ACA Publications
Catalog 2011

American Counseling Association
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>NEW RELEASES</td>
<td>1</td>
</tr>
<tr>
<td>Multiculturalism &amp; Diversity</td>
<td>9</td>
</tr>
<tr>
<td>Ethical &amp; Legal Issues</td>
<td>14</td>
</tr>
<tr>
<td>Professional Development</td>
<td>16</td>
</tr>
<tr>
<td>Counselor Education &amp; Supervision</td>
<td>21</td>
</tr>
<tr>
<td>School Counseling</td>
<td>25</td>
</tr>
<tr>
<td>Child &amp; Adolescent Development</td>
<td>29</td>
</tr>
<tr>
<td>Group Work</td>
<td>34</td>
</tr>
<tr>
<td>Couples &amp; Family Counseling</td>
<td>35</td>
</tr>
<tr>
<td>Substance Abuse &amp; Addictions</td>
<td>38</td>
</tr>
<tr>
<td>Career Counseling &amp; Development</td>
<td>40</td>
</tr>
<tr>
<td>ACA Classics</td>
<td>43</td>
</tr>
<tr>
<td>Counseling DVDs &amp; Videotapes</td>
<td>44</td>
</tr>
<tr>
<td>Journals &amp; <em>Counseling Today</em></td>
<td>55</td>
</tr>
<tr>
<td>ACA Logo Merchandise</td>
<td>56</td>
</tr>
<tr>
<td>Title Index</td>
<td>58</td>
</tr>
<tr>
<td>Author Index</td>
<td>60</td>
</tr>
<tr>
<td>Product Ordering Information</td>
<td>63</td>
</tr>
</tbody>
</table>

*The American Counseling Association will not knowingly engage in any activities that discriminate on the basis of ethnic group, race, religion, gender, sexual orientation, age, and/or disability.*
Counseling and Psychotherapy: Theories and Interventions
Fifth Edition
edited by David Capuzzi and Douglas R. Gross

This student-friendly and well designed introductory text provides a thorough overview of each of the following widely used theories: psychoanalytic, Jungian, Adlerian, existential, person-centered, Gestalt, cognitive-behavioral, dialectical behavior, rational emotive behavior, reality therapy/choice theory, family, feminist, transpersonal, and integrative. Eighteen experts examine each theory from the perspective of its historical background, major constructs, goals, cross-cultural considerations, and limitations. Traditional and brief interventions integrate theory with specific counseling strategies, giving students further insight into the counseling process and guidance in developing their personal counseling style. A consistent case study across chapters reinforces the differences between theories and illustrates assessment of client concerns and treatment planning. Introductory chapters explore core dimensions and brief approaches to the helping relationship, and how to best deliver counseling and advocacy services to diverse client groups. A complimentary test manual and PowerPoints for instructors’ use are available by request on university letterhead.

2011 | 408 pgs | Order #72902 | ISBN 978-1-55620-271-1
List Price: $64.95 | ACA Member Price: $46.95

Clinical Supervision in the Helping Professions: A Practical Guide
Second Edition
Gerald Corey, Robert Haynes, Patrice Moulton, and Michelle Muratori

“This is the most comprehensive supervision resource that I have seen and one that provides a clear framework for supervision classes. It offers concrete activities and focus questions to guide the process, while covering those areas in supervision that have traditionally been unaddressed. I will adopt this text to train site supervisors and internship students in becoming competent future supervisors.”

—Kellie Kirksey, PhD
Malone University

This straightforward guide for new and practicing supervisors emphasizes the skills necessary to effectively supervise others in a variety of settings. Topics covered include the roles and responsibilities of supervisors, the supervisory relationship, models and methods of supervision, becoming a multiculturally competent supervisor, ethical and legal issues in supervision, managing crisis situations, and evaluation in supervision. User-friendly tips, case examples, sample forms, questions for reflection, and group activities are included throughout this text, as are contributing supervisors’ Voices From the Field and the authors’ Personal Perspectives—making this an interactive learning tool that is sure to keep readers interested and involved.

List Price: $62.95 | ACA Member Price: $43.95
NEW RELEASES

Ethics Desk Reference for Counselors
Jeffrey E. Barnett and W. Brad Johnson

“This is a very useful supplementary book for students in ethics courses and for counseling professionals in a variety of specializations.”
—Gerald Corey, EdD
Diplomate in Counseling Psychology, ABPP
Professor Emeritus, California State University, Fullerton

This pocket guide will help you interpret and apply the ACA Code of Ethics in order to prevent and resolve ethical dilemmas. In Part I, Drs. Barnett and Johnson provide an easily understood translation of each Standard of the Code, followed by a discussion of common challenges associated with the Standard and a list of recommendations for maintaining ethical, preventive practice in the topical area. Part II contains an ethical decision-making model and specific, practical strategies for responding to frequently faced concerns surrounding culture and diversity, confidentiality, suicidal clients, boundary issues and multiple relationships, competence, supervision, managed care, termination, and responses to subpoenas.

2010 | 224 pgs | Order #72893 | ISBN 978-1-55620-298-8
List Price: $44.95 | ACA Member Price: $32.95

Cyberbullying: What Counselors Need to Know
Sheri Bauman

This informative book offers complete, up-to-date coverage of the growing problem of cyberbullying and how to prevent and respond to this behavior. Written for counselors, teachers, school leaders, and other professionals who work with children and teens, Cyberbullying addresses the real-life dangers students face on the Internet, including offensive, confrontational, and harassing messages; the disclosure of inappropriate personal information; intimidation; social exclusion; and cyberstalking. In a reader-friendly style, Dr. Bauman discusses the tools, strategies, and resources necessary to provide quality services to clients and students involved in, or concerned about, cyberbullying.

Benefits and Features
• Discussion of the different types of cyberbullying and cyberbullying environments
• Overview of prominent theories of aggressive behavior
• Examination of the developmental differences in cyberbullying and victimization across the life span
• Proactive responses to cyberbullying
• Effective, nonpunitive strategies for responding to cyberbullying
• Useful information on current technology and popular websites
• Chapter on adult cyberbullying
• List of helpful websites, books, and media
• Appendix with review of the latest cyberbullying research

List Price: $29.95 | ACA Member Price: $24.95
Counseling Children: A Core Issues Approach
Richard W. Halstead, Dale-Elizabeth Pehrsson, and Jodi Mullen

Counseling Children: A Core Issues Approach offers a means for practitioners in community, mental health, and school settings to better assess, treat, and monitor children’s underlying issues. The diagnostic framework presented in this book condenses what is currently known about best practices in counseling children, helps uncover the nature of children’s core concerns and how to address the issues they are struggling with, and challenges counselors to move beyond the restraints of the DSM by thinking about alternatives to traditional diagnosis.

In Part I, the authors provide a basic orientation to the core issues approach and how to conceptualize the nature of clients’ presenting problems. In Part II, they describe specific intervention modalities with children, including narrative approaches, play therapy, sand tray therapy, and expressive arts therapy. The final chapter discusses the challenges of consulting with parents, teachers, and other professionals and provides suggestions for bringing these caregivers together as a collaborative team to best meet the needs of children.

Available January 2011! Pre-Order by December 31, 2010 and Save 10%
2011 | 175 pgs | Order #72901 | ISBN 978-1-55620-283-4
List Price: $29.95 | ACA Member Price: $24.95

Play Therapy: Basics and Beyond
Second Edition
Terry Kottman

Written for use in play therapy and child counseling courses, this extraordinarily practical text provides a detailed examination of basic and advanced play therapy concepts and skills and guidance on when and how to use them. Kottman’s multitheoretical approach and wealth of explicit techniques are also helpful for clinicians who want to gain greater insight into children’s minds and enhance therapeutic communication through the power of play.

After a discussion of the basic concepts and logistical aspects of play therapy, Kottman illustrates commonly used play therapy skills such as tracking, reflecting feelings, setting limits, and returning responsibility to the child. She then describes more advanced skills, including communicating through metaphors, storytelling, and art techniques. A new chapter on working with parents and teachers is introduced in this edition to increase the effectiveness of play therapy. Practice exercises and “Questions to Ponder” throughout the text facilitate the skill-building and self-examination process, and a final chapter on professional concerns addresses important issues facing mental health professionals who practice play therapy.

Available November 2010! Pre-Order by December 31, 2010 and Save 10%
List Price: $54.95 | ACA Member Price: $39.95
Experiential Activities for Teaching Multicultural Competence in Counseling
edited by Mark Pope, Joseph S. Pangelinan, and Angela D. Coker

This practical resource is intended for faculty teaching beginning and advanced multicultural counseling courses or other core classes who want to infuse issues of cultural diversity into the classroom. It contains 121 engaging and thought-provoking activities on a wide variety of multicultural topics such as defining diversity; barriers to effective cross-cultural counseling; cultural communication styles; identity development; oppression and discrimination; becoming a culturally skilled counselor; family counseling; and counseling specific cultural groups—which includes consideration of race, sexual orientation, age, ability, spirituality, and socioeconomic status. All activities are tied to the core content areas of the 2009 CACREP Standards, making this a perfect tool for the clinical training of counseling students. A CD-ROM with exercise handouts accompanies the book for ease of copying and distribution in the classroom.

Available February 2011! Pre-Order by December 31, 2010 and Save 10%.
List Price: $54.95 | ACA Member Price: $40.95

edited by Craig S. Cashwell and J. Scott Young

From the Foreword…
“This represents a comprehensive revision of what was already an excellent resource for practitioners desiring a guide to the competent and ethical practice of integrating spirituality and religion into counseling.”
—Gerald Corey, EdD

In this book, experts in the field consider how spiritual and religious issues can be successfully incorporated into counseling in a manner consistent with client beliefs and practices. Designed as an introductory text for counselors-in-training and clinicians, it describes the knowledge base and skills necessary to effectively engage clients in an exploration of their spiritual and religious lives to further the therapeutic process. Through an examination of the 2009 ASERVIC Competencies for Addressing Spiritual and Religious Issues in Counseling and the use of proven tools and techniques, this book will guide you in providing ethical services to clients presenting with these deeply sensitive and personal issues.

After an introduction to spirituality and religion and to the development and revision of the ASERVIC Competencies, Section II examines the six major categories of the new competencies—Culture and Worldview, Counselor Self-Awareness, Human and Spiritual Development, Communication, Assessment, and Diagnosis and Treatment Planning—with a detailed discussion of each competency, strategies for clinical application, and a case illustration. Section III further links theory to clinical practice with new application chapters on mindfulness, ritual, 12-step spirituality, prayer, and feminine spirituality.

Available February 2011! Pre-Order by December 31, 2010 and Save 10%.
List Price: $54.95 | ACA Member Price: $39.95
ACA Advocacy Competencies: A Social Justice Framework for Counselors
edited by Manivong J. Ratts, Rebecca L. Toporek, and Judith A. Lewis

“Examples of implementing advocacy strategies in a range of settings and for varied purposes with individuals and groups are the strength of this very timely text. Each chapter brings to life real-world issues faced by clients, institutions, and counselors, as well as possible solutions through the principles of social-justice-based advocacy strategies.”

—Patricia Arredondo, EdD
University of Wisconsin–Milwaukee

“This book represents the best examination of more than 30 years of thinking about counseling on a systemic level.”

—Courtland C. Lee, PhD
University of Maryland

Experts discuss how counselors, counselor educators, and students can use the ideals in the ACA Advocacy Competencies with diverse client populations, across various counseling settings, and in multiple specialty areas. Examples in each chapter provide guidance as to when individual empowerment counseling is sufficient or when situations call for advocacy on behalf of clients or their communities within the public arena or political domain. Thought provoking and engaging, this book is an invaluable resource for teaching and course work and a call for all counselors to participate in social justice and systems change.

List Price: $64.95 | ACA Member Price: $46.95

Creating Your Professional Path: Lessons From My Journey
Gerald Corey

In this inspirational book, for graduate students and new counselors, Dr. Corey writes about personal and professional experiences throughout his 50-year career as a counselor, teacher, counselor educator, psychologist, supervisor, and writer. He shares recommendations and lessons he has learned—and is still learning—as a way to mentor other professionals and to promote self-reflection about creating one’s own professional path. In addition, 18 graduate students and new professionals share stories from their journeys, describe challenges they have faced, discuss what was helpful to them in pursuing their career path, and provide recommendations for getting the most from educational experiences.

Topics covered include Dr. Corey’s reflections on and turning points in his journey, how he developed his approach to counseling and group work, the counselor as a person and as a professional, the benefits of being mentored and mentoring others, becoming an ethical counselor, choosing a career path, professional writing, and self-care.

See page 46 for a companion DVD of Dr. Corey’s keynote address on these themes at the 2010 ACA Conference & Exposition.

List Price: $24.95 | ACA Member Price: $19.95
The Professional Counselor: Portfolio, Competencies, Performance Guidelines, and Assessment, Fourth Edition
Dennis W. Engels, Casey A. Barrio Minton, Dee C. Ray, and Associates

“The Professional Counselor does the work for you! This wonderful resource operationalizes the standards of the profession through an easy-to-follow structure. Counselor educators involved in creating syllabi, curricula, and self-evaluation will find this a valuable reference source. Additionally, students seeking concrete examples of what counseling looks like in practice will be pleased with the comprehensive checklists provided. Phenomenal!”
—Marcheta P. Evans, PhD
University of Texas at San Antonio
ACA President, 2010–2011

Student learner outcomes and counselor work behaviors are tied to the 2009 CACREP Standards in this long-standing premiere handbook for students, educators, supervisors, researchers, and practitioners seeking to quickly and efficiently update, refresh, or evaluate their knowledge of and skills in the most important competencies in counseling. Ideal for use as a student portfolio or a supplementary text, the fourth edition of The Professional Counselor continues a 35-year tradition of providing a useful framework for tracking individual professional growth and evaluation. This edition affords baseline and progress data supporting a systematic developmental plan, assessment, and charting of each student’s or professional’s progress toward developing professional counseling competencies.

2010 | 244 pgs | Order #72897 | ISBN 978-1-55620-296-4
List Price: $49.95 | ACA Member Price: $33.95

ACA Office of Professional Affairs

Professional counselors are licensed in all 50 states, the District of Columbia, and Puerto Rico. How do the laws compare? Which states require a jurisprudence exam? How many CE credits does each state require for renewal? Which states have reciprocity? Find the answers in this comprehensive and current state-by-state report.

Special Features
• Contact information/website for every state licensing board
• Scope of practice for each state
• Renewal requirements by state
• Licensure portability/reciprocity
• List of states that have adopted the 2005 ACA Code of Ethics
• Clinical supervisor requirements
• New to this edition: California licensure information

2010 | 168 pgs | Order #72903
List Price: $29.95 | ACA Member Price: $19.95
A Job Search Manual for Counselors and Counselor Educators: How to Navigate and Promote Your Counseling Career
Shannon Hodges and Amy Reece Connelly

“This book can be used by faculty mentors helping future counselor educators to navigate their first faculty job search or by students seeking their first position in the profession. Seasoned professionals will also find a wealth of information that can be used in planning for and landing their next position.”

—Perry C. Francis, EdD
Eastern Michigan University

This career planning handbook is full of practical, how-to tips for counselors looking for positions in counselor education, college and community college counseling, schools, and community agencies. Whether you are trying to land your first job, changing career paths, or launching your own private practice, this engaging book demystifies the process and highlights what you need to know and do to target and attain fulfilling work.

Topics include tapping into the hidden job market, developing a résumé/vita, writing winning cover letters, using job search planning tools and techniques, enhancing networking skills, interviewing with search committees, handling rejection, and moving from one counseling setting or specialty to another.

List Price: $24.95  |  ACA Member Price: $19.95

edited by Jane Webber and J. Barry Mascari

First published in 2002 to share how counseling professionals responded to the acts of terrorism as well as the shootings at Columbine High School and other traumatic events, this book has been almost completely revised to reflect more recent tragedies and the dramatic growth in knowledge and experience within the field of disaster mental health that has followed.

This third edition covers shootings on the Virginia Tech and Northern Illinois University campuses, the hurricanes in New Orleans and the Gulf Coast region, the earthquake in China, trauma affecting military veterans and their families, the financial crisis, and other tragedies that have gripped our global society in recent years. A new section titled “Self Care for Counselors and First Responders” has been added.

This cutting-edge, theory-into-practice book is a vital, hands-on resource for all counseling professionals and administrators in every setting. The lessons learned, crisis plans, step-by-step protocols, treatment strategies, and insights from many professionals will help you to be prepared for the inevitable—the next disaster.

Published by the ACA Foundation
List Price: $39.95  |  ACA Member Price: $29.95

703-823-9800 x222  |  800-422-2648 x222  |  counseling.org 7
Developing Clinical Skills for Substance Abuse Counseling
Daniel Yalisove

“This book takes the counselor-in-training from the beginning to the end of the counseling relationship. The concepts of substance abuse counseling come alive in the classroom through carefully prepared role-play exercises and an Instructor’s Guide, which is a real bonus for teachers and students alike.”

—James L. Sorensen, PhD
UCSF at San Francisco General Hospital

This skill-building primer provides a framework for understanding substance abuse and teaches the basic concepts and skills necessary for effective counseling. In Part I, Dr. Yalisove discusses counselor roles and the fundamental principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of the tenets of these approaches in clinical situations—from beginning counseling sessions through termination—using experiential exercises, role-plays, and clinical scenario examples. Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client populations follow, with a helpful chapter on creating client treatment plans and writing clinical reports rounding out the book. Dr. Yalisove’s clear and concise writing style and his practical approach to developing critical thinking and counseling skills makes this an ideal supplemental text for addictions courses. An Instructor’s Guide is available in the ACA Online Bookstore at counseling.org/publications.

List Price: $44.95 | ACA Member Price: $29.95

The Handbook of Counselor Preparation: Constructivist, Developmental, and Experiential Approaches
edited and cowritten by Garrett J. McAuliffe and Karen P. Eriksen

The Handbook of Counselor Preparation is a comprehensive guide to teaching and learning in counselor education. The book offers a fundamental grounding in the adult learning and teaching process and includes both practical and conceptual material. Its completely new approach uses contributions from internationally known scholars on the art and craft of teaching in counselor education. Creative teaching strategies for all of the courses in the counseling curriculum are written in a fresh, accessible style. Additional chapters include approaches to the use of technology and to evaluating counselor preparation. The Handbook is useful for stimulating creative teaching in both seasoned professionals and doctoral students who are becoming counselor educators. This is a one-of-a-kind handbook that is characterized by a dynamic approach to experiential teaching and learning. It will be a classic guide for counselor education for years to come. Sponsored by ACES

Available November 2010! Published by Sage
List Price and ACA Member Price: $89.95

8 counseling.org | 703-823-9800 x222 | 800-422-2648 x222
Counseling Multiple Heritage Individuals, Couples, and Families
written and edited by Richard C. Henriksen Jr. and Derrick A. Paladino

“This book is of critical importance in a world increasingly composed of multiple heritage individuals whose overlapping and intermeshed cultures and identities cry out for this new view of these societal realities.”

—Mark Pope, EdD
University of Missouri–Saint Louis

“This informative text underscores the complex and comprehensive nature of counseling multiple heritage individuals, couples, and families. For the novice as well as the seasoned practitioner, this book offers an opportunity to enhance self-awareness, impact practices, and advocate for those without a voice.”

—Marie A. Wakefield
ACA President, 2006–2007

This book examines the strengths of and the challenges facing multiple heritage individuals, couples, and families and offers a framework for best practice counseling services and interventions specifically designed to meet their needs. Topics covered include historical and current racial classification systems and their effects; identity development; transracial adoptions; and counseling strategies for children, adolescents, college students, adults, couples and families, and GLBT individuals. Poignant case studies illustrate important concepts and techniques throughout the book, and chapter review questions provide a starting point for lively classroom discussion.

List Price: $44.95 | ACA Member Price: $33.95

Group Work Experts Share Their Favorite Multicultural Activities: A Guide to Diversity-Competent Choosing, Planning, Conducting, and Processing
edited by Carmen F. Salazar

This innovative book features contributions from experts in group work, multiculturalism, and social justice who are committed to diversity-competent group leadership. The result is a powerful synthesis of collective wisdom and useful exercises. Introductory chapters describe diversity-competent group work practice; types of diversity related groups; and selecting, using, and processing group exercises. The numerous practical activities focus on race, ethnicity, culture, gender, socioeconomic status, sexual orientation, ability, age, and spirituality and are designed for use with children, teens, and adults in a variety of settings. A special section on training diversity-competent group leaders features guidelines, tips, and words of wisdom from a dozen experts.

Published by the Association for Specialists in Group Work
List Price: $45.00 | ACA Member Price: $35.00
Girls’ and Women’s Wellness: Contemporary Counseling Issues and Interventions
Laura Hensley Choate

“This is an exciting resource for addressing girls’ and women’s issues from a strength-based, holistic perspective that highlights resilience and coping. It will help women discover and actualize their inherent potential for positive change.”
—Jane E. Myers, PhD
The University of North Carolina at Greensboro

This empowering resource examines current issues faced by girls and women using a life span approach that emphasizes wellness and resilience. Mental health counselors, counselor educators, and school counselors will find an abundance of practical strategies that can be used immediately in their daily practice. Each chapter includes assessment and intervention strategies, client handouts, workshop outlines, self-exploration activities, case studies with discussion questions, and recommended resources. Covered topics include women's development and mental health, self-esteem, body image, relational aggression in girls, sexual assault and intimate partner violence, college women’s experiences, life-work balance, spirituality, and the distinct concerns faced by mid-life and older women.

2008 | 300 pgs | Order #72876 | ISBN 978-1-55620-270-4
List Price: $55.95 | ACA Member Price: $39.95

Case Incidents in Counseling for International Transitions
edited by Nancy Arthur and Paul Pedersen

“We highly recommend this book to all those actively involved in international transitions, whatever their academic discipline or professional designation.”
—PsycCRITIQUEs

Using a case incident approach to teaching cultural sensitivity, this book explores the nature of cross-cultural transitions with clients from around the world. Specifically, it focuses on the many opportunities and challenges international workers, students, immigrants, refugees, and military personnel face from initial entry to the host culture to returning home. Among the issues addressed are culture shock, acculturation, dual career transitions, isolation, family expectations, identity confusion, career concerns, immigration obstacles, posttraumatic stress syndrome, and readjustment on returning home.

List Price: $59.95 | ACA Member Price: $36.95
A Handbook for Counseling International Students in the United States

*edited by Hemla D. Singaravelu and Mark Pope*

The *Handbook* provides a detailed look at the lives of international students and the personal and academic challenges they face before, during, and after their college experience. Thirty-seven experts from around the world discuss a variety of common international student issues, including adapting to an unfamiliar culture and educational system, family expectations, isolation and adjustment, U.S. legal system bureaucracy, career decision making, sexual orientation, disability, financial obligations, and returning home. Specific chapters focus on the unique needs of students from eastern and southern Asia, Latin America, Africa, the Middle East, Europe, New Zealand, and the former USSR nations.

2007 | 352 pgs | Order #72849 | ISBN 978-1-55620-238-4
List Price: $55.95 | ACA Member Price: $39.95

Counseling for Social Justice, Second Edition

*edited by Courtland C. Lee*

This one-of-a-kind resource provides counselors with the skills necessary for becoming agents of social change and champions of social justice. Leaders in the field examine the social, cultural, and economic systems that perpetuate injustice and inequality and illustrate why counselors must accept their professional, ethical, and moral responsibility to help transform these systems.

*Copublished by the ACA Foundation and Counseling Outfitters*

List Price: $47.95 | ACA Member Price: $32.95

Rehabilitation Counseling: An Empowerment Perspective

*Amos Sales*

*Rehabilitation Counseling* is an outstanding resource for practitioners, students, counselor educators, and human resource development staff seeking practical techniques to enhance counseling services for people with disabilities. The importance of a client–rehabilitation counselor partnership is stressed as a means to direct efforts toward goals that the client sees as relevant and that promote his or her independence and self-advocacy skills. Beginning with a brief overview of the historical treatment of people with disabilities, Dr. Sales then examines the evolution of consumer activism and advocates for an empowerment model of rehabilitation counseling.

*Published by ProEd*

List Price: $49.95 | ACA Member Price: $39.95

edited by Courtland C. Lee

This best-selling text presents innovative techniques for working with 21 diverse client populations. Renowned contributing authors provide real-life examples that illustrate the foundations of culturally responsive counseling and offer intensive skill development opportunities for counselors-in-training and practitioners. This edition includes new chapters on counseling multiracial individuals and families, Native Americans, African American women and girls, Korean Americans, GLBT persons, people with disabilities, and socioeconomically disadvantaged clients. New chapters on multicultural counseling in the 21st century, counseling in the cross-cultural zone, ethics, and multicultural research on client needs and counselor competencies are also included.

List Price: $65.95 | ACA Member Price: $46.95

Contemporary Mental Health Issues Among African Americans

edited by Debra Harley and John Dillard

Contemporary Mental Health Issues Among African Americans highlights the strengths of African American individuals, families, and communities and offers straightforward counseling techniques specifically designed for working with this population. The authors examine gender related concerns, relationship stressors, the challenges facing older adults and people with disabilities, sexual orientation, substance abuse, AIDS, and racial identity. Ethical considerations, community and public health concerns, and the importance of the Black church are also discussed in detail.

List Price: $54.95 | ACA Member Price: $37.95

Multicultural Competencies: A Guidebook of Practices

edited by Gargi Roysircar, Daya Singh Sandhu, and Victor Bibbins Sr.

The Guidebook demonstrates current multicultural competencies and successful delivery of services across the various professional disciplines represented in ACA. Leading authorities offer concrete direction for effective multicultural counseling and reflect on what they have found to be the best practices in their specialty area. Numerous case studies and vignettes provide powerful teaching tools that illustrate the how-tos of counseling diverse clients.

Published by the Association for Multicultural Counseling and Development

List Price: $47.95 | ACA Member Price: $31.95
Multicultural Counseling Competencies
Gargi Roy sircar, Patricia Arredondo, Jairo N. Fuertes, Joseph G. Ponterotto, and Rebecca L. Toporek

The groundbreaking AMCD Multicultural Competencies represents a benchmark for the counseling profession and is the manifestation of the universality of multiculturalism as a construct that affects all of our lives. The competencies are articulated to guide counseling in the context of culture, ethnicity, race, gender, sexual orientation, ability status, age, and religion. The numerous practice examples contained in this guidebook are supported with the most recent conceptualizations about multicultural counseling competencies, research findings, and other professional events. This is an essential resource for educators, students, and practitioners.

Published by the Association for Multicultural Counseling and Development
List Price: $24.95 | ACA Member Price: $19.95

Multicultural Counseling Competencies—Now Available in Spanish!
2003 | 170 pgs | Spanish-Language Order #72859
List Price: $24.95 | ACA Member Price: $19.95

Cross-Cultural Counseling: A Casebook
Clemmont E. Vontress, Jake A. Johnson, and Lawrence R. Epp

“This provocative book raises the standard for the theory and practice of cross-cultural counseling and is destined to be a classic in the field.”

—Courtland C. Lee
University of Maryland

Case studies of clients representing many different cultural, racial, and ethnic backgrounds illustrate the subtle dimensions of counseling culturally different clients. Case topics discussed include sexual orientation issues, conflicts within cultures, abuse, violence, physical disability, grief, and more. In each case, the client’s history is presented, followed by three analyses: The first is from a conceptual perspective; the second is from an existential perspective, which uses a universal model to counsel culturally different clients; and the third is based on the DSM diagnostic model. A brief explanation and sample discussion questions follow to provide the reader with a clear understanding of the complexities of each case and a rationale for each analysis.

1999 | 240 pgs | Order #72686 | ISBN 978-1-55620-210-0
List Price: $49.95 | ACA Member Price: $35.95
Anne Marie “Nancy” Wheeler and Burt Bertram

“The degree to which the authors have clearly explained the many legal and ethical issues, provided background and historical information, and referenced the ACA Code of Ethics compels one to read chapter after chapter. This book is a truly superb resource for all counseling professionals.”

—Thelma T. Daley, EdD
ACA Past President

Attorney Nancy Wheeler and Burt Bertram, a counselor, consultant, and counselor educator, combine their extensive experience to provide a broad overview of the law and the potential areas of liability that counselors may encounter in their daily practice. This edition is revised in accordance with the 2005 ACA Code of Ethics and contains information on federal and state law to guide counselors in making crucial legal and ethical decisions. Topics addressed include civil malpractice liability, licensure board complaints, confidentiality, HIPAA, duty to warn, suicide and threats of harm to self, professional boundaries, records and documentation, and managing your counseling practice.

Read this book and pass an online test on its content and you will earn 6 CE credits and receive a 10% discount on your ACA Insurance Trust–endorsed liability insurance (HPSO) renewal for 3 consecutive years—all while protecting your practice and your clients. Visit counseling.org/catl to learn how. ACA members receive a special discount on the purchase of the test!

Free podcast available to ACA members at counseling.org/resources!

Documentation in Counseling Records: An Overview of Ethical, Legal, and Clinical Issues, Third Edition
Robert Mitchell

Fully revised in accordance with the 2005 ACA Code of Ethics, and with an expanded focus on ethical conduct and the importance of professional values, this helpful monograph offers guidelines on how to keep client records that are legally, clinically, and fiscally sound. Mitchell provides information on how counselors can help protect themselves from lawsuits and allegations of unethical conduct, assist in court cases, speed third-party reimbursements, master electronic record keeping, and enhance the quality of care through effective communication. This edition contains new information on cultural sensitivity, online counseling, dual relationships, sexual relationships, and integrity. In addition, a new chapter on ethical considerations offers counselors a mini-workshop format for discussing ethical and procedural questions in the workplace.

List Price: $33.95 | ACA Member Price: $25.95
**ACA Ethical Standards Casebook, Sixth Edition**  
*Barbara Herlihy and Gerald Corey*

A resource no counselor or counselor-in-training can afford to be without—the ACA Ethical Standards Casebook provides a detailed analysis of the 2005 *ACA Code of Ethics* and a foundation for ethical decision making in counseling practice. Through enlightening case studies and vignettes, the Casebook offers expert guidance in applying ethical standards in work with diverse clients. This edition reflects the latest changes in the Code, including modifications to thinking on dual relationships, online counseling, and the nuances of culturally sensitive counseling.

List Price: $60.95 | ACA Member Price: $38.95

**Boundary Issues in Counseling: Multiple Roles and Responsibilities Second Edition**  
*Barbara Herlihy and Gerald Corey*

The second edition of this widely used text reflects the profession's most current thinking on nonprofessional and multiple relationships. Revised in accordance with the 2005 *ACA Code of Ethics* and ethical codes of related professional associations including APA, ACES, ASCA, AAMFT, ASGW, and NASW, this book is a necessity for all counselors seeking to make sense of and develop a clear personal stance on this controversial topic.

List Price: $52.95 | ACA Member Price: $36.95

**ACA Code of Ethics**  
*As Approved by the ACA Governing Council*

The *ACA Code of Ethics* was revised in 2005, and substantial updates occurred in many areas including online counseling, dual relationships, and cultural sensitivity. The online counseling section addresses multiple issues that have arisen with advances in technology and provides guidance on ethical distance counseling practice. Also, a major advancement was made in the area of dual relationships. The previous Code recommended avoiding most forms of dual relationships; the new Code identifies circumstances in which a dual relationship may be acceptable. Nineteen state licensure boards have adopted ACA’s Code as the state-mandated code of ethics in counseling. Single copy downloads of the *ACA Code of Ethics* are available free at counseling.org/ethics. The Code is also available in packages of 25 for classroom and presentation use.

2005 | 24 pgs | Order #72838  
List Price: 25 copies for $35.00 | ACA Member Price: 25 copies for $25.00
The ACA Encyclopedia of Counseling

“This encyclopedia is like no other reference in professional counseling. Whether preparing for a credentialing exam or an unfamiliar client issue, this book serves as a review of salient information or a quick resource for other in-depth treatments of the topic.”

—Thomas J. Sweeney, PhD
Professor Emeritus, Ohio University

This premiere counseling reference book is ideal for students, educators, supervisors, researchers, and practitioners seeking to quickly and efficiently update or refresh their knowledge of the most important topics in counseling. More than 400 entries span the 2009 CACREP core areas used in counselor preparation, continuing education, and accreditation of counseling degree programs, making this a perfect text for introductory counseling classes or for use as a study guide when preparing for the National Counselor Exam.

The ACA Encyclopedia of Counseling goes beyond simply defining counseling concepts by making the material come alive through its user-friendly writing style and format; instructive examples that connect readers to practice, teaching, supervision, and research; and its helpful cross-referencing of entries, boldfaced important terminology, and suggested resources for further study.

List Price: $99.95 | ACA Member Price: $74.95

Counseling Strategies for Loss and Grief
Keren M. Humphrey

“Although many books have addressed grief, none have provided such a comprehensive approach, coupled with theoretically based applications. It is comprehensive enough that if you read only one book on how to help clients process and cope with loss, this is the book it should be.”

—Phyllis Erdman, PhD
Washington State University

This book describes a range of effective counseling strategies for loss and grief issues commonly presented in individual, family, and group psychotherapy. In Part 1, Dr. Humphrey discusses a variety of death- and non-death-related loss and grief experiences, provides conceptualization guidelines, outlines selected psychosocial factors, and describes intervention based on two contemporary grief models. Part 2 contains detailed therapeutic strategies organized according to focus or theoretical origins along with suggestions for implementation and customization to client uniqueness. Specific chapters include cognitive–behavioral and constructivist strategies, emotion-focused strategies, narrative therapy, solution-focused therapy, and adjunctive activities. The final chapter focuses on counselor roles and recommended professional and personal practices.

List Price: $48.95 | ACA Member Price: $35.95
Becoming a Counselor: The Light, the Bright, and the Serious
Second Edition
Samuel T. Gladding

This fascinating book provides insight into the turning points that influence professional growth and development as a counselor. Through the use of memorable and often humorous autobiographical vignettes, Dr. Gladding shares his experiences as one of the field’s most beloved and respected leaders. His personal experiences reflect universal themes in becoming a helping professional, and both novice and seasoned counselors will benefit from his knowledge, skill, and the wisdom drawn from more than 30 years in the profession.

Topics addressed include personal growth; finding what works and learning from failure; basic skills and counseling processes; creativity in counseling; multicultural and spiritual considerations; the influences of colleagues, friends, and family; working with groups and families; professional development; leadership; and termination. Each section of the book contains “Points to Ponder” to facilitate classroom discussion and personal reflection.

Published by the ACA Foundation
List Price: $29.95 | ACA Member Price: $24.95

Compelling Counseling Interventions: VISTAS 2009
edited by Garry R. Walz, Jeanne C. Bleuer, and Richard K. Yep

VISTAS 2009 presents 30 articles that address current and emerging issues affecting clients across the life span. Based on content sessions at the 2009 ACA Annual Conference & Exposition, the 2008 NCDA Global Conference, and the 2007 ACES Conference, these articles represent many of the best ideas and practices of ACA members and offer highly useful and specific information on innovative interventions that can be put to use in a variety of counseling settings.

Sections
- Career Counseling and Development
- Client Characteristics and Needs
- Counselor Education and Supervision
- Effective Counseling Interventions
- Research and Evaluation
- Technology and Counseling

List Price: $47.95 | ACA Member Price: $36.95
Developing Clinical Skills in Suicide Assessment, Prevention, and Treatment
Jason M. McGlothlin

In this text, McGlothlin explains how to conduct assessment interviews and use suicide assessment tools, identify levels of lethality using his SIMPLE STEPS model, create a comprehensive suicide prevention and treatment plan, and work with family members. In addition, he offers guidance on what to do when clients kill themselves and examines the legal and ethical issues surrounding suicide. Case examples, discussion questions, measurable individual and group activities, and skill-building resources throughout the book link theory to practice. The final chapter presents stories from the field to inspire counselor reflection and growth.

Free podcast available to ACA members at counseling.org/resources!

List Price: $49.95 | ACA Member Price: $33.95

Assessment of Client Core Issues
Richard W. Halstead

This monograph instructs counselors on how to better recognize, understand, and treat clients’ underlying problems. The model presented helps uncover the origin of these core concerns, provides a means to address them, and challenges counselors to move beyond the diagnostic limitations of the DSM to better serve their clients. This framework will also assist counselors in providing more targeted treatment plans.

List Price: $29.95 | ACA Member Price: $22.95

Distance Counseling: Expanding the Counselor’s Reach and Impact
edited by James F. Malone, Randy M. Miller, and Garry R. Walz

Written by highly experienced distance counseling specialists, this book addresses the wide range of issues involved in implementing distance counseling into traditional practice.

Key Features
• Offers an intervention that all counselors can add to their repertoire of skills
• Provides a sound conceptual basis for distance counseling
• Includes direct, how-to instructions to help you acquire imperative distance counseling competencies
• Starts you toward certification as a Distance Credentialed Counselor

Copublished by Counseling Outfitters, Ready Minds, and ACA
List Price: $44.95 | ACA Member Price: $29.95
Counseling Adults in Transition: Linking Practice With Theory
Third Edition
Jane Goodman, Nancy K. Schlossberg, and Mary Anderson

The model and techniques presented in this book can be used in individual and group counseling to help adults explore the important factors in their situations, understand what is normal about adulthood and life transitions, and enhance their ability to cope. The authors discuss major theories of adult development, the transition framework, and the factors influencing how adults manage transitions. This edition expands on areas that have gained increased attention in recent years, including cultural diversity, spirituality, and advocacy. An appendix on non-events encompasses practical suggestions and exercises for helping adults navigate life’s disappointments and disillusionments.

Published by Springer Publishing Company, Inc.
List Price and ACA Member Price: $65.95

Counseling as an Art: The Creative Arts in Counseling, Third Edition
Samuel T. Gladding

In the third edition of this much-loved text, Dr. Gladding demonstrates how music, dance, imagery, literature, drama, and humor can be used independently and complementarily in counseling. Clients of all ages and cultural backgrounds will benefit from the clinically tested techniques presented in this inspiring book. Counseling as an Art is sure to become a treasured resource that you will reach for time and time again in looking for new ways to enhance your skills and effectiveness as a helping professional.

List Price: $44.95 | ACA Member Price: $27.95

Counseling for Wellness: Theory, Research, and Practice
edited by Jane E. Myers and Thomas J. Sweeney

A classic in the field, Counseling for Wellness presents a research-based model for improving physical and mental health and well-being. Twenty-eight experts provide life-enhancing counseling applications for diverse client groups, which can be used in schools, mental health agencies, counselor education programs, and business and industry. Wellness measurement, formal and informal assessment techniques, and future directions for research are discussed in detail.

List Price: $46.95 | ACA Member Price: $29.95
Suicide Across the Life Span: Implications for Counselors
edited by David Capuzzi

Suicidal preoccupation and completion are significant concerns for counselors working with clients in all age groups, but many counselors do not have the formal training needed to assist at-risk clients. Suicide Across the Life Span fills this training gap and offers detailed information on topics such as identifying the risk factors for suicide; suicidal assessment; ethical and legal considerations; and counseling techniques for work with children, adolescents, adults, and survivors and their families.

List Price: $56.95 | ACA Member Price: $35.95

Resources From the Office of Public Policy & Legislation

All resources listed below are available to ACA members on the ACA Web site at counseling.org

ACA Member Price: FREE!

Effective Communication With Legislators
How can you advocate most effectively for your profession on the local, state, and national levels? It is easier than you think! Available online only.

The Effectiveness of and Need for Professional Counseling Services
This briefing paper describes the need for counseling services, the costs of lack of access to needed services, and the effectiveness of counseling. Available online only.

Effectiveness of School Counseling
This brochure is a collection of research sources that address the effectiveness of school counseling services, including their contribution to the personal and academic success of students. Available online only.

Federal Information Resources for Professional Counselors
Tap into the resources of the federal government to expand your knowledge and build your skills. Available online only.

A Guide to State Laws & Regulations on Professional School Counseling 2010
The latest on state certification requirements and counseling mandates. $10.00 for non-members.

No Child Left Behind: Sources of Funding That Support School Counseling and Mental Health Services
This guide provides an overview of provisions in No Child Left Behind that allow use of funds for mental health and school counseling services. Available online only.

Public Awareness Ideas and Strategies for Professional Counselors
Promote yourself and your profession using the wide range of how-tos and helpful resources included in this guide. Available online only.
The Life and Work of Carl Rogers
Howard Kirschenbaum

This authoritative biography of Carl Rogers provides a new generation with a detailed look at Rogers’ enormous influence on counseling. It contains insightful excerpts from interviews the author conducted with Rogers’ relatives and colleagues, new revelations about Rogers’ life and work, and 16 pages of photographs. In addition, it incorporates information found only in private documents released after Rogers’ death including his personal relationships, his dealings with the CIA, alcohol, and the paranormal and spirituality.

Free podcast available to ACA members at counseling.org/resources!

List Price: $69.95 | ACA Member Price: $49.95

The New Handbook of Administrative Supervision in Counseling
Patricia Henderson

Whether you are a practicing, new, or aspiring first-line supervisor in a mental health agency, center, private practice, or school, this book is for you. It highlights the skills needed to fulfill 18 job responsibilities such as implementing your vision, advocating for services and staff members, navigating the politics inherent in work environments, building a team of staff members, managing budgets, and maintaining your own professional integrity and development. Useful forms are provided, as are self-directed exercises designed to facilitate personal reflection. Sponsored by the Association for Counselor Education and Supervision

Published by Routledge/Taylor & Francis Group
List Price and ACA Member Price: $69.95

Critical Incidents in Clinical Supervision: Addictions, Community, and School Counseling
edited by Lawrence E. Tyson, John R. Culbreth, and Judith A. Harrington

Sharpen your supervision skills with this book that goes to the heart of what constitutes good practice. Experts in the field provide guidance on critical aspects of supervision through case incidents in which a supervisor or supervisee is facing an ethical, moral, legal, or clinical dilemma. Thirty-three incidents addressing supervision issues that commonly occur in chemical dependency, community counseling, and school settings are presented.

List Price: $45.95 | ACA Member Price: $29.95
Albert B. Hood and Richard W. Johnson

This top-selling handbook details the basic principles of psychological assessment and the tests most widely used by counselors. Hood and Johnson explain how to choose and administer testing instruments, conduct assessments, and interpret and communicate test results. More than 100 instruments—used with diverse populations in schools, university counseling centers, government, mental health clinics, and private practice—to assess intelligence, academic aptitude, career development, personal values measurement, interpersonal relationships, mental health, and ethnic minority populations are described.

List Price: $65.95 | ACA Member Price: $46.95

Supervision Strategies for the First Practicum, Third Edition
Susan Allstetter Neufeldt

Dr. Neufeldt gives clear, step-by-step instruction for supervisors through a case conceptualization model and two semesters of weekly clinical training of supervisees. She emphasizes the importance of establishing an ethical and collaborative supervisory relationship in which the supervisor and supervisee can learn from each other throughout the counseling process. Basic and advanced supervision strategies designed to produce trainee growth at each developmental milestone are illustrated through dialogues that show supervision in action. This edition provides a detailed discussion on multicultural issues in supervision and innovative activities for classroom use have been added.

List Price: $49.95 | ACA Member Price: $33.95

Professional Counseling 101: Building a Strong Professional Identity
Mark Pope

ACA leader Mark Pope presents columns from his presidential year and never-before published writings in this engaging book that is guaranteed to instill or rekindle your pride in the counseling profession. These passionate essays explore the nuances of professional identity and express the profundity of professional counselors’ work. Writing on topics as diverse as the art of building relationships, multicultural skill development, GLBT rights, and professional opportunities and responsibilities, Pope conveys his love of counseling in a highly readable, personal, and informative style. Both novice and experienced counselors will find themselves reaching for this book time and time again to respark their enthusiasm for the profession.

List Price: $18.95 | ACA Member Price: $12.95
Mastering the Art of Solution-Focused Counseling
Jeffrey T. Guterman

*Mastering the Art of Solution-Focused Counseling* takes a highly effective model to a new level by helping clients identify and harness their existing strengths, resources, and problem-solving skills to promote positive change. Numerous case examples clearly illustrate this approach throughout the therapeutic process with clients experiencing problems such as depression, substance abuse, grief, suicidal behavior, trichotillomania, and schizophrenia.

2006 | 175 pgs | Order #78067 | ISBN 978-1-55620-267-4
List Price: $46.95 | ACA Member Price: $35.95

Special Populations in College Counseling:
A Handbook for Mental Health Professionals
edited by Joseph A. Lippincott and Ruth B. Lippincott

Twenty-two chapters on concerns as wide ranging as substance abuse, sexual trauma, relationship violence, transgenderism, grief, and spirituality are included in this timely text. The special needs of students with autism and Asperger's syndrome, mobility impairments, chronic medical conditions, learning disabilities, blindness, deafness, severe psychiatric disorders, and self-injurious behavior are also detailed. In addition, the unique issues faced by third-culture students, first-generation students, adult learners, athletes, military veterans, students in academic jeopardy, and students who have been mandated for counseling are addressed. Each chapter provides counseling strategies and consultation and referral suggestions.

List Price: $55.95 | ACA Member Price: $42.95

The New Handbook of Counseling Supervision
L. DiAnne Borders and Lori L. Brown

This book provides a best principles and best practices overview of the counseling supervision process, one that is firmly rooted in the recent explosion of empirical research in the field. It is written for teachers of counseling supervision courses, those who manage beginning supervisors, supervisors in field settings, and in-service workshop trainers who want how-to applications of the research literature, with concrete examples, rather than a comprehensive review of the supervision literature. Discussion questions, vignettes, and sample forms and materials are included to enhance application of important concepts in each chapter. Sponsored by ACES.

Published by Routledge/Taylor & Francis Group
List Price and ACA Member Price: $45.00
Journeys to Professional Excellence: Lessons From Leading Counselor Educators and Practitioners
edited by Robert K. Conyne and Fred Bemak

Fifteen leaders in the counseling field share their personal and professional stories in this refreshingly honest and deeply moving book. Through powerful and revealing narratives, these esteemed counselors disclose how they chose their career paths, what challenges they have faced, what factors contributed to their successes and failures, how they balance work and their personal lives, and what advice they have for those entering the profession.

Contributing Authors
• Patricia Arredondo
• Madonna Constantine
• Gerald Corey
• George Gazda
• Samuel Glading
• Jane Goodman
• A. Michael Hutchins
• Allen Ivey
• Jeffrey Kottler
• Courtland Lee
• Judy Lewis
• Marianne Mitchell
• Mark Pope
• Derald Wing Sue
• Clemmont Vontress

List Price: $24.95 | ACA Member Price: $19.95

College Counseling: Issues and Strategies for a New Millennium
edited by Deborah C. Davis and Keren M. Humphrey

“A ‘must read’ for anyone who is working as a college counselor or considering a career in college counseling. The authors provide many practical tips and how-tos that will assist all professionals in the field.”

—Donna Ford MS,NCC,LPC
ACA President, 1999–2000

This practical guide gives an overview of the myriad roles and responsibilities of college counselors, explores changing institutional demands, and offers techniques for serving the needs of an increasingly diverse group of students, including traditional and non-traditional learners and ethnic minority and international students. The authors also provide creative counseling ideas, a comprehensive examination of issues impacting college counselors, and an extensive history of the college counseling profession.

List Price: $45.95 | ACA Member Price: $31.95
Suicide Prevention in the Schools: Guidelines for Middle and High School Settings, Second Edition

David Capuzzi

“All school counselors, regardless of their level of knowledge of youth suicide and prevention strategies, will gain helpful information that they can use in their setting from this informative and engaging book.”

—Lynn Linde, EdD
Loyola College in Maryland

In this book, David Capuzzi, a renowned expert on suicide, promotes suicide prevention in schools through the use of a clear and effective crisis management plan designed to identify and serve at-risk youth. His concise, step-by-step framework provides essential information for school counselors, administrators, and faculty on suicide assessment, faculty roles and responsibilities, and instructions on how to implement a building- or district-wide prevention program.

Key Features

• Discussion of risk and protective factors
• Content for faculty training and preparation of crisis teams
• Postvention after a suicide attempt or completion
• Legal aspects of youth suicide prevention
• Parental education
• Classroom lesson plans
• Instructor PowerPoints for each chapter available on request

List Price: $29.95 | ACA Member Price: $24.95

Solution-Focused Counseling in Schools, Second Edition

John J. Murphy

This book offers a refreshingly positive and practical approach to resolving a diverse range of problems from preschool through high school. Drawing on the most recent research and on his extensive experience as a school practitioner and trainer, Dr. Murphy presents a step-by-step guide to solution-focused counseling in today’s schools. This strength-based approach is illustrated through real-world examples and dialogues from actual counseling sessions. User-friendly forms, questionnaires, and handouts are provided for immediate application with students, teachers, and parents.

Learn to facilitate solutions by defining changeable problems and setting realistic goals • developing cooperative, change-focused relationships • building on exceptions • changing the doing and viewing of the problem • evaluating and sustaining progress • troubleshooting when things do not go as planned • and ending counseling on a positive note.

Free podcast available to ACA members at counseling.org/resources!

List Price: $47.95 | ACA Member Price: $35.95

Best Seller!
Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents, Fifth Edition
edited by David Capuzzi and Douglas R. Gross

The latest version of this best-selling text examines the challenges that can arise between adolescence and adulthood. Drs. Capuzzi and Gross and 25 contributing authors provide techniques for addressing dysfunctional family dynamics, low self-esteem, mood disorders, stress and trauma, eating disorders, suicidal behavior, teen sexuality, the needs of queer youth, gang membership, school violence, substance abuse, homelessness, and school dropout. A new chapter, “‘I’ll Cry Tomorrow’: Diverse Youth and the Scars That Don’t Show,” has been added to this edition to provide a detailed look at the unique stressors faced by ethnic minority youth. A complimentary test manual and PowerPoints for instructors’ use are available by request on university letterhead.

List Price: $64.95 | ACA Member Price: $46.95

School Counselors Share Their Favorite Group Activities: A Guide to Choosing, Planning, Conducting, and Processing
edited by Louisa L. Foss, Judy Green, Kelly Wolfe-Stiltner, and Janice L. DeLucia-Waack

In this versatile book, practicing school counselors share their favorite group activities—67 of them in all—for working with children and adolescents in schools. For ease of use, activities are arranged by age as well as by stage. Introductory chapters highlight selection, use, and processing of activities, as well as ethical issues inherent in working with students in schools. Each activity contains specific directions, goals, materials, and ideas for adaptation. Suggestions for creating a supportive environment for groups are also included.

Published by the Association for Specialists in Group Work
List price: $45.00 | ACA Member Price: $35.00

Free Podcasts for ACA Members

Access ACA Podcasts at counseling.org, scroll down and click on ACA Podcast Series on bottom right

What is a podcast?
Prerecorded interviews that you can listen to from your own computer or any computer. You can also download them to an iPod or MP3 player.
Developing & Managing Your School Guidance and Counseling Program
Fourth Edition
Norman C. Gysbers and Patricia Henderson

Written for school counselors and educational leaders, the fourth edition of this top-selling text presents an empowering response to the challenges and reforms taking place within the educational system. This book offers a one-of-a-kind organizational framework useful both for establishing new counseling programs and for improving existing programs. Organized around Gysbers and Henderson’s acclaimed K–12 model for planning, designing, implementing, evaluating, and enhancing counseling programs, this handbook is unequaled in its scope, depth, and practicality. Attention to counselor accountability and the range of issues students present make this an indispensable resource for all school counselors.

List Price: $64.95  I  ACA Member Price: $46.95

Supervising the School Counselor Trainee: Guidelines for Practice
Jeannine R. Studer

This book provides a much needed set of practical guidelines that explain the how-tos of school counseling supervision. The authors discuss current supervisory models and trends in supervision, the supervisor’s role in each stage of the supervisory process, the relationship between the ASCA National Model and supervision, the use of technology, legal and ethical issues, working with difficult trainees, supervisory techniques, and the evaluation process. In addition, the numerous training exercises, forms, case examples, questions for reflection, supervision resources, and ethical guidelines found in this manual help to demystify and facilitate the supervision process.

List Price: $44.95  I  ACA Member Price: $29.95

Applying the Standards for Educational and Psychological Testing—What a Counselor Needs to Know
Association for Assessment in Counseling and Education

Authors of this monograph review the Standards for Educational and Psychological Testing prepared by the American Psychological Association, the American Educational Research Association, and the National Council on Measurement in Education. Standards appropriate for counselors have been selected, and the implications for educational and clinical settings are explained.

Published by the Association for Assessment in Counseling and Education
2002  I  54 pgs  I  Order #72818
List Price: $13.95  I  ACA Member Price: $10.95
Critical Incidents in School Counseling, Second Edition
edited by Lawrence E. Tyson and Paul B. Pedersen

The incidents in this text illustrate the difficult decisions that school counselors face and create learning opportunities for further discussion. Several experts in the field analyze each incident and discuss the consequences of the various choices available to the counselor. Issues explored include addiction, pregnancy, suicide, sexual harassment, gangs, parenting, divorce, sexual orientation, and violence.

List Price: $46.95 | ACA Member Price: $28.95
Active Interventions for Kids and Teens: Adding Adventure and Fun to Counseling!
Jeffrey S. Ashby, Terry Kottman, and Don DeGraaf

“The authors provide the proverbial ‘cookbook’ that so many of us crave by tapping into the unlimited learning and fun that is available to those willing to connect with the healing power of play.”
—Scott Riviere, MS, LPC, RPT-S
Founder and Director of K.I.D.Z., Inc. & Healing KIDZ, Inc.

This engaging guide contains 50 action-oriented activities that can be used in groups with children, adolescents, and adults. Combining fun with proven adventure therapy strategies, the activities are designed to stimulate learning, promote social and emotional development and insight, cultivate strategic skills, foster change, and encourage teamwork. For quick and easy use, each activity lists age range, game rules, goals and objectives, materials required, modification suggestions, and post-activity processing and discussion questions. Additionally, helpful matrices organize the activities by type, goals, objectives, and grade levels to help group leaders find the right activity at the right time, whether in school or mental health settings. The authors also include chapters with lots of practical suggestions for leading the activities in ways that are safe, enjoyable, and facilitative of the therapeutic goals.

2008 | 238 pgs | Order #72875 | ISBN 978-1-55620-256-8
List Price: $44.95 | ACA Member Price: $32.95

John Sommers-Flanagan and Rita Sommers-Flanagan

“School counselors, community and family counselors, and parents will benefit from the concepts, perspectives, and ideas presented in this unique book. The authors’ emphasis is on techniques that will enhance counseling skills and build the reader’s repertoire of strategies to use to connect with children and adolescents.”
—Tamara E. Davis, EdD
Marymount University

Tough Kids, Cool Counseling offers practical strategies for overcoming resistance, fostering constructive therapy relationships, and creating opportunities for client change and growth. John and Rita Sommers-Flanagan’s infectious spirit and creative techniques will help you bring renewed energy into the counseling process. In this edition, the authors offer a new chapter on resistance busters and present updated and fresh ideas for establishing rapport, carrying out informal assessments, improving negative moods, modifying maladaptive behaviors, and educating parents. Suicide assessment, medication referrals, and therapy termination are also discussed.

Free podcast available to ACA members at counseling.org/resources!

List Price: $46.95 | ACA Member Price: $35.95
Critical Incidents in Counseling Children

This phenomenal resource offers strategies for counseling children under the age of 13 in both school and nonschool settings. Renowned experts examine cases on an extensive array of common childhood issues. Each case offers specific suggestions for working with clients for whom words are not necessarily their primary form of communication. Instead of focusing solely on success stories, the authors also discuss especially challenging cases and give candid descriptions of their self-doubt and confusion about how to proceed.

List Price: $55.95 | ACA Member Price: $35.95

Assessment and Intervention With Children and Adolescents: Developmental and Multicultural Approaches, Second Edition

Ann Vernon and Roberto Clemente

Written for busy helping professionals working with kids who are experiencing problems typical for their age group, Assessment and Intervention With Children and Adolescents provides techniques to help determine the exact nature of the problem and what to do about it. Vernon and Clemente combine specific, age-and-culture appropriate assessment procedures with techniques for meeting the counseling needs of young clients. Detailed case studies, games, and learning activities offer creative new ideas to help youth face the challenges of growing up in today's world.

List Price: $45.95 | ACA Member Price: $27.95

Partners in Play: An Adlerian Approach to Play Therapy
Second Edition

Terry Kottman

Partners in Play combines the basic principles of Individual Psychology with tested techniques in play therapy. Dr. Kottman describes the necessary tools to strengthen therapeutic relationships with children—especially those with problematic attitudes—their parents, and their teachers and to engage them all in making changes that benefit the client. Detailed information on developing treatment plans, innovative strategies for using art and metaphors with children, and realistic case studies that illustrate each stage of Adlerian play therapy are included.

List Price: $48.95 | ACA Member Price: $33.95
Therapeutic Dinosaur Games
Bradley T. Erford • Sponsored by the ACA Foundation

Have you used therapeutic games that were mostly “game” and little “therapy” or used cards that only addressed an issue that brought the child to therapy every fifth or tenth turn? If you have, you no doubt have felt the same frustrations of countless colleagues who believe in the effectiveness of therapeutic games, but wish someone would develop games that hit the important issues harder and with greater focus on the behaviors children must develop to cope with their difficulties. The structure of each game focuses children and teens on the important issues that brought them to counseling—on each and every turn—thus maximizing the value of counseling time, enhancing learning and therapeutic change, and countering the criticism that play therapy is “all play” and “no therapy.”

These innovative counseling based board games help children understand and cope with a wide range of life issues through play therapy. By purchasing different card sets, the same board can be used to create a variety of games.

**Dinosaur Game Board (2-sided)**
Two game boards in one! This colorful, double-sided, 30” by 40” dinosaur-themed game board is protected by a 3-milimeter laminate. The two sides present beautiful renditions of a plesiosaur and triceratops.

*Note: The Dinosaur Game Board must be purchased to use all of the therapeutic card sets and the dinosaur game pieces.*

Order #82013
List Price and ACA Member Price: $29.99

**Perfectionism**
Includes 14 card sets dealing with the following topics: Homework, Projects, Quizzes, Tests, Grades, Individual Competition, Team Competition, Appearance in School, Appearance in the Community, Parent Relationships, Sibling Relationships, Teacher Relationships, Friendships, and Procrastination.

Order #82001
List Price and ACA Member Price: $26.99

**Self-Concept**
Includes 4 card sets dealing with the following topics: Appearance, Relationships, Academics and Competition, and Family Issues.

Order #82002
List Price and ACA Member Price: $9.99

**ADHD Game**
Includes 7 card sets dealing with the following topics: Coping With Distractibility and Inattention, Coping With Disorganization, Coping With Hyperactive-Impulsive Behavior, Adjusting to Interventions, Dealing With Academic Problems, Handling Social Situations, and Handling Important Relationships.

Order #82003
List Price and ACA Member Price: $15.99

**Solving Problems**
Includes 4 card sets dealing with the following topics: Intrapersonal Problems, Problems at School, Problems at Home, and Problems With Friends.

Order #82004
List Price and ACA Member Price: $9.99

**Studying Skillfully**
Includes 6 card sets dealing with the following topics: Habits, Listening, Organization, Following Directions, Homework, and Test Taking.

Order #82005
List Price and ACA Member Price: $13.99
Social Skills
Includes 10 card sets dealing with the following topics: Sharing, Cooperation, Apologizing, Following Directions, Listening, Compliments, Accepting Criticism, Conversations, Helping Others, and Accepting Others.
Order #82006
List Price and ACA Member Price: $19.99

Good Grief
Includes 10 card sets dealing with the following topics: Learning About Death, Long-Term Illnesses, Dealing With Unexpected Loss, What Happens at Funerals, After the Loss, Dealing With the Loss of a Pet, Dealing With the Loss of a Grandparent, Dealing With the Loss of a Parent, Dealing With the Loss of a Sibling, and Dealing With the Loss of a Peer.
Order #82007
List Price and ACA Member Price: $19.99

Understanding Anger
Includes 6 card sets dealing with the following topics: Learning About Anger, Coping With Anger, Anger and Friends, Anger and the Family, Anger at School, and Anger and Sports.
Order #82008
List Price and ACA Member Price: $13.99

Conflict Resolution
Includes 9 card sets dealing with the following topics: The Nature of Conflict, Conflicts With Peers in the Community, Conflicts With Adults in the Community, Conflicts With Other Community Members, Conflicts Over the TV, Conflicts With Peers at School, Conflicts With Adults at School, Other Conflicts at School, and Conflicts at Sporting Events.
Order #82009
List Price and ACA Member Price: $17.99

Changing Families
Order #82010
List Price and ACA Member Price: $19.99

Set A: 6 Dinosaur Game Pieces
Set of six color, plastic dinosaur game pieces. Set A contains a dimetrodon, megalosaurus, pachycephalosaurus, stegosaurus, allosaurus, and a diplodocus.
Order #82012
List Price and ACA Member Price: $9.99

Set B: 6 Dinosaur Game Pieces
Set of six color, plastic dinosaur game pieces. Set B contains a parasaurolophus, velociraptor, euoplocephalus, tyrannosaurus, dilophosaurus, and a chasmosaurus.
Order #82011
List Price and ACA Member Price: $9.99

Additional Therapeutic Games by Bradley Erford!

Stressbuster Relaxation Exercise CD, Volume 1
This CD contains six guided relaxation exercises, including segments using progressive muscle relaxation. Exercises include Releasing the Dam, Breaking Down the Walls, Fireside Stretching, as well as guided visual imagery journeys to a Tropical Hideaway, The Meadow, and Springtime Breezes. Useful as centering, homework and in-session relaxation exercises with individuals, small groups, and large audiences.
50 minutes | Order #82000
List Price and ACA Member Price: $17.99
The Mutual Storytelling Technique Game on CD-ROM
The Mutual Story-Telling Technique Game (MSTG) is a psychodynamic, diagnostic, and problem-solving strategy for creating change in the thoughts, feelings, and behaviors of children and adolescents. This computer program allows clients to select background storyboards (home, school, neighborhood, outdoors) and superimpose characters from diverse cultural backgrounds (African American, Hispanic American, Asian American, and White) and age groups (infants, children, adolescents, and adults of varying ages and occupations). A set of domestic and wild animals and dinosaurs serve as characters and the child tells a story using the characters and background for context. The counselor then analyzes the story and retells a story using similar aspects, but with more pro-therapeutic messages and resolutions, thus presenting the client with greater choices for handling his or her thoughts, feelings, and behaviors in real-world situations.

The MSTG-CD uses a Windows-based operating platform (Windows 95 or higher required) to add a user-friendly, point and click dimension. You can print the storyboard, make notes on it, and keep it as a running account of themes and progress.

Order #82014
List Price and ACA Member Price: $29.99

New Benefit for ACA Master’s Level Students
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The ACA Student membership of $91 now includes liability insurance to ACA student members enrolled and engaged in a master’s degree counseling curriculum at a postsecondary institution. Coverage is solely while performing counseling services (e.g., practicum and internship) related to such curriculum.

For more information, log on to counseling.org/student, or contact the ACA Member Services team at 800-347-6647, x222 (M–F, 8 am – 7 pm ET).
GROUP WORK

**Group Microskills: Culture-Centered Group Process and Strategies**
*Allen E. Ivey, Paul B. Pedersen, and Mary Bradford Ivey*

This book provides a foundation for training culturally competent group leaders. The specificity of the microskills approach allows both beginning and advanced students to see group work in action and to master its complexities at a deeper level. Clear, step-by-step learning activities are woven throughout the text to facilitate skill development and a solid understanding of the basics of group leadership. Topics covered include identifying and demonstrating basic listening, processing, influencing, and reflecting skills; managing conflict via confrontation; and honing focusing skills. An Instructor's Guide is available in the ACA Online Bookstore at counseling.org/publications. A Group Microskills DVD is offered FREE with class adoption of the text.

**Copublished by Microtraining Associates, Inc. and ACA**
**List Price and ACA Member Price: $49.00**

*edited by Janice DeLucia-Waack, Karen H. Bridbord, Jennifer Sue Kleiner, and Amy G. Nitza*

This book presents more than 50 creative group activities contributed by experienced group work professionals. Introductory chapters offer a helpful guide to the effective use and processing of structured activities in groups. The step-by-step descriptions of each activity include tips for successful implementation. A full range of types and stages of groups is covered. Group Work Experts Share Their Favorite Activities is a valuable resource for the practitioner's bookshelf and an excellent supplemental text.

**Published by the Association for Specialists in Group Work**
2006 | 190 pgs | Order #78070 | ISBN 978-1-55620-265-0
**List Price: $45.00 | ACA Member Price: $35.00**

**Critical Incidents in Group Counseling**
*edited by Lawrence E. Tyson, Rachelle Pérusse, and Jim Whitledge*

The incidents in this text provide a means to explore the difficult decisions that group leaders face and create learning opportunities for further discussion. Leading experts and practitioners in the field analyze each incident and discuss the behavior of the group leader and group members to afford the reader with insight into best practices. Issues considered include confidentiality, member screening, establishing trust, goal development, dual relationships, self-disclosure, referrals, and termination.

**List Price: $44.95 | ACA Member Price: $29.95**
Family Counseling for All Counselors
David M. Kaplan & Associates

Family Counseling for All Counselors will help you determine when to bring family members into the counseling process, establish good relationships with families, assess family issues, set goals for family progress, select and assess interventions, and reach closure. It is an ideal resource for private practice, schools, colleges, career development, rehabilitation, addiction counseling, and other specialties. This book is also highly recommended as a text to help students learn how to work with families. Sponsored by the International Association of Marriage and Family Counselors

Copublished by ProEd, CAPS Publications, and the ACA Foundation
List Price and ACA Member Price: $39.95

The Family Psychology and Counseling Series
Series Editor, Jon Carlson, PsyD, EdD

Copublished by ACA and IAMFC
Each Book in the Series
List Price: $21.95
ACA Member Price: $17.95

Integrating School and Family Counseling: Practical Solutions
edited by Lynn D. Miller

Written by veteran school counselors, this handbook offers easily implemented techniques for incorporating family counseling methods into school counseling. Discussions on family dynamics and achievement, fostering academic success, working with families who refuse to come to counseling at school, and empirically supported, school-based interventions make this an essential resource for counselors who work with children and adolescents.

2002 | 160 pgs
Order #72717 | ISBN 978-1-55620-184-4

Counseling African American Families
edited by Jo-Ann Lipford Sanders and Carla Bradley

This monograph highlights the strengths of the African American family and provides strategies for clinical assessment and treatment. Experts explore the common and distinct experiences of African American families and examine how social, economic, and political influences have affected them. Topics discussed include the evolution of African American family structures; family child rearing, disciplinary practices, and parenting styles; the construction of positive self-identity in children and adolescents; the role of Black fathers; intergenerational healing practices and rites of passage; and the influence of the Black church.

2002 | 115 pgs
Order #72710 | ISBN 978-1-55620-221-6
Integrative and Biopsychosocial Therapy: Maximizing Treatment Outcomes With Individuals and Couples
edited by Len Sperry

Integrative and biopsychosocial therapy is especially useful in working with difficult-to-treat cases in which conventional approaches have proven ineffective. Three different approaches for working with individuals, couples, and families are explored in this book with compelling case material that links theory and technique. A candid interview with integrative therapy pioneer Dr. John Clarken, on future treatment approaches in training and clinical practice, is also included.

2001 | 125 pgs
Order #72703 | ISBN 978-1-55620-185-1

Techniques in Marriage and Family Counseling, Volume One
edited by Richard E. Watts

Written by leading couple and family counselors, this monograph presents practitioner-friendly techniques and assessment instruments. These creative interventions will enhance your skills and help to improve the lives of your clients. Ideas for use in beginning counseling sessions are provided, as are techniques stemming from transgenerational theory and constructivist theory such as religious and intimacy genograms, therapeutic gossip, and scriptotherapy.

2000 | 125 pgs
Order #72667 | ISBN 978-1-55620-211-7

High-Performing Families: Causes, Consequences, and Clinical Solutions
edited by Bryan E. Robinson and Nancy D. Chase

This groundbreaking book explores our increasing obsession with work and the resulting imbalance between career and family life. Topics addressed include family patterns in the lives of overachievers, the parentification of children, parentification outcomes in the lives of high-profile individuals, the negative consequences of overwork and over-dedication to careers, and the relationship between high performance in the workplace and family relationships.

2001 | 200 pgs
Order #72698 | ISBN 978-1-55620-183-7

Techniques in Marriage and Family Counseling, Volume Two
edited by Richard E. Watts

Volume Two of Techniques in Marriage and Family Counseling brings together 19 practical interventions for enhancing communication between couples and families. Techniques presented are from cognitive, constructivist, and constructionist frameworks; structural and strategic orientations; and couple/ family play therapy. Interventions include therapeutic correspondence, split team therapy, brief cognitive couple therapy, reconstructing communication, sandplay with couples, and emotional balancing.

2002 | 155 pgs
Order #72704 | ISBN 978-1-55620-212-4

Feminist Family Therapy
edited by Kathleen M. May

This text focuses on how gender issues affect family therapy. A framework for understanding feminist family therapy and its applicability to all families is provided. Topics addressed include gender stereotypes and socialization, homophobia and heterosexism, women of color and their families, and family life-cycle issues.

2001 | 200 pgs
Order #72694 | ISBN 978-1-55620-207-0

Counseling Asian Families From a Systems Perspective
edited by Kit S. Ng

This monograph presents information on understanding and assessing Asian families, specific counseling modalities for treating clients from various countries of origin, and the unique challenges in work with Asian families.

1999 | 177 pgs
Social Construction in Couple and Family Counseling
edited by John D. West, Donald L. Bubenzer, and James R. Bitter

The authors describe the application of social constructivism in working with couples and families and discuss its use in the education and supervision of therapists.

1998 | 187 pgs
Order #72672 | ISBN 978-1-55620-165-3

Counseling Families With Chronic Illness
edited by Susan H. McDaniel

The authors examine the issues involved in working with people with AIDS, somatization disorder, and other chronic illnesses. Strategies for helping the patient and family develop a manageable treatment plan are presented.

1995 | 100 pgs
Order #72670 | ISBN 978-1-55620-144-8

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A Contemporary Approach to Substance Abuse and Addiction Counseling: A Counselor’s Guide to Application and Understanding

Ford Brooks and Bill McHenry

“This is the first addictions counseling text I have found that accurately describes and addresses the real work done by substance abuse counselors. It is written by authors who have extensive experience in treating addiction and who are in touch with addictions counseling as it is actually practiced. I have searched for such a text for years; I will definitely be adopting it for my addictions counseling course.”

—Charles F. Gressard, PhD
College of William & Mary

“This is a manual that is a must-have for any professional who works with clients with addiction problems.”

—PsycCRITIQUES

Straightforward and reader-friendly, A Contemporary Approach to Substance Abuse and Addiction Counseling provides a basic understanding of the nature of substance abuse and addiction; its progression; and clinical interventions for college/university, school, and community/mental health agency settings. Focusing on clinical applications and how-tos, this book will help counselors and counselors-in-training more fully engage in the helping process, find creative approaches for working with struggling clients, and embrace a holistic approach to assisting clients on their journey toward healing and recovery.

Topics covered
• Drug classifications
• Assessment
• Working with ethnically diverse clients, the GLBT population, and women
• The continuum from nonuse to addiction
• Developmental approaches in treating addiction
• Relapse prevention
• Grief and loss in addiction
• Group counseling
• Working with families
• Spirituality
• Addictions training and ethical issues
• Understanding and applying the 2009 CACREP Standards for Addiction Counseling
• Counselor self-care
• Real-life case examples and exploration questions to facilitate discussion

Free podcast available to ACA members at counseling.org/resources!

List Price: $49.95 | ACA Member Price: $35.95
Critical Incidents in Addictions Counseling
edited by Virginia A. Kelly and Gerald A. Juhnke

“Never in my academic career did I think that I would refer to a text as a ‘page turner,’ but Virginia Kelly and Gerald Juhnke have succeeded in creating one! Students will love this book and counselor educators will quickly discover the instructional possibilities of a text chock-full of case studies prepared by professionals with their questions then addressed by colleagues. In this instance, the many cooks made a splendid broth.”

—Brian A. Glaser, PhD
The University of Georgia

This text explores the opportunities and challenges of working with clients struggling with addiction. Each incident examines the client’s history and treatment and raises key questions for discussion. Leading practitioners analyze each incident and respond with revealing observations and recommendations about counselor conduct and client treatment. The concerns of women, ethnically diverse clients, adolescents, older adults, gamblers, and court-mandated clients are discussed, as are the intricacies of family addictions, group interventions, and incorporating spirituality into addictions counseling.

List Price: $24.95 | ACA Member Price: $19.95

Preventing Substance Abuse: A Guide for School Counselors
Amos Sales

Counselors are best suited to lead the effort to prevent substance abuse in schools and this book tells you how.

Key Features
• Four major components of a comprehensive K–12 school prevention program
• An action plan to implement effective prevention programming
• A special focus on prevention in extracurricular activities
• A rationale for why school counselors should initiate and lead this effort

This book also covers causation and prevalence of substance abuse, assessment, funding and policy issues related to prevention programming, and a brief overview of substance abuse as a problem in our society.

Copublished by CAPS Publications and the ACA Foundation
List price: $26.95 | ACA Member Price: $17.95
Career Counseling: Contexts, Processes, and Techniques
Third Edition
Norman C. Gysbers, Mary J. Heppner, and Joseph A. Johnston

“As an instructor, I am delighted to see a text that is adaptable to beginning and advanced career counseling contexts, that addresses contemporary work issues and challenges, and that attends to the concerns and strengths of diverse clients. This is a book to keep on the shelf in the career counseling office long after class is over for quick reference to concepts, options, and strategies.”
—Ellen Hawley McWhirter, PhD
University of Oregon

This book incorporates the most widely used traditional career counseling practices with new and emerging career development concepts, making it an exceptional text for both counselors-in-training and seasoned practitioners. The strengths-based career counseling interventions provided will help you deliver the best counseling services possible and empower your clients to reach their career goals.

Topics discussed include an examination of traditional and postmodern career theories and approaches; counseling an increasingly diverse workforce and addressing cultural context issues such as race, class, gender, and disability; forming a productive alliance with the client; gathering client information; using assessment inventories and instruments; developing client action plans; and navigating termination.

List Price: $64.95 | ACA Member Price: $45.95

Strengths-Based Career Development for School Guidance and Counseling Programs
Norman C. Gysbers and Richard T. Lapan

This publication is a must-read for school counselors, teachers, administrators, and other educational personnel committed to fully integrating strengths-based career development content and career guidance activities into their schools’ comprehensive guidance and counseling programs. Drs. Gysbers and Lapan give step-by-step instructions on how to achieve full integration using a holistic, development model that unites the academic, career, and personal–social domains of comprehensive guidance and counseling programs. The goal is to engage, energize, and prepare students to develop proactive, resilient, and adaptive approaches to the present as well as their personally valued futures.

Part I provides a historical overview of the theoretical foundation for comprehensive school guidance and counseling programs. Part II contains an organizational framework and evidence-based activities for delivering career guidance to Pre-K to 12 students. Part III offers a plan for designing, delivering, evaluating, and advocating for strengths-based career development in schools.

Published by Counseling Outfitters, LLC
2009 | 260 pgs | Order #72890 | ISBN 978-0-9795668-3-7
List Price: $47.95 | ACA Member Price: $36.95

Best Seller!
More Than a Job! Helping Your Teenagers Find Success and Satisfaction in Their Future Careers
Richard T. Lapan

“Every parent should read this book! Dr. Lapan honors the pivotal role of parents in the career decision-making process and guides the way for parents and others to enter into a coaching relationship with teens so that together they can make career plans that best fit their desired future. In addition, school counselors and career development professionals will benefit by incorporating Dr. Lapan’s expertise on parental involvement into their work.”

—Donna Vrbka
Director of School Counseling
Nebraska Department of Education

Motivating teenagers to become actively engaged in their own career development is not always easy, but this book makes it fun. Written for parents, school counselors, and private practitioners, More Than a Job! provides an easy-to-follow, step-by-step plan to help adolescents prepare for their future educational and career goals. Lapan’s TEAM (Targets, Examples, Assessments, Mutual Actions) approach includes a series of exercises and activities for teens and adults to do together that identify strengths and areas of concern, foster clear communication and interpersonal skills, enhance self-confidence, and increase resiliency and independence in adolescents so that they are able to work toward successful and rewarding careers. These exercises not only promote serious career exploration through behavioral targets and goal formation, they also build a trusting, supportive, and caring working alliance between teenagers and adults.

List Price: $29.95 | ACA Member Price: $24.95

Family Matters: The Influence of the Family in Career Decision Making
Robert C. Chope

Family Matters places the family front and center as one of the premier influences in career decision making. Counselors will find an array of valuable techniques for exploring how clients are affected by family history, culture, and attitudes. Activities and exercises that emphasize key concepts and the acquisition of new skills are included.

Key Benefits
• Reads like a novel, with interesting family anecdotes and biographies
• Contains exercises in each chapter that job seekers, counselors, and counselor educators will find useful
• Presents the five most significant sources of career stress that all families, including immigrant families, must respond to if they are to find meaningful work
• Gives innovative strategies for including the family as a part of the job seeker’s network and shows how the best mentors might be within one’s own family
• Offers new ideas about how people can break away from the influence of dysfunctional families

Published by ProEd and CAPS Press, LLC
List Price: $32.95 | ACA Member Price: $24.95
Knowledge Nomads and the Nervously Employed: Workplace Change & Courageous Career Choices
Rich Feller and Judy Whichard

Practical and highly readable, Knowledge Nomads and the Nervously Employed explores the abilities and personal traits needed to secure and maintain employment in our rapidly changing global economy. This book will motivate you to step out of your comfort zone, develop new skills and behaviors, and make courageous career choices that will nurture your passions and maximize your potential. Learn what it takes to succeed in today's workplace, improve your skills, view career development as a lifelong process, stay ahead of shifting workplace trends, and use technology to its fullest. Written for career counselors, organizational change agents, and educational leaders who specialize in developing potential, improving performance, and staying abreast of the latest concepts and practices in career development, as well as for students and adults in transition searching for what it takes to succeed.

Published by ProEd and CAPS Press
List Price: $29.95 | ACA Member Price: $22.95

Career Development Across the K–16 Years: Bridging the Present to Satisfying and Successful Futures
Richard T. Lapan

“This book is a significant scholarly contribution to the literature. Lapan’s model achieves an interactive synthesis of the constructs of identity development, expectations, work readiness, academic achievement, vocational interests, and person–environment fit. It is truly a ‘must read’ for academics and practitioners alike.”

—JoAnn Harris-Bowlsbey, PhD
Career Development Leadership Alliance

Dr. Lapan’s model offers a framework for exploring how fundamental career constructs develop within an interconnected network of cultural, social, economic, and political contexts. Exemplary career counseling constructs and techniques for all educational levels are provided to link theory to practice. Professionals will learn the skills necessary to empower young people to make proactive, life-affirming career choices that enhance personal satisfaction and well-being.

List Price: $48.95 | ACA Member Price: $34.95
These classic books are available while supplies last. Don’t miss the opportunity to complete your home or institutional library with these proven and useful texts.

MULTICULTURALISM & DIVERSITY

Paul Pedersen
2000 | 230 pgs | Order #72692
ISBN 978-1-55620-177-6 | List Price: $55.95
ACA Member Price: $39.95

PROFESSIONAL DEVELOPMENT

The Emerging Professional Counselor: Student Dreams to Professional Realities, Second Edition
Richard J. Hazler and Jeffrey A. Kottler
2005 | 211 pgs | Order #72834
ISBN 978-1-55620-244-5 | List Price: $27.95
ACA Member Price: $20.95

Ecological Counseling: An Innovative Approach to Conceptualizing Person–Environment Interaction
edited by Robert K. Conyne and Ellen P. Cook
2004 | 375 pgs | Order #72808
ISBN 978-1-55620-199-8 | List Price: $47.95
ACA Member Price: $32.95

SCHOOL COUNSELING

Dorothea M. Ross
2003 | 393 pgs | Order #72716
ISBN 978-1-55620-196-7 | List Price: $42.95
ACA Member Price: $27.95

CAREER COUNSELING & DEVELOPMENT

Career Counseling in Schools: Multicultural and Developmental Perspectives
Roger D. Herring
1998 | 348 pgs | Order #72638
ISBN 978-1-55620-168-4 | List Price: $45.95
ACA Member Price: $28.95

Counseling Employees: A Multifaceted Approach
edited by Daya Singh Sandhu
2002 | 400 pgs | Order #72714
ISBN 978-1-55620-197-4 | List Price: $52.95
ACA Member Price: $36.95

Brief and Extended Interventions in Sexual Abuse, Second Edition
Robert H. Rencken
2000 | 248 pgs | Order #72691
ISBN 978-1-55620-178-3 | List Price: $45.95
ACA Member Price: $28.95

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MULTICULTURALISM & DIVERSITY

FACE–SPIRIT: A New Model for Integrating Spirituality Into Counseling and Psychotherapy

presented by Radha Janis Horton-Parker and R. Charles Fawcett

Although spirituality is acknowledged as an essential component of wellness, it is often inadequately addressed in counseling and psychotherapy. This DVD will show you how to integrate spirituality into the therapeutic process and promote client change, using both implicit and explicit approaches.

Implicit strategies are

| F | Focusing on the present |
| A | Asking for guidance |
| C | Compassion cultivation |
| E | Existential empathy |

Explicit strategies are

| S | Simile |
| P | Prayer |
| I | Interpretation of sacred text |
| R | Rituals |
| I | Imagery |
| T | Transgression relief |

Drawing from a multicultural perspective, the FACE–SPIRIT model provides practical and easy-to-understand strategies to enhance your effectiveness as a helping professional.

2007 | 90 minutes | DVD Order #79818
List Price: $99.95 | ACA Member Price $79.95

Counseling Gay and Lesbian Youth: A Multiethnic Demonstration

presented by Garrett J. McAuliffe with Angela Jones, Joseph Lyttle, Veronica Guarino, Cynthia Jenkins, and Laura Dvornicky

This lively training DVD provides personal testimonials from lesbian and gay individuals and guidelines for working with persons who are in the identity confusion and the coming out phases of gay identity development. It is useful for practicing counselors and therapists in all settings, school leaders, and counselors-in-training.

Features

- African American and European American men and women as counselors and clients
- Multicultural focus
- Headings and titles that preview and reinforce the issues being modeled
- Leader's Guide

Produced by Microtraining and Multicultural Development
2005 | 84 minutes | DVD Order #81003
List Price and ACA Member Price: $149.00
En este DVD, le presentamos dos escenarios o casos en español que sirven de ejemplo de consejería interpersonal. Los casos de David y Sonya se usan para demostrar situaciones que podrían ocurrir en familias de origen latino que viven en los Estados Unidos. Además, estos casos se pueden aplicar al entrenamiento de consejeros y consejeras en países de habla española. Al mirar el DVD, concéntrese en el uso de distintas destrezas que usan el consejero y la consejera para facilitar la comunicación en la sesión. La doctora Virginia Quiñonez y el doctor Carlos Pozzi demostrarán y aplicarán principios que son esenciales para la práctica de la consejería. También, observará conductas que pueden ser significativas en diversas culturas latinas. Al final, podremos comprobar el valor de competencias culturales en el entrenamiento de consejeros y consejeras. A pesar de que estos casos son dramatizaciones, esperamos que usted aprenda de los diálogos con la Dra. Quiñonez y el Dr. Pozzi y que le ayuden a aumentar su sensibilidad ante la diversidad cultural.

In this DVD, two scenarios in Spanish that serve as examples of interpersonal counseling are presented. The cases of David and Sonya are used to demonstrate situations that may occur in families of Latino origin living in the United States. Further, these cases can be applied to the training of counselors in Spanish-speaking countries. When viewing the DVD, focus on what is taking place in the sessions and in the counselors’ facilitation of the communication process. Dr. Virginia Quiñonez and Dr. Carlos Pozzi demonstrate basic principles essential for the practice of counseling and apply them throughout the sessions. At the same time, you will observe behaviors that are relevant within the diversity of the Latino culture. Ultimately, you will have confirmation of the value of cultural competencies in counselor training. Although these are role plays, we hope that you will learn from the discussions with Dr. Quiñonez and Dr. Pozzi and that they will enhance your sensitivity toward cultural diversity.

**In Spanish With English Subtitling**

2006  |  100 minutes  |  DVD Order #78101
List Price: $99.95  |  ACA Member Price: $79.95

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As America grays, older adults are living longer than ever before. However, this greater longevity increases the demands on family members and others who love and provide care for them. Practical Strategies for Caring for Older Adults offers caregivers, counselors, and educators effective strategies to improve the lives of older people so that they remain respected, needed, and part of the larger social fabric.

Horton-Parker and Fawcett discuss the characteristics of older adults, followed by typical situations encountered by caregivers. Engaging vignettes and presenter commentary illustrate the underlying needs and mistaken goals of attention seeking, power, revenge, and assumed inadequacy that often cause perplexing behavior in older people. The presenters’ simple techniques create win-win situations between caregivers and aging loved ones that improve quality of life.

2010 | 120 minutes | DVD Order #78238
List Price: $99.95 | ACA Member Price $119.95

The Counselor as Person and Professional
presented by Gerald Corey

Renowned counselor Gerald Corey shares insights and advice on the intersection between counselors’ personal and professional lives in this inspirational keynote presentation from the 2010 ACA Annual Conference & Exposition.

Topics discussed
• Personal characteristics of effective counselors
• The importance of mentoring and being mentored
• Becoming culturally competent—a lifelong endeavor
• The counselor as an ethical person
• Managing personal and professional boundaries
• Values and the counseling process
• Personal therapy for counselors
• Dealing with stress and finding life balance through self-care

For an expansion of the themes explored in this presentation, see Dr. Corey’s new book Creating Your Professional Path: Lessons From My Journey on page 5 of this catalog.

Sponsored by the ACA Foundation
2010 | 80 minutes | Order #79819
List Price: $49.95 | ACA Member Price $29.95
COUNSELING DVDs & VIDEOTAPES

Stress Management: Understanding and Treatment  
*presented by Edna Brinkley*

How will you work effectively with the ever-increasing number of clients who present with concerns about overwhelming stress in their lives? This DVD provides solution-oriented information, techniques, and handouts that you can use immediately with your clients to facilitate positive coping strategies and stress reduction. In four real-world vignettes, Dr. Brinkley works with clients of multiethnic backgrounds on their stress issues. She and her clients demonstrate and discuss:

- How stress affects the body, especially chronic stress
- How to identify personal sources and symptoms of stress
- How to implement lifestyle strategies for stress reduction
- How to create a shared frame of reference about stress

These excellent demonstrations, coupled with subtitles that highlight major points, make this DVD a must for those in the helping professions. The easy-to-use format allows viewers to immediately practice what they have seen after each section of the presentation. Includes a CD-ROM that contains transcripts, PowerPoints, and a Leader’s Guide.

*Produced by Microtraining Associates, Inc.*  
2008 | 90 minutes | DVD Order #78216  
List Price and ACA Member Price: $129.00

Suicide Assessment and Prevention  
*presented by John S. Westefeld*

Dr. Westefeld brings his lifetime of work and research on suicide prevention in a format that demonstrates crucial information for counseling and clinical practice. His presentation includes the latest data on suicide and suicide prevention; how to assess for suicidal risk; and how to conduct a suicide intervention, including suicide prevention education programs, counseling with a suicidal person, and the major components of suicide postintervention. In an outstanding instructive vignette, Dr. Westefeld works with a suicidal male client to assess his level of lethality and develop a no-harm contract. Includes Leader’s Guide and handouts.

*Produced by Microtraining Associates, Inc.*  
2008 | 60 minutes | DVD Order #78217  
List Price and ACA Member Price: $149.00

Art Therapy Has Many Faces  
*presented by Judith Aron Rubin*

Using footage from clinicians all over the world, serving many different people in a wide variety of settings, this DVD demonstrates the healing power of art in coping with pain and trauma.

*Art Therapy Has Many Faces* shows the:

- History and development of the profession
- Uses of art therapy from cave paintings to coping with stress
- Applications of art therapy with clients of all ages and with a variety of problems
- Characteristics of art therapy (doing and reflecting with another)
- Art of art therapy (evoking expression, facilitating reflection)
- Multiple approaches to art therapy with individuals, families, and groups
- Rapid results of art therapy

*Produced by Expressive Media, Inc.*  
2005 | 50 minutes | DVD Order #79810  
List Price and ACA Member Price: $59.95
Uses of Metaphors and Poetry in Counseling

presented by Samuel T. Gladding

This classic DVD will show you how to use metaphors and poetry to enhance the counseling process in creative and effective ways. Uses of Metaphors and Poetry in Counseling contains role-playing exercises and step-by-step, research-based guidelines for implementing this innovative technique in individual counseling, group work, career counseling, and couples and family counseling.

1990 | 52 minutes | DVD Order #78210
List Price: $59.95 | ACA Member Price: $49.95

Role Induction in Counseling Supervision: Clarifying Duties and Responsibilities

presented by Cynthia J. Osborn and the Kent State University, Counseling and Human Development Center

This DVD explores the role induction technique that is used to orient and prepare supervisees for the supervisory process. The roles and responsibilities of supervisors are discussed as is the evaluation of supervisees’ performance. Supervision vignettes with counselors-in-training illustrate role induction in a tangible way and create discussion opportunities in the classroom.

2005 | 40 minutes | DVD Order #81002
List Price: $89.95 | ACA Member Price: $59.95

COUNSELOR EDUCATION & SUPERVISION

The Written Supervision Contract: Documenting Ethics in Action

presented by Cynthia J. Osborn and the Kent State University, Counseling and Human Development Center

In an era of increased accountability, legal and ethical responsibilities, and the need for clear and consistent documentation, no supervisor or supervisee can afford to be without a written contract. This DVD details the reasons for using a clinical supervision contract, what is included in a contract, how to write a contract, and how to introduce the contract to supervisees in the first session.

Benefits of a written contract
• Demystifies the roles and responsibilities of supervisors and supervisees
• Outlines methods, goals, and expectations of supervision
• Encourages professional collaboration
• Upholds ethical principles
• Documents services to be provided

Special Features: Supervision vignettes demonstrate how a written contract is applied in actual practice, and a sample supervisory contract is included.

2005 | 45 minutes | DVD Order #81001
List Price: $89.95 | ACA Member Price: $59.95

Professional Counseling’s Living Legends

presented by ACA

Albert Ellis observes his 90th birthday as part of a lively and provocative panel discussion featuring the following four legends known for their expertise in various areas of counseling: Patricia Arredondo (multiculturalism), Jon Carlson (Adlerian/Individual Psychotherapy), William Glasser (Reality Therapy/Choice Theory), and John Krumboltz (Social Learning Theory). Participants reflect on how they would like to be known, their recommended reading for counselors, and their outlook for the future of counseling.

2004 | 60 minutes | DVD Order #81000
Videotape Order #79808
List Price: $69.95 | ACA Member Price: $39.95

Carl Rogers and the Person-Centered Approach

presented by Howard Kirschenbaum

In this DVD, Rogers’ biographer Howard Kirschenbaum guides us through Rogers’ life and work and the development of the client-centered and person-centered approach to counseling, education, group work, and human relationships. Examples of Rogers
Counseling clients and working with groups, in addition to more than 100 photographs, illustrate this comprehensive and interesting presentation.

Four Models for Women in Counselor Education
Betsy J. Page and Martin J. Jencius

This DVD assists graduate students and new professors in meeting the challenges of becoming a counselor educator. Drs. Janine Bernard, Diana Hulse-Killacky, L. DiAnne Borders, and Margaret Fong discuss scholarship, leadership, and the integration of personal and professional lives.

Minimum System Requirements:
The DVD is based on a Windows platform. PC: Windows 98 or higher with 256 MB RAM, Pentium III Processor or higher, and a DVD player with sound capability using accompanying software.

Presented by ACES
2003 | 2 hour DVD plus text chapters
DVD Order #72816
List Price: $35.95 | ACA Member Price: $33.95

Learning to Think Like a Supervisor
developed by L. DiAnne Borders, James M. Benshoff, Leslie Armeniox, and Kelly Coker

This DVD teaches the fundamental concepts and goals of clinical supervision. Borders and Benshoff present the Discrimination Model—developed by Janine M. Bernard—to conceptualize the role and focus of the supervisor. Supervision vignettes illustrate different roles and foci, and additional practice vignettes at the end of the DVD can be used to help students understand the model. A workbook that provides questions for reflection and guidelines for using the DVD in teaching is included.

Presented by ACES
2000 | 35 minutes | DVD Order #79815
List Price and ACA Member Price: $89.95

CHILD & ADOLESCENT DEVELOPMENT

Disaster Mental Health and Crisis Stabilization for Children
presented by Jennifer Baggerly

This live demonstration DVD presents guiding principles and techniques for helping children recover from trauma after disasters. Dr. Baggerly shares her expertise from working with children in Louisiana following Hurricane Katrina and with children in Sri Lanka after the tsunami.

Features
• Key disaster mental health and cognitive-behavioral concepts for work with children
• Physiological, cognitive, emotional, behavioral, and spiritual impacts of disaster
• Basic grounding and containment skills during and after a disaster
• Initial individual disaster mental health interventions
• Group disaster interventions
• Leader’s Guide that includes activities

Produced by Microtraining and Multicultural Development
2007 | 60 minutes | DVD Order #78205
List Price and ACA Member Price: $149.00

Play Therapy: Bouncing Into the Basics
presented by Jennifer Baggerly

In this upbeat, entertaining introduction to play therapy, Dr. Baggerly uses puppets to help communicate the rationale, principles, and basic skills of play therapy. Each skill is demonstrated through clips of play therapy sessions with culturally diverse children. Skills shown include tracking play behavior, reflecting feelings, returning responsibility, showing encouragement, building self-esteem, facilitating understanding, and setting therapeutic limits. Includes a Leader’s Guide with questions for reflection.

Produced by Microtraining and Multicultural Development
2006 | 55 minutes | DVD Order #78204
List Price and ACA Member Price: $129.00
The Challenge of Counseling Teens: Techniques for Engaging and Connecting With Reluctant Youth presented by John Sommers-Flanagan with Rita Sommers-Flanagan

In skillful sessions with six culturally diverse teenagers, John Sommers-Flanagan demonstrates explicit engagement techniques for managing adolescents’ resistance to counseling. As his clients discuss a range of issues commonly seen in therapy, such as anger and destructive behavior, John shows how to connect with teenagers in ways that deepen the therapeutic relationship and maximize results. This DVD presents teen-friendly, goal-setting procedures and homework assignments; methods for giving direct, authentic feedback and interpretations; and using humor and self-disclosure to enhance therapeutic outcomes. At the end of each session, Rita and John critique John's work with the client and offer helpful suggestions for counselors. Includes a Leader’s Guide, session transcripts, and additional resources.

Produced by Microtraining and Multicultural Development
2004 | 60 minutes | DVD Order #78201
List Price and ACA Member Price: $129.00

GROUP WORK


The PARS (Processing: Activity Relationships Self) model for working with groups, couples, and individuals is introduced in this DVD. This flexible, here and now approach teaches basic processing skills that can be used to facilitate group interactions, encourage self-reflection of individual members, and help group members get the most out of group experiences and activities. The purpose and components of the model are discussed, followed by a demonstration of how to use the model with a group activity. The group facilitator then uses the PARS model to lead group members through processing their shared experience by asking such questions as

- How did the group interact?
- How did the group work together?
- What role did each member assume?
- How well did the group work together?
- What might be done differently in the future to enhance the group's work together?

The PARS model is an especially useful tool for organizational events and structured activities because it helps group members reflect on, understand, and apply what they have learned. Group leaders will gain new skills that illuminate and enrich the counseling experience.

2007 | 35 minutes | DVD Order #78072
List Price and ACA Member Price: $99.95

ASSOCIATION FOR SPECIALISTS IN GROUP WORK (ASGW) DVD SERIES

Celebrating Cultural Diversity: A Group for Fifth Graders presented by Sheri Bauman and Sam Steen

Led by two experienced facilitators, this DVD contains a complete recording of a six-session counseling group with fifth-grade students focusing on increasing appreciation of cultural diversity. The tape is designed to generate discussion on topics such as group members’ developmental level, the leaders’ choice of activities and processing strategies, and issues surrounding the concept of culture within the group. Viewers will be able to observe, analyze, and build on the presentation. This DVD is a useful tool both for counselor educators teaching group work and for school counselors and guidance directors seeking relevant continuing education training materials. An introduction, facilitator processing and planning sessions, and a Viewer’s Guide that provides discussion points and additional information are included.

2009 | 4 hours | DVD Order #78215
List Price and ACA Member Price: $199.00
Counseling DvDs  & VideoTapes

Leading Groups With Adolescents
presented by Janice DeLucia-Waack, Allen Segrist, and Arthur M. Horne

“This DVD depicts important leadership skills and interventions… It is instructive for students in group dynamics, group counseling, and psychoeducation courses.”
—George M. Gazda, EdD
The Group Worker

Watch group sessions unfold in this DVD featuring nationally recognized group experts working with a group of high school students. An actual psychoeducational group is shown from the initial stage, through goal setting and a series of working activities, to termination. Activities focus on building self-esteem, managing anger, improving communication skills, and resolving irrational beliefs. The group work model featured is applicable to all school and agency work. You will learn from the leaders’ skills and techniques as well as from the interactions of the adolescents themselves. This is a valuable training tool for counselors working with teens.

2007 | 140 minutes | DVD Order #78208
List Price and ACA Member Price: $199.00

Developmental Aspects of Group Counseling: Process, Leadership, and Supervision
presented by Rex Stockton

In this DVD, Rex Stockton presents three easy to teach segments on the most critical areas in group counseling: developmental stages of group members, professional development of group leaders, and supervision of group leaders by a mentor. Learn to identify the different roles in group dynamics and gain a solid foundation for leading groups. Contains three parts: Early development, Moving Through Transition to the Working Stage, and The Working Stage and Termination.

1992 | 135 minutes | DVD Order #79817
List Price and ACA Member Price: $150.00

Couples and Family Counseling

Brief Integrative Adlerian Couples Therapy
presented by Jon Carlson

In this DVD, Jon Carlson demonstrates Adlerian theory, skills, and techniques with a couple currently separated due to anger management concerns. Through a positive and hopeful approach, he works with the couple to explore their communication and parenting styles, the challenges they face in their marriage, and their strengths as partners. He uses early recollections, pattern recognition, and psychoeducation to facilitate the couple’s progress toward more effective communication and anger control.

Produced by Microtraining and Multicultural Development
2003 | 45 minutes | DVD Order #78200
List Price and ACA Member Price: $129.00

Group Work: Leading in the Here and Now
presented by Peg Carroll

This DVD demonstrates how group members learn to participate in the “here and now process.” Peg Carroll periodically stops the group and dialogues with a group of outside observers regarding the meaning of her interventions. The effects of setting norms, dealing with resistance, trust, silence, scapegoating, and negative feelings toward fellow members or the leader are demonstrated. Additional process issues that occur are analyzed as the group unfolds. Includes three parts: The Initial Stage, Reassessing Goals…Transition and Flight, and The Group in Conflict and in Summation.

1985 | 180 minutes | DVD Order #79816
List Price and ACA Member Price: $150.00

703-823-9800 x222 | 800-422-2648 x222 | counseling.org 51
Counseling DvDs & VIdeoTapes

INTERNATIONAL ASSOCIATION OF MARRIAGE AND FAMILY COUNSELORS (IAMFC) DISTINGUISHED PRESENTERS SERIES

Couples Therapy: Changing Belief Systems  
Presenter: Peggy Papp  
In this DVD, Dr. Papp demonstrates how therapists can help couples understand core beliefs and expectations in a relationship, address multiple levels of experience, and change pivotal aspects of their relationship in a short time.  
2003 | 115 minutes | DVD Order #78212  
List Price: $99.95 | ACA Member Price: $69.95

Counseling With Choice Theory: The New Reality Therapy  
Presenter: William Glasser  
The video includes a detailed discussion on using Choice Theory with Reality Therapy as well as a live demonstration of how this approach can lead to marital and family enhancement.  
2001 | 130 minutes | Videotape Order #79726  
List Price: $79.95 | ACA Member Price: $29.95

Working Effectively and Efficiently With Couples  
Presenter: Arnold Lazarus  
Lazarus teaches the principles of his systematic approach and demonstrates his BASIC ID method with a couple.  
2000 | 2 hours | Videotape Order #79723  
List Price: $99.95 | ACA Member Price: $69.95

Couples Hypnotherapy  
Presenter: Jeffrey Zeig  
Using an Ericksonian hypnotherapy approach, Zeig works with a minority couple through metaphor and other involvement techniques.  
1999 | 2 hours | Videotape Order #79721  
List Price: $99.95 | ACA Member Price: $69.95

Counseling Couples With Sexuality Issues  
Presenter: Twinet Parmer  
Parmer demonstrates her approach to resolving intimacy and sexual issues with a couple.  
2000 | 2 hours | Videotape Order #79724  
List Price: $99.95 | ACA Member Price: $69.95

Structural Therapy  
Presenter: Harry Aponte  
In this video, Aponte presents the structural approach in an insightful session with a couple.  
1998 | 2 hours | Videotape Order #79717  
List Price: $99.95 | ACA Member Price: $69.95

Culture Sensitive Couples Therapy  
Presenter: Kenneth V. Hardy  
This tape focuses on ethnic differences in family patterns. Dr. Hardy demonstrates positive and practical clinical skills.  
1996 | 2 hours | Videotape Order #79714  
List Price: $99.95 | ACA Member Price: $69.95

Brief Solution-Oriented Therapy  
Presenter: William Hudson O’Hanlon  
Techniques for brief counseling with couples and families are demonstrated in this video.  
1995 | 2 hours | Videotape Order #79711  
List Price: $99.95 | ACA Member Price: $69.95

Hot Monogamy  
Presenter: Pat Love  
In this tape, Love demonstrates how to achieve a more passionate, intimate relationship.  
1995 | 2 hours | Videotape Order #79710  
List Price: $99.95 | ACA Member Price: $69.95

Constructivist Therapy Using the Internalized Other Procedure  
Presenter: Karl Tomm  
The family in this tape takes on new roles through the constructivist approach.  
1994 | 2 hours | Videotape Order #79709  
List Price: $99.95 | ACA Member Price: $69.95

Solution-Focused Brief Therapy  
Presenter: Insoo Kim Berg  
Dr. Berg illustrates her approach with a couple in treatment.  
1993 | 2 hours | Videotape Order #79706  
List Price: $99.95 | ACA Member Price: $69.95
Counseling DvDs  & VideoTapes

Don’t miss this exceptional opportunity to own tapes featuring some of counseling’s most influential and innovative teachers—individuals whose ideas, insights, and approaches have played such a large role in shaping the profession. These tapes provide an outstanding learning experience and should be part of every counselor education program and any counselor’s personal library.

THEORIES OF COUNSELING

Carl Rogers on Counseling: A Personal Perspective
This tape explores the assumptions that Rogers makes about the nature of people and how we have the capacity for choice and change.
25 minutes
DVD Order #78218  |  Videotape Order #77571
List Price and ACA Member Price: $179.00

B. F. Skinner on Counseling
In this tape, Skinner covers vital issues such as why a counselor cannot help a client by focusing only on the client’s feelings, what it is that changes behavior if feelings are not the key, the importance of the relationship between the counselor and the client, and what the counselor can do to help establish a system that operates on positive reinforcers rather than adverse control.
25 minutes
DVD Order #78219  |  Videotape Order #77524
List Price and ACA Member Price: $179.00

Rollo May on Counseling
The symbols and myths of American society, such as rationalism, individualism, and competition, no longer provide a satisfying context of living for its members. When the symbols and myths of society begin to break down, anxiety develops, and people need to seek help from counselors. Their alternatives are either to try to learn to live in a state of mythlessness or to struggle to create new and more viable myths, such as authenticity and genuineness.
24 minutes
DVD Order #78221  |  Videotape Order #77556
List Price and ACA Member Price: $179.00

Albert Ellis on Rational Emotive Psychotherapy
RET—its origins, philosophical bases, and fundamental hypotheses—are cogently explained by Ellis in this tape. The nature of the therapeutic process, the role of values, and recent developments are also explored.
30 minutes
DVD Order #78220  |  Videotape Order #77517
List Price and ACA Member Price: $179.00

Leona Tyler on Counseling
Leona Tyler discusses the role of the counselor in helping the client transform potentialities into actualities, how confusion and isolation are two of the basic problems facing young people, how a counselor goes about choosing a counseling theory, and why she does not see changing human behavior as the primary objective of counseling.
28 minutes
DVD Order #78222  |  Videotape Order #77537
List Price and ACA Member Price: $179.00

THEORIES OF EDUCATION

Carl Rogers on Education
In this tape, Rogers describes how people acquire significant learning and indicates the directions in which the educational system must change to have a real impact on students. He also discusses topics such as the role of the student in formulating his or her own curriculum, the circumstances in which learning will be a lasting and meaningful process, and the activities a teacher should engage in to foster the learning process.
60 minutes
DVD Order #78223  |  Videotape Order #77706
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COUNSELING DVDs & VIDEOTAPES

B. F. Skinner on Education
This tape explores issues such as how Skinner’s concepts of freedom and control are related to the classroom experience, what values are implicit in his theory of behavioral change, and how and where the process of affecting change will begin. Skinner continues by addressing how the increased leisure time afforded by a technological society affects our educational system and whether schools should help develop individuals who will be deeply concerned about the welfare of their fellow man.
50 minutes
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The Inner World of Counseling With Carl Rogers
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Carl Rogers on Empathy
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Carl Rogers Conducts an Encounter Group
70 minutes
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Carl Rogers on Facilitating a Group
30 minutes
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ALBERT ELLIS

Albert Ellis: A Demonstration With an Elementary School Child
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Albert Ellis: Rational Emotive Therapy Applied to Groups
30 minutes
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Albert Ellis: A Demonstration With a Young Divorced Woman
30 minutes
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Rollo May on Humanistic Psychology
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Rollo May on Existential Psychology
30 minutes
DVD Order #78236  |  Videotape Order #77565
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Rollo May on Creativity and the Tragic
30 minutes
DVD Order #78237  |  Videotape Order #77566
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<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACA Advocacy Competencies</td>
<td>M. Ratts</td>
<td>5</td>
</tr>
<tr>
<td>ACA Code of Ethics</td>
<td></td>
<td>15</td>
</tr>
<tr>
<td>The ACA Encyclopedia of Counseling</td>
<td></td>
<td>16</td>
</tr>
<tr>
<td>ACA Ethical Standards Casebook, Sixth Edition</td>
<td>B. Herlihy</td>
<td>15</td>
</tr>
<tr>
<td>Active Interventions for Kids and Teens</td>
<td>J. Ashby</td>
<td>29</td>
</tr>
<tr>
<td>Applying the Standards for Educational and Psychological Testing</td>
<td>AACE</td>
<td>27</td>
</tr>
<tr>
<td>Assessment and Intervention With Children and Adolescents, Second Edition</td>
<td>A. Vernon</td>
<td>30</td>
</tr>
<tr>
<td>Assessment in Counseling, Fourth Edition</td>
<td>A. Hood</td>
<td>22</td>
</tr>
<tr>
<td>Assessment of Client Core Issues</td>
<td>R. Halstead</td>
<td>18</td>
</tr>
<tr>
<td>Becoming a Counselor, Second Edition</td>
<td>S. Gladding</td>
<td>17</td>
</tr>
<tr>
<td>Boundary Issues in Counseling, Second Edition</td>
<td>B. Herlihy</td>
<td>15</td>
</tr>
<tr>
<td>Brief and Extended Interventions in Sexual Abuse, Second Edition</td>
<td>R. Rencken</td>
<td>43</td>
</tr>
<tr>
<td>Career Counseling in Schools</td>
<td>R. Herring</td>
<td>43</td>
</tr>
<tr>
<td>Career Counseling, Third Edition</td>
<td>N. Gysbers</td>
<td>40</td>
</tr>
<tr>
<td>Career Development Across the K–16 Years</td>
<td>R. Lapan</td>
<td>42</td>
</tr>
<tr>
<td>Case Incidents in Counseling for International Transitions</td>
<td>N. Arthur</td>
<td>10</td>
</tr>
<tr>
<td>Childhood Bullying, Teasing, and Violence, Second Edition</td>
<td>D. Ross</td>
<td>43</td>
</tr>
<tr>
<td>Clinical Supervision in the Helping Professions, Second Edition</td>
<td>G. Corey</td>
<td>1</td>
</tr>
<tr>
<td>College Counseling</td>
<td>D. Davis</td>
<td>24</td>
</tr>
<tr>
<td>Compelling Counseling Interventions: VISTAS 2009</td>
<td>G. Walz</td>
<td>17</td>
</tr>
<tr>
<td>A Contemporary Approach to Substance Abuse and Addiction Counseling</td>
<td>F. Brooks</td>
<td>38</td>
</tr>
<tr>
<td>Contemporary Mental Health Issues Among African Americans, D. Harley, 12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Counseling Adults in Transition, Third Edition</td>
<td>J. Goodman</td>
<td>19</td>
</tr>
<tr>
<td>Counseling and Psychotherapy: Theories and Interventions, Fifth Edition</td>
<td>D. Capuzzi</td>
<td>1</td>
</tr>
<tr>
<td>Counseling African American Families</td>
<td>J. Sanders</td>
<td>35</td>
</tr>
<tr>
<td>Counseling as an Art, Third Edition</td>
<td>S. Gladding</td>
<td>19</td>
</tr>
<tr>
<td>Counseling Asian Families From a Systems Perspective</td>
<td>K. Ng</td>
<td>36</td>
</tr>
<tr>
<td>Counseling Children: A Core Issues Approach</td>
<td>R. Halstead</td>
<td>3</td>
</tr>
<tr>
<td>Counseling Employees</td>
<td>D. Sandhu</td>
<td>43</td>
</tr>
<tr>
<td>Counseling Families With Chronic Illness</td>
<td>S. McDaniel</td>
<td>37</td>
</tr>
<tr>
<td>Counseling for Wellness</td>
<td>J. Myers</td>
<td>19</td>
</tr>
<tr>
<td>Counseling Multiple Heritage Individuals, Couples, and Families</td>
<td>R. Henriksen Jr.</td>
<td>9</td>
</tr>
<tr>
<td>Counseling Strategies for Loss and Grief</td>
<td>K. Humphrey</td>
<td>16</td>
</tr>
<tr>
<td>The Counselor and the Law, Fifth Edition</td>
<td>G. Wheeler</td>
<td>14</td>
</tr>
<tr>
<td>Creating Your Professional Path, G. Corey</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Critical Incidents in Addictions Counseling</td>
<td>V. Kelly</td>
<td>39</td>
</tr>
<tr>
<td>Critical Incidents in Clinical Supervision</td>
<td>L. Tyson</td>
<td>21</td>
</tr>
<tr>
<td>Critical Incidents in Counseling Children</td>
<td>S. (Hobson) Dugger</td>
<td>30</td>
</tr>
<tr>
<td>Critical Incidents in Group Counseling</td>
<td>L. Tyson</td>
<td>34</td>
</tr>
<tr>
<td>Critical Incidents in School Counseling</td>
<td>L. Tyson</td>
<td>28</td>
</tr>
<tr>
<td>Cross-Cultural Counseling</td>
<td>C. Vontress</td>
<td>13</td>
</tr>
<tr>
<td>Cybervbullying</td>
<td>S. Bauman</td>
<td>2</td>
</tr>
<tr>
<td>Developing &amp; Managing Your School Guidance and Counseling Program, Fourth Edition</td>
<td>N. Gysbers</td>
<td>27</td>
</tr>
<tr>
<td>Developing Clinical Skills for Substance Abuse Counseling</td>
<td>D. Yalisove</td>
<td>8</td>
</tr>
<tr>
<td>Developing Clinical Skills in Suicide Assessment, Prevention, and Treatment</td>
<td>J. McGlothlin</td>
<td>18</td>
</tr>
<tr>
<td>Distance Counseling</td>
<td>J. Malone</td>
<td>18</td>
</tr>
<tr>
<td>Documentation in Counseling Records</td>
<td>R. Mitchell</td>
<td>14</td>
</tr>
<tr>
<td>Ecological Counseling</td>
<td>R. Conyne</td>
<td>43</td>
</tr>
<tr>
<td>The Emerging Professional Counselor</td>
<td>R. Hazler</td>
<td>43</td>
</tr>
<tr>
<td>Ethics Desk Reference for Counselors</td>
<td>J. Barnett</td>
<td>2</td>
</tr>
<tr>
<td>Title</td>
<td>Author</td>
<td>Page</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Experiential Activities for Teaching Multicultural Competence in Counseling</td>
<td>M. Pope</td>
<td>4</td>
</tr>
<tr>
<td>Family Counseling for All Counselors</td>
<td>D. Kaplan</td>
<td>35</td>
</tr>
<tr>
<td>Family Matters</td>
<td>R. Chope</td>
<td>41</td>
</tr>
<tr>
<td>Feminist Family Therapy</td>
<td>K. May</td>
<td>36</td>
</tr>
<tr>
<td>Girls’ and Women’s Wellness</td>
<td>L. Choate</td>
<td>10</td>
</tr>
<tr>
<td>Group Microskills</td>
<td>A. Ivey</td>
<td>34</td>
</tr>
<tr>
<td>Group Work Experts Share Their Favorite Activities</td>
<td>J. DeLucia-Waack</td>
<td>34</td>
</tr>
<tr>
<td>Group Work Experts Share Their Favorite Multicultural Activities</td>
<td>C. Salazar</td>
<td>9</td>
</tr>
<tr>
<td>A Handbook for Counseling International Students in the United States</td>
<td>H. Singaravelu</td>
<td>11</td>
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<tr>
<td>The Handbook of Counselor Preparation</td>
<td>G. McAuliffe</td>
<td>8</td>
</tr>
<tr>
<td>High-Performing Families</td>
<td>B. Robinson</td>
<td>36</td>
</tr>
<tr>
<td>Integrating School and Family Counseling</td>
<td>L. Miller</td>
<td>35</td>
</tr>
<tr>
<td>Integrating Spirituality and Religion Into Counseling, Second Edition</td>
<td>C. Cashwell</td>
<td>4</td>
</tr>
<tr>
<td>Integrative and Biopsychosocial Therapy</td>
<td>L. Sperry</td>
<td>36</td>
</tr>
<tr>
<td>A Job Search Manual for Counselors and Counselor Educators</td>
<td>S. Hodges</td>
<td>7</td>
</tr>
<tr>
<td>Journals and Counseling Today</td>
<td></td>
<td>55</td>
</tr>
<tr>
<td>Journeys to Professional Excellence</td>
<td>R. Conyne</td>
<td>24</td>
</tr>
<tr>
<td>Knowledge Nomads and the Nervously Employed</td>
<td>R. Feller</td>
<td>42</td>
</tr>
<tr>
<td>Licensure Requirements for Professional Counselors, 2010 Edition</td>
<td>ACA Office of Professional Affairs</td>
<td>6</td>
</tr>
<tr>
<td>The Life and Work of Carl Rogers</td>
<td>H. Kirschenbaum</td>
<td>21</td>
</tr>
<tr>
<td>Mastering the Art of Solution-Focused Counseling</td>
<td>J. Guterman</td>
<td>23</td>
</tr>
<tr>
<td>More Than a Job!</td>
<td>R. Lapan</td>
<td>41</td>
</tr>
<tr>
<td>Multicultural Competencies: A Guidebook of Practices</td>
<td>G. Roysircar</td>
<td>12</td>
</tr>
<tr>
<td>Multicultural Counseling Competencies (English and Spanish Editions)</td>
<td>G. Roysircar</td>
<td>13</td>
</tr>
<tr>
<td>Multicultural Issues in Counseling, Third Edition</td>
<td>C. Lee</td>
<td>12</td>
</tr>
<tr>
<td>The Mutual Storytelling Technique Game CD</td>
<td>B. Erford</td>
<td>33</td>
</tr>
<tr>
<td>The New Handbook of Administrative Supervision in Counseling</td>
<td>P. Henderson</td>
<td>21</td>
</tr>
<tr>
<td>The New Handbook of Counseling Supervision</td>
<td>L. Borders</td>
<td>23</td>
</tr>
<tr>
<td>Partners in Play, Second Edition</td>
<td>T. Kottman</td>
<td>30</td>
</tr>
<tr>
<td>Play Therapy, Second Edition</td>
<td>T. Kottman</td>
<td>3</td>
</tr>
<tr>
<td>Preventing Substance Abuse</td>
<td>A. Sales</td>
<td>39</td>
</tr>
<tr>
<td>Professional Counseling 101</td>
<td>M. Pope</td>
<td>22</td>
</tr>
<tr>
<td>The Professional Counselor, Fourth Edition</td>
<td>D. Engels</td>
<td>6</td>
</tr>
<tr>
<td>Rehabilitation Counseling</td>
<td>A. Sales</td>
<td>11</td>
</tr>
<tr>
<td>School Counselors Share Their Favorite Group Activities</td>
<td>L. Foss</td>
<td>26</td>
</tr>
<tr>
<td>Social Construction in Couple and Family Counseling</td>
<td>J. West</td>
<td>37</td>
</tr>
<tr>
<td>Solution-Focused Counseling in Schools, Second Edition</td>
<td>J. Murphy</td>
<td>25</td>
</tr>
<tr>
<td>Special Populations in College Counseling</td>
<td>J. Lippincott</td>
<td>23</td>
</tr>
<tr>
<td>Strengths-Based Career Development for School Guidance and Counseling Programs</td>
<td>N. Gysbers</td>
<td>40</td>
</tr>
<tr>
<td>Stressbuster Relaxation Exercise CD</td>
<td>B. Erford</td>
<td>32</td>
</tr>
<tr>
<td>Suicide Across the Life Span</td>
<td>D. Capuzzi</td>
<td>20</td>
</tr>
<tr>
<td>Suicide Prevention in the Schools, Second Edition</td>
<td>D. Capuzzi</td>
<td>25</td>
</tr>
<tr>
<td>Supervising the School Counselor Trainee</td>
<td>J. Studer</td>
<td>27</td>
</tr>
</tbody>
</table>
### Supervision Strategies for the First Practicum, Third Edition, S. Neufeldt, 22

### Techniques in Marriage and Family Counseling, Volume One, R. Watts, 36

### Techniques in Marriage and Family Counseling, Volume Two, R. Watts, 36

### Terrorism, Trauma, and Tragedies, Third Edition, J. Webber, 7

### Therapeutic Dinosaur Games, B. Erford, 31


### You at Risk, Fifth Edition, D. Capuzzi, 26

### DVDS AND VIDEOTAPES

*Listed by title only.*

- ACA Heritage Series, 53
- Art Therapy Has Many Faces, 47
- ASGW DVD Series, 50
- Brief Integrative Adlerian Couples Therapy, 51
- Carl Rogers and the Person-Centered Approach, 48
- The Challenge of Counseling Teens, 50
- Counseling Gay and Lesbian Youth, 44
- Counseling With Choice Theory, 52
- The Counselor as Person and Professional, 46
- Couples Therapy, 52
- Disaster Mental Health and Crisis Stabilization for Children, 49
- FACE–SPIRIT, 44
- Four Models for Women in Counselor Education, 49
- IAMFC Distinguished Presenters Series, 52
- Latino Worldviews in Counseling, 45
- Learning to Think Like a Supervisor, 49
- PARS: A Model for Learning Process Skills, 50
- Play Therapy: Bouncing Into the Basics, 49
- Practical Strategies for Caring for Older Adults, 46
- Professional Counseling’s Living Legends, 48
- Role Induction in Counseling Supervision, 48
- Stress Management: Understanding and Treatment, 47
- Suicide Assessment and Prevention, 47
- Uses of Metaphors and Poetry in Counseling, 48
- The Written Supervision Contract, 48

### PUBLICATIONS BY AUTHOR

#### A

- AACE, Applying the Standards for Educational and Psychological Testing, 27
- ACA Code of Ethics, 15
- The ACA Encyclopedia of Counseling, 16
- ACA Office of Professional Affairs, Licensure Requirements for Professional Counselors, 2010 Edition, 6
- Arthur, N., Case Incidents in Counseling for International Transitions, 10
- Ashby, J., Active Interventions for Kids and Teens, 29

#### B

- Barnett, J., Ethics Desk Reference for Counselors, 2
- Bauman, S., Cyberbullying, 2
- Borders, L., The New Handbook of Counseling Supervision, 23
- Brooks, F., A Contemporary Approach to Substance Abuse and Addiction Counseling, 38

#### C

- Capuzzi, D., Counseling and Psychotherapy: Theories and Interventions, Fifth Edition, 1
- Capuzzi, D., Suicide Across the Life Span, 20
- Capuzzi, D., Youth at Risk, Fifth Edition, 26
- Cashwell, C., Integrating Spirituality and Religion Into Counseling, Second Edition, 4
- Choate, L., Girls’ and Women’s Wellness, 10
- Chope, R., Family Matters, 41
- Conyne, R., Ecological Counseling, 43
- Conyne, R., Journeys to Professional Excellence, 24
- Corey, G., Clinical Supervision in the Helping Professions, Second Edition, 1
- Corey, G., Creating Your Professional Path, 5

#### D

- Davis, D., College Counseling, 24
- DeLucia-Waack, J., Group Work Experts Share Their Favorite Activities, 34
- (Hobson) Dugger, S., Critical Incidents in Counseling Children, 30
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Edition/Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Mutual Storytelling Technique Game CD</td>
<td>Erford, B.</td>
<td>33</td>
</tr>
<tr>
<td>Stressbuster Relaxation Exercise CD</td>
<td>Erford, B.</td>
<td>32</td>
</tr>
<tr>
<td>Therapeutic Dinosaur Games</td>
<td>Erford, B.</td>
<td>31</td>
</tr>
<tr>
<td>Knowledge Nomads and the Nervously Employed</td>
<td>Feller, R.</td>
<td>42</td>
</tr>
<tr>
<td>School Counselors Share Their Favorite Group Activities</td>
<td>Foss, L.</td>
<td>26</td>
</tr>
<tr>
<td>Becoming a Counselor</td>
<td>Gladding, S.</td>
<td>Second Edition, 17</td>
</tr>
<tr>
<td>Counseling as an Art</td>
<td>Gladding, S.</td>
<td>Third Edition, 19</td>
</tr>
<tr>
<td>Mastering the Art of Solution-Focused Counseling</td>
<td>Guterman, J.</td>
<td>23</td>
</tr>
<tr>
<td>Career Counseling</td>
<td>Gysbers, N.</td>
<td>Third Edition, 40</td>
</tr>
<tr>
<td>Career Counseling and Counseling Program</td>
<td>Gysbers, N.</td>
<td>Fourth Edition, 27</td>
</tr>
<tr>
<td>Strengths-Based Career Development for School Guidance and Counseling Programs</td>
<td>Gysbers, N.</td>
<td>40</td>
</tr>
<tr>
<td>Assessment of Client Core Issues</td>
<td>Halstead, R.</td>
<td>18</td>
</tr>
<tr>
<td>Counseling Children: A Core Issues Approach</td>
<td>Halstead, R.</td>
<td>3</td>
</tr>
<tr>
<td>Contemporary Mental Health Issues Among African Americans</td>
<td>Harley, D.</td>
<td>12</td>
</tr>
<tr>
<td>The Emerging Professional Counselor</td>
<td>Hazler, R.</td>
<td>Second Edition, 43</td>
</tr>
<tr>
<td>The New Handbook of Administrative Supervision in Counseling</td>
<td>Henderson, P.</td>
<td>21</td>
</tr>
<tr>
<td>Counseling Multiple Heritage Individuals, Couples, and Families</td>
<td>Henriksen, R. Jr.</td>
<td>9</td>
</tr>
<tr>
<td>ACA Ethical Standards Casebook</td>
<td>Herlihy, B.</td>
<td>Sixth Edition, 15</td>
</tr>
<tr>
<td>Career Counseling in Schools</td>
<td>Herring, R.</td>
<td>43</td>
</tr>
<tr>
<td>A Job Search Manual for Counselors and Counselor Educators</td>
<td>Hodges, S.</td>
<td>7</td>
</tr>
<tr>
<td>Assessment in Counseling</td>
<td>Hood, A.</td>
<td>Fourth Edition, 22</td>
</tr>
<tr>
<td>Counseling Strategies for Loss and Grief</td>
<td>Humphrey, K.</td>
<td>16</td>
</tr>
<tr>
<td>Group Microskills</td>
<td>Ivey, A.</td>
<td>34</td>
</tr>
<tr>
<td>Family Counseling for All Counselors</td>
<td>Kaplan, D.</td>
<td>35</td>
</tr>
<tr>
<td>Critical Incidents in Addictions Counseling</td>
<td>Kelly, V.</td>
<td>39</td>
</tr>
<tr>
<td>The Life and Work of Carl Rogers</td>
<td>Kirschenbaum, H.</td>
<td>21</td>
</tr>
<tr>
<td>Career Development Across the K–16 Years</td>
<td>Lapan, R.</td>
<td>42</td>
</tr>
<tr>
<td>More than a Job!</td>
<td>Lapan, R.</td>
<td>41</td>
</tr>
<tr>
<td>Special Populations in College Counseling</td>
<td>Lippincott, J.</td>
<td>23</td>
</tr>
<tr>
<td>Distance Counseling</td>
<td>Malone, J.</td>
<td>18</td>
</tr>
<tr>
<td>Feminist Family Therapy</td>
<td>May, K.</td>
<td>36</td>
</tr>
<tr>
<td>The Handbook of Counselor Preparation</td>
<td>McAuliffe, G.</td>
<td>8</td>
</tr>
<tr>
<td>Counseling Families With Chronic Illness</td>
<td>McDaniel, S.</td>
<td>37</td>
</tr>
<tr>
<td>Developing Clinical Skills in Suicide Assessment, Prevention, and Treatment</td>
<td>McGlothlin, J.</td>
<td>18</td>
</tr>
<tr>
<td>Integrating School and Family Counseling</td>
<td>Miller, L.</td>
<td>35</td>
</tr>
<tr>
<td>Solution-Focused Counseling in Schools</td>
<td>Murphy, J.</td>
<td>Second Edition, 25</td>
</tr>
<tr>
<td>Counseling for Wellness</td>
<td>Myers, J.</td>
<td>19</td>
</tr>
<tr>
<td>Supervision Strategies for the First Practicum</td>
<td>Neufeldt, S.</td>
<td>Third Edition, 22</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Author</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ng, K.</td>
<td>Counseling Asian Families From a Systems Perspective, 36</td>
</tr>
<tr>
<td>Pope, M.</td>
<td>Experiential Activities for Teaching Multicultural Competence in Counseling, 4</td>
</tr>
<tr>
<td>Pope, M.</td>
<td>Professional Counseling 101, 22</td>
</tr>
<tr>
<td>Ratts, M.</td>
<td>ACA Advocacy Competencies, 5</td>
</tr>
<tr>
<td>Rencken, R.</td>
<td>Brief and Extended Interventions in Sexual Abuse, Second Edition, 43</td>
</tr>
<tr>
<td>Robinson, B.</td>
<td>High-Performing Families, 36</td>
</tr>
<tr>
<td>Ross, D.</td>
<td>Childhood Bullying, Teasing, and Violence, Second Edition, 43</td>
</tr>
<tr>
<td>Roysircar, G.</td>
<td>Multicultural Competencies: A Guidebook of Practices, 12</td>
</tr>
<tr>
<td>Roysircar, G.</td>
<td>Multicultural Counseling Competencies (English and Spanish Editions), 13</td>
</tr>
<tr>
<td>Salazar, C.</td>
<td>Group Work Experts Share Their Favorite Multicultural Activities, 9</td>
</tr>
<tr>
<td>Sales, A.</td>
<td>Preventing Substance Abuse, 39</td>
</tr>
<tr>
<td>Sales, A.</td>
<td>Rehabilitation Counseling, 11</td>
</tr>
<tr>
<td>Sanders, J.</td>
<td>Counseling African American Families, 35</td>
</tr>
<tr>
<td>Sandhu, D.</td>
<td>Counseling Employees, 43</td>
</tr>
<tr>
<td>Singaravelu, H.</td>
<td>A Handbook for Counseling International Students in the United States, 11</td>
</tr>
<tr>
<td>Sperry, L.</td>
<td>Integrative and Biopsychosocial Therapy, 36</td>
</tr>
<tr>
<td>Studer, J.</td>
<td>Supervising the School Counselor Trainee, 27</td>
</tr>
<tr>
<td>Tyson, L.</td>
<td>Critical Incidents in Clinical Supervision, 21</td>
</tr>
<tr>
<td>Tyson, L.</td>
<td>Critical Incidents in Group Counseling, 34</td>
</tr>
<tr>
<td>Vernon, A.</td>
<td>Assessment and Intervention With Children and Adolescents, Second Edition, 30</td>
</tr>
<tr>
<td>Vontress, C.</td>
<td>Cross-Cultural Counseling, 13</td>
</tr>
<tr>
<td>Walz, G.</td>
<td>Compelling Counseling Interventions: VISTAS 2009, 17</td>
</tr>
<tr>
<td>Watts, R.</td>
<td>Techniques in Marriage and Family Counseling, Volume One, 36</td>
</tr>
<tr>
<td>Watts, R.</td>
<td>Techniques in Marriage and Family Counseling, Volume Two, 36</td>
</tr>
<tr>
<td>Webber, J.</td>
<td>Terrorism, Trauma, and Tragedies, Third Edition, 7</td>
</tr>
<tr>
<td>West, J.</td>
<td>Social Construction in Couple and Family Counseling, 37</td>
</tr>
<tr>
<td>Yalisove, D.</td>
<td>Developing Clinical Skills for Substance Abuse Counseling, 8</td>
</tr>
<tr>
<td>Vernon, A.</td>
<td>Assessment and Intervention With Children and Adolescents, Second Edition, 30</td>
</tr>
<tr>
<td>Vontress, C.</td>
<td>Cross-Cultural Counseling, 13</td>
</tr>
<tr>
<td>Walz, G.</td>
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</tr>
<tr>
<td>Watts, R.</td>
<td>Techniques in Marriage and Family Counseling, Volume One, 36</td>
</tr>
<tr>
<td>Watts, R.</td>
<td>Techniques in Marriage and Family Counseling, Volume Two, 36</td>
</tr>
<tr>
<td>Webber, J.</td>
<td>Terrorism, Trauma, and Tragedies, Third Edition, 7</td>
</tr>
<tr>
<td>West, J.</td>
<td>Social Construction in Couple and Family Counseling, 37</td>
</tr>
<tr>
<td>Yalisove, D.</td>
<td>Developing Clinical Skills for Substance Abuse Counseling, 8</td>
</tr>
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