Reviews for

DSM-5 Learning Companion for Counselors
Stephanie F. Dailey • Carman S. Gill
Shannon L. Karl • Casey A. Barrio Minton

“This text presents a comprehensive and easy-to-understand review of the changes in the DSM-5. In every chapter, the authors provide illustrative case studies that demonstrate these changes, along with helpful questions for making diagnoses. The final two chapters titled Looking Ahead: Personality Disorders and Practice Implications for Counselors are not to be missed! Drs. Dailey, Gill, Karl, and Barrio Minton have created a resource that is sure to become a necessary reference for students and practitioners alike.”

—Paul R. Peluso, PhD
Florida Atlantic University
Former Chair, ACA DSM-5 Task Force

The authors of this Learning Companion concisely describe the major changes between the DSM-IV-TR and the DSM-5 and provide clear distinctions between comorbid conditions commonly found in clinical practice. This is an invaluable resource for counselors-in-training, new professionals, and veteran counselors transitioning to the use of the DSM-5. It is also a unique contribution to the counseling literature that will enhance counselors’ skills in developing comprehensive treatment plans that maximize the benefits of counseling for their clients.”

—Tara S. Jungersen, PhD
Nova Southeastern University

Written for an audience that includes private practitioners; counselors working in mental health centers, psychiatric hospitals, employee assistance programs, and other community settings; as well as counselor educators and their students, this helpful guide breaks down the concepts and terminology in the DSM-5 and explains how this diagnostic tool translates to the clinical situations encountered most frequently by counselors.

After describing the major structural, philosophical, and diagnostic changes in the DSM-5, the book is organized into four parts, which are grouped by diagnostic similarity and relevance to counselors. Each chapter outlines the key concepts of each disorder, including major diagnostic changes; essential features; special considerations; differential diagnosis; coding, recording, and specifiers; and, where applicable, new or revised criteria. Clinical vignettes, for illustration and study, help both clinicians and students visualize and understand DSM-5 disorders. Author notes interspersed throughout the text assist readers in further understanding and applying new material.