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Sign Up and Receive Your First 2 Months FREE!
Use Promo Code: ACACONV17
Offer Expires 8/1/2017

View Features and Sign Up Today at www.TherapyNotes.com
Welcome to San Francisco and ACA!

I’m happy you have chosen to attend the ACA 2017 Conference & Expo, co-sponsored by California Counseling Association and Tennessee Counseling Association, in San Francisco. The decision to move the conference from Nashville was a bold move that spoke volumes about the counseling profession and the leadership of ACA. We gather together this week to unite in our efforts to protect the integrity of the counseling profession, and celebrate the roles counselors play in communities—nationally and internationally.

Our 65th annual conference here in San Francisco is an opportunity to connect with colleagues, broaden horizons, and re-charge for the year ahead. Now more than ever, the strength and positive influence of our diverse professional community is critical. Each counselor, counselor educator, supervisor, student, and leader plays a vital role. Through collaboration, compassion, and inclusivity we stand strong, and all voices are heard as we participate in important conversations for the greater good. Our strength is buoyed by a commitment to positivity, hope, and courage.

Thank you for joining us in this amazing and historic city, for what is sure to be a memorable and worthwhile experience. Welcome to the wonderful world of counseling!

Sincerely,

Catherine B. Roland, EdD, LPC, NCC
President, American Counseling Association
Thank You to our 2017 Sponsors!

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# Table of Contents

## Welcome
- General Information ........................................ 5
- Conference Activities at-a-Glance ......................... 7
- Keynote Speakers ............................................. 9
- Highlights & Special Events ................................. 11
- ACA Governing Council Members ....................... 13
- ACA Regions & Divisions .................................. 14

## Pre-conference Learning Institutes
- CE Credit & Level Information .......................... 15
  - Wednesday Sessions .................................. 17
  - Thursday Sessions .................................... 19

## Education Sessions
- Continuing Education Credits .......................... 21
- Featured Education
  - Sessions at-a-Glance .................................. 22
- Education Session Descriptions
  - Friday Sessions ........................................ 27
  - Saturday Sessions ...................................... 55
  - Sunday Sessions ........................................ 83

## ACA Roundtable Sessions
- Friday Sessions ............................................ 107
- Saturday Sessions .......................................... 116
- Sunday Sessions ........................................... 123

## Poster Sessions
- Featured Poster Sessions at-a-Glance .................. 129
- Poster Session Descriptions
  - Friday Sessions ......................................... 133
  - Saturday Sessions ...................................... 157
  - Sunday Sessions ......................................... 174

## Business Meetings & Social Events
- ACA, ACA Affiliates, & Divisions
  - Acronyms ................................................. 189
- Business Meetings & Social Events 189

## Conference Expo
- Expo Hours & Activities ................................. 203
- Exhibitors ..................................................... 205

## Index
- Conference Session Index ................................. 207
- CE Certificate Instructions ............................... 242
- Presenter Index .............................................. 243
- 2017 Call for Proposals Program
  - Reviewers ................................................... 257

## Foldout
- InterContinental San Francisco Hotel & Expo Hall Floorplans ...After page 260

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**American Counseling Association**

Catherine B. Roland, EdD, LPC, NCC  
ACA President

Richard Yep, CAE, FASAE
CEO

Natasha Rankin, CAE  
COO

**ACA Conference Staff**

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Debbie Beales
Director, Professional Education

Theresa Holmes, CMP  
Manager, Conference & Meeting Services

Crystal Turner
Senior Coordinator, Professional Education

Beth Burchill
Meetings and Exhibits Coordinator
Publishing in ACA Journals: Suggestions From the Council of Editors

Saturday, March 18
10:30 am – 12:00 pm

Moscone West Convention Center ➤ Room 209

Richard Balkin, Trevor Buser, Michael Chamey, Caroline Clauss-Ehlers, Thelma Duffey, Wendy Killam, James Korcska, Matthew Lemberger-Truelove, Christopher McCarthy, Casey Barrio Minton, Benjamin Noah, Paul Peluso, III, Jonathan Kollins, Stephen Southern, Rebecca Toporek, Joshua Watson, and Christopher Wood

This highly informative skill-building session, led by the ACA Council of Editors, is designed to promote counseling research and offer practical tips and guidance on the journal article submission and acceptance process. Participants will have the opportunity to discuss article topic possibilities with individual field editors in a question-and-answer, roundtable format.

► Adultspan Journal
► Counseling Outcome Research and Evaluation
► Counseling Today
► Counselor Education and Supervision
► The Family Journal
► Journal for Social Action in Counseling and Psychology
► Journal for Specialists in Group Work
► Journal of Addictions & Offender Counseling
► Journal of College Counseling
► Journal of Counseling & Development
► Journal of Counselor Leadership & Advocacy
► Journal of Creativity in Mental Health
► The Journal of Humanistic Counseling
► Journal of LGBT Issues in Counseling
► Journal of Military and Government Counseling
► Journal of Multicultural Counseling and Development
► Measurement and Evaluation in Counseling and Development
► Professional School Counseling
General Information

The Program Guide is designed to assist you with locating activities more easily. The Highlights, Pre-conference Learning Institutes, Education Sessions, Roundtables, Meetings, Social Events, and Exhibits are sectioned off by tabs.

Badges
All badges must be worn and visible to security and conference personnel for admission to all conference programs and the Expo Hall. For your safety, no one will be allowed to enter without a proper badge. One-day badges are clearly marked and will be valid for admission on that day only. Replacement badges will cost $25.00 each and may be purchased at the Registration Desk at the Moscone West Convention Center.

Conference Programs and Events

InterContinental San Francisco Hotel
• ACA Opening Night Celebration
• ACA Business Meetings and Social Events
• Division Business Meetings and Social Events

Moscone West Convention Center
• Pre-conference Learning Institutes and ACA Red Cross Disaster Mental Health Introduction
• Keynote Sessions
• Education Sessions
• Exposition and all Expo activities (Career Center, Graduate Student Center, ACA Experience)
• ACA Awards Ceremony
• ACA Bookstore
• Full Registration
• First Timer’s Orientation

Message Board
Update and changes to conference activities will be posted to a message board, located in the Registration Area. You can also use it to locate friends and colleagues.

Pre-conference Learning Institutes
These intensive workshops run on Wednesday, March 15 and Thursday, March 16. Please refer to the “Pre-conference Learning Institutes” tab for more details.

Education and Roundtable Sessions
90-minute and 60-minute education sessions will take place from Friday, March 17 to Sunday, March 19. The education sessions also include roundtable sessions, poster sessions, featured tracks, and “Series” sessions. Please refer to the “Education Sessions” and “Roundtable” tabs for more information.

ACA Division, Chapter Meetings, and Social Events
Please refer to the “Meetings and Social Events” tab for more details.

Expo
Expo Hall hours:
Thursday, March 16, 4:00 pm – 6:00 pm
Friday, March 17–Saturday, March 18, 10:00 am – 4:00 pm
Please refer to the “Conference Exhibitors” tab for more details.

Persons with Disabilities
We make every effort to accommodate all persons with disabilities, including those sensitive to chemical exposure and environmental illnesses. Please take this into consideration when applying any type of fragrances.

Please let us know if there is anything we can do to make the event more accessible and enjoyable: transportation needs; sign language interpreter needs;
and guides for the visually challenged. We will be providing shuttle transportation for persons with disabilities only between ACA designated hotels and the convention center. Please check your hotel lobby for shuttle schedules. Onsite assistance can be secured at the Registration Desk at Moscone West Convention Center.

**IMPORTANT**
Requests such as sign interpreters require advance notice to ensure there is a sufficient number of interpreters on hand. We will make every effort to accommodate any last-minute requests.

Follow our special Conference Twitter handle (@ACASanFran2017) for tips, reminders, and important schedule changes onsite.

**Consent To Use Photographic Images and Technology in the Expo Hall**

Registration and attendance at or participation in ACA meetings and other activities constitutes an agreement by the registrant to ACA and its affiliates for use and distribution (both now and in the future) of the registrant or attendee’s image or voice in photographs, videotapes, electronic reproductions, and audiotapes of such events and activities.

ACA strives to innovate and be on the forefront of event technology adoption. For this year’s event, we will use wearable beacons that will be located on badge holders. The data collected from the wearables will be used to make decisions that affect the overall experience of each attendee.

**Please note:** Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your consideration.

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**Download Your Free ACA App!**

Get instant access to everything you need to know about the ACA 2017 Conference & Expo! Go to the App Store on your mobile device and search for ACA App. Scheduling your time in San Francisco will be easier than ever!
Conference Activities at-a-Glance

Co-sponsored by California Counseling Association and Tennessee Counseling Association

Tuesday, March 14

9:00 am – 5:00 pm  Governing Council Meeting

Wednesday, March 15

8:00 am – 6:00 pm  Registration Open
8:00 am – 6:00 pm  ACA Bookstore
9:00 am – 5:00 pm  Governing Council
9:00 am – 8:45 pm  Pre-conference Learning Institutes

Thursday, March 16

8:00 am – 6:00 pm  Registration Open
8:00 am – 6:00 pm  ACA Bookstore
8:00 am – 6:00 pm  ACA Business Meetings
8:00 am – 6:00 pm  Division Business Meetings
10:00 am – 12:00 pm  ACA/Red Cross: Disaster Mental Health Introduction
9:00 am – 8:45 pm  Pre-conference Learning Institutes
2:00 pm – 3:30 pm  ACA First Timer’s Orientation
4:00 pm – 6:00 pm  Expo Grand Opening & Welcome Reception
4:00 pm – 6:00 pm  ACA Career Center
4:30 pm – 5:30 pm  ACA Author Book Signing
6:00 pm – 8:00 pm  CCA Welcome Reception
6:00 pm – 8:00 pm  University Receptions

Friday, March 17

7:00 am – 5:00 pm  Registration Open
7:30 am – 5:30 pm  Education Sessions
7:30 am – 6:00 pm  ACA Business Meetings
7:30 am – 6:00 pm  Division Business Meetings
8:00 am – 5:30 pm  ACA Bookstore
9:00 am – 10:30 am  ACA Opening & Keynote Session
10:00 am – 4:00 pm  Expo Hall Open
10:00 am – 4:00 pm  ACA Career Center
11:00 am – 5:30 pm  Poster Sessions
1:00 pm – 2:00 pm  ACA Author Book Signing
6:00 pm – 8:00 pm  ACA Social Events
6:00 pm – 8:00 pm  International World Café & Reception
8:00 pm – 11:00 pm  Opening Night Celebration
THE USE OF BEACON TECHNOLOGY

ACA is always looking for ways to improve your conference experience. This year we will be beta-testing the Beacon, a new technology for continuing education documentation. The receivers will be located in all meeting rooms and in the Expo Hall.

CE’s providers are moving toward a requirement to document attendance at each session. This is a great challenge at the ACA conference as we have over 400 sessions. The Beacon, which attaches to your badge, will allow us in the future to seamlessly provide the documentation of attendance so that you can obtain CE credit.

Thank you for helping us beta-test this cutting edge technology that will allow ACA to provide the best possible experience at our annual conference.

But we’re not there yet, so as a reminder, this year you will still need to follow the online instructions to obtain your CE Certificate.

The instructions can be found on the ACA Conference Website and in the onsite Program Guide.
Keynote Speakers

Opening Keynote Speaker
Irvin D. Yalom
Friday, March 17
9:00 am – 10:30 am
Moscone West Convention Center
3rd Floor Ballroom

Irvin D. Yalom, MD, one of the most influential mental health professionals of our time, returns to ACA to provide a real-world, practical message packed with information you can put to use immediately. His insights will be largely based on notes he has collected from sessions and research throughout his career, as well as powerful comments and thoughts from colleagues and clients. He will share his views on the impact of counseling and lessons learned through his practice, writing, and research.

Well known for his personal model of interpersonal and existential psychotherapy, Yalom is highly celebrated in the counseling profession for his pioneering role in constructing group counseling principles. He is also a strong proponent, as evidenced by his writing in The Gift of Therapy, that each client should receive a unique therapy experience because every person has his or her own unique story. Dr. Yalom currently serves as Emeritus Professor of Psychiatry at the Stanford University School of Medicine and maintains a part-time private practice for individual therapy in San Francisco and Palo Alto. His first book, The Theory and Practice of Group Psychotherapy has been widely used as a text for training therapists. And his first book of teaching tales, Love’s Executioner, was a NY Times bestseller. Dr. Yalom has since written 12 books—Creatures of a Day being the latest.

Meet Irvin Yalom
at a Special Book Signing in the Exhibit Hall!
Friday, March 17 • 10:30 am
Moscone West Convention Center

Please purchase books at the ACA Bookstore in the Exhibit Hall Foyer in advance of the signing.
Discussions about race, ethnicity, sexual orientation and other sensitive topics in everyday life outside of client relationships can be uncomfortable. But they’re critical to advancing our society through acceptance and empowerment of diverse populations. In engaging such topics with confidence—and even a little humor—you can become your own best tool for structuring conversations that make a difference. Understanding yourself and others as differently right gives you the tools to intentionally design teams, groups, campaigns, and partnerships that can bring value to advocacy efforts. We are all frustrating to someone, and at times, even to ourselves. Once you know who and how you are, you can reclaim responsibility for these behavior response patterns and leave room for others to do the same.

For more than a decade, Jessica Pettitt has been educating others to support and guide through the beautiful lens of diversity. Her social justice and diversity curricula are used nationwide. Jessica brings humor, a high-level understanding of adult learning, and a unique ability to engage and empower diverse audiences for the greater good.
Highlights & Special Events

Expo Hall-Grand Opening & Welcome Reception
Thursday, March 16, 4:00 pm – 6:00 pm
Expo Hall

Join your colleagues for food and entertainment at the opening of the Expo.

Expo Hall
Friday, March 17, 10:00 am – 4:00 pm
Saturday, March 18, 10:00 am – 4:00 pm

Explore the largest gathering in the world of providers of resources for all counselors. This is your best opportunity to meet with exhibitors to preview and purchase the most up-to-date resources available.

ACA Bookstore
Wednesday, March 15, 8:00 am – 6:00 pm
Thursday, March 16, 8:00 am – 6:00 pm
Friday, March 17, 8:00 am – 5:30 pm
Saturday, March 18, 8:30 am – 5:30 pm
Expo Hall Foyer

Visit the ACA Bookstore in the lobby level, to browse through the full line of ACA publications, DVDs, and other merchandise from the premier counseling resource provider. Take a moment to talk with our Associate Publisher about your manuscript ideas.

Keynote Speaker & ACA Author Book Signings

Keynote Speaker Signing
Friday, March 17, 10:30 am – 11:30 am
Irvin Yalom
Expo Hall

ACA Author Book Signings
Thursday, March 16, 4:30 pm – 5:30 pm
Friday, March 17, 1:00 pm – 2:00 pm
ACA Bookstore

Attendees will have the opportunity to speak with influential and distinguished authors while they sign their latest publications. For graduate students and seasoned professionals alike, this experience is not to be missed.

ACA Career Center
Thursday, March 16, 4:00 pm – 6:00 pm
Friday, March 17, 10:00 am – 4:00 pm
Saturday, March 18, 10:00 am – 4:00 pm
Expo Hall

Whether you are new to the profession or a seasoned counselor or educator, getting that counseling JOB is what the ACA Career Center is all about. Employer interviews will be occurring at the Career Center on Friday and Saturday. Although most interviews and consults will be scheduled ahead of time, stop by. If there are cancellations we will squeeze you in.

Experience ACA!
Thursday, March 16, 4:00 pm – 6:00 pm
Friday, March 17, 10:00 am – 4:00 pm
Saturday, March 18, 10:00 am – 4:00 pm
Expo Hall

The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources, Membership, Governing Affairs, Ethics & Practice, and the ACA Foundation. Find out what’s happening on federal and state policy issues affecting the profession. The ACA Website is at your fingertips via a walk-up display with computer workstations.

Follow ACA on our special Conference Twitter handle (@ACASanFran2017) for tips, reminders, and important schedule changes onsite. Also, post your Conference thoughts and photos on Twitter, Facebook, and Instagram using #ACASanFran2017.
ACA Graduate Student/ New Professional Center
Thursday, March 16, 4:00 pm – 6:00 pm
Friday, March 17, 10:00 am – 4:00 pm
Saturday, March 18, 10:00 am – 4:00 pm
Expo Hall
Come network and meet ACA graduate students and new professionals.

ACA First Timer’s Orientation
Thursday, March 16, 2:00 pm – 3:30 pm
Moscone West Convention Center Room 2014
If this is your first ACA Conference, then this is the ideal opportunity to network and hear a special presentation on how to get the most out of the ACA Conference & Expo. Whether you’re a student, new professional, or a first time conference attendee, this session is for you! Light refreshments will be served.

International World Café and Reception
Friday, March 17
6:00 pm – 7:00 pm (Roundtable discussion)
7:00 pm – 8:00 pm (Reception)
InterContinental Hotel
Take part in a panel discussion and hear/share perspectives of counseling from other countries. The International Reception will be held after the panel discussion.

ACA Opening Night Celebration!
Friday, March 17, 8:00 pm – 11:00 pm
InterContinental Hotel
Join us for an evening of entertainment, live music, food, and dancing on multiple floors! Enjoy unique San Francisco cuisine, greet old friends, and meet new ones at the social event of the year for counselors. One ticket is included with each full registration. Additional tickets may be purchased for $45 per person. Use the Registration form or purchase additional tickets onsite.

ACA National Awards Ceremony
Saturday, March 18, 6:00 pm – 7:00 pm
Moscone West Convention Center 3rd Floor Ballroom
Join your colleagues in this evening celebration to honor distinguished counseling professionals who are making an impact on the profession, and to honor special achievements of several ACA Branches. Sponsored by the ACA Foundation.

“Friends of Bill” (AA) and “Friends of Lois” (Al-anon)
Hosted by Rein Therapeutic Counseling and Consulting
InterContinental San Francisco Hotel
Room: Howard
Thursday, March 16th
7:00 pm – 8:00 pm
Friday, March 17th
7:00 pm – 8:00 pm
Saturday, March 18th
7:00 pm – 8:00 pm
The Governing Council is the national governing body of the American Counseling Association, providing long-range strategic leadership. Composed of nationally elected ACA officers, including the president, president-elect, and immediate past president, appointed treasurer, and one representative from each division and region, the Governing Council meets at least once annually held in conjunction with the ACA Annual Conference. The association’s executive director, treasurer, and parliamentarian serve as ex-officio members without voting rights.

Alan Burkard.................................................................ASCA Representative
S. Kent Butler .......................................................... AMCD Representative
Judy Daniels ............................................................ CSJ Representative
Suzanne Degges-White............................................AADA Representative
Thelma Duffey..........................................................ACA Past President
Paige Dunlap............................................................ARCA Representative
Donna Gibson.......................................................... AARC Representative
Stephen Giunta........................................................AMHCA Representative
Shane Haberstroh..................................................ACC Representative
Bret Hendricks........................................................ IAMFC Representative
Lisa Jackson-Cherry.............................................ASERVIC Representative
Marty Jencius.........................................................ACES Representative
Michele Kerulis.....................................................Midwest Region Representative
Michael M. Kocet...................................................ALGBTIC Representative
Simone Lambert...................................................IAAOC Representative
Gerard Lawson......................................................ACA President-elect
Courtland Lee........................................................ACA Process Observer
Elsa Soto Leggett...................................................ACAC Representative
Niloufer M. Merchant ...........................................ASGW Representative
Lynna Meadows Morton.....................................MCGA Representative
Verna Oliva.............................................................ACA Parliamentarian
Debra Osborn........................................................NCDA Representative
Diana Pals.............................................................. Western Region Representative
Michelle Perepiczka..............................................AHC Representative
Sue E. Pressman....................................................NECA Representative
MJ Raleigh............................................................ACCA Representative
Summer Reiner.....................................................North Atlantic Region Representative
Jane Rheineck........................................................ACA Treasurer
Ricsawn Adkins Roane........................................Student Representative
Catherine Roland..................................................ACA President
Melanie J. Drake Wallace.....................................Southern Region Representative
Richard Yep..........................................................ACA Chief Executive Officer
ACA Regions & Divisions

There are four regions and 20 divisions within the American Counseling Association. These groups provide leadership, resources, and information unique to specialized practice areas and/or principles of counseling.

Midwest Region ................................................... Victoria Kress, Chairperson
North Atlantic Region ........................................ Brenson Long, Chairperson
Southern Region .............................................. Carolyn Anderson, Chairperson
Western Region ............................................... Elizabeth Forsyth, Chairperson

Association for Adult Development and Aging .......... Andrew Daire, President
Association for Assessment and Research ............... A. Stephen Lenz, President
Association for Child and Adolescent Counseling ...... Gail K. Roaten, President
Association for Creativity in Counseling ................ Ioana Marcus, President
American College Counseling Association ............... Chris Corbett, President
Association for Counselor Education and Supervision ........................................ Heather Trepal, President
Association for Humanistic Counseling ................... Linwood G. Vereen, President
Association for Lesbian, Gay, Bisexual and Transgender
Issues in Counseling ......................................... Tonya R. Hammer, President
Association for Multicultural Counseling and
Development ...................................................... Kimberly N. Frazier, President
American Mental Health Counselors Association .... Suzanne L. Walker, President
American Rehabilitation Counseling Association ...... Henry McCarthy, President
American School Counselor Association ................. Julie Baumgart, Chair
Association for Spiritual, Ethical and Religious Values
in Counseling .................................................. Stephanie Dailey, President
Association for Specialist in Group Work .................. Amy Nitza, President
Counselors for Social Justice ................................ Jane Goodman, President
International Association of Addictions and
Offender Counselors ......................................... Linda Thompson, President
International Association of Marriage and Family
Counselors ......................................................... Brandé Flamez, President
Military and Government Counseling
Association, Judith Mathewson ................................ President
National Career Development Association .............. David Reile, President
National Employment Counseling Association ........ Grey Edwards, Jr., President
No matter where you make a living, make a difference.

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Psy.D. in Clinical Psychology
Accredited by the AMERICAN PSYCHOLOGICAL ASSOCIATION

Immaculata’s graduates are prepared to practice at the doctoral-level, make scholarly contributions to the professional community, and take leadership positions in the mental health field.

The broad, practice-oriented Psy.D. curriculum is grounded in the practitioner-scholar model of professional psychology. The coursework provides intensive instruction in professional ethics, multiple models of psychotherapy, and research specific to a practice-oriented program.

“The mentoring, support and guidance that I received from Immaculata professors and advisors in the Psy.D. program was exemplary.”

— Ashley Dugan, Psy.D., psychological evaluator at a children’s crisis treatment center

Gain the skills necessary to properly incorporate animal assisted interventions and ensure optimal welfare for your therapy animals in the completely online program.

Animal assisted interventions (AAIs) offer positive behavioral support interventions for people with emotional, behavioral, cognitive or physical issues.

For more information, visit oakland.edu/animalassistedtherapy or contact Amy Johnson at (248) 364-8704 or johnson2@oakland.edu.
Pre-conference Learning Institutes

Pre-conference Learning Institutes (LI) CE Credit Information
Continuing Education (CE) credit is offered to attendees of the ACA 2017 Pre-conference Learning Institutes. Earn 6 CE hours per full-day session and 3 CE hours per full-evening session. ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended at prolibraries.com/counseling. After the conference you will be able to print a copy of your CE certificate from your personal computer at no additional cost! See page 242 for more information.

All Learning Institutes have CE approval from:
• National Board for Certified Counselors (NBCC). ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

• Commission on Rehabilitation Counselor Certification
• State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board. Counselor CE credit only.
• Washington Office of Superintendent of Public Instruction

Select sessions, identified by symbol(s), have CE approval from the following organizations:

○ Association for Play Therapy (APT). APT-Approved Provider 09-265.
 ▲ NAADAC: The Association for Addiction Professionals

It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.

Key to Learning Institute Levels
Select an LI based not only on content but also on the level of knowledge you currently have and how attending will advance that knowledge.

<table>
<thead>
<tr>
<th>LEVELS</th>
<th>Introductory</th>
<th>Advanced</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendees should have some basic knowledge of the specific content area but do not need to have in-depth knowledge or skills; the LI will add to their basic knowledge of the topic.</td>
<td>To benefit fully, attendees should have substantial working knowledge or skills in the specific content area. Typically, they currently use that knowledge and skill in their jobs, and the LI will refine and expand their current expertise.</td>
<td></td>
</tr>
</tbody>
</table>
ACA Author Book Signings!

Thursday, March 16 | 4:30 – 5:30 pm

- Thom Field, Laura Jones, and Lori Russell-Chapin, *Neurocounseling: Brain-Based Clinical Approaches*
- Donna Gibson, *Evaluating Student Learning Outcomes in Counselor Education*
- Misty Gincola, Cheri Smith, and Joel Filmore, *Affirmative Counseling With LGBTQI+ People*
- Barbara Herlihy and Gerald Corey, *ACA Ethical Standards Casebook, 7th Edition and Boundary Issues in Counseling, 3rd Edition*
- Terry Kottman, *Partners in Play: An Adlerian Approach to Play Therapy, 3rd Edition*
- Robert Smith, *Treatment Strategies for Substance and Process Addictions*

Friday, March 17 | 1:00 – 2:00 pm

- Sheri Bauman and Linda Shaw, *Group Work With Persons With Disabilities*
- David Capuzzi and Mark Stauffer, *Counseling and Psychotherapy: Theories and Interventions, 6th Edition*
- Sam Gladding, *The Creative Arts in Counseling, 5th Edition*
- Kristopher Goodrich and Melissa Luke, *Group Counseling With LGBTQI Persons and Group Work Experts Share Their Favorite Activities for Supervision, Vols. 1 and 2*
- Jeffrey Kottler and Rick Balkin, *Relationships in Counseling and the Counselor’s Life*
- Casey Barrio Minton and Carrie Wachter Morris, *Evaluating Student Learning Outcomes in Counselor Education*

ACA Bookstore
Moscone West Convention Center
Wednesday | Daytime Sessions
9:00 am – 4:30 pm

Program ID #17001, Introductory
Room 2002
Disaster Mental Health Counseling:
Preparing to Respond to Disasters,
Terrorism, and Mass Violence
Jane M. Webber, PhD, J. Barry Mascari,
EdD, Karin Jordan, PhD, Deb Del
Vecchio Scully, Rebekah Pender, PhD

Program ID #17002, Introductory
Room 2004
How To Talk So Gamers Will Listen and
Listen So Gamers Will Talk
Terry T. Kottman, PhD

Program ID #17003, Advanced
Room 2006
Master Conflict Theory in Action: A Model
for Integrating Couples and Sex Therapy
Heather L. Davidson, Stephen Betchen

Program ID #17004, Introductory
Room 2008
Counseling Theory in Practice
Gerald Corey, EdD, Jamie Bludworth,
PhD

Program ID #17005, Advanced
Room 2003
Working with Impossible, Difficult,
Resistant Behaviors: Advanced Reality
Therapy
Robert E. Wubbolding, EdD

Program ID #17006, Advanced
Room 2005
Dialectical Behavior Therapy with
Adolescents
K. Michelle Hunnicutt Hollenbaugh, PhD

Program ID #17007, Introductory
Room 2007
The Intersections of Religion and Sexual
Identity: A Conversation on Ethics
Shawn J. Patrick, EdD, John
Beckenbach, EdD, James N. Sells,
PhD, W. Bryce Hagedorn, PhD, Lance
C. Smith, PhD, Jane Okech, PhD,
Kristopher Goodrich, PhD, Gloria
Aquino Sosa, PhD

Program ID #17008, Advanced ●
Room 2009
Connecting with Parents: Cultural
Considerations in Child-Centered Play
Therapy
Phyllis B. Post, PhD, Christa Phipps,
Dana Isawi, PhD

Program ID #17009, Introductory
Room 2011
Cutting-Edge Assessment and Ethical
Treatment of Prominent Co-Occurring
Disorders
Jason H. King, PhD, Matthew R.
Buckley, EdD

Wednesday | Daytime Sessions
5:30 pm – 8:45 pm

Program ID #17011, Introductory
Room 2002
How to Build a 6-figure Counseling
Practice in Less than a Year
Anthony Centore, PhD

Program ID #17012, Introductory ▲
Room 2004
Beyond Stuckness: Teens, Trauma, and
Substance Use Disorders
David Flack

Follow our special Conference Twitter handle (@ACASanFran2017) for tips, reminders,
and important schedule changes onsite.
Pre-conference Learning Institutes

WEDNESDAY

Program ID #17013, Introductory Room 2006
Integrating Neuroscience-Based Methods into Your Counseling Practice
Christen H. Stahl, Thomas F. Collura

Program ID #17014, Introductory Room 2008
No More Secrets: How To Run a Group for Adult Survivors of Sexual Violence
Denise M. Lang-Grant, EdS, Irene Colucci-Lebbad

Program ID #17015, Advanced Room 2003
Fundamentals of Constructive Clinical Supervision
Douglas Guiffrida, PhD, Jason Duffy, PhD, Erin Halligan-Avery, PhD

Program ID #17016, Introductory Room 2005
10 Evidence-Based Tools for Traumatic Stress and Attachment Issues in Early Childhood
Cirecie West-Olatunji, PhD, Jeff D. Wolfgang, PhD

Program ID #17017, Introductory Room 2007
Becoming Spiritually Competent: Ethical and Practice Guidelines
Cecile Brennan, PhD

Program ID #17018, Introductory Room 2009
The Words She Could Not Speak: Female Military Veterans and Their Special Counseling Needs
Judith Jeanne Mathewson, PhD

Program ID #17019, Introductory Room 2011
Counseling Couples through the Lens of Attachment
Brock W. Sumner, Elisbeth Bennett, PhD

2017 Korean Counseling Association-International Chapter (KCA-IC) Conference Empowering Counselors to Promote Advocacy in a Global Society

Conference at-a-Glance
Saturday, March 18  |  Moscone West Convention Center, San Francisco

1:00 pm – 1:20 pm  Welcome
1:20 pm – 2:00 pm  Keynote Speaker: *Frederic Bemak
2:00 pm – 3:00 pm  Roundtable Sessions
3:00 pm – 4:00 pm  Poster Sessions
5:30 pm – 8:30 pm  International Reception


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Thursday | Daytime Sessions
9:00 am – 4:30 pm

Program ID #17021, Introductory
Room 2002
Train-the-Trainer: Delivering Presentations on the 2014 ACA Code of Ethics
David Kaplan, PhD

Program ID #17022, Introductory
Room 2004
Neurocounseling: Brain-Based Case Conceptualization, Assessment, and Intervention
Thom Field, PhD, Laura Jones, PhD, Lori Russell-Chapin, PhD

Program ID #17023, Introductory
Room 2006
Bullying Among Diverse Populations: Helping Our Clients Recognize and Respond to It
SeriaShia J. Chatters, PhD, Carlos P. Zalaquett, PhD

Program ID #17024, Introductory
Room 2008
Mindfulness for Counselors: Clinical and Personal Applications
Alan W. Forrest, EdD, Joe Klein

Program ID #17025, Introductory
Room 2003
Comprehensive Suicide Risk Assessment
Rebecca J. Milner, PhD

Program ID #17026, Advanced
Room 2005
Counseling Families in Chaos, Conflict, and Crisis: Best Practices In and Out of Court
Ruth Ouzts Moore, PhD, Ann M. Ordway, PhD

Program ID #17027, Advanced
Room 2007
Integrative Adlerian Counseling: Practice and Procedures for Brief Counseling
Richard E. Watts, PhD, Jon Sperry, PhD

Program ID #17028, Introductory
Room 2009
Family Ties: Using Family Play Therapy To Loosen Binds and Strengthen Bonds
Nick Cornett, PhD

Program ID #17030, Introductory
Room 2000
Cross-Cultural Understandings
Carlos P. Hipolito-Delgado, PhD, Fred Bemak, EdD, Michael Brooks, PhD, Catherine Y. Chang, PhD, Kimberly N. Frazier, PhD, Destiny N. Thomas, PhD, Courtland C. Lee, PhD, Rebecca L. Toporek, PhD

Thursday | Daytime Sessions
5:30 pm – 8:45 pm

Program ID #17031, Introductory
Room 2002
10 Things You Didn’t Learn in Grad School That Could Lead to a Lawsuit or Board Complaint
Anne Marie “Nancy” Wheeler, JD

Program ID #17033, Introductory
Room 2006
Resilience and Disability: An Intervention To Promote Positive Coping
Susan Stuntzner, PhD, Angela MacDonald, MEd, Jacquelyn Dalton, PhD

Program ID #17034, Advanced
Room 2008
Practical Skills in Suicide Prevention, Assessment, and Intervention
Darcy Haag Granello, PhD, Paul F. Granello, PhD
<table>
<thead>
<tr>
<th>Program ID</th>
<th>Room</th>
<th>Title</th>
<th>Presenters</th>
</tr>
</thead>
<tbody>
<tr>
<td>#17035</td>
<td>Room 2003</td>
<td>Diagnosing and Coding Substance-Related and Addictive Disorders: An Advanced Review</td>
<td>Shannon Karl, PhD, Tara Jungersen, PhD</td>
</tr>
<tr>
<td>#17036</td>
<td>Room 2005</td>
<td>Screening and Diagnosis of Behavioral/Process Addictions in a General Practice Setting</td>
<td>Leigh Falls Holman, PhD</td>
</tr>
<tr>
<td>#17037</td>
<td>Room 2007</td>
<td>Preventing Prejudice and Oppression Through Multicultural and Advocacy Competencies</td>
<td>Daya Singh Sandhu, EdD</td>
</tr>
<tr>
<td>#17038</td>
<td>Room 2009</td>
<td>How To Develop Your Business Mindset and Build Your Therapy Business</td>
<td>Alexa S. Elkington</td>
</tr>
<tr>
<td>#17039</td>
<td>Room 2011</td>
<td>What You Need To Know About Postmodern Career Counseling But Were Afraid To Ask</td>
<td>Carol A. Vecchio, Heather Zeng, PhD, Byron Waller, PhD</td>
</tr>
<tr>
<td>#17040</td>
<td>Room 2000</td>
<td>Join an Advocacy Dialogue: Supporting Individuals and Families Affected by Current Societal Issues</td>
<td>Dean Porter, Nola Butler-Byrd, PhD, Bonni Funk, Peggy Lucchesi, Grace Malonai, PhD, Kristin Phillips-Matson, Shyrea Minton, EdD, Cara Maffini, PhD, Margaret O’Hara</td>
</tr>
</tbody>
</table>

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Continuing Education Credits

Earn 1 continuing education (CE) contact hour for each hour of attendance at:

- Pre-conference Learning Institutes (see page xx for details)
- American Red Cross Training (pre-registration required)
- Keynote Sessions (partial credit applies)
- Education Sessions
- Roundtable Sessions

Please note: 30-minute poster sessions are not approved for CE credit.

ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended during conference at prolibraries.com/counseling. After the conference, you will be able to print a copy of your CE certificate from your personal computer at no additional cost! See page 242 for more information.

All Education Sessions have CE approval from:

- **National Board for Certified Counselors (NBCC)**. ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- **Commission on Rehabilitation Counselor Certification**
- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board**. Counselor CE credit only. Excludes 30-minute sessions.
- **Washington Office of Superintendent of Public Instruction**

Select sessions, identified by symbol(s), have CE approval from the following organizations:

- **Association for Play Therapy (APT)**. APT-Approved Provider 09-265.
- **NAADAC: The Association for Addiction Professionals**

*It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.*
Featured Education Sessions at-a-Glance

A full description of the featured Sessions at-a-Glance can be found in the Education Session section starting on page 27 by the corresponding ID number.

**ACA Presidential Sessions**

**Friday, March 17**
ID #136, Establishing Counselor Identity: Teaching in School Counseling Programs
ID #161, Silence Still Equals Death: Counseling College Students on HIV, STIs, and Dating
ID #170, Common Experiences, Diverse Identities: A Life-Span Approach to Counseling in the LGBT Community

**Saturday, March 18**
ID #245, Quelling the Fires of Academia: The Role of Counselors in Addressing Racial Tension and Violence on College Campuses
ID #284, Roads Traveled: ACA Past Presidents Reflect on Leadership and Diversity within the Counseling Profession

**Sunday, March 19**
ID #327, Left Out in the Hallway: Achieving Equity and Success for LGBTQ and African-American College Students
ID #358, A Tale Of Two Worlds: The School Counselor and The School Counselor Educator

**ACA Featured Sessions**

**Friday, March 17**
ID #163, Human Trafficking: Implications for Counseling Professionals
ID #198, When Advocacy Is Not Enough: Overcoming Legal Discrimination in Tennessee

**Saturday, March 18**
ID #253, Fighting the Good Fight: Tennessee Helping Professionals’ Response to SB 1556/HB 1840
ID #314, “I’m Just a Counselor, Not an Elected Official”: Legislative Advocacy 101

**Sunday, March 19**
ID #409, Empowerment! Promoting Self-Advocacy in Counseling with LGBTQ Clients

**ACA Book Author Sessions**

**Friday, March 17**
ID #102, The Creative Arts in Counseling: How, Where, and When to Use Them
ID #124, Relationships in a Counselor’s Life
ID #169, Theories of Counseling and Psychotherapy
ID #191, Facilitating Groups That Include Persons With Disabilities

**Saturday, March 18**
ID #283, Hot Topics in Ethics

**Graduate Students and New Professionals Only Series**

**Friday, March 17**
ID #144, What Graduate Students and New Professionals Need To Know About Bullying
ID #150, Becoming a Professional Counselor
ID #176, The Issue of Race in Counseling: The Taboo Unraveled!
Saturday, March 18
ID #220, Stressed Out and Overwhelmed? Try Self-Care Through Mindfulness

Sunday, March 19
ID #332, What Graduate Students and New Professionals Need To Know About Finding That First Job

ACA Client-Focused Research Series

Friday, March 17
ID #145, Understanding Counseling Effects: Modeling What Is Really Happening in Counseling
ID #167, Counselor Self-Efficacy of Mental Health Professionals Working with Refugees

Saturday, March 18
ID #234, Partnering with Local Schools To Critically Examine Play Therapy Services for Children
ID #256, Examining Effectiveness: Child-Centered Play Therapy with African-American Children
ID #257, Religious Orientation as a Predictor of Comfort with Homosexuality in the Church
ID #258, Impact of Counseling at a High-Poverty, Urban Elementary School
ID #280, Predictors of Mental Health Care Use in Primarily Nonurban, Nonheterosexual Men
ID #281, Invisible Victims: Boys’ Narratives of Sexual Abuse Survival, Recovery, and Hope

Sunday, March 19
ID #348, The Relationship of Acculturative Stress, Coping, and Quality of Life Among Immigrants
ID #349, Sexual Minority Status and Suicidal Ideations Among Urban Hispanic Adolescents
ID #370, The CABLE: Development of a New Instrument for Assessing Grief Coping Strategies
ID #371, Exploring Moral Panic and Transgender Rights in the U.S.: A Survey Study
ID #372, Narratives of Resistance: Deconstructing Gendered Racial Microaggressions in Groups
ID #373, The Contribution of Attachment Style on Posttraumatic Growth Among Survivors of CSA
ID #394, Adolescent Self-Injurious Behavior: Analysis of the Youth Risk Behavior Survey Trends
ID #395, The Effects of Career and College Readiness Interventions on Adolescents in Foster Care

AADA Featured Sessions

Saturday, March 18
ID #271, Ethical Considerations for Counselors Working with Adults across the Adult Lifespan

Sunday, March 19
ID #328, The Long and Winding Road: A Critical Evaluation of Aging and Intersectionality

AARC Featured Sessions

Friday, March 17
ID #114, The Clinical vs. Statistical Decision Making Debate in Counseling
<table>
<thead>
<tr>
<th>Date</th>
<th>Session Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, March 18</td>
<td>ID #269, Practical Approaches to Evaluating Student Learning Outcomes in Counselor Education</td>
</tr>
<tr>
<td>ACAC Featured Sessions</td>
<td></td>
</tr>
<tr>
<td>Friday, March 17</td>
<td>ID #173, Tips and Tools for Counseling Youth with Sensory Processing Disorder</td>
</tr>
<tr>
<td>Saturday, March 18</td>
<td>ID #248, More than Just a “Bad Kid”: Exploring Positive Self-Concepts with Students</td>
</tr>
<tr>
<td>ACC Featured Sessions</td>
<td></td>
</tr>
<tr>
<td>Saturday, March 18</td>
<td>ID #224, Integrating Emotional Freedom Techniques into Mental Health Counseling: An Emerging Model</td>
</tr>
<tr>
<td>AHC Featured Sessions</td>
<td></td>
</tr>
<tr>
<td>Sunday, March 19</td>
<td>ID #355, Neuroethical Implications of Utilizing Creativity in Counseling</td>
</tr>
<tr>
<td>ALGBTIC Featured Sessions</td>
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<tr>
<td>Friday, March 17</td>
<td>ID #164, Holding the Tension: Congruence and Ethics in Supervising Values Conflicts</td>
</tr>
<tr>
<td>Saturday, March 18</td>
<td>ID #307, The Journeys to be a Leader: Guide for Graduate Students</td>
</tr>
<tr>
<td>ACCA Featured Sessions</td>
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<tr>
<td>Saturday, March 18</td>
<td>ID #318, Counseling in Higher Education: Helping Students Find Their Voice Beyond Free Speech</td>
</tr>
<tr>
<td>Sunday, March 19</td>
<td>ID #381, Should We or Shouldn’t We? Distance Counseling in Higher Education—a HEMHA Guide</td>
</tr>
<tr>
<td>AMCD Featured Sessions</td>
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</tr>
<tr>
<td>Saturday, March 18</td>
<td>ID #300, Multiculturalism and Mentorship: Moving Beyond Marginalization</td>
</tr>
</tbody>
</table>
Featured Education Sessions at-a-Glance

**Sunday, March 19**
ID #382, Marginalized in America: The State of the Minority Community and Our Role in the Counseling Profession

**AMHCA Featured Sessions**

**Friday, March 17**
ID #154, Advancing Clinical Mental Health Counseling in a Brain-Based Era: An Introduction to Neurocounseling

**Saturday, March 18**
ID #316, Current Directions in the Clinical Mental Health Counseling Profession: Where are We to Where We Need to Go

**ARCA Featured Sessions**

**Friday, March 17**
ID #177, The Council on Rehabilitation Education Standards Revision Update

**Saturday, March 18**
ID #268, Stories of Resilience and Human Rights Advocacy by the Disability Community and Their Allies

**ASERVIC Featured Sessions**

**Friday, March 17**
ID #153, Honoring Both Religious/Spiritual and Sexual Diversity Simultaneously: Is It Possible?

**Sunday, March 19**
ID #329, Traditional Religion in a Progressive World: An Interfaith Panel Discussion

**ASGW Featured Sessions**

**Friday, March 17**
ID #104, Implications of “Religious Freedom” Legislation on Group Work and Group Workers in Tennessee

**Saturday, March 18**
ID #236, Group Interventions in the Aftermath of Violence, Terrorism, and Dislocation

**CSJ Featured Sessions**

**Friday, March 17**
ID #166, Social Justice Counseling and the #BlackLivesMatterMovement

**Saturday, March 18**
ID #219, Using Parliamentary Procedure and Group Process in the Service of Social Justice

**IAAOC Featured Sessions**

**Friday, March 17**
ID #171, Examining Physiological and Psychological Functioning of College Students of Alcoholic Parents

**Saturday, March 18**
ID #259, IAAOC Research Carousel on Addiction and Offender Issues

**IAMFC Featured Sessions**

**Friday, March 17**
ID #152, Get Out Your Toolbox: Using Experiential Activities and Techniques with Families in Crisis
Featured Education Sessions at-a-Glance

MGCA Featured Sessions

Saturday, March 18
ID #306, Ethical Issues for Couple and Family Counselors: Some Considerations

Friday, March 17
ID #175, Navigating Ethical Dilemmas when Working with Military Families

Saturday, March 18
ID #272, Counseling Military Service Members: Developing a Competency-Based Approach for Ethical Care

NCDA Featured Sessions

Friday, March 17
ID #112, Dysfunctional Career Thoughts and The Self-Directed Search

Saturday, March 18
ID #237, Intersections of Career and Self-Concept

NECA Featured Sessions

Friday, March 17
ID #172, Wellness in the Workplace: Work-Life Balance/Experiencing Healthy Work and Play

Saturday, March 18
ID #262, Bridging the Divisions in the Modern Workplace

CCA Featured Sessions

Friday, March 17
ID #165, Intergenerational Trauma and College Student Success

Saturday, March 18
ID #202, “I like you so much I got you this”: The Use of Improv in Individual and Group Counseling

CSI Featured Sessions

Friday, March 17
ID #159, Going Global: Leadership in Transcultural Counseling

Saturday, March 18
ID #294, Advocacy and the 10 Key Considerations in Counselor Community Engagement

Sunday, March 19
ID #344, Professional Identity: A Crucial Step in Counselor Preparation

TCA Featured Sessions

Friday, March 17
ID #122, Incorporating Reach Higher Principles in Counselor Education through an Engaging Course Offering

Sunday, March 19
ID #341, Selecting Applicants to Counselor Education Programs in Light of the Tennessee Counseling Law
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Official Journal of APA Division 29 (Society for the Advancement of Psychotherapy)
Editor: Mark Hilsenroth, PhD
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Offered at our Chicago and D.C. campuses, the Ph.D. in Counselor Education and Supervision program prepares students who are looking to advance their counseling careers. At our D.C. Campus, train alongside expert faculty, including Dr. Catherine Roland, President-Elect (2015-2016) of the American Counseling Association.

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Education Session Descriptions

Friday, March 17

7:30 am – 8:30 am
Program ID #101, Room 2000
Creative Counseling: 25 Expressive Play Ideas To Make Sense of Emotional Chaos
60-Minute Education Session
Denis’ A. Thomas, Catherine Stutzner, Angelique Howington
Natalie Rogers, daughter of the late Carl Rogers, wrote, “What is creative is frequently therapeutic. What is therapeutic is frequently a creative process.” Expressive arts foster emotional healing, resolve inner conflict, and awaken individual creativity. Come learn creative techniques that foster stronger helping relationships, expedite the counseling process, and deepen the level of the therapeutic work. Leave with 25 ideas to use immediately.

7:30 am – 8:30 am
ACA Book Author Session
Program ID #102, Room 2014
The Creative Arts in Counseling: How, Where, and When to Use Them
60-Minute Education Session
Samuel T. Gladding
The creative arts have been used in mental health service since antiquity. This program will explore their place in counseling today, their compatibility with a variety of theories, and their use with different populations across the life span. Specific creative arts that will be examined include: music, writing, movement, drama, visual art, humor, animal-assisted therapy, and horticulture. Creative arts techniques in prevention and remediation will be highlighted.

7:30 am – 8:30 am
Program ID #103, Room 2016
Perceptions of Counseling Children with Illness-Related Trauma in Elementary Schools
60-Minute Education Session
Eric S. Davis
Illness-related trauma for children or a loved one and can result in myriad of mental and behavioral issues. Fifteen elementary school counselors completed a structured interview related to their experiences with training and counseling students with illness-related trauma. Insights gained will be shared to aid in the enhanced preparation, acquisition, and application of skills and knowledge to meet the needs of children and their support systems with the regards to illness-related trauma for all school stakeholders.

7:30 am – 8:30 am
ASGW Featured Session
Program ID #104, Room 2018
Implications of “Religious Freedom” Legislation on Group Work and Group Workers in Tennessee
60-Minute Education Session
Maia Niguel Moore, Asher M. Pimbleton-Gray, Mildred S. Dukic, Sandra Terneus, Virginia S. Dansby
With the passage into law of Tennessee HB1840/SB1556, counselors may deny services and refer clients based on the counselor’s “strongly held beliefs.” As written, the law presumes a one-to-one client/counselor relationship wherein the only affected parties are the counselor and client. For group workers, this is never the case. Join members of TN
ASGW and ASGW Human Rights and Diversity Committee to discuss implications of this legislation for group workers and supervisors.

7:30 am – 8:30 am
Program ID #105, Room 2020
Does Race Matter? Levels of Acculturation and Affect on Counseling Students
60-Minute Education Session
Paige N. Dunlap, Valerie Russell
This study analyzed data to further explore the interplay between counseling students and acculturation in regard to preservice, service, and research practices. The objectives focus on increasing participants’ knowledge, understanding multicultural competency, and identifying available counseling strategies, effective theories, and interventions. Research study results will be presented and discussed. The goal is to increase counselors’ understanding of multicultural populations and their acculturation.

7:30 am – 8:30 am
Program ID #106, Room 2022
Using Popular Films as a Multicultural Counseling Training Tool
60-Minute Education Session
Jay Michael Nittoli, Douglas A. Guiffrida
Popular films trigger affective responses in students that can challenge their existing worldviews. When popular films are accompanied by other reflective experiential learning activities, they can promote cultural relativism and empathy in counseling students. A pedagogical activity is presented that uses popular film to stimulate student dialogue and reflection on topics pertaining to race, culture, privilege, and social justice. Results from this qualitative study using film will be presented.

7:30 am – 8:30 am
Program ID #107, Room 2024
Diagnosis with Integrity: A Critical Framework Supporting the Ethical Use of Diagnosis
60-Minute Clinician Education Session, Advanced
Stella Beatriz Kerl-McClain
Counselors will be led through an experiential process to develop awareness of their own ethical/moral perspective toward diagnosis. They will learn that critical and hermeneutic approaches to how we understand mental health can help them overcome ambivalence toward diagnosis by seeing it as a language of power in which ambivalence results in acquiescence with subsequent disempowerment of both counselor and client. Counselors will learn the importance of contextual and transparent diagnostic processes with clients.

7:30 am – 8:30 am
Program ID #108, Room 3014
Language and Online Learning: Inform, Inspire, and Engage Virtual Learning Communities
60-Minute Education Session
Linda H. Foster, Anita Neuer Colburn
Counseling is rooted in oral and non-verbal expression. Yet, in online classrooms, written language is the primary form of communication. How can faculty members in online counselor education programs translate oral and non-verbal communication skills to the written
form in ways that support vibrant learning communities? In this session, three experienced online instructors will provide an overview of research and practice in regard to communication and language in online learning communities.

7:30 am – 8:30 am
Program ID #109, Room 3016
Integrative Reflective Model of Group Supervision: Enhancing Clinical Competence
60-Minute Education Session
Tracy A. Stinchfield, Ryan Bowers
The Integrative Reflective Model (IRM) of Group Supervision is a supervision model created to help counselors-in-training work toward clinical competence. The presenters will share the history of the IRM and the practicality and efficiency of using it within the constraints of an academic semester, as well as how using the IRM transfers knowledge of effective supervision to counselors-in-training for future training of new counselors.

7:30 am – 8:30 am
Program ID #110, Room 3018
Complexity and Intersectionality of Crisis and Trauma in Counseling Those of African Descent
60-Minute Education Session
Malik Aqueel Raheem, Kimberly A. Hart
This session will provide an overview and facilitate in multicultural and social justice competence and advocacy when working with people of African descent. During this session, the topics of contemporary crisis and trauma will be discussed, and how this impacts people of African descent. Techniques will be discussed on establishing a therapeutic relationship with this population.

7:30 am – 8:30 am ▲
Program ID #111, Room 3020
Multidimensional Assessment Procedures for Substance Abuse Treatment
60-Minute Education Session
Jeffrey W. Garrett
This session will demonstrate how researchers and counselors can use multidimensional assessment procedures to enhance the effectiveness of substance abuse treatment. It provides an overview of valid and reliable measures for assessing training outcomes, counselor competencies, client readiness, treatment fidelity, and treatment outcomes. The results of Garrett’s 2007 study at the Recovery Council in Ohio will be compared to his plans for the follow-up study which will be conducted by the presenters.

7:30 am – 8:30 am
NCDA Featured Session
Program ID #112, Room 3022
Dysfunctional Career Thoughts and The Self-Directed Search
60-Minute Education Session
Debra Osborn, Julia Kronholz
Dysfunctional career thinking has been consistently found to complicate the career decision making process. In this session, we present recent research findings examining the connection between dysfunctional career thinking and specific scores on the SDS, as well as discussing implications and strategies for working with clients who desire to complete a career assessment but are concurrently struggling with dysfunctional career thinking.
**Education Session Descriptions**

**7:30 am – 8:30 am**  
Program ID #113, Room 3024  
Curating Your Online Identity: Social Media Development for Counselors  
60-Minute Education Session  
*Everett Painter*  
Social media from a historical perspective is still in its infancy. Yet its growth is rapid. For counselors, social media may be thought of as a digital extension of our professional selves. What do clients, colleagues, and students learn about us from our online presence? Attendees will be taken beyond the basics and discover why it is important to curate our online identity. Attention will be given to differentiating between and leveraging various platforms. Research evidence and practical suggestions will be provided.

**7:30 am – 8:30 am**  
*AARC Featured Session*  
Program ID #114, Room 2002  
The Clinical vs. Statistical Decision Making Debate in Counseling  
60-Minute Education Session, Advanced  
*Philip B. Gnilka, Abigail H. Conley, Ryan Carlson, Jonathan Ohrt*  
A key debate in the counseling field is the clinical method (expert/professional judgment) versus statistical method (statistical/actuarial/appraisal) in making decisions. While significant research has shown the superiority of the statistical, few counselors and counselor educators utilize statistical methods in their practices and decision-making. Attendees will learn about the clinical/statistical debate and research examples that demonstrate the superiority of the statistical approach.

**7:30 am – 8:30 am**  
*ALGBTIC Featured Session*  
Program ID #116, Room 2004  
Pulling Back the Curtain: Racism and Disenfranchisement towards Queer Faculty/Counselors of Color  
60-Minute Education Session  
*Joel M. Filmore*  
A ‘courageous conversation’ around issues of race/racism, disenfranchisement, and inclusivity. In the backdrop of our current climate we see issues of racial tension, disparity, and denial of racial issues. Despite clear and present danger to people of color there is no consensus on if there is an issue nor how we address it. We begin this dialogue around intersectionality and the lived experiences of disenfranchised Queer...
People of Color, Queer Faculty of Color, and Queer Counselors of Color.

7:30 am – 8:30 am
Program ID #117, Room 2005
Empirical Outcome Findings on Responding to K–12 Students at Risk of Suicide
60-Minute Education Session, Advanced
Laura Shannonhouse, Yung-Wei Lin, Amanda Dreisbach Rumsey, Mary Chase Mize, Robert E. Rice
Suicide is becoming a serious concern among K-12 schools. Many schools experience severe challenges responding to suicide incidents due to a shortage of professionals, lack of proper training, and lack of a comprehensive crisis management protocol. This session will present empirical evidence of the ASIST on preparing K-12 school counselors to respond to students at risk of suicide. Attendees will also learn rigorous research methods and strategies for building a comprehensive research protocol in K–12 schools.

7:30 am – 8:30 am
Program ID #118, Room 2006
How School Counselors’ Staffing and Use of Time Are Related to School Climate in HSLS:09
60-Minute Education Session
Margaux H. Brown
School climate captures the character and quality of school life. Presenters used HSLS:09 data and explored the effects of school counselor staffing (e.g., caseload) and use of time (e.g., scheduling) on school climate. Attendees will gain insight into the staffing conditions and high school counselors’ use of time from a national sample and will be equipped with evidence from an analysis of data to advocate at their local level for staffing and use of time that promotes a positive school climate.

7:30 am – 8:30 am
Program ID #119, Room 2007
What About Our Lesbian and Gay Counseling Students? Results of a Survey Exploring their Experiences
60-Minute Education Session, Advanced
Sandra Pollock, Gregory Meek
The counseling profession articulates a commitment to competence in working with the LGBTQI community. Are we modeling the same multicultural competence we want for our clients with our lesbian and gay colleagues? This session discusses preliminary research on the educational experiences of lesbian and gay counseling education students gleaned from an online survey. Results provide important feedback for our profession.

7:30 am – 8:30 am
Program ID #120, Room 2008
Interprofessional Collaboration: Opportunities and Challenges
60-Minute Education Session, Advanced
Judith Warchal, Paul L. West, Monir F. Morgan
The changing nature of health-care delivery provides counselors with unique opportunities to become members of interdisciplinary health-care treatment teams. Counselors in the health-care system can provide services such as mental health screenings, clarifying a mental health diagnosis, determining behavioral interventions for self-management of disease states, behavioral compliance
FRIDAY

with treatment, and mental health education. Suggestions for integration into the counselor education curriculum will be provided.

7:30 am – 8:30 am
Program ID #121, Room 2009
Promoting the Role of the School Counselor in Bullying Prevention and Intervention
60-Minute Education Session
Daniel Cinotti, Kathleen L. Grant, Sarah I. Springer
The proliferation of anti-bullying laws has brought about a heightened awareness of the issue of bullying. For school counselors this has, in some cases, led to duties such as investigating reported incidents and participating in disciplinary action. These inappropriate roles inhibit the counselor from addressing bullying proactively and as an issue of school culture. The presenters will focus on maintaining one’s counselor identity while fulfilling the spirit of recent state anti-bullying laws.

11:00 am – 12:00 pm
ACA Book Author Session
Program ID #124, Room 2014
Relationships in a Counselor’s Life
60-Minute Education Session
Jeffrey A. Kottler, Richard S. Balkin
The strength of the counseling relationship is considered the leading factor influencing client-centered outcomes. The presenters will discuss both the principles and paradoxes in building the counseling relationship, the personal and professional challenges counselors face, and how these obstacles can be identified and eventually overcome. Participants will examine their own best—and worst—relationships with clients, as well as those in their everyday lives.

school counseling programs. Presenters will outline the inception, curriculum, and importance for this class in all counselor education programs.

11:00 am – 12:00 pm
Program ID #123, Room 2000
Conveying Information: Lessons from Homiletic, Ted Talks, and Carl Rogers
60-Minute Education Session
Samuel T. Gladding
This session will examine how information on counseling may be packaged at conferences so that it makes the most impact on participants in sessions. Attendees will hear, see, and experience ways that materials may be packaged to convey information. The best ways of conveying information will be shown and attendees will learn how what they do in professional counseling presentations makes as much difference as what they are trying to get across to audiences.

7:30 am – 8:30 am
TCA Featured Session
Program ID #122, Room 2011
Incorporating Reach Higher Principles in Counselor Education through an Engaging Course Offering
60-Minute Education Session
Michael Bundy, Kat Coy, Malee Hogan
Following the recommendations of the Council of National School Counseling and College Access Organizations, the Counseling Department of Carson-Newman University launched a new graduate course. “Counseling Students for College Access and Success” has become a highly-regarded course to incorporate college and career readiness into all aspects of K–12
Client suicide is perhaps the worst fear of every counselor, yet a fear that will be realized by many during their careers. Despite this, there is little formal training for counselors regarding how to navigate this difficult experience. The clinician-survivor process will be discussed along with strategies and resources for coping with client suicide. Attendees will have an opportunity to share their own experiences regarding client suicide, including responding to a colleague whose client has committed suicide.

**11:00 am – 12:00 pm**
Program ID #126, Room 2018
*Haunted for Life: Long-Term Physical Impact of Childhood Sexual Abuse*
60-Minute Education Session, Advanced
*Anna M. Viviani*
Childhood sexual abuse can have a significant impact on survivors’ growth and development through the lifespan including adult physical health. This session will unpack some of those concerns and discuss recent research related to chronic pain syndrome, fibromyalgia, and other physical complaints and the impact on life satisfaction.

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This session features case examples related to conscience clause/religious freedom legislation.

11:00 am – 12:00 pm
Program ID #129, Room 2024
Using Motivational Interviewing in Clinical Supervision
60-Minute Education Session
Edward Wahesh
Motivational interviewing (MI) holds promise as an approach to enhance supervisee motivation and engagement in clinical supervision. The presenters will explore how MI can be adapted to supervision. Case studies will be presented to illustrate how MI relational style, techniques, and processes can be used by supervisors to assess and respond to ambivalence to change and discord within the supervisory relationship. Attendees will experience the relational and technical elements of MI during an interactive practice exercise.

11:00 am – 12:00 pm
Program ID #130, Room 3014
A Narrative Counseling Approach for Vicarious Trauma with EMS First Responders
60-Minute Education Session
Amanda C. DeDiego, Evan Burns
First responders provide support to community members during crisis. EMS provides community supports during medical emergencies. Work-related stressors and vicarious trauma lead to high occurrences of PTSD and suicide. This interactive session addresses mental health stigma through a narrative approach to counseling with EMS first responders. Training on this population, quotes from research participants, and case examples will be discussed.

11:00 am – 12:00 pm
Program ID #131, Room 3016
Creative Strategies in Group Counseling: School and Clinical Settings.
60-Minute Education Session
Carrie D. Hemmings, Christi S. Jones, Courtney Johnson-Minor, A. Denise Whittle-Smith
Counselors in both clinical and school settings are encouraged to attend this educational session. Creative strategies in group counseling merge with evidence-based practices found in group counseling and creative arts in counseling. Counselors will learn new, creative strategies for working with groups, how to work with clients who are resistant to creative strategies, and how to use these strategies to encourage group cohesion, foster communication, and develop self-awareness. Instructional handouts will be provided.

11:00 am – 12:00 pm
Program ID #132, Room 3018
The War Within: Incorporating Spiritual and Sexual Identities in Counseling
60-Minute Clinician Education Session
Brady Sullivan
This session will introduce counselors to the GRACE Model. This model has been used by counselors to help LGBTQ+ clients explore their sexual and spiritual identities. Counselors will learn how to provide new interpretations for clients regarding the intersection of their sexual and spiritual identities. Attendees will learn why LGBTQ+ individuals with spiritual identities are a vulnerable population, they’ll find out how to use the GRACE Model, and they’ll be
FRIDAY

given the chance to apply the model to a counseling scenario.

11:00 am – 12:00 pm
Program ID #133, Room 3020
Working with Stay-at-Home Fathers: Stereotypes, Interventions, and Advocacy
60-Minute Education Session
Eric S. Davis
The landscape of the family system in the U.S. has shifted in the past 25 years with an increase in stay-at-home fathers (SAHFs). While mostly a positive shift, there are still many stereotypes and negative perceptions related to SAHFs and the roles that males play as breadwinners and caregivers, resulting in emotional and societal issues for SAHFs. This session will discuss these stereotypes and perceptions as well as counseling and advocacy interventions to effectively work with SAHFs and their relevant systems.

11:00 am – 12:00 pm
Program ID #134, Room 3022
How To Bring Counseling Session Outcomes into the “Real” World: Microskills in Action
60-Minute Education Session, Advanced
Allen E. Ivey, Carlos P. Zalaquett
This session will provide an introduction to attending and influencing skills followed by a description of the Empathic Relationship-Story and Strength-Goals-Restory-Action Model. A review of the model applied to the counseling session will be used to illustrate the micro-skills in action. Listening and focusing skills are used to examine clients’ issues. Clarification, genogram, confrontation, and reframing will be used to help clients resolve conflict and act more effectively. A Q&A conversation about the session will complete this session.

11:00 am – 12:00 pm
ACA Featured Session
Program ID #135, Room 3024
Mobilizing the Counseling Community to Respond to Crises: Lessons from the Orlando Pulse Massacre
60-Minute Education Session
Alicia M. Homrich, Lindsay Kincaide, Paulina Flasch, Kristin Page
After the Orlando Pulse nightclub massacre of 49 individuals, over 500 counselors responded immediately to help the local community cope. Four ACA members, arriving within the first hours of news reports, spent weeks engaged in organizing counselors, responding to appeals for help, and managing the counseling requests of and for the GLBT, Hispanic, and greater central Florida communities. Panel members will share the story of their experiences as first responders and share lessons learned.

11:00 am – 12:00 pm
ACA Presidential Session
Program ID #136, Room 2002
Establishing Counselor Identity: Teaching in School Counseling Programs
60-Minute Education Session
Stephanie Eberts, Brandi Oliver, Denise Lenaes-Solomon, Daniel Cinotti
School Counselor Educators are invited! The Presidential Advisory Commission on the Role and Opportunities for School Counselor Educators, initiated by ACA President Catherine Roland, is interested in your input around issues in school
counselor education. Please come ready to discuss topics including counselor identity, training and supervision with attention to the *ACA Code of Ethics*, and the increasing mental health needs of PK–12 students.

**11:00 am – 12:00 pm**
Program ID #137, Room 2003
**Promoting Self-Efficacy Through Athletic Participation: A Counseling Model**
60-Minute Clinician Education Session, Advanced
*Courtland C. Lee, Verna Oliva, Michael Borenstein*
The influence of athletics has grown significantly in recent years. From high school to professional competition, it is evident that sports have become big business with athletic talent highly sought after and, in many cases, highly rewarded. It is not unwarranted to assume, therefore, that sports participation can have a profound influence on a young person’s sense of self. The purpose of this session is to examine a counseling model to promote athletic and academic self-efficacy among high school and college athletes.

**11:00 am – 12:00 pm**
Program ID #138, Room 2004
**The Role of School Counselors in Improving Perceptions of School Safety**
60-Minute Education Session
*Patrick James Rowley, Gerard Lawson*
School counselors are key to shaping the perceptions of safety in their schools, a precursor for effective learning. This session will highlight the insights of students, school counselors, and stakeholders on safety within their schools. Information obtained from interviews and focus groups found that perception of school safety was largely social and physical. The presenters will guide a discussion on how school counselors can improve the perception of safety within their schools to support the social-emotional needs of students.

**11:00 am – 12:00 pm**
Program ID #139, Room 2005
**Cross-Ethnic Trust Factors: Black Counselors with White Mentors**
60-Minute Education Session, Advanced
*Eric Montrece Brown*
This session will focus on cross-ethnic trust factors between African-American counselors, graduate students, and counselor educators and their European-American mentors. The concept of mentoring is crucial to the recruitment and retention of people of color in the profession. This session, based on current research, will present practical tips and suggestions on how White counselors can build cross-ethnic trust with Black students and novice scholars in order to build mentoring relationships.

**11:00 am – 12:00 pm ▲**
Program ID #140, Room 2006
**Breaking the Cycle of Homelessness: Contingency Management in Treating Addiction**
60-Minute Education Session
*Bailey P. MacLeod*
Almost half of people in homelessness also suffer from an addiction, which can increase the risks of unemployment, physical
and mental illness, unstable housing, and legal issues. Contingency
gestion (CM) is an evidence-based approach used to increase
motivation, retention, abstinence, and employment in substance
abuse treatment. This session will
discuss how CM works, proper ways
to implement CM in addictions
counseling, and how it is being
used in a treatment program to rehabilitate men who are homeless.

11:00 am – 12:00 pm
Program ID #141, Room 2007
When Caring Hurts: Identifying Signs of Burnout and Compassion Fatigue in Education
60-Minute Education Session
Alison L. DuBois, Molly A. Mistretta
This interactive session will explore
ways in which counselors can assist K–12 and higher-education personnel in identifying burnout and compassion fatigue as it relates to student trauma in educational environments. Strategies will also be provided to enable counselors to work with school personnel on developing constructive resiliency behaviors such as debriefing, self-care plans, and effective supervision that attendees can use with personnel in an educational environment.

11:00 am – 12:00 pm
Program ID #143, Room 2009
Assessing the Etiology of Auditory Visual Hallucinations Using Betrayal Trauma Theory
60-Minute Education Session, Advanced
Laura Pignato, Thomas Foster
Clients who report auditory verbal hallucinations (AVH) can present a challenge to counselors as they make a diagnosis because these symptoms transcend across several disorders. Understanding the etiology of a symptom can help them with the diagnostic process, but typically AVH is conceptualized from a genetic and neurological viewpoint. We present Betrayal Trauma Theory as an etiological explanation for AVH in individuals and provide assessment recommendations to help correctly diagnose, or not diagnose, the client.

11:00 am – 12:00 pm
For Graduate Students and New Professionals Only Series
Program ID #144, Room 2011
What Graduate Students and New Professionals Need To Know About Bullying
60-Minute Education Session
Thelma Duffey
Bullying is a deeply painful, and sometimes deadly, social problem affecting people of all ages and in all stages of life. Bullying occurs in schools, in neighborhoods, at workplaces, on college campuses, online, and in families. This session focuses on bullying prevention, intervention, and research, and it identifies resources, such as social media and creativity, to cultivate a climate of empathy, support, and appreciation. The consequences of bullying can be tragic. Counselors can make a difference.

1:00 pm – 1:30 pm
ACA Client-Focused Research Series
Program ID #145, Room 2011
Understanding Counseling Effects: Modeling What Is Really Happening in Counseling
30-Minute Research Education
Session
Richard S. Balkin, Erika L. Schmit, Katelyn Richey

Progress is not always steady in counseling. Clients may show initial improvement and then get stuck or decline before they improve again. Yet, the most common research in the counseling profession, correlational research, relies on the assumption of steady, linear progress. This session will highlight examples where counseling effects appear to be linear and nonlinear. Attendees will see how the counseling experience can be shown in quantitative research in a more humanistic, meaningful, and real way through nonlinear modeling.

1:00 pm – 2:30 pm
Program ID #146, Room 2000
Trauma Treatment Techniques Go Mainstream: You Can’t Treat the Mind Without the Body
90-Minute Education Session, Advanced
Jane M. Webber, J. Barry Mascari
Neuroscience explains that our brains experience Big T or little t and reexperience perceived threats even when there is no danger. Counselors can help clients use the SUD (subjective unit of distress) to recognize when their brain gets “hijacked” (dysregulated) by introducing simple tools to teach emotional regulation. The presenters will weave neurobiological concepts with practical mind-body techniques that will be practiced, such as smoke detector, snooze alarm, tapping, exhalation, and tongue touch.

1:00 pm – 2:30 pm ▲
Program ID #147, Room 2014
In-Depth Examination of Sexual Addiction: Recent Research and Clinical Implications
90-Minute Education Session, Advanced
Amanda L. Giordano, Craig S. Cashwell, Cody Lankford
Researchers continue to advance the field of sexual addiction counseling with new findings and clinical implications. This advanced session is designed to review recent research related to sexual addiction in order to inform treatment strategies. Specifically, the presenters will address the neurobiology of sexual addiction and correlates related to attachment, emotion regulation, and religious coping. Additionally, they will discuss the unique aspects of cybersex addiction.

1:00 pm – 2:30 pm
Program ID #148, Room 2016
A Career Group Intervention for Teens with Mental Health Disorders Using Game Design
90-Minute Education Session
Andrew M. Byrne
Career development for teens with mental health disorders is largely missing from school transition planning. This session will look at game design as a viable, counseling theory-based intervention for planning group counseling for career development. A pilot intervention currently in progress in a high school will be presented and deconstructed. Attendees will leave with a new toolbox of interventions already being used in educational settings that, until now, have never been seen in career counseling.
FRIDAY

1:00 pm – 2:30 pm
Program ID #149, Room 2018
**Bullying Prevention Has Gone Digital: Using Technology To Combat Bullying**
90-Minute Education Session
Sherrionda Crawford, Kanessa Miller Doss, Korinne Babel
In America, more than 160,000 students miss school every day due to fear of intimidation or physical violence. This age-old problem is not going away, it’s escalating due in part to the increase in the use of technology. Ironically, a trending twist on the use of technology has great potential in regards to addressing and discouraging bullying. This session will present relevant research regarding the impact of bullying and provide attendees with knowledge regarding mobile apps and other digital resources to combat bullying.

1:00 pm – 2:30 pm
**For Graduate Students and New Professionals Only Series**
Program ID #150, Room 2020
**Becoming a Professional Counselor**
90-Minute Education Session
Gerald Corey, Jamie Bludworth
The presenters will address a range of topics related to the challenges of becoming a professional counselor, such as creating a meaningful professional life, the importance of self-care, being aware of and managing your personal values, common concerns of beginning counselors, and managing personal and professional boundaries. There will be opportunities for attendees to raise questions to the presenters.

1:00 pm – 2:30 pm
Program ID #151, Room 2022
**Developing Comprehensive Campus Suicide Prevention at Your University**
90-Minute Education Session
Matthew C. Fullen, K. Maria Lammy, Gayle Garcia
Suicide is the second leading cause of death among college students. Although suicide is preventable, many students who are at risk hesitate to seek help due to stigma surrounding mental health and difficulty accessing appropriate resources. Counselors possess the skills, perspectives, and leadership qualities needed to lead campus suicide prevention efforts. This session will equip counselors with strategies that have been used to develop one of the nation’s largest suicide prevention programs.

1:00 pm – 2:30 pm
**IAMFC Featured Session**
Program ID #152, Room 2024
**Get Out Your Toolbox: Using Experiential Activities and Techniques with Families in Crisis**
90-Minute Education Session
Brande Flamez, Jennifer Nivin Williamson, Janet Froeschle Hicks, Daniel G. Williamson, Ruth Ouzts Moore
Using a structured play therapy approach, the presenters will provide a session demonstrating experiential activities and techniques that can be implemented with culturally diverse families who are experiencing severe conflicts and crises. The presenters will also discuss pertinent DSM-5 diagnoses when working with families in crisis, as well as provide specific strategies that can
be implemented with families with disruptive children. This is a hands-on sessions so please come ready to participate!

**1:00 pm – 2:30 pm**  
**ASERVIC Featured Session**  
Program ID #153, Room 3014  
**Honoring Both Religious/Spiritual and Sexual Diversity Simultaneously: Is It Possible?**  
90-Minute Education Session  
*Elizabeth O’Brien, W. Bryce Hagedorn*  
Recent events have brought religious/spiritual values and sexual/affectional diversity to the forefront of the counseling profession. These events provide an opportunity for professionals to dialogue about these deeply personal subjects in a manner that informs our professional practice with clients and students. Panel members will come from a variety of religious/spiritual traditions and will include the ASERVIC-ALGBTIC joint task force and use case studies to discuss this intersection.

**1:00 pm – 2:30 pm**  
**AMHCA Featured Session**  
Program ID #154, Room 3016  
**Advancing Clinical Mental Health Counseling in a Brain-Based Era: An Introduction to Neurocounseling**  
90-Minute Education Session  
*Eric T. Beeson, Thom Field*  
Neurocounseling is quickly emerging as an area of specialization in the counseling field. This introductory-level presentation will provide a definition and overview of neurocounseling, while highlighting current trends and practical skills. Attendees will learn about the history of the neurocounseling movement, current initiatives to advance neurocounseling, and practical neurocounseling skills that can be immediately integrated into their practice.

**1:00 pm – 2:30 pm**  
**Program ID #155, Room 3018**  
**The Transition to Motherhood: Breastfeeding and Peripartum Depression**  
90-Minute Education Session, Advanced  
*Isabel A. Thompson, Tyler Hernandez, Jessica Valenzuela*  
The transition to motherhood can be stressful, with 10 to 16 percent of pregnant women and new mothers developing peripartum depression (PPD). This session will examine the risk and protective factors associated with the development of PPD. Research on the relationship between breastfeeding and PPD will be explored, as breastfeeding may reduce depressive symptomology. Best practices for clinicians working with women who have PPD will be discussed, including partnering with primary-care providers and lactation consultants.

**1:00 pm – 2:30 pm**  
**Program ID #156, Room 3020**  
**Effective Interventions for Student Athletes Who Violate Alcohol and Drug Policy**  
90-Minute Education Session  
*Latasha Y. Hicks-Becton*  
Navigating the collegiate environment is challenging, and doing so in the public eye as a student athlete can increase difficulty with managing the academic and interpersonal nuances of college life. For some, this leads to maladaptive coping strategies including excessive
alcohol use or illicit substance use. Scrutiny from peers and stakeholders can make it difficult for student athletes to seek help for their alcohol and drug-related concerns. This session will identify effective interventions for this population.

1:00 pm – 2:30 pm
Program ID #157, Room 3022
Ethics in a Legal Loophole: Responding to Controversial Southern Legislation
90-Minute Education Session, Advanced
Ann M. Ordway, Donna S. Sheperis
This session will examine the implications of legislative loopholes, the stirred controversy, and identified strategies for balancing personal values with professional ethics to “do no harm” to potential and existing clients.

1:00 pm – 2:30 pm
Program ID #158, Room 3024
How To Befriend Resistance and Avoidance in Group Counseling: Advanced Reality Therapy
90-Minute Education Session, Advanced
Robert E. Wubbolding
Practicality, usability, and universal applicability are three cornerstones in this fast-moving session. A group counseling demonstration emphasizes advanced skills, especially the creative use of self-evaluation, the core of the WDEP system. The technique of reframing applied to difficult client behaviors will also emerge in the demonstration. Attendees learn to use a wide range of skills with resistant clients. Research validating reality therapy is the fourth cornerstone in this interactive session.

1:00 pm – 2:30 pm
CSI Featured Session
Program ID #159, Room 2002
Going Global: Leadership in Transcultural Counseling
90-Minute Education Session
Barbara Herlihy, Christine Suniti Bhat, Catherine Y. Chang, Courtland C. Lee, Spencer G. Niles
The principles and practices of servant leadership can serve as a guide for U.S. counselors and counselor educators who hope to participate in the internationalization of our profession. Effective transcultural counselors come from a learner’s stance, with a humble mindset, rather than assume an “expert” role. In this panel presentation, leaders in the internationalization of counseling movement share perspectives gained from their extensive experiences in cross-cultural counseling and training.

1:00 pm – 2:30 pm
Program ID #160, Room 2003
The Therapeutic Triad of Disability: Forgiveness, Self-Compassion, and Resilience
90-Minute Education Session
Susan Stuntzner, Jacquelyn Dalton, Angela MacDonald
Forgiveness, self-compassion, and resilience are three therapeutic approaches gaining attention in the counseling profession. Each of these helps people heal and move forward following hurt, pain, or difficult life events, including the advent and presence of disability. Throughout this session, professionals are afforded the opportunity to learn about these constructs, their applicability to people with disabilities and the coping and
adaptation process, and strategies to cultivate them.

1:00 pm – 2:30 pm
ACA Presidential Session
Program ID #161, Room 2004
Silence Still Equals Death: Counseling College Students on HIV, STIs, and Dating
90-Minute Education Session
Leslie Kooyman, William Hight
“People my age don’t have it.” “But they have medicine for that, right?” “It’s easier to take a pill than use a condom.” These are actual statements recently heard from students on a college campus. Today’s college-aged students have never known a time without HIV and AIDS and yet, youth and young adults are showing the greatest increases in HIV infection rates, particularly among young men and men of color. Their perceptions of sexual risk and behavioral choices are informed by growing up in an era with powerful medical advances which mean that, for many, having HIV no longer equals death and becoming infected with HIV or another STI often is not seen as a cause for real concern.

1:00 pm – 2:30 pm
Advocacy Featured Session
Program ID #163, Room 2006
Human Trafficking: Implications for Counseling Professionals
90-Minute Education Session
Letitia Browne-James, Lamerial Jacobson
Human trafficking remains a major problem in society, affecting vulnerable individuals (e.g., females, LGBTQ+, youth) in which traffickers disregard victims’ basic human rights and strip them of their freedom. In order to best serve survivors and to implement appropriate interventions, counseling professionals must understand the business model for human trafficking, including risk and protective factors, industry infrastructure, theory-driven counseling interventions, and advocacy.

1:00 pm – 2:30 pm
ACES Featured Session
Program ID #164, Room 2007
Holding the Tension: Congruence and Ethics in Supervising Values Conflicts
90-Minute Education Session, Advanced
Anita A. Neuer Colburn, Joy S. Whitman, Gregory M. Elliott, Devika Dibya Choudhuri, Gülşah Kemer
Changes in some states’ laws have made it legal for counselors to refer clients based on their deeply held
personal beliefs, challenging ethical practice. Thus, supervisors must help supervisees recognize and resolve personal and professional values conflicts and model cognitive complexity to facilitate ethical provision of services. We will offer ideas and guide a rich discussion on how supervisors can help supervisees work through the tension of such conflicts.

1:00 pm – 2:30 pm
CCA Featured Session
Program ID #165, Room 2008
Intergenerational Trauma and College Student Success
90-Minute Education Session
Gloria Aquino Sosa, Emerald Templeton
Intergenerational trauma (IT) adversely affects college students amplifying feelings of incompatibility, incapacity, and inability to succeed. Stereotype threat (Steele, 2010), invalidation (Rendón, 2009), or effects of Post Traumatic Slave Syndrome (deGruy, 2005), leave students besieged by messages of inadequacy. Strengths-based approaches grounded in critical theory illuminate how IT decreases if student narratives are valued. Tying this pedagogy to learning leads to healing and success.

1:00 pm – 2:30 pm
CSJ Featured Session
Program ID #166, Room 2009
Social Justice Counseling and the #BlackLivesMatterMovement
90-Minute Education Session, Advanced
Joseph M. Williams
Counselors should help contest hyper and hostile policing, which adversely affects the mental health and well-being of people from marginalized populations, (especially Blacks) (Turner, 2016). This interactive presentation considers how combining the ACA advocacy competencies and AMCD multicultural and social justice counseling competencies with the #BlackLivesMatterMovement can assist counselors in combatting hyper and hostile policing in Black communities.

2:00 pm – 2:30 pm
ACA Client-Focused Research Series
Program ID #167, Room 2011
Counselor Self-Efficacy of Mental Health Professionals Working with Refugees
30-Minute Research Education Session
Dana Isawi, Phyllis Post
Mental health professionals are called upon to work with the increasing number of refugee clients. There is a dearth of literature that has examined therapist factors related to working with refugees. Investigating counselor self-efficacy is a significant area of inquiry because self-efficacy may be an important determinant for effective counseling. The presenters will deliver their research findings on the experience of mental health professionals working with refugees and asylum-seeking clients.

3:00 pm – 4:00 pm
Program ID #168, Room 2000
Reflecting As If: An Encouragement-Focused Brief Counseling Process
60-Minute Education Session, Advanced
Richard E. Watts, Danielle Marks, Lisa Hand
“Reflecting As If” (RAI) is an encouragement-focused, brief counseling process that integrates elements from Adlerian, solution-focused, narrative, and evidenced-based counseling perspectives. In this skill-focused session, attendees will learn the basic RAI counseling protocol and discuss how to apply it with diverse client populations and in various counseling practice settings.

3:00 pm – 4:00 pm
ACA Book Author Session
Program ID #169, Room 2014
Theories of Counseling and Psychotherapy
60-Minute Education Session
David Capuzzi, Mark D. Stauffer
This session will overview the new, sixth edition of Counseling and Psychotherapy: Theories and Interventions with special emphasis on new chapters that address constructivist and creative approaches in counseling. Major updates to other chapters will also be discussed, as will the supplementary material developed for instructors’ use in the classroom. Audience participation will be encouraged and a few experiential exercises related to chapters will be facilitated by the co-presenters.

3:00 pm – 4:00 pm
ACA Presidential Session
Program ID #170, Room 2016
Common Experiences, Diverse Identities: A Life-Span Approach to Counseling in the LGBT Community
60-Minute Education Session, Advanced
Jane E. Rheineck, Robtrice D. Brawner, Monica Z. Osburn, Larry Burlow, Christian D. Chan
This session will examine the adult lifespan through the developmental stages of young, mid, and older adulthood and the intersectionality of multiple identities in the LGBT community. Intersectionality is rooted in the double jeopardy perspective; individuals with multiple identities experienced more oppression. Risk factors and appropriate interventions will be discussed over 6 domains: coming out, spirituality, career, relationships, health, and the impact of bias/discrimination in each stage.

3:00 pm – 4:00 pm ▲
IAAOC Featured Session
Program ID #171, Room 2018
Examining Physiological and Psychological Functioning of College Students of Alcoholic Parents
60-Minute Education Session
Kathleen Brown-Rice, Seth Olson
One in eight Americans is an adult child of an alcoholic (ACoA), and 25 to 30 percent of college students meet the criteria for ACoA. This session will report on the results of a research that determined neural functioning and stress hormone levels in a college population of ACoA and how these relate to scholastic performance and psychological health in those with and without current hazardous alcohol use. Further, the implications of these findings for professional counselors will be discussed.

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3:00 pm – 4:00 pm
**NECA Featured Session**
Program ID #172, Room 2020
Wellness in the Workplace: Work-Life Balance/Experiencing Healthy Work and Play
60-Minute Education Session, Advanced
**Michael C. Lazarchick**
The presenter will define what experts say constitutes “a good job.” He will discuss labor market trends (where the jobs are) in relationship to social justice. He’ll describe several models of work, and show how they relate to personal values, wellness, and equal opportunity. You will be entertained, have fun, and be surprised in this session. Short, interactive processes that elicit wellness will enhance learning. Expect rejuvenation.

3:00 pm – 4:00 pm
**ACAC Featured Session**
Program ID #173, Room 2022
Tips and Tools for Counseling Youth with Sensory Processing Disorder
60-Minute Education Session
**Emily Goodman-Scott, Melanie Burgess, Simone Lambert**
Sensory processing disorder (SPD) is a neurological disorder impacting the behavioral, emotional, and social functioning of nearly 20 percent of youth. However, SPD is largely unrecognized in the counseling profession. Counselors serving youth in mental health and school settings attend this session to learn more about SPD and gain strategies for screening, diagnosing, treating, and collaborating with related stakeholders. Come prepared for a wealth of tips and tools to help you best serve the youth on your caseload.

3:00 pm – 4:00 pm
**MGCA Featured Session**
Program ID #175, Room 3014
Navigating Ethical Dilemmas when Working with Military Families
60-Minute Education Session
**Edward (Franc) Hudspeth, Elizabeth Burgin**
Working with military members and/or military families requires specific training, military cultural competency, and awareness of the unique ethical challenges that may present when working with this population. This session describes military culture, ethical dilemmas unique to military settings, and ethical decision-making models for informed, ethical practice.

Post your Conference thoughts and photos on Twitter, Facebook, and Instagram using #ACASanFran2017.
FRIDAY

3:00 pm – 4:00 pm
For Graduate Students and New Professionals Only Series
Program ID #176, Room 3016
The Issue of Race in Counseling: The Taboo Unraveled!
60-Minute Education Session
Kent Butler
Why is the issue of race TABOO? Is it the fear of being seen as…? This interactive session will provide graduate students and new professionals specific strategies that encourages open and honest dialogues related to race and culture. The presenter will bust a few myths, discuss the historical context behind many racial disparities, and utilize evidence based research and personal experiences to help attendees understand the complexities and challenges of race and culture and how to ultimately overcome these systemic barriers.

3:00 pm – 4:00 pm
ARCA Featured Session
Program ID #177, Room 3018
The Council on Rehabilitation Education Standards Revision Update
60-Minute Education Session
Patricia Nunez
Graduate educational standards for counselor education programs are necessary in order to reflect the most current knowledge, skills, attitudes, and competencies to prepare entry-level counselors. An overview will be provided by the Council on Rehabilitation Education (CORE) standards revisions for the specialty of rehabilitation counseling. Constituencies within the counseling community are asked to provide feedback on the outcomes of the standards survey and provide feedback on further standards revisions.

3:00 pm – 4:00 pm
Couples Personalities Influence Spirituality and Intimacy
60-Minute Education Session
Beth Moore, Susan Ferguson
Ever wonder what you could do to have a more meaningful spiritual life? Ever wish you could spiritually grow together with your partner? Healthy spirituality within a couple can have a strong positive impact on the relationship and establish a steady foundation for life-long connection and improved coping skills. In this session, attendees will learn which spiritual practices are most helpful for different personality types and engage in activities that can help couples explore their spirituality together.

3:00 pm – 4:00 pm
Scaffolding Case Conceptualization Across the Curriculum
60-Minute Education Session
Jon Sperry, Ali Cunningham, Debbie Ainbinder, Len Sperry
The skill of case conceptualization is a professional mandate and one that still alludes students and new counseling professionals (CACREP, 2016). This session will offer a training model that integrates the components of a case conceptualization model across the clinical mental health counseling curriculum. Attendees will learn about the incorporation of elements of case conceptualization.
into coursework and how to create assignments that will enhance this skill among counselors-in-training.

3:00 pm – 4:00 pm
Program ID #180, Room 3024
Use of Collaborative Apps to Enhance the Impact of Counseling Sessions
60-Minute Clinician Education Session
Raul Machuca
A new generation of technological apps facilitate the enhancement of the counseling process in a much more comprehensive way. This clinical education session demonstrates the implementation of new apps that, using a single platform, facilitate the integrative tracking of multiple tasks associated with the counseling process such as assessment, emotion monitoring, homework, practice of specific counseling skills and techniques, and much more. Best practices for comprehensive app implementation will be discussed.

3:00 pm – 4:00 pm
Program ID #181, Room 2002
Counselor Education in CACREP-Accredited Programs: Current Issues and Information
60-Minute Education Session
Carol Bobby
This session is an annual update on the current status of counselor education in CACREP-accredited counseling programs. The presenters will share the most current data available on CACREP-accredited programs and information on issues and trends in counselor education. Further information will be shared on federal and state issues impacting higher education. Participants will discuss the implications of these issues on future directions for counselor education and the counseling profession.

3:00 pm – 4:00 pm
Program ID #182, Room 2003
Wellness Through Nature: Reconnecting Our Clients to the Natural World
60-Minute Education Session
Megan Delaney, Stephanie F. Hall, Lauren Roberts
There is growing evidence that the natural world promotes mental health including stress relief, improved mood, and neurological benefits (Bratmana et al., 2015; Sweatman & Warner, 2009). Ecotherapy is an emerging field in counseling that uses the natural world as both a framework and a method for therapy. The goal of this session to demonstrate that infusing nature into everyday counseling practice is possible. The theory of ecotherapy, recent research, as well as practical techniques for counselors will be discussed.

3:00 pm – 4:00 pm
Program ID #183, Room 2004
Play Therapy Training for Mental Health Professionals in the Border Region
60-Minute Education Session
Sang Min Shin, Paul A. Carrola, Beatriz R. Monte, Jazmin M. Gonzalez, Ana K. De la Rosa
This session will address the procedures and outcomes of a qualitative study based on the implementation of a play therapy training for mental health professionals who work in Juarez, Mexico. The session will also discuss the impact of cultural context in the project.
**FRIDAY**

**3:00 pm – 4:00 pm**

Program ID #184, Room 2005

Behavioral Activation: Effective Treatment Approach for Latinas/os with Depression

60-Minute Clinician Education Session

Azara L. Santiago Rivera

Behavioral activation (BA), an evidence-based treatment for depression, was culturally adapted for Latino adults diagnosed with depression. An overview of BA and the findings of a clinical trial study comparing it with treatment as usual (TAU) will be presented. Results indicate that BA was more successful at retaining clients in treatment compared to TAU sessions, and both conditions showed a decrease in depression. Implications, including a case illustration, will be discussed.

**3:00 pm – 4:00 pm**

Program ID #185, Room 2006

Exploring the Intergenerational Transmission of Risk Among Asian-American Immigrants

60-Minute Education Session

Preet Kaur

There is a paucity of research examining the transgenerational transmission of trauma effects in at-risk communities, namely immigrant communities. The presenter will provide a conceptual framework on this issue that integrates collaborative dialogue among attendees on the higher risk for exposure to traumatic stressors that immigrant communities experience and the associated risk for adoption of high-risk behaviors.

**3:00 pm – 4:00 pm**

Program ID #186, Room 2007

Reconciling Gender and Spiritual Identity in LGBTQ+ Individuals

60-Minute Education Session, Advanced

Mansi Brat, Katie R. Gamby, Michael Allen Desposito

Research indicates that LGBTQI individuals experience religious/spiritual abuse more often than their heterosexual counterparts. As counselors, it is important to know how to identify and address the conflicting nature of religious or spiritual identities with an individual’s sexual identity. The presenters will discuss how to help clients integrate religious/spiritual identities with their sexual identity by using affirmative therapy and wellness counseling interventions.

**3:00 pm – 4:00 pm**

Program ID #187, Room 2008

Smarter, Not Harder: Simple Ways To Turn the Work You’re Already Doing into Research

60-Minute Education Session

Jade L. H. Letourneau, Pamela C. Wells, Renee C. Howells, Brandon Wilde, Kevin V. Knutson

Think you can’t do research? Think again. Join in for an interactive education session and learn how to use the work you are already doing to contribute to the counseling knowledge base. The presenters will discuss methodologies such as single-case research design, action research, and selected qualitative inquiry approaches. You will be guided through building your own plan for applying research to your current practice. This session will address
barriers to research and how the professional counseling community can improve access to research.

**3:00 pm – 4:00 pm**
Program ID #189, Room 2011
*Examining the Preparedness of Student Counselors in Working with Clients with HIV*
60-Minute Education Session
*Hsiao-Ying Chang, Carly Scarton*
The goals of this session are to (a) share findings from the presenters’ quantitative research that examines knowledge and attitudes of HIV/AIDS among counselors-in-training, (b) review current literature examining the impact of stigma and trauma on individuals living with HIV, (c) examine the knowledge gap in understanding perceptions toward HIV/AIDS among counselors, and (d) discuss the implications of the presenters’ study outcomes.

**4:30 pm – 5:30 pm**
Program ID #190, Room 2000
*For Shame! The Neglected Emotion in PTSD*
60-Minute Clinician Education Session, Advanced
*Thom Field*
The primary emotions of PTSD are usually considered to be fear and terror in reaction to external dangers. However, the perceived internal threat—fear of exposing one’s shame—is often the predominant emotion for trauma survivors. This session describes the development of shame, focuses on the crucial role that shame plays in PTSD, and concludes with demonstrations of how counselor immediacies can use experiences of shame in the session as opportunities to promote client self-empathy and enhance shame resilience.

**4:30 pm – 5:30 pm**
Program ID #191, Room 2014
*ACA Book Author Session*
Program ID #191, Room 2014
*Facilitating Groups That Include Persons With Disabilities*
60-Minute Education Session
*Sheri Bauman, Linda R. Shaw*
Because 19% of the U.S. population has disabilities, all counselors—regardless of specialty—need to be prepared to work with these clients. This interactive presentation will provide an awareness of the opportunities and challenges of including people with disabilities in counseling groups or when conducting groups specifically for persons with disabilities. Participants will learn how they can create more inclusive and effective groups and how both able-bodied members and those with disabilities can grow from group experiences.

**4:30 pm – 5:30 pm**
Program ID #192, Room 2016
*Using a Positive Psychology of Aging To Enhance Gerontological Counseling*
60-Minute Education Session, Advanced
*Matthew C. Fullen, Sean Gorby*
The graying of the population will lead to a greater need for mental health professionals with gerontological training. This session will provide counselors with skills and perspectives related to a positive psychology of aging. Session content will focus on how myths about aging restrict older adults’ access to mental health care; discussion of how wellness and resilience can be used to promote healthy aging; and application of a positive psychology of aging through discussion of a case study.
**4:30 pm – 5:30 pm**
Program ID #193, Room 2018
Applying Ambiguous Loss to LGBTQ+ People in Coming-Out Processes and Transitions
60-Minute Education Session
Christian D. Chan, Margaux H. Brown, Adrienne N. Erby, Eraina Schauss, Quinn K. Smelser
Although issues of grief and loss continue to emerge as a substantial domain in counseling practice, ambiguous loss remains a complex and amorphous construct that is underused. Ambiguous loss offers context around various issues, including chronic illness, military families, and disasters. This session will disseminate a framework constructed on conceptual and empirical literature on LGBTQ+ people experiencing ambiguous loss to explore resilience, posttraumatic growth, and culturally based rituals.

**4:30 pm – 5:30 pm**
Program ID #194, Room 2020
Navigating Ethical Issues When Working with Children of Divorced or Divorcing Parents
60-Minute Education Session, Advanced
Rebecca Rudd, Chelsy Pierce, Kyle Hedges
The purpose of this session is to provide attendees with an ethical and legal grounding for navigating work with children who come from divorced or divorcing parents, with specific discussion on child custody cases. The objectives of this session include examining the 2014 American Counseling Association code of ethics to determine the counselor’s role and responsibility in these cases and suggestions on how to incorporate the attendee’s state law into practice.

**4:30 pm – 5:30 pm**
Program ID #195, Room 2022
Take a Breath, Take a Break: A Useful Meditation Toolkit for Beginning Counselors
60-Minute Clinician Education Session
Laura B. Kestemberg, Lori McAndrew, Dayna White
Graduate students often feel overwhelmed and might not feel confident when starting their field placements. The use of meditation techniques is healing and transformative for the therapeutic relationship. This session aims to empower beginner counselors with a student-friendly toolkit. Attendees will learn three brief mindfulness techniques to use with clients, for their own growth and well-being, and even to explore with their site supervisors. Techniques covered include deep breathing, mandalas, and desk yoga.

**4:30 pm – 5:30 pm**
Program ID #196, Room 2024
Black Males’ Experiences of Treatment Mandated by Mental Health Courts
60-Minute Education Session, Advanced
Bryan Stare, Delini Fernando
Mental health specialty courts were created in the 1990s to connect offenders with treatment providers and reduce recidivism. While researchers found these programs to be moderately effective in achieving their goals, Black men are underrepresented within current research and overrepresented within the criminal justice system. In this...
session participants will explore Black male participant experiences of mental health court treatment provisions obtained through phenomenological research.

4:30 pm – 5:30 pm
Program ID #197, Room 3014
**Latino Mental Health: Problems and Solutions**
60-Minute Education Session
*Daniel Gutierrez, Luis G. Cruz-Ortega, E. Carolina Benitez*
Despite being the largest ethnic minority in the U.S. and having mental disorders at rates similar to the majority culture, Latinos are the least likely to access treatment. Latinos experience mental disorders at rates similar to the majority culture, but they present with a greater number of psychological symptoms and receive lower-quality care. This session discusses insights the presenters have gathered, from experience and empirical research, in their development of a Latino mental-health program.

4:30 pm – 5:30 pm
**ACA Featured Session**
Program ID #198, Room 3016
**When Advocacy Is Not Enough: Overcoming Legal Discrimination in Tennessee**
60-Minute Education Session, Advanced
*Janet Froeschle Hicks, Charles R. Crews, Tom Knowles-Bagwell, Cassandra Riedy, Stephan Berry, Lisa Henderson*
This session will address Tennessee’s HB 1840/SB 1556 and targeted advocacy efforts needed to assist and educate counselors and the public. Do Tennessee citizens support or not support this law? What advocacy efforts are needed to help oppressed groups? The presenters will discuss the history of this legislation along with their research findings that address these questions. Best practices will be shared to help ACA, counselors, and the public overcome this and other nationwide discriminatory trends.

4:30 pm – 5:30 pm
Program ID #199, Room 3018
**Attachment in the Supervisory Relationship: An Exploration of Critical Issues**
60-Minute Education Session
*Ellen W. Armbruster, Szu-Yu Chen, Allison K. Arnekrans*
The relationship between supervisors and supervisees is critical to the professional growth of trainees and novice counselors, and it may enhance or inhibit client progress. Using the lens of attachment theory, this session will provide an interpersonal perspective of the supervisory experience, with a focus on ethical practice and multicultural competence. Specific strategies, recommendations, and case examples for enriching supervisory interactions in ethically and culturally sound ways will be provided.

4:30 pm – 5:30 pm
Program ID #200, Room 3020
**Frankl and Yalom’s Existential Therapies: Paradigms for Both the Atheist and the Religious**
60-Minute Education Session
*Eric Brown*
Becoming multiculturally competent includes the ability to work with clients who are both secularist and
religious. Yalom’s existential therapy and Frankl’s logotherapy provide two established frameworks to work with both groups. This session will give a brief overview of both theories as well as techniques to be used with clients around existential issues who are either secular or religious. In conclusion, suggestions on how to use media and the arts to elucidate existential themes will be given.

4:30 pm – 5:30 pm
Program ID #201, Room 3022
Fortifying Resilience in Pre- and Post-Deployment Military Families
60-Minute Clinician Education Session
Esther Benoit, Katherine M. Hermann, Dominique M. Gaspard
This session will focus on counseling techniques that address how we can help to support our clients in strengthening resilience in times of transition. Common clinical concerns related to the deployment cycle will be presented. Techniques and strategies to fortify family resilience will be shared through demonstrations and experiential activities.

4:30 pm – 5:30 pm
CCA Featured Session
Program ID #202, Room 3024
“I like you so much I got you this”: The Use of Improv in Individual and Group Counseling
60-Minute Education Session
Jennifer Debevec, Patricia Van Velsor
In improvisation, clients utilize three elements—voice, body, and imagination. The use of improv facilitates clients’ social-personal creativity and can result in improved mood, empowerment in speech and thought, and bonding with others. The presenters will offer information on improv and demonstrate improv through an interactive activity. They will also provide participants with strategies for applying improv in counseling with a diverse set of clients in both individual and group settings.

4:30 pm – 5:30 pm
Program ID #203, Room 2002
Current Initiatives for Addressing the Licensure Portability Crisis
60-Minute Education Session
John P. Duggan, Odis McKinzie, Jr.
Recognizing that experienced professional counselors are often trapped in their home states, ACA and other organizations have developed four proposals for facilitating licensure reciprocity between the 54 jurisdictions in the United States. In this session, the ACA Chief Professional Officer will review the current status of each proposal and discuss how participants can help the process.

4:30 pm – 5:30 pm
AHC Featured Session
Program ID #204, Room 2003
Rituals for Renewal and Self-Care
60-Minute Education Session
Ray Wooten, Catherine Wooten
For counselors to be truly effective a level of wellness is imperative. This didactic and highly experiential session explores the integration of directed mindfulness of the body, breath, movement and music. Attendees will create idiosyncratic movement rituals that serve to activate their physical, mental, emotional and spiritual realms. The movement rituals have potential to re-awaken
participants to the amazing self-sensing, self-organizing and self-renewing system that they are.

**4:30 pm – 5:30 pm**
Program ID #205, Room 2004
**Attitudes Toward Pornography and Sexuality, and Working with Clients**
60-Minute Education Session
**Zachary Bloom**
Clients present to counseling with issues related to their pornography use; however, clinicians report being undertrained and unprepared to work with clients to treat these issues. The presenter will delineate the results of a recently conducted study examining counselors’ comfort with sexuality, their attitudes toward pornography, and their propensity to treat client issues related to their pornography use. This session offers recommendations for counselors, counselor educators, and researchers.

**4:30 pm – 5:30 pm**
Program ID #206, Room 2005
**Going Away and Coming Out: Positive Sexual Identity Disclosures of LGB College Students**
60-Minute Education Session
**Eric Price, Elizabeth Prosek**
LGB college students face many tasks during the coming-out experience, including the process of disclosing their sexual identity to their parents. Researchers support the idea that sexuality-related parental support is associated with higher self-esteem and overall well-being. Based on interviews with LGB college students, this session will address the benefits of support and the strategies that clinicians might use with parents who are seeking to enhance a healthy, supportive relationship with their LGB children in college.

**4:30 pm – 5:30 pm**
Program ID #207, Room 2006
**Conceptualizing the Mental Health Needs of Gifted/High-Ability Children and Teens**
60-Minute Education Session, Advanced
**Emily Kircher-Morris**
What is bad about being smart? Gifted children and teens face unique mental health needs related to their cognitive abilities, and counselors with awareness of these needs will be better able to serve this population. Join this session for discussion and case conceptualization of the needs of these individuals. Learn about twice-exceptionality (gifted and ADHD, ASD, GAD, etc.), social constructs that may surround mental health issues for this population, and ways to help gifted learners from diverse backgrounds.

**4:30 pm – 5:30 pm**
Program ID #208, Room 2007
**Suicide Preparedness in Counseling Students: Knowledge, Attitudes, and Behavior**
60-Minute Education Session
**Breanna P. Banks, Joel F. Diambra**
The relationship among knowledge, attitudes, and behaviors regarding suicide intervention has never been investigated within the counseling student population. The purpose of this study was to explore counseling students’ knowledge, attitudes, and simulated response behavior related to suicide, and to identify to what extent counselor students’ content knowledge and attitudes about suicide and suicide response relate
to and predict simulated suicide response behavior using hierarchical multiple regression.

**4:30 pm – 5:30 pm**
Program ID #209, Room 2008
Use of Evidence-Based Practices with Oppressed Populations
60-Minute Education Session, Advanced
Geri A. Miller, William Luckett, Mx. Tuesday Feral, Glenda S. Johnson
This session is based on the theory, research, and practice of evidence-based practices (EBPs) as they are applied in counseling various ethnic minority and addicted populations. This session will focus on the following EBPs: Motivational Interviewing, Stages of Change, and Brief Therapy. The session will also focus on the importance of the therapeutic relationship as critical to the effective application of EBPs.

**4:30 pm – 5:30 pm**
Program ID #210, Room 2009
Curating Magazine “International Safe Zone” To Support LGBTQ+ International Students
60-Minute Education Session
Kyoung Mi Choi, Christel van der Boom, Gitima Sharma
LGBTQ+ international students face issues with internalized homophobia, fear of persecution upon repatriation, and finding a supportive community, in addition to the challenges all international students experience. On campuses, neither LGBT support groups nor international student organizations offer culturally sensitive support. By curating a Flipboard magazine, the presenters created a virtual safe space and a resource to support these students’ sexual and affectional identity development.

**Saturday, March 18**

**4:30 pm – 5:30 pm**
Program ID #211, Room 2011
Loss, Grief, and Self-Care for School Counselors: A Collective Case Study
60-Minute Education Session
Michael D. Hannon, Raman K. Mohabir, Richard E. Cleveland, Brandon B. Hunt
How does a team of school counselors describe their experiences in addressing their school’s needs after three student deaths in one year, while attempting to take care of themselves? Attend this session to hear the results of a qualitative study that investigated a school counseling team’s experiences with multiple student deaths from the same graduating class in one academic year.
models. Additionally, attendees will have the opportunity to discuss challenges they face in the playroom regarding limit setting.

7:30 am – 8:30 am
Program ID #213, Room 2014
Religion/Spirituality from the New Multicultural Counseling Competencies
60-Minute Education Session
Amanda L. Giordano, Elizabeth A. Prosek, Kelbi J. Callaway
The new Multicultural and Social Justice Counseling Competencies (MSJCC) of the Association for Multicultural Counseling and Development provide a framework for honoring cultural diversity in counseling. These competencies are relevant for addressing all aspects of client diversity, including religious/spiritual identities. The aim of this session is to equip counselors, supervisors, and counselor educators to apply the MSJCC to religious/spiritual cultural identities.

7:30 am – 8:30 am
Program ID #214, Room 2016
Teaching Counseling Students About Sexuality: A Postmodern Feminist Approach
60-Minute Education Session
Frances L. McClain, Lisa Salvadore
Sexuality is an essential element of the human experience and yet is often overlooked in counselor education and training. This session provides a description of a sexuality course using a postmodern feminist framework with several assumptions, including the following: Sexuality is socially constructed, there are many variations of sexual expression, historical and cultural context is significant, and sexual scripts are influenced by biology, culture, and lived experience. Research and literature will be presented.

7:30 am – 8:30 am
Program ID #215, Room 2018
Keeping Your Cool in School: Piloting a Mental Health Program for Staff and Students
60-Minute Clinician Education Session
Laura L. Wood, Laura Kestemberg
A local school that provides education for children from economically disadvantaged situations contacted the presenters’ college in need of support services. In collaboration with the faculty and students, their CMHC program created a three-part rollout of interventions. This session will discuss the collaboration process, interventions, and strategies with attendees, who can potentially use this systemic, holistic, and multicultural-based approach in their own community.

7:30 am – 8:30 am
Program ID #216, Room 2020
“You Are Not Broken”: Understanding and Counseling Highly Sensitive People
60-Minute Education Session
Misty M. Ginicola
When a client presents with anxiety, sensitivity, low self-worth, and interpersonal problems, it is standard to look for pathology as a cause. However, for approximately 10 to 20 percent of the population, rather than a disorder, these symptoms may be indicative of a genetic temperamental characteristic: heightened sensitivity in sensory processing, also called “highly
sensitive people,” who commonly seek counseling. This session will provide case studies, assessment, and empirically based intervention counseling strategies.

**7:30 am – 8:30 am**
Program ID #217, Room 2022
*Advocacy and Professional Identity: Partnering with State Licensing Boards*
**60-Minute Education Session**
*Kathy Ybanez-Llorente*
Understanding the work of licensing boards is paramount when developing licensure-related advocacy efforts and activities. This session will examine differences and similarities across counselor licensure boards, focusing on ways professional counselors, interns, and students can work to develop positive working relationships with licensing boards. Attendees are encouraged to participate in discussion of leadership opportunities, challenges, and ongoing advocacy efforts related to professional identity.

**7:30 am – 8:30 am**
Program ID #218, Room 2024
*Working with Families of Angry Adolescents: A Collaborative, Strengths-Based Approach*
**60-Minute Education Session**
*Susannah M. Wood, Carol K. Smith, Gerta Bardhoshi*
Families of adolescents struggling with aggression can experience powerlessness in their ability to reach these students, and school counselors can feel limited in their ability to help. Mental health and marriage and family counselors can lend extensive expertise and unique perspectives in supporting these students and their families. This session focuses on counselors’ collaboration in a strengths-based approach to counseling teens and families.

**7:30 am – 8:30 am**
*CSJ Featured Session*
Program ID #219, Room 3014
*Using Parliamentary Procedure and Group Process in the Service of Social Justice*
**60-Minute Education Session**
*Jane Goodman, Judy Daniels, Mark Pope*
Have you ever been a leader or participant in a meeting governed by Roberts Rules of Order and you did not know how to use parliamentary procedures and an understanding of group process to effectively advocate for your specific position? This session will provide strategies to work in diverse meeting settings to support social justice advocacy efforts. Strategies and role-play scenarios will be presented to demonstrate advocacy skills and the effective use of group process and parliamentary procedures.

**7:30 am – 8:30 am**
For Graduate Students and New Professionals Only Series
Program ID #220, Room 3016
*Stressed Out and Overwhelmed? Try Self-Care Through Mindfulness*
**60-Minute Education Session**
*Niloufer Merchant*
As a graduate student or new professional, do you find yourself overwhelmed with demands and responsibilities? The constant barrage of information? The pressure to multitask? This session will introduce you to simple mindfulness meditation practices and ways you
can reduce your stress by grounding yourself in the present moment without judgment. Information will be provided on how you can use this practice to enhance your experience as a student and new professional.

7:30 am – 8:30 am
Program ID #221, Room 3018
Wounded Healers: How To Support Counselors-in-Training Who Have Experienced Trauma
60-Minute Education Session
Amber Pope, Allison Marsh Pow
For counselors-in-training, posttraumatic growth can reinforce clinical acuity and engender empathy. But for those at earlier stages of healing, impairment may threaten the safety and integrity of the therapeutic relationship. Session attendees will learn about the benefits and risks that trauma history may pose to professional practice and personal well-being for counselors-in-training, and tips for identifying and supporting those who are recovering from trauma in order to promote growth as a wounded healer.

7:30 am – 8:30 am
Program ID #222, Room 3020
Community Reinforcement and Family Training: Helping Loved Ones of Addicted Individuals
60-Minute Clinician Education Session
Sandy Gibson
This session is based on the theoretical assumptions and practices of the Community Reinforcement and Family Training (CRAFT) approach that is designed to address the challenges of concerned significant others (CSOs) who want to help their loved ones who are suffering from addiction. The main goals of CRAFT are to (1) reduce their loved one’s harmful substance use, (2) engage their loved one into treatment, and (3) improve the overall functioning of the CSOs (i.e., their emotional, physical, and relational health).

7:30 am – 8:30 am
Program ID #223, Room 3022
50+ Ways to Build your Private Practice Caseload
60-Minute Education Session
Anthony Centore
You’ve hung a shingle, switched on the lights, and flipped that sign on your front door to “Open: Please Come In.” Now, how will you get clients to actually walk through that door? Should you buy radio ads or billboards? Is the answer community or professional networking? Is internet marketing the solution? This session will deliver 50+ street-tested strategies for growing your private practice caseload.

7:30 am – 8:30 am
ACC Featured Session
Program ID #224, Room 3024
Integrating Emotional Freedom Techniques into Mental Health Counseling: An Emerging Model
60-Minute Education Session, Advanced
Christine Berger
Emotional Freedom Techniques (EFT) is a form of self-acupressure that has been shown to decrease physiological arousal, and initial research has demonstrated that EFT seems to be helpful in treating trauma, depression, and anxiety. In
this session, you will learn about EFT, how it works and you will learn about the results of a qualitative study looking at the integration of EFT with counseling from both client and counselor perspectives.

7:30 am – 8:30 am
Program ID #225, Room 2002
Ethnic Self-Hatred: Internalized Racism in Latina/o/x College Students
60-Minute Education Session
Carlos P. Hipolito-Delgado
Internalized racism negatively impacts the mental health and identity development of Latina/o/x students. However, a lack of research on internalized racism leaves counselors ill prepared to treat this issue. Results from a study of 400 Latina/o/x students that explored predictors of internalized racism will be shared. Also discussed is the relationships among acculturation, perceived racism, skin color, and internalized racism in Latina/o/x students.

7:30 am – 8:30 am
Program ID #226, Room 2003
“I Put My Beliefs Aside”: Religious and Spiritual Beliefs When Counseling LGB Clients
60-Minute Education Session, Advanced
Laura Boyd Farmer, Joy Whitman
Counselors’ competence to work with LGB clients has been scrutinized with regard to counselors’ religious beliefs, some of which may create personal and professional values conflicts. The presenters will discuss findings of their qualitative research exploring 455 counselors’ perceptions of how their religious and spiritual beliefs impact their work with LGB clients. Practical implications using case scenarios will be discussed with applicability to school and community settings as well as counselor training.

7:30 am – 8:30 am
Program ID #227, Room 2004
Does Your CE Program Have Standards for Professional Dispositions and Conduct?
60-Minute Education Session
Alicia M. Homrich, Leigh DeLorenzi, Page L. Thanasiu, Zachary D. Bloom
What criteria do counselor educators and supervisors use to evaluate trainees’ “professional dispositions” and justify gatekeeping responsibilities? Research findings provide a starting point for suggested standards for the personal and professional conduct expected of counseling trainees as ranked by 82 counselor educators from CACREP-accredited programs. Published (CES) results provide the basis for creating criteria for behavioral standards, policies, and procedures for agencies and training programs.

7:30 am – 8:30 am
Program ID #228, Room 2005
Integrating Motivational Interviewing and CBT in Clinical Practice
60-Minute Clinician Education Session, Advanced
Melanie M. Iarussi, Dixie Powers
Cognitive behavior therapy (CBT) and motivational interviewing (MI) are both widespread, evidence-based clinical practices. MI addresses ambivalence and enhances motivation to change, whereas CBT focuses on implementing change. In this session, attendees will learn how MI and CBT can be used
synergistically to improve client outcomes with diverse populations and various presenting problems. Case examples will be provided to illustrate the MI+CBT integration.

7:30 am – 8:30 am
Program ID #229, Room 2006
Not Your Mother’s Trans: Changing Language and Landscape of the Gender Variant Community
60-Minute Education Session
Sara Lynn Grove, Timothy Reider
If you are working with LGBTQIA clients, you need to have a broader vocabulary that captures the myriad unique experiences and expressions of identity within this community. In the past, nonbinary identities have been marginalized and erased within the greater LGBTQ community, and when exploring gender identity in therapy this disenfranchisement is often part of therapeutic focus. This session will not only increase your familiarity with important terminology, it will strengthen your clinical work.

7:30 am – 8:30 am
Program ID #230, Room 2007
Counseling Girls for Depression During the Transition to Adolescence
60-Minute Clinician Education Session, Advanced
Laura H. Choate
Between the age of 12 to 15, the percentage of girls who experience a depressive episode triples. At the same time, the difference between girls and boys who experience depression increases to a 2:1 ratio. The presenter will review biopsychosocial factors that place girls in particular at risk, such as hormonal transitions, cognitive changes, and societal pressures. The presenter will also highlight cognitive behavioral therapy and interpersonal therapy, two evidence-based approaches for the treatment of depression in girls.

7:30 am – 8:30 am
Program ID #231, Room 2008
Self-Supervision and Self-Growth: Developing the Autonomous Practitioner
60-Minute Clinician Education Session
Heather J. Ambrose, John M. Robbins
Self-supervision and self-growth are critical aspects for a mental health counselor’s training and personal practice. Karl Tomm’s Ethical Postures framework is a conceptual resource to guide clinicians to practice congruent and purposeful behaviors with clients. Using Tomm’s Ethical Postures, the presenters will provide a model of self-growth that assists supervisors and clinicians in ongoing professional development and practice.

7:30 am – 8:30 am
Program ID #232, Room 2009
Cross-Cultural Development and Transformation: Lessons Learned in Indian Country
60-Minute Education Session
John Yasenchak
The experience of “critical encounters” deeply impacts counselor development, both professionally and personally. Drawing on 20 years of experience as a non-native counseling in a Native American setting, this session will integrate stories and research regarding transformative encounters in the supervision of
cross-cultural counseling. The relationship between counselor self-awareness and effectiveness will be highlighted in light of the conviction that mental health and social justice are inseparable.

7:30 am – 8:30 am
Program ID #233, Room 2011
Counseling in the New Age: Integrated Health-Care Preparation for Counselors in Training
60-Minute Education Session
Rachel Levy-Bell
For nearly a decade, counselors, patients, and physicians have acknowledged the benefits of implementing integrated health-care models. However, counselors are not fully prepared for the challenges they face in adapting their skills when working in integrated behavioral health-care (IBHC) settings. This session will introduce effective strategies for training counselors to work effectively in IBHC settings. A model curriculum infused with behavioral medicine and field training will also be presented.

10:30 am – 11:00 am ●
ACA Client-Focused Research Series
Program ID #234, Room 2011
Partnering with Local Schools To Critically Examine Play Therapy Services for Children
30-Minute Research Education Session
Dalena L. Dillman Taylor
This session highlights current school-based play therapy research conducted by the presenter. The presenter will highlight (a) learned lessons about partnerships with local Title 1 schools; (b) research findings over the past two years in local elementary schools, using the most efficient research designs; and (c) trends and future research needed in the area of school-based play therapy, specifically as it relates to demonstrating the effect of play therapy on academics.

10:30 am – 12:00 pm
Program ID #235, Room 2000
Grant Writing and Proposal Development: Best Practices for Obtaining External Funding
90-Minute Education Session
Megan Delaney, Leslie Kooyman, Brian Kooyman
Securing external funding to support programs or research is crucial to success and sustainability, yet grants are becoming increasingly competitive. This interactive session will highlight current research and provide strategies for identifying a community or research need, finding funding sources, and writing a successful grant proposal. To demystify the process, information will be presented in a practical, step-by-step manner. This session gives you the tools for producing a successful grant proposal.

10:30 am – 12:00 pm
ASGW Featured Session
Program ID #236, Room 2014
Group Interventions in the Aftermath of Violence, Terrorism, and Dislocation
90-Minute Education Session
Christine Suniti Bhat, Devika Dibya Choudhuri, Stephanie Eberts, Jane M. Webber
Utilizing a facilitated fishbowl group, presenters with clinical experience in group work will describe, discuss, and demonstrate interventions for traumatized populations, including
refugees and communities coping with terrorism and human-made disasters. Somatic and emotion regulation tools designed to ground and stabilize people in “the hot zone” as well as those indirectly affected by mass media coverage will be presented. This is an ASGW Presidential session.

10:30 am – 12:00 pm
NCDA Featured Session
Program ID #237, Room 2016
Intersections of Career and Self-Concept
90-Minute Education Session
Seth C.W. Hayden, Amanda R. Friday, Kevin Glavin, Leann M. Morgan, Cassandra A. Storlie
Because adults spend much of their lives involved in a career, counselors must be trained in understanding how their clients’ career of choice intersects with self-image, identity, and meaning making. Moving beyond a simple matching of interests to career choice, counselors and counselor educators will learn about the many ways that self-concept and career intersect. Counseling strategies and classroom activities will be presented that offer ways to learn about how self and career intersect.

10:30 am – 12:00 pm
Program ID #238, Room 2018
Counseling Strategies and Efficacy with Chinese International Students
90-Minute Education Session, Advanced
Yiying Xiong, Andrew Byrne
Chinese international students make up nearly a third of all U.S. international students, and they are underusing college counseling centers. This session will analyze the barriers for them to seek counseling services based on cultural differences and introduce counseling strategies, techniques, and theories to improve culturally relevant counseling efficacy.

10:30 am – 12:00 pm
AHC Featured Session
Program ID #240, Room 2022
Adler-Style Kung Fu: Getting a Kick Out of Mental Health
90-Minute Education Session
Nina Ida Marie Spadaro, Rives Whittle Thornton
Come prepared to experience moderately strenuous interactive kung-fu activities designed to build American culture. However, they are underusing college counseling centers. This session will analyze the barriers for them to seek counseling services based on cultural differences and introduce counseling strategies, techniques, and theories to improve culturally relevant counseling efficacy.

Education Session Descriptions
emotional, social, and physical muscle by integrating martial arts fun with Adlerian principles. This kung-fu program is based upon Adlerian individual psychology, mindfulness, adventure-based therapy, and the Adlerian Family Education Center model. Attendees are encouraged to apply these methods their own areas of interest.

10:30 am – 12:00 pm
Program ID #241, Room 2024
Sex Trafficking: Understanding and Empowering Survivors of Sexual Slavery
90-Minute Education Session
Laura K. Jones
Sex trafficking is one of the world’s fastest-growing crimes and human rights injustices. Counselors are often uninformed about sexual slavery, cultural considerations therein, and efficacious treatment approaches, and thus unprepared to work with this growing population. This session will provide an overview of sex trafficking, the resultant psychological sequelae, effective clinical approaches, and practical didactic and experiential ways of working with survivors.

10:30 am – 12:00 pm
Program ID #242, Room 3014
Pathways for Working with Religion and Spirituality in Counseling
90-Minute Education Session
Elaine Joyce Casquarelli
Addressing clients’ religion or spirituality (R/S) in counseling can be an important element in their healing journeys. However, it can also create a struggle for counselors when our R/S experiences are vastly different from our clients’. This session will draw on findings from a qualitative study to describe ways in which counselors have worked with R/S countertransference in an effort to embody the ethics and competencies of our profession in ways that honor the faith of both clients and counselors alike.

10:30 am – 12:00 pm
ALGBTIC Featured Session
Program ID #243, Room 3016
Coloring with All the Crayons in the Box: Increasing Your Competency with LGBTQ+ Clients
90-Minute Education Session, Advanced
Jessica Graham, Joseph M. Currin, Al Carlozzi, Hugh C. Crethar, Tonya R. Hammer
Presenters in this panel have expertise in the field and in research working with LGBTQ+ populations and will share their experiences and research. Issues covered will be working with transgender clients in psychotherapy, addressing concerns of polyamorous clients, barriers to mental health care access for lesbians, how counselors play a role in gay men’s sexual health, bisexual identity and the impact of monosexist attitudes, and working with intersex clients in a forced dichotomy world.

10:30 am – 12:00 pm
Program ID #244, Room 3018
Creating a Neuroscience Agenda for Counseling Research
90-Minute Education Session
Eric T. Beeson, Thom Field, Babatunde Aideyan
Despite an increasing focus on neuroscience in the counseling profession, there has been little
empirical research related to neurocounseling. New methods of conceptualizing and conducting research are making brain-based research not only more accessible to counselors, but a necessary part of counseling research. This session explores the research domain criteria of the National Institute of Mental Health as a tool to provide counseling researchers with strategies to develop brain-based research agendas.

10:30 am – 12:00 pm
ACA Presidential Session
Program ID #245, Room 3020
Quelling the Fires of Academia: The Role of Counselors in Addressing Racial Tension and Violence on College Campuses
90-Minute Education Session
Courtland C. Lee, Nicole Pulliam, Dawn Norman
Racial tension and acts of violence springing from this tension have increased in recent years on college campuses. While many people believe racial violence on college and university campuses is rare, many students report experiencing some form of racial tension while in college. The National Center for Educational Statistics and the Bureau of Justice Statistics recently released the report, Indicators of School Crime and Safety: 2015, that offers data on hate crime incidents on the campuses of the nation’s colleges and universities.

10:30 am – 12:00 pm
Beyond the Stages of Grief: Advances in Understanding and Counseling Grief and Loss
90-Minute Education Session
Catherine Beckett
In the course of our lives, we all experience loss and grief; these issues turn up frequently in our schools and offices. This session will outline several foundational advances in grief work: the shift from Kubler-Ross and other stage models, toward a task model of grieving, and finally into the current paradigm of individual differences and adaptation (including concepts of grieving styles and disenfranchised grief). The session will emphasize practical tools and strategies for applying these concepts in work with clients.

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10:30 am – 12:00 pm
After Tennessee: What’s next for the ACA Code of Ethics?
90-Minute Education Session
Lynn E. Linde
Ethics are central to who we are and how we carry out our responsibilities as counselors. The 2014 ACA Code of Ethics built upon previous codes and made it clear that counseling is about the client, not the counselor. This session will elaborate on the law that passed in Tennessee, the potential for other such bills, and will discuss the importance of practicing within the framework of the code and offer suggestions for ethical practice.

10:30 am – 12:00 pm
More than Just a “Bad Kid”: Exploring Positive Self-Concepts with Students
90-Minute Education Session
Shanice N. Armstrong, Richard J. Ricard
Have you ever met students who have given up on themselves? Who felt so powerless that they lose hope
and see no point in even trying? This mentality is a small component of the “Why Try” Effect. The “Why Try” Effect involves self-stigma and stereotype threat, mediators such as self-esteem/efficacy, and their effect on goal-related behavior. This session will guide attendees in understanding the underlying research of this phenomenon and evidence-based practices to combat internalized hopelessness.

10:30 am – 12:00 pm
Program ID #249, Room 2003
Debunking Myths and Misconceptions About LGBTQ Students: The Role of School Counselors
90-Minute Education Session
Maureen C. Kenny, Jennifer Geddes Hall
Sexual minority and gender expansive (i.e., LGBTQ) students often feel unsafe and unwelcome, as a result of public misconceptions. The session explores eight commonly held myths and misconceptions about LGBTQ youth and provides evidence-based interventions and the ethical duty of professional school counselors in working with LGBTQ students. Attendees will learn ways to increase the safety and belonging of their LGBTQ students.

10:30 am – 12:00 pm
Program ID #250, Room 2004
Is There a Book Within You To Be Written? 90-Minute Education Session
Gerald Corey, Patrice Moulton, Michelle Muratori, George Williams, Robert Wubbolding, Mark E. Young, Mark Stebnicki, Leah Brew
The presenters share the joys, self-doubts, struggles, strategies, personal experiences, and rewards of their experiences in writing. They offer suggestions such as identifying an area of interest, designing a proposal, getting started with writing and revising, working effectively with a publisher, going through the review process, creating a realistic writing schedule, working with colleagues, completing a project, and making future revisions.

10:30 am – 12:00 pm
Program ID #251, Room 2005
Racial Battle Fatigue Syndrome and the Biopsychosocial Health of African-American Men
90-Minute Education Session
Yamonte Cooper, Brian Hutchison
Racist experiences are so frequent that depression, tension, and rage about mundane racism are the most shared problems presented by African-American men in psychotherapy. Racial Battle Fatigue (RBF) Syndrome is an interdisciplinary theoretical framework that explores how racism is experienced and negatively influences mental, emotional, and physical health. This session will provide counseling professionals with information and tools to assist African-American male clients experiencing the impact of RBF.

10:30 am – 12:00 pm
Program ID #252, Room 2006
Epigenetics, Marginality, and Aging: Considerations for Gerontological Counseling 90-Minute Education Session, Advanced
Kathryn Z. Douthit
Epigenetics is a rapidly expanding science that explores environmental control of gene function. This
session introduces attendees to the field of epigenetics, with particular emphasis on how this emerging field can explain the ways mental health problems can develop from the epigenetic outcomes of marginality. With an emphasis on the unique epigenetic challenges of older adults, this session will underscore how knowledge of epigenetics can inform interventions targeting marginalized elders.

10:30 am – 12:00 pm

TN Advocay
Program ID #253, Room 2007
Fighting the Good Fight: Tennessee Helping Professionals’ Response to SB 1556/HB 1840
90-Minute Education Session
Shawn L. Spurgeon, Robin W. Lee
Based on the front-line advocacy experiences of the presenters, the 2016 Tennessee legislation SB 1556/HB 1840, referred to as the “Hate Bill,” will be reviewed. The presenters will share first-hand experiences to help others improve future advocacy efforts. Additionally, a panel of Tennessee helping professionals who participated in advocacy efforts will share their experiences. They will provide recommendations for future situations.

10:30 am – 12:00 pm

Program ID #254, Room 2008
Medicine Is from Mars and Counseling Is from Venus: How To Make It Work for Everyone
90-Minute Education Session
Deanna Bridge Najera
While everyone may not agree on whether psychotropic medications should be used, it’s obvious they are here to stay. Mental health clinicians need to know how to help their clients advocate for the right medications while assisting in communicating concerns to prescribers. This interactive session will help identify the resources available while outlining the role integrated care has in providing for our clients.

11:30 am – 12:00 pm

ACA Client-Focused Research Series
Program ID #256, Room 2011
Examining Effectiveness: Child-Centered Play Therapy with African-American Children
30-Minute Research Education Session
LaKaavia Taylor
Research supports the efficacy of child-centered play therapy (CCPT) as an intervention for internalizing and externalizing problems. Despite the notable effectiveness of CCPT, to date, no randomized controlled studies directly focus on African-American children. The researcher will present the findings of a randomized controlled study examining the impact of CCPT on the social-emotional competencies of 37 African-American children.

1:00 pm – 1:30 pm

ACA Client-Focused Research Series
Program ID #257, Room 2009
Religious Orientation as a Predictor of Comfort with Homosexuality in the Church
30-Minute Research Education Session
Courtney J. Edwards, Lorrie Byrd Slater
Spirituality is at the core of a person’s well-being. However, sometimes the search for spirituality for LGBTQ people can lead to isolation, rejection,
cognitive dissonance, depression, and even physical harm. Counselors have a great task in helping these clients to find congruence in their spiritual and sexual identities, and the importance of neither aspect can be minimized. Biases of church congregants will be discussed.

1:00 pm – 1:30 pm
ACA Client-Focused Research Series
Program ID #258, Room 111
Impact of Counseling at a High-Poverty, Urban Elementary School
30-Minute Research Education Session
William O’Connell
Learn the results of an evaluative study of increased counseling services in a high-poverty, urban elementary school that previously had minimal school counseling services. As the result of grant-funded, full-time counseling, student disciplinary referrals decreased by 90 percent, the availability of counseling services tripled in one year, and constituents reported higher satisfaction with the learning environment. Attendees will have an opportunity to discuss the social justice implications of this project.

1:00 pm – 2:30 pm ▲
IAAOC Featured Session
Program ID #259, 2nd Floor, Poster Area
IAAOC Research Carousel on Addiction and Offender Issues
90-Minute Education Session
Leigh Falls Holman
This session will highlight the innovative research of IAAOC members. These research projects address mental health counseling issues, techniques, and outcomes for people challenged with addiction or offending behaviors.

1:00 pm – 2:30 pm
Program ID #260, Room 2000
SIMPLE STEPS: A Comprehensive Model of Suicide Assessment
90-Minute Education Session, Advanced
Jason M. McGlothlin, Betsy J. Page
Based on a study of more than 12,000 callers to a suicide prevention hotline, the goal of this session is to take the mystique out of conceptualizing suicidality and to present an evidenced-based, comprehensive model of suicide assessment. Issues of working with a diverse clientele, clinical supervision, documentation, and treatment planning will be highlighted in the context of comprehensive suicide assessment.

1:00 pm – 2:30 pm
Program ID #261, Room 2014
Current Trends in Ethics: A Discussion with the ACA Ethics Committee
90-Minute Education Session, Advanced
Jennifer Nivin Williamson, Barbara Herlihy
Members of the ACA Ethics Committee will present as a panel on trends in ethical issues that have been addressed by the Committee. Common ethical issues that will be presented include: social media and technology, duty to warn and breaching confidentiality, and the appropriate referral of clients. The role of informal resolution during ethical conflicts between members will be discussed. Attendees will have the opportunity to participate in a
question and answer session related to ethical standards and common concerns.

1:00 pm – 2:30 pm
**NECA Featured Session**
Program ID #262, Room 2016
**Bridging the Divisions in the Modern Workplace**
90-Minute Education Session
Carolyn A. Greer, Kimberly Key
Today’s workplace is impacted by tremendous changes to society as a result of globalization and advancing technology along with multiple generations with different expectations. With so many changes affecting individual lives on the personal, professional, and employment scene, workers find themselves caught in a chaotic and questioning world. The presenters will address the expectations from these different generations and the global implications for individuals and their families.

1:00 pm – 2:30 pm
Program ID #263, Room 2018
**Voices Heard: Students of Color Experiences in Two Unique Multicultural Courses**
90-Minute Education Session
Tina R. Paone, Nicole Pulliam, Krista M. Malott
Are diversity trainings relevant for people of color? If yes, how so, and why? This session will examine this and other questions regarding competent multicultural training for counselors of color. Attendees will hear about findings from an in-depth qualitative study in which students voice their concerns and suggestions for improved training practices for both White professors and professors of color.

1:00 pm – 2:30 pm
Program ID #264, Room 2020
**Lived Experiences of Formerly Religious LGB—Counseling for Healing**
90-Minute Education Session
Cyndi Matthews
Individuals who identify as lesbian, gay, or bisexual (LGB) and were raised in high-intensity religious organizations often struggle with depression, suicidal ideation, drug/alcohol abuse, self-mutilation, and even suicide. Based on their research, the presenters will explore counseling and the lived experiences of these individuals. The presenters will provide strategies for counselors working with these individuals based on their research, ASERVIC and ALGBTIC competencies, and the ACA (2014) code of ethics.

1:00 pm – 2:30 pm
Program ID #265, Room 2022
**Balancing Diversity and Financial Solvency in Practice Ownership: An Ethical Primer**
90-Minute Education Session
Ryan Thomas Neace
Many practices employ a sliding scale for socioeconomically disadvantaged clients, but must also balance the need for reasonable wages and practice financial solvency. They often strike this balance by simply paying clinicians a percentage of the fee charged, but the 2014 ACA Ethical Code revision called into question whether that amounts to fee-splitting. This session answers that question and puts forth two models of practice ownership balancing socioeconomic diversity, financial solvency, and ethical practice.
Keeping Dreams Alive: Creating an LGBTQ Youth Specific Suicide Assessment Model

Program ID #266, Room 2024

90-Minute Education Session
Keely Hope, Christopher Porter

“I told some people, just to test it out I guess. I thought I could trust them. I thought the keeping it inside … I thought nothing could be worse” (Suicide Prevention Resource Center, 2015). For a disproportionate number of LGBTQ youth, suicide can become a very real option. This work centers around the great need for LGBTQ-specific suicide assessment tools, especially for youth ages 15–24. Attendees will participate in the creation of a culturally specific and inclusive suicide assessment model.

Intergenerational Perspectives on Multicultural Counseling from the 1930s to Today

Program ID #267, Room 3014

90-Minute Education Session, Advanced
Andre R. Marseille, Farah Ibrahim, Courtland Lee, Carlos Hipolito-Delgado, Lynn Linde

Preparing for a globalized world where multicultural understanding will be paramount, it is important to revisit culture’s historical foundations. As the field continues to conceptualize culture and determine its best use in counseling and education, it is an opportune time for us to explore the perspectives of experts who have lived through the multicultural movement and have contributed to its evolution. The presenters represent almost a century of wisdom on multiculturalism.

Stories of Resilience and Human Rights Advocacy by the Disability Community and Their Allies

Program ID #268, Room 3016

90-Minute Education Session
Henry McCarthy

Impressive efforts and accomplishments of various disability rights activists and their allies in the rehabilitation counseling profession will be presented and discussed. This will be done through a combination of personal sharing, film clips, and critical analysis. The session is a moderated medley of hearing oral history, reflecting on the results of defying societal discrimination, and building greater mutual appreciation across generations, from elder leaders to millennial students.

Practical Approaches to Evaluating Student Learning Outcomes in Counselor Education

Program ID #269, Room 3018

90-Minute Education Session
Casey A. Barrio Minton, Donna M. Gibson, Carrie A. Wachter Morris

This practical session is designed for those feeling lost in evaluation administrivia and needing to get practical and see the big picture at the same time. The presenters will outline an eight-step student evaluation model to guide educators through identifying objectives, mapping curricula, creating meaningful assessments, and putting data to good use. This session will include attention to the CACREP 2016 Standards, practical examples,
and an opportunity for breakout discussion and questions.

1:00 pm – 2:30 pm
Program ID #270, Room 3020
Filial Therapy: Counseling Implications for Ethnically Diverse Families
90-Minute Education Session
Angela Sheely-Moore, Yung-Wei Dennis Lin, Yumiko Ogawa
Experience filial therapy from a multicultural lens. Based upon the presenters’ research and clinical experiences, attendees will have an opportunity to learn culturally responsive Child Parent Relationship Therapy (CPRT) strategies when working with African-American, Latino, Japanese, Taiwanese, and Chinese children and their caregivers. Factors contributing to within-group differences will be discussed, in addition to the CPRT research studies conducted with the aforementioned populations.

1:00 pm – 2:30 pm
AADA Featured Session
Program ID #271, Room 3022
Ethical Considerations for Counselors Working with Adults across the Adult Lifespan
90-Minute Education Session
Wendy K. Killam, Marcela Kepic, Amber Randolph, E. Christine Moll
When working with adults across the lifespan there are unique ethical challenges and situations that can arise. This presentation will examine some of these challenges that are common. Counselors will gain insight and understanding on how to handle various situations and case studies will be used to highlight the difficulty that can occur with finding resolutions to ethical dilemmas. The presentation will focus on specific issues that can arise at various points across the adult lifespan.

1:00 pm – 2:30 pm
MGCA Featured Session
Program ID #272, Room 3024
Counseling Military Service Members: Developing a Competency-Based Approach for Ethical Care
90-Minute Education Session
Neil E. Duchac, Catherine Stower
Have you ever wanted to work with service members and their families? As with most areas of counseling, this population requires specialized training and the need to acquire competency. This session discusses the acquisition of a military competency and the ethical need to maintain and further develop this competency. Further, resources to work with service members and their families will be discussed.

1:00 pm – 2:30 pm
Program ID #273, Room 2002
“What My Counselor Doesn’t Know Can Hurt Me”: Working with BDSM Clients
90-Minute Education Session
Steven M. Schoser, Sheila M. Addison
Today’s counselors realize that sexual expression comes in a rainbow of forms. BDSM (e.g., kinky sex, “leather,” etc.) challenges counselors unfamiliar with the “Safe, Sane, Consensual” framework, or uncomfortable with the mix of pleasure, pain, and power that BDSM employs. This session addresses clinical issues like assessment, setting goals, joining with clients, and culturally competent practice with clients who engage in kinky
behaviors. Issues of counselor values, triggers, and bias will also be explored.

1:00 pm – 2:30 pm
Program ID #275, Room 2004
With Voice: Counseling Undocumented/DACA Students in Educational Settings
90-Minute Education Session
Elizabeth Holbrook
With more than one million undocumented/Deferred Action for Childhood Arrivals (DACA) students present in U.S. K-12 schools, counselors need to prepare to work with this student population. Undocumented/DACA students experience emotional stress, disconnection, fear, and barriers to post-secondary opportunities. Counselors are ethically bound to serve, yet they may lack knowledge of this student population. This session provides a window into the lives of undocumented/DACA students and provides tools to better serve them.

1:00 pm – 2:30 pm
Program ID #276, Room 2005
Dancing with Grief: Helping Clients Move On
90-Minute Education Session
Cheryl Bartky
One of the biggest challenges clinicians face when assisting grieving clients is helping them get unstuck. Grieving people struggle to navigate the unfamiliar territory of grief—they don’t know the terrain and they don’t know the language. This experiential session presents a new paradigm for learning the language of grief. By exploring six dance principles, clinicians can more effectively assist grieving clients to navigate the internal and external landscape of grief with greater ease and grace and successfully “move on.”
This session will focus on debunking neuromyths to increase counselor knowledge of current neuroscience research and teach strategies to help with client’s belief in the capacity for change. Basic brain-related concepts such as neuroplasticity, the limbic system, autonomic nervous system, and memory consolidation will be presented. Psychoeducation concepts will be highlighted and discussed as to when and how this type of information is helpful when working with clients.

2:00 pm – 2:30 pm
ACA Client-Focused Research Series
Program ID #280, Room 2009
Predictors of Mental Health Care Use in Primarily Nonurban, Nonheterosexual Men
30-Minute Research Education Session
Joseph M. Currin, Hugh C. Crethar
More research to understand the causes of health disparities between LGBT individuals and their heterosexual counterparts is needed. Little research focuses on these causes including specific barriers that rural nonheterosexual men face when attempting to access mental health care. This session will demonstrate that, after controlling for a preexisting mental health diagnosis, the amount of disclosure and belief about rejection due to one’s sexual orientation was related to using mental health care.

2:00 pm – 2:30 pm
ACA Client-Focused Research Series
Program ID #281, Room 2011
Invisible Victims: Boys’ Narratives of Sexual Abuse Survival, Recovery, and Hope
30-Minute Research Education Session
Jennifer M. Foster
This session will share the results of a qualitative study that explored boys’ firsthand accounts of sexual abuse, disclosure, and the recovery process. The narrative analysis uncovered boys’ thoughts, feelings, and beliefs about themselves, the abuse, their perpetrators, and their perceptions of counseling. The meta-theme of fear and safety will be discussed. Implications for counseling boys who have experienced sexual abuse will be shared along with suggestions for sexual abuse prevention initiatives.

3:00 pm – 4:00 pm
ACA Book Author Session
Program ID #283, Room 2014
Hot Topics in Ethics
60-Minute Education Session
Barbara Herlihy, Gerald Corey
Ethical practice dictates that counselors seriously consider the impact of their values on clients and...
how to manage value conflicts with clients. This presentation addresses the ethics involved in value-based referrals and being able to differentiate between personal and professional values. Managing boundaries and multiple relationships in counseling, with emphasis on assessing both the benefits and risks involved in boundary crossings, will also be considered. Highlights on these topics from the latest editions of the ACA Ethical Standards Casebook and Boundary Issues in Counseling, as well as the ACA Code of Ethics will be included.

3:00 pm – 4:00 pm
**ACA Presidential Session**
Program ID #284, Room 2016
Roads Traveled: ACA Past Presidents Reflect on Leadership and Diversity within the Counseling Profession
60-Minute Education Session, Advanced
Mary A. Hermann, Stephanie F. Dailey, Marcheta P. Evens, Beverly J. O’Bryant, Courtland C. Lee, Colleen Logan, Mark Pope
This sage panel of Past Presidents share paths to leadership, and provide reflection about experiences that facilitated their trajectories as well as challenges, as members of diverse populations. Panelists will share views on how counselors aspiring to leadership can become active in national leadership. A goal of this Presidential Session is to provide space to learn from experiences of leader-experts, in quest for increased paths toward diversifying the leadership pipeline.

3:00 pm – 4:00 pm
**An Intentional Approach to Integrating Sexuality into Counselor Education and Practice**
60-Minute Education Session
Stacy A. Pinto
With the diversity in sexual expression that exists in our society and the prevalence of sexual issues over the lifespan, counselors must acquire a basic knowledge and level of comfort discussing issues of sexuality. This session offers foundational information on modern sexuality and models for instruction and practice of sexuality counseling, and it will discuss sexual dysfunction, intimate partner violence, and sexuality as they relate to mental health.

3:00 pm – 4:00 pm
**Research, Policy, and Practice: A Gallery Walk Along the School-to-Prison Pipeline**
60-Minute Education Session
Patrick James Rowley, Gerard Lawson
This session will engage attendees in topics relevant to the school-to-prison pipeline. It relies on visual media and group dialogue to highlight the important role that counselors can play in circumventing student pathways into the juvenile justice system.

3:00 pm – 4:00 pm
**Supervision from the Intern’s Perspective: Learning from Students’ Field Experiences**
60-Minute Clinician Education Session
Adriean Mancillas, Carol Sullivan, Christina Anchondo, Maritza Cha, Andrew Babbitt, Daisy O. Sainz-
Ramirez, Gloria Gándara
This session brings together counselor educators and a panel of graduate students from school and college counseling programs to discuss supervision from the interns’ perspective. The components of effective supervision based on research will be addressed, as will the unique training needs of school and college counseling interns. Students will present experiences that were especially useful in their internships, which may serve as recommendations for supervisors in educational settings.

3:00 pm – 4:00 pm
Program ID #288, Room 2024
Infusing Body Work in Trauma Treatment
60-Minute Clinician Education Session
Julaine E. Field, Paige Pancratz
This interactive session will help counselors understand how the body’s arousal system is altered after a traumatic event. Current trauma research indicates that for counselors to engage in comprehensive treatment, body work must be considered. This session will examine theory and research related to body work. Attendees will also have the opportunity to learn about and practice basic yoga principles and techniques to understand how clients’ bodies and arousal systems can be healed.

3:00 pm – 4:00 pm
Program ID #289, Room 3014
Implementing Solution-Oriented Process Groups with Parents of Adolescents
60-Minute Clinician Education Session
Laura A. Meyer
Working with parents of adolescent children who have been given a mental health diagnosis or labeled as having a behavioral problem can be challenging. This session will provide you the tools to integrate solution-oriented practices in group work geared toward working effectively with these parents. Included in the session is a turnkey guide for implementing an eight-week parenting process group, client handouts, homework suggestions, and a list of clinical and parenting resources.

3:00 pm – 4:00 pm
Program ID #290, Room 3016
An Anti-Bullying Experiential Group Activity for Children with a Disability
60-Minute Clinician Education Session
Katherine A. Feather, Tiffany M. Bordonada
Bullying is a serious and widespread issue that is particularly true among children with disabilities who are bullied at statistically higher rates in comparison to children without a disability. This session will introduce an anti-bullying experiential group activity that promotes self-efficacy, self-determination, and social skills among children with a disability. A discussion will be presented about how to implement the activity as well as considerations and limitations of the intervention.

3:00 pm – 4:00 pm
Program ID #291, Room 3018
De Opresso Liber: Counseling with Trans* Military Personnel and Veterans
60-Minute Clinician Education Session
This interactive session will serve as a starting point for increasing cultural competence in working with trans* military service members and veterans. Attendees will learn about the unique mental health challenges faced by this population, as well as the barriers they have faced historically to both medical and mental health treatment. Within this context, presenters will offer specific strategies and case examples for working with the trans* military population.

3:00 pm – 4:00 pm

Program ID #292, Room 3020
Adult Play/Creative Therapy: Inspiring Healing and Growth
60-Minute Education Session
Beth Moore
Adults can find integrative healing and transformational growth through play and creative therapy. Creative play therapy techniques also offer a medium to overcome cultural barriers when working with diverse populations across the lifespan. Creative arts therapies and mind-body awareness practices facilitate safety, relaxation, and healing. This experiential session will demonstrate how diverse adults can benefit from play therapy interventions through a case study and experiential activities.

3:00 pm – 4:00 pm

Program ID #293, Room 3022
“Hair”-itage How to Grow from One Sister’s Struggle between Self-Identity and Self-Preservation
60-Minute Education Session
Noréal F. Armstrong
A year after becoming a counselor educator, an informal conversation about black hair led to the realization that as a black, female professor, how I wore and styled my hair played a role in my perception of my professional identity. I wanted to be perceived as “safe”. This presentation will utilize a discussion and lecture format to explore my hair-itage, the history and evolution of black hair, the larger societal struggle for equity and understanding, and its effect on mental well-being.

3:00 pm – 4:00 pm

Program ID #294, Room 3024
Advocacy and the 10 Key Considerations in Counselor Community Engagement
60-Minute Education Session
Nicole Stargell, Matt Glowiak, Devon Romero
Counselor Community Engagement (CCE) is a method for providing servant leadership to a specific population. Many CCE activities include elements of fundraising, professional development, and/or advocacy, but CCE incorporates a unique practical application component in collaboration with a community partner. The critical role that advocacy plays in enhancing CCE will be explored, and attendees will engage in a small group activity to develop their own advocacy-based CCE projects.

3:00 pm – 4:00 pm

Program ID #295, Room 2002
Adoptive Families’ Journey of Healing: A Filial Approach
60-Minute Clinician Education Session
Jasandra Lourdes Oeffinger,
Danielle Marks
The goal of families formed through adoption is to positively adjust to life post-adoption. Child-parent relationship therapy (CPRT) is an evidenced-based approach that facilitates the growth of a healthy attachment between child and parent (Brodzinsky, 2013; Landreth & Bratton, 2006). Attendees will discover the value of increasing their overall adoption competence, and specifically how CPRT can serve as an adoption competent intervention for counseling adopted individuals and their families.

3:00 pm – 4:00 pm
Program ID #297, Room 2004
Transgender and Gender Nonconformity 101: A Crash Course in Affirmation
60-Minute Education Session
Cort Dorn-Medeiros, Arien Muzacz, Kiri Horsey
While many counselors claim the provision of “LGBTQ-friendly” services within their counseling practices, what does this frequently used business card phrase actually mean? How do we differentiate the inertia of a “friendly” counselor identity to a transgender and gender nonconforming affirmative counselor identity? This session provides a 101 for new professionals and seasoned professionals alike on the basics of developing and sustaining an affirmative counseling practice across the gender spectrum.

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will be explored, with an emphasis on male engagement.

3:00 pm – 4:00 pm  
**AMCD Featured Session**  
Program ID #300, Room 2007  
**Multiculturalism and Mentorship: Moving Beyond Marginalization**  
60-Minute Education Session  
*Kim Lee Hughes, Michael Brooks*  
Research in counselor education extols the benefits of mentorship without providing a clear definition of what it is and how to develop an effective mentorship program. In 2015, AMCD launched a comprehensive mentorship program for its membership. The presenters will explore and discuss the necessity of multicultural competence when developing mentorship relationships and programs in counselor education and practice. Attendees are encouraged to share their personal experiences as mentors and mentees.

3:00 pm – 4:00 pm  
Program ID #301, Room 2008  
**Freshman Student Resilience at HBCUs: Fostering Persistence to Degree Completion**  
60-Minute Education Session  
*Scott M. Debb*  
HBCUs remain an essential component of the higher education success equation for many under-prepared students. HBCUs assume an insulating and protective function and it is important to examine the non-academic profile that these students possess at matriculation, such as the ability to cope with non-academic stressors and resilience. The purpose of this session is to examine the non-academic profile of an incoming class of freshmen to an HBCU and to use the results to empower students to persist to degree completion.

3:00 pm – 4:00 pm  
Program ID #302, Room 2009  
**Self-Care and Counselor Identity: Recognizing the Inherent Relationship**  
60-Minute Education Session  
*Stacey L. Carrillo, Janys M. Murphy*  
Two areas within the field of counseling that get significant attention are counselor identity and self-care. This session highlights the importance of counselor self-care within the helping profession and, ultimately, its role as a defining characteristic in counselor identity. Attendees will gain insight and strategies in how to instill self-care practices as a way of “being” a counselor that promotes overall wellness, and thereby positively impacting both clinical work and work with counselors-in-training.

3:00 pm – 4:00 pm  
Program ID #303, Room 2011  
**Leadership in School-Based Group Counseling: What Matters to Students Most?**  
60-Minute Education Session, Advanced  
*Quentin Hunter*  
The session focuses on how the presenters used a qualitative method to explore the factors that ninth-grade students identified as most salient after participating in a nine-week, school-based, cognitive-behavioral group. The presenters will place emphasis on the group leader characteristics group that members valued most. Attention will dedicated to the data collection and analysis processes and how the data...
are being used to inform practitioner preparation and practice in one school-based clinical site in an urban environment.

4:30 pm – 5:30 pm
Program ID #304, Room 2000
Play-ful Supervision: Creative Techniques for Working with Supervisees
60-Minute Clinician Education Session
Jennifer K. Pereira, Carly A. Paro
Using experiential techniques can assist us in delving deeper into supervisee concerns allowing us to develop a growth-oriented supervisory relationship. This training is designed to highlight the usefulness of experiential techniques within the supervisory relationship. Attendees will explore several techniques designed to bring creativity to supervision, deepen supervisee self-awareness, and address supervision issues.

4:30 pm – 5:30 pm
Program ID #305, Room 2014
Counselor Religiosity, Competence, and Readiness To Work with Sexual Minority Clients
60-Minute Education Session
Kimberly Mason Peeples, E. Joan Looby
This session focuses on counseling students’ religiosity, competence, and readiness to work with sexual minority clients. Findings from this study, social justice and advocacy implications, and strategies to promote counseling students’ competencies for working with the target population will be presented.

4:30 pm – 5:30 pm
IAMFC Featured Session
Program ID #306, Room 2016
Ethical Issues for Couple and Family Counselors: Some Considerations
60-Minute Education Session
Loretta Bradley, Brandé Flamez, Bret Hendricks, Brian S. Canfield, Stephen Southern, John Delony
In an era where ethical issues are prevalent, counselors must not only be aware of ethical issues, but in addition, they must be cognizant of how to solve them. This session focuses on the awareness of how to solve ethical issues. Further, it focuses on the importance of implementing ethical code(s) and avoiding ethical and legal problems. Fictional case studies will be presented. Audience participation in solving cases will be encouraged. Handouts will be provided.

4:30 pm – 5:30 pm
ACES Featured Session
Program ID #307, Room 2018
The Journeys to be a Leader: Guide for Graduate Students
60-Minute Education Session
Yi-Wen Su, Harvey Charles Peters
The quality of leadership plays an important role in the counseling profession and the development of counselors’ identity. However, nearly 20% of counseling programs does not highlight the importance of becoming leaders (West, Bubenzer & Osborn, 2013). Little attention has been paid to training for leadership. Therefore, the presenters will use interactive methods to discuss the dimensions of the leadership, the ways of developing leadership skills and getting involved in professional services.
4:30 pm – 5:30 pm  
Program ID #308, Room 2020  
Four Go-To Therapy Tools for Working with Trauma Survivors  
60-Minute Clinician Education Session  
Shirley Porter  
This session will introduce attendees to four practical therapeutic tools that can be used with trauma clients, including the metaphor of the valley of the shadow of death, the window of tolerance, a coping toolkit, and a compassion-focused CBT approach. The presenter will show how these tools can be used to assist clients with understanding the stages of healing from trauma, how practical strategies in daily life can be used to manage distress, and how to use the lens of compassion to shift client negative beliefs about self.

4:30 pm – 5:30 pm  
Program ID #309, Room 2022  
Mind Crafters: Improving Self Regulation with Pre-Adolescents in Group Therapy  
60-Minute Education Session  
Jennifer Faasse, Kaitlin Mulcahy  
This session will review an original therapeutic group that teaches pre-adolescents about self-regulation through their familiar metaphor of video-game play. Attendees will be introduced to the theoretical foundations of self-regulation and the neurobiology of stress and activation. They will learn how to help clients improve their capacities to respond to stress, while also learning helpful strategies to adapt and develop therapy groups for children and be more effective group facilitators.

4:30 pm – 5:30 pm  
Program ID #310, Room 2024  
Stealing of the Soul and Restoration: Understanding Moral Injury  
60-Minute Education Session  
Priscilla A. Mondt  
The emerging field of moral injury involves violations that result in injury to the center of who we are—the soul. Moral injuries are encountered as victims, observers, or perpetrators, making moral injury research and theories applicable to combat veterans, police activity, sex trafficking, crime victims, and other uncontrollable events. Clinicians will learn definition, theoretical framework, assessment tools, research, and emerging clinical interventions through didactics and small-group discussion of case studies.

4:30 pm – 5:30 pm  
Program ID #311, Room 3014  
Using Narrative Data in Program Evaluation: A Content Analysis Primer for Counselors  
60-Minute Education Session  
Edward Wahesh  
This session will prepare professional counselors to analyze narrative data and documents in ways that produce valid and replicable findings. The session will present examples as well as ethical and practical considerations of how this approach can be used by counselors practicing in a variety of settings (school, clinical, and college). Attendees, including those with a limited background in research, will leave this session prepared to use content analysis methods to enhance their program evaluation efforts.
4:30 pm – 5:30 pm
Program ID #312, Room 3016
**Necessity and Strategies of Integrating Mental Health and Career Counseling Services**
60-Minute Education Session, Advanced
*Mei T. Tang, Meredith L.T. Montgomery*
Overlooking interrelatedness of personal and work issues could lead to underserving clients. The necessity and strategies of conceptualizing client issues from an integrated view of mental health and career development and the examples of enhancing counseling effectiveness through integrated services will be illustrated. The presenters will share ideas for enhancing mental health and career counseling integration in counselor education.

4:30 pm – 5:30 pm
Program ID #313, Room 3018
**Assessing Distance Counseling Competence and Knowledge**
60-Minute Education Session, Advanced
*Tanya Johnson, Michael Jones*
Distance counseling is growing within our field. While the 2014 ACA Code of Ethics addresses this service, and CCE-Global provides a Distance Certified Counselor credential, research on necessary competencies to practice distance counseling has not yet been conducted. The presenters have conducted a pilot study to assess the correlation between training and competency within distance counseling practices, using the Distance Counseling Knowledge and Competency Survey, and they will present the findings and implications.

4:30 pm – 5:30 pm
Program ID #314, Room 3020
**“I’m Just a Counselor, Not an Elected Official”: Legislative Advocacy 101**
60-Minute Education Session
*Denis’ A. Thomas, Catherine Stutzner, Angelique Howington*
Tennessee Governor Bill Haslam signed HB 1840 into law, but what legislative steps occurred beforehand? Using the progression of a highly contested state bill, this session will inform attendees about legislative advocacy. The purpose is not to debate the outcome, but instead to understand law-making procedure. How are laws passed? From “School House Rock” to the ACA Ethical Code, advocacy is more than signing petitions and contacting representatives to voice opposition, and less intimidating than one might think.

4:30 pm – 5:30 pm
Program ID #315, Room 3022
**Spotlight: Theoretical Orientation— Helping Trainees Adopt a Blueprint for Practice**
60-Minute Education Session
*Jennifer R. Werries, Jody L. Kulstad*
Counselor educators guide counselor trainees in developing a theoretical framework (TO) from which to practice. As this process is both extensive and daunting to trainees, some opt out of TO development, choosing a more technically eclectic approach that lacks depth of theoretical understanding. The presenters will not be arguing against eclectic or integrative orientations, but rather exploring why trainees need to go through a well-reasoned and methodical approach to
developing a base TO, as well as how to assist with this process.

4:30 pm – 5:30 pm
AMHCA Featured Session
Program ID #316, Room 3024
Current Directions in the Clinical Mental Health Counseling Profession: Where are We to Where We Need to Go
60-Minute Education Session
Suzanne L. Walker, Stephen Giunta
There has been a widely recognized workforce shortage in the field of behavioral health for many years. It involves both specialty-level providers in mental health and addiction services as well as primary care providers who frequently are needed to respond to the physical health needs of persons with behavioral health conditions. According to the Health Resources and Services Administration, in 2013, 77 million Americans live in areas that are not adequately served by substance abuse or mental health professionals, the majority of which are rural and remote.

4:30 pm – 5:30 pm
Program ID #317, Room 2002
CSCORE's Annual Review of Research: Identifying Best Practices for Counseling in Schools
60-Minute Education Session, Advanced
Catherine (Carey) Dimmitt, Catherine Griffith, Jay Carey
This session will provide a review of recent relevant outcome research in school counseling, along with ideas for integrating the research findings into school counseling practice with K–12 youth. The focus will be on linking outcome research to practice.

4:30 pm – 5:30 pm
ACCA Featured Session
Program ID #318, Room 2003
Counseling in Higher Education: Helping Students Find Their Voice Beyond Free Speech.
60-Minute Education Session
Lisa Adams Somerlot, Chris Corbett
When issues are raised on college campuses regarding race, gender/sexuality rights, and political differences, counselors have a unique position on campus to demonstrate and teach communication skills that can lead to deeper levels of communication and understanding. One of the presenter’s campuses has experienced a number of protests, and the counseling center has been able to respond by using a restorative justice model. This presentation will be a discussion format with time for questions.

4:30 pm – 5:30 pm
Program ID #319, Room 2004
Incorporating Gender Expression and Gender Identity into Counselor Education
60-Minute Education Session
Mickey White, Ana G. Reyes, Cody T. Lankford
Gender identity and expression are often given little attention in current counselor education programs. Counselors benefit from an enhanced and inclusive examination of a client’s gender identity and gender expression in order to approach counseling holistically. This session will provide counselor educators with the tools and trans-affirmative language needed to discuss these issues with students, as well as provide a more comprehensive understanding of the mental and emotional needs of transgender clients.
4:30 pm – 5:30 pm
Program ID #320, Room 2005
Developing Suicide Prevention Programming and Institutional Crisis Protocols
60-Minute Education Session, Advanced
Gerra Perkins, Kristy Brumfield, Rebecca Boone
The need for effective prevention programming on college campuses is consistently highlighted in our society today. This interactive session will discuss the Jed Foundation’s framework for developing institutional protocols for college students who are experiencing acute stress and suicidal ideations and behaviors. It will also offer research findings and recommendations for addressing the service gaps that exist across many college campuses.

4:30 pm – 5:30 pm
Program ID #321, Room 2006
The Fishing for Wellness Project: Healing Through Mindfulness on and off the Water
60-Minute Clinician Education Session, Advanced
Ryan F. Reese
Outside-the-box thinking can be vital when engaging marginalized clients in counseling. This interactive session aims to describe the mindfulness-based Fishing for Wellness Project, an alternative and creative approach to helping clients learn mindfulness skills and practices. Attendees will learn about the development of the Fishing for Wellness curriculum and the program’s structure and interventions, and they’ll explore ways in which they might apply program principles into their professional practice.

4:30 pm – 5:30 pm
Program ID #322, Room 2007
Best Practices in Counseling Gay Male Youth with Substance Use Disorders
60-Minute Clinician Education Session
Michael P. Chaney, Michael D. Brubaker
Gay male youth report higher rates of substance use than heterosexual males within their same age cohort; however, there remains a lack of gay-affirmative training among practitioners. This session teaches counselors to serve gay male youth substance users by helping clients deconstruct heteronormative messages, develop affirming social supports, and engage in intrapsychic and interpersonal healing applying the principles of a gay-affirming treatment approach.

4:30 pm – 5:30 pm
Program ID #323, Room 2008
The Relationship Between Mindfulness and Empathy on Counselors’ Implicit Bias
60-Minute Education Session, Advanced
Nathaniel Nicholas Ivers
As the U.S. continues to diversify, it is essential that counselors continue to learn and implement strategies to enhance their multicultural competence. The aim of this session is to process the results of a quantitative, correlational research study that examined the relationship between counselors’ mindfulness (trait and state), empathy (cognitive and affective), and implicit and explicit biases. Implications for counseling practice, counselor training, and future research will be discussed.
The STEM movement has emphasized the importance of school counselors’ roles in promoting the engagement of students of color in STEM careers. However, relatively little attention has been directed toward parents of color as an important element for children’s exploration in STEM fields. This session will offer a review about perceptions of the parents of color on STEM and provide implications for school counselors to collaborate with the parents of color in encouraging their children’s engagement in STEM careers.

Using Black feminist thought and intersectionality theory as theoretical frameworks for conceptualizing data, five themes emerged and will be discussed. Implications for women’s advocacy and diversity leadership will be explored.

Sunday, March 19

7:30 am – 8:30 am

ACA Presidential Session

Program ID #327, Room 2014

Left Out in the Hallway: Achieving Equity and Success for LGBTQ and African-American College Students

60-Minute Education Session

Margaret A. O’Hara

Statistics (retention, degree completion and transfer rates) indicate historically marginalized community college students are less likely to achieve academic success than students of non-marginalized populations. Society benefits from the academic advancement of all. In this workshop, learn about research using an experiential model, Tian Dayton’s Relational Trauma Repair, to increase equity and academic
success for African-American and LGBTQ students at MiraCosta College in Northern San Diego.

7:30 am – 8:30 am
AADA Featured Session
Program ID #328, Room 2016
The Long and Winding Road: A Critical Evaluation of Aging and Intersectionality
60-Minute Education Session
Matthew C. Fullen, Christian D. Chan, Thomas Christensen, Diona Emmanuel, Katherine M. Hermann
Age is a social identity that influences self-concept across cultures and throughout the lifespan. Cultural memes frequently depict later life as a period of biological decline and loneliness, and research indicates that when older adults internalize ageist beliefs, their well-being is negatively impacted. This session will focus on the intersection of age and other identities, the detrimental effects of ageism, and methods for the counseling profession to promote positive perceptions of aging.

7:30 am – 8:30 am
ASERVIC Featured Session
Program ID #329, Room 2018
Traditional Religion in a Progressive World: An Interfaith Panel Discussion
60-Minute Education Session
L. Marinn Pierce, Ryan D. Foster
For many individuals and communities, traditional religious practice is an essential source of strength in moments of crisis. This panel discussion is intended to help counselors learn about diverse traditional religious perspectives in order to understand and integrate religious values into counseling. A panel of religious leaders will discuss the ways religion can help people face, and hopefully overcome, both personal and communal crises.

7:30 am – 8:30 am
Program ID #330, Room 2020
The Culturally Competent Career Counselor: Effective Assessment Strategies and Skill
60-Minute Education Session
Clewiston Challenger
There has been a growth in the racial and cultural demographics of clients using career services, and most career counselors do not feel adequately prepared. Many career counselors see limitations to their ability to successfully assess clients of color with different cultures from their own. Attendants will acquire skills in assessment and counsel and the career development of minority clients. This session instructs attendees about the career behaviors, attitudes (Leong, 1995), and racial identity development of minorities.

7:30 am – 8:30 am
Program ID #331, Room 2022
Choosing What To Share in Supervision: A New Counselor’s Dilemma
60-Minute Education Session
Ryan M. Cook, Laura E. Welfare
With large caseloads and busy schedules, it is sometimes unclear what to share in the limited supervision time. Further, there may be pressures to withhold unflattering information. In fact, most supervisees admit that they have withheld information that may be contentious (e.g., supervision concerns) or influence evaluations (e.g., clinical errors). This session will share real-life examples of nondisclosures from a recent study and will provide
strategies for supervisees to address these inevitable dilemmas.

**7:30 am – 8:30 am**

*For Graduate Students and New Professionals Only Series*

Program ID #332, Room 2024

**What Graduate Students and New Professionals Need To Know About Finding That First Job**

60-Minute Education Session

*Danielle Irving-Johnson*

Finding your first position as a professional counselor can be an overwhelming task. ACA has implemented new career-related features and membership benefits, and we are here to help! In this session, ACA’s senior coordinator of professional projects and career services will discuss ACA’s Career Central as well as proactive job search strategies, tips to make your cover letter and résumé stand out, interview do’s and don’ts, how to manage expectations, and helpful techniques that lead to success.

**7:30 am – 8:30 am**

Program ID #334, Room 3016

**Integrating Clients’ Strengths and Resources into Counseling**

60-Minute Education Session

*Nicole Stargell, Victoria E. Kress*

Counselors can maximize clients’ functioning by developing their strengths and capacities, while concurrently addressing the problems and difficulties that they bring into counseling. Counselors receive extensive training in treating addressing deficits, but they receive less training on how to integrate clients’ strengths into treatment. In this session, attendees will be provided with concrete suggestions and ready-to-use materials that will help them assess and integrate clients’ strengths into treatment.

**7:30 am – 8:30 am**

Program ID #335, Room 3018

**Alliance Ruptures and Repairs with Clients Who Are Different from the Therapist**

60-Minute Clinician Education Session

*Edward Ewe, Mary Minten*

Developing strong therapeutic alliance is very important in the counseling relationship. However, it can be very difficult when working with clients who are challenging or different than the therapist. In this session, attendees will learn to recognize rupture markers with clients and provide repair responses to those markers. Attendees will also understand responses that are appropriate when social privileges and power differences are experienced between the counselor and the client.

**7:30 am – 8:30 am**

Program ID #336, Room 3020

**Evidence-Based Play Interventions for Social Relationship Skills for Youth with Autism**

60-Minute Clinician Education Session, Advanced

*Tami Sullivan, Kelly Kearns*

A playful evidence-based counseling approach that enhances social and relationship skills in youth with ASD. The Program for the Evaluation and Enrichment of Relational Skills is a relationship enhancement program that teaches youth with ASD rules and steps to improve social adaptive skills and LEGO® Therapy, a FUN play-based method of counseling that capitalizes on a stereotyped interest of youth with ASD. Learn strategies
for teaching your clients relationship and socialization activities for making and keeping friends.

7:30 am – 8:30 am
Program ID #337, Room 3022
Not the Brady Bunch: Conceptualizing Black Family Therapy via the Lyons (“Empire” TV Show)
60-Minute Clinician Education Session
LaTonya M. Summers, Ami Camp
There are a myriad of reasons why members of the Black community are resistant to seeking and receiving professional counseling. However, for those individuals who do seek professional counseling, cultural dimensions of Black families usually are not considered when treatment is formulated. This session will inspire and challenge professional counselors to elicit the strength of the Black family using systems-based approaches and case studies from the popular television family, “Empire.”

7:30 am – 8:30 am
Program ID #338, Room 3024
Multimedia: Culturally Relevant Pedagogy in Counselor Education
60-Minute Education Session
Kristen N. Dickens, Angela James
This presenters will explore the use of multimedia and its integration into pedagogical methods of teaching multicultural counseling courses. They will discuss their use of multimedia, including benefits and risks. Examples of how technology and multimedia were used will be provided, along with their use in future social justice and advocacy projects. Student feedback from courses will assist attendees in their assessments of the effectiveness of multimedia in counselor education.

7:30 am – 8:30 am
Program ID #339, Room 2002
When Three’s Not a Crowd: Consensual Multiple-Partner Relationships
60-Minute Education Session
Arien Muzacz, Kiri Horsey
The visibility of multiple-partner relationships has increased over the past 40 years. Individuals who choose these partnerships still face stigma, and members of cultural or faith communities may face additional pressures to conform to community norms. This session uses experiential activities and recent literature to outline relationship structures, discuss why individuals engage in multiple-partner relationships, and explore personal biases around monogamy, within a multicultural social justice framework.

7:30 am – 8:30 am
Program ID #340, Room 2003
Strength-Centered Counseling, Bipolar Disorder, Medication Compliance, and Healthy Self
60-Minute Education Session
Lindsay E. Meagher-Swanson
A CMHC master’s student with bipolar disorder and the co-author of Strength-Centered Counseling (2011) will co-lead this session, focusing on the application of strength-centered counseling to the treatment of mental health counseling clients who struggle against bipolar disorder. Emphasis will be on applying a wellness-focused, postmodern approach to medication compliance and the grief that clients may feel over the lost sense of healthy self.
**7:30 am – 8:30 am**  
**TCA Featured Session**  
Program ID #341, Room 2004  
Selecting Applicants to Counselor Education Programs in Light of the Tennessee Counseling Law  
60-Minute Education Session, Advanced  
Christopher Quarto, Virginia Dansby, Robin Lee, Michelle Stevens  
The 2016 Tennessee Counseling Law poses challenges to counselor educators in their gatekeeping role. Counselor educators rigorously screen applicants to their programs to reduce the chances of selecting someone who will discriminate against future clients during practicum and internship experiences and post-graduation. The purpose of this session is for counselor educators and other interested parties to learn about the issues that confront them in light of the new law.

**7:30 am – 8:30 am**  
**Rethinking Diagnosing Oppositional Defiant Disorder in African-American Males**  
Program ID #342, Room 2005  
60-Minute Education Session, Advanced  
Marc Anderson Grimmett  
African-American males are disproportionately diagnosed with oppositional defiant disorder (ODD). This session will present the results of a qualitative study to understand contextual factors, diagnostic processes, and implications associated with an ODD diagnosis in African-American males. Study findings represent an in-depth analysis of interviews with six licensed mental health professionals.

**7:30 am – 8:30 am**  
**Promoting Best Care and Empowerment with Transgender and Non-Binary Clients**  
Program ID #343, Room 2006  
60-Minute Education Session  
Amney J. Harper, Renae D. Swanson  
Transgender and nonbinary clients consistently experience problems in receiving competent counseling services. This session provides counselors with knowledge of best practices for working with transgender/nonbinary clients, through looking at the competencies, standards of care, practice guidelines, and ethical guidelines that make up best practices. Additionally, it helps counselors to educate and empower clients to become advocates for themselves in receiving best care.

**7:30 am – 8:30 am**  
**CSI Featured Session**  
Program ID #344, Room 2007  
Professional Identity: A Crucial Step in Counselor Preparation  
60-Minute Education Session  
Mark Young, Everett Painter  
The first part of this session will look at recent research on how professional identity is established in counselor preparation and professional involvement. The second portion will focus on how we communicate our identity to the public. Public perception affects how clients make choices. Thus, establishing a professional identity is a form of advocacy. In that vein, we will examine some ideas about how to manage online resources which comprise the public face of the counselor.
7:30 am – 8:30 am
Program ID #345, Room 2008
Love Seeking or Attachment Disorder?
Explore Friendliness in International Adoptees
60-Minute Education Session, Advanced
Yanhong Liu, Dan Li, Ying Yang
This session serves as an exploration of indiscriminate friendliness (IF) displayed by international adopters. It examines the definition and clinical indications of IF and poses new directions to traditional diagnoses. The presenters will provide an overview of the literature under two different umbrellas: (a) IF as a reflection of attachment outcomes, and (b) IF as an independent social behavior. Incorporating empirical findings, the session will lead to practical implications for counselors and educators.

7:30 am – 8:30 am ▲
Program ID #346, Room 2009
Synthetic Drugs: What School and Mental Health Counselors Need To Know
60-Minute Education Session
LaShauna Dean, Michelle Hinkle
Synthetic drugs have rapidly become a public health crisis, with more than 400 overdoses being reported on the East Coast alone since April 2015 (NJROIC-DMI, 2015). Information on Spice, Bath Salts, and Flakka will be provided, including background and dosage information, review of the physical and mental health effects, and rates of occurrence for each drug. This session will address implications for counselors, the cultural shift among drug users, and guidance on assessing and treating clients who present with synthetic drug use.

7:30 am – 8:30 am
Program ID #347, Room 2011
Making Space: Social Justice Advocacy Through Intentional School Counseling Practice
60-Minute Clinician Education Session, Advanced
Molly M Strear, Daniel DeCino
Have you ever struggled to envision strategies to foster inclusivity for diverse student populations? An overview of school counseling strategies to “Make Space” (Bell, 2015) for student populations struggling to reach their full potential is provided. As an example, attendees will receive a list of school counseling strategies developed by a panel of LGBTQIQA affirmative school counseling experts to foster inclusivity through the integration of critical theory, social justice advocacy, and intentional practice.

8:45 am – 9:15 am
ACA Client-Focused Research Series
Program ID #348, Room 2009
The Relationship of Acculturative Stress, Coping, and Quality of Life Among Immigrants
30-Minute Research Education Session
Courtland Lee, Vivian Lee
Immigration is on the increase within the U.S. and elsewhere. It is crucial, therefore, that information is gathered on immigrants’ perceptions of their quality of life in a new country in order to develop a more comprehensive understanding of immigration and its impact on development and wellbeing. This session will present the results of a study on the relationship between acculturative stress, coping and
quality of life among a sample of recent immigrants.

8:45 am – 9:15 am  
ACA Client-Focused Research Series  
Program ID #349, Room 2011  
Sexual Minority Status and Suicidal Ideations Among Urban Hispanic Adolescents  
30-Minute Research Education Session  
Stacy A. Pinto  
This session uses data from a Drug Free Communities grant to examine the effect that sexual-minority status has on suicidal ideations and mediators or covariates such as bullying, social support, and depression among low-income Hispanic adolescents (N = 538). Using structural equation modeling techniques, which are guided by Interpersonal Theory of Suicide and intersectionality perspectives as theoretical frameworks, the presenters will provide useful recommendations for professional counselors, counseling researchers, and students.

8:45 am – 10:15 am  
Program ID #350, Room 2000  
Supervision of Self-Injury: Monitoring Supervisees’ Responses and Clinical Risk  
90-Minute Education Session, Advanced  
Julia L. Whisenhunt, Catherine Y. Chang, Nicole Stargell  
Self-injury (SI) is a challenging clinical issue that can trigger complex counselor affective and cognitive responses. The presenters will address (a) common counselor responses to SI; (b) strategies to address counselor responses to SI and help supervisees learn to self-monitor; (c) treatment issues that affect risk and risk assessment with clients who self-injure; and (d) strategies to identify and manage risk with clients who self-injure.

8:45 am – 10:15 am ▲  
Program ID #351, Room 2014  
Grief and Loss in Addiction: Implications for Treatment  
90-Minute Education Session  
Julie K. Bates-Maves  
When clients enter recovery, many begin to grieve what was lost during the addiction and celebrate the beginning of sobriety, of recovery. But what about grieving the loss of the addiction itself? Much is lost when recovery begins. Processing the loss of coping skills (i.e., drug use, avoidance) and the certainty that drugs provided (i.e., escape) is crucial. Helping clients to grieve the identity of “addict” and form a new identity without substances is also central. This session will focus on addiction-specific grief work.

8:45 am – 10:15 am  
Program ID #352, Room 2016  
Providing Career Support to Ex-Offenders: A Systemic, Social Justice Perspective  
90-Minute Education Session, Advanced  
Mark B. Scholl, Brian Calhoun, Heidi Robinson  
Community ex-offenders seeking employment face challenges that are both internally and externally derived (e.g., discrimination). The presenters’ career support program was originally based primarily on career counseling aimed at changing the client. To become effective social change agents, the presenters expanded their program.
They discuss the interventions they implemented across three levels—client, community, and public arena (Toporek, Lewis, & Ratts, 2010)—to develop an advocacy-oriented program.

8:45 am – 10:15 am
Program ID #353, Room 2018
The Neurobiology of Play Therapy
90-Minute Education Session
Lisa M. Dion
Using neurobiology, this session will explore new ways of understanding the symptoms that our child clients bring to the playroom and what it really takes to repattern their nervous systems. The fun, research-based session will take you to new possibilities as it explores what it takes to maximize growth and integration for your clients and for you as the therapist. Professionals should be prepared for many “A-ha” moments if they attend this cutting-edge talk.

8:45 am – 10:15 am
Program ID #354, Room 2020
Mission To Connect: The Impact of Social Support on Student Veteran Mental Health
90-Minute Education Session
Megan Doughty Shaine, Sylvia Marotta-Walters
How can counselors best support the rapidly growing population of student veterans on U.S. campuses? This interactive session will explore how college counselors, administrators, and community providers can promote connection not only with other military and veteran students, but also with civilian peers. Using original research findings from both qualitative and quantitative studies, the presenters will offer strategies to promote social support and connection in both clinical and outreach contexts.

8:45 am – 10:15 am
ACC Featured Session
Program ID #355, Room 2022
Neuroethical Implications of Utilizing Creativity in Counseling
90-Minute Education Session
Edward (Franc) Hudspeth
Utilizing creativity within a counseling session is not new; however, often creative techniques are utilized without regard to whether there is evidence to inform the use or understand the potential outcome. This session highlights the intersection of ethics, neuroscience, creativity, evidence-informed practices, and accountability.

8:45 am – 10:15 am
Program ID #356, Room 2024
Providing Spiritual First Aid After Disaster: The Role of Religious/Spiritual Coping
90-Minute Education Session
Laura R. Shannonhouse, Jenn Ranter, Laura E. Captari
The severity of psychological/emotional/spiritual distress that disaster survivors experience has resulted in the development of effective mental health response models. However, the role of religion/spirituality in survivors’ recovery is often ignored. Spiritual first aid (SFA) is an evidence-informed model enabling providers to respond to the spiritual and psychological needs of those impacted by disaster. After briefly describing the evidence-informed components of SFA, the presenters will provide a model for applying SFA in a variety of contexts.
8:45 am – 10:15 am
Program ID #357, Room 3014
Counseling in Integrated Care Settings: Practice and Research
90-Minute Education Session, Advanced
Christine Suniti Bhat, Sherry Shamblin, Bridget Asempapa, Bilal Kalkan
Integration of primary health and behavioral health is becoming widely accepted as an evidence-based and holistic practice. Yet counselor preparation programs are not adequately training students to work effectively in integrated care (IC). Attendees will understand research supporting this modality and engage in case-based discussions illustrating components of IC. Considerations for counselors working in IC will be offered. The presenters are recipients of a multi-year Health Resources & Services Administration grant to develop IC capacity.

8:45 am – 10:15 am
ACA Presidential Session
Program ID #358, Room 3016
A Tale Of Two Worlds: The School Counselor and The School Counselor Educator
90-Minute Education Session, Advanced
Stephanie Eberts, Brandie Oliver, Denise Lenares-Solomon, Daniel Cinotti
The work of School Counselor Educators (SCEs) parallels that of School Counselors in that it can be both proactive and responsive. SCEs model best practices and support student growth and development while also maintaining leadership roles in professional organizations, universities, and school communities. This presentation will discuss the varying and evolving roles of the SCE and how they impact the education, identity development, leadership, and advocacy skills of School Counselors.

8:45 am – 10:15 am
Program ID #359, Room 3018
Resilience and Intersectionality in Queer People of Color: Through the Counseling Lens
90-Minute Education Session
Rufus Tony Spann, Don Trahan, Jr., David Julius Ford, Jr.
This session will inform attendees concerning the multiple identities that intersect within one’s self and within a person’s ethnic group. Within intersectionality, there is a “crossroad” that brings multiple identities and experiences. For queer people of color, faith, collectivism, and cultural relevance intersect in a meaningful way, which fosters resiliency. This session will discuss how to assist a client to balance one’s identity, hardships, and queer identity.

8:45 am – 10:15 am
Program ID #360, Room 3020
Dealing with Insurance: How Auditors Think and Why
90-Minute Education Session
Maelisa M. Hall
Learn to identify what insurance companies are looking for in your documentation and how this impacts your client’s approval for services. This session will review medical necessity criteria for common insurance companies but also provide attendees with practical tools for using that criteria in case note documentation. Attendees will also have the opportunity to review hypothetical cases and receive feedback in real time. This is not a
session to sit back and listen, but to come prepared for discussion.

8:45 am – 10:15 am
Program ID #361, Room 3022
At the Heart of Empathy: Advanced Counseling Interventions To Improve Communication
90-Minute Education Session, Advanced
Kathryn Elliott
The ability to feel and to express empathy is vital to sustaining interpersonal closeness. Research demonstrates that empathic accuracy is associated with greater relationship satisfaction. This experiential session offers counselors two new skills for facilitating a depth of empathy that helps clients address core pain, foster containment of anxiety engendered by intimacy, and deepen interpersonal closeness.

8:45 am – 10:15 am
Program ID #362, Room 3024
Love, Loss, and Lemonade: Using Popular Media with RCT in Groups for Minority Women and Girls
90-Minute Education Session, Advanced
Catherine Tucker, Ceymone Dyce, Vanessa Granger-Belcher
Learn how to incorporate a powerful and popular piece of media into groups for minority girls and women. In this highly interactive, advanced session, the presenters will demonstrate how to integrate the visual album “Lemonade” with relational-cultural theory to help clients examine issues of betrayal, pain, and loss and how images from the dominant culture contribute to feelings of exclusion. The instillation of hope for a better, more connected, growth-fostering future will conclude the session.

8:45 am – 10:15 am
Program ID #363, Room 2002
Evolving Substance Use Treatment Beyond a Primitive System That Fetishizes Addiction
90-Minute Education Session, Advanced
Stephanie R. Robinson, John Dewell, Renee Floer
The field of addiction treatment is rapidly evolving and faced with unique challenges. To be ethically responsible clinicians and meet current standards of practice, this session proposes defetishizing the concept of “the addict” and the overall view of addiction treatment. The session will deconstruct the current state of treatment, address problematic aspects of current approaches, and outline a multi-tiered therapeutic model that envisions treatment progressing through expanding layers of complexity.

8:45 am – 10:15 am
Program ID #364, Room 2003
Bullying and the Emotional Mind: Using DBT Skills To Foster Resiliency
90-Minute Education Session, Advanced
Kimberly Mason
Youth who engage in bullying are more likely than children who are not relationally aggressive to have lower competence in managing their emotions, being empathetic, solving problems, or evaluating the consequences of their actions. Hence, emotions can facilitate or impede youth’s peer relationships. Using DBT,
counselors can help youth reduce emotional dysregulation and reactivity by addressing deficits in emotion regulation, distress tolerance, and interpersonal relationships so that bullying may decline.

8:45 am – 10:15 am
Program ID #365, Room 2004
Internationalization of the Counseling Profession in a Globalizing World
90-Minute Education Session
Michaela Sacra
This session focuses on how to culturally responsibly grow the counseling profession internationally, especially in areas that have poor mental health resources. The presenter will use her experience in Bhutan as an example of how to adapt counseling skills and develop new strategies to specifically address the culture and experiences of local communities abroad in order to more efficiently and effectively benefit clients.

8:45 am – 10:15 am •
Program ID #366, Room 2005
Playful Interventions for Couples Therapy
90-Minute Education Session
Kristy Alaine Brumfield, Gerra Wellman Perkins
Play therapy is not just for little kids! The power of play can be transformative in the lives of adults when used in individual, group, couple, and/or family therapy. The research on adult play and couple satisfaction seems to support the likelihood that play therapy with couples is an ideal intervention for couples open to the process. Come learn how to help couples put the fun and excitement back into their relationships AND how to keep it there!

8:45 am – 10:15 am
CCA Featured Session
Program ID #367, Room 2006
Building Community to Enhance the Academic Success and Well-Being of African American Youth
90-Minute Education Session
Lisa De La Rue, Malik S. Henfield, Sheryl Davis
For too many students social barriers impede their ability to access and fully participate in the educational process. Efforts to support students who are traditionally disenfranchised from these spaces must address the multiple realities of young people, including their academic, social and emotional, and safety needs. This session will describe community–university partnerships that support African American youth in the San Francisco Bay Area in each of these areas.

8:45 am – 10:15 am
Program ID #368, Room 2007
Men Grieving Miscarriage: A Strengths-Based Perspective on New Research
90-Minute Education Session, Advanced
Nathaniel J. Wagner, Colin Vaughn
While miscarriage may be a frequent experience it is also an intense and overwhelming experience of grief especially for the parents. Grief can present particular difficulties for fathers, who are frequently ignored, and helping professionals who work with them. This workshop will disseminate findings from a study of fathers who have experienced miscarriage and identify and review principles of strengths-based therapeutic approaches that can help bereaved fathers and their families work through the grieving process.
8:45 am – 10:15 am
Program ID #369, Room 2008
ACA's Legislative Agenda and Advocacy 90-Minute Education Session, Advanced
Art Terrazas, Guila Todd, Scott MacConomy, Dillon Harp, William Green
This session will provide attendees with an update on legislation and policies that affect the counseling profession and mental health across the country. Attendees will learn what these changes mean for the profession and how they can serve as advocates for counseling and their clients.

9:45 am – 10:15 am
ACA Client-Focused Research Series
Program ID #370, Room 2009
The CABLE: Development of a New Instrument for Assessing Grief Coping Strategies
30-Minute Research Education Session
A. Elizabeth Crunk
This session will present the development and initial validation of the Coping Assessment for Bereavement and Loss Experiences (CABLE), a new instrument for gathering a comprehensive understanding of the types of coping strategies bereaved individuals use, as well as associations between coping strategies and bereavement outcomes. Attendees will learn about the development and initial validation of the CABLE, as well as practical strategies for using the CABLE as a tool to inform research and treatment interventions.

10:30 am – 11:00 am
ACA Client-Focused Research Series
Program ID #372, Room 2009
Narratives of Resistance: Deconstructing Gendered Racial Microaggressions in Groups
30-Minute Research Education Session
Tiffany O'Shaughnessy, Shola Shodiya-Zeumault
Within the context of the legacy of the enslavement of Black bodies and the oppression of women in the U.S., demeaning narratives of the Black woman perpetuate systems of oppression and provide limited identities to which Black women can ascribe. This session will share an innovative, semi-structured narrative therapy group designed...
to foster narratives of resistance and enhance resilience for African-American young women. Qualitative and quantitative assessments of the efficacy of this group will be shared.

**10:30 am – 11:00 am**

**ACA Client-Focused Research Series**
Program ID #373, Room 2011

The Contribution of Attachment Style on Posttraumatic Growth Among Survivors of CSA

30-Minute Research Education Session

Kristina Nelson

Posttraumatic growth (PTG) has been researched among survivors of various types of trauma; however, the research surrounding PTG and childhood sexual abuse (CSA) is limited. This session will inform the audience of a study that examined attachment style as a mediator between the impact of CSA and the experience of PTG using structural equation modeling. Implications of the findings will provide insight for both counselors and counselor educators.

**10:30 am – 12:00 pm**

Program ID #374, Room 2000

Counseling Tech According to HIPAA and the ACA Code of Ethics: An Update for 2017

90-Minute Education Session

Roy Huggins

How do you keep up with a field like tech when best practices change more frequently than the tissues in your office? Modern counselors rely on tech more than ever, and both HIPAA and ACA’s Code of Ethics define standards for us to follow when using it. This session’ will dispel myths and explore practical realities of how both HIPAA and ACA ethics view our responsibilities around security and privacy, how they differ and agree, and what that looks like in practice. This session is beginner-friendly. No geekiness required!

**10:30 am – 12:00 pm**

Program ID #375, Room 2014

Application of SBIRT with Clients Who Are Engaging in Problematic Substance Use

90-Minute Education Session

Stephen E. Craig, Tiffany K. Lee-Parker

As counselors encounter a growing population of clients with problematic substance use, they are confronted with a need for proficiency in their own ability to screen, intervene, and determine the level of care an individual with problematic substance use may need. Based on a 3-year research and training grant from the Substance Abuse and Mental Health Services Administration, the presenters will help attendees learn an evidence-based approach (SBIRT) to screening and intervention with people with problematic substance use.

**10:30 am – 12:00 pm**

Program ID #376, Room 2016

Early Recollections and Career Identity: Developing the Client’s Narrative

90-Minute Education Session, Advanced

Kevin B. Stoltz

Examining clients’ early memories is a powerful counseling tool. By narrating childhood memories, counselors help clients find and assign personal meaning, access identity, and promote adaptability. This holistic, self-reflective experience helps clients construct career goals.
and work lives. This session is geared to educate attendees on employing early childhood memories with clients for career planning, transition, and adjustment.

10:30 am – 12:00 pm
Program ID #377, Room 2018
An Integrated Therapeutic Approach to Providing Treatment to African-American Couples
90-Minute Education Session
Natasha Breanee’ LaMarr
With the nation’s highest divorce rate, African-American couples need clinicians with a framework to address their specific needs. The integrated approach was designed to provide a culturally sensitive resource for clinicians when providing treatment to African-American couples. The integrated approach has also been shown to be an appropriate resource/framework for clinicians when treating African-American couples. Attendees will learn the integrated approach by way of PowerPoint presentation, discussion, and application of a case study.

10:30 am – 12:00 pm
Program ID #378, Room 2020
New in Neuroscience: New Directions in Treatment and What the Counselor Needs To Know
90-Minute Education Session
Julie A. Uhernik
This session will discuss basic neuroscience concepts, highlight new findings on brain and nervous system functioning, and discuss neurogenesis and neuroplasticity, neural transmitter and neurohormonal functioning, and more. The discussion will turn to how neuroscience is transforming and guiding research into practical clinical applications available in mental and behavioral health treatment. Neuroscience also backs and informs regarding the efficacy and effectiveness of traditional models of counseling.

10:30 am – 12:00 pm
Program ID #379, Room 2022
Embodied Healing: A Relational Body-Centered Approach to Trauma Counseling
90-Minute Education Session, Advanced
Nevine Sultan
Trauma is deeply etched in the body. When safety is threatened, the body’s stress system is activated and self-regulation is compromised, resulting in frozen patterns of behavior and dissociation. This session addresses a variety of somatic interventions within a relational framework aimed at engaging body and brain toward enhancing awareness and restoring self-regulation. Emphasis is placed on the therapist’s use of self and presence in forming a strong therapeutic alliance that serves as a foundation for trauma work.

10:30 am – 12:00 pm
Program ID #380, Room 2024
The Church, the Closet, and the Couch: The Intersection of Religion and the LGBTQ Population
90-Minute Education Session, Advanced
Misty M. Ginicola, Cheri Smith
This session addresses the complex intersection between affectional/gender orientation and religious issues in counseling for both counselors and clients. The presenters...
will discuss the ACA ethical code, the importance of affirmative therapy, the experience of LGBTQI+ clients, the new empirically based FAITH identity model, as well as the established GRACE model of intervention for use with LGBTQI+ clients experiencing a religious conflict. Counseling case studies and specific intervention strategies will be presented.

10:30 am – 12:00 pm
ACCA Featured Session
Program ID #381, Room 3014
Should We or Shouldn't We? Distance Counseling in Higher Education— a HEMHA Guide
90-Minute Education Session
Kathryn P. Alessandria, Monica Z. Osburn
Higher Education Mental Health Alliance (HEMHA) representatives will review recent HEMHA resources and present the HEMHA guide in progress on distance counseling. The decision to treat students who are home for the summer, studying abroad, studying at a satellite campus, or involved in online learning is complex. This session will frame important questions and ethical dilemmas that schools may face around distance counseling and solicit feedback for the guide.

10:30 am – 12:00 pm
AMCD Featured Session
Program ID #382, Room 3016
Marginalized in America: The State of the Minority Community and Our Role in the Counseling Profession
90-Minute Education Session
Audrey A. Elion, Courtland C. Lee, Patricia Arredondo, Catherine Y. Chang, Mary Huffstead, Michael Brooks, Issac Burt, Kent Butler
The focus of this session is to increase knowledge and discussion about the various issues that are affecting marginalized populations. Presenters will discuss the issues characterized in white papers for AMCD. The presenters will discuss counselor response towards the issues presented, provide recommendations for counselor response, and provide advocacy strategies and other avenues of support.

10:30 am – 12:00 pm
TCA Featured Session
Program ID #383, Room 3018
Improving Efficacy and Increasing Capacity Through Emerging Technologies in Counseling
90-Minute Education Session, Advanced
Lisa Henderson
Many primary care providers assess for mental health conditions and refer for counseling. But the severe shortage of mental health providers in the United States will increase as more people are identified as needing our services. We must find ways to extend our therapeutic reach through technology. Technology should enhance interpersonal relationships rather than deter or replace them, this presentation will outline tangible ways to evaluate and implement technology into clinical practice.

10:30 am – 12:00 pm
Program ID #384, Room 3020
90-Minute Education Session
Elizabeth O’Brien, Harriet Glosoff
This session will center on issues related to leadership development and the fundamentals of agency management: budgeting, information technology, and marketing. Attendees will create a philosophy of leadership and personal goals so that they can become more effective members of their agency team and/or more marketable when agency leadership roles become available. A portion of the session is dedicated to the role of women in leadership and the challenges they may encounter gaining entry into these positions.

10:30 am – 12:00 pm
Program ID #385, Room 3022
Understanding African-Caribbean Immigrants’ Experience with Race in America
90-Minute Education Session
Rommel Johnson
Black immigrants from the Caribbean migrate with a specific understanding of race from their countries of origin. However, in their attempt to assimilate into the U.S., they find that they must adjust to American racial constructs, which differ from their countries of origin. What are they to make of this new reality? What are their lived experiences? What do counselors know about African-Caribbean immigrants and how their experiences with race bear upon their mental health?

10:30 am – 12:00 pm
Program ID #386, Room 3024
Gaining Professional School Counseling Competence Through Supervision
90-Minute Education Session, Advanced
Levi S. McClendon, Elias Zambrano, Ernest Cox, Jr., Seth A. Sampson
Most school counselors do not receive supervision training in their graduate programs. This session provides a supervision school counseling model. Through experiential activities, attendees will differentiate between teaching and guiding, guiding and counseling, and counseling and consulting skills. Using the forms provided, attendees will practice observation and feedback skills through mock guidance curricula, group counseling, and consultation sessions.

10:30 am – 12:00 pm
Program ID #387, Room 2002
Supporting Children During Gender Transition: Assessment and Treatment Strategies
90-Minute Education Session, Advanced
Varunee Faii Sangganjanavanich
More and more children pursue gender transition, yet little is known about how counselors can effectively and affirmatively support their gender transition. To promote effective and affirmative practice, the presenter provides an overview of gender transition, discusses assessment strategies (e.g., clinical interview and psychological evaluation), introduces treatment options (e.g., counseling and parent consultation), and offers practical considerations regarding gender transition and management in children.

10:30 am – 12:00 pm
Program ID #388, Room 2003
Adolescent Anxiety: Building Understanding and Skills To Support Effective Treatment
90-Minute Education Session
Amy H. Gaesser
Anxiety is one of the fastest-growing concerns for school-aged youth. It is imperative that counselors understand the effects of anxiety on youth and identify strategies to provide them with effective tools. Through interactive discussion and engaging activities, attendees will be able to identify the neurological, physiological, cognitive, behavioral, and emotional affects of anxiety, and how these impact interpersonal and school interactions. Additionally, evidence-based interventions will be discussed.

10:30 am – 12:00 pm
Program ID #389, Room 2004
Framing Difficult Dialogues with Feminist, Multicultural, and Social Justice Theories
90-Minute Education Session, Advanced
Kathleen A. McCleskey, Joanne Jodry
This interactive session will allow the attendee to explore using feminist, multicultural, and social justice theories and competencies to facilitate difficult dialogues. Examples of recent “difficult” topics include transgender acceptance, TN HB 1840/moving the 2017 ACA Conference, tension between conservative religious values and LGBT issues, and debates over CACREP. Listening respectfully to all perspectives will be key, as well as challenging perspectives that create or perpetuate inequality or injustice.

10:30 am – 12:00 pm
Program ID #390, Room 2005
Counselor Identity: Integrating Education, Community, and Practice
90-Minute Education Session, Advanced
Janine Wanlass, Colleen Sandor, Ellen Behrens
This session will address existing models of counselor identity development, typical conflicts and challenges in identity formation for both counselor educators and counseling students, and ways to address the CACREP 2016 standards for identity development in classroom, clinical placement, supervision, and mentoring activities.

10:30 am – 12:00 pm
Program ID #391, Room 2006
Beyond the 5 Stages: The Relationship Between Individualized Grief and Personality
90-Minute Education Session, Advanced
Lisa R. Prosser-Dodds, Heather Kramer Almquist
Over 40 years ago, the introduction of the Five Stages of Grief opened a new level of discussion on death, dying, and bereavement. However, since that time, the field of grief counseling and education has taken leaps and bounds beyond this initial theory. This session will discuss, inform, and show through case examples and hands-on activities the most cutting-edge grief counseling information. This session will also introduce the new theory of grief and personality type, based upon an empirically sound research study.
### Broach This: Strategies for Initiating and Responding to Clients’ Cultural Context

**90-Minute Education Session, Advanced**

*Norma L. Day-Vines, Courtney J. Framm, Fallon Cluxton-Keller, Jiayue Wang, Sarah E. Gubara*

This multidimensional session provides attendees with an updated set of strategies and techniques for broaching the subjects of race, ethnicity, and culture with clients from marginalized groups. Broaching refers to the counselor’s effort to either initiate and/or respond to cultural content that arises during the counseling session. This session will review a logic model that identifies specific contexts in which counselors can broach issues related to race and representation with clients.

### Cultural Competence in Trauma-Informed Care

**90-Minute Education Session, Advanced**

*Devika Dibya Choudhuri*

This session will examine the ways in which cultural competence is essential for working effectively with trauma. Awareness, knowledge and sensitivity to cultural contexts in which trauma occurs, ways in which the experience of trauma is culturally constructed, and the role of historical and intergenerational trauma will be covered. The material will be delivered with an emphasis on grounding in clinical case studies and culturally competent strategies and skill development.

### Adolescent Self-Injurious Behavior: Analysis of the Youth Risk Behavior Survey Trends

**30-Minute Research Education Session**

*Kelly Emelianchik-Key, Amanda La Guardia*

Currently, most adolescent self-injurious behavior research is focused on adolescent White females, indicating that self-injury may be more prevalent among females and those of Caucasian decent (Whitlock, 2010). This session will present data from a current study indicating that perhaps males and other ethnic groups are also engaging in this destructive coping mechanism, perhaps in differing ways (self-hitting and/or physically aggressive behaviors resulting in injury) than are being focused on by current conceptual and empirical works.

### The Effects of Career and College Readiness Interventions on Adolescents in Foster Care

**30-Minute Research Education Session**

*Regina Gavin Williams*

Little is known about foster care youth’s readiness to engage in post-secondary education, their developmental needs during their college transition, and ways professionals can offer assistance (Unrau et al., 2012). A 10-week counseling intervention program entitled “Students That Are Reaching Success” was conducted for a dissertation study that addressed...
will provide an overview of the phenomenological inquiry that investigated the self-perceived competencies of counselors from various disciplines. More specifically, attendees will obtain a greater understanding of the competencies and how they will prove essential to enhance counselor training, practice, and standards.

**12:15 pm – 1:15 pm**
Program ID #398, Room 2016
**Assessing the Refugee Student Crisis: Examining the Responsibilities of Counselors**
60-Minute Education Session
Michael P. Lillis, Jr., Holly Fetter
Refugee students resettling in the U.S. are registered in numerous school districts across the country; however, with school placement protocols and mental health screening requirements varying from district to district, school counselors are often the first to notice mental health issues in these clients. This session educates attendees on how refugees are placed in schools across the country and how counselors can most effectively advocate for refugee students.

**12:15 pm – 1:15 pm**
Program ID #399, Room 2018
**The Good Samaritan: A First-Century Licensed Professional Counselor!**
60-Minute Education Session
Steve Bain
Using a parable from the “New Testament,” this session will bring a fresh perspective to and appreciation for the 2014 ACA Code of Ethics. By understanding the significance of the Good Samaritan’s care and compassion for a stranger who was from a completely different cultural
backdrop, licensed professional counselors will be encouraged to look beyond ethnic, racial, economic, gender, religious, and sexual orientation nuances and rediscover the life-changing power of the helping profession we call counseling!

12:15 pm – 1:15 pm  
Program ID #400, Room 2020  
Understanding the Role of Family in Female Doctoral Students’ Persistence  
60-Minute Education Session, Advanced  
Lisa Sosin, Amanda Rockinson-Szapkiw, Lucinda Spaulding
After a review of the literature, results will be provided from a phenomenological study that analyzed the narratives of female doctoral candidates to uncover the influence of family elements related to doctoral persistence. Implications derived from the study will be presented. Administrators and counselor educators will learn to integrate policies and supports into doctoral programs to promote family integration and enhance female persistence. Scholars will gain ideas about needed areas of future research.

12:15 pm – 1:15 pm  
Program ID #401, Room 2022  
A Qualitative Analysis of Triadic Supervision: Implications and Recommendations  
60-Minute Education Session  
Kharod A. France
Although triadic supervision was first recognized as an equivalent to individual supervision in the 2001 CACREP standards, to date it still remains the case that little research has been done on this increasingly used but only vaguely understood supervision modality. The purpose of this qualitative study was to explore and gain a better understanding of supervisors’ perceptions, experiences, and practices with regards to triadic supervision. Implications for practice and recommendations for supervisors and counselor educators will be highlighted.

12:15 pm – 1:15 pm  
Program ID #402, Room 3014  
Assessment and Treatment of the Specific Fear of Vomiting (Emetophobia) in Youth  
60-Minute Clinician Education Session  
Mary Keeley Plisco
This session will focus on providing information about the nature, diagnosis, and treatment of the specific phobia of vomiting (emetophobia) in youth. It will
highlight the distinguishing features of the disorder and identify the main diagnostic tools for the evaluation of emetophobia. Attendees will learn the treatment protocol, including specific exposure exercises for feared stimuli, as well as response prevention strategies targeting avoidance.

12:15 pm – 1:15 pm
Program ID #404, Room 3016
Transgender Group Therapy: Recruitment, Topics, and Considerations for the South 60-Minute Education Session
Melanie Reagan Walsh, Cheryl A. Justice
This session will outline the group procedures and practices followed in conducting a gender-issues specific group. Interviews collected from group members will also be discussed. Dialogue including problems with recruitment efforts in rural and conservative areas will be included. The session will provide a brief overview of competencies outlined by ALGBTIC 2009 as well as sources of oppression facing this population. In addition, a question-and-answer discussion will ensue at the end of the lecture portion.

12:15 pm – 1:15 pm
Program ID #405, Room 3018
Deaf Counselor, Hearing Client 60-Minute Education Session
Emily Alexander, Julie A. Chronister
Much is written about Deaf culture and their needs in educational/counseling settings; less focuses on the Deaf/deaf counselors’ experience working with hearing clients. As compared to other multicultural counseling contexts, this area remains virtually ignored. Typically, Deaf/deaf counselors work with Deaf/deaf clients, interacting only with hearing family/spouses of the Deaf/deaf client. The presenters will review the barriers experienced by Deaf/deaf counselors and offer a framework to improve access to Deaf/deaf counselors.

12:15 pm – 1:15 pm
Program ID #406, Room 3020
Identity Development of Working Mothers: How To Support Their Mental Health Needs 60-Minute Education Session
Lisa K. Forbes, Margaret Lamar
“Am I just a mom? Can I also be a successful professional?” Developing a secure identity is an important process. Perhaps one of the most significant changes in identity is motherhood, which challenges how a woman views herself. This is further complicated with societal expectations of working moms, which often creates seemingly impossible standards to be both a good mother and a good employee. This session will discuss the challenges working mothers face and also best-practice approaches to working with clients from this population.

12:15 pm – 1:15 pm
Program ID #407, Room 3022
Counselor Competency Working with LGBTQ Families and Adoption 60-Minute Education Session
Heidi Henry, Justyn Smith, Danielle Marks
This session will provide an overview of the specialized counseling needs of adopted children and LGBTQ families. Specific issues, such as potential adjustment or mental health concerns of children and their families, will be discussed. Competencies needed
by counselors working with LGBTQ families with adopted children will also be addressed, as well as available resources when working with this population.

12:15 pm – 1:15 pm
Program ID #408, Room 3024
Military Children Resilience: Implications for Training School Counselors
60-Minute Education Session
Nicole Arcuri
Military children are a unique population that school counselors serve. Military children experience stressors specific to the military family culture. School counselors have the ethical obligation to advocate for this population as well as educate stakeholders about protective factors to promote resiliency and supportive services that can empower this population. It is imperative for counselor educators and supervisor faculty to effectively train our future counselors to do so.

12:15 pm – 1:15 pm
Advocacy Featured Session
Program ID #409, Room 2002
Empowerment! Promoting Self-Advocacy in Counseling with LGBTQ Clients
60-Minute Education Session
Randall Astramovich, Alexia DeLeon, Marisa Rapp, Tamara Tribitt, Dominique Avery
Lesbian, gay, bisexual, transgender, and questioning (LGBTQ) people frequently experience oppression and discrimination. Counselors working with the LGBTQ population therefore need skills to help empower LGBTQ clients to address injustices and promote optimal growth. This session will focus on infusing self-advocacy into counseling with LGBTQ clients to help provide them with tangible, action-oriented skills to enhance their well-being and promote social justice.

12:15 pm – 1:15 pm
Program ID #410, Room 2003
One on One: An Individualized, Strength-Based Approach to Counseling Student Athletes
60-Minute Clinician Education Session
Jessica A. Nelson
This experiential session will introduce a strength-based approach to counseling student-athletes developed as a result of research exploring the relationship between athletic coping skills and leadership factors among collegiate athletes. Attendees will gain an understanding of the unique needs and challenges of the college student-athlete and acquire the applied knowledge to implement this new counseling framework. Implications for the field of sport psychology and academic advisement will be discussed.

12:15 pm – 1:15 pm
Program ID #411, Room 2004
Reauthoring Stories: Using Narrative Therapy To Assist Recent Young Adult Immigrants
60-Minute Clinician Education Session
Isabel C. Farrell, Rachael C. Marshall, Nancy Teresi Truett
The purpose of this session is to introduce narrative therapy as an appropriate treatment modality for emerging adult immigrants. By using narrative therapy, counselors can assist emerging adult immigrants to
adapt to their new environment by honoring their heritage and finding congruent ways to bridge the gap between their native and new culture.

**12:15 pm – 1:15 pm**
Program ID #412, Room 2005
When Crisis Hits Home: Building Resiliency
60-Minute Clinician Education Session
*Cynthia Messier, Edward Ewe*
While therapists are trained to be professionals, confident and capable in handling high-stress, emotionally charged situations, their own lives unfortunately are not free from their own personal crises. What happens when therapists have their own crises? In this session, the presenters share experiences of their own life-changing crises that impacted their work. Attendees will learn about potential risks to self and clients while managing their own crises, as well as developing strategies for resilience.

**12:15 pm – 1:15 pm**
Program ID #413, Room 2006
Multicultural Disability Competence: Implications for Training and Practice
60-Minute Education Session
*Melissa D. Deroche*
People with disabilities are subject to the dominant discourses of the majority culture and are the largest minority group in the U.S., yet they are underrepresented in multicultural counselor training and research. The presenter will describe the design and results of her dissertation research examining the perceived multicultural disability competence of counselor trainees in CACREP-accredited programs. Implications for multicultural counselor training, research, and practice will also be discussed.

**12:15 pm – 1:15 pm**
Program ID #414, Room 2007
Stereotypical Attitudinal Behaviors and Depression in African-American College Women
60-Minute Education Session
*Bernadine Duncan, Renelda Claire Roberson*
As African-American women transition from their home environment as adolescents to a collegiate environment, recognizing and identifying depressive symptoms may be difficult. A variety of variables such as age, socioeconomic factors, first-generation college student, and self-esteem may impact the student’s understanding of depressive symptoms. This session will cover research in the area of depression in African-American female college students, highlighting effective treatment modalities for counselors.

**12:15 pm – 1:15 pm**
Program ID #415, Room 2008
Language of Loss: Using Creative and Expressive Techniques To Give Grief a Voice
60-Minute Clinician Education Session
*Brittany L. Pollard, Adam F. Stephens, Tiffany P. Brooks*
Given that loss is something humans universally encounter, it is critical that counselors are equipped to help clients and students process through experiences of grief. The use of creative and expressive arts provides a therapeutic avenue for clients to both process and make meaning of any loss and related grief. Using didactic instruction and interactive elements,
this session will present several creative and expressive techniques to supplement any theoretical approach to counseling diverse populations through the grieving process.

12:15 pm – 1:15 pm
Program ID #416, Room 2009
Experiences of Loss for Children of Incarcerated Parents
60-Minute Education Session
Emily C. Brown
With estimates of 1 in 14 children experiencing parental incarceration, counselors need an understanding of this adverse childhood experience. This session describes the impact of parental incarceration for children and youth and uses ambiguous loss theory to conceptualize their social and emotional needs. Attendees will be provided with resources for counseling children and youth experiencing parental loss to incarceration.

12:15 pm – 1:15 pm
Program ID #417, Room 2011
Ethical Decision Making for Supervisors of Color
60-Minute Education Session
Candice Renee Crawford, Dana Heller Levitt
The aim of this session is to explore the ethical decision-making process of supervisors of color. The presenters will examine how values and racial/ethnic differences influence ethical decision making in supervision. They will discuss decisional frameworks that are more aligned with addressing ethical dilemmas within a cross-cultural relationship and the implications for counseling and supervisory dynamics.

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ACA Opening Night Celebration
Friday, March 17 | 8:00 pm – 11:00 pm
InterContinental San Francisco Hotel
Rooms: Grand Ballroom, Pacific Terrace, and InterContinental Ballroom

The ACA Opening Night Celebration will be spread among three floors of fun, food and music. ACA has designed an experience for everyone.

The celebration will start at 8:00 pm and you can chose your adventure.

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I’m supporting counselors because there is nothing more important than human connection.
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“Participating in the graduate essay competitions not only encouraged me to take a deeper look at the infrastructure of our profession, it gave me a strong foundation on which to build my career.”
—Prairie Conlon, Graduate Student
Graduate Student Essay Competition Winner

“Thank you! I cannot fully express to you how much your thoughtfulness and generosity are appreciated. The funds to help us rebuild after the devastating floods will definitely be put to good use in meeting the needs of our students and our school counseling program.”
—Jennifer Pell, School Counselor in Clendenin, WV
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Don't let the headlines fool you. Tennesseans take care of each other.

The Counselors of Tennessee are continuing the hard work of protecting our profession. Our agenda is full, working with our state legislators and government agencies, private industries and business partners, and other mental health organizations to reach our goals.

Stop by our booth in the exhibit hall to process these legislative events, discuss proactive strategies for your state, or find out how to help!

Some of our goals are:
- improving access to qualified, ethical counseling
- protecting character development in schools
- standing up to discrimination of all kinds
- preventing the use of therapies or curriculum proven ineffective or harmful

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How many internship hours do I need? Are there local networking opportunities?

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**ACA Roundtable Sessions**

**Friday, March 17**

**7:30 am – 8:30 am**
Program ID #501, Room 2001, Table 1
*Advocating for Transgendered Service Members and Veterans: Serving in Silence* 60-Minute Roundtable Session
Jennifer D. Smith, Eric A. Williams

The goal for this roundtable will focus on helping attendees better understand the mental health needs of transgendered service members and veterans alike. Likewise, attendees will be provided insight on methods of treatment to address the unique needs of transgendered service members and veterans. The presenter and co-presenter have extensive experience providing mental health services to military service members and their families.

**7:30 am – 8:30 am**
Program ID #502, Room 2001, Table 2
*Raising Awareness for the Growing Need for Counselors in the Deaf Community* 60-Minute Roundtable Session
Taneshia Greenidge

This roundtable is designed to educate counselors of the experiences of children and adolescents in the deaf community. The roundtable is focused on raising awareness of the need for mental health in the deaf community. It is also geared toward providing interventions and strategies for counselors working with victims in the deaf community.

**7:30 am – 8:30 am**
Program ID #504, Room 2001, Table 4
*Wellness Interventions in the Supervisory Relationship* 60-Minute Roundtable Session
Peter Finnerty

Wellness is touted as a pertinent component of counseling and essential to keeping counselors efficient, mentally/physically healthy, and productive (Smith, et al., 2007). Counselor supervisors train supervisees in self-care modalities, but as noted by literature counselors, they demonstrate considerable danger for career burnout, empathy fatigue, and indirect trauma (Lawson, 2007). Attendees will gain knowledge about wellness interventions for supervision and how supervisor modeling is pertinent to success.

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**7:30 am – 8:30 am**
Program ID #506, Room 2001, Table 6
The National Epidemic of Drug and Alcohol Abuse
60-Minute Roundtable Session
Bernadette Joy Graham
Substance abuse addictions have been on the rise and are now a national growing epidemic affecting schools, employment sectors, families, and communities regardless of age, race, SES, or education. Both prevention and treatment efforts need to be improved to confront this epidemic that is affecting approximately one in 10 Americans and many more individuals who are losing loved ones. Professional counselors will come together to discuss not only why, but how this epidemic can successfully be addressed.

**7:30 am – 8:30 am**
Program ID #507, Room 2001, Table 7
Integrated Primary Care and Behavior Health in K–12 School Settings: The LIHNKS Project
60-Minute Roundtable Session, Advanced
Jolie Daigle, Jason Cavin
The LIHNKS (Linking Integrated Health Networks for Kids in Schools) Project is a result of an HRSA-funded, behavioral health workforce grant. The project aims to increase primary care and behavioral health care for children, adolescents, and transitional-age youth at risk for mental health related disorders. The training model will be presented so counselors can learn ways to reduce barriers and facilitate treatment, prevention/post-vention strategies, and evidenced-based treatments and approaches.

**7:30 am – 8:30 am**
Program ID #508, Room 2001, Table 8
Everything You Want to Know About Seeking Grants for Mental Health Counseling Services
60-Minute Roundtable Session
Diane Stutey
Have you ever wanted to write a grant but convinced yourself that you didn’t know how to or you wouldn’t receive the funding? This roundtable will discuss the joys and pitfalls of securing grant funding to provide mental health services in your community. Attendees will be provided with a one-page handout that will cover the basics of the grant-writing process, including writing the grant, seeking support, creating a budget, implementing the grant, maintaining and collecting data, and compiling the results of the grant.
7:30 am – 8:30 am
Program ID #510, Room 2001, Table 10
Perspicacity: A Catalyst in the Cultivation of Highly Effective Counselors
60-Minute Roundtable Session
Sharla R. Schroeder
The presenters propose perspicacity as a fundamental quality of the highly effective counselor. Perspicacity is presented as encapsulating the ability to be intuitive, discerning, and well timed, particularly in the employment of advanced counseling skills. Additionally, perspicacity is discussed as a catalyst in elevating the effectiveness of counselors and, ultimately, client outcomes. Innovative methods and considerations for counselor educators will be modeled and discussed.

11:00 am – 12:00 pm
Program ID #511, Room 2001, Table 1
LGBT Older Adults: Implications for Counseling and Promoting Well-Being
60-Minute Roundtable Session
Denise Haggerty, Lisa Zimmerman
This roundtable will address special issues associated with LGBT older adults, with a focus on the barriers the population faces, promoting well-being, and the special needs of the population. The roundtable addresses important aspects of practice, policy, multicultural concerns, and advocacy for counselors working with this underserved population.

11:00 am – 12:00 pm
Program ID #512, Room 2001, Table 2
Play Therapy for Terminally and Chronically Ill Children in Hospital Settings
60-Minute Roundtable Session
Phyllis Post, Jana R. Morrow
Child-centered play therapy and filial therapy have been empirically proven to be effective treatment for children and their parents. The presenters are looking at how to merge these two ideas in a way that will be most beneficial for children in hospital settings. Providing these services in hospital settings would allow the opportunity to provide needed services and conduct research that can potentially propel the acceptance and normalization of on-site play therapists in the pediatric units.

11:00 am – 12:00 pm
Program ID #513, Room 2001, Table 3
Beyond PTSD: Treating Secondary Traumatic Stress in the Families of Veterans
60-Minute Roundtable Session
Patrick Wayne Powell
There are a variety of models and efforts to treat PTSD in soldiers, first responders, and other individuals who often experience crisis situations. However, the families of those individuals often develop symptoms similar to PTSD in the form of secondary traumatization. During this roundtable, clinicians will gain an understanding of secondary trauma, learn more regarding effective treatment models and interventions, and gain a great awareness of current resources for family members of soldiers.

11:00 am – 12:00 pm
Program ID #514, Room 2001, Table 4
Jewish Issues and Microaggressions Toward Jewish Individuals Made Visible
60-Minute Roundtable Session
Michaela Ambrosius
Despite the rise in anti-Semitic incidents globally, little attention has been paid to the impact of
FRIDAY

microaggressions toward the Jewish community. The purpose of this roundtable is to raise awareness of microaggressions toward Jewish individuals. The presenter will discuss typical forms of microaggression with this population to assist counselors with detection. Recommendations to address microaggressions are shared to prepare counselors to address the emotional needs of, and advocate for, Jewish clients.

11:00 am – 12:00 pm
Program ID #516, Room 2001, Table 6
Students Experiencing Homelessness: Special Considerations for Secondary Students
60-Minute Roundtable Session
Carrie Sanders
This roundtable will describe the career and college needs of secondary students experiencing homelessness, framed from a social cognitive career perspective, and implications for school counselors and other educators in supporting their needs. The roundtable stems from research on the topic of homelessness and school counseling and provides insight into the experiences of school personnel, including school counselors and local education liaisons for students experiencing homelessness.

11:00 am – 12:00 pm
Program ID #517, Room 2001, Table 7
Facilitating Graduate Students’ Leadership and Professional Service Involvement
60-Minute Roundtable Session
Nedeljko Golubovic
The need for graduate students’ leadership and services involvement, and the importance of it, is

emphasized throughout counselor education programs; however, there are very few practical guidelines to help graduate students find and obtain appropriate positions during their studies. This roundtable will review practical strategies that will help graduate students identify and secure leadership and service positions that will best serve their professional development.

11:00 am – 12:00 pm
Program ID #518, Room 2001, Table 8
A Tale of Two Studies: School Counselor Involvement with Families of Color
60-Minute Roundtable Session
Sharon Chung, Pamela N. Harris
ASCA (2012) stresses school counselors’ partnerships with families in order to facilitate students’ socio-emotional and academic success. With a significant increase in K-12 students of color, school counselors have a responsibility for establishing partnerships with families of color with multicultural competence. This roundtable will discuss the methodology, results, and practical implications of two new studies that examined school counselor involvement when working with families of color.

11:00 am – 12:00 pm
Program ID #519, Room 2001, Table 9
International Immersion Experience To Increase Multiculturalism in Students
60-Minute Roundtable Session
Yumiko Ogawa, Jean Georgiou
This roundtable will address the possible effectiveness of international immersion experience in increasing students’ multicultural awareness. Recently counselor educators have
been more rigorously implementing international immersion experience in their programs to bring more transformative learning and intrapersonal development that increase students’ multicultural competency. The presenters will also discuss the research design used to assess students’ cultural competency in this project.

11:00 am – 12:00 pm
Program ID #520, Room 2001, Table 10
Carried to the Table: Developing Culturally Competent Care for Eating Disorders
60-Minute Roundtable Session
Lotes Nelson, Rachel Bailey
This roundtable will focus on recent research to educate individuals on how the underserved populations experience eating disorders and disordered eating. The roundtable will offer discussion in various prevention methods that are unique and different from the mainstream understanding of eating disorders. Clinicians attending this roundtable will discuss and learn specific interventions and prevention approaches, tools, and key strategies for the development of culturally competent care for eating disorders.

3:00 pm – 4:00 pm
Program ID #522, Room 2001, Table 2
Better Understanding the Spiritual and Religious Lives of LGBTQ People
60-Minute Roundtable Session
Jahaan Abdullah, David Barreto
Religious institutions have not been safe and affirming for LGBTQ individuals. Although many remain committed to their faith and spiritual institutions, many have experienced increased amounts of rejection and emotional harm. There is a need for counselors to better understand spirituality and religious issues for LGBTQ clients. The intersection of spirituality, religion, and sexuality will be discussed. Affirming resources will be provided.

3:00 pm – 4:00 pm
Program ID #523, Room 2001, Table 3
The Future of Counselors in Higher Education: Trends, Challenges, and Best Practices
60-Minute Roundtable Session, Advanced
Rebecca L. Toporek, Alison Cerezo
Trends show that college counselors face higher caseloads and an increasingly diverse student body, all while facing major financial cuts from state and federal channels. This prompts a timely discussion about the future of our profession and professional identities and recent
trends in college policies impacting college counseling. The culmination of this roundtable will be to develop a preliminary call to action born from the experiences and identified needs of conference attendees.

3:00 pm – 4:00 pm
Program ID #524, Room 2001, Table 4
The Art and Science of Documenting Clinical Supervision
60-Minute Roundtable Session
Stephen Kiuri Gitonga
While clinical supervision is one of the most important processes of counselor development, it also serves the interest of other stakeholders. This roundtable will focus on documentation, which is a vital clinical supervision practice. Attendees will share their experiences both as supervisees as well as supervisors, and they will also discuss the importance of thorough documentation of clinical supervision and explore user-friendly documentation practices including electronic supervision records.

3:00 pm – 4:00 pm
Program ID #525, Room 2001, Table 5
Balancing Your Mind, Body, and Soul as a Counselor
60-Minute Roundtable Session
Jessica A. Russo, Jessica Lynn Henry
This roundtable is set out to bring greater awareness and a deeper connection to our inner selves that will bring out the whole person in us to create the balance we need to take care of ourselves mentally, emotionally, spiritually, and physically, so that we can impact others’ lives on a deeper level. The mantra in the profession is we can’t help others until we help ourselves. This roundtable allows us to have a deeper discussion of this topic and share some strategies that will help us to make our mind, body, and soul a priority.

3:00 pm – 4:00 pm
Program ID #526, Room 2001, Table 6
Service Learning: Community Service and Promoting Wellness Through Parent Education
60-Minute Roundtable Session
Kathryn L. Henderson
Through a collaboration between a counseling program and a literacy center, the presenters contributed a needed service to the local community. In a service learning project, pre-practicum counseling students led parenting workshops for families whose children received tutoring through the literacy center. The presenters will review the process of developing the program, designing the assignment, and structuring student participation. Challenges and tips for success will be shared. Outcome data will be discussed from student experiences.

3:00 pm – 4:00 pm
Program ID #527, Room 2001, Table 7
School Shootings and Mental Health: Role of the School Counselor in Mitigating Violence
60-Minute Roundtable Session
Allison Paolini
This roundtable will address an overview of the pervasiveness of gun violence in school settings within the U.S.. The roundtable will also discuss background information pertaining to school violence, as well as the dire need for more attention to be placed on student mental health.
The presenters will also discuss best practices and interventions that school counselors and mental health counselors can use to potentially mitigate gun-related school violence.

3:00 pm – 4:00 pm
Program ID #528, Room 2001, Table 8
Conversations with the Incredible Hulk: Young Black Men and Mental Health
60-Minute Roundtable Session
Rwenshaun Miller, Nakeisha Williams
This roundtable will provide the results of a generic qualitative study that examined how late adolescent Black males, ages 18 to 24, describe their mental health and well-being and its influence on their college matriculation. Although current conceptual and empirical studies on racial and masculine identity among Black men exist, these studies do not offer sustainable recommendations for the positive mental health well-being and underscore the importance of understanding the psychological distress that may coexist.

3:00 pm – 4:00 pm
Program ID #529, Room 2001, Table 9
Integrating a Spanish Counseling Minor: Issues, Opportunities, and Lessons Learned
60-Minute Roundtable Session
Ivelisse Torres-Fernandez, Anna Lopez
The purpose of this roundtable is to generate dialogue and conversations about opportunities, triumphs, and challenges experienced by trainees, supervisors, and faculty in their efforts to build multicultural and linguistic competencies. Furthermore, the presenters will share experiences, and lessons learned related to the development and implementation of a Spanish counseling minor.

Recommendations for practice and research will be offered.

3:00 pm – 4:00 pm
Program ID #530, Room 2001, Table 10
Less Is More: Supporting Individuals with Hoarding Disorder
60-Minute Roundtable Session
Branislava Knezevic, Kathryn L. Kiepke
Hoarding disorder, 300.3 (F42), was identified as a disorder in the DSM-V in May 2013 and has been identified as a silent epidemic. There is limited public awareness and understanding about this new disorder. It can have a detrimental effect on the physical and psychological health of individuals who hoard and their family members. Research and treatment are presented with a focus on a strength-based approach. This roundtable offers case conceptualization, treatment modalities, and interventions.

4:30 pm – 5:30 pm
Program ID #531, Room 2001, Table 1
Strategies Used by Black Gay Men To Help Them Remain Persistent in College: A Dissertation
60-Minute Roundtable Session
Vivia E. Hill-Silcott
This roundtable is the finding from the presenter’s phenomenological research on the lived experiences of Black gay men enrolled in predominantly White institutions. The research revealed that some Black gay men see their college tenure as coping rather than integrating. Black gay men believe that instead of forming a commitment to the institution, they view higher education as an imperative to prosperity and an opportunity for a new and independent beginning.
**FRIDAY**

**4:30 pm – 5:30 pm**
Program ID #532, Room 2001, Table 2

**Dismissed!: School Counselors’ Avoidance of Students’ Spiritual and LGBT Identities**

60-Minute Roundtable Session

**Jill Schwarz**

Negotiation of identity development in adolescence has implications that affect overall mental health and well-being. Spirituality and sexuality are two aspects of identity that can be challenging for adolescents, especially those who identify as LGBT. This roundtable will provide a forum for dialogue around the intersection of two aspects of identity that can often be conflicting. Attendees will learn and share best practices related to addressing spiritual and LGBT identity development with adolescents in counseling.

**4:30 pm – 5:30 pm**
Program ID #533, Room 2001, Table 3

**What Is Your Armor?**

60-Minute Roundtable Session

**Kristina Wilkerson, Erica Wade**

Through the process of co-construction, the presenters will facilitate a metaphorical activity that illustrates the benefit of the question “What is your armor?” Counselors-in-training often struggle with developing self-awareness, case conceptualization skills, and self-care within their practicum experience. The presenters will invite attendees to participate in an activity and discussion to explore the benefits of using metaphors in clinical supervision.

**4:30 pm – 5:30 pm**
Program ID #534, Room 2001, Table 4

**Fat-Phobia and Clinical Counseling Decision Making**

60-Minute Roundtable Session

**Kaitlyn Michelle Forristal, John M. Laux**

The aim of this roundtable is to address fat-phobia and weight-based stereotypes as they pertain to professional counseling relationships. Attendees will be introduced to the concept of fat-phobia as a tool of oppression and discrimination and examine the negative effects it has on the lives of obese individuals. Attendees will be invited to engage in discussion about personal bias and the potential repercussion it has on clients. Effective strategies for working through fat-phobic biases will be provided.

**4:30 pm – 5:30 pm**
Program ID #535, Room 2001, Table 5

**Trauma-Informed, Mindfulness-Based Interventions for Resilience Enhancement**

60-Minute Roundtable Session

**Keri Johnson**

This roundtable examines trauma-informed care and mindfulness-based interventions (MBIs) as tools for overcoming vicarious trauma in counselors-in-training (CITs). Separate research has indicated the positive effects of trauma trainings and MBIs on CITs, but minimal research to date has explored the intersection of both approaches. Specific MBIs of interest are yoga/mindful movement, pranayama (mindful breathing), mindfulness meditations (both formal and informal), and self-compassion practices.

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**Friday**

**4:30 pm – 5:30 pm**
Program ID #536, Room 2001, Table 6
Religiousness in Trauma: Implications for Integrating Spirituality in Counseling
60-Minute Roundtable Session, Advanced
*Hannah E. Acquaye*
Refugee-ism affects all countries. Despite the reported mental health challenges, there is also reported psychological growth. A major part of growth is related to refugees’ spirituality/religiousness. When counselors serve refugees and immigrants, it’s important to know how to infuse spiritual competence in counseling to enhance their psychological growth and full functionality.

**4:30 pm – 5:30 pm**
Program ID #537, Room 2001, Table 7
Upgrading Pedagogy! Incorporating Web Tools into F2F and Online Courses
60-Minute Roundtable Session
*Kelly Anne Kozlowski, Courtney Holmes*
BYOD! Whether in teaching or practicing, Web 2.0 tools are a great way to engage students and clients. These tools not only engage today’s technology-savvy population, they create active environments and the opportunity to further engage students and clients in the learning process. Come learn how to use Web 2.0 tools to modernize courses as well as counseling practices, and about the precautions of using technology. Attendees will leave with a comprehensive list of free Web 2.0 tools and samples of syllabi and client work!

**4:30 pm – 5:30 pm**
Program ID #538, Room 2001, Table 8
Difficult Cases with EMDR: Collective Supervision Using Multiple Trauma Theories
60-Minute Roundtable Session, Advanced
*Thomas Foster, Patricia Hickham*
The presenters invite EMDR therapists to join this roundtable and bring some difficult cases to discuss in the group, and they will present cases as well. Their intent is to have attendees explore different theoretical ideas and approaches for each case, and the presenters will offer therapeutic approaches using the three phases of sensorimotor psychotherapy. They will also conceptualize cases using the specific trauma models that make up sensorimotor psychotherapy and other relevant trauma models. Handouts will be provided.

**4:30 pm – 5:30 pm**
Program ID #539, Room 2001, Table 9
Minority Faculty Retention in Counselor Education: Where Are We Now?
60-Minute Roundtable Session
*Kristopher G. Hall, Asha Dickerson*
Counseling is diversifying in all aspects including the clients and the student body. There have also been calls to diversify counseling faculty with some success. However, research regarding the retention of minority faculty is still growing and in need of an update. This roundtable will give an overview of research conducted to address the unique stressors of minority faculty and suggestions for successful retention programming.
FRIDAY/SATURDAY 4:30 pm – 5:30 pm Program ID #540, Room 2001, Table 10 Undocumented Immigrants: Examining the International Adult Adoptee Client 60-Minute Roundtable Session Kashunda (Shonda) McGriff, Susan Branco There are approximately 11.2 million unauthorized immigrants living within the U.S. (Pew Research Center, 2015). A lesser-known undocumented subgroup is adults adopted internationally as infants and children by U.S. citizens. Due to a loophole in immigration laws, these individuals never gained citizenship (Salomon, 2015). This roundtable will illustrate the vital role of counseling professionals in advocating for and helping this population access mental health, manage stressors, and lead healthy and resilient lives.

Saturday, March 18 7:30 am – 8:30 am Program ID #542, Room 2001, Table 2 Counseling Latino Students and Their Families in the School and Community Setting 60-Minute Roundtable Session Glenda S. Johnson, Rossy C. Garcia The Latino population is the fastest growing minority group in the U.S. This roundtable will address strategies that professional counselors in both the community and school setting can use to provide services to Latino children, adolescents, and their parents to meet their unique needs. Attendees will learn research-based and practical strategies that can be useful when working with the Latino population.

7:30 am – 8:30 am Program ID #543, Room 2001, Table 3 Using Bracketing in Counseling: Implications for Ethical Decision Making 60-Minute Roundtable Session Simone Lambert, Stephanie F. Dailey How can counselors navigate ethical dilemmas when their personal values conflict with that of their clients? Learn about potential skills (e.g., bracketing, epoche) borrowed from qualitative research that can be used by counselors in session when faced with ethical dilemmas related to counselor-client value conflicts. Attendees will receive handouts with resources and have the opportunity to explore how these skills may be useful in their own practice with clients or in teaching counseling students.

ground of what it means to be a counselor, we can de-escalate the rhetoric surrounding polarized “sides.”

7:30 am – 8:30 am Program ID #541, Room 2001, Table 1 Building Bridges: How To Talk About Values-Based Referrals with Other Counselors 60-Minute Roundtable Session Joanne L. Miller Recent state laws have highlighted a divide between those who believe that values-based referrals are justified and those who believe these referrals are discriminatory. Bridging that divide requires we remain in dialogue. Using an approach based on a phenomenological study, this roundtable will focus on useful tools for the discussion, such as counselor identity and processing of spiritual beliefs. By focusing on this common
SATURDAY

7:30 am – 8:30 am
Program ID #544, Room 2001, Table 4
Opening Doors for Latino Youth: Promoting College Access and Postsecondary Education
60-Minute Roundtable Session
Ellen Armbruster
Latino students often experience opportunity and achievement gaps that impact their ability to successfully pursue postsecondary education. School counselors who understand these barriers will be in the best position to provide assistance to Latino youth as they explore and move toward career and professional goals. This roundtable will illuminate the situation and offer strategies to help school counselors increase their effectiveness with young Latinos who are considering their postsecondary options.

7:30 am – 8:30 am
Program ID #545, Room 2001, Table 5
Crisis in the Classroom: Counselor Educators’ Responsibilities to Their Students
60-Minute Roundtable Session
Michael K. Schmit, Erika L. Schmit
In this roundtable, attendees will be engaged in an open discussion of how to address counseling students who enter into crises during training or while in the classroom setting. The presenter will share his experience as well as tips, suggestions, and recommendations from the literature and from other educators who have shared a similar experience to best address this area of concern. Attendees’ active participation in this important discussion will be encouraged throughout the entire roundtable.

7:30 am – 8:30 am
Program ID #546, Room 2001, Table 6
Life Transitions and Emerging Adult Mental Health: A Longitudinal Mixed Methods Study
60-Minute Roundtable Session
Joel A. Lane
This roundtable will present the preliminary findings of a longitudinal, mixed-methods study regarding the mental health implications of life transition in emerging adulthood. The study examined the role of various interpersonal resources in promoting resilience during these transitions. The roundtable will focus on the practical and theoretical applications for counselors working with emerging adults in community and university settings, including ways to promote resilience for clients in this age group.

7:30 am – 8:30 am
Program ID #547, Room 2001, Table 7
Family Caregivers: Supporting Your Most Valuable Resource
60-Minute Roundtable Session, Advanced
Kirsten Murray, Catherine Off
Effective family caregiver relationships are a powerful resource for successful rehabilitation treatment. When caregiver relationships are considered close and patients show the greatest improvements, caregiver burden is at its highest. Caregiver burden is often considered “third-party disability” by the World Health Organization. Join this roundtable for a review of a caregiver counseling model, efficacy research, and strategy session for how to involve caregivers in your current treatment approaches.
7:30 am – 8:30 am  
Program ID #548, Room 2001, Table 8  
Helping International Students Navigate Cultural Transitions and Career Development  
60-Minute Roundtable Session  
Hyoyeon In  
A growing number of international students come to the U.S. While pursuing their academic and career goals, international students constantly navigate between the host and home cultures. It is critical for international students to make sense of and integrate cross-cultural experiences into their career development. This roundtable will discuss ways that counselors and educators help international students successfully navigate cultural transition, identify their unique strengths, and manage their career development.

7:30 am – 8:30 am  
Program ID #549, Room 2001, Table 9  
Helping Invisible Victims of Mass Tragedies: Psychological After-Effects of Survivors  
60-Minute Roundtable Session  
Manya Chylinski, W. Keith Sutton  
Attendees will learn from a survivor about the after-effects from mass violence and how some survivors may appear unharmed but actually experience very real mental health injuries. Topics covered include the after-effects of traumatic events for victims, barriers to getting mental health treatment, and the role of counselors and mental health professionals in helping victims heal from trauma after a mass tragedy.

7:30 am – 8:30 am  
Program ID #550, Room 2001, Table 10  
Beyond PTSD and TBI: How Meaning and Purpose Impact the Military Veteran  
60-Minute Roundtable Session  
Duane K. L. France, Dannette Patterson  
The goal for this roundtable is to increase attendees’ knowledge on the vast concerns that veterans face during reintegration into civilian life. Additionally, the attendees will discuss the significance of redefining meaning and purpose for veterans experiencing difficulty with adjusting within their civilian communities. Attendees will also explore therapeutic interventions that will aid in supporting veterans in their quest to find new meaning and purpose.

3:00 pm – 4:00 pm  
Program ID #551, Room 2001, Table 1  
Faculty Engagement with Students Around Tragedy: Interventions and Models That Work  
60-Minute Roundtable Session  
Ryan Tobiasz, Verna Oliva  
When significant events occur that impact the lives of our students, our role as faculty members needs to shift and change to best address the emotional needs of our students. Following the tragedy in Orlando that affected the LGBTQ community, faculty members on the presenters’ campus needed to address the mix of emotions that students were experiencing. This roundtable is to discuss effective practices to cope with student reactions to tragedies and to develop a model that could be adapted and used by various counseling programs.
**3:00 pm – 4:00 pm**
Program ID #552, Room 2001, Table 2
The Counselor’s Role in Promoting Civil Discourse in the Wake of Recent Gun Violence
60-Minute Roundtable Session
*Derek Lane Robertson, David Hunt*
What responsibilities do counselors bear in promoting effective, civil discourse on highly charged social issues? Counselors are well placed to raise awareness in students, clients, and supervisees as to how manipulation through social media occurs. In this roundtable, the presenters will apply moral development theory to expand and deepen awareness of the interplay of social media and moral withdrawal as well as potential methods to promote perspective taking and effective civil discourse.

**3:00 pm – 4:00 pm**
Program ID #553, Room 2001, Table 3
Shame or Gratitude? Lessons about Privilege from the Marriage Equality Movement
60-Minute Roundtable Session, Advanced
*Stella Beatriz Kerl-McClain, Carol Doyle*
Privilege is a foundational construct in teaching about social justice issues. An understanding of privilege is assumed to change systems of power that perpetuate injustice, dominance, and oppression. However, shame related to awareness of individual privilege may impair an individual’s involvement in systemic change. The presenters suggest that a gratitude-based perspective is a more effective way to promote changes related to social justice and look to the marriage equality movement for guidance.

**3:00 pm – 4:00 pm**
Program ID #554, Room 2001, Table 4
The Effect of Multicultural Discussion on the Supervisory Working Alliance
60-Minute Roundtable Session
*Injung Lee, Dan Li*
In order to meet the unique educational needs of international counseling students, supervisors should be equipped with multicultural competencies. Multicultural discussion is positively related to supervisory working alliance, but the actual effects of it were not explored enough. This roundtable will be a combination of informative presentation and hands-on interaction. The presenters will explore the effects of multicultural discussion on supervisory working alliance with international counseling students.

**3:00 pm – 4:00 pm**
Program ID #555, Room 2001, Table 5
#RaceMatters: Managing Racial Tension When Teaching Multicultural Competence
60-Minute Roundtable Session
*Korinne H Babel, Tiffany P. Brooks*
Have you experienced racial tension when teaching multicultural competence? Have you had a professor who navigated through the racial tension and want to share your experience? Join the presenters in the dilemma of navigating these conversations with counselors-in-training, so they can continue to develop into multicultural competent counselors. The session will discuss using mindful inquiry to assist in these conversations, as well as brainstorming other possible ways to create a safe environment for our students.
**3:00 pm – 4:00 pm**
Program ID #556, Room 2001, Table 6
Love Wins: A Father-Son Journey Through the Coming-Out Process
60-Minute Roundtable Session
*Gregory R. Sandman*
This roundtable examines the lived experience of an Evangelical Christian pastor whose son came out of the closet as a gay man. The lead presenter discusses his movement from an adversarial position against LGBTQ individuals to an advocacy position for LGBTQ individuals. The intersection of Christianity and homosexuality is reviewed. The presenter’s evolving theological and personal views are discussed as are the stances of some sections of the Christian church.

**3:00 pm – 4:00 pm**
Program ID #557, Room 2001, Table 7
PTSD in Women: Using the ICF as a Framework
60-Minute Roundtable Session, Advanced
*Gloria Dansby-Giles, Frank L. Giles*
The International Classification of Functioning, Disability and Health (ICF), which is used in conjunction with the ICD 10, offered a new perspective from which to view a condition or disability. In an effort to explore the experiences of women with PTSD, risk factors for them will be explored using the ICF. Environmental factors and personal factors will be matched in order to tailor support services and resources in counseling settings.

**3:00 pm – 4:00 pm**
Program ID #558, Room 2001, Table 8
Perspectives from the Field: The Use of Translators in Counseling and Therapy
60-Minute Roundtable Session, Advanced
*Kerrie R. Fineran, Amy G. Nitza*
Come to this roundtable to talk about your experiences using translators in counseling sessions! The presenters currently work with immigrant and refugee populations and are seeking to develop best practices and training standards for the use of translators in counseling. The presenters will share experiences and data from a recent study of counselors and translators, and they will facilitate discussion about common challenges and potential best practices.

**3:00 pm – 4:00 pm**
Program ID #559, Room 2001, Table 9
RCT: Enhancing Collaboration Between Clinical Mental Health and School Counselors
60-Minute Roundtable Session
*Malti Sara Tuttle, Brandee Michelle Appling*
School counselors and clinical mental health counselors receive the same foundational training, however they function differently within their work settings. The primary focus of both professions often intersects when working with the same client. This roundtable addresses understanding each other’s role in the counseling field, limitations, collaboration, and recognizing the power of client change based on growth-fostering relationships between school counselors and clinical mental health counselors.
3:00 pm – 4:00 pm
Program ID #560, Room 2001, Table 10
Enhancing Counseling Through the Use of de Bono’s Six Thinking Hats
60-Minute Roundtable Session
Rebecca L. Pender Baum, Samir H. Patel
This roundtable will provide mental health counselors with the necessary information to assist clients in thinking and processing information in a new and productive way. de Bono’s Six Thinking Hats allows individuals to focus their thoughts in different ways allowing them to focus on multiple aspects of how they view and process information. Attendees will engage in discussion and role playing regarding how to incorporate this method into their clinical practice.

4:30 pm – 5:30 pm
Program ID #561, Room 2001, Table 1
60-Minute Roundtable Session
Benjamin G. Hearn
This roundtable is intended to explore the experiences of LGBT counselors regarding self-disclosure of their LGBT identity to clients. LGBT counselors may struggle with the decision of whether or not to disclose their identity to clients, and disclosure has been found to have a range of effects on clients and the counseling relationship. The focus of the roundtable will be on how we may collectively learn from each other’s experiences regarding disclosure in order to best serve our clients and care for ourselves.

4:30 pm – 5:30 pm
Program ID #562, Room 2001, Table 2
Infant/Early Childhood Mental Health Roundtable
60-Minute Roundtable Session
Evette Horton, Catherine Tucker
This roundtable is for any counselor interested in infant/early childhood mental health (IMH). The purposes of the roundtable are to (a) meet other counselors from around the world who share this common interest, (b) disseminate resources and information, and (c) discuss next steps for advocacy and research in IMH. Attendees will leave with contacts for future discussion on this issue and a handout of resources!

4:30 pm – 5:30 pm
Program ID #563, Room 2001, Table 3
Creativity in Counselor Education: Enhancing Your Classroom
60-Minute Roundtable Session
Pamela C. Wells, Kristen Dickens
Fostering creativity in emerging counselors is imperative! This roundtable explores the use of media as part of a weekly reflection journal in an introductory techniques and skills counseling course. The presenters will discuss their use of requiring students to incorporate original photography, video, and other artwork into their weekly reflection of their progression and development in the counseling skills course, as well as student feedback about the assignment.

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4:30 pm – 5:30 pm
Program ID #566, Room 2001, Table 6
Microaggressions and Abuse: The Impact of Counselor Interactions with Clients
60-Minute Roundtable Session, Advanced
Mandy M. Morrill
This roundtable will offer a review of the research on microaggressions as well as tie this research to counselors’ own actions when working with certain populations (specifically discussed are sibling abuse and men who are abused). The roundtable will provide an exploration of how we perpetuate harm through language, pathology, and perpetuating privilege, as well as how we can begin to move away from reinforcing the status quo of “acceptable abuse.”

4:30 pm – 5:30 pm
Program ID #568, Room 2001, Table 8
View from the Witness Stand: Experience and Preparation for Providing Court Testimony
60-Minute Roundtable Session
Katy M. Murphy
This roundtable is an introduction to the judicial system and the types of cases that are more likely to require participation of the mental health provider, understanding terminology and procedure. The roundtable will describe how to navigate the judicial system, from client intake to a subpoena and completed by providing direct and indirect testimony. There will be resources to build confidence and competence as a mental health professional in the area of legal advocacy.

4:30 pm – 5:30 pm
Program ID #569, Room 2001, Table 9
Program Evaluation as a Practical Application Tool for Teaching Research
60-Minute Roundtable Session
Mark C. Gillen
Training in research and the use of data is a cornerstone for training effective school counselors. This school counseling training program has refocused its research training to program evaluation practices. This roundtable will include a review of the three-credit research course that prepares students to conduct program evaluation and the one-credit independent research project (small group) that is completed in collaboration with current school counselors.

4:30 pm – 5:30 pm
Program ID #570, Room 2001, Table 10
Promoting CIT Containment and Engagement in Crisis Intervention Courses
60-Minute Roundtable Session, Advanced
Julia L. Whisenhunt
In this roundtable session, the presenters will identify educational practices that may contribute to negative emotional reactions, emotional rigidity, and/or retraumatization in crisis intervention courses; discuss common student responses to crisis course content that can interfere with learning; and highlight specific strategies for promoting student engagement and skill development in crisis intervention courses.

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Sunday, March 19

7:30 am – 8:30 am
Program ID #571, Room 2001, Table 1
Understanding Ethical Considerations for Working with LGBT Veterans
60-Minute Roundtable Session
Felicia Denise Pressley, Latonia A. Laffitte
This roundtable will review the 2014 ACA Code of Ethics and the practice trends in working with the LGBT community. Since the veteran population has grown in the U.S., and the repeal of Don’t Ask Don’t Tell, more service members and veterans are seeking services for family and work life adjustment. As clinicians we need to be equipped to work with veterans and military families to understand the benefits and mental health needs of the LGBT veterans.

7:30 am – 8:30 am
Program ID #572, Room 2001, Table 2
Sheriff Woody and Buzz Lightyear to the Rescue: Characters in the Counselor’s Toolbox
60-Minute Roundtable Session
Sandra K Terneus
The purpose of this roundtable is to foster interest in the use of props as therapeutic tools in counseling sessions, and to explore the use of characters from the entertainment industry. Suggested scenarios include, but are not limited to, terminating unhealthy relationships and/or behaviors, self-image issues, conflict, and emotions.

7:30 am – 8:30 am
Program ID #573, Room 2001, Table 3
Counseling Adolescents: The Unconscious Matters
60-Minute Roundtable Session
Donna M. San Antonio
Drawing from seemingly contradictory ethics set forth by Levinas, in a hermeneutics of faith, and Lacan, in a hermeneutics of suspicion, this roundtable will analyze two brief counseling case studies in which the adolescent unconscious is very much in the room. The case study, along with the experience of the attendees in the roundtable, will provide the basis for active dialogue on the skills and ethics involved in counseling adolescents in a way that leaves a space open for the unconscious—even in schools!

7:30 am – 8:30 am
Program ID #575, Room 2001, Table 5
Partnering with Families To Prevent Child Sexual Abuse: A Psychoeducational Program
60-Minute Roundtable Session
Jennifer M. Foster, Amie Murphy
Counselors will learn strategies they can use with parents and caregivers in their communities to reduce children’s risk of sexual abuse. Attendees will review the warning signs of sexual abuse, understand how sexual offenders operate, and discuss developmentally appropriate ways to talk with children about body safety. This roundtable will emphasize the important role counselors have in empowering parents and advocating for children. Attendees will leave with the tools to begin prevention work in their communities.

Post your Conference thoughts and photos on Twitter, Facebook, and Instagram using #ACASanFran2017.
**SUNDAY**

**7:30 am – 8:30 am**
Program ID #576, Room 2001, Table 6
Selecting Mindfulness Practices for Supervisees’ Individual Goals
60-Minute Roundtable Session
*David A. Johnson*
Attendees in this roundtable will discuss how to incorporate specific mindfulness practices into supervision in an individualized manner to help supervisees address individual learning and goals related to developing relational skills. Attendees will also learn about ethical and cultural issues that can arise when incorporating mindfulness practices into supervision.

**7:30 am – 8:30 am**
Program ID #577, Room 2001, Table 7
Calling Communities to Action: A Step-by-Step Model for Social Justice Advocacy
60-Minute Roundtable Session
*R. J. Davis*
Counselors and counseling students are called to engage in advocacy on a range of issues including social justice, and yet few models exist to guide their endeavors. In this roundtable, a step-by-step model of advocacy is presented that has been successfully used to engage a community on the issue of bullying with an emphasis on school settings. The model can be easily used to address a range of issues by clinicians, organizations, or students, and it draws upon the literature on advocacy, social justice, and community engagement.

**7:30 am – 8:30 am**
Program ID #578, Room 2001, Table 8
Advocacy and Leadership: A Comprehensive Developmental School Counseling Program
60-Minute Roundtable Session
*Katie Kozak, Harvey Charles Peters*
School counselors recognize that students’ needs have shifted in response to the expectations, stressors, and norms of today’s society; therefore, school counselors have adjusted their roles and school counseling programs accordingly. This roundtable provides an overview of what constitutes a comprehensive school counseling program as well as how school counselors and counselor educators can advocate and enact leadership by implementing or continuing to develop a comprehensive school counseling program.

**7:30 am – 8:30 am**
Program ID #580, Room 2001, Table 10
Infusing Multicultural and Social Justice Issues in Counseling Pedagogy
60-Minute Roundtable Session, Advanced
*Kadie-Ann Caballero Dennis*
Our society is more diverse than it has ever been. Are our counselors-in-training being prepared to be multiculturally competent? Counselor education programs hold the mantle to impart social justice, advocacy, and multicultural knowledge to our students. This roundtable will present innovative and creative ways to incorporate multicultural and social justice issues within counselor education classes. The presenters will discuss how counselor educators can be role models of multicultural competencies.

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SUNDAY
12:15 pm – 1:15 pm
Program ID #581, Room 2001, Table 1
Laws and Ethics: What Discrimination of Services Means for the Counseling Profession
60-Minute Roundtable Session
Julia Allison Hennig, Zachary Pietrantoni
Conflicts between counselor and client values have long been a topic of ethical discussion in the counseling profession. Despite the importance of this topic, little research exists on how discriminatory practices in counseling based on counselor values affect minority status clients, specifically those identifying with a minority sexual orientation. This roundtable will serve as a place for an empathetic and solution-focused discussion of how to navigate conflicts in counselor and client values.

12:15 pm – 1:15 pm
Program ID #582, Room 2001, Table 2
Black Counselors Matter: The Need for Black Male Counselors for Black Male Adolescents
60-Minute Roundtable Session
James Maiden
African male adolescents share the same mental health issues as the rest of their peers, with arguably even greater stressors due to racism, prejudice, and economic disparities. This roundtable will raise the conscious-awareness of the mental health conditions that adolescent males of color face in today’s society and will shed light on the underrepresentation of African-American male counselors who possess a keen awareness of the challenges associated with this population.

12:15 pm – 1:15 pm
Program ID #583, Room 2001, Table 3
Considerations for Examining Grit in the College Student Population
60-Minute Roundtable Session
Theresa Perlman, Kristin Van de Laar
Grit is a relatively new factor in considering student success and their ability to thrive in an academic setting. It references how some may rise to academic and personal challenges, while others may falter. This roundtable will facilitate a discussion on grit and how it is displayed in the college counseling center population. Addressing both strengths and limitations, the discussion will help other college counseling professionals consider the concept of grit with their clients and its implications.

12:15 pm – 1:15 pm
Program ID #584, Room 2001, Table 4
How Do Professional School Counselors Learn the Practice of Supervision?
60-Minute Roundtable Session
Grace W. Wambu, Teresa A. Fisher
Site supervisors play a critical role in the skill development of school counselor interns. However, lack of supervision training and experience has been cited as an impediment to effective supervision of counseling students. In this interactive roundtable, the presenter will share the findings of one empirical study conducted in the state of New Jersey. Attendees will learn effective strategies of preparing school counselors-in-training as well as practicing school counselors for the role of supervision.

ACA Roundtable Sessions
12:15 pm – 1:15 pm
Program ID #585, Room 2001, Table 5
**The Intersection of Income, Mental Health, and Cultural Competence**
60-Minute Roundtable Session
*Ronica Marable, Ajita M. Robinson*
This roundtable is focused on improving therapy retention of individuals who are negatively affected by socioeconomic diversity. A review and synthesis of relevant literature as well as best practices are offered. Counselors often find themselves unprepared to explore cultural facets of clients’ identity as it relates to their mental health and well-being, namely socioeconomic diversity and mental health challenges. This roundtable will provide an overview of cultural factors that are salient for many clients from socioeconomic backgrounds and the implications for treatment, retention, and well-being. The roundtable will include an overview of the relevant literature as well as strategies for the delivery of culturally competent care as it relates to clients with lower income.

12:15 pm – 1:15 pm
Program ID #586, Room 2001, Table 6
**Burnout Symptoms and Coping Strategies**
60-Minute Roundtable Session
*Sang Min Lee, Jihyun Chung*
Counselors could experience burnouts in different ways. Burnouts impede counselors in performing clinical tasks. This roundtable is designed to introduce effective coping strategies to prevent counselor burnouts that can influence counselors’ accountability and cross-cultural differences among several nations. Through experiential exercises and open discussion, attendees will learn how to integrate professional identity, self-awareness, and cross-culturalism.

12:15 pm – 1:15 pm
Program ID #587, Room 2001, Table 7
**Igniting Professional Development Through Modeling Leadership**
60-Minute Roundtable Session
*Shajuana Isom-Payne, Jen Gerlach*
Professional development is a significant component to competent, efficient, and committed counselors. Chi Sigma Iota leaders serve as mentors in this process to encourage and promote professional development for counselors-in-training students. This roundtable will present strategies used to introduce and foster professional development and will review the process of implementing, assessing, and evaluating a comprehensive professional development program.

12:15 pm – 1:15 pm
Program ID #588, Room 2001, Table 8
**Chasing Devils and Frolicking with Elves: Work with Child Welfare System**
60-Minute Roundtable Session
*Catherine B. Jenni*
Work with clients in the child welfare system is deeply meaningful but also powerfully frustrating! Substance abuse, poverty, and a parent’s developmental history are frequent major factors in failing to meet children’s basic needs or in abusive parental behaviors. Such clients and their families are also engaged in an ongoing judicial process rooted in specific legal requirements that may have a weak connection with client well-being. These factors require
counselor commitment, stability, patience, knowledge, and hope.

12:15 pm – 1:15 pm
Program ID #589, Room 2001, Table 9
The Ethical Obligation of Self-Care
60-Minute Roundtable Session
Ariel Heather Goodman
Unfortunately, lack of self-care has been excused and even lauded as lack of selfishness in a field so focused on helping others. Obstacles like organizational cultures within agencies, personal vulnerabilities, as well as lack of knowledge and education about self-care make practicing ongoing, sustainable, and effective self-care a challenge for clinicians. Together this roundtable will discuss the barriers to self-care and our ethical responsibility as clinicians to nourish ourselves in order to be truly present with our clients.

12:15 pm – 1:15 pm
Program ID #590, Room 2001, Table 10
Ethical Decision-Making Models: Widening Our Lens
60-Minute Roundtable Session
Adam Louis Hill
Ethical decision-making models (EDMs) are now required by the 2014 ACA Ethics Code. Effective use of EDMs save counselors time and stress, and it protects clients from retraumatization due to failure to identify key potential ethical concerns. This roundtable will focus on concepts that underlie EDMs, including Kitchner’s critical evaluative vs. intuitive decision-making model, Rest’s model of moral development in the professions, principle ethics, virtue ethics, narrative ethics, and feminist ethics.

Save The Date!

ACA will host a Congressional Briefing on opioid use on April 4th, 2017.

According to the Surgeon General, 44 percent of Americans now know someone who is addicted to opioids.

As the national spotlight on this alarming reality continues to grow, ACA intends to brief members of Congress and their staff about the unique role counselors can play in addressing substance use and preventing relapse.

More details coming soon.
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- Create your own personal list of exhibitors that you would like to see at the Expo.
Featured Poster Sessions at-a-Glance

A full description of the Featured Poster Sessions at-a-Glance can be found in the Poster Session Descriptions section starting on page 133 by the corresponding ID number.

### AADA Featured Sessions

**Friday, March 17**

ID #671, There's Still Hope for the Aging Brain: Helping Clients Tap Into Their Inner Child’s Neurobiological Wisdom

**Saturday, March 18**

ID #715, Adult Play and Creative Therapy Across the Lifespan: Inspiring Healing and Growth

### AARC Featured Sessions

**Friday, March 17**

ID #660, A Meta-Study of Publication Patterns for Counseling Outcome Research and Evaluation From 2010 to 2016

### ACAC Featured Sessions

**Saturday, March 18**

ID #785, Identifying and Addressing the Needs of Refugee Adolescents in Schools

**Sunday, March 19**

ID #818, Can We Play Too: Including Children in Family Therapy

### ACC Featured Sessions

**Friday, March 17**

ID #603, Creative Strategies with Families Involved in High-Conflict Divorce Cases and Custody Disputes

ID #676, Horses: Experiential Learning Lessons for Counselors and Their Clients

### ACCA Featured Sessions

**Friday, March 17**

ID #615, ACCA’s Annual Community College Survey: Focusing on the Future With Research and Emerging Trends

**Saturday, March 18**

ID #701, Acculturation Among International Students in Higher Education

### ACES Featured Sessions

**Friday, March 17**

ID #601, The Future of Integrating Neuroscience into the Counseling Profession: Graduate Student Involvement in the ACES Neuroscience Interest Network

**Sunday, March 19**

ID #801, Results from the ACES Teaching Taskforce: What We Know About Teaching and Learning in Counselor Education

### AHC Featured Sessions

**Friday, March 17**

ID #629, Mindfulness Practices for Children
Featured Poster Sessions at-a-Glance

Sunday, March 19
ID #807, The Gloves Come Off: Inspired Counselor Wellness

ALGBTIC Featured Sessions

Saturday, March 18
ID #757, Standards of Care for Assessment and Research with LGBTQ+ Persons: A Cross-Divisional Collaboration

Sunday, March 19
ID #815, Affirmative Supervision: Ethical Approach and Best Practices for LGBTQ+ Supervisees and Clients

AMCD Featured Sessions

Friday, March 17
ID #604, Racial Microaggressions and Coping Mechanisms Among African American Women
ID #685, Staying Engaged and Passionate in the Fight for Justice

ARCA Featured Sessions

Saturday, March 18
ID #704, Addressing Microaggressions Experienced by LGBTQ+ Persons with Disabilities in Health Care Settings

Sunday, March 19
ID #829, Vocational Rehabilitation Counseling Considerations for Medical Marijuana “Patients”

ASERVIC Featured Sessions

Friday, March 17
ID #675, Integration of ASERVIC Competencies into Teaching, Supervision and Professional Practice

Saturday, March 18
ID #771, Honoring Spirit: Assessing the Place of Spirituality and Religion in the Counseling Process

ASGW Featured Sessions

Friday, March 17
ID #618, Group Work in Cultural Context: Working with LGBTQ Members

Sunday, March 19
ID #849, Group Interventions in Disaster Mental Health

CSJ Featured Sessions

Sunday, March 19
ID #817, State and Local Legislative Advocacy: Social Justice in Action
ID #841, Applying the 2016 ACA Multicultural and Social Justice Competencies: Becoming a Social Justice Counselor

IAAOC Featured Sessions

Friday, March 17
ID #619, The Prevalence and Effects of Traumatic Experience as It Relates to the Clients in Incarcerated Settings
Sunday, March 19
ID #806, Recovery Advocacy: Changing the Addiction Conversation

IAMFC Featured Sessions

Friday, March 17
ID #657, IAMFC International Programs in Family Counseling

Sunday, March 19
ID #805, Further Exploration of the Therapeutic Relationship: New Findings from the Alliance Lab

MGCA Featured Sessions

Sunday, March 19
ID #832, Addressing the Union of Counselor Education and Military Families: Creating Best Practices

NCDA Featured Sessions

Friday, March 17
ID #643, Career Counseling with First Generation College Students of Color who are Interested in STEM

Sunday, March 19
ID #819, Career Counseling for Latino Males

NECA Featured Sessions

Friday, March 17
ID #606, The Advanced Career Skills Training in the U.S. Army and Civilian Life
ID #620, Employability: Training Solutions for Success

CCA Featured Sessions

Friday, March 17
ID #614, Clients and Community as Leaders and Experts: An Appreciative Inquiry Lens

Saturday, March 18
ID #784, Surviving and Thriving in Systems: Counselors Managing Multiple Roles and Challenges

CSI Featured Sessions

Friday, March 17
ID #602, Keep the Good Times Rolling: Promoting Wellness Throughout Work and Home
ID #616, Fostering Emotional Complexity in Counselors to Help Them More Effectively Counsel Individuals with Opposing Values
ID #617, Promoting Wellness and Resilience: The Clinical Implications of Trauma Work with Female Adolescents
ID #630, Chi Sigma Iota Student Members’ Wellness: Intersection between Cultural and Professional Identities
ID #644, How Counselor Identity Affects the Therapeutic Alliance
ID #645, Reframing Research in other Countries: The Role for Counselors in

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Adapting Evidence-based Practices to other Cultures
ID #658, Promoting Professional School Counselor Identity Through Educational Leadership and Advocacy
ID #659, Volunteerism as a Tool for Enhancing Counseling Skills with Diverse and Multicultural Clients
ID #672, Development of Counselor Identity around the Globe: Application of the Five Factors Wellness Model
ID #673, Speaking Through Others: Implications for Counseling Trainees and Supervisors using Interpreters in Therapy
ID #686, Using Collaborative Supervisional Assessments for Student Self-Advocacy: A Qualitative Look at Student Feedback

Saturday, March 18
ID #702, Cultural Encounters: A Platform for Professional Identity, Wellness Leadership, and Advocacy
ID #703, Enhancing Counselor Identity and Community Engagement Through Wellness Leadership
ID #716, Promoting Counselor Self-Compassion and Wellness through Authentic Leadership Development
ID #758, Exploring CSI Chapter Leaders’ Development Toward Leadership Excellence
ID #759, Global Perspective on Professional Counselor Identity: History, Current Identity, and Future Paradigm
ID #772, Scarce Commodities: Healthcare and Wellness Services for Persons with Disabilities in Rural Areas
ID #786, Leaders Listen: Understanding and Advocating for the Complex Needs of Master’s Students

ID #787, Enhancing Professional Identity through Wellness Leadership: Rho Sigma Upsilon’s Journey

Sunday, March 19
ID #802, Supervisors as Exemplary Models of Counselor Professional Identity and Leadership
ID #803, Mental Health Advocacy: Wellness Training for University Administrators, Faculty, and Staff
ID #816, Integrating Professional Identity into New Communities and Cultures
ID #830, Trauma-Informed Advocacy: Giving a Voice to Trauma Survivors
ID #831, Personal Counseling for Counselors-in-training: Wellness or Professionalism?
ID #844, Call for Multiculturalism and Advocacy in Counselors and Counselor Educators
Friday, March 17

11:00 am – 11:30 am

**ACES Featured Session**
Program ID #601, 2nd Floor, Poster Area 1

The Future of Integrating Neuroscience into the Counseling Profession: Graduate Student Involvement in the ACES Neuroscience Interest Network

30-Minute Poster Session
Maya K. Schmidt, Naomi Wheeler, Laura Jones

The ACES Neuroscience Interest Network supports counselor educators in integrating neuroscience into the counseling field and counselor training. As graduate students became a prominent force in this movement, the NIN established ways of fostering student involvement and facilitating student development. This poster discusses progress of the NIN to date, ongoing projects and opportunities, benefits students have derived from participation, future student led programs, and ways to get involved.

11:00 am – 11:30 am

**CSI Featured Session**
Program ID #602, 2nd Floor, Poster Area 2

Keep the Good Times Rolling: Promoting Wellness Throughout Work and Home

30-Minute Poster Session
Matthew Nice

To become a mindful and well being, one must achieve wellness across all conditions of life. Each setting of everyday life provides a unique experience and challenge to one’s potential wellness. The humanistic nature of the counseling profession can provide a challenge for clinicians to maintain wellness at work on top of the everyday challenges of one’s home. In this informative poster, attendees will gain knowledge on the use of mindfulness-based activities and strategies for clinicians to use for self-care in a variety of settings. Additionally, advocacy for counselor self-care will be addressed.

11:00 am – 11:30 am

**ACC Featured Session**
Program ID #603, 2nd Floor, Poster Area 3

Creative Strategies with Families Involved in High-Conflict Divorce Cases and Custody Disputes

30-Minute Poster Session
Ruth Ouzts Moore, Ann M. Ordway, Brandé Flamez

Families often become involved in counseling when they are involved in custody litigation. Children involved in high-conflict divorces are often resistant to disclose information in therapy, due their high levels of mistrust. This poster presentation will provide creative strategies/interventions that can be used to establish rapport and facilitate emotional expression with children and families involved in high-conflict divorce.

11:00 am – 11:30 am

**AMCD Featured Session**
Program ID #604, 2nd Floor, Poster Area 4

Racial Microaggressions and Coping Mechanisms Among African American Women

30-Minute Poster Session
Shanita Brown
Racial microaggressions, a form of subtle racism, are everyday encounters in the expression of words or actions that send degrading messages to people of color. African American women face a myriad of challenges due to the intersection of race, gender and class. This poster highlights the results of a study examining the effects of racial microaggressions in the work environment and coping mechanisms among African American women.

**11:00 am – 11:30 am**
Program ID #605, 2nd Floor, Poster Area 5
**Mindfulness-Based Stress Reduction in Addictions and Trauma Treatment**
30-Minute Poster Session
*Keri Johnson, Kelly Gregory, Kristina DePue*

This poster session addresses the intersectionality of trauma-informed care and mindfulness-based interventions (MBIs) when working with clients with addiction who have experienced trauma. Adapting from “Mindfulness-Based Relapse Prevention” (Witkiewitz, Marlatt, & Walker, 2005), specific practices that incorporate trauma-informed MBIs in addiction counseling will be emphasized, as well as counselor implications in addictions and trauma treatment.

**11:00 am – 11:30 am**
Program ID #606, 2nd Floor, Poster Area 6
**The Advanced Career Skills Training in the U.S. Army and Civilian Life**
30-Minute Poster Session
*Grey H. Edwards*

**11:00 am – 11:30 am**
Program ID #607, 2nd Floor, Poster Area 7
**Counseling Students’ Perspectives of Professional Counselor Advocacy**
30-Minute Poster Session
*Taryn V. Richardson, Jamar Booth*

While professional advocacy has been recognized as complementary to and intertwined with client advocacy (Myers et al., 2002), it continues to be an understudied area. To date, little is known about the perspectives of counseling graduate students as it relates to professional counselor advocacy. Therefore, the presenters will present findings from a national study that investigated professional counselor advocacy among counseling graduate students.

**11:00 am – 11:30 am**
Program ID #608, 2nd Floor, Poster Area 8
**A Study on the Effects of Parental Abuse and Parental Neglect Perceived by Adolescents on Their Adult Media Immersion**
30-Minute Poster Session
*Sung-Man Shin, Alan Jongha Jeong*

The number of adolescents who have adult media immersion issues is increasing gradually. This research is focused on how self-esteem and aim of life modulates in the relationship between parental abuse and parental neglect to adult media immersion. Panel data from the National Youth Policy Institute about adolescents in 2013 were used, and 190 answers analyzed using SPSS 21.0 and SPSS Amos 22.0. As a result, parental abuse indirectly affects adult media immersion with self-esteem as a full mediation variable, and parental
neglect indirectly affects adult media immersion with aim of life as a full mediation variable.

11:00 am – 11:30 am
Program ID #609, 2nd Floor, Poster Area 9
Supervisor Efficacy and Supervisee Satisfaction in Individual and Group Supervision
30-Minute Poster Session
Shaywanna Harris
Supervision research tends to focus on identifying variables impacting clinical supervision. The supervisory relationship is identified as a primary variable in effective supervision. Additionally, supervisor self-efficacy and supervisee satisfaction may have an effect on client outcomes. This study seeks to identify differences in supervisee satisfaction based on supervisor self-efficacy. This poster session will provide information on the purpose, methods, results, and implications of this study to attendees.

11:00 am – 11:30 am
Program ID #610, 2nd Floor, Poster Area 10
Inclusivity and the Muslim Community in the Counseling and Helping Fields
30-Minute Poster Session
Alexandra Meyers, Sarah Jabr
There is an increasing amount of attention and focus on the Muslim community within the United States. The current refugee crisis in Syria, immigration laws, and the war against terrorism are just a few of the current issues that counselors may have to address in their practice. This poster session is focused on helping counselors become culturally competent with this population. It also encourages counselors to challenge culturally encapsulated ways of thinking and examine underlying cultural assumptions of theories.

11:00 am – 11:30 am
Program ID #611, 2nd Floor, Poster Area 11
Transgender Students’ Experiences at Women’s Colleges: A Call for Advocacy
30-Minute Poster Session
Laura Boyd Farmer
College is a critical time of identity formation and exploration for students. Gender is one aspect of identity that may crystallize during these college years for transgender individuals. Women’s colleges are perceived as a safe haven for minority voices to be heard and empowered; yet what are the experiences of students who transition while attending women’s colleges? The presenters will share their qualitative findings and engage in dialogue about challenges and opportunities to support transgender students.

11:00 am – 11:30 am
Program ID #612, 2nd Floor, Poster Area 12
Predictors of Academic Stress Among College Students
30-Minute Poster Session
Mehmet A. Karaman, Joshua C. Watson
Each year, millions of students enroll in colleges and universities with the goal of obtaining degrees that hopefully will lead to the acquisition of desirable careers and satisfied lives. In the transition from high school to college, students experience many stressors. Research has showed
that academic stress may affect students’ academic performances and can deplete students’ physical and psychological resources, causing physical illness and psychological distress. This poster session will focus on the sources of academic stress.

11:00 am – 11:30 am
Program ID #613, 2nd Floor, Poster Area 13
Dealing with Domestic Violence in the Hmong-American Community
30-Minute Poster Session
Song E. Lee, See Xiong, Yoshiko Takahashi
Since the Hmong American’s arrival to the United States, multiple cases of homicide related to domestic violence have been reported. Hmong clan leaders have been in the forefront, often taking the place of counselors and mediators to guide families in violent relationships. This presentation will provide information on the Hmong clan system and leaders, the process that victims and perpetrators of domestic violence go through in the Hmong Clan System, and, recommendations for application in counseling and research.

11:00 am – 11:30 am
CCA Featured Session
Program ID #614, 2nd Floor, Poster Area 14
Clients and Community as Leaders and Experts: An Appreciative Inquiry Lens
30-Minute Poster Session
Rebecca L. Toporek, Cynthia Yee, Revae Hitt, Helen F. Crawford
This poster session engages participants in a dialogue regarding community driven practice to move toward more multiculturally responsive and socially just counseling. Examples of innovative organizations serve as illustrations of cutting edge approaches integrating client and community expertise as well as strength-based and empowerment frameworks. Implications for collaborating with clients particularly those with histories of discrimination and oppression.

12:00 pm – 12:30 pm
ACCA Featured Session
Program ID #615, 2nd Floor, Poster Area 1
ACCA’s Annual Community College Survey: Focusing on the Future With Research and Emerging Trends
30-Minute Poster Session
Amy M. Lenhart, Janelle C. Johnson
ACCA will feature the sixth survey highlighting research on community and two year colleges. This poster will focus on exploring the research, trends, and identify the potential challenges that community college counselors face. The unique set of concerns that counselors in this setting face such as such as fewer counselors, varied and multiple responsibilities beyond the role of counselor, and fewer resources, than their four year counterparts, will also be addressed.

12:00 pm – 12:30 pm
CSI Featured Session
Program ID #616, 2nd Floor, Poster Area 2
Fostering Emotional Complexity in Counselors to Help Them More Effectively Counsel Individuals with Opposing Values
30-Minute Poster Session
Alyssa Gavulic
Fostering emotional complexity in counselors may increase therapeutic
effectiveness with clients who have opposing values. This quality expands the counselor’s capacity to empathize with these clients while experiencing contradictory emotions regarding their values. It also increases their ability to consider multiple emotional perspectives thereby offering a more complex and objective assessment of these clients’ cases. This quality should be fostered as an added competency for counselors.

12:00 pm – 12:30 pm  
**CSI Featured Session**  
Program ID #617, 2nd Floor, Poster Area 3  
Promoting Wellness and Resilience: The Clinical Implications of Trauma Work with Female Adolescents  
30-Minute Poster Session  
Madeleine Moore, Ashley J. Blount  
Childhood trauma and the accompanying negative neurobiological effects can lead to a variety of detrimental physical and mental health outcomes. This program, based on data from the Adverse Childhood Experiences (ACE) Study and related childhood trauma studies, examines the psychological and behavioral vulnerabilities of at-risk teenage girls and highlights evidence-based treatment interventions and wellness promoting activities for working with the susceptible, yet resilient, adolescent population.

12:00 pm – 12:30 pm  
**IAAOC Featured Session**  
Program ID #619, 2nd Floor, Poster Area 5  
The Prevalence and Effects of Traumatic Experience as It Relates to the Clients in Incarcerated Settings  
30-Minute Poster Session  
Charmayne R. Adams, Marlon C. Johnson  
The presenters will describe recent research on the prevalence and effects of traumatic experience as it relates to clients in incarcerated settings. Clients are sometimes unaware of the role of trauma in their lives and thus counselors must learn to assess for trauma in the client’s history and how it may relate to the client’s presenting concern. Additionally, attendees will learn strategies to integrate culturally competent trauma-informed approaches into clinical practice.

12:00 pm – 12:30 pm  
**NECA Featured Session**  
Program ID #620, 2nd Floor, Poster Area 6  
Employability: Training Solutions for Success  
30-Minute Poster Session  
Kay Brawley, Michael C. Lazarchick
The Moving Forward GCDF curriculum is online GCDF solutions-focused curriculum offering entrepreneurial skill development emphasis as solutions focus for success. Go beyond older colors assessment, with new inner Heroes: Helper, Thinker, Planner and Doer. Shift attention to hero of your own life instead of outside models; system includes book, *Follow Your Inner Heroes™ To The Work You Love*, and *True Success*.

12:00 pm – 12:30 pm  
Program ID #621, 2nd Floor, Poster Area 7  
“I’m a Warrior, Not a Worrier”: A Yoga Counseling Group for Elementary School Students  
Taylor Lynne Stably, Kevin Curtin  
Yoga works! And this poster will demonstrate how a group of elementary students transformed themselves from worriers to warriors! The presenters will describe a 10-session yoga counseling group that was recently implemented to a group of fourth-grade students. Attendees will develop an increased understanding of the benefits of practicing yoga, how it can be implemented in a group format, and how the objectives of this particular group are connected to the ASCA Mindsets and Behaviors for Student Success.

12:00 pm – 12:30 pm  
Program ID #622, 2nd Floor, Poster Area 8  
The Development and Validation of the Understanding Mental Health Scale  
Mike Kalkbrenner  
A growing number of students are living with mental health disorders (MHDs). This poster session will review the psychometric development and validation of the Understanding Mental Health Scale (UMHS). The UMHS is a questionnaire that measures students’ awareness of MHDs. Regular psychometric testing is related to positive mental health outcomes among students. Attendees will also learn how to identify and select measurements that have strong reliability, validity, and cross-cultural fairness.

12:00 pm – 12:30 pm  
Program ID #623, 2nd Floor, Poster Area 9  
Rehabilitation Counseling with Transgender Clients with Chronic Illness and Disease  
Valerie Couture, Christopher Brace  
Transgender individuals with chronic illness and disease experience issues that counselors should be aware of to affirmatively counsel with this population. This poster session will review the unique psychosocial and vocational issues that clients experience at a higher rate, including substance abuse disorders, psychiatric disorders, victimization, workplace discrimination, internalized stigma, and social isolation. Implications for professional rehabilitation and clinical mental health counselors will be reviewed.

12:00 pm – 12:30 pm  
Program ID #624, 2nd Floor, Poster Area 10  
The Blame Game: The Influence of Gender and Race on Victim Blaming  
Elizabeth N. Fallon, Kendra D. Jones
While there are a variety of psychological, environmental, and cultural variables that surround the perception and occurrence of sexual assault, victim blaming is often cited as a common occurrence. The purpose of this poster session is to examine victim blaming and its relationship to gender and race on sexual assault victims, the prosecution of sexual assault perpetrators, and how these factors influence court case decisions and the perceptions of rape among college students.

12:00 pm – 12:30 pm
Program ID #625, 2nd Floor, Poster Area 11
Transference in the Treatment of LGBTQ Clients with Borderline Personality Disorder
30-Minute Poster Session
Angela M. Sette, Andrew James Campbell
The use of transference interpretations in the psychodynamic treatment of LGBTQ clients diagnosed with borderline personality disorder expands the treatment options for a highly stigmatized population. Current research supports the practice of interpreting the therapeutic relationship resulting in a more collaborative therapeutic process for individuals with relational difficulties. Clinical implications and considerations for future research will also be discussed.

12:00 pm – 12:30 pm
Program ID #626, 2nd Floor, Poster Area 12
Language Matters: The Effects of Labeling and Person-First Language on Tolerance
30-Minute Poster Session
Sean Ryan Gorby, Darcy Haag Granello
Person-first language has been advocated for more than 20 years to decrease stigma against marginalized groups. In a series of studies, the presenters measured the effects of person-first language on tolerance toward people with mental illness and individuals with schizophrenia specifically. Cross-study comparisons were conducted. Counselors can use this evidence to promote language that reduces stigma and improves our clients’ lives.

12:00 pm – 12:30 pm
Program ID #627, 2nd Floor, Poster Area 13
An Evidence-Based Procedure for Reducing Anxiety in Distressed Dental Patients
30-Minute Poster Session
Lori Chalmers, Conni Rush
Dental anxiety is a common form of anxiety that can prevent individuals from seeking dental treatment. The purpose of this study is to determine if wearing a weighted blanket will reduce dental anxiety in patients. There are few options beside medication that are available to patients who experience anxiety during dental treatment. The goal of the study is to provide clients and dental patients with a nonmedical strategy for managing their anxiety.

12:00 pm – 12:30 pm
Program ID #628, 2nd Floor, Poster Area 14
Exploring Archival Data: Discover a Practical Resource for Counseling Research
30-Minute Poster Session
Paula T. McWhirter, Delini M. Fernando
Data needed to answer some of the most relevant questions within counseling are challenging and time-consuming to collect. The
The use of archival data can provide counselors and counselor educators with opportunities to facilitate meaningful research in the context of limited time and financial resources. This poster session provides practical strategies and tools to locate and use available archival data to enhance your scholarly work.

**1:00 pm – 1:30 pm**

*AHC Featured Session*

Program ID #629, 2nd Floor, Poster Area 1

**Mindfulness Practices for Children**

30-Minute Poster Session

*Mark D. Stauffer, David Capuzzi*

This poster session explores how mindfulness practices have been tailored for the unique needs of children. Parents and counselors often want to know about effective awareness, centering, and wellness practices that honor children at various developmental stages. This session offers developmentally appropriate practices that counselors and/or parents can bring to the lives of children. We present mindfulness practices that are novel to encourage growth of all attendees.

**1:00 pm – 1:30 pm**

*CSI Featured Session*

Program ID #630, 2nd Floor, Poster Area 2

**Chi Sigma Iota Student Members’ Wellness: Intersection between Cultural and Professional Identities**

30-Minute Poster Session

*Maya Georgieva, Danijela Nardelli, Ana Reyes, Ioana Marcus*

Achieving wellness leadership in the counseling profession should begin with counselors-in-training. Without competent guidance, graduate students may find the task of developing a strong professional identity challenging. This poster presents the outcome of a team effort of the Mu Upsilon Gamma chapter officers to engage student members in a dialogue about the role of cultural identity in professional wellness.

**1:00 pm – 1:30 pm**

Program ID #631, 2nd Floor, Poster Area 3

**Characteristics of Resilient College Students and Counseling Suggestions**

30-Minute Poster Session

*So Rin Kim*

This poster session is aimed to identify and understand characteristics of the resilient college students. A survey was conducted twice. As a result, four groups were identified: the resilient, the semi-challenged, the competent-unchallenged, and the maladaptive students. Unlike the maladaptive group, the resilient group utilized sophisticated cognitive emotion regulation strategies, and restructured the situation with optimistic point of view. Practical implications and limitations of the study will be discussed.

**1:00 pm – 1:30 pm**

Program ID #632, 2nd Floor, Poster Area 4

**School-to-Work Transition: The Role of Vocational Identity in Career Counseling**

30-Minute Poster Session

*Eunjeong Rhee*

Vocational identity refers to the conscious awareness of oneself as a worker; in this context, this poster session will provide practitioners in the field of career counseling with a
preci\(e\)se understanding of the concept and role of vocational identity and information on the underlying mechanisms of identity status formation. Moreover, guidelines that may help counselors to promote clients’ identity status, especially of those who are in their school-to-work transition, will be provided.

1:00 pm – 1:30 pm
Program ID #633, 2nd Floor, Poster Area 5
Introduction of Cognitive Behavioral Therapy in Depression Treatment for Ethnic Women
John E. Roland
This study explores the integration of spirituality into counseling, which embraces multicultural counseling techniques and principles, with cognitive behavioral therapy as an effective counseling modality for minority women who are depressed. The findings of the study suggest that ethnic women want their spirituality included in counseling. There will be information for seasoned counselors as well as for those interested in learning how to incorporate spirituality into the counseling setting, when appropriate.

1:00 pm – 1:30 pm
Program ID #634, 2nd Floor, Poster Area 6
Assessing Personal Growth Through Video Reflections for Low-Income High School Students
Kara P. Ieva
Video reflections can be an excellent tool for assessing personal growth and counseling outcomes. Come hear the results of a qualitative study that analyzed video reflections to investigate the influence of a pre-college STEM program for low-income and first-generation college students. The video confessional included personal reflections of each component of the program (academic, personal/social, and career development) with five groups of 40 students over a five-year period (\(N = 187; \) Summer 2011–2015).

1:00 pm – 1:30 pm
Program ID #635, 2nd Floor, Poster Area 7
Assessment Tools for Substance and Process Addictions: Exploring the Frequency of Use
30-Minute Poster Session
Robin M. DuFresne, Tahani Dari, John Laux
Counselors use assessment tools to screen for substance use disorders (SUDs) and process addictions (PAs). Counselor educators need to be aware of which assessment tools are most frequently used to appropriately prepare students. The presenters will share the results of their recent survey about which SUD assessment tools are most frequently used by practicing counselors. Attendees will also learn about which assessment tools are being used to screen for PAs.

1:00 pm – 1:30 pm
Program ID #636, 2nd Floor, Poster Area 8
Counseling People with Disabilities: Trainee Bias and Professional Implications
30-Minute Poster Session
Kimberly C. Borenstein-Mauss
Counselors are increasingly likely to encounter people with disabilities (PWDs) in clinical work. Awareness
of how counselors view PWDs and the impact their attitudes have on work with clients are important for effective therapeutic work as well as for the development and delivery of multicultural competence training. Attendees will benefit from the examination of professional and ethical issues related to positive bias of PWDs in professional practice. Further, training strategies for addressing bias will be discussed.

1:00 pm – 1:30 pm
Program ID #637, 2nd Floor, Poster Area 9
**Predictors of International Counseling Students' Counseling Self-Efficacy**
30-Minute Poster Session
Abdulkadir Haktanir, Joshua C. Watson, Elif Emir-Öksüt
This poster session will include the findings of a study in which the researchers examined the predictor role of completed credit in the counseling program, counseling experience, perceived stress, social support, and acculturation in predicting the self-efficacy of international counseling students. Implications for counselor educators, counseling programs, and international counseling students along with the study’s findings will be provided.

1:00 pm – 1:30 pm
Program ID #638, 2nd Floor, Poster Area 10
**Preparing Groups To Talk Constructively About Cultural Issues**
30-Minute Poster Session
Derek X. Seward
Cultural diversity can be a challenging topic to discuss in groups. This poster session explores students’ personal and interpersonal barriers to multicultural training that can stifle constructive group dialogue. A group activity will be presented to help counselor educators and supervisors create an environment conducive to multicultural learning.

1:00 pm – 1:30 pm
Program ID #639, 2nd Floor, Poster Area 11
**Online Counseling: What You Need To Know**
30-Minute Poster Session
Leslie Contos
Are you interested in offering online counseling, but concerned about issues of confidentiality and ethical and legal ramifications? This poster session reviews the ACA, AMHCA, and NBCC ethical guidelines for online counseling and provides an overview of the variety of ways that states and insurance companies are responding to this new practice. In addition, it provides basic familiarity with training programs, HIPAA-compliant software, and some of the research on the process differences and outcomes of online therapy.

1:00 pm – 1:30 pm
Program ID #640, 2nd Floor, Poster Area 12
**Acculturation and East Asian Students’ Attitudes Toward Seeking Counseling Services**
30-Minute Poster Session
Yiying Xiong, Yegan Pillay
East Asian international students are the fastest growing segment of international students in the U.S.. They are reported to be challenged in their adjustment to America and tend to underuse counseling.
There is a paucity of studies that have examined the relationship between acculturation and their attitude toward seeking counseling. The presenters will provide an understanding of the relationship between the two variables and implications of how to provide culturally relevant counseling interventions.

1:00 pm – 1:30 pm
Program ID #642, 2nd Floor, Poster Area 14
Exploring Career Decision Making in the Sand: A Qualitative Investigation
Jacqueline M. Swank, Ana Puig
This poster session focuses on using sandtray to assist with the career decision-making process. Attendees will learn how to use sandtray to explore career decisions and examine the results from a qualitative research study exploring outcomes with college students.

2:00 pm – 2:30 pm
NCDA Featured Session
Program ID #643, 2nd Floor, Poster Area 1
Career Counseling with First Generation College Students of Color who are Interested in STEM
Jessica M. Li
There is a growing amount of literature that stresses the importance to increase diversity within the science, technology, engineering, and mathematics (STEM) workforce. However, there is limited research on what career counselors can do to when working with first generation students of color (FGSC) in college who are interested in STEM careers. Attendees will grasp a better understanding of various challenges FGSC may face and recommendations will be provided.

2:00 pm – 2:30 pm
CSI Featured Session
Program ID #644, 2nd Floor, Poster Area 2
How Counselor Identity Affects the Therapeutic Alliance
Clark Ausloos, Huynh Son, Madeline Clark
During the 20/20 Initiative: A Vision for the Future of Counseling, counselor identity was identified as an issue of interest. Kaplan, Tarvydas, and Gladding (2014) created a definition of counseling that has strengthened identity, and improved recognition and advocacy surrounding professional issues. Research has shown the therapeutic alliance is an important predictor in treatment outcome (Jensen & Kelley, 2016). This poster focuses on counselor identity and the impact on therapeutic alliance.

2:00 pm – 2:30 pm
CSI Featured Session
Program ID #645, 2nd Floor, Poster Area 3
Reframing Research in other Countries: The Role for Counselors in Adapting Evidence-based Practices to other Cultures
Sarah Szarzynski
The benchmarking model, used to generalize efficacy findings of evidence-based practices (EBPs) to other countries, depends on cross-cultural assumptions. A concern is
that cultural variations are sacrificed to design paradigms emphasizing randomized controlled trials, human universals, and isolating phenomena. Counselor researchers are encouraged to utilize qualitative research methods that emphasize differences among and within demographic groups when implementing EBPs in other countries.

2:00 pm – 2:30 pm
Program ID #646, 2nd Floor, Poster Area 4
Stigma and Utility of Counseling and Their Effects on Attitudes Toward Counseling
30-Minute Poster Session
Eun Hye Park
Insecure attachments have been associated with less help-seeking behavior. Also, a negative preconception on counseling and unawareness of the effects of counseling are related to help-seeking behavior. This poster session is designed to introduce how reducing stigma or enhancing utility will affect the attitudes toward professional help. Attendees will have a better understanding of the differences among the groups based on attachment styles and treatments, and they will learn to use appropriate strategies for the groups.

2:00 pm – 2:30 pm
Program ID #647, 2nd Floor, Poster Area 5
Burnout, Stress, and Direct Student Services Among School Counselors
30-Minute Poster Session
Patrick R. Mullen, Daniel Gutierrez
In this poster session, attendees will learn about the findings from a research study that examined school counselors’ (N = 926) levels

of burnout and stress in relationship to their facilitation of direct student services. The results indicated that participants’ higher level of burnout was related to lower facilitation of direct student services. Also, participants’ stress did not relate to the frequency of direct student services but was positively related to burnout. These results and their implications will be discussed.

2:00 pm – 2:30 pm
Program ID #648, 2nd Floor, Poster Area 6
The Importance of Family-Based Treatment in Working with Adolescent Substance Use
30-Minute Poster Session
Ashley E. Owens, Ariana N. Mader
Adolescent substance use is prevalent in the U.S., creating a greater demand for effective counseling techniques in working with adolescents. Family systems therapy is an effective method in helping adolescents achieve recovery and prevent relapse. This poster session serves to evaluate the effectiveness of multidimensional therapy and brief strategic family therapy in use with adolescents using substances and their families. Clinicians will walk away with practical knowledge and familiarity with basic techniques.

2:00 pm – 2:30 pm
Program ID #649, 2nd Floor, Poster Area 7
An Outcome Research Project in Play Therapy: Implications for Counselors
30-Minute Poster Session
Susan Stewart Bray, Catherine M. Bohn-Gettler
The presenters will present findings from an outcome research study in
play therapy. The study included an innovative collaboration between a counselor educator and a developmental psychologist. The researchers tracked the progress of important developmental skills that contribute to school readiness: self-regulation, theory of mind, and expressions of aggression. The researchers will present results from the eight-session play therapy study and provide implications and conclusions regarding the results.

2:00 pm – 2:30 pm
Program ID #650, 2nd Floor, Poster Area 8
**Minding the Gap: Supporting High School and College Dual Enrollment**
30-Minute Poster Session
**Doris DM Garcia**
This poster session will present a model derived from preliminary data and qualitative research regarding underserved high school students in a dual enrollment program at an urban metropolitan community college. These students’ unique backgrounds and academic challenges, coupled with the support received in this community college program, produced a model that demonstrated the significant impact that college and high school counselors can have in improving these students’ belief to persist to college and their academic abilities.

2:00 pm – 2:30 pm
Program ID #651, 2nd Floor, Poster Area 9
**Professional Competencies for Working with Veterans and Military Families**
30-Minute Poster Session
**Monica Leppma**
Training in cultural competence is integral to counselor education, yet no empirically supported competencies exist for working with military populations. This poster session introduces a Delphi study that used a panel of subject-matter experts to identify competencies specific to working with veterans and their families. The goal of this session is to increase competence for counselors working with veterans and their families. Implications for counseling and counselor education will be discussed.

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2:00 pm – 2:30 pm
Program ID #653, 2nd Floor, Poster Area 11
Transitioning Well: Using a Wellness Model with Transgender Clients Seeking Hormones
30-Minute Poster Session
Abby Roh
This poster will provide an overview of research into the use of the Wellness Model with transgender clients. The Wellness Model draws upon the inherent strengths in being transgender. The presenter will provide three case examples demonstrating the use of the five-factor Wellness Model with transgender and gender-nonconforming clients. The presenter will also describe how cisgender privilege can impact the administration and interpretation of intake interviews and assessments with transgender clients.

2:00 pm – 2:30 pm
Program ID #654, 2nd Floor, Poster Area 12
Happenstances as Career Opportunities: The Role of Career Counselors
30-Minute Poster Session
Boram Kim
This poster session is designed to introduce the theory of planned happenstance which can influence client’s career decision self-efficacy, career choice, and actual behaviors. Education on planned happenstance will facilitate a better understanding of the influence of chance events on career choice behaviors. Counselors also will learn how to integrate their ideas on happenstances in career path and strategies to prepare themselves to overcome career obstacles and attain their desired career goals.

2:00 pm – 2:30 pm
Program ID #655, 2nd Floor, Poster Area 13
Multicultural Competence: Living What We Teach
30-Minute Poster Session
Mary A. Hollingsworth
This poster session presents research conducted with graduate counselor education students and beginning college freshmen in assessment and intervention of training in multicultural competence to cognitive and behavioral application in practice and daily life interactions. The session includes resources for mutual application by participants in efforts to promote growth in exhibited multicultural competence by members of the counseling profession.

2:00 pm – 2:30 pm
Program ID #656, 2nd Floor, Poster Area 14
Integrating Gestalt Play Therapy and EMDR in the Treatment of Traumatized Children
30-Minute Poster Session
Patricia M. Hickham
Gestalt play therapy and Eye Movement Desensitization and Reprocessing (EMDR) are used to go beyond the boundaries of traditional talk therapy, to reach traumatic memories stored in the more primitive parts of the brain, which cannot be accessed verbally. This poster session proposes a synthesis of Gestalt play therapy and EMDR, based on the theoretical tenets of Gestalt Theory, play therapy, and the Adaptive Information
Processing Model, in the treatment of traumatized children.

3:00 pm – 3:30 pm
IAMFC Featured Session
Program ID #657, 2nd Floor, Poster Area 1
IAMFC International Programs in Family Counseling
30-Minute Poster Session
Brian S. Canfield
This poster session will provide details about international workshops, institutes, delegations, and study-abroad programs what have been developed by IAMFC over the past twenty years. Participants will be invited to share ideas and discuss their interest in international engagement.

3:00 pm – 3:30 pm
CSI Featured Session
Program ID #658, 2nd Floor, Poster Area 2
Promoting Professional School Counselor Identity Through Educational Leadership and Advocacy
30-Minute Poster Session
Christina Jurekovic, Rebecca Meidinger
The new vision for school counselors described by the National Center for Transforming School Counseling and the Education Trust (2009a) calls 21st century school counselors to be leaders and advocates for all children. Counselor educators and supervisors can help master’s level students develop a strong professional school counselor identity through formal training in leadership and advocacy. Techniques for assessing and developing school counselors as leaders during practicum and internship will be explored. Rating scales and inventories for assessing assertiveness, leadership skills, and preparedness to serve as a leader will be provided. Attendees will gain practical applications of school counseling leadership theory in K–12 schools.

3:00 pm – 3:30 pm
AARC Featured Session
Program ID #660, 2nd Floor, Poster Area 4
A Meta-Study of Publication Patterns for Counseling Outcome Research and Evaluation From 2010 to 2016
30-Minute Poster Session
Rochelle Cade, Sandy Gibson, Kristina M. Nelson, Atiya R. Smith, Laura Smith, Karrie Swan, A. Stephen Lenz

Presenters will discuss the results of a meta-study of articles published in *Counseling Outcome Research and Evaluation* from 2010 to 2016. Variables associated with authors (biological sex, setting, domicile) and study characteristics (sample and research methodology) were coded and analyzed across the 6 year publication period. Findings and related implications for the counseling profession will be presented.

3:00 pm – 3:30 pm
Program ID #661, 2nd Floor, Poster Area 5

**Attitudes Toward Career Counseling on the Career Development Types**

30-Minute Poster Session

*Sujung Lee*

Because most career counseling settings are practiced in the short term, quickly catching clients’ problems is crucial. Each type of career development from this program can better help with understanding clients as well as shed some light on adequate interventions in each type. In addition, the results of group differences in the attitudes toward career counseling services can help assume future participants of career counseling. This finding will build strategies so that students can pursue career counseling centers more.

3:00 pm – 3:30 pm
Program ID #662, 2nd Floor, Poster Area 6

**Improving Survivor Counseling Services: Lessons Learned from a Campus Climate Survey**

30-Minute Poster Session

*Natalia Dias, Morgan B. Wilkinson,*

Abigail Conley

Sexual assault is the most common form of violence on U.S. college campuses today. To be in compliance with federal mandates, colleges and universities must undertake campus climate surveys to understand the scope and nature of the problem as well as evaluate their prevention and response services. It is imperative that college counselors be involved in such efforts and the barriers student survivors face in using counseling services. This poster session will explore results and implications from a recent study.

3:00 pm – 3:30 pm
Program ID #663, 2nd Floor, Poster Area 7

**Defining Professional Counselor Identity Using Racial Identity Development Models**

30-Minute Poster Session

*Sudha Nagarajan*

Developing a clear understanding of counselor professional identity is paramount to counseling practice and counselor education. This poster session will explore the professional identity of counseling as a minority profession conceptualized on the racial identity development models for minorities. Establishing the scope and vision of counseling based on professional standards and the code of ethics will be discussed.

3:00 pm – 3:30 pm
Program ID #664, 2nd Floor, Poster Area 8

**Mindfulness as Intervention for Excessive Pornography Use**

30-Minute Poster Session

*Natalia Dias, Morgan B. Wilkinson,*
Audrey Rebecca Lanier
Pornography use has soared as technology has advanced. As sex has become more mainstream, the age of first exposure to pornographic material has gotten younger, with the average age of exposure today being between 10 and 14 years old. Excessive pornography use can lead to shame, isolation, poor relationships, and even addiction. Mindfulness as an intervention shows much promise in the treatment of excessive pornography use. The presenters will discuss current research and how to integrate mindfulness as an intervention.

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<tr>
<td>Program ID #665, 2nd Floor, Poster Area 9</td>
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<tr>
<td>School Mental Health Response and Resilience During the 2015 South Carolina Flood 30-Minute Poster Session</td>
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<tr>
<td>Jonathan Ohrt, Ryan Carlson, Tiffany M. Bordonado, Brooke C. Wymer, Jessie D. Guest</td>
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Individuals who experience natural disasters are at risk for mental health concerns. Schools provide a place for children and their families to receive mental health services. In this study, the presenters used consensual qualitative research to explore the effects of the 2015 floods on school systems and how school mental health professionals intervened with children, families, school personnel, and the community. The presenters will discuss the findings and implications for future development and implementation of disaster response plans.

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<tr>
<td>Program ID #666, 2nd Floor, Poster Area 10</td>
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<tr>
<td>It Happened ... Now What?: Effective and Ineffective Responses to Client Suicide 30-Minute Poster Session</td>
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<td>Nathaniel J. Wagner, Colleen M. Grunhaus, Victor E. Tuazon</td>
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This poster session will discuss the findings of a research study examining the impact of an unexpected death of a client on counselors. Client suicide, homicide, or sudden death and its impact on counselors were explored, along with supervisory, collegial, and agency support implications.

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<td>Coordination of Care Apps for Caregivers of Individuals with Psychiatric Disorders 30-Minute Poster Session</td>
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<td>Jordan Richards</td>
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This poster session will describe mobile apps that are currently available to assist caregivers of individuals with psychiatric disorders in coordinating different aspects of care. These apps can be used to reduce caregiver burden. Apps are an affordable, accessible, and portable resource for counselors to recommend to clients and their families. Caregiver burden can affect the health of both the giver and the receiver of care, so it is important for counselors to promote resources that can help to reduce caregiver burden.

Post your Conference thoughts and photos on Twitter, Facebook, and Instagram using #ACASanFran2017.
3:00 pm – 3:30 pm
Program ID #668, 2nd Floor, Poster Area 12
Increasing Multicultural Counseling Competence Through International Experiences
30-Minute Poster Session
Steven D. Wright, Baxlee Bynum
It is imperative that professionals within the field of counseling increase their competency in providing effective services to an underserved international population. This poster session will observe current methods in which counselors are implementing multicultural counseling competencies, the needs of neglected populations within the counseling profession, and ways in which international experiences can have a positive impact on developing multicultural counseling competencies for professional counselors.

3:00 pm – 3:30 pm
Program ID #669, 2nd Floor, Poster Area 13
Informed Consent and Children: Using Story Books To Understand Counseling
30-Minute Poster Session
Jayna Mumbauer, Saundra M. Tabet, Nayoung Kim, Mary K. Perleoni
Counselors will be encouraged to find creative and more playful ways of preparing a child for counseling through the use of story books. Counseling topics such as informed consent with children, bibliotherapy, and advocacy through professional practice will be presented. Attendees will be able to read story books featuring resilient characters who seek the help of mental health professionals during difficult times.

3:00 pm – 3:30 pm
Program ID #670, 2nd Floor, Poster Area 14
Mentoring at the Graduate Level: A Student-Led Model
30-Minute Poster Session
Jason J. Dillard, Douglas Tillman, Peggy Deaver, Ryan Kawata, Chuanyao Zheng, Shaun Mewes
Mentorship at the graduate level comes with its own set of challenges, which include organizing and maintaining the program, to working around the schedules of students and faculty. Additional challenges include finding consistent leadership for the program and mentee utilization. A student led mentorship program helps with retention of new students and provides the time to ensure it is effectiveness, while allowing faculty to focus on the education of their students.

4:00 pm – 4:30 pm
AADA Featured Session
Program ID #671, 2nd Floor, Poster Area 1
There’s Still Hope for the Aging Brain: Helping Clients Tap Into Their Inner Child’s Neurobiological Wisdom
30-Minute Poster Session
Richard Mohammad
Research has shown that focusing on the client through neurocounseling can positively affect the overall outcome of the therapeutic process. The objective of this session is to inform mental health counselors on recent literature findings among the aging population related to brain development and recovery after adverse childhood experiences. Increasing the clinician’s understanding of those mechanisms that occur within the developing
brain, further increases hope for change in the aging client.

4:00 pm – 4:30 pm
CSI Featured Session
Program ID #672, 2nd Floor, Poster Area 2
Development of Counselor Identity around the Globe: Application of the Five Factors Wellness Model
30-Minute Poster Session
Kerry Testaverde Morath, Phillicia DaCosta
This poster will describe a global wellness initiative grounded in the Five Factor Wellness Model that the Alpha Beta Chi chapter has developed and implemented for a master’s level counseling program. The presenters will describe the connection between wellness and counselor identity and provide wellness strategies designed to improve personal, professional and community wellness. The poster will highlight global and multicultural perspectives which are also reflected in Alpha Beta Chi membership.

4:00 pm – 4:30 pm
CSI Featured Session
Program ID #673, 2nd Floor, Poster Area 3
Speaking through others: Implications for counseling trainees and supervisors using interpreters in therapy
30-Minute Poster Session
Claudia Interiano, Liz Hatzispiros
In 2014, approximately 60.4 million U.S. residents 5 year old and over, or 21% of the U.S. population, spoke a language other than English at home (U.S. Census Bureau, 2015), increasing the need for counselors to rely on interpreters in counseling. This poster session discusses the issues surrounding the training and supervision of practicum students using an interpreter to work with linguistically diverse clients. The trainee and supervisor discuss their experience in supervision in regards to the use of interpreters in a clinical setting serving low-socioeconomic, Hispanic, immigrants. It will also discuss benefits and limitations of using interpreters in counseling, and recommendations for counselors, supervisors, and future research.

4:00 pm – 4:30 pm
ASERVIC Featured Session
Program ID #675, 2nd Floor, Poster Area 5
Integration of ASERVIC Competencies into Teaching, Supervision and Professional Practice
30-Minute Poster Session
Sonja Sutherland, Lisa Beijan, Katelyn Tissey Mayo, Janelle M. Bettis
The ASERVIC competencies are a resource for clarifying both cultural competence and practical application of diversity considerations in professional practice, and counselor instruction and supervision. This interactive poster session will energize discourse on using them to create respectful bridges of understanding between differing religious, spiritual and cultural views. Educators and practitioners will be able to contribute to and benefit from dialogue on navigating these issues in counseling.

4:00 pm – 4:30 pm
ACC Featured Session
Program ID #676, 2nd Floor, Poster Area 6

Horses: Experiential Learning Lessons for Counselors and Their Clients
30-Minute Poster Session
Ioana Boie, Ana G. Reyes
This poster session will discuss the benefits of the horse-human relationship in training counseling students. This poster session is based on a qualitative analysis of the students’ reflections after participating in equine assisted therapy courses. The themes revealed focused on both personal and professional growth as a result of participating in a systematic group experiential training with horses, including connection, self and other awareness, communication patterns, and authenticity.

4:00 pm – 4:30 pm
Program ID #677, 2nd Floor, Poster Area 7

Career Counseling Strategies for College Students with Autism Spectrum Disorder
30-Minute Poster Session
Terri D. Howe, Shanice N. Armstrong

With the number of Autism Spectrum Disorder students on college campuses on the rise, this poster session will offer strategies for helping this population with the difficult task of career decision making. These strategies apply to the process of choosing a major, career, or other life choices.

4:00 pm – 4:30 pm
Program ID #678, 2nd Floor, Poster Area 8

Culturally Based Strategies To Create a Sense of Belonging for Transfer Students
30-Minute Poster Session
Mary C. Martinson, Judy Daniels
This poster session provides attendees with data and research-supported strategies for how counselors can work effectively in diverse school settings to support the belonging needs of students experiencing transition. Culturally based interventions for school counselors will be provided to work with transfer students, particularly those entering mid-year. Counselors working in diverse school settings and with students who experience transitions into new school environments will benefit from this session.

4:00 pm – 4:30 pm
Program ID #679, 2nd Floor, Poster Area 9

The Abstinence Exercise: Impact on Empathy for Clients with Addictive Disorders
30-Minute Poster Session
Kerrie R. Fineran
“Why can’t they just quit!?” Many individuals, including counselors-in-training, have difficulty experiencing empathy for clients struggling with addiction. The purpose of this poster
session is to discuss the use of an abstinence exercise in counselor education addictions courses and the present data regarding the impact of such an exercise on student counselor empathy for people with addictive disorders.

4:00 pm – 4:30 pm
Program ID #680, 2nd Floor, Poster Area 10
A Meta-Analytic Comparison of Individual vs. Group CBT for Anxiety
30-Minute Poster Session

Karla Weir
Cognitive-behavioral therapy is the treatment of choice for anxiety disorders. However, the literature does not indicate whether individual CBT or group CBT provides more efficacious treatment for clients with anxiety disorders. This meta-analysis reviews the literature that compares these treatment modalities and concludes that there are no significant differences. Implications for mental health practitioners will be discussed.

4:00 pm – 4:30 pm
Program ID #681, 2nd Floor, Poster Area 11
Strike While the Iron Is Cold: The Recovery-Oriented Benefits of Advance Directives
30-Minute Poster Session

Anne L. Metz
Advanced directives (ADs) are legal documents that let consumers direct their future health-care treatment. Many consumers report that having an AD with mental health instructions increases their sense of autonomy, empowerment, and well-being. The use of ADs has also been linked to improved clinical outcomes, such as a better working alliance and reduced rates of future involuntary treatment. This poster session will provide guidance on the basics of using ADs in recovery-oriented treatment planning.

4:00 pm – 4:30 pm
Program ID #682, 2nd Floor, Poster Area 12
Adolescent Attachment, Emotion Regulation, and the Moderating Effect of Race and Gender
30-Minute Poster Session

Andrew J. Campbell, Angela M. Sette
In this study the presenters examined the relationship between adolescent attachment anxiety and avoidance and emotional regulation, with a consideration for the possible moderating effects of race and gender. Results showed a statistically significant relationship between high levels of anxious attachment and greater difficulties in emotion regulation as well as a number of interaction effects for both moderators. Implications on both a clinical and programmatic level will be discussed.

4:00 pm – 4:30 pm
Program ID #683, 2nd Floor, Poster Area 13
A Study of the Relationship Between College Students’ PTSD and Levels of Stress
30-Minute Poster Session

It is critical to study whether or not the traumatic experiences existing among college students will impact students’ perceived stress. There were 150 college students surveyed for stress and PTSD. The statistical
processes of Regression and Analysis of Variances (ANOVA) was applied to study the data. The results reveal that major stressors accounted for more than 80 percent of perceived stress and emotional trauma is highly detectable among college students.

4:00 pm – 4:30 pm
Program ID #684, 2nd Floor, Poster Area 14
Counseling for Public Speaking Anxiety: A Multicultural Framework
30-Minute Poster Session
Cebrail Karayigit, Jason Kushner, Gary Mihalyi Szirony
Based upon primary research conducted by the presenters, this timely poster session will provide counselors with the opportunity to learn about strategies for working with students, counselors, and other professionals with public speaking anxiety, with a particular focus on multicultural competencies. Specific skills and strategies will be presented from a social justice and multiculturally appropriate framework for counseling students and clients in the U.S. about public speaking.

5:00 pm – 5:30 pm
AMCD Featured Session
Program ID #685, 2nd Floor, Poster Area 1
Staying Engaged and Passionate in the Fight for Justice
30-Minute Poster Session
Mary Huffstead, Melanie Varney, Michelle Mitchel, Desa Karye Daniel
Do you feel exhausted when hearing of critical incidents such as the shooting of Philando Castile, the lack of discussion of race around the Latinx Pulse victims, or the backlash actor Jessie Williams received for his speech? This poster highlights fatigue experienced by students engaging in social justice work during times of critical social injustices in our country. Moreover, strategies for staying engaged despite mental exhaustion and ways to support one another will be shared.

5:00 pm – 5:30 pm
CSI Featured Session
Program ID #686, 2nd Floor, Poster Area 2
Using Collaborative Supervisional Assessments for Student Self-Advocacy: A Qualitative Look at Student Feedback
30-Minute Poster Session
Ryan Bowers
A qualitative research project was conducted to see how student self-advocacy, by way of using Collaborative Clinical Supervision Assessments, could enhance and change the academic supervision sessions for masters-level counseling interns. The use of formative feedback was found to be useful for the research participants to help address current supervision needs, rather than using summative feedback measures traditionally used at the end of the semester.

5:00 pm – 5:30 pm
Program ID #687, 2nd Floor, Poster Area 3
Do Certain Drugs Determine the Type of Crime Someone Will Commit?
30-Minute Poster Session
Megan K. McGugan
The research will show the relationship between specific drugs and types of crimes committed. A
closer look will determine if age is a factor and is it strongly correlated to the crime more so than the type of drug used. Attendees will gain a better understanding of what types of crimes are more prevalent among users of certain drugs, as well as knowledge on different age groups and crimes committed. This information will be beneficial to counselors aiming to prevent offenses whose clients have a history of violence or incarceration.

5:00 pm – 5:30 pm
Program ID #688, 2nd Floor, Poster Area 4
Exploratory Analyses of Cognitive Schemas for Child Sexual Abuse Survivors
30-Minute Poster Session
Naomi J. Wheeler, Andrew P. Daire
The study examined the influence of cognitive schemas on treatment outcomes for 58 children who received counseling. Significant improvements were found in pre to post scores on the Trauma Symptom Checklist for Children (TSCC) subscales for depression and anxiety. Significant difference existed in the pre to post change on the TSCC depression subscale and between clinically significant and nonsignificant pre-Trauma and Attachment Belief Scale total score. Clinical and research implications will be discussed.

5:00 pm – 5:30 pm
Program ID #689, 2nd Floor, Poster Area 5
Professional Identity Development Among Counseling Professionals
30-Minute Poster Session
Hongryun Woo, Cassandra A. Storlie

Regardless of work settings and positions, having a clear understanding of professional roles and expertise, the knowledge of the profession and its philosophy, and an understanding of the importance of professional engagement, which are all pivotal for the development of a professional identity, is expected of all counseling professionals. Findings of a quantitative research study that explored professional identity development of three different groups of counseling professionals will be shared.

5:00 pm – 5:30 pm
Program ID #690, 2nd Floor, Poster Area 6
Vicarious Experiences of Growth and Resilience in Substance Abuse Counselors
30-Minute Poster Session
Denise Haggerty
This poster session will address special issues associated with substance abuse counselors. Special focus will be on vicarious experiences, promoting well-being, and educational as well as training needs of the population. The session will address important aspects of practice, policy, multicultural concerns, and advocacy for counselors working with the substance abuse population.

5:00 pm – 5:30 pm
Program ID #692, 2nd Floor, Poster Area 8
Counseling Approaches and Interventions for LGBT Youth
30-Minute Poster Session
Marcela Kepic, Jessica Herrera, Geraldine Lopez
LGBT youth are one of the minorities
in the U.S. many times ridiculed and ostracized. They are twice as likely as their peers to be assaulted at school. Depression is one of the risk factors that LGBT youth face due to the lack of support and acceptance in their communities. This poster session addresses LGBT youth identity development, highlights risk factors and challenges associated with LGBT minority, and discusses effective individual and group interventions that can be used to empower LGBT youth minority.

**5:00 pm – 5:30 pm**
Program ID #693, 2nd Floor, Poster Area 9

**Prompting Self-Awareness Through Reflective Group Activities**
30-Minute Poster Session
*Caroline M. Brackette*

Self-awareness is the beginning of a journey and can be the catalyst for a higher level of learning and engagement throughout a person’s lifetime. The presenter will highlight pedagogical models that focus on creating new knowledge through personal experience, self-awareness, and reflection that can be used to foster greater self-awareness. The presenter will also discuss the facilitation and processing of a series of creative exercises that participants will be able to incorporate into their own group sessions.

**5:00 pm – 5:30 pm**
Program ID #694, 2nd Floor, Poster Area 10

**Understanding Mental Health and Aging Issues of Immigrant Older Adults in the U.S.**
30-Minute Poster Session
*Mijin Chung*

This poster session provides a critical review of published data and studies on mental health and aging issues of older immigrant adults residing in the U.S.. This poster aims (a) to understand mental health needs of older immigrant adults, and (b) to increase counselors’ awareness of challenges older immigrant adults face while seeking mental health services. Counseling approaches and intervention ideas for improving older immigrant adults’ mental health and quality of life will be explored.

**5:00 pm – 5:30 pm**
Program ID #695, 2nd Floor, Poster Area 11

**Predictors of Achievement Motivation: A Comparison of U.S. and International Students**
30-Minute Poster Session
*Mehmet A. Karaman, Joshua C. Watson, Robert Smith*

According to the Institute of International Education, approximately one million international students enrolled in universities and colleges during 2014–2015. This poster session will provide the results of an explanatory non-experimental study on achievement motivation and its predictors. Attendees will gain information about how academic stress, life satisfaction, and locus of control might affect domestic and international students’ achievement motivation.

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Wellness, Burnout, and Law Enforcement Personnel: Implications for Counseling
30-Minute Poster Session
Ashley J. Blount, Daniel B. Kissinger
Wellness in the law enforcement personnel (LEP) population is important, because these individuals face stressors that may be unique from other helping professionals and from the general population. As such, it is imperative that counselors know how to work with the LEP population and how to assess wellness and burnout, as well as how to promote holistic wellness in themselves and others. Information about wellness, law enforcement personnel, and implications for providing effective counseling services will be provided.

Domestic Violence Beliefs and Perceptions Among Hmong-American College Students
30-Minute Poster Session
Song E. Lee, Yoshiko Takahashi, See Xiong
This poster session includes findings from a survey conducted on 200 Hmong-American college students at a 4-year college. Findings include Hmong-American college students’ perceptions on causes of domestic violence, definition of domestic violence, appropriate responses, and their knowledge of available resources in the Hmong community and the mainstream community. Application of the study and how the participants’ perceptions may impact their understanding and help-seeking behaviors will also be discussed.

Saturday, March 18

11:00 am – 11:30 am
ACCA Featured Session
Program ID #701, 2nd Floor, Poster Area 1
Acculturation Among International Students in Higher Education
30-Minute Poster Session
Malvika Behl, John M. Laux
The international student population in the U.S. increased from 34,232 in 1954-55 to 886,052 in 2013-14. International students who move to the U.S. face language, academic, social, and financial issues. This poster session will discuss what international students face as well as the acculturation models that have been developed to understand the transition for these students. The session will also provide suggestions for working with these students as a counselor and an educator.

11:00 am – 11:30 am
CSI Featured Session
Program ID #702, 2nd Floor, Poster Area 2
Cultural Encounters: A Platform for Professional Identity, Wellness Leadership, and Advocacy
30-Minute Poster Session
Laura Rendon Finnell, Christopher Belser, Nevin Heard
The purpose of this poster session is to provide an overview of how one counselor education program created a platform with the purpose of engaging students and faculty in authentic conversations about culture, promoting genuine personal and professional identity, and involving students in community engagement and advocacy, with
an emphasis on translating these conversations into actual community engagement and advocacy. As the project focuses on self-awareness, other-awareness, and empowerment, it fits well with the theme of professional identity, leadership, and advocacy, as well as wellness leadership.

11:00 am – 11:30 am
CSI Featured Session
Program ID #703, 2nd Floor, Poster Area 3
Enhancing Counselor Identity and Community Engagement Through Wellness Leadership
30-Minute Poster Session
Mary Huffstead, Joshua Castleberry
Research indicates that cultivating a strong professional identity among counselor trainees has the potential to reduce negative consequences when counselors enter the community workforce (Pistole & Roberts, 2002). Exposure to concepts of wellness and effective implementation of strategies to educate and evaluate student progress remains vague and mostly neglected (Roach & Young, 2007). This poster will explore how taking care of ourselves helps us take care of others.

11:00 am – 11:30 am
ARCA Featured Session
Program ID #704, 2nd Floor, Poster Area 4
Addressing Microaggressions Experienced by LGBTQ+ Persons with Disabilities in Health Care Settings
30-Minute Poster Session
Kaitlin Kimmel, Alex Locust, Sandra Fitzgerald
A literature review regarding the impact of microaggressions experienced in medical settings by LGBTQ people with disabilities. This poster will explore roles for rehabilitation counselors as supports for LGBTQ individuals with disabilities receiving medical care and as providers of psychoeducation to medical professionals about the relationship between microaggressions and patient satisfaction.

11:00 am – 11:30 am
Program ID #706, 2nd Floor, Poster Area 6
Implementing Play into Supervised Visits: A Collaborative Study
30-Minute Poster Session
Amanda Marie Evans, Malti Sara Tuttle, Brandee Michelle Appling, Steven D. Wright
An increased number of children have been placed into the foster care system within the past 10 years, and 80 percent of these cases are a result of extreme neglect. Children in foster care are in need of therapeutic services to address possible trauma, grief, and adjustment issues. This poster session will present data collected through the development of an integrative playroom for foster-care children in a rural, low-SES community.

11:00 am – 11:30 am
Program ID #707, 2nd Floor, Poster Area 7
A Qualitative Investigation of Concerns Regarding Types of Online Distance Counseling
30-Minute Poster Session
Mary M. Livingston, Margaret L. Hindman
This qualitative research examines attitudes and concerns toward participating in a variety of types of
College students benefit greatly from accurate assessment and diagnosis when dealing with substance use disorders and behavioral addictions. However, what should that look like within a college setting? This poster session will provide evidence on risk factors and assessment inclusions that the presenters’ research has shown as important. The presenters will also present an empirically based addictions assessment model that can be applied across college campus settings.

**11:00 am – 11:30 am**
Program ID #710, 2nd Floor, Poster Area 10

**A Qualitative Investigation of Doctoral Students’ Professional Identity Development**
30-Minute Poster Session

**Hongyun Woo, Na Mi Bang**

Counseling doctoral students leads future directions of the profession through publication and advocacy efforts. They also influence the next generation of counselors, by transmitting various aspects of their professional identity to the students they teach and supervise. Studies on professional identity issues have mostly been limited to master’s-level education. This poster session aims to provide counselor educators with findings on doctoral students’ perceptions of their professional identity development.

**11:00 am – 11:30 am**
Program ID #711, 2nd Floor, Poster Area 11

**A Wellness Approach for Caregivers of Children Who Experienced Pediatric Stroke**
30-Minute Poster Session

**Daniel B. Kissinger**

This poster session details a study of the emotional health needs of caregivers of children who experienced pediatric stroke.
exploring the wellness profile of parents (caregivers) whose children experienced a pediatric stroke through the framework of the evidence and counseling-based Indivisible Self Model. Significant results will be highlighted, with particular attention given to implications and intervention strategies consistent with designing wellness-based treatment plans for the caregivers of children and other individuals with medical and/or mental health issues.

11:00 am – 11:30 am
Program ID #712, 2nd Floor, Poster Area 12
Assessing Student Development: How Peers Can Be Gatekeepers
30-Minute Poster Session
Eleanor B. McAuliffe
Educators may be better able to assess and evaluate trainee development but it would beneficial to involve students in the feedback process. Peers may be aware of and identify students with problematic behaviors long before faculty do. Students interact with peers more frequently in multiple contexts and relate differently than in the classroom or professional setting. This session poster suggests a process for programs to involve students as a means of gatekeeping the future of the counseling profession.

11:00 am – 11:30 am
Program ID #713, 2nd Floor, Poster Area 13
Death in Life: Exploring Death Anxiety To Combat Ageism and Promote Wellness
30-Minute Poster Session
Mary Chase Breedlove Mize, Amanda D. Rumsey
In the wake of the growing population of older adults in the U.S., counselors can combat ageism to better serve older people and promote holistic wellness through addressing death anxiety. The information presented in this poster session will explore the relationships between death anxiety and ageism in order to develop greater self-awareness, knowledge, and skills related to working with older adults—a population each of us will hopefully one day join.

12:00 pm – 12:30 pm
AADA Featured Session
Program ID #715, 2nd Floor, Poster Area 1
Adult Play and Creative Therapy Across the Lifespan: Inspiring Healing and Growth
30-Minute Poster Session
Beth Moore
Adults of all ages can find integrative healing and transformational growth through play and creative therapy. Creative play therapy techniques also offer a medium to overcome cultural barriers when working with diverse populations across the lifespan. Creative arts therapies and mind-body awareness practices facilitate safety, relaxation, and healing. This poster will show how diverse adults can benefit from play therapy interventions as well as offer numerous activities that can be used directly with clients.

12:00 pm – 12:30 pm
CSI Featured Session
Program ID #716, 2nd Floor, Poster Area 2
Promoting Counselor Self-Compassion and Wellness through Authentic Leadership Development
30-Minute Poster Session  
Lauren Ireland, Stephanie Pergantis, Connie Couch  
Counselor self-compassion and its relation to wellness will be explored through Luthans and Avolio’s Developmental Process Model of Authentic Leadership. A case example will highlight how counselors in training participated in a service activity for their Chi Sigma Iota Chapter utilizing the models’ four components of self-awareness, internalized moral perspective, balanced processing, and relational transparency to facilitate and increase awareness around counselor wellness and self-compassion.

12:00 pm – 12:30 pm  
Program ID #717, 2nd Floor, Poster Area 3

New Age of Employment: Vocational/Career Counseling for Individuals with Autism  
30-Minute Poster Session  
Stephanie Marie Smigiel, Mark Lepore  
Employment with autism, what fits them? This poster session will look at the past history of vocational counseling for individuals with autism, finding employment with the new age of a growing autism population in counseling, and new employment opportunities. Join the session to learn about effective workplaces for them based on their resiliency. Details will be provided on implications for professionals as well as organizations that work with these individuals with autism.

12:00 pm – 12:30 pm  
Program ID #718, 2nd Floor, Poster Area 4

Counselors’ Experiences: Working with Clients Who Have Experienced Race-Based Trauma  
30-Minute Poster Session  
Carrie D. Hemmings  
This poster session will include an explanation of race-based trauma (RBT), the challenges associated with identifying and treating RBT, and the results of an exploratory study that examined counselors’ experiences with RBT. Treating individuals of color who have experienced RBT is an increasingly frequent problem that emerges during counseling sessions as well as in the school environment.

12:00 pm – 12:30 pm  
Program ID #719, 2nd Floor, Poster Area 5

Counselor Educators’ Experiences of Service to the Counseling Profession  
30-Minute Poster Session  
Jade L. H. Letourneau  
The presenters will present their research findings from a phenomenological study of counselor educators’ lived experience of professional service in ACA-related committees. Attendees will get a deep understanding of the emergent themes, as well as the implications and recommendations for ACA leadership. This research was supported by a 2016 ACES Research Award Grant.

12:00 pm – 12:30 pm  
Program ID #720, 2nd Floor, Poster Area 6

Using Creative Termination Rituals with Children and Adolescents  
30-Minute Poster Session

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Matthew J. Paylo, Nicole A. Stargell, Victoria E. Kress
In this interactive poster session, attendees will be introduced to ways of infusing creativity into the termination process. Creative termination rituals will be visually displayed as a means to provide clients with closure, a sense of empowerment, and ownership of their termination experience. The presenters will provide the rationale for these interventions, the process of implementing these rituals, and examples of creative termination rituals for clinical practice with children and adolescents.

12:00 pm – 12:30 pm
Program ID #721, 2nd Floor, Poster Area 7
Drunkorexia and College Students with Alcohol-Related Consequences
30-Minute Poster Session
Victor E. Tuazon, Sterling P. Travis
This poster session will discuss the findings of a research study (N = 411) examining the construct of drunkorexia. Drunkorexia, caloric restriction prior to/during alcohol consumption, was examined in college students who experienced alcohol-related infractions. Analyses were conducted to examine differences in demographic prevalence distributions, alcohol-related consequences, and alcohol consumption between drunkorexia and non-drunkorexia participants.

12:00 pm – 12:30 pm
Program ID #722, 2nd Floor, Poster Area 8
Sexual Compulsivity and Attachment
30-Minute Poster Session
Natalia Dias, Vanessa Snyder
The goal of this poster session is to increase awareness of attachment styles in those suffering from sexually compulsive behaviors. As a field, we have done a poor job walking alongside those who struggle with sexually compulsive behaviors. We have continued to isolate this population, and we’ve reduced their struggle simply to maladaptive behaviors while neglecting to address issues of connection, intimacy, and community. Because of this, a research study was conducted to address attachment styles for this population.

12:00 pm – 12:30 pm
Program ID #723, 2nd Floor, Poster Area 9
Why Not Give Up? Optimism in Former Refugees and the Counselor’s Role
30-Minute Poster Session
Hannah E. Acquaye
The presence of refugees wreaks havoc on politicians, policymakers, and citizens. Despite this, there can be shared humanness. If refugees and immigrants can still maintain optimism despite the horrors they have endured, there can be room for shared experiences as well as vicarious psychological growth. All counseling professionals can use this population to help clients who are either similar or dissimilar to refugees and immigrants, because optimism is a shared human strength.

12:00 pm – 12:30 pm
Program ID #724, 2nd Floor, Poster Area 10
A Systemic Approach to Infertility: Including the Male Perspective
30-Minute Poster Session
Ashley Cosentino
Reproduction is an essential aspect of the life cycle. However, reproduction doesn’t come easy to everyone. Infertility affects around 9–15 percent of the childbearing population. It affects men as well and not just in the physical sense. Men also have dreams, desires, and emotions. Those dreams, desires, and emotions often are not acknowledged, causing additional stress and complications to the relationship. A more systemic approach to viewing infertility is needed to help process such a difficult time.

12:00 pm – 12:30 pm
Program ID #725, 2nd Floor, Poster Area 11
Counselor Educators’ Preferred Qualities of Candidates for Faculty Positions
30-Minute Poster Session
Patrick R. Mullen, Ashley Blount, W. Bryce Hagedorn, Sean Newhart
This poster session describes the findings from an exploratory research investigation that examined the preferred qualifications of candidates for faculty positions in counselor education. This study surveyed counselor educators working in a variety of settings and compares their preference of qualifications for faculty candidates based on their own academic record, type of university and program, and other demographic characteristics. The findings will be discussed along with implications for future research.

12:00 pm – 12:30 pm
Program ID #726, 2nd Floor, Poster Area 12
The Intersectionality of LGBTQ and Immigrant Populations into Multiculturalism
30-Minute Poster Session
Juanita Barnett, Courtney R. East
This poster session will identify the unique challenges that LGBTQ Immigrants face. The session will also provide counselors and counselors-in-training with information aimed at increasing their understanding of multicultural competencies, to include the intersectionality between the LGBTQ and immigrant populations and to understand the unique needs of this diverse group. The presenters will also provide educational handouts with resource guides.

12:00 pm – 12:30 pm
Program ID #727, 2nd Floor, Poster Area 13
Mindfulness-Existential Group Therapy for Terminally Ill Individuals and Caretakers
30-Minute Poster Session
Anna McGowan, Angie Martin
This poster session will address the psychosocial needs of terminally ill individuals and informal caregivers. The session is designed to present existing research on the use of mindfulness-based stress reduction (MBSR) and existential techniques in group therapy with these populations separately. Based on the literature, a heterogeneous group integrating both populations and using MBSR combined with existential techniques is proposed.

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12:00 pm – 12:30 pm
Program ID #728, 2nd Floor, Poster Area 14
The Missing Piece: Counselors and Workplace Wellness Programs
30-Minute Poster Session
Yvette Saliba, Nevin Heard, Michelle D. Michell
This poster session discusses wellness as it pertains to counselor identity and work-site wellness programs. While many work sites, both in the business and health-care sector, are using these programs, results have not been consistently positive. Counselors, however, have the skills necessary to enter into these programs to help make them successful. This poster session explains why mental health counselors are the best qualified to fill this missing piece in workplace wellness programs.

3:00 pm – 3:30 pm
ALGBTIC Featured Session
Program ID #757, 2nd Floor, Poster Area 1
Standards of Care for Assessment and Research with LGBTQ+ Persons: A Cross-Divisional Collaboration
30-Minute Poster Session
Kristopher Goodrich, Melissa Luke, Joshua C. Watson, Franco Dispenza, Laura Boyd Farmer, R. J. Davis, Catherine Griffith
This session will present on a cross-divisional collaborative venture to explore standards of care/best practices for research and assessment with LGBTQ+ persons, the Presidential Initiative for the 2015-2016 year for the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling. Information from this joint work with the Association for Assessment and Research in Counseling will be presented, and feedback on the standards of care will be solicited from participants.

3:00 pm – 3:30 pm
CSI Featured Session
Program ID #758, 2nd Floor, Poster Area 2
Exploring CSI Chapter Leaders’ Development Toward Leadership Excellence
30-Minute Poster Session
Edward Wahesh
This poster describes a study that explored the leadership experiences of fifty student leaders from various chapters of Chi Sigma Iota (CSI). The methodology of content analysis was used to determine the extent to which participants endorsed elements of CSI’s Principles and Practices of Leadership Excellence in their responses to open-ended questions about their leadership experiences. Attendees will learn of the results from the study and implications for leadership development in counselors-in-training.

3:00 pm – 3:30 pm
CSI Featured Session
Program ID #759, 2nd Floor, Poster Area 3
Global Perspective on Professional Counselor Identity: History, Current Identity, and Future Paradigm
30-Minute Poster Session
Seungbin Oh, Caitlyn McKinzie-Bennett, Elizabeth Pennock
The practice of professional counseling developed in a variety of countries around the world. However, cultural norm and value in
each country influence the process of establishing their training model and standards, which poses an additional concern to counselor identity and practice. This presentation will provide a global perspective on the development of the counseling profession and offer an implication of what is greatly needed for advocating and strengthening the profession intentionally.

3:00 pm – 3:30 pm
Program ID #760, 2nd Floor, Poster Area 4
Ecotherapy in the Workplace: Career Counseling Interventions
30-Minute Poster Session
Lauren Roberts, Fayth Risso
Evidence supports that nature has positive effects on mental health, yet time in it has decreased. Ecotherapy pertains to the positive correlation between nature and elevated mood, well-being, health, and productivity. Research shows that workplaces that incorporate nature complement the positive effects needed for efficiency. In counseling, this can be used to determine job satisfaction and person-environment fit. Research, interventions, and readings will be provided, along with ways to use nature in the workplace.

3:00 pm – 3:30 pm
Program ID #761, 2nd Floor, Poster Area 5
Bridging Family Connections in Recovery: Implications for Professional Counselors
30-Minute Poster Session
Angela R. Mensink, Debra A. Murray
Listen to the stories of recovering individuals and the impact of family and relationships. This poster session examines participant narratives relative to the needs of parents who experience substance abuse. The importance of providing strength-based programming for their children will be addressed. Attendees will be provided with resources and strategies to integrate into their current practice.

3:00 pm – 3:30 pm
Program ID #762, 2nd Floor, Poster Area 6
Counseling Children with ADHD: Three Focus Areas for Professional Counselors
30-Minute Poster Session
Randall Astramovich, Nancy Hamilton
The number of children diagnosed with ADHD has risen in the past decade. Although psychostimulant medication has been the primary intervention in the past, the inclusion of counseling in combination with medication is becoming more commonplace. By focusing on conflict resolution, motivation, self-efficacy, and self-esteem, professional counselors can help provide comprehensive behavioral support to ensure the lifelong success of children with ADHD.

3:00 pm – 3:30 pm
Program ID #763, 2nd Floor, Poster Area 7
A National, Descriptive Study of School Counselor Induction
30-Minute Poster Session
Jennifer R. Curry, Stephanie Eberts, Imre (Emeric) Csaszar
This national study was conducted to determine what induction elements are experienced by novice school counselors in their first two years of school counseling practice. Novices
were asked about common induction elements offered to teachers such as role-specific orientation, professional development, formal mentoring, reduced workload, constructive observation, access to administration, and collaboration time with colleagues. Participants were also asked about their level of career satisfaction and commitment.

**3:00 pm – 3:30 pm**
Program ID #764, 2nd Floor, Poster Area 8
**Experiential Groups in Counselor Training: A Study of Group Impact on Self-Efficacy**
30-Minute Poster Session
*Alexandra Meyers, Margaret Hindman*
The experiential group is considered a central component in the training of future counselors and is also required by CACREP-accredited programs. The presenters will outline a study investigating the impact of participation in an experiential group on counseling students’ reported self-efficacy. They will present relevant literature and evidence-based data supporting the inclusion of the experiential component in counseling training programs. Implications for further research will also be presented.

**3:00 pm – 3:30 pm**
Program ID #765, 2nd Floor, Poster Area 9
**Transgender Alliance: Strategies for Family, Community, and School Counselors**
30-Minute Poster Session
*Zachary Pietrantoni, Szu-Yu Chen*
Transgender people are more likely than cisgender people to experience stigmas, which might have long-term negative effects (Seelman et al., 2015; White Hughto et al., 2015). Greytak, Kosciw, and Boesen (2013) called for more transgender-focused supports and resources because transgender needs are different from lesbian, gay, and bisexual needs. The purpose of this poster session is to provide information and resources about developing transgender alliances that focus on specific needs of transgender people across the lifespan.

**3:00 pm – 3:30 pm**
Program ID #766, 2nd Floor, Poster Area 10
**Fat-Phobia Among Counselor Education Students**
30-Minute Poster Session
*Kaitlyn Michelle Forristal*
This poster session will introduce the audience to the concept of fatphobia and the negative effects it has on the lives of our clients. It will include findings from a research study exploring various ways fatphobic beliefs held by counselor education students manifested in the assessment of a fictitious clients’ wellness and pathology.

**3:00 pm – 3:30 pm**
Program ID #767, 2nd Floor, Poster Area 11
**2-Year to 4-Year College Transitions: Experience of Students with Disabilities**
30-Minute Poster Session
*Amy Milsom, Corrine R. Sackett*
A large percentage of students with disabilities attend 2-year colleges and then transfer to 4-year schools. Through their phenomenological study of 10 diverse individuals with disabilities who transitioned from a 2-year to a 4-year college, the presenters will highlight salient aspects of their transition experiences.
and offer recommendations for college counselors and advisors working at both 2-year and 4-year schools as well as for school counselors working with these students prior to them entering college in general.

3:00 pm – 3:30 pm
Program ID #768, 2nd Floor, Poster Area 12
Who is MTurk? Personal Characteristics and Sample Consistency of These Online Workers
30-Minute Poster Session
Martin J. Burnham, Yen K. Le, Ralph L. Piedmont
When using MTurk samples for social science experimentation, researchers must be able to trust that their collected samples will be consistent and normative. The current study demonstrated great variability between MTurk samples obtained just days apart. In particular, the study found significant variability between samples on measures of personality, religiousness, and spirituality. The results are especially important for those researchers interested in exploring questions of religiosity and spirituality.

3:00 pm – 3:30 pm
Program ID #769, 2nd Floor, Poster Area 13
Empirical Classification of Perfectionists Based on the Dimensions of Perfectionism
30-Minute Poster Session
Hyunhee Kim, Changdai Kim, Hongryun Woo
This poster session aims to provide empirical findings of classifying perfectionists using the Multidimensional Perfectionism Scale. The presenter’s findings support the presence of positive perfectionism and indicate what qualities or dimension of perfectionism are related to perfectionism. It means that setting a high standard alone is not a problem, but the combination of excessively high standards and evaluative concerns leads to problems. The presenter will suggest how to assist clients with perfectionistic tendency.

3:00 pm – 3:30 pm
Program ID #770, 2nd Floor, Poster Area 14
Counselors Creating Compassionate Models of Care for the Chronically Ill and Caregivers
30-Minute Poster Session
Ronica Arnold Branson, Chaiqua A. Harris
It is estimated that more than 130 million Americans are currently living with a chronic illness, with the numbers expected to rise in the coming years. As these numbers increase, more individuals will seek the support of mental health services for a more holistic approach to care. This poster session will educate practitioners on ways to adequately address the psychological, social, and emotional needs of this population in order to build resiliency for more improved outcomes of care for these clients.

4:00 pm – 4:30 pm
ASERVIC Featured Session
Program ID #771, 2nd Floor, Poster Area 1
Honoring Spirit: Assessing the Place of Spirituality and Religion in the Counseling Process
30-Minute Poster Session
Harriet Glosoff, Leila Roach
Spiritual and religious beliefs, values, and practices may be related to clients’ presenting issues or hold keys to the resolution of those issues. However, counselors often neglect to assess for and integrate information about client belief systems. Presenters will review the importance of addressing issues of spirituality/religion in counseling, and will share qualitative and quantitative assessment and intervention strategies that counselors can use to enhance their cultural competence.

4:00 pm – 4:30 pm
CSI Featured Session
Program ID #772, 2nd Floor, Poster Area 2
Scarce Commodities: Healthcare and Wellness Services for Persons with Disabilities in Rural Areas
30-Minute Poster Session
Lisa Dunkley
Access to healthcare and wellness services are pertinent needs for individuals with disabilities especially those with intellectual and developmental disabilities living in rural areas. People with IDD experience decreased life expectancy and develop secondary health conditions without needed care especially with scare resources. It is important as counselor and advocates for persons with IDD to promote affordable healthcare and access to services to enhance longevity and overall wellbeing.

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4:00 pm – 4:30 pm  
Program ID #777, 2nd Floor, Poster Area 7  
Interprofessional Simulation: Preparing Counselors for Integrated Primary Care  
30-Minute Poster Session  
Christine L. Chasek, Grace Ann Mims, Jason Dillard  
Simulation-based activities are emerging as effective training tools to prepare physical and behavioral health-care professionals to work in integrated primary-care settings. This poster session summarizes a research project that investigated the effectiveness of an interprofessional simulation designed for clinical mental health counseling and nursing students to teach each other how to recognize and diagnosis mental health disorders as well as how to work collaboratively in an integrated setting.

4:00 pm – 4:30 pm  
Program ID #778, 2nd Floor, Poster Area 8  
A Content Analysis of Cyber-Bullying Research (2005–2014)  
30-Minute Poster Session  
Sangmin Park, Hansori Jang  
Cyber-bullying is emerging as a new issue among adolescent groups all over the world. However, there is little research on the area of cyber-bullying. This poster session is designed to provide the comprehensive information about cyber-bullying based on a content analysis of research. Therefore, attendees will learn about cyber-bullying including definitions, subcategories, research trends, and relevant intervention strategies in counseling and education.

4:00 pm – 4:30 pm  
Program ID #779, 2nd Floor, Poster Area 9  
Addictive Features of Nonsuicidal Self-Injury: Risk for Unintentionally Severe Harm  
30-Minute Poster Session  
Trevor J. Buser, Julieen K. Buser, Shana Gelin, Jacqueline H. Wong  
Unfortunately, little is known about predictors of unintentionally severe injury during nonsuicidal self-injury (NSSI). The presenters will present findings from a study that examined potential predictors among 102 college students: the addictive qualities of NSSI, impulsivity, and dissociation. Only addictive qualities of NSSI were a significant predictor of unintentionally severe injury. The presenters will discuss counseling implications, including assessment methods for addictive qualities and interventions to protect client safety.

4:00 pm – 4:30 pm  
Program ID #780, 2nd Floor, Poster Area 10  
Caring for the Caregivers: Vicarious Trauma and Supervisors  
30-Minute Poster Session  
Sarah J. Fucillo, Jamie Carney, Bethany A. Lanier  
Vicarious trauma is a term used to describe the negative effects of professional helping; therefore, it is considered an occupational hazard of providing counseling to traumatized people (Rank, Zapanick, & Gentry, 2009; Merriman, 2013). Supervisors and counselor educators have an ethical responsibility to address vicarious trauma (Sommer, 2008). This poster session will present research from a national phenomenological qualitative study.
on supervisor ability to identify, attend to, and prevent vicarious traumatization.

**4:00 pm – 4:30 pm**
Program ID #781, 2nd Floor, Poster Area 11
**Recent Interventions for Caregivers of Individuals with Schizophrenia**
30-Minute Poster Session
*Jordan Richards*

Many individuals with schizophrenia rely on familial caregivers to help with disorder management and activities of daily living, leading to high levels of caregiver burden for these familial caregivers. Interventions that aim to reduce caregiver burden for familial caregivers can have positive health outcomes for both the givers and the receivers of care. This poster session will review the literature of the most recent interventions for familial caregivers of individuals with schizophrenia.

**4:00 pm – 4:30 pm**
Program ID #782, 2nd Floor, Poster Area 12
**A Counselor’s Guide: The Impact of Trauma on Personal Growth Initiative**
30-Minute Poster Session
*Ericka A. Shoaff, Orit Rubin*

Do you ever wonder how trauma impacts someone’s ability to intentionally grow as a person? This poster session will address the affects of adverse childhood experiences on an individual’s personal growth initiative in adulthood.

**4:00 pm – 4:30 pm**
Program ID #783, 2nd Floor, Poster Area 13
**The Mediating Role of Anxiety in the Relationship Between Adult Attachment and Empathy**
30-Minute Poster Session
*Ying Yang, Yanhong Liu, Qu Chen*

Adult attachment has been found to have impact on empathy. Anxiety disorders are one of the common mental health issues experienced by Americans. This poster session provides information of a quantitative study on this topic. The presenters will discuss the application of attachment theory into the treatment of anxiety disorders and the facilitation of college students’ development of empathy.

**4:00 pm – 4:30 pm**
CCA Featured Session
Program ID #784, 2nd Floor, Poster Area 14
**Surviving and Thriving in Systems: Counselors Managing Multiple Roles and Challenges**
30-Minute Poster Session
*Rebecca L. Toporek, Cristine Sidela, Alejandra Tovar, Katricia Manalo, Roseanne Mengistab Gebre, Casey Leigh Gold, Jessica M. Li, Doris DM Garcia*

Counselors often serve many roles to meet the complex needs of clients and organizations (e.g., case manager, advocate, administrator, crisis interventionist). This poster session explores balancing multiple roles and responsibilities, coping with role strain, and functioning within systems to advocate and serve clients while maintaining a core counseling identity. For illustration, findings
of a qualitative study of college counselors shows how philosophies shape counselor roles and strategies in systems.

5:00 pm – 5:30 pm
ACAC Featured Session
Program ID #785, 2nd Floor, Poster Area 1
Identifying and Addressing the Needs of Refugee Adolescents in Schools
30-Minute Poster Session
Amanda D. Rumsey
With the growing number of refugees being resettled in the U.S., schools are seeing an increase in the numbers of refugee students and counselors are faced with providing appropriate services to support the needs of these youth. Information gathered from school counselors who currently work with refugee adolescents was collected and will be shared with attendees. Suggestions for providing support and ideas for future research will be discussed.

5:00 pm – 5:30 pm
CSI Featured Session
Program ID #786, 2nd Floor, Poster Area 2
Leaders Listen: Understanding and Advocating for the Complex Needs of Master’s Students
30-Minute Poster Session
Edwin Castano, Louisa Foss-Kelly, Jake Protivnak, Melissa Wish
Successfully obtaining a master’s degree in counseling is uniquely challenging. While acquiring complex knowledge and skills, students must also navigate academic culture, mentoring relationships, finances, self-care, personal growth, finding a job and balancing life roles. It is the counselor leader’s role to advocate for the variety of needs of master’s students. This poster will present findings of a qualitative study exploring the unique experiences of counseling master’s students.

5:00 pm – 5:30 pm
CSI Featured Session
Program ID #787, 2nd Floor, Poster Area 3
Enhancing Professional Identity through Wellness Leadership: Rho Sigma Upsilon’s Journey
30-Minute Poster Session
Katrina Marks, Heather Fye, Katt Flesch
Discover Rho Sigma Upsilon’s journey to incorporating a Wellness Leadership initiative into their CSI business meetings. Through utilizing individual wellness goals, individual and group activities were designed and incorporated into the chapter’s initiatives. The energy brought from the Wellness Leadership initiatives helped boost membership at CSI events and new membership enrollment. Learn how CSI chapters can develop this Wellness Leadership model into their practices.

5:00 pm – 5:30 pm
Program ID #788, 2nd Floor, Poster Area 4
Conceptualizing Occupational Prestige: Cultural Analysis and Scale Development
30-Minute Poster Session
Kwong-Liem Karl Kwan, Cynthia Yee
This poster session reexamines the definition and conceptualization of occupational prestige, which is one of the most fundamental constructs in career counseling. The session builds the definition of occupational
prestige using qualitative themes delineated from a racially and culturally diverse sample. Items were developed for each theme toward the validation of a measure to explore the underlying polar dimensions of occupational prestige.

**5:00 pm – 5:30 pm**  
Program ID #789, 2nd Floor, Poster Area 5  
**Understanding Post-Traumatic Growth To Address Historically Traumatized Populations**  
30-Minute Poster Session  
*Erica Merrill*  
The concept of making meaning and undergoing positive change, in spite of intense, life-altering crisis, is called post-traumatic growth (PTG). This poster session will explore research examining a brief history of PTG and its observation among multicultural settings. The session will examine specific cases in which PTG has been researched among minority populations and discuss the impact of historical trauma when addressing trauma in both an individual and community setting.

**5:00 pm – 5:30 pm**  
Program ID #790, 2nd Floor, Poster Area 6  
**Counseling Self-Efficacy: On-Campus and Distance Education Students**  
30-Minute Poster Session  
*Jill Marie Meyer, Sharon M. Weaver*  
The purpose of this poster session was (a) to examine the relationship between counseling skills training and self-perception of skills for rehabilitation counseling students, and (b) to examine whether class platform (on-campus vs. distance) has a significant relationship with skills acquisition. The Counseling Self-Estimate Inventory, based on Bandura’s theory, was the assessment. The results demonstrated significant change over the semester, but no differences between on-campus and distance education students.

**5:00 pm – 5:30 pm**  
Program ID #791, 2nd Floor, Poster Area 7  
**Substance Use and Student Athletes of Color as a High-Risk Population**  
30-Minute Poster Session  
*Allison Tresslar*  
This poster session will address current research on substance use and student athletes; prompt a cultural discussion concerning student athletes of color, specifically, and their risks associated with substance use behaviors and consequences; and then combine the two (research and discussion) in search for a method of best practice. There exists a dearth of information on this particular population, so it is imperative to increase our competency, especially as the field of college counseling continues to grow.

**5:00 pm – 5:30 pm**  
Program ID #793, 2nd Floor, Poster Area 9  
**Millennials: A Developmental Crisis**  
30-Minute Poster Session  
*Lori Chalmers, Conni Rush*  
Are you like every other American who is struggling to manage, raise, counsel, and relate to the millennial generation? Do you ever feel like you are speaking to someone from another planet? There’s a reason! We have them all wrong and it begins
with our theory of development. Through this poster session, you will know exactly what has created the tension we are facing with this generation and how to change your perception, ultimately changing every interaction with this very special group of young adults.

5:00 pm – 5:30 pm
Program ID #794, 2nd Floor, Poster Area 10
Fifty Shades of Skin: A Closer Look at Colorism and Its Impact on Self-Esteem
30-Minute Poster Session
Alicia G. Hopson, Sherda Pierre
This poster session explores the topic of colorism. Colorism is the idea that people are treated differently in society based on their skin color and also what their skin color represents to their society. This poster session will take a look into how colorism affects an individual’s self-esteem. This session will give insight to implication for counseling certain individuals burdened by the effects of colorism. Overall this session will offer great insight on a social phenomenon that is affecting all types of people from different walks of life.

5:00 pm – 5:30 pm
Program ID #795, 2nd Floor, Poster Area 11
Wellness and Distress in LGBTQ Populations: A Meta-Analytic Research Synthesis
30-Minute Poster Session
Jeff Moe
Meta-analysis of 27 effect size estimates resulted in identification of a small to moderate average effect between indices of wellness and indices of psycho-social distress. This outcome was moderated by whether study measures were validated with LGBTQ populations and by the type of population sampled. Social support was found to have a reliable impact on LGBTQ distress. Implications for practice, training, and further research will be discussed.

5:00 pm – 5:30 pm
Program ID #796, 2nd Floor, Poster Area 12
Self-Esteem’s Effect on Freshmen’s Attitudes Toward Mental Health and Seeking Services
30-Minute Poster Session
Callie Elizabeth Avant, Erin Rollins
College freshman are experiencing a transitional period that poses unique challenges to self-esteem and identity development that affects academic and social performance. Our poster session examines how a college freshman’s level of self-esteem affects their attitude towards mental health and their propensity to seek mental health services. Study results will give insight as to how university campuses can create more effective outreach programs and provide better mental health services for students.

5:00 pm – 5:30 pm
Program ID #797, 2nd Floor, Poster Area 13
Multicultural Counseling for Third Culture Kids
30-Minute Poster Session
In Shil Paik, Hyojung Shin, Hyunju Choi
This poster session introduces counselors to the concept of the “Third Culture Kid” and their common experiences in general. Through the Third Culture Kid
model, in different identity and acculturation statuses, this concept provides a good foundation for counseling. The session provides counselors with practical intervention strategies as the Third Culture Kid struggles with acculturation difficulties. Finally, attendees will be provided with various case studies of the Third Culture Kid.

5:00 pm – 5:30 pm
Program ID #798, 2nd Floor, Poster Area 14
Attachment, Well-Being, Distress, and Spirituality in Celibate Gay Christians  
30-Minute Poster Session
Olya Zaporozhets
The purpose of this poster session is to provide further understanding of the relationship between some psychological factors and spirituality of celibate gay Christians. Some researchers have previously indicated the inner turmoil that occurs at the intersection of Christian faith and sexual orientation. However, the psychological and spiritual outcomes have not been previously researched in those who arrive at the decision to be celibate in the midst of their same-sex attraction.

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Sunday, March 19

9:00 am – 9:30 am
ACES Featured Session
Program ID #801, 2nd Floor, Poster Area 1
Results from the ACES Teaching Taskforce: What We Know About Teaching and Learning in Counselor Education  
30-Minute Poster Session
Susannah M. Wood, Casey A. Barrio Minton, Eric R. Baltrinic
The education of doctoral students to become effective instructors is a vital component in preparation programs. Yet, there has been little attention to andragogical practices in counselor education. The ACES Teaching Taskforce Initiative was charged to develop a “series of best practice guidelines for teaching.” Participants will hear about the process behind this report, and engage in discussions around current issues and trends in teaching and learning in counselor education.

9:00 am – 9:30 am
CSI Featured Session
Program ID #802, 2nd Floor, Poster Area 2
Supervisors as Exemplary Models of Counselor Professional Identity and Leadership  
30-Minute Poster Session
Christian Chan, Diona Emmanuel, Kshipra Jain, Donnette Deigh, Tessa Ratner
Several launching points in counseling scholarship have emphasized the inextricable relationships of professional identity, professional advocacy, and practice. Given the paucity of research on supervision as a component in professional identity...
development and leadership, the presenters will engage with audience members to produce insights from conceptual and empirical literature through a collaborative dialogue on supervision’s contribution to professional identity development and leadership.

**9:00 am – 9:30 am**  
*CSI Featured Session*  
Program ID #803, 2nd Floor, Poster Area 3  
**Mental Health Advocacy: Wellness Training for University Administrators, Faculty, and Staff**  
30-Minute Poster Session  
*Jerrilyn Guy, Emily Jumper, Kelsey Cirkvencic, Rachel Soroka, Jake Protivnak, Matthew Paylo*  
The prevalence of mental health issues continues to escalate among college students. The responsibility for college student mental health must be shared by all college personnel. Counselor education faculty and students have specific knowledge and skills to educate campus staff to identify, intervene, and refer college students who are in distress. A model for a collaborative campus-wide training that can be utilized by college counselors and counselor education programs will be presented.

**9:00 am – 9:30 am**  
*IAAOC Featured Session*  
Program ID #804, 2nd Floor, Poster Area 4  
**Results of Three Body Image Assessments: Naked and Afraid**  
30-Minute Poster Session  
*Sandra K. Terneus*  
Issues of body image dissatisfaction have elevated the attention of counselors, especially for college counselors, as national statistics reveal that eating disorders rank high among the college student population. This poster session will present the results of three body image assessments distributed to college students as well as implications for research.

**9:00 am – 9:30 am**  
*IAMFC Featured Session*  
Program ID #805, 2nd Floor, Poster Area 5  
**Further Exploration of the Therapeutic Relationship: New Findings from The Alliance Lab**  
30-Minute Poster Session  
*Paul Peluso, Robert Freund, Patricia Diaz, Andrew Baker*  
The therapeutic relationship is the cornerstone of any effective therapeutic encounter. Little is known about the effects of specific emotional behaviors of therapists and clients on this important therapeutic factor, or how they can be modified to improve the quality of the relationship. Emotional behaviors of master therapists will be compared to other therapists. Suggestions for improving the therapeutic relationship will be discussed.

**9:00 am – 9:30 am**  
*IAMFC Featured Session*  
Program ID #806, 2nd Floor, Poster Area 6  
**Recovery Advocacy: Changing the Addiction Conversation**  
30-Minute Poster Session  
*Christine L. Chasek*  
Addiction is a public health issue affecting more than 85 million people. Due to stigma, treatment is
often difficult to obtain and those in recovery are often silent. Moving addiction out of the shadows and into the promise and hope of recovery is the goal of the recovery movement formed out of recent healthcare policy changes. This poster session summarizes the history of the recovery movement, the current state of recovery as an advocacy issue, and how to become a recovery advocate.

**9:00 am – 9:30 am**

**AHC Featured Session**
Program ID #807, 2nd Floor, Poster Area 7

**The Gloves Come Off: Inspired Counselor Wellness**

30-Minute Poster Session
Laura R. Land, Sara W. Bailey

Requiring calm in the face of crisis and a willingness to change course mid-session, counseling in a hospital setting challenges counselors in growth-promoting (and often startling) ways. Visceral responses to sometimes overwhelming stressors may result in a counselor feeling shame or a sense of professional inadequacy (e.g., breaking eye contact with a client who just rolled over in bed and exposed naked flesh; the physical distress experienced while wearing the plastic gown and gloves mandated when visiting certain patients with contact precautions; a wave of nausea upon seeing a client's severe burns).

**9:00 am – 9:30 am**

Program ID #808, 2nd Floor, Poster Area 8

**Predicting Undergraduate Retention in STEM Majors: A Counselor Education Perspective**

Christopher Belser, Diandra J. Prescod, Andrew P. Daire, M. Ann Shillingford

The purpose of this poster session is to indicate whether undergraduate retention in STEM (science, technology, engineering, and math) majors can be predicted-based factors of career readiness, career development, math aptitude, and other demographic variables. Using binary logistic regression, the researcher will examine the extent to which these variables predict undergraduate retention or attrition in STEM majors. Implications for research, career development, and counselor education will be provided.

**9:00 am – 9:30 am**

Program ID #809, 2nd Floor, Poster Area 9

**Trauma-Informed Counselors: Supervisor Perspectives on Counselor Preparation**

Elizabeth R. Pennock, Viki P. Kelchner

The trauma-informed care movement has brought attention to both the prevalence and impact of trauma on individuals and communities. The results of this phenomenological study describe the experiences of clinical supervisors who supervise novice counselors in community-based mental health organizations, particularly in regard to the training needs and trauma competency of these new practitioners. Implications and recommendations for clinicians, supervisors, and counselor educators will be shared.

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SUNDAY

9:00 am – 9:30 am
Program ID #810, 2nd Floor, Poster Area 10
Exploration of Students’ Meaningful Experiences in Counseling with School Counselors
30-Minute Poster Session
Corrine R. Sackett
The presenters will report the findings of a study exploring meaningful experiences of high school students in the counseling process with school counselors, as well as inhibitors to using school counselors through qualitative, phenomenological interviews of high school students. The findings of this study deepen the knowledge base of the school counseling process from the perspective of the student. The presenters will outline implications for school counselors, counselor educators, and supervisors.

9:00 am – 9:30 am
Program ID #811, 2nd Floor, Poster Area 11
Building Simple Solutions to Remedy Wait Lists
30-Minute Poster Session
Debra Murray
Wait lists are detrimental for those in need. Therefore, the purpose of this research was to examine pre-engagement practices and present a model for implementation to bridge gaps in mental health services. This is a practical approach in which individuals are assessed, stage of change is identified, and individuals are provided with information, interactive activities, and motivational interviewing. Take-home resources will also be provided for practitioners to implement a pre-engagement group.

9:00 am – 9:30 am
Program ID #812, 2nd Floor, Poster Area 12
LGBTQ Aging and Mental Health: Qualitative Differences Between Midlife and Old Age?
30-Minute Poster Session
Paula J. Britton, J. Brad Shepherd
Based upon strength-based models of lesbian, gay, bisexual, transgender, and queer (LGBTQ) aging, this qualitative study explored relationships among mental and physical health, financial anxiety, body shame, alienation, loneliness, sexual /gender identity, self-compassion, and self-transcendence in midlife and older adulthood. Results suggest that aging gets more difficult as the LGBTQ population enters older age, especially when facing these issues in isolation. Implications for counseling are discussed.

9:00 am – 9:30 am
Program ID #813, 2nd Floor, Poster Area 13
Korean Adolescents Counseling System: Where Are We Now?
30-Minute Poster Session
Eunhui Yoon
This poster session will provide an overview of the school counseling and community counseling system for adolescents in South Korea. Specifically, it will illustrate the brief history of the Korean adolescent counseling system, the prevalence of counseling topics, the characteristics of clients, the employment status of the adolescents’ counselors, and budgets. Finally, the future direction of Korean adolescent counseling will be discussed.
**10:00 am – 10:30 am**

**ALGBTIC Featured Session**
Program ID #815, 2nd Floor, Poster Area 1
**Affirmative Supervision: Ethical Approach and Best Practices for LGBTQ+ Supervisees and Clients**
30-Minute Poster Session
Jared S. Rose, Eric R. Baltrinic
Supervisors and counselor educators must be affirming of all sex, sexuality, and gender identities, especially those of minorities such as LGBTQ+. This poster session will provide the tenants of affirmative therapy (Rose & Baltrinic, 2015) and how they construct the platform of affirmative supervision. The session will identify how this contributes to supervisees’ competence and level of supervision satisfaction, enhancing positive client outcomes. Emerging research in this area will also be discussed.

**10:00 am – 10:30 am**

**CSI Featured Session**
Program ID #816, 2nd Floor, Poster Area 2
**Integrating Professional Identity into New Communities and Cultures**
30-Minute Poster Session
Markie Gohman, Lori Notestine, Maryanne Fisco
Developing a professional identity is a task each graduate student in a counseling program is working toward and learning about. While it can be a challenging feat, it also holds many rewards. Integrating this identity into new environments, propose ways to reduce the negative impact these challenges may have, as well as offer helpful suggestions as they engage in this integration process.

**10:00 am – 10:30 am**

**CSJ Featured Session**
Program ID #817, 2nd Floor, Poster Area 3
**State and Local Legislative Advocacy: Social Justice in Action**
30-Minute Poster Session
Kathryn “Kate” M. Williams
The most important thing to know is that we, in the counseling profession, know more than politician do about mental health. So you don’t have to hesitate any longer to participate in legislative advocacy in your state. To ease any worries or provide answers to your curious questions, in this session, you will learn about ways to participate in legislative advocacy on the state and local level, hear about examples of how it has been done with counselors, educators and students in multiple states, and explore how the Advocacy Competencies fit in.

**10:00 am – 10:30 am**

**ACAC Featured Session**
Program ID #818, 2nd Floor, Poster Area 4
**Can We Play Too: Including Children in Family Therapy**
30-Minute Poster Session
Jennifer Pereira
Therapists often struggle when working to appropriately include young children in family sessions due to differences in cognitive, emotional, and social understanding. This poster outlines various methods for
including young family members in sessions in ways that allow them to benefit from therapy and add to the positive outcomes.

10:00 am – 10:30 am
NCDA Featured Session
Program ID #819, 2nd Floor, Poster Area 5
Career Counseling for Latino Males
30-Minute Poster Session
Esmeralda Martinez
The poster is focused on the ongoing career development barriers impacting Latino males and the long-term effects. The poster will briefly discuss the issues occurring during adolescence that transcend into adulthood. The presenter will focus on utilizing SCCT to develop a framework of a career development program to serve the needs of the population.

10:00 am – 10:30 am
Program ID #820, 2nd Floor, Poster Area 6
Human Sex Trafficking: Counseling and Social Justice Implications
30-Minute Poster Session
Mariamee Gonzalez, Erika Cameron
Human trafficking is the recruitment and movement of individuals by force, coercion, or deception for the purpose of exploitation through such forms as involuntary servitude, slavery, or forced labor (www.un.org). This poster session explores the presenting issues and potentially beneficial services for survivors of human trafficking, aiming to inform the emerging field of post-trafficking mental health care and social justice advocacy.

10:00 am – 10:30 am
Program ID #821, 2nd Floor, Poster Area 7
Establishing Professional Identity Through Comprehensive, Student-Led Programming
30-Minute Poster Session
Melanie M. Iarussi, Justin Maki, Kaitlin O. McIntosh
Establishing a strong counselor professional identity is an essential component of counselor training and development. In this poster session, attendees will learn about a comprehensive, student-led program designed to establish counselor identity. The NEIGHBOR (New Experiences in Gaining Healthy Balance, Opportunities, and Relationships) program emphasizes wellness, advocacy, professional development, and mentoring in counselor education programs and extending into professional practice.

10:00 am – 10:30 am
Program ID #822, 2nd Floor, Poster Area 8
School Counseling and ABA: A Blended Approach
30-Minute Poster Session
Chloe Lancaster, Laura Baylot Casey, Pamela A. Cogdal
Counselors are faced with many challenges and opportunities in both the school and community settings to work with individuals and families affected by autism spectrum disorders. Knowledge and skills in behavior analysis—such as antecedent manipulation, teaching replacement skills, and altering consequences to eliminate maladaptive behaviors—coupled with a working knowledge of CBT, would enable school counselors to treat the whole family/school
system affected by autism, including the child.

10:00 am – 10:30 am  
Program ID #823, 2nd Floor, Poster Area 9  
Supporting Undocumented Youth in the Schools: Connecting Theory with Practice  
30-Minute Poster Session  
Graciela L. Orozco, Roseanne Mengistab Gebre

In the U.S., approximately 65,000 undocumented immigrant students graduate from high school each year. Yet, undocumented students face barriers in accessing higher education that include limited information, resources, and mental health issues. This poster session draws on the literature, theoretical approaches, and practice in the schools to reflect on two case vignettes and how school counselors can support undocumented students as they navigate the K–12 system and make post-secondary decisions.

10:00 am – 10:30 am  
Program ID #824, 2nd Floor, Poster Area 10  
Integrative Treatments for Co-Occurring Chronic Pain and Opioid Use Disorder  
30-Minute Poster Session  
Connor Copeland Tripp

This poster session aims to raise awareness of the growing concern for clients experiencing co-occurring chronic pain and opioid use disorders. The session will highlight prevalence and risks, recommend psychotherapeutic interventions to be employed with or without medicated-assisted therapies, and include implications for future research. The interventions described in this session will include CBT, mindfulness-based therapies, and a medicated-assisted therapy with buprenorphine.

10:00 am – 10:30 am  
Program ID #825, 2nd Floor, Poster Area 11  
As We Forgive Our Debtors: Predictors of Forgiveness Among African Americans  
30-Minute Poster Session  
Dominique Adkins

This poster session examines the religious/spiritual factors and transgression-related predictors of forgiveness among African Americans. A multiple regression analysis indicated that religious affiliation, revenge, benevolence, and “BMMRS Forgive” were significant predictors of forgiveness. Qualitative analysis identified several additional factors that influenced forgiveness in the sample. A discussion of the results will be provided. Implications for counseling and further research on the topic will be discussed.

10:00 am – 10:30 am  
Program ID #827, 2nd Floor, Poster Area 13  
The PEWTER Study: A Structured Protocol for Breaking Bad News in Counselor Education  
30-Minute Poster Session  
Devyn Savitsky, Walter Koshel, Varsha Bhat, Jessica Cooperman

Providing counselors in training with a theoretically and empirically based framework to deliver bad news has been shown effective based on the results of a recent study. The PEWTER model mnemonic stands for Prepare, Evaluate, Warn, Tell, Emotional Response, and Regroup.
The PEWTER model offers counselor educators assistance in teaching a difficult topic in the classroom setting. This model can also successfully enhance communication strategies for counselors working in school and clinical mental health settings.

10:00 am – 10:30 am
Program ID #828, 2nd Floor, Poster Area 14
Calming the Anxious Mind: Implementing Neurofeedback Training for College Students
30-Minute Poster Session
Caitlyn McKinzie-Bennett
This poster session explores using neurofeedback training for college students experiencing anxiety. Due to the change that accompanies starting college, students are at an increased risk of experiencing debilitating anxiety. The literature on neurofeedback training, anxiety, and the mental health needs of college students will be addressed. Recruitment, methodology, and assessments for this quasi-experimental design will also be explored as well as the emerging effectiveness of neurofeedback training.

11:00 am – 11:30 am
ARCA Featured Session
Program ID #829, 2nd Floor, Poster Area 2
Vocational Rehabilitation Counseling Considerations for Medical Marijuana “Patients”
30-Minute Poster Session
H. L. Brostrand, Zach Sneed
Currently, there is no drug-testing exemption for medical marijuana. An employer is free to fire or not hire, even when prescribed. Lack of information about benefits of MM is common. Legal prohibition and uneducated perceptions can negatively impact return to work. Counselors need to be prepared to address this challenge. This poster will review research on the needs of people using MM, allowing counselors to be effective and ethical in their provision of services.

11:00 am – 11:30 am
CSI Featured Session
Program ID #830, 2nd Floor, Poster Area 3
Trauma-Informed Advocacy: Giving a Voice to Trauma Survivors
30-Minute Poster Session
Elizabeth Pennock, Caitlyn McKinzie-Bennett, Seungbin Oh
Trauma survivors, who are at increased risk for mental illness and substance use disorders, often experience the loss of “voice” or the ability to express their own needs and desires. All counselors will work with clients who have experienced trauma and must learn how to effectively and systemically advocate for survivors. This poster examines how the trauma-informed care movement can inform our professional advocacy for trauma survivors and communities impacted by trauma.

11:00 am – 11:30 am
CSI Featured Session
Program ID #831, 2nd Floor, Poster Area 4
Personal Counseling for Counselors-in-training: Wellness or Professionalism?
30-Minute Poster Session
Alena Prikhidko, Jillian M. Blueford
The professional identity of being a counselor encompasses wellness in personal and professional realms.
Personal counseling is an essential part of raising self-awareness and engaging in wellness activities. However, many programs do not require their students to seek personal counseling (Roach & Young, 2007). This research is elaborating on benefits of personal counseling for students and shows ways ACA and CSI leaders can perform research advocating for personal counseling in the profession as it would not only allow the space for the CIT to reflect on their journey and become aware of any potential barriers to being professional counselor but will also increase their wellness and add to the self-care activities.

**11:00 am – 11:30 am**  
* MGCA Featured Session  
Program ID #832, 2nd Floor, Poster Area 4  
**Addressing the Union of Counselor Education and Military Families: Creating Best Practices**  
30-Minute Poster Session  
*Katherine M. Wix*  
This poster session will discuss research findings, which identified what counselor educators can do to create best practices for the inclusion of military culture in counselor training and preparation programs. Additionally, key experiences and concepts to incorporate in the learning process will be discussed. Finally, the session will address identified barriers (and solutions to barriers) that educators have experienced when trying to be inclusive of military populations.

**11:00 am – 11:30 am**  
* Factors Contributing to Counseling Faculty’s Productivity*  
30-Minute Poster Session  
*Sangmin Park, Hyunhee Kim*  
It is evident that the field of counseling is now predominantly women. Although women now represent the majority of counselor educators, little is known about the career development of the population. The current study examines how counseling faculty members’ career intention and job satisfaction affected their productivity. In addition, this poster session will investigate the moderating effect of gender of faculty members in relationships among productivity and career intention, as well as job satisfaction.

**11:00 am – 11:30 am**  
* Personal Narratives on Overcoming Racism: An Ethnographic Content Analysis*  
30-Minute Poster Session  
*Amanda Marie Evans, Juanita Barnett, Jessica Antoinette Fripp*  
The counseling profession calls on counselors to demonstrate multicultural competence in their practice. To do this, counselors must first be exposed to the worldview of diverse populations. The presenters conducted an ethnographic content analysis to examine the ways in which individuals of color have conceptualized their experiences with racism. Themes from this study will be presented to assist counselors in addressing race-based trauma.
and to propose the infusion of post-traumatic growth strategies into practice.

**11:00 am – 11:30 am**
Program ID #835, 2nd Floor, Poster Area 7

*A Supervisor’s Guide: Who’s at Risk for Vicarious Trauma?*

30-Minute Poster Session

*Orit Rubin, Ericka Shoaff, Mollie Sin*

Vicarious trauma has been deemed an occupational hazard for the helping professions. To increase awareness and promote education, the presenters chose to focus their efforts on risks, symptom identification, and prevention. This poster session includes a review of common myths, risk factors, recognition of vicarious trauma in counselors, and preventative methods for supervisors and their supervisees.

**11:00 am – 11:30 am**
Program ID #836, 2nd Floor, Poster Area 8

*Career Interest Trends of Justice-Involved Youth: Where Intervention Should Begin*

30-Minute Poster Session

*Katie R. Allen*

This poster session uses research conducted with justice-involved youth to examine the career interests of these youth before and after a career counseling intervention. Research finds that these youth are at risk for unemployment, underemployment, recidivism, and school dropout rates as a result of low levels of career development. This session will analyze the often unrealistic career interests of justice-involved youth to examine where intervention should begin.

**11:00 am – 11:30 am**
Program ID #837, 2nd Floor, Poster Area 9

*The Comprehensive Psycho-Spiritual Clinical Interview*

30-Minute Poster Session

*Charles H. Hinz, Ralph L. Piedmont*

The Comprehensive Psycho-Spiritual Clinical Interview was developed to be the standard intake measure for pastoral counselors. It uses an empirically sustainable measure of spiritual assessment that has worked across spiritual traditions, and it will be able to provide a normative assessment of clients’ levels of adaptation and psychological impairment.

**11:00 am – 11:30 am**
Program ID #838, 2nd Floor, Poster Area 10

*The Overlap of Community Counseling Agencies and Outpatient Settings*

30-Minute Poster Session

*Jessica Gonzalez*

In community agencies and psychiatric hospitals, counselors are expected to wear multiple hats at any given time, and this poster session will highlight some of the techniques and interventions that can be used by new counselors in the aforementioned settings. In addition, attendees will learn ways of how to advocate for themselves and their clients within a systemic environment.

**11:00 am – 11:30 am**
Program ID #839, 2nd Floor, Poster Area 11

*Adventure Therapy: A New Perspective in Intensive Outpatient Programs*

30-Minute Poster Session
Brandi Engel Cihlar
Combining social learning theory and adventure therapy, the presenters have designed a curriculum for an intensive outpatient program that is breaking barriers. Individuals find awareness, act on the awareness, and then assimilate that knowledge into their treatment, allowing for maximum benefits in this type of environment. A curriculum of 50-plus groups has been developed to create real experiences for clients with a mixture of activities and assimilation that is engaging, exciting, and supportive.

11:00 am – 11:30 am
Program ID #840, 2nd Floor, Poster Area 12
Embrace Diversity, End Discrimination: A Review of the Literature on ACT and Prejudice
30-Minute Poster Session
Mary Eleanor Burkhart Polk, Erica Lynn Magsam
This systematic review of the literature aims to investigate the outcome data on acceptance and commitment therapy (ACT) and reducing prejudice. Although we are now in the 21st century and laws have been passed to help all people receive equal rights, there is still a great deal of hate in the world. ACT has shown to be beneficial in altering stigmatizing attitudes and promoting psychological flexibility in those who were relatively inflexible. It is time to take a step forward and use the tools we have to work toward eliminating hate.

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**12:00 pm – 12:30 pm**  
*CSI Featured Session*  
Program ID #844, 2nd Floor, Poster Area 2  
**Call for Multiculturalism and Advocacy in Counselors and Counselor Educators**  
30-Minute Poster Session  
*Sonia Ramrakhiani*  
A review of the literature reveals a neglect of a multicultural pedagogical focus in the training of master’s and doctoral-level students. This can be troubling for two reasons: a) the impact of cultural identities on research and teaching might be overlooked, and b) lack of a cogent theory of multicultural pedagogy in counselor education can inadvertently contribute to both student and public harm. The presenter proposes the integration of social constructivism and personal construct theory in preparing novice counselor educators to be culturally aware individuals and educators.

**12:00 pm – 12:30 pm**  
Program ID #845, 2nd Floor, Poster Area 3  
**Navigating Microaggressions: A New Model To Help Support College Students**  
30-Minute Poster Session  
*Niah Grimes*  
The impact of microaggressions on our clients’ mental health has received increased attention over the past several years. However, few interventions discuss concrete tools clients can use to reduce harm and respond to microaggressions. This poster session presents a model developed to empower marginalized clients to address microaggressions and build resilience, while helping counselors learn to manage bias and reduce harm against clients.

**12:00 pm – 12:30 pm**  
Program ID #846, 2nd Floor, Poster Area 4  
**Somatosensory Trauma Work for Genito-Pelvic Pain/Penetration Disorder**  
30-Minute Poster Session  
*Marie-Claire Batau*  
Genito-pelvic pain/penetration disorder (GPPPD) consists primarily of somatic symptomology, yet clinical research focuses solely on “talk therapy” approaches of treatment. How can we talk away our somatic symptoms? The presenter proposes to use sensorimotor psychotherapy, a somatic and trauma-based approach, to conceptualize and treat GPPPD and will discuss many somatic techniques that clinicians can use when working with clients.

**12:00 pm – 12:30 pm**  
Program ID #847, 2nd Floor, Poster Area 5  
**Addressing Counselor Wellness Through Equine Assisted Learning Workshops**  
30-Minute Poster Session  
*Cheryl Meola*  
Mental health professionals experience burnout, empathy fatigue, and other forms of distress that can impact client welfare and counselor wellness. There are common barriers to counselor wellness that require innovative strategies to overcome. Equine-assisted learning is an experiential learning approach in which the main goal is to facilitate personal and professional growth and the development of life skills through interactions with equines. This intervention can address common barriers to counselor wellness.
12:00 pm – 12:30 pm  
**Program ID #848, 2nd Floor, Poster Area 6**  
**Ethnic Identity Exploration:**  
*Group Counseling with Latino Middle School Students*  
30-Minute Poster Session  
*Susana Contreras Bloomdahl*  
A rural, Midwestern middle school sought help with motivating its Latino student population to aspire for higher academic and career goals. The presenter used group counseling to improve the self-esteem and ethnic identity of Latino middle school students. This poster session will identify the stages of ethnic identity development and will describe the group process, the positive results, and the implications for counseling young adolescents.

12:00 pm – 12:30 pm  
**A SGW Featured Session**  
**Program ID #849, 2nd Floor, Poster Area 7**  
**Group Interventions in Disaster Mental Health**  
30-Minute Poster Session  
*Rebecca Rodriguez, Cynthia Stewart, Jonathon Kovalsky, Lauren Dershowitz, Maggie Zielinski*  
This poster session will review the use of group-based interventions after a disaster or traumatic event. Initial responses in disaster mental health are often individually focused, yet groups have the potential to be an effective response for multiple reasons. Presenters will highlight benefits of groups, discuss potential uses of groups in different settings and review existing models, and examine some of the challenges of using group-based interventions in disaster situations.

12:00 pm – 12:30 pm  
**Program ID #850, 2nd Floor, Poster Area 8**  
**The What, How, and Why of Relational Depth in the Counseling Relationship**  
30-Minute Poster Session  
*Paulina Flasch, Elizabeth Crunk, Edward Robinson*  
Relational depth is an extension of Roger’s facilitative conditions and is described as a “meeting without words” and a “state of profound contact and engagement” between two people. Relational depth between counselor and client is predictive of client success and essential in the counseling relationship. This poster will explore the “what,” “how,” and “why” of relational depth.

12:00 pm – 12:30 pm  
**Program ID #851, 2nd Floor, Poster Area 9**  
**Take Your Dog to Work Day: What Animal-Assisted Therapy is NOT**  
30-Minute Poster Session  
*Erica Schlau*  
Animal welfare is a component that is absent in the dialogue surrounding the emerging field of animal-assisted therapy. This poster session will promote a deeper understanding of animal-assisted therapy, provide a guide to understanding canine behavior in the therapy room, and offer tools that therapists can use when working with therapy animals. Further, methods of selecting and training an appropriate therapy animal will be discussed.

Follow ACA on [Instagram](AmericanCounselingAssociation) and [Facebook](American.Counseling.Association) to see fun Conference coverage!
12:00 pm – 12:30 pm
Program ID #852, 2nd Floor, Poster Area 10
The Relation Between Traumatic Brain Injury and Schizophrenia
30-Minute Poster Session
Amanda Estella Landry
This poster session will consist of research related to traumatic brain injury and schizophrenia as co-occurring disorders.

12:00 pm – 12:30 pm
Program ID #853, 2nd Floor, Poster Area 11
Using Technology To Better Counsel LGBTQ Adolescent and Young Adult Clients
30-Minute Poster Session
Raquista Claitt, Elizabeth A. Holmes
The stark reality in our world is that those in need of counseling services may not receive them for various reasons, including lack of access, cultural barriers, shame, and a wide array of other possibilities. These barriers may be amplified and multiplied for individuals in the LGBTQ community, particularly adolescents in or considering the LGBTQ community. The presenters propose the ethical use of technology as an alternative way to provide valuable, much-needed counseling services and support to these clients in a safe environment.

12:00 pm – 12:30 pm
Program ID #854, 2nd Floor, Poster Area 12
Practicing Counselors and Vicarious Trauma: Implications for Counselor Educators
30-Minute Poster Session
Bethany A. Lanier, Jamie Carney, Kaitlin McIntosh, Sarah Fucillo
Vicarious trauma (VCT) experienced by practicing counselors is a detrimental workplace hazard for both the counselor and the client (Howlett & Collins, 2014). This poster session will present research from a national study on VCT as a foundation for providing strategies for counselors, supervisors, and counselor educators on skills related to preventing, intervening, and addressing VCT. Attendees will be provided with resources related to developing and implementing these recommendations.

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April is Counseling Awareness Month

Learn more about this year’s campaign—and ways to get involved—at counseling.org/trainyourbrain

Spread the Word!

Conference Social Media: Join Us!

Follow ACA on our special Conference Twitter handle (@ACASanFran2017) for tips, reminders, and important schedule changes onsite.

Post your Conference thoughts and photos on Twitter, Facebook, and Instagram using #ACASanFran2017.

Engagement tip: To maximize your investment in ACA and the 2017 Conference & Expo, follow the American Counseling Association LinkedIn page and its Counseling Conference Showcase page. And make sure to list “Member of American Counseling Association” on your personal LinkedIn profile.
Students acquire the skills, insights, and hands-on experience necessary to successfully work with clients facing addiction, depression, anxiety, trauma, and other mental health challenges.

**Qualified mental health counselors are in demand**
- Apply your skills by working with clients both individually and in groups.
- Learn to empower clients using a strength-based, relational model that is trauma-informed.

**Full or part time formats**
- Ideal for experienced practitioners and recent college graduates
- Evening classes
- Scholarships and financial aid
- Meets the highest standards of the national counseling accreditation councils

**Learn more.**
www.merrimack.edu/healthcounsel
ACA is seeking proposals for:

Pre-conference Learning Institutes: April 25–26, 2018
Conference Sessions: April 27–29, 2018

Important dates:

March 27, 2017: Online proposal site opens
May 17, 2017: Proposal submission deadline (5:00 pm, ET)
August 2, 2017: Proposal results emailed
October 25, 2017: Scheduling notices emailed
December 15, 2017: Conference session presenter registration deadline

Note: The primary presenter must be an active ACA member.

Learn more at counseling.org/conference
ACA, ACA Affiliates, & Divisions Acronyms
Meetings and social events are listed in chronological order under the appropriate acronym.

**AADA** – Association for Adult Development and Aging
**AARC** – Association for Assessment and Research in Counseling
**ACA** – American Counseling Association

**ACA Regions**
- Midwest Region
- North Atlantic Region
- Southern Region
- Western Region

**ACAC** – Association for Child and Adolescence Counseling
**ACAF** – American Counseling Association Foundation
**ACC** – Association for Creativity in Counseling
**ACCA** – American College Counseling Association
**ACES** – Association of Counselors in Education and Supervision
**AHC** – The Association for Humanistic Counseling
**ALGBTIC** – Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
**AMCD** – Association for Multicultural Counseling and Development

**ARCA** – American Rehabilitation Counseling Association
**ASERVIC** – Association for Spiritual, Ethical and Religious Values in Counseling
**ASGW** – Association for Specialists in Group Work
**ARCA** – American Rehabilitation Counseling Association

**CCA** – California Counseling Association
**CSJ** – Counselors for Social Justice
**IAAOC** – International Association of Addictions and Offenders Counselors
**IAMFC** – International Association of Marriage and Family Counselors
**KCA** – Korean Counseling Association
**MGCA** – Military and Government Counseling Association
**NCDA** – National Career Development Association
**NECA** – National Employment Counseling Association

**Divisions not holding events**
**AMHCA** – American Mental Health Counselors Association
**ASCA** – American School Counselor Association
<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Description</th>
<th>Venue</th>
<th>Room</th>
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</thead>
<tbody>
<tr>
<td><strong>AADA</strong></td>
<td>Thursday, March 16</td>
<td>8:00 am – 12:00 pm</td>
<td>AADA Board Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Laurel Hill</td>
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<tr>
<td></td>
<td>Friday, March 17</td>
<td>7:30 am – 9:00 am</td>
<td>Gimme a Break! AADA Yoga</td>
<td>InterContinental San Francisco Hotel</td>
<td>Laurel Hill</td>
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<td>11:00 am – 12:30 pm</td>
<td>AADA Adultspan Journal Editorial Board Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Howard</td>
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<td>1:00 pm – 2:30 pm</td>
<td>AADA Member Business Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Union Square</td>
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<td><strong>AARC</strong></td>
<td>Thursday, March 16</td>
<td>8:00 am – 12:00 pm</td>
<td>AARC Board Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Nob Hill</td>
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<td></td>
<td>Friday, March 17</td>
<td>7:30 am – 9:00 am</td>
<td>AARC Committee &amp; Interest Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Sutter</td>
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<tr>
<td><strong>ACA</strong></td>
<td>Tuesday, March 14</td>
<td>9:00 am – 5:00 pm</td>
<td>ACA Governing Council Board Meeting</td>
<td>Moscone West Convention Center</td>
<td>2018</td>
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<td></td>
<td>Wednesday, March 15</td>
<td>9:00 am – 5:00 pm</td>
<td>ACA Governing Council Board Meeting</td>
<td>Moscone West Convention Center</td>
<td>2018</td>
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<tr>
<td></td>
<td>Thursday, March 16</td>
<td>11:00 am – 12:00 pm</td>
<td>ACA Branch Executives Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Cathedral Hill</td>
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<td>2:00 pm – 3:30 pm</td>
<td>ACA First Timers Orientation</td>
<td>Moscone West Convention Center</td>
<td>2014</td>
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<td>6:00 pm – 8:00 pm</td>
<td>ACA Divisions Presidents Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Laurel Hill</td>
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</tbody>
</table>
6:00 pm – 8:00 pm
ACA Divisions President-Elect Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

7:00 pm – 8:00 pm
Friends of Bill
InterContinental San Francisco Hotel
Room: Howard

Friday, March 17

7:30 am – 8:30 am
ACA Animal Assisted Therapy in Mental Health Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Anti-Bullying & Interpersonal Violence Task Force
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Children’s Counseling Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Counseling & Technology Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Ethics Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Forensic Counseling Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Grief and Bereavement Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Historical Issues in Counseling Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Interest Network for Advances in Therapeutic Humor
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Interest Network for Integrated Care
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Interest Network for Professional Counselors in Schools
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA International Counseling Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

7:30 am – 8:30 am
ACA Network for Jewish Interests
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B
7:30 am – 8:30 am  
ACA Neurocounseling Interest Network  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

7:30 am – 8:30 am  
ACA Professional Advocacy Task Force  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

7:30 am – 8:30 am  
ACA Sports Counseling Interest Network  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

7:30 am – 8:30 am  
ACA Traumatology Interest Network  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

7:30 am – 8:30 am  
ACA Wellness Interest Network  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

7:30 am – 8:30 am  
ACA Women’s Interest Network  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

7:30 am – 8:30 am  
Counseling Veterans Interest Network  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

7:30 am – 8:30 am  
Sexual Wellness in Counseling Interest Network  
InterContinental San Francisco Hotel  
Room: Grand Ballroom A & B

11:00 am – 12:00 pm  
Meet The Candidates for ACA President-elect  
Moscone West Convention Center  
Room: 2008

11:00 am – 12:30 pm  
ACA International Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Awards Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Branch Development Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Bylaws and Policy Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Graduate Student Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Human Rights Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Professional Standards Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Public Policy and Legislation Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C

11:00 am – 12:30 pm  
ACA Research and Knowledge Committee Meeting  
InterContinental San Francisco Hotel  
Room: Grand Ballroom C
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
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<tbody>
<tr>
<td>1:00 pm – 2:00 pm</td>
<td><strong>ACA Nominations and Elections Committee Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: Cathedral Hill</td>
</tr>
<tr>
<td>1:00 pm – 2:00 pm</td>
<td><strong>ACA Governing Council New Member Orientation</strong></td>
<td>InterContinental San Francisco Hotel Room: Laurel Hill</td>
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<tr>
<td>3:00 pm – 4:00 pm</td>
<td><strong>ACA Officers Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: Howard</td>
</tr>
<tr>
<td>5:00 pm – 6:00 pm</td>
<td><strong>ACA Council of Journal Editors Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: Fremont</td>
</tr>
<tr>
<td>5:00 pm – 6:00 pm</td>
<td><strong>ACA Committee Chairs Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: Nob Hill</td>
</tr>
<tr>
<td>6:00 pm – 7:00 pm</td>
<td><strong>ACA International World Café</strong></td>
<td>InterContinental San Francisco Hotel Room: Telegraph Hill</td>
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<tr>
<td>6:00 pm – 7:30 pm</td>
<td><strong>ACA Change Agents in Public Policy – A Reception Honoring Those Supporting ACA’s Legislative Agenda</strong></td>
<td>InterContinental San Francisco Hotel Room: Sutter</td>
</tr>
<tr>
<td>7:00 pm – 8:00 pm</td>
<td><strong>ACA International Reception</strong></td>
<td>InterContinental San Francisco Hotel Room: Union Square</td>
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<tr>
<td>7:00 pm – 8:00 pm</td>
<td><strong>Friends of Bill</strong></td>
<td>InterContinental San Francisco Hotel Room: Howard</td>
</tr>
<tr>
<td>8:00 pm – 11:00 pm</td>
<td><strong>ACA Opening Night Celebration</strong></td>
<td>InterContinental San Francisco Hotel Room: Grand Ballroom, InterContinental Ballroom &amp; Pacific Terrace</td>
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**Saturday, March 18**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>10:30 am – 12:00 pm</td>
<td><strong>Publishing in ACA-Referred Journals</strong></td>
<td>Moscone West Convention Center Room: 2009</td>
</tr>
<tr>
<td>11:00 am – 1:00 pm</td>
<td><strong>ACA Midwest Region Business Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: InterContinental Ballroom A</td>
</tr>
<tr>
<td>11:00 am – 1:00 pm</td>
<td><strong>ACA Western Region Business Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: InterContinental Ballroom B</td>
</tr>
<tr>
<td>2:00 pm – 3:00 pm</td>
<td><strong>ACA JCD Editorial Board Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: Laurel Hill</td>
</tr>
<tr>
<td>22:00 pm – 4:00 pm</td>
<td><strong>ACA Southern Region Business Meeting</strong></td>
<td>InterContinental San Francisco Hotel Room: InterContinental Ballroom A</td>
</tr>
</tbody>
</table>

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Business Meetings & Social Events

ACA

Thursday, March 16

8:00 am – 12:00 pm
ACAC Board Meeting
InterContinental San Francisco Hotel
Room: Fremont

3:00 pm – 4:30 pm
ACAC Membership Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

Friday, March 17

Sunday, March 19

8:00 am – 12:00 pm
Ethics Committee Meeting
InterContinental San Francisco Hotel
Room: Laurel Hill

8:00 am – 12:00 pm
Ethics Appeal Panel Committee Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

1:00 pm – 3:00 pm
ACA Annual Membership Meeting
InterContinental San Francisco Hotel
Room: Telegraph Hill

ACC

Thursday, March 16

8:00 am – 12:00 pm
ACC Board Meeting
InterContinental San Francisco Hotel
Room: Howard

Friday, March 17

3:00 pm – 4:30 pm
ACC General Membership Meeting
InterContinental San Francisco Hotel
Room: Laurel Hill

Saturday, March 18

7:00 pm – 9:00 pm
ACC, ACES, AHC, ASGW Joint Reception
InterContinental San Francisco Hotel
Room: Pacific Terrace

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ACCA

Saturday, March 18

7:00 pm – 9:00 pm
ACCA Reception
InterContinental San Francisco Hotel
Room: Union Square

ACES

Thursday, March 16

1:00 pm – 5:00 pm
ACES Governing Council Meeting
InterContinental San Francisco Hotel
Room: Howard

5:00 pm – 6:00 pm
ACES Governing Council 2017–2018
New Members Meeting
InterContinental San Francisco Hotel
Room: Howard

Friday, March 17

11:00 am – 12:00 pm
ACES Social Justice and Human Rights Committee
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

11:00 am – 12:00 pm
ACES Awards Committee Meeting
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

11:00 am – 12:00 pm
ACES Graduate Student Meeting
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

11:00 am – 12:00 pm
ACES Membership Committee Meeting
InterContinental San Francisco Hotel
Room: Grand Ballroom A & B

11:00 am – 12:30 pm
ACES CE&S Editorial Board Meeting
InterContinental San Francisco Hotel
Room: Sutter

1:00 pm – 2:30 pm
ACES Town Hall Business Meeting
InterContinental San Francisco Hotel
Room: InterContinental Ballroom A

Saturday, March 18

7:30 am – 9:00 am
North Central ACES
InterContinental San Francisco Hotel
Room: Fremont

7:30 am – 9:00 am
Rocky Mountain ACES
InterContinental San Francisco Hotel
Room: Howard

7:30 am – 9:00 am
Western ACES
InterContinental San Francisco Hotel
Room: Sutter

7:30 am – 9:00 am
Southern ACES
InterContinental San Francisco Hotel
Room: Telegraph Hill

7:30 am – 9:00 am
North Atlantic ACES
InterContinental San Francisco Hotel
Room: Union Square

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## Business Meetings & Social Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>Thursday, March 16</strong></td>
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<tr>
<td>7:00 pm – 9:00 pm</td>
<td>ACES, ACC, AHC, ASGW Joint Reception</td>
<td>InterContinental San Francisco Hotel</td>
<td>Pacific Terrace</td>
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<tr>
<td><strong>Friday, March 17</strong></td>
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<tr>
<td>3:00 pm – 4:30 pm</td>
<td>ALGBTIC Annual Open Member Meeting &amp; Nominations</td>
<td>InterContinental San Francisco Hotel</td>
<td>Cathedral Hill</td>
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<tr>
<td><strong>Saturday, March 18</strong></td>
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<tr>
<td>2:00 pm – 3:30 pm</td>
<td>ALGBTIC Queer People of Color Gathering</td>
<td>InterContinental San Francisco Hotel</td>
<td>Union Square</td>
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<tr>
<td>4:00 pm – 5:30 pm</td>
<td>ALGBTIC Graduate Student Gathering</td>
<td>InterContinental San Francisco Hotel</td>
<td>Union Square</td>
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<tr>
<td>7:00 pm – 9:00 pm</td>
<td>ALGBTIC Reception &amp; Awards</td>
<td>InterContinental San Francisco Hotel</td>
<td>InterContinental Ballroom A</td>
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<tr>
<td><strong>ALGBTIC</strong></td>
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<td><strong>Wednesday, March 15</strong></td>
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<tr>
<td>6:30 pm – 8:00 pm</td>
<td>AMCD Service Day Volunteer Check-In</td>
<td>InterContinental San Francisco Hotel</td>
<td>Sutter</td>
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<tr>
<td><strong>Thursday, March 16</strong></td>
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<tr>
<td>8:00 am – 12:00 pm</td>
<td>ALGBTIC Board Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Sutter</td>
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<td><strong>AMCD</strong></td>
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<td><strong>Saturday, March 18</strong></td>
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<tr>
<td>7:00 pm – 9:00 pm</td>
<td>AHC, ACC, ACES, ASGW Joint Reception</td>
<td>InterContinental San Francisco Hotel</td>
<td>Pacific Terrace</td>
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**AHC**

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<tr>
<td>8:00 am – 12:00 pm</td>
<td>AHC Board Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Telegraph Hill</td>
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<tr>
<td>11:00 am – 12:30 pm</td>
<td>AHC Editorial Board Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Laurel Hill</td>
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<tr>
<td>3:00 pm – 4:30 pm</td>
<td>AHC Member Town Hall Meeting</td>
<td>InterContinental San Francisco Hotel</td>
<td>Telegraph Hill</td>
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<tr>
<td><strong>Friday, March 17</strong></td>
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<td>AMCD Board Meeting</td>
<td>InterContinental San Francisco Hotel</td>
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<td>AMCD Board Meeting</td>
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**AMCD**

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</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday, March 15</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:30 pm – 8:00 pm</td>
<td>AMCD Service Day Volunteer Check-In</td>
<td>InterContinental San Francisco Hotel</td>
<td>Sutter</td>
</tr>
<tr>
<td><strong>Thursday, March 16</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
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<td>6:30 pm – 8:00 pm</td>
<td>AMCD Day of Service Reception</td>
<td>InterContinental San Francisco Hotel</td>
<td>Sutter</td>
</tr>
</tbody>
</table>
Friday, March 17

7:30 am – 9:00 am
AMCD Midwest Region Meeting
InterContinental San Francisco Hotel
Room: Fremont

7:30 am – 9:00 am
AMCD North Atlantic Region Meeting
InterContinental San Francisco Hotel
Room: Cathedral Hill

7:30 am – 9:00 am
AMCD Southern Region Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

7:30 am – 9:00 am
AMCD Western Region Meeting
InterContinental San Francisco Hotel
Room: Twin Peaks

11:00 am – 12:30 am
AMCD JMCD Editorial Board Meeting
InterContinental San Francisco Hotel
Room: Twin Peaks

1:00 pm – 2:30 pm
AMCD Membership Meeting
InterContinental San Francisco Hotel
Room: InterContinental Ballroom B

5:00 pm – 6:00 pm
AMCD Past President’s Meeting
InterContinental San Francisco Hotel
Room: Howard

Saturday, March 18

7:30 am – 9:00 am
AMCD Ethnic Concerns Vice-President’s Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

10:00 am – 11:30 am
AMCD Latino Concerns Business Meeting
InterContinental San Francisco Hotel
Room: Cathedral Hill

12:00 pm – 1:30 pm
AMCD African American Concerns Meeting
InterContinental San Francisco Hotel
Room: Cathedral Hill

2:00 pm – 3:30 pm
AMCD American Indian Concerns Meeting
InterContinental San Francisco Hotel
Room: Cathedral Hill

2:00 pm – 3:30 pm
AMCD Mentor/Mentee Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

4:00 pm – 5:30 pm
AMCD Asian American Concerns Meeting
InterContinental San Francisco Hotel
Room: Cathedral Hill

9:00 pm – 12:00 am
AMCD Dance & Mixer
InterContinental San Francisco Hotel
Room: Grand Ballroom B & C

Sunday, March 19

9:00 am – 10:30 am
AMCD Executive Council Debriefing
InterContinental San Francisco Hotel
Room: Cathedral Hill

Follow ACA on our special Conference Twitter handle (@ACASanFran2017) for tips, reminders, and important schedule changes onsite. Also, post your Conference thoughts and photos on Twitter, Facebook, and Instagram using #ACASanFran2017.
ARCA

Thursday, March 16
1:00 pm – 5:00 pm
ARCA Board Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

Friday, March 17
7:30 am – 9:00 am
ARCA RCB Editorial Board Meeting
InterContinental San Francisco Hotel
Room: Howard

3:00 pm – 4:30 pm
ARCA Member Business Meeting
InterContinental San Francisco Hotel
Room: Sutter

Saturday, March 18
10:00 am – 11:30 am
ARCA Student Activities
InterContinental San Francisco Hotel
Room: Telegraph Hill

7:00 pm – 9:00 pm
ARCA Disability Film Fest
InterContinental San Francisco Hotel
Room: InterContinental Ballroom B

Sunday, March 19
8:00 am – 9:30 am
ARCA Board Meeting
InterContinental San Francisco Hotel
Room: Fremont

ASERVIC

Thursday, March 16
1:00 pm – 5:00 pm
ASERVIC Board Meeting
InterContinental San Francisco Hotel
Room: Fremont

Friday, March 17
11:00 am – 12:30 am
ASERVIC Editorial Board Meeting
InterContinental San Francisco Hotel
Room: Nob Hill

Saturday, March 18
10:00 am – 11:30 am
ASERVIC Advisory Board
InterContinental San Francisco Hotel
Room: Fremont

2:00 pm – 3:30 pm
ASERVIC Emerging Leaders Meeting
InterContinental San Francisco Hotel
Room: Fremont

4:00 pm – 5:30 pm
ASERVIC Member Meeting
InterContinental San Francisco Hotel
Room: Telegraph Hill

Sunday, March 19
9:00 am – 10:00 am
ASERVIC Interfaith Service
InterContinental San Francisco Hotel
Room: Telegraph Hill

Follow ACA on Instagram
(AmericanCounselingAssociation) and Facebook (American.Counseling.Association) to see fun Conference coverage!

Post your Conference thoughts and photos on Twitter, Facebook, and Instagram using #ACASanFran2017.
ASGW

Thursday, March 16
8:00 am – 12:00 pm
ASGW Board Meeting
InterContinental San Francisco Hotel
Room: Twin Peaks

Friday, March 17
3:00 pm – 4:30 pm
ASGW Member Business Meeting & Award Ceremony
InterContinental San Francisco Hotel
Room: Union Square

5:00 pm – 6:30 pm
ASGW Journal for Specialists in Group Work Editorial Board Meeting
InterContinental San Francisco Hotel
Room: Laurel Hill

Saturday, March 18
3:00 pm – 4:00 pm
ASGW 2015 Fellows Committee Meeting
InterContinental San Francisco Hotel
Room: Sutter

4:00 pm – 5:00 pm
ASGW Fellows Recognition Meeting
InterContinental San Francisco Hotel
Room: Sutter

7:00 pm – 9:00 pm
ASGW, ACC, ACES, AHC Joint Reception
InterContinental San Francisco Hotel
Room: Pacific Terrace

CCA

Thursday, March 16
6:00 pm – 7:30 pm
California Counseling Association Welcome Reception
InterContinental San Francisco Hotel
Room: InterContinental Ballroom C

Friday, March 17
11:00 am – 12:30 pm
Chi Sigma Iota Executive Board Meeting
InterContinental San Francisco Hotel
Room: Fremont

Saturday, March 18
7:30 am – 10:30 am
Chi Sigma Iota Delegate Business Meeting
InterContinental San Francisco Hotel
Room: Grand Ballroom

12:00 pm – 1:30 pm
Chi Sigma Iota Chapter Faculty Advisors
InterContinental San Francisco Hotel
Room: Telegraph Hill

2:00 pm – 3:30 pm
Chi Sigma Iota Chapter Leaders
InterContinental San Francisco Hotel
Room: Telegraph Hill

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CSJ

Thursday, March 16
1:00 pm – 5:00 pm
CSJ Board Meeting
InterContinental San Francisco Hotel
Room: Twin Peaks

Friday, March 17
1:00 pm – 2:30 pm
CSJ Town Hall Member Meeting
InterContinental San Francisco Hotel
Room: Telegraph Hill

IAAOC

Thursday, March 16
1:00 pm – 5:00 pm
IAAOC Board Meeting
InterContinental San Francisco Hotel
Room: Telegraph Hill

Friday, March 17
11:00 am – 12:30 pm
JAOC Editorial Board Meeting
InterContinental San Francisco Hotel
Room: Telegraph Hill
1:00 pm – 2:30 pm
IAAOC Membership Meeting
InterContinental San Francisco Hotel
Room: Sutter

IAMFC

Thursday, March 16
1:00 pm – 5:00 pm
IAMFC Board Meeting
InterContinental San Francisco Hotel
Room: Sutter

Friday, March 17
11:00 am – 12:00 pm
IAMFC Family Journal Editorial Board Meeting
InterContinental San Francisco Hotel
Room: Union Square
1:00 pm – 2:30 pm
IAMFC Member Business Meeting
InterContinental San Francisco Hotel
Room: Twin Peaks

KCA

Saturday, March 18
1:00 pm – 4:00 pm
Korean Counseling Association
Moscone West Convention Center
Room: 2003

MGCA

Thursday, March 16
8:00 am – 12:00 pm
MGCA Professional Development Institute
InterContinental San Francisco Hotel
Room: InterContinental Ballroom A
1:00 pm – 5:00 pm
MGCA Board Meeting
InterContinental San Francisco Hotel
Room: Union Square

Follow ACA on Instagram (AmericanCounselingAssociation) and Facebook (American.Counseling.Association) to see fun Conference coverage!
Friday, March 17

3:00 pm – 4:30 pm
MGCA Membership Business Meeting
InterContinental San Francisco Hotel
Room: Fremont

Saturday, March 18

7:00 pm – 9:00 pm
MGCA Reception
Location: Town Hall
342 Howard Street

NCDA

Saturday, March 18

7:30 am – 9:00 am
NCDA Commission on the Future of Career Development
InterContinental San Francisco Hotel
Room: Cathedral Hill

7:00 pm – 9:00 pm
NCDA Reception
InterContinental San Francisco Hotel
Room: Twin Peaks

NECA

Thursday, March 16

8:00 am – 12:00 pm
NECA & MCA Professional Development Institute
InterContinental San Francisco Hotel
Room: InterContinental Ballroom B

1:00 pm – 5:00 pm
NECA Board Meeting
InterContinental San Francisco Hotel
Room: NECA Suite

Friday, March 17

1:00 pm – 2:30 pm
NECA Leadership Meeting
InterContinental San Francisco Hotel
Room: NECA Suite

Saturday, March 18

7:00 pm – 9:00 pm
NECA, MCA Reception
InterContinental San Francisco Hotel
Room: NECA Suite

Universities

Thursday, March 16

6:00 pm – 8:00 pm
John Hopkins University, NECA & MCA Joint Reception
InterContinental San Francisco Hotel
Room: InterContinental Ballroom A

7:00 pm – 9:00 pm
North Carolina State University Reception
InterContinental San Francisco Hotel
Room: Twin Peaks

6:00 pm – 8:00 pm
University of Central Florida Reception
InterContinental San Francisco Hotel
Room: InterContinental Ballroom B

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NEW RELEASES FROM ACA!

- Addiction in the Family by Virginia Kelly
- Affirmative Counseling With LGBTQ+ People edited by Misty Grincola, Cheri Smith, and Joel Timore
- Counseling and Psychotherapy: Theories and Interventions, 6th Edition edited by David Capuzzi and Mark Stauffor
- Counseling Research: A Practitioner-Scholar Approach by Richard Balkin and David Kleist
- The Creative Arts in Counseling, 5th Edition by Sam Gliedding
- Evaluating Student Learning Outcomes in Counselor Education by Casey Barrio Minton, Donna Glavon, and Carrie Wachtler Morris
- Group Work With Persons With Disabilities by Sheri Bauman and Linda Shaw
- Neurocounseling: Brain-Based Clinical Approaches edited by Thomas Field, Laura Jones, and Lori Russell-Chopin
- Partners in Play, 3rd Edition by Terry Knottman and Kristin Meany-Walen
- Postmodern Career Counseling edited by Louis Busiello and Mark Refits
- Reality Therapy and Self-Evaluation: The Key to Client Change by Robert Wubbolding
- Relationships in Counseling and the Counselor’s Life by Jeffrey Kottler and Richard Balkin
- Stepping In, Stepping Out: Creating Stoofamily Rhythm by Joshua Gold
- Treatment Strategies for Substance and Process Addictions by Robert Smith
- Using Technology to Enhance Clinical Supervision edited by Tony Rouxenniere and Edina Renfrid-Michel

Irvin Yalom
March 17, 10:30 am

ACA AUTHOR BOOK SIGNING
March 16, 4:30 pm – 5:30 pm
March 17, 1:00 pm – 2:00 pm
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Find information on costs, occupation types, completion rates, and median loan debt for these programs at www.WaldenU.edu/programdata.

RELATED PROGRAMS:
- PhD in Counselor Education and Supervision (CACREP Accredited)
- PhD in Human Services and Social Services / MS in Addiction Counseling
- MS in Clinical Mental Health Counseling (CACREP Accredited) / MS in Marriage, Couple, and Family Counseling (CACREP Accredited) / MS in School Counseling

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Walden University’s PhD in Counselor Education and Supervision; MS in Clinical Mental Health Counseling; and MS in Marriage, Couple, and Family Counseling programs are accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA). CACREP accreditation is a requirement for licensure in many states. The MS in Clinical Mental Health Counseling is accredited as a mental health counseling program under the 2001 standards.

Highlights of Illuminate:

- A powerful new training guide, “LGBTQ Counseling Throughout the Life Span” for all attendees
- Compelling keynote speakers, including Colleen Logan, PhD, LPC, LMFT, NCC (ACA past president, 2007–2008 and LGBTQ advocate) and Cheryl Holcomb-McCoy, PhD, dean of the School of Education at American University
- A multitude of exciting peer-reviewed education sessions
- Poster sessions offering face-to-face engagement and state-of-the-art outcome research of deep interest
- Opportunity to earn 12 CEs
- A dedicated reception for participants to network and connect
- An opportunity to attend the 42nd Annual Pride Festival on Pennsylvania Avenue, including a parade, concerts, and much more

Don’t miss this monumental, brand new learning event/celebration!

Register early—space is limited.

ILLUMINATE

Thursday, June 8 – Saturday, June 10, 2017
Grand Hyatt Washington Hotel, 1000 H Street NW, Washington, DC 20001

To book a room at the ACA discounted rate of $189 single/double per night, please visit counseling.org/illuminate or call 1-888-421-1442 and mention American Counseling Association. (ACA rate expires May 11, 2017).

Deadline for Early-Bird registration is April 7, 2017

Learn more at counseling.org/illuminate
Be sure to visit the ACA Experience Pavilion consisting of:

- ACA Government Affairs
- ACA Professional Affairs and Ethics & Practice
- ACA Membership
- ACA Foundation

And there’s much more happening in the Expo:

- Snack lunch
- Opening Reception
- ACA Experience
- ACA Career Center
- Networking Lounge
- Graduate Student & New Professional Center

Exhibitors and descriptions listed as of 1/7/2017. Please see ACA app and counseling.org for additional information.

Expo Hours

Thursday, March 16
4:00 pm – 6:00 pm
Grand Opening & Welcome Reception in the Expo!

Friday, March 17
10:00 am – 4:00 pm

Saturday, March 18
10:00 am – 4:00 pm

ACA Bookstore and Author Book Signings
Expo Hall

See the impressive line of new ACA releases, books by keynote presenters, counseling classics, and much more. Have an idea for a book you’d like to write? Meet with the associate publisher to discuss how to submit a book proposal. Converse with some of the most influential and distinguished counselors in the field while they autograph their book for you at the ACA Author Book Signings! See page 16 for schedule.
<table>
<thead>
<tr>
<th>Exhibitor</th>
<th>Booth Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACA Bookstore</td>
<td>Exhibit Hall Foyer</td>
</tr>
<tr>
<td>Alcoholics Anonymous</td>
<td>41</td>
</tr>
<tr>
<td>Alexander Street, a ProQuest Company</td>
<td>30</td>
</tr>
<tr>
<td>American College Counseling Association (ACCA)</td>
<td>102</td>
</tr>
<tr>
<td>American Psychological Association</td>
<td>3</td>
</tr>
<tr>
<td>Argosy University</td>
<td>105</td>
</tr>
<tr>
<td>Association for Spiritual, Ethical and Religious Values in Counseling (ASERVIC)</td>
<td>99</td>
</tr>
<tr>
<td>Association for Advanced Training in Behavioral Sciences (AATBS)</td>
<td>60</td>
</tr>
<tr>
<td>Association for Child &amp; Adolescent Counseling (ACAC)</td>
<td>95</td>
</tr>
<tr>
<td>Association for Creativity in Counseling (ACC)</td>
<td>97</td>
</tr>
<tr>
<td>Association for Humanistic Counseling (AHC)</td>
<td>100</td>
</tr>
<tr>
<td>Association for Lesbian, Gay (ALGBTIC)</td>
<td>96</td>
</tr>
<tr>
<td>Association for Multicultural Counseling and Development (AMCD)</td>
<td>91</td>
</tr>
<tr>
<td>Association for Specialists in Group Work (ASGW)</td>
<td>101</td>
</tr>
<tr>
<td>BrainMaster Technologies, Inc.</td>
<td>46</td>
</tr>
<tr>
<td>Brighter Vision</td>
<td>44</td>
</tr>
<tr>
<td>California Association for Licensed Professional Clinical Counselors (CALPCC)</td>
<td>89</td>
</tr>
<tr>
<td>California Counseling Association (CCA)</td>
<td>88</td>
</tr>
<tr>
<td>Capstone Treatment Center</td>
<td>21</td>
</tr>
<tr>
<td>Cengage Learning</td>
<td>36</td>
</tr>
<tr>
<td>Center for Reality Therapy</td>
<td>43</td>
</tr>
<tr>
<td>Clinical Training Manager</td>
<td>55</td>
</tr>
<tr>
<td>Core Belief Restructuring</td>
<td>87</td>
</tr>
<tr>
<td>Council of Counseling Psychology Training Programs (CCPTP)</td>
<td>4</td>
</tr>
<tr>
<td>CounselChat</td>
<td>70</td>
</tr>
<tr>
<td>Counseling Books, Etc.</td>
<td>83</td>
</tr>
<tr>
<td>Counselors for Social Justice (CSJ)</td>
<td>94</td>
</tr>
<tr>
<td>Cumberland Heights</td>
<td>22</td>
</tr>
<tr>
<td>Defense Centers of Excellence for Psychological Health &amp; Traumatic Brain Injury</td>
<td>7</td>
</tr>
<tr>
<td>EdITS Publishing</td>
<td>72</td>
</tr>
<tr>
<td>Enovative Technologies</td>
<td>51</td>
</tr>
<tr>
<td>Family Works, Inc.</td>
<td>5</td>
</tr>
<tr>
<td>Florida Atlantic University – Department of Counselor Education</td>
<td>23</td>
</tr>
<tr>
<td>Health Professions Education Foundation</td>
<td>59</td>
</tr>
<tr>
<td>Healthcare Providers Service Organization (HPSO)</td>
<td>2017 Conference Sponsor</td>
</tr>
<tr>
<td>International Institute for Trauma &amp; Addiction Professionals (IITAP)</td>
<td>110</td>
</tr>
<tr>
<td>IntegReview IRB</td>
<td>53</td>
</tr>
<tr>
<td>International Association for Addiction and Offender Counselor (IAAOC)</td>
<td>93</td>
</tr>
<tr>
<td>International Association for Marriage and Family Counselors (IAMFC)</td>
<td>98</td>
</tr>
<tr>
<td>KASA Practice Solutions</td>
<td>5</td>
</tr>
<tr>
<td>Landmark College</td>
<td>80</td>
</tr>
<tr>
<td>LuLaRoe</td>
<td>85</td>
</tr>
<tr>
<td>Medical Billing Professionals</td>
<td>84</td>
</tr>
<tr>
<td>Military and Government Counseling Association (MGCA)</td>
<td>92</td>
</tr>
<tr>
<td>Exhibitor</td>
<td>Booth Number</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------</td>
<td>--------------</td>
</tr>
<tr>
<td>Montclair State University</td>
<td>54</td>
</tr>
<tr>
<td>The National Association for Addiction Professionals (NAADAC)</td>
<td>68</td>
</tr>
<tr>
<td>North American Society of Adlerian Psychology (NASAP)</td>
<td>24</td>
</tr>
<tr>
<td>National Board for Certified Counselors (NBCC)</td>
<td>69</td>
</tr>
<tr>
<td>National Institute for Mental Health</td>
<td>57</td>
</tr>
<tr>
<td>Oxford University Press</td>
<td>90</td>
</tr>
<tr>
<td>Palo Alto University</td>
<td>73</td>
</tr>
<tr>
<td>Paradigm Treatment Centers</td>
<td>104</td>
</tr>
<tr>
<td>PESI, Inc.</td>
<td>1000</td>
</tr>
<tr>
<td>Psychotherapy.net</td>
<td>28</td>
</tr>
<tr>
<td>QBtech, Inc.</td>
<td>64</td>
</tr>
<tr>
<td>RedCliff Ascent</td>
<td>52</td>
</tr>
<tr>
<td>Richmont Graduate University</td>
<td>48</td>
</tr>
<tr>
<td>Routledge Books</td>
<td>65</td>
</tr>
<tr>
<td>Routledge Journals</td>
<td>66</td>
</tr>
<tr>
<td>SAGE</td>
<td>1</td>
</tr>
<tr>
<td>Saybrook University</td>
<td>45</td>
</tr>
<tr>
<td>Schick Shadel Hospital</td>
<td>107</td>
</tr>
<tr>
<td>SimplePractice.com</td>
<td>40</td>
</tr>
<tr>
<td>Southern New Hampshire University</td>
<td>58</td>
</tr>
<tr>
<td>Springer Publishing Company</td>
<td>42</td>
</tr>
<tr>
<td>Supervision Assist</td>
<td>108</td>
</tr>
<tr>
<td>Telebehavioral Health Institute</td>
<td>71</td>
</tr>
<tr>
<td>Tennessee Counseling Association (TCA)</td>
<td>20</td>
</tr>
<tr>
<td>The Chicago School</td>
<td>9</td>
</tr>
<tr>
<td>thera-LINK</td>
<td>29</td>
</tr>
<tr>
<td>TherapyNotes, LLC</td>
<td>61</td>
</tr>
<tr>
<td>TherapySites</td>
<td>39</td>
</tr>
<tr>
<td>Theravue</td>
<td>14</td>
</tr>
<tr>
<td>Thriveworks</td>
<td>63</td>
</tr>
<tr>
<td>University of Texas San Antonio - College of Education and Human Development</td>
<td>74</td>
</tr>
<tr>
<td>Vyne Education</td>
<td>49</td>
</tr>
<tr>
<td>Walden University</td>
<td>37</td>
</tr>
<tr>
<td>Waynesburg University</td>
<td>50</td>
</tr>
<tr>
<td>WeCounsel</td>
<td>106</td>
</tr>
<tr>
<td>West Love Color and Culture</td>
<td>56</td>
</tr>
<tr>
<td>Whole Person Associates, Inc.</td>
<td>77</td>
</tr>
<tr>
<td>Wiley</td>
<td>111</td>
</tr>
<tr>
<td>Yuru, Inc.</td>
<td>81</td>
</tr>
<tr>
<td>ZynnyMe</td>
<td>47</td>
</tr>
</tbody>
</table>
Take your first step toward state licensure as a certified counselor. Waynesburg’s CACREP-accredited Master of Arts in Counseling Program will prepare you for a rewarding and fulfilling career as a counselor. The Counseling Program offers two specialized tracks, Clinical Mental Health Counseling and Addiction Counseling, as well as a CACREP-accredited Addictions Certification Program.

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– Connie Donaldson, Certified Family Constellation Facilitator
LOOKING FOR A UNIQUE SOUVENIR?

Stop by and see the ACA Membership team in the ACA Experience (located in the Expo Hall) to purchase merchandise, renew your membership, and more.
### Conference Session Index

#### Addictions, Offenders, and Correction Counseling

<table>
<thead>
<tr>
<th>ID #</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>111</td>
<td>Multidimensional Assessment Procedures for Substance Abuse Treatment</td>
</tr>
<tr>
<td>140</td>
<td>Breaking the Cycle of Homelessness: Contingency Management in Treating Addiction</td>
</tr>
<tr>
<td>147</td>
<td>In-Depth Examination of Sexual Addiction: Recent Research and Clinical Implications</td>
</tr>
<tr>
<td>156</td>
<td>Effective Interventions for Student Athletes Who Violate Alcohol and Drug Policy</td>
</tr>
<tr>
<td>171</td>
<td>Examining Physiological and Psychological Functioning of College Students of Alcoholic Parents</td>
</tr>
<tr>
<td>185</td>
<td>Exploring the Intergenerational Transmission of Risk Among Asian-American Immigrants</td>
</tr>
<tr>
<td>196</td>
<td>Black Males’ Experiences of Treatment Mandated by Mental Health Courts</td>
</tr>
<tr>
<td>222</td>
<td>Community Reinforcement and Family Training: Helping Loved Ones of Addicted Individuals</td>
</tr>
<tr>
<td>259</td>
<td>IAAOOC Research Carousel on Addiction and Offender Issues</td>
</tr>
<tr>
<td>298</td>
<td>Counseling Sexual Offenders: Practical Information for Clinicians</td>
</tr>
<tr>
<td>322</td>
<td>Best Practices in Counseling Gay Male Youth with Substance Use Disorders</td>
</tr>
<tr>
<td>346</td>
<td>Synthetic Drugs: What School and Mental Health Counselors Need To Know</td>
</tr>
<tr>
<td>351</td>
<td>Grief and Loss in Addiction: Implications for Treatment</td>
</tr>
<tr>
<td>375</td>
<td>Application of SBIRT with Clients Who Are Engaging in Problematic Substance Use</td>
</tr>
<tr>
<td>396</td>
<td>Counselors and White Coats: Brief Counseling Interventions in Integrated Care</td>
</tr>
<tr>
<td>506</td>
<td>The National Epidemic of Drug and Alcohol Abuse</td>
</tr>
<tr>
<td>605</td>
<td>Mindfulness-Based Stress Reduction in Addictions and Trauma Treatment</td>
</tr>
<tr>
<td>608</td>
<td>A Study on the Effects of Parental Abuse and Parental Neglect Perceived by Adolescents on Their Adult Media Immersion</td>
</tr>
<tr>
<td>619</td>
<td>The Prevalence and Effects of Traumatic Experience as It Relates to the Clients in Incarcerated Settings</td>
</tr>
<tr>
<td>635</td>
<td>Assessment Tools for Substance and Process Addictions: Exploring the Frequency of Use</td>
</tr>
<tr>
<td>648</td>
<td>The Importance of Family-Based Treatment in Working with Adolescent Substance Use</td>
</tr>
<tr>
<td>664</td>
<td>Mindfulness as Intervention for Excessive Pornography Use</td>
</tr>
<tr>
<td>679</td>
<td>The Abstinence Exercise: Impact on Empathy for Clients with Addictive Disorders</td>
</tr>
<tr>
<td>687</td>
<td>Do Certain Drugs Determine the Type of Crime Someone Will Commit?</td>
</tr>
<tr>
<td>690</td>
<td>Vicarious Experiences of Growth and Resilience in Substance Abuse Counselors</td>
</tr>
<tr>
<td>709</td>
<td>Using Research To Inform Practice: An Assessment Model for Collegiate Addictions</td>
</tr>
<tr>
<td>721</td>
<td>Drunkorexia and College Students with Alcohol-Related Consequences</td>
</tr>
<tr>
<td>761</td>
<td>Bridging Family Connections in Recovery: Implications for Professional Counselors</td>
</tr>
<tr>
<td>779</td>
<td>Addictive Features of Nonsuicidal Self-Injury: Risk for Unintentionally Severe Harm</td>
</tr>
<tr>
<td>791</td>
<td>Substance Use and Student Athletes of Color as a High-Risk Population</td>
</tr>
</tbody>
</table>
### ID #806, Recovery Advocacy: Changing the Addiction Conversation

ID #824, Integrative Treatments for Co-Occurring Chronic Pain and Opioid Use Disorder

ID #836, Career Interest Trends of Justice-Involved Youth: Where Intervention Should Begin

### Assessment, Testing, and Program Evaluation

ID #111, Multidimensional Assessment Procedures for Substance Abuse Treatment

ID #269, Practical Approaches to Evaluating Student Learning Outcomes in Counselor Education

ID #311, Using Narrative Data in Program Evaluation: A Content Analysis Primer for Counselors

ID #370, The CABLE: Development of a New Instrument for Assessing Grief Coping Strategies

ID #622, The Development and Validation of the Understanding Mental Health Scale

ID #650, Minding the Gap: Supporting High School and College Dual Enrollment

ID #709, Using Research To Inform Practice: An Assessment Model for Collegiate Addictions

ID #757, Standards of Care for Assessment and Research with LGBTQ+ Persons: A Cross-Divisional Collaboration

ID #771, Honoring Spirit: Assessing the Place of Spirituality and Relation in the Counseling Process

ID #837, The Comprehensive Psycho-Spiritual Clinical Interview

### Career Development and Employment Counseling

ID #112, Dysfunctional Career Thoughts and The Self-Directed Search

ID #148, A Career Group Intervention for Teens with Mental Health Disorders Using Game Design

ID #172, Wellness in the Workplace: Work-Life Balance/Experiencing Healthy Work and Play

ID #237, Intersections of Career and Self-Concept

ID #262, Bridging the Divisions in the Modern Workplace

ID #312, Necessity and Strategies of Integrating Mental Health and Career Counseling Services

ID #330, The Culturally Competent Career Counselor: Effective Assessment Strategies and Skill

ID #352, Providing Career Support to Ex-Offenders: A Systemic, Social Justice Perspective

ID #376, Early Recollections and Career Identity: Developing the Client’s Narrative

ID #406, Identity Development of Working Mothers: How To Support Their Mental Health Needs

ID #516, Students Experiencing Homelessness: Special Considerations for Secondary Students

ID #548, Helping International Students Navigate Cultural Transitions and Career Development

ID #620, Employability: Training Solutions for Success

ID #642, Exploring Career Decision Making in the Sand: A Qualitative Investigation

ID #643, Career Counseling with First Generation College Students of Color who are Interested in STEM

ID #654, Happenstances as Career Opportunities: The Role of Career

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Follow ACA on [Instagram](https://www.instagram.com) and [Facebook](https://www.facebook.com) to see fun conference coverage!
Counselors
ID #661, Attitudes Toward Career Counseling on the Career Development Types
ID #677, Career Counseling Strategies for College Students with Autism Spectrum Disorder
ID #717, New Age of Employment: Vocational/Career Counseling for Individuals with Autism
ID #760, Ecotherapy in the Workplace: Career Counseling Interventions
ID #775, Bicultural Self-Efficacy of International Students in Korea and Career Development
ID #788, Conceptualizing Occupational Prestige: Cultural Analysis and Scale Development
ID #808, Predicting Undergraduate Retention in STEM Majors: A Counselor Education Perspective
ID #819, Career Counseling for Latino Males
ID #833, Factors Contributing to Counseling Faculty’s Productivity
ID #845, Navigating Microaggressions: A New Model To Help Support College Students

Child and Adolescent Counseling
ID #101, Creative Counseling: 25 Expressive Play Ideas To Make Sense of Emotional Chaos
ID #137, Promoting Self-Efficacy Through Athletic Participation: A Counseling Model
ID #148, A Career Group Intervention for Teens with Mental Health Disorders Using Game Design
ID #149, Bullying Prevention Has Gone Digital: Using Technology To Combat Bullying
ID #173, Tips and Tools for Counseling Youth with Sensory Processing Disorder
ID #183, Play Therapy Training for Mental Health Professionals in the Border Region
ID #194, Navigating Ethical Issues When Working with Children of Divorced or Divorcing Parents
ID #207, Conceptualizing the Mental Health Needs of Gifted/High-Ability Children and Teens
ID #212, “How Do I Handle This?” Limit Setting in Play Therapy
ID #218, Working with Families of Angry Adolescents: A Collaborative, Strengths-Based Approach
ID #230, Counseling Girls for Depression During the Transition to Adolescence
ID #248, More than Just a “Bad Kid”: Exploring Positive Self-Concepts with Students
ID #256, Examining Effectiveness: Child-Centered Play Therapy with African-American Children
ID #270, Filial Therapy: Counseling Implications for Ethnically Diverse Families
ID #281, Invisible Victims: Boys’ Narratives of Sexual Abuse Survival, Recovery, and Hope
ID #290, An Anti-Bullying Experiential Group Activity for Children with a Disability
ID #303, Leadership in School-Based Group Counseling: What Matters to Students Most?
ID #309, Mind Crafters: Improving Self Regulation with Pre-Adolescents in Group Therapy
ID #324, Parents of Color on STEM: Expanding School Counselors’ Role in Parental Involvement
ID #345, Love Seeking or Attachment Disorder? Explore Friendliness in International Adoptees
ID #353, The Neurobiology of Play Therapy
ID #364, Bullying and the Emotional
Conference Session Index

Mind: Using DBT Skills To Foster Resiliency
ID #372, Narratives of Resistance: Deconstructing Gendered Racial Microaggressions in Groups
ID #387, Supporting Children During Gender Transition: Assessment and Treatment Strategies
ID #388, Adolescent Anxiety: Building Understanding and Skills To Support Effective Treatment
ID #394, Adolescent Self-Injurious Behavior: Analysis of the Youth Risk Behavior Survey Trends
ID #403, Assessment and Treatment of the Specific Fear of Vomiting (Emetophobia) in Youth
ID #416, Experiences of Loss for Children of Incarcerated Parents
ID #502, Raising Awareness for the Growing Need for Counselors in the Deaf Community
ID #512, Play Therapy for Terminally and Chronically Ill Children in Hospital Settings
ID #532, Dismissed!: School Counselors’ Avoidance of Students’ Spiritual and LGBT Identities
ID #542, Counseling Latino Students and Their Families in the School and Community Setting
ID #562, Infant/Early Childhood Mental Health Roundtable
ID #573, Counseling Adolescents: The Unconscious Matters
ID #582, Black Counselors Matter: The Need for Black Male Counselors for Black Male Adolescents
ID #603, Creative Strategies with Families Involved in High-Conflict Divorce Cases and Custody Disputes
ID #617, Promoting Wellness and Resilience: The Clinical Implications of Trauma Work with Female Adolescents
ID #629, Mindfulness Practices for Children
ID #649, An Outcome Research Project
ID #656, Integrating Gestalt Play Therapy and EMDR in the Treatment of Traumatized Children
ID #669, Informed Consent and Children: Using Story Books To Understand Counseling
ID #678, Culturally Based Strategies To Create a Sense of Belonging for Transfer Students
ID #688, Exploratory Analyses of Cognitive Schemas for Child Sexual Abuse Survivors
ID #692, Counseling Approaches and Interventions for LGBT Youth
ID #706, Implementing Play into Supervised Visits: A Collaborative Study
ID #720, Using Creative Termination Rituals with Children and Adolescents
ID #762, Counseling Children with ADHD: Three Focus Areas for Professional Counselors
ID #776, Integration of Child-Centered Play Therapy and EMDR for Treating Traumatized Children
ID #785, Identifying and Addressing the Needs of Refugee Adolescents in Schools
ID #813, Korean Adolescents Counseling System: Where Are We Now?
ID #822, School Counseling and ABA: A Blended Approach
ID #836, Career Interest Trends of Justice-Involved Youth: Where Intervention Should Begin
ID #848, Ethnic Identity Exploration: Group Counseling with Latino Middle School Students

Clinical Mental Health
ID #102, The Creative Arts in Counseling: How, Where, and When to Use Them
ID #110, Complexity and Intersectionality of Crisis and Trauma in Counseling
Those of African Descent
ID #124, Relationships in a Counselor’s Life
ID #125, “What Did I Miss?”: Surviving Client Suicide
ID #126, Haunted for Life: Long-Term Physical Impact of Childhood Sexual Abuse
ID #130, A Narrative Counseling Approach for Vicarious Trauma with EMS First Responders
ID #134, How To Bring Counseling Session Outcomes into the “Real” World: Microskills in Action
ID #146, Trauma Treatment Techniques Go Mainstream: You Can’t Treat the Mind Without the Body
ID #154, Advancing Clinical Mental Health Counseling in a Brain-Based Era: An Introduction to Neurocounseling
ID #155, The Transition to Motherhood: Breastfeeding and Peripartum Depression
ID #158, How To Befriend Resistance and Avoidance in Group Counseling: Advanced Reality Therapy
ID #163, Human Trafficking: Implications for Counseling Professionals
ID #180, Use of Collaborative Apps to Enhance the Impact of Counseling Sessions
ID #182, Wellness Through Nature: Reconnecting Our Clients to the Natural World
ID #184, Behavioral Activation: Effective Treatment Approach for Latinas/os with Depression
ID #186, Reconciling Gender and Spiritual Identity in LGBTQ+ Individuals
ID #190, For Shame! The Neglected Emotion in PTSD
ID #195, Take a Breath, Take a Break: A Useful Meditation Toolkit for Beginning Counselors
ID #197, Latino Mental Health: Problems and Solutions
ID #205, Attitudes Toward Pornography and Sexuality, and Working with Clients
ID #209, Use of Evidence-Based Practices with Oppressed Populations
ID #215, Keeping Your Cool in School: Piloting a Mental Health Program for Staff and Students
ID #230, Counseling Girls for Depression During the Transition to Adolescence
ID #231, Self-Supervision and Self-Growth: Developing the Autonomous Practitioner
ID #233, Counseling in the New Age: Integrated Health-Care Preparation for Counselors in Training
ID #251, Racial Battle Fatigue Syndrome and the Biopsychosocial Health of African-American Men
ID #260, SIMPLE STEPS: A Comprehensive Model of Suicide Assessment
ID #279, Debunking Neuromyths: Applying Neuroscience to Practice
ID #282, Creative Interventions for Use with Those Who Self-Injure
ID #295, Adoptive Families’ Journey of Healing: A Filial Approach
ID #297, Transgender and Gender Nonconformity 101: A Crash Course in Affirmation
ID #298, Counseling Sexual Offenders: Practical Information for Clinicians
ID #308, Four Go-To Therapy Tools for Working with Trauma Survivors
ID #312, Necessity and Strategies of Integrating Mental Health and Career Counseling Services
ID #316, Current Directions in the Clinical Mental Health Counseling Profession: Where are We to Where We Need to Go
ID #326, Creative Means to Therapeutic Ends: Techniques for Narrative Practice
ID #334, Integrating Clients’ Strengths and Resources into Counseling
Conference Session Index

ID #340, Strength-Centered Counseling, Bipolar Disorder, Medication Compliance, and Healthy Self
ID #342, Rethinking Diagnosing Oppositional Defiant Disorder in African-American Males
ID #351, Grief and Loss in Addiction: Implications for Treatment
ID #357, Counseling in Integrated Care Settings: Practice and Research
ID #360, Dealing with Insurance: How Auditors Think and Why
ID #363, Evolving Substance Use Treatment Beyond a Primitive System That Fetishizes Addiction
ID #369, ACA’s Legislative Agenda and Advocacy
ID #375, Application of SBIRT with Clients Who Are Engaging in Problematic Substance Use
ID #378, New in Neuroscience: New Directions in Treatment and What the Counselor Needs To Know
ID #379, Embodied Healing: A Relational Body-Centered Approach to Trauma Counseling
ID #391, Beyond the 5 Stages: The Relationship Between Individualized Grief and Personality
ID #392, Broach This: Strategies for Initiating and Responding to Clients’ Cultural Context
ID #393, Cultural Competence in Trauma-Informed Care
ID #402, Raising Awareness for the Growing Need for Counselors in the Deaf Community
ID #506, The National Epidemic of Drug and Alcohol Abuse
ID #512, Play Therapy for Terminally and Chronically Ill Children in Hospital Settings
ID #514, Jewish Issues and Microaggressions Toward Jewish Individuals Made Visible
ID #520, Carried to the Table: Developing Culturally Competent Care for Eating Disorders
ID #525, Balancing Your Mind, Body, and Soul as a Counselor
ID #527, School Shootings and Mental Health: Role of the School Counselor in Mitigating Violence
ID #530, Less Is More: Supporting Individuals with Hoarding Disorder
ID #536, Religiousness in Trauma: Implications for Integrating Spirituality in Counseling
ID #538, Difficult Cases with EMDR: Collective Supervision Using Multiple Trauma Theories
ID #540, Undocumented Immigrants: Examining the International Adult Adoptee Client
ID #550, Beyond PTSD and TBI: How Meaning and Purpose Impact the Military Veteran
ID #556, Love Wins: A Father-Son Journey Through the Coming-Out Process
ID #557, PTSD in Women: Using the ICF as a Framework
ID #560, Enhancing Counseling Through the Use of de Bono’s Six Thinking Hats
ID #566, Microaggressions and Abuse: The Impact of Counselor Interactions with Clients
ID #568, View from the Witness Stand: Experience and Preparation for Young Adult Immigrants
Providing Court Testimony
ID #585, The Intersection of Income, Mental Health, and Cultural Competence
ID #590, Ethical Decision-Making Models: Widening Our Lens
ID #627, An Evidence-Based Procedure for Reducing Anxiety in Distressed Dental Patients
ID #676, Horses: Experiential Learning Lessons for Counselors and Their Clients
ID #681, Strike While the Iron Is Cold: The Recovery-Oriented Benefits of Advance Directives
ID #687, Do Certain Drugs Determine the Type of Crime Someone Will Commit?
ID #694, Understanding Mental Health and Aging Issues of Immigrant Older Adults in the U.S.
ID #696, Wellness, Burnout, and Law Enforcement Personnel: Implications for Counseling
ID #723, Why Not Give Up? Optimism in Former Refugees and the Counselor’s Role
ID #728, The Missing Piece: Counselors and Workplace Wellness Programs
ID #769, Empirical Classification of Perfectionists Based on the Dimensions of Perfectionism
ID #770, Counselors Creating Compassionate Models of Care for the Chronically Ill and Caregivers
ID #777, Interprofessional Simulation: Preparing Counselors for Integrated Primary Care
ID #783, The Mediating Role of Anxiety in the Relationship Between Adult Attachment and Empathy
ID #805, Further Exploration of the Therapeutic Relationship New Findings from The Alliance Lab
ID #811, Building Simple Solutions to Remedy Wait Lists
ID #812, LGBTQ Aging and Mental Health: Qualitative Differences
ID #828, Calming the Anxious Mind: Implementing Neurofeedback Training for College Students
ID #838, The Overlap of Community Counseling Agencies and Outpatient Settings
ID #852, The Relation Between Traumatic Brain Injury and Schizophrenia
ID #855, Decide or Divide: Exploring Intersections of Client Identities

College Counseling
ID #115, Stereotype Threat Experiences of African-American Students in Engineering Education
ID #137, Promoting Self-Efficacy Through Athletic Participation: A Counseling Model
ID #141, When Caring Hurts: Identifying Signs of Burnout and Compassion Fatigue in Education
ID #151, Developing Comprehensive Campus Suicide Prevention at Your University
ID #156, Effective Interventions for Student Athletes Who Violate Alcohol and Drug Policy
ID #161, Silence Still Equals Death: Counseling College Students on HIV, STIs, and Dating
ID #171, Examining Physiological and Psychological Functioning of College Students of Alcoholic Parents
ID #206, Going Away and Coming Out: Positive Sexual Identity Disclosures of LGB College Students
ID #225, Ethnic Self-Hatred: Internalized Racism in Latina/o/x College Students
ID #238, Counseling Strategies and Efficacy with Chinese International Students
ID #245, Quelling the Fires of Academia: The Role of Counselors in Addressing Racial Tension and Violence on College
Conference Session Index

Health and Seeking Services
ID #803, Mental Health Advocacy: Wellness Training for University Administrators, Faculty, and Staff
ID #804, Results of Three Body Image Assessments: Naked and Afraid
ID #823, Supporting Undocumented Youth in the Schools: Connecting Theory with Practice
ID #828, Calming the Anxious Mind: Implementing Neurofeedback Training for College Students
ID #845, Navigating Microaggressions: A New Model To Help Support College Students

Counseling Theory
ID #143, Assessing the Etiology of Auditory Visual Hallucinations Using Betrayal Trauma Theory
ID #169, Theories of Counseling and Psychotherapy
ID #200, Frankl and Yalom’s Existential Therapies: Paradigms for Both the Atheist and the Religious
ID #224, Integrating Emotional Freedom Techniques into Mental Health Counseling: An Emerging Model
ID #315, Spotlight: Theoretical Orientation—Helping Trainees Adopt a Blueprint for Practice
ID #335, Alliance Ruptures and Repairs with Clients Who Are Different from the Therapist
ID #340, Strength-Centered Counseling, Bipolar Disorder, Medication Compliance, and Healthy Self
ID #389, Framing Difficult Dialogues with Feminist, Multicultural, and Social Justice Theories
ID #505, How To Decide on a Theoretical Orientation: A Complex but Important Decision
ID #693, Prompting Self-Awareness Through Reflective Group Activities

Counselor Education
ID #106, Using Popular Films as a Multicultural Counseling Training Tool
ID #108, Language and Online Learning: Inform, Inspire, and Engage Virtual Learning Communities
ID #109, Integrative Reflective Model of Group Supervision: Enhancing Clinical Competence
ID #114, The Clinical vs. Statistical Decision Making Debate in Counseling
ID #119, What About Our Lesbian and Gay Counseling Students? Results of a Survey Exploring their Experiences
ID #120, Interprofessional Collaboration: Opportunities and Challenges
ID #122, Incorporating Reach Higher Principles in Counselor Education through an Engaging Course Offering
ID #123, Conveying Information: Lessons from Homiletic, Ted Talks, and Carl Rogers
ID #126, Haunted for Life: Long-Term Physical Impact of Childhood Sexual Abuse
ID #129, Using Motivational Interviewing in Clinical Supervision
ID #134, How To Bring Counseling Session Outcomes into the “Real” World: Microskills in Action
ID #136, Establishing Counselor Identity: Teaching in School Counseling Programs
ID #139, Cross-Ethnic Trust Factors: Black Counselors with White Mentors
ID #169, Theories of Counseling and Psychotherapy
ID #177, The Council on Rehabilitation Education Standards Revision Update

ID #793, Millennials: A Developmental Crisis
ID #850, The What, How, and Why of Relational Depth in the Counseling Relationship
ID #179, Scaffolding Case Conceptualization Across the Curriculum
ID #181, Counselor Education in CACREP-Accredited Programs: Current Issues and Information
ID #189, Examining the Preparedness of Student Counselors in Working with Clients with HIV
ID #208, Suicide Preparedness in Counseling Students: Knowledge, Attitudes, and Behavior
ID #214, Teaching Counseling Students About Sexuality: A Postmodern Feminist Approach
ID #221, Wounded Healers: How To Support Counselors-in-Training Who Have Experienced Trauma
ID #227, Does Your CE Program Have Standards for Professional Dispositions and Conduct?
ID #232, Cross-Cultural Development and Transformation: Lessons Learned in Indian Country
ID #233, Counseling in the New Age: Integrated Health-Care Preparation for Counselors in Training
ID #246, Beyond the Stages of Grief: Advances in Understanding and Counseling Grief and Loss
ID #263, Voices Heard: Students of Color Experiences in Two Unique Multicultural Courses
ID #267, Intergenerational Perspectives on Multicultural Counseling from the 1930s to Today
ID #277, An Introduction to and Overview of the 2016 CACREP Standards
ID #285, An Intentional Approach to Integrating Sexuality into Counselor Education and Practice
ID #299, Male Engagement in Sexual Violence Prevention: Before and After “My Masculinity Helps”
ID #300, Multiculturalism and Mentorship: Moving Beyond Marginalization
ID #315, Spotlight: Theoretical Orientation—Helping Trainees Adopt a Blueprint for Practice
ID #317, CSCORE’s Annual Review of Research: Identifying Best Practices for Counseling in Schools
ID #319, Incorporating Gender Expression and Gender Identity into Counselor Education
ID #325, Being a Sister-Scholar: Leadership Development and Advocacy in Counselor Education
ID #338, Multimedia: Culturally Relevant Pedagogy in Counselor Education
ID #341, Selecting Applicants to Counselor Education Programs in Light of the Tennessee Counseling Law
ID #350, Supervision of Self-Injury: Monitoring Supervisees’ Responses and Clinical Risk
ID #365, Internationalization of the Counseling Profession in a Globalizing World
ID #367, Building Community to Enhance the Academic Success and Well-Being of African American Youth
ID #377, An Integrated Therapeutic Approach to Providing Treatment to African-American Couples
ID #390, Counselor Identity: Integrating Education, Community, and Practice
ID #400, Understanding the Role of Family in Female Doctoral Students’ Persistence
ID #417, Ethical Decision Making for Supervisors of Color
ID #505, How To Decide on a Theoretical Orientation: A Complex but Important Decision
ID #510, Perspicacity: A Catalyst in the Cultivation of Highly Effective Counselors
ID #519, International Immersion Experience To Increase Multiculturalism in Students
ID #522, Counselor Training in an Urban Campus Setting: A Model of Leadership
ID #524, The Art and Science of Documenting Clinical Supervision
ID #526, Service Learning: Community Service and Promoting Wellness Through Parent Education
ID #529, Integrating a Spanish Counseling Minor: Issues, Opportunities, and Lessons Learned
ID #535, Trauma-Informed, Mindfulness-Based Interventions for Resilience Enhancement
ID #537, Upgrading Pedagogy! Incorporating Web Tools into F2F and Online Courses
ID #539, Minority Faculty Retention in Counselor Education: Where Are We Now?
ID #545, Crisis in the Classroom: Counselor Educators’ Responsibilities to Their Students
ID #553, Shame or Gratitude? Lessons about Privilege from the Marriage Equality Movement
ID #555, #RaceMatters: Managing Racial Tension When Teaching Multicultural Competence
ID #559, RCT: Enhancing Collaboration Between Clinical Mental Health and School Counselors
ID #563, Creativity in Counselor Education: Enhancing Your Classroom
ID #569, Program Evaluation as a Practical Application Tool for Teaching Research
ID #570, Promoting CIT Containment and Engagement in Crisis Intervention Courses
ID #577, Calling Communities to Action: A Step-by-Step Model for Social Justice Advocacy
ID #580, Infusing Multicultural and Social Justice Issues in Counseling Pedagogy
ID #586, Burnout Symptoms and Coping Strategies

ID #587, Igniting Professional Development Through Modeling Leadership
ID #590, Ethical Decision-Making Models: Widening Our Lens
ID #609, Supervisor Efficacy and Supervisee Satisfaction in Individual and Group Supervision
ID #628, Exploring Archival Data: Discover a Practical Resource for Counseling Research
ID #638, Preparing Groups To Talk Constructively About Cultural Issues
ID #663, Defining Professional Counselor Identity Using Racial Identity Development Models
ID #668, Increasing Multicultural Counseling Competence Through International Experiences
ID #676, Horses: Experiential Learning Lessons for Counselors and Their Clients
ID #679, The Abstinence Exercise: Impact on Empathy for Clients with Addictive Disorders
ID #684, Counseling for Public Speaking Anxiety: A Multicultural Framework
ID #686, Using Collaborative Supervisional Assessments for Student Self-Advocacy: A Qualitative Look at Student Feedback
ID #690, Vicarious Experiences of Growth and Resilience in Substance Abuse Counselors
ID #710, A Qualitative Investigation of Doctoral Students’ Professional Identity Development
ID #712, Assessing Student Development: How Peers Can Be Gatekeepers
ID #719, Counselor Educators’ Experiences of Service to the Counseling Profession
ID #725, Counselor Educators’ Preferred Qualities of Candidates for Faculty Positions
ID #763, A National, Descriptive Study of School Counselor Induction
<table>
<thead>
<tr>
<th>ID #</th>
<th>Session Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>#764</td>
<td>ID #764, Experiential Groups in Counselor Training: A Study of Group Impact on Self-Efficacy</td>
</tr>
<tr>
<td>#780</td>
<td>ID #780, Caring for the Caregivers: Vicarious Trauma and Supervisors</td>
</tr>
<tr>
<td>#786</td>
<td>ID #786, Leaders Listen: Understanding and Advocating for the Complex Needs of Master’s Students</td>
</tr>
<tr>
<td>#801</td>
<td>ID #801, Results from the ACES Teaching Taskforce: What We Know About Teaching and Learning in Counselor Education</td>
</tr>
<tr>
<td>#807</td>
<td>ID #807, The Gloves Come Off: Inspired Counselor Wellness</td>
</tr>
<tr>
<td>#827</td>
<td>ID #827, The PEWTER Study: A Structured Protocol for Breaking Bad News in Counselor Education</td>
</tr>
<tr>
<td>#832</td>
<td>ID #832, Addressing the Union of Counselor Education and Military Families: Creating Best Practices</td>
</tr>
<tr>
<td>#842</td>
<td>ID #842, Exploring Innovation in Counselor Education: A Grounded Theory Approach</td>
</tr>
<tr>
<td>#844</td>
<td>ID #844, Call for Multiculturalism and Advocacy in Counselors and Counselor Educators</td>
</tr>
<tr>
<td>#854</td>
<td>ID #854, Practicing Counselors and Vicarious Trauma: Implications for Counselor Educators</td>
</tr>
</tbody>
</table>

**Couples, Marriage, and Family Counseling**

<table>
<thead>
<tr>
<th>ID #</th>
<th>Session Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>#133</td>
<td>ID #133, Working with Stay-at-Home Fathers: Stereotypes, Interventions, and Advocacy</td>
</tr>
<tr>
<td>#152</td>
<td>ID #152, Get Out Your Toolbox: Using Experiential Activities and Techniques with Families in Crisis</td>
</tr>
<tr>
<td>#178</td>
<td>ID #178, Couples Personalities Influence Spirituality and Intimacy</td>
</tr>
<tr>
<td>#193</td>
<td>ID #193, Applying Ambiguous Loss to LGBTQ+ People in Coming-Out Processes and Transitions</td>
</tr>
<tr>
<td>#201</td>
<td>ID #201, Fortifying Resilience in Pre- and Post- Deployment Military Families</td>
</tr>
<tr>
<td>#222</td>
<td>ID #222, Community Reinforcement and Family Training: Helping Loved Ones of Addicted Individuals</td>
</tr>
<tr>
<td>#239</td>
<td>ID #239, Love, Sex, and Masculinity: Conversations About Resisting Patriarchy and Embracing Resisting</td>
</tr>
<tr>
<td>#262</td>
<td>ID #262, Bridging the Divisions in the Modern Workplace</td>
</tr>
<tr>
<td>#289</td>
<td>ID #289, Implementing Solution-Oriented Process Groups with Parents of Adolescents</td>
</tr>
<tr>
<td>#306</td>
<td>ID #306, Ethical Issues for Couple and Family Counselors: Some Considerations</td>
</tr>
<tr>
<td>#337</td>
<td>ID #337, Not the Brady Bunch: Conceptualizing Black Family Therapy via the Lyons (“Empire” TV Show)</td>
</tr>
<tr>
<td>#361</td>
<td>ID #361, At the Heart of Empathy: Advanced Counseling Interventions To Improve Communication</td>
</tr>
<tr>
<td>#366</td>
<td>ID #366, Playful Interventions for Couples Therapy</td>
</tr>
<tr>
<td>#377</td>
<td>ID #377, An Integrated Therapeutic Approach to Providing Treatment to African-American Couples</td>
</tr>
<tr>
<td>#407</td>
<td>ID #407, Counselor Competency Working with LGBTQ Families and Adoption</td>
</tr>
<tr>
<td>#503</td>
<td>ID #503, Integrating Couple and Family Religious and Spiritual Practices into Counseling</td>
</tr>
<tr>
<td>#513</td>
<td>ID #513, Beyond PTSD: Treating Secondary Traumatic Stress in the Families of Veterans</td>
</tr>
<tr>
<td>#547</td>
<td>ID #547, Family Caregivers: Supporting Your Most Valuable Resource</td>
</tr>
<tr>
<td>#556</td>
<td>ID #556, Love Wins: A Father-Son Journey Through the Coming-Out Process</td>
</tr>
<tr>
<td>#575</td>
<td>ID #575, Partnering with Families To Prevent Child Sexual Abuse: A Psychoeducational Program</td>
</tr>
<tr>
<td>#648</td>
<td>ID #648, The Importance of Family-Based Treatment in Working with Adolescent Substance Use</td>
</tr>
<tr>
<td>#657</td>
<td>ID #657, IAMFC International Programs in Family Counseling</td>
</tr>
</tbody>
</table>
Conference Session Index

ID #694, Understanding Mental Health and Aging Issues of Immigrant Older Adults in the U.S.
ID #724, A Systemic Approach to Infertility: Including the Male Perspective
ID #818, Can We Play Too: Including Children in Family Therapy

Creativity in Counseling

ID #101, Creative Counseling: 25 Expressive Play Ideas To Make Sense of Emotional Chaos
ID #102, The Creative Arts in Counseling: How, Where, and When to Use Them
ID #131, Creative Strategies in Group Counseling: School and Clinical Settings.
ID #182, Wellness Through Nature: Reconnecting Our Clients to the Natural World
ID #202, “I like you so much I got you this”; The Use of Improv in Individual and Group Counseling
ID #204, Rituals for Renewal and Self-Care
ID #240, Adler-Style Kung Fu: Getting a Kick Out of Mental Health
ID #276, Dancing with Grief: Helping Clients Move On
ID #292, Adult Play/Creative Therapy: Inspiring Healing and Growth
ID #304, Play-ful Supervision: Creative Techniques for Working with Supervisees
ID #321, The Fishing for Wellness Project: Healing Through Mindfulness on and off the Water
ID #326, Creative Means to Therapeutic Ends: Techniques for Narrative Practice
ID #355, Neuroethical Implications of Utilizing Creativity in Counseling
ID #361, At the Heart of Empathy: Advanced Counseling Interventions To Improve Communication

ID #366, Playful Interventions for Couples Therapy
ID #378, New in Neuroscience: New Directions in Treatment and What the Counselor Needs To Know
ID #411, Reauthoring Stories: Using Narrative Therapy To Assist Recent Young Adult Immigrants
ID #415, Language of Loss: Using Creative and Expressive Techniques To Give Grief a Voice
ID #533, What Is Your Armor?
ID #560, Enhancing Counseling Through the Use of de Bono’s Six Thinking Hats
ID #572, Sheriff Woody and Buzz Lightyear to the Rescue: Characters in the Counselor’s Toolbox
ID #621, “I’m a Warrior, Not a Worrier”: A Yoga Counseling Group for Elementary School Students
ID #642, Exploring Career Decision Making in the Sand: A Qualitative Investigation
ID #667, Coordination of Care Apps for Caregivers of Individuals with Psychiatric Disorders
ID #715, Adult Play and Creative Therapy Across the Lifespan: Inspiring Healing and Growth
ID #839, Adventure Therapy: A New Perspective in Intensive Outpatient Programs
ID #851, Take Your Dog to Work Day: What Animal-Assisted Therapy is NOT Diagnosis and Treatment

ID #107, Diagnosis with Integrity: A Critical Framework Supporting the Ethical Use of Diagnosis
ID #143, Assessing the Etiology of Auditory Visual Hallucinations Using Betrayal Trauma Theory
ID #216, “You Are Not Broken”: Understanding and Counseling Highly Sensitive People
ID #266, Keeping Dreams Alive: Creating an LGBTQ Youth Specific Suicide Assessment Model
ID #282, Creative Interventions for Use with Those Who Self-Injure
ID #334, Integrating Clients’ Strengths and Resources into Counseling
ID #403, Assessment and Treatment of the Specific Fear of Vomiting (Emetophobia) in Youth

**Disaster Mental Health**

ID #135, Mobilizing the Counseling Community to Respond to Crises: Lessons from the Orlando Pulse Massacre
ID #236, Group Interventions in the Aftermath of Violence, Terrorism, and Dislocation
ID #288, Infusing Body Work in Trauma Treatment
ID #356, Providing Spiritual First Aid After Disaster: The Role of Religious/Spiritual Coping
ID #536, Religiousness in Trauma: Implications for Integrating Spirituality in Counseling
ID #549, Helping Invisible Victims of Mass Tragedies: Psychological After-Effects of Survivors
ID #665, School Mental Health Response and Resilience During the 2015 South Carolina Flood
ID #723, Why Not Give Up? Optimism in Former Refugees and the Counselor’s Role
ID #849, Group Interventions in Disaster Mental Health

**Ethics**

ID #107, Diagnosis with Integrity: A Critical Framework Supporting the Ethical Use of Diagnosis
ID #128, Cakes, Counselors, and Conscience: Managing Ethics, Laws, and Value-Based Conflicts
ID #136, Establishing Counselor Identity: Teaching in School Counseling Programs
ID #157, Ethics in a Legal Loophole: Responding to Controversial Southern Legislation
ID #164, Holding the Tension: Congruence and Ethics in Supervising Values Conflicts
ID #175, Navigating Ethical Dilemmas when Working with Military Families
ID #194, Navigating Ethical Issues When Working with Children of Divorced or Divorcing Parents
ID #217, Advocacy and Professional Identity: Partnering with State Licensing Boards
ID #242, Pathways for Working with Religion and Spirituality in Counseling
ID #247, After Tennessee: What’s next for the ACA Code of Ethics?
ID #261, Current Trends in Ethics: A Discussion with the ACA Ethics Committee
ID #265, Balancing Diversity and Financial Solvency in Practice Ownership: An Ethical Primer
ID #271, Ethical Considerations for Counselors Working with Adults across the Adult Lifespan
ID #283, Hot Topics in Ethics
ID #306, Ethical Issues for Couple and Family Counselors: Some Considerations
ID #331, Choosing What To Share in Supervision: A New Counselor’s Dilemma
ID #355, Neuroethical Implications of Utilizing Creativity in Counseling
ID #374, Counseling Tech According to HIPAA and the ACA Code of Ethics: An Update for 2017
ID #381, Should We or Shouldn’t We? Distance Counseling in Higher Education—a HEMHA Guide
ID #399, The Good Samaritan: A First-
<table>
<thead>
<tr>
<th>Conference Session Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>Century Licensed Professional Counselor!</td>
</tr>
<tr>
<td>ID #543, Using Bracketing in Counseling: Implications for Ethical Decision Making</td>
</tr>
<tr>
<td>ID #561, Counselor Self-Disclosure of LGBT Identity: When, Where, Why, and How?</td>
</tr>
<tr>
<td>ID #636, Counseling People with Disabilities: Trainee Bias and Professional Implications</td>
</tr>
<tr>
<td>ID #712, Assessing Student Development: How Peers Can Be Gatekeepers</td>
</tr>
<tr>
<td>ID #851, Take Your Dog to Work Day: What Animal-Assisted Therapy is NOT</td>
</tr>
</tbody>
</table>

**Evidence-Based Practices**

| ID #105, Does Race Matter? Levels of Acculturation and Affect on Counseling Students |
| ID #124, Relationships in a Counselor’s Life |
| ID #140, Breaking the Cycle of Homelessness: Contingency Management in Treating Addiction |
| ID #145, Understanding Counseling Effects: Modeling What Is Really Happening in Counseling |
| ID #151, Developing Comprehensive Campus Suicide Prevention at Your University |
| ID #155, The Transition to Motherhood: Breastfeeding and Peripartum Depression |
| ID #184, Behavioral Activation: Effective Treatment Approach for Latinas/os with Depression |
| ID #209, Use of Evidence-Based Practices with Oppressed Populations |
| ID #228, Integrating Motivational Interviewing and CBT in Clinical Practice |
| ID #246, Beyond the Stages of Grief: Advances in Understanding and Counseling Grief and Loss |
| ID #260, SIMPLE STEPS: A Comprehensive Model of Suicide Assessment |
| ID #278, Closing the Pipeline to Prison: Best Practices in Counseling Adjudicated Youth |
| ID #295, Adoptive Families’ Journey of Healing: A Filial Approach |
| ID #320, Developing Suicide Prevention Programming and Institutional Crisis Protocols |
| ID #336, Evidence-Based Play Interventions for Social Relationship Skills for Youth with Autism |
| ID #343, Promoting Best Care and Empowerment with Transgender and Non-Binary Clients |
| ID #346, Synthetic Drugs: What School and Mental Health Counselors Need To Know |
| ID #357, Counseling in Integrated Care Settings: Practice and Research |
| ID #391, Beyond the 5 Stages: The Relationship Between Individualized Grief and Personality |
| ID #396, Counselors and White Coats: Brief Counseling Interventions in Integrated Care |
| ID #397, Counselor Competencies Working with Children Diagnosed with Autism Spectrum Disorder |
| ID #401, A Qualitative Analysis of Triadic Supervision: Implications and Recommendations |
| ID #507, Integrated Primary Care and Behavior Health in K-12 School Settings: The LIHNKS Project |
| ID #557, PTSD in Women: Using the ICF as a Framework |
| ID #614, Clients and Community as Leaders and Experts: An Appreciative Inquiry Lens |
| ID #625, Transference in the Treatment of LGBTQ Clients with Borderline Personality Disorder |
ID #631, Characteristics of Resilient College Students and Counseling Suggestions

ID #635, Assessment Tools for Substance and Process Addictions: Exploring the Frequency of Use

ID #651, Professional Competencies for Working with Veterans and Military Families

ID #680, A Meta-Analytic Comparison of Individual vs. Group CBT for Anxiety

ID #711, A Wellness Approach for Caregivers of Children Who Experienced Pediatric Stroke

ID #781, Recent Interventions for Caregivers of Individuals with Schizophrenia

ID #795, Wellness and Distress in LGBTQ Populations: A Meta-Analytic Research Synthesis

ID #827, The PEWTER Study: A Structured Protocol for Breaking Bad News in Counselor Education

ID #850, The What, How, and Why of Relational Depth in the Counseling Relationship

Gerontological Counseling

ID #192, Using a Positive Psychology of Aging To Enhance Gerontological Counseling

ID #252, Epigenetics, Marginality, and Aging: Considerations for Gerontological Counseling

ID #328, The Long and Winding Road: A Critical Evaluation of Aging and Intersectionality

ID #511, LGBT Older Adults: Implications for Counseling and Promoting Well-Being

ID #713, Death in Life: Exploring Death Anxiety To Combat Ageism and Promote Wellness

ID #812, LGBTQ Aging and Mental Health: Qualitative Differences Between Midlife and Old Age?

Graduate Student Issues

ID #144, What Graduate Students and New Professionals Need To Know About Bullying

ID #150, Becoming a Professional Counselor

ID #176, The Issue of Race in Counseling: The Taboo Unraveled!

ID #195, Take a Breath, Take a Break: A Useful Meditation Toolkit for Beginning Counselors

ID #220, Stressed Out and Overwhelmed? Try Self-Care Through Mindfulness

ID #287, Supervision from the Intern’s Perspective: Learning from Students’ Field Experiences

ID #307, The Journeys to be a Leader: Guide for Graduate Students

ID #332, What Graduate Students and New Professionals Need To Know About Finding That First Job

ID #400, Understanding the Role of Family in Female Doctoral Students’ Persistence

ID #517, Facilitating Graduate Students’ Leadership and Professional Service Involvement

ID #526, Service Learning: Community Service and Promoting Wellness Through Parent Education

ID #551, Faculty Engagement with Students Around Tragedy: Interventions and Models That Work

ID #587, Igniting Professional Development Through Modeling Leadership

ID #604, Racial Microaggressions and Coping Mechanisms Among African American Women

ID #637, Predictors of International Counseling Students’ Counseling Self-Efficacy

ID #670, Mentoring at the Graduate Level: A Student-Led Model
Conference Session Index

ID #685, Staying Engaged and Passionate in the Fight for Justice
ID #710, A Qualitative Investigation of Doctoral Students’ Professional Identity Development
ID #725, Counselor Educators’ Preferred Qualities of Candidates for Faculty Positions
ID #821, Establishing Professional Identity Through Comprehensive, Student-Led Programming
ID #838, The Overlap of Community Counseling Agencies and Outpatient Settings

Group Work

ID #104, Implications of “Religious Freedom” Legislation on Group Work and Group Workers in Tennessee
ID #131, Creative Strategies in Group Counseling: School and Clinical Settings.
ID #158, How To Befriend Resistance and Avoidance in Group Counseling: Advanced Reality Therapy
ID #191, Facilitating Groups That Include Persons With Disabilities
ID #236, Group Interventions in the Aftermath of Violence, Terrorism, and Dislocation
ID #289, Implementing Solution-Oriented Process Groups with Parents of Adolescents
ID #309, Mind Crafters: Improving Self Regulation with Pre-Adolescents in Group Therapy
ID #362, Love, Loss, and Lemonade: Using Popular Media with RCT in Groups for Minority Women and Girls
ID #404, Transgender Group Therapy: Recruitment, Topics, and Considerations for the South
ID #572, Sheriff Woody and Buzz Lightyear to the Rescue: Characters in the Counselor’s Toolbox
ID #618, Group Work in Cultural Context: Working with LGBTQ Members
ID #638, Preparing Groups To Talk Constructively About Cultural Issues
ID #652, International Group Counseling Outreach and Research Project in Malawi
ID #680, A Meta-Analytic Comparison of Individual vs. Group CBT for Anxiety
ID #693, Prompting Self-Awareness Through Reflective Group Activities
ID #727, Mindfulness-Existential Group Therapy for Terminally Ill Individuals and Caretakers
ID #811, Building Simple Solutions to Remedy Wait Lists
ID #839, Adventure Therapy: A New Perspective in Intensive Outpatient Programs
ID #849, Group Interventions in Disaster Mental Health

Human Development Across the Lifespan

ID #216, “You Are Not Broken”: Understanding and Counseling Highly Sensitive People
ID #252, Epigenetics, Marginality, and Aging: Considerations for Gerontological Counseling
ID #271, Ethical Considerations for Counselors Working with Adults across the Adult Lifespan
ID #292, Adult Play/Creative Therapy: Inspiring Healing and Growth
ID #328, The Long and Winding Road: A Critical Evaluation of Aging and Intersectionality
ID #376, Early Recollections and Career Identity: Developing the Client’s Narrative
ID #562, Infant/Early Childhood Mental Health Roundtable
ID #602, Keep the Good Times Rolling:
Promoting Wellness Throughout Work and Home
ID #669, Informed Consent and Children: Using Story Books To Understand Counseling
ID #671, There’s Still Hope for the Aging Brain: Helping Clients Tap Into Their Inner Child’s Neurobiological Wisdom
ID #715, Adult Play and Creative Therapy Across the Lifespan: Inspiring Healing and Growth
ID #782, A Counselor’s Guide: The Impact of Trauma on Personal Growth Initiative
ID #793, Millennials: A Developmental Crisis
ID #816, Integrating Professional Identity into New Communities and Cultures

Human Rights
ID #163, Human Trafficking: Implications for Counseling Professionals
ID #241, Sex Trafficking: Understanding and Empowering Survivors of Sexual Slavery
ID #268, Stories of Resilience and Human Rights Advocacy by the Disability Community and Their Allies
ID #674, Increasing Empathy When Counseling LGBTQI Clients: The Use of a Sexuality Course
ID #765, Transgender Alliance: Strategies for Family, Community, and School Counselors
ID #820, Human Sex Trafficking: Counseling and Social Justice Implications

Individual Trauma and Crisis
ID #103, Perceptions of Counseling Children with Illness-Related Trauma in Elementary Schools
ID #110, Complexity and Intersectionality of Crisis and Trauma in Counseling Those of African Descent
ID #130, A Narrative Counseling Approach for Vicarious Trauma with EMS First Responders
ID #146, Trauma Treatment Techniques Go Mainstream: You Can’t Treat the Mind Without the Body
ID #174, Sex Trafficking 101: How Clients Become Trafficked and How Counselors Can Help
ID #190, For Shame! The Neglected Emotion in PTSD
ID #241, Sex Trafficking: Understanding and Empowering Survivors of Sexual Slavery
ID #276, Dancing with Grief: Helping Clients Move On
ID #281, Invisible Victims: Boys’ Narratives of Sexual Abuse Survival, Recovery, and Hope
ID #288, Infusing Body Work in Trauma Treatment
ID #308, Four Go-To Therapy Tools for Working with Trauma Survivors
ID #368, Men Grieving Miscarriage: A Strengths-Based Perspective on New Research
ID #373, The Contribution of Attachment Style on Posttraumatic Growth Among Survivors of CSA
ID #379, Embodied Healing: A Relational Body-Centered Approach to Trauma Counseling
ID #402, Using the Expectancy Effect: Promoting Counselor Well-Being and Vicarious Growth
ID #538, Difficult Cases with EMDR: Collective Supervision Using Multiple Trauma Theories
ID #549, Helping Invisible Victims of Mass Tragedies: Psychological After-Effects of Survivors
ID #570, Promoting CIT Containment and Engagement in Crisis Intervention Courses
ID #575, Partnering with Families To Prevent Child Sexual Abuse: A
Psychoeducational Program
ID #588, Chasing Devils and Frolicking with Elves: Work with Child Welfare System
ID #605, Mindfulness-Based Stress Reduction in Addictions and Trauma Treatment
ID #619, The Prevalence and Effects of Traumatic Experience as It Relates to the Clients in Incarcerated Settings
ID #656, Integrating Gestalt Play Therapy and EMDR in the Treatment of Traumatized Children
ID #662, Improving Survivor Counseling Services: Lessons Learned from a Campus Climate Survey
ID #671, There’s Still Hope for the Aging Brain: Helping Clients Tap Into Their Inner Child’s Neurobiological Wisdom
ID #688, Exploratory Analyses of Cognitive Schemas for Child Sexual Abuse Survivors
ID #706, Implementing Play into Supervised Visits: A Collaborative Study
ID #718, Counselors’ Experiences: Working with Clients Who Have Experienced Race-Based Trauma
ID #761, Bridging Family Connections in Recovery: Implications for Professional Counselors
ID #776, Integration of Child-Centered Play Therapy and EMDR for Treating Traumatized Children
ID #789, Understanding Post-Traumatic Growth To Address Historically Traumatized Populations
ID #809, Trauma-Informed Counselors: Supervisor Perspectives on Counselor Preparation
ID #820, Human Sex Trafficking: Counseling and Social Justice Implications
ID #830, Trauma-Informed Advocacy: Giving a Voice to Trauma Survivors
ID #834, Personal Narratives on

Overcoming Racism: An Ethnographic Content Analysis
ID #846, Somatosensory Trauma Work for Genito-Pelvic Pain/Penetration Disorder

Legal Issues
ID #253, Fighting the Good Fight: Tennessee Helping Professionals’ Response to SB 1556/HB 1840
ID #314, “I’m Just a Counselor, Not an Elected Official”: Legislative Advocacy 101
ID #588, Chasing Devils and Frolicking with Elves: Work with Child Welfare System
ID #681, Strike While the Iron Is Cold: The Recovery-Oriented Benefits of Advance Directives

LGBTQ Issues
ID #116, Pulling Back the Curtain: Racism and Disenfranchisement towards Queer Faculty/Counselors of Color
ID #119, What About Our Lesbian and Gay Counseling Students? Results of a Survey Exploring their Experiences
ID #132, The War Within: Incorporating Spiritual and Sexual Identities in Counseling
ID #135, Mobilizing the Counseling Community to Respond to Crises: Lessons from the Orlando Pulse Massacre
ID #153, Honoring Both Religious/Spiritual and Sexual Diversity Simultaneously: Is It Possible?
ID #162, Trans101: Transgender Ally Training
ID #170, Common Experiences, Diverse Identities: A Life-Span Approach to Counseling in the LGBTQ Community
ID #186, Reconciling Gender and Spiritual Identity in LGBTQ+ Individuals
ID #193, Applying Ambiguous Loss to
| ID #206, Going Away and Coming Out: Positive Sexual Identity Disclosures of LGB College Students |
| ID #210, Curating Magazine “International Safe Zone” To Support LGBTQ+ International Students |
| ID #226, “I Put My Beliefs Aside”: Religious and Spiritual Beliefs When Counseling LGB Clients |
| ID #229, Not Your Mother’s Trans: Changing Language and Landscape of the Gender Variant Community |
| ID #243, Coloring with All the Crayons in the Box: Increasing Your Competency with LGBTQ+ Clients |
| ID #249, Debunking Myths and Misconceptions About LGBTQ Students: The Role of School Counselors |
| ID #257, Religious Orientation as a Predictor of Comfort with Homosexuality in the Church |
| ID #264, Lived Experiences of Formerly Religious LGB—Counseling for Healing |
| ID #266, Keeping Dreams Alive: Creating an LGBTQ Youth Specific Suicide Assessment Model |
| ID #280, Predictors of Mental Health Care Use in Primarily Nonurban, Nonheterosexual Men |
| ID #291, De Opresso Liber: Counseling with Trans* Military Personnel and Veterans |
| ID #297, Transgender and Gender Nonconformity 101: A Crash Course in Affirmation |
| ID #305, Counselor Religiosity, Competence, and Readiness To Work with Sexual Minority Clients |
| ID #319, Incorporating Gender Expression and Gender Identity into Counselor Education |
| ID #322, Best Practices in Counseling |
| ID #339, When Three’s Not a Crowd: Consensual Multiple-Partner Relationships |
| ID #343, Promoting Best Care and Empowerment with Transgender and Non-Binary Clients |
| ID #349, Sexual Minority Status and Suicidal Ideations Among Urban Hispanic Adolescents |
| ID #359, Resilience and Intersectionality in Queer People of Color: Through the Counseling Lens |
| ID #371, Exploring Moral Panic and Transgender Rights in the U.S.: A Survey Study |
| ID #380, The Church, the Closet, and the Couch: The Intersection of Religion and the LGBTQ Population |
| ID #387, Supporting Children During Gender Transition: Assessment and Treatment Strategies |
| ID #404, Transgender Group Therapy: Recruitment, Topics, and Considerations for the South |
| ID #407, Counselor Competency Working with LGBTQ Families and Adoption |
| ID #409, Empowerment! Promoting Self-Advocacy in Counseling with LGBTQ Clients |
| ID #501, Advocating for Transgendered Service Members and Veterans: Serving in Silence |
| ID #511, LGBT Older Adults: Implications for Counseling and Promoting Well-Being |
| ID #521, Better Understanding the Spiritual and Religious Lives of LGBTQ People |
| ID #531, Strategies Used by Black Gay Men To Help Them Remain Persistent in College: A Dissertation |
| ID #541, Building Bridges: How To Talk About Values-Based Referrals with Other Counselors |
| ID #551, Faculty Engagement with Students Around Tragedy: Interventions and Models That Work |
| ID #561, Counselor Self-Disclosure of LGBT Identity: When, Where, Why, and How? |
| ID #571, Understanding Ethical Considerations for Working with LGBT Veterans |
| ID #581, Laws and Ethics: What Discrimination of Services Means for the Counseling Profession |
| ID #611, Transgender Students’ Experiences at Women’s Colleges: A Call for Advocacy |
| ID #625, Transference in the Treatment of LGBTQ Clients with Borderline Personality Disorder |
| ID #653, Transitioning Well: Using a Wellness Model with Transgender Clients Seeking Hormones |
| ID #674, Increasing Empathy When Counseling LGBTQI Clients: The Use of a Sexuality Course |
| ID #692, Counseling Approaches and Interventions for LGBT Youth |
| ID #704, Addressing Microaggressions Experienced by LGBTQ+ Persons with Disabilities in Health Care Settings |
| ID #726, The Intersectionality of LGBTQ and Immigrant Populations into Multiculturalism |
| ID #757, Standards of Care for Assessment and Research with LGBTQ+ Persons: A Cross-Divisional Collaboration |
| ID #765, Transgender Alliance: Strategies for Family, Community, and School Counselors |
| ID #795, Wellness and Distress in LGBTQ Populations: A Meta-Analytic Research Synthesis |
| ID #798, Attachment, Well-Being, Distress, and Spirituality in Celibate Gay Christians |
| ID #815, Affirmative Supervision: Ethical Approach and Best Practices for LGBTQ+ Supervisees and Clients |
| ID #853, Using Technology To Better Counsel LGBTQ Adolescent and Young Adult Clients |

### Military Issues

<p>| ID #175, Navigating Ethical Dilemmas when Working with Military Families |
| ID #201, Fortifying Resilience in Pre- and Post- Deployment Military Families |
| ID #272, Counseling Military Service Members: Developing a Competency-Based Approach for Ethical Care |
| ID #291, De Op resso Liber: Counseling with Trans* Military Personnel and Veterans |
| ID #310, Stealing of the Soul and Restoration: Understanding Moral Injury |
| ID #354, Mission To Connect: The Impact of Social Support on Student Veteran Mental Health |
| ID #408, Military Children Resilience: Implications for Training School Counselors |
| ID #501, Advocating for Transgendered Service Members and Veterans: Serving in Silence |
| ID #513, Beyond PTSD: Treating Secondary Traumatic Stress in the Families of Veterans |
| ID #550, Beyond PTSD and TBI: How Meaning and Purpose Impact the Military Veteran |
| ID #571, Understanding Ethical Considerations for Working with LGBT Veterans |
| ID #651, Professional Competencies for Working with Veterans and Military Families |
| ID #832, Addressing the Union of Counselor Education and Military Families: Creating Best Practices |</p>
<table>
<thead>
<tr>
<th>Multicultural and International Issues</th>
<th>American Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>ID #105, Does Race Matter? Levels of Acculturation and Affect on Counseling Students</td>
<td>ID #267, Intergenerational Perspectives on Multicultural Counseling from the 1930s to Today</td>
</tr>
<tr>
<td>ID #115, Stereotype Threat Experiences of African-American Students in Engineering Education</td>
<td>ID #270, Filial Therapy: Counseling Implications for Ethnically Diverse Families</td>
</tr>
<tr>
<td>ID #116, Pulling Back the Curtain: Racism and Disenfranchisement towards Queer Faculty/Counselors of Color</td>
<td>ID #273, “What My Counselor Doesn’t Know Can Hurt Me”: Working with BDSM Clients</td>
</tr>
<tr>
<td>ID #139, Cross-Ethnic Trust Factors: Black Counselors with White Mentors</td>
<td>ID #275, With Voice: Counseling Undocumented/DACA Students in Educational Settings</td>
</tr>
<tr>
<td>ID #166, Social Justice Counseling and the #BlackLivesMatterMovement</td>
<td>ID #293, “Hair”-itage How to Grow from One Sister’s Struggle between Self-Identity and Self-Preservation</td>
</tr>
<tr>
<td>ID #167, Counselor Self-Efficacy of Mental Health Professionals Working with Refugees</td>
<td>ID #300, Multiculturalism and Mentorship: Moving Beyond Marginalization</td>
</tr>
<tr>
<td>ID #185, Exploring the Intergenerational Transmission of Risk Among Asian-American Immigrants</td>
<td>ID #323, The Relationship Between Mindfulness and Empathy on Counselors’ Implicit Bias</td>
</tr>
<tr>
<td>ID #196, Black Males’ Experiences of Treatment Mandated by Mental Health Courts</td>
<td>ID #342, Rethinking Diagnosing Oppositional Defiant Disorder in African-American Males</td>
</tr>
<tr>
<td>ID #197, Latino Mental Health: Problems and Solutions</td>
<td>ID #345, Love Seeking or Attachment Disorder? Explore Friendliness in International Adoptees</td>
</tr>
<tr>
<td>ID #210, Curating Magazine “International Safe Zone” To Support LGBTQ+ International Students</td>
<td>ID #348, The Relationship of Acculturative Stress, Coping, and Quality of Life Among Immigrants</td>
</tr>
<tr>
<td>ID #213, Religion/Spirituality from the New Multicultural Counseling Competencies</td>
<td>ID #349, Sexual Minority Status and Suicidal Ideations Among Urban Hispanic Adolescents</td>
</tr>
<tr>
<td>ID #232, Cross-Cultural Development and Transformation: Lessons Learned in Indian Country</td>
<td>ID #359, Resilience and Intersectionality in Queer People of Color: Through the Counseling Lens</td>
</tr>
<tr>
<td>ID #243, Coloring with All the Crayons in the Box: Increasing Your Competency with LGBTQ+ Clients</td>
<td>ID #365, Internationalization of the Counseling Profession in a Globalizing World</td>
</tr>
<tr>
<td>ID #256, Examining Effectiveness: Child-Centered Play Therapy with African-American Children</td>
<td></td>
</tr>
</tbody>
</table>
ID #385, Understanding African-Caribbean Immigrants’ Experience with Race in America
ID #392, Broach This: Strategies for Initiating and Responding to Clients’ Cultural Context
ID #393, Cultural Competence in Trauma-Informed Care
ID #413, Multicultural Disability Competence: Implications for Training and Practice
ID #414, Stereotypical Attitudinal Behaviors and Depression in African-American College Women
ID #514, Jewish Issues and Microaggressions Toward Jewish Individuals Made Visible
ID #519, International Immersion Experience To Increase Multiculturalism in Students
ID #520, Carried to the Table: Developing Culturally Competent Care for Eating Disorders
ID #528, Conversations with the Incredible Hulk: Young Black Men and Mental Health
ID #529, Integrating a Spanish Counseling Minor: Issues, Opportunities, and Lessons Learned
ID #534, Fat-Phobia and Clinical Counseling Decision Making
ID #540, Undocumented Immigrants: Examining the International Adult Adoptee Client
ID #548, Helping International Students Navigate Cultural Transitions and Career Development
ID #554, The Effect of Multicultural Discussion on the Supervisory Working Alliance
ID #555, #RaceMatters: Managing Racial Tension When Teaching Multicultural Competence
ID #564, Textural Bias and the Impact of Hair on the Lives of African-American Women
ID #580, Infusing Multicultural and Social Justice Issues in Counseling Pedagogy
ID #582, Black Counselors Matter: The Need for Black Male Counselors for Black Male Adolescents
ID #604, Racial Microaggressions and Coping Mechanisms Among African American Women
ID #610, Inclusivity and the Muslim Community in the Counseling and Helping Fields
ID #613, Dealing with Domestic Violence in the Hmong-American Community
ID #623, Rehabilitation Counseling with Transgender Clients with Chronic Illness and Disease
ID #636, Counseling People with Disabilities: Trainee Bias and Professional Implications
ID #637, Predictors of International Counseling Students’ Counseling Self-Efficacy
ID #640, Acculturation and East Asian Students’ Attitudes Toward Seeking Counseling Services
ID #643, Career Counseling with First Generation College Students of Color who are Interested in STEM
ID #645, Reframing Research in other Countries: The Role for Counselors in Adapting Evidence-based Practices to other Cultures
ID #652, International Group Counseling Outreach and Research Project in Malawi
ID #655, Multicultural Competence: Living What We Teach
ID #657, IAMFC International Programs in Family Counseling
ID #659, Volunteerism as a Tool for Enhancing Counseling Skills with Diverse and Multicultural Clients
ID #668, Increasing Multicultural Counseling Competence Through International Experiences
ID #673, Speaking through others:
Implications for counseling trainees and supervisors using interpreters in therapy
ID #684, Counseling for Public Speaking Anxiety: A Multicultural Framework
ID #697, Domestic Violence Beliefs and Perceptions Among Hmong-American College Students
ID #701, Acculturation Among International Students in Higher Education
ID #702, Cultural Encounters: A Platform for Professional Identity, Wellness Leadership, and Advocacy
ID #718, Counselors’ Experiences: Working with Clients Who Have Experienced Race-Based Trauma
ID #726, The Intersectionality of LGBTQ and Immigrant Populations into Multiculturalism
ID #759, Global Perspective on Professional Counselor Identity: History, Current Identity, and Future Paradigm
ID #766, Fat-Phobia Among Counselor Education Students
ID #789, Understanding Post-Traumatic Growth To Address Historically Traumatized Populations
ID #797, Multicultural Counseling for Third Culture Kids
ID #813, Korean Adolescents Counseling System: Where Are We Now?
ID #834, Personal Narratives on Overcoming Racism: An Ethnographic Content Analysis
ID #840, Embrace Diversity, End Discrimination: A Review of the Literature on ACT and Prejudice
ID #841, Applying the 2016 ACA Multicultural and Social Justice Competencies: Becoming a Social Justice Counselor
ID #855, Decide or Divide: Exploring Intersections of Client Identities

Private Practice
ID #152, Get Out Your Toolbox: Using Experiential Activities and Techniques with Families in Crisis
ID #168, Reflecting As If: An Encouragement-Focused Brief Counseling Process
ID #223, 50+ Ways to Build your Private Practice Caseload
ID #265, Balancing Diversity and Financial Solvency in Practice Ownership: An Ethical Primer
ID #360, Dealing with Insurance: How Auditors Think and Why

Professional Issues
ID #113, Curating Your Online Identity: Social Media Development for Counselors
ID #114, The Clinical vs. Statistical Decision Making Debate in Counseling
ID #120, Interprofessional Collaboration: Opportunities and Challenges
ID #121, Promoting the Role of the School Counselor in Bullying Prevention and Intervention
ID #123, Conveying Information: Lessons from Homiletic, Ted Talks, and Carl Rogers
ID #125, “What Did I Miss?”: Surviving Client Suicide
ID #128, Cakes, Counselors, and Conscience: Managing Ethics, Laws, and Value-Based Conflicts
ID #159, Going Global: Leadership in Transcultural Counseling
ID #181, Counselor Education in CACREP-Accredited Programs: Current Issues and Information
ID #187, Smarter, Not Harder: Simple Ways To Turn the Work You’re Already Doing into Research
<table>
<thead>
<tr>
<th>ID #</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>#198</td>
<td>When Advocacy Is Not Enough: Overcoming Legal Discrimination in Tennessee</td>
</tr>
<tr>
<td>#203</td>
<td>Current Initiatives for Addressing the Licensure Portability Crisis</td>
</tr>
<tr>
<td>#217</td>
<td>Advocacy and Professional Identity: Partnering with State Licensing Boards</td>
</tr>
<tr>
<td>#226</td>
<td>“I Put My Beliefs Aside”: Religious and Spiritual Beliefs When Counseling LGB Clients</td>
</tr>
<tr>
<td>#227</td>
<td>Does Your CE Program Have Standards for Professional Dispositions and Conduct?</td>
</tr>
<tr>
<td>#231</td>
<td>Self-Supervision and Self-Growth: Developing the Autonomous Practitioner</td>
</tr>
<tr>
<td>#235</td>
<td>Grant Writing and Proposal Development: Best Practices for Obtaining External Funding</td>
</tr>
<tr>
<td>#244</td>
<td>Creating a Neuroscience Agenda for Counseling Research</td>
</tr>
<tr>
<td>#250</td>
<td>Is There a Book Within You To Be Written?</td>
</tr>
<tr>
<td>#253</td>
<td>Fighting the Good Fight: Tennessee Helping Professionals’ Response to SB 1556/HB 1840</td>
</tr>
<tr>
<td>#277</td>
<td>An Introduction to and Overview of the 2016 CACREP Standards</td>
</tr>
<tr>
<td>#278</td>
<td>Closing the Pipeline to Prison: Best Practices in Counseling Adjudicated Youth</td>
</tr>
<tr>
<td>#283</td>
<td>Hot Topics in Ethics</td>
</tr>
<tr>
<td>#284</td>
<td>Roads Traveled: ACA Past Presidents Reflect on Leadership and Diversity within the Counseling Profession</td>
</tr>
<tr>
<td>#294</td>
<td>Advocacy and the 10 Key Considerations in Counselor Community Engagement</td>
</tr>
<tr>
<td>#302</td>
<td>Self-Care and Counselor Identity: Recognizing the Inherent Relationship</td>
</tr>
<tr>
<td>#307</td>
<td>The Journeys to be a Leader: Guide for Graduate Students</td>
</tr>
<tr>
<td>#314</td>
<td>“I’m Just a Counselor, Not an Elected Official”: Legislative Advocacy 101</td>
</tr>
<tr>
<td>#325</td>
<td>Being a Sister-Scholar: Leadership Development and Advocacy in Counselor Education</td>
</tr>
<tr>
<td>#344</td>
<td>Professional Identity: A Crucial Step in Counselor Preparation</td>
</tr>
<tr>
<td>#358</td>
<td>A Tale Of Two Worlds: The School Counselor and The School Counselor Educator</td>
</tr>
<tr>
<td>#363</td>
<td>Evolving Substance Use Treatment Beyond a Primitive System That Fetishizes Addiction</td>
</tr>
<tr>
<td>#369</td>
<td>ACA’s Legislative Agenda and Advocacy</td>
</tr>
<tr>
<td>#382</td>
<td>Marginalized in America: The State of the Minority Community and Our Role in the Counseling Profession</td>
</tr>
<tr>
<td>#390</td>
<td>Counselor Identity: Integrating Education, Community, and Practice</td>
</tr>
<tr>
<td>#399</td>
<td>The Good Samaritan: A First-Century Licensed Professional Counselor!</td>
</tr>
<tr>
<td>#412</td>
<td>When Crisis Hits Home: Building Resiliency</td>
</tr>
<tr>
<td>#508</td>
<td>Everything You Want to Know About Seeking Grants for Mental Health Counseling Services</td>
</tr>
<tr>
<td>#517</td>
<td>Facilitating Graduate Students’ Leadership and Professional Service Involvement</td>
</tr>
<tr>
<td>#523</td>
<td>The Future of Counselors in Higher Education: Trends, Challenges, and Best Practices</td>
</tr>
<tr>
<td>#539</td>
<td>Minority Faculty Retention in Counselor Education: Where Are We Now?</td>
</tr>
<tr>
<td>#543</td>
<td>Using Bracketing in Counseling: Implications for Ethical Decision Making</td>
</tr>
<tr>
<td>#545</td>
<td>Crisis in the Classroom: Counselor Educators’ Responsibilities to Their Students</td>
</tr>
</tbody>
</table>
ID #558, Perspectives from the Field: The Use of Translators in Counseling and Therapy
ID #568, View from the Witness Stand: Experience and Preparation for Providing Court Testimony
ID #578, Advocacy and Leadership: A Comprehensive Developmental School Counseling Program
ID #589, The Ethical Obligation of Self-Care
ID #607, Counseling Students’ Perspectives of Professional Counselor Advocacy
ID #616, Fostering Emotional Complexity in Counselors to Help Them More Effectively Counsel Individuals with Opposing Values
ID #644, How Counselor Identity Affects the Therapeutic Alliance
ID #663, Defining Professional Counselor Identity Using Racial Identity Development Models
ID #689, Professional Identity Development Among Counseling Professionals
ID #707, A Qualitative Investigation of Concerns Regarding Types of Online Distance Counseling
ID #719, Counselor Educators’ Experiences of Service to the Counseling Profession
ID #758, Exploring CSI Chapter Leaders’ Development Toward Leadership Excellence
ID #777, Interprofessional Simulation: Preparing Counselors for Integrated Primary Care
ID #784, Surviving and Thriving in Systems: Counselors Managing Multiple Roles and Challenges
ID #790, Counseling Self-Efficacy: On-Campus and Distance Education Students
ID #802, Supervisors as Exemplary Models of Counselor Professional Identity and Leadership
ID #821, Establishing Professional Identity Through Comprehensive, Student-Led Programming
ID #835, A Supervisor’s Guide: Who’s at Risk for Vicarious Trauma?
ID #847, Addressing Counselor Wellness Through Equine Assisted Learning Workshops

Psychopharmacology
ID #254, Medicine Is from Mars and Counseling Is from Venus: How To Make It Work for Everyone

Rehabilitation Counseling and Disability Issues
ID #160, The Therapeutic Triad of Disability: Forgiveness, Self-Compassion, and Resilience
ID #177, The Council on Rehabilitation Education Standards Revision Update
ID #191, Facilitating Groups That Include Persons With Disabilities
ID #268, Stories of Resilience and Human Rights Advocacy by the Disability Community and Their Allies
ID #290, An Anti-Bullying Experiential Group Activity for Children with a Disability
ID #336, Evidence-Based Play Interventions for Social Relationship Skills for Youth with Autism
ID #405, Deaf Counselor, Hearing Client
ID #547, Family Caregivers: Supporting Your Most Valuable Resource
ID #623, Rehabilitation Counseling with Transgender Clients with Chronic Illness and Disease
ID #677, Career Counseling Strategies for College Students with Autism Spectrum Disorder
ID #704, Addressing Microaggressions Experienced by LGBTQ+ Persons with Disabilities in Health Care Settings
ID #717, New Age of Employment: Vocational/Career Counseling for Individuals with Autism
ID #767, 2-Year to 4-Year College Transitions: Experience of Students with Disabilities
ID #790, Counseling Self-Efficacy: On-Campus and Distance Education Students
ID #824, Integrative Treatments for Co-Occurring Chronic Pain and Opioid Use Disorder
ID #829, Vocational Rehabilitation Counseling Considerations for Medical Marijuana “Patients”
ID #852, The Relation Between Traumatic Brain Injury and Schizophrenia

Research

ID #117, Empirical Outcome Findings on Responding to K–12 Students at Risk of Suicide
ID #118, How School Counselors’ Staffing and Use of Time Are Related to School Climate in HSLS:09
ID #138, The Role of School Counselors in Improving Perceptions of School Safety
ID #145, Understanding Counseling Effects: Modeling What Is Really Happening in Counseling
ID #167, Counselor Self-Efficacy of Mental Health Professionals Working with Refugees
ID #183, Play Therapy Training for Mental Health Professionals in the Border Region
ID #187, Smarter, Not Harder: Simple Ways To Turn the Work You’re Already Doing into Research
ID #205, Attitudes Toward Pornography and Sexuality, and Working with Clients
ID #208, Suicide Preparedness in Counseling Students: Knowledge, Attitudes, and Behavior
ID #211, Loss, Grief, and Self-Care for School Counselors: A Collective Case Study
ID #225, Ethnic Self-Hatred: Internalized Racism in Latina/o/x College Students
ID #234, Partnering with Local Schools To Critically Examine Play Therapy Services for Children
ID #235, Grant Writing and Proposal Development: Best Practices for Obtaining External Funding
ID #244, Creating a Neuroscience Agenda for Counseling Research
ID #258, Impact of Counseling at a High-Poverty, Urban Elementary School
ID #269, Practical Approaches to Evaluating Student Learning Outcomes in Counselor Education
ID #299, Male Engagement in Sexual Violence Prevention: Before and After “My Masculinity Helps”
ID #301, Freshman Student Resilience at HBCUs: Fostering Persistence to Degree Completion
ID #313, Assessing Distance Counseling Competence and Knowledge
ID #323, The Relationship Between Mindfulness and Empathy on Counselors’ Implicit Bias
ID #327, Left Out in the Hallway: Achieving Equity and Success for LGBTQ and African-American College Students
ID #347, Making Space: Social Justice Advocacy Through Intentional School Counseling Practice
ID #348, The Relationship of Acculturative Stress, Coping, and Quality of Life Among Immigrants
ID #368, Men Grieving Miscarriage: A Strengths-Based Perspective on New Research
ID #370, The CABLE: Development of a New Instrument for Assessing Grief Coping Strategies
<table>
<thead>
<tr>
<th>ID #</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>#371</td>
<td>Exploring Moral Panic and Transgender Rights in the U.S.: A Survey Study</td>
</tr>
<tr>
<td>#373</td>
<td>The Contribution of Attachment Style on Posttraumatic Growth Among Survivors of CSA</td>
</tr>
<tr>
<td>#385</td>
<td>Understanding African-Caribbean Immigrants’ Experience with Race in America</td>
</tr>
<tr>
<td>#394</td>
<td>Adolescent Self-Injurious Behavior: Analysis of the Youth Risk Behavior Survey Trends</td>
</tr>
<tr>
<td>#395</td>
<td>The Effects of Career and College Readiness Interventions on Adolescents in Foster Care</td>
</tr>
<tr>
<td>#397</td>
<td>Counselor Competencies Working with Children Diagnosed with Autism Spectrum Disorder</td>
</tr>
<tr>
<td>#410</td>
<td>One on One: An Individualized, Strength-Based Approach to Counseling Student Athletes</td>
</tr>
<tr>
<td>#413</td>
<td>Multicultural Disability Competence: Implications for Training and Practice</td>
</tr>
<tr>
<td>#518</td>
<td>A Tale of Two Studies: School Counselor Involvement with Families of Color</td>
</tr>
<tr>
<td>#546</td>
<td>Life Transitions and Emerging Adult Mental Health: A Longitudinal Mixed Methods Study</td>
</tr>
<tr>
<td>#607</td>
<td>Counseling Students’ Perspectives of Professional Counselor Advocacy</td>
</tr>
<tr>
<td>#612</td>
<td>Predictors of Academic Stress Among College Students</td>
</tr>
<tr>
<td>#613</td>
<td>Dealing with Domestic Violence in the Hmong-American Community</td>
</tr>
<tr>
<td>#615</td>
<td>ACCA’s Annual Community College Survey: Focusing on the Future With Research and Emerging Trends</td>
</tr>
<tr>
<td>#626</td>
<td>Language Matters: The Effects of Labeling and Person-First Language on Tolerance</td>
</tr>
<tr>
<td>#628</td>
<td>Exploring Archival Data: Discover a Practical Resource for Counseling Research</td>
</tr>
<tr>
<td>#633</td>
<td>Introduction of Cognitive Behavioral Therapy in Depression Treatment for Ethnic Women</td>
</tr>
<tr>
<td>#649</td>
<td>An Outcome Research Project in Play Therapy: Implications for Counselors</td>
</tr>
<tr>
<td>#655</td>
<td>Multicultural Competence: Living What We Teach</td>
</tr>
<tr>
<td>#656</td>
<td>A Meta-Study of Publication Patterns for Counseling Outcome Research and Evaluation From 2010 to 2016</td>
</tr>
<tr>
<td>#665</td>
<td>School Mental Health Response and Resilience During the 2015 South Carolina Flood</td>
</tr>
<tr>
<td>#682</td>
<td>Adolescent Attachment, Emotion Regulation, and the Moderating Effect of Race and Gender</td>
</tr>
<tr>
<td>#683</td>
<td>A Study of the Relationship Between College Students’ PTSD and Levels of Stress</td>
</tr>
<tr>
<td>#695</td>
<td>Predictors of Achievement Motivation: A Comparison of U.S. and International Students</td>
</tr>
<tr>
<td>#697</td>
<td>Domestic Violence Beliefs and Perceptions Among Hmong-American College Students</td>
</tr>
<tr>
<td>#722</td>
<td>Sexual Compulsivity and Attachment</td>
</tr>
<tr>
<td>#768</td>
<td>Who is MTurk? Personal Characteristics and Sample Consistency of These Online Workers</td>
</tr>
<tr>
<td>#778</td>
<td>A Content Analysis of Cyber-Bullying Research (2005–2014)</td>
</tr>
<tr>
<td>#779</td>
<td>Addictive Features of Nonsuicidal Self-Injury: Risk for Unintentionally Severe Harm</td>
</tr>
<tr>
<td>#782</td>
<td>A Counselor’s Guide: The Impact of Trauma on Personal Growth Initiative</td>
</tr>
<tr>
<td>#788</td>
<td>Conceptualizing Occupational Prestige: Cultural Analysis and Scale Development</td>
</tr>
<tr>
<td>#796</td>
<td>Self-Esteem’s Effect on Freshmen’s Attitudes Toward Mental Health and Seeking Services</td>
</tr>
<tr>
<td>#805</td>
<td>Further Exploration of the</td>
</tr>
</tbody>
</table>
Therapeutic Relationship: New Findings from The Alliance Lab
ID #808, Predicting Undergraduate Retention in STEM Majors: A Counselor Education Perspective
ID #809, Trauma-Informed Counselors: Supervisor Perspectives on Counselor Preparation
ID #810, Exploration of Students’ Meaningful Experiences in Counseling with School Counselors
ID #833, Factors Contributing to Counseling Faculty’s Productivity

School Counseling
ID #103, Perceptions of Counseling Children with Illness-Related Trauma in Elementary Schools
ID #117, Empirical Outcome Findings on Responding to K–12 Students at Risk of Suicide
ID #118, How School Counselors’ Staffing and Use of Time Are Related to School Climate in HSLS:09
ID #121, Promoting the Role of the School Counselor in Bullying Prevention and Intervention
ID #122, Incorporating Reach Higher Principles in Counselor Education through an Engaging Course Offering
ID #138, The Role of School Counselors in Improving Perceptions of School Safety
ID #141, When Caring Hurts: Identifying Signs of Burnout and Compassion Fatigue in Education
ID #149, Bullying Prevention Has Gone Digital: Using Technology To Combat Bullying
ID #168, Reflecting As If: An Encouragement-Focused Brief Counseling Process
ID #173, Tips and Tools for Counseling Youth with Sensory Processing Disorder
ID #207, Conceptualizing the Mental Health Needs of Gifted/High-Ability Children and Teens
ID #211, Loss, Grief, and Self-Care for School Counselors: A Collective Case Study
ID #215, Keeping Your Cool in School: Piloting a Mental Health Program for Staff and Students
ID #218, Working with Families of Angry Adolescents: A Collaborative, Strengths-Based Approach
ID #234, Partnering with Local Schools To Critically Examine Play Therapy Services for Children
ID #248, More than Just a “Bad Kid”: Exploring Positive Self-Concepts with Students
ID #249, Debunking Myths and Misconceptions About LGBTQ Students: The Role of School Counselors
ID #258, Impact of Counseling at a High-Poverty, Urban Elementary School
ID #275, With Voice: Counseling Undocumented/DACA Students in Educational Settings
ID #286, Research, Policy, and Practice: A Gallery Walk Along the School-to-Prison Pipeline
ID #303, Leadership in School-Based Group Counseling: What Matters to Students Most?
ID #317, CSCORE’s Annual Review of Research: Identifying Best Practices for Counseling in Schools
ID #324, Parents of Color on STEM: Expanding School Counselors’ Role in Parental Involvement
ID #347, Making Space: Social Justice Advocacy Through Intentional School Counseling Practice
ID #358, A Tale Of Two Worlds: The School Counselor and The School Counselor Educator
ID #364, Bullying and the Emotional
Mind: Using DBT Skills To Foster Resiliency
ID #386, Gaining Professional School Counseling Competence Through Supervision
ID #388, Adolescent Anxiety: Building Understanding and Skills To Support Effective Treatment
ID #395, The Effects of Career and College Readiness Interventions on Adolescents in Foster Care
ID #398, Assessing the Refugee Student Crisis: Examining the Responsibilities of Counselors
ID #408, Military Children Resilience: Implications for Training School Counselors
ID #507, Integrated Primary Care and Behavior Health in K-12 School Settings: The LIHNKS Project
ID #516, Students Experiencing Homelessness: Special Considerations for Secondary Students
ID #518, A Tale of Two Studies: School Counselor Involvement with Families of Color
ID #527, School Shootings and Mental Health: Role of the School Counselor in Mitigating Violence
ID #532, Dismissed!: School Counselors’ Avoidance of Students’ Spiritual and LGBT Identities
ID #542, Counseling Latino Students and Their Families in the School and Community Setting
ID #544, Opening Doors for Latino Youth: Promoting College Access and Postsecondary Education
ID #559, RCT: Enhancing Collaboration Between Clinical Mental Health and School Counselors
ID #569, Program Evaluation as a Practical Application Tool for Teaching Research
ID #573, Counseling Adolescents: The Unconscious Matters
ID #578, Advocacy and Leadership: A Comprehensive Developmental School Counseling Program
ID #584, How Do Professional School Counselors Learn the Practice of Supervision?
ID #608, A Study on the Effects of Parental Abuse and Parental Neglect Perceived by Adolescents on Their Adult Media Immersion
ID #621, “I’m a Warrior, Not a Worrier”: A Yoga Counseling Group for Elementary School Students
ID #632, School-to-Work Transition: The Role of Vocational Identity in Career Counseling
ID #634, Assessing Personal Growth Through Video Reflections for Low-Income High School Students
ID #647, Burnout, Stress, and Direct Student Services Among School Counselors
ID #658, Promoting Professional School Counselor Identity Through Educational Leadership and Advocacy
ID #678, Culturally Based Strategies To Create a Sense of Belonging for Transfer Students
ID #708, Descriptive Research on First-Generation Students in Comparison with Second-Generation Students in Republic of Korea
ID #720, Using Creative Termination Rituals with Children and Adolescents
ID #762, Counseling Children with ADHD: Three Focus Areas for Professional Counselors
ID #763, A National, Descriptive Study of School Counselor Induction
ID #778, A Content Analysis of Cyber-Bullying Research (2005–2014)
ID #785, Identifying and Addressing the Needs of Refugee Adolescents in Schools
ID #810, Exploration of Students’ Meaningful Experiences in Counseling
with School Counselors
ID #822, School Counseling and ABA: A Blended Approach
ID #823, Supporting Undocumented Youth in the Schools: Connecting Theory with Practice
ID #848, Ethnic Identity Exploration: Group Counseling with Latino Middle School Students

Sexuality
ID #133, Working with Stay-at-Home Fathers: Stereotypes, Interventions, and Advocacy
ID #147, In-Depth Examination of Sexual Addiction: Recent Research and Clinical Implications
ID #214, Teaching Counseling Students About Sexuality: A Postmodern Feminist Approach
ID #273, “What My Counselor Doesn’t Know Can Hurt Me”: Working with BDSM Clients
ID #285, An Intentional Approach to Integrating Sexuality into Counselor Education and Practice
ID #339, When Three’s Not a Crowd: Consensual Multiple-Partner Relationships
ID #664, Mindfulness as Intervention for Excessive Pornography Use
ID #722, Sexual Compulsivity and Attachment
ID #846, Somatosensory Trauma Work for Genito-Pelvic Pain/Penetration Disorder

Social Justice
ID #106, Using Popular Films as a Multicultural Counseling Training Tool
ID #127, Project I Am: Reclaiming Identity
ID #162, Trans101: Transgender Ally Training
ID #166, Social Justice Counseling and the #BlackLivesMatterMovement
ID #174, Sex Trafficking 101: How Clients Become Trafficked and How Counselors Can Help
ID #198, When Advocacy Is Not Enough: Overcoming Legal Discrimination in Tennessee
ID #219, Using Parliamentary Procedure and Group Process in the Service of Social Justice
ID #239, Love, Sex, and Masculinity: Conversations About Resisting Patriarchy and Embracing Love
ID #263, Voices Heard: Students of Color Experiences in Two Unique Multicultural Courses
ID #280, Predictors of Mental Health Care Use in Primarily Nonurban, Nonheterosexual Men
ID #286, Research, Policy, and Practice: A Gallery Walk Along the School-to-Prison Pipeline
ID #294, Advocacy and the 10 Key Considerations in Counselor Community Engagement
ID #305, Counselor Religiosity, Competence, and Readiness To Work with Sexual Minority Clients
ID #330, The Culturally Competent Career Counselor: Effective Assessment Strategies and Skill
ID #335, Alliance Ruptures and Repairs with Clients Who Are Different from the Therapist
ID #341, Selecting Applicants to Counselor Education Programs in Light of the Tennessee Counseling Law
ID #352, Providing Career Support to Ex-Offenders: A Systemic, Social Justice Perspective
ID #367, Building Community to Enhance the Academic Success and Well-Being of African American Youth
ID #389, Framing Difficult Dialogues with Feminist, Multicultural, and Social Justice Theories
ID #293, “Hair”-itage How to Grow from
One Sister’s Struggle between Self-Identity and Self-Preservation
ID #398, Assessing the Refugee Student Crisis: Examining the Responsibilities of Counselors
ID #522, Counselor Training in an Urban Campus Setting: A Model of Leadership
ID #534, Fat-Phobia and Clinical Counseling Decision Making
ID #544, Opening Doors for Latino Youth: Promoting College Access and Postsecondary Education
ID #553, Shame or Gratitude? Lessons about Privilege from the Marriage Equality Movement
ID #566, Microaggressions and Abuse: The Impact of Counselor Interactions with Clients
ID #577, Calling Communities to Action: A Step-by-Step Model for Social Justice Advocacy
ID #585, The Intersection of Income, Mental Health, and Cultural Competence
ID #614, Clients and Community as Leaders and Experts: An Appreciative Inquiry Lens
ID #624, The Blame Game: The Influence of Gender and Race on Victim Blaming
ID #685, Staying Engaged and Passionate in the Fight for Justice
ID #766, Fat-Phobia Among Counselor Education Students
ID #794, Fifty Shades of Skin: A Closer Look at Colorism and Its Impact on Self-Esteem
ID #806, Recovery Advocacy: Changing the Addiction Conversation
ID #817, State and Local Legislative Advocacy: Social Justice in Action
ID #841, Applying the 2016 ACA Multicultural and Social Justice Competencies: Becoming a Social Justice Counselor

Spirituality and Religion
ID #132, The War Within: Incorporating Spiritual and Sexual Identities in Counseling
ID #153, Honoring Both Religious/Spiritual and Sexual Diversity Simultaneously: Is It Possible?
ID #178, Couples Personalities Influence Spirituality and Intimacy
ID #200, Frankl and Yalom’s Existential Therapies: Paradigms for Both the Atheist and the Religious
ID #213, Religion/Spirituality from the New Multicultural Counseling Competencies
ID #242, Pathways for Working with Religion and Spirituality in Counseling
ID #257, Religious Orientation as a Predictor of Comfort with Homosexuality in the Church
ID #264, Lived Experiences of Formerly Religious LGB—Counseling for Healing
ID #310, Stealing of the Soul and Restoration: Understanding Moral Injury
ID #329, Traditional Religion in a Progressive World: An Interfaith Panel Discussion
ID #356, Providing Spiritual First Aid After Disaster: The Role of Religious/Spiritual Coping
ID #380, The Church, the Closet, and the Couch: The Intersection of Religion and the LGBTQ Population
ID #503, Integrating Couple and Family Religious and Spiritual Practices into Counseling
ID #521, Better Understanding the Spiritual and Religious Lives of LGBTQ People
ID #541, Building Bridges: How To Talk About Values-Based Referrals with Other Counselors
ID #581, Laws and Ethics: What Discrimination of Services Means for
the Counseling Profession
ID #610, Inclusivity and the Muslim Community in the Counseling and Helping Fields
ID #633, Introduction of Cognitive Behavioral Therapy in Depression Treatment for Ethnic Women
ID #675, Integration of ASERVIC Competencies into Teaching, Supervision and Professional Practice
ID #768, Who is MTurk? Personal Characteristics and Sample Consistency of These Online Workers
ID #771, Honoring Spirit: Assessing the Place of Spirituality and Religion in the Counseling Process
ID #798, Attachment, Well-Being, Distress, and Spirituality in Celibate Gay Christians
ID #825, As We Forgive Our Debtors: Predictors of Forgiveness Among African Americans
ID #837, The Comprehensive Psychological Clinical Interview

Supervision
ID #109, Integrative Reflective Model of Group Supervision: Enhancing Clinical Competence
ID #129, Using Motivational Interviewing in Clinical Supervision
ID #164, Holding the Tension: Congruence and Ethics in Supervising Values Conflicts
ID #199, Attachment in the Supervisory Relationship: An Exploration of Critical Issues
ID #221, Wounded Healers: How To Support Counselors-in-Training Who Have Experienced Trauma
ID #287, Supervision from the Intern’s Perspective: Learning from Students’ Field Experiences
ID #304, Playful Supervision: Creative Techniques for Working with Supervisees
ID #331, Choosing What To Share in Supervision: A New Counselor’s Dilemma
ID #350, Supervision of Self-Injury: Monitoring Supervisees’ Responses and Clinical Risk
ID #401, A Qualitative Analysis of Triadic Supervision: Implications and Recommendations
ID #504, Wellness Interventions in the Supervisory Relationship
ID #524, The Art and Science of Documenting Clinical Supervision
ID #533, What Is Your Armor?
ID #554, The Effect of Multicultural Discussion on the Supervisory Working Alliance
ID #563, Creativity in Counselor Education: Enhancing Your Classroom
ID #576, Selecting Mindfulness Practices for Supervisees’ Individual Goals
ID #584, How Do Professional School Counselors Learn the Practice of Supervision?
ID #609, Supervisor Efficacy and Supervisee Satisfaction in Individual and Group Supervision
ID #666, It Happened ... Now What?: Effective and Ineffective Responses to Client Suicide
ID #675, Integration of ASERVIC Competencies into Teaching, Supervision and Professional Practice
ID #686, Using Collaborative Supervisional Assessments for Student Self-Advocacy: A Qualitative Look at Student Feedback
ID #780, Caring for the Caregivers: Vicarious Trauma and Supervisors
ID #815, Affirmative Supervision: Ethical Approach and Best Practices for LGBTQ+ Supervisees and Clients
ID #835, A Supervisor’s Guide: Who’s at Risk for Vicarious Trauma?
Technology and Social Media in Counseling

ID #108, Language and Online Learning: Inform, Inspire, and Engage Virtual Learning Communities
ID #113, Curating Your Online Identity: Social Media Development for Counselors
ID #180, Use of Collaborative Apps to Enhance the Impact of Counseling Sessions
ID #313, Assessing Distance Counseling Competence and Knowledge
ID #338, Multimedia: Culturally Relevant Pedagogy in Counselor Education
ID #374, Counseling Tech According to HIPAA and the ACA Code of Ethics: An Update for 2017
ID #383, Improving Efficacy and Increasing Capacity Through Emerging Technologies in Counseling
ID #537, Upgrading Pedagogy! Incorporating Web Tools into F2F and Online Courses
ID #552, The Counselor’s Role in Promoting Civil Discourse in the Wake of Recent Gun Violence
ID #639, Online Counseling: What You Need To Know
ID #667, Coordination of Care Apps for Caregivers of Individuals with Psychiatric Disorders
ID #707, A Qualitative Investigation of Concerns Regarding Types of Online Distance Counseling
ID #842, Exploring Innovation in Counselor Education: A Grounded Theory Approach
ID #853, Using Technology To Better Counsel LGBTQ Adolescent and Young Adult Clients

Wellness

ID #160, The Therapeutic Triad of Disability: Forgiveness, Self-Compassion, and Resilience
ID #172, Wellness in the Workplace: Work-Life Balance/Experiencing Healthy Work and Play
ID #192, Using a Positive Psychology of Aging To Enhance Gerontological Counseling
ID #204, Rituals for Renewal and Self-Care
ID #224, Integrating Emotional Freedom Techniques into Mental Health Counseling: An Emerging Model
ID #302, Self-Care and Counselor Identity: Recognizing the Inherent Relationship
ID #321, The Fishing for Wellness Project: Healing Through Mindfulness on and off the Water
ID #412, When Crisis Hits Home: Building Resiliency
ID #504, Wellness Interventions in the Supervisory Relationship
ID #525, Balancing Your Mind, Body, and Soul as a Counselor
ID #535, Trauma-Informed, Mindfulness-Based Interventions for Resilience Enhancement
ID #552, The Counselor’s Role in Promoting Civil Discourse in the Wake of Recent Gun Violence
ID #586, Burnout Symptoms and Coping Strategies
ID #627, An Evidence-Based Procedure for Reducing Anxiety in Distressed Dental Patients
ID #629, Mindfulness Practices for Children
ID #630, Chi Sigma Iota Student Members’ Wellness: Intersection between Cultural and Professional Identities
ID #647, Burnout, Stress, and Direct Student Services Among School
Counselors
ID #653, Transitioning Well: Using a Wellness Model with Transgender Clients Seeking Hormones
ID #666, It Happened ... Now What?: Effective and Ineffective Responses to Client Suicide
ID #672, Development of Counselor Identity around the Globe: Application of the Five Factors Wellness Model
ID #696, Wellness, Burnout, and Law Enforcement Personnel: Implications for Counseling
ID #703, Enhancing Counselor Identity and Community Engagement Through Wellness Leadership
ID #711, A Wellness Approach for Caregivers of Children Who Experienced Pediatric Stroke
ID #716, Promoting Counselor Self-Compassion and Wellness through Authentic Leadership Development
ID #728, The Missing Piece: Counselors and Workplace Wellness Programs
ID #770, Counselors Creating Compassionate Models of Care for the Chronically Ill and Caregivers
ID #772, Scarce Commodities: Healthcare and Wellness Services for Persons with Disabilities in Rural Areas
ID #787, Enhancing Professional Identity through Wellness Leadership: Rho Sigma Upsilon’s Journey
ID #804, Results of Three Body Image Assessments: Naked and Afraid
ID #807, The Gloves Come Off: Inspired Counselor Wellness
ID #825, As We Forgive Our Debtors: Predictors of Forgiveness Among African Americans
ID #831, Personal Counseling for Counselors-in-training: Wellness or Professionalism?
ID #847, Addressing Counselor Wellness Through Equine Assisted Learning Workshops

Visit the Graduate Student and New Professional Center
To take advantage of…
• Posters designed to aid graduate students in relevant areas (e.g., conducting research, grant writing, and maintaining wellness)
• Areas for casual networking with peers
• Townhall-style discussions featuring leaders within the counseling field

Booth #202
(located in the Expo Hall)
Continuing Education (CE) Certificate Instructions

**CE Certificates**
Complete Session evaluations after Conference at www.prolibraries.com/counseling:

**Step 1:** Log on using your ACA website login

**Step 2:** Click on “LI Session Evaluations”, select the LI you attended, complete evaluation and click “submit”. (If applicable)

**Step 3:** Click on “Education Session Evaluations”, select a session you attended, complete the evaluation, and click “submit”. Do this for EACH session you attended.

**Step 4:** Click on “CE Certificate” to view/print certificate.

*In order to obtain CE hours for the sessions you attended, you must complete the online evaluation process by December 31, 2017*

**By Mail**
If you prefer to complete hard copies of the CE certificate form and mail to ACA for processing:

**Step 1:** Visit www.counseling.org/conference.

**Step 2:** Print all necessary forms.

**Step 3:** Mail to ACA headquarters with a $20 processing fee (per certificate).

**Step 4:** Certificates will be mailed 1–2 weeks after receipt.

For questions regarding CEs for this conference, contact 800-545-2223 x229
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Balkin, Richard S. ID #124; 145
Baltrinic, Eric R. ID #801; 815
Bang, Na Mi ID #710
Banks, Breanna P. ID #208
Bardhoshi, Gerta ID #218
Barnett, Juanita ID #726; 834
Barreto, David ID #521
Barrio Minton, Casey A. ID #269; 801
Bartky, Cheryl ID #276
Batau, Marie-Claire ID #846
Bates-Maves, Julie K. ID #351
Bauman, Sheri ID #191
Baylot Casey, Laura ID #822
Beckenbach, John ID #17007; 127
Beckett, Catherine ID #246
Beeson, Eric T. ID #154; 244
Behl, Malvika ID #701
Behrens, Ellen ID #390
Beijan, Lisa ID #675
Belser, Christopher ID #702; 808
Bemak, Fred ID #17030
Benitez, E. Carolina ID #197
Bennett, Elisabeth ID #17019
Benoit, Esther ID #201
Berger, Christine ID #224
Berry, Stephan ID #198
Betchen, Stephen ID #17003
Bettis, Janelle M. ID #675
Bhat, Christine Suniti ID #159; 236; 357
Bloom, Zachary D. ID #205; 227
Bloomdahl, Susana Contreras ID #848
Blount, Ashley J. ID #617; 696; 725
Bludworth, Jamie ID #17004; 150
Blueford, Jillian M. ID #831
Bobby, Carol ID #181; 277
Bohn-Gettler, Catherine M. ID #649
Boone, Rebecca ID #320
Booth, Jamar ID #607
Bordonada, Tiffany M. ID #290; 665
Borenstein, Michael ID #137
Borenstein-Mauss, Kimberly C. ID #636
Bowers, Ryan ID #109; 686
Brace, Christopher ID #623
Brackette, Caroline M. ID #693
Bradley, Loretta ID #306
Branco, Susan ID #540
Brat, Mansi ID #186
Brawley, Kay ID #620
Brawner, Robtrice D. ID #170
Bray, Susan Stewart ID #649; 776
Brennan, Cecile ID #17017
Brew, Leah ID #250
Britton, Paula J. ID #812
Brooks, Michael ID #17030; 300; 382
Brooks, Tiffany P. ID #415; 555
Brostrand, H. L. ID #829
Brown, Emily C. ID #416
Brown, Eric Montreese ID #139; 200
Brown, Margaux H. ID #118; 193
Brown, Shanita ID #604
Browne-James, Letitia ID #163
Brown-Rice, Kathleen ID #171
Brubaker, Michael D. ID #322
Brumfield, Kristy ID #320; 366
Buckley, Matthew R. ID #17009
Bundy, Michael ID #122
Burgess, Melanie ID #173
Burgin, Elizabeth ID #175
Burkhart Polk, Mary Eleanor ID #840
Burlew, Larry ID #170
Burnett, Casey G. ID #683
Burnham, Martin J. ID #768
Burt, Isaac ID #382
Buser, Juleen K. ID #779
Buser, Trevor J. ID #779
Butler, Kent ID #176; 382
Butler-Byrd, Nola ID #17040
Bynum, Baxlee ID #668
Byrne, Andrew M. ID #148; 238

Caballero Dennis, Kadie-Ann ID #580
Cade, Rochelle ID #660
Calhoun, Brian ID #352
Callaway, Kelbi J. ID #213
Cameron, Erika ID #820
Camp, Ami ID #337
Campbell, Andrew James ID #625; 682
Canfield, Brian S. ID #306; 657

Captari, Laura E. ID #356
Capuzzi, David ID #169; 629
Cardona, Betty ID #674
Carey, Jay ID #317
Carlozzi, Al ID #243
Carlson, Ryan ID #114; 665
Carmichael, Alfreda ID #259
Carney, Jamie ID #780; 854
Carrillo, Stacey L. ID #302
Carrola, Paul A. ID #183; 298
Cashwell, Craig S. ID #147
Casquarelli, Elaine Joyce ID #242
Castano, Edwin ID #786
Castleberry, Joshua ID #703
Cates, Keith ID #774
Cavin, Jason ID #507
Centore, Anthony ID #17011; 223
Cerezo, Alison ID #523
Cha, Maritza ID #287
Challenger, Clewiston ID #330
Chalmers, Lori ID #627; 793
Chan, Christian D. ID #170; 193; 328; 802
Chaney, Michael P. ID #322
Chang, Catherine Y. ID #17030; 159; 350; 382
Chang, Hsiao-Ying ID #189
Chasek, Christine L. ID #777; 806
Chatters, SeriaShia J. ID #17023
Chen, Qu ID #783
Chen, Suzy-Yu ID #199; 765
Choate, Laura H. ID #230
Choi, Hyunjoo ID #797
Choi, Kyoung Mi ID #210
Choudhuri, Devika Dibya ID #164; 236; 393
Christensen, Thomas ID #328
Chronister, Julie A. ID #405
Chung, Jihyun ID #586
Chung, Mijin ID #694
Chung, Sharon ID #518
Chylinski, Manya ID #549
Cihlar, Brandi Engel ID #839
Cinotti, Daniel ID #121; 136; 358
Cirkvencic, Kelsey ID #803
Claitt, Raquista ID #853
Clark, Madeline ID #644
Cleveland, Richard E. ID #211
<table>
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<tr>
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<td>#394</td>
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<td>#637</td>
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<td>Emmanuel, Dionia</td>
<td>#328; 802</td>
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<td>Evans, Amanda Marie</td>
<td>#706; 834</td>
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<td>Evens, Marcheta P.</td>
<td>#284</td>
</tr>
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<td>Ewe, Edward</td>
<td>#335; 412</td>
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<td>Faasse, Jennifer</td>
<td>#309</td>
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<td>Fallon, Elizabeth N.</td>
<td>#624</td>
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<td>Farmer, Laura Boyd</td>
<td>#226; 611; 757</td>
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<td>Farrell, Isabel C.</td>
<td>#411</td>
</tr>
<tr>
<td>Feather, Katherine A.</td>
<td>#290; 397</td>
</tr>
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<td>#209</td>
</tr>
<tr>
<td>Ferguson, Susan</td>
<td>#178</td>
</tr>
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<td>Fernando, Delini</td>
<td>#196; 628</td>
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<td>#398</td>
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<td>#288</td>
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[246]
Gerodias, Andrew ID #259
Gibson, Donna M. ID #269
Gibson, Sandy ID #222; 660
Giles, Frank L. ID #557
Gillen, Mark C. ID #569
Ginicola, Misty M. ID #216; 380
Giordano, Amanda L. ID #147; 213
Gitonga, Stephen Kiuri ID #524
Giunta, Steve ID #316
Gladding, Samuel T. ID #102; 123
Glavin, Kevin ID #237
Glosoff, Harriet ID #384; 771
Glowiak, Matt ID #294
Gnilka, Philip B. ID #114
Gohman, Markie ID #816
Gold, Casey Leigh ID #784
Golubovic, Nedeljko ID #517
Gonzalez, Jazmin M. ID #183
Gonzalez, Jessica ID #838
Gonzalez, Mariaimee ID #820
Goodman, Ariel Heather ID #589
Goodman, Jane ID #219
Goodman-Scott, Emily ID #173
Goodrich, Kristopher ID #17007; 757
Gorby, Sean Ryan ID #192; 626
Graham, Bernadette Joy ID #506
Graham, Jessica ID #243
Granello, Darcy Haag ID #17034; 626
Granello, Paul F. ID #17034
Granger-Belcher, Vanessa ID #362
Grant, Kathleen L. ID #121
Green, William ID #369
Greenidge, Taneshia ID #502
Greer, Carolyn A. ID #262
Gregory, Kelly ID #605
Griffith, Catherine ID #317; 757
Grimes, Niah ID #845
Grimmett, Marc Anderson ID #299; 342
Grove, Sara Lynn ID #229
Grunhaus, Colleen M. ID #666
Gubara, Sarah E. ID #392
Guest, Jessie D. ID #665
Guiffrida, Douglas A. ID #17015; 106
Gu, Yuh-Jen ID #683
Guth, Lorraine J. ID #652
Gutierrez, Daniel ID #197; 647

Guy, Jerrilyn ID #803

H
Hagedorn, W. Bryce ID #17007; 153; 725
Haggerty, Denise ID #511; 690
Haktanir, Abdulkadir ID #637
Halbert, Cassandra ID #618
Hale, Alyssa ID #618
Hall, Jennifer Geddes ID #212; 249
Hall, Kristopher G. ID #539
Hall, Maelisa M. ID #360
Hall, Stephanie F. ID #182
Halligan-Avery, Erin ID #17015
Hamilton, Nancy ID #762
Hammer, Tonya R. ID #243
Hand, Lisa ID #168
Hannon, Michael D. ID #211
Harp, Dillon ID #369
Harper, Amney J. ID #343
Harris, Chaiqua A. ID #770
Harris, Pamela N. ID #518
Harris, Shaywanna ID #609
Hart, Kimberly A. ID #110
Hatzispiros, Liz ID #673
Hayden, Seth C.W. ID #237
Heard, Nevin ID #702; 728
Hearn, Benjamin G. ID #561
Hedges, Kyle ID #194
Hemmings, Carrie D. ID #131; 718
Henderson, Kathryn L. ID #526
Henderson, Lisa ID #198; 383
Hendricks, Bret ID #306
Henfield, Malik S. ID #367
Hennig, Julia Allison ID #581
Henry, Heidi ID #407
Henry, Jessica Lynn ID #525
Herlihy, Barbara ID #159; 261; 283
Hermann, Katherine M. ID #201; 328
Hermann, Mary A. ID #284
Hernandez, Tyler ID #155
Herrera, Jessica ID #692
Hickham, Patricia ID #538; 656
Hicks-Becton, Latasha Y. ID #156
Hight, William ID #161
Hill, Adam Louis ID #590
Hill-Silcott, Vivia E. ID #531
Hindman, Margaret L. ID #707; 764
Hinkle, Michelle ID #346
Hinz, Charles H. ID #837
Hipolito-Delgado, Carlos P. ID #17030; 225; 267
Hitt, Revae ID #614
Hogan, Malee ID #122
Holbrook, Elizabeth ID #275
Hollingsworth, Mary A. ID #655
Holman, Leigh Falls ID #17036; 259
Holmes, Courtney ID #537
Holmes, Elizabeth A. ID #853
Homrich, Alicia M. ID #135; 227
Hope, Keely ID #266
Hopson, Alicia G. ID #794
Horsey, Kiri ID #297; 339
Horton, Evette ID #562
Howe, Terri D. ID #677
Howells, Renee C. ID #187
Howington, Angelique ID #101; 314
Hudspeth, Edward (Franc) ID #175; 355
Huffstead, Mary ID #382; 685; 703
Huggins, Roy ID #374
Hughes, Kim Lee ID #300
Hunnicutt Hollenbaugh, K. Michelle ID #17006
Hunt, Brandon B. ID #211
Hunt, David ID #371; 552
Hunter, Quentin ID #303
Hutchison, Brian ID #251
Hyatt-Burkhart, Debra G. ID #402
Iarussi, Melanie M. ID #228; 821
Ibrahim, Farah ID #267
Ieva, Kara P. ID #634
In, Hyoyeon ID #548
Interiano, Claudia ID #673
Inyang, Enobong ID #298
Ireland, Lauren Elizabeth ID #503; 716
Irving-Johnson, Danielle ID #332
Isawi, Dana ID #17008; 167
Isom-Payne, Shajuana ID #587
Ivers, Nathaniel Nicholas ID #323
Ivey, Allen E. ID #134
J
Jabr, Sarah ID #610
Jacobson, Lamerial ID #163
Jain, Kshipra ID #802
James, Angela ID #338; 564
Jang, Hansori ID #778
Jenkins, Christie ID #618
Jenni, Catherine B. ID #588
Jeong, Alan Jongha ID #608; 708
Jin, Yuanying ID #775
Jodry, Joanne ID #389
Johnson, David A. ID #576
Johnson, Glenda S. ID #209; 542
Johnson, Janelle C. ID #615
Johnson, Keri ID #535; 605
Johnson, Marlon C. ID #619
Johnson, Rommel ID #385
Johnson, Tanya ID #313
Johnson-Minor, Courtney ID #131
Jones, Christi S. ID #131
Jones, Kendra D. ID #624
Jones, Laura K. ID #17022; 241; 601
Jones, Michael ID #313
Jordan, Karin ID #17001
Jumper, Emily ID #803
Jungersen, Tara ID #17035
Jurekovic, Christina ID #658
Justice, Cheryl A. ID #404
K
Kalkan, Bilal ID #357
Kalkbrenner, Mike ID #622
Kaplan, David ID #17021
Karaman, Mehmet A. ID #612; 695
Karayigit, Cebrail ID #684
Karl, Shannon ID #17035
Kaur, Preet ID #185
Kawata, Ryan ID #670
Kearns, Kelly ID #336
Keim, Michael ID #774
Kelchner, Viki P. ID #809
Kemer, Gül ah ID #164
Kenny, Maureen C. ID #212; 249
<table>
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<td>#125</td>
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<td>#17040</td>
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[249]
<table>
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<td>#369</td>
</tr>
<tr>
<td>MacDonald, Angela</td>
<td>#17033; 160</td>
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<tr>
<td>Machuca, Raul</td>
<td>#180</td>
</tr>
<tr>
<td>MacLeod, Bailey P.</td>
<td>#140</td>
</tr>
<tr>
<td>Mader, Ariana N.</td>
<td>#648</td>
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<tr>
<td>Maffini, Cara</td>
<td>#17040</td>
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<tr>
<td>Magsam, Erica Lynn</td>
<td>#840</td>
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<td>#582</td>
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<td>#17040</td>
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<td>#263</td>
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<td>#784</td>
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<td>#287</td>
</tr>
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<td>Marable, Ronica</td>
<td>#585</td>
</tr>
<tr>
<td>Marcus, Ioana</td>
<td>#630; 676</td>
</tr>
<tr>
<td>Marks, Danielle</td>
<td>#168; 295; 407</td>
</tr>
<tr>
<td>Marks, Katrina</td>
<td>#787</td>
</tr>
<tr>
<td>Marotta-Walters, Sylvia</td>
<td>#354</td>
</tr>
<tr>
<td>Marseille, Andre R.</td>
<td>#267</td>
</tr>
<tr>
<td>Marshall, Rachael C.</td>
<td>#411</td>
</tr>
<tr>
<td>Martin, Angie</td>
<td>#727</td>
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<td>Martin, Claire</td>
<td>#325</td>
</tr>
<tr>
<td>Martinez, Esmeralda</td>
<td>#819</td>
</tr>
<tr>
<td>Martinson, Mary C.</td>
<td>#678</td>
</tr>
<tr>
<td>Mascari, J. Barry</td>
<td>#17001; 146</td>
</tr>
<tr>
<td>Mason, Kimberly</td>
<td>#364</td>
</tr>
<tr>
<td>Mathewson, Judith Jeanne</td>
<td>#17018</td>
</tr>
<tr>
<td>Matthews, Cyndi</td>
<td>#264</td>
</tr>
<tr>
<td>Mattson, Brett T.</td>
<td>#683</td>
</tr>
<tr>
<td>Mayo, Katelyn Tassey</td>
<td>#675</td>
</tr>
<tr>
<td>McAndrew, Lori</td>
<td>#195</td>
</tr>
<tr>
<td>McAndrews, Journey</td>
<td>#659</td>
</tr>
<tr>
<td>McAuliffe, Eleanor B.</td>
<td>#712</td>
</tr>
<tr>
<td>McCall, Marcia Huston</td>
<td>#396</td>
</tr>
<tr>
<td>McCarthy, Henry</td>
<td>#268</td>
</tr>
<tr>
<td>McClain, Frances L.</td>
<td>#214</td>
</tr>
<tr>
<td>McClendon, Levi S.</td>
<td>#386</td>
</tr>
<tr>
<td>McCleskey, Kathleen A.</td>
<td>#389</td>
</tr>
<tr>
<td>McCullough, Kerri Legette</td>
<td>#128</td>
</tr>
<tr>
<td>McGlothlin, Jason M.</td>
<td>#260</td>
</tr>
<tr>
<td>McGowan, Anna</td>
<td>#727</td>
</tr>
<tr>
<td>McGriff, Kashunda (Shonda)</td>
<td>#540</td>
</tr>
<tr>
<td>McGugan, Megan K.</td>
<td>#687</td>
</tr>
<tr>
<td>McIntosh, Kaitlin O.</td>
<td>#821; 854</td>
</tr>
<tr>
<td>McKinzie, Jr., Odis</td>
<td>#203</td>
</tr>
<tr>
<td>McKinzie-Bennett, Caitlyn</td>
<td>#759; 828; 830</td>
</tr>
<tr>
<td>McWhirter, Paula T.</td>
<td>#628</td>
</tr>
<tr>
<td>Meagher-Swanson, Lindsay E.</td>
<td>#340</td>
</tr>
<tr>
<td>Meek, Gregory</td>
<td>#119</td>
</tr>
<tr>
<td>Meidinger, Rebecca</td>
<td>#658</td>
</tr>
<tr>
<td>Mensink, Angela R.</td>
<td>#761</td>
</tr>
<tr>
<td>Meola, Cheryl</td>
<td>#847</td>
</tr>
<tr>
<td>Merchant, Niloufer</td>
<td>#220</td>
</tr>
<tr>
<td>Merrill, Erica</td>
<td>#789</td>
</tr>
<tr>
<td>Messier, Cynthia</td>
<td>#412</td>
</tr>
<tr>
<td>Metz, Anne L.</td>
<td>#681</td>
</tr>
<tr>
<td>Mewes, Shaun</td>
<td>#670</td>
</tr>
<tr>
<td>Meyer, Jill Marie</td>
<td>#790</td>
</tr>
<tr>
<td>Meyer, Laura A.</td>
<td>#289</td>
</tr>
<tr>
<td>Meyers, Alexandra</td>
<td>#610; 764</td>
</tr>
<tr>
<td>Miller, Geri A.</td>
<td>#209</td>
</tr>
<tr>
<td>Miller, Joanne L.</td>
<td>#541</td>
</tr>
<tr>
<td>Miller, Rwenshaun</td>
<td>#528</td>
</tr>
<tr>
<td>Miller, Wilbert</td>
<td>#278</td>
</tr>
<tr>
<td>Miller, Will</td>
<td>#162</td>
</tr>
<tr>
<td>Milner, Rebecca J.</td>
<td>#17025</td>
</tr>
<tr>
<td>Milsom, Amy</td>
<td>#767</td>
</tr>
<tr>
<td>Mims, Grace Ann</td>
<td>#777</td>
</tr>
<tr>
<td>Minten, Mary</td>
<td>#335</td>
</tr>
<tr>
<td>Minton, Shyrea</td>
<td>#17040</td>
</tr>
<tr>
<td>Mistretta, Molly A.</td>
<td>#141</td>
</tr>
<tr>
<td>Mitchel, Michelle</td>
<td>#685; 728</td>
</tr>
<tr>
<td>Mitchell, Ariel Encalade</td>
<td>#115</td>
</tr>
<tr>
<td>Mize, Mary Chase Breedlove</td>
<td>#117; 713</td>
</tr>
<tr>
<td>Moe, Jeff</td>
<td>#795</td>
</tr>
<tr>
<td>Mohabir, Raman K.</td>
<td>#211</td>
</tr>
<tr>
<td>Mohammad, Richard</td>
<td>#671</td>
</tr>
<tr>
<td>Moll, E. Christine</td>
<td>#271</td>
</tr>
<tr>
<td>Mondt, Priscilla A.</td>
<td>#310</td>
</tr>
<tr>
<td>Monte, Beatriz R.</td>
<td>#183</td>
</tr>
<tr>
<td>Montgomery, Meredith L.T.</td>
<td>#312</td>
</tr>
<tr>
<td>Moore, Beth</td>
<td>#178; 292; 715</td>
</tr>
<tr>
<td>Moore, Madeleine</td>
<td>#617</td>
</tr>
<tr>
<td>Moore, Maia Niguel</td>
<td>#104</td>
</tr>
<tr>
<td>Moore, Ruth Ouzts</td>
<td>#17026; 152; 603</td>
</tr>
<tr>
<td>Morgan, Leann M.</td>
<td>#237</td>
</tr>
</tbody>
</table>
Morgan, Monir F. ID #120
Moro, Regina ID #259
Morrill, Mandy M. ID #566
Morrow, Jana R. ID #512
Morton, Heidi L. ID #162
Moulton, Patrice ID #250
Mulcahy, Kaitlin ID #309
Mullin, Patrick R. ID #647; 725
Mumbauer, Jayna ID #669
Muratori, Michelle ID #250
Murphy, Amie ID #575
Murphy, Janys M. ID #302
Murphy, Kat M. ID #568
Murray, Debra A. ID #761; 811
Murray, Kirsten ID #547
Muzacz, Arien ID #297; 339

N

Nagarajan, Sudha ID #663
Najera, Deanna Bridge ID #254
Nardelli, Danijela ID #630
Neace, Ryan Thomas ID #265
Nealon-Woods, Michele ID #522
Nelson, Jessica A. ID #410
Nelson, Kristina M. ID #373; 660
Nelson, Lotes ID #520
Neuer Colburn, Anita A. ID #108; 164
Newhart, Sean ID #725
Nice, Matthew ID #602
Niles, Spencer G. ID #159
Nittoli, Jay Michelle ID #106
Nitz, Amy G. ID #558
Norman, Dawn ID #245
Notestine, Lori ID #816
Nunez, Patricia ID #177

O

O’Brien, Elizabeth ID #153; 384
O’Bryant, Beverly J. ID #284
O’Hara, Margaret A. ID #17040; 327
O’Connell, William ID #258
Oeffering, Jasandra Lourdes ID #295
Off, Catherine ID #547
Ogawa, Yumiko ID #270; 519
Oh, Seungbin ID #324; 759; 830
Ohrt, Jonathan ID #114; 665
Okech, Jane ID #17007
Oliva, Verna ID #137; 551
Oliver, Brandie ID #136, 358
Olson, Seth ID #171
Ordway, Ann M. ID #17026; 157; 603
Orozco, Graciela L. ID #823
Osborn, Debra ID #112
Osburn, Monica Z. ID #170; 381
O’Shaughnessy, Tiffany ID #372
Owens, Ashley E. ID #648
Owens, Eric W. ID #402

P

Page, Betsy J. ID #260
Page, Kristin ID #135
Paik, In Shil ID #797
Painter, Everett ID #113; 344
Pancratz, Paige ID #288
Paolini, Allison ID #527
Paone, Tina R. ID #263
Park, Eun Hye ID #646
Park, Sangmin ID #778; 833
Paro, Carly A. ID #304
Patel, Samir H. ID #560
Patrick, Shawn J. ID #17007; 127
Patterson, Dannette ID #550
Paylo, Matthew J. ID #720; 803
Peeples, Kimberly Mason ID #305
Peluso, Paul ID #805
Pender, Marsha ID #278
Pender, Rebekah ID #17001
Pender Baum, Rebecca L. ID #560
Pennock, Elizabeth R. ID #759; 809; 830
Pereira, Jennifer K. ID #304; 818
Pergantis, Stephanie ID #716
Perkins, Gerra ID #320; 366
Perleoni, Mary K. ID #669
Perlman, Theresa ID #583
Peters, Harvey Charles ID #307; 578
Phillips, Alexis A. ID #683
Phillips-Matson, Kristin ID #17040
Phipps, Christa ID #17008
Piedmont, Ralph L. ID #768; 837
Pierce, Chelsy ID #194
Pierce, L. Marinn ID #329
Presenter Index

Pierre, Sherda ID #794
Pietrantoni, Zachary ID #581; 765
Pignato, Laura ID #143
Pillay, Yegan ID #640
Pimpleton-Gray, Asher M. ID #104
Pinto, Stacy A. ID #285; 349
Plisco, Mary Keeley ID #403
Pollard, Brittany L. ID #415
Pollock, Sandra ID #119
Pool, James ID #683
Pope, Amber ID #221
Pope, Mark ID #219; 284
Porter, Christopher ID #266
Porter, Dean ID #17040
Porter, Shirley ID #308
Post, Phyllis B. ID #17008; 167; 512
Pow, Allison Marsh ID #221; 371
Powell, Patrick Wayne ID #513
Powers, Dixie ID #228
Prescod, Diandra J. ID #808
Pressley, Felicia Denise ID #571
Price, Eric ID #206
Price, Temple ID #115
Prikhidko, Alena ID #831
Prosek, Elizabeth A. ID #206; 213
Prosser-Dodds, Lisa R. ID #391
Protivnak, Jake ID #786; 803
Puig, Ana ID #642
Pulliam, Nicole ID #245; 263

Q
Quarto, Christopher ID #341

R
Rabess, Ashlei A. ID #855
Raheem, Malik Aqueel ID #110
Ramrakhiani, Sonia ID #844
Randolph, Amber ID #271
Ranter, Jenn ID #356
Rapp, Marisa ID #409
Ratner, Tessa ID #802
Reese, Ryan F. ID #321
Reider, Timothy ID #229
Rendon Finnell, Laura ID #324; 702
Reyes, Ana G. ID #319; 630; 676
Rhee, Eunjeong ID #632
Rheineck, Jane E. ID #170
Ricard, Richard J. ID #248
Rice, Robert E. ID #117
Richards, Jordan ID #667; 781
Richardson, Eric ID #709
Richardson, Taryn V. ID #607
Richey, Katelyn ID #145
Riedy, Cassandra ID #198
Risso, Fayth ID #760
Roach, Leila ID #771
Robbins, John M. ID #231
Roberson, Renelda Claire ID #414
Roberts, Lauren ID #182; 760
Robertson, Derek Lane ID #371; 552
Robinson, Ajita M. ID #585
Robinson, Edward ID #850
Robinson, Heidi ID #352
Robinson, Stephanie R. ID #363
Rodriguez, Rebecca ID #849
Roh, Abby ID #653
Roland, John E. ID #633
Rollins, Erin ID #796
Romero, Devon ID #294
Romesberg, Luke ID #128
Rose, Jared S. ID #815
Rowley, Patrick James ID #138; 286
Rubin, Orit ID #782; 835
Rudd, Rebecca ID #194
Rumsey, Amanda Dreisbach ID #117; 713; 785
Rush, Conni ID #627; 793
Russell, Valerie ID #105
Russell-Chapin, Lori ID #17022
Russo, Jessica A. ID #525

S
Sackett, Corrine R. ID #767; 810
Sacra, Michaela ID #365
Sainz-Ramirez, Daisy O. ID #287
Saliba, Yvette ID #728
Salvadore, Lisa ID #214
Sampson, Seth A. ID #386
San Antonio, Donna M. ID #573
Sanders, Carrie ID #516
Sandhu, Daya Singh ID #17037
Sandman, Gregory R. ID #556
Sandor, Colleen ID #390
Sangganjanavanich, Varunee Faii ID #387
Santiago Rivera, Azara L. ID #184
Satterfield, Terry L. ID #278
Savitsky, Devyn ID #827
Scarton, Carly ID #189
Schauss, Eraina ID #193
Schlau, Erica ID #851
Schmit, Erika L. ID #145; 545
Schmit, Michael K. ID #545
Scholl, Mark B. ID #352
Schoser, Steven M. ID #273
Schroeder, Sharla R. ID #510
Schwarz, Jill ID #532
Sells, James N. ID #17007
Sette, Angela M. ID #625; 682
Seward, Derek X. ID #638
Shaine, Megan Doughty ID #291; 354
Shamblin, Sherry ID #357
Shannonhouse, Laura ID #117; 356
Sharma, Gitima ID #210
Shaw, Linda R. ID #191
Sheely-Moore, Angela ID #270
Sheets, Heather Dawn ID #522
Sheperis, Donna S. ID #157
Shepherd, J. Brad ID #812
Shillinglin, M. Ann ID #324; 808
Shin, Hyojung ID #797
Shin, Sang Min ID #183
Shin, Sung-Man ID #608; 708
Shoaff, Ericka A. ID #782; 835
Shodiya-Zeumault, Shola ID #372
Sidela, Cristine ID #784
Sin, Mollie ID #835
Slater, Lorrie Byrd ID #257
Smelser, Quinn K. ID #193
Smigiel, Stephanie Marie ID #717
Smith, Atiya R. ID #660
Smith, Carol K. ID #218
Smith, Cheri ID #380
Smith, Jennifer D. ID #501
Smith, Jennifer ID #259
Smith, Justyn ID #407
Smith, Lance C. ID #17007
Smith, Laura ID #660
Smith, Robert ID #695
Sneed, Zach ID #829
Snyder, Vanessa ID #722
Somerlot, Lisa Adams ID #318
Son, Huynh ID #644
Soroka, Rachel ID #803
Sosa, Gloria Aquino ID #17007; 165
Sosin, Lisa ID #400
Southern, Stephen ID #306
Spadaro, Nina Ida Marie ID #240
Spann, Rufus Tony ID #359
Sperry, Jon ID #17027; 179
Sperry, Len ID #179
Springer, Sarah I. ID #121
Spurgeon, Shawn L. ID #253
Stabley, Taylor Lynne ID #621
Stahl, Christen H. ID #17013
Stare, Bryan ID #196
Stargell, Nicole ID #294; 334; 350; 720
Stauffer, Mark D. ID #169; 629
Stebnicki, Mark ID #250
Stephens, Adam F. ID #415
Stevens, Michelle ID #341
Stewart, Cynthia ID #849
Stinchfield, Tracy A. ID #109
Stoltz, Kevin B. ID #376
Storlie, Cassandra A. ID #237; 689
Stower, Catherine ID #272
Streay, Molly M ID #347
Stutzner, Susan ID #17033; 160
Stutey, Diane ID #508
Stutzner, Catherine ID #101; 314
Su, Yi-Wen ID #307
Sullivan, Carol ID #287
Sullivan, Brady ID #132
Sullivan, Tami ID #336
Sultan, Nevine ID #379
Summers, LaTonya M. ID #337
Sumner, Brock W. ID #17019
Super, John T. ID #709
Sutherland, Sonja ID #675
Sutton W. Keith ID #549
Swan, Karrie ID #660
Swank, Jacqueline M. ID #642
Swanson, Renae D. ID #343
Presenter Index

Szarzynski, Sarah ID #645  
Szirony, Gary Mihalyi ID #684

T
Tabet, Saundra M. ID #669  
Takahashi, Yoshiko ID #613; 697  
Tang, Mei ID #312  
Taylor, Kerrie ID #279  
Taylor, LaKaavia ID #256  
Templeton, Emerald ID #165  
Terneus, Sandra K ID #104; 572; 804  
Terrazas, Art ID #369  
Testaverde Morath, Kerry ID #672  
Thaier, Christina ID #326  
Thanasiu, Page L. ID #227  
Thomas, Denis’ A. ID #101; 314  
Thomas, Destiny N. ID #17030  
Thompson, Isabel A. ID #155  
Thornton, Rives Whittle ID #240  
Tillman, Douglas ID #670  
Tobiasz, Ryan ID #551  
Todd, Guila ID #369  
Toporek, Rebecca L. ID #17030; 523; 614; 784  
Torres-Fernandez, Ivelisse ID #529  
Tovar, Alejandra ID #784  
Trahan, Jr., Don ID #359  
Travis, Sterling P. ID #721  
Tresslar, Allison ID #791  
Tribitt, Tamara ID #409  
Tripp, Connor Copeland ID #824  
Truett, Nancy Teresi ID #411  
Tuazon, Victor E. ID #666; 721  
Tucker, Catherine ID #362; 562  
Tuttle, Malti Sara ID #559; 706

U
Uhernik, Julie A. ID #378

V
Van de Laar, Kristin ID #583  
vander Boom, Christel ID #210  
Van Velsor, Patricia ID #202  
Varney, Melanie ID #685  
Vaughn, Colin ID #368  
Veech, Laura J. ID #396  
Vecchio, Carol A. ID #17039  
Vincent, Elizabeth ID #842  
Viviani, Anna M. ID #126

W
Wachter Morris, Carrie A. ID #269  
Wade, Erica ID #533  
Wagner, Nathaniel J. ID #368; 666  
Wahesh, Edward ID #129; 311; 758  
Walker, Suzanne L. ID #316  
Waller, Byron ID #17039  
Walsh, Melanie Reagan ID #404  
Wambu, Grace W. ID #584  
Wang, Jiayue ID #392  
Wang, Shu-Ching ID #683  
Wanlass, Janine ID #390  
Warchal, Judith ID #120  
Warren, Jane ID #259  
Waterman, Stacy Perez ID #259  
Watson, Joshua C. ID #612; 637; 695; 757  
Watts, Richard E. ID #17027; 168  
Weaver, Sharon M. ID #790  
Webber, Jane M. ID #17001; 146; 236  
Weber, Brian ID #505  
Weir, Karla ID #680  
Welfare, Laura E. ID #331  
Wells, Pamela C. ID #187; 563  
Werries, Jennifer R. ID #315  
West, Paul L. ID #120  
West-Olatunji, Cirecie ID #17016; 115  
Wheeler, Anne Marie “Nancy” ID #17031  
Wheeler, Naomi J. ID #688  
Whisenhunt, Julia L. ID #350; 570  
White, Dayna ID #195  
White, Elizabeth Bost ID #396  
White, Mickey ID #319  
Whitman, Joy S. ID #164; 226  
Whittle-Smith, A. Denise ID #131  
Wilde, Brandon ID #187  
Wilkerson, Kristina ID #533  
Wilkinson, Morgan B. ID #664  
Williams, Eric A. ID #501  
Williams, George ID #250
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And so much more! The Member Toolkit is designed to give you easy access to tools that keep you connected, stimulated, and at the top of your professional game. If you miss an email, you can always find the most recent Toolkit under the Spotlight section on counseling.org
FRIDAY, MARCH 17, 2017

7:30 am – 8:30 am | Program ID #102
The Creative Arts in Counseling: How, Where, and When to Use Them
Samuel T. Gladding

The creative arts have been used in mental health service since antiquity. This program will explore their place in counseling today, their compatibility with a variety of theories, and their use with different populations across the life span. Specific creative arts that will be examined include: music, writing, movement, drama, visual art, humor, animal-assisted therapy, and horticulture. Creative arts techniques in prevention and remediation will be highlighted.

11:00 am – 12:00 pm | Program ID #124
Relationships in a Counselor’s Life
Jeffrey A. Kottler and Richard S. Balkin

The strength of the counseling relationship is considered the leading factor influencing client-centered outcomes. The presenters will discuss both the principles and paradoxes in building the counseling relationship, the personal and professional challenges counselors face, and how these obstacles can be identified and eventually overcome. Participants will examine their own best—and worst—relationships with clients, as well as those in their everyday lives.

3:00 pm – 4:00 pm | Program ID #169
Theories of Counseling and Psychotherapy
David Capuzzi and Mark A. Stauffer

This session will overview the new, sixth edition of Counseling and Psychotherapy: Theories and Interventions with special emphasis on new chapters that address constructivist and creative approaches in counseling. Major updates to other chapters will also be discussed, as will the supplementary material developed for instructors’ use in the classroom. Audience participation will be encouraged and a few experiential exercises related to chapters will be facilitated by the co-presenters.

SATURDAY, MARCH 18, 2017

4:30 pm – 5:30 pm | Program ID #191
Facilitating Groups That Include Persons With Disabilities
Sheri Bauman and Linda R. Shaw

Because 19% of the U.S. population has disabilities, all counselors—regardless of specialty—need to be prepared to work with these clients. This interactive presentation will provide an awareness of the opportunities and challenges of including people with disabilities in counseling groups or when conducting groups specifically for persons with disabilities. Participants will learn how they can create more inclusive and effective groups and how both able-bodied members and those with disabilities can grow from group experiences.

3:00 pm – 4:00 pm | Program ID #283
Hot Topics in Ethics
Barbara Herlihy and Gerald Corey

Ethical practice dictates that counselors seriously consider the impact of their values on clients and how to manage value conflicts with clients. This presentation addresses the ethics involved in value-based referrals and being able to differentiate between personal and professional values. Managing boundaries and multiple relationships in counseling, with emphasis on assessing both the benefits and risks involved in boundary crossings, will also be considered. Highlights on these topics from the latest editions of the ACA Ethical Standards Casebook and Boundary Issues in Counseling, as well as the ACA Code of Ethics will be included.
Adams, Aimee
Adams, Lisa
Ali, Shainna
Alli, Rabeena
Ashley, Larry
Asner-Self, Kim
Austin, Victoria
Ayala, Thomas
Bachner, Harriet
Baldwin, Kim
Baldwin, Kyle D.
Bardhoshi, Gerta
Beals, George R.
Beck, Kimberly
Beckett, Catherine
Bell, Hope
Bennett, Elisabeth
Bensley, Roseanne
Berger, Christine
Berry, Stephan
Bledsoe, Kenya
Bohner, Greg
Bonjo, Laurie
Bradham-Cousar, Michelle
Branco, Susan
Briddick, William
Brown, David R.
Brown, Eric
Brown, Margaux H.
Brown, Shanita
Burgess, Marj
Burns, Stephanie
Burt, Isaac
Byrd, Rebekah
Calhoun, Brian
Campbell, Barbara P.
Carlisle, Kristy
Carlisle, Robert M.
Carruth, Ellen K.
Cates, Keith
Cathey, Karen
Chan, Christian
Chasek, Christine L.
Chen, Szu-Yu
Cholewa, Blaire
Cinotti, Daniel
Collins, Dean
Comstock, Dana
Cook, Jennifer
Corbett, Chris
Cox, Robert M.
Crockett, Stephanie
Dansby-Giles, Gloria
Dean, Erin P.
DeDiego, Amanda C.
Degges-White, Suzanne
Del Rio, Carlos M.
Deroche, Melissa D.
Devoll, Michael
Dickerson, Asha
Dockery, Donna J.
Dooley, Katherine
Douthat, Kathleen Brien
Downie, Rebecca Lynn
Duffy, Jason
Edgerson, LaMarr D.
Edwards, Brenda J.
Elliott, Anna
Ellison, Lori
Ener, Elizabeth
Erby, Adrienne
Faulkner, Roosevelt
Flack, David
Forrsyth, Elizabeth
Foss-Kelly, Louisa
Foster, Thomas
Froeschle Hicks, Janet
Fullen, Matt
Furr, Susan
Garza-Chaves, Yvonne
Ghistant, Michelle
Gilchrist, Sabrina
Giordano, Amanda
Glosoff, Harriet L.
Glover, Jesaira
Gonzalez, Mariaimee
Gonzalez, Tiphanie
Gonzalez, Yinet
Gordon, James
Green, Leigh
Greene, Jennifer
Greer, Carolyn
Grinnan, Cullen T.
Grosz-Knapp, Tamara
Groves, Kerin
Guild-Stitt, Sharon A.
Gunsallus, Rick
Gutierrez, Daniel
Hall, Daniel
Hall, Kristopher
Hammer, Tonya
Hargrove-Edwards, Aretha
Harper, Rosie Jimerson
Heath-Drake, Tonya
Hermann, Katie
Hill-Silcott, Vivia
Hodges, Laura I.
Hollis, Antoinette C.
Holman, Leigh
Holmes, Courtney
Hope, Keely
Huntley, Debra K.
Hurt-Avila, Kara M.
Iarussi, Melanie
Imhoff, Brad
Jeter, Rhonda F.
Johnson, Janelle
Jones, Anita Engstrom
Keim, Michael
Kennedy, Charnequa
Kepic, Marcela
Kern, Jennifer
Killam, Wendy
Kinder, Dee
Korcuska, James S.
Krell, Megan
Lambert, Simone
Langer, Karen
Lee, Kasich
Leitner, Sarah
Lemon, Jan C.
Lenhart, Amy M.  
Liberati, Ryan  
Lloyd-Hazlett, Jessica  
Logan, Sandi  
Long, Brenson  
Lopez, Anna  
Luoma, Tracy L.  
Mainzer, Edward  
Maldonado, Joshua  
Manchester, Chelsea  
Marcus, Ioana  
Mariska, Mike  
Marrah, Arleezah  
Martinez, Maria del C  
Mathewson, Judith  
May, Michelle  
McCleskey, Kathleen  
McCormick, Juawice M.  
McDonald, Nora  
McLeod, Amy L.  
McMahan, Oliver  
McMullen, James W.  
Meadows, Lynna  
Meyer, Greg  
Michel, Rebecca Earhart  
Mobley, Keith  
MohdZain, Zaidy  
Moll, E. Christine  
Mooney, Patrick  
Moore, Ruth Ouzts  
Morath, Tammy  
Moro, Regina  
Mullen, Patrick  
Nelson, Jessica  
Nelson, Judy  
Nelson, Lotes  
Neuer Colburn, Anita A.  
Nevárez, Amanda M.  
Newgent, Rebecca  
Nixon, Sean  
Norris, Candice  
Nunez, Patty  
Oberman, Aaron  
Odom, Thomasina  
Oliva, Verna  
Oliver, Brandie  
Oppmann, Roseanne  
Ordway, Ann  
Orr, Jonathan  
Orrock, Jason  
Ouellette, Linda  
Oursler, Janice  
Paessler-Chesterton, Heather  
Parker, Linda  
Parmanand, Shawn P.  
Pasquarella Daley, Lauren  
Paulson, Lauren  
Perkins, Gerra  
Petersen, Kelly S.  
Pointer, Michelle P.  
Polk, Edrice Jeanne  
Pompeo-Fargnoli, Alyson  
Porter, Julia  
Pow, Allison  
Price, Eric  
Prosek, Elizabeth A.  
Pulliam, Nicole P.  
Purswell, Katherine E.  
Randolph, Amber  
Richards, Deanna  
Richardson, Taryn  
Ricks, Lacey  
Robinson, Fawn  
Robison, Flip  
Rose, Jared  
Routledge, Sharon  
Savickas, Sue  
Sawyer, Cheryl  
Schulze, Dawn D.  
Scott, David A.  
Sepulveda, Victoria  
Smith, Deborah  
Smith, Wayne D.  
Stapleton, Richard  
Storlie, Cassandra A.  
Stuive, Christina J.  
Tamasese, Martha  
Taylor Smith, Ganella  
Tello, Angelica  
der Maat, Mercedes Ballbé  
Terneus, Sandra  
Thibodeaux, Raime  
Thomas, Carolyn  
Thomas, Denis’  
Thomas, Tammarka  
Thompson, Linda  
Thompson, Sharon  
Tovar, Lynn  
Troesser, Karla  
Turner, Jr, J. Fidel  
Tustison, Heather  
Underfer-Babalis, Jean  
Vessels, Janet  
Wahler, Vicki A.  
Walker, Quiteya D.  
Wheeler-Gordon, Kenisha  
Wierzalis, Edward A.  
Williams, Paige  
Williamson, Daniel  
Williamson, Jennifer Nivin  
Wilson, Angie  
Winburn, Amanda M.  
Wines, Mallory  
Wise, Suzy  
Wix, Katie  
Woodruff, Rosemarie V.  
Ybañez-Llorente, Kathy  
Zeng, Heather  
Zesiger, Jill  
Zholu, Yuliya  
Ziff, Katherine
Save the Dates!

April 26–29

Pre-conference Learning Institutes:
April 25–26

Atlanta, Georgia

Counseling.org/conference
Capstone Treatment Center is a residential therapy center for young men ages 13 to 25 struggling with addictions and/or behavioral disorders.

Canine Companion Therapy is a unique and special part of our approach. Every resident receives an American Kennel Club (AKC) registered Labrador retriever puppy, forming a special relationship full of unconditional love and acceptance. After graduation, the Labrador serves as a recovery companion and constant reminder of the Capstone experience.

Let us be your family’s partner in healing.

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