Addictions, Offenders, and Correction Counseling

Breaking Free and Staying Clean: A Quantitative Study on Self-Forgiveness in Addiction
Crisis Intervention Training: Police and Disabled or Mentally Ill Individuals
Effectively Addressing Internet Gaming Disorder Among Diverse Clients
Healing the Complex Trauma: Play Therapy with Children of Addicted Parents
IAAOC Research Carousel
Inviting Responsibility: Adolescents, Addiction, and Themes of Engagement
Medication Assisted Treatment for Opioid Use Disorder: A Primer for Counselors
Preparing Counselors-in-Training to Work with Court-Referred Clients
Promoting Wellness through Restorative Practices
Therapy with Offenders: Applying Counseling Techniques to the "Untouchables"
Utilizing the Therapeutic Relationship as a Corrective Experience in Sex Offender Treatment

Advanced
Creative Evidence-Based Interventions for Group Work with Youth and their Adult Allies
Mom, I Want to Live! - Overcoming Opioids' Clutches
The Integration of SUD EBP Counseling Applied to the Transgender Population
Trauma, Neurobiology, and Addictions: Implications for Counseling and Advocacy

Assessment, Testing, and Program Evaluation

Counselor Education Program Assessment Utilizing the CACREP 2016 Standards
Free Access Assessment Instruments for Determining Evidence-based Counseling Outcomes
Measurement Issues in Gatekeeper Training: Validation and New Scoring for SIRI-2
The Biopsychosocial Model of Treating Chronic Pain: Opioids Seldom Work
Universal Mental Health Screening in Schools: Implement in Eight Steps

Advanced
Phenomenography: A Best Practice Methodology for Program Assessment

Career Development and Employment Counseling

Career Construction Counseling Through a Feminist Lens
Career Development and Mental Health Strategies
From School to Workforce: Effectively Managing Transition
Your Career Checklist: How Prepared Are You?

Advanced
Enhance Counseling Services by Integrating Clinical and Career Counseling Strategies
Nurturing your Inner Heroes™ through Self-Care Management in the Workplace
Wellness and Work in the 21st Century: Helping People Make Money Doing What they Love

Child and Adolescent Counseling

A Family Focus: Strengthening Professional Counseling in Child Protective Services
A Seat at the Table: Systemic Change for Black Children in the Public Education System
Bullying in a Global Society: Using DBT to Create Inclusive Communities
Child and Adolescent Sex-Trafficking: Implications for Mental Health Care
Child Centered Play Therapy as an Evidence Based Approach to Address Behavior Problems
Creative Arts and Play Therapy: A Gateway for Children in Grief and Loss
Developing a Competency System for Counseling Children: Results from a Delphi Study
Evidence-Based Strategies for Your Classroom Prevention Programs
Exploring the Whole Child through the Social-emotional Lens
Healing the Complex Trauma: Play Therapy with Children of Addicted Parents
Introducing Reality Play Therapy
Inviting Responsibility: Adolescents, Addiction, and Themes of Engagement
Lockdown Drills: Impacts and Strategies
Mandatory Reporters: Law, Ethics, and How to Interface with Child Protective Services
Neuro-Informed Approaches for Marginalized Adolescents: What Helpers Need to Know
Neuroscience-Informed Counseling With Children and Adolescents
Partnering with School Resource Officers: Strategies for School Counselors
Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness
School-based Play Therapy with Underserved Children in Urban School Settings
Strategies for School Counselors in Supporting Students with Eating Disorders
Supporting Gen Z's Mental, Emotional, and Social Needs
The ASCA Model and MTSS: A Framework to Support Students-of-Color with Problem Behavior
Treating Adolescents in Crisis: A Model for Intervention and Stabilization

Advanced
Behind the Mask: Understanding and Treating Depression in Adolescent Males
Group Play Therapy: Impacting Social and Behavioral Changes using the Power of Play
Student Anxiety: A Rising Trend

Clinical Mental Health
#MeToo: Implications for the Profession
A Counselor Education Program's Response to a Mass Shooting
A Developmental Approach to Counseling First Generation College Students
A Discussion on Treating Depression in African American Youth
A Phenomenological Inquiry of Clients' Meaningful Experiences in Counseling
Advocacy and Collaboration: Tools to Address the Mental Health Needs Elderly Clients
Artificial Intelligence and Vanguard Technology in Clinical Counseling: Seven Applications for Practice
Assessment and Treatment Considerations of NSSI in Diverse Populations
Attachment Styles and Family Dynamics of Venezuela Inmates
Breaking Through Barriers to Provide Effective Crisis Support
Communication and Collaboration: The Inner Workings of Integrated Care Treatment
Counseling Clients with Neurodevelopmental Disabilities: Tips and Resources
Counseling Transracial and Transnational Adoptees: Clinical Issues and Best Practice
Deconstructing Anxiety: The Journey from Fear to Fulfillment
EMDR for Survivors of Sexual and Domestic Violence
Enhancing Resilience in College Students: Practical Strategies for Counselors
Ethical Dilemmas: Implications of Evidence-based Practices for Child Counselors
Fragile and Resilient: Counseling Highly Sensitive Children and their Families
Free Access Assessment Instruments for Determining Evidence-based Counseling Outcomes
Healing Through Connection: A Relational-Cultural Approach to Chronic Pain
Humor as a Help or Hindrance in Counseling
Implementing Trauma-Informed Care with U.S. Veterans
Infusing Creativity in Your Counseling: Speed Dating Style
Intersectional Advocacy in Counseling
Leveraging the Power of Podcasts: Trends, Opportunities and Implications for Counselors
Medical Marijuana and Mental Health Disorders: Attitudes of Professional Counselors
Medication Assisted Treatment for Opioid Use Disorder: A Primer for Counselors
Neurocounseling for Resilience
Postvention Planning: Guidelines for Response and Healing After Client Suicide
Preparing Counselors to Effectively Address Nonsuicidal Self-injury in Clinical Work
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The Art of Integrative Counseling
The Greying of the Rainbow: Promoting Wellness Among Older LGBTQ+ Adults
The Interpersonal Stress Scale-Counselor: Applications in Clinical Settings
The Little Black Boy and the Big Black Man: Exploring Trauma, Moral Injury and Hypermasculinity in the African American Community
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Transgender Mental Health Care: From Basic Information to Evidence Based Counseling
Trauma and Polyvagal Theory: Neuroscience Updates for Professional Counselors
Treating Adolescents in Crisis: A Model for Intervention and Stabilization
Utilizing the Therapeutic Relationship as a Corrective Experience in Sex Offender Treatment

Advanced
"Medicare is the last holdout": A Qualitative Analysis of the Medicare Coverage Gap
Becoming Trauma-Informed: A Rural, Southern Community's Journey
Building Reward Motivation (Wanting) and Reward Experience (Liking)
Clinical Techniques for Managing Suicidal Clients
Complicated Grief: Treatment Stories and Experiential Exercises
Counseling Moms in a Challenging Social Environment: New Findings and Best Practices
Destructive Cults and Clinical Work with former Members
Enhance Counseling Services by Integrating Clinical and Career Counseling Strategies
Failed Leadership: Client Perspectives of Being a Troubled Outgroup Employee
Group Reality Therapy Counseling: How To Lead A Group From Inclusion to Cohesion
Integrating Feminist Theory into Cognitive Behavioral Approaches
Mindfulness and Acceptance-Based Approaches in the Treatment of Eating Disorders
Nurturing your Inner Heroes™ through Self-Care Management in the Workplace
Parenting the Rainbow: Counseling Strategies for Parents of Queer and Trans Children
State of Black Boys and Men: Policy and Mental Health Considerations
The Role of the Counseling Profession in Preventing Older Adult Suicide
To Go Deep or Go Shallow: Adjusting Therapeutic Approaches to Fit Individual Clients
Transitioning from Opioids to CBD: The Lived Experiences of those with Chronic Pain
What's New in Suicide Assessment and Treatment?: Using a Strength-Based Approach

College Counseling
A Developmental Approach to Counseling First Generation College Students
A Discussion on Treating Depression in African American Youth
Animals on Campus: Ethical and Legal Considerations for Counselors Navigating this New Frontier
Building Bridges for Postsecondary Success
College Counseling Primer: Exploring Student Development, Campus Collaboration, and Best Practices
Combating Stigma: A Mental Health Literacy Intervention for Student-Athletes
Enhancing Resilience in College Students: Practical Strategies for Counselors
Supporting the DREAM: Using RCT to Enhance Undocumented College Students' Wellbeing
The Effect of Culturally Competent Counseling Practices with Arab American Students
The Experiences of College Sophomores Who Know They Need Help But Do Not Seek Counseling

Counseling Theory
Deconstructing Anxiety: The Journey from Fear to Fulfillment
Towards Culturally Competent Counseling Environments: Hip Hop Studio Construction

Advanced
Integrating Feminist Theory into Cognitive Behavioral Approaches

Counselor Education
Amplify Your Approach to Advising: Building Relationships within a Cultural Framework
Black Womxn Survivor's Narratives of Interpersonal Violence, Messages and Healing
College Counseling Primer: Exploring Student Development, Campus Collaboration, and Best Practices
Conversations on Race: Toward a Racially Safe Counseling Program Climate
Counseling Students and Faculty Studying Abroad: A Transformational Experience
Counselor Education Program Assessment Utilizing the CACREP 2016 Standards
Counselors Perceived Competency to Work with Clients Following Reproductive Trauma
Developing a Competency System for Counseling Children: Results from a Delphi Study
Developing Agency as Black Male Counselor Educators
Getting Creative with Self Care
IMPROVE-ing Supervisee Performance with the Integration of DBT Skills in Supervision
Integrating Contemplative Practices into Counselor Education Programs: Implications for Educators and Students
International Experiential Learning and Leadership Development in Counseling
International Registry of Counsellor Education Programs: First 10 Years and What's Next?
On the Margins of #metoo: Centering LGBTQ+ Survivors of Sexual Trauma
OUCH! How to Conceptualize and Understand the Needs of Clients with a Medical Comorbidity
Sexual Competency is Missing: Incorporating Sexuality into Clinical Training
Standing Out From The Crowd: The Research Backed Secrets of Great Therapists
Surviving and Thriving in Your Counseling Program
Teaching for Diversity: Culturally Responsive Strategies for the Counseling Educator
The Emotional Complexities of Gatekeeping for Counselor Educators and Supervisors
The Future of ACES: Preparing for 20/20 and Beyond
The Professional Counselor's Guide to Writing for Publication
Transformative Instruction for Online and Hybrid Learners
Use of Service Learning and Cultural Immersion to Increase Multicultural Competencies

Advanced
Counselor Training within Integrated Health Care: A Toolkit for Counselor Educators
Grief Counseling in Counselor Education: How To Teach It and Why Is It Important?
Incorporating Positive Psychotherapy into Cognitive Behavioral Therapy
Integrative Approach to ACES: Developing Partnerships to Build Resilient Communities
Virtual Reality, 360 and AR: Building Effective Learning Communities Using Technology
Writing for Success: A Mentoring Session With JMCD Consulting Elders

Couples, Marriage, and Family Counseling
A Family Focus: Strengthening Professional Counseling in Child Protective Services
A Phenomenological Inquiry of Clients' Meaningful Experiences in Counseling
Caregivers' Anticipatory Grief and Living with Stage IV Metastatic Breast Cancer
Coping with Post-Divorce Spiritual and Religious Uncertainty: A Developmental Approach
Counseling Diverse Couples: Lessons from Relationship Education Research
One Size Doesn't Fit All: Creative Strategies for Counseling Diverse Families in Crisis
Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness

Advanced
Counseling Moms in a Challenging Social Environment: New Findings and Best Practices
Creativity in Couple and Family Counseling

Creativity in Counseling
Creative and Expressive Arts: Tools for Counselors
Creative Arts and Play Therapy: A Gateway for Children in Grief and Loss
Humor as a Help or Hindrance in Counseling
Infusing Creativity in Your Counseling: Speed Dating Style
Introducing Reality Play Therapy
Is There a Book Within You to be Written?
Let's Get Creative in Counseling!
Leveraging the Power of Podcasts: Trends, Opportunities and Implications for Counselors
Nature is Nurture: Counseling and the Natural World
One Size Doesn't Fit All: Creative Strategies for Counseling Diverse Families in Crisis
Rocky Balboa as the Quintessential Humanistic Archetype for Motivation and Overcoming Universal Obstacles
Towards Culturally Competent Counseling Environments: Hip Hop Studio Construction
Trans-Diagnostic, Creative Group Counseling: Run an Effective Group in Your Setting
Advanced
Creativity in Couple and Family Counseling

Diagnosis and Treatment
Assessment and Treatment Considerations of NSSI in Diverse Populations
DSM-V and the Asperger's Syndrome Diagnosis: Experiences with Mental Health Services
Medical Marijuana and Mental Health Disorders: Attitudes of Professional Counselors
OUCH! How to Conceptualize and Understand the Needs of Clients with a Medical Comorbidity
Preparing Counselors to Effectively Address Nonsuicidal Self-injury in Clinical Work
The Effects of Historical Trauma in African Americans: Implications for Counselors
Advanced
Building Reward Motivation (Wanting) and Reward Experience (Liking)
Immigrant and Refugee Trauma: Social/Clinical Features and Treatment
Mindfulness and Acceptance-Based Approaches in the Treatment of Eating Disorders

Disaster Mental Health
Best Group Practices for Post-Disaster Response in Cross-Cultural Settings
Advanced
The Mental Health Crisis in Schools: Practical Strategies for School Counselors

Ethics
Animals on Campus: Ethical and Legal Considerations for Counselors Navigating this New Frontier
Are You Suggesting "Apps?" 7 Easy Legal, Ethical and Evidence-Based Factors to Consider
Current Trends in Ethics: A Discussion with the ACA Ethics Committee
Drowning in Confusion: What Self-care Is and Isn't
Ethical Concerns Related to Emotional Support Animal Recommendation Letters
Integrating Relational Ethical Decision-Making into Clinical Supervision
Managing Value Conflicts in Counseling
Mandatory Reporters: Law, Ethics, and How to Interface with Child Protective Services
Religiosity and Ethical Decision-Making
Advanced
Ethical Considerations When Addressing Spirituality/Religion with LGBTQ+ Clients
Ethical, Legal, and Humanistic Protocols for Counselor Absence from Clinical Practice
Navigating the Treacherous Waters of Social Media: Ethical Undertows and Life Preservers
The Art of Counseling in the Digital Age: Enhancing Your Ethical Intuition
Understanding the Relationships in Animal-Assisted Interventions in Counseling
Working with Spiritual and Religious Values in Counseling: Key Ethical Issues

Evidence-Based Practices
Communication and Collaboration: The Inner Workings of Integrated Care Treatment
Ethical Dilemmas: Implications of Evidence-based Practices for Child Counselors
Exploring the Whole Child through the Social-emotional Lens
Finding Answers to Practical Problems: Using Applied Research in Practice
Integrated Behavioral Health and LGBTQ Populations
Integrating Contemplative Practices into Counselor Education Programs: Implications for Educators and Students
Neurocounseling for Resilience
Neuroscience-Informed Counseling With Children and Adolescents
The Power of Person-Driven Planning in Transition Services for Youth with Disabilities

**Advanced**
Clinical Techniques for Managing Suicidal Clients
Incorporating Positive Psychotherapy into Cognitive Behavioral Therapy
To Go Deep or Go Shallow: Adjusting Therapeutic Approaches to Fit Individual Clients
What's New in Suicide Assessment and Treatment?: Using a Strength-Based Approach

**Gerontological Counseling**
Advocacy and Collaboration: Tools to Address the Mental Health Needs Elderly Clients
It's Time to Go Gray! Envisioning the Next 20 Years of Gerontological Counseling
Latinx and Older Adults: How Culture Can Influence Counseling

**Advanced**
Complicated Grief: Treatment Stories and Experiential Exercises
Connecting with Individuals with Alzheimer's Disease: A Counseling Approach
The Role of the Counseling Profession in Preventing Older Adult Suicide

**Graduate Student Issues**
Amplify Your Approach to Advising: Building Relationships within a Cultural Framework
Becoming a Professional Counselor
Graduate Students Can Lead, Too: Leadership and Advocacy Pathways for Graduate Students
Improving Counselor Empathy: Effects of Individualism and Collectivism on Empathy
Marketing in Private Practice: How to Get Clients!
Mentorship Rupture and Repair in Graduate Training: A Multicultural Perspective
Surviving and Thriving in Your Counseling Program
Your Career Checklist: How Prepared Are You?

**Advanced**
Integrative Approach to ACES: Developing Partnerships to Build Resilient Communities

**Group Work**
Best Group Practices for Post-Disaster Response in Cross-Cultural Settings
Decolonizing Group Work Strategies with Trans, Non-Binary, Genderqueer, and Gender Nonconforming Youth
Trans-Diagnostic, Creative Group Counseling: Run an Effective Group in Your Setting
Using Sista Circle Groups to Explore Giftedness among Black Girls in Ghana, West Africa

**Advanced**
A Qualitative Study of the Fishing for Wellness Project: Implications for Group Work
Group Play Therapy: Impacting Social and Behavioral Changes using the Power of Play
Group Reality Therapy Counseling: How To Lead A Group From Inclusion to Cohesion

**Human Development Across the Life Span**
Betrayal Trauma, Shame, and the Body: Somatic Approaches for Healing
Exploring Caregivers' Hopes and Fears with Motivational Interviewing Techniques
Fragile and Resilient: Counseling Highly Sensitive Children and their Families
From School to Workforce: Effectively Managing Transition
Latinx and Older Adults: How Culture Can Influence Counseling
Supporting Gen Z's Mental, Emotional, and Social Needs

**Advanced**
Connecting with Individuals with Alzheimer's Disease: A Counseling Approach
Human Rights
Counselors and the Climate Crisis: Mental Health and Social Justice Advocacy Implications
Ethical Concerns Related to Emotional Support Animal Recommendation Letters
The Little Black Boy and the Big Black Man: Exploring Trauma, Moral Injury and Hypermasculinity in the African American Community
Advanced
A Qualitative Study: Refugee and Immigrant Experiences of Transition to Life in the U.S.
Mom, I Want to Live! - Overcoming Opioids' Clutches

Individual Trauma and Crisis
"Good in a Crisis": Measuring Crisis Response Competencies for School Counselors
Betrayal Trauma, Shame, and the Body: Somatic Approaches for Healing
Black Womxn Survivor's Narratives of Interpersonal Violence, Messages and Healing
Breema: The Art of Being Present - Somatic Self-Care and Treating Trauma
Child and Adolescent Sex-Trafficking: Implications for Mental Health Care
Coping Skills for a Stressful World: A Workbook for Counselors and Clients
Crisis Intervention in Communities of Color: Towards a Liberatory Praxis of Counseling
EMDR for Survivors of Sexual and Domestic Violence
How Much is Your Job Costing You? Starting and Sustaining Daily Self Care Practices
Implementing Trauma-Informed Care with U.S. Veterans
Rocky Balboa as the Quintessential Humanistic Archetype for Motivation and Overcoming Universal Obstacles
Suicide Risk in Gender Nonconforming and Transgender People of Color
The Religious/Spiritual Impact and Posttraumatic Growth of Early Parental Death
Trauma and Polyvagal Theory: Neuroscience Updates for Professional Counselors
Advanced
Childhood Emotional Abuse: Recognizing Factors that Promote Maladaptive Coping
Destructive Cults and Clinical Work with former Members
First Do No Harm: Trauma-Sensitive Mindfulness to Support Safety and Self-Regulation
The Darker Side of Sleep: Identifying and Treating Trauma-Induced Insomnia

LGBTQ Issues
Decolonizing Counseling with Queer and Trans People: Moving from Affirmative to Liberation and Celebratory Counseling Approaches
Decolonizing Group Work Strategies with Trans, Non-Binary, Genderqueer, and Gender Nonconforming Youth
Discrimination and Resilience in Black Trans Men: Results from a Qualitative Inquiry
Indivisible: Using a Strategic Plan Process to Unite, Cultivate Leadership, and Change the Culture of a Community
Integrated Behavioral Health and LGBTQ Populations
Liberatory Supervision Frameworks For Supervising Trans and Nonbinary Counselors
On the Margins of #metoo: Centering LGBTQ+ Survivors of Sexual Trauma
Promoting Safety, Inclusion and Well-Being for LGBTQ Students
Sex and Symbolism: Redefining Agency and Embodiment through BDSM
Suicide Risk in Gender Nonconforming and Transgender People of Color
The Greying of the Rainbow: Promoting Wellness Among Older LGBTQ+ Adults
Transgender Mental Health Care: From Basic Information to Evidence Based Counseling
We Are Family! Exploring Family of Choice for LGBTQ Clients in the Ball/House Scene
Advanced
Parenting the Rainbow: Counseling Strategies for Parents of Queer and Trans Children
The Integration of SUD EBP Counseling Applied to the Transgender Population
The Practice of Liberatory Research: Centralizing the Voices of Queer Womxn of Color
Military Issues
Examining Transitional Support Needs of Military Spouses: Implications for Practice
LPMHC Careers in the VA

Advanced
I've Got Your Six! Competencies for Counseling Military Clients and Their Families

Multicultural and International Issues
A Seat at the Table: Systemic Change for Black Children in the Public Education System
Anti-Fat Weight Bias, Fatmisia, and Implications for the Counseling Profession
Broaching in a Digital Platform to Decrease Mental Health Barriers Amongst Black Men
Clinical Implications for Working with Latina/o Immigrant Communities
Conversations on Race: Toward a Racially Safe Counseling Program Climate
Counseling Students and Faculty Studying Abroad: A Transformational Experience
Counseling Transracial and Transnational Adoptees: Clinical Issues and Best Practice
Cultural Humility: An Approach to Supervision and Social Justice
Decolonizing the Model Minority Myth to Empower Asian Clients and Students
Developing Agency as Black Male Counselor Educators
Discrimination and Resilience in Black Trans Men: Results from a Qualitative Inquiry
Effectively Addressing Internet Gaming Disorder Among Diverse Clients
Evolving Disability and Sexuality Competency: Strategies for Intersectional Realities
Facilitating Difficult Dialogues in Counseling: White Fragility and Racism
Facing Fear: Challenging Cultural Intolerance in the Counseling Process
International Experiential Learning and Leadership Development in Counseling
International Registry of Counsellor Education Programs: First 10 Years and What's Next?
Intersectional Advocacy in Counseling
Mentorship Rupture and Repair in Graduate Training: A Multicultural Perspective
Neuro-Informed Approaches for Marginalized Adolescents: What Helpers Need to Know
Racism as a Mental Health Challenge: An Anti-Racist Counseling Perspective
Serving Latinx Im/Migrants: Sociopolitical Context and Culturally Competent Practice
Teaching for Diversity: Culturally Responsive Strategies for the Counseling Educator
The Effect of Culturally Competent Counseling Practices with Arab American Students
The Effects of Historical Trauma in African Americans: Implications for Counselors
The Experiences of Religious and Spiritual Asian Americans in Counseling
The Intersection of Disability Justice and Racial Justice: Counseling at the Margins
Use of Service Learning and Cultural Immersion to Increase Multicultural Competencies
What White Counselors Need to Understand About Whiteness: Results of a Delphi Study
Women and the Practice of Self-Censorship: Implications for Counselor Education

Advanced
A Qualitative Study: Refugee and Immigrant Experiences of Transition to Life in the U.S.
Addressing Refugee Discrimination: A Social and Cultural Capital Model of Advocacy
Developing Multicultural Counseling Competencies in the Supervision Process
Immigrant and Refugee Trauma: Social/Clinical Features and Treatment
Promoting International Scholarly Collaborations and Counseling Internship Abroad
State of Black Boys and Men: Policy and Mental Health Considerations
Trauma, Neurobiology, and Addictions: Implications for Counseling and Advocacy

Private Practice
Creative and Expressive Arts: Tools for Counselors
Innovative and Interactive Approaches to Suicide Assessment and Safety Planning
Managing Value Conflicts in Counseling
Marketing in Private Practice: How to Get Clients!
Top Ten Techniques To Curb Counselor Burn Out: Hands On!

**Advanced**
Ethical, Legal, and Humanistic Protocols for Counselor Absence from Clinical Practice

**Professional Issues**

#MeToo: Implications for the Profession
Counselor Advocacy: Tools and Tips for Busy Counselors
Current Topics in Counseling Sexology: A Panel Discussion with ACSSW Leadership
Current Trends in Ethics: A Discussion with the ACA Ethics Committee
Graduate Students Can Lead, Too: Leadership and Advocacy Pathways for Graduate Students
Is There a Book Within You to be Written?
LPMHC Careers in the VA
Mitigating Compassion Fatigue in Counselors Treating High Risk Suicidal Clients
Postvention Planning: Guidelines for Response and Healing After Client Suicide
Publishing in Refereed Journals: Suggestions From the Council of Editors
The Emotional Complexities of Gatekeeping for Counselor Educators and Supervisors
When Faith Meets Counseling Practice and Professional Identity

**Advanced**
"Medicare is the last holdout": A Qualitative Analysis of the Medicare Coverage Gap
Counselor Training within Integrated Health Care: A Toolkit for Counselor Educators
Leading Past Division: Towards One Unified Voice in Counseling
I've Got Your Six! Competencies for Counseling Military Clients and Their Families
Promoting International Scholarly Collaborations and Counseling Internship Abroad

**Rehabilitation Counseling and Disability Issues**

Caregivers' Anticipatory Grief and Living with Stage IV Metastatic Breast Cancer
Counseling Clients with Neurodevelopmental Disabilities: Tips and Resources
Crisis Intervention Training: Police and Disabled or Mentally Ill Individuals
Healing Through Connection: A Relational-Cultural Approach to Chronic Pain
Legislative Advocacy: A Beginner's Guide for Counselors
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The Biopsychosocial Model of Treating Chronic Pain: Opioids Seldom Work
The Intersection of Disability Justice and Racial Justice: Counseling at the Margins
The Power of Person-Driven Planning in Transition Services for Youth with Disabilities

**Advanced**
Transitioning from Opioids to CBD: The Lived Experiences of those with Chronic Pain

**Research**

Breaking Free and Staying Clean: A Quantitative Study on Self-Forgiveness in Addiction
Child Centered Play Therapy as an Evidence Based Approach to Address Behavior Problems
Clinical Implications for Working with Latina/o Immigrant Communities
Combating Stigma: A Mental Health Literacy Intervention for Student-Athletes
Counseling Diverse Couples: Lessons from Relationship Education Research
Counselors Perceived Competency to Work with Clients Following Reproductive Trauma
Examining Transitional Support Needs of Military Spouses: Implications for Practice
Finding Answers to Practical Problems: Using Applied Research in Practice
Improving Counselor Empathy: Effects of Individualism and Collectivism on Empathy
Measurement Issues in Gatekeeper Training: Validation and New Scoring for SIRI-2
School-based Play Therapy with Underserved Children in Urban School Settings
Standing Out From The Crowd: The Research Backed Secrets of Great Therapists
ACA 2020 Conference & Expo
Conference Education Sessions

The Experiences of College Sophomores Who Know They Need Help But Do Not Seek Counseling
The Interpersonal Stress Scale-Counselor: Applications in Clinical Settings
Women and the Practice of Self-Censorship: Implications for Counselor Education

Advanced
A Qualitative Study of the Fishing for Wellness Project: Implications for Group Work
Addressing Refugee Discrimination: A Social and Cultural Capital Model of Advocacy
Childhood Emotional Abuse: Recognizing Factors that Promote Maladaptive Coping
Failed Leadership: Client Perspectives of Being a Troubled Outgroup Employee
Phenomenography: A Best Practice Methodology for Program Assessment
Training Counselors on Ethical Practice: Treating Trauma and Crisis with mmHealth Apps
Understanding the Relationships in Animal-Assisted Interventions in Counseling
Writing for Success: A Mentoring Session With JMCD Consulting Elders

School Counseling
"Good in a Crisis": Measuring Crisis Response Competencies for School Counselors
A Counselor Education Program's Response to a Mass Shooting
Building Bridges for Postsecondary Success
Bullying in a Global Society: Using DBT to Create Inclusive Communities
Emphasizing the Counselor in School Counselor Identity
Evidence-Based Strategies for Your Classroom Prevention Programs
Lockdown Drills: Impacts and Strategies
Partnering with School Resource Officers: Strategies for School Counselors
Strategies for School Counselors in Supporting Students with Eating Disorders
The ASCA Model and MTSS: A Framework to Support Students-of-Color with Problem Behavior
The Neuroscience of Storytelling: Why Stories Heal
Universal Mental Health Screening in Schools: Implement in Eight Steps
Why are all the Black Kids Expelled? Examining Racial Disparities in Schools

Advanced
Becoming Trauma-Informed: A Rural, Southern Community's Journey
Student Anxiety: A Rising Trend
The Mental Health Crisis in Schools: Practical Strategies for School Counselors

Sexuality
Current Topics in Counseling Sexology: A Panel Discussion with ACSSW Leadership
Evolving Disability and Sexuality Competency: Strategies for Intersectional Realities
Sex and Symbolism: Redefining Agency and Embodiment through BDSM

Social Justice
2nd Annual Interdivisional Social Justice Summit
Anti-Fat Weight Bias, Fatmisia, and Implications for the Counseling Profession
Career Construction Counseling Through a Feminist Lens
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Crisis Intervention in Communities of Color: Towards a Liberatory Praxis of Counseling
Decolonizing Counseling with Queer and Trans People: Moving from Affirmative to Liberation and Celebratory
Counseling Approaches
Decolonizing the Model Minority Myth to Empower Asian Clients and Students
DSM-V and the Asperger's Syndrome Diagnosis: Experiences with Mental Health Services
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Supporting the DREAM: Using RCT to Enhance Undocumented College Students' Wellbeing
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What White Counselors Need to Understand About Whiteness: Results of a Delphi Study
Why are all the Black Kids Expelled? Examining Racial Disparities in Schools

Advanced
Creative Evidence-Based Interventions for Group Work with Youth and their Adult Allies
The Practice of Liberatory Research: Centralizing the Voices of Queer Womxn of Color

Spirituality and Religion
Coping with Post-Divorce Spiritual and Religious Uncertainty: A Developmental Approach
Religiosity and Ethical Decision-Making
The Experiences of Religious and Spiritual Asian Americans in Counseling
The Religious/Spiritual Impact and Posttraumatic Growth of Early Parental Death
When Faith Meets Counseling Practice and Professional Identity

Advanced
Ethical Considerations When Addressing Spirituality/Religion with LGBTQ+ Clients
Working with Spiritual and Religious Values in Counseling: Key Ethical Issues

Supervision
Cultural Humility: An Approach to Supervision and Social Justice
Getting Creative with Self Care
IMPROVE-ing Supervisee Performance with the Integration of DBT Skills in Supervision
Integrating Relational Ethical Decision-Making into Clinical Supervision
Liberatory Supervision Frameworks For Supervising Trans and Nonbinary Counselors
The Future of ACES: Preparing for 20/20 and Beyond

Advanced
Developing Multicultural Counseling Competencies in the Supervision Process
Grief Counseling in Counselor Education; How To Teach It and Why Is It Important?

Technology and Social Media in Counseling
Are You Suggesting "Apps?" 7 Easy Legal, Ethical and Evidence-Based Factors to Consider
Artificial Intelligence and Vanguard Technology in Clinical Counseling: Seven Applications for Practice
Brouching in a Digital Platform to Decrease Mental Health Barriers Amongst Black Men
Innovative and Interactive Approaches to Suicide Assessment and Safety Planning
Transformative Instruction for Online and Hybrid Learners

Advanced
Navigating the Treacherous Waters of Social Media: Ethical Undertows and Life Preservers
The Art of Counseling in the Digital Age: Enhancing Your Ethical Intuition
Training Counselors on Ethical Practice: Treating Trauma and Crisis with mmHealth Apps
Virtual Reality, 360 and AR: Building Effective Learning Communities Using Technology

Wellness
Attachment Styles and Family Dynamics of Venezuela Inmates
Breema: The Art of Being Present - Somatic Self-Care and Treating Trauma
Drowning in Confusion: What Self-care Is and Isn't
Exploring Caregivers' Hopes and Fears with Motivational Interviewing Techniques
How Much is Your Job Costing You? Starting and Sustaining Daily Self Care Practices
Mitigating Compassion Fatigue in Counselors Treating High Risk Suicidal Clients
Nature is Nurture: Counseling and the Natural World
Top Ten Techniques To Curb Counselor Burn Out: Hands On!

**Advanced**
First Do No Harm: Trauma-Sensitive Mindfulness to Support Safety and Self-Regulation
The Darker Side of Sleep: Identifying and Treating Trauma-Induced Insomnia
Wellness and Work in the 21st Century: Helping People Make Money Doing What they Love