Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Chi Sigma Iota Sponsored Session
Program ID #500, Convention Center Expo Hall, Poster Area 1
Professional Counseling: Perspectives from Around the World
30-Minute Poster Session
Stephen Kennedy, Stanley Baker, Ashley Nemiro, Megan Hyland Tajlili, Taheera Blount
Counseling has become a global profession, allowing practitioners from different cultures to learn from each other.
In this session, you will hear the perspectives of graduate students who have traveled to Africa, Europe, Central America, and the Middle East for internships and courses. The presenters will share information about counselor education programs, theoretical approaches, and current counseling practices in several diverse countries.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Chi Sigma Iota Sponsored Session
Program ID #501, Convention Center Expo Hall, Poster Area 2
International Sojourning at Idaho State University: Understanding, Experiencing, and Evidencing
30-Minute Poster Session
Alyse Michelle Anekstein, Katie Kostohryz, Linwood Vereen, Pamela C. Wells
As the need for cross-cultural counseling skills continues to grow, counselors-in-training can participate in international sojourns led by their counseling programs, including here at Idaho State University. More and more counseling programs are offering study abroad experiences as a part of counselor training. Despite the growth of international opportunities and the emphasis on multicultural development and social justice advocacy, the counseling literature is lacking in information to provide a strong foundation and basis for this type of coursework. This poster will discuss the purpose of study abroad integration in counselor education, students' experiences of traveling abroad, and outline ideas at how CSI chapters can promote research from a student's perspective in this area.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
AARC Sponsored Session
Program ID #502, Convention Center Expo Hall, Poster Area 3
Measuring Life Balance: A Validation Study of the Juhnke-Balkin Life Balance Inventory
30-Minute Poster Session
Randy J. Davis, Richard S. Balkin, Gerald A. Juhnke
Interest in the life balance construct has grown within the counseling profession including the areas of wellness, addictions, and clinical mental health. The Juhnke-Balkin Life Balance Inventory (JBLI) was designed to measure the life balance construct. Strong evidence of validity and reliability was established for the instrument based on results of a validation study which included factor analysis and multiple regression. Results from the study and suggested clinical use of the instrument are presented and discussed.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
IAAOC Sponsored Session
Program ID #503, Convention Center Expo Hall, Poster Area 4
Combat Trauma and Addictions
30-Minute Poster Session
Larry Ashley
Addiction and combat-related post traumatic stress disorder (PTSD) often go hand in hand. This phenomenon has been documented as early as the civil war. Combat exposure often results in PTSD. Three symptoms sets, re-
experiencing, numbing and avoidance, and hyper-vigilance characterize the disorder. These symptoms are detrimental to the individual’s ability to adjust back to civilian life. Many veterans use psychoactive substances as a form of self-medication to ease the symptoms of post traumatic stress disorder. It is estimated that 35-75% of veterans with PTSD abuse drugs and alcohol. Understanding the major issues faced by veterans is important for providing mental health services.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
NCDA Sponsored Session
Program ID #504, Convention Center Expo Hall, Poster Area 5
An Essential Resource for Users of Quantitative and Qualitative Career Assessment Instruments
30-Minute Poster Session
Chris Wood
The 6th edition of "A Counselor's Guide to Career Assessment Instruments" can help improve the appropriate use of career assessments and enhance career development programming. New features include: a chapter on multicultural considerations, over 80 reviews of career assessments reviews of qualitative assessments/alternative approaches to standardized assessments. Updated: chapters on trends in career assessment, competencies/responsibilities of test users, and selecting career assessment instruments, publisher's contact information an appendix illustrating the topic and intended audience of over 300 career assessments, a guide to consumer evaluation of web-based career assessments, brief descriptions of over 300 instruments

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #505, Convention Center Expo Hall, Poster Area 6
A Practitioner's Guide to Address Bullying at the Post-Secondary Level
30-Minute Poster Session
Rosina Mete, Elizabeth L. Kinan
Bullying incidents are increasing among students at the post-secondary level. Research coverage examining potential influences and trends for bullying among students in elementary, middle and high schools is readily available. However, few studies exist which examine bullying prevention and intervention efforts within the post-secondary educational environment. This poster will focus on developing an action plan with a three-tiered approach: prevention, needs assessment, intervention along with an evaluative component to determine efficacy. You will be introduced to evidence-based anti-bullying resources and other strategies which they may use in a counseling center setting to develop their own proactive guide.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #506, Convention Center Expo Hall, Poster Area 7
Racial, Ethnic, and Gender Bias in Diagnosis
30-Minute Poster Session
Deborah Duenyas, Matthew R. A. Branfield
Presenters will provide information on the importance of considering race, ethnicity, and gender when making diagnostic decisions. Making diagnostic judgments is a part of the mental health profession and one that is imperative to providing the best possible services to clients. The presenters will provide preliminary quantitative data demonstrating the effects of ethnocultural empathy, one's comfort level working with diversity, and one's awareness of privilege and oppression in society, on the diagnostic decision-making process. Information on how one's own conscious or unconscious racial, ethnic, and gender biases may hinder clinical judgment will be discussed.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #507, Convention Center Expo Hall, Poster Area 8
Using Ropes Course Activities to Process Grief With Children
30-Minute Poster Session
Jacqueline Swank
Children experience grief differently than adults; and therefore, it is crucial that counselors understand children’s perceptions and understanding of grief, and their experiences throughout the grieving process. This poster focuses on the result of a qualitative study that explored children’s experiences processing grief through the use of ropes course activities. The presenter will discuss the implications of the study for counselor training, counseling practice, and future research.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #508, Convention Center Expo Hall, Poster Area 9
Career to Retirement: A Psychoeducational Transition Group
30-Minute Poster Session, Advanced
Jonathan Lent, David Hermon
This poster focuses on assisting counselors and counselor educators to work more effectively with older adults nearing retirement. Research has shown one viable approach to assisting adults during this period in their lives is group counseling (Goodman, Schlossbert, & Anderson, 2006). A psychoeducational group can provide education and support to assist participants’ exploration of key concerns surrounding retirement. Considering the numerous changes inherent in this transition, a holistic framework will serve as an overall guide for the group. Receive information related to implementing a group for adults nearing retirement.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #509, Convention Center Expo Hall, Poster Area 10
Nature and Nurture: Using Horticulture Therapy to Enhance Your Practice
30-Minute Poster Session
Jen Y. Molnar
This poster will explore the exciting use of horticulture therapy across a broad range of settings and populations. Research and related case studies will demonstrate the relevance of the modality with children in an urban school, seniors in assisted-living facility, patients in an outpatient mental health clinic and women in a residential treatment program for chemically dependency. Videos of clients and clinicians will demonstrate the efficacy of this innovative modality. We will discuss the use of metaphor as a part of this approach. You will be given a list of ‘shovel ready’ ideas for your practice!

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #511, Convention Center Expo Hall, Poster Area 12
Transitioning to “Titanium Schedule” for College and University Counseling Centers: Issues and Considerations
30-Minute Poster Session
Aimee Adams, Lisa Coulter
This poster provides an overview of Titanium Schedule, a popular scheduling and database software program designed specifically for use in college counseling centers. Counselors from a medium-sized college counseling center will discuss the recent process of purchasing and implementing Titanium in their center. Pros and cons will be provided from the perspectives of professional counselors, trainees, and front desk personnel. Implications of Titanium for improving customer service, client care, and assessment of services will be discussed.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #512, Convention Center Expo Hall, Poster Area 13
Comprehensive Counselor Self Care: Wellness Exercises to Develop Healthy Self Care Patterns
30-Minute Poster Session
Darren A. Wozny
It is ethically necessary to protect against the professional risks of counselor compassion fatigue (Figley, 1995), burnout, and impairment. Learn about the different types of self care (physical, social, cognitive, emotional, spiritual, and financial) and understand the importance of self care wellness in counseling. You will have the opportunity to self-assess on the different types of self care wellness, engage in self care exercises to address the
different types of self care, journal the impact (benefits and constraints), and develop a future plan for self care (includes instructor’s example).

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #513, Convention Center Expo Hall, Poster Area 14
Exploring College Counselor Spiritual Competency in Relation to Training and Professional Practice
30-Minute Poster Session
Abigail Holland Conley
The growing research in the field of spirituality, spiritual identity, and spiritual development showcase the idea that faith is a viable topic to explore as an essential component of the human condition, and an important aspect of diversity. Results from a recent mixed-methods study that explored the relationship between college counselor training and practice regarding spiritual competency will be presented. This poster will highlight the need for counselor educators, clinical supervisors, and counselors to gain knowledge in spiritual development, spiritual and religious multicultural competencies, and spiritual interventions. Implications for educators and practitioners and will be given.

Friday, March 22, 2013
10:30 a.m. - 11:00 a.m.
Program ID #514, Convention Center Expo Hall, Poster Area 15
Undocumented, Unseen, Unknown: Effective Advocacy and Interventions for At-Risk Undocumented Youth
30-Minute Poster Session
Todd Gibbs, Abrahm Saunders
Caught in the cross-fire of the hotly contested sociopolitical debate over immigration are 5.5 million immigrant youth in schools and communities across the U.S. Many of these children and adolescents experience risk factors that impact emotional and cognitive development. Counselors can facilitate a sense of security and belonging through intentional work with at-risk, immigrant youth. This poster outlines the scope of the problem, identifies major risk factors for undocumented youth, and discusses the effect of immigration status on cognitive and emotional development. Presenters will provide empirically-based, culturally sensitive interventions that counselors can implement to cultivate individual and systemic resilience.

Friday, March 22, 2013
11:30 a.m. - 12:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #516, Convention Center Expo Hall, Poster Area 1
Leadership Principles in Action: Fostering Servant Leadership through a Prolonged Counselor Community Engagement Partnership
30-Minute Poster Session
Lucy Lewis, Christine Murray, Cheryl Fulton, Laura Rosemary Shannonhouse, Nicole A. Adamson
This poster will concretely outline the process by which servant leadership was fostered and principles and practices of leadership excellence were actuated through a prolonged counselor community engagement with a refugee resettlement agency. Learn how to assess and align chapter and community partner needs and goals; strategies to promote servant leadership, reflection, and evaluation throughout the implementation process; and how to use succession planning to promote continuity and longevity of the project.

Friday, March 22, 2013
11:30 a.m. - 12:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #517, Convention Center Expo Hall, Poster Area 2
Hypersexuality Disorder: Shedding Light on Sex Addiction
30-Minute Poster Session
Tiffany Rogers
With the upcoming publication of the DSM-V and a peak in public interest about whether or not sex addiction exists, this poster examines recent research regarding hypersexuality disorder. This poster focuses on possible causes of hypersexuality disorder, how this disorder may be expressed in clients, arguments for and against
classifying hypersexuality disorder as an addiction, and beneficial treatments and counseling techniques for working with these clients.

**Friday, March 22, 2013**
11:30 a.m. - 12:00 p.m.
**IAMFC Sponsored Session**
Program ID #518, Convention Center Expo Hall, **Poster Area 3**
**Using Role-Play to Teach Family Counseling**
30-Minute Poster Session, Advanced
*Bret Hendricks, Loretta J. Bradley, Derek Robertson*
Role play and other creative techniques provide exceptional student learning opportunities. Presenters will discuss ways to use creative techniques in teaching family counseling. The poster will describe creative methodologies from the counselor educator and the student standpoints. The presenters will also describe objective ways to measure student learning while integrating CACREP requirements. Handouts will be provided.

**Friday, March 22, 2013**
11:30 a.m. - 12:00 p.m.
**Rapid Case Conceptualization for Trauma Counselors**
30-Minute Poster Session, Advanced
*Mindi Raggi, Jim Reynolds, Michael M. Dubi*
The client experiencing the aftermath of trauma requires a counselor well trained in both case conceptualization and trauma recovery. Gain a new set of skills specifically aimed at rapidly conceptualizing the trauma recovery needs of each client they encounter. Copies of the Rapid Case Conceptualization model will be available.

**Friday, March 22, 2013**
11:30 a.m. - 12:00 p.m.
**Career Intervention Considerations for Unwed Young Black Mothers in the United States**
30-Minute Poster Session
*Diandra J. Prescod, Melissa R. Zeligman*
Teen pregnancy continues to be an issue of concern for unwed young Black mothers in the United States. Black teen mothers face educational, economic and career/vocational challenges that strongly impact their lives. This poster discusses integrating Gottfredson’s Career Theory and the Outline for Cultural Formulation for use in career development counseling. The minority population on a whole is growing every year and this population has one of the highest incidences of teen births across all racial ad ethnic group.

**Friday, March 22, 2013**
11:30 a.m. - 12:00 p.m.
**First Responder Wellness: Creative Interventions to Enhance Spiritual Connections and the Compassionate Warrior Mindset**
30-Minute Poster Session
*Brian Andrew Chopko, Emily Ribnik*
Modern day warriors include the police, military, and other first responders. This poster will focus on spirituality in relation to mental health and provide creative interventions such as utilizing compassionate warrior historical comparisons, fictitious stories, and spiritual symbols to strengthen spiritual connections among first responders. These interventions are designed to promote a “Compassionate Warrior” mindset among the officers. Crisis Intervention Team (CIT) will be used as an example of an existing training module in which the Compassionate Warrior concept is applicable. Original research examining spirituality and first responder mental health will be presented.
Helping Children Victims of Domestic Violence: Using Play Therapy Based on the Person Centered Approach
30-Minute Poster Session
Beatriz L. Kodnovich, M. Cristina F. Lima

This poster talks about domestic violence against children and the importance of appropriate counseling intervention to help victimized children. Become knowledgeable about the types of domestic violence against children (e.g. physical, sexual, psychological, and negligence), the effects it can cause on the development of the child, and the symptoms observed in victimized children, such as sadness, guilt, anger, and difficulty trusting others. In addition, counselors will also benefit from learning about evidence-based therapeutic interventions, such as the person centered play therapy, which focuses on authenticity, congruency, and on building a trusting relationship to facilitate the healing process of the child.

Friday, March 22, 2013
11:30 a.m. - 12:00 p.m.
Program ID #523, Convention Center Expo Hall, Poster Area 8

Use of An Undergraduate Psychology Substance Use Disorders Research Team as a Springboard to the Counseling Profession
30-Minute Poster Session, Advanced
Keith Morgen

Recent professional identity work highlights the difficulties of not having an undergraduate population (such as in psychology) from which to recruit the next generation of counselors. This poster addresses how an undergraduate substance use disorders research team for psychology majors can introduce the undergraduate to the professional counseling field through research design/statistics pedagogical methods, data source selection, substance use disorders training, hypothesis generation, and research dissemination. This poster also demonstrates the unique counseling advocacy role for those with a counseling psychology PhD but who identify with professional counseling (i.e., holds LPC, NCC, active ACA member and governance role).

Friday, March 22, 2013
11:30 a.m. - 12:00 p.m.
Program ID #524, Convention Center Expo Hall, Poster Area 9

The ASCA National Model and Supervisory Tasks
30-Minute Poster Session
Jeannine R. Studer, Aaron Oberman

Although the ASCA has fervently endorsed the benefits of a comprehensive, developmental program, and created the ASCA National Model to serve as a template for this type of programming, some school counselors continue to operate under a traditional, reactive approach to school counseling. If the clinical experiences provide opportunities to put theory into practice, and the supervisory site is one that does not complement a program modeled after the ASCA national model, the question is, “how do school counselor trainees learn about leadership in a CDSC program?” The results of a study that was conducted to answer this question will be presented in addition to suggestions for addressing this training gap. Handouts will be provided.

Friday, March 22, 2013
11:30 a.m. - 12:00 p.m.
Program ID #525, Convention Center Expo Hall, Poster Area 10

Walking the Line: A Qualitative Study on Counseling Student Perceptions of Facebook and Ethics
30-Minute Poster Session
Tanner Babb

Little to no research currently exists that explores the ethical perception of counseling students in relationship to online social networking. This poster will highlight qualitative research conducted with counseling students about their perceptions of Facebook and use of online social networking. Gaps currently exist in the American Counseling Association Code of Ethics and research will be presented that illustrates those gaps and opportunities will be given to discuss ethical ways of managing those gaps. A decision making model will be presented that will help you consider appropriate ways to manage online social networking difficulties.

Friday, March 22, 2013
11:30 a.m. - 12:00 p.m.
Program ID #526, Convention Center Expo Hall, **Poster Area 11**  
**Mental Health Awareness and Advocacy Within the Community: A First Hand Experience**  
30-Minute Poster Session  
*James Alexander Reed, Laura J. Pressley, Bilge Sulak, Nikol V. Bowen*  
This poster aims to provide information about mental health awareness, methods for conducting outreach that aims to reduce stigma against mental illness and counseling as well as to provide information regarding risks, warning signs and prevention measures of suicide.

Friday, March 22, 2013  
11:30 a.m. - 12:00 p.m.  
Program ID #527, Convention Center Expo Hall, **Poster Area 12**  
**Prevention of Adolescent Substance Use through a Moral Development and Decision-Making Model**  
30-Minute Poster Session  
*John D. Jacobson*  
Substance use in adolescents is a huge problem in the United States and literature suggests that the best treatment is a comprehensive plan of cognitive-behavioral therapy and societal influences to help the individual. In light of this unique interaction, this poster seeks to underline the use of Kohlberg’s Moral Development Model to help professionals address both aspects to help adolescents with their substance use. Providing literature that suggests a shift in cognition in early adolescents, this poster will provide counselors with techniques to address the moral development of adolescents and show how this may decrease the use of substances, encouraging great growth and well-being.

Friday, March 22, 2013  
11:30 a.m. - 12:00 p.m.  
Program ID #528, Convention Center Expo Hall, **Poster Area 13**  
**The Road Less Traveled: Strategies for Using Traveling Playrooms in Awareness and Intervention With Low SES African-Americans**  
30-Minute Poster Session, Advanced  
*Cecil Davison, TaShawndra Govan*  
This poster will provide methods to tackle the stigmatization often associated with African-Americans perceptions of counseling, specifically play therapy. This poster will examine the use of traveling play therapy rooms in low-mid SES African American communities as a way of combating and reducing such stigmas.

Friday, March 22, 2013  
11:30 a.m. - 12:00 p.m.  
Program ID #529, Convention Center Expo Hall, **Poster Area 14**  
**The Application of Social Constructionist Paradigm in Researching School Communities' Experiences of Counseling Services**  
30-Minute Poster Session  
*Nurul Ain Mohd Daud*  
This poster will discuss the application of social constructionist paradigm in researching school communities' experiences of counselling services. The poster will highlight the findings of the study as well as the implications of this paradigm to school counselling research.

Friday, March 22, 2013  
11:30 a.m. - 12:00 p.m.  
Program ID #530, Convention Center Expo Hall, **Poster Area 15**  
**Help-Seeking Attitudes and Behaviors Among Counseling Psychology Graduate Students**  
30-Minute Poster Session  
*Ryan Hess, Corie Lee Loiselle*  
Many graduate students studying counseling psychology are drawn to the profession because of an earnest desire to help others. Yet the demands required of many graduate programs can sometimes adversely impact the mental health of aspiring counselors. In an attempt to juggle the many responsibilities associated with Graduate School, counselors become experts in helping others while sometimes neglecting to help themselves. This poster presents research findings on the attitudes and behaviors of Counseling Psychology graduate students toward personal help-
seeking. Information on potential barriers to student help-seeking will be presented as well as suggestions for addressing these issues in graduate programs.

**Friday, March 22, 2013**
11:30 a.m. - 12:00 p.m.
Program ID #531, Convention Center Expo Hall, **Poster Area 16**
**A Qualitative Study to Explore the Role of “Recovery Status” in the Supervision Process of Addiction Professional Counselors**
30-Minute Poster Session
Adrianne L. Trogden
This poster will provide results of a qualitative research study from Louisiana focusing on how recovery status of the supervisor affects the ethical decision-making framework utilized in substance abuse counselor clinical supervision. A grounded theory will be presented as a result of the research study.

**Friday, March 22, 2013**
12:30 p.m. - 1:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #532, Convention Center Expo Hall, **Poster Area 1**
**Culturally Sensitive Child Assessments: From Research to Practice to Future Research**
30-Minute Poster Session
Dalena Dillman Taylor, Casey A. Barrio Minton, Jenifer Ware
The ACA Code of Ethics and the AARC Multicultural Assessment Standards (2012) require that counselors utilize culturally sensitive assessments to inform research and practice. Unfortunately, there are few specific suggestions for bringing standards to life, especially when working with children who may not be able to give voice to cultural considerations. The presenters will outline practical considerations for culturally sensitive child assessments, illustrate using a case study, and address implications for research.

**Friday, March 22, 2013**
12:30 p.m. - 1:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #533, Convention Center Expo Hall, **Poster Area 2**
**A Mental Health Perspective on School Bullying Law: Legal, Ethical, and Professional Considerations**
30-Minute Poster Session
Robert Carlisle, Emmanuel C. Ahia
This poster will examine state anti-bullying laws and discuss the legal, ethical, and professional implications for school counselors. A chart, dividing the components of each state law, will be provided to facilitate the discussion of specific counselor responsibilities, ethical obligations, and professional recommendations. Best practice guidelines will be provided based on the following components of state anti-bullying laws: definition of bullying, reporting, anti-bullying programs, policy collaboration, training, and specific counselor responsibilities.

**Friday, March 22, 2013**
12:30 p.m. - 1:00 p.m.
ACEG Sponsored Session
Program ID #534, Convention Center Expo Hall, **Poster Area 3**
**Supporting Student Veterans: Current Landscape and Future Directions**
Leigh Green, Seth C. W. Hayden
The increase in student veterans coming to institutions of higher education continues to increase as the Post 9/11 GI Bill enters its fourth year. With the unprecedented benefits for veterans, universities are asked to provide specific services to student veterans to address their concerns and increase retention and matriculation. This poster outlines the transition issues faced by student veterans including; relational challenges and isolation, student veteran combat-related injuries, female student veterans, and the reported needs of student veterans. In addition, specific suggestions are given for administrators and counselors to provide support for student veterans.

**Friday, March 22, 2013**
12:30 p.m. - 1:00 p.m.
AMCD Sponsored Session
Program ID #535, Convention Center Expo Hall, Poster Area 4
AMCD 40th Anniversary Past Presidents
30-Minute Poster Session
Tarrell Awe Agahe Portman, Patricia Arredondo, Aaron B. Stills, Michael Brooks, S. Kent Butler, Francene E. Haymon
Please join in the 40th Anniversary Celebration of the Association for Multicultural Counseling and Development (AMCD). The poster will depict people, events, and products historical produced by AMCD members. Stop by and shake the hands of AMCD Giants! Great opportunity for graduate students to meet AMCD Leaders.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #536, Convention Center Expo Hall, Poster Area 5
Aumentando el Bienestar: The Cultural Adaptation of the Five Factor Wellness Inventory – Adult Version into Spanish
30-Minute Poster Session
Nathaniel N. Ivers, Kathryn L. Henderson, Philip Clarke
This poster will review the initial validation of the Five Factor Wellness Inventory – Adult Spanish version (5F-WEL-A-S). According to the most recent U.S. Census, the Latino, Spanish-speaking population in the United States continues to experience significant growth. It is important that counselors develop culturally appropriate resources that can aid in the provision of competent counseling to this population. Internal consistencies of the scale and subscales, as well as the initial factor structure of the 5F-WEL-A-S will be discussed. Implications of the 5F-WEL-A-S for future research and counseling practice will be presented. Cultural and ethical considerations also will be provided.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #537, Convention Center Expo Hall, Poster Area 6
Multidimensional Perfectionism, Depression, and Life Satisfaction in a College Counseling Center
30-Minute Poster Session
Randy Moate, Kristin L. Bruns, Erin West, Suleyman Akcil, Heather Smith, Anmie Martin, Lynne Guillot-Miller, Philip B. Gnilka
Perfectionism is increasingly being viewed as an multidimensional construct that can bedifferentiated between two types: “adaptive” perfectionism and “maladaptive”perfectionism. This poster will present the results of an empirical quantitative study on clients of a college counseling center. Differences between perfectionism type in depression, life satisfaction, and perceived stress will be presented. Implications for counselors and results of several clinical intervention studies will also be presented.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #538, Convention Center Expo Hall, Poster Area 7
Support for Suicide Awareness, De-stigma of Mental Health on College Campuses
30-Minute Poster Session
Kevin P. Kuntz
Young adults and college-aged students have the highest rate of diagnosable mental illness, yet they are the least likely to seek help. Nearly half of all college students feel so depressed at some point that they have trouble functioning. Organizations like Active Minds, The Jed Foundation, and the Ohio Suicide Prevention Foundation are working to provide resources, support, and hope to college-aged students. This poster will provide an overview of local and national organizations that are providing support to de-stigmatize mental illness and promote mental wellness, suicide prevention support, resources to promote wellness on campuses, and promotion of help-seeking behaviors.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #540, Convention Center Expo Hall, Poster Area 9
Multicultural Competencies for School Counselors: A New CACREP Cultural Lens
30-Minute Poster Session
Rebecca Tadlock-Marlo
Results from a multivariate quantitative analysis study provide comprehensive insight into redefining multiculturalism and the competencies of school counselors, based on AMCD and ASCA National Standards. The validity, reliability, and content regarding new competencies for school counselors will be the primary foci of the discussion. Open discussion will be implemented to explore aspects of multiculturalism, counseling competencies of school counselors, and its importance for counselor educators. Building from this discussion, an explanation will be provided regarding how the developed assessment can be applied in the development of skills, knowledge, and abilities in these domains for counselor educators’ use with counselors-in-training.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #541, Convention Center Expo Hall, Poster Area 10
CHILL OUT: A Successful Group Model for Addressing Anxiety in College Students
30-Minute Poster Session
Carol A. Evangelisto, Alison D. Wehringer
College counselors have noted increased demand for services, with anxiety being a frequent concern. Group work is seen as an effective approach for meeting demand, but attracting participants can be challenging, especially with anxious students. Session illustrates a successful and novel group format with specific suggestions for implementation, including the integration of expressive arts and humor with evidenced-based practices of CBT and mindfulness. Other topics include: overcoming barriers to student engagement, creative exercises to facilitate participation, educational modules, tools to facilitate individualized coping, assessing outcomes.

12:30 p.m. - 1:00 p.m.
Program ID #542, Convention Center Expo Hall, Poster Area 11
Meaning Reconstruction in Grief and Loss: Practical Implications for Counselors
30-Minute Poster Session
Jodi Flesner
As counselors, it is important to know how to work with bereaved individuals as most people will experience multiple losses in their lifetime. The progression of grief theories over time will be briefly reviewed. Grief and other important concepts will be conceptualized through a postmodern, constructivist lens, which emphasizes an individual’s need to impose meaning on life experiences. A meaning making model of loss will be presented, along with the tenets of meaning reconstruction theory. Therapeutic strategies in meaning reconstruction theory will be reviewed. Specific case examples will be used to highlight the application of meaning making strategies.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #543, Convention Center Expo Hall, Poster Area 12
Exploring Post Traumatic Growth: Applications for Childhood and Adolescent Sexual Assault Survivors
30-Minute Poster Session
Karin Hansing, Elliot Isom
Post Traumatic Growth can be experienced by survivors of all ages, genders and races. Empirical research has been done on ten domains that influence Post Traumatic Growth in children. Relevant research findings and treatment considerations will be explored for working with children and adolescents that are sexual abuse survivors.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #544, Convention Center Expo Hall, Poster Area 13
Empirical Interventions and College Student Binge Drinking: Implications for the Rehabilitation Professional
30-Minute Poster Session
David DeLambo, Debra Homa, Kananur V. Chandras
The presenters will review evidenced-based interventions and strategies used to address 'problematic' college student drinking behavior.

Friday, March 22, 2013
1:20 p.m. - 1:30 p.m.
Program ID #545, Convention Center Expo Hall, Poster Area 14
Well-Being and Psychological Distress in Emerging Adulthood: The Roles of Attachment and Reliance Upon Social Support
30-Minute Poster Session
Joel A. Lane
Emerging adulthood, the developmental period occurring between the ages of 18-25, is characterized as a time of significant transition in which individuals make many important decisions with lasting implications for their futures. Recent research has sought to identify predictors of well-being during this transitive period, as well-being and psychological distress can fluctuate greatly in emerging adulthood. The presenter will summarize research being conducted examining the impact of parental attachment and social support on well-being and psychological distress among emerging adults. Practical applications for clinicians, higher educators, and supervisors working with emerging adults will be discussed.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #546, Convention Center Expo Hall, Poster Area 15
It's a Parallel Universe: Teaching Interns the Importance of Parallel Processing in Supervision
30-Minute Poster Session, Advanced
Julie Strentzsch, Melanie Harper, Stephanie Ramirez
While supervision has many important components, one that appears to be overlooked is the process of teaching supervisees the importance of understanding parallel process. This poster will focus on the importance of highlighting the deeper and often overlooked processes which happen between clinician and client. By providing skilled activities to enhance the parallel process both the client and clinician develop deeper self-understanding which promotes greater levels of genuineness and authenticity for each.

Friday, March 22, 2013
12:30 p.m. - 1:00 p.m.
Program ID #547, Convention Center Expo Hall, Poster Area 16
Does Sharing Personal Reflections on Group Process Improve Group Cohesion in a Culturally Diverse Group?
30-Minute Poster Session, Advanced
Sam Steen, Rachel Vannatta
In this study, a culturally diverse group of students during a group counseling course were divided into two groups; the first group shared their web-based journals only with the course instructor, the second group shared their journals with both their instructor and the other group members. Students journaled about their experiences multiple times during the semester. We administered the GCS-R at the beginning and end of the semester in order to explore group cohesion. Furthermore, we examined the responses within a culturally relevant framework. Results from this study contribute to furthering knowledge about the use of the journaling technique in teaching group work.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #548, Convention Center Expo Hall, Poster Area 1
Counselor Community Engagement Through the Contextual Learning Classroom
30-Minute Poster Session
Jennifer Willis, Geoffrey Yager, Michael Brubaker
Contextual learning provides counselor educators with the opportunity to promote community engagement by extending the traditional classroom into relevant settings where future counselors can interact with populations and organizations of interest. By incorporating the affective, effective, and reflective signs of well-being proposed by Prilleltensky and Prilleltensky (2006), counselors and counselor educators may better facilitate these opportunities and contribute to supportive, productive, and intentional experiences.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Chi Sigma Iota Sponsored Session

30-Minute Poster Session

Vivette Henry, Anita Neuer Colburn, Holly J. Hartwig Moorhead

This poster will illustrate a need for international counselors to become CSI members and more involved in advancing the mission of CSI globally. Strategies will be proposed to stimulate interest and motivation within international counselors to join and develop more CSI chapters internationally; and find ways to connect international CSI chapters to US-based chapters for collaboration and mutual professional development.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.

The Effect of Loving Kindness Meditation on Stress and Empathy: Implications for Counseling Practice

30-Minute Poster Session, Advanced

Jennifer R. Curry, Emeric Csaszar

This poster highlights results of a quantitative (experimental design) study of the effects of Loving Kindness Meditation (LKM) on participants' stress and empathy. Implications for counselor education and supervision and counseling practice are given as well as considerations for using LKM with clients. Future research possibilities will also be discussed.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.

The Night the Snake Came: Supporting Experiences of Spiritual Awakening and Emergency

30-Minute Poster Session

Karen Hridaya Hall, Jodi L. Bartley

Sometimes spiritual awakening comes gently like the graceful unfolding of flower petals; other times, it occurs swiftly like shattering glass. Such spiritual emergencies may present with atypical behaviors, delusions, and hallucinations, which can be considered pathological. Counselors are called to recognize, be sensitive to, and support experiences of spiritual emergency in clients. Presenters will outline types of spiritual awakening and emergency, delineate ways to differentiate between symptoms of spiritual emergency and pathological disorders, and provide strategies for intervention. Consideration will be given to the beauty and the challenge of such experiences.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.

Asperger's Syndrome: A Systems Perspective for Working With Youth With Asperger's and Their Families

30-Minute Poster Session, Advanced

John L. Rausch, Victoria Giegerich, Alicia Pascoe

A grounded theory study was designed to gain insight into the experiences that fifteen families encountered while their child with Asperger's Syndrome progressed through the diagnostic process, participated in intervention strategies, and engaged in social activities. Interviews were conducted with mothers, fathers, and their children with Asperger's. The grounded theory method was used to analyze the interview data. The results from this study related the participating families' experiences with different aspects such as diagnosis, advocacy, interventions, social dynamics, and coping strategies. Ultimately, this study will enhance and increase as awareness for the education and human services fields.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.

Assessing Career Stage of Exploration: Selecting Appropriate Interventions for High School and College Students

30-Minute Poster Session
Jonathan Ohrt, Renee Smith Sherrell
Unfortunately, the United States currently has the highest rate of college dropout among industrialized nations (Harvard Graduate School of Education [HGSE], 2011). Among the reasons for non-completion is that students often do not recognize a connection between their course of study and a place in the job market (Brown, 2012; HGSE, 2011). High school and college students may present to counseling in different stages of career exploration. Given, the high college dropout rate in the United States, matching career interventions to the students’ appropriate stage of career exploration is essential. The presenter will introduce an assessment to measure students' stage of career exploration and discuss appropriate interventions.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #554, Convention Center Expo Hall, Poster Area 7
Distance Counseling for the Traditional and Non-Traditional Learner in Higher Education
30-Minute Poster Session
Mary A. Hollingsworth, Debbie A. Dean
This poster shares research and practice information on the use of distance counseling to support traditional and non-traditional students in both campus and online learning environments. Acquire increased knowledge of distance counseling as a resource to aid both traditional and non-traditional student clients in higher education, increased knowledge of regulations, ethics, and credentialing process for practice of distance counseling, and increased knowledge of methodology and resources for establishment of distance counseling programs in a higher education institution.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #555, Convention Center Expo Hall, Poster Area 8
Tuning Out Addiction: The Benefits of Integrating Music Into Addictions Counseling and 'How-To' Without Being a Musician
30-Minute Poster Session
Kate Walters
This poster gives the new or well-established counselor a new ‘bag of tricks’ to use in their counseling practice with adults in addictions counseling. Based on the practices of Music Therapy, Board Certified Music Therapist and counseling graduate student Kate Walters has put together an arsenal of activities and interventions that can be done to enhance the group addictions counseling session and encourage participation, cooperation, frustration tolerance, communication, and other established counseling goals using the medium of music as an aid. Techniques displayed can be tailored to meet needs beyond adults and addiction work.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #556, Convention Center Expo Hall, Poster Area 9
Working Alliance Efficacy With Clients With Disabilities and Ex-offender Status: The Impact of Stigma, Burnout, and Flourishing
30-Minute Poster Session
Julie K. Bates
The working alliance is an integral piece of the counseling relationship (Bordin, 1979; McMahon et al., 2004; Hewitt & Coffey, 2005; Taber et al., 2011). As a result, it is imperative to understand how provider perceptions and characteristics can influence the formation of this alliance. This poster reviews a research study which examined the relationships between stigma, burnout, flourishing, and working alliance self-efficacy with clients who have disabilities and criminal histories. Implications for counselors and clients will be discussed and suggestions for increasing counselor flourishing and reducing stigma and burnout will be provided.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #557, Convention Center Expo Hall, Poster Area 10
Promoting Multicultural Competency and Counselor Cognitive Complexity: Issues for Supervision and Counselor Training
30-Minute Poster Session
Multicultural competency has been a major focus in the counseling profession. Understanding how students develop multicultural sensitivity and related case conceptualization skills can help counselor educators prepare students to work with diverse clients. Cognitive complexity (or social differentiation sensitivity) may be a helpful variable for counselor educators to use to measure the growth of multicultural competencies in their students. This poster will summarize related research on multicultural education and the role of cognitive complexity in counselor education, supervision, and multicultural training.

**Fred A. Washburn, David K. Duys**

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #558, Convention Center Expo Hall, Poster Area 11
**Animal Assisted Therapy and Adolescent Addiction Counseling**
30-Minute Poster Session
*Caitlin Laun, Bethani Cogburn*

Recent research established a significant underuse of substance abuse treatment by adolescents as well as considerable barriers to accessing treatment services. However, when adolescents utilize treatment, outcomes are generally positive. To address this gap, service professionals should employ new, creative techniques that engage adolescents and encourage their participation in treatment. Animal Assisted Therapy (AAT) provides one of these techniques, demonstrating significant effectiveness in addiction treatment and with adolescents. AAT is a goal-directed intervention in which an animal is an integral part of the treatment process, designed to promote improvement in human physical, social, emotional, and/or cognitive functioning.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #559, Convention Center Expo Hall, Poster Area 12
**Examining SNAP®, a Manualized Evidence-Based CBT Intervention for Effectiveness in Children With Defiance, Aggression and CD**
30-Minute Poster Session
*Keshona Beasley, Nicole Yallum*

Conduct Disorder (CD) and aggressive, noncompliant children constitute the largest group of school-age children referred mental health services. Because of the prevalence and long term negative impact of such problems, the cost of children with untreated CD is enormous. Poor lifespan outcomes include persistent criminality, poor vocational and social functioning, mental illness, and substance abuse. There is a consensus in scientific literature that the early identification and treatment of children marked with conduct problems hold the best promise for preventing youth crime and maximizing population health outcomes. Treatments that display evidence of effectiveness provide tools that can be useful for clinicians and their clients.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #560, Convention Center Expo Hall, Poster Area 13
**School Counselors’ Perceptions of the Impact of the Green Economy on the Career Counseling Needs of Alaska’s Students**
30-Minute Poster Session
*Debra Russ*

The emergence of a green economy has created new opportunities for jobs that produce goods or provide services that benefit the environment or conserve natural resources. School counselors were asked to reflect on the impact of the green economy on the career development needs of students. Alaskan school counselors provided their perceptions on topics such student awareness, preparedness, and plans to enter occupations in the green economy. Counselors also reported on their training needs to gain competence in this emerging labor market. The implications of the findings may be useful to counselors who work with youth.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
Program ID #562, Convention Center Expo Hall, Poster Area 15
**Interventions for Children and Adolescent Living With HIV / AIDS: Encouraging Resiliency and Hope**
30-Minute Poster Session
Andrea Milo
This poster will present interventions and resources for working with children who suffer from HIV/AIDS. In addition to the physical and health challenges of living with their disease, children are also forced to deal with the stigma of this disease which can make treatment more challenging and cause other stressors in their lives. A case study addressing consultation with an organization which takes in orphaned and abandoned children living with HIV/AIDS in a group home environment in Kingston, Jamaica will be discussed. Interventions which promote hope and resilience when multiple stressors are at work in clients’ lives will be presented.

Friday, March 22, 2013
1:30 p.m. - 2:00 p.m.
ARCA Sponsored Session
Program ID #563, Convention Center Expo Hall, Poster Area 16
Personality Changes After TBI: The Stigma Behind An Axis II Diagnosis
30-Minute Poster Session
Ashlee Brooke Filippone
Personality changes are a common outcome of a traumatic brain injury. This shift in personality can cause an individual to become more aggressive, depressed, vulnerable, risk seeking, and disinhibited than they were before their injury. However, despite these changes occurring post-injury, many individuals with TBI are being formally diagnosed with an Axis II personality disorder (PD). The question now has begun to rise of, are the personality changes seen after a TBI are sequelae to the injury, or an Axis II disorder that manifests itself independently? Learn the societal stigma associated with PD that portrays these individuals in a negative light due to the pervasiveness and severity of this class of disorders.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #564, Convention Center Expo Hall, Poster Area 1
Wilderness Therapy: Taking the Scenic Route to Professionalism
30-Minute Poster Session
Ian Turnage-Butterbaugh, Tabitha Young, Adam Mausolf
Wilderness therapy (WT), a relatively new treatment approach, has succumbed to harsh criticism in recent years due to reports of widespread violations of human rights and amateur psychological interventions. While WT’s efficacy has been established, it is clear that standards must be established to provide ethical services. This poster will highlight the following areas of need: 1. Evaluation and establishment of safety standards 2. Site accreditation 3. Practitioner competencies 4. Practitioner qualifications

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #565, Convention Center Expo Hall, Poster Area 2
Knowledge of HIV/AIDS Among Counselors and Counseling Students
30-Minute Poster Session
Jared Rose, John M. Laux
The mental health disorders and problems experienced by persons living with HIV require a continuum of care through counseling and testing services. As such it is imperative that counseling professionals are prepared to provide services to HIV-positive clients. This research will present findings on the knowledge of HIV/AIDS among licensed professional counselors, clinical counselors, school counselors, and professional counselors in training in Ohio, and on what previous education they have received on the topic.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
IAAOC Sponsored Session
Program ID #566, Convention Center Expo Hall, Poster Area 3
Developmental Aspects of High School and Collegiate Addiction Recovery Programs: How Developmental Approaches Affect Client Outcomes
30-Minute Poster Session, Advanced
M. Kristina Depue, Andrew J. Finch, Lauren Walker
This poster will explore theoretical models of development as a framework for understanding high school and college students in recovery. Recovery high schools and collegiate recovery communities provide here-and-now activities that promote relationship building, validate sobriety, and involve students in communal interests. The poster will discuss issues surrounding recovery for young people, and how recovery high schools and colleges enhance self-esteem and help students move to higher orders of thinking. Reframing and normalizing relapse can aid students, as counselors educate students on relapse and support sustained recovery by providing a safe place for students to work through slips rather than feeling defeated by them.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #567, Convention Center Expo Hall, Poster Area 4
Effective Group Leadership Training and Education for Masters’ Students Through a Required Two-Course Sequence
30-Minute Poster Session
Derrick Paladino, Zachary D. Bloom, Brandi Godbee
Group work taught in counselor education programs requires students to complete a course of study to fulfill CACREP standards. Curriculum typically addresses all necessary aspects in one course. This poster will introduce a model of teaching group work and group leadership over two required courses: Introductory and Advanced (3 credits each). This approach allows students to experience group work both as a member and as a leader. This model more effectively and actively develops students’ leadership skills through practice prior to their fieldwork experience than a single course experience. Curricular content, rationale, and specific pedagogical strategies have contributed in a higher level of group leadership efficacy in students

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #568, Convention Center Expo Hall, Poster Area 5
Obesity, Sexuality and Femininity: Counseling Implications
30-Minute Poster Session
Amanda Marie Thomas-Evans, Serey Bright, Melissa McConaha, Mary Francis
Researchers found that women who are obese are more likely to have unplanned pregnancies, are less likely to engage in safe sex practices and reported lower self-esteem. (Bajos, Wellings, Laborde & Moreau, 2010). This poster focuses on counseling as it relates to obesity, sexuality and femininity. It is recommended that counselors utilize humanistic and narrative therapy approaches to assist clients in exploring the role of weight-based discrimination and identity development. Although the focus of counseling is not weight loss, the counseling relationship can be utilized to initiate supportive relationships, a nonjudgmental environment and empowerment for severely obese women who are experiencing difficulties.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #569, Convention Center Expo Hall, Poster Area 6
Students as Experts: Applying Group Essentials to Clinical Populations
30-Minute Poster Session
Eleni Maria Honderich, Kendra Surmitis, Jessica Lloyd-Hazlett, Jeffrey Christensen
Despite general consensus about the knowledge, skills, and preparation necessary for effective group counseling work, the optimal structuring of introductory group counseling courses that sufficiently bridge theory, training, and practice is less clear. This interactive poster presents the results of an original Delphi study soliciting students’ perspectives of the essential components of preparation for group counseling. Drawing on these findings, as well as within- and cross-case analyses of relevant literature, practical implications for group work in a variety of settings, include family, mental health, and addictions treatment, will be discussed. Handouts and opportunities to engage in cross-disciplinary dialogue will be provided.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #570, Convention Center Expo Hall, Poster Area 7
Transforming Counseling and Supervision Through the Infusion of Yoga and Meditation
Yoga and meditation are key tools for counselor and supervisors to use in clinical practice. However, counselors and supervisors may be leery of infusing yoga and meditation into practice. Both yoga and meditation are ways for counselors and supervisors to ground themselves, learn wellness techniques, and examine the mind-body connection. Presenters will discuss and demonstrate yoga poses and meditation activities.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #571, Convention Center Expo Hall, Poster Area 8
A Qualitative Exploration of College Women's Experiences of Drinking and Gender Identity: Implications for Counseling Women
30-Minute Poster Session
Elizabeth Likis-Werle
College women's drinking rates are converging with men's and how college women conceptualize gender identity continues to evolve. As women's drinking rates are increasing, theories explaining drinking choices do not consider how college women view themselves may influence drinking risk. This poster will describe a qualitative study conducted from a phenomenological approach with college women drinkers and share their experiences and perceptions of drinking choices and gender. Hear results from focus groups and interviews and discuss implications for innovative prevention and intervention programming unique to women's needs. Application to other age groups and issues may improve outcomes for counselors working with women.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #572, Convention Center Expo Hall, Poster Area 9
Secondary Trauma: A Preliminary Study of Border Violence
30-Minute Poster Session
Yuh-Jen Guo
Fatal violence along U.S.-Mexico border strikes Mexico citizens harshly and also leads to many victimization cases on U.S. citizens. Horrible descriptions and visual images of border violence have been shown on newspapers and television broadcasting nationwide. Indirect effects of trauma can be defined as secondary trauma. Traditional definition of trauma limits criteria to direct traumatization. However, there is a literature which studies the psychological impacts of trauma on individuals who do not have direct contacts with a specific trauma. Thus, this research was designed to study whether or not the lasting horror along U.S.-Mexico border has impacted individuals indirectly.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #573, Convention Center Expo Hall, Poster Area 10
The Impact of Clinical Supervision Experience on Counselor Self-Efficacy in Malaysia
30-Minute Poster Session
Hapsah Md Yusof, Kimberly K. Asner-Self
This poster will present the aspects of clinical supervision employed by on-site supervisors to supervisees during internship in Malaysia. The findings of this empirical research in examining clinical supervision experience that affects counseling self-efficacy will be highlighted in the session. This poster will help supervisors and counselor educators to better understand the needs of counselors in clinical supervision settings and they will be able to use the information in their own practices. This information also generates direction for future research in the area of clinical supervision in Malaysia.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #574, Convention Center Expo Hall, Poster Area 11
Incorporating Religious and Spiritual Values in the Child Parent Relationship Therapy Model
30-Minute Poster Session
Jennifer N Bornsheuer
More than 84% of people interviewed by the AP stated that religion plays an important role in their day to day lives. Due to this large majority of people reporting religion as a key constant in their lives, mental health clinicians are becoming more and more comfortable integrating clients’ religious and spiritual beliefs into the counseling process (Cornish & Wade, 2010). When working with children and parents, filial therapy models have been shown to be effective for a variety of issues. Gain knowledge about the inclusion of a parent’s religious values and beliefs in the counseling process and learn methods to adapt a filial therapy model to meet the needs of Christian parents.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #575, Convention Center Expo Hall, Poster Area 12
Learning? It's a Game! Games as Teaching Tools in Introductory Counselor Education Classes
30-Minute Poster Session
Floyd F. Robison
Academic games can be enjoyable and effective tools to help students learn, integrate, and apply class material, particularly in foundation classes. Presenter will discuss ways that counselor educators can design and use games to enable students to master course information. After describing the literature on academic game development, a game ('The Counseling Game') based on a well-known board game, designed for use in introductory counseling classes will be presented. This game will be used to illustrate the elements of effective games. Recent evaluations of the game on student performance in class and satisfaction with the class will be presented.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #576, Convention Center Expo Hall, Poster Area 13
The Use of Group Work to Prevent Eating Disorder Symptoms in African American Women
30-Minute Poster Session
Amanda D. Gordon, Regine M. Talleyrand
The aim of this research study is to examine how group work can assist African American women who struggle with eating disorders in discussing their personal journeys and sharing their experiences. Two focus groups were conducted in the Greater Washington Metropolitan area, comprising a total of 7 participants. Themes including awareness of unhealthy eating behaviors and the influence of family, peers, the media, and cultural expectations emerged from both sessions, which suggest that these factors are important when exploring issues of weight, body image, and eating concerns in African American women. Based on this study, counseling practice, research and teaching suggestions for counselors and counselor educators will be offered.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #577, Convention Center Expo Hall, Poster Area 14
Complicated Grief and Cognitive Behavioral Therapy: A Case Study of Mary Shelley’s Dr. Victor Frankenstein
30-Minute Poster Session
Melissa L. Stancil
Utilizing the pending diagnostic criteria from the appendix of the proposed DSM-V, this research poster seeks to diagnosis Mary Shelley's Frankenstein with complicated grief (CG) based on Shelley's rich and vivid descriptions and profound self-awareness she gives to her main character. Then, utilizing research on the suggested techniques and effectiveness of CBT for CG, a treatment plan is formulated for Dr. Frankenstein. It is a bit odd, but very interesting.

Friday, March 22, 2013
2:30 p.m. - 3:00 p.m.
Program ID #578, Convention Center Expo Hall, Poster Area 15
Using Program Assessment Data to Inform Program Improvements: Closing the Loop
30-Minute Poster Session
Debra Cobia, Rebecca Stanard, Mark Parrish
“Closing the Loop” or using the many types of data collected by counselor preparation programs to drive improvements is the focus of this session. Programs often collect many different types, and volumes, of data about students’ performance, but don’t go the final step and use the data to drive improvements. How do learning
outcomes assessments carried out in individual courses make their way into the overall program evaluation plan? How are these data used to identify programmatic weaknesses? Examples of assessment data used by a large counselor preparation program to make informed program improvements will be described.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #580, Convention Center Expo Hall, Poster Area 1
How CSI Chapters can Help Students Enhance Research Competency
30-Minute Poster Session
Jee Hyang Lee, Susannah M. Wood, Mashone Parker, Hongryun Woo, Ruth N. Mercado-Cruz
Chi Sigma Iota chapters can be instrumental in the counselor development of graduate students in the counseling profession. Chapters play an important role in facilitating counselor competencies in counseling theories, practice, teaching, and research. Using the activities of Rho Upsilon chapter, University of Iowa, as a guide, this poster will provide innovative ideas on how university chapters can help students hone their research skills.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
NCDA Sponsored Session
Program ID #581, Convention Center Expo Hall, Poster Area 2
Career Development and Career Centers: What DO We Actually DO?
30-Minute Poster Session
Cynthia D. Marco-Scanlon
Many times career centers are viewed as "job placement centers" and house "resume writers". Through the addition of career counselors and practitioners in career centers, the study of career development theory now provides a framework for those helping with conceptualizing client's career concerns. Career Centers are now places that assist with life-long career development needs/issues of clients from adolescence to mid-life career changers to those entering "retirement", to those returning from military service and entering civilian life. They have become a training center for graduate interns, and places of support for those going through a job loss, to assisting culturally diverse clients, also. The "face" of the career center has changed - based on the needs of the constituents they serve.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #582, Convention Center Expo Hall, Poster Area 3
Focusing the Lens: A Narrative Analysis of Theoretical Orientation Development in Counselors-in-Training
30-Minute Poster Session
Courtney Allen, Sondra Smith-Adcock
Counseling from a grounded theoretical framework increases counselor confidence, lends accountability, fosters critical thinking, and sharpens case conceptualization. However, the process by which one develops an effective, congruent, theoretical orientation is often daunting and not well understood. The current qualitative study examines this process from the perspective of counselors-in-training. A Narrative analysis of workshops focusing on theoretical orientation development depicts critical themes generated by student participants. Implications for teaching and supervision are discussed and strategies for fostering theoretical orientation development and offered.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #583, Convention Center Expo Hall, Poster Area 4
Incentives and Survey Response Rates in Counselor Education: A Meta-Analysis
30-Minute Poster Session
Robert Eric Heidel, Blair Sumner Mynatt
Monetary incentives are used in survey research to increase survey response rates. Poor return rates with self-report surveys lead to underrepresentation of subsets of a population and detract from the validity of the results. The poster will present the relevant counseling literature related to the utility of monetary incentives, types of monetary incentives, incentives and cognitive dissonance, and the ethics of incentives in survey research. The survey reponse rates of a recent dissertation where monetary incentives were used will be presented. Gain insight into the practical
application of monetary incentives and their impact on counselor education. The results of a meta-analysis regarding incentives will be presented.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #584, Convention Center Expo Hall, Poster Area 5
Updating and Defining the Doctoral Comprehensive Exam: Using Doctoral Portfolios for Comprehensive Evaluation
30-Minute Poster Session
Jamie S. Carney, Asha McAdory, Virginia Dawson
This poster focuses on the use of doctoral portfolios as a method of comprehensive evaluation in Counselor Education programs. This poster provides an overview and demonstration of a doctoral portfolio format used as a doctoral comprehensive exam. This format integrates the CACREP 2009 standards into an electronic portfolio. The poster focuses on developing and implementing the portfolio with specific consideration of: defining learning and program evaluation indicators, developing evaluation rubrics, training on use of electronic portfolios, and overall outcomes. Students who have been part of the portfolio process will share their experiences with the doctoral portfolio. Handouts will include online portfolio resources.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #585, Convention Center Expo Hall, Poster Area 6
Understanding Motivation to Interact Across Differences: A Qualitative Study
30-Minute Poster Session
Sarah Coulter, Wycliffe Abuya
Facilitating intergroup contact is a highly effective method of reducing prejudice; counselors may engage in this work to advocate for clients who are impacted by societal prejudice and discrimination. This poster will present the results of a qualitative study exploring what motivates university students to interact with people who are different from them in ethnicity and sexual orientation. Students were asked to describe their intergroup interactions, situations where they were highly motivated to participate in intergroup contact, and situations where they had low motivation to interact with those who were different from them. Implications for advocacy, counseling, and counselor education will be discussed.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #586, Convention Center Expo Hall, Poster Area 7
Response to Intervention and Professional School Counseling Service Delivery: An Exploratory Investigation
30-Minute Poster Session
Saron LaMothe, Glenn Lambie, Andrew Wood, Jennifer H. Greene
Response to Intervention (RTI), recommended by the exceptional education professional community, is a collaborative process that benefits from the use of services provided by professional school counselors (PSC). Similarly to comprehensive school counseling programs, RTI consists of multi-tiered interventions and data-driven decision making to address the academic and behavioral needs of struggling learners. The presenters will provide information regarding the (a) use of the RTI process, (b) the similarities between the RTI process and the ASCA National Model (2005), (c) findings from an exploratory investigation regarding RTI and PSCs’ service delivery, and (d) implications for PSCs and counselor educators.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #587, Convention Center Expo Hall, Poster Area 8
Understanding the Needs of First-Generation College Students: Implications for University Counseling Centers
30-Minute Poster Session
Jessica Reno Burkholder
First generation college students have unique challenges and have been found to have lower graduation and retention rates. Concurrently, research suggests that college counseling centers can have a positive impact on the experiences of college students, increasing academic performance and retention. This qualitative study used focus
group interviews to inform the development of an outreach program that supports first generation college students. Applicable interventions that address the needs of first generation college students and can be applied to a variety of settings will be provided.

**Friday, March 22, 2013**
3:30 p.m. - 4:00 p.m.
Program ID #588, Convention Center Expo Hall, **Poster Area 9**

**Individuation Mediators Between Enmeshed Family Boundaries and Eating Disorder Symptoms**
30-Minute Poster Session, Advanced

*Linda M. Perosa, Sandra L. Perosa*

Research has shown that Structural Family Therapy/Counseling and individuation interventions together are effective for treating young females with EDs but not those over 18. One hundred four at-risk college females completed measures on family enmeshment/disengagement; 3 attachment/individuation scales, and 8 ED scales. The bootstrapping results for mediation indicated that attachment variables played the strongest mediating role in predicting 4 ED variables and attachment and individuation variables both played a strong mediating role predicting 2 other ED variables. Suggestions for future studies and implications for counseling are discussed.

**Friday, March 22, 2013**
3:30 p.m. - 4:00 p.m.
Program ID #589, Convention Center Expo Hall, **Poster Area 10**

**The Effects of Presenting Affective and Cognitive Benefits of Counseling on Student Intentions to Seek Counseling**
30-Minute Poster Session

*Chelsey Solar*

This study explored how presenting affective outcomes (emotional consequences) and cognitive outcomes (non-emotional consequences) of counseling affect student intentions to seek counseling. The study also examined variables such as gender, psychological well-being and previous counseling experience and their relationship with student intentions to seek counseling. Implications for increasing student intentions and willingness to seek help through the presentation of mental health information will also be discussed.

**Friday, March 22, 2013**
3:30 p.m. - 4:00 p.m.
Program ID #590, Convention Center Expo Hall, **Poster Area 11**

**Feelings Before Facts: Emotion Regulation As Primary Treatment Goal**
30-Minute Poster Session, Advanced

*Rebecca L. Huggins*

Many counselors have experienced the disappointment of a client who seems to be progressing very rapidly and drops out of treatment and relapses. By helping clients learn to regulate their emotions effectively, the counselor will establish a firm base upon which more concrete processing of traumatic events can occur. The information presented comes from a review of current literature in the field, along with the anecdotal experiences of the presenter as a client, and of other practitioners in the field.

**Friday, March 22, 2013**
3:30 p.m. - 4:00 p.m.
Program ID #591, Convention Center Expo Hall, **Poster Area 12**

**Schema Focused Therapy for Mood and Anxiety Disorders**
30-Minute Poster Session

*Deeba Khumar*

This poster will examine the concept and treatment strategies of schema focused therapy in relation to its application on mood and anxiety disorders. The main focus of the poster will be on reviewing the literature of effectiveness and implications of schema therapy on mood and anxiety disorders followed by a discussion on the conceptual model of schema therapy using case studies. Suggestions and the need for further research in the field will be discussed.

**Friday, March 22, 2013**
3:30 p.m. - 4:00 p.m.
Program ID #592, Convention Center Expo Hall, **Poster Area 13**
A Counselor-Based Suicide Risk Assessment for Clients With the Chinese Culture Origin
30-Minute Poster Session, Advanced
Fangzhou Yu

Most of the counselor-based suicide risk model assessments are developed based on the majority population in the United States. More and more scholars in this field notice the weaknesses for this type of assessments regarding the multicultural issues and the limited application for clients with other culture backgrounds. The goal of this poster is to share the results of a quantitative research exploring the specific suicide risk factors of the clients with the Chinese culture origin and to inspire the future researches on addressing the multicultural issues in suicide risk evaluations.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #593, Convention Center Expo Hall, Poster Area 14

The Power of Other: Using a Q-sort Methodology to Understand Sexual Identity
30-Minute Poster Session
Jessica Molberg

There are many labels attached to sexual identity including gay, lesbian, bisexual, queer, questioning and it seems that the list gets longer each year. The researcher believes that sexual identity is subjective and that employing such an “alphabet soup” can be disempowering, as it excludes many people whose sense of identity is fluid. Many individuals may not identify with a particular letter therefore by giving the option of “other” may provide individuals with a term that is open to interpretation. Professional counselors must understand the process and nature of sexual identity in order to empower and instill pride in our LGBTQ(IA) clients despite the daily headlines that are cruel reminders that many still face discrimination.

Friday, March 22, 2013
3:30 p.m. - 4:00 p.m.
Program ID #594, Convention Center Expo Hall, Poster Area 15

Predisposing Factors for Personal Counseling Among Counseling Trainees
30-Minute Poster Session
Steve Byrne, Brett W. Shufelt

The present research will investigate the utilization of counseling and barriers to counseling students receiving personal counseling during their training. Numerous theorists and researchers emphatically suggest that students enrolled in counseling programs should utilize personal counseling for personal and professional development, as well as the treatment of mental disorders. Although several studies indicate that seeking one’s own therapy is helpful to experienced practitioners, there is little empirical literature examining how counseling students utilize such services. The present study seeks to explore the rate at which such services are utilized by graduate students, predisposing factors, and barriers to seeking such services.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #596, Convention Center Expo Hall, Poster Area 1

All is Well: CSI Chapter Wellness Advocacy as a Way to Promote Counseling Professionals Self-Care
30-Minute Poster Session
Elyssa Smith, Derek X. Seward, Sonia Ramrakhiani

Counselors-in-training often struggle with finding appropriate outlets for managing stress associated with a demanding profession. Sigma Upsilon's approach to wellness programming takes on a holistic perspective while remaining attentive to individual differences in wellness needs. In this poster, Sigma Upsilon's signature wellness events, including the 2011 Outstanding Chapter Individual Program Award winning Winter Wellness Day and Potluck dinner is described and illustrates how the events encompass all components of wellness in a holistic manner.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #597, Convention Center Expo Hall, Poster Area 2
Engaging Counselors in Community Needs Following A Natural Disaster
30-Minute Poster Session
Arden Szepe, Leann Morgan, BriAnn Medina
In the midst of a crisis it is common for service providers to recognize and accommodate immediate needs of victims; but what happens, when the dust settles? This poster addresses the impact of the Waldo Canyon Fire (Colorado Springs, CO) on the community and the long-term needs of victims. Using Maslow's Hierarchy of Needs, the researchers address the following: impacts of crisis on family systems and community relationships, and implications for counselors.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
ASERVIC Sponsored Session
Program ID #598, Convention Center Expo Hall, Poster Area 3

Loving Kindness Meditation for Women in Transition
30-Minute Poster Session
Elizabeth O'Brien
Loving Kindness Meditation (LKM) has been utilized in the counseling profession to help individuals develop a greater capacity for empathy and lower levels of personal distress. The purpose of this poster is to report findings from a study that used LKM with a population of women who are transitioning from incarceration to society in a chemical dependency treatment facility. The research focuses on examining how a meditation modality could have an effect on participants’ levels of social distress, empathy, and experience of issues and symptoms related to chemical dependency and psychiatric diagnosis.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
ACEG Sponsored Session
Program ID #599, Convention Center Expo Hall, Poster Area 4

Left Behind: The Experiences of Army Wives During Deployment
30-Minute Poster Session
Jennifer L. Sztalkoper
This phenomenological study explored the experiences of Army wives during their husbands’ deployment to Afghanistan. Transition theory was used to explain the development and importance of coping strategies and support networks during spousal deployment.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Program ID #600, Convention Center Expo Hall, Poster Area 5

Becoming Confident in Addressing Client Spiritual or Religious Orientations in Counseling: A Grounded Theory Understanding
30-Minute Poster Session
Douglas R. Tillman, Julie A. Dinsmore, David D. Hof, Christine L. Chasek, Marissa A. Fye
Results of a study to identify factors impacting the development of counselor confidence in integrating client spiritual and religious orientations in therapy will be shared. A theory of the developmental and socially constructed nature of this process will be detailed as will implications for counselor education curriculum, clinical practice, and professional development.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Program ID #601, Convention Center Expo Hall, Poster Area 6

Applications of Motivational Interviewing in School Counseling
30-Minute Poster Session
Edward Wahesh
School counselors play a critical role in student achievement. Motivation is an important predictor of student success. A promising approach to elicit and strengthen motivation to change, motivational interviewing has demonstrated efficacy in the treatment of a variety of health-related behaviors. This poster will include an overview of motivational interviewing and describe specific motivational enhancement techniques that school counselors can
utilize to promote academic, career, and personal/social student competencies described in the ASCA National Model. Case examples of this approach used in individual counseling, group guidance, and parent-teacher meetings will be provided.

**Friday, March 22, 2013**

4:30 p.m. - 5:00 p.m.  
Program ID #602, Convention Center Expo Hall, **Poster Area 7**

**Understanding the Meaning of Hijab and Muslim Arab American Women: Implication for Counseling**  
30-Minute Poster Session

*Baochun (JoJo) Zhou*

Though counseling literature has been addressing Arab Americans and Muslims’ need of mental wellness, and certain levels of multicultural responses in general, especially after 9/11, little known is about Muslim Arab American women in particular. What does wearing hijab mean to Muslim women? How do they perceive their family roles and lives after 9/11? This poster will address historic and present-day interrelated systems of discrimination against Muslim Arabs/Arab Americans, how these relate to Muslim Arab American women experiences, and how these dynamics affect treatment. Counselors, counselor educators and supervisors may gain awareness, knowledge, and skills to work with Muslim Arab Americans.

**Friday, March 22, 2013**

4:30 p.m. - 5:00 p.m.  
Program ID #603, Convention Center Expo Hall, **Poster Area 8**

**Simultaneously Preparing School Counselors-in-training and First Generation College Students: A Longitudinal Investigation**  
30-Minute Poster Session, Advanced

*Kara Ieva*

Too few low-income and first-generation students are afforded the opportunity to learn and engage in STEM majors and career paths prior to arriving to higher education. As a result, the presenter created a systematic developmental summer program servicing the needs of first generation college students while simultaneously preparing counselors-in-training to deliver a comprehensive counseling program ancillary to their practicum and internship experience. After the completion of two years, this poster aims to present the data from a longitudinal study of both the school counselors in training and the now first generation college students.

**Friday, March 22, 2013**

4:30 p.m. - 5:00 p.m.  
Program ID #604, Convention Center Expo Hall, **Poster Area 9**

**Military Counseling Certificate Program**

30-Minute Poster Session

*Lynn K. Hall, Stephen Sharp*

For those counselors (or Master’s level counseling students) interested in working with military service members and their families, a unique Military Counseling Certificate program is being developed and will be offered both online and at select locations around the country starting July 1, 2013. An overview of the history behind the development of the certificate program, as well as an in-depth review of the content of the courses to be offered will be presented for those interested in obtaining a Certificate in Military Counseling from an accredited University.

**Friday, March 22, 2013**

4:30 p.m. - 5:00 p.m.  
Program ID #605, Convention Center Expo Hall, **Poster Area 10**

**Narrative Therapy as a Culturally Sensitive Intervention for Military Veterans**

30-Minute Poster Session

*Isaac Burt, Tiphanie Gonzalez*

Many underserved populations, such as military veterans, encounter difficulties when transitioning back to mainstream society and reuniting with their families. However, due to the culture of the military, individuals may chose not to undergo counseling due to stigma associated with taking therapy. To circumvent this problem, there is need for culturally sensitive and effective programs designed for military populations. The purpose of this poster is to provide counselors with a pragmatic approach to use with military veterans struggling with transitional, anger,
and emotional issues. This poster integrates narrative therapy into a culturally sensitive model designed exclusively for military veterans.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Program ID #607, Convention Center Expo Hall, Poster Area 12
Counseling and Teaching Students With Cognitive Disabilities
30-Minute Poster Session
Suzanne Savickas
The poster will describe a model program and its evaluation outcomes regarding the effectiveness of counseling interventions for college students with substantial cognitive disabilities and emotional issues. The presenter will discuss current issues regarding transition students with disabilities in higher education for the counselor and counselor educator. The counseling intervention in the model was co-designed and presented by counselor education faculty and special education faculty.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Program ID #608, Convention Center Expo Hall, Poster Area 13
Roots of Resilience: Protective Factors in the Sexual and Gender Identity Development of LGBTQ Youth
30-Minute Poster Session
Nancy Jean Cunningham, Patrick H. Hardesty
This retrospective study charts the development of sexual and gender identity through adolescence for LGBTQ young people presently enrolled in college. We report what we discovered about risk and protective factors in the lives of these young people during middle and high school. Both risk and protection were measured across multiple domains (family, school, neighborhood, faith community, online) and compared to present functioning. Interventions to promote health in LGBTQ youth and stimulate environmental change in systems to support LGBTQ youth are suggested based upon survey results. Those who view our poster will be encouraged to think about how they might use our findings in their work and advocacy on behalf of LGBTQ youth.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Program ID #609, Convention Center Expo Hall, Poster Area 14
Dancing About Power Point: New Ways of Thinking about Empathy Development in Counselor Education
30-Minute Poster Session
Sean Hannon
Empathy is an aesthetic, not a science. The importance of empathy skills in counseling practice is well noted in the literature. However, counseling education curriculum rarely reflects this emphasis. Graduate programs tend to utilize traditional classroom methodologies that exclusively teach and assess explicit skills and Western-style, linear, critical thinking. It is the position of this poster that counseling programs, in addition, need to more thoroughly integrate, encourage, or even mandate the development of some variety of artistic, spiritual, or inner-discipline (in the manner of fine arts programs, perhaps) from their students.

Friday, March 22, 2013
4:30 p.m. - 5:00 p.m.
Program ID #610, Convention Center Expo Hall, Poster Area 15
Nature Play Therapy: A New Approach
30-Minute Poster Session
Muriel R. Stockburger, Leslie Martin
This poster will provide information on innovative, creative, green approach to Child-Centered Play Therapy using natural elements. The underlying theory of integrating nature and the benefits of the use of nature in expression, creativity, calming effect using the child-centered play therapy foundation. The poster will focus on this theoretical approach integrating nature and Child-Centered Play Therapy currently being developed and piloted. Examine the handmade wooden nature play therapy kit.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Chi Sigma Iota Sponsored Session  
Program ID #612, Convention Center Expo Hall, Poster Area 1  
Advocating for Counselor Wellness: Practical Approaches for Students  
30-Minute Poster Session  
Katie Bohn, Todd Westergard  
As a counseling student, learning how to take care of one's own needs can be particularly challenging while learning how to identify and address the needs of others. This wellness program, developed for counselors-in-training, is designed to be practical for graduate students wanting to incorporate wellness into their personal and professional lives. Topics include: mindfulness and relaxation techniques, challenging perfectionism, and identifying wellness resources on and off campus.

Friday, March 22, 2013  
5:30 p.m. - 6:00 p.m.

AMCD Sponsored Session  
Program ID #613, Convention Center Expo Hall, Poster Area 2  
White Racial Identity Impact on Diverse Clients: 2012 AMCD Graduate Student Awardee  
30-Minute Poster Session  
Natalie F. Williams  
This poster will examine racial identity profile patterns of White mental health practitioners and its potential impact on therapeutic outcomes for diverse client populations. The poster will highlight findings from Middleton, Ergüner-Tekinalp, Petrova, Williams, and Sam (2012) which is currently in press. Since the current majority of mental health practitioners self-identify as White, the implications of White RID for multicultural counseling competency are significant.

Friday, March 22, 2013  
5:30 p.m. - 6:00 p.m.

IAMFC Sponsored Session  
Program ID #614, Convention Center Expo Hall, Poster Area 3  
Family Counseling: The Professional Will  
30-Minute Poster Session  
Douglas R. Kabell, Loretta J. Bradley, Nicole Noble  
The poster will focus on ethics of record keeping. This topic will be addressed through examples of Professional Wills and through case studies related to professional wills. Multicultural and advocacy issues will be addressed as well as implementation of codes of ethics (e.g. IAMFC, ACA). Handouts will be provided.

Friday, March 22, 2013  
5:30 p.m. - 6:00 p.m.

Program ID #615, Convention Center Expo Hall, Poster Area 4  
Promoting Advocacy in Training Programs by Integrating Social Justice Counseling Practice in Pre-Practicum Experience  
30-Minute Poster Session  
Samuel Sanabria, Derrick Paladino, Alicia M. Homrich  
A model for teaching social justice is presented by having students participate in a 100 hour pre-practicum experience in which they engage in advocacy work in their community. This approach allows students to gain experience and knowledge by engaging in social justice work. This model also develops students' leadership skills through practice prior to starting their actual clinical experience. By having students engaged in advocacy work they not only develop a stronger appreciation for the needs of their clients but also help build their community by promote social awareness. Integrating this experiential activity in counseling programs require an understanding of the importance of advocacy work in our profession.

Friday, March 22, 2013  
5:30 p.m. - 6:00 p.m.

Program ID #616, Convention Center Expo Hall, Poster Area 5  
Religious Competencies: What you Need to Know About Pastors' Views of Counseling  
30-Minute Poster Session  
Robyn Brammer, Misty Lacy
Religious leaders and secular counselors share a common goal: to improve the quality of life for those in their care (Hoffman, Guy, & Feldman, 2007). Despite this common starting point, their means of obtaining this quality of life is very different. Religion is theocentric. It starts with the notion of following the Divine’s will. Psychotherapy is anthrocentric. Its principles rest on the assumption of humanity possessing what it needs within itself. These two positions place the professions at odds, and history has shown them to be bitter enemies. This poster will assist counselors in understanding how religious leaders view counseling and where ethical concerns with referrals may arise.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #617, Convention Center Expo Hall, Poster Area 6
Sexual Minority Experiences of Microaggressions: A Qualitative Exploration
30-Minute Poster Session
Susan Kashubeck-West, David Hart, Marti Baricevic, Angela Schubert
Microaggressions, the everyday slights or insults that convey to minority group individuals that they are devalued and second class, have deleterious effects on psychological well-being (Sue, 2010). This poster reports findings from a focus group with sexual minority individuals who were asked about the types of microaggressions they had experienced, how they coped with them, and what the impact of being a target of microaggressions is in terms of their psychological well-being. Themes generated from coding of the focus group session will be presented. Implications for professional counselors who work with LGBTQ persons will be discussed, as will suggestions for future research in this area.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #618, Convention Center Expo Hall, Poster Area 7
Are You There God? It’s Me, Client: Using Narrative Therapy With Clients With Spiritual Concerns
30-Minute Poster Session
Melissa R. Zeligman, Sejal Mehta Barden, Diandra J. Prescod, Jessica Gonzalez
Research shows that the majority of counselors avoid the topic of spirituality and religion, out of their own discomfort, yet these elements are necessary to fully understand the multicultural backgrounds of our clients. This poster will show how to use a postmodern, Narrative approach in working with clients with spiritual concerns, through highlighting the most recent research on the theory, and through a case example. Learn not only how to use this theory in working with spiritual clients, but also the need to address such topics in session.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #619, Convention Center Expo Hall, Poster Area 8
Spirituality and Infertility: Voices from the Journey
30-Minute Poster Session
Kerrie R. Fineran, Heather Reynolds, Amy Nitza, James Burg
The mental health and spiritual development needs of people experiencing infertility are underestimated by counselors. The results of a national survey focused on gaining awareness of the impact of infertility on spiritual/faith journeys, or conversely, the impact of spirituality on the experience of infertility, will be examined. The results of this study will be presented, implications for research and clinical practice will be discussed, and handouts will be available.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #621, Convention Center Expo Hall, Poster Area 10
Recovering Identity: A Qualitative Investigation of a Survivor of Dissociative Identity Disorder
30-Minute Poster Session
Jesse Fox, Joseph Graham
Dissociative Identity Disorder (DID) often represents a symptomatic enigma for counselors due to its complex presentation. Our study utilized a narrative methodology by interviewing one female DID survivor on three separate occasions. Each semi-structured interview reconstructed a particular time in the participant’s life as it is related to
The disorder (e.g., past, present, and future). Three themes emerged from the participant’s experiences with DID: (a) therapeutic outcomes, (b) chronology of DID, and (c) misperceptions of DID.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #622, Convention Center Expo Hall, Poster Area 11
Integrating Smoking Cessation Treatment With Mental Health Services
30-Minute Poster Session
Greg Harms
There is overwhelming evidence that individuals with mental illness use tobacco at disproportionate rates and therefore suffer increased health problems. Providing smoking cessation services can help to address this disparity and promote a greater quality of life among our clients. This poster is designed to promote counselors’ confidence in addressing tobacco use with clients by debunking myths that promote tobacco use among people with mental illness and providing therapeutic techniques to address tobacco use in a way that meets clients’ unique needs. Come away with a greater understanding of the importance of addressing tobacco use with clients and greater confidence in their ability to do so.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #623, Convention Center Expo Hall, Poster Area 12
A Comparison of Traditional, On-line and Inquiry-Based Learning in Counselor Education: A Pilot Study
30-Minute Poster Session
David Farrugia, Jennifer E. Beebe
The effectiveness of different methods of course delivery has been an on-going topic of interest in the field of Counselor Education. The opportunity to consider an inquiry-based approach to counselor education developed as a result of an internal grant designed to encourage the use Process Oriented Guided Inquiry Learning (POGIL) as an instructional strategy at the University. Utilizing CACREP School Counseling Standards addressed in a foundations course on school counseling, a comparison was made between students' perceptions of mastery of the curriculum across a traditional format, an on-line format and the inquiry based format. Details on the POGIL strategy, the computer programs used and other instructional strategies are included.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #625, Convention Center Expo Hall, Poster Area 14
An Outcome Study of School Counseling Practice in Wisconsin
30-Minute Poster Session
Mark Gillen
This study examined the impact of fully implemented, comprehensive school counseling programs in Wisconsin. Included were the topics of training on CSCP, benefits on academic achievement and positive behaviors.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #626, Convention Center Expo Hall, Poster Area 15
Counselors’ Development of Theoretical Orientation: A Consensual Qualitative Research Investigation
30-Minute Poster Session
Patrick R. Mullen, Catherine Griffith, Kristopher Hall
The development of theoretical orientation occurs for all counselors. However, limited research investigates the how counselors develop their theory. This poster showcases the results from a Consensual Qualitative Research (CQR) study that investigated the development of theoretical orientation in several practicing counselors. Hear about the basis for this study; learn about the CQR methodology; discover the results of the investigation; and learn about the implications for counselor educators and supervisors.

Friday, March 22, 2013
5:30 p.m. - 6:00 p.m.
Program ID #627, Convention Center Expo Hall, Poster Area 16
Healing Addiction through Connections: Using RCT in Substance Abuse Groups
30-Minute Poster Session, Advanced
Catherine Tucker
Substance abuse counseling is a difficult and often frustrating arena for many therapists. Clients often make progress only to relapse or drop out of treatment. The use of Relational-Cultural Therapy to more deeply explore the inter-and intra-personal roots of a client’s addiction shows promise as an effective treatment option. RCT helps clients discover self-empathy, improve interpersonal relationships, and see how power differentials in relationships may have sabotaged previous treatment. Presenters will outline a group counseling sequence that has been used in a community mental health center. Clients in this group had better attendance and report better coping skills than clients in a traditional psycho educational CBT groups.

Saturday, March 23, 2013

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Chi Sigma Iota Sponsored Session
Program ID #628, Convention Center Expo Hall, Poster Area 1
Starting a PFLAG Chapter in a Rural Community
30-Minute Poster Session
Gregory Sandman, David D. Hof, Marissa Fye, Jordan Loschen, Lyndsey Clewell
This poster details the involvement of a Chi Sigma Iota chapter in client advocacy and community engagement through partnering with the LGBTQ community and their friends and family in a rural mid-west town to provide education, advocacy and support by forming a Parents, Friends, and Family of Lesbians and Gays (PFLAG) Chapter.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Chi Sigma Iota Sponsored Session
Program ID #629, Convention Center Expo Hall, Poster Area 2
There And Back Again: Broadening Counselor Worldviews Digitally Through Global, Regional, and Institutional Engagement
30-Minute Poster Session
Julianna West, Melissa A. Odegard-Koester, Kristine Hawkins, Mary Ann Farmer, Julieta Monteiro-Leitner
This poster illustrates how any student, professional counselor, or counselor educator can routinely engage a multidimensional design of immersion regardless of their personal or institutional means. Learn to utilize the tools of the information age to gain continual and affordable access to invaluable global literacy and community engagement irrespective of geographic distance. This poster also demonstrates how this ongoing global involvement imbues a thirst for further professional advocacy and opens a passageway to powerful self-analysis.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
ASERVIC Sponsored Session
Program ID #630, Convention Center Expo Hall, Poster Area 3
Spiritually as Part of Cultural Competence: Ethical Issues Related to Integrating Spiritual and/or Religion in Counseling
30-Minute Poster Session
Carman Sue Gill, Stephanie Fariss Dailey, Harriet L. Glosoff, Leila Roach
Recognizing that spirituality and/or religion plays a central role in the development and well-being of people from diverse cultural backgrounds, this poster will examine the intersection of the ASERVIC Competencies, ACA’s Multicultural and Advocacy Competencies, and the ACA Code of Ethics. Presenters will share common ethical challenges counselors face when issues of spirituality may relate to clients’ presenting problems and/or resolution to those problems, including the ethical obligation to accurately assess clients’ beliefs, practices, and resources. Gain experience in effective ways to integrate spirituality and/or religion in the counseling process.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #631, Convention Center Expo Hall, Poster Area 4
A Longitudinal Study of Counselor Cognitive Complexity: Results of 10 Years of Research on Counseling Students
30-Minute Poster Session
Darcy Haag Granello
Counselor education students can be conceptualized developmentally as moving from a didactic to a relativistic cognitive style as they move through the counseling program. In this large-scale longitudinal study, over 200 counseling students at several universities were assessed at three different points in their graduate programs. This study builds on previous, cross-sectional studies of counselor cognitive complexity. Results demonstrated extremely strong trends toward higher levels of complexity as students progressed through their programs, particularly between the beginning of practicum and graduation. Implications for counselor education programs, particularly with teaching styles and curriculum order, will be presented.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #632, Convention Center Expo Hall, Poster Area 5
Making Babies: Counseling GLBT Individuals and Couples Interested in Becoming Parents Through Assisted Reproductive Therapies
30-Minute Poster Session, Advanced
Samuel Sanabria
For many GLBT individuals or couples, the process of utilizing Assisted Reproductive Therapies (ART) to have children can be emotionally and psychologically overwhelming, especially since there is currently a lack of representation for GLBT individuals and couples to follow. Early involvement in counseling can help GLBT individuals and couples address their needs as they journey through the process of having children. This poster will first introduce ART and how it is helping GLBT individuals and couples fulfill their desire to have a family. You will be introduced to the special needs of GLBT parents as well as a counseling framework for working with GLBT individuals and couples as they pursue their family through ART.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #633, Convention Center Expo Hall, Poster Area 6
Infusing Cultural Sensitivity to Work With LGBT Asians/Asian Americans
30-Minute Poster Session
Baochun (JoJo) Zhou, Sarah E. Coulter
The poster will explore literature about Asian and Asian American LGB people. The poster will address the following questions: How are experiences of LGB people similar and different in Eastern and U.S. backgrounds? How do these differences influence the immigration and acculturation experiences of Asian American LGB people? What are the cultural strengths of Asian American LGB people? How do interlocking systems of oppression and privilege impact this population, and how might these dynamics affect treatment? This poster will help counselors, counselor educators, and supervisors gain awareness, knowledge, and skills to work with LGB Asian Americans. Case examples will focus on Chinese American LGB people.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #634, Convention Center Expo Hall, Poster Area 7
Addressing Self-Care in Supervision: Effects on Counselor Wellness and Burnout
30-Minute Poster Session
Jonathan Ohrt, Elizabeth Prosek, Elizabeth Ener
Unfortunately, professional counselors encounter multiple factors that threaten their wellness and ability to avoid impairment (Lawson, 2007). The purpose of this poster is to discuss the results of a quasi-experimental study designed to enhance wellness and decrease burnout among counselors during supervision. The treatment group participated in a psychoeducational group supervision session about wellness and burnout prevention and developed specific wellness goals. The presenters will discuss the intervention and the results of the study. Implications for counselor educators, supervisors, and future research will be discussed.
Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #635, Convention Center Expo Hall, Poster Area 8
**Continued Validation of the Counseling Competencies Scales: A Measure of Trainees' Skills, Dispositions, and Behaviors**
30-Minute Poster Session, Advanced
Glenn W. Lambie, Jessica L. Martin, Ashley J. Windt, Jessica Gonzalez, Andrew Wood, Saron LaMothe, Joseph Graham, Olivia Uwamahoro
Counselor educators and supervisors are charged with evaluating their students’ (supervisees’) levels of counseling competencies; however, limited research has examined assessment instruments and processes within counselor preparation programs. The Counselor Competencies Scale (CCS) is an assessment instrument designed to evaluate counselors’ level of competency in a comprehensive and psychometrically sounds fashion. This poster will report findings from qualitative and quantitative investigations related to the psychometrics and practical application of the CCS. The presenters will offer specific implications for counselor educators, supervisors, counselors-in-training, and practicing counselors.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #636, Convention Center Expo Hall, Poster Area 9
**A Cross Cultural Examination of Counseling Students’ Perceptions of Altruism**
30-Minute Poster Session
Dodie Limberg, E. H. “Mike” Robinson, Sejal Mehta Barden
This poster focuses on counseling students’ perceptions of altruism from four different cultures: United States, Uzbekistan, Korea, and India. A consensual qualitative research design was used to identify and cross-analyze themes from the four cultures. A comparison and contrast between each population is made, in order to further investigate the impact culture and setting may have on perceptions of altruism. The presenters will discuss research ethics, multicultural considerations, and implications for counselor educators and counselors.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #637, Convention Center Expo Hall, Poster Area 10
**Becoming a Play Therapist: Using Critical Incidents Methods to Examine Student’s Experiences**
30-Minute Poster Session
Sang Min Shin, Sondra Smith-Adcock
Reflective Models of clinical supervision suggest that students learn new perspectives by managing an unexpected event in their clinical work. The student counselor reacts to a ‘critical incident’ by focusing on counseling skills, case conceptualization, and professional identity development. Later on, the student counselor reflects on the situation and gains new perspectives to better prepare for a future occurrence. In this poster, findings of a qualitative study leverage the use of Reflective Models by demonstrating how students perceive and learn play therapy based on a critical incident method. Implications for using critical incidents methods in counselor education will be offered.

Saturday, March 23, 2013
10:30 a.m. - 11:00 a.m.
Program ID #638, Convention Center Expo Hall, Poster Area 11
**Are They Really Learning?: Empirically Based Training in Motivational Interviewing**
30-Minute Poster Session
Tabitha Young, Tony Michael
This poster discusses the importance of adequately training counselors in various methods of counseling. Upon receiving training, trainees often report they have learned a method of counseling to a higher degree than they can demonstrate. Thus, we cannot rely on simply asking our students and trainees, 'How well did you learn this theory?' What we can do is evaluate and observe how well trainees and students are able to demonstrate a particular method of counseling. However, how much training is needed to produce skillful practitioners? This study investigated how much training is needed in learning one particular method of counseling, Motivational Interviewing.
Integrating Tablet Technology and Creative Applications Into Counseling: A Narrative Approach

Emily Louise Dennis

With rapid advances in technology and acceptance of such devices in daily life, counselors may want to incorporate newer technology into the counseling session. This unique poster features a therapeutic intervention designed for use with tablet technology and creative applications. Those in attendance will learn how to introduce this intervention into counseling practice. A case example of combining art, technology, and narrative therapy through the creation of a written and illustrated eBook will be shared.

Holistic Wellness Factors of Traditional and Non-Traditional Community College Students

Patricia Diane Williams, Julia Y. Porter

A quantitative causal-comparative research study was conducted that assessed holistic wellness characteristics of traditional and non-traditional community college students. The study examined differences between mean scores assessing holistic wellness in traditional and non-traditional student populations based on the Five Factor Wellness Adult Inventory (5F-Wel-A). This poster focuses on results of the research study and recommendations based on the research findings.

Developing a Sense of Care, Prepare, and Prevent for Children: Supportable Community During Crises and Trauma

Jeff D. Wolfgang

Everyday children will run into various levels of crises, having strong models and supportive positive relationships among their contacts in their world will help foster resilience. Working with a multi-tiered intervention program, school-family-community, to care, prepare, and prevent everyday normal developmental crises to more large scale disasters.

The Impact of a Counseling Based Veteran Transition Program on Educational and Vocational Outcomes

Brandon M. Stirpe

Veterans returning from active duty have returned to a new set of challenges. Many come home to a house that feels empty or a life that does not seem as purposeful now that their time as active duty military has ended. Some join the work force while others look to go back to school. Experiential Learning for Veterans in Assistive Technology & Engineering (ELeVATE) is a ten week internship for veterans with service connected disabilities. The ultimate goal is to help transition veterans into secondary education in hopes of full-time employment. Veterans receive both weekly group counseling sessions and individual counseling sessions. They also participate in classes focused on Math, Science, and Writing while being a part of a research team.

Mapping Trends Over the Past 20 Years in Counseling Research on Black Families

30-Minute Poster Session
Melanie Varney, Sondra Smith-Adcock, Cirecie West-Olatunji, Rachel Henesy, Jillian Vella, Joe Johnson
This poster highlights trends in counseling research on Black families over the past 20 years. The findings of a review of the literature, including methodology used (qualitative, quantitative, mixed), client population (children, adolescents, dates of publication, characteristics of journal (ACA or non-ACA journal, indexed or non-indexed) will be presented.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
AARC Sponsored Session
Program ID #645, Convention Center Expo Hall, Poster Area 2
Best Practices in Student Learning Outcome Research
30-Minute Poster Session
Casey A. Barrio Minton
CACREP standards mandating evaluation of SLOs provide unique opportunities for generating instructional research in counselor education. Unfortunately, only about 10% of teaching articles in counselor education include formal evaluation of SLOs, and rigors of research designs and analyses varies widely. This poster will include an overview of characteristics of instructional research in counselor education, unique challenges to conducting quality instructional research, step-by-step considerations for designing rigorous, realistic instructional research projects.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
IAMFC Sponsored Session
Program ID #646, Convention Center Expo Hall, Poster Area 3
Making Music Together: Creative Interventions in Couples Counseling
30-Minute Poster Session, Advanced
Jill D. Duba, Christopher P. Roseman, Jacob M. Hamlin, Cayce Brewer
Some couples seek counseling to address warning signs. They may not be facing a relationship crisis, but may be more concerned about where they are headed. Hence, a marriage make-over may not necessarily be needed, but instead couples in counseling may benefit from something rejuvenating. In such cases, brief interventions or techniques may be helpful. This poster addresses how musical interventions can be used in couples counseling.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
Program ID #647, Convention Center Expo Hall, Poster Area 4
Training School Counselors to Understand and Advocate for Educational Policy Change
30-Minute Poster Session
Stacey Anita Gaenzle, GoEun Na
School counselors are called upon to be advocates and leaders in the school system. Through this role, they are obligated to understand the educational policies impacting students at their school. This poster will describe a model that school counselor educators can use to educate school counselors in training to understand educational policy and to be able to advocate for policy change.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
Program ID #648, Convention Center Expo Hall, Poster Area 5
Crying Out to the Silent Divine: Counseling Through the Dark Night of the Soul
30-Minute Poster Session
Jodi L. Bartley, Karen Hridaya Hall
The journey toward spiritual fulfillment may be wrought with trials and tribulations. During this time, people may feel as though they are crying out to the silent divine. This sense of abandonment or spiritual desolation has been coined by St. John of the Cross as a metaphorical “dark night of the soul.” Counselors are called to recognize, be sensitive to, and support clients with spiritual and/or religious concerns. To date, however, little intervention strategies exist for working with people enduring “dark night of the soul” experiences. Presenters will define the concept of “dark night of the soul,” differentiate it from clinical depression, and provide counseling strategies for intervention.
Young Adult Cancer Survivors’ Counseling Preferences
30-Minute Poster Session
Jessica Z. Taylor, Susan Kashubeck-West
This poster will discuss the results of a study conducted to explore the counseling needs and preferences of young adult cancer survivors. Differences in rated preferences for individual, family/couple, and group counseling topics will be discussed. Approximately 70,000 young adults are diagnosed with cancer each year, and it is important that professional counselors know issues relevant to this specific group of individuals and their preferences for receiving counseling.

Examining Suicide Prevention Among College Students: A Comprehensive Approach Utilizing the Jed Foundation/SPRC’s Model
30-Minute Poster Session
Rosina Mete, Jordan Goldstein
Suicide is the second leading cause of death among American college students. Academic, social and financial pressures may cause or exacerbate psychological distress which can contribute to increasing suicidal thoughts and behaviors. This poster will provide various strategies of suicide prevention for college campuses by discussing current research. A comprehensive approach to suicide prevention, created by The Jed Foundation and Suicide Prevention Resource Centre, will be fully explained. A case study will illustrate the use of the BASIC ID suicide assessment. A qualitative research study will outline opinions from both students and mental health professionals of The Jed/SPRC framework.

Group Leaders: How Do They Develop Session by Session?
30-Minute Poster Session, Advanced
Kara Ieva, Emma L. Kendrick, Samir H. Patel
The qualitative inquiry describes the experiences of 102 counselors-in-training who participated in experiential psycho-educational groups of various topic areas as an adjunct to their group counseling course. Come here how counselors-in-training perceive their own personal group leadership development as a result of this group in comparison to their classmates perceptions. Implications for educating counselors-in-training will be provided based on the clinical and academic experiences reported by the students, as well as directions for future research.

Student Success Skills: Initial Results of an IES-funded Randomized Control Trial
30-Minute Poster Session, Advanced
Linda Webb, John Carey, Elizabeth Villares, Karen Harrington
The results of the first two years of an IES-funded, longitudinal, randomized control trial of Student Success Skills, a school counseling intervention known to increase student achievement, will be presented. Data from over 6,000 5th graders from two Florida districts are included. Proximal outcomes are reported including the extent to which SSS effects cognitive engagement, behavioral engagement, metacognitive strategy use, test anxiety, academic self-efficacy, self-efficacy for self-regulated learning, and social competence as well as the extent to which SSS improves classroom climate. Details about measurement and instrumentation will also be reported.

Integrating a Critical Thinking Component Into a Mental Health Diagnosis Course
30-Minute Poster Session
Stella Beatriz Kerl-McClain
This poster argues that counseling students must learn to understand diagnosis if they will be using it in their work, while at the same time realizing that it is a social construction that depends on power, context, time, history, and voice for its meaning. They must learn that, while diagnosis is a label, it has real implications that can be both positive and negative. It is imperative that students recognize the importance of counselors' participation in the ongoing evolution in the meaning of diagnoses in mental health profession. Specific classroom assignments that will help students to experientially learn critical thinking related to diagnosis will be explored.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
Program ID #654, Convention Center Expo Hall, Poster Area 11
Preparing Doctoral Students to Succeed as Counselor Educators: Professional Identity Development
30-Minute Poster Session
Hongryun Woo, Jee Hyang Lee
Counselor education doctoral students play a crucial role as they continue to advance in the counseling profession. As future directors of the profession, they lead through publication, self-proclaimed identity, and professional advocacy efforts. They influence the next generation of counselors, by transmitting various aspects of their professional identity to the students they teach and supervise during practicums and internships. Studies on professional identity issues have mostly been limited to master's level education, and little literature exists with doctoral students. This poster aims to provide counselor educators with findings on doctoral students' perceptions of the profession and their professional identity development.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
Program ID #655, Convention Center Expo Hall, Poster Area 12
Results from an Investigation of Alternative Education School Characteristics in the United States
30-Minute Poster Session
Patrick R. Mullen, Catherine Griffith, Renee Smith Sherrell
Many alternative education schools exist in the United States. In these schools, counselors work with the unique needs of families and students. Unfortunately, limited research is available. This poster delivers the results of a recent investigation about Alternative Education School Characteristics from across the United States. Acquire a brief overview of the issues affecting Alternative Education Schools; learn about the characteristics of Alternative Education Schools found in this research investigation; and understand the implications for all counselors working in or with Alternative Education Schools.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
Program ID #656, Convention Center Expo Hall, Poster Area 13
College Counselors' Preparedness for Responding to Student Crises on Campus
30-Minute Poster Session
Harrison Davis, Jr., William Bradley McKibben
Because of recent violent situations on college campuses, there is a heighten need for effective crisis intervention with college students. Despite the severity of a campus crisis, college counselors are typically required to respond. This program presents research that examined the level and type of crisis intervention training college counselors received. In addition, this program will discuss college counselor's level of self-efficacy with responding to a crisis on campus as well as high priority areas of student crises.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
Program ID #657, Convention Center Expo Hall, Poster Area 14
Self-Concept of Male Pacific Islander High School Students: Implications for School Counselors
30-Minute Poster Session
Jung H. Hyun
What do you know about Pacific Islander students? From the results of the case study, the poster will show the unique needs of male Pacific Islander high school students and their struggles and introduce the long-term support
group for male Pacific Islanders. Learn how the support group influences male Pacific Islander students’ self-concept. Handouts will be provided.

**Saturday, March 23, 2013**  
**11:30 a.m. - 12:00 p.m.**  
Program ID #658, Convention Center Expo Hall, **Poster Area 15**

**The Integrated Spiritual Intelligence Scale (ISIS)- Malay version: A Psychometric Validator Study**  
30-Minute Poster Session  
*Nabisah Ibrahim*

The multicultural goal of spiritual assessment is to provide valid and reliable information about individual’s spirituality across culture. The purpose of this poster is to discuss the translation-back-translation of the Integrated Spiritual Intelligence Scale (ISIS) from English to Malay to be subsequently normed on Malaysian elderly population in Institutions. Learn about issues related to cross-cultural construct validity as well as psychometric concerns when adapting western based measure for use in research and counseling with Malaysian elderly. This poster should be significant for researchers, counselors and other helping professionals engaged in cross-cultural work. Handouts will be provided.

**Saturday, March 23, 2013**  
**11:30 a.m. - 12:00 p.m.**  
Program ID #659, Convention Center Expo Hall, **Poster Area 16**

**The CACREP Accreditation Process: Developing an Assessment Plan of Student Learning Outcomes and Program Objectives**  
30-Minute Poster Session, Advanced  
*David R. Brown, Mark S. Parrish*

Seeking CACREP accreditation is important for many counselor education training programs. Regardless if a program is currently accredited or seeking accreditation for the first time, the transition to the 2009 CACREP standards has presented a challenge to many programs. This poster seeks to assist counselor educators in the development and implementation of a systematic and comprehensive assessment plan of student learning outcomes and program objectives. Examples will be provided, as well as helpful hints from presenters who have recently experienced the CACREP accreditation process.

**Saturday, March 23, 2013**  
**12:30 p.m. - 1:00 p.m.**  
**Chi Sigma Iota Sponsored Session**  
Program ID #660, Convention Center Expo Hall, **Poster Area 1**

**Going Global: Engaging CSI Members Across International Communities**  
30-Minute Poster Session  
*Christina Harrell, Brandon J. Wilde, Nicole Bontrager, Mae Mercadante*

Engaging chapter members globally is a focus of the Alpha Sigma Chi Chapter at Adams State University (ASU). Our chapters’ unique efforts in engaging counselors-in-training residing internationally has presented challenging, but exciting opportunities to advocate for counseling practice beyond the scope of the traditional chapter meeting. Using the Wimba virtual classroom environment, community engagement planning, efforts, and impact can span the global reach of professional counseling while fostering cultural competency among all students.

**Saturday, March 23, 2013**  
**12:30 p.m. - 1:00 p.m.**  
**Chi Sigma Iota Sponsored Session**  
Program ID #661, Convention Center Expo Hall, **Poster Area 2**

**Child Sex Trafficking in Southeast Asia: Implications for Counselors**  
30-Minute Poster Session  
*Catherine Tucker, Stephanie Collins, Sabrina Nelsen, Brittany Catania*

Human trafficking is a major global mental health concern. In spite of its long history, little is known about the mental health implications of trafficking. Indiana State University counseling students are travelling to Southeast Asia to meet with professionals involved in helping children leave forced sex work and cope with the aftermath. This poster will present information about the scope and impact of human trafficking, both in Southeast Asia and the U.S.
Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
IAAOC Sponsored Session
Program ID #662, Convention Center Expo Hall, Poster Area 3
Let's Talk Gestalt: A Holistic Approach to Substance Abuse Treatment
30-Minute Poster Session
Todd F. Lewis, Christina M. Rosen
Gestalt theory and therapy offers an exciting and comprehensive alternative to substance abuse treatment. Based on counseling the whole individual, Gestalt methods help clients addicted to substances correct disrupted "cycles of experience" so that they can establish healthier contact with the outside world. Through Gestalt methods, clients gain insight into how they act upon their urges to use with limited awareness. Gain knowledge of key Gestalt concepts related to substance addiction treatment and leave with a bevy of strategies that they can leave with immediately and apply in their practice.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #663, Convention Center Expo Hall, Poster Area 4
Power Intervention for Addictions Counselors
30-Minute Poster Session
Jim Reynolds, Mindi Raggi
Counselors treating clients with addictions need to be informed and well-trained in both case conceptualization and addiction recovery. This poster will introduce counselors to a useful set of clinical skills for conceptualizing addictions, as well as the development of individualized interventions that are appropriate and relevant for each individual client.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #664, Convention Center Expo Hall, Poster Area 5
Ecopsychology: The Sustainable Counselor and Client
30-Minute Poster Session
Amanda Marie Thomas-Evans, Jamie S. Carney, Victoria Kress
Responding to socio-cultural, political, economic and psychological trends, the discussion of sustainability, as it relates to the counseling profession is timely. One method to address sustainability in the profession is through ecopsychology the idea that there is indeed a relationship between the Earth, environment and personal satisfaction. Counselors can respond by exploring their professional practices, integrating sustainability into client treatment through the use of green materials, and exploring the self as it relates to the larger world and by accessing community resources. See current trends in sustainability, specifically how this relates to counselors as a professional and practitioner.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #665, Convention Center Expo Hall, Poster Area 6
Gender Identity and the DSM-5
30-Minute Poster Session
Robyn Brammer, Emily Faust
The DSM-5 contains numerous changes from its predecessor. The changes regarding gender identity are profound and far reaching. This poster depicts the key diagnostic alternations, how they may impact clients, and potential ethical concerns. It also provides results from a national study (N=336) for people with gender variance. Members of this community have significant concerns about the DSM-5, and their voices will provide counselors with necessary information. Issues regarding children, adolescents, and adults will be presented.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #666, Convention Center Expo Hall, Poster Area 7
Underidentified and Underserved: What Counselors Need to Know About Homeless Students and the McKinney-Vento Act
30-Minute Poster Session
Carrie VanMeter, Kerrie R. Fineran, Megan Mahon, Christie Jenkins

Homeless youth in schools is a growing concern. With the number of homeless students on the rise, the need for increased awareness and utilization of the McKinney-Vento Act is evident. The purpose of this poster is to educate counselors on granted rights for these students, requirements for schools, and available funding to support efforts to “stabilize the educational experiences of homeless students”. The presenters will address the barriers experienced by homeless students and the resulting implications. Leave with more insight on homeless youth in our schools, information on the McKinney-Vento Act, ways to obtain funds to support efforts, and programming ideas.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #667, Convention Center Expo Hall, Poster Area 8

Using the Counselor Feedback Training Model (CFTM) to Teach Counseling Students to Effectively Give and Receive Feedback
30-Minute Poster Session
Jacqueline Swank, Shannon Natalie McCarthy

Within the counseling profession it is paramount that counselors develop and maintain a strong skill set in effectively giving and receiving feedback. This poster presents the results of a study that examined the effectiveness of using the counselor feedback training model to teach counseling students how to effectively give and receive feedback.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #668, Convention Center Expo Hall, Poster Area 9

Promoting Cultural Competence: Results of a Study Comparing Multicultural Training Models
30-Minute Poster Session, Advanced
Donna Joy Dockery, Mary A. Hermann

Developing multicultural counseling (MC) competence is a challenge for both clinicians and counselor educators as limited evidence exists regarding the effectiveness of MC training. Results of a quantitative study comparing the most common MC training formats will be shared, including implications for enhancing MC competence. Recommendations regarding effectively incorporating MC and social justice issues will be presented and the advantages and limitations of different training formats will be discussed. Participants are encouraged to share their experiences, recommendations, and concerns regarding how to best improve MC competence with both practicing and pre-service counselors.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #669, Convention Center Expo Hall, Poster Area 10

The Role of Spirituality in Individuals With Dissociative Identity Disorder
30-Minute Poster Session
Chastity Hope Bell

Dissociative Identity Disorder (DID) has been known by many names over the years, and famously portrayed (however unrealistically) through movies and the media. Despite the Hollywood image, this population remains largely unstudied through means other than individual interviews and case studies. The history of DID and spirituality will be explored, as well as findings from a current study on spirituality as a coping mechanism for those with DID.

Saturday, March 23, 2013
12:30 p.m. - 1:00 p.m.
Program ID #670, Convention Center Expo Hall, Poster Area 11

Art Therapy and Music Therapy in Addiction Counseling
30-Minute Poster Session
Elizabeth Minehart, Dana Pianowski
Learn how to create dynamic counseling sessions with your clients using art and music therapy techniques specific to addiction counseling. Regardless of whether you work with individuals or groups, you will be inspired to include creative techniques into your counseling style. Specific techniques include drawing, collage, mask-making, drumming, lyric analysis, improvisation instrument playing.

**Saturday, March 23, 2013**
**12:30 p.m. - 1:00 p.m.**
Program ID #671, Convention Center Expo Hall, **Poster Area 12**
**Educators' Experiences of a Mindfulness-Based Intervention Program: A Promising Strategy for Addressing Burnout**
30-Minute Poster Session
Jennifer E. Sharp
The purpose of this poster is to present my dissertation research and connect the research findings with counselor educators’ teaching practice. My research explored the impact of a stress management and burnout prevention training provided to K-12 school personnel. The intervention, called Cultivating Awareness and Resilience™ in Education (CARE), provides skills training in mindfulness meditation, stress management, and self-care practices. My research explored how educators integrate the practices introduced throughout the CARE program (e.g., mindfulness of breath, scanning the body for tension, cultivation of positive feeling states) into their professional and personal lives.

**Saturday, March 23, 2013**
**12:30 p.m. - 1:00 p.m.**
Program ID #672, Convention Center Expo Hall, **Poster Area 13**
**Student Entitlement: Issues and Interventions for Counselors in Educational Settings**
30-Minute Poster Session
Jason Kushner, Gary Szirony
This poster provides a set of recommendations for school and college counselors working with adolescents exhibiting entitlement behaviors. Based on studies investigating how factors involved with feelings of entitlement in young adults influence performance behavior, development, and adjustment to college, interventions are discussed to support empirical findings that indicated entitlement feelings were negatively related to overall behavior and adjustment.

**Saturday, March 23, 2013**
**12:30 p.m. - 1:00 p.m.**
Program ID #673, Convention Center Expo Hall, **Poster Area 14**
**Clergy Families: The Helpless Forgotten’s Cry for Help Answered Through Reality Therapy**
30-Minute Poster Session
Michelle Aulthouse
Many studies have been completed on clergy families providing results that suggest that the families experience numerous stressors, such as lack of social support/network, lack of self-worth, intrusiveness, time demands, and mobility. However, there is little evidence that anything has been done to help address this problem. The purpose of this poster is to inform you through current research about the need for counseling services in clergy families and to propose a quantitative research study that will measure the effectiveness of a created Triangular Reality Therapy counseling model that will help meet clergy families’ needs and increase their quality of life. Come explore an innovative way to answer the clergy family’s cry for help.

**Saturday, March 23, 2013**
**12:30 p.m. - 1:00 p.m.**
Program ID #674, Convention Center Expo Hall, **Poster Area 15**
**Anxiety, Stress, and Well-being: 7 Important Ways Mindfulness Can Help You and Your Clients**
30-Minute Poster Session
Cheryl Fulton
This poster will cover current research on the role of mindfulness related to counselor well-being and counseling performance factors such as empathy, attention, compassion fatigue, and self-efficacy; and client outcomes related to psychological well-being, anxiety, depression, and health behaviors. Results from the presenter’s research on mindfulness and counselor empathy and anxiety will be provided. Learn how mindfulness impacts the brain and its
role in emerging mindfulness-based counseling approaches such as Acceptance and Commitment Therapy, Mindfulness Based Cognitive Therapy, and Dialectic and Behavioral Therapy.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #676, Convention Center Expo Hall, Poster Area 1
The Experiences of Graduate Students Learning about Professional Advocacy
30-Minute Poster Session
Catharina Y. Chang, Caroline O'Hara, Natalie K. Grubbs, Jennifer Smith, Peeper McDonald, Lindy Parker, Kimere Corthell
This poster will present various activities that our graduate students have engaged in that promote professional advocacy. We will discuss the structure of a class on leadership and advocacy that all doctoral students must take the first three years of their program of study.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #677, Convention Center Expo Hall, Poster Area 2
Culture Counts: A Cultural Immersion Experience for School Counselors
30-Minute Poster Session
Marisa Morrison, Kelli Jo Arndt
Promoting multicultural and international learning is critical to the University of Dayton's commitment to excellence and to future school counselor's success. Therefore, a study abroad component was added to the curriculum in order to prepare students for participation in an increasingly global economy and society. This poster will describe firsthand what it feels like to be immersed in another culture; i.e. how it feels to be in a minority, struggle to communicate, try to understand a different educational system, and navigate a foreign country.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
NCDA Sponsored Session
Program ID #678, Convention Center Expo Hall, Poster Area 3
The Predictive Validity of Different Scoring Methodologies in Career Interest Inventories
30-Minute Poster Session, Advanced
Stephanie T. Burns
Do you give career assessments as a licensed school or mental health counselor? Do you teach about career assessments as a counselor educator? Do you know how those career assessments obtain their scores? Do you know if those assessments were created and scoring rubrics developed to value diversity? Learn about new research in the psychometric scoring properties of career assessments as part of the presenter’s dissertation research. The poster will discuss the history of career assessments, how current career assessments are scored, and how a different psychometric scoring procedure can enhance outcomes and offer more robust narrative assistance to clients while at the same time valuing diversity.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #679, Convention Center Expo Hall, Poster Area 4
Using Radio to Disseminate Health-Related Information to Low-Income Latinos
30-Minute Poster Session
Graciela L. Orozco
Given the low educational levels and high rates of uninsured Latinos, it is imperative to connect this population with programs that address critical issues such as depression, anxiety, and other mental health concerns in order to improve their overall health and well-being. Media, especially radio because it is low-cost and highly listened to, can play a key role in reaching and informing underserved Latinos. This poster presents original research based on content analysis methodology that focused on the quantity, quality, and relevance of health-related information on commercial Spanish-language radio in a large metropolitan city. Findings point to how radio is underutilized as a public service medium on health topics.
A Study of the Relationship Between Mindfulness and Posttraumatic Stress Symptoms Among First Responders
Brian Andrew Chopko
Mindfulness-based treatments, supported by theory, are increasingly being used to treat posttraumatic reactions. However, the validity of past research on this topic has been questioned, especially due to ill-defined aspects of mindfulness being examined. Considering that first responders are frequently exposed to potentially traumatic events and few studies have examined mindfulness among this population, further clarification is needed. This poster will explore original research examining police officers exposed to traumatic events and clearly defined aspects of mindfulness related to improved mental health outcomes. Specific strategies to implement in practice will be discussed.

Counselors’ Experiences Using Motivational Interviewing and Cognitive Behavior Therapy
Melanie M. Iarussi, Cynthia J. Osborn
Recent research highlights the synergistic effects of combining motivational interviewing (MI) and cognitive behavior therapy (CBT) to address a range of client problems in varied counseling settings. This poster will present the findings of a hermeneutic phenomenological investigation of six licensed counselors’ experiences using these two evidence-based practices in combination with a select client. Learn about the research base supporting the use of MI+CBT and the findings of the current study that focused on client and counselor speech. The resulting five main themes and corresponding sub-themes provide implications for practicing counselors and counselor educators.

Characteristics of Counselors Who Advocate in Their Professional Role
In recent years the counseling profession has noted social and professional advocacy a priority. In 2003, the American Counseling Association adopted Advocacy Competencies to both provide guidance and hold counselors accountable to their ethical obligations in working with clients. While social and professional advocacy have become highly valued within the profession, the amount of participation in these forms of advocacy is often unclear. There is currently little that is known about the characteristics of counselors who do advocate in their professional role. This poster will introduce findings from a study that explored what counselor’s beliefs are regarding advocacy, in combination with their actions and behavior.

Human Development and Attachment Theory: Maturation of Attachment Relationships Throughout the Lifespan
Nicole A. Adamson, Emily C. Campbell
In this study, classic and modern Attachment theory was blended with family systems theory in order to identify ways in which attachment between family members affects a child. Three surveys were administered to college students at an urban university in order to measure their attachment with the parents, their parents’ attachment with one another, and their attachment in current romantic relationships. Results were calculated using bivariate
correlations and regression analyses to find that attachment between the adult caregivers does affect the attachment style of the child, which persists throughout development.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #684, Convention Center Expo Hall, Poster Area 9
The Epigenetic-Developmental Perspective and How it Influences Client and Counselor Dyad
30-Minute Poster Session
David Jones
Epigenetics is a nascent science operationalizing the interaction between the genome and the environment. This is an expansion of the developmental model and eco-biological model engendering a more robust client conceptualization. Additionally, epigenetics generates additional hope for change in the therapeutic setting. Finally, this information advances the call for counselor advocation because of the impact of inequalities on mental health.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #686, Convention Center Expo Hall, Poster Area 11
If A Tree Falls in the Forest, Does a Member of Congress Hear It?: What Research Shows Works, and Doesn't, in Contacting Your Federal Legislators
30-Minute Poster Session
Scott Barstow, Art Terrazas, Jessica Eagle
Despite what you may think, members of Congress do listen...at least sometimes. The problem they have is that there’s so much to listen to! Find out what researchers have learned—and what Capitol Hill staff have said—about what congressional offices do and don’t respond to when it comes to constituent contacts. Whether you want to advocate on behalf of the counseling profession (and we hope you do!) or be more effective when you speak up on other issues, following a few simple tips can dramatically increase your chances of being heard.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #687, Convention Center Expo Hall, Poster Area 12
Enhancing Career Adaptability: The Contributions of Personality, Interests, Efficacy and Social Support
30-Minute Poster Session, Advanced
Courtney E. Gasser
To help diverse career transitioners, practitioners and researchers need to be knowledgeable about career adaptability. Identified as a primary component to career construction by Savickas (1997), adaptability reflects coping. The Career Futures Inventory-Revised (CFI-R) was developed to measure career adaptability (Rottinghaus, Buelow, Matyja, & Schneider, 2012), yet further exploration of the measure is needed. Therefore, the relationship between constructs measured by the CFI-R and measures of decision-making self-efficacy, personality, career interests, and social support is examined in a sample of 176 adults (75% women and 61% people of color). With this understanding, counselors can be better poised to help with career transitions.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #688, Convention Center Expo Hall, Poster Area 13
Using e-Portfolios for Professional Identity Development
30-Minute Poster Session
Linda Autry, Jeff Moe
E-Portfolios are an established technology that can be effective in facilitating the development of a coherent and personally meaningful professional identity for counselors across practice settings and career phases. A brief overview of the use of e-portfolios along with best practices for designing and implementing e-Portfolios will be presented based on critical review of the available literature in counseling and other disciplines. The presenters’ applied experiences with e-Portfolios, along with the benefits, limitations, and future directions will be discussed. Learn how to use e-Portfolios for professional identity development, and elements of and tools available for the creation of e-Portfolios.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #689, Convention Center Expo Hall, Poster Area 14
**From the Students’ Perspective: Insights and Advocacy for School Counselors in Alternative Education**
30-Minute Poster Session
*Christopher Slaten, Hayley Hughes, Zach Elison*

Youth across the country are increasingly finding themselves in situations and circumstances that make it difficult for them to succeed in formalized education. The proportion of educationally disadvantaged youth is rising and the intensity of the disadvantage is climbing as well (Pasco, 2003). School counselors and counselor educators play a significant role in helping students engage academically by instilling hope and fostering a sense of belonging. This qualitative study investigates the experience of educationally marginalized youth in alternative settings. Using Consensual Qualitative Research, preliminary results suggest that there are three emerging domains that youth believe are salient to education: community, freedom, relationship

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #690, Convention Center Expo Hall, Poster Area 15
**Knowing Myself…Caring Myself: A Spiritual Group for Muslim Female Adolescents in Malaysia**
30-Minute Poster Session
*Siti Rozaina Kamsani*

Using the concept of Usrah and resilience education module is helpful in addressing the development of religious identity, self-concept and resiliency among Muslim female orphan adolescents in Malaysia. The original module is based on the western culture and the module modification is necessary based on the Malaysian culture and target population. The presenter will offer insight regarding the group design, module modification and implementation. Additional implications for practitioners will be discussed for the caregivers, the counselors and the principals working with orphan adolescents. Discuss the designing group work for this specific population.

Saturday, March 23, 2013
1:30 p.m. - 2:00 p.m.
Program ID #691, Convention Center Expo Hall, Poster Area 16
**Examining the Impact of Graduate Interns on the Academic and Social/Emotional Outcomes of High Risk College Freshmen**
30-Minute Poster Session
*Blaire Cholewa, Marius Stanca*

Unfortunately university budgets have been impacted by economic downturn, thus affecting the services available to many high risk undergraduates. However, there is a promising solution that can increase visibility of Counselor Education Departments and potentially improve university retention rates. This poster presents an exploratory research study examining the impact of a collaboration between a Counselor Education Department and student services to increase direct services to under-prepared college freshmen. Specifically, the academic and social/emotional outcomes of students receiving counseling from graduate counseling interns are compared to those who did not. Implications, limitations, and future research will be discussed.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
**Chi Sigma Iota Sponsored Session**
Program ID #692, Convention Center Expo Hall, Poster Area 1
**Statewide Advocacy and Leadership: A Model for Networking and Collaboration for the Counseling Profession**
30-Minute Poster Session
*Angela Cameron, Jake J. Protivnak, Kelly Gorman*

Counselors need to embrace advocacy of the profession. By advocating for mental health, college, and school counselors legislators will begin to understand the benefits the profession has in society. In order to communicate this need to upcoming professionals, the CSI Eta Chapter has designed an Advocacy and Leadership Summit to bring together CSI members and new professionals throughout Ohio, learn the basics of advocating for the profession, and gain beneficial leadership skills.

Saturday, March 23, 2013
Chi Sigma Iota Sponsored Session
Program ID #693, Convention Center Expo Hall, Poster Area 2
Enhancing and Promoting Leadership
30-Minute Poster Session
Kate Ross, Brett Zyromski, Susannah Coaston
Chi Sigma Iota (CSI) reflects the achievement and commitment of dedicated members. Members promote the standards and values of the Society, thereby representing strong leadership within the counseling profession. Leadership can be a daunting prospect for counselors-in-training; this poster offers strategies for identifying leadership qualities and encouraging participation in leadership opportunities. The 10 Principles and Practices of Leadership Excellence are used to illustrate and apply characteristics of strong leadership and recommendations for enhancing these abilities.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #694, Convention Center Expo Hall, Poster Area 3
The Relationship between Adverse Childhood Events, Resilience, and Substance Dependence among a College Freshman Population
30-Minute Poster Session
John M. Laux, Holly Scott, Christopher Roseman, Nick Piazza
Childhood adverse events (parental divorce/separation, financial, legal, or employment problems, mental or medical illness, drug/alcohol use, suicide attempts/completion, and death, physical, sexual, or emotional abuse) are associated with substance use and dependence. Resilience is believed to be a moderating variable between adverse childhood events and the onset of substance use. This study tests this hypothesis and offers insights about methods counselors can use to creatively work with substance abusing college students whose history includes experiences of childhood adverse events.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #695, Convention Center Expo Hall, Poster Area 4
Understanding the Experiences of Pregnant and Parenting Teenagers
30-Minute Poster Session
Natalie K. Grubbs
This poster will offer a unique perspective of the problem of teen pregnancy by providing results of a study that focused not on the consequences of teen parenthood, but on the perceptions and experiences of actual teenagers who are pregnant or already raising children. The poster will include an introduction of the problem of teen pregnancy, explain the method and results of the presenter’s study and implications for counselors, especially school counselors. With the target audience being school counselors and/or clinicians who work with adolescents, the poster will include suggestions of ways practitioners who work with this population can address its unique set of concerns and challenges in and outside of school.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #696, Convention Center Expo Hall, Poster Area 5
The Process and Strategies LGBTQ Students Employ to Establish an Informal, School-Based Mentor in High School
30-Minute Poster Session
Molly Mulcahy, Jered Kolbert, Laura Crothers
The poster will review the findings of a qualitative study that examined the process and strategies LGBTQ students use to establish a school-based, informal mentor during high school. The study also examined LBGTQ students’ perceptions regarding the essential qualities of such mentors and the benefits of the relationship. The implications for counseling LGBTQ students and consulting with school based personnel will be discussed.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #697, Convention Center Expo Hall, Poster Area 6
Harnessing the Power of Social Networking Sites: Incorporating Facebook Into Therapeutic Work With Adolescents
30-Minute Poster Session
Lucy Lewis, Edward Wahesh
Facebook is an important communicative medium for adolescents; however, counselors have not begun to leverage the potential that Facebook has as a creative assessment and intervention tool with adolescent clients. Given the large overlap between adolescents’ poster in their online and offline worlds, counselors can utilize Facebook as a way to increase client commitment to treatment by incorporating a new technology that is a part of their daily life. Examples of how counselors can utilize Facebook in their work with clients to improve engagement in the counseling process, as an assessment tool, and as a behavioral intervention will be presented along with relevant ethical considerations.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #698, Convention Center Expo Hall, Poster Area 7
The Relationship Between Supervision, Role Conflict, Role Ambiguity and School Counselor Self-Efficacy
30-Minute Poster Session, Advanced
Daniel Cinotti
The results of a dissertation study of practicing school counselors examining the relationship between aspects of supervision and self-efficacy will be discussed. Satisfaction with supervision, the presence of noncounseling supervisors, role conflict, and role ambiguity were examined in relation to school counselors’ feelings of self-efficacy. The study also included previously established individual factors related to school counselor self-efficacy including age, gender, years of experience, teaching experience, and training and use of the ASCA National Model. A multiple regression was used to create a predictor model for school counselor self-efficacy using these supervisory and individual factors.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #699, Convention Center Expo Hall, Poster Area 8
Facilitating the Therapeutic Connection: A New Model of Empathy
30-Minute Poster Session
Hannah B. Bayne
Empathy has long been considered an essential component of the therapeutic relationship, yet multiple definitions and lack of clear operational constructs have kept it as a vague and difficult process to understand (Clark, 2010). A more nuanced understanding of empathy can help counselors better apply it in their practice, thus enhancing the therapeutic alliance and client outcomes. This poster will present findings from a grounded theory study on empathy, which resulted in a model of conditions that can either restrict or facilitate empathy, as well as a new way of viewing levels of empathic connection. Copies of the model will be available, as well as an opportunity to explore how it applies to clinical scenarios and counselor training.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #700, Convention Center Expo Hall, Poster Area 9
Inadequate or Inappropriate: Counseling Intervention to Asian Survivors of Natural Disaster in Ecological Perspective
30-Minute Poster Session
Ching-Chen Chen, Shu-Chung Chen, Chia-Liang Dai
Research shows that the barriers and limitations on working with Asian survivors of natural disasters. From social justice and ecological counseling perspective, the poster will display how counselors’ role in disaster interventions. Alternative healing methods based on Asian survivors’ context and how are counselors trained to respond Asian survivors of natural disasters in appropriate responses will be discussed.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #701, Convention Center Expo Hall, Poster Area 10
A Seat at the Table: Engaging in Interdisciplinary Collaboration With Healthcare Professionals
30-Minute Poster Session
Rebecca Earhart Michel
The presenter will discuss the impact of collaborating with healthcare professionals in order to obtain federal funding for wellness trainings and education. The presenter will highlight findings from an interdisciplinary Evidence Based Practice program aimed to increase wellness and reduce falls among community dwelling older adults.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #702, Convention Center Expo Hall, Poster Area 11
Oakland University’s Adult Career Counseling Center: A Model of No-Cost Career Counseling in the Community
30-Minute Poster Session
Melanie A. H. Popiolek, Stephanie A. Crockett, Stephany A. Elliott
The Oakland University Adult Career Counseling Center functions as a facility for the purpose of offering no-cost career counseling services, facilitating training, and conducting research. This poster outlines the services offered at the Adult Career Counseling Center and the impact on the community, as well as the training that graduate assistant career advisors are able to attain and the effect that training has on their competency as career counselors. Experience first-hand the administration of an informal career assessment, and will be provided with resources to use with their clients.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #703, Convention Center Expo Hall, Poster Area 12
Gender Differences in Career Interest Inventory Scoring
30-Minute Poster Session, Advanced
Stephanie T. Burns
Do you give career assessments as a counselor? Do you teach about career assessments as a counselor educator? Are you aware that outcome differences occur for each gender with the career interest inventories given today? Learn about new research in the psychometric scoring properties of career interest inventories. The poster will discuss the history of career assessments, how current career assessments are scored, and how different psychometric scoring procedures impact predictive validity for each gender.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #704, Convention Center Expo Hall, Poster Area 13
Examining the Developmental Impact of Traumatic Stress in Children: Using Sandtray to Help Healing Begin
30-Minute Poster Session
Michelle Norton
This poster will help both mental health counselors and school counselors have a better understanding of the differences between acute traumatic stress and complex trauma, and how each type can impact and affect children's growth and development. The presenter will discuss various research literature that supports the need for counselors to give consideration to the impact trauma has on the developmental stages in children, especially when choosing intervention strategies and making treatment plans. Learn about the modality of sandtray and how to incorporate this technique into play therapy sessions, with special attention given to working with children who have been exposed to traumatic stress.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #705, Convention Center Expo Hall, Poster Area 14
The Perceptions and Experiences of Elementary School Counselors Collaboration With Community Mental Health Providers
30-Minute Poster Session
Kristen Moran
Collaboration is one role of the school counselor used to enhance services to children. This poster will provide information on a qualitative research study of elementary school counselor’s collaborative experiences with community based counselors. Practical applications will be discussed.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #706, Convention Center Expo Hall, Poster Area 15
30-Minute Poster Session
Isaac Burt, Tiphanie Gonzalez
Some faith-based clients routinely adhere to an ideology called “Giving it to the Lord”. This belief provides clarity and a stress relief to problems encountered in the client’s life. Unfortunately, a number of counselors sometimes struggle with understanding this conviction, and perceive it as a method of avoidance. The purpose of this poster is to provide an understanding of the phenomenon and show similarities this ideal has with cognitive-behavioral strategies.

Saturday, March 23, 2013
2:30 p.m. - 3:00 p.m.
Program ID #707, Convention Center Expo Hall, Poster Area 16
Counselors’ Self-Transformation Experiences in Mindfulness Practice and the Impact of this in the Counseling Process
30-Minute Poster Session, Advanced
Yu-Chieh Lin
This poster aims to explore the self-transformation experiences (e.g. selfless insight, self-compassion, and quiet ego) of the mindfulness practice process and the impact of this on the counselor and the counseling profession.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #708, Convention Center Expo Hall, Poster Area 1
Advocacy Ideas for Acquiring Medicare Reimbursement for Counselors
30-Minute Poster Session
Jessica A. Headley, Stephanie T. Burns, Daniel R. Cruikshanks, Caroline O’Hara, Dalena Dillman Taylor
Are you a counselor working in a mental health setting and would like to be able to counsel clients who have Medicare coverage? Are you a student who would like to work with Medicare clients when you graduate? This poster will help you learn how to advocate individually and/or with a group (your place of employment or CSI chapter) at the federal level so that counselors can work with Medicare clients.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.
Chi Sigma Iota Sponsored Session
Program ID #709, Convention Center Expo Hall, Poster Area 2
Use of Technological Counseling Applications among Masters and Doctoral level Counseling Students towards Enhancing Counseling Proficiencies
30-Minute Poster Session
Adam Fishel, Raul Machuca, George Harrington III
This poster examines knowledge of Master and Doctoral level students and the utilization of technological counseling applications. The results are used to develop a training program oriented towards the increased learning of counseling skills and operation of electronic applications. In advocating for equity and uniform access for all counselors, the survey seeks to understand technological applications usage and how counselors can benefit from counseling application utilization in academic, clinical and personal settings.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.
AARC Sponsored Session
Interested in integrating assessment, research and evaluation into practice? Want to get involved in promoting the counseling profession with outcomes-based research? The Association for Assessment and Research in Counseling (AARC) has grown throughout the last 48 years, expanding the vision, mission, and services to include research and evaluation. As the counseling profession has grown, so has the call for outcomes research, advancement in measurement and assessment, and best-practices research and evaluation. This poster will provide information for practitioners, educators, supervisors, and students interested in learning about current and new AARC initiatives in the areas of research, assessment, and evaluation.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.

Creating, Developing, and Producing the AMCD/CSJ Day of Service
30-Minute Poster Session
Scott A. Brown, Joseph M. Williams, Sherlon Patricia Pack-Brown, Rachael D. Goodman
AMCD and CSJ provide insight to the community engagement and service projects embedded in the ACA conference. The presenters provide insight into the historical practices, volunteerism, and enriched lives of community stakeholders. Please stop by the poster to see how the AMCD/CSJ Day of Service demonstrates putting the multicultural competencies and social justice into practice!

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.

Shyness Types and Technology: University Students' Experiences of Shyness and Use of Technology for Communication
30-Minute Poster Session, Advanced
John L. Rausch, Victoria Giegerich
In this session, techniques involving using Computer Mediated Communication to help the shy develop social skills they could translate into face-to-face communication will be presented. A CBT and gradual exposure approach will be presented. Results from a mixed-methods study will relate shyness symptoms, different types/levels of shyness, Computer Mediated Communication, positive/negative aspects of shyness, being able to express one's real self, and coping strategies. Discuss strategies to use with clients who have shyness concerns, and ways technology may help shy clients become more comfortable with face-to-face interactions.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.

Counseling Couples Survivors of Relational Cancer: Using EFCT Framework to Improve Marital Quality
30-Minute Poster Session
M. Cristina F. Lima, Beatriz L. Kodnovich
Cancer may impact the lives of not only patients, but also spouses, and decrease marital quality. The poster intends to share the experience of a workshop with couples survivors of relational cancer. The topics addressed were awareness of the impact of cancer in the relationship, improvement of communication skills, improvement of intimacy and sex life, and the challenge of finding new meaning in life despite of cancer. It was developed based on Emotionally Focused Couple Therapy. Gain knowledge about the aspects that involve the couples dynamic in face of cancer, be able to identify common dysfunctional patterns of interaction, and become better skilled to work with this population.
**Spirituality as an Insulating Factor Against Non-Suicidal Self-Injury: Research Findings and Counselor Practice Suggestions**

30-Minute Poster Session

*Victoria Kress, Rebecca A. Newgent, Laura M. Mease, Chelsey A. Zoldan*

This poster will address original research, which investigated 14,000 college students’ sense of spirituality as related to non-suicidal self-injury. The study’s findings suggest that a greater sense of spirituality insulates—or protects—college students from engaging in self-injury. Prevention, early intervention, and treatment practice suggestions are provided.

**Saturday, March 23, 2013**

3:30 p.m. - 4:00 p.m.

Program ID #715, Convention Center Expo Hall, **Poster Area 8**

**School Counselors and LGBTQ Youth: A Nationwide Survey of Schools Counselor Educational Needs and Experiences**

30-Minute Poster Session

*Janna L. Scarborough, Kristopher M. Goodrich, Melissa Luke*

Strong evidence exists that LGBTQ students are underserved and at high risk in schools. Only by increasing the knowledge, skills, and awareness of school counselors will they be able to act systematically and effectively address the needs of LGBTQ youth within the complex school environment. In order to design programs for school counselors that reflect their unique roles, it is necessary to learn more about their experiences in working with LGBTQ youth, ideas regarding training needs, as well as motivation and type of training that would be helpful. The goal of the presenters is to share the results of a nationwide study exploring the experiences and identified training needs of Professional School Counselors in working with LGBTQ youth.

**Saturday, March 23, 2013**

3:30 p.m. - 4:00 p.m.

Program ID #716, Convention Center Expo Hall, **Poster Area 9**

**Strengths Promotion in Students**

30-Minute Poster Session

*Jennifer Willis*

Educators, researchers, and parents agree that promoting strengths-based learning can help children develop those areas that are most important to healthy and productive lives. Social Emotional Learning and Character Education both target the development of valued characteristics like the ability to identify and manage emotions, responsible behavior, self-esteem, and decision-making skills, but differ in terms of specific target outcomes. This poster will present a brief introduction to each approach and a closer look at two programs that have been implemented in schools to promote and offer considerations for future research and program implementation.

**Saturday, March 23, 2013**

3:30 p.m. - 4:00 p.m.

Program ID #717, Convention Center Expo Hall, **Poster Area 10**

**Barriers and Facilitators to Mental Health Counseling Services Among Homeless Adults**

30-Minute Poster Session

*Michael Brubaker*

Homelessness is a growing issue in America. Despite the high need for mental health services among this population, there are high percentages of individuals and families who do not receive help. This poster will present the results of a study investigating the relative impact of barriers to care (individual, agency-based, and societal) on mental health service utilization. The impact of other factors including ethnicity, gender, supports, and perceived need will also be presented. You are invited to identify these factors in their own settings and strategize ways to promote counseling for this underserved population.

**Saturday, March 23, 2013**

3:30 p.m. - 4:00 p.m.

Program ID #718, Convention Center Expo Hall, **Poster Area 11**

**Religious Training in Counselor Education Programs: Competencies of Graduates**

30-Minute Poster Session

*Virginia T. Holeman, Janet D. Dean*
Research has suggested that counseling students are not receiving adequate training in order to understand how to incorporate and work with religious factors during counseling. The current exploratory study sought to gain a better understanding of the religious-related competencies that counselor educators teaching in CACREP-accredited programs expected from counseling graduates, and to identify religious-related issues students or clients have presented in practicum and internship settings. Implications for counselor education and supervision are discussed.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.
Program ID #719, Convention Center Expo Hall, Poster Area 12
The Perceptions of Master’s Level Counseling Interns who Work With Traumatized Children Regarding Their Training in Trauma
30-Minute Poster Session
Kim Evelyne Fitzgerald
The purpose of this research study is to explore the lived experiences of master’s level counseling students from CACREP accredited universities regarding their trauma training for a doctoral dissertation. The research questions guiding this study build upon the need for counselors-in-training to be prepared to work in field settings that provide counseling to children who have experienced trauma. What are the lived experiences of counselors-in-training regarding their level of preparedness when counseling children who have experienced trauma? What are lived experiences of counselors-in-training when dealing with trauma triggers?

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.
Program ID #720, Convention Center Expo Hall, Poster Area 13
Ethical Considerations of Rehabilitation Counselors on the Use of the Internet and Social Networking
30-Minute Poster Session, Advanced
Gloria Dansby-Giles, Frank L. Giles
The Commission on Rehabilitation Counselor Certification is one of the few organizations that has developed standards for social networking for its professionals. Even though the guidelines have been developed, the ever changing environment of the internet and emerging client concerns can present ethical challenges. In order to obtain a grasp of the ethical challenges faced by rehabilitation counselors with regard to internet use and social networking in their daily work activities, a survey developed by Lehmann and Crimando (2011) was adapted to obtain information on internet and social networking use by rehabilitation counselors at home, work, at home and work, by cell phone and by ipad/tablet.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.
Program ID #721, Convention Center Expo Hall, Poster Area 14
The Impact of Peers and Parents on Adolescent Drug and Alcohol Use
30-Minute Poster Session
Jeffrey Penick
This study explored the differential impact of peers and parents on adolescent drug and alcohol use with the intent of finding which is more influential. A total of 167 adolescent participants between the 8th and 12th grade were involved in the study. The results indicate that although parents and peers are both influential in adolescent substance use, peer use explained the greatest amount of the variance in measures of adolescent substance use. Developmental perspectives and social learning theory were used to explain results and to provide suggestions for prevention models and techniques.

Saturday, March 23, 2013
3:30 p.m. - 4:00 p.m.
Program ID #722, Convention Center Expo Hall, Poster Area 15
Acculturation, Familial Relationships, and Adolescent Well-Being
30-Minute Poster Session
Bindl Shah, Eunhui Yoon
This Poster is on a research thesis that explores the relationships between Acculturation, Familial Relationships, and Adolescent Well-Being among Mexican American adolescents. Presenters will discuss the importance of familial relationships in adolescents’ well-being, and the current lack of attention to acculturation issues among multicultural
populations. Presenters will discuss innovative strategies to effectively counsel and educate Mexican American populations.

**Saturday, March 23, 2013**
3:30 p.m. - 4:00 p.m.
Program ID #723, Convention Center Expo Hall, **Poster Area 16**

**The Efficacy of MRT with Antisocial Forensic Clients**
30-Minute Poster Session

*Kristin Page, Amy Cummings-Aponte*

With increasing pressure on county and state leaders to reduce costs to taxpayers, it is more important than ever to provide cost-effective options in addressing the increasing cost of crime. Counselors need to be prepared to assist community leaders in providing effective community oriented options in lieu of incarceration, and identifying consumers in need. Regardless what focus a clinician’s work may have, MRT should be available to assist in creating safer communities for us all. This poster will review MRT and its efficacy with various populations focusing mainly on antisocial personality disorders.