter contains discussion questions and case studies are interwoven throughout the text.

Published by the American Counseling Association Foundation  
2018 | 400 pgs | Order #78126 | ISBN 978-1-55620-361-9  
List Price: \$64.95 | **ACA Member Price: \$47.95**

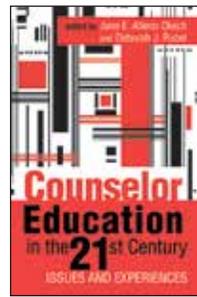


## Orientation to Professional Counseling: Past, Present, and Future Trends

edited by Sylvia C. Nassar  
and Spencer G. Niles

Ideal for use in introductory counseling courses, *Orientation to Professional Counseling* is fully aligned with the 2016 CACREP Standards and contains historical perspectives on the foundations of the profession, an overview of counseling specialties and contemporary issues in the field, and a discussion of anticipated future trends. Throughout the book, Nassar, Niles, and other counseling leaders emphasize the core content and expertise common within a unified counseling identity. To deepen practical application, chapters include learning objectives and activities, review questions, illustrative text sidebars, and "Voices From the Field." *Complimentary instructor's materials, including chapter outlines, tests, and PowerPoint slides, are available by request to ACA.*

2018 | 400 pgs | Order #78142 | ISBN 978-1-55620-366-4  
List Price: \$74.95 | **ACA Member Price: \$53.95**

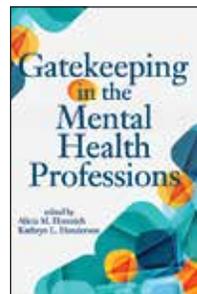


## Counselor Education in the 21st Century: Issues and Experiences

Jane E. Atieno Okech and Deborah J. Rubel

This distinctive text provides master's- and doctoral-level students, as well as new professionals, with a thorough exploration of the range of responsibilities, working conditions, roles, evaluation criteria, benefits, and challenges experienced by counselor educators. Each chapter focuses on a key aspect of the field, including teaching; supervision; mentoring; gatekeeping; research and grant writing; tenure; adjunct, part-time, and nontenured positions; program administration; leadership; and collegiality and wellness. Case vignettes and personal narratives from counselor educators are engaging and informative, and literature reviews are useful for introducing students to the material covered.

2019 | 256 pgs | Order #78150 | ISBN 978-1-55620-376-3  
List Price: \$58.95 | **ACA Member Price: \$42.95**

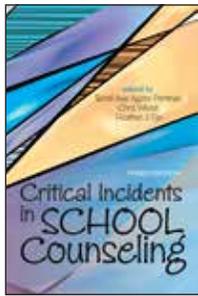


## Gatekeeping in the Mental Health Professions

edited by Alicia M. Homrich  
and Kathryn L. Henderson

This book guides graduate faculty and supervisors in effective gatekeeping by bringing together the body of professional performance standards for multiple mental health fields and providing best practices, tools, and templates for use with trainees. Following an introduction to the professional, ethical, and legal issues involved in gatekeeping, the authors discuss contextual factors that can affect trainee functioning. Topics addressed include strategies for assisting low-performing trainees, faculty and supervisor roles, professional collaboration, evaluating trainee performance, designing remediation plans, documentation, and prevention and early intervention. Text features include "Notes From the Field," "On the Legal Side," and "What Would You Do?" to enhance understanding of the material.

2018 | 392 pgs | Order #78146 | ISBN 978-1-55620-328-2  
List Price: \$58.95 | **ACA Member Price: \$44.95**



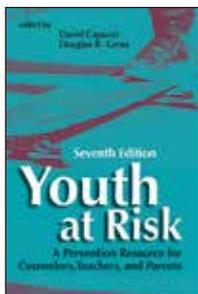
### Critical Incidents in School Counseling Third Edition

edited by Tarrell Awe Agahe Portman,  
Chris Wood, and Heather J. Fye

*Critical Incidents in School Counseling* explores contemporary case scenarios that arise in school counseling with children and adolescents. Throughout

30 chapters on a diverse range of topics, several school counseling experts analyze and discuss each incident from a best practices perspective. Topics are organized around the CACREP Standards and incidents include a list of related supplemental readings, online resources, and suggested learning activities. Issues explored include trauma, drug use, pregnancy, cyberbullying, suicide, gangs, parental conflicts, sexual orientation, third-culture students, student career development, and ethical and professional dilemmas.

2019 | 320 pgs | Order #78125 | ISBN 978-1-55620-347-3  
List Price: \$54.95 | **ACA Member Price: \$39.95**

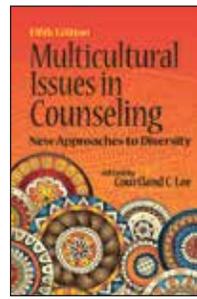


### Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents Seventh Edition

edited by David Capuzzi  
and Douglas R. Gross

This comprehensive text, written by experts in each topical area, provides research-based approaches designed for work with youth in the difficult transition from adolescence to adulthood. Developmental in its orientation, the text moves from population definition and identification, to causal factors and issues most often identified with placing youth at risk, to a prevention-intervention paradigm specifically designed for kids and teens. Illustrative case studies and useful sidebars enhance reader self-awareness, promote self-study and skill development, and aid in the comprehension of the concepts and applications of chapter material. *Complimentary PowerPoint slides, test banks, and instructional activities are available for instructors' use by request to ACA.*

2019 | 488 pgs | Order #78153 | ISBN 978-1-55620-384-8  
List Price: \$82.95 | **ACA Member Price: \$58.95**

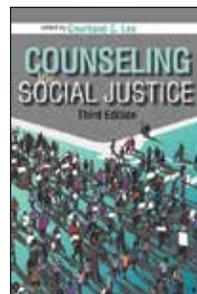


### Multicultural Issues in Counseling Fifth Edition

edited by Courtland C. Lee

With an emphasis on direct application to practice, this graduate-level text offers strategies for working with diverse client groups in a variety of settings. Introductory chapters build a foundation for cross-cultural counseling with discussions on current theory, the ongoing pursuit of multicultural competence, and the complexities of intersecting identities. Next, skill-building chapters on 15 unique populations— including Arab Americans, Latinx, recent immigrants, LGBTQ clients, people with disabilities, and military personnel—are presented. Detailed case studies in this section illustrate real-world perspectives on assessment and treatment for an increased understanding of culturally responsive counseling. The final section of the book focuses on ethics and social justice issues.

2019 | 320 pgs | Order #78145 | ISBN 978-1-55620-369-5  
List Price: \$82.95 | **ACA Member Price: \$58.95**

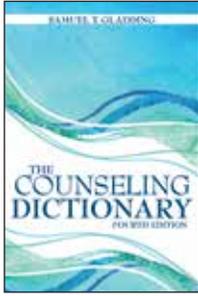


### Counseling for Social Justice Third Edition

edited by Courtland C. Lee

In the new edition of this pioneering book, thought leaders examine global issues in social justice counseling and provide counselors with the knowledge and training necessary for becoming agents of change. Part 1 covers the historical and contemporary context of social justice in counseling. Part 2 presents ideas for promoting social justice and challenging oppression with clients and communities. Topics in this section include perspectives on peace, violence, and conflict; recommendations for global initiatives in school-based counseling; advocacy for decent work; social justice strategies for LGBTQQI communities; empowering older people; addressing the challenges of people with disabilities; confronting sexism; assisting undocumented immigrants; and fighting racism. Part 3 contains chapters on the role of neuroscience in advancing social justice counseling, as well as social justice and global perspectives in ethics, research, and counselor training.

*Published by the American Counseling Association Foundation*  
2018 | 296 pgs | Order #78148 | ISBN 978-1-55620-356-5  
List Price: \$65.95 | **ACA Member Price: \$45.95**

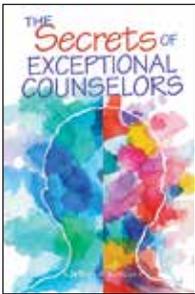


## The Counseling Dictionary Fourth Edition

*Samuel T. Gladding*

This authoritative reference book by one of the most distinguished leaders in the profession features 4,000 commonly used terms and abbreviations in counseling. Since publication of the previous edition, Dr. Samuel Gladding has added 342 new, clear, and concise definitions and has fully updated existing terminology. This exceptional resource also highlights the professional contributions of prominent counselors, both historical and contemporary, and includes a current chronology of the evolution of counseling. In addition, it provides comprehensive contact information for self-help groups and nationally prominent helping organizations. Frequent cross-referencing of terms enhances the reader's understanding of more complex principles.

2018 | 212 pgs | Order #78140 | ISBN 978-1-55620-372-5  
List Price: \$55.95 | **ACA Member Price: \$34.95**



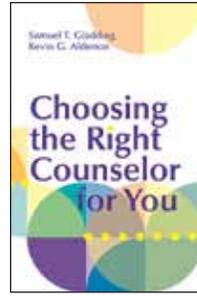
## The Secrets of Exceptional Counselors

*Jeffrey A. Kottler*

Every profession has trade secrets that are passed on from one generation to the next and counseling is no exception. These cherished lessons include fresh ideas, noteworthy interventions, and even little tricks learned over time that increase both professional effectiveness and personal satisfaction. These unique practices are captured in this entertaining book that discloses the wisdom of master clinicians who discuss their creative breakthroughs, spiritual transcendences, and monumental successes. They also reveal some of their most unusual cases, disappointing failures, and disturbing deceptions, and share stories about the clients who have changed them.

New practitioners and veterans alike will find innovative ways to remain fresh and engaged with clients. Because of its focus on useful strategies, this book can be used as a supplemental text in a variety of introductory and advanced courses, or as an inspirational guide for experienced counselors.

2018 | 172 pgs | Order #78141 | ISBN 978-1-55620-378-7  
List Price: \$39.95 | **ACA Member Price: \$24.95**



## Choosing the Right Counselor for You

*Samuel T. Gladding and Kevin G. Alderson*

This concise guide is for individuals seeking a counselor for themselves or others. It contains a treasure trove of information for the public on the nuts and bolts of counseling in an easy-to-read, question and answer format. Chapter topics include how to know when to seek help and what kinds of issues counselors assist with; the differences between individual, group, couples, family, and online counseling; the various theoretical approaches to counseling and how to choose; how to find a competent counselor; what questions you should ask before scheduling your first appointment; and how to determine if counseling is working.

2019 | 136 pgs | Order #78157 | ISBN 978-1-55620-390-9  
List Price: \$14.95 | **ACA Member Price: \$11.95**

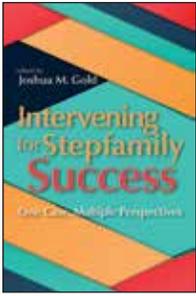


## Cognitive Behavior Therapies: A Guidebook for Practitioners

*edited by Ann Vernon and Kristene A. Doyle*

This comprehensive book showcases seven different approaches to cognitive behavior therapy (CBT) and focuses on the implementation of these various theories in real-world practice. Following an overview of cognitive therapy, practitioners and scholars discuss behavior therapy, cognitive therapy, rational emotive behavior therapy, multimodal therapy, acceptance and commitment therapy, dialectical behavior therapy, and mindfulness. Each theory highlighted includes a profile of the theorist(s), an overview of the theory, a discussion of the therapeutic process, an array of targeted interventions, a verbatim case transcript, an analysis of the limitations of the theory, and reflective sidebars to facilitate learning. The final chapter presents a single case study discussed from the perspective of each particular theory.

2018 | 344 | Order #78135 | ISBN 978-1-55620-367-1  
List Price: \$59.95 | **ACA Member Price: \$44.95**



## Intervening for Stepfamily Success: One Case, Multiple Perspectives

edited by Joshua Gold

As the number of stepfamilies continues to increase, mental health professionals will experience growing numbers of stepfamily concerns in their clinical caseloads. This welcome resource provides concrete examples of how to apply multiple family systems theories and techniques to common stepfamily issues. This book builds on knowledge of theory-based treatment planning, systems

thinking, and family theory with multiple approaches addressing a single case study of stepfamily functioning. The same case is examined through the lenses of the Adlerian, transgenerational, prescriptive play therapy, structural, cognitive behavior, solution-focused, and narrative models to allow the reader to understand how each approach can be helpful, and how to determine the best fit for the stepfamily's presenting issues. In addition, each chapter examines ethical concerns specific to counseling stepfamilies, issues of diversity, and current research on stepfamily assessment and therapeutic outcomes.

2019 | 158 pgs | Order #78158 | ISBN 978-1-55620-373-2  
List Price: \$34.95 | **ACA Member Price: \$29.95**

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