
Creative Interventions and Activities Clearinghouse

Pass the Hat

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Purpose:

The purpose of this creative intervention is to facilitate imagination and creativity, as well as the ability to understand various viewpoints.

Materials Needed:

Large box; baseball cap; sun visor; bonnet; straw hat; head scarf; graduation cap; top hat; surgeon's cap; chef's hat; nurse's cap; policeman's hat; western hat

Procedures:

The first group member chooses a hat from the box to wear. The member discusses what it feels like to wear this hat and what they would do if they were that character. Counselor encourages and facilitates imagination during this process. Two members may choose different hats and engage in spontaneous dialogue.

Process Questions and Follow-Up

None

Practice Setting:

School