Caught in the Web: Exploring Diagnosis and Treatment of Internet Addiction

30-Minute Poster Session
Rebecca M. Cameron, Brittany Cunnien, Nohemi Perez

Internet addiction is a worldwide problem, with prevalence estimates ranging between 1.5 and 18.5 percent of the world population. Attendees will benefit from learning about prevalence rates, the most affected populations, potential risk factors, unofficial diagnostic criteria and the most up-to-date interventions being used to treat internet addiction.

Mindfulness With Male Offenders in a Community Reentry Treatment Program

30-Minute Poster Session
Reginald W. Holt

This study investigated the utility of an adapted version of mindfulness-based relapse prevention for addictive behaviors with six men on probation or parole admitted to a community re-entry substance abuse treatment center. A focus on anger management was integrated into eight weekly group sessions. A thematic analysis categorized the participants’ overall experience into five distinct categories. A summary of the study and recommendations for integrating mindfulness into the treatment plan for offenders are offered.

Recovering From Crystal Meth: Experiences of Those Who Have Achieved Long-Term Recovery

30-Minute Poster Session
Jamian Coleman, Veronica Huttman

This poster session presents the lived experiences of individuals who have maintained long-term recovery from crystal methamphetamine use. The research aims to represent these often-neglected narratives in the literature. Factors that are consistent among individuals who have achieved and maintained recovery from crystal meth are explored. Attendees will gain insight into factors that may contribute to more successful interventions in individual counseling and rehabilitation services.
Saturday, April 28, 2018
8:00 am - 8:30 am
**CSI Featured Session**
Program ID #573, 3rd Floor, Poster Area 1
**Juvenile Offenders: Worldwide Issue and No Universal Solution**
30-Minute Poster Session
Lisa Dunkley
There is an astounding overrepresentation of youths with disabilities in the juvenile justice system. For youths to be successful with reintegration into the community, several components are needed to facilitate this process. Components include community supports, treatment services, education and employment. Reintegration is not without barriers with some major barriers being a lack of trained professionals and community-based services to help juvenile offenders desist from crime.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
**Incorporating Mindfulness-Based Interventions in Substance Use Treatment Models**
30-Minute Poster Session
Baxlee A. Bynum, Claudia Calder
Substance addiction is a chronic and relapsing condition. Relapse remains extremely prevalent even after individuals complete extensive treatment programs. Are we addressing relapse prevention correctly? This poster aims to explore and discuss the benefits and positive outcomes of empirically supported mindfulness-based relapse prevention interventions.

Sunday, April 29, 2018
10:00 am - 10:30 am
**Counseling in China**
30-Minute Poster Session
Yuan Ying Jin, Jihyun Park
The development of counseling in China is in its infancy. This gradual development might be due to the importation of Western counseling models and how traditional ideas have become a rival of these models. This study aims to identify the current status of counseling in China using a scoping approach to review studies that excoriate traditional ideas related to mental health and existing indigenous counseling models and to compare the counseling systems of the U.S. and China.

Sunday, April 29, 2018
12:00 pm - 12:30 pm
**IAAOC Featured Session**
Program ID #659, 3rd Floor, Poster Area 3
**Recovery High School Outcomes for Adolescents Subsequent to Treatment for Substance Use Disorders**
30-Minute Poster Session
Andrew J. Finch
Recovery high schools (RHSs) educate students in recovery from substance use and co-occurring disorders. This poster session will review data from the first RHS comparative outcomes study, which used a quasi-experimental design to study effects of RHS attendance, examining whether students treated for substance use disorders who later attend RHSs experience better behavioral and educational outcomes compared to recovering students who attend non-RHSs. The results provide strong evidence of a positive effect of RHSs for adolescents.
Assessment, Testing, and Program Evaluation

Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #565, 3rd Floor, Poster Area 5
Best Practices for Building Culturally Sensitive Assessments for Transgender Clients
30-Minute Poster Session
Steven Tyler Oberheim, Jacqueline Swank, Kristina DePue
This poster session focuses on best practices for developing, adapting and using assessments with transgender clients. The presenters discuss the historical context of gender minorities in counseling and outline best practices for developing and adapting assessments for transgender individuals. Finally, they discuss the clinical application of using a trans-sensitive assessment process.

Sunday, April 29, 2018
10:00 am - 10:30 am
Program ID #636, 3rd Floor, Poster Area 4
Development of Client Assessment of Multicultural Therapeutic Alliance (CAMTA)
30-Minute Poster Session
Seungbin Oh
With the increased recognition of counselors’ multicultural competence, researchers have primarily focused on identifying ways to assess clients’ perception of such competence; however, there is a dearth of clients’ rating measurement to assess the competencies. This poster session will offer information on how to develop a client rating multicultural competence instrument and provide implications for counselors and educators on how the instrument can be applied in practice and training.

Career Development and Employment Counseling

Friday, April 27, 2018
8:00 am - 8:30 am
Program ID #510, 3rd Floor, Poster Area 10
What Affects School Counselor Burnout? Implications for School Counselors
30-Minute Poster Session
Nayoung Kim, Glenn Lambie
This poster session synthesizes the literature related to school counselor burnout to answer two questions: (1) what factors may predict burnout in school counselors? and (2) What factors mitigate school counselor burnout? Because there is no synthesis focusing on school counselor burnout, this session will inform school counselors and school administrators about the factors affecting the burnout experienced by school counselors and help them to prevent burnout.

Friday, April 27, 2018
8:00 am - 8:30 am
NECA Featured Session
Program ID #512, 3rd Floor, Poster Area 12
NECA’s Extraordinary GCDF Certification Training: Shows You a Reflection of Your Life?
30-Minute Poster Session
Michael C. Lazarichick, Seneca Arrington
The National Employment Counseling Association’s, completely on line GCDF (Global Career Development Facilitator) Training provides resources and knowledge that will ultimately help graduates
perform at a higher level of functioning. Students who fully engage often have transformative experiences. Working Ahead, Moving Forward presents a diversity of wisdom shared by classmates and instructors. Students receive state-of-the-art tools and techniques resulting in a higher level of consciousness and more success with those they serve.

**Friday, April 27, 2018**
**10:30 am - 11:00 am**
Program ID #520, 3rd Floor, Poster Area 8

**Building Resilience With Expatriates: A Case Study**
30-Minute Poster Session
*Paula Carina Lazarim Marques*

Expatriates living abroad working under a temporary assignment are common in today’s world and American counselors need to be ready to meet this demand. Grounded in intercultural psychology theory, this poster session shows a successful intervention with a Brazilian expatriated in China through the incorporation of intercultural and psychoeducational strategies into counseling sessions. Attendees will explore how changes in lifestyle affect clients and how to integrate interventions to assist in meeting client’s needs.

**Friday, April 27, 2018**
**3:00 pm - 3:30 pm**
Program ID #554, 3rd Floor, Poster Area 6

**Facilitating Career Networking Through Planned Happenstance Theory**
30-Minute Poster Session
*Kristen Nadermann*

How can college career counselors help students from different cultures with career networking? Happenstance theory helps people perceive unforeseen changes as desirable chances. This poster session will present a study of U.S. students with Korean backgrounds. It will provide understanding of students from different cultures regarding their work values. The application of the planned happenstance theory to practice will be discussed.

**Saturday, April 28, 2018**
**11:30 am - 12:00 pm**
Program ID #607, 3rd Floor, Poster Area 11

**A Career Mentoring Model for Middle Schoolers Interested in the Helping Professions**
30-Minute Poster Session
*Nadine A. Hartig*

This session will describe a successful career mentoring program for middle school students interested in the helping professions. Literature citing the importance of career development and career readiness for middle school will be shared. The specifics about the program, including the curriculum outline, activities used, logistics and barriers to overcome, will be disseminated. Strategies to capture at-risk and diverse student populations will be discussed.

**Saturday, April 28, 2018**
**4:00 pm - 4:30 pm**

**NCDA Featured Session**
Program ID #612, 3rd Floor, Poster Area 4

**In an Online Global Community, Who Is Being Left Out?**
30-Minute Poster Session
*Anna K. Fleig, Janay Whittaker*
In an increasingly digital world, the use of technology has come to dominate the job search process and is the primary vehicle for working with clients in career counseling. Although beneficial, technology can inhibit clients from successfully navigating career concerns, particularly within multicultural contexts. In this poster Session attendees will learn to identify digital barriers to successful outcomes for clients and carefully consider how technology is appropriately used in the digital world.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #617, 3rd Floor, Poster Area 9
**Career Through an Attachment Lens**
30-Minute Poster Session
Charmayne Adams, Arden Szepe
Using an attachment theoretical framework in a career counseling setting allows for a holistic approach when working with clients in career decision making. Foundations of attachment theory will be explored with a short case study to illuminate salient aspects — specifically those concerning career decision-making. Implications and practical suggestions for integration will be highlighted and presented.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #626, 3rd Floor, Poster Area 6
**You Owe Me 20 Cents: How Counselors Empower Women in the Workplace and Address the Wage Gap**
30-Minute Poster Session
Jayna Brooke Mumbauer, Saundra Tabet
Women have historically earned less income than men. Despite advances in workplace policies, the persistent gap has yielded cause of attention within the field of counseling. With research substantiating this gender disparity, there has been a dearth of strategies to help counselors navigate working in the reality of this inequality. This poster session will provide an overview of discrimination in the workplace and practical strategies for counselors who work with disenfranchised populations.

Sunday, April 29, 2018
12:00 pm - 12:30 pm
Program ID #662, 3rd Floor, Poster Area 6
**Acculturation, Hope and Career Development Among International Graduate Students**
30-Minute Poster Session
Hyoyeon In
International postsecondary students face unique challenges in their career development processes. Acculturation is one of the primary challenges that they encounter. In navigating cultural and career challenges, having a sense of hope can give international students psychological strength. This session will present research findings on the role of acculturation and hope in developing vocational identity among Korean international graduate students. Practical implications will be discussed.
Play Therapy and Children's Experiences of Their Transgender Parents' Transition

Yi-Ju Cheng, Dina Yousef

Although most of the literature and research has focused on transgender youths or transgender parents, the experiences of children with transgender parents are rarely discussed. This poster session aims to provide opportunities for counselors to gain understanding of the developmental stages and experiences of children with transgender parents and to learn how counselors can support all family members in their experiences of transition during the play therapy process.

Puppet Play in Child Welfare Services: An Emotional Regulation Activity

Amanda Marie Evans, Laurie M. Craigen, Patrick Murphy, Abigail Megan Holder

An increased number of children have entered the foster care system within the last 10 years and 80 percent of these cases are a result of extreme neglect. Children in foster care are in need of therapeutic services to address possible trauma. This poster session will present data collected through the development of an emotional regulation activity delivered through puppets for foster care children in a rural, low-socioeconomic-status community.

Player Two Join: Understanding the Impact of Gaming on the Counseling Profession

Stella I. Hovey

Video games—the dangerous medium that is corrupting the minds of today’s youth and instilling negative values . . . or is it? Join this poster session to learn about the benefits of playing video games and how they can be an effective tool in counseling and mental health treatment. This session will provide an overview of the benefits of gaming on the body, how video games can be a helpful tool in counseling to connect with younger clients and examples of available video games and their applications.

Hooking the Blue Whale: Techniques in Web Activity Promoting Self-Harm in Adolescents

Carol Quinn

Another threat has emerged from the deep waters of cyberspace. Using the term “Blue Whale,” social media consumers seek the guidance of an anonymous mentor to guide them through a sequence of 50 daily tasks, culminating in the suicide of the participant. This study is intended to explore the mechanisms enticing the follower to take action and to equip practitioners with an understanding of underlying
compliance principles. The research is further intended to identify characteristics that may aid in the early
detection of future hazards.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #543, 3rd Floor, Poster Area 7
Taming the Trauma: Empirically Supported Treatment of Child Sexual Abuse
30-Minute Poster Session
Amanda Jans, Heidi N. Ryan
An insidious problem plaguing our nation’s children, child sexual abuse has been reported as “likely the
most prevalent health problem children face with the most serious array of consequences.” Trauma-
focused cognitive behavioral therapy (TF-CBT) is empirically supported and boasts the strongest research
evidence of any treatment model for traumatized children. This poster session covers background and
impacts of child sexual abuse, components and basic implementation of TF-CBT and avenues for further
research and training.

Friday, April 27, 2018
3:00 pm - 3:30 pm
Program ID #559, 3rd Floor, Poster Area 11
High Potential Lethality Behaviors in Adolescents
30-Minute Poster Session
Gina Marie Galiano
High potential lethality (HPL) behaviors are defined as activities adolescents take part in for the thrill or
rush that is produced, regardless of the potential consequences of death or serious injury. The current
research on HPL behaviors will be explained, and prevalence rates will be shared. Professionals will learn
about the most salient theories associated with HPL behaviors, such as neurological and psychosocial
theories. A list of warning signs and a sample conversation about HPL behaviors will be provided.

Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #566, 3rd Floor, Poster Area 6
Evaluating the Need for Play Therapy Services in Pediatric Hospitals
30-Minute Poster Session
Bethany R. Russell, Dalena L. Dillman Taylor
With the increased awareness of traumatic effects experienced by children with chronic illness, we will
consider how to better address mental health needs in pediatric health care through an empirically
supported intervention: play therapy. In this poster Session we will address the need for partnerships with
the pediatric hospitals to expand the currently provided wrap-around services to include play therapy.

Saturday, April 28, 2018
8:00 am - 8:30 am
ACAC Featured Session
Program ID #576, 3rd Floor, Poster Area 4
A Model to Enhance Attachment for Perinatal Maternal Mental Illness in the United States
30-Minute Poster Session
Quinn K. Smelser
Research highlights the impact a mother’s psychological instability can have on the attachment security
and physical and psychological health of a child and on the recurrence of a maladaptive cycle through
generations in a family. Models studied in other countries suggest that group interventions,
multidisciplinary treatment teams and mother-infant inpatient psychiatric units are the most effective in treating the mother’s mental illness and building attachment security in the mother-child dyad.

**Saturday, April 28, 2018**  
**8:00 am - 8:30 am**  
*ALGBTIC Featured Session*  
Program ID #577, 3rd Floor, Poster Area 5  
**Affirmative Counseling as a Way to Promote Identity Wellness in LGBTQI+ Adolescents**  
30-Minute Poster Session  
*Rob McKinney, Michael A. Desposito, Eunhui Yoon*  
Effective counseling interventions for LGBTQI+ adolescents are of critical importance considering the increased risk factors LGBTQI+ adolescents face that lead to various mental health concerns. Affirmative therapy offers counselors a strength-based lens to promote a positive identity development. This poster session will explore potential risk factors faced by LGBTQI+ adolescents and how affirmative therapy can be integrated with the wellness model to increase coping skills and foster holistic goals for LGBTQI+ adolescents.

**Saturday, April 28, 2018**  
**8:00 am - 8:30 am**  
Program ID #578, 3rd Floor, Poster Area 6  
**Neurodevelopmentally Informed Play Therapy With Traumatized Children**  
30-Minute Poster Session  
*Susan Stewart Bray, Jennifer Stone, Richard L. Gaskill, Jason Li*  
Attendees will be introduced to Trauma-Informed Play Therapy, a neurodevelopmentally informed play therapy approach using interventions matched to brain areas that have been altered by trauma and/or maltreatment. Treatment involves promoting developmental change for traumatized children using three steps for the progression of treatment: regulate, relate and reason. Attendees in the poster session will be introduced to play activities appropriate for each of the intervention steps.

**Saturday, April 28, 2018**  
**10:30 am - 11:00 am**  
Program ID #594, 3rd Floor, Poster Area 10  
**Should I Be Feeling This Way? Uncovering The Existence of Vicarious Trauma**  
30-Minute Poster Session  
*Lorraine M. Dinkel, Marisol Miranda, Francisco J. Adame, Jr., Erika Y. Vasquez, Ileanna Mercado*  
Clinical and school counseling interns experience vicarious trauma without having knowledge of the term and the possible aftermath. This session will focus on the statistical evidence of existence of vicarious trauma specifically when hearing about abuse. Details will be provided on the implications for counselors as well as the results from a quantitative study.

**Saturday, April 28, 2018**  
**10:30 am - 11:00 am**  
Program ID #596, 3rd Floor, Poster Area 12  
**Examining Chronic Sorrow Among Parents of a Child With Autism Spectrum Disorder**  
30-Minute Poster Session  
*Tiffany M. Bordonada*  
This poster session will provide an overview of the design and approach to a quantitative research study. The purpose of the study was to examine chronic sorrow among 394 parents of a child with autism spectrum disorder. The rationale for the study, analysis and results will be provided. This poster session will focus on informing attendees about chronic sorrow among parents of a child with autism spectrum disorder.
disorder. Additionally, recommendations for counselors to appropriately address chronic sorrow will be presented.

Saturday, April 28, 2018
11:30 am - 12:00 pm
ACC Featured Session
Program ID #601, 3rd Floor, Poster Area 5
Playing With Horses and Color: An Exploration of Equine-Assisted Psychotherapy and Expressive Arts
30-Minute Poster Session
Ioana Marcus, Jacqueline Swank, Amanda C. DeDiego
This poster session will explore the theoretical tenets and application of Gestalt in the form of equine-assisted psychotherapy and expressive arts, all while in nature. The session’s aim is to share the benefits of these approaches and the outcomes of facilitating a deep immersive experience, where the clients get to experience themselves as embodied beings, in a deep emotional and relational connection with themselves, the horses and the natural environment.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #602, 3rd Floor, Poster Area 6
Supporting Students With Disabilities in Transition: A Service Learning Approach
30-Minute Poster Session
Jessica L. Martin, Wendy L. Greenidge
This poster session will discuss a summer program that was developed to help Black and Latino youths with disabilities learn necessary skills for transitioning from high school to college/work through interacting in community service learning. Service learning helped these youths to learn career development and entrepreneurial skills. Attendees will learn about how this program was developed, why service learning is essential for this population and how this program can be implemented into their own communities.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #613, 3rd Floor, Poster Area 5
School-Based Counseling With Elementary School Students in Low SES Communities
30-Minute Poster Session
Mary K. Perleoni, Glenn Lambie, J. Richelle Joe, Viki Kelchner, Jon Borland
Approximately 20 percent of children in enrolled in Title I elementary schools experience psychological distress and 75 percent of these students receive inadequate mental health services and are at an increased risk of poor academic achievement. This poster session is intended to educate counselors on the importance of school-based mental health counseling services as an effective tool in addressing students’ mental health needs living in low income communities. Clinical implications for future research and practice will be discussed.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #616, 3rd Floor, Poster Area 8
School-to-Prison Pipeline: Collaborative and Proactive Solutions as a Counseling Model
30-Minute Poster Session
Giscard Petion, Ashlei A. Rabess
The school-to-prison pipeline is a term coined to describe how disciplinary methods can produce negative developmental and behavioral outcomes in school children. Counselors play a vital role in the
development of youths, particularly those who have been subject to the exclusionary and punitive measures that are present in the school system. The collaborative and proactive solutions model can assist counselors by highlighting major domains that contribute to the development of behavioral challenges in youths.

**Sunday, April 29, 2018**
**10:00 am - 10:30 am**
Program ID #637, 3rd Floor, Poster Area 5
**Expanding Counseling Services to Home Schooling Families**
30-Minute Poster Session
**Leslie Contos**
Approximately 1.8 million U.S. children are home-schooled, yet these families’ needs are often overlooked and have not yet been addressed in counseling literature. Parents from diverse backgrounds home-school their children for a variety of reasons, in a range of styles and with multiple time pressures and family stressors. Counselors with a professional focus on wellness, developmental needs and client-centered multicultural competence are uniquely situated to offer services to home-schoolers.

**Sunday, April 29, 2018**
**10:00 am - 10:30 am**
Program ID #639, 3rd Floor, Poster Area 7
**Through the Touchscreen: What Is Happening to Our Children’s Brains?**
30-Minute Poster Session
**Nora A. Maza, Kristina Nelson**
In today’s society, technology is unavoidable and the future progress of our children is based on their ability to successfully navigate it. Technology can be an asset when used by children for educational purposes; however, it can also have a negative impact on brain functioning by weakening a child’s voluntary attention. It is important to foster the child’s ability to practice self-control in use of technology by educating parents and introducing cognitive behavioral therapy strategies.

**Sunday, April 29, 2018**
**10:00 am - 10:30 am**
Program ID #642, 3rd Floor, Poster Area 10
**Gang Membership and Ethnic Identity**
30-Minute Poster Session
**Nils J. Palma**
Counselors providing clinical services to Latino early adolescents can help them avert particular antisocial behaviors by integrating social justice competencies during counseling sessions. As early adolescents navigate Erikson’s identity stage of psychosocial development, they risk turning to gang membership as a means to achieve social justice. By assisting the early adolescent to incorporate social justice self-efficacy during ethnic identity development, the counselor provides an alternative path to gangs.

**Sunday, April 29, 2018**
**11:00 am - 11:30 am**
Program ID #653, 3rd Floor, Poster Area 9
**Implementing Strengths-Based Termination Rituals With Adolescents**
30-Minute Poster Session
**Matthew J. Paylo, Victoria E. Kress**
In this interactive poster Session attendees will be introduced to methods of infusing strengths and creativity into the termination process. Termination rituals will be visually displayed as a means to
provide clients with closure, a sense of empowerment and ownership of their termination experience. The presenters will discuss the rationale for the interventions, the process of implementing the rituals and examples of strengths-based termination rituals for clinical practice with adolescents.

**Sunday, April 29, 2018**
12:00 pm - 12:30 pm
Program ID #660, 3rd Floor, Poster Area 4

**Systemic Perspective of Conduct Disorder in Adolescents: A Case Study**
30-Minute Poster Session

*Charmayne Adams*

Conduct disorder has become an increasing burden on U.S. families, communities and school systems (Barry, Golmaryami, Rivera-Hudson, & Frick, 2013; Baker, 2009). This poster session addresses the systemic nature of the symptomatology and the interventions that are most effective with conduct disorder. A case study is used to highlight Bronfenbrenner’s ecological model (Bronfenbrenner, 1981) and how it can be used as a tool to conceptualize the systematic nature of conduct disorder.

**Clinical Mental Health**

**Friday, April 27, 2018**
8:00 am - 8:30 am
Program ID #507, 3rd Floor, Poster Area 7

**Clicking and Coping: The Relationship Between Mindfulness, Anxiety and Social Media**
30-Minute Poster Session

*Dakota Ray Skipper, Joshua French, Taylor Hardison, Cooper Moore, Gabrielle Pembroke*

Social media usage has increased dramatically now that content is only a single click away. Participants were recruited via Facebook to investigate whether mindfulness moderates the relationship between anxiety and social media usage. We hypothesized that individuals who engage in mindfulness have lower levels of anxiety and use social media less. Our study’s results will give insight on social media as a form of coping by expanding upon previous research regarding mindfulness and anxiety while incorporating social media usage.

**Friday, April 27, 2018**
10:30 am - 11:00 am
Program ID #514, 3rd Floor, Poster Area 2

**Understanding the Correlation Between Violence and Schizophrenia**
30-Minute Poster Session

*Daniel Balva*

While research has shown that there is a correlation between schizophrenia and violence, only a fraction of violence within our society can be traced to individuals with a diagnosis of schizophrenia. In this poster Session presenters will discuss the general public’s perception of people diagnosed with schizophrenia as being violent and share statistics that highlight the likelihood of violent acts being committed by such individuals.
**Friday, April 27, 2018**
**10:30 am - 11:00 am**
Program ID #517, 3rd Floor, Poster Area 5

**Mom Needs a Time-Out Too: The Importance of Programs That Support At-Risk Families**
30-Minute Poster Session

*Cheryl W. Neale-McFall, Allison Danielle Gatta*

This poster session will show attendees first-hand what was involved in running an eight-week counseling group for at-risk mothers. In addition, attendees will gain an understanding of best practices used to work with this population and receive sample activities that can be adapted to their own groups.

---

**Friday, April 27, 2018**
**10:30 am - 11:00 am**
Program ID #519, 3rd Floor, Poster Area 7

**Puppet Play in Child Welfare Services: An Emotional Regulation Activity**
30-Minute Poster Session

*Amanda Marie Evans, Laurie M. Craigen, Patrick Murphy, Abigail Megan Holder*

An increased number of children have entered the foster care system within the last 10 years and 80 percent of these cases are a result of extreme neglect. Children in foster care are in need of therapeutic services to address possible trauma. This poster session will present data collected through the development of an emotional regulation activity delivered through puppets for foster care children in a rural, low-socioeconomic-status community.

---

**Friday, April 27, 2018**
**10:30 am - 11:00 am**
Program ID #520, 3rd Floor, Poster Area 8

**Building Resilience With Expatriates: A Case Study**
30-Minute Poster Session

*Paula Carina Lazarim Marques*

Expatriates living abroad working under a temporary assignment are common in today’s world and American counselors need to be ready to meet this demand. Grounded in intercultural psychology theory, this poster session shows a successful intervention with a Brazilian expatriated in China through the incorporation of intercultural and psychoeducational strategies into counseling sessions. Attendees will explore how changes in lifestyle affect clients and how to integrate interventions to assist in meeting client’s needs.

---

**Friday, April 27, 2018**
**11:30 am - 12:00 pm**
Program ID #529, 3rd Floor, Poster Area 5

**A Study of the Counseling Experiences of Women Who Have Placed a Child for Adoption**
30-Minute Poster Session

*Elliott S. Harrington*

This poster session explores the counseling experiences of several women who have placed a child for adoption. For these women, negative messages, lack of social support and the trauma of placing a child for adoption may result in ongoing mental health challenges. Although birth mothers can benefit from counseling, little is known of what their counseling experiences are like. This poster session narrows the gap between birth mothers’ counseling experiences and counselors’ knowledge and understanding of those experiences.
Advocating for Access to Mental Health Care for Victims of Intimate Partner Violence

Jennifer Hightower

Intimate partner violence (IPV) is prevalent in our society and research has shown that victims of IPV experience greater psychological distress than those who have not experienced IPV. However, victims of IPV do not have access to the services that they need. This poster session will explore the current literature on access to health care for victims of IPV as well as issue a call to action for professional counselors to advocate for increased services, with specific courses of action.

Examining Resilience, Emotional Intelligence and Connectedness to Nature

Debra Murray, Adam Frei

People are spending less time outdoors, despite the many benefits of nature. This study examined the impact of nature connectedness on the mental health protective factors of resilience and emotional intelligence. The findings suggest that individuals who are more connected with nature experience higher levels of resilience and emotional intelligence. These strong positive effects provide support for consideration of nature-based interventions to promote mental health.

Can You Pour From an Empty Cup? Self-Care and Stress Resilience Among Graduate Students

MaryKate Wihnyk, Cheryl Walker, Melissa Sivaram, Sofia Rubin, Frances Sturgess

This study of graduate students examined self-care practices such as physical care, supportive relationships, mindful awareness, self-compassion, mindful relaxation, clinical practices and supportive structure. It was hypothesized that a higher number of self-care practices would be associated with higher levels of resilience to stress. Results showed there was a significant positive correlation between stress resilience and all self-care practices, with self-compassion being the strongest.

Avoiding Impairment: A Self-care Model for Success

Tiffany N. Simonetti, Brittnee A. Smith

When do you make time for yourself in a profession dedicated to helping others? Students and new professionals enter the field recognizing the importance of self-care; however, self-care requires awareness, balance and connection. Presenters will highlight the consequences of impairment, describe current standards and ethical codes and suggest strategies to holistically improve well-being. Presenters will provide the indivisible self model for attendees of all levels to practice, model and facilitate client wellness education.
Am I Alone? How to Effectively Intervene With Clients Exposed to Social Exclusion
30-Minute Poster Session
Nayoung Kim
The poster session will focus on the importance of empathetic verbal response in counseling and how to intervene clients exposed to social exclusion. The session will provide an overview of the design and the results of the experimental study and suggest implications for clinical practice, counselor education and future research.

Perceptions and Practices of Clinicians Regarding People With Mental Illness and Work
30-Minute Poster Session
Christine L. Fleming, Rebecca S. Curtis
The individual placement and support model of supported employment is an evidence-based practice that leads to successful employment outcomes for people with serious mental illness; however, the implementation of this practice is limited. This poster session will review the results of a study that examined the perceptions and practices of mental health professionals regarding the employment of people with serious mental illness. Implications for counselor practices will be shared.

High Potential Lethality Behaviors in Adolescents
30-Minute Poster Session
Gina Marie Galiano
High potential lethality (HPL) behaviors are defined as activities adolescents take part in for the thrill or rush that is produced, regardless of the potential consequences of death or serious injury. The current research on HPL behaviors will be explained, and prevalence rates will be shared. Professionals will learn about the most salient theories associated with HPL behaviors, such as neurological and psychosocial theories. A list of warning signs and a sample conversation about HPL behaviors will be provided.

The Role of Mindfulness, Self-Compassion and Emotion Regulation in Eating Disorders
30-Minute Poster Session
Monica Leppma
Eating disorders have deleterious effects on individuals’ health and well-being. New research investigates potential protective factors against the development and maintenance of eating disorder symptoms. This poster session will disseminate the findings from a study examining the relationship between mindfulness, self-compassion and emotion regulation with eating disorder symptomatology using path analysis. Clinical implications and considerations will be included.
Saturday, April 28, 2018
8:00 am - 8:30 am
Program ID #575, 3rd Floor, Poster Area 3
Understanding Ambiguous Loss: Implications for Counseling
30-Minute Poster Session
Tristan Danielle McBain
This poster session presenter will discuss ambiguous loss and implications for counseling. Ambiguous loss is an unclear and confusing loss of a loved one who is either physically present but psychologically absent or psychologically present but physically absent. This poster session will provide counselors and counselor educators with delineations of ambiguous loss, examples of circumstances of ambiguous loss and current interventions of best practice most applicable for working with clients affected by an ambiguous loss.

Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #590, 3rd Floor, Poster Area 6
LGBTQ+ Clinical Considerations When Working in Adolescent Outpatient Settings
30-Minute Poster Session
Andrea Parodi, Justin Jacques
Working with LGBTQ+ adolescents in a residential/intensive outpatient environment is a topic that is seldom discussed in counselor education training. LGBTQ+ individuals often face discrimination from society, friends and family, as well as health practitioners. Understanding the potential stressors and barriers to improving mental health for LGBTQ+ individuals in residential/intensive outpatient settings is important for emerging counselor educators when working with this commonly marginalized population.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #608, 3rd Floor, Poster Area 12
30-Minute Poster Session
Ericka A. Shoaff, Carese A. Bates, Mollie Sin, Orit Rubin
The well-being of counselors is essential to the preservation of the helping field. This poster session will highlight the importance of the potential positive impacts of clinical work. A literature review of vicarious posttraumatic growth, compassion satisfaction and vicarious resilience will be presented. Attendees will learn how to identify the constructs within themselves, how to promote the constructs and how to measure them. The primary presenter refers to these positive impacts as occupational gains.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #619, 3rd Floor, Poster Area 11
Combined Therapeutic Approaches: Psychopharmacology for Counselors
30-Minute Poster Session
Saundra Marie Tabet, Caitlyn McKinzie Bennett
Psychopharmacology has been shown to be effective in treating clients who warrant psychotropic medication, with increased positive outcomes for clients receiving both medication and counseling. This poster session will explore the topic of psychopharmacology in counseling and provide practical strategies for counselors-in-training and counselors to effectively incorporate psychotropic medication into therapeutic treatment with clients.
**Financial Health: A Vital and Often Overlooked Component Affecting Mental Health**

30-Minute Poster Session
Emma Kendrick, Nadia Sabeh, Azenet Rodriguez

Financial problems effect one-third of Americans and are connected to serious mental health issues. In addition to understanding a client’s financial health, counselors also need to know how the issue affects their own life. Upon receiving a graduate degree, many counselors face their own debt. The burden can jeopardize a counselor’s own mental health and professional functioning. By understanding financial health, counselors can expand upon opportunities to serve clients and ensure they are not compromised themselves.

**Learning to Accept an ADHD Diagnosis in Order to Treat It**

30-Minute Poster Session
Elliott S. Woehler, Eric Price

Attention deficit hyperactivity disorder (ADHD) is a diagnosis affecting millions of children, adolescents and adults in the U.S. Clients with an ADHD diagnosis present with unique challenges for practitioners in the treatment of associated symptoms and shame. Because not all clients will respond to or prefer to be on medication, acceptance-and-commitment therapy is proposed as an alternative treatment.

**Physical Activity as a Moderator Between Trauma and Emotional Well-Being**

30-Minute Poster Session
Jennifer Castner

Physical activity can greatly benefit a person’s mental and physical health. Those who have undergone a traumatic event have been shown to be at greater risk for various mental disorders and disturbances that decrease healthy functioning. Trauma survivors have also been shown to have lower emotional well-being. This poster session focuses on literature that addresses ways in which physical activity can buffer the negative impact of trauma on emotional well-being.

**Systemic Perspective of Conduct Disorder in Adolescents: A Case Study**

30-Minute Poster Session
Charmayne Adams

Conduct disorder has become an increasing burden on U.S. families, communities and school systems (Barry, Golmaryami, Rivera-Hudson, & Frick, 2013; Baker, 2009). This poster session addresses the systemic nature of the symptomatology and the interventions that are most effective with conduct disorder. A case study is used to highlight Bronfenbrenner’s ecological model (Bronfenbrenner, 1981) and how it can be used as a tool to conceptualize the systematic nature of conduct disorder.
A Video-Based CBT Treatment to Treat Depressive Symptoms in Young Adults
30-Minute Poster Session
Anna Grace Antonell, Esther Simone Suess, Mary Anne Short
There is an emerging evidence base to suggest that online treatments can effectively treat depressive symptoms (Haberstroh et al., 2008). To provide cost-effective prevention for depression in young adults, 12 videos based on cognitive behavioral therapy were created to supplement in-person counseling. These videos are based on research by Buntrock et al. (2016), who found that similar videos significantly reduced the onset of major depressive disorder.

Supporting International Students in the United States: Utilization of Counseling Centers
30-Minute Poster Session
Ahmet Can
This poster session will provide an overview of research on common challenges, difficulties and barriers that international students face while pursuing their education in the United States. In addition to focusing on the students, this poster session will consider counseling theories, empirically supported therapy techniques and example intervention treatment modalities for this population as well as implications for further study.

Creating an Invitational Educational Learning Environment for Diverse Populations
30-Minute Poster Session
Antoinette C. Hollis, Crystal Giddings
The principles of invitational theory (IT) address fundamental beliefs that are aligned with promoting cultural diversity. This theory is useful in removing barriers for underrepresented populations in higher education and promoting equal access to resources and support. It is important that postsecondary institutions design settings that motivate all students, through a spirit of invitation, to engage in higher learning. IT encourages a more nurturing learning environment with unconditional positive regard.

Can You Pour From an Empty Cup? Self-Care and Stress Resilience Among Graduate Students
30-Minute Poster Session
MaryKate Wihnyk, Cheryl Walker, Melissa Sivaram, Sofia Rubin, Frances Sturgess
This study of graduate students examined self-care practices such as physical care, supportive relationships, mindful awareness, self-compassion, mindful relaxation, clinical practices and supportive structure. It was hypothesized that a higher number of self-care practices would be associated with higher
levels of resilience to stress. Results showed there was a significant positive correlation between stress resilience and all self-care practices, with self-compassion being the strongest.

**Friday, April 27, 2018**
3:00 pm - 3:30 pm
Program ID #554, 3rd Floor, Poster Area 6
**Facilitating Career Networking Through Planned Happenstance Theory**
30-Minute Poster Session
*Krystal Nadermann*
How can college career counselors help students from different cultures with career networking? Happenstance theory helps people perceive unforeseen changes as desirable chances. This poster session will present a study of U.S. students with Korean backgrounds. It will provide understanding of students from different cultures regarding their work values. The application of the planned happenstance theory to practice will be discussed.

**Friday, April 27, 2018**
4:00 pm - 4:30 pm
Program ID #567, 3rd Floor, Poster Area 7
**Chiseled: Understanding, Treating and Preventing Men’s Body Image Concerns**
30-Minute Poster Session
*Justin D. Henderson*
Increasingly, body image concerns are an area negatively impacting boys and men. This poster session will survey the psychological, behavioral and relational consequences of body image concerns with boys and men. Additionally, an exploration into the cultural contexts of men’s body image and cultural proscribed body ideals will be explored. The presentation will provide information in designing community prevention programming and counseling interventions to address these concerns.

**Saturday, April 28, 2018**
8:00 am - 8:30 am
Program ID #582, 3rd Floor, Poster Area 10
**Immigrants and Refugees: Psychological Distress and Barriers to Help Seeking**
30-Minute Poster Session
*Katie Immerfall*
Literature suggests disparities on levels of psychological distress and mental health help seeking behaviors exist between non-native born and native-born U.S. citizens. Therefore, research addressing these variables and barriers to mental health help seeking was conducted. There were 102 students surveyed. Results reveal differences in mean scores of psychological distress. Correlations also show a mix of engagement in both formal and informal help-seeking services.

**Saturday, April 28, 2018**
10:30 am - 11:00 am
**ACCA Featured Session**
Program ID #587, 3rd Floor, Poster Area 3
**Multicultural BI: Variation in Self-esteem and Body Image Among Racially Differing Women**
30-Minute Poster Session
*Vanessa R. Wells*
This poster session is for clinicians who work with college-age women on body image, self-esteem and eating disorders. It represents the findings of a meta-analysis on the subject of differences among various racial identities and the aforementioned areas of mental health. It involves a brief explanation of the
findings and sociocultural implications and a brainstorming discussion on various techniques that could be used to respect the differences in culture while maintaining efficacy.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #605, 3rd Floor, Poster Area 9
A Content Analysis of Intervention in Procrastination Intervention Literature
30-Minute Poster Session
Yuan Ying Jin, Hyeyun Ko
Intervention to procrastination is complicated. Although previous intervention studies have revealed the effectiveness of applied intervention, the participants’ ages, the types of procrastination and the operational definition of procrastination differ within each study. This makes it difficult for practitioners to apply the appropriate intervention in real counseling settings. This poster session presents a content analysis of procrastination intervention literature to provide a better road map for future studies.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #627, 3rd Floor, Poster Area 7
Counseling in Community Colleges: Supporting Student Success and Engagement
30-Minute Poster Session
Rick Bruhn, Tasha Nichole Lee
This poster session represents the preliminary research of a doctoral student studying approaches to improving academic performance and retention at community colleges through mental health services. Many community colleges have only limited resources for meeting the counseling and mental health needs of students. Few community colleges have stand-alone counseling centers and staff dedicated to addressing mental health needs. Qualitative, grounded-theory methods were used to interview community college students.

Sunday, April 29, 2018
10:00 am - 10:30 am
Program ID #638, 3rd Floor, Poster Area 6
Counseling in China
30-Minute Poster Session
Yuan Ying Jin, Jihyun Park
The development of counseling in China is in its infancy. This gradual development might be due to the importation of Western counseling models and how traditional ideas have become a rival of these models. This study aims to identify the current status of counseling in China using a scoping approach to review studies that excoriate traditional ideas related to mental health and existing indigenous counseling models and to compare the counseling systems of the U.S. and China.

Sunday, April 29, 2018
11:00 am - 11:30 am
CSI Featured Session
Program ID #645, 3rd Floor, Poster Area 1
Suicide Prevention and Awareness on a College Campus
30-Minute Poster Session
Kelsey L. Pringle, Hannah E. Vollnogle, Natalie M. Ricciutti, Sandra M. Quotson
Suicide has been a growing concern on college campuses. This poster session aims to identify college students’ awareness and knowledge regarding suicide. Students who attended a Suicide Prevention and
Awareness Week event on campus were surveyed about their knowledge surrounding suicide, campus perceptions of suicides and reactions to the events students attended.

Counseling Theory

Friday, April 27, 2018
3:00 pm - 3:30 pm
Program ID #553, 3rd Floor, Poster Area 5
A Life Course View of the Theoretical Orientation Development Process in Counselors
30-Minute Poster Session
Brian Weber
This poster session will showcase research into the development of counselor theoretical orientation across the life span. Attendees will learn how issues such as culture and family background can play a role in the foundations of their personal theoretical orientation. The presenter also will explain how theoretical orientation develops across one’s career and how counselors can guide others through this process or enhance their own work through further development.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #617, 3rd Floor, Poster Area 9
Career Through an Attachment Lens
30-Minute Poster Session
Charmayne Adams, Arden Szepe
Using an attachment theoretical framework in a career counseling setting allows for a holistic approach when working with clients in career decision making. Foundations of attachment theory will be explored with a short case study to illuminate salient aspects — specifically those concerning career decision-making. Implications and practical suggestions for integration will be highlighted and presented.

Counselor Education

Friday, April 27, 2018
8:00 am - 8:30 am
CSI Featured Session
Program ID #502, 3rd Floor, Poster Area 2
Developing Leadership and Advocacy: Doctoral Teaching Interns’ Experiences
30-Minute Poster Session
John J. S. Harrichand, Joy M. Mwendwa, Patricia Kimball, Krista Kirk
This poster session will address doctoral teaching interns’ experiences on developing leadership and advocacy. Presenters who taught in master’s-level counseling programs residentially, in weekend intensive and online instructional settings will discuss their experiences of how they developed these skills within these contexts. Further, implications of developing advocacy and leadership in doctoral programs on counselor educator preparedness and the counseling profession will be addressed.

Friday, April 27, 2018
8:00 am - 8:30 am
Program ID #505, 3rd Floor, Poster Area 5
The Systematic Review of Articles of the Microaggressions on Clients in the US and Korea
30-Minute Poster Session

Eunhui Yoon, Jung-In Lee

This poster session will present results of a systemic review of published papers related to clients’ perceived microaggression during their counseling sessions in the U.S. and South Korea. First, the presenters will define and discuss the theoretical framework of microaggressions. Then they will describe types of microaggression clients face during their counseling sessions. They will also show how counseling-related studies in two countries have dealt with the clients’ perceived microaggressions.

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #515, 3rd Floor, Poster Area 3

Day on the Hill: A Political Advocacy Experience

30-Minute Poster Session
Jacqueline Swank, Kathryn Williams, Alisa Houseknecht, Alena Prikhidko

Advocacy is a crucial component of counseling; and therefore, it is essential that all counseling professionals learn the value of advocacy and how to engage in advocacy activities. This session will focus on exploring counseling students’ perspectives related to their experience participating in Day on the Hill at the State Capitol and examining the effect of the experience on promoting advocacy skills. The presenters will discuss the process of planning and engaging in a political advocacy experience.

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #521, 3rd Floor, Poster Area 9

Counselor Education and Addressing the Needs of the LGBT Community: Are We Doing Enough?

30-Minute Poster Session
Lindsay K. Portela, Jill Marie Meyer

The purpose of this research was to identify the climate of counselor education programs in terms of preparing future counselors to work effectively with LGBT individuals. This poster session aims to provide detailed information about the need for a focus on multicultural counseling competency in counselor education programs, the history of oppression and discrimination faced by LGBT individuals, as well as implications for counselors, counselor educators and students in the field.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #528, 3rd Floor, Poster Area 4

Sounds of Silence in Group Work: Productive, Unproductive and Misunderstood

30-Minute Poster Session
Jean Georgiou, Jim Reynolds

This poster session will explore findings of a qualitative research study on the development of group facilitation skills of doctoral students. Specifically, the session will focus upon the use and misuse of silence in group therapy. The use of silence in group as a positive therapeutic healing force will be presented. Also, problematic silencing interventions will be discussed in relation to how they may communicate disrespect, dismissal or disinterest.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #531, 3rd Floor, Poster Area 7

Creating an Invitational Educational Learning Environment for Diverse Populations

30-Minute Poster Session
Antoinette C. Hollis, Crystal Giddings
The principles of invitational theory (IT) address fundamental beliefs that are aligned with promoting cultural diversity. This theory is useful in removing barriers for underrepresented populations in higher education and promoting equal access to resources and support. It is important that postsecondary institutions design settings that motivate all students, through a spirit of invitation, to engage in higher learning. IT encourages a more nurturing learning environment with unconditional positive regard.

**Friday, April 27, 2018**
2:00 pm - 2:30 pm  
*CSI Featured Session*
Program ID #537, 3rd Floor, Poster Area 1

**Restructuring Our Chi Sigma Iota Chapter: Building a Strong Professional Community**  
30-Minute Poster Session  
*Jessie T. Darkis, Derek X. Seward*
Restructuring a Chi Sigma Iota chapter with an entirely new executive committee can be a challenging process. This poster session will provide attendees with our chapter’s framework for developing, implementing and evaluating an annual plan with an executive committee composed of new leadership. We will discuss key activities developed to advance our chapter’s 2017-18 theme “Fostering Professional Community.”

**Friday, April 27, 2018**
2:00 pm - 2:30 pm  
Program ID #544, 3rd Floor, Poster Area 8

**Military Students’ Perspectives: Improving Counselor Education Teaching Practice**  
30-Minute Poster Session  
*Meredith A. Rausch, Jennifer Leigh Reid*
With military-connected student populations growing in the field of higher education and counselor education as a result of the post–9/11 GI Bill, counselor educators must be better prepared to recognize the strengths and challenges of this unique culture in the classroom. Using an exploratory survey research design, the investigators sought to better understand the experiences of current military connected students in a southeastern CACREP-accredited university. The results and implications will be presented in this session.

**Friday, April 27, 2018**
3:00 pm - 3:30 pm  
*CSI Featured Session*
Program ID #549, 3rd Floor, Poster Area 1

**Cross-cultural Mentoring in Counselor Education: A Call for Action**  
30-Minute Poster Session  
*Marianna L. Oller, Sunny Teeling*
Within counselor education programs, mentoring relationships occur as both formal and informal relationships. The presenters discuss the value of mentoring, the exponential growth rate of marginalized graduate students and the discrepancy between marginalized faculty and the current mentorship guidelines in counselor education. The impact is discussed and recommendations are made for mentorship in cross-cultural dyads.
Friday, April 27, 2018
3:00 pm - 3:30 pm
CSJ Featured Session
Program ID #552, 3rd Floor, Poster Area 4
Examining African American Women Graduate Students’ Affinity Group Experiences
30-Minute Poster Session
Natoya H. Haskins, Laura Pignato, Leonissa V. Johnson
This poster session will examine two cases using affinity groups designed to support African American women in counselor education programs at predominantly White institutions. The presenters will focus on answering the following research question: What are the lived experiences of Counselor education African American women graduate students participating in campus-based Affinity groups at predominantly White institutions? The presenters will illuminate the five themes gleaned from the study, the methodological processes and future implications.

Friday, April 27, 2018
3:00 pm - 3:30 pm
Program ID #558, 3rd Floor, Poster Area 10
The Relationship Between Professional Identity and Professional Counselor Leadership
30-Minute Poster Session
Tanisha Johnson
This poster session will explore the current issues with professional identity and professional unity. The session will also present information from a current research study that explores the relationship between professional identity and professional counselor leadership. The relationship between these two important components of professional development has implications for the future of the counseling profession.

Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #570, 3rd Floor, Poster Area 10
Bridging the Gap: Exposing Graduate Counseling Students to Integrated Care
30-Minute Poster Session
Bridget Asempapa
Health care delivery is rapidly evolving with integrated care approaches gaining credence. Limited training in counselor preparation programs presents contextual challenges in these settings. This poster session presents the results of recent research that examined counselor trainees’ perceived competencies relative to the integrated care competencies of the Substance Abuse and Mental Health Services Administration and Health Resources and Services Administration (SAMHSA–HRSA). Practical implications for training will be discussed.

Saturday, April 28, 2018
8:00 am - 8:30 am
Program ID #575, 3rd Floor, Poster Area 3
Understanding Ambiguous Loss: Implications for Counseling
30-Minute Poster Session
Tristan Danielle McBain
This poster session presenter will discuss ambiguous loss and implications for counseling. Ambiguous loss is an unclear and confusing loss of a loved one who is either physically present but psychologically absent or psychologically present but physically absent. This poster session will provide counselors and counselor educators with delineations of ambiguous loss, examples of circumstances of ambiguous loss and current interventions of best practice most applicable for working with clients affected by an ambiguous loss.
Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #588, 3rd Floor, Poster Area 4
**The Influence of Wellness on Multicultural- and Social Justice Competency**
30-Minute Poster Session
*Andrew Wood*
Wellness can be considered a cornerstone of the counseling profession and in the past 15 years, multicultural-counseling competence and social justice advocacy have become integral foci of many counseling programs. How do these concepts influence one another in working with counselors-in-training? This session presents results from a study examining the influence that subjective wellness has on the multicultural-counseling competence and social justice advocacy of counselors-in-training.

Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #589, 3rd Floor, Poster Area 5
**Reactive Shielding in Transgender Clients**
30-Minute Poster Session
*Michael Mariska, Desmond J. Stern*
This poster session will present findings from an ongoing study to examine the experiences of transgender individuals and identify common themes related to cissexism (prejudice or discrimination against transgender people) cues and microaggressions. The presenters believe that this identification of themes can assist counselor educators in training students to send the desired message of safety and avoid possible pitfalls related to sending unintended cissexist signals.

Saturday, April 28, 2018
11:30 am - 12:00 pm
*CSI Featured Session*
Program ID #597, 3rd Floor, Poster Area 1
**Development and Personality Differences in Counselor Burnout: A Wellness Perspective**
30-Minute Poster Session
*Connie Couch, Claire Critchlow, Alexis (Allie) Hauck, Sean Kershaw*
This poster session presents the results of recent research on counselor burnout. The research conveyed in the poster informs a newly suggested means of addressing counselor burnout through the framework of the coping self, which is a component of the indivisible self model of wellness.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #623, 3rd Floor, Poster Area 3
**Financial Health: A Vital and Often Overlooked Component Affecting Mental Health**
30-Minute Poster Session
*Emma Kendrick, Nadia Sabeh, Azenet Rodriguez*
Financial problems effect one-third of Americans and are connected to serious mental health issues. In addition to understanding a client’s financial health, counselors also need to know how the issue affects their own life. Upon receiving a graduate degree, many counselors face their own debt. The burden can jeopardize a counselor’s own mental health and professional functioning. By understanding financial health, counselors can expand upon opportunities to serve clients and ensure they are not compromised themselves.
**The Development and Validation of Supervisee Disclosure in Supervision Scale**
30-Minute Poster Session
Chi Li, Gulsah Kemer
To expand on existing understanding of supervisee disclosure and offer some implications for counselor and supervisor training programs, this study aimed to develop and validate the supervisee disclosure in supervision scale. Detailed information about the development and validating procedure, as well as implications, limitations and recommendations for future study, will be discussed.

**Professional Adjustment Experiences of International Counseling Graduates**
30-Minute Poster Session
Deborah L. Duenyas
This poster session will provide the results of a phenomenological dissertation that focused on the professional adjustment experiences of international counseling graduates upon returning to their home country. Findings of the study enhance understandings of how professional counselors and counselor education programs might prepare graduates for professional adjustment in a different country.

**ACES Online Learning Guidelines: Implication for Counselor Training**
30-Minute Poster Session
Jacqueline Lewis, Diane H. Coursol, Heather Kaasa
During this interactive poster Session the audience will develop an understanding of online learning, the ACES Online Learning Guidelines and the implications for counselor training.

**Bridging the Research-to-Practice Gap Using Research Methods and Statistics**
30-Minute Poster Session
Michael K. Schmit, Erika L. Schmit, Karisse A. Callender
Have you ever wanted to make your research findings more accessible to counselors in practice? If you answered yes, then this poster presentation is for you. Participants will be introduced to nine different strategies that can be used to bridge the research-to-practice gap from a counseling researcher perspective. You will learn how to implement these strategies and identified solutions to potential barriers that may hinder your research from being less accessible by counselors in practice.
Assessing Counselor-in-training Perceptions of Survivors of Sexual Assault and Intimate Partner Violence
Tiffany L. Rogers
Considering the prevalence of both sexual assault and intimate partner violence in the U.S., it is important to understand how counselors-in-training (CITs) view survivors of these types of violence, as well as how prepared they feel to work with such issues. This poster session will present data from a study that examined CIT’s support of myths related to survivors of sexual assault and intimate partner violence, as well as their perceived levels of preparedness to counsel survivors.

Stepping Away From the Screen: Service-Learning in an Online Counseling Program
Valerie Couture
During this poster session, tips will be shared on integrating service-learning activities into an online learning environment. Service-learning in counselor education programs has been shown to reduce the anxiety of counseling students, increase the development of multicultural competencies in alignment with the ACA Code of Ethics and teach social advocacy roles that students can carry into their professional careers.

Counselor Characteristics as Predictors of Client Attrition in a Counseling Clinic
Shaywanna Harris
Attrition in counseling can be defined in many ways. Counselors may report that clients terminate treatment early or “before they were ready” but there may not have been any clarification of expectations of how long sessions should last. Few studies have examined the factors contributing to client attrition in a university-based community counseling clinic. This poster session will examine potential predictors of client attrition including counselor characteristics in a university-based counseling clinic.

Understanding Autism From Dad’s Perspective: A Grounded Theory Study
Michael D. Hannon
What do counselors know about the psychosocial aspects of autism on the family? How does autism affect the fathers of children with autism? Attend this poster session to see and discuss the results of a
grounded-theory study on how fathers learn about their children’s autism diagnoses and its implications for individual, couple and family counseling.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #529, 3rd Floor, Poster Area 5
**A Study of the Counseling Experiences of Women Who Have Placed a Child for Adoption**
30-Minute Poster Session
_Elliotte S. Harrington_
This poster session explores the counseling experiences of several women who have placed a child for adoption. For these women, negative messages, lack of social support and the trauma of placing a child for adoption may result in ongoing mental health challenges. Although birth mothers can benefit from counseling, little is known of what their counseling experiences are like. This poster session narrows the gap between birth mothers’ counseling experiences and counselors’ knowledge and understanding of those experiences.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #625, 3rd Floor, Poster Area 5
**Couples’ Marital Satisfaction and Wellness**
30-Minute Poster Session
_Philip B. Gnilka, Ryan G. Carlson, Lindsay Kozachuk, Naomi J. Wheeler_
Marital satisfaction is closely linked to overall levels of wellness and mental health in couples. While the relationship has been extensively studied in predominantly White samples, few studies have investigated these links in more diverse samples. The purpose of this poster presentation is to report the results of a quantitative study (N = 513 couples) predominately made up of ethnic minorities. Specific interventions for counselors will be discussed.

Sunday, April 29, 2018
10:00 am - 10:30 am
Program ID #637, 3rd Floor, Poster Area 5
**Expanding Counseling Services to Home Schooling Families**
30-Minute Poster Session
_Leslie Contos_
Approximately 1.8 million U.S. children are home-schooled, yet these families’ needs are often overlooked and have not yet been addressed in counseling literature. Parents from diverse backgrounds home-school their children for a variety of reasons, in a range of styles and with multiple time pressures and family stressors. Counselors with a professional focus on wellness, developmental needs and client-centered multicultural competence are uniquely situated to offer services to home-schoolers.
Interest in implementing animal-assisted interventions (AAIs) into counseling practices is growing rapidly, and ACA’s Animal-Assisted Therapy in Mental Health (AATMH) Interest Network now has 425 members. Members and other interested people are often curious about how to get started with AAIs. This poster presentation aims to familiarize attendees with the tenets of the AATMH Interest Network and to promote the professionalization of AAIs in order to enhance the welfare of the animals, counselors and clients involved.

Saturday, April 28, 2018
10:30 am - 11:00 am
CSI Featured Session
Program ID #585, 3rd Floor, Poster Area 1
Chi Sigma Rocks UNK: Building Advocacy Through Words of Affirmation, One Stone at a Time
30-Minute Poster Session
Anna Payne-Polson, Emily Feese, Mikinsie Wright, Robert N. Polson, Sangeeta Boken, Shaun Mewes, Sarah Connell, Douglas R. Tillman, David Hof,
According to research, nearly one-third of college students suffer from anxiety, depression and suicidality. Within the components of cognitive behavioral therapy are the power of inspiration and hopefulness through positive self-talk. Not all students choose to engage in counseling or have the access to do so. This project at University of Nebraska at Kearney provided an opportunity to interject a small, yet tangible, affirmation into the day of a student.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #599, 3rd Floor, Poster Area 3
Cinematherapy: The Effectiveness of Using Films in Counseling
30-Minute Poster Session
Boram Kim, Min Joo Lee
Movies have an important therapeutic function when integrated into a specific framework of counseling. This modern technique enhances the attractiveness of the therapeutic process and the depth of personal and interpersonal development. In order to establish cinematherapy as an evidence-based treatment, this poster session will explain the results from previous quantitative research using meta-analytic approach. Furthermore, it will promote the effective use of film in the therapeutic process.

Sunday, April 29, 2018
11:00 am - 11:30 am
Program ID #653, 3rd Floor, Poster Area 9
Implementing Strengths-Based Termination Rituals With Adolescents
30-Minute Poster Session
Matthew J. Paylo, Victoria E. Kress
In this interactive poster Session attendees will be introduced to methods of infusing strengths and creativity into the termination process. Termination rituals will be visually displayed as a means to provide clients with closure, a sense of empowerment and ownership of their termination experience. The presenters will discuss the rationale for the interventions, the process of implementing the rituals and examples of strengths-based termination rituals for clinical practice with adolescents.
Diagnosis and Treatment

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #514, 3rd Floor, Poster Area 2
Understanding the Correlation Between Violence and Schizophrenia
30-Minute Poster Session
Daniel Balva
While research has shown that there is a correlation between schizophrenia and violence, only a fraction of violence within our society can be traced to individuals with a diagnosis of schizophrenia. In this poster Session presenters will discuss the general public’s perception of people diagnosed with schizophrenia as being violent and share statistics that highlight the likelihood of violent acts being committed by such individuals.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #628, 3rd Floor, Poster Area 8
Learning to Accept an ADHD Diagnosis in Order to Treat It
30-Minute Poster Session
Elliott S. Woehler, Eric Price
Attention deficit hyperactivity disorder (ADHD) is a diagnosis affecting millions of children, adolescents and adults in the U.S. Clients with an ADHD diagnosis present with unique challenges for practitioners in the treatment of associated symptoms and shame. Because not all clients will respond to or prefer to be on medication, acceptance-and-commitment therapy is proposed as an alternative treatment.

Disaster Mental Health

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #606, 3rd Floor, Poster Area 10
Flint Water Crisis: Emphasizing Social Justice Action in Disaster Mental Health
30-Minute Poster Session
Meghan Berger, Tatiana Obioha, Chantrelle D. Varnado-Johnson
This poster session discusses the Flint Water crisis as an opportunity for counselors to engage and take social justice action. This session explores implicit bias in disaster mental health and how it may serve as a hindrance to providing effective counseling to disaster survivors. Attendees will acquire knowledge of effective strategies to engage with disaster survivors in marginalized communities.

Ethics

Friday, April 27, 2018
8:00 am - 8:30 am
CSI Featured Session
Program ID #501, 3rd Floor, Poster Area 1
Duty to Inform: New Expectations, Ethical Considerations and Partnership Opportunities
30-Minute Poster Session
Latonya M. Graham
This poster session involves an examination of the new expectations and ethical considerations related to counselors’ duty to inform. The *ACA Code of Ethics* published an updated version in 2014 that included a revision to confidentiality and privacy. Attendees will obtain clarification about changes in expectations regarding breaking confidentiality and potential alternatives when exercising legal and ethical decision-making practices.

**Friday, April 27, 2018**
**11:30 am - 12:00 pm**
Program ID #530, 3rd Floor, Poster Area 6
**Facing Facebook: Social Media Ethics**
30-Minute Poster Session
*Karina Marie Aponte, Sandra Lee*
As technology and social media use continue to become a crucial part of our society, it is important for professionals to familiarize themselves with the ethical dilemmas surrounding social media. This poster session focuses on ethical issues such as friending clients, counselors looking through their clients’ social media and clients looking through their counselor’s social media. Limitations and benefits are discussed, along with suggestions for both current and future professionals.

**Sunday, April 29, 2018**
**12:00 pm - 12:30 pm**
**AARC Featured Session**
Program ID #661, 3rd Floor, Poster Area 5
**Do No Harm: An Exploration Into Current Training Programs for Bilingual Counselors**
30-Minute Poster Session
*Isanely Guerrero Kurz, Angie Pérez Peña*
The *ACA Code of Ethics* (2014) outlines the professional responsibilities of counselors based on competencies rooted in education, training and supervised experiences. Counselors are obligated to provide culturally competent counseling to diverse groups, such as Spanish/Latinx populations facing language barriers, cultural barriers and social justice issues. Discussing the need for formal training for counselors with Spanish-speaking clients can help meet mental health needs for this growing population.

**Evidence-Based Practices**

**Friday, April 27, 2018**
**8:00 am - 8:30 am**
Program ID #506, 3rd Floor, Poster Area 6
**Courthouse Facility Dogs: An Intervention for Survivors of Intimate Partner Violence**
30-Minute Poster Session
*Katherine A. Shirley, Tiana M. Kelly*
The human-animal bond: It’s therapeutic. Survivors of intimate partner violence endure a secondary crisis when testifying in court. This research-based presentation will explain how to mitigate that crisis with an intervention strategy using courthouse facility dogs. The critical roles of counselors as educators, advocates and supporters will also be discussed.
Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #599, 3rd Floor, Poster Area 3

Cinematherapy: The Effectiveness of Using Films in Counseling
30-Minute Poster Session
Boram Kim, Min Joo Lee
Movies have an important therapeutic function when integrated into a specific framework of counseling. This modern technique enhances the attractiveness of the therapeutic process and the depth of personal and interpersonal development. In order to establish cinematherapy as an evidence-based treatment, this poster session will explain the results from previous quantitative research using meta-analytic approach. Furthermore, it will promote the effective use of film in the therapeutic process.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #611, 3rd Floor, Poster Area 3

Incorporating Mindfulness-Based Interventions in Substance Use Treatment Models
30-Minute Poster Session
Baxlee A. Bynum, Claudia Calder
Substance addiction is a chronic and relapsing condition. Relapse remains extremely prevalent even after individuals complete extensive treatment programs. Are we addressing relapse prevention correctly? This poster aims to explore and discuss the benefits and positive outcomes of empirically supported mindfulness-based relapse prevention interventions.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #625, 3rd Floor, Poster Area 5

Couples' Marital Satisfaction and Wellness
30-Minute Poster Session
Philip B. Gnilka, Ryan G. Carlson, Lindsay Kozachuk, Naomi J. Wheeler
Marital satisfaction is closely linked to overall levels of wellness and mental health in couples. While the relationship has been extensively studied in predominantly White samples, few studies have investigated these links in more diverse samples. The purpose of this poster presentation is to report the results of a quantitative study (N = 513 couples) predominately made up of ethnic minorities. Specific interventions for counselors will be discussed.

Gerontological Counseling

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #548, 3rd Floor, Poster Area 12

Predictive Factors of Counseling Students Interest in Counseling Older Adults
30-Minute Poster Session
Nathaniel J. Wagner
The older adult demographic is the most underserved population when considering mental health needs and qualified providers, and few counselors interested in working with older adults especially when considering the need. One possible reason for this lack of interest is that trainees feel ill-prepared to work with older adults. This poster will disseminate the results of a study exploring factors that contribute to counseling students interest levels in working with older adults.
Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #618, 3rd Floor, Poster Area 10
**Best Practices in Counseling: Meeting the Diverse Needs of Older Adults**
30-Minute Poster Session
*Nadia Sabeh, Emma L. Kendrick*
Adults over age 65 face a variety of issues in society. This poster session will help to prepare counselors to address those challenges. Topics include normal aging, role changes, gender differences, health issues, ageism, retirement and loss, issues which affect the older adult population and will often present in counseling. It is important for counselors to know what to expect of this population and understand the proper framework from which to work with older adults.

Sunday, April 29, 2018
10:00 am - 10:30 am
*AADA Featured Session*
Program ID #640, 3rd Floor, Poster Area 8
**Aging as LGBTQ Individuals: Considering Intersectionality and Discrimination in Older Adults**
30-Minute Poster Session
*John C. Nance*
Negative societal dynamics impact vulnerable LGBTQ older adults. Because of nontraditional self-identification or lack of identification, potential exists for harm resulting from their own or their peers’ past negative experiences. Intersectionalities with each marginalized individual in combination with normative discrimination can create an atmosphere of disparity. Normal developmental milestones for aging populations contribute to the complex intersectionality and need for inquiry into LGBTQ client perceptions.

Graduate Student Issues

Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #595, 3rd Floor, Poster Area 11
**International Doctoral Students’ Perceptions of Professional Identity Development**
30-Minute Poster Session
*Hongryun Woo*
International counselor education students greatly strengthen the profession nationally and internationally through leadership, advocacy and service. However, most studies on professional identity issues have been limited to U.S. counseling students. This session aims to provide counselor educators with findings on international doctoral students’ perceptions of their professional identity development.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
*CSI Featured Session*
Program ID #609, 3rd Floor, Poster Area 1
**Community Engagement and Advocacy in Graduate Students’ Professional Identity**
30-Minute Poster Session
*Jordan Westcott, Heather B. Coleman, Greg A. Meyer, Claudia Weese*
Professional advocacy is a crucial component of counselor identity and should be demonstrated through action. This poster session will present a model to demonstrate how a student-led committee, with faculty
support, can integrate professional advocacy and community engagement in counseling graduate students’ professional identities. Strategies for developing such a model in other programs and the development of advocacy competencies in the context of a graduate program will be shared.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #632, 3rd Floor, Poster Area 12
Navigating the Dating Scene: A Study on the Lived Experiences of a Graduate Student
30-Minute Poster Session
Viola Simone May, Sarah Fucillo, Steven D. Wright
Research suggests that having a spouse aids in the successful completion of a graduate program and at a faster rate (Price, 2006). Many online news articles/blogs are devoted to providing dating tips for graduate students seeking a significant other; however, there is a lack of evidenced-based research. This poster session will review a qualitative study that explores the lived experiences of single graduate students interested in dating and discuss graduate student wellness as it relates to dating in today’s dating culture.

Sunday, April 29, 2018
10:00 am - 10:30 am
Program ID #641, 3rd Floor, Poster Area 9
Reducing Anxiety and Increasing Awareness: Wellness Interventions for Students
30-Minute Poster Session
Anya Lainas, Ileanna Mercado, Alyssa Garcia
Practicing counseling skills may provoke feelings of anxiety in novice counselor trainees. Counseling students need help with developing healthy coping strategies for skill practice related anxiety. Educators can provide mindfulness interventions in their curriculum to assist students in their wellness journey. This poster session will explore the results of a quasi-experimental mixed-methods study about the relationship between mindfulness-based classroom interventions and the reduction of anxiety of counseling students.

Group Work

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #517, 3rd Floor, Poster Area 5
Mom Needs a Time-Out Too: The Importance of Programs That Support At-Risk Families
30-Minute Poster Session
Cheryl W. Neale-McFall, Allison Danielle Gatta
This poster session will show attendees first-hand what was involved in running an eight-week counseling group for at-risk mothers. In addition, attendees will gain an understanding of best practices used to work with this population and receive sample activities that can be adapted to their own groups.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #528, 3rd Floor, Poster Area 4
Sounds of Silence in Group Work: Productive, Unproductive and Misunderstood
30-Minute Poster Session
Jean Georgiou, Jim Reynolds
This poster session will explore findings of a qualitative research study on the development of group facilitation skills of doctoral students. Specifically, the session will focus upon the use and misuse of
silence in group therapy. The use of silence in group as a positive therapeutic healing force will be presented. Also, problematic silencing interventions will be discussed in relation to how they may communicate disrespect, dismissal or disinterest.

Saturday, April 28, 2018
8:00 am - 8:30 am
Program ID #581, 3rd Floor, Poster Area 9
**Influence of Career Group Counseling on the Socioemotional Development of HS Students**
30-Minute Poster Session
*Kara Ieva, Nina Nagib, Kristina Weiss, Erica Figueroa*
Counseling in postsecondary education focuses less on the socioemotional development of the student compared to the areas of academics, college and career exploration. In high school settings, the practice of group counseling is underutilized despite the benefits it can have on adolescents. Attendees will learn about the positive effects of small-group process on the socioemotional development of high school students and it’s progression within the counseling profession.

Sunday, April 29, 2018
11:00 am - 11:30 am
ASGW Featured Session
Program ID #649, 3rd Floor, Poster Area 5
**Creating a Trauma-Sensitive Culture in K-12 Schools: Redefining Group Work**
30-Minute Poster Session
*Theresa Coogan, Christy Lyons Graham*
Trauma can have varied impacts on the intrapersonal and interpersonal development of children and adolescents. School environments can exacerbate or help to heal trauma that students have experienced in their lives. Counselors in the school setting can facilitate intentional efforts to create a universal trauma-sensitive school environment through active applications of group work. This poster session will provide an overview of trauma theory with regard to the K-12 setting and discuss best practice for group work.

Human Development Across the Life Span

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #548, 3rd Floor, Poster Area 12
**Predictive Factors of Counseling Students Interest in Counseling Older Adults**
30-Minute Poster Session
*Nathaniel J. Wagner*
The older adult demographic is the most underserved population when considering mental health needs and qualified providers, and few counselors interested in working with older adults especially when considering the need. One possible reason for this lack of interest is that trainees feel ill-prepared to work with older adults. This poster will disseminate the results of a study exploring factors that contribute to counseling students interest levels in working with older adults.
A Life Course View of the Theoretical Orientation Development Process in Counselors
30-Minute Poster Session
Brian Weber
This poster session will showcase research into the development of counselor theoretical orientation across the life span. Attendees will learn how issues such as culture and family background can play a role in the foundations of their personal theoretical orientation. The presenter also will explain how theoretical orientation develops across one’s career and how counselors can guide others through this process or enhance their own work through further development.

Jim Crow’s Retirement Home: Racial Disparities in Retirement and Hospice Care
30-Minute Poster Session
Janelle Lynn Jones
This poster session will explore disparities of care provided to older adults who identify as Caucasian and older adults who self-identify as racial minorities. The session will give a call to action for researchers in the counseling field, counselors-in-training and counselor educators to get involved in a local, state or national capacity. Clinical implications of addressing the separate and unequal treatment of older adults who have a minority status will be noted.

Courthouse Facility Dogs: An Intervention for Survivors of Intimate Partner Violence
30-Minute Poster Session
Katherine A. Shirley, Tiana M. Kelly
The human-animal bond: It’s therapeutic. Survivors of intimate partner violence endure a secondary crisis when testifying in court. This research-based presentation will explain how to mitigate that crisis with an intervention strategy using courthouse facility dogs. The critical roles of counselors as educators, advocates and supporters will also be discussed.

Taming the Trauma: Empirically Supported Treatment of Child Sexual Abuse
30-Minute Poster Session
Amanda Jans, Heidi N. Ryan
An insidious problem plaguing our nation’s children, child sexual abuse has been reported as “likely the most prevalent health problem children face with the most serious array of consequences.” Trauma-focused cognitive behavioral therapy (TF-CBT) is empirically supported and boasts the strongest research evidence of any treatment model for traumatized children. This poster session covers background and
impacts of child sexual abuse, components and basic implementation of TF-CBT and avenues for further research and training.

**Friday, April 27, 2018**
**3:00 pm - 3:30 pm**
Program ID #551, 3rd Floor, Poster Area 3
**Intimate Partner Violence and the Trans Community: What is the Role of Counselors?**
30-Minute Poster Session
*Christina McGrath Fair, Jean-Carlos Polanco Lopez*
Trans-identified individuals are at a particularly high risk of intimate partner violence and discrimination in general. These individuals may present to counseling with unique needs and issues. It is imperative that counselors, supervisors and educators stay informed of these needs and issues and be prepared to support clients who identify as trans. Attendees will learn about this population and why they may be at a higher risk of intimate partner violence, as well as how counselors can best address these clients’ needs and advocate for them.

**Friday, April 27, 2018**
**4:00 pm - 4:30 pm**
Program ID #568, 3rd Floor, Poster Area 8
**Sexual Assault Treatment for Black Trans Women: Effects of Rape Culture and Racism**
30-Minute Poster Session
*Alexis V. Ambeau, Claudia M. Fletcher*
To decrease the stigma of treating sexual assault survivors and post-victimization, education on rape culture, critical race theory and trauma can give more context to Black trans women’s experience of sexual assault and the initial healing process. By understanding the influences of society on the sexual victimization of Black trans women and the healing process, counselors can construct treatment plans that take intersectionality into account, and educators can build curriculums that address racial discrepancies.

**Saturday, April 28, 2018**
**8:00 am - 8:30 am**
Program ID #579, 3rd Floor, Poster Area 7
**Stressful Life Events and Posttraumatic Growth Among Police Officers**
30-Minute Poster Session
*Monica Leppma*
As researchers devote increasing attention to the development of posttraumatic growth, it is important to gain understanding of the construct in relation to first responders who regularly face trauma and stress. The literature has begun to identify factors that may contribute to posttraumatic growth. This session will disseminate the findings from a study exploring posttraumatic growth and protective factors in 113 police officers in the aftermath of Hurricane Katrina. Clinical implications and considerations will be included.

**Sunday, April 29, 2018**
**11:00 am - 11:30 am**
**AHC Featured Session**
Program ID #648, 3rd Floor, Poster Area 4
**Promoting Trauma Survivor Wellness With Their Tattoos**
30-Minute Poster Session
*Everett Painter*
Survivors of psychological trauma encounter numerous obstacles on the pathway to recovery. Counselors working with this population continue to search for effective strategies in support of restoration. One possibility often discussed by trauma survivors in popular media as helpful is tattoo acquisition. This
program examines conceptual tattoo literature, trauma research and a current study focusing on the therapeutic properties of the practice for trauma survivors.

**Sunday, April 29, 2018**  
12:00 pm - 12:30 pm  
Program ID #664, 3rd Floor, Poster Area 8  
**Understanding Religious Abuse: Survivors’ Stories Offer Clinical Insight**  
30-Minute Poster Session  
*John T. Super*  
Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ+) clients often turn to religion when navigating their intersecting sexual orientation, gender, and religious identities. However, many LGBTQ+ individuals experience force, rejection, and coercion, also known as religious abuse from their religious leaders and doctrine. This poster session describes the phenomenological experiences and themes of religious abuse by reviewing a qualitative study that utilized classical content analysis.

**Legal Issues**

**Friday, April 27, 2018**  
8:00 am - 8:30 am  
*CSI Featured Session*  
Program ID #501, 3rd Floor, Poster Area 1  
**Duty to Inform: New Expectations, Ethical Considerations and Partnership Opportunities**  
30-Minute Poster Session  
*Latonya M. Graham*  
This poster session involves an examination of the new expectations and ethical considerations related to counselors’ duty to inform. The *ACA Code of Ethics* published an updated version in 2014 that included a revision to confidentiality and privacy. Attendees will obtain clarification about changes in expectations regarding breaking confidentiality and potential alternatives when exercising legal and ethical decision-making practices.

**Friday, April 27, 2018**  
11:30 am - 12:00 pm  
Program ID #532, 3rd Floor, Poster Area 8  
**Advocating for Access to Mental Health Care for Victims of Intimate Partner Violence**  
30-Minute Poster Session  
*Jennifer Hightower*  
Intimate partner violence (IPV) is prevalent in our society and research has shown that victims of IPV experience greater psychological distress than those who have not experienced IPV. However, victims of IPV do not have access to the services that they need. This poster session will explore the current literature on access to health care for victims of IPV as well as issue a call to action for professional counselors to advocate for increased services, with specific courses of action.
Friday, April 27, 2018
8:00 am - 8:30 am
Program ID #508, 3rd Floor, Poster Area 8
**Play Therapy and Children's Experiences of Their Transgender Parents' Transition**
30-Minute Poster Session
Yi-Ju Cheng, Dina Yousef
Although most of the literature and research has focused on transgender youths or transgender parents, the experiences of children with transgender parents are rarely discussed. This poster session aims to provide opportunities for counselors to gain understanding of the developmental stages and experiences of children with transgender parents and to learn how counselors can support all family members in their experiences of transition during the play therapy process.

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #521, 3rd Floor, Poster Area 9
**Counselor Education and Addressing the Needs of the LGBT Community: Are We Doing Enough?**
30-Minute Poster Session
Lindsay K. Portela, Jill Marie Meyer
The purpose of this research was to identify the climate of counselor education programs in terms of preparing future counselors to work effectively with LGBT individuals. This poster session aims to provide detailed information about the need for a focus on multicultural counseling competency in counselor education programs, the history of oppression and discrimination faced by LGBT individuals, as well as implications for counselors, counselor educators and students in the field.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #539, 3rd Floor, Poster Area 3
**Examining Literature About LGBTQ+ Clients in JCD: Tracking Trends Over Time**
30-Minute Poster Session
Rachel K. Henesy, Ana Puig, Mercedes Machado, Eunhui Yoon
This poster Session will present the results of an inductive qualitative content analysis examining themes and trends in LGBTQ+-related articles from the *Journal of Counseling & Development* over a 30-year period. The presenters will provide a historical and current context to highlight the importance of understanding the changes that have taken place through research and advocacy. They will discuss the shift to an affirmative approach in working with LGBTQ+ clients.

Friday, April 27, 2018
3:00 pm - 3:30 pm
Program ID #551, 3rd Floor, Poster Area 3
**Intimate Partner Violence and the Trans Community: What is the Role of Counselors?**
30-Minute Poster Session
Christina McGrath Fair, Jean-Carlos Polanco Lopez
Trans-identified individuals are at a particularly high risk of intimate partner violence and discrimination in general. These individuals may present to counseling with unique needs and issues. It is imperative that counselors, supervisors and educators stay informed of these needs and issues and be prepared to support clients who identify as trans. Attendees will learn about this population and why they may be at a higher
risk of intimate partner violence, as well as how counselors can best address these clients’ needs and advocate for them.

**Friday, April 27, 2018**
4:00 pm - 4:30 pm
Program ID #565, 3rd Floor, Poster Area 5
**Best Practices for Building Culturally Sensitive Assessments for Transgender Clients**
30-Minute Poster Session
*Steven Tyler Oberheim, Jacqueline Swank, Kristina DePue*
This poster session focuses on best practices for developing, adapting and using assessments with transgender clients. The presenters discuss the historical context of gender minorities in counseling and outline best practices for developing and adapting assessments for transgender individuals. Finally, they discuss the clinical application of using a trans-sensitive assessment process.

**Saturday, April 28, 2018**
8:00 am - 8:30 am
**ALGBTIC Featured Session**
Program ID #577, 3rd Floor, Poster Area 5
**Affirmative Counseling as a Way to Promote Identity Wellness in LGBTQI+ Adolescents**
30-Minute Poster Session
*Rob McKinney, Michael A. Desposito, Eunhui Yoon*
Effective counseling interventions for LGBTQI+ adolescents are of critical importance considering the increased risk factors LGBTQI+ adolescents face that lead to various mental health concerns. Affirmative therapy offers counselors a strength-based lens to promote a positive identity development. This poster session will explore potential risk factors faced by LGBTQI+ adolescents and how affirmative therapy can be integrated with the wellness model to increase coping skills and foster holistic goals for LGBTQI+ adolescents.

**Saturday, April 28, 2018**
10:30 am - 11:00 am
Program ID #589, 3rd Floor, Poster Area 5
**Reactive Shielding in Transgender Clients**
30-Minute Poster Session
*Michael Mariska, Desmond J. Stern*
This poster session will present findings from an ongoing study to examine the experiences of transgender individuals and identify common themes related to cissexim (prejudice or discrimination against transgender people) cues and microaggressions. The presenters believe that this identification of themes can assist counselor educators in training students to send the desired message of safety and avoid possible pitfalls related to sending unintended cissexist signals.

**Saturday, April 28, 2018**
10:30 am - 11:00 am
Program ID #590, 3rd Floor, Poster Area 6
**LGBTQ+ Clinical Considerations When Working in Adolescent Outpatient Settings**
30-Minute Poster Session
*Andrea Parodi, Justin Jacques*
Working with LGBTQ+ adolescents in a residential/intensive outpatient environment is a topic that is seldom discussed in counselor education training. LGBTQ+ individuals often face discrimination from society, friends and family, as well as health practitioners. Understanding the potential stressors and
barriers to improving mental health for LGBTQ+ individuals in residential/intensive outpatient settings is important for emerging counselor educators when working with this commonly marginalized population.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #600, 3rd Floor, Poster Area 4
Counselor Preparation: Transgender and Gender Nonconforming Population
30-Minute Poster Session
Veronica M. Kirkland
This poster session will focus on the issues and challenges transgender and gender nonconforming individuals face when seeking professional counseling. This session will also provide information regarding counselor preparation and standards for practice with this population and present implications for future research.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #614, 3rd Floor, Poster Area 6
Counselor Educator Responses to Student and Supervisee Microaggressions
30-Minute Poster Session
John F. Marszalek, Anita A. Neuer Colburn
The results of a qualitative research will be presented based on the interviews of LGBTQIA counselor educators/supervisors. These results will include (1) counselor educators/supervisors’ behavioral and emotional reactions to microaggressions and prejudice by students/supervisees; (2) how their reactions have changed over time; (3) their views on helpful and unhelpful responses to students/supervisees; and (4) their views on best practices for managing their own emotional reactions.

Sunday, April 29, 2018
9:00 am - 9:30 am
CSI Featured Session
Program ID #621, 3rd Floor, Poster Area 1
The Application of Gender-Neutral Pronouns in Transgender Counseling
30-Minute Poster Session
Lindsay M. North, Jacqueline V. Lally
Language used to express empathy is particularly important when dealing with transgender clients who often face additional societal and external stigmas. Currently, the use of gender-specific pronouns can be harmful to the counseling process and to transgender clients. Therefore, the presenters are specifically interested in integrating gender-neutral pronouns into the therapeutic alliance with such clients. The presenters believe adopting said practices will have a positive impact on the mental well-being of transgender clients.

Sunday, April 29, 2018
10:00 am - 10:30 am
AADA Featured Session
Program ID #640, 3rd Floor, Poster Area 8
Aging as LGBTQ Individuals: Considering Intersectionality and Discrimination in Older Adults
30-Minute Poster Session
John C. Nance
Negative societal dynamics impact vulnerable LGBTQ older adults. Because of nontraditional self-identification or lack of identification, potential exists for harm resulting from their own or their peers’ past negative experiences. Intersectionalities with each marginalized individual in combination with
normative discrimination can create an atmosphere of disparity. Normal developmental milestones for aging populations contribute to the complex intersectionality and need for inquiry into LGBTQ client perceptions.

Sunday, April 29, 2018
11:00 am - 11:30 am
Program ID #654, 3rd Floor, Poster Area 10
Crossing Borders: Phenomenological Study of LGBT Experiences
30-Minute Poster Session
Anya L. Lainas, Kristina Ortiz, Leslie Gonzalez, Aileen Espinoza
Preparing counselors for multicultural competent work with vulnerable populations is crucial. In counseling diverse populations, cultural factors often play a central role in success of therapeutic outcomes. This poster session will review the findings of a phenomenological study on the coming-out process of gay and lesbian individuals in the border regions of the United States. Attendees will learn effective ways to address various barriers that impede successful sexual identity development of their Hispanic clients.

Sunday, April 29, 2018
12:00 pm - 12:30 pm
Program ID #664, 3rd Floor, Poster Area 8
Understanding Religious Abuse: Survivors' Stories Offer Clinical Insight
30-Minute Poster Session
John T. Super
Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ+) clients often turn to religion when navigating their intersecting sexual orientation, gender, and religious identities. However, many LGBTQ+ individuals experience force, rejection, and coercion, also known as religious abuse from their religious leaders and doctrine. This poster session describes the phenomenological experiences and themes of religious abuse by reviewing a qualitative study that utilized classical content analysis.

Military Issues

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #544, 3rd Floor, Poster Area 8
Military Students’ Perspectives: Improving Counselor Education Teaching Practice
30-Minute Poster Session
Meredith A. Rausch, Jennifer Leigh Reid
With military-connected student populations growing in the field of higher education and counselor education as a result of the post–9/11 GI Bill, counselor educators must be better prepared to recognize the strengths and challenges of this unique culture in the classroom. Using an exploratory survey research design, the investigators sought to better understand the experiences of current military connected students in a southeastern CACREP-accredited university. The results and implications will be presented in this session.
Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #562, 3rd Floor, Poster Area 2
**Integrating Religion/ Spirituality: Counseling Women Veterans Post Trauma**
30-Minute Poster Session
*Dannette Patterson, Janelle Bettis, Stephanie Dailey, Allison Spargo*

The exposure to combat increases the risk of women service members being diagnosed with posttraumatic stress disorder and other mental health disorders (Kelly et al., 2008). Research reveals that both religion and spirituality demonstrates effectiveness in treating women who have experienced trauma (Briggs & Dixon, 2013). This poster session will highlight how the implementation of religion and/or spirituality can support the healing of women veterans who have experienced trauma.

Sunday, April 29, 2018
11:00 am - 11:30 am
*MGCA Featured Session*
Program ID #650, 3rd Floor, Poster Area 6
**Counseling Interventions to Support National Guard and Reserve Service Members**
30-Minute Poster Session
*Catherine Alexis Ford*

Military service members and veterans are at a heightened risk for trauma-related concerns associated with combat and deployment process/reintegration adjustment. However, a majority of the research and services are geared to meeting the needs of active military personnel. Focusing on the unique subcultures within the military, specifically the National Guard and Reserve Component, provides an opportunity to enhance treatment. This poster session will discuss characteristics of the National Guard and Reserve service members and the distinct challenges they face.

Multicultural and International Issues

Friday, April 27, 2018
8:00 am - 8:30 am
Program ID #509, 3rd Floor, Poster Area 9
**Supporting International Students in the United States: Utilization of Counseling Centers**
30-Minute Poster Session
*Ahmet Can*

This poster session will provide an overview of research on common challenges, difficulties and barriers that international students face while pursuing their education in the United States. In addition to focusing on the students, this poster session will consider counseling theories, empirically supported therapy techniques and example intervention treatment modalities for this population as well as implications for further study.

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #524, 3rd Floor, Poster Area 12
**Phenomenological Exploration of Clinical Training of International Students**
30-Minute Poster Session
*Ahram Lee*

This poster session centers on the voices of international counseling students to provide a snapshot of their lived experiences on clinical training experiences. This poster session will provide results of a
phenomenology study on international counseling students’ clinical training experiences and clinical supervisory implications of the results. This poster session will also provide a platform to discuss ways to support international counseling students to better meet the needs of their clients in clinical practice.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #533, 3rd Floor, Poster Area 9
Korean American Generational Study: The Predictive Role of Religion and Spirituality
30-Minute Poster Session
Chun-Shin Taylor
Scholars have called for investigating the role of religion and spirituality as important variables in understanding the intricate dynamics between culture, ethnic identity and psychological outcomes. This poster session will investigate (1) the relationship between psychological variables and religion and spirituality; (2) the incremental validity of religion and spirituality; and (3) the psychological constructs of spirituality among first- and second-generation Korean Americans. Counseling implications to improve multicultural competency will be proposed.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #535, 3rd Floor, Poster Area 11
Changes in Prejudicial Attitude as Influenced by Exposure to Nondominant Social Events
30-Minute Poster Session
Medina Colaku, Natalie Nieves
The purpose of this poster session is founded on the recent political climate due to the heightened anxiety and tension when discussing minority groups within the United States. In the counseling field, it is significant to highlight the importance of understanding biases, empathy and privilege based on reactions that differ. Through non-dominant social exposure, one’s empathy and self-awareness towards minority and marginalized groups will increase.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #546, 3rd Floor, Poster Area 10
The Professional Development of International Students: Implications for Counselors
30-Minute Poster Session
Na Mi Bang, Hongryun Woo, Hyunhee Kim
This poster session will examine the role of counselors and counselor educators in serving international students, report findings from a qualitative study of international students’ experiences with professional development and discuss suggestions and implications for counselors and counselor educators to understand the needs and challenges of international students.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #547, 3rd Floor, Poster Area 11
Immigration Experiences of Peruvian Adults in the United States: Through Their Eyes
30-Minute Poster Session
Natasha K. Monroe
The topic of immigration is at the forefront of public attention, yet there is little psychological research about the experiences of immigrants themselves and especially of those who exhibit positive characteristics. This poster session presents the immigration experiences of 15 Peruvians living in three different regional areas of the U.S. Because of the phenomenological approach, the findings are in
participants’ own words and reveal immigration themes as well as possible civil rights violations taking place in one area of the United States.

**Friday, April 27, 2018**
3:00 pm - 3:30 pm  
Program ID #556, 3rd Floor, Poster Area 8  
**A Comprehensive Review of Supervisors’ Multicultural Competency Assessment**  
30-Minute Poster Session  
*Sangmin Park*  
In moving toward culturally competent counseling, developing a valid assessment tool is central to facilitate the supervisors’ multicultural competence by providing evidence for the effectiveness of cultural competence. Also, the appropriate usage for the instruments is equally important. The purpose of this poster session is to compare several measures of supervisors’ multicultural competency and reviews the range of multicultural competency of each instrument.

**Friday, April 27, 2018**
3:00 pm - 3:30 pm  
Program ID #557, 3rd Floor, Poster Area 9  
**Underrepresented Students’ College Admission: What School Counselors Need to Know**  
30-Minute Poster Session  
*Amy Gleason Carroll*  
Are school counselors’ biases revealed in the college counseling they provide high school students who vary by race and income? This poster session will address this question by presenting findings of a study of 513 high school students’ ratings of the effectiveness of the counseling that they received and how ratings varied by student race and income. This session will discuss results from the study as well as best practices in working with racially dissimilar clients and students.

**Friday, April 27, 2018**
4:00 pm - 4:30 pm  
Program ID #568, 3rd Floor, Poster Area 8  
**Sexual Assault Treatment for Black Trans Women: Effects of Rape Culture and Racism**  
30-Minute Poster Session  
*Alexis V. Ambeau, Claudia M. Fletcher*  
To decrease the stigma of treating sexual assault survivors and post-victimization, education on rape culture, critical race theory and trauma can give more context to Black trans women’s experience of sexual assault and the initial healing process. By understanding the influences of society on the sexual victimization of Black trans women and the healing process, counselors can construct treatment plans that take intersectionality into account, and educators can build curriculums that address racial discrepancies.

**Friday, April 27, 2018**
4:00 pm - 4:30 pm  
Program ID #571, 3rd Floor, Poster Area 11  
**Race-Based Trauma and White Ally Development: Implications for Counselors**  
30-Minute Poster Session  
*Amanda Marie Evans, Laurie M. Craigen, Jessica Melêndez Tyler, Marina Green*  
This poster session will examine how White allies have attempted to address racism and discrimination. Considering the current sociopolitical climate, the lived experiences of White allies is important to continue discussions on race-based trauma. Recognizing the factors associated within the White ally community can be helpful for White counselors as they communicate inclusive and multiculturally sensitive environments that recognize race-based trauma and support posttraumatic growth.
Perspectives of the Poor: A Grounded Theory Study of Clients in the Rural, Working Class
Dayna M. Watson
Despite the well-documented negative social and psychological correlates of living in poverty, individuals living in poverty continue to underutilize counseling services. In this Session, research exploring the perspectives of counseling clients in the rural, working class will be explored. An emerging conceptual model for understanding how clients in the rural, working class make meaning of their own counseling experiences will be used to discuss implications for counseling practice and research.

When Counselors Travel Abroad: Transformational Learning Through Cultural Immersion
Rebecca E. Michel
Each year, more professional counselors and graduate counseling students travel abroad to obtain professional development, continuing education and a greater connection with the global counseling community. This poster session will provide an overview of how a diverse cultural experience abroad can impact counseling professional identity development and, ultimately, influence the way we counselors work with clients.

Multicultural BI: Variation in Self-esteem and Body Image Among Racially Differing Women
Vanessa R. Wells
This poster session is for clinicians who work with college-age women on body image, self-esteem and eating disorders. It represents the findings of a meta-analysis on the subject of differences among various racial identities and the aforementioned areas of mental health. It involves a brief explanation of the findings and sociocultural implications and a brainstorming discussion on various techniques that could be used to respect the differences in culture while maintaining efficacy.

Religiosity Match X Race No-Match, Counselor Credibility and Client Relationship
Shelli M. Merrill, Kwong-Liem Karl Kwan
After the 2016 presidential election, a White counselor found it increasingly difficult to gain the trust of migrant heritage clients. Adding to the barrier of race, a migrant family spoke limited English and was skeptical of counseling. To restore the relationship, the counselor came to one session in religious attire and the clients responded, “We believe the same.” This poster session examines the variables that facilitate cultural match in racially different dyads.
Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #592, 3rd Floor, Poster Area 8
Assessing Self-Perceived Sensitivity and Awareness to Microaggressions
30-Minute Poster Session
Lauren Elizabeth Ireland, Bradley James Crookston
Attendees at this poster session will learn about current research illuminating the ways in which power and privilege continue to covertly operate through microaggressions. Attendees will gain increased sensitivity to and awareness of microaggressions and the ways in which microaggressions negatively impact clients, thus increasing client care as well as continuing to promote counselor growth and development.

Saturday, April 28, 2018
11:30 am - 12:00 pm
CSI Featured Session
Program ID #598, 3rd Floor, Poster Area 2
CSI Chapter Collaboration Through Counselor Community Engagement: University of Botswana Book Drive
30-Minute Poster Session
Three local Chi Sigma Iota chapters worked together to support a textbook drive for the counseling program at the University of Botswana. There are approximately 350 undergraduate and graduate counseling students at the university; most do not have books. This poster session discusses how local Chi Sigma Iota chapters collaborated using each step of the counselor community engagement model. Attendees will see an example of applying the model on an international level.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #604, 3rd Floor, Poster Area 8
Addressing Sexuality Issues in Counseling: Tools and Resources for Counselors
30-Minute Poster Session
Lorraine J. Guth, Nichole E. Nugent, Olivia L. Wolfe
This session will discuss the importance of addressing sexuality issues in counseling and overviews a sexuality counseling model to aid counselors in effective practice. Sexuality counseling techniques, key resources, tools and research findings will be shared. The importance of counselor self-awareness, knowledge and skills will be highlighted. Sample activities to increase sexuality awareness/knowledge and implications for counselors will be provided.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #618, 3rd Floor, Poster Area 10
Best Practices in Counseling: Meeting the Diverse Needs of Older Adults
30-Minute Poster Session
Nadia Sabeh, Emma L. Kendrick
Adults over age 65 face a variety of issues in society. This poster session will help to prepare counselors to address those challenges. Topics include normal aging, role changes, gender differences, health issues, ageism, retirement and loss, issues which affect the older adult population and will often present in counseling. It is important for counselors to know what to expect of this population and understand the proper framework from which to work with older adults.
# Racism: The Mental Health Ramifications of Online Racial Discrimination

30-Minute Poster Session

Michelle D. Mitchell, Mary Huffstead, Ashlei Rabess, Sylvester Hanner

It is imperative that counselors provide culturally responsive services to diverse client populations. While institutional forms of racism are frequently discussed, online exchanges are overlooked as harmful contributions to one’s well-being. Therefore, this poster session will discuss the current state of online discourse and how racial discrimination significantly impacts the mental health of diverse populations. Implications for counselors and discussions surrounding online experiences will be reviewed.

---

Professional Adjustment Experiences of International Counseling Graduates

30-Minute Poster Session

Deborah L. Duenyas

This poster session will provide the results of a phenomenological dissertation that focused on the professional adjustment experiences of international counseling graduates upon returning to their home country. Findings of the study enhance understandings of how professional counselors and counselor education programs might prepare graduates for professional adjustment in a different country.

---

Development of Client Assessment of Multicultural Therapeutic Alliance (CAMTA)

30-Minute Poster Session

Seungbin Oh

With the increased recognition of counselors’ multicultural competence, researchers have primarily focused on identifying ways to assess clients’ perception of such competence; however, there is a dearth of clients’ rating measurement to assess the competencies. This poster session will offer information on how to develop a client rating multicultural competence instrument and provide implications for counselors and educators on how the instrument can be applied in practice and training.

---

Crossing Borders: Phenomenological Study of LGBT Experiences

30-Minute Poster Session

Anya L. Lainas, Kristina Ortiz, Leslie Gonzalez, Aileen Espinoza

Preparing counselors for multicultural competent work with vulnerable populations is crucial. In counseling diverse populations, cultural factors often play a central role in success of therapeutic outcomes. This poster session will review the findings of a phenomenological study on the coming-out process of gay and lesbian individuals in the border regions of the United States. Attendees will learn effective ways to address various barriers that impede successful sexual identity development of their Hispanic clients.
Sunday, April 29, 2018
12:00 pm - 12:30 pm
AARC Featured Session
Program ID #661, 3rd Floor, Poster Area 5
Do No Harm: An Exploration Into Current Training Programs for Bilingual Counselors
30-Minute Poster Session
Isanely Guerrero Kurz, Angie Pérez Peña
The ACA Code of Ethics (2014) outlines the professional responsibilities of counselors based on competencies rooted in education, training and supervised experiences. Counselors are obligated to provide culturally competent counseling to diverse groups, such as Spanish/Latinx populations facing language barriers, cultural barriers and social justice issues. Discussing the need for formal training for counselors with Spanish-speaking clients can help meet mental health needs for this growing population.

Friday, April 27, 2018
3:00 pm - 3:30 pm
CSI Featured Session
Program ID #550, 3rd Floor, Poster Area 2
Resisting Calcified Principles through Professional Advocacy and Community Outreach: After Tennessee’s Senate Bill 1556
30-Minute Poster Session
Leslie D. Bohn, Caroline Bravo
Through community engagement and professional advocacy centered on diversity and multicultural competency, counseling professionals and students can address the atmosphere of prejudice toward certain populations embodied by legislation like Tennessee’s Senate Bill 1556. For those wanting to address similar issues in their communities, this poster session will include a literature review on the development and change of individual and group values, strategies for addressing values and bias and survey results.

Private Practice

Saturday, April 28, 2018
11:30 am - 12:00 pm
ACC Featured Session
Program ID #601, 3rd Floor, Poster Area 5
Playing With Horses and Color: An Exploration of Equine-Assisted Psychotherapy and Expressive Arts
30-Minute Poster Session
Ioana Marcus, Jacqueline Swank, Amanda C. DeDiego
This poster session will explore the theoretical tenets and application of Gestalt in the form of equine-assisted psychotherapy and expressive arts, all while in nature. The session’s aim is to share the benefits of these approaches and the outcomes of facilitating a deep immersive experience, where the clients get to experience themselves as embodied beings, in a deep emotional and relational connection with themselves, the horses and the natural environment.
Professional Issues

**Friday, April 27, 2018**
**2:00 pm - 2:30 pm**
Program ID #538, 3rd Floor, Poster Area 2
**Animal-Assisted Therapy in Mental Health Interest Network: Philosophy and Trends**
30-Minute Poster Session
Leslie Stewart, Amy R. Johnson, Jade L.H. Letourneau
Interest in implementing animal-assisted interventions (AAIs) into counseling practices is growing rapidly, and ACA’s Animal-Assisted Therapy in Mental Health (AATMH) Interest Network now has 425 members. Members and other interested people are often curious about how to get started with AAIs. This poster presentation aims to familiarize attendees with the tenets of the AATMH Interest Network and to promote the professionalization of AAIs in order to enhance the welfare of the animals, counselors and clients involved.

**Friday, April 27, 2018**
**3:00 pm - 3:30 pm**
Program ID #558, 3rd Floor, Poster Area 10
**The Relationship Between Professional Identity and Professional Counselor Leadership**
30-Minute Poster Session
Tanisha Johnson
This poster session will explore the current issues with professional identity and professional unity. The session will also present information from a current research study that explores the relationship between professional identity and professional counselor leadership. The relationship between these two important components of professional development has implications for the future of the counseling profession.

**Saturday, April 28, 2018**
**8:00 am - 8:30 am**
Program ID #584, 3rd Floor, Poster Area 12
**When Counselors Travel Abroad: Transformational Learning Through Cultural Immersion**
30-Minute Poster Session
Rebecca E. Michel
Each year, more professional counselors and graduate counseling students travel abroad to obtain professional development, continuing education and a greater connection with the global counseling community. This poster session will provide an overview of how a diverse cultural experience abroad can impact counseling professional identity development and, ultimately, influence the way we counselors and work with clients.

**Saturday, April 28, 2018**
**10:30 am - 11:00 am**
Program ID #595, 3rd Floor, Poster Area 11
**International Doctoral Students’ Perceptions of Professional Identity Development**
30-Minute Poster Session
Hongyun Woo
International counselor education students greatly strengthen the profession nationally and internationally through leadership, advocacy and service. However, most studies on professional identity issues have been limited to U.S. counseling students. This session aims to provide counselor educators with findings on international doctoral students’ perceptions of their professional identity development.
Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #600, 3rd Floor, Poster Area 4
**Counselor Preparation: Transgender and Gender Nonconforming Population**
30-Minute Poster Session
*Veronica M. Kirkland*
This poster session will focus on the issues and challenges transgender and gender nonconforming individuals face when seeking professional counseling. This session will also provide information regarding counselor preparation and standards for practice with this population and present implications for future research.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #620, 3rd Floor, Poster Area 12
**Overcoming Counselor Burnout: Applying Job Crafting Strategies**
30-Minute Poster Session
*Sang Min Lee, Changhee Lee, Hyeyun Ko*
Counselors can experience burnout in different ways. Burnout impedes counselors in performing clinical tasks. This poster session will introduce the job demand resources model, a comprehensive model of occupational stress that explains how job demands and resources have unique and multiplicative effects on job burnout and motivation. Through examining specific job crafting strategies, attendees will learn how to integrate self-awareness, self-monitoring and professional identity.

Sunday, April 29, 2018
10:00 am - 10:30 am
**CSI Featured Session**
Program ID #633, 3rd Floor, Poster Area 1
**Bridging the Gap: Developing a More Cohesive Identity for School and Mental Health Counselors**
30-Minute Poster Session
*Brittany Bishop, Molly Moomau*
This poster session will define what it means to have a professional identity as a school or mental health counselor. Through collaboration, mental health and school counselors can utilize core counseling concepts to be of service to their clients and students. Curricula of graduate-level school and mental health counseling programs will be examined to identify commonalities in training. Gaps among identities will be discussed along with suggestions for collaboration toward a more cohesive professional counselor identity.

Sunday, April 29, 2018
12:00 pm - 12:30 pm
Program ID #666, 3rd Floor, Poster Area 10
**Two Paths and an Analysis: Wellness and Burnout Among Ethnically Diverse Counselors**
30-Minute Poster Session
*Rebecca Vazquez, Jacqueline Smith, Mark Newmeyer*
This poster session is based on a study that examined the relationship between counselor ethnic-racial identity, exposure to client trauma, wellness and burnout. Understanding the factors that impact wellness and burnout is essential due to prevalence of trauma and the profession’s growing diversity. Path analyses were utilized to examine the simultaneous relationship between the variables. Differences between majority and minority participants were explored using subsequent path analyses.
Psychopharmacology

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #619, 3rd Floor, Poster Area 11

Combined Therapeutic Approaches: Psychopharmacology for Counselors
30-Minute Poster Session
Saundra Marie Tabet, Caitlyn McKinzie Bennett

Psychopharmacology has been shown to be effective in treating clients who warrant psychotropic medication, with increased positive outcomes for clients receiving both medication and counseling. This poster session will explore the topic of psychopharmacology in counseling and provide practical strategies for counselors-in-training and counselors to effectively incorporate psychotropic medication into therapeutic treatment with clients.

Rehabilitation Counseling and Disability Issues

Friday, April 27, 2018
8:00 am - 8:30 am
Program ID #511, 3rd Floor, Poster Area 11

Utilization of Disability Services Among Students at Minority Serving Institutions
30-Minute Poster Session
Tiffany A. Wilson, Robin Guill Liles

This interactive poster session will describe a mixed-method (explanatory sequential) investigation focused on questions surrounding the under-utilization of disability services among undergraduates attending minority serving institutions (MSIs) in the United States and cooperating areas. Trends associated with higher education, particularly among MSIs, students with disabilities who attend MSIs, and lived experiences of MSI disability services administrators will be examined.

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #518, 3rd Floor, Poster Area 6

Understanding Autism From Dad’s Perspective: A Grounded Theory Study
30-Minute Poster Session
Michael D. Hannon

What do counselors know about the psychosocial aspects of autism on the family? How does autism affect the fathers of children with autism? Attend this poster session to see and discuss the results of a grounded-theory study on how fathers learn about their children’s autism diagnoses and its implications for individual, couple and family counseling.

Friday, April 27, 2018
3:00 pm - 3:30 pm
Program ID #555, 3rd Floor, Poster Area 7

Perceptions and Practices of Clinicians Regarding People With Mental Illness and Work
30-Minute Poster Session
Christine L. Fleming, Rebecca S. Curtis

The individual placement and support model of supported employment is an evidence-based practice that leads to successful employment outcomes for people with serious mental illness; however, the implementation of this practice is limited. This poster session will review the results of a study that
examined the perceptions and practices of mental health professionals regarding the employment of people with serious mental illness. Implications for counselor practices will be shared.

Friday, April 27, 2018
3:00 pm - 3:30 pm
ARCA Featured Session
Program ID #560, 3rd Floor, Poster Area 12
**Head Injury and Rehabilitation: The New Normal**
30-Minute Poster Session
*Antonio Reyes, Michelle Bradham-Cousar*
Individuals with traumatic brain injury (TBI) may represent especially difficult cases for counselors due to their unique challenges. Counselors play an essential role in supporting improved outcomes for individuals with a TBI, however, many newly trained professionals enter the field without all the needed knowledge to effectively serve individuals with TBI. This poster session outlines important strategies for helping individuals with TBI to be successful in the context of school, work and post-injury adaptation.

Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #563, 3rd Floor, Poster Area 3
**Recovering From Crystal Meth: Experiences of Those Who Have Achieved Long-Term Recovery**
30-Minute Poster Session
*Jamian Coleman, Veronica Huttman*
This poster session presents the lived experiences of individuals who have maintained long-term recovery from crystal methamphetamine use. The research aims to represent these often-neglected narratives in the literature. Factors that are consistent among individuals who have achieved and maintained recovery from crystal meth are explored. Attendees will gain insight into factors that may contribute to more successful interventions in individual counseling and rehabilitation services.

Saturday, April 28, 2018
8:00 am - 8:30 am
Program ID #583, 3rd Floor, Poster Area 11
**Emerging Adulthood: Factors That Predict Resilience**
30-Minute Poster Session
*Jill M. Meyer, Vanessa M. Hinton, Nick Derzis, Lindsay Portela, Sharon M. Weaver*
The purpose of this poster session is threefold: (1) To provide counselors’ detailed information on the characteristics, values and experiences of Emerging adults with disabilities; (2) to better understand the relationships among factors that improve the resilience of emerging adults with disabilities, primarily adaptation, coping and self-esteem; and (3) to provide information on emerging adults and their experiences to aid in services delivery from counselors.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #602, 3rd Floor, Poster Area 6
**Supporting Students With Disabilities in Transition: A Service Learning Approach**
30-Minute Poster Session
*Jessica L. Martin, Wendy L. Greenidge*
This poster session will discuss a summer program that was developed to help Black and Latino youths with disabilities learn necessary skills for transitioning from high school to college/work through interacting in community service learning. Service learning helped these youths to learn career development and entrepreneurial skills. Attendees will learn about how this program was developed, why
service learning is essential for this population and how this program can be implemented into their own communities.

**Research**

**Friday, April 27, 2018**

**8:00 am - 8:30 am**

Program ID #504, 3rd Floor, Poster Area 4

**Interactional Patterns of Clinical Supervision: Using Sequential Analysis**

30-Minute Poster Session

*Dan Li, David K. Duys, Darcy H. Granello*

This poster session depicts the moment-to-moment behavioral-state transition patterns in clinical supervision by using sequential analysis. It captures the overall interactional patterns and different patterns based on the length of supervisors’ or supervisees’ work experience. Particularly, the dyads with more experienced supervisors or supervisees exhibit a repetitive pattern between opinions and positive social emotional behaviors. This cyclical pattern has implications for both supervisors and supervisees.

**Friday, April 27, 2018**

**10:30 am - 11:00 am**

Program ID #516, 3rd Floor, Poster Area 4

**School Counselor and Clinical Mental Health Counselor Collaboration**

30-Minute Poster Session

*Malti Tuttle, Brandee Appling*

This session will highlight the findings from a phenomenological research study about the collaboration experiences between K-12 professional school counselors and clinical mental health counselors to support the academic and social/emotional needs of students in the K-12 setting. The presenters will address how, why and when school counselors and clinical mental health counselors collaborate to support students and the outcomes of this collaboration.

**Friday, April 27, 2018**

**10:30 am - 11:00 am**

Program ID #523, 3rd Floor, Poster Area 11

**A Systematic Investigation of Mixed-Methods Research in ACA Journals**

30-Minute Poster Session

*Elif Emir Oksuz*

Mixed-methods research (MMR) is the third wave after quantitative and qualitative research. Despite the popularity and the potential benefits of MMR, it is underutilized in counseling research. The purpose of this poster session is to investigate the MMR articles published in all ACA journals after 2014 in terms of current trends and methodological rigor. Identifying the strengths and weaknesses of published studies can help counselors to produce methodologically rigorous MMR studies and become knowledgeable consumers.

**Friday, April 27, 2018**

**11:30 am - 12:00 pm**

Program ID #527, 3rd Floor, Poster Area 3

**Mindfulness With Male Offenders in a Community Reentry Treatment Program**

30-Minute Poster Session

*Reginald W. Holt*
This study investigated the utility of an adapted version of mindfulness-based relapse prevention for addictive behaviors with six men on probation or parole admitted to a community re-entry substance abuse treatment center. A focus on anger management was integrated into eight weekly group sessions. A thematic analysis categorized the participants’ overall experience into five distinct categories. A summary of the study and recommendations for integrating mindfulness into the treatment plan for offenders are offered.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #534, 3rd Floor, Poster Area 10
Investigating School Counselor Ratios and Student Outcomes Using the HSLS:09 Dataset
30-Minute Poster Session
Emily C. Goodman-Scott, Chris Sink, Melanie A. Burgess
Building on previous literature, researchers used a nationally representative longitudinal dataset (HSLS:09) to determine the association between school counselor-to-student ratios and high school students’ academic outcomes. Attendees will discover school counseling factors influencing student outcomes, view these results from an ecological perspective and gain implications for school counselors and counselor educators, including specific strategies for using an ecological model within school counseling.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #536, 3rd Floor, Poster Area 12
Examining Resilience, Emotional Intelligence and Connectedness to Nature
30-Minute Poster Session
Debra Murray, Adam Frei
People are spending less time outdoors, despite the many benefits of nature. This study examined the impact of nature connectedness on the mental health protective factors of resilience and emotional intelligence. The findings suggest that individuals who are more connected with nature experience higher levels of resilience and emotional intelligence. These strong positive effects provide support for consideration of nature-based interventions to promote mental health.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #540, 3rd Floor, Poster Area 4
School Counselors’ Leadership Self-Efficacy, Delivery of Services and Advocacy
30-Minute Poster Session
Patrick R. Mullen, Natoya Hill Haskins, Sean Newhart
This poster session will present the findings from a cross-sectional study that examined the relationship between leadership self-efficacy, implementation of comprehensive school counseling programs and social justice advocacy among a sample of practicing school counselors. Attendees will learn about existing literature on these topics, the findings from this study and implications for future research and practice. Also, the presenter will discuss the mail-based survey research methodology and statistical procedures used.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #545, 3rd Floor, Poster Area 9
Am I Alone? How to Effectively Intervene With Clients Exposed to Social Exclusion
30-Minute Poster Session
Nayoung Kim
The poster session will focus on the importance of empathetic verbal response in counseling and how to intervene clients exposed to social exclusion. The session will provide an overview of the design and the results of the experimental study and suggest implications for clinical practice, counselor education and future research.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #547, 3rd Floor, Poster Area 11
Immigration Experiences of Peruvian Adults in the United States: Through Their Eyes
Natasha K. Monroe
The topic of immigration is at the forefront of public attention, yet there is little psychological research about the experiences of immigrants themselves and especially of those who exhibit positive characteristics. This poster session presents the immigration experiences of 15 Peruvians living in three different regional areas of the U.S. Because of the phenomenological approach, the findings are in participants’ own words and reveal immigration themes as well as possible civil rights violations taking place in one area of the United States.

Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #564, 3rd Floor, Poster Area 4
The Role of Mindfulness, Self-Compassion and Emotion Regulation in Eating Disorders
Monica Leppma
Eating disorders have deleterious effects on individuals’ health and well-being. New research investigates potential protective factors against the development and maintenance of eating disorder symptoms. This poster session will disseminate the findings from a study examining the relationship between mindfulness, self-compassion and emotion regulation with eating disorder symptomatology using path analysis. Clinical implications and considerations will be included.

Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #569, 3rd Floor, Poster Area 9
The Leadership Qualities and Emotional Intelligence of School Counseling Trainees
Patrick R. Mullen, Dodie Limberg, Shannon Romagnolo, Victor E. Tuazon
This poster session will report the findings from a cross-sectional study that examined the relationship between school counseling trainees’ (N = 225) leadership experience, leadership self-efficacy, self-leadership and emotional intelligence. In addition, relevant literature related to school counselor leadership, the research methods used, the implications of these findings and future research directions will be discussed.

Friday, April 27, 2018
4:00 pm - 4:30 pm
Program ID #570, 3rd Floor, Poster Area 10
Bridging the Gap: Exposing Graduate Counseling Students to Integrated Care
Bridget Asempapa
Health care delivery is rapidly evolving with integrated care approaches gaining credence. Limited training in counselor preparation programs presents contextual challenges in these settings. This poster session presents the results of recent research that examined counselor trainees’ perceived competencies relative to the integrated care competencies of the Substance Abuse and Mental Health Services Administration and Health Resources and Services Administration (SAMHSA–HRSA). Practical implications for training will be discussed.

**Friday, April 27, 2018**
4:00 pm - 4:30 pm  
Program ID #572, 3rd Floor, Poster Area 12  
**Perspectives of the Poor: A Grounded Theory Study of Clients in the Rural, Working Class**  
30-Minute Poster Session  
*Dayna M. Watson*  
Despite the well-documented negative social and psychological correlates of living in poverty, individuals living in poverty continue to underutilize counseling services. In this Session research exploring the perspectives of counseling clients in the rural, working class will be explored. An emerging conceptual model for understanding how clients in the rural, working class make meaning of their own counseling experiences will be used to discuss implications for counseling practice and research.

**Saturday, April 28, 2018**
8:00 am - 8:30 am  
Program ID #579, 3rd Floor, Poster Area 7  
**Stressful Life Events and Posttraumatic Growth Among Police Officers**  
30-Minute Poster Session  
*Monica Leppma*  
As researchers devote increasing attention to the development of posttraumatic growth, it is important to gain understanding of the construct in relation to first responders who regularly face trauma and stress. The literature has begun to identify factors that may contribute to posttraumatic growth. This session will disseminate the findings from a study exploring posttraumatic growth and protective factors in 113 police officers in the aftermath of Hurricane Katrina. Clinical implications and considerations will be included.

**Saturday, April 28, 2018**
8:00 am - 8:30 am  
Program ID #582, 3rd Floor, Poster Area 10  
**Immigrants and Refugees: Psychological Distress and Barriers to Help Seeking**  
30-Minute Poster Session  
*Katie Immerfall*  
Literature suggests disparities on levels of psychological distress and mental health help seeking behaviors exist between non-native born and native-born U.S. citizens. Therefore, research addressing these variables and barriers to mental health help seeking was conducted. There were 102 students surveyed. Results reveal differences in mean scores of psychological distress. Correlations also show a mix of engagement in both formal and informal help-seeking services.

**Saturday, April 28, 2018**
8:00 am - 8:30 am  
Program ID #583, 3rd Floor, Poster Area 11  
**Emerging Adulthood: Factors That Predict Resilience**  
30-Minute Poster Session  
*Jill M. Meyer, Vanessa M. Hinton, Nick Derzis, Lindsay Portela, Sharon M. Weaver*
The purpose of this poster session is threefold: (1) To provide counselors’ detailed information on the characteristics, values and experiences of Emerging adults with disabilities; (2) to better understand the relationships among factors that improve the resilience of emerging adults with disabilities, primarily adaptation, coping and self-esteem; and (3) to provide information on emerging adults and their experiences to aid in services delivery from counselors.

**Saturday, April 28, 2018**
**10:30 am - 11:00 am**
Program ID #588, 3rd Floor, Poster Area 4
**The Influence of Wellness on Multicultural- and Social Justice Competency**
30-Minute Poster Session
*Andrew Wood*
Wellness can be considered a cornerstone of the counseling profession and in the past 15 years, multicultural-counseling competence and social justice advocacy have become integral foci of many counseling programs. How do these concepts influence one another in working with counselors-in-training? This session presents results from a study examining the influence that subjective wellness has on the multicultural-counseling competence and social justice advocacy of counselors-in-training.

**Saturday, April 28, 2018**
**10:30 am - 11:00 am**
Program ID #596, 3rd Floor, Poster Area 12
**Examining Chronic Sorrow Among Parents of a Child With Autism Spectrum Disorder**
30-Minute Poster Session
*Tiffany M. Bordonada*
This poster session will provide an overview of the design and approach to a quantitative research study. The purpose of the study was to examine chronic sorrow among 394 parents of a child with autism spectrum disorder. The rationale for the study, analysis and results will be provided. This poster session will focus on informing attendees about chronic sorrow among parents of a child with autism spectrum disorder. Additionally, recommendations for counselors to appropriately address chronic sorrow will be presented.

**Saturday, April 28, 2018**
**4:00 pm - 4:30 pm**
Program ID #613, 3rd Floor, Poster Area 5
**School-Based Counseling With Elementary School Students in Low SES Communities**
30-Minute Poster Session
*Mary K. Perleoni, Glenn Lambie, J. Richelle Joe, Viki Kelchner, Jon Borland*
Approximately 20 percent of children in enrolled in Title I elementary schools experience psychological distress and 75 percent of these students receive inadequate mental health services and are at an increased risk of poor academic achievement. This poster session is intended to educate counselors on the importance of school-based mental health counseling services as an effective tool in addressing students’ mental health needs living in low income communities. Clinical implications for future research and practice will be discussed.

**Saturday, April 28, 2018**
**4:00 pm - 4:30 pm**
Program ID #615, 3rd Floor, Poster Area 7
**Assessing the Effectiveness of the Kimochis program in Promoting SEL and Resilience**
30-Minute Poster Session
*Ivelisse Torres-Fernandez, Alyssa Josephine Nunez, Erycka Mikkal Mazzi*
The ASCA National Model calls for the development and implementation of programs that target student outcomes, including the personal/social arena. Social emotional learning programming is an efficient approach that merits further attention by school counselors and other professionals. This poster session will present the findings of a study examining the effectiveness of the Kimochis program in promoting social emotional learning and resilience in elementary school children. Implications for practice will be discussed.

Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #630, 3rd Floor, Poster Area 10
**Wellness, Career-Sustaining Behaviors and Burnout Among Rural Counselors**
30-Minute Poster Session
**Jeff Cline**
Rural counselors encounter a host of occupational and environmental stressors that increase their risk for burnout and various forms of distress that can lead to impaired practice. Understanding factors that support rural counselor well-being is an important, yet underdeveloped area of empirical inquiry. This poster session presents research findings on the relationships between wellness, career-sustaining behaviors and burnout among rural counselors from 14 southern states.

Sunday, April 29, 2018
10:00 am - 10:30 am
Program ID #644, 3rd Floor, Poster Area 12
**Are You Competent in Research? Enhancing Research Training in Counseling**
30-Minute Poster Session
**Bilal Kalkan**
Research is essential and needed in order to advance the profession and provide evidence-based results to counseling professionals. This poster session will explore research interests of master-s-level counseling students and doctoral-level counselor education students. This session will provide information and suggestions on how to prepare research-competent counseling professionals, what free online software could be used for data analysis and most common designs and statistical methods used in counseling research.

Sunday, April 29, 2018
11:00 am - 11:30 am
Program ID #651, 3rd Floor, Poster Area 7
**Bridging the Research-to-Practice Gap Using Research Methods and Statistics**
30-Minute Poster Session
**Michael K. Schmit, Erika L. Schmit, Karisse A. Callender**
Have you ever wanted to make your research findings more accessible to counselors in practice? If you answered yes, then this poster presentation is for you. Participants will be introduced to nine different strategies that can be used to bridge the research-to-practice gap from a counseling researcher perspective. You will learn how to implement these strategies and identified solutions to potential barriers that may hinder your research from being less accessible by counselors in practice.

Sunday, April 29, 2018
11:00 am - 11:30 am
Program ID #655, 3rd Floor, Poster Area 11
**Using Grounded Theory to Understand Grief Experiences of Preschool Aged Children**
30-Minute Poster Session
**Ashley S. Roberts, Adam W. Carter**
There is currently a dearth of empirically validated research on the grief symptoms of and counseling interventions for children 3-5 years old. With little to no research on this population’s grief responses, there is no way to reliably determine evidenced-based practices for this age group. The purpose of this poster session is to demonstrate how grounded theory was used to generate the theoretical framework necessary for establishing evidenced-based counseling interventions that cater to grieving preschool-aged children.

**Sunday, April 29, 2018**
**12:00 pm - 12:30 pm**
Program ID #667, 3rd Floor, Poster Area 11

**Mental Health Literacy in a Rural Area**
30-Minute Poster Session
Lauren Renee’ Paulson, Patricia McIntosh

The purpose of this study was to evaluate the mental health literacy of obsessive-compulsive disorder and obsessive-compulsive personality disorder in a rural area. This poster session will review the findings from the study. Implications for counselor advocacy and suggestions for replication and further study will be reviewed.

**Sunday, April 29, 2018**
**12:00 pm - 12:30 pm**
Program ID #668, 3rd Floor, Poster Area 12

**Counselor Characteristics as Predictors of Client Attrition in a Counseling Clinic**
30-Minute Poster Session
Shaywanna Harris

Attrition in counseling can be defined in many ways. Counselors may report that clients terminate treatment early or “before they were ready” but there may not have been any clarification of expectations of how long sessions should last. Few studies have examined the factors contributing to client attrition in a university based community counseling clinic. This poster session will examine potential predictors of client attrition including counselor characteristics in a university based counseling clinic.

**School Counseling**

**Friday, April 27, 2018**
**8:00 am - 8:30 am**
Program ID #510, 3rd Floor, Poster Area 10

**What Affects School Counselor Burnout? Implications for School Counselors**
30-Minute Poster Session
Nayoung Kim, Glenn Lambie

This poster session synthesizes the literature related to school counselor burnout to answer two questions: (1) what factors may predict burnout in school counselors? and (2) What factors mitigate school counselor burnout? Because there is no synthesis focusing on school counselor burnout, this session will inform school counselors and school administrators about the factors affecting the burnout experienced by school counselors and help them to prevent burnout.
Friday, April 27, 2018
8:00 am - 8:30 am
Program ID #511, 3rd Floor, Poster Area 11
**Utilization of Disability Services Among Students at Minority Serving Institutions**
30-Minute Poster Session
*Tiffany A. Wilson, Robin Guill Liles*
This interactive poster session will describe a mixed-method (explanatory sequential) investigation focused on questions surrounding the under-utilization of disability services among undergraduates attending minority serving institutions (MSIs) in the United States and cooperating areas. Trends associated with higher education, particularly among MSIs, students with disabilities who attend MSIs, and lived experiences of MSI disability services administrators will be examined.

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #516, 3rd Floor, Poster Area 4
**School Counselor and Clinical Mental Health Counselor Collaboration**
30-Minute Poster Session
*Malti Tuttle, Brandee Appling*
This session will highlight the findings from a phenomenological research study about the collaboration experiences between K-12 professional school counselors and clinical mental health counselors to support the academic and social/emotional needs of students in the K-12 setting. The presenters will address how, why and when school counselors and clinical mental health counselors collaborate to support students and the outcomes of this collaboration.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #534, 3rd Floor, Poster Area 10
**Investigating School Counselor Ratios and Student Outcomes Using the HSLS:09 Dataset**
30-Minute Poster Session
*Emily C. Goodman-Scott, Chris Sink, Melanie A. Burgess*
Building on previous literature, researchers used a nationally representative longitudinal dataset (HSLS:09) to determine the association between school counselor-to-student ratios and high school students’ academic outcomes. Attendees will discover school counseling factors influencing student outcomes, view these results from an ecological perspective and gain implications for school counselors and counselor educators, including specific strategies for using an ecological model within school counseling.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #540, 3rd Floor, Poster Area 4
**School Counselors’ Leadership Self-Efficacy, Delivery of Services and Advocacy**
30-Minute Poster Session
*Patrick R. Mullen, Natoya Hill Haskins, Sean Newhart*
This poster session will present the findings from a cross-sectional study that examined the relationship between leadership self-efficacy, implementation of comprehensive school counseling programs and social justice advocacy among a sample of practicing school counselors. Attendees will learn about existing literature on these topics, the findings from this study and implications for future research and practice. Also, the presenter will discuss the mail-based survey research methodology and statistical procedures used.
Underrepresented Students’ College Admission: What School Counselors Need to Know

Amy Gleason Carroll

Are school counselors’ biases revealed in the college counseling they provide high school students who vary by race and income? This poster session will address this question by presenting findings of a study of 513 high school students’ ratings of the effectiveness of the counseling that they received and how ratings varied by student race and income. This session will discuss results from the study as well as best practices in working with racially dissimilar clients and students.

Chiseled: Understanding, Treating and Preventing Men’s Body Image Concerns

Justin D. Henderson

Increasingly, body image concerns are an area negatively impacting boys and men. This poster session will survey the psychological, behavioral and relational consequences of body image concerns with boys and men. Additionally, an exploration into the cultural contexts of men’s body image and cultural proscribed body ideals will be explored. The presentation will provide information in designing community prevention programming and counseling interventions to address these concerns.

The Leadership Qualities and Emotional Intelligence of School Counseling Trainees

Patrick R. Mullen, Dodie Limberg, Shannon Romagnolo, Victor E. Tuazon

This poster session will report the findings from a cross-sectional study that examined the relationship between school counseling trainees’ (N = 225) leadership experience, leadership self-efficacy, self-leadership and emotional intelligence. In addition, relevant literature related to school counselor leadership, the research methods used, the implications of these findings and future research directions will be discussed.

Influence of Career Group Counseling on the Socioemotional Development of HS Students

Kara Ieva, Nina Nagib, Kristina Weiss, Erica Figueroa

Counseling in postsecondary education focuses less on the socioemotional development of the student compared to the areas of academics, college and career exploration. In high school settings, the practice of group counseling is underutilized despite the benefits it can have on adolescents. Attendees will learn about the positive effects of small-group process on the socioemotional development of high school students and its progression within the counseling profession.
Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #594, 3rd Floor, Poster Area 10
Should I Be Feeling This Way? Uncovering The Existence of Vicarious Trauma
30-Minute Poster Session
Lorraine M. Dinkel, Marisol Miranda, Francisco J. Adame, Jr., Erika Y. Vasquez, Ileanna Mercado
Clinical and school counseling interns experience vicarious trauma without having knowledge of the term and the possible aftermath. This session will focus on the statistical evidence of existence of vicarious trauma specifically when hearing about abuse. Details will be provided on the implications for counselors as well as the results from a quantitative study.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #607, 3rd Floor, Poster Area 11
A Career Mentoring Model for Middle Schoolers Interested in the Helping Professions
30-Minute Poster Session
Nadine A. Hartig
This session will describe a successful career mentoring program for middle school students interested in the helping professions. Literature citing the importance of career development and career readiness for middle school will be shared. The specifics about the program, including the curriculum outline, activities used, logistics and barriers to overcome, will be disseminated. Strategies to capture at-risk and diverse student populations will be discussed.

Saturday, April 28, 2018
4:00 pm - 4:30 pm
Program ID #615, 3rd Floor, Poster Area 7
Assessing the Effectiveness of the Kimochis program in Promoting SEL and Resilience
30-Minute Poster Session
Ivelisse Torres-Fernandez, Alyssa Josephine Nunez, Erycka Mikkal Mazzi
The ASCA National Model calls for the development and implementation of programs that target student outcomes, including the personal/social arena. Social emotional learning programming is an efficient approach that merits further attention by school counselors and other professionals. This poster session will present the findings of a study examining the effectiveness of the Kimochis program in promoting social emotional learning and resilience in elementary school children. Implications for practice will be discussed.

Sunday, April 29, 2018
10:00 am - 10:30 am
Program ID #639, 3rd Floor, Poster Area 7
Through the Touchscreen: What Is Happening to Our Children’s Brains?
30-Minute Poster Session
Nora A. Maza, Kristina Nelson
In today’s society, technology is unavoidable and the future progress of our children is based on their ability to successfully navigate it. Technology can be an asset when used by children for educational purposes; however, it can also have a negative impact on brain functioning by weakening a child’s voluntary attention. It is important to foster the child’s ability to practice self-control in use of technology by educating parents and introducing cognitive behavioral therapy strategies.
Sunday, April 29, 2018
11:00 am - 11:30 am
ASGW Featured Session
Program ID #649, 3rd Floor, Poster Area 5
Creating a Trauma-Sensitive Culture in K-12 Schools: Redefining Group Work
30-Minute Poster Session
Theresa Coogan, Christy Lyons Graham
Trauma can have varied impacts on the intrapersonal and interpersonal development of children and adolescents. School environments can exacerbate or help to heal trauma that students have experienced in their lives. Counselors in the school setting can facilitate intentional efforts to create a universal trauma-sensitive school environment through active applications of group work. This poster session will provide an overview of trauma theory with regard to the K-12 setting and discuss best practice for group work.

Sexuality

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #604, 3rd Floor, Poster Area 8
Addressing Sexuality Issues in Counseling: Tools and Resources for Counselors
30-Minute Poster Session
Lorraine J. Guth, Nichole E. Nugent, Olivia L. Wolfe
This session will discuss the importance of addressing sexuality issues in counseling and overviews a sexuality counseling model to aid counselors in effective practice. Sexuality counseling techniques, key resources, tools and research findings will be shared. The importance of counselor self-awareness, knowledge and skills will be highlighted. Sample activities to increase sexuality awareness/knowledge and implications for counselors will be provided.

Social Justice

Friday, April 27, 2018
8:00 am - 8:30 am
Program ID #505, 3rd Floor, Poster Area 5
The Systematic Review of Articles of the Microaggressions on Clients in the US and Korea
30-Minute Poster Session
Eunhui Yoon, Jung-In Lee
This poster session will present results of a systemic review of published papers related to clients’ perceived microaggression during their counseling sessions in the U.S. and South Korea. First, the presenters will define and discuss the theoretical framework of microaggressions. Then they will describe types of microaggression clients face during their counseling sessions. They will also show how counseling-related studies in two countries have dealt with the clients’ perceived microaggressions.

Friday, April 27, 2018
10:30 am - 11:00 am
Program ID #515, 3rd Floor, Poster Area 3
Day on the Hill: A Political Advocacy Experience
30-Minute Poster Session
Jacqueline Swank, Kathryn Williams, Alisa Houseknecht, Alena Prikhidko
Advocacy is a crucial component of counseling; and therefore, it is essential that all counseling professionals learn the value of advocacy and how to engage in advocacy activities. This session will focus on exploring counseling students’ perspectives related to their experience participating in Day on the Hill at the State Capitol and examining the effect of the experience on promoting advocacy skills. The presenters will discuss the process of planning and engaging in a political advocacy experience.

Friday, April 27, 2018
11:30 am - 12:00 pm
CSI Featured Session
Program ID #526, 3rd Floor, Poster Area 2
Counselors-in-Training Engaging in Professional Advocacy
30-Minute Poster Session
Charmaine Conner, Ana G. Reyes
The counseling profession’s attention to social justice and advocacy has been recharged. However, professional advocacy has received limited attention. Attendees of this interactive poster session will learn how the presenters successfully lobbied for and against legislation affecting professional counselors. Attendees will also have an opportunity to learn how to develop advocacy training curriculum, secure funding and implement a plan of action.

Friday, April 27, 2018
11:30 am - 12:00 pm
Program ID #535, 3rd Floor, Poster Area 11
Changes in Prejudicial Attitude as Influenced by Exposure to Nondominant Social Events
30-Minute Poster Session
Medina Colaku, Natalie Nieves
The purpose of this poster session is founded on the recent political climate due to the heightened anxiety and tension when discussing minority groups within the United States. In the counseling field, it is significant to highlight the importance of understanding biases, empathy and privilege based on reactions that differ. Through non-dominant social exposure, one’s empathy and self-awareness towards minority and marginalized groups will increase.

Friday, April 27, 2018
2:00 pm - 2:30 pm
Program ID #539, 3rd Floor, Poster Area 3
Examining Literature About LGBTQ+ Clients in JCD: Tracking Trends Over Time
30-Minute Poster Session
Rachel K. Henesy, Ana Puig, Mercedes Machado, Eunhui Yoon
This poster Session will present the results of an inductive qualitative content analysis examining themes and trends in LGBTQ+-related articles from the Journal of Counseling & Development over a 30-year period. The presenters will provide a historical and current context to highlight the importance of understanding the changes that have taken place through research and advocacy. They will discuss the shift to an affirmative approach in working with LGBTQ+ clients.

Friday, April 27, 2018
3:00 pm - 3:30 pm
CSJ Featured Session
Program ID #552, 3rd Floor, Poster Area 4
Examining African American Women Graduate Students’ Affinity Group Experiences
30-Minute Poster Session
Natoya H. Haskins, Laura Pignato, Leonissa V. Johnson
This poster session will examine two cases using affinity groups designed to support African American women in counselor education programs at predominantly White institutions. The presenters will focus on answering the following research question: What are the lived experiences of Counselor education African American women graduate students participating in campus-based Affinity groups at predominantly White institutions? The presenters will illuminate the five themes gleaned from the study, the methodological processes and future implications.

Friday, April 27, 2018
4:00 pm - 4:30 pm
CSI Featured Session
Program ID #561, 3rd Floor, Poster Area 1
**Virginia Commonwealth University Out of Darkness Walk: Utilizing Servant Leadership**
30-Minute Poster Session
*Robyn Walsh, Donna M. Gibson, Jennifer Gerlach*
Virginia Commonwealth University’s chapter of Chi Sigma Iota (Omega Lambda Iota) initiated the university’s first Out of Darkness Walk in 2016. In the two years of implementation, the program grew in participants and fundraising proceeds by over 100 percent. This poster session will illustrate how to grow a social justice/advocacy project from the ground up utilizing transformational leadership, community outreach and university participation.

Saturday, April 28, 2018
8:00 am - 8:30 am
CSI Featured Session
Program ID #574, 3rd Floor, Poster Area 2
**SIS: Suffering in Silence; The Silent Epidemic of Violence Against Women and What We Can Do to Address It**
30-Minute Poster Session
*Allyson McDaniel, Lisa R. Watson, Antwan McKenzie-Plez*
This poster session looks at the problem of violence against women, the context in which it occurs, the risk factors that can lead to it and the protective factors that can help to prevent it. The presenters will discuss when advocacy may be called for and outlines specific steps counselors can take to advocate for clients and engage with communities.

Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #592, 3rd Floor, Poster Area 8
**Assessing Self-Perceived Sensitivity and Awareness to Microaggressions**
30-Minute Poster Session
*Lauren Elizabeth Ireland, Bradley James Crookston*
Attendees at this poster session will learn about current research illuminating the ways in which power and privilege continue to covertly operate through microaggressions. Attendees will gain increased sensitivity to and awareness of microaggressions and the ways in which microaggressions negatively impact clients, thus increasing client care as well as continuing to promote counselor growth and development.
**Saturday, April 28, 2018**

11:30 am - 12:00 pm
Program ID #606, 3rd Floor, Poster Area 10

**Flint Water Crisis: Emphasizing Social Justice Action in Disaster Mental Health**
30-Minute Poster Session

*Meghan Berger, Tatiana Obioha, Chantrelle D. Varnado-Johnson*

This poster session discusses the Flint Water crisis as an opportunity for counselors to engage and take social justice action. This session explores implicit bias in disaster mental health and how it may serve as a hindrance to providing effective counseling to disaster survivors. Attendees will acquire knowledge of effective strategies to engage with disaster survivors in marginalized communities.

---

**Saturday, April 28, 2018**

4:00 pm - 4:30 pm
Program ID #616, 3rd Floor, Poster Area 8

**School-to-Prison Pipeline: Collaborative and Proactive Solutions as a Counseling Model**
30-Minute Poster Session

*Giscard Petion, Ashlei A. Rabess*

The school-to-prison pipeline is a term coined to describe how disciplinary methods can produce negative developmental and behavioral outcomes in school children. Counselors play a vital role in the development of youths, particularly those who have been subject to the exclusionary and punitive measures that are present in the school system. The collaborative and proactive solutions model can assist counselors by highlighting major domains that contribute to the development of behavioral challenges in youths.

---

**Sunday, April 29, 2018**

9:00 am - 9:30 am
Program ID #626, 3rd Floor, Poster Area 6

**You Owe Me 20 Cents: How Counselors Empower Women in the Workplace and Address the Wage Gap**
30-Minute Poster Session

*Jayna Brooke Mumbauer, Saundra Tabet*

Women have historically earned less income than men. Despite advances in workplace policies, the persistent gap has yielded cause of attention within the field of counseling. With research substantiating this gender disparity, there has been a dearth of strategies to help counselors navigate working in the reality of this inequality. This poster session will provide an overview of discrimination in the workplace and practical strategies for counselors who work with disenfranchised populations.

---

**Sunday, April 29, 2018**

10:00 am - 10:30 am
Program ID #635, 3rd Floor, Poster Area 3

**Jim Crow’s Retirement Home: Racial Disparities in Retirement and Hospice Care**
30-Minute Poster Session

*Janelle Lynn Jones*

This poster session will explore disparities of care provided to older adults who identify as Caucasian and older adults who self-identify as racial minorities. The session will give a call to action for researchers in the counseling field, counselors-in-training and counselor educators to get involved in a local, state or national capacity. Clinical implications of addressing the separate and unequal treatment of older adults who have a minority status will be noted.
Gang Membership and Ethnic Identity
30-Minute Poster Session
Nils J. Palma
Counselors providing clinical services to Latino early adolescents can help them avert particular antisocial behaviors by integrating social justice competencies during counseling sessions. As early adolescents navigate Erikson’s identity stage of psychosocial development, they risk turning to gang membership as a means to achieve social justice. By assisting the early adolescent to incorporate social justice self-efficacy during ethnic identity development, the counselor provides an alternative path to gangs.

Assessing Counselor-in-training Perceptions of Survivors of Sexual Assault and Intimate Partner Violence
30-Minute Poster Session
Tiffany L. Rogers
Considering the prevalence of both sexual assault and intimate partner violence in the U.S., it is important to understand how counselors-in-training (CITs) view survivors of these types of violence, as well as how prepared they feel to work with such issues. This poster session will present data from a study that examined CITs’ support of myths related to survivors of sexual assault and intimate partner violence, as well as their perceived levels of preparedness to counsel survivors.

Let’s Talk Politics: The Impact of Global Events and Social Media on Mental Health
30-Minute Poster Session
Claudia G. Interiano, E. Carolina Benitez
This poster session will address how global and national sociopolitical issues constantly present on social media affects clients’ well-being. This poster session aims to increase multicultural competency and social justice advocacy by discussing: (1) how the current political environment and media coverage impacts the counseling profession, (2) the roles professional counselors and (3) guidelines to assist counselors and supervisors serving clients from diverse backgrounds.

From Research to Practice: Spiritual Wellness Among Gay Christian Males
30-Minute Poster Session
Rob McKinney, Cassandra Storlie
Addressing spiritual wellness among gay, Christian males can be a challenging and sensitive issue for counselors. This poster session introduces wellness counseling practices that emerged from a narrative analysis exploring the intersection of gay males’ sexual identity and their religious identity.

**Friday, April 27, 2018**
**11:30 am - 12:00 pm**
Program ID #533, 3rd Floor, Poster Area 9

**Korean American Generational Study: The Predictive Role of Religion and Spirituality**
30-Minute Poster Session
*Chun-Shin Taylor*

Scholars have called for investigating the role of religion and spirituality as important variables in understanding the intricate dynamics between culture, ethnic identity and psychological outcomes. This poster session will investigate (1) the relationship between psychological variables and religion and spirituality; (2) the incremental validity of religion and spirituality; and (3) the psychological constructs of spirituality among first- and second-generation Korean Americans. Counseling implications to improve multicultural competency will be proposed.

**Friday, April 27, 2018**
**4:00 pm - 4:30 pm**
Program ID #562, 3rd Floor, Poster Area 2

**Integrating Religion/ Spirituality: Counseling Women Veterans Post Trauma**
30-Minute Poster Session
*Dannette Patterson, Janelle Bettis, Stephanie Dailey, Allison Spargo*

The exposure to combat increases the risk of women service members being diagnosed with posttraumatic stress disorder and other mental health disorders (Kelly et al., 2008). Research reveals that both religion and spirituality demonstrates effectiveness in treating women who have experienced trauma (Briggs & Dixon, 2013). This poster session will highlight how the implementation of religion and/or spirituality can support the healing of women veterans who have experienced trauma.

**Saturday, April 28, 2018**
**8:00 am - 8:30 am**

**ASERVIC Featured Session**
Program ID #580, 3rd Floor, Poster Area 8

**Spirituality and Religion in Counseling: Critical Considerations for Supervisors**
30-Minute Poster Session
*Harriet L. Glosoff, Candice R. Crawford, Nicole Christian*

The presenters will review the importance of addressing spirituality/religion in supervision. They will share strategies to assess and facilitate supervisees’ ability to identify their beliefs and how these may impact clients, how and when clients’ spiritual beliefs may contribute to presenting problems and how (based on the ASERVIC Competencies, *ACA Code of Ethics* and ACES Best Practices Guidelines) counselors can ethically incorporate those beliefs into counseling plans to help clients resolve those problems.

**Saturday, April 28, 2018**
**10:30 am - 11:00 am**
Program ID #591, 3rd Floor, Poster Area 7

**Religiosity Match X Race No-Match, Counselor Credibility and Client Relationship**
30-Minute Poster Session
*Shelli M. Merrill, Kwong-Liem Karl Kwan*
After the 2016 presidential election, a White counselor found it increasingly difficult to gain the trust of migrant heritage clients. Adding to the barrier of race, a migrant family spoke limited English and was skeptical of counseling. To restore the relationship, the counselor came to one session in religious attire and the clients responded, “We believe the same.” This poster session examines the variables that facilitate cultural match in racially different dyads.

**Saturday, April 28, 2018**

**11:30 am - 12:00 pm**
Program ID #603, 3rd Floor, Poster Area 7

**Are you Spiritual/Religious?: Beyond Basic Questions to Expand the Clinical Intake**
30-Minute Poster Session
*C. Missy Butts*

Spirituality often receives little attention in the clinical intake process, despite attitudes that clients’ spiritual beliefs are important aspects of client identity. Although many clients are requesting to integrate spirituality into their counseling work, counselors are hesitant to engage in spiritual conversations with clients during intake. This poster session will present a task-oriented approach to spiritual intake assessment that demonstrates the feasibility and utility of expanding intake procedures.

---

**Supervision**

**Friday, April 27, 2018**

**8:00 am - 8:30 am**
*CSI Featured Session*
Program ID #502, 3rd Floor, Poster Area 2

**Developing Leadership and Advocacy: Doctoral Teaching Interns’ Experiences**
30-Minute Poster Session
*John J. S. Harrichand, Joy M. Mwendwa, Patricia Kimball, Krista Kirk*

This poster session will address doctoral teaching interns’ experiences on developing leadership and advocacy. Presenters who taught in master’s-level counseling programs residentially, in weekend intensive and online instructional settings will discuss their experiences of how they developed these skills within these contexts. Further, implications of developing advocacy and leadership in doctoral programs on counselor educator preparedness and the counseling profession will be addressed.

---

**Friday, April 27, 2018**

**8:00 am - 8:30 am**
Program ID #504, 3rd Floor, Poster Area 4

**Interactional Patterns of Clinical Supervision: Using Sequential Analysis**
30-Minute Poster Session
*Dan Li, David K. Duys, Darcy H. Granello*

This poster session depicts the moment-to-moment behavioral-state transition patterns in clinical supervision by using sequential analysis. It captures the overall interactional patterns and different patterns based on the length of supervisors’ or supervisees’ work experience. Particularly, the dyads with more experienced supervisors or supervisees exhibit a repetitive pattern between opinions and positive social emotional behaviors. This cyclical pattern has implications for both supervisors and supervisees.
Restructuring Our Chi Sigma Iota Chapter: Building a Strong Professional Community

Restructuring a Chi Sigma Iota chapter with an entirely new executive committee can be a challenging process. This poster session will provide attendees with our chapter’s framework for developing, implementing and evaluating an annual plan with an executive committee composed of new leadership. We will discuss key activities developed to advance our chapter’s 2017-18 theme “Fostering Professional Community.”

Cross-cultural Mentoring in Counselor Education: A Call for Action

Within counselor education programs, mentoring relationships occur as both formal and informal relationships. The presenters discuss the value of mentoring, the exponential growth rate of marginalized graduate students and the discrepancy between marginalized faculty and the current mentorship guidelines in counselor education. The impact is discussed and recommendations are made for mentorship in cross-cultural dyads.

A Comprehensive Review of Supervisors’ Multicultural Competency Assessment

In moving toward culturally competent counseling, developing a valid assessment tool is central to facilitate the supervisors’ multicultural competence by providing evidence for the effectiveness of cultural competence. Also, the appropriate usage for the instruments is equally important. The purpose of this poster session is to compare several measures of supervisors’ multicultural competency and reviews the range of multicultural competency of each instrument.

Spirituality and Religion in Counseling: Critical Considerations for Supervisors

The presenters will review the importance of addressing spirituality/religion in supervision. They will share strategies to assess and facilitate supervisees’ ability to identify their beliefs and how these may impact clients, how and when clients’ spiritual beliefs may contribute to presenting problems and how (based on the ASERVIC Competencies, ACA Code of Ethics and ACES Best Practices Guidelines).
counselors can ethically incorporate those beliefs into counseling plans to help clients resolve those problems.

**Saturday, April 28, 2018**
**10:30 am - 11:00 am**
Program ID #593, 3rd Floor, Poster Area 9

**Invisible Wounds: Preventing Vicarious Trauma in Practicing Counselors**
30-Minute Poster Session

*Margaret Anne Taylor, Sarah McCausland, Jamie Carney, Bethany Lanier*

Counselors are engaged in a profession for which they are expected to absorb the trauma of clients and the emotion associated with traumatic events, subsequently exposing themselves to intense details of the clients’ stories. Consequently, hearing extreme details of human distress can cause trauma to counselors, resulting in vicarious trauma. This poster session will provide research results on supervision techniques used to prevent vicarious trauma in practicing counselors.

**Saturday, April 28, 2018**
**11:30 am - 12:00 pm**
*CSI Featured Session*
Program ID #597, 3rd Floor, Poster Area 1

**Development and Personality Differences in Counselor Burnout: A Wellness Perspective**
30-Minute Poster Session

*Connie Couch, Claire Critchlow, Alexis (Allie) Hauck, Sean Kershaw*

This poster session presents the results of recent research on counselor burnout. The research conveyed in the poster informs a newly suggested means of addressing counselor burnout through the framework of the coping self, which is a component of the indivisible self model of wellness.

**Saturday, April 28, 2018**
**4:00 pm - 4:30 pm**
Program ID #614, 3rd Floor, Poster Area 6

**Counselor Educator Responses to Student and Supervisee Microaggressions**
30-Minute Poster Session

*John F. Marszalek, Anita A. Neuer Colburn*

The results of a qualitative research will be presented based on the interviews of LGBTQIA counselor educators/supervisors. These results will include (1) counselor educators/supervisors’ behavioral and emotional reactions to microaggressions and prejudice by students/supervisees; (2) how their reactions have changed over time; (3) their views on helpful and unhelpful responses to students/supervisees; and (4) their views on best practices for managing their own emotional reactions.

**Sunday, April 29, 2018**
**9:00 am - 9:30 am**
Program ID #629, 3rd Floor, Poster Area 9

**The Development and Validation of Supervisee Disclosure in Supervision Scale**
30-Minute Poster Session

*Chi Li, Gulsum Kemter*

To expand on existing understanding of supervisee disclosure and offer some implications for counselor and supervisor training programs, this study aimed to develop and validate the supervisee disclosure in supervision scale. Detailed information about the development and validating procedure, as well as implications, limitations and recommendations for future study, will be discussed.
Clicking and Coping: The Relationship Between Mindfulness, Anxiety and Social Media

30-Minute Poster Session
Dakota Ray Skipper, Joshua French, Taylor Hardison, Cooper Moore, Gabrielle Pembroke

Social media usage has increased dramatically now that content is only a single click away. Participants were recruited via Facebook to investigate whether mindfulness moderates the relationship between anxiety and social media usage. We hypothesized that individuals who engage in mindfulness have lower levels of anxiety and use social media less. Our study’s results will give insight on social media as a form of coping by expanding upon previous research regarding mindfulness and anxiety while incorporating social media usage.

Player Two Join: Understanding the Impact of Gaming on the Counseling Profession

30-Minute Poster Session
Stella I. Hovey

Video games—the dangerous medium that is corrupting the minds of today’s youth and instilling negative values . . . or is it? Join this poster session to learn about the benefits of playing video games and how they can be an effective tool in counseling and mental health treatment. This session will provide an overview of the benefits of gaming on the body, how video games can be a helpful tool in counseling to connect with younger clients and examples of available video games and their applications.

Facing Facebook: Social Media Ethics

30-Minute Poster Session
Karina Marie Aponte, Sandra Lee

As technology and social media use continue to become a crucial part of our society, it is important for professionals to familiarize themselves with the ethical dilemmas surrounding social media. This poster session focuses on ethical issues such as friending clients, counselors looking through their clients’ social media and clients looking through their counselor’s social media. Limitations and benefits are discussed, along with suggestions for both current and future professionals.
this poster Session attendees will learn to identify digital barriers to successful outcomes for clients and carefully consider how technology is appropriately used in the digital world.

**Sunday, April 29, 2018**
**11:00 am - 11:30 am**
**ACES Featured Session**
Program ID #647, 3rd Floor, Poster Area 3
**ACES Online Learning Guidelines: Implication for Counselor Training**
30-Minute Poster Session
Jacqueline Lewis, Diane H. Coursol, Heather Kaasa
During this interactive poster Session the audience will develop an understanding of online learning, the ACES Online Learning Guidelines and the implications for counselor training.

**Sunday, April 29, 2018**
**12:00 pm - 12:30 pm**
Program ID #665, 3rd Floor, Poster Area 9
**A Video-Based CBT Treatment to Treat Depressive Symptoms in Young Adults**
30-Minute Poster Session
Anna Grace Antonell, Esther Simone Suess, Mary Anne Short
There is an emerging evidence base to suggest that online treatments can effectively treat depressive symptoms (Haberstroh et al., 2008). To provide cost-effective prevention for depression in young adults, 12 videos based on cognitive behavioral therapy were created to supplement in-person counseling. These videos are based on research by Buntrock et al. (2016), who found that similar videos significantly reduced the onset of major depressive disorder.

**Wellness**

**Friday, April 27, 2018**
**8:00 am - 8:30 am**
**NECA Featured Session**
Program ID #512, 3rd Floor, Poster Area 12
**NECA’s Extraordinary GCDF Certification Training: Shows You a Reflection of Your Life?**
30-Minute Poster Session
Michael C. Lazarchick, Seneca Arrington
The National Employment Counseling Association’s, completely on line GCDF (Global Career Development Facilitator) Training provides resources and knowledge that will ultimately help graduates perform at a higher level of functioning. Students who fully engage often have transformative experiences. Working Ahead, Moving Forward presents a diversity of wisdom shared by classmates and instructors. Students receive state-of-the-art tools and techniques resulting in a higher level of consciousness and more success with those they serve.

**Friday, April 27, 2018**
**2:00 pm - 2:30 pm**
Program ID #542, 3rd Floor, Poster Area 6
**Avoiding Impairment: A Self-care Model for Success**
30-Minute Poster Session
Tiffany N. Simonetti, Brittnee A. Smith
When do you make time for yourself in a profession dedicated to helping others? Students and new professionals enter the field recognizing the importance of self-care; however, self-care requires awareness, balance and connection. Presenters will highlight the consequences of impairment, describe current standards and ethical codes and suggest strategies to holistically improve well-being. Presenters will provide the indivisible self model for attendees of all levels to practice, model and facilitate client wellness education.

Saturday, April 28, 2018
10:30 am - 11:00 am
CSI Featured Session
Program ID #586, 3rd Floor, Poster Area 2

13 Reasons Why We Can Help: Enhancing Counselor Community Engagement Through Professional Advocacy
30-Minute Poster Session
Amanda Elizabeth Grippo, Richard Joseph Behun
This poster session will educate attendees on Myers and Sweeney’s (2004) evidence-based model of wellness, which includes the physical, coping, essential, creative and social aspects of mental health. Additionally, the presenters will display how Chi Sigma Iota chapters can promote improved mental health services through community engagement. Specifically, the presenters will highlight the success of a mental health awareness and advocacy networking event, “13 Reasons Why” counselors can help.

Saturday, April 28, 2018
10:30 am - 11:00 am
Program ID #593, 3rd Floor, Poster Area 9

Invisible Wounds: Preventing Vicarious Trauma in Practicing Counselors
30-Minute Poster Session
Margaret Anne Taylor, Sarah McCausland, Jamie Carney, Bethany Lanier
Counselors are engaged in a profession for which they are expected to absorb the trauma of clients and the emotion associated with traumatic events, subsequently exposing themselves to intense details of the clients’ stories. Consequently, hearing extreme details of human distress can cause trauma to counselors, resulting in vicarious trauma. This poster session will provide research results on supervision techniques used to prevent vicarious trauma in practicing counselors.

Saturday, April 28, 2018
11:30 am - 12:00 pm
Program ID #608, 3rd Floor, Poster Area 12

30-Minute Poster Session
Ericka A. Shoaff, Carese A. Bates, Mollie Sin, Orit Rubin
The well-being of counselors is essential to the preservation of the helping field. This poster session will highlight the importance of the potential positive impacts of clinical work. A literature review of vicarious posttraumatic growth, compassion satisfaction and vicarious resilience will be presented. Attendees will learn how to identify the constructs within themselves, how to promote the constructs and how to measure them. The primary presenter refers to these positive impacts as occupational gains.
Saturday, April 28, 2018
4:00 pm - 4:30 pm  
**CSI Featured Session**  
Program ID #610, 3rd Floor, Poster Area 2  
**Practice What You Preach: Promoting Wellness and Self-Care for Students in Counselor Education**  
30-Minute Poster Session  
*Matthew L. Nice, Derron N. Hilts*  
Students in counselor education have many roles and a large workload, which can be challenging to health and personal/professional success. Students who instill and advocate for wellness often forget to practice it themselves. This poster session will discuss mindfulness-based strategies and pedagogic methods to assist students in counselor education develop a holistic view of wellness and self-care. Advocacy for counselor wellness will also be discussed.

Saturday, April 28, 2018
4:00 pm - 4:30 pm  
Program ID #620, 3rd Floor, Poster Area 12  
**Overcoming Counselor Burnout: Applying Job Crafting Strategies**  
30-Minute Poster Session  
*Sang Min Lee, Changhee Lee, Hyeyun Ko*  
Counselors can experience burnout in different ways. Burnout impedes counselors in performing clinical tasks. This poster session will introduce the job demand resources model, a comprehensive model of occupational stress that explains how job demands and resources have unique and multiplicative effects on job burnout and motivation. Through examining specific job crafting strategies, attendees will learn how to integrate self-awareness, self-monitoring and professional identity.

Sunday, April 29, 2018
9:00 am - 9:30 am  
**CSI Featured Session**  
Program ID #622, 3rd Floor, Poster Area 2  
**The Utilization of Mindfulness as a Wellness Tool in Counseling Practice and Self-Care**  
30-Minute Poster Session  
*Lesley H. Yun, Nadiya Boyce Rosen, Julia L. Whisenhunt*  
Mindfulness is becoming established as a means of producing neurological and positive emotional changes that can support professional counseling work. This poster session will provide an overview of mindfulness practice and interventions that counselors can utilize to practice self-care and support their work with clients. The session will summarize research support for mindfulness, the benefits of mindfulness and mindfulness practices that can be implemented into standard counseling practices.

Sunday, April 29, 2018
9:00 am - 9:30 am  
Program ID #630, 3rd Floor, Poster Area 10  
**Wellness, Career-Sustaining Behaviors and Burnout Among Rural Counselors**  
30-Minute Poster Session  
*Jeff Cline*  
Rural counselors encounter a host of occupational and environmental stressors that increase their risk for burnout and various forms of distress that can lead to impaired practice. Understanding factors that support rural counselor well-being is an important, yet underdeveloped area of empirical inquiry. This poster session presents research findings on the relationships between wellness, career-sustaining behaviors and burnout among rural counselors from 14 southern states.
Sunday, April 29, 2018
9:00 am - 9:30 am
Program ID #632, 3rd Floor, Poster Area 12
Navigating the Dating Scene: A Study on the Lived Experiences of a Graduate Student
30-Minute Poster Session
*Viola Simone May, Sarah Fucillo, Steven D. Wright*
Research suggests that having a spouse aids in the successful completion of a graduate program and at a faster rate (Price, 2006). Many online news articles/blogs are devoted to providing dating tips for graduate students seeking a significant other; however, there is a lack of evidenced-based research. This poster session will review a qualitative study that explores the lived experiences of single graduate students interested in dating and discuss graduate student wellness as it relates to dating in today’s dating culture.

Sunday, April 29, 2018
10:00 am - 10:30 am
CSI Featured Session
Program ID #634, 3rd Floor, Poster Area 2
The Wellness Model: Wholeness Begins With You
30-Minute Poster Session
*Karen M. Patty, Naomi Kocher, Helen Runyan*
Can you tell when you enter the “danger zone” — that zone where your personal wellness deficit puts you at risk of ineffective or even unethical, interactions with clients? The wellness model is a comprehensive tool that can help counselors recognize danger zones before they affect counseling practice. Come find out how to use this model to (1) protect your personal and professional well-being, (2) model wellness for clients and (3) avoid ethical traps triggered by your own unmet needs.

Sunday, April 29, 2018
10:00 am - 10:30 am
Program ID #641, 3rd Floor, Poster Area 9
Reducing Anxiety and Increasing Awareness: Wellness Interventions for Students
30-Minute Poster Session
*Anya Lainas, Ileanna Mercado, Alyssa Garcia*
Practicing counseling skills may provoke feelings of anxiety in novice counselor trainees. Counseling students need help with developing healthy coping strategies for skill practice related anxiety. Educators can provide mindfulness interventions in their curriculum to assist students in their wellness journey. This poster session will explore the results of a quasi-experimental mixed-methods study about the relationship between mindfulness-based classroom interventions and the reduction of anxiety of counseling students.

Sunday, April 29, 2018
11:00 am - 11:30 am
CSI Featured Session
Program ID #646, 3rd Floor, Poster Area 2
How CSI Chapters Can Promote Self-Care for Counselors in Training
30-Minute Poster Session
*Elizabeth Sandridge, Kayla Davis*
In a life of service to others, counselors must begin to explore how to take care of and prioritize their own mental well-being. Through an exploration of self-care, counselors are able to remain strong in their abilities and skills. For graduate programs, Chi Sigma Iota chapters can develop events around promoting self-care. In developing these skills early on, future counselors will be able to maintain their self-care routines and assist their clients in the best way possible.
Mindfulness Strategies to Manage Negative Countertransference While Working With Challenging Clients

Jessie D. Guest

Therapeutic presence is essential in effective treatment and positive client outcomes. However, maintaining therapeutic presence can be difficult if the counselor is experiencing negative countertransference or feelings of dislike towards clients. This poster session provides information on negative countertransference, describes its neurological mechanisms that influence therapeutic presence and provides mindfulness strategies to combat negative countertransference and promote therapeutic presence.

Two Paths and an Analysis: Wellness and Burnout Among Ethnically Diverse Counselors

Rebecca Vazquez, Jacqueline Smith, Mark Newmeyer

This poster session is based on a study that examined the relationship between counselor ethnic-racial identity, exposure to client trauma, wellness and burnout. Understanding the factors that impact wellness and burnout is essential due to prevalence of trauma and the profession’s growing diversity. Path analyses were utilized to examine the simultaneous relationship between the variables. Differences between majority and minority participants were explored using subsequent path analyses.