The only conference devoted entirely to the clinical mental health counseling profession. Three days of powerful general sessions, inspiring and informative breakout sessions, as well as networking opportunities. Plan to join us in Washington, D.C. July 18-20, 2013!

Friday Keynote: “The Righteous Mind: Why Good People are Divided by Politics and Religion”
Jonathan Haidt, Ph.D.
Since the “culture wars” began in the 1960’s, American politics have been characterized by two sides bitterly and stubbornly locked in a stalemate—Democrats on the left, Republicans on the right. Why does it seem impossible to find bi-partisan solutions? Why do both sides seem more entrenched in their worldviews and policy decisions than ever before? For Jonathan Haidt, the only way to understand the modern political landscape is through the lens of morality. Haidt draws on his extensive research in human morality to reach new conclusions about the struggle between conservatives and liberals. The most important differences aren’t about political issues—rather, it is each side’s respective understanding of morality. With a timely, optimistic message, Haidt cuts through the rhetoric and presents a fascinating and engaging interpretation of modern politics at this crucial moment. For more information see www.JonathanHaidt.com.

Pre-Conference Workshops
“DSM-5: A User’s Guide”
Gary G. Gintner, Ph.D., LPC
The DSM-5 represents a fundamental shift in how disorders are conceptualized and diagnosed. The workshop provides an overview of the manual’s new organization and other innovations such as spectrum disorders. Changes to major psychiatric diagnostic groups are reviewed and participants have the opportunity to practice using the new system.

“Ethical Implications of Electronic Technology, Teletherapy and Technotherapy”
Mary Alice Fisher, Ph.D.
With technology constantly changing around us, Dr. Fisher investigates the ethical and legal implications of electronic client communications and electronic data storage. Explore the boundaries regarding communicating with clients via email, Facebook, Twitter and other social network, or other electronic formats such as mobile phones or tablets. Discuss the necessary safeguards counselors should have in place and where should the line be drawn. Investigate the distinctions between counselors’ professional ethical requirements and HIPAA’s legal requirements and the implications for training our clinical and/or non-clinical staff, supervisees, or students.

Saturday Keynote & Invited Track
Saturday Keynote: “The Challenges of Reintegration Following Deployment”
William Brim, Psy.D. Center for Deployment Psychology
This keynote address is intended to provide civilian mental health providers with an overview of the demographics of military families and the impact of reintegration on the service member and family unit. It will explore the unique experiences that service members and their spouses and children face upon return from deployment.

Saturday Invited Track: “Evidence-Based Treatments for Post-Traumatic Stress Disorder”
Evidence-based treatments for Post-Traumatic Stress Disorder (PTSD) are reviewed so participants become familiar with effective interventions for combat-related trauma. This talk is consistent with Department of Defense and Veterans Affairs guidelines for the treatment of PTSD in military populations. Overviews of Cognitive Processing Therapy, Prolonged Exposure therapy, and Eye Movement Desensitization and Reprocessing are presented. Participants will also be guided to additional resources that will prove useful in working with service members and veterans.

American Mental Health Counselors Association
AMHCA is a division of ACA
AMHCA Conference Office
877-743-5312
info@amhcaconference.org
www.amhcaconference.org
To join our mailing list and receive “Technology Assisted Counseling,” visit www.amhca.org/signup.aspx.
Thank you for joining your ACA family in Cincinnati. The effort you’ve made to be part of this conference reflects your commitment to your profession. We are glad you’re here.

Much has happened since our time together last year: unspeakable violence in many states across the nation, natural disasters, and an extremely polarizing election. As a counseling professional, you have no doubt seen the consequences of these realities in many shades and shapes. And you have no doubt experienced the taxing range of emotions that often follow such events.

You are not alone. Please use this time to decompress, reconnect with your community, and empower yourself with the knowledge, tools, and resources you need to continue to make a difference in the year ahead. Take full advantage of the education, the stimulation, and most importantly, the inspiration.

This is a critical part of your professional path.

This Program Guide contains all the information you need to make the most of your conference experience. From session times and maps to exhibitor booth numbers and Cincinnati tour information, it’s all here at your fingertips. We will let you know of important developments and promotions via social media (in addition to the conference mobile site), so make sure you’re connected with ACA on Facebook and Twitter.

As always, we look forward to your energy and enthusiasm as we spend the next few days together.

Bradley T. Erford, PhD
ACA President (2012–2013)
Dear ACA Attendees:

On behalf of the citizens of Cincinnati, I am privileged to welcome you, the attendees of the American Counseling Association’s 2013 Conference & Expo, to Cincinnati. I am pleased and honored that you have picked Cincinnati to hold your conference.

During your visit, I encourage you to discover and explore the many attractions that make the “Queen City” such a popular place to visit and to live. From our museums and galleries to our sports and recreational activities, Cincinnati is a truly unique city. Our residents and visitors alike mingle on Fountain Square, dine in our top-notch restaurants, and shop in our safe, vibrant, and lively downtown area.

A stay in Cincinnati is the beginning of a lifetime relationship with the finest city in America. We are happy to have your conference in our area.

Again, I welcome you to Cincinnati and extend my best wishes for a wonderful convention and a successful future.

Sincerely,

Mark Mallory
Mayor

Equal Opportunity Employer
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- Applied Clinical Psychology
- Business and I/O Psychology
- Clinical Psychology
- Counseling Psychology
- Counselor Education
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- International Psychology
- Mental and Family Therapy
- Organizational Leadership Psychology
- School Psychology

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The Chicago School of Professional Psychology admits students of any race, color, and national or ethnic origin.
The Program Guide will provide you with important information to make your experience in Cincinnati a success. The Highlights, Pre-conference Learning Institutes, Education Sessions, Meetings & Social Events, and Exhibits are sectioned off by tabs.

Read through this information carefully as it will help you navigate your way through the conference. The Presenter Index is at the back of the guide and will direct you to the correct program ID#. An index by topic/category is available in the Index. Tickets for social events can be purchased at the registration counter at the Convention Center while supplies last.

Badges
This year, there will be several badge types—a badge for the Pre-conference Learning Institutes only, an Expo-only badge, and a full Conference name badge. All badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the Expo Hall. For your safety, no one will be allowed to enter without a proper badge. One-day badges are clearly marked and will be valid for admission on that day only. Replacement badges will cost $25.00 each and may be purchased at the registration desk in the Duke Energy Convention Center.

Conference Events
Conference activities will be held at the ACA headquarter hotels, the Hilton Cincinnati Netherland Plaza hotel, the Hyatt Regency Cincinnati Hotel, the Millennium hotel Cincinnati, as well as the Duke Energy Convention Center.

Convention Center
- Pre-conference Learning Institutes and ACA Red Cross Disaster Mental Health Training
- Education Sessions
- ACA First Timers Orientation Breakfast
- Exposition and all Expo activities (Career Center, ACA Bookstore, Poster Sessions, Graduate Student and New Professional Center, ACA Pavilion, and Cyber Center)

- Keynote sessions
- Region meetings
- Opening party
- Full registration

Hilton Cincinnati Netherland Plaza
- Division meetings and social events
- ACA meetings and social events

Hyatt Regency Cincinnati
- Division meetings and social events
- ACA meetings and social events

Millennium Hotel Cincinnati
- Division meetings and social events
- ACA meetings and social events

Information for all ACA Conference Hotels
Hilton Cincinnati Netherland Plaza
35 West Fifth Street
Cincinnati, OH 45202
513-421-9100

Hyatt Regency Cincinnati
151 West Fifth Street
Cincinnati, OH 45202
513-579-1234

Millennium Hotel Cincinnati
150 West Fifth Street
Cincinnati, OH 45202
513-352-2100

Westin Cincinnati
21 East Fifth Street
Cincinnati, OH 45202
513-621-7700
Message Board
A message board will be located in the registration area at the Duke Energy Convention Center to help locate friends and colleagues.

Pre-conference Learning Institutes
These intensive workshops are being held at the Duke Energy Convention Center on Wednesday, March 20, and Thursday, March 21. Please refer to the “Pre-conference Learning Institute” tab in the Program Guide for more details.

Education Sessions
90-minute and 60-minute education sessions are being held at the Duke Energy Convention Center beginning Friday, March 22, through Sunday, March 24. The Education Sessions section also includes information on the Poster Sessions, Academies, Featured Sessions at-a-Glance, and Sponsored Sessions at-a-Glance. Please refer to the “Education Sessions” tab in the Program Guide for more information.

ACA and Division Meetings and Social Events
Both ACA and Division events, previously titled “Ancillaries,” will be held at the Hilton Cincinnati Netherland Plaza, Hyatt Regency and Millennium hotels, and the Duke Energy Convention Center. Please refer to the “Business Meetings and Social Events” tab for more details.

Expo
All Exposition activities will be held at the Duke Energy Convention Center. The Expo Hall is open Thursday, March 21, from 4:30 p.m. to 7:00 p.m., Friday, March 22, from 10:30 a.m. to 6:30 p.m., and Saturday, March 23, from 10:00 a.m. to 4:00 p.m. Please refer to the “Conference Exhibitors” tab for more details.

Persons with Disabilities
We make every effort to accommodate all persons with disabilities and that includes those persons disabled by chemical exposure and environmental illness. Please take this into consideration when applying any type of fragrances.

ACA asks each attendee who is disabled to identify himself or herself in advance and to provide us with the information necessary to make the event more accessible and enjoyable, including any transportation needs, a sign language interpreter, guides for the visually challenged, or any other special needs. We will be providing shuttle transportation for persons with disabilities only between ACA-designated hotels and the convention center. Please check your hotel lobby for shuttle schedules. Onsite assistance can be secured at the registration desk at the Duke Energy Convention Center.

Please note: Requests such as sign interpreters require advance notice to ensure that we have a sufficient number of interpreters on hand. Again, we will make every effort to accommodate any last-minute requests.
Conference Activities at-a-Glance

TUESDAY • MARCH 19

ACA Meetings and Social Events
9:00 a.m. – 5:00 p.m. ACA Governing Council

WEDNESDAY • MARCH 20

ACA Meetings and Social Events
8:00 a.m. – 6:00 p.m. Registration Open
8:00 a.m. – 6:00 p.m. ACA Pre-conference Bookstore
9:00 a.m. – 5:00 p.m. ACA Governing Council
9:00 a.m. – 8:45 p.m. Pre-conference Learning Institutes

Division & Affiliate Meetings and Social Events
9:00 a.m. – 4:00 p.m. CSJ Board & Strategic Planning Meeting
9:00 a.m. – 5:00 p.m. ACEG Professional Development Institute
9:00 a.m. – 6:00 p.m. AMCD Executive Board Meeting
12:00 p.m. – 2:00 p.m. ACEG Annual Awards Luncheon
12:00 p.m. – 5:00 p.m. AHC Board Meeting
2:00 p.m. – 5:00 p.m. ARCA Board Meeting
3:00 p.m. – 5:00 p.m. AMCD Conference Start-up Meeting
4:00 p.m. – 5:00 p.m. AMCD Service Day Orientation

THURSDAY • MARCH 21

ACA Meetings and Social Events
8:00 a.m. – 3:00 p.m. ACA Pre-conference Bookstore
8:00 a.m. – 6:00 p.m. Registration Open
9:00 a.m. – 1:00 p.m. ACA/Red Cross Disaster Mental Health Training
9:00 a.m. – 8:45 p.m. Pre-conference Learning Institutes
10:00 a.m. – 12:00 p.m. ACA International Committee Meeting
1:00 p.m. – 4:00 p.m. ACA 20/20 Delegate Meeting
2:00 p.m. – 3:00 p.m. ACA Branch Executives Meeting
4:30 p.m. – 7:00 p.m. Expo Grand Opening & Welcome Reception
4:30 p.m. – 7:00 p.m. ACA Career Center
4:30 p.m. – 7:00 p.m. ACA Bookstore Open
5:30 p.m. – 6:30 p.m. ACA Author Book Signing
6:00 p.m. – 8:00 p.m. ACA VISTAS Contributors Reception

Division & Affiliate Meetings and Social Events
9:00 a.m. – 11:00 a.m. AMCD Executive Council & Annual Business Meeting
9:00 a.m. – 12:00 p.m. ACEs, NCDA Commission on the Future of Career Development

9:00 a.m. – 1:00 p.m. AHC Board Meeting
9:00 a.m. – 1:00 p.m. ARCA Board Meeting
9:00 a.m. – 4:30 p.m. AARC Executive Council Meeting
9:00 a.m. – 4:30 p.m. AADA Board Meeting
9:00 a.m. – 5:00 p.m. ARCA Professional Development Institute
9:00 a.m. – 5:00 p.m. ASERVIC Board Meeting
9:00 a.m. – 5:00 p.m. CACREP: How to Write a CACREP Self Study Workshop
9:00 a.m. – 6:00 p.m. ASGW Executive Board Meeting
10:00 a.m. – 11:00 a.m. ACEG Annual Director’s Board Meeting
12:30 p.m. – 2:00 p.m. NCDA Luncheon
1:00 p.m. – 5:00 p.m. ACES 2011–2012 Executive Council Meeting
1:00 p.m. – 5:00 p.m. IAACOC Executive Committee Meeting
2:00 p.m. – 3:00 p.m. ACEG Membership Business Meeting
2:00 p.m. – 4:00 p.m. AHC Editorial Board Meeting
2:00 p.m. – 6:00 p.m. ACC Board and Business Meeting
2:30 p.m. – 5:30 p.m. Chi Sigma Iota Executive Council
2:30 p.m. – 5:30 p.m. Chi Sigma Iota Fellows/Intern Orientation
3:30 p.m. – 5:00 p.m. NECA Executive Board Meeting
4:00 p.m. – 5:00 p.m. AMCD Regional Representatives Meeting
4:00 p.m. – 9:00 p.m. IAMFC Executive Board Meeting
5:00 p.m. – 6:00 p.m. ACES 2012–2013 Executive Council Meeting
5:00 p.m. – 6:30 p.m. University of Central Florida Reception
5:00 p.m. – 6:30 p.m. University of North Carolina–Greensboro Reception
5:30 p.m. – 6:00 p.m. NECA General Memberships & Awards Program
6:00 p.m. – 7:00 p.m. NECA Reception for Working Ahead GCDF Practitioners & Instructors
6:00 p.m. – 7:30 p.m. ACES Past President & Fellows Reception
7:00 p.m. – 8:30 p.m. NECA, ACEG & MACD Presidential Partnership Reception
7:00 p.m. – 9:00 p.m. OCA, GCCA, KCA Joint Welcome Reception

NEW THIS YEAR!
ACA Pavilion

The ACA Resource Center has a new look and new name! Stop by the ACA Pavilion – booth 401 in the Expo Hall. Meet the ACA professional staff and get answers to some of your questions about Public Policy, Professional Affairs, Membership, and the ACA Foundation.
## Conference Activities at-a-Glance

### FRIDAY • MARCH 22

#### ACA Meetings and Social Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 a.m. – 6:00 p.m.</td>
<td>Registration Open</td>
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<tr>
<td>7:00 a.m. – 8:30 a.m.</td>
<td>ACA First Timers Orientation Breakfast</td>
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<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACA Traumatology Interest Network Meeting</td>
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<tr>
<td>9:00 a.m. – 10:30 a.m.</td>
<td>Opening Session Keynote</td>
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<tr>
<td>10:30 a.m. – 6:00 p.m.</td>
<td>Poster Sessions (Expo Hall)</td>
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<tr>
<td>10:30 a.m. – 6:30 p.m.</td>
<td>Expo open</td>
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<tr>
<td>10:30 a.m. – 6:30 p.m.</td>
<td>ACA Career Center Open</td>
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<tr>
<td>10:30 a.m. – 6:30 p.m.</td>
<td>ACA Bookstore Open</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Women's Interest Network</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Grief and Bereavement Interest Network</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Interest Network for Advances in Therapeutic Humor</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Wellness Interest Network</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Traumatology Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Children's Counseling Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Interest Network for Professional Counselors in Schools</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Network for Jewish Interests</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Sports Counseling Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Forensic Counseling Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Historical Issues in Counseling Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Animal Assisted Therapy in Mental Health Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Ethics Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Crisis Response Planning Task Force</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA International Counseling Interest Network</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Task Force for School Counseling</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Ethics Appeal Panel Task Force</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td>National Institute for Counseling Research Task Force</td>
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<tr>
<td>11:00 a.m. – 1:00 p.m.</td>
<td>ACA Region Officers Meeting</td>
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<tr>
<td>11:00 p.m. – 6:00 p.m.</td>
<td>Education Sessions</td>
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<tr>
<td>1:00 p.m. – 2:00 p.m.</td>
<td>ACA Governing Council New Member Orientation</td>
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<tr>
<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Awards Committee Meeting</td>
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<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Bylaws and Policy Committee</td>
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<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Public Policy and Legislation Committee</td>
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<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Research and Knowledge Committee</td>
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<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Human Rights Committee</td>
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<td>ACA Branch Development Committee</td>
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<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Nominations and Elections Committee</td>
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<td>ACA Audit Committee</td>
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<td>ACA Graduate Student Committee</td>
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<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Professional Standards Committee</td>
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<td>5:00 p.m. – 6:30 p.m.</td>
<td>ACA International Student Panel</td>
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<td>6:00 p.m. – 8:00 p.m.</td>
<td>ACA Change Agents in Public Policy – A Reception Honoring Those</td>
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<td>6:30 p.m. – 7:30 p.m.</td>
<td>Supporting ACA's Legislative Agenda</td>
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<td>9:00 p.m. – 12:00 a.m.</td>
<td>ACA International Reception</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACA Bylaws and Resolutions Committee</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACA Department Chairs Interest Committee</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACA Clinical Mental Health Interest Network</td>
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<td>ACA Multicultural Counseling Interest Network</td>
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<td>ACA Clinical Director's Interest Network</td>
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<td>ACA Supervision Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACA Counselor Educator Qualitative Research Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACA College Student Affairs Interest Network</td>
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<td>ACA Advocacy Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACA Doctoral Programs Interest Network</td>
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#### Division & Affiliate Meetings and Social Events

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<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES State Presidents/Presidents-Elect Meeting</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>Rocky Mountain ACES</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>Western ACES</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>North Atlantic ACES</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Best Practices in Teaching Task Force</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Career Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES New Faculty Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES International Counseling Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES School Counseling Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Bylaws and Resolutions Committee</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Department Chairs Interest Committee</td>
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<td>ACES Clinical Mental Health Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Multicultural Counseling Interest Network</td>
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<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Clinical Director’s Interest Network</td>
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<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Supervision Interest Network</td>
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<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Counselor Educator Qualitative Research Interest Network</td>
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<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES College Student Affairs Interest Network</td>
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<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Advocacy Interest Network</td>
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<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES Doctoral Programs Interest Network</td>
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</tbody>
</table>
### Conference Activities at-a-Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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</table>
| 8:00 a.m. – 9:00 a.m. | ACES Technology Interest Network  
| 8:00 a.m. – 9:00 a.m. | ACES Rural Counseling Interest Network  
| 8:00 a.m. – 9:00 a.m. | North Central ACES  
| 8:00 a.m. – 9:00 a.m. | Southern ACES  
| 8:00 a.m. – 9:00 a.m. | AMCD First Timers Orientation  
| 8:00 a.m. – 12:00 p.m. | AARC Executive and New Executive Council Meeting  
| 9:00 a.m. – 12:00 p.m. | CACREP Team Member Training/Renewal  
| 11:00 a.m. – 12:30 p.m. | AMCD Mentor/Mentee Meeting  
| 11:00 a.m. – 1:00 p.m. | AMCD Latino Leadership Institute  
| 11:00 a.m. – 4:00 p.m. | ALGBTIC Board Meeting  
| 12:00 p.m. – 2:00 p.m. | ASERVIC Luncheon  
| 12:00 p.m. – 2:00 p.m. | AGSW Luncheon  
| 12:00 p.m. – 2:00 p.m. | CSJ Luncheon  
| 12:00 p.m. – 2:00 p.m. | IAMFC Luncheon  
| 1:00 p.m. – 3:00 p.m. | CACREP Table Talk  
| 1:00 p.m. – 3:30 p.m. | Chi Sigma Iota Leadership Workshop  
| 2:00 p.m. – 3:00 p.m. | AADA Committee/Competencies Taskforce & Strategic Planning Meeting  
| 2:00 p.m. – 3:00 p.m. | ACCA Emerging Leader Training  
| 2:00 p.m. – 3:00 p.m. | ASERVIC Graduate Student Meeting  
| 2:00 p.m. – 3:30 p.m. | ACAC Business Meeting  
| 2:00 p.m. – 4:00 p.m. | AMCD Ethnic Concerns Vice-President’s Meeting  
| 2:30 p.m. – 4:00 p.m. | ARCA RCB Editorial Board Meeting  
| 3:00 p.m. – 4:00 p.m. | ACCA Roundtables  
| 3:00 p.m. – 4:00 p.m. | AMCD Latino/Latina Concerns Meeting  
| 3:00 p.m. – 4:00 p.m. | AMCD Native American Concerns Meeting  
| 3:00 p.m. – 4:00 p.m. | AMCD African-American Concerns Meeting  
| 3:00 p.m. – 4:00 p.m. | AMCD Asian American Pacific Islander Concerns Meeting  
| 3:00 p.m. – 4:00 p.m. | ARCA Student Orientation  
| 3:00 p.m. – 4:00 p.m. | ASERVIC Editorial Board Meeting  
| 3:00 p.m. – 4:30 p.m. | CSJ Town Hall Meeting  
| 3:30 p.m. – 5:00 p.m. | Chi Sigma Iota Delegate Business Meeting  
| 4:00 p.m. – 5:00 p.m. | ALGBTIC Queer People of Color Gathering  
| 4:00 p.m. – 5:00 p.m. | ARCA Business Meeting  
| 4:00 p.m. – 5:00 p.m. | IAMFC Business Meeting  
| 4:30 p.m. – 5:30 p.m. | ASGW Journal for Specialists in Group Work Editorial Meeting  
| 5:00 p.m. – 6:00 p.m. | AMCD Past President’s Meeting  
| 5:00 p.m. – 6:00 p.m. | Chi Sigma Iota Annual Awards  
| 6:00 p.m. – 7:00 p.m. | Central Michigan University Graduate Student Reception  
| 6:00 p.m. – 7:30 p.m. | ALGBTIC Reception  
| 6:00 p.m. – 7:30 p.m. | Chi Sigma Iota Reception  
| 6:00 p.m. – 8:00 p.m. | AARC, AADA, ASERVIC, AHC, IAAOC Joint Reception  
| 6:00 p.m. – 8:00 p.m. | AMCD Past President’s Awards Reception  
| 6:00 p.m. – 8:00 p.m. | ARCA Reception  
| 7:00 p.m. – 9:00 p.m. | ACES, ACC, ASGW Joint Reception  
| 7:00 p.m. – 9:00 p.m. | University of North Texas Reception  
| 7:00 p.m. – 9:00 p.m. | Ohio University Reception  
| 7:00 p.m. – 9:00 p.m. | Walden University Meet & Greet  

### ACA Meetings and Social Events

**SATURDAY • MARCH 23**

#### ACA Meetings and Social Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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</table>
| 8:00 a.m. – 5:00 p.m. | Registration Open  
| 9:00 a.m. – 10:00 a.m. | Keynote Session  
| 10:00 a.m. – 4:00 p.m. | Expo Open  
| 10:00 a.m. – 4:00 p.m. | ACA Career Center Open  
| 10:00 a.m. – 4:00 p.m. | ACA Bookstore Open  
| 10:30 a.m. – 4:00 p.m. | Poster Sessions  
| 10:30 a.m. – 6:00 p.m. | Education Sessions  
| 11:00 a.m. – 12:00 p.m. | ACA DSM-5 Task Force  
| 11:00 a.m. – 1:00 p.m. | ACA Midwest Region Business Meeting  
| 11:00 a.m. – 1:00 p.m. | ACA North Atlantic Region Business Meeting  
| 2:00 p.m. – 3:00 p.m. | ACA Council of Journal Editors Meeting  
| 2:00 p.m. – 4:00 p.m. | ACA Southern Region Business Meeting  
| 2:00 p.m. – 4:00 p.m. | ACA Western Region Business Meeting  
| 2:30 p.m. – 4:30 p.m. | ACA-NY Meeting  
| 3:00 p.m. – 4:00 p.m. | ACA JCD Editorial Board Meeting  
| 4:00 p.m. – 5:00 p.m. | ACA Past President’s Social  
| 6:00 p.m. – 7:30 p.m. | ACA National Awards  
| 8:00 p.m. – 9:00 p.m. | ACA Talent Show  

#### Division & Affiliate Meetings and Social Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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| 7:30 a.m. – 9:00 a.m. | AADA Breakfast  
| 7:30 a.m. – 9:00 a.m. | IAAOC Breakfast  
| 8:00 a.m. – 9:00 a.m. | AARC Business and Awards Meeting  
| 8:00 a.m. – 9:00 a.m. | Chi Sigma Iota Committee Chairs  
| 8:00 a.m. – 9:00 a.m. | Chi Sigma Iota Fellows/Intern Processing Meeting  
| 8:00 a.m. – 11:30 a.m. | CACREP Team Chair Training/Renewal Breakfast Meeting  
| 9:00 a.m. – 10:30 a.m. | Chi Sigma Iota Committees  
| 9:00 a.m. – 10:30 a.m. | Chi Sigma Iota Committees  

### ACA Annual Conference & Expo Program Guide
Conference Activities at-a-Glance

10:30 a.m. – 12:00 p.m.  
Chi Sigma Iota Chapter Leaders  
Chi Sigma Iota Chapter Faculty Advisors
11:00 a.m. – 12:00 p.m.  
AADA Adultspan Journal Editorial Board Meeting
11:00 a.m. – 12:00 p.m.  
ACES Research Grants Committee Meeting
11:00 a.m. – 12:00 p.m.  
ACES Membership Committee Meeting
11:00 a.m. – 12:00 p.m.  
ACES Graduate Student Meeting
11:00 a.m. – 12:00 p.m.  
ACES Product Development Committee Meeting
11:00 a.m. – 12:00 p.m.  
ACES Awards Committee Meeting
11:00 a.m. – 12:00 p.m.  
ACES Career Development Commission Meeting
11:00 a.m. – 12:00 p.m.  
ACES 2013 Conference Committee Meeting
11:00 a.m. – 12:00 p.m.  
ACES Social Justice and Human Rights Committee Meeting
11:00 a.m. – 12:00 p.m.  
ACES Women’s Interest Group
11:00 a.m. – 12:00 p.m.  
AMCD North Atlantic Region Business Meeting
11:00 a.m. – 12:00 p.m.  
AMCD Southern Region Business Meeting
11:00 a.m. – 12:00 p.m.  
AMCD Midwest Region Business Meeting
11:00 a.m. – 12:00 p.m.  
AMCD Western Region Business Meeting
11:00 a.m. – 12:00 p.m.  
AMCD JMCD Editorial Board Meeting
11:00 a.m. – 12:30 p.m.  
AHC Town Hall Meeting
11:00 a.m. – 1:00 p.m.  
ALGB/TIC Brunch
11:00 a.m. – 1:00 p.m.  
ARCA Student Activities
12:00 p.m. – 2:00 p.m.  
AMCD Luncheon
12:00 p.m. – 2:00 p.m.  
ACES Luncheon
12:30 p.m. – 1:10 p.m.  
Chi Sigma Iota: JCLA Editorial Board Meeting
1:00 p.m. – 2:00 p.m.  
ARCA Student Research Forum
2:00 p.m. – 3:00 p.m.  
AADA New Board Meeting
2:00 p.m. – 3:00 p.m.  
ASERVIC State Presidents Meeting
2:00 p.m. – 3:00 p.m.  
ASGW Fellows Recognition
2:00 p.m. – 3:00 p.m.  
JACC editorial Board Meeting
2:00 p.m. – 3:00 p.m.  
ACCJ Journal Meeting
3:00 p.m. – 4:00 p.m.  
ASGW Fellows Committee Meeting
3:00 p.m. – 4:00 p.m.  
IAAOC Membership Meeting
3:00 p.m. – 4:30 p.m.  
ASERVIC, AARC & ASGW Joint Graduate Student Ice Cream Social
3:00 p.m. – 4:30 p.m.  
IAMFC Family Journal Editorial Board Meeting
3:00 p.m. – 5:00 p.m.  
ACES CEE/S Editorial Board Meeting
4:00 p.m. – 5:30 p.m.  
ASGW Annual Community Meeting
5:00 p.m. – 6:30 p.m.  
ACES & AMCD Joint Graduate Student Reception
6:00 p.m. – 7:30 p.m.  
ACCA Reception
6:00 p.m. – 7:30 p.m.  
AMCD General Membership Meeting
6:00 p.m. – 7:30 p.m.  
Unity Through Dialogue: The Intersections of Different Identities Into One Mission
6:00 p.m. – 7:30 p.m.  
Monmouth University Reception
6:00 p.m. – 7:30 p.m.  
Kent State University & Penn State University Joint Reception
6:00 p.m. – 7:30 p.m.  
Western Michigan University Alumni Reception
6:00 p.m. – 7:30 p.m.  
ASGW Member Appreciation & Networking Reception
6:30 p.m. – 7:30 p.m.  
AMCD Service Day Reception
9:00 p.m. – 12:00 a.m.  
AMCD Dance & Mixer

SUNDAY • MARCH 24

ACA Meetings and Social Events
7:30 a.m. – 1:15 p.m.  
Education Sessions
8:00 a.m. – 1:15 p.m.  
Registration Open
8:00 a.m. – 12:00 p.m.  
ACA Ethics Committee
8:00 a.m. – 12:00 p.m.  
ACA Ethics Revision Task Force
9:00 a.m. – 10:30 a.m.  
ACA Leadership Development Task Force
1:00 p.m. – 3:00 p.m.  
ACA Annual Membership Meeting

Division & Affiliate Meetings and Social Events
9:00 a.m. – 10:00 a.m.  
ASERVIC Interfaith Service
10:00 a.m. – 12:00 p.m.  
AMCD General Business Meeting & Executive Council Debriefing
10:30 a.m. – 12:00 p.m.  
ALGB/TIC Annual Open Member Meeting & Nominations

24 Doctoral Fellowships

Next application period begins December 2013.
For more information, contact the NBCC Foundation.
Tel: 316-547-0267
Web: www.minorityfellowship.org
Email: foundation@nbcc.org

NBCC and the NBCC Foundation working for you.
You may know Ashley Judd from box office hits such as *Double Jeopardy, Divine Secrets of the Ya Ya Sisterhood,* and *De-Lovely*; independent treasures such as *Ruby in Paradise,* her debut, which won the Sundance Film Festival’s Grand Jury prize; or Broadway. You may even have seen her in *Helen,* a movie about a talented woman dealing with major depression—a performance that dives into the painful mental illness “with sensitivity and grace,” according to a *New York Times* review. But what you probably don’t know is that in 2006, Ashley attended an intensive inpatient treatment program at Shades of Hope all-addictions center to begin to meaningfully heal from unresolved childhood grief that manifested as depression and codependency. “I had no idea there was help for someone like me, without an identifiable addiction or dependency. It is thus very important to me to speak without shame and stigma about depression, codependency, and adult-child issues, because I have now been taught we are only as sick as our secrets. Because someone carried the message of recovery to me, and helped me begin to learn about family systems and how affected I was by other people’s addictions of various kinds, I have learned that I, too, can recover! Who knew?! It is a wonderful, miraculous thing!” You won’t want to miss this unique exploration of recovery, strength, and hope.

**Opening Session**
Ashley Judd
Friday, March 22
9:00 a.m. – 10:30 a.m.
Grand Ballroom
Duke Energy Convention Center

**Second Keynote**
Dr. Allen E. Ivey and Dr. Mary Bradford Ivey
Saturday, March 23
9:00 a.m. – 10:00 a.m.
Grand Ballroom
Duke Energy Convention Center

**What Counselors Need To Know About the Intersection of Neuroscience and Counseling**

Who better to explore this fascinating and expanding subject area than noted expert in neuroscience and lifetime member of ACA, Dr. Allen E. Ivey, and his wife, accomplished writer and educator, Dr. Mary Bradford Ivey? This informative presentation not only will help you gain a deeper understanding of how the human brain really performs, it will open your eyes to the ways in which recent discoveries in neuroscience can be applied to the counseling profession. As the originator of the influential microcounseling framework—the integrative theory, Developmental Counseling and Therapy (DCT), the author or co-author of more than 40 books and 200 articles, and the president of Microtraining Associates (an educational publishing firm), Dr. Allen Ivey will share invaluable insights applicable to all counseling professionals, in conjunction with the global perspectives of Dr. Mary Bradford, international lecturer and vice president of Microtraining Associates.
**Highlights & Special Events**

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**Expo Welcome Reception**  
Duke Energy Convention Center  
Thursday, March 21  
4:30 p.m. – 7:00 p.m.  
Join your colleagues for food and entertainment at the opening of the Expo. Explore the largest gathering in the world of providers of resources for all counselors. With more than 100 booths, we guarantee that you will find the services and tools you need. This is your best opportunity to preview and purchase the most up-to-date resources available.

**ACA First Timers & Membership Lounge**  
Thursday, March 21 – Sunday, March 24  
To meet the needs of first-time attendees and new members, ACA has introduced a new and exciting feature to make the conference and your ACA membership a bit easier to navigate. We will have a lounge dedicated to first timers and ACA members located near the registration area. Stop by and connect with seasoned attendees and gain insight on how to make the best out of the conference and your ACA membership.

**ACA Bookstore**  
Duke Energy Convention Center  
March 21, 4:30 p.m. – 7:00 p.m.  
March 22, 10:30 a.m. – 6:30 p.m.  
March 23, 10:30 a.m. – 4:00 p.m.  
Visit the ACA Bookstore in the Expo Hall to browse through the full line of ACA publications, DVDs, and logo merchandise from the premier counseling resource provider. Take a moment to talk with our keynote speakers and leading authors at scheduled book signings, and meet with the Director of Publications to discuss your manuscript ideas. The ACA Bookstore will be open during all exposition hours. Also, for your convenience, an ACA Pre-conference Bookstore will be located in the ACA registration area March 20–21 before the Expo Hall opens.

**Keynote Speaker and ACA Author Book Signings**

**Keynote Speaker Signings**  
March 22, 10:30 a.m. – 11:30 a.m., Ashley Judd  
March 23, 10:00 a.m. – 11:00 a.m., Allen and Mary Ivey  

**ACA Author Book Signings**  
March 21, 5:30 p.m. – 6:30 p.m.  
March 22, 4:00 p.m. – 5:00 p.m.  
Be sure to attend some of the most popular events at the ACA Conference—the ACA Book Signings! Attendees will have the opportunity to converse with our keynote speakers and other influential and distinguished authors while they sign their latest publications. For graduate students and seasoned professionals alike, this experience is not to be missed.
ACA Career Center
Duke Energy Convention Center
Thursday, March 21, 4:30 p.m. – 7:00 p.m.
Friday, March 22, 10:30 a.m. – 6:00 p.m.
Saturday, March 23, 10:00 a.m. – 4:00 p.m.

Stop by the Career Center and have a cup of coffee on us!
Whether you are new to the profession or a seasoned counselor or educator, getting that counseling job is what the ACA Career Center is all about. Employer interviews will be occurring at the Career Center on Friday and Saturday. Stop by to:
• Check the job boards for current openings
• Get a career consult
• Get a private practice consult
• Pick up handouts on getting a counseling job
• Preschedule consultations with the experts on:
  - Career search strategy
  - Resume critiques
  - Mock interviews
  - Private practice consults

Although most interviews and consultations will be scheduled ahead of time, stop by. If there are cancellations, we will squeeze you in.

ACA Pavilion and Cyber Center
Duke Energy Convention Center
Thursday, March 21, 4:30 p.m. – 7:00 p.m.
Friday, March 22, 10:30 a.m. – 6:00 p.m.
Saturday, March 23, 10:00 a.m. – 4:00 p.m.

The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources and membership. Find out what’s happening on federal and state policy issues affecting the profession. The ACA website is at your fingertips via a walk-up display with computer workstations. Check your email at the Cyber Center without having to leave the action!

ACA Graduate Student and New Professional Center
Duke Energy Convention Center
Thursday, March 21, 4:30 p.m. – 7:00 p.m.
Friday, March 22, 10:30 a.m. – 6:00 p.m.
Saturday, March 23, 10:00 a.m. – 4:00 p.m.

Located in the Expo Hall, this is a space for students to mingle and meet the ACA President and other leaders who will stop by. We will have daily presentations and mentoring programs designed for students and new professionals.

ACA First Timers Orientation Breakfast
Friday, March 22, 7:00 a.m. – 8:30 a.m.

If this is your first ACA Conference, then this is the ideal opportunity to network over breakfast and hear a special presentation on how to get the most out of the ACA Conference & Expo. Whether you’re a student, a new professional, or a first-time conference attendee, this session is for you! Tickets can be purchased at the registration desk based on availability. Tickets are $30 per person while supplies last.

International Student Panel & International Reception
Millennium Hotel – Grand Ballroom A
Friday, March 22
5:00 p.m. – 6:30 p.m. Panel discussion
6:30 p.m. – 7:30 p.m. Reception

A panel of graduate students from various countries discusses perceptions of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. Students will also share thoughts on how what they’ve learned about counseling in the U.S. might be applied in their home countries. The International Reception will be held after the panel discussion.

ACA Opening Night Celebration!
Friday, March 22, 9:00 p.m. – 12:00 a.m.

Join us for an evening of entertainment, live music, food, and dancing, all Cincinnati style! There will be displays of foods synonymous with the city, like chili, pasta, and French pot ice cream. Greet old friends and meet new ones at this social event of the year for counselors. One ticket is included with each full registration. Additional tickets may be purchased for $45 per person. Use the registration form or purchase additional tickets onsite.

ACA National Awards Ceremony
Millennium Hotel – Grand Ballroom
Saturday, March 23, 6:00 p.m. – 7:30 p.m.

Join your colleagues in this evening celebration to honor distinguished counseling professionals who are making an impact on the profession and to honor special achievements of several ACA Branches. Sponsored by the ACA Foundation.

ACA Talent Show for Counselors!
Millennium Hotel – Grand Ballroom
Saturday, March 23, 8:00 p.m. – 9:00 p.m.

Join your colleagues to destress and heighten your spiritual awareness through artistic expressions. The talent show will showcase various talents to include music, singing, dance, poetry, and much more. This hour-long event promises to be entertaining and enjoyable. Admission free. Sponsored by the ACA Foundation.
The ACA Bookstore will be open during all Expo hours. For your convenience, an ACA Pre-conference Bookstore will be located in the ACA registration area March 21–22 before the Expo Hall opens.

**ACA BOOKSTORE**
March 21, 4:30 p.m. – 7:00 p.m. – Welcome Reception
March 22, 10:30 a.m. – 6:00 p.m.
March 23, 10:00 a.m. – 4:00 p.m.

**New Releases From ACA!**

- *Assessment in Counseling, Fifth Edition* by Danica G. Hays
- *Casebook for Counseling, Lesbian, Gay, Bisexual, and Transgender Persons and Their Families* edited by Sari Dworkin and Mark Pope
- *Counseling Around the World* edited by Thomas Hohenshil, Norman Amandson, and Spencer Niles
- *The Counselor and the Law, Sixth Edition* by Anne Marie "Nancy" Wheeler and Burt Bertram
- *Eating Disorders and Obesity* edited by Laura Choate
- *Family Matters: The Intertwining of the Family With Career Decision Making* by Robert Choate
- *Family Violence* by David Lawson
- *Licensure Requirements for Professional Counselors 2012* by the ACA Office of Professional Affairs
- *Statistical Methods and Validation of Assessment Scale Data in Counseling and Related Fields* by Dimitri Dimitrov
- *Teaching in Counselor Education* edited by John West, Donald Buhrenzer, Jane Cox, and Jason McGlothlin
- *Understanding People in Context: The Ecological Perspective in Counseling* edited by Ellen Cook

**American Counseling Association, Booth #110**

**KEYNOTE BOOK SIGNINGS**

- **Ashley Judd**
  March 22
  10:30 a.m. – 11:30 a.m.

- **Allen Ivey and Mary Bradford Ivey**
  March 23
  10:00 a.m. – 11:00 a.m.

**ACA AUTHOR BOOK SIGNINGS**
March 21, 5:30 p.m. – 6:30 p.m.
March 22, 4:00 p.m. – 5:00 p.m.
Hilton Hotel Floor Plan

FLOOR MAPS

KEY
- Meeting/Conference Rooms
- Amenities

MEZZANINE LEVEL
- Group Sales Office
- To Third Floor
- To Lobby
- To Lobby Through Bar
- Atrium Overlooking the Restaurants at Palm Courts (Entrance on Lobby Level)

3RD FLOOR
- Conference Services Office
- To Mezzanine Level
- Coat Room
- Elevators
- Balcony
- Third Floor Foyer
- To Balcony/Fourth Floor
- To Race Street Entrance

4TH FLOOR
- Stage
- Hall of Mirrors
- Fourth Floor Foyer
- Rosewood Foyer
- Hall of Nations
- Registration
- Freight Elevator
- Rosewood
- Rookwood
- Business Center
- Hall of Nations
- Salon 1 - Salon 8
- Salons A - H
- Stage
- Pavilion Ballroom
- Caprice
- 1 - 4

LOWER LEVEL
- Service Area
- Coat Room
- E elevators
- FIRST FLOOR
- View Foyer
- Service Area
- Coat Room
- E elevators

STREET LEVEL
- Mayflower 1
- Mayflower 2
- Mayflower 3
- Service Area
- Entrance Foyer
- Elevators
- To 5th Street
- To Race Street Entrance
- Rue Reolon
- Grand Staircase to Lobby

FOYER
- Continental Ballroom
- Service Area
- Coat Room
- E elevators

MEETING ROOMS
- Meeting Rooms 652/752
- Meeting Rooms 658/758

FOYER
- To Lobby
- To Continental Bar
- To Hotel Foyer

APOLLO GALLERY
- To Lobby
- To Continental Bar
- To Hotel Foyer

ROOKWOOD
- Salon M
- Business Center
- Hall of Nations
- Meeting Office
- Salon 1 - Salon 8
- Salons A - H
- Stage
- Pavilion Ballroom
- Caprice
- 1 - 4
Hyatt Hotel Floor Plan

Hyatt Regency Cincinnati

DIRECTIONS
From Greater Cincinnati/Northern Kentucky International Airport (13 miles):
Take I-275 East to I-75 North. After crossing over the Ohio River, exit at Fifth Street.
Proceed on Fifth Street two blocks to the hotel.
Bradley T. Erford, Ph.D., LCPC, NCC, LPC, LP, LSP, is the 2012–2013 President of the American Counseling Association (ACA) and a professor in the school counseling program of the Education Specialties Department in the School of Education at Loyola University Maryland. His research specialization falls primarily in development and technical analysis of psycho-educational tests and outcomes research and has resulted in the publication of several dozen refereed journal articles, more than 100 book chapters, and 10 published tests. He has received numerous awards for his scholarship and service to the counseling profession from ACA and the Association for Assessment in Counseling and Education (AARC), organizations within which he has held numerous leadership positions.

The Governing Council is the national governing body of the American Counseling Association, providing long-range strategic leadership. Composed of nationally elected ACA officers, including the president, president-elect, immediate past president, appointed treasurer, and once representative from each division and region, the Governing Council meets at least one annually held in conjunction with the ACA Annual Conference. The association’s executive director, treasurer, and parliamentarian serve as ex-officio members without voting rights.

Annette Bohannon ........................................................... Southern Region Representative
Alan Burkard .......................................................... ASCA Representative
Craig Cashwell .......................................................... ACES Representative
Judy Daniels .......................................................... CSJ Representative
Thelma Duffey ......................................................... ACC Representative
Kelly Duncan .......................................................... Midwest Region Representative
Bradley T. Erford .................................................. ACA President
Brandé Flamez .................................................. IAMFC Representative
Perry Francis .......................................................... ASCA Representative
Kimberly N. Frazier ................................................ AMCD Representative
Samuel T. Gladding ................................................ ACA Parliamentarian
Dan Holdinghaus ................................................ AMHCA Representative
A. Robert Iverson ................................................ ACEG Representative
Lisa Jackson-Cherry ........................................ ASERVIC Representative
Kelley Romaine Kenney ...................................... North Atlantic Region Representative
Ralph Kristiansen ................................................ Western Region Representative
Todd F. Lewis ........................................................ IAAOC Representative
Dorothy Limberg ................................................ Student Representative
Lynn E. Linde ............................................................... ACA Treasurer
Don W. Locke ............................................................... ACA Past President
Catherine Roland ................................................ AADA Representative
Pat Schwallie-Giddis ........................................ NCDA Representative
M. Carolyn Thomas ................................................ ASGW Representative
Michael Walsh ........................................................ AHC Representative
Joshua C. Watson ................................................ AARC Representative
Cirecie A. West-Olatunji ........................................ ACA President-elect
Joy S. Whitman ........................................................ ALGBTIC Representative
Caroline Wilde ........................................................ ARCA Representative
Richard Yep .............................................................. ACA Executive Director
There are four regions, 19 divisions, and one organizational affiliate within the American Counseling Association. These groups provide leadership, resources, and information unique to specialized practice areas and/or principles of counseling.

Midwest Region ................................................................. Benjamin Noah, Chairperson
North Atlantic Region .................................................. Therese Farmer, Chairperson
Southern Region .......................................................... Jeff Siskind, Chairperson
Western Region ............................................................ Diana Pals, Chairperson
Association for Assessment and Research in Counseling .......... Carl Sheperis, President
Association for Adult Development and Aging ....................... Radha Horton-Parker, President
Association for Child and Adolescent Counseling (Organizational Affiliate) ...... Dee Ray, President
Association for Creativity in Counseling ............................. Stella Kerl-McClain, President
American College Counseling Association ........................... Monica Osburn, President
Association for Counselors and Educators in Government .......... Andrée M. Sutton, President
Association for Counselor Education and Supervision .......... Nicole Hill, President
Association for Humanistic Counseling ................................ Mark Scholl, President
Association for Lesbian, Gay, Bisexual and Transgender
Issues in Counseling ....................................................... Pete Finnerty, President
Association for Multicultural Counseling and Development ........ Tarrell Awe Agahe Portman, President
American Mental Health Counselors Association .................. Karen Langer, President
American Rehabilitation Counseling Association ................... Joseph Keferl, President
American School Counselor Association ............................. Sylinda Banks, President
Association for Spiritual, Ethical and Religious Values in Counseling .... Shannon Ray, President
Association for Specialist in Group Work ............................. Rebecca Schumacher, President
Counselors for Social Justice ............................................... Rhonda M. Bryant, President
International Association of Addictions and Offender Counselors ...... Geneva Gray, President
International Association of Marriage and Family Counselors ........ Loretta Bradley, President
National Career Development Association ............................. Rich Feller, President
National Employment Counseling Association ........................ Tom Ayala, President
# Roster of ACA Presidents

## Roster of ACA Presidents and Conference Locations

### 1950s

<table>
<thead>
<tr>
<th>Year</th>
<th>President</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>1952–1953</td>
<td>Robert Shaffer</td>
<td>Los Angeles, CA</td>
</tr>
<tr>
<td>1953–1954</td>
<td>Donald E. Super (deceased)</td>
<td>Buffalo, NY</td>
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<tr>
<td>1954–1955</td>
<td>Donald E. Kitch (deceased)</td>
<td>Chicago, IL</td>
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<tr>
<td>1955–1956</td>
<td>Mary (Corre) Foster (deceased)</td>
<td>Washington, DC</td>
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<tr>
<td>1956–1957</td>
<td>Clifford P. Foster (deceased)</td>
<td>Detroit, MI</td>
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<tr>
<td>1957–1958</td>
<td>Frank M. Fletcher (deceased)</td>
<td>St. Louis, MO</td>
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<tr>
<td>1958–1959</td>
<td>Walter F. Johnson (deceased)</td>
<td>Cleveland, OH</td>
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<tr>
<td>1959–1960</td>
<td>Dugald S. Arbuckle</td>
<td>Philadelphia, PA</td>
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</table>

### 1960s

<table>
<thead>
<tr>
<th>Year</th>
<th>President</th>
<th>Location</th>
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<tbody>
<tr>
<td>1960–1961</td>
<td>Daniel D. Feder (deceased)</td>
<td>Denver, CO</td>
</tr>
<tr>
<td>1961–1962</td>
<td>Edward C. Roeber (deceased)</td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>1962–1963</td>
<td>C.C. Dunsmoor (deceased)</td>
<td>Boston, MA</td>
</tr>
<tr>
<td>1963–1964</td>
<td>Willis E. Dugan (deceased)</td>
<td>San Francisco, CA</td>
</tr>
<tr>
<td>1964–1965</td>
<td>Harold F. Cottingham (deceased)</td>
<td>Minneapolis, MN</td>
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<tr>
<td>1966–1967</td>
<td>Kenneth B. Hoyt (deceased)</td>
<td>Dallas, TX</td>
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<tr>
<td>1967–1968</td>
<td>Edmund G. Williamson (deceased)</td>
<td>Detroit, MI</td>
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<tr>
<td>1968–1969</td>
<td>Gail F. Farwell</td>
<td>Las Vegas, NV</td>
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### 1970s

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<tr>
<th>Year</th>
<th>President</th>
<th>Location</th>
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<tbody>
<tr>
<td>1970–1971</td>
<td>Ralph F. Berdie (deceased)</td>
<td>Atlantic City, NJ</td>
</tr>
<tr>
<td>1971–1972</td>
<td>Garry R. Walz</td>
<td>Chicago, IL</td>
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<tr>
<td>1972–1973</td>
<td>Donna R. Chiles</td>
<td>St. Louis, MO</td>
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<tr>
<td>1973–1974</td>
<td>Bruce Shertzer</td>
<td>New Orleans, LA</td>
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<tr>
<td>1975–1976</td>
<td>Thelma T. Daley</td>
<td>Chicago, IL</td>
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<tr>
<td>1976–1977</td>
<td>George M. Gazda</td>
<td>Dallas, TX</td>
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<tr>
<td>1978–1979</td>
<td>Betty E. Knox</td>
<td>Las Vegas, NV</td>
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<tr>
<td>1979–1980</td>
<td>Mary Finn Maples</td>
<td>Atlanta, GA</td>
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### 1980s

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<tr>
<th>Year</th>
<th>President</th>
<th>Location</th>
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<tbody>
<tr>
<td>1980–1981</td>
<td>Thomas J. Sweeney</td>
<td>St. Louis, MO</td>
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<tr>
<td>1981–1982</td>
<td>Louise B. Forsyth (deceased)</td>
<td>Detroit, MI</td>
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<tr>
<td>1982–1983</td>
<td>Helen R. Washburn</td>
<td>Washington, DC</td>
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<tr>
<td>1983–1984</td>
<td>Edwin L. Herr</td>
<td>Houston, TX</td>
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<tr>
<td>1984–1985</td>
<td>Jean A. Thompson</td>
<td>New York, NY</td>
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<tr>
<td>1985–1986</td>
<td>Rose A. Cooper</td>
<td>Los Angeles, CA</td>
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<tr>
<td>1986–1987</td>
<td>David Capuzzi</td>
<td>New Orleans, LA</td>
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<tr>
<td>1987–1988</td>
<td>Brooke B. Collison</td>
<td>Chicago, IL</td>
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<tr>
<td>1989–1990</td>
<td>Sunny Hansen</td>
<td>Cincinnati, OH</td>
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### 1990s

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<thead>
<tr>
<th>Year</th>
<th>President</th>
<th>Location</th>
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<tbody>
<tr>
<td>1990–1991</td>
<td>Jane E. Myers</td>
<td>Reno, NV</td>
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<tr>
<td>1992–1993</td>
<td>Lee J. Richmond</td>
<td>Atlanta, GA</td>
</tr>
<tr>
<td>1994–1995</td>
<td>Doris Rhea Coy</td>
<td>Denver, CO</td>
</tr>
</tbody>
</table>
Roster of ACA Presidents

1995–1996  Joyce M. Breasure  Pittsburgh, PA
1996–1997  Gail P. Robinson  Orland, FL
1997–1998  Courtland C. Lee  Indianapolis, IN
1998–1999  Loretta J. Bradley  San Diego, CA
1999–2000  Donna Ford  Washington, DC

2000s

2000–2001  Judy Lewis  San Antonio, TX

2002–2003  David Kaplan Anaheim, CA
2003–2004  Mark Pope  Kansas City, MO
2004–2005  Samuel T. Gladding  Atlanta, GA
2005–2006  Patricia Arredondo  Montreal, Quebec, Canada
2006–2007  Marie A. Wakefield  Detroit, MI
2007–2008  Brian S. Canfield  Honolulu, HI
2008–2009  Colleen R. Logan  Charlotte, NC
2009–2010  Lynn E. Linde  Pittsburgh, PA

2010s

2010–2011  Marcheta Evans  New Orleans, LA
2011–2012  Don W. Locke  San Francisco, CA
2012–2013  Bradley T. Erford  Timonium, MD

Want to present in 2014?
Submission deadline: June 5, 2013
See ad on page 180 for details.
American Counseling Association Foundation

Created in 1979, the ACA Foundation (ACAF) enhances the counseling profession by focusing its mission on encouraging the next generation of counselors, honoring outstanding educators and practitioners, publishing cutting-edge topics, reaching out to elementary-age children through the Growing Happy and Confident Kids project, and expanding the Counselors Care Fund to help counselors when a natural disaster or other tragic events occur. The ACA Foundation is supported by tax-deductible gifts from individuals, corporations, and foundations, as well as ACA divisions and branches. For more information or to contribute, call 800-347-6647 x350, visit acafoundation.org, or send an email to acaf@counseling.org.

American Counseling Association Foundation
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Jose Villalba, Member
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Cirecie West-Olatunji, Ex-Officio Member
Richard Yep, President
Stacy Shaver, Assistant

Council for Accreditation of Counseling and Related Educational Programs (CACREP)

This independent council was created in 1981 to accredit the counseling profession's graduate-level preparation programs. As a specialized accrediting body recognized by the Council for Higher Education Accreditation, CACREP promotes the development of preparation standards, provides rigorous and objective program review, and works with other credentialing organizations to ensure quality training in the counseling profession. For more information, contact CACREP at 703-535-5990 or write CACREP, 1001 North Fairfax Street, Suite 510, Alexandria, VA 22314.

Chi Sigma Iota
Chi Sigma Iota is the international honor society for students, professional counselors, and counselor educators who contribute to the realization of a healthy society by fostering wellness and human dignity. Its mission is to promote scholarship, research, professionalism, leadership, advocacy, and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling. There are more than 270 campus-based chapters, 15,000 student and professional active members, and more than 78,000 initiated members as of October 2011. For more information: www.csi-net.org.

National Board for Certified Counselors

The National Board for Certified Counselors (NBCC) is an independent, nonprofit, voluntary, nongovernmental corporation established to advance the credentialing of professional counselors. The organization monitors a national certification process, identifies counselors who have voluntarily obtained national certification, and administers a certification examination and specialty certifications for school, clinical mental health, and addictions counselors. For more information, call 336-547-0607, write NBCC, 3 Terrace Way, Greensboro, NC 27403-3660, or visit nbcc.org.

ACA Membership at Your Service
Your Investment + Our Commitment = Your Member Benefits
and Services!

Is your membership up for renewal? Want to pay your membership ahead a year or two? Has your contact information changed? Interested in a free 6-month profile on Therapy Directory? Have questions about your membership, or just want to stop by and say hello?

Visit the ACA Membership Booth, located in the Pavilion in the exhibit hall or the membership lounge located in the registration area, and we can fulfill all these requests plus more.
The executive director serves as the executive officer of the association, hired and entrusted by the Governing Council to conduct the day-to-day business operations. Leading a team of experienced association management professionals, the executive director and national staff produce top-quality benefits, products, and services to meet the changing needs of ACA members.

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Richard K. Yep, CAE, Executive Director
Stacy Shaver
Paul Nelson

Public Policy and Legislation
Scott Barstow, Director
Jessica Eagle
Art Terrazas
Guila Todd

FINANCE
Deborah Barnes, Chief Financial Officer

Database Management
Mary Griffith
Brad Cady

Finance
Carol Salerno, Controller
Carol Adams
Jacqueline DeMaio
Maria Mibale
Carmen Sicilia

Internet Development
Don Kenneally

Operations and Internal Audit
Amy Smith, Director

HUMAN RESOURCES AND OFFICE SERVICES
Cindy Welch, Chief of Staff
Jennifer Kukorlo

Office Services
Patrick Belle
Bruce Addison
Jacky Good

MEMBERSHIP AND ASSOCIATION SERVICES
Carol Neiman, Deputy Executive Director

Conference and Meetings
Robin Hayes, Director
Theresa Holmes
Trinh Le

Counseling Today
Jonathan Rollins, Editor in Chief
Heather Rudow
Lynne Shallcross

Graphics
Martha Woolsey, Art Director
Carlos Soto

Leadership Services
Holly Clubb, Director

Marketing & Communications
Amber McLaughlin

Media Sales
Kathy Maguire, Director

Member Programs
Denise Brown, Director
Cheryl Belle
Althea Brum
Rae Ann Sites

Member Services
Jacki Walker, Director
Angela Brown
Sherry Edwards
Vicki Linton
Paula Pinkney

Receptionist
Donna Nugent

Publications
Carolyn Baker, Director
Mary Bonwich
Catherine Brumley
Elaine Dunn
Marilyn Ellison-Pounsel
Jennifer Fela
Bonny Gaston
Brendon MacBryde

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Christina Cooke

Center for Counseling Practice, Policy & Research
Will Stroble, Director

Ethics and Professional Standards
Erin Martz, Director

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Victoria Cooper

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Debbie Beales, Director
Crystal Turner

Professional Projects/Career Center
Rebecca Daniel-Burke, Director
Danielle Irving
Debbie Johnson

ACA Foundation
Richard Yep
Stacy Shaver

We want to know what you think!
Visit the kiosks near registration to complete conference survey
Alleged unprofessional conduct and inappropriate treatment – lead to a malpractice suit.

The client, a 51-year-old woman uses her email correspondence with the counselor to mount a formidible legal case, suing for $500,000 in damages.

Read the details of this case study and how coverage through HPSO responded to protect our insured counselor at www.hpso.com/aca13

Visit us at booth #612

Endorsed by:

Professional Liability Insurance for Counselors

Learn the value of having your own ACA-endorsed plan by visiting

www.hpso.com/aca13
Pre-conference Learning Institutes (LI) Credit Information

Continuing Education (CE) credit is offered to attendees of the ACA 2013 Conference and Pre-conference Learning Institutes. Earn 6 CE hours per full-day session and 3 CE hours per full-evening session. Attendees are required to sign in at the start of each session and attendance is monitored. To receive credit, you must attend 100% of the session. Partial credit will not be awarded.

All Learning Institutes Have CE Approval From:

- **National Board for Certified Counselors (NBCC).** ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

- **California Board of Behavioral Sciences.** Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.

- **Commission on Rehabilitation Counselor Certification**

- **NAADAC: The Association for Addiction Professionals**

- **Washington Office of Superintendent of Public Instruction**

Select sessions, identified by symbol(s), have CE approval from the following organizations:

- **American Psychological Association (APA).** ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content.

- **Association for Play Therapy (APT).** APT-Approved Provider 09-265.

- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board.** Counselor CE credit only.

*It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.*

*For more information on how to submit for CEs, see page 195.*
DAYTIME SESSIONS

9:00 a.m. – 4:30 p.m.
Program ID #13001, Convention Center, Room 200
Career Construction and Life Design
6-Hour Session, Advanced ▲ ■
Mark Savickas, PhD
Narrative career construction and life designing enables clients to fit work into their lives, rather than fit themselves to jobs. This LI, for experienced career counselors, will discuss and demonstrate practical techniques for using stories and articulating life themes to foster educational and career decision making. You will learn how to integrate these techniques into clients’ ongoing practice. You may use the techniques to better understand why you became a counselor and how your own occupations allows you to advance your own life stories. This LI includes a live demonstration of life design counseling.

9:00 a.m. – 4:30 p.m.
Program ID #13002, Convention Center, Room 201
The Tornado Within: Exploring the Connections Between Children’s Anger, Unresolved Grief, and Escalating Violence
6-Hour Session, Introductory ■
Darcie D. Sims, PhD
When grief is invisible and becomes unresolved, the consequences can be dramatic. This LI will provide information on the role anger plays in the grief process as experienced by children and will examine the differences between chronic and grief-related anger. Special attention will be focused on the connections between unresolved grief and the increasing violence in our society and how the lack of adequate coping skills and support can lead to escalating violence among our children. This is not an anger management session. It is a session designed to help you apply thanatological theory with anger resolution practice to reduce the possibility of escalating violence in children.

9:00 a.m. – 4:30 p.m.
Program ID #13003, Convention Center, Room 202
Doing Solution-Focused Brief Counseling With Youth
6-Hour Session, Introductory ■
Gerald Sklare, EdD
This experiential LI is designed for counselors working with youth who want to learn to implement an innovative approach for empowering children and adolescents to recognize and utilize their resources in order to overcome their issues in a minimal amount of time. Although the LI will feature cases with youth, the solution-focused approach can be generalized to older populations and therefore will work effectively with adults, couples, and families as well.

9:00 a.m. – 4:30 p.m.
Program ID #13004, Convention Center, Room 203
Beyond the Basics: Advanced Reality Therapy for Understanding and Empowering Diverse Clients in Difficult Situations
6-Hour Session, Advanced ▲ ■
Robert E. Wubbolding, EdD
This LI presents cutting-edge and advanced tools and techniques for addressing client behaviors that are difficult to deal with: feelings of being put upon, actions often labeled resistant or hostile, or self-talk that seems defeatist. Discussion of the advanced use of the WDEP system (wants, doing, evaluation, planning) of reality therapy and the incorporation of the Ericksonian principle of “Utilization” will illustrate the practicality of this multiculturally validated counseling method. Simulated demonstrations are the focus of this skill-based, hands-on, evidence-based session. At this fast-moving and humor-infused session, you will gain specific tools to use immediately for empowering clients.

9:00 a.m. – 4:30 p.m.
Program ID #13005, Convention Center, Room 204
Counseling Challenging Teenagers
6-Hour Session, Advanced ▲ ■
John Sommers-Flanagan, PhD
Counseling teenagers can be immensely frustrating or splendidly gratifying. In this LI, you will sharpen your counseling skills by viewing and discussing video clips from actual counseling sessions and participating in live demonstrations. This LI is designed to add to your toolbox and deepen your understanding of specific interventions. More than 20 specific cognitive, emotional, and constructive counseling techniques will be illustrated and demonstrated. Examples include acknowledging reality, informal assessment, the affect bridge, counselor spontaneity, early interpretations, asset flooding, and externalizing language. Counselor countertransference and multicultural issues will be highlighted.

9:00 a.m. – 4:30 p.m.
Program ID #13007, Convention Center, Room 207
Essentials of Disaster Mental Health and Crisis Counseling
6-Hour Session, Advanced ▲ ■
Jane M. Webber, PhD, J. Barry Mascari, EdD, Gerard Lawson, PhD, Karin Jordin, PhD, Michael Dubi, EdD
Are you prepared to respond in the aftermath of a mass disaster or traumatic event? Presenters will conduct hands-on skills training integrating evidence-based and evidence-informed practice, including neurobiological advances in crisis and trauma treatment. You will practice skills such as psychological first aid, rapid trauma case conceptualization and treatment interventions, trauma counseling techniques, defusing, and counselor self-care. You will role-play the reactions of survivors and responders in a post-disaster simulation, develop treatment interventions for a survivor with trauma, and prepare a coun-
Wednesday [Pre-conference Learning Institutes]

9:00 a.m. – 4:30 p.m.
Program ID #13008, Convention Center, Room 208
Walk a Mile in My Combat Boots: Honoring Grief and Integrating Loss for Military Veterans Throughout the Life Span
6-Hour Session, Advanced ▲ ■
Laurel I. Burnett, MA, Pam Lowe, MS
Military service reshapes the soul. Healing for body, mind, and spirit is unique for each veteran. The benefits of grief expression and integration of loss become crucial for health of body, mind, and spirit across the life span. As counselors, we may process end-of-life planning with a 95-year-old WWII veteran, unaddressed PTSD with a Vietnam-era veteran, military sexual trauma with a female veteran, combat trauma with a 24-year-old with three Iraq tours ... and that may be our morning client load. You will gain insights for working with veterans (one-by-one) with creative strategies to bear witness and companion on the healing journey. The counseling community is an active part of the resources for a transformative healing journey.

9:00 a.m. – 4:30 p.m.
Program ID #13009, Convention Center, Room 211
Indigenous Counseling Epistemology, Research, and Practice
6-Hour Session, Advanced ▲ ■
Lisa Grayshield, PhD
In this LI, we will address modes of counseling and therapy that are theoretically consonant with Native traditions. You will learn about the current use of indigenous modes of treatments (healing) intended to alleviate physical, cognitive, emotional, and spiritual suffering; and we will examine the integration of “traditional healing methods” with these modes of psychotherapy to ensure a progressive reconstruction of the counseling endeavor to include an indigenous epistemology in your work with clients. Discover current uses of indigenous/native/tribal ways of helping (healing), and engage in a personal journey of self-discovery and self-determination through a cultural lens of indigenousness.

9:00 a.m. – 4:30 p.m.
Program ID #13010, Convention Center, Room 212
Grant Writing for Counselors: Securing Funding for Evidence-Based Counseling Services in School and Community Settings
6-Hour Session, Advanced ▲
Elizabeth Mellin, PhD
In a current environment of decreasing resources and increasing mental health needs, counselors working in schools, communities, and/or nonprofit agencies are increasingly expected to apply for local, state, or federal grants. Such grants can provide significant funding for counseling and related services and can be a tremendous asset to supporting clients in resource-strapped schools, communities, and nonprofit agencies. Despite pressures to secure grant funding, many counselors are not adequately prepared to identify grant opportunities or develop competitive applications. The purpose of this LI is to help you locate funding opportunities and develop a draft grant proposal for evidence-based counseling services.

5:30 p.m. – 8:45 p.m.
Program ID #13011, Convention Center, Room 200
Essential Skills and Methodology of Child-Centered Play Therapy
3-Hour Session, Introductory ● ■
Phyllis Post, PhD, Peggy L. Ceballos, PhD, Angela Sheely-Moore, PhD, Hanne Duindam
This LI will provide you with experience in play therapy skills, increased knowledge, and experience using child-centered play therapy while addressing considerations about the approach in a multicultural context. After a brief review of the theoretical background, this highly experiential LI will provide you the opportunity to both observe and practice the skills of child-centered play therapy.

5:30 p.m. – 8:45 p.m.
Program ID #13012, Convention Center, Room 201
Clinical Supervision: Advanced Practices Across Multiple Models of Supervision
3-Hour Session, Advanced ▲
Richard P. Long, PhD, Michael Baltimore, PhD
Clinical supervisors who are well grounded in ACES Best Practices Guidelines (2011) are better prepared to help novice counselors. You will sharpen your supervisory knowledge and skills by self-assessing guideline use, discussing selected guidelines, and viewing video case vignettes of difficult supervisor-counselor interactions. The LI will focus on initiating supervision, goal setting, giving feedback, and applying ethical standards. Culture, gender, and socio-economic issues will also be explored. A self-assessment inventory and handouts supporting session objectives will be distributed.

5:30 p.m. – 8:45 p.m.
Program ID #13013, Convention Center, Room 202
Post-Divorce Counseling and Forensic Family Interventions: The Professional Counselor Working With High-Conflict Divorce
3-Hour Session, Advanced ▲ ■
Michelle Mitcham, PhD
This LI will address post-divorce forensic counseling and Alternative Dispute Resolution (ADR) interventions for working with high-conflict divorced or never married couples, individuals, and children of divorce. The role of mental
Wednesday [Pre-conference Learning Institutes]

health professionals and counselors in forensic counseling, specifically in family law issues dealing with divorce mediation and high-conflict divorce issues, which may involve parenting coordination, will be addressed. The emerging specialty of forensic counseling will be examined to explain various roles that professional counselors may serve. The LI will include case examples, interactive discussion, handouts, and Q & A. Implications for multicultural issues will be addressed.

5:30 p.m. – 8:45 p.m.
Program ID #13014, Convention Center, Room 203
Trauma-Informed Expressive Arts Therapy 101: A Primer for Counselors
3-Hour Session, Introductory
Cathy Malchiodi, PhD, Elizabeth Sanders Martin, MA
This LI offers an introduction and pragmatic overview of trauma-informed care and a model for trauma-informed expressive arts therapy based on evidence-based and emerging best practices in the field of play therapy. The five principles of trauma-informed care are explained in relationship to sensory-based approaches, including arts-based and play-based interventions for children and adults. In particular, you will learn about the Expressive Therapies Continuum, a conceptual framework for designing and applying creative interventions that meet the unique neurodevelopmental needs of each individual. You will learn through hands-on experiences and case examples.

5:30 p.m. – 8:45 p.m.
Program ID #13015, Convention Center, Room 204
Sharpening Your Skills as a Clinical Mental Health Counselor: Transitioning from the DSM-IVTR to the DSM-5
3-Hour Session, Advanced
Carlos P. Zalaquett, PhD, SeriaShia Chatters, PhD
Clinical mental health counselors, the new professional designation approved by CACREP (2009), are expected to use diagnostic procedures effectively. This LI reviews the six steps of the diagnostic process and uses videotaped and written clinical vignettes to help you practice your diagnostic skills. After an analysis and diagnosis has been selected, you will learn how the DSM-5 may affect diagnosis. Clinical cases presenting mood or anxiety disorders will be presented. For each clinical case, the client description, signs and symptoms, tentative diagnoses, alternative diagnosis, and best psychotherapeutic practices available to date will be reviewed and discussed to help you sharpen your skills.

5:30 p.m. – 8:45 p.m.
Program ID #13016, Convention Center, Room 205
All Uniforms Are Not Alike: A Multicultural Approach to Meeting the Challenges of Counseling the Military Client
3-Hour Session, Introductory
William J. Davis, PhD
The military community is not a unitary culture; it provides a confusing collage of cultural nuance to the military neophyte. This LI will give you the information necessary to effectively understand the various subcultures of the military and thus enable you to serve this community more effectively. Learn about the organizational and cultural structures, underpinnings, and assumptions that drive the behaviors and beliefs of the members of the culture. The Army, Navy, Air Force, and Marines not only have distinct commercials, but unique cultures as well. Come learn about them from a 30-year veteran who has conducted significant research and teachings on the topic of military culture and society.

5:30 p.m. – 8:45 p.m.
Program ID #13017, Convention Center, Room 207
Are YOU Prepared? Plan NOW for Closing a Practice Due to Retirement, Voluntary Life Choice, Sudden Death, or Disability
3-Hour Session, Introductory
Ann “Nancy” Wheeler, JD, Daniel B. Roe, CFP
This LI will help counselors of all ages and practice stages assess readiness to close their practices as well as prepare for sudden death or disability. Topics will include legal, ethical, and administrative aspects of retirement and/or closing a practice; critical information and protocols for records custodians; and confidentiality and records. The presenters will discuss the various types of financial planning available in the marketplace. You will receive a variety of sample documents, including a checklist of office procedures; voicemail message templates; and a letter to clients informing them of practice closure. The presenters will address concerns of private practitioners, school counselors, and agency counselors.

5:30 p.m. – 8:45 p.m.
Program ID #13018, Convention Center, Room 208
The Flow of Counseling Research: From Research Question to Presentation and Publication
3-Hour Session, Introductory
Robert Eric Heidel, PhD, Blair Sumner Mynatt, MS
This LI is focused on promoting and expanding upon the foundational aspects of quantitative empirical reasoning within counseling. Learn how to write valid research questions using the FINER acronym; derive sound research hypotheses from research questions; choose the correct research designs, sampling methodologies, and scales of measurement for your research questions; conduct power analyses; structure databases and codebooks for data analysis; choose the correct statistical analyses based on your research questions; and present and publish your empirical findings. Participate in hands-on activities designed to expand empirical reasoning.

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
5:30 p.m. – 8:45 p.m.
Program ID #13019, Convention Center, Room 211
Putting Art Back Into the Schools: Expressive Techniques for School Counselors
3-Hour Session, Introductory
Suzanne Degges-White, PhD, Bonnie R. Colon, MS
As expressive arts and creativity enjoy a growing mainstream popularity, school counselors are facing an increasingly challenging client population. The media and the Internet all offer distracting, eye-catching variety to youth today, and they increasingly expect “entertainment” rather than substance. However, by integrating creative techniques that engage the client’s mind, imagination, and physical presence during session, counselors may be able to capitalize on the client’s need for novelty. Learn more about the most frequently used modes of creative interventions and specific techniques that you will be able to introduce in your own clinical practice.

5:30 p.m. – 8:45 p.m.
Program ID #13020, Convention Center, Room 212
The Dynamics of Domestic Violence: Assessment and Counseling Strategies
3-Hour Session, Introductory
Christine Murray, PhD, Allison C. Marsh, EdS, Evette Horton, MEd, Lori Notestine, PhD, Bethany Garr, MEd
This LI will provide you with an overview of key clinical issues related to understanding and treating clients affected by Intimate Partner Violence (IPV). Topics will include the dynamics and different types of IPV, the impact of IPV on children, clinical assessment strategies, and treatment approaches for victims, perpetrators, and child witnesses. This will be interactive and involve participation through case discussions and a counseling demonstration.

THURSDAY
DAYTIME SESSIONS

9:00 a.m. – 4:30 p.m.
Program ID #13006, Convention Center, Room 206
Male Counselors and Male Clients: Sharing Counseling Experiences
6-Hour Session, Introductory
David Capuzzi, PhD, Mark David Stauffer, PhD, Courtland Lee, PhD, Samuel T. Gladding, PhD
This LI is structured so that it includes opportunity to experience a combination of the didactic and the experiential. The presenters will offer overviews and comments about the issues that male clients often “present”. Each presentation will be followed by participation in separate break-out groups facilitated by the presenters. These break-out groups will enable you to discuss the presentation that has just been made in any way you wish: discussion of content, insights, personal sharing, etc. Come prepared to participate actively in an atmosphere that provides both interesting content and the opportunity to be transparent.

9:00 a.m. – 4:30 p.m.
Program ID #13021, Convention Center, Room 200
Culturally Responsive Play Therapy With Young, Traumatized Children
6-Hour Session, Advanced
Sue C. Bratton, PhD
In this LI, you will explore the therapeutic use of play therapy in counseling with young, traumatized children within a humanistic, developmental, culturally responsive, and evidence-based framework. Play is a universal language that allows counselors to understand and help young, traumatized children from diverse cultures who may have difficulty expressing themselves meaningfully through words alone, particularly for young children with a history of interpersonal, often preverbal trauma. Based on the presenters’ experience and substantial research, strategies and cultural considerations for working with this population of children, using play therapy, and their caregivers, will be presented and demonstrated through video demonstration and case examples.

9:00 a.m. – 4:30 p.m.
Program ID #13022, Convention Center, Room 201
Counseling Theory in Practice
6-Hour Session, Introductory
Gerald Corey, EdD, Jamie Bludworth, PhD
This LI is an overview of key concepts and techniques based on these theories: psychoanalytic, Adlerian, existential/person-centered, Gestalt, behavioral, cognitive-behavioral, rational emotive behavior therapy, cognitive therapy, reality therapy, solution-focused brief therapy, narrative therapy, feminist therapy, and integrative approaches to counseling practice. Emphasis is on the value of developing a systematic way of drawing upon various techniques that are applicable to counseling diverse client populations.

9:00 a.m. – 4:30 p.m.
Program ID #13023, Convention Center, Room 202
Neuroscience, Constructivism, and Creative Arts: Exploring Movement, Music, and the Imagination in Counseling
6-Hour Session, Advanced
Leslie Armeniox, PhD, Andy Abbott, PhD
Science has shown that experiences, thoughts, emotions, and behaviors change the structure of the brain, opening a door for extending our vibrancy and health. Neural integration, memory systems, and laterality are just a few of the components of neuroscience that affect empathic attunement, flexibility in learning, regulation, and neural integration. Increasingly, counselors and psychotherapists are integrating creative arts into their practices and recognizing their unlimited potential to change the healing process. Creative arts, as mediums for the co-construction of narratives, provide broad support for neurological integration at multiple levels.
9:00 a.m. – 4:30 p.m.
Program ID #13025, Convention Center, Room 204
The Art of Engagement: Twenty Ways to Get Group Members More Involved
6-Hour Session, Advanced ▲ ■
Ed E. Jacobs, PhD, Chris Schimmel, EdD

Much of group leading involves the art of engagement; therefore this LI will focus on skills for engaging group members. The focus will be on general engagement skills as well as specific skills for the warm-up, working, and closing phases of a session. Skills and techniques will be shown with the use of theories in groups. Engagement skills with the use of exercises will be shown. Learn how to engage all members when working with one member. For each of these components, there will be discussion and numerous demonstrations. Different ways to process exercises will be demonstrated. Hear about some of the common mistakes that are made in regards to engaging members, and learn how to use a variety of creative techniques.

9:00 a.m. – 4:30 p.m.
Program ID #13026, Convention Center, Room 205
Ethical Counseling Leadership: Strategies To Promote Organizational Ethics and Effectiveness
6-Hour Session, Advanced ▲ ■
Richard Ponton, PhD, Patricia Henderson, EdD, Alan Cavaiola, PhD, Suzanne D. Mudge, PhD, Elias Zambrano, PhD

This thought-provoking LI is specifically for those who are (or intend to be) counseling leaders, managers, and administrative supervisors. It is presented by a team that has researched and practiced counseling leadership in schools, government, agencies, and academia. Going beyond the ethics of compliance, this interactive and highly charged LI presents empirically supported, practical strategies for the implementation of an ethic of responsible quality service that will assist you in planning, organizing, implementing, evaluating, and enhancing the counseling program you lead.

9:00 a.m. – 4:30 p.m.
Program ID #13027, Convention Center, Room 207
The Spiritual, Religious, and Faith Dimensions of the Major Counseling Theories and Their Application to Clinical Work
6-Hour Session, Advanced ▲ ■
Sharon Cheston, EdD, Joseph Stewart-Sicking, EdD

This LI helps counselor educators, supervisors, and advanced-level clinicians explore the spiritual and religious concepts of the major counseling theories. The “Ways” paradigm (Cheston, 2000) suggests that all theories offer a unique way of being, understanding, and intervening. From an analysis of each theory’s “Ways,” you will identify the religious and spiritual implications of each theory in ways directly linked to practice. Examples of theories to be discussed are psychodynamic, existential, cognitive, post-modern, and family systems. You will be given an opportunity to offer your own ideas from your spiritual and religious perspectives, which will offer a rich and interactive experience.

9:00 a.m. – 4:30 p.m.
Program ID #13028, Convention Center, Room 208
Retooling Your Counseling Technology Toolbox
6-Hour Session, Introductory
Marty Jencius, PhD, Debra London, MEd

Developing a better understanding of new technology tools is essential for the educator and counselor in today’s practice. Types of new tools (microblogs, blogs, social networks, cloud sharing resources, and RSS readers) will be explored including tech tool usage and its applications in the field of counseling and counselor education. You will be given a hands-on opportunity to join and practice a variety of new tech tools during this LI. Ethical considerations of use in counseling will be infused throughout the presentation. You will have access to a dedicated website of resources developed for this LI.

9:00 a.m. – 4:30 p.m.
Program ID #13029, Convention Center, Room 211
Exploring the Mind-Body Connection: Therapeutic Practices and Techniques
6-Hour Session, Introductory ■
J.W. Wayne Wagner, PhD, Jan C. Lemon, PhD

This LI will focus on the interaction between the conscious and unconscious mind and will teach you very practical information and specific techniques to link communication between the mind and body and to bring a sense of wholeness for lasting change. The Ericksonian hypnotic path is used as a theoretical foundation, which integrates seamlessly into solution-focused brief therapy and self-care strategies. Learn techniques to address anxiety, depression, physical pain and pain management, nightmares, and weight loss for personal self-care and for clinical practice. Each session area will be discussed in depth with current research, specific techniques, demonstrations, and audience participation.

9:00 a.m. – 4:30 p.m.
Program ID #13030, Convention Center, Room 212
Skype? Email? Seven Legal and Ethical Considerations for Best Practice Online
6-Hour Session, Advanced ▲ ■
Donna Ford, MS, Marlene M. Maheu, PhD

This LI will help you understand the legal and ethical issues related to Skype, Facebook, blogging, Google, videoconferencing, practicing over state lines, informed consent, HIPAA, contracting with payers, billing codes, and choosing HIPAA-compliant vendors. You will glimpse the far-reaching and exciting new horizons that await the cautious but forward-thinking counselor. You will receive the names of more than 50 video conferencing vendors who offer HIPAA-compliant alternatives to Skype, and a whole lot more! Get started online today!
5:30 p.m. – 8:45 p.m.
Program ID #13031, Convention Center, Room 200

**Becoming More Creative as a Counselor and Using the Creative Arts in Counseling**

3-Hour Session, Introductory ■

Samuel T. Gladding, PhD

Creativity and the creative arts are important aspects of counseling for counselors to be aware of and master. This LI will focus on the nature of creativity and how it can be used in counseling. Particular attention will be on the SCAMPER model and how it can be applied to specific counseling situations. This LI will also examine how creative arts such as music, literature, dance/movement, and visual art can be used by counselors and clients to promote positive mental health and wellness.

5:30 p.m. – 8:45 p.m.
Program ID #13032, Convention Center, Room 237

**The Power of Sand Tray Therapy: Creative Techniques for Therapeutic Disclosure, Trauma, and Healing**

3-Hour Session, Advanced ▲ ■

J. Barry Mascari, EdD, Jane Webber, PhD

You are invited to explore the power of sand tray therapy, an expressive modality that accesses the client’s inner world and promotes therapeutic disclosure when talk therapy may not be effective. We will describe how to set up your sand tray room, build an inexpensive collection of diverse miniature figures, and integrate sand tray therapy into your counseling sessions. You will have the opportunity to select figures and build a personal scene to experience the sand tray process. Presentation of universal concepts and symbols in sand trays, and demonstration of creative interventions using sand trays with children and adults in trauma, abuse, and grief work, will be shown.

5:30 p.m. – 8:45 p.m.
Program ID #13033, Convention Center, Room 202

**Advancing Your Suicide Prevention, Assessment, and Intervention Skills: Practical Information for Counselors**

3-Hour Session, Introductory ■

Darcy Haag Granello, PhD, Paul F. Granello, PhD

Suicide is the fourth leading cause of death for adults aged 15–54 and the second leading cause among adolescents, yet the average amount of time spent on the topic of suicide in counselor education programs is less than one hour. This LI will provide you with concrete, practical information on suicide assessment, prevention, and intervention. Receive an extensive booklet of information with more details and depth for implementing prevention programming in your schools and communities. It will also include information on how to conduct culturally and developmentally appropriate risk assessments as well as a Seven-step model for intervention that includes specific and concrete strategies for counselors.

5:30 p.m. – 8:45 p.m.
Program ID #13034, Convention Center, Room 203

**Conversations in Ethics: An Interactive Skill-Building Experience for Counselors**

3-Hour Session, Introductory ■

Jake Morris, PhD, Terry A. Casey, PhD

We’ve all been to ethics trainings that were tedious or boring. We believe that it doesn’t have to be that way and hope you will find this experience interesting, helpful, and perhaps even fun. Our purpose is to provide you with an interactive opportunity to learn how to identify potential ethical and legal pitfalls before they develop into crises, develop practical skills for successfully navigating complex or problematic professional situations, learn how to apply the different evaluative perspectives necessary to evaluate ethical dilemmas, and build confidence in your ability to properly handle difficult or perplexing ethical scenarios.

5:30 p.m. – 8:45 p.m.
Program ID #13035, Convention Center, Room 204

**Resiliency in Military Couples: Shifting From Uncertainty and Fear to a “New Normal” of Healthy Communication**

3-Hour Session, Introductory ■

Judith J. Mathewson, MEd

This LI will focus on effective techniques to assist couples during their reintegration following combat. Couples may need to adjust to their “new” relationship, which may include dealing with traumatic brain injury or psychological health issues that have changed their interaction over time and distance. Additional resources will be given to counselors to address this important population through community support.

5:30 p.m. – 8:45 p.m.
Program ID #13036, Convention Center, Room 205

**Thriving in Private Practice 2013: Starting and Growing a Counseling Business**

3-Hour Session, Introductory

Anthony J. Centore, PhD, Fred Milacci, DEd

Many counselors begin their careers with the goal of owning and running their own private practice. However, counseling programs provide little or no guidance for accomplishing this goal. This LI will help you weigh the pros and cons of opening a private practice, and it will provide guidance on building a successful and profitable company in a competitive field.
5:30 p.m. – 8:45 p.m.
Program ID #13037, Convention Center, Room 207
Neurology and Psychopharmacology: Current Medications, How They Work, and the Counselor’s Supportive Role
3-Hour Session, Introductory
Elisabeth Bennett, PhD, Ashley Sylvester, BA, William L. Bennett, MD, Merilyn Ross-Fouché, Liesel Christoe-Frazier, James Hiers, Summer Hickam
Counselors can play a critical role in supporting the maintenance/compliance of clients to the regimen prescribed by the medical professional. The counselor is best able to do so if he or she has a knowledge and understanding of the effects of medication and potential side effects and related issues. This LI reviews neuroanatomy and function, provides an understanding of classes of medication and specifics regarding the most commonly prescribed medications, and defines and discusses the role of the counselor as a critical teammate in increasing compliance and avoiding complications.

5:30 p.m. – 8:45 p.m.
Program ID #13038, Convention Center, Room 208
Grant Writing for the Counseling Professional: Strategies for Success
3-Hour Session, Introductory
Megan Delaney, MA, Leslie Kooyman, PhD
In this challenging economic time, finding grant funding to support projects, programs, and research is often crucial to project sustainability. At the same time, grant seeking is becoming increasingly competitive. Combining over 25 years of experience, the presenters will help grant seekers by breaking down the proposal process into manageable steps. Information will be presented in a practical and organized manner, demystifying the grant proposal process. You will be able to bring ideas and get feedback on ways of turning your concepts into fundable projects as well as ask questions and brainstorm ideas with the presenters. Pick up all the tools you need for developing and writing a successful grant proposal.

5:30 p.m. – 8:45 p.m.
Program ID #13039, Convention Center, Room 211
Interviewing K-12 Students for School Solutions: Advanced Techniques in Solution-Focused Interviewing
3-Hour Session, Advanced
John J. Murphy, PhD
This LI presents skills and techniques of “interviewing for solutions”—a practical, research-based, culturally responsive approach to working with students from preschool through high school. The LI provides language and questioning strategies aimed at connecting with hard-to-reach students, increasing student investment in school solutions, creating customized interventions “one student at a time,” and obtaining ongoing student feedback. Videotaped and live demonstrations, experiential exercises, and practice activities are used to increase the practical application of techniques the very next day on the job.

5:30 p.m. – 8:45 p.m.
Program ID #13040, Convention Center, Room 212
Getting Through to Teenagers and Young Adults and Nurturing Genuine Connections in the Age of Social Media
3-Hour Session, Advanced
Craig Windham, PhD, Lindsey Mitchell, MA
Adolescents and young adults are adept at using the latest technical devices and social messaging to stay in touch. But despite a sense of connection, many still feel isolated and lack the ability to develop and deepen real-life relationships. This LI builds on last year’s keynote address and provides you with practical steps and counseling approaches for getting through the digital haze and helping young people find a balance between social media use and genuine interpersonal connection. The LI will be experiential and interactive, including social messaging exercises, role-plays, video clips, and discussion. Multicultural issues regarding social media use will be considered.

UPDATE
Look for updated information in the Program Guide Addendum in your tote bag.
Two ways to earn while you learn!

CONTINUING EDUCATION CREDITS

You can earn one continuing education contact hour (CE) for each hour of attendance at:
• Keynote Sessions
• Education Sessions (90-minute, 60-minute, and 30-minute ACA client-focused research sessions)
  Please note that 30-minute poster sessions are not approved for CE credit.

Education Sessions Have CE Approval From:
• National Board for Certified Counselors (NBCC), ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
• California Board of Behavioral Sciences. Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
• Commission on Rehabilitation Counselor Certification
• NAADAC: The Association for Addiction Professionals
• Washington Office of Superintendent of Public Instruction

Select sessions, identified by symbol(s), have CE approval from:
▲ American Psychological Association (APA). ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content.
● Association for Play Therapy (APT). APT-Approved Provider 09-265.
■ State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board. Counselor CE credit only.

It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs. Most attendees will be able to accumulate 17 CEs during the core conference days. Attendance is monitored and you must attend 100% of the session to receive credit. Partial credit will not be awarded. ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended during conference at the CE/Evaluation kiosks, near the registration area, or after conference at prolibraries.com/counseling. Print out a copy of your CE certificate, after conference, from your personal computer at no additional cost! See page 195 for more information.
ACA Academy Certificates

ACA Conference Academies are a way to demonstrate your interest in specific areas. Receive certificates recognizing your commitment to obtaining specific knowledge in one or more of the 20 Academy tracks to choose from!

- Career Development/Employment Counseling Academy
- Child & Adolescent Counseling Academy
- Clinical Mental Health/Private Practice Academy
- College Counseling Academy
- Counseling Ethics & Legal Issues Academy
- Counseling Theory Academy
- Counselor Education & Supervision Academy
- Couples & Family Counseling Academy
- Evidence-Based Practices Academy
- Group Work Academy
- Human Development Across the Lifespan Academy
- Individual Trauma/Disaster Mental Health Academy
- LGBTQ Academy
- Military Counseling Academy
- Multicultural and International Counseling Academy
- Professional Issues Academy
- Research Academy
- School Counseling Academy
- Social Justice Academy
- Wellness Academy

To earn an Academy certificate, you must attend at least six approved sessions from one Academy track. The Program Guide has an Academy Index lists each Academy and approved sessions that, as well as indicates the approved Academy(s) next to each session listing.

You may submit an Academy form online at counseling.org/2013academies, and receive your free printable certificate instantly, or you may download the form and mail it in for processing with a $15.00 processing fee. Certificates will be mailed two to three weeks after receipt.

Questions regarding CEs for this conference or ACA Academies? Call 800-347-6647 x229.
**Featured Sessions at-a-Glance**

**PRESIDENTIAL SESSIONS**

**Friday, March 22**

11:00 a.m. – 12:00 p.m.
ID #104, 20/20: A Vision for the Future of Counseling—The Building Blocks To Portability Project

11:00 a.m. – 12:00 p.m.
ID #124, Meet the Candidates for ACA President

2:00 p.m. – 3:30 p.m.
ID #129, The Graduate Student’s Survival Guide: Using ACA Resources to Support Professional Development

2:00 p.m. – 3:30 p.m.
ID #149, Publishing in ACA Refereed Journals: Suggestions From the Council of Editors

5:00 p.m. – 6:00 p.m.
ID #181, The Internationalization of Professional Counseling: Some Suggestions for Counselors

**Saturday, March 23**

10:30 a.m. – 12:00 p.m.
ID #207, The Inner Life of the Counselor: Preventing Secondary Stress, Increasing Resilience, and Maintaining a Healthy Perspective

ID #208, Keeping Up With the Counseling Profession: Current Issues on the National Level

10:30 a.m. – 12:00 p.m.
ID #220, How Culturally Competent Are We in 2013 and Where Are We Going: Reflections by Seasoned Multicultural Counselors

**FOR GRADUATE STUDENTS AND NEW PROFESSIONALS ONLY SERIES**

**Friday, March 22**

2:00 p.m. – 3:30 p.m.
ID #234, A Town Hall Meeting on the ACA Code of Ethics Revision

11:00 a.m. – 12:00 p.m.
ID #105, The Counselor and the Law: Thirteen Tips To Avoid the Bad Luck of a Complaint in 2013

3:45 p.m. – 4:45 p.m.
ID #155, What Graduate Students and New Professionals Need to Know About Humor in Counseling

5:00 p.m. – 6:00 p.m.
ID #182, What Graduate Students and New Professionals Need to Know About the Current State of Multiculturalism

**Saturday, March 23**

3:45 p.m. – 4:45 p.m.
ID #261, Preparing Graduate Students and New Professionals for Success in Private Practice

3:45 p.m. – 4:45 p.m.
ID #278, What Students Need to Know About Neuroscience and Counseling: A Q&A Discussion with Allen and Mary Ivey

**Sunday, March 24**

7:30 a.m. – 8:30 a.m.
ID #308, Building Skills and Advocating for the Counseling Profession

**ACA AUTHOR SESSIONS**

**Friday, March 22**

11:00 a.m. – 12:00 p.m.
ID #105, The Counselor and the Law: Thirteen Tips To Avoid the Bad Luck of a Complaint in 2013

2:00 p.m. – 3:30 p.m.
Program ID #131, Counseling LGBT Persons and Their Families

3:45 p.m. – 4:45 p.m.
ID #158, Creating Your Professional Path: Lessons From My Journey

5:00 p.m. – 6:00 p.m.
ID #183, Understanding People in Context: The Ecological Perspective in Counseling

**Saturday, March 23**

10:30 a.m. – 12:00 p.m.
ID #209, Eating Disorders and Obesity: Assessment, Prevention, and Treatment Essentials

2:00 p.m. – 3:30 p.m.
ID #236, New Perspectives on Comprehensive School Guidance and Counseling Programs

3:45 p.m. – 4:45 p.m.
ID #262, Assessing Common Mental Health Concerns Across Counseling Settings

5:00 p.m. – 6:00 p.m.
ID #287, Experiential Activities for Teaching Multicultural Competence in Counseling
**Featured Sessions at-a-Glance**

**ACA COUNSELING IN ACTION DEMONSTRATION SERIES**

**Friday, March 22**

2:00 p.m. – 3:30 p.m.
ID #148, Counseling Returning Veterans with PTSD

3:45 p.m. – 4:45 p.m.
ID #177, Remediation Planning for Graduate Students Refusing to Counsel Specific Populations

**Saturday, March 23**

10:30 a.m. – 12:00 p.m.
ID #226, Promoting Growth Within a Group: Performing in the Here and Now

2:00 p.m. – 3:30 p.m.
ID #253, Counseling Military Spouses and Families

**Sunday, March 24**

8:45 a.m. – 10:15 a.m.
ID #355, Working with Perpetrators and Targets of Cyberbullying

**ACA CLIENT-FOCUSED RESEARCH SERIES**

**Friday, March 22**

11:45 a.m. – 1:15 p.m.
ID #407, Working Effectively and Affirmatively with Queer and Questioning Youth

**Saturday, March 23**

10:30 a.m. – 11:00 a.m.
ID #153, Career Counseling with Undocumented Latino Youth: A Qualitative Analysis of School Counselors

11:30 a.m. – 12:00 p.m.
ID #230, A Pilot Study of Neurofeedback, fMRI, and the Default Mode Network: Implications for the Treatment of ADHD

**Sunday, March 24**

2:00 p.m. – 2:30 p.m.
ID #231, The Relationship Between Bowen’s Concept of Differentiation of Self and Measurements of Mindfulness

3:00 p.m. – 3:30 p.m.
ID #257, The Influence of Caregiver Intimate Partner Violence on Treatment Attrition for Child Sexual Abuse Victims

**Meet ACA’s Best-Selling Authors at Education Sessions on Their New Books**

**The Counselor and the Law: Thirteen Tips To Avoid the Bad Luck of a Complaint in 2013**
Anne Marie “Nancy” Wheeler and Burt Bertram
Program ID #105

**Counseling LGBT Persons and Their Families**
Mark Pope, Joy Whitman, Stuart Chen-Hayes, Ron McLean, and Anneliese Singh
Program ID #131

**Creating Your Professional Path: Lessons From My Journey**
Gerald Corey
Program ID #158

**Understanding People in Context: The Ecological Perspective in Counseling**
Ellen P. Cook
Program ID #183

**Eating Disorders and Obesity: Assessment, Prevention, and Treatment Essentials**
Laura H. Choate, Mary Hermann, Kim Hurst, Regine Talleyrand, and Heather Trepal
Program ID #209

**New Perspectives on Comprehensive School Guidance and Counseling Programs**
Norman C. Gysbers and Patricia Henderson
Program ID #236

**Assessing Common Mental Health Concerns Across Counseling Settings**
Danica G. Hays
Program ID #262

**Experiential Activities for Teaching Multicultural Competence in Counseling**
Mark Pope, Joseph Pangelinan, David Hart, and Tarrell Awe Agahe Portman
Program ID #287

Duke Energy Center Room 201
**Sponsored Sessions at-a-Glance**

### AARC SPONSORED SESSIONS

**Friday, March 22**

10:30 a.m. – 11:00 a.m.
ID #502, Measuring Life Balance: A Validation Study of the Juhnke-Balkin Life Balance Inventory

2:00 p.m. – 3:30 p.m.
ID #144, Assessment of Learning Outcomes in Counselor Preparation: A Review of Methods, Software, and Key Artifacts

**Saturday, March 23**

11:30 a.m. – 12:00 p.m.
ID #645, Best Practices in Student Learning Outcome Research

3:30 p.m. – 4:00 p.m.
ID #710, AARC One-Stop Shop for Assessment, Research, and Evaluation

5:00 p.m. – 6:00 p.m.
ID #288, Wellness, Spirituality, and Personal Dispositions of Professional Counselors: Implications for Practice

**Sunday, March 24**

7:30 a.m. – 8:30 a.m.
ID #313, Participatory Action Research: Development of the School Counseling Internship: Developmental Assessment of Counseling Skills

### ACC DAY OF LEARNING

**Friday, March 22**

11:00 a.m. – 12:00 p.m.
ID #109, Clinically Working with Clients Who Engage in Nonsuicidal Self-Injury: Diagnosis, Diversity, Creativity, and Treatment

2:00 p.m. – 3:30 p.m.
ID #135, Ethics in Creativity in Counseling: Preliminary Report from the ACC Task Force for Ethical Practice of Creativity in Counseling

3:45 p.m. – 4:45 p.m.
ID #162, The Counseling Garden: Nature-Related Activities To Use with Children and Adolescents

5:00 p.m. – 6:00 p.m.
ID #187, Developmental Relational Counseling: An Integrative Model to Conceptualize Relational Growth and Awareness

### ACCA DAY OF LEARNING

**Saturday, March 23**

10:30 a.m. – 12:00 p.m.
ID #211, Ethics and Social Media in College Counseling

2:00 p.m. – 3:30 p.m.
ID #238, Case Management: What Your Counseling Center Needs and You Don’t Even Know It

3:45 p.m. – 4:45 p.m.
ID #264, College Counseling: Round Tables

5:00 p.m. – 6:00 p.m.
ID #289, Breaking In and Rising Up in College Counseling: What Every Counselor Needs To Know To Get Hired and Promoted

### ACEG SPONSORED SESSIONS

**Friday, March 22**

12:30 p.m. – 1:00 p.m.
ID #534, Supporting Student Veterans: Current Landscape and Future Directions

3:45 p.m. – 4:45 p.m.
ID #163, Counselors Helping Combat Veterans and Their Families by Doing What We Do Best

4:30 p.m. – 5:00 p.m.
ID #599, Left Behind: The Experiences of Army Wives During Deployment

**Saturday, March 23**

2:00 p.m. – 3:30 p.m.
ID #249, Counseling Military Personnel/Families: Promoting Counselor Development Through an Understanding of Military Personnel Issues

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We want to know what you think!
Visit the kiosks near registration to complete conference survey
Sponsored Sessions at-a-Glance

**Sunday, March 24**

10:30 a.m. – 11:30 a.m.
ID #363, Career Counseling of Student Veterans: Theory and Application of a Cognitive Information Processing Approach

3:45 p.m. – 4:45 p.m.
ID #267, Regret and Forgiveness and Wellness

5:00 p.m. – 6:00 p.m.
ID #292, Yoga, a Proven Path to Wellness

**Saturday, March 23**

10:30 a.m. – 12:00 p.m.
ID #216, Research Mentorship: Advancing Our Scholarly Agenda

2:00 p.m. – 3:30 p.m.
ID #243, Strength-Based Leadership as a Graduate Student and as a Counselor Educator

3:45 p.m. – 4:45 p.m.
ID #269, Resiliency in Graduate School and Beyond

5:00 p.m. – 6:00 p.m.
ID #294, Best Practices in Teaching: Emphasizing Education in Counselor Education and Supervision

**Saturday, March 23**

3:45 p.m. – 4:45 p.m.
ID #278, What Students Need To Know About Neuroscience and Counseling: A Q&A Discussion with Allen and Mary Ivey

**Saturday, March 23**

10:30 a.m. – 12:00 p.m.
ID #212, Gender, Affectional Orientation, and Empowering Language in Counseling and Society

2:00 p.m. – 3:30 p.m.
ID #239, The ALGBTIC Competencies for Counseling with LGBQQIA Individuals

3:45 p.m. – 4:45 p.m.
ID #265, Ally Development in Action: A Panel Discussion

5:00 p.m. – 6:00 p.m.
ID #290, Intersectionality of Identity: A Dialogue with Queer People of Color

**Friday, March 22**

11:00 a.m. – 12:00 p.m.
ID #107, The Impact of Social Media and Communication Technology on the Development of Emotional Intelligence in Counselors in Training

2:00 p.m. – 3:30 p.m.
ID #133, Research in the Swamp: Lessons Learned During an Action Research Project in Community Mental Health

3:45 p.m. – 4:45 p.m.
ID #160, How Clients Can Change Injurious Self-Beliefs: DSM-5 Case Formulations and Treatment Approaches

5:00 p.m. – 6:00 p.m.
ID #185, Culture and Neuroscience: Toward an Integrative Framework for Clinical Mental Health Counseling Practice

**Friday, March 22**

1:30 p.m. – 2:00 p.m.
ID #563, Personality Changes After TBI: The Stigma Behind an Axis II Diagnosis

5:00 p.m. – 6:00 p.m.
ID #202, Utilization of Social Media and Social Networking in Job-Seeking Skills Training with Persons with Blindness or Low Vision

**Saturday, March 23**

3:30 p.m. – 4:00 p.m.
ID #711, Creating, Developing, and Producing the AMCD/CSJ Day of Service

**Sunday, March 24**

10:30 a.m. – 11:30 a.m.
ID #365, Developing and Sustaining Multicultural Competencies in the Counseling Profession

**Saturday, March 23**

3:45 p.m. – 4:45 p.m.
ID #206, Surviving Academia: Strategies for Scholars of Color

3:30 p.m. – 4:00 p.m.
ID #278, What Students Need To Know About Neuroscience and Counseling: A Q&A Discussion with Allen and Mary Ivey

**Saturday, March 23**

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### Sponsored Sessions at-a-Glance

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<tbody>
<tr>
<td>10:30 a.m. – 11:00 a.m.</td>
<td>ID #643, The Impact of a Counseling-Based Veteran Transition Program on Educational and Vocational Outcomes</td>
</tr>
<tr>
<td>2:00 p.m. – 3:30 p.m.</td>
<td>ID #251, A Consortium Model for Accreditation: CORE’s Response to the Desire for a Unified Accreditation Body</td>
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<tbody>
<tr>
<td>7:30 a.m. – 8:30 a.m.</td>
<td>ID #311, Spiritual, Religious, and Mental Health Issues Experienced During Wartime: First-Hand Reports from Our Deployed Military</td>
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<tr>
<td>10:30 a.m. – 11:30 a.m.</td>
<td>ID #383, Relationships of Environmental Factors and Community Reintegration After Spinal Cord Injury: Using ICF Model</td>
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<tbody>
<tr>
<td>1:30 p.m. – 2:00 p.m.</td>
<td>ID #550, The Effect of Loving Kindness Meditation on Stress and Empathy: Implications for Counseling Practice</td>
</tr>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ID #101, Meditation for Emotional Wellness</td>
</tr>
<tr>
<td>4:30 p.m. – 5:00 p.m.</td>
<td>ID #598, Loving Kindness Meditation for Women in Transition</td>
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<tbody>
<tr>
<td>10:30 a.m. – 11:00 a.m.</td>
<td>ID #630, Spiritually as Part of Cultural Competence: Ethical Issues Related to Integrating Spirituality and/or Religion in Counseling</td>
</tr>
<tr>
<td>2:00 p.m. – 3:30 p.m.</td>
<td>ID #235, Group Work for Personal Growth</td>
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<tr>
<td>10:30 a.m. – 12:00 p.m.</td>
<td>ID #213, Imaginable Outcomes and Empowered Youth Programs — Directing the Educational and Life Trajectories of Adolescents of Color</td>
</tr>
<tr>
<td>3:45 p.m. – 4:45 p.m.</td>
<td>ID #266, When Leaders Are Challenged: Dealing With Involuntary Members in Groups</td>
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<tr>
<td>5:00 p.m. – 6:00 p.m.</td>
<td>ID #291, Voyaging Beyond Safety Zones: Crafting Group Leader Models To Foster Wellness with Diverse and Multicultural Populations</td>
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<tr>
<td>10:30 a.m. – 11:00 a.m.</td>
<td>ID #500, Professional Counseling: Perspectives from Around the World</td>
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<tr>
<td>10:30 a.m. – 11:00 a.m.</td>
<td>ID #501, International Sojourning at Idaho State University: Understanding, Experiencing, and Evidencing</td>
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<tr>
<td>11:30 a.m. – 12:00 p.m.</td>
<td>ID #516, Leadership Principles in Action: Fostering Servant Leadership Through a Prolonged Counselor Community Engagement Partnership</td>
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<td>11:30 a.m. – 12:00 p.m.</td>
<td>ID #517, Hypersexuality Disorder: Shedding Light on Sex Addiction</td>
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<tr>
<td>1:30 p.m. – 2:00 p.m.</td>
<td>ID #548, Counselor Community Engagement Through the Contextual Learning Classroom</td>
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<tr>
<td>1:30 p.m. – 2:00 p.m.</td>
<td>ID #549, CSI: One Body and Mission for Global Impact: Fostering International Counselors’ Embodiment of CSI’s Mission</td>
</tr>
<tr>
<td>4:30 p.m. – 5:00 p.m.</td>
<td>ID #580, How CSI Chapters Can Help Students Enhance Research Competency</td>
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<tr>
<td>2:30 p.m. – 3:00 p.m.</td>
<td>ID #564, Wilderness Therapy: Taking the Scenic Route to Professionalism</td>
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<tr>
<td>2:30 p.m. – 3:00 p.m.</td>
<td>ID #565, Knowledge of HIV/AIDS Among Counselors and Counseling Students</td>
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<tr>
<td>4:30 p.m. – 5:00 p.m.</td>
<td>ID #596, All Is Well: CSI Chapter Wellness Advocacy as a Way To Promote Counseling Professionals’ Self-Care</td>
</tr>
<tr>
<td>4:30 p.m. – 5:00 p.m.</td>
<td>ID #597, Engaging Counselors in Community Needs Following a Natural Disaster</td>
</tr>
<tr>
<td>5:00 p.m. – 6:00 p.m.</td>
<td>ID #190, Social Equality, Social Interest, and Wellness: The Practitioner’s Challenge of Today</td>
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**Sponsored Sessions at-a-Glance**

**Saturday, March 23**

1:30 p.m. – 2:00 p.m.
ID #676, The Experiences of Graduate Students Learning About Professional Advocacy

1:30 p.m. – 2:00 p.m.
ID #677, Culture Counts: A Cultural Immersion Experience for School Counselors

10:30 a.m. – 11:00 a.m.
ID #628, Starting a PFLAG Chapter in a Rural Community

10:30 a.m. – 11:00 a.m.
ID #629, There and Back Again: Broadening Counselor Worldviews Digitally Through Global, Regional, and Institutional Engagement

11:30 a.m. – 12:00 p.m.
ID #644, Mapping Trends Over the Past 20 Years in Counseling Research on Black Families

12:30 p.m. – 1:00 p.m.
ID #660, Going Global: Engaging CSI Members Across International Communities

12:30 p.m. – 1:00 p.m.
ID #661, Child Sex Trafficking in Southeast Asia: Implications for Counselors

2:00 p.m. – 3:30 p.m.
ID #232, Counseling Around the World

2:30 p.m. – 3:00 p.m.
ID #692, Statewide Advocacy and Leadership: A Model for Networking and Collaboration for the Counseling Profession

2:30 p.m. – 3:00 p.m.
ID #693, Enhancing and Promoting Leadership

**Sunday, March 24**

10:30 a.m. – 11:30 a.m.
ID #644, Community Impact Through Couples Relationship Education

8:45 a.m. – 10:15 a.m.
ID #337, The Disciplinary Practices of African American Mothers and Fathers: Engaging in Culturally Responsive Research

5:30 p.m. – 6:00 p.m.
ID #295, The Tao of Leadership: Leading with the Soul

**Sunday, March 24**

10:30 a.m. – 12:00 p.m.
ID #222, IAAOC Graduate Student Carousel: Research to Practice

12:30 p.m. – 1:00 p.m.
ID #662, Let’s Talk Gestalt: A Holistic Approach to Substance Abuse Treatment

**CSJ DAY OF LEARNING**

**Saturday, March 23**

10:30 a.m. – 12:00 p.m.
ID #215, Deconstructing Mental Health Disparities and Social Justice in Action: A Nexus of Counseling Professionals

2:00 p.m. – 3:30 p.m.
ID #242, Advocating for LGBTQ Best Practices in AOD Treatment

3:45 p.m. – 4:45 p.m.
ID #157, H.I.R.E. Model for Assessing and Diagnosing Nonsuicidal Self-Injury

**Sunday, March 24**

7:30 a.m. – 8:30 a.m.
ID #309, Specialization and Competency: Ethical Issues in the Current State of Addictions Counseling Training and Practice

**IAMFC SPONSORED SESSIONS**

**Friday, March 22**

11:30 a.m. – 12:00 p.m.
ID #518, Using Role-Play To Teach Family Counseling

3:45 p.m. – 4:45 p.m.
ID #164, Family Counseling: Some Ethical Issues

5:30 p.m. – 6:00 p.m.
ID #614, Family Counseling: The Professional Will

**We want to know what you think!**

Visit the kiosks near registration to complete conference survey
Sponsored Sessions at-a-Glance

Saturday, March 23

11:30 a.m. – 12:00 p.m.
ID #646, Making Music Together: Creative Interventions in Couples Counseling

2:00 p.m. – 3:30 p.m.
ID #233, Best Practices in Couples and Family Counseling: Recommended for Implication in the Doctorate of Professional Counseling

Sunday, March 24

7:30 a.m. – 8:30 a.m.
ID #310, Welcome to the Jungle: Navigating Through the Ethical Maze of High-Conflict Divorce

NCDA SPONSORED SESSIONS

Friday, March 22

10:30 a.m. – 11:00 a.m.
ID #504, An Essential Resource for Users of Quantitative and Qualitative Career Assessment Instruments

3:30 p.m. – 4:00 p.m.
ID #581, Career Development and Career Centers: What DO We Actually DO?

5:00 p.m. – 6:00 p.m.
ID #180, Strategies for the Next 100! A Celebration of Sharing Innovative Teaching Practices

Saturday, March 23

1:30 p.m. – 2:00 p.m.
ID #678, The Predictive Validity of Different Scoring Methodologies in Career Interest Inventories

10:30 a.m. – 12:00 p.m.
ID #218, The National Career Development Association Centennial Program

Sunday, March 24

7:30 a.m. – 8:30 a.m.
ID #312, Career Resources for Career Counselors and Specialists, and Counselor Educators

NECA DAY OF LEARNING

Friday, March 22

11:00 a.m. – 12:00 p.m.
ID #106, YOU NEED OXYGEN FIRST! Practical Coping Steps for Job Layoff/Unemployment—The Road to Economic Resilience

2:00 p.m. – 3:30 p.m.
ID #132, Leadership Psychology in Employment Relationships: EAP (Employment Assistance Program) Workplace Nightmares, Employment Counseling Clients, and the Leader-Member Exchange

3:45 p.m. – 4:45 p.m.

5:00 p.m. – 6:00 p.m.
ID #184, Wellness at Work in the 21st Century: Roadmap to Making Money for Economic Resilience, Part II

Onsite Conference Info & Updates: Multiple Ways to Engage

Bookmark ACA’s mobile Conference website (cincy2013.counseling.org) for detailed information and updates, including full session descriptions, dates, times, and locations. You will also be able to view the Conference at-a-Glance feature by day. The site is scaled to fit any mobile device, so this convenient resource is easy to use on the go.

You can also get the latest Conference information and updates through social media:

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facebook.com/american counselingassociation

Follow ACA on Twitter
twitter.com/CounselingViews
Tweet from your own Twitter account with hashtag #ACACincy2013

Post on Instagram
Post your fun Conference photos to Instagram using hashtag #ACACincy2013

New to Social Media? Have questions about starting and maintaining social media accounts? Bring your lunch and questions to ACA’s informal social media lunch session in the Cyber Lounge (Booth#321 in the Exhibit Hall) from 12–2 p.m. on Friday, March 22, 2013.
Imagine what you could do with your special savings on auto insurance.

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<tr>
<td><strong>ASERVIC Sponsored Session</strong></td>
<td><strong>Presidential Featured Session</strong></td>
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<tr>
<td>Wellness Academy</td>
<td>Professional Issues Academy</td>
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<tr>
<td>Program ID #101, Convention Center, Room 200</td>
<td>Program ID #104, Convention Center, Room 233</td>
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<tr>
<td><strong>Meditation for Emotional Wellness</strong></td>
<td><strong>20/20: A Vision for the Future of Counseling—The Building Blocks To Portability Project</strong></td>
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<tr>
<td>60-Minute Session, Advanced</td>
<td>60-Minute Session</td>
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<tr>
<td>Mark E. Young, Daniel Gutierrez, Abigail Conley</td>
<td>Kurt L. Kraus, Caroline K. Wilde, Don W. Locke, William F. Green, Carol Buchanan Jones, David Kaplan</td>
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<tr>
<td>Meditation has become a part of a number of new-wave therapies. Research on its benefits is growing especially because of meditation’s ability to reduce negative emotions, increase positive emotions, and regulate mood. Utilizing the ASERVIC Spiritual Competencies and gaining specific training can help clinicians make informed choices about which clients might benefit and how to ethically assist them to incorporate meditation into their current treatment. Learn and practice meditation during the session.</td>
<td>“20/20: A Vision for the Future of Counseling”—a multiyear initiative involving 31 professional counseling entities—has been working on the Building Blocks to Portability project. This project seeks to facilitate the ability of counselors to transfer their license when moving to another state. The session will highlight the accomplishments of 20/20 to date, explain the Delphi process being utilized for the Building Blocks to Portability project, describe the current status of the project, present the next steps, and discuss the implications of achieving licensure portability. Audience reaction will be encouraged.</td>
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<td><strong>For Graduate Students and New Professionals Only Session</strong></td>
<td><strong>ACA Author Session</strong></td>
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<td>Counseling Ethics &amp; Legal Issues Academy</td>
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<tr>
<td>Program ID #105, Convention Center, Room 201</td>
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<td><strong>Becoming a Professional Counselor</strong></td>
<td><strong>The Counselor and the Law: Thirteen Tips To Avoid the Bad Luck of a Complaint in 2013</strong></td>
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<tr>
<td>60-Minute Session</td>
<td>60-Minute Session</td>
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<td>Gerald Corey, Jamie Bludworth</td>
<td>Anne Marie “Nancy” Wheeler, Burt Bertram</td>
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<td>The presenters will address a range of topic related to the challenges of becoming a professional counselor, such as creating a meaningful professional life; being aware of and managing your personal values; common concerns of beginning counselors; managing personal and professional boundaries; and the importance of self-care. There will be opportunities to raise questions of the presenters.</td>
<td>The authors of one of ACA’s best-selling books, <em>The Counselor and the Law</em>, will provide 13 concrete tips to avoid the risk of lawsuits and licensure board complaints in 2013. The presenters will update attendees on the major legal and ethical issues facing counselors; give “de-identified” examples of real-life situations; offer practical solutions to frequent legal and ethical dilemmas; and discuss how to handle subpoenas and other privacy, HIPAA, and HITECH concerns.</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
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<tr>
<td><strong>Counseling Theory Academy</strong></td>
<td><strong>NECA Day of Learning</strong></td>
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<tr>
<td>Program ID #103, Convention Center, Room 205</td>
<td>Program ID #106, Convention Center, Room 204</td>
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<tr>
<td><strong>Empathy and Reflecting Feelings: Brain-Based Practice</strong></td>
<td><strong>YOU NEED OXYGEN FIRST! Practical Coping Steps for Job Layoff/Unemployment—The Road to Economic Resilience</strong></td>
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<tr>
<td>Mary Bradford Ivey, Allen E. Ivey, Carlos P. Zalaquett</td>
<td>Seneka Arrington, Mary Ann Radebak, Karen Obringer Campbell</td>
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| Empathy has become a central research topic in both theory and research in neuroscience, showing the increased importance of one of our most central counseling practice concepts. Damasio’s distinctions between basic feelings (sad, mad, glad, fear, surprise, and disgust) and social emotions (guilt, pride, and mixed feelings) enrich us with more understanding and precision when we explore client feelings and emotional experience. The session will conclude with concrete suggestions for taking these ideas into interviewing practice. | Do you remember the instructions that airline staff tell passengers in case of an emergency landing? “You need the

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**LEGEND**

- APA
- APT
- OH, SWMFTB

Refer to p. 37 for more information.
oxygen first! Take the oxygen first before administering it to your children.” I assumed children would need the oxygen first. I realized how much sense this makes. The same principles apply when one has been through a layoff from work or becomes unemployed. Help your clients protect themselves, and to think of themselves first.

11:00 a.m. – 12:00 p.m.
AMHCA Day of Learning
Human Development Across the Lifespan Academy
Program ID #107, Convention Center, Room 263
The Impact of Social Media and Communication Technology on the Development of Emotional Intelligence in Counselors in Training
60-Minute Session ■
Stephen Brady, Rachel Levy-Bell
Effective counseling requires the demonstration of verbal and nonverbal skills (Brems, 2000). This session will explore how social media and communication technology may enhance and/or inhibit the development and demonstration of these important skills that may be understood broadly as components of emotional intelligence. Please join us as we explore how counselor skills are impacted by social media and communication technology and how to enhance counselor learning.

11:00 a.m. – 12:00 p.m.
AADA Day of Learning
Clinical Mental Health/Private Practice Academy
College Counseling Academy
Program ID #108, Convention Center, Room 264
Transitions to College and Right Beyond
60-Minute Session
Wendy Killam, Suzanne Degges-White, Rebecca Earhart Michel
This session will allow counselors the opportunity to learn about the various transitions that occur from preparing for college to preparing for the first job after college. The session will focus on various aspects of relationships and family changes to career selection. Come away with a greater awareness and understanding of what young adults are coping with in today’s society. Cultural and ethical factors will also be discussed.

11:00 a.m. – 12:00 p.m.
ACC Day of Learning
Clinical Mental Health/Private Practice Academy
Program ID #109, Convention Center, Room 211
Clinically Working with Clients Who Engage in Nonsuicidal Self-Injurious Behavior: Diagnosis, Diversity, Creativity, and Treatment
60-Minute Session ■
Kelly L. Wester, Heather Trepal
Nonsuicidal self-injury (NSSI) has become a common topic of clinical discussion and research. Although more information about NSSI is known, still so much is left unknown. Specifically, very little is known regarding the effectiveness of outpatient treatment and the correlates to consider when working with clients in treatment. The presenters will discuss factors to consider among males/females and racial/ethnic groups when assessing and treating clients who present with NSSI. The presenters will also highlight the trajectory of clients in outpatient treatment, including factors to consider when conducting intakes, developing treatment goals, and working creatively with NSSI.

11:00 a.m. – 12:00 p.m.
AMCD Sponsored Session
Multicultural and International Counseling Academy
Program ID #110, Convention Center, Room 212
Leadership and Mentoring Dialogues:
A Conversation with AMCD Vice Presidents and Regional Representatives
60-Minute Session
Aretha Faye Marbley, Catharina Y. Chang, Lisa Grayshield, Sharon Bowles
The presenters provide personal anecdotes and share lessons that uncover the multicultural and ethical considerations that may be present in a trauma situation. The session culminates with an introduction of a multiculturally sensitive, crisis mental health service delivery model for addressing the devastating effects of disasters, like Katrina, on schools.

11:00 a.m. – 12:00 p.m.
Research Academy
Program ID #111, Convention Center, Room 236
The Operationalization and Validation of Isomorphism in Supervision
60-Minute Session, Advanced ■
Robert Eric Heidel
Isomorphism is a construct that describes the similarities, overlays, and replications across supervision and counseling. The construct has not been validated or operationalized, occurs on an unconscious level, and is not understood by supervisees. However, isomorphism plays an integral role in how supervision is facilitated. The results of a dissertation study focused on operationalizing and validating the construct will be presented. The 30-item Isomorphism Scale was a reliable instrument, alpha = .89; accounted for 68.65% of the variance; and showed evidence of convergent and incremental validity when compared to the Supervisory Styles Inventory, Supervisory Working Alliance Inventory, and Supervision Interaction Questionnaire.

11:00 a.m. – 12:00 p.m.
Program ID #112, Convention Center, Room 207
Deviant Sexuality in Children and Adolescents: Concurrent Treatment of Sexual Victimization and Sex Offending Behaviors
60-Minute Session, Advanced ■
David D. Hof, Julie A. Dinsmore, Douglas R. Tillman
This session outlines a 28-step treatment protocol that provides a uniform and integrated approach to concurrent treatment of sexual offending and victimization behaviors for sexually reactive children and adolescents that can be implemented in both inpatient and outpatient settings. The session includes audience involvement in application of the protocol through case discussion. Learn about barriers to funding for and accessibility of treatment for this population and the need for counselor advocacy.

11:00 a.m. – 12:00 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #113, Convention Center, Room 208
**DSM-5: A Report from the ACA DSM-5 Task Force**
60-Minute Session
ACA DSM-5 Task Force
The members of the DSM-5 Task Force have been appointed by the President and Governing Council to serve the membership of ACA by providing education and dissemination of information related to the upcoming publication of the *Diagnostic and Statistical Manual, Fifth Edition* (DSM-5) that is useful to practitioners, students, and educators. This session will provide the latest information on the DSM-5, as well as any new information that is released ahead of its anticipated publication in May 2013. Ask questions about the various changes to the diagnostic criteria.

11:00 a.m. – 12:00 p.m.
LGBTQ Academy
Program ID #114, Convention Center, Room 230
**Exploring Ethics and Values in Counseling With LGBTQ Populations**
60-Minute Session
Mary Jane Anderson-Wiley, Duane Halbur, Kimberly Halbur
Some recent court cases have challenged the professional counselor’s obligation to adhere to the ACA Code of Ethics when counseling LGBTQ populations. In this session, for both counseling students and professionals, attendees will learn more about these cases and their implications for the profession. They will participate in a brief values clarification activity. Pertinent ethical codes and ways to appropriately resolve value conflicts will be reviewed. Finally, resources for more effectively advocating for LGBTQ populations will be provided.

11:00 a.m. – 12:00 p.m.
Program ID #115, Convention Center, Room 231
**Neuroscience, Magic, and Counseling**
60-Minute Session
Lennis G. Echterling, Jack Presbury
Recent findings in neuroscience have identified principles, such as attention management and change blindness, that magicians exploit to create their illusions. Neuroscientists have also revealed how mirror neurons and oxytocin enhance the impact of magic. In this session, we explore how magicians take advantage of these neurological processes to trick audiences and how counselors can use the same processes to empower their clients. We summarize the neuroscience findings, engage the audience in experiential activities involving magic tricks, and demonstrate techniques that are based on neurological processes that enhance the power of counseling, such as framing, tracking changes, and attunement.

11:00 a.m. – 12:00 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #116, Convention Center, Room 203
**Health-Care Interpreters: The Invisible Victims of Vicarious Trauma**
60-Minute Session
Chandra Johnson, Edurne Chopeitia
This session is an invitation for counselors to enter the world of health-care interpreting and explore the mental health risks faced by a growing population of interpreters from countries across the globe. Because these risks are sometimes misunderstood, even by the interpreters themselves, it is important for counselors to understand the nuances that may impact health-care interpreters’ emotional well-being on the job. This session will provide background information about the process of health-care interpreting, explore the mental health needs of multicultural health-care interpreters, and propose ways that counselors can intervene at various levels—psychoeducation/prevention, psychotherapy, and policy/legislature.

11:00 a.m.– 12:00 p.m.
Group Work Academy
Multicultural and International Counseling Academy
Program ID #117, Convention Center, Room 202
**The Impact of Structured Group Counseling on Resiliency, Self-Efficacy, and Racial Identity among African American Female Teens**
60-Minute Session, Advanced
LaShonda Fuller
A range of factors continue to influence the thoughts and behaviors of African American female teens including peer pressure, personal identity, academic achievement, racism, sexism, and classism (Day-Vines et al., 2003; Howard, 2003; Shorter-Goodeen & Washington, 1996). As teenage girls struggle with such issues, the potentiality of their self-identity, self-esteem, ability to make healthy choices, motivation to succeed, and overall growth being negatively impacted is great. The results of this study presents the thoughts and experiences that represent a number of African American female teenagers and the need for cultural interventions provided by culturally intentional competent ethical counselors when serving this population.

11:00 a.m. – 12:00 p.m.
Child & Adolescent Counseling Academy
Program ID #118, Convention Center, Room 250
**The Forgotten Students: Psychosocial Needs of Gifted Youth and Their Families**
60-Minute Session


Friday [Education Sessions]

Susan Rachel Rakow, Kathryn C. MacCluskie
How does giftedness impact the psychosocial development of children, adolescents, young adults, and their families? This session will provide information, case studies, and resources to help school and clinical counseling professionals better understand the unique needs of this population. Case studies will be used to illustrate examples of typical issues and a range of intervention strategies will be suggested. Ample time will be provided for questions and discussion.

11:00 a.m. – 12:00 p.m.
Counselor Education & Supervision Academy
Program ID #120, Convention Center, Room 237

Homophobia and Homonegativity in Counselor Education Programs
60-Minute Session, Advanced
Deborah Jackson, Joan Looby, Harry L. Hawkins
This session addresses the issue of homophobia and homonegativity among counselors/counselors in training and strategies for addressing these issues among counselors in training prior to professional practice. This session also addresses strategies and opportunities to explore how students’ beliefs, attitudes, values, and actions may influence their responses to multicultural differences and cultural diversity and to their effectiveness as professional counselors.

11:00 a.m. – 12:00 p.m.
School Counseling Academy
Counseling Ethics & Legal Issues Academy
Program ID #121, Convention Center, Room 238

Using Civil Case Law as a Guide to Legal, Moral, and Ethical Decision Making
60-Minute Session
Richard Joseph Behun
Through an analysis of precedent case law, this session will examine the four elements needed for civil courts to find professional school counselors liable of negligence. Specific focus will be given to the ethical and moral model of conduct and high standard of care required in professional school counselor–client relationships.

11:00 a.m. – 12:00 p.m.
Multicultural and International Counseling Academy
Program ID #122, Convention Center, Room 234

Blogging in Bolivia: A Pilot Project To Support Immersion-Based Individual and Group Processing
60-Minute Session
Melia A. Kizer
Short-term study abroad experiences for counseling students offer unique opportunities to develop multicultural and social justice competencies within a shared group experience. Providing structured opportunities for individual and group processing during such immersion experiences is an ethical practice and responsibility of group leaders and a practice that supports group development and cohesion. This session will introduce the use of blogging as a tool both to support individual and group processing and to promote course objectives and competencies. Ethical considerations as well as applications of this technology beyond study-abroad experiences will be explored.

11:00 a.m. – 12:00 p.m.
Multicultural and International Counseling Academy
Program ID #123, Convention Center, Room 235

The Influence of the Past on the Present: Understanding the Impact of Historical Trauma
60-Minute Session
Kathleen Brown-Rice, Anastasia Imig
Do you understand the theory of historical trauma? Why do traumas that occurred generations ago still impact your clients today? This session will provide you knowledge regarding the core concepts of historical trauma and how to utilize this theory to meet the unique needs of historically marginalized clients. Specifically, you will be provided with research-based information and effective techniques to utilize when counseling clients and acquire skills to assist you in building the therapeutic relationship with this population.

11:00 a.m. – 12:00 p.m.
Presidential Featured Session
Professional Issues Academy
Program ID #124, Convention Center, Room 261

Meet the Candidates for ACA President
60-Minute Session
Bradley T. Erford
Come meet the candidates vying to become the 64th president of the American Counseling Association. This session will provide an opportunity for members to ask questions of the candidates in an open forum and interact in a casual, town hall – style atmosphere.

11:00 a.m. – 12:00 p.m.
Counseling Theory Academy
Program ID #125, Convention Center, Room 252

Is the Personal Theoretical? Exploring Counselor Trainees’ Experiences of Learning Counseling Theory
60-Minute Session, Advanced
Allison Hrovat, Melissa Luke
While the importance of theory in counseling is well documented, less is known about the process through which counselor trainees interact with and acquire theoretical information. To shed light on this, preliminary findings from the presenters’ qualitative analysis of journals written in an introductory theory course will be presented. The presenters will offer a summary of their findings, including the relationship between personal experiences, values and beliefs, and theoretical information. Have an opportunity to engage in a discussion surrounding current methods of theory instruction and ideas for alternate approaches based on the findings of this study. A handout with references will be provided.
2:00 p.m. – 2:30 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #126, Convention Center, Room 252
An Exploration of Body Satisfaction and Spirituality: A Phenomenological Inquiry
30-Minute Session
Juleen K. Buser, Rachael Parkins
This session focuses on a phenomenological research study; nine female participants who professed body satisfaction were interviewed about their body image, spiritual beliefs, and the connection between the two. Females who report body satisfaction represent a unique and clinically valuable perspective; a better understanding of the ways in which some females feel body satisfaction can inform counseling interventions to assist clients with body dissatisfaction. Moreover, a better understanding of the ways in which some individuals view the connection between body image and spirituality can also inform interventions; clients with spiritual beliefs and body image concerns may benefit from addressing the intersection of these topics.

2:00 p.m. – 3:30 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #127, Convention Center, Room 200
The Importance of TLCs: Use of Therapeutic Life Changes To Increase Client Wellness, Therapy Outcomes, and Daily Neurogenesis
90-Minute Session, Advanced ▲ ■
Allen E. Ivey, Carlos P. Zalaquett, SeriaShia J. Chatters, Mary Bradford Ivey
Are you giving your clients a little TLC? Therapeutic life changes or TLCs, are adjustments you can help your clients make in their lifestyle that may significantly impact their therapeutic outcome, reducing the potential to relapse, and positively impact their mental health and physical well-being. In fact, they promote daily neurogenesis (development of new brain cells). In this session you will learn about the top 16 TLCs, including the Big 6, that your clients can use to facilitate stress management, treatment, and well-being. Additionally, you will learn how to integrate TLCs into counseling, psychotherapy, and coaching and the use of a checklist to facilitate change.

2:00 p.m. – 3:30 p.m.
Professional Issues Academy
Program ID #128, Convention Center, Room 232
Is There a Book Within You To Be Written?
90-Minute Session
Gerald Corey, Fred Bemak, Rita Chi-Ying Chung, Mark Stebnicki, Robert E. Wubbolding, George Williams, Michelle Muratori, Patrice Moulton, Kellie Kirksey
Invited authors share the joys, self-doubts, struggles, strategies, personal experiences, and rewards of their experiences in writing. Writers are confronted with both internal and external obstacles. Panelists offer suggestions such as identifying an area of interest; pinpointing a topic to explore; designing a proposal; gathering data; getting started and following through; finding and working effectively with a publisher; the review process; creating a schedule for writing; integrating teaching and practical experience with writing; working with colleagues; testing out ideas; developing a working draft; revising the draft; completing a project; and future revisions.

2:00 p.m. – 3:30 p.m.
Presidential Featured Session
Program ID #129, Convention Center, Room 205
The Graduate Student’s Survival Guide: Using ACA Resources To Support Professional Development
90-Minute Session
Nicole A. Adamson, Victoria Kress, Amanda Evans, Dodie Limberg, Chantrelle D. Varnado-Johnson
Members of the ACA Graduate Student Committee will provide counseling students with an overview of ACA and its resources that can help support students’ professional development. Have an opportunity to join small breakout groups that will focus on various topics of interest to graduate students, and explore topics discussed in the session in greater depth. It will provide an opportunity for professional networking.

2:00 p.m. – 3:30 p.m.
Multicultural and International Counseling Academy
Program ID #130, Convention Center, Room 233
Stony the Road They Trod: New Perspectives on Counseling Black Men
90-Minute Session, Advanced ▲ ■
Courtland Lee
African American men face many challenges that impact upon their psychosocial development. Most social and economic indicators for Black men provide a profile of an individual whose development and quality of life are often in serious jeopardy. Professional counselors therefore are generally confronted with formidable challenges when attempting to intervene in the lives of African American men. This session will help professional counselors develop competency for proactive psychotherapeutic intervention with Black male clients. After an analysis of Black male development in a contemporary sociocultural context and an exploration of issues to consider when counseling Black men, a model for counseling Black men will be presented.

2:00 p.m. – 3:30 p.m.
ACA Author Session
LGBTQ Academy
Program ID #131, Convention Center, Room 201
Counseling LGBT Persons and Their Families
90-Minute Session,
Mark Pope, Joy Whitman, Ron McLean, Amnlieuse Singh
Working with LGBT individuals and their families is different from counseling heterosexual clients. Students and mature professionals with little experience counseling this population...
benefit from concrete examples of what LGBT-affirmative therapists tend to say and do in counseling sessions, as well as what they do not say and do. In Casebook for Counseling Lesbian, Gay, Bisexual, and Transgender Persons and Their Families, editors Sari Dworkin and Mark Pope bring together more than 40 experts in this field to discuss assessment and treatment planning with LGBTQ+ clients using a case study approach. A panel of contributing authors from the book will share their do’s and don’ts.

2:00 p.m. – 3:30 p.m.
NECA Day of Learning
Career Development/Employment Counseling Academy
Program ID #132, Convention Center, Room 204
Leadership Psychology in Employment Relationships: EAP (Employment Assistance Program) Workplace Nightmares, Employment Counseling Clients, and the Leader-Member Exchange
90-Minute Session, Advanced ●
Thomas W. Ayala
Outgroup is part of an individual’s self-concept, identified by group membership, which regulates the management and adaptation of the group’s value and emotional importance to the individual. The contrast of in-group and out-group social identity promotes conflict. Similar examples of outgroups in the workplace are heavily influenced by the leader/supervisor. Social identity theory and self-categorization theory are used to examine these elements in the workplace, where intergroup relationships take place in an environment of competition, interdependence, economic pressure, and differentiation. In the workplace outgroup, individuals have no emotional capital, decreased energy in the form of collective well-being, and minimal power and bargaining authority. Social anxiety and feelings of inferiority are exacerbated by this outgroup form of isolation and withdrawal. Learn the value of quality EAPs to help those living in a sustained environment of relational conflict without adequate coping skills or emotional regulation, outgroup members experiencing intense social anxiety.

2:00 p.m. – 3:30 p.m.
MHCA Day of Learning
Counselor Education & Supervision Academy
Program ID #133, Convention Center, Room 263
Research in the Swamp: Lessons Learned During an Action Research Project in Community Mental Health
90-Minute Session
Ellen K. Carruth
During academic training programs, students may be exposed to research methods and strategies but may finish their training without considering the ways in which research may inform their own practice. This session will highlight the efforts of an instructor-led student research team throughout the process of data collection, analysis, and reporting, and it will include discussion of the results of this particular research project. During this project, the research team explored the ways in which state budget cuts impacted the recovery efforts of individuals receiving community mental health services. The team members will provide examples of significant learning regarding their experience, how their experience might impact future professional activities, and how this process could be improved in the future.

2:00 p.m. – 3:30 p.m.
AADA Day of Learning
Counseling Ethics & Legal Issues Academy
Program ID #134, Convention Center, Room 264
Developmental Mentoring for Women in Academic Settings: Ethical Issues, Stage of Life, and Personal Connections
90-Minute Session, Advanced ■
Catherine B. Roland, Jane E. Rheineck, Amy Zavadil, Meghan Lehembre
Mentoring, an exciting, challenging endeavor, is a subset of what counselor educators can do to enhance students’ professional counseling identity. Personal relationships can allow for mentor and mentee to grow, flourish, and add to their lives at each stage/age—and have fun! Ethical boundaries will be discussed through discussion and case study. We will explore the unique issues about mentoring academic women through stages—graduate student through mid-level academic rank—emphasizing ethical and professional responsibilities inherent in that relationship. Relational cultural theoretical constructs fit well with ACA ethical and professional guidelines, pertaining to both the professional and developmental growth of the mentee.

2:00 p.m. – 3:30 p.m.
ACC Day of Learning
Program ID #135, Convention Center, Room 211
Ethics in Creativity in Counseling: Preliminary Report from the ACC Task Force for Ethical Practice of Creativity in Counseling
90-Minute Session, Advanced ■
Stella Beatriz Karl-McClain, Thelma Duffey, Shane Haberstroh, Heather Trepal
The Association for Creativity in Counseling (ACC, a division of ACA) was founded to promote the use of many kinds of creative, experiential, and expressive approaches and interventions in our work as counselors and counselor educators. We believe that effective and innovative counseling practice demands creativity, and we are proud to encourage it. Currently, ACC has initiated a task force to explore and delineate the issues and ethics involved in the use of play, art, dance, music, and other creative activities used in counseling. This session, presented by four current and past presidents of ACC, will discuss the preliminary work of this task force.

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
Disasters That Contaminate: Investigating the Emotional Effects of Sheltering-in-Place
90-Minute Session, Advanced
Stephanie Fariss Dailey
Shelter-in-place (SIP) is a widely publicized emergency response tactic for reducing human exposure to hazardous chemical, biological, or radiological agents in the environment. Whereas considerable literature exists regarding the physical safety of SIP, little information is available regarding emotional effects of this voluntary confinement strategy. This session will address this gap by educating the emotional effects of contamination disasters and SIP. It is based on current research and findings from a live shelter-in-place simulation in which 48 adults sheltered in an enclosed space for 72 hours. Walk away with a better understanding of how citizens and their community cope with a SIP emergency.

Meeting the Unique Needs of Preadolescents:
Parent-Child Relationship Therapy
90-Minute Session
Kristin Meany-Walen, Kara Carnes Holt, Peggy Ceballos
Preadolescents have unique developmental needs different from those of children and adolescents. During this stage of development, parents report feeling uncertain of how to respond and disconnected from their child. Yet, a healthy parent-child relationship is associated with reducing the risks of anti-social behavior, depression, suicidal ideation, and teen pregnancy. Presenters will use videos, activities, a lecture, and a PowerPoint to present a parenting intervention designed to meet the developmental characteristics of this age group and their parents.

Children of Immigrants and Refugees: Lessons and Activities for School Success
90-Minute Session
Graciela L. Orozco, Patricia Van Velsor, Ulash Thakore-Dunlap, My Thanh Mac, Erica Saephan
Counselors and teachers are faced with the challenge of understanding and responding effectively to the psychological needs of immigrant and refugee children. Culturally competent school counselors find creative ways for children to safely explore multicultural concerns. This session will help counselors recognize issues faced by diverse children including the stigma associated with help-seeking services, differences in healing beliefs and values, the stress of family separations, and identity struggles. Panelists will share information, lessons, and hands-on activities that school counselors and professionals can use to support the school success of Southeast Asian refugee children and Latino, South Asian, and Chinese immigrant children.

The Clinical Interview: Themes, Variations, and Solutions
90-Minute Session, Advanced
John Sommers-Flanagan, Sidney Shaw
The clinical interview is a cornerstone of all counseling. Counselors constantly use the interview process to engage in assessment and intervention activities. This session integrates positive, strength-based, solution-focused approaches into two common clinical interviewing procedures: the mental status examination and the suicide assessment interview. Using short video clips, demonstrations, and participant interaction, the presenters will offer hands-on guidance for transforming these two traditional clinical interviewing procedures into positive, strength-based interventions. Additionally, specific protocols for conducting mental status examinations and suicide assessment interviewing will be provided.

Preparing Counselor Trainees To Broach Racial, Ethnic, and Cultural Concerns with Culturally and Linguistically Diverse Clients
90-Minute Session, Advanced
Norma Day-Vines
All too often, counselor trainees observe racial, ethnic, and cultural dynamics during their counseling efforts but struggle to respond effectively to the concerns of their culturally and linguistically diverse clients. This multimedia session addresses...
strategies that counselor educators can use to help counselor trainees broach or address racial and cultural factors during the counseling process. The Continuum of Broaching Behavior will be presented. Videotaped demonstrations of students’ counseling efforts, to identify strategies that counselor educators can use in helping counselor trainees understand when and how to explore the client’s culture specific concerns, will be used.

2:00 p.m. – 3:30 p.m.
Human Development Across the Lifespan Academy
Program ID #143, Convention Center, Room 202
**Psychoneuroimmunology and the Mind-Body Connection: Exploring Gerontological Mental Health as a Life Course Phenomenon**
90-Minute Session, Advanced ▲ ■
Kathryn Z. Douthit, Karen Mackie
The rapidly expanding population of older adults, many of whom will need mental health services, requires special considerations that include the unique developmental conflicts that arise in late life, social and cultural circumstances that present particular challenges for older persons, and mental health problems that arise from lifelong, cumulative hardship and distress. This session will present a model that details the predominant sources of threat to gerontological mental health and will give special attention to the literature in the burgeoning field of psychoneuroimmunology and other mind-body connections impacting mental health in late life. Intervention strategies will be discussed.

2:00 p.m. – 3:30 p.m.
AARC Sponsored Session
Program ID #144, Convention Center, Room 250
**Assessment of Learning Outcomes in Counselor Preparation: A Review of Methods, Software, and Key Artifacts**
90-Minute Session
Carl J. Sheperis, Donna S. Sheperis, Patricia Harris
The assessment of learning outcomes is a critical task for all counselor preparation programs. This session will help prepare you for all phases of the assessment process from the development of measurable outcomes to the analysis of key course artifacts. Specific attention will be given to a review of software available that may aid in the overall assessment of learning outcomes and the program review process. You will have an opportunity to discuss various methods of data collection and related costs.

2:00 p.m. – 3:30 p.m.
Group Work Academy
Program ID #145, Convention Center, Room 251
**Permission To Lead: Fifteen Skills Group Leaders Need To Know**
90-Minute Session, Advanced ■
Ed E. Jacobs, Chris Schimmel, Monica Leppma
Want to feel more comfortable leading groups? This session will focus on an active leadership model with emphasis on skills during the warm-up, working, and closing phases of a session. How to engage the members, use your voice, and use exercises more skillfully will be presented. Also, focus will be on specific skills for dealing with difficult situations and members in a group. Skills for drawing out reluctant members, intervening, and controlling the negative member will be presented. Creative skills and techniques will also be included. Many demonstrations of specific group skills will be presented. Skills presented will be useful for all kinds of groups.

2:00 p.m. – 3:30 p.m.
Couples & Family Counseling Academy
Program ID #147, Convention Center, Room 238
**The Tug-of-War Child: A Creative Approach to Treating Children Involved in High-Conflict Divorces and Custody Disputes**
90-Minute Session, Advanced
Ruth Ouzts Moore, Joshua D. Francis, Ann M. Ordway
Each year, many children are referred to counseling due to the divorce of parents. Unfortunately, some of these children have been negatively influenced by parents to gain leverage in custody disputes. Such influence often results in divided loyalties, estrangements, and alienation for the child. Thus, establishing a therapeutic relationship is challenging. This session will discuss the dynamics of high-conflict divorce. Experiential activities will demonstrate how play-based techniques and creative interventions can be used in individual and family therapy to enhance emotional ties and family bonding. The role of comprehensive assessment, treatment, advocacy, and multidisciplinary collaboration will be emphasized.

2:00 p.m. – 3:30 p.m.
ACA Counseling in Action Demonstration Series
Military Counseling Academy
Program ID #148, Convention Center, Room 260
**Counseling Returning Veterans with PTSD**
90-Minute Session
Larry Ashley
In this counseling session, the counselor will help clients understand how they think about the trauma and its aftermath. The goal is to understand how certain thoughts about the trauma cause stress and make the symptoms worse. The client will learn to identify thoughts about the world and self that are making him or her feel afraid or upset. With the help of the counselor, the client will learn to replace these thoughts with more accurate and less distressing thoughts. The client will also learn ways to cope with feelings such as anger, guilt, and fear.

2:00 p.m. – 3:30 p.m.
Presidential Featured Session
Professional Issues Academy
Program ID #149, Convention Center, Room 206
**Publishing in ACA Refereed Journals: Suggestions from the Council of Editors**
90-Minute Session
Counseling Severely Traumatized Victims: Incorporating Spiritual, Faith, and Religious Issues in Treatment
90-Minute Session, Advanced
Sharon E. Cheston

“Why did God let this happen to me?” Judith Herman, in her 1992 book *Trauma & Recovery*, states that spiritual and religious issues are the first affected by trauma and the last to be resolved. This session provides information about the types of spiritual, religious, faith, and existential issues that arise for severely traumatized clients who experienced interpersonal abuse. The presenter will address different ways of being, understanding, and intervening that can help clients move toward healing. Actual clinical case examples will be presented. Although this content session will deal with the topic of severe interpersonal trauma, generalizing to other types of trauma is possible. Key ethical issues will also be addressed.

Facilitating Career Development Concerns of Transsexual Women and Men During Gender Transition
90-Minute Session, Advanced
Varunee Faii Sangganjanavanich, Jessica Headley

Gender transition is a complex process that entails various challenges, including career development, to transsexual women and men. Counselors are required to be knowledgeable of gender transition in order to create a new paradigm of change in career development services to transsexual clients. The presenters will introduce career development concerns of transsexual women and men during gender transition, current professional and ethical standards and competencies, and practical strategies and resources to assist practitioners in facilitating career development concerns of this population during gender transition. Implications for counselors are discussed.

ACA Client-Focused Research Series
Research Academy
Program ID #153, Convention Center, Room 252

Career Counseling with Undocumented Latino Youth: A Qualitative Analysis of School Counselors
30-Minute Session, Advanced
Cassandra Storlie

The career development trajectory of undocumented Latino youth is irregular and brings unique challenges to school counselors providing career counseling. With the failure of the DREAM Act, undocumented Latino youth continue to struggle in an environment of few career options. As counselors, we are charged with the responsibility to cultivate the career development of all students. This research provides a qualitative analysis of the experience of school counselors working with undocumented Latino youth and provides suggestions for using multicultural career counseling theories with this population. The use of these models may be the key that unlocks the door to healthy career development in undocumented Latino students.

What Graduate Students and New Professionals Need To Know About Humor in Counseling
60-Minute Session
Samuel T. Gladding

Humor is like a knife. It can be either healing or hurtful depending on how it is handled. Humor is negatively correlated with violence, worry, and sleeplessness but it empowers, promotes insight, relieves frustration, and helps build relationships as well. Timing and cultural sensitivity as well as direction and intentionality are crucial factors in using humor in counseling. This session will help graduate students and new professionals look at the multiple dimensions of what humor is and when, where, and how it can be used in counseling.
Friday [Education Sessions]

3:45 p.m. – 4:45 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #156, Convention Center, Room 205

**Building a Counseling Practice To Sell**
60-Minute Session
Anthony J. Centore, Fred Milacci

As counselors approach retirement age, some may wish to sell their practices. Unfortunately, many counselors are finding that their businesses—while they have provided income for many years—are worth little or nothing to potential acquirers. It’s never too early to think about an exit strategy for your business. This session will focus on building counseling businesses that will sell.

3:45 p.m. – 4:45 p.m.
IAAOC Sponsored Session
Program ID #157, Convention Center, Room 233

**H.I.R.E. Model for Assessing and Diagnosing Nonsuicidal Self-Injury**
60-Minute Session
Trevor J. Buser

The H.I.R.E. model was designed to train counselors in assessing key domains of nonsuicidal self-injury (NSSI): History, Interest in Change, Reasons for Engaging in NSSI, and Exposure to Risk. These domains align with the criteria of the proposed DSM-5 diagnostic classification for NSSI. Additionally, the model trains counselors to screen for safety concerns relevant to NSSI, such as severity of self-inflicted harm, concurrent drug or alcohol usage, and addictive features of this behavior for some self-injurers.

3:45 p.m. – 4:45 p.m.
ACA Author Session
Program ID #158, Convention Center, Room 201

**Creating Your Professional Path: Lessons from My Journey**
60-Minute Session
Gerald Corey

This session is based on Gerald Corey’s 2010 book *Creating Your Professional Path: Lessons From My Journey*. Topics will include turning points in the author’s personal and professional journey, the counselor as person and professional, developing a personal perspective on counseling theory and group work, becoming an ethical counselor, being mentored and mentoring others, creating a career in counseling, becoming a writer, and self-care. Questions and participation are invited.

3:45 p.m. – 4:45 p.m.
AMHCA Day of Learning
Clinical Mental Health/Private Practice Academy
Program ID #160, Convention Center, Room 263

**How Clients Can Change Injurious Self-Beliefs: DSM-5 Case Formulations and Treatment Approaches**
60-Minute Session, Advanced
Gray Otis

According to research many disorders correlate directly to clients’ shame self-beliefs. The DSM-5 provides added understanding in diagnosing and treating disorders such as trauma, anxiety, and depression, which relate to the resolute help beliefs. Even though some clients seem unresponsive to treatment, counselors can become highly effective in helping individuals understand subconscious shame constructs and then transform them into enduringly beneficial perceptions of self. This session offers a model of case formulations for DSM-5 disorders and integrative treatment approaches for client resilience and interpersonal effectiveness through compellingly constructive self-conceptualizations.

3:45 p.m. – 4:45 p.m.
AADA Day of Learning
Human Development Across the Lifespan Academy
Program ID #161, Convention Center, Room 264

**Becoming Ourselves: Women’s Issues at Midlife and Beyond**
60-Minute Session
Radha Janis Horton-Parker, Carolyn A. Greer, Jill Dustin

What do women want—at midlife and beyond? This session will focus on several topics that impact women across the lifespan. First, we will delve into the intricate relationship between spirituality and sexuality in mature women, and will explore how spiritual factors can hinder and/or enhance women’s sexual experience. Next, we will consider the plethora of career issues that may emerge for women at midlife and we beyond, including the achievement of a satisfying retirement.

3:45 p.m. – 4:45 p.m.
ACC Day of Learning
Wellness Academy
Child & Adolescent Counseling Academy
Program ID #162, Convention Center, Room 211

**The Counseling Garden: Nature-Related Activities To Use with Children and Adolescents**

Michael C. Lazarchick, William S. Fenson

Hear the latest best facts on change in the workforce. What is emerging in response to the economic downturn? How is the labor market evolving? What are the trends? Where are the jobs? Expect an interactive, lively discussion, jam-packed with exciting information. Presenters will entertain the audience while translating complex issues into an easy-to-understand format and weaving the concept of wellness and the themes of making money and economic resilience.
60-Minute Session  ■
Jacqueline M. Swank, Sang Min Shin, Rachel Henesy
Nature provides an engaging environment that promotes healing and fosters therapeutic change. This session focuses on the use of gardening and nature activities to promote coping skills, problem-solving skills, and a healthy self-esteem. Learn a variety of nature-related techniques to use in working with children and adolescents. Additionally, the presenter will discuss research related to the use of these techniques with youth.

3:45 p.m. – 4:45 p.m.
ACEG Sponsored Session
Military Counseling Academy
Counseling Theory Academy
Program ID #163, Convention Center, Room 212
Counselors Helping Combat Veterans and Their Families by Doing What We Do Best
60-Minute Session  ■
David L. Fenell
Counselors have unique skills that make them particularly effective in helping combat veterans and their families. However, insufficient attention has been given to the potential positive impact of a developmental, contextual, wellness-based, and interpersonal approach to helping. This session is designed to fill this gap. The presenter, a counselor educator and retired Army mental health officer with combat tours in Afghanistan and Iraq, will describe psychological problems encountered by returning veterans along with several current approaches used to help them. Then he will describe how counselors can help veterans and their families using contextual normalization theory, an approach that capitalizes on the core skills of professional counselors.

3:45 p.m. – 4:45 p.m.
IAMFC Sponsored Session
Counseling Ethics & Legal Issues Academy
Couples & Family Counseling Academy
Program ID #164, Convention Center, Room 236
Family Counseling: Some Ethical Issues
60-Minute Session  ■
Loretta J. Bradley, Bret Hendricks, Peggy P. Whiting
This session will focus on ethics; such topics as confidentiality, informed consent, death of client, and client will are the focal topics. Using a case study, multicultural and advocacy issues will be discussed as well as implementation of codes of ethics (e.g., IAMFC, ACA). You will have an opportunity to discuss a counseling case. During the discussion, focus will be directed on implementing ethical codes and avoiding ethical and legal dilemmas. Handouts will be provided.

We want to know what you think!
Visit the kiosks near registration to complete conference survey

3:45 p.m. – 4:45 p.m.
Program ID #165, Convention Center, Room 207
Clinical Techniques for Managing Suicidal Clients
60-Minute Session, Advanced  ■
Darcy Haag Granello, Paul F. Granello
Suicide is the forth leading cause of death among adults aged 15–54, yet the average amount of time spent on suicide in counselor education programs is less than one hour. This session will provide counselors in all types of settings with concrete, practical information on suicide risk assessment and a seven-step model for intervention with suicidal clients. Participants will be given extensive resources to conduct culturally and developmentally appropriate risk assessments as well as intervention guidelines for making clinical decisions. Walk away with specific skills and strategies you can use immediately in work with clients.

3:45 p.m. – 4:45 p.m.
Research Academy
Program ID #166, Convention Center, Room 208
Counselor Educators and Local Schools Unite: “How To’s” for Research That Also Provides Service-Learning Opportunities
60-Minute Session
Sue C. Bratton, Dalena Dillman Taylor, Katherine Purswell
Counselor educators are expected to conduct high-quality research that results in publication. The current climate dictates that counselors conduct research that results in evidence-based practice. This session provides a step-by-step guide proven successful in developing effective university–school district partnerships that not only allow counselor educators to carry out cutting-edge outcome research with large sample sizes, but also provide service-learning opportunities for advanced master’s and doctoral-level counseling students to obtain experience with historically underserved populations of school-age children. Summaries of outcome studies featuring a variety of quantitative and qualitative research designs will be presented.

3:45 p.m. – 4:45 p.m.
School Counseling Academy
Program ID #167, Convention Center, Room 230
High School Students’ Career Planning: Fostering School Engagement and Hope for the Future
60-Minute Session
Jerry Trusty, Spencer G. Niles, Julie Cerrito
This session will focus on the educational and career planning of high school and college students. Educational and career planning is an important social justice issue. You will learn about various approaches and models of education-career planning. Results from a study of recent high school graduates’ perceptions of an Internet-based career planning system will be presented. Participants will share successes and challenges in providing effective career planning and will brainstorm student/client-focused interventions and system-focused interventions (e.g., school policy changes) toward more effective education-career planning in their counseling settings.
3:45 p.m. – 4:45 p.m.
Multicultural and International Counseling Academy
Program ID #168, Convention Center, Room 231

International Counseling Outreach Effort in Bhutan: Reflections from a Panel of Counselors and Educators
60-Minute Session, Advanced
Lorraine J. Guth, J. Scott Hinkle, Theodore P. Remley, Jr., Howard Kirschenbaum
This interactive session will overview the history of how the National Board of Certified Counselors International developed a collaborative relationship with key leaders in Bhutan to bring counseling to the country; the process of organizing the first Thunder Dragon Institute where counselors from the United States went to Bhutan to provide service; and the experiences of members of the delegation who worked to establish counseling in a school, an inpatient psychiatric hospital, a university counseling center, and a women’s center. This session will also showcase cultural considerations and implications for counseling practice and training in Bhutan and the United States.

3:45 p.m. – 4:45 p.m.
LGBTQ Academy
Program ID #169, Convention Center, Room 203

Moving Counseling Forward on LGB and Transgender Issues: Speaking Queerly on Discourses and Microaggressions
60-Minute Session, Advanced
Lance C. Smith
Using a case example, we will explore how the counseling fields’ participation in the discourse of heterosexist dominance fosters microaggressions toward sexual and gender-transgressive minorities. Specifically, we will deconstruct four linguistic assumptions of the discourse of heterosexist dominance: (a) the sex/gender binary, (b) decontextualized disposition language of homophobia, (c) hierarchical disposition language of affirmation, and (d) gendered pronouns. We will also examine how these assumptions influence egalitarian, well-intended counselors to engage in microvalidations of LGB and transgender clients. Implications regarding more effective practice, training, and research will be explored.

3:45 p.m. – 4:45 p.m.
Counseling Theory Academy
Program ID #170, Convention Center, Room 202

The Personal Is Political: Applying Feminist Techniques in Practice
60-Minute Session, Advanced
Joanne Jodry, Kathleen Armstrong McCleskey
This interactive session will allow the counselor to learn feminist counseling techniques consistent with feminist theory and feminist principles. This advanced session will allow the counselor, who already has a basic knowledge of feminist counseling theory, to integrate theory and practice. Egalitarian relationships will be discussed in a multicultural context with emphasis on multiple oppressions and privilege and how these concepts can be integrated into potential techniques. A collective discussion will review the vantage points surrounding putting technical constructs to feminist theory.

3:45 p.m. – 4:45 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #171, Convention Center, Room 250

Obesity Is Not New—Addressing It in Counseling Is
60-Minute Session, Advanced
Judith R. Warchal, Paul L. West
Counselors can no longer ignore the obesity crisis, which affects 35% of adults and 17% of children/adolescents in the United States (CDC, 2012). Counselors working with clients who have obesity must address a myriad of issues including behavior change, isolation, depression, low self-esteem, body dissatisfaction, education and job discrimination, family interventions, bullying, and medical illnesses that accompany obesity. To empower clients to make sustained lifestyle changes, counselors must first recognize and acknowledge their own countertransference issues regarding obesity. The session will include an opportunity for counselor self-assessment of bias toward obesity.

3:45 p.m. – 4:45 p.m.
Program ID #172, Convention Center, Room 251

Person-Centered Diagnosis and Treatment in Mental Health: A Model for Empowering Clients
60-Minute Session, Advanced
Peter D. Ladd
Clients with mental health conditions are often diagnosed and treated using a strictly medical model of diagnosis, with little input from the client themselves. This session takes a person-centered, holistic approach to diagnosis and treatment, seeing the client as the unrecognized expert on their condition and encouraging their collaboration. This qualitative approach aims to find meaning in the experiences of the client, exploring the reasons behind their feelings and behavior and taking the whole person into account. Designed to complement DSM assessments, the manual covers several different conditions including ADHD, depression, bulimia, and OCD, as well as mental health “patterns” such as abuse, bullying, violence, and loss.

3:45 p.m. – 4:45 p.m.
Multicultural and International Counseling Academy
Program ID #173, Convention Center, Room 237

Counseling Transracial Adult Adopted Persons: Diversity and Lifespan Interventions
60-Minute Session
Susan Branco Alvarado
Current estimates indicate that 1 and 6 persons have some connection to adoption. Additionally, adopted persons appear more in youth and adolescent residential and community mental health centers. Counselors working in private practice or in community mental health centers need foundational information to best serve transracial adult adopted populations.
This session will provide theoretical knowledge on adoption-related developmental tasks, counseling interventions to address these tasks, and case video examples to practice treatment planning. Gain a better understanding to develop effective treatment plans for this population.

3:45 p.m. – 4:45 p.m.
Counselor Education & Supervision Academy
Program ID #174, Convention Center, Room 238
Themes in School Counselor Development and Identity
60-Minute Session
Kelly Kozlowski
There are many supervision and developmental models for clinical mental health counselors, all of which are applied and assumed to fit developing school counselors. New supervision models for school counselors have been developed but there has been little research on development models. This session will share unique factors that influence the development of school counselors and how these findings impact the training and supervision of school counselors. Suggestions and sample practices of how to address these unique needs will be shared.

3:45 p.m. – 4:45 p.m.
Multicultural and International Counseling Academy
Program ID #175, Convention Center, Room 234
An Ecological Frame of Retention and Attrition of Low-Income Mothers: Strategies and Policies To Improve Services
60-Minute Session
Katy Haynes Owen
Using ecological theory, the attrition and retention of low-income mothers in mental health services will be conceptualized. Barriers and benefits specific to this population will be addressed as well as practical steps that professionals can utilize to help retain low-income mothers in mental health services (as well as engaging parents of minors in treatment).

3:45 p.m. – 4:45 p.m.
ACA Counseling in Action Demonstration Series
Counselor Education and Supervision Academy
Program ID #177, Convention Center, Room 260
Remediation Planning for Graduate Students Refusing To Counsel Specific Populations
60-Minute Session
Perry C. Francis
Recent court cases (Ward v. Wilbanks et al., 2009, and Keaton v. ASU, 2010) have highlighted that some counseling students are struggling with the concept of how to bracket off their personal values when counseling clients whose values and/or behavior conflicts with their own. In many of these cases, the students are seeking to provide the best care for the clients by not treating them out of fear that they might not be competent or that their values may adversely influence the therapy they offer.

This session will show how one counselor educator approaches just such a student who has stated in class that she would refer a client whose behavior she found violated her personal values. It will focus on approaching the student in a nonjudgmental fashion, seeking to offer the student new ways to think while respecting her value system and learning about the values of the counseling profession.

3:45 p.m. – 4:45 p.m.
School Counseling Academy
Program ID #178, Convention Center, Room 252
No Place To Call Home: School Counselors’ Roles in Ensuring the Success of Students Who Are Experiencing Homelessness
60-Minute Session
Stacey Anita Gaenzle
Students who are homeless face barriers in their academic, personal/social, and career development that can be addressed by the school system. In particular, school counselors, as advocates and leaders, are capable of developing systemic practices that support the needs of students who are homeless. In this session, the results of a national study on school counselors’ involvement in interventions and partnership practices to who work with students who are homeless will be described, as well as practical implications for school counselors, counselor educators, and others who work with children and youth who are homeless. Learn the important policies addressing homelessness and learn how to serve students who are homeless.

5:00 p.m. – 6:00 p.m.
Multicultural and International Counseling Academy
Program ID #179, Convention Center, Room 200
Transcultural Competency: Preparing Counselors for a Globally Interconnected World
60-Minute Session, Advanced
Courtland Lee, Dione Mifsud
The 21st century has demonstrated that we live in a globally interconnected world. It is becoming increasingly apparent that professional counselors must develop an international perspective on their helping practices. The training of counselors, therefore, must stress the notion that what happens in any one community in any part of the world must be understood within a larger global context. This session will introduce a collaborative training model for preparing counselors to work in a global context. It will also provide a set of transcultural counseling competencies derived from the training model.

5:00 p.m. – 6:00 p.m.
NCDA Sponsored Session
Counselor Education & Supervision Academy
Program ID #180, Convention Center, Room 232
Strategies for the Next 100! A Celebration of Sharing Innovative Teaching Practices
60-Minute Session
Kevin Glavin, Tracy M. Lara, Melinda Gibbons, Jane Goodman, Sunny Hansen, Varunee Faii Sangganjanavanich, Rebecca Toporek, Mei Tang, Mark C. Relfus

Celebrate the 100th anniversary of the counseling profession by learning new and energizing teaching strategies to train counselors “to empower diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals” (ACA Governing Council, 2010).

5:00 p.m. – 6:00 p.m.
Presidential Featured Session
Multicultural and International Counseling Academy
Program ID #181, Convention Center, Room 205

The Internationalization of Professional Counseling: Some Suggestions for Counselors
60-Minute Session

Daya Singh Sandhu, Carol L. Bobby

The major focus of this session is to create professional consciousness about the global issues that impact the field of counseling. The problems related to migration, poverty, wars, violence, and rapid technological changes are posing some new and very serious issues for professional counselors. The newly emerging economic, political, educational, social, and cultural realities also demand mental health professionals to promote social justice and advocacy initiatives worldwide. This session will discuss several different strategies to facilitate the internationalization of counseling to make it responsive to the changing world.

5:00 p.m. – 6:00 p.m.
For Graduate Students and New Professionals Only Session
Program ID #182, Convention Center, Room 233

What Graduate Students and New Professionals Need To Know About the Current State of Multiculturalism
60-Minute Session

Jo-Ann Lippford-Sanders

This seminar, designed for graduate students and new professionals, will discuss the integration of multiculturalism primarily in the United States. Discussion will include expansion of the definition of multiculturalism/diversity, training imperatives, global literacy, social justice, ethical multicultural readiness, self-reflection/action, and outcome-based practice/research. A brief analysis of demographic, social, and political changes in U.S. history/culture contextualizes the current focus toward integrative development of an “inclusive normal.” You will be challenged to embrace multiculturalism and diversity as an essential aspect of becoming a competent counselor.

5:00 p.m. – 6:00 p.m.
ACA Author Session
Counseling Theory Academy
Program ID #183, Convention Center, Room 201

Understanding People in Context: The Ecological Perspective in Counseling

60-Minute Session

Ellen P. Cook

The ecological perspective is an integrative, innovative framework for counseling that encourages systematic consideration of personal, contextual, interactive, and meaning-based features of behavior. In this session, Dr. Cook will provide an overview of her new book on this perspective and discuss its implications for future counseling practice, research, and training. Attendees may discuss the applicability of these ideas to their own frameworks for counseling practice.

5:00 p.m. – 6:00 p.m.
NECA Day of Learning
Career Development/Employment Counseling Academy
Program ID #184, Convention Center, Room 204

Wellness at Work in the 21st Century: Roadmap to Making Money for Economic Resilience, Part II
60-Minute Session, Advanced

Michael C. Lazarchick, William S. Fenson

How do counselors make money and help their clients find success? What is wellness and how do we stay healthy? Learn the essential ingredients of a successful 21st century job search and the art of creating web presence. This session invites further exploration of the wellness concept and further defines the themes of resilience and making money. As the emerging new economy becomes clearer, you will feel entertained while being energized. All your questions will be answered.

5:00 p.m. – 6:00 p.m.
AMHCA Day of Learning
Clinical Mental Health/Private Practice Academy
Program ID #185, Convention Center, Room 263

Culture and Neuroscience: Toward an Integrative Framework for Clinical Mental Health Counseling Practice
60-Minute Session

Linda L. Barclay, Sandra I. Lopez-Baez

Clinical mental health counselors recognize that the greater the cultural distance in the counseling relationship, the more challenging effective clinical practice can become. This session synthesizes relevant principles from neuroscience research with cultural diversity research into an integrative framework for clinical practice. We will use specific case materials to illustrate the application of this framework to clinical assessment, treatment, and the facilitation of effective therapeutic relationships.

5:00 p.m. – 6:00 p.m.
AADA Day of Learning
Couples & Family Counseling Academy
Program ID #186, Convention Center, Room 264

Will You Still Love Me When We’re 64? Marriage and Family Therapy with Older Adults
60-Minute Session

Christine Moll, Patricia Stevens, Robert Dobmeier
Learn about statistics on aging in America and specifically about those who are coming for therapy. We will explore topics that clients may want to discuss, such as physical, financial, and social issues, spirituality, sexuality, caregiving responsibilities, death, and matters related to the mind and brain. You will be provided evidence-based treatment and assessment that inform best practices in working with this population. There will be an opportunity to reflect on personal comfort levels when discussing issues, such as aging and death. Review current research and have an understanding of available resources related to counseling these clients.

5:00 p.m. – 6:00 p.m.
ACC Day of Learning
Counseling Theory Academy
Program ID #187, Convention Center, Room 211
Developmental Relational Counseling: An Integrative Model To Conceptualize Relational Growth and Awareness
60-Minute Session ■
Thelma Duffey, Shane Haberstroh
Learn practical approaches for helping clients navigate relationships and increase their understanding of themselves and others. The presenters will review developmental relational counseling (DRC), an integrative model for working with diverse clients. DRC is founded on Relational Cultural Theory, the Enneagram personality typology, and cognitive and narrative therapies. DRC explores the accuracy of personal awareness and awareness of others, power in relationships, the role of feedback, and distinctive relational styles and their interactions with one another.

5:00 p.m. – 6:00 p.m.
Evidence-Based Practices Academy
School Counseling Academy
Program ID #188, Convention Center, Room 212
CSCORE’s Annual Review of Research: Identifying Best Practices for Counseling in Schools
60-Minute Session, Advanced ▲ ■
Carey Dimmitt, John C. Carey, Karen M. Harrington
The Center for School Counseling Outcome Research and Evaluation provides an in-depth review of cutting-edge outcome research that practicing counselors can use right now to improve their work in schools. This session is designed to meet the needs of school counselors committed to using evidence-based approaches to enhancing the personal/social, career development, and academic achievement needs of their students.

5:00 p.m. – 6:00 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #189, Convention Center, Room 236
Getting Started in Disaster Mental Health
60-Minute Session ■
Gerard Lawson, Jane M. Webber, Michael M. Dubi, Karin Jordan, Fred Bemak
ACA is committed to encouraging and supporting counselors who want to volunteer their time and talent in times of crisis. Disaster mental health can be extraordinarily rewarding, but getting a foot in the door can be daunting or confusing. This session is designed to help participants understand the basic requirements to become a disaster mental health volunteer through a variety of care providers (e.g., American Red Cross, Medical Reserve Corps).

5:00 p.m. – 6:00 p.m.
Chi Sigma Iota Sponsored Session
Wellness Academy
Program ID #190, Convention Center, Room 207
Social Equality, Social Interest, and Wellness: The Practitioner’s Challenge of Today
60-Minute Session, Advanced ■
Thomas J. Sweeney
Among the approaches to counseling interventions, one stands out for its appropriateness to promoting social equality, social interest, and wellness. At the turn of the last century, the philosophy, psychology, and methods of Dr. Alfred Adler laid the foundation. Its best advocate, Rudolf Dreikurs, gave practitioners the tools to achieve these lofty goals. This session will highlight the essential elements that contribute to its success and illustrate its applications with children, adults, and older persons. Wellness is one of its ultimate outcomes.

5:00 p.m. – 6:00 p.m.
Program ID #191, Convention Center, Room 208
Cyber Grieving: The Role of Social Media in Addressing Grief, Loss, and Complicated Mourning
60-Minute Session ■
Michael M. Kocet, Amanda K. Brace
Social media has played a significant and influential role in society today, impacting ways people communicate and develop social communities. The use of social media is also witness to what can be called “cyber grieving.” Through tools like Facebook, Twitter, online condolences books, and virtual memorials, people are expressing their grief in new ways using technology. Clients experiencing complicated mourning may be afraid to turn to traditional forms of help and, due to disenfranchised losses (such as infidelity, suicide, and homicide), will seek out virtual communities and resources online. This interactive session will provide practitioners with tools to assist clients in expressing their grief in healthy ways using social media.

5:00 p.m. – 6:00 p.m.
Social Justice Academy
Program ID #192, Convention Center, Room 230
Social Advocacy at the Microlevel: Working With Clients’ Racial and Other Prejudices in the Context of Individual Therapy
60-Minute Session ■
Bailey Price MacLeod
Social justice is considered the fifth force in counseling and has largely been aimed toward advocating for oppressed individuals and groups by creating change in the societal structures that maintain oppression. However, little attention has been given to the need to work with clients, especially those who hold power in society, who express biases and prejudices that may come up in the process of therapy. This session will outline assessment and intervention considerations for counselors to deal directly with clients’ prejudicial attitudes that are informed by social justice counseling, racial identity, and therapeutic dynamics to promote individual and social change.

5:00 p.m. – 6:00 p.m.
Military Counseling Academy
Program ID #193, Convention Center, Room 231

Creativity as a Balm for Ambiguity: Using Creative Family Counseling Interventions with Military Families
60-Minute Session ■
Karena Heyward, Esther Benoit, Katherine M. Hermann, Courtney M. Holmes, Jessica Lloyd-Hazlett
Military life presents a particular set of stressors unique to the military family. Currently, active duty personnel represent a large, continually growing segment of the population. Focusing counseling interventions on the entire family system is crucial in dealing with stressors of the military lifestyle that are tied to each individual family member as well as the integrated whole. With a governmental call for thousands of new counselors, current and effective practices must be discussed in order to promote effective counseling strategies. This session will provide an overview of military family life stressors and provide creative treatment interventions designed to meet the particular needs present for these extraordinary families.

5:00 p.m. – 6:00 p.m.
College Counseling Academy
Program ID #194, Convention Center, Room 203

The AIM Program: Prevention of and Intervention with Students on Academic Probation
60-Minute Session ■
Barbara Trolley
The Academic Mentoring & Intervention (AIM) program will be discussed as a semester-long intervention for freshmen on academic probation. This session, which incorporates psycho-social-educational aspects of assessment and intervention, can easily be adapted to the secondary school level. In addition, issues of transition for high school students to college and prevention measures are discussed.

5:00 p.m. – 6:00 p.m.
Counseling Adolescents: How To Proceed When Ethics and Law Collide
60-Minute Session, Advanced ■
Kara A. Kaelber
Counseling adolescents can be extremely challenging work. Often cases involving the counseling of adolescents involve controversial issues in which ethics and laws collide. This session will be a working session in which you will critically analyze complicated case studies involving adolescents. Attendees will identify the ethical and legal issues, the potential for the identified ethical and legal issues to conflict with each other, and the determined course of action. Through small-group discussions and dialogue within the larger group, the presenters will provide the opportunity to broaden perspectives and learn to analyze such complicated case studies in a more comprehensive manner in the future.

5:00 p.m. – 6:00 p.m.
Legislative Advocacy: Why and How?
60-Minute Session
Scott Barstow, Art Terrazas, Jessica Eagle
Federal policies affect counselors’ ability to practice. Learn what’s happening on the key policy issues facing the profession, and why it is vitally important that counselors become legislative advocates. The session will also explain how to maximize your effectiveness in communicating with legislators. A question-and-answer session with ACA’s lobbyists will be included.

5:00 p.m. – 6:00 p.m.
Multicultural and International Counseling Academy
Program ID #197, Convention Center, Room 251

Institutionalizing the Recruitment and Retention of Doctoral Students of Color
60-Minute Session, Advanced ▲
Muninder K. Ahluwalia, Kim C. OHalloran, Amanda L. Baden
Although diversity has increased in the United States, White culture continues to be the dominant culture in counselor education. Approximately 90% of counselor educators identify as White American, leaving only 10% of counseling faculty who identify as persons of color. These percentages are disproportionate to the population of the United States and the population of counseling clients. This session will include key themes from the counseling literature on the status of diversity in higher education, a discussion of graduate programs in counseling, and particular attention to doctoral programs in counselor education. Presenters will provide a case example, outline a committee’s work, and provide strategies for a more inclusive climate.

5:00 p.m. – 6:00 p.m.
Multicultural and International Counseling Academy
Program ID #199, Convention Center, Room 238

Research and Training in Counselors’ work With Clients Who Live in Poverty
60-Minute Session, Advanced ■
Susan Stewart Bray
Increasing economic disparity will likely increase the number of clients living in poverty who are seen by counselors. The impact of social class differences, especially with clients who live in poverty, between counselors and their clients remains under-researched and underdiscussed. Information concerning the impact of poverty and other aspects of client identity on the counseling relationship will be discussed. Suggestions for in-class activities and interventions for counselor educators including social class information throughout the counseling curriculum will be provided. Implications for practice, research, and counselor education will be included.

5:00 p.m. – 6:00 p.m.
Multicultural and International Counseling Academy
Program ID #200, Convention Center, Room 234
Planning for the Development of Counseling in Slovakia: History, Recent Developments, and Future Objectives
60-Minute Session, Advanced
Jack D. Simons, Marcela Kepicova
This session will introduce you to the Slovak Republic, one of the youngest countries in Europe with one of the oldest populations. Learn about the development and practice of counseling in the country prior to and after the fall of communism. Presenters will discuss challenges to and recommendations for the advancement of counseling including training programs, and attendees will learn how to effectively counsel the Slovak people in contrast to their geographic neighbors. Panelists will share both personal and professional views in light of the learning objectives. Handouts with a list of relevant websites, professional organizations, and counseling phrases with their translations in the Slovak language will be provided.

5:00 p.m. – 6:00 p.m.
Counselor Education & Supervision Academy
Program ID #201, Convention Center, Room 235
Experiential Learning Abroad as Part of Graduate and Continuing Counselor Education: A National Review
60-Minute Session, Advanced
Olga Rybalkina, Andrea M. Dyben
This session will focus on experiential learning abroad as a means to foster intercultural competencies of graduate counseling students and alumni. Through the findings of a research project, the participants will learn about international immersion experiences offered by graduate programs nationwide. Challenges and opportunities in introducing experiential learning to the curriculum will be discussed. Paths to partnership among the programs interested in developing such projects will be explored. Counselor educators, students, counselors whose international experiences enhanced their cultural competence, and those who seek such experiences as a part of continuing education will find the program relevant, informative, and stimulating.

5:00 p.m. – 6:00 p.m.
ARCA Sponsored Session
Program ID #202, Convention Center, Room 261
Utilization of Social Media and Social Networking in Job-Seeking Skills Training with Persons with Blindness or Low Vision
60-Minute Session
Kelcie Spencer Douglas, Jennipher Wiebold
This session will review traditional job seeking skills models while also differentiating the concepts of social media and social networking. Results of an exploratory study investigating the use of social media and social networking in job seeking skills training for persons with blindness and low vision will be presented, and an innovative job seeking skills training model will be introduced.

5:00 p.m. – 6:00 p.m.
Child & Adolescent Counseling Academy
Program ID #203, Convention Center, Room 252
Cyber Challenged: Working With Adolescents To Survive the Disasters of Rapidly Evolving Technology
60-Minute Session
Thomas Arbaugh, Jr.
Sexting, cyber-bullying, and the misuse of technology can place adolescents at risk for tremendous harm. This session will introduce counselors to the typical ways that teenagers use texting, Skype, social media sites, and the Internet, both negatively and positively. Relevant research will be discussed and case examples of ethical dilemmas will be presented for discussion. Audience-initiated conversations grounded in client experiences with cyber-bullying and sexting will be encouraged. This session will help counselors engage adolescent clients in open conversations about technology use that encourage healthy decision-making, positive self-image, and personal responsibility.

SATURDAY • MARCH 23

10:30 a.m. – 11:00 a.m.
ACA Client-Focused Research Session
Research Academy
Program ID #204, Convention Center, Room 252
Verifying a Mathematical Model of the Therapeutic Relationship
30-Minute Session, Advanced
Paul Peluso
The success of therapy depends on the nature of the therapeutic relationship between a therapist and a client. Studies have sought to identify the most essential elements of this relationship. However, the essential elements and the dynamics of how this relationship works are not yet fully understood. Presenters have previously published two articles on the theoretical modeling of this relationship, and they will
present new findings based on actual videotaped interactions that simulated the therapeutic relationship using a dynamical systems approach, as well as present preliminary findings from actual psychotherapy sessions that have been recorded.

10:30 a.m. – 12:00 p.m.
Couples & Family Counseling Academy
Program ID #205, Convention Center, Room 200
How To Listen So Parents Will Talk and Talk So Parents Will Listen
90-Minute Session, Advanced ▲ ■
John Sommers-Flanagan, Sara Polanchek
Many counseling professionals dread working with parents. This is partly because parents (or other caregivers) often have strong opinions, are picky consumers, and can be very defensive—especially when in the presence of a helping professional. Fortunately, there are a number of key counselor attitudes, strategies, and skills for managing parent defensiveness and helping you help parents become better parents. This session is designed for counseling professionals who work directly with parents. Learn specific strategies for how to exert a positive influence on parents … and how to help parents become a more positive influence in the lives of their children.

10:30 a.m. – 12:00 p.m.
AMCD Sponsored Session
Program ID #206, Convention Center, Room 232
Surviving Academia: Strategies for Scholars of Color
90-Minute Session, Advanced ▲
Kimberly Frazier, Courtland C. Lee
The consistent low numbers of minority faculty being granted tenure in academia as well as students of color being granted doctorates are alarming and threaten the future of diversity of counselor educators and students in the profession. Large numbers of minority faculty report stories of lack of mentorship and direction, while being bullied and isolated in academia.

10:30 a.m. – 12:00 p.m.
Presidential Featured Session
Wellness Academy
Program ID #207, Convention Center, Room 205
The Inner Life of the Counselor: Preventing Secondary Stress, Increasing Resilience, and Maintaining a Healthy Perspective
90-Minute Session, Advanced ▲ ■
Robert J. Wicks
One of the greatest gifts that counselors can share with their clients is a sense of their own peace. However, they can’t share what they don’t have. By discussing psychological approaches to maintaining inner strength and the prevention of secondary stress, the presenter will offer insights into how counselors can maintain a greater sense of perspective and, in turn, extend their warmth to others without losing their own inner fire in the process. Topics will include limiting chronic and acute secondary stress, developing a self-care protocol, knowing the “voices” we need in one’s circle of friends to maintain balance and passion in life, and how to incorporate the wisdom of mindfulness in one’s self-care efforts.

10:30 a.m. – 12:00 p.m.
Presidential Featured Session
Professional Issues Academy
Program ID #208, Convention Center, Room 233
Keeping Up with the Counseling Profession: Current Issues on the National Level
90-Minute Session ■
David Kaplan, Scott Barstow, Janis Manalang
ACA wants to help you stay up to date with current issues on the national level. ACA’s chief professional officer and director of public policy and legislation will discuss attempts to discriminate against LGBTQ clients, the new consensus definition of counseling, the latest on the DSM-5 revision, alternative counselor education credentialing, licensure portability efforts, the ACA Code of Ethics revision, the implementation of laws mandating counselor employment and reimbursement for active military and veterans, Medicare reimbursement, the current status of federal funding for school counselors, and other current seminal issues as time permits.

10:30 a.m. – 12:00 p.m.
ACA Author Session
Clinical Mental Health/Private Practice Academy
Program ID #209, Convention Center, Room 201
Eating Disorders and Obesity: Assessment, Prevention, and Treatment Essentials
90-Minute Session
Laura H. Choate, Mary Hermann, Kim Hurst, Regine Tallyrand, Heather Trepal
Despite increased awareness of eating disorders and obesity in recent years, rates of body dissatisfaction, disordered eating, obesity, and problems with body weight and shape continue to grow. Based on the ACA book Eating Disorders and Obesity: A Counselor’s Guide to Prevention and Treatment, essential information regarding assessment and culturally sensitive conceptualization, effective prevention programs, and evidence-based treatments that span the continuum of care for clients experiencing eating-related problems will be discussed.

10:30 a.m. – 12:00 p.m.
Program ID #210, Convention Center, Room 204
Working with Religious and Spiritual Counter-Transfer in Counseling: Cultivating Counselor Self-Awareness
90-Minute Session ■
Elaine Joyce Casquarelli, Kathleen M. Fallon, Kevin A. Tate, Karen Mackie
Spiritual and religious elements of life are central to many of our clients and students. Therefore, it is important to honor
their spiritual values and experiences in our professional relationship with them. We can begin by increasing self-awareness of our own spiritual values and our counter-transference reactions to multiple faith systems. In a safe and supportive environment, this experiential session will use journaling and guided visualization to explore our responses to multiple expressions of faith. We will discuss ways of being more present and empathic to our religious and spiritual clients, in a way that honors their journeys.

10:30 a.m. – 12:00 p.m.
ACHA Day of Learning
College Counseling Academy
Program ID #211, Convention Center, Room 263

Ethics and Social Media in College Counseling
90-Minute Session
Hugh C. Francis, MJ Raleigh
Social media and web-based services are an integral part of college students’ lives. Friending, texting, and other forms of communication are readily acceptable ways to interact with friends, professors, and administrators. The 2005 ethics do not address this issue in depth and the ethics revision is looking at this issue in greater detail. This session will address what the college counselor needs to know today about social media, counseling, and current and future ethics within counseling.

10:30 a.m. – 12:00 p.m.
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #212, Convention Center, Room 264

Gender, Affectional Orientation, and Empowering Language in Counseling and Society
90-Minute Session
Hugh C. Crethar, Tonya Hammer, Amney J. Harper
As counselors, the majority of service rendered to our clientele is via the language we use and through the relationships we foster. In a society that is becoming increasingly diverse, counselors must develop an awareness of the power of language accompanied by a consistently improved knowledge base of empowering language. This session will first focus on the intersection of bias and accompanying marginalization and oppression based on gender and affectional orientation. Explore the constructs of empowering and disempowering language, and possibly develop new ideas for application of these constructs in our field and the opportunity to explore the connections between sexism, genderism, and heterosexism in society.

10:30 a.m. – 12:00 p.m.
ASGW Day of Learning
Child & Adolescent Counseling Academy
Program ID #213, Convention Center, Room 211

Imaginable Outcomes and Empowered Youth Programs—Directing the Educational and Life Trajectories of Adolescents of Color
90-Minute Session

Deryl Flynn Bailey
Empowered Youth Programs (EYP) is an enrichment program that aims to develop and nurture academic and social excellence in children and adolescents. EYP was originally developed to meet the needs of struggling African American male high school students but has evolved into a program for children and adolescents (boys and girls) in grades PK–12th grade and is open to students from all cultural and racial backgrounds. Participants will learn the potential outcomes and challenges that come with implementing the Empowered Youth Programs model in schools and communities. Information regarding the benefits for counseling graduate students and potential funding sources will also be discussed.

10:30 a.m. – 12:00 p.m.
AHC Wellness Center
Wellness Academy
Program ID #214, Convention Center, Room 212

Increasing Personal Energy and Wellness
90-Minute Session
Michael C. Lazarchick
Explore “Holistic Integrity,” the interplay of body, mind, and spirit. A short lecture and discussion will be augmented with experiential processes. We’ll experience light exercise and stretching, and explore universal energy, inspirational thought, Qigong, a little yoga, mindfulness meditation, and sound. You will be entertained while we cover a variety of concepts that enhance understanding of physical, mental, and spiritual well-being. Dress comfortably. This is an interactive session. Expect to have fun and be energized.

10:30 a.m. – 12:00 p.m.
CSJ Day of Learning
Social Justice Academy
Program ID #215, Convention Center, Room 236

Deconstructing Mental Health Disparities and Social Justice in Action: A Nexus of Counseling Professionals
90-Minute Session, Advanced
Tara Jungersen, Sadohl Jones, Quiteya Walker, Arie Greenleaf, Joseph Williams
Disparities between persons needing mental health care and those accessing and adhering to care exist in multiple counseling settings. Most counseling professionals recognize failures in our mental health safety net and appreciate the need for advocacy. Yet, advocacy discussions are largely theoretical and lack practical applications to counselors’ daily responsibilities. This session will outline practical strategies used by diverse counselors to remedy these disparities. Professional counselors from community, private practice, school, rehabilitation, and counselor education settings will present strategies that address systemic health disparities with regard to diversity and ethics.
10:30 a.m. – 12:00 p.m.
Research Mentorship: Advancing Our Scholarly Agenda
90-Minute Session
Kelly L. Wester, Laura Welfare, Amanda Giordano
Research continues to be a topic of discussion in our field in terms of how to make research impactful and meaningful to counselors, clients, supervisors, supervisors, and students. Many debates have been forged regarding what is needed in research and if counselors are conducting socially valid research. In this process, research competencies and research mentorship guidelines have been developed for the counseling field. A conversation of the need to continue and advance research in our field, what we are currently doing, and what next steps should be will be discussed from the perspective of the panel and empirical research. In addition, discussions of how to do this through research mentorship will be provided.

10:30 a.m. – 12:00 p.m.
How To Deal with Groups? Stages of Group Development and Reality Therapy Techniques
90-Minute Session, Advanced ■
Robert E. Wubbolding
Take-home techniques and advanced skills highlight this session. A group counseling role-play demonstration of research-based skills will illustrate the advanced use of the WDEP (wants, doing, self-evaluation, planning) system of reality therapy. Interventions appropriately applied to four stages of group development will be illustrated. Culture-centered issues will be discussed along with five basic human motivators and their application to a diverse group. Learn to infuse multicultural competencies into group counseling using reality therapy. Practicality and immediate usability are among the benefits derived from the group counseling demonstration and discussion.

10:30 a.m. – 12:00 p.m.
The National Career Development Association Centennial Program
90-Minute Session
Mark Savickas, Jane Goodman, Mark Pope
To mark the centennial of the National Career Development Association, the presenters will outline the evolution of career intervention and its place in the counseling profession during the last hundred years; discuss how career counseling principles and practices have served social justice initiatives; and describe 25 essential ideas that have structured the practice of career counseling.
direct the work of the SRC in creating the second public draft of the 2016 Standards.

10:30 a.m. – 12:00 p.m.
IAAOC Sponsored Session
Program ID #222, Convention Center, Room 250

IAAOC Graduate Student Carousel: Research to Practice
90-Minute Session
Geneva Gray, Connie Jones, M. Kristina Depue, Rachael Parkins, Amanda Pitchko, Kristy Carlisle, Robert Carlisle, Lauren Walker, Regina Moro

Graduate students who are interested in addictions/offender counseling will present their research on a range of topics. Issues addressed will include substance abuse prevention programs for at-risk students, the relationship between addictions and homelessness, process addictions such as eating disorders and sexual addiction, the “bottoming out” experience, addiction among adopted children, and nature-based clinical interventions (e.g., adventure-based counseling) for addictions counseling, among others. The format of the session will be an interactive carousel format, where you can speak individually with the presenters.

10:30 a.m. – 12:00 p.m.
Counseling Ethics & Legal Issues Academy
Program ID #223, Convention Center, Room 251

Current Trends in Ethics: A Discussion with the ACA Ethics Committee
90-Minute Session
Kathryn L. Henderson, Michael J. Walsh, Gerra W. Perkins, Susan Norris Huss, Shawn Spurgeon

Members of the ACA Ethics Committee and the ACA director of ethics and professional standards will present as a panel on trends in ethical issues that have been addressed by the committee. Common ethical issues presented will include: social media and technology, the duty to warn and breaching confidentiality, and the appropriate referral of clients. The role of informal resolution during ethical conflicts between members will be discussed. Common challenges in interpreting the code will be reviewed through a discussion pertaining to the purpose of the Ethical Code Revision Task Force. Participate in a question-and-answer session related to ethical standards and common concerns.

10:30 a.m. – 12:00 p.m.
ACA Counseling in Action Demonstration Series
Group Work Academy
Program ID #226, Convention Center, Room 260

Promoting Growth Within a Group: Performing in the Here and Now
90-Minute Session
Samuel T. Gladding

This live demonstration of a simulated counseling group in the performing stage of a group will focus on how growth can be fostered within the group both by the group counselor and group members. The emphasis will be twofold. The first will be on group leader skills that promote interaction, connectivity, and cohesiveness such as active listening, linking, reflecting, confronting, supporting, and summarizing. The second will be on the power of group members to be helpful and of assistance to other members and how the environment created within the group can be beneficially therapeutic for members struggling with such issues as loss, indecision, anxiety, and regret.

11:30 a.m. – 12:00 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #230, Convention Center, Room 252

A Pilot Study of Neurofeedback, fMRI, and the Default Mode Network: Implications for the Treatment of ADHD
30-Minute Session, Advanced
Lori A. Russell-Chapin, Theodore J. Chapin

Results of a new research study demonstrating the efficacy of neurofeedback and fMRI on the default mode network in the brain with children diagnosed with attention deficit hyperactivity disorder (ADHD) will be offered. Implications for the treatment of ADHD will be discussed, and the importance of regulating this reflective and resting-state portion of the brain will be emphasized.

2:00 p.m. – 3:30 p.m.
Chi Sigma Iota Sponsored Session
Multicultural and International Counseling Academy
Program ID #232, Convention Center, Room 200

Counseling Around the World
90-Minute Session
This session provides an updated overview of the proposed DSM-5 changes as they impact spiritual issues across a myriad of counseling settings and with a diverse client population. The presenters will focus on the spiritual implications of these pending diagnostic changes and will cover relevant ethical concerns that may arise. Attendees will leave with an understanding of the potential changes in service delivery and the concomitant impact on client spirituality and religion that covers variances in belief systems and client demographics.

2:00 p.m. – 3:30 p.m.
ACA Author Session
School Counseling Academy
Program ID #236, Convention Center, Room 201
New Perspectives on Comprehensive School Guidance and Counseling Programs
90-Minute Session
Norman C. Gysbers, Patricia Henderson
Based on the new edition of the authors’ bestselling book Developing & Managing Your School Guidance & Counseling Program, the first part of this session will describe the evolution and current status of comprehensive school guidance and counseling programs. New perspectives on comprehensive guidance and counseling programs will then be described, including leadership strategies to meet students’ mental health needs and advocacy strategies on behalf of diverse student populations.

2:00 p.m. – 3:30 p.m.
School Counseling Academy
Program ID #237, Convention Center, Room 204
Stop and Think: How’s It Going? Children’s Understanding of Mental Illness, Related Stigma, and Bullying
90-Minute Session
Judy A. Schmidt
The prevalence of bullying and stigma toward children with mental illness continues to increase. It is crucial for counselors to understand how children perceive mental illness and to learn appropriate intervention strategies to educate children in order to create a safe and supportive school environment. Children’s understanding of mental illness and the resulting stigma will be reviewed. This session will present findings from a three-year study of how third- and fourth-grade children define mental illness and stigma, which influences their interactions with children at risk for mental illness. Implications for using this information for bullying prevention in schools will be presented along with recommendations for future research.

2:00 p.m. – 3:30 p.m.
Acca Day of Learning
College Counseling Academy
Program ID #238, Convention Center, Room 263
Case Management: What Your Counseling Center Needs and You Don’t Even Know It
90-Minute Session

Saturday [Education Sessions]
Josh Gunn, Marcy Stidum
College counseling centers are increasingly developing case management programs to address high student demand and increasing symptom severity. Case management offers a holistic approach to student mental health that enhances the traditional counseling center model. Case managers work with on- and off-campus services to facilitate the referral, treatment, and follow-up process. This is especially helpful when working with students needing multiple interventions (e.g., counseling, addiction, psychiatric, social services). This session will provide knowledge and skills to develop a case management program aimed at increasing the number of students and presenting issues that can be addressed at your center.

2:00 p.m. – 3:30 p.m.
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #239, Convention Center, Room 264
The ALGBTIC Competencies for Counseling with LGQQIA Individuals
90-Minute Session ■
Pete Finnerty, Anmey J. Harper, Anneliese A. Singh, Hugh Crethar, Amanda K. Brace, Brandon Harper, Michael Kocet
The ALGBTIC Competencies for Counseling with LGQQIA Individuals was recently approved after three years of continual work conducted by the Competencies Task Force. Task force members will discuss the creation of, structure, and implementation of these competencies through lecture and discussion. If you desire to understand and become more clinically sound in working with LGQQIA populations, this session and the Competencies are for you. Learn about multiple angles for approaching clients and conducting effective therapy, programs, and instruction.

2:00 p.m. – 3:30 p.m.
ASGW Day of Learning
Group Work Academy
Program ID #240, Convention Center, Room 211
Group Work for Personal Growth
90-Minute Session ■
Sam Steen, Sheri Bauman
This live demonstration of a counseling group in the working stage will focus on promoting interaction, cohesion, and growth in a single session. The leaders will facilitate a process-oriented session in which members will increase self-awareness while valuing differences among members.

2:00 p.m. – 3:30 p.m.
AHC Wellness Center
Wellness Academy
Program ID #241, Convention Center, Room 212
The Wellness Journey
90-Minute Session
Janet WindWalker Jones
This session is based in a metaphysical orientation that fosters honoring both the “me” and the “we” in all of us, in relationship and balance with all our relations. It focuses on giving, loving, serene acceptance and resolve; it demonstrates respectful behavior toward all our relations. It models ways we can modify our inward journey to bring all our relationships into balance with creation using storytelling, meditation, sharing, resolution building, and ceremony. It offers the possibility for ongoing connectivity and support networking with others in the circle. This session is conducted in a way that requires attendance at the beginning and remaining for the full session.

2:00 p.m. – 3:30 p.m.
CSJ Day of Learning
Program ID #242, Convention Center, Room 236
Advocating for LGBTQ Best Practices in AOD Treatment
90-Minute Session ■
Amber Lange, Tara Hill, James Ruby
LGBTQI individuals seek alcohol and other drug (AOD) treatment at the same rate or higher than the general population. Even though this is the case, many treatment providers are ill prepared to handle the treatment of these populations. Additionally, clients express dissatisfaction with their experience due to a neglect of their unique needs. Presenters will address advocacy needs for these populations as well as 10 applicable treatment considerations.

2:00 p.m. – 3:30 p.m.
ACES Day of Learning
Counselor Education & Supervision Academy
Program ID #243, Convention Center, Room 207
Strength-Based Leadership as a Graduate Student and as a Counselor Educator
90-Minute Session
Jennifer M. Cook, Pamela C. Wells, Carlos P. Hipolito-Delgado, Keith Dempsey, Heather Trepal, Emily Goodman-Scott
To be a counselor educator is to be a leader and each of us has leadership abilities that manifest in different ways throughout our professional journeys, from grad school to new professional. However, “leadership” can sometimes feel like a nebulous term that can feel difficult to define in different, educational contexts. What does it mean to be a leader while you are in your graduate education? What does it mean to be a leader when you leave school and enter the professional environment full-time? Leaders from a variety of university contexts (e.g., research-intensive institutions, teaching-focused institutions) address these issues and share their leadership experiences as graduate students and as current counselor education professionals.

2:00 p.m. – 3:30 p.m.
Research Academy
Program ID #244, Convention Center, Room 208
Mindfulness-Based Practices for Enhancing Counselor Relational Qualities
90-Minute Session ■
Julie Ballinger, Casey A. Barrio Minton  
Mindfulness-based practices are emerging as potential tools for enhancing intraperonial qualities that counselors need to create deeper connections. This session is an introduction to the use of mindfulness-based practices for developing essential inner qualities like empathy, self-compassion, warmth, acceptance, openness to ambiguity, unconditional positive regard, flexibility, and curiosity. Latest research findings from neuroscience and applied settings will be discussed along with results from an eight-week, online mindfulness-based training for counselors. Experience several mindfulness-based practices and receive resources for incorporating these practices into your personal and professional lives.

2:00 p.m. – 3:30 p.m.  
Child & Adolescent Counseling Academy  
Program ID #245, Convention Center, Room 230  
Play Therapy for Urban Elementary School  
Children at Risk of Juvenile Delinquency: Successes, Difficulties, and Process  
90-Minute Session, Advanced • ■  
Jeff L. Cochran, Nancy H. Cochran  
This session features outcome and process data from a five-year study of child-centered play therapy for children at high risk of juvenile delinquency in urban, high-poverty elementary schools. Outcome data include extensive pre-post and timed measures with standardized teacher ratings, and numbers of disciplinary referrals, suspensions, and absences. Case studies help demonstrate mechanisms of change. Challenges and opportunities discovered in the process of services, including funding strategies, are discussed. The project is called REACH and shows the potential for reaching some of the most troubled children and families with effective, lasting, intensive early intervention counseling for children.

2:00 p.m. – 3:30 p.m.  
Program ID #246, Convention Center, Room 231  
Treatment Failures in Counseling: Lessons Learned from Our Biggest Mistakes  
90-Minute Session, Advanced ■  
Jeffrey T. Guterman, Lisa B. Bailey  
Research suggests there is as much to learn from treatment failures as from successes in counseling. The recent shift to collaborative, postmodern, and strength-based counseling approaches sets forth the recognition that counselors play a participatory role during all aspects of change processes, including when treatment fails. Increasing research supports the finding that client-counselor factors and, in particular, counselor factors play an integral role in treatment failures. In this advanced education session, clinical cases are presented illustrating treatment failures related to counselor factors. Common themes are identified and clinical strategies are suggested for preventing, identifying and overcoming treatment failures.

2:00 p.m. – 3:30 p.m.  
Career Development/Employment Counseling Academy  
Program ID #247, Convention Center, Room 203  
Narrative Counseling for Constructing Careers and Designing Lives in a Post-Corporate Society  
90-Minute Session, Advanced ▲ ■  
Mark L. Savickas  
Some career counselors have turned to narrative models and methods because using autobiographical stories concentrates on life design rather than occupational choice. Narrative career construction and life designing enables clients to fit work into their lives, rather than fit themselves to jobs. This session will discuss and demonstrate practical techniques for using stories and articulating life themes to foster educational and career decision making. Learn how to integrate these techniques into your ongoing practice and you may even use the techniques to better understand why you became a counselor and how the own occupation allows you to advance your own life story.

2:00 p.m. – 3:30 p.m.  
Social Justice Academy  
Program ID #248, Convention Center, Room 202  
Developing Social Justice Worldviews: Creative Technique in Graduate Training  
90-Minute Session ■  
Rita Chi-Ying Chung, Fred Bemak, Amy Gleason Carroll, Diana Ortiz, Makiko Maeyama  
The session provides a description of a creative training technique, ethnographic fiction, that educates counselors to appreciate and gain an in-depth understanding of multicultural social justice issues encountered by clients. This distinctive technique has the ability to transform counselor trainees into “walking in the client’s shoes.” The session will combine an overview of theory, demonstrations related to three social justice issues (homelessness, educational inequality, and immigration), followed by an interactive discussion about the powerful, long-term, life-altering experience and impact of using this technique. Research findings that demonstrate the efficacy of employing this powerful technique will also be presented.

2:00 p.m. – 3:30 p.m.  
ACEG Sponsored Session  
Counselor Education & Supervision Academy  
Program ID #249, Convention Center, Room 250  
Counseling Military Personnel/Families: Promoting Counselor Development Through an Understanding of Military Personnel Issues  
90-Minute Session, Advanced ▲  
Michael A. Keim  
Recent military deployments are unprecedented in their impact on modern families and are causing a reevaluation of counselor preparedness in relation to these populations and their particular needs. To assist counselors-in-training to address these needs, an academic course was developed with the intent of focusing awareness on and broadening student understanding of the
particular issues associated with working with military personnel and their families. Course assessment was designed to determine student change in perceptions and awareness of the particular issues that surround military and ex-military personnel and their families as well as the clinical impact that students considered significant to working with these populations.

2:00 p.m. – 3:30 p.m.  
Clinical Mental Health/Private Practice Academy  
Program ID #250, Convention Center, Room 251  
**Hearing Voices: A Simulated Experience of Entering the World of a Voice-Hearer**  
90-Minute Session, Advanced  
*Martha Mason*  
This session provides a unique simulated experience of what it may be like to “hear voices” and is designed to assist clinicians with understanding the challenges of individuals experiencing auditory hallucinations. Through increased understanding and awareness, participants will enhance their ability to be more effective and efficient clinicians and advocates for clients experiencing the phenomenon of “hearing voices.”

2:00 p.m. – 3:30 p.m.  
ARCA Sponsored Session  
Program ID #251, Convention Center, Room 237  
**A Consortium Model for Accreditation: CORE’s Response to the Desire for a Unified Accreditation Body**  
90-Minute Session  
*Frank Lane, Tom Evenson, Patty Nunez*  
CORE’s response to the concept of a unified accreditation body was to develop a consortium model. Presenters will present the proposal along with evidence of how other professions deal with multiple accrediting organizations, particularly with regard to the issue of professional licensure.

2:00 p.m. – 3:30 p.m.  
Multicultural and International Counseling Academy  
Program ID #252, Convention Center, Room 238  
**Shocked, Angry, or Just Plain Petrified: Attending to Students’ Reactions in Race-Based Courses**  
90-Minute Session  
*Tina R. Paone, Krista M. Malott*  
Have student or client emotional reactions to “taboo” topics (e.g., racism, sexism, classism) negatively affected their abilities to learn and grow—or your ability to instruct or counsel? This experiential session will present myriad tactics for working with students and clients whose affective reactions, and resulting behaviors, to oppression-related topics have truncated their growth. You will expand options for responding to, and processing, those reactions, as well as learning of multiple strategies used by the presenters in their own multicultural counseling and whiteness courses.

2:00 p.m. – 3:30 p.m.  
ACA Counseling in Action Demonstration Series  
Military Counseling Academy  
Couples & Family Counseling Academy  
Program ID #253, Convention Center, Room 260  
**Counseling Military Spouses and Families**  
90-Minute Session  
*Larry Ashley*  
In this counseling session the counselor will work to address PTSD symptoms to strengthen a family’s cohesiveness and supportiveness, as well as deal with family problems that arise as a result of PTSD. The counselor will help families move beyond a focus on the veteran’s diagnosis as a way to explain or rationalize the veteran’s behavior. The counselor may also challenge the family to make positive, sustainable changes in order to create more balanced, interdependent relationships.

3:00 p.m. – 3:30 p.m.  
ACA Client-Focused Research Series  
Research Academy  
Program ID #257, Convention Center, Room 252  
**The Influence of Caregiver Intimate Partner Violence on Treatment Attrition for Child Sexual Abuse Victims**  
30-Minute Session  
*Leigh DeLorenzi*  
This session presents research findings on the relationships between caregiver intimate partner violence, child posttraumatic stress, child cognitive self-development, and treatment attrition among child sexual abuse victims. The present research study results show that children with parents who confirmed past or current intimate partner violence were 2.5 times more likely to prematurely terminate from treatment. Recommendations for child advocacy centers and implications for further research are noted.

3:45 p.m. – 4:45 p.m.  
Multicultural and International Counseling Academy  
Program ID #259, Convention Center, Room 232  
**Mental Health Disparities, Biomarkers, and Their Relationship to Cultural Competence in Counseling**  
60-Minute Session, Advanced  
*Mary Jane Anderson-Wiley, Duane Halbur, Kimberly Halbur*  
For decades, diversity and multicultural competencies have been integrated into counselor training. However, a dearth of information on mental health disparities and biomarkers exists in educating and developing the cultural competence of counselors. This interactive session will provide information on the basic mental health disparities and biomarkers that can advance the training and professional development of counselors.

**UPDATES**  
Look for updated information in the Program Guide Addendum in your tote bag.
3:45 p.m. – 4:45 p.m.
Evidence-Based Practices Academy
Program ID #260, Convention Center, Room 205

Entering the Post-Theoretical Era of Counseling: Time for a Paradigm Shift
60-Minute Session
J. Barry Mascari, Jane M. Webber, Michael M. Dubi

As the use of evidence-based counseling approaches supporting common factors continues to grow and the field of neurobiology advances, the paradigm of a traditional theoretical orientation may no longer be useful. This session envisions a new era in counseling and provides a rationale for shifting the paradigm from a theory-based to an evidence-based common factors model. Using an informed practice model, treatment for problems such as anxiety, panic disorders, phobia, addictions, and trauma requires evidence-based strategies that cut across theoretical boundaries. A post-theoretical conceptualization/treatment model will be demonstrated. Audience discussion will debate the shift to the post-theoretical era in counselor training and practice.

3:45 p.m. – 4:45 p.m.
For Graduate Students and New Professionals Only Session
Program ID #261, Convention Center, Room 233

Preparing Graduate Students and New Professionals for Success in Private Practice
60-Minute Session
Deborah Legge

Many graduate students and new professionals express an interest in private practice. Building an independent practice requires strategic planning and preparation. This session will lay the groundwork for that preparation and provide students and new professionals the opportunity to learn how to position themselves for a successful private practice.

3:45 p.m. – 4:45 p.m.
ACA Author Session
Program ID #262, Convention Center, Room 201

Assessing Common Mental Health Concerns Across Counseling Settings
60-Minute Session
Danica G. Hays

Counselors working in agencies, schools, and universities are tasked with assessing a variety of mental health concerns. This session, based on the new edition of the ACA text Assessment in Counseling, will outline assessment of depression and suicide, self-injury, substance abuse, and interpersonal trauma. Key factors, tips, and cautions concerning assessment practices will be highlighted and discussion will be encouraged—particularly around common assessment errors, such as cultural bias, as well as audience members’ experiences with the assessments presented in the session.

3:45 p.m. – 4:45 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #263, Convention Center, Room 204

Force Health Protection: Protecting the Physical and Mental Health of Emergency Response Workers
60-Minute Session, Advanced
Stephanie Fariss Dailey, Marjorie Kukor

Force health protection (FHP), adapted by the American Red Cross and other federal organizations as the suggested resilience strategy for training disaster response teams, goes beyond the individual worker. Unlike other training models, FHP addresses obstacles and strategies for the entire response organization. Widely accepted by non-DMH personnel because of its focus on physical and mental “fitness,” the overall goal of FHP is to increase physical and mental health fitness of the workforce (not just mental health workers); address pre-deployment, deployment, and post-deployment mental and physical health issues; and reduce compassion fatigue. This session will provide an overview of FHP, address strategies to bolster resilience within response teams, and allow an opportunity to discuss the specific challenges they face within their community.

3:45 p.m. – 4:45 p.m.
ACCA Day of Learning
College Counseling Academy
Program ID #264, Convention Center, Room 263

College Counseling: Round Tables
60-Minute Session
MJ Raleigh

You are encouraged to join a table discussion of interest and fully participate in a small-group discussion structured by an expert in the topic of discussion. Topics may include community counseling, counseling and social media, counselors’ voice in campus threat assessment, and utilizing a case manager on the college campus. (Topics may change and will be posted on the discussion-room door at the time of the round tables.)

3:45 p.m. – 4:45 p.m.
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #265, Convention Center, Room 264

Ally Development in Action: A Panel Discussion
60-Minute Session
Amanda K. Brace, Amber L. Pope, Pete Finnerty

A panel discussion regarding ally development will be presented by members of the Ally Development Task Force of Association of LGBT Issues in Counseling. The panel will address issues regarding ally development such as bullying, creating safe spaces, and stages of ally development. Discuss with current members of the Ally Development Task Force ideas and resources related to initiating the development of ally-related programs within your community.
3:45 p.m. – 4:45 p.m.
A SGW Day of Learning
Group Work Academy
Program ID #266, Convention Center, Room 211

When Leaders Are Challenged: Dealing with Involuntary Members in Groups
60-Minute Session, Advanced ▲ ■
Ed Jacobs, Chris Schimmel
Dealing with involuntary members in groups is a most difficult task. This session will focus on creative group counseling skills and techniques where an active leadership model will be presented as a way of dealing with involuntary members. The focus will be on the challenges that leaders face when dealing with difficult members or members who have been mandated to attend. Many different skills and creative techniques will be presented and demonstrated. Effective use of eyes and voice will be discussed and shown. Skills for getting, holding, shifting, and deepening the focus will be presented. Numerous written and movement exercises will be shown. Ways to get members engaged and keep them engaged will be discussed.

3:45 p.m. – 4:45 p.m.
AHC Wellness Center
Wellness Academy
Program ID #267, Convention Center, Room 212

Regret and Forgiveness and Wellness
60-Minute Session ■
Sonya Vassos, Christine Moll
Negative emotions can lead to a breakdown in all areas of life. "If only" are the saddest two words in the world. Regret weighs a ton for those who shoulder it every day. The process of this session will be to confront regret and learn the path to forgiveness. There is almost a magic as forgiveness allows guilt, sadness, shame, anger, or disappointment to fade.

3:45 p.m. – 4:45 p.m.
CSJ Day of Learning
School Counseling Academy
Program ID #268, Convention Center, Room 236

Urban School Counselors and Social Justice: Best Practices and Considerations
60-Minute Session
Delila Owens, Tiffany Stewart, Deneia Thomas, Rhonda M. Bryant, Dakota King-White
School counselors are key figures in the struggle to close the academic achievement gap, but real progress is only possible if school counselors are equipped with the resources necessary to prepare students for life beyond high school. As former school counselors, we believe that education has the power to inspire a child to forge a pathway out of poverty. Our aim is to lend our knowledge and expertise in urban school and cross-cultural counseling to participants attending our session. Many groups such as African Americans and Native Americans have been greatly underserved in the education arena. We want to ensure that their struggles are not overlooked, their voices are heard, and their unique needs are addressed by sharing best practices that could assist school counselors in effectively servicing students.

3:45 p.m. – 4:45 p.m.
ACES Day of Learning
Program ID #269, Convention Center, Room 207

Resiliency in Graduate School and Beyond
60-Minute Session
Pamela C. Wells, Jennifer M. Cook, Katie Kostohryz, Jessica Berry
Eleanor Roosevelt once said, “Life is what you make it. Always has been, always will be.” Most of us realize that no school experience or job is perfect. And yet, many of us find ourselves caught up in what we can’t do or what we aren’t, rather than what we can do or who we are. How can you choose the latter? How can you make your graduate experience, and life after your graduate experience, what you want it to be?

3:45 p.m. – 4:45 p.m.
Counseling Theory Academy
Program ID #270, Convention Center, Room 208

What REALLY Makes a Difference?
Change Processes in Counseling
60-Minute Session, Advanced ■
Jeffrey A. Kottler
There are major debates in the field among different theorists about what matters most to promote lasting change in clients. To add to the confusion, recent research points to huge discrepancies between what counselors believe is most useful in their work—techniques and interventions—and what clients report was most helpful to them. This session will review those variables most associated with lasting changes, illustrated with case examples that emphasize the importance of making continual adjustments in our work depending on honest feedback from clients.

3:45 p.m. – 4:45 p.m.
Multicultural and International Counseling Academy
Human Development Across the Lifespan Academy
Program ID #271, Convention Center, Room 230

Reclaiming, Rediscovering, and Readopting Birth Culture for Adoptees: The Model of Reculturation
60-Minute Session ■
Amanda L. Baden, Jonathan R. Mazza
Professional counselors in practice are highly likely to work with multiple members of the adoption triad throughout their careers. Given that approximately 40% of all adoptions are transracial and 85% of international adoptions are also transracial, the model of reculturation is particularly relevant for working with these groups. This session will provide a brief overview of general adoption-related information for counselors and will then introduce the reculturation model for understanding the experiences of transracial and international adoptees who seek to reclaim or rediscover their birth cultures. Presenters will discuss two case studies for exploring the clinical application of the reculturation.
3:45 p.m. – 4:45 p.m.
Counselor Education & Supervision Academy
Program ID #272, Convention Center, Room 231

Beyond the Myth of the Pajama Party: Delivering Quality Online Counselor Education and Supervision
60-Minute Session
Holly J. Hartwig Moorhead, Anita Neuer Colburn, Kathie T. Erwin

When you think of online counselor education, is your first thought an image of a student in pajamas on the couch with a laptop? You might be surprised to find out that quality online counselor education is much more than simply posting material from a face-to-face course to the Internet. There are qualitative differences for both faculty and students. Come hear about the current research and literature related to online learning. And, come share—and take away—“best practices” for classroom structures, processes, and content, which both contribute to quality counselor education and produce competent, ethical counselors.

3:45 p.m. – 4:45 p.m.
Military Counseling Academy
Program ID #273, Convention Center, Room 203

Veteran Reintegration Following Multiple Deployments: Theoretical Strategies for Working with Our Soldiers
60-Minute Session
Laura M. Schmuldt, John Fitch, Troyann I. Gentile, Jason Bluemlein, William M. Sterner, Amanda Graham

Veterans returning from multiple tours often face multiple sources of stress when reintegrating back to their homes and communities. Some veterans face unemployment, separation from fellow platoon members, and difficulties in returning to civilian life. Some veterans struggle with more significant challenges including PTSD, TBI, substance abuse, and suicidal ideation. This session will describe the journey of one veteran’s reintegration following several tours of duty and the challenges he faced upon reintegration. Several counselors will describe theoretical approaches to working with combat veterans including DBT, EMDR, MI, and systems theory.

3:45 p.m. – 4:45 p.m.
Counselor Education & Supervision Academy
Program ID #274, Convention Center, Room 202

Closing the Gap in Counselor Supervisor Training for Site Supervisors
60-Minute Session
Holly Branthoover, Kimberly J. Desmond, Michelle Bruno, Lorraine Guth, Lydia Albin

The 2009 CACREP standards require counselor education programs to ensure that site supervisors have supervision training and professional development opportunities. This session will include discussion of the benefits and challenges of this CACREP requirement. In addition, attendees will receive preliminary data of a pilot study to assess site supervisor self-efficacy and training needs. Presenters will also share one university’s plan to meet site supervisor supervision training needs using technology.

3:45 p.m. – 4:45 p.m.
Research Academy
Program ID #275, Convention Center, Room 250

The Experiences of Counselors Who Work with Spanish-Speaking Clients
60-Minute Session
Daniel R. Romero, Stephen E. Craig

This session will present the findings of a study of the experiences of counselors who work with Spanish-speaking clients. The study was conducted in a region that has recently seen significant growth in the Spanish-speaking population. Two groups of counselors were recruited and sampled for this qualitative study: those who use interpreters in their work with Spanish-speaking clients and those who work without the use of interpreters. Issues such as motivation to become counselors, training and preparation, experiences with Spanish-speaking clients, and recommendations for practitioners and training programs will be discussed. Implications for counseling practitioners, counselor educators, and training programs will be outlined.

3:45 p.m. – 4:45 p.m.
Counseling Ethics & Legal Issues Academy
Program ID #276, Convention Center, Room 251

Ward v. Wilbanks: Students Respond
60-Minute Session
David Burkholder, Stephanie F. Hall

Julea Ward’s dismissal from Eastern Michigan University and the resulting legal case, Ward v. Wilbanks, represents one of the most important events to impact the counseling profession in the last 25 years. The authors conducted a large-scale qualitative study examining the perspectives and attitudes of 201 master’s-level counseling students on Ward v. Wilbanks. This session will present the results of this research, providing singular data on student conceptualizations of client referral, gatekeeping, and balancing a counselor’s personal values with the values of the client. Recommendations for the ethical training of counseling students and standards of practice for clinicians and supervisors will be discussed.

3:45 p.m. – 4:45 p.m.
Career Development/Employment Counseling Academy
Program ID #277, Convention Center, Room 237

Redefining Career Constructs: Integrating Social Justice Advocacy to the Practice of Career Counseling
60-Minute Session
Shawn Burton, Melanie A. Kautzman-East, Kelly R. Turner

This session is for career counselors who are committed to social change. The merging of career counseling and social justice will be outlined along with the implications of fusing these concepts into daily practice. In addition to describing the
roles and responsibilities of career counselors addressing social change, presenters will facilitate group discussions and target intervention development.

3:45 p.m. – 4:45 p.m.
ACA Foundation Sponsored Session
For Graduate Students and New Professionals Only Session
Program ID #278, Convention Center, Room 238

What Students Need To Know About Neuroscience and Counseling: A Q&A Discussion with Allen and Mary Ivey
60-Minute Session
Allen E. Ivey, Mary Bradford Ivey
Graduate students will have a chance to follow up with Drs. Allen and Mary Ivey about this morning’s keynote. In addition, the Iveys are open for discussion of their national and international work in multiculturalism, microcounseling, and lifespan developmental counseling and therapy. This is an extraordinary experience for students to meet and chat with two living legends in the counseling profession.

3:45 p.m. – 4:45 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #279, Convention Center, Room 234

Conceptual Mapping: A Tool for Enhancing Client Insight
60-Minute Session
Linda Leitch-Alford, David M. Savinsky
Conceptual mapping is a wonderful visual tool and is easy to implement in the counseling relationship. When clients are invited to tell their story and then given guided opportunity to visually map their story, summary of treatment, or “stuck” place, the results can be powerful. Clients often gain new insight(s) into their own therapeutic path when creating a therapeutic conceptual map. This is a two-part session. The first part will be instruction on the conceptual mapping task and sharing of potential applications in the counseling process. The second part is experiential. You will be invited to engage in the process of creating a conceptual map.

3:45 p.m. – 4:45 p.m.
Counselor Education & Supervision Academy
Program ID #280, Convention Center, Room 235

Beyond the Classroom: Counselors and Counselor Educators Improving Field Placement Supervision
60-Minute Session, Advanced
Richard Ponton, Jill Duba
Nothing we can do in counseling is more important and far reaching than providing effective field placement training. Clinicians, school counselors, and counselor educators all have their parts to play. This session uses data collected by ACA’s Professional Standards Committee and developmental supervision theory to inform a discussion of best practices in field placement. Highly interactive and practical, the session brings together site supervisors and counselor educators to discuss the strengths and challenges of this key element of counselor training. Leave with new ideas to invigorate your field placement program.

11:00 a.m. – 12:00 p.m.
School Counseling Academy
Program ID #281, Convention Center, Room 251

The ACA School Counseling Task Force Update: Current Initiatives and Future Plans
60-Minute Session
Lynn E. Linde
The purpose of the School Counseling Task Force is to address the needs of ACA members who are school counselors. This session will provide an update of current initiatives, including advocacy efforts, and future plans. Time will be allocated for large-group discussion and input into the development of additional resources and professional development for school counselors.

3:45 p.m. – 4:45 p.m.
Child & Adolescent Counseling Academy
Program ID #282, Convention Center, Room 252

Navigating Acculturation with Pride and Hope: Promoting Resiliency in Asian Immigrant Children and Adolescents
60-Minute Session
Atsuko Seto, Nirupma Narang, Dixita Patel Malatesta
This session provides practical information on assessment and counseling interventions helpful for working with Asian immigrants from a strength-focused perspective. Specific examples of counseling interventions that reframe acculturative stressors and foster confidence and resilience in individuals and their families are discussed. Focus will be placed on counseling children and adolescents while considering the importance of supporting a family unit and ethnic communities.

5:00 p.m. – 6:00 p.m.
Program ID #283, Convention Center, Room 200

Counselors and Facebook: What Are We Doing on Facebook and How Can It Help and/or Harm Our Profession and Professionalism?
60-Minute Session
Marjorie C. Shavers, J. Yasmin Butler
With the increase in the use of Facebook and other social media, counselors have the opportunity to explore the way these technology tools can be used to enhance and/or harm the professional persona of individual counselors and the professional identity of the counseling profession. This session will present the findings of a recent research study that investigated the perceptions and behaviors of counselors and counseling students on Facebook. This session will use these findings along with ethical and legal guidelines to explore the appropriate use of social media by counselors. Review case studies and participate in a discussion that explores social media, technology, and our responsibilities as counselors.
A New Opportunity: Getting a Job in Integrated Care
60-Minute Session
Rebecca Daniel-Burke
Integrated care is quickly gaining prominence as a new model for health care. This session will address the following questions: What is integrated care? How will behavioral health clinicians work in tandem with physicians to provide mental health services in a medical setting? What does all of this mean for graduate counseling students and new professionals as they enter the workforce? The presenter, ACA’s director of career services, will shed light on this newly emerging field and what counseling graduates can expect regarding employment opportunities in integrated care.

Experiential Activities for Teaching Multicultural Competence in Counseling
60-Minute Session,
Mark Pope, Joseph Pangelinan, David Hart,
Tarrell Awe Agah Portman
When teaching multicultural counseling principles, it is viewed as a best practice for counselor education programs to not only devote whole courses to the issue of culture, but also to infuse cultural diversity throughout the core curriculum. Pope, Pangelinan, and Coker’s book presents 120+ activities for both multicultural counseling courses and other core CACREP courses, which are designed to actively engage students in the learning process. This session will introduce some of the best activities to help faculty teaching any counseling course infuse cultural diversity into the classroom in interesting ways.
Saturday [Education Sessions]

5:00 p.m. – 6:00 p.m.
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #290, Convention Center, Room 264
Intersectionality of Identity: A Dialogue with Queer People of Color
60-Minute Session
Richmond D. Wynn, Samuel Sanabria, Hemla D. Singaravelu
The concept of intersectionality provides a framework for understanding the complexities of managing overlapping, socially marginal identities. This interactive session features a dialogue between panelists and the audience on intersectionality with emphasis on ethno-cultural, gender, and lesbian, gay, and bisexual identities. This dialogue is framed by culture-centered counseling theory and will provide participants with opportunities to enhance their culture-centered conceptualization and intervention skills.

5:00 p.m. – 6:00 p.m.
ASGW Day of Learning
Group Work Academy
Program ID #291, Convention Center, Room 211
Voyaging Beyond Safety Zones: Crafting Group Leader Models To Foster Wellness with Diverse and Multicultural Populations
60-Minute Session, Advanced
Sherlon P. Brown, Bogusia Jozeja Skudrzyk
ASGW has endorsed the “Multicultural and Social Justice Competence Principles for Group Workers.” This document provides an anchor to help group leaders and other professionals recognize issues of multiculturalism and social justice on group work. This fun-filled session will help participants craft group models that foster wellness and healing with diverse and multicultural populations. Share highlights of multicultural and social justice group practices that nurture wellness and address crisis and trauma. Presenters will share research, theories, and practical experiences in facilitating group work using creative expressions and rituals that advance healing and restore wellness from non-Western and Western perspectives.

5:00 p.m. – 6:00 p.m.
AHC Wellness Center
Wellness Academy
Program ID #292, Convention Center, Room 212
Yoga, a Proven Path to Wellness
60-Minute Session
Bernadine L. Craft
Learn a variety of Hatha yoga stretching, breathing, and relaxation strategies that can be done by anyone almost anywhere. Come dressed comfortably and have fun experiencing a variety of age-old techniques that are perfect for dealing with the stresses of modern society. Whether for use with students, clients, or for personal enrichment, you’ll leave with numerous tools to aid in tension and anxiety reduction, as well as ways to feel energized, focused, and refreshed!

5:00 p.m. – 6:00 p.m.
CSJ Day of Learning
Social Justice Academy
Program ID #293, Convention Center, Room 236
Online Counselor Education Programs as a Social Justice Medium: A Panel Discussion of Counselor Educators
60-Minute Session
Lori L. Soli, Linda M. Beeler, SaDohl K. Jones, Catherine J. Stower, Elaine Carissa May
Online education and distance counseling both provide access to opportunity, a social justice imperative. Four counselor educators who have taught in both on-ground and online programs will discuss in a “live” panel how online counselor education serves as a social justice medium. Examine your own beliefs regarding online education and counseling, understand the challenges and benefits to its delivery, and address the stigma attached to online learning and counseling. Through such self-reflection, online education can eventually be parallel with other once-disenfranchised entities, and will it be held with equality and equity in the eyes of counselor educators, academicians, practitioners, and clients alike.

5:00 p.m. – 6:00 p.m.
ACES Day of Learning
Counselor Education & Supervision Academy
Program ID #294, Convention Center, Room 207
Best Practices in Teaching: Emphasizing Education in Counselor Education and Supervision
60-Minute Session
Krista M. Malott, Thomas J. Hernández
Who are the most effective instructors? How do instructors deal with common issues that disrupt the classroom such as texting or Internet surfing? How can an instructor be devoted to great instruction without neglecting other job duties (such as publishing, supervision, or work as a clinician)? This interactive session will stimulate discussion and sharing across peers regarding these topics, exploring potential solutions for balancing effective pedagogy with other work responsibilities. A summary related to research and theoretical findings will also be provided.

5:00 p.m. – 6:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #295, Convention Center, Room 208
The Tao of Leadership: Leading with the Soul
60-Minute Session, Advanced
John S. Young, Craig S. Cashwell
At times, leaders are drawn to lead from a place of ego and in service to self. In the end, however, servant leadership is a calling. True transformational leadership (or “soul-based leadership”) emanates not from ego nor even from a place of logic, but from the stillpoint within the realm of the soul. This session will focus on how to access this deeper wisdom to lead from the soul. Presenters will introduce the concept and
principles of soul-based leadership, and participants will engage in experiential activities to access their own development as soul-based leaders. This session is appropriate for professionals and students currently in leadership positions or who are contemplating whether to take leadership positions.

5:00 p.m. – 6:00 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #296, Convention Center, Room 230

**Fighting Fear: Counseling Interventions for the Child Victim of Sexual Abuse**
60-Minute Session, Advanced ▲ ■
Jennifer M. Foster
Counselors and counselors-in-training will be provided with specific interventions to target the most frequently cited problem faced by children who have been sexually abused—fear. For child victims, fear often manifests in symptoms such as nightmares, flashbacks, and intrusive thoughts. Therefore, effective treatment for child victims must address trauma symptoms, especially children’s fears and their need for future protection. Specific interventions including creating a comfort kit and guided imagery of a safe place will be shared.

5:00 p.m. – 6:00 p.m.
Program ID #297, Convention Center, Room 231

**Understanding DSM-5 Personality Disorders**
60-Minute Session ■
Kevin Feisthamel, Robert Schwartz, Terra Howell, Dan Testa
One of the most dramatic changes proposed for DSM-5 relates to criteria for personality disorders. The hybrid dimensional-categorical model for personality diagnosis is new and complex. Given that personality disorders are common in the clinical population, there is a need for counselors to understand the new system. This session will focus on the essential features of a DSM-5 personality disorder, including level of impairment in self and interpersonal functioning. One personality disorder (e.g., borderline personality disorder) will be reviewed in depth in order to provide a concrete example of differences between DSM-IV-TR and DSM-5 criteria.

5:00 p.m. – 6:00 p.m.
Multicultural and International Counseling Academy
Evidence-Based Practices Academy
Program ID #298, Convention Center, Room 203

**The Relationships Between Multicultural Competence, Cultural Immersion, and Cognitive/Emotional Developmental Styles**
60-Minute Session ■
Laura Rosemary Shannonhouse, Jane E. Myers
Cultural immersion (CI) is in vogue; however, most CI studies lack intentional methodology, generalizability, and evidence for the relationship between CI and multicultural counseling competence (MCC). It is argued that the process group during CI is critical for increasing MCC. Findings from cognitive development and cognitive/emotional style (CEDS) processing may offer an intentional model to process CI experiences that maximizes the attainment of MCC. Quantitative results from a study examining counselor trainees’ MCC, CI, and CEDS are explored. You are invited to an interactive session where you can learn your own CEDS preference along with strategies to better accommodate knowledge gained from the field to your work with clients.

5:00 p.m. – 6:00 p.m.
Counseling Ethics & Legal Issues Academy
Multicultural and International Counseling Academy
Program ID #299, Convention Center, Room 202

**Critical Race Theory as a Decisional Framework for the Ethical Counseling of African American Clients**
60-Minute Session ■
Don P. Trahan, Matthew Lemberger-Truelove
The presenters will introduce critical race theory (CRT) as a conceptual scheme for counselors to make ethical decisions, particularly in the context of counseling African American clients. CRT practitioners consider how racialized ideologies influence the living experiences and circumstances for peoples, especially those who have been racially oppressed. The presenters will introduce three CRT tenets as an overlay to select ethical codes found in the ACA Code of Ethics (2005), namely interest convergence, ordinariness of racism, and narrative story-telling. After the didactic presentation of CRT as an ethical decision-making model, attendees will be engaged in an experiential activity and handouts will be provided for reference.

5:00 p.m. – 6:00 p.m.
School Counseling Academy
Program ID #300, Convention Center, Room 250

**Obesity Prevention Among Latino Youth: School Counselors’ Role in Promoting Healthy Lifestyles and Academic Success**
60-Minute Session
Amy L. Cook
Numerous psychological and behavioral consequences of obesity have been identified, including low self-esteem, depression, and poor academic performance. Given the higher obesity rates among Latino children and adolescents compared to their White counterparts, this session will provide school counselors with specific recommendations on how to implement an obesity prevention program in a culturally sensitive manner that promotes development of healthy lifestyles and academic success.

5:00 p.m. – 6:00 p.m.
Human Development Across the Lifespan Academy
Program ID #301, Convention Center, Room 251

**How Identity Develops: Attachment, Differentiation, and a New Model in Identity Development on Identity Status**
60-Minute Session ■
Benjamin Willis
“Who am I?” is one of the existential questions that impact almost every person and is an important aspect of the wellness of our clients. While there are many theories and models that discuss identity development, most of these conceptualizations lack evidence to support their claims. Attachment style and differentiation seem to contribute to counselors’ understanding of identity development; however, researchers have found mixed results as to the impact, or lack of impact, of these factors on identity status. This session will include a brief overview of these constructs and a new model of identity development by Eric Eisenberg. Results from a recent research study and implications for practice will be discussed.

5:00 p.m. – 6:00 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #302, Convention Center, Room 237
**Cutting Contagion: Treatment Considerations for Clinicians Confronting the Adolescent Self-Injury Epidemic**
60-Minute Session
Brent Richardson, Kendra A. Surmitis

Recently described as an epidemic, adolescent self-injury is on the rise. The increase in adolescent exposure to self-injury in a variety of environments, such as residential treatment settings, group therapy, and on the Internet, poses a clinical issue to counselors working with youth at risk. This session will include an introduction to recent figures and clinical perspectives on self-injury as well as a review of best practices for counselors aspiring to confront the phenomenon of contagion as one motivating factor of self-harm. Opportunities for the exchange of perspectives will be included in this session to encourage professional dialogue and facilitate awareness of self-injury contagion in a variety of clinical settings.

5:00 p.m. – 6:00 p.m.
Multicultural and International Counseling Academy
Program ID #304, Convention Center, Room 234
**Cultures in Contact: Increasing Cross-Cultural Competencies Through a Multidimensional Understanding of Acculturation**
60-Minute Session
Lynn Zagzebski Tovar, Syntia D. Santos

Melting pot or salad bowl? As counselors, we know that the lived experiences and worldviews of our diverse students and clients are unique. Through an exploration of the various ways that acculturation is operationalized in assessments and conceptualized in research, policy, and practice, participants will generate ideas for best practice within their own work settings.

5:00 p.m. – 6:00 p.m.
Program ID #305, Convention Center, Room 235
**How To Write an Effective Case Conceptualization**
60-Minute Session
Jonathan Sperry, Len Sperry

Increasingly, counselors are expected to include case conceptualizations in their case reports and presentations. An easy-to-master strategy for developing case conceptualizations is described and illustrated in this session. It begins with a focused assessment of the key elements of the conceptualization. Then, a step-by-step process for writing an integrative case conceptualization based on this assessment is illustrated with case material. The format for this session is highly interactive and will foster confidence and mastery of this essential counseling competency.

5:00 p.m. – 6:00 p.m.
Counselor Education & Supervision Academy
Program ID #306, Convention Center, Room 261
**Understanding the Experiences of Counselors who are Allies to Communities of Color: Implications for Counselor Education**
60-Minute Session
Carlos P. Hipolito-Delgado, Margaret Card-Govela, Judith Hermosillo, Tanka Pharaoah

Successfully partnering and providing counseling services to communities of color requires more than multicultural competence. This session highlights the findings of a grounded theory study that aimed to identify the dispositions, practices, and interventions used by counselors whose exemplary practice makes them an ally to communities of color. Additionally, session participants will learn about specific training activities, based on empirical research, designed to increase self-awareness, promote understanding of communities of color, and increase motivation to serve communities of color. Handouts describing the various recommended training activities will be provided.

5:00 p.m. – 6:00 p.m.
Career Development/Employment Counseling Academy
Program ID #307, Convention Center, Room 252
**Midlife Career Transition and Life Satisfaction for Military Veterans Transitioning to Civilian Employment**
60-Minute Session
Heather C. Robertson

Military veterans transitioning to civilian employment were surveyed as to the barriers and resources that they encountered during the transition, as well as their overall life satisfaction. Learn how concepts such as confidence, control, finances, and family support shaped the experience of veterans transitioning to civilian employment, while also discussing current issues facing our returning veterans such as unemployment and homelessness. Techniques for working with military members and veterans in a career counseling setting will be discussed including narrative approaches and external supports. Resources for counselors and military/veteran clients will be provided.

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Visit the kiosks near registration to complete conference survey.
child, it is not uncommon for the counselor to be swept up in advocacy for the client when asked to render an opinion as to parental competency or when subpoenaed by an attorney. This session will serve to lay a foundation for a better understanding of terms and obligations associated with court involvement, as well as guidance for understanding the intertwining of the Code of Ethics for the counseling profession and legal proceedings.

7:30 a.m. – 8:30 a.m.
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID #312, Convention Center, Room 201
Career Resources for Career Counselors and Specialists and Counselor Educators
60-Minute Session ▲ □
Melanie A. Reimersman
Every day, 24/7 in fact, NCDA offers practical resources that can assist you in inspiring and empowering your clients/students. If your problem is identifying these resources when you most need them, here is your expert guide to NCDA resources.

7:30 a.m. – 8:30 a.m.
AARC Sponsored Session
Program ID #313, Convention Center, Room 204
Participatory Action Research: Development of the School Counseling Internship: Developmental Assessment of Counseling Skills
60-Minute Session, Advanced ▲ □
Helen S. Hamlet
Various professional organizations have called for a standardized, developmental approach to the assessment of the internship experience (e.g., ACA’s call for multicultural competent assess-
ment) and the need for a standardized assessment of internship skill acquisition. In response to these calls, a participatory action research study was done resulting in the development of a standards-based assessment system to monitor the school counseling trainee’s skill development throughout the internship experience—the Professional School Counseling Internship: Developmental Assessment of Counseling Skills.

7:30 a.m. – 8:30 a.m.  
Social Justice Academy  
Program ID #314, Convention Center, Room 263  
Personal Transformations Among Counselors Involved in Advocacy and Social Justice  
60-Minute Session, Advanced  
Jeffrey A. Kottler  
There is very little research and systematic investigation of the impact of advocacy and social justice service on those who are actively and consistently involved as professionals. Besides attention to vicarious trauma, there has been little attention on the personal growth and positive changes that often take place, as well as the personal challenges that are confronted. This session will focus specifically on the experiences of counselors who have been actively involved in service within their local communities or on a global scale. It highlights the “gifts” we receive as a result of a life devoted to service.

7:30 a.m. – 8:30 a.m.  
School Counseling Academy  
Program ID #315, Convention Center, Room 264  
Promoting a Positive School Culture: Navigating the Role of the School Counselor in Bullying Prevention  
60-Minute Session, Advanced  
Sarah I. Springer, Daniel Cinotti, Jill Schwarz  
New anti-bullying initiatives continue to evolve, as society recognizes and seeks to address the impact of negative peer relationships on social and emotional development. Using the state of New Jersey’s progressive Harassment, Intimidation, and Bullying laws as a framework for discussion, the presenters will focus on the use of assessment data, multilevel intervention strategies, and bystander training initiatives to offer specific interventions that address peer relationships and adult-to-adult bullying in the school setting. Practicing school counselors will also provide specific examples of school-wide interventions that can be used to promote a positive school culture.

7:30 a.m. – 8:30 a.m.  
Professional Issues Academy  
Program ID #316, Convention Center, Room 211  
Learning To Lead: Information and Strategies for Emerging Leaders in Counseling Professional Organizations  
60-Minute Session  
Jennifer S. Barna, Holly Branthoover  
Are you a graduate student or new professional who has been thinking about how to begin or continue your journey as a counseling leader? Do you have great ideas for strengthening your local, branch, or regional counseling organization but don’t know how to get started? If either of these questions describes you, join us for an interactive session for emerging leaders that will provide you with an understanding of professional counseling organization structure and practical strategies for seeking and earning leadership opportunities. All attendees will leave with an individualized leadership action plan.

7:30 a.m. – 8:30 a.m.  
Multicultural and International Counseling Academy  
Program ID #317, Convention Center, Room 212  
Counseling in the United States: Perspectives from International Doctoral Students from Bhutan, Taiwan, Malaysia, and Italy  
60-Minute Session  
Theodore P. Remley, Jr., Kee Pau, Hsin-Ya Tang  
Explore the similarities and differences in the counseling profession in the United States with counselors who have been educated in Bhutan, India, Italy, Malaysia, and Taiwan. Doctoral students who hold counseling master’s degrees from other countries and are now studying counseling in the United States at a CACREP-accredited counselor education and supervision program and a professor who has extensive experience with the development of the counseling profession in other countries will share their perspectives. Listening to the voices of those with culturally different perspectives is important for learning about our own culture.

7:30 a.m. – 8:30 a.m.  
Multicultural and International Counseling Academy  
Program ID #318, Convention Center, Room 236  
Promoting the Psycho-Social Development and Academic Achievement of Latina/o Undergraduates  
60-Minute Session  
Carlos P. Hipolito-Delgado  
Bias is not solely the domain of those in positions of privilege. In Latino undergraduates, bias manifests through internalized and perceived racism. Further, internalized and perceived racism is related to negative psychological and academic outcomes in Latino undergraduates. In Latinas/os high ethnic identity is related to higher self-esteem, coping and optimism, and academic achievement. This session explores the relationship between internalized and perceived racism and ethnic identity in undergraduate Latinos. Based on the findings of a study of 500 undergraduate Latinos, conference attendees will learn strategies to support and promote the psycho-social development and academic achievement of Latino undergraduates.

UPDATES  
Look for updated information in the Program Guide Addendum in your tote bag.
Sunday [Education Sessions]

7:30 a.m. – 8:30 a.m.
Counseling Ethics & Legal Issues Academy
Program ID #319, Convention Center, Room 207
Addressing Value-Based Conflicts Within the Counseling Relationship: A Decision-Making Model
60-Minute Session, Advanced ▲ ■
Michael M. Kocet, Barbara Richter Herlihy, Harriet L. Glosoff
Recent court cases such as the Ward v. Wilbanks case and conscience clause legislation have illuminated some complex questions regarding counselors' personal values. It is normal for counseling professionals to hold personal and moral values. In fact, counselors' personal values are one of the core elements of their relationships with clients. Counselors must work to bracket their personal values when engaged in a therapeutic relationship, especially when their personal values conflict with those of others. The presenters will share two new emerging ethics tools—Ethical Bracketing Strategy and Counselor Values-Based Conflict Model—to utilize when facing conflicts that arise between personal and professional values.

7:30 a.m. – 8:30 a.m.
Counselor Education & Supervision Academy
Program ID #320, Convention Center, Room 208
Strengthening the Gatekeeping Process: Proposed Standards for Professional and Personal Conduct of Counseling Students
60-Minute Session
Alicia M. Homrich, Jenny Wolf Ackerman, Morgan Cathleen Perun
Should counseling students be held to standards of conduct beyond academic and clinical performance? Does the personal behavior of students in informal settings warrant consideration in assessing suitability for the profession of counseling? What are the expectations for the conduct of trainees and how should they influence the gatekeeping process? This session introduces proposed standards for interpersonal, intrapersonal, and professional conduct expected of clinical trainees, ranked by 83 counselor educators and supervisors from CACREP-accredited programs. Please join the discussion on developing criteria for student behavior to create a strong foundation for professional standards, gatekeeping, and the protection of future clients.

7:30 a.m. – 8:30 a.m.
Research Academy
Program ID #321, Convention Center, Room 230
Using Socio-Economic Status Indices Within Mental Health and School Counseling Research
60-Minute Session
Lisa D. Hawley, Joel A. Lane
Socio-economic status (SES) is underexamined in clinical research. The complexity of SES as both a concept and a variable is full of challenges for researchers. This session will provide valuable tools to perform SES research in school and mental health settings. Examples of qualitative and quantitative methods will be included. A broad model of SES will be presented including both subjective and objective data collection approaches. The current status of SES research and future directions will also be discussed.

7:30 a.m. – 8:30 a.m.
LGBTQ Academy
Counseling Theory Academy
Program ID #322, Convention Center, Room 231
The Coming-Out Process: Using Narrative Therapy in “Restorying” Identity
60-Minute Session ■
Adrienne Erby
Narrative therapy focuses on using the power of language in creating knowledge and the “storying” of one’s experience. This constructivist framework can be a powerful method for exploring, challenging, and creating a narrative as a lesbian, gay, or bisexual individual. Narrative therapy provides a unique view of navigating a heteronormative social context with an understanding of the client’s cultural experience. This session will include lecture, discussion, experiential activities, and handouts identifying ways to use narrative therapy to support clients in the coming-out process. Attendees will gain an understanding of Narrative therapy, sexual identity development, and therapeutic techniques in working with LGB clients.

7:30 a.m. – 8:30 a.m.
Military Counseling Academy
Program ID #323, Convention Center, Room 203
Crisis Among Our Nation's Heroes: Addressing Increased Suicide Among Military Personnel and Veterans
60-Minute Session, Advanced ■
Angie Waliski
Operations Enduring, Iraqi Freedom, and New Dawn have been a test of strength for over 3 million families in our nation. Military service members and veterans may experience symptoms of depression, anxiety, and posttraumatic stress, which can lead to risk of suicide. This session provides current research concerning suicide among military personnel/Veterans and an overview of the interventions being used to assist this population. You will be informed of current Veterans Affairs/Department of Defense concerns and practices being used to address the suicide crisis among this population. Attendees will be provided a list of VA/DoD crisis and suicide resources.

7:30 a.m. – 8:30 a.m.
Human Development Across the Lifespan Academy
Program ID #324, Convention Center, Room 202
There's No Place Like Home: Caring for the Alzheimer's Patient at Home
60-Minute Session ■
Helen Hudson
If you are currently caring for someone with Alzheimer's or may be doing so in the future, come and experience what a 13-year journey with an Alzheimer patient is really like. It is
not all bad and, in fact, much of it is sheer, unadulterated joy. Currently, too much emphasis is placed on the horror of the disease while forgetting the upside: there are some blessings in returning to that first, childlike state of the mind where the slate is quite literally clean. As my grandmother once said, “I think I am forgetting what might hurt me to remember.” While caring for a loved one at home is not always possible, it may well be easier than you think. And it just might change your life, and theirs, for the better.

7:30 a.m. – 8:30 a.m.
Wellness Academy
Program ID #325, Convention Center, Room 250

Make Room for Happiness: Positive Psychology Techniques
60-Minute Session ■
Russell Fulmer
This interactive session is designed as an orientation to the burgeoning field of positive psychology. Leave with an understanding of the movement, recent research findings, and practical interventions you can apply with clients or even yourself. The presenter spent four years as a professor at two Caribbean medical schools working with a multicultural clientele where he taught and applied positive psychology. This session will provide examples of positive psychology in counseling practice, research about innovative techniques, and multicultural case examples of positive psychology in action.

7:30 a.m. – 8:30 a.m.
Clinical Mental Health/Private Practice Academy
Individual Trauma/Disaster Mental Health Academy
Program ID #326, Convention Center, Room 251

Strategies for Promoting Safety and Stability in the Treatment of Complex Trauma
60-Minute Session ■
Cynthia M. Miller
This session is designed for students, clinicians, and counselor educators interested in learning more about how to treat complex trauma resulting from childhood abuse. It reviews the unique cluster of symptoms associated with complex trauma and the importance of accurate diagnosis. It then presents the three-stage model of treatment with an emphasis on the first stage: establishing safety and skills. Learn about the importance of safety in trauma treatment and review strategies for increasing a client’s actual and perceived safety. Learn several techniques, drawn from different evidence-based interventions, that clients can use to manage the symptoms that result from complex trauma.

7:30 a.m. – 8:30 a.m.
School Counseling Academy
Program ID #327, Convention Center, Room 237

How Do You Say School Counselor in English?
Are You Ready for the New Generation: English Language Learners?

60-Minute Session
Diana L. Wildermuth
This session is designed to provide an overview of the theoretical principles and practical knowledge that are essential for counselors to understand the development and education of the English language learner and the counselor’s role in advocacy. Topics covered include the language acquisition process, relevant cultural factors, assessment, and professionalism. Legal and ethical responsibilities will also be addressed.

7:30 a.m. – 8:30 a.m.
Counselor Education & Supervision Academy
Program ID #328, Convention Center, Room 238

Male Counseling Students’ Perceptions of Females
60-Minute Session
Jody Huntington, Linda Black
This session includes the purpose, process, and findings of a qualitative study that explored male counseling students’ perceptions of female clients, peers, and faculty. Learn the results of this qualitative study, learn about the historical oppression of women and current gender issues that have an impact on sexism and sexual objectification of women; and learn about the importance of gender issues in relation to counseling and counseling relationships.

7:30 a.m. – 8:30 a.m.
Multicultural and International Counseling Academy
Program ID #329, Convention Center, Room 234

Do You Know the Way to Jonglei? Responding to a Call To Implement Health-Care Services in the Republic of South Sudan
60-Minute Session
Rhonda R. Parmley, Jill Cantor Lee
This session focuses on the application of counseling and mediation skills to address the complex issues involved in developing and implementing sustainable health-care services in the world’s newest country, the Republic of South Sudan. A culturally sensitive and responsive model of organizational development, which emerged from our work with local South Sudanese nationals as well as highlighting the critical importance of strong mediation and counseling skills required in this process, will be presented. Implications for counselor training will be discussed.

7:30 a.m. – 8:30 a.m.
Counselor Education & Supervision Academy
Program ID #330, Convention Center, Room 235

A Career in the Academy: What Makes Counselor Educators Engaged and Energized?
60-Minute Session
Rebecca Earhart Michel
Are you satisfied at work? Counselor educators and doctoral students are invited to ponder this question during an engaging and reflective presentation exploring faculty member job satisfaction. Findings from a recent survey of counselor
educators will be highlighted. Learn strategies to enhance your satisfaction in academia through identification of personal strengths, relationship building, and mentorship.

7:30 a.m. – 8:30 a.m.
Program ID #331, Convention Center, Room 261
**When Treatment Becomes Trauma: Understanding Prevention, Intervention, and Transformation of Medical Trauma**
60-Minute Session ■
Michelle E. Hall, Scott E. Hall
We often think of medical settings as places of help and healing, but for some a medical procedure or diagnosis can be traumatic and lead to a significant clinical response. Learn about the diagnosis, treatment, and transformation of medical trauma in children and adults. A resource including information about evidenced-based treatments for medical trauma will be provided to participants.

8:45 a.m. – 9:15 a.m.
ACA Client-Focused Research Series
**Research Academy**
Program ID #333, Convention Center, Room 252
**The Effects of a Web-Based Career Intervention Program on Elementary School Students’ Vocational Development**
30-Minute Session
Julie Cerri, Jerry Trusty
Acknowledging the limited research in the area of elementary school counseling career development, this session will examine the use of an online, career intervention program, called Kuder Galaxy, in comparison to a traditional career guidance lesson intervention. Research using a counterbalanced pre-test/post-test control group experimental design will be presented. Results, implications, and best practices for infusing career interventions into the school counseling curriculum will be discussed.

8:45 a.m. – 10:15 a.m.
Career Development/Employment Counseling Academy
**Human Development Across the Lifespan Academy**
Program ID #335, Convention Center, Room 232
**Resistance to Change: Helping Professional Women Make Meaning of Career and Life Transitions**
90-Minute Session ■
Nadine Hartig, Frances J. Steigerwald
Professional women’s lives and careers follow a trajectory that accommodates for other life roles and balance, but it often leads to wanted and unwanted transitions. This session is designed to provide professional counselors and counselor educators with tools to assist women with reducing the anxiety of transitions, making meaning of their career paths and transitions, and understanding the fundamental values that impact career transitions. Specifically, techniques utilizing Kegan’s constructive developmental theory, Schlossberg’s transition theory, Gurdjieff’s evolutionary theory of many “I’s,“ and Miller and Rollnick’s motivational interviewing will be demonstrated and practiced in this session.

8:45 a.m. – 10:15 a.m.
Child & Adolescent Counseling Academy
Program ID #336, Convention Center, Room 205
**Play-Based Intervention for Attachment Disorders and Attachment-Related Issues**
90-Minute Session, Advanced ▲ ■
Dee Ray, Kimberly Jayne
Many children experience disruptions or deficits in their early relationships due to adoption, neglect, abuse, and trauma. The purpose of this session is to increase understanding of attachment theory and research and to learn play-based approaches and skills to promote healthy attachment and development with attachment-disordered children. Presenters will present principles of attachment theory, brain development, and rationale for using play therapy. This session will address how play-based intervention can be used to build relationship skills of children so that they develop valuable attachment relationships and decrease functional impairment.

8:45 a.m. – 10:15 a.m.
Chi Sigma Iota Sponsored Session
**Multicultural and International Counseling Academy**
Program ID #337, Convention Center, Room 233
**The Disciplinary Practices of African American Mothers and Fathers: Engaging in Culturally Responsive Research**
90-Minute Session, Advanced ▲ ■
Carla Adkison-Bradley
This session will discuss the results of a mix-method research study of child disciplinary strategies used by African American
parents. Findings indicated that strategies used by parents represented a hierarchical pattern starting with verbal discussion followed up with a more severe disciplinary action. It was also found that African American parents were firm in maintaining certain standards of behavior in older children. Counselors are ethically bound to embrace a multicultural approach to counseling. Thus, it is essential for counselors to understand the context of the disciplinary episode and behavioral expectations of African American parents. Implications for engaging in culturally responsive research will be discussed.

8:45 a.m. – 10:15 a.m.
**LGBTQ Academy**
Program ID #338, Convention Center, Room 201
**Inspiring Heart, Engaging Mind, and Empowering Action: Traditional and Innovative LGBTQ Advocacy Across the Lifespan**
90-Minute Session ▪
Quinn M. Pearson
Experience the power of innovative, creative strategies (including YouTube videos, real-time online audience polling, online puzzle makers, checklists, music, humor, and multimedia PowerPoint slides) that will engage clients, students, and counselors-in-training within multiple settings and modalities. Topics related to advocacy for children, adolescents, adults, and older adults will be presented within the framework of the ACA Advocacy Model and Competencies. Receive links to resources for diverse groups within the LGBTQ population as well as active links embedded within the PowerPoint slides. Prepare to be inspired, engage in active dialogue, collaborate with colleagues, and emerge with an action plan.

8:45 a.m. – 10:15 a.m.
**Counselor Education & Supervision Academy**
Program ID #339, Convention Center, Room 204
**Due Process and Remediation: Best Practices for Graduate Counseling Programs**
90-Minute Session, Advanced
Kathryn Klock-Powell, Devin Byrd, Allen D. Delaney, J. David Bragg, Metoka L. Welch
When students are faced with academic, personal/professional, or clinical infractions, it is important that a standardized process for vetting the issues is followed to ensure that procedural fairness and respect are provided students. Experience the due process through participation in a role play scenario of a progress and promotions committee meeting involving presenters and participants. Develop a remediation plan from the role play following best practices. Discuss participants’ experiences and questions.

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**We want to know what you think!**
Visit the kiosks near registration to complete conference survey

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8:45 a.m. – 10:15 a.m.
**Evidence-Based Practices Academy**
Program ID #340, Convention Center, Room 263
**A Process Model for Community Collaboration and Partnerships: Strategies and Applications for Counselors in Various Contexts**
90-Minute Session, Advanced ▪
Julia A. Bryan
Is counselor collaboration with clients, families, and community members practical in community-mental health and school counseling settings or is this merely a social work model? To what extent and how are counselors practicing community collaboration? What models exist to help counselors navigate the partnership process? In this interactive session, presenters engage participants in an honest discourse about the rationale and principles of community collaboration and partnerships. Learn about and apply, a seven-stage social justice-focused partnership process model to help counselors across all settings navigate the process of creating partnership interventions that tackle mental health, educational, and social problems.

8:45 a.m. – 10:15 a.m.
**Counselor Education & Supervision Academy**
Program ID #341, Convention Center, Room 264
**Strengths-Based Counseling Supervision**
90-Minute Session
James R. Ruby, Jeffrey K. Edwards, Stephanie Standefer, Andy Young
Clinical supervisors often find themselves in an organizational hierarchy where they are expected to guide, inform, and sometimes discipline team members. This dynamic often leads to tension or reluctance to engage in the evaluation process on the part of either the supervisor or the supervisee. Strength-based supervision focuses on nurturing what is working well and creating an atmosphere where change is possible through self-reflection. This session presents a model of counseling supervision that bridges organizational demands and needs with the effectiveness of a strength-based approach. Learn some hands-on methods for integrating a strength-based orientation into your supervision work.

8:45 a.m. – 10:15 a.m.
**Clinical Mental Health/Private Practice Academy**
Program ID #342, Convention Center, Room 211
**Tibetan Buddhism’s RIGPA and SEM and Their Relationship to Albert Ellis’ Rational Emotive Behavior Therapy**
90-Minute Session ▪
Robert A. Ross, Shu-Chung Chen
This session will discuss Buddhist meditation, the tradition-old concept and experience of “Rigpa” which is one of the highest teachings in the Buddhist tradition, and the relationship of this to Albert Ellis’ Rational Emotive Behavior Therapy. Ellis’ ABCs in helping clients move from dysfunctional thinking
and behavior to healthy expressions of the same will also be discussed. Most importantly, a connection between Rigpa and Ellis’ “Belief System” will be demonstrated. This connection will provide an additional treatment tool to place in your professional toolbox to help your clients get well. Experiential activities and case studies, participants will learn effective techniques for integrating spirituality into counseling and counselor education. Results from a recent study of Ph.D. students’ spiritual competencies will also be shared, along with ideas for infusing spirituality within the counseling curriculum.

8:45 a.m. – 10:15 a.m.
Evidence-Based Practices Academy
Program ID #346, Convention Center, Room 208
Understanding the Unsaid: Nonverbal Awareness and Skills Training To Increase Multicultural Competence
90-Minute Program
Michael Mariska, Ryan William Green, Sarah N. Baquet
Differences in nonverbal communication styles often act as a barrier to counseling and advocating for culturally different clients. This session draws from decades of social science research and training programs for business professionals, educators, and law enforcement personnel to show how an increased focus on nonverbal skills in counselor training can lead to greater effectiveness in addressing multicultural, social justice, and equity issues with clients and communities. The session will include a multimedia presentation, live demonstrations, role-play experiences, and an opportunity for discussion and questions. It is applicable to counselors, educators, and students from all counseling areas and all skill levels.

8:45 a.m. – 10:15 a.m.
Couples & Family Counseling Academy
Program ID #344, Convention Center, Room 236
Looking into the Therapeutic Mirror: Strategies and Techniques for Working with Women in Abusive/Dysfunctional Relationships
90-Minute Session, Advanced
John V. Farrar, Anita M. Farrar
Why do educated, successful, and functional women often end up in unsatisfying, stressful, and even abusive relationships? It is estimated that relatively two thirds of all committed relationships fail. This session provides research findings that answer this question and equips participants with specific skills, strategies, and methods to implement in working with such clients. This practice-driven session will account for why women make poor choices and provide therapists with the means to help clients avoid those disastrous choices in the future.

8:45 a.m. – 10:15 a.m.
Program ID #345, Convention Center, Room 207
Integrating Spirituality and Religion in Counseling: Counselor Competency and the FACE-SPIRIT Model
90-Minute Session
Hannah B. Bayne, Radha Horton-Parker, Melody Agbisit
Spirituality and religion can facilitate healing, and many times clients may want to incorporate these elements into counseling. However, practical methods of doing so are infrequently discussed, and many counselors may feel unprepared to include this focus in their work with clients. The FACE-SPIRIT model was developed to offer implicit and explicit strategies for integrating spirituality into counseling practice. Via
90-Minute Program, Advanced
Chad Luke, Frederick Redekop
The “red herring” phenomenon in counseling involves following or encouraging clients to discuss intriguing material without a clear rationale for such inquiry. Counselors, educators, and supervisors must train ourselves and our students to identify and adjust pursuit of these red herrings to avoid exploration for intellectual curiosity or emotional voyeurism. Recent research using an NSF-funded instrument holds great promise for training counselors in an area that has received limited attention in the literature: critical thinking skills. This session provides counseling-specific items for use by supervisors and educators to assess and train students/supervisees in critical thinking.

8:45 a.m. – 10:15 a.m.
Wellness Academy
Program ID #349, Convention Center, Room 203
Mindfulness Practices as Self-Care for Counselors
90-Minute Program
Julie Lenyk, Varunee Faii Sangganjanavanich, Valerie Prevosnak
Counselors are not effectively and systematically prepared to engage in self-care practices for their professional development and personal wellness. It is an ethical practice that counselors implement useful and effective self-care strategies to enhance their personal and professional functioning. Mindfulness is an evidence-based practice that counselors can implement to promote their counselor wellness, reduce occupational stress, and prevent impairment. The presenters will provide an overview of counselor self-care and wellness; ethical and legal issues related to counselor wellness and impairment; and mindfulness self-care strategies for counselors to utilize in everyday life.

8:45 a.m. – 10:15 a.m.
Counselor Education & Supervision Academy
Program ID #350, Convention Center, Room 202
Grief and Countertransference: Applying a Developmental Model of Supervision to Counselors Who Have Experienced Loss
90-Minute Program
Ryan Foster, Nick P. Patras
In this session, the presenters will discuss a model of supervising counselors-in-training who experience countertransference related to grief and loss based on Ronnestad and Skovholt’s (2003) developmental model of supervision. The presenters will review factors that can affect the process of understanding and resolving countertransference issues due to grief, including cultural and social experiences and spiritual beliefs. Additionally, the presenters will discuss specific supervision cases and invite attendees’ participation and sharing of their own counseling or supervision experiences related to this topic.

8:45 a.m. – 10:15 a.m.
Counseling Theory Academy
Program ID #351, Convention Center, Room 250
Infusing Ritual Practices and Solution-Focused Counseling: A Model for Facilitating Client Change
90-Minute Program, Advanced
Elizabeth A. Prosek, Stephanie A Crockett
This session invites counselors and counselor trainees to consider how a traditional counseling approach can be infused with spiritual techniques to reach clients at both cognitive and emotional levels. An original six-phase Brief Solution Rituals model is presented to demonstrate how solution-focused counseling and rituals are infused to provide a meaningful counseling experience for clients. A video-recorded case example displays the utilization of the model in clinical practice. You are invited to participate in an experiential activity to further understand the potential impact of rituals in the therapeutic process.

8:45 a.m. – 10:15 a.m.
Program ID #352, Convention Center, Room 251
Native American Spirituality and the Treatment of Native and Non-Native Peoples with Mental Health and Substance Abuse Issues
90-Minute Session
Rodney Alan Valandra
Understanding how spirituality and culture is intertwined within Native Americans is essential for working with Natives and in the treatment of non-Native clients. Native culture and spirituality will be explored as well as how to incorporate concepts in the treatment of Native and non-Native clients. Walking the “Red Road” is walking the journey of life in the right path, one with all elements of nature, within the natural rhythm of life exploring the four basic elements, medicine, harmony, relation, and vision. The concepts related to being centered in life and wellness will also be explored. Understanding and using these concepts, values, and beliefs can be important in assessment, diagnosis, and treatment of Native and non-Native peoples.

8:45 a.m. – 10:15 a.m.
ACA Counseling in Action Demonstration Series
Counseling Theory Academy
Program ID #355, Convention Center, Room 260
Working with Perpetrators and Targets of Cyberbullying
90-Minute Session
Sheri Bauman
The presenter will demonstrate counseling strategies that can be used with persons involved in cyberbullying. The behavior is problematic in schools, workplaces, and social contexts, and counselors need skills to work effectively with all involved. These skills will be exhibited in the sessions, one with a perpetrator and one with the target.
9:45 a.m. – 10:15 a.m.
ACA Client-Focused Research Series
Research Academy
Program ID #359, Convention Center, Room 252

An Investigation of Guilt-Proneness Among Nontraditional Students
30-Minute Session
Kristian Alton, Muthoni Kimemia, Kerrie Kardatzke Fuenfhausen, Julia Chamee
Since the late 1970s, nontraditional students have claimed a consistently larger segment of the college student population. However, despite this consistent growth, nontraditional students continue to experience higher attrition rates than their traditional peers. The literature on nontraditional students suggests that guilt may play a role in these attrition rates and suggests that this guilt may result from conflicting social norms. The purpose of this session is to present research examining this connection, discuss how the relationship between guilt and social norms is influencing this population, and identify best practices for supporting the emotional and psychological well-being of nontraditional students.

10:30 a.m. – 11:30 a.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #360, Convention Center, Room 200

Suicidal Behavior and Contagions: A Review of Increasing Trends and Discussion About Crisis Interventions and Debriefings
60-Minute Session, Advanced •
Sandra Terneus
Suicidal behavior is a major concern of mental health professionals, especially crisis counselors. This session will briefly review trends of suicidal behavior as well contagion effects. The majority of the session will be on viewing video segments regarding suicidal behavior, crisis intervention, and debriefing. You will have the opportunity to share personal reactions to the video segments as well as answer discussion questions in a small-group format. The processing of such dialogue will facilitate/confirm effective interventions, validate counselor wellness, and possibly find additional means to reduce suicide behavior.

10:30 a.m. – 11:30 a.m.
Program ID #361, Convention Center, Room 232

NOSCA’s 2012 National Survey of School Counselors: Where Is Counselor Education?
60-Minute Session, Advanced
Vivian V. Lee
The National Office for School Counselor Advocacy (NOSCA) will present the findings from the 2012 National Survey of School Counselors, True North: Charting the Course to College and Career Readiness. Participants will get an in-depth look at this cutting-edge research and the implications for school counseling in the areas of efficacy, training, resources, account-

ability, and equity. The impact on pre-service training programs and the responses of those from CACREP programs will be highlighted. In addition, paths forward that include policy and legislative considerations for school counseling will be discussed.

10:30 a.m. – 11:30 a.m.
Program ID #362, Convention Center, Room 205

Finding Counseling Intervention Gems
60-Minute Session
Garry R. Walz, Jeanne C. Bleuer
We attend professional conferences to acquire information on practical interventions that bring about desired outcomes. In this session, several counseling “pros” will reveal where to find gems that promise useful results. They will also suggest how you can “bury” your own gems in VISTAS so others can locate and use them.

10:30 a.m. – 11:30 a.m.
ACEG Sponsored Session
Career Development/Employment Counseling Academy
Program ID #363, Convention Center, Room 233

Career Counseling of Student Veterans: Theory and Application of a Cognitive Information Processing Approach
60-Minute Session, Advanced ▲
Seth C. W. Hayden, Leigh Eskin, Kathy Dorsett, ShengLi Dong
Veterans transitioning from military to civilian life often utilize their GI benefits to obtain various educational degrees. Student veterans sometimes struggle when supports are not present to assist them in an educational setting. Career counseling provides a tangible means of supporting student veterans in identifying fields of study and accompanying vocational options suited to their interests. This session will discuss the use of Cognitive Information Processing Theory in the career counseling of student veterans. The tenants of this approach along with its application in the provision of career counseling of student veterans will be discussed. You will be provided handouts and resources related to the topic.

10:30 a.m. – 11:30 a.m.
Chi Sigma Iota Sponsored Session
Couples & Family Counseling Academy
Program ID #364, Convention Center, Room 201

Community Impact Through Couples Relationship Education
60-Minute Session ■
Mark E. Young, Andrew P. Daire
This session describes the work of the federally funded UCF Marriage and Family Research Institute which, has provided couples relationship education and counseling to nearly 2,000 people and has trained scores of counselors. The session describes psychoeducational procedures, challenges, and rewards of working with low-income couples.
10:30 a.m. – 11:30 a.m.
AMCD Sponsored Session
Multicultural and International Counseling Academy
Program ID #365, Convention Center, Room 204
**Developing and Sustaining Multicultural Competencies in the Counseling Profession**
60-Minute Session
Cyrus R. Williams III, Laura Reid Marks
Since the adoption of the Multicultural Competencies and Standards by ACA in 2002, this document has been instrumental in aiding the profession in developing a multicultural perspective to counseling. These competencies remain a focal point of the profession. It is important to AMCD that this document remain the centerpiece when it comes to educating, supervising, researching, and counseling in our profession. To this end, AMCD seeks to revisit this document. We ask that you use this opportunity to provide feedback, suggestions, and input regarding the multicultural competencies. It is our goal to create a document that is fluid, sustainable, and relevant.

10:30 a.m. – 11:30 a.m.
Counselor Education & Supervision Academy
Program ID #366, Convention Center, Room 263
**Building Multicultural Competent Supervision: Implications for Counselor Development, Training, and Practice**
60-Minute Session
Kevin Feisthamel, Paula Britton
Research on multicultural issues in supervision is still in its early stages. As such, becoming competent in multicultural supervision is in great need of much more research, writing, and reflection. The American Counseling Associations Code of Ethics (2005) section E:2.b addresses this concern of counselor supervision competence of multicultural issues. However, the methods, training, and clinical representation of what it means to be competent as a multicultural supervisor continues to be challenging. This session will focus on providing practical strategies in integrating a holistic multicultural focus within the supervision process.

10:30 a.m. – 11:30 a.m.
Child & Adolescent Counseling Academy
Counseling Theory Academy
Program ID #367, Convention Center, Room 264
**Using Narrative Therapy and Creative Interventions To Help Children Who Have Experienced Trauma**
60-Minute Session, Advanced
Kimberly J. Desmond
This session examines how creative interventions such as puppets, letter writing, and art can be used within a narrative therapeutic framework to promote healing in children who have experienced trauma. Gain information about how trauma impacts children at various developmental stages and how counselors can facilitate healing. Specific techniques will be demonstrated through case study application.
practice—the Counseling for Liberation model of counseling practice. Participants will learn the basic principles of liberation psychology, as well as how this theory can be used to guide counseling practice. Three specific examples of the implementation of Counseling for Liberation will be described, including a career counseling group for first-generation college students, disaster outreach counseling for a Haitian American community, and group counseling for Latina/o migrant workers.

10:30 a.m. – 11:30 a.m.
School Counseling Academy
Program ID #371, Convention Center, Room 207
The Emerging Phenomenon of Bullycide: Implications for School Counselors and Stakeholders
60-Minute Session, Advanced ▲
Tara S. Jungersen, Shannon Ray
Bullycide, defined as children who commit suicide after being bullied, represents a complex and growing issue faced by professional counselors. It is important that school counselors take proactive steps to increase their knowledge and to ensure that their schools implement solid bullying and suicide prevention programs. Relevant legal issues (i.e., schools being sued by parents of bullycide victims) and diversity variables (e.g., LGBT-targeted bullying victims) will also be addressed. The goal of this session is to provide an overview of bullycide and to outline the steps that school counselors and personnel should take before, during, and after interventions with bullying victims in order to prevent bullycide.

10:30 a.m. – 11:30 a.m.
Group Work Academy
Program ID #372, Convention Center, Room 208
Invigorating Group Supervision: An Empirically Based Application of Group Theory and Practice
60-Minute Session ▼
Morgan Kiper Riechel, Ki Chae, Derek Robertson
How are theories of group work applied in group supervision in counselor education? A critical review of the literature identifies gaps related to diversity and power dynamics, discusses the application of group processes into group work, and substantiates a theory-based model for implementation at other university programs.

10:30 a.m. – 11:30 a.m.
LGBTQ Academy
Program ID #373, Convention Center, Room 230
Factors Impacting Counselor Competency When Counseling Sexual Minority Intimate Partner Violence Victims
60-Minute Session, Advanced ▼
Anita Neuer Colburn
Research regarding competency in counseling intimate partner violence victims is prolific; however a lack of inquiry exists for sexual minority intimate partner victims. This population is at a heightened risk because they are both oppressed and victims of abuse. Further research into establishing competencies for counselor competency with sexual minority intimate partner victims is important in order to provide best practices for this sensitive population. Best practices can help to ensure that only the most effective treatments are provided and will discourage the use of non-empirically based treatments. A qualitative study on counselor competency with sexual minority intimate partner violence victims will be discussed.

10:30 a.m. – 11:30 a.m.
College Counseling Academy
Program ID #374, Convention Center, Room 231
The Bucket Group: Maximizing Awareness of Empathy and Development of Communication Skills Within Correctional Populations
60-Minute Session ▼
Nefertiti Beck, Melissa Gaa
The Bucket Group is an experiential group implemented in both correctional settings and transitional living facilities based on the book How Full is Your Bucket by Tom Rath and Donald O. Clifton, PhD (2004). Attendees will participate in a Bucket Group session led by one of the three facilitators in order to receive a hands-on understanding of the experience of group participants. Research and resources regarding the correctional population will be shared to assist in serving incarcerated or transitional clients to develop empathy and more effective communication skills.

10:30 a.m. – 11:30 a.m.
Evidence-Based Practices Academy
Program ID #375, Convention Center, Room 203
Counselors Working in Higher Education: College Counseling Interventions Applicable in Other Student Service Areas
60-Minute Session ▼
Jake J. Protivnak, Matthew J. Paylo, Scott E. Queener
Counseling interventions are important in supporting the development of college students. Participants will learn college counseling interventions that can be utilized in a variety of student service areas across campus. The presenters will discuss the unique contributions and ethical challenges of college counselors working outside of the traditional counseling office. You will be provided with suggestions for ways that college counselors can work with administrators to support the academic, career, and personal/social development of all students in higher education.
Motivational interviewing (MI) is a person-centered, collaborative, and empirically supported guiding style intended to elicit and strengthen motivation toward positive change. Its versatile and purposeful style lends itself well to counselor supervision, offering structure and direction, and promoting collaboration, skill development, and self-assessment. This session will describe how MI has been implemented in the individual and group supervision of beginning counselors. Specific examples will be provided of MI’s utility in supervision for teaching and reinforcing fundamental skills, enhancing client case conceptualization, fostering supervisee (and supervisor) self-efficacy and humility, and facilitating supervisee evaluation.

10:30 a.m. – 11:30 a.m.
Wellness Academy
Program ID #377, Convention Center, Room 250
Puppy Love: Using Dogs as a Unique Approach to Wellness Across a Variety of Counseling Spectrums
60-Minute Session ■
Carrie Alexander-Albritton, Amanda Griffith, Shanen Norlin
Therapy dogs allow counselors to tap into clients on a unique level. This session combines research and theory into practice by highlighting current literature and a practical demonstration. The presenters will focus on the unconventional ways therapy dogs can be integrated into the overall wellness of clients. Therapy dogs offer a source of outlet for those experiencing trust issues, grief and loss, anxiety, and many other difficult life issues. The presenters will connect personal experience and knowledge in order to promote the integration of research and practice into tangible ways to use therapy dogs in the counseling profession.

10:30 a.m. – 11:30 a.m.
Research Academy
Program ID #378, Convention Center, Room 251
Understanding the Concept and Development of Research Identity Within Master’s-Level Counselors
60-Minute Session
Maribeth F. Jorgensen
There has been much left to know and understand about what it means to have a research identity in addition to a professional counselor identity. The goal of this session is to provide a framework for the rationale of this research focus; describe the methodologies utilized thus far; and share findings of research that has focused on grounding the concept and development of research identity in professional counselors. Further, research identity development will be described through explanations of the three identified stages: stage one, stagnation; stage two, negotiation; and stage three, stabilization. Implications for the field of counselor education, clinical supervision, and the profession of counseling will be discussed.

10:30 a.m. – 11:30 a.m.
Clinical Mental Health/Private Practice Academy
Program ID #379, Convention Center, Room 237
Internship in Integrated Health-Care Practices: Opportunities and Challenges
60-Minute Session, Advanced ■
Russ Curtis
The purpose of this session is to inform counselors and counselor educators about the opportunities that exist for practicum and internship students interested in working within integrated health-care practices. To do this, integrated care (IC) will be defined and the research supporting its efficacy will be presented. Typical duties performed by counseling interns, benefits to clients and health-care professionals, and the training needed to ensure successful IC internships will be discussed.

10:30 a.m. – 11:30 a.m.
Multicultural and International Counseling Academy
Program ID #380, Convention Center, Room 238
Muslim Identity: A Model for Working with American Muslim Students
60-Minute Session ■
Maham Tariq
Muslims are among the fastest growing religious populations in the country and Muslim students have a more visible presence in schools and on college campuses. However, many counselors have limited knowledge about their spiritual and cultural lives. This session informs counselors of myths and realities regarding those who practice Islam. It also describes a model of identity development to help counselors work with American Muslim students.

10:30 a.m. – 11:30 a.m.
Multicultural and International Counseling Academy
Program ID #381, Convention Center, Room 234
Self, Others, and Worldviews: The Cultural Differences of the Individuation Construction Process
60-Minute Session ■
Ching-Chen Chen, Ellen P. Cook, George Richardson
The purpose of this research study is to explore the individuation construction process of adolescents in different cultural contexts. This research indeed encompasses three levels of construction: self-identity, fulfilling social relationships, and practicing one’s worldviews about life goal, mission, and calling.

10:30 a.m. – 11:30 a.m.
Program ID #382, Convention Center, Room 261
What’s on Your Smartphone: Phone Applications for Counselors and Clients
60-Minute Session
Janis C. Booth, Nathan R. Booth
This session will review smartphone applications appropriate for use by counselors, counseling graduate students, and their clients. Applicability for various purposes and types of phone,
cost, as well as ethical issues related to the use of electronic communication devices will be discussed. Information about privacy issues and future applications will be provided by a smartphone application designer interviewed by the presenters.

10:30 a.m. – 11:30 a.m.
ARCA Sponsored Session
Research Academy
Program ID #383, Convention Center, Room 261

**Relationships of Environmental Factors and Community Reintegration After Spinal Cord Injury: Using the ICF Model**

60-Minute Session
Veronica I. Umeaseigbu

The primary purpose of the study is to investigate the relationships of environmental factors (adjustment counseling, assistive technology, and vocational services) and community reintegration outcomes among adults with spinal cord injury. This session will provoke interest in the applicability of the ICF in rehabilitation research and clinical practice, and it will provide information on the relationships between rehabilitation services received and community reintegration outcomes of individuals with spinal cord injury.

10:30 a.m. – 11:30 a.m.
Counseling Ethics & Legal Issues Academy
Program ID #384, Convention Center, Room 252

**Replenishing the Well: The Ethic of Self-Care for Counselors in Small, Rural, or “Neighborhood” Settings**

60-Minute Session
Mikal Crawford, Deborah Drew

Counselors have an ethical obligation to care for themselves as they engage in practice with their clients. In small, rural, and “neighborhood” settings, the challenge of the person/profession interface is very real. This session invites you to explore the challenges of professional practice in such settings. Develop a plan for improving and maintaining healthy self-care.

11:45 a.m. – 1:15 p.m.
Research Academy
Program ID #385, Convention Center, Room 252

**Advocacy Outside the Box: A Multilevel Spatial Analysis of First-Time Mothers with Postpartum Depression**

30-Minute Session, Advanced
David Jones

Roughly 13% of women experience postpartum depression. This research project examines the risk factors for first-time mothers who have been diagnosed with postpartum depression. Moreover, this study attempts to identify spatial clusters of postpartum mothers in Hamilton County, Ohio. This effort adheres to the call for advocacy by characterizing the individual and community-level risks associated with postpartum depression.

11:45 a.m. – 1:15 p.m.
Program ID #386, Convention Center, Room 200

**Utilizing Multicultural Strengths, Ethics, and Competencies To Address Video Game Addiction and Diverse Gamer Culture**

90-Minute Session, Advanced
Charles R. Crews, Gerald Pennie

Video gamer culture is stereotyped in varying ways. This session will delve into gaming from a multicultural competence perspective to inform participants about the unique challenges and opportunities a professional counselor can use when working with a person who may be considered an addicted gamer. Models of addiction, multicultural theory, and gamer culture will be used to assist counselors with treatment options for people facing this increasingly apparent clinical issue. Bring your laptops and tablets and explore the gamer culture as you have never seen it before. Handouts and resources will be shared.

11:45 a.m. – 1:15 p.m.
School Counseling Academy
Program ID #387, Convention Center, Room 232

**Evidence-Based School Counseling: An Advanced Primer on Analyzing School Counseling Program Data**

90-Minute Session, Advanced
Brett Zyromski, Katrina Hacker

School counselors may feel isolated as they set goals, implement programs to achieve goals, and attempt to identify data baselines, implement data streams, conduct data analysis, and disseminate the results. This session provides participants with strategies for setting measurable, achievable goals for the school counseling program, and an “umbrella” for organizing existing programs for optimum impact on student achievement or other measurable outcomes. You will be provided with models for data collection using an Excel spreadsheet, bridging the divide between discussing how to use MEASUREs (Stone & Dahir, 2011) and setting up functional data collection strategies within your school.

11:45 a.m. – 1:15 p.m.
Counselor Education & Supervision Academy
Program ID #388, Convention Center, Room 205

**Make a Joyful Noise: Drum Circles and Affective Training in Counseling Students**

90-Minute Session
Stephanie K. Scott, Nina M. Spadaro, Stephanie J.W. Ford

Counselors’ self-awareness, insight, and ability to connect are foundational to clinical efficacy. Training in this area has been found to be essential to counselor development; however, current didactic methods focus heavily on content areas (CACREP standards). In most programs, personal development is offered through process groups, skills training with group feedback, and affective awareness discussions. Drumming offers an experiential learning process, which is likely to be a more effective approach to developing affective skills. This session
shares current research as well as an opportunity to participate in a drum circle and share insights and reflections.

**11:45 a.m. – 1:15 p.m.**
*Counselor Education & Supervision Academy*
Program ID #389, Convention Center, Room 233

**Thriving in Rural Counseling: Building Sidewalks Through Peer Supervision**
90-Minute Session, Advanced
*Lauren Paulson, William J. Castile*

Rural counselors face many challenges and must develop specific skills and personal characteristics to work effectively with the diverse and unique concerns presented by rural populations. Rural counselors need to have supervision to ensure competencies, facilitate development, reduce feelings of isolation, and guarantee they are practicing ethically. However, finding and accessing continuing education and support is frequently a challenge. This interactive session provides the opportunity for rural counselors to share their experiences, and specific suggestions to compensate for lack of supervision will be reviewed. Specifically, a peer supervision model emphasizing collaboration and development will be introduced and explored.

**11:45 a.m. – 1:15 p.m.**
*Evidence-Based Practices Academy*
*Multicultural and International Counseling Academy*
Program ID #390, Convention Center, Room 201

**International Service Learning Activities for Students and Counselors in the Field: A Mandate for the New Multicultural Era**
90-Minute Session, Advanced
*Roberto Swazo*

Professional counselors in the United States are frequently encountering new multicultural dilemmas based on the complex cultural diversity of their clientele. Regardless of their occupational context (e.g., school, mental health, substance abuse) or professional facet (e.g., student or practitioner), all must keep up with the multicultural trends. The presenter offers a comparative analysis between the traditional multicultural courses offered in the classroom vis-à-vis multicultural courses taught abroad with an emphasis on international service learning activities. The presenter establishes an argument in favor of the renovation of the multicultural curriculum and the quality of CEU’s for practitioners in the field. Copies will be provided.

**11:45 a.m. – 1:15 p.m.**
*Counseling Ethics & Legal Issues Academy*
Program ID #391, Convention Center, Room 204

**Ethical Risk Management for Generation Y: Digital Boundaries for Professional Counselors**
90-Minute Session, Advanced
*Steven M. DeMille*

Risk management and ethical clinical practice has been identified as a critical yet complex task of mental health professionals. This session will discuss different types of risk that therapists face unique to the modern era, specifically, issues relating to digital boundaries, social networking, texting, emails, and using Google searches.

**11:45 a.m. – 1:15 p.m.**
*Career Development/Employment Counseling Academy*
Program ID #392, Convention Center, Room 263

**The Hope-Centered Model of Career Development and Intervention Toolkit: A New Approach to Effective Career Counseling**
90-Minute Session
*Spencer G. Niles, Hyoyeon In, ZiYoung Kang*

The newly constructed Hope-Centered Model of Career Development (HCMCD) helps you serve your clients in managing their careers effectively. Through this session, the presenters will introduce the HCMCD and demonstrate how the model can be used in conjunction with its intervention toolkit, the Hope-Centered Career Intervention Toolkit (HCCIT). This hope-centered approach contains the following competencies: hope, self-reflection, self-clarity, visioning, goal setting/planning, and implementing/adapting. Actively participate in case studies that help you understand how to apply the HCMCD and the HCCIT to clients from diverse backgrounds.

**11:45 a.m. – 1:15 p.m.**
*Multicultural and International Counseling Academy*
Program ID #393, Convention Center, Room 264

**White Racial Identity Development Models (or, Lies Our Teachers Never Told Us)**
90-Minute Session, Advanced
*Krista M. Malott, Tina R. Paone*

Do “fully developed” Whites exist, as defined by various White racial identity models? Findings of a current study by the authors suggest something very different from what many theorists posit to be true, leading to provocative questions regarding current thought and instruction such as … What does it mean to be antiracist and a racist simultaneously? Are fully developed Whites healthy or dysfunctional in assuming a negative perspective of their Whiteness? Is it unethical to apply racial identity models to counselors and research subjects that fail to capture the full complexity and reality of Whites? These are just a few questions to be explored in an interactive session examining White racial identity development.

**11:45 a.m. – 1:15 p.m.**
*Child & Adolescent Counseling Academy*
Program ID #394, Convention Center, Room 211

**A Healing Hub Model: Stepping Stones, a Children’s Bereavement Group with Concurrent Adult Support Groups**
90-Minute Session
*Susan DeNardo*

Children and teens have unique needs in their journey of
recovery after the loss of a loved one. Stepping Stones, our bereavement group for children with concurrent adult support groups, has been a successful way to help our children “normalize” their loss and actively engage in their healing. Learn current grief theory and about the differences between adult grief and children’s grief. Presenters will provide the nuts and bolts of running this successful children’s bereavement group—how we structure the group and activities we use. Engage in several sample creative interventions as you work with your own loss history. All interventions can also be applied to one-on-one counseling of bereaved children.

11:45 a.m. – 1:15 p.m.
Military Counseling Academy
Program ID #395, Convention Center, Room 212
Hup Two, Three, Four: Get in Step for Counseling Military Families and Veterans
90-Minute Session
Rhonda Felece Jeter, J. Fidel Turner, Jr.
There is an increased need for the provision of counseling services for military personnel, veterans, and their families. There is limited information about therapeutic practices and counselor education specifically focusing on the unique counseling needs of military families and veterans. The presenters will provide an overview of the complex mental health issues faced by this population. The presenters will apply tenets of Bronfenbrenner’s Ecological Model to the current literature regarding counseling for soldiers, military families, and veterans. Receive information regarding the components needed for a counseling curriculum that specifically addresses the needs of military personnel and their families.

11:45 a.m. – 1:15 p.m.
Program ID #396, Convention Center, Room 236
Creating Creativity: Three Simple Steps to Generating Ingenious Counseling Interventions
90-Minute Session
Christopher Lawrence
Counselor competence in the 21st century requires that counselors provide clients with novel and psychologically challenging experiences. Such creative experiences can help clients develop new ways of relating to the world, aiding them in diversifying their adaptive responses and problem-solving strategies and helping promote greater appreciation for ambiguity. This session will provide attendees with an interactive experience aimed at accessing their own creative processes, introducing them to a three-step process for generating innovative counseling interventions that can be utilized to stimulate clients and foster growth.

We want to know what you think!
Visit the kiosks near registration to complete conference survey
attachment. Basic tenets to use in therapy in addition to a link between attachment and brain development in utero will be introduced. Learn of traditional suicide risk factors and the limitations that exist in considering individual risk exclusively.

11:45 a.m. – 1:15 p.m.
Counselor Education & Supervision Academy
Program ID #400, Convention Center, Room 231

The CACREP Process: One Program’s Journey to Success
90-Minute Session
Adriana McEachern, Maureen C. Kenny
The CACREP accreditation process and writing the self-study can be overwhelming, time-consuming, and emotionally exhausting. The perspectives of faculty and a student from clinical mental health and school counseling programs, recently reviewed by a CACREP site team, will be shared. Lessons learned on the journey and tips to help program faculty be successful will be presented. Specifically, the presenters will share ideas and information on soliciting administrative support, the technical aspects of writing the self-study, documenting assessment of learning outcomes, preparing for the site visit, making effective use of time, and reducing stress. Various sections of the self-study written by the presenters will be shared.

11:45 a.m. – 1:15 p.m.
Professional Issues Academy
Program ID #401, Convention Center, Room 203

To Whom Shall I Refer? Best Practices for Referring Clients with Spiritual/Religious Issues
90-Minute Session
Devlyn H. McCreight, Jill L. Snodgrass, Michael R. McFee
As the number of spiritually based therapies grow, so do the number of clients seeking help with explicitly religious and/or spiritually framed issues. However, if counselors are not comfortable dealing with spiritual/religious issues, how do they go about making an appropriate referral? In this session, an overview of pastoral counseling, Christian counseling, and spiritual direction is given to help counselors make better-informed decisions when referring clients for spiritually oriented care and counseling. We will discuss the unique theoretical orientations, specific interventions, and strengths/limitations of these three disciplines. The session will include case studies, demonstrations, and Q&A.

11:45 a.m. – 1:15 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #403, Convention Center, Room 250

Traumatic and Critical Incident Experiences: Cognition, Spiritual, and Psychological Healing
90-Minute Session
Jake A. Johnson
Traumatic and critical incident experiences have impacted and altered the psychological, physical, and spiritual functioning of millions of people across cultures. Early developmental experiences have been correlated with the healing and recovery process of those who have been traumatized. Based on case and current research, the presenters will focus on the cognition and cognitive functioning of clients who have been traumatized and their diverse ways of thinking and responding to trauma. Attention will be given to self-schema and its role in helping and/or prohibiting the psychological and spiritual healing of persons from trauma. A person who has actually experienced a critical incident will share her story.

11:45 a.m. – 1:15 p.m.
Program ID #404, Convention Center, Room 251

Failure To Launch: Guiding Clinicians To Successfully Motivate the Long-Dependent Young Adult
90-Minute Session
Michael D. DeVine
The presenter will define the problem and explain its development in today’s culture; explore the underlying psychological problems that exacerbate this issue utilizing up-to-date research and SPECT brain imaging studies conducted at the clinic; and provide step-by-step instructions to detail how to successfully launch young adults into a responsible self-supporting lifestyle, including methods such as structural family counseling, motivational interviewing, and vocational theory. True accounts of clients will be detailed, to help see in practice how the methods work.

11:45 a.m. – 1:15 p.m.
Child & Adolescent Counseling Academy
Program ID #405, Convention Center, Room 237

Creative Best Practices with Grieving Children and Youth: Interventions, Ethics, and Cultural Considerations
90-Minute Session, Advanced
Heloisa H. Portela, Peggy Whiting, Laura Wheat
Even experienced counselors often unknowingly perpetuate misconceptions about recovery after a death, especially misunderstanding the experiences and manifestations of grief in children. This session addresses the conceptual models and best practices for responding to bereaved children and youth by offering more advanced knowledge to counselors on the developmental context of bereavement, the research-based needs of this population, and the implementation of expressive arts, play therapy, and narrative reconstruction intervention methods. We will include case examples that illustrate the ethical dimensions of working with diverse children in grief and of implementing creative approaches in counseling this group.
90-Minute Session
Colleen R. Logan
The life experiences of queer and questioning youth are, in general, not that different from other adolescents’ experiences in today’s world. The most profound difference is that queer and questioning youth experience a challenging developmental stage through the harsh lens of societal homoprejudice. Each stage and transition is compounded by societal bigotry and discrimination, locally, nationally, and globally. Add to this experience the additional multiple ethnic and racial identities and adolescence becomes, at best, extraordinarily complicated and, at worst, harrowing and potentially life-threatening.

The Presenter will demonstrate how to effectively address the myriad issues of adolescence while affirmatively acknowledging and honoring different and unique identities emphasizing strengths and possibilities while ameliorating pain and disenfranchisement.

12:45 p.m. – 1:15 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #411, Convention Center, Room 252
Exploring the Capacity To Be Alone
30-Minute Session, Advanced
Melinda Mays, Zac Nance
The explosion of the use of technology for communication and social media has greatly changed the face of our culture. As practitioners, we need to acknowledge the impact this has had on our clients, especially regarding the capacity to be alone. This session will highlight the findings of a qualitative study done by the presenters of the role solitude plays in the lives of respondents. Current literature will also be presented from such authors as Goosens et al. (2009), Ruiz-Caseras (2012), and Larson and Lee (1996). Historical perspectives from professional leaders such as Rogers, Freud, and Winnicott will also be presented. Since these are “uncharted waters,” you will be asked to contribute to this timely discussion.

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Graduate Student and New Professional Must-Attend List!

**FRIDAY • MARCH 22**
7:00 a.m. – 8:30 a.m. First Timers Breakfast (pre-register in advance)
9:30 a.m. – 10:30 a.m. Opening Keynote Session, Ashley Tyler Judd
11:00 a.m. – 12:00 p.m. Becoming a Professional Counselor, by Gerald Corey (ID #102)
2:00 p.m. – 3:30 p.m. The Graduate Student’s Survival Guide: Using ACA Resources to Support Professional Development, by the ACA Graduate Student Committee (ID #129)
3:45 p.m. – 4:45 p.m. What Graduate Students and New Professionals Need to Know About Humor in Counseling, by Samuel T. Gladding (ID #155)
5:00 p.m. – 6:00 p.m. What Graduate Students and New Professionals Need to Know About the Current State of Multiculturalism, by Jo-Ann Lipford Sanders (ID #182)
6:00 p.m. – 7:30 p.m. Chi Sigma Iota International Reception (Hilton Plaza)
9:00 p.m. – 12:00 a.m. Opening Party

**SATURDAY • MARCH 23**
9:00 a.m. – 10:00 a.m. Keynote Session, Dr. Allen Ivey and Dr. Mary Bradford Ivey
3:45 p.m. – 4:45 p.m. What Graduate Students and New Professionals Need to Know About Preparing for Success in Private Practice, by Deborah Legge (ID #261)
3:45 p.m. – 4:45 p.m. What Students Need to Know About Neuroscience and Counseling: A Q&A Discussion with Allen and Mary Ivey (ID #278)
5:00 p.m. – 6:00 p.m. A New Opportunity: Getting a Job in Integrated Care, by Rebecca Daniel-Burke (ID #286)
6:30 p.m. – 7:30 p.m. National Awards Ceremony (Millennium Hotel)

**SUNDAY • MARCH 24**
7:30 a.m. – 8:30 a.m. Building Skills and Advocating for the Counseling Profession, by Don Locke (ID #308)

Make sure to visit the Graduate Student/New Professional Center in the Expo Hall!
30-minute poster sessions are designed to convey research findings and/or novel approaches to issues in a poster format. Through an interactive style, you are encouraged to stop by and visit with as many of the presenters of the sessions as you would like, and engage in interactive dialogue.

All poster sessions are located in the Convention Center Expo Hall, and they do not offer continuing education credits.

**10:30 a.m. – 11:00 a.m.**
Chi Sigma Iota Sponsored Session  
Program ID #500, Convention Center Expo Hall, Poster Area 1

**Professional Counseling: Perspectives from Around the World**  
30-Minute Poster Session  
Stephen Kennedy, Stanley Baker, Ashley Nemiro, Megan Hyland Tajlili, Taheera Blount

Counseling has become a global profession, allowing practitioners from different cultures to learn from each other. In this session, you will hear the perspectives of graduate students who have traveled to Africa, Europe, Central America, and the Middle East for internships and courses. The presenters will share information about counselor education programs, theoretical approaches, and current counseling practices in several diverse countries.

**10:30 a.m. – 11:00 a.m.**
Chi Sigma Iota Sponsored Session  
Program ID #501, Convention Center Expo Hall, Poster Area 2

**International Sojourning at Idaho State University: Understanding, Experiencing, and Evidencing**  
30-Minute Poster Session  
Alyse Michelle Anekstein, Katie Kostohryz, Linwood Vereen, Pamela C. Wells

As the need for cross-cultural counseling skills continues to grow, counselors-in-training can participate in international sojourns led by their counseling programs, including here at Idaho State University. More and more counseling programs are offering study abroad experiences as a part of counselor training. Despite the growth of international opportunities and the emphasis on multicultural development and social justice advocacy, the counseling literature is lacking in information to provide a strong foundation and basis for this type of coursework. This poster will discuss the purpose of study abroad integration in counselor education, students’ experiences of traveling abroad, and outline ideas at how CSI chapters can promote research from a student’s perspective in this area.

**10:30 a.m. – 11:00 a.m.**
AARC Sponsored Session  
Program ID #502, Convention Center Expo Hall, Poster Area 3

**Measuring Life Balance: A Validation Study of the Juhnke-Balkin Life Balance Inventory**  
30-Minute Poster Session  
Randy J. Davis, Richard S. Balkin, Gerald A. Juhnke

Interest in the life balance construct has grown within the counseling profession including the areas of wellness, addictions, and clinical mental health. The Juhnke-Balkin Life Balance Inventory was designed to measure the life balance construct. Strong evidence of validity and reliability was established for the instrument based on results of a validation study which included factor analysis and multiple regression. Results from the study and suggested clinical use of the instrument are presented and discussed.

**10:30 a.m. – 11:00 a.m.**
IAAOC Sponsored Session  
Program ID #503, Convention Center Expo Hall, Poster Area 4

**Combat Trauma and Addictions**  
30-Minute Poster Session  
Larry Ashley

Addiction and combat-related post traumatic stress disorder (PTSD) often go hand in hand. This phenomenon has been documented as early as the civil war. Combat exposure often results in PTSD. Three symptoms sets, re-experiencing, numbing and avoidance, and hyper-vigilance characterize the disorder. These symptoms are detrimental to the individual’s ability to adjust back to civilian life. Many veterans use psychoactive substances as a form of self-medication to ease the symptoms of post traumatic stress disorder. It is estimated that 35-75% of veterans with PTSD abuse drugs and alcohol. Understanding the major issues faced by veterans is important for providing mental health services.

We want to know what you think!  
Visit the kiosks near registration to complete conference survey
Friday [Poster Sessions]

10:30 a.m. – 11:00 a.m.
NCDA Sponsored Session
Program ID #504, Convention Center Expo Hall, Poster Area 5
An Essential Resource for Users of Quantitative and Qualitative Career Assessment Instruments
30-Minute Poster Session
Chris Wood
The 6th edition of A Counselor’s Guide to Career Assessment Instruments can help improve the appropriate use of career assessments and enhance career development programming. New features include: a chapter on multicultural considerations, over 80 reviews of career assessments reviews of qualitative assessments/alternative approaches to standardized assessments. Updated: chapters on career assessment, competencies/ responsibilities of test users, and selecting career assessment instruments, publisher’s contact information an appendix illustrating the topic and intended audience of over 300 career assessments, brief descriptions of over 300 instruments.

10:30 a.m. – 11:00 a.m.
Program ID #505, Convention Center Expo Hall, Poster Area 6
A Practitioner’s Guide To Address Bullying at the Post-Secondary Level
30-Minute Poster Session
Rosina Mete, Elizabeth L. Kinan
Bullying incidents are increasing among students at the post-secondary level. Research coverage examining potential influences and trends for bullying among students in elementary, middle and high schools is readily available. However, few studies exist which examine bullying prevention and intervention efforts within the post-secondary educational environment. This poster will focus on developing an action plan with a three-tiered approach: prevention, needs assessment, intervention along with an evaluative component to determine efficacy. You will be introduced to evidence-based anti-bullying resources and other strategies which they may use in a counseling center setting to develop their own proactive guide.

10:30 a.m. – 11:00 a.m.
Program ID #506, Convention Center Expo Hall, Poster Area 7
Racial, Ethnic, and Gender Bias in Diagnosis
30-Minute Poster Session
Deborah Duenyas, Matthew R. A. Branfield
Presenters will provide information on the importance of considering race, ethnicity, and gender when making diagnostic decisions. Making diagnostic judgments is a part of the mental health profession and one that is imperative to providing the best possible services to clients. The presenters will provide preliminary quantitative data demonstrating the effects of ethnocultural empathy, one’s comfort level working with diversity, and one’s awareness of privilege and oppression in society, on the diagnostic decision-making process. Information on how one's own conscious or unconscious racial, ethnic, and gender biases may hinder clinical judgment will be discussed.

10:30 a.m. – 11:00 a.m.
Program ID #507, Convention Center Expo Hall, Poster Area 8
Using Ropes Course Activities To Process Grief with Children
30-Minute Poster Session
Jacqueline Swank
Children experience grief differently than adults; and therefore, it is crucial that counselors understand children’s perceptions and understanding of grief, and their experiences throughout the grieving process. This poster focuses on the result of a qualitative study that explored children’s experiences processing grief through the use of ropes course activities. The presenter will discuss the implications of the study for counselor training, counseling practice, and future research.

10:30 a.m. – 11:00 a.m.
Program ID #508, Convention Center Expo Hall, Poster Area 9
Career to Retirement: A Psychoeducational Transition Group
30-Minute Poster Session, Advanced
Jonathan Lent, David Hermon
This poster focuses on assisting counselors and counselor educators to work more effectively with older adults nearing retirement. Research has shown one viable approach to assisting adults during this period in their lives is group counseling (Goodman, Schlossbert, and Anderson, 2006). A psychoeducational group can provide education and support to assist participants’ exploration of key concerns surrounding retirement. Considering the numerous changes inherent in this transition, a holistic framework will serve as an overall guide for the group. Receive information related to implementing a group for adults nearing retirement.

10:30 a.m. – 11:00 a.m.
Program ID #509, Convention Center Expo Hall, Poster Area 10
Nature and Nurture: Using Horticulture Therapy To Enhance Your Practice
30-Minute Poster Session
Jen Y. Molnar
This poster will explore the exciting use of horticulture therapy across a broad range of settings and populations. Research and related case studies will demonstrate the relevance of the modality with children in an urban school, seniors in assisted-living facility, patients in an outpatient mental health clinic and women in a residential treatment program for chemically dependency. Videos of clients and clinicians will demonstrate the efficacy of this innovative modality. We will discuss the use of metaphor as a part of this approach. You will be given a list of ‘shovel ready’ ideas for your practice!

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
10:30 a.m. – 11:00 a.m.
Program ID #510, Convention Center Expo Hall, Poster Area 11
Finding Hope in Haiti—a Phenomenological Exploration of Meaning-Making and Identity After the Earthquake
30-Minute Poster Session
Deborah G. Rollison
What can the stories of Haiti earthquake survivors teach us about issues of faith, meaning-making, loss, and hope? What is the impact of the disaster on the survivors’ views of God and their overall faith? What psycho-spiritual factors can help people emerge stronger from an experience like this? This qualitative study explores the relationship between aspects of spirituality, posttraumatic growth, and meaning-making in the lives of 42 survivors. Participants’ own compelling narratives and quotes will create a deeper felt understanding of what it was like to live through this tragedy, as well as the role faith may play in offering coping and other resources. Multicultural dimensions of our research methods and findings will also be shared.

10:30 a.m. – 11:00 a.m.
Program ID #511, Convention Center Expo Hall, Poster Area 12
Transitioning to “Titanium Schedule” for College and University Counseling Centers: Issues and Considerations
30-Minute Poster Session
Aimee Adams, Lisa Coulter
This poster provides an overview of Titanium Schedule, a popular scheduling and database software program designed specifically for use in college counseling centers. Counselors from a medium-sized college counseling center will discuss the recent process of purchasing and implementing Titanium in their center. Pros and cons will be provided from the perspectives of professional counselors, trainees, and front desk personnel. Implications of Titanium for improving customer service, client care, and assessment of services will be discussed.

10:30 a.m. – 11:00 a.m.
Program ID #512, Convention Center, Expo Hall Poster Area 13
Comprehensive Counselor Self-Care: Wellness Exercises To Develop Healthy Self-Care Patterns
30-Minute Poster Session
Darren A. Wozny
It is ethically necessary to protect against the professional risks of counselor compassion fatigue (Figley, 1995), burnout, and impairment. Learn about the different types of self care (physical, social, cognitive, emotional, spiritual, and financial) and understand the importance of self-care wellness in counseling. You will have the opportunity to self-assess on the different types of self-care wellness, engage in self care exercises to address the different types of self-care, journal the impact (benefits and constraints), and develop a future plan for self-care (includes instructor’s example).

10:30 a.m. – 11:00 a.m.
Program ID #513, Convention Center, Expo Hall Poster Area 14
Exploring College Counselor Spiritual Competency in Relation to Training and Professional Practice
30-Minute Poster Session
Abigail Holland Conley
The growing research in the field of spirituality, spiritual identity, and spiritual development showcase the idea that faith is a viable topic to explore as an essential component of the human condition, and an important aspect of diversity. Results from a recent mixed-methods study that explored the relationship between college counselor training and practice regarding spiritual competency will be presented. This poster will highlight the need for counselor educators, clinical supervisors, and counselors to gain knowledge in spiritual development, spiritual and religious multicultural competencies, and spiritual interventions. Implications for educators and practitioners and will be given.

10:30 a.m. – 11:00 a.m.
Program ID #514, Convention Center Expo Hall, Poster Area 15
Undocumented, Unseen, Unknown: Effective Advocacy and Interventions for At-Risk, Undocumented Youth
30-Minute Poster Session
Todd Gibbs, Abraham Saunders
Caught in the cross-fire of the hotly contested sociopolitical debate over immigration are 5.5 million immigrant youth in schools and communities across the United States. Many of these children and adolescents experience risk factors that impact emotional and cognitive development. Counselors can facilitate a sense of security and belonging through intentional work with at-risk, immigrant youth. This poster outlines the scope of the problem, identifies major risk factors for undocumented youth, and discusses the effect of immigration status on cognitive and emotional development. Presenters will provide empirically-based, culturally sensitive interventions that counselors can implement to cultivate individual and systemic resilience.

11:30 a.m. – 12:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #516, Convention Center Expo Hall, Poster Area 1
Leadership Principles in Action: Fostering Servant Leadership Through a Prolonged Counselor Community Engagement Partnership
30-Minute Poster Session
Lucy Lewis, Christine Murray, Cheryl Fulton, Laura Rosemary Shannonhouse, Nicole A. Adamson
This poster will concretely outline the process by which servant leadership was fostered and principles and practices of leadership excellence were actuated through a prolonged counselor community engagement with a refugee resettlement agency. Learn how to assess and align chapter and community partner needs and goals; strategies to promote servant...
leadership, reflection, and evaluation throughout the implementation process; and how to use succession planning to promote continuity and longevity of the project.

11:30 a.m. – 12:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #517, Convention Center Expo Hall, Poster Area 2

Hypersexuality Disorder: Shedding Light on Sex Addiction
30-Minute Poster Session
Tiffany Rogers
With the upcoming publication of the DSM-V and a peak in public interest about whether or not sex addiction exists, this poster examines recent research regarding hypersexuality disorder. This poster focuses on possible causes of hypersexuality disorder, how this disorder may be expressed in clients, arguments for and against classifying hypersexuality disorder as an addiction, and beneficial treatments and counseling techniques for working with these clients.

11:30 a.m. – 12:00 p.m.
IAMPFC Sponsored Session
Program ID #518, Convention Center Expo Hall, Poster Area 3

Using Role-Play To Teach Family Counseling
30-Minute Poster Session, Advanced
Bret Hendricks, Loretta J. Bradley, Derek Robertson
Role play and other creative techniques provide exceptional student learning opportunities. Presenters will discuss ways to use creative techniques in teaching family counseling. The poster will describe creative methodologies from the counselor educator and the student standpoints. The presenters will also describe objective ways to measure student learning while integrating CACREP requirements. Handouts will be provided.

11:30 a.m. – 12:00 p.m.
Program ID #519, Convention Center Expo Hall, Poster Area 4

Rapid Case Conceptualization for Trauma Counselors
30-Minute Poster Session, Advanced
Mindi Raggi, Jim Reynolds, Michael M. Dubi
The client experiencing the aftermath of trauma requires a counselor well trained in both case conceptualization and trauma recovery. Gain a new set of skills specifically aimed at rapidly conceptualizing the trauma recovery needs of each client they encounter. Copies of the Rapid Case Conceptualization model will be available.

11:30 a.m. – 12:00 p.m.
Program ID #520, Convention Center Expo Hall, Poster Area 5

Career Intervention Considerations for Unwed, Young Black Mothers in the United States
30-Minute Poster Session
Dianandra J. Prescod, Melissa R. Zeligman
Teen pregnancy continues to be an issue of concern for unwed young Black mothers in the United States. Black teen mothers face educational, economic and career/vocational challenges that strongly impact their lives. This poster discusses integrating Gottfredson’s Career Theory and the Outline for Cultural Formulation for use in career development counseling. The minority population on a whole is growing every year and this population has one of the highest incidences of teen births across all racial ad ethnic group.

11:30 a.m. – 12:00 p.m.
Program ID #521, Convention Center Expo Hall, Poster Area 6

First-Responder Wellness: Creative Interventions To Enhance Spiritual Connections and the Compassionate Warrior Mindset
30-Minute Poster Session
Brian Andrew Chopko, Emily Ribnik
Modern-day warriors include the police, military, and other first responders. This poster will focus on spirituality in relation to mental health and provide creative interventions such as utilizing compassionate warrior historical comparisons, fictitious stories, and spiritual symbols to strengthen spiritual connections among first responders. These interventions are designed to promote a “Compassionate Warrior” mindset among the officers. Crisis Intervention Team will be used as an example of an existing training module in which the Compassionate Warrior concept is applicable. Original research examining spirituality and first-responder mental health will be presented.

11:30 a.m. – 12:00 p.m.
Program ID #522, Convention Center Expo Hall, Poster Area 7

Helping Children Victims of Domestic Violence: Using Play Therapy Based on the Person-Centered Approach
30-Minute Poster Session
Beatriz Lima, M. Cristina F. Lima
This poster talks about domestic violence against children and the importance of appropriate counseling intervention to help victimized children. Become knowledgeable about the types of domestic violence against children (e.g., physical, sexual, psychological, and negligence), the effects it can cause on the development of the child, and the symptoms observed in victimized children, such as sadness, guilt, anger, and difficulty trusting others. In addition, counselors will also benefit from learning about evidence-based therapeutic interventions, such as the person centered play therapy, which focuses on authenticity, congruency, and on building a trusting relationship to facilitate the healing process of the child.

11:30 a.m. – 12:00 p.m.
Program ID #523, Convention Center Expo Hall, Poster Area 8

Use of an Undergraduate Psychology Substance Use Disorders Research Team as a Springboard to the Counseling Profession
30-Minute Poster Session, Advanced
Keith Morgen
Recent professional identity work highlights the difficulties of not having an undergraduate population (such as in psychology) from which to recruit the next generation of counselors. This poster addresses how an undergraduate substance use disorders research team for psychology majors can introduce the undergraduate to the professional counseling field through research design/statistics pedagogical methods, data source selection, substance use disorders training, hypothesis generation, and research dissemination. This poster also demonstrates the unique counseling advocacy role for those with a counseling psychology PhD but who identify with professional counseling (i.e., holds LPC, NCC, active ACA member and governance role).

11:30 a.m. – 12:00 p.m.
Program ID #524, Convention Center Expo Hall, Poster Area 9
The ASCA National Model and Supervisory Tasks
30-Minute Poster Session
Jeannine R. Studer, Aaron Oberman
Although the ASCA has fervently endorsed the benefits of a comprehensive, developmental program, and created the ASCA National Model to serve as a template for this type of programming, some school counselors continue to operate under a traditional, reactive approach to school counseling. If the clinical experiences provide opportunities to put theory into practice, and the supervisory site is one that does not complement a program modeled after the ASCA national model, the question is, “How do school counselor trainees learn about leadership in a CDSC program?” The results of a study that was conducted to answer this question will be presented in addition to suggestions for addressing this training gap. Handouts will be provided.

11:30 a.m. – 12:00 p.m.
Program ID #525, Convention Center Expo Hall, Poster Area 10
Walking the Line: A Qualitative Study on Counseling Student Perceptions of Facebook and Ethics
30-Minute Poster Session
Tanner Babb
Little to no research currently exists that explores the ethical perception of counseling students in relationship to online social networking. This poster will highlight qualitative research conducted with counseling students about their perceptions of Facebook and use of online social networking. Gaps currently exist in the American Counseling Association Code of Ethics and research will be presented that illustrates those gaps and opportunities will be given to discuss ethical ways of managing those gaps. A decision-making model will be presented that will help you consider appropriate ways to manage online social networking difficulties.

We want to know what you think!
Visit the kiosks near registration to complete conference survey

11:30 a.m. – 12:00 p.m.
Program ID #526, Convention Center Expo Hall, Poster Area 11
Mental Health Awareness and Advocacy Within the Community: A First-Hand Experience
30-Minute Poster Session
James Alexander Reed, Laura J. Pressley, Bilge Sulak, Nikol V. Bowen
This poster aims to provide information about mental health awareness, methods for conducting outreach that aims to reduce stigma against mental illness and counseling as well as to provide information regarding risks, warning signs, and prevention measures of suicide.

11:30 a.m. – 12:00 p.m.
Program ID #527, Convention Center Expo Hall, Poster Area 12
Prevention of Adolescent Substance Use Through a Moral Development and Decision-Making Model
30-Minute Poster Session
John D. Jacobson
Substance use in adolescents is a huge problem in the United States and literature suggests that the best treatment is a comprehensive plan of cognitive-behavioral therapy and societal influences to help the individual. In light of this unique interaction, this poster seeks to underline the use of Kohlberg’s Moral Development Model to help professionals address both aspects to help adolescents with their substance use. Providing literature that suggests a shift in cognition in early adolescents, this poster will provide counselors with techniques to address the moral development of adolescents and show how this may decrease the use of substances, encouraging great growth and well-being.

11:30 a.m. – 12:00 p.m.
Program ID #528, Convention Center Expo Hall, Poster Area 13
The Road Less Traveled: Strategies for Using Traveling Playrooms in Awareness and Intervention with Low-SES African Americans
30-Minute Poster Session, Advanced
Cecil Davison, TaShawndra Govan
This poster will provide methods to tackle the stigmatization often associated with African Americans’ perceptions of counseling, specifically play therapy. This poster will examine the use of traveling play therapy rooms in low-mid-SES African American communities as a way of combating and reducing such stigmas.

11:30 a.m. – 12:00 p.m.
Program ID #529, Convention Center Expo Hall, Poster Area 14
The Application of Social Constructionist Paradigm in Researching School Communities’ Experiences of Counseling Services
30-Minute Poster Session
Nurul Ain Mohd Daud
This poster will discuss the application of social constructionist paradigm in researching school communities’ experiences of
counselling services. The poster will highlight the findings of the study as well as the implications of this paradigm to school counselling research.

11:30 a.m. – 12:00 p.m.
Program ID #530, Convention Center Expo Hall, Poster Area 15
Help-Seeking Attitudes and Behaviors Among Counseling Psychology Graduate Students
30-Minute Poster Session
Ryan Hess, Corrie Lee Loiselle
Many graduate students studying counseling psychology are drawn to the profession because of an earnest desire to help others. Yet the demands required of many graduate programs can sometimes adversely impact the mental health of aspiring counselors. In an attempt to juggle the many responsibilities associated with graduate school, counselors become experts in helping others while sometimes neglecting to help themselves. This poster presents research findings on the attitudes and behaviors of counseling psychology graduate students toward personal help-seeking. Information on potential barriers to student help-seeking will be presented as well as suggestions for addressing these issues in graduate programs.

11:30 a.m. – 12:00 p.m.
Program ID #531, Convention Center Expo Hall, Poster Area 16
A Qualitative Study To Explore the Role of “Recovery Status” in the Supervision Process of Addiction Professional Counselors
30-Minute Poster Session
Adrienne L. Trogden
This poster will provide results of a qualitative research study from Louisiana focusing on how recovery status of the supervisor affects the ethical decision-making framework utilized in substance abuse counselor clinical supervision. A grounded theory will be presented as a result of the research study.

12:30 p.m. – 1:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #532, Convention Center Expo Hall, Poster Area 1
Culturally Sensitive Child Assessments: From Research to Practice to Future Research
30-Minute Poster Session
Dalena Dillman Taylor, Casey A. Barrio Minton, Jenifer Ware
The ACA Code of Ethics and the AARC Multicultural Assessment Standards (2012) require that counselors utilize culturally sensitive assessments to inform research and practice. Unfortunately, there are few specific suggestions for bringing standards to life, especially when working with children who may not be able to give voice to cultural considerations. The presenters will outline practical considerations for culturally sensitive child assessments, illustrate using a case study, and address implications for research.

12:30 p.m. – 1:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #533, Convention Center Expo Hall, Poster Area 2
A Mental Health Perspective on School Bullying Law: Legal, Ethical, and Professional Considerations
30-Minute Poster Session
Robert Carlisle, Emmanuel C. Ahia
This poster will examine state anti-bullying laws and discuss the legal, ethical, and professional implications for school counselors. A chart, dividing the components of each state law, will be provided to facilitate the discussion of specific counselor responsibilities, ethical obligations, and professional recommendations. Best practice guidelines will be provided based on the following components of state anti-bullying laws: definition of bullying, reporting, anti-bullying programs, policy collaboration, training, and specific counselor responsibilities.

12:30 p.m. – 1:00 p.m.
ACEG Sponsored Session
Program ID #534, Convention Center, Poster Area 3
Supporting Student Veterans: Current Landscape and Future Directions
Leigh Green, Seth C. W. Hayden
The increase in student veterans coming to institutions of higher education continues to increase as the Post 9/11 GI Bill enters its fourth year. With the unprecedented benefits for veterans, universities are asked to provide specific services to student veterans to address their concerns and increase retention and matriculation. This poster outlines the transition issues faced by student veterans including: relational challenges and isolation, student veteran combat-related injuries, female student veterans, and the reported needs of student veterans. In addition, specific suggestions are given for administrators and counselors to provide support for student veterans.

12:30 p.m. – 1:00 p.m.
AMCD Sponsored Session
Program ID #535, Convention Center Expo Hall, Poster Area 4
AMCD 40th Anniversary Past Presidents
30-Minute Poster Session
Tarrell Awe Agahe Portman, Patricia Arredondo, Aaron B. Stills, Michael Brooks, S. Kent Butler, Francene E. Haymon
Please join in the 40th Anniversary Celebration of the Association for Multicultural Counseling and Development (AMCD). The poster will depict people, events, and products historical produced by AMCD members. Stop by and shake the hands of AMCD giants! Great opportunity for graduate students to meet AMCD leaders.

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
12:30 p.m. – 1:00 p.m.
Program ID #536, Convention Center Expo Hall, Poster Area 5
Aumentando el Bienestar: The Cultural Adaptation of the Five Factor Wellness Inventory—Adult Version into Spanish
30-Minute Poster Session
Nathaniel N. Ivers, Kathryn L. Henderson, Philip Clarke
This poster will review the initial validation of the Five Factor Wellness Inventory—Adult Spanish version (5F-WEL-A-S). According to the most recent U.S. Census, the Latino, Spanish-speaking population in the United States continues to experience significant growth. It is important that counselors develop culturally appropriate resources that can aid in the provision of competent counseling to this population. Internal consistencies of the scale and subscales, as well as the initial factor structure of the 5F-WEL-A-S will be discussed. Implications of the 5F-WEL-A-S for future research and counseling practice will be presented. Cultural and ethical considerations also will be provided.

12:30 p.m. – 1:00 p.m.
Program ID #537, Convention Center Expo Hall, Poster Area 6
Multidimensional Perfectionism, Depression, and Life Satisfaction in a College Counseling Center
30-Minute Poster Session
Randy Moate, Kristin L. Bruns, Erin West, Suleyman Akcil, Heather Smith, Amie Martin, Lynne Guillot-Miller, Philip B. Gnilka
Perfectionism is increasingly being viewed as a multidimensional construct that can be differentiated between two types: “adaptive” perfectionism and “maladaptive” perfectionism. This poster will present the results of an empirical quantitative study on clients of a college counseling center. Differences between perfectionism type in depression, life satisfaction, and perceived stress will be presented. Implications for counselors and results of several clinical intervention studies will also be presented.

12:30 p.m. – 1:00 p.m.
Program ID #538, Convention Center Expo Hall, Poster Area 7
Support for Suicide Awareness, De-Stigma of Mental Health on College Campuses
30-Minute Poster Session
Kevin P. Kuntz
Young adults and college-aged students have the highest rate of diagnosable mental illness, yet they are the least likely to seek help. Nearly half of all college students feel so depressed at some point that they have trouble functioning. Organizations like Active Minds, The Jed Foundation, and the Ohio Suicide Prevention Foundation are working to provide resources, support, and hope to college-aged students. This poster will provide an overview of local and national organizations that are providing support to de-stigmatize mental illness and promote mental wellness, suicide prevention support, resources to promote wellness on campuses, and promotion of help-seeking behaviors.

12:30 p.m. – 1:00 p.m.
Program ID #540, Convention Center Expo Hall, Poster Area 9
Multicultural Competencies for School Counselors: A New CACREP Cultural Lens
30-Minute Poster Session
Rebecca Tadlock-Marlo
Results from a multivariate quantitative analysis study provide comprehensive insight into redefining multiculturalism and the competencies of school counselors, based on AMCD and ASCA National Standards. The validity, reliability, and content regarding new competencies for school counselors will be the primary foci of the discussion. Open discussion will be implemented to explore aspects of multiculturalism, counseling competencies of school counselors, and its importance for counselor educators. Building from this discussion, an explanation will be provided regarding how the developed assessment can be applied in the development of skills, knowledge, and abilities in these domains for counselor educators’ use with counselors-in-training.

12:30 p.m. – 1:00 p.m.
Program ID #541, Convention Center Expo Hall, Poster Area 10
CHILL OUT: A Successful Group Model for Addressing Anxiety in College Students
30-Minute Poster Session
Carol A. Evangelisto, Alison D. Wehringer
College counselors have noted increased demand for services, with anxiety being a frequent concern. Group work is seen as an effective approach for meeting demand, but attracting participants can be challenging, especially with anxious students. Session illustrates a successful and novel group format with specific suggestions for implementation, including the integration of expressive arts and humor with evidenced-based practices of CBT and mindfulness. Other topics include: overcoming barriers to student engagement, creative exercises to facilitate participation, educational modules, tools to facilitate individualized coping, assessing outcomes.

12:30 p.m. – 1:00 p.m.
Program ID #542, Convention Center Expo Hall, Poster Area 11
Meaning Reconstruction in Grief and Loss: Practical Implications for Counselors
30-Minute Poster Session
Jodi Flesner
As counselors, it is important to know how to work with bereaved individuals as most people will experience multiple losses in their lifetime. The progression of grief theories over time will be briefly reviewed. Grief and other important concepts will be conceptualized through a postmodern, constructivist lens, which emphasizes an individual’s need to impose meaning on life experiences. A meaning making model of loss will be presented, along with the tenets of meaning reconstruction theory. Therapeutic strategies in meaning reconstruction theory will be reviewed. Specific case examples will be used to highlight the application of meaning making strategies.
12:30 p.m. – 1:00 p.m.
Program ID #543, Convention Center Expo Hall, Poster Area 12
Exploring Post-Traumatic Growth: Applications for Childhood and Adolescent Sexual Assault Survivors
30-Minute Poster Session
Karin Hanning, Elliot Isom
Post-traumatic growth can be experienced by survivors of all ages, genders and races. Empirical research has been done on ten domains that influence post-traumatic growth in children. Relevant research findings and treatment considerations will be explored for working with children and adolescents that are sexual abuse survivors.

12:30 p.m. – 1:00 p.m.
Program ID #544, Convention Center Expo Hall, Poster Area 13
Empirical Interventions and College Student Binge Drinking: Implications for the Rehabilitation Professional
30-Minute Poster Session
David DeLambo, Debra Homa, Kananur V. Chandras
The presenters will review evidenced-based interventions and strategies used to address “problematic” college student drinking behavior.

12:30 p.m. – 1:00 p.m.
Program ID #545, Convention Center Expo Hall, Poster Area 14
Well-Being and Psychological Distress in Emerging Adulthood: The Roles of Attachment and Reliance upon Social Support
30-Minute Poster Session
Joel A. Lane
Emerging adulthood, the developmental period occurring between the ages of 18-25, is characterized as a time of significant transition in which individuals make many important decisions with lasting implications for their futures. Recent research has sought to identify predictors of well-being during this transitive period, as well-being and psychological distress can fluctuate greatly in emerging adulthood. The presenter will summarize research being conducted examining the impact of parental attachment and social support on well-being and psychological distress among emerging adults. Practical applications for clinicians, higher educators, and supervisors working with emerging adults will be discussed.

12:30 p.m. – 1:00 p.m.
Program ID #546, Convention Center Expo Hall, Poster Area 15
It’s a Parallel Universe: Teaching Interns the Importance of Parallel Processing in Supervision
30-Minute Poster Session, Advanced
Julie Strentzsch, Melanie Harper, Stephanie Ramirez
While supervision has many important components, one that appears to be overlooked is the process of teaching supervisees the importance of understanding parallel process. This poster will focus on the importance of highlighting the deeper and often overlooked processes which happen between clinician and client. By providing skilled activities to enhance the parallel process both the client and clinician develop deeper self-understanding that promotes greater levels of genuineness and authenticity for each.

12:30 p.m. – 1:00 p.m.
Program ID #547, Convention Center Expo Hall, Poster Area 16
Does Sharing Personal Reflections on Group Process Improve Group Cohesion in a Culturally Diverse Group?
30-Minute Poster Session, Advanced
Sam Steen, Rachel Vannatta
In this study, a culturally diverse group of students during a group counseling course were divided into two groups; the first group shared their web-based journals only with the course instructor, the second group shared their journals with both their instructor and the other group members. Students journaled about their experiences multiple times during the semester. We administered the GCS-R at the beginning and end of the semester in order to explore group cohesion. Furthermore, we examined the responses within a culturally relevant framework. Results from this study contribute to furthering knowledge about the use of the journaling technique in teaching group work.

1:30 p.m. – 2:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #548, Convention Center Expo Hall, Poster Area 1
Counselor Community Engagement Through the Contextual Learning Classroom
30-Minute Poster Session
Jennifer Willis, Geoffrey Yager, Michael Brubaker
Contextual learning provides counselor educators with the opportunity to promote community engagement by extending the traditional classroom into relevant settings where future counselors can interact with populations and organizations of interest. By incorporating the affective, effective, and reflective signs of well-being proposed by Prilleltensky and Prilleltensky (2006), counselors and counselor educators may better facilitate these opportunities and contribute to supportive, productive, and intentional experiences.

1:30 p.m. – 2:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #549, Convention Center Expo Hall, Poster Area 2
30-Minute Poster Session
Vivette Henry, Anita Neuer Colburn, Holly J. Hartwig Moorhead
This poster will illustrate a need for international counselors to become CSI members and more involved in advancing the mission of CSI globally. Strategies will be proposed to stimulate
interest and motivation within international counselors to join and develop more CSI chapters internationally; and find ways to connect international CSI chapters to U.S.-based chapters for collaboration and mutual professional development.

1:30 p.m. – 2:00 p.m.
ASERVIC Sponsored Session
Program ID #550, Convention Center Expo Hall, Poster Area 3
The Effect of Loving Kindness Meditation on Stress and Empathy: Implications for Counseling Practice
30-Minute Poster Session, Advanced
Jennifer R. Curry, Emeric Csaszar
This poster highlights results of a quantitative (experimental design) study of the effects of Loving Kindness Meditation (LKM) on participants’ stress and empathy. Implications for counselor education and supervision and counseling practice are given as well as considerations for using LKM with clients. Future research possibilities will also be discussed.

1:30 p.m. – 2:00 p.m.
Program ID #551, Convention Center Expo Hall, Poster Area 4
The Night the Snake Came: Supporting Experiences of Spiritual Awakening and Emergency
30-Minute Poster Session
Karen Hridaya Hall, Jodi L. Bartley
Sometimes spiritual awakening comes gently like the graceful unfolding of flower petals; other times, it occurs swiftly like shattering glass. Such spiritual emergencies may present with atypical behaviors, delusions, and hallucinations, which can be considered pathological. Counselors are called to recognize, be sensitive to, and support experiences of spiritual emergency in clients. Presenters will outline types of spiritual awakening and emergency, delineate ways to differentiate between symptoms of spiritual emergency and pathological disorders, and provide strategies for intervention. Consideration will be given to the beauty and the challenge of such experiences.

1:30 p.m. – 2:00 p.m.
Program ID #552, Convention Center Expo Hall, Poster Area 5
Asperger’s Syndrome: A Systems Perspective for Working with Youth with Asperger’s and Their Families
30-Minute Poster Session, Advanced
John L. Rausch, Victoria Giegerich, Alicia Pascoe
A grounded theory study was designed to gain insight into the experiences that fifteen families encountered while their child with Asperger’s Syndrome progressed through the diagnostic process, participated in intervention strategies, and engaged in social activities. Interviews were conducted with mothers, fathers, and their children with Asperger’s. The grounded theory method was used to analyze the interview data. The results from this study related the participating families’ experiences with different aspects such as diagnosis, advocacy, interventions, social dynamics, and coping strategies. Ultimately, this study will enhance and increase as awareness for the education and human services fields.

1:30 p.m. – 2:00 p.m.
Program ID #553, Convention Center Expo Hall, Poster Area 6
Assessing Career Stage of Exploration: Selecting Appropriate Interventions for High School and College Students
30-Minute Poster Session
Jonathan Ohrt, Renee Smith Sherrell
Unfortunately, the United States currently has the highest rate of college dropout among industrialized nations (Harvard Graduate School of Education [HGSE], 2011). Among the reasons for non-completion is that students often do not recognize a connection between their course of study and a place in the job market (Brown, 2012; HGSE, 2011). High school and college students may present to counseling in different stages of career exploration. Given the high college dropout rate in the United States, matching career interventions to the students’ appropriate stage of career exploration is essential. The presenter will introduce an assessment to measure students’ stage of career exploration and discuss appropriate interventions.

1:30 p.m. – 2:00 p.m.
Program ID #554, Convention Center Expo Hall, Poster Area 7
Distance Counseling for the Traditional and Nontraditional Learner in Higher Education
30-Minute Poster Session
Mary A. Hollingsworth, Debbie A. Dean
This poster shares research and practice information on the use of distance counseling to support traditional and nontraditional students in both campus and online learning environments. Acquire increased knowledge of distance counseling as a resource to aid both traditional and nontraditional student clients in higher education, increased knowledge of regulations, ethics, and credentialing process for practice of distance counseling, and increased knowledge of methodology and resources for establishment of distance counseling programs in a higher education institution.

1:30 p.m. – 2:00 p.m.
Program ID #555, Convention Center Expo Hall, Poster Area 8
Tuning Out Addiction: The Benefits of Integrating Music into Addictions Counseling and “How-To” Without Being a Musician
30-Minute Poster Session
Kate Walters
This poster gives the new or well-established counselor a new ‘bag of tricks’ to use in their counseling practice with adults in addictions counseling. Based on the practices of music therapy, board-certified music therapist and counseling graduate student Kate Walters has put together an arsenal of activities and interventions that can be done to enhance the group.
addictions counseling session and encourage participation, cooperation, frustration tolerance, communication, and other established counseling goals using the medium of music as an aid. Techniques displayed can be tailored to meet needs beyond adults and addiction work.

1:30 p.m. – 2:00 p.m.
Program ID #556, Convention Center Expo, Hall Poster Area 9
Working Alliance Efficacy with Clients with Disabilities and Ex-Offender Status: The Impact of Stigma, Burnout, and Flourishing
30-Minute Poster Session
Julie K. Bates
The working alliance is an integral piece of the counseling relationship (Bordin, 1979; McMahon et al., 2004; Hewitt & Coffey, 2005; Taber et al., 2011). As a result, it is imperative to understand how provider perceptions and characteristics can influence the formation of this alliance. This poster reviews a research study which examined the relationships between stigma, burnout, flourishing, and working alliance self-efficacy with clients who have disabilities and criminal histories. Implications for counselors and clients will be discussed and suggestions for increasing counselor flourishing and reducing stigma and burnout will be provided.

1:30 p.m. – 2:00 p.m.
Program ID #557, Convention Center Expo Hall, Poster Area 10
Promoting Multicultural Competency and Counselor Cognitive Complexity: Issues for Supervision and Counselor Training
30-Minute Poster Session
Fred A. Washburn, David K. Duyts
Multicultural competency has been a major focus in the counseling profession. Understanding how students develop multicultural sensitivity and related case conceptualization skills can help counselor educators prepare students to work with diverse clients. Cognitive complexity (or social differentiation sensitivity) may be a helpful variable for counselor educators to use to measure the growth of multicultural competencies in their students. This poster will summarize related research on multicultural education and the role of cognitive complexity in counselor education, supervision, and multicultural training.

1:30 p.m. – 2:00 p.m.
Program ID #558, Convention Center Expo Hall, Poster Area 11
Animal Assisted Therapy and Adolescent Addiction Counseling
30-Minute Poster Session
Caitlin Laun, Bethani Cogburn
Recent research established a significant underuse of substance abuse treatment by adolescents as well as considerable barriers to accessing treatment services. However, when adolescents utilize treatment, outcomes are generally positive. To address this gap, service professionals should employ new, creative techniques that engage adolescents and encourage their participation in treatment. Animal assisted therapy (AAT) provides one of these techniques, demonstrating significant effectiveness in addiction treatment and with adolescents. AAT is a goal-directed intervention in which an animal is an integral part of the treatment process, designed to promote improvement in human physical, social, emotional, and/or cognitive functioning.

1:30 p.m. – 2:00 p.m.
Program ID #559, Convention Center Expo Hall, Poster Area 12
Examining SNAP®, a Manualized, Evidence-Based CBT Intervention for Effectiveness in Children with Defiance, Aggression, and CD
30-Minute Poster Session
Keshona Beasley, Nicole Yallum
Conduct disorder (CD) and aggressive, noncompliant children constitute the largest group of school-age children referred mental health services. Because of the prevalence and long term negative impact of such problems, the cost of children with untreated CD is enormous. Poor lifespan outcomes include persistent criminality, poor vocational and social functioning, mental illness, and substance abuse. There is a consensus in scientific literature that the early identification and treatment of children marked with conduct problems hold the best promise for preventing youth crime and maximizing population health outcomes. Treatments that display evidence of effectiveness provide tools that can be useful for clinicians and their clients.

1:30 p.m. – 2:00 p.m.
Program ID #560, Convention Center Expo Hall, Poster Area 13
School Counselors’ Perceptions of the Impact of the Green Economy on the Career Counseling Needs of Alaska’s Students
30-Minute Poster Session
Debra Russ
The emergence of a green economy has created new opportunities for jobs that produce goods or provide services that benefit the environment or conserve natural resources. School counselors were asked to reflect on the impact of the green economy on the career development needs of students. Alaskan school counselors provided their perceptions on topics such student awareness, preparedness, and plans to enter occupations in the green economy. Counselors also reported on their training needs to gain competence in this emerging labor market. The implications of the findings may be useful to counselors who work with youth.

1:30 p.m. – 2:00 p.m.
Program ID #561, Convention Center Expo Hall, Poster Area 14
Experiences and Perceptions of Counselors Considered Effective in the Diagnosis and Treatment of Adults with ADHD
30-Minute Poster Session
Bonita Hale Erb
ADHD was believed to discontinue with maturity and that it
did not apply to adults. Current research suggests that nearly 5% of adults of eleven million adults are ADHD adults. Due to the growing realization that adults can have ADHD, there is a pressing need for diagnosis and treatment that relates more effectively to the adult population. This study will explore the experiences of mental health professionals who provide diagnosis and treatment to adults with ADHD.

1:30 p.m. – 2:00 p.m.
Program ID #562, Convention Center Expo Hall, Poster Area 15
Interventions for Children and Adolescent Living with HIV/AIDS: Encouraging Resiliency and Hope
30-Minute Poster Session
Andrea Milo
This poster will present interventions and resources for working with children who suffer from HIV/AIDS. In addition to the physical and health challenges of living with their disease, children are also forced to deal with the stigma of this disease which can make treatment more challenging and cause other stressors in their lives. A case study addressing consultation with an organization which takes in orphaned and abandoned children living with HIV/AIDS in a group home environment in Kingston, Jamaica, will be discussed. Interventions which promote hope and resilience when multiple stressors are at work in clients’ lives will be presented.

1:30 p.m. – 2:00 p.m.
ARCA Sponsored Session
Program ID #563, Convention Center Expo Hall, Poster Area 16
Personality Changes After TBI: The Stigma Behind an Axis II Diagnosis
30-Minute Poster Session
Ashlee Brooke Filippone
Personality changes are a common outcome of a traumatic brain injury. This shift in personality can cause an individual to become more aggressive, depressed, vulnerable, risk seeking, and disinhibited than they were before their injury. However, despite these changes occurring post-injury, many individuals with TBI are being formally diagnosed with an Axis II personality disorder (PD). The question now has begun to rise of, are the personality changes seen after a TBI sequelae to the injury, or an Axis II disorder that manifests itself independently? Learn the societal stigma associated with PD that portrays these individuals in a negative light due to the pervasiveness and severity of this class of disorders.

2:30 p.m. – 3:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #565, Convention Center Expo Hall, Poster Area 2
Knowledge of HIV/AIDS Among Counselors and Counseling Students
30-Minute Poster Session
Jared Rose, John M. Laux
The mental health disorders and problems experienced by persons living with HIV require a continuum of care through counseling and testing services. As such it is imperative that counseling professionals are prepared to provide services to HIV-positive clients. This research will present findings on the knowledge of HIV/AIDS among licensed professional counselors, clinical counselors, school counselors, and professional counselors in training in Ohio, and on what previous education they have received on the topic.

2:30 p.m. – 3:00 p.m.
IAAOC Sponsored Session
Program ID #566, Convention Center Expo Hall, Poster Area 3
Developmental Aspects of High School and Collegiate Addiction Recovery Programs: How Developmental Approaches Affect Client Outcomes
30-Minute Poster Session, Advanced
M. Kristina Depue, Andrew J. Finch, Lauren Walker
This poster will explore theoretical models of development as a framework for understanding high school and college students in recovery. Recovery high schools and collegiate recovery communities provide here-and-now activities that promote relationship building, validate sobriety, and involve students in communal interests. The poster will discuss issues surrounding recovery for young people, and how recovery high schools and colleges enhance self-esteem and help students move to higher orders of thinking. Reframing and normalizing relapse can aid students, as counselors educate students on relapse and support sustained recovery by providing a safe place for students to work through slips rather than feeling defeated by them.

2:30 p.m. – 3:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #567, Convention Center Expo Hall, Poster Area 1
Wilderness Therapy: Taking the Scenic Route to Professionalism
30-Minute Poster Session
Ian Turnage-Butterbaugh, Tabitha Young, Adam Mausolf
Wilderness therapy (WT), a relatively new treatment approach, has succumbed to harsh criticism in recent years due to reports of widespread violations of human rights and amateur psychological interventions. While WT’s efficacy has been established, it is clear that standards must be established to provide ethical services. This poster will highlight the following areas of need: 1. Evaluation and establishment of safety standards, 2. Site accreditation, 3. Practitioner competencies, 4. Practitioner qualifications
students to complete a course of study to fulfill CACREP standards. Curriculum typically addresses all necessary aspects in one course. This poster will introduce a model of teaching group work and group leadership over two required courses: Introductory and Advanced (3 credits each). This approach allows students to experience group work both as a member and as a leader. This model more effectively and actively develops students' leadership skills through practice prior to their fieldwork experience than a single course experience. Curricular content, rationale, and specific pedagogical strategies have contributed in a higher level of group leadership efficacy in students.

2:30 p.m. – 3:00 p.m.
Program ID #568, Convention Center Expo Hall, Poster Area 5

**Obesity, Sexuality, and Femininity: Counseling Implications**
30-Minute Poster Session
Amanda Marie Thomas-Evans, Serey Bright, Melissa McConaha, Mary Francis

Researchers found that women who are obese are more likely to have unplanned pregnancies, are less likely to engage in safe sex practices and reported lower self-esteem. (Bajos, Wellings, Laborde, and Moreau, 2010). This poster focuses on counseling as it relates to obesity, sexuality and femininity. It is recommended that counselors utilize humanistic and narrative therapy approaches to assist clients in exploring the role of weight-based discrimination and identity development. Although the focus of counseling is not weight loss, the counseling relationship can be utilized to initiate supportive relationships, a nonjudgmental environment and empowerment for severely obese women who are experiencing difficulties.

2:30 p.m. – 3:00 p.m.
Program ID #569, Convention Center Expo Hall, Poster Area 6

**Students as Experts: Applying Group Essentials to Clinical Populations**
30-Minute Poster Session
Eleni Maria Honderich, Kendra Surmitis, Jessica Lloyd-Hazlett, Jeffrey Christensen

Despite general consensus about the knowledge, skills, and preparation necessary for effective group counseling work, the optimal structuring of introductory group counseling courses that sufficiently bridge theory, training, and practice is less clear. This interactive poster presents the results of an original Delphi study soliciting students' perspectives of the essential components of preparation for group counseling. Drawing on these findings, as well as within- and cross-case analyses of relevant literature, practical implications for group work in a variety of settings, include family, mental health, and addictions treatment, will be discussed. Handouts and opportunities to engage in cross-disciplinary dialogue will be provided.

2:30 p.m. – 3:00 p.m.
Program ID #570, Convention Center Expo Hall, Poster Area 7

**Transforming Counseling and Supervision Through the Infusion of Yoga and Meditation**
30-Minute Poster Session
Pamela C. Wells, Alyse Michelle Anekstein

Yoga and meditation are key tools for counselor and supervisors to use in clinical practice. However, counselors and supervisors may be leery of infusing yoga and meditation into practice. Both yoga and meditation are ways for counselors and supervisors to ground themselves, learn wellness techniques, and examine the mind-body connection. Presenters will discuss and demonstrate yoga poses and meditation activities.

2:30 p.m. – 3:00 p.m.
Program ID #571, Convention Center Expo Hall, Poster Area 8

**A Qualitative Exploration of College Women’s Experiences of Drinking and Gender Identity: Implications for Counseling Women**
30-Minute Poster Session
Elizabeth Likis-Werle

College women’s drinking rates are converging with men’s and how college women conceptualize gender identity continues to evolve. As women’s drinking rates are increasing, theories explaining drinking choices do not consider how college women view themselves may influence drinking risk. This poster will describe a qualitative study conducted from a phenomenological approach with college women drinkers and share their experiences and perceptions of drinking choices and gender. Hear results from focus groups and interviews and discuss implications for innovative prevention and intervention programming unique to women’s needs. Application to other age groups and issues may improve outcomes for counselors working with women.

2:30 p.m. – 3:00 p.m.
Program ID #572, Convention Center Expo Hall, Poster Area 9

**Secondary Trauma: A Preliminary Study of Border Violence**
30-Minute Poster Session
Yuh-Jen Guo

Fatal violence along U.S.-Mexico border strikes Mexico citizens harshly and also leads to many victimization cases on U.S. citizens. Horrible descriptions and visual images of border violence have been shown on newspapers and television broadcasting nationwide. Indirect effects of trauma can be defined as secondary trauma. Traditional definition of trauma limits criteria to direct traumatization. However, there is a literature which studies the psychological impacts of trauma on individuals who do not have direct contacts with a specific trauma. Thus, this research was designed to study whether or not the lasting horror along U.S.-Mexico border has impacted individuals indirectly.
2:30 p.m. – 3:00 p.m.
Program ID #573, Convention Center Expo Hall, Poster Area 10
**The Impact of Clinical Supervision Experience on Counselor Self-Efficacy in Malaysia**
30-Minute Poster Session
Hapsah Md Yusof, Kimberly K. Asner-Self
This poster will present the aspects of clinical supervision employed by on-site supervisors to supervisees during internship in Malaysia. The findings of this empirical research in examining clinical supervision experience that affects counseling self-efficacy will be highlighted in the session. This poster will help supervisors and counselor educators to better understand the needs of counselors in clinical supervision settings and they will be able to use the information in their own practices. This information also generates direction for future research in the area of clinical supervision in Malaysia.

2:30 p.m. – 3:00 p.m.
Program ID #574, Convention Center Expo Hall, Poster Area 11
**Incorporating Religious and Spiritual Values in the Child-Parent Relationship Therapy Model**
30-Minute Poster Session
Jennifer N Bornsheuer
More than 84% of people interviewed by the AP stated that religion plays an important role in their day to day lives. Due to this large majority of people reporting religion as a key constant in their lives, mental health clinicians are becoming more and more comfortable integrating clients’ religious and spiritual beliefs into the counseling process (Cornish & Wade, 2010). When working with children and parents, filial therapy models have been shown to be effective for a variety of issues. Gain knowledge about the inclusion of a parent’s religious values and beliefs in the counseling process and learn methods to adapt a filial therapy model to meet the needs of Christian parents.

2:30 p.m. – 3:00 p.m.
Program ID #575, Convention Center Expo Hall, Poster Area 12
**Learning? It’s a Game! Games as Teaching Tools in Introductory Counselor Education Classes**
30-Minute Poster Session
Floyd F. Robison
Academic games can be enjoyable and effective tools to help students learn, integrate, and apply class material, particularly in foundation classes. Presenter will discuss ways that counselor educators can design and use games to enable students to master course information. After describing the literature on academic game development, a game (“The Counseling Game”) based on a well-known board game, designed for use in introductory counseling classes will be presented. This game will be used to illustrate the elements of effective games. Recent evaluations of the game on student performance in class and satisfaction with the class will be presented.

2:30 p.m. – 3:00 p.m.
Program ID #576, Convention Center Expo Hall, Poster Area 13
**The Use of Group Work To Prevent Eating Disorder Symptoms in African American Women**
30-Minute Poster Session
Amanda D. Gordon, Regine M. Talleyrand
The aim of this research study is to examine how group work can assist African American women who struggle with eating disorders in discussing their personal journeys and sharing their experiences. Two focus groups were conducted in the Greater Washington Metropolitan area, comprising a total of 7 participants. Themes including awareness of unhealthy eating behaviors and the influence of family, peers, the media, and cultural expectations emerged from both sessions, which suggest that these factors are important when exploring issues of weight, body image, and eating concerns in African American women. Based on this study, counseling practice, research and teaching suggestions for counselors and counselor educators will be offered.

2:30 p.m. – 3:00 p.m.
Program ID #577, Convention Center Expo Hall, Poster Area 14
**Complicated Grief and Cognitive Behavioral Therapy: A Case Study of Mary Shelley’s Dr. Victor Frankenstein**
30-Minute Poster Session
Melissa L. Stancil
Utilizing the pending diagnostic criteria from the appendix of the proposed DSM-V, this research poster seeks to diagnosis Mary Shelley’s Frankenstein with complicated grief (CG) based on Shelley’s rich and vivid descriptions and profound self-awareness she gives to her main character. Then, utilizing research on the suggested techniques and effectiveness of CBT for CG, a treatment plan is formulated for Dr. Frankenstein. It is a bit odd, but very interesting.

2:30 p.m. – 3:00 p.m.
Program ID #578, Convention Center Expo Hall, Poster Area 15
**Using Program Assessment Data To Inform Program Improvements: Closing the Loop**
30-Minute Poster Session
Debra Cobia, Rebecca Stanard, Mark Parrish
“Closing the Loop” or using the many types of data collected by counselor preparation programs to drive improvements is the focus of this session. Programs often collect many different types, and volumes, of data about students’ performance, but don’t go the final step and use the data to drive improvements. How do learning outcomes assessments carried out in individual courses make their way into the overall program evaluation plan? How are these data used to identify programmatic weaknesses? Examples of assessment data used by a large counselor preparation program to make informed program improvements will be described.
3:30 p.m. – 4:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #580, Convention Center Expo Hall, Poster Area 1

How CSI Chapters Can Help Students Enhance Research Competency
30-Minute Poster Session
Jee Hyang Lee, Susannah M. Wood, Moshane Parker, Hongyun Woo, Ruth N. Mercado-Cruz

Chi Sigma Iota chapters can be instrumental in the counselor development of graduate students in the counseling profession. Chapters play an important role in facilitating counselor competencies in counseling theories, practice, teaching, and research. Using the activities of Rho Upsilon chapter, University of Iowa, as a guide, this poster will provide innovative ideas on how university chapters can help students hone their research skills.

3:30 p.m. – 4:00 p.m.
NCDA Sponsored Session
Program ID #581, Convention Center Expo Hall, Poster Area 2

Career Development and Career Centers: What Do We Actually Do?
30-Minute Poster Session
Cynthia D. Marco-Scanlon

Many times career centers are viewed as “job placement centers” and house “resume writers.” Through the addition of career counselors and practitioners in career centers, the study of career development theory now provides a framework for those helping with conceptualizing client’s career concerns. Career centers are now places that assist with life-long career development needs/issues of clients from adolescence to mid-life career changers to those entering “retirement,” to those returning from military service and entering civilian life. They have become a training center for graduate interns, and places of support for those going through a job loss, to assisting culturally diverse clients, also. The “face” of the career center has changed—based on the needs of the constituents they serve.

3:30 p.m. – 4:00 p.m.
Program ID #582, Convention Center Expo Hall, Poster Area 3

Focusing the Lens: A Narrative Analysis of Theoretical Orientation Development in Counselors-in-Training
30-Minute Poster Session
Courtney Allen, Sondra Smith-Adcock

Counseling from a grounded theoretical framework increases counselor confidence, lends accountability, fosters critical thinking, and sharpens case conceptualization. However, the process by which one develops an effective, congruent, theoretical orientation is often daunting and not well understood. The current qualitative study examines this process from the perspective of counselors-in-training. A narrative analysis of workshops focusing on theoretical orientation development depicts critical themes generated by student participants. Implications for teaching and supervision are discussed and strategies for fostering theoretical orientation development and offered.

3:30 p.m. – 4:00 p.m.
Program ID #583, Convention Center Expo Hall, Poster Area 4

Incentives and Survey Response Rates in Counselor Education: A Meta-Analysis
30-Minute Poster Session
Robert Eric Heidel, Blair Sumner Mynatt

Monetary incentives are used in survey research to increase survey response rates. Poor return rates with self-report surveys lead to underrepresentation of subsets of a population and detract from the validity of the results. The poster will present the relevant counseling literature related to the utility of monetary incentives, types of monetary incentives, incentives and cognitive dissonance, and the ethics of incentives in survey research. The survey response rates of a recent dissertation where monetary incentives were used will be presented. Gain insight into the practical application of monetary incentives and their impact on counselor education. The results of a meta-analysis regarding incentives will be presented.

3:30 p.m. – 4:00 p.m.
Program ID #584, Convention Center Expo Hall, Poster Area 5

Updating and Defining the Doctoral Comprehensive Exam: Using Doctoral Portfolios for Comprehensive Evaluation
30-Minute Poster Session
Jamie S. Carney, Asha McAdory, Virginia Dawson

This poster focuses on the use of doctoral portfolios as a method of comprehensive evaluation in counselor education programs. This poster provides an overview and demonstration of a doctoral portfolio format used as a doctoral comprehensive exam. This format integrates the CACREP 2009 standards into an electronic portfolio. The poster focuses on developing and implementing the portfolio with specific consideration of; defining learning and program evaluation indicators, developing evaluation rubrics, training on use of electronic portfolios, and overall outcomes. Students who have been part of the portfolio process will share their experiences with the doctoral portfolio. Handouts will include online portfolio resources.

3:30 p.m. – 4:00 p.m.
Program ID #585, Convention Center Expo Hall, Poster Area 6

Understanding Motivation To Interact Across Differences: A Qualitative Study
30-Minute Poster Session
Sarah Coulter, Wycliffe Abuya

Facilitating intergroup contact is a highly effective method of reducing prejudice; counselors may engage in this work to advocate for clients who are impacted by societal prejudice and discrimination. This poster will present the results of a qualitative study exploring what motivates university students to interact with people who are different from them in ethnicity and sexual orientation. Students were asked to describe their intergroup interactions, situations where they were highly motivated to participate in intergroup contact, and situations...
where they had low motivation to interact with those who were different from them. Implications for advocacy, counseling, and counselor education will be discussed.

3:30 p.m. – 4:00 p.m.
Program ID #586, Convention Center Expo Hall, Poster Area 7
Response to Intervention and Professional School Counseling Service Delivery: An Exploratory Investigation
30-Minute Poster Session
Saron LaMothe, Glenn Lambie, Andrew Wood, Jennifer H. Greene
Response to Intervention (RTI), recommended by the exceptional education professional community, is a collaborative process that benefits from the use of services provided by professional school counselors (PSC). Similarly to comprehensive school counseling programs, RTI consists of multi-tiered interventions and data-driven decision making to address the academic and behavioral needs of struggling learners. The presenters will provide information regarding the (a) use of the RTI process, (b) the similarities between the RTI process and the ASCA National Model (2005), (c) findings from an exploratory investigation regarding RTI and PSCs’ service delivery, and (d) implications for PSCs and counselor educators.

3:30 p.m. – 4:00 p.m.
Program ID #587, Convention Center Expo Hall, Poster Area 8
Understanding the Needs of First-Generation College Students: Implications for University Counseling Centers
30-Minute Poster Session
Jessica Reno Burkholder
First generation college students have unique challenges and have been found to have lower graduation and retention rates. Concurrently, research suggests that college counseling centers can have a positive impact on the experiences of college students, increasing academic performance and retention. This qualitative study used focus group interviews to inform the development of an outreach program that supports first generation college students. Applicable interventions that address the needs of first-generation college students and can be applied to a variety of settings will be provided.

3:30 p.m. – 4:00 p.m.
Program ID #588, Convention Center Expo Hall, Poster Area 9
Individuation Mediators Between Enmeshed Family Boundaries and Eating Disorder Symptoms
30-Minute Poster Session, Advanced
Linda M. Perosa, Sandra L. Perosa
Research has shown that structural family therapy/counseling and individuation interventions together are effective for treating young females with EDs but not those over 18. One hundred four at-risk college females completed measures on family enmeshment/disengagement; three attachment/individuation scales, and eight ED scales. The bootstrapping results for mediation indicated that attachment variables played the strongest mediating role in predicting 4 ED variables and attachment and individuation variables both played a strong mediating role predicting two other ED variables. Suggestions for future studies and implications for counseling are discussed.

3:30 p.m. – 4:00 p.m.
Program ID #589, Convention Center Expo Hall, Poster Area 10
The Effects of Presenting Affective and Cognitive Benefits of Counseling on Student Intentions To Seek Counseling
30-Minute Poster Session
Chelsey Solar
This study explored how presenting affective outcomes (emotional consequences) and cognitive outcomes (non-emotional consequences) of counseling affect student intentions to seek counseling. The study also examined variables such as gender, psychological well-being and previous counseling experience and their relationship with student intentions to seek counseling. Implications for increasing student intentions and willingness to seek help through the presentation of mental health information will also be discussed.

3:30 p.m. – 4:00 p.m.
Program ID #590, Convention Center Expo Hall, Poster Area 11
Feelings Before Facts: Emotion Regulation as Primary Treatment Goal
30-Minute Poster Session, Advanced
Rebecca L. Huggins
Many counselors have experienced the disappointment of a client who seems to be progressing very rapidly and drops out of treatment and relapses. By helping clients learn to regulate their emotions effectively, the counselor will establish a firm base upon which more concrete processing of traumatic events can occur. The information presented comes from a review of current literature in the field, along with the anecdotal experiences of the presenter as a client, and of other practitioners in the field.

3:30 p.m. – 4:00 p.m.
Program ID #591, Convention Center Expo Hall, Poster Area 12
Schema Focused Therapy for Mood and Anxiety Disorders
30-Minute Poster Session
Deeba Khumar
This poster will examine the concept and treatment strategies of schema focused therapy in relation to its application on mood and anxiety disorders. The main focus of the poster will be on reviewing the literature of effectiveness and implications of schema therapy on mood and anxiety disorders followed by a discussion on the conceptual model of schema therapy using case studies. Suggestions and the need for further research in the field will be discussed.
The Power of Other: Using a Q-Sort Methodology to Understand Sexual Identity

Jessica Molberg

There are many labels attached to sexual identity including gay, lesbian, bisexual, queer, questioning and it seems that the list gets longer each year. The researcher believes that sexual identity is subjective and that employing such an “alphabet soup” can be disempowering, as it excludes many people whose sense of identity is fluid. Many individuals may not identify with a particular letter therefore by giving the option of “other” may provide individuals with a term that is open to interpretation. Professional counselors must understand the process and nature of sexual identity in order to empower and instill pride in our LGBTQ(IA) clients despite the daily headlines that are cruel reminders that many still face discrimination.

Predisposing Factors for Personal Counseling Among Counseling Trainees

Steve Byrne, Brett W. Shufelt

The present research will investigate the utilization of counseling and barriers to counseling students receiving personal counseling during their training. Numerous theorists and researchers emphatically suggest that students enrolled in counseling programs should utilize personal counseling for personal and professional development, as well as the treatment of mental disorders. Although several studies indicate that seeking one’s own therapy is helpful to experienced practitioners, there is little empirical literature examining how counseling students utilize such services. The present study seeks to explore the rate at which such services are utilized by graduate students, predisposing factors, and barriers to seeking such services.

A Counselor-Based Suicide Risk Assessment for Clients with the Chinese Culture Origin

Fangzhou Yu

Most of the counselor-based suicide risk model assessments are developed based on the majority population in the United States. More and more scholars in this field notice the weaknesses for this type of assessments regarding the multicultural issues and the limited application for clients with other culture backgrounds. The goal of this poster is to share the results of a quantitative research exploring the specific suicide risk factors of the clients with the Chinese culture origin and to inspire the future researches on addressing the multicultural issues in suicide risk evaluations.

All Is Well: CSI Chapter Wellness Advocacy as a Way To Promote Counseling Professionals’ Self-Care

Elyssa Smith, Derek X. Seward, Sonia Ramrakhiani

Counselors-in-training often struggle with finding appropriate outlets for managing stress associated with a demanding profession. Sigma Upsilon’s approach to wellness programming takes on a holistic perspective while remaining attentive to individual differences in wellness needs. In this poster, Sigma Upsilon’s signature wellness events, including the 2011 Outstanding Chapter Individual Program Award-winning Winter Wellness Day and potluck dinner, are described and illustrate how the events encompass all components of wellness in a holistic manner.

Loving Kindness Meditation for Women in Transition

Elizabeth O’Brien

Loving Kindness Meditation (LKM) has been utilized in the counseling profession to help individuals develop a greater capacity for empathy and lower levels of personal distress. The purpose of this poster is to report findings from a study that used LKM with a population of women who are transitioning from incarceration to society in a chemical dependency treatment facility. The research focuses on examining how a meditation modality could have an effect on participants’ levels of social distress, empathy, and experience of issues and symptoms related to chemical dependency and psychiatric diagnosis.

Look for updated information in the Program Guide Addendum in your tote bag.
4:30 p.m. – 5:00 p.m.
ACEG Sponsored Session
Program ID #599, Convention Center Expo Hall, Poster Area 4
Left Behind: The Experiences of Army Wives
During Deployment
30-Minute Poster Session
Jennifer L. Sztalkoper
This phenomenological study explored the experiences of Army wives during their husbands’ deployment to Afghanistan. Transition theory was used to explain the development and importance of coping strategies and support networks during spousal deployment.

4:30 p.m. – 5:00 p.m.
Program ID #600, Convention Center Expo Hall, Poster Area 5
Becoming Confident in Addressing Client Spiritual or Religious Orientations in Counseling: A Grounded Theory Understanding
30-Minute Poster Session
Douglas R. Tillman, Julie A. Dinsmore, David D. Hof, Christine L. Chasek, Marissa A. Fye
Results of a study to identify factors impacting the development of counselor confidence in integrating client spiritual and religious orientations in therapy will be shared. A theory of the developmental and socially constructed nature of this process will be detailed as will implications for counselor education curriculum, clinical practice, and professional development.

4:30 p.m. – 5:00 p.m.
Program ID #601, Convention Center Expo Hall, Poster Area 6
Applications of Motivational Interviewing in School Counseling
30-Minute Poster Session
Edward Wahesh
School counselors play a critical role in student achievement. Motivation is an important predictor of student success. A promising approach to elicit and strengthen motivation to change, motivational interviewing has demonstrated efficacy in the treatment of a variety of health-related behaviors. This poster will include an overview of motivational interviewing and describe specific motivational enhancement techniques that school counselors can utilize to promote academic, career, and personal/social student competencies described in the ASCA National Model. Case examples of this approach used in individual counseling, group guidance, and parent-teacher meetings will be provided.

4:30 p.m. – 5:00 p.m.
Program ID #602, Convention Center Expo Hall, Poster Area 7
Understanding the Meaning of Hijab and Muslim Arab American Women: Implications for Counseling
30-Minute Poster Session
Baochun (JoJo) Zhou
Though counseling literature has been addressing Arab Americans and Muslims’ need of mental wellness, and certain levels of multicultural responses in general, especially after 9/11, little known is about Muslim Arab American women in particular. What does wearing hijab mean to Muslim women? How do they perceive their family roles and lives after 9/11? This poster will address historic and present-day interrelated systems of discrimination against Muslim Arabs/Arab Americans, how these relate to Muslim Arab American women experiences, and how these dynamics affect treatment. Counselors, counselor educators and supervisors may gain awareness, knowledge, and skills to work with Muslim Arab Americans.

4:30 p.m. – 5:00 p.m.
Program ID #603, Convention Center Expo Hall, Poster Area 8
Simultaneously Preparing School Counselors-in-Training and First-Generation College Students: A Longitudinal Investigation
30-Minute Poster Session, Advanced
Kara Ieva
Too few low-income and first-generation students are afforded the opportunity to learn and engage in STEM majors and career paths prior to arriving to higher education. As a result, the presenter created a systematic developmental summer program servicing the needs of first generation college students while simultaneously preparing counselors-in-training to deliver a comprehensive counseling program ancillary to their practicum and internship experience. After the completion of two years, this poster aims to present the data from a longitudinal study of both the school counselors in training and the now first generation college students.

4:30 p.m. – 5:00 p.m.
Program ID #604, Convention Center Expo Hall, Poster Area 9
Military Counseling Certificate Program
30-Minute Poster Session
Lynn K. Hall, Stephen Sharp
For those counselors (or Master’s level counseling students) interested in working with military service members and their families, a unique Military Counseling Certificate program is being developed and will be offered both online and at select locations around the country starting July 1, 2013. An overview of the history behind the development of the certificate program, as well as an in-depth review of the content of the courses to be offered will be presented for those interested in obtaining a Certificate in Military Counseling from an accredited university.

4:30 p.m. – 5:00 p.m.
Program ID #605, Convention Center Expo Hall, Poster Area 10
Narrative Therapy as a Culturally Sensitive Intervention for Military Veterans
30-Minute Poster Session
Isaac Burt, Tiphanie Gonzalez
Many underserved populations, such as military veterans, encounter difficulties when transitioning back to mainstream society and reuniting with their families. However, due to the
culture of the military, individuals may chose not to undergo counseling due to stigma associated with taking therapy. To circumvent this problem, there is need for culturally sensitive and effective programs designed for military populations. The purpose of this poster is to provide counselors with a pragmatic approach to use with military veterans struggling with transitional, anger, and emotional issues. This poster integrates narrative therapy into a culturally sensitive model designed exclusively for military veterans.

4:30 p.m. – 5:00 p.m.
Program ID #607, Convention Center Expo Hall, Poster Area 12
Counseling and Teaching Students with Cognitive Disabilities
30-Minute Poster Session
Suzanne Savickas
The poster will describe a model program and its evaluation outcomes regarding the effectiveness of counseling interventions for college students with substantial cognitive disabilities and emotional issues. The presenter will discuss current issues regarding transition students with disabilities in higher education for the counselor and counselor educator. The counseling intervention in the model was co-designed and presented by counselor education faculty and special education faculty.

4:30 p.m. – 5:00 p.m.
Program ID #608, Convention Center Expo Hall, Poster Area 13
Roots of Resilience: Protective Factors in the Sexual and Gender Identity Development of LGBTQ Youth
30-Minute Poster Session
Nancy Jean Cunningham, Patrick H. Hardesty
This retrospective study charts the development of sexual and gender identity through adolescence for LGBTQ young people presently enrolled in college. We report what we discovered about risk and protective factors in the lives of these young people during middle and high school. Both risk and protection were measured across multiple domains (family, school, neighborhood, faith community, online) and compared to present functioning. Interventions to promote health in LGBTQ youth and stimulate environmental change in systems to support LGBTQ youth are suggested based upon survey results. Those who view our poster will be encouraged to think about how they might use our findings in their work and advocacy on behalf of LGBTQ youth.

4:30 p.m. – 5:00 p.m.
Program ID #609, Convention Center Expo Hall, Poster Area 14
Dancing About PowerPoint: New Ways of Thinking About Empathy Development in Counselor Education
30-Minute Poster Session
Sean Hannon
Empathy is an aesthetic, not a science. The importance of empathy skills in counseling practice is well noted in the literature. However, counseling education curriculum rarely reflects this emphasis. Graduate programs tend to utilize traditional classroom methodologies that exclusively teach and assess explicit skills and Western-style, linear, critical thinking. It is the position of this poster that counseling programs, in addition, need to more thoroughly integrate, encourage, or even mandate the development of some variety of artistic, spiritual, or inner-discipline (in the manner of fine arts programs, perhaps) from their students.

4:30 p.m. – 5:00 p.m.
Program ID #610, Convention Center Expo Hall, Poster Area 15
Nature Play Therapy: A New Approach
30-Minute Poster Session
Murial R. Stockburger, Leslie Martin
This poster will provide information on an innovative, creative, green approach to child-centered play therapy using natural elements. The underlying theory of integrating nature and the benefits of the use of nature in expression, creativity, calming effect using the child-centered play therapy foundation. The poster will focus on this theoretical approach integrating nature and child-centered play therapy currently being developed and piloted. Examine the handmade wooden nature play therapy kit.

5:30 p.m. – 6:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #611, Convention Center Expo Hall, Poster Area 1
Advocating for Counselor Wellness: Practical Approaches for Students
30-Minute Poster Session
Katie Bohn, Todd Westergard
As a counseling student, learning how to take care of one’s own needs can be particularly challenging while learning how to identify and address the needs of others. This wellness program, developed for counselors-in-training, is designed to be practical for graduate students wanting to incorporate wellness into their personal and professional lives. Topics include: mindfulness and relaxation techniques, challenging perfectionism, and identifying wellness resources on and off campus.

5:30 p.m. – 6:00 p.m.
AMCD Sponsored Session
Program ID #612, Convention Center Expo Hall, Poster Area 2
White Racial Identity Impact on Diverse Clients: 2012 AMCD Graduate Student Awardee
30-Minute Poster Session
Natalie F. Williams
This poster will examine racial identity profile patterns of White mental health practitioners and its potential impact on therapeutic outcomes for diverse client populations. The poster will highlight findings from Middleton, Ergüner-Tekinalp, Petrova, Williams, and Sam (2012), that currently in press. Since the current majority of mental health practitioners self-identify as White, the implications of White RID for multicultural counseling competency are significant.
5:30 p.m. – 6:00 p.m.
IAMFC Sponsored Session
Program ID #614, Convention Center Expo Hall, Poster Area 3
Family Counseling: The Professional Will
30-Minute Poster Session
Douglas R. Kabell, Loretta J. Bradley, Nicole Noble
The poster will focus on ethics of record keeping. This topic will be addressed through examples of Professional Wills and through case studies related to professional wills. Multicultural and advocacy issues will be addressed as well as implementation of codes of ethics (e.g., IAMFC, ACA). Handouts will be provided.

5:30 p.m. – 6:00 p.m.
Program ID #615, Convention Center Expo Hall, Poster Area 4
Promoting Advocacy in Training Programs by Integrating Social Justice Counseling Practice in Pre-Practicum Experience
30-Minute Poster Session
Samuel Sanabria, Derrick Paladin, Alicia M. Homrich
A model for teaching social justice is presented by having students participate in a 100 hour pre-practicum experience in which they engage in advocacy work in their community. This approach allows students to gain experience and knowledge by engaging in social justice work. This model also develops students’ leadership skills through practice prior to starting their actual clinical experience. By having students engaged in advocacy work they not only develop a stronger appreciation for the needs of their clients but also help build their community by promote social awareness. Integrating this experiential activity in counseling programs require an understanding of the importance of advocacy work in our profession.

5:30 p.m. – 6:00 p.m.
Program ID #616, Convention Center Expo Hall, Poster Area 5
Religious Competencies: What You Need To Know About Pastors’ Views of Counseling
30-Minute Poster Session
Robyn Brammer, Misty Lacy
Religious leaders and secular counselors share a common goal: to improve the quality of life for those in their care (Hoffman, Guy, and Feldman, 2007). Despite this common starting point, their means of obtaining this quality of life is very different. Religion is theocentric. It starts with the notion of following the Divine’s will. Psychotherapy is anthropocentric. Its principles rest on the assumption of humanity possessing what it needs within itself. These two positions place the professions at odds, and history has shown them to be bitter enemies. This poster will assist counselors in understanding how religious leaders view counseling and where ethical concerns with referrals may arise.

5:30 p.m. – 6:00 p.m.
Program ID #617, Convention Center Expo Hall, Poster Area 6
Sexual Minority Experiences of Microaggressions: A Qualitative Exploration
30-Minute Poster Session
Susan Kashubeck-West, David Hart, Marti Baricevic, Angela Schubert
Microaggressions, the everyday slights or insults that convey to minority group individuals that they are devalued and second class, have deleterious effects on psychological well-being (Sue, 2010). This poster reports findings from a focus group with sexual minority individuals who were asked about the types of microaggressions they had experienced, how they coped with them, and what the impact of being a target of microaggressions is in terms of their psychological well-being. Themes generated from coding of the focus group session will be presented. Implications for professional counselors who work with LGBTQ persons will be discussed, as will suggestions for future research in this area.

5:30 p.m. – 6:00 p.m.
Program ID #618, Convention Center Expo Hall, Poster Area 7
Are You There, God? It’s Me, Client: Using Narrative Therapy with Clients with Spiritual Concerns
30-Minute Poster Session
Melissa R. Zeligman, Sejal Mehta Barden, Diandra J. Prescod, Jessica Gonzalez
Research shows that the majority of counselors avoid the topic of spirituality and religion, out of their own discomfort, yet these elements are necessary to fully understand the multicultural backgrounds of our clients. This poster will show how to use a postmodern, Narrative approach in working with clients with spiritual concerns, through highlighting the most recent research on the theory, and through a case example. Learn not only how to use this theory in working with spiritual clients, but also the need to address such topics in session.

5:30 p.m. – 6:00 p.m.
Program ID #619, Convention Center Expo Hall, Poster Area 8
Spirituality and Infertility: Voices from the Journey
30-Minute Poster Session
Kerrie R. Fineran, Heather Reynolds, Amy Nitza, James Burg
The mental health and spiritual development needs of people experiencing infertility are underestimated by counselors. The results of a national survey focused on gaining awareness of the impact of infertility on spiritual/faith journeys, or conversely, the impact of spirituality on the experience of infertility, will be examined. The results of this study will be presented, implications for research and clinical practice will be discussed, and handouts will be available.

We want to know what you think!
Visit the kiosks near registration to complete conference survey

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
A Comparison of Traditional, Online, and Inquiry-Based Learning in Counselor Education: A Pilot Study
30-Minute Poster Session
David Farrugia, Jennifer E. Beebe
The effectiveness of different methods of course delivery has been an on-going topic of interest in the field of Counselor Education. The opportunity to consider an inquiry-based approach to counselor education developed as a result of an internal grant designed to encourage the use Process Oriented Guided Inquiry Learning (POGIL) as an instructional strategy at the University. Utilizing CACREP School Counseling Standards addressed in a foundations course on school counseling, a comparison was made between students’ perceptions of mastery of the curriculum across a traditional format, an on-line format and the inquiry based format. Details on the POGIL strategy, the computer programs used and other instructional strategies are included.

Friday [Poster Sessions]

5:30 p.m. – 6:00 p.m.
Program ID #621, Convention Center Expo Hall, Poster Area 10
Recovering Identity: A Qualitative Investigation of a Survivor of Dissociative Identity Disorder
30-Minute Poster Session
Jesse Fox, Joseph Graham
Dissociative identity disorder (DID) often represents a sym- ptomatic enigma for counselors due to its complex presentation. Our study utilized a narrative methodology by interviewing one female DID survivor on three separate occasions. Each semi-structured interview reconstructed a particular time in the participant’s life as it is related to the disorder (e.g., past, present, and future). Three themes emerged from the participant’s experiences with DID: (a) therapeutic outcomes, (b) chronology of DID, and (c) misperceptions of DID.

5:30 p.m. – 6:00 p.m.
Program ID #622, Convention Center Expo Hall, Poster Area 11
Integrating Smoking Cessation Treatment with Mental Health Services
30-Minute Poster Session
Greg Harms
There is overwhelming evidence that individuals with mental illness use tobacco at disproportionate rates and therefore suffer increased health problems. Providing smoking cessation services can help to address this disparity and promote a greater quality of life among our clients. This poster is designed to promote counselors’ confidence in addressing tobacco use with clients by debunking myths that promote tobacco use among people with mental illness and providing therapeutic techniques to address tobacco use in a way that meets clients’ unique needs. Come away with a greater understanding of the importance of addressing tobacco use with clients and greater confidence in their ability to do so.

5:30 p.m. – 6:00 p.m.
Program ID #623, Convention Center Expo Hall, Poster Area 12
An Outcome Study of School Counseling Practice in Wisconsin
30-Minute Poster Session
Mark Gillen
This study examined the impact of fully implemented, comprehensive school counseling programs in Wisconsin. Included were the topics of training on CSCP, benefits on academic achievement and positive behaviors.

5:30 p.m. – 6:00 p.m.
Program ID #624, Convention Center Expo Hall, Poster Area 13
Mental Health Counseling and the Polyamory Community: Applications for Training and Practice
30-Minute Poster Session
Adrienne L. Johnson
Polyamory is a relationship structure that allows for multiple partners and has been called a form of responsible non-mono- gamy. While the base of poly-aware counselors has expanded over the last decade, literature suggests that many counseling sessions are negatively filtered by the effects of the counselors’ personal values toward multiple-partner relationships. Additionally, few multicultural courses in counseling programs include polyamory as a topic in curricula, thereby excluding an important cultural dynamic from counselor training. This poster provides a comprehensive understanding of the unique needs of this population, and offers poly-friendly strategies to shape inclusive, equitable counseling and learning environments.

5:30 p.m. – 6:00 p.m.
Program ID #625, Convention Center Expo Hall, Poster Area 14
Counselors’ Development of Theoretical Orientation: A Consensual Qualitative Research Investigation
30-Minute Poster Session
Patrick R. Mullen, Catherine Griffith, Kristopher Hall
The development of theoretical orientation occurs for all counselors. However, limited research investigates the how counselors develop their theory. This poster showcases the results from a Consensual Qualitative Research (CQR) study that investigated the development of theoretical orientation in several practicing counselors. Hear about the basis for this study; learn about the CQR methodology; discover the results of the investigation; and learn about the implications for counselor educators and supervisors.

5:30 p.m. – 6:00 p.m.
Program ID #626, Convention Center Expo Hall, Poster Area 15
Healing Addiction Through Connections: Using RCT in Substance Abuse Groups
30-Minute Poster Session, Advanced
Catherine Tucker
Substance abuse counseling is a difficult and often frustrating...
30-Minute Poster Session
Carman Sue Gill, Stephanie Fariss Dailey, Harriet L. Glossof, Leila Roach
Recognizing that spirituality and/or religion plays a central role in the development and well-being of people from diverse cultural backgrounds, this poster will examine the intersection of the ASERVIC Competencies, ACA's Multicultural and Advocacy Competencies, and the ACA Code of Ethics. Presenters will share common ethical challenges counselors face when issues of spirituality may relate to clients' presenting problems and/or resolution to those problems, including the ethical obligation to accurately assess clients' beliefs, practices, and resources. Gain experience in effective ways to integrate spirituality and/or religion in the counseling process.

10:30 a.m. – 11:00 a.m.
Program ID #631, Convention Center Expo Hall, Poster Area 4
A Longitudinal Study of Counselor Cognitive Complexity: Results of 10 Years of Research on Counseling Students
Darcy Haag Granello
Counselor education students can be conceptualized developmentally as moving from a didactic to a relativistic cognitive style as they move through the counseling program. In this large-scale longitudinal study, over 200 counseling students at several universities were assessed at three different points in their graduate programs. This study builds on previous, cross-sectional studies of counselor cognitive complexity. Results demonstrated extremely strong trends toward higher levels of complexity as students progressed through their programs, particularly between the beginning of practicum and graduation. Implications for counselor education programs, particularly with teaching styles and curriculum order, will be presented.

10:30 a.m. – 11:00 a.m.
Program ID #632, Convention Center Expo Hall, Poster Area 5
Making Babies: Counseling GLBT Individuals and Couples Interested in Becoming Parents Through Assisted Reproductive Therapies
Samuel Sanabria
For many GLBT individuals or couples, the process of utilizing Assisted Reproductive Therapies (ART) to have children can be emotionally and psychologically overwhelming, especially since there is currently a lack of representation for GLBT individuals and couples to follow. Early involvement in counseling can help GLBT individuals and couples address their needs as they journey through the process of having children. This poster will first introduce ART and how it is helping GLBT individuals and couples fulfill their desire to have a family. You will be introduced to the special needs of GLBT parents as well as a counseling framework for working with GLBT individuals and couples as they pursue their family through ART.
10:30 a.m. – 11:00 a.m.
Program ID #633, Convention Center Expo Hall, Poster Area 6
**Infusing Cultural Sensitivity To Work with LGBT Asians/Asian Americans**
30-Minute Poster Session
_Baochun (JoJo) Zhou, Sarah E. Coult_ The poster will explore literature about Asian and Asian American LGBT people. The poster will address the following questions: How are experiences of LGBT people similar and different in Eastern and U.S. backgrounds? How do these differences influence the immigration and acculturation experiences of Asian American LGBT people? What are the cultural strengths of Asian American LGBT people? How do interlocking systems of oppression and privilege impact this population, and how might these dynamics affect treatment? This poster will help counselors, counselor educators, and supervisors gain awareness, knowledge, and skills to work with LGBT Asian Americans. Case examples will focus on Chinese American LGBT people.

10:30 a.m. – 11:00 a.m.
Program ID #634, Convention Center Expo Hall, Poster Area 7
**Addressing Self-Care in Supervision: Effects on Counselor Wellness and Burnout**
30-Minute Poster Session
_Jonathan Ohrt, Elizabeth Prosek, Elizabeth Ener_ Unfortunately, professional counselors encounter multiple factors that threaten their wellness and ability to avoid impairment (Lawson, 2007). The purpose of this poster is to discuss the results of a quasi-experimental study designed to enhance wellness and decrease burnout among counselors during supervision. The treatment group participated in a psychoeducational group supervision session about wellness and burnout prevention and developed specific wellness goals. The presenters will discuss the intervention and the results of the study. Implications for counselor educators, supervisors, and future research will be discussed.

10:30 a.m. – 11:00 a.m.
Program ID #635, Convention Center Expo Hall, Poster Area 8
**Continued Validation of the Counseling Competencies Scales: A Measure of Trainees’ Skills, Dispositions, and Behaviors**
30-Minute Poster Session, Advanced
_Glenn W. Lambie, Jessica L. Martin, Ashley J. Windt, Jessica Gonzalez, Andrew Wood, Saron LaMothe, Joseph Graham, Olivia Uwamahoro_ Counselor educators and supervisors are charged with evaluating their students’ (supervisees’) levels of counseling competencies; however, limited research has examined assessment instruments and processes within counselor preparation programs. The Counseling Competencies Scale (CCS) is an assessment instrument designed to evaluate counselors’ level of competency in a comprehensive and psychometrically sounds fashion. This poster will report findings from qualitative and quantitative investigations related to the psychometrics and practical application of the CCS. The presenters will offer specific implications for counselor educators, supervisors, counselors-in-training, and practicing counselors.

10:30 a.m. – 11:00 a.m.
Program ID #636, Convention Center Expo Hall, Poster Area 9
**A Cross-Cultural Examination of Counseling Students’ Perceptions of Altruism**
30-Minute Poster Session
_Dodie Limberg, E. H. “Mike” Robinson, Sejal Mehta Barden_ This poster focuses on counseling students’ perceptions of altruism from four different cultures: United States, Uzbekistan, Korea, and India. A consensual qualitative research design was used to identify and cross-analyze themes from the four cultures. A comparison and contrast between each population is made, in order to further investigate the impact culture and setting may have on perceptions of altruism. The presenters will discuss research ethics, multicultural considerations, and implications for counselor educators and counselors.

10:30 a.m. – 11:00 a.m.
Program ID #637, Convention Center Expo Hall, Poster Area 10
**Becoming a Play Therapist: Using Critical Incidents Methods to Examine Students’ Experiences**
30-Minute Poster Session
_Sang Min Shin, Sondra Smith-Adcock_ Reflective models of clinical supervision suggest that students learn new perspectives by managing an unexpected event in their clinical work. The student counselor reacts to a ‘critical incident’ by focusing on counseling skills, case conceptualization, and professional identity development. Later on, the student counselor reflects on the situation and gains new perspectives to better prepare for a future occurrence. In this poster, findings of a qualitative study leverage the use of reflective models by demonstrating how students perceive and learn play therapy based on a critical incident method. Implications for using critical incidents methods in counselor education will be offered.

10:30 a.m. – 11:00 a.m.
Program ID #638, Convention Center Expo Hall, Poster Area 11
**Are They Really Learning?: Empirically Based Training in Motivational Interviewing**
30-Minute Poster Session
_Tabitha Young, Tony Michael_ This poster discusses the importance of adequately training counselors in various methods of counseling. Upon receiving training, trainees often report they have learned a method of counseling to a higher degree than they can demonstrate. Thus, we cannot rely on simply asking our students and trainees, ‘How well did you learn this theory?’ What we can do is evaluate and observe how well trainees and students are able to demonstrate a particular method of counseling. However, how much training is needed to produce skillful practitioners? This
study investigated how much training is needed in learning one particular method of counseling, Motivational Interviewing.

10:30 a.m. – 11:00 a.m.
Program ID #639, Convention Center Expo Hall, Poster Area 12
Integrating Tablet Technology and Creative Applications into Counseling: A Narrative Approach
30-Minute Poster Session
Emily Louise Dennis
With rapid advances in technology and acceptance of such devices in daily life, counselors may want to incorporate newer technology into the counseling session. This unique poster features a therapeutic intervention designed for use with tablet technology and creative applications. Those in attendance will learn how to introduce this intervention into counseling practice. A case example of combining art, technology, and narrative therapy through the creation of a written and illustrated eBook will be shared.

10:30 a.m. – 11:00 a.m.
Program ID #640, Convention Center Expo Hall, Poster Area 13
Holistic Wellness Factors of Traditional and Nontraditional Community College Students
30-Minute Poster Session, Advanced
Patricia Diane Williams, Julia Y. Porter
A quantitative causal-comparative research study was conducted that assessed holistic wellness characteristics of traditional and nontraditional community college students. The study examined differences between mean scores assessing holistic wellness in traditional and non-traditional student populations based on the Five Factor Wellness Adult Inventory (5F-Wel-A). This poster focuses on results of the research study and recommendations based on the research findings.

10:30 a.m. – 11:00 a.m.
Program ID #641, Convention Center Expo Hall, Poster Area 14
You Don’t Care! A Study of Conflict, Social Interest, and Marital Satisfaction
30-Minute Poster Session
Debra Leggett
Individuals married for the first time between 2006-2010 have a 52% survival rate (probability that their marriage will survive 20 years; N women = 32,904, S.E. = .015, N men = 28,094, S.E. = .016, National Health Statistics Reports, 2012). The researchers explored Adlerian constructs that may be helpful in divorce prevention. They investigate the relationships between domestic violence, social interest, and marital satisfaction in a non-clinical community sample, while collecting rates of interpersonal violence. They also attempt to validate the Contextual Relationship Measure, which focuses on the context of violent behaviors. The researchers will discuss the implications of the study and further projects for prevention.

10:30 a.m. – 11:00 a.m.
Program ID #642, Convention Center Expo Hall, Poster Area 15
Developing a Sense of Care, Prepare, and Prevent for Children: Supportable Community During Crises and Trauma
30-Minute Poster Session
Jeff D. Wolfgang
Everyday children will run into various levels of crises, having strong models and supportive positive relationships among their contacts in their world will help foster resilience. Working with a multi-tiered intervention program, school-family-community, to care, prepare, and prevent everyday normal developmental crises to more large scale disasters.

10:30 a.m. – 11:00 a.m.
ARCA Sponsored Session
Program ID #643, Convention Center Expo Hall, Poster Area 16
The Impact of a Counseling-Based Veteran Transition Program on Educational and Vocational Outcomes
30-Minute Poster Session
Brandon M. Stirpe
Veterans returning from active duty have returned to a new set of challenges. Many come home to a house that feels empty or a life that does not seem as purposeful now that their time as active duty military has ended. Some join the work force while others look to go back to school. Experiential Learning for Veterans in Assistive Technology & Engineering (ELeVATE) is a 10-week internship for veterans with service connected disabilities. The ultimate goal is to help transition veterans into secondary education in hopes of full-time employment. Veterans receive both weekly group counseling sessions and individual counseling sessions. They also participate in classes focused on Math, Science, and Writing while being a part of a research team.

11:30 a.m. – 12:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #644, Convention Center Expo Hall, Poster Area 1
Mapping Trends over the Past 20 Years in Counseling Research on Black Families
30-Minute Poster Session
Melanie Varney, Sondra Smith-Adcock, Cirecie West-Olatunji, Rachel Hensy, Jillian Vella, Joe Johnson
This poster highlights trends in counseling research on Black families over the past 20 years. The findings of a review of the literature, including methodology used (qualitative, quantitative, mixed), client population (children, adolescents, dates of publication, characteristics of journal (ACA or non-ACA journal, indexed or non-indexed) will be presented.

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
Saturday [Poster Sessions]

11:30 a.m. – 12:00 p.m.
AARC Sponsored Session
Program ID #645, Convention Center Expo Hall, Poster Area 2

Best Practices in Student Learning Outcome Research
30-Minute Poster Session
Casey A. Barrio Minton
CACREP standards mandating evaluation of SLOs provide unique opportunities for generating instructional research in counselor education. Unfortunately, only about 10% of teaching articles in counselor education include formal evaluation of SLOs, and rigor of research designs and analyses varies widely. This poster will include an overview of characteristics of instructional research in counselor education, unique challenges to conducting quality instructional research, step-by-step considerations for designing rigorous, realistic instructional research projects.

11:30 a.m. – 12:00 p.m.
IAMFC Sponsored Session
Program ID #646, Convention Center Expo Hall, Poster Area 3

Making Music Together: Creative Interventions in Couples Counseling
30-Minute Poster Session, Advanced
Jill D. Duba, Christopher P. Roseman, Jacob M. Hamlin, Cayce Brewer
Some couples seek counseling to address warning signs. They may not be facing a relationship crisis, but may be more concerned about where they are headed. Hence, a marriage make-over may not necessarily be needed, but instead couples in counseling may benefit from something rejuvenating. In such cases, brief interventions or techniques may be helpful. This poster addresses how musical interventions can be used in couples counseling.

11:30 a.m. – 12:00 p.m.
Program ID #647, Convention Center Expo Hall, Poster Area 4

Training School Counselors To Understand and Advocate for Educational Policy Change
30-Minute Poster Session
Stacey Anita Gaenzle, GoEun Na
School counselors are called upon to be advocates and leaders in the school system. Through this role, they are obligated to understand the educational policies impacting students at their school. This poster will describe a model that school counselor educators can use to educate school counselors in training to understand educational policy and to be able to advocate for policy change.

11:30 a.m. – 12:00 p.m.
Program ID #648, Convention Center Expo Hall, Poster Area 5

Crying Out to the Silent Divine: Counseling Through the Dark Night of the Soul
30-Minute Poster Session
Jodi L. Bartley, Karen Hridaya Hall
The journey toward spiritual fulfillment may be wrought with trials and tribulations. During this time, people may feel as though they are crying out to the silent divine. This sense of abandonment or spiritual desolation has been coined by St. John of the Cross as a metaphorical “dark night of the soul.” Counselors are called to recognize, be sensitive to, and support clients with spiritual and/or religious concerns. To date, however, little intervention strategies exist for working with people enduring “dark night of the soul” experiences. Presenters will define the concept of “dark night of the soul,” differentiate it from clinical depression, and provide counseling strategies for intervention.

11:30 a.m. – 12:00 p.m.
Program ID #649, Convention Center Expo Hall, Poster Area 6

Young Adult Cancer Survivors’ Counseling Preferences
30-Minute Poster Session
Jessica Z. Taylor, Susan Kashubeck-West
This poster will discuss the results of a study conducted to explore the counseling needs and preferences of young adult cancer survivors. Differences in rated preferences for individual, family/couple, and group counseling topics will be discussed. Approximately 70,000 young adults are diagnosed with cancer each year, and it is important that professional counselors know issues relevant to this specific group of individuals and their preferences for receiving counseling.

11:30 a.m. – 12:00 p.m.
Program ID #650, Convention Center Expo Hall, Poster Area 7

Examining Suicide Prevention Among College Students: A Comprehensive Approach Utilizing the Jed Foundation/SPRC’s Model
30-Minute Poster Session
Rosina Mete, Jordan Goldstein
Suicide is the second leading cause of death among American college students. Academic, social and financial pressures may cause or exacerbate psychological distress which can contribute to increasing suicidal thoughts and behaviors. This poster will provide various strategies of suicide prevention for college campuses by discussing current research. A comprehensive approach to suicide prevention, created by the Jed Foundation and Suicide Prevention Resource Centre, will be fully explained. A case study will illustrate the use of the BASIC ID suicide assessment. A qualitative research study will outline opinions from both students and mental health professionals of The Jed/SPRC framework.

11:30 a.m. – 12:00 p.m.
Program ID #651, Convention Center Expo Hall, Poster Area 8

Group Leaders: How Do They Develop Session by Session?
30-Minute Poster Session, Advanced
Kara Ieva, Emma L. Kendrick, Samir H. Patel
The qualitative inquiry describes the experiences of 102 counselors-in-training who participated in experiential psycho-
educational groups of various topic areas as an adjunct to their group counseling course. Come here how counselors-in-training perceive their own personal group leadership development as a result of this group in comparison to their classmates' perceptions. Implications for educating counselors-in-training will be provided based on the clinical and academic experiences reported by the students, as well as directions for future research.

11:30 a.m. – 12:00 p.m.
Program ID #652, Convention Center Expo Hall, Poster Area 9
**Student Success Skills: Initial Results of an IES-Funded Randomized Control Trial**
30-Minute Poster Session, Advanced
*Linda Webb, John Carey, Elizabeth Villares, Karen Harrington*

The results of the first two years of an IES-funded, longitudinal, randomized control trial of Student Success Skills, a school counseling intervention known to increase student achievement, will be presented. Data from over 6,000 5th graders from two Florida districts are included. Proximal outcomes are reported including the extent to which SSS effects cognitive engagement, behavioral engagement, metacognitive strategy use, test anxiety, academic self-efficacy, self-efficacy for self-regulated learning, and social competence as well as the extent to which SSS improves classroom climate. Details about measurement and instrumentation will also be reported.

11:30 a.m. – 12:00 p.m.
Program ID #653, Convention Center Expo Hall, Poster Area 10
**Integrating a Critical Thinking Component into a Mental Health Diagnosis Course**
30-Minute Poster Session
*Stella Beatriz Kerl- McClain*

This poster argues that counseling students must learn to understand diagnosis if they will be using it in their work, while at the same time realizing that it is a social construction that depends on power, context, time, history, and voice for its meaning. They must learn that, while diagnosis is a label, it has real implications that can be both positive and negative. It is imperative that students recognize the importance of counselors' participation in the on-going evolution in the meaning of diagnoses in mental health profession. Specific classroom assignments that will help students to experientially learn critical thinking related to diagnosis will be explored.

11:30 a.m. – 12:00 p.m.
Program ID #654, Convention Center Expo Hall, Poster Area 11
**Preparing Doctoral Students To Succeed as Counselor Educators: Professional Identity Development**
30-Minute Poster Session
*Hongryun Woo, Jee Hyang Lee*

Counselor education doctoral students play a crucial role as they continue to advance in the counseling profession. As future directors of the profession, they lead through publication, self-proclaimed identity, and professional advocacy efforts. They influence the next generation of counselors, by transmitting various aspects of their professional identity to the students they teach and supervise during practicums and internships. Studies on professional identity issues have mostly been limited to master's level education, and little literature exists with doctoral students. This poster aims to provide counselor educators with findings on doctoral students' perceptions of the profession and their professional identity development.

11:30 a.m. – 12:00 p.m.
Program ID #655, Convention Center Expo Hall, Poster Area 12
**Results from an Investigation of Alternative Education School Characteristics in the United States**
30-Minute Poster Session
*Patrick R. Mullen, Catherine Griffith, Renee Smith Sherrell*

Many alternative education schools exist in the United States. In these schools, counselors work with the unique needs of families and students. Unfortunately, limited research is available. This poster delivers the results of a recent investigation about Alternative Education School Characteristics from across the United States. Acquire a brief overview of the issues affecting Alternative Education Schools; learn about the characteristics of Alternative Education Schools found in this research investigation; and understand the implications for all counselors working in or with Alternative Education Schools.

11:30 a.m. – 12:00 p.m.
Program ID #656, Convention Center Expo Hall, Poster Area 13
**College Counselors’ Preparedness for Responding to Student Crises on Campus**
30-Minute Poster Session
*Harrison Davis, Jr., William Bradley McKibben*

Because of recent violent situations on college campuses, there is a heightened need for effective crisis intervention with college students. Despite the severity of a campus crisis, college counselors are typically required to respond. This program presents research that examined the level and type of crisis intervention training college counselors received. In addition, this program will discuss college counselor’s level of self-efficacy with responding to a crisis on campus as well as high priority areas of student crises.

11:30 a.m. – 12:00 p.m.
Program ID #657, Convention Center Expo Hall, Poster Area 14
**Self-Concept of Male Pacific Islander High School Students: Implications for School Counselors**
30-Minute Poster Session
*Jung H. Hyun*

What do you know about Pacific Islander students? From the results of the case study, the poster will show the unique needs of male Pacific Islander high school students and their struggles and introduce the long-term support group for male Pacific Islanders. Learn how the support group influences male Pacific Islander students’ self-concept. Handouts will be provided.
11:30 a.m. – 12:00 p.m.
Program ID #658, Convention Center Expo Hall, Poster Area 15
The Integrated Spiritual Intelligence Scale (ISIS) – Malay Version: A Psychometric Validator Study
30-Minute Poster Session
Nabiah Ibrahim
The multicultural goal of spiritual assessment is to provide valid and reliable information about individual’s spirituality across culture. The purpose of this poster is to discuss the translation-back-translation of the Integrated Spiritual Intelligence Scale (ISIS) from English to Malay to be subsequently normed on Malaysian elderly population in Institutions. Learn about issues related to cross-cultural construct validity as well as psychometric concerns when adapting western based measure for use in research and counseling with Malaysian elderly. This poster should be significant for researchers, counselors and other helping professionals engaged in cross-cultural work. Handouts will be provided.

12:30 p.m. – 1:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #661, Convention Center Expo Hall, Poster Area 2
Child Sex Trafficking in Southeast Asia: Implications for Counselors
30-Minute Poster Session
Catherine Tucker, Stephanie Collins, Sabrina Nelsen, Brittany Catania
Human trafficking is a major global mental health concern. In spite of its long history, little is known about the mental health implications of trafficking. Indiana State University counseling students are travelling to Southeast Asia to meet with professionals involved in helping children leave forced sex work and cope with the aftermath. This poster will present information about the scope and impact of human trafficking, both in Southeast Asia and the U.S.

11:30 a.m. – 12:00 p.m.
Program ID #659, Convention Center Expo Hall, Poster Area 16
The CACREP Accreditation Process: Developing an Assessment Plan of Student Learning Outcomes and Program Objectives
30-Minute Poster Session, Advanced
David R. Brown, Mark S. Parrish
Seeking CACREP accreditation is important for many counselor education training programs. Regardless if a program is currently accredited or seeking accreditation for the first time, the transition to the 2009 CACREP standards has presented a challenge to many programs. This poster seeks to assist counselor educators in the development and implementation of a systematic and comprehensive assessment plan of student learning outcomes and program objectives. Examples will be provided, as well as helpful hints from presenters who have recently experienced the CACREP accreditation process.

12:30 p.m. – 1:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #662, Convention Center Expo Hall, Poster Area 3
Let’s Talk Gestalt: A Holistic Approach to Substance Abuse Treatment
30-Minute Poster Session
Todd F. Lewis, Christina M. Rosen
Gestalt theory and therapy offers an exciting and comprehensive alternative to substance abuse treatment. Based on counseling the whole individual, Gestalt methods help clients addicted to substances correct disrupted “cycles of experience” so that they can establish healthier contact with the outside world. Through Gestalt methods, clients gain insight into how they act upon their urges to use with limited awareness. Gain knowledge of key Gestalt concepts related to substance addiction treatment and leave with a bevy of strategies that they can leave with immediately and apply in their practice.

11:30 a.m. – 12:00 p.m.
Program ID #660, Convention Center Expo Hall, Poster Area 1
Ecopsychology: The Sustainable Counselor and Client
30-Minute Poster Session
Jim Reynolds, Mindi Raggi
Counselors treating clients with addictions need to be informed and well trained in both case conceptualization and addiction recovery. This poster will introduce counselors to a useful set of clinical skills for conceptualizing addictions, as well as the development of individualized interventions that are appropriate and relevant for each individual client.

12:30 p.m. – 1:00 p.m.
Program ID #663, Convention Center Expo Hall, Poster Area 4
Power Intervention for Addictions Counselors
30-Minute Poster Session
Amanda Marie Thomas-Evans, Jamie S. Carney, Victoria Kress
Responding to socio-cultural, political, economic and psychological trends, the discussion of sustainability, as it relates to the counseling profession is timely. One method to address...
sustainability in the profession is through ecopsychology the idea that there is indeed a relationship between the Earth, environment and personal satisfaction. Counselors can respond by exploring their professional practices, integrating sustainability into client treatment through the use of green materials, and exploring the self as it relates to the larger world and by accessing community resources. See current trends in sustainability, specifically how this relates to counselors as a professional and practitioner.

**12:30 p.m. – 1:00 p.m.**
Program ID #665, Convention Center Expo Hall, Poster Area 6

**Gender Identity and the DSM-5**
30-Minute Poster Session
Robyn Brummer, Emily Faust
The DSM-5 contains numerous changes from its predecessor. The changes regarding gender identity are profound and far reaching. This poster depicts the key diagnostic alternations, how they may impact clients, and potential ethical concerns. It also provides results from a national study (N=336) for people with gender variance. Members of this community have significant concerns about the DSM-5, and their voices will provide counselors with necessary information. Issues regarding children, adolescents, and adults will be presented.

**12:30 p.m. – 1:00 p.m.**
Program ID #666, Convention Center Expo Hall, Poster Area 7

**Underidentified and Underserved: What Counselors Need To Know About Homeless Students and the McKinney-Vento Act**
30-Minute Poster Session
Carrie VanMeter, Kerrie R. Fineran, Megan Mahon, Christie Jenkins
Homeless youth in schools is a growing concern. With the number of homeless students on the rise, the need for increased awareness and utilization of the McKinney-Vento Act is evident. The purpose of this poster is to educate counselors on granted rights for these students, requirements for schools, and available funding to support efforts to “stabilize the educational experiences of homeless students”. The presenters will address the barriers experienced by homeless students and the resulting implications. Leave with more insight on homeless youth in our schools, information on the McKinney-Vento Act, ways to obtain funds to support efforts, and programming ideas.

**12:30 p.m. – 1:00 p.m.**
Program ID #667, Convention Center Expo Hall, Poster Area 8

**Using the Counselor Feedback Training Model To Teach Counseling Students To Effectively Give and Receive Feedback**
30-Minute Poster Session
Jacqueline Swank, Shannon Natalie McCarthy
Within the counseling profession it is paramount that counselors develop and maintain a strong skill set in effectively giving and receiving feedback. This poster presents the results of a study that examined the effectiveness of using the counselor feedback training model to teach counseling students how to effectively give and receive feedback.

**12:30 p.m. – 1:00 p.m.**
Program ID #668, Convention Center Expo Hall, Poster Area 9

**Comparing Multicultural Training Models**
30-Minute Poster Session
Donna Joy Dockery, Mary A. Hermann
Developing multicultural counseling (MC) competence is a challenge for both clinicians and counselor educators as limited evidence exists regarding the effectiveness of MC training. Results of a quantitative study comparing the most common MC training formats will be shared, including implications for enhancing MC competence. Recommendations regarding effectively incorporating MC and social justice issues will be presented and the advantages and limitations of different training formats will be discussed. Participants are encouraged to share their experiences, recommendations, and concerns regarding how to best improve MC competence with both practicing and pre-service counselors.

**12:30 p.m. – 1:00 p.m.**
Program ID #669, Convention Center Expo Hall, Poster Area 10

**The Role of Spirituality in Individuals with Dissociative Identity Disorder**
30-Minute Poster Session
Chastity Hope Bell
Dissociative identity disorder (DID) has been known by many names over the years, and famously portrayed (however unrealistically) through movies and the media. Despite the Hollywood image, this population remains largely unstudied through means other than individual interviews and case studies. The history of DID and spirituality will be explored, as well as findings from a current study on spirituality as a coping mechanism for those with DID.

**12:30 p.m. – 1:00 p.m.**
Program ID #670, Convention Center Expo Hall, Poster Area 11

**Art Therapy and Music Therapy in Addiction Counseling**
30-Minute Poster Session
Elizabeth Minehart, Dana Pianowski
Learn how to create dynamic counseling sessions with your clients using art and music therapy techniques specific to addiction counseling. Regardless of whether you work with individuals or groups, you will be inspired to include creative techniques into your counseling style. Specific techniques include drawing, collage, mask-making, drumming, lyric analysis, improvisation instrument playing.

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**We want to know what you think!**
Visit the kiosks near registration to complete conference survey
12:30 p.m. – 1:00 p.m.
Program ID #671, Convention Center Expo Hall, Poster Area 12
**Educators’ Experiences of a Mindfulness-Based Intervention Program: A Promising Strategy for Addressing Burnout**
30-Minute Poster Session
Jennifer E. Sharp
The purpose of this poster is to present my dissertation research and connect the research findings with counselor educators’ teaching practice. My research explored the impact of a stress management and burnout prevention training provided to K-12 school personnel. The intervention, called Cultivating Awareness and Resilience™ in Education (CARE), provides skills training in mindfulness meditation, stress management, and self-care practices. My research explored how educators integrate the practices introduced throughout the CARE program (e.g., mindfulness of breath, scanning the body for tension, cultivation of positive feeling states) into their professional and personal lives.

12:30 p.m. – 1:00 p.m.
Program ID #672, Convention Center Expo Hall, Poster Area 13
**Student Entitlement: Issues and Interventions for Counselors in Educational Settings**
30-Minute Poster Session
Jason Kushner, Gary Szirony
This poster provides a set of recommendations for school and college counselors working with adolescents exhibiting entitlement behaviors. Based on studies investigating how factors involved with feelings of entitlement in young adults influence performance behavior, development, and adjustment to college, interventions are discussed to support empirical findings that indicated entitlement feelings were negatively related to overall behavior and adjustment.

12:30 p.m. – 1:00 p.m.
Program ID #673, Convention Center Expo Hall, Poster Area 14
**Clergy Families: The Helpless Forgotten’s Cry for Help Answered Through Reality Therapy**
30-Minute Poster Session
Michelle Aulthouse
Many studies have been completed on clergy families providing results that suggest that the families experience numerous stressors, such as lack of social support/network, lack of self-worth, intrusiveness, time demands, and mobility. However, there is little evidence that anything has been done to help address this problem. The purpose of this poster is to inform you through current research about the need for counseling services in clergy families and to propose a quantitative research study that will measure the effectiveness of a created Triangular Reality Therapy counseling model that will help meet clergy families’ needs and increase their quality of life. Come explore an innovative way to answer the clergy family’s cry for help.

12:30 p.m. – 1:00 p.m.
Program ID #674, Convention Center Expo Hall, Poster Area 15
**Anxiety, Stress, and Well-Being: 7 Important Ways Mindfulness Can Help You and Your Clients**
30-Minute Poster Session
Cheryl Fulton
This poster will cover current research on the role of mindfulness related to counselor well-being and counseling performance factors such as empathy, attention, compassion fatigue, and self-efficacy; and client outcomes related to psychological well-being, anxiety, depression, and health behaviors. Results from the presenter’s research on mindfulness and counselor empathy and anxiety will be provided. Learn how mindfulness impacts the brain and its role in emerging mindfulness-based counseling approaches such as Acceptance and Commitment Therapy, Mindfulness Based Cognitive Therapy, and Dialectic and Behavioral Therapy.

1:30 p.m. – 2:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #675, Convention Center Expo Hall, Poster Area 1
**The Experiences of Graduate Students Learning About Professional Advocacy**
30-Minute Poster Session
Catharina Y. Chang, Caroline O’Hara, Natalie K. Grubbs, Jennifer Smith, Peeper McDonald, Lindy Parker, Kimere Corthell
This poster will present various activities that our graduate students have engaged in that promote professional advocacy. We will discuss the structure of a class on leadership and advocacy that all doctoral students must take the first three years of their program of study.

1:30 p.m. – 2:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #676, Convention Center Expo Hall, Poster Area 2
**Culture Counts: A Cultural Immersion Experience for School Counselors**
30-Minute Poster Session
Marisa Morrison, Kelli Jo Arndt
Promoting multicultural and international learning is critical to the University of Dayton’s commitment to excellence and to future school counselor’s success. Therefore, a study abroad component was added to the curriculum in order to prepare students for participation in an increasingly global economy and society. This poster will describe firsthand what it feels like to be immersed in another culture; i.e. how it feels to be in a minority, struggle to communicate, try to understand a different educational system, and navigate a foreign country.

1:30 p.m. – 2:00 p.m.
NCDA Sponsored Session
Program ID #678, Convention Center Expo Hall, Poster Area 3
**The Predictive Validity of Different Scoring Methodologies in Career Interest Inventories**
30-Minute Poster Session, Advanced

**Stephanie T. Burns**

Do you give career assessments as a licensed school or mental health counselor? Do you teach about career assessments as a counselor educator? Do you know how those career assessments obtain their scores? Do you know if those assessments were created and scoring rubrics developed to value diversity? Learn about new research in the psychometric scoring properties of career assessments as part of the presenter’s dissertation research. The poster will discuss the history of career assessments, how current career assessments are scored, and how a different psychometric scoring procedure can enhance outcomes and offer more robust narrative assistance to clients while at the same time valuing diversity.

1:30 p.m. – 2:00 p.m.

Program ID #679, Convention Center Expo Hall, Poster Area 4

**Using Radio To Disseminate Health-Related Information to Low-Income Latinos**

**Graciela L. Orozco**

Given the low educational levels and high rates of uninsured Latinos, it is imperative to connect this population with programs that address critical issues such as depression, anxiety, and other mental health concerns in order to improve their overall health and well-being. Media, especially radio because it is low-cost and highly listened to, can play a key role in reaching and informing underserved Latinos. This poster presents original research based on content analysis methodology that focused on the quantity, quality, and relevance of health-related information on commercial Spanish-language radio in a large metropolitan city. Findings point to how radio is underutilized as a public service medium on health topics.

1:30 p.m. – 2:00 p.m.

Program ID #680, Convention Center Expo Hall, Poster Area 5

**A Study of the Relationship Between Mindfulness and Posttraumatic Stress Symptoms Among First Responders**

**Brian Andrew Chopko**

Mindfulness-based treatments, supported by theory, are increasingly being used to treat posttraumatic reactions. However, the validity of past research on this topic has been questioned, especially due to ill-defined aspects of mindfulness being examined. Considering that first responders are frequently exposed to potentially traumatic events and few studies have examined mindfulness among this population, further clarification is needed. This poster will explore original research examining police officers exposed to traumatic events and clearly defined aspects of mindfulness related to improved mental health outcomes. Specific strategies to implement in practice will be discussed.

1:30 p.m. – 2:00 p.m.

Program ID #681, Convention Center Expo Hall, Poster Area 6

**Counselors’ Experiences Using Motivational Interviewing and Cognitive Behavior Therapy**

**Melanie M. Iarussi, Cynthia J. Osborn**

Recent research highlights the synergistic effects of combining motivational interviewing (MI) and cognitive behavior therapy (CBT) to address a range of client problems in varied counseling settings. This poster will present the findings of a hermeneutic phenomenological investigation of six licensed counselors’ experiences using these two evidence-based practices in combination with a select client. Learn about the research base supporting the use of MI+CBT and the findings of the current study that focused on client and counselor speech. The resulting five main themes and corresponding sub-themes provide implications for practicing counselors and counselor educators.

1:30 p.m. – 2:00 p.m.

Program ID #682, Convention Center Expo Hall, Poster Area 7

**Characteristics of Counselors Who Advocate in Their Professional Role**

**Erin West, Kristin L. Bruns, Randy Moate, Suleyman Akgil, Deborah Duenyas, Matthew R. A. Branfield, Heather Smith, Amie Martin, Lynne Guillot-Miller, Phillip B. Gnilka**

In recent years the counseling profession has noted social and professional advocacy a priority. In 2003, the American Counseling Association adopted Advocacy Competencies to both provide guidance and hold counselors accountable to their ethical obligations in working with clients. While social and professional advocacy have become highly valued within the profession, the amount of participation in these forms of advocacy is often unclear. There is currently little that is known about the characteristics of counselors who do advocate in their professional role. This poster will introduce findings from a study that explored what counselor’s beliefs are regarding advocacy, in combination with their actions and behavior.

1:30 p.m. – 2:00 p.m.

Program ID #683, Convention Center Expo Hall, Poster Area 8

**Human Development and Attachment Theory: Maturation of Attachment Relationships Throughout the Lifespan**

**Nicole A. Adamson, Emily C. Campbell**

In this study, classic and modern Attachment theory was blended with family systems theory in order to identify ways in which attachment between family members affects a child. Three surveys were administered to college students at an urban university in order to measure their attachment with the parents, their parents’ attachment with one another, and their attachment in current romantic relationships. Results were calculated using bivariate correlations and regression analyses.
to find that attachment between the adult caregivers does affect the attachment style of the child, which persists throughout development.

1:30 p.m. – 2:00 p.m.
Program ID #684, Convention Center Expo Hall, Poster Area 9
The Epigenetic-Developmental Perspective and How It Influences the Client and Counselor Dyad
30-Minute Poster Session
David Jones
Epigenetics is a nascent science operationalizing the interaction between the genome and the environment. This is an expansion of the developmental model and eco-biological model engendering a more robust client conceptualization. Additionally, epigenetics generates additional hope for change in the therapeutic setting. Finally, this information advances the call for counselor advocacy because of the impact of inequalities on mental health.

1:30 p.m. – 2:00 p.m.
Program ID #685, Convention Center Expo Hall, Poster Area 10
Emotional Intelligence: Imperative for the Organizationally Relevant Outcomes for School Counselors
30-Minute Poster Session, Advanced
Erin Binkley
In their day-to-day work, school counselors must balance a variety of tasks, and a high level of stress often accompanies the attempt to find balance and complete tasks. Stress can affect such factors as job satisfaction, reputational effectiveness, general health and turnover intention for school counselors. This poster explores data collected from 163 ASCA members, examining whether Emotional Intelligence has an impact on such factors as job satisfaction, reputational effectiveness, general health and turnover intention for school counselors. Outcomes and implications for school counselors will be discussed.

1:30 p.m. – 2:00 p.m.
Program ID #687, Convention Center Expo Hall, Poster Area 12
Enhancing Career Adaptability: The Contributions of Personality, Interests, Efficacy, and Social Support
30-Minute Poster Session, Advanced
Courtney E. Gasser
To help diverse career transitioners, practitioners and researchers need to be knowledgeable about career adaptability. Identified as a primary component to career construction by Savickas (1997), adaptability reflects coping. The Career Futures Inventory-Revised (CFI-R) was developed to measure career adaptability (Rottinghaus, Buelow, Matyja, & Schneider, 2012), yet further exploration of the measure is needed. Therefore, the relationship between constructs measured by the CFI-R and measures of decision-making self-efficacy, personality, career interests, and social support is examined in a sample of 176 adults (75% women and 61% people of color). With this understanding, counselors can be better poised to help with career transitions.

1:30 p.m. – 2:00 p.m.
Program ID #688, Convention Center Expo Hall, Poster Area 13
Using e-Portfolios for Professional Identity Development
30-Minute Poster Session
Linda Autry, Jeff Moe
E-Portfolios are an established technology that can be effective in facilitating the development of a coherent and personally meaningful professional identity for counselors across practice settings and career phases. A brief overview of the use of e-portfolios along with best practices for designing and implementing e-Portfolios will be presented based on a critical review of the available literature in counseling and other disciplines. The presenters’ applied experiences with e-Portfolios, along with the benefits, limitations, and future directions will be discussed. Learn how to use e-Portfolios for professional identity development, and elements of and tools available for the creation of e-Portfolios.

1:30 p.m. – 2:00 p.m.
Program ID #689, Convention Center Expo Hall, Poster Area 14
From the Students’ Perspective: Insights and Advocacy for School Counselors in Alternative Education
30-Minute Poster Session
Christopher Slaten, Hayley Hughes, Zach Elison
Youth across the country are increasingly finding themselves in situations and circumstances that make it difficult for them to succeed in formalized education. The proportion of educationally disadvantaged youth is rising and the intensity of the disadvantage is climbing as well (Pasco, 2003). School counselors and counselor educators play a significant role in helping students engage academically by instilling hope and fostering a sense of belonging. This qualitative study investigates the experience of educationally marginalized youth in alternative settings. Using Consensual Qualitative Research, preliminary results suggest that there are three emerging domains that youth believe are salient to education: community, freedom, relationship

1:30 p.m. – 2:00 p.m.
Program ID #690, Convention Center Expo Hall, Poster Area 15
Knowing Myself … Caring Myself: A Spiritual Group for Muslim Female Adolescents in Malaysia
30-Minute Poster Session
Siti Rozainah Kamsani
Using the concept of Usrah and resilience education module is helpful in addressing the development of religious identity, self-concept and resiliency among Muslim female orphan adolescents in Malaysia. The original module is based on the western culture and the module modification is necessary based on the Malaysian culture and target population. The presenter will offer insight regarding the group design, module modification and implementation. Additional implications for practitioners will be discussed for the caregivers, the counselors and the principals working with orphan adolescents. Discuss the designing group work for this specific population.
1:30 p.m. – 2:00 p.m.
Program ID #691, Convention Center Expo Hall, Poster Area 16
Examining the Impact of Graduate Interns on the Academic and Social/Emotional Outcomes of High-Risk College Freshmen
30-Minute Poster Session
Blaire Cholewa, Marius Stanca
Unfortunately university budgets have been impacted by economic downturn, thus affecting the services available to many high risk undergraduates. However, there is a promising solution that can increase visibility of Counselor Education Departments and potentially improve university retention rates. This poster presents an exploratory research study examining the impact of a collaboration between a Counselor Education Department and student services to increase direct services to under-prepared college freshmen. Specifically, the academic and social/emotional outcomes of students receiving counseling from graduate counseling interns are compared to those who did not. Implications, limitations, and future research will be discussed.

2:30 p.m. – 3:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #692, Convention Center, Expo Hall Poster Area 1
Statewide Advocacy and Leadership: A Model for Networking and Collaboration for the Counseling Profession
30-Minute Poster Session
Angela Cameron, Jake J. Protivnak
Counselors need to embrace advocacy of the profession. By advocating for mental health, college, and school counselors legislators will begin to understand the benefits the profession has in society. In order to communicate this need to upcoming professionals, the CSI Eta Chapter has designed an Advocacy and Leadership Summit to bring together CSI members and new professionals throughout Ohio, learn the basics of advocating for the profession, and gain beneficial leadership skills.

2:30 p.m. – 3:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #693, Convention Center Expo Hall, Poster Area 2
Enhancing and Promoting Leadership
30-Minute Poster Session
Kate Ross, Brett Zyromski, Susannah Coaston
Chi Sigma Iota (CSI) reflects the achievement and commitment of dedicated members. Members promote the standards and values of the Society, thereby representing strong leadership within the counseling profession. Leadership can be a daunting prospect for counselors-in-training; this poster offers strategies for identifying leadership qualities and encouraging participation in leadership opportunities. The 10 Principles and Practices of Leadership Excellence are used to illustrate and apply characteristics of strong leadership and recommendations for enhancing these abilities.
Incorporating Facebook into Therapeutic Work with Adolescents

Lucy Lewis, Edward Wahesh

Facebook is an important communicative medium for adolescents; however, counselors have not begun to leverage the potential that Facebook has as a creative assessment and intervention tool with adolescent clients. Given the large overlap between adolescents’ poster in their online and offline worlds, counselors can utilize Facebook as a way to increase client commitment to treatment by incorporating a new technology that is a part of their daily life. Examples of how counselors can utilize Facebook in their work with clients to improve engagement in the counseling process, as an assessment tool, and as a behavioral intervention will be presented along with relevant ethical considerations.

The Relationship Between Supervision, Role Conflict, Role Ambiguity, and School Counselor Self-Efficacy

Daniel Cinotti

The results of a dissertation study of practicing school counselors examining the relationship between aspects of supervision and self-efficacy will be discussed. Satisfaction with supervision, the presence of noncounseling supervisors, role conflict, and role ambiguity were examined in relation to school counselors’ feelings of self-efficacy. The study also included previously established individual factors related to school counselor self-efficacy including age, gender, years of experience, teaching experience, and training and use of the ASCA National Model. A multiple regression was used to create a predictor model for school counselor self-efficacy using these supervisory and individual factors.

Facilitating the Therapeutic Connection: A New Model of Empathy

Hannah B. Bayne

Empathy has long been considered an essential component of the therapeutic relationship, yet multiple definitions and lack of clear operational constructs have kept it as a vague and difficult process to understand (Clark, 2010). A more nuanced understanding of empathy can help counselors better apply it in their practice, thus enhancing the therapeutic alliance and client outcomes. This poster will present findings from a grounded theory study on empathy, which resulted in a model of conditions that can either restrict or facilitate empathy, as well as a new way of viewing levels of empathic connection. Copies of the model will be available, as well as an opportunity to explore how it applies to clinical scenarios and counselor training.
Saturday  [Poster Sessions]

2:30 p.m. – 3:00 p.m.
Program ID #703, Convention Center Expo Hall, Poster Area 12
**Gender Differences in Career Interest Inventory Scoring**
30-Minute Poster Session, Advanced
*Stephanie T. Burns*
Do you give career assessments as a counselor? Do you teach about career assessments as a counselor educator? Are you aware that outcome differences occur for each gender with the career interest inventories given today? Learn about new research in the psychometric scoring properties of career interest inventories. The poster will discuss the history of career assessments, how current career assessments are scored, and how different psychometric scoring procedures impact predictive validity for each gender.

2:30 p.m. – 3:00 p.m.
Program ID #704, Convention Center Expo Hall, Poster Area 13
**Examining the Developmental Impact of Traumatic Stress in Children: Using Sandtray To Help Healing Begin**
30-Minute Poster Session
*Michelle Norton*
This poster will help both mental health counselors and school counselors have a better understanding of the differences between acute traumatic stress and complex trauma, and how each type can impact and affect children's growth and development. The presenter will discuss various research literature that supports the need for counselors to give consideration to the impact trauma has on the developmental stages in children, especially when choosing intervention strategies and making treatment plans. Learn about the modality of sandtray and how to incorporate this technique into play therapy sessions, with special attention given to working with children who have been exposed to traumatic stress.

2:30 p.m. – 3:00 p.m.
Program ID #705, Convention Center Expo Hall, Poster Area 14
**The Perceptions and Experiences of Elementary School Counselors’ Collaboration with Community Mental Health Providers**
30-Minute Poster Session
*Kristen Moran*
Collaboration is one role of the school counselor used to enhance services to children. This poster will provide information on a qualitative research study of elementary school counselor’s collaborative experiences with community based counselors. Practical applications will be discussed.

2:30 p.m. – 3:00 p.m.
Program ID #706, Convention Center Expo Hall, Poster Area 15
**A Counselor’s Guide to Understanding Clients’ Spirituality and Wellness Through a Cognitive Behavioral Framework**
30-Minute Poster Session
*Isaac Burt, Tiphanie Gonzalez*
Some faith-based clients routinely adhere to an ideology called “Giving it to the Lord”. This belief provides clarity and a stress relief to problems encountered in the client’s life. Unfortunately, a number of counselors sometimes struggle with understanding this conviction, and perceive it as a method of avoidance. The purpose of this poster is to provide an understanding of the phenomenon and show similarities this ideal has with cognitive-behavioral strategies.

2:30 p.m. – 3:00 p.m.
Program ID #707, Convention Center Expo Hall, Poster Area 16
**Counselors’ Self-Transformation Experiences in Mindfulness Practice and the Impact of This in the Counseling Process**
30-Minute Poster Session, Advanced
*Yu-Chieh Lin*
This poster aims to explore the self-transformation experiences (e.g., selfless insight, self-compassion, and quiet ego) of the mindfulness practice process and the impact of this on the counselor and the counseling profession.

3:30 p.m. – 4:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #708, Convention Center Expo Hall, Poster Area 1
**Advocacy Ideas for Acquiring Medicare Reimbursement for Counselors**
30-Minute Poster Session
*Jessica A. Headley, Stephanie T. Burns, Daniel R. Cruikshanks, Caroline O'Hara, Dalena Dillman Taylor*
Are you a counselor working in a mental health setting and would like to be able to counsel clients who have Medicare coverage? Are you a student who would like to work with Medicare clients when you graduate? This poster will help you learn how to advocate individually and/or with a group (your place of employment or CSI chapter) at the federal level so that counselors can work with Medicare clients.

3:30 p.m. – 4:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #709, Convention Center Expo Hall, Poster Area 2
**Use of Technological Counseling Applications among Master’s and Doctoral-Level Counseling Students Toward Enhancing Counseling Proficiencies**
30-Minute Poster Session
*Adam Fishel, Raul Machuca, George Harrington III*
This poster examines knowledge of Master and Doctoral level students and the utilization of technological counseling applications. The results are used to develop a training program oriented towards the increased learning of counseling skills and operation of electronic applications. In advocating for equity and uniform access for all counselors, the survey seeks
to understand technological applications usage and how counselors can benefit from counseling application utilization in academic, clinical, and personal settings.

3:30 p.m. – 4:00 p.m.
AARC Sponsored Session
Program ID #710, Convention Center Expo Hall, Poster Area 3
AARC One-Stop Shop for Assessment, Research, and Evaluation
30-Minute Poster Session
Jayne E. Smith
Interested in integrating assessment, research and evaluation into practice? Want to get involved in promoting the counseling profession with outcomes-based research? The Association for Assessment and Research in Counseling (AARC) has grown throughout the last 48 years, expanding the vision, mission, and services to include research and evaluation. As the counseling profession has grown, so has the call for outcomes research, advancement in measurement and assessment, and best-practices research and evaluation. This poster will provide information for practitioners, educators, supervisors, and students interested in learning about current and new AARC initiatives in the areas of research, assessment, and evaluation.

3:30 p.m. – 4:00 p.m.
AMCD Sponsored Session
Program ID #711, Convention Center Expo Hall, Poster Area 4
Creating, Developing, and Producing the AMCD/CSJ Day of Service
30-Minute Poster Session
Scott A. Brown, Joseph M. Williams, Sherlon Patricia Pack-Brown, Rachael D. Goodman
AMCD and CSJ provide insight to the community engagement and service projects embedded in the ACA conference. The presenters provide insight into the historical practices, volunteerism, and enriched lives of community stakeholders. Please stop by the poster to see how the AMCD/CSJ Day of Service demonstrates putting the multicultural competencies and social justice into practice!

3:30 p.m. – 4:00 p.m.
Program ID #712, Convention Center Expo Hall, Poster Area 5
Shyness Types and Technology: University Students’ Experiences of Shyness and Use of Technology for Communication
30-Minute Poster Session, Advanced
John L. Rausch, Victoria Giegerich
In this session, techniques involving using Computer Mediated Communication to help the shy develop social skills they could translate into face-to-face communication will be presented. A CBT and gradual exposure approach will be presented. Results from a mixed-methods study will relate shyness symptoms, different types/levels of shyness, Computer Mediated Communication, positive/negative aspects of shyness, being able to express one’s real self, and coping strategies. Discuss strategies to use with clients who have shyness concerns, and ways technology may help shy clients become more comfortable with face-to-face interactions.

3:30 p.m. – 4:00 p.m.
Program ID #713, Convention Center Expo Hall, Poster Area 6
Counseling Couples Survivors of Relational Cancer: Using EFCT Framework To Improve Marital Quality
30-Minute Poster Session
M. Cristina F. Lima, Beatriz L. Kodnovich
Cancer may impact the lives of not only patients, but also spouses, and decrease marital quality. The poster intends to share the experience of a workshop with couples survivors of relational cancer. The topics addressed were awareness of the impact of cancer in the relationship, improvement of communication skills, improvement of intimacy and sex life, and the challenge of finding new meaning in life despite of cancer. It was developed based on Emotionally Focused Couple Therapy. Gain knowledge about the aspects that involve the couples dynamic in face of cancer, be able to identify common dysfunctional patterns of interaction, and become better skilled to work with this population.

3:30 p.m. – 4:00 p.m.
Program ID #714, Convention Center Expo Hall, Poster Area 7
Spirituality as an Insulating Factor Against Nonsuicidal Self-Injury: Research Findings and Counselor Practice Suggestions
30-Minute Poster Session
Victoria Kress, Rebecca A. Newgent, Laura M. Mease, Chelsey A. Zoldan
This poster will address original research, which investigated 14,000 college students’ sense of spirituality as related to non-suicidal self-injury. The study’s findings suggest that a greater sense of spirituality insulates—or protects—college students from engaging in self-injury. Prevention, early intervention, and treatment practice suggestions are provided.

3:30 p.m. – 4:00 p.m.
Program ID #715, Convention Center Expo Hall, Poster Area 8
School Counselors and LGBTQ Youth: A Nationwide Survey of School Counselor Educational Needs and Experiences
30-Minute Poster Session
Janna L. Scarborough, Kristopher M. Goodrich, Melissa Luke
Strong evidence exists that LGBTQ students are underserved and at high risk in schools. Only by increasing the knowledge, skills, and awareness of school counselors will they be able to act systematically and effectively address the needs of LGBTQ youth within the complex school environment. In order to design programs for school counselors that reflect their unique roles, it is necessary to learn more about their experiences in working with LGBTQ youth, ideas regarding training needs, as well as motivation and type of training that would be helpful.
The goal of the presenters is to share the results of a nationwide study exploring the experiences and identified training needs of Professional School Counselors in working with LGBTQ youth.

3:30 p.m. – 4:00 p.m.
Program ID #716, Convention Center Expo Hall, Poster Area 9
**Strengths Promotion in Students**
30-Minute Poster Session
Jennifer Willis
Educators, researchers, and parents agree that promoting strengths-based learning can help children develop those areas that are most important to healthy and productive lives. Social Emotional Learning and Character Education both target the development of valued characteristics like the ability to identify and manage emotions, responsible behavior, self-esteem, and decision-making skills, but differ in terms of specific target outcomes. This poster will present a brief introduction to each approach and a closer look at two programs that have been implemented in schools to promote and offer considerations for future research and program implementation.

3:30 p.m. – 4:00 p.m.
Program ID #717, Convention Center Expo Hall, Poster Area 10
**Barriers and Facilitators to Mental Health Counseling Services Among Homeless Adults**
30-Minute Poster Session
Michael Brubaker
Homelessness is a growing issue in America. Despite the high need for mental health services among this population, there are high percentages of individuals and families who do not receive help. This poster will present the results of a study investigating the relative impact of barriers to care (individual, agency-based, and societal) on mental health service utilization. The impact of other factors including ethnicity, gender, supports, and perceived need will also be presented. You are invited to identify these factors in their own settings and strategize ways to promote counseling for this underserved population.

3:30 p.m. – 4:00 p.m.
Program ID #718, Convention Center Expo Hall, Poster Area 11
**Religious Training in Counselor Education Programs: Competencies of Graduates**
30-Minute Poster Session
Virginia T. Holeman, Janet D. Dean
Research has suggested that counseling students are not receiving adequate training in order to understand how to incorporate and work with religious factors during counseling. The current exploratory study sought to gain a better understanding of the religious-related competencies that counselor educators teaching in CACREP-accredited programs expected from counseling graduates, and to identify religious-related issues students or clients have presented in practicum and internship settings. Implications for counselor education and supervision are discussed.

3:30 p.m. – 4:00 p.m.
Program ID #719, Convention Center Expo Hall, Poster Area 12
**The Perceptions of Master's-Level Counseling Interns Who Work with Traumatized Children Regarding Their Training in Trauma**
30-Minute Poster Session
Kim Evelyne Fitzgerald
The purpose of this research study is to explore the lived experiences of master’s level counseling students from CACREP accredited universities regarding their trauma training for a doctoral dissertation. The research questions guiding this study build upon the need for counselors-in-training to be prepared to work in field settings that provide counseling to children who have experienced trauma. What are the lived experiences of counselors-in-training regarding their level of preparedness when counseling children who have experienced trauma? What are lived experiences of counselors-in-training when dealing with trauma triggers?

3:30 p.m. – 4:00 p.m.
Program ID #720, Convention Center Expo Hall, Poster Area 13
**Ethical Considerations of Rehabilitation Counselors on the Use of the Internet and Social Networking**
30-Minute Poster Session, Advanced
Gloria Dansby-Giles, Frank L. Giles
The Commission on Rehabilitation Counselor Certification is one of the few organizations that has developed standards for social networking for its professionals. Even though the guidelines have been developed, the ever changing environment of the internet and emerging client concerns can present ethical challenges. In order to obtain a grasp of the ethical challenges faced by rehabilitation counselors with regard to internet use and social networking in their daily work activities, a survey developed by Lehmann and Crimando (2011) was adapted to obtain information on internet and social networking use by rehabilitation counselors at home, work, at home and work, by cell phone and by ipad/tablet.

3:30 p.m. – 4:00 p.m.
Program ID #721, Convention Center Expo Hall, Poster Area 14
**The Impact of Peers and Parents on Adolescent Drug and Alcohol Use**
30-Minute Poster Session
Jeffrey Penick
This study explored the differential impact of peers and parents on adolescent drug and alcohol use with the intent of finding which is more influential. A total of 167 adolescent participants between the 8th and 12th grade were involved in the study. The results indicate that although parents and peers are both influential in adolescent substance use, peer use explained the greatest amount of the variance in measures of adolescent substance use. Developmental perspectives and social learning theory were used to explain results and to provide suggestions for prevention models and techniques.
3:30 p.m. – 4:00 p.m.
Program ID #722, Convention Center Expo Hall, Poster Area 15
**Acculturation, Familial Relationships, and Adolescent Well-Being**
30-Minute Poster Session
_Bindi Shah, Eunhui Yoon_
This Poster is on a research thesis that explores the relationships between Acculturation, Familial Relationships, and Adolescent Well-Being among Mexican American adolescents. Presenters will discuss the importance of familial relationships in adolescents’ well-being, and the current lack of attention to acculturation issues among multicultural populations. Presenters will discuss innovative strategies to effectively counsel and educate Mexican American populations.

3:30 p.m. – 4:00 p.m.
Program ID #723, Convention Center Expo Hall, Poster Area 16
**The Efficacy of MRT with Antisocial Forensic Clients**
30-Minute Poster Session
_Kristin Page, Amy Cummings-Aponte_
With increasing pressure on county and state leaders to reduce costs to taxpayers, it is more important than ever to provide cost-effective options in addressing the increasing cost of crime. Counselors need to be prepared to assist community leaders in providing effective community oriented options in lieu of incarceration, and identifying consumers in need. Regardless what focus a clinician’s work may have, MRT should be available to assist in creating safer communities for us all. This poster will review MRT and its efficacy with various populations focusing mainly on antisocial personality disorders.

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**ACA's Got Talent!**

Join your peers and a special guest host to cheer on talented ACA counselors as they take the stage. 
_Singing, dancing, and more!

**Saturday, March 23**
8:00 p.m.
Millennium Hotel – Grand Ballroom

*Sponsored by the ACA Foundation.*
Admission is free.
Donations are appreciated.

**ACA Conference**
First-Timer and New Member’s Lounge
**A Wonderful Experience Awaits You.**

Congratulations on your decision to attend your first ACA Conference! You are about to embark on a wonderful experience. Each year, more than 3,000 attendees come together to learn, network, and laugh. Approximately 300 first-time attendees join the Conference each year to replace those who have left the counseling profession or retired. Once you attend an ACA Conference, you’ll want to come back again and again. It’s that good!

Visit the ACA Conference First-Timer and New Member’s Lounge located in the Registration area and:

- Pick up your ACA first-timer/new member ribbon
- Meet a few members of the ACA Leadership and Staff
- Meet fellow ACA Members and Conference attendees to foster new relationships
- Learn how to navigate the Conference
- Get questions answered about your membership and the many products, benefits and services that are part of your ACA membership
- Purchase a membership certificate, and much more.

The ACA Conference and Expo is a unique professional development opportunity that will provide you with a new perspective on the counseling profession. We are very glad you decided to attend.

_A wonderful experience awaits you._
ACA, ACA Affiliates and Divisions – Business Meetings and Social Events

Meetings and social events by organization for ACA are listed in chronological order under the appropriate acronym.

**AADA** – Association for Adult Development and Aging
**AARC** – (Formerly AACE) Association for Assessment and Research in Counseling
**ACA** – American Counseling Association

**ACA Branches**
- GCCA – Greater Cincinnati Counseling Association
- KCA – Kentucky Counseling Association
- OCA – Ohio Counseling Association

**ACA Regions**
- Midwest Region
- North Atlantic Region
- Southern Region
- Western Region

**ACAC** – Association for Child and Adolescence Counseling
**ACAF** – American Counseling Association Foundation
**ACC** – Association for Creativity in Counseling
**ACCA** – American College Counseling Association
**ACEG** – Association for Counselors and Educators in Government
**ACES** – Association of Counselors in Education and Supervision
**AHC** – The Association for Humanistic Counseling
**ALGBTIC** – Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
**AMCD** – Association for Multicultural Counseling and Development
**ARCA** – American Rehabilitation Counseling Association
**ASERVIC** – Association for Spiritual, Ethical and Religious Values in Counseling
**ASGW** – Association for Specialists in Group Work
**CACREP** – Council for Accreditation of Counseling and Related Educational Programs
**CSJ** – Counselors for Social Justice
**IAAOC** – International Association of Addictions and Offenders Counselors
**IAMFC** – International Association of Marriage and Family Counselors
**NCDA** – National Career Development Association
**NECA** – National Employment Counseling Association

**Universities**
- Central Michigan University
- Kent State University
- Monmouth University
- Ohio University
- Penn State University
- Walden University
- Western Michigan University
- University of Central Florida
- University of North Carolina–Greensboro
- University of North Texas

**Divisions not holding ancillary events**
**AMHCA** – American Mental Health Counselors Association
**ASCA** – American School Counselor Association
**Business Meetings & Social Events**

### AADA

**Thursday, March 21**

9:00 a.m. – 4:30 p.m.  
**AADA Board Meeting**  
Hyatt Hotel – Board of Governors

**Friday, March 22**

2:00 p.m. – 3:00 p.m.  
**AADA Committee/Competencies Taskforce and Strategic Planning Meeting**  
Millennium Hotel – Pavilion B

6:00 p.m. – 8:00 p.m.  
**AADA, AARC, ASERVIC, AHC, and IAAOC Joint Reception**  
Hilton Hotel – Rookwood

### ACA

**Tuesday, March 19**

9:00 a.m. – 5:00 p.m.  
**ACA Governing Council**  
Duke Energy Convention Center – Room 263 & 264

**Wednesday, March 20**

9:00 a.m. – 5:00 p.m.  
**ACA Governing Council**  
Duke Energy Convention Center – Room 263 & 264

**Thursday, March 21**

10:00 a.m. – 12:00 p.m.  
**ACA International Committee**  
Hyatt Hotel – Bluegrass A

1:00 p.m. – 4:00 p.m.  
**ACA 20/20 Delegate Meeting**  
Millennium Hotel – Grand Ballroom A

2:00 p.m. – 3:00 p.m.  
**ACA Branch Executives Meeting**  
Hyatt Hotel – Bluegrass B

6:00 p.m. – 8:00 p.m.  
**ACA VISTAS Contributors Reception (Invitation only)**  
Hilton Hotel – Hall of Mirrors

**Saturday, March 23**

7:30 a.m. – 9:00 a.m.  
**AADA Breakfast**  
Hyatt Hotel – Buckeye A

11:00 a.m. – 12:00 p.m.  
**AADA Adultspan Journal Editorial Board Meeting**  
Hyatt Hotel – Board of Governors

2:00 p.m. – 3:00 p.m.  
**AADA New Board Meeting**  
Hyatt Hotel – Board of Governors

### AARC

**Thursday, March 21**

9:00 a.m. – 4:30 p.m.  
**AARC Executive Council Meeting**  
Hilton Hotel – Boardroom IV

**Friday, March 22**

8:00 a.m. – 12:00 p.m.  
**AARC Executive and New Executive Council Meeting**  
Hyatt Hotel – Keystone

6:00 p.m. – 8:00 p.m.  
**AARC, AADA, ASERVIC, AHC & IAAOC Joint Reception**  
Hilton Hotel – Rookwood

**Saturday, March 23**

8:00 a.m. – 9:00 a.m.  
**ACA Traumatology Interest Network**  
Hyatt Hotel – Bluegrass A

11:00 a.m. – 12:00 p.m.  
**ACA Women’s Interest Network**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Grief and Bereavement Interest Network**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Interest Network for Advances in Therapeutic Humor**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Wellness Interest Network**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Traumatology Interest Network**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Children’s Counseling Interest Network**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Interest Network for Professional Counselors in Schools**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Network for Jewish Interests**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Sports Counseling Interest Network**  
Hilton Hotel – Hall of Mirrors

11:00 a.m. – 12:00 p.m.  
**ACA Forensic Counseling Interest Network**  
Hilton Hotel – Hall of Mirrors
### Business Meetings & Social Events

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA Historical Issues in Counseling Interest Network</td>
<td>Hilton Hotel – Hall of Mirrors</td>
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<td>ACA Animal Assisted Therapy in Mental Health Interest Network</td>
<td>Hilton Hotel – Hall of Mirrors</td>
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<td>ACA Ethics Interest Network</td>
<td>Hilton Hotel – Hall of Mirrors</td>
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<td>ACA Crisis Response Planning Task Force</td>
<td>Hilton Hotel – Hall of Mirrors</td>
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<td>ACA Task Force for School Counseling</td>
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<td>ACA Ethics Appeal Panel Task Force</td>
<td>Hilton Hotel – Hall of Mirrors</td>
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<td>National Institute for Counseling Research Task Force</td>
<td>Hilton Hotel – Hall of Mirrors</td>
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<td>ACA International Counseling Interest Network</td>
<td>Hilton Hotel – Hall of Mirrors</td>
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<td>ACA Region Officers Meeting</td>
<td>Hilton Hotel – Salon F &amp; G</td>
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<tr>
<td>1:00 p.m. – 2:00 p.m.</td>
<td>ACA Governing Council New Member Orientation</td>
<td>Hyatt Hotel – Board of Governors</td>
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<td>ACA Awards Committee Meeting</td>
<td>Hilton Hotel – Boardroom III</td>
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<td>ACA Bylaws and Policy Committee</td>
<td>Hyatt Hotel – Bluegrass B</td>
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<tr>
<td>3:30 p.m. – 5:00 p.m.</td>
<td>ACA Public Policy and Legislation Committee Meeting</td>
<td>Hyatt Hotel – Bluegrass A</td>
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<td>ACA Research and Knowledge Committee</td>
<td>Hyatt Hotel – Buckeye A</td>
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<td>ACA Human Rights Committee</td>
<td>Hyatt Hotel – Buckeye B</td>
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<td></td>
<td>ACA Branch Development Committee</td>
<td>Hilton Hotel – Boardroom IV</td>
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<td></td>
<td>ACA Nominations and Elections Committee</td>
<td>Hilton Hotel – Salon A</td>
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<td>ACA Audit Committee</td>
<td>Millennium Hotel – Pavillion A</td>
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<td></td>
<td>ACA Graduate Student Committee</td>
<td>Hilton Hotel – Meeting Room 758</td>
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<tr>
<td></td>
<td>ACA Professional Standards Committee</td>
<td>Millennium Hotel – Pavillion B</td>
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<tr>
<td>5:00 p.m. – 6:30 p.m.</td>
<td>ACA International Student Panel</td>
<td>Millennium Hotel – Grand Ballroom A</td>
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<tr>
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<td>ACA Change Agents in Public Policy - A Reception Honoring Those Supporting ACA’s Legislative Agenda</td>
<td>Hilton Hotel – Salon H &amp; I</td>
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<tr>
<td>6:30 p.m. – 7:30 p.m.</td>
<td>ACA International Reception</td>
<td>Millennium Hotel – Grand Ballroom A</td>
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<tr>
<td>9:00 p.m. – 12:00 a.m.</td>
<td>ACA Opening Party</td>
<td>Duke Energy Convention Center – Junior Ballroom</td>
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### Saturday, March 23

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<thead>
<tr>
<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ACA DSM-5 Task Force</td>
<td>Hyatt Hotel – Board of Directors</td>
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<tr>
<td>11:00 a.m. – 1:00 p.m.</td>
<td>ACA Midwest Region Business Meeting</td>
<td>Duke Energy Convention Center – Junior Ballroom A</td>
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<tr>
<td>11:00 a.m. – 1:00 p.m.</td>
<td>ACA North Atlantic Region Business Meeting</td>
<td>Duke Energy Convention Center – Junior Ballroom B</td>
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<tr>
<td>2:00 p.m. – 3:00 p.m.</td>
<td>ACA Council of Journal Editors Meeting</td>
<td>Hyatt Hotel – Keystone</td>
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<tr>
<td>2:00 p.m. – 4:00 p.m.</td>
<td>ACA Southern Region Business Meeting</td>
<td>Duke Energy Convention Center – Junior Ballroom A</td>
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<tr>
<td>2:00 p.m. – 4:00 p.m.</td>
<td>ACA Western Region Business Meeting</td>
<td>Duke Energy Convention Center – Junior Ballroom B</td>
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<tr>
<td>2:30 p.m. – 4:30 p.m.</td>
<td>ACA-NY Meeting</td>
<td>Hilton Hotel – Salon D &amp; E</td>
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<tr>
<td>3:00 p.m. – 4:00 p.m.</td>
<td>ACA JCD Editorial Board Meeting</td>
<td>Hyatt Hotel – Keystone</td>
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<tr>
<td>4:00 p.m. – 5:00 p.m.</td>
<td>ACA Past President’s Social</td>
<td>Hilton Hotel – Salon F</td>
</tr>
<tr>
<td>6:00 p.m. – 7:30 p.m.</td>
<td>ACA National Awards</td>
<td>Millennium Hotel – Grand Ballroom</td>
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<tr>
<td>8:00 p.m. – 9:00 p.m.</td>
<td>ACA Talent Show</td>
<td>Millennium Hotel – Grand Ballroom</td>
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### Business Meetings & Social Events

#### Sunday, March 24
- **8:00 a.m. – 12:00 p.m.**
  - **ACA Ethics Revision Task Force**
  - Hyatt Hotel – Hoosier A
- **8:00 a.m. – 12:00 p.m.**
  - **ACA Ethics Committee**
  - Hyatt Hotel – Hoosier B
- **9:00 a.m. – 10:30 a.m.**
  - **ACA Leadership Development Task Force**
  - Hyatt Hotel – Bluegrass A
- **1:00 p.m. – 3:00 p.m.**
  - **ACA Annual Membership Meeting**
  - Hyatt Hotel – Buckeye

#### Saturday, March 23
- **2:00 p.m. – 3:00 p.m.**
  - **ACCA Journal Meeting**
  - Hilton Hotel – Mayflower I & II
- **6:00 p.m. – 7:30 p.m.**
  - **ACCA Reception**
  - Hilton Hotel – Rookwood

#### Wednesday, March 20
- **9:00 a.m. – 5:00 p.m.**
  - **ACEG Professional Development Institute**
  - Hilton Hotel – Mayflower I & II
- **12:00 p.m. – 2:00 p.m.**
  - **ACEG Annual Awards Luncheon**
  - Hilton Hotel – Mayflower III

#### Thursday, March 21
- **10:00 a.m. – 11:00 a.m.**
  - **ACEG Annual Director’s Board Meeting**
  - Location: Hilton Hotel – Caprice 3
- **2:00 p.m. – 3:00 p.m.**
  - **ACEG Membership Business Meeting**
  - Location: Hilton Hotel – Salon I

#### Friday, March 22
- **2:00 p.m. – 3:30 p.m.**
  - **ACAC Business Meeting**
  - Hilton Hotel – Julep

#### Thursday, March 21
- **9:00 a.m. – 12:00 p.m.**
  - **ACES & NCDA Commission on the Future of Career Development**
  - Hilton Hotel – Salon B
- **1:00 p.m. – 5:00 p.m.**
  - **ACES 2011–2012 Executive Council Meeting**
  - Location: Hilton Hotel – Salon F & G
- **5:00 p.m. – 6:00 p.m.**
  - **ACES 2012 – 2013 Executive Council Meeting**
  - Hilton Hotel – Salon F & G
- **6:00 p.m. – 7:30 p.m.**
  - **ACES Past President & Fellows Reception**
  - Hilton Hotel – Salon H
- **8:00 a.m. – 9:00 a.m.**
  - **ACES State Presidents/ Presidents-Elect Meeting**
  - Hilton Hotel – Julep
- **8:00 a.m. – 9:00 a.m.**
  - **Rocky Mountain ACES**
  - Hilton Hotel – Salon C
- **8:00 a.m. – 9:00 a.m.**
  - **North Atlantic ACES**
  - Hilton Hotel – Salon G
- **8:00 a.m. – 9:00 a.m.**
  - **ACES Best Practices in Teaching Task Force**
  - Hilton Hotel – Pavillion Ballroom
- **8:00 a.m. – 9:00 a.m.**
  - **ACES Career Interest Network**
  - Hilton Hotel – Pavillion Ballroom
- **8:00 a.m. – 9:00 a.m.**
  - **ACES New Faculty Interest Network**
  - Hilton Hotel – Pavillion Ballroom
- **8:00 a.m. – 9:00 a.m.**
  - **ACES International Counseling Interest Network**
  - Hilton Hotel – Pavillion Ballroom
- **8:00 a.m. – 9:00 a.m.**
  - **ACES School Counseling Interest Network**
  - Hilton Hotel – Pavillion Ballroom
- **8:00 a.m. – 9:00 a.m.**
  - **ACES Bylaws and Resolutions Committee**
  - Hilton Hotel – Salon M
- **8:00 a.m. – 9:00 a.m.**
  - **ACES Department Chairs Interest Network**
  - Hilton Hotel – Pavillion Ballroom
Business Meetings & Social Events

Saturday, March 23

11:00 a.m. – 12:00 p.m.
ACES Research Grants Committee
Hilton Hotel – Salon C

11:00 a.m. – 12:00 p.m.
ACES Membership Committee Meeting
Hilton Hotel – Salon M

11:00 a.m. – 12:00 p.m.
ACES Graduate Student Meeting
Hilton Hotel – Salon I

11:00 a.m. – 12:00 p.m.
ACES Product Development Committee Meeting
Hilton Hotel – Salon D

11:00 a.m. – 12:00 p.m.
ACES Awards Committee Meeting
Hilton Hotel – Salon E

11:00 a.m. – 12:00 p.m.
ACES Career Development Commission
Hilton Hotel – Salon F

11:00 a.m. – 12:00 p.m.
ACES 2013 Conference Committee Meeting
Hilton Hotel – Salon G

11:00 a.m. – 12:00 p.m.
ACES Social Justice and Human Rights Committee
Hilton Hotel – Salon H

11:00 a.m. – 12:00 p.m.
ACES Women’s Interest Group
Hilton Hotel – Salon B

12:00 p.m. – 2:00 p.m.
ACES Luncheon
Hilton Hotel – Pavillion Ballroom

3:00 p.m. – 5:00 p.m.
ACES CE&S Editorial Board Meeting
Hilton Hotel – Julep

5:00 p.m. – 6:30 p.m.
ACES and AMCD Joint Graduate Student Reception
Hilton Hotel – Rosewood

AHC

Wednesday, March 20

2:00 p.m. – 5:00 p.m.
AHC Board Meeting
Hyatt Hotel – Buckeye A

Thursday, March 21

9:00 a.m. – 1:00 p.m.
AHC Board Meeting
Hyatt Hotel – Bluegrass B

2:00 p.m. – 4:00 p.m.
AHC Editorial Board Meeting
Hyatt Hotel – Hoosier B

Friday, March 22

6:00 p.m. – 8:00 p.m.
AHC, AARC, AADA, ASERVIC, and IAOA Joint Reception
Hilton Hotel – Rookwood

Saturday, March 23

11:00 a.m. – 12:30 p.m.
AHC Town Hall Meeting
Hyatt Hotel – Bluegrass A

ALGBTIC

Friday, March 22

11:00 a.m. – 4:00 p.m.
ALGBTIC Board Meeting
Hyatt Hotel – Board of Directors

4:00 p.m. – 5:00 p.m.
ALGBTIC Queer People of Color Gathering
Millennium Hotel – Statesman

6:00 p.m. – 7:30 p.m.
ALGBTIC Reception
Hilton Hotel – Mayflower I

Look for updated information in the Program Guide Addendum in your tote bag.
### Business Meetings & Social Events

**Saturday, March 23**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00 a.m. – 1:00 p.m.</td>
<td>ALGBTIC Brunch</td>
<td>Hyatt Hotel – Buckeye</td>
</tr>
<tr>
<td>2:00 p.m. – 4:00 p.m.</td>
<td>AMCD Ethnic Concerns Vice-President’s Meeting</td>
<td>Hilton Hotel – Salon B</td>
</tr>
<tr>
<td>3:00 p.m. – 4:00 p.m.</td>
<td>AMCD Latino/Latina Concerns Meeting</td>
<td>Hilton Hotel – Salon C</td>
</tr>
<tr>
<td>3:00 p.m. – 4:00 p.m.</td>
<td>AMCD Native American Concerns Meeting</td>
<td>Hilton Hotel – Salon D</td>
</tr>
<tr>
<td>3:00 p.m. – 4:00 p.m.</td>
<td>AMCD African-American Concerns Meeting</td>
<td>Hilton Hotel – Salon E</td>
</tr>
<tr>
<td>12:00 p.m. – 2:00 p.m.</td>
<td>AMCD Luncheon</td>
<td>Hilton Hotel – Hall of Mirrors</td>
</tr>
<tr>
<td>5:00 p.m. – 6:30 p.m.</td>
<td>AMCD and ACES Joint Graduate Student Reception</td>
<td>Hilton Hotel – Rosewood</td>
</tr>
<tr>
<td>6:00 p.m. – 7:30 p.m.</td>
<td>Unity Through Dialogue: The Intersections of Different Identities Into One Mission</td>
<td>Hilton Hotel – Caprice 2 &amp; 3</td>
</tr>
</tbody>
</table>

**Sunday, March 24**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>10:30 a.m. – 12:00 p.m.</td>
<td>ALGBTIC Annual Open Member Meeting and Nominations</td>
<td>Hyatt Hotel – Buckeye</td>
</tr>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>AMCD North Atlantic Region Business Meeting</td>
<td>Hilton Hotel – Rookwood</td>
</tr>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>ARCA Board Meeting</td>
<td>Hyatt Hotel – Buckeye B</td>
</tr>
<tr>
<td>9:00 a.m. – 5:00 p.m.</td>
<td>ARCA PDI</td>
<td>Hyatt Hotel – Hoosier A</td>
</tr>
</tbody>
</table>

### AMCD

**Wednesday, March 20**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>12:00 p.m. – 5:00 p.m.</td>
<td>AMCD Service Day Volunteer Check-In</td>
<td>Hilton Hotel – Salon D &amp; E</td>
</tr>
<tr>
<td>3:00 p.m. – 5:00 p.m.</td>
<td>AMCD Conference Start-Up Meeting</td>
<td>Hilton Hotel – Salon F</td>
</tr>
<tr>
<td>4:00 p.m. – 7:00 p.m.</td>
<td>AMCD Service Day</td>
<td>Hilton Hotel – Salon M</td>
</tr>
<tr>
<td>6:00 p.m. – 8:00 p.m.</td>
<td>AMCD Past President’s Awards Reception</td>
<td>Hilton Hotel – Rosewood</td>
</tr>
</tbody>
</table>

**Thursday, March 21**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m. – 11:00 a.m.</td>
<td>AMCD Executive Council and Annual Business Meeting</td>
<td>Hilton Hotel – Caprice 2</td>
</tr>
<tr>
<td>4:00 p.m. – 5:00 p.m.</td>
<td>AMCD Regional Representatives Meeting</td>
<td>Hilton Hotel – Caprice 2</td>
</tr>
<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>AMCD First Timers Orientation</td>
<td>Hilton Hotel – Salon D &amp; E</td>
</tr>
<tr>
<td>11:00 a.m. – 12:30 p.m.</td>
<td>AMCD Mentor/Mentee Meeting</td>
<td>Hilton Hotel – Salon M</td>
</tr>
<tr>
<td>11:00 a.m. – 1:00 p.m.</td>
<td>AMCD Latino Leadership Institute</td>
<td>Hilton Hotel – Salon H &amp; I</td>
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</table>

### Wednesday, March 21

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<tbody>
<tr>
<td>9:00 a.m. – 1:00 p.m.</td>
<td>AMCD North Atlantic Region Business Meeting</td>
<td>Hilton Hotel – Rookwood</td>
</tr>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>AMCD Southern Region Business Meeting</td>
<td>Hilton Hotel – Rookwood</td>
</tr>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>AMCD Midwest Region Business Meeting</td>
<td>Hilton Hotel – Rookwood</td>
</tr>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>AMCD Western Region Business Meeting</td>
<td>Hilton Hotel – Rookwood</td>
</tr>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>AMCD JMCD Editorial Board Meeting</td>
<td>Hilton Hotel – Julep</td>
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</table>

### Sunday, March 24

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
<tbody>
<tr>
<td>10:00 a.m. – 12:00 p.m.</td>
<td>AMCD General Business Meeting and Executive Council Debriefing</td>
<td>Hilton Hotel – Salon I</td>
</tr>
</tbody>
</table>

### ARCA

**Wednesday, March 20**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>2:00 p.m. – 5:00 p.m.</td>
<td>ARCA Board Meeting</td>
<td>Hyatt Hotel – Buckeye B</td>
</tr>
</tbody>
</table>

**Thursday, March 21**

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m. – 1:00 p.m.</td>
<td>ARCA Board Meeting</td>
<td>Hyatt Hotel – Hoosier A</td>
</tr>
<tr>
<td>9:00 a.m. – 5:00 p.m.</td>
<td>ARCA PDI</td>
<td>Hyatt Hotel – Buckeye</td>
</tr>
</tbody>
</table>
### Business Meetings & Social Events

#### Friday, March 22
- **2:30 p.m. – 4:00 p.m.**
  - **ARCA RCB Editorial Board Meeting**
  - Millennium Hotel – Atrium

- **3:00 p.m. – 4:00 p.m.**
  - **ARCA Student Orientation**
  - Hyatt Hotel – Keystone

- **4:00 p.m. – 5:00 p.m.**
  - **ARCA Business Meeting**
  - Hilton Hotel – Caprice 2 & 3

- **6:00 p.m. – 8:00 p.m.**
  - **ARCA Reception**
  - Hyatt Hotel – Hoosier

#### Saturday, March 22
- **2:00 p.m. – 3:00 p.m.**
  - **ARCA State Presidents Meeting**
  - Hyatt Hotel – Bluegrass A

- **3:00 p.m. – 4:30 p.m.**
  - **ASERVIC, AARC, and ASGW Joint Graduate Student Ice Cream Social**
  - Hilton Hotel – Saloon B

#### Sunday, March 24
- **9:00 a.m. – 10:00 a.m.**
  - **ASERVIC Interfaith Service**
  - Hyatt Hotel – Buckeye

#### Wednesday, March 20
- **9:00 a.m. – 6:00 p.m.**
  - **ASGW Executive Board Meeting**
  - Hyatt Hotel – Bluegrass B

#### Thursday, March 21
- **9:00 a.m. – 5:00 p.m.**
  - **CACREP: How to Write a CACREP Self-Study Workshop**
  - Hilton Hotel – Rosewood

#### Friday, March 21
- **9:00 a.m. – 12:00 p.m.**
  - **CACREP Team Member Training/Renewal**
  - Hilton Hotel – Mayflower I & II

- **1:00 p.m. – 3:00 p.m.**
  - **CACREP Table Talk**
  - Hilton Hotel – Caprice 2 & 3

#### Saturday, March 21
- **2:00 p.m. – 3:00 p.m.**
  - **ASGW Fellows Committee Meeting**
  - Hyatt Hotel – Hoosier A & B

- **3:00 p.m. – 4:00 p.m.**
  - **ASGW Fellow Committee Meeting**
  - Hyatt Hotel – Hoosier A & B

- **4:00 p.m. – 5:30 p.m.**
  - **ASGW Annual Community Meeting**
  - Hyatt Hotel – Hoosier A & B

- **6:00 p.m. – 7:30 p.m.**
  - **ASGW Member Appreciation and Networking Reception**
  - Hyatt Hotel – Bluegrass A & B

#### Thursday, March 22
- **11:00 a.m. – 1:00 p.m.**
  - **ASERVIC Board Meeting**
  - Hyatt Hotel – Board of Directors

- **1:00 p.m. – 2:00 p.m.**
  - **ASERVIC Student Research Forum**
  - Hyatt Hotel – Bluegrass B

- **6:00 p.m. – 8:00 p.m.**
  - **ASERVIC, AARC, AADA, AHC, and IAAOC Joint Reception**
  - Hilton Hotel – Rookwood

#### Friday, March 22
- **12:00 p.m. – 2:00 p.m.**
  - **ASERVIC Luncheon**
  - Hyatt Hotel – Bluegrass B

- **4:30 p.m. – 5:30 p.m.**
  - **ASGW Journal for Specialists in Group Work Editorial Board Meeting**
  - Hilton Hotel – Saloon B

- **7:00 p.m. – 9:00 p.m.**
  - **ASGW, ACC, and ACES Joint Reception**
  - Hilton Hotel – Pavillion Ballroom

#### Saturday, March 22
- **2:00 p.m. – 3:00 p.m.**
  - **ASGW Fellows Recognition**
  - Hyatt Hotel – Hoosier A & B
### Business Meetings & Social Events

#### Friday, March 22

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>1:00 p.m. – 3:30 p.m.</td>
<td>Chi Sigma Iota Leadership Workshop</td>
<td>Hilton Hotel – Mayflower I &amp; II</td>
</tr>
<tr>
<td>3:30 p.m. – 5:00 p.m.</td>
<td>Chi Sigma Iota Delegate Business Meeting</td>
<td>Hilton Hotel – Continental Ballroom</td>
</tr>
<tr>
<td>5:00 p.m. – 6:00 p.m.</td>
<td>Chi Sigma Iota Annual Awards</td>
<td>Hilton Hotel – Continental Ballroom</td>
</tr>
<tr>
<td>6:00 p.m. – 7:30 p.m.</td>
<td>Chi Sigma Iota Reception</td>
<td>Hilton Hotel – Caprice</td>
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#### Saturday, March 23

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>Chi Sigma Iota Committee Chairs</td>
<td>Hilton Hotel – Continental Ballroom</td>
</tr>
<tr>
<td>9:00 a.m. – 10:30 a.m.</td>
<td>Chi Sigma Iota Committees</td>
<td>Hilton Hotel – Continental Ballroom</td>
</tr>
<tr>
<td>10:30 a.m. – 12:00 p.m.</td>
<td>Chi Sigma Iota Chapter Leaders</td>
<td>Hilton Hotel – Rosewood</td>
</tr>
<tr>
<td>10:30 a.m. – 12:00 p.m.</td>
<td>Chi Sigma Iota Chapter Faculty Advisors</td>
<td>Hilton Hotel – Mayflower I &amp; II</td>
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#### Wednesday, March 20

<table>
<thead>
<tr>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>9:00 a.m. – 4:00 p.m.</td>
<td>CSJ Board and Strategic Planning Meeting</td>
<td>Hilton Hotel – Salon G</td>
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</tbody>
</table>

#### Updates

Look for updated information in the Program Guide Addendum in your tote bag.

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### IAMFC

#### Thursday, March 21

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>4:00 p.m. – 9:00 p.m.</td>
<td>IAMFC Executive Board Meeting</td>
<td>Hyatt Hotel – Hoosier A</td>
</tr>
<tr>
<td>12:00 p.m. – 2:00 p.m.</td>
<td>IAMFC Luncheon</td>
<td>Hyatt Hotel – Hoosier</td>
</tr>
<tr>
<td>4:00 p.m. – 5:00 p.m.</td>
<td>IAMFC Business Meeting</td>
<td>Hilton Hotel – Salon F &amp; G</td>
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#### Friday, March 22

<table>
<thead>
<tr>
<th>Time</th>
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<th>Location</th>
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</thead>
<tbody>
<tr>
<td>12:00 p.m. – 2:00 p.m.</td>
<td>CSJ Luncheon</td>
<td>Hilton Hotel – Caprice 1 &amp; 4</td>
</tr>
<tr>
<td>3:00 p.m. – 4:30 p.m.</td>
<td>CSJ Town Hall Meeting</td>
<td>Hilton Hotel – Caprice 1 &amp; 4</td>
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### GCCA

#### Thursday, March 21

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:00 p.m. – 9:00 p.m.</td>
<td>GCCA, KCA, and OCA Joint Welcome Reception</td>
<td>Hilton Hotel – Continental Ballroom</td>
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</table>

#### Saturday, March 23

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>3:00 p.m. – 4:30 p.m.</td>
<td>IAMFC Family Journal Editorial Board Meeting</td>
<td>Hyatt Hotel – Buckeye A</td>
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</tbody>
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### IAAOC

#### Thursday, March 21

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>1:00 p.m. – 5:00 p.m.</td>
<td>IAAOC Executive Committee Meeting</td>
<td>Hyatt Hotel – Bluegrass A</td>
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#### Friday, March 22

<table>
<thead>
<tr>
<th>Time</th>
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<th>Location</th>
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</thead>
<tbody>
<tr>
<td>6:00 p.m. – 8:00 p.m.</td>
<td>IAAOC, AARC, AADA, ASERVIC, and AHC Joint Reception</td>
<td>Hilton Hotel – Rookwood</td>
</tr>
<tr>
<td>3:00 p.m. – 4:00 p.m.</td>
<td>IAAOC Membership Meeting</td>
<td>Hilton Hotel – Bluegrass B</td>
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#### Saturday, March 23

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m. – 9:00 a.m.</td>
<td>IAAOC Breakfast</td>
<td>Hyatt Hotel – Buckeye B</td>
</tr>
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### KCA

#### Thursday, March 21

<table>
<thead>
<tr>
<th>Time</th>
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<th>Location</th>
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</thead>
<tbody>
<tr>
<td>7:00 p.m. – 9:00 p.m.</td>
<td>KCA, GCCA, and OCA Joint Welcome Reception</td>
<td>Hilton Hotel – Continental Ballroom</td>
</tr>
</tbody>
</table>

### NCDA

#### Thursday, March 21

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m. – 12:00 p.m.</td>
<td>NCDA &amp; ACES Commission on the Future of Career Development</td>
<td>Hilton Hotel – Salon B</td>
</tr>
<tr>
<td>12:30 p.m. – 2:00 p.m.</td>
<td>NCDA Luncheon</td>
<td>Hilton Hotel – Mayflower 3</td>
</tr>
</tbody>
</table>

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### We want to know what you think!

Visit the kiosks near registration to complete conference survey.
NECA

Thursday, March 21

3:30 p.m. – 5:00 p.m.
**NECA Executive Board Meeting**
Hyatt Hotel – NECA Suite

5:30 p.m. – 6:00 p.m.
**NECA General Membership and Awards Program**
Hyatt Hotel – NECA Suite

6:00 p.m. – 7:00 p.m.
**NECA Reception for Working Ahead GCDF Practitioners and Instructors**
Hyatt Hotel – NECA Suite

7:00 p.m. – 8:30 p.m.
**NECA, ACEG, and MACD Presidential Partnership Reception**
Hyatt Hotel – NECA Suite

Saturday, March 23

6:00 p.m. – 7:30 p.m.
**Kent State University and Penn State University Joint Reception**
Hilton Hotel – Salon I

OCA

Thursday, March 21

7:00 p.m. – 9:00 p.m.
**OCA GCCA, and KCA Joint Welcome Reception**
Hilton Hotel – Continental Ballroom

Universities

Thursday, March 21

5:00 p.m. – 6:30 p.m.
**University of Central Florida Reception**
Hilton Hotel – Rookwood

5:00 p.m. – 6:30 p.m.
**University of North Carolina–Greensboro Reception**
Hilton Hotel – Caprice 1 & 4

Friday, March 22

6:00 p.m. – 7:30 p.m.
**Central Michigan University Graduate Student Reception**
Hyatt Hotel – Keystone

6:00 p.m. – 7:30 p.m.
**Penn State University and Kent State University Joint Reception**
Hilton Hotel – Salon I

6:00 p.m. – 7:30 p.m.
**Monmouth University Student and Alumni Reception**
Hilton Hotel – Salon M

6:00 p.m. – 7:30 p.m.
**Western Michigan University Alumni Reception**
Hilton Hotel – Salon D & E

Meet Your Favorite Authors at the ACA Book Signings!

**Thursday, March 21, 5:30 p.m. – 6:30 p.m.**
- Sheri Bauman
- Ellen Cook
- Gerald Corey, Patrice Moulton, and Michelle Muratori
- Richard Halstead
- Courtland Lee
- Mark Pope
- Anne Marie “Nancy” Wheeler and Burt Bertram

**Friday, March 22, 4:00 p.m. – 5:00 p.m.**
- David Capuzzi
- Craig Cashwell and J. Scott Young
- Laura Choate
- Norm Gysbers and Patricia Henderson
- Danica Hays
- Tom Hohenshil, Norm Amundson, and Spencer Niles
- John Sommers-Flanagan
- John West, Donald Bubenzer, Jane Cox, and Jason McGlothlin
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You’re “that friend” — the one everyone turns to when they have a problem. So why not fulfill your passion for helping others by earning your Master of Science in Counseling.

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The Master of Science in Clinical Mental Health Counseling (Arizona) and the Master of Science in Mental Health Counseling (Utah) programs are accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP, caacrep.org). In order to practice as a counselor in any state, you must be licensed with a state license designation (e.g., LPC, LGPC, CCCM, MFT, etc.). License requirements and title vary by state. It is your responsibility to ascertain and meet licensure requirements in any state in which you desire to practice. University of Phoenix is accredited by the Higher Learning Commission and is a member of the North Central Association (ncahsb.org). The University’s Central Administration is located at 1450 W. Peoria Avenue, Tempe, AZ 85281.

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Be sure to visit the ACA Pavilion consisting of:

• ACA Membership Booth
• ACA Public Policy
• ACA Professional Affairs and Ethics
• ACA Foundation Booth

And there’s much more happening in the Expo:

• Snack lunch
• Reception
• Cyber Lounge
• Poster sessions
• ACA Pavilion
• ACA Bookstore
• ACA Career Center

AC Bookstore and Author Book Signings

See the impressive line of new ACA releases, books by keynote presenters, counseling classics, and much more. Have an idea for a book you’d like to write? Meet with the Director of Publications to discuss how to submit a book proposal.

Converse with some of the most influential and distinguished counselors in the field while they autograph their book for you at the ACA Author Book Signings!
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Exhibitor Descriptions

AATBS – Association for Advanced Training in the Behavioral Sciences
Booth 211
5126 Ralston Street, Ventura, CA 93003
800-472-1931
www.aatbs.com
AATBS has been the leader in exam preparation and continuing education for mental health professionals for over 35 years. Our licensure preparation materials are well known as the unrivaled standard in the field and customers find our service to be courteous and responsive. Partner with us to pass your exam the first time!

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Booth 110
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647
counseling.org

ACA Southern Region
Booth 337
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800-347-6647
counseling.org
Visit the Southern Region Booth to learn more about the counseling profession at the local level. Southern Region branches include Alabama, Arkansas, Florida, Kentucky, Louisiana, Maryland, Mississippi, North Carolina, South Carolina, Tennessee, Texas, Virginia, and West Virginia.

ACA Western Region
Booth 339
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647
counseling.org
Visit the Western Region Booth to learn more about the counseling profession at the local level. Western Region branches include Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, and Wyoming.

NEW EXHIBITOR!
Active Change Center
Booth 221
901 Pier View Drive, Suite 204
Idaho Falls, ID 83402
208-534-7878
www.activechangecenter.com
Active Change Center presents managing mood, mind, and sleep. Counselors have been talking about the mind/body/spirit connection for 20 years. Recently, there is cutting-edge research indicating methods of helping clients manage mood both in our office and at home.

Adler School of Professional Psychology
Booth 511
17 N. Dearborn, Chicago, IL 60602
312-662-4119
www.adler.edu
Adler School of Professional Psychology’s innovative program curricula, which include a doctoral program in clinical psychology and several master’s programs, prepare socially responsible practitioners by promoting social justice through education and training. Campuses include Chicago and Vancouver.

Alexander Street Press
Booths 201, 203
3212 Duke Street, Alexandria, VA 22314
703-212-8520
www.astreetpress.com
Microtraining, an imprint of Alexander Street Press, is a leading provider of films and books for multicultural, competency-based therapist education. Come learn about our new and award-winning collections, including Counseling and Therapy in Video: Volume III, released summer 2012.

American Dance Therapy Association
Booth 314
10632 Little Patuxent Parkway, Suite 108
Columbia, MD 21044
410-997-4040
www.adta.org
Since 1966, ADTA and its members have pioneered the in-depth understanding of how the mind and body interact ... in sickness and in health. ADTA promotes the use of dance and movement as powerful tools for mental and emotional health. ADTA maintains high standards for education, training, and professional practice for dance/movement therapists.

American Mental Health Counselors Association (AMHCA)
Booth 400
801 N. Fairfax Street, #304
Alexandria, VA 22314
800-326-2642
www.amhca.org
The American Mental Health Counselors Association works exclusively for licensed mental health counselors by advocating for legislation that expands, enhances, and protects the right to practice, promotes mental health awareness, and builds the profession of mental health counseling nationally. For more information please visit www.amhca.org or call 800-326-2642.

American Psychological Association
Booth 616
750 First Street, NE
Washington, DC 20002
202-336-5570
www.apa.org

Argosy University
Booth 330
333 City Boulevard West, Suite 1810
Orange, CA 92868
855-ARGOSYU
www.argosy.edu
Argosy University, with 28 locations across the country, offers a variety of graduate degree programs in the mental health area, including mental health counseling, community counseling, counselor education and supervision, and marriage and family therapy. Visit us online at argosy.edu.
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9423 Old Mt. Vernon Road
Alexandria, VA 22309
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Association for Counselor Education and Supervision (ACES)
Booth 533
5999 Stevenson Avenue
Alexandria, VA 22304
866-815-2237
acesonline.net
The Association for Counselor Education and Supervision supports quality education and supervision of all counselors. ACES produces a top-tier journal dedicated to research and best practices in counselor education and supervision, and it supports regional and national conferences.

Association for Humanistic Counseling (AHC)
Booth 532
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647
www.ahc.cam9.org
The executive board and active members of the Association for Humanistic Counseling will be present at the exhibit hall to discuss the latest projects and activities within the division, membership benefits, and opportunities for members to become involved.

Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)
Booth 334
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647
www.algbtic.org
The Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling is a division of the American Counseling Association. Our mission is to promote greater awareness and understanding of lesbian, gay, bisexual, and transgender issues among members of the counseling profession and related helping occupations.

Association for Multicultural Counseling & Development (AMCD)
Booth 233
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647
www.amcd.aca.org
The Association for Multicultural Counseling and Development seeks to develop programs to improve ethnic and racial empathy and understanding. Its activities are designed to advance and sustain personal growth and improve educational opportunities for members from diverse cultural backgrounds.

Association for Specialists in Group Work (ASGW)
Booth 336
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647
www.asgw.org
The Association for Specialists in Group Work is a division of the American Counseling Association. As counseling professionals who are interested in and specialize in group work, we value the creation of community; service to our members, their clients, and the profession; and leadership as a process to facilitate the growth and development of individuals and groups.

Association of Counselors & Educators in Government (ACEG)
Booth 622
PO Box 260, Draper, UT 84020
www.acegonline.org
Originally the Military Educators and Counselors Association, ACEG addresses the unique needs of clients in local, state, and federal government or in military-related agencies.

ASU Online Doctor of Behavioral Health
Booth 305
1475 N. Scottsdale Road
Scottsdale, AZ 85257
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ASU’s Doctor of Behavioral Health will transform health care by preparing professionals to provide evidence-based, cost-effective, focused behavioral interventions for the many patients with co-existing medical and behavioral conditions in primary care and medical settings to improve patient outcomes and reduce costs.

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847-688-3680
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The ASVAB Career Exploration Program assists high school and postsecondary students with career decisions. Our free program includes a multi-aptitude test battery and interest inventory. Students explore career information matching their interests, abilities, and preferences.

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Miami Shores, FL 33161
305-899-3100
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Barry University’s CACREP-accredited PhD in Counseling program will inspire your vision and provide you with the skills to be a leader in the field of counseling. Our faculty are committed to teaching students to excel as practitioners, educators, and researchers.

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Since 1972 Bio-Medical Instruments has offered a wide variety of biofeedback and neurofeedback equipment and supplies.

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**Updates**

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California Southern University
Booth 406
930 Roosevelt, Irving, CA 92640
800-477-2254
www.calsouthern.edu/psychology
Established in 1978, California Southern University is a premier online university offering accredited degree programs at the associate, bachelor’s, master’s, and doctoral levels in psychology, business, and law to an international student body, utilizing a proprietary online learning system.

Center for Credentialing & Education
Booth 213
3 Terrace Way, Greensboro, NC 27403
336-547-0607
www.nbcc.org
The Center for Credentialing and Education, Inc. (CCE), an NBCC affiliate and leader in professional credentialing, offers certifications for clinical supervisors, distance counselors, career development facilitators, human services professionals, correctional staff, and coaches. Visit us at booth #213 to learn how our credentials can benefit you in your professional practice.

Center for Reality Therapy
Booth 224
7672 Montgomery Road
Cincinnati, OH 45236
513-561-1911
www.realitytherapywub.com
Robert E. Wubbolding, EdD, director of the Center for Reality Therapy, is the author of 11 books and a trainer in the U.S., Europe, Asia, and the Middle East. His training sessions reflect his lively style as he presents practical ideas and implementable tools to enhance the use of reality therapy for continuing education or in-service programs for universities, agencies, businesses, and schools. Applications are made to education, addictions, recovery, group homes, personal growth, parenting, career development, individual or group counseling, cross-cultural, and social justice issues. Dates for three-day training sessions leading to certification in reality therapy can be found at www.realitytherapywub.com.

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Lynchburg, VA 24502
434-386-1054
www.counselinginternships.com
CounselingInternships.com boasts over 1,000 opportunities from companies offering paid internships and entry-
A level counseling jobs that meet the requirements of most internship programs. No more outdated lists, searching the web, or scratching your head! Find an Internship. Skip the hassle! CounselingInternships.com!

NEW EXHIBITOR
Credible Behavioral Health
Booths 605, 607
10411 Motor City Drive, Suite 375
Bethesda, MD 20817
301-652-9500
www.credibleinc.com
Credible Behavioral Health Software provides secure, proven, easy-to-use software for clinic, community, residential, and mobile care providers across the United States. Credible provides fully integrated clinical, e-prescribing, scheduling, billing, form management, advanced search, mobile, and management reporting functionality. A leading Software as a Service provider for 10 years, Credible is committed to continuous innovation, an easy-to-use interface, and a long-term partnership approach with all of our customers.

NEW EXHIBITOR
Eating Recovery Center
Booth 332
1830 Franklin Street, Suite 500
Denver, CO 80218
877-825-8584
Eating Recovery Center is an international center providing comprehensive treatment for anorexia, bulimia, EDNOS, and binge eating disorder. Comprehensive programs provide a full spectrum of services for children, adolescents, and adults. Eating Recovery Center partners with Summit Eating Disorders and Outreach Program in Sacramento, CA, and the Moore Center in Bellevue, WA.

EDITS
Booth 417
PO Box 7234, San Diego, CA 92167
800-416-1666
www.edits.net
EDITS has been the leader in career guidance and instructional material for 50 years. EDITS features both the COPSystem career assessments, which relate interests, abilities, and values to occupations, and CERES, which integrates career education throughout the curriculum. Our online version of the COPS Interest Inventory, the CAPS ability battery, and the COPES values survey is currently available. In addition to our career guidance material, we have various measures of personality, self-concept, and study attitudes.

Education Management Solutions, Inc.
Booth 300
440 Creamery Way, Suite 100
Exton, PA 19841
610-701-7002
www.ems-works.com
Total Counseling is a hosted counselor training management solution that is integrated with an on-site audio-video recording system. Total Counseling allows evaluators to review and provide feedback to student counselors, share cases with supervisors, faculty, and staff, evaluate and score students’ performance, and examine statistics from one or more sessions. Total Counseling makes it easy for educators to audit students’ progress and determine if they transfer the skills acquired during role-play to their work with clients. Stop by our booth # 300 and visit www.ems-works.com/Counseling to learn more.

Excelsior College
Booth 523
7 Columbia Circle, Albany, NY 12203
518-464-8775
www.excelsior.edu
Excelsior College, an regionally accredited nonprofit institution, has more than 40 degree and certificate programs of study. The master’s degree program in school and mental health counseling is fully accredited by CACREP while the rehabilitation counseling track is CORE accredited. The department also offers a PhD program in counseling, fully accredited by CACREP, as well as EdS and certification programs of study.

NEW EXHIBITOR
Farrar Counseling Services
Booth 415
10830 Apple Court, Stanwood, MI 49346
248-210-3556
Are your clients making poor choices in relationships? Dr. John Farrar, conference presenter and author of “Dump the Neanderthal and Choose Your Prime Mate,” will be available to discuss the results of his research into female mate selection.

Florida Atlantic University–Department of Counselor Education
Booth 624
777 Glades Road, Boca Raton, FL 33431
561-297-3602
www.coe.fau.edu/academicdepartments/counseling
Florida Atlantic University’s Department of Counselor Education offers graduate programs in school, mental health, and rehabilitation counseling. The master’s degree program in school and mental health counseling is fully accredited by CACREP while the rehabilitation counseling track is CORE accredited. The department also offers a PhD program in counseling, fully accredited by CACREP, as well as EdS and certification programs of study.

NEW EXHIBITOR
Frozen Light
Booth 620
4459 S. Gary Avenue, Tulsa, OK 74105
918-381-4449
www.frozenlight.biz
Unusual, hand-crafted garments and sterling silver jewelry collected from accomplished artisans all over the world.

Governors State University
Booth 317
1 University Parkway
University Park, IL 60466
708-534-4516
www.govst.edu/counseling
Governors State University (GSU), located just outside of Chicago, offers a CACREP-accredited master’s program with specialization in clinical mental health, marriage and family, and school counseling. In addition, GSU has a 48-credit-hour doctorate in counselor education and supervision.
**Exhibitor Descriptions**

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