Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
ASERVIC Sponsored Session
Wellness Academy
Program ID #101, Convention Center, Room 200
**Meditation for Emotional Wellness**
60-Minute Session, Advanced
*Mark E. Young, Daniel Gutierrez, Abigail Conley*
Meditation has become a part of a number of new wave therapies. Research on its benefits is growing especially because of meditation’s ability to reduce negative emotions, increase positive emotions and to regulate mood. Utilizing the ASERVIC Spiritual Competencies and gaining specific training can help clinicians make informed choices about which clients might benefit and how to ethically assist them to incorporate meditation into their current treatment. Learn and practice meditation during the session.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
For Graduate Students and New Professionals Only Session
Program ID #102, Convention Center, Room 232
**Becoming a Professional Counselor**
60-Minute Session
*Gerald Corey, Jamie Bludworth*
The presenters will address a range of topic related to the challenges of becoming a professional counselor, such as: creating a meaningful professional life; being aware of and managing your personal values; common concerns of beginning counselors; managing personal and professional boundaries; and the importance of self-care. There will be opportunities to raise questions of the presenters.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Counseling Theory Academy
Program ID #103, Convention Center, Room 205
**Empathy and Reflecting Feelings: Brain-Based Practice**
60-Minute Session, Advanced
*Mary Bradford Ivey, Allen E. Ivey, Carlos P. Zalaquett*
Empathy has become a central research topic in both theory and research in neuroscience, showing the increased importance of one of our most central counseling practice concepts. Damasio’s distinctions between basic feelings (sad, mad, glad, fear, surprise, disgust) and social emotions (guilt, pride, and mixed feelings) enrich us with more understanding and precision when we explore client feelings and emotional experience. The session will conclude with concrete suggestions for taking these ideas into interviewing practice.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Presidential Featured Session
Professional Issues Academy
Program ID #104, Convention Center, Room 233
**20/20: A Vision for the Future of Counseling – The Building Blocks To Portability Project**
60-Minute Session
*Kurt L. Kraus, Caroline K. Wilde, Don W. Locke, William F. Green, Carol Buchanan Jones, David Kaplan*
20/20: A Vision for the Future of Counseling—a multiyear initiative involving 31 professional counseling entities—has been working on the Building Blocks To Portability project. This project seeks to facilitate the ability
of counselors to transfer their license when moving to another state. The session will highlight the accomplishments of 20/20 to date, explain the Delphi process being utilized for the Building Blocks To Portability Project, describe the current status of the project, present the next steps, and discuss the implications of achieving licensure portability. Audience reaction will be encouraged.

**Friday, March 22, 2013**
**11:00 a.m. - 12:00 p.m.**
ACA Author Session
Counseling Ethics & Legal Issues Academy
Program ID #105, Convention Center, Room 201
**The Counselor and the Law: Thirteen Tips to Avoid the Bad Luck of a Complaint in 2013**
60-Minute Session
Anne Marie "Nancy" Wheeler, Burt Bertram
The authors of one of ACA’s best-selling books, *The Counselor and the Law*, will provide 13 concrete tips to avoid the risk of lawsuits and licensure board complaints in 2013. The presenters will update attendees on the major legal and ethical issues facing counselors; give “de-identified” examples of real-life situations; offer practical solutions to frequent legal and ethical dilemmas; and discuss how to handle subpoenas and other privacy, HIPAA, and HITECH concerns.

**Friday, March 22, 2013**
**11:00 a.m. - 12:00 p.m.**
NECA Day of Learning
Career Development/Employment Counseling Academy
Program ID #106, Convention Center, Room 204
**YOU NEED OXYGEN FIRST!..Practical Coping Steps for Job Layoff/Unemployment...Road to Economic Resilience**
60-Minute Session
Seneka Arrington, Mary Ann Radebak, Karen Obringer Campbell
Do you remember the instructions airline staff tell passengers in case of an emergency landing? "You need the oxygen first! Take the oxygen first before administering it to your children." I assumed children would need the oxygen first. I realized how much sense this makes. The same principles apply when one has been through a lay off from work or becomes unemployed. Help your clients protect themselves, and to think of themselves first.

**Friday, March 22, 2013**
**11:00 a.m. - 12:00 p.m.**
AMHCA Day of Learning
Human Development Across the Lifespan Academy
Program ID #107, Convention Center, Room 263
**The Impact of Social Media and Communication Technology on the Development of Emotional Intelligence in Counselors in Training**
60-Minute Session
Stephen Brady, Rachel Levy-Bell
Effective counseling requires the demonstration of verbal and non-verbal skills (Brems, 2000). This session will explore how social media and communication technology may enhance and/or inhibit the development and demonstration of these important skills which may be understood broadly as components of emotional intelligence. Please join us as we explore how counselor skills are impacted by social media and communication technology and how to enhance counselor learning.

**Friday, March 22, 2013**
**11:00 a.m. - 12:00 p.m.**
AADA Day of Learning
Clinical Mental Health/Private Practice Academy
College Counseling Academy
Program ID #108, Convention Center, Room 264
**Transitions to College and Right Beyond**
60-Minute Session
This session will allow counselors the opportunity to learn about the various transitions that occur from preparing to college to preparing for the first job after college. The session will focus on various aspects of relationships and family changes to career selection. Come away with a greater awareness and understanding of what young adults are coping with in today's society. Cultural and ethical factors will also be discussed.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
ACC Day of Learning
Clinical Mental Health/Private Practice Academy
Program ID #109, Convention Center, Room 211
Clinically Working with Clients who Engage in Non-suicidal Self-injury: Diagnosis, Diversity, Creativity, and Treatment
60-Minute Session
Kelly L. Wester, Heather Trepal
Non-Suicidal Self-Injury (NSSI) has become a common topic of clinical discussion and research. Although more information about NSSI is known, still so much is left unknown. Specifically, very little is known regarding the effectiveness of outpatient treatment and the correlates to consider when working with clients in treatment. The presenters will discuss factors to consider among males/females and racial/ethnic groups when assessing and treating clients who present with NSSI. The presenters will also highlight the trajectory of clients in outpatient treatment, including factors to consider when conducting intakes, developing treatment goals, and working creatively with NSSI.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
AMCD Sponsored Session
Multicultural and International Counseling Academy
Program ID #110, Convention Center, Room 212
Leadership and Mentoring Dialogues: A Conversation with AMCD Vice Presidents and Regional Representatives
60-Minute Session
Aretha Faye Marbley, Catharina Y. Chang, Lisa Grayshield, Sharon Bowles
The presenters provide personal anecdotes and share lessons learned from their experiences with manmade and nature disasters that uncover the multicultural and ethical considerations that may be present in a trauma situation. The session culminates with an introduction of a multicultural sensitive, crisis mental health service delivery model for addressing the devastating effects of disasters, like Katrina, on schools.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Research Academy
Program ID #111, Convention Center, Room 236
The Operationalization and Validation of Isomorphism in Supervision
60-Minute Session, Advanced
Robert Eric Heidel
Isomorphism is a construct that describes the similarities, overlays, and replications across supervision and counseling. The construct has not been validated or operationalized, occurs on an unconscious level, and is not understood by supervisees. However, isomorphism plays an integral role in how supervision is facilitated. The results of a dissertation study focused on operationalizing and validating the construct will be presented. The 30-item Isomorphism Scale was a reliable instrument, alpha = .89, accounted for 68.65% of the variance, and showed evidence of convergent and incremental validity when compared to Supervisory Styles Inventory, Supervisory Working Alliance Inventory, and Supervision Interaction Questionnaire.
Deviant Sexuality in Children and Adolescents: Concurrent Treatment of Sexual Victimization and Sex Offending Behaviors
60-Minute Session, Advanced
David D. Hof, Julie A. Dinsmore, Douglas R. Tillman
This session outlines a 28-step treatment protocol that provides a uniform and integrated approach to concurrent treatment of sexual offending and victimization behaviors for sexually reactive children and adolescents that can be implemented in both inpatient and outpatient settings. The session includes audience involvement in application of the protocol through case discussion. Learn about barriers to funding for and accessibility of treatment for this population and the need for counselor advocacy.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #113, Convention Center, Room 208

DSM-5: A Report from the ACA DSM-5 Task Force
60-Minute Session
ACA DSM-5 Task Force
The members of the DSM-V Task Force have been appointed by the President and Governing Council to serve the membership of ACA by providing education and dissemination of information related to the upcoming publication of the Diagnostic and Statistical Manual, Fifth Edition (DSM-V) that is useful to practitioners, students, and educators. This session will provide the latest information on the DSM-V, as well as any new information that is released ahead of its anticipated publication in May, 2013. Ask questions about the various changes to the diagnostic criteria.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
LGBTQ Academy
Program ID #114, Convention Center, Room 230

Exploring Ethics and Values in Counseling With LGBTQ Populations
60-Minute Session
Mary Jane Anderson-Wiley, Duane Halbur, Kimberly Halbur
Some recent court cases have challenged the professional counselor’s obligation to adhere to the ACA Code of Ethics when counseling LGBTQ populations. In this session, for both counseling students and professionals, attendees will learn more about these cases and their implications for the profession. They will participate in a brief values clarification activity. Pertinent ethical codes and ways to appropriately resolve value conflicts will be reviewed. Finally, resources for more effectively advocating for LGBTQ populations will be provided.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Program ID #115, Convention Center, Room 231

Neuroscience, Magic, and Counseling
60-Minute Session
Lennis G. Echterling, Jack Presbury
Recent findings in neuroscience have identified principles, such as attention management and change blindness, that magicians exploit to create their illusions. Neuroscientists have also revealed how mirror neurons and oxytocin enhance the impact of magic. In this session, we explore how magicians take advantage of these neurological processes to trick audiences and how counselors can use the same processes to empower their clients. We summarize the neuroscience findings, engage the audience in experiential activities involving magic tricks, and demonstrate techniques that are based on neurological processes that enhance the power of counseling, such as framing, tracking changes, and attunement.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #116, Convention Center, Room 203

Health Care Interpreters: The Invisible Victims of Vicarious Trauma
60-Minute Session  
*Chandra Johnson, Edurne Chopeitia*

This session is an invitation for counselors to enter the world of health care interpreting and explore the mental health risks faced by a growing population of interpreters from countries across the globe. Because these risks are sometimes misunderstood, even by the interpreters themselves, it is important for counselors to understand the nuances that may impact health care interpreters’ emotional wellbeing on the job. This session will provide background information about the process of health care interpreting, explore the mental health needs of multicultural health care interpreters, and propose ways that counselors can intervene at various levels—psychoeducation/prevention, psychotherapy, policy/legislature.

**Friday, March 22, 2013**  
11:00 a.m. - 12:00 p.m.  
*Group Work Academy*  
*Multicultural and International Counseling Academy*  
Program ID #117, Convention Center, **Room 202**  
**The Impact of Structured Group Counseling on Resiliency, Self-Efficacy, and Racial Identity among African American Female Teens**  
60-Minute Session, Advanced  
*LaShonda Fuller*

A range of factors continue to influence the thoughts and behaviors of African American female teens including peer pressure, personal identity, academic achievement, racism, sexism, and classism (Day-Vines et al., 2003; Howard, 2003; Shorter-Gooden & Washington, 1996). As teenage girls struggle with such issues, the potentiality of their self-identity, self-esteem, ability to make healthy choices, motivation to succeed, and overall growth being negatively impacted is great. The results of this study presents the thoughts and experiences that represent a number of African American female teenagers and the need for cultural interventions provided by culturally intentional competent ethical counselors when serving this population.

**Friday, March 22, 2013**  
11:00 a.m. - 12:00 p.m.  
*Child & Adolescent Counseling Academy*  
Program ID #118, Convention Center, **Room 250**  
**The Forgotten Students: Psychosocial Needs of Gifted Youth and Their Families**  
60-Minute Session  
*Susan Rachel Rakow, Kathryn C. MacCluskie*

How does giftedness impact the psychosocial development of children, adolescents, young adults and their families? This session will provide information, case studies, and resources to help school and clinical counseling professionals better understand the unique needs of this population. Case studies will be used to illustrate examples of typical issues and a range of intervention strategies will be suggested. Ample time will be provided for questions and discussion.

**Friday, March 22, 2013**  
11:00 a.m. - 12:00 p.m.  
*Counselor Education & Supervision Academy*  
Program ID #120, Convention Center, **Room 237**  
**Homophobia and Homonegativity in Counselor Education Programs**  
60-Minute Session, Advanced  
*Deborah Jackson, Joan Looby, Harry L. Hawkins*

This session addresses the issue of homophobia and homonegativity among counselors/counselors in training and strategies for addressing these issues among counselors in training prior to professional practice. This session also addresses strategies and opportunities to explore how students' beliefs, attitudes, values and actions may influence their responses to multicultural differences and cultural diversity and to their effectiveness as professional counselors.

**Friday, March 22, 2013**  
11:00 a.m. - 12:00 p.m.  
*School Counseling Academy*
Counseling Ethics & Legal Issues Academy
Program ID #121, Convention Center, Room 238
Using Civil Case Law as a Guide to Legal, Moral, and Ethical Decision Making
60-Minute Session
Richard Joseph Behun
Through an analysis of precedent case law, this session will examine the four elements needed for civil courts to find professional school counselors liable of negligence. Specific focus will be given to the ethical and moral model of conduct and high standard of care required in professional school counselor-client relationships.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Multicultural and International Counseling Academy
Program ID #122, Convention Center, Room 234
Blogging in Bolivia: A Pilot Project to Support Immersion-Based Individual and Group Processing
60-Minute Session
Melia A. Kizer
Short-term study abroad experiences for counseling students offer unique opportunities to develop multicultural and social justice competencies within a shared group experience. Providing structured opportunities for individual and group processing during such immersion experiences is an ethical practice and responsibility of group leaders and a practice that supports group development and cohesion. This session will introduce the use of blogging as a tool to both support individual and group processing and to promote course objectives and competencies. Ethical considerations as well as applications of this technology beyond study-abroad experiences will be explored.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Multicultural and International Counseling Academy
Program ID #123, Convention Center, Room 235
The Influence of the Past on the Present: Understanding the Impact of Historical Trauma
60-Minute Session
Kathleen Brown-Rice, Anastasia Imig
Do you understand the theory of historical trauma? Why do traumas that occurred generations ago still impact your clients today? This session will provide you knowledge regarding the core concepts of historical trauma and how to utilize this theory to meet the unique needs of historically marginalized clients. Specifically, you will be provided with research-based information and effective techniques to utilize when counseling clients and acquire skills to assist you in building the therapeutic relationship with this population.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Presidential Featured Session
Professional Issues Academy
Program ID #124, Convention Center, Room 261
Meet the Candidates for ACA President
60-Minute Session
Bradley T. Erford
Come meet the candidates vying to become the 64th President of the American Counseling Association. This session will provide an opportunity for members to ask questions of the candidates in an open forum and interact in a casual, town hall style atmosphere.

Friday, March 22, 2013
11:00 a.m. - 12:00 p.m.
Counseling Theory Academy
Program ID #125, Convention Center, Room 252
Is the Personal Theoretical? Exploring Counselor Trainees’ Experiences of Learning Counseling Theory
60-Minute Session, Advanced
Allison Hrovat, Melissa Luke
While the importance of theory in counseling is well-documented, less is known about the process through which counselor trainees interact with and acquire theoretical information. To shed light on this, preliminary findings from the presenters’ qualitative analysis of journals written in an introductory theory course will be presented. The presenters will offer a summary of their findings, including the relationship between personal experiences, values and beliefs and theoretical information. Have an opportunity to engage in a discussion surrounding current methods of theory instruction and ideas for alternate approaches based on the findings of this study. Handout with references provided.

Friday, March 22, 2013
2:00 p.m. - 2:30 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #126, Convention Center, Room 252
An Exploration of Body Satisfaction and Spirituality: A Phenomenological Inquiry
30-Minute Session
Juleen K. Buser, Rachael Parkins
This session focuses on a phenomenological research study; nine female participants who professed body satisfaction were interviewed about their body image, spiritual beliefs, and the connection between the two. Females who report body satisfaction represent a unique and clinically valuable perspective; a better understanding of the ways in which some females feel body satisfaction can inform counseling interventions to assist clients with body dissatisfaction. Moreover, a better understanding of the ways in which some individuals view the connection between body image and spirituality can also inform interventions; clients with spiritual beliefs and body image concerns may benefit from addressing the intersection of these topics.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #127, Convention Center, Room 200
The Importance of TLCs: Use of Therapeutic Life Changes to Increase Client Wellness, Therapy Outcomes, and Daily Neurogenesis
90-Minute Session, Advanced
Allen E. Ivey, Carlos P. Zalaquett, SeriaShia J. Chatters, Mary Bradford Ivey
Are you giving your clients a little TLC? Therapeutic Life Changes or TLCs are adjustments you can help your client make in their lifestyle that may significantly impact their therapeutic outcome, reduce the potential to relapse, and positively impact their mental health and physical well-being. In fact, they promote daily neurogenesis (development of new brain cells). In this session you will learn about the top 16 TLCs, including the Big 6, your client can use to facilitate stress management, treatment, and well-being. Additionally, you will learn how to integrate TLCs into counseling, psychotherapy, and coaching and the use of a checklist to facilitate change.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Professional Issues Academy
Program ID #128, Convention Center, Room 232
Is There a Book Within You to be Written?
90-Minute Session
Gerald Corey, Fred Bemak, Rita Chi-Ying Chung, Mark Stebnicki, Robert E. Wubbolding, George Williams, Michelle Muratori, Patrice Moulton, Kellie Kirksey
Invited authors share the joys, self-doubts, struggles, strategies, personal experiences, and rewards of their experiences in writing. Writers are confronted with both internal and external obstacles. Panelists offer suggestions such as: identifying an area of interest; pinpointing a topic to explore; designing a proposal; gathering data; getting started and following through; finding and working effectively with a publisher; the review process; creating a schedule for writing; integrating teaching and practical experience with writing; working with colleagues; testing out ideas; developing a working draft; revising the draft; completing a project; and future revisions.
Presidential Featured Session
Program ID #129, Convention Center, Room 205
The Graduate Student’s Survival Guide: Using ACA Resources to Support Professional Development
90-Minute Session
Nicole A. Adamson, Victoria Kress, Amanda Evans, Dodie Limberg, Chantrelle D. Varnado-Johnson
Members of the ACA Graduate Student Committee will provide counseling students with an overview of the ACA and its resources which can help support students’ professional development. Have an opportunity to join small breakout groups which will focus on various topics of interest to graduate students, and explore topics discussed in the session in greater depth, and will provide an opportunity for professional networking.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Multicultural and International Counseling Academy
Program ID #130, Convention Center, Room 233
Stony the Road They Trod: New Perspectives on Counseling Black Men
90-Minute Session, Advanced
Courtland Lee
African American men face many challenges that impact upon their psychosocial development. Most social and economic indicators for Black men provide a profile of an individual whose development and quality of life are often in serious jeopardy. Professional counselors therefore, are generally confronted with formidable challenges when attempting to intervene in the lives of African American men. This session will help professional counselors develop competency for proactive psychotherapeutic intervention with Black male clients. After an analysis of Black male development in a contemporary sociocultural context and an exploration of issues to consider when counseling Black men, a model for counseling Black men will be presented.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
ACA Author Session
LGBTQ Academy
Program ID #131, Convention Center, Room 201
Counseling LGBT Persons and Their Families
90-Minute Session,
Mark Pope, Joy Whitman, Ron McLean, Anneliese Singh
Working with LGBT individuals and their families is different from counseling heterosexual clients. Students and mature professionals with little experience counseling this population benefit from concrete examples of what LGBT-affirmative therapists tend to say and do in counseling sessions, as well as what they do not say and do. In Casebook for Counseling Lesbian, Gay, Bisexual, and Transgender Persons and Their Families, editors Sari Dworkin and Mark Pope bring together more than 40 experts in this field to discuss assessment and treatment planning with LGBTQQI clients using a case study approach. A panel of contributing authors from the book will share their do’s and don’ts.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
NECA Day of Learning
Career Development/Employment Counseling Academy
Program ID #132, Convention Center, Room 204
Leadership Psychology in Employment Relationships: EAP (Employment Assistance Program) Workplace Nightmares, Employment Counseling Clients, and the Leader-Member Exchange (LMX)
90-Minute Session, Advanced
Thomas W. Ayala
Outgroup is part of an individual’s self-concept, identified by group membership, which regulates the management and adaptation of the group’s value and emotional importance to the individual. The contrast of ingroup and outgroup social identity promotes conflict. Similar examples of outgroups in the workplace are heavily influenced by the leader/supervisor. Social identity theory (SIT) and self-categorization theory (SCT) are used to examine these elements in the workplace, where intergroup relationships take place in an environment of competition, interdependence, economic pressure, and differentiation. In the workplace outgroup individuals have no emotional
capital, decreased energy in the form of collective well-being, and experience minimal power and bargaining authority. Social anxiety and feelings of inferiority are exacerbated by this outgroup form of isolation and withdrawal. Learn the value of quality EAPs to help those living in a sustained environment of relational conflict without adequate coping skills or emotional regulation, outgroup members experiencing intense social anxiety.

**Friday, March 22, 2013**
**2:00 p.m. - 3:30 p.m.**
**AMHCA Day of Learning**
Counselor Education & Supervision Academy
Program ID #133, Convention Center, **Room 263**
**Research in the Swamp: Lessons Learned During an Action Research Project in Community Mental Health**
90-Minute Session
Ellen K. Carruth
During academic training programs, students may be exposed to research methods and strategies, but may finish their training without considering the ways in which research may inform their own practice. This session will highlight the efforts of an instructor-led student research team throughout the process of data collection, analysis, and reporting, and will include discussion of the results of this particular research project. During this project, the research team explored the ways in which state budget cuts impacted the recovery efforts of individuals receiving community mental health services. The team members will provide examples of significant learning regarding their experience, how their experience might impact future professional activities, and how this process could be improved in the future.

**Friday, March 22, 2013**
**2:00 p.m. - 3:30 p.m.**
**AADA Day of Learning**
Counseling Ethics & Legal Issues Academy
Program ID #134, Convention Center, **Room 264**
**Developmental Mentoring for Women in Academic Settings: Ethical Issues, Stage of Life, and Personal Connections**
90-Minute Session, Advanced
Catherine B. Roland, Jane E. Rheineck, Amy Zavadil, Meghan Lehembre
Mentoring, an exciting, challenging endeavor, is a subset of what Counselor Educators can do to enhance students’ professional counseling identity. Personal relationships can allow for mentor and mentee to grow, flourish and add to their lives at each stage/age – and have fun! Ethical boundaries will be discussed through discussion and case study. We will explore the unique issues about mentoring academic women through stages – graduate student through mid-level academic rank, emphasizing ethical and professional responsibilities inherent in that relationship. Relational Cultural theoretical (RCT) constructs fit well with ACA Ethical and Professional guidelines, pertaining to both the professional and developmental growth of the mentee.

**Friday, March 22, 2013**
**2:00 p.m. - 3:30 p.m.**
**ACC Day of Learning**
Program ID #135, Convention Center, **Room 211**
**Ethics in Creativity in Counseling: Preliminary report from the ACC Task Force for Ethical Practice of Creativity in Counseling**
90-Minute Session, Advanced
Stella Beatriz Kerl-McClain, Thelma Duffey, Shane Haberstroh, Heather Trepal
The Association for Creativity in Counseling (ACC - a division of ACA) was founded to promote the use of many kinds of creative, experiential, and expressive approaches and interventions in our work as counselors and counselor educators. We believe that effective and innovative counseling practice demands creativity, and we are proud to encourage it. Currently, ACC has initiated a task force to explore and delineate the issues and ethics involved in the use of play, art, dance, music, and other creative activities used in counseling. This session, presented by four current and past-presidents of ACC, will discuss the preliminary work of this task force.
Evidence-Based Practices Academy
Individual Trauma/Disaster Mental Health Academy
Program ID #136, Convention Center, Room 212
Disasters That Contaminate: Investigating the Emotional Effects of Sheltering-in-Place
90-Minute Session, Advanced
Stephanie Fariss Dailey
Shelter-in-place (SIP) is a widely publicized emergency response tactic for reducing human exposure to hazardous chemical, biological, or radiological agents in the environment. Whereas considerable literature exists regarding the physical safety of SIP, little information is available regarding emotional affects of this voluntary confinement strategy. This session will address this gap by educating the emotional effects of contamination disasters and SIP. Based on current research and findings from a live shelter-in-place simulation in which 48 adults sheltered in an enclosed space for 72 hours. Walk away with a better understanding of how help citizens and their community cope with a SIP emergency.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Child & Adolescent Counseling Academy
Program ID #137, Convention Center, Room 236
Meeting the Unique Needs of Pre-Adolescents: Parent Child Relationship Therapy
90-Minute Session
Kristin Meany-Walen, Kara Carnes Holt, Peggy Ceballos
Preadolescents have unique developmental needs different from those of children and adolescents. During this stage of development, parents report feeling uncertain of how to respond and disconnected from their child. Yet, a healthy parent-child relationship is associated with reducing the risks of anti-social behavior, depression, suicidal ideation, and teen pregnancy. Presenters will use videos, activities, lecture, and powerpoint to present a parenting intervention designed to meet the developmental characteristics of this age group and their parents.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
School Counseling Academy
Program ID #138, Convention Center, Room 207
Children of Immigrants and Refugees: Lessons and Activities for School Success
90-Minute Session
Graciela L. Orozco, Patricia Van Velsor, Ulash Thakore-Dunlap, My Thanh Mac, Erica Saephan
Counselors and teachers are faced with the challenge of understanding and responding effectively to the psychological needs of immigrant and refugee children. Culturally competent school counselors find creative ways for children to safely explore multicultural concerns. This session will help counselors recognize issues faced by diverse children including the stigma associated with help-seeking services, differences in healing beliefs and values, the stress of family separations, and identity struggles. Panelists will share information, lessons, and hands-on activities that school counselors and professionals can use to support the school success of Southeast Asian refugee children and Latino, South Asian, and Chinese immigrant children.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Program ID #139, Convention Center, Room 208
The Clinical Interview: Themes, Variations, and Solutions
90-Minute Session, Advanced
John Sommers-Flanagan, Sidney Shaw
The clinical interview is a cornerstone of all counseling. Counselor constantly use the interview process to engage in assessment and intervention activities. This session integrates positive, strength-based, solution-focused approaches into two common clinical interviewing procedures: the mental status examination and the suicide assessment interview. Using short video clips, demonstrations, and participant interaction, the presenters will offer hands-on guidance for transforming these two traditional clinical interviewing procedures into positive, strength-based interventions. Additionally, specific protocols for conducting mental status examinations and suicide assessment interviewing will be provided.
Success 101: Strategies for Counselors to Improve the Success Rates of African-American Male Students
90-Minute Session
David J. Ford, Jr.
This session will present information on how counselors, from all settings, can partner with male Black Greek-lettered Organizations (BGLOs) at Predominantly White Institutions (PWIs) in order to increase recruitment and retention of African-American males. The session will provide information on how Greek membership has been shown to positively affect student outcomes. It will also present a grounded theory pilot study that examined the impact of membership in BGLOs on the college experiences of African-American male students at a PWI. With guided assistance, you will devise concrete strategies that can be used to partner with male BGLOs in their efforts to mentor African-American males as they attend college.

Preparing Counselor Trainees to Broach Racial, Ethnic, and Cultural Concerns With Culturally and Linguistically Diverse Clients
90-Minute Session, Advanced
Norma Day-Vines
All too often, counselor trainees observe racial, ethnic, and cultural dynamics during their counseling efforts, but struggle to respond effectively to the concerns of their culturally and linguistically diverse clients. This multi-media session addresses strategies that counselor educators can use to help counselor trainees broach or address racial and cultural factors during the counseling process. The Continuum of Broaching Behavior and use videotaped demonstrations, of students' counseling efforts to identify strategies that counselor educators can use in helping counselor trainees understand when and how to explore the client's culture specific concerns, will be presented.

Psychoneuroimmunology and the Mind-Body Connection: Exploring Gerontological Mental Health as a Life Course Phenomenon
90-Minute Session, Advanced
Kathryn Z. Douthit, Karen Mackie
The rapidly expanding population of older adults, many of whom will need mental health services, requires special considerations that include the unique developmental conflicts that arise in late life, social and cultural circumstances that present particular challenges for older persons, and mental health problems that arise from lifelong, cumulative hardship and distress. This session will present a model that details the predominant sources of threat to gerontological mental health and will give special special attention to the literature in the burgeoning field of psychoneuroimmunology and other mind-body connections impacting mental health in late life. Intervention strategies will be discussed.

Assessment of Learning Outcomes in Counselor Preparation: A Review of Methods, Software, and Key Artifacts
90-Minute Session
Carl J. Sheperis, Donna S. Sheperis, Patricia Harris
The assessment of learning outcomes is a critical task for all counselor preparation programs. This session will help prepare you for all phases of the assessment process from the development of measurable outcomes to the analysis
of key course artifacts. Specific attention will be given to a review of software available that may aid in the overall assessment of learning outcomes and the program review process. You will have an opportunity to discuss various methods of data collection and related costs.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Group Work Academy
Program ID #145, Convention Center, Room 251
Permission to Lead: Fifteen Skills Group Leaders Need to Know
90-Minute Session, Advanced
Ed E. Jacobs, Chris Schimmel, Monica Leppma
Want to feel more comfortable leading groups? This session will focus on an active leadership model with emphasis on skills during the warm-up, working, and closing phases of a session. How to engage the members, use your voice, and use exercises more skillfully will be presented. Also, focus will be on specific skills for dealing with difficult situations and members in a group. Skills for drawing out reluctant members, intervening, and controlling the negative member will be presented. Creative skills and techniques will also be included. Many demonstrations of specific group skills will be presented. Skills presented will be useful for all kinds of groups.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Couples & Family Counseling Academy
Program ID #147, Convention Center, Room 238
The Tug of War Child: A Creative Approach to Treating Children Involved in High Conflict Divorces and Custody Disputes
90-Minute Session, Advanced
Ruth Ouzts Moore, Joshua D. Francis, Ann M. Ordway
Each year, many children are referred to counseling due to the divorce of parents. Unfortunately, some of these children have been negatively influenced by parents to gain leverage in custody disputes. Such influence often results in divided loyalties, estrangements, and alienation for the child. Thus, establishing a therapeutic relationship is challenging. This session will discuss the dynamics of high conflict divorce. Experiential activities will demonstrate how play-based techniques and creative interventions can be used in individual and family therapy to enhance emotional ties and family bonding. The role of comprehensive assessment, treatment, advocacy, and multidisciplinary collaboration will be emphasized.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
ACA Counseling in Action Demonstration Series
Military Counseling Academy
Program ID #148, Convention Center, Room 260
Counseling Returning Veterans with PTSD
90-Minute Session
Larry Ashley
In this counseling session the counselor will help the client understand and change how they think about the trauma and its aftermath. The goal is to understand how certain thoughts about the trauma cause stress and make the symptoms worse. The client will learn to identify thoughts about the world and self that are making her feel afraid or upset. With the help of the counselor, the client will learn to replace these thoughts with more accurate and less distressing thoughts. The client will also learn ways to cope with feelings such as anger, guilt, and fear.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Presidential Featured Session
Professional Issues Academy
Program ID #149, Convention Center, Room 206
Publishing in ACA Refereed Journals: Suggestions From the Council of Editors
90-Minute Session
Matthew Lemberger-Truelove, Richard S. Balkin, Caroline Clauss-Ehlers, Thelma Duffey, Ned Farley, Danica Hays, Chris McCarthy, Benjamin Noah, Quinn Pearson, Paul Peluso, E. H. “Mike” Robinson, Catherine Roland, Stephen Southern, Rebecca Toporek, Jerry Trusty, Joshua Watson, Chris Wood, Carolyn Baker

This session is designed to promote writing, research, and scholarship to increase the knowledge base of the profession; to provide the skills needed for successful publishing in ACA refereed journals; and to clarify and demystify the publication process. Guidelines, insights, and practical tips on publishing will be offered by members of the ACA Council of Journal Editors in a question-and-answer, roundtable format. You will have the opportunity to discuss article topic possibilities.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #150, Convention Center, Room 234
Counseling Severely Traumatized Victims: Incorporating Spiritual, Faith, and Religious Issues in Treatment
90-Minute Session, Advanced
Sharon E. Cheston

“Why did God let this happen to me?” Judith Herman, in her 1992 book Trauma & Recovery, states that spiritual and religious issues are the first affected by trauma and last to be resolved. This session provides information about the types of spiritual, religious, faith, and existential issues that arise for severely traumatized clients who experienced interpersonal abuse. The presenter will address different ways of being, understanding, and intervening that can help clients move toward healing. Actual clinical case examples will be presented. Although this content session will deal with the topic of severe interpersonal trauma, generalizing to other types of trauma is possible. Key ethical issues will also be addressed.

Friday, March 22, 2013
2:00 p.m. - 3:30 p.m.
Career Development/Employment Counseling Academy
LGBTQ Academy
Program ID #151, Convention Center, Room 235
Facilitating Career Development Concerns of Transsexual Women and Men During Gender Transition
90-Minute Session, Advanced
Varunee Faii Sangganjanavanich, Jessica Headley

Gender transition is a complex process that entails various challenges, including career development, to transsexual women and men. Counselors are required to be knowledgeable of gender transition in order to create a new paradigm of change in career development services to transsexual clients. The presenters will introduce career development concerns of transsexual women and men during gender transition, current professional and ethical standards and competencies; and practical strategies and resources to assist practitioners in facilitating career development concerns of this population during gender transition. Implications for counselors are discussed.

Friday, March 22, 2013
3:00 p.m. - 3:30 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #153, Convention Center, Room 252
Career Counseling with Undocumented Latino Youth: A Qualitative Analysis of School Counselors
30-Minute Session, Advanced
Cassandra Storlie

The career development trajectory of undocumented Latino youth is irregular and brings unique challenges to school counselors providing career counseling. With the failure of The DREAM Act, undocumented Latino youth continue to struggle in an environment of few career options. As counselors, we are charged with the responsibility to cultivate the career development of all students. This research provides a qualitative analysis of the experience of school counselors working with undocumented Latino youth and provides suggestions for using multicultural career counseling theories with this population. The use of these models may be key that unlocks the door to healthy career development in undocumented Latino students.
3:45 p.m. - 4:45 p.m.
Program ID #154, Convention Center, Room 200
The Top Five Topics in the Counseling Blogosphere: A Panel Discussion With ACA Bloggers
60-Minute Session
Rebecca Daniel-Burke
Did you know that the ACA blogs sometimes receive 1000 hits a day? That means 30,000 hits a month. What has made them so interesting to counselors? Come hear about the ACA blog project. Speak with current bloggers. Our motto is: ACA blogs, written by counselors, for counselors. Maybe you’ll be the next ACA blogger!

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
For Graduate Students and New Professionals Only Session
Program ID #155, Convention Center, Room 232
What Graduate Students and New Professionals Need to Know About Humor in Counseling
60-Minute Session
Samuel T. Gladding
Humor is like a knife. It can be either healing or a hurtful depending on how it is handled. Humor is negatively correlated with violence, worry, and sleeplessness but it empowers, promotes insight, relieves frustration, and helps build relationships as well. Timing and cultural sensitivity as well as direction and intentionality are crucial factors in using humor in counseling. This session will help graduate students and new professionals look at the multiple dimensions of what humor is and when, where, and how it can be used in counseling.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #156, Convention Center, Room 205
Building a Counseling Practice to Sell
60-Minute Session
Anthony J. Centore, Fred Milacci
As counselors approach retirement age, some may wish to sell their practices. Unfortunately, many counselors are finding that their businesses—while they have provided income for many years—are worth little or nothing to potential acquirers. It’s never too early to think about an exit strategy for your business. This session will focus on building counseling businesses that will sell.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
IAAOC Sponsored Session
Program ID #157, Convention Center, Room 233
H.I.R.E. Model for Assessing and Diagnosing Nonsuicidal Self-injury
60-Minute Session
Trevor J. Buser
The H.I.R.E. model was designed to train counselors in assessing key domains of nonsuicidal self-injury (NSSI): History, Interest in Change, Reasons for Engaging in NSSI, and Exposure to Risk. These domains align with the criteria of the proposed DSM-5 diagnostic classification for NSSI. Additionally, the model trains counselors to screen for safety concerns relevant to NSSI, such as severity of self-inflicted harm, concurrent drug or alcohol usage, and addictive features of this behavior for some self-injurers.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
ACA Author Session
Professional Issues Academy
Program ID #158, Convention Center, Room 201
Creating Your Professional Path: Lessons From My Journey
60-Minute Session
Gerald Corey
This session is based on Gerald Corey’s 2010 book *Creating Your Professional Path: Lessons From My Journey*. Topics discussed will include turning points in the author’s personal and professional journey, the counselor as person and professional, developing a personal perspective on counseling theory and group work, becoming an ethical counselor, being mentored and mentoring others, creating a career in counseling, becoming a writer, and self-care. Questions and participation are invited.

**Friday, March 22, 2013**
3:45 p.m. - 4:45 p.m.
**NECA Day of Learning**
*Career Development/Employment Counseling Academy*
Program ID #159, Convention Center, Room 204
**Wellness at Work in the 21st Century: Roadmap to Making Money for Economic Resilience Part I**
60-Minute Session, Advanced
*Michael C. Lazarchick, William S. Fenson*
Hear the latest best facts on change in the Workforce. What is emerging in response to the economic downturn? How is the Labor Market Evolving? What are the Trends? Where are the Jobs? Expect an interactive, lively discussion, jam packed with exciting information. Presenters will entertain the audience while translating complex issues into an easy to understand format while weaving the concept of Wellness and the themes of Making Money and Economic Resilience.

**Friday, March 22, 2013**
3:45 p.m. - 4:45 p.m.
**AMHCA Day of Learning**
*Clinical Mental Health/Private Practice Academy*
Program ID #160, Convention Center, Room 263
**How Clients Can Change Injurious Self-Beliefs, DSM-5 Case Formulations and Treatment Approaches**
60-Minute Session, Advanced
*Gray Otis*
According to research many disorders correlate directly to clients’ shame self-beliefs. The DSM-5 provides added understanding in diagnosing and treating disorders such as trauma, anxiety, and depression which relate to the resolutely help beliefs. Even though some clients seem unresponsive to treatment, counselors can become highly effective in helping individuals understand subconscious shame constructs and then transform them into enduringly beneficial perceptions of self. This session offers a model of case formulations for DSM-5 disorders and integrative treatment approaches for client resilience and interpersonal effectiveness through compellingly constructive self-conceptualizations.

**Friday, March 22, 2013**
3:45 p.m. - 4:45 p.m.
**AADA Day of Learning**
*Human Development Across the Lifespan Academy*
Program ID #161, Convention Center, Room 264
**Becoming Ourselves: Women’s Issues at Midlife and Beyond**
60-Minute Session
*Radha Janis Horton-Parker, Carolyn A. Greer, Jill Dustin*
What do women want – at midlife and beyond? This session will focus on several topics that impact women across the lifespan. First, we will delve into the intricate relationship between spirituality and sexuality in mature women, and will explore how spiritual factors can hinder and/or enhance women’s sexual experience. Next, we will consider the plethora of career issues that may emerge for women at midlife and beyond, including the achievement of a satisfying retirement.

**Friday, March 22, 2013**
3:45 p.m. - 4:45 p.m.
**ACC Day of Learning**
*Wellness Academy*
*Child & Adolescent Counseling Academy*
Program ID #162, Convention Center, Room 211
The Counseling Garden: Nature-Related Activities to Use With Children and Adolescents
60-Minute Session
Jacqueline M. Swank, Sang Min Shin, Rachel Henesy
Nature provides an engaging environment that promotes healing and fosters therapeutic change. This session focuses on the use of gardening and nature activities to promote coping skills, problem-solving skills, and a healthy self-esteem. Learn a variety of nature-related techniques to use in working with children and adolescents. Additionally, the presenter will discuss research related to the use of these techniques with youth.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
ACEG Sponsored Session
Military Counseling Academy
Counseling Theory Academy
Program ID #163, Convention Center, Room 212
Counselors Helping Combat Veterans and Their Families by Doing What We Do Best
60-Minute Session
David L. Fenell
Counselors have unique skills that make them particularly effective in helping combat veterans and their families. However, insufficient attention has been given to the potential positive impact of a developmental, contextual, wellness based, and interpersonal approach to helping. This session is designed to fill this gap. The presenter, a counselor educator and retired Army mental health officer with combat tours in Afghanistan and Iraq, will describe psychological problems encountered by returning veterans along with several current approaches used to help them. Then he will describe how counselors can help veterans and their families using contextual normalization theory, an approach thatcapitalizes on the core skills of professional counselors.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
IAMFC Sponsored Session
Counseling Ethics & Legal Issues Academy
Couples & Family Counseling Academy
Program ID #164, Convention Center, Room 236
Family Counseling: Some Ethical Issues
60-Minute Session
Loretta J. Bradley, Bret Hendricks, Peggy P. Whiting
This session will focus on ethics; such topics as confidentiality, informed consent, death of client, and client will are the focal topics. Using a case study, multicultural and advocacy issues will be discussed as well as implementation of codes of ethics (e.g. IAMFC, ACA). You will have an opportunity to discuss a counseling case. During the discussion, focus will be directed on implementing ethical codes and avoiding ethical and legal dilemmas. Handouts will be provided.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
Program ID #165, Convention Center, Room 207
Clinical Techniques for Managing Suicidal Clients
60-Minute Session, Advanced
Darcy Haag Gnanelllo, Paul F. Gnanelllo
Suicide is the 4th leading cause of death among adults aged 15-54, yet the average amount of time spent on suicide in counselor education programs in less than one hour. This session will provide counselors in all types of settings with concrete, practical information on suicide risk assessment and a 7-step model for intervention with suicidal clients. Participants will be given extensive resources to conduct culturally and developmentally appropriate risk assessments as well as intervention guidelines for making clinical decisions. Walk away with specific skills and strategies you can use immediately in their work with clients.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
Research Academy
Counselor Educators and Local Schools Unite: 'How To's' for Research That Also Provides Service-Learning Opportunities
60-Minute Session
Sue C. Bratton, Dalena Dillman Taylor, Katherine Purswell
Counselor educators are expected to conduct high quality research that results in publication. The current climate dictates that counselors conduct research that results in evidence-based practice. This session provides a step by step guide proven successful in developing effective university-school district partnerships that not only allow counselor educators to carry out cutting-edge outcome research with large sample sizes, but also provides service-learning opportunities for advanced master’s and doctoral level counseling students to obtain experience with historically underserved populations of school-age children. Summaries of outcome studies featuring a variety of quantitative and qualitative research designs will be presented.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
School Counseling Academy
Program ID #167, Convention Center, Room 230
High School Students’ Career Planning: Fostering School Engagement and Hope for the Future
60-Minute Session
Jerry Trusty, Spencer G. Niles, Julie Cerrito
This session will focus on the educational and career planning of high school and college students. Educational and career planning is an important social justice issue. You will learn about various approaches and models of education-career planning. Results from a study of recent high school graduates' perceptions of an Internet-based career planning system will be presented. Participants will share successes and challenges in providing effective career planning, and will brainstorm student/client-focused interventions and system-focused interventions (e.g., school policy changes) toward more effective education-career planning in their counseling settings.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
Multicultural and International Counseling Academy
Program ID #168, Convention Center, Room 231
International Counseling Outreach Effort in Bhutan: Reflections From a Panel of Counselors and Educators
60-Minute Session, Advanced
Lorraine J. Guth, J. Scott Hinkle, Theodore P. Remley, Jr., Howard Kirschenbaum
This interactive session will overview: the history of how the National Board of Certified Counselors International (NBCCI) developed a collaborative relationship with key leaders in Bhutan to bring counseling to the country; the process of organizing the first Thunder Dragon Institute where counselors from the United States went to Bhutan to provide service; and the experiences of members of the delegation who worked to establish counseling in a school, inpatient psychiatric hospital, university counseling center, and women’s center. This session will also showcase cultural considerations and implications for counseling practice and training in Bhutan and the United States.

Friday, March 22, 2013
3:45 p.m. - 4:45 p.m.
LGBTQ Academy
Program ID #169, Convention Center, Room 203
Moving Counseling Forward on LGB and Transgender Issues: Speaking Queerly on Discourses and Microaggressions
60-Minute Session, Advanced
Lance C. Smith
Using a case example, we will explore how the counseling fields’ participation in the discourse of heterosexist dominance fosters microaggressions toward sexual and gender-transgressive minorities. Specifically, we will deconstruct four linguistic assumptions of the discourse of heterosexist dominance: (a) the sex/gender binary, (b) decontextualized disposition language of homophobia, (c) hierarchical disposition language of affirmation, and (d) gendered pronouns. We will also examine how these assumptions influence egalitarian, well-intended counselors to engage in microinvalidations of LGB and transgender clients. Implications regarding more effective practice, training and research will be explored.
Friday, March 22, 2013  
3:45 p.m. - 4:45 p.m.  
Counseling Theory Academy  
Program ID #170, Convention Center, Room 202  
The Personal is Political: Applying Feminist Techniques in Practice  
60-Minute Session, Advanced  
Joanne Jodry, Kathleen ArmstrongMcCleskey  
This interactive session will allow the counselor to learn feminist counseling techniques consistent with feminist theory and feminist principles. This advanced session will allow the counselor, who already has a basic knowledge of feminist counseling theory, to integrate theory and practice. Egalitarian relationships will be discussed in a multicultural context with emphasis on multiple oppressions and privilege and how these concepts can be integrated into potential techniques. A collective discussion will review the vantage points surrounding putting technical constructs to feminist theory.

Friday, March 22, 2013  
3:45 p.m. - 4:45 p.m.  
Clinical Mental Health/Private Practice Academy  
Program ID #171, Convention Center, Room 250  
Obesity is Not New—Addressing it in Counseling is  
60-Minute Session, Advanced  
Judith R. Warchal, Paul L. West  
Counselors can no longer ignore the obesity crisis which affects 35% of adults and 17% of children/adolescents in the U.S. (CDC, 2012). Counselors working with clients who have obesity must address a myriad of issues including behavior change, isolation, depression, low self-esteem, body dissatisfaction, education and job discrimination, family interventions, bullying, and medical illnesses that accompany obesity. To empower clients to make sustained lifestyle changes, counselors must first recognize and acknowledge their own countertransference issues regarding obesity. Session will include opportunity for counselor self-assessment of bias toward obesity.

Friday, March 22, 2013  
3:45 p.m. - 4:45 p.m.  
Program ID #172, Convention Center, Room 251  
Person-Centered Diagnosis and Treatment in Mental Health: A Model for Empowering Clients  
60-Minute Session, Advanced  
Peter D. Ladd  
Clients with mental health conditions are often diagnosed and treated using a strictly medical model of diagnosis, with little input from the client themselves. This session takes a person-centered, holistic approach to diagnosis and treatment, seeing the client as the unrecognized expert on their condition and encouraging their collaboration. This qualitative approach aims to find meaning in the experiences of the client, exploring the reasons behind their feelings and behaviour and taking the whole person into account. Designed to complement DSM assessments, the manual covers several different conditions including ADHD, depression, bulimia, and OCD, as well as mental health 'patterns' such as abuse, bullying, violence and loss.

Friday, March 22, 2013  
3:45 p.m. - 4:45 p.m.  
Multicultural and International Counseling Academy  
Program ID #173, Convention Center, Room 237  
Counseling Transracial Adult Adopted Persons: Diversity and Lifespan Interventions  
60-Minute Session  
Susan Branco Alvarado  
Current estimates indicate that 1 and 6 persons have some connection to adoption. Additionally, adopted persons appear more in youth and adolescent residential and community mental health centers. Counselors working in private practice or in community mental health centers need foundational information to best serve transracial adult adopted populations. This session will provide theoretical knowledge on adoption related developmental tasks, counseling interventions to address these tasks, and case video examples to practice treatment planning. Gain a better understanding to develop effective treatment plans for this population.
Themes in School Counselor Development and Identity
60-Minute Session
Kelly Kozlowski
There are many supervision and developmental models for clinical mental health counselors, all of which are applied and assumed to fit developing school counselors. New supervision models for school counselors have been developed but there has been little research on development models. This session will share unique factors that influence the development of school counselors and how these findings impact the training and supervision of school counselors. Suggestions and sample practices of how to address these unique needs will be shared.

An Ecological Frame of Retention and Attrition of Low-Income Mothers: Strategies and Policies to Improve Services
60-Minute Session
Katy Haynes Owen
Using ecological theory, attrition and retention of low-income mothers in mental health services will be conceptualized. Barriers and benefits specific to this population will be addressed as well as practical steps that professionals can utilize to help retain low-income mothers in mental health services (as well as engaging parents of minors in treatment).

Remediation Planning for a Graduate Students Refusing to Counsel Specific Populations
60-Minute Session
Perry C. Francis
Recent court cases (Ward v. Wilbanks, et. al., 2009 & Keaton v. ASU, 2010) have highlighted that some counseling students are struggling with the concept of how to bracket off their personal values when counseling clients whose values and/or behavior conflicts with their own. In many of these cases, the students are seeking to provide the best care for the clients by not treating them out of fear they might not be competent or that their values may adversely influence the therapy they offer. This session will show how one counselor educator approaches just such a student who has stated in class that s/he would refer a client whose behavior s/he found violated her personal values. It will focus on approaching the student in a nonjudgmental fashion, seeking to offer the student new ways to think while respecting their value system and learning about the values of the counseling profession.

No Place to Call Home: School Counselors' Roles in Ensuring the Success of Students who are Experiencing Homelessness
60-Minute Session
Stacey Anita Gaenzle
Students who are homeless face barriers in their academic, personal/social, and career development that can be addressed by the school system. In particular, school counselors, as advocates and leaders, are capable of developing systemic practices that support the needs of students who are homeless. In this session, the results of a national study
on school counselors’ involvement in interventions and partnership practices to who work with students who are homeless will be described, as well as practical implications for school counselors, counselor educators, and others who work with children and youth who are homeless. Learn the important policies addressing homelessness and learn how to serve students who are homeless.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Multicultural and International Counseling Academy
Program ID #179, Convention Center, Room 200
Transcultural Competency: Preparing Counselors for a Globally Interconnected World
60-Minute Session, Advanced
Courtland Lee, Dione Mifsud
The 21st century has demonstrated that we live in a globally interconnected world. It is becoming increasingly apparent that professional counselors must develop an international perspective on their helping practices. The training of counselors, therefore, must stress the notion that what happens in any one community in any part of the world must be understood within a larger global context. This session will introduce a collaborative training model for preparing counselors to work in a global context. It will also provide a set of transcultural counseling competencies derived from the training model.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
NCDA Sponsored Session
Counselor Education & Supervision Academy
Program ID #180, Convention Center, Room 232
Strategies for the Next 100! A Celebration of Sharing Innovative Teaching Practices
60-Minute Session
Kevin Glavin, Tracy M. Lara, Melinda Gibbons, Jane Goodman, Sunny Hansen, Varunee Faii Sangganjanavanich, Rebecca Toporek, Mei Tang, Mark C. Rehfuss
Celebrate the 100th anniversary of the counseling profession by learning new and energizing teaching strategies to train counselors “to empower diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals” (ACA Governing Council, 2010).

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Presidential Featured Session
Multicultural and International Counseling Academy
Program ID #181, Convention Center, Room 205
The Internationalization of Professional Counseling: Some Suggestions for Counselors
60-Minute Session
Daya Singh Sandhu, Carol L. Bobby
The major focus of this session is to create professional consciousness about the global issues which impact the field of counseling. The problems related to migration, poverty, wars, violence, and rapid technological changes are posing some new and very serious issues for the professional counselors. The newly emerging economic, political, educational, social, and cultural realities also demand mental health professionals to promote social justice and advocacy initiatives worldwide. This session will discuss several different strategies to facilitate the internationalization of the counseling to make it responsive to the changing world.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
For Graduate Students and New Professionals Only Session
Program ID #182, Convention Center, Room 233
What Graduate Students and New Professionals Need to Know About the Current State of Multiculturalism
60-Minute Session
Jo-Ann Lipford-Sanders
This seminar, designed for graduate students and new professionals, will discuss the integration of multiculturalism primarily in the United States. Discussion will include: expansion of the definition of multiculturalism/diversity,
training imperatives, global literacy, social justice, ethical multicultural readiness, self-reflection/action, and outcome-based practice/research. A brief analysis of demographic, social and political changes in U.S. history/culture contextualizes the current focus toward integrative development of an “inclusive normal.” You will be challenged to embrace multiculturalism and diversity as an essential aspect of becoming a competent counselor.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
ACA Author Session
Counseling Theory Academy
Program ID #183, Convention Center, Room 201
Understanding People in Context: The Ecological Perspective in Counseling
60-Minute Session
Ellen P. Cook
The ecological perspective is an integrative, innovative framework for counseling that encourages systematic consideration of personal, contextual, interactive, and meaning-based features of behavior. In this session, Dr. Cook will provide an overview of her new book on this perspective and discuss its implications for future counseling practice, research, and training. Discuss the applicability of these ideas to your own frameworks for counseling practice.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
NECA Day of Learning
Career Development/Employment Counseling Academy
Program ID #184, Convention Center, Room 204
Wellness at Work in the 21st Century: Roadmap to Making Money for Economic Resilience, Part II
60-Minute Session, Advanced
Michael C. Lazarchick, William S. Fenson
How do counselors make money and help their clients find success? What is wellness and how do we stay healthy? Learn the essential ingredients of a successful 21st Century Job Search and the Art of Creating Web Presence. This session invites further exploration of the Wellness concept and further defines the themes of resilience and making money. As the emerging new economy becomes clearer, you will feel entertained while being energized. All your questions will be answered.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
AMHCA Day of Learning
Clinical Mental Health/Private Practice Academy
Program ID #185, Convention Center, Room 263
Culture and Neuroscience: Toward an Integrative Framework for Clinical Mental Health Counseling Practice
60-Minute Session
Linda L. Barclay, Sandra I. Lopez-Baez
Clinical Mental Health Counselors recognize that the greater the cultural distance in the counseling relationship, the more challenging effective clinical practice can become. This session synthesizes relevant principles from neuroscience research with cultural diversity research into an integrative framework for clinical practice. We will use specific case materials to illustrate the application of this framework to clinical assessment, treatment, and the facilitation of effective therapeutic relationships.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
AADA Day of Learning
Couples & Family Counseling Academy
Program ID #186, Convention Center, Room 264
Will you still love me when we’re 64?: Marriage and Family Therapy with Older Adults
60-Minute Session
Christine Moll, Patricia Stevens, Robert Dobmeier
Learn about statistics on aging in America and specifically about those who are coming for therapy. We will explore topics that clients may want to discuss, such as physical, financial, and social issues, spirituality, sexuality, caregiving responsibilities, death, and matters related to the mind and brain. You will be provided evidence-based treatment and assessment that inform best practices in working with this population. There will be an opportunity to reflect on personal comfort levels when discussing issues, such as aging and death. Review current research and have an understanding of available resources related to counseling these clients.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
ACC Day of Learning
Counseling Theory Academy
Program ID #187, Convention Center, Room 211
**Developmental Relational Counseling: An Integrative Model to Conceptualize Relational Growth and Awareness**
60-Minute Session
*Thelma Duffey, Shane Haberstroh*
Learn practical approaches for helping clients navigate relationships and increase their understanding of themselves and others. The presenters will review Developmental Relational Counseling (DRC), an integrative model for working with diverse clients. DRC is founded on Relational Cultural Theory, the Enneagram personality typology, and cognitive and narrative therapies. DRC explores the accuracy of personal awareness and awareness of others, power in relationships, the role of feedback, and distinctive relational styles and their interactions with one another.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Evidence-Based Practices Academy
School Counseling Academy
Program ID #188, Convention Center, Room 212
**CSCORE's Annual Review of Research: Identifying Best Practices for Counseling in Schools**
60-Minute Session, Advanced
*Carey Dimmitt, John C. Carey, Karen M. Harrington*
The Center for School Counseling Outcome Research and Evaluation (CSCORE) provides an in depth review of cutting edge outcome research that practicing counselors can use right now to improve their work in schools. This session is designed to meet the needs of school counselors committed to using evidence-based approaches to enhancing the personal/social, career development, and academic achievement needs of their students.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #189, Convention Center, Room 236
**Getting Started in Disaster Mental Health**
60-Minute Session
*Gerard Lawson, Jane M. Webber, Michael M. Dubi, Karin Jordan, Fred Bemak*
ACA is committed to encouraging and supporting counselors who want to volunteer their time and talent in times of crisis. Disaster Mental Health can be extraordinarily rewarding, but getting a foot in the door can be daunting or confusing. This session is designed to help participants understand the basic requirements to become a disaster mental health volunteer through a variety of care providers (e.g. American Red Cross, Medical Reserve Corps, etc.).

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Chi Sigma Iota Sponsored Session
Wellness Academy
Program ID #190, Convention Center, Room 207
**Social Equality, Social Interest, and Wellness: The Practitioner’s Challenge of Today**
60-Minute Session, Advanced
*Thomas J. Sweeney*
Among the approaches to counseling interventions, one stands out for its appropriateness to promoting social equality, social interest, and wellness. At the turn of the last century, the philosophy, psychology and methods of Dr. Alfred Adler laid the foundation. Its best advocate Rudolf Dreikurs gave practitioners the tools to achieve these lofty goals. This session will highlight the essential elements that contribute to its success and illustrate its applications with children, adults, and older persons. Wellness is one of its ultimate outcomes.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Program ID #191, Convention Center, Room 208
Cyber Grieving: The Role of Social Media In Addressing Grief, Loss, and Complicated Mourning
60-Minute Session
Michael M. Kocet, Amanda K. Brace
Social media has played a significant and influential role in society today, impacting ways people communicate and develop social communities. The use of social media is also witness to what can be called 'cybergrieving.' Through tools like Facebook, Twitter, online condolence books, and virtual memorials, people are expressing their grief in new ways using technology. Clients experiencing complicated mourning may be afraid to turn to traditional forms of help, and due to disenfranchised losses (such as infidelity, suicide, and homicide)will seek out virtual communities and resources online. This interactive session will provide practitioners with tools to assist clients in expressing their grief in healthy ways using social media.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Social Justice Academy
Program ID #192, Convention Center, Room 230
Social Advocacy at the Microlevel: Working With Clients' Racial and Other Prejudices in the Context of Individual Therapy
60-Minute Session
Bailey Price MacLeod
Social justice is considered the fifth force in counseling and has largely been aimed towards advocating for oppressed individuals and groups by creating change in the societal structures that maintain oppression. However, little attention has been given to the need to work with clients, especially those who hold power in society, who express biases and prejudices that may come up in the process of therapy. This session will outline assessment and intervention considerations for counselors to deal directly with clients’ prejudicial attitudes that are informed by social justice counseling, racial identity, and therapeutic dynamics to promote individual and social change.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Military Counseling Academy
Program ID #193, Convention Center, Room 231
Creativity as a Balm for Ambiguity: Using Creative Family Counseling Interventions With Military Families
60-Minute Session
Karena Heyward, Esther Benoit, Katherine M. Hermann, Courtney M. Holmes, Jessica Lloyd-Hazlett
Military life presents a particular set of stressors unique to the military family. Currently, active duty personnel represent a large, continually growing segment of the population. Focusing counseling interventions on the entire family system is crucial in dealing with stressors of the military lifestyle that are tied to each individual family member as well as the integrated whole. With a governmental call for thousands of new counselors, current and effective practices must be discussed in order to promote effective counseling strategies. This session will provide an overview of military family life stressors and provide creative treatment interventions designed to meet the particular needs present for these extraordinary families.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Counseling Ethics & Legal Issues Academy
Program ID #195, Convention Center, Room 202
Counseling Adolescents: How to Proceed When Ethics and Law Collide
60-Minute Session, Advanced
Counseling adolescents can be extremely challenging work. Often cases involving the counseling of adolescents involve controversial issues in which ethics and laws collide. This session will be a working session in which you will critically analyze complicated case studies involving adolescents. Attendees will identify the ethical and legal issues, the potential for the identified ethical and legal issues to conflict with each other, and the determined course of action. Through small group discussions and dialogue within the larger group, the presenters will provide the opportunity to broaden perspectives and learn to analyze such complicated case studies in a more comprehensive manner in the future.

**Friday, March 22, 2013**
**5:00 p.m. - 6:00 p.m.**
Program ID #196, Convention Center, **Room 250**
**Legislative Advocacy: Why, and How?**
60-Minute Session
Scott Barstow, Art Terrazas, Jessica Eagle
Federal policies affect counselors’ ability to practice. Learn what’s happening on the key policy issues facing the profession, and why it is vitally important that counselors become legislative advocates. The session will also explain how to maximize your effectiveness in communicating with legislators. A question-and-answer session with ACA's lobbyists will be included.

**Friday, March 22, 2013**
**5:00 p.m. - 6:00 p.m.**
Multicultural and International Counseling Academy
Program ID #197, Convention Center, **Room 251**
**Institutionalizing the Recruitment and Retention of Doctoral Students of Color**
60-Minute Session, Advanced
Muninder K. Ahluwalia, Kim C. OHalloran, Amanda L. Baden
Although diversity has increased in the United States, White culture continues to be the dominant culture in counselor education. Approximately 90% of counselor educators identify as White American, leaving only 10% of counseling faculty who identify as persons of color. These percentages are disproportionate to the population of the United States and the population of counseling clients. This session will include key themes from the counseling literature on the status of diversity in higher education, a discussion of graduate programs in counseling, and particular attention to doctoral programs in counselor education. Presenters will provide a case example, outline a committee's work, and provide strategies for a more inclusive climate.

**Friday, March 22, 2013**
**5:00 p.m. - 6:00 p.m.**
Multicultural and International Counseling Academy
Program ID #199, Convention Center, **Room 238**
**Research and Training in Counselor's Work With Clients who Live in Poverty**
60-Minute Session, Advanced
Susan Stewart Bray
Increasing economic disparity will likely increase the number of clients living in poverty who are seen by counselors. The impact of social class differences, especially with clients who live in poverty, between counselors and their clients remains under-researched and under-discussed. Information concerning the impact of poverty and other aspects of client identity on the counseling relationship will be discussed. Suggestions for in-class activities and interventions for counselor educators to include social class information throughout the counseling curriculum will be provided. Implications for practice, research, and counselor education will be included.

**Friday, March 22, 2013**
**5:00 p.m. - 6:00 p.m.**
Multicultural and International Counseling Academy
Program ID #200, Convention Center, **Room 234**
**Planning for the Development of Counseling in Slovakia: History, Recent Developments, and Future Objectives**
60-Minute Session, Advanced
Jack D. Simons, Marcela Kepicova
This session will introduce you to the Slovak Republic, one of the youngest countries in Europe with one of the oldest populations. Learn about the development and practice of counseling in the country prior to and after the fall of communism. Presenters will discuss challenges to and recommendations for the advancement of counseling including training programs, and attendees will learn about how to effectively counsel the Slovak people in contrast to their geographic neighbors. Panelists will share both personal and professional views in light of the learning objectives. Handouts with a list of relevant websites, professional organizations, and counseling phrases with their translations in the Slovak language will be provided.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Counselor Education & Supervision Academy
Program ID #201, Convention Center, Room 235
Experiential Learning Abroad as Part of Graduate and Continuing Counselor Education: A National Review
60-Minute Session, Advanced
Olga Rybalkina, Andrea M. Dyben
This session will focus on experiential learning abroad as a means to foster intercultural competencies of graduate counseling students and alumni. Through the findings of a research project, the participants will learn about international immersion experiences offered by graduate programs nationwide. Challenges and opportunities in introducing experiential learning to the curriculum will be discussed. Paths to partnership among the programs interested in developing such projects will be explored. Counselor educators, students, counselors whose international experiences enhanced their cultural competence and those who seek such experiences as a part of continuing education will find the program relevant, informative and stimulating.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
ARCA Sponsored Session
Program ID #202, Convention Center, Room 261
Utilization of Social Media and Social Networking in Job Seeking Skills Training with Persons with Blindness or Low Vision
60-Minute Session
Kelcie Spencer Douglas, Jennipher Wiebold
This session will review traditional job seeking skills models while also differentiating the concepts of social media and social networking. Results of an exploratory study investigating the use of social media and social networking in job seeking skills training for persons with blindness and low vision will be presented, and an innovative job seeking skills training model will be introduced.

Friday, March 22, 2013
5:00 p.m. - 6:00 p.m.
Child & Adolescent Counseling Academy
Program ID #203, Convention Center, Room 252
Cyber Challenged: Working With Adolescents to Survive the Disasters of Rapidly Evolving Technology
60-Minute Session
Thomas Arbaugh, Jr.
Sexting, cyber-bullying, and the misuse of technology can place adolescents at risk for tremendous harm. This session will introduce counselors to the typical ways that teenagers use texting, Skype, social media sites, and the internet, both negatively and positively. Relevant research will be discussed and case examples of ethical dilemmas will be presented for discussion. Audience-initiated conversations grounded in client experiences with cyber-bullying and sexting will be encouraged. This session will help counselors engage adolescent clients in open conversations about technology use that encourage healthy decision-making, positive self-image, and personal responsibility.

Saturday, March 23, 2013

Saturday, March 23, 2013
Verifying A Mathematical Model of the Therapeutic Relationship
30-Minute Session, Advanced
Paul Peluso, Robert Freund, Patricia Diaz, Ashley Luedke
The success of therapy depends on the nature of the therapeutic relationship between a therapist and client. Studies have sought to identify the most essential elements of this relationship. However, the essential elements and the dynamics of how this relationship works are not yet fully understood. Presenters have previously published two articles on the theoretical modelling of this relationship, and will present new findings based on actual videotaped interactions that simulated the therapeutic relationship using a dynamical systems approach, as well as present preliminary findings from actual psychotherapy sessions that have been recorded.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
Couples & Family Counseling Academy
Program ID #205, Convention Center, Room 200
How to Listen so Parents Will Talk and Talk so Parents Will Listen
90-Minute Session, Advanced
John Sommers-Flanagan, Sara Polanchek
Many counseling professionals dread working with parents. This is partly because parents (or other caregivers) often have strong opinions, are picky consumers, and can be very defensive—especially when in the presence of a helping professional. Fortunately, there are a number of key counselor attitudes, strategies, and skills for managing parent defensiveness and helping you help parents become better parents. This session is designed for counseling professionals who work directly with parents. Learn specific strategies for how to exert a positive influence on parents . . . and how to help parents become a more positive influence in the lives of their children.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
AMCD Sponsored Session
Program ID #206, Convention Center, Room 232
Surviving Academia: Strategies for Scholars of Color
90-Minute Session, Advanced
Kimberly Frazier, Courtland C. Lee
The consistent low numbers of minority faculty being granted tenure in academia as well as students of color being granted doctorates is alarming and threatens the future of diversity of counselor educators and students in the profession. Large numbers of minority faculty report stories of lack of mentorship and direction, while being bullied and isolated in academia.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
Presidential Featured Session
Wellness Academy
Program ID #207, Convention Center, Room 205
The Inner Life of the Counselor: Preventing Secondary Stress, Increasing Resilience, and Maintaining a Healthy Perspective
90-Minute Session, Advanced
Robert J. Wicks
One of the greatest gifts counselors can share with their clients is a sense of their own peace. However, they can’t share what they don’t have. By discussing psychological approaches to maintaining inner strength and the prevention of secondary stress the presenter will offer insights into how counselors can maintain a greater sense of perspective and, in turn, extend their warmth to others without losing their own inner fire in the process. Topics will include: limiting chronic and acute secondary stress, developing a self-care protocol, knowing the “voices” we need in one’s circle of friends to maintain balance and passion in life; and how to incorporate the wisdom of mindfulness in one’s self-care efforts.
Keeping Up With The Counseling Profession: Current Issues On The National Level
90-Minute Session
David Kaplan, Scott Barstow, Janis Manalang
ACA wants to help you stay up to date with current issues on the national level. ACA's Chief Professional Officer and Director of Public Policy and Legislation will discuss attempts to discriminate against LGBTQ clients, the new consensus definition of counseling, the latest on the DSM-5 revision, alternative counselor education credentialing, licensure portability efforts, the ACA Code of Ethics revision, the implementation of laws mandating counselor employment and reimbursement for active military and veterans, Medicare reimbursement, the current status of federal funding for school counselors, and other current seminal issues as time permits.

Eating Disorders and Obesity: Assessment, Prevention, and Treatment Essentials
90-Minute Session
Laura H. Choate, Mary Hermann, Kim Hurst, Regine Tallyrand, Heather Trepal
Despite increased awareness of eating disorders and obesity in recent years, rates of body dissatisfaction, disordered eating, obesity, and problems with body weight and shape continue to grow. Based on the ACA book Eating Disorder and Obesity: A Counselor’s Guide to Prevention and Treatment, essential information regarding assessment and culturally sensitive conceptualization, effective prevention programs, and evidence-based treatments that span the continuum of care for clients experiencing eating-related problems will be discussed.

Working With Religious and Spiritual Counter-Transference in Counseling: Cultivating Counselor Self-Awareness
90-Minute Session
Elaine Joyce Casquarelli, Kathleen M. Fallon, Kevin A. Tate, Karen Mackie
Spiritual and religious elements of life are central to many of our clients and students. Therefore, it is important to honor their spiritual values and experiences in our professional relationship with them. We can begin by increasing self-awareness of our own spiritual values and our counter-transference reactions to multiple faith systems. In a safe and supportive environment, this experiential session will use journaling and guided visualization to explore our responses to multiple expressions of faith. We will discuss ways of being more present and empathic to our religious and spiritual clients, in a way that honors their journeys.

Ethics and Social Media in College Counseling
90-Minute Session
Perry C. Francis, MJ Raleigh
Social media and web based services is an integral part of college students' lives. Friending, texting, and other forms of communication are readily acceptable ways to interact with friends, professors, and administrators. The 2005 ethics does not address this issue in depth and the ethics revision is looking at this issue in greater detail. This
session will address what the college counselor needs to know today about Social Media, counseling, and current and future ethics within counseling.

**Saturday, March 23, 2013**
**10:30 a.m. - 12:00 p.m.**
**ALGBTIC Day of Learning**
**LGBTQ Academy**
Program ID #212, Convention Center, **Room 264**

**Gender, Affectional Orientation and Empowering Language in Counseling and Society**
90-Minute Session
Hugh C. Crethar, Tonya Hammer, Amney J. Harper
As counselors, the majority of service rendered to our clientele is via the language we use and through the relationships we foster. In a society that is becoming increasingly diverse, counselors must develop an awareness of the power of language accompanied by a consistently improved knowledge base of empowering language. This session will first focus on the intersection of bias and accompanying marginalization and oppression based on gender and affectional orientation. Explore the constructs of empowering and disempowering language and possibly develop new ideas for application of these constructs in our field and the opportunity to explore the connections between sexism, genderism and heterosexism in society.

**Saturday, March 23, 2013**
**10:30 a.m. - 12:00 p.m.**
**ASGW Day of Learning**
**Child & Adolescent Counseling Academy**
Program ID #213, Convention Center, **Room 211**

**Imaginable Outcomes and Empowered Youth Programs - Directing the Educational and Life Trajectories of Adolescents of Color**
90-Minute Session
Deryl Flynn Bailey
Empowered Youth Programs (EYP) is an enrichment program that aims to develop and nurture academic and social excellence in children and adolescents. EYP was originally developed to meet the needs of struggling African American male high school students but has evolved into a program for children and adolescents (boys and girls) in grades PK-12th grade and is open to students from all cultural and racial backgrounds. Participants will learn the potential outcomes and challenges that come with implementing the Empowered Youth Programs model in schools and communities. Information regarding the benefits for counseling graduate students and potential funding sources will also be discussed.

**Saturday, March 23, 2013**
**10:30 a.m. - 12:00 p.m.**
**AHC Wellness Center**
**Wellness Academy**
Program ID #214, Convention Center, **Room 212**

**Increasing Personal Energy and Wellness**
90-Minute Session
Michael C. Lazarchick
Explore “Holistic Integrity,” the interplay of body, mind and spirit. Short lecture and discussion will be augmented with experiential processes. We’ll experience light exercise and stretching, explore universal energy, inspirational thought, Qigong, a little yoga, mindfulness meditation and sound. You will be entertained while we cover a variety of concepts that enhance understanding of physical, mental and spiritual wellbeing. Dress comfortably. This is an interactive session. Expect to have fun and be energized.

**Saturday, March 23, 2013**
**10:30 a.m. - 12:00 p.m.**
**CSJ Day of Learning**
**Social Justice Academy**
Program ID #215, Convention Center, **Room 236**

**Deconstructing Mental Health Disparities and Social Justice in Action: A Nexus of Counseling Professionals**
Disparities between persons needing mental health care and those accessing and adhering to care exist in multiple counseling settings. Most counseling professionals recognize failures in our mental health safety net and appreciate the need for advocacy. Yet, advocacy discussions are largely theoretical and lack practical applications to counselors’ daily responsibilities. This session will outline practical strategies used by diverse counselors to remedy these disparities. Professional counselors from community, private practice, school, rehabilitation, and counselor education settings will present strategies that address systemic health disparities with regard to diversity and ethics.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
ACES Day of Learning
Research Academy
Program ID #216, Convention Center, Room 207
Research Mentorship: Advancing Our Scholarly Agenda
90-Minute Session
Kelly L. Wester, Laura Welfare, Amanda Giordano
Research continues to be a topic of discussion in our field in terms of how to make research impactful and meaningful to counselors, clients, supervisees, supervisors, and students. Many debates have been forged regarding what is needed in research and if counselors are conducting socially valid research. In this process, research competencies and research mentorship guidelines have been developed for the counseling field. A conversation of the need to continue and advance research in our field, what we are currently doing and what next steps should be will be discussed from the perspective of the panel and empirical research. In addition, discussions of how to do this through research mentorship will be provided.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
Group Work Academy
Program ID #217, Convention Center, Room 208
How To Deal With Groups? Stages of Group Development and Reality Therapy Techniques
90-Minute Session, Advanced
Robert E. Wubbolding
Take-home techniques and advanced skills highlight this session. A group counseling role play demonstration of research-based skills will illustrate the advanced use of the WDEP system (wants, doing, self-evaluation, planning) of reality therapy. Interventions appropriately applied to 4 stages of group development will be illustrated. Culture centered issues will be discussed along with five basic human motivators and their application to a diverse group. Learn to infuse multicultural competencies into group counseling using reality therapy. Practicality and immediate usability are among the benefits derived from the group counseling demonstration and discussion.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID #218, Convention Center, Room 230
The National Career Development Association Centennial Program
90-Minute Session
Mark Savickas, Jane Goodman, Mark Pope
To mark the centennial of the National Career Development Association the presenters will outline the evolution of career intervention and its place in the counseling profession during the last hundred years; discuss how career counseling principles and practices have served social justice initiatives; and describe 25 essential ideas that have structured the practice of career counseling.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
Military Counseling Academy
Program ID #219, Convention Center, Room 231
Working Through the Transition Journey With Military Families
90-Minute Session, Advanced
Lynn Hall
Military families are faced with transitions, accompanied by grief and loss issues, on such a consistent basis that many don’t realize they have not grieved the previous transition before planning for the next. This session will present a framework used by the presenter for over 30 years in counseling and educational settings. It can be the basis of therapy, psychoeducation and counselor education. Without being prescriptive or 'stage-driven' it includes the dynamics of the three phrases of transitions: Endings, the Neutral Zone and New Beginnings, along with appropriate assessment and intervention strategies for both counseling and education. Participants will experience the Transition Journey through an interactive activity.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
Presidential Featured Session
Multicultural and International Counseling Academy
Program ID #220, Convention Center, Room 203
How Culturally Competent Are We in 2013 and Where Are we Going: Reflections by Seasoned Multicultural Counselors
90-Minute Session, Advanced
Fred Bemak, Patricia Arredondo, Rita Chi-Ying Chung, Clemmont E. Vontress
This session will provide an overview of the state-of-the-art of multicultural counseling in 2013. The questions “Where have we been”, “Where are we now”, and “Where are we going”, will be examined in depth by a panel of five seasoned professionals in the field of multicultural counseling. The session will combine reflections by a culturally diverse panel and include innovative recommendations for the future of the multicultural counseling field.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
Counselor Education & Supervision Academy
Program ID #221, Convention Center, Room 202
CACREP Standards Revision 2016: Future Directions for Draft II
90-Minute Session
Amy Milsom, Verl T. Pope, Derick J. Williams, Sylvia Nassar McMillan
The CACREP Standards are under revision by the 2016 Standards Revision Committee (SRC). Three guiding principles of the revision process, as outlined by members of the SRC, are unification, simplification, and clarification. Draft I was published in September 2012 using these principles to guide revision process. A summary of feedback obtained through mid- January 2012 will be presented for final discussion to direct the work of the SRC in creating the second public draft of the 2016 Standards.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
IAAOC Sponsored Session
Program ID #222, Convention Center, Room 250
IAAOC Graduate Student Carousel: Research to Practice
90-Minute Session
Geneva Gray, Connie Jones, M. Kristina Depue, Rachael Parkins, Amanda Pitchko, Kristy Carlisle, Robert Carlisle, Lauren Walker, Regina Moro
Graduate students who are interested in addictions/offender counseling will present their research on a range of topics. Issues addressed will include substance abuse prevention programs for at-risk students, the relationship between addictions and homelessness, process addictions such as eating disorders and sexual addiction, the "bottoming out" experience, addiction among adopted children, and nature-based clinical interventions (e.g., adventure-based counseling) for addictions counseling, among others. The format of the session will be an interactive carousel format, where you can speak individually with the presenters.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
Counseling Ethics & Legal Issues Academy
Program ID #223, Convention Center, Room 251
Current Trends in Ethics: A Discussion with the ACA Ethics Committee
90-Minute Session
Kathryn L. Henderson, Michael J. Walsh, Gerra W. Perkins, Susan Norris Huss, Shawn Spurgeon
Members of the ACA Ethics Committee and the ACA Director of Ethics and Professional Standards will present as a panel on trends in ethical issues that have been addressed by the Committee. Common ethical issues that will be presented include: social media and technology, duty to warn and breaching confidentiality, and the appropriate referral of clients. The role of informal resolution during ethical conflicts between members will be discussed. Common challenges in interpreting the Code will be reviewed through a discussion pertaining to the purpose of the Ethical Code Revision Task Force. Participate in a question and answer session related to ethical standards and common concerns.

Saturday, March 23, 2013
10:30 a.m. - 12:00 p.m.
ACA Counseling in Action Demonstration Series
Group Work Academy
Program ID #226, Convention Center, Room 260
Promoting Growth within a Group: Performing in the Here and Now
90-Minute Session
Samuel T. Gladding
This live demonstration of a simulated counseling group in the performing stage of a group will focus on how growth can be fostered within the group both by the group counselor and group members. The emphasis will be twofold. The first will be on group leader skills that promote interaction, connectivity, and cohesiveness such as active listening, linking, reflecting, confronting, supporting, and summarizing. The second will be on the power of group members to be helpful and of assistance to other members and how the environment created within the group can be beneficially therapeutic for members struggling with such issues of loss, indecision, anxiety, and regret.

Saturday, March 23, 2013
11:30 a.m. - 12:00 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #230, Convention Center, Room 252
A Pilot Study of Neurofeedback, fMRI and the Default Mode Network: Implications for the Treatment of ADHD
30-Minute Session, Advanced
Lori A. Russell-Chapin, Theodore J. Chapin
Results of a new research study demonstrating the efficacy of neurofeedback and fMRI's on the Default Mode Network in the brain with children diagnosed with Attention Deficit Hyperactivity Disorder will be offered. Implications for the treatment of ADHD will be discussed, and the importance of regulating this reflective and resting state portion of the brain will be emphasized.

Saturday, March 23, 2013
2:00 p.m. - 2:30 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #231, Convention Center, Room 252
The Relationship Between Bowen’s Concept of Differentiation of Self and Measurements of Mindfulness
30-Minute Session, Advanced
Dohee Kim-Appel, Jonathan Appel
A study that examines the relationship between Bowen's concept of differentiation of self and two measures of mindfulness will be presented. Specifically, this study examines through correlation and regression methods whether the self-reported differentiation dimensions of Emotional Reactivity, “I” Position, Emotional Cutoff, and Fusion with Others (FO) accurately predicted the level of mindfulness as measured by The Freiburg MindfulnessInventory (FMI) and The Toronto Mindfulness Scale (TMS). These findings have meaningful implications for understanding the constructs of differentiation of self and mindfulness as well as for the assessment and treatment of families.
**Saturday, March 23, 2013**
2:00 p.m. - 3:30 p.m.
*Chi Sigma Iota Sponsored Session*
**Multicultural and International Counseling Academy**
Program ID #232, Convention Center, **Room 200**

**Counseling Around the World**
90-Minute Session

*Thomas H. Hohenshil, Norman E. Amundson, Spencer G. Niles, Stacy L. Henning, J. Scott Hinkle, Muthoni Kimemia, Ben K. Lim, Soh-Leong Lim, Mercedes B. ter Maat, Jane E. Atieno Okech, Daya Singh Sandhu, Roslyn Thomas, Ma. Teresa Tuasan*

The overall goal of this session is to describe the results of a global study of the development of counseling programs and processes. The study involved 40 different countries and resulted in the publication of the ACA book: Counseling Around the World. This session will specifically focus on descriptions of the development of counseling in 6 representative countries, since there is not sufficient time to deal individually with all 40 in this program.

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**Saturday, March 23, 2013**
2:00 p.m. - 3:30 p.m.
*IAMFC Sponsored Session*
**Evidence-Based Practices Academy**
**Couples & Family Counseling Academy**
Program ID #233, Convention Center, **Room 232**

**Best Practices in Couples and Family Counseling: Recommended for Implication in the Doctorate of Professional Counseling**
90-Minute Session, Advanced

*Robert L. Smith, Brundé N. Flamez, Janet Froeschle, Stephen Southern*

"Recommended Best Practices" in marriage, couple, and family counseling emphasizes techniques and interventions that can facilitate the change process when working with problems facing couple and family systems. Techniques are discussed and demonstrated, followed by opportunities for attendees to practice. Handouts of MCFC techniques include suggested methods of application and methods to teach best practices within one's Counselor Training Program.

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**Saturday, March 23, 2013**
2:00 p.m. - 3:30 p.m.
*Presidential Featured Session*
**Counseling Ethics & Legal Issues Academy**
Program ID #234, Convention Center, **Room 205**

**A Town Hall Meeting on the ACA Code of Ethics Revision**
90-Minute Session

*Perry C. Francis*

The American Counseling Association is in the process of revising the 2005 ACA Code of Ethics. This Town Hall Meeting is an opportunity for participants to offer input into the draft edition of the ethics and to learn about past and current issues that will impact the formation of the new code. The Ethics Revision Task Force will be present to discuss the process of the revision and possible directions the ACA Code of Ethics will take for 2014.

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**Saturday, March 23, 2013**
2:00 p.m. - 3:30 p.m.
*ASERVIC Sponsored Session*
Program ID #235, Convention Center, **Room 233**

**Spiritual Implications of Changes in DSM-5 Criteria: An Exploration of Client Impact**
90-Minute Session

*Shannon Ray, Dayle Jones, Tara Jungersen*

This session provides an updated overview of the proposed DSM-5 changes as they impact spiritual issues across a myriad of counseling settings and with a diverse client population. The presenters will focus on the spiritual implications of these pending diagnostic changes and will cover relevant ethical concerns that may arise. Attendees will leave with an understanding of the potential changes in service delivery and the concomitant impact on client spirituality and religion that covers variances in belief systems and client demographics.
New Perspectives on Comprehensive School Guidance and Counseling Programs
90-Minute Session
Norman C. Gysbers, Patricia Henderson
Based on the new edition of the authors’ bestselling book Developing & Managing Your School Guidance & Counseling Program, the first part of this session will describe the evolution and current status of comprehensive school guidance and counseling programs. New perspectives on comprehensive guidance and counseling programs will then be described, including leadership strategies to meet students’ mental health needs and advocacy strategies on behalf of diverse student populations.

Stop and Think: How's It Going? Children's Understanding of Mental Illness, Related Stigma, and Bullying
90-Minute Session
Judy A. Schmidt
The prevalence of bullying and stigma towards children with mental illness continues to increase. It is crucial for counselors to understand how children perceive mental illness and to learn appropriate intervention strategies to educate children in order to create a safe and supportive school environment. Children’s understanding of mental illness and resulting stigma will be reviewed. This session will present findings from a three year study of how 3rd and 4th grade children define mental illness and stigma, which influences their interactions with children at risk for mental illness. Implications for using this information for bullying prevention in schools will be presented along with recommendations for future research.

Case Management: What Your Counseling Center Needs and You Don't Even Know It
90-Minute Session
Josh Gunn, Marcy Stidum
College counseling centers are increasingly developing case management programs to address high student demand and increasing symptom severity. Case management offers a holistic approach to student mental health that enhances the traditional counseling center model. Case managers work with on- and off-campus services to facilitate the referral, treatment, and follow-up process. This is especially helpful when working with students needing multiple interventions (e.g., counseling, addiction, psychiatric, social services). This session will provide knowledge and skills to develop a case management program aimed at increasing the number of students and presenting issues that can be addressed at your center.

The ALGBTIC Competencies for Counseling With LGBQQIA Individuals
90-Minute Session
Pete Finnerty, Amney J. Harper, Anneliese A. Singh, Hugh Crethar, Amanda K. Brace, Brandon Harper, Michael Kocet
The ALGBTIC Competencies for Counseling with LGBQQIA Individuals was recently approved after 3 years of continual work conducted by the Competencies Taskforce. The Taskforce members will discuss the creation of, structure and implementation of these Competencies through lecture and discussion. If you desire to understand and become more clinically sound in working with LGBQQIA populations this session and the Competencies are for you. Learn about multiple angles for approaching clients and conducting effective therapy, programs and instruction.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
AHC Wellness Center
Wellness Academy
Program ID #241, Convention Center, Room 212
The Wellness Journey
90-Minute Session
Janet WindWalker Jones
This session is based in a metaphysical orientation that fosters honoring both the "me" and the "we" in all of us, in relationship and balance with all our relations. It focuses on giving, loving, serene acceptance and resolve; it demonstrates respectful behavior toward all our relations. It models ways we can modify our inward journey to bring all our relationships into balance with creation using storytelling, meditation, sharing, resolution building, and ceremony. It offers the possibility for on-going connectivity and support networking with others in the circle. This session is conducted in a way that requires attendance at the beginning and remain for the full session.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
CSJ Day of Learning
Counselor Education & Supervision Academy
Program ID #242, Convention Center, Room 236
Advocating for LGBTQ Best Practices in AOD Treatment
90-Minute Session
Amber Lange, Tara Hill, James Ruby
LGBTQI individuals seek alcohol and other drug (AOD) treatment at the same rate or higher than the general population. Even though this is the case, many treatment providers are ill-prepared to handle the treatment of these populations. Additionally, clients express dissatisfaction with their experience due to a neglect of their unique needs. Presenters will address advocacy needs for these populations as well as 10 applicable treatment considerations.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
ACES Day of Learning
Counselor Education & Supervision Academy
Program ID #243, Convention Center, Room 207
Strength-Based Leadership as a Graduate Student and as a Counselor Educator
90-Minute Session
Jennifer M. Cook, Pamela C. Wells, Carlos P. Hipolito-Delgado, Keith Dempsey, Heather Trepal, Emily Goodman-Scott
To be a counselor educator is to be a leader and each of us has leadership abilities that manifest in different ways throughout our professional journeys, from grad school to new professional. However, “leadership” can sometimes
feel like a nebulous term that can feel difficult to define in different, educational contexts. What does it mean to be a leader while you are in your graduate education? What does it mean to be a leader when you leave school and enter the professional environment full-time? Leaders from a variety of university contexts (e.g. research-intensive institutions, teaching-focused institutions) address these issues and share their leadership experiences as graduate students and as current counselor education professionals.

Saturday, March 23, 2013  
2:00 p.m. - 3:30 p.m.  
Research Academy  
Program ID #244, Convention Center, Room 208  
Mindfulness-Based Practices for Enhancing Counselor Relational Qualities  
90-Minute Session  
Julie Ballinger, Casey A. Barrio Minton  
Mindfulness-based practices are emerging as potential tools for enhancing intrapersonal qualities counselors need to create deeper connections. This session is an introduction to the use of mindfulness-based practices for developing essential inner qualities like empathy, self-compassion, warmth, acceptance, openness to ambiguity, unconditional positive regard, flexibility, and curiosity. Latest research findings from neuroscience and applied settings will be discussed along with results from an eight-week on-line mindfulness-based training for counselors. Experience several mindfulness-based practices and receive resources for incorporating these practices into your personal and professional life.

Saturday, March 23, 2013  
2:00 p.m. - 3:30 p.m.  
Child & Adolescent Counseling Academy  
Program ID #245, Convention Center, Room 230  
Play Therapy for Urban Elementary School Children At-Risk of Juvenile Delinquency: Successes, Difficulties and Process  
90-Minute Session, Advanced  
Jeff L. Cochran, Nancy H. Cochran  
This session features outcome and process data from a five year study of child-centered play therapy for children at-high-risk of juvenile delinquency in urban, high-poverty elementary schools. Outcome data include extensive pre-post and timed measures with standardized teacher ratings, numbers of disciplinary referrals, suspensions and absences. Case studies help demonstrate mechanisms of change. Challenges and opportunities discovered in the process of services, including funding strategies, are discussed. The project is called REACH and shows the potential for reaching some of the most troubled children and families with effective, lasting, intensive early intervention counseling for children.

Saturday, March 23, 2013  
2:00 p.m. - 3:30 p.m.  
Program ID #246, Convention Center, Room 231  
Treatment Failures in Counseling: Lessons Learned From Our Biggest Mistakes  
90-Minute Session, Advanced  
Jeffrey T. Guterman, Lisa B. Bailey  
Research suggests there is as much to learn from treatment failures as from successes in counseling. The recent shift to collaborative, postmodern, and strength-based counseling approaches sets forth the recognition that counselors play a participatory role during all aspects of change processes, including when treatment fails. An increasing research supports the finding that client-counselor factors and, in particular, counselor factors play an integral role in treatment failures. In this advanced education session, clinical cases are presented illustrating treatment failures related to counselor factors. Common themes are identified and clinical strategies are suggested for preventing, identifying and overcoming treatment failures.

Saturday, March 23, 2013  
2:00 p.m. - 3:30 p.m.  
Career Development/Employment Counseling Academy  
Program ID #247, Convention Center, Room 203  
Narrative Counseling for Constructing Careers and Designing Lives in a Post-Corporate Society
Some career counselors have turned to narrative models and methods because using autobiographical stories concentrates on life design rather than occupational choice. Narrative career construction and life designing enables clients to fit work into their lives, rather than fit themselves to jobs. This session will discuss and demonstrate practical techniques for using stories and articulating life themes to foster educational and career decision making. Learn how to integrate these techniques into their ongoing practice and may even use the techniques to better understand why they became counselors and how their own occupations allow them to advance their own life stories.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
Social Justice Academy
Program ID #248, Convention Center, Room 202
Developing Social Justice Worldviews: Creative Technique in Graduate Training
90-Minute Session
Rita Chi-Ying Chung, Fred Bemak, Amy Gleason Carroll, Diana Ortiz, Makiko Maeyama
The session provides a description of a creative training technique, ethnographic fiction, that educates counselors to appreciate and gain an in-depth understanding of multicultural social justice issues encountered by clients. This distinctive technique has the ability to transform counselor trainees into “walking in the client’s shoes”. The session will combine an overview of theory, demonstrations related to 3 social justice issues (homelessness, educational inequality and immigration), followed by an interactive discussion about the powerful long term life altering experience and impact of using this technique. Research findings that demonstrate the efficacy of employing this powerful technique will also be presented.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
ACEG Sponsored Session
Counselor Education & Supervision Academy
Program ID #249, Convention Center, Room 250
Counseling Military Personnel/Families: Promoting Counselor Development Through an Understanding of Military Personnel Issues
90-Minute Session, Advanced
Michael A. Keim
Recent military deployments are unprecedented in their impact on modern families and are causing a reevaluation of counselor preparedness in relation to these populations and their particular needs. To assist counselors-in-training to address these needs an academic course was developed with the intent of focusing awareness on and broadening student understanding of the particular issues associated with working with military personnel and their families. Course assessment was designed to determine student change in perceptions and awareness of the particular issues that surround military and ex-military personnel and their families as well as the clinical impact students considered significant to working with these populations.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #250, Convention Center, Room 251
Hearing Voices: A Simulated Experience of Entering the World of a Voice-Hearer
90-Minute Session, Advanced
Martha Mason
This session provides a unique simulated experience of what it may be like to ‘hear voices’ and is designed to assist clinicians with understanding the challenges of individuals experiencing auditory hallucinations. Through increased understanding and awareness participants will enhance their ability to be more effective and efficient clinicians and advocates for clients experiencing the phenomenon of ‘hearing voices’.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
ARCA Sponsored Session
Program ID #251, Convention Center, Room 237

A Consortium Model for Accreditation: CORE’s Response to the Desire for a Unified Accreditation Body
90-Minute Session
Frank Lane, Tom Evenson, Patty Nunez
CORE’s response to the concept of a unified accreditation body was to develop a consortium model. Presenters will present the proposal along with evidence of how other professions deal with multiple accrediting organizations, particularly with regard to the issue of professional licensure.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
Multicultural and International Counseling Academy
Program ID #252, Convention Center, Room 238

Shocked, Angry, or Just Plain Petrified: Attending to Students’ Reactions in Race-Based Courses
90-Minute Session
Tina R. Paone, Krista M. Malott
Have student or client emotional reactions to ‘taboo’ topics (e.g., racism, sexism, classism) negatively affected their abilities to learn and grow—or your ability to instruct or counsel? This experiential session will present myriad tactics for working with students and clients whose affective reactions, and resulting behaviors, to oppression-related topics have truncated their growth. You will expand options for responding to, and processing, those reactions, as well as learning of multiple strategies used by the presenters in their own multicultural counseling and whiteness courses.

Saturday, March 23, 2013
2:00 p.m. - 3:30 p.m.
ACA Counseling in Action Demonstration Series
Military Counseling Academy
Couples & Family Counseling Academy
Program ID #253, Convention Center, Room 260

Counseling Military Spouses and Families
90-Minute Session
Larry Ashley
In this counseling session the counselor will work to address the PTSD symptoms to strengthen the family’s cohesiveness and supportiveness, as well as deal with family problems that arise as a result of PTSD. The counselor will help families move beyond a focus on the veteran’s diagnosis as a way to explain or rationalize the veteran’s behavior. The counselor may also challenge the family to make positive, sustainable changes in order to create more balanced, interdependent relationships.

Saturday, March 23, 2013
3:00 p.m. - 3:30 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #257, Convention Center, Room 252

The Influence of Caregiver Intimate Partner Violence on Treatment Attrition for Child Sexual Abuse Victims
30-Minute Session
Leigh DeLorenzi
This session presents research findings on the relationships between caregiver intimate partner violence, child posttraumatic stress, child cognitive self-development, and treatment attrition among child sexual abuse victims. The present research study results show that children with parents who confirmed past or current intimate partner violence were 2.5 times more likely to prematurely terminate from treatment. Recommendations for child advocacy centers and implications for further research are noted.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
Entering the Post-Theoretical era of Counseling: Time for a Paradigm Shift
60-Minute Session

J. Barry Mascari, Jane M. Webber, Michael M. Dubi

As the use of evidence-based counseling approaches supporting common factors continues to grow and the field of neurobiology advances, the paradigm of a traditional theoretical orientation may no longer be useful. This session envisions a new era in counseling and provides a rationale for shifting the paradigm from a theory-based to an evidence-based common factors model. Using an informed practice model, treatment for problems such as anxiety, panic disorders, phobia, addictions, and trauma require evidence-based strategies that cut across theoretical boundaries. A post-theoretical conceptualization/treatment model will be demonstrated. Audience discussion will debate the shift to the post theoretical era in counselor training and practice.

Preparing Graduate Students and New Professionals for Success in Private Practice
60-Minute Session

Deborah Legge

Many graduate students and new professionals express an interest in private practice. Building an independent practice requires strategic planning and preparation. This session will lay the groundwork for that preparation and provide students and new professionals the opportunity to learn how to position themselves for a successful private practice.

Assessing Common Mental Health Concerns Across Counseling Settings
60-Minute Session

Danica G. Hays

Counselors working in agencies, schools, and universities are tasked with assessing a variety of mental health concerns. This session, based on the new edition of the ACA text Assessment in Counseling, will outline assessment of depression and suicide, self-injury, substance abuse, and interpersonal trauma. Key factors, tips, and cautions concerning assessment practices will be highlighted and discussion will be encouraged—particularly around common assessment errors, such as cultural bias, as well as audience members’ experiences with the assessments presented in the session.

Force Health Protection: Protecting the Physical and Mental Health of Emergency Response Workers
60-Minute Session, Advanced

Stephanie Fariss Dailey, Marjorie Kukor

Force Health Protection (FHP), adapted by the American Red Cross and other Federal organizations as the suggested resilience strategy for training disaster response teams, goes beyond the individual worker. Unlike other training models, FHP addresses obstacles and strategies for the entire response organization. Widely accepted by non-DMH personnel because of its focus on physical and mental “fitness”, the overall goal of FHP is to: increase physical and mental health fitness of the workforce (not just mental health workers); address pre-deployment, deployment, post-deployment mental and physical health issues; and reduce compassion fatigue. This session will provide an overview of FHP, address strategies to bolster resilience within response teams, and allow an opportunity to discuss the specific challenges they face within their community.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
ACCA Day of Learning
College Counseling Academy
Program ID #264, Convention Center, Room 263
**College Counseling: Round Tables**
60-Minute Session
*MJ Raleigh*

You are encouraged to join a table discussion of interest and fully participate in a small group discussion structured by an expert in the topic of discussion. Topics may include community counseling, counseling and social media, counselor's voice in campus threat assessment and utilizing a case manager on the college campus. (Topics may change and will be posted on the discussion room door at the time of the round tables.)

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #265, Convention Center, Room 264
**Ally Development in Action: A Panel Discussion**
60-Minute Session
*Amanda K. Brice, Amber L. Pope, Pete Finnerty*

A panel discussion regarding ally development will be presented by members of the Ally Development Task Force of Association of LGBT Issues in Counseling. The panel will address issues regarding Ally Development such as bullying, creating safe spaces, and stages of ally development. Discuss with current members of the Ally Development Task Force ideas and resources related to initiating the development of ally related programs within your community.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
ASGW Day of Learning
Group Work Academy
Program ID #266, Convention Center, Room 211
**When Leaders are Challenged: Dealing With Involuntary Members in Groups**
60-Minute Session, Advanced
*Ed Jacobs, Chris Schimmel*

Dealing with involuntary members in groups is a most difficult task. This session will focus on creative group counseling skills and techniques where an active leadership model will be presented as a way of dealing with involuntary members. The focus will be on the challenges that leaders face when dealing with difficult members or members who have been mandated to attend. Many different skills and creative techniques will be presented and demonstrated. Effective use of eyes and voice will be discussed and shown. Skills for getting, holding, shifting and deepening the focus will be presented. Numerous writing and movement exercises will be shown. Ways to get members engaged and keep them engaged will be discussed.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
AHC Wellness Center
Wellness Academy
Program ID #267, Convention Center, Room 212
**Regret and Forgiveness and Wellness**
60-Minute Session
*Sonya Vassos, Christine Moll*

Negative emotions can lead to a breakdown in all areas of life. "If Only" are the saddest two words in the world. Regret weighs a ton for those who shoulder it everyday. The process of this session will be to confront regret and learn the path to forgiveness. There is almost a magic as forgiveness allows guilt, sadness, shame, anger or disappoint in self to fade.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.  
CSJ Day of Learning  
School Counseling Academy  
Program ID #268, Convention Center, Room 236  
Urban School Counselors and Social Justice: Best Practices and Considerations  
60-Minute Session  
Delila Owens, Tiffany Stewart, Deneia Thomas, Rhonda M. Bryant, Dakota King-White  
School counselors are key figures in the struggle to close the academic achievement gap, but real progress is only possible if school counselors are equipped with the resources necessary to prepare students for life beyond high school. As former school counselors, we believe that education has the power to inspire a child to forge a pathway out of poverty. Our aim is to lend our knowledge and expertise in urban school and cross-cultural counseling to participants attending our session. Many groups such as African-Americans and Native-Americans have been greatly underserved in the education arena. We want to ensure that their struggles are not overlooked, their voices are heard and their unique needs are addressed by sharing best practices that could assist school counselors in effectively servicing students.

Saturday, March 23, 2013  
3:45 p.m. - 4:45 p.m.  
ACES Day of Learning  
Program ID #269, Convention Center, Room 207  
Resiliency in Graduate School and Beyond  
60-Minute Session  
Pamela C. Wells, Jennifer M. Cook, Katie Kostohryz, Jessica Berry  
Eleanor Roosevelt once said, "Life is what you make it. Always has been, always will be." Most of us realize no school experience or job is perfect. And yet, many of us find ourselves caught up in what we can't do or what we aren't rather than what we can do or who we are. How can you choose the latter? How can you make your graduate experience, and life after your graduate experience, what you want it to be?

Saturday, March 23, 2013  
3:45 p.m. - 4:45 p.m.  
Counseling Theory Academy  
Program ID #270, Convention Center, Room 208  
What REALLY Makes a Difference? Change Processes in Counseling  
60-Minute Session, Advanced  
Jeffrey A. Kottler  
There are major debates in the field among different theorists about what matters most to promote lasting change in clients. To add to the confusion, recent research points to huge discrepancies between what counselors believe is most useful in their work—techniques and interventions—and what clients report was most helpful to them. This session will review those variables most associated with lasting changes, illustrated with case examples that emphasize the importance of making continual adjustments in our work depending on honest feedback from clients.

Saturday, March 23, 2013  
3:45 p.m. - 4:45 p.m.  
Multicultural and International Counseling Academy  
Human Development Across the Lifespan Academy  
Program ID #271, Convention Center, Room 230  
Reclaiming, Rediscovering, and Readopting Birth Culture for Adoptees: The Model of Reculturation  
60-Minute Session  
Amanda L. Baden, Jonathan R. Mazza  
Professional counselors in practice are highly likely to work with multiple members of the adoption triad throughout their careers. Given that approximately 40% of all adoptions are transracial and 85% of international adoptions are also transracial, the model of reculturation is particularly relevant for working with these groups. This session will provide a brief overview of general adoption-related information for counselors and will then introduce the reculturation model for understanding the experiences of transracial and international adoptees who seek to reclaim or rediscover their birth cultures. Presenters will discuss two case studies for exploring the clinical application of the reculturation.
Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
Counselor Education & Supervision Academy
Program ID #272, Convention Center, Room 231
**Beyond the Myth of the Pajama Party: Delivering Quality Online Counselor Education and Supervision**
60-Minute Session
_Holly J. Hartwig Moorhead, Anita Neuer Colburn, Kathie T. Erwin_
When you think of online counselor education, is your first thought an image of a student in pajamas on the couch with a laptop? You might be surprised to find out that quality online counselor education is much more than simply posting material from a face-to-face course to the internet. There are qualitative differences for both faculty and students. Come hear about the current research and literature related to online learning. And, come share – and take away – “best practices” for classroom structures, processes, and content, which both contribute to quality counselor education and produce competent, ethical counselors.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
Military Counseling Academy
Program ID #273, Convention Center, Room 203
**Veteran Reintegration Following Multiple Deployments: Theoretical Strategies for Working With Our Soldiers**
60-Minute Session
_Laura M. Schmuldt, John Fitch, Troyann J. Gentile, Jason Bluemlein, William M. Sterner, Amanda Graham_
Veterans returning from multiple tours often face multiple sources of stress when reintegrating back to their homes and communities. Some veterans face unemployment, separation from fellow platoon members and difficulties in returning to civilian life. Some veterans struggle with more significant challenges including PTSD, TBI, substance abuse and suicidal ideation. This session will describe the journey of one veteran's reintegration following several tours of duty and the challenges he faced upon reintegration. Several counselors will describe theoretical approaches to working with combat veterans including DBT, EMDR, MI and systems theory.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
Counselor Education & Supervision Academy
Program ID #274, Convention Center, Room 202
**Closing the Gap in Counselor Supervisor Training for Site Supervisors**
60-Minute Session
_Holly Branthoover, Kimberly J. Desmond, Michelle Bruno, Lorraine Guth, Lydia Albin_
The 2009 CACREP standards require counselor education programs to ensure site supervisors have supervision training and professional development opportunities. This session will include discussion of the benefits and challenges of this CACREP requirement. In addition, attendees will receive preliminary data of a pilot study to assess site supervisor self-efficacy and training needs. Presenters will also share one university’s plan to meet site supervisor supervision training needs using technology.

Saturday, March 23, 2013
3:45 p.m. - 4:45 p.m.
Research Academy
Program ID #275, Convention Center, Room 250
**The Experiences of Counselors who Work With Spanish-Speaking Clients**
60-Minute Session
_Daniel R. Romero, Stephen E. Craig_
This session will present the findings of a study of the experiences of counselors who work with Spanish-speaking clients. The study was conducted in a region that has recently seen significant growth in the Spanish-speaking population. Two groups of counselors were recruited and sampled for this qualitative study: those who use interpreters in their work with Spanish-speaking clients and those who work without the use of interpreters. Issues such as motivation to become counselors, training and preparation, experiences with Spanish-speaking clients, and
recommendations for practitioners and training programs will be discussed. Implications for counseling practitioners, counselor educators, and training programs will be outlined.

**Saturday, March 23, 2013**  
3:45 p.m. - 4:45 p.m.  
*Counseling Ethics & Legal Issues Academy*  
Program ID #276, Convention Center, Room 251  
**Ward v. Wilbanks: Students Respond**  
60-Minute Session  
*David Burkholder, Stephanie F. Hall*  
Julea Ward's dismissal from Eastern Michigan University and the resulting legal case, Ward v. Wilbanks, represents one of the most important events to impact the counseling profession in the last 25 years. The authors conducted a large scale qualitative study examining the perspectives and attitudes of 201 master's level counseling students on Ward v. Wilbanks. This session will present the results of this research, providing singular data on student conceptualizations of client referral, gatekeeping, and balancing a counselor's personal values with the values of the client. Recommendations for the ethical training of counseling students and standards of practice for clinicians and supervisors will be discussed.

**Saturday, March 23, 2013**  
3:45 p.m. - 4:45 p.m.  
*Career Development/Employment Counseling Academy*  
Program ID #277, Convention Center, Room 237  
**Redefining Career Constructs: Integrating Social Justice Advocacy to the Practice of Career Counseling**  
60-Minute Session  
*Shawn Burton, Melanie A. Kautzman-East, Kelly R. Turner*  
This session is for career counselors who are committed to social change. The merging of career counseling and social justice will be outlined along with the implications of fusing these concepts into daily practice. In addition to describing the roles and responsibilities of career counselors addressing social change, presenters will facilitate group discussions and target intervention development.

**Saturday, March 23, 2013**  
3:45 p.m. - 4:45 p.m.  
*ACA Foundation Sponsored Session*  
For Graduate Students and New Professionals Only Session  
Program ID #278, Convention Center, Room 238  
**What Students Need to Know About Neuroscience & Counseling: A Q&A Discussion with Allen and Mary Ivey**  
60-Minute Session  
*Allen E. Ivey, Mary Bradford Ivey*  
Graduate students will have a chance to follow up with Drs. Allen and Mary Ivey about this morning's keynote. In addition, the Ivey's are open for discussion of their national and international work in multiculturalism, microcounseling, and life span Developmental Counseling and Therapy (DCT). This is an extraordinary experience for students to meet and chat with two living legends in the counseling profession.

**Saturday, March 23, 2013**  
3:45 p.m. - 4:45 p.m.  
*Clinical Mental Health/Private Practice Academy*  
Program ID #279, Convention Center, Room 234  
**Conceptual Mapping: A Tool for Enhancing Client Insight**  
60-Minute Session  
*Linda Leitch-Alford, David M. Savinsky*  
Conceptual Mapping is a wonderful visual tool and is easy to implement in the counseling relationship. When clients are invited to tell their story and then given guided opportunity to visually map their story, summary of treatment, or “stuck” place, the results can be powerful. Clients often gain new insight(s) into their own therapeutic path when creating a therapeutic conceptual map. This is a two-part session. The first part will be instruction on the
conceptual mapping task and sharing of potential applications in the counseling process. The second part is experiential. You will be invited to engage in the process of creating a conceptual map.

**Saturday, March 23, 2013**  
3:45 p.m. - 4:45 p.m.  
*Counselor Education & Supervision Academy*  
Program ID #280, Convention Center, **Room 235**  
**Beyond the Classroom: Counselors and Counselor Educators Improving Field Placement Supervision**  
60-Minute Session, Advanced  
*Richard Ponton, Jill Duba*  
Nothing we can do in counseling is more important and far reaching than providing effective field placement training. Clinicians, school counselors, and counselor educators all have their parts to play. This session uses data collected by ACA’s Professional Standards Committee and Developmental Supervision theory to inform a discussion of best practices in field placement. Highly interactive and practical, the session brings together site supervisors and counselor educators to discuss the strengths and challenges of this key element of counselor training. Leave with new ideas to invigorate your field placement program.

**Saturday, March 23, 2013**  
3:45 p.m. - 4:45 p.m.  
*School Counseling Academy*  
Program ID #281, Convention Center, **Room 261**  
**The ACA School Counseling Task Force Update: Current Initiatives and Future Plans**  
60-Minute Session  
*Lynn E. Linde*  
The purpose of the School Counseling Task Force is to address the needs of ACA members who are school counselors. This session will provide an update of current initiatives, including advocacy efforts, and future plans. Time will be allocated for large group discussion and input into the development of additional resources and professional development for school counselors.

**Saturday, March 23, 2013**  
3:45 p.m. - 4:45 p.m.  
*Child & Adolescent Counseling Academy*  
Program ID #282, Convention Center, **Room 252**  
**Navigating Acculturation With Pride and Hope: Promoting Resiliency in Asian Immigrant Children and Adolescents**  
60-Minute Session  
*Atsuko Seto, Nirupma Narang, Dixita Patel Malatesta*  
This session provides practical information on assessment and counseling interventions helpful for working with Asian immigrants from a strength-focused perspective. Specific examples of counseling interventions that reframe acculturative stressors and foster confidence and resilience in individuals and their families are discussed. Focus will be placed on counseling children and adolescents while considering the importance of supporting a family unit and ethnic communities.

**Saturday, March 23, 2013**  
5:00 p.m. - 6:00 p.m.  
Program ID #283, Convention Center, **Room 200**  
**Counselors and Facebook: What are We Doing on Facebook and How Can it Help and/or Harm Our Profession and Professionalism**  
60-Minute Session  
*Marjorie C. Shavers, J. Yasmine Butler*  
With the increase in the use of Facebook and other social media, counselors have the opportunity to explore the way these technology tools can be used to enhance and/or harm the professional persona of individual counselors and the professional identity of the counseling profession. This session will present the findings of a recent research study that investigated at the perceptions and behaviors of counselors and counseling students on Facebook. This session will use these findings along with ethical and legal guidelines to explore appropriate use of social media by
counselors. Review case studies and participate in a discussion that explores social media, technology, and our responsibilities as counselors.

**Saturday, March 23, 2013**
**5:00 p.m. - 6:00 p.m.**
*Child & Adolescent Counseling Academy*
Program ID #284, Convention Center, **Room 232**
**Child and Adolescent Counseling: Hundreds of Resources for Creative Activities and Interventions**
60-Minute Session, Advanced
*Teresa B. Fletcher*
Oftentimes students enter into practicum and internship with adequate theoretical knowledge and basic helping skills to begin their counseling careers. However, when working with children and adolescents, students quickly learn that talk therapy is mostly ineffective when that is the only mode of counseling. The purpose of this session is to demonstrate the creative process by using a variety of experiential activities with an assortment of commonly found materials that participants can assemble on a tight budget. A portfolio containing hundreds of resources including an extensive bibliography, science experiments, activities, youtube clips, apps, games, and art projects will be shared and some activities will be demonstrated.

**Saturday, March 23, 2013**
**5:00 p.m. - 6:00 p.m.**
*Counseling Theory Academy*
Program ID #285, Convention Center, **Room 205**
**Gender and Empathy: The Paradoxical Power and Influence of Women Counselors**
60-Minute Session, Advanced
*Debbie C. Sturm, A. Renee Staton, Jack Presbury, Lennis G. Echterling*
Caring, which Rogers called “positive regard,” and empathy, which Yalom (1980) referred to as “looking out the client’s window,” are indispensible foundations of effective counseling. While they are not the same thing, they constitute the heart of the successful counseling relationship. Do women have an advantage over men when it comes to infusing these crucial aspects into the relationship? In this session we will examine gender differences, both neurological and developmental, that contribute to the understanding of differences in empathy. We will discuss implications for practice, training, and supervision and engage in curious wondering about potential gender differences in counseling.

**Saturday, March 23, 2013**
**5:00 p.m. - 6:00 p.m.**
*For Graduate Students and New Professionals Only Session*
Program ID #286, Convention Center, **Room 233**
**A New Opportunity: Getting a Job in Integrated Care**
60-Minute Session
*Rebecca Daniel-Burke*
Integrated Care is quickly gaining prominence as a new model for health care. This session will address the following questions: What is Integrated Care? How will behavioral health clinicians work in tandem with physicians to provide mental health services in a medical setting? What does all of this mean for graduate counseling students and new professionals as they enter the work force? The presenter, ACA’s Director of Career Services, will shed light on this newly emerging field and what counseling graduates can expect regarding employment opportunities in integrated care.

**Saturday, March 23, 2013**
**5:00 p.m. - 6:00 p.m.**
*ACA Author Session*
*Multicultural and International Counseling Academy*
Program ID #287, Convention Center, **Room 201**
**Experiential Activities for Teaching Multicultural Competence in Counseling**
60-Minute Session,
*Mark Pope, Joseph Pangelinan, David Hart, Tarrell Awe Agahe Portman*
When teaching multicultural counseling principles, it is viewed as a best practice for counselor education programs to not only devote whole courses to the issue of culture, but to also infuse cultural diversity throughout the core curriculum. Pope, Pangelinan, and Coker’ book presents 120+ activities for both multicultural counseling courses and other core CACREP courses, which are designed to actively engage students in the learning process. This session will introduce some of the best activities to help faculty teaching any counseling course infuse cultural diversity into the classroom in interesting ways.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
AARC Sponsored Session
Program ID #288, Convention Center, Room 204
Wellness, Spirituality, and Personal Dispositions of Professional Counselors: Implications for Practice
60-Minute Session
L. Marinn Pierce, Shawn Spurgeon
A well counselor is less likely to be an impaired counselor. Through this session, you will be introduced to findings of a mixed-methods study exploring the wellness, spirituality, and personal dispositions of practicing professional counselors. You will have the opportunity to explore your own practices related to wellness, and discuss your strengths related to counselor wellness, as well as opportunities for growth.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
ACCA Day of Learning
College Counseling Academy
Program ID #289, Convention Center, Room 263
Breaking In and Rising Up in College Counseling: What Every Counselor Needs to Know to Get Hired and Promoted
60-Minute Session
Monica Zozone Osburn
Do you want to work in a college counseling center? Are you ready for a promotion to an assistant director or director position? This session will review all of the national trends for hiring and promoting college counselors. There are many key skill sets needed for a college counseling setting that may not have been taught in your graduate program. Each of these will be reviewed as well as national accreditation standards and common organizational structures of centers. Helpful hints of resume writing and interview tips will also be incorporated. The session will feature the top 10 things college counseling center directors are looking for in potential applicants.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #290, Convention Center, Room 264
Intersectionality of Identity: A Dialogue With Queer People of Color
60-Minute Session
Richmond D. Wynn, Samuel Sanabria, Hemla D. Singaravelu
The concept of intersectionality provides a framework for understanding the complexities of managing overlapping, socially marginal identities. This interactive session features a dialogue between panelists and the audience on intersectionality with emphasis on ethno-cultural, gender, and lesbian, gay, and bisexual identities. This dialogue is framed by culture-centered counseling theory and will provide participants with opportunities to enhance their culture-centered conceptualization and intervention skills.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
ASGW Day of Learning
Group Work Academy
Program ID #291, Convention Center, Room 211
Voyaging Beyond Safety Zones: Crafting Group Leader Models to Foster Wellness With Diverse and Multicultural Populations
60-Minute Session, Advanced
Sherlon P. Brown, Bogusia Jozefa Skudrzyk
ASGW has endorsed the Multicultural and Social Justice Competence Principles for Group Workers. This document provides an anchor to help group leaders and other professionals recognize issues of multiculturalism and social justice on group work. This fun filled session will help participants craft group models that foster wellness and healing with diverse and multicultural populations. Share highlights of multicultural and social justice group practices that nurture wellness and address crisis and trauma. Presenters will share research, theories, and practical experiences in facilitating group work using creative expressions and rituals that advance healing and restore wellness from nonwestern and western perspectives.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
AHC Wellness Center
Wellness Academy
Program ID #292, Convention Center, Room 212
Yoga, A Proven Path to Wellness
60-Minute Session
Bernadine L. Craft
Learn a variety of Hatha yoga stretching, breathing and relaxation strategies that can be done by anyone almost anywhere. Come dressed comfortably and have fun experiencing a variety of age old techniques that are perfect for dealing with the stresses of modern society. Whether for use with students, clients or for personal enrichment, you'll leave with numerous tools to aid in tension and anxiety reduction, as well as ways to feel energized, focused and refreshed!

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
CSJ Day of Learning
Social Justice Academy
Program ID #293, Convention Center, Room 236
Online Counselor Education Programs as a Social Justice Medium: A Panel Discussion of Counselor Educators
60-Minute Session
Lori L. Soli, Linda M. Beeler, SaDohl K. Jones, Catherine J. Stower, Elaine Carissa May
Online education and distance counseling both provide access to opportunity, a social justice imperative. Four counselor educators who have taught in both on ground and online programs will discuss in a ‘live’ panel how online counselor education serves as a social justice medium. Examine your own beliefs regarding online education and counseling, understand the challenges and benefits to its delivery, and address stigma attached to online learning and counseling. Through such self reflection online education can eventually be parallel with other once disenfranchised entities, and will be held with equality and equity in the eyes of counselor educators, academicians, practitioners and clients alike.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
ACES Day of Learning
Counselor Education & Supervision Academy
Program ID #294, Convention Center, Room 207
Best Practices in Teaching: Emphasizing Education in Counselor Education and Supervision
60-Minute Session
Krista M. Malott, Thomas J. Hernández
Who are the most effective instructors? How do instructors deal with common issues that disrupt the classroom such as texting or internet surfing? How can an instructor be devoted to great instruction without neglecting other job duties (such as publishing, supervision, or work as a clinician)? This interactive session will stimulate discussion and sharing across peers regarding these topics, exploring potential solutions for balancing effective pedagogy with other work responsibilities. A summary related to research and theoretical findings will also be provided.

Saturday, March 23, 2013
Chi Sigma Iota Sponsored Session
Program ID #295, Convention Center, Room 208
The Tao of Leadership: Leading With the Soul
60-Minute Session, Advanced
John S. Young, Craig S. Cashwell
At times, leaders are drawn to lead from a place of ego and in service to self. In the end, however, servant leadership is a calling. True transformational leadership (or "soul-based leadership") emanates not from ego nor even from a place of logic, but from the stillpoint within the realm of the soul. This session will focus on how to access this deeper wisdom to lead from the soul. Presenters will introduce the concept and principles of soul-based leadership, and participants will engage in experiential activities to access their own development as soul-based leaders. This session is appropriate for professionals and students currently in leadership positions or who are contemplating whether to take leadership positions.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #296, Convention Center, Room 230
Fighting Fear: Counseling Interventions for the Child Victim of Sexual Abuse
60-Minute Session, Advanced
Jennifer M. Foster
Counselors and counselors-in-training will be provided with specific interventions to target the most frequently cited problem faced by children who have been sexually abused - fear. For child victims, fear often manifests in symptoms such as nightmares, flashbacks, and intrusive thoughts. Therefore, effective treatment for child victims must address trauma symptoms, especially children's fears and their need for future protection. Specific interventions including creating a comfort kit and guided imagery of a safe place will be shared.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Understanding DSM-5 Personality Disorders
60-Minute Session
Kevin Feisthamel, Robert Schwartz, Terra Howell, Dan Testa
One of the most dramatic changes proposed for DSM-5 relates to criteria for personality disorders. The hybrid dimensional-categorical model for personality diagnosis is new and complex. Given that personality disorders are common in the clinical population, there is a need for counselors to understand the new system. This session will focus on the essential features of a DSM-5 personality disorder, including level of impairment in self and interpersonal functioning. One personality disorder (e.g., Borderline Personality Disorder) will be reviewed in-depth in order to provide a concrete example of differences between DSM-IV-TR versus DSM-5 criteria.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Multicultural and International Counseling Academy
Evidence-Based Practices Academy
Program ID #298, Convention Center, Room 203
The Relationships Between Multicultural Competence, Cultural Immersion, and Cognitive/Emotional Developmental Styles
60-Minute Session
Laura Rosemary Shannonhouse, Jane E. Myers
Cultural immersion (CI) is en vogue; however, most CI studies lack intentional methodology, generalizability, and evidence for the relationship between CI and multicultural counseling competence (MCC). It is argued that process group during CI is critical for increasing MCC. Findings from cognitive development and cognitive/emotional style (CEDS) processing may offer an intentional model to process CI experiences that maximizes the attainment of MCC. Quantitative results from a study examining counselor trainees' MCC, CI, and CEDS are explored. You are invited to an interactive session where you can learn your own CEDS preference along with strategies to better accommodate knowledge gained from the field to your work with clients.
Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Counseling Ethics & Legal Issues Academy
Multicultural and International Counseling Academy
Program ID #299, Convention Center, Room 202
Critical Race Theory as a Decisional Framework for the Ethical Counseling of African American Clients
60-Minute Session
Don P. Trahan, Matthew Lemberger-Truelove
The presenters will introduce Critical Race Theory (CRT) as a conceptual scheme for counselors to make ethical decisions, particularly in the context of counseling African American clients. CRT practitioners consider how racialized ideologies influence the living experiences and circumstances for peoples, especially those who have been racially oppressed. The presenters will introduce three CRT tenets as an overlays to select ethical codes found in the ACA Code of Ethics (2005), namely interest convergence, ordinariness of racism, and narrative story-telling. After the didactic presentation of CRT as an ethical decision making model, attendees will be engaged in an experiential activity and handouts will be provided for reference.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
School Counseling Academy
Program ID #300, Convention Center, Room 250
Obesity Prevention Among Latino Youth: School Counselors’ Role in Promoting Healthy Lifestyles and Academic Success
60-Minute Session
Amy L. Cook
Numerous psychological and behavioral consequences of obesity have been identified, including low self-esteem, depression, and poor academic performance. Given the higher obesity rates among Latino children and adolescents compared to their white counterparts, this session will provide school counselors with specific recommendations on how to implement an obesity prevention program in a culturally-sensitive manner that promotes development of healthy lifestyles and academic success.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Human Development Across the Lifespan Academy
Program ID #301, Convention Center, Room 251
How Identity Develops: Attachment, Differentiation, and a New Model in Identity Development on Identity Status
60-Minute Session
Benjamin Willis
“Who am I” is one of the existential questions that impacts almost every person and is an important aspect of the wellness of our clients. While there are many theories and models that discuss identity development, most of these conceptualizations lack evidence to support their claims. Attachment style and differentiation seem to contribute to counselor’s understanding of identity development; however, researchers have found mixed results as to the impact, or lack of impact, of these factors on identity status. This session will include a brief overview of these constructs and a new model of identity development by Eric Eisenberg. Results from a recent research study and implications for practice will be discussed.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #302, Convention Center, Room 237
Cutting Contagion: Treatment Considerations for Clinicians Confronting the Adolescent Self-Injury Epidemic
60-Minute Session
Brent Richardson, Kendra A. Surmitis
Recently described as an epidemic, adolescent self-injury is on the rise. The increase in adolescent exposure to self-injury in a variety of environments, such as residential treatment settings, group therapy, and on the Internet poses a clinical issue to counselors working with youth at risk. This session will comprise of an introduction to recent figures and clinical perspectives on self-injury, as well as a review of best practices for counselors aspiring to confront the phenomenon of contagion as one motivating factor of self-harm. Opportunities for the exchange of perspectives will be included in this session to encourage professional dialogue and facilitate awareness of self-injury contagion in a variety of clinical settings.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Multicultural and International Counseling Academy
Program ID #304, Convention Center, Room 234
Cultures in Contact: Increasing Cross-Cultural Competencies Through an Multidimensional Understanding of Acculturation
60-Minute Session
Lynn Zagzebski Tovar, Syntia D. Santos
Melting pot or salad bowl? As counselors, we know that the lived experiences and worldviews of our diverse students and clients are unique. Through an exploration of the various ways that acculturation is operationalized in assessments and conceptualized in research, policy and practice, participants will generate ideas for best practice within their own work settings.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Program ID #305, Convention Center, Room 235
How to Write an Effective Case Conceptualization
60-Minute Session
Jonathan Sperry, Len Sperry
Increasingly, counselors are expected to include case conceptualizations in their case reports and presentations. An easy to master strategy for developing case conceptualizations is described and illustrated in this session. It begins with a focused assessment of the key elements of the conceptualization. Then, a step-by-step process for writing an integrative case conceptualization based on this assessment is illustrated with case material. The format for this session is highly interactive and will foster confidence and mastery of this essential counseling competency.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Counselor Education & Supervision Academy
Program ID #306, Convention Center, Room 261
Understanding the Experiences of Counselors who are Allies to Communities of Color: Implications for Counselor Education
60-Minute Session
Carlos P. Hipolito-Delgado, Margaret Card-Govela, Judith Hermosillo, Tianka Pharoah
Successfully partnering and providing counseling services to communities of color requires more than multicultural competence. This session highlights the findings of a grounded theory study which aimed to identify the dispositions, practices, and interventions used by counselors whose exemplary practice makes them an ally to communities of color. Additionally, session participants will learn about specific training activities, based on empirical research, designed to increase self-awareness, promote understanding of communities of color, and increase motivation to serve communities of color. Handouts describing the various recommended training activities will be provided.

Saturday, March 23, 2013
5:00 p.m. - 6:00 p.m.
Career Development/Employment Counseling Academy
Program ID #307, Convention Center, Room 252
Midlife Career Transition and Life Satisfaction for Military Veterans Transitioning to Civilian Employment
60-Minute Session
Heather C. Robertson
Military veterans transitioning to civilian employment were surveyed as to the barriers and resources that they encountered during the transition, as well as their overall life satisfaction. Learn how concepts such as confidence, control, finances and family support shaped the experience of veterans transitioning to civilian employment, while also discussing current issues facing our returning veterans such as unemployment and homelessness. Techniques for working with military members and veterans in a career counseling setting will be discussed including narrative approaches and external supports. Resources for counselors and military/veteran clients will be provided.

**Sunday, March 24, 2013**

**7:30 a.m. - 8:30 a.m.**

*For Graduate Students and New Professionals Only Session*

Program ID #308, Convention Center, **Room 200**

**Building Skills and Advocating for the Counseling Profession**

60-Minute Session

*Don W. Locke*

A session designed to facilitate a discussion of methods to continue the building and development of critical skills required of the new professional counselor following completion of a graduate program. The session will be emphasis on both the need to advocate for the profession and specific activities that should be considered and explored by the new professional to assure the growth and acceptance of professional counseling by the public.

**Sunday, March 24, 2013**

**7:30 a.m. - 8:30 a.m.**

*IAAOC Sponsored Session*

Program ID #309, Convention Center, **Room 232**

**Specialization and Competency: Ethical Issues in the Current State of Addictions Counseling Training and Practice**

60-Minute Session, Advanced

*Keith Morgen, Geri Miller*

Addictions counseling exists in an ambiguous realm between professional counseling and a “counseling specialty.” This session examines the unique ethical issues inherent in whether the counseling profession conceptualizes addictions counseling as one of the many disorders and populations addressed by LPCs (similar to anxiety or mood disorders) or a specialty area in need of separate state licenses/certifications and/or national credentials (e.g., other than the professional counseling license). Case examples using the ACA Ethics Code, CACREP Standards, and SAMHSAs addiction counseling competencies highlight the ethical issues within counselor education and training. Audience discussion of how these issues are addressed within various states is encouraged.

**Sunday, March 24, 2013**

**7:30 a.m. - 8:30 a.m.**

*IAMFC Sponsored Session*

Program ID #310, Convention Center, **Room 205**

**Welcome to the Jungle: Navigating Through the Ethical Maze of High Conflict Divorce**

60-Minute Session

*Brandé N. Flamez, Joshua D. Francis, Ann M. Ordway, Michelle Perepiczka*

Due to the increasing rate of divorce and the far-reaching implications, counselors are simply not insulated from the thicket of family court litigation. Even when the counselor’s involvement begins with a seemingly uncomplicated therapeutic role with one of the parties or for the benefit of a child, it is not uncommon for the counselor to be swept up in advocacy for the client when asked to render an opinion as to parental competency or when subpoenaed by an attorney. This session will serve to lay a foundation for a better understanding of terms and obligations associated with court involvement, as well as guidance for understanding the intertwining of the Code of Ethics for the counseling profession and legal proceedings.
ASERVIC Sponsored Session
Program ID #311, Convention Center, Room 233
**Spiritual, Religious, and Mental Health Issues Experienced During War-time: First Hand Reports from our Deployed Military**
60-Minute Session
Lisa R. Jackson-Cherry, William Sterner, Michele C. Garofalo, Steve Zappalla, Lauren Sloan Zapf, Deeba Khumar
Recent research on military has focused on PTSD, TBI, and other mental health issues of military members deployed to war zones. One area receiving less attention is how religious traditions and beliefs and spirituality impact deployment. Quantitative and qualitative data gathered from approximately 300 deployed military members, offers important insight into the need to explore religious and spiritual issues and the impact on pre-deployment, deployment, reintegration, and re-deployment of our troops. Other mental health issues were also examined. Implications and best practices for counselors working with this population will also be reviewed to provide a rationale for including this essential component in order to treat the whole person.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID #312, Convention Center, Room 201
**Career Resources for Career Counselors and Specialists, and Counselor Educators**
60-Minute Session
Melanie A. Reinersman
Every day, 24/7 in fact, NCDA offers practical resources that can assist you in inspiring and empowering your clients/students. If your problem is identifying these resources when you most need them, here is your expert guide to NCDA resources.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
AARC Sponsored Session
Program ID #313, Convention Center, Room 204
**Participatory Action Research: Development of the School Counseling Internship: Developmental Assessment of Counseling Skills**
60-Minute Session, Advanced
Helen S. Hamlet
Various professional organizations have called for a standardized, developmental approach to the assessment of the internship experience (e.g., ACA’s call for multicultural competent assessment) and the need for a standardized assessment of internship skill acquisition. In response to these calls, a Participatory Action Research study was done resulting in the development of a standards-based assessment system to monitor the school counseling trainee’s skill development throughout the internship experience - the Professional School Counseling Internship: Developmental Assessment of Counseling Skills (CIDACS).

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Social Justice Academy
Program ID #314, Convention Center, Room 263
**Personal Transformations Among Counselors Involved in Advocacy and Social Justice**
60-Minute Session, Advanced
Jeffrey A. Kottler
There is very little research and systematic investigation of the impact of advocacy and social justice service on those who are actively and consistently involved as professionals. Besides attention to vicarious trauma there has been little attention on the personal growth and positive changes that often take place, as well as the personal challenges that are confronted. This session will focus specifically on the experiences of counselors who have been actively involved in service within their local communities or on a global scale. It highlights the ‘gifts’ we receive as a result of a life devoted to service.

Sunday, March 24, 2013
New anti-bullying initiatives continue to evolve, as society recognizes and seeks to address the impact of negative peer relationships on social and emotional development. Using The State of New Jersey’s progressive Harassment, Intimidation, and Bullying (HIB) laws as a framework for discussion, the presenters will focus on the use of assessment data, multilevel intervention strategies, and bystander training initiatives to offer specific interventions that address peer relationships and adult-to-adult bullying in the school setting. Practicing school counselors will also provide specific examples of school-wide interventions that can be used to promote a positive school culture.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Professional Issues Academy
Program ID #316, Convention Center, Room 211
Learning to Lead: Information and Strategies for Emerging Leaders in Counseling Professional Organizations
60-Minute Session
Jennifer S. Barna, Holly Branthoover
Are you a graduate student or new professional who has been thinking about how to begin or continue your journey as a counseling leader? Do you have great ideas for strengthening your local, branch, or regional counseling organization but don’t know how to get started? If either of these questions describes you, join us for an interactive session for emerging leaders that will provide you with an understanding of professional counseling organization structure and practical strategies for seeking and earning leadership opportunities. All attendees will leave with an individualized leadership action plan.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Multicultural and International Counseling Academy
Program ID #317, Convention Center, Room 212
Counseling in the United States: Perspectives From International Doctoral Students From Bhutan, Taiwan, Malaysia, and Italy
60-Minute Session
Theodore P. Remley, Jr., Kee Pau, Hsin-Ya Tang
Explore the similarities and differences in the counseling profession in United States with counselors who have been educated as counselors in Bhutan, India, Italy, Malaysia, and Taiwan. Doctoral students who hold counseling master’s degrees from other countries and are now studying counseling in the United States at a CACREP-accredited Counselor Education and Supervision program and a professor who has extensive experience with the development of the counseling profession in other countries will share their perspectives. Listening to the voices of those with culturally different perspectives is important for learning about our own culture.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Multicultural and International Counseling Academy
Program ID #318, Convention Center, Room 236
Promoting the Psycho-Social Development and Academic Achievement of Latina/o Undergraduates
60-Minute Session
Carlos P. Hipolito-Delgado
Bias is not solely the domain of those in positions of privilege. In Latino undergraduates bias manifests through internalized and perceived racism. Further, internalized and perceived racism are related to negative psychological and academic outcomes in Latino undergraduates. In Latinas/os high ethnic identity is related to higher self-esteem, coping and optimism, and academic achievement. This session explores the relationship between internalized and perceived racism and ethnic identity in undergraduate Latinos. Based on the findings of a study of 500
undergraduate Latinos, conference attendees will learn strategies to support and promote the psycho-social development and academic achievement of Latino undergraduates.

**Sunday, March 24, 2013**
**7:30 a.m. - 8:30 a.m.**
*Counseling Ethics & Legal Issues Academy*
Program ID #319, Convention Center, **Room 207**
**Addressing Value-Based Conflicts Within the Counseling Relationship: A Decision-Making Model**
60-Minute Session, Advanced
*Michael M. Kocet, Barbara Richter Herlihy, Harriet L. Glosoff*
Recent court cases, such as the Ward v. Wilbanks (EMU) case and conscience clause legislation have illuminated some complex questions regarding counselors’ personal values. It is normal for counseling professionals to hold personal and moral values. In fact, counselors’ personal values are one of the core elements of their relationships with clients. Counselors must work to bracket their personal values when engaged in a therapeutic relationship, especially when their personal values conflict with those of clients. The presenters will share two new emerging ethics tools - Ethical Bracketing (EB) strategy and a Counselor Values-Based Conflict Model (CVCM) to utilize when facing conflicts that arise between personal and professional values.

**Sunday, March 24, 2013**
**7:30 a.m. - 8:30 a.m.**
*Counselor Education & Supervision Academy*
Program ID #320, Convention Center, **Room 208**
**Strengthening the Gatekeeping Process: Proposed Standards for Professional and Personal Conduct of Counseling Students**
60-Minute Session
*Alicia M. Homrich, Jenny Wolf Ackerman, Morgan Cathleen Perun*
Should counseling students be held to standards of conduct beyond academic and clinical performance? Does the personal behavior of students in informal settings warrant consideration in assessing suitability for the profession of counseling? What are the expectations for conduct of trainees and how should they influence the gatekeeping process? This session introduces proposed standards for interpersonal, intrapersonal, and professional conduct expected of clinical trainees, ranked by 83 counselor educators and supervisors from CACREP-accredited programs. Please join the discussion on developing criteria for student behavior to create a strong foundation for professional standards, gatekeeping, and the protection of future clients.

**Sunday, March 24, 2013**
**7:30 a.m. - 8:30 a.m.**
*Research Academy*
Program ID #321, Convention Center, **Room 230**
**Using Socio-Economic Status Indices Within Mental Health and School Counseling Research**
60-Minute Session
*Lisa D. Hawley, Joel A. Lane*
Socio-economic status (SES) is underexamined in clinical research. The complexity of SES as both a concept and a variable is full of challenges for researchers. This session will provide valuable tools to perform SES research in school and mental health settings. Examples of qualitative and quantitative methods will be included. A broad model of SES will be presented including both subjective and objective data collection approaches. The current status of SES research and future directions will also be discussed.

**Sunday, March 24, 2013**
**7:30 a.m. - 8:30 a.m.**
*LGBTQ Academy*
*Counseling Theory Academy*
Program ID #322, Convention Center, **Room 231**
**The Coming out Process: Using Narrative Therapy in 'Restorying' Identity**
60-Minute Session
*Adrienne Erby*
Narrative Therapy focuses on using the power of language in creating knowledge and the “storying” of one’s experience. This constructivist framework can be a powerful method for exploring, challenging and creating a narrative as a lesbian, gay or bisexual individual. Narrative Therapy provides a unique view of the navigating a heteronormative social context with an understanding the client’s cultural experience. This session will include lecture, discussion, experiential activities and handouts identifying ways to use Narrative Therapy to support clients in the coming out process. Attendees will gain understanding of Narrative therapy, sexual identity development and therapeutic techniques in working with LGB clients.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Military Counseling Academy
Program ID #323, Convention Center, Room 203
Crisis Among Our Nations Heroes: Addressing Increased Suicide Among Military Personnel and Veterans
60-Minute Session, Advanced
Angie Waliski
Operations Enduring, Iraqi Freedom, and New Dawn have been a test of strength for over 3 million families in our nation. Military service members and Veterans may experience symptoms of depression, anxiety, and Posttraumatic Stress which can lead to risk of suicide. This session provides current research concerning suicide among military personnel/Veterans and an overview of the interventions being used to assist this population. You will be informed of current Veterans Affairs/Department of Defense concerns and practices being used to address the suicide crisis among this population. Attendees will be provided a list of VA/DoD crisis and suicide resources.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Human Development Across the Lifespan Academy
Program ID #324, Convention Center, Room 202
There's No Place Like Home: Caring for the Alzheimer's Patient at Home
60-Minute Session
Helen Hudson
If you are currently caring for someone with Alzheimer's or may be doing so in the future, come and experience what a 13-year journey with an Alzheimer patient is really like. It is not ALL bad and in fact, much of it is sheer, unadulterated joy. Currently, too much emphasis is placed on the horror of the disease while forgetting the upside: there are some blessings in returning to that first, childlike state of the mind where the slate is quite literally clean. As my grandmother once said, 'I think I am forgetting what might hurt me to remember.' While caring for a loved one at home is not always possible, it may well be easier than you think. And it just might change your life, and theirs, for the better.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Wellness Academy
Program ID #325, Convention Center, Room 250
Make Room for Happiness: Positive Psychology Techniques
60-Minute Session
Russell Fulmer
This interactive session is designed as an orientation to the burgeoning field of Positive Psychology. Leave with an understanding of the movement, recent research findings, and practical interventions you can apply with clients or even yourself. The presenter spent four years as a professor at two Caribbean medical schools working with a multicultural clientele where he taught and applied Positive Psychology. This session will provide examples of positive psychology in counseling practice, research about innovative techniques, and Multicultural case examples of positive psychology in action.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Clinical Mental Health/Private Practice Academy
Individual Trauma/Disaster Mental Health Academy
Program ID #326, Convention Center, Room 251
Strategies for Promoting Safety and Stability in the Treatment of Complex Trauma
60-Minute Session
Cynthia M. Miller
This session is designed for students, clinicians, and counselor educators interested in learning more about how to treat complex trauma resulting from childhood abuse. It reviews the unique cluster of symptoms associated with complex trauma and the importance of accurate diagnosis. It then presents the three-stage model of treatment with an emphasis on the first stage: establishing safety and skills. Learn about the importance of safety in trauma treatment and review strategies for increasing a client’s actual and perceived safety. Learn several techniques, drawn from different evidence-based interventions, which clients can use to manage the symptoms which result from complex trauma.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
School Counseling Academy
Program ID #327, Convention Center, Room 237

How Do You Say School Counselor in English? Are You Ready for the New Generation: English Language Learners?
60-Minute Session
Diana L. Wildermuth
This session is designed to provide an overview of the theoretical principals and practical knowledge that are essential for counselors to understand the development and education of the English Language Learner and the counselor's role in advocacy. Topics covered include the language acquisition process, relevant cultural factors, assessment, and professionalism. Legal and Ethical responsibilities will also be addressed.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Counselor Education & Supervision Academy
Program ID #328, Convention Center, Room 238

Male Counseling Students’ Perceptions of Females
60-Minute Session
Jody Huntington, Linda Black
This session includes the purpose, process, and findings of a qualitative study which explored male counseling students’ perceptions of female clients, peers, and faculty. Learn the results of this qualitative study which explored male counseling students’ perceptions of female clients, peers, and faculty; learn about the historical oppression of women and current gender issues which have an impact on sexism and sexual objectification of women; and learn about the importance of, and consider, gender issues in relations to counseling and counseling relationships.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Multicultural and International Counseling Academy
Program ID #329, Convention Center, Room 234

Do You Know the Way to Jonglei? Responding to a Call to Implement Health Care Services in the Republic of South Sudan
60-Minute Session
Rhonda R. Parmley, Jill Cantor Lee
This session focuses on the application of counseling and mediation skills to address the complex issues involved in developing and implementing sustainable health care services in the world’s newest country, the Republic of South Sudan. A culturally sensitive and responsive model of organizational development, which emerged from our work with local South Sudanese nationals as well as highlighting the critical importance of strong mediation and counseling skills required in this process, will be presented. Implications for counselor training will be discussed.

Sunday, March 24, 2013
7:30 a.m. - 8:30 a.m.
Counselor Education & Supervision Academy
Program ID #330, Convention Center, Room 235

60-Minute Session
**Rebecca Earhart Michel**
Are you satisfied at work? Counselor educators and doctoral students are invited to ponder this question during an engaging and reflective presentation exploring faculty member job satisfaction. Findings from a recent survey of counselor educators will be highlighted. Learn strategies to enhance their satisfaction in academia through identification of personal strengths, relationship building, and mentorship.

**Sunday, March 24, 2013**
7:30 a.m. - 8:30 a.m.
Program ID #331, Convention Center, Room 261

**When Treatment Becomes Trauma: Understanding Prevention, Intervention, and Transformation of Medical Trauma**
60-Minute Session
**Michelle E. Hall, Scott E. Hall**
We often think of medical settings as places of help and healing, but for some a medical procedure or diagnosis can be traumatic and lead to a significant clinical response. Learn about the diagnosis, treatment, and transformation of medical trauma in children and adults. A resource including information about evidenced-based treatments for medical trauma will be provided to participants.

**Sunday, March 24, 2013**
8:45 a.m. - 9:15 a.m.
ACA Client-Focused Research Series
Research Academy
Program ID #333, Convention Center, Room 252

**The Effects of a Web-Based Career Intervention Program on Elementary School Students’ Vocational Development**
30-Minute Session
**Julie Cerrito, Jerry Trusty**
Acknowledging the limited research in the area of elementary school counseling career development, this session will examine the use of an online, career intervention program, called Kuder Galaxy, in comparison to a traditional career guidance lesson intervention. Research using a counterbalanced pre-test/post test control group experimental design will be presented. Results, implications, and best practices for infusing career interventions into school counseling curriculum will be discussed.

**Sunday, March 24, 2013**
8:45 a.m. - 10:15 a.m.
Social Justice Academy
Program ID #334, Convention Center, Room 200

**Developing Empowering and Inclusive Language: Communicating Respect With Diverse Population**
90-Minute Session
**Amney J. Harper, Hugh C. Crethar, Anneliese A. Singh**
As counselors, the majority of our work with clients is via the language we use and the relationships we foster. In a society that is becoming increasingly diverse, counselors must develop an awareness of the power of language accompanied by a consistently improved knowledge base of empowering language. This session will focus on helping counselors to build their skills in utilizing inclusive and empowering language to hold difficult dialogues around issues of identity (race, class, nationality, sexual orientation, gender identity/expression, ability, age, etc.). The constructs of “politically correct” language versus “empowering and inclusive” language will be discussed, with an emphasis placed on language that is empowering.

**Sunday, March 24, 2013**
8:45 a.m. - 10:15 a.m.
Career Development/Employment Counseling Academy
Human Development Across the Lifespan Academy
Program ID #335, Convention Center, Room 232

**Resistance to Change: Helping Professional Women Make Meaning of Career and Life Transitions**
90-Minute Session
Nadine Hartig, Frances J. Steigerwald
Professional women’s lives and careers follow a trajectory that accommodates for other life roles and balance, but often leads to wanted and unwanted transitions. This session is designed to provide professional counselors and counselor educators with tools to assist women with reducing the anxiety of transitions, making meaning of their career paths and transitions, and understanding the fundamental values that impact career transitions. Specifically, techniques utilizing Kegan’s constructive developmental theory (CDT), Schlossberg’s transition theory, Gurdjieff’s evolutionary theory of many “I’s”, and Miller and Rollnick’s motivational interviewing will be demonstrated and practiced in this session.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Child & Adolescent Counseling Academy
Program ID #336, Convention Center, Room 205
Play-Based Intervention for Attachment Disorders and Attachment Related Issues
90-Minute Session, Advanced
Dee Ray, Kimberly Jayne
Many children experience disruptions or deficits in their early relationships due to adoption, neglect, abuse, and trauma. The purpose of this session is to increase understanding of attachment theory and research and to learn play-based approaches and skills to promote healthy attachment and development with attachment disordered children. Presenters will present principles of attachment theory, brain development, and rationale for using play therapy. This session will address how play-based intervention can be used to build relationship skills of children so that they develop valuable attachment relationships and decrease functional impairment.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Chi Sigma Iota Sponsored Session
Multicultural and International Counseling Academy
Program ID #337, Convention Center, Room 233
The Disciplinary Practices of African American Mothers and Fathers: Engaging in Culturally Responsive Research
90-Minute Session, Advanced
Carla Adkison-Bradley
This session will discuss the results of a mix-method research study of child disciplinary strategies used by African American parents. Findings indicated that strategies used by parents represented a hierarchal pattern starting with verbal discussion followed up with a more severe disciplinary action. It was also found that African American parents were firm in maintaining certain standards of behavior in older children. Counselors are ethically bound to embrace a multicultural approach to counseling. Thus, it is essential for counselors to understand the context of the disciplinary episode and behavioral expectations of African American parents. Implications for engaging in culturally responsive research will discussed.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
LGBTQ Academy
Program ID #338, Convention Center, Room 201
Inspiring Heart, Engaging Mind, and Empowering Action: Traditional and Innovative LGBTQI Advocacy Across the Lifespan
90-Minute Session
Quinn M. Pearson
Experience the power of innovative, creative strategies (including YouTube videos, real-time on-line audience polling, on-line puzzle makers, checklists, music, humor, and multi-media PowerPoint slides) that will engage clients, students, and counselors in training within multiple settings and modalities. Topics related to advocacy for children, adolescents, adults, and older adults will be presented within the framework of the ACA Advocacy Model and Competencies. Receive links to resources for diverse groups within the LGBTQI population as well as active links embedded within the PowerPoint slides. Prepare to be inspired, engage in active dialogue, collaborate with colleagues, and emerge with an action plan.
Due Process and Remediation: Best Practices for Graduate Counseling Programs

90-Minute Session, Advanced
Kathryn Klock-Powell, Devin Byrd, Allen D. Delaney, J. David Bragg, Metoka L. Welch

When students are faced with academic, personal/professional, or clinical infractions it is important that a standardized process for vetting the issues is followed to ensure procedural fairness and respect are provided students. Experience the due process though participation in a role play scenario of a Progress and Promotions Committee Meeting involving presenters and participants. Develop a remediation plan from the role play following best practices. Discuss participant’s experiences and questions.

A Process Model for Community Collaboration and Partnerships: Strategies and Applications for Counselors in Various Contexts

90-Minute Session, Advanced
Julia A. Bryan

Is counselor collaboration with clients, families, and community members practical in community-mental health and school counseling settings or is this merely a social work model? To what extent and how are counselors practicing community collaboration? What models exist to help counselors navigate the partnership process? In this interactive session, presenters engage participants in an honest discourse about the rationale and principles of community collaboration and partnerships. Learn about, and apply, a seven-stage social justice-focused partnership process model to help counselors across all settings navigate the process of creating partnership interventions that tackle mental health, educational, and social problems.

Strengths-Based Counseling Supervision

90-Minute Session
James R. Ruby, Jeffrey K. Edwards, Stephanie Standefer, Andy Young

Clinical supervisors often find themselves in an organizational hierarchy where they are expected to guide, inform, and sometimes discipline team members. This dynamic often leads to tension or reluctance to engage in the evaluation process on the part of either the supervisor or the supervisee. Strength-based supervision focuses on nurturing what is working well and creating an atmosphere where change is possible through self-reflection. This session presents a model of counseling supervision that bridges organizational demands and needs with the effectiveness of a strength-based approach. Learn some hands on methods for integrating a strength-based orientation into your supervision work.

Tibetan Buddhism's RIGPA and SEM and Their relationship to Albert Ellis' Rational Emotive Behavior Therapy

90-Minute Session
Robert A. Ross, Shu-Chung Chen

This session will discuss Buddhist meditation, the tradition-old concept and experience of 'Rigpa' which is one of the highest teachings in the Buddhist tradition, and the relationship of this to Albert Ellis' Rational Emotive Behavior Therapy. Ellis' ABCs in helping clients move from dysfunctional thinking and behavior to healthy expressions of the
same will also be discussed. Most importantly, a connection between 'Rigpa' and Ellis’ 'Belief System' will be
demonstrated. This connection will provide an additional treatment tool to place in your professional toolbox to help
your clients get well.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
School Counseling Academy
Program ID #343, Convention Center, Room 212
Whole-School Methods to Address Bullying
90-Minute Session, Advanced
Julaine E. Field, Jered B. Kolbert, Laura Crothers
School counselors serve as educational leaders who monitor school climate and create or maintain interventions to
promote a positive school environment. Several variables contribute to creating an optimal learning environment for
P – 12 students and school safety, which includes anti-bullying programs, is an essential focus for school success.
Although several school districts report anti-bullying efforts, few use a multi-component, systems based approach
involving the whole school. The purpose of this session is to teach school counselors the elements of effective
whole-school approaches to address bullying.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Couples & Family Counseling Academy
Program ID #344, Convention Center, Room 236
Looking Into the Therapeutic Mirror: Strategies and Techniques for Working With Women in Abusive/
Dysfunctional Relationships
90-Minute Session, Advanced
John V. Farrar, Anita M. Farrar
Why do educated, successful and functional women often end up in unsatisfying, stressful and even abusive
relationships? It is estimated that relatively 2/3 of all committed relationships fail. This session provides research
findings which answer this question and equips participants with specific skills, strategies and methods to implement
in working with such clients. This practice-driven session will account for why women make poor choices and
provide therapists with the means to help clients avoid those disastrous choices in the future.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Program ID #345, Convention Center, Room 207
Integrating Spirituality and Religion in Counseling: Counselor Competency and the FACE-SPIRIT Model
90-Minute Session
Hannah B. Bayne, Radha Horton-Parker, Melody Agbisit
Spirituality and religion can facilitate healing, and many times clients may want to incorporate these elements into
counseling. However, practical methods of doing so are infrequently discussed, and many counselors may feel
unprepared to include this focus in their work with clients. The FACE-SPIRIT model was developed to offer
implicit and explicit strategies for integrating spirituality into counseling practice. Via experiential activities and
case studies, participants will learn effective techniques for integrating spirituality into counseling and counselor
education. Results from a recent study of Ph.D. students’ spiritual competencies will also be shared, along with ideas
for infusing spirituality within counseling curriculum.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Evidence-Based Practices Academy
Program ID #346, Convention Center, Room 208
Understanding the Unsaid: Nonverbal Awareness and Skills Training to Increase Multicultural Competence
90-Minute Program
Michael Mariska, Ryan William Green, Sarah N. Baquet
Differences in nonverbal communication styles often act as a barrier to counseling and advocating for culturally
different clients. This session draws from decades of social science research and training programs for business
professionals, educators, and law enforcement personnel to show how an increased focus on nonverbal skills in
counselor training can lead to greater effectiveness in addressing multicultural, social justice, and equity issues with clients and communities. The session will include a multimedia presentation, live demonstrations, role-play experiences, and an opportunity for discussion and questions. It is applicable to counselors, educators, and students from all counseling areas and all skill levels.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Group Work Academy
School Counseling Academy
Program ID #347, Convention Center, Room 230
Secondary School Counselors' Experiences with Group Work: A Qualitative Inquiry with Implications for Practice and Education
90-Minute Program, Advanced
Chinwe’ Uwah Williams, George McMahon
Research has consistently demonstrated that counseling groups can be an efficient and effective way for school counselors to address the academic, personal, and social needs of students. Despite the well documented benefits of groups in schools, studies also show that group counseling is consistently underutilized in high schools. Presenters will review current research on group work in schools, and will present the findings of their original research into the experiences of secondary school counselors who maintain group programs. Presenters will outline strategies for school counselors and counselor educators to address both internal and systemic challenges to developing or expanding group programs in schools.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Counselor Education & Supervision Academy
Program ID #348, Convention Center, Room 231
Critical Thinking Skills in Counseling: Using Counseling Analogs to Assess and Train Counselors
90-Minute Program, Advanced
Chad Luke, Frederick Redekop
The “red herring” phenomenon in counseling involves following or encouraging clients to discuss intriguing material without a clear rationale for such inquiry. Counselors, educators and supervisors must train our selves and our students to identify and adjust pursuit of these red herrings to avoid exploration for intellectual curiosity or emotional voyeurism. Recent research using an NSF-funded instrument holds great promise for training counselors in an area that has received limited attention in the literature: critical thinking skills. This session provides counseling specific items for use by supervisors and educators to assess and train students/supervisees in critical thinking.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Wellness Academy
Program ID #349, Convention Center, Room 203
Mindfulness Practices as Self-Care for Counselors
90-Minute Program
Julie Lenyk, Varunee Faii Sangganjanavanich, Valerie Prevosnak
Counselors are not effectively and systematically prepared to engage in self-care practices for their professional development and personal wellness. It is an ethical practice that counselors implement useful and effective self-care strategies to enhance their personal and professional functioning. Mindfulness is an evidence based practice that counselors can implement to promote their counselor wellness, reduce occupational stress, and prevent impairment. The presenters will provide an overview of counselor self care and wellness; ethical and legal issues related to counselor wellness and impairment; and mindfulness self-care strategies for counselors to utilize in everyday life.

Sunday, March 24, 2013
8:45 a.m. - 10:15 a.m.
Counselor Education & Supervision Academy
Program ID #350, Convention Center, Room 202
Grief and Countertransference: Applying a Developmental Model of Supervision to Counselors Who Have Experienced Loss  
90-Minute Program  
Ryan Foster, Nick P. Patras  
In this session, the presenters will discuss a model of supervising counselors-in-training who experience countertransference related to grief and loss based on Ronnestad and Skovholt’s (2003) developmental model of supervision. The presenters will review factors that can affect the process of understanding and resolving countertransference issues due to grief, including cultural and social experiences and spiritual beliefs. Additionally, the presenters will discuss specific supervision cases and invite attendees' participation and sharing of their own counseling or supervision experiences related to this topic.

Sunday, March 24, 2013  
8:45 a.m. - 10:15 a.m.  
Counseling Theory Academy  
Program ID #351, Convention Center, Room 250

Infusing Ritual Practices and Solution-Focused Counseling: A Model for Facilitating Client Change  
90-Minute Program, Advanced  
Elizabeth A. Prosek, Stephanie A Crockett  
This session invites counselors and counselor trainees to consider how a traditional counseling approach can be infused with spiritual techniques to reach clients at both cognitive and emotional levels. An original six-phase Brief Solution Rituals model is presented to demonstrate how solution-focused counseling and rituals are infused to provide a meaningful counseling experience for clients. A video recorded case example displays the utilization of the model in clinical practice. You are invited to participate in an experiential activity to further understand the potential impact of rituals in the therapeutic process.

Sunday, March 24, 2013  
8:45 a.m. - 10:15 a.m.  
Program ID #352, Convention Center, Room 251

Native American Spirituality and The Treatment of Native and Non-Native Peoples With Mental Heath and Substance Abuse Issues  
90-Minute Session  
Rodney Alan Valandra  
Understanding how spirituality and culture is intertwined within Native Americans is essential for working with Natives and in the treatment of non-Native clients. Native culture and spirituality will be explored as well as how to incorporate concepts in the treatment of Native and non-Native clients. Walking the Red Road is walking the journey of life in the right path, one with all elements of nature, within the natural rhythm of life exploring the four basic elements, Medicine, Harmony, Relation, and Vision. The concepts related to being centered in life and wellness will also be explored. Understanding and using these concepts, values, and beliefs can be important in assessment, diagnosis, and treatment of Native and non-Native peoples.

Sunday, March 24, 2013  
8:45 a.m. - 10:15 a.m.  
ACA Counseling in Action Demonstration Series  
Counseling Theory Academy  
Program ID #355, Convention Center, Room 260

Working with Perpetrators and Targets of Cyberbullying  
90-Minute Session  
Sheri Bauman  
The presenter will demonstrate counseling strategies that can be used with persons involved in cyberbullying. The behavior is problematic in schools, workplaces, and social contexts, and counselors need skills to work effectively with all involved. These skills will be exhibited in the sessions, one with perpetrator, and one with the target.

Sunday, March 24, 2013  
9:45 a.m. - 10:15 a.m.  
ACA Client-Focused Research Series  
Research Academy
An Investigation of Guilt-Proneness Among Non-Traditional Students
30-Minute Session
Kristian Alton, Muthoni Kimemia, Kerrie Kardatzke Fuenfhausen, Julia Champe
Since the late 1970s, non-traditional students have claimed a consistently larger segment of the college student population. However, despite this consistent growth, non-traditional students continue to experience higher attrition rates than their traditional peers. The literature on non-traditional students suggests that guilt may play a role in these attrition rates and suggests that this guilt may result from conflicting social norms. The purpose of this session is to present research examining this connection, discuss how the relationship between guilt and social norms is influencing this population, and identify best practices for supporting the emotional and psychological well-being of non-traditional students.

Suicidal Behavior and Contagions: A Review of Increasing Trends and Discussion About Crisis Interventions and Debriefings
60-Minute Session, Advanced
Sandra Terneus
Suicidal behavior is a major concern of mental health professionals, especially crisis counselors. This session will briefly review trends of suicidal behavior as well contagion effects. The majority of the session will be on viewing video segments regarding suicidal behavior, crisis intervention, and debriefing. You will have the opportunity to share personal reactions to the video segments as well as answer discussion questions in a small group format. The processing of such dialogue will facilitate/confirm effective interventions, validate counselor wellness, and possibly find additional means to reduce suicide behavior.

NOSCA's 2012 National Survey of School Counselors: Where is Counselor Education?
60-Minute Session, Advanced
Vivian V. Lee
The National Office for School Counselor Advocacy (NOSCA) will present the findings from the 2012 National Survey of School Counselors, True North: Charting the Course to College and Career Readiness. Participants will get an in-depth look at this cutting edge research and the implications for school counseling in the areas of efficacy, training, resources, accountability and equity. The impact on pre-service training programs and the responses of those from CACREP programs will be highlighted. In addition, paths forward that include policy and legislative considerations for school counseling will be discussed.

Finding Counseling Intervention Gems
60-Minute Session
Garry R. Walz, Jeanne C. Bleuer
We attend professional conferences to acquire information on practical interventions that bring about desired outcomes. In this session, several counseling "pros" will reveal where to find gems that promise useful results. They will also suggest how you can "bury" your own gems in VISTAS so others can locate and use them.
Career Counseling of Student Veterans: Theory and Application of a Cognitive Information Processing Approach
60-Minute Session, Advanced
Seth C. W. Hayden, Leigh Eskin, Kathy Dorsett, ShengLi Dong
Veterans transitioning from military to civilian life often utilize their GI benefits to obtain various educational degrees. Student veterans sometimes struggle when supports are not present to assist them in an educational setting. Career counseling provides a tangible means of supporting student veterans in identifying fields of study and accompanying vocational options suited to their interests. This session will discuss the use of Cognitive Information Processing Theory in the career counseling of student veterans. The tenants of this approach along with its application in the provision of career counseling of student veterans will be discussed. You will be provided handouts and resources related to the topic.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Chi Sigma Iota Sponsored Session
Couples & Family Counseling Academy
Program ID #364, Convention Center, Room 201
Community Impact Through Couples Relationship Education
60-Minute Session
Mark E. Young, Andrew P. Daire
This session describes the work of the Federally funded UCF Marriage and Family Research Institute which has provided couples relationship education and counseling to nearly 2000 people and has trained scores of counselors. The session describes psychoeducational procedures, challenges and rewards of working with low-income couples.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
AMCD Sponsored Session
Multicultural and International Counseling Academy
Program ID #365, Convention Center, Room 204
Developing and Sustaining Multicultural Competencies in the Counseling Profession
60-Minute Session
Cyrus R. Williams III, Laura Reid Marks
Since the adoption of the Multicultural Competencies and Standards by ACA in 2002 this document has been instrumental in aiding the profession in developing a multicultural perspective to counseling. These Competences remain a focal point of the profession. It is important to AMCD that this document remains the centerpiece when it comes to educating, supervising, researching and counseling in our profession. To this end AMCD seeks to revisit this document, we ask that you use this opportunity to provide feedback, suggestions and input regarding the Multicultural competencies, it is our goal to create a document that is fluid, sustainable and relevant.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Counselor Education & Supervision Academy
Program ID #366, Convention Center, Room 263
Building Multicultural Competent Supervision: Implications for Counselor Development, Training and Practice
60-Minute Session
Kevin Feisthamel, Paula Britton
Research on multicultural issues in supervision is still in its early stages. As such, becoming competent in multicultural supervision is in great need of much more research, writing, and reflection. The American Counseling Associations Code of Ethics (2005) section F.2.b addresses this concern of counselor supervision competence of multicultural issues. However, the methods, training, and clinical representation of what it means to be competent as a multicultural supervisor continues to be challenging. This session will focus on providing practical strategies in integrating a holistic multicultural focus within the supervision process.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Using Narrative Therapy and Creative Interventions to Help Children who Have Experienced Trauma
60-Minute Session, Advanced
Kimberly J. Desmond
This session examines how creative interventions such as puppets, letter writing, and art can be used within a narrative therapeutic framework to promote healing in children who have experienced trauma. Gain information about how trauma impacts children at various developmental stages and how counselors can facilitate healing. Specific techniques will be demonstrated through case study application.

Global Links and Gaps: Strategies for Cultivating 2-way Global Interaction and Implementing International Activities
60-Minute Session
Laura Rosemary Shannonhouse, Jane E. Myers
The mental health profession is developing a global presence; however, there is little written and understood about the international activities of counselor education programs. Qualitative and quantitative data from 62 counselor ed. programs regarding their international activities and socio-cultural immersions will be presented. Whether counselors are responding to disasters or developing international partners, this engagement is argued to increase multicultural counseling competence. This session will explore ways to implement cultural immersion abroad and foster intentional 2-way internationalization. Strategies will be provided on how to cultivate opportunities for increased global interaction of both counseling students and faculty.

Mental Health in the Middle: School Counselors‘ Perceptions of Middle School Students’ Mental Health Needs
60-Minute Session
Kimere Corthell, Andrea Dixon, Brian Dew, Lindy K. Parker, Natalie K. Grubbs
Are the mental health needs of middle school students being addressed in the schools today? School counselors are on the front lines when it comes to identifying mental health issues among adolescents. Although school counselors are trained to address the mental health needs of their students, referring students out to mental health services is an essential part of a school counselor’s job. Less than 50% of students referred to outside counseling services actually receive the services needed. Having a mental health professional based in schools can help meet the mental health needs of students, especially in low income communities. Results from a qualitative study exploring the mental health needs of middle school students will be discussed.

Counseling for Liberation: Applying Liberation Psychology to Counseling Practice
60-Minute Session
Kevin A. Tate, Rachael D. Goodman, Angela Calderon
The need for culturally competent, socially just counseling practice is more important than ever. This session will describe and give examples of a framework intended for such practice - the Counseling for Liberation model of counseling practice. Participants will learn the basic principles of Liberation Psychology, as well as how this theory can be used to guide counseling practice. Three specific examples of the implementation of Counseling for
Liberation will be described including a career counseling group for first-generation college students, disaster outreach counseling for a Haitian American community, and group counseling for Latina/o migrant workers.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
School Counseling Academy
Program ID #371, Convention Center, Room 207
**The Emerging Phenomenon of Bullycide: Implications for School Counselors and Stakeholders**
60-Minute Session, Advanced
*Tara S. Jungersen, Shannon Ray*
Bullycide, defined as children who commit suicide after being bullied, represents a complex and growing issue faced by professional counselors. It is important that school counselors take proactive steps to increase their knowledge and to ensure that their schools implement solid bullying and suicide prevention programs. Relevant legal issues (i.e., schools being sued by parents of bullycide victims) and diversity variables (e.g., LGBT-targeted bullying victims) will also be addressed. The goal of this session is to provide an overview of bullycide, and to outline the steps that school counselors and personnel should take before, during, and after interventions with bullying victims in order to prevent bullycide.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Group Work Academy
Program ID #372, Convention Center, Room 208
**Invigorating Group Supervision: An Empirically-Based Application of Group Theory and Practice**
60-Minute Session
*Morgan Kiper Riechel, Ki Chae, Derek Robertson*
How are theories of group work applied in group supervision in counselor education? A critical review of the literature identifies gaps related to diversity and power dynamics, the application of group processes into group work, and substantiates a theory-based model for implementation at other university programs.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
LGBTQ Academy
Program ID #373, Convention Center, Room 230
**Factors Impacting Counselor Competency When Counseling Sexual Minority Intimate Partner Violence Victims**
60-Minute Session, Advanced
*Anita Neuer Colburn*
Research regarding competency in counseling intimate partner violence victims is prolific; however a lack of inquiry exists for sexual minority intimate partner victims. This population is at a heightened risk because they are both oppressed and victims of abuse. Further research into establishing competencies for counselor competency with sexual minority intimate partner victims is important in order to provide best practices for this sensitive population. Best practices can help to ensure that only the most effective treatments are provided and will discourage the use of non-empirically based treatments. A qualitative study on counselor competency with sexual minority intimate partner violence victims will be discussed.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Program ID #374, Convention Center, Room 231
**The Bucket Group: Maximizing Awareness of Empathy and Development of Communication Skills Within Correctional Populations**
60-Minute Session
*Nefertiti Beck, Melissa Gaa*
The Bucket Group is an experiential group implemented in both correctional settings and transitional living facilities based on the book How Full is Your Bucket by Tom Rath and Donald O. Clifton, PhD (2004). Attendees will participate in a Bucket Group session led by one of the three facilitators in order to receive a hands-on understanding
of the experience of group participants. Research and resources regarding the correctional population will be shared to assist in serving incarcerated or transitional clients develop empathy and more effective communication skills.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
College Counseling Academy
Program ID #375, Convention Center, Room 203
Counselors Working in Higher Education: College Counseling Interventions Applicable in Other Student Service Areas
60-Minute Session
Jake J. Protivnak, Matthew J. Paylo, Scott E. Queener
Counseling interventions are important in supporting the development of college students. Participants will learn college counseling interventions that can be utilized in a variety of student service areas across campus. The presenters will discuss the unique contributions and ethical challenges of College Counselors working outside of the traditional counseling office. You will be provided with suggestions for ways that College Counselors can work with administrators to support the development of academic, career, and personal/social development of all students in higher education.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Evidence-Based Practices Academy
Program ID #376, Convention Center, Room 202
Incorporating Motivational Interviewing Into Counselor Supervision
60-Minute Session, Advanced
Cynthia J. Osborn, Melanie M. Jarussi, Todd F. Lewis
Motivational interviewing (MI) is a person-centered, collaborative, and empirically-supported guiding style intended to elicit and strengthen motivation toward positive change. Its versatile and purposeful style lends itself well to counselor supervision, offering structure and direction, and promoting collaboration, skill development, and self-assessment. This session will describe how MI has been implemented in the individual and group supervision of beginning counselors. Specific examples will be provided of MI’s utility in supervision for teaching and reinforcing fundamental skills, enhancing client case conceptualization, fostering supervisee (and supervisor) self-efficacy and humility, and facilitating supervisee evaluation.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Wellness Academy
Program ID #377, Convention Center, Room 250
Puppy Love: Using Dogs as a Unique Approach to Wellness Across a Variety of Counseling Spectrums
60-Minute Session
Carrie Alexander-Albritton, Amanda Griffith, Shanen Norlin
Therapy dogs allow counselors to tap into clients on a unique level. This session combines research and theory into practice by highlighting current literature and a practical demonstration. The presenters will focus on the unconventional ways therapy dogs can be integrated into the overall wellness of clients. Therapy dogs offer a source of outlet for those experiencing trust issues, grief and loss, anxiety and many other difficult life issues. The presenters will connect personal experience and knowledge in order to promote the integration of research and practice into tangible ways to use therapy dogs in the counseling profession.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Research Academy
Program ID #378, Convention Center, Room 251
Understanding the Concept and Development of Research Identity Within Master's-Level Counselors
60-Minute Session
Maribeth F. Jorgensen
There has been much left to know and understand about what it means to have a research identity in addition to a professional counselor identity. The goal of this session is to provide a framework for the rationale of this research
focus; describe the methodologies utilized thus far; and share findings of research that has focused on grounding the concept and development of research identity in professional counselors. Further, research identity development will be described through explanations of the three identified stages: stage one, stagnation; stage two, negotiation; and stage three, stabilization. Implications for the field of counselor education, clinical supervision, and the profession of counseling will be discussed.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Clinical Mental Health/Private Practice Academy
Program ID #379, Convention Center, Room 237
Internship in Integrated Health Care Practices: Opportunities and Challenges
60-Minute Session, Advanced
Russ Curtis
The purpose of this session is to inform counselors and counselor educators about the opportunities that exist for practicum and internship students interested in working within integrated health care practices. To do this, integrated care (IC) will be defined and the research supporting its efficacy will be presented. Typical duties performed by counseling interns, benefits to clients and health care professionals, and the training needed to insure successful IC internships will be discussed.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Multicultural and International Counseling Academy
Program ID #380, Convention Center, Room 238
Muslim Identity: A Model for Working With American Muslim Students
60-Minute Session
Maham Tariq
Muslims are among the fastest growing religious population in the country and Muslim students have a more visible presence in schools and on college campuses. However many counselors have limited knowledge about their spiritual and cultural lives. This session informs counselors of myths and realities regarding those who practice Islam. It also describes a model of identity development to help counselors work with American Muslim students.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Multicultural and International Counseling Academy
Program ID #381, Convention Center, Room 234
Self, Others, and Worldviews: The Cultural Differences of Individuation Construction Process
60-Minute Session
Ching-Chen Chen, Ellen P. Cook, George Richardson
The purpose of this research study is to explore the individuation construction process of adolescents in different cultural contexts. This research indeed encompasses three levels of construction: self-identity, fulfilling social relationships and practicing one’s worldviews about life goal, mission, and calling.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Program ID #382, Convention Center, Room 261
What's on Your Smartphone: Phone Applications for Counselors and Clients
60-Minute Session
Janis C. Booth, Nathan R. Booth
This session will review smartphone applications appropriate for use by counselors, counseling graduate students, and their clients. Applicability for various purposes and types of phone, cost, as well ethical issues related to the use of electronic communication devices will be discussed. Information about privacy issues and future applications will be provided by a smartphone application designer interviewed by the presenters.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
ARCA Sponsored Session
Research Academy
Program ID #383, Convention Center, Room 261

Relationships of Environmental Factors and Community Reintegration After Spinal Cord Injury: Using ICF Model
60-Minute Session
Veronica I. Umeasiegbu
The primary purpose of the study is to investigate the relationships of environmental factors (adjustment counseling, assistive technology, and vocational services) and community reintegration outcomes among adults with spinal cord injury. This session will provoke interest in the applicability of the ICF in rehabilitation research and clinical practice, and provide information on the relationships between rehabilitation services received and community reintegration outcomes of individuals with spinal cord injury.

Sunday, March 24, 2013
10:30 a.m. - 11:30 a.m.
Counseling Ethics & Legal Issues Academy
Program ID #384, Convention Center, Room 252
Replenishing the Well: The Ethic of Self-Care for Counselors in Small, Rural, or “Neighborhood” Settings
60-Minute Session
Mikal Crawford, Deborah Drew
Counselors have an ethical obligation to care for themselves as they engage in practice with their clients. In small, rural and “neighborhood” settings, the challenge of the person/profession interface is very real. This session invites you to explore the challenges of professional practice in such settings. Develop a plan for improving and maintaining healthy self-care.

Sunday, March 24, 2013
11:45 a.m. - 12:15 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #385, Convention Center, Room 252
Advocacy Outside the Box: A Multilevel Spatial Analysis of First Time Mothers With Postpartum Depression
30-Minute Session, Advanced
David Jones
Roughly 13% of women experience postpartum depression. This research project examines the risk factors for first time mothers who have been diagnosed with postpartum depression. Moreover, this study attempts to identify spatial clusters of postpartum mothers in Hamilton County, Ohio. This effort adheres to the call for advocacy by characterizing the individual and community level risks associated with postpartum depression.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Program ID #386, Convention Center, Room 200
Utilizing Multicultural Strengths, Ethics, and Competencies to Address Video Game Addiction and Diverse Gamer Culture
90-Minute Session, Advanced
Charles R. Crews, Gerald Pennie
Video gamer culture is stereotyped in varying ways. This session will delve into gaming from a multicultural competence perspective to inform participants about the unique challenges and opportunities a professional counselor can use when working with a person who may be considered an addicted gamer. Models of addiction, multicultural theory, and gamer culture will be used to assist counselors with treatment options for people facing this increasingly apparent clinical issue. Bring your laptops and tablets and explore the gamer culture as you have never seen it before. Handouts and or resources will be shared.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
School Counseling Academy
Program ID #387, Convention Center, Room 232
Evidence Based School Counseling: An Advanced Primer on Analyzing School Counseling Program Data
90-Minute Session, Advanced
Brett Zyromski, Katrina Hacker
School counselors may feel isolated as they set goals, implement programs to achieve goals, and attempt to identify data baselines, implement data streams, conduct data analysis and disseminate the results. This session provides participants with strategies for setting measurable, achievable goals for the school counseling program, and an “Umbrella” for organizing existing programs for optimum impact on student achievement or other measurable outcomes. You will be provided with models for data collection using an Excel spreadsheet, bridging the divide between discussing how to use MEASURE’s (Stone & Dahir, 2011) and setting up functional data collection strategies within your schools.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Counselor Education & Supervision Academy
Program ID #388, Convention Center, Room 205
Make a Joyful Noise: Drum Circles and Affective Training in Counseling Students
90-Minute Session
Stephanie K. Scott, Nina I. M. Spadaro, Stephanie J. W. Ford
Counselors' self awareness, insight, and ability to connect are foundational to clinical efficacy. Training in this area has been found to be essential to counselor development; however, current didactic methods focus heavily on content areas (CACREP standards). In most programs, personal development is offered through process groups, skills training with group feedback, and affective awareness discussions. Drumming offers an experiential learning process, which is likely to be a more effective approach to developing affective skills. This session shares current research, as well as an opportunity to participate in a drum circle and share insights and reflections.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Counselor Education & Supervision Academy
Program ID #389, Convention Center, Room 233
Thriving in Rural Counseling: Building Sidewalks Through Peer Supervision
90-Minute Session, Advanced
Lauren Paulson, William J. Casile
Rural counselors face many challenges and must develop specific skills and personal characteristics to work effectively with the diverse and unique concerns presented by rural populations. Rural counselors need to have supervision to ensure competencies, facilitate development, reduce feelings of isolation, and guarantee they are practicing ethically. However, finding and accessing continuing education and support is frequently a challenge. This interactive session provides the opportunity for rural counselors to share their experiences and specific suggestions to compensate for lack of supervision will be reviewed. Specifically, a peer supervision model emphasizing collaboration and development will be introduced and explored.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Evidence-Based Practices Academy
Multicultural and International Counseling Academy
Program ID #390, Convention Center, Room 201
International Service Learning Activities for Students and Counselors in the Field: A Mandate for the New Multicultural Era
90-Minute Session, Advanced
Roberto Swazo
Professional counselors in the U.S. are frequently encountering new multicultural dilemmas based on the complex cultural diversity of their clientele. Regardless of their occupational context (e.g., school, mental health, substance abuse) or professional facet (e.g., student or practitioner), all must keep up with the multicultural trends. The presenter offers a comparative analysis between the traditional multicultural courses offered in the classroom vis-à-vis multicultural courses taught abroad with an emphasis on international service learning activities. The presenter establishes an argument in favor of the renovation of the multicultural curriculum and the quality of C.E.U’s for practitioners in the field. Copies will be provided.
Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
*Counseling Ethics & Legal Issues Academy*
Program ID #391, Convention Center, *Room 204*

**Ethical Risk Management for Generation Y: Digital Boundaries for Professional Counselors**
90-Minute Session, Advanced
*Steven M. DeMille*

Risk management and ethical clinical practice has been identified as a critical yet complex task of mental health professionals. This session will discuss different types of risk that therapists face unique to the modern era, specifically, issues relating to digital boundaries, social networking, texting, emails, and using Google searches.

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Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
*Career Development/Employment Counseling Academy*
Program ID #392, Convention Center, *Room 263*

**The Hope-Centered Model of Career Development and Intervention Toolkit: A New Approach to Effective Career Counseling**
90-Minute Session
*Spencer G. Niles, Hyoyeon In, ZiYoung Kang*

The newly constructed Hope-Centered Model of Career Development (HCMCD) helps you serve your clients in managing their careers effectively. Through this session, the presenters will introduce the HCMCD and demonstrate how the model can be used in conjunction with its intervention toolkit, the Hope-Centered Career Intervention Toolkit (HCCIT). This hope-centered approach contains the following competencies: hope, self-reflection, self-clarity, visioning, goal setting/planning, and implementing/adapting. Actively participate in case studies that help you understand how to apply the HCMCD and the HCCIT to clients from diverse backgrounds.

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Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
*Multicultural and International Counseling Academy*
Program ID #393, Convention Center, *Room 264*

**White Racial Identity Development Models (or, Lies our Teachers Never Told Us)**
90-Minute Session, Advanced
*Krista M. Malott, Tina R. Paone*

Do ‘fully developed’ Whites exist, as defined by various White racial identity (WRI) models? Findings of a current study by the authors suggest something very different from what many theorists posit to be true, leading to provocative questions regarding current thought and instruction such as … What does it mean to be antiracist and a racist simultaneously? Are fully developed Whites healthy or dysfunctional in assuming a negative perspective of their Whiteness? Is it unethical to apply racial identity models to counselors and research subjects that fail to capture the full complexity and reality of Whites? These are just a few questions to be explored in an interactive session examining White racial identity development.

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Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
*Child & Adolescent Counseling Academy*
Program ID #394, Convention Center, *Room 211*

**A Healing Hub Model: Stepping Stones, a Children's Bereavement Group With Concurrent Adult Support Groups**
90-Minute Session
*Susan DeNardo*

Children and teens have unique needs in their journey of recovery after the loss of a loved one. Stepping Stones, our bereavement group for children with concurrent adult support groups, has been a successful way to help our children 'normalize' their loss and actively engage in their healing. Learn current grief theory and about the differences between adult grief and children's grief. Presenters will provide the nuts and bolts of running this successful children's bereavement group--how we structure the group and activities we use. Engage in several sample creative interventions as they work with their own loss history. All interventions can also be applied to one-on-one counseling of bereaved children.
Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Military Counseling Academy
Program ID #395, Convention Center, Room 212
Hup Two, Three, Four: Get in Step for Counseling Military Families and Veterans
90-Minute Session
Rhonda Felece Jeter, J. Fidel Turner, Jr.
There is an increased need for the provision of counseling services for military personnel, veterans and their families. There is limited information about therapeutic practices and counselor education specifically focusing on the unique counseling needs of military families and veterans. The presenters will provide an overview of the complex mental health issues faced by this population. The presenters will apply tenets of Bronfenbrenner's Ecological Model to the current literature regarding counseling for soldiers, military families and veterans. Receive information regarding the components needed for counseling curriculum that specifically addresses the needs of military personnel and their families.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Creating Creativity: Three Simple Steps to Generating Ingenious Counseling Interventions
90-Minute Session
Christopher Lawrence
Counselor competence in the 21st century requires counselors provide clients with novel and psychologically challenging experiences. Such creative experiences can help clients develop new ways of relating to the world, aiding them in diversifying their adaptive responses and problem-solving strategies, and helping promote greater appreciation for ambiguity. This session will provide attendees with an interactive experience aimed at accessing their own creative processes, introducing them to a three-step process for generating innovative counseling interventions that can be utilized to stimulate clients and foster growth.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Understanding Online Gaming: A Comprehensive Review of the Research on Gamer Culture, Addiction, Assessment, and Treatment
90-Minute Session
Michael S. Lewis
Online gaming is becoming an ever more popular form of entertainment with over 80 million people playing some type of massively multiplayer online role-playing game (MMORPG) worldwide. The average gamer is over 30, male, married, generally healthy, and moderately successful vocationally. However, approximately 10% of these gamers experience real world consequences for their play. Counselors are more likely than ever to encounter a client with issues related to online gaming addiction. This session will use interactive dialogue, case studies, and video to explore gamer culture, motivations for why players play, how to assess clients that may have a problem, and explore current treatment models.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Wellness Academy
Program ID #398, Convention Center, Room 208
Emotional Brain Training: Neurobiology of Wellness and Techniques for Enduring Weight Loss and Health Behavior Change
90-Minute Session, Advanced
Jacalyn Watson Thomas
Obesity is at epidemic levels in the United States. But, when the emotional brain is in stress, maintaining a healthy lifestyle is challenging. Quantitative studies of Emotional Brain Training show that program completers maintained weight loss and increased health promoting behaviors at 2 and 6 year follow-up. Declared one of the top ten medical advances of the year by Health magazine, EBT teaches clients how to recognize stress related brain states and
provides tools with which they can return, not only to a state of balance, but also to optimal wellness. After exploring theory and research, participants learn skills and tools necessary to move from stress to joy. Receive extensive resources for use with clients.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Clinical Mental Health/Private Practice Academy
Program ID #399, Convention Center, Room 230
Reasons to Live: Attachment as a Key to Save?
90-Minute Session
Keely Hope
Suicide is the 10th leading cause of death in the United States among adults and has been as high as the second leading cause of death in college aged adults (CDC, 2012; Jed Foundation, 1998). Although many risk factors have been identified in order to assist mental health professionals working with clients in a suicidal crisis, the epidemic ensues. Expect an active discussion of Attachment Theory, including early attachment and adult attachment. Basic tenets to use in therapy in addition to a link between attachment and brain development in utero will be introduced. Learn of traditional suicide risk factors and the limitations that exist in considering individual risk exclusively.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Counselor Education & Supervision Academy
Program ID #400, Convention Center, Room 231
The CACREP Process: One Program’s Journey to Success
90-Minute Session
Adriana McEachern, Maureen C. Kenny
The CACREP accreditation process and writing the self-study can be overwhelming, time consuming, and emotionally exhausting. The perspectives of faculty and a student from Clinical Mental Health and School Counseling programs, recently reviewed by a CACREP site team, will be shared. Lessons learned on the journey and tips to help program faculty be successful will be presented. Specifically, the presenters will share ideas and information on soliciting administrative support, the technical aspects of writing the self-study, documenting assessment of learning outcomes, preparing for the site visit, making effective use of time, and reducing stress. Various sections of the self-study written by the presenters will be shared.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Professional Issues Academy
Program ID #401, Convention Center, Room 203
To Whom Shall I Refer? Best Practices for Referring Clients with Spiritual/Religious Issues
90-Minute Session
Devlyn H. McCreight, Jill L. Snodgrass, Michael R. McFee
As the number of spiritually-based therapies grow, so do the number of clients seeking help with explicitly religious and/or spiritually-framed issues. However, if a counselor is not comfortable dealing with spiritual/religious issues, how do they go about making an appropriate referral? In this session, an overview of pastoral counseling, Christian counseling, and spiritual direction is given to help counselors make better-informed decisions when referring clients for spiritually-oriented care and counseling. We will discuss the unique theoretical orientations, specific interventions, and the strengths/limitations of these three disciplines. The session will include case studies, demonstrations, and Q&A.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Individual Trauma/Disaster Mental Health Academy
Program ID #403, Convention Center, Room 250
Traumatic and Critical Incident Experiences: Cognition, Spiritual and Psychological Healing
90-Minute Session
Jake A. Johnson, Audrey Lucas Brown, LaTia R. Lorick
Traumatic and critical incident experiences have impacted and altered the psychological, physical and spiritual functioning of millions of people across-cultures. Early developmental experiences have been correlated with the healing and recovery process of those who have been traumatized. Based on case and current research, the presenters will focus on the cognition and cognitive functioning of clients who have been traumatized and their diverse ways of thinking and responding to trauma. Attention will be given to self-schema and its role in helping and/or prohibiting the psychological and spiritual healing of persons from trauma. A person who has actually experienced a critical incident will share her story.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Program ID #404, Convention Center, Room 251
Failure To Launch: Guiding Clinicians to Successfully Motivate the Long-dependent Young Adult
90-Minute Session
Michael D. DeVine
The presenter will define the problem and explaining its development in today’s culture, explore the underlying psychological problems that exacerbate this issue utilizing up-to-date research and SPECT Brain Imaging studies conducted at our clinic, and provide step-by-step instructions to detail how to successfully launch young adults into a responsible self-supporting lifestyle; including methods such as structural family counseling, motivational interviewing, and vocational theory. True accounts of clients will be detailed, to help see in practice how my methods work.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
Child & Adolescent Counseling Academy
Program ID #405, Convention Center, Room 237
Creative Best Practices with Grieving Children and Youth: Interventions, Ethics, and Cultural Considerations
90-Minute Session, Advanced
Heloisa H. Portela, Peggy Whiting, Laura Wheat
Even experienced counselors often unknowingly perpetuate misconceptions about recovery after death, especially misunderstanding the experiences and manifestations of grief in children. This session addresses the conceptual models and best practices for responding to bereaved children and youth by offering more advanced knowledge to counselors on the developmental context of bereavement, the research-based needs of this population, and the implementation of expressive arts, play therapy, and narrative reconstruction intervention methods. We will include case examples that illustrate the ethical dimensions of working with diverse children in grief and of implementing creative approaches in counseling this group.

Sunday, March 24, 2013
11:45 a.m. - 1:15 p.m.
ACA Counseling in Action Demonstration Series
LGBTQ Academy
Child & Adolescent Counseling Academy
Program ID #407, Convention Center, Room 260
Working Effectively and Affirmatively with Queer and Questioning Youth
90-Minute Session
Colleen R. Logan
The life experiences of queer and questioning youth are, in general, not that different from other adolescents' experiences in today's world. The most profound difference is that queer and questioning youth experience a challenging developmental stage through the harsh lens of societal homophobia. Each stage and transition is compounded by societal bigotry and discrimination, locally, nationally, and globally. Add to this experience the additional multiple ethnic and racial identities and adolescence becomes, at best, extraordinarily complicated and, at worst, harrowing and potentially life-threatening. Presenter will demonstrate how to effectively address the myriad issues of adolescence while affirmatively acknowledging and honoring different and unique identities emphasizing strengths and possibilities while ameliorating pain and disenfranchisement.

Sunday, March 24, 2013
12:45 p.m. - 1:15 p.m.
ACA Client-Focused Research Series
Research Academy
Program ID #411, Convention Center, Room 252
Exploring the Capacity to Be Alone
30-Minute Session, Advanced
Melinda Mays, Zac Nance

The explosion of the use of technology for communication and social media has greatly changed the face of our culture. As practitioners, we need to acknowledge the impact this has had on our clients, especially regarding the capacity to be alone. This session will highlight the findings of a qualitative study done by the presenters of the role solitude plays in the lives of respondents. Current literature will also be presented from such authors as Goosens, et al, (2009), Ruiz-Caseras (2012) and Larson & Lee (1996). Historical perspectives from professional leaders such as Rogers, Freud and Winnicott will also be presented. Since these are “uncharted waters,” you will be asked to contribute to this timely discussion.