Education Sessions
Choose from more than 500 sessions!

• More than 215 Advanced Level Sessions!
• 31 categories
• New category: Disaster Mental Health
• Earn up to 20 CE credits

To ensure the highest level of quality, all session proposals were screened by the ACA Blue Ribbon Panel, a diverse group of experienced counselors and educators from multiple specialties. Only 35% of proposals were accepted. 
Note: Sessions sponsored by ACA Divisions are indicated with the Division acronym after the title. See p. 16 for list of acronyms.

Education Sessions are:
• 90-minutes
• 60-minutes
• 30-minute (project/research poster sessions)

Please Note: See p. 8 for additional Education Sessions sponsored by the Pennsylvania Counseling Association.

Addictions, Offenders, and Correction Counseling
“Acts of Grace”: Integrating Spirituality and Religion into Addictions Counseling (ASERVIC)
An Integrative Spiritual Developmental Model of Supervision for Substance Abuse Counselors and Counselors-in-Training
Co-occurring Disorders: Building Emotional Regulation Through Evidence-based Therapies
Counseling Incarcerated Women: Challenges and Opportunities
Counselor Educator’s Checklist: 2009 CACREP Standards & Substance Abuse Curriculum Options (IAAOC)
Female Baby Boomers and Prescription Drug Addiction: A Silent Epidemic (AADA)
Internet Addiction in Schools: The School Counselor’s Role
Overview of Recent Research on Childhood Sexual Abuse, PTSD, and Substance-related Disorders
Post Suicide Response: An Intervention for Addicted or Recovering Couples Who Experience Suicide or Parasuicide
Sexual Addiction: Screening, Assessment, Diagnostic Criteria, and Treatment Options
Working Toward the Competent Integration of Spirituality into Addictions Counseling Training and Practice (IAAOC)

Advanced
“A Double-edged Sword”: The Role of Child Custody in Substance Abuse Treatment Entry Motivation for African American Women
Alcohol Screening and Brief Interventions on a Level I Trauma Unit: Preliminary Data (IAAOC)
An Integrated Perspective on Addiction and Ongoing Recovery: Insights Derived From Bill Wilson, the Buddha, and Carl Jung
Averting Addiction: School and Community Prevention Programs (IAAOC)
Combining Counseling With Suboxone in the Treatment of Opioid Addiction
Coping With Burnout
IAAOC Graduate Student Carousel (IAAOC)
Recovery High Schools: Holding Environments for Substance Abuse Recovery and Adolescent Development
Sexual Offending and Sexual Victimization Behaviors in Children and Adolescents: A Concurrent Treatment Protocol
The Act Program: A Model for Significantly Reducing Recidivism Among Domestic Violence Offenders
Wired: Online Gaming Addiction

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Assessment, Testing, and Program Evaluation
Assessment Standards and Free Access Depression, Anxiety, and Substance Abuse Inventories for Use in Counseling Practice (AACE)
Development of the DSM-IV Disruptive Behavior Checklist (AACE)
Effectiveness of Various Learning Outcome Based Assessments With Counselors-in-Training
Personality Traits and Trends in Individuals Who Have Been in Cult Relationships: Implications for Mental Health Professionals
The Managing Client Resistance Self-efficacy Scale: Development and Validation

Advanced
Assessment in Marriage, Couple/Partner and Family Counseling: Assessing Interethnic Couples (AACE)
Assessment in Supervision: Identifying Counseling Students at Risk (AACE)
Continuous, Systematic Program Evaluation: Strategies for Meeting the New CACREP Standards (AACE)
Self-injury: Assessment and Symptomology (AACE)

Best Practices
After Thoughts With Dr. Gerald Corey
Between the Worlds: Integrating Neo-pagan Spirituality Into Counseling for Social Justice
Cognitive Behavioral Treatment for PTSD Among Clients With Severe Mental Illnesses and Its Multicultural Application
Duty to Protect: Working With Law Enforcement Personnel and Their Families
Emphasizing Client Strengths: Evidence to Support a Strength-based Approach to Counseling Practice
Eye Movement Desensitization and Reprocessing: An Effective Intervention for Trauma Survivors
Getting Ahead of the Knowledge Curve
Launching Students Into Their Decade of Transition (NCDA)
The Case for Positive Perfectionism: Implications for Counselors

Advanced
An Events-based Paradigm: Working Through Impasses in Supervision
Clinical Techniques for Managing Suicidal Clients
CSCOR’s Annual Review: Research That Improves School Counseling Practice
Keeping the Train on the Tracks: Managing Race or Culturally-triggered Reactions During a Diversity Training Workshop

Promoting Advocacy, Social Justice, and Empowerment for Survivors of Sexual Violence: Applications Beyond the Classroom
Transforming Counselors to Counselor Educators: Doctoral Students’ Exploration of PhD Programs

Career Development and Employment Counseling
Building the Foundation for School-to-Career Programs
Career Counseling With Our Returning Heroes (NCDA)
Career Development and Socioeconomic Status for Female Adolescents With ADHD: An Ecological Perspective
Children of Alcoholics and Career Self-efficacy: Application of Social Cognitive Career Theory
Consulting, Coaching, or Counseling? The Role for Counselors in Leadership Development
Counseling for “Green” Generation Careers—Making Informed Decisions (NCDA)
Exploring Specialty Areas in Clinical Sexology
Green Jobs—What Do Counselors Have to Do With It?
Hybrid and Online Career Counseling Courses: Teaching Strategies for Student Engagement (NCDA)
New Counselors: Federal Employment Opportunities as Education Services Specialists (ACEG)

Advanced
Counseling Adolescents and College Students in Perceived Ability, Responsibility, Adaptability, and Accountability
Infusing Diversity, Social Justice, and Advocacy Into Career Development Training
International Student Card Sort (ISCS): Results of a Focus Group
Promoting Career Adaptability Through Life-design Counseling
Strategies for Career Resilience: Pathways for Adaptation as a Response to Changing Work Environments
The Personal is Political: Using Feminist Theory as a Model of Career and Employment Counseling
Using Motivational Interviewing With Challenging Career Counseling Issues
Why Today’s Economic Crisis Demands Teaching Creative Constellations: Holistic Supervision and the Practice of Career Counseling
Teaching Career Counseling With Renewed Enthusiasm in Challenging Times (NCDA)

Child and Adolescent Counseling
Adventure Based Counseling: Therapeutic Interventions for Children and Adolescents
Counseling Children With Incarcerated Caregivers: What You Should Know
Cultural and Developmental Predictors: Successful Transition to Higher Education for Disadvantaged High School Students
Fostering Empowerment and Advocating for Emerging Youth in Crisis
Hidden Issues: Adolescent Self-concept and Relationships in the Digital Age
“I’m Freaking Out and Don’t Know How to Deal!” Distress Tolerance and Emotion Regulation Techniques for Adolescents
Implementing and Evaluating a Rural-based Youth Mentoring Program: Making Connections to Reduce Juvenile Delinquency
Interventions Addressing Self-harm for Children and Adolescents in State Custody
See My Pain: Addressing Self-injurious Behaviors in School Settings
The 40 Development Assets for Children (ACEG)
The Therapeutic Community: Not Just for Addiction, Not Just for Residential
Wanna’ Play? Excessive Video Gaming and Implications for Practitioners
Advanced
“A Picture Is Worth a Thousand Words”: Exploring the Use of Non-directive Sandtray With Grieving Children
Clearing the Smoke Screen: Using Teens’ Knowledge of Mental Health Literacy to Improve Depression Screening
Cyber Kids, Bullying, and Balance: Assisting Youth to Positively Cope With Technology Use and Misuse
Developing a Model of Middle School Wellness: An Analysis of the Factors Predictive of Wellness Among Early Adolescents
Empowering African American and Latino Families Through Parent-child Relationship Therapy: A Strengths-based Intervention
Relational Aggression: Is It Just Girls Being Girls?
The Killing Victims: The How and Why Behind Children Who Exhibit Violent and Homicidal Behavior
Transgenerational Trauma and Educational Hegemony: Impact on African American Student Attainment
Trauma Informed Treatment for Self-injurious Adolescents: Unique Approaches for Difficult Clients
Treating Masked Depression and Preventing Suicide Among Boys
Using Experiential Activities to Teach Children and Adolescents About Alcohol, Drugs, and Addictions
Youth at Risk: A Framework for Working With the Angry and Aggressive Millennium Student

College Counseling
Ethical Dilemmas in Crisis Management With a College Counseling Population (ACCA)
Mandated AOD Treatment in a College Counseling Setting (ACCA)
Psychological Warfare: The Influence of the Mass Media on Relational Aggression Among Female College Students
Reaching Out to Student-Athletes (ACCA)
Reducing the Stigma and Increasing Awareness of Mental Health Issues on College Campuses (ACCA)
Stepping Up: Counseling Working Class Students in College Counseling Centers
Advanced
“It’s Not Just a Women’s Issue”: Attracting College Men to Sexual Violence Prevention Peer Education Work
Addressing Suicide and Homicide in College Counseling Centers: Coordinating Services on Campus and in the Community
Alcohol and Drug Assessment Practices With Student Offenders at Colleges and Universities
Authenticity in Relationships as a Curative Factor in Counseling College Women
Commuter Campus Suicide Prevention Website Development Project: A Focus Group Approach
In Search of Myself: Predictors of Exploration and Commitment During the Resolution of Emerging Adults Identity Crises
Promoting Couples and Family Counseling at College Counseling Centers
The Changing Face of College Counseling II: Technology, Parenting, and Coping Skills as Contributors to Personality Disorders
Thinking Outside the Box: A Student Peer Mentoring Program to Promote Mental Wellness

Counselor Education and Supervision
A Training Model for School, Community, and Family Collaboration
Career Development and Service Learning in Counselor Education: Data From a Collaborative Program for Parenting Teens
Client Non-suicidal Self-injurious Behavior: Considerations for Clinical Supervisors
Collaborative Supervision: Enhancing the Professional Development of Counselors
Education Sessions

Counselor Educators on Teaching Spirituality in Counseling: Student Preparedness, Salient Topics, and Learning Modalities (AADA)
Counselor Trainee’s Experiences of Personal Growth and Development: Implications for Counselor Educators and Supervisors
Ethical Issues and Supervision Considerations in the Day and Age of MySpace and Facebook
Finding a “Story to Pass On”: Fostering Diversity, Empathy, and Learning Through Music, Literature, and Film Media
Gatekeeping at the Licensure Level: An Exploratory Study (AMHCA)
Gatekeeping Procedures for Counselor Educators: Legal, Ethical, and Programmatic Considerations
Infusing Equity-based College Admissions Counseling into a Master’s Level School Counseling Program: One University’s Model
Panel Discussion on Student Learning Outcomes in Counselor Education
Process and Procedure: Creating the 21st Century Clinical Supervisor—A Kappa Cohort Experience
Reflections After One Year of CACREP Accreditation: Student and Programmatic Outcomes in a Community Counseling Program
Suicide and Gaming: Using Serious Games as a Pedagogical Tool to Teach Suicide Prevention and Assessment
The Communication Habits Assessment: An Innovative Approach to Learning Counseling Microskills From an Ecological Perspective
The Correspondence Between University and Field Site Supervisor Evaluations: A Retrospective Record Analysis
The Taber Technique: Building a Therapeutic Alliance Through the Use of Client’s Help-seeking Recollections
The Validity and Reliability of Measuring Altruism as a Counselor Disposition
Training Counselors to Treat the Whole Person: How Well Are We Integrating Spiritual and Religious Issues Into Programs? (ASERVIC)
Transition From Graduate School to the Counseling Profession: First-Year Experiences in a Post Master’s Supervision Group

Advanced

A Self-perpetuating Model of Supervision: Providing Supervisory Training in the Workplace
A Service-Learning Approach to Cyberbullying Prevention: Is Cyberbullying the SSDD (Same Stuff Different Day)?
Addressing Vicarious Traumatization and Counselor Self-care in Supervision
Before You Supervise: Laying the Practical Foundations for Excellence as a Clinical Supervisor
Clinical Instruction at a Distance: What to Know and Where to Start
Clinical Training Strategies in Field Supervision: From Assessment to Effective Treatment Plans (AMHCA)
Constructivist Supervision and the Technology Interface
Counselor Education and Eating Disorders: What Do Counselors-in-Training Need to Know?
Creating an Urban School Counselor Education Program: University and School Connection
Developing an Urban, Field-based, Data-driven Course Sequence for Pre-internship School Counseling Students
Ego Development and Counselor Training: A Proposed Way to Train People With Different Identities
Enhancing Multicultural Competence in Supervision: The Synergistic Model of Multicultural Supervision (SMMS)
Enhancing the Triadic Supervision Experience: Techniques for Best Practices
Evidence-based Practice: Empirica, Qualitative, and Practical Comparisons of Dyadic and Triadic Supervision Approaches
How Do Social Networking Sites Impact Best Practice and Counselor Education/Supervision?
I Never Got Trained in Directing Dissertations: Tips for Doctoral Students and New Faculty
Including Mind-body Methods in Counselor Education Programs
Innovative Strategies for Teaching and Learning in Counselor Education
International Supervisors’ Perceived Credibility in Cross-cultural Dyads of Clinical Supervision
Outcomes-based Assessment in Counselor Education: A Proposed Model for New Standards
Perceptions of Beginning Counselor Educators’ Experiences Developing a Research Agenda: A Phenomenology
Perceptions of the Efficacy of Leadership Theory in Doctoral Counselor Education Curriculum
Education Sessions

Playing for Change: A University–Public School Partnership to Provide Counseling Services in a High Poverty Elementary School
Preventing Burnout: Supervision and Support Strategies for Rural Counselors and Supervisors
Problem-based Learning in Rehabilitation Counselor Education: Strategies for Vocational Counseling Courses and Beyond
Professional Peer Clinical Supervision: A Collaborative Model for Professional Development
Promoting Wellness in Masters-level Counseling Students: A Curriculum-based Cube Model Intervention
Putting Multicultural Counseling, Advocacy, and LGBT Competencies Into Action Through Practice: A Student’s Reflections
Remediation of Master’s-level Students in Counseling Graduate Programs: A National Study
Resistance—Is It Truly Futile? The Crowell-Lowery Multicultural Training Reactance Scale (CL-MTRS)
Should We Admit This Student? Using Counselor “Dispositions” to Improve Graduate Admission Decisions
Start at the Beginning: Training Students to Use Multicultural Interventions When Learning Micro-counseling Skills
Supervising Counseling Students Working With Clients With Suicidal Ideation: Weighing Risks and Implications
Teaching From a Social Constructivist Viewpoint: Preparing Counseling Students to Work With Client Career Issues
The CACREP 2009 Standards: Developing a Counselor Education Program Assessment Plan and Defining Student Learning Outcomes
The Care-s Note: A Concise Form and Format for Site Supervisors to Use in the Documentation of Supervision
The Counselor Competencies Scale©: A Measure of Counseling Skills, Dispositions, and Behaviors
The Influence of Internship Site Supervisors on Counseling Interns’ Levels of Ego Development and Occupational Stress
The Silent Combat Wound: A Psychoeducational Group for Female Combat Veteran’s With Posttraumatic Stress Disorder
To CACREP or Not CACREP: Research Findings on the Reasons and Motivations for Pursuing or Not Pursuing Accreditation
Understanding the Experience of the New Supervisor Utilizing a Comprehensive Approach to Assess Counseling Students’ Skills and Competencies Throughout the Training Process
What Counselor Trainees Need From Supervision: Development and Validation of the Supervisee Needs Index

Counseling Theory
Mindfulness-based Cognitive Therapy: The Third Wave of CBT
School Violence: Assessing Anger and Aggression in Students to Predict Future Violent Behavior
The Courage to be an Existential Counselor: The Legacy of Clemmont Vontress and the Existential Movement in Counseling
Understanding People in Context: An Ecological Perspective to Counseling Integrating Context, Interaction, and Meaning

Advanced
Moving Narrative Into Action: A Refreshing Look at the Counseling Process
Counseling Has Always Been Positive Psychology
Advanced Techniques for Solution-focused Counseling

Couples, Marriage, and Family Counseling
Family Counseling in School Settings (IAMFC)
How Religious Beliefs Affect Intimate Relationships and the Implications for Couples Counseling
Introducing the HRIQ As a Research-based Assessment and Communication Tool in Couples’ Counseling (IAMFC)
Marital Satisfaction and Coping Strategies of Couples Married Over 40 Years (IAMFC)
Strategies/Techniques in Couple and Family Counseling (IAMFC)

Advanced
African American Parents Under Surveillance: Addressing the Child Discipline Question
Establishing Domestic Violence Protocols for Couples Counseling and Relationship Education Interventions
Exploring the Relationship Between Marital Expectations and Marital Satisfaction for African Immigrants and U.S.-born Couples
Family Matters: Job Loss and Career Development Interventions
Open Relationships: Challenges in Practice and Ethics
The Psychological Impacts of War on Our Families, Schools, and Communities: A Collaborative Approach to Healing
Treating Infidelity: Counselors Report Best Practices (IAMFC)
Creativity in Counseling
Bringing the Arts to the Science of Counseling: Creative Techniques for Traditional Theories
Counseling Grieving Clients Utilizing Traditional Native American Healing Methods
Humor and Mental Health: Approaches to Finding Wellness in the Wit of Life
Impacting the Success of Minority Youth Typically Underrepresented in Postsecondary Education
Metaphor and Counseling: Contextual and Cultural Applications
Using Hatha Yoga in Counseling
Yoga Based Interventions for Counselors: Healing Trauma and Addiction From the Bottom Up

Advanced
A Strategic Approach to Reunification for Juveniles With Placements Out of Home
Counselor Intuition as a Valid Way of Knowing
Don’t Just Sit There: Engage the Brain—Using Movement, Writing, and Creativity to Increase Effectiveness
Multicultural Bibliotherapy as a Tool for Increasing Resiliency Among African American Men Experiencing Life Stressors
Photography as a Creative Counseling Technique: A View of the Self
The Use of Music, Imagery, and Gestalt Therapy in Raising Awareness and Promoting Change: An Experiential Workshop
The Utilization of Hypnotherapy and Neuro-Linguistic Programming in Treating Posttraumatic Stress Disorder

Diagnosis and Treatment
Cognitive Behavioral and Dialectical Behavioral Therapy for Eating Disorders: Putting Research Into Practice Enhancing Cross-cultural Diagnosis in Counseling Positive Emotions as an Agent of Therapeutic Change (AMHCA)
When a Bad Hair Day Becomes a Bad Hair Life: The Experience and Treatment of Trichotillomania Working Out Their Issues: Using Exercise to Enhance Counseling Outcomes

Advanced
Assessment and Treatment of Cutting and Other Non-suicidal, Self-injurious Behaviors Culture, Clinicians, and the Latino Client: Issues to Consider (AMHCA)
Misdiagnosing Bipolar Disorders: Honing Your Assessment and Diagnostic Skills
Navigating Depression in the Menopausal Transition: Helping Women Find Their Way With Assessment, Advocacy, and Self-care
Self-injury: Examining the Relationship Between Diagnosis and Gender
The Pluck and Plug System: An Internet-based Program to Teach DSM-IV-TR Diagnosis
They Didn’t Tell Us About This! Working With Addicted Clients

New Category!
Disaster Mental Health*
Counseling Emergency Management Professionals: Research-based Strategies for Promoting Satisfaction and Mitigating Stress Expression of Coping Among Hurricane Katrina Survivors: A Qualitative Look at the Impact of Prolonged Recovery Efforts

Advanced

*In addition to the above sessions, the ACA/Red Cross Foundations of Disaster Mental Health Training will be offered Friday, March 19. Multiple prerequisites apply and there is a separate registration process. See p. 6.

Ethics & Legal Issues
Exploring Ethical and Legal Concerns (IAMFC) Risky Business: Legal/Ethical Case Studies From the Real World The Curse of the Custody Case: Managing Legal/Ethical Issues in Couples/Family/Child Counseling Creative Use of Media in Teaching Counseling Ethics Identification and Reporting of Child Abuse: The Counselor’s Role as a Mandated Reporter Is “Clear” the Same as “Serious”? Is “Imminent” the Same as “Foreseeable”? The Legal Impact of Language in the ACA Code of Ethics
Perceptions by ACA Members of Ethically Correct Behaviors
The Family Pharm: Psychopharmacology, Couple and Family Counseling, and Ethics

**Advanced**
Aspirational Ethics: Transforming the World vs. Managing Risk
Ethics and Technology
Keeping Ethics Relevant: An Exploration of Current Events, Issues, and Trends
Power and Control: When Counselors Abuse
Private Practice and Ethics: Caring for Self and Others
Proposed Ethical Standards for Counselors for Social Justice: A Town Meeting
Using Counseling Theory, Research, and Skills to Foster Academic Honesty in a Diverse, Technologically-advanced Society

**Gerontological Counseling**
Beyond the Golden Years: An Exploration of the Elderly Lover
Designing Interventions for Geriatric Group Work
There’s No Place Like Home: Caring for the Alzheimer’s Patient at Home

**Advanced**
A Strengths-based Counseling Approach With Older Persons in Nursing Homes
Autobiography As a Narrative Counseling Intervention Strategy in Midlife and Old Age
Elderly and Alcoholism: Is Grandpa Drinking too Much?
Insomnia in the Elderly: Cause, Evaluation, and Treatment
Understanding Best Practices for Addressing the Mental Health Needs of Latino Elders

**Graduate Student Issues**
Burning More Than the Midnight Oil: Preventing Burnout in Counseling Graduate Students
Finding a Meaningful Life After Graduate School
Mastering Professional Development Strategies for Counseling Students
The Student-Counselor Educator Connection: Demystifying the Job Search (ACES)
The Perilous Journey to an Advanced Degree: Strategies for Survival
Wellness Works: Quantitative and Qualitative Results of a Wellness Program Provided for Counseling Graduate Students

**Advanced**
Get a Job! Strategies for Successful Transition to and Mobility in Careers in Counseling
Knowing Me, Supporting Me, and Marketing Me
Practical Pointers for Graduate Students and New Professionals
What Graduate Students and New Professionals Need to Know About Neuroscience

**Group Work**
A Model for Using Group Techniques With Intentionality (ASGW)
ASGW Fellows Symposium (ASGW)
Group Counseling as a Viable Intervention for Veterans With PTSD From Iraq: Etiological and Therapeutic Factors
Group Work, HIV/AIDS, Empowerment, and Social Justice in Botswana (ASGW)
Incorporating Imagery in Group Counseling and Supervision
The Preparation of School Counselors for Group Work (ASGW)
Using Group Work Principles to Maximize the Impact of an Intergenerational Program

**Advanced**
Ethics in Group Work: Must It Be Like Herding Cats? (ASGW)
Group Cohesion, Working Alliance, and Individual Outcomes in Counselor Education Experiential Growth Groups (ASGW)
Infusing Social Justice Principles in Group Work Practice: Opportunities, Challenges, and Strategies
Lessons Learned in Urban Schools: Conducting Groups With Latino and Asian Youth
The WDEP System of Reality Therapy in Action: Empathic, Candid Group Counseling Demonstration With Usable Techniques and Skills

**Human Development Across the Lifespan**
Adjusting to Life’s Transitions: What Do We Know About Change
Aging Across the Lifespan: Transitions, Transitions, Transitions! (AADA)
Continuing the Conversation: Helping Women Build and Maintain Strong Friendships
Grief, Loss and Life Transitions: Ecological Perspective
Inspiring Excellence and Nurturing Potentials: School Counselor’s Role With Gifted and Talented Students
Learning to Work: Meanings of Work From a Developmental Lifespan Perspective (AADA)
Meaningful Connections: Using Intergenerational Learning to Promote Positive Perceptions About Older Adults
**Advanced**
Embarking on a Career Life Transition: Graduate School Impact on Family and Personhood (AADA)

**International Issues**
Effectiveness and Relevency of Training for International Counseling Graduates (ACES)
Gender Dimensions of Conflict and Political Violence Among Palestinian Refugee Women: Trauma, Coping, and Resilience
Give-and-Take: Separation-Individuation, Parentification, and Filial Piety in the Asian Culture
**Advanced**
International Registry of Counselor Education Programs: CACREP Goes International
Talk Talk Talk, What Will That Do for Me? Help-seeking Attitudes and Coping Styles Among Kenyan University Students

**LGBT Issues**
Application of Ethical Guidelines and Competencies in Working With Bisexual Individuals in Today’s Climate (ACES)
Attitudes of Marriage and Family Therapists With Regard to Spirituality and Sexual Identity
Attributions Based on Appearance: A Study of Assumptions About Sexual Orientation and Personality Using Brief Video Clips
Bridging the Gap: Alcohol Abuse Treatment and Lesbian Identified Persons
Exploring Issues and Concerns for Transgender Clients Seeking Recovery From Substance Abuse
Fitting a Triangle Peg into a Round Hole: Preparing School Counselors-in-Training to Work With LGBTQ Students
Pre-union Counseling: Strategies for Working With Same-sex Couples Prior to Life Partnerships, Civil Unions, or Marriages
Same-sex Marriage in California: Voices From the Front Lines
The Role of Spirituality and Religiosity in the GLB Community: An Under-examined Construct
The School Counselor as Advocate for LGBT Teens: Partnering for Safe and Supportive School and Community Environments
We’re Here, We’re Queer, We Want a Career: LGBT Adolescents and Career Development
**Advanced**
An Integrative Model for Helping Lesbian, Gay, and Bisexual Youth Negotiate the Coming-out Process: Empowerment and Advocacy
Counseling Gay Men: How to Explore Sexual Behavior and Sexual Risk-taking in the Counseling Process
Do Ask, Do Tell: Broaching the Subject of Sexual Orientation During the Counseling Process
Invisible Gender Identity: How to Counsel People Living in Two Gender Worlds
Navigating the Spiritual Narratives of Lesbian, Gay, Bisexual, and Transgender Clients
Reaching Inside and Outside: Transgender Identity Development in Transgender Adults
Straight Talk About Counseling LGBT Youth

**Military Issues**
Call to Arms: Using Advocacy to Support Troops With Combat-related Posttraumatic Stress Disorder
Career Clusters and Military Careers: A New Look (ACEG)
Not Just a Weekend Warrior: Addressing the Needs of Reserve Component Soldiers and Their Families
Understanding and Treating PTSD: Traveling the Tunnel of Hell to Personal Transformation
Unless You’ve Been There, You Can’t Possibly Understand…PTSD
**Advanced**
Meeting the Needs of Military Service Members and Their Families: Implications for Counselor Educators
Mild Traumatic Brain Injury and Posttraumatic Stress Disorder in Returning Combat Soldiers

**Multicultural Issues**
Addressing the Needs of Multiple Heritage College Students in Counseling
Advocacy in Action: Shattering Myths and Creating Partnerships With Native Americans on the Reservation
Boomers, Xers, and Millennials: Generational Differences as Culture
Complimentary and Alternative Medicine: Exploring Practices, Client Use, and Implications for Counselors
Cross-cultural Aspects of Communication Between Cancer Patients, Their Families and Healthcare Providers
Disintegration of Self: The Impact of Trauma on Refugees (AMHCA)
Exploring the Roots of Ethnic Self-hatred: Internalized Racism in Chicana/o and Latina/o College Students
Facilitating Cultural Competence in Working With Asian Children and Their Families in Play Therapy
Imagine a Cross-cultural Experience: Interactive Guided Imagery as a Catalyst of Cultural Awareness
Increasing Access to Mental Health Services for Minorities: Counselor Roles in Eliminating the Barriers
Integrating Spiritual Competencies Into Multicultural Counseling: A Course Evaluation Study (AMCD)
Overcoming the Invisibility Syndrome: African American Men’s Search for Psychological Acceptance
Perceptions of Racial/Ethnic Identity Development of Creole Peoples in Mauritius
Perceptions of the Concrete Ceiling Effect Among African American Women and Effective Counseling Strategies
Student Voices: A Qualitative Perspective on a Mandatory Diversity Course for College Freshmen
Suppress In or Express Out? Exploration of Factors Influencing the Styles of Anger Expression of Chinese American Immigrants
The Impact Chinese Culture Made on Chinese People When They Are in Conflicting Situations
The Impact of Rigid Stereotypical Gender Roles on Both the Counselor and Client Within the Counseling Relationship
Tips for Counselors and Supervisors: Addressing Multicultural Concerns in Clinical Supervision (AMCD)
Transcultural Considerations in Suicide Assessment
What Are We Teaching About Religious and Spiritual Issues? A Study Assessing Student Perceptions
Why the Attitude!? A Research Study on the Dynamics of Depression in African American College Women
Women in Academia: The Psychological, Social, and Institutional Variables That Impact Women’s Experiences as Academicians
Working With Clients of Appalachian Culture

**Advanced**

African American Males’ Perceptions of the Counselor Education Profession: A Primer (AMCD)
Awareness of Cultural Poverty and the Hidden Rules Through Experiential Group Activities
Building a Foundation for Culturally Sensitive Counseling: A Phenomenological Study

Counseling Clients Impacted by HIV/Aids: Beyond the Basics Working With Specialized Populations
Counseling the Arab and Middle Eastern Population: Perspectives from an Arab-American Counselor
Developing Critical Consciousness Among Counselors Providing Outreach in Southern Africa (AMCD)
Experiences of International Students Returning to Their Home Countries and Implications for Counseling: A Qualitative Study
Foreigner in the Therapy Room: Experiences of Immigrant and International Counselors and Supervisors Who Practice in the U.S.
Groups With Adolescent Mexicans: Strengthening Resiliency Through Creative Identity Exploration
How a Counselor’s Perception of Gender and Use of Power in the Counseling Session Impact the Development of Rapport
Latent Oppressive Identity Ego Status: Implications for Counselors Addressing Gender, Race/Ethnicity, and Sexual Orientation
Multicultural Literacy: The Foundation of Multicultural Counseling Competency
Parenting Styles and Impact on Self-esteem and Life Satisfaction of Ethnic Adolescents: Counseling Implications
Post-immigration Persistence of Italian American Ethnic Identity: A Qualitative Study
Providing Ethical Services for West Indian Immigrants: Working With the Experience of Separation and Reunification
Surviving and Thriving: Black Women’s Stories of Healing From Traumatic Intimate Relationships: Clinical Implications (AMCD)
The Helping Triangle: Strengthening the Bonds Between the Counselor, African American Clients, and Their Support Systems
The Influence of Self-efficacy and Trait Resilience on Problem-solving in the U.S., Taiwan, and China
The Relationship Between Cultural Orientation and Empathy Development: A Crucial Piece of Multicultural Competence
The Role of Religiousness in the Process of Choosing a Counselor
The Use of Multimedia Formats to Assist Professional Counseling Students Develop Multicultural Counseling Competencies
Transnational Counseling: A New Approach for the Counseling Profession in the 21st Century
Education Sessions

Working with Immigrant Clients: Usefulness of an Empirically Validated Multi-modal Assessment Approach
Zero Tolerance for African American Males: School Counselor Advocacy Intervention and School Discipline

Private Practice
Consider Private Practice
Counseling Professionals’ Perceptions of Coaching: A National Study
Advanced
Biofeedback Basics
Gratitude in Mental Health Practice

Professional Issues
Counselors Care Fund: Helping Our Own in a Time of Natural Disaster
Crisis Competencies Check-in
From Classroom to Office: Top 10 Tips for Counselors
Is There a Book Within You to Be Written?
Keeping up With the Counseling Profession: Current Issues on the National Level
Legislative Advocacy for Counselors: What’s Happening and How You Can Help
Publishing in ACA Refereed Journals: Suggestions From the Council of Editors
Staying Afloat: Identifying, Preventing, and Treating Vicarious Trauma and Compassion Fatigue
The Continuing Work of 20/20: A Vision for the Future of Counseling: Defining the Counseling Profession
Who Are We?: Professional Identity Through Self Efficacy
Advanced
Content Analysis of 32 Years of ACA Convention Programs, 1977–2008
Counselor to the Core: Creative Role-blending of Counselor, Advisor, Educator, Consultant, Advocate, and Case Manager
Do You Know Who You Are?: Struggles and Issues in Professional Counselor Identity Development
Experience and Perception of Self-injurious Behavior: Implications for Counseling Education and Outreach
Public Policy and Legislative Action: Taking the Steps to Become a Counselor Advocate and Professional Leader
Using Mama’s Words: The Incorporation of Black Feminist Pedagogy With Female African American Counselor Educators
What Counselors Need to Do to Deal With the Impact of Evidence-based Practice

Psychopharmacology
Neurological Implications in Therapy: Neurotherapy and the Brain
Advanced
Teaching the Important Aspects of Psychopharmacology to Counseling Students

Rehabilitation Counseling and Disability Issues
Obesity and Disability: A Growing Problem for Rehabilitation Counselors
Substance Use Disorders Primer for Vocational Rehabilitation Counselors, Employment and Disability Counselors, and Others
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Response Distortion in Normal Personality Assessment: Investigating Proposed Validity Scales for the NEO-PI-R
The Experiences of U.S. Men in Psychological Counseling: A Grounded Theory Study of Counselors and Clients
The Scott & White Family Caregiver Program: An Evidence-based Intervention Available to Caregivers of Persons With Dementia
Turning Inward: Yoga and Support Groups as Interventions for Family Caregivers of People With Dementia
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Association Between Adult Romantic Attachment Styles and Family-of-Origin Expressive Atmosphere
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Children of Military Families Experiencing Deployment: The Impact of War on the Youngest Family Members
Culture-centered Research Methodologies, Social Justice, and Counselor Efficacy
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Grief Counseling Competencies of Licensed Professional Counselors: A Quantitative Study of Ability, Experience, and Training
Measuring Therapeutic Outcome: How Do We Know Counseling Is Working?

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Advocacy for Professional School Counselors: Scheduling and Testing and Disciplining, Oh, My!
Bienvenidos! School Counselors Advocating for the Academic, Career, and Social Development of Hispanic Students
Canine or Equine: A Client’s Best Friends
Creating a College and Career Readiness Culture in Schools: Strategies for How Counselors Take a Key Role
Evaluating the Effects of a Safe Space Training on Professional School Counselors and School Counseling Trainees (ACES)
Fearing the Knock of la Migra: Counseling Latino Immigrant Children in the Schools
Preparing Hard-to-Reach Students for Post-secondary Education
School Counselors and Advocacy: Creating Collaborative Relationships to Enhance African American Males’ School Performance
School Counselors and Collaboration: Finding School Resources Through Community Asset Maps
School Counselors’ Level of Ethical and Legal Knowledge, Ethical Decision-making, and Ego Development: An Exploratory Study
School Counselors’ Perception of Ethical Behavior
Speaking Up and Stepping Out: An Overview of an Alternative High School Young Women’s Discussion Group and Community Project
The Impact of Parental Emotional Availability on the Academic Achievement of High School Students
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Constructing Gender Friendly School Counseling Practices: Utilizing Boys’ Strengths to Overcome Barriers to Help-seeking
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Professional School Counselors as Leaders: A Review of Two Empirical Studies
Promoting Healthy Self-esteem in Gifted and Talented Students: Implications for School Counselors
Responding to Adolescent Mental Health Concerns: School Counselors’ Conceptualizations of Their Training
School Counselors and Emotional Support Teachers: A Team Approach Using the Response to Intervention Model
School Counselors Collaborating With Teachers to Effectively Develop Resiliency in Elementary and Middle School Students
Spirituality As a Resource for School Counselors: Helping Students Facing Failure, Violence, Mental Health, and Drug Problems
Strengthening Interdisciplinary Collaboration in Schools: Potential Roles for Counselors
The Changing Trend of Contributing Factors to School Dropout Between 1980s and 2000s in the U.S.: Decomposition Analysis
The Effectiveness of School Counselor Supervision With Internship Trainees Utilizing the ASCA Model
Through Students’ Eyes: Black Female Student’s Experiences in a Predominantly White High Achieving Suburban School
Transforming the Education of School Counselors to Meet the Needs of Current and Future Students in a Contemporary Society
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Sexuality
Counseling Sexuality: A Mindful Approach Embracing Diverse Client Needs
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The Socio Emotional Experiences of Women With Chronic Pelvic Pain and Sexual Dysfunction (AADA)

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Let’s Talk About Sex: Addressing Sexuality in Counseling
Sexual Confidence: The Effects of Gender Role Flexibility in the Family of Origin Upon the Sexual Health of the Adult Child

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Iowa School Counselors’ Service with Linguistically Diverse Students’ Families on Parental Involvement
Understanding Factors Contributing to Attitudes Toward Persons Impacted by Poverty: Counseling and Educational Implications
Validating the Parent Proficiencies Questionnaire (PPQ-AA) for Use With African American Parents

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Counseling Noncustodial Fathers: A Collaboration Between Courts, Child Support Agencies, Community Services, and Counselors
Efficacious Supervision Through a Social Justice Lens: Implications for Supervisors and Supervisees
Homeless Families: How Program Services Address Children’s Psychosocial Needs and How Counselors Can Advocate
Preparing Counselors to Address Poverty: Training, Advocacy, and Pedagogical Methods and Innovations
Results From a National Community Building and Research Project: What Counselors Can Do to Combat Oppression
Social Justice Counseling and Therapy: Philosophy and Theory in Action

**Spirituality and Religion**

Aging With Grace: An Examination of Religious Faith Development and Aging
Correlates of Death Anxiety and Implications for Counseling
Enhancing Counseling Through the Use of Biblical Principles
Spiritual and Religious Needs of Deployed Military and Families: Treating the “Whole Person” for Healthier Reintegration (ASERVIC)

The Middle Path: Using the Revised Competencies for Addressing Spiritual and Religious Issues in Counseling (ASERVIC)
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An Effective Soul Work Counseling Model to Increase Spiritual Intelligence
Love, Sex, and Work: Integrating Spirituality in Social Roles and Relationships
Navigating Bereavement With Spirituality-based Interventions: Facilitating Clients’ Spiritual Growth as a Result of Loss
Spirituality and Addictions Counseling: Meeting the Diverse Needs of Our Clients
Spirituality in Counseling and Psychotherapy: The Face-Spirit Model
Supervisory Tools to Promote Ethical Use of Spirituality Working With Faith-based Communities in Ecological Counseling

**Technology in Counseling**

Best Practices in Cyber Counseling: Meeting New Challenges and Opportunities Worldwide
Connecting to the Net Generation: Using Social Networking Sites in Therapy
Counselor Training and Practice in the Virtual World
Design and Implementation of an Online Counseling Course: Issues and Strategies
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Facebook: Implications for Counselor Education Students, Faculty, and Practitioners
Shyness: Utilizing Computer Mediated Communication to Transition From the Online to Face-to-Face Social Interaction

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Developing and Sustaining Online Counselor Education Programs: Administration, Content Delivery, and Student Support
The Future of Counseling: Developing and Utilizing Online Counseling Interventions
Using Second Life With Clients and Classes: Implications for Counselors and Counselor Educators