More than 3,500 counseling professionals will gather in Pittsburgh for the largest conference in the world dedicated to the counseling profession.

**Pre-conference Learning Institutes:** March 18–19

**Education Sessions:** March 20–22

**Exposition:** March 19–21

**Register Early and Save!**

*See p. 37*
Expand your mind. Refresh your knowledge. Connect with your peers.

ACA 2010 Annual Conference & Exposition • March 18-22, Pittsburgh, Pennsylvania

Mark Your Calendar: Important Dates

Monday, November 30, 2009
Last day for lowest Super Saver registration rates

Monday, February 15, 2010
Last day for Advance registration rates

Monday, February 15, 2010
Must register and pay by this date to receive your Registration Packet in advance by mail (applies to U.S. registrants only)

Thursday, February 18, 2010
Last day to reserve your hotel room at discounted ACA rates

Questions? Email: acaconference@counseling.org

Exhibits & Sponsorships:
Kathy Maguire • kmaguire@counseling.org • 800-347-6647, x207 (voice mail) • 607-662-4451

Phone:
800-347-6647, x222
or 703-823-9800, x222
Monday – Friday
8:00 am – 7:00 pm (ET)

Fax:
800-473-2329
In Virginia,
703-461-9260

Website:
counseling.org/conference

Mail:
ACA Annual Conference
Attn: Accounting
5999 Stevenson Avenue
Alexandria, VA 22304

2 | REGISTRATION FORM, p. 37 • HOUSING FORM, p. 39
Don’t miss this world class learning opportunity!

Dear Colleague:

There is no question that our profession is needed more than ever in today’s world. Our clients, our students, and our communities are coping with unprecedented challenges—from the economic downturn to the flattening of our world into a global society.

Counseling professionals are ideally suited to help people adapt, learn new skills, and navigate through the complex realities of modern life. But we must continually hone our own skills, learn from our peers, discover new strategies, and evaluate new products and services.

We can’t think of a better way to accomplish these goals—all in just five days—than by attending the ACA Conference & Exposition, co-sponsored by the Pennsylvania Counseling Association (PCA). Now in its 57th year, the ACA Conference remains the single largest, most comprehensive professional development experience for counselors in the world. It is the “must-attend” event for 2010!

This year the Conference offers:
• More than 500 Education Sessions—with more than 200 at Advanced level!
• Forty Pre-conference Learning Institutes at Introductory and Advanced levels
• Two inspiring keynote speakers: Gerald Corey, EdD, and Patti Digh
• Dozens of networking opportunities
• Free individual consultation on private practice issues, ethics and careers

Plus, you will be able to earn up to 38 CE credits (20 as part of the main conference).

We invite you to join thousands of your colleagues from across the counseling spectrum in the beautiful city of Pittsburgh, Pennsylvania, for intensive learning, professional renewal, and networking. Please browse through this booklet to see all of the wonderful programs and events that make up this very special conference and then go directly to your computer, telephone, fax machine or mail box and sign up!

Lynn Linde, EdD
ACA President (2009-2010)

Holly Branthoover, EdD
PCA President (2009-2010)
### Planning Calendar

Tentative schedule, subject to change. Check counseling.org/conference for updates.

#### Wednesday, March 17
- 8:00 am – 5:00 pm  Governing Council

#### Thursday, March 18
- 7:00 am – 6:00 pm  Registration Open
- 8:00 am – 5:00 pm  Governing Council
- 8:00 am – 6:00 pm  ACA Committee Meetings
- 8:00 am – 6:00 pm  Division Meetings
- 9:00 am – 8:45 pm  Pre-conference Learning Institutes
- 12:00 pm – 2:00 pm  Division Luncheons

#### Friday, March 19
- 7:00 am – 7:00 pm  Registration Open
- 8:00 am – 12:00 pm  Governing Council
- 8:00 am – 4:00 pm  ACA/Red Cross Foundations of Disaster Mental Health Training
- 8:00 am – 6:00 pm  Division Meetings
- 9:00 am – 8:45 pm  Pre-conference Learning Institutes
- 12:30 pm – 2:00 pm  Division Luncheons
- 1:00 pm – 2:00 pm  Branch Executives Meeting
- 2:00 pm – 3:00 pm  Region Chairs Meeting
- 5:00 pm – 7:00 pm  Exposition Grand Opening and Welcome Reception
- 5:30 pm – 6:30 pm  ACA Author Book Signing

#### Saturday, March 20
- 7:00 am – 6:00 pm  Registration Open
- 7:30 am – 5:00 pm  Division Meetings
- 7:30 am – 5:00 pm  ACA Committee Meetings
- 7:30 am – 6:30 pm  Education Sessions
- 9:00 am – 10:30 am  Opening Session Keynote
- 10:30 am – 12:00 pm  Region Business Meetings
- 10:30 am – 6:00 pm  Exposition Open
- 10:30 am – 6:00 pm  ACA Bookstore Open
- 11:00 am – 1:00 pm  Division Brunches
- 11:00 am – 5:30 pm  Poster Sessions
- 12:00 pm – 2:00 pm  First Timers Orientation & Mentoring Luncheon
- 12:00 pm – 2:00 pm  Division Luncheons
- 4:00 pm – 5:00 pm  ACA Author Book Signing
- 5:00 pm – 9:00 pm  Division Receptions
- 8:00 pm – 9:00 pm  ACA Opening Social
- 9:00 pm – 12:00 am  ACA Opening Party

#### Sunday, March 21
- 7:00 am – 5:00 pm  Registration Open
- 7:30 am – 9:00 am  Division Breakfasts
- 7:30 am – 6:30 pm  Education Sessions
- 8:00 am – 6:00 pm  Division Meetings
- 9:00 am – 10:30 am  ACA Keynote Speaker
- 10:30 am – 6:00 pm  Exhibit Hall Open
- 10:30 am – 6:00 pm  ACA Bookstore Open
- 10:30 am – 12:00 pm  Region Officers Meeting
- 11:00 am – 5:30 pm  Poster Sessions
- 11:00 am – 1:00 pm  Division Brunches
- 12:00 pm – 2:00 pm  Division Luncheons
- 5:00 pm – 12:00 am  Division Receptions
- 7:00 pm – 9:00 pm  ACA National Awards Ceremony

#### Monday, March 22
- 7:00 am – 1:00 pm  Registration Open
- 7:30 am – 1:30 pm  Education Sessions
- 8:00 am – 4:00 pm  Division Meetings
- 1:00 pm – 3:00 pm  ACA General Membership Meeting

### Location of Activities

**Activities that will be held at the David L. Lawrence Convention Center:**
- Pre-conference Learning Institutes • Education Sessions • Exposition and all Exposition Activities (Career Center, ACA Bookstore, Poster Sessions, Graduate Student Center, ACA Resource Center, Cyber Center) • Keynote Presentations • ACA/Red Cross Foundations of Disaster Mental Health Training • ACA Opening Social

**Activities that will be held at the Westin Convention Center Pittsburgh hotel:**
- All Division Activities • ACA Committee Meetings • First Timers Orientation and Mentoring Luncheon

*The David L. Lawrence Convention Center is adjacent to the Westin Convention Center hotel. The Convention Center address is 1000 Ft. Duquesne Blvd., Pittsburgh, PA 15222*
Keynote Speakers
Be prepared for transformations and a higher level of awareness than you ever thought.

Patti Digh
Saturday, March 20
9:00 am – 10:30 am

What would you be doing today if you had only 37 days to live?

This is the title of Patti Digh’s award-winning blog, which turned into a book, but it is so much more—it is her philosophy, her new sense of intentionality.

Patti Digh (pronounced “dye”), co-founder of The Circle Project and author of numerous books, will share her thoughts on what is real and what matters, as she gives us insider tips on how to make minuscule life corrections that result in quantum shifts in experience. Her sold out workshops are focused on unmasking personal stories for deeper creativity and fuller living.

Her background includes diversity and leadership initiatives and training for clients around the world. While she was Vice President of International and Diversity Programs for the Society for Human Resource Management, the world’s largest association of human resources professionals, she created the Institute for International HR, the award winning SHRM Diversity Initiative, the Diversity Train the Trainer Certificate Program, and more innovative programs. She has served on the President’s Committee on Employment of People with Disabilities and in diversity advisory roles with the American Red Cross, AARP, and the American Association of State Colleges and Universities.

On her new book, Life is a Verb: 37 Days to Wake Up, Be Mindful, and Live Intentionally, one reviewer commented: “Reading Life is a Verb is like mainlining goodness.”

A key message to conference attendees: “Making sure you’re a healthy and full person enables you to give back to the world at a higher level.”

Gerald Corey, EdD
Sunday, March 21
9:00 am – 10:30 am

The human dimension is what counts the most when it comes to counseling that produces results.

That is just one of the key messages that will be delivered to attendees by Gerald Corey, one of the most renowned individuals in the profession who continues to greatly influence the training of professional counselors around the world.

The prolific author and professor emeritus of human services and counseling at California State University at Fullerton will share insights gained over his 30-year career along with his personal story of painful school and adolescent years, paralyzing fears, the power of mentoring, and the role of self-discipline.

Self-care for counselors, an awareness of ethics, the significance of a counselor’s beliefs and values, and personal therapy for counselors blend together in his presentation entitled “The Counselor as a Person and as a Professional.”

“As counselors, we ask clients to look honestly at themselves and to choose how they want to change,” he says. “It is essential that we are open to the same kind of reflection on our part.”

An engaging and informative presenter, Corey will guide attendees through many challenging personal issues such as managing stress and balancing life roles, as well as selecting a theoretical model that is closest to your basic beliefs.

Discover who you are as a person and a professional at this highly engaging presentation.

The ACA Foundation brings you…

AfterThoughts with Dr. Gerald Corey

Join us directly following Dr. Corey’s presentation for an hour of sharing with one of the pioneers of counseling. Hear the thoughts, opinions, and insights he has developed over several decades. This session is sponsored by the ACA Foundation and contributions will be accepted to advance the work of the Foundation and the counseling profession.

REGISTER TODAY! counseling.org/conference or call 800-347-6647, x222
Highlights & Special Events
Networking, global dialogue, and other special events.

Saturday, March 20

First Timers Orientation and Mentoring Luncheon
Are you a new ACA member? First-time attendee? This is just what you need! Sign up for this special gathering where you will mingle with leaders in the profession, meet other first-timers, and learn how to navigate through the conference. Tickets are $40 per person while they last; this event often sells out and tickets are not available onsite. Use the Registration form to sign up.

Opening Night Social/Opening Night Celebration
Join us for an evening of entertainment, live music, and dancing. Greet old friends and meet new ones at this social event of the year for counselors! For the first hour, enjoy soft music while you socialize. Then, starting at 9:00 pm the party revs up with live music, dancing, and refreshments. One ticket is included with each full registration. Additional tickets: $45 per person. Use the Registration form or purchase additional tickets onsite.

Hans Hoxter International Forum
Hans Z. Hoxter was the founder and Honorary Life President of the International Association for Counselling. Through Hoxter’s vision, counseling has been advanced as a force for human empowerment throughout the world and ACA holds this program each year to continue the global dialogue. Dr. Angela Gordon Stair, head of Counselling Services at the University of the West Indies at Mona in Kingston, Jamaica will be the guest speaker.

Sunday, March 21

ACA National Awards Ceremony
(Sponsored by the ACA Foundation)
Join your colleagues in celebration of distinguished counseling professionals who are making an impact on the profession. Co-hosted by the ACA Awards Committee, this gala event will recognize ACA award winners and Foundation benefactors. Admission is free; contributions to the ACA Foundation accepted.

International Student Panel/International Reception
A panel of graduate students from various countries will discuss their perception of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. Students will also share thoughts on what they’ve learned about counseling in the U.S and how it might be applied in their home countries.

The International Reception follows. Meet the leaders and attendees from counseling associations around the world. A great opportunity to connect and cultivate partnerships on an international level.

ACA/American Red Cross Foundations of Disaster Mental Health Training
Friday, March 19, 8:00 am–4:00 pm
For ACA members • Earn 6.5 CEUs

NOTICE: This course is free, however, you must preregister and must meet the requirements listed below. Each year this class fills up very fast and unfortunately we must turn people away; with strict class size requirements we cannot register anyone onsite.

In a disaster environment, mental health services are in high demand and ACA often helps in the deployment of trained professionals to the disaster site. To take this free course, you must meet these qualifications:

1. You must be licensed for independent practice by a State Counseling Licensure Board. Counselors in a two-tier state must be licensed at the higher, independent practice level; or a School counselor or school psychologist who has successfully completed a masters or doctoral degree and holds a current state license or state certification.
2. You must have a valid practicing license at the time of training.
3. You must be a current ACA member.
4. You must pre-register. No onsite registrations can be accepted.

Class size is limited. To request registration materials, contact Debbie Beales at dbeales@counseling.org or 800-347-6647, x306.

All materials and other required information must be received and approved by the Red Cross before acceptance to the training is granted. If you will not be attending the ACA conference, but are still interested in taking this training, you can contact your local chapter Red Cross by typing in your zip code at www.redcross.org (this brings up your local chapter’s contact information) to find out when they will be conducting this training in your area.
Graduate Students
Get a head start on your career!

More than 700 graduate students now attend the ACA Conference each year to:

- Build a network, identify mentors
- Learn where the jobs are
- Meet professors from the top programs
- Reinforce their coursework

Education Sessions of Interest to Grad Students

- Burning More Than the Midnight Oil: Preventing Burnout in Counseling Graduate Students
- Mastering Professional Development Strategies for Counseling Students
- The Student-Counselor Educator Connection: Demystifying the Job Search
- The Perilous Journey to an Advanced Degree: Strategies for Survival
- Wellness Works: Quantitative and Qualitative Results of a Wellness Program Provided for Counseling Graduate Students

Back by popular demand:
For Graduate Students and New Professionals Only series.

- Finding a Meaningful Life After Graduate School by Gerald Corey
- Knowing Me, Supporting Me, and Marketing Me by Beverly O’Bryant
- Practical Pointers for Graduate Students and New Professionals by Sandra Lopez-Baez
- What Graduate Students and New Professionals Need to Know About Neuroscience by Allen and Mary Ivey
- Get a Job! Strategies for Successful Transition to and Mobility in Careers in Counseling by Rebecca Daniel-Burke

ACA Career Center
Looking for a job? Need career advice? Schedule a private, free individual consultation on Job Search and Career Planning. Information on how to schedule an appointment will be sent to you after you register.

The Graduate Student Center
Located in the Exposition
A space just for you! Gather and mingle with other students, meet the ACA president and other leaders who will stop by. Hear presentations designed for students.

International Student Panel
A panel of graduate students from various countries discusses their perception of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. Students will also share thoughts on how what they’ve learned about counseling in the U.S might be applied in their home countries. The International Reception will be held after the panel discussion.

First Timers Orientation and Mentoring Luncheon
An ideal opportunity for students and new professionals to network over a hearty lunch and hear a special presentation on how to get the most out of the ACA conference! See p. 6 for description. Tickets are $40 per person.

Graduate Student Volunteers Wanted—Deadline: December 18
ACA is seeking up to 100 graduate student volunteers willing to work a minimum of 12 hours during the conference. In exchange for your time and commitment, ACA will waive 50% of your student registration fee. Graduate students who have previously volunteered in this program (within the last 3 years) will receive full reimbursement for their registration fee. The deadline to sign up: Friday, December 18, 2009. Visit www.counseling.org/Students/GetInvolved, or contact Robin Hayes at 800-347-6647, x296.
The Pennsylvania Counseling Association welcomes you to the keystone state!
Below are several PCA-sponsored programs. Watch the PCA website for additional information: www.pacounseling.org

PCA Welcome Reception
Friday, March 19, Evening
Stop by and sample yummy deserts and fresh fruit while networking at a dessert reception sponsored by PCA and other co-sponsors. We may have a surprise guest!

Two PCA Sponsored Pre-conference Learning Institutes (LI)
These two sessions and presenter names are also listed on pages 17 and 19, respectively.

10024 Introductory
Counselor Know Thyself: Making Responsive Art to Enhance Counselor Self-Awareness and Empathy
Counselors often encourage clients to use creative modalities to express themselves. Learn how making your own art, specifically in response to your clients or your clients’ art, can enhance your self-awareness, increase your empathy for clients’ experiences, and inform your practices. Full day LI. Separate registration fee required. See fees on page 37.

10033 Introductory
Domestic Violence and Trauma-Informed Best Practices
Professionals who don’t specialize in domestic violence may unknowingly serve 60% or more individuals affected by it. Yet, many professionals don’t ask questions about violence. Additionally, trauma recovery is a rapidly developing field. This workshop will help you understand domestic violence and the relationship between traumatic stress and domestic violence. Evening LI. Separate registration fee required. See fees on page 37.

PCA-Sponsored Education Sessions
“Drew’s Hope,” A Grief and Loss Support Program for Children, Teens, and Their Families
It Begins With us: Exploring Therapists’ Reactions to Transgender Clients
Mandala Assessment Research Instrument (MARI) as a Therapeutic Intervention in Treating Trauma
Meditation in Counseling—Ohmmmmm
Men’s Issues in the 21st Century: Social and Spiritual Considerations
One Law, Many Voices
Preparing Counselors to Treat Gambling Related Disorders: Magic and Loss
Reducing Stigma and Increasing Awareness of Mental Health Issues on College Campuses
The Dance of Psychotherapy
The Supervisory Relationship: A Critical Review of Current Supervisory Measures

Advanced
Confidentiality and Marriage and Family Therapists
Imprisoned Spirits: Healing the Pain of Children of Incarcerated Parents
Pieces of a Bicultural Me: Latina Gender and Sexual Identities
The True Self, Existential Meaning, and Wellness: Implications for Counseling
Understanding Trauma as a Multicultural Construct
Division Events
Celebrate, network and learn with your ACA Division!

Multi-Division Program
Multicultural-Social Justice Leadership Development Academy
Friday, March 19
Be a part of the transformation of the counseling profession by participating in this free program in which you will learn new leadership strategies for transformational change. The program is free but you must register in advance by emailing: Michael D’Andrea (Michael.dandrea@gmail.com).

ACC Day of Learning, Saturday, March 20
Celebration of Creativity in Counseling: Research and Practice
Creativity in Counseling: Using the Enneagram and Experiential Approaches to Build Authentic and Meaningful Relationships
The Beginning Counselor's Survival Kit: 30 Creative Activities and Interventions
Truth in Counseling Relationships: A Creative Exploration of Whether It Matters
Using Creative Strategies to Address Compulsive Sexual Behaviors in College Students: Hook-ups, Peer Pressure, and Porn

AGLBTC Day of Learning, Saturday, March 20
Ethical Service Delivery to Dual-minority Clients: What Do We Know and How Do We Treat GLB People of Color?
Exploring Relational Processes in Families of Gay Youth
Introducing the ALGBTIC Transgender Competencies for Counselor Training, Supervision, and Practice
Navigating the Spiritual Narratives of Lesbian, Gay, Bisexual, and Transgender Clients
Toward Wholeness: Integrating Spiritual and LGBT Identities

CSJ Day of Learning, Saturday, March 20
Carl Rogers as Social Justice Advocate
International Service Therapy: A Path to Healing
Preparing for Parenthood Together/Preparándonos Juntos Para Ser Padres: Evaluating Prenatal Couples' Groups for New Parents
Social Justice Counseling is Value-Filled!
Tracing the Genesis and Future Challenges of the Multicultural-Social Justice Competencies Movement in the Profession

Using the Arts to Communicate Social Justice Counseling and Advocacy Experiences

NECA Awards Brunch and “Staying Power” Skill Building Workshop
Sunday, March 21, 10:30 am – 5:30 pm
Join us for brunch and then stay to learn how employment and career counselors can help organizations “look inside their box” to apply reasonable, cost-effective solutions to improve the long-term commitment of an organization’s best and brightest staff. You will gain tips and techniques on employee retention beginning with the initial hiring, as well as how to improve mentoring and coaching programs. Visit www.counseling.org/conference for the complete information or contact Dr. Kay Brawley, NECA Professional Development Director at: kbrawley@mindspring.com. Registration fee is $75.

C-AHEAD Wellness Center, Sunday, March 21
From Play to Wellness
Guided Imagery: Healing for Self and Others
Morning Meditation
Tell Me Your Story: A Path to Wellness
The Art of Increasing Personal Energy and Wellness

NECA Day of Learning, Sunday, March 21
Opportunity to Instruct New Online Global Career Development Facilitator Curriculum: Working Ahead, Moving Forward
Organizing Occupational Information Through the Use of Customized Occupational Schemas
“Staying Power” Helping Organizations, Agencies, and Business Retain the Best in the Mobile Millennial Workplace
What Can You Do With the GCDF Credential?
Why Men Get Paid More Than Women: Secrets to Hidden Gender Differences in the Workplace

For other Division-sponsored programming, see the Education Sessions section, pp. 21-32. The Division acronym is listed following the session title. See p. 16 for a list of Division acronyms with the full name of each Division.
The Exposition & ACA Bookstore—March 19-21

More than 100 exhibitors will showcase the latest products and services.

ACA Bookstore, Author Book Signings
See the impressive line of new ACA releases, books by keynote presenters, counseling classics, and much more. Have an idea for a book you’d like to write? Meet with the Director of Publications to discuss how to submit a book proposal. Converse with some of the most influential and distinguished counselors in the field while they autograph your copy at the ACA Author Book Signings!

Friday, March 19, 5:00 pm – 7:00 pm
Exposition Grand Opening & Welcome Reception

Saturday, March 20, 10:30 am – 6:00 pm
Free lunch in Expo!

Sunday, March 21, 10:30 am – 6:00 pm
Closing Social Reception

Food • Computer stations • Poster sessions • ACA Membership Resource Center • Graduate Student Center • ACA Bookstore and more in the Expo!

Looking for a job?
Looking for candidates for your position?
Want to start or expand a private practice?
Need advice from an expert?

FREE! Private, Individual Consultations with Experts in:
• Ethics and Licensure
• Private Practice
• Job Searching and Career Planning

Consultations must be scheduled in advance. Watch for further information on scheduling after you register.

Pittsburgh Treasure Tours
$54 Adults; $47 children

Andrew Carnegie’s gift to the people of Pittsburgh, The Carnegie Museum, houses four cultural centers under one roof. The Museum of Art is highly regarded for its permanent collection ranging from the old masters to the contemporary, with a fine representation of The Impressionists. A wealth of treasures await you at the Hillman Hall of Minerals & Gems, Dinosaur Hall, Hall of Architecture, and much more.

The tour continues to the Nationality Rooms in the Cathedral of Learning of the University of Pittsburgh. Each room, a gift from one of Pittsburgh’s ethnic societies, exemplifies the old-world culture of that particular nation. The King and Queen of Sweden dedicated the Swedish Room. The Syria-Lebanon room is the library from a Damascus palace. The English room contains linen-fold paneling, carved stone corbels, and a fireplace from the House of Commons. Visit 26 countries in one day!

A short campus walk away stands the lovely Heinz Memorial Chapel. This French Gothic structure is intended to inspire and celebrate human achievement.

For tour times and to sign up for a tour, visit:
www.dmc-pittsburgh/reg_aka09.php
CE Credit & ACA Academy Certificates
Two ways to earn while you learn!

Obtain up to 38 Continuing Education Credits

CONTINUING EDUCATION CREDITS
You can earn one continuing education contact hour (CE) for each hour of attendance at:

- Keynote Sessions
- Education Sessions
  (90-minute, 60-minute, 30-minute sessions offered)
- Pre-conference Learning Institutes (separate registration fee required)

Most attendees will be able to accumulate 20 CEs during the core conference days; however, you can earn up to 18 more CEs by attending two full days of Pre-conference Learning Institutes. That way you can return home with up to 38 CE credits! **Attendance is monitored and you must attend 100% of the session.**

Find the CE Report form in your Conference Program Guide and take it with you to the sessions you attend. Then, return the completed form to ACA with a $15 processing fee and you will receive your CE certificate in 2–3 weeks.

ACA Pre-conference Learning Institutes and Conference Education Sessions are approved by:
- National Board for Certified Counselors (NBCC). Several national and state-level psychology, social work and related certification/licensure boards also accept NBCC credit.
- Commission on Rehabilitation Counselor Certification (CRCC). **Please note:** 30-minute sessions are not eligible for CRCC credit.
- American Psychological Association (APA) – **Please note:** Starting this year introductory level and 30-minute sessions are not eligible for APA credit.
- NAADAC, The Association for Addiction Professionals
- Association for Play Therapy (APT) – **application pending**

ACA CONFERENCE ACADEMIES
For each certificate, you must attend at least 6 sessions within the track:

Addictions Academy
NEW! Best Practices in Counseling
Career Development/Employment Counseling Academy
Child & Adolescent Counseling Academy
College Counseling Academy
Counseling Ethics & Legal Issues Academy
Counselor Education & Supervision Academy
Couples & Family Counseling Academy
Group Work Academy
Human Development Across the Lifespan Academy
LGBT Academy
Mental Health/Private Practice Academy
Multicultural Counseling Academy
Rehabilitation Counseling & Disability Issues Academy
School Counseling Academy
NEW! Social Justice Academy
Spirituality & Religious Values Academy
NEW! Trauma Academy

In addition, you must visit the ACA Exposition for at least 30 minutes and attend the Opening **Keynote Session.** You’ll find the ACA Academy Form in your Conference Program Guide. The Guide also will indicate which sessions are approved for each Academy. You will receive your free academy certificate 2–3 weeks after we receive your form.
Pre-conference Learning Institutes (LI)

Learn more by coming to Pittsburgh a day or two early!

What You Should Know About LIs:

- Separate registration rates apply (see box above)
- Register by November 30 and save!
- Rates are $75–$140 (members) per LI
- Register using Registration Form on p. 37
- 21 Advanced level; 19 Introductory selected by peer review
- Class sizes are limited and some fill up fast
- Intensive learning with well-qualified, highly-rated instructors
- Earn 6 CE hours per full day sessions; 3 hours for evening sessions

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Key to Levels

Introductory
Suitable for all levels. Regardless of knowledge or skill level, participants will gain foundation knowledge required to enhance counseling skills.

Advanced
Suitable for those who have substantial working knowledge and skills in content area. Participants will refine and expand current expertise.
March 18, Daytime Sessions  
9:00 am – 4:30 pm

10001  Advanced  
Exemplary Practices and Clinical Applications of Latino Counseling Competencies  
G. Miguel Arcineiga, PhD, Maritza Gallardo-Cooper, PhD,  
Adelaida Santana-Pellicer, PhD, Zaila Tovar-Blank, PhD,  
Diane Estrada, PhD, Anaceli Mejia, MA, Elizabeth Poloskov, BA

Participants interested in developing an advanced level of counseling competency with Latinos should consider this LI as an extension of an in-depth curriculum in Latino counseling. It will provide an in-depth and comprehensive opportunity to develop and implement exemplary practices sensitive to the heterogeneity of the Latino population. An iconic model developed specifically to address the Latino client and based on seven factors, it serves as a framework to guide assessment and intervention. Case studies, role-playing, experiential activities, and video vignettes will be used. Presenters with an extensive clinical experience will share methods applicable to a wide variety of settings.

10002  Introductory  
Motivational Interviewing: Collaborative Counseling for the Ambivalent and Resistant Client  
Rick Gressard, PhD, Sara Scott, MEd

What is Motivational Interviewing (MI)? MI is an evidence-based intervention that emphasizes clients’ choices and ways to deal with resistance to change. It is not a set of techniques only, but an attitude. How will this presentation help you learn to do MI? About 60 minutes of the LI will cover the principles of MI. The remainder of the 5 ½ hours will include: film demonstrations of MI, participants working singly, writing responses to clients portrayed in short video clips (written responses will be scored and returned to participants, with feedback), participants practicing in triads and dyads, and demonstrations by presenters.

10003  Advanced  
Advanced Techniques for Group Leaders: Essential and Creative Skills for Effective Group Leadership  
Ed E. Jacobs, PhD, Chris Schimmel, EdD

This workshop focuses on very practical skills, techniques, and strategies for group leading. Much of the LI will be demonstrations. Videos of actual groups with teens and women in a halfway house will be shown. How to deal with difficult members will be discussed and demonstrated. Techniques for working effectively with one member while keeping the other members involved will be shown. The effective use of theories in groups will be discussed and demonstrated. Many new, creative exercises will be presented along with 10 common mistakes of group leaders. Learn many new, creative, theory-driven ideas, techniques, and exercises that can be used immediately.

10004  Advanced  
Rhythms of Discovery: An Introduction to The Bonny Method of Guided Imagery and Music  
Erin Johnson, MEd, Cara Marinucci, MS

Experience the transformational power of music and the arts! Learn how music, imagery, and mandalas can be used as a creative adjunct to traditional methods of counseling practice. This engaging introduction to The Bonny Method of Guided Imagery and Music will highlight techniques to use immediately with individuals and groups. You will experience the therapeutic impact of music by practicing in dyads and receiving coaching to acquire the skills necessary.

10005  Introductory  
A Personal Path to Professional Excellence: Personal Wellness as the Key to Counselor Vitality, Creativity, and Success  
Gerard Lawson, PhD, Jane E. Myers, PhD

Well counselors produce well clients. Counselors have long believed this maxim, and emerging research supports empirically what we have known intuitively. Following surveys of counselor wellness, we now know that counselors caring for themselves is good clinical practice and the key to a longer, more vital career. This presentation will describe this research, and more importantly, will help you discover your individual path to personal and professional wellness. You will receive a personalized wellness profile, be invited to participate in wellness exercises across domains, and develop a plan to revitalize your personal wellness, professional practice, and to support those around you.
10006 Introductory
Counseling to Get Students Ready for College: A Multidimensional Approach
Vivian V. Lee, EdD, Cheryl Holcomb-McCoy, PhD

Based on race and income, there are vast disparities among students in college attendance and completion. School counselors are in a pivotal position to challenge the barriers that keep low-income and students of color from going to college. Nevertheless, many school counselors aren’t trained to implement college readiness counseling with an equity focus. This LI, designed for school counselors and school counselor educators, will cover the knowledge and skills necessary for effective equity-focused college readiness counseling.

10007 Introductory
Effective Techniques for Dealing With Highly Resistant Clients
Clifton W. Mitchell, PhD

The successful management of resistance is the pivotal point of effective therapy and a critical component in alleviating therapists’ stress. This seminar is designed to teach innovative approaches and ideas to prevent, avoid, and resolve resistance. These techniques are applicable across a wide array of clients, problems, and cultures, and, they can be integrated with all theoretical approaches. Emphasis will be on “how to” aspects of resistance management, though the theory is always presented.

10008 Introductory
Counseling Athletes Across the Lifespan
Tanya Marie Tinsley, PhD, Albert Petitpas, EdD, Jim Presbrey, MA

Sports counseling is a process to assist individuals with maximizing their academic, athletic, social, and personal development. This LI examines current counseling strategies used with the athlete population across the lifespan in a variety of settings including school settings, private practice, mental health agencies, professional sporting agencies, and recreational settings. Participants will explore current research in motivation and life skill development, psychosocial development, and career maturity. This LI will be delivered via interactive group discussions, experiential learning, small group activities, and by the use of technology.

10009 Advanced
Cutting Edge Reality Therapy Skills: Practical and Empowering for Counselors Caring for Clients Feeling “Put Upon” by Society
Robert E. Wubbolding, EdD

This LI presents cutting edge and advanced tools and techniques for dealing with client behaviors that seem difficult to deal with: feelings of being put upon, actions that are often labeled resistant or hostile, and self-talk that seems defeatist. Discussion of principles underlying the advanced use of the WDEP (wants, doing, evaluation, planning) system of reality therapy will illustrate the practicality of this multiculturally validated counseling method. Simulated role-play demonstrations are the focus of this skill-based, hands-on, research-centered workshop. You will gain specific tools to use immediately for empowering clients—tools that are self-rejuvenating for counselors.

10010 Advanced
Julia Yang, PhD, Mark Blagen, PhD

Courage refers to the ability to move on in the presence of difficulties. The purpose of this LI is to present courage as the main thrust of understanding and training for mental health in five life task areas: work, love, friendship/family, self, and spiritual well being. The presenters will discuss the theoretical basis of courage in combination with the assessment and training strategies of Individual psychology. You will actively work with the presenters as you learn to use seven creative assessment and training tools to address client issues and development in all five life task areas. You will acquire culturally responsive techniques that facilitate courage.

March 18, Evening Sessions
5:30 pm – 8:45 pm

10011 Introductory
The Long Good-Bye: Grief Work in Substance Abuse Counseling
Susan Furr, PhD, Kathryn Hunsucker, MA

When we hear the term “grief counseling,” often our first thought is helping clients cope with the death of a significant person. But it is important that
we broaden our view of grief and loss to include many of the experiences encountered by those who abuse substances. Grief often is a very complex part of the substance abuser’s life. Many have experienced important losses early in life and may begin abusing substances as a way of coping. In turn, the addiction can facilitate other losses such as job, relationships, and even freedom. But often, we do not consider the losses that occur when giving up the use of a substance. This presentation will explore the basic concepts of grief and loss theory as applied to work with substance abusers.

10012 Advanced
Barry G. Ginsberg, PhD

Relationship Enhancement Couple Therapy is a uniquely respectful, collaborative, time-designated and powerful intervention/prevention approach. Couples learn relationship skills that incorporate empathy, nonjudgment, acceptance, attachment and emotional regulation and then practice and integrate these skills into their everyday lives. This fosters improved softening, emotional engagement, and acknowledgment of the underlying positives, elements essential to satisfying and stable relationships. Didactic, discussion, role-play and videotape methods will be used.

10013 Advanced
Preparing and Supporting African American College Students
Doug Guiffrida, PhD

Research that has explored the experiences of African American college students who attend predominantly White colleges is presented for the purpose of assisting school and college counselors in effectively preparing and supporting their African American college students. You will learn the ways in which families, friends, faculty, and student organizations can become both assets and liabilities to African American students.

10014 Introductory
Using Structural Equation Modeling to Address Questions in Counseling Research
Martin F. Lynch, PhD

The session explores ways counselors/counselor educators can enrich their practice, teaching, and research through familiarity with two cutting edge quantitative strategies: Structural Equation Modeling (SEM) and Multilevel Modeling (MLM). Examples of research questions that can be addressed through SEM and MLM will be explored. Basic techniques will be presented in a low-key, non-threatening, user-friendly way. The session will illustrate key points; discussion will be encouraged, with time for questions and brainstorming about additional applications. You will receive handouts outlining steps for conducting basic analyses. Objectives include familiarity with basic concepts and application to identified research questions.

10015 Advanced
Diversifying Your Practice: Conflict Resolution Strategies and Forensic Interventions for Children of High-Conflict Divorce
Michelle A. Mitcham, PhD

This LI will illustrate how mental health professionals as Parenting Coordinators, help high-conflict divorcing couples. Techniques of parenting coordination will be presented. Learn how to help high-conflict divorced or separated couples re-align themselves as co-parents, learn conflict resolution strategies, communication skills, and how to remove children from the middle of the conflict. Parenting Coordination offers parents solution-focused, goal-oriented, strategies for reducing inter-parental conflict and improving communication with each other and the children.

10016 Advanced
The Practice of Emotionally Intelligent Clinical Supervision
Kok-Mun Ng, PhD, Joseph B. Cooper, PhD, Thomas Keith Hill, MA

Responding to emotional content is vital to the formation of the supervisory relationship, yet emotional competencies are under-utilized in supervision models. The theory of emotional intelligence (EI) provides a framework for supervisors to conceptualize the roles and functions of emotion in supervision and utilize emotional experiences to promote growth for supervisee, supervisor, and client. Using theory and research, the presenters will elaborate skills, processes, and benefits of becoming an emotionally intelligent supervisor in today’s diverse and global society. Case examples will illustrate the application of EI skills in supervision to promote supervisory working alliance and therapeutic alliance and outcomes.
10017  Advanced  
Adding Coaching to Your Counseling Private Practice: What You Must Know—Necessary Skills, Training, and Ethical Considerations  
Janet Slack, MEd  

Today’s economy and work climate for counselors in private practice has caused some to question their career choice and many private practices to be threatened financially. The addition of coaching as a complementary service has reinvigorated many counselors in private practice and their businesses. Learn proven ways and practical tips to add coaching to your practice so that it is done ethically and with sound business principles. This LI will cover such topics as the similarities and differences between the two services, coaching skills and their development, coach training programs and services, ethical considerations, the impact of coaching on counseling licensure, and business structures.

10018  Introductory  
Unleashing the Power of Canines in Play Therapy With Anxious and Depressed Children and Adolescents  
Mary Jean Thompson-Rottier, EdD, Jennifer Ryan Austin, MS  

This program is designed for clinicians who wish to enhance their ability to work with anxious and depressed children and adolescents. Participants will learn the principles of Paws for Healing, a therapeutic program that builds upon the psychological benefits of integrating canines into play therapy. This LI provides an in-depth look at choosing and training the canine, setting up a Canine-Assisted Play Therapy (CAPT) playroom, conducting the session, and addressing ethical and cultural considerations specific to CAPT. Presenters will discuss the available research on CAPT with anxiety and depressive disorders. Learn how the human-animal bond can be used to advance the field of child and adolescent therapy.

10019  Introductory  
When Sex Becomes an Addiction  
Marie Wilson, MA  

Regardless of the work setting, counselors may encounter clients whose problematic sexual behavior fits the parameters of addictive/compulsive illness. When these cases present themselves, they need to know how to make an appropriate assessment to determine whether an addictive process is present in order to make decisions about intervention and level of care necessary for each client. Compulsive sexual behavior, referred to as sex addiction, is a co-occurring mental health condition that can be overlooked or misdiagnosed by counseling professionals, contributing to recidivism rates. This LI examines symptoms of the disorder, prevalence, specific behaviors, the epidemic of Internet pornography, etiology, and assessment criteria.

10020  Advanced  
DSM-IV-TR Diagnostic Training: Sharpening Your Skills as a Clinical Mental Health Counselor  
Carlos P. Zalaquett, PhD  

Clinical Mental Health Counselors, the new professional denomination approved by CACREP (2009), are expected to use diagnostic procedures effectively. This program reviews the six-steps of the diagnostic process and uses videotaped and written clinical vignettes to help participants practice their diagnostic skills. Clinical cases describing mood or anxiety disorders will be presented. For each clinical case, the client’s description, signs and symptoms, tentative diagnosis, alternative diagnoses, and best psychotherapeutic practices available to date will be reviewed to help you sharpen your clinical skills.

ACA Division Acronyms

AACE - Association for Assessment in Counseling and Education  
AADA - Association for Adult Development and Aging  
ACC - Association for Creativity in Counseling  
ACCA - American College Counseling Association  
ACEG - Association for Counselors and Educators in Government  
ACES - Association for Counselor Education and Supervision  
ALGBTIC - Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling  
AMCD - Association for Multicultural Counseling and Development  
AMHCA - American Mental Health Counselors Association  
ARCA - American Rehabilitation Counseling Association  
ASCA - American School Counselor Association  
ASERVIC - Association for Spiritual, Ethical, and Religious Values in Counseling  
ASGW - Association for Specialists in Group Work  
C-AHEAD - Counseling Association for Humanistic Education and Development  
CSJ - Counselors for Social Justice  
IAAOC - International Association of Addictions and Offender Counselors  
IAMFC - International Association of Marriage and Family Counselors  
NCDA - National Career Development Association  
NECA - National Employment Counseling Association
FRIDAY

March 19, Daytime Sessions 9:00 am – 4:30 pm

10021 Advanced
The Many Facets of Grief
David Capuzzi, PhD, Mark D. Stauffer, PhD

Because loss is connected with many life experiences, (e.g., death of a significant other, career reversals and disappointments, relationship endings, moving, changes in health status, aging, absence of expected life experiences), there are many circumstances in which counselors and therapists are called upon to assist clients with the bereavement process. You will come away with guidelines and techniques related to working through loss issues. A varied, experiential format will be used.

10022 Introductory
Counseling Theory in Practice
Gerald Corey, EdD, James L. Bludworth, PhD

This LI is an introductory workshop on counseling theories applied to practice. The LI is an overview of key concepts and techniques based on these theories: psychoanalytic, Adlerian, existential, person-centered, Gestalt, behavioral, cognitive-behavioral, rational emotive behavior therapy, cognitive therapy, reality therapy, solution-focused brief therapy, narrative therapy, feminist therapy, and integrative approaches to counseling practice. Emphasis is on the value of developing a systematic way of drawing on various techniques that are applicable to counseling diverse client populations. Prior completion of a course in counseling theory is recommended.

10023 Introductory
Becoming a 21st Century School Counselor: Implementing Comprehensive School Counseling Programs
Carol A. Dahig, EdD

This professional development experience will familiarize school counselors with the comprehensive program and the ASCA National Model by utilizing “user friendly” tools to work through each of the model components: Foundation, Delivery, Management, and Accountability. Participants will align their current activities with academic, career, and personal-social development and create an action plan and timeline to take the next steps. You are encouraged to bring written information about your school counseling program, including school report cards, high school profiles, and other achievement and student-based data, to help identify elementary, middle, and high school priorities for your action plan.

10024 Introductory
Counselor Know Thyself: Making Responsive Art to Enhance Counselor Self-Awareness and Empathy
Nina Denninger, MA, Melanie Beuth, MA, Susan Novak, MA, Stefanie Sigrist, MA, Kim Frazee, MA

Counselors often encourage clients to use creative modalities to express themselves. In this workshop, you will learn how making your own art, specifically in response to your clients and/or your clients’ art, can enhance your self-awareness, increase your empathy for clients’ experiences, and inform your practices.

10025 Advanced
Vicarious Trauma and Vicarious Resiliency in Cultural Context
Pilar Hernandez-Wolfe, PhD

This LI addresses the interplay of vicarious trauma and vicarious resiliency dynamics in the provision of services to populations affected by traumatic stress. In addition, the course examines the social and cultural dimensions of working with those affected by trauma and their mental health providers. Intersections of diversity (class, gender, sexual orientation, ethnicity, ability) dimensions are explored in clinical practice to offer clinicians a cultural equity framework for practice. Ethical implications will be discussed.

10026 Advanced
Challenging Discrimination Against LGBTQ Youth in Schools: A Guide to Transformative Advocacy for School Counselors
Pamela S. Lassiter, PhD, Amy Sifford, MS, Effie McCauley, MA

School counselors are ethically obliged to address the needs of all students, including LGBTQ students who may be at risk due to discrimination. They often lack tools, resources, and administrative support to advocate successfully for LGBTQ students. This LI provides a theoretical and practical framework for transformative advocacy within the school community. You will learn to create transformative conversations with administrators and other stakeholders, to prepare sexual minority students and straight allies for advocacy, to recognize opposition strategies that keep Gay-Straight Alliances out of school communities, legal protections, and about inclusive guidance curriculums. An Advocacy Tool Kit will be provided.

CANCELLED
FRIDAY

10027 Introductory
The Essence of Intimacy—Experiencing the Fundamentals of Sex Counseling Through Sexual Attitude Restructuring
Amy R. Marsh, DHS

The Essence of Intimacy is a “sexual attitude restructuring” program designed as an experiential encounter with a varied selection of material and content. As a professional, you’ll gain a greater understanding of the wide range of human sexual behavior, as well as the fundamental philosophy and ethics of sexological counseling. This broader exposure and understanding will enable you to better serve the clients who present with sexual problems or situations. Topics include ethics and morals; physical and developmental disabilities; stereotypes and prejudice; negative sexual experiences; masturbation; orientation, preferences, gender, lifespan; alternative sexual lifestyles and sex counseling basics. Explicit media, content.

10028 Introductory
The Skills of Group Practice: A Mutual Aid Model for Practice in Counseling, Psychoeducational and Educational Groups
Lawrence Shulman, EdD

This method-focused LI will examine the beginning and middle phases of group practice. Discussion will include ambivalence and the illusion of work, passive resistance, intellectualizing, and avoidance. Individual (and at times difficult) members as well as the group as a whole will be discussed. The LI itself will be a model of an educational mutual aid support group for group leaders, and the Institute’s leader will model the presented skills. Group members will be involved in presenting examples from their own practice, discussing and analyzing examples, and role playing. Inter-cultural (e.g., White leader and members of color) and intra-cultural dynamics (e.g., an Hispanic leader with Hispanic members) will be presented.

10029 Introductory
Doing Solution-Focused Brief Counseling
Gerald B. Sklare, EdD

This experiential workshop is designed for school counselors, mental health providers and psychologists who want to learn to implement an innovative approach to empower their clients/students to recognize and utilize their resources in a minimal amount of time.

10030 Advanced
Private Practice: Surviving or Thriving?
Robert J. Walsh, MA, Norman C. Dasenbrook, MS

Private practice for many mental health providers has been an elusive goal. This LI is a “nuts and bolts” presentation that addresses marketing and advertising, dealing with managed care, finding additional sources of income, and identifying cost-effective practice strategies. Materials will include examples of forms and marketing materials. The presenters are authors of ACA’s website section Private Practice Pointers and Counseling Today’s Private Practice in Counseling.

March 19, Evening Sessions
5:30 pm – 8:45 pm

10031 Advanced
Clinical Boundaries and Ethical Decision Making: How Supervision Can Help!
Paula J. Britton, PhD, Christopher M. Faiver, PhD, Cecile Brennan, PhD

Maintaining appropriate boundaries can be a struggle for counselors, especially early in their careers. Due to the inherent evaluative component of supervision, supervisees may “hide” certain boundary challenges from their supervisors and make clinical decisions in isolation. This workshop provides an overview of the literature related to clinical boundaries and discusses the importance of supervision in recognizing and managing boundary dilemmas. The LI includes: lecture with critical case examples, the “ethics game,” which includes discussion with peers regarding ethical scenarios, and a case demonstration of a supervisee who struggles with a boundary dilemma.

10032 Advanced
Enhancing the Supervision Process: Incorporating Expressive Art Activities in Clinical Supervision
Peggy L. Ceballos, PhD, Clariece Rapisarda, PhD

The use of expressive arts in the supervision process can help supervisees to conceptualize cases, reflect on the client-therapist relationship, increase self-awareness, gain perspective of the clients’ experience, and understand the counseling process. In this interactive workshop, you will learn the underlying principle for choosing expressive arts activities to incorporate in supervision.
as well as guidelines to process these activities. Practical examples on incorporating various expressive art modalities into participants’ current work will be addressed. Presenters will use videotapes, case examples, and experiential activities to illustrate the use of expressive arts during supervision sessions.

10033 Introductory
Domestic Violence and Trauma-Informed Best Practices
Minna Davis, MA

Professionals who don’t specialize in domestic violence may unknowingly serve 60% or more individuals affected by it. Yet, many professionals don’t ask questions about violence. Additionally, trauma recovery is a rapidly developing field. This workshop will help participants understand domestic violence and the relationship between traumatic stress and domestic violence.

10034 Introductory
Suicide Prevention, Assessment, and Intervention: Practical Information for Counselors
Darcy Haag Granello, PhD, Paul F. Granello, PhD

Suicide is the 11th leading cause of death, and the second leading cause among adolescents, yet the average amount of time spent on the topic of suicide in counselor education programs is less than one hour. This program will provide participants of all skill and experience levels, in all types of settings, with concrete, practical information on suicide assessment, prevention, and intervention. An extensive booklet of information will provide more details and depth for participants to implement prevention programming in schools and communities, and to conduct culturally and developmentally appropriate risk assessments. Intervention guidelines for treatment are included.

10035 Advanced
When Talking Won’t Work: Implementing Experiential Activities With Resistant and Addicted Clients
William Bryce Hagedorn, PhD

Clinical work with resistant and addicted clients poses no end of therapeutic challenges. Minimization, rationalization, denial, and lying plague this client population like no other. Similarly, most addicted clients, especially those at the beginning of their recovery process, have little-to-no motivation to change. As a result, traditional talk therapy often proves ineffective and other modalities, especially those that are experiential and creative in nature, are necessary. Attendees will leave with a bevy of creative exercises.

10036 Advanced
Culturally Sensitive Counseling Process Skills With Hard-to-Reach Boys and Men
Mark S. Kiselica, PhD

Boys and men who adhere to traditional notions of masculinity have a tendency to rely on themselves during times of crisis. This tendency is exacerbated for boys and men of color who have a distrust of counselors due to the historical maltreatment of ethnic and racial minority individuals by the mental health system. The purpose of this workshop is to help counselors learn how to overcome these barriers by describing culturally sensitive process skills that have been shown to be effective in engaging hard-to-reach males in counseling. Numerous male-friendly rapport-building strategies will be demonstrated, and suggestions for broaching sensitive racial issues that can emerge during counseling with boys and men will be discussed.

10037 Advanced
Teaching Multicultural Counseling With a Conceptual Approach
Courtland Lee, PhD, Jessica M. Diaz, MA, Juliana Unis Castan, BA

The purpose of this LI is to present an alternative perspective on and method of teaching a multicultural counseling course for counselor educators and students as well as counseling practitioners. Rather than present information on counseling with specific cultural groups, the course methodology offers perspective on important concepts to consider when counseling across cultures.

10038 Advanced
Positive Approaches to Sexual Offender Treatment: The Good Lives Model in Action
Robert Scholz, MA, Charles Flinton, PhD

Many of the treatment approaches used with sexual offenders are risk-need models. The Good Lives Approach bolsters these models by emphasizing the importance of enhancing offenders’ lives so they can meet their own basic human needs in more adaptive and prosocial ways. This presentation will apply the theoretical foundations of the Good Lives Model to individual and group psychotherapy with offenders. Participants will engage in
discussion and experiential exercises focusing on understanding each of the 10 goods (e.g., Healthy Living, Knowledge, Excellence in Work & Play, Excellence in Agency, Inner Peace, Relatedness, Community, Spirituality, Happiness and Creativity).

10039 Introductory Developmental Advocacy for Counselors and Educators
Shannon D. Smith, PhD, Kok-Mun Ng, PhD
Acquire a developmental and culturally-responsive framework for developing knowledge, awareness, and skills required to become a competent social advocate. With the Advocacy Competencies as a backdrop, you will learn a framework and rationale for counselors and educators to become effective social advocates, gain knowledge, skills, and awareness of advocacy training, planning, and delivery, learn practical “do’s” and “don’ts” of conducting social action, and gain practical experience through select role-plays. Learning will be primarily achieved through a PowerPoint and experiential activities.

10040 Introductory Integrating Sand Therapy Into Counseling: Beginning the Process
Jane Webber, PhD, J. Barry Mascari, PhD
You are invited to explore the process of sand therapy including setting up your room, collecting diverse miniature figures inexpensively, and introducing sand therapy into your counseling sessions. You will: choose figures to build a personal scene and experience the sand tray; process your spontaneous stories and metaphors; and share cases, using slides of trays to deepen awareness of the power of sand therapy with children and adults.

Art Tour
Thursday thru Sunday • $66

The Andy Warhol Museum is celebrated as the most comprehensive single-artist museum in the world in the depth and range of its collections. Located in a large renovated warehouse, the museum houses an extraordinary collection of paintings, sculpture, drawings, and films covering the full range of Warhol’s production. Your tour will begin on the 7th floor; work your way down at your own pace.

The Mattress Factory, a museum of contemporary art, commissions, presents, and collects site-specific installations of exceptional quality. Some installations are determined by the architecture of the site; others are strongly influenced by the site history. In either case, the work is integrated into the site and depends upon its relationship to the setting for its final effect on the viewer.

For tour times and to sign up for a tour, visit: www.dmcpittsburgh/reg_aca09.php
Education Sessions
Choose from more than 500 sessions!

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- 31 categories
- New category: Disaster Mental Health
- Earn up to 20 CE credits

To ensure the highest level of quality, all session proposals were screened by the ACA Blue Ribbon Panel, a diverse group of experienced counselors and educators from multiple specialties. Only 35% of proposals were accepted.

Note: Sessions sponsored by ACA Divisions are indicated with the Division acronym after the title. See p. 16 for list of acronyms.

Education Sessions are:
- 90-minutes
- 60-minutes
- 30-minute (project/research poster sessions)

Please Note: See p. 8 for additional Education Sessions sponsored by the Pennsylvania Counseling Association.

Addictions, Offenders, and Correction Counseling
“Acts of Grace”: Integrating Spirituality and Religion into Addictions Counseling (ASERVIC)
An Integrative Spiritual Developmental Model of Supervision for Substance Abuse Counselors and Counselors-in-Training
Co-occurring Disorders: Building Emotional Regulation Through Evidence-based Therapies
Counseling Incarcerated Women: Challenges and Opportunities
Counselor Educator’s Checklist: 2009 CACREP Standards & Substance Abuse Curriculum Options (IAAOC)
Female Baby Boomers and Prescription Drug Addiction: A Silent Epidemic (AADA)
Internet Addiction in Schools: The School Counselor’s Role
Overview of Recent Research on Childhood Sexual Abuse, PTSD, and Substance-related Disorders
Post Suicide Response: An Intervention for Addicted or Recovering Couples Who Experience Suicide or Parasuicide
Sexual Addiction: Screening, Assessment, Diagnostic Criteria, and Treatment Options
Working Toward the Competent Integration of Spirituality into Addictions Counseling Training and Practice (IAAOC)

Advanced
“A Double-edged Sword”: The Role of Child Custody in Substance Abuse Treatment Entry Motivation for African American Women
Alcohol Screening and Brief Interventions on a Level I Trauma Unit: Preliminary Data (IAAOC)
An Integrated Perspective on Addiction and Ongoing Recovery: Insights Derived From Bill Wilson, the Buddha, and Carl Jung
Averting Addiction: School and Community Prevention Programs (IAAOC)
Combining Counseling With Suboxone in the Treatment of Opioid Addiction
Coping With Burnout
IAAOC Graduate Student Carousel (IAAOC)
Recovery High Schools: Holding Environments for Substance Abuse Recovery and Adolescent Development
Sexual Offending and Sexual Victimization Behaviors in Children and Adolescents: A Concurrent Treatment Protocol
The Act Program: A Model for Significantly Reducing Recidivism Among Domestic Violence Offenders
Wired: Online Gaming Addiction
Education Sessions

Assessment, Testing, and Program Evaluation
Assessment Standards and Free Access Depression, Anxiety, and Substance Abuse Inventories for Use in Counseling Practice (AACE)
Development of the DSM-IV Disruptive Behavior Checklist (AACE)
Effectiveness of Various Learning Outcome Based Assessments With Counselors-in-Training
Personality Traits and Trends in Individuals Who Have Been in Cult Relationships: Implications for Mental Health Professionals
The Managing Client Resistance Self-efficacy Scale: Development and Validation

Advanced
Assessment in Marriage, Couple/Partner and Family Counseling: Assessing Interethnic Couples (AACE)
Assessment in Supervision: Identifying Counseling Students at Risk (AACE)
Continuous, Systematic Program Evaluation: Strategies for Meeting the New CACREP Standards (AACE)
Self-injury: Assessment and Symptomology (AACE)

Best Practices
After Thoughts With Dr. Gerald Corey
Between the Worlds: Integrating Neo-pagan Spirituality into Counseling for Social Justice
Cognitive Behavioral Treatment for PTSD Among Clients With Severe Mental Illnesses and Its Multicultural Application
Duty to Protect: Working With Law Enforcement Personnel and Their Families
Emphasizing Client Strengths: Evidence to Support a Strength-based Approach to Counseling Practice
Eye Movement Desensitization and Reprocessing: An Effective Intervention for Trauma Survivors
Getting Ahead of the Knowledge Curve
Launching Students Into Their Decade of Transition (NCDA)
The Case for Positive Perfectionism: Implications for Counselors

Advanced
An Events-based Paradigm: Working Through Impasses in Supervision
Clinical Techniques for Managing Suicidal Clients
CSCOR’s Annual Review: Research That Improves School Counseling Practice
Keeping the Train on the Tracks: Managing Race or Culturally-triggered Reactions During a Diversity Training Workshop

Promoting Advocacy, Social Justice, and Empowerment for Survivors of Sexual Violence: Applications Beyond the Classroom
Transforming Counselors to Counselor Educators: Doctoral Students’ Exploration of PhD Programs

Career Development and Employment Counseling
Building the Foundation for School-to-Career Programs
Career Counseling With Our Returning Heroes (NCDA)
Career Development and Socioeconomic Status for Female Adolescents With ADHD: An Ecological Perspective
Children of Alcoholics and Career Self-efficacy: Application of Social Cognitive Career Theory
Consulting, Coaching, or Counseling? The Role for Counselors in Leadership Development
Counseling for “Green” Generation Careers—Making Informed Decisions (NCDA)
Exploring Specialty Areas in Clinical Sexology
Green Jobs—What Do Counselors Have to Do With It? Hybrid and Online Career Counseling Courses: Teaching Strategies for Student Engagement (NCDA)
New Counselors: Federal Employment Opportunities as Education Services Specialists (ACEG)

Advanced
Counseling Adolescents and College Students in Perceived Ability, Responsibility, Adaptability, and Accountability
Infusing Diversity, Social Justice, and Advocacy Into Career Development Training
International Student Card Sort (ISCS): Results of a Focus Group
Promoting Career Adaptability Through Life-design Counseling
Strategies for Career Resilience: Pathways for Adaptation as a Response to Changing Work Environments
The Personal is Political: Using Feminist Theory as a Model of Career and Employment Counseling
Using Motivational Interviewing With Challenging Career Counseling Issues
Why Today’s Economic Crisis Demands Teaching Creative Constellations: Holistic Supervision and the Practice of Career Counseling
Teaching Career Counseling With Renewed Enthusiasm in Challenging Times (NCDA)

Child and Adolescent Counseling
Adventure Based Counseling: Therapeutic Interventions for Children and Adolescents
Education Sessions

Counseling Children With Incarcerated Caregivers: What You Should Know
Cultural and Developmental Predictors: Successful Transition to Higher Education for Disadvantaged High School Students
Fostering Empowerment and Advocating for Emerging Youth in Crisis
Hidden Issues: Adolescent Self-concept and Relationships in the Digital Age
“I’m Freaking Out and Don’t Know How to Deal!” Distress Tolerance and Emotion Regulation Techniques for Adolescents
Implementing and Evaluating a Rural-based Youth Mentoring Program: Making Connections to Reduce Juvenile Delinquency
Interventions Addressing Self-harm for Children and Adolescents in State Custody
See My Pain: Addressing Self-injurious Behaviors in School Settings
The 40 Development Assets for Children (ACEG)
The Therapeutic Community: Not Just for Addiction, Not Just for Residential
Wanna’ Play? Excessive Video Gaming and Implications for Practitioners
Advanced
“A Picture Is Worth a Thousand Words”: Exploring the Use of Non-directive Sandtray With Grieving Children
Clearing the Smoke Screen: Using Teens’ Knowledge of Mental Health Literacy to Improve Depression Screening
Cyber Kids, Bullying, and Balance: Assisting Youth to Positively Cope With Technology Use and Misuse
Developing a Model of Middle School Wellness: An Analysis of the Factors Predictive of Wellness Among Early Adolescents
Empowering African American and Latino Families Through Parent-child Relationship Therapy: A Strengths-based Intervention
Relational Aggression: Is It Just Girls Being Girls?
The Killing Victims: The How and Why Behind Children Who Exhibit Violent and Homicidal Behavior
Transgenerational Trauma and Educational Hegemony: Impact on African American Student Attainment
Trauma Informed Treatment for Self-injurious Adolescents: Unique Approaches for Difficult Clients
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Using Experiential Activities to Teach Children and Adolescents About Alcohol, Drugs, and Addictions
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Promoting Couples and Family Counseling at College Counseling Centers
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Counselor Education and Supervision
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Reflections After One Year of CACREP Accreditation: Student and Programmatic Outcomes in a Community Counseling Program

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The Communication Habits Assessment: An Innovative Approach to Learning Counseling Microskills From an Ecological Perspective

The Correspondence Between University and Field Site Supervisor Evaluations: A Retrospective Record Analysis

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The Validity and Reliability of Measuring Altruism as a Counselor Disposition

Training Counselors to Treat the Whole Person: How Well Are We Integrating Spiritual and Religious Issues Into Programs? (ASERVIC)

Transition From Graduate School to the Counseling Profession: First-Year Experiences in a Post Master’s Supervision Group

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A Constructive Approach to Counselor Supervision

A Developmental Approach to Training Multicultural Competence

A Self-perpetuating Model of Supervision: Providing Supervisory Training in the Workplace

A Service-Learning Approach to Cyberbullying Prevention: Is Cyberbullying the SSDD (Same Stuff Different Day)?

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Developing an Urban, Field-based, Data-driven Course Sequence for Pre-internship School Counseling Students

Ego Development and Counselor Training: A Proposed Way to Train People With Different Identities

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The Counselor Competencies Scale©: A Measure of Counseling Skills, Dispositions, and Behaviors
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Moving Narrative Into Action: A Refreshing Look at the Counseling Process
Counseling Has Always Been Positive Psychology
Advanced Techniques for Solution-focused Counseling

Couples, Marriage, and Family Counseling
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How Religious Beliefs Affect Intimate Relationships and the Implications for Couples Counseling
Introducing the HRIQ As a Research-based Assessment and Communication Tool in Couples’ Counseling (IAMFC)
Marital Satisfaction and Coping Strategies of Couples Married Over 40 Years (IAMFC)
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The Psychological Impacts of War on Our Families, Schools, and Communities: A Collaborative Approach to Healing
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Assessment and Treatment of Cutting and Other Non-suicidal, Self-injurious Behaviors Culture, Clinicians, and the Latino Client: Issues to Consider (AMHCA)
Misdiagnosing Bipolar Disorders: Honing Your Assessment and Diagnostic Skills
Navigating Depression in the Menopausal Transition: Helping Women Find Their Way With Assessment, Advocacy, and Self-care
Self-injury: Examining the Relationship Between Diagnosis and Gender
The Pluck and Plug System: An Internet-based Program to Teach DSM-IV-TR Diagnosis
They Didn’t Tell Us About This! Working With Addicted Clients

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Counseling Emergency Management Professionals: Research-based Strategies for Promoting Satisfaction and Mitigating Stress
Expression of Coping Among Hurricane Katrina Survivors: A Qualitative Look at the Impact of Prolonged Recovery Efforts

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*In addition to the above sessions, the ACA/Red Cross Foundations of Disaster Mental Health Training will be offered Friday, March 19. Multiple prerequisites apply and there is a separate registration process. See p. 6.*

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Exploring Ethical and Legal Concerns (IAMFC)
Risky Business: Legal/Ethical Case Studies From the Real World
The Curse of the Custody Case: Managing Legal/Ethical Issues in Couples/Family/Child Counseling Creative Use of Media in Teaching Counseling Ethics Identification and Reporting of Child Abuse: The Counselor’s Role as a Mandated Reporter Is “Clear” the Same as “Serious”? Is “Imminent” the Same as “Foreseeable”? The Legal Impact of Language in the ACA Code of Ethics
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Perceptions by ACA Members of Ethically Correct Behaviors
The Family Pharm: Psychopharmacology, Couple and Family Counseling, and Ethics

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Aspirational Ethics: Transforming the World vs. Managing Risk
Ethics and Technology
Keeping Ethics Relevant: An Exploration of Current Events, Issues, and Trends
Power and Control: When Counselors Abuse
Private Practice and Ethics: Caring for Self and Others
Proposed Ethical Standards for Counselors for Social Justice: A Town Meeting
Using Counseling Theory, Research, and Skills to Foster Academic Honesty in a Diverse, Technologically-advanced Society

Gerontological Counseling
Beyond the Golden Years: An Exploration of the Elderly Lover
Designing Interventions for Geriatric Group Work
There’s No Place Like Home: Caring for the Alzheimer’s Patient at Home

Advanced
A Strengths-based Counseling Approach With Older Persons in Nursing Homes
Autobiography As a Narrative Counseling Intervention Strategy in Midlife and Old Age
Elderly and Alcoholism: Is Grandpa Drinking too Much?
Insomnia in the Elderly: Cause, Evaluation, and Treatment
Understanding Best Practices for Addressing the Mental Health Needs of Latino Elders

Graduate Student Issues
Burning More Than the Midnight Oil: Preventing Burnout in Counseling Graduate Students
Finding a Meaningful Life After Graduate School
Mastering Professional Development Strategies for Counseling Students
The Student-Counselor Educator Connection: Demystifying the Job Search (ACES)
The Perilous Journey to an Advanced Degree: Strategies for Survival
Wellness Works: Quantitative and Qualitative Results of a Wellness Program Provided for Counseling Graduate Students

Advanced
Get a Job! Strategies for Successful Transition to and Mobility in Careers in Counseling
Knowing Me, Supporting Me, and Marketing Me
Practical Pointers for Graduate Students and New Professionals
What Graduate Students and New Professionals Need to Know About Neuroscience

Group Work
A Model for Using Group Techniques With Intentionality (ASGW)
ASGW Fellows Symposium (ASGW)
Group Counseling as a Viable Intervention for Veterans With PTSD From Iraq: Etiological and Therapeutic Factors
Group Work, HIV/AIDS, Empowerment, and Social Justice in Botswana (ASGW)
Incorporating Imagery in Group Counseling and Supervision
The Preparation of School Counselors for Group Work (ASGW)
Using Group Work Principles to Maximize the Impact of an Intergenerational Program

Advanced
Ethics in Group Work: Must It Be Like Herding Cats? (ASGW)
Group Cohesion, Working Alliance, and Individual Outcomes in Counselor Education Experiential Growth Groups (ASGW)
Infusing Social Justice Principles in Group Work Practice: Opportunities, Challenges, and Strategies
Lessons Learned in Urban Schools: Conducting Groups With Latino and Asian Youth
The WDEP System of Reality Therapy in Action: Empathic, Candid Group Counseling Demonstration With Usable Techniques and Skills

Human Development Across the Lifespan
Adjusting to Life’s Transitions: What Do We Know About Change
Aging Across the Lifespan: Transitions, Transitions, Transitions! (AADA)
Continuing the Conversation: Helping Women Build and Maintain Strong Friendships
Grief, Loss and Life Transitions: Ecological Perspective
Inspiring Excellence and Nurturing Potentials: School Counselor’s Role With Gifted and Talented Students
Learning to Work: Meanings of Work From a Developmental Lifespan Perspective (AADA)
Meaningful Connections: Using Intergenerational Learning to Promote Positive Perceptions About Older Adults

**Advanced**
Embarking on a Career Life Transition: Graduate School Impact on Family and Personhood (AADA)

**International Issues**
Effectiveness and Relevency of Training for International Counseling Graduates (ACES)
Gender Dimensions of Conflict and Political Violence Among Palestinian Refugee Women: Trauma, Coping, and Resilience
Give-and-Take: Separation-Individuation, Parentification, and Filial Piety in the Asian Culture

**Advanced**
International Registry of Counselor Education Programs: CACREP Goes International
Talk Talk Talk, What Will That Do for Me? Help-seeking Attitudes and Coping Styles Among Kenyan University Students

**LGBT Issues**
Application of Ethical Guidelines and Competencies in Working With Bisexual Individuals in Today’s Climate (ACES)
Attitudes of Marriage and Family Therapists With Regard to Spirituality and Sexual Identity
Attributions Based on Appearance: A Study of Assumptions About Sexual Orientation and Personality Using Brief Video Clips
Bridging the Gap: Alcohol Abuse Treatment and Lesbian Identified Persons
Exploring Issues and Concerns for Transgender Clients Seeking Recovery From Substance Abuse
Fitting a Triangle Peg into a Round Hole: Preparing School Counselors-in-Training to Work With LGBTQ Students
Pre-union Counseling: Strategies for Working With Same-sex Couples Prior to Life Partnerships, Civil Unions, or Marriages
Same-sex Marriage in California: Voices From the Front Lines
The Role of Spirituality and Religiosity in the GLB Community: An Under-examined Construct
The School Counselor as Advocate for LGBT Teens: Partnering for Safe and Supportive School and Community Environments
We’re Here, We’re Queer, We Want a Career: LGBT Adolescents and Career Development

**Advanced**
An Integrative Model for Helping Lesbian, Gay, and Bisexual Youth Negotiate the Coming-out Process: Empowerment and Advocacy
Counseling Gay Men: How to Explore Sexual Behavior and Sexual Risk-taking in the Counseling Process
Do Ask, Do Tell: Broaching the Subject of Sexual Orientation During the Counseling Process
Invisible Gender Identity: How to Counsel People Living in Two Gender Worlds
Navigating the Spiritual Narratives of Lesbian, Gay, Bisexual, and Transgender Clients
Reaching Inside and Outside: Transgender Identity Development in Transgender Adults
Straight Talk About Counseling LGBT Youth

**Military Issues**
Call to Arms: Using Advocacy to Support Troops With Combat-related Posttraumatic Stress Disorder
Career Clusters and Military Careers: A New Look (ACEG)
Not Just a Weekend Warrior: Addressing the Needs of Reserve Component Soldiers and Their Families
Understanding and Treating PTSD: Traveling the Tunnel of Hell to Personal Transformation
Unless You’ve Been There, You Can’t Possibly Understand…PTSD

**Advanced**
Meeting the Needs of Military Service Members and Their Families: Implications for Counselor Educators
Mild Traumatic Brain Injury and Posttraumatic Stress Disorder in Returning Combat Soldiers

**Multicultural Issues**
Addressing the Needs of Multiple Heritage College Students in Counseling
Advocacy in Action: Shattering Myths and Creating Partnerships With Native Americans on the Reservation
Boomers, Xers, and Millennials: Generational Differences as Culture
Complimentary and Alternative Medicine: Exploring Practices, Client Use, and Implications for Counselors
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Cross-cultural Aspects of Communication Between Cancer Patients, Their Families, and Healthcare Providers
Disintegration of Self: The Impact of Trauma on Refugees (AMHCA)
Exploring the Roots of Ethnic Self-hatred: Internalized Racism in Chica/o and Latina/o College Students
Facilitating Cultural Competence in Working With Asian Children and Their Families in Play Therapy
Imagine a Cross-cultural Experience: Interactive Guided Imagery as a Catalyst of Cultural Awareness
Increasing Access to Mental Health Services for Minorities: Counselor Roles in Eliminating the Barriers
Integrating Spiritual Competencies Into Multicultural Counseling: A Course Evaluation Study (AMCD)
Overcoming the Invisibility Syndrome: African American Men’s Search for Psychological Acceptance
Perceptions of Racial/Ethnic Identity Development of Creole Peoples in Mauritius
Perceptions of the Concrete Ceiling Effect Among African American Women and Effective Counseling Strategies
Student Voices: A Qualitative Perspective on a Mandatory Diversity Course for College Freshmen
Suppress In or Express Out? Exploration of Factors Influencing the Styles of Anger Expression of Chinese American Immigrants
The Impact Chinese Culture Made on Chinese People When They Are in Conflicting Situations
The Impact of Rigid Stereotypical Gender Roles on Both the Counselor and Client Within the Counseling Relationship
Tips for Counselors and Supervisors: Addressing Multicultural Concerns in Clinical Supervision (AMCD)
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What Are We Teaching About Religious and Spiritual Issues? A Study Assessing Student Perceptions
Why the Attitude!? A Research Study on the Dynamics of Depression in African American College Women
Women in Academia: The Psychological, Social, and Institutional Variables That Impact Women’s Experiences as Academicians
Working With Clients of Appalachian Culture
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African American Males’ Perceptions of the Counselor Education Profession: A Primer (AMCD)
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Building a Foundation for Culturally Sensitive Counseling: A Phenomenological Study
Counseling Clients Impacted by HIV/AIDS: Beyond the Basics Working With Specialized Populations
Counseling the Arab and Middle Eastern Population: Perspectives from an Arab-American Counselor
Developing Critical Consciousness Among Counselors Providing Outreach in Southern Africa (AMCD)
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Providing Ethical Services for West Indian Immigrants: Working With the Experience of Separation and Reunification
Surviving and Thriving: Black Women’s Stories of Healing From Traumatic Intimate Relationships: Clinical Implications (AMCD)
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Legislative Advocacy for Counselors: What’s Happening and How You Can Help
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Staying Afloat: Identifying, Preventing, and Treating Vicarious Trauma and Compassion Fatigue
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Public Policy and Legislative Action: Taking the Steps to Become a Counselor Advocate and Professional Leader
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Using Second Life With Clients and Classes: Implications for Counselors and Counselor Educators
Travel & Hotel Information
Take advantage of the special discounts we’ve arranged for you!

By Air
Book your air travel with ACA’s official travel provider, Association Travel Concepts (ATC). If you book your travel with ATC, you will have access to up to 15% off applicable classes of service for tickets purchased more than 30 days prior to the conference on United flights and 5% off applicable classes of service for tickets purchased prior to the conference on American Airline flights. ATC can also help you with: advanced seat assignments and special meal requests, airport parking, event tickets, dining reservations, mobile device alerts, 24/7 online access, low fare search options, and much more. Contact ATC:

Online: www.atcmeetings.com/american counseling
New users click “Create a New Account” to get started. $10 fee for all online ticketed reservations.

Email: reservations@atcmeetings.com
$35 fee for all email ticketed reservations

Live Agent: 800-458-9383
$35 fee for all live agent ticketed reservations

You may also contact your own travel agency or the vendors directly and refer to the following ID numbers.
American Airlines 800-521-4041 ID number 510CK
United Airlines 800-433-1790 ID number A9930AB


Taxi Service
Taxi service is available curbside on the lower baggage claim level. Driving time from the Airport to downtown Pittsburgh via taxi is approximately 25 minutes. The cost is approximately $40/person one-way.

SuperShuttle Service
Take advantage of the discount shuttle service by making your reservations in advance at www.supershuttle.com and enter the group discount code: CHBFK. The discounted rate is $34 roundtrip and $19 one way per person. The discount is valid from March 15-26, 2010. The SuperShuttle check-in booth is on the lower level in the baggage claim area by the car rental counters.

By Train
The Amtrak Train stops in the center of downtown Pittsburgh, 1100 Liberty Avenue (station code: PGH) and is only 2 blocks from the Westin Convention Center hotel and the David L. Lawrence Convention Center.

Vehicle Rentals
Hertz (800) 654-2210
Association discount code: CDP#0042253
Conference discount code: PC#132871
Make your reservations online at www.hertz.com.
Use both the CDP and PC codes for maximum savings. Alamo, Avis, Budget, Dollar, Enterprise, National, and Thrifty Car rental agencies also service the Pittsburgh International Airport and have rental counters on the baggage claim level of the Landside Terminal.

ACA Shuttle Transportation
ACA will provide free shuttle bus transportation between ACA-designated hotels and the David L. Lawrence Convention Center. Please check your hotel lobby for shuttle bus schedules. Onsite assistance can be secured at the ACA Registration Desk at the David L. Lawrence Convention Center. Special Needs Transportation: These buses will be accessible for persons with wheelchairs and scooters.

ACA is Going to the First “Green” Convention Center!
By selecting the David L. Lawrence Convention Center (DLCC), ACA is automatically committing to a greener environment!!
The DLCC is the first “green” convention center in the world, and the only meeting venue to be awarded the Gold Leed® Certification by the US Green Building Council. When visiting the center, we encourage you to use the proper container when disposing of trash. If a member of the g1 patrol witnesses you recycling, you could be rewarded for being environmentally aware.
So every day, think g1 (greenfirst) by considering green, sustainable alternatives and practices in everything you do! Visit: www.greenfirst.us
Travel & Hotel Information

**HOTELS- Reserve by February 18, 2010**

**IMPORTANT:** All ACA Conference hotel reservations must be made using the ACA Housing Bureau. The ACA Housing Bureau will accept reservations made online, by phone, fax, or mail. Please refer to the official Housing form on p. 39 for more information. The deadline for receiving discounted rates is February 18, 2010. Be sure to submit your housing request to the ACA Housing Bureau on or before that date to take advantage of the special conference rates.

---

The Westin Convention Center Pittsburgh
*(ACA Headquarters hotel)*
1000 Penn Avenue
Pittsburgh, PA  15222

**Single/Double $164**
The Westin offers an ideal location in the heart of downtown's vibrant Cultural District. Walk to historic Station Square, Broadway theater, and renowned attractions, including the Andy Warhol Museum. The hotel is also within blocks of major sporting venues, and with three professional sports teams and three division-one universities, there is always a game in town.

*Adjacent to the David L. Lawrence Convention Center*

---

Omni William Penn Hotel
530 William Penn Place
Pittsburgh, PA  15219

**Single/Double $154/$164**
The Omni has captivated guests such as John F. Kennedy and Lawrence Welk with its striking beauty and charming elegance. Celebrated for its ultra comfortable accommodations and award-winning cuisine, this luxury hotel has been lavishly restored to its original grandeur.

*3 blocks from the David L. Lawrence Convention Center*

---

Hilton Pittsburgh
600 Commonwealth Place
Pittsburgh, PA  15222

**Single/Double $154**
The Hilton is ideally located in downtown Pittsburgh and is adjacent to Point State Park and Pittsburgh’s famed Three Rivers. The Hilton is also near the Convention Center and across the river from Heinz Field and PNC Park. It is also considered to be at the gateway to the Cultural District.

*6 blocks from the David L. Lawrence Convention Center*
Registration Information
Join ACA today and save up to 70% on your conference registration!

**SUPER SAVER RATE**
Register by November 30, 2009

**ADVANCE RATE**
Register by February 15, 2010

**ONSITE RATE**
Register after February 15, 2010
or onsite in Pittsburgh

*To qualify for discounted rates, your Registration must be postmarked or received via telephone, fax, or online by the dates listed above. After February 15, 2010, the onsite registration rate will apply. Sorry, but we cannot make exceptions to this policy.*

Registration Instructions
Use the Registration form on p. 37 or register online at counseling.org/conference. Please complete all sections. Missing information causes delays. Registration forms will not be processed without payment in full.

Is Your Membership Current?
Only ACA members in good standing are eligible for discounted conference member rates. If your membership has lapsed, log in to the members-only section of counseling.org and click on “Renew Membership” to renew your membership. You may also contact ACA Member Services at 800-347-6647, x222 or 703-823-9800, x222 (M-F; 8 am – 7 pm, ET). Memberships cannot be renewed on the conference Registration form.

Not an ACA Member?
Join today and save up to 70% on your conference registration. Membership in ACA can save you time and money; provide you with professional development and continuing education opportunities; help protect your future through legislative and public policy outreach; provide prestige and credibility; and increase your professional network. Most importantly, ACA represents you as a counseling professional. Join and register for the conference on counseling.org, or complete the “Sign Up for ACA Membership & Save!” section on p. 37.

Register by February 15 and Receive Your Conference Materials in Advance!
Register by February 15, 2010 with full payment and you will receive your Registration Packet in advance by mail (U.S. registrants only). Then, when you arrive in Pittsburgh, you can go directly to the Tote Bag Distribution Counter at the Convention Center and the Westin Convention Center Pittsburgh Hotel. The Tote Bag Distribution Counter at the hotel is not a full service registration area; it is for Tote Bag pick-up only.

International Registrants
International registrants will be able to pick up their Registration Packet and Tote Bag at the Pre-Registration Counter in the David L. Lawrence Convention Center.

Onsite Registration
You may register onsite at the David L. Lawrence Convention Center when you get to Pittsburgh. We recommend you arrive early to reduce your wait time. See the Conference Planning Calendar for hours. We cannot guarantee availability of pre-conference Learning Institutes or other ticketed events. We strongly recommend registering before February 15.

Is This Your First ACA Conference?
If this is your first time attending the ACA Conference & Exposition or if you are a new ACA member, please check the box on the registration form indicating you are a first-timer or new ACA member so we can have your special ribbon ready. Be sure to register for the First-Timers Orientation and Mentoring Luncheon on Saturday, March 20, 12:00 pm – 2:00 pm.

Special Events, Division Meal Functions, and Branch Activities
Tickets purchased in advance will be included in your Registration Packet. Check your packet before you leave the ACA Registration Desk. No replacement tickets will be issued once you have left the registration area. Most ticketed events offer limited seating based on room capacities and most sell out in advance. Advance purchase is strongly recommended. Remember to purchase a ticket for your guests in advance. One ticket to the Opening Night Celebration is included in each full conference registration. Additional tickets ($45 each) may be ordered on the Registration form; tickets also will be on sale at the Registration Desk, based on availability.

REGISTER TODAY! counseling.org/conference or call 800-347-6647, x222
Registration Information

Registration Fees and Payments
Please add all fees and fill in the total on the Total Payment Enclosed line. Full payment, in U.S. funds must accompany the form or your registration will not be processed. A check or credit card information must be provided. Credit card payments must include a signature and date authorization. Make checks payable to American Counseling Association. Visa, MasterCard, American Express, and Discover are accepted. Registration forms submitted via fax or online are accepted only with valid credit card information.

Confirmations and Registration Packets
You will receive a confirmation within two weeks of receipt of your registration. If you do not receive confirmation within 2 weeks, please call 800-347-6647, x222. In early March 2010, you will receive your registration packet, which will contain your badge and ticket(s). Please remember to bring these items with you. You will be able to pick up your Tote Bag by showing your badge.

Cancellation and Refund Policy
If a cancellation is received in writing, postmarked by February 1, 2010, ACA will refund your conference registration and fees for ticketed events less a $100 administrative fee ($50 for Students/New Professional/Retired categories). Alternatively, registration fees may be applied to the 2011 ACA Conference or transferred to another person for either the 2010 or 2011 ACA Conference only. A $35 fee applies to any transfers. No refunds or transfers will be available after February 1, 2010. Address cancellation requests to: ACA, Attn: Conference Refund, 5999 Stevenson Avenue, Alexandria, VA 22304-3303.

Persons with Disabilities
ACA makes every effort to ensure that all activities are accessible to persons with disabilities. All hotels are ADA compliant. Please use the section on the Registration form to provide us with the information necessary to make the event more accessible and enjoyable, including any transportation needs, sign language interpreter, visual guides, or any other special needs. Attach additional notes if more space is required.

Voluntary Contributions
ACA is a non-profit, tax-exempt educational organization and is approved as a 501(c)(3) organization under the Internal Revenue Code. All contributions to these funds are tax-deductible: The Human Concerns Fund; The Professional Advocacy Fund; The Legal Defense Fund; The ACA Foundation; The David K. Brooks, Jr. Distinguished Mentor Award; The Gilbert and Kathleen Wrenn Award, and The Robert Rencken Emerging Professional Leader Award. See the ACA website for more information on each fund.

Science Center Tour
Thursday, Friday, Saturday, Monday $67

The Carnegie Science Center is a significant resource for regional schools, a major tourist attraction, and an entertainment complex. Enjoy four floors full of exhibits and programs covering nearly every field of science. The Omnimax Theater features larger-than-life films, a Planetarium & Observatory lets you chart your own course through the stars, and the Blue Cross Health Science Theater uses multimedia presentations to examine the latest in health medicine.

The USS Requin is a former Navy vessel commissioned in April 1945 but it never saw action in World War II. It is now docked on the Ohio River. Tour guides, many of whom are former submariners, tell how men lived and worked in such close quarters while submerged 412 feet underwater.

Enjoy the Omnimax Theater, a colossal movie-going experience that puts you in the film with a domed screen four stories high and an awesome sound system. It is said to be “the most extravagant, the most outrageous visual experience in the country.”

For tour times and to sign up for a tour, visit: www.dmcpittsburgh/reg_aca09.php
Conference Registration Form
American Counseling Association 2010 Annual Conference & Exposition
Pre-conference Learning Institutes, March 18–19; Education Sessions, March 20–21; Exposition, March 19–21

1. Registration Information

[ ] Check if First-Time Attendee  [ ] Check if New Member

Name (Print) ___________________________________________________________________________________________________(first)     (middle initial)     (last)

Nickname for Badge ___________________________________________________________________________

ACA Membership No.__________________________  PCA Membership No.____________________________

(Membership numbers are required if claiming member rates; PCA members who are not ACA members may register at the Member Rate)

Street Address _________________________________________________________________________________

City_________________________________State/Province______Zip	____________Country_______________

Current Employer/Organization ________________________Current Position________________________

Daytime Phone (     )____________________________Evening Phone (     ) ______________________________

E-Mail _______________________________________________________________________________________

Pursuant to the Americans with Disabilities Act, do you require specific aids or services?

( audio, visual, or mobile)

Join ACA Membership & Save up to 70% on Registration Fees!

Pledge: Membership in ACA means that you will abide by ACA’s Bylaws and other governing documents and are qualified for the membership category selected. By becoming an ACA member, you are agreeing to be subject to the rules, regulations and enforcement of the terms of the ACA Code of Ethics and Standards of Practice, (a copy of which is available to you on counseling.org) which can include appropriate sanctions up to suspension or expulsion from ACA and public notice about any such action.

To join, check the membership category for which you qualify:

[ ] Professional: Masters or Doctorate in counseling or closely related field. $155.00
[ ] Regular: Interested in goals and mission of ACA. $155.00
[ ] Student: Enrolled at least half-time at college level. $ 89.00
[ ] New Professional: Graduated with a master’s or doctorate within the past 12 months. $ 89.00

Subtotal $__________

2. Pre-conference Learning Institutes  •  March 18–19 (see pp. 12–20)

Please indicate the course number. Fees are per individual session.

<table>
<thead>
<tr>
<th>Rates</th>
<th>Super Saver By November 30</th>
<th>Advance By February 15, 2010</th>
<th>Onsite After February 15, 2010</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Day</td>
<td>Evening</td>
<td>Day</td>
</tr>
<tr>
<td>ACA/PCA Members</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professional/Regular</td>
<td>$140</td>
<td>$95</td>
<td>$155</td>
</tr>
<tr>
<td>New Professional/</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Student/Retiree</td>
<td>$95</td>
<td>$75</td>
<td>$115</td>
</tr>
<tr>
<td>Non-Members</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>General Attendees</td>
<td>$190</td>
<td>$150</td>
<td>$205</td>
</tr>
<tr>
<td>Non-Member Student</td>
<td>$150</td>
<td>$125</td>
<td>$165</td>
</tr>
</tbody>
</table>

Subtotal $__________

REGISTER TODAY! counseling.org/conference or call 800-347-6647, x222  | 37
3. ACA Annual Conference & Exposition Rates

<table>
<thead>
<tr>
<th>Postmarked</th>
<th>Super Saver By Nov. 30</th>
<th>Advance By Feb. 15</th>
<th>Onsite Feb. 16 and after</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACA/PCA Member Type</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professional/Regular</td>
<td>[ ] $300</td>
<td>[ ] $355</td>
<td>[ ] $410</td>
</tr>
<tr>
<td>Student/New Prof./Retiree</td>
<td>[ ] $200</td>
<td>[ ] $245</td>
<td>[ ] $275</td>
</tr>
<tr>
<td>Non-Members</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>General Attendee</td>
<td>[ ] $490</td>
<td>[ ] $535</td>
<td>[ ] $565</td>
</tr>
<tr>
<td>Student</td>
<td>[ ] $315</td>
<td>[ ] $445</td>
<td>[ ] $465</td>
</tr>
</tbody>
</table>

1-Day & 2-Day passes available (same rate for members and nonmembers)
[ ] 1-day pass $225 (indicate day) ____________________________
[ ] 2-day pass $360 (indicate days) ____________________________ / ____________________________

Subtotal $__________

4. Special Ticketed Events

<table>
<thead>
<tr>
<th></th>
<th>Qty.</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Add'l Opening Night Celebration*</td>
<td>$45 x</td>
<td>$_______</td>
</tr>
<tr>
<td>First Timers Orientation &amp; Mentoring Lunch</td>
<td>$40 x</td>
<td>$_______</td>
</tr>
</tbody>
</table>

*One free ticket for the Opening Night Celebration is included with full registration. Extra tickets may be purchased.

Subtotal $__________

5. Division Meal Functions (subject to change)

<table>
<thead>
<tr>
<th>Thursday, March 18</th>
<th>Qty.</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACEG Luncheon 12:00 pm–2:00 pm</td>
<td>$40 x</td>
<td>$_______</td>
</tr>
<tr>
<td>Friday, March 19</td>
<td>Qty.</td>
<td>Total</td>
</tr>
<tr>
<td>NCDA Luncheon 12:30 pm–2:00 pm</td>
<td>$40 x</td>
<td>$_______</td>
</tr>
<tr>
<td>Saturday, March 20</td>
<td>Qty.</td>
<td>Total</td>
</tr>
<tr>
<td>AADA Brunch 11:00 am–1:00 pm</td>
<td>$35 x</td>
<td>$_______</td>
</tr>
<tr>
<td>ALGBTIC Brunch 11:00 am–1:00 pm</td>
<td>$35 x</td>
<td>$_______</td>
</tr>
<tr>
<td>ASERVIC Luncheon 12:00 pm–2:00 pm</td>
<td>$40 x</td>
<td>$_______</td>
</tr>
<tr>
<td>ASGW Luncheon 12:00 pm–2:00 pm</td>
<td>$40 x</td>
<td>$_______</td>
</tr>
<tr>
<td>IAMFC Luncheon 12:00 pm–2:00 pm</td>
<td>$40 x</td>
<td>$_______</td>
</tr>
</tbody>
</table>

Sunday, March 21

| Qty. | Total |
| AACE Breakfast 7:30 am–9:00 am | $33 x | $_______ |
| ACCA Breakfast 7:30 am–9:00 am | $33 x | $_______ |
| C-AHEAD Breakfast 7:30 am–9:00 am | $33 x | $_______ |
| IAAOC Breakfast 7:30 am–9:00 am | $33 x | $_______ |
| NECA Awards Brunch and “Staying Power” Skill Building Workshop 10:30 am–5:30 pm | $75 x | $_______ |
| ARCA Brunch 11:00 am–1:00 pm | $35 x | $_______ |
| ACES Luncheon 12:00 pm–2:00 pm | $40 x | $_______ |
| AMCD Luncheon 12:00 pm–2:00 pm | $40 x | $_______ |

Subtotal $__________

6. Voluntary Contributions (see p. 36)

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Concerns Fund</td>
<td>$________</td>
</tr>
<tr>
<td>Legal Defense Fund</td>
<td>$________</td>
</tr>
<tr>
<td>ACA Foundation</td>
<td>$________</td>
</tr>
<tr>
<td>Professional Advocacy Fund</td>
<td>$________</td>
</tr>
<tr>
<td>David K. Brooks, Jr. Distinguished Mentor Award</td>
<td>$________</td>
</tr>
<tr>
<td>The Gilbert and Kathleen Wienn Award</td>
<td>$________</td>
</tr>
<tr>
<td>The Robert Rencken Emerging Leader Award</td>
<td>$________</td>
</tr>
</tbody>
</table>

Subtotal $__________

TOTAL PAYMENT ENCLOSED $____________

7. Payment Method

Full payment must be enclosed or registration will not be processed.
[ ] Check or money order, payable to American Counseling Association in U.S. funds, enclosed.
[ ] VISA  [ ] MasterCard
[ ] American Express  [ ] Discover

Credit Card # ____________________________
Exp. Date ____________________________

CVC Code: Amex (4 digits above credit card number) _______ _______ _______
Visa, MC, Discover (last 3 digits next to signature) _______ _______ _______
Cardholder's Name (print) ____________________________
Phone No. ( ) ____________________________
Authorized Signature ____________________________
Date ____________________________

For Office Use Only
Source Code ARBPB10
Date Received ____________ Check No. ____________
C/C Authorization No. ____________ Amount $ ____________
Received by ____________________________

Phone 703-823-9800 x222, 800-347-6647 x222 (M–F, 8 am – 7 pm, ET). Have your credit card ready.  • Fax 703-461-9260 or 800-473-2329
Web counseling.org  • Mail Application and payment to: ACA Annual Conference, Attn: Accounting, 5999 Stevenson Avenue, Alexandria, VA 22304
ACA Annual Conference Housing Form
Pittsburgh, Pennsylvania • March 18–22, 2010

HOUSING OPENS: August 17, 2009  HOUSING CLOSES: February 18, 2010

Reservations: All hotel reservations are being coordinated by the ACA Housing Bureau. Arrangements for housing should NOT be made with the hotel directly. All housing reservation forms must be received by the ACA Housing Bureau by February 18, 2010. Room inventory may become limited after this date. The final deadline to process changes and cancellations is February 22, 2010.

TO MAKE A RESERVATION

Online: www.counseling.org/conference Click on Travel and Lodging, then Housing
Mail to: ACA 2010 HOUSING BUREAU, 568 Atrium Dr., Vernon Hills, IL 60061-1731
Call: 800-974-3084 (domestic) or 847-996-5876 (international)
Fax: 800-521-6017 (domestic) or 847-996-5401 (international)

HOUSING INFORMATION

First Name________________________________________ Last Name________________________________________ MI ______
Company/University _______________________________________________________________________________________
Street Address ______________________________________________________________________________________________
City________________________ State/Country____________________ Zip ______________________
Day Phone________________________ Evening Phone________________________ Fax ______________________
Email ____________________________________________________________ (confirmation will be sent via email if email is provided)

HOTEL CHOICE: Please indicate your hotel of choice in order of preference (i.e. 1, 2, 3).
Westin ______ Hilton ______ Omni ______

Arrival Date ______/_____/______ Departure Date ______/_____/______

Number of people in room ______ Number of beds in room ______ Special Requests* ____________________________
(Examples: smoking preference, room for person with disabilities – please indicated specific needs.)

EARLY DEPARTURE FEE: Hotels may charge an early departure fee. Fees vary by hotel.

NAME(s) OF ALL ROOM OCCUPANTS 1. _______________________________ 3. _______________________________
2. _______________________________ 4. _______________________________

Please note that additional charges may apply
to a third or fourth person occupying the room

DEPOSIT/GUARANTEE: A credit card with an expiration date after March 2010 is required to guarantee your reservation. Reservations will not be made without a valid credit card. If paying by check, a valid credit card will be needed to guarantee your reservation. Checks will need to be sent to the hotel directly after February 23, 2010. The hotels may charge a deposit of one night room and tax to the credit card listed below on or after February 23, 2010.

PAYMENT INFORMATION

Credit Card: [ ] American Express [ ] MasterCard [ ] VISA [ ] Discover [ ] Check
Credit Card # ______________________________ Exp. Date ______________________
Card Holder’s Name (Print) _________________________________________________________________________________
Card Holder’s Signature __________________________________________________________________________________

CONFIRMATIONS: Confirmations will be mailed, faxed, or emailed to you from the ACA Housing Bureau once your reservation has been secured with a credit card. You will not receive a confirmation from your hotel. If you do not receive a confirmation within 2 weeks of making your reservation, please contact the ACA Housing Bureau via email, ACAhousing@experient-inc.com, or fax 800-521-6017 (domestic) or 847-996-5401 (international).

CHANGES/CANCELLATIONS: We encourage you to make your hotel reservations before the published deadline of February 18, 2010. Room inventory may become limited after this date. The ACA Housing Bureau will continue to accept changes, based on availability, and cancellations through February 22, 2010. Beginning February 23, 2010, you will need to contact the hotels directly. Your reservation will be under your first and last name.

CONTACT INFORMATION: If you have questions please contact the ACA Housing Bureau by phone at 800-974-3084 (domestic) or 847-996-5876 (international) or email ACAhousing@experient-inc.com

HOTEL CANCELLATION POLICIES: Deposit is refundable if cancellation is received at least 72 hours prior to arrival

REGISTER TODAY! counseling.org/conference or call 800-347-6647, x222 | 39
12 Reasons Why You Should Attend

1. 500+ peer-reviewed Education Sessions: More than 215 Advanced level!
2. Peer-reviewed Pre-conference Learning Institutes: 21 Advanced level;
   19 Introductory--only 45% accepted
3. Dynamic keynoters: Gerald Corey, EdD, and Patti Digh
4. CE Credit: Earn 20 at no additional fee (except $15 processing fee); earn up to 18
   more with Pre-conference LIs!
5. Red Cross Disaster Mental Health Training: Earn 6.5 more CEs
6. Free private consultations on: Your Career, Ethics, Private Practice
7. Special events: Opening Party, International Forum, receptions
8. ACA Division, Branch, Region events: Meals, socials, meetings, special programs
9. Poster Sessions: More than 100 displaying new research, important projects
10. Exposition: View the very latest technologies, books, information, services
11. ACA Bookstore: Meet the authors, discuss your book ideas, browse new titles
    Center and more!

Register Now!
Call: 703-823-9800, x222 or 800-347-6647, x222 (M–F, 8 am – 7 pm ET )
Online: counseling.org
Mail: Use form on p. 37