Best Sellers!

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The American Counseling Association will not knowingly engage in any activities that discriminate on the basis of ethnic group, race, religion, gender, sexual orientation, age, and/or disability.
Assessment in Counseling: A Guide to the Use of Psychological Assessment Procedures
Fifth Edition
Danica G. Hays

Now more user-friendly than ever, the latest version of this best-selling text updates students and practitioners on the basic principles of psychological assessment, recent changes in assessment procedures, and the most widely used tests relevant to counseling practice today. Test selection, interpretation, and communication of findings are emphasized throughout the book, along with the importance of integrating assessment results with qualitative information about the client. Hays makes assessment highly accessible and interesting as she walks the reader through every stage of the process and provides practical tools such as bolded key terminology; chapter pretests, summaries, and review questions; self-development and reflection activities; client case examples; practitioner perspectives illustrating assessment in action; and handy tip sheets.

More than 100 assessment instruments—used in schools, university counseling centers, government, and private practice—examining intelligence, academic aptitude and achievement, career and life planning, personal interests and values, personality, and interpersonal relationships are described. Also discussed are specialized mental health assessments for substance abuse, depression, anxiety, anger, self-injury, eating disorders, suicide risk, and attention deficit hyperactivity disorder. Current and emerging assessment issues (e.g., test access, high stakes testing, cultural and gender bias, qualitative assessment) and key ethical and legal considerations are also highlighted.

List Price: $72.95 | ACA Member Price: $49.95

Statistical Methods for Validation of Assessment Scale Data in Counseling and Related Fields
Dimiter M. Dimitrov

This instructive book presents statistical methods and procedures for the validation of assessment scale data used in counseling, psychology, education, and related fields. In Part I, measurement scales, reliability, and the unified construct-based model of validity are discussed along with key steps in instrument development. Part II describes factor analyses in construct validation, including exploratory factor analysis, confirmatory factor analysis, and models of multitrait-multimethod data analysis. Traditional and Rasch-based analyses of binary and rating scales are examined in Part III.

Dr. Dimitrov offers students, researchers, and practitioners step-by-step guidance on contemporary methodological principles, statistical methods, and psychometric procedures that are useful in the development or validation of assessment scale data. Numerous examples, tables, and figures provided throughout the text illustrate the underlying principles of measurement in a clear and concise manner for practical application.

List Price: $69.95 | ACA Member Price: $49.95
Anne Marie “Nancy” Wheeler and Burt Bertram

In this bestselling book, the authors inform counselors and other mental health professionals about the legal and ethical dilemmas that can arise in practice. In addition to providing a broad overview of the law and ethics, they discuss current information regarding federal and state laws, professionals’ legal and ethical responsibilities, and ways to manage the risks inherent in the delivery of mental health services.

This edition contains a new chapter on the use of social media and other Internet-related issues, updates to HIPAA through the HITECH Act and regulations, a new legal/ethical decision-making model, and discussion of the specific legal risks for counselor educators. The issues surrounding civil malpractice liability, licensure board complaints, confidentiality, duty to warn, suicide and threats of harm to self, professional boundaries, records and documentation, and managing a counseling practice are also addressed in detail.

CE credit for reading the Sixth Edition and passing a test is available at learning.counseling.org. Successful completion of the exam also entitles you to a 10% discount on your ACA-sponsored professional liability insurance renewal for 3 consecutive years. The 10% discount is available for individual policies only and is subject to $100 minimum premium.

Counseling Around the World: An International Handbook
editors by Thomas H. Hohenshil, Norman E. Amundson, and Spencer G. Niles

This fascinating book provides an overview of the current state of counseling around the world to promote a global exchange of information about counseling activities and services; counselor training; and existing professional practices, beliefs, and values. Native counselors and leading experts from 40 countries discuss the opportunities for growth in their countries and the challenges they face.

After an introductory section that discusses global diversity themes and issues, chapters focus on key countries in Africa, Asia, Europe, the Middle East, North America, Oceania, and South and Central America. Each chapter covers the history and current state of counseling in the country, theories and techniques that have been shown to work best in meeting the needs of the population, diversity issues specific to the region, counselor education and training, and possibilities for the future of counseling in the country. The final section of the book discusses the potential future of counseling worldwide and contains a comprehensive list of international resources and counseling organizations.
**Multicultural Issues in Counseling: New Approaches to Diversity, Fourth Edition**
edited by Courtland C. Lee

This widely adopted, seminal text builds on the strengths of previous editions and offers sound direction from leading experts for multicultural practice with diverse client groups in a variety of settings. Fully updated—and including feedback from educators and practitioners—this edition goes to the core of what constitutes culturally competent counseling and interventions with the following groups:

- African Americans
- Latinos/as
- Asian and Pacific Islanders
- American Indians
- Arab Americans
- Multiracial individuals and families
- Women and men
- LGBQT clients
- People with disabilities
- Deaf populations
- Older people
- Economically disadvantaged clients
- Military personnel

Case studies and innovative counseling techniques throughout the text emphasize the development of a productive working alliance between counselors and their clients, personal awareness and skill building, and practical application. Chapters on framing ethical issues in a multicultural context and increasing global literacy conclude the book.

**Webinar available at counseling.org/resources!**

2013 | 352 pgs | Order #72916 | ISBN 978-1-55620-313-8
List Price: $69.95 | **ACA Member Price: $49.95**

**Casebook for Counseling Lesbian, Gay, Bisexual, and Transgender Persons and Their Families**
edited by Sari H. Dworkin and Mark Pope

This captivating book contains 31 case studies that examine contemporary issues facing the LGBTQI community. The emphasis is on what is said and done in actual counseling sessions, including diagnosis; interventions, treatment goals, and outcomes; transference and countertransference issues; other multicultural considerations; and recommendations for further counseling or training.

Experts in the field address topics across the areas of individual development, relationship concerns, contextual matters, and wellness. The cases presented include coming out; counseling intersex, bisexual, and transsexual clients; couples, marriage, and family counseling; parenting issues; aging; working with rural clients and African American, Native American, Latino/a, Asian, and multiracial individuals; sexual minority youth; HIV, sexual and drug addictions; binational couples; work and career; domestic violence; spirituality and religion; sexual issues; and women’s health.

List Price: $54.95 | **ACA Member Price: $39.95**
Understanding People in Context: The Ecological Perspective in Counseling
edited by Ellen P. Cook

“Dr. Ellen Cook and her colleagues depict an ecological perspective in understanding human behavior and provide elegant applications of ecological theory in practice settings. This is an enormous contribution and one they have accomplished with great depth and clarity. Understanding the highly nuanced and powerful role of human ecology is of critical importance in training the next generation of counselors.”

—Mary J. Heppner, PhD
University of Missouri–Columbia

This unique book emphasizes interventions designed for individual counseling, group work, and community counseling that consider clients as individuals within the contexts of families, cultural groups, workplaces, and communities. Part I describes the theoretical research base and major tenets of the ecological perspective and its applications to counseling practice. In Part II, experts who have used the ecological perspective in their work discuss its usefulness in counseling diverse clients with specific life challenges; assessment, diagnosis, and treatment planning; and in schools, substance abuse programs, faith-based communities, and counselor training programs.

List Price: $54.95 | ACA Member Price: $39.95

Eating Disorders and Obesity: A Counselor’s Guide to Treatment and Prevention
edited by Laura H. Choate

Both practical and comprehensive, this long-needed book provides a clear framework for the assessment, treatment, and prevention of eating disorders and obesity. Focusing on best practices and offering a range of current techniques, experts in the field examine these life-threatening disorders and propose treatment options for diverse clients experiencing problems related to eating, weight, and body image. This text, written specifically for counselors, benefits from the authors’ collective expertise and emphasizes practitioner-friendly developmental and wellness-based approaches that counselors can implement in their daily practice as they enhance their counseling competence in this area.

Parts I and II of the text address risk factors in and sociocultural influences on the development of eating disorders, gender differences, the unique concerns of clients of color, ethical and legal issues, and assessment and diagnosis. Part III explores prevention and early intervention with high risk groups in school, university, and community settings. The final section of the book presents a variety of treatment interventions, such as cognitive—behavioral, interpersonal, dialectical behavior, and family-based therapy, which are empirically supported and have been used successfully in a variety of clinical settings.

Available January 2013!
2013 | 475 pgs | Order #78076 | ISBN 978-1-55620-319-0
List Price: $54.95 | ACA Member Price: $39.95
Family Violence: Explanations and Evidence-Based Clinical Practice

David M. Lawson

Counselors-in-training, educators, and practitioners will benefit greatly from this in-depth and thought-provoking look at family violence, its effects, and treatment options. Dr. Lawson examines the major issues and current controversies in the field, provides background information on each type of family violence, and offers strategies for combating domestic abuse. In an informative discussion designed to enhance counselors’ ability to assess and treat each type of family violence, he covers both well-recognized forms of maltreatment, such as the abuse of women and children, and less understood issues, such as female-on-male intimacy violence, parent and elder abuse, same-sex violence, and dating violence and stalking.

After a broad introduction to the history and prevalence of family violence, explanations for and models of family violence are reviewed. The role of culture is then explored, and assessment and treatment strategies for both perpetrators and victims are presented. Case studies throughout the text illustrate clinical applications in action, and recommended readings are provided for further study.

Available March 2013!

List Price: $54.95 | ACA Member Price: $39.95

Developing & Managing Your School Guidance & Counseling Program, Fifth Edition

Norman C. Gysbers and Patricia Henderson

Written for counselor educators and their students, school leaders, practicing school counselors, and state or district supervisors, the fifth edition of this bestseller expands and extends Gysbers and Henderson’s acclaimed five-phase model for planning, designing, implementing, evaluating, and enhancing pre-K–12 guidance and counseling programs. This enduring, influential textbook has been fully updated to reflect current theory and practice, including knowledge gained through various state and local adaptations of the model since publication of the last edition.

Exciting additions to this fifth edition are increased attention to diversity and the range of issues that students present, counselor accountability, and the roles and responsibilities of district- and building-level guidance and counseling leaders in an increasingly complex educational environment. An abundant array of examples, sample forms, job descriptions, evaluation surveys, flyers, letters, and procedures used by various states and school districts clearly illustrate each step of program development. At the end of each chapter, a new feature called “Your Progress Check” functions as a tracking tool for growth at each stage of the change process.

List Price: $69.95 | ACA Member Price: $49.95
Licensure Requirements for Professional Counselors: A State-by-State Report
2012 Edition

ACA Office of Professional Affairs

Professional counselors are licensed in all 50 states, the District of Columbia, and Puerto Rico. How do the laws compare? Which states require a jurisprudence exam? How many CE credits does each state require for renewal? Which states have reciprocity? Find the answers in this comprehensive and current state-by-state report.

Special Features
• Contact information/website for every state licensing board
• Scope of practice for each state
• Renewal requirements by state
• Licensure portability/reciprocity
• List of states that have adopted the 2005 ACA Code of Ethics
• Clinical supervisor requirements

2012 | 178 pgs | Order #72913
List Price: $29.95 | ACA Member Price: $21.95

Teaching in Counselor Education: Engaging Students in Learning
edited by John D. West, Donald L. Bubenzer, Jane A. Cox, and Jason M. McGlothlin

Teaching and actively engaging students in learning is a continuous pursuit for counselor educators. We now have the first book in the profession that provides help for this ongoing endeavor. Teaching in Counselor Education: Engaging Students in Learning presents thought-provoking ideas for doctoral students in counselor education and also for beginning and experienced counselor educators who wish to continue reflecting on and improving their teaching skills.

The chapters, written by experienced and highly regarded counselor educators, discuss a variety of teaching practices with practical suggestions for application, describe the authors’ personal experiences, and give illustrative case examples. Topics covered include establishing effective student–teacher relationships, using solution-focused evaluations in teaching, delivering lectures, employing experiential learning, utilizing out-of-class learning, implementing distance learning, conducting seminars, making use of technology in teaching, and much more. This book is a valuable tool for readers to consider new perspectives on teaching and learning.

Published by the Association for Counselor Education and Supervision
Available Spring 2013!

List Price: $38.95 | ACA Member Price: $34.95
Experiential Activities for Teaching Multicultural Competence in Counseling
edited by Mark Pope, Joseph S. Pangelinan, and Angela D. Coker

“This is the text that I have always needed for teaching multicultural courses and workshops. The array of activities and handouts is outstanding and provides endless ideas to keep teaching fresh and alive, while driving the most critical concepts home.”

—Allen E. Ivey, EdD, ABPP
Distinguished University Professor (Emeritus)
University of Massachusetts, Amherst

This practical resource is for faculty teaching beginning and advanced multicultural counseling courses or other core classes who want to infuse issues of cultural diversity into the classroom. It contains 121 engaging and thought-provoking activities on a wide variety of multicultural topics. All exercises are tied to the core content areas of the 2009 CACREP Standards, making this a perfect tool for the clinical training of counseling students. A CD-ROM with activity handouts in a PDF format accompanies the book for ease of distribution in the classroom.

List Price: $59.95 | ACA Member Price: $40.95

Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice
Second Edition
edited by Craig S. Cashwell and J. Scott Young

“This book is full of excellent case examples and practical suggestions based on current research as well as the authors’ clinical and teaching experiences. It is an invaluable resource for the competent, ethical practice of addressing spiritual and religious issues in the assessment and counseling of individuals from diverse backgrounds.”

—Harriet L. Glosoff, PhD
Montclair State University

In this book, experts discuss how spiritual and religious issues can be successfully integrated into counseling in a manner that is respectful of client beliefs and practices. Designed as an introductory text for counselors-in-training and clinicians, it describes the knowledge base and skills necessary to effectively engage clients in an exploration of their spiritual and religious lives to further the therapeutic process. Through an examination of the 2009 ASERVIC Competencies for Addressing Spiritual and Religious Issues in Counseling and the use of evidence-based tools and techniques, this book will guide you in providing services to clients presenting with these deeply sensitive and personal issues. Strategies for clinical application are offered throughout the book and new chapters on mindfulness, ritual, 12-step spirituality, prayer, and feminine spirituality enhance application to practice.

List Price: $54.95 | ACA Member Price: $39.95
ACA Advocacy Competencies: A Social Justice Framework for Counselors
edited by Manivong J. Ratts, Rebecca L. Toporek, and Judith A. Lewis

Experts discuss how counselors, educators, and students can use the ideals in the ACA Advocacy Competencies with diverse client populations, across various counseling settings, and in multiple specialty areas. Examples in each chapter provide guidance as to when individual empowerment counseling is sufficient or when situations call for advocacy on behalf of clients or their communities within the public arena or political domain.

Thought provoking and engaging, this book is a cutting-edge resource for teaching and course work and a call for all counselors to participate in social justice and systems change.

List Price: $69.95 | ACA Member Price: $49.95

Counseling Multiple Heritage Individuals, Couples, and Families
written and edited by Richard C. Henriksen Jr. and Derrick A. Paladino

This book examines the strengths of and the challenges facing multiple heritage individuals, couples, and families and offers a framework for best practice counseling services and interventions specifically designed to meet their needs. Topics covered include historical and current racial classification systems and their effects; identity development; transracial adoptions; and counseling strategies for children, adolescents, college students, adults, couples and families, and GLBT individuals. Poignant case studies illustrate important concepts and techniques throughout the book, and chapter review questions provide a starting point for lively classroom discussion.

List Price: $48.95 | ACA Member Price: $37.95

Group Work Experts Share Their Favorite Multicultural Activities: A Guide to Diversity-Competent Choosing, Planning, Conducting, and Processing
edited by Carmen F. Salazar

This book features contributions from experts in group work, multiculturalism, and social justice who are committed to diversity-competent group leadership. The result is a powerful synthesis of collective wisdom and useful exercises. Introductory chapters describe diversity-competent group work practice; types of diversity related groups; and selecting, using, and processing group exercises. The activities focus on race, ethnicity, culture, gender,
socioeconomic status, sexual orientation, ability, age, and spirituality and are designed for use with children, teens, and adults. A special section on training diversity-competent group leaders features guidelines, tips, and advice from a dozen experts.

Published by the Association for Specialists in Group Work
List Price: $45.00 | ACA Member Price: $35.00

Girls’ and Women’s Wellness: Contemporary Counseling Issues and Interventions
Laura Hensley Choate
“This is an exciting resource for addressing girls’ and women’s issues from a strength-based, holistic perspective that highlights resilience and coping. It will help women discover and actualize their inherent potential for positive change.”
—Jane E. Myers, PhD
The University of North Carolina at Greensboro

This empowering resource examines issues faced by girls and women using an approach that emphasizes wellness and resilience. Mental health counselors, counselor educators, and school counselors will find practical strategies that can be used immediately in their daily practice. Each chapter includes assessment and intervention strategies, client handouts, self-exploration activities, case studies with discussion questions, and recommended resources. Topics covered include development and mental health, self-esteem, body image, relational aggression in girls, sexual assault and intimate partner violence, life-work balance, spirituality, college women’s experiences, and the distinct issues faced by mid-life and older women.

2008 | 300 pgs | Order #72876 | ISBN 978-1-55620-270-4
List Price: $55.95 | ACA Member Price: $39.95

Case Incidents in Counseling for International Transitions
edited by Nancy Arthur and Paul Pedersen
Using a case incident approach to teaching cultural sensitivity, this book explores the nature of cross-cultural transitions with clients from around the world. It focuses on the opportunities and challenges international workers, students, immigrants, refugees, and military personnel face from initial entry to the host culture to returning home. Among the issues addressed are culture shock, acculturation, dual career transitions, isolation, family expectations, identity confusion, career concerns, immigration obstacles, PTSD, and readjustment on returning home.

List Price: $59.95 | ACA Member Price: $36.95
A Handbook for Counseling International Students in the United States
edited by Hemla D. Singaravelu and Mark Pope

“This book fills a void in the literature that desperately needed to be addressed. The top scholars and practitioners in the field of intercultural/international counseling have written an absolute ‘must read’ for those who work with international students—counselors, academic advisers, faculty members, and students with an interest in international student welfare.”

—Everett Egginton, PhD
Dean, International and Border Programs
New Mexico State University
Past President, NAFSA: Association of International Educators

This handbook provides a detailed look at the lives of international students and the personal and academic challenges they face before, during, and after their college experience. Thirty-seven experts from around the world discuss a variety of common international student issues, including adapting to an unfamiliar culture and educational system, family expectations, isolation and adjustment, U.S. legal system bureaucracy, career decision making, sexual orientation, disability, financial obligations, and returning home. Specific chapters focus on the unique needs of students from eastern and southern Asia, Latin America, Africa, the Middle East, Europe, New Zealand, and the former USSR nations.

2007 | 352 pgs | Order #72849 | ISBN 978-1-55620-238-4
List Price: $55.95 | ACA Member Price: $39.95

Counseling for Social Justice, Second Edition
edited by Courtland C. Lee

This one-of-a-kind resource provides counselors with the skills necessary for becoming agents of social change and champions of social justice. Leaders in the field examine the social, cultural, and economic systems that perpetuate injustice and inequality and illustrate why counselors must accept their professional, ethical, and moral responsibility to help transform these systems.

Copublished by the ACA Foundation and Counseling Outfitters
List Price: $49.95 | ACA Member Price: $34.95
Multicultural Competencies: A Guidebook of Practices
edited by Gargi Roysircar, Daya Singh Sandhu, and Victor Bibbins Sr.

The Guidebook demonstrates multicultural competencies and the successful delivery of services across the various professional disciplines represented in ACA. Leading authorities offer direction for effective multicultural counseling and reflect on what they have found to be the best practices in their specialty area. Numerous case studies and vignettes provide powerful teaching tools that illustrate the how-tos of counseling diverse clients.

Published by the Association for Multicultural Counseling and Development
List Price: $47.95 | ACA Member Price: $31.95

Multicultural Counseling Competencies
Gargi Roysircar, Patricia Arredondo, Jairo N. Fuertes, Joseph G. Ponterotto, and Rebecca L. Toporek

The groundbreaking AMCD Multicultural Competencies are a benchmark for the profession and guide counseling in the context of culture, ethnicity, race, gender, sexual orientation, ability, age, and religion. The numerous practice examples included in the book are supported with conceptualizations about multicultural counseling competencies, research findings, and professional events. This is an essential resource for educators, students, and practitioners.

Published by the Association for Multicultural Counseling and Development
List Price: $24.95 | ACA Member Price: $19.95

Multicultural Counseling Competencies — Now Available in Spanish!
2003 | 170 pgs | Spanish-Language Order #72859
List Price: $24.95 | ACA Member Price: $19.95

Get Inspired, Get Real
Get Jazzed…read the ACA blog!

my.counseling.org
A blog written by counselors, for counselors
Ethical & Legal Issues

Ethics Desk Reference for Counselors
Jeffrey E. Barnett and W. Brad Johnson

“We strongly recommend this marvelous book as excellent, essential reading material for doctoral students, researchers, scholars, and professionals in the fields of ethics, psychiatry, clinical psychology, counseling psychology, law, nursing, preventive medicine, and education.”

—PsycCRITIQUES

“This is a very useful supplementary book for students in ethics courses and for counseling professionals in a variety of specializations.”

—Gerald Corey, EdD
Diplomate in Counseling Psychology, ABPP
Professor Emeritus, California State University, Fullerton

This pocket guide will help you interpret and apply the ACA Code of Ethics in order to prevent or resolve ethical dilemmas. In Part I, Drs. Barnett and Johnson provide an easily understood translation of each Standard of the Code, followed by a discussion of common challenges associated with the Standard and a list of recommendations for maintaining ethical, preventive practice in the topical area. Part II contains an ethical decision-making model and practical strategies for responding to frequently faced concerns surrounding culture and diversity, confidentiality, suicidal clients, boundary issues and multiple relationships, competence, supervision, managed care, termination, and responses to subpoenas.

2010 | 224 pgs | Order #72893 | ISBN 978-1-55620-298-8
List Price: $48.95 | ACA Member Price: $36.95

Documentation in Counseling Records:
An Overview of Ethical, Legal, and Clinical Issues, Third Edition
Robert Mitchell

Fully revised in accordance with the 2005 ACA Code of Ethics, and with an expanded focus on ethical conduct and the importance of professional values, this helpful monograph offers guidelines on how to keep client records that are legally, clinically, and fiscally sound. Mitchell provides information on how counselors can help protect themselves from lawsuits and allegations of unethical conduct, assist in court cases, speed third-party reimbursements, master electronic record keeping, and enhance the quality of care through effective communication. This edition contains new information on cultural sensitivity, online counseling, dual relationships, sexual relationships, and integrity. In addition, a new chapter on ethical considerations offers counselors a mini-workshop format for discussing ethical and procedural questions in the workplace.

List Price: $33.95 | ACA Member Price: $25.95
Ethical & Legal Issues

ACA Ethical Standards Casebook, Sixth Edition
Barbara Herlihy and Gerald Corey

A resource no counselor or counselor-in-training can afford to be without—the ACA Ethical Standards Casebook provides a detailed analysis of the 2005 ACA Code of Ethics and a foundation for ethical decision making in counseling practice. Through enlightening case studies and vignettes, the Casebook offers expert guidance in applying ethical standards in work with diverse clients. This edition reflects the latest changes in the Code, including modifications to thinking on dual relationships, online counseling, and the nuances of culturally sensitive counseling.

List Price: $64.95 | ACA Member Price: $46.95

Boundary Issues in Counseling: Multiple Roles and Responsibilities, Second Edition
Barbara Herlihy and Gerald Corey

The second edition of this widely used text reflects the profession’s current thinking on nonprofessional and multiple relationships. Revised in accordance with the 2005 ACA Code of Ethics and ethical codes of related professional associations including APA, ACES, ASCA, AAMFT, ASGW, and NASW, this book is a necessity for all counselors seeking to make sense of and develop a clear personal stance on this controversial topic.

List Price: $56.95 | ACA Member Price: $40.95

ACA Code of Ethics
As Approved by the ACA Governing Council

The ACA Code of Ethics was revised in 2005, and substantial updates occurred in many areas including online counseling, dual relationships, and cultural sensitivity. The online counseling section addresses multiple issues that have arisen with advances in technology and provides guidance on distance counseling practice. Also, a major advancement was made in the area of dual relationships. The previous Code recommended avoiding most forms of dual relationships; the new Code identifies circumstances in which a dual relationship may be acceptable. Nineteen state licensure boards have adopted ACA’s Code as the state-mandated code of ethics in counseling. Single copy downloads of the ACA Code of Ethics are available free at counseling.org/ethics. The Code is also available in packages of 25 for classroom and presentation use.

2005 | 24 pgs | Order #72838
List Price: 25 copies for $35.00 | ACA Member Price: 25 copies for $25.00
The Creative Arts in Counseling, Fourth Edition
Samuel T. Gladding

“Inspirational and amazingly comprehensive, this book offers a truly exceptional array of creative interventions and innovative strategies for practicing counselors working in diverse counseling settings. It is artfully written, provides myriad vivid examples, and is a genuine treasure. Dr. Gladding has hit a home run!”

—Thelma Duffey, PhD
Founding President, Association for Creativity in Counseling
The University of Texas at San Antonio

In this detailed examination of the expressive therapies, Dr. Gladding demonstrates how music, dance, imagery, visual arts, literature, drama, and humor can be used effectively in counseling. Combining history, theory, and application, he provides a rationale for using each art form with how-to strategies for working with clients of all ages and diverse cultural backgrounds to promote positive change and growth. This fourth edition includes “Creative Reflection” sections that give readers an opportunity to ponder their own creativity and, for greater ease of use, a new chapter that briefly describes each of the 117 exercises found in the book.

Webinar available at counseling.org/resources!

List Price: $48.95 | ACA Member Price: $33.95

Creating Your Professional Path: Lessons From My Journey
Gerald Corey

In this engaging book, Dr. Corey writes about personal and professional experiences throughout his 50-year career as a counselor, teacher, counselor educator, psychologist, supervisor, and writer. He shares recommendations and lessons he has learned—and is still learning—as a way to mentor other professionals and to promote self-reflection about creating one’s own professional path. In addition, 18 graduate students and new professionals share stories from their journeys, describe challenges they have faced, discuss what was helpful to them in pursuing their career path, and provide recommendations for getting the most from educational experiences.

Topics covered include Dr. Corey’s reflections on and turning points in his journey, how he developed his approach to counseling and group work, the counselor as a person and as a professional, the benefits of being mentored and mentoring others, becoming an ethical counselor, choosing a career path, professional writing, and self-care.

See page 42 for a companion DVD of Dr. Corey’s keynote address at the 2010 ACA Conference & Exposition on these themes.

List Price: $24.95 | ACA Member Price: $19.95
Professional Development

counseling.org | 703-823-9800 x222 | 800-422-2648 x222

edited by Jane Webber and J. Barry Mascari

The field of disaster mental health has evolved substantially since the terrorist attacks on September 11, 2001 and this book has been almost completely revised to reflect the dramatic growth in knowledge and experience within the field, as well as more recent tragedies. This third edition covers shootings on the Virginia Tech and Northern Illinois University campuses, the hurricanes in New Orleans and the Gulf Coast region, the earthquake in China, trauma affecting military veterans and their families, the financial crisis, and other tragedies that have gripped our global society in recent years.

A new section titled “Self Care for Counselors and First Responders” has been added to address compassion fatigue, secondary traumatization, and debriefing strategies to aid those who are on the front lines of disaster relief.

This book is a vital, hands-on resource offering lessons learned, crisis plans, step-by-step protocols, treatment strategies, and insights from experienced professionals.

Published by the ACA Foundation
List Price: $44.95 | ACA Member Price: $33.95

The ACA Encyclopedia of Counseling

“The ACA Encyclopedia of Counseling is like no other reference in professional counseling. Whether preparing for a credentialing examination or an unfamiliar client issue, this book will serve as a review of salient information or a quick resource for other in-depth treatments of the topic.”

—Thomas J. Sweeney, PhD
Professor Emeritus, Ohio University

This premiere counseling reference book is ideal for students, educators, supervisors, researchers, and practitioners seeking to quickly update or refresh their knowledge of the most important topics in counseling. More than 400 entries span the 2009 CACREP core areas used in counselor preparation, continuing education, and accreditation of counseling degree programs, making this a perfect text for introductory counseling classes or for use as a study guide when preparing for the National Counselor Exam. This encyclopedia goes beyond simply defining counseling concepts by making the material come alive through its user-friendly writing style and format; instructive examples that connect readers to practice, teaching, supervision, and research; and its helpful cross-referencing of entries, boldfaced important terminology, and suggested resources for further study.

List Price: $104.95 | ACA Member Price: $79.95
Counseling Strategies for Loss and Grief
Keren M. Humphrey

“Keren Humphrey has given mental health professionals a complete guide for working with diverse clients experiencing grief in a variety of forms. This book is well written, easy to understand, and is an excellent tool for beginning counselors or seasoned professionals.”

—Elizabeth A. Doughty, PhD
Idaho State University

This book describes effective counseling strategies for loss and grief issues commonly presented in individual, family, and group psychotherapy. In Part 1, Dr. Humphrey discusses death- and non-death-related loss and grief experiences, outlines selected psychosocial factors, and describes intervention based on two contemporary grief models. Part 2 contains therapeutic strategies organized according to focus or theoretical origins along with suggestions for implementation and customization to client uniqueness. Specific chapters include cognitive–behavioral and constructivist strategies, emotion-focused strategies, narrative therapy, solution-focused therapy, and adjunctive activities. The final chapter focuses on counselor roles and recommended professional and personal practices.

List Price: $54.95 | ACA Member Price: $42.95

Becoming a Counselor: The Light, the Bright, and the Serious
Second Edition
Samuel T. Gladding

This fascinating book provides insight into the turning points that influence professional growth and development as a counselor. Through the use of autobiographical vignettes, Dr. Gladding shares his experiences as one of the field’s most beloved and respected leaders. His personal experiences reflect universal themes in becoming a helping professional, and both novice and seasoned counselors will benefit from his knowledge, skill, and the wisdom drawn from more than 30 years in the profession. Topics addressed include personal growth; finding what works and learning from failure; basic skills and counseling processes; creativity in counseling; multicultural and spiritual considerations; the influences of colleagues, friends, and family; working with groups and families; professional development; leadership; and termination. Each section of the book contains “Points to Ponder” to facilitate classroom discussion and personal reflection.

Published by the ACA Foundation
List Price: $29.95 | ACA Member Price: $24.95
Developing Clinical Skills in Suicide Assessment, Prevention, and Treatment

Jason M. McGlothlin

In this text, McGlothlin explains how to conduct assessment interviews and use suicide assessment tools, identify levels of lethality using his SIMPLE STEPS model, create a comprehensive suicide prevention and treatment plan, and work with family members. In addition, he offers guidance on what to do when clients kill themselves and examines the legal and ethical issues surrounding suicide. Case examples, discussion questions, measurable individual and group activities, and skill-building resources throughout the book link theory to practice. The final chapter presents stories from the field to inspire counselor reflection and growth.

Assessment of Client Core Issues

Richard W. Halstead

This monograph instructs counselors on how to better recognize, understand, and treat clients’ underlying problems. The model presented helps uncover the origin of these core concerns, provides a means to address them, and challenges counselors to move beyond the limitations of the DSM to better serve their clients. This framework will also assist counselors in providing more targeted treatment plans.

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This student-friendly introductory text provides a thorough overview of each of the following theories: psychoanalytic, Jungian, Adlerian, existential, person-centered, Gestalt, cognitive–behavioral, dialectical behavior, rational emotive behavior, reality therapy/choice theory, family, feminist, transpersonal, and integrative. Experts examine each theory from the perspective of its historical background, major constructs, goals, cross-cultural considerations, and limitations. Traditional and brief interventions integrate theory with specific counseling strategies, giving students further insight into the counseling process and guidance in developing their personal counseling style. A consistent case study across chapters reinforces the differences between theories and illustrates assessment of client concerns and treatment planning. Introductory chapters explore core dimensions and brief approaches to the helping relationship and how to best deliver counseling and advocacy services to diverse client groups. A complimentary test manual and PowerPoints for instructors’ use are available by request on university letterhead.

2011 | 408 pgs | Order #72902 | ISBN 978-1-55620-271-1
List Price: $69.95 | ACA Member Price: $49.95

Gerald Corey, Robert Haynes, Patrice Moulton, and Michelle Muratori

This straightforward guide for new and practicing supervisors emphasizes the skills necessary to effectively supervise others in a variety of settings. Topics covered include the roles and responsibilities of supervisors, the supervisory relationship, models and methods of supervision, becoming a multiculturally competent supervisor, ethical and legal issues in supervision, managing crisis situations, and evaluation in supervision. User-friendly tips, case examples, sample forms, questions for reflection, and group activities are included throughout the text, as are contributing supervisors’ Voices From the Field and the authors’ Personal Perspectives—making this an interactive learning tool that is sure to keep readers interested and involved.

FREE podcast available to ACA members at counseling.org/resources!

List Price: $64.95 | ACA Member Price: $45.95
The Handbook of Counselor Preparation: Constructivist, Developmental, and Experiential Approaches
*edited and cowritten by Garrett J. McAuliffe and Karen P. Eriksen*

This comprehensive guide to teaching and learning in counselor education offers a fundamental grounding in the adult learning and teaching process and includes both practical and conceptual material. Its completely new approach uses contributions from internationally known scholars on the art and craft of teaching in counselor education. Creative teaching strategies for all of the courses in the counseling curriculum are written in a fresh, accessible style. Additional chapters include approaches to the use of technology and to evaluating counselor preparation. *The Handbook* is useful for stimulating creative teaching in both seasoned professionals and doctoral students who are becoming counselor educators. This is a one-of-a-kind book that is characterized by a dynamic approach to experiential teaching and learning. It will be a classic guide for counselor education for years to come. *Sponsored by ACES.*

Published by Sage
List Price and ACA Member Price: $102.00

*Winner of the 2010 Publication in Counselor Education and Supervision Award!*

The Professional Counselor: Portfolio, Competencies, Performance Guidelines, and Assessment, Fourth Edition
*Dennis W. Engels, Casey A. Barrio Minton, Dee C. Ray, and Associates*

Student learner outcomes and counselor work behaviors are tied to the 2009 CACREP Standards in this long-standing premier handbook for students, educators, supervisors, researchers, and practitioners seeking to quickly update, refresh, or evaluate their knowledge of and skills in the most important competencies in counseling. Ideal for use as a student portfolio or a supplementary text, the fourth edition of *The Professional Counselor* continues a 35-year tradition of providing a useful framework for tracking individual professional growth and evaluation. This edition affords baseline and progress data supporting a systematic developmental plan, assessment, and charting of each student’s or professional’s progress toward developing professional counseling competencies.

2010 | 244 pgs | Order #72897 | ISBN 978-1-55620-296-4
List Price: $49.95 | ACA Member Price: $33.95
The Life and Work of Carl Rogers
Howard Kirschenbaum

“Thoroughly referenced and annotated, this book follows Rogers’ life from his early childhood through his death and offers interesting insights into his legacy. This is clearly the definitive book on Carl Rogers, and Howard Kirschenbaum should be thanked for offering us a window into the soul of Carl Rogers.”
—Edward Neukrug, EdD
Old Dominion University

This authoritative biography of Carl Rogers, written by the internationally recognized leading expert on Rogers’ life and work, provides a new generation of mental health professionals with a detailed look at Rogers’ enormous influence on counseling and psychotherapy. It contains insightful excerpts from interviews the author conducted with Rogers’ relatives and colleagues, new revelations about Rogers’ life and work, and 16 pages of photographs. In addition, it incorporates information found only in private documents released after Rogers’ death including his personal relationships, his dealings with the CIA, alcohol, and the paranormal and spirituality.

FREE podcast available to ACA members at counseling.org/resources!

List Price: $69.95 | ACA Member Price: $49.95

The New Handbook of Administrative Supervision in Counseling
Patricia Henderson

Whether you are a practicing, new, or aspiring supervisor in a mental health agency, center, private practice, or school, The New Handbook of Administrative Supervision in Counseling is for you. It highlights the skills needed to fulfill 18 job responsibilities such as implementing your vision, advocating for services and staff members, navigating the politics inherent in work environments, building a team of staff members, managing budgets, and maintaining your own professional integrity and development. Useful forms are provided, as are self-directed exercises designed to facilitate personal reflection. Sponsored by ACES.

Published by Routledge/Taylor & Francis Group
List Price and ACA Member Price: $76.95
Critical Incidents in Clinical Supervision: Addictions, Community, and School Counseling
edited by Lawrence E. Tyson, John R. Culbreth, and Judith A. Harrington

Sharpen your supervision skills with this book that goes to the heart of what constitutes good practice. Experts in the field provide guidance on critical aspects of supervision through case incidents in which a supervisor or supervisee is facing an ethical, moral, legal, or clinical dilemma. Thirty-three incidents addressing supervision issues that commonly occur in chemical dependency, community counseling, and school settings are presented.

List Price: $48.95 | ACA Member Price: $32.95

Supervision Strategies for the First Practicum Third Edition
Susan Allstetter Neufeldt

Dr. Neufeldt gives step-by-step instruction for supervisors through a case conceptualization model and two semesters of weekly clinical training of supervisees. She emphasizes the importance of establishing an ethical and collaborative supervisory relationship in which the supervisor and supervisee can learn from each other throughout the counseling process. Basic and advanced supervision strategies designed to produce trainee growth at each developmental milestone are illustrated through dialogues that show supervision in action. This edition provides a detailed discussion on multicultural issues in supervision and innovative activities for classroom use have been added.

List Price: $52.95 | ACA Member Price: $36.95

Mastering the Art of Solution-Focused Counseling
Jeffrey T. Guterman

A favorite among practitioners and counselor educators alike, Mastering the Art of Solution-Focused Counseling takes a highly effective model to a new level by helping clients identify and harness their existing strengths, resources, and problem-solving skills to promote positive change. Numerous case examples clearly illustrate this approach throughout the therapeutic process with clients experiencing problems such as depression, substance abuse, grief, suicidal behavior, trichotillomania, and schizophrenia.

2006 | 175 pgs | Order #78067 | ISBN 978-1-55620-267-4
List Price: $49.95 | ACA Member Price: $38.95
Special Populations in College Counseling: A Handbook for Mental Health Professionals
edited by Joseph A. Lippincott and Ruth B. Lippincott

Twenty-two chapters on concerns as wide ranging as substance abuse, sexual trauma, relationship violence, transgenderism, grief, and spirituality are included in this timely text. The special needs of students with autism and Asperger’s syndrome, mobility impairments, chronic medical conditions, learning disabilities, blindness, deafness, severe psychiatric disorders, and self-injurious behavior are also detailed. In addition, the unique issues faced by third-culture students, multiracial students, first-generation students, adult learners, athletes, military veterans, students in academic jeopardy, and students who have been mandated for counseling are addressed. This is an exceptional book for college counselors, administrators, and university faculty; private practitioners; and agency counselors.

List Price: $57.95 | ACA Member Price: $44.95

Professional Counseling 101: Building a Strong Professional Identity
Mark Pope

ACA leader Mark Pope presents columns from his presidential year, as well as new writings in this engaging book that is guaranteed to instill or rekindle your pride in the profession. Timeless in appeal, these passionate essays explore professional identity and express the profundity of counselors’ work. Writing on topics as diverse as the art of building relationships, multicultural skill development, GLBT rights, and professional opportunities and responsibilities, Pope’s excitement is infectious.

List Price: $18.95 | ACA Member Price: $12.95

The New Handbook of Counseling Supervision
L. DiAnne Borders and Lori L. Brown

This book provides a best principles and practices overview of the counseling supervision process. It is written for teachers of counseling supervision courses, those who manage beginning supervisors, supervisors in field settings, and in-service workshop trainers who want how-to applications of the research literature, with concrete examples, rather than a comprehensive review of the supervision literature. Discussion questions, vignettes, and sample forms and materials are included to enhance application of important concepts in each chapter. Sponsored by ACES.

Published by Routledge/Taylor & Francis Group
List Price and ACA Member Price: $52.95
Cyberbullying: What Counselors Need to Know

Sheri Bauman

Written for counselors, teachers, school leaders, and other professionals who work with children and teens, Cyberbullying addresses the real-life dangers students face on the Internet, including offensive, confrontational, and harassing messages; the disclosure of inappropriate personal information; intimidation; social exclusion; and cyberstalking. In a reader-friendly style, Dr. Bauman discusses the tools, strategies, and resources necessary to provide quality services to clients and students involved in, or concerned about, cyberbullying.

Benefits and Features

- Practical tips to identify and follow cyberfootprints
- Proactive responses to cyberbullying
- Effective, nonpunitive strategies for responding to cyberbullying
- Useful information on current technology and popular websites
- List of books, helpful websites, and other media
- Appendix with review of the latest cyberbullying research

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Suicide Prevention in the Schools: Guidelines for Middle and High School Settings, Second Edition

David Capuzzi

In this book, David Capuzzi, a renowned expert on suicide, promotes suicide prevention in schools through the use of a clear and effective crisis management plan designed to identify and serve at-risk youth. His concise, step-by-step framework provides essential information for school counselors, administrators, and faculty on suicide assessment, faculty roles and responsibilities, and instructions on how to implement a building- or district-wide prevention program.

Key Features

- Discussion of risk and protective factors
- Content for faculty training and preparation of crisis teams
- Postvention after a suicide attempt or completion
- Legal aspects of youth suicide prevention
- Parental education
- Classroom lesson plans
- Instructor PowerPoints for each chapter available on request from ACA
Solution-Focused Counseling in Schools, Second Edition

John J. Murphy

“I highly recommend Dr. John Murphy’s Solution-Focused Counseling in Schools. It presents the basic ideas of this approach in a clear, concise, and easy-to-read manner and is useful for students, new professionals, and experienced counselors.”

—Gerald Corey, EdD
Diplomate in Counseling Psychology, ABPP
Professor Emeritus, California State University, Fullerton

This book offers a refreshingly positive and practical approach to resolving a diverse range of problems from preschool through high school. Drawing on the most recent research and on his extensive experience as a school practitioner and trainer, Dr. Murphy presents a step-by-step guide to solution-focused counseling in today’s schools. This strength-based approach is illustrated through real-world examples and dialogues from actual counseling sessions. User-friendly forms, questionnaires, and handouts are provided for immediate application with students, teachers, and parents.

Learn to facilitate solutions by defining changeable problems and setting realistic goals

• developing cooperative, change-focused relationships
• building on exceptions
• changing the doing and viewing of the problem
• evaluating and sustaining progress
• troubleshooting when things do not go as planned
• and ending counseling on a positive note.

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List Price: $53.95 | ACA Member Price: $41.95

Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents, Fifth Edition

edited by David Capuzzi and Douglas R. Gross

In the latest version of this best-selling text, Drs. Capuzzi and Gross and 25 contributing authors provide techniques for addressing dysfunctional family dynamics, low self-esteem, mood disorders, stress and trauma, eating disorders, suicidal behavior, teen sexuality, the needs of queer youth, gang membership, school violence, substance abuse, homelessness, and school dropout. A new chapter on the unique stressors faced by ethnic minority youth has been added to this edition. A complimentary test manual and PowerPoint for instructors’ use are available by request on university letterhead.

List Price: $69.95 | ACA Member Price: $49.95
School Counselors Share Their Favorite Group Activities: A Guide to Choosing, Planning, Conducting, and Processing
Edited by Louisa L. Foss, Judy Green, Kelly Wolfe-Stiltner, and Janice L. DeLucia-Waack

In this book, school counselors share 67 group activities for working with children and adolescents in schools. For ease of use, activities are arranged by age as well as by stage. Introductory chapters highlight selection, use, and processing of activities, as well as ethical issues inherent in working with students. Each activity contains directions, goals, materials, and ideas for adaptation. Suggestions for creating a supportive environment for groups are also included.

Published by the Association for Specialists in Group Work
List price: $45.00 | ACA Member Price: $35.00

Supervising the School Counselor Trainee: Guidelines for Practice
Jeannine R. Studer

This book provides practical guidelines that explain the how-tos of school counseling supervision. The authors discuss supervisory models and trends in supervision, the supervisor’s role in each stage of the supervisory process, the relationship between the ASCA National Model and supervision, the use of technology, legal and ethical issues, working with difficult trainees, supervisory techniques, and the evaluation process. In addition, the abundant training exercises, forms, case examples, questions for reflection, supervision resources, and ethical guidelines found in this manual help to demystify and facilitate the supervision process.

List Price: $47.95 | ACA Member Price: $32.95

Applying the Standards for Educational and Psychological Testing—What a Counselor Needs to Know
Association for Assessment in Counseling and Education

Authors of this monograph review the Standards for Educational and Psychological Testing prepared by the American Psychological Association, the American Educational Research Association, and the National Council on Measurement in Education. Standards appropriate for counselors have been selected, and the implications for educational and clinical settings are explained.

Published by the Association for Assessment in Counseling and Education
2002 | 54 pgs | Order #72818
List Price: $13.95 | ACA Member Price: $10.95
Play Therapy: Basics and Beyond, Second Edition
Terry Kottman

Written for use in play therapy and child counseling courses, this extraordinarily practical text provides a detailed examination of basic and advanced play therapy concepts and skills and guidance on when and how to use them. Kottman’s multitheoretical approach and wealth of explicit techniques are also helpful for clinicians who want to gain greater insight into children’s minds and enhance therapeutic communication through the power of play.

After a discussion of the basic concepts and logistical aspects of play therapy, Kottman illustrates commonly used play therapy skills and more advanced skills. Introduced in this edition is a new chapter on working with parents and teachers to increase the effectiveness of play therapy. Practice exercises and “Questions to Ponder” throughout the text facilitate the skill-building and self-examination process, and a final chapter on professional concerns addresses important issues facing mental health professionals who practice play therapy.

List Price: $56.95 | ACA Member Price: $42.95

Counseling Children: A Core Issues Approach
Richard W. Halstead, Dale-Elizabeth Pehrsson, and Jodi Mullen

This innovative book offers a means for practitioners in community, mental health, and school settings to better assess, treat, and monitor children’s underlying issues. The diagnostic framework presented helps uncover the nature of children’s core concerns and how to address the issues they are struggling with. Part I provides an orientation to the core issues approach and how to conceptualize the nature of clients’ presenting concerns. Part II describes intervention strategies for work with children, including narrative approaches, play therapy, sand tray therapy, and expressive arts therapy. The final chapter gives suggestions for bringing parents, teachers, and other professionals together as a collaborative team.

List Price: $29.95 | ACA Member Price: $24.95

Active Interventions for Kids and Teens: Adding Adventure and Fun to Counseling!
Jeffrey S. Ashby, Terry Kottman, and Don DeGraaf

This engaging guide contains 50 action-oriented activities that can be used in groups with children, adolescents, and adults. Combining fun with proven adventure therapy strategies, the activities are designed to stimulate learning, promote social and emotional development and insight, cultivate strategic skills, foster change, and encourage teamwork. For quick and easy use, each activity lists age range, game rules, goals and objectives, materials required, modification suggestions, and post-activity processing and discussion questions. Additionally,
helpful matrices organize the activities by type, goals, objectives, and grade levels to help group leaders find the right activity at the right time, whether in school or mental health settings. The authors also include chapters with lots of practical suggestions for leading the activities in ways that are safe, enjoyable, and facilitative of the therapeutic goals.

2008 | 238 pgs | Order #72875 | ISBN 978-1-55620-256-8
List Price: $47.95 | ACA Member Price: $44.95

**Tough Kids, Cool Counseling: User-Friendly Approaches With Challenging Youth**
Second Edition
*John Sommers-Flanagan and Rita Sommers-Flanagan*

*Tough Kids, Cool Counseling* offers practical strategies for overcoming resistance, fostering constructive therapy relationships, and creating opportunities for client change and growth. John and Rita Sommers-Flanagan’s infectious spirit and creative techniques will help you bring renewed energy into the counseling process. In this edition, the authors offer a new chapter on resistance busters and present updated and fresh ideas for establishing rapport, carrying out informal assessments, improving negative moods, modifying maladaptive behaviors, and educating parents. Suicide assessment, medication referrals, and therapy termination are also discussed.

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at counseling.org/resources!

List Price: $51.95 | ACA Member Price: $39.95

**Critical Incidents in Counseling Children**
*edited by Suzanne M. (Hobson) Dugger and Laurie A. Carlson*

This phenomenal resource offers strategies for counseling children under the age of 13 in both school and nonschool settings. Renowned experts examine cases on an extensive array of common childhood issues. Each case offers specific suggestions for working with clients for whom words are not necessarily their primary form of communication. Instead of focusing solely on success stories, the authors also discuss especially challenging cases and give candid descriptions of their self-doubt and confusion about how to proceed.

List Price: $57.95 | ACA Member Price: $42.95
Have you used therapeutic games that were mostly “game” and little “therapy” or used cards that only addressed an issue that brought the child to therapy every fifth or tenth turn? These games focus children and teens on the important issues that brought them to counseling—on each and every turn—thus maximizing the value of counseling time, enhancing learning and therapeutic change, and countering the criticism that play therapy is “all play” and “no therapy.” They will help children understand and cope with a wide range of life issues through play therapy. By purchasing different card sets, the same board can be used to create a variety of games.

**Dinosaur Game Board (2-sided)**
Two game boards in one! This colorful, double-sided, 30” by 40” dinosaur-themed game board is protected by a 3-milimeter laminate. The two sides present beautiful renditions of a plesiosaur and triceratops.

*Note: The Dinosaur Game Board must be purchased to use all of the therapeutic card sets and the dinosaur game pieces.*

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Includes 7 card sets dealing with the following topics: Coping With Distractibility and Inattention, Coping With Disorganization, Coping With Hyperactive-Impulsive Behavior, Adjusting to Interventions, Dealing With Academic Problems, Handling Social Situations, and Handling Important Relationships.

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**List Price and ACA Member Price:** $15.99

**Solving Problems**
Includes 4 card sets dealing with the following topics: Intrapersonal Problems, Problems at School, Problems at Home, and Problems With Friends.

Order #82004  
**List Price and ACA Member Price:** $9.99

**Studying Skillfully**
Includes 6 card sets dealing with the following topics: Habits, Listening, Organization, Following Directions, Homework, and Test Taking.

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Social Skills
Includes 10 card sets dealing with the following topics: Sharing, Cooperation, Apologizing, Following Directions, Listening, Compliments, Accepting Criticism, Conversations, Helping Others, and Accepting Others.

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Good Grief

Order #82007
List Price and ACA Member Price: $19.99

Understanding Anger
Includes 6 card sets dealing with the following topics: Learning About Anger, Coping With Anger, Anger and Friends, Anger and the Family, Anger at School, and Anger and Sports.

Order #82008
List Price and ACA Member Price: $13.99

Conflict Resolution
Includes 9 card sets dealing with the following topics: The Nature of Conflict, Conflicts With Peers in the Community, Conflicts With Adults in the Community, Conflicts With Other Community Members, Conflicts Over TV, Conflicts With Peers at School, Conflicts With Adults at School, Other Conflicts at School, and Conflicts at Sporting Events.

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Changing Families

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Dinosaur Game Pieces
This set of six, color, plastic dinosaur game pieces contains a parasaurolophus, velociraptor, euoplocephalus, tyrannosaurus, dilophsaurus, and a chasmosaurus.

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Additional Therapeutic Games
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Stressbuster Relaxation Exercise CD, Volume 1
This CD contains the following guided relaxation exercises: Releasing the Dam, Breaking Down the Walls, and Fireside Stretching, as well as guided visual imagery journeys to a Tropical Hideaway, The Meadow, and Springtime Breezes. Useful as centering, homework, and in-session relaxation exercises with individuals, small groups, and large audiences.

50 minutes | Order #82000
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The Mutual Storytelling Technique Game CD
The Mutual Story-Telling Technique Game (MSTG) allows clients to select background storyboards (e.g., home, school, neighborhood, outdoors) and superimpose characters from diverse cultural backgrounds, age groups, and occupations. A set of domestic and wild animals and dinosaurs serve as characters and the child tells a story using the characters and background. The counselor then analyzes the story and retells a story using similar aspects, but with more pro-therapeutic messages and resolutions, thus presenting clients with greater choices for handling thoughts, feelings, and behaviors in real-world situations. You can print the storyboard, make notes on it, and keep it as a running account of themes and progress. The MSTG CD uses a Windows-based operating platform.

Order #82014
List Price and ACA Member Price: $29.99
In this book, group work and college counseling leaders offer step-by-step instruction in the use and processing of group activities on test anxiety; stress management; ADHD; career development; substance abuse; eating disorders; and the concerns faced by GLBT students, first-generation students, ethnic minority populations, student athletes, and combat veterans. Each activity includes tips for successful implementation as well as an overview of relevant theory and research on the topic. Handouts throughout the text enhance the book’s usefulness in the classroom and with faculty and parents.

2011 | 312 pgs | Order #72911 | ISBN 978-1-55620-311-4
List Price: $49.95 | ACA Member Price: $34.95

This book provides a foundation for training culturally competent group leaders. Step-by-step learning activities are woven throughout the text to facilitate skill development and a solid understanding of the basics of group leadership. Topics covered include identifying and demonstrating basic listening, processing, influencing, and reflecting skills; managing conflict via confrontation; and honing focusing skills. An Instructor’s Guide is available in the ACA Online Bookstore at counseling.org/publications. A Group Microskills DVD is offered free with class adoption of the text.

Copublished by Microtraining Associates, Inc. and ACA
List Price and ACA Member Price: $59.00

This book presents 50+ creative group activities. Introductory chapters offer a guide to the effective use and processing of structured activities. The step-by-step descriptions of each activity include tips for successful implementation. A full range of types and stages of groups is covered. This book is a valuable resource for the practitioner’s bookshelf and an excellent supplemental text.

Published by the Association for Specialists in Group Work
2006 | 190 pgs | Order #78070 | ISBN 978-1-55620-265-0
List Price: $45.00 | ACA Member Price: $35.00
Developing Clinical Skills for Substance Abuse Counseling

Daniel Yalisove

In Part I of this primer, Dr. Yalisove discusses counselor roles and the principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of these approaches in clinical situations using experiential exercises, role-plays, and clinical scenario examples. Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client populations follow, with a helpful chapter on creating client treatment plans and writing clinical reports rounding out the book. An Instructor’s Guide is available in the ACA Online Bookstore at counseling.org/publications.

List Price: $47.95 | ACA Member Price: $32.95

A Contemporary Approach to Substance Abuse and Addiction Counseling: A Counselor’s Guide to Application and Understanding

Ford Brooks and Bill McHenry

Straightforward and reader-friendly, this book provides a basic understanding of the nature of substance abuse and addiction; its progression; and clinical interventions for college/university, school, and community/mental health agency settings. Focusing on clinical applications and how-tos, it will help counselors and counselors-in-training find creative, holistic approaches for working with struggling clients.

Topics Covered
Drug classifications • Assessment • Working with ethnically diverse clients, the GLBT population, and women • The continuum from nonuse to addiction • Developmental approaches in treating addiction • Relapse prevention • Grief and loss in addiction • Group counseling • Working with families • Spirituality • Addictions training and ethical issues • Understanding and applying the 2009 CACREP Standards for Addiction Counseling • Counselor self-care

FREE podcast available to ACA members at counseling.org/resources!

List Price: $55.95 | ACA Member Price: $42.95
Critical Incidents in Addictions Counseling
edited by Virginia A. Kelly and Gerald A. Juhnke

This popular text explores the opportunities and challenges of working with clients struggling with addiction. Each incident examines the client’s history and treatment and raises key questions for discussion. Leading practitioners analyze each incident and respond with revealing observations and recommendations about counselor conduct and client treatment. The concerns of women, ethnically diverse clients, adolescents, older adults, gamblers, and court-mandated clients are discussed, as are the intricacies of family addictions, group interventions, and incorporating spirituality into addictions counseling.

List Price: $29.95 | ACA Member Price: $24.95

Resources from the Office of Public Policy & Legislation
All resources listed below are available to ACA members on the ACA website at counseling.org/PublicPolicy.

ACA Member Price: FREE!

Effective Advocacy With Members of Congress
How can you advocate most effectively for your profession on the local, state, and national levels? It is easier than you think! Available online only.

The Effectiveness of and Need for Professional Counseling Services
This briefing paper describes the need for counseling services, the costs of lack of access to needed services, and the effectiveness of counseling. Available online only.

Effectiveness of School Counseling
This brochure is a collection of research sources that address the effectiveness of school counseling services, including their contribution to the personal and academic success of students. Available online only.

The latest on state certification and renewal requirements and counseling mandates. $10.00 for non-members.

Public Awareness Ideas and Strategies for Professional Counselors
Promote yourself and your profession using the wide range of how-tos and helpful resources included in this guide. Available online only.
A Job Search Manual for Counselors and Counselor Educators: How to Navigate and Promote Your Counseling Career
Shannon Hodges and Amy Reece Connelly

“This book can be used by faculty mentors helping future counselor educators to navigate their first faculty job search or by students seeking their first position in the profession. Seasoned professionals will also find a wealth of information that can be used in planning for and landing their next position.”
—Perry C. Francis, EdD
Eastern Michigan University

This career planning handbook is full of practical, how-to tips for counselors looking for positions in counselor education, college and community college counseling, schools, and community agencies. Whether you are trying to land your first job, changing career paths, or launching your own private practice, this engaging book demystifies the process and highlights what you need to know and do to target and attain fulfilling work. Topics include tapping into the hidden job market, developing a résumé/vita, writing winning cover letters, using job search planning tools and techniques, enhancing networking skills, interviewing with search committees, handling rejection, and moving from one counseling setting or specialty to another.

List Price: $24.95 | ACA Member Price: $19.95

Norman C. Gysbers, Mary J. Heppner, and Joseph A. Johnston

“I am delighted to see a text that is adaptable to beginning and advanced career counseling contexts, that addresses contemporary work issues, and that attends to the needs of diverse clients. This is a book to keep on the shelf in the career counseling office long after class is over for quick reference to concepts, options, and strategies.”
—Ellen Hawley McWhirter, PhD
University of Oregon

This book incorporates the most widely used traditional career counseling practices with new and emerging career development concepts, making it an exceptional text for both counselors-in-training and seasoned practitioners. The strengths-based career counseling interventions provided will help you deliver the best counseling services possible and empower clients to reach their career goals.

Topics discussed include an examination of traditional and postmodern career theories and approaches; counseling an increasingly diverse workforce and addressing cultural context issues such as race, class, gender, and disability; forming a productive alliance with the client; gathering client information; using assessment inventories and instruments; developing client action plans; and navigating termination.

List Price: $69.95 | ACA Member Price: $49.95
Strengths-Based Career Development for School Guidance and Counseling Programs

Norman C. Gysbers and Richard T. Lapan

This publication is a must-read for school counselors, teachers, administrators, and other educational personnel committed to integrating strengths-based career development content and career guidance activities into their schools’ comprehensive guidance and counseling programs. Drs. Gysbers and Lapan give step-by-step instructions on how to achieve full integration using a holistic, development model that unites the academic, career, and personal–social domains of comprehensive guidance and counseling programs. The goal is to engage and prepare students to develop proactive, resilient, and adaptive approaches to the present as well as their futures.

Part I provides a historical overview of the theoretical foundation for comprehensive school guidance and counseling programs. Part II contains an organizational framework and evidence-based activities for delivering career guidance to Pre–K to 12 students. Part III offers a plan for designing, delivering, evaluating, and advocating for strengths-based career development in schools.

Published by Counseling Outfitters, LLC
2009 | 260 pgs | Order #72890 | ISBN 978-0-9795668-3-7
List Price: $47.95 | ACA Member Price: $36.95

More Than a Job! Helping Your Teenagers Find Success and Satisfaction in Their Future Careers

Richard T. Lapan

Motivating teenagers to become actively engaged in their own career development is not always easy, but this book makes it fun. Written for parents, school counselors, and private practitioners, More Than a Job! provides a step-by-step plan to help adolescents prepare for their future educational and career goals. Lapan’s TEAM (Targets, Examples, Assessments, Mutual Actions) approach includes a series of exercises and activities for teens and adults to do together that identify strengths and areas of concern, foster communication and interpersonal skills, enhance self-confidence, and increase resiliency and independence. These exercises not only promote serious career exploration through behavioral targets and goal formation, they also build a trusting and supportive working alliance between teenagers and adults. Real-life examples and assessment instruments are included to further enhance career planning.

List Price: $29.95 | ACA Member Price: $24.95
Career Development Across the K–16 Years: Bridging the Present to Satisfying and Successful Futures

Richard T. Lapan

Dr. Lapan’s model offers a framework for exploring how fundamental career constructs develop within an interconnected network of cultural, social, economic, and political contexts. Exemplary career counseling constructs and techniques for all educational levels are provided to link theory to practice. Professionals will learn the skills necessary to empower young people to make proactive, life-affirming career choices that enhance personal satisfaction and well-being.

List Price: $51.95 | ACA Member Price: $37.95
Multiculturalism & Diversity

Contemporary Mental Health Issues Among African Americans
edited by Debra Harley and John Dillard
This book highlights the strengths of African American individuals, families, and communities and offers counseling techniques specifically designed for working with this population.

2005 | 356 pgs | Order #72828
ISBN 978-1-55620-236-0 | List Price: $54.95
ACA Member Price: $37.95

Cross-Cultural Counseling: A Casebook
Clemont E. Vontress, Jake A. Johnson, and Lawrence R. Epp
In this classic text, the subtle dimensions of counseling culturally different clients are illustrated through case studies addressing sexual orientation issues, conflicts within cultures, abuse, violence, physical disability, grief, and more.

1999 | 240 pgs | Order #72686
ISBN 978-1-55620-210-0 | List Price: $49.95
ACA Member Price: $35.95

Professional Development

Distance Counseling: Expanding the Counselor’s Reach and Impact
edited by James F. Malone, Randy M. Miller, and Garry R. Walz
Written by highly experienced distance counseling specialists, this book addresses the wide range of issues involved in implementing distance counseling into traditional practice.

Copublished by Counseling Outfitters, Ready Minds, and ACA
2007 | 200 pgs | Order #72864
ISBN 978-0-9795668-0-6 | List Price: $44.95
ACA Member Price: $29.95

Counseling for Wellness: Theory, Research, and Practice
edited by Jane E. Myers and Thomas J. Sweeney
Twenty-eight experts provide life-enhancing counseling applications that can be used in schools, mental health agencies, counselor education programs, and business and industry.

2005 | 339 pgs | Order #72832
ISBN 978-1-55620-252-0 | List Price: $49.95
ACA Member Price: $32.95
Journeys to Professional Excellence: Lessons From Leading Counselor Educators and Practitioners
edited by Robert K. Conyne and Fred Bemak
Fifteen leaders in the counseling field share their personal and professional stories in this refreshingly honest and deeply moving book.

Contributing Authors: Patricia Arredondo • Madonna Constantine • Gerald Corey • George Gazda • Samuel Gladding • Jane Goodman • A. Michael Hutchins • Allen Ivey • Jeffrey Kottler • Courtland Lee • Judy Lewis • Marianne Mitchell • Mark Pope • Derald Wing Sue • Clemmont Vontress

2005 | 233 pgs | Order #72833
ACA Member Price: $19.95

Suicide Across the Life Span: Implications for Counselors
edited by David Capuzzi
Dr. Capuzzi discusses suicidal risk factors and assessment; ethical and legal considerations; and counseling techniques for work with children, adolescents, adults, and survivors and their families.

2004 | 360 pgs | Order #72807
ACA Member Price: $38.95

College Counseling: Issues and Strategies for a New Millennium
edited by Deborah C. Davis and Keren M. Humphrey
This classic text provides an overview of the myriad roles and responsibilities of college counselors, explores changing institutional demands, and offers techniques for serving the needs of an increasingly diverse group of students.

2000 | 330 pgs | Order #72669
ISBN 978-1-55620-220-9 | List Price: $49.95
ACA Member Price: $34.95

Critical Incidents in School Counseling, Second Edition
edited by Lawrence E. Tyson and Paul B. Pedersen
These incidents illustrate the difficult decisions that school counselors face and create learning opportunities for further discussion. Topics addressed include addiction, pregnancy, suicide, sexual harassment, gangs, parenting, divorce, sexual orientation, violence, and more.

2000 | 312 pgs | Order #72688
ISBN 978-1-55620-209-4 | List Price: $46.95
ACA Member Price: $28.95

Preventing Substance Abuse: A Guide for School Counselors
Amos Sales
Counselors are best suited to lead the effort to prevent substance abuse in schools and this book shows you how with an action plan to implement effective prevention programming.

Copublished by CAPS Publications and the ACA Foundation
2004 | 167 pgs | Order #72822
ACA Member Price: $17.95

Career Counseling in Schools: Multicultural and Developmental Perspectives
Roger D. Herring
This handbook provides tested interventions, assessment techniques, and information services for career counseling with diverse populations. Each chapter contains experiential activities that can be adapted for various ages, grade levels, and learning styles.

1998 | 348 pgs | Order #72638
ISBN 978-1-55620-168-4 | List Price: $45.95
ACA Member Price: $28.95
Assessment and Intervention With Children and Adolescents: Developmental and Multicultural Approaches, Second Edition
Ann Vernon and Roberto Clemente
Vernon and Clemente combine specific, age-and-culture appropriate assessment procedures with techniques for meeting the counseling needs of young clients. Case studies, games, and learning activities offer creative new ideas to help youth face the challenges of growing up in today’s world.

2005 | 273 pgs | Order #72824
ISBN 978-1-55620-239-1 | List Price: $47.95
ACA Member Price: $29.95

Partners in Play: An Adlerian Approach to Play Therapy Second Edition
Terry Kottman
Partners in Play combines the basic principles of Individual Psychology with tested techniques in play therapy. Dr. Kottman provides information on developing treatment plans, strategies for using art and metaphors with children, and case studies that illustrate each stage of Adlerian play therapy.

2003 | 379 pgs | Order #72715
ACA Member Price: $33.95

Critical Incidents in Group Counseling
edited by Lawrence E. Tyson, Rachelle Pérusse, and Jim Whitledge
Group work experts analyze each incident and discuss the behavior of the group leader and group members. Issues considered include confidentiality, member screening, trust, goal development, dual relationships, self-disclosure, referrals, and termination.

2004 | 325 pgs | Order #72812
ISBN 978-1-55620-190-5 | List Price: $44.95
ACA Member Price: $29.95
Selected Backlist

Integrative and Biopsychosocial Therapy: Maximizing Treatment Outcomes With Individuals and Couples
edited by Len Sperry
Three different approaches for working with individuals, couples, and families are explored in this book, with compelling case material that links theory and technique. Also includes an interview with integrative therapy pioneer Dr. John Clarken on approaches to training and clinical practice.

2001 | 125 pgs
Order #72703 | ISBN 978-1-55620-185-1

Techniques in Marriage and Family Counseling, Volume One
edited by Richard E. Watts
This monograph presents ideas for use in beginning counseling sessions, as well as techniques stemming from transgenerational theory and constructivist theory such as religious and intimacy genograms, therapeutic gossip, and scriptotherapy.

2000 | 125 pgs
Order #72667 | ISBN 978-1-55620-211-7

Techniques in Marriage and Family Counseling, Volume Two
edited by Richard E. Watts
Volume Two brings together 19 practical interventions for enhancing communication between couples and families. Techniques include therapeutic correspondence, split team therapy, brief cognitive couple therapy, reconstructing communication, sandplay with couples, and emotional balancing.

2002 | 155 pgs
Order #72704 | ISBN 978-1-55620-212-4

Career Counseling & Development

Family Matters: The Influence of the Family in Career Decision Making
Robert C. Chope
Family Matters offers techniques for exploring how clients are affected by family history, culture, and attitudes. Activities and exercises that emphasize key concepts and the acquisition of new skills are included.

Published by ProEd and CAPS Press, LLC
2006 | 176 pgs | Order #72866
ISBN 978-1-4164-0063-9 | List Price: $32.95
ACA Member Price: $24.95

Knowledge Nomads and the Nervously Employed: Workplace Change & Courageous Career Choices
Rich Feller and Judy Whichard
“This book is both highly insightful and inspiring—a very important contribution, which will be useful for anyone concerned about career development.”

—Spencer “Skip” Niles
Past President, NCDA

This book explores the abilities and personal traits needed to secure and maintain employment in our rapidly changing global economy. It will motivate you to step out of your comfort zone, develop new skills and behaviors, and make courageous career choices that will nurture your passions and maximize your potential.

Published by ProEd and CAPS Press
2005 | 170 pgs | Order #72867
ACA Member Price: $22.95
Multiculturalism & Diversity

FACE–SPIRIT: A New Model for Integrating Spirituality Into Counseling and Psychotherapy

Presented by Radha Janis Horton-Parker and R. Charles Fawcett

Although spirituality is acknowledged as an essential component of wellness, it is often inadequately addressed in counseling and psychotherapy. This DVD will show you how to integrate spirituality into the therapeutic process and promote client change, using both implicit and explicit approaches.

Implicit strategies are

- F – Focusing on the present
- A – Asking for guidance
- C – Compassion cultivation
- E – Existential empathy

Explicit strategies are

- S – Simile
- P – Prayer
- I – Interpretation of sacred text
- R – Rituals
- I – Imagery
- T – Transgression relief

Drawing from a multicultural perspective, the FACE–SPIRIT model provides practical and easy-to-understand strategies to enhance your effectiveness as a helping professional.

2007 | 90 minutes | DVD Order #79818
List Price: $119.95 | ACA Member Price $79.95

Working With Gay and Lesbian Youth: A Multiethnic Demonstration

Presented by Garrett J. McAuliffe with Angela Jones, Joseph Lyttle, Veronica Guarino, Cynthia Jenkins, and Laura Dvornicky

This lively training DVD provides personal testimonials from lesbian and gay clients and guidelines for working with persons who are in the identity confusion and coming out stages of gay identity development. It is useful for practicing counselors and therapists in all settings, school leaders, and counselors-in-training.

Features

- African American and European American men and women as counselors and clients
- Multicultural focus
- Headings and titles that preview and reinforce the issues being modeled
- Leader’s Guide

Produced by Microtraining and Multicultural Development

2005 | 84 minutes | DVD Order #81003
List Price and ACA Member Price: $189.00
ACA’s First Spanish-Language DVD!
La Cosmovisión de Latinos/as en la Consejería
Latino Worldviews in Counseling
Anfitriones: Patricia Arredondo y Jon Carlson
Hosted by Patricia Arredondo and Jon Carlson

In this DVD, two scenarios in Spanish that serve as examples of interpersonal counseling are presented. The cases of David and Sonya are used to demonstrate situations that may occur in families of Latino origin living in the United States. Further, these cases can be applied to the training of counselors in Spanish-speaking countries. When viewing the DVD, focus on what is taking place in the sessions and in the counselors’ facilitation of the communication process. Dr. Virginia Quiñonez and Dr. Carlos Pozzi demonstrate basic principles essential for the practice of counseling and apply them throughout the sessions. At the same time, you will observe behaviors that are relevant within the diversity of the Latino culture. Ultimately, you will have confirmation of the value of cultural competencies in counselor training. Although these are role plays, we hope that you will learn from the discussions with Dr. Quiñonez and Dr. Pozzi and that they will enhance your sensitivity toward cultural diversity.

In Spanish With English Subtitling
2006 | 100 minutes | DVD Order #78101
List Price: $99.95 | ACA Member Price: $79.95

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Counseling DVDs

Professional Development

Rooted Sorrows—Emotional Burden to Emotional Health: Veterans With PTSD

presented by Mitchell Young

In this compelling and heart-wrenching DVD, Dr. Mitchell Young, a licensed psychotherapist and combat veteran who has counseled Vietnam veterans for more than 15 years, discusses PTSD and the lasting effects of combat and severe trauma. Drawing from his own experiences in Vietnam as a member of the Marine Corps, he examines the emotional scars that occur after a traumatic event, night terrors, chronic isolation, and emotional numbness. He also discusses complex PTSD and secondary PTSD, the most common form of PTSD he has seen in Vietnam veterans and their families.

Produced by R-Squared Productions, LLC
2010 | 50 minutes | DVD Order #78241
List Price and ACA Member Price: $59.95

Breakthrough: Art, Analysis, & the Liberation of the Creative Spirit

This beautiful and inspiring film captures the intimate experience of eight artists of varying ages who have been in therapy. It demonstrates the growth and freedom made possible by facing the pain that both psychoanalysis and creativity can bring to awareness. The artists in Breakthrough—a sculptor, a writer, a musician, three painters, and two visual artists—had found themselves held back in their lives and work because of traumatic events and unresolved emotional issues from the past. Through moving scenes that examine their individual therapeutic issues and healing process, the DVD shows how the combination of therapy and creative work liberated them professionally, emotionally, and spiritually. Sponsored by the Lucy Daniels Foundation.

Produced by Expressive Media, Inc.
2011 | 50 minutes | DVD Order #78242
List Price and ACA Member Price: $59.95

Practical Strategies for Caring for Older Adults: An Adlerian Approach for Understanding and Assisting Aging Loved Ones

presented by Radha Janis Horton-Parker and R. Charles Fawcett

This DVD offers caregivers, counselors, and educators effective strategies to improve the lives of older people so that they remain respected, needed, and part of the larger social fabric. Horton-Parker and Fawcett discuss the characteristics of older adults, followed by typical situations encountered by caregivers. Engaging vignettes and presenter commentary illustrate the underlying needs and mistaken goals of attention seeking, power, revenge, and assumed inadequacy that often cause perplexing behavior in older people. The presenters’ simple techniques create win-win situations between caregivers and aging loved ones that improve the quality of life.

2010 | 120 minutes | DVD Order #78238
List Price: $119.95
ACA Member Price $99.95

The Counselor as Person and Professional

presented by Gerald Corey

Gerald Corey shares insights and advice on the intersection between counselors’ personal and professional lives in this inspirational keynote presentation from the 2010 ACA Annual Conference & Exposition. Topics discussed: Personal characteristics of effective counselors • The importance of mentoring and being mentored • Becoming culturally competent—a lifelong endeavor • The counselor as an ethical person • Managing personal and professional boundaries • Values and the counseling process • Personal therapy for counselors • Dealing with stress and finding life balance through self-care

For an expansion of the themes explored in this DVD, see Dr. Corey’s book Creating Your Professional Path on page 14 of this catalog.

Sponsored by the ACA Foundation
2010 | 80 minutes | DVD Order #79819
List Price: $49.95
ACA Member Price $29.95
Stress Management: Understanding and Treatment

*presented by Edna Brinkley*

This DVD provides solution-oriented techniques and handouts to facilitate positive coping strategies and stress reduction. In four real-world vignettes, Dr. Brinkley works with clients of multiethnic backgrounds on their stress issues. She and her clients demonstrate and discuss:

- How stress affects the body, especially chronic stress
- How to identify personal sources and symptoms of stress
- How to implement lifestyle strategies for stress reduction
- How to create a shared frame of reference about stress

These excellent demonstrations, coupled with subtitles that highlight major points, make this DVD a must for those in the helping professions. The easy-to-use format allows viewers to immediately practice what they have seen after each section of the presentation. Includes a CD-ROM that contains transcripts, PowerPoints, and a Leader’s Guide.

*Produced by Microtraining Associates, Inc.*

2008 | 90 minutes | DVD Order #78216

List Price and ACA Member Price: $169.00

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Art Therapy Has Many Faces

*presented by Judith Aron Rubin*

“An extraordinary contribution to the knowledge of this dynamic profession.”
—Harriet Wadeson, PhD

Author, *Advances in Art Therapy*

Using footage from clinicians all over the world, serving many different clients in a wide variety of settings, this DVD demonstrates the healing power of art in coping with pain and trauma.

*Art Therapy Has Many Faces* shows the:

- History and development of the profession
- Sources and uses of art therapy from cave paintings to coping with stress
- Applications of art therapy with clients of all ages and with a variety of problems
- Characteristics of art therapy (doing and reflecting with another)
- Art of art therapy (evoking expression, facilitating reflection)
- Multiple approaches to art therapy with individuals, families, and groups
- Growth of art therapy from clinics to communities
- Rapid results of art therapy

*Produced by Expressive Media, Inc.*

2005 | 50 minutes | DVD Order #79810

List Price and ACA Member Price: $59.95

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Suicide Assessment and Prevention

*presented by John S. Westefeld*

Dr. Westefeld’s presentation includes data on suicide and suicide prevention; how to assess for suicidal risk; and how to conduct a suicide intervention, including suicide prevention programs, counseling with a suicidal person, and the major components of suicide postintervention. In an instructive vignette, Dr. Westefeld works with a suicidal male client to assess his level of lethality and develop a no-harm contract. Includes Leader’s Guide and handouts.

*Produced by Microtraining Associates, Inc.*

2008 | 60 minutes | DVD Order #78217

List Price and ACA Member Price: $169.00
Uses of Metaphors and Poetry in Counseling
presented by Samuel T. Gladding
This classic DVD will show you how to use metaphors and poetry to enhance the counseling process in creative and effective ways.
Uses of Metaphors and Poetry in Counseling contains role-playing exercises and step-by-step, research-based guidelines for implementing this innovative technique in individual counseling, group work, career counseling, and couples and family counseling.

1990 | 52 minutes | DVD Order #78210
List Price: $59.95
ACA Member Price: $49.95

Professional Counseling’s Living Legends
presented by ACA
Albert Ellis observes his 90th birthday as part of a lively and provocative panel discussion featuring the following four legends known for their expertise in various areas of counseling: Patricia Arredondo (multiculturalism), Jon Carlson (Adlerian/individual psychotherapy), William Glasser (reality therapy/choice theory), and John Krumboltz (social learning theory). Participants reflect on how they would like to be known and their outlook for the future of counseling.

2004 | 60 minutes | DVD Order #81000
List Price: $69.95
ACA Member Price: $39.95

Role Induction in Counseling Supervision: Clarifying Duties and Responsibilities
presented by Cynthia J. Osborn and the Kent State University Counseling and Human Development Center
This DVD explores the role induction technique that is used to orient and prepare supervisees for the supervisory process. The roles and responsibilities of supervisors are discussed as is the evaluation of supervisees’ performance. Supervision vignettes with counselors-in-training illustrate role induction in a tangible way and create discussion opportunities in the classroom.

2005 | 40 minutes | DVD Order #81002
List Price: $89.95
ACA Member Price: $59.95

Carl Rogers and the Person-Centered Approach
presented by Howard Kirschenbaum
In this DVD, Rogers’ biographer Howard Kirschenbaum guides us through Rogers’ life and work and the development of the client-centered and person-centered approach to counseling. Rogers is shown counseling clients and working with groups, and more than 100 photographs illustrate this comprehensive and interesting presentation.

2003 | 60 minutes | DVD Order #78203
List Price and ACA Member Price: $125.00

The Written Supervision Contract: Documenting Ethics in Action
presented by Cynthia J. Osborn and the Kent State University Counseling and Human Development Center
In an era of increased accountability, no supervisor or supervisee can afford to be without a written contract. This DVD details the reasons for using a clinical supervision contract, what is included in a contract, and how to introduce the contract to supervisees in the first session. Supervision vignettes demonstrate how a written contract is applied in actual practice, and a sample supervisory contract is included.

Benefits of a written contract
• Demystifies the roles and responsibilities of supervisors and supervisees
• Outlines methods, goals, and expectations of supervision
• Encourages professional collaboration
• Upholds ethical principles
• Documents services to be provided

2005 | 45 minutes | DVD Order #81001
List Price: $89.95
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2003 | 60 minutes | DVD Order #78203
List Price and ACA Member Price: $125.00
Learning to Think Like a Supervisor  
*developed by L. DiAnne Borders, James M. Benshoff, Leslie Armeniox, and Kelly Coker*

This DVD teaches the fundamental concepts and goals of clinical supervision. Borders and Benshoff present the Discrimination Model—developed by Janine M. Bernard—to conceptualize the role and focus of the supervisor. Supervision vignettes illustrate different roles and foci, and additional practice vignettes at the end of the DVD can be used to help students understand the model. A workbook that provides questions for reflection and guidelines for using the DVD in teaching is included.

*Presented by the Association for Counselor Education and Supervision*

2000 | 35 minutes | DVD Order #79815

**List Price and ACA Member Price:** $89.95

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Bullying in Schools: Six Methods of Intervention  
*presented by Ken Rigby*

Ken Rigby, an international expert on peer victimization and author of several books on bullying, gives clear, practical guidance on how to prevent and respond to bullying in high schools. Using actors and role play, the DVD features a typical bullying scenario and then demonstrates how the following six methods can be applied to the situation: the Disciplinary Approach, Restorative Practice, Strengthening the Victim, Student Media- tion, the Support Group Method, and the Method of Shared Concern. By showing the advantages and weaknesses of each method, the counselor or teacher can see how each possible solution might work when handled with confidence and skill.

As well as being an empowerment tool, this DVD is entertaining and is an invaluable resource for training school personnel in how to deal with this common and insidious problem. The disc includes a PDF booklet by Dr. Rigby with a summary of important information and discussion guidelines.

*Produced by Loggerhead Films*

2009 | 35 minutes | DVD Order #78239

**List Price and ACA Member Price:** $129.00

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School Counseling

Quality Circle Time in the Secondary School  
*presented by Jenny Mosley*

At last—a fabulous resource for secondary school teachers on circle time by the leading international expert in the field. In this DVD, Jenny Mosley presents her successful classroom behavior management model Quality Circle Time, which encompasses a whole-school approach to enhancing self-esteem and building positive relationships. She gives professional and practical advice on how to run a circle time session and demonstrates her approach through various exercises with a group of students. Following a brief introduction, she teaches the skills, crucial steps, and key ground rules essential to effective circle time. The group session is followed by a teacher question-and-answer session. Includes a PDF of Mosley’s book *Important Issues Relating to the Promotion of Positive Behavior and Self-Esteem in the Schools*, as well as lesson plans and discussion points.

*Produced by Loggerhead Films*

2009 | 35 minutes | DVD Order #78239

**List Price and ACA Member Price:** $129.00

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Child & Adolescent Development

Crisis Stabilization for Children: Disaster Mental Health  
*presented by Jennifer Baggerly*

This live demonstration DVD presents guiding principles and techniques for helping children recover from trauma after disasters. Dr. Baggerly shares her expertise from working with children in Louisiana following Hurricane Katrina and with children in Sri Lanka after the tsunami.

**Features**
- Key disaster mental health and cognitive-behavioral concepts for work with children
- Physiological, cognitive, emotional, behavioral, and spiritual impacts of disaster
- Basic grounding and containment skills during and after a disaster

*Produced by Loggerhead Films*

2010 | 60 minutes | DVD Order #78240

**List Price and ACA Member Price:** $129.00
Counseling DVDs

46

- Initial individual disaster mental health interventions
- Group disaster interventions
- Leader’s Guide that includes activities

Produced by Microtraining and Multicultural Development
2007 | 60 minutes | DVD Order #78205
List Price and ACA Member Price: $169.00

Play Therapy: Basics for Beginning Students
Presented by Jennifer Baggerly
In this upbeat, entertaining introduction to play therapy, Dr. Baggerly uses puppets to help communicate the rationale, principles, and basic skills of play therapy. Each skill is demonstrated through clips of play therapy sessions with culturally diverse children. Skills shown include tracking play behavior, reflecting feelings, returning responsibility, showing encouragement, building self-esteem, facilitating understanding, and setting therapeutic limits. Includes a Leader’s Guide with questions for reflection.

Produced by Microtraining and Multicultural Development
2006 | 55 minutes | DVD Order #78204
List Price and ACA Member Price: $149.00

The Challenge of Counseling Teens: Techniques for Engaging and Connecting With Reluctant Youth
Presented by John Sommers-Flanagan with Rita Sommers-Flanagan
In skilful sessions with six culturally diverse teenagers, John Sommers-Flanagan demonstrates explicit engagement techniques for managing adolescents’ resistance to counseling. As his clients discuss a range of issues commonly seen in therapy, such as anger and destructive behavior, John shows how to connect with teenagers in ways that deepen the therapeutic relationship and maximize results. This DVD presents teen-friendly, goal-setting procedures and homework assignments; methods for giving direct, authentic feedback and interpretations; and using humor and self-disclosure to enhance therapeutic outcomes. At the end of each session, Rita and John critique John’s work with the client and offer helpful suggestions for counselors. Includes a Leader’s Guide, session transcripts, and additional resources.

Produced by Microtraining and Multicultural Development
2004 | 60 minutes | DVD Order #78201
List Price and ACA Member Price: $149.00

Group Work

PARS: A Model for Learning Process Skills
Presented by James M. Benshoff, J. Scott Glass, and J. Preston Yarborough
The PARS (Processing: Activity Relationships Self) model for working with groups, couples, and individuals is introduced in this DVD. This flexible, here and now approach teaches basic processing skills that can be used to facilitate group interactions, encourage self-reflection of individual members, and help group members get the most out of group experiences and activities. The purpose and components of the model are discussed, followed by a demonstration of how to use the model with a group activity. The group facilitator then uses the PARS model to lead group members through processing their shared experience by asking such questions as

- How did the group interact?
- How did the group work together?
- What role did each member assume?
- How well did the group work together?
- What might be done differently in the future to enhance the group’s work together?

The PARS model is an especially useful tool for organizational events and structured activities because it helps group members reflect on, understand, and apply what they have learned. Group leaders will gain new skills that illuminate and enrich the counseling experience.

2007 | 35 minutes | DVD Order #78072
List Price and ACA Member Price: $99.95
Note: The “Institutional Price” is for institutions using the DVDs for ongoing training purposes and includes a comprehensive Instructor’s Guide to help integrate the DVD into coursework. DVDs sold at the “Individual Price” are for personal use only. The individual version contains an introduction, facilitator processing and planning sessions, and a Viewer’s Guide that provides discussion points and additional information. A message noting that this version is for personal use only and not for institutional use appears throughout the DVD. CEU information is available at www.asgw.org.

NEW!

Group Counseling for Adolescents: A Multicultural Approach presented by Sheri Bauman and Sam Steen

In this DVD, eight complete sessions with a diverse group of eighth-graders are presented. Students explore family concerns, school transition, relationships, and multicultural issues. Viewers are able to observe, analyze, and build on what occurs in the group. Group Counseling for Adolescents is a useful tool both for counselor educators teaching group work and for school counselors, psychologists, and social workers seeking relevant continuing education materials.

2012 | 7 hours | Institutional DVD Order #78253 | Individual DVD Order #78254
Institutional Price: $199.00
Individual Price: $199.00

Group Counseling for Children: A Multicultural Approach presented by Sheri Bauman and Sam Steen

“Group Counseling for Children helps students achieve increased self-understanding and appreciate cultural diversity. It demonstrates choosing activities appropriate for the developmental level of children and how to process exercises in a group.”

—Gerald Corey, EdD

This DVD contains a complete six-session counseling group with fifth-grade students focusing on increasing appreciation of cultural diversity to enhance group process. It illustrates how to focus on the group members’ developmental level, group stage and development, leaders’ selection of activities and processing strategies, and issues surrounding the concept of culture within the group. Viewers are able to observe, analyze, and build on what naturally unfolds in the group. This DVD is a useful tool both for counselor educators teaching group work and for school counselors, psychologists, and social workers seeking relevant continuing education training materials.

2009 | 4 hours | Institutional DVD Order #78215 | Individual DVD Order #78255
Institutional Price: $199.00
Individual Price: $89.00

Leading Groups With Adolescents presented by Janice DeLucia-Waack, Allen Segrist, and Arthur M. Horne

Watch group sessions unfold in this DVD featuring nationally recognized group experts working with a group of high school students. An actual psychoeducational group is shown from the initial stage, through goal setting and a series of working activities, to termination. Activities focus on building self-esteem, managing anger, improving communication skills, and resolving irrational beliefs. The group work model featured is applicable to all school and agency work. You will learn from the leaders’ skills and techniques as well as from the interactions of the adolescents themselves. This is a valuable training tool for counselors working with teens.

2007 | 140 minutes | Institutional DVD Order #78208 | Individual DVD Order #78256
Institutional Price: $199.00
Individual Price: $89.00

Group Work: Leading in the Here and Now presented by Peg Carroll

This DVD demonstrates how group members learn to participate in the “here and now process.” Peg Carroll periodically stops the group and dialogues with a group of outside
observers regarding the meaning of her interventions. The effects of setting norms, dealing with resistance, trust, silence, scapegoating, and negative feelings toward fellow members or the leader are demonstrated. Additional process issues that occur are analyzed as the group unfolds. Includes three parts: The Initial Stage, Reassessing Goals...Transition and Flight, and The Group in Conflict and in Summation.

1985 | 180 minutes | Institutional DVD Order #79816 | Individual DVD Order #79820
Institutional Price: $150.00
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Developmental Aspects of Group Counseling: Process, Leadership, and Supervision presented by Rex Stockton
In this DVD, Rex Stockton presents three easy to teach segments on the most critical areas in group counseling: developmental stages of group members, professional development of group leaders, and supervision of group leaders by a mentor. Learn to identify the different roles in group dynamics and gain a solid foundation for leading groups. Contains three parts: Early development, Moving Through Transition to the Working Stage, and The Working Stage and Termination.

1992 | 135 minutes | Institutional DVD Order #79817 | Individual DVD Order #79821
Institutional Price: $150.00
Individual Price: $79.00

Couples Therapy: Changing Belief Systems
Presenter: Peggy Papp
In this DVD, Dr. Papp demonstrates how therapists can help couples understand core beliefs and expectations in a relationship, address multiple levels of experience, and change pivotal aspects of their relationship in a short time.

2003 | 115 minutes | DVD Order #78212
List Price: $99.95
ACA Member Price: $69.95

Counseling With Choice Theory: The New Reality Therapy
Presenter: William Glasser
This tape includes a detailed discussion on using choice theory with reality therapy as well as a live demonstration of how this approach can lead to marital and family enhancement.

2001 | 130 minutes (2 discs) | DVD Order #78243 | List Price: $79.95
ACA Member Price: $29.95

Working Effectively and Efficiently With Couples
Presenter: Arnold Lazarus
Lazarus teaches the principles of his systematic approach and demonstrates his BASIC ID method with a couple.

2000 | 2 hours | DVD Order #78244
List Price: $99.95
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Counseling Couples With Sexuality Issues
Presenter: Twinet Parmer
Parmer demonstrates her approach to resolving intimacy and sexual issues with a couple.

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Structural Therapy
Presenter: Harry Aponte
In this tape, Aponte presents the structural approach in an insightful session with a couple.

1998 | 2 hours | DVD Order #78247
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### Couples Hypnotherapy
**Presenter:** Jeffrey Zeig  
Using an Ericksonian approach, Zeig works with a minority couple through metaphor and other involvement techniques.

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### Culture Sensitive Couples Therapy
**Presenter:** Kenneth V. Hardy  
This tape focuses on ethnic differences in family patterns. Dr. Hardy demonstrates positive and practical clinical skills.

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**Presenter:** William Hudson O’Hanlon  
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- **1995 | 2 hours | DVD Order #78249**  
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### Hot Monogamy
**Presenter:** Pat Love  
In this tape, Dr. Love demonstrates how to achieve a more passionate, intimate relationship.

- **1995 | 2 hours | DVD Order #78250**  
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### Constructivist Therapy Using the Internalized Other Procedure
**Presenter:** Karl Tomm  
The family in this tape takes on new roles through the constructivist approach.

- **1994 | 2 hours | DVD Order #78251**  
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### Solution-Focused Brief Therapy
**Presenter:** Insoo Kim Berg  
Dr. Berg illustrates her approach with a couple in treatment.

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