Federal Information Resources for Professional Counselors

A sourcebook of free and low-cost resources to support and enrich your work as a professional counselor

Office of Public Policy & Legislation | April 2011
INTRODUCTION

The Federal Government supports many information clearinghouses and research institutions that produce free and low-cost publications and materials that can support and enrich your work as a professional counselor. This sourcebook is designed to help you tap into and take greater advantage of these resources.

Here you will find:

- Syntheses of current research, statistics, and research reports
- Background material about current and emerging policy issues
- Information about model programs and policies
- Materials and resources that may be used in school counseling programs
- Educational pamphlets and brochures for your office waiting room

Most of the entities we have listed in this guide are supported by the Federal Government. In a few instances, we have also included non-profit organizations that provide useful information to the public at no cost or for a nominal charge.

This sourcebook will be updated on a regular basis and we encourage you to share with us other sources of information that you think professional counselors should know about. Please contact us at (800) 347-6647, extension 354 to share your discoveries.

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ADOPTION

Child Welfare Information Gateway
(800) 394-3366
info@childwelfare.gov

Visit the CWIG website to access these online resources:

- Impact of Adoption on Adopted Persons: A Fact Sheet for Families
- Postadoption Services: A Fact Sheet for Families
- National Foster Care & Adoption Directory (state adoption-related orgs and services)

AGING

Alzheimer's Disease Education and Referral Center (ADEAR)
(800) 438-4380
adear@alzheimers.org

Available publications include:

- Choosing Services and Long-Term Care for People with Alzheimer's
- What Happens Next? (for People with Early Stage Alzheimer's Disease)
- Mourning the Death of a Spouse
- Talking With Your Older Patient: A Clinician’s Handbook
- Alzheimer's Disease: Information for Children and Teenagers
- Coping With Emotions and Stress: A Resource List for AD Caregivers
Clearinghouse on Abuse and Neglect of the Elderly (CANE)

www.cane.udel.edu

The Clearinghouse on Abuse and Neglect of the Elderly (CANE), supported by an Administration on Aging grant, is an online collection of elder abuse materials and resources. The Clearinghouse serves professionals, practitioners, and the public in providing information, data, and technical expertise. Materials are available in other languages.

Visit CANE online to access bibliographies on elder sexual abuse, domestic violence in later life, elder neglect, financial exploitation of the elderly, identifying elder abuse and more.

Eldercare Locator
(800) 677-1116
www.eldercare.gov

Under the U.S. Administration on Aging, this free online service connects older persons and their families and caregivers to information and referrals on needed services such as home care assistance, help managing finances, nutrition services, home repair, and help paying for prescription drugs. Assistance is available in 150 languages.

Also access online fact sheets and booklets on respite care, assistive technology, adult day care, assisted living, employment options for older persons, safety, and more.

National Aging Information and Referral Support Center
(202) 898-2578
www.nasuad.org/I_R/ir_index.html

Funded by the U.S. Administration on Aging, the National Aging Information and Referral Support Center was created to provide information on aging and access to services nationwide for older persons and their caregivers. In addition, NAIRSC provides resources, training, technical assistance, consultation, and professional development support to state and local agencies.

Visit their website for the Disaster Preparedness Guide for Older Americans and Persons with Disabilities, and more.
The National Institute on Aging, one of the National Institutes of Health, publishes science-based educational materials on a wide range of topics related to health and aging. Current publications include brochures and fact sheets called Age Pages that address such topics as depression, menopause, nutrition, arthritis, cancer, aging, crime, diabetes, exercise, hearing, osteoporosis, medicines, senility, flu, urinary incontinence, skin care, and dental care.

Visit their website to view resources such as these (many are available in Spanish):

- Caregiving Resources
- Sexuality in Later Life
- Talking with Your Older Patients: A Clinician’s Handbook
- The Resource Directory for Older People
- End of Life: Helping with Comfort and Care

AIDS/HIV

CDC National Prevention Information Network (NPIN)
(800) 458-5231
info@cdcnpin.org
www.cdcnpin.org

The CDC National Prevention Information Network (NPIN) is a national reference, referral, and distribution service for information on HIV/AIDS, STDs, and TB, sponsored by the Centers for Disease Control and Prevention (CDC). All of NPIN’s services are designed to facilitate the sharing of information and resources among people working in HIV, STD, and TB prevention, treatment, and support services in international, national, state, and local settings. Also, NPIN provides over 20,000 educational materials, posters, brochures, monographs, training guides and audiovisual materials on HIV, AIDS, and other sexually-transmitted diseases, many available in over 100 languages.

CHILD ABUSE AND FAMILY VIOLENCE

Child Welfare Information Gateway
(800) 394-3366
info@childwelfare.gov
www.childwelfare.gov

The Child Welfare Information Gateway (CWIG) is a large resource center for information on protecting children and strengthening families. CWIG publishes a series of materials on child abuse and neglect and offers free searches of over 50,000 materials. Many materials are available in Spanish.
Visit the CWIG website to access these online resources:

- Long-term Consequences of Child Abuse and Neglect
- Abuse-Focused Cognitive Behavioral Therapy for Child Physical Abuse
- Recognizing Child Abuse and Neglect: Signs and Symptoms
- Parental Drug Use as Child Abuse: Summary of State Laws
- Child Neglect: Guide for Prevention, Assessment and Intervention

National Children’s Advocacy Center
(256) 533-KIDS or (256) 533-5437

www.nationalcac.org

The National Children’s Advocacy Center (NCAC) is a nonprofit agency providing prevention, intervention, and treatment services to physically and sexually abused children and their families within a child-focused team approach. NCAC provides training and technical support to professionals who work with sexually abused children and their families and distributes training modules and curricula, a newsletter, bibliographies, best practices, statistics, and provides access to journals and other resources through the Child Abuse Library Online (CALiO).

Current online resources include:

- Psychological Impact of Disaster on Children
- Resource Guide for Therapists Working with Child Sexual Abuse Victims
- Physical and Behavioral Indicators of Abuse
- Handbook for Caregivers of Sexually Abused Children
- Play Therapy for Sexually Abused Children (bibliography)

CRIME AND VIOLENCE

Bureau of Justice Statistics Clearinghouse
(202) 307-0765 or (800) 851-3420
askbjs@usdoj.gov

http://bjs.ojp.usdoj.gov/

The Bureau of Justice Statistics Clearinghouse collects, analyzes, publishes, and disseminates information on crime, criminal offenders, victims of crime, and the operation of the justice systems at all levels of government. The Clearinghouse provides criminal justice statistics upon request, custom literature searches of the National Criminal Justice Reference Service (NCJRS) database, referrals to other sources of crime data, and data assistance from information specialists.

Visit the website to view these online resources:

- Indicators of School Crime & Safety 2010
- Mental Health Problems of Prison and Jail Inmates
● Crimes Against Persons Age 65 and Older
● Intimate Partner Violence in the U.S.
● Parents in Prison and their Minor Children

**Juvenile Justice & Delinquency Prevention Clearinghouse**
(800) 851-3420
[www.ojjdp.gov](http://www.ojjdp.gov)

The Juvenile Justice Clearinghouse produces and disseminates information and resources about juvenile justice issues to professionals active in prevention, law enforcement, and corrections, as well as to policymakers and the public. Besides providing access to online materials, the website allows users to do custom literature searches of the National Criminal Justice Reference Service (NCJRS) database which provides justice and substance abuse information to support research, policy, and program development.

Visit the website to subscribe to their electronic newsletter and to view these materials:

- Toolkit for Creating Your Own Truancy Reduction Program
- *America’s Children in Brief: Key National Indicators of Well Being 2010*
- *Violence by Teenage Girls: Trends and Context*
- *What About Me? Coping with the Abduction of a Brother or Sister*

**National Center for Children Exposed to Violence (NCCEV)**
(877) 496-2238 or (203) 785-7047
[www.nccev.org](http://www.nccev.org)

The National Center for Children Exposed to Violence was established by the U.S. Department of Justice’s Office of Juvenile Justice and Delinquency Prevention to help reduce the incidence and impact of violence on children and families by training and supporting professionals who provide intervention and treatment to children and families affected by violence and increasing public awareness of violence on children, families, communities, and society. NCCEV provides research reports, bibliographies, statistics, and specific resources for parents, teachers, and mental health professionals.

View these materials and more online at NCCEV’s website:

- *Helping Children in the Wake of Disaster* (for professionals or parents)
- *Parent’s Guide to Talking to their Children About War*
- *Parent’s Guide to Talking to their Children About Death*
- Statistics on school violence, child abuse and neglect, domestic violence, violence in the media, and community violence.
The National Center for Missing and Exploited Children is funded by the U.S. Department of Justice to serve as a clearinghouse and resource center to assist in the location of missing children. As part of its activities, NCMEC produces several free brochures to promote effective child protection practices.

Available brochures that can be viewed online or ordered for free include:

- *Knowing My Rules For Safety* (available in 30 languages)
- *Safety Tips for Expectant Parents*
- *Keeping Kids Safer on the Internet: Tips for Parents and Guardians*
- *Know the Rules . . . For Children Who Are Home Alone*
- *A Child is Missing: Providing Support for Families of Missing Children*
- *Know the Rules . . . Displacement in Natural Disasters*

Funded by the U.S. Department of Justice, NCJRS distributes a broad range of criminal justice research publications and resource materials produced by Justice Department agencies. Publication topics include sexual abuse, missing and exploited children, gangs, drugs, violence against women, school safety, juvenile justice, and crime. Over 200,000 books, articles, research reports and abstracts are available.

Examples of online materials include:

- *Mental Health Response to Mass Violence and Terrorism: A Training Manual*
- *Consequences of Childhood Exposure to Intimate Partner Violence*
- *Violence Against Women: Identifying Risk Factors*
- *School-Based Programs To Reduce Bullying & Victimization*
- *The Experience of Violence in the Lives of Homeless Women: Training Manual*

The National GAINS Center, funded by the Center for Mental Health Services of the Substance Abuse and Mental Health Services Administration (SAMHSA), is comprised of two entities, the National GAINS Center for Evidence-Based Programs in the Justice System and the Technical Assistance and Policy Analysis (TAPA) Center for Jail Diversion. The Center provides training,
technical assistance, and collects and disseminates information about effective mental health and substance abuse services for people with co-occurring disorders who come into contact with the justice system.

Office for Victims of Crime Resource Center
(800) 851-3420 / TTY (877) 712-9279
Training & Technical Assistance (866) 682-8822 / TTAC@ovcttac.org

A component of the National Criminal Justice Reference Center (NCJRC), the Office for Victims of Crime works with international, national, state, military, and local victim assistance and criminal justice agencies to promote victim rights and comprehensive services for crime victims. The OVC produces, collects, maintains, and disseminates comprehensive information resources for victim service providers.

Visit the OVC Resource Center to access these resources and more:

- Directory of Crime Victim Services, an online database that can be searched by state or by the service needed.
- The OVC Training and Technical Assistance Center for victim service providers seeking to enhance their skills (www.ovcttac.gov).
- Safe Harbor: A School-Based Victim Assistance/Violence Prevention Program
- Responding to Victims of Terrorism and Mass Violence Crimes
- What You Can Do If You Are a Victim of Crime

DISABILITIES

Americans with Disabilities (ADA)
ADA Info Line (800) 514-0301 / TTY (800) 514-0383
www.ada.gov

The U.S. Department of Justice’s ADA website provides free information and technical assistance about the Americans with Disabilities Act and its implementation by state and local governments and in public accommodations. The ADA Information Line permits businesses, state and local governments, or others to call and ask questions about general or specific ADA requirements. Publications are available in several formats for people with disabilities, and many are available in several languages.

Visit the ADA website to view these and other publications:

- ADA: Know Your Rights – Returning Service Members with Disabilities
- ADA Questions and Answers (available in several languages)
- A Guide to Disability Rights Laws (available in several languages)
- A Guide for People with Disabilities Seeking Employment
- The ADA and Persons with HIV/AIDS
ARCH National Respite Network and Resource Center

http://archrespite.org

The ARCH National Resource Center provides a variety of informational resources to the general public such as the National Respite Locator Service, a lending library of relevant books, journals, training guides, audiovisual materials, and fact sheets on respite. ARCH also provides technical assistance and assists with and collaborates with programs that provide respite for caregivers of children and adults with special needs.

* These fact sheets can be viewed online:
  - Funding for Adult Respite
  - Respite Care for Children with Developmental and/or Physical Disabilities
  - Respite for Persons with Alzheimer’s Disease or Related Dementia
  - Respite for Families with Children Experiencing a Serious Emotional Disturbance
  - Respite Care for Children with Autism

DisabilityInfo.Gov
(800) FED-INFO or (800) 333-4636 (Voice/TTY)
www.disabilityinfo.gov

Created as part of the New Freedom Initiative, DisabilityInfo.gov is a comprehensive online resource for people with disabilities, their families, employers, service providers, and the community. Several federal agencies collaborate to collect and maintain the information on the website. DisabilityInfo.gov provides access to federal resources on employment, education, housing, transportation, health, benefits, technology, community life, and civil rights, and access to state and local resources.

* Visit the website to access these resources:
  - Federal Benefits for Veterans, Dependents, and Survivors
  - Mental Health Resources for Returning Veterans & Their Families
  - American Red Cross: Disaster Preparedness for People with Disabilities & Other Special Needs
  - Psychiatric Disabilities and the ADA: Enforcement Guide
  - American Red Cross: Disaster Preparedness for Children & Schools (coloring book)
  - Assistance for Homeless Veterans Fact Sheet
The HEATH Resource Center is supported by the U.S. Department of Education and the Lumina Foundation for Education and serves as an information exchange about educational support services, policies, procedures, adaptations, and opportunities on American campuses, vocational-technical schools, adult education programs, independent living centers, transition, and other training entities after high school. The Center operates the National Clearinghouse on Postsecondary Education for Individuals with Disabilities and provides information about effective postsecondary educational policies, programs, and services.

Visit the Center online to sign up for their newsletter and to access these resources:

- Guidance and Career Counselors’ Toolkit: Advising High School Students with Disabilities on Postsecondary Options
- Understanding College Students with Autism
- Non-Degree Postsecondary Options for Individuals with Disabilities
- Postsecondary Options for Students with Intellectual and/or Developmental Disabilities

Job Accommodation Network (JAN)
(800) 526-7234 or (800) ADA-WORK / TTY (877) 781-9403
http://askjan.org

JAN is an international information and consulting service sponsored by the Office of Disability Employment Policy, U.S. Department of Labor. JAN provides information about employment issues to employers, rehabilitation professionals, and persons with disabilities in regards to the hiring, retaining, and promoting of persons with disabilities. They aim to increase the employability of persons with disabilities by providing individualized worksite accommodations solutions, providing technical assistance regarding the ADA and other disability related legislation, and educating callers about self-employment options.

Job Accommodation fact sheets, publications, a newsletter, and SOAR: Searchable Online Accommodation Resource database are available on the JAN website.

Call to speak with a JAN information specialist or visit the JAN website for help with a specific issue or to view their online materials. Callers should be prepared to explain their specific problem and job circumstances.
Laurent Clerc National Deaf Education Center
(202) 651-5051 / TTY (202) 651-5052
http://www.gallaudet.edu/clerc_center.html

The Clerc Center collects, develops, and disseminates information on all aspects of hearing loss and deafness, and programs and services for children and young people under 21 years of age who are deaf or hard of hearing. The Center also offers technical assistance and professional development workshops to families, educators and other professionals working with deaf and hard of hearing children.

Visit the Center online to view these resources:

- Mental Health Services for Deaf and Hard of Hearing People Directory
- Schools and Programs for Deaf and Hard of Hearing Students in the U.S.
- Mainstreaming Deaf and Hard of Hearing Students
- Statewide Services for Deaf and Hard of Hearing People
- A Family Guide to Work Preparation for Deaf & Hard of Hearing High School Students

Learning Disabilities Association of America (LDA)
(412) 341-1515
www.ldanatl.org

The Learning Disabilities Association of America (LDA) is a national, non-profit organization working to advance the education and general welfare of children and adults of normal or potentially normal intelligence who manifest handicaps of a perceptual, conceptual, or coordinative nature. LDA has numerous pamphlets and information packets on a variety of topics related to learning disabilities for parents, teachers, professionals, and adults with learning disorders.

Visit LDA online to view these online publications:

- Counseling Students with Learning Disabilities
- Mental Health & Learning Disabilities
- Accommodations, Techniques, & Aids for Learning
- Job Accommodation Ideas for People with Learning Disabilities
- Learning Disabilities: Signs, Symptoms and Strategies
- Rights & Responsibilities of Parents of Children with Disabilities

National Center on Secondary Education and Transition (NCSET)
(612) 624-2097
ncset@umn.edu
www.ncset.org

NCSET provides technical assistance, coordinates national resources, and collects and disseminates information on secondary education and transition for youth with disabilities.
Available resources include policy updates; parent, research to practice, information, data, and issue briefs; essential tool series guides; and other publications.

**National Clearinghouse of Rehabilitation Training Materials (NCRTM)**
(866) 821-5355  
nctrm@usu.edu  
http://ncrtm.org

The Clearinghouse, funded by the Rehabilitation Services Administration, collects, develops, and disseminates rehabilitation training materials in print and electronic formats to rehabilitation professionals, students, and other persons. Documents can be requested in Braille, large print, or in other formats. In addition, NCRTM serves as an information clearinghouse for other disability related materials, and provides access to a collection of syllabi from rehabilitation counseling departments, organized by the CORE curriculum categories.

Visit their website to access these resources:

- RehabJobs section for employers and job seekers!
- *Comparison of VR Outcomes for Clients with Mental Illness Across System Indicators*  
- *Supporting Individuals with Autism Spectrum Disorders: Quality Employment Practices*  
- *Careers in Vocational Rehabilitation*

**National Consortium on Deaf-Blindness (DB-LINK)**
(800) 438-9376 (Voice) / TTY (800) 854-7013  
info@nationaldb.org  
http://nationaldb.org

The National Consortium on Deaf-Blindness is funded by the U.S. Department of Education, Office of Special Education Programs (OSEP). DB-LINK identifies, coordinates, and disseminates information related to children and youth from birth to 21 years of age who are deaf-blind. DB-LINK produces a series of free resource materials that are available online, or can be requested in large print, Braille, and other formats, and provides links to state resources, trainings, online/distance education, webinars, and conferences.

Visit DB-LINK online to view or order these resources:

- *Computer Tutorials for Deaf-Blind Individuals*  
- *Communicating and Connecting With Learners Who are Deaf-Blind*  
- *Believe in My Child with Special Needs!*  
- *Closing the Gap Resource Directory: Guide to the Latest Assistive Technology Products for Children and Adults with Special Needs*  
- *Welcoming Students with Visual Impairment to Your School*
National Dissemination Center for Children with Disabilities (NICHCY)
(800) 695-0285 (Voice/TTY)
nichcy@aed.org
Gov www.nichcy.org

Supported by the U.S. Department of Education, Office of Special Education Programs (OSEP), NICHCY is a national information and referral center on issues related to children and youth with disabilities (birth to age 22). NICHCY information specialists provide answers to inquiries and provide referrals to other resources and organizations. NICHCY distributes a variety of publications, including fact sheets on specific disabilities, state resource sheets, parent and student guides, bibliographies, and briefing papers, and provides access to state disability-related resources. Bilingual services and a bilingual version of the website are available.

Access online resource pages and fact sheets on accommodations in testing, autism, bullying, emotional disorders, learning disabilities, parenting a child with special needs, visual and hearing impairments and more.

National Early Childhood Technical Assistance Center (NECTAC)
(919) 962-2001
nectac@unc.edu
Gov www.nectac.org

The National Early Childhood Technical Assistance Center (NECTAC) is funded by the Office of Special Education Programs (OSEP) of the U.S. Department of Education. NECTAC develops a variety of publications that support policies, programs, and services for young children with disabilities and their families. The Center also operates a Clearinghouse on early intervention and early childhood special education which provides access to news briefs, digests, minibibliographies, curricula, practices, models, and more.

Most of NECTAC’s publications can be viewed online; hard copies incur a small cost.

National Institute on Deafness and Other Communication Disorders
(800) 241-1044 / TTY (800) 241-1055
nidcdinfo@nidcd.nih.gov
Gov www.nidcd.nih.gov

The National Institute on Deafness and Other Communication Disorders (NIDCD) is one of the institutes that comprise the National Institutes of Health (NIH). NIDCD collects and disseminates information on hearing, balance, smell, taste, voice, speech, and language. The Institute also conducts and supports research and research training related to disease prevention and health promotion and addresses special biomedical and behavioral problems associated with people who have communication impairments or disorders. The Clearinghouse develops and maintains a database of brochures, books, articles, fact sheets, organization, and educational materials. Single copies are free and most can be viewed online.
**National Rehabilitation Information Center (NARIC)**
(800) 346-2742 or (301) 459-5900 / TTY (301) 459-5984
naricinfo@heitechservices.com

(web) [www.naric.com](http://www.naric.com)

NARIC is a library and information center funded by the National Institute on Disability and Rehabilitation Research (NIDRR) to collect and disseminate the results of federally-funded research. NARIC’s document collection also includes commercially published books, journal articles, and audiovisuals. NARIC also provides three searchable databases: REHABDATA which contains almost 70,000 abstracts of materials relating to disability and rehabilitation research from 1956 to the present; NIDRR Project Database which holds information on all projects funded by NIDRR from 1993 to the present; and NARIC Knowledgebase which provides resources for information and referral.

(web) Go online to sign up for their newsletter *REHABDATA-Connection*, view publications, and access the NARIC databases.

### EDUCATION

**AfterSchool.Gov**

Afterschool.gov, under the Administration of Children and Families, is a one-stop website connecting the public and after school service providers to federal resources that support children and youth in after-school activities. Go online to access resources on issues affecting children, safety issues (bullying, natural disasters, transportation, etc.), youth development, and afterschool resources, including starting a program, state regulations, activity ideas, program evaluation, and a database to search for federal funding for afterschool programs.

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**Center for Mental Health in Schools**
(310) 825-3634 or (866) 846-4843
smhp@ucla.edu
[http://smhp.psych.ucla.edu/](http://smhp.psych.ucla.edu/)

The Center is a federally-funded technical assistance center which focuses on the delivery of mental health services in the schools. It also maintains a clearinghouse of information and resources on school-based mental health services and produces a free newsletter, *Addressing Barriers to Learning*.

(web) Available resources include:

- Confidentiality and Informed Consent
- Violence Prevention and Safe Schools
- Responding to Crisis at a School
- Cultural Concerns in Addressing Barriers to Learning
- Dating Violence – There’s No Excuse for Abuse!
• Affect and Mood Problems Related to School Aged Youth
• Involving Parents in Counseling
• Screening Mental Health Problems in Schools
• Suicide Prevention in Schools
• Resources on bullying, barriers to learning, dropout prevention, involving parents in counseling, depression, self-esteem, gender and sexuality, eating problems, and more.

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Center for School Mental Health
☞ http://csmh.umaryland.edu

Supported by the U.S. Department of Health and Human Services, the Center for School Mental Health provides information on and promotes development and utilization of innovative mental health policies and programs in schools. The Center produces and provides access to issue briefs, toolkits, policy briefs and legislative updates, research, newsletters, digests, webinars, forms, PowerPoint presentations, and a wealth of other resources for students, parents, educators, and clinicians.

☞ Visit the Center’s website for free assessment tools and resources on anger management, bullying, violence prevention, child abuse, cultural competency, disaster response, substance abuse, suicide prevention, sexual abuse/assault, trauma and more.

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Defense Activity for Non-Traditional Education Support (DANTES)
(850) 452-1082
☞ www.dantes.doded.mil

DANTES is a division of the Department of Defense Voluntary Education Program. DANTES provides information, resources, and training to military counselors and educators on education and career development and assessment. Several free publications are available to military counselors.

☞ Visit the DANTES website to view these resources and upcoming webinars and workshops:

• Severely Injured Service Member & Spouse Scholarship Opportunities
• Federal Benefits for Veterans and Dependents
• National Guide to College Credit for Workforce Training
• Financial Aid for Veterans, Military Personnel and their Families
• Dantes Catalog of Nationally Accredited Distance Learning Programs
• College Career Work Book & Dantes Guidance Materials Handbook
Educational Resources Information Center (ERIC)
(800) LET-ERIC or (800) 538-3742
 www.eric.ed.gov

ERIC is a comprehensive, internet-based, digital library. Sponsored by the Institute of Education Sciences (IES), under the U.S. Department of Education, ERIC is an information network that catalogs, summarizes, and provides access to research and education information from all sources from 1966 to the present. Materials include more than 1.3 million journal articles, books, research syntheses, conference papers, technical reports, policy papers, and other education-related materials.

 Many of their materials can be read in full-text online, others are referenced by their source.

Institute for Urban and Minority Education
(212) 678-3413
iume@tc.columbia.edu
 http://iume.tc.columbia.edu

The Institute for Urban and Minority Education, supported by government agencies, foundations, and Teachers College, provides information and resources to parents, practitioners, and the community on urban and minority education; conducts research; and assists schools and communities with program development and professional development.

National Association for the Education of Young Children (NAEYC)
(866) NAEYC-4U or (800) 424-2460 / (202) 232-8777
naeyc@naeyc.org
 www.naeyc.org/

The National Association for the Education of Young Children (NAEYC) works on behalf of high quality educational and developmental programs for young children, birth through age 8. NAEYC publishes books, posters, brochures, DVDs, and journals for early childhood professionals and parents of young children, including several resources related to ensuring health and safety in child care. Many of their resources are available in Spanish.

 Visit NAEYC’s website to order these resources (most require a fee):

- When Disaster Strikes: Helping Young Children Cope
- Hands Are Not for Hitting posters
- Building Circles, Breaking Cycles - Preventing Child Abuse and Neglect
- School Readiness and Social-Emotional Development: Perspective on Cultural Diversity
- Mind in the Making: The Seven Essential Life Skills Every Child Needs
The NCES is the primary federal entity for collecting and analyzing data related to education in the U.S. and other nations. The NCES fulfills a Congressional mandate to collect, collate, analyze, and report complete statistics on the conditions of American education; conduct and publish reports; and review and report on education activities annually. NCES issues approximately 100 publications each year.

Visit the Center’s website to view these publications or to build custom tables and datasets:

- Indicators of School Crime and Safety 2010
- Projection of Education Statistics to 2018
- Forum Guide to Protecting the Privacy of Student Information
- Demographic and School Characteristics of Students Receiving Special Education in the Elementary Grades
- Numbers and Rates of Public High School Dropouts

Supported by the U.S. Department of Education as well as local and state agencies, foundations, and corporations, the Center seeks to improve the quality of adult literacy programs and services through applied research and development. The Center produces a variety of resources that can be viewed online.

Visit NCAL online to view their current projects and to view or order their materials.

The Center is funded by the U.S. Department of Education to conduct research in the psychology and education of high-potential youth from preschool through post-secondary levels. Special emphasis is placed on the needs of economically disadvantaged youth, individuals of limited English proficiency, individuals with handicaps, and other special populations that traditionally have been underserved in programs for gifted and talented students.

Available online resources:

- Online Directory of State Gifted Associations
- Best-of-the-Best Enrichment Materials Database
- Counseling Gifted and Talented Students
• Underachieving Gifted Students: A Social Cognitive Model
• An Agenda for the Future: Closing the Achievement Gap for Underrepresented Groups in Gifted and Talented Education
• State Standardized Testing Programs: Their Effects on Teachers & Students

National School Safety Center
(805) 373-9977
CDF www.schoolsafety.us

The National School Safety Center (NSSC) identifies and promotes strategies, promising practices, and programs that support safe schools. The Center also provides information, resources, technical assistance, training, and school safety assessment services. NSSC offers articles, publications, and videos on school safety. There is a small fee associated with most resources.

CDF Visit the website to view resources on bullying, school crisis prevention and response and more, and to access the many services NSSC provides.

National Service-Learning Clearinghouse
(866) 245-SERV (7378) / TDD (831) 461-0205
questions@servicelearning.org
CDF www.servicelearning.org

The National Service-Learning Clearinghouse (NSLC) collects and disseminates information about service-learning programs, resources, and events, as well as people and organizations involved in the field. NSLC supports school professionals, community-based practitioners, public officials, and researchers in identifying appropriate resources through the NSLC database, and produces and disseminates a wide range of resources, including bibliographies, toolkits, fact sheets, and bibliographies.

CDF Visit the Clearinghouse’s website to access these online resources:

• Service-Learning Ideas & Curricular Examples (SLICE) Database
• Service-Learning with Disadvantaged Youth
• Dropout Prevention & Service Learning
• Funding for K-12 Service-Learning Programs
• Impact of Service-Learning on Participating K-12 Students
• Higher Education Service-Learning in Rural Communities
EMPLOYMENT AND CAREER DEVELOPMENT

CareerOneStop

Sponsored by the U.S. Department of Labor, CareerOneStop is a comprehensive online resource for career, employment and education information for students, jobseekers, businesses, and career professionals. CareerOneStop provides resources on job and training opportunities, career options, salary and benefits information, resumes and interviews, employment trends, and much more, as well as specific resources for military service members and veterans transitioning to civilian careers, career professionals, parents, students, and youth, people with disabilities, and laid off workers. Several resources are available in Spanish.

Visit the website to access America’s Service Locator to find local workforce services, to access state job banks, to explore career options, or to access any of their other services.

Economic Success Clearinghouse

The Economic Success Clearinghouse, formerly the Welfare Information Network, is part of The Finance Project, a non-profit organization devoted to helping low-income and working poor families by developing and disseminating research and by providing information, tools, training, and technical assistance for improved programs, policies, and financing strategies. The Clearinghouse provides access to resources on welfare, workforce development, work supports, income supplements, and asset development.

The Manpower Demonstration Research Corporation (MDRC)

MDRC is a nonprofit, nonpartisan social policy research organization that develops and evaluates innovative approaches to moving people from welfare to work, building a stronger work force through training, revitalizing low-income communities, and improving education for at-risk youth.

Available online publications include:

- Strategies to Help Low-Wage Workers Advance
- Reengaging High School Drop Outs
- Addressing Young Children’s Social & Emotional Development
- Building Better Programs for Disconnected Youth
The National Governors’ Association Center for Best Practices provides services to Governors and their staff in order to support state efforts to reform welfare. NGA works closely with states to share information about state-based initiatives and best practices. They also synthesize and disseminates information about research in the welfare reform field and provide customized research and analysis in response to specific state requests.

Available resources:

- State Programs to Facilitate the Reintegration of National Guard Troops Returning from Deployment
- Reducing Dropout Rates through Expanded Learning Opportunities
- State Strategies for Improving the Employment Outcomes of TANF and Low-Income Families
- State Foreclosure Assistance Information

NYEC’s mission is to improve the effectiveness of organizations that seek to help youth become productive citizens. They do this through policy work, providing professional development, and producing numerous resources on workforce development, youth development, and education.

Available resources:

- Building Roads to Success: Key Considerations for Communities and States Reconnecting Youth to Education
- Beyond the Classroom: Pathways to College & Careers for Latino Youth
- The Consequences of Dropping Out
- Barriers to Promising Approaches to Workforce Development & Youth

Under the Office of Vocational and Adult Education, U.S. Department of Education, PCRN is a resource and information sharing forum to promote quality career and technical education programs.

The PCRN website provides resources and tools on comprehensive career guidance programs.
Promising and Effective Practices Network (PEPNet)
(202) 659-1064
nyec@nyec.org
☞ www.nyec.org/pepnet

Funded by the U.S. Department of Labor and private foundations, PEPNet was established to serve as a catalyst for the improvement of programs that link young people (ages 12 to 25) to work and education to promote a successful transition to adulthood. They do this through two components: PEPNet Standards and PEPNet Tools. They also recognize excellence in the field of youth employment and training. Any organization that provides youth employment/development services and preparation to young people ages 14 to 25 may apply for recognition. PEPNet offers a free self-assessment guide which can be utilized by training and development professionals to evaluate the effectiveness and quality of the services they offer.

☞ Visit PEPNet online for more information on the recognition program, to access resources for youth and families, and to order these publications:

- PEPNet Guide to Quality Standards for Youth Programs
- From Data to Results: The PEPNet Guide to Measuring and Improving Performance in Youth Programs

HEALTH

Agency for Healthcare Research and Quality (AHRQ) Clearinghouse
☞ www.ahrq.gov/news/pubsix.htm

The AHRQ Clearinghouse provides resources on health insurance/access to care, elderly/long-term care, emergency preparedness, mental health, HIV/AIDS, disabilities, minority health, quality of care, rural health, children and women’s health, depression, treatment options and more. Some materials can be viewed online, others can be ordered for free or for a small fee.

Division of Adolescent and School Health (DASH)
(800) CDC-INFO or (800) 232-4636 / TTY (888) 232-6348
cdcinfo@cdc.gov
☞ www.cdc.gov/healthyyouth

DASH, one of divisions of the Centers for Disease Control and Prevention, identifies the highest priority health risks among youth, monitors the incidence and prevalence of those risks, implements national programs to prevent risks, and evaluates and improves those programs. DASH offers several online publications on adolescent and school health issues such as suicide prevention, bullying, physical activity, nutrition, tobacco use, alcohol and drug use, mental health, sexual health, obesity, crisis preparedness and response, skin cancer, and more.

☞ Available online resources include:
• The Health Education Curriculum Analysis Tool (HECAT)
• *Bringing High-Quality HIV & STD Prevention to Youth in Schools*
• *Make a Different at Your School: Key Strategies to Prevent Obesity*

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**Federal Citizen Information Center (FCIC)**

(888) 878-3256

[www.pueblo.gsa.gov](http://www.pueblo.gsa.gov)

The Federal Citizen Information Center (FCIC) of the U.S. General Services Administration has hundreds of federal consumer publications available to the public free of charge. FCIC offers publications on a variety of topics including children, adolescents, education, health, housing, employment, food and nutrition, anxiety, depression, breast cancer, money management, travel and much more. Materials can be viewed online or can be ordered (some are free, some require a small fee). Materials are available in different languages.

- Visit the website to view or order these FCIC resources:
  - Medicare, Medicaid, and Social Security Resources
  - *Americans with Disabilities Act: Questions and Answers*
  - *Catch the Spirit: A Student’s Guide to Community Service*
  - *Ask, Listen, Learn – How to Talk to Your Adolescent about Alcohol*
  - *Handbook on Child Support Enforcement*
  - *Internet Safety at School*

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**GirlsHealth.Gov**

[www.girlshealth.gov](http://www.girlshealth.gov)

Developed by the Office of Women’s Health, under the U.S. Department of Health and Human Services, GirlsHealth.Gov provides information and resources to and for girls 10-16 years old on issues related to reproductive health, self-esteem, fitness and nutrition, emotional health, safety, relationships and more. Resources are also available for parents/caregivers and educators. The website can be viewed in Spanish.

- Available online resources include:
  - *BodyWise: Eating Disorders Information* Packets for Middle School Personnel
  - *Teen Survival Guide*
  - Fact sheets for girls on bullying, anger management, teen dating, boosting self-esteem, and sun safety
  - Classroom tools on disaster preparedness, smoking cessation, learning disabilities, school violence, and more.
Health Resources and Services Administration Information Center

www.ask.hrsa.gov/

The Health Resources and Services Administration directs programs that improve the nation's health by expanding access to comprehensive, quality healthcare for all Americans. The HRSA Information Center disseminates information in the form of publications, newsletters, and fact sheets on several health topics such as maternal and child health, HIV/AIDS, minority health, rural health, managed care, and health professions training. Some materials are available online; others can be ordered for free. Publications are available in several languages.

Visit their website for these resources:

- Stop Bullying Now! Materials
- Depression During and After Pregnancy: A Resource for Women, their Families, and Friends
- Access to Rural Mental Health Services: Service Use & Out-of-Pocket Costs
- Rural Children Don't Receive the Mental Health Care They Need
- America’s Children: Key National Indicators of Well-Being 2010

National Center for Complementary and Alternative Medicine (NCCAM)

(888) 644-6226 / TTY (866) 464-3615
info@nccam.nih.gov
http://nccam.nih.gov

The National Institutes of Health (NIH), National Center for Complementary and Alternative Medicine (NCCAM), facilitates research and evaluation of unconventional medical practices and shares this information with the public. The Center develops and disseminates fact sheets, information packages, and publications to enhance public understanding about complementary and alternative medicine research supported by the National Institutes of Health.

Visit the Center’s website to join their listservs or to view these resources:

- Are You Considering Using CAM?
- Using Dietary Supplements Wisely
- Paying for CAM Treatment
- Selecting a Complementary and Alternative Medicine Practitioner
- Cancer and CAM
- CAM Use and Children

National Center for Education in Maternal and Child Health

www.ncemch.org

The National Center for Education in Maternal and Child Health is sponsored by the Maternal and Child Health Bureau, Health Resources and Services Administration (HRSA). The Center provides information on women’s health during pregnancy and childbirth, infant, child and
adolescent health, nutrition, children with special needs, injury and violence prevention, health and safety in daycare, and maternal and child health programs and services to health professionals and the public. The Center also develops educational and reference materials in several languages, and provides technical assistance in program development.

Visit their Maternal and Child Health Library to view online materials and to access the Community Services Locator for Children & Families Online Directory.

**National Institute of Child Health and Human Development (NICHD)**
(800) 370-2943 / TTY (888) 320-6942
NICHDisinformationresourcecenter@mail.nih.gov

Visit the website to access these resources:
- A Guide for African American Parents: Helping Children Cope with Crisis
- Autism Overview: What We Know
- Reduce the Risk of Sudden Infant Death Syndrome (SIDS) materials

**National Institute of Neurological Disorders and Stroke (NINDS)**
(800) 352-9424 / TTY (301) 468-5981

Visit NINDS online for brochures and fact sheets on pervasive developmental disorders, attention deficit disorder, developmental speech and language disorders, multiple sclerosis, Alzheimer's, Parkinson's, autism, traumatic brain injury, stroke, epilepsy, and more.

**National Library of Medicine**
(888) FINDNLM or (888) 346-3656 or (301) 594-5983 / TDD (800) 735-2258

The National Library of Medicine’s (NLM) MEDLINE database of more than 20 million references to articles published in biomedical journals from 1948 to the present, can be accessed for free online through PubMed®. Every significant program of the Library is
represented, from medical history to biotechnology. NLM also provides free access to their MEDLINEPLUS® database which provides health information for patients, families, and healthcare providers, and can be viewed in Spanish.

Visit NLM’s website to access the PubMed® and MEDLINEPLUS® databases and other databases, read about recent health medical news and information, and view other available resources.

Office of Disease Prevention and Health Promotion (ODPHP)
(240) 453-8280
http://odphp.osophs.dhhs.gov/

The Office of Disease Prevention and Health Promotion, under the U.S. Department of Health and Human Services, works to strengthen disease prevention and health promotion. ODPHP provides several publications to the public which can be viewed online. ODPHP also provides access to Healthfinder®, an electronic database with over 6,000 health information resources from the Federal Government.

Visit the ODPHP website for access to these materials:

- 2011 National Health Observances
- Federal Health Information Centers and Clearinghouses
- Healthy People 2020 Objectives
- Toll-free Numbers for Health Information
- New Dietary Guidelines for Americans

Office of Minority Health (OMH)
(800) 444-6472
info@minorityhealth.hhs.gov
http://minorityhealth.hhs.gov

OMH was established by the U.S. Department of Health and Human Services and serves as a national resource and referral center on minority health issues. The Office collects and distributes information on a wide variety of health topics, including substance abuse, cancer, heart disease, violence, diabetes, HIV/AIDS, and infant mortality. The Office also facilitates the exchange of information on minority health issues by offering customized database searches, mailing lists, referrals, and numerous publications regarding African American, American Indian and Alaskan Native, Asian American and Pacific Islander, and Hispanic populations.
Rural Information Center (RIC)
(800) 633-7701

RIC, under the U.S. Department of Agriculture, provides information on rural issues such as economic development and community well-being. RIC provides information, referrals, publications, bibliographies, an online reference service for professionals and the public, and access to the Federal Funding Sources for Rural Areas Database.

WomensHealth.Gov
www.womenshealth.gov

Under the Office of Women’s Health, this website provides a wealth of online fact sheets, health tools, and other resources on health, mental health, nutrition, pregnancy, reproductive health, violence against women, and specific information for women at all stages of life.

Available online resources include:

- Action steps for Improving Women’s Mental Health
- Depression During and After Pregnancy
- Overweight, Obesity, and Weight Loss
- Health Insurance and Women

Young Men’s Health
www.youngmenshealthsite.org

Under the Division of Adolescent and Young Adult Medicine at Children’s Hospital Boston, this website provides resources for teenage boys and young men on nutrition and fitness, sexuality and health, emotional health (depression, stress, anger management), and general health (acne, smoking, puberty).

Young Women’s Health
www.youngwomenshealth.org

Additional Health Resources

HealthCare.Gov

Healthfinder.Gov
www.Healthfinder.gov

HealthyPeople.Gov
www.HealthyPeople.gov
MENTAL HEALTH

Center for Child and Human Development
(202) 687-5000
gucchd@georgetown.edu
🔗 http://gucchd.georgetown.edu

The Center is funded by several offices under the U.S. Department of Health and Human Services and the Department of Education, as well as state, local, and private resources. The Center provides policy and training and technical assistance to states and communities to improve service delivery and outcomes for children and adolescents with, or at-risk of, serious emotional disturbance and their families.

🔗 Visit the Center online to view or order these materials:

- Early Childhood Mental Health Consultation: An Evaluation Tool Kit
- Family Food and Fitness: A Guide to Health Eating and Exercise
- Serving Children with Disabilities Handbooks for Child Welfare Workers
- A Family’s Guide to the Child Welfare System

Educational Resources Information Center (ERIC)
(800) LET-ERIC or (800) 538-3742
🔗 www.eric.ed.gov

ERIC is a comprehensive, internet-based, digital library. Sponsored by the Institute of Education Sciences (IES), under the U.S. Department of Education, ERIC is an information network that catalogs, summarizes, and provides access to education information from all sources from 1966 to the present. Materials include more than 1.3 million journal articles, books, research syntheses, conference papers, technical reports, policy papers, and more.

🔗 Many of their materials can be read in full-text online, others are referenced by their source.

National Center for PTSD
(802) 296-6300
ncptsd@va.gov
🔗 www.ptsd.va.gov

The National Center for PTSD, under the U.S. Department of Veterans Affairs, provides research, education, and consultation on PTSD and stress related disorders as well as resources on PTSD for Veterans and their families, survivors of traumatic events, mental health and health care providers, and researchers. NCPTSD’s online materials include fact sheets, educational videos, electronic presentations, guides, newsletters, and online training manuals, courses, and programs.
Go online to view these resources, for online training, to subscribe to Clinician’s Trauma Update, or to access the PILOTS Database for additional literature on PTSD:

- What is PTSD? / How is PTSD measured?
- The Iraq War Clinician Guide
- Impact of Mass Shootings on Survivors, Families and Communities
- Women’s Mental Health Services in the VA / Traumatic Stress in Women Veterans
- Children Coping with Deployment
- Trauma, PTSD, and Substance Abuse
- Mental Health Effects of Serving in Afghanistan & Iraq
- Managing Grief After Disaster
- Returning from the War Zone: A Guide for Families of Military Personnel
- Assessing & Responding to Suicidal Intent: A Fact Sheet for Providers
- Resources on intimate partner violence, domestic violence, sexual assault, torture, natural disasters, political conflicts, motor vehicle accidents, substance abuse, terrorism, military sexual trauma, and more.

National Child Traumatic Stress Network (NCTSN)

www.nctsnet.org

The National Child Traumatic Stress Network (NCTSN), supported by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides services to and resources for traumatized children and adolescents, families, communities, professionals, and school personnel. Visit the Network online to access NCTSN’s Measures Review Database for reviews of tools that measure children’s experiences of trauma and to view their online training resources, fact sheets, white papers, toolkits, and reading lists on topics such as physical abuse and neglect, medical trauma, natural disasters, terrorism, refugee and war zone trauma, and sexual abuse, and funding resources for trauma-focused initiatives.

Available online materials include:

- Traumatic Grief in Military Children: Information for Families/Educators/Providers
- Trauma among Lesbian, Gay, Bisexual, Transgender, or Questioning Youth
- Addressing the Mental Health Problems of Border and Immigrant Youth
- It’s Never Your Fault: The Truth About Sexual Abuse
- Facts on Traumatic Stress and Children with Developmental Disabilities
- Sibling Death and Childhood Traumatic Grief: Information for Families
- Staying Safe While Staying Connected: Facts & Tips for Teens
The National Institute of Mental Health (NIMH) conducts and supports research on mental illness and mental health, including studies of the brain, behavior, and mental health services. NIMH publishes a number of informational materials about mental health issues.

Available online resources (many are available in Spanish):

- Depression in Older Adults
- Depression During & After Pregnancy
- Helping Children and Adolescents Cope with Violence and Disasters
- Post-Traumatic Stress Disorder
- Materials on anxiety disorders, autism, bipolar disorder, BPD, depression, eating disorders, HIV/AIDS, schizophrenia, suicide prevention and more.

The Self-Help Clearinghouse is a consumer-run national technical assistance center funded by a grant from the Center for Mental Health Services. The Clearinghouse is committed to helping mental health consumers improve their lives through self-help and advocacy by assisting consumers plan, provide, and evaluate mental health and community support services. Resources include in-depth guides and research tools, fact sheets, articles, self-advocacy training materials, and an e-newsletter, The Key Update. They also provide links to state consumer organizations and other consumer-driven services.

Available online resources:

- Starting a Self-Help Advocacy Group
- Cultural Competency in Mental Health Peer-run Programs & Self-Help Groups
- Suicide: Taking Care of Yourself After an Attempt
- Resources for Young Adults with Asperger Syndrome & High-Functioning Autism
- A Resource Hub for People who are Deaf or Hard of Hearing
- Resources on advocacy, aging, art therapy, BPD, codependency, confidentiality, community integration, cultural diversity, disasters, dual diagnosis, eating disorders, employment, empowerment, insurance parity, PTSD, rural issues, spirituality, and more.
The Homelessness Resource Center provides training and technical assistance, identifies and synthesizes knowledge, and disseminates information. The HRC links policy makers, service providers, researchers, consumers, and other interested parties to projects and research on homelessness and mental illness. The Center provides technical assistance on many different topics related to homelessness and mental illness, including prevention, outreach, treatment, support services, and housing options.

Visit the Center’s website to view these resources:

- Serving LGBTQ Youth Experiencing Homelessness
- Mothers Experiencing Homelessness: Mental Health, Support and Social Care Needs
- Mental Illness in Homeless Families
- VA Programs for Homeless Veterans
- Parenting & Homelessness
- The Elderly & Homelessness Resources

National Technical Assistance Center (NTAC) for State Mental Health Agencies

Visit the NTAC website to apply for technical assistance or to view their resources.

Research and Training Center for Pathways to Positive Futures

Visit their website to view these and other resources and to subscribe to Focal Point:

- Paving the Way: Meeting Transition Needs of Young People with Developmental Disabilities and Serious Mental Health Conditions
- Involving Youth in Planning for their Education, Treatment, and Services
Substance Abuse and Mental Health Services Administration Clearinghouses

[http://store.samhsa.gov/home](http://store.samhsa.gov/home)

SAMHSA is the lead federal agency supporting the development and provision of substance abuse and mental health services. It does this through an array of research grants, treatment grants, technical assistance programs, and other programs designed to help translate treatment research into better services for consumers.

SAMHSA is comprised of four main divisions: the Center for Mental Health Services (CMHS), the Center for Substance Abuse Treatment (CSAT), the Center for Substance Abuse Prevention (CSAP), and the Center for Behavioral Health Statistics & Quality (CBHSQ).

SAMHSA’s Clearinghouse provides access to hundreds of fact sheets, pamphlets, brochures, reports, videos, CDs, DVDs, research monographs, and more on issues related to mental health and substance abuse. Many materials are available in Spanish and are accessible via accessibility tools.

Visit SAMHSA’s website to subscribe to *SAMHSA News* and to access these resources:

- SAMSHSA’s Disaster Technical Assistance Center (DTAC)
- Mental Health Services Locator Database
- Healthcare Reform Resources
- *Developing Cultural Competence in Disaster Mental Health Programs (Disaster Kit)*
- *Anger Management for Substance Abuse and Mental Health Clients: A CBT Manual*
- *Circle of Care for Indian & Alaska Native Youth*
- *Suicide Prevention Dialogue with Consumers and Survivors: From Pain to Promise*
- *Mental Health Statistics on Youth*
- *Women’s Mental Health: What it Means to You?*
- *Handbook for Family & Friends of Service Members Before, During, & After Employment*
- *Preventing Suicide on College Campuses*

Suicide Prevention Resource Center (SPRC)

(877) GET-SPRC or (877) 438-7772
info@sprc.org
[www.sprc.org](http://www.sprc.org)

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), SPRC provides support, training, and resources to organizations to help with suicide prevention program and policy development, implementation, and evaluation. SPRC also provides resources to survivors, researchers, and prevention professionals. On their website, access their Best Practices Registry, online library, state suicide prevention resources, customized information for professionals, training programs, or contact a prevention specialist. Some materials are available in Spanish.

Available online resources include:
- After a Suicide: A Toolkit for Schools
- PTSD and Suicide
- Clinical Social Workers and Mental Health Counselors (a customized resource)
- Clinicians as Survivors After a Suicide Loss
- Suicide survivor resources, statistics on suicide, and a fundraising guide for suicide prevention advocates.

**SMOKING**

**Tobacco Information and Prevention Source (TIPS)**
(800) CDC-INFO or (202) 232-4636 / TTY (888) 232-6348
tobaccoinfo@cdc.gov

[www.cdc.gov/tobacco/](http://www.cdc.gov/tobacco/)

The Office on Smoking and Health (OSH) produces a variety of technical and educational materials on the prevention and cessation of the use of tobacco which are free to the public. Many of the materials are available in Spanish.

 Visit TIPS online to get information on Telephone Quitlines or to access these resources:

- State Tobacco Activities Tracking & Evaluation (STATE) System
- Parents – Help Keep Your Kids Tobacco Free
- Secondhand Smoke
- The Health Consequences of Smoking
- Coverage for Tobacco Use Cessation Treatments
- 1-800-QUIT NOW brochure

**SUBSTANCE ABUSE**

**Higher Education Center for Alcohol and Other Drug Abuse and Violence Prevention**
(800) 676-1730
higheredctr@edc.org

[www.higheredcenter.org](http://www.higheredcenter.org)

The Center is funded by the U.S. Department of Education to provide training, technical assistance, and information resources and other support to professionals working to prevent alcohol and other drug abuse at postsecondary educational institutions. The Center hosts webinars, provides training and technical assistance, and produces and disseminates a number of publications, most of which can be viewed online or ordered for free.

Visit the Center’s website for more information and resources.

- Alcohol & Other Drug Prevention on College Campuses: Model Programs
- Handbook for Campus Safety & Security Reporting
• Depression, Anxiety, and Alcohol or Other Drug Use Among College Students
• Sexual Violence and Alcohol and Other Drug Use on Campus
• Ephedra and Energy Drinks on College Campuses
• Safe Lanes on Campus: A Guide to Preventing Impaired Driving and Underage Drinking

National Council on Alcoholism and Drug Dependence
(800) NCA-CALL or (212) 269-7797
national@ncadd.org
Ʉ www.ncadd.org/

The National Council on Alcoholism and Drug Dependence provides education and information on alcoholism and drug addictions. NCADD has many educational materials, including newsletters, pamphlets, fact sheets, and posters available to the public for very low costs.

Ʉ Visit NCADD’s website to view or order these publications:

• Alcohol-Related Birth Defects
• What Can You Do About Someone Else’s Drinking?
• What I Should Tell My Child About Drinking
• Drinking Too Much Too Fast Can Kill You
• Girls! Straight Talk about Drinking and Drugs
• What are the Signs of Alcoholism?

National Institute on Alcohol Abuse and Alcoholism (NIAAA)
Ʉ www.niaaa.nih.gov/

The National Institute on Alcohol Abuse and Alcoholism supports and conducts biomedical and behavioral research on the causes, consequences, treatment, and prevention of alcoholism and alcohol-related problems. NIAAA disseminates research findings on alcohol abuse and alcoholism to health care providers, researchers, policymakers, and the public. NIAAA resources include the Alcohol Alerts bulletin, the quarterly scientific journal Alcohol Research and Health, pamphlets/brochures, surveillance reports, research monographs, manuals, public service announcements, teacher resources and curricular materials, and several online databases. Many of their brochures are available in Spanish.

Ʉ Visit NIAAA’s website to sign up for their newsletters or to view these brochures:

• How Does Alcohol Affect the World of a Child?
• Tips for Cutting Down on Drinking
• Drinking and Your Pregnancy
• A Family History of Alcoholism - Are You at Risk?
• Make a Difference: Talk to Your Child About Alcohol
Substance Abuse and Mental Health Services Administration Clearinghouse

http://store.samhsa.gov/home

SAMHSA is the lead federal agency supporting the development and provision of substance abuse and mental health services. It does this through an array of research grants, treatment grants, technical assistance programs, and other programs designed to help translate treatment research into better services for consumers.

SAMHSA is comprised of four main divisions: the Center for Mental Health Services (CMHS), the Center for Substance Abuse Treatment (CSAT), the Center for Substance Abuse Prevention (CSAP), and the Center for Behavioral Health Statistics & Quality (CBHSQ).

SAMHSA’s Clearinghouse provides access to hundreds of fact sheets, pamphlets, brochures, reports, videos, CDs, DVDs, research monographs, and more on issues related to mental health and substance abuse. Many materials are available in Spanish and are accessible via accessibility tools.

Visit SAMHSA’s website to subscribe to SAMHSA News and to access these resources:

- Keeping Your Teens Drug-Free: A Family Guide
- Enhancing Motivation for Change in Substance Abuse Treatment
- Substance Abuse Treatment: Addressing the Specific Needs of Women
- Clinical Supervision and Professional Development of the Substance Abuse Counselor
- Screening and Assessing Adolescents for Substance Use Disorders
- Alcohol and Drug Addiction Happens in the Best of Families

YOUTH & FAMILIES

FindYouthInfo.Gov

http://www.findyouthinfo.gov/

Under the collaboration of several federal agencies, FindYouthInfo’s website provides a wealth of interactive tools and resources to support youth programs.

View the FindYouthInfo website to access:

- Map My Community: to assist in finding local youth program resources
- Evidence-Based Program Directory
- Funding Information Center
- Submit or Search for Resources From the Field
- Research, data, tools, and other resources on afterschool programs, positive youth development, bullying and violence prevention, transition age youth, and more.
National Clearinghouse on Families & Youth
(301) 608-8098
http://ncfy.acf.hhs.gov/

The National Clearinghouse on Families & Youth serves the Family and Youth Services Bureau, an agency of the U.S. Department of Health and Human Services. The mission of the Family and Youth Services Bureau (FYSB) is to provide national leadership on youth issues and to assist individuals and organizations in providing effective, comprehensive services for youth in at-risk situations and their families. The Clearinghouse offers online training and periodicals, fact sheets, technical assistance publications, newsletters, podcasts, and other resources for youth, parents, and the community.

Visit the Clearinghouse’s website to view or order these publications:

- Resources for Serving Lesbian, Gay, Bisexual, Transgender & Questioning Youth
- Working with Children of Prisoners
- Supporting Your Adolescent: Tips for Parents
- Putting Positive Youth Development into Practice
- Working with Youth Who Have Mental Health Problems
- Disaster Planning Manual for Runaway & Homeless Youth Programs

Office of Population Affairs Clearinghouse
(866) 640-7827
info@opaclearinghouse.org
www.opaclearinghouse.org

The Office of Population Affairs Clearinghouse, sponsored by the U.S. Department of Health and Human Services, collects, develops, and distributes information on family planning, adolescent pregnancy, abstinence, adoption, reproductive health care, and sexually transmitted diseases, including HIV/AIDS. Although the primary target audience is HHS grantees, the Clearinghouse also provides information to educational and other human service professionals.

A series of patient and professional education publications are available free of charge. Most of these publications are available in Spanish.

View these materials on the Clearinghouse’s website:

- Patient and education pamphlets on abstinence, contraception, sexually transmitted diseases, preconception planning, adoption, and materials geared toward males
- Research and statistics on adolescent pregnancy and adoption
- Summaries of federally funded research on adolescent sexual behavior, adoption, and parenting
Additional Resources

While several of the organizations listed in this publication provide resources in the following areas, here is a more comprehensive list of resources on bullying, disaster/crisis preparedness and response, LGBTQ youth, military service members and veterans, and suicide response and prevention.

BULLYING

Centers for Disease Control and Prevention  
♀ http://www.cdc.gov/

Center for Mental Health in Schools  
♀ http://smhp.psych.ucla.edu/

Center for School Mental Health  
♀ http://csmh.umd.edu

FindYouthInfo.Gov  
♀ http://www.findyouthinfo.org/

Health Resources and Services Administration Information Center  
♀ www.ask.hrsa.gov/

National Dissemination Center for Children with Disabilities (NICHCY)  
♀ www.nichcy.org

National School Safety Center  
♀ www.schoolsafety.us

U.S. Department of Education Guidance on Bullying  
♀ http://www.counseling.org/PublicPolicy/PDF/ED_Guidance_on_Bullying.pdf

U.S. Department of Justice, Civil Rights Division, “It Gets Better Project”  
♀ http://blogs.usdoj.gov/blog/archives/1088

StopBullying.Gov  
♀ www.stopbullyingnow.gov

Substance Abuse & Mental Health Services Administration (SAMHSA)  
♀ http://store.samhsa.gov/product/SMA08-4321

DISASTER/CRISIS PREPAREDNESS & RESPONSE

American Red Cross  
♀ www.redcross.org
Centers for Disease Control & Prevention
http://www.bt.cdc.gov/

Center for School Mental Health
http://csmh.umaryland.edu

DisasterAssistance.Gov
http://www.disasterassistance.gov/

Federal Emergency Management Agency
http://www.fema.gov/

National Center for Children Exposed to Violence (NCCEV)
www.nccev.org

National Institute of Mental Health (NIMH)
www.nimh.nih.gov/

National Center for PTSD
www.ptsd.va.gov

The National Child Traumatic Stress Network (NCTSN)
www.nctsnet.org

National Clearinghouse for Educational Facilities (NCEF)
http://www.ncef.org/rl/disaster.cfm

Office of Safe & Drug-Free Schools, U.S. Department of Education
www2.ed.gov/osdfs

Substance Abuse & Mental Health Services Administration (SAMHSA)
http://store.samhsa.gov/home

LGBTQ Youth

Gay, Lesbian and Straight Education Network
http://www.glsen.org/

LGBT Resources for Youth, Educators, Administrators, Parents, Friends, and Family (CDC)
http://www.cdc.gov/lgbthealth/youth-resources.htm#school

National Youth Advocacy Coalition
http://www.nyacyouth.org/resources/lgbtyouth.php#305

U.S. Department of Justice, Civil Rights Division, “It Gets Better Project”
http://blogs.usdoj.gov/blog/archives/1088
MILITARY SERVICE MEMBERS & VETERANS

CareerOneStop
› www.careeronestop.org

Defense Activity for Non-Traditional Education Support (DANTES)
› www.dantes.doded.mil

DisabilityInfo.Gov
› www.disabilityinfo.gov

National Center for PTSD
› www.ptsd.va.gov

Substance Abuse & Mental Health Services Administration (SAMHSA)
› http://store.samhsa.gov/home

U.S. Department of Veterans Affairs
› http://www.mentalhealth.va.gov/

SUICIDE RESPONSE & PREVENTION

Center for Mental Health in Schools
› http://smhp.psych.ucla.edu/

Center for School Mental Health
› http://csmh.umaryland.edu

Division of Adolescent and School Health (DASH)
› www.cdc.gov/healthyyouth

National Institute of Mental Health (NIMH)
› www.nimh.nih.gov/

National Mental Health Consumers’ Self-Help Clearinghouse
› www.mhselfhelp.org/

Substance Abuse & Mental Health Services Administration (SAMHSA)
› http://store.samhsa.gov/product/SMA08-4321

Suicide Prevention Resource Center (SPRC)
› www.sprc.org

U.S. Department of Veterans Affairs
› http://www.mentalhealth.va.gov/suicide_prevention/
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