Addressing Poverty and Trauma in Children: Cognitive Behavior Therapy (CBT) Techniques for Counselors
30-Minute Poster Session,
Michaela Yearley, Branislava Knezevic
Physical health and mental health of children can be seriously affected by chronic stress associated with poverty and trauma. Counselors who work with children can play an integral role in promoting the dignity of young clients and empowering them to achieve personal success. Although there are different approaches to addressing the effects of poverty and trauma, CBT techniques can be powerful interventions.

Social Media and Social Comparison in University Students: A Q-Methodology Study
30-Minute Poster Session,
Madeline Moran, Shannon M. Romagnolo, Celeste D. Miner
Social comparison is part of social media culture among university students. While motivational for some, others experience decreased self-esteem and personal satisfaction based on peer comparison, which can lead to or exacerbate mental health issues. We collected data from students to determine what elements are most significant (e.g., body image, career aspirations) in students’ upward and downward social comparisons and offer implications for counseling professionals who work with college/university students.

Counselors’ Experiences of Workplace Aggression and Organizational Values
30-Minute Poster Session,
Clayton V. Martin, Eleni M. Honderich
This poster presentation will discuss the results of a national study that examined the prevalence of workplace aggression in the counseling profession. Professionally, counselors uphold core ethical values and principles to respect the autonomy of clients and protect the public from harmful practices (in accordance with the 2014 ACA Code of Ethics); however, the findings of this study suggest a lack of fidelity to these practices when applied within organizational contexts in which counselors work.

Acculturation, Hope, and Career Development Among International Graduate Students
30-Minute Poster Session,
Hyoyeon In
International postsecondary students face unique challenges in their career development processes. Cultural adjustment is one of the primary challenges that they encounter. In navigating cultural and career challenges, having a sense of hope can give international students psychological strength. This session will present research findings on the role of acculturation
and hope in developing career identity among Korean international graduate students. Implications for practice and research will be discussed.

Friday, March 29, 2019
8:00 am - 8:30 am
**The Highly Sensitive Person Scale Can Be Used for Screening . . . and a Whole Lot More!**
30-Minute Poster Session,
*Heather L. Smith*
Highly sensitive people unite! Did you know that those with the temperament trait sensory processing sensitivity (SPS) represent 20% of the population but 50% of those who seek counseling? Come to this session to learn what is known through a systematic review and synthesis of the research on the Highly Sensitive Person Scale (HSPS). Leave with an understanding of the highly sensitive person (HSP), ideas to advocate and work with them, including the best way to screen to determine whether you are, a client is, or a loved one is an HSP.

Friday, March 29, 2019
8:00 am - 8:30 am
**Domestic Immersion: Building Cultural Competence**
30-Minute Poster Session,
*Stephanie J. Thorson-Olesen, Debra Murray, Megan K. Baker*
The 2014 ACA Code of Ethics emphasizes that counselors must gain the knowledge, awareness, sensitivity, disposition, and skill relevant to diverse client populations. Therefore, the purpose of this presentation is to further examine ethical considerations, relevant literature, and the results of a research study regarding self-report findings of counselors-in-training, pre- and postdomestic immersion. The results suggest that domestic immersion is one way for counselors to develop multicultural competence.

Friday, March 29, 2019
8:00 am - 8:30 am
**Counselors’ Experiences Working With Children With Externalized Behaviors**
30-Minute Poster Session,
*Jessie D. Guest*
Developmentally, children communicate their needs differently than adults (Landreth, 2012), and when they are exposed to traumatic events, they tend to exhibit changes in behavior and mood (Gerson & Rappaport, 2012). Children’s behavior can be stressful for counselors due to a lack of understanding, thus negatively affecting the counselors’ ability to be present in session and interfering with the therapeutic relationship. This study engages counselors working with this population to understand the counselors’ needs.

Friday, March 29, 2019
8:00 am - 8:30 am
**Redefining Culture Shock, The Impact of Studying Abroad on Counseling Students at HBCUs**
30-Minute Poster Session,
*Dazzmen N. Davis*
Furnham and Bochner (1986) strongly advocated the social skills/culture learning model for its theoretical robustness and because it also led to training methods. “Shock” is understood as the stimulus for the acquisition of culture-specific skills that are required to engage in new social interactions (Jack, 2014). The purpose of this poster is to present the multilayered experiences of students at historically Black colleges and universities (HBCUs), specifically African American graduate students.

Friday, March 29, 2019
8:00 am - 8:30 am
What Does My Race Have to Do With Ethical Decision Making? Supervisors of Color and EDM
30-Minute Poster Session,
_Candice R. Crawford, Shanta Pamphile, Dana Heller Levitt_
In this session, presenters will provide findings from a qualitative study that was conducted with supervisors of color and their ethical decision-making (EDM) processes. From the study, presenters will identify the challenges that supervisors of color endure and how racial/ethnic differences influence EDM processes in supervision. Additionally, presenters will discuss various decisional frameworks that are beneficial to cross-cultural supervisory relationships.

Friday, March 29, 2019
8:00 am - 8:30 am
Let’s Talk About Sex: Sexual History Taking During Counseling Intakes
30-Minute Poster Session,
_Matthew J. Paylo, Adam Gregory_
The DSM-5 identifies a number of sexual disorders and dysfunctions. Sexual dysfunctions also may heighten significant emotional distress, impact negative body image, and cause significant distress in relationships. Research shows neglect and discomfort in gathering information about a patient’s sexual history in the field of medicine, and the researchers believe said neglect and discomfort may parlay into counseling. Future recommendations for counselor education and supervision will be discussed.

Friday, March 29, 2019
8:00 am - 8:30 am
Mindfulness Interventions for Cancer Fighters and Survivors
30-Minute Poster Session,
_Karlie Collins_
Focusing on wellness and quality of life betterment is crucial in cancer patient and survivor care to reduce stress, anxiety, depression, and physical symptoms. This session will present the importance of mindfulness with cancer patients and survivors and how it can increase their quality of life. Examples of mindfulness interventions and an assessment tool clinicians can use in their practice with this population will be shared.

Friday, March 29, 2019
8:00 am - 8:30 am
Feeling the Sizzle: What to do When Experiencing Counselor Burnout
30-Minute Poster Session,
Clark Ausloos, Lena Salpietro, Rachel Jacoby, Madeline Clark,
Preventing burnout is a prominent topic in counselor education programs, but there is little information available on what to do if a counselor is currently experiencing burnout. Navigating burnout is essential for counselors, as burnout can lead to relational problems, substance abuse and impairment. This poster presentation will provide attendees with clear interventions, helpful memory devices, and concrete strategies for mitigating burnout in school and clinical settings.

Friday, March 29, 2019
10:30 am - 11:00 am
Global Partnerships: Bringing the World to Your University
30-Minute Poster Session,
Mental health counseling students and faculty will gain an understanding of a global model of international research, including building relationships with international universities and the steps required for successful research partnerships.

Friday, March 29, 2019
10:30 am - 11:00 am
Biometric Measurement of Anxiety
30-Minute Poster Session,
Robin Switzer
An overview of research conducted to determine the correlation between biological indicators and established assessment of anxiety in adults will be presented. The focus will be on the understanding of the relationship between biological indicators and assessment tools and their potential utilization for an integrated practice of intervention and/or client tools for day-to-day care.

Friday, March 29, 2019
10:30 am - 11:00 am
Behavioral and Integrated Health Care Training for Practitioners Who Counsel Children
30-Minute Poster Session,
Jolie Daigle
The traditional counseling curriculum has expanded to include behavioral health and integrated care training. This poster will review relevant content related to this areas, including evidence-based programs, so counselors can learn how to reduce barriers and facilitate treatment, prevention/postvention strategies, and evidence-based treatments and approaches when providing counseling services for youth.

Friday, March 29, 2019
10:30 am - 11:00 am
The Effects of Content Pacing on Brain Wave Patterns and Implications for Treating Attention Deficit/Hyperactivity Disorder
30-Minute Poster Session,
Thomas W. Payne-Brewer
The purpose of the this study is to examine and describe the way that the developing brain responds to differently paced audiovisual content, specifically through the lens of brain wave
activity. Participants, ages 5–10 years old, viewed a clip from a fast-paced film, a slow-paced film, or nothing while undergoing a QEEG. Observations from the data and implications drawn are primarily based on the comparison of the participants’ brain wave activity to a norming database and to that of the other participants.

Friday, March 29, 2019  
10:30 am - 11:00 am  
**Young Women’s College Life: A Wellness Perspective for Counselor Educators**  
30-Minute Poster Session,  
*Cody W. Dickson*  
College is a time of developmental transition in the lives of female emerging adults. ACA, ASCA, and CACREP all have standards tied to wellness and focused on facilitating the college transition. As professional counselors, we are charged with tackling the issues of transition and retention of students to college. Learn what female college students have to say about their transition to college from single-sex high schools, what they wish they had known, and what we can do to prepare them socially and emotionally for college life.

Friday, March 29, 2019  
10:30 am - 11:00 am  
**The Militarization of Police Work: Overlap Between Two Worlds**  
30-Minute Poster Session,  
*David R. Gosling*  
While historically separate and distinct, the American subcultures of policing and military service find themselves moving increasingly closer and closer to each other in scope, practice, and recruitment through the militarization of police agencies in recent decades. This presentation explores the similarities and differences between groups, as well as the manner in which they are received by the public. Implications for counseling use and research are discussed, as well as strategies for the improvement of services to the public.

Friday, March 29, 2019  
10:30 am - 11:00 am  
**Use of Hypnosis in Addictions Treatment**  
30-Minute Poster Session,  
*Arna Erega*  
The presenter will provide a brief overview of current addiction issues; present use of hypnotherapy as a treatment modality in addition to traditional treatment approaches; discuss current research and the benefits of hypnotherapy in alcohol and substance abuse treatment; share personal experience in implementing hypnosis with addiction clients; and provide implications for counselors and professionals. The presenter will also engage attendees in discussion and allow for Q & A.

Friday, March 29, 2019  
10:30 am - 11:00 am  
**Rehabilitation Counseling Workforce Wellness and Self-Care Considerations**  
30-Minute Poster Session,  
*Molly Tschopp*
This presentation is aimed at exploring self-care and wellness in the rehabilitation counseling workforce. Training program accreditation standards, as well as the ACA and CRCC ethics codes, call for counselor attention to self-care. Professional issues such as empathy fatigue, compassion fatigue, and burnout will be examined. Strategies aimed at the prevention of such issues and approaches to the promotion of counselor self-care and wellness will be discussed. Resources will be provided.

Friday, March 29, 2019

10:30 am - 11:00 am
Implementing a Statewide Public Health Approach to Suicide Prevention
30-Minute Poster Session,
Angie Waliski
The prevention of suicide is a national crisis that requires a comprehensive, multifaceted approach that engages private and public sectors to improve suicide reporting, prevention, and treatment using proven methods. This presentation describes the development of a statewide collaborative approach to suicide prevention within the predominately rural state of Arkansas and the roles that mental health, college, and school counselors have played to implement this approach.

Friday, March 29, 2019

10:30 am - 11:00 am
Human–Animal Interactions in Counseling Interest Network: Mission and Vision
30-Minute Poster Session,
Laura Bruneau, Leslie Stewart, Carlene Holder Taylor, Connie Couch,
The Human–Animal Interactions in Counseling (HAIC) Interest Network currently has over 600 members, and interest in implementing animal-assisted interventions (AAIs) into counseling practices is growing rapidly. Members and other interested persons are often curious about how to get started with AAIs. This presentation aims to familiarize attendees with tenets of the HAIC Interest Network and to promote the professionalization of AAIs to enhance the welfare of animals, counselors, and clients involved.

Friday, March 29, 2019

10:30 am - 11:00 am
School-Based Universal Mental Health Screening: Strategies for Counselors
30-Minute Poster Session,
Emily Goodman-Scott, Jennifer Betters-Bubon
Counselors in schools and mental health settings can come to this poster session to learn more about universal mental health screenings in the K-12 schools to identify and serve students with elevated needs. Presenters will focus on recent research, as well as practical strategies for implementation.

Friday, March 29, 2019

11:30 am - 12:00 pm
Wellness as Applied to Stress, Coping, and Resiliency: School Counseling Implications
30-Minute Poster Session,
Stefanie Schneider
Wellness lends itself to a state of being, rather than an end result. The use of practical skills regarding coping, resiliency, and stress are key when progressing toward optimum states of wellness. School-age youth require attention to all three areas. So, what are school counselors doing to address students’ social and emotional needs? This session explores current peer-reviewed research in conjunction with qualitative analysis. Connections to research and avenues for application within a school setting are presented.

Friday, March 29, 2019  
11:30 am - 12:00 pm  
**Rural Midwest Support via MSE (Master of Science in Education) Training Clinics**  
30-Minute Poster Session,  
*Katy M. Murphy*  
Utilizing community partnerships within the rural setting allows agency directors and college faculty to address the needs of both community members and counselors in training. This unique opportunity provides benefits to all and can be tailored to fit any community setting.

Friday, March 29, 2019  
11:30 am - 12:00 pm  
**Using Personality Assessments in Career Discovery**  
30-Minute Poster Session,  
*Lauren E. LaFleur, Elizabeth C. Sandridge*  
This poster aims to provide counselors with techniques and tools to guide clients in career exploration with personality assessments. By using the data gathered from these assessments, counselors can assist clients in broadening their career possibilities and their personality’s strengths and weaknesses. The knowledge gained could also benefit other areas of life that the client wants to improve.

Friday, March 29, 2019  
11:30 am - 12:00 pm  
**Exploring Impact of Social–Emotional Growth on Academia and Learning Abilities**  
30-Minute Poster Session,  
*Pradnya Shinde, Alexandra Levin, Carolina Espin*  
Educators emphasize social–emotional growth in school settings throughout the school year. Evidence shows that growth in social–emotional areas of brain impacts other areas of the brain significantly. This growth in social–emotional area leads academic improvement on students’ performance. This presentation will discuss case studies along with impacts of social–emotional growth on academic performance and improved learning abilities through a neuro-scientific counseling approach.

Friday, March 29, 2019  
11:30 am - 12:00 pm  
**Student Perceptions of Reparation Measures by Universities**  
30-Minute Poster Session,  
*Kathryn VanDehei*  
In this presentation, the researcher takes a closer look into the use of reparations to help undermine existing barriers to college access for the African American community by exploring
the attitudes of university students toward those reparations. Additionally, this presentation will analyze and compare data collected both before and after the widely publicized violence that took place during the protests in Charlottesville, Virginia, in 2017.

Friday, March 29, 2019
11:30 am - 12:00 pm
Young, Gifted, and Black: Cultivating Resilience and Efficacy in Nontraditional Families
30-Minute Poster Session,
LaKeitha Poole
This poster session is based on a path analysis study that examined the simultaneous relationships between potential predictors of academic achievement and the mediating effects of non-traditional family structures on resilience and efficacy of Black college students. Limited research about this specific population produces a knowledge gap among college counselors about the implied vulnerability of this population and their ability to remain resilient and succeed academically. This study aims to close some of that gap.

Friday, March 29, 2019
11:30 am - 12:00 pm
From Being Sexually Victimized to Emotionally Revictimized
30-Minute Poster Session,
Johana Rocha, Clara Adkins
Revictimization involves exposing survivors of sexual victimization to a secondary victimization, which can be in the form of repetitive sexual abuse, neglect, or emotional abuse. Thus, uninformed counseling practices may potentially contribute to emotional revictimization. This poster session will provide information about revictimization and strategies to deliver competent counseling practices to survivors of sexual victimization to avoid revictimization from occurring in the counseling setting.

Friday, March 29, 2019
11:30 am - 12:00 pm
Life Satisfaction in Combat Veterans With Traumatic Brain Injuries
30-Minute Poster Session,
James P. Donnelly, Michael E. Rutter, Kerry Donnelly
The purpose of this poster is to inform counselors about the nature and prevalence of traumatic brain injury (TBI) among post-9/11 veterans, the relationship of TBI to life satisfaction, and implications for counseling. It will present the results of a study of 500 combat veterans of the Iraq and Afghanistan wars who completed comprehensive batteries of cognitive, affective, health-related, and quality-of-life measures.

Friday, March 29, 2019
11:30 am - 12:00 pm
Mindfulness-Based Intervention for Children With Attention Problems
30-Minute Poster Session,
Yi-Wen Su, Alena Prikhidko
Students struggling with attention problems may encounter difficulties in their academic performance and social relationships. At school, attention problems are an issue school
counselors can potentially address. However, no evidence-based intervention is currently designed specifically for school counselors to address students’ attention problems. In this presentation, the presenter will present a study result of school counselors using a mindfulness intervention to address students’ attention problems.

Friday, March 29, 2019
11:30 am - 12:00 pm
The Role of Counselor Educators Who Work With Students Who Are Visually Impaired
30-Minute Poster Session,
Jason Jiaqi Li, Susan Steward Bray, Jody J. Fiorini, Vaughn Sweet,
In this interactive poster session, attendees will discover an integration of Accessibility and Advocacy Competencies for helping students who are visually impaired in the counseling program. Attendees will be able to learn how to modify course designs, classroom settings, and syllabi to accommodate students with visual impairments and how to advocate for your students in different levels. Counselor educators and counseling students will benefit from this information.

Friday, March 29, 2019
11:30 am - 12:00 pm
An Analysis of Counseling Organization Mission Statements from Around the Globe
30-Minute Poster Session,
Georgina Hanna
This poster presentation will display a rich variety of counseling mission statements, each with a unique history and vision for the counseling profession in its region of the world (e.g. The British Counseling Association, Kenya Association for Professional Counsellors). Presenters will identify patterns and differences found across mission statements to better prepare globally-minded counseling professionals, students, supervisors, and educators.

Friday, March 29, 2019
11:30 am - 12:00 pm
Facilitating Mental Wellness and Raising Awareness for Veterans’ Battling PTSD
30-Minute Poster Session,
Gloria Ruiz, Maria Rincon, Ya Wen (Melissa) Liang
In average about 8,030 veterans commit suicide a year due to PTSD (Finley et. al., 2015). This program will educate audience about PTSD symptoms of Veterans, spouses, and their children. We will also educate and aid knowledge about triggers, secondary PTSD, and how staying physically active through exercise amongst other veterans is facilitating their mental state. We will also share approaches to reach out and connect communities to raise awareness to prevent Veteran Suicide.

Friday, March 29, 2019
2:00 pm - 2:30 pm
“Mom Said I’m in Charge”: Sibling Aggression as a Family Disease
30-Minute Poster Session,
Victoria Cunningham, Stephanie L. Byer
This poster will provide an opportunity for increased awareness of the prevalence and impact of sibling aggression on children and families. The presentation will address the importance of recognizing sibling aggression, identify the need to treat sibling aggression within the family system, propose an adaptation of a decision-making model, and consider treatment options for family therapy.

Friday, March 29, 2019
2:00 pm - 2:30 pm
**Social Media Usage and Impact Among College Students With Disabilities**
30-Minute Poster Session,
*Ni Gao, SunHee J. Eisenstat*
This poster describes social media usage of students with disability (SWD). Almost every college students use social media, and SWD may use it more, considering that it provides nonphysical space for social interaction. However, positive and negative aspects of social media have not been explored. This poster will inform you of how counselors can guide SWD with social media use to enhance core areas of college life, including academic, social, and career development.

Friday, March 29, 2019
2:00 pm - 2:30 pm
**Job Stress and Burnout Among College Counselors and Student Affairs Professionals**
30-Minute Poster Session,
*Patrick R. Mullen, Adam P. Denney, Sean Newhart*
Turnover among college counseling and student affairs staff is a critical concern. In this study, we examined job stress and burnout in relationship to job satisfaction and turnover intentions in a sample of college counselors and student affairs professionals. We found that higher levels of job stress and burnout predicted job dissatisfaction and increased turnover intentions. We will discuss the literature related to this topic, the findings from our study, and implications for practitioners and future research.

Friday, March 29, 2019
2:00 pm - 2:30 pm
**The Community Counseling, Education, and Research (CCERC) Model: Addressing Community Mental Health Needs Through Engagement Scholarship**
30-Minute Poster Session,
*Erik Messinger, Marc A. Grimmett*
Unequal access to high quality health services is a national problem. Long-term primary prevention strategies and solutions, foundational to best practices in public health, are often considered at odds with short-term profit-driven private sector approaches within the capitalistic economy of the United States. Engagement scholarship provides a uniquely viable, adaptable, responsive, customizable and sustainable set of structures, mechanisms, and processes to address pressing societal needs. The CCERC Model of Engaged Scholarship, offers an example of community engagement that is, transformative and exceptional in addressing these societal and structural healthcare problems, with potential for customizable and contextual scalability.
Suicide in the Military: More than PTSD
30-Minute Poster Session,
Benjamin V. Noah, Andrea Sloan
A growing number of Veterans are being diagnosed with conditions such as posttraumatic stress disorder (PTSD) and traumatic brain injury (TBI). Literature suggests several indirect links between suicide attempts and suicide completion. PTSD alone was not directly associated with an increased risk, but that can change if there is a presence of co-morbid conditions such as major depressive disorder or substance use disorder. More research needs to be conducted on beneficial interventions for PTSD in order to prevent possible attempts in the future.

Friday, March 29, 2019

A National Study of Asian International Students’ Mental Health Status
30-Minute Poster Session,
Yiying Xiong, Yegan Pillay
The number of Asian international students in American higher education institutions has increased exponentially. However, limited attention has been paid to their mental health from researchers. Therefore, this quantitative research investigates Asian international students’ mental health by using a nationwide sample, incorporating several indicators of mental health, and using confirmatory factor analysis to analyze the data of two comparison groups.

Friday, March 29, 2019

Designing and Implementing Career Development Groups in K-12 settings
30-Minute Poster Session,
Lia D. Falco
Career development groups can be an efficient and effective way to meet students’ educational and postsecondary planning needs. This poster session will provide important, up-to-date information about designing and implementing career development groups in K-12 settings. Developmental and ethical considerations such as career maturity, decision-making skills, culture, gender, ability, and economic inequality will be addressed. Implications for school counseling research and practice will be discussed.

Friday, March 29, 2019

Self-Censoring Assessment: A Pilot Study on Individuals With Neurological Disease
30-Minute Poster Session,
Brynne Willis
Individuals with visible physical disability are accustomed to experiencing societal discrimination, bias, and prejudice. In attempts to avoid social stigma, those with invisible physical disability may attempt to keep aspects of impairment concealed by engaging in maladjusted behaviors. Research cultivated from this study will provide counselors, therapists, and educators further insight into the negative effects of stigma and consequent behavioral responses of those living with a concealable disability.
A Literature Review on Incarcerated Females With Co-Occurring Disorders
30-Minute Poster Session,
Yazmeen Botello, Cassidy Conway

Historical trends have shown a dramatic increase of females in the criminal justice system. The research highlights gender disparity present in criminalization, rates of trauma, methods of discipline, financial stability, family roles, and treatment of co-occurring disorders. Understanding the unique problems faced by women who are incarcerated, especially those with co-occurring disorders, highlights areas of advocacy for prison reform and effective treatment approaches for counselors to implement in practice.

Effects of Mindfulness on Counselor Trainees’ Multicultural Counseling Competence (MCC) and Ethnocultural Empathy
30-Minute Poster Session,
Bethany Elise Smith, Lisa B. Spanierman, Alisia Giac-Thao Tran

Learn about the effects of a brief mindfulness intervention on counselor trainees’ self-reported multicultural counseling competence and ethnocultural empathy. This poster presentation contributes to the use of innovative methods for teaching multicultural topics in graduate training.

School-Based Mental Health: Ins and Outs of Practicing Mental Health Counseling in a School Setting
30-Minute Poster Session,
Blake Sandusky

School-based mental health counselors practice in a unique environment. There are distinctive needs for a mental health professional in a school setting to be successful. These include excellent communication skills, a consistent ethical decision-making focus, and flexibility. Unique aspects of practicing mental health counseling in a school setting will be discussed, with suggestions for overcoming possible hurdles.

Counselor Identity and Mindfulness Practices: Awakening to the Present Moment
30-Minute Poster Session,
Beth A. Guzi

Counselor identity can be cultivated and strengthened with mindfulness practices. Beginning meditators often struggle with distractions and need assistance in finding the best tools to sustain their practice. Demystifying mindfulness starts with awareness of the breath, changing daily habits, and noticing when your mind has wandered. This session provides practical information to learn about mindfulness resources and instruction in ways to be mindful in everyday activities.
The Civilian Counselor and Working With Veterans and Their Dependents

30-Minute Poster Session,
Jessica M. Tyler, Dylan Gunther

Working with military populations and trauma is understudied, leaving much to be known about the unique mental health needs of veterans and their dependents. Civilian practitioners must establish credibility and trust in order to find treatment efficacy with this population. This presentation reviews the multilayered needs and mechanics of working with veterans and their dependents and of addressing military trauma.

The Creative Spirit of Cross-Cultural Exchange

30-Minute Poster Session,
Leslie Contos

Cross-cultural exchange promotes creative growth! The presenter will share information on two recent immersion experiences in Thailand and on a Native American reservation. Learn about the role our professional associations play in promoting the growth of counseling worldwide. Connect with resources such as NBCC-International, ACA’s International Counseling Interest Network, and Fulbright programs, which offer opportunities for your own cross-cultural exchange.

Investigating Resiliency Among At-Risk Youth Living in Urban Underserved Communities

30-Minute Poster Session,
Kevin A. Curtin

The purpose of this presentation is to report on the findings of an investigation of resilience among students with emotional and behavioral disorders who live in urban underserved communities. Findings include the discovery of unique factors and emerging themes based on the distinctive attributes of this population. Implications for strength-based treatment, as well as recommendations for future research, will be highlighted.

Stress on College Campus: Examining Gender and Ethnicity

30-Minute Poster Session,
Shu-Ching Wang, Angela Wong, George A. Loftis, Yuh-Jen Guo,

College students are known to endure high levels of stress due to multiple developmental and environmental factors. The heightened stress causes students to choose maladaptive coping mechanisms, such as drugs and alcohol, resulting in poor academic performance and mental illness. A study examined the stress on campus and surveyed 95 college students. Its outcomes indicate significant differences between gender and among ethnicity groups on anxiety score.
3:00 pm - 3:30 pm
Fostering Student Self-Efficacy: Implications for Program Design
30-Minute Poster Session,
Seungbin Oh, Nayoung Kim, Caitlyn M. Bennett
Counselor education programs are designed with the development of students’ counseling self-efficacy (CSE) in mind (or they should be). This study explored the pattern of change in students’ (N = 373) CSE over time and how several demographic variables impacted this change. Results indicated that students’ gender and ethnicity significantly predicted their rate of CSE change during their preparation program, which has several implications for the design of counselor education programs.

Friday, March 29, 2019
3:00 pm - 3:30 pm
The Effects of Perceived Encouragement During Adolescence on Female Career Choice
30-Minute Poster Session,
Mary L. Doyle Troy
Encouragement is one of the least studied factors in female career development. Learn the definition of encouragement and how it affects career choice for females. Examine barriers to career choice and how adolescent females navigate those barriers by identifying forms of encouragement. Examine the impact of family, educator, and peer encouragement on female career choice.

Friday, March 29, 2019
3:00 pm - 3:30 pm
Acculturation in Higher Education Among Immigrant, Refugee, and International Students
30-Minute Poster Session,
Hodan Ahmed, Dolly Menong Her, Suzanne Komanski
Refugees and international students face acculturation stress when adjusting to an unfamiliar social environment, stretched family dynamics, foreign customs & tradition. This study focuses on the difference in acculturation between immigrant & international students. Results indicate the role of acculturation as a mediator between students’ heritage & the dominant culture. This outcome can help college counselors better understand the difference in acculturation stress between immigrant & international students.

Friday, March 29, 2019
3:00 pm - 3:30 pm
Social Justice Behavior in Counselors: Reports From a National Survey
30-Minute Poster Session,
Alexander W. Fietzer, GoEun Na
Our poster presents research from a national survey of professional counselors regarding their engagement in social justice behavior, including type and frequency. We present those factors that are most predictive of social justice engagement by counselors, including broad personality traits; demographic variables; and factors such as training, geographic location, and exposure to diversity. Implications and conclusions for counselors will be discussed.
Friday, March 29, 2019
3:00 pm - 3:30 pm
**AVATARS: Using Virtual Simulation to Train Counseling Students**
30-Minute Poster Session,
*Olivia Uwamahoro*
Counselor educators are tasked with training competent counselors. Part of being a competent counselor is having the adequate counseling skills to effectively work with clients. This presentation will address the outcome of incorporating advanced technology while teaching prepracticum counselors-in-training (CITs). More specifically, the presenter will discuss the effects of simulation training on the development of CITs enrolled in a counseling techniques course.

Friday, March 29, 2019
3:00 pm - 3:30 pm
**Counseling Infants: Counselor Identity with a Markedly Vulnerable Population**
30-Minute Poster Session,
*Nina Veronica Medyk, Sondra Lori Smith*
Despite rudimentary levels of communication and processing, infants experience stress and trauma. Interventions with infants should not be underestimated, as the brain is particularly malleable during this time. This poster presentation will engage attendees in a collaborative dialogue of the ways counselors can play a salient role in positively impacting the infant population with prevention approaches, infant specific evidence-based interventions, specializations, and advocacy initiatives.

Friday, March 29, 2019
3:00 pm - 3:30 pm
**Wellness….What Time?**
30-Minute Poster Session,
*Susan Clase, John J.S. Harrichand, Claudette A. Brown-Smythe*
Finding time for wellness is a common problem among counseling students, counselors and counselor educators. Attendees of this session will learn the results of a study involving graduate students perceptions and practices of wellness pre and post education and practice sessions. The purpose of this study is to evaluate ways to better integrate wellness education and practice into counselor education programs.

Friday, March 29, 2019
4:00 pm - 4:30 pm
**There’s an App for That: Using Technology With Children and Adolescents**
30-Minute Poster Session,
*Jo Lauren Weaver, Jacqueline Swank*
This presentation focuses on modern technology that is accessible to children, adolescents, and counselors working with the population. The presenters will share various types of technology, discuss ethical considerations for using technology with children and adolescents, and present strategies for integrating technology within counseling.
4:00 pm - 4:30 pm
A Case Study and College Choice Spectrum of First-Generation African American Students
30-Minute Poster Session,
Jennifer R. Curry, Imre (Emeric) Csaszar
This case study, based on social capital theory, examined the factors and skills that influenced the prospective college choices of African American high school students who would be first-generation college students. Data included transcripts, journals, and memos collected from students who attended a college tour immersion. The tours included six HBCUs and seven PWIs in the southeastern U.S. Through analysis of interviews, factors that the students considered when weighing their college options were identified.

Friday, March 29, 2019
4:00 pm - 4:30 pm
Professional Advocacy in Action: Assessing Outcomes of a Statewide Advocacy Training
30-Minute Poster Session,
Margaret A. Taylor, Melanie Iarussi, Kelley Mautz
Professional advocacy is an essential component in the counseling profession. This study investigated the outcomes of a 1-day professional advocacy training. Data were collected from surveys and a focus group. This study found that a single statewide meeting was not effective in significantly increasing participants’ advocacy competency. Analysis of focus group data resulted in five themes that describe how the training influenced participants. Suggestions for future research and advocacy trainings are discussed.

Friday, March 29, 2019
4:00 pm - 4:30 pm
Effects of Integrated Primary Behavioral Health Care (IPBH) for Adults With Substance Use Disorders
30-Minute Poster Session,
Richard S. Balkin, Stephen Lenz, Halie M. Gregory, Miranda N. Rines, Katelyn E. Swinford
We present a meta-analysis on the use of integrated primary and behavioral health care compared to treatment-as-usual approaches for adult patients in primary care with substance use. Effects of IPBH were low to negligible, with the exception of when patients were diagnosed with chronic health problems. Though preliminary, IPBH appeared to have a negligible effect in treating substance use when compared to other treatments in primary care settings.

Friday, March 29, 2019
4:00 pm - 4:30 pm
Rude, Dishonest and Miserable—Exploring Law School Culture and Student Mental Health
30-Minute Poster Session,
Kathryn VanDehei
Even with the widely accepted belief that those in the legal profession experience a higher rate of mental health problems than in other professions, little has been done to address these issues. This presentation will present the findings of a mixed-methods study on the culture of law school and its impact on law students’ mental health. Presenters will discuss the positive changes that can be
made to better meet the mental health needs of clients in the legal field, promoting individual and societal well-being.

Friday, March 29, 2019
4:00 pm - 4:30 pm
Stay Woke: Counseling the Marginalized in Our Current Political/Cultural Climate
30-Minute Poster Session,
Patrice J. Leopold, Victoria McNeil
This presentation focuses on facilitating counseling with marginalized populations who are being impacted by our current cultural/political climate using a relational–cultural therapy and solution-focused approach to assist with broaching intersectionality and fostering growth in the counselor–client alliance. Attendees will learn how to facilitate creating a safe space to help clients of diverse populations authentically become more self-aware of their personal experience and methods to cope in this era.

Friday, March 29, 2019
4:00 pm - 4:30 pm
Choose It or Chance It: Relationships of Locus of Control, Religiosity, and Resilience
30-Minute Poster Session,
Monica St. George, Danielle Niemela
Understanding resilience proves crucial for early intervention and treatment for mental health counselors working with clients. This study explored the relationships between locus of control, religiosity, and resilience in an effort to better inform clinical practice. Results show correlations, predictors, and covariance among the variables, the knowledge of which will help mental health counselors promote client resilience by encouraging a healthy locus of control informed by the client’s level of religiosity.

Friday, March 29, 2019
4:00 pm - 4:30 pm
First-Generation College Students’ Success and Intergenerational Social Mobility
30-Minute Poster Session,
Elizabeth Suzanne Thraen Balderas, Amanda M. Kendrick
Human capital theory (HCT) is an applicable, universal theory to intergenerational mobility, first-generation college students (FGCS), and postsecondary education. To support intergenerational mobility, universities must promote the use of educational technology for rural students and avoid the adverse effects of globalization that may hinder the assumptions of HCT and intergenerational mobility of FGCS.

Friday, March 29, 2019
4:00 pm - 4:30 pm
Am I Really a Multiculturally Competent Counselor?
30-Minute Poster Session,
Jeongeun Park
The poster session will address the importance of the counselor’s self-awareness, focusing on what happens inside counselors especially in a session with clients from a minority group or a certain population with whom the counselor doesn’t feel comfortable. The session will provide
an overview of the design and the results of the experimental study. In addition, this session will suggest implications for mental health counselors, counselor education, and future research in terms of multicultural competency training.

Friday, March 29, 2019
4:00 pm - 4:30 pm
**Cultural and Linguistic Awareness Support Services in Counseling: An Internship Project**
30-Minute Poster Session,
*Angie D. Cartwright, Chandra Donnell Carey*

The purpose of UNT Classic is to address the mental health workforce shortage and enhance the delivery of culturally competent mental health services for underserved communities through the development and implementation of culturally competent, interprofessional education and training of graduate students and professionals. The students and faculty of UNT Classic will share their strategies for external funding and creating meaningful experiences for students working with underserved communities.

Friday, March 29, 2019
4:00 pm - 4:30 pm
**Describing the Impact of our Work as Professional Counselors: Shared Voices**
30-Minute Poster Session,
*Devyn Savitsky, Tamarine Foreman*

As counselors, we open our minds and hearts as we listen with empathy to stories of tragedy, devastation, and betrayal. When we engage empathically with students or clients who have experienced trauma, we open the door to experience vicarious traumatization and the opportunity for posttraumatic growth. Yet, how do counselors describe how they are impacted by their work as a counselor? Please join us to see the range of answers we received and learn more about the commonly described themes that were gleaned from this content analysis.

Friday, March 29, 2019
4:00 pm - 4:30 pm
**Fostering Change & Innovation: Field Insight Around How to Have an Impact in Practice**
30-Minute Poster Session,
*Kristin Wakefield*

This poster outlines a case study demonstrating how an inter-organizational partnership became highly effective as a result of extensive collaboration and integrated resources. Partnerships driven by experiential education have the potential to provide long-term solutions to a multitude of current social issues: quality and credibility of education; student debt; economic development (workforce/gainful employment); community engagement; and mental health (self-esteem, confidence, and self-gratification).

Saturday, March 30, 2019
8:00 am - 8:30 am
**The Use of Disability Services Among Latino Students at Hispanic-Serving Institutions**
30-Minute Poster Session,
*Tiffany A. Wilson*
This interactive poster session will describe a mixed-method (explanatory sequential) investigation focused on questions surrounding the underutilization of disability services among Latino undergraduates attending Hispanic-serving institutions (HSIs) in the United States, Puerto Rico, and the Virgin Islands. Trends associated with higher education, particularly among HSIs, Latino students with disabilities who attend HSIs, and the lived experiences of HSI disability services administrators will be examined.

Saturday, March 30, 2019
8:00 am - 8:30 am
Counselors’ Experiences of Interpersonal Stress in the Therapeutic Relationship
30-Minute Poster Session,
C. Missy Butts, Sara Andrews
There are few research studies that have investigated how the unique qualities of the therapeutic relationship negatively affect counselors and contribute to counselor stress. This poster will present research findings of a qualitative study that explored counselors’ experiences of interpersonal stress in the therapeutic relationship and will provide implications for professional counselors, counselor educators, and counselors-in-training.

Saturday, March 30, 2019
8:00 am - 8:30 am
Barriers and Facilitators of Job Retention of People With Disability
30-Minute Poster Session,
SunHee J. Eisenstat
This poster examined traditional person–environment match variables (job skill, job education level, and job aptitude match), along with variables that match the disability-related needs of employees with disability (accessible facilities and discrimination) to explain job satisfaction—and, consequently, job tenure—using nation-level data of people with disability from South Korea. It will discuss the application of the theory of work adjustment to a diverse population; in this study, people with disability.

Saturday, March 30, 2019
8:00 am - 8:30 am
Ambassadors for Autism: Programs for Autism Awareness, Education, and Advocacy
30-Minute Poster Session,
Jenny Debevec, Patricia Van Velsor
One of the most vulnerable populations are the autistic. Geek Club Books has developed two innovative programs to capture and engage students’ attention and inspire discussions around autism. The focus is on “abilities” instead of “disabilities” and “similarities” over “differences.” Feedback has included scores of 4.9 out of 5, with teachers and students enthused. In addition, plans to expand the program include career opportunities for autistic adults.

Saturday, March 30, 2019
8:00 am - 8:30 am
Racial Identity, Racism-Related Stress, and Self-Esteem in the Black Girl Magic Era
30-Minute Poster Session,
Victoria McNeil, Patrice Leopold
The purpose of this presentation is to explore how racism-related stress negatively affects the health and self-esteem of Black young women. The concepts of racial identity, racial socialization, and intersectionality, as well as their implications for reducing racism-related stress among this population, will be discussed. Finally, participants will learn how to integrate these concepts into clinical work with minority youth, specifically Black adolescent girls.

Saturday, March 30, 2019
8:00 am - 8:30 am
The Art of a Breakup: A Group Therapy Model
30-Minute Poster Session,
Emily Rush McClintock, Kevin A. Curtin
Breakups are experienced by a huge number of undergraduate students of all genders, and support after a breakup can be hard to find. Creating a support group that mixes creative arts therapy and psychoeducation allows group members the space to communicate when they are not otherwise able and the space to learn from their experiences in a nonstigmatizing, collaborative way.

Saturday, March 30, 2019
8:00 am - 8:30 am
School and Student Characteristics of RAMP vs. Non-RAMP Schools
30-Minute Poster Session,
Nancy M. Chae, Patrick R. Mullen, Adrienne Backer
Characteristics of RAMP and non-RAMP schools differ, including socioeconomic status, geographic location, and race. This poster session will share literature about comprehensive school counseling programs and the results of an exploratory study using national data to compare RAMP and non-RAMP schools. Attendees will understand the social justice implications of this study for K-12 students, school counseling practice, and counselor education.

Saturday, March 30, 2019
8:00 am - 8:30 am
To Swipe or Not to Swipe? The Ethics of Dating Apps
30-Minute Poster Session,
Michelle E. Wade
Tinder, Grindr, Her, Bumble, OkCupid . . . the list of dating apps goes on and on. These applications allow individuals to connect with others who are seeking the same types of relationships and/or interactions as they are. They also allow one to be rather vulnerable and transparent about who they are and allow a quick glance into possible “deal breakers.” However, as counselors/counselors-in-training/counselor educators/supervisors, are we putting ourselves at a greater vulnerability by using these applications?

Saturday, March 30, 2019
8:00 am - 8:30 am
The Impact of a Group Intervention on Adult Survivors of Childhood Trauma
30-Minute Poster Session,
Jennifer M. Foster
This poster presents an investigation of the efficacy of a group counseling approach for adult survivors of trauma (N = 116). You will be introduced to the 10-session manualized curriculum and explore the statistically significant results measured at baseline (waitlist), pregroup, postgroup, and 1 year after group completion. Participants demonstrated improved mental health, reduced trauma symptomology, increased spiritual well-being, and a heightened capacity to forgive. Implications for practice will be shared.

Saturday, March 30, 2019
8:00 am - 8:30 am
**Preparing Counselors to Work Effectively With At-Risk Populations**
30-Minute Poster Session,
*Jonathan Ohrt, Kathryn Linich*
In this program we will present the components of a training program to prepare counselors to work with at-risk populations. We will discuss the preparation, implementation, and evaluation of the training program, which included a focus on (1) evidence-based practices, (2) interdisciplinary collaboration, (3) primary care integration, and (4) action research. We will discuss implications for counselors, counselor education training programs, and clinical supervisors who work with at-risk populations.

Saturday, March 30, 2019
8:00 am - 8:30 am
**Program Evaluation of a CSI Sponsored Wellness Intervention in Counseling Students**
30-Minute Poster Session,
*Thomas Mitchell Toomey*
This presentation aims to disseminate the results of a program evaluation a Counselor Wellness Series designed to fill the gap of self-care practices that are emphasized in counseling programs. The program teaches effective methods, such as yoga and breath work, in order to promote reduction of compassion fatigue and burnout and improve wellness. Data collected will be used to inform the efficacy of developing similar wellness programs in counseling departments.

Saturday, March 30, 2019
8:00 am - 8:30 am
**Nature-Based Group Counseling: An Innovative Approach for Promoting Wellness Among Children**
30-Minute Poster Session,
*Ashley Diaz, Sang Min Shin, Karina Hernandez, Sedrick R. Deal, Jr.,*
This poster presents a nature-based group counseling intervention for children adapted from Swank and Swank (2013) and Shin and Swank (2018). The focus of this poster will be to learn the rational and benefits of integrating nature and group counseling and how this intervention is directly related to The Wheel of Wellness model (Sweeney & Witmer, 1991). Also, the attendees will learn strategies and activities on how to integrate nature and natural materials into child group counseling sessions, including ethical and legal considerations. Lastly, the presenters will share their experiences on the
Exploring the Effects of Social Media on Decision Making in College Students
30-Minute Poster Session,
Emel Bihorac, Alexander M. Fields
In an increasingly technological world, college students have access to an unmatched amount of information online, including social media. This conceptual presentation will provide attendees with an overview of how college students’ decision making may be influenced by social media. The potential impact of social media on a college-age client’s ability to engage in the therapeutic process and interventions will be addressed, and empirically supported recommendations will be explored.

Saturday, March 30, 2019
10:30 am - 11:00 am
Understanding Resiliency in Professional Counselors to Prevent Vicarious Trauma
30-Minute Poster Session,
Sarah Flint, Jamie Carney, Margaret Taylor, Bethany Lanier,
Counselors in all clinical settings work with clients who have experienced trauma to some extent in their lifetime. When individuals who have experienced trauma seek counseling services, counselors are exposed to their clients’ traumatic experiences. This increased exposure, in turn, increases the counselors’ vulnerability of taking on their clients’ traumatic events. This poster will provide research results on maximizing resiliency to prevent vicarious trauma and subthreshold PTSD in professional counselors.

Saturday, March 30, 2019
10:30 am - 11:00 am
Relationship Between Internet Gaming Disorder and Personality According to Game Genre
30-Minute Poster Session,
Chang Min Keum, JeeEun Karin Nam, Dong-il Kim
As games become more common among adolescents, addiction problems related to games are appearing. The types and genres of games have been diversified, but the current counseling approach to internet gaming disorder (IGD) has not been able to follow these developments. To prevent and treat IGD, it is necessary to examine whether there are difference features in game addiction and user personality according to game genre. Through this research, more specific counseling intervention strategies can be established.

Saturday, March 30, 2019
10:30 am - 11:00 am
Does Language Matter? Veterans’ Attitudes Toward Seeking Professional Help
30-Minute Poster Session,
Shelby Coen, Darcy Haag Granello
Language can shape perception and influence cognitive processes. Seeking professional psychological help has been stigmatized in military culture, and veterans often do not seek treatment for mental health concerns. Language used to describe mental health professionals (e.g., counselor, psychologist) may contribute to attitudes toward seeking professional psychological help. The researchers identified differences in attitudes depending on the terminology describing the mental health professional.
Saturday, March 30, 2019
10:30 am - 11:00 am
Liberation Psychology: An “Old New” Approach to Work With Latinxs
30-Minute Poster Session,
*Edil Torres Rivera*

This poster will describe liberation psychology as an “old new” approach to work with Latinxs in the United States. The authors will describe liberation psychology’s roots, the foundational principles of this theory, and specific examples of where liberation psychology working with Latinxs. Finally, the author will provide an illustration of this theory in practice and discuss several key implications for liberation psychology’s implementation as a foundation for counseling for social justice.

Saturday, March 30, 2019
10:30 am - 11:00 am
Using Creative Arts Modalities When Counseling Globally
30-Minute Poster Session,
*Mariaimee Gonzalez, Leah Batty-Hibbs, Keiko Sano*

For creative arts cognate counselors/counselor educators/students, this poster explores how creative arts modalities can contribute to and be utilized when counseling globally. The poster will focus on the benefits of using creative art modalities to counsel, teach, and advocate globally, including examples of specific creative art activities used with different communities around the world.

Saturday, March 30, 2019
10:30 am - 11:00 am
Promoting Wellness in Refugee Populations
30-Minute Poster Session,
*Ashley J. Blount*

This presentation will highlight counseling refugee populations via a holistic wellness model. Further, attendees will learn about general wellness, learn about wellness-related models of assessment, learn about refugee populations and risk factors to refugee wellness, and learn about implications for counseling refugee populations.

Saturday, March 30, 2019
10:30 am - 11:00 am
An Exploration of Counselor Education Doctoral Students Supervising Across Tracks
30-Minute Poster Session,
*Christopher J. Hipp*

The focus of this study is the growing trend of doctoral students providing supervision to graduate-level students from discipline tracks that are different from the doctoral students’ counseling experience and/or background. This phenomenological look at the subjective nature of these doctoral students expands insight into how doctoral student supervisors navigate their experiences.
10:30 am - 11:00 am  
**Group Theraplay With Children and Adolescents: A Mixed-Methods Study**  
30-Minute Poster Session,  
*Sondra Smith-Adcock*  
Group Theraplay is an innovative counseling approach that can be applied in schools and clinical settings. However, the evidence base for Group Theraplay with older children and adolescents at risk for mental health problems is newly explored. In this poster session, we will provide findings of a mixed-methods, rigorous, controlled study comparing Group Theraplay to social skills curricula in a therapeutic summer camp setting. Findings of the study and applications of Group Theraplay will be presented and demonstrated.

Saturday, March 30, 2019  
**10:30 am - 11:00 am**  
**Experiences of Privilege and Oppression of Queer Men of Color in Counselor Education**  
30-Minute Poster Session,  
*Christian D. Chan*  
Utilizing an intersectionality paradigm and methodological strategies from interpretative phenomenological analysis, this study examined the lived intersectional experiences of privilege and oppression of queer men of color in counselor education and supervision doctoral programs. Co-constructing a collaborative dialogue with the audience, the presenter will discuss findings from six superordinate themes associated with strategies for systematically enhancing the praxis of counselor education.

Saturday, March 30, 2019  
**10:30 am - 11:00 am**  
**AgeWell Initiative: Wellness-Focused Research, Training, and Advocacy for Counseling Older Adults**  
30-Minute Poster Session,  
*Justin R. Jordan, Matthew C. Fullen, Jyotsana Sharma*  
A project focused on enhancing counselors’ ability to meet the unique needs of older adults, the AgeWell Initiative has been cultivated within a CACREP program over the last year. Students and faculty working with AgeWell are completing internships, collecting data, providing supervision, and partaking in advocacy efforts related to gerontological counseling. This program plans to continue building community relationships to give counselors the opportunity to help older adults live well.

Saturday, March 30, 2019  
**10:30 am - 11:00 am**  
**Wellness Counseling and Ethics: 50 Tips and Tricks for Helping the Helper Stay Well**  
30-Minute Poster Session,  
*Rebecca G. Taylor, Darrell D. Ford, Derrica Battle, Nicole Stargell, Dana Unger*  
Many everyday things can interfere with counselors’ wellness, and some specific hazards are associated with working in a mental health profession (e.g., vicarious trauma, compassion fatigue, burnout). Counselors are ethically required to meet their own wellness needs so they are able to maintain effective counseling practices. Participants will be provided with 50 practical
activities to increase their own wellness in five areas: emotional, social, spiritual, intellectual, and physical.

Saturday, March 30, 2019  
11:30 am - 12:00 pm  
Supporting Underserved Populations: Integrative and Trauma-Informed Approaches  
30-Minute Poster Session,  
Brandeep Appling, Malti Tuttle, Jessica Tyler
Integrative and trauma-informed care approaches are vital components in the counseling field in order to support underserved populations. Research indicates that underserved populations receive limited or no access to counseling services. Therefore, the presenters will discuss how to navigate these disparities through collaboration between school and clinical mental health counselors.

Saturday, March 30, 2019  
11:30 am - 12:00 pm  
ACEs, Stress, Resilience, and Career-Search Self-Efficacy in Minority College Students  
30-Minute Poster Session,  
Autumn L. Randell, Lindsay Kozachuk, Nickolas Spears, Michael Deitz, Philip Gnilka
This poster discusses data from an online survey distributed to African American and Latinx college students on a large urban university campus. The study examines the relationship among adverse childhood experiences (ACEs), stress, and resiliency with career search-self efficacy. ACEs have been associated with negative health and workforce outcomes. Minorities tend to have a higher prevalence of ACEs, and the impact of ACEs on career development has not yet been explored.

Saturday, March 30, 2019  
11:30 am - 12:00 pm  
Benefits of Integrating Positive Psychology Into Counselor Education Programs  
30-Minute Poster Session,  
Elda Kanzki-Veloso, Lori Moldovan, Carly Paro, Shannon Karl
The 2014 ACA Code of Ethics mandates counselor self-care throughout all levels of professional functioning. Counselors must role model and instill self-care across myriad clinical settings and varied client circumstances. Utilization of positive psychology enhances counselor education programs through encouragement of self-care and self-actualization. The presenters highlight the benefits of positive psychology for counselor educators, counselors in training, and clients.

Saturday, March 30, 2019  
11:30 am - 12:00 pm  
Multicultural Counseling Evidence-Based Practices: Focusing on the Individual  
30-Minute Poster Session,  
Matthew L. Nice, Natalie A. Drozda
A multicultural identity contains many components and layers that make up an individual. Often, individuals’ multicultural identities are associated with a single cultural group to which they belong. Evidence-based practices can be tailored to treat the individual and not the ethnic group to which one belongs. This poster covers multicultural counseling practices and competencies.
from all areas of multicultural identity and will explore the latest evidence-based practices from an individual perspective.

Saturday, March 30, 2019
11:30 am - 12:00 pm
**Multicultural and Social Justice Competencies in Rehabilitation Counseling**
30-Minute Poster Session,
*Molly Tschopp*
This presentation focuses on implementing the Multicultural and Social Justice Counseling Competencies (MSJCC; Ratts et al., 2015) within rehabilitation counseling. The MSJCC framework considers privileged and marginalized identities, counselor self-awareness, client worldview, counseling relationship, & counseling and advocacy competencies with a socioecological model useful for conceptualizing multileveled interventions. MSJCC will be explored in relation to accreditation standards and codes of ethics.

Saturday, March 30, 2019
11:30 am - 12:00 pm
**Advocating for Access: Pre-engagement Groups as an Alternative to Waitlists**
30-Minute Poster Session,
*Stephanie J. Thorson-Olesen, Debra Murray, William Bakalars*
With more people seeking services, many counselors face the turmoil of turning people to a waitlist. Instead of adding another name to that list, consider a pre-engagement group as an alternative. This poster examines the waitlist challenge and presents resources for a pre-engagement group, a simple solution to mental health care access. Additionally, current models are shared that include counselor educators, counselors-in-training and community partners.

Saturday, March 30, 2019
11:30 am - 12:00 pm
**An Investigation of Student-Athletes’ Mental Health Stigma Using SEM**
30-Minute Poster Session,
*Saundra Marie Tabet, Glenn W. Lambie*
Student-athletes are a unique counseling population who need consideration before and when providing clinical services. However, there is a shortage of research on mental health in student-athletes, specifically mental health stigma (MHS) and how it is adverse to sports culture and its mentality. For these reasons, the presentation will review findings from an investigation examining student-athletes’ MHS to psychological well-being, help-seeking behaviors, and perceived performance in athletics and academics.

Saturday, March 30, 2019
11:30 am - 12:00 pm
**It Takes a Village: The Role of Peer Leadership Mentoring in Professional Development**
30-Minute Poster Session,
*C. Missy Butts, Rachel Saunders*
Peer leadership mentoring receives little empirical and professional attention, though it exists within the fabric of most counseling professional organizations. Finding strong leadership mentors may help students establish stronger professional identities and experience personal and
professional growth. This program will describe the role of peer leadership mentors from three graduate student leader perspectives and outline characteristics and responsibilities of cohesive peer leadership mentoring.

Saturday, March 30, 2019
11:30 am - 12:00 pm
Creativity in Cross-Cultural Supervision: The CANVAS Model
30-Minute Poster Session,
Whitney McLaughlin
Novice supervisors embarking on their first supervision experience often feel unprepared and worry that their supervision will become mundane for trainees. This poster presentation will introduce novice and experienced supervisors to a model that includes creative strategies and techniques grounded in supervision theory to facilitate supervisee growth and development in cross-cultural supervision.

Saturday, March 30, 2019
11:30 am - 12:00 pm
A Counselor’s Role in the American Health Care System
30-Minute Poster Session,
Betsy Zimmerman
Approximately 43.6 million adults in the United States have a mental health diagnosis. Within the current political climate, the health care system is still in flux, and counselors are challenged to navigate the ever-changing landscape. This poster examines the impact of the health care system on the counseling profession, calls professionals to take leadership roles through service and advocacy, and provides suggestions for the counselor’s daily practice.

Saturday, March 30, 2019
11:30 am - 12:00 pm
Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls
30-Minute Poster Session,
Nora Maza, Brenda Cavazos, Jennifer Gerlach, Kristina Nelson,
Teenage girls at-risk for poor academic achievement and dropout due to limited vocational training and leadership opportunities were invited to participate in the VANTAGE (Vocational Awareness and Team-Based Girls Empowerment) program. The purpose of VANTAGE was to create a positive change in these young girls’ lives through vocational training, career exploration, leadership skill development, and mentorship from local women leaders. Outcome data from the program evaluation will be shared.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
Identifying Teaching Competencies: A Delphi Study
30-Minute Poster Session,
Jacqueline M. Swank, Alisa Houseknecht
Counselor educators are responsible for training counseling students to be ethical, professional counselors. Therefore, it is crucial that doctoral students receive training that fosters the
development of teaching competencies. This presentation focuses on discussing key areas of teaching competency.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Development of a Need to Persuade or Proselytize Scale: Implications for Counselors**
30-Minute Poster Session,
*Mary Margaret Livingston, Frank P. Igou*

The 2014 ACA Code of Ethics states in Standard A.4.b.: “Counselors are aware of—and avoid imposing—their own values, attitudes, beliefs, and behaviors.” No scale currently exists to ascertain who may need assistance in separating their values or the impulse to proselytize. This poster presents a study performed to conduct exploratory analyses and examine whether it is possible to establish a factor structure for a Need to Persuade or Proselytize Scale to measure a tendency to engage in counterproductive proselytizing.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Factors Related to Help-Seeking Attitudes Among First-Generation College Students**
30-Minute Poster Session,
*Nayoung Kim, Dalena Dillman Taylor, Seungbin Oh*

The presentation informs attendees with factors affecting first-generation college students’ help-seeking attitudes and the relationship of help-seeking attitudes, stigma, perfectionism, and mental health among first-generation college students. The information will benefit counselors working with first-generation college students in enhancing their help-seeking attitudes and provide a guideline for college counselors and school counselors on how to promote their mental health.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Female Veterans: The Intersection of Substance Abuse, Military Sexual Trauma, and PTSD**
30-Minute Poster Session,
*Cyrena W. Ivie*

Learn about female military veterans and their unique experiences. Explore how military sexual trauma and PTSD in female veterans can contribute to substance abuse. Counselors who want to learn about how to assist the fastest growing population of veterans will find this topic helpful.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Creative and Timely Self-Care Techniques for Counselors and Their Clients**
30-Minute Poster Session,
*Margaret Livingston Hindman, Brittany D. Massengale, Kristin K. Higgins*

Even though self-care is an ethical professional responsibility as listed in Standard C of the 2014 ACA Code of Ethics, counselors find it challenging to incorporate self-care daily. The current poster offers techniques that a counselor may use in developing self-care awareness for their own use or in developing self-care awareness counseling students. Learn about creative self-care
techniques and reflect upon self-care that may be done in short amounts of time to be better incorporated into daily life.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**CPCE Predictors: Admissions, Program, and Training Implications**
30-Minute Poster Session,
*Matthew Shurts*

Many counseling programs use the Counselor Preparation Comprehensive Examination (CPCE) as a capstone experience. However, there is limited research examining CPCE results and how to best predict student success on the exam (e.g., undergrad GPA, GRE, demographics, various counseling course grades). The purpose of this session is to share the results of an empirical study that examined possible predictors of CPCE results (N ≈ 625). Implications for master’s programs and future research will be discussed.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**The Efficacy of Interpretive Phenomenological Analysis (IPA) for Novice Researchers**
30-Minute Poster Session,
*Pamela G. Riley*

The poster presentation will outline interpretive phenomenological analysis (IPA) as a potential method for novice researchers. Participants will gain an understanding of the theoretical foundation of IPA as well as the methods and steps for identifying and beginning an IPA study. Participants will also gain knowledge about data collection and analysis methods and how to complete a research study using IPA.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness**
30-Minute Poster Session,
*Kristina Nelson, Jennifer Gerlach, Kriti Vashisht, Wendy Rivera, Nora Maza*

According to the Centers for Disease Control and Prevention (2016), CSA has reached epidemic proportions, and prevention efforts are a primary concern. Through this presentation, we will describe the components of the prevention program we have developed, implemented, and evaluated with a community sample of children and parents. The results of our study will be shared, including the clinical implications as well as recommendations for future research.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Integrating Expressive Arts in Multisystemic Therapy With At-Risk Adolescents**
30-Minute Poster Session,
*Jennifer D. Deaton, Kathryn Paige Linich, Chanta Moore*

Multisystemic therapy (MST) is derived from the social–ecological theory (Henggeler et al., 1998), in which the risk and protective factors of the systems are identified by their contribution to at-risk behaviors (Schoenwald & Rowland, 2002). MST leaves a significant gap in the individual and family systems where an integration of MST and expressive arts can occur. This
poster reviews the literature to provide justification of the integration, limitations, and practical examples of effective strategies.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Maternal Empowerment and Adjustment Among Mothers Experiencing Birth Trauma**
30-Minute Poster Session,
*Christian Horton*
This presentation will provide attendees with an overview of the relationship between maternal empowerment and adjustment among mothers who have experienced birth trauma, birth defects, and childhood disability. Attendees will learn about the shared maternal lived experiences of birth trauma, plan for continued research, interventions, and recommendations for rehabilitation counselors and professionals, counselor educators, practitioners, other allied health professionals, and the community at large.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**All Aboard the Marrakesh Counseling Express: Global Counseling Identity Development in Action**
30-Minute Poster Session,
*Stephanie I. Pergantis, Mark Lepore, Michelle N. Saltis, Mallory Hilinski, Gina Mazzocchi*
Cultural immersion experiences are a part of many students’ education. In our global economy, these experiences may be vital to students securing a desired internship or gaining the necessary cultural skills to work with a desired population. Counselors in the United States can learn a great deal from other countries, such as Morocco, that are in the process of developing their own approach to counseling. This study will highlight seven students’ professional identity development over a cultural immersion experience.

Saturday, March 30, 2019
4:00 pm - 4:30 pm
**Fostering a Sense of Community: Managing a CSI Chapter in the Online Environment**
30-Minute Poster Session,
*Marcia Blane, Karen Russell, Rosanne Nunnery, Carrie Rye, Theresa Kascak*
This interactive discussion-based workshop will highlight the challenges and opportunities of a large Chi Sigma Iota Chapter on an online program. As more and more counselor education programs adopt the platform of online learning, fostering a sense of community with learners who desire to be part of an interconnected group is an important part of our commitment to promoting excellence in the profession of counseling. Be a part of the discussion as we share our best practices and lessons learned!

Sunday, March 31, 2019
9:00 am - 9:30 am
**Outcomes of LGBTQ+ and Religious Identities on Self-Concept and Well-Being**
30-Minute Poster Session,
*Payton Bruland, Mollie Pierce, Angela Maccarrone*
This interactive poster session aims to explore the correlations between LGBTQ+ and religious identities, self-concept, and well-being of students within a Jesuit Catholic university. The session will provide an overview of the study design and results, along with implications for counselor education, clinical practice, and future research. The importance of this research for culturally competent counseling will be discussed.

Sunday, March 31, 2019
9:00 am - 9:30 am
Clash of Generations: Attitudes Toward Tattoos in Counselor Education
30-Minute Poster Session,
Philip S. Mullins, Mary Alice Bruce
Our quantitative national study explored current attitudes of doctoral students, faculty, and administrators regarding tattoos in counselor education. As tattoos’ popularity grows in current society, prevalence increases in counselor education. Our interactive poster session offers the results of our study, implications for hiring practices, and considerations for professional acceptance of tattoos.

Sunday, March 31, 2019
9:00 am - 9:30 am
Coping With Racial Discrimination: Confronting vs. Passive Acceptance
30-Minute Poster Session,
Ying Yang
Past studies have begun to call scholarly attention to the effect of individual factors such as trait anxiety on coping with racial discrimination as well as the importance of studying specific coping strategies. This poster presents an experimental study on examining the moderating role of trait anxiety in evaluating the effectiveness of two coping strategies (confronting vs. passive acceptance) for coping with racial discrimination. Implications for counselors and researchers will be provided during the presentation.

Sunday, March 31, 2019
9:00 am - 9:30 am
Insights and Initiatives From the AADA Older Adults Task Force
30-Minute Poster Session,
Mary Chase B. Mize, Matthew C. Fullen, Christian D. Chan, Crystal Neal, Philip Clarke
Older adults (age 65+) are projected to globally exceed the number of children by 2047; and by 2030, one in five persons in the United States will be over 65. Professional counselors may be underprepared to meet the needs of this growing population. The AADA Older Adult Task Force is a network of counselors, counselor educators, and students dedicated to advocacy, research, and best practices for working with older adults. This poster describes insights and initiatives related to the Task Force’s 2018–2019 strategic goals.

Sunday, March 31, 2019
9:00 am - 9:30 am
Developing Involvement and Leadership in AARC: Perspectives From Emerging Leaders
30-Minute Poster Session,
Amanda Rumsey, Sara Andrews, Julia Dell'Aquila, Na Mi Bang, Nicole Stargell
Developing Involvement and Leadership in AARC: Perspectives From Emerging Leaders

Sunday, March 31, 2019
9:00 am - 9:30 am
EcoWellness: The Natural Approach to Counselor Self-Care
30-Minute Poster Session,
*Ryan F. Reese*
Clinicians need restorative and sustainable self-care strategies. Numerous studies support humanity’s biophilic tendency to spend much of its self-care time in and around natural settings. Connection with nature has been shown to decrease stress, enhance focus, and bolster holistic wellness. The purpose of this program is to introduce attendees to the EcoWellness model, its underlying research, and nature-based strategies that can be applied both in counseling practice and counselor self-care.

Sunday, March 31, 2019
9:00 am - 9:30 am
Best Practices in Working With Undocumented Transgender Clients
30-Minute Poster Session,
*Whitney P. Akers, Mickey E. White, Jordan B. Westcott*
The current sociopolitical climate has left many counselors unsure of how to effectively serve a highly vulnerable population: undocumented transgender individuals. Through culturally responsive counseling and transition considerations, this informative poster uses available literature and the Multicultural and Social Justice Counseling Competencies to provide suggestions for working with undocumented transgender clients and communities.

Sunday, March 31, 2019
9:00 am - 9:30 am
Exploring Contributors to the Perceptions of Multicultural Counseling Courses
30-Minute Poster Session,
*Ashlei Rabess*
This poster will explore factors that may contribute to students’ perceptions of the masters-level multicultural counseling course (MCC). Factors include: student identities, instructor identities, the student-instructor relationship, open-mindedness, emotional depth, experiential activities, mindfulness, and more. Further, implications for students and counselor educators will be presented, as well as recommendations for future research.

Sunday, March 31, 2019
9:00 am - 9:30 am
Disability as an Identity: Disability Cultural Centers in Counselor Education
30-Minute Poster Session,
*Toni A. Saia, Michael Hartley*
A disability cultural center (DCC), is designated as a cultural space to explore and celebrate disability identity and community. The rise of DCCs represents an important shift away from disability as something medical to be fixed or cured. Providing a counternarrative to challenge widespread disempowering views on disability, this presentation highlights the potential role of a
DCC as a university resource for training counseling students to understand the social construction of disability as a social identity.

Sunday, March 31, 2019
9:00 am - 9:30 am
Research in Group Work: A Renewed Focus on Exemplary Methods
30-Minute Poster Session,
Kristopher M. Goodrich, Melissa Luke
This poster will present on the 3-part special issue of the Journal for Specialists in Group Work. The poster will synthesize contributions representing a range of issues that are important to research in group work. Participants will see significant developments in group work research and identify current trends and challenges facing research in group work while focusing across quantitative, qualitative, and mixed-methods research.

Sunday, March 31, 2019
9:00 am - 9:30 am
Excellence as a Unifying Marker in the counseling Profession
30-Minute Poster Session,
Jordan Shannon, Sherrie Bruner
This poster will document the historical development of the profession. From there we will explore CSI core values on promoting excellence in counseling. Excellence in counseling involves reviewing the literature, explore leadership and advocacy opportunities, and promoting research into this common field called “counseling.” Transcending what is learned through specialty areas, promoting excellence show how all areas are unified across the profession, and can be demonstrated in scholarship, service and practice.

Sunday, March 31, 2019
9:00 am - 9:30 am
Show Me the Way: Promoting Wellness in Organizational Leadership
30-Minute Poster Session,
Matthew L. Nice, Richard Joseph Charette, II
Counselor leaders have many roles and responsibilities. These factors carry decisions which often affect the field of professional counseling. Leaders are given the unique opportunity to model and integrate wellness into organizations and structures. Counselor leaders who create a culture of wellness can promote self-care in the profession of counseling for all types of professional counselors. In this informative poster, attendees will gain knowledge about mindfulness-based strategies and techniques which counselor leaders can implement within a holistic framework.

Sunday, March 31, 2019
10:00 am - 10:30 am
Language Brokering in K-12 Schools
30-Minute Poster Session,
Leonissa V. Johnson, Malti Tuttle
Language brokering in schools is the act of multilingual students interpreting and translating between parents/guardians and school personnel. Children and adolescents are often asked to
language broker because they understand school and community culture and have English-speaking ability. Language brokering can yield inequitable outcomes for multilingual youth. In this poster session, presenters will describe language brokering, its impact on students, and interventions that can reduce potential harm.

Sunday, March 31, 2019
10:00 am - 10:30 am
Using Crowdsourcing Websites in Counseling Research: Problems and Potential of MTurk
30-Minute Poster Session,
Mary Margaret Livingston, Margaret L. Hindman, Frank P. Igou, Christopher D. Coleman,
Online recruitment sites such as MTurk have revolutionized social science research. Counselors are just beginning to access the tool’s potential. The poster examines literature on MTurk and critically considers ethics, pros and cons, and promising research applications in counseling. It displays how MTurk samples represent more diversity through a broader range of inclusion of demographics, personality, psychopathology, and substance use. The poster includes use in teaching and novel uses beyond questionnaires.

Sunday, March 31, 2019
10:00 am - 10:30 am
Female Voices in Counseling: Celebrating Women’s Contributions to Our Field
30-Minute Poster Session,
BethAnne Swick, Tina Back
The purpose of this poster presentation is to celebrate the works of female theorists. Most counselor preparation programs do a competent job of teaching the counseling ideas of male theorists. Powerful women have made significant contributions to the advancement of counseling practice in a variety of schools, such as psychodynamic, interpersonal, and cognitive–behavioral perspectives, as well as to the development of career counseling theory. This program examines these contributions.

Sunday, March 31, 2019
10:00 am - 10:30 am
Food Insecurity and Body Image Concerns Among College Athletes
30-Minute Poster Session,
Mandy L. Perryman, Melissa Spencer, Melinda Valliant, Marie Barnard,
Food insecurity among college athletes is not uncommon; however, it is often overlooked in the literature. Conversely, body image in sports is often researched, though not usually as how those concerns pertain to being an athlete. This session will explore research findings in food insecurity and body image concerns among college athletes. For many, college athletics offers tremendous opportunities along with a dramatic lifestyle shift. Perhaps this is when counseling support is needed the most.

Sunday, March 31, 2019
10:00 am - 10:30 am
Animal-Assisted Therapy for Treating PTSD in Combat Veterans
30-Minute Poster Session,
Krista Sheets
For decades, the U.S. military has trained men and women alike on how to be soldiers, but what happens to them when what they’ve trained for suddenly ends? For those with war wounds, transitioning back can be impossible. With the lack of resources available to military personnel, animal-assisted therapy (AAT) helps bridge the resource gap. Research has shown that AAT helps minimize the effects of PTSD. Utilizing AAT to reintegrate veterans with PTSD could be the difference between life and living.

Sunday, March 31, 2019
10:00 am - 10:30 am
The Neuroscience of Medicated, Maltreated, Adolescent Clients
30-Minute Poster Session,
Edward F. Hudspeth
This poster guides counselors in an advanced exploration of brain development, neurobiology, and psychopharmacology as they interact in adolescents. Counselors will explore their roles as advocates for medicated minors as well as the ethics of their involvement and support for medicated minors.

Sunday, March 31, 2019
10:00 am - 10:30 am
Supervision Across Counselor Education, Site-Based, and Professional Contexts
30-Minute Poster Session,
Melissa Luke, Kristopher Goodrich, Cristen Wathen, Summer Reiner,
This poster will provide a summary of the theory, practice, and research on supervision across counselor education, site-based, & professional counseling contexts. The presentation will assist counselor educators and supervisors, site-based supervisors, counselors-in-training, and professional counselors and supervisees in being able to identify similarities and differences in supervision across counselor education, site-based, & professional counseling contexts and to discuss the potential implications.

Sunday, March 31, 2019
10:00 am - 10:30 am
Religious Identity’s Relationship With MCC and Transgender Counseling Competence
30-Minute Poster Session,
Heidi L. Henry, Chi-Sing Li
Current literature and the results of a quantitative investigation analyzing the relationship between religious identity, multicultural counseling competency, and transgender counseling competency of master’s-level students will be presented. Implications and recommendations resulting from this study will also be shared, including a rationale for the need of further training and supervision of religious counselors-in-training when working with gender-nonconforming clients.

Sunday, March 31, 2019
10:00 am - 10:30 am
Sexual Culture on College Campuses: A Photo-elicitation Study of Women's Perspectives
30-Minute Poster Session,
Christina McGrath Fair
Rates of sexual assault on college campuses have been consistent for several decades and are higher than the national average in spite of programming aimed at prevention. One of the most comprehensive policies on sexual assault was created at Antioch college over 30 years ago. A unique factor of that policy is that it was created by a group of female students. Perhaps it is time to privilege the female voice again. This presentation focuses on women's perspectives of sexual culture on campus and what and how they feel needs to change.

Sunday, March 31, 2019
10:00 am - 10:30 am
One Night Without a Home: An Advocacy Project for People Experiencing Homelessness
30-Minute Poster Session,
Jacob W. Sandman, Maria G Diaz Guerrero, Jody Skallbert, Douglas R. Tillman, David D. Hof
Organizational steps and outcome data are shared about the "One Night Without A Home" event, a counselor/community collaboration to reduce the social stigma of homelessness. Included is information about a participatory simulation experience involving clinical mental health counseling students, community members, and area counselors, as well as personal stories of setbacks and triumphs from those experiencing homelessness, and data on the impact of the event on attitudes of participants.

Sunday, March 31, 2019
10:00 am - 10:30 am
Social Justice and Leading University Graduate Organizations: CSJ-UA’s Experience
30-Minute Poster Session,
Frannie Neal, Vanessa M. Perry
Graduate student organizations provide great professional development and leadership opportunities outside of the classroom. The Counselors for Social Justice Chapter at the University of Arizona (CSJ-UA) was founded in February 2017, largely in response to the 2016 election and subsequent political events. This presentation examines the challenges that such organizations face, as well as strategies and resources to help graduate student leaders be successful.

Sunday, March 31, 2019
10:00 am - 10:30 am
Addiction to Social Media and Virtual Interaction: An Overview of Emerging Phenomena
30-Minute Poster Session,
Reginald W. Holt, Kristy Carlisle, Beth Harden
Behavioral addiction has emerged as technology advances and mobile device use increases. Despite its unique components, social media addiction has neurological, behavioral, emotional, and cognitive characteristics typically associated with substance addiction. This presentation will review how social media activates the brain's reward system, identify commonly recognized symptoms, and propose mindfulness as one intervention to increase awareness, delay gratification, and manage urges and difficult emotions.

Sunday, March 31, 2019
11:00 am - 11:30 am
Engaging Young Male Students: A Feminist Perspective
30-Minute Poster Session,  
*Natalie A. Drozda, Matthew L. Nice*  
Engaging adolescent males in counseling can be challenging. Using a feminist approach with males allows for incorporation of power dynamics into practice and is adaptable to diverse populations. This session aims to increase knowledge of feminist approaches to counseling to better engage males in counseling at school. A literature review regarding engaging males is provided, as well as information about feminist counseling approaches and techniques to aid in practice and conceptualization. A case study is provided.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Black Teens’ Experiences of Their Own Racial Identity Through Photovoice**  
30-Minute Poster Session,  
*Corrine R. Sackett, Jardin Dogan*  
This poster displays the findings of a photovoice study with Black teens of their experiences of their own racial identity in their families, schools, and communities. Presenters will provide implications for counselors who are interested in learning more about Black teens’ experiences of race. Further, our poster will serve as an example of youth-focused participatory action research (PAR) that invites community trust and engagement to bring about social change.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Investigating Childhood Sexual Abuse and Sexual Identity Development Using SEM**  
30-Minute Poster Session,  
*Kristina Nelson, Ye Luo*  
The experience of childhood sexual abuse (CSA) may result in psychological and behavioral challenges for many. Some survivors of CSA engage in risky sexual behaviors and may experience difficulties related to the development of their sexual identity. This study explored the relationship between CSA, risky sexual behaviors, and sexual identity development among survivors of CSA. We will share the results of our study including clinical implications and recommendations for future research.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Deconstructing the Universality of Social Justice: A Multicultural Perspective**  
30-Minute Poster Session,  
*Edil Torres Rivera*  
This poster presentation will present a “new” definition of social justice that does not focus on the individual right only, as this view is a more western view. Thus, in this presentation, the author will provide a more collective and fluid definition of social justice that combines the different anti-oppressive theories that have been omitted in the working definition of social justice that is frequently used in the counseling literature.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Trauma-Informed School-Based Counseling With Children Living in Poverty**
30-Minute Poster Session,  
*Mary K. Perleoni, Glenn W. Lambie, Viki P. Kelchner, Jon R. Borland,*  
Approximately 20% of children in enrolled in elementary schools experience psychological distress, and 75% of these students receive inadequate mental health services and are at an increased risk of poor academic achievement. This poster is intended to educate counselors on the importance of TI-SBMHCI as an effective tool in addressing mental health needs of students who live in low-income communities and have experienced a traumatic event. Clinical implications for future research and practice will be discussed.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Examination of Gender-Specified Treatment for Incarcerated Women**  
30-Minute Poster Session,  
*Abigail M. Holder*  
Incarcerated women are commonly not afforded gender-specific mental health treatment and instead are given the same treatment for substance use disorders and other mental disorders as their male counterparts. Various treatment programs and theories have been implemented, but these have been found to be less effective for women due to lack of consideration of gender differences. This poster intends to bring awareness to the need for more effective, gender-specific treatments for incarcerated women.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Examining Students' Perception of Supervisor Spiritual and Religious Integration**  
30-Minute Poster Session,  
*Andrew P. Secor, Michelle Perepiczka*  
Knowledge of spirituality and religion (S/R) is a competency for counseling students. Inclusion of S/R in counselor education and clinical supervision is on the rise, but programmatic changes around S/R are missing from current literature. The presentation will address an initial investigation into the relationship between graduate counseling interns’ perception of their faculty supervisors’ spiritual and religious integration practices in clinical supervision and the students’ perceived spiritual competence.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Breaking the Silence About Misophonia**  
30-Minute Poster Session,  
*Heather A. Geils*  
This poster will focus on helping counselors and counseling educators learn more about misophonia and the impact that the disorder has on the diagnosed individuals, as well as their interactions with their family, friends, and various other relationships.

Sunday, March 31, 2019  
**11:00 am - 11:30 am**  
**Understanding the Third Culture Kid Experience in Counseling Supervision**  
30-Minute Poster Session,
Kyulee Park
Third Culture Kids (TCKs) are individuals who spend significant time in their developmental years outside their parents’ culture of origin. Although TCKs experience unique drawbacks that may impact their counselor identity development, literature has paid little attention to the TCK experience and implications in counseling context. With an increased interest in globalization and multicultural supervision, this presentation introduces ways to effectively work with TCK supervisees in their identity development.

Sunday, March 31, 2019
11:00 am - 11:30 am
Promoting Professional Resiliency
30-Minute Poster Session,
Julie Ballew
We are all wounded healers. Learn about the fundamentals of compassion fatigue and applicable skills for eradicating its symptoms. This is an invitation for counselors of all types to continue deliberate maturation of our professional and personal lives utilizing the five resiliency factors. Learn how to eliminate stress and experience quality of life once again.

Sunday, March 31, 2019
11:00 am - 11:30 am
Facilitating the Creation of LGBTQ+ Inclusive Spaces in Our Community
30-Minute Poster Session,
Brooke E. Poling, Rachel Banaszewski, Thomas W. Payne-Brewer, Nancy E. Sherman,
Members of Chi Sigma Iota’s Beta Phi chapter developed an advocacy project to increase support for LGBTQ+ persons in the chapter’s local communities. Beta Phi members and graduate Counseling students learned how to facilitate Safe Zone trainings. They were then able to offer trainings at their school and agency internship sites, as well as other community locations. The process of the project and outreach outcomes in the community will be described.

Sunday, March 31, 2019
11:00 am - 11:30 am
Professional Identity & Advocacy in a Mainly MFT Driven State
30-Minute Poster Session,
Jessica Koltz
Many states are populated with mainly Marriage and Family Therapy licensed counselors, making it difficult to find your identity as a school, community, individual, clinical mental health, clinical rehabilitation, substance abuse, educational, or career counselor. Engage in discussion during this poster presentation relating to advocating for the counseling profession in a mainly MFT driven state. What events and resources are in place within your community? Participate in conversation regarding community engagement, networking, and advocacy ideas supporting professional counselors. Let’s continue advocating and progressing as a counseling profession through more networking and advocacy opportunities within our states!

Sunday, March 31, 2019
12:00 pm - 12:30 pm
The Impact of Internalized Stigma on Clients With Schizophrenia: The Battle Within
30-Minute Poster Session,  
*Megan A. Whitbeck*
While the fight against the stigma of mental illness is in full swing, much more work still needs to be done. Internalized stigma in clients diagnosed with schizophrenia can have lasting negative impacts on treatment adherence, symptom management, and overall functioning. This poster will discuss the impact of internalized stigma on those diagnosed with schizophrenia and explain how counselors can support clients with evidence-based treatment strategies to improve their client’s quality of life.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**Adverse Childhood Experiences and Depression/Anxiety in Youth: Latent Class Analysis**  
30-Minute Poster Session,  
*Isak Kim, Hye Yeon Lee, Sojeong Nam, Jeongwoon Jeong,*  
This program examines (1) latent groups of youths with adverse childhood experiences (ACEs) by using latent class analysis, in which subjects are grouped based on their patterns and characteristics of responses; and (2) each latent group’s severities of depression and anxiety. Attendees will learn about latent groups of youths with ACEs and the impact of ACEs on youths’ mental health in the context of latent groups. They will also be informed of implications for working with youths with ACEs and depression and anxiety.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**Connecting School-Aged Military Students**  
30-Minute Poster Session,  
*Tiffany Archer Taylor*  
This training will provide ideas that school staff can use to connect military students to their school environments.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**Supervision Experiences Regarding Secondary Traumatic Stress in Child Trauma Therapy**  
30-Minute Poster Session,  
*Brooke Wymer, Jennifer Deaton*  
The study sought to examine the supervision experiences of counselors providing treatment to child survivors of sexual abuse related to secondary traumatic stress responses. Consensual qualitative research methodology (Hill et al., 2005) was utilized to capture the experiences of counselors undergoing the phenomena. Domains, core ideas, and cross-analysis results derived from the data will be reported. Implications for future research, counselor educators, and clinical supervisors will be discussed.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**Position/Program Assessment of a Counselor-In-Residence on a University Campus**  
30-Minute Poster Session,  
*Craig J. Gilkey, Jessie T. Darkis, Kelly Green Kearns*
Counselor-in-residence positions are beginning to pop up around the country. This poster will describe the evolution of this type of position on a college campus. The presenter will discuss measures, construct validity, outcomes of measures, and the perceived future direction of the counselor-in-residence position at his university.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**Utilizing Dialectical Behavior Therapy in Rural School Settings**  
30-Minute Poster Session,  
**Kristopher K. Garza, Steve F. Bain**  
A service learning project was designed to give counseling practicum students an opportunity to utilize the dialectical behavior therapy (DBT) model in a small, rural high school. This poster session will provide an overview of DBT and how the project was designed within a graduate student practicum course to ensure success for both the practicum student and the students enrolled in a rural South Texas high school.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**How to Promote Scholarly Productivity Among Pretenured Counselor Educators**  
30-Minute Poster Session,  
**Hyunhee Kim, Hongryun Woo, Yoojin Jang**  
This poster presentation aims to provide participants with research findings about the influence of burnout and mentoring support on scholarly productivity among pretenured counseling faculty members. Burnout was negatively associated with scholarly productivity. Mentoring support moderated the association between burnout and scholarly productivity. Implications for promoting scholarly productivity at both the individual and institutional levels will be addressed.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**Development of Multicultural Competency in Graduate-Level Counseling Students via Cultural Immersion**  
30-Minute Poster Session,  
**Shannon Langdon, Danielle Geigle**  
Despite the acknowledged need, grave concern has been expressed regarding the lack of multicultural competence among today’s counseling professionals. Based on the findings of a qualitative research study, attendees of this poster presentation will learn to 1) identify the unique experiences of counseling students participating in cultural immersion, and 2) understand how such experiences may significantly influence the development of multicultural competency in counseling students.

Sunday, March 31, 2019  
12:00 pm - 12:30 pm  
**Reducing Ethical Complaints Through Counselor Competency in Court Testimony**  
30-Minute Poster Session,  
**Joshua D. Francis, Brandé Flamez**
High-conflict divorce (HCD) and child custody disputes continue to permeate society on many levels, affecting children, families, and adults in a profound manner. These clinical challenges often require counselors to provide court testimony, which is highly correlated with complicated clinical and ethical pitfalls and can lead to high potential for ethical complaints and legal vulnerabilities. This poster session will review original research examining the competency of counselors performing these roles.

Sunday, March 31, 2019
12:00 pm - 12:30 pm
Mastery of Core Competency Training Programs in Era of Downward Mobility: Key to Sustainability for Success
30-Minute Poster Session, Advanced
Lynn Downie, Cheryl West, Sue Pressman, Michael Lazarchick,

Training has been a hallmark of the National Employment Counseling Association. Learn more about the success of NECA’s online and f2f training curriculum programs which have been a contributing success for its success at thriving over the past 10 years.