

Professional Information/Library

counseling.org /knowledge-center/clearinghouses 703-823-9800 x281

Creative Interventions and Activities Clearinghouse

Remediation Activities for Fitness to Practice in Doctoral Professional Orientation Class

Thelma Duffey and Shane Haberstroh

The University of Texas at San Antonio

Purpose:

To provide a simulated experience for students on common remediation practices and scenarios.

Materials Needed:

Paper and pens

Procedures:

Students receive the following instructions:

You will be assigned a role play scenario involving common interpersonal, maturational issues facing counselors, counselor educators, and agency directors. Your role play will be taped in the Counseling Clinic. Using the Fitness to Practice forms available, you will write a summary, describe and assess your experience in the role play. What challenges were most difficult for you? What internal responses did you have? How do you manage these feelings/expectations? Given your own personal style, what can you do to prepare yourself for difficult challenges while in the doctoral program and as a new professional? What do you need to remind yourself of in order to negotiate challenging situations?

Process Questions and Follow-Up:

Group Discussion, feedback and process

Practice Setting:

Counselor Education