The latest edition of this bestseller presents a holistic, strengths-based, and theoretically sound model of career development and the career counseling process. Useful for counselors-in-training as well as experienced clinicians, the career counseling process outlined is both practitioner-friendly and effective with clients of all ages and circumstances. In addition, detailed descriptions of techniques and assessment procedures are provided throughout the book.

Significant emphasis is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and transgender clients; clients from diverse socioeconomic backgrounds; and individuals with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with a client, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to career counseling. A new chapter titled “Using Social Media in Career Counseling” rounds out this exceptional publication.