
Creative Interventions and Activities Clearinghouse

A Team Building Project in a Doctoral Professional Orientation Class

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Purpose:

To provide a learning experience where students entering administration and counselor education create a growth promoting professional culture.

Materials Needed:

Paper and pens

Procedures:

Students receive the following instructions:

You are a Director of a community agency or Program Director in a Counselor Education Program. Your charge is to educate your team on positive culture-building practices. Create a model that delineates (a) common challenges to a team and (b) possible solutions for overcoming these challenges. Please describe how (c) your unique strengths could facilitate this process and reflect on how your (d) areas for growth could be particularly challenging. Finally, please list three obstacles within a work climate that could be particularly frustrating and (e) illustrate how you would proactively navigate the process in each case. Take into account your understanding of personality factors, cultural context and other related issues that could impact the work climate.

Process Questions and Follow-Up:

Group process and feedback: Personality inventories can be used to deepen awareness.

Practice Setting:

Counselor Education