Download Your FREE ACA App!

Scheduling your time in Atlanta is easier than ever. Download our interactive Conference App, available in the ACA App, and get instant access to everything you need to know about the ACA Conference & Expo. The App is supported by the iPhone, iPad, and Android devices. Plus it’s free! Go to the App Store on your mobile device and search for ACA App. You will be able to:

- View changes, cancellations, and updates.
- View listings of scheduled sessions and events with detailed overviews.
- Generate your Conference schedule and instantly view a list of events currently in progress, as well as events commencing within the next two hours.
- Link to event-specific Twitter and Facebook feeds.
- Pull up useful information about event operations, services, maps, and transportation.
- View a list of exhibitors or perform a basic search to find details on an exhibitor, and look up sponsors.
- Create your own personal list of exhibitors that you would like to see at the Expo.
Welcome to Atlanta and ACA!

Thank you very much for choosing to spend the last week of Counseling Awareness Month with thousands of your colleagues at the 66th annual American Counseling Association Conference & Expo!

Atlanta offers a very special focal point for our gathering this year. The city has long been the center of social justice efforts in the United States. It has been the home of many key leaders and organizations in the civil rights movement—and the location of many of the movement’s grassroots activities, as highlighted on the Atlanta Regional Council for Higher Education web page, “Atlanta in the Civil Rights Movement.”

It is an honor to assemble in the shadow of these notable people, places, and events as we consider the best ways to prepare for the future of the counseling profession in a changing society. I know that our time in Atlanta—with its focus on best practices, colleagues, and community—will help all of us to refresh our perspective and renew our commitment to help others achieve their full potential.

I look forward to sharing time with you in Atlanta!

Gerard Lawson, PhD, LPC, NCC, ACS  
President, American Counseling Association
Thank You to our 2018 Sponsors!

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Richard Yep, CAE, FASAE  
ACA CEO

Natasha Rankin, CAE  
ACA COO

**ACA CONFERENCE STAFF**

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Director, Conference Planning & Events

Beth Burchill, CMP  
Meetings Manager

Crystal Turner  
Meeting Planner

**Gerard Lawson**  
ACA President, PhD, LPC, NCC, ACS
Publishing in Refereed Journals: Suggestions From the Council of Editors

Friday, April 27, 2018
2:00 pm – 3:30 pm

Program ID #186
Georgia World Congress Center
Room A307


Led by the ACA Council of Editors, this 90-minute education session is designed to promote research and scholarship, clarify and demystify the publication process, and provide the skills needed for successful publishing in refereed professional counseling journals and Counseling Today. ACA field editors will offer general writing and manuscript preparation guidelines, tips for targeting the appropriate publication for your topic, insight on reviewer feedback, advice on turning a dissertation into a publishable manuscript, and more. Attendees will have the opportunity to discuss article topic possibilities and how-tos in a question-and-answer, roundtable format.
General Information

The Program Guide is designed to assist you with locating activities more easily. The Highlights, Pre-conference Learning Institutes, Education Sessions, Roundtables, Business Meetings, Social Events, and Exhibits are sectioned off by tabs.

Badges
All badges must be worn and visible to security and conference personnel for admission to all conference programs and the Expo Hall. For your safety, no one will be allowed to enter without a proper badge. One-day badges are clearly marked and will be valid for admission on that day only. Replacement badges will cost $25.00 each and may be purchased at the Registration Desk at the Georgia World Congress Center.

Conference Programs and Events

Omni Atlanta Hotel at CNN Center
• ACA Opening Night Celebration
• ACA Business Meetings and Social Events
• Division Business Meetings and Social Events
• ACA Awards Ceremony
• First Timer’s Orientation

Georgia World Congress Center
• Pre-conference Learning Institutes
• Keynote Sessions
• Education Sessions
• Exposition and all Expo activities (Career Center, Graduate Student Center, ACA Experience)
• ACA Bookstore
• Full Registration

Message Board
Updates and changes to conference activities will be posted to a message board, located in the Registration Area. You can also use it to locate friends and colleagues.

Pre-conference Learning Institutes
These intensive workshops run on Wednesday, April 25, and Thursday, April 26. Please refer to the “Pre-conference Learning Institutes” tab for more details.

Education and Roundtable Sessions
90-minute and 60-minute education sessions will take place from Friday, April 27, to Sunday, April 29. The education sessions also include roundtable sessions, poster sessions, featured tracks, and “Series” sessions. Please refer to the “Education Sessions” and “Roundtable” tabs for more information.

ACA Division, Chapter Meetings, and Social Events
Please refer to the “Business Meetings and Social Events” tab for more details.

Expo
Expo Hall hours:
Thursday, April 26, 4:00 pm – 6:30 pm
Friday, April 27, 10:00 am – 6:00 pm
Saturday, April 28, 10:00 am – 4:00 pm
Please refer to the “Conference Exhibitors” tab for more details.

Persons with Disabilities
We make every effort to accommodate all persons with disabilities, including those sensitive to chemical exposure and environmental illnesses. Please take this into consideration when applying any type of fragrances.

Please let us know if there is anything we can do to make the event more accessible and enjoyable: transportation needs, sign language interpreter needs,
and guides for the visually challenged. We will be providing shuttle transportation for persons with disabilities between ACA designated hotels and the convention center. Please check your hotel lobby for shuttle schedules. Onsite assistance can be secured at the Registration Desk at Georgia World Congress Center.

**IMPORTANT**

Requests such as sign language interpreters require advance notice to ensure there is a sufficient number of interpreters on hand. We will make every effort to accommodate any last-minute requests.

**Please note:** Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your consideration.

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Scheduling your time in Atlanta will be easier than ever!

*Sponsored by* 

[Logo: Capella University]
Conference Activities at-a-Glance

Tuesday, April 24

9:00 am – 5:00 pm  Governing Council Meeting

Wednesday, April 25

8:00 am – 6:00 pm  Registration open
8:00 am – 6:00 pm  ACA Bookstore open
8:00 am – 6:00 pm  Division Meetings
9:00 am – 5:00 pm  Governing Council
9:00 am – 8:45 pm  Pre-conference Learning Institutes

Thursday, April 26

8:00 am – 6:30 pm  Registration open
8:00 am – 6:30 pm  ACA Bookstore open
8:00 am – 6:00 pm  ACA Meetings
8:00 am – 6:00 pm  Division Meetings
9:00 am – 8:45 pm  Pre-conference Learning Institutes
2:00 pm – 3:30 pm  ACA First-Timer’s Orientation
4:00 pm – 6:30 pm  Expo Hall Grand Opening & Welcome Reception
4:00 pm – 6:30 pm  ACA Career Center open
4:30 pm – 5:30 pm  ACA Author Book Signing
6:00 pm – 8:00 pm  Social Events

Friday, April 27

7:00 am – 6:00 pm  Registration open
7:00 am – 6:00 pm  ACA Bookstore open
7:30 am – 5:45 pm  Education Sessions
7:30 am – 6:30 pm  ACA Meetings
7:30 am – 6:30 pm  Division Meetings
8:00 am – 4:30 pm  Poster Sessions
9:00 am – 10:30 am  Opening Keynote Session
10:00 am – 6:00 pm  Expo Hall open
10:00 am – 6:00 pm  ACA Career Center open
12:00 pm – 1:00 pm  ACA Author Book Signing
8:00 pm – 11:00 pm  ACA Opening Night Celebration
Conference Activities at-a-Glance

Saturday, April 28

7:00 am – 5:00 pm  Registration open
7:00 am – 5:00 pm  ACA Bookstore open
7:30 am – 5:00 pm  Education Sessions
7:30 am – 5:30 pm  ACA Meetings
7:30 am – 5:30 pm  Division Meetings
8:00 am – 4:30 pm  Poster Sessions
9:00 am – 10:00 am  Keynote Session
10:00 am – 4:00 pm  Expo Hall open
10:00 am – 4:00 pm  ACA Career Center open
6:00 pm – 7:00 pm  ACA National Awards Ceremony
7:00 pm – 12:00 am  Division Receptions

Sunday, April 29

7:00 am – 1:15 pm  Registration open
7:00 am – 1:15 pm  ACA Bookstore open
7:30 am – 1:15 pm  Education Sessions
8:00 am – 12:00 pm  ACA Meetings
8:00 am – 12:00 pm  Division Meetings
9:00 am – 12:30 pm  Poster Sessions
1:00 pm – 2:00 pm  ACA General Membership Meeting

Share the excitement of ACA 2018 Conference & Expo with social media followers around the globe.

Facebook
• Post to Facebook and tag ACA’s Facebook page @AmericanCounselingAssociation and use the hashtag #Counseling2018

Twitter
• Tweet using the hashtag #Counseling2018 and tag ACA in your post by including the Twitter handle: @CounselingViews

LinkedIn
• Tell your colleagues about your experience on LinkedIn and tag ACA’s LinkedIn page @AmericanCounselingAssociation and include the hashtag #Counseling2018

Instagram
• Take photos of your fun times in Atlanta and share them using #Counseling2018 on Instagram! Tag us in photos of your social activities @AmericanCounselingAssociation and tags including #counseling #IamTheFuture #CounselorsHelp, etc.
Highlights & Special Events

**Expo Hall-Grand Opening & Welcome Reception**
Thursday, April 26, 4:00 pm – 6:30 pm
Expo Hall
Join your colleagues for food and entertainment at the opening of the Expo.

**Expo Hall**
Friday, April 27, 10:00 am – 6:00 pm
Saturday, April 28, 10:00 am – 4:00 pm
Explore the largest gathering in the world of providers of resources for all counselors. This is your best opportunity to meet with exhibitors to preview and purchase the most up-to-date resources available.

**ACA Bookstore**
Wednesday, April 25, 8:00 am – 6:00 pm
Thursday, April 26, 8:00 am – 6:00 pm
Friday, April 27, 7:00 am – 6:00 pm
Saturday, April 28, 7:00 am – 5:00 pm
Sunday, April 29, 7:00 am – 1:15 pm
Expo Hall Foyer
Visit the ACA Bookstore on the lobby level, to browse through the full line of ACA publications, DVDs, and other merchandise from the premier counseling resource provider. Take a moment to talk with our Associate Publisher about your manuscript ideas.

**ACA Author Book Signings**
Thursday, April 26, 4:30 pm – 5:30 pm
Friday, April 27, 12:00 pm – 1:00 pm
ACA Bookstore
Attendees will have the opportunity to speak with influential and distinguished authors while they sign their latest publications. For graduate students and seasoned professionals alike, this experience is not to be missed.

**ACA Career Center**
Thursday, April 26, 4:00 pm – 6:30 pm
Friday, April 27, 10:00 am – 6:00 pm
Saturday, April 28, 10:00 am – 4:00 pm
Expo Hall
Whether you are new to the profession or a seasoned counselor or educator, getting that counseling JOB is what the ACA Career Center is all about. Employer interviews will be occurring at the Career Center on Friday and Saturday. Although most interviews and consults will be scheduled ahead of time, stop by. If there are cancellations, we will squeeze you in.

**Experience ACA! Sponsored by HPSO**
Thursday, April 26, 4:00 pm – 6:30 pm
Friday, April 27, 10:00 am – 6:00 pm
Saturday, April 28, 10:00 am – 4:00 pm
Expo Hall
The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources, Membership, Governing Affairs, Ethics & Practice, and the ACA Foundation. Find out what’s happening on federal and state policy issues affecting the profession.

**ACA Graduate Student and New Professional Center**
Thursday, April 26, 4:00 pm – 6:30 pm
Friday, April 27, 10:00 am – 6:00 pm
Saturday, April 28, 10:00 am – 4:00 pm
Expo Hall
Calling all graduate students and new professionals! Interested in academia? Looking to relocate? Confused about the licensing process? The ACA Graduate Student Committee will host a networking event on Friday and a career chat Saturday at the Expo Hall. Get a chance to win a $25 Amazon gift card. Two lucky
winners will be announced at the end of the session.

**ACA First Timer’s Orientation**
**Thursday, April 26, 2:00 pm – 3:30 pm**
Omni Hotel at CNN Center

If this is your first ACA Conference, then this is the ideal opportunity to network and hear a special presentation on how to get the most out of the ACA Conference & Expo. Whether you’re a student, new professional, or a first-time conference attendee, this session is for you! *Light refreshments will be served.*

**Keynote Presentations**

**Dolores Huerta**
**Friday, April 27, 9:00 am – 10:30 am**
Georgia World Congress Center
Thomas Murphy Ballroom

Civil rights activist and labor leader Dolores Huerta is a co-founder of the organization that became United Farm Workers (UFW), the nation’s largest farm workers union. She was the principal UFW legislative activist and one of its most visible spokespersons.

Huerta has worked on national programs to encourage gender and ethnic diversity in campaigns for public office and on advocacy for women, children, immigrants, and the working poor. In 2012, she was awarded the Presidential Medal of Freedom, the highest civilian honor in the U.S.

**Dr. Johnnetta Betsch Cole**
**Saturday, April 28, 9:00 am – 10:00 am**
Georgia World Congress Center
Thomas Murphy Ballroom

Anthropologist, educator, author, and humanitarian Johnnetta Betsch Cole, PhD, is a principal consultant with Cook Ross, Inc., a Maryland-based consulting firm focused on diversity, inclusion, cultural competency, leadership development, and organizational change.

She served for eight years as the Director of the Smithsonian Museum of African Art, which named her Director Emerita upon her retirement. Previously, she served as president of the two historically Black colleges for women in the United States—Spelman College and Bennett College.

**International Panel and Reception**
**Friday, April 27**
6:00 pm – 7:00 pm *(Panel discussion)*
7:00 pm – 8:00 pm *(Reception)*
Omni Hotel at CNN Center

Take part in a panel discussion and hear/share perspectives of counseling from other countries. The International Reception will be held after the panel discussion.

**ACA Opening Night Celebration!**
**Friday, April 27, 8:00 pm – 11:00 pm**
Omni Hotel at CNN Center

Join us for an evening of entertainment, live music, food, and dancing on multiple floors! Enjoy great cuisine, greet old friends, and meet new ones at the social event of the year for counselors. *One ticket is included with each full registration. Additional tickets may be purchased for $45 per person. Use the Registration form or purchase additional tickets onsite at conference registration.*

**ACA National Awards Ceremony**
**Saturday, April 28, 6:00 pm – 7:00 pm**
Omni Hotel at CNN Center
International Ballroom E

Join your colleagues in this evening celebration to honor distinguished counseling professionals who are making an impact on the profession, and to honor special achievements of several ACA Branches. *Hosted by the ACA Foundation and sponsored by Capella University.*
ACA Governing Council Members

The Governing Council is the national governing body of the American Counseling Association, providing long-range strategic leadership. Composed of nationally elected ACA officers, including the president, president-elect, and immediate past president, appointed treasurer, and one representative from each division and region, the Governing Council meets at least once annually in conjunction with the ACA Annual Conference. The association’s executive director, treasurer, and parliamentarian serve as ex-officio members without voting rights.

AADA Representative ...................................................... Suzanne Degges-White
AARC Representative .................................................. Donna Gibson
ACA Chief Executive Officer ....................................... Richard Yep
ACA Parliamentarian .................................................. Carlos Hipolito-Delgado
ACA Past President ...................................................... Catherine Roland
ACA President ............................................................ Gerard Lawson
ACA President-Elect ................................................... Simone Lambert
ACA Process Observer ................................................ Carrie Wilde
ACA Treasurer ............................................................ Brad Erford
ACAC Representative .................................................. Elsa Soto Leggett
ACC Representative ................................................... Shane Haberstroh
ACCA Representative .................................................. MJ Raleigh
ACES Representative ................................................... Marty Jencius
AHC Representative .................................................... Mark B. Scholl
ALGBTIC Representative ........................................... Michael M. Kocet
AMCD Representative ................................................ S. Kent Butler
AMHCA Representative .............................................. H. Gray Otis
ARCA Representative .................................................. Paige Dunlap
ASCA Representative ................................................... Alan Burkard
ASERVIC Representative ............................................. Lisa Jackson-Cherry
ASGW Representative .................................................. Jonathan Orr
CSJ Representative ...................................................... Judy Daniels
IAAOC Representative ................................................ Leigh Falls Holman
IAMFC Representative ............................................... Bret Hendricks
MCGA Representative ................................................ Lynna Meadows Morton
Midwest Region Representative ................................... Michele Kerulis
NCDA Representative ................................................ Lisa Severy
NECA Representative ................................................ Sue E. Pressman
North Atlantic Region Representative ......................... Summer Reiner
Southern Region Representative .................................. Melanie J. Drake Wallace
Student Representative .............................................. Stacey A. Litam
Western Region Representative .................................... Diana Pals
ACA Regions & Divisions

There are four regions and 20 divisions within the American Counseling Association. These groups provide leadership, resources, and information unique to specialized practice areas and/or principles of counseling.

Association for Adult Development and Aging ............... Marcela Kepic, President
Association for Assessment and Research
  in Counseling .................................................. Donna Sheperis, President
Association for Child and Adolescent Counseling ...... Catherine Tucker, President
Association for Creativity in Counseling ...................... Ioana Marcus, President
American College Counseling Association ............. Lisa Adams-Somerlot, President
Association for Counselor Education
  and Supervision ............................................... Summer Reiner, President
Association for Humanistic Counseling ..................... Martina Moore, President
Association for Lesbian, Gay, Bisexual and Transgender
  Issues in Counseling ....................................... Joel Filmore, President
Association for Multicultural Counseling and
  Development ....................................................... Diane Estrada, President
American Mental Health Counselors Association ........... Joseph Weeks, President
American Rehabilitation Counseling
  Association ...................................................... Michelle Bradham-Cousar, President
American School Counselor Association ..................... Julie Baumgart, Chair
Association for Spiritual, Ethical and Religious
  Values in Counseling ......................................... Claudia Sadler-Gerhardt, President
Association for Specialists in Group Work ..................... Christine Bhat, President
Counselors for Social Justice ................................ Rachael Goodman, President
International Association of Addictions and
  Offender Counselors ........................................ Regina Moro, President
International Association of Marriage and Family
  Counselors ....................................................... Brändé Flamez, President
Military and Government Counseling
  Association ....................................................... Thomas I. Watson, President
National Career Development Association ................. Paul Timmins, President
National Employment Counseling Association ........ Grey Edwards, Jr., President
Midwestern Region ................................................. Melanie Popiolek, Chair
North Atlantic Region ....................................... Berlina Wallace, Chair
Southern Region ...................................................... Hillary Press, Chair
Western Region ..................................................... Becky Rudd, Chair
Whether you plan to mentor other counselors, work as a counseling supervisor, or further your career as an advanced practitioner, a PhD in Counselor Education and Supervision offers a path to develop your skills to lead and inspire in this important field.

- CACREP-accredited* and competency based
- Continuous support throughout your doctoral journey
- Valuable faculty mentorship throughout your program

**EARN A DEGREE OR CERTIFICATE**

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Counselor Education and Supervision*

**Master’s**
Addiction Studies
Marriage and Family Counseling/Therapy†
Mental Health Counseling*
School Counseling*

**Graduate Certificate**
Applied Behavior Analysis
Contemporary Theory in Addictive Behavior
Contemporary Theory in Couple and Family Systems
Contemporary Theory in Mental Health Services
Play Therapy

*The CES program at Capella was perfect for me! I could complete my PhD in a high-quality program with supportive faculty in a way that fit with my hectic life."

— KAREN DECKER, CAPELLA GRADUATE, PHD IN COUNSELOREDUCATIONANDSUPERVISION, SCHOOL OF COUNSELING AND HUMAN SERVICES

**VISIT US IN BOOTH #320**

*Capella University’s PhD in Counselor Education and Supervision, MS in Mental Health Counseling, MS in School Counseling, and MS in Marriage and Family Counseling/Therapy programs are accredited by the American Counseling Association’s Council for Accreditation of Counseling and Related Educational Programs (CACREP) through March 31, 2020.

†The MS in Marriage and Family Counseling/Therapy program at Capella University is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), 112 South Alfred Street, Alexandria, Virginia 22314; 703.838.9808, coa@aamft.org.

See graduation rates, median student debt, and other information at www.capellaresults.com/outcomes.asp.
Pre-conference Learning Institutes

Pre-conference Learning Institutes (LI) CE Credit Information
Continuing Education (CE) credit is offered to attendees of the ACA 2018 Pre-conference Learning Institutes. Earn 6 CE hours per full-day session and 3 CE hours per full-evening session. ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended after conference at https://aca.digitellinc.com. You will be able to print a copy of your CE certificate from your personal computer at no additional cost! See page 204 for more information.

All Learning Institutes have CE approval from:
• National Board for Certified Counselors (NBCC). ACA has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 1000. Programs that do not qualify for NBCC credit are clearly identified. ACA is solely responsible for all aspects of the programs.

• Commission on Rehabilitation Counselor Certification

• State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board. Counselor CE credit only.

• Washington Office of Superintendent of Public Instruction

Select sessions, identified by symbol(s), have CE approval from the following organizations:
  • Association for Play Therapy (APT). APT-Approved Provider 09-265.
  • New York State Education Department’s State Board for Mental Health Practitioners. Licensed Mental Health Counselors CE credit only
  • NAADAC: The Association for Addiction Professionals

It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.

Key to Learning Institute Levels
Select an LI based not only on content but also on the level of knowledge you currently have and how attending will advance that knowledge.

<table>
<thead>
<tr>
<th>LEVELS</th>
<th>Introductory</th>
<th>Advanced</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Attendees should have some basic knowledge of the specific content area but do not need to have in-depth knowledge or skills; the LI will add to their basic knowledge of the topic.</td>
<td>To benefit fully, attendees should have substantial working knowledge or skills in the specific content area. Typically, they currently use that knowledge and skill in their jobs, and the LI will refine and expand their current expertise.</td>
</tr>
</tbody>
</table>
Wednesday | Daytime Sessions
9:00 am – 4:30 pm

Program ID #18001, Advanced ◆ Room A312
Advanced Techniques in Solution-Focused Counseling
Jeffrey T. Guterman, PhD

Program ID #18002, Introductory ◆ Room A411
Bipolar Disorder: Accurately Diagnosing and Ethically Treating the Latest “Fad”
Jason H. King, PhD, Matt R. Buckley, EdD

Program ID #18003, Introductory ◆ Room A313
Taking Care of Yourself: A Luxury or an Ethical Mandate?
Gerald Corey, EdD, Michelle Muratori, PhD, Jude T. Austin, II, PhD, Julius A. Austin, PhD

Program ID #18004, Introductory ◆ Room A404
Disaster Mental Health Essential Skills and Competencies
Seth C.W. Hayden, PhD, Nicole M. DiLella, PhD, Anita Engstrom Jones, MA, J. Barry Mascari, EdD, Laura Shannonhouse, PhD, Jean Marie LaFauci Schutt, PhD, Jyotsana Sharma, Jane M. Webber, PhD

Program ID #18008, Advanced Room A412
Paved With Good Intentions: Ethical Dilemmas, Court and Ethics Board Reviews
Ann M. Ordway, PhD, Ruth O. Moore, PhD, Donna S. Sheperis, PhD

Program ID #18011, Advanced Room A302
Tough Teens, Cool Counseling
John Sommers-Flanagan, PhD

Program ID #18012, Introductory ◆ Room A305
Trauma 101: Brain Basics, Best Practices, and Self-Care in the Age of Trauma-Informed Care
Amy McCarthy Sifford, PhD, Kristen Litvak, MA

Wednesday | Evening Sessions
5:30 pm – 8:45 pm

Program ID #18014, Introductory Room A411
An APPLE a Day Keeps the Lawsuits at Bay
Anne Marie “Nancy” Wheeler, JD, John Duggan, MA

Program ID #18015, Advanced Room A412
Creative Couples Counseling
Mark E. Young, PhD

Program ID #18016, Introductory Room A305
Experiential Activities With Children and Adolescents: Theory, Practice, and Creativity
Teresa Behrend Fletcher, PhD, Amanda Christine DeDiego, PhD, Keith Davis, PhD

Program ID #18020, Advanced ◆ Room A313
Practical Skills in Suicide Prevention, Assessment, and Intervention
Darcy Haag Granello, PhD, Paul F. Granello, PhD
Thursday | Daytime Sessions
9:00 am – 4:30 pm

Program ID #18026, Introductory ◆
Room A314
Counseling Theory in Practice
Gerald Corey, EdD, Jamie Bludworth, PhD

Program ID #18027, Introductory ◆
Room A411
Demystifying Ethics and Law for Telebehavioral Health
LoriAnn Stretch, PhD

Program ID #18028, Advanced◆
Room A313
Group Leading Nuts and Bolts: Skills That Will Make Your Groups Better
Ed E. Jacobs, PhD, Christine Schimmel, EdD

Program ID #18029, Advanced◆
Room A305
Helping Unhappy Clients Overcome Barriers That Prevent Effective Life Choices
Robert E. Wubbolding, EdD

Program ID #18031, Introductory◆
Room A312
Mindfulness and Compassion in Counseling
Alan W. Forrest, EdD, Joe Klein, MS

Program ID #18033, Introductory◆
Room A404
Preventing Child and Adolescent Suicide: Prevention and Crisis Management
David Capuzzi, PhD

Thursday | Evening Sessions
5:00 pm – 8:45 pm

Program ID #18034, Introductory◆
Room A412
Psychological Intervention for Obesity: Integrated Weight Management Therapy
Heather C. Hamilton, MS

Program ID #18035, Introductory
Room A302
Train-the-Trainer: Delivering Presentations on the 2014 ACA Code of Ethics
David Kaplan, PhD

Program ID #18037, Introductory◆
Room A302
Art Therapy for Trauma Survivors
Mercedes Ballbé ter Maat, PhD, Tara Jungersen, PhD

Program ID #18038, Introductory◆
Room A312
Complementary and Alternative Methods and Counseling Practice
Mustafa A Moyenda, EdD

Program ID #18043, Advanced◆
Room A312
More Than Child’s Play: An Advanced Experience in Adlerian Sand Tray Therapy
Mindy A. Parsons, PhD

Program ID #18045, Advanced
Room A412
Shame and Shame Resilience: Strategies for Dealing With Disconnection and Fear
Jill R. Nelson, PhD
THURSDAY

Program ID #18047, Introductory ▲
Room A411
The Long Good-Bye: Grief Work in Substance Abuse Counseling
Susan R. Furr, PhD, Kathryn Hunsucker, MA

Program ID #18048, Introductory ◆
Room A305
Youth, Addiction, and Suicide in the LGBTQ+ Community
Derrick Johnson, MA, Pamela S. Lassiter, PhD, Michael S. Spivey, MA

SAVE THE DATE!
American Counseling Association
2019 Conference & Expo
New Orleans, LA | March 27–31

Ready. Set. Connect!
ACA Connect is a private, secure online networking community where ACA members (only) can ask for advice, gather input on specific topics, join discussions about important counseling trends or challenges, recommend resources, and much more.

Visit community.counseling.org/home to get started!

“I use it to gather timely information and to stay connected on issues related to my specialization area of addiction counseling. It is a great professional resource; I’d be lost without it!”

— Christine Chasek, LIMHP, LADC, LPC
Walden University’s PhD in Counselor Education and Supervision; MS in Clinical Mental Health Counseling; MS in Marriage, Couple, and Family Counseling; and MS in School Counseling programs are accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA). CACREP accreditation is a requirement for licensure in many states. The MS in Clinical Mental Health Counseling is accredited as a mental health counseling program under the 2001 standards.


Find information on costs, occupation types, completion rates, and median loan debt for these programs at www.WaldenU.edu/programdata.
Continuing Education Credits

Earn 1 continuing education (CE) contact hour for each hour of attendance at:

- Pre-conference Learning Institutes *(see page 13 for details)*
- Keynote Sessions *(partial credit applies)*
- Education Sessions
- Roundtable Sessions

**Please note:** 30-minute poster sessions are not approved for CE credit.

ACA is pleased to provide electronic evaluations and continuing education credits to conference session attendees. Complete a session evaluation for each session you attended during conference at [https://aca.digitellinc.com](https://aca.digitellinc.com). You will be able to print a copy of your CE certificate from your personal computer at no additional cost! *See page 204 for more information.*

All Education Sessions have CE approval from:

- **National Board for Certified Counselors (NBCC).** ACA has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 1000. Programs that do not qualify for NBCC credit are clearly identified. ACA is solely responsible for all aspects of the programs.
- **Commission on Rehabilitation Counselor Certification**
- **Washington Office of Superintendent of Public Instruction**

Select sessions, identified by symbol(s), have CE approval from the following organizations:

- **Association for Play Therapy (APT).** APT-Approved Provider 09-265.
- **New York State Education Department’s State Board for Mental Health Practitioners.** Licensed Mental Health Counselors CE credit only
- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board.** Counselor CE credit only
- **NAADAC: The Association for Addiction Professionals**

It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.
Featured Education Sessions at-a-Glance

A full description of the featured Sessions at-a-Glance can be found in the Education Session section starting on page 23 by the corresponding ID number.

**ACA Book Author Sessions**

**Friday, April 27**
ID #103, Neurocounseling: Brain-Based Clinical Approaches
ID #139, Counselor Self-Care
ID #189, The Secrets of Exceptional Counselors

**Saturday, April 28**
ID #238, Reality Therapy and Self-Evaluation: The Key to Client Change

**ACA Client-Focused Research Series**

**Friday, April 27**
ID #220, Resiliency Among Urban Appalachians Affected by Opioid Use
ID #221, Understanding Canine-Assisted Play Therapy: It’s Not a Therapeutic Dyad Anymore
ID #222, The Effects of Stigma Interventions in Resident Advisers’ Attitudes on Mental Illness
ID #223, The Contribution of U.S. Counselor Training to the Internationalization of Counseling
ID #224, How Counselors Make Cultural Adaptations in Emotionally Focused Therapy
ID #225, Bringing Down Systemic Walls: The Refugee Resettlement Process
ID #226, Diverse Identity Development: The Lived Experience of Counselors in Training
ID #227, Relapse Is Not Mandatory: A Qualitative Study on Veterans in Recovery From Alcohol
ID #228, Examining the Impact of a Couple Intervention Program on Parental Outcomes
ID #229, Researching Therapeutic Relationship Behaviors Among Expert Therapists
ID #230, Predictors of Posttraumatic Growth: The Role of Social Interest and Meaning in Life

**Graduate Students and New Professionals Only Series**

**Friday, April 27**
ID #141, Mentoring: Your Secret Weapon to Success
ID #196, Navigating Ethics During Internship and Postgraduate Supervision

**Saturday, April 28**
ID #240, Running an Effective Group: What Graduate Students and New Professionals Need to Know
ID #272, Becoming a Professional Counselor

**Sunday, April 29**
ID #365, Career GPS: How to Navigate Your Career in the Counseling Profession
### Featured Education Sessions at-a-Glance

| ID #231, The Role of Social Support and Self-Compassion on Sexual Minorities’ Career Decisions | Saturday, April 28 |
| ID #232, The Child Discipline Practices of Jamaican Immigrant Parents in the U.S. | ID #245, I Will Care for You and You Will Care for Them: Attending to Wellness in Supervision |
| ID #233, An Exploration of Student Intersectionality in School Counselor Referral | ACAC Featured Sessions |
| ID #234, Modeling Wellness for Supervisees: Using the Supervision Relationship as Catalyst | Friday, April 27 |
| ID #235, Understanding Adverse Childhood Experiences, Social Anxiety, Coping and Gaming | ID #182, Adverse Childhood Experiences, Trauma and Child-Centered Play Therapy |
| ID #236, Addressing the Needs of Children with Mental Illness in High-Poverty Schools | Sunday, April 29 |
| ID #237, An Analysis of Curative Factors in Self-Help Groups: Lessons Learned for Counselors | ACC Featured Sessions |
| ID #270, The Impact of Emotional Expression in Counseling Outcome: Results From a Meta-Analysis | Friday, April 27 |

#### AADA Featured Sessions

| ID #177, Building Community Collaboration Through External Funding: A Focus on Older Adults and Aging | Saturday, April 28 |
| ID #246, What Do Women Want Today? Helping Women Clients Reach their Goals | ID #180, Creative Treatment Strategies with Sexually Abused Children and Their Families |

#### AARC Featured Sessions

| Friday, April 27 |
| ID #173, Marketing Our Counseling Practice: We’re Doing It All Wrong | Sunday, April 29 |
| ID #446, Mindfulness in Schools: Planning and Implementing a School-Based Program |

#### ACC Featured Sessions

| Friday, April 27 |
| ID #180, Creative Treatment Strategies with Sexually Abused Children and Their Families |
| ID #415, What’s Up With College Students These Days? Perspectives From the Field | Sunday, April 29 |
| ID #446, Mindfulness in Schools: Planning and Implementing a School-Based Program |

| ID #375, Creativity in Counseling: Using the Enneagram Personality Typology in Counseling Practice |

| ACCA Featured Sessions |
| Friday, April 27 |
| ID #148, Assisting College Students Through Emotional Support Animals | Sunday, April 29 |
| ID #375, Creativity in Counseling: Using the Enneagram Personality Typology in Counseling Practice |
Featured Education Sessions at-a-Glance

**ACES Featured Sessions**

**Friday, April 27**
ID #201, Forging the Future in Collaboration with Site-Based Counselor Educators

**Saturday, April 28**
ID #308, Applying Advocacy and Social Justice as Professional Counselors

**AHC Featured Sessions**

**Friday, April 27**
ID #149, Self-Compassion: The Essence of Wellness

**Saturday, April 28**
ID #282, Using Mindfulness to Increase Wellness

**ALGBTIC Featured Sessions**

**Friday, April 27**
ID #133, Affirming Counseling Practice with Queer People of Color: From Margins to Center

**Saturday, April 28**

**AMCD Featured Sessions**

**Friday, April 27**
ID #192, AMCD Ethnic Vice Presidents: The White Papers in Action

**Sunday, April 29**
ID #427, Enacting the Multicultural and Social Justice Competencies Across ACA Divisions

**ARCA Featured Sessions**

**Saturday, April 28**
ID #276, Disability, Race and Law Enforcement: Advocacy for People Misperceived and Mistreated by Police

**Sunday, April 29**
ID #445, Recommendations for Including CORE Standards in CACREP Programs

**ASERVIC Featured Sessions**

**Friday, April 27**
ID #175, Diverse Voices in Religion and Spirituality

**Saturday, April 28**
ID #334, Addressing Client Religion and Spirituality in an Ethical and Culturally Competent Way

**ASGW Featured Sessions**

**Friday, April 27**
ID #167, Groups to Process Incidents of Hate and Bigotry: Creating Dialogue and Understanding

**Saturday, April 28**
ID #332, International Group Work Practices
CSJ Featured Sessions

Saturday, April 28
ID #277, Undocumented Immigrants: Challenges, Strengths and Social Justice

Sunday, April 29
ID #359, Decentralizing Whiteness and Other Forms of Privilege: Lessons from Standing Rock

IAAOC Featured Sessions

Friday, April 27
ID #188, An Ecological Approach to Understanding Opioid Abuse in Rural America

Saturday, April 28
ID #323, IAAOC Research Carousel on Addiction and Offender Issues

IAMFC Featured Sessions

Friday, April 27
ID #112, Introducing the International Association of Marriage and Family Counselors New Code of Ethics

Saturday, April 28
ID #309, Get Out Your Toolbox Again: Using 15 Experiential Activities with Families in Crisis

MGCA Featured Sessions

Friday, April 27
ID #203, Crises of Law Enforcement Officers and Burnout Among Law Enforcement Chaplains

NCDA Featured Sessions

Saturday, April 28
ID #314, Competencies for Counseling Military Populations

Sunday, April 29
ID #197, Are You NCDA Certifiable?

NECA Featured Sessions

Saturday, April 28
ID #321, Take A.I.M: Developing Youth-Contextual Themes and Commonalities

Sunday, April 29
ID #376, Your Reasoning Impacts Job Success: Understanding Reasoning Abilities for Successful Employment and Personal Happiness

GCA Featured Sessions

Friday, April 27
ID #153, How to Effectively Apply Cognitive Behavioral Model in Tele-Mental Health Supervision?

Saturday, April 28
ID #341, Courage, Honor, and Selfless Service: Improving Cultural Competence With Veterans
CSI Featured Sessions

Friday, April 27
ID #107, A Call to Action: How Counselor Community Engagement May Support Refugee Populations

Saturday, April 28
ID #328, Leading the Way in Internationalization: Contributions of Professional Counseling Organizations

Sunday, April 29
ID #388, CSI Leadership Workshop: Building Community as Leaders During Times of Adversity and Opportunity

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Friday, April 27

7:30 am – 8:30 am
Program ID #101, Room A411
Coming Out to Clients: An Ethical Decision-Making Model
60-Minute Clinician Education Session
Ben Hearn, Kelli Hess
Counselors who identify as LGBTQ+ often struggle with whether to disclose this identity to their clients. We will explore some of those struggles and review literature that addresses how disclosure may be performed ethically, as well as how disclosure of LGBTQ+ identity may serve to advocate for the LGBTQ+ population by role modeling and normalization. We will present an ethical decision-making model specifically for LGBTQ+ identity disclosure and apply the model to case vignettes through a group discussion.

7:30 am – 8:30 am
Program ID #102, Room A412
Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Substance Misuse
60-Minute Education Session
Amy E. Williams, Kristin Bruns
This session will provide attendees with the knowledge and skills needed to implement SBIRT in their counseling practice setting. After learning about the public health approach to high-risk substance use and developing basic motivational interviewing skills, attendees will learn how to screen an individual for high-risk substance use, provide a brief intervention by highlighting the current risks and opportunities for change, and refer individuals who may have a substance use disorder for treatment.

7:30 am – 8:30 am
Program ID #103, Room A305
Neurocounseling: Brain-Based Clinical Approaches
60-Minute Education Session
Thomas A. Field, Laura K. Jones, Lori A. Russell-Chapin
This session will review case conceptualization, assessment and intervention from a brain-based perspective. During each segment, presenters will discuss and analyze a case study to provide practical suggestions. This series of case studies will assist attendees in understanding how a neuroscience-informed approach can be used in clinical practice settings.

7:30 am – 8:30 am
Program ID #104, Room A302
Metaphors and Counseling: A Potent Combination for Promoting Choice and Change
60-Minute Education Session
Samuel T. Gladding
Metaphors are a powerful force in counseling to problem-set and to problem-solve. Metaphors help counselors and clients gain insight into themselves and into the counseling process. They can be a major source of fostering choice and change. This session will examine the nature of and research on metaphors, and ways counselors can use them to help clients and themselves become more aware, insightful, creative and productive.
**Education Session Descriptions**

**7:30 am – 8:30 am ■ ◆**

Program ID #105, Room A410  
**Listening and Neurocounseling: Demonstration and Practice of Microskills to Effect Change**  
60-Minute Education Session  
Carlos P. Zalaquett, Allen E. Ivey, Mary Bradford Ivey, SeriaShia J. Chatters, Dominiqua M. Griffin  
Effective counseling changes the mind, brain, heart, and behavior. Mastering attending skills in multiple situations is the goal of this LI. Video demos with discussions with the actual participants involved provides an in-depth understanding of the power of listening. Skill practice provides opportunities for skill-building and sharpening. The skills focus on a results-oriented model for structuring an effective interview—the Empathic Relationship - Story & Strengths - Goals - Restory - Action model.

**7:30 am – 8:30 am ■ ◆**

Program ID #106, Room A301  
**Motion Engages Emotion: Bypassing Client Resistance With Experiential Activities**  
60-Minute Education Session, Advanced  
W. Bryce Hagedorn  
Clients struggle with change—be it grappling with an addiction, navigating a mandatory lifestyle change, or changing a maladaptive behavior pattern. As such, traditional talk therapy aimed at challenging thoughts and behaviors can prove ineffective. Research has shown that motion through experiential activities can engage clients’ emotions and help them explore new ways to approach change. Attendees will leave with a bevy of creative exercises.

**7:30 am – 8:30 am ■ ◆**

Program ID #107, Room A311  
**CSI Featured Session**  
**A Call to Action: How Counselor Community Engagement May Support Refugee Populations**  
60-Minute Education Session  
Matthew Vincent Glowiak Sr., Cheryl Fulton, Cynthia Bevly  
Arrival in a new country involves many adjustments and is a challenging experience for refugees. Despite the call for advocacy and culture-centered responsive services, this population remains underserved. This session explores the current makeup of today’s refugees, ways to address acculturative stress, facilitate adaptive coping, foster community and provide effective services. With an obligation to protect the rights of all humankind, we must not leave this group behind.

**7:30 am – 8:30 am ◆**

Program ID #108, Room A312  
**Report of the CACREP Disability Standards Infusion Task Force**  
60-Minute Education Session  
M. Sylvia Fernandez, Mark A. Stebnicki  
One of the requirements of the CACREP and CORE merger was the creation of a jointly appointed task force to make recommendations for infusing disability concepts into CACREP’s core curricular standards. CACREP’s eight common core areas represent the foundational knowledge required of all entry-level counselor education graduates. Knowledge of disability is foundational to the training of all future counselors. This session is a presentation on the work and recommendations of the Disability Standards Infusion Task Force.
7:30 am – 8:30 am  ■ ◆
Program ID #109, Room A314
Adolescent Self-Directed Violence: Prevention and Intervention Strategies
60-Minute Clinician Education Session, Advanced
Amanda C. La Guardia, Ashley Ackerman, Kelly Emelianchik-Key
Self-directed violence in the form of non-suicidal self-injury (NSSI) occurs in approximately 18 percent of the pediatric population worldwide and is a strong predictor of an eventual suicide attempt. This session will provide information on current research-supported strategies for strengths-based assessment of risk so as to develop effective safety plans, conceptualize the therapeutic needs and provide intervention for child, adolescent and young adult clients at risk from or engaging in self-directed violence.

7:30 am – 8:30 am  ■ ◆
Program ID #110, Room A313
Disaster Mental Health Introduction for the American Red Cross
60-Minute Education Session
Stephanie Dailey
Did you know that 90 percent of American Red Cross (ARC) disaster relief workers are volunteers? This session will provide an overview of services provided by ARC disaster mental health workers. Attendees will review unique aspects of disaster mental health work, the psychological impact of disaster, force health protection, deployment readiness and how to get involved locally. This course is required for all ARC disaster mental health volunteers and can be taken online; however, conference participants receive the added benefit of understanding the unique partnership between ACA and the ARC.

7:30 am – 8:30 am  ■ ▲
Program ID #111, Room A404
Work, Meaning and Purpose in Relapse Prevention: A Theoretical Integration
60-Minute Education Session, Advanced
Katie A. Lamberson, Melissa Fickling
For many clients, recovery is a long road and relapse is often part of the journey. In this session, the presenters propose that one life domain that counselors may overlook both during treatment and in the termination phase is that of work and career. Helping clients find meaning and purpose can buffer potential barriers to successful recovery. The presenters will synthesize findings from the current literature, highlighting the complex systems that interact in helping clients achieve their career and life goals.

7:30 am – 8:30 am  ■
IAMFC Featured Session
Program ID #112, Room A405
Introducing the International Association of Marriage and Family Counselors New Code of Ethics
60-Minute Education Session
Bret Hendricks, Loretta Bradley, Brandé Flamez
In this session, the presenters will review the newly revised International Association of Marriage and Family Counselors Code of Ethics. Differences and similarities between the former code and new code will be discussed. Handouts will be provided and discussion will be encouraged.
7:30 am – 8:30 am ■
Program ID #113, Room A402
Relational Cultural Therapy in Theory and Practice
60-Minute Education Session
Rebecca Ohler, Michelle Engblom-Deglmann
Relational cultural therapy is a feminist theory emphasizing mutual empowerment, growth in relationship, diversity and radical client regard. Explore the basics of relational cultural therapy through literature and research as well as the personal experiences of the presenters in learning about this theory. Attendees will participate in discussion and role-plays using this theoretical framework.

7:30 am – 8:30 am ■
Program ID #114, Room A403
Pobody’s Nerfect: Understanding Perfectionism and Empowering Clients to Overcome It
60-Minute Clinician Education Session
Emily Kircher-Morris
Alfred Adler encouraged us to “have the courage to be imperfect.” How can clinicians encourage our clients to do the same? Through this presentation, attendees will explore how perfectionism manifests from childhood through adulthood, impacting academic success, career choice, and parenting. Attendees will examine case studies and analyze various counseling techniques useful in the clinical setting to empower clients to overcome perfectionism.

7:30 am – 8:30 am ■
Program ID #115, Room A315
Tips for Addressing Societal Issues for Adolescents and Adults on the Autism Spectrum
60-Minute Clinician Education Session, Advanced
Chris Abildgaard
Autism Spectrum Disorder (ASD) is a neurodevelopmental disorder (Charman & Stone, 2006) and may have co-occurring psychiatric disorders or symptoms. When examining current societal issues many individuals with an ASD are experiencing extreme anxiety and emotional dysregulation around issues pertaining to one’s employment, relationships and our current political atmosphere. This session will explore these areas in more detail and provide strategies to be used in both an individual or group counseling session.

7:30 am – 8:30 am ■
Program ID #116, Room A316
Forgive or Forget? Incorporating Forgiveness Practice Into Counseling
60-Minute Education Session
Veronica I. Johnson, Kelly N. Clavin
Relationship ruptures are inevitable and ultimately change relationships. Forgiveness is an essential practice that can heal relationship ruptures and can empower clients toward positively affecting overall health and wellness and relationship satisfaction. This session will report on the effects of a course on forgiveness and reconciliation on students’ dispositions toward forgiveness. Incorporating components of forgiveness practice into counseling work can positively affect client outcomes.

7:30 am – 8:30 am ■
Program ID #117, Room A408
Racial Battle Fatigue and Mental Health
60-Minute Clinician Education Session
Carese A. Bates, Tanya Middleton
Racial Battle Fatigue has materialized from chronic exposure to racial microaggressions and the symptoms can be detrimental to the often disadvantaged and oppressed groups, in particular people of color. This session is aimed at educating counselors, counselor educators, and those in school settings about this epidemic and the barriers that can inflict on the psychological and physiological wellbeing of people of color. Introduction of the concept of Racial Battle Fatigue and the use of Critical Race Theory.

7:30 am – 8:30 am
Program ID #118, Room A407
LGBTQ Adolescents’ Perspective of Middle School and High School Athletics
60-Minute Education Session
Catherine Griffith
Physical activity promotes psychosocial and academic benefits. However, nearly half of LGBTQ youth are harassed within school athletic environments, which has negative implications. Authors administered surveys and focus groups to LGBTQ adolescents to explore their perceptions of school athletics. Results suggest that LGBTQ youth want to engage in athletics but feel unsafe to do so. Authors present the results of this study, discuss advocacy initiatives and provide attendees with resources.

7:30 am – 8:30 am
Program ID #119, Room A406
College Sexual Assault: Risk Factors, Revictimization and Resiliency
60-Minute Education Session
Abigail Holland Conley
Prevalence and correlates of sexual assault (SA) pre-college, college onset and repeat SA in college were explored in a representative sample. Nearly one-fifth reported experiencing SA prior to college or during college and about 40 percent of those participants reported being revictimized. Exploring this study, as well as results from a climate survey on sexual violence, this session will explore trauma-informed counseling practices and the unique needs of students who come to college already having experienced SA.

7:30 am – 8:30 am
Program ID #120, Room A401
2018 Advocacy and Legislative Briefing
60-Minute Education Session
Art Terrazas
ACAs Department of Government Affairs staff will provide an update on ACAs legislative initiatives and progress. The staff will also discuss how counselors can advocate for the profession and mental health at the federal and state level.

7:30 am – 8:30 am
Program ID #121, Room A409
Engaging and Supporting Same-Sex Families in Schools: Strategies for Counselors
60-Minute Education Session
Haley D. Wikoff, Matthew J. Beck
Marriage equality and the legalization of adoption are increasing the representation of same-sex families in schools, but are counselors prepared to serve this population? Acknowledging the challenges that same-sex families face can help counselors provide services to strengthen resiliency. This session discusses the role of
counselors in utilizing a systematic approach to enhance the partnerships among schools, communities and same-sex families.

11:00 am – 12:00 pm ■ ALGBTIC Featured Session
Program ID #133, Room A411
Affirming Counseling Practice with Queer People of Color: From Margins to Center
60-Minute Education Session
Adrienne N. Erby, Christian D. Chan
Within the diverse LGBTQ+ community, queer people of color (QPOC) represent a variety of gender, affectional and cultural identities and experiences. Intersectionality offers a unique lens for understanding multiple minority identities, cultural strengths and resilience. Using intersectionality as a conceptual framework, the presenters will review current research, share personal and professional reflections from the field and identify culturally relevant affirming counseling practices with QPOC.

11:00 am – 12:00 pm ■ Cyber Sexual Assault: An Extension of Gender-Based Violence and Sexual Trauma
Program ID #134, Room A412
60-Minute Education Session
Kelley Holladay, Bryce Hagedorn, Kristina Nelson
With the recent phenomena of cyber sexual assault and the lack of laws and a comprehensive knowledge of cyber sexual assault can have a devastating impact on victims’ psychological well-being. Findings from a quantitative study measuring the impact of cyber sexual assault will be shared. This seminal work serves to engage counselor educators in challenging how we define trauma as well as to provide empirical support that serves to guide how future clinicians are prepared for both evaluation and treatment of cyber sexual assault.

11:00 am – 12:00 pm ■ Post-DACA: Professional Counselors Supporting Undocumented Youth and Their Dreams
Program ID #135, Room A305
60-Minute Education Session
Nancy N. Carlson, Maria S. Garcia, Eunice Humphrey, Judith O’Rorke-Trigiani
Supporting undocumented youth in schools can be extremely challenging, especially now that the Deferred Action for Childhood Arrivals (DACA) has been curtailed. Professional school counselors, as well as other licensed professional counselors working with school-aged children and adolescents, are in need of current information and resources to help them in supporting these students.

11:00 am – 12:00 pm ■ Integrating Animal-Assisted Interventions Into Trauma-Informed Care
Program ID #136, Room A302
60-Minute Clinician Education Session, Advanced
Laura Bruneau, Leslie Stewart, Joel Givens
Animal-assisted interventions (AAIs) exist within the realm of body-oriented trauma interventions, promoting connection with oneself and others. When implemented with appropriate training, AAIs offer benefits to trauma-informed care, such as increasing rapport...
and offering nonverbal avenues for expression. This session highlights two AAIs (animal-assisted therapy in counseling and animal-assisted crisis response). Attendees will learn how to get started in integrating AAIs into their clinical practice.

11:00 am – 12:00 pm  ■  ■
Program ID #137, Room A410
How to Plan and Implement a Successful Interview: The Microskills in Multicultural Action
60-Minute Education Session
Allen E. Ivey, Mary Bradford Ivey, SeriaShia J. Chatters, Dominiqueta M. Griffin, Carlos P. Zalaquett
Theory is demonstrated in actual practice. A multicultural case example of an African American participant will be the focus of this session. Attendees will see and learn a practical 5-stage interview that can be used tomorrow. The actual client and the counselor will be available to discuss the session which addresses her felt stress and perceived microaggressions. Discussion of empathic relationship skills will be presented from cognitive and humanistic theories. A Q&A conversation will complete the session.

11:00 am – 12:00 pm  ■  ■  ■
Program ID #138, Room A301
What Clinicians Need to Know About Internet Gaming Disorder and Social Media Addiction
60-Minute Education Session
Amanda L. Giordano, Elizabeth A. Prosek, Casey Bain, Audrey Malacara, Kaylia Schunemann
Internet gaming disorder and social media addiction are two prominent behavioral addictions warranting awareness among clinicians. This session is designed to provide foundational knowledge regarding internet-based behavioral addictions, including etiology, diagnostic criteria, signs and symptoms, correlates and treatment considerations.

11:00 am – 12:00 pm  ■  ■
ACA Book Author Session
Program ID #139, Room A311
Counselor Self-Care
60-Minute Education Session
Gerald Corey, Michelle Muratori, Jude T. Austin, II, Julius A. Austin
Self-care is an ethical mandate and not a luxury. The 2014 ACA Code of Ethics states that counselors have a responsibility to monitor their level of well-being to prevent impairment. If counselors are not practicing self-care, they will be unable to provide competent services. Counselors are generally committed to helping their clients improve their quality of life, yet they all too often neglect taking care of themselves. The goal of this session is to provide practical guidelines for enhancing self-care from graduate school through retirement.

11:00 am – 12:00 pm  ■  ■
Program ID #140, Room A312
Exploring the Career Trajectory of African American Male Counselors
60-Minute Education Session
Ken Sanders
This session provides an overview of the career trajectory of African American male counselors. The presenters designed a qualitative research study that investigated African American male counselors’ experiences from preparation for graduate school to the maintenance stage in career development. The
themes surrounding educational training, professional development and professional experiences as a counselor will be shared. This session is ideal for counselors and counselor educators.

11:00 am – 12:00 pm
For Graduate Students and New Professionals Only Series
Program ID #141, Room A314
Mentoring: Your Secret Weapon to Success
60-Minute Education Session
Catherine B. Roland
Finding a mentor and then understanding how to actually BE mentored, is vital for success as a new counselor, a doctoral student or a counselor educator. Dr. Catherine Roland, immediate past president of the ACA, will discuss the nuances of the mentoring process from beginning to . . . well it never has to end. It is the secret weapon, the added boost to success, and a sharing of wisdom only your mentor brings to you. The right mentor for YOU is the quest. Doctoral students and new professionals, please attend.

11:00 am – 12:00 pm
Program ID #142, Room A313
Using Case Conceptualization to Navigate the Turbulent Waters of the Human Condition
60-Minute Clinician Education Session
Nathaniel Nicholas Ivers
“A clinician without a Case Conceptualization Model is like a Captain of a ship without a rudder, aimlessly floating about with little or no direction” (Meichenbaum, 2014, p. 2). The overarching goal of this session is to share strategies that counselors can use to develop effective and culturally sensitive case conceptualizations and treatment plans. Specifically, we will analyze Sperry & Sperry’s (2012) model of case conceptualization, which includes diagnostic, clinical, cultural and treatment formulations.

11:00 am – 12:00 pm
Program ID #143, Room A404
Supervision and Ethics: Seven Current and Critical Issues for Practice
60-Minute Education Session, Advanced
Kathryn L. Henderson, Alicia M. Homrich
Advanced training for supervisors applying ethics to supervision practice is essential. We will explore seven critical and challenging supervisory ethical issues: (1) gatekeeping, (2) supervisee developmental level, (3) cultural competency, (4) working alliance, (5) supervisee non-disclosure of critical information, (6) documentation, and (7) assessment and endorsement. How these challenges overlap and inform each other, such as working alliance related and non-disclosure incidents, will also be discussed.

11:00 am – 12:00 pm
Program ID #144, Room A405
Caregiver Support Groups: A Model, Techniques and Common Results
60-Minute Clinician Education Session
Brooke B. Collison
Caregiver support groups based on a noncurricular model will be presented with facilitation techniques and common topics that arise in a support group of part- or full-time caregivers. Population projections show an increased number of persons
who care for family members dealing with Alzheimer’s disease, dementia or other chronic conditions. The presenter has facilitated support groups for the past four years. Support groups can be part of a counselor’s volunteer activity or professional practice.

**11:00 am – 12:00 pm**
Program ID #145, Room A402

*Substance Abuse EBP Family Therapy With the Military Family: An African American Focus*
60-Minute Education Session

Geri A. Miller, Patrick Woodruff, Jill W. Van Horne, Glenda S. Johnson

This session will provide an overview of substance abuse as it impacts families. Following a general overview of the dynamics of substance abuse in a family system, a focus will be placed on military families and African American families. The session will provide an integration of overall and specific evidence-based practice family counseling techniques within the context of an African American military family. A case study and a question-and-answer period will be used to facilitate the application of these concepts and techniques.

**11:00 am – 12:00 pm**
Program ID #146, Room A403

*Addressing Ableist Microaggressions in Counseling Settings*
60-Minute Education Session

Deniz Aydemir-Döke

Given their intersecting identities, PWD constitute the largest minority group receiving counseling services. Although greater attention to diversity components is embedded in counselor education programs, counselors might be the perpetrators of microaggressions. In this session, attendees will learn how ableism manifests itself in subtle ways in the form of ableist microaggressions and how to address those. The session will include an overview of the ableist microaggressions and small group exercises.

**11:00 am – 12:00 pm**
Program ID #147, Room A315

*Cultivating Rapport: Building Therapeutic Alliance With Resistant Teens*
60-Minute Clinician Education Session

David Flack

Building effective therapeutic alliances can seem daunting to many clinicians, especially when working with resistant teens. However, studies show effective therapeutic alliances are essential for engagement, retention and positive clinical outcomes. In this session, we will explore the importance of developing effective therapeutic alliances, identify common reasons teens may not readily engage and develop several practical skills for increasing our trustworthiness and participant willingness.

**11:00 am – 12:00 pm**
Program ID #148, Room A316

*ACCA Featured Session*

*Assisting College Students Through Emotional Support Animals*
60-Minute Education Session

Gregory L. Bohner

Emotional support animals (ESAs) are a hot topic within higher education disability support circles. Navigating the process is important both for counselors working in disability support and for mental
health counselors providing documentation. This session will explore the applicable legal and ethical aspects of ESA requests, how to create appropriate paperwork for clients to take to school and the most common higher education procedures for approving ESAs.

**11:00 am – 12:00 pm**

*AHC Featured Session*

Program ID #149, Room A408

**Self-Compassion: The Essence of Wellness**

60-Minute Education Session, Advanced

*Monica Leppma*

Self-compassion provides a favorable construct for developing healthy self-attitudes and is associated with a number of health benefits. Self-compassion comprises the concepts of self-kindness, mindfulness and common humanity. The principles of self-compassion are useful for promoting wellness in clients as well as counselors. In this session, participants will have the opportunity to learn the benefits of incorporating self-compassion to promote wellness and to practice self-compassion exercises.

Attendees will be guided through a step-by-step process for integrating neurofeedback into their practice and will learn what equipment is needed and how to save costs while adopting this methodology in clinical practice.

**11:00 am – 12:00 pm**

Program ID #150, Room A401

**The Impact of Trauma Within the African American Population**

60-Minute Education Session

*Sonia Elise Gooden-Alexis, M. Nickleson Battle*

Diversity is seen within traumatic experiences and impacts communities on multiple levels. It is important that the professional counseling community is aware of cultural factors that are present and
how they affect the work that we do with differing populations, including that of African Americans. Trauma in the African American population is embedded with social dissonance and compounded with historical factors. Understanding can increase effectiveness with working with this population.

**11:00 am – 12:00 pm**

*GCA Featured Session*
Program ID #153, Room A409

**How to Effectively Apply Cognitive Behavioral Model in Tele-Mental Health Supervision?**
60-Minute Education Session
*Laklieshia Izzard, Fulani A. Doughty, Harrison Davis*

Would you like to expand your practice or your clinical supervision scope? Counselor Educators and Practitioners have more of an advantage providing Tele-Mental Health Supervision currently due to the number of online programs and rural areas. Come and be WOWED at learning how smooth this conversion can be for you! The Cognitive Behavioral model lends itself well to Tele-Mental Health Supervision due to its structured and easy to follow process. This session will be interactive with questions and one technique of the CB process modeled by presenters.

**2:00 pm – 3:30 pm**

*You are a Superhero: Counseling Highly Sensitive People From a Resiliency Approach*
90-Minute Education Session, Advanced
*Misty M. Ginicola, Taylor Carson*

When a client presents with anxiety, sensitivity, and interpersonal problems, it is standard to look for pathology. However, for approximately 20 percent of the population, these symptoms may be indicative of a genetic temperamental characteristic, heightened sensory processing sensitivity. These individuals, also referred to as highly sensitive people, commonly seek counseling. This session will provide case studies, assessment strategies and differential diagnoses, as well as strength-based and resiliency intervention approaches.

**Education Session Descriptions**
audience will show how to establish effective communication during critical conversations, such as those involving race, ethnicity, gender, religion and other topics in which opinions vary, stakes are high and emotions usually are strong. Two group facilitators will show different counseling techniques, for use with adults and adolescents, on how to create effective dialogue that leads to real understanding and positive resolution.

2:00 pm – 3:30 pm
Program ID #168, Room A302
Is There a Book Within You to be Written
90-Minute Education Session
Gerald Corey, Kellie Kirksey, Patrice Moulton, Michelle Muratori, George Williams, Robert E. Wubbolding, Mark E. Young, Mark A. Stebnicki
The presenters share the joys, self-doubts, struggles, strategies, personal experiences and rewards of their experiences in writing in the field of counseling. They offer suggestions such as identifying an area of interest, designing a proposal, getting started with writing and revising, working effectively with a publisher, the review process, creating a realistic writing schedule, working with other counseling professionals, completing a project and future revisions.

2:00 pm – 3:30 pm
Program ID #169, Room A410
Culture and Discipline: Helping Parents Learn to Set Limits
90-Minute Education Session, Advanced
Phyllis Post, Dana Isawi, Christa Phipps
Disciplinary practices are based on cultural expectations of both counselors and clients. This session will help counselors increase their understanding and respect for an array of disciplinary approaches when working with parents from different cultural groups, and help counselors learn to introduce parents to the child-centered approach of limit-setting. Attendees will examine ways to integrate different cultural considerations about discipline into their practices.

2:00 pm – 3:30 pm
Program ID #170, Room A301
The Ethical, Legal and Practical Implications of Distance Counseling
90-Minute Education Session, Advanced
Jennifer Nivin Williamson, Daniel G. Williamson, Jeff Parsons, Harrison Tyner
The 21st century counselor faces a variety of challenges as he or she finds ways to effectively serve each client’s unique needs. Technology offers new avenues to bridge geographic divides, economic challenges and language barriers. However, it comes with unique considerations. This distinguished expert panel will explore distance counseling challenges and solutions. Come join this conversation presented in a town hall format.

2:00 pm – 3:30 pm
Program ID #171, Room A311
Current Trends in Ethics: A Discussion With the ACA Ethics Committee
90-Minute Education Session
Barbara Herlihy, Kathy Ybanez-Llorente
Members of the ACA Ethics Committee and directors of ethics and professional standards
committees will participate in a panel discussion on ethical issues and trends addressed by the committee. Common ethical issues addressed include social media/technology, confidentiality, value-based judgments and client referrals. Informal resolution of ethics conflicts between members will be discussed. Attendees will participate in a Q & A session about ethical standards and common concerns.

2:00 pm – 3:30 pm
Program ID #172, Room A312
A Visit with the Sages: ACA Past Presidents’ Perspectives on the Past and Present: Projections for the Future
90-Minute Education Session
Thelma T. Daley, Thelma Duffey, Patricia Arredondo, Loretta Bradley, Brian Canfield, David Capuzzi, Brooke Collison, Brad Erford, Marcheta Evans, Samuel Gladding, Jane Goodman, Courtland Lee, Don Locke, Beverly O’Bryant, Cirecie West Olattunji, Catherine Roland, Lee Richmond, Robert Smith
Meet ACA past presidents from across decades at this creative and informative session designed to bring rich perspectives on ACA’s history, highlight the counseling profession’s historical challenges and triumphs and review the vast opportunities for the profession’s future. In this session, the association’s past presidential leadership will relate historical challenges and milestones and share insights on counseling today. This session will also provide opportunities for attendees to connect with leaders who have and continue to carry the banner for ACA.

2:00 pm – 3:30 pm
AARC Featured Session
Program ID #173, Room A314
Marketing Our Counseling Practice: We’re Doing It All Wrong
90-Minute Education Session
Donna S. Sheperis, Carl J. Sheperis, Marsha Milan-Nichols
Marketing receives limited attention in counselor training yet a counselor must attract clients in order to maintain a viable practice. In order to market a practice, counselors often publish credentials as they are presented by the state or the certifying organization. However little is known about public perception of these credentials. The presenters will review current marketing strategies, analyze research that supports marketing best practices and evaluate displays of credentials that align with consumer preferences.

2:00 pm – 3:30 pm
Program ID #174, Room A313
Building Therapeutic Relationships: The Heart of Evidence-Based Counseling
90-Minute Education Session, Advanced
John Sommers-Flanagan, Kindle Lewis, Kim Parrow
As the Vision 20/20 task force concluded, the professional relationship is central to counseling. However, the ACA Code of Ethics also guides counselors toward using scientific treatments. This session will articulate how counseling professionals can embrace BOTH relationship factors AND scientific research. Ten different evidence-based relationship factors will be reviewed and illustrated. Opportunities for hands-on practice
and discussion of cross-cultural validity will be provided.

**2:00 pm – 3:30 pm  ■  ■**  
**ASERVIC Featured Session**  
Program ID #175, Room A404  
**Diverse Voices in Religion and Spirituality**  
90-Minute Education Session  
*Elizabeth O’Brien, Stephanie Dailey*  
Recent events have brought religious/spiritual values to the fore within the counseling profession. Conversations often center around how these values are interpreted by those who identify as either conservative or liberal. These events provide an opportunity for professionals to dialogue about these deeply personal subjects in a manner that informs our professional practice with clients and students. Panel members come from a variety of religious/spiritual traditions and diverse viewpoints to discuss this intersection.

**2:00 pm – 3:30 pm  ■  ■**  
Program ID #176, Room A405  
**From Courageous Conversations to Courageous Actions**  
90-Minute Education Session  
*Shon D. Smith, LoriAnn Stretch*  
Discover how lessons from the past and voices from the present have converged to create a worldview that impacts the therapeutic relationship. Learn interventions to empower your clients while also providing them essential supports. Become more sensitive to social justice issues that your clients face and learn how you can become an advocate for courageous actions.

**2:00 pm – 3:30 pm  ■  ■  ▲**  
**AADA Featured Session**  
Program ID #177, Room A402  
**Building Community Collaboration Through External Funding: A Focus on Older Adults and Aging**  
90-Minute Education Session  
*Christian D. Chan, Matthew C. Fullen, Andrew P. Daire*  
Health and wellness disparities for older adults augment the paucity of research and best practices focused on counseling and wellness for older adult communities. Researchers, counselor educators and practicing counselors collaboratively engage in efforts to advocate for older adult communities, necessitating the expansion of older adult research and training. The presenters will engage in a dialogue to identify strategies for expanding current research and funding practices for research projects, training and workshops.

**2:00 pm – 3:30 pm  ■  ■  ▲**  
Program ID #178, Room A403  
**Exploring Current and Potential Behavioral Addictions in the DSM-5**  
90-Minute Education Session, Advanced  
*Shannon Karl, Tara Jungersen*  
This advanced session explores current and potential addictive disorders found in the DSM-5. This includes gambling disorder, at this time the only addictive disorder enumerated alongside the substance-related disorders in the DSM-5. Internet gaming disorder, currently a condition identified for further study, will be highlighted inclusive of cultural and diversity considerations. Additionally, the presenters will provide a research overview of
possible future identified addictive disorders, presently under review.

2:00 pm – 3:30 pm  ■  ◆
Program ID #179, Room A315
Clinical Techniques for Managing Suicidal Clients
90-Minute Education Session, Advanced
Darcy Haag Granello, Paul F. Granello
Suicide is the fourth leading cause of death among people ages 15–54. This session will provide counselors in all settings with concrete, practical information on suicide risk assessment and a 7-step model for intervention with suicidal clients. Attendees will be given extensive resources to conduct culturally and developmentally appropriate risk assessments as well as intervention guidelines for making clinical decisions. Counselors will learn specific skills and strategies that they can use immediately.

2:00 pm – 3:30 pm  ■  ◆
ACC Featured Session
Program ID #180, Room A316
Creative Treatment Strategies with Sexually Abused Children and Their Families
90-Minute Education Session
Ruth Ouets Moore, Ashley Tolleson
Sexually abused children often experience severe emotional difficulties, such as depression, anxiety, guilt and shame. This session will provide experiential activities that can be implemented with sexually abused children and their families to help them process painful emotions, facilitate disclosure, identify their underlying emotional needs and heal from the traumatic experience.

2:00 pm – 3:30 pm  ■  ◆
Program ID #181, Room A408
Treating Complex Trauma: Tools and Interventions That Work to Heal Multiple Experiences
90-Minute Education Session
Ryan T. Day
Treating complex trauma can be extremely difficult. Evidence-based approaches are becoming increasingly important in counselor training. In this session presenters will review the literature and effective treatment methods and discuss clinical experiences in providing trauma therapy treatment that works. Strategies, tools and interventions for working with adolescents and adults will be provided. Recommendations for how mental health professionals can provide effective treatment methods will be highlighted.

2:00 pm – 3:30 pm  ■  ◆ ▲
ACAC Featured Session
Program ID #182, Room A407
Adverse Childhood Experiences, Trauma and Child-Centered Play Therapy
90-Minute Education Session
Dee C. Ray
Adverse childhood experiences (ACEs), traumatic experiences during childhood, are correlated to posttraumatic stress, behavioral problems and psychiatric disorders. The purpose of this session is to inform play therapists about the role and effects of ACEs, the relationship between ACEs and trauma and how play therapists can respond most effectively to children who have experienced multiple ACEs.
2:00 pm – 3:30 pm  ●
Program ID #183, Room A406
Wellness at Work and Play: Experiencing Rejuvenation
90-Minute Education Session, Advanced
Michael C. Lazarchick
Using thoughts from Eastern and Western traditions, this workshop will explore the interplay of body, mind and spirit, through sound, physical movements and visual stimulation. We will identify sources of toxins in our environment and various elixirs and methods the body uses to heal. We will experience techniques that foster wellness and elicit rejuvenation. Dress comfortably. Expect to have fun. Powerful short meditations, a little qi gong, yoga and some surprises are on this path that ends with you feeling energized.

2:00 pm – 3:30 pm  ■
Program ID #184, Room A401
Using Universal Screening to Identify and Meet K–12 Students’ Mental Health Needs
90-Minute Education Session
Emily Goodman-Scott
Schools screen students for challenges in academics, hearing and vision—but what about mental health? Universal mental health screening assesses all students and identifies those with the highest needs, intervening swiftly and effectively. Counselors, come to this session to learn more about universal mental health screening as part of a comprehensive school counseling program.

2:00 pm – 3:30 pm  ■ ▲
Program ID #185, Room A409
Identifying and Treating Sex/Love Addicts and Partners, Individually and Relationally
90-Minute Education Session
Laney E. Knowlton, Mark H. Bird
Sex and love addictions will be presented on a continuum of symptomology to give counselors a more complete understanding of these addictions and to increase their ability to identify clients, both male and female, who may be struggling with these issues. The presenters will address treatment for both addicts and their partners from the approach of a connective disorder, incorporating attachment and trauma issues. Tools that integrate the individual recovery of both addict and partner with their relational recovery will be explained.

2:00 pm – 3:30 pm
Program ID #186, Room A307
Publishing in Refereed Journals: Suggestions From the ACA Council of Editors
90-Minute Education Session
Suzanne Degges-White, Richard Balkin, Michael Brooks, Craig Cashwell, James Korcuska, Pamela Lassiter, Matthew Lemberger, Spencer Niles, Mark Rehfuss, and Joshua Watson
Led by the ACA Council of Editors, this session is designed to promote research, demystify the publication process, and provide the skills needed for successful publishing in journals and Counseling Today. ACA field editors will offer manuscript preparation guidelines, tips for targeting the appropriate publication for your topic, insight on reviewer feedback, advice on turning a
dissertation into a publishable manuscript, and more. Attendees will have the opportunity to discuss article topic possibilities and how-tos in a roundtable format.

**4:00 pm – 5:00 pm**
Program ID #187, Room A411
**Grief and Loss Processing With Children and Adolescents**
60-Minute Clinician Education Session, Advanced
*Angela M. Brinton, Joffrey S. Suprina*
This experiential session will demonstrate the full experience of grief and personal loss with the adolescent population. The session will include different models of grief and offer creative approaches to processing grief with adolescents. There are a variety of ways for adolescents to express feelings of grief in an age appropriate manner (i.e. storytelling, music, social networks, art). Participants will learn ways to process those experiences with clients, including adaptations to accommodate adolescents.

**4:00 pm – 5:00 pm**
Program ID #188, Room A412
**An Ecological Approach to Understanding Opioid Abuse in Rural America**
60-Minute Education Session
*Jennifer Rogers, Dennis Gilbride, Brian Dew*
After outlining the details of the current opioid crisis in rural America, the presenters will offer an ecological model of case conceptualization to promote a better understanding of the complex, multisystemic factors that have led to and sustain this epidemic. A description of pivotal systemic issues and analysis of their relative centrality in the life and recovery of a case study client will provide participants with a complex and comprehensive foundation for treatment planning and advocacy.

**4:00 pm – 5:00 pm**
Program ID #189, Room A305
**The Secrets of Exceptional Counselors**
60-Minute Education Session
*Jeffrey Kottler*
Who and what are exceptional counselors? This session will explore what distinguishes extraordinary practitioners—highlighting personal qualities and seminal attributes that set them apart, as well as innovative “tricks of the trade” that are more subtle and often overlooked. As much as what we do with clients, and apart from any favored interventions, it is who we are as human beings that is so influential and powerful.

**4:00 pm – 5:00 pm**
Program ID #190, Room A302
**Examining Wellness and Perceived Discrimination Among Counseling Students of Color**
60-Minute Education Session
*Amanda C. DeDiego*
A common critique of wellness research is lack of consideration for factors—such as racial discrimination and prejudice—that can contribute to the wellness of counseling students of color. The current mixed-methods study assessed wellness factors among counseling students of color and identified whether perceived discrimination is a predictor of wellness, stress and burnout. This session includes findings from the study and discussion on how to
support students of color in systemic pursuit of wellness.

**4:00 pm – 5:00 pm ■**
Program ID #191, Room A410

**Culture- and Social Justice-Centered Group Microskills**

60-Minute Clinician Education Session, Advanced

*Farah A. Ibrahim, Allen E. Ivey, Mary B. Ivey*

This session will help attendees apply the ASGW Multicultural and Social Justice Principles to culture-centered microskills. The goal is to help group counselors and educators operationalize both multicultural and social justice principles in group work, specifically when using microskills. Additional information on the contributions of neuroscience and developmental counseling to group work will be shared with an emphasis on using microskills.

**4:00 pm – 5:00 pm ■ ◆**

**AMCD Featured Session**
Program ID #192, Room A301

**AMCD Ethnic Vice Presidents: The White Papers in Action**

60-Minute Education Session

*Kim Lee Hughes, Jung (June) H. Hyun, Isaac Burt, Margarita M. Martinez*

In February 2017, the AMCD ethnic vice presidents did a webinar on white papers written to outline pressing issues for the communities they represent and serve. One year later, those plans are in action. Join Kim Lee Hughes, Ph.D., Interim Vice President of African American Concerns, Jung (June) Hee Hyun, Ph.D., Vice President of Asian American Pacific Islander Concerns, Isaac Burt, Ph.D., Vice President of Native American Concerns and Margarita Martinez, Vice President of Latin American Concerns as they discuss their successes and challenges in the era of President Trump.

**4:00 pm – 5:00 pm ■ ◆**
Program ID #193, Room A311

**Resilience and Disability: An Intervention to Promote Positive Coping**

60-Minute Education Session

*Susan Stuntzner, Angela MacDonald*

Resilience is an essential part of life and appears to have much relevance for persons with disabilities. In recent years, it has been proposed as an important element in coping and adaptation to disability, but few resources and interventions exist. In an effort to change this trend, professionals are afforded the opportunity to learn about resilience, its applicability to people with disabilities, resilience-based skills and factors, and strategies for cultivating resilience.

**4:00 pm – 5:00 pm ■**
Program ID #194, Room A312

**Infusing Case Conceptualization in the Practicum and Internship Learning Experience**

60-Minute Education Session, Advanced

*Jon Sperry, Len Sperry, Alexandra Cunningham, Debra L. Ainbinder*

The skill of case conceptualization and treatment planning is a professional mandate and one which still eludes students and new counseling professionals (CACREP, 2016). This session describes and illustrates an evidence-based training model that has successfully infused case conceptualization and treatment planning into practicum
and internship courses in three university counseling programs. The result has been both improved clinical performance and increased confidence in counseling trainees.

4:00 pm – 5:00 pm ■
Program ID #195, Room A314
Animal-Assisted Interventions and Theory: Classic, Integrative and New Generation
60-Minute Education Session
Laura Bruneau, Amy R. Johnson, Leslie Stewart
Intentionally incorporating the human-animal bond into counseling can be a powerful addition to the process. Counselors of all specialty areas can use animal assisted interventions to promote insight and self-growth within clients. This session provides a brief introduction to AAI, including counselor competencies and animal welfare considerations. Particular emphasis will be given to classic, integrative and new generation counseling theories that blend well with the theoretical foundations of animal assisted interventions.

4:00 pm – 5:00 pm ■
For Graduate Students and New Professionals Only Series
Program ID #196, Room A313
Navigating Ethics During Internship and Postgraduate Supervision
60-Minute Education Session
Barbara Herlihy
You might think that graduate student interns and beginning practitioners working toward their licenses would be the most likely of all counselors to adhere to the ACA Code of Ethics (2014). Their ethics instruction is recent so their knowledge is up to date and they are working under supervision. Yet, interns and new professionals may be at the greatest risk for inadvertently violating the most fundamental ethical standards. In this Session attendees will learn how to avoid beginner mistakes.

4:00 pm – 5:00 pm
NCDA Featured Session
Program ID #197, Room A404
Are You NCDA Certifiable?
60-Minute Education Session
Lisa Severy
Come hear about the National Career Development Association (NCDA) Credentialing Commission’s exciting new credentials, including the Certified Career Counselor. Members of the NCDA Credentialing Commission will describe the new certifications and how you can apply. The credentials launched on August 1, 2017, and are ready for your application!

4:00 pm – 5:00 pm ■◆
Program ID #198, Room A405
Past, Present and Future Roles of Psychedelic Drugs in Counseling
60-Minute Education Session
Ben Hearn
This session will review the epidemiology and basic pharmacokinetics of psychedelic drugs and how their unique properties may make them suitable choices for treating substance use disorders, anxiety and depression. Current clinical and neuroimaging research will be critically reviewed in addition to an exploration of the role of psychedelics in international clinics. We will hold a discussion concerning if and how the counseling profession can help guide safe, ethical development of these treatments.
FRIDAY

4:00 pm – 5:00 pm  ■  ◆
Program ID #199, Room A402
Future-Focused Self-Loathing: Addressing Ageism in Counseling Practice
60-Minute Education Session
Sara W. Bailey
Ageism remains one of the most socially accepted “isms.” Whether directed at others or internalized, ageist stereotypes negatively impact all of us, regardless of age. Join us as we explore age as a distinct cultural consideration, scrutinize our own beliefs and biases about aging and pull back the curtain on institutionalized ageism to examine ways we can combat ageist stereotypes in our professional and personal lives.

4:00 pm – 5:00 pm  ■  ◆
Program ID #200, Room A403
Ethical Decision-Making in Multidisciplinary Teams: Maintaining a Counselor Identity
60-Minute Education Session
Krystal M. Vaughn, Princess Lanclos
This session aims to educate professionals on how to utilize shared decision making models in conjunction with ethical decision making models to benefit clients and the field of counseling. As professional counselors increase our visibility, we are also increasing our work in multidisciplinary teams. However, it is imperative that counselors advocate for professional identity.

4:00 pm – 5:00 pm  ■  ◆
ACES Featured Session
Program ID #201, Room A315
Forging the Future in Collaboration with Site-Based Counselor Educators
60-Minute Education Session,
Advanced
Summer M. Reiner, Melissa Luke
This session will focus on enhancing master’s-level professional counselors’ sense of responsibility for serving as site supervisors. The presenters will also identify methods for improving supervision knowledge and skills that will help transform site supervisors to highly qualified site-based counselor educators.

4:00 pm – 5:00 pm  ■
Program ID #202, Room A316
CSCORE Annual Review of Research: Identifying Best Practices for Counseling in Schools
60-Minute Education Session, Advanced
Catherine (Carey) Dimmitt, Catherine Griffith
This session will provide a review of recent relevant outcome research in school counseling, along with ideas for integrating the research findings into school counseling practice with K–12 youth. The focus will be on linking outcome research to practice.

4:00 pm – 5:00 pm  ■
MGCA Featured Session
Program ID #203, Room A408
Crises of Law Enforcement Officers and Burnout Among Law Enforcement Chaplains
60-Minute Education Session
Lisa Jackson-Cherry, Monica Paige Band
Just as military chaplains assist military members and families, law enforcement chaplains may assist law enforcement officers exposed to trauma and violence. At the same time, burnout can have detrimental effects on helping professionals’ well-being, as well as the population and organizations they serve. Presenters
will explore the exposed traumas of law enforcement officers and share findings from their recent research study exploring prediction of burnout with law enforcement chaplains.

4:00 pm – 5:00 pm
Program ID #204, Room A407
My Client Is Afraid of Flying! What Can I Do to Help?
60-Minute Clinician Education Session, Advanced
Stephnie M. Thomas
For millions of people around the world, boarding an airplane to fly for business or leisure is more than just an inconvenience, it is utterly terrifying. Many choose to curtail career opportunities or family obligations rather than face the overwhelming sensation of panic they experience when they think about taking a flight. Clients report that when they try to find help, none is available. We as counselors are in a unique position to be able to provide evidence-informed, efficacious treatment for this debilitating phobia.

4:00 pm – 5:00 pm
Program ID #205, Room A406
Times are Changing! Recognizing the Importance of Continual Multicultural Education
60-Minute Clinician Education Session
Marlon Chadwick Johnson
During our training process as professional counselors, we are offered information regarding the importance of cultural diversity and understanding culturally responsive treatment. However, following licensure, there is little to be done to continue our training in culturally responsive therapy. This session is intended to encourage professionals to understand the continual development of cultural sensitivity throughout their professional process.

4:00 pm – 5:00 pm
Program ID #206, Room A401
Mental Imagery Interventions for Emotional Regulation Disorders
60-Minute Education Session
Katie Gamby, Michael A. Desposito
While counselor practice often highlights the role verbal cognitions play in regulating affective mood states, there is often a neglect for the role mental imagery plays in emotional regulation. The presenters will discuss the neurological theories that influence mental imagery and their effect on emotions, highlight current techniques that utilize mental imagery when tailoring interventions for emotional regulation and provide two different intervention strategies for clinical practice.

4:00 pm – 5:00 pm
Program ID #207, Room A409
Creating an Open Environment for Grief in Educational Settings
60-Minute Clinician Education Session
Jillian Blueford
Educational settings can be underprepared to nurture youth dealing with death and loss, and youth may subsequently experience grief in isolation. This program will discuss methods of creating open environments that encourage and foster youth throughout their grieving processes and provide specific interventions for the educational setting.
5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #220, Room A302
Resiliency Among Urban Appalachians Affected by Opioid Use
30-Minute Research Education Session
Michael D. Brubaker, George Richardson
In recent years, opioids such as heroin and prescription pain pills have emerged as a critical concern for many populations, especially Appalachian Americans. Using a strengths-based approach, this research study explored the resiliency factors of one such community, examining how individuals and family members are reducing and eliminating opioid use. Clinical applications to build upon these strengths will be addressed.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #221, Room A410
Understanding Canine-assisted Play Therapy: It’s Not a Therapeutic Dyad Anymore
30-Minute Research Education Session
Jennifer Austin Main, Suzanne Dugger
The use of dogs in the treatment of mental health disorders is rapidly growing in the field of play therapy. Because this is an innovative treatment approach, it is important for counselors to understand the best practices of using a dog in play therapy. Participants will learn the results of a recent qualitative study that helps lay the foundation for this exciting and innovative treatment approach. Topics to be discussed include training, liability, skills and navigating the therapeutic dynamics.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #222, Room A301
The Effects of Stigma Interventions in Resident Advisers’ Attitudes on Mental Illness
30-Minute Research Education Session
Stephanie D. McGuire Wise, Christopher P. Roseman
One in four university students will be diagnosed with mental illness; many more will experience stress, anxiety and depressive symptoms. Many students will not seek treatment because of the implications of stigma. Interventions can help change attitudes toward mental illness, providing students with support and respect. This session illustrates recent research on the effect of anti-stigma interventions on the attitudes of resident advisers toward mental illness. Implications for practice will be discussed.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #223, Room A311
The Contribution of U.S. Counselor Training to the Internationalization of Counseling
30-Minute Research Education Session
Barbara Herlihy, Anabel Mifsud
As discourse around the internationalization of professional counseling continues to gain prominence in academic and clinical arenas, consideration should be given to how counselor training is lending support to the phenomenon. The purpose of this session is to present and discuss the findings of a qualitative study that investigates the current contribution of U.S. counselor training programs to the internationalization of the profession.
How Counselors Make Cultural Adaptations in Emotionally Focused Therapy

Emotionally focused therapy (EFT) is an evidence-based approach to working with couples, and like much of the clinical research conducted, the samples have not been diverse. We know from our own practices and practice networks that EFT is used with a wide variety of couples. This session will focus on how counselors integrate their cultural intentionality with EFT. We will first present the findings of our research with over 250 EFT counselors, then discuss the specific strategies these counselors have used in their work with diverse couples.

Bringing Down Systemic Walls: The Refugee Resettlement Process

Considering the significance of global, national and local events surrounding refugees, this study will illuminate individual and systemic challenges, as well as protective factors experienced by refugees. Presenters will share findings from a qualitative study that discusses refugees’ experiences during resettlement as recounted by both refugees and staff members who work in resettlement agencies. In turn, the presenters will provide counseling and advocacy strategies for mental health practitioners working with refugees.

Relapse Is Not Mandatory: A Qualitative Study on Veterans in Recovery From Alcohol

Alcohol misuse and relapse are significant problems in the general population and are even more prevalent among active duty service men and women as well as veterans of military service. Recent research identifies evidence-based practices for intervening with veterans who experience alcohol use disorder. Research is needed on how to prevent relapse with veterans and promote long-term recovery. Research based on grounded theory will be presented which was based on veteran
participants conceptualization of relapse and recovery.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #228, Room A405
Examining the Impact of a Couple Intervention Program on Parental Outcomes
30-Minute Research Education Session
Dalena L. Dillman Taylor, Sejal Barden, Ryan G. Carlson
This session highlights a federally funded randomized control trial project that evaluates the effectiveness of a couple’s intervention on parental outcomes. The presenters will discuss previous research on couple interventions that examined the “spill-over effect” into parental outcomes, Project Harmony’s research findings with 500+ couples, and the need for future research in the area of couple interventions, specifically as it relates to the parent-child relationship.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #229, Room A402
Researching Therapeutic Relationship Behaviors Among Expert Therapists
30-Minute Research Education Session
Andrew Baker, Paul Peluso
The therapeutic relationship is critical to therapeutic success, yet sound research methods examining the relationship have shown to be difficult. Research findings from examining expert therapists in cognitive, psychodynamic, emotion-focused and Adlerian therapy will be discussed. Commonalities among approaches and implications for further research, counselor education and clinical practice will be highlighted.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #231, Room A315
The Role of Social Support and Self-compassion on Sexual Minorities’ Career Decision
30-Minute Research Education Session
Hansori Jang, Donghun Lee
This study examines the effects of lesbian, gay, and bisexual (LGB) identity on career decision-making self-efficacy. For this purpose, this study utilizes a mediation model that incorporates a personal (self-compassion) and an environmental (social support) factor as key model variables. This study applies structural equation modeling (SEM) to identify mediating factors that contribute to career decision-making self-efficacy for LGB college students.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #232, Room A316
The Child Discipline Practices of Jamaican Immigrant Parents in the U.S.
30-Minute Research Education Session
Stephaney Morrison, Rommel Johnson
Little is known about the child discipline techniques of Jamaican immigrants in the United States. This session uses data from a larger study that investigated the child discipline techniques of first generation Jamaican immigrant parents to the United States (N=311). Findings from this quantitative study show that parents use a variety of child discipline practices, impacted by factors such as education, age, income, and time in the U.S. Recommendations for counseling and future research will be presented.
An Exploration of Student Intersectionality in School Counselor Referral
Jennifer R. Brodar
The counseling literature often focuses on issues of race/ethnicity or students in special education, yet little is known about the demographics of students referred to the school counselor. Namely, are these populations represented equitably in counselor referral? Using a nationally representative dataset, the present study examined differences in counselor referral by race/ethnicity, by special education category and the intersectionality of race/ethnicity and special education. Results and implications are discussed.

Modeling Wellness for Supervisees: Using the Supervision Relationship as Catalyst
Kevin A. Doyle
While wellness planning and assessment in supervision has been shown to be effective in improving supervisee wellness (Lenz et al., 2012; Storlie & Smith, 2012), the role of modeled wellness by the supervisor has gone unexamined. This session will highlight original research examining how modeled wellness by the supervisor can influence supervisee wellness and how the supervision relationship increases this effect. Research design, implications of findings and limitations will be discussed.

Understanding Adverse Childhood Experiences, Social Anxiety, Coping and Gaming
Robin Guill Liles
This interactive research education session will focus on results from an experimental study investigating adverse childhood experiences, generalized trauma, social anxiety, coping and gaming. The premise put forth in this investigation included gaming (and particularly fighting games) as a viable intervention for working with clients suffering with social anxiety. Results from the study will be shared and the utility of gaming as a clinical intervention will be discussed. Handouts will be provided.

Addressing the Needs of Children with Mental Illness in High-Poverty Schools
La Vera C. Brown, Tahani Dari
According to the Department of Public Education, one in every five public schools is categorized as high-poverty. Moreover, literature about the effects of poverty on children from an ecological perspective has increased. This session will provide an overview of a recent qualitative study that explored the perspectives of elementary school counselors and their work in high-poverty schools.
while serving children with mental illness. Also, practical interventions to identify perceived barriers will be discussed.

5:15 pm – 5:45 pm
ACA Client-Focused Research Series
Program ID #237, Room A409
An Analysis of Curative Factors in Self-help Groups: Lessons Learned for Counselors
30-Minute Research Education Session
Scott L. Tracy, Joanne Cohen, Flishatee Rodriguez
This session reviews results from a study conducted by Cohen, Tracy and Rodriguez (2017) that analyzed observations of curative and non-curative factors in self-help groups. This session explores the benefits and deleterious effects of self-help group participation. Practicing counselors often encounter clients who are also involved in self-help groups. The presenters will deliver a model that counselors may follow for use in clients who are in individual therapy as well as being an active participant in a self-help group.

Saturday, April 28

7:30 am – 8:30 am
ACA Book Author Session
Program ID #238, Room A411
Reality Therapy and Self-Evaluation: The Key to Client Change
60-Minute Education Session
Robert E. Wubbolding
Practical and immediately usable counseling interventions are take away outcomes of this presentation. Participants will be able to share ideas with colleagues and will receive handouts to be reproduced for further study. Self-evaluation, the cornerstone of reality therapy, helps clients make better choices by examining the effectiveness of their choices and the attainability of their wants. Participants will also learn the significance of the counseling relationship in the practice of reality therapy.

7:30 am – 8:30 am
For Graduate Students and New Professionals Only Series
Program ID #240, Room A305
Running an Effective Group: What Graduate Students and New Professionals Need to Know
60-Minute Education Session
Samuel T. Gladding
Groups advance and become productive or they become stagnant and sick. This session will concentrate on how leaders can help groups develop in dynamic and healthy ways. The specific focus will be on what can be done to help the group stay fluid.
and focused and deal with difficult situations and members. Attention will especially be on working with counseling and task groups. Attendees will have an opportunity to become involved in simulated group experiences and observations.

7:30 am – 8:30 am  ■  ◆
Program ID #241, Room A302
Understanding and Processing Challenging Counseling Relationships
60-Minute Clinician Education Session
Richard S. Balkin, Jeffrey Kottler
What do you do when your counseling relationships are failing? What do you tell yourself about these often frustrating and mutually unsatisfying encounters? We seem to be inundated with strategies, theories and techniques that are supposed to contribute to success with our clients, but when nothing seems to be working, what do you as a last resort? This session will highlight some of the factors, strategies and life lessons that provide meaningful, relational engagement to help our most challenging clients.

7:30 am – 8:30 am  ■  ◆
Program ID #242, Room A301
Integrating Spirituality and Religion Into Counseling Older Adults
60-Minute Education Session, Advanced
Robert A. Dobmeier, Crystal Neal, Amber Randolph, Daniel Joynt
Spirituality refers to the search for meaning, wellness and connections. Many consumers of counseling services choose to use their spirituality or religious beliefs to help them cope with mental health problems. Attendees will learn about the mental health needs of older adults, as well as interventions that center on empowerment of the individual used in combination with spiritual or religious practices to help the individual to strengthen self-awareness and connections with self and others.

7:30 am – 8:30 am  ■  ◆
Program ID #243, Room A301
Counseling Military Clients in Community and Private-practice Settings
60-Minute Clinician Education Session
Elizabeth E. Burgin, Elizabeth A.Prosek, Katherine M. Atkins, Tiffany Reves
Military members’ experiences seeking mental health services may inform their conceptualization of counseling. However, recent legislative changes allow professional counselors to provide services. Counselors using a strengths-based model may provide a different mental health experience for military clients seeking services in the community. Presenters incorporate military culture and ethics as means to promote positive counseling experiences for military-connected clients.

7:30 am – 8:30 am  ■  ◆
Program ID #244, Room A311
Improving Transitions: Building TGNC Competencies and Alliances in K–12 Settings
60-Minute Clinician Education Session
Jonathan E. Procter, Rafe McCullough, Rachael Whitaker, Franco Dispensa, Kathleen Keefe-Cooperman
School counselors and school counselor trainees face unique and complex sets of circumstances when supporting students identifying as transgender or gender nonconforming (TGNC).
This session focuses on developing a working understanding of the challenges and complexities TGNC students face in K–12 settings. Attendees will gain proficiencies needed to effectively work with parents, students and K–12 educators/administrators to support the needs of TGNC students while navigating the ambiguous legal landscape.

7:30 am – 8:30 am ■
AARC Featured Session
Program ID #245, Room A312
I Will Care for You and You Will Care for Them: Attending to Wellness in Supervision
60-Minute Education Session
A Stephen Lenz, Jennifer Gerlach, Danielle Pester, Julia Dell’Aquila
This session will provide a discussion about strategies for promoting supervisee wellness along with their clinical skills and client welfare. We will provide you with a flexible approach to use the Wellness Model of Supervision based on our experiences with counseling students and emerging professionals across settings. There is some convincing evidence out there that this strategy works for supervisees and clients — let us show you how to get started.

7:30 am – 8:30 am ■◆
AADA Featured Session
Program ID #246, Room A314
What Do Women Want Today? Helping Women Clients Reach their Goals
60-Minute Education Session, Advanced
Suzanne Degges-White, Marcela Kepic, Katherine M. Hermann-Turner, Wendy K. Killam
It has been roughly a century since Freud posed a question about “what women want,” and the culturally correct answer has shifted dramatically from generation to generation. As fertility and life spans have been greatly affected by modern science, the choices for women have grown exponentially as they craft a life story. In this Session the presenters will explore the ways in which the seemingly limitless options may lead to distress as well as share some of the most promising therapeutic options for best serving your clients.

7:30 am – 8:30 am ■◆
Program ID #247, Room A313
Men Reflecting on Their Experiences of Miscarriage: A Strengths-Based Perspective
60-Minute Education Session
Nathaniel J. Wagner, Colin T. Vaughn
Miscarriage is a common occurrence, yet it often remains taboo to discuss openly. This taboo, combined with intense grief and cultural expectations of gender roles, presents difficulties for fathers and the professionals who work with them. This session will present findings from a study of men who have experienced miscarriage in the past and their efforts at reflection and meaning-making, along with specific, strengths-based approaches for working with men grieving miscarriage in individual, couples or family contexts.

7:30 am – 8:30 am ■◆
Program ID #248, Room A404
Our Hair-itage Story: The Courageous Conversations About Black Hair and Mental Health
60-Minute Education Session
Noreal Armstrong

From one to many the story of hair has significance to who we are. We are more than our hair as India Arie proclaims, yet we still tend to be defined by it. This session reveals the stories of professional Black women and their journey to find peace, acceptance and mental wellness amidst the negative and oppressive actions of those unaware. Come learn so you can be a part of the solution.

7:30 am – 8:30 am
Program ID #249, Room A405
Improving Treatment Outcomes for Children in Foster Care Through Caregiver Engagement
60-Minute Clinician Education Session, Advanced
Brooke C. Wymer

This session will address trauma treatment of children in foster care and how caregiver engagement could enhance the child’s ability to navigate the healing process. Prevalence and significance of this issue will be addressed, along with proposed solutions for practitioners to engage caregivers in the child’s trauma treatment through increased collaboration.

7:30 am – 8:30 am
Program ID #250, Room A402
Operationalizing Intersectionality in Counseling: Paradigmatic Research Insights
60-Minute Education Session
Christian D. Chan, Kim Lee Hughes, Adrienne N. Erby

The intersectionality paradigm has emerged as a framework to meet a paradigm shift in multiculturalism and social justice that contests unilateral perspectives of social identity. There are methodological challenges in both quantitative, qualitative, and mixed-methods research design, which range from negotiating research questions to philosophical approaches. With participants, the presenters will co-construct applications that underlie intersectionality to implement across research design in counseling.
explore the evolving nature of comic books and how they have become more diverse. The application of comic books in the counseling setting will be examined in individual and group setting using bibliotherapy and narrative art therapy.

**7:30 am – 8:30 am**

Program ID #254, Room A408

**Current Sociopolitical Climate Impact on International Student/Immigrant Safety**

60-Minute Education Session, Advanced

*Sonia H. Ramrakhiani*

Of the 3 million international students in the world, over one-third of them are in the United States. Given the recent sociopolitical climate, their safety and related emotional well-being needs require our attention. The presenters highlight research on the experiences and perceptions of international students’ campus safety. Findings suggest the role of demographic factors (race, nationality, spiritual/religious belief, English proficiency) as facilitative or risk factors. Implications for practice are highlighted.

**7:30 am – 8:30 am**

Program ID #255, Room A407

**Medicated Traumatized Minors: A Time for Deeper Knowledge of Psychopharmacology**

60-Minute Education Session, Advanced

*Edward (Franc) Hudspeth*

This session guides counselors in an advanced exploration of brain development, neurobiology, and psychopharmacology as they interact with maltreated children and adolescents. Counselors will learn targeted ways to improve the negative impact of medication on emotions and cognitions. In addition, they will explore their roles as advocates for medicated minors as well as the ethics of their involvement in and support for medicated minors.

**7:30 am – 8:30 am**

Program ID #256, Room A406

**Compassion and Self-compassion: Therapeutic Approaches to Heal from Grief and Loss**

60-Minute Education Session, Advanced

*Susan Stuntzner*

Compassion and self-compassion are two concepts gaining momentum in recent years. Both demonstrate support as healing agents when people experience hurt, pain, grief, and loss. Because grief and loss is difficult for many individuals, professionals are afforded the opportunity to learn about and understand the meaning of compassion and self-compassion, barriers to and benefits of both constructs, ways they are related to coping with grief and loss, and counseling approaches and strategies for compassion cultivation.

**7:30 am – 8:30 am**

Program ID #257, Room A401

**Foundations of Program Evaluation in an Age of Accreditation**

60-Minute Education Session

*Jeff Parsons, Amber Hord-Helme*

This session will train participants on the fundamentals of program evaluation for the purpose of program improvement and accreditation. Using the Logic model of program evaluation, participants will learn methods for effectively
evaluating their programs. The 2016 CACREP Standards will be used as a framework to explore evaluation processes and expectations. However, principles from this session can also be applied for institutional and regional accreditation purposes.

7:30 am – 8:30 am ■
Program ID #258, Room A409
Working With Deaf Clients: Cultural Competence for Counselors
60-Minute Education Session
Jessica R. Guess
Mental health counselors working with individuals who are deaf face some unique challenges. This presentation addresses issues related to Deaf culture, communication, interpreter use, and diagnostic measures and assessments. There is a need for more counselors who are culturally competent to work with individuals who are deaf. In an attempt to address the important factors related to deafness and counseling, this presentation will outline the issues and challenges for counselors.

7:30 am – 8:30 am ■ ■ ■
Program ID #271, Room A412
Combating Opioid Abuse and Understanding Substance Use Disorder
90-Minute Education Session
Kevin S. Doyle, Kirk Bowden, Carol M. Smith
Opioid epidemic panel discussion. On April 4, 2017, members of this panel represented ACA at a Congressional briefing on the national opioid epidemic. Counselors who attend this session will understand the vastness of the nation’s opioid epidemic, how the opioid epidemic started and what needs to be done to slow the spread of the epidemic.

8:00 am – 8:30 am
ACA Client-Focused Research Series
Program ID #270, Room A315
The Impact of Emotional Expression in Counseling Outcome: Results From a Meta-Analysis
30-Minute Research Education Session
Paul R. Peluso, Robert Freund
The presenters were invited to contribute to the third edition of “Psychotherapy Relationships That Work” by John Norcross and Bruce Wampold on the impact of emotional expressions on the therapeutic relationship. Two meta-analyses were conducted (one for client expressions and one for counselor expressions) on the counseling process and outcomes. Lastly, the impact of including the first counselor educators an influential project and the importance for the recognition of counselors as researchers will be discussed.

8:00 am – 8:30 am ■ ■ ■
For Graduate Students and New Professionals Only Series
Program ID #271, Room A305
Becoming a Professional Counselor
90-Minute Education Session
Gerald Corey, Jamie Bludworth
The presenters will address a range of topic related to the challenges of becoming a professional counselor, such as creating a meaningful professional life, creating and maintaining your own self-care program, being aware of and managing your personal values, common concerns of beginning counselors and managing personal and professional boundaries. There will be opportunities for the attendees to raise questions to the presenters.
10:30 am – 12:00 pm  ■ ◆
Program ID #273, Room A302
**Group Counseling Reality Therapy Skills: What to Say When You Don’t Know What to Say**
90-Minute Education Session, Advanced
*Robert E. Wubbolding*
Counselors cope with feelings of being stuck and not knowing what to say by using reality therapy. In feeling lost for words, both experienced and neophyte counselors sometimes report a sense of self-doubt and powerlessness. Reality therapy provides specific alternatives for counselors whose feelings of intimidation intensify when counseling groups whose problems seem overwhelming. The advanced use of the WDEP system also helps counselors relate to clients who are different from them or are resistant and rebellious.

10:30 am – 12:00 pm  ■ ◆
Program ID #274, Room A410
**Using (Magic) Words to Influence Challenging Parents . . . With Cultural Commentary**
90-Minute Education Session, Advanced
*John Sommers-Flanagan, Sara Polanchek, Maegan Rides at the Door, Salena Beaumont Hill*
Freud once wrote, “Words were originally magic.” When working with challenging parents, it is good for counselors to know a few magic words. In this Session attendees will learn how to use their words (and thoughts) to connect with and influence parents. The presenters will review, demonstrate and discuss 10 influence strategies. Each strategy will be examined for cross-cultural goodness-of-fit. Attendees will leave with greater confidence in their ability to reach and influence challenging parents.

10:30 am – 12:00 pm  ■ ◆
Program ID #275, Room A301
**Case Conceptualization and Evidence-Based Practice: Attitudes in Training**
90-Minute Education Session, Advanced
*George Stoupas, Len Sperry, Vassilia Binensztok, Scott L. Lipp*
Case conceptualization is the heart of evidence-based practice, enabling truly individualized treatment by facilitating a deeper understanding of clients. Unfortunately, many trainees—and even experienced counselors—have indifferent or negative attitudes about these subjects. This presentation provides a proven model for teaching case conceptualization and assessing learning outcomes. It also presents new research about the influence of trainee attitudes that has major implications for counselor educators.

10:30 am – 12:00 pm  ■
ARCA Featured Session
Program ID #276, Room A311
**Disability, Race and Law Enforcement: Advocacy for People Misperceived and Mistreated by Police**
90-Minute Education Session
*Yolanda V. Edwards, Michelle Bradham-Cousar, Aisha Rousseau, Henry McCarthy*
This session will include a call to action highlighting: (1) best practices for the engagement of law enforcement with communities of color and people with disabilities and (2) the role professional counselors
can play in practices of law enforcement. This session will center on ineffective police behaviors within two marginalized communities: people of color and people with disabilities. Attendees will be encouraged to share experiences and concerns of people of color and people with disabilities.

10:30 am – 12:00 pm  ■  ◆
**CSJ Featured Session**
Program ID #277, Room A312
**Undocumented Immigrants: Challenges, Strengths and Social Justice**
90-Minute Education Session, Advanced
Selma Yznaga, Lynn Z. Tovar, Mirella Saldana, Rachael D. Goodman
This panel session will assist counselors in better serving undocumented immigrants by highlighting both the common, sociopolitical struggles and the diversity and unique strengths within these communities, including recent immigrant rights activism. The panel will discuss how counselors can better support undocumented students and clients in navigating discrimination, lack of legal status, family separation and other stressors, both within schools and in community settings.

10:30 am – 12:00 pm  ■  ◆
Program ID #278, Room A314
**Common-Factors Counseling: Using the REPLAN Model for Treatment Planning**
90-Minute Education Session
Daniel Gutierrez, Mark E. Young, Jesse Fox
With more than 200 competing psychotherapeutic approaches, how do counselors and student counselors match the right technique to the right client? The REPLAN model is an integrative and easy to apply approach to treatment that uses cutting-edge research on client outcomes and common factors to help counselors develop effective and flexible treatment plans. In this session the presenters will discuss the recent research on client outcomes and demonstrate the use of the REPLAN model.

10:30 am – 12:00 pm  ■  ◆ ▲
Program ID #279, Room A313
**Working With Sexual Offenders: An Overview of Key Treatment Approaches and Pitfalls**
90-Minute Education Session
Aklima Baksh, Paul Carrola
Counselors working with sexual offenders are often presented with unique issues that many are not prepared to treat. This session will allow attendees to not only increase their knowledge about techniques for working with sexual offenders, but also to recognize and navigate the pitfalls specific to this population, including systematic, personal and social issues.

10:30 am – 12:00 pm  ■  ◆
Program ID #280, Room A404
**Developing a Career in Gerontological Counseling**
90-Minute Education Session
Matthew C. Fullen
With 10,000 baby boomers turning 65 every day, there is growing awareness that the population is graying. Gerontological counseling is a marketable specialization yet there are barriers related to Medicare reimbursement and counselor
training. Attendees will learn how to develop a career path related to gerontological counseling by reviewing current opportunities, identifying strategies for navigating barriers and consulting with others about how to expand their opportunities in this field.

10:30 am – 12:00 pm  
Program ID #281, Room A405  
“Growing Play Therapy Up” for Older Children, Adolescents and Adults  
90-Minute Education Session, Advanced  
Jeff L. Cochran, Nancy H. Cochran  
The presenters will provide skills to adapt child-centered play therapy for older children and troubled adolescents, as well as for using child-centered principles with adults, including for one’s own self-care. Case illustrations and guidance address evolving roles of therapeutic relationships, setting and wording adjustments, materials and arts supplies, and special problems. Skills learned will prepare attendees to increase overall efficiency, especially with clients presenting tough resistance.

10:30 am – 12:00 pm  
AHC Featured Session  
Program ID #282, Room A402  
Using Mindfulness to Increase Wellness  
90-Minute Education Session  
Helena Stevens  
Defining wellness can be difficult. Identifying a theoretical approach to use can be just as challenging. Mindfulness can be an effective theory for working within the subjective nature of wellness. Participants will gain an understanding of the indivisible-self model of wellness and how to operate from a lens of mindfulness when working with clients/students. This experiential session will provide hands-on activities with mindfulness theory to help conceptualize wellness planning.

10:30 am – 12:00 pm  
Program ID #284, Room A411  
Like it or Not, Online Education is Here to Stay: Best Practices for Online Teaching  
90-Minute Education Session  
Suzan Z. Wasik, Chadwick Royal, Jennifer Barrow, Racheal Brooks  
Online education is here to stay, whether you like it or not. With increasing numbers of counselor education programs and courses adopting an online model, counselor educators have an opportunity to cross the online divide by being proactive and committed to excellence as early adopters in this frontier of educational delivery. Join this honest and informative conversation on the issues and best practices for delivering outstanding online counselor education, led by professors from an accredited online program.

10:30 am – 12:00 pm  
Program ID #285, Room A316  
Hiding in Plain Sight: Treatment Considerations for Male Survivors of Child Sexual Abuse  
90-Minute Education Session  
James M. Smith, Greg A. Holtmeyer  
For male survivors of child sexual abuse (CSA), the experience, disclosure and recovery from CSA is unique due to gender and social norms. Without knowledge of these unique experiences, providers working with male survivors of CSA could reinforce stigma and
inhibit disclosure of the trauma these individuals experienced. This session offers unique insight into this topic. Attendees will hear what recent research tells us about male survivors of CSA and will hear a first-hand account of recovery from a male survivor.

10:30 am – 12:00 pm ★ ★
Program ID #270, Room A411
Like it or Not, Online Education is Here to Stay: Best Practices for Online Teaching
90-Minute Education Session
Suzan Z. Wasik, Chadwick Royal, Jennifer Barrow, Racheal Brooks
Online education is here to stay, whether you like it or not. With increasing numbers of counselor education programs and courses adopting an online model, counselor educators have an opportunity to cross the online divide by being proactive and committed to excellence as early adopters in this frontier of educational delivery. Join this honest and informative conversation on the issues and best practices for delivering outstanding online counselor education, led by professors from an accredited online program.

10:30 am – 12:00 pm ★ ★
Program ID #286, Room A408
Neurocounseling and Trauma Work: Empirical Research Supporting Its Efficacy
90-Minute Education Session, Advanced
Lori A. Russell-Chapin, Thomas Field, Laura K. Jones
An estimated 89.7 percent of clients coming to mental health clinics have experienced at least one trauma in their lifetime (Kilpatrick et al., 2013). Counselors need to have the necessary skill set from a trauma-informed approach to understand when and how to process trauma. Learn about evidenced-based research surrounding neurocounseling the neurophysiology of traumatic stress, its impact on individuals, families and society and practice interventions that can assist counselors and clients in reducing the symptoms of trauma.

10:30 am – 12:00 pm ★ ★
Program ID #287, Room A407
Roadmap for Healing: Core Issues in Trauma Counseling
90-Minute Education Session
Stephanie Dailey, Casey A. Barrio Minton, A Stephen Lenz, Marcela Kepic, Nicole M. DiLella
This session will investigate core issues surrounding healing from and working with trauma. Topics include medical and psychosocial aspects of healing and counselor issues such as empathy fatigue and resiliency. Skills/resources that support clinical work will be highlighted. Attendees will develop a personalized roadmap for increasing competency when working with trauma survivors.

10:30 am – 12:00 pm ★ ★
Program ID #288, Room A406
Counselors for Black Lives: What You Should Know About the #BlackLivesMatter Movement
90-Minute Education Session
Raven K. Cokley
This interactive session will focus on debunking the myths and discovering the truths of the #BlackLivesMatter movement. Specifically, this session is designed for first-year counselors-in-training and others who may have minimal awareness or exposure to the #BlackLivesMatter movement.
Given the historical and present-day sociopolitical climate, it is imperative that counselors-in-training have a practical understanding of the history, prevalence and necessity of this human rights movement.

10:30 am – 12:00 pm  ■  ●
Program ID #289, Room A401
Exploring Perceptions of the Protective Factors and Risk Factors of Secondary Trauma
90-Minute Education Session
Keith J. Myers
Trauma counselors who work with trauma populations absorb the trauma narratives of their clients while sometimes developing symptoms of secondary traumatic stress (STS). It is helpful to trauma counselors to know what protects against the impact of STS and what increases its risk. This social grounded theory research examined 11 trauma therapists and explored their perceptions around the protective factors and risk factors of STS. Implications for future counseling practice and research will be discussed.

10:30 am – 12:00 pm  ■
Program ID #290, Room A409
Intuitive Clinical Supervision: Creative Solutions for Helping New Counselors
90-Minute Education Session
Stacey C. Brown, Alicia Simmons
Take your general knowledge of clinical supervision to the next level with this casual examination and discussion of intuitive supervision and relationship building. Using your therapeutic expertise, your knowledge of wellness and self-care and your abilities to build relationships, you will discover the benefit of the use of creativity and intuition to further enhance the supervision experience. Help your interns to truly become counselors to secure the integrity, ethics and abilities of the future of our profession.

2:00 pm – 3:30 pm  ■  ●
Program ID #302, Room A411
Back-Stabbers, Throat-Cutters, Sabotage, Oh My! Bullying in the Workplace
90-Minute Education Session, Advanced
Marina Williams
Workplace bullying is on the rise and it is hard to imagine any clinician working with the adult population who has not had to address this issue. But what is the clinician to do? Advise the client to go to HR? Hire a lawyer? Stand up to the bully? We know from the research that conventional tactics have dismal success rates. And yet there are strategies that do work that just might be surprising to both you and the client. Discover why bullying happens and what you can do about it, along with tips you can start using with clients tomorrow.

2:00 pm – 3:30 pm  ■
Program ID #303, Room A412
Group Counseling 101: Fifteen Essential Skills
90-Minute Education Session
Ed Jacobs, Christine Schimmel
Essential group leadership skills will be discussed and demonstrated. Skills for the beginning, middle and closing phases will be shown. Much time will be spent on the art of engagement—a key skill in effectively leading groups. Skills for controlling
difficult members will be highlighted. Creative leadership skills will be presented along with ways to engage other members while working with one member. Skills for conducting and processing exercises will be demonstrated. You will leave with new ideas.

2:00 pm – 3:30 pm ■ ◆
Program ID #304, Room A305
Trauma Assessment Made Easy: How to Use Formal and Informal Instruments With Clients
90-Minute Education Session
Jane M. Webber, J Barry Mascari
Although trauma experience is almost universal, assessing clients for trauma is a challenging and complex process. Conducting the assessment is the first step in developing a safe therapeutic relationship. Presenters will share free formal and informal trauma assessment tools and techniques, as well as self-activities for clients that facilitate trauma history disclosure. Presenters will discuss best practices, ethical standards and typical mistakes in trauma assessment that could lead to misdiagnosis, underdiagnosis or retraumatization.

2:00 pm – 3:30 pm ■
Program ID #305, Room A302
Long-Term Physical and Mental Health Implications of Childhood Sexual Abuse
90-Minute Education Session, Advanced
Anna M. Viviani, Malea L. Crosby
Childhood sexual abuse can have significant impact on survivors’ growth and development throughout the life span, including adult physical and psychological health. This session will unpack some of those concerns and the presenters will discuss recent research related to chronic pain syndrome, fibromyalgia, depression and other physical and emotional complaints and their impact on life satisfaction.

2:00 pm – 3:30 pm ■
Program ID #306, Room A410
Bridging Two Worlds: Identity Development of School Counselors and Counselor Educators
90-Minute Education Session, Advanced
Daniel Cinotti, Brandie Oliver, Denise Lenaes-Solomon
Discussions of school counselor identity mainly focus on the difference between training and practice due to the influence of principals operating from an outdated perspective. However, for many counselors the lack of a clear identity starts as early as their graduate training. In this session, the focus is on the role of the school counselor educator and the opportunities they have to advocate for the profession. This ongoing discussion is aimed at bridging the parallel issues of school counselors and those who train them.

2:00 pm – 3:30 pm ■ ◆
ALGBTIC Featured Session
Program ID #307, Room A301
The Elephant in the Room: Affectional Orientation, Ethnicity, and Religion in Counseling
90-Minute Education Session
Joel Filmore, Diane Estrada, Shon Smith, Adrienne Erby, Anna Locke, Misty Ginicola
We live in a time where we are increasingly divided based on
demographics. We see the phrase ‘religious liberty’ has become a calling cry of those who are concerned by what appears to be the disenfranchisement of their beliefs and practices. This panel discussion is a safe, open dialogue on how we as counseling professionals can work together to address the ‘elephant in the room’. We will sift through the myriad of intersectional identities so that we can focus on what is true, right, and most important, our humanity.

2:00 pm – 3:30 pm  ■  ■
**ACES Featured Session**
Program ID #308, Room A311
**Applying Advocacy and Social Justice as Professional Counselors**
90-Minute Education Session
Robert A. Dobmeier, Rafael L. Outland, Claudette Brown-Smythe
Counselors and counselor educators will learn how to apply advocacy for clients, self and their profession into their practice. Use of a social justice intervention for a vulnerable population in one’s counseling practice will be developed.

2:00 pm – 3:30 pm  ■  ■
**IAMFC Featured Session**
Program ID #309, Room A312
**Get Out Your Toolbox Again: Using 15 Experiential Activities with Families in Crisis**
90-Minute Education Session
Brandé Flamez, Janet Hicks, Cheryl Mark, Jennifer Nivin Williamson, Daniel G. Williamson
Come join us again for another hands-on presentation! Presenters will demonstrate experiential activities and techniques that can be implemented with culturally diverse families who are experiencing severe conflicts and crises. The presenters will also discuss pertinent DSM-5 diagnoses when working with families in crisis and will provide specific strategies that can be implemented with families with disruptive children.

2:00 pm – 3:30 pm  ■
Program ID #310, Room A314
**Intersectionality: The Complexity of Identity in Counseling Across Cultures**
90-Minute Education Session, Advanced
Courtland Lee
This session will examine the concept of intersectionality, the convergence of the multiple dimensions that comprise cultural identity and its importance to culturally competent counseling. First, the concept of intersectionality will be introduced. Second, the implications of intersectionality for culturally competent counseling will be discussed. Third, guidelines for teaching intersectionality in cross-cultural counseling training will be offered.

2:00 pm – 3:30 pm  ■  ■
Program ID #311, Room A313
**A Cognitive Behavioral Approach for Working With Clients Who are Angry at God**
90-Minute Education Session
LaVerne Hanes Stevens
Therapists have to walk a fine line when working with clients whose presenting concerns or underlying issues involve matters of religious or spiritual anger. The client’s history in these areas can be laden with issues of grief, loss, blame, fear, doubt and pain, leading to situational
depression and anxiety. Using a cognitive behavioral approach, therapists will learn how to effectively explore the central concerns and relevant history of a client’s spiritual or religious pain in order to improve treatment outcomes.

2:00 pm – 3:30 pm  ■  ◆
Program ID #312, Room A404

Four Years to Half a Million Dollars in Revenue: Building A Successful Cash-Only Practice
90-Minute Education Session, Advanced
Ryan T. Neace
Most counselor education programs fail to provide any training on the business-related constructs of helping professions, despite the fact that private practice is the most common vocational setting for counselors. In this session the presenter will provide a conceptual model of private practice as a self-sustaining business, including a framework for search engine optimization referral strategies and ethically-sound but financially profitable fee-structuring.

2:00 pm – 3:30 pm  ■  ◆
Program ID #313, Room A405

Postsecondary Suicide Prevention Program Development
90-Minute Education Session
Gayle L. Garcia, Shelby R. Coen, Maria Lammy
Suicide is the second leading cause of death among college age students in the United States. This session will help college counselors who have been tasked with taking on the worthwhile, but intimidating, job of creating and continuing a suicide prevention program, by providing an overview of an established suicide prevention program. Attendees will work in small groups and have time to consult with the presenters about creating, enhancing and trouble-shooting their own suicide prevention programs on their campuses.

2:00 pm – 3:30 pm  ■  ◆
MGCA Featured Session
Program ID #314, Room A402

Competencies for Counseling Military Populations
90-Minute Education Session
Elizabeth A. Prosek, Katherine M. Atkins, Elizabeth E. Burgin, Joe Wehrman, David L. Fenell
The Military and Government Counseling Association (MGCA) sponsored a task force charged with developing the first competency document to guide counselors’ clinical practice with military-connected clients. In this session, the newly created Competencies for Counseling Military Populations is discussed by the authors. A review of the core competent areas and their use for clinical and ethical decision-making, as well as use as a resource in educational and supervision settings, is provided.

2:00 pm – 3:30 pm  ■  ◆
Program ID #315, Room A403

Existentialism in Daily Life: Reflections and Lessons for Cross-Cultural Living
90-Minute Education Session, Advanced
Clemmont Vontress, Andre Marseille
Existentialism is a philosophy in which people recognize the reality of human existence. Basic to this reality is the continuous movement toward death. Frequent national and international travel caused presenter Clemmont Vontress to develop a global
perspective of humankind. It also contributed to his development of an existential approach to cross-cultural counseling. According to him, existentialism develops and enhances our relationships with ourselves, others, nature and spirituality.

2:00 pm – 3:30 pm  ■
Program ID #317, Room A316
Ethical Considerations When Working With Adolescents
90-Minute Education Session
Kellie Giorgio Camelford, Erin M. Dugan
Working with minors is a challenging yet rewarding experience because every adolescent has an ethical right to confidentiality in counseling and every parent has legal rights to protect their children. In this session the presenters will discuss developmental considerations and ethical issues related to minors, such as informed consent, confidentiality, personal values and risky behaviors. An ethical decision-making model and parent consultation techniques will be highlighted as best practice strategies for working with adolescent clients.

2:00 pm – 3:30 pm  ■
Program ID #318, Room A408
The Transition to Adulthood: Counseling Young Adults With Autism and Their Families
90-Minute Education Session, Advanced
Michelle McKnight-Lizotte
The transition from high school to college or employment is a time where young adults experience excitement and independence; however, for individuals with autism spectrum disorders this transition is often filled with anxiety and uncertainty. The decisions made during this period of time impact the individual as well as the entire family. This session will discuss the factors related to autism spectrum disorders in young adulthood one may encounter when counseling young adults, such as family and sibling issues and marriage.

2:00 pm – 3:30 pm  ■
Program ID #319, Room A407
Narrative Solution to Somatic Problems: Narrative Therapy, Eating Disorders and Obesity
90-Minute Education Session
Erin E. Neuman-Boone, Anthony M. Boone
The presenters describe the clinical aspects of eating disorders and obesity and the role of professional counselors in treatment. The presenters include an overview of narrative therapy techniques, such as deconstructing conversations, externalizing and renarrating the problem and grasping the multistoried individual, as well as the application of these techniques in the treatment of eating disorders and obesity.

2:00 pm – 3:30 pm  ■  ◆
Program ID #320, Room A406
Use of Evidence-Based Practices With Oppressed Populations: Focus on Techniques
90-Minute Education Session
Geri A. Miller, Glenda S. Johnson, Tuesday Feral, William Luckett, Daniel Burks
This session is based on the theory, research and utilization of evidence-based practices as they are applied in counseling various oppressed populations, with a focus on the rural Appalachian community, ethnic minority/deaf students, transgender
individuals and adolescent addicts. The presenters will focus on the following evidence-based practices: motivational interviewing, stages of change and brief therapy. The session will also provide attendees with opportunities to practice these techniques through role-plays and case studies.

2:00 pm – 3:30 pm  ■  ●
NECA Featured Session
Program ID #321, Room A401
Take A.I.M: Developing Youth-Contextual Themes and Commonalities
90-Minute Education Session
This session will explore a philosophical framework for youth engagement and development. Using this framework, participants will examine contextual themes and commonalities. Attendees will explore the dynamic between the philosophical framework and transformative learning. Based on research and evidence-based program models, strategies for promoting positive behavior and program outcomes will be provided.

2:00 pm – 3:30 pm  ■
Program ID #322, Room A409
Practicing Cultural Encounters: Responding with Competence
90-Minute Education Session, Advanced
Harriet L. Glosoff, Rafe McCullough, Monica Paige Band, Cheryl Holcomb-McCoy, Tameeka Hunter, Richard C. Watts, A’asha M. Christian
Attendees will engage with a panel of experts who represent diverse roles and ideologies in professional counseling. Discussion will focus on experiences of resilience and examples of micro, mezzo, and macro levels of aggression to show the breadth of complexity of multicultural work. Panelists will address questions from attendees and discuss ethical guidelines and strategies for using our counseling skills to navigate these difficult dialogues and ensure cultural responsiveness of counseling professionals.

4:00 pm – 5:00 pm  ■  ●
Program ID #324, Room A411
Humor, Health and Healing: When and How to Use Levity in Counseling
60-Minute Education Session
Samuel T. Gladding
The use of humor is like other counseling techniques: it can hurt or it can heal. This session will examine when and how humor can be used in counseling across the life span, considering multicultural factors and other variables, such as age, sexuality and ability. The focus will be on how humor can help clients in multiple circumstances broaden their perspectives, become more positive and lighthearted and find meaningfulness, balance and levity in their lives. Evidence-based research will be discussed as well as case studies.

Richard S. Balkin, Robert L. Smith
The session will provide the opportunity for participants to better understand the dissertation process and all of the components of a proposal. Emphasis will be placed on how to narrow down a dissertation topic, select a dissertation committee, and write a quality proposal. Examples of quantitative and qualitative proposals will be provided. The presentation will conclude with information on preparing for one’s defense and disseminating a dissertation to the professional community.

4:00 pm – 5:00 pm □ □ ▲
Program ID #325, Room A412
Addiction in the Schools: Improving Training for School Counselors 60-Minute Education Session
LaShauna Dean, Meredith Drew, Michelle Hinkle, Karen Decker
This session will pose a change in the way substance abuse is taught within school counseling programs. School counseling programs should place more emphasis on screenings/assessment and brief interventions in training school counselors to match current trends. This session will emphasize teaching methods and content necessary for preparing school counselors to provide addiction screening, assessment and brief interventions. Identifying available resources will also be emphasized.

4:00 pm – 5:00 pm □ ★
ACA Book Author Session
Program ID #326, Room A305
Brandé Flamez, A Stephen Lenz

4:00 pm – 5:00 pm □ ★
CSI Featured Session
Program ID #328, Room A410
Leading the Way in Internationalization: Contributions of Professional
Counseling Organizations
60-Minute Education Session
Barbara Herlihy, Andreea Szilagyi, Melissa Fickling, Charles F. (Rick) Gressard, David Kaplan, Lisa Dunkley.

The internationalization of the counseling profession is proceeding at a rapid pace, bringing new opportunities and challenges. In this Session leaders in four major counseling associations (ACA, CACREP/IRCEP, CSI-I and NBCC-I) will describe the contributions their associations are making to the internationalization of counseling and will discuss how individual counseling students, practitioners and educators can get involved.

4:00 pm – 5:00 pm
Program ID #329, Room A301
#ACAVolunteers: Counselor Identity Development Through Leadership and Service
60-Minute Education Session
Latasha Y. Hicks-Becton, Tameka Oliphant, Korinne H. Babel

Professional counselor identity development is a key component of the 2016 CACREP standards and an instrumental part of who we are as counselors. Identity development occurs as we engage in academic training, direct practice, professional leadership and service. Early professional involvement may enhance the likelihood of continuous service. This session will inform attendees about the benefits of the ACA Graduate Student Volunteer Program and how it may enhance professional identity development.

4:00 pm – 5:00 pm ▶
Program ID #330, Room A311
A Child Inside of a Mixed-status Home: A Systems Perspective
60-Minute Clinician Education Session
Isabel Farrell

The term “mixed-status home” refers to households with a citizen or documented child living with one or more undocumented parent. Living in a mixed-status home can complicate a child’s development, mental health, education, cultural identity and social development. I will use Bronfenbrenner’s (1979) ecological systems theory to conceptualize the needs and barriers in the life of a child living in a mixed-status home and to provide a framework for counselors to intervene.

4:00 pm – 5:00 pm ▶
Program ID #331, Room A312
Counselor Education in CACREP-Accredited Programs: Current Issues and Information
60-Minute Education Session
Robert Urofsky

This session is an annual update on the current status of counselor education in CACREP-accredited counseling programs. The presenters will share the most current data available on CACREP-accredited programs and information on issues and trends in counselor education. Further information will be shared on federal and state issues impacting and influencing higher/counselor education. Participants will discuss the implications of these issues on future directions for counselor education and the counseling profession.
4:00 pm – 5:00 pm  ■  ▪  ■
**ASGW Featured Session**
Program ID #332, Room A314
**International Group Work Practices**
60-Minute Education Session
*Ana Puig, Tuncay Ergene*
This session will highlight the current status of group counseling internationally. Specific examples of group interventions in different settings within specific countries will be highlighted. Group counseling training in at least two countries will be reviewed and future directions and potential challenges in further development of international group counseling will be considered. Attendees will consider how lessons learned from specific cultural contexts might also apply to other contexts.

4:00 pm – 5:00 pm  ■  ▪  ■
Program ID #333, Room A313
**Building Collaborative Therapeutic Relationships Through Purposeful Practice**
60-Minute Clinician Education Session
*Heather J. Ambrose, John M. Robbins*
Counselors are expected to build and maintain positive therapeutic relationships in a variety of settings. Karl Tomm’s Ethical Postures framework is a conceptual resource used to guide clinicians in practicing congruent and purposeful behaviors with clients. Using Tomm’s Ethical Postures, the presenters will provide a conceptual map for counselors that will guide them in building collaborative client relationships and will present a framework for purposeful practice.

4:00 pm – 5:00 pm  ■  ▪  ■
**ASERVIC Featured Session**
Program ID #334, Room A404
**Addressing Client Religion and Spirituality in an Ethical and Culturally Competent Way**
60-Minute Education Session
*Amanda L. Giordano, Ana Reyes, Michael K. Schmit*
Counselors must consider both ethical codes and multicultural competencies when working with client religion and spirituality. The new Multicultural and Social Justice Counseling Competencies (MSJCC) are designed to help counselors provide culturally sensitive counseling with regard to unique cultural identities, including religion and spirituality. This session explores both multicultural competencies and ethical considerations with regard to the integration of religion and spirituality in counseling.

4:00 pm – 5:00 pm  ■
Program ID #335, Room A405
**It’s Not You, It’s Me . . . and my Brain: Implicit Bias, Neurobiology and Cultural Consciousness**
60-Minute Education Session
*Angela L. Anderson, Maia Niguel Moore, Taryne M. Mingo*
This engaging, informative, participatory presentation will enhance knowledge and skills related to interpersonal neurobiology and implicit bias in counseling and increase cultural consciousness by linking to client conceptualization frameworks. By constructing new frameworks, counselors are more likely to emphatically relate to others’ experiences, without clouds of implicit bias. Applications to
practice, supervision, advocacy and community training.

4:00 pm – 5:00 pm
Program ID #336, Room A402

Job Readiness for Youth With Disabilities: Macro-Level Barriers and Interventions
60-Minute Education Session
Jessica R. Guess, Tamekia R. Bell
The challenges faced by youth with disabilities in the employment arena can be staggering. This session will look at the effect of stigma as a macro-level barrier experienced by youth with disabilities and the impact that has on job readiness and employment. In addition to discussing the challenges, possible interventions will be discussed.

4:00 pm – 5:00 pm
Program ID #337, Room A403

The Impact of Hate: Ethnic Identity and Racism in Latina/o Undergraduates
60-Minute Education Session
Carlos P. Hipolito-Delgado
Ethnic identity is a crucial construct for understanding the mental health and academic success of Latinas/os undergraduates. However, the rise of racism against Latinas/os requires an understanding of how racism and internalized racism impact the ethnic identity and academic success of Latina/o students. Results from a study of 350 Latina/o students that explored predictors of ethnic identity will be shared. The relationship between racism and ethnic identity in Latina/o students will be discussed.

4:00 pm – 5:00 pm
Program ID #339, Room A402

Evidenced-Based and Culturally Informed Strategies for Working With Immigrant Youth
60-Minute Education Session, Advanced
Evelyn Y. Iraheta, Luis Gomez
The influx of unaccompanied immigrant youth not only makes critical that counselors become knowledgeable and aware of the unique challenges these children face, but also requires that counselors become culturally competent by acquiring psychosocial and culturally assertive counseling skills. This session provides a set of culturally effective techniques, the introduction of an innovative counseling model based on practice and empirical data to work effectively with immigrant youth and their families.

4:00 pm – 5:00 pm
Program ID #340, Room A408

The Incompetent Counselor: A Multicultural Approach in Working With Trans Clients
60-Minute Education Session
Rebel Marie Black
This session will help counselors gain competency in working with transgender clients; more specifically, it will help address conflicts historically presented to transgender clients when seeking counseling. An in-depth look will provide an opportunity to formulate remedies for these microaggressions.

4:00 pm – 5:00 pm
GCA Featured Session
Program ID #341, Room A407

Courage, Honor, and Selfless Service: Improving Cultural
Competence With Veterans
60-Minute Education Session
Keith Myers
An increasing number of veterans are seeking clinical mental health services outside of traditional military providers such as the Veterans Affairs Medical Center (VAMC). However, conclusions from Tanellian et al. (2014) suggest that the majority of non-VAMC private therapists may be unequipped to serve Veterans due to a lack of cultural competence. The purpose of this session is to increase the competence and knowledge of all counselors with regards to working with the veteran population. Significant issues discussed will include military culture, combat PTSD, cultural values and ethos, evidence-based treatments of combat trauma, deployment and reintegration issues, and practical methods of building rapport with the population. Clinical case studies will be presented and discussed.

4:00 pm – 5:00 pm
Program ID #342, Room A406
Assessment, Intervention and Referral in Early Onset Psychosis
60-Minute Clinician Education Session
Caroline Silva
All counselors recognize the devastation caused when someone experiences psychosis. The toll on individuals, families and society is profound. For many years treatments were limited and outcomes poor, leaving clients and families suffering with little hope. In recent years, treatments have improved dramatically allowing patients to manage their symptoms and live more meaningful lives. In this Session clinicians will be able to identify recent advances in treatment, barriers to treatment and effective intervention.

4:00 pm – 5:00 pm
Program ID #343, Room A401
Salutogenesis: A Strength-Based Approach to the Work of Trauma-Informed Care
60-Minute Education Session, Advanced
Eric W. Owens, Debra G. Hyatt-Burkhart
This session will provide participants with a new approach for the treatment of trauma. Attendees will learn the theoretical underpinnings of Salutogenesis, the research that supports the use of this approach, and specific treatment techniques. This session also examines Salutogenic approaches to supervision that can improve client outcomes and mitigate negative trainee results while enhancing possible benefits gained from the work.

4:00 pm – 5:00 pm
Program ID #344, Room A409
Kids Aren’t Born Bullies: Cutting Edge Research on the Nature of Bullying Behaviors
60-Minute Education Session, Advanced
Janet Hicks, Stephan Berry
School counselors face challenges when implementing anti-bullying strategies in schools. While many anti-bullying programs are available, few are efficacious and most offer little assurance they actually help children. The presenters discuss research findings that help school counselors understand children’s bullying behaviors and develop efficacious counseling strategies. Specific program information will be given and
attendees have permission to use the research-based materials created by these researchers.

Sunday, April 29

7:30 am – 8:30 am ■
Program ID #356, Room A411
Soldier’s Heart: Counseling Combat Veterans at End of Life
60-Minute Education Session
Cynthia A. Briggs
Counselors may feel unequipped to address the personal, spiritual and trauma needs of veterans at end-of-life, but must develop fluidity, adaptability and courage for these important final conversations. Research on this topic has largely been conducted in the medical community, but counselors play a significant role in supporting veterans in making peaceful transitions from life to death. This presentation draws on interviews with over 80 veterans to identify insight and knowledge about their end-of-life needs.

7:30 am – 8:30 am ●
Program ID #357, Room A412
A Counselor’s Guide to Medication-Assisted Treatment for Opioid Addiction
60-Minute Education Session
Brian Russ, Bruce Baker
As a counselor, have you ever wondered what you can do about the opioid epidemic? Have you ever had questions about medication-assisted treatment programs (MATPs)? If so, you do not want to miss this session! With a focus on providing baseline information for counselors new to opioid addiction, the presenters will utilize their combined expertise in clinical mental health counseling and addictionology to answer your questions about individuals with an opioid addiction and MATPs.

7:30 am – 8:30 am ■
Program ID #358, Room A305
Innovative Counseling and Wellness Interventions for Veteran-Specific Mental Health
60-Minute Clinician Education Session
Justin G. Jacques, Adam M. Popp, Herbert Hayes
A former university counseling center director, who is a current Ph.D. student at The George Washington University, and a master’s student at The George Washington University, who is a decorated veteran of the United States Air Force, will provide information about the emerging field and practice of wellness/health promotion clinical counseling as it relates to veterans suffering from military specific mental health issues. Convincing empirical evidence will be provided for health and wellness counseling considerations.

7:30 am – 8:30 am ■
Program ID #359, Room A302
Decentralizing Whiteness and Other Forms of Privilege: Lessons from Standing Rock
60-Minute Education Session
Amney J. Harper, Judy A. Daniels, Renae D. Swanson
This session draws on lessons learned from the Oceti Sakowin camp during the Dakota Access Pipeline Protests. It examines how Whiteness and other forms of privilege are typically centered in dialogues in classrooms, groups and counseling sessions, especially in predominantly White
spaces. It explores how privilege re-centers itself when decentralization is attempted and it offers opportunities for participants to learn how to recognize the dynamics of centering/re-centering to developing more inclusive spaces.

7:30 am – 8:30 am ■ ◆
Program ID #360, Room A410
The Future of Spiritual Inclusion in Counseling and Counselor Education: A Panel Discussion
60-Minute Education Session
Kevin C. Snow, Anita A. Neuer Colburn, Greg Sandman, Cyndi Matthews
Spirituality (with/without religion) is a central component of wellness. Yet, counselors/educators still struggle to competently integrate spirituality/religion into their work. This session will examine the impact of recent “conscience clause” legislation on helping clients and educators embrace spirituality/religion in the clinic and classroom from a spiritually inclusive perspective. Presenters will discuss strategies to resolve values conflicts with clients and among counselors and supervisors/educators.

7:30 am – 8:30 am ■
Program ID #361, Room A301
Complex Trauma in Children: Addressing the Impact of Parental Incarceration
60-Minute Education Session
Fawn Robinson, Jamie E. Gorgacz, Catherine Carole Sittig, Kimberly Joy Hixon
This session calls attention to the need for collaborative interventions for serving children of incarcerated parents. Increased awareness of risk factors can be crucial in the improvement of life outcomes. This session will be a structured discussion centered on the extant literature and will emphasize the pertinence of increased research, early intervention, advocacy and development of evidenced-based resources, programs and interventions to serve this population in a multifaceted manner.

7:30 am – 8:30 am ■
Program ID #362, Room A311
The Meaning and Experiences of Violence Among Urban African-American Adolescent Males
60-Minute Education Session
Rafael L. Outland
Research related to the meaning urban African-American adolescent males (UAAM) place on their past histories of violence is limited. This qualitative study explores the meaning and experiences of violence among UAAM. Themes related to UAAM’s perceptions, attitudes, and beliefs about experiences of violence in their school and community, as well as implications for counselors who work with UAAM and their families, are discussed. Experiential learning activities will also be used during this presentation.

7:30 am – 8:30 am ■ ◆
Program ID #363, Room A312
Depression and Self-Esteem of Black Males in College
60-Minute Education Session
Ikone Tafari Mason, Chandra Johnson, Asha S. Dickerson
This session will discuss the educational plight of Black males in the United States through a psychosocial lens. Attendees will hear the results of a quasi-experimental study that examined depressive
symptoms, perceived social support and self-esteem in Black male college students who matriculated in historically Black colleges and universities and predominately White institutions. Implications and suggestions for counselors, who are concerned with not only the academic but the psychosocial development of Black college males, will be shared.

7:30 am – 8:30 am Program ID #364, Room A314 
Exposure With Response Prevention Therapy for Obsessive-Compulsive Disorder 
60-Minute Clinician Education Session, Advanced 
Koun Eum

Exposure with response prevention (ERP) therapy is an evidence-based treatment considered to be the gold standard treatment for obsessive-compulsive disorder (Kircanski et al, 2011). This session will provide an in-depth overview of obsessive-compulsive disorder and focus on features distinguishing clinical obsessions/compulsions from normal obsessions/compulsions and on special issues in diagnosis. Attendees will also learn the underlying principles of ERP and how to implement it using a clinical case scenario.

7:30 am – 8:30 am For Graduate Students and New Professionals Only Series Program ID #365, Room A313 
Career GPS: How to Navigate Your Career in the Counseling Profession 
60-Minute Education Session 
Danielle Irving-Johnson

Without a strategy or a plan, the task of navigating your career as a graduate student or new professional can be overwhelming. Let the ACA be your GPS, by providing guidance and helping you reach your career goals. The ACA’s Career services specialist will provide trending career-related information specific to the counseling profession, assistance with cover letter and résumé writing, interview tips, job search techniques and more!

7:30 am – 8:30 am Program ID #366, Room A404 
The Wellness Workshop: Practical Wellness Counseling Techniques for Your Toolbox 
60-Minute Clinician Education Session 
Jonathan H. Ohrt, Abigail Holland Conley

There is a significant need for counselors who are knowledgeable and skilled at wellness counseling approaches. The presenters will illuminate a new five-domain conceptual framework of wellness and offer practical skills for implementing this approach to assessment, treatment planning and intervention. Emphasis will be placed on usable skills for implementing wellness counseling with people with severe mental health concerns and “worried well” clients in clinical and school settings.

7:30 am – 8:30 am Program ID #367, Room A405 
Ethical and Legal Implications of Supervising Bilingual Counselors 
60-Minute Education Session 
Vanessa Michelle Perry, Shari M. Sias, Alejandro Menchaca

With an increasing number of homes speaking languages other than English, bilingual counselors
have become more commonplace. Spanish-English bilingual (SEB) counselors have unique clinical supervision needs that are not readily met by the current supervision paradigm. This session explores how SEB counselors experience supervision and what their supervision needs are. The primary focus of this session is the ethical and legal implications of supervising SEB counselors.

7:30 am – 8:30 am ■ ■
Program ID #368, Room A402
Global Compassion Fatigue: Protecting Our Empathy in Today’s World
60-Minute Education Session
Ariann Robino
Counselors’ current understanding of compassion fatigue existing as a result of exposure to clients’ distressing session content requires expansion to capture the effect of today’s stressors. Civil rights issues, natural disasters and terrorism plague individuals on a grand scale. This presentation will introduce the concept of global compassion fatigue, in which counselors explore how their consistent media exposure to upsetting global events impacts their clinical practice and self-care.

7:30 am – 8:30 am ■
Program ID #370, Room A315
Developing a Virtual Reality Therapy Environment for Use for Children With Autism
60-Minute Education Session
Panagiotis Markopoulos
This session will briefly describe the history of autism and the traditional and technological interventions used with children diagnosed with autism. The presenters will introduce a new advanced virtual reality therapy environment using a head-mounted display technology. The presenters will also discuss and demonstrate how this cutting-edge technology can be used by counselors who work with children with autism and how they can assist children with their social skills development using this technology.

7:30 am – 8:30 am ■ ■
Program ID #371, Room A316
Understanding the Needs of Sexual and Gender Minorities With a Serious Mental Illness
60-Minute Education Session
Anthony Zazzarino, Veronica Kirkland
This session will provide counselors with a deeper understanding of the needs of sexual- and gender-nonconforming clients with a serious mental illness. Additionally, this workshop will help counselor educators become more aware of the need to train future counselors to work with this specific population.

7:30 am – 8:30 am ■
Program ID #373, Room A407
Fostering Resilience in Families With Children With Autism Spectrum Disorder
60-Minute Clinician Education Session
Chinwe U. Williams, Lesley D. Riley
Autism is a rapidly growing developmental disorder in the U.S. Due to cognitive and adaptive challenges that place limitations on the family and the advancement of information regarding causes and treatment, parents experience difficulty in selecting appropriate interventions for their children. Counselors possess competencies that
foster resiliency with this population. This session will discuss experiences in raising children with ASD and offer recommendations for interventions to promote family resilience.

**7:30 am – 8:30 am**  
**ACC Featured Session**  
Program ID #375, Room A401  
**Creativity in Counseling: Using the Enneagram Personality Typology in Counseling Practice**  
60-Minute Education Session  
Shane Haberstroh, Thelma Duffey  
The presenters will discuss the Enneagram Personality Typology as a framework that counselors can use in creative counseling practice. Through case examples and role-plays, this presentation will explore how counselors can personalize interventions to explore relationship dynamics, enhance clients’ creativity and conceptualize directions for personal growth.

**8:45 am – 10:15 am**  
**CSI Featured Session**  
Program ID #388, Room A302  
**CSI Leadership Workshop: Building Community as Leaders During Times of Adversity and Opportunity**  
90-Minute Education Session  
Danica G. Hays  
CSI members are called in their professional advocacy work in academic and clinical settings to build a culture of leadership. During adverse times such as crises and challenges to social justice, individuals have the opportunity to engage as a community of leaders at local and national levels. This session will highlight strategies for CSI members to engage intentionally in leadership during these times, outlining key
leadership and advocacy principles to help build community.

8:45 am – 10:15 am ■ ◆
Program ID #390, Room A301
Students Addressing Race and Privilege: Counselors Implementing Social Change
90-Minute Education Session
John Dewell, Oriel Romano, Sean Brite, Keri Satterfield
A student panel describes a group founded to address issues of race, racial identity, power and privilege as part of their multicultural education. Presenters describe projects addressing social justice, designing multicultural education curriculum and creating a racial identity process group to aid personal racial identity development. The group provides a model educators and students can use to evaluate a program’s multicultural competence.

8:45 am – 10:15 am ■ ◆
Program ID #391, Room A311
Latinx Advocacy in Support of Immigrants: Respecting Intergroup Diversity
90-Minute Education Session, Advanced
Selma Yznaga, Tiphanie Gonzalez, Margarita Martinez, Cheryl B. Sawyer
Current events have stimulated the national conscience to resist policy changes that threaten civil and human rights. The rise in advocacy groups indicates popular dissent with orders and legislation specifically targeting the Latinx population and resulting in fear and disrupted family dynamics. This panel of leaders will discuss how current policies affect Latinxs of different national origin and geographical areas. Strategies for effective, targeted advocacy for clients as well as the profession will be provided.

8:45 am – 10:15 am ■ ◆
Program ID #392, Room A312
Pop Culture and Adolescents: Experiential Interventions to Work With Clients
90-Minute Education Session, Advanced
Meredith Drew, Michelle Hinkle, Karen Decker, LaShauna Dean
Today’s media is saturated with celebrity news that influences culture. This session will describe how celebrity news and pop culture can impact adolescents in a variety of ways in terms of presenting problems and general development and socialization. Media examples will be shown to provide instances of how adolescents can be influenced by recent celebrity news. Interventions that incorporate celebrity news and pop culture in sessions in productive ways with adolescents will also be shared.

8:45 am – 10:15 am ■ ◆▲
Program ID #393, Room A314
Home Again: Strategies That Enhance Social Reintegration for Veterans and Prisoners
90-Minute Education Session, Advanced
Ulysses Lee Moore, Janet Hicks, Dara Brown, Stephan Berry, Mary G. Mayorga
This study sought understanding of difficulties faced by veterans and previously institutionalized persons as they transitioned to life without structure. Participants struggled with issues related to job placement, relationships, time management and societal changes. Parallels emerged resulting in a basis for practical
tools and strategies. During this Session attendees will experience and practice specific social reintegration counseling techniques that will enhance the counseling process for clients.

8:45 am – 10:15 am  ■  Program ID #395, Room A404
Deconstructing Anxiety: A Powerful New Approach to Resolve Anxiety Disorders
90-Minute Education Session
Todd Evan Pressman
A groundbreaking, cutting-edge seminar for rapidly uncovering the root causes of anxiety. Attendees will learn never before presented techniques for releasing the resistances that keep anxiety alive, getting at their source and transforming them into a sense of high purpose and meaning. Come for this exciting, experiential presentation to understand how “core fear” and “chief defense” draw the blueprints of the anxious personality, and how to help your clients redraw them according to their highest ideals.

8:45 am – 10:15 am  ■  Program ID #396, Room A405
A Unique Approach for a Unique Population: Therapeutic Activities for LGBTQ+ Youth
90-Minute Education Session, Advanced
Rebecca Rudd, Megan L. Schindler, Carissa Voelker
Counselors and school counselors will learn the common stressors faced by LGBTQ+ youth and how these are similar to and different with, nonminority youth. Become proficient in creating affirming therapeutic dialogue with LGBTQ+ youth that demonstrates clinical competency. Attendees will learn and be given five experiential activities aimed at exploring and processing these unique developmental issues to further the therapeutic process.

8:45 am – 10:15 am  ■  Program ID #397, Room A402
Creative Couples Counseling Techniques: Advanced Ways to Help Clients Communicate
90-Minute Education Session, Advanced
Barbara A. Mahaffey
This presenter demonstrates how to be creative while engaging couples with techniques such as a miscommunication model integrated with the choice theory WDEP system. This session includes information on how to gain intake information while building a therapeutic alliance. There will be interactive technique demonstrations and creative tool kit handouts. These techniques include nonthreatening ways for counselors to help clients discuss their family rule book issues, diversity, barriers and life issues.

8:45 am – 10:15 am  ■  Program ID #398, Room A403
Play Therapy Interventions for Children With Spinal Muscular Atrophy
90-Minute Education Session, Advanced
Elisabeth E. Liles, Hae Choi
Spinal muscular atrophy (SMA) is the second most common fatal autosomal recessive disorder. There have been significant advances in the clinical, genetic and molecular understanding of SMA.
Far less advanced, however, is the understanding of the socioemotional well-being of children with SMA. This session will provide counselors with the information and tools they need to successfully implement child-centered play therapy in a manner that will effectively meet the socioemotional needs of children with SMA.

8:45 am – 10:15 am  ■  ◆ ▲
Program ID #399, Room A315
Function Over Form: Acceptance and Commitment Therapy for Substance Use
90-Minute Education Session
C. Missy Butts, Daniel Gutierrez
Counselors need an arsenal of counseling strategies and techniques to effectively treat substance use and prevent relapse. Acceptance and commitment therapy is an evidence-based treatment that targets psychological inflexibility through six core processes that help clients live in accordance with their values. Counselors who work with clients with problems related to substance use can benefit from a functional approach to counseling that increases values-consistent behavior change and sustained client growth.

8:45 am – 10:15 am  ■  ◆
Program ID #400, Room A316
Awakened Realities: Counseling and Advocacy for Minorities in Sociocultural Crises
90-Minute Education Session
LaVerne Hanes Stevens, Christopher B. Townsend
America’s current landscape is a highly charged sociopolitical climate, in which diverse racial, ethnic, political, religious and cultural minority groups may present with high levels of stress and trauma. It is imperative for counselors to address client concerns about victimization, hate crimes, domestic terrorism, genocide and other mass atrocities. This session will present a model for counselor responsiveness to life in America for minority populations.

8:45 am – 10:15 am  ■
Program ID #401, Room A408
Ometeotl: Exploring the Integration of Traditional Healing and Counseling Practices
90-Minute Education Session
Thomas Anthony Chávez
Traditional healing practices continue to be utilized among various cultural groups across the world and throughout the United States to address emotional, mental, physical and spiritual concerns, despite the availability of modern counseling and medical approaches. Explored in this presentation are the differences and commonalities between contemporary counseling and a traditional healing practice known as Curanderismo. Experiential exercises (optional) will be provided to further enrich understanding.

8:45 am – 10:15 am  ■
Program ID #402, Room A407
Exploring Distance Counseling Ethics: Dilemmas and Decision-Making for Counselors
90-Minute Education Session
Elizabeth Grady, Heather McKenzie, Joy Tanner
Counselors in the new millennium are challenged to adopt advanced technological practices and therefore face complex ethical issues that summon them to address unforeseen challenges. Many of these issues may
not be clearly addressed in current ethical codes. The main purpose of this presentation is to highlight recent research pertaining to the ethical dilemmas that have been reported from the counseling field, by counselors using technology, in the delivery of counseling services. The dilemmas will be explored in session.

8:45 am – 10:15 am ■
Program ID #403, Room A406
Coping With Cancer: Blending Gendered, Cultural and Spiritual Approaches
90-Minute Education Session
Kathleen McCleskey, Joanne Jodry
This interactive session will allow attendees to gain understanding about clients with cancer. The cancer experience, from diagnosis through treatment and beyond, will be explored using a blend of gendered/feminist, multicultural and spiritual perspectives. Specific counseling techniques from these approaches will be reviewed to help clients who may be facing existential/mortality issues, fear, grief and loss. Presenters will provide personal accounts and invite audience discussion on cancer experiences.

8:45 am – 10:15 am ■
Program ID #405, Room A409
Attraction to Clients and Ethical Violations: Findings From a National Survey
90-Minute Education Session, Advanced
Charles Jacob
The statutes regarding sexual relationships with clients are among the most clearly stated in the ACA Code of Ethics. While such relationships with clients have been examined in psychotherapists, the rate of occurrence for clinicians that identify as counselors and counselor educators has not been explored. Results of a national survey will be presented, as well as recent findings related to the utility of self-control strategies.

9:00 am – 10:00 am ■
Program ID #406, Room A411
Dirt Road Counseling: Evidenced-Based Interventions for Rural Mental Health Delivery
60-Minute Education Session, Advanced
Charles Crews, Tara Fox, Katye Clark
National datasets show a severe shortage of mental health providers in rural communities. The presenters will discuss current trends in the delivery of counseling and other mental health services to rural clients and communities. Current literature suggests the needs of rural clients are as diverse as those faced by clients from the inner city. This session will help counselors to connect with the most current and up-to-date practices for the delivery of evidenced-based mental health services for clients in rural areas.

9:00 am – 10:00 am ■ ♦
Program ID #407, Room A412
Human Trafficking Typologies: A Global Epidemic and Implications for Counselors
60-Minute Clinician Education Session
Letitia Browne-James, Heather A. Jamieson
Human trafficking is a global problem throughout society that affects vulnerable individuals when perpetrators deny them basic human rights. Human trafficking
typologies occur when different industries perpetuate the problem of human trafficking. To best serve victims and survivors, counselors must understand the phenomenon, including risk and protective factors, industry infrastructure and theory-driven counseling interventions.

10:30 am – 11:30 am ■ Program ID #408, Room A411
Living in the Shadows: Working With Children Impacted by the Fear of Deportation
60-Minute Education Session
Anna Lopez, Ivelisse Torres Fernandez, Lizet Lizardo, Dora Caro
Millions of families in the United States, children included, endure profound disruption due to the deportation of one or more family members. Potential consequences of fear of parental deportation will be discussed followed by an introduction to several creative interventions that may be helpful in working with children of undocumented parents. Implications for counselors, counselor educators and researchers will also be included.

10:30 am – 11:30 am ■ ■ Program ID #409, Room A412
Affirmative Intakes: Creating Intentional, Inclusive Forms to Retain Diverse Clients
60-Minute Clinician Education Session
Shannon M. Skaistis, Jennifer M. Cook, Dhanya Nair, Sydney C. Borden
How do you ask about clients’ cultural identities on your intake paperwork? Did you ever receive specific training about how to do this? In this Session we present our research findings about how clinicians ask for cultural identities on intake paperwork. We identify common issues, the implicit messages clients may receive from initial contact with their local police department, and as a hostage negotiator. This session will review basic crisis intervention skills and then illustrate these skills by playing the recording of the presenter, performing as a SWAT Negotiator, trying to assist a man who was high on meth, and considering suicide-by-cop. Self-care and coping will be discussed.

10:30 am – 12:00 pm ■ Program ID #411, Room A302
Using Motivational Interviewing With Adolescents: Mediating Issues of Resistance, Ambivalence and Change
90-Minute Education Session, Advanced
James K. Matta, Sr., Regina Schrecengost, Andrew E. Brokenshire, Bennett M. Minchen
The research literature reveals that therapy approaches developed for individuals identified with comorbid disorders is very limited and those directed toward adolescents with comorbidity are even more uncommon. The purpose of this session is to discuss how to use motivational interviewing with adolescents. Working with adolescents offers a unique set of challenges because of developmental issues. This session is designed to offer an effective approach with adolescents in the behavioral change process.

10:30 am – 12:00 pm ■ Program ID #412, Room A410
Rape Culture: Influence of Substance Use and Race/Ethnicity

90-Minute Education Session

Nedeljko Golubovic

In this session the presenters will review societal norms that contribute to the development and facilitation of rape culture. The influence of rape culture on survivors’ well-being and its role in the development of self-blame and stigma will be explored. The presenters will also discuss how substance use and race/ethnicity effect attribution of blame and responsibility in rape crimes. Implications for clinical work with clients and future research directions will be discussed.

10:30 am – 12:00 pm ■
Program ID #413, Room A301

Costs of Social Injustice to Counselors: Emerging From Burnout to Empowered Practice
90-Minute Education Session, Advanced

Rebecca L. Toporek, Kwong-Liem Karl Kwan, Tiffany O’Shaughnessy

When injustice occurs that deeply shakes us, how do we stay present for our clients and students while navigating our own internal reactions? This workshop explores these challenges using current national and local events as stimuli, identifying ethical challenges and pedagogical strategies. Participants will engage in activities and develop strategies for ethically addressing their own reactions, sustaining social justice advocacy and functioning more effectively as practitioners and educators.

10:30 am – 12:00 pm ■ ◆
Program ID #414, Room A311

Cognitive Information Processing:

Bridging the Gap Between Career and Mental Health
90-Minute Education Session

Seth C.W. Hayden, Janet G. Lenz, James P. Sampson, Jr., V. Casey Dozier

Cognitive information processing (CIP; Sampson, Peterson, Lenz, & Reardon, 2004) is a career development theory in which career and mental health are integrated into the structure of the approach. CIP focuses on concepts of readiness, decision making and the associated thoughts and feelings related to career decision making and problem-solving. Information on the connection between career and mental health, foundational elements of CIP and the application of this approach in counseling practice and training will be provided.

10:30 am – 12:00 pm ■ ◆
Program ID #415, Room A312

ACCA Featured Session

What’s Up With College Students These Days? Perspectives From the Field
90-Minute Education Session, Advanced

Lisa Adams Somerlot, Chris Corbett, Janelle C. Johnson

As is being reported in the media regularly, mental health issues on college campuses are increasing. This session will examine current trends in college students’ mental health, such as the increase in severity and acuity of symptoms, the increase of suicidality and the use of creative interventions possible with college students. The presenters work on three very different college campuses and will offer a variety of perspectives on how to best help college students stay well and succeed.
**10:30 am – 12:00 pm  ■**
Program ID #416, Room A314

**Living Through the Sandwich Generation**
90-Minute Education Session, Advanced
Joanne Cohen, Khadija Salim

Many adults take on the responsibility of caregiving for both elderly parents and growing children, in a role now referred to as the “sandwich generation.” This session begins with a review of research on sandwiched caregiver stress, burden, resilience and coping. The presenters will discuss the results of their survey research of more than 100 individuals’ retrospective accounts of growing up in a sandwich-generation family, including cultural differences in coping skills and mental health issues.

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**10:30 am – 12:00 pm  ■ ■**
Program ID #417, Room A313

**Burnout: Working With Challenging Clients**
90-Minute Education Session
Kayla Pedigo, Jason Byrd, James Osborne

Burnout is a buzzword in the counseling field, but what does it really mean? At the end of this Session attendees will be able to identify subtle (and not so subtle) signs of burnout, learn about specific strategies to maintain wellness individually and as an organization and apply these strategies immediately to continue working with challenging caseloads. This session is for anyone who needs an introduction to wellness or a gentle reminder to take care of themselves in order to effectively administer care to others.

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**10:30 am – 12:00 pm  ■ ■**
Program ID #418, Room A313

**Exploring the Sex-Positivity Approach for the Field of Counseling**
90-Minute Education Session
Shannon B. Derrmer, Molli E. Bachenberg

Sexuality is a part of everyone’s development across the life span, yet specific requirements for training on sexuality is lacking in the CACREP Standards. A sex-positive model for conceptualizing sexuality fits with the core values of the field of counseling and the roles/settings in which counselors practice. The presenters borrowed from feminist, queer theory and social work literature to create a sex-positive model for counselors.

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**10:30 am – 12:00 pm  ■ ■**
Program ID #419, Room A405

**Latinos/as in Counseling: Cultural and Spiritual Beliefs/Barriers—the Road Less Traveled**
90-Minute Education Session
Maria del Carmen Rodriguez, Carlos M. Quijada

Latinos/as are a fast-growing diverse population; 18 percent of the New Jersey population is comprised of Latinos/as, representing the largest minority in the state (NJ.com, 2011). Latinos/as’ personal and collective barriers limit their engagement and retention in counseling services. Presenters will discuss Latinos/as’ cultural heterogeneity and their key cultural/spiritual barriers, beliefs and practices, and will demonstrate culturally/spiritually relevant interventions while allowing for participants’ interactive and creative input.
10:30 am – 12:00 pm  ■
Program ID #420, Room A402
Gatekeeping in Counselor Education: Overcoming the Barriers With Best Practices
90-Minute Education Session, Advanced
Marisa L. White, Patience A. Ruffin
Anyone can counsel; it is just listening—right? Of course not, but how are counselors ensuring that only competent professionals are entering the field? To learn more about gatekeeping and remediation, you must attend this session. Presenters will share research results concerning how counselor educators experience gatekeeping and remediation. This will include barriers to gatekeeping as well as the procedures, processes and best practices used to overcome gatekeeping obstacles.

10:30 am – 12:00 pm  ■  ◆
Program ID #421, Room A403
Removing Stigma From Addiction: Language As Advocacy for the Counseling Profession
90-Minute Education Session, Advanced
Rochelle Cade, Aubrey Sejuit, Kristin Page, Bryan Stare, Christine Chasek
This interactive session provides important updates for clinicians and counselor educators who work with and teach about clients presenting with substance use problems and/or offending behaviors. Specifically, this session will address the role of language in addiction and offender counseling and the move toward person-first language that decreases stigma and increases the likelihood of positive outcomes in the counseling relationship. This session will include demonstrations, discussion and handouts.

10:30 am – 12:00 pm  ■  ◆
Program ID #422, Room A315
Collaboration With the Court: Inviting and Including Legal Professionals Into the Counseling Process
90-Minute Education Session
Donna M. Tromski-Klingshirn, Joshua Francis
Counselors in any setting will likely have clients involved with the court. Attendees will learn about the various human services and legal professionals who work with their clients in the court system and ways to collaborate with and include them in the counseling process as active participants. Using scenarios, participants will learn and practice case conceptualization and treatment planning skills for these situations. Attendees will receive specific resources and practical strategies to use in their work with court-involved clients.

10:30 am – 12:00 pm  ■  ◆
Program ID #423, Room A316
Color Conscious Multicultural Mindfulness: A Meaningful Training Experience
90-Minute Education Session, Advanced
Emi A. Lenes, Kimberly A. Hart
This interactive session will cultivate intra- as well as interpersonal cultural awareness. An experiential mindfulness activity will be provided along with a creative expression opportunity. Visible and invisible identities will be acknowledged. A handout will be provided with references on multicultural
competence, color blindness and mindfulness. Join this courageous conversation intended to expand our compassion and inspire curiosity. Your participation is welcome!

10:30 am – 12:00 pm ■
Program ID #424, Room A408
School Counselors Addressing Social Emotional Needs Through Evidenced-Based Programs
90-Minute Education Session, Advanced
Kelley Y. Olds
Students’ mental health needs are directly connected to their ability to function in academics. Schools must support students emotionally in order to support them academically. The purpose of this study was to identify how school counselors are addressing the mental health needs of their students through evidenced-based programs to increase academic success. To better understand this phenomena, school counselors shared their stories of how they have transformed their roles to foster mental wellness in their students.

10:30 am – 12:00 pm ■
Program ID #425, Room A407
Enhancing Counselors’ Competence in Adapting CBT to Panic Disorder
90-Minute Education Session
Javier Ponce
The use of evidence-based practices is counselors’ ethical responsibility. In this Session counselors will learn how to adapt cognitive behavioral therapy (CBT) to the treatment of panic disorder. This session will examine research that supports the effectiveness of CBT on panic disorder, explain the cognitive model of panic disorder and the factors that lead to its formation and provide CBT interventions that can be used specifically with panic disorder. In addition, strategies on how to enhance clients’ adherence to their action plans will be demonstrated.

10:30 am – 12:00 pm ◆
Program ID #426, Room A406
The Power of Dream Work in Counseling
90-Minute Education Session
Alwin E. Wagener, John Scott Young
Attendees will learn to work with client dreams using the cognitive experiential dream work (CEDW) model. This model has solid research support that will be briefly described. This session will include an overview of current dream research, instruction on the CEDW model, demonstrations, coaching, time for questions and answers and the opportunity to work with a dream. Attendees will gain greater awareness of dreams as an experience to explore with clients along with a clear approach to facilitate that exploration.

10:00 am – 12:00 pm ■◆
AMCD Featured Session
Program ID #427, Room A401
Enacting the Multicultural and Social Justice Competencies Across ACA Divisions
90-Minute Education Session, Advanced
Diane Estrada, Shon Smith, Joel Filmore, Anna Locke
This session presents the various pathways in which the Multicultural and Social Justice Competencies are enacted in clinical practice, supervision and counselor education by various ACA division leaders. This
session embodies the collaborative work between division leaders as they address issues of intersectional identity in the sociopolitical context of privilege and oppression.

10:30 am – 12:00 pm ■
Program ID #428, Room A409
Enhancing Trauma-Focused Clinical Supervision
90-Minute Education Session, Advanced
Stanley Hoover
Clinical supervision can be instrumental in preparing counselors to work effectively with clients who have experienced trauma. This session will examine how trauma-focused clinical supervision can help counselors to develop essential knowledge, skills and attitudes related to effective trauma counseling. Participants will have the opportunity to reflect on their own supervisory practice and develop a personal action plan to improve the quality of their work.

12:15 pm – 1:15 pm ■
Program ID #432, Room A302
Qualitative Research Design: Pitfalls and Missing Links from the Journal Review Lens
60-Minute Education Session
Kevin C. Snow, Erik Braun
Developing strong qualitative research designs and quality manuscripts for publication in national journals is challenging for new scholars and scholars-in-training. This session discusses some of the most common and egregious pitfalls and missing links to good qualitative research and manuscript design, towards better success in publishing trustworthy qualitative research and quality manuscripts, from the perspectives of two journal reviewers/editor at several national/international journals.

12:15 pm – 1:15 pm ■
Program ID #433, Room A410
Breaking Bars: Creative, Holistic, and Trauma Sensitive Techniques for Detained Youth
60-Minute Clinician Education Session
Sarah J. Fucillo, Viola Simone May
This session aims to increase the awareness of the prevalence of PTSD symptomology among minority youth in detention centers, to address the types and impact of traumatic experiences, and to discuss methods to improve the mental health of this population through a Trauma-Informed Care lens to avoid retraumatization. Attendees will walk away with creative clinical interventions that follow the Trauma Informed Care framework and can be used in a juvenile detention facility.

12:15 pm – 1:15 pm ■
Program ID #434, Room A301
Addressing Safety in Difficult Counseling Conversations
60-Minute Education Session
Justin Brogan, Elisabeth Suarez, Colette Blakely
An important concern for today is creating a safe space for people to honestly and respectfully address controversial issues. This session will discuss the conditions necessary for creating safe spaces for dialogue and brave spaces that people will authentically share their thoughts, feelings and personal perspective without condemnation, rejection or dismissal. Knowing that they will be heard and respected is key to furthering and deepening
relationships with those that have opposing or different perspectives.

**12:15 pm – 1:15 pm**

Program ID #435, Room A311

**Project Weekly Wellness:**
**A Group Intervention for LGBTQIA Community College Students**
60-Minute Education Session
Marissa Tolo, Frank Laterra-Bellino, Jennifer Cintron

Project Weekly Wellness is a multi-faceted and innovative holistic group intervention designed to improve the mental health of LGBTQIA community college students. Presenters will share the rationale for this program, the quantitative and qualitative findings from executing it, challenges and recommendations and clinical implications for working with this community. Attendees will hear about a creative approach to responding to the mental health needs of a high-risk, socially marginalized community.

**12:15 pm – 1:15 pm**

Program ID #436, Room A312

**Counseling Bereaved Partners Facing Life/Career Disruptions**
60-Minute Education Session
Robert Rogers, Raman K. Mohabir

The death of a partner impacts every aspect of the bereaved partner’s life, including physical health, mental health, spirituality, work performance and career development. Counselors can assist bereaved partners to re-envision their lives, make meaning of their careers and move forward with their lives and careers. A model for integrating bereavement and career counseling will demonstrate how counselors can assist bereaved partners.

**12:15 pm – 1:15 pm**

Program ID #437, Room A314

**Human-Animal Relational Theory: A Guide for Animal-Assisted Counseling Practice**
60-Minute Clinician Education Session
Cynthia K. Chandler

Animal-assisted counseling (AAC) is a modality growing in popularity, yet until now there was no theory to guide AAC practice. The presenter, who is a well-known expert in the field, developed human-animal relational theory (HART). HART is a ground-breaking model that explains how AAC is effective and serves as a guide for practice and supervision of AAC. HART constructs are described in context of known neuro-biological effects of human-animal interactions. Explanations for effective practice of AAC are provided.

**12:15 pm – 1:15 pm**

Program ID #438, Room A313

**Complex Trauma in Families: Techniques, Tactics and Advocacy**
60-Minute Clinician Education Session
Aubrey D. Daniels, Bagmi Das

Do you work with children, adolescents and their families? Then you either already have or most likely will experience working with clients who are impacted by complex trauma. The session will offer creative counseling techniques, tips and tactics for working with families experiencing complex trauma. Attendees will learn how to use case conceptualization to enhance counseling techniques. Advocating for families experiencing complex trauma will also be covered.
Combating Ageism and Understanding Depression With Older Adults at Risk of Suicide
60-Minute Education Session
Mary Chase Breedlove Mize, Laura R. Shannonhouse
The population of older adults is growing rapidly and, unfortunately, there is a lack of professional interest among counselors in working with older adult populations. Older adults have alarmingly high rates of suicide completion and up to 40 percent of deaths by suicide among older adults go unreported. This session will address how to identify and intervene with older adults at risk of suicide and how to support their families and caregivers.

Transitions and Expectations of the Emerging Counseling Professional
60-Minute Education Session
Kenya G. Bledsoe, Amy Davis, Devon Romero
Do graduate programs really prepare graduates to successfully transition into the workforce? Making a successful transition into the world of work is crucial for graduate students. This session will explore the opportunities and privileges as well as temptations for emerging counselors. Attendees will be provided with an overview of vocational development, phases/themes of counselor development and employment sustainability. The benefits of supervision and mentoring will also be explored.

Empowering Bereaved Clients: Posttraumatic Growth and Developmental Implications
60-Minute Education Session
Victor E. Tuazon
Posttraumatic growth (PTG) describes the process of psychological growth after surviving trauma. Attendees will be engaged through discussion about a research study on early parental death that highlights the importance of facilitating PTG in bereaved clients within a developmental context. Attendees will also learn how to facilitate PTG. Understanding how to facilitate PTG can enrich treatment modalities utilized by counselors to support and empower clients who have experienced trauma and other major life stressors.

Holistic Stress Management Techniques for Clinicians and Clients
60-Minute Education Session
Joffrey S. Suprina, Caroline Perjessy
Stress has been scientifically linked to a myriad of symptoms and diseases. This experiential workshop will review models of stress, outline the physiology of stress, discuss advantages of stress and provide techniques for counselors and their clients to use to manage stress. Psychological, sociological and physical strategies will be reviewed and practiced along with approaches to teach the strategies to your clients and encourage success.
12:15 pm – 1:15 pm
Program ID #443, Room A315
Understanding the Fluidity of Gender Identity and Sexual Identity Formation
60-Minute Education Session
Bethany Novotny
Counselors must have innovative knowledge and approaches regarding the multidimensional aspects of sexuality and gender identity. This session provides an overview of the five dimensions continuum model of biology, gender identity, gender expression, sexual/affectional orientation and sexual behavior. A case study is provided as an example of using the model with clients. The presentation will focus on the application of this multilayered approach in conceptualizing clients who identify as a sexual minority.

12:15 pm – 1:15 pm
Program ID #444, Room A316
Clean Sweep: Protecting Families and Homes of Suicidal Youth
60-Minute Clinician Education Session
Paula J. Gardner-Porter
This session will teach mental health professionals effective ways to complete a family safety plan that addresses drivers and family interactions, interventions for communication and de-escalation and a identified plan of action in case of emergency. This session will also provide a step-by-step walkthrough (safety sweep) of a virtual home to identify key areas of concern for youth safety. Information will benefit clients and families. It will also address multicultural and ethical factors.

12:15 pm – 1:15 pm
Program ID #445, Room A408
Recommendations for Including CORE Standards in CACREP Programs
60-Minute Education Session
Cecilia Guyton, Patrick Powell
CACREP is the accrediting body for counselor training programs, both at the master’s and at the doctoral levels. Until recently, counselor educators have simply needed a copy of the Standards to develop their courses and ensure that their program was in alignment with the Standards. However, with the recent notification that CACREP was merging with CORE, the accrediting body for rehabilitation counseling, many counselor educators are unsure how to include CORE standards in their programs. The focus of the session is to provide an overview of the issue and make recommendations for including CORE standards in master’s-and doctoral-level counselor education and supervision programs.

12:15 pm – 1:15 pm
Program ID #446, Room A407
Mindfulness in Schools: Planning and Implementing a School-Based Program
60-Minute Education Session
Gail K. Roaten, Elsa Soto Leggett
Mindfulness has become a “hot topic” in counseling! Mindfulness programs in schools show promising results. Attendees will learn about the research on mindfulness as well as the basics of planning for and implementing a mindfulness program in a school. Numerous examples of mindfulness activities
will be provided along with a couple of experiential activities.

12:15 pm – 1:15 pm
Program ID #447, Room A406
Ready, Set, Future! Training Counselors to Thrive in Integrated Health Care Settings
60-Minute Education Session
Rachel Levy-Bell
For nearly a decade, counselors, patients and physicians have acknowledged and demonstrated the benefits of implementing integrated health care models. However, counselors are not fully prepared for the challenges they face in adapting their skills when working in integrated behavioral health care settings. This session will introduce effective strategies for training counselors to work effectively in integrated behavioral health care settings. A model curriculum infused with behavioral medicine and field training design will be presented.

12:15 pm – 1:15 pm
Program ID #448, Room A401
Wellness Ambassadors: Cultivating Holistic Living in Communities Counselors Serve
60-Minute Education Session
Jeff Cline, Sonji Gregory
Holistic wellness exists as the principal paradigm guiding counselors’ philosophical orientation and professional identity. This informative session will emphasize practical ways that professional counselors can serve as ambassadors of wellness in the communities they live and serve through advocacy, psycho-education and professional networking. It includes an overview of a pilot program developed in a rural southern state that provided area residents with a variety of wellness resources at little or no cost.

12:15 pm – 1:15 pm
Program ID #449, Room A409
Crazy and Brave: The Experiences of African American Mothers Raising Boys and Young Men
60-Minute Education Session, Advanced
Ann Shillingford-Butler, J. Richelle Joe
“I think that we need to be crazy to be mothers…we need to have some sense like the world is insane and I’m still gonna jump in.” In this Session the presenters will share the findings of a qualitative study of African American mothers that highlights the unique challenges that they face as they raise their sons. A portion of this session will also be devoted to discussing the clinical implications of this study in terms of addressing disparities and raced-based issues through a culturally responsive approach.

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Georgia World Congress Center

FRIDAY, APRIL 27, 2018

Neurocounseling: Brain-Based Clinical Approaches
Thomas A. Field, Laura K. Jones, Lori A. Russell-Chapin
7:30 am – 8:30 am | Program ID #103 | Room A305

Counselor Self-Care
Gerald Corey, Michelle Muratori, Jude T. Austin II, Julius A. Austin
11:00 am – 12:00 pm | Program ID #139 | Room A311

The Secrets of Exceptional Counselors
Jeffrey A. Kottler
4:00 pm – 5:00 pm | Program ID #189 | Room A305

SATURDAY, APRIL 28, 2018

Reality Therapy and Self-Evaluation: The Key to Client Change
Robert E. Wubbolding
7:30 am – 8:30 am | Program ID #238 | Room A411

Brandé Flamez, A Stephen Lenz, Richard S. Balkin, Robert L. Smith
4:00 pm – 5:00 pm | Program ID #326 | Room A305
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FRIDAY

ACA Roundtable Sessions

Friday, April 27

7:30 am – 8:30 am ■ ◆
Program ID #122, Room A307, Table 1
Working With Suicidal Clients:
A Clinical Discussion
60-Minute Roundtable Session, Advanced
Paul Granello, Mike Bobbitt
Counseling suicidal clients is challenging work for most clinicians. This roundtable session will foster discussion among counselors on issues, strategies and techniques related to working with suicidal clients. Attendees will be asked to share their methods of counseling suicidal clients. A CD with extensive resources concerning suicide will be furnished to each attendee.

7:30 am – 8:30 am ◆
Program ID #123, Room A307, Table 2
Exploring a Child’s World:
Spirituality and Religion in Play Therapy
60-Minute Roundtable Session, Advanced
Tiffany M. Nielson
Current research encourages the use of religion and spirituality in child counseling and play therapy. It is imperative that a counselor consider and integrate a child’s spiritual/religious beliefs within counseling practice. This roundtable session will focus on building counselor competence in working within children’s spiritual worldviews. Time will be given to explore personal biases and values, review the current literature and discuss case studies and specific interventions.

7:30 am – 8:30 am ■ ◆
Program ID #124, Room A307, Table 3
Beyond Fun and Games:
How Playfulness Influences Quality of Life
60-Minute Roundtable Session
Yvette Saliba, Sejal Barden
We all know what play is, but what about the dispositional quality of playfulness? What is playfulness, is it important and how does one become more playful? This roundtable session will unpack the concept of playfulness, share the results of a study that examines how playfulness impacts the quality of life for aging adults and discuss how playfulness might be encouraged with clients and ourselves.

7:30 am – 8:30 am ■
Program ID #125, Room A307, Table 4
Establishing Online Mentoring Relationships With Counselor Education and Supervision Faculty and Doctoral Students
60-Minute Roundtable Session
Pamela G. Riley, Marcella E. Rolle
The presenters will discuss the barriers and best practices for counselor education and supervision students and faculty in developing mentoring relationships that will enhance the academic performance, professional development and marketability of online counselor education and supervision students. Finally, the presenters will discuss how the ability to establish healthy mentoring relationships develops strong gatekeepers and leaders for the future of professional counseling.
7:30 am – 8:30 am ■
Program ID #126, Room A307, Table 5
Postsecondary Education and Latino Youth: Reducing Barriers and Creating Success
60-Minute Roundtable Session
Ellen W. Armbruster
Latino students often experience opportunity and achievement gaps that impact their ability to successfully pursue postsecondary education. School counselors who understand these barriers will be in the best position to provide assistance to Latino youth as they explore and move toward career and professional goals. This roundtable presentation will illuminate the situation and offer strategies to help school counselors increase their effectiveness with young Latinos who are considering their postsecondary options.

7:30 am – 8:30 am ■
Program ID #127, Room A307, Table 6
The Counseling Needs of Clients Who Have Undergone Clinically Significant Weight Loss
60-Minute Roundtable Session
Victoria I. Sepulveda
Counselors must consider the needs of clients who experience clinically significant weight loss, whether voluntary or involuntary in nature. In this roundtable session, the presenter will explore the implications of clients’ weight loss, including physical changes, mental health needs, stigma of weight loss, renegotiation of personal boundaries and relationships, eating habits and routines, positive and negative experiences of weight loss, external and internal messages and the embracing of one’s holistic self in an often unfamiliar body.

7:30 am – 8:30 am ■ ◆
Program ID #128, Room A307, Table 7
Sexual Assault on Campus: Moral Injury and the Bystander Effect
60-Minute Roundtable Session
Christina McGrath Fair, Sondra Smith-Adcock
Attendees will have the opportunity to learn about and discuss the concept of moral injury and its potential impact on bystanders and the prevention of sexual assault on college campuses. The presenters will discuss the ways in which moral injury may be a risk to those who witness sexual assault and the impact bystander intervention programs have on college students.

7:30 am – 8:30 am ■ ◆
Program ID #129, Room A307, Table 8
Ayudando los Ayudantes: Advocating for Bilingual Spanish-Speaking Counselors
60-Minute Roundtable Session
Laura Rendon Finnell
With the nationwide shortage of bilingual Spanish-speaking counselors who are competently trained to meet the cultural and linguistic needs of the Latinx population, there is a dire need to support bilingual counselor education to better prepare these counselors who are expected to provide services in Spanish. Attendees will become aware of the current needs of Latinx clients as well as bilingual counselors and specific strategies in supporting bilingual Spanish-speaking counseling competencies will be presented.
7:30 am – 8:30 am  ■  ◆  Program ID #130, Room A307, Table 9  Advocacy for Counselor Education Programs: An Administrator’s Perspective  60-Minute Roundtable Session  Angela McDonald, Savitri Dixon-saxon  This roundtable session encourages counselor educators to consider how advocacy and leadership overlap, applying Chi Sigma Iota’s Principles and Practices of Leadership Excellence to advocacy efforts by counselor educators within their own university settings. The presenters will share their own experiences in higher education as both faculty members and administrators. They will discuss strategies for communicating the value and impact of the program, asking for institutional resources and facilitating successful accreditation activities.

7:30 am – 8:30 am  ■  Program ID #131, Room A307, Table 10  Neuroscience in Counseling: A Literature Review and Future Directions  60-Minute Roundtable Session  Sungsik Ahn, Min Joo Lee  Understanding and applying neuroscience to counseling research and practice is becoming crucial for counselors. Through a review of the literature, this roundtable session will provide opportunities to learn fundamental principles and techniques of neuroscience and to discuss its application to the counseling profession.

7:30 am – 8:30 am  ■  Program ID #132, Room A307, Table 11  School Shootings and Mental Health: The Role of the School Counselor in Mitigating Violence  60-Minute Roundtable Session  Allison Paolini  This roundtable session will provide an overview of the pervasiveness of gun violence in school settings within the United States. The roundtable session will also discuss background information pertaining to school violence, as well as the dire need for more attention to be placed on student mental health. The presenter will also discuss best practices and interventions that school counselors and mental health counselors can use to potentially mitigate gun-related school violence.

11:00 am – 12:00 pm  ■  ◆  Program ID #154, Room A307, Table 1  School Counseling Toward an LGBTQ-Inclusive School Climate Using the SCEARE Model  60-Minute Roundtable Session  Ann Ordway, Nancy Asplund  The school climate is often perceived as hostile by LGBTQ youth. LGBTQ students experience high rates of negative mental health outcomes yet are often underserved by school counselors. School counselors are uniquely situated to facilitate systemic change within a school. The SCEARE (school counselors educate, affirm, respond and empower) model is proposed, which school counselors can use to conceptualize interventions and begin facilitating systemic change toward an LGBTQ-inclusive school climate.

11:00 am – 12:00 pm  ■  ◆  Program ID #155, Room A307, Table 2  Check Yourself: The Development of the Multicultural Competency Assessment
60-Minute Roundtable Session
*Michelle Danielle Mitchell, Caitlyn McKinzie Bennett*

It is imperative that helping professionals working with diverse client populations provide culturally responsive services. While multicultural competence measures exist, few utilize the Multicultural and Social Justice Counseling Competencies as the conceptual framework. Therefore, this interactive presentation will discuss the development of the Multicultural Competency Assessment, an instrument designed to measure multicultural and social justice counseling competence among helping professionals.

**11:00 am – 12:00 pm**
Program ID #156, Room A307, Table 3
*Understanding Schizophrenia: An Experiential Learning Activity*

60-Minute Roundtable Session
*Laura E. Welfare, Ryan Cook*

Learning about schizophrenia is crucial because stigma about individuals with schizophrenia is pervasive. Experiential activities cultivate empathy by challenging long-held beliefs and fostering new ways of thinking (Battaglia, 2016; Kolb, 1984). In this roundtable session, counselors will be invited to experience simulated auditory hallucinations while completing everyday tasks. The guided discussion that follows highlights the experiences of individuals who have schizophrenia and how counselors can serve them well.

**11:00 am – 12:00 pm**
Program ID #157, Room A307, Table 4
*School Counseling and Secondary Exposure to Trauma: What We Know and What We Do With It*

60-Minute Roundtable Session, Advanced
*Amanda D. Rumsey, Rafe McCullough*

School counselors play a vital role in addressing the needs of all students, including those who have been exposed to traumatic events. Literature in the counseling field is limited with regard to what types of trauma school counselors see the most, how they intervene and support students and how it impacts their professional quality of life. This roundtable session will review the literature and findings from a recent study and will provide an opportunity for discussion and the sharing of ideas in the area of secondary exposure to trauma.

**11:00 am – 12:00 pm**
Program ID #158, Room A307, Table 5
*Multicultural Dynamics That Influence Clinical Supervision of Group Work*

60-Minute Roundtable Session, Advanced
*Stephen Kiuri Gitonga*

Supervisees’ culture has the potential to impact how they work with their clients in a group setting. The supervisory relationship might also be negatively affected if multicultural dynamics are not well addressed in supervision of group work. The impact of multicultural dynamics in clinical supervision of group work will be explored in this interactive roundtable forum.
11:00 am – 12:00 pm ■
Program ID #159, Room A307, Table 6
Role of Counselors in Combatting Medical Perceptions on Clients With Chronic Pain
60-Minute Roundtable Session
Carol Seehusen
Given the prevalence of chronic pain, professional counselors are likely to interact with a client who has concerns related to chronic pain symptoms. Medical professionals have strong biomedical perceptions of clients with chronic pain. Counselors can play a vital role in advocating and bridging the collaboration gap with medical professionals to increase referrals and broaden the biopsychosocial worldview of individuals with chronic pain.

11:00 am – 12:00 pm ■
Program ID #160, Room A307, Table 7
Fighting the Good Fight: Racial Battle Fatigue and the Black Student Experience
60-Minute Roundtable Session
Kristopher G. Hall
Consistent discrimination at predominantly White institutions may wear on African American students mentally, physically and emotionally, resulting in racial battle fatigue. College counselors may diagnose and treat minority students without fully attributing how their minority status contributes to their issues. This roundtable session will address research regarding the Black college experience at a predominantly White institution and best practices for assessing students who may be experiencing this fatigue.

11:00 am – 12:00 pm ■◆
Program ID #161, Room A307, Table 8
From Combat to Counselor-in-Training: Counselor Preparation for Student Veterans
60-Minute Roundtable Session
Thomasina Odom Lawson
Focused on veterans and military service members, this interactive session will discuss the experience of transitioning from a military culture to developing a professional identity as a counselor. Applying the CACREP model of counselor preparation, the session will aim to identify areas (if any) in which additional focus is needed to ensure the success of veterans who choose to pursue a career as a professional counselor.

11:00 am – 12:00 pm ■
Program ID #162, Room A307, Table 9
Low-Fee and Pro Bono Counseling: Ethical Imperatives and Practical Concerns
60-Minute Roundtable Session
Andrew Wood, Taherra Blount
This roundtable session will discuss the topic of low-fee and pro bono counseling services. Numerous studies have been conducted examining the perception of services offered at reduced fees, but rarely do we find more information about the actual content of those services and what they require of counselors. This roundtable session will address practical concerns of low-fee and pro bono counseling services, including current research, historical perspectives, social justice concerns and self-care strategies.
11:00 am – 12:00 pm  ■  ■
Program ID #163, Room A307, Table 10
Continued Professional Development: Is a Ph.D. for Me?
60-Minute Roundtable Session
Kimberly Desmond
This roundtable session will include a discussion of the pros and cons of pursuing a doctoral degree in counseling. Financial concerns, time demands, occupational outlook information and other considerations will be discussed in detail. Opportunities for questions and exploration of professional development possibilities will also be provided. Attendees will also be given a handout with relevant resources.

11:00 am – 12:00 pm  ■  ❅
Program ID #164, Room A307, Table 11
Autism Spectrum Disorder: How Counselors Develop Their Clinical Competencies
60-Minute Roundtable Session, Advanced
Katherine A. Feather, Joseph Rufus Wofford
Autism spectrum disorder (ASD) affects 1 percent of the world’s population (CDC, 2015); however; the counseling field has not identified the counseling competencies needed to treat ASD. This roundtable session will provide an overview of a qualitative inquiry that investigated the self-perceived competencies of counselors from various disciplines. More specifically, attendees will obtain a greater understanding of the competencies and how they will prove essential to enhance counselor training, practice and standards.

4:00 pm – 5:00 pm  ■
Program ID #209, Room A307, Table 2
Discussing the Refugee Student Crisis: Conversations on Counselor Responsibilities
60-Minute Roundtable Session
Michael P. Lillis, Jr., Holly D’Angelis
Refugee students resettling in the United States often experience a gap in mental health services. Given current political tensions surrounding immigration, counselors must remain sensitive to issues regarding refugees. In this roundtable Session the presenters will propose solutions to the mental health services gap for refugee students and invite group members to share their own experiences.

4:00 pm – 5:00 pm  ■
Program ID #210, Room A307, Table 3
Picture This! Selfies as a Therapeutic Tool
60-Minute Roundtable Session
Amanda Winburn, Amy King
Picture this! Most children love to take selfies, and this roundtable session will focus on the use of selfies and how this technique can be incorporated into elementary schools to work with children who demonstrate a deficit in facial emotion recognition and emotion self-expression. Specific techniques will be discussed along with best practices.

4:00 pm – 5:00 pm  ■
Program ID #212, Room A307, Table 5
Conceptualizing Strategies for Multicultural Competence in Clinical Supervision
60-Minute Roundtable Session
Joshua Elliott, Lauren Downey
Clinical supervision serves a demonstrably important role
in mediating the multicultural development of supervisees and warrants that counselor supervisors proactively establish and maintain multicultural competence of their own (Bernard & Goodyear, 2014; Stoltenberg & McNeill, 2010). In this roundtable Session the presenters will discuss the dimensions of identity, the influence of intersectionality on the supervisory relationship and suggestions for cultivating balanced and culturally sensitive relationships with supervisees.

4:00 pm – 5:00 pm ■ ◆
Program ID #213, Room A307, Table 6
Navigating Home-Based Therapy: Creating Successful Home Visits
60-Minute Roundtable Session
Robin M. DuFresne, Allison Arnekrans
Providing counseling in home-based situations presents a plethora of unique challenges, ethical dilemmas and experiences for the practitioner. By utilizing updated academic literature, coupled with personal experiences and thoughtful participant interaction, this roundtable session will assist both the new and seasoned practitioner to enter home-based situations prepared to navigate around potential barriers and improve success rates for clients in the field.

4:00 pm – 5:00 pm ■
Program ID #214, Room A307, Table 7
Considerations for Counseling Clients Affected by Infertility
60-Minute Roundtable Session
Tristan D. McBain
This roundtable session will examine considerations for counseling clients affected by infertility. Research shows that infertility is a source of hidden loss, in which the loss is often invisible and not openly expressed. This roundtable session will provide counselors and counselor educators a place to talk about their familiarity with infertility-related client issues, discuss how to validate grief experiences and explore current interventions of best practice.

4:00 pm – 5:00 pm ■ ◆
Program ID #215, Room A307, Table 8
Sexual Minority Help-Seeking Behavior: Implementing Minority Stress Theory
60-Minute Roundtable Session, Advanced
Christopher Michael Roberts
Based on aspects of Meyer’s (1995, 2003) minority stress theory, the prevalence, perceptions and perspectives of dating violence and sexual assault within the sexual minority population provide a framework for counseling. Application revolves around analyzing adolescent voices to synthesize appropriate prevention and intervention methods (Schönbucher et al., 2012) and implementation in counseling (Ollen, Ameral, Reed, & Hines, 2017).

4:00 pm – 5:00 pm ■
Program ID #216, Room A307, Table 9
Affectionally Fluid Persons and Wellness: Current Research
60-Minute Roundtable Session
Peter S. Finnerty
Counselors, educators and researchers use developmental, holistic methods marked by evidence-based practices such as wellness (i.e., strengths) and cultural competence (Lee, 2008; Myers & Sweeney, 2008). Current
research will be presented to increase knowledge of pertinent wellness issues of and cultural competence with affectionately fluid persons while informing practice. The session fosters the future of professional counseling through innovative practice.

4:00 pm – 5:00 pm
Program ID #218, Room A307, Table 11
The Evidence Base for Early Childhood Mental Health Counseling
60-Minute Roundtable Session, Advanced
Sondra Smith-Adcock
The mental health of very young children is an emerging concern for counselors. Researchers and practitioners are beginning to recognize the importance of treating trauma and other factors that compromise children’s mental health as early as possible. In this roundtable Session the presenters will review the evidence base for counseling very young children and connect counselors in varied settings who have an interest in best practices in early childhood mental health.

Saturday, April 28

7:30 am – 8:30 am
Program ID #259, Room A307, Table 1
The Silent Truth of Post-Paternal Depression: Men Suffer It as Well
60-Minute Roundtable Session, Advanced
Isaac Burt
The birth of a child presents parents with new roles/lifestyles. Inability to deal with these duties can cause depression. Although postpartum depression focuses on mothers, research indicates fathers experience paternal postnatal depression (PPND). Unfortunately, standards for diagnosing/treating PPND rely heavily on maternal criteria, which is a disservice to males. The purpose of this roundtable session is to increase awareness and help counselors working with this population employ culturally sensitive strategies and interventions.

7:30 am – 8:30 am
Program ID #260, Room A307, Table 2
Community-Engaged Research for Counselor Educators? Challenges and Opportunities
60-Minute Roundtable Session
Andrew P. Daire, Naomi J. Wheeler
The need for high-impact community-engaged research; a premium on innovative, impactful and funded research; and the deficit of community-engaged research in counselor education contribute to questions about the value of community-engaged research in counselor education. This roundtable session will address challenges and opportunities in sustaining a high-impact, community-engaged and funded research agenda, as well as its the relationship to peer-reviewed publications, conference acceptances and tenure and promotion.

7:30 am – 8:30 am
Program ID #261, Room A307, Table 3
Post-High School Planning for Students Who Are Not College Bound
60-Minute Roundtable Session
Heather C. Robertson
This roundtable session addresses best practices to assist the non-college-bound high school student in postgraduation planning. Topics
include employment, service and technical training, as well as discussing delayed college options with students. Discussion will examine the importance of administrators’ and parents’ buy-in during the process as a critical step to students’ success. Ample opportunity for discussion and the sharing of resources is included.

7:30 am – 8:30 am  ■  Program ID #262, Room A307, Table 4
Integrating Indigenous Guidance and Counseling Approaches in Modern Counseling
60-Minute Roundtable Session, Advanced
Hildah Lorato Mokgolodi, Bakadzi Moeti
This roundtable is based on ongoing practical experiences of the presenters with the critical need to integrate indigenous guidance and counseling approaches in the courses they teach. Applicable examples on dealing with grief and marriage in the native way that has integrated the modern ways of counseling are part of this roundtable session. Issues of resistant clients emanating from a culture that tends to give limited meaning to clients is highlighted. Attendees will be given an opportunity to share their experiences.

7:30 am – 8:30 am  ■  Program ID #263, Room A307, Table 5
Ethical Considerations in Counseling Vulnerable Populations
60-Minute Roundtable Session
Kelley Mautz, Leslie Wofford
The purpose of this roundtable session is to review ethical codes in light of how common principles relate to serving clients who represent vulnerable populations. Similar ethical codes found in the guidelines of ACA, the Commission on Rehabilitation Counselor Certification and state licensing boards are considered. Understanding how a more comprehensive approach toward confidentiality and communication, informed consent, client-counselor relationships, counselor responsibility and competence can enhance the likelihood of successful outcomes is a key focus of the discussion.

7:30 am – 8:30 am  ■  Program ID #264, Room A307, Table 6
Born This Way: Queer Adolescent Dating
60-Minute Roundtable Session
Kellin M. Cavanaugh, Harvey Charles Peters
Attendees will examine how professional counselors can better conceptualize dating and sexual relationship experiences of queer adolescents to better inform current counseling practices. By discussing current trends in the literature and their implications for individuals working with queer youth in a variety of settings, attendees will co-construct action steps that validate and empower queer youth while promoting healthy foundations for their current and future relationships.

7:30 am – 8:30 am  ■  Program ID #265, Room A307, Table 7
Counselors’ Perceptions of Preparedness: A Focus on College Counseling Centers
60-Minute Roundtable Session
Tristen Hyatt, Shelley W. Reed
This roundtable session will discuss the unique challenges to consider when working with college-age populations, including diversity issues.
Ethical concerns and training will be discussed for education settings and supervision to ensure competency to work with college populations. In addition, the results from a study conducted in relation to perceived preparedness will be discussed.

**7:30 am – 8:30 am**
Program ID #266, Room A307, Table 8
**Beyond Yoga: How to Develop and Maintain Long-Term Counselor Resilience and Flexibility**
60-Minute Roundtable Session
*Mina E. Barimany, Megan Doughty Shaine*
Throughout their training, counselors often hear about the importance of self-care. They may even develop a solid routine of short-term strategies such as regular massage and exercise—but what are the ingredients for long-term self-care and resilience for professional counselors? This roundtable session invites trainees and professional counselors of all experience levels to come together for a discussion of professional resilience, including specific tools and strategies to prevent burnout and promote longevity in the field.

**7:30 am – 8:30 am**  
Program ID #267, Room A307, Table 9
**Beyond the Classroom: International Immersion Experience: A Qualitative Perspective**
60-Minute Roundtable Session
*Jean Georgiou, Yumiko Ogawa*
The presenters will report the results of a qualitative research study on the effectiveness of international cultural immersion experiences and students’ multicultural counseling competence.

The presenters will share several themes that emerged from consensus qualitative research and how those themes may have contributed to facilitating multicultural competency in the students.

**7:30 am – 8:30 am**  
Program ID #268, Room A307, Table 10
**The Role of Interprofessional Education in Counselor Development and Practice**
60-Minute Roundtable Session
*Judy A. Schmidt*
Counselors are increasingly working in interprofessional teams in community settings yet may not be aware of the guidelines for this type of work or of the guidelines for interprofessional education. This session will review interprofessional education competencies and best practices for interprofessional care. Section D of the *ACA Code of Ethics*, which guides these relationships, will be reviewed. Best practices for interdisciplinary work will be presented, as well as guidelines for counselor educators to provide interprofessional education activities for students.

**7:30 am – 8:30 am**  
Program ID #269, Room A307, Table 11
**Development of a Play Therapy Training for Professional School Counselors**
60-Minute Roundtable Session
*Sang Min Shin, Ashley M. Diaz*
This roundtable session provides a discussion for those who are interested in the experiences of developing, providing and/or attending play therapy training for
school counselors or counseling professionals. The presenters will discuss the development of a play therapy training specifically tailored for school counselors. The presenters will also discuss the process of implementing the training as well as the findings of a qualitative study on this topic.

11:00 am – 12:00 pm ■
Program ID #291, Room A307, Table 1
Intersectionality of Title IX, Clery and FERPA: Implications for Counseling Faculty
60-Minute Roundtable Session, Advanced
Doris Wright Carroll, Connie T. Theriot
Title IX prohibits colleges from discriminating on the basis of sex. The Clery Act promotes campus safety by ensuring that community members are well informed about public safety and crime prevention matters. Both involve Family Educational Rights and Privacy Act (FERPA) obligations. This roundtable session discusses Title IX, Clery and FERPA intersectionality. Suggestions are presented that promote compliance and inform best counseling practice.

11:00 am – 12:00 pm ■ ●
Program ID #292, Room A307, Table 2
Preventing, Responding and Protecting: Counseling Tools for Community Uprisings
60-Minute Roundtable Session
Karena J. Heyward, Carrie Lynn Bailey, Katherine M. Hermann-Turner
What is happening in our communities and how can we as counselors adapt crisis interventions, implement preventive measures and advocate to reduce the violent repercussions of racial tensions? This roundtable session will review the historical evolution of community uprisings and explore common precursors to racially charged unrest. In addition, attendees will learn innovative counseling interventions and advocacy tools to support their communities through difficult transitions and to nurture sustained change.

11:00 am – 12:00 pm ■ ●
Program ID #293, Room A307, Table 3
The Aging Experience of Asian Older Immigrants in the United States
60-Minute Roundtable Session
Mijin Chung
This roundtable session will provide a critical evaluation of current studies on Asian older immigrants and their aging experience. The roundtable session aims to (1) understand the aging experience of Asian older immigrants, (2) enhance counselors’ knowledge of opportunities and challenges Asian older immigrants face in seeking help from mental health-related professionals and (3) brainstorm intervention strategies for promoting healthy aging for Asian older immigrants in the United States.

11:00 am – 12:00 pm ■ ●
Program ID #294, Room A307, Table 4
Telling Our Story: Integrating Humanism, Career and Social Justice
60-Minute Roundtable Session
Melissa Fickling
In this roundtable Session the presenter will highlight the historical intersections of career, humanistic theory and social justice. By doing so, a new framework for conceptualizing the counseling...
profession will emerge, one in which work and career are viewed as central human experiences and in which all counselors embrace the advocate role. Attendees will think critically about the history and future of the counseling profession, affirm their counselor identity and commit to active advocacy.

11:00 am – 12:00 pm
Program ID #295, Room A307, Table 5
Of Mind and Sand: A Look at Sand Tray Therapy for Adults
60-Minute Roundtable Session
Missy Galica
You are never too old to play. Join this roundtable session for a look into play therapy, specifically sand tray. Learn how the modality was developed, as well as specifics on what to use and how to use the therapy. The presenter will also give a demonstration of the therapy.

11:00 am – 12:00 pm
Program ID #296, Room A307, Table 6
Relational-Cultural Therapy: An Effective Model for Counseling Single African American Women
60-Minute Roundtable Session, Advanced
KL McGriff
African American women are the least likely demographic to marry (Banks, 2011; Clarke, 2011). Despite this marital disparity, research indicates this population is interested in matrimony (Banks, 2011; Bethea, 1995). Relational-cultural therapy is an effective model for working with single African American women. Relational-cultural therapy counseling strategies as well as ways to broach single marital status with this population will be discussed.

11:00 am – 12:00 pm
Program ID #297, Room A307, Table 7
Creating Tomorrow’s Workforce: Preparing Trauma-Informed School Counselors
60-Minute Roundtable Session
Jill Schwarz, Stuart L. Roe
Often, school counselors feel most unprepared to work in schools that have the greatest need. Underserved school districts are grappling with difficult issues, including violence, trauma, immigration, poverty and the impact of living with the ongoing stress associated with these challenges. At this roundtable Session learn about and discuss how counselor educators can effectively prepare future school counselors to meet the needs of all students.

11:00 am – 12:00 pm
Program ID #298, Room A307, Table 8
Gender Identity as a Three-Dimensional Model: Taking Identity Beyond the Continuum
60-Minute Roundtable Session
Karyl L. Meister
Many counselors see gender identity as a binary of male and female or a continuum between the two. Research supports the idea that gender identity is a three-dimensional entity composed of biological components, thoughts and feelings related to those biological components and how the two come together to assist or diminish everyday coping in life. Pairing research with the idea of gender as a three-dimensional construct will assist counselors in understanding their clients who are gender variant.
11:00 am – 12:00 pm  ■  ✪
Program ID #299, Room A307, Table 9
Transformative Learning Through International Experiences: A Content Analysis
60-Minute Roundtable Session
Steven D. Wright, Baxlee A. Bynum
This roundtable session will discuss research that addressed (1) the extent to which the counseling literature has focused on international experiences in counselor education programs, (2) the extent to which the outcomes of literature on international travel are applicable to multicultural development and (3) the nature of the implications and proposed recommendations for future research regarding international experiences and the development of multicultural counseling competencies through transformative learning.

11:00 am – 12:00 pm  ■
Program ID #300, Room A307, Table 10
Using Diversity Dialogues to Improve Student and Faculty Multicultural Awareness
60-Minute Roundtable Session
Clare Merlin
School counselors are increasingly tasked with navigating current events and politics to create positive school climates in which students from all multicultural backgrounds feel supported. In this roundtable Session the presenters will discuss diversity dinner dialogues, an intervention in which school counselors enlist groups of students and stakeholders to read the same diversity-related book, then discuss their reactions over dinner. The presenters will discuss how attendees can use diversity dinner dialogues with their schools and students.

4:00 pm – 5:00 pm  ■
Program ID #345, Room A307, Table 1
Sense of Belonging Among Immigrant College Students
60-Minute Roundtable Session
Moya Malcolm
The importance of sense of belonging on college student outcomes is well established. However, scholarship on immigrant students’ sense of belonging is limited, despite their growing presence on U.S. campuses. This roundtable session will examine the following: (1) the environmental variables that influence sense of belonging and (2) the extent to which these variables differ for immigrant students of color. Implications for research and practice will be outlined.

4:00 pm – 5:00 pm  ✪
Program ID #346, Room A307, Table 2
Holistic Mental Health Modalities: Barriers and Benefits for the Disenfranchised
60-Minute Roundtable Session
Brittany L. Dennis, Hailey Nicole Martinez
This roundtable session will explore the benefits and barriers to the use of holistic modalities with people who are disenfranchised. The primary focus will be on how these types of modalities benefit disadvantaged populations. The various modalities will be discussed in the presentation.

4:00 pm – 5:00 pm  ■  ✪
Program ID #347, Room A307, Table 3
Teaching Distance Counseling Concepts in CACREP Counseling Programs
60-Minute Roundtable Session
Heather C. Robertson
This roundtable session provides an overview of the literature on
teaching distance counseling, as well as a discussion of CACREP Standards and ethical codes regarding distance counseling and technology. This roundtable session will allow attendees to discuss best practices, as well as how they are implementing instructional content on distance counseling and technology into the eight core CACREP areas, as well as other courses.

4:00 pm – 5:00 pm  ■  ◆
Program ID #348, Room A307, Table 4
Rolling With the Resistance: A Model to Foster Social Change for the LGBTQ Community
60-Minute Roundtable Session
Bethany Novotny, Christy Oaks
This roundtable session examines ways of addressing social change for LGBTQ members through a motivational interviewing lens within a feminist theory framework. Members of the LGBTQ community face discrimination that can impact income, job security, access to high-quality health care, interpersonal relationships and mental health. Rolling with the resistance is the foundation for this roundtable session to invoke social change that promotes equality and safety for this community.

4:00 pm – 5:00 pm  ■  ◆
Program ID #349, Room A307, Table 5
Bridging the Gap: Therapeutic Death Notifications
60-Minute Roundtable Session
Jennifer A. Cangeme
Law enforcement and mental health professionals can collaborate to provide a therapeutic and empathetic approach to delivering death notifications to families. Often, notifications turn into crisis situations, and if left unsupported and without grief support, individuals are at a higher risk of experiencing posttraumatic stress disorder and complicated grief. This roundtable session will explore the necessity for a collaboration, provide a therapeutic model that agencies can implement and explore barriers to such a collaboration.

4:00 pm – 5:00 pm  ■  ◆
Program ID #350, Room A307, Table 6
Black Males and Grief: What Counselors Don’t Know and Need to Know
60-Minute Roundtable Session
Chandra F. Johnson
Grief, a natural yet misunderstood social process, can have implications for a black male’s psychosocial development. Unattended, grief can lead to adverse mental health outcomes. How men process grief is not well studied and little research exists that explores the convergence of race, gender and grief. Because Black males are susceptible to egregious injustices and senseless acts that result in grievous experiences, understanding the social, cultural and psychological aspects of Black males’ grief process deserves attention.

4:00 pm – 5:00 pm  ■
Program ID #351, Room A307, Table 7
Counselor Burnout: Intervening in Supervision Through Wellness and Education
60-Minute Roundtable Session
Devon E. Romero, Kenya Bledsoe
Research indicates counselors-in-training are particularly vulnerable to burnout and are ill equipped to identify and address the symptoms
associated with this phenomenon. Because burnout can lead to serious impairment, this roundtable session offers strategies for supervisors that can be used to promote wellness, increase supervisees’ awareness and reduce the risk for burnout. Attendees will be introduced to a conceptual model that integrates burnout education with the Wellness Model of Supervision.

4:00 pm – 5:00 pm  ■  ■
Program ID #352, Room A307, Table 8
Suffering in Silence: The Experience of Couples Experiencing Infertility
60-Minute Roundtable Session
Shawn P. Parmanand, Travis Smith
From depression, anxiety, and marital and couple discord to feelings of grief and loss, a couple’s experience of infertility is troublesome and impactful to say the least. Through gaining an understanding of the current research, becoming aware of theoretical approaches to working with couples experiencing infertility and sharing experiences of working with infertile couples, attendees will learn how to assist couples through their infertility experience in a culturally aware manner.

4:00 pm – 5:00 pm  ■  ■
Program ID #353, Room A307, Table 9
Poverty as a Multicultural Issue and Why It Matters for Counselors Working With Children
60-Minute Roundtable Session
Melissa McGee
Healthy child development is the foundation for educational achievement, economic productivity, responsible citizenship and lifelong health. Early adversity (i.e., living in poverty) can affect later development. Counselors have an opportunity to offer safe, stable and nurturing relationships for children and families living in poverty. Multicultural course work, continuing education and increasing empathy in counselors and counseling students will have positive implications for outcomes in clinical practice.

4:00 pm – 5:00 pm  ■  ■
Program ID #354, Room A307, Table 10
Exploring Counselor Risk(s) and Benefit(s) of Race/Ethnicity-Based Social Advocacy
60-Minute Roundtable Session
Dannette Gomez Beane, Shekila Melchior
The racial/ethnic climate in the United States is complex, with Blacks/African Americans, Hispanics/Latinx, native/indigenous people and people from the Middle East enduring targeted racism. This roundtable session includes research-based knowledge, skills and action/advocacy best practices for broaching race in the dyad and beyond. The presenters will host a discussion about the risks and benefits of involvement in race/ethnicity-based social advocacy and the ways in which workplace settings support or discourage such involvement.

Thank you to all the counselors participating in Counseling Awareness Month, April 2018!  
#CounselorsHelp  
Counseling.org/CounselorsHelp
Sunday, April 29

7:30 am – 8:30 am  ■  ●
Program ID #377, Room A307, Table 1
Promoting Appropriate Treatment Planning: Insecurely Attached Children
60-Minute Roundtable Session, Advanced
Erin Martin Dugan
This roundtable session will present attendees with an overview of various implications to consider when assessing attachment styles between children and their parents (caregivers). Therapists must gain education and be knowledgeable of various implications before assessing attachment styles between children and their parents (caregivers) and beginning treatment.

7:30 am – 8:30 am  ■  ●
Program ID #378, Room A307, Table 2
The Four Cs: Counseling Concepts That Support Parenting Skills Across Countries and Cultures
60-Minute Roundtable Session, Advanced
Nathan C. D. Perron
The need for parenting skill training remains just as relevant today as it was when counseling professionals first began exploring ways to support family health. Further exploration of the four Cs are considered through a variety of studies across a number of cultures and nationalities. The results are evaluated within the framework of the counseling environment and suggested methods of application are provided. Recommendations and considerations are highlighted for further research and practice.

7:30 am – 8:30 am  ■  ●
Program ID #379, Room A307, Table 3
School Counselors as Social Justice Advocates: Fostering Systemic Change
60-Minute Roundtable Session
Jill E. Schwarz, Bobby Gueh
This roundtable session will provide a forum for sharing helpful strategies for counselor educators and supervisors to use in preparing school counselors to act as advocates and implement social justice initiatives in school settings. The presenters will provide information on a social justice model for school counselors to use to develop advocacy initiatives and share practical guidelines that have been successful in school settings.

7:30 am – 8:30 am  ■  ●
Program ID #380, Room A307, Table 4
School-Family-Community Partnerships to Promote College Readiness for Black Females
60-Minute Roundtable Session
Janice Byrd
This roundtable session explores the findings of a qualitative study examining the college preparation experiences of low-income, high-ability, Black female college freshmen. This roundtable session will specifically explore how school-family-community partnerships help school counselors better guide Black females in their preparation. Research findings from a sample of Black women and their relationships with school, community and family members who aided them in their process of preparing for college are presented.

[ 104 ]
7:30 am – 8:30 am  ■  Program ID #381, Room A307, Table 5
Enhance Your Supervisory Toolbox: Theory-Based Integrative Supervision
60-Minute Roundtable Session, Advanced
Solange Ribeiro, Nicole Randick
This roundtable session introduces an integrative and operational model for clinical supervision, thus adding to one’s supervision toolbox. The presenters will share an integrative framework grounded on key concepts of Adlerian psychology (encouragement and the crucial Cs), the developmental levels and structures of the integrative developmental model and the domains of professional functioning and supervisor roles of the model. Discussion will focus on identifying concrete strategies and supervisor behaviors that promote supervisee holistic growth.

7:30 am – 8:30 am  ■  Program ID #382, Room A307, Table 6
Using Adlerian Counseling Strategies to Strengthen Clients’ Motivation to Change
60-Minute Roundtable Session
Marion L. Cavallaro, Atsuko Seto
In this roundtable Session counselors will learn specific guidelines on using three dynamic Adlerian counseling strategies that motivate clients to change: the strength-based interview, early recollections and the “acting as if” technique. These strategies can be used to build rapport, help clients understand how they view themselves and their world, and encourage clients to take action. The presenters will demonstrate each strategy and provide opportunities for attendees to practice key aspects of the skills.

7:30 am – 8:30 am  ■  Program ID #383, Room A307, Table 7
Counselors in the Courtroom: Implications for Counselors and Counselor Educators
60-Minute Roundtable Session
Margaret A. Taylor, Clayton K. Taylor
Counselor educators are responsible for ensuring that students are sufficiently prepared for entry into the counseling profession. Increasingly, counselors are being called upon to testify in court, especially in child custody cases (Snow & Cash, 2008), yet most counselors are not well prepared to serve as a competent witness or represent the counseling profession adequately. This roundtable session will include topics relevant to counselors and counselor educators on preparing for court testimony.

7:30 am – 8:30 am  ■  Program ID #384, Room A307, Table 8
Building a Transgender-Inclusive Environment: Partnership, Advocacy and Equity
60-Minute Roundtable Session
Zachary Pietrantoni, Szu-Yu Chen
Transgender youth face many obstacles during the transition process that could influence their social-emotional development. Counselors can work together to establish partnerships to create a transgender-inclusive environment that supports the needs of youth and their families. This roundtable session provides a format to address the needs of transgender youth. The presenters discuss a framework for partnerships, advocacy and equity for transgender youth, their families, the school environment and the surrounding community.
7:30 am – 8:30 am
Program ID #385, Room A307, Table 9
Developing a Comprehensive International Student Support Program
60-Minute Roundtable Session
Wilma Fletcher-Anthony
This roundtable session presents ways in which a college counseling center can provide services to international students from orientation to graduation. It includes the results of the presenter’s research on the impact of a college orientation course. A significant outcome of the course was students’ willingness to seek services from the counseling center. This is important because mental health services are taboo in most of the students’ countries of origin. The course can be readily adapted to create a series of workshops.

12:15 pm – 1:15 pm
Program ID #450, Room A307, Table 1
Understanding Incarcerated Women: Implications for Counselors and Researchers
60-Minute Roundtable Session, Advanced
Frankie E. Fachilla
Incarcerated women with mental health diagnoses represent one of the most marginalized groups of people in the United States. They are often victims of multiple traumas. They then find themselves in oppressive institutional environments where they continue to be abused. This roundtable session focuses on how to build a true therapeutic alliance with incarcerated women and how to empower such a disenfranchised group. Qualitative research methods are discussed as an ideal way of understanding this population further.

7:30 am – 8:30 am
Program ID #386, Room A307, Table 10
Counselor Education Doctorates: Exploring Career Paths Beyond Academia
60-Minute Roundtable Session
Jean Marie LaFauci Schutt, La Shonda S. Akins
The doctoral degree in counselor education and supervision trains students in the areas of advanced counseling, supervision, research, teaching and leadership (CACREP, 2015). There are limited mentors for doctoral-level counselors who make career choices outside of full-time academia. This roundtable will explore alternative career options, discuss ways to increase awareness and acceptance of various career journeys and examine how to work toward work-life balance and integration within counseling careers.

12:15 pm – 1:15 pm
Program ID #451, Room A307, Table 2
Black Does Crack: Using Pop Culture to Support African American Women in Counseling
60-Minute Roundtable Session
Jessica L. Martin, Olivia Uwamahoro Williams
This roundtable session focuses on how counselors can utilize pop culture references to make mental health counseling more relatable and approachable to African American women who may avoid seeking help or remaining in counseling. The presenter will discuss the current needs and trends of African American women and mental health, specific examples of how pop culture can be infused with traditional counseling
techniques and the benefits of integrating creativity in counseling with African American women.

12:15 pm – 1:15 pm  ■
Program ID #452, Room A307, Table 3
Counselor Education and Supervision and Spirituality
60-Minute Roundtable Session, Advanced
Greg A. Meyer
Recent freedom of values debates in counselor education have made the term spirituality harder to understand without bias. This roundtable session discusses the benefits of exploring supervisees’ spirituality from a comprehensive, existential framework, particularly through the supervisory relationship as they examine and construct their values, meanings about existence and counselor identities. Implications of supervisees’ approaches to personal wellness and professional counselor ethics will be discussed.

12:15 pm – 1:15 pm  ■  ◆
Program ID #453, Room A307, Table 4
Pushing Through Boundaries on Purpose: Critical Race Theory and Counselor Development
60-Minute Roundtable Session
Daryl H. Thorne
This roundtable session is designed to explore the question of whether white counseling students (and faculty) are adequately prepared to recognize and confront the systemic sociopolitical nature of white supremacy/privilege in personal and professional development. The theoretical tenets of critical race theory support this discussion by positioning ideas of race, culture and oppression as central to the dialogue.

This discussion is open to everyone.

12:15 pm – 1:15 pm  ■  ◆
Program ID #454, Room A307, Table 5
Building Children’s and Adolescents’ Socioemotional Competence Through Group Work
60-Minute Roundtable Session
Marte Ostvik-de Wilde, Susan V. Lester
Counseling groups can be effective and valuable experiences that foster a sense of belonging and universality among members who are children and adolescents. This presentation gives counselors working with children/adolescents (in schools or communities) an opportunity to learn new and interesting evidence-based interventions. These interventions (e.g., self-advocacy, resiliency skills, mindfulness) specifically target social and emotional competence.

12:15 pm – 1:15 pm  ■
Program ID #455, Room A307, Table 6
Cultivating Social Class Awareness in the Counseling Profession
60-Minute Roundtable Session
Derrick L. Shepard
Addressing social class is a key component in the delivery of mental health treatment. Liu’s social class worldview model provides an integrated understanding of social class and mental health treatment. Session attendees will gain an understanding of Liu’s model, explore their social class consciousness as counselors and understand how social class impacts the counseling relationship. The presenter will offer strategies for incorporating social class awareness in the counseling relationship.
SUNDAY

**12:15 pm – 1:15 pm**  ■  ◆
Program ID #456, Room A307, Table 7
**Spiritual Maturity and Social Justice Advocacy: What Counselors Need to Know**
60-Minute Roundtable Session
*James Samuel Strickland, Suzanne Dugger*

Given recent court cases against counselor education programs and “religious freedom” legislation targeting counselors, the counseling profession must focus on the intersection of social justice advocacy and spiritual development. This session will provide counselor educators with a greater understanding of how spirituality shapes students’ intent to engage in social justice advocacy. It will also address strategies to help students merge their personal identity with professional obligations.

**12:15 pm – 1:15 pm**  ■
Program ID #457, Room A307, Table 8
**Counselor Educators’ LGBT Social Attitudes and Critical Consciousness Levels**
60-Minute Roundtable Session
*Rieko Miyakuni*

This roundtable session will provide the findings from the presenter’s dissertation study examining the relationships among counselor educators’ LGBT social attitudes, non-LGBT social attitudes and levels of critical consciousness. It is hypothesized that higher levels of critical consciousness are associated with more positive LGBT social attitudes. Strategies for incorporating critical consciousness into counselor education and training will be addressed.

**12:15 pm – 1:15 pm**  ■
Program ID #458, Room A307, Table 9
**Barriers in the Counseling Session: The Effects of Second-Language Acquisition**
60-Minute Roundtable Session
*Angélica Galván*

Immigrants in the United States face many barriers when receiving counseling services. These barriers can transcend generations and continue to be problematic for their descendants. This roundtable session will focus on the barriers Latino immigrants face, in particular those related to language. Emphasis will be placed on real and perceived barriers for Latino non-native English speakers, multicultural competencies counselors need when working with this population and the role translation plays in counseling.

**12:15 pm – 1:15 pm**  ■
Program ID #459, Room A307, Table 10
**Academic Stress Among Students: Introducing the Demand-Control-Support Model**
60-Minute Roundtable Session
*Changhee Lee, Boram Kim*

School counselors recognize that students with high levels of academic burnout are likely to have emotional exhaustion, cynicism and inefficacy that result in low motivation for classes, a long absence and dropout of studies. This roundtable session provides an overview of students’ academic burnout based on the demand-control-support model and examines how school counselors can help students by implementing the model to develop a comprehensive school counseling program.
ARE YOU A PROVIDER OF ANIMAL-ASSISTED INTERVENTIONS?

Join other human-animal intervention professionals for an experiential practicum designed to help you improve your practice.

Human-Animal Interventions (HAI) Competencies require continuing education in knowledge, skills and attitudes in animal assisted interventions. This three-day course offers hands-on, practical training in these areas, focusing on the human, animal and practice aspects. Competencies can be found on the American Counseling Association’s website (counseling.org).

Refine your skills in

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- Preparing your clients for visits with your animal
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Class size is limited. This course is designed for practitioners with experience in HAI’s or who have had prior education in the area. Contact Amy Johnson at johnson2@oakland.edu for more information or visit oakland.edu/animalassistedtherapy.
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A full description of the Featured Poster Sessions at-a-Glance can be found in the Poster Session Descriptions section starting on page 113 by the corresponding ID number.
Featured Poster Sessions at-a-Glance

**ASERVIC Featured Session**

Saturday, April 28
ID #580, Spirituality and Religion in Counseling: Critical Considerations for Supervisors

**ASGW Featured Session**

Sunday, April 29
ID #649, Creating a Trauma-Sensitive Culture in K–12 Schools: Redefining Group Work

**CSJ Featured Session**

Friday, April 27
ID #552, Examining African American Women Graduate Students’ Affinity Group Experiences

**IAAOC Featured Session**

Sunday, April 29
ID #659, Recovery High School Outcomes for Adolescents Subsequent to Treatment for Substance Use Disorders

**IAMFC Featured Session**

Sunday, April 29
ID #656, IAMFC International Programs in Family Counseling

**MGCA Featured Session**

Sunday, April 29
ID #650, Counseling Interventions to Support National Guard and Reserve Service Members

**NCDA Featured Session**

Saturday, April 28
ID #612, In an Online Global Community, Who Is Being Left Out?

**NECA Featured Session**

Friday, April 27
ID #512, NECA’s Extraordinary GCDF Certification Training: Shows You a Reflection of Your Life?

**CSJ Featured Sessions**

Friday, April 27
ID #501, Duty to Inform: New Expectations, Ethical Considerations and Partnership Opportunities
ID #502, Developing Leadership and Advocacy: Doctoral Teaching Interns’ Experiences
ID #513, From Research to Practice: Spiritual Wellness Among Gay Christian Males
ID #525, Hooking the Blue Whale: Techniques in Web Activity Promoting Self-Harm in Adolescents
ID #526, Counselors-in-Training Engaging in Professional Advocacy
ID #537, Restructuring Our Chi Sigma Iota Chapter: Building a Strong Professional Community
ID #549, Cross-cultural Mentoring in Counselor Education: A Call for Action
ID #550, Resisting Calcified Principles through Professional Advocacy and Community Outreach: After Tennessee’s Senate Bill 1556
ID #561, Virginia Commonwealth University Out of Darkness Walk: Utilizing Servant Leadership
Saturday, April 28
ID #573, Juvenile Offenders: Worldwide Issue and No Universal Solution
ID #574, SIS: Suffering in Silence; The Silent Epidemic of Violence Against Women and What We Can Do to Address It
ID #585, Chi Sigma Rocks UNK: Building Advocacy Through Words of Affirmation, One Stone at a Time
ID #586, 13 Reasons Why We Can Help: Enhancing Counselor Community Engagement Through Professional Advocacy
ID #597, Development and Personality Differences in Counselor Burnout: A Wellness Perspective
ID #598, CSI Chapter Collaboration Through Counselor Community Engagement: University of Botswana Book Drive
ID #609, Community Engagement and Advocacy in Graduate Students’ Professional Identity
ID #610, Practice What You Preach: Promoting Wellness and Self-Care for Students in Counselor Education

Sunday, April 29
ID #621, The Application of Gender-Neutral Pronouns in Transgender Counseling
ID #622, The Utilization of Mindfulness as a Wellness Tool in Counseling Practice and Self-Care
ID #633, Bridging the Gap: Developing a More Cohesive Identity for School and Mental Health Counselors
ID #634, The Wellness Model: Wholeness Begins With You
ID #645, Suicide Prevention and Awareness on a College Campus
ID #646, How CSI Chapters Can Promote Self-Care for Counselors in Training
ID #657, Let’s Talk Politics: The Impact of Global Events and Social Media on Mental Health
ID #658, Mindfulness Strategies to Manage Negative Countertransference While Working With Challenging Clients

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March 29–31, 2019

March 26, 2018
Online proposal site opens

June 4, 2018
Proposal submission deadline (5:00 pm ET)

December 14, 2018
Conference session presenter registration deadline

Note: The primary presenter must be an ACA member.

Please visit counseling.org/conference
for additional information

Share Your Knowledge. Strengthen Your Profession.
Friday, April 27

8:00 am – 8:30 am
CSI Featured Session
Program ID #501, 3rd Floor, Poster Area 1
Duty to Inform: New Expectations, Ethical Considerations and Partnership Opportunities
30-Minute Poster Session
Latonya M. Graham
This poster session involves an examination of the new expectations and ethical considerations related to counselors’ duty to inform. The ACA Code of Ethics published an updated version in 2014 that included a revision to confidentiality and privacy. Attendees will obtain clarification about changes in expectations regarding breaking confidentiality and potential alternatives when exercising legal and ethical decision-making practices.

8:00 am – 8:30 am
CSI Featured Session
Program ID #502, 3rd Floor, Poster Area 2
Developing Leadership and Advocacy: Doctoral Teaching Interns’ Experiences
30-Minute Poster Session
John J. S. Harrichand, Patricia Kimball
This poster session will address doctoral teaching interns’ experiences on developing leadership and advocacy. Presenters who taught in master’s-level counseling programs residentially, in weekend intensive and online instructional settings will discuss their experiences of how they developed these skills within these contexts. Further, implications of developing advocacy and leadership in doctoral programs on counselor educator preparedness and the counseling profession will be addressed.

8:00 am – 8:30 am
Program ID #503, 3rd Floor, Poster Area 3
Caught in the Web: Exploring Diagnosis and Treatment of Internet Addiction
30-Minute Poster Session
Rebecca M. Cameron, Brittany Cunnien, Nohemi Perez
Internet addiction is a worldwide problem, with prevalence estimates ranging between 1.5 and 18.5 percent of the world population. Attendees will benefit from learning about prevalence rates, the most affected populations, potential risk factors, unofficial diagnostic criteria and the most up-to-date interventions being used to treat internet addiction.

8:00 am – 8:30 am
Program ID #504, 3rd Floor, Poster Area 4
Interactional Patterns of Clinical Supervision: Using Sequential Analysis
30-Minute Poster Session
Dan Li, David K. Duys, Darcy H. Granello
This poster session depicts the moment-to-moment behavioral-state transition patterns in clinical supervision by using sequential analysis. It captures the overall interactional patterns and different patterns based on the length of supervisors’ or supervisees’ work experience. Particularly, the dyads with more experienced supervisors
or supervisees exhibit a repetitive pattern between opinions and positive social emotional behaviors. This cyclical pattern has implications for both supervisors and supervisees.

8:00 am – 8:30 am
Program ID #505, 3rd Floor, Poster Area 5
The Systematic Review of Articles of the Microaggressions on Clients in the US and Korea 30-Minute Poster Session
Eunhui Yoon, Jung-In Lee
This poster session will present results of a systemic review of published papers related to clients’ perceived microaggression during their counseling sessions in the U.S. and South Korea. First, the presenters will define and discuss the theoretical framework of microaggressions. Then they will describe types of microaggression clients face during their counseling sessions. They will also show how counseling-related studies in two countries have dealt with the clients’ perceived microaggressions.

8:00 am – 8:30 am
Program ID #506, 3rd Floor, Poster Area 6
Courthouse Facility Dogs: An Intervention for Survivors of Intimate Partner Violence 30-Minute Poster Session
Katherine A. Shirley, Tiana M. Kelly
The human-animal bond: It’s therapeutic. Survivors of intimate partner violence endure a secondary crisis when testifying in court. This research-based presentation will explain how to mitigate that crisis with an intervention strategy using courthouse facility dogs. The critical roles of counselors as educators, advocates and supporters will also be discussed.

8:00 am – 8:30 am
Program ID #507, 3rd Floor, Poster Area 7
Clicking and Coping: The Relationship Between Mindfulness, Anxiety and Social Media 30-Minute Poster Session
Dakota Ray Skipper, Joshua French, Cooper Moore
Social media usage has increased dramatically now that content is only a single click away. Participants were recruited via Facebook to investigate whether mindfulness moderates the relationship between anxiety and social media usage. We hypothesized that individuals who engage in mindfulness have lower levels of anxiety and use social media less. Our study’s results will give insight on social media as a form of coping by expanding upon previous research regarding mindfulness and anxiety while incorporating social media usage.

8:00 am – 8:30 am
Program ID #508, 3rd Floor, Poster Area 8
Play Therapy and Children’s Experiences of Their Transgender Parents’ Transition 30-Minute Poster Session
Yi-Ju Cheng, Dina Yousef
Although most of the literature and research has focused on transgender youths or transgender parents, the experiences of children with transgender parents are rarely discussed. This poster session aims to provide opportunities for counselors to gain understanding of the developmental stages and experiences
of children with transgender parents and to learn how counselors can support all family members in their experiences of transition during the play therapy process.

**8:00 am – 8:30 am**
Program ID #509, 3rd Floor, Poster Area 9

**Supporting International Students in the United States: Utilization of Counseling Centers**
30-Minute Poster Session

Ahmet Can

This poster session will provide an overview of research on common challenges, difficulties and barriers that international students face while pursuing their education in the United States. In addition to focusing on the students, this poster session will consider counseling theories, empirically supported therapy techniques and example intervention treatment modalities for this population as well as implications for further study.

**8:00 am – 8:30 am**
Program ID #510, 3rd Floor, Poster Area 10

**What Affects School Counselor Burnout? Implications for School Counselors**
30-Minute Poster Session

Nayoung Kim, Glenn Lambie, Jayna Brooke Mumbauer

This poster session synthesizes the literature related to school counselor burnout to answer two questions: (1) what factors may predict burnout in school counselors? and (2) What factors mitigate school counselor burnout? Because there is no synthesis focusing on school counselor burnout, this session will inform school counselors and school administrators about the factors affecting the burnout experienced by school counselors and help them to prevent burnout.

**8:00 am – 8:30 am**
NECA Featured Session
Program ID #512, 3rd Floor, Poster Area 12

**NECA’s Extraordinary GCDF Certification Training: Shows You a Reflection of Your Life?**
30-Minute Poster Session

Michael C. Lazarchick, Seneca Arrington

The National Employment Counseling Association’s, completely online GCDF (Global Career Development Facilitator) Training provides resources and knowledge that will ultimately help graduates perform at a higher level of functioning. Students who fully engage often have transformative experiences. Working Ahead, Moving
Forward presents a diversity of wisdom shared by classmates and instructors. Students receive state-of-the-art tools and techniques resulting in a higher level of consciousness and more success with those they serve.

10:30 am – 11:00 am
CSI Featured Session
Program ID #513, 3rd Floor, Poster Area 1
From Research to Practice: Spiritual Wellness Among Gay Christian Males
30-Minute Poster Session
Rob McKinney, Cassandra Storlie
Addressing spiritual wellness among gay, Christian males can be a challenging and sensitive issue for counselors. This poster session introduces wellness counseling practices that emerged from a narrative analysis exploring the intersection of gay males’ sexual identity and their religious identity.

10:30 am – 11:00 am
Program ID #514, 3rd Floor, Poster Area 2
Understanding the Correlation Between Violence and Schizophrenia
30-Minute Poster Session
Daniel Balva
While research has shown that there is a correlation between schizophrenia and violence, only a fraction of violence within our society can be traced to individuals with a diagnosis of schizophrenia. In this poster Session presenters will discuss the general public’s perception of people diagnosed with schizophrenia as being violent and share statistics that highlight the likelihood of violent acts being committed by such individuals.

10:30 am – 11:00 am
Program ID #515, 3rd Floor, Poster Area 3
Day on the Hill: A Political Advocacy Experience
30-Minute Poster Session
Jacqueline Swank, Kathryn Williams, Alisa Houseknecht, Alena Prikhidko
Advocacy is a crucial component of counseling and therefore, it is essential that all counseling professionals learn the value of advocacy and how to engage in advocacy activities. This session will focus on exploring counseling students’ perspectives related to their experience participating in Day on the Hill at the State Capitol and examining the effect of the experience on promoting advocacy skills. The presenters will discuss the process of planning and engaging in a political advocacy experience.

10:30 am – 11:00 am
Program ID #516, 3rd Floor, Poster Area 4
School Counselor and Clinical Mental Health Counselor Collaboration
30-Minute Poster Session
Malti Tuttle, Brandee Appling
This session will highlight the findings from a phenomenological research study about the collaboration experiences between K–12 professional school counselors and clinical mental health counselors to support the academic and social/emotional needs of students in the K–12 setting. The presenters will address how, why and when school counselors and clinical mental health counselors collaborate to support students and the outcomes of this collaboration.
FRIDAY

10:30 am – 11:00 am
Program ID #517, 3rd Floor, Poster Area 5
Mom Needs a Time-Out Too: The Importance of Programs That Support At-Risk Families
30-Minute Poster Session
Cheryl W. Neale-McFall, Allison Danielle Gatta
This poster session will show attendees first-hand what was involved in running an eight-week counseling group for at-risk mothers. In addition, attendees will gain an understanding of best practices used to work with this population and receive sample activities that can be adapted to their own groups.

10:30 am – 11:00 am
Program ID #518, 3rd Floor, Poster Area 6
Understanding Autism From Dad’s Perspective: A Grounded Theory Study
30-Minute Poster Session
Michael D. Hannon
What do counselors know about the psychosocial aspects of autism on the family? How does autism affect the fathers of children with autism? Attend this poster session to see and discuss the results of a grounded-theory study on how fathers learn about their children’s autism diagnoses and its implications for individual, couple and family counseling.

10:30 am – 11:00 am
Program ID #519, 3rd Floor, Poster Area 7
Puppet Play in Child Welfare Services: An Emotional Regulation Activity
30-Minute Poster Session
Amanda Marie Evans, Laurie M.

Craigen, Patrick Murphy, Abigail Megan Holder
An increased number of children have entered the foster care system within the last 10 years and 80 percent of these cases are a result of extreme neglect. Children in foster care are in need of therapeutic services to address possible trauma. This poster session will present data collected through the development of an emotional regulation activity delivered through puppets for foster care children in a rural, low-socioeconomic-status community.

10:30 am – 11:00 am
Program ID #520, 3rd Floor, Poster Area 8
Building Resilience With Expatriates: A Case Study
30-Minute Poster Session
Paula Carina Lazarim Marques
Expatriates living abroad working under a temporary assignment are common in today’s world and American counselors need to be ready to meet this demand. Grounded in intercultural psychology theory, this poster session shows a successful intervention with a Brazilian expatriated in China through the incorporation of intercultural and psychoeducational strategies into counseling sessions. Attendees will explore how changes in lifestyle affect clients and how to integrate interventions to assist in meeting client’s needs.

10:30 am – 11:00 am
Program ID #521, 3rd Floor, Poster Area 9
Counselor Education and Addressing the Needs of the LGBT Community: Are We Doing Enough?
FRIDAY

30-Minute Poster Session
Lindsay K. Portela, Jill Marie Meyer
The purpose of this research was to identify the climate of counselor education programs in terms of preparing future counselors to work effectively with LGBT individuals. This poster session aims to provide detailed information about the need for a focus on multicultural counseling competency in counselor education programs, the history of oppression and discrimination faced by LGBT individuals, as well as implications for counselors, counselor educators and students in the field.

10:30 am – 11:00 am
Program ID #522, 3rd Floor, Poster Area 10
Improving Empathy in Children: Interactive Read Aloud As A Counseling Intervention
30-Minute Poster Session
Eleanor Thompson
In this interactive poster session, attendees will be provided with data and research supported strategies for how counselors can incorporate the use of the interactive read aloud to improve empathy levels in children. Attendees will be able to read children’s books that demonstrate empathy in a developmentally appropriate manner. Both school counselors and professional counselors will benefit from the information and strategies presented.

10:30 am – 11:00 am
Program ID #523, 3rd Floor, Poster Area 11
A Systematic Investigation of Mixed-Methods Research in ACA Journals
30-Minute Poster Session
Elif Emir Oksuz
Mixed-methods research (MMR) is the third wave after quantitative and qualitative research. Despite the popularity and the potential benefits of MMR, it is underutilized in counseling research. The purpose of this poster session is to investigate the MMR articles published in all ACA journals after 2014 in terms of current trends and methodological rigor. Identifying the strengths and weaknesses of published studies can help counselors to produce methodologically rigorous MMR studies and become knowledgeable consumers.

10:30 am – 11:00 am
Program ID #524, 3rd Floor, Poster Area 12
Phenomenological Exploration of Clinical Training of International Students
30-Minute Poster Session
Ahram Lee
This poster session centers on the voices of international counseling students to provide a snapshot of their lived experiences on clinical training experiences. This poster session will provide results of a phenomenology study on international counseling students’ clinical training experiences and clinical supervisory implications of the results. This poster session will also provide a platform to discuss ways to support international counseling students to better meet the needs of their clients in clinical practice.

11:30 am – 12:00 pm
CSI Featured Session
Program ID #525, 3rd Floor, Poster Area 1
Hooking the Blue Whale: Techniques in Web Activity Promoting Self-Harm in Adolescents
FRIDAY

30-Minute Poster Session
**Carol Quinn**

Another threat has emerged from the deep waters of cyberspace. Using the term “Blue Whale,” social media consumers seek the guidance of an anonymous mentor to guide them through a sequence of 50 daily tasks, culminating in the suicide of the participant. This study is intended to explore the mechanisms enticing the follower to take action and to equip practitioners with an understanding of underlying compliance principles. The research is further intended to identify characteristics that may aid in the early detection of future hazards.

11:30 am – 12:00 pm
CSI Featured Session
Program ID #526, 3rd Floor, Poster Area 2
**Counselors-in-Training Engaging in Professional Advocacy**
30-Minute Poster Session
**Charmaine Conner, Ana G. Reyes**

The counseling profession’s attention to social justice and advocacy has been recharged. However, professional advocacy has received limited attention. Attendees of this interactive poster session will learn how the presenters successfully lobbied for and against legislation affecting professional counselors. Attendees will also have an opportunity to learn how to develop advocacy training curriculum, secure funding and implement a plan of action.

11:30 am – 12:00 pm
Program ID #527, 3rd Floor, Poster Area 3
**Mindfulness With Male Offenders in a Community Reentry Treatment Program**

11:30 am – 12:00 pm
Program ID #528, 3rd Floor, Poster Area 4
**Sounds of Silence in Group Work: Productive, Unproductive and Misunderstood**
30-Minute Poster Session
**Jean Georgiou, Jim Reynolds**

This poster session will explore findings of a qualitative research study on the development of group facilitation skills of doctoral students. Specifically, the session will focus upon the use and misuse of silence in group therapy. The use of silence in group as a positive therapeutic healing force will be presented. Also, problematic silencing interventions will be discussed in relation to how they may communicate disrespect, dismissal or disinterest.

11:30 am – 12:00 pm
Program ID #529, 3rd Floor, Poster Area 5
**A Study of the Counseling Experiences of Women Who Have Placed a Child for Adoption**
30-Minute Poster Session
Elliottte S. Harrington
This poster session explores the counseling experiences of several women who have placed a child for adoption. For these women, negative messages, lack of social support and the trauma of placing a child for adoption may result in ongoing mental health challenges. Although birth mothers can benefit from counseling, little is known of what their counseling experiences are like. This poster session narrows the gap between birth mothers’ counseling experiences and counselors’ knowledge and understanding of those experiences.

11:30 am – 12:00 pm
Program ID #530, 3rd Floor, Poster Area 6
Facing Facebook: Social Media Ethics
30-Minute Poster Session
Karina Marie Aponte, Sandra Lee
As technology and social media use continue to become a crucial part of our society, it is important for professionals to familiarize themselves with the ethical dilemmas surrounding social media. This poster session focuses on ethical issues such as friending clients, counselors looking through their clients’ social media and clients looking through their counselor’s social media. Limitations and benefits are discussed, along with suggestions for both current and future professionals.

11:30 am – 12:00 pm
Program ID #531, 3rd Floor, Poster Area 7
Creating an Invitational Educational Learning Environment for Diverse Populations
30-Minute Poster Session
Antoinette C. Hollis, Crystal Giddings
The principles of invitational theory (IT) address fundamental beliefs that are aligned with promoting cultural diversity. This theory is useful in removing barriers for underrepresented populations in higher education and promoting equal access to resources and support. It is important that postsecondary institutions design settings that motivate all students, through a spirit of invitation, to engage in higher learning. IT encourages a more nurturing learning environment with unconditional positive regard.

11:30 am – 12:00 pm
Program ID #532, 3rd Floor, Poster Area 8
Advocating for Access to Mental Health Care for Victims of Intimate Partner Violence
30-Minute Poster Session
Jennifer Hightower
Intimate partner violence (IPV) is prevalent in our society and research has shown that victims of IPV experience greater psychological distress than those who have not experienced IPV. However, victims of IPV do not have access to the services that they need. This poster session will explore the current literature on access to health care for victims of IPV as well as issue a call to action for professional counselors to advocate for increased services, with specific courses of action.

11:30 am – 12:00 pm
Program ID #533, 3rd Floor, Poster Area 9
Korean American Generational Study: The Predictive Role of Religion and Spirituality
30-Minute Poster Session  
*Chun-Shin Taylor*

Scholars have called for investigating the role of religion and spirituality as important variables in understanding the intricate dynamics between culture, ethnic identity and psychological outcomes. This poster session will investigate (1) the relationship between psychological variables and religion and spirituality; (2) the incremental validity of religion and spirituality; and (3) the psychological constructs of spirituality among first- and second-generation Korean Americans. Counseling implications to improve multicultural competency will be proposed.

**11:30 am – 12:00 pm**  
Program ID #534, 3rd Floor, Poster Area 10

**Investigating School Counselor Ratios and Student Outcomes Using the HSLS:09 Dataset**  
*Emily C. Goodman-Scott*

Building on previous literature, researchers used a nationally representative longitudinal dataset (HSLS:09) to determine the association between school counselor-to-student ratios and high school students’ academic outcomes. Attendees will discover school counseling factors influencing student outcomes, view these results from an ecological perspective and gain implications for school counselors and counselor educators, including specific strategies for using an ecological model within school counseling.

**11:30 am – 12:00 pm**  
Program ID #535, 3rd Floor, Poster Area 11

**Changes in Prejudicial Attitude as Influenced by Exposure to Nondominant Social Events**  
30-Minute Poster Session  
*Medina Colaku, Natalie Nieves*

The purpose of this poster session is founded on the recent political climate due to the heightened anxiety and tension when discussing minority groups within the United States. In the counseling field, it is significant to highlight the importance of understanding biases, empathy and privilege based on reactions that differ. Through non-dominant social exposure, one’s empathy and self-awareness towards minority and marginalized groups will increase.

**11:30 am – 12:00 pm**  
Program ID #536, 3rd Floor, Poster Area 12

**Examining Resilience, Emotional Intelligence and Connectedness to Nature**  
30-Minute Poster Session  
*Debra Murray, Adam Frei*

People are spending less time outdoors, despite the many benefits of nature. This study examined the impact of nature connectedness on the mental health protective factors of resilience and emotional intelligence. The findings suggest that individuals who are more connected with nature experience higher levels of resilience and emotional intelligence. These strong positive effects provide support for consideration of nature-based interventions to promote mental health.
2:00 pm – 2:30 pm
CSI Featured Session
Program ID #537, 3rd Floor, Poster Area 1
Restructuring Our Chi Sigma Iota Chapter: Building a Strong Professional Community
30-Minute Poster Session
Jessie Darkis, Derek X. Seward
Restructuring a Chi Sigma Iota chapter with an entirely new executive committee can be a challenging process. This poster session will provide attendees with our chapter’s framework for developing, implementing and evaluating an annual plan with an executive committee composed of new leadership. We will discuss key activities developed to advance our chapter’s 2017–18 theme “Fostering Professional Community.”

2:00 pm – 2:30 pm
Program ID #538, 3rd Floor, Poster Area 2
Animal-Assisted Therapy in Mental Health Interest Network: Philosophy and Trends
30-Minute Poster Session
Leslie Stewart, Amy R. Johnson, Jade L.H. Letourneau
Interest in implementing animal-assisted interventions (AAIs) into counseling practices is growing rapidly, and ACA’s Animal-Assisted Therapy in Mental Health (AATMH) Interest Network now has 425 members. Members and other interested people are often curious about how to get started with AAIs. This poster presentation aims to familiarize attendees with the tenets of the AATMH Interest Network and to promote the professionalization of AAIs in order to enhance the welfare of the animals, counselors and clients involved.

2:00 pm – 2:30 pm
Program ID #539, 3rd Floor, Poster Area 3
Examining Literature About LGBTQ+ Clients in JCD: Tracking Trends Over Time
30-Minute Poster Session
Rachel K. Henesy, Ana Puig, Mercedes Machado, Eunhui Yoon
This poster Session will present the results of an inductive qualitative content analysis examining themes and trends in LGBTQ+-related articles from the Journal of Counseling & Development over a 30-year period. The presenters will provide a historical and current context to highlight the importance of understanding the changes that have taken place through research and advocacy. They will discuss the shift to an affirmative approach in working with LGBTQ+ clients.

2:00 pm – 2:30 pm
Program ID #540, 3rd Floor, Poster Area 4
School Counselors’ Leadership Self-Efficacy, Delivery of Services and Advocacy
30-Minute Poster Session
Patrick R. Mullen, Natoya Hill Haskins, Sean Newhart
This poster session will present the findings from a cross-sectional study that examined the relationship between leadership self-efficacy, implementation of comprehensive school counseling programs and social justice advocacy among a sample of practicing school counselors. Attendees will learn about existing literature on these
topics, the findings from this study and implications for future research and practice. Also, the presenter will discuss the mail-based survey research methodology and statistical procedures used.

2:00 pm – 2:30 pm
Program ID #541, 3rd Floor, Poster Area 5
**Can You Pour From an Empty Cup? Self-Care and Stress Resilience Among Graduate Students**
30-Minute Poster Session
MaryKate Wihnyk, Cheryl Walker, Sofia Rubin
This study of graduate students examined self-care practices such as physical care, supportive relationships, mindful awareness, self-compassion, mindful relaxation, clinical practices and supportive structure. It was hypothesized that a higher number of self-care practices would be associated with higher levels of resilience to stress. Results showed there was a significant positive correlation between stress resilience and all self-care practices, with self-compassion being the strongest.

2:00 pm – 2:30 pm
Program ID #542, 3rd Floor, Poster Area 6
**Avoiding Impairment: A Self-care Model for Success**
30-Minute Poster Session
Tiffany N. Simonetti, Brittnee A. Smith
When do you make time for yourself in a profession dedicated to helping others? Students and new professionals enter the field recognizing the importance of self-care; however, self-care requires awareness, balance and connection. Presenters will highlight the consequences of impairment, describe current standards and ethical codes and suggest strategies to holistically improve well-being. Presenters will provide the indivisible self model for attendees of all levels to practice, model and facilitate client wellness education.

2:00 pm – 2:30 pm
Program ID #543, 3rd Floor, Poster Area 7
**Taming the Trauma: Empirically Supported Treatment of Child Sexual Abuse**
30-Minute Poster Session
Amanda Jans, Heidi N. Ryan
An insidious problem plaguing our nation’s children, child sexual abuse has been reported as “likely the most prevalent health problem children face with the most serious array of consequences.” Trauma-focused cognitive behavioral therapy (TF-CBT) is empirically supported and boasts the strongest research evidence of any treatment model for traumatized children. This poster session covers background and impacts of child sexual abuse, components and basic implementation of TF-CBT and avenues for further research and training.

2:00 pm – 2:30 pm
Program ID #544, 3rd Floor, Poster Area 8
**Military Students’ Perspectives: Improving Counselor Education Teaching Practice**
30-Minute Poster Session
Meredith A. Rausch, Jennifer Leigh Reid
With military-connected student populations growing in the field of higher education and counselor education as a result of the post–9/11
GI Bill, counselor educators must be better prepared to recognize the strengths and challenges of this unique culture in the classroom. Using an exploratory survey research design, the investigators sought to better understand the experiences of current military connected students in a southeastern CACREP-accredited university. The results and implications will be presented in this session.

2:00 pm – 2:30 pm
Program ID #545, 3rd Floor, Poster Area 9
**Am I Alone? How to Effectively Intervene With Clients Exposed to Social Exclusion**
30-Minute Poster Session
*Nayoung Kim, Jeongeun Park, Heather Geils*

The poster session will focus on the importance of empathetic verbal response in counseling and how to intervene clients exposed to social exclusion. The session will provide an overview of the design and the results of the experimental study and suggest implications for clinical practice, counselor education and future research.

2:00 pm – 2:30 pm
Program ID #546, 3rd Floor, Poster Area 10
**The Professional Development of International Students: Implications for Counselors**
30-Minute Poster Session
*Na Mi Bang, Hongryun Woo, Hyunhee Kim*

This poster session will examine the role of counselors and counselor educators in serving international students, report findings from a qualitative study of international students’ experiences with professional development and discuss suggestions and implications for counselors and counselor educators to understand the needs and challenges of international students.

2:00 pm – 2:30 pm
Program ID #547, 3rd Floor, Poster Area 11
**Immigration Experiences of Peruvian Adults in the United States: Through Their Eyes**
30-Minute Poster Session
*Natosha K. Monroe*

The topic of immigration is at the forefront of public attention, yet there is little psychological research about the experiences of immigrants themselves and especially of those who exhibit positive characteristics. This poster session presents the immigration experiences of 15 Peruvians living in three different regional areas of the U.S. Because of the phenomenological approach, the findings are in participants’ own words and reveal immigration themes as well as possible civil rights violations taking place in one area of the United States.

2:00 pm – 2:30 pm
Program ID #548, 3rd Floor, Poster Area 12
**Predictive Factors of Counseling Students Interest in Counseling Older Adults**
30-Minute Poster Session
*Nathaniel J. Wagner*

The older adult demographic is the most underserved population when considering mental health needs and qualified providers, and few counselors interested in working with older adults especially when
considering the need. One possible reason for this lack of interest is that trainees feel ill-prepared to work with older adults. This poster will disseminate the results of a study exploring factors that contribute to counseling students’ interest levels in working with older adults.

3:00 pm – 3:30 pm
CSI Featured Session
Program ID #549, 3rd Floor, Poster Area 1
Cross-cultural Mentoring in Counselor Education: A Call for Action
30-Minute Poster Session
Marianna L. Oller, Sunny Teeling
Within counselor education programs, mentoring relationships occur as both formal and informal relationships. The presenters discuss the value of mentoring, the exponential growth rate of marginalized graduate students and the discrepancy between marginalized faculty and the current mentorship guidelines in counselor education. The impact is discussed and recommendations are made for mentorship in cross-cultural dyads.

3:00 pm – 3:30 pm
CSI Featured Session
Program ID #550, 3rd Floor, Poster Area 2
Resisting Calcified Principles through Professional Advocacy and Community Outreach: After Tennessee’s Senate Bill 1556
30-Minute Poster Session
Leslie D. Bohn, Caroline Bravo
Through community engagement and professional advocacy centered on diversity and multicultural competency, counseling professionals and students can address the atmosphere of prejudice toward certain populations embodied by legislation like Tennessee’s Senate Bill 1556. For those wanting to address similar issues in their communities, this poster session will include a literature review on the development and change of individual and group values, strategies for addressing values and bias and survey results.

3:00 pm – 3:30 pm
CSI Featured Session
Program ID #551, 3rd Floor, Poster Area 3
Intimate Partner Violence and the Trans Community: What is the Role of Counselors?
30-Minute Poster Session
Christina McGrath Fair
Trans-identified individuals are at a particularly high risk of intimate partner violence and discrimination in general. These individuals may present to counseling with unique needs and issues. It is imperative that counselors, supervisors and educators stay informed of these needs and issues and be prepared to support clients who identify as trans. Attendees will learn about this population and why they may be at a higher risk of intimate partner violence, as well as how counselors can best address these clients’ needs and advocate for them.

3:00 pm – 3:30 pm
CSJ Featured Session
Program ID #552, 3rd Floor, Poster Area 4
Examining African American Women Graduate Students’ Affinity Group Experiences
30-Minute Poster Session
Natoya H. Haskins, Leonissa V. Johnson
This poster session will examine two
cases using affinity groups designed to support African American women in counselor education programs at predominantly White institutions. The presenters will focus on answering the following research question: What are the lived experiences of Counselor education African American women graduate students participating in campus-based Affinity groups at predominantly White institutions? The presenters will illuminate the five themes gleaned from the study, the methodological processes and future implications.

3:00 pm – 3:30 pm
Program ID #553, 3rd Floor, Poster Area 5
A Life Course View of the Theoretical Orientation Development Process in Counselors
30-Minute Poster Session
Brian Weber
This poster session will showcase research into the development of counselor theoretical orientation across the life span. Attendees will learn how issues such as culture and family background can play a role in the foundations of their personal theoretical orientation. The presenter also will explain how theoretical orientation develops across one’s career and how counselors can guide others through this process or enhance their own work through further development.

3:00 pm – 3:30 pm
Program ID #554, 3rd Floor, Poster Area 6
Are You Competent in Research? Enhancing Research Training in Counseling
30-Minute Poster Session

Bilal Kalkan
Research is essential and needed in order to advance the profession and provide evidence-based results to counseling professionals. This poster session will explore research interests of master-s-level counseling students and doctoral-level counselor education students. This session will provide information and suggestions on how to prepare research-competent counseling professionals, what free online software could be used for data analysis and most common designs and statistical methods used in counseling research.

3:00 pm – 3:30 pm
Program ID #555, 3rd Floor, Poster Area 7
Perceptions and Practices of Clinicians Regarding People With Mental Illness and Work
30-Minute Poster Session
Christine L. Fleming, Rebecca S. Curtis
The individual placement and support model of supported employment is an evidence-based practice that leads to successful employment outcomes for people with serious mental illness; however, the implementation of this practice is limited. This poster session will review the results of a study that examined the perceptions and practices of mental health professionals regarding the employment of people with serious mental illness. Implications for counselor practices will be shared.

3:00 pm – 3:30 pm
Program ID #556, 3rd Floor, Poster Area 8
A Comprehensive Review of Supervisors’ Multicultural
Competency Assessment
30-Minute Poster Session
Sangmin Park
In moving toward culturally competent counseling, developing a valid assessment tool is central to facilitate the supervisors’ multicultural competence by providing evidence for the effectiveness of cultural competence. Also, the appropriate usage for the instruments is equally important. The purpose of this poster session is to compare several measures of supervisors’ multicultural competency and reviews the range of multicultural competency of each instrument.

3:00 pm – 3:30 pm
Program ID #557, 3rd Floor, Poster Area 9
Underrepresented Students’ College Admission: What School Counselors Need to Know
30-Minute Poster Session
Amy Gleason Carroll
Are school counselors’ biases revealed in the college counseling they provide high school students who vary by race and income? This poster session will address this question by presenting findings of a study of 513 high school students’ ratings of the effectiveness of the counseling that they received and how ratings varied by student race and income. This session will discuss results from the study as well as best practices in working with racially dissimilar clients and students.

3:00 pm – 3:30 pm
Program ID #558, 3rd Floor, Poster Area 10
The Relationship Between Professional Identity and Professional Counselor Leadership
30-Minute Poster Session
Tanisha Johnson
This poster session will explore the current issues with professional identity and professional unity. The session will also present information from a current research study that explores the relationship between professional identity and professional counselor leadership. The relationship between these two important components of professional development has implications for the future of the counseling profession.

3:00 pm – 3:30 pm
Program ID #559, 3rd Floor, Poster Area 11
High Potential Lethality Behaviors in Adolescents
30-Minute Poster Session
Gina Marie Galiano
High potential lethality (HPL) behaviors are defined as activities adolescents take part in for the thrill or rush that is produced, regardless of the potential consequences of death or serious injury. The current research on HPL behaviors will be explained, and prevalence rates will be shared. Professionals will learn about the most salient theories associated with HPL behaviors, such as neurological and psychosocial theories. A list of warning signs and a sample conversation about HPL behaviors will be provided.

3:00 pm – 3:30 pm
ARCA Featured Session
Program ID #560, 3rd Floor, Poster Area 12
Head Injury and Rehabilitation: The New Normal
30-Minute Poster Session
*Antonio Reyes, Michelle Bradham-Cousar*

Individuals with traumatic brain injury (TBI) may represent especially difficult cases for counselors due to their unique challenges. Counselors play an essential role in supporting improved outcomes for individuals with a TBI, however, many newly trained professionals enter the field without all the needed knowledge to effectively serve individuals with TBI. This poster session outlines important strategies for helping individuals with TBI to be successful in the context of school, work and post-injury adaptation.

**4:00 pm – 4:30 pm**

*CSI Featured Session*
Program ID #561, 3rd Floor, Poster Area 1

*Virginia Commonwealth University*

**Out of Darkness Walk: Utilizing Servant Leadership**
30-Minute Poster Session
*Robyn Walsh, Donna M. Gibson, Jennifer Gerlach*

Virginia Commonwealth University’s chapter of Chi Sigma Iota (Omega Lambda Iota) initiated the university’s first Out of Darkness Walk in 2016. In the two years of implementation, the program grew in participants and fundraising proceeds by over 100 percent. This poster session will illustrate how to grow a social justice/advocacy project from the ground up utilizing transformational leadership, community outreach and university participation.

**4:00 pm – 4:30 pm**

*Integrating Religion/ Spirituality: Counseling Women Veterans Post Trauma*
30-Minute Poster Session
*Dannette Patterson, Stephanie Dailey, Allison Spargo*

The exposure to combat increases the risk of women service members being diagnosed with posttraumatic stress disorder and other mental health disorders (Kelly et al., 2008). Research reveals that both religion and spirituality demonstrates effectiveness in treating women who have experienced trauma (Briggs & Dixon, 2013). This poster session will highlight how the implementation of religion and/or spirituality can support the healing of women veterans who have experienced trauma.

**4:00 pm – 4:30 pm**

*Program ID #563, 3rd Floor, Poster Area 3*

**Recovering From Crystal Meth: Experiences of Those Who Have Achieved Long-Term Recovery**
30-Minute Poster Session
*Jamian Coleman, Veronica Huttman*

This poster session presents the lived experiences of individuals who have maintained long-term recovery from crystal methamphetamine use. The research aims to represent these often-neglected narratives in the literature. Factors that are consistent among individuals who have achieved and maintained recovery from crystal meth are explored. Attendees will gain insight into factors that may contribute to more successful interventions in individual counseling and rehabilitation services.
**4:00 pm – 4:30 pm**  
Program ID #564, 3rd Floor, Poster Area 4  
**The Role of Mindfulness, Self-Compassion and Emotion Regulation in Eating Disorders**  
30-Minute Poster Session  
*Monica Leppma*  
Eating disorders have deleterious effects on individuals’ health and well-being. New research investigates potential protective factors against the development and maintenance of eating disorder symptoms. This poster session will disseminate the findings from a study examining the relationship between mindfulness, self-compassion and emotion regulation with eating disorder symptomatology using path analysis. Clinical implications and considerations will be included.

**4:00 pm – 4:30 pm**  
Program ID #565, 3rd Floor, Poster Area 5  
**Best Practices for Building Culturally Sensitive Assessments for Transgender Clients**  
30-Minute Poster Session  
*Steven Tyler Oberheim, Jacqueline Swank, Kristina DePue*  
This poster session focuses on best practices for developing, adapting and using assessments with transgender clients. The presenters discuss the historical context of gender minorities in counseling and outline best practices for developing and adapting assessments for transgender individuals. Finally, they discuss the clinical application of using a trans-sensitive assessment process.

**4:00 pm – 4:30 pm**  
Program ID #566, 3rd Floor, Poster Area 6  
**Evaluating the Need for Play Therapy Services in Pediatric Hospitals**  
30-Minute Poster Session  
*Bethany Russell, Dalena L. Dillman Taylor*  
With the increased awareness of traumatic effects experienced by children with chronic illness, we will consider how to better address mental health needs in pediatric health care through an empirically supported intervention: play therapy. In this poster session we will address the need for partnerships with the pediatric hospitals to expand the currently provided wrap-around services to include play therapy.

**4:00 pm – 4:30 pm**  
Program ID #567, 3rd Floor, Poster Area 7  
**Chiseled: Understanding, Treating and Preventing Men’s Body Image Concerns**  
30-Minute Poster Session  
*Justin D. Henderson*  
Increasingly, body image concerns are an area negatively impacting boys and men. This poster session will survey the psychological, behavioral and relational consequences of body image concerns with boys and men. Additionally, an exploration into the cultural contexts of men’s body image and cultural proscribed body ideals will be explored. The presentation will provide information in designing community prevention programming and counseling interventions to address these concerns.
4:00 pm – 4:30 pm  
**Program ID #568, 3rd Floor, Poster Area 8**

**Sexual Assault Treatment for Black Trans Women: Effects of Rape Culture and Racism**  
30-Minute Poster Session  
*Alexis V. Ambeau*  
To decrease the stigma of treating sexual assault survivors and post-victimization, education on rape culture, critical race theory and trauma can give more context to Black trans women's experience of sexual assault and the initial healing process. By understanding the influences of society on the sexual victimization of Black trans women and the healing process, counselors can construct treatment plans that take intersectionality into account, and educators can build curriculums that address racial discrepancies.

4:00 pm – 4:30 pm  
**Program ID #569, 3rd Floor, Poster Area 9**

**The Leadership Qualities and Emotional Intelligence of School Counseling Trainees**  
30-Minute Poster Session  
*Patrick R. Mullen, Dodie Limberg, Victor E. Tuazon*  
This poster session will report the findings from a cross-sectional study that examined the relationship between school counseling trainees’ (N = 225) leadership experience, leadership self-efficacy, self-leadership and emotional intelligence. In addition, relevant literature related to school counselor leadership, the research methods used, the implications of these findings and future research directions will be discussed.

4:00 pm – 4:30 pm  
**Program ID #570, 3rd Floor, Poster Area 10**

**Bridging the Gap: Exposing Graduate Counseling Students to Integrated Care**  
30-Minute Poster Session  
*Bridget Asempapa*  
Health care delivery is rapidly evolving with integrated care approaches gaining credence. Limited training in counselor preparation programs presents contextual challenges in these settings. This poster session presents the results of recent research that examined counselor trainees’ perceived competencies relative to the integrated care competencies of the Substance Abuse and Mental Health Services Administration and Health Resources and Services Administration (SAMHSA–HRSA). Practical implications for training will be discussed.

4:00 pm – 4:30 pm  
**Program ID #571, 3rd Floor, Poster Area 11**

**Race-Based Trauma and White Ally Development: Implications for Counselors**  
30-Minute Poster Session  
*Amanda Marie Evans, Laurie M. Craigen, Jessica Meléndez Tyler, Marina Green*  
This poster session will examine how White allies have attempted to address racism and discrimination. Considering the current sociopolitical climate, the lived experiences of White allies is important to continue discussions on race-based trauma. Recognizing the factors associated within the White ally community can be helpful for White counselors.
as they communicate inclusive and multiculturally sensitive environments that recognize race-based trauma and support posttraumatic growth.

4:00 pm – 4:30 pm
Program ID #572, 3rd Floor, Poster Area 12
Perspectives of the Poor: A Grounded Theory Study of Clients in the Rural, Working Class
30-Minute Poster Session
Dayna M. Watson
Despite the well-documented negative social and psychological correlates of living in poverty, individuals living in poverty continue to underutilize counseling services. In this research exploring the perspectives of counseling clients in the rural, working class will be explored. An emerging conceptual model for understanding how clients in the rural, working class make meaning of their own counseling experiences will be used to discuss implications for counseling practice and research.

Saturday, April 28

8:00 am – 8:30 am
CSI Featured Session
Program ID #573, 3rd Floor, Poster Area 1
Juvenile Offenders: Worldwide Issue and No Universal Solution
30-Minute Poster Session
Lisa Dunkley
There is an astounding over representation of youths with disabilities in the juvenile justice system. For youths to be successful with reintegration into the community, several components are needed to facilitate this process. Components include community supports, treatment services, education and employment. Reintegration is not without barriers with some major barriers being a lack of trained professionals and community-based services to help juvenile offenders desist from crime.

8:00 am – 8:30 am
Program ID #574, 3rd Floor, Poster Area 2
SIS: Suffering in Silence; The Silent Epidemic of Violence Against Women and What We Can Do to Address It
30-Minute Poster Session
Allyson McDaniel, Lisa R. Watson, Antwan McKenzie-Plez
This poster session looks at the problem of violence against women, the context in which it occurs, the risk factors that can lead to it and the protective factors that can help to prevent it. The presenters will discuss when advocacy may be called for and outlines specific steps counselors can take to advocate for clients and engage with communities.

8:00 am – 8:30 am
Program ID #575, 3rd Floor, Poster Area 3
Understanding Ambiguous Loss: Implications for Counseling
30-Minute Poster Session
Tristan Danielle McBain
This poster session presenter will discuss ambiguous loss and implications for counseling. Ambiguous loss is an unclear and confusing loss of a loved one...
who is either physically present but psychologically absent or psychologically present but physically absent. This poster session will provide counselors and counselor educators with delineations of ambiguous loss, examples of circumstances of ambiguous loss and current interventions of best practice most applicable for working with clients affected by an ambiguous loss.

8:00 am – 8:30 am

ACAC Featured Session
Program ID #576, 3rd Floor, Poster Area 4

A Model to Enhance Attachment for Perinatal Maternal Mental Illness in the United States
30-Minute Poster Session
Quinn K. Smelser

Research highlights the impact a mother’s psychological instability can have on the attachment security and physical and psychological health of a child and on the recurrence of a maladaptive cycle through generations in a family. Models studied in other countries suggest that group interventions, multidisciplinary treatment teams and mother-infant inpatient psychiatric units are the most effective in treating the mother’s mental illness and building attachment security in the mother-child dyad.

8:00 am – 8:30 am

ALGBTIC Featured Session
Program ID #577, 3rd Floor, Poster Area 5

Affirmative Counseling as a Way to Promote Identity Wellness in LGBTQI+ Adolescents
30-Minute Poster Session
Rob McKinney, Michael A. Desposito, Eunhui Yoon

Effective counseling interventions for LGBTQI+ adolescents are of critical importance considering the increased risk factors LGBTQI+ adolescents face that lead to various mental health concerns. Affirmative therapy offers counselors a strength-based lens to promote a positive identity development. This poster session will explore potential risk factors faced by LGBTQI+ adolescents and how affirmative therapy can be integrated with the wellness model to increase coping skills and foster holistic goals for LGBTQI+ adolescents.

8:00 am – 8:30 am

Program ID #578, 3rd Floor, Poster Area 6

Neurodevelopmentally Informed Play Therapy With Traumatized Children
30-Minute Poster Session
Susan Stewart Bray, Jason Li

Attendees will be introduced to Trauma-Informed Play Therapy, a neurodevelopmentally informed play therapy approach using interventions matched to brain areas that have been altered by trauma and/or maltreatment. Treatment involves promoting developmental change for traumatized children using three steps for the progression of treatment: regulate, relate and reason. Attendees in the poster session will be introduced to play activities appropriate for each of the intervention steps.

8:00 am – 8:30 am

Program ID #579, 3rd Floor, Poster Area 7

Stressful Life Events and Posttraumatic Growth Among Police Officers
30-Minute Poster Session

**Monica Leppma**

As researchers devote increasing attention to the development of posttraumatic growth, it is important to gain understanding of the construct in relation to first responders who regularly face trauma and stress. The literature has begun to identify factors that may contribute to posttraumatic growth. This session will disseminate the findings from a study exploring posttraumatic growth and protective factors in 113 police officers in the aftermath of Hurricane Katrina. Clinical implications and considerations will be included.

**8:00 am – 8:30 am**

**ASERVIC Featured Session**

Program ID #580, 3rd Floor, Poster Area 8

**Spirituality and Religion in Counseling: Critical Considerations for Supervisors**

30-Minute Poster Session

*Harriet L. Glosoff, Candice R. Crawford, Nicole Christian*

The presenters will review the importance of addressing spirituality/religion in supervision. They will share strategies to assess and facilitate supervisees’ ability to identify their beliefs and how these may impact clients, how and when clients’ spiritual beliefs may contribute to presenting problems and how (based on the ASERVIC Competencies, *ACA Code of Ethics* and ACES Best Practices Guidelines) counselors can ethically incorporate those beliefs into counseling plans to help clients resolve those problems.

**8:00 am – 8:30 am**

**Influence of Career Group Counseling on the Socioemotional Development of HS Students**

30-Minute Poster Session

*Kara Ieva, Erica Figueroa*

Counseling in postsecondary education focuses less on the socioemotional development of the student compared to the areas of academics, college and career exploration. In high school settings, the practice of group counseling is underutilized despite the benefits it can have on adolescents. Attendees will learn about the positive effects of small-group process on the socioemotional development of high school students and it’s progression within the counseling profession.

**8:00 am – 8:30 am**

**Program ID #581, 3rd Floor, Poster Area 9**

**Immigrants and Refugees: Psychological Distress and Barriers to Help Seeking**

30-Minute Poster Session

*Katie Immerfall*

Literature suggests disparities on levels of psychological distress and mental health help seeking behaviors exist between non-native born and native-born U.S. citizens. Therefore, research addressing these variables and barriers to mental health help seeking was conducted. There were 102 students surveyed. Results reveal differences in mean scores of psychological distress. Correlations also show a mix of engagement in both formal and informal help-seeking services.
8:00 am – 8:30 am
Program ID #583, 3rd Floor, Poster Area 11
Emerging Adulthood: Factors That Predict Resilience
30-Minute Poster Session
Jill M. Meyer, Nick Derzis, Lindsay Portela
The purpose of this poster session is threefold: (1) To provide counselors’ detailed information on the characteristics, values and experiences of Emerging adults with disabilities; (2) to better understand the relationships among factors that improve the resilience of emerging adults with disabilities, primarily adaptation, coping and self-esteem; and (3) to provide information on emerging adults and their experiences to aid in services delivery from counselors.

8:00 am – 8:30 am
Program ID #584, 3rd Floor, Poster Area 12
When Counselors Travel Abroad: Transformational Learning Through Cultural Immersion
30-Minute Poster Session
Rebecca E. Michel
Each year, more professional counselors and graduate counseling students travel abroad to obtain professional development, continuing education and a greater connection with the global counseling community. This poster session will provide an overview of how a diverse cultural experience abroad can impact counseling professional identity development and, ultimately, influence the way we counselors and work with clients.

10:30 am – 11:00 am
CSI Featured Session
Program ID #585, 3rd Floor, Poster Area 1
Chi Sigma Rocks UNK: Building Advocacy Through Words of Affirmation, One Stone at a Time
30-Minute Poster Session
Anna Payne-Polson, Emily Feese, Sangeeta Boken, Sarah Connell, Douglas R. Tillman, David Hof
According to research, nearly one-third of college students suffer from anxiety, depression and suicidality. Within the components of cognitive behavioral therapy are the power of inspiration and hopefulness through positive self-talk. Not all students choose to engage in counseling or have the access to do so. This project at University of Nebraska at Kearney provided an opportunity to interject a small, yet tangible, affirmation into the day of a student.

10:30 am – 11:00 am
CSI Featured Session
Program ID #586, 3rd Floor, Poster Area 2
13 Reasons Why We Can Help: Enhancing Counselor Community Engagement Through Professional Advocacy
30-Minute Poster Session
Amanda Elizabeth Grippo, Richard Joseph Behun
This poster session will educate attendees on Myers and Sweeney’s (2004) evidence-based model of wellness, which includes the physical, coping, essential, creative and social aspects of mental health. Additionally, the presenters will display how Chi Sigma Iota chapters can promote improved mental health services through community
engagement. Specifically, the presenters will highlight the success of a mental health awareness and advocacy networking event, “13 Reasons Why” counselors can help.

**10:30 am – 11:00 am**

*ACCA Featured Session*
Program ID #587, 3rd Floor, Poster Area 3

**Multicultural BI: Variation in Self-esteem and Body Image Among Racially Differing Women**
30-Minute Poster Session
*Vanessa R. Wells*

This poster session is for clinicians who work with college-age women on body image, self-esteem and eating disorders. It represents the findings of a meta-analysis on the subject of differences among various racial identities and the aforementioned areas of mental health. It involves a brief explanation of the findings and sociocultural implications and a brainstorming discussion on various techniques that could be used to respect the differences in culture while maintaining efficacy.

**10:30 am – 11:00 am**

*Program ID #588, 3rd Floor, Poster Area 4*

**The Influence of Wellness on Multicultural- and Social Justice Competency**
30-Minute Poster Session
*Andrew Wood*

Wellness can be considered a cornerstone of the counseling profession and in the past 15 years, multicultural-counseling competence and social justice advocacy have become integral foci of many counseling programs. How do these concepts influence one another in working with counselors-in-training? This session presents results from a study examining the influence that subjective wellness has on the multicultural-counseling competence and social justice advocacy of counselors-in-training.

**10:30 am – 11:00 am**

*Program ID #589, 3rd Floor, Poster Area 5*

**Reactive Shielding in Transgender Clients**
30-Minute Poster Session
*Michael Mariska, Desmond J. Stern*

This poster session will present findings from an ongoing study to examine the experiences of transgender individuals and identify common themes related to cissexism (prejudice or discrimination against transgender people) cues and microaggressions. The presenters believe that this identification of themes can assist counselor educators in training students to send the desired message of safety and avoid possible pitfalls related to sending unintended cissexist signals.

**10:30 am – 11:00 am**

*Program ID #590, 3rd Floor, Poster Area 6*

**LGBTQ+ Clinical Considerations When Working in Adolescent Outpatient Settings**
30-Minute Poster Session
*Andrea Parodi, Justin Jacques*

Working with LGBTQ+ adolescents in a residential/intensive outpatient environment is a topic that is seldom discussed in counselor education training. LGBTQ+ individuals often face discrimination from society, friends and family, as well as health
practitioners. Understanding the potential stressors and barriers to improving mental health for LGBTQ+ individuals in residential/intensive outpatient settings is important for emerging counselor educators when working with this commonly marginalized population.

10:30 am – 11:00 am
Program ID #591, 3rd Floor, Poster Area 7
Religiosity Match X Race No-Match, Counselor Credibility and Client Relationship
30-Minute Poster Session
Shelli M. Merrill, Kwong-Liem Karl Kwan
When working with Latino youth in the justice system, a counselor of European descent found that the wearing of religious articles such as a saint bracelet, garnered trust in the Spanish speaking migrant parents. This poster session examines the variables that facilitate cultural match in racially different dyads, particularly how shared religion may be a facilitating bridge.

10:30 am – 11:00 am
Program ID #592, 3rd Floor, Poster Area 8
Assessing Self-Perceived Sensitivity and Awareness to Microaggressions
30-Minute Poster Session
Bradley James Crookston
Attendees at this poster session will learn about current research illuminating the ways in which power and privilege continue to covertly operate through microaggressions. Attendees will gain increased sensitivity to and awareness of microaggressions and the ways in which microaggressions negatively impact clients, thus increasing client care as well as continuing to promote counselor growth and development.

10:30 am – 11:00 am
Program ID #593, 3rd Floor, Poster Area 9
Invisible Wounds: Preventing Vicarious Trauma in Practicing Counselors
30-Minute Poster Session
Margaret Anne Taylor, Sarah McCausland, Jamie Carney, Bethany Lanier
Counselors are engaged in a profession for which they are expected to absorb the trauma of clients and the emotion associated with traumatic events, subsequently exposing themselves to intense details of the clients’ stories. Consequently, hearing extreme details of human distress can cause trauma to counselors, resulting in vicarious trauma. This poster session will provide research results on supervision techniques used to prevent vicarious trauma in practicing counselors.

10:30 am – 11:00 am
Program ID #594, 3rd Floor, Poster Area 10
Should I Be Feeling This Way? Uncovering The Existence of Vicarious Trauma
30-Minute Poster Session
Lorraine M. Dinkel, Marisol Miranda, Francisco J. Adame, Jr.
Clinical and school counseling interns experience vicarious trauma without having knowledge of the term and the possible aftermath. This session will focus on the statistical evidence of existence of vicarious trauma specifically when hearing about
abuse. Details will be provided on the implications for counselors as well as the results from a quantitative study.

10:30 am – 11:00 am
Program ID #595, 3rd Floor, Poster Area 11
International Doctoral Students’ Perceptions of Professional Identity Development
30-Minute Poster Session
Hongryun Woo
International counselor education students greatly strengthen the profession nationally and internationally through leadership, advocacy and service. However, most studies on professional identity issues have been limited to U.S. counseling students. This session aims to provide counselor educators with findings on international doctoral students’ perceptions of their professional identity development.

10:30 am – 11:00 am
Program ID #596, 3rd Floor, Poster Area 12
Examining Chronic Sorrow Among Parents of a Child With Autism Spectrum Disorder
30-Minute Poster Session
Tiffany M. Bordonada
This poster session will provide an overview of the design and approach to a quantitative research study. The purpose of the study was to examine chronic sorrow among 394 parents of a child with autism spectrum disorder. The rationale for the study, analysis and results will be provided. This poster session will focus on informing attendees about chronic sorrow among parents of a child with autism spectrum disorder. Additionally, recommendations for counselors to appropriately address chronic sorrow will be presented.

11:30 am – 12:00 pm
CSI Featured Session
Program ID #597, 3rd Floor, Poster Area 1
Development and Personality Differences in Counselor Burnout: A Wellness Perspective
30-Minute Poster Session
Connie Couch, Claire Critchlow, Alexis (Allie) Hauck
This poster session presents the results of recent research on counselor burnout. The research conveyed in the poster informs a newly suggested means of addressing counselor burnout through the framework of the coping self, which is a component of the indivisible self model of wellness.

11:30 am – 12:00 pm
CSI Featured Session
Program ID #598, 3rd Floor, Poster Area 2
CSI Chapter Collaboration Through Counselor Community Engagement: University of Botswana Book Drive
30-Minute Poster Session
Mary Chase Mize, Nikkiya Brooks, Tanisha Johnson, Janelle Lynn Jones, Lesley H. Yun, Nadiya Boyce Rosen, Julia L. Whisenhunt, Laura R. Shannonhouse
Three local Chi Sigma Iota chapters worked together to support a textbook drive for the counseling program at the University of Botswana. There are approximately 350 undergraduate and graduate counseling students at the university; most do not have books. This poster session discusses how local Chi Sigma...
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<td>Playing With Horses and Color:</td>
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<td>An Exploration of Equine-Assisted</td>
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<td>Ioana Marcus, Jacqueline Swank, Amanda C. DeDiego</td>
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<td>Counselor Preparation: Transgender</td>
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<td>Veronica M. Kirkland</td>
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<td>Supporting Students With Disabilities in Transition:</td>
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Iota chapters collaborated using each step of the counselor community engagement model. Attendees will see an example of applying the model on an international level.

**11:30 am – 12:00 pm**
Program ID #599, 3rd Floor, Poster Area 3

**Cinematheapy: The Effectiveness of Using Films in Counseling**
30-Minute Poster Session
*Boram Kim, Min Joo Lee*

Movies have an important therapeutic function when integrated into a specific framework of counseling. This modern technique enhances the attractiveness of the therapeutic process and the depth of personal and interpersonal development. In order to establish cinematherapy as an evidence-based treatment, this poster session will explain the results from previous quantitative research using meta-analytic approach. Furthermore, it will promote the effective use of film in the therapeutic process.

**11:30 am – 12:00 pm**
Program ID #600, 3rd Floor, Poster Area 4

**Counselor Preparation: Transgender and Gender Nonconforming Population**
30-Minute Poster Session
*Veronica M. Kirkland*

This poster session will focus on the issues and challenges transgender and gender nonconforming individuals face when seeking professional counseling. This session will also provide information regarding counselor preparation and standards for practice with this population and present implications for future research.
this program can be implemented into their own communities.

11:30 am – 12:00 pm
Program ID #603, 3rd Floor, Poster Area 7
Are you Spiritual/Religious?: Beyond Basic Questions to Expand the Clinical Intake
30-Minute Poster Session
C. Missy Butts
Spirituality often receives little attention in the clinical intake process, despite attitudes that clients’ spiritual beliefs are important aspects of client identity. Although many clients are requesting to integrate spirituality into their counseling work, counselors are hesitant to engage in spiritual conversations with clients during intake. This poster session will present a task-oriented approach to spiritual intake assessment that demonstrates the feasibility and utility of expanding intake procedures.

11:30 am – 12:00 pm
Program ID #604, 3rd Floor, Poster Area 8
Addressing Sexuality Issues in Counseling: Tools and Resources for Counselors
30-Minute Poster Session
Lorraine J. Guth, Nichole E. Nugent, Olivia L. Wolfe
This session will discuss the importance of addressing sexuality issues in counseling and overviews a sexuality counseling model to aid counselors in effective practice. Sexuality counseling techniques, key resources, tools and research findings will be shared. The importance of counselor self-awareness, knowledge and skills will be highlighted. Sample activities to increase sexuality awareness/knowledge and implications for counselors will be provided.

11:30 am – 12:00 pm
Program ID #605, 3rd Floor, Poster Area 9
A Content Analysis of Intervention in Procrastination Intervention Literature
30-Minute Poster Session
Yuan Ying Jin, Hyeyun Ko
Intervention to procrastination is complicated. Although previous intervention studies have revealed the effectiveness of applied intervention, the participants’ ages, the types of procrastination and the operational definition of procrastination differ within each study. This makes it difficult for practitioners to apply the appropriate intervention in real counseling settings. This poster session presents a content analysis of procrastination intervention literature to provide a better road map for future studies.

11:30 am – 12:00 pm
Program ID #606, 3rd Floor, Poster Area 10
Flint Water Crisis: Emphasizing Social Justice Action in Disaster Mental Health
30-Minute Poster Session
Meghan Berger, Tatiana Obioha, Chantrelle D. Varnado-Johnson
This poster session discusses the Flint Water crisis as an opportunity for counselors to engage and take social justice action. This session explores implicit bias in disaster mental health and how it may serve as a hindrance to providing effective counseling to disaster survivors. Attendees will acquire knowledge of effective strategies to engage with
disaster survivors in marginalized communities.

**11:30 am – 12:00 pm**
Program ID #607, 3rd Floor, Poster Area 11
**A Career Mentoring Model for Middle Schoolers Interested in the Helping Professions**
30-Minute Poster Session
*Nadine A. Hartig*
This session will describe a successful career mentoring program for middle school students interested in the helping professions. Literature citing the importance of career development and career readiness for middle school will be shared. The specifics about the program, including the curriculum outline, activities used, logistics and barriers to overcome, will be disseminated. Strategies to capture at-risk and diverse student populations will be discussed.

**11:30 am – 12:00 pm**
Program ID #608, 3rd Floor, Poster Area 12
30-Minute Poster Session
*Ericka A. Shoaff, Carese A. Bates, Mollie Sin, Orit Rubin*
The well-being of counselors is essential to the preservation of the helping field. This poster session will highlight the importance of the potential positive impacts of clinical work. A literature review of vicarious posttraumatic growth, compassion satisfaction and vicarious resilience will be presented. Attendees will learn how to identify the constructs within themselves, how to promote the constructs and how to measure them. The primary presenter refers to these positive impacts as occupational gains.

**4:00 pm – 4:30 pm**
CSI Featured Session
Program ID #609, 3rd Floor, Poster Area 1
**Community Engagement and Advocacy in Graduate Students’ Professional Identity**
30-Minute Poster Session
*Jordan Westcott, Greg A. Meyer, Claudia Weese*
Professional advocacy is a crucial component of counselor identity and should be demonstrated through action. This poster session will present a model to demonstrate how a student-led committee, with faculty support, can integrate professional advocacy and community engagement in counseling graduate students’ professional identities. Strategies for developing such a model in other programs and the development of advocacy competencies in the context of a graduate program will be shared.

**4:00 pm – 4:30 pm**
CSI Featured Session
Program ID #610, 3rd Floor, Poster Area 2
**Practice What You Preach: Promoting Wellness and Self-Care for Students in Counselor Education**
30-Minute Poster Session
*Matthew L. Nice, Derron N. Hilts*
Students in counselor education have many roles and a large workload, which can be challenging to health and personal/professional success. Students who instill and advocate for wellness often forget to practice it...
themselves. This poster session will discuss mindfulness-based strategies and pedagogic methods to assist students in counselor education develop a holistic view of wellness and self-care. Advocacy for counselor wellness will also be discussed.

**4:00 pm – 4:30 pm**  
Program ID #611, 3rd Floor, Poster Area 3  
**Incorporating Mindfulness-Based Interventions in Substance Use Treatment Models**  
30-Minute Poster Session  
_Baxlee A. Bynum_  
Substance addiction is a chronic and relapsing condition. Relapse remains extremely prevalent even after individuals complete extensive treatment programs. Are we addressing relapse prevention correctly? This poster aims to explore and discuss the benefits and positive outcomes of empirically supported mindfulness-based relapse prevention interventions.

**4:00 pm – 4:30 pm**  
NCDA Featured Session  
Program ID #612, 3rd Floor, Poster Area 4  
**In an Online Global Community, Who Is Being Left Out?**  
30-Minute Poster Session  
_Anna K. Fleig, Janay Whittaker_  
In an increasingly digital world, the use of technology has come to dominate the job search process and is the primary vehicle for working with clients in career counseling. Although beneficial, technology can inhibit clients from successfully navigating career concerns, particularly within multicultural contexts. In this poster Session attendees will learn to identify digital barriers to successful outcomes for clients and carefully consider how technology is appropriately used in the digital world.

**4:00 pm – 4:30 pm**  
Program ID #613, 3rd Floor, Poster Area 5  
**School-Based Counseling With Elementary School Students in Low SES Communities**  
30-Minute Poster Session  
_Mary K. Perleoni, Glenn Lambie, J. Richelle Joe, Viki Kelchner, Jon Borland_  
Approximately 20 percent of children in enrolled in Title I elementary schools experience psychological distress and 75 percent of these students receive inadequate mental health services and are at an increased risk of poor academic achievement. This poster session is intended to educate counselors on the importance of school-based mental health counseling services as an effective tool in addressing students’ mental health needs living in low income communities. Clinical implications for future research and practice will be discussed.

**4:00 pm – 4:30 pm**  
Program ID #614, 3rd Floor, Poster Area 6  
**Counselor Educator Responses to Student and Supervisee Microaggressions**  
30-Minute Poster Session  
_John F. Marszalek, Anita A. Neuer Colburn_  
The results of a qualitative research will be presented based on the interviews of LGBTQQIA counselor educators/supervisors. These results will include (1) counselor educators/
supervisors’ behavioral and emotional reactions to microaggressions and prejudice by students/supervisees; (2) how their reactions have changed over time; (3) their views on helpful and unhelpful responses to students/supervisees; and (4) their views on best practices for managing their own emotional reactions.

4:00 pm – 4:30 pm
Program ID #615, 3rd Floor, Poster Area 7
Assessing the Effectiveness of the Kimochis program in Promoting SEL and Resilience
30-Minute Poster Session
Ivelisse Torres-Fernandez, Erycka Mikkal Mazzi

The ASCA National Model calls for the development and implementation of programs that target student outcomes, including the personal/social arena. Social emotional learning programming is an efficient approach that merits further attention by school counselors and other professionals. This poster session will present the findings of a study examining the effectiveness of the Kimochis program in promoting social emotional learning and resilience in elementary school children. Implications for practice will be discussed.

4:00 pm – 4:30 pm
Program ID #616, 3rd Floor, Poster Area 8
School-to-Prison Pipeline: Collaborative and Proactive Solutions as a Counseling Model
30-Minute Poster Session
Giscard Petion, Ashlei A. Rabess

The school-to-prison pipeline is a term coined to describe how disciplinary methods can produce negative developmental and behavioral outcomes in school children. Counselors play a vital role in the development of youths, particularly those who have been subject to the exclusionary and punitive measures that are present in the school system. The collaborative and proactive solutions model can assist counselors by highlighting major domains that contribute to the development of behavioral challenges in youths.

4:00 pm – 4:30 pm
Program ID #617, 3rd Floor, Poster Area 9
Career Through an Attachment Lens
30-Minute Poster Session
Charmayne Adams, Arden Szepe

Using an attachment theoretical framework in a career counseling setting allows for a holistic approach when working with clients in career decision making. Foundations of attachment theory will be explored with a short case study to illuminate salient aspects — specifically those concerning career decision-making. Implications and practical suggestions for integration will be highlighted and presented.

4:00 pm – 4:30 pm
Program ID #618, 3rd Floor, Poster Area 10
Best Practices in Counseling: Meeting the Diverse Needs of Older Adults
30-Minute Poster Session
Nadia Sabeh, Emma L. Kendrick

Adults over age 65 face a variety of issues in society. This poster session will help to prepare counselors to address those challenges.
include normal aging, role changes, gender differences, health issues, ageism, retirement and loss, issues which affect the older adult population and will often present in counseling. It is important for counselors to know what to expect of this population and understand the proper framework from which to work with older adults.

4:00 pm – 4:30 pm
Program ID #619, 3rd Floor,
Poster Area 11
Combined Therapeutic Approaches:
Psychopharmacology for Counselors
30-Minute Poster Session
Saundra Marie Tabet, Caitlyn McKinzie Bennett, Amber Norman
Psychopharmacology has been shown to be effective in treating clients who warrant psychotropic medication, with increased positive outcomes for clients receiving both medication and counseling. This poster session will explore the topic of psychopharmacology in counseling and provide practical strategies for counselors-in-training and counselors to effectively incorporate psychotropic medication into therapeutic treatment with clients.

4:00 pm – 4:30 pm
Program ID #620, 3rd Floor,
Poster Area 12
Overcoming Counselor Burnout:
Applying Job Crafting Strategies
30-Minute Poster Session
Sang Min Lee, Changhee Lee, Hyeyun Ko
Counselors can experience burnout in different ways. Burnout impedes counselors in performing clinical tasks. This poster session will introduce the job demand resources model, a comprehensive model of occupational stress that explains how job demands and resources have unique and multiplicative effects on job burnout and motivation. Through examining specific job crafting strategies, attendees will learn how to integrate self-awareness, self-monitoring and professional identity.

Sunday, April 29

9:00 am – 9:30 am
CSI Featured Session
Program ID #621, 3rd Floor,
Poster Area 1
The Application of Gender-Neutral Pronouns in Transgender Counseling
30-Minute Poster Session
Lindsay M. North, Jacqueline V. Lally
Language used to express empathy is particularly important when dealing with transgender clients who often face additional societal and external stigmas. Currently, the use of gender-specific pronouns can be harmful to the counseling process and to transgender clients. Therefore, the presenters are specifically interested in integrating gender-neutral pronouns into the therapeutic alliance with such clients. The presenters believe adopting said practices will have a positive impact on the mental well-being of transgender clients.

9:00 am – 9:30 am
CSI Featured Session
Program ID #622, 3rd Floor,
Poster Area 2
The Utilization of Mindfulness as a Wellness Tool in Counseling Practice and Self-Care
30-Minute Poster Session
Lesley H. Yun, Nadiya Boyce Rosen, Julia L. Whisenhunt

Mindfulness is becoming established as a means of producing neurological and positive emotional changes that can support professional counseling work. This poster session will provide an overview of mindfulness practice and interventions that counselors can utilize to practice self-care and support their work with clients. The session will summarize research support for mindfulness, the benefits of mindfulness and mindfulness practices that can be implemented into standard counseling practices.

9:00 am – 9:30 am
Program ID #623, 3rd Floor, Poster Area 3

Financial Health: A Vital and Often Overlooked Component Affecting Mental Health
30-Minute Poster Session
Emma Kendrick, Nadia Sabeh, Azenet Rodriguez

Financial problems affect one-third of Americans and are connected to serious mental health issues. In addition to understanding a client’s financial health, counselors also need to know how the issue affects their own life. Upon receiving a graduate degree, many counselors face their own debt. The burden can jeopardize a counselor’s own mental health and professional functioning. By understanding financial health, counselors can expand upon opportunities to serve clients and ensure they are not compromised themselves.

9:00 am – 9:30 am
Program ID #624, 3rd Floor, Poster Area 4

#Racism: The Mental Health Ramifications of Online Racial Discrimination
30-Minute Poster Session
Michelle D. Mitchell, Mary Huffstead, Ashlei Rabess, Sylvester Hanner

It is imperative that counselors provide culturally responsive services to diverse client populations. While institutional forms of racism are frequently discussed, online exchanges are overlooked as harmful contributions to one’s well-being. Therefore, this poster session will discuss the current state of online discourse and how racial discrimination significantly impacts the mental health of diverse populations. Implications for counselors and discussions surrounding online experiences will be reviewed.

9:00 am – 9:30 am
Program ID #625, 3rd Floor, Poster Area 5

Couples’ Marital Satisfaction and Wellness
30-Minute Poster Session
Philip B. Gnilka, Ryan G. Carlson, Lindsay Kozachuk, Naomi J. Wheeler, Xun Liu

Marital satisfaction is closely linked to overall levels of wellness and mental health in couples. While the relationship has been extensively studied in predominantly White samples, few studies have investigated these links in more diverse samples. The purpose of this poster presentation is to report the results of a quantitative study (N = 513 couples)
predominately made up of ethnic minorities. Specific interventions for counselors will be discussed.

**9:00 am – 9:30 am**
Program ID #626, 3rd Floor, Poster Area 6

**You Owe Me 20 Cents: How Counselors Empower Women in the Workplace and Address the Wage Gap**
30-Minute Poster Session
Jayna Brooke Mumbauer, Saundra Tabet, Amanda DiLorenzo
Women have historically earned less income than men. Despite advances in workplace policies, the persistent gap has yielded cause of attention within the field of counseling. With research substantiating this gender disparity, there has been a dearth of strategies to help counselors navigate working in the reality of this inequality. This poster session will provide an overview of discrimination in the workplace and practical strategies for counselors who work with disenfranchised populations.

**9:00 am – 9:30 am**
Program ID #627, 3rd Floor, Poster Area 7

**Counseling in Community Colleges: Supporting Student Success and Engagement**
30-Minute Poster Session
Rick Bruhn, Tasha Nichole Lee
This poster session represents the preliminary research of a doctoral student studying approaches to improving academic performance and retention at community colleges through mental health services. Many community colleges have only limited resources for meeting the counseling and mental health needs of students. Few community colleges have stand-alone counseling centers and staff dedicated to addressing mental health needs. Qualitative, grounded-theory methods were used to interview community college students.

**9:00 am – 9:30 am**
Program ID #628, 3rd Floor, Poster Area 8

**Learning to Accept an ADHD Diagnosis in Order to Treat It**
30-Minute Poster Session
Elliott S. Woehler, Eric Price
Attention deficit hyperactivity disorder (ADHD) is a diagnosis affecting millions of children, adolescents and adults in the U.S. Clients with an ADHD diagnosis present with unique challenges for practitioners in the treatment of associated symptoms and shame. Because not all clients will respond to or prefer to be on medication, acceptance-and-commitment therapy is proposed as an alternative treatment.

**9:00 am – 9:30 am**
Program ID #629, 3rd Floor, Poster Area 9

**The Development and Validation of Supervisee Disclosure in Supervision Scale**
30-Minute Poster Session
Chi Li, Gulsah Kemer
To expand on existing understanding of supervisee disclosure and offer some implications for counselor and supervisor training programs, this study aimed to develop and validate the supervisee disclosure in supervision scale. Detailed information about the development and validating procedure, as well
as implications, limitations and recommendations for future study, will be discussed.

**9:00 am – 9:30 am**
Program ID #630, 3rd Floor, Poster Area 10
**Wellness, Career-Sustaining Behaviors and Burnout Among Rural Counselors**
30-Minute Poster Session
**Jeff Cline**
Rural counselors encounter a host of occupational and environmental stressors that increase their risk for burnout and various forms of distress that can lead to impaired practice. Understanding factors that support rural counselor well-being is an important, yet underdeveloped area of empirical inquiry. This poster session presents research findings on the relationships between wellness, career-sustaining behaviors and burnout among rural counselors from 14 southern states.

**9:00 am – 9:30 am**
Program ID #631, 3rd Floor, Poster Area 11
**Professional Adjustment Experiences of International Counseling Graduates**
30-Minute Poster Session
**Deborah L. Duenyas**
This poster session will provide the results of a phenomenological dissertation that focused on the professional adjustment experiences of international counseling graduates upon returning to their home country. Findings of the study enhance understandings of how professional counselors and counselor education programs might prepare graduates for professional adjustment in a different country.

**9:00 am – 9:30 am**
Program ID #632, 3rd Floor, Poster Area 12
**Navigating the Dating Scene: A Study on the Lived Experiences of a Graduate Student**
30-Minute Poster Session
**Viola Simone May, Sarah Fucillo, Steven D. Wright**
Research suggests that having a spouse aids in the successful completion of a graduate program and at a faster rate (Price, 2006). Many online news articles/blogs are devoted to providing dating tips for graduate students seeking a significant other; however, there is a lack of evidenced-based research. This poster session will review a qualitative study that explores the lived experiences of single graduate students interested in dating and discuss graduate student wellness as it relates to dating in today’s dating culture.

**10:00 am – 10:30 am**
**CSI Featured Session**
Program ID #633, 3rd Floor, Poster Area 1
**Bridging the Gap: Developing a More Cohesive Identity for School and Mental Health Counselors**
30-Minute Poster Session
**Brittany Bishop, Molly Moomau**
This poster session will define what it means to have a professional identity as a school or mental health counselor. Through collaboration, mental health and school counselors can utilize core counseling concepts to be of service to their clients and students. Curricula of graduate-level school and mental health counseling programs will be examined to identify commonalities in training. Gaps among identities will be
discussed along with suggestions for collaboration toward a more cohesive professional counselor identity.

10:00 am – 10:30 am
*CSI Featured Session*
Program ID #634, 3rd Floor, Poster Area 2
**The Wellness Model: Wholeness Begins With You**
30-Minute Poster Session
Karen M. Patty, Naomi Kocher, Helen Runyan
Can you tell when you enter the “danger zone”? —that zone where your personal wellness deficit puts you at risk of ineffective or even unethical, interactions with clients? The wellness model is a comprehensive tool that can help counselors recognize danger zones before they affect counseling practice. Come find out how to use this model to (1) protect your personal and professional well-being, (2) model wellness for clients and (3) avoid ethical traps triggered by your own unmet needs.

10:00 am – 10:30 am
Program ID #635, 3rd Floor, Poster Area 3
**Jim Crow’s Retirement Home: Racial Disparities in Retirement and Hospice Care**
30-Minute Poster Session
Janelle Lynn Jones
This poster session will explore disparities of care provided to older adults who identify as Caucasian and older adults who self-identify as racial minorities. The session will give a call to action for researchers in the counseling field, counselors-in-training and counselor educators to get involved in a local, state or national capacity. Clinical implications of addressing the separate and unequal treatment of older adults who have a minority status will be noted.

10:00 am – 10:30 am
Program ID #636, 3rd Floor, Poster Area 4
**Development of Client Assessment of Multicultural Therapeutic Alliance (CAMTA)**
30-Minute Poster Session
Seungbin Oh
With the increased recognition of counselors’ multicultural competence, researchers have primarily focused on identifying ways to assess clients’ perception of such competence; however, there is a dearth of clients’ rating measurement to assess the competencies. This poster session will offer information on how to develop a client rating multicultural competence instrument and provide implications for counselors and educators on how the instrument can be applied in practice and training.

10:00 am – 10:30 am
Program ID #637, 3rd Floor, Poster Area 5
**Expanding Counseling Services to Home Schooling Families**
30-Minute Poster Session
Leslie Contos
Approximately 1.8 million U.S. children are home-schooled, yet these families’ needs are often overlooked and have not yet been addressed in counseling literature. Parents from diverse backgrounds home-school their children for a variety of reasons, in a range of styles and with multiple time pressures and family stressors.
Counselors with a professional focus on wellness, developmental needs and client-centered multicultural competence are uniquely situated to offer services to home-schoolers.

**10:00 am – 10:30 am**
Program ID #638, 3rd Floor, Poster Area 6
**Counseling in China**
30-Minute Poster Session
**Yuan Ying Jin**
The development of counseling in China is in its infancy. This gradual development might be due to the importation of Western counseling models and how traditional ideas have become a rival of these models. This study aims to identify the current status of counseling in China using a scoping approach to review studies that exorciate traditional ideas related to mental health and existing indigenous counseling models and to compare the counseling systems of the U.S. and China.

**10:00 am – 10:30 am**
Program ID #639, 3rd Floor, Poster Area 7
**Through the Touchscreen: What Is Happening to Our Children’s Brains?**
30-Minute Poster Session
**Nora A. Maza, Kristina Nelson**
In today’s society, technology is unavoidable and the future progress of our children is based on their ability to successfully navigate it. Technology can be an asset when used by children for educational purposes; however, it can also have a negative impact on brain functioning by weakening a child’s voluntary attention. It is important to foster the child’s ability to practice self-control in use of technology by educating parents and introducing cognitive behavioral therapy strategies.

**10:00 am – 10:30 am**
Program ID #640, 3rd Floor, Poster Area 8
**Aging as LGBTQ Individuals: Considering Intersectionality and Discrimination in Older Adults**
30-Minute Poster Session
**John C. Nance**
Negative societal dynamics impact vulnerable LGBTQ older adults. Because of nontraditional self-identification or lack of identification, potential exists for harm resulting from their own or their peers’ past negative experiences. Intersectionalities with each marginalized individual in combination with normative discrimination can create an atmosphere of disparity. Normal developmental milestones for aging populations contribute to the complex intersectionality and need for inquiry into LGBTQ client perceptions.

**10:00 am – 10:30 am**
Program ID #641, 3rd Floor, Poster Area 9
**Reducing Anxiety and Increasing Awareness: Wellness Interventions for Students**
30-Minute Poster Session
**Anya Lainas, Alyssa Garcia**
Practicing counseling skills may provoke feelings of anxiety in novice counselor trainees. Counseling students need help with developing healthy coping strategies for skill practice related anxiety. Educators can provide mindfulness interventions in their
curriculum to assist students in their wellness journey. This poster session will explore the results of a quasi-experimental mixed-methods study about the relationship between mindfulness-based classroom interventions and the reduction of anxiety of counseling students.

10:00 am – 10:30 am
Program ID #642, 3rd Floor, Poster Area 10
**Gang Membership and Ethnic Identity**
30-Minute Poster Session
*Nils J. Palma*
Counselors providing clinical services to Latino early adolescents can help them avert particular antisocial behaviors by integrating social justice competencies during counseling sessions. As early adolescents navigate Erikson’s identity stage of psychosocial development, they risk turning to gang membership as a means to achieve social justice. By assisting the early adolescent to incorporate social justice self-efficacy during ethnic identity development, the counselor provides an alternative path to gangs.

10:00 am – 10:30 am
Program ID #643, 3rd Floor, Poster Area 11
**Physical Activity as a Moderator Between Trauma and Emotional Well-Being**
30-Minute Poster Session
*Jennifer Castner*
Physical activity can greatly benefit a person’s mental and physical health. Those who have undergone a traumatic event have been shown to be at greater risk for various mental disorders and disturbances that decrease healthy functioning. Trauma survivors have also been shown to have lower emotional well-being. This poster session focuses on literature that addresses ways in which physical activity can buffer the negative impact of trauma on emotional well-being.

10:00 am – 10:30 am
Program ID #644, 3rd Floor, Poster Area 12
**Choice and Challenge: A Qualitative Study of International Female Counselor Educators**
30-Minute Poster Session
*Sangmin Park*
It is important for counselor educators to provide culturally appropriate career development training for international students. Utilizing the phenomenological research method, this presentation aims to identify themes and patterns, as well as unique lived experiences, in the career stories of international counselor educators. The findings will contribute to the U.S. faculty and university administrations’ cultural awareness in counselor education programs.

11:00 am – 11:30 am
**CSI Featured Session**
Program ID #645, 3rd Floor, Poster Area 1
**Suicide Prevention and Awareness on a College Campus**
30-Minute Poster Session
*Kelsey L. Pringle, Hannah E. Vollnogle, Natalie M. Ricciuti, Sandra M. Quotson* 
Suicide has been a growing concern on college campuses. This poster session aims to identify college students’ awareness and knowledge regarding suicide. Students who
attended a Suicide Prevention and Awareness Week event on campus were surveyed about their knowledge surrounding suicide, campus perceptions of suicides and reactions to the events students attended.

11:00 am – 11:30 am
CSI Featured Session
Program ID #646, 3rd Floor, Poster Area 2
How CSI Chapters Can Promote Self-Care for Counselors in Training
30-Minute Poster Session
Elizabeth Sandridge, Kayla Davis
In a life of service to others, counselors must begin to explore how to take care of and prioritize their own mental well-being. Through an exploration of self-care, counselors are able to remain strong in their abilities and skills. For graduate programs, Chi Sigma Iota chapters can develop events around promoting self-care. In developing these skills early on, future counselors will be able to maintain their self-care routines and assist their clients in the best way possible.

11:00 am – 11:30 am
AHC Featured Session
Program ID #648, 3rd Floor, Poster Area 4
Promoting Trauma Survivor Wellness With Their Tattoos
30-Minute Poster Session
Everett Painter
Survivors of psychological trauma encounter numerous obstacles on the pathway to recovery. Counselors working with this population continue to search for effective strategies in support of restoration. One possibility often discussed by trauma survivors in popular media as helpful is tattoo acquisition. This program examines conceptual tattoo literature, trauma research and a current study focusing on the therapeutic properties of the practice for trauma survivors.

11:00 am – 11:30 am
ASGW Featured Session
Program ID #649, 3rd Floor, Poster Area 5
Creating a Trauma-Sensitive Culture in K–12 Schools: Redefining Group Work
30-Minute Poster Session
Theresa Coogan, Christy Lyons Graham
Trauma can have varied impacts on the intrapersonal and interpersonal development of children and adolescents. School environments can exacerbate or help to heal trauma that students have experienced in their lives. Counselors in the school setting can facilitate intentional efforts to create a universal trauma-sensitive school environment through active applications of group work. This poster session will provide an overview of trauma theory with regard to the K–12 setting and discuss best practice for group work.

11:00 am – 11:30 am
MGCA Featured Session
Program ID #650, 3rd Floor, Poster Area 6
Counseling Interventions to Support National Guard and Reserve Service Members
30-Minute Poster Session
Catherine Alexis Ford
Military service members and veterans are at a heightened risk for trauma-related concerns associated with combat and deployment process/reintegration adjustment.
However, a majority of the research and services are geared to meeting the needs of active military personnel. Focusing on the unique subcultures within the military, specifically the National Guard and Reserve Component, provides an opportunity to enhance treatment. This poster session will discuss characteristics of the National Guard and Reserve service members and the distinct challenges they face.

**11:00 am – 11:30 am**  
Program ID #651, 3rd Floor, Poster Area 7  
**Bridging the Research-to-Practice Gap Using Research Methods and Statistics**  
30-Minute Poster Session  
*Michael K. Schmit, Erika L. Schmit, Karisse A. Callender*  
Have you ever wanted to make your research findings more accessible to counselors in practice? If you answered yes, then this poster presentation is for you. Participants will be introduced to nine different strategies that can be used to bridge the research-to-practice gap from a counseling researcher perspective. You will learn how to implement these strategies and identified solutions to potential barriers that may hinder your research from being less accessible by counselors in practice.

**11:00 am – 11:30 am**  
Program ID #652, 3rd Floor, Poster Area 8  
**Assessing Counselor-in-training Perceptions of Survivors of Sexual Assault and Intimate Partner Violence**  
30-Minute Poster Session  
*Tiffany L. Rogers*  
Considering the prevalence of both sexual assault and intimate partner violence in the U.S., it is important to understand how counselors-in-training (CITs) view survivors of these types of violence, as well as how prepared they feel to work with such issues. This poster session will present data from a study that examined CITs’ support of myths related to survivors of sexual assault and intimate partner violence, as well as their perceived levels of preparedness to counsel survivors.

**11:00 am – 11:30 am**  
Program ID #653, 3rd Floor, Poster Area 9  
**Implementing Strengths-Based Termination Rituals With Adolescents**  
30-Minute Poster Session  
*Matthew J. Paylo, Victoria E. Kress*  
In this interactive poster Session attendees will be introduced to methods of infusing strengths and creativity into the termination process. Termination rituals will be visually displayed as a means to provide clients with closure, a sense of empowerment and ownership of their termination experience. The presenters will discuss the rationale for the interventions, the process of implementing the rituals and examples of strengths-based termination rituals for clinical practice with adolescents.

**11:00 am – 11:30 am**  
Program ID #654, 3rd Floor, Poster Area 10  
**Crossing Borders: Phenomenological Study of LGBT Experiences**  
30-Minute Poster Session  
*Anya L. Lainas, Kristina Ortiz, Leslie Gonzalez, Aileen Espinoza*  
Preparing counselors for multicultural
competent work with vulnerable populations is crucial. In counseling diverse populations, cultural factors often play a central role in success of therapeutic outcomes. This poster session will review the findings of a phenomenological study on the coming-out process of gay and lesbian individuals in the border regions of the United States. Attendees will learn effective ways to address various barriers that impede successful sexual identity development of their Hispanic clients.

11:00 am – 11:30 am
Program ID #655, 3rd Floor, Poster Area 11
Using Grounded Theory to Understand Grief Experiences of Preschool Aged Children
30-Minute Poster Session
Ashley S. Roberts, Adam W. Carter
There is currently a dearth of empirically validated research on the grief symptoms of and counseling interventions for children 3–5 years old. With little to no research on this population’s grief responses, there is no way to reliably determine evidenced-based practices for this age group. The purpose of this poster session is to demonstrate how grounded theory was used to generate the theoretical framework necessary for establishing evidenced-based counseling interventions that cater to grieving preschool-aged children.

11:00 am – 11:30 am
IAMFC Featured Session
Program ID #656, 3rd Floor, Poster Area 12
IAMFC International Programs in Family Counseling
30-Minute Poster Session

Brian Canfield, Brandé Flamez, David L. Fenell, Paul R. Peluso, Loretta Bradley
This poster session provides an overview of recent IAMFC programs in Turkey, Cuba, and the United Kingdom; and future international events for counseling students, educators, and practicing counselors.

12:00 pm – 12:30 pm
CSI Featured Session
Program ID #657, 3rd Floor, Poster Area 1
Let’s Talk Politics: The Impact of Global Events and Social Media on Mental Health
30-Minute Poster Session
Claudia G. Interiano, E. Carolina Benitez
This poster session will address how global and national sociopolitical issues constantly present on social media affects clients’ well-being. This poster session aims to increase multicultural competency and social justice advocacy by discussing: (1) how the current political environment and media coverage impacts the counseling profession, (2) the roles professional counselors and (3) guidelines to assist counselors and supervisors serving clients from diverse backgrounds.

12:00 pm – 12:30 pm
CSI Featured Session
Program ID #658, 3rd Floor, Poster Area 2
Mindfulness Strategies to Manage Negative Countertransference While Working With Challenging Clients
30-Minute Poster Session
Jessie D. Guest
Therapeutic presence is essential in effective treatment and positive client
outcomes. However, maintaining therapeutic presence can be difficult if the counselor is experiencing negative countertransference or feelings of dislike towards clients. This poster session provides information on negative countertransference, describes its neurological mechanisms that influence therapeutic presence and provides mindfulness strategies to combat negative countertransference and promote therapeutic presence.

12:00 pm – 12:30 pm
IAAOC Featured Session
Program ID #659, 3rd Floor, Poster Area 3
Recovery High School Outcomes for Adolescents Subsequent to Treatment for Substance Use Disorders
30-Minute Poster Session
Andrew J. Finch
Recovery high schools (RHSs) educate students in recovery from substance use and co-occurring disorders. This poster session will review data from the first RHS comparative outcomes study, which used a quasi-experimental design to study effects of RHS attendance, examining whether students treated for substance use disorders who later attend RHSs experience better behavioral and educational outcomes compared to recovering students who attend non-RHSs. The results provide strong evidence of a positive effect of RHSs for adolescents.

12:00 pm – 12:30 pm
AARC Featured Session
Program ID #661, 3rd Floor, Poster Area 5
Do No Harm: An Exploration Into Current Training Programs for Bilingual Counselors
30-Minute Poster Session
Isanely Guerrero Kurz, Angie Pérez Peña
The ACA Code of Ethics (2014) outlines the professional responsibilities of counselors based on competencies rooted in education, training and supervised experiences. Counselors are obligated to provide culturally competent counseling to diverse groups, such as Spanish/Latinx populations facing language barriers, cultural barriers and social justice issues. Discussing the need for formal training for counselors with Spanish-speaking clients can help meet mental health needs for this growing population.
Graduate Students

30-Minute Poster Session
Hyoyeon In

International postsecondary students face unique challenges in their career development processes. Acculturation is one of the primary challenges that they encounter. In navigating cultural and career challenges, having a sense of hope can give international students psychological strength. This session will present research findings on the role of acculturation and hope in developing vocational identity among Korean international graduate students. Practical implications will be discussed.

12:00 pm – 12:30 pm
Program ID #663, 3rd Floor, Poster Area 7

Stepping Away From the Screen: Service-Learning in an Online Counseling Program
30-Minute Poster Session
Valerie Couture

During this poster tips will be shared on integrating service-learning activities into an online learning environment. Service-learning in counselor education programs has been shown to reduce the anxiety of counseling students, increase the development of multicultural competencies in alignment with the ACA Code of Ethics and teach social advocacy roles that students can carry into their professional careers.

12:00 pm – 12:30 pm
Program ID #664, 3rd Floor, Poster Area 8

Understanding Religious Abuse: Survivors’ Stories Offer Clinical Insight
30-Minute Poster Session
John T. Super

Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ+) clients often turn to religion when navigating their intersecting sexual orientation, gender, and religious identities. However, many LGBTQ+ individuals experience force, rejection, and coercion, also known as religious abuse from their religious leaders and doctrine. This poster session describes the phenomenological experiences and themes of religious abuse by reviewing a qualitative study that utilized classical content analysis.

12:00 pm – 12:30 pm
Program ID #665, 3rd Floor, Poster Area 9

A Video-Based CBT Treatment to Treat Depressive Symptoms in Young Adults
30-Minute Poster Session
Anna Grace Antonell, Esther Simone Suess, Mary Anne Short

There is an emerging evidence base to suggest that online treatments can effectively treat depressive symptoms (Haberstroh et al., 2008). To provide cost-effective prevention for depression in young adults, 12 videos based on cognitive behavioral therapy were created to supplement in-person counseling. These videos are based on research by Buntrock et al. (2016), who found that similar videos significantly reduced the onset of major depressive disorder.

12:00 pm – 12:30 pm
Program ID #666, 3rd Floor, Poster Area 10

Two Paths and an Analysis: Wellness and Burnout Among Ethnically Diverse Counselors
30-Minute Poster Session
Rebecca Vazquez, Jacqueline Smith, Mark Newmeyer
This poster session is based on a study that examined the relationship between counselor ethnic-racial identity, exposure to client trauma, wellness and burnout. Understanding the factors that impact wellness and burnout is essential due to prevalence of trauma and the profession's growing diversity. Path analyses were utilized to examine the simultaneous relationship between the variables. Differences between majority and minority participants were explored using subsequent path analyses.

12:00 pm – 12:30 pm
Program ID #667, 3rd Floor, Poster Area 11
Mental Health Literacy in a Rural Area
30-Minute Poster Session
Lauren Renee' Paulson, Patricia McIntosh
The purpose of this study was to evaluate the mental health literacy of obsessive-compulsive disorder and obsessive-compulsive personality disorder in a rural area. This poster session will review the findings from the study. Implications for counselor advocacy and suggestions for replication and further study will be reviewed.

12:00 pm – 12:30 pm
Program ID #668, 3rd Floor, Poster Area 12
Counselor Characteristics as Predictors of Client Attrition in a Counseling Clinic
30-Minute Poster Session
Shaywanna Harris
Attrition in counseling can be defined in many ways. Counselors may report that clients terminate treatment early or “before they were ready” but there may not have been any clarification of expectations of how long sessions should last. Few studies have examined the factors contributing to client attrition in a university based community counseling clinic. This poster session will examine potential predictors of client attrition including counselor characteristics in a university based counseling clinic.

Are You Looking to Publish a Journal Article?
Don't miss the Publishing in Refereed Journals: Suggestions From the Council of Editors education session for tips on the publishing process.

Friday, April 27, 2018
2:00 pm – 3:30 pm
Program ID #186 (see p. 38)
Georgia World Congress Center, Room A307
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Business Meetings & Social Events

ACA, ACA Affiliates, & Divisions Acronyms
Meetings and social events are listed in chronological order under the appropriate acronym.

AADA – Association for Adult Development and Aging
AARC – Association for Assessment and Research in Counseling
ACA – American Counseling Association
ACA Regions
  Midwest Region
  North Atlantic Region
  Southern Region
  Western Region
ACAC – Association for Child and Adolescence Counseling
ACAF – American Counseling Association Foundation
ACC – Association for Creativity in Counseling
ACCA – American College Counseling Association
ACES – Association of Counselors in Education and Supervision
AHC – The Association for Humanistic Counseling
ALGBTIC – Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
AMCD – Association for Multicultural Counseling and Development
ARCA – American Rehabilitation Counseling Association
ASERVIC – Association for Spiritual, Ethical and Religious Values in Counseling
ASGW – Association for Specialists in Group Work
ARCA – American Rehabilitation Counseling Association
CSJ – Counselors for Social Justice
GCA – Georgia Counseling Association
IAAOC – International Association of Addictions and Offenders Counselors
IAMFC – International Association of Marriage and Family Counselors
KCA – Korean Counseling Association
MGCA – Military and Government Counseling Association
NCDA – National Career Development Association
NECA – National Employment Counseling Association

Divisions not holding events
AMHCA – American Mental Health Counselors Association
ASCA – American School Counselor Association
Business Meetings & Social Events

AADA

Thursday, April 26
8:00 am – 12:00 pm
AADA Board Meeting
Location: Omni Hotel at CNN Center
Room: Magnolia

Friday, April 27
7:30 am – 8:30 am
Gimme a Break! AADA Yoga
Location: Omni Hotel at CNN Center
Room: Pecan

11:00 am – 12:30 pm
AADA Adultspan Journal Editorial Board Meeting
Location: Omni Hotel at CNN Center
Room: Sycamore

1:00 pm – 2:30 pm
AADA Member Business Meeting
Location: Omni Hotel at CNN Center
Room: Cottonwood A

AARC

Thursday, April 26
1:00 pm – 5:00 pm
AARC Board Meeting
Location: Omni Hotel at CNN Center
Room: Hazelnut

5:00 pm – 6:30 pm
AARC New Executive Council Meeting
Location: Omni Hotel at CNN Center
Room: Hazelnut

Saturday, April 28
10:00 am – 11:30 am
AARC Committee & Interest Meeting
Location: Omni Hotel at CNN Center
Room: Walnut

ACA

Tuesday, April 24
9:00 am – 5:00 pm
ACA Governing Council
Location: Omni Hotel at CNN Center
Room: Dogwood A & B

Wednesday, April 25
9:00 am – 5:00 pm
ACA Governing Council
Location: Omni Hotel at CNN Center
Room: Dogwood A & B

Thursday, April 26
11:00 am – 12:00 pm
ACA Branch Executives Meeting
Location: Omni Hotel at CNN Center
Room: Walnut

2:00 pm – 3:30 pm
ACA First Timers Orientation
Location: Omni Hotel at CNN Center
Room: International Ballroom D & E

6:00 pm – 8:00 pm
ACA Divisions Presidents Meeting
Location: Omni Hotel at CNN Center
Room: Cypress

6:00 pm – 8:00 pm
ACA Divisions President-Elect Meeting
Location: Omni Hotel at CNN Center
Room: Sycamore
6:00 pm – 8:00 pm
ACA Reception for the Virginia Colleges and Universities
Location: Omni Hotel at CNN Center
Room: Dogwood B

7:30 am – 8:30 am
ACA Historical Issues in Counseling Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Animal Assisted Therapy in Mental Health Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Cultural Encounters Task Force
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Children’s Counseling Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Counseling & Technology Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Ethics Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Forensic Counseling Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Grief and Bereavement Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Integrated Care Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Interest Network for Professional Counselors in Schools
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA International Counseling Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Network for Jewish Interests
Location: Omni Hotel at CNN Center
Room: International Ballroom F

7:30 am – 8:30 am
ACA Neurocounseling Interest Network
Location: Omni Hotel at CNN Center
Room: International Ballroom F
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am – 8:30 am</td>
<td>ACA Distance Learning in Counseling Education Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>Intimate Partner Violence (IPV) Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>ACA Sports Counseling Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>ACA Traumatology Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>ACA Wellness Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>ACA Crisis Preparedness and Trauma Counseling Task Force</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>ACA Women's Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>Veterans Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>7:30 am – 8:30 am</td>
<td>Sexual Wellness in Counseling Interest Network</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA International Committee</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Awards Committee Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Branch Development Committee</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Bylaws and Policy Committee</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Graduate Student Committee</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Human Rights Committee</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Public Policy and Legislation Committee Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACA Research and Knowledge Committee</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom F</td>
</tr>
<tr>
<td>Time</td>
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<td>Location</td>
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<tr>
<td>1:00 pm – 2:00 pm</td>
<td>ACA Governing Council New Member Orientation</td>
<td>Omni Hotel at CNN Center</td>
<td>Pecan</td>
</tr>
<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACA Region Officers Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Willow Boardroom</td>
</tr>
<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACA Committee Chairs Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Pecan</td>
</tr>
<tr>
<td>3:00 pm – 4:00 pm</td>
<td>ACA Region Officers Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Chestnut</td>
</tr>
<tr>
<td>6:00 pm – 7:00 pm</td>
<td>ACA International Panel</td>
<td>Omni Hotel at CNN Center</td>
<td>Dogwood A</td>
</tr>
<tr>
<td>7:00 pm – 8:00 pm</td>
<td>ACA International Reception</td>
<td>Omni Hotel at CNN Center</td>
<td>Dogwood B</td>
</tr>
<tr>
<td>8:00 pm – 11:00 pm</td>
<td>ACA Opening Party</td>
<td>Omni Hotel at CNN Center</td>
<td>International Ballroom &amp; Grand Ballroom A – C</td>
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</tbody>
</table>

**Saturday, April 28**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Room</th>
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</thead>
<tbody>
<tr>
<td>11:00 am – 12:00 pm</td>
<td>ACA – NY Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Magnolia</td>
</tr>
<tr>
<td>11:00 am – 12:00 pm</td>
<td>ACA Council of Journal Editors Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Chestnut</td>
</tr>
<tr>
<td>11:00 am – 1:00 pm</td>
<td>ACA Midwest Region Business Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Dogwood A</td>
</tr>
<tr>
<td>11:00 am – 1:00 pm</td>
<td>ACA Western Region Business Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Dogwood B</td>
</tr>
<tr>
<td>1:00 pm – 2:00 pm</td>
<td>ACA State Affiliates Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Cypress</td>
</tr>
<tr>
<td>2:00 pm – 3:00 pm</td>
<td>ACA JCD Editorial Board Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Hazelnut</td>
</tr>
<tr>
<td>2:00 pm – 4:00 pm</td>
<td>ACA Southern Region Business Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Dogwood A</td>
</tr>
<tr>
<td>2:00 pm – 4:00 pm</td>
<td>ACA North Atlantic Region Business Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Dogwood B</td>
</tr>
</tbody>
</table>
4:30 pm – 5:30 pm  
ACA Past President’s Social  
Location: Omni Hotel at CNN Center  
Room: Chestnut

6:00 pm – 7:00 pm  
ACA National Awards  
Location: Omni Hotel at CNN Center  
Room: International Ballroom E & F

7:00 pm – 9:00 pm  
ACA Change Agents in Public Policy – A Reception Honoring Those Supporting ACA’s Legislative Agenda  
Location: Omni Hotel at CNN Center  
Room: International Ballroom C

7:30 pm – 9:30 pm  
ACA Leadership Reception  
Location: Omni Hotel at CNN Center  
Room: Oakwood

Sunday, April 29

8:00 am – 12:00 pm  
Ethics Committee Meeting  
Location: Omni Hotel at CNN Center  
Room: Cottonwood A

1:00 pm – 2:00 pm  
ACA Annual Membership Meeting  
Location: Omni Hotel at CNN Center  
Room: Dogwood B

4:30 pm – 5:30 pm  
ACA Past President’s Social  
Location: Omni Hotel at CNN Center  
Room: Chestnut

6:00 pm – 7:00 pm  
ACA National Awards  
Location: Omni Hotel at CNN Center  
Room: International Ballroom E & F

7:00 pm – 9:00 pm  
ACA Change Agents in Public Policy – A Reception Honoring Those Supporting ACA’s Legislative Agenda  
Location: Omni Hotel at CNN Center  
Room: International Ballroom C

7:30 pm – 9:30 pm  
ACA Leadership Reception  
Location: Omni Hotel at CNN Center  
Room: Oakwood

Friday, April 27

3:00 pm – 4:30 pm  
ACAC Membership Meeting  
Location: Omni Hotel at CNN Center  
Room: Cypress

Saturday, April 28

7:00 pm – 9:00 pm  
ACC, ACES, AHC, ASGW Joint Reception  
Location: Omni Hotel at CNN Center  
Room: Atrium A

ACAC

Thursday, April 26

8:00 am – 12:00 pm  
ACAC Board Meeting  
Location: Omni Hotel at CNN Center  
Room: Cypress

ACAF

2:00 pm – 3:00 pm  
ACA Foundation Trustees Meeting  
Location: Omni Hotel at CNN Center  
Room: Chestnut

Download the ACA app  
Friday, April 27 for the most up-to-date conference information
### ACCA

**Saturday, April 28**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Room</th>
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</thead>
<tbody>
<tr>
<td>7:00 pm – 9:00 pm</td>
<td>ACCA Reception</td>
<td>Omni Hotel at CNN Center</td>
<td>ACCA Suite</td>
</tr>
</tbody>
</table>

### ACES

**Thursday, April 26**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Room</th>
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</thead>
<tbody>
<tr>
<td>1:00 pm – 5:00 pm</td>
<td>ACES Governing Council Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Magnolia</td>
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<tr>
<td>5:00 pm – 6:00 pm</td>
<td>ACES Governing Council 2017–2018 New Members Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Magnolia</td>
</tr>
<tr>
<td>6:00 pm – 8:00 pm</td>
<td>ACES, CACREP, NBCC Joint Reception</td>
<td>Omni Hotel at CNN Center</td>
<td>Grand Ballroom B</td>
</tr>
</tbody>
</table>

**Friday, April 27**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Room</th>
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</thead>
<tbody>
<tr>
<td>11:00 am – 12:30 pm</td>
<td>ACES CE&amp;ES Editorial Board Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Hickory</td>
</tr>
<tr>
<td>1:00 pm – 2:30 pm</td>
<td>ACES Town Hall Business Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Dogwood A</td>
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</table>

### AHC

**Thursday, April 26**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<th>Room</th>
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</thead>
<tbody>
<tr>
<td>8:00 am – 12:00 pm</td>
<td>AHC Board Meeting</td>
<td>Omni Hotel at CNN Center</td>
<td>Sycamore</td>
</tr>
</tbody>
</table>
### ALGBTIC

**Thursday, April 26**

**8:00 am – 12:00 pm**
ALGBTIC Board Meeting  
Location: Omni Hotel at CNN Center  
Room: Hickory

**Friday, April 27**

**3:00 pm – 4:30 pm**
ALGBTIC Annual Open Member Meeting & Nominations  
Location: Omni Hotel at CNN Center  
Room: Hickory

**Saturday, April 28**

**2:00 pm – 3:30 pm**
ALGBTIC Queer People of Color Gathering  
Location: Omni Hotel at CNN Center  
Room: Magnolia

### AMCD

**Wednesday, April 25**

**6:30 pm – 8:00 pm**
AMCD Service Day Volunteer Check-In  
Location: Omni Hotel at CNN Center  
Room: Magnolia

**Thursday, April 26**

**1:00 pm – 5:00 pm**
AMCD Executive Council and Board Meeting  
Location: Omni Hotel at CNN Center  
Room: Juniper

**6:30 pm – 8:00 pm**
AMCD Joint Service Day Reception  
Location: Omni Hotel at CNN Center  
Room: International Ballroom A

**6:30 pm – 8:00 pm**
AMCD JMCD Editorial Board Meeting  
Location: Offsite

**Friday, April 27**

**7:30 am – 9:00 am**
AMCD North Atlantic Region Meeting  
Location: Omni Hotel at CNN Center  
Room: Juniper
7:30 am – 9:00 am  
AMCD Midwest Region Meeting  
Location: Omni Hotel at CNN Center  
Room: Magnolia

7:30 am – 9:00 am  
AMCD Southern Region Meeting  
Location: Omni Hotel at CNN Center  
Room: Cypress

7:30 am – 9:00 am  
AMCD Western Region Meeting  
Location: Omni Hotel at CNN Center  
Room: Sycamore

11:30 am – 1:30 pm  
AMCD Luncheon  
Location: Offsite

2:00 pm – 3:30 pm  
AMCD Membership Meeting  
Location: Omni Hotel at CNN Center  
Room: Dogwood B

3:30 pm – 4:30 pm  
AMCD Past President’s Meeting  
Location: Offsite

Saturday, April 28

7:30 am – 9:00 am  
AMCD Ethnic Concerns Vice-President’s Meeting  
Location: Omni Hotel at CNN Center  
Room: Sycamore

10:00 am – 11:30 am  
AMCD Latino Concerns Meeting  
Location: Omni Hotel at CNN Center  
Room: Pecan

12:00 pm – 1:30 pm  
AMCD Asian American Concerns Meeting  
Location: Omni Hotel at CNN Center  
Room: Pecan

2:00 pm – 3:30 pm  
AMCD Native American Concerns Meeting  
Location: Omni Hotel at CNN Center  
Room: Pecan

2:00 pm – 3:30 pm  
AMCD Mentor/Mentee Meeting  
Location: Omni Hotel at CNN Center  
Room: Hickory

4:00 pm – 5:30 pm  
AMCD Writer’s Consortium  
Location: Omni Hotel at CNN Center  
Room: Walnut

4:00 pm – 5:30 pm  
AMCD African American Concerns Meeting  
Location: Omni Hotel at CNN Center  
Room: Pecan

9:00 pm – 12:00 am  
AMCD Dance & Mixer  
Location: Omni Hotel at CNN Center  
Room: Dogwood

Sunday, April 29

8:00 am – 9:30 am  
AMCD Executive Council Debriefing  
Location: Omni Hotel at CNN Center  
Room: Redwood

ARCA

Thursday, April 26

1:00 pm – 5:00 pm  
ARCA Board Meeting  
Location: Omni Hotel at CNN Center  
Room: Hickory
Thursday, April 26

1:00 pm – 5:00 pm
ASERVIC Board Meeting
Location: Omni Hotel at CNN Center
Room: Cypress

Friday, April 27

11:00 am – 12:30 pm
ASERVIC Editorial Board Meeting
Location: Omni Hotel at CNN Center
Room: Juniper

1:00 pm – 2:30 pm
ASERVIC Member Meeting
Location: Omni Hotel at CNN Center
Room: International Ballroom C

Saturday, April 28

10:00 am – 11:30 am
ASERVIC Advisory Board
Location: Omni Hotel at CNN Center
Room: Hazelnut

2:00 pm – 3:30 pm
ASERVIC Emerging, New Professional, & Re-Emerging Leaders Meeting
Location: Omni Hotel at CNN Center
Room: Walnut

Sunday, April 29

9:00 am – 10:00 am
ASERVIC Interfaith Service
Location: Omni Hotel at CNN Center
Room: Dogwood B
7:00 pm – 9:00 pm
ASGW, ACC, ACES, AHC
Joint Reception
Location: Omni Hotel at CNN Center
Room: Atrium A

ACA-GA
Thursday, April 26
6:00 pm – 8:00 pm
American Counseling Association of Georgia Reception
Location: Omni Hotel at CNN Center
Room: Intl Ballroom D

CHI SIGMA IOTA
Friday, April 27
10:30 am – 12:00 pm
Chi Sigma Iota Executive Board Meeting
Location: Omni Hotel at CNN Center
Room: Pecan

Saturday, April 28
7:30 am – 10:30 am
Chi Sigma Iota Delegate Business Meeting
Location: Omni Hotel at CNN Center
Room: International Ballroom A

11:00 am – 12:30 pm
Chi Sigma Iota Chapter Faculty Advisors
Location: Omni Hotel at CNN Center
Room: International Ballroom B & C

1:30 pm – 3:00 pm
Chi Sigma Iota Chapter Leaders
Location: Omni Hotel at CNN Center
Room: International Ballroom B & C

CSJ
Thursday, April 26
1:00 pm – 5:00 pm
CSJ Board Meeting
Location: Omni Hotel at CNN Center
Room: Sycamore
Friday, April 27
10:30 am – 12:00 pm
CSJ Awards Event
Location: Omni Hotel at CNN Center
Room: Dogwood A

1:00 pm – 2:30 pm
CSJ Town Hall: Social Justice in Action
Location: Omni Hotel at CNN Center
Room: Oak

IAAOC
Thursday, April 26
1:00 pm – 5:00 pm
IAAOC Board Meeting
Location: Omni Hotel at CNN Center
Room: Chestnut

Friday, April 27
11:00 am – 12:30 pm
JAOC Editorial Board Meeting
Location: Omni Hotel at CNN Center
Room: Walnut

1:00 pm – 2:30 pm
IAAOC Membership Meeting
Location: Omni Hotel at CNN Center
Room: Redwood
IAMFC

Thursday, April 26
3:00 pm – 6:00 pm
IAMFC Board Meeting
Location: Omni Hotel at CNN Center
Room: Pecan

Friday, April 27
11:00 am – 12:00 pm
IAMFC *Family Journal* Editorial Board Meeting
Location: Omni Hotel at CNN Center
Room: Cypress

1:00 pm – 2:30 pm
IAMFC Member Business Meeting
Location: Omni Hotel at CNN Center
Room: International Ballroom B

KCA

Saturday, April 28
1:00 pm – 6:00 pm
Korean Counseling Association Conference
Location: Georgia World Congress Center
Room: A315

MCA

Thursday, April 26
6:00 pm – 8:00 pm
Maryland Counseling Association, National Employment Counseling Association and Johns Hopkins School of Education Welcome Reception
Location: Omni Hotel at CNN Center
Room: Grand Ballroom A

MCGA

Thursday, April 26
8:00 am – 2:00 pm
MGCA Professional Development Institute
Location: Offsite

Friday, April 27
3:00 pm – 4:30 pm
MGCA Membership Business Meeting
Location: Omni Hotel at CNN Center
Room: Sycamore

Saturday, April 28
7:00 pm – 9:00 pm
MGCA Reception
Location: Omni Hotel at CNN Center
Room: Cypress

NCDA

Saturday, April 28
7:30 am – 9:00 am
NCDA Informational Meeting about Counselor Education Academy
Location: Omni Hotel at CNN Center
Room: Cypress

7:00 pm – 9:00 pm
NCDA Reception
Location: Omni Hotel at CNN Center
Room: NCDA Suite

Download the ACA app
Friday, April 27 for the most up-to-date conference information
**NECA**

**Thursday, April 26**

12:00 pm – 4:00 pm  
**NECA & MCA Professional Development Institute**  
Location: Omni Hotel at CNN Center  
Room: Dogwood A

6:00 pm – 8:00 pm  
**National Employment Counseling Association, Johns Hopkins School of Education and Maryland Counseling Association Welcome Reception**  
Location: Omni Hotel at CNN Center  
Room: Dogwood A

8:30 pm – 9:30 pm  
**NECA Board Meeting I**  
Location: Omni Hotel at CNN Center  
Room: NECA Suite

**Friday, April 27**

7:30 am – 8:30 am  
**NECA Board Meeting II**  
Location: Omni Hotel at CNN Center  
Room: NECA Suite

Saturday, April 28

7:30 am – 8:30 am  
**NECA Board Meeting III**  
Location: Omni Hotel at CNN Center  
Room: NECA Suite

**Universities**

**Thursday, April 26**

6:00 pm – 8:00 pm  
**University of Central Florida Reception**  
Location: Omni Hotel at CNN Center  
Room: International Ballroom F

6:00 pm – 8:00 pm  
**Johns Hopkins School of Education, Maryland Counseling Association, and National Employment Counseling Association Welcome Reception**  
Location: Omni Hotel at CNN Center  
Room: Grand Ballroom A

6:00 pm – 8:00 pm  
**North Carolina State University Reception**  
Location: Omni Hotel at CNN Center  
Room: International Ballroom C

6:00 pm – 8:00 pm  
**Argosy University Reception**  
Location: Omni Hotel at CNN Center  
Room: International Ballroom B

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**A step-by-step guide to compose the perfect #Counseling2018 tweet.**

1. Log in to Twitter at twitter.com or through the app downloaded to your mobile device.
2. Click the button in the top right corner showing a feather/quill in a square. This will bring up a box that reads, “What’s happening?”
3. Type your thought, quote from a session, or link. Be concise! Tweets are limited to 280 characters.
4. Include the hashtag #Counseling2018. Don’t forget to add this official meeting hashtag to ALL your tweets. Without the hashtag, your tweets won’t be connected to the discussion.
5. Tag @CounselingViews if you have enough characters left. We want to see your tweets!

*Congratulations on your perfect tweet!*
ACA Author Book Signings!

Thursday, April 26 | 4:30 – 5:30 pm
- Gerald Corey, Michelle Muratori, Jude Austin, and Julius Austin, *Counselor Self-Care*
- Misty Ginicola, Cheri Smith, and Joel Filmore, *Affirmative Counseling With LGBTQI+ People*
- Barbara Herlihy, *ACA Ethical Standards Casebook, 7th Edition and Boundary Issues in Counseling, 3rd Edition*
- Mark Rehfuss, *Postmodern Career Counseling*
- Linda Shaw, *Group Work With Persons With Disabilities*
- Jane Webber and J. Barry Mascari, *Disaster Mental Health Counseling, 4th Edition*
- Robert Wubbolding, *Reality Therapy and Self-Evaluation*

Friday, April 27 | 12:00 – 1:00 pm
- David Capuzzi, *Counseling and Psychotherapy: Theories and Interventions, 6th Edition*
- Gerald Corey, Michelle Muratori, Jude Austin, and Julius Austin, *Counselor Self-Care*
- Thom Field, Laura Jones, and Lori Russell-Chapin, *Neurocounseling: Brain-Based Clinical Approaches*
- Danica Hays, *Assessment in Counseling, 6th Edition*
- Jeffrey Kottler, *The Secrets of Exceptional Counselors and Relationships in Counseling and the Counselor’s Life*
- Casey Barrio Minton, *Evaluating Student Learning Outcomes in Counselor Education and DSM-5 Learning Companion for Counselors*
- Sylvia Nassar, *Orientation to Professional Counseling*
Expo Information

Be sure to visit the ACA Experience featuring:
• ACA History Wall
• Daily Meet and Greets
• ACA Partners
• Conference Twitter Wall
• Conference Ribbon Wall

And there’s much more happening in the Expo:
• Midday Snack
• Welcome Reception
• ACA Experience
• ACA Career Center
• Graduate Student & New Professional Center

Exhibitors and descriptions listed as of 1/7/2018. Please see ACA app and counseling.org for additional information.

Expo Hours

Thursday, April 26
4:00 pm – 6:30 pm
Grand Opening & Welcome Reception in the Expo!

Friday, April 27
10:00 am – 6:00 pm

Saturday, April 28
10:00 am – 4:00 pm

ACA Bookstore and Author Book Signings

ACA Bookstore
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ACA Government Affairs sends a big thank you to all who have participated in professional advocacy the past year. As state and federal issues continue to impact counselors, we need every counselor to get involved!

Join us as an advocate for the counseling profession. Find out how at the ACA Experience during dedicated government affairs staff times, as listed in the conference app.

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Complete Session evaluations after Conference at www.aca.digitellinc.com:

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Step 2: Click on “My Account”
Step 3: Click on “Live Events,” select the “ACA 2018 Conference & Expo”
Step 4: Select the session you attended, complete the evaluation, and click “submit”. Do this for EACH session you attended.
Step 5: Click on “CE Transcript” under My Account to view/print certificate.

In order to obtain CE hours for the sessions you attended, you must complete the online evaluation process by December 31, 2018.

By Mail
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