“Solution-focused Counseling in Schools is a helpful text filled with practical skills and exercises that counselors can use every day with students. It continues to be one of the best solution-focused therapy books in the field, providing numerous examples of assessment methods; interviewing skills; and intervention techniques. This edition offers additional learning resources and case examples to further strengthen this excellent text.”

—Cynthia Franklin, PhD
The University of Texas at Austin

“This book is one of my favorites within the solution-focused literature. In plain language and with a wealth of case examples, Dr. Murphy explains how to help students overcome their problems in a way that allows them to become the smiths of their own solutions.”

—Ben Furman, MD
Helsinki Brief Therapy Institute of Finland

“Dr. Murphy provides multiple examples that show solution-focused strategies unfolding in students with many different problems. The result is a counselor’s sourcebook that is immediately relevant to practice, with the potential to enhance the power of interactions that occur between counselors and students in schools.”

—Beth Doll, PhD
University of Nebraska–Lincoln

“This book offers much more than a ‘how-to’ approach because it provides a rich conceptual grounding in the rationale for solution-focused counseling. More than any book I have read, this one will help counselors and psychologists make the counseling process pertinent for all youth by helping them to solve immediate, real-life problems. Counselors who apply the strategies presented will help their clients to redefine their own problems as a part of normal life challenges and, in responding to them, build the robust sense of belief-in-self needed to more effectively address challenges yet to come.”

—Michael J. Furlong, PhD
Professor Emeritus, University of California State at Santa Barbara
Author, Handbook of Positive Psychology in Schools