At Argosy University, we are committed to a student-centered, life-focused experience both in the classroom and beyond. Our programs focus on real life and real student needs, featuring practical knowledge taught by experienced, passionate faculty. For students currently working or desiring to work in the field of counseling psychology, Argosy University offers both a Master’s and Doctorate degree in Counseling Psychology. Students learn skills that integrate individual and group theoretical foundations of professional counseling psychology into appropriate client interaction and intervention skills.

Argosy University. Passionate Learners.

Counseling Psychology is available at 12 nationwide campus locations. 855-274-6798 (855-ARGOSYU) argosy.edu

See Allprograms.info for program duration, tuition, fees, and other costs, median debt, federal salary data, alumni success, and other important info. Financial aid is available to those who qualify. Argosy University is accredited by the Accrediting Commission for Senior Colleges and Universities of the Western Association of Schools and Colleges (985 Atlantic Avenue, Suite 100, Alameda, California, 94501, http://www.wascsenior.org). The EdD Counseling Psychology programs (including those with the optional concentration in Counselor Education and Supervision) offered at the Argosy University’s campuses in Florida, Hawaii, Illinois, Washington, Utah, DC, and Virginia are NOT designed to qualify graduates to become licensed psychologists. Graduates of the EdD counseling Psychology programs offered at Argosy University are eligible to pursue licensure in the states of California, Washington, and Colorado as psychologists or mental health professionals. However, because licensure requirements vary between jurisdictions or change periodically within jurisdictions, Argosy University cannot guarantee that these programs will meet the requirements for licensure in any particular jurisdiction. It is, therefore, the students’ responsibility to determine the requirements for professional licensure in the state in which they wish to practice, and to ascertain whether their program will enable them to pursue their career objectives.
Dear Colleagues:

Welcome to this very special ACA Conference & Expo and to this majestic city.

It is special for many reasons … and it is a historic occasion. This year marks the 60th Anniversary of the year that your professional association was formed in 1952, in California. It is fitting that we return to California now to celebrate this milestone.

Four independent associations convened that year at a joint convention in Los Angeles—the National Vocational Guidance Association (NVGA), the National Association of Guidance and Counselor Trainers (NAGCT), the Student Personnel Association for Teacher Education (SPATE), and the American College Personnel Association (ACPA)—in hopes of providing a larger professional voice.

They established the American Personnel and Guidance Association, later changing the name to the American Association for Counseling and Development and then to then American Counseling Association in 1992 to reflect the common bond among association members and to reinforce our unity of purpose.

California also holds a special place in the history of advocacy and progress for the counseling profession. In 2009, California became the final state to pass legislation establishing the licensure of professional clinical counselors, culminating an advocacy effort that lasted more than 33 years.

You will hear much more about our history during this conference, and about the special activities we have planned to celebrate our 60th anniversary.

Once again, the ACA Conference offers hundreds of programs for everyone and dozens of social and networking events. Be sure to take the time to plan your schedule for the day using this Program Guide as most of the time slots have multiple offerings.

Don’t miss the keynote presentations on Friday at 9 am by Dr. Irvin D. Yalom and Saturday at 9 am by Dr. Craig Windham!

From the Opening Night Celebration on Friday to the final Education Sessions and Division meetings on Sunday, we are certain that you will have an amazing and refreshing three days with your colleagues.

Take advantage of this Golden Opportunity to expand your horizons in many ways.

Don W. Locke
ACA President (2011–2012)

Evelynn M. Burton
CCA President (2011–2012)
GREETINGS FROM THE MAYOR

On behalf of the City and County of San Francisco, it is with great pleasure that I welcome you to the American Counseling Association 2012 Conference and Exposition, being held from March 21-25, 2012 at the Moscone West Convention Center in San Francisco. ACA is proudly celebrating its 60th anniversary this year, and we welcome you all. This conference will bring together individuals who work in the field of counseling to network and learn, and I can think of no better destination than our beautiful City by the Bay.

I know ACA has exciting events planned to commemorate this milestone anniversary, along with a keynote on Friday to kick off the celebration and a second keynote on Saturday. I look forward to hearing about the many ideas and partnerships that will come of this valuable conference.

I commend the organizers of this event and all those who worked to make this conference possible. The vision of ACA of enhancing quality of life by using the practice of counseling to promote respect for human dignity and diversity resonates with the values we hold dear in San Francisco. Welcome to San Francisco, a small city that dares to dream big, bound only by our capacity to imagine. Congratulations to the American Counseling Association on 60 tremendous years, and best of luck to everyone for a fruitful, productive conference.

With warmest regards,

Edwin M. Lee
Mayor
Alleged unprofessional conduct and inappropriate treatment – lead to a malpractice suit.

The client, a 51-year-old woman uses her email correspondence with the counselor to mount a formidable legal case, suing for $500,000 in damages.

Read the details of this case study and how coverage through HPSO responded to protect our insured counselor at www.hpso.com/ct2
**USING THE PROGRAM GUIDE**

We’ve changed the design and layout of the Program Guide to assist you with locating activities more easily. The Highlights, Pre-conference Learning Institutes, Education Sessions, Meetings & Social Events, and Exhibits are now sectioned off by tabs. The Program Guide will provide you with important information to make your experience in San Francisco a success.

Read through this information carefully as it will help you navigate your way through the conference. The education index by Presenter Name is at the back of the guide and will direct you to the correct Program ID#. An index by Program Session Topic/Category is available in the Education Sessions indices section. Tickets for social events can be purchased at the Registration Counter at the Convention Center while supplies last.

**GENERAL CONFERENCE INFORMATION**

**Badges**
This year, there will be several badge types distinguished by color: a badge for the Pre-conference Learning Institutes only, an Expo-only badge, and a full Conference name badge. All badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the Expo Hall. For your safety, no one will be allowed to enter without a proper badge. One-day badges are clearly marked and will be valid for admission on that day only. Replacement badges will cost $25.00 each and may be purchased at the Registration Desk in the Moscone West Convention Center.

**Conference Events**
Conference activities will be held at both the ACA headquarter hotel, the Hilton San Francisco Union Square, and the Moscone West Convention Center.

**Convention Center**
- Pre-conference Learning Institutes and ACA Red Cross Foundations of Disaster Mental Health Training
- Education Sessions
- Division ticketed events
- Exposition and all Expo activities (Career Center, ACA Bookstore, Poster Sessions, Graduate Student and New Professional Center, ACA Resource Center, Cyber Center)

**Hilton San Francisco Union Square**
- ACA Meetings and Social Events
- Division Meetings and Social Events
- California Counseling Association Functions
- First Timers Orientation and Mentoring Luncheon
- Diamond Jubilee Awards Ceremony and Gala Dinner

**Information for all ACA Conference Hotels**
**Hilton San Francisco Union Square**
333 O’Farrell Street
San Francisco, CA 94102
415-771-1400

**Parc 55 Wyndham Hotel**
55 Cyril Magnin Street
San Francisco, CA 94102
415-392-8000

**Message Board**
A Message Board will be located in the Registration Area at the Moscone West Convention Center to help locate friends and colleagues.

**Pre-conference Learning Institutes**
These intensive workshops are being held at the Moscone West Convention Center on Wednesday, March 21, and Thursday, March 22. Please refer to the “Pre-conference Learning Institute” tab in the program guide for more details.

**Education Sessions**
90-minute and 60-minute education sessions are being held at the Moscone West Convention Center beginning Friday, March 23, through Sunday, March 25. The Education Sessions also include the Poster Sessions, Academies, Featured Sessions at-a-Glance, and Sponsored Sessions at-a-Glance. Please refer to the “Education Sessions” tab in the Program Guide for more information.

**ACA and Division Meetings and Social Events**
Both ACA and Division events, previously titled “Ancillaries,” will be held at the Hilton San Francisco Union Square. Please refer to the “Meetings and Social Events” tab for more details.
General Information

Exposition
All Exposition activities will be held at the Moscone West Convention Center. The Expo Hall is open Thursday, March 22, from 4:30 pm to 7:00 pm, Friday, March 23, from 10:30 am to 6:00 pm, and Saturday, March 24, from 10:00 am to 4:00 pm. Please refer to the “Exposition” tab for more details.

Persons with Disabilities
We make every effort to accommodate all persons with disabilities and that includes those persons disabled by chemical exposure and environmental illness. Please take this into consideration when applying any type of fragrances.

ACA asks each attendee who is disabled to identify himself or herself and provide us with the information necessary to make the event more accessible and enjoyable, including any transportation needs, a sign language interpreter, guides for the visually challenged, or any other special needs. We will be providing shuttle transportation for persons with disabilities only between ACA-designated hotels and the convention center. Please check your hotel lobby for shuttle schedules. Onsite assistance can be secured at the Registration Desk at the Moscone West Convention Center.

Please note:
Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your consideration.

Consent to Use of Photographic Images
Registration and attendance at or participation in ACA meetings and other activities constitutes an agreement by the registrant to ACA’s use and distribution (both now and in the future) of the registrant or attendee’s image or voice in photographs, videotapes, electronic reproductions, and audiotapes of such events and activities.

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ACA ANNUAL Conference & Exposition Program Guide | 7

Conference Activities at-a-Glance

TUESDAY • MARCH 20

ACA Meetings and Social Events
9:00 am – 5:00 pm ACA Governing Council

WEDNESDAY • MARCH 21

ACA Meetings and Social Events
8:00 am – 6:00 pm ACA Governing Council
9:00 am – 8:45 pm Pre-conference Learning Institutes

Division & Affiliate Meetings and Social Events
9:00 am – 4:00 pm CSJ Board & Strategic Planning Meeting
9:00 am – 5:00 pm ACEG Professional Development Institute
9:00 am – 6:00 pm ASGW Executive Board Meeting
12:00 pm – 2:00 pm AMCD Service Day Volunteer Check-In
3:00 pm – 5:00 pm AMCD Conference Start-up Meeting
3:00 pm – 6:00 pm ARCA Board Meeting
4:00 pm – 6:30 pm AHC Board Meeting
7:00 pm – 9:00 pm Walden University Meeting

THURSDAY • MARCH 22

ACA Meetings and Social Events
8:00 am – 6:00 pm Registration Open
9:00 am – 4:00 pm CSJ Board & Strategic Planning Meeting
9:00 am – 5:00 pm ACEG Professional Development Institute
9:00 am – 6:00 pm ASGW Executive Board Meeting
12:00 pm – 2:00 pm AMCD Service Day Volunteer Check-In
1:00 pm – 5:00 pm AMCD Conference Start-up Meeting
3:00 pm – 6:00 pm ARCA Board Meeting
4:00 pm – 6:30 pm AHC Board Meeting
7:00 pm – 9:00 pm Walden University Meeting

Division & Affiliate Meetings and Social Events
9:00 am – 4:00 pm CSJ Board & Strategic Planning Meeting
9:00 am – 5:00 pm ACEG Professional Development Institute
9:00 am – 6:00 pm ASGW Executive Board Meeting
12:00 pm – 2:00 pm AMCD Service Day Volunteer Check-In
3:00 pm – 5:00 pm AMCD Conference Start-up Meeting
3:00 pm – 6:00 pm ARCA Board Meeting
4:00 pm – 6:30 pm AHC Board Meeting
5:30 pm – 6:30 pm Authors Book Signing
6:00 pm – 8:00 pm ACA VISTAS Contributors Reception (Invitation only)

FRIDAY • MARCH 23

ACA Meetings and Social Events
8:00 am – 6:00 pm Registration Open
9:00 am – 10:30 am Opening Session Keynote
10:30 am – 6:00 pm Expo Hall Open
9:00 am – 10:30 am ACA Bookstore Opening—Expo Hall
10:30 am – 6:00 pm ACA Career Center—Expo Hall
10:30 am – 6:00 pm ACA Resource Center & Cyber Center—Expo Hall

Division & Affiliate Meetings and Social Events
8:00 am – 2:00 pm CACREP Team Member Training/Renewal
9:00 am – 10:00 am Walden University Meeting
9:00 am – 11:00 am AMCD Executive Council & Annual Business Meeting
9:00 am – 12:00 pm ACES & NCDA Commission on the Future of Career Development
9:00 am – 1:00 pm AHC Board Meeting
9:00 am – 1:00 pm ARCA Board Meeting
9:00 am – 4:30 pm AACE Executive Council Meeting
9:00 am – 4:30 pm AADA Board Meeting
9:00 am – 5:00 pm ACCA 2011–2012 Executive Council Meeting
9:00 am – 6:00 pm ASGW Executive Board Meeting
10:00 am – 11:00 am ACEG Annual Director’s Board Meeting
12:30 pm – 2:00 pm NCDA Luncheon
1:00 pm – 5:00 pm ACES 2011–2012 Executive Council Meeting
1:00 pm – 5:00 pm NECA Board & General Membership Meeting
1:00 pm – 6:00 pm IAAOC Executive Committee Meeting
2:00 pm – 3:00 pm ACEG Membership Business Meeting
2:00 pm – 4:00 pm AHC Editorial Board Meeting
2:00 pm – 6:00 pm ACC Board & Business Meeting
2:00 pm – 6:00 pm ASERVIC Board Meeting
2:00 pm – 6:00 pm IAMFC Executive Board Meeting
2:30 pm – 5:30 pm Chi Sigma Iota Executive Council Meeting
4:00 pm – 5:00 pm AMCD Regional Representatives Meeting
5:00 pm – 6:00 pm ACES 2012–2013 Executive Council Meeting
5:00 pm – 6:30 pm University of North Carolina-Greensboro Reception
5:00 pm – 6:30 pm University of Central Florida Reception
6:00 pm – 8:00 pm CCA Reception
7:00 pm – 8:30 pm Working Ahead, Moving Forward GCDF Practitioner & Instructor Reunion
8:30 pm – 10:00 pm CCA Board Meeting
10:30 am – 6:00 pm Poster Sessions—Expo Hall
10:30 am – 6:00 pm Graduate Student/New Professional Center Opening—Expo Hall
11:00 am – 6:00 pm Education Sessions
11:00 am – 12:00 pm ACA Women’s Interest Network
11:00 am – 12:00 pm ACA Grief and Bereavement Interest Network
11:00 am – 12:00 pm ACA Interest Network for Advances in Therapeutic Humor
11:00 am – 12:00 pm ACA Wellness Interest Network
11:00 am – 12:00 pm ACA Traumatology Interest Network
11:00 am – 12:00 pm ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network
11:00 am – 12:00 pm ACA Children’s Counseling Interest Network
11:00 am – 12:00 pm ACA Interest Network for Professional Counselors in Schools
11:00 am – 12:00 pm ACA Network for Jewish Interests
11:00 am – 12:00 pm ACA Sports Counseling Interest Network
11:00 am – 12:00 pm ACA Forensic Counseling Interest Network
11:00 am – 12:00 pm ACA Historical Issues in Counseling Interest Network
11:00 am – 12:00 pm ACA Animal Assisted Therapy in Mental Health Interest Network
11:00 am – 12:00 pm ACA Ethics Interest Network
11:00 am – 12:30 pm ACA Region Officers
12:00 pm – 2:00 pm ACA First Timers Orientation & Luncheon
2:00 pm – 4:00 pm ACA Awards Committee
2:00 pm – 4:00 pm ACA Bylaws and Policy Committee
2:00 pm – 4:00 pm ACA Public Policy and Legislation Committee
2:00 pm – 4:00 pm ACA Research and Knowledge Committee
2:00 pm – 4:00 pm ACA Human Rights Committee
2:00 pm – 4:00 pm ACA Branch Development Committee
2:00 pm – 4:00 pm ACA Nominations and Elections Committee
2:00 pm – 4:00 pm ACA Crisis Response Planning Task Force
2:00 pm – 4:00 pm ACA DSM-5 Task Force
2:00 pm – 4:00 pm ACA Task Force for School Counseling
2:00 pm – 4:00 pm ACA Ethics Appeal Panel Task Force
4:00 pm – 5:00 pm Author Book Signing
5:00 pm – 6:30 pm ACA International Student Panel
6:00 pm – 7:00 pm ACA Author’s Reception
6:30 pm – 7:30 pm ACA International Reception
9:00 pm – 12:00 am ACA Opening Night Celebration

**Division & Affiliate Meetings and Social Events**

8:00 am – 9:00 am ACCA Community College Coffee
8:00 am – 9:00 am ACES State Presidents/ Presidents-Elect Meeting
8:00 am – 9:00 am ACES Career Interest Network
8:00 am – 9:00 am ACES New Faculty Interest Network
8:00 am – 9:00 am ACES International Counseling Interest Network
8:00 am – 9:00 am ACES School Counseling Interest Network
8:00 am – 9:00 am ACES Ethics and Professional Standards
8:00 am – 9:00 am ACES Department Chairs Interest Network
8:00 am – 9:00 am ACES Clinical Mental Health Interest Network
8:00 am – 9:00 am ACES Multicultural Counseling Interest Network
8:00 am – 9:00 am ACES Clinical Director’s Interest Network
8:00 am – 9:00 am ACES Supervision Interest Network
8:00 am – 9:00 am ACES Counselor Educator Qualitative Research Interest Network
8:00 am – 9:00 am ACES College Student Affairs Interest Network
8:00 am – 9:00 am ACES Advocacy Interest Network
8:00 am – 9:00 am ACES Doctoral Programs Interest Network
8:00 am – 9:00 am ACES Technology Interest Network
8:00 am – 9:00 am ACES Rural Counseling Interest Network
8:00 am – 9:00 am Western ACES
8:00 am – 9:00 am Rocky Mountain ACES
8:00 am – 9:00 am North Central ACES
8:00 am – 9:00 am North Atlantic ACES
8:00 am – 9:00 am Southern ACES
8:00 am – 9:00 am AMCD First Timers Orientation
8:00 am – 9:00 am Walden University Meeting
8:00 am – 9:00 am NECA Graduate Student Breakfast & Scholarship Program
8:00 am – 12:00 pm AACE Executive & New Executive Council Meeting
9:00 am – 4:00 pm ALGBTIC Board Meeting
11:00 am – 12:30 pm AMCD Mentor/Mentee Meeting
11:00 am – 12:30 pm Chi Sigma Iota Chapter Faculty Advisors
11:00 am – 12:30 pm Chi Sigma Iota Chapter Leaders
11:00 am – 1:00 pm AMCD Latino Leadership Institute
11:00 am – 1:00 pm NECA Wellness at Work Brunch
12:00 pm – 1:00 pm Chi Sigma Iota Bring Your Own Lunch Meeting
12:00 pm – 2:00 pm ASERVIC Luncheon
12:00 pm – 2:00 pm ASGW Luncheon
12:00 pm – 2:00 pm CACREP Table Talk
12:00 pm – 2:00 pm IAMFC Luncheon
12:00 pm – 2:00 pm CALPCC Member Meeting
1:00 pm – 3:30 pm Chi Sigma Iota Leadership Workshop
2:00 pm – 3:00 pm AADA Committee/Competencies Taskforce & Strategic Planning Meeting
2:00 pm – 3:00 pm ACCA Emerging Leader Training
2:00 pm – 4:00 pm AMCD Ethnic Concerns Vice-President’s Meeting
2:00 pm – 4:00 pm AMCD Asian American Pacific Islander Concerns Meeting
2:00 pm – 4:00 pm ARCA RCB Editorial Board Meeting
3:00 pm – 4:00 pm AMCD Latino/Latina Concerns Meeting
3:00 pm – 4:00 pm AMCD Native American Concerns Meeting
3:00 pm – 4:00 pm AMCD African American Concerns Meeting
3:00 pm – 4:00 pm ARCA Student Orientation
3:00 pm – 4:00 pm ASERVIC Editorial Board Meeting
3:00 pm – 4:00 pm IAMFC Business Meeting
3:00 pm – 5:00 pm ALGBTIC Queer People of Color Gathering
3:30 pm – 5:00 pm Chi Sigma Iota Delegate Business Meeting
4:00 pm – 5:00 pm ACCA Roundtables
4:00 pm – 5:00 pm ARCA Business Meeting
4:00 pm – 5:00 pm ASGW Journal for Specialists in Group Work Meeting
4:00 pm – 5:00 pm ASGW General Business Meeting
5:00 pm – 6:00 pm AMCD Past President’s Meeting
5:00 pm – 6:00 pm Chi Sigma Iota Annual Awards
5:00 pm – 8:00 pm CCA Panel Discussion & Reception
6:00 pm – 7:30 pm ACEG, NECA Joint Reception
6:00 pm – 7:30 pm ALGBTIC Reception
6:00 pm – 7:30 pm Chi Sigma Iota Reception
6:00 pm – 7:30 pm NECA Partnership Reception
6:00 pm – 8:00 pm AACE, AADA, ASERVIC, AHC, IAAOC Joint Reception
6:00 pm – 8:00 pm AMCD Past President’s Awards Reception
6:00 pm – 8:00 pm ARCA Reception
7:00 pm – 9:00 pm ACC, ACES, ASGW Joint Reception

**SATURDAY • MARCH 24**

**ACA Meetings and Social Events**

8:00 am – 5:00 pm Registration Open
9:00 am – 10:00 am Second Keynote
10:00 am – 4:00 pm Expo Hall Open
10:00 am – 4:00 pm ACA Bookstore Open—Expo Hall
10:00 am – 4:00 pm ACA Career Center—Expo Hall
10:00 am – 4:00 pm ACA Resource Center & Cyber Center—Expo Hall
10:00 am – 4:00 pm Graduate Student/New Professional Center Opening—Expo Hall
10:30 am – 4:00 pm Poster Sessions—Expo Hall
10:30 am – 6:00 pm Education Sessions
11:00 am – 1:00 pm ACA Midwest Region Business Meeting
11:00 am – 1:00 pm ACA North Atlantic Region Business Meeting
2:00 pm – 3:00 pm ACA Council of Journal Editors Meeting
2:00 pm – 4:00 pm ACA Western Region Business Meeting
2:00 pm – 4:00 pm ACA Southern Region Business Meeting
2:30 pm – 4:30 pm ACA-NY Meeting
3:00 pm – 4:00 pm ACA JCD Editorial Board Meeting
4:00 pm – 5:00 pm ACA Past President’s Social
4:00 pm – 5:30 pm ACA Mentoring Program: An Introduction & Welcome for Mentors and Mentees
6:30 pm – 7:30 pm Awards Ceremony
7:30 pm – 9:30 pm Gala Dinner

**Division & Affiliate Meetings and Social Events**

7:30 am – 9:00 am AADA Breakfast
7:30 am – 9:00 am ACCA Breakfast & Business Meeting
7:30 am – 9:00 am IAAOC Breakfast
8:00 am – 9:00 am AACE Business & Awards Meeting
8:00 am – 9:00 am CCA Meetings
8:00 am – 9:00 am Chi Sigma Iota Committee Chairs
8:00 am – 9:00 am Walden University Meeting
8:00 am – 11:30 am CACREP Team Chair Training/Renewal Breakfast Meeting
9:00 am – 10:30 am Chi Sigma Iota Committees
11:00 am – 12:00 pm AADA Adultspan Journal Editorial Board Meeting
11:00 am – 12:00 pm ACES Research Grants Committee
11:00 am – 12:00 pm ACES Membership Committee Meeting
11:00 am – 12:00 pm ACES Graduate Student Committee Meeting
11:00 am – 12:00 pm ACES Product Development Committee Meeting
11:00 am – 12:00 pm ACES Awards Committee Meeting
11:00 am – 12:00 pm ACES Career Development Commission
### Conference Activities at-a-Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td><strong>SUNDAY • MARCH 25</strong></td>
<td></td>
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<tr>
<td><strong>ACA Meetings and Social Events</strong></td>
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<tr>
<td>7:30 am – 1:15 pm</td>
<td>Education Sessions</td>
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<tr>
<td>8:00 am – 1:15 pm</td>
<td>Registration Open</td>
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<tr>
<td>8:00 am – 12:00 pm</td>
<td>ACA Ethics Committee</td>
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<td>8:00 am – 12:00 pm</td>
<td>ACA Ethics Revision Task Force</td>
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<td>1:00 pm – 3:00 pm</td>
<td>ACA Annual Membership Meeting</td>
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<td><strong>Division &amp; Affiliate Meetings and Social Events</strong></td>
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<tr>
<td>8:00 am – 9:00 am</td>
<td>ASERVIC Interfaith Service</td>
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<td>8:00 am – 9:00 am</td>
<td>CARVIC Meeting</td>
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<td>8:00 am – 9:00 am</td>
<td>Walden University Meeting</td>
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<td>9:00 am – 10:00 am</td>
<td>ASERVIC Catholic Mass</td>
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<td>10:00 am – 12:00 pm</td>
<td>AMCD General Business Meeting &amp; Executive Council Debriefing</td>
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<td>10:30 am – 12:00 pm</td>
<td>ALGBTIC Annual Open Member Meeting &amp; Nominations</td>
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<tr>
<td><strong>Meet ACA Keynote Speaker</strong></td>
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<tr>
<td><strong>IRVIN YALOM</strong></td>
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<tr>
<td><strong>At a Special Book Signing!</strong></td>
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<tr>
<td><strong>Friday, March 23 at 10:30 am</strong></td>
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<tr>
<td>The Spinoza Problem</td>
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<td>The Schopenhauer Cure</td>
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<td>The Gift of Therapy</td>
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<tr>
<td>Staring at the Sun</td>
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<tr>
<td>and more…</td>
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<tr>
<td>Pre-purchase books at the ACA Bookstore or registration area and then proceed to the book signing next to booth #637 in the Exhibit Hall.</td>
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</table>
Irvin D. Yalom, MD, one of the most influential psychiatrists and author of popular “teaching novels,” returns to ACA as the keynote speaker for the Opening General Session.

Seven years after he addressed counseling professionals at the ACA Conference in Atlanta, Dr. Yalom returns to ACA to provide a very different message: a more real-world, practical one packed with information you can put to use immediately.

The insights Yalom will present will be based largely on notes he has collected from sessions and research throughout his career as well as powerful comments he has received from colleagues and clients during his years in the field. Many of these tips will eventually become part of a new book that Yalom is in the process of writing. As yet untitled and still in the early stages of development, the book will resemble a combination of two of his previous works, Love’s Executioner & Other Tales of Psychotherapy and The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients.

He will address how therapy helps and how counselors can know that therapy helps. Hear why he believes counseling is so successful with clients and what he has learned through his practice (he still maintains a part-time private practice for individual therapy in San Francisco and Palo Alto), his writing, and his research.

Well known for his personal model of existential psychotherapy, Yalom is highly celebrated in the counseling profession for his pioneering role in constructing group counseling principles. He is also a strong proponent, as evidenced by his writing in The Gift of Therapy, that each client should receive a unique therapy experience because each patient has his or her own unique story.

A book signing will immediately follow Dr. Yalom’s keynote speech at the Moscone West Convention Center. He will also be presenting a session on the topic of psychotherapy novels at the conference, during which he will discuss his teaching novels, including the soon-to-be-published The Spinoza Problem. The title refers to the Dutch rationalist philosopher Baruch Spinoza.

Counseling in the Social Media Age: Swimming with the Current—and Against

We depend on an expanding array of electronic media for information, entertainment, communication, and social interaction. Craig Windham will speak from his unique perspective as both a broadcast journalist and a counselor about how this changing landscape of media is affecting our lives—for better and possibly for worse. He’ll also draw on his experience working with teenagers to focus on the importance of finding a balance between social media use and genuine interpersonal connection, especially in counseling and nurturing young people.

Windham is a reporter and newscaster with National Public Radio (NPR) in Washington. For more than a decade he has done distinctive, sound-rich newscasts, reports, and Q&As during NPR’s “Morning Edition” and “All Things Considered.” Windham is also a licensed clinical professional counselor with a Ph.D. in counseling. He is a member of a large clinical practice in Maryland that works with adolescents and their families, and he teaches graduate courses in counseling at the George Washington University.
100 booths, we guarantee that you will find the services and tools you need. This is your best opportunity to preview and purchase the most up-to-date resources available.

New this year
ACA First Timers & Membership Lounge
To meet the needs of first-time attendees and members, ACA is introducing a new and exciting feature to make the conference and your ACA membership a bit easier to navigate. We will have a lounge dedicated to first timers and ACA members located near the registration area. Stop by and connect with seasoned attendees, and gain insight on how to make the best out of the conference and your ACA membership.

ACA Bookstore
Moscone West Convention Center
Thursday, March 22, 4:30 pm–7:00 pm
Friday, March 23, 10:30 am–6:00 pm
Saturday, March 24, 10:00 am–4:00 pm
Visit the ACA Bookstore in the Exposition Hall to see the impressive line of ACA publications, DVDs, and logo merchandise from the premier counseling resource provider. Take a moment to talk with our keynote speaker and leading authors at scheduled book signings, and meet with the Director of Publications to discuss your manuscript ideas. The ACA Bookstore will be open during all exposition hours. Also, for your convenience, an ACA Pre-conference Bookstore will be located in the ACA registration area March 21–22 before the Exhibition Hall opens.

Keynote Speaker and ACA Author Book Signings
March 22, 5:30 pm–6:30 pm (ACA Authors)
March 23, 10:30 am–11:30 am (Irvin D. Yalom)
March 24, 4:00 pm–5:00 pm (ACA Authors)
Be sure to attend one of the most popular events at the ACA Conference—the ACA Book Signings! Attendees will have the opportunity to converse with our keynote speaker and other influential and distinguished authors while they sign their latest publications. For graduate students and seasoned professionals alike, this experience is not to be missed.
ACA Career Center
Moscone West Convention Center
Thursday, March 22, 4:30 pm–7:00 pm
Friday, March 23, 10:30 am–6:00 pm
Saturday, March 24, 10:00 am–4:00 pm
Stop by the Career Center and have a cup of coffee on us! Whether you are new to the profession or a seasoned counselor or educator, getting that counseling job is what the ACA Career Center is all about. Employer interviews will be occurring at the Career Center on Friday and Saturday. Stop by to:
• Check the job boards for current openings
• Get a resume consult on the spot
• Pick up handouts on getting a counseling job
• Pre-schedule consultations with the experts on:
  - Career
  - Search strategy
  - Resume critiques
  - Mock interviews
  - Private practice pointers
Although most interviews and consults will be scheduled ahead of time, stop by. If there are cancellations, we will squeeze you in.

ACA Resource Center and Cyber Center
Moscone West Convention Center
Thursday, March 22, 4:30 pm–7:00 pm
Friday, March 23, 10:30 am–6:00 pm
Saturday, March 24, 10:00 am–4:00 pm
The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources and membership. Find out what’s happening on federal and state policy issues affecting the profession. The ACA Website is at your fingertips via a walk-up display with computer workstations. Check your e-mail at the Cyber Center without having to leave the action!

ACA Graduate Student and New Professional Center
Moscone West Convention Center
Thursday, March 22, 4:30 pm–7:00 pm
Friday, March 23, 10:30 am–6:00 pm
Saturday, March 24, 10:00 am–4:00 pm
A space just for you! Gather and mingle with other students, meet the ACA president and other leaders who will stop by. Hear presentations designed for students.

ACA First Timers Orientation & Mentoring Luncheon
Hilton San Francisco Union Square–Grand Ballroom B
Friday, March 23, 12:00 pm–2:00 pm
If this is your first ACA Conference, then this is the ideal opportunity to network over a hearty lunch and hear a special presentation on how to get the most out of the ACA Conference & Exposition. Whether you’re a student, new professional, or a first-time conference attendee, this session is for you! Tickets are $45 per person while supplies last. Tickets can be purchased at the Registration desk.
The ACA Bookstore will be open during all exposition hours. For your convenience, an ACA Pre-conference Bookstore will be located in the ACA registration area March 21–22 before the Exhibition Hall opens.

**ACA BOOKSTORE**
March 22, 4:30 pm–7:00 pm – Welcome Reception  
March 23, 10:30 am–6:00 pm  
March 24, 10:00 am–4:00 pm

**KEYNOTE BOOK SIGNING**
Irvin D. Yalom  
March 23, 10:30 am–11:30 am

**ACA AUTHOR BOOK SIGNINGS**
March 22, 5:30 pm–6:30 pm  
March 23, 4:00 pm–5:00 pm

**New Releases From ACA!**
- Casebook for Counseling Lesbian, Gay, Bisexual, and Transgender Persons and Their Families, edited by Sari Dworkin and Mark Pope
- Counseling Children: A Core Issues Approach, by Richard Halstead, Dale-Elizabeth Pehrsson, and Jodi Mullen
- The Counselor and the Law, Sixth Edition, by Anne Marie "Nancy" Wheeler and Burt Bertram
- The Creative Arts in Counseling, Fourth Edition, by Samuel Gladding
- Cyberbullying: What Counselors Need to Know, by Sheri Bauman
- Experiential Activities for Teaching Multicultural Competence in Counseling, edited by Mark Pope, Joseph Pangelinan, and Angela Coker
- Group Work and Outreach Plans for College Counselors, edited by Trey Fitch and Jennifer Marshall
- The Handbook of Counselor Preparation, edited and cowritten by Garrett McAuliffe and Karen Eriksen
- Licensure Requirements for Professional Counselors 2012, by the ACA Office of Professional Affairs
- Play Therapy: Basics and Beyond, Second Edition, by Terry Kottman
- Statistical Methods and Validation of Assessment Scale Data in Counseling and Related Fields, by Dimiter Dimitrov
- Understanding People in Context: The Ecological Perspective in Counseling, edited by Ellen Cook

**American Counseling Association, Booth #301**
Hilton San Francisco Union Square Hotel

Lobby Level

Ballroom Level

2nd Level
Moscone West Ballroom
Spend a night on the town, upgrade to first class, or donate to your favorite charity…whatever moves you most.

As an American Counseling Association member, you could save up to $343.90* on your auto insurance with Liberty Mutual. You could also enjoy valuable discounts tailored to the way you live today and save even more by insuring your home as well.

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CLICK LibertyMutual.com/counseling
COME IN to your local office

* Discounts are available where state laws and regulations allow, and may vary by state. To the extent permitted by law, applicants are individually underwritten; not all applicants may qualify. Savings figure based on a February 2011 sample of auto policyholder savings when comparing their former premium with those of Liberty Mutual’s group auto and home program. Individual premiums and savings will vary. Coverage provided and underwritten by Liberty Mutual Insurance Company and its affiliates, 175 Berkeley Street, Boston, MA. © 2011 Liberty Mutual Insurance Company. All rights reserved.
Dr. Don W. Locke is the Dean of the School of Education and Professor of Counseling at Mississippi College located in Clinton, Mississippi. He began his career as a teacher and coach in Jackson, Mississippi. After receiving a master’s degree in guidance from Mississippi College in 1964, he served as a high school counselor and then attended the University of Mississippi where he received his doctorate. Dr. Locke became a counselor educator at Mississippi State University in 1967 and then moved to the University of Louisiana at Monroe (ULM) in 1969 where he served as professor, department chair, assistant and associate dean until 1998. He founded and directed the marriage and family therapy program at ULM where he held the DeGree Endowed Professorship. In 1998 he was selected as Dean at Mississippi College where he has served for the past 14 years.

Dr. Locke has been an active leader in state and national counseling organizations for over 40 years. Don has served as a member of the governing body of the American Counseling Association (ACA) in each of the past five decades. He was a member of the Board of Directors for the American Personnel and Guidance Association and the American Association for Counseling and Development prior to serving on the Governing Council for ACA. He has served as president of the International Association for Marriage and Family Counselors, president of the Association for Humanistic Education and Development, Southern Region chair for the Association for Counselor Education and Supervision, vice-chair for the Council for Accreditation of Counseling and Related Educational Programs (CACREP), and ACA parliamentarian. He was also treasurer of the Mississippi Counseling Association and Louisiana ACES President. He has been a member and chair of CACREP visitation teams for the past twenty-five years and received the ACA Presidential Award in 2008.

Dr. Locke has been a licensed professional counselor or licensed marriage and family therapist in Louisiana, Mississippi, and Texas and a national certified counselor. He is also a certified family therapist. He and his wife, Judy, reside in Clinton, Mississippi. They have two children, Mark and Laura, a son-in-law Wayne and two grandchildren, Grace and Meridith.
The Governing Council is the national governing body of the American Counseling Association, providing long-range strategic leadership. Composed of nationally elected ACA officers, including the president, president-elect, and immediate past president, appointed treasurer, and one representative from each division and region, the Governing Council meets at least twice annually, with one meeting held in conjunction with the ACA Annual Conference. The association’s executive director, treasurer, and process observer serve as ex-officio members without voting rights.

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annette Bohannon</td>
<td>Southern Region Representative</td>
</tr>
<tr>
<td>Loretta J. Bradley</td>
<td>IAMFC Representative</td>
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<tr>
<td>Kay T. Brawley</td>
<td>NECA Representative</td>
</tr>
<tr>
<td>Brian Canfield</td>
<td>ACA Treasurer</td>
</tr>
<tr>
<td>Craig Cashwell</td>
<td>ACES Representative</td>
</tr>
<tr>
<td>Hugh C. Crethar</td>
<td>CSJ Representative</td>
</tr>
<tr>
<td>Joseph D. Dear</td>
<td>Western Region Representative</td>
</tr>
<tr>
<td>Thelma Duffey</td>
<td>ACC Representative</td>
</tr>
<tr>
<td>Kelly Duncan</td>
<td>Midwest Region Representative</td>
</tr>
<tr>
<td>Bradley T. Erford</td>
<td>ACA President Elect</td>
</tr>
<tr>
<td>Marcheta P. Evans</td>
<td>ACA Past President</td>
</tr>
<tr>
<td>Perry Francis</td>
<td>ACCA Representative</td>
</tr>
<tr>
<td>A. Robert Iverson</td>
<td>ACEG Representative</td>
</tr>
<tr>
<td>Kelley Romaine Kenney</td>
<td>North Atlantic Region Representative</td>
</tr>
<tr>
<td>Todd F. Lewis</td>
<td>IAAOC Representative</td>
</tr>
<tr>
<td>Don W. Locke</td>
<td>ACA President</td>
</tr>
<tr>
<td>Rhonda Long</td>
<td>Process Observer</td>
</tr>
<tr>
<td>Brenda Melton</td>
<td>ASCA Representative</td>
</tr>
<tr>
<td>Nancy Heller Moskowitz</td>
<td>AMHCA Representative</td>
</tr>
<tr>
<td>Blair S. Mynatt</td>
<td>Student Representative</td>
</tr>
<tr>
<td>Patty Nunez</td>
<td>ARCA Representative</td>
</tr>
<tr>
<td>E. H. Mike Robinson, III</td>
<td>ASERVIC Representative</td>
</tr>
<tr>
<td>Catherine Roland</td>
<td>AADA Representative</td>
</tr>
<tr>
<td>Pat Schwallie-Giddis</td>
<td>NCDA Representative</td>
</tr>
<tr>
<td>Robert L. Smith</td>
<td>ACA Parliamentarian</td>
</tr>
<tr>
<td>M. Carolyn Thomas</td>
<td>ASGW Representative</td>
</tr>
<tr>
<td>Michael Walsh</td>
<td>AHC Representative</td>
</tr>
<tr>
<td>Cirecie A. West-Olatunji</td>
<td>AMCD Representative</td>
</tr>
<tr>
<td>Joy S. Whitman</td>
<td>ALGBTIC Representative</td>
</tr>
<tr>
<td>Richard Yep</td>
<td>ACA Executive Director</td>
</tr>
</tbody>
</table>
There are four regions, 19 divisions, and one organizational affiliate within the American Counseling Association. These groups provide leadership, resources, and information unique to specialized practice areas and/or principles of counseling.

Midwest Region ................................................................. Christopher P. Roseman, Chairperson
North Atlantic Region .......................................................... Holly Branthoover, Chairperson
Southern Region ........................................................................ Tammy Romines, Chairperson
Western Region ........................................................................ Paul Fornell, Chairperson
Association for Assessment in Counseling and Education ........... Danica G. Hayes, President
Association for Adult Development and Aging .............................. Gary R. McClain, President
Association for Child and Adolescent Counseling
(Organizational Affiliate) .............................................................. Randall L. Astramovich, President
Association for Creativity in Counseling ........................................ Heather C. Trepal, President
American College Counseling Association ................................. Mary-Jeanne Raleigh, President
Association for Counselors and Educators in Government .......... Grey H. Edwards, Jr., President
Association for Counselor Education and Supervision ................. Gerard Lawson, President
Association for Humanistic Counseling ...................................... Michelle Perepichka, President
Association for Lesbian, Gay, Bisexual and Transgender
Issues in Counseling ................................................................. Amney Harper, President
Association for Multicultural Counseling and Development .......... S. Kent Butler, President
American Mental Health Counselors Association ......................... Gray Otis, President
American Rehabilitation Counseling Association ....................... Caroline Wilde, President
American School Counselor Association ................................... Alan Burkard, President
Association for Spiritual, Ethical and Religious Values in Counseling..., Mark E. Young, President
Association for Specialists in Group Work .................................... Niloufer Merchant, President
Counselors for Social Justice ....................................................... Manivong J. Ratts, President
International Association of Addictions and Offender Counselors ...... Trevor J. Buse, President
International Association of Marriage and Family Counselors ....... Stephen Southern, President
National Career Development Association .................................. Deb Osborn, President
National Employment Counseling Association .......................... Michael Lazarchick, President
# Roster of ACA Presidents

## Roster of ACA Presidents and Conference Locations

### 1950s

<table>
<thead>
<tr>
<th>Year(s)</th>
<th>President</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>1952–1953</td>
<td>Robert Shaffer</td>
<td>Los Angeles, CA</td>
</tr>
<tr>
<td>1953–1954</td>
<td>Donald E. Super <em>(deceased)</em></td>
<td>Buffalo, NY</td>
</tr>
<tr>
<td>1954–1955</td>
<td>Donald E. Kitch <em>(deceased)</em></td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>1955–1956</td>
<td>Mary (Corre) Foster <em>(deceased)</em></td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>1956–1957</td>
<td>Clifford P. Foster <em>(deceased)</em></td>
<td>Detroit, MI</td>
</tr>
<tr>
<td>1957–1958</td>
<td>Frank M. Fletcher <em>(deceased)</em></td>
<td>St. Louis, MO</td>
</tr>
<tr>
<td>1958–1959</td>
<td>Walter F. Johnson <em>(deceased)</em></td>
<td>Cleveland, OH</td>
</tr>
<tr>
<td>1959–1960</td>
<td>Dugald S. Arbuckle</td>
<td>Philadelphia, PA</td>
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### 1960s

<table>
<thead>
<tr>
<th>Year(s)</th>
<th>President</th>
<th>Location</th>
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<tbody>
<tr>
<td>1960–1961</td>
<td>Daniel D. Feder <em>(deceased)</em></td>
<td>Denver, CO</td>
</tr>
<tr>
<td>1961–1962</td>
<td>Edward C. Roeber <em>(deceased)</em></td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>1962–1963</td>
<td>C.C. Dunsmoor <em>(deceased)</em></td>
<td>Boston, MA</td>
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<tr>
<td>1963–1964</td>
<td>Willis E. Dugan <em>(deceased)</em></td>
<td>San Francisco, CA</td>
</tr>
<tr>
<td>1964–1965</td>
<td>Harold F. Cottingham <em>(deceased)</em></td>
<td>Minneapolis, MN</td>
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### 1970s

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<tr>
<th>Year(s)</th>
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<th>Location</th>
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<tbody>
<tr>
<td>1970–1971</td>
<td>Ralph F. Berdie <em>(deceased)</em></td>
<td>Atlantic City, NJ</td>
</tr>
<tr>
<td>1971–1972</td>
<td>Garry R. Walz</td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>1972–1973</td>
<td>Donna R. Chiles</td>
<td>St. Louis, MO</td>
</tr>
<tr>
<td>1973–1974</td>
<td>Bruce Shertzer</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>1975–1976</td>
<td>Thelma T. Daley</td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>1976–1977</td>
<td>George M. Gazda</td>
<td>Dallas, TX</td>
</tr>
<tr>
<td>1978–1979</td>
<td>Betty E. Knox</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>1979–1980</td>
<td>Mary Finn Maples</td>
<td>Atlanta, GA</td>
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### 1980s

<table>
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<tr>
<th>Year(s)</th>
<th>President</th>
<th>Location</th>
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<tbody>
<tr>
<td>1980–1981</td>
<td>Thomas J. Sweeney</td>
<td>St. Louis, MO</td>
</tr>
<tr>
<td>1981–1982</td>
<td>Louise B. Forsyth <em>(deceased)</em></td>
<td>Detroit, MI</td>
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<tr>
<td>1982–1983</td>
<td>Helen R. Washburn</td>
<td>Washington, DC</td>
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<td>1983–1984</td>
<td>Edwin L. Herr</td>
<td>Houston, TX</td>
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<tr>
<td>1984–1985</td>
<td>Jean A. Thompson</td>
<td>New York, NY</td>
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<tr>
<td>1985–1986</td>
<td>Rose A. Cooper</td>
<td>Los Angeles, CA</td>
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<td>1986–1987</td>
<td>David Capuzzi</td>
<td>New Orleans, LA</td>
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<tr>
<td>1987–1988</td>
<td>Brooke B. Collison</td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>1989–1990</td>
<td>Sunny Hansen</td>
<td>Cincinnati, OH</td>
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### 1990s

<table>
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<tr>
<th>Year(s)</th>
<th>President</th>
<th>Location</th>
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<tbody>
<tr>
<td>1990–1991</td>
<td>Jane E. Myers</td>
<td>Reno, NV</td>
</tr>
<tr>
<td>1992–1993</td>
<td>Lee J. Richmond</td>
<td>Atlanta, GA</td>
</tr>
<tr>
<td>1994–1995</td>
<td>Doris Rhea Coy</td>
<td>Denver, CO</td>
</tr>
</tbody>
</table>
## Roster of ACA Presidents

<table>
<thead>
<tr>
<th>Year</th>
<th>President</th>
<th>City, State</th>
</tr>
</thead>
<tbody>
<tr>
<td>1995–1996</td>
<td>Joyce M. Breasure</td>
<td>Pittsburgh, PA</td>
</tr>
<tr>
<td>1996–1997</td>
<td>Gail P. Robinson</td>
<td>Orland, FL</td>
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<tr>
<td>1997–1998</td>
<td>Courtland C. Lee</td>
<td>Indianapolis, IN</td>
</tr>
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<td>1998–1999</td>
<td>Loretta J. Bradley</td>
<td>San Diego, CA</td>
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<tr>
<td>1999–2000</td>
<td>Donna Ford</td>
<td>Washington, DC</td>
</tr>
<tr>
<td>2002–2003</td>
<td>David Kaplan</td>
<td>Anaheim, CA</td>
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<tr>
<td>2003–2004</td>
<td>Mark Pope</td>
<td>Kansas City, MO</td>
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<tr>
<td>2004–2005</td>
<td>Samuel T. Gladding</td>
<td>Atlanta, GA</td>
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<tr>
<td>2005–2006</td>
<td>Patricia Arredondo</td>
<td>Montreal, Quebec, Canada</td>
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<tr>
<td>2006–2007</td>
<td>Marie A. Wakefield</td>
<td>Detroit, MI</td>
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<tr>
<td>2007–2008</td>
<td>Brian S. Canfield</td>
<td>Honolulu, HI</td>
</tr>
<tr>
<td>2008–2009</td>
<td>Colleen R. Logan</td>
<td>Charlotte, NC</td>
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<tr>
<td>2009–2010</td>
<td>Lynn E. Linde</td>
<td>Pittsburgh, PA</td>
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<tr>
<td>2010–2011</td>
<td>Marcheta Evans</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>2011–2012</td>
<td>Don W. Locke</td>
<td>San Francisco, CA</td>
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### 2000s

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<tr>
<th>Year</th>
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<th>City, State</th>
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<tbody>
<tr>
<td>2000–2001</td>
<td>Judy Lewis</td>
<td>San Antonio, TX</td>
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### 2010s

<table>
<thead>
<tr>
<th>Year</th>
<th>President</th>
<th>City, State</th>
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<tbody>
<tr>
<td>2010–2011</td>
<td>Marcheta Evans</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>2011–2012</td>
<td>Don W. Locke</td>
<td>San Francisco, CA</td>
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</table>
American Counseling Association Foundation
Created in 1979, the ACA Foundation (ACAF) enhances the counseling profession by focusing its mission on encouraging the next generation of counselors, honoring outstanding educators and practitioners, publishing cutting-edge topics, reaching out to elementary-age children through the Growing Happy and Confident Kids project, and expanding the Counselors Care Fund to help counselors when a natural disaster or other tragic events occur. The ACAF is supported by tax-deductible gifts from individuals, corporations and foundations, as well as ACA divisions and branches. For more information or to contribute, call 800-347-6647 x350, visit acafoundation.org, or send an e-mail to acaf@counseling.org.

American Counseling Association Foundation
Board of Trustees
Dr. Barbara Herlihy, Chair
Dr. Sam Gladding, Immediate Past Chair
Dr. Courtland Lee, Chair-elect
Dr. Mary Hermann, Member
Dr. Don W. Locke, Ex-Officio Member
Dr. Bradley Erford, Ex-Officio Member
Mr. Richard Yep, President
Ms. Stacy Shaver, Assistant

Council for Accreditation of Counseling and Related Educational Programs (CACREP)
This independent council was created in 1981 to accredit the counseling profession’s graduate-level preparation programs. As a specialized accrediting body recognized by the Council for Higher Education Accreditation, CACREP promotes the development of preparation standards, provides rigorous and objective program review, and works with other credentialing organizations to ensure quality training in the counseling profession. For more information, contact CACREP at 703-535-5990 or write CACREP, 1001 North Fairfax Street, Suite 510, Alexandria, VA 22314.

Chi Sigma Iota
Chi Sigma Iota is the international honor society for students, professional counselors, and counselor educators. Its mission is to promote scholarship, research, professionalism, leadership, and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling. There are over 260 campus-based chapters, 13,000 student and professional active members, and more than 68,000 initiated members as of March 2011. For more information: www.csi-net.org.

National Board for Certified Counselors
The National Board for Certified Counselors (NBCC) is an independent, nonprofit, voluntary, nongovernmental corporation established to advance the credentialing of professional counselors. The organization monitors a national certification process, identifies counselors who have voluntarily obtained national certification, and administers a certification examination and specialty certifications for school, clinical mental health, and addictions counselors. For more information, call 336-547-0607, write NBCC, 3 Terrace Way, Greensboro, NC 27403-3660, or visit nbcc.org.

ACA Membership at Your Service
Your Investment + Our Commitment = Your Member Benefits and Services!

Is your membership up for renewal? Want to pay your membership ahead a year or two? Has your contact information changed? Interested in a free 6-month profile on Therapy Directory? Have questions about your membership, or just want to stop by and say hello?

Visit the ACA Membership Booth, located in the Resource Center in the exhibit hall or the membership lounge located in the registration area, and we can fulfill all these requests plus more.
Richard K. Yep, Executive Director

The executive director serves as the executive officer of the association, hired and entrusted by the Governing Council to conduct the day-to-day business operations. Leading a team of experienced association management professionals, the executive director and national staff produce top-quality benefits, products, and services to meet the changing needs of ACA members.

EXECUTIVE OFFICE
Richard K. Yep, CAE, Executive Director
Stacy Shaver
Paul Nelson

Public Policy and Legislation
Scott Barstow, Director
Art Terrazas
Guila Todd

FINANCE
Deborah Barnes, Assistant Executive Director

Database Management
Mary Griffith

Finance
Carol Salerno
Carol Adams
Jacqueline DeMaio
Maria Mibale
Carmen Sicilia

Internet Development
Don Kenneally

Operations and Internal Audit
Amy Smith, Director

HUMAN RESOURCES AND OFFICE SERVICES
Cindy Welch, Chief of Staff
Jennifer Kukorlo

Office Services
Patrick Belle
Bruce Addison
Jacky Good

Intern Program
Megan Francis

MEMBERSHIP AND ASSOCIATION SERVICES
Carol Neiman, Deputy Executive Director

Conference and Meetings
Robin Hayes, Director
Theresa Holmes
Trinh Lee

Counseling Today
Jonathan Rollins, Editor in Chief
Heather Rudow
Lynne Shallcross

Graphics
Martha Woolsey, Art Director
Carlos Soto

Leadership Services
Holly Clubb, Director

Marketing & Communications
Debra Bass, Director

Media Sales
Kathy Maguire, Director

Member Programs
Denise Brown, Director
Althea Brum
Rae Ann Sites

Member Services
Jacki Walker, Director
Cheryl Belle
Sherry Edwards
Paula Pinkney

Receptionist
Donna Nugent

Publications
Carolyn Baker, Director
Mary Bonwich
Catherine Brumley
Elaine Dunn
Marilyn Ellison-Pounsel
Jennifer Fela
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Pre-conference Learning Institutes

Pre-conference Learning Institutes (LI) Credit Information

Continuing Education (CE) credit is offered to attendees of the ACA 2012 Conference and Pre-conference Learning Institutes. Earn 6 CE contact hours per full-day session and 3 CE contact hours per full-evening sessions. Attendees are required to sign in at the start of each session and attendance is monitored. To receive credit, you must attend 100% of the session.

ACA Pre-conference Learning Institutes are approved by:
- American Psychological Association (APA). ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content. *(Advanced audience-level Learning Institutes only)*
- Association for Play Therapy (APT). APT-Approved Provider 09-265 *(select sessions only)*
- California Board of Behavioral Sciences. Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
- Commission on Rehabilitation Counselor Certification
- State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board *(counselor CE credit only)*
- NAADAC: The Association for Addiction Professionals
- National Board for Certified Counselors (NBCC). ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- Washington Office of Superintendent of Public Instruction

*It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.*

Key to Learning Institute Audience Levels

Select an LI based not only on content but also on the level of knowledge you currently have and how attending will advance that knowledge.

**Introductory** – Attendees should have some basic knowledge of the specific content area but do not need to have in-depth knowledge or skills; the LI will add to their basic knowledge of the topic.

**Advanced** – To benefit fully, attendees should have substantial working knowledge or skills in the specific content area. Typically, they currently use that knowledge and skill in their jobs, and the LI will refine and expand their current expertise.
Program ID #12001, Convention Center, Room 2000
Motivational Interviewing for Clinical Supervisors
6-Hour Session, Advanced
Barbara A. Jordan, MS
This LI is designed to provide supervisors with what they will need to implement and assure the quality of motivational interviewing among their supervisees. It includes a brief overview of MI concepts as well as an in-depth training on applying the techniques the suggested audience includes clinical supervisors and peer mentors who are both knowledgeable and skillful in the use of MI. Ideally, audience members will also have participated in at least an introductory MI course. Although the audience will receive materials and tools aimed at reinforcing basic MI concepts and skills, it is not meant to be an introduction to MI.

Program ID #12002, Convention Center, Room 2001
Cybercounseling: Legal and Ethical Issues in Social Networking
6-Hour Session, Advanced
Donna M. Ford, MS, Marlene M. Maheu, PhD
This LI focuses on legal and ethical issues having to do with social media (i.e., Facebook, Twitter, Google, blogging, social bookmarking, commenting, reviews and ratings). Ethical issues include boundaries with clients, privacy and confidentiality, competence and training, counselor education, and client education techniques. Legal issues include developing a risk management plan with jurisdictional and other licensing issues; malpractice insurance limitations; and a detailed discussion of an example informed consent agreement to be used with clients. This legal discussion will end with the distribution of an informed consent addendum that you can then take to your legal counsel for adapting to your specific state law.

Program ID #12003, Convention Center, Room 2002
Critical Incidents in Military Systems: Systemic Case Analysis
6-Hour Session, Advanced
Christian J. Dean, PhD, Catherine Stower, PhD, Neil Duchac, PhD
This LI will explore systemic case analysis on six different military family systems. Case vignettes will focus on the system but will surround an identified client who will be the service Member or spouse, child, or parent. An introduction to military systems and culture will be provided to assist in the identification of helpful terminology and systemic conceptualization. Diversity factors will include different racial, ethnic, gender, and sexual orientations along with different branches of service and components. Case conceptualization of the impact of military family lifestyles will be incorporated in the case analysis with participant contributions, role plays, and summaries.

Program ID #12004, Convention Center, Room 2004
Social Media and Counselors: The Hows, the Whys, the Shoulds, and the What fors
6-Hour Session, Introductory
Marty Jencius, PhD, Debra London, MEd, Diana VanWinkle, MEd
Developing a better understanding of social media tools is essential for the counselor in today’s practice. Types of social media (microblogs, blogs, social networks, digital story telling, and virtual worlds) will be explored including current social media usage and its applications in the field of counseling and counselor education. You will be given hands-on opportunity to join and practice a variety of social media platforms during this LI. Ethical considerations of use in counseling will be infused throughout the presentation. You will have access to a website and receive a CD with relevant social media resources and links.

Program ID #12005, Convention Center, Room 2003
The Many Facets of Grief
6-Hour Session, Introductory
David Capuzzi, PhD, Mark David Stauffer, PhD
Since loss is connected with many life experiences (e.g., death of a significant other, career reversals and disappointments, relationship endings, moving, changes in health status, aging, absence of expected life experiences), there are many circumstances in which counselors and therapists are called upon to assist clients with the bereavement process. Guidelines and techniques related to working through loss issues will be given. A varied, experiential format will be utilized.

Program ID #12006, Convention Center, Room 2005
Uncomfortable, Unthinkable, and Untouchable! Confronting Counselors’ Personal Histories in the Clinical Hour
6-Hour Session, Introductory
Tamara G. Suttle, MEd
Far too little attention has been paid to addressing the sensitive and often complex histories of counselors that, in turn, influence the clinical hour. Sex, death, money, boundaries, people-pleasing, suicide, size, personal safety, obsessions, avoidance, secrets, boredom, bodily functions, personal loss, dreams, and fantasies, etc. Those histories, our histories, remain largely unspoken and unacknowledged . . . and still they matter and even inform the critical choices we make with our clients every hour of the day. This experiential LI provides an opportunity for counselors to “float up” those overlooked and unspoken topics, explore how they affect us during the clinical hour, and provide ethical steps to addressing these issues.

Program ID #12007, Convention Center, Room 2006
Essential Skills for Disaster Mental Health and Crisis Counseling
6-Hour Session, Advanced
Jane M. Webber, PhD, Karin Jordan, PhD, J. Barry Mascari, EdD, Michael Dubi, EdD, Gerard Lawson, PhD, Fred Bemak, EdD
Are you prepared to respond in the aftermath of a mass...
disaster or traumatic event? Presenters will conduct hands-on skills training that integrates evidence-based practices and neurobiological advances in crisis and trauma treatment. You will learn practical skills needed for psychological first aid, crisis response, trauma counseling, defusing, and debriefing. You will have the opportunity to role-play the reactions of survivors and disaster mental health responders in a post-disaster simulation exercise. You will prepare a counselor self-care plan that addresses the impact of compassion fatigue and vicarious traumatization in disaster mental health work.

Program ID #12008, Convention Center, Room 2007
CPR Therapy—Choice Processing and Resolution Bringing Abortion After-Care into the 21st Century
6-Hour Session, Introductory
Trudy M. Johnson, MA
CPR Therapy is the first therapy model professionals can use to help clients process grief after a voluntary pregnancy termination. This LI will help therapists understand why they should implement choice processing and resolution in their practice. Almost 40 years after its legalization, abortion is a household word in our culture. Disenfranchised grief over a voluntary pregnancy termination can affect therapy outcomes. The presenter herself walked out abortion grief personally and presents the subject with complete compassion and neutrality for anyone in the audience. She gracefully sheds new light on a very emotionally charged subject for our culture. CPR Therapy opens up a whole new avenue of clientele for professionals.

Program ID #12009, Convention Center, Room 2008
Counseling Challenging Teenagers
6-Hour Session, Advanced
John Sommers-Flanagan, PhD
Counseling teenagers can be immensely frustrating or splendidly gratifying. Sharpen your counseling skills by viewing and discussing video clips from actual counseling sessions and participating in live demonstrations. More than 20 specific cognitive, emotional, and constructive counseling techniques will be illustrated and demonstrated. Examples include acknowledging reality, informal assessment, the affect bridge, counselor spontaneity, early interpretations, asset flooding, acknowledging reality, informal assessment, the affect bridge, counselor spontaneity, early interpretations, asset flooding, externalizing language, and more. Counselor countertransference and multicultural issues will be highlighted.

Program ID #12010, Convention Center, Room 2009
What Great Group Leaders Do Better Than Everyone Else: Using Theories, Exercises and Engagement Skills
6-Hour Session, Advanced
Ed E. Jacobs, PhD, Monica Leppma, PhD
What do effective group leaders do better than everyone else? This LI will focus on three advanced skills of group leading that great group leaders have mastered: the use of theories, how to get maximum benefits from group exercises, and how to engage all members when working with one member. For each of these components, there will be discussion and demonstrations showing how to be more effective. Four different theories will be presented. Many different kinds of exercises will be discussed and the different ways to process exercises will be demonstrated. Common mistakes that are made when processing exercises will be presented. The skillful use of group members when working with one member will be discussed and demonstrated.

CCA Sponsored Session
Program ID #12011, Convention Center, Room 2010
Design for Dying: Preparing for End-of-Life
6-Hour Session, Introductory
Thomas Nickel, PhD
Preparation for dying is not about a single, faraway event. It’s about a condition of life that influences everything we do, every decision we make. This LI uses presentations, activities, and discussion to show how counselors can help others in overcoming anxieties, working through important choices, and talking about values and preferences with possible caregivers.

Program ID #12012, Convention Center, Room 2000
School Counselor Anti-Racist Competencies for Combating Racism
3-Hour Session, Advanced
Shannon D. Smith, PhD, Jesse Brinson, EdD
A major gap in school counseling is the absence of professional standards to address racism in schools. This LI introduces the School Counselor Anti-Racist Competencies as a means to address this gap. The proposed competencies are outlined utilizing key domains of knowledge, awareness, skills, and advocacy. Through case examples and group discussions, you will learn how to apply these competencies to the ASCA National Model and align them with the National Standards. You will also learn how to infuse them into your school counseling program and school policies and procedures, and align them with state and national initiatives. Ways to infuse them into unique academic settings will be discussed.

Program ID #12013, Convention Center, Room 2001
Yoga and Breathwork: Helping Clients Integrate Mind, Body, and Spirit for Optimal Well-Being
3-Hour Session, Introductory
Suzanne Degges-White, PhD, Cora Hopkins, PhD
An intimate connection exists between the mind, body, and spirit and this session will offer an opportunity to learn about and to experience yoga and mindfulness as methods of enhancing overall well-being for yourself and your clients. We will offer evidence-based techniques from yoga that can be used in practical ways in the clinical setting, including the use of prana yama (yogic breathing) to calm the mind and lead to great self-awareness. In this experiential LI, a variety
of meditation techniques will be presented including guided meditation, which has been empirically shown to heal trauma, find solutions, and decrease stress. No prior yoga experience is necessary. Excludes Ohio State CE Credit

Program ID #12014, Convention Center, Room 2002
**Advanced Adlerian Techniques for Use with Body Image Issues and Eating Disorders**
3-Hour Session, Advanced
Susan Belangee, PhD
This LI provides deeper understanding of and practice with Adlerian theoretical principles and techniques and the application of these with body image and eating disorder issues. Counselors already knowledgeable and using some of Alfred Adler’s ideas in practice will find the most benefit from this LI. Techniques include lifestyle assessment, early recollections, family dynamics, purposefulness of behavior/symptoms, and social interest. It is also assumed that audience members have beyond the basic knowledge of eating disorders. You will receive a booklet containing detailed ideas and methods for using the techniques in your work settings. Demonstration, role plays, and dyad work will be used throughout the session.

Program ID #12015, Convention Center, Room 2004
**Psychopharmacology: All You Ever Wanted To Know but Didn’t Know Who To Ask**
3-Hour Session, Introductory
Graham B. Lee, MA
There is a serious lack of information for mental health counselors as psychoactive medicines and mental health interventions have been shown to mutually interact. A review of the medicines taken by a client at intake means nothing if the counselor is unaware of this fact. In the same way, knowledge of non-psychoactive pharmaceuticals and their effects should also be known to counselors performing intake, as many Axis III conditions and treatments are able to reproduce psychological symptoms without the presence of a psychological condition. It is more important than ever now that counselors are being pressured by insurance companies to use evidence-based treatments and limit the number of sessions.

Program ID #12016, Convention Center, Room 2003
**The Season for Self-Care**
3-Hour Session, Advanced
Virginia A. Magnus, PhD, Wanda P. Briggs, PhD, Susan Furr, PhD, Kathryn Hunsucker, MA
Self-care is fundamental to maintaining good judgment, insight, and competence for individuals who work in the helping professions. Yet, the concept of self-care loiters somewhere in the background of the mind for many of us until we encounter challenges in either our personal or professional lives. Therefore, understanding and developing an awareness of vicarious trauma, empathy fatigue, stress management, and wellness is vital and demands a consciousness and appreciation for the power associated with self-care. The purpose of this LI is to explore some of the challenges related to self-care that are often intrinsic for helping professionals and offer suggestions for navigating through the issues unique to self-care.

Program ID #12017, Convention Center, Room 2005
**Developing Cultural Competence with LGBTQ Clients**
3-Hour Session, Introductory
Pamela S. Lassiter, PhD, Kristina Acosta, MA, Adrienne Erby, MA, Robert Kitzinger, MA
As counselors become more aware of LGBTQ issues in counseling, additional training is needed to effectively provide services to this population. Though many counselors desire to become active allies of the LGBTQ community, they often feel they lack the education and skills to support their clients. This LI will provide an introductory level of LGBTQ issues in counseling, including counselor self-awareness, privilege and oppression, identity development, substance abuse, health issues, and school counseling. You will develop skills to address LGBTQ issues in counseling, learn ways to become LGBT allies in your environment, and receive a “tool kit” of materials to assist in your advocacy efforts.

Program ID #12018, Convention Center, Room 2006
3-Hour Session, Advanced
Barry G. Ginsberg, PhD
Emotion-Focused Relationship Enhancement Couple Therapy is a uniquely respectful, collaborative, time-designated and powerful intervention/prevention approach. Couples learn relationship skills that incorporate empathy, nonjudgment, acceptance, attachment, and emotional regulation; then practice and integrate these skills in their everyday lives. This fosters improved softening, emotional engagement, and acknowledgment of the underlying positives, elements essential to satisfying and stable relationships. Didactic, discussion, role-play, and videotape methods will be utilized.

Program ID #12019, Convention Center, Room 2007
**Addressing Diversity Through Child-Centered Play Therapy: Focusing on the Skills**
3-Hour Session, Advanced
Angela I. Sheely-Moore, PhD, Peggy Ceballos, PhD, Phyllis Post, PhD
This LI will provide counselors with experience in play therapy with greater awareness, increased knowledge, and experience using child-centered play therapy while addressing considerations about the approach in a multicultural context. After a brief review of the theoretical background, this highly experiential LI will provide you the opportunity to both observe and practice the skills of child-centered play therapy with a focus on multiculturalism. APT CE Credit Available
Interventions will make schools safe for all students. Bullying behaviors impact all students in the school setting. Research indicates the bullying behaviors affect students' attendance, academic performance, and social relationships. Various bullying behaviors will be identified, behaviors will be defined and characteristics of participants in the school setting is currently being conducted. Bullying on school dynamics. Traumatized youth are being mutilated by peers through the means of residential technology, and the issues bred at home and in the community eventually transfer directly into the school environment. Via lecture, relevant case studies, and experimental learning, school counselors will receive practical tools to use when counseling targeted students, implementing programs aimed at prevention and engaging in advocacy for the safety of all students.
Thursday [Pre-conference Learning Institutes]

Program ID #12026, Convention Center, Room 2003
Thriving in Private Practice: Philosophy and Strategies for Building a Counseling Business
6-Hour Session, Introductory
Anthony J. Centore
Counseling programs teach client care well but are often deficient at educating practitioners on the business of counseling. This session is a crash course in running an innovative and successful counseling practice. Topics of note include creating a company identity, staffing, core operations, clinical services, innovation, and marketing. Excludes Ohio State CE Credit

Program ID #12027, Convention Center, Room 2004
Brief Solution-Focused Counseling in Schools: Advanced Skills and Techniques
6-Hour Session, Advanced
John J. Murphy, PhD
This LI presents advanced skills and techniques of brief solution-focused counseling (BSFC) in schools. BSFC is a highly practical, research-based, culturally responsive approach to school behavior problems from preschool through high school. Techniques include everyday strategies for building cooperative alliances with hard-to-reach students, obtaining systematic client feedback, creating customized interventions from students’ unique strengths and resources, and building solutions by changing the viewing and doing of the problem. Videotaped and live demonstrations, experiential exercises, and practice activities are used to increase the practical application of LI techniques the very next day on the job.

Program ID #12028, Convention Center, Room 2005
When the Going Gets Tough: Today’s Challenges and Triumphs for Administrative Supervisors in Counseling
6-Hour Session, Advanced
Patricia Henderson, EdD, Richard Ponton, PhD, Elias Zambrano, PhD, Alan Cavaiola, PhD, Suzanne D. Mudge, PhD
In agencies, schools, and graduate programs, the going is tough. Budget cuts, cost increases, insurance restrictions, personnel problems, increased competition … the challenges go on and on. Administrative supervision is not for the faint of heart! This LI outlines a framework of effective and ethical administration and strategies for management in turbulent times. Learn skills to promote excellence and engagement in employees, enhance consumer connections, and develop strategies for organizational success. Applying the best practices of business to counseling leadership, you will leave this energizing and interactive LI with tools for triumph in troubling times.

Program ID #12029, Convention Center, Room 2006
Allies for All: Skills for Working with LGBTQ Individuals Throughout the Life Span
6-Hour Session, Introductory
Patricia E. Robertson, EdD, Janna Scarborough, PhD, Rebekah Byrd, PhD
Although core counseling processes are necessary for working with LGBTQ individuals, they are not sufficient. Given unique concerns, needs, and experiences across the life span, specialized awareness, knowledge, and skills are needed for effective counseling service delivery for this diverse population. Awareness of personal and societal values as well as homoprejudice will be explored. Sexual and gender identity models, ethical and systemic issues, and unique LGBTQ concerns (including within group diversity) will be discussed. Through various activities, emphasis will be on skill development of appropriate counseling and systemic intervention strategies with respect to various counselor work settings (schools, agencies, higher education).

Program ID #12030, Convention Center, Room 2007
Culturally Responsive Play Therapy with Young Traumatized Children
6-Hour Session, Advanced
Sue Bratton, PhD
Explore the therapeutic use of play in counseling with young, traumatized children within a humanistic, developmental, culturally responsive, and evidence-based framework. Play is a universal language that allows counselors to understand and help young traumatized children from diverse cultures who may have difficulty expressing themselves meaningfully through words alone, particularly for young children with a history of interpersonal, often preverbal trauma. Based on presenters’ experience and substantial research, strategies and cultural considerations for working with this population of children and their caregivers will be presented and demonstrated through video demonstration and case examples. APT Credit Available

Program ID #12031, Convention Center, Room 2008
Sexual Healing: Learning To Be Confident in Providing Sexuality Counseling
6-Hour Session, Advanced
Donna Gibson, PhD, Wendry N. Dupkoski, MS
Not surprisingly, the majority of professional counselors are not prepared to provide adequate sexuality counseling in practice. This LI will focus on providing knowledge and skills in a multisensory learning format that will improve your ability to provide sexuality counseling to your clients. The foundation of this experience will be built on gaining awareness of beliefs, values, and personal experiences regarding sexuality. You will learn about a sexuality counseling process that will include assessment, counseling, and maintenance. Specific topics will also be discussed, such as sexual minority clients, sexual trauma, male/female sexual dysfunction, and health concerns that impact sexuality.

Program ID #12032, Convention Center, Room 2009
Neurotherapy and Neurofeedback: Essential Counseling Interventions for Psychological and Behavioral Problems
6-Hour Session, Advanced
Lori Russell-Chapin, PhD
Theodore Chapin, PhD

Neuroscience is making a difference in the way we all conduct counseling. Learn about essential interventions for psychological and behavioral problems using neurotherapy and neurofeedback (NF). The definition of NF will be presented, along with supporting research and efficacy rates. A DVD neurofeedback demonstration will be observed, and participants will have the opportunity to practice several biofeedback and neurofeedback applications.

EVENING SESSIONS
5:30 pm–8:45 pm

Program ID #12033, Convention Center, Room 2000
Neurology and Psychopharmacology: Current Medications, How They Work, and the Counselor’s Supportive Role
3-Hour Session, Advanced
Elisabeth D. Bennett, PhD, William Bennett, MD
Counselors can play a critical role in supporting the maintenance/compliance of clients to the regimen prescribed by the medical professional. The counselor is best able to do so if he or she has a knowledge and understanding of the effects of medication and potential side effects and related issues. This presentation reviews neuroanatomy and function, provides an understanding of classes of medication and specifics regarding the most commonly prescribed medications, and defines and discusses the role of the counselor as a critical teammate in increasing compliance and avoiding complications.

Program ID #12034, Convention Center, Room 2001
A Survey of Military Veterans’ Concerns and Counseling Intervention Strategies
3-Hour Session, Introductory
Kananur V. Chandras, PhD, Sunil V. Chandras, HT(ASCP)
This LI is a research study conducted on military veterans to ascertain their concerns and to present varied counseling intervention strategies to assist veterans. There will be group discussion, case presentations, and handouts on veteran problems.

Program ID #12035, Convention Center, Room 2002
Implementing Latino Counseling Competencies in Clinical Supervision: Culturally Responsive Practices in Action
3-Hour Session, Advanced
Maritza Gallardo-Cooper, PhD, G. Miguel Arciniega, PhD, Zoila Tovar-Blank, PhD, Diane Estrada, PhD, Adelaida Santana-Pellicer, PhD
This LI presents an iconic Latino-sensitive supervision model that unveils critical processes not commonly evident in mainstream supervision dialogues. Characteristics of the supervisor, supervisee, and client and the specific supervision dyad dynamics generated are analyzed through critical factors of power differential, language, gender, acculturation, identity, socialization, class, values, and socio-historical variables. The model addresses all aspects of Latino diversity as well as explores ethical dilemmas that ensue from Latino perspectives and supervision incidents.

Program ID #12036, Convention Center, Room 2003
Counseling Immigrant Clients: Research, Practice, and Advocacy
3-Hour Session, Introductory
Angela Coker, PhD, Richard W. Williams, PhD, Stacee Reicherzer, PhD, Lisa Schulz, PhD, Selma D. Yznaga, PhD, Rhonda Bryant, PhD, Joan Williams, PhD, Patricia Keller, MA
A steady flow of diverse immigrant populations has always influenced the demographic landscape of the U.S. In the 1990s immigration increased 57% and in the past decade the U.S. witnessed a 21% increase. According to the current U.S. Census, approximately 12% of the U.S. population is foreign born. In recent years, political and social attitudes have contributed to the challenges and experiences of immigrant groups that have added to social, political, and economic problems, which in turn have led to growing discrimination and mental health concerns. The purpose of this LI is to examine the unique challenges immigrants face and to examine the ways in which counselors can serve the needs of this diverse and growing population.

Program ID #12037, Convention Center, Room 2004
Parents and Child-Centered Play Therapy: Strategies for Building Partnerships To Help Children Heal
3-Hour Session, Advanced
Phyllis Post, PhD, Emily J. Donald, MA, Peggy Ceballos, PhD
Working with parents of children in play therapy can be intimidating to play therapists who do not have a framework and strategies. Effective consultation with parents is an essential part of improving outcomes in play therapy. This LI will provide you with strategies for working with parents for the entire play therapy process from initial meeting to termination. The presenters will cover the importance of parent consultation, goals of parent consultation, explaining play therapy to parents, working with parents to create measurable therapy goals related to what happens in the playroom, and how to nurture relationships with parents that contribute to child healing. APT CE Credit Available

Program ID #12038, Convention Center, Room 2010
The Power of Sand Tray Therapy: Creative Techniques for Therapeutic Disclosure, Mastery, and Healing
3–Hour Session, Advanced
J. Barry Mascari, EdD, Jane M. Webber, PhD, Yumiko Ogawa, PhD
You are invited to explore the power of sand tray therapy, an expressive modality that accesses the client’s inner world and promotes therapeutic disclosure and healing when talk therapy may not be effective. We will describe how to set up your sand tray room, build an inexpensive collection of diverse miniature
figures, and integrate sand tray therapy into your counseling sessions. You will have the opportunity to select figures and build a personal scene to experience the sand tray process. We will present universal concepts and symbols in sand trays and demonstrate creative interventions using sand trays with children and adults.

Program ID #12039, Convention Center, Room 2006  
**Advancing Your Suicide Prevention, Assessment, and Intervention Skills: Practical Information for Counselors**  
3-Hour Session, Introductory  
Darcy Haag Granello, PhD, Paul F. Granello, PhD  
Suicide is the 11th leading cause of death, and the 2nd leading cause among adolescents, yet the average amount of time spent on the topic of suicide in counselor education programs in less than one hour. This LI will provide participants of all skill and experience level, in all types of settings, with concrete, practical information on suicide assessment, prevention, and intervention. An extensive booklet of information will provide more details and depth for participants to implement prevention programming in schools and communities, and to conduct culturally and developmentally appropriate risk assessments as well as a seven-step model for intervention that includes specific and concrete strategies for counselors to implement.

Program ID #12040, Convention Center, Room 2007  
**Adlerian Brief-Counseling Techniques: Advanced Procedures for Working with Individuals and Families**  
3-Hour Session, Advanced  
Richard E. Watts, PhD, Amanda C. Healey, PhD  
This LI will focus on providing information regarding the implementation of Adlerian counseling techniques in a variety of brief-counseling situations involving individuals and families. Each technique will be discussed with regard to its purpose in the counseling process, possible uses as it relates to client readiness, and points in the counseling process it may be most beneficial to implement each intervention reviewed. Selected techniques will be demonstrated and audience members will engage in various exercises to practice the use of the techniques presented. Case examples will be introduced by presenters to highlight key points and issues that may arise during implementation in brief settings.

Program ID #12041, Convention Center, Room 2008  
**Understanding Issues Confronting African American Male College Student-Athletes**  
3-Hour Session, Advanced  
Henry L. Harris, PhD, Jared Lau, MA  
African American males represent a significant proportion of college student-athletes participating in revenue-producing sports. And while many have aspirations to play professionally, only a small percentage will have this opportunity. Therefore, it is imperative they attain a solid education. This interactive LI will address some of the unique challenges faced by African American male student-athletes from some elements of the Critical Race Theory. Suggestions will also be offered to participants working with this unique population.

Program ID #12042, Convention Center, Room 2009  
**How Does That Make You Feel? An Introduction to Affect Regulation in Counseling**  
3-Hour Session, Advanced  
Joseph B. Cooper, PhD, Dixie Meyer, PhD  
From anxiety disorders to trauma and the addictions, many mental health problems are characterized by a disruption in our client’s ability to manage affect. Based on theory and research, this interactive presentation reviews the neurobiology of affect regulation and how affect dysregulation is a causal factor in our client’s emotional disorders. Based on Intensive Short-Term Dynamic Psychotherapy, you will learn counseling interventions that are designed to enhance the clients’ ability to improve healthy affect regulation and the management of their in-session anxiety. Case examples, role-plays, and videotape session excerpts will be used to illustrate these concepts.

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**Didn’t get to attend all the LIs you wanted?**

**Many LIs will be available post-conference as an online course.**

Stop by the Digitell booth near registration or visit learning.counseling.org to purchase access.
**GENERAL CONFERENCE INFORMATION**

Earn up to 35 Continuing Education Contact Clock Hours, including Pre-conference Learning Institutes!
You can earn one continuing education contact hour (CE) for each hour of attendance at:
- Pre-conference Learning Institutes *(separate registration fee applies)*
- Keynote Sessions
- Education Sessions (90-minute and 60-minute)
*Please note 30-minute poster sessions are not approved for CE credit.*

ACA has obtained CE approval from the following organizations:
- **American Psychological Association (APA).** ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content. *(Advanced audience-level Learning Institutes and select Education Sessions only)*
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- **California Board of Behavioral Sciences.** Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
- **Commission on Rehabilitation Counselor Certification**
- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board** *(counselor CE credit only)*
- **NAADAC: The Association for Addiction Professionals**
- **National Board for Certified Counselors (NBCC).** ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- **Washington Office of Superintendent of Public Instruction**

It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs. Most attendees will be able to accumulate 17 CEs during the core conference days; however, you can earn up to 18 additional CEs by attending two full days of Pre-Conference Learning Institutes. That way you can return home with up to 35 CE credits! Attendance is monitored and you must attend 100% of the session to receive credit. Partial credit will not be awarded. ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended during conference at the CE/Evaluation kiosks, near the registration area, or after conference at prolibraries.com/counseling. You will be able to print out a copy of your CE certificate, after conference, from your home computer at no additional cost!

**ACA ACADEMIES**

ACA Conference Academies are another way to demonstrate expertise in specific areas. Receive a frameable certificate recognizing your commitment to advanced knowledge. There are 19 Academy tracks to choose from!
- Addictions Academy
- Best Practices Academy
- Career Development/Employment Counseling Academy
- Child & Adolescent Counseling Academy
- College Counseling Academy
- Counseling Ethics & Legal Issues Academy
- Counselor Education & Supervision Academy
- Couples & Family Counseling Academy
- Human Development Across the Lifespan Academy
- LGBTQ Academy
- Mental Health/Private Practice Academy
- Military Counseling Academy
- Multicultural Counseling Academy
- Rehabilitation Counseling & Disability Issues Academy
- School Counseling Academy
- Social Justice Academy
- Spirituality & Religious Values Academy
- Trauma/Disaster Mental Health Academy
- Wellness Academy

For each certificate, you must attend at least six 90-minute/60-minute education sessions from the approved list as indicated in this Program Guide. All six sessions must be from the same Academy. In addition, you must visit the Expo Hall for at least 30 minutes and attend the Opening Keynote Session. You’ll find the ACA Academy form on our website at counseling.org/conference; or you may submit your Academy form online at counseling.org/sub/academies/academymenu12.html and ACA will waive the $15.00 processing fee. The Program Guide indicates which sessions are approved for each Academy. Certificates will be mailed two to three weeks after receipt.

For questions regarding ACA Academies and submission options, please call 800-347-6647 x229.
### Featured Sessions at-a-Glance

#### PRESIDENTIAL SESSIONS

**Friday, March 23**

11:00 am–12:00 pm  
ID #103, 20/20: A Vision for the Future of Counseling — The Building Blocks to Portability Project

2:00 pm–3:30 pm  
ID #132, Perspectives on ACA’s Next 60 Years: A Past Presidents’ Forum

3:45 pm–4:45 pm  
ID #149, Counseling as a Profession: Our Past, Present, and Possible Future

**Saturday, March 24**

10:30 am–12:00 pm  
ID #193, The Doctor of Professional Counseling (DPC) Degree: The Next Step

2:00 pm–3:30 pm  
ID #211, A Town Hall Meeting on Revising the ACA Code of Ethics

#### GRADUATE AND NEW PROFESSIONAL SESSIONS

**Friday, March 23**

11:00 am–12:00 pm  
ID #110, Becoming a Professional Counselor

3:45 pm–4:45 pm  
ID #147, What Graduate Students and New Professionals Need To Know About Social Media

**Saturday, March 24**

10:30 am–12:00 pm  
ID #199, Clinical Supervision in the Helping Professions

2:00 pm–3:30 pm  
ID #221, Perspectives on Comprehensive School Guidance and Counseling Programs

3:45 pm–4:45 pm  
ID #243, The Creative Arts in Counseling

5:00 pm–6:00 pm  
ID #265, Cyberbullying: What Can We Do?

#### ACA COUNSELING IN ACTION DEMONSTRATION SERIES

**Friday, March 23**

2:00 pm–3:30 pm  
ID #126, Bridging the Gender Continuum: Supporting a Newly Identified Transgender Client in Naming and Claiming Her Identity

**Saturday, March 24**

10:30 am–12:00 pm  
ID #192, Applying Relational-Cultural Theory to Women with Addictions: Reconnecting with the Self and Others

2:00 pm–3:30 pm  
ID #214, Promoting Growth Within a Group: Performing in the Here and Now

**Sunday, March 25**

8:45 am–10:15 am  
ID #302, Threat Assessment of a Bully

11:45 am–1:15 pm  
ID #346, Graduate Student Remediation: When, Who, and Why To Conduct Remediation with Graduate Students

#### ACA AUTHOR SESSIONS

**Friday, March 23**

11:00 am–12:00 pm  
ID #111, The Counselor and the Law: Avoiding the “Dirty Dozen” Legal and Ethics Traps

2:00 pm–3:30 pm  
ID #133, Techniques To Help Challenging Youth Make Positive Life Changes

3:45 pm–4:45 pm  
ID #155, Creating Your Professional Path: Lessons from My Journey

5:00 pm–6:00 pm  
ID #177, Working with LGBT Persons and Their Families

**Saturday, March 24**

10:30 am–12:00 pm  
ID #199, Clinical Supervision in the Helping Professions

2:00 pm–3:30 pm  
ID #221, Perspectives on Comprehensive School Guidance and Counseling Programs

3:45 pm–4:45 pm  
ID #243, The Creative Arts in Counseling

5:00 pm–6:00 pm  
ID #265, Cyberbullying: What Can We Do?

#### UPDATES

Look for updated information in the Program Guide Addendum in your tote bag.
### AACE SESSIONS

**Friday, March 23**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ID #105, Diversity in Clinical Assessment: Considerations, Trends, and Standards</td>
</tr>
<tr>
<td>11:30 am–12:00 pm</td>
<td>ID #516, Free Informal and Formal Assessments for Use in Assisting Positive Career Development in Children and Adolescents</td>
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**Saturday, March 24**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>10:30 am–11:00 am</td>
<td>ID #628, Finding Your Place in AACE</td>
</tr>
<tr>
<td>2:30 pm–3:00 pm</td>
<td>ID #692, Multicultural Supervision: Influencing Counseling Supervisor’s Motivation To Initiate Discussions on Culture and Diversity</td>
</tr>
<tr>
<td>3:45 pm–4:45 pm</td>
<td>ID #237, Student Learning Outcome Assessment: Creating Assessment Measures</td>
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**Sunday, March 25**

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:45 am–10:15 am</td>
<td>ID #299, Decreasing Dropout and Increasing Outcomes: Evaluating the Effectiveness of Systematic Measurement for Counselors</td>
</tr>
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### AADA DAY OF LEARNING

**Friday, March 23**

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ID #102, Diversity Within the LGBT Population on College Campuses: How Counselors and Student Affairs Professionals Can Be Advocates</td>
</tr>
<tr>
<td>2:00 pm–3:30 pm</td>
<td>ID #124, Employment and Relationship Stress for Young Adults: Spirituality and Practical Coping Strategies</td>
</tr>
<tr>
<td>3:45 pm–4:45 pm</td>
<td>ID #146, Friends, Family, and Older Men</td>
</tr>
<tr>
<td>5:00 pm–6:00 pm</td>
<td>ID #168, Women’s Issues at Midlife and Beyond: Spirituality, Sexuality, and Retirement</td>
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### ACC DAY OF LEARNING

**Saturday, March 24**

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:30 am–12:00 pm</td>
<td>ID #196, Clinical Foundations in College Counseling</td>
</tr>
<tr>
<td>2:00 pm–3:30 pm</td>
<td>ID #218, Student Development Theory and College Counseling</td>
</tr>
<tr>
<td>3:45 pm–4:45 pm</td>
<td>ID #240, Outreach Programming in College Counseling</td>
</tr>
<tr>
<td>5:00 pm–6:00 pm</td>
<td>ID #262, College Counseling in the Campus Setting</td>
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### ACCA DAY OF LEARNING

**Saturday, March 24**

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:30 am–12:00 pm</td>
<td>ID #194, Creative Techniques for Teaching Key Concepts in Required Courses in Counselor Education Programs</td>
</tr>
<tr>
<td>2:00 pm–3:30 pm</td>
<td>ID #216, A Relational-Cultural Approach to Working with Eating Disorders</td>
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<tr>
<td>3:45 pm–4:45 pm</td>
<td>ID #238, Developmental Relational Counseling: Growth in Context</td>
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<tr>
<td>5:00 pm–6:00 pm</td>
<td>ID #260, Leaving Your Heart in San Francisco (or Other Places): Creative Strategies for Addressing Heartbreak</td>
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### ACEG SESSION

**Friday, March 23**

<table>
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<th>Time</th>
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<tbody>
<tr>
<td>5:00 pm–6:00 pm</td>
<td>ID #171, Group Counseling Methods for All Abilities</td>
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### ACES SESSIONS

**Friday, March 23**

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<th>Time</th>
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<tbody>
<tr>
<td>5:00 pm–6:00 pm</td>
<td>ID #167, Research Competencies for the Field of Counseling</td>
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**Saturday, March 24**

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<tbody>
<tr>
<td>5:00 pm–6:00 pm</td>
<td>ID #266, DSM-5 in Crisis: Extreme, Unsupported Revisions Have Significant Implications for Counselor Education and Supervision</td>
</tr>
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</table>

**We want to know what you think!**

Visit the kiosks near registration to complete conference survey.
## Sponsored Sessions at-a-Glance

### ALGBTIC DAY OF LEARNING

**Saturday, March 24**

**10:30 am–12:00 pm**  
ID #195, Fostering the Development of LGBT Allies Through Dialogue

**2:00 pm–3:30 pm**  
ID #217, Resources in Action: Making Schools Safe for Our LGBTQQIA Students

**3:45 pm–4:45 pm**  
ID #239, The Transgender Liberation Struggle and the DSM-5: Examining Power and Paradox in Our Roles as Counselors

**5:00 pm–6:00 pm**  
ID #261, Intersectionality of Identity: A Dialogue with Queer People of Color

### AMHCA SESSIONS

**Friday, March 23**

**11:30 am–12:00 pm**  
ID #517, Mental Health and Acculturation of Bosnian Refugees: Research Outcomes

**5:00 pm–6:00 pm**  
ID #172, What Do Your Clients Really Believe? Processing Deeply Held Beliefs in Treating DSM-IV-TR Disorders

**Saturday, March 24**

**10:30 am–11:00 am**  
ID #323, Who Are We? Promoting the Clinical Mental Health Counselor Identity

**10:30 am–11:30 am**  
ID #501, Adolescents and Adults with Autism Spectrum Disorders

**11:30 am–12:00 pm**  
ID #519, Spiritual Competency Scale: A Measure of Spiritual Competency for Counselors

**Saturday, March 25**

**10:30 am–12:00 pm**  
ID #198, Telerehabilitation as a Rehabilitation Delivery System: Ethics and Outcomes

**3:30 pm–4:00 pm**  
ID #709, Occupational Issues with Individuals Who Are Deaf

### AMCD SESSIONS

**Friday, March 23**

**11:00 am–12:00 pm**  
ID #106, Developing a Psychosocial Approach to Disaster Response in Haiti

**2:30 pm–3:00 pm**  
ID #564, African American Males: Building a Stronger Citizen/Student

**Saturday, March 24**

**2:00 pm–3:30 pm**  
ID #212, Mentoring Minority Graduate Students and New Faculty: Steps on Being a Successful Graduate Student and Junior Faculty Member

**3:30 pm–4:00 pm**  
ID #720, Understanding the Lived Experiences of Bilingual Counselors-in-Training Counseling Spanish-Speaking Clients

### ARCA SESSIONS

**Friday, March 23**

**10:30 am–11:00 am**  
ID #501, Adolescents and Adults with Autism Spectrum Disorders

**2:30 pm–3:00 pm**  
ID #566, Long-Term Disaster Relief Work in Haiti: Ethical and Educational Lessons Learned

**3:45 pm–4:45 pm**  
ID #152, Ethical Issues in the Culturally Competent Practice of Rehabilitation Counselors

### ASERVIC SESSIONS

**Friday, March 23**

**11:00 am–12:00 pm**  
ID #107, Spiritual Implications for the DSM-5 Criteria

**11:30 am–12:00 pm**  
ID #517, Mental Health and Acculturation of Bosnian Refugees: Research Outcomes

**4:30 pm–5:00 pm**  
ID #598, Preparing Emergent Counselors To Work with Spiritually Diverse Clients: Supervision Models and Process Considerations

**Saturday, March 24**

**10:30 am–11:00 am**  
ID #629, The Effects of a Loving-Kindness Meditation Intervention on Counselors-in-Training: Implications for Counselor Education

**5:00 pm–6:00 pm**  
ID #275, The Spiritual Integration Toolbox: Techniques for Ethical Assessment, Diagnosis, and Treatment
### Sponsored Sessions at-a-Glance

#### Sunday, March 25

**8:45 am–10:15 am**  
ID #300, Joining Sexuality and Spirituality: Working with Clients

**ASGW SESSIONS**

#### Friday, March 23

**11:30 am–12:00 pm**  
ID #518, Voices of the Students at an Alternative Learning High School: Conducting Focus Groups Following the Career Mentorship Pilot Program

**5:00 pm–6:00 pm**  
ID #174, Group Workers as Multicultural and Social Justice Change Agents: Introducing the Revision of the ASGW Diversity Principles

#### Saturday, March 24

**7:30 am–8:30 am**  
ID #278, Morning Meditation

**CSJ DAY OF LEARNING**

#### Sunday, March 25

**10:30 am–11:30 am**  
ID #541, Beyond Words: Integrating Creativity and Mindfulness into Group Work

#### IAAOC SESSIONS

**Friday, March 23**

**11:30 am–12:00 pm**  
ID #522, Faith as Helpful and Harmful: The Complex Connection Between Religion, Spirituality, and Disordered Eating

**2:00 pm–3:30 pm**  
ID #130, IAAOC Graduate Student Carousel: Research to Practice

**4:30 pm–5:00 pm**  
ID #602, Unholy Trinity: Eating Disorders, Sexual Addiction, and Problem Gambling

#### Saturday, March 24

**3:30 pm–4:00 pm**  
ID #708, Restorative Justice in the Schools: A Three-Year Evaluation of a Youth Court

**3:45 pm–4:45 pm**  
ID #251, There’s an Elephant in the Room . . . Do You See It? Screening and Assessment for Sexual Addiction

#### Sunday, March 25

**10:30 am–12:00 pm**  
ID #205, Dreaming of Possibilities: A Look into the Future of Social Justice and Advocacy in Counseling

**2:00 pm–3:30 pm**  
ID #227, ACES Presidents and Social Justice: ACES Leaders Discuss the Relevance of Social Justice in Counselor Education and Supervision

**3:45 pm–4:45 pm**  
ID #249, Diffusion of Innovation: A Framework for Gaining “Buy-In” for the Social Justice Perspective in Counseling and Psychology

**5:00 pm–6:00 pm**  
ID #271, ACA Code of Ethics and Social Justice: A Panel Discussion on Integrating Social Justice into the New ACA Code of Ethics

**Sponsored Sessions at-a-Glance**

- **AHC WELLNESS CENTER**

  **Saturday, March 24**

  **10:30 am–12:00 pm**  
  ID #197, Increasing Personal Energy and Wellness

  **2:00 pm–3:30 pm**  
  ID #219, Maori Drawing for Counseling Self-Care

  **3:45 pm–4:45 pm**  
  ID #241, Yoga for Everyone

  **5:00 pm–6:00 pm**  
  ID #263, The Art of Centering: An Experiential Path to Wellness

- **Saturday, March 24**

  **7:30 am–8:30 am**  
  ID #278, Morning Meditation

#### Updates

Look for updated information in the Program Guide Addendum in your tote bag.
Sponsored Sessions at-a-Glance

Sunday, March 25

4:30 pm–5:00 pm
ID #601, An Experimental Investigation of Climate, Learning, and Efficiency in Online Instruction

Saturday, March 24

10:30 am–11:00 am
ID #633, Update on the IAMFC Code of Ethics

3:45 pm–4:45 pm
ID #242, Best Practices in Marriage and Family Counseling

Sunday, March 25

10:30 am–11:30 am
ID #328, International Advances in Marriage and Family Counseling

NCDA SESSIONS

Friday, March 23

11:30 am–12:00 pm
ID #523, Creative Approaches and Strategies for Teaching Career Counseling

2:30 pm–3:00 pm
ID #565, Career Counseling with the Over 50 Client

3:45 pm–4:45 pm
ID #151, A Response from the Counseling Profession to the Insecure World: A Proposal

Saturday, March 24

10:30 am–11:00 am
ID #630, Results of 2011 Harris Interactive Survey of Working America Commissioned by NCDA

3:45 pm–4:45 pm
ID #245, The Hope-Centered Model of Career Development and Inventory: A New Approach to Effective Career Counseling

NCDA DAY OF LEARNING

Friday, March 23

8:45 am–10:15 am
ID #303, Unlocking Client Creativity: Using Collage for Vocational Assessment

11:00 am–12:00 pm

2:00 pm–3:30 pm
ID #138, The Science and Art of Emotional Intelligence and the Interactive Role It Plays in Intergroup and Workplace Wellness

3:45 pm–4:45 pm
ID #160, What To Do When the Pink Slip Harkens

5:00 pm–6:00 pm
ID #182, Bullying in the Workplace: Yes, It’s Real and It Needs To Stop. Now.

CHI SIGMA IOTA SESSIONS

Friday, March 23

11:00 am–12:00 pm
ID #112, Getting Counselors Involved Globally

11:30 am–12:00 pm
ID #520, An Intentional Approach to the Recruitment of New Leaders

12:30 pm–1:00 pm
ID #535, Collaborating with CASA: Court Appointed Special Advocates for Community Engagement

12:30 pm–1:00 pm
ID #536, Social Justice and Advocacy Among Graduate Students in Counselor Education Programs

1:30 pm–2:00 pm
ID #551, Don’t Call Me Homeless: Increasing Empathy and Action of Student, Supervisor, and Clinician with Homeless Teen Population

1:30 pm–2:00 pm
ID #552, Legislative Advocacy: How To Work with Elected Officials

2:00 pm–3:30 pm
ID #129, Enhancing Counselor Community Engagement in Bullying Prevention Efforts: Making Cultural Adaptations for Individual Communities

2:30 pm–3:00 pm
ID #567, Assisting Veterans on Campus and in the Community

2:30 pm–3:30 pm
ID #615, Counseling in a Global Society: Expanding Worldview and Counseling Practices Through Global Education

3:30 pm–4:00 pm
ID #568, Identifying and Challenging Barriers to Effective Advocacy

3:30 pm–4:00 pm
ID #583, Social Media for Professional Counselors: Ethical and Legal Considerations

4:30 pm–5:00 pm
ID #599, Folklore: A Vital Therapeutic Intervention in a Modern Cultural Pluralistic Society

4:30 pm–5:00 pm
ID #600, Sigma Phi Sigma Mentoring Program

5:30 pm–6:00 pm
ID #615, Counseling in a Global Society: Expanding Worldview and Counseling Practices Through Global Education

5:30 pm–6:00 pm
ID #616, Stereotypes in the Media: Effects on African American Adolescent Girls, Identity Development

We want to know what you think!
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Saturday, March 24

10:30 am–12:00 pm
ID #204, Research in the Counseling Profession: Applying Neuroscience To Inform Counseling Practice and Promote Evidence-Based Outcomes

10:30 am–11:00 am
ID #631, HIV/AIDS in Southern Africa: Experiences of Members of the Alpha Chapter of CSI

10:30 am–11:00 am
ID #632, Children Serve Too: Investigating Relationships of Adult Children of Military Families

11:30 am–12:00 pm
ID #647, Innovations in Professional Development: Creating Integrative Chapter and Department Programs To Promote Advocacy and Leadership

11:30 am–12:00 pm
ID #648, Advocacy Across Counseling Specializations: A Case Study Approach at the Individual, Community, and Legislative Levels

12:30 pm–1:00 pm
ID #660, Multicultural Competence for Helping Professionals: Validating Diverse Clients

12:30 pm–1:00 pm
ID #663, Connecting Across Continents: International Immersion Through the Oasis Project Cameroon

12:30 pm–1:00 pm
ID #664, Promoting the Profession: Using Technology To Advocate Future Career Paths in Counseling with High School Students

1:30 pm–2:00 pm
ID #679, Best Practices in Professional Advocacy from the CSI Advocacy Committee

1:30 pm–2:00 pm
ID #680, Promoting Global Counseling Excellence Through CSI Engagement

2:30 pm–3:00 pm
ID #695, Raising the Bar: Implementing Effective Counselor Community Engagement on the Local, National, and International Levels

2:30 pm–3:00 pm
ID #696, A University/Community Partnership To Meet the Needs of Those Impacted by Disasters

3:30 pm–4:00 pm
ID #712, Working with Clients Who Self-Injure: A Grounded Theory Approach

3:45 pm–4:45 pm
ID #250, Professional Advocacy: What Supervisors and Supervisees Need To Know About the Law

Sunday, March 25

8:45 am–10:15 am
ID #301, Labels Are for Jars! From Hoarding to Foraging: Deconstructing and Reconstructing the DSM Code Through Metaphors

10:30 am–11:30 am
ID #342, Complexities of Identity in Multicultural Counseling Training: Challenges for Trainers and Trainees

CCA SESSIONS

Friday, March 23

10:30 am–11:00 am
ID #500, Best Practices for College Counseling: Is There Money for College and Where Do I Get It?

2:00 pm–3:30 pm
ID #128, You Want Me To Do What? Surviving the Counseling Internship

5:00 pm–6:00 pm
ID #173, Effective Group Meetings Maximize the End Results

Saturday, March 24

12:30 pm–1:00 pm
ID #660, Multicultural Competence for Helping Professionals: Validating Diverse Clients

2:00 pm–3:30 pm
ID #215, Using Media To Deconstruct Historical Patterns and Assess Cultural Competency Practices

3:45 pm–4:45 pm
ID #248, Multicultural Contextual Integrative Counseling

5:00 pm–6:00 pm
ID #259, Making a Difference in the Community: The Impact of Career Counselors

Want to present in 2013?
See the flyer in your tote bag!
Submission deadline: June 6, 2012
Preparing you for a career in Counseling

Find yourself at BARRY UNIVERSITY • The second-largest private, Catholic university in the Southeast • www.barry.edu/ACAconf

PhD in Counseling with a specialization in Marital, Couple, and Family Counseling/Therapy

MS and EdS Degrees with specializations in:
- Marital, Couple, Family Counseling/Therapy*†
- Mental Health Counseling*†
- Rehabilitation Counseling
- School Counseling†
- Dual Specialization in Marital, Couple, Family Counseling/Therapy and Mental Health Counseling
- Dual Specialization in Mental Health Counseling and Rehabilitation Counseling

*Master’s degree meets all academic requirements for licensure in Florida.
†Master’s program fully accredited by the Council for Accreditation of Counseling and Related Educational Programs

Barry University’s PhD in Counseling program in Miami Shores is accredited by the Council for Accreditation of Counseling and Related Educational Programs.

BARRY UNIVERSITY

ADRIAN DOMINICAN SCHOOL OF EDUCATION
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305-899-3719 • 800-756-6000, ext. 3719
education@mail.barry.edu

Orlando Location
Master’s and EdS in Counseling
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Orlando, FL 32826
800-756-6000, ext. 3719
edorlando@mail.barry.edu
### FRIDAY • MARCH 23

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:00 am–12:00 pm</td>
<td><strong>The Five Hottest Topics in the Counseling Blogosphere</strong>&lt;br&gt;60-Minute Session&lt;br&gt;Rebecca Daniel-Burke&lt;br&gt;Some counselor blogs get 75 hits and others get 1,500. Which counselor hot topics are getting all the hits? What makes a successful blogger? Will a blog help to promote your practice, your agency, your program? Come meet blogging counselors. Ask all of these questions and more. Become a counselor who blogs yourself!</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td><strong>Diversity Within the LGBT Population on College Campuses: How Counselors and Student Affairs Professionals Can Be Advocates</strong>&lt;br&gt;60-Minute Session&lt;br&gt;Jane E. Rheineck, Julia R. Mazzarella, Nicole Pacheco&lt;br&gt;College student populations are often diverse, but many students remain undisclosed, unnoticed, and underrepresented. Counselors and student affairs professionals need to be well informed and well educated in order to ensure the academic, social-emotional, and mental health of diverse LGBT students. This presentation will address the needs and development of marginalized LGBT students, including students of color, international students, and older LGBT students. You will gain knowledge and be provided a framework with strategies to assist each of these populations.</td>
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<tr>
<td>11:00 am–12:00 pm</td>
<td><strong>20/20: A Vision for the Future of Counseling — The Building Blocks to Portability Project</strong>&lt;br&gt;60-Minute Session&lt;br&gt;Kurt Kraus, Bradley T. Erford, Caroline Wilde, David Kaplan&lt;br&gt;20/20: A Vision for the Future of Counseling, a multiyear initiative involving 31 professional counseling entities, has been working on the Building Blocks to Portability project. This initiative seeks to facilitate the ability of counselors to transfer their license when moving to another state. This presentation will explain the Delphi process being utilized, describe the current status of the project, present the next steps, and discuss the implications of achieving licensure portability. Audience reaction will be encouraged.</td>
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<tr>
<td>11:00 am–12:00 pm</td>
<td><strong>Diversity in Clinical Assessment: Considerations, Trends, and Standards</strong>&lt;br&gt;60-Minute Session&lt;br&gt;Linda H. Foster, Gabriel I. Lomas, Danica Hays&lt;br&gt;The Association for Assessment in Counseling and Education (AACE) now begins the revision of the Standards for Multicultural Assessment (2003) in an effort to address the increasing diversity in society and the continued equitable treatment of all individual, with respect to assessment. This will be accomplished through broad-based dialogue and feedback from the profession in order to assure that current trends in the assessment arena are being incorporated into the revised standards. So, if you are interested is advocacy and social justice issues ... come join us in helping to ensure that the revised Standards for Multicultural Assessment address and improve assessment for our underserved clients.</td>
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</tbody>
</table>
Friday [Education Sessions]

Multicultural Counseling Academy
Program ID #106, Convention Center, Room 2007
Developing a Psychosocial Approach to Disaster Response in Haiti
60-Minute Session, Advanced
Cirecie A. West-Olatunji, Adelaida Santana Pellicier, Beatrice Tatem
Given the increasing need for global disaster response counseling, it is critical that counselors be prepared to provide culturally competent services to communities in need. This presentation will describe a disaster response outreach project to post-earthquake Haiti where critical consciousness theory was used to develop a psychosocial model for disaster response. The presenters will describe the intervention model used and provide outcomes from the project.

Stressors, Barriers, and Supports: Addressing the Mental Health Needs of Diverse Immigrant and Refugee Students
60-Minute Session
Graciela L. Orozco, Patricia Van Velsor, Ulash Thakore-Dunlap, My Thanh Mac, Erica Saephan
One of every 5 children in the U.S. is an immigrant or the child of immigrants. Over 2 million refugees have resettled in this country in the last 30 years, many of whom are under the age of 18. These demographics challenge schools to understand the mental health needs of immigrant and refugee children. School counselors can help to address issues, including the stress of children affected by family separations, the stigma related to help-seeking services, access to bilingual/bicultural providers, and differences in healing beliefs and values. Panelists will examine culturally competent ways in which school counselors and professionals can support Southeast Asian refugee students and Latino, South Asian, and Chinese immigrant children.

11:00 am–12:00 pm
ASERVIC Sponsored Session
Spirituality & Religious Values Academy
Program ID #107, Convention Center, Room 2008
Spiritual Implications for the DSM-5 Criteria
60-Minute Session
Shannon Ray, K. Dayle Jones
This session provides an overview of the proposed DSM-5 changes as they impact spiritual issues in a variety of counseling settings and client populations. Attendees will leave with an understanding of the potential changes in service delivery and the concomitant impact on client spirituality and religion that covers variances in belief systems and client demographics.

11:00 am–12:00 pm
Addictions Academy
Program ID #108, Convention Center, Room 2009
Stigmatization of Adolescents Who Use Alcohol and Marijuana: A Counseling Concern
60-Minute Session, Advanced
Michael D. Brubaker, Laura Nabors
Stigma against adolescents who abuse substances is an ever present problem with significant consequences. As counselors and counselors-in-training often maintain many of the same biases as the general public, these adolescent clients can experience discrimination and neglect, preventing them from getting needed treatment services. This presentation will offer the results of a recent study investigating the key factors that contribute to stigma against adolescents who abuse alcohol and marijuana. This interactive session will be beneficial for counselors in school and agency settings as well as counselor educators as they will gain important information about the role of stigma and practical tips to address it.

11:00 am–12:00 pm
Multicultural Counseling Academy
School Counseling Academy
Program ID #109, Convention Center, Room 2011
Stressors, Barriers, and Supports: Addressing the Mental Health Needs of Diverse Immigrant and Refugee Students
60-Minute Session
Graciela L. Orozco, Patricia Van Velsor, Ulash Thakore-Dunlap, My Thanh Mac, Erica Saephan
One of every 5 children in the U.S. is an immigrant or the child of immigrants. Over 2 million refugees have resettled in this country in the last 30 years, many of whom are under the age of 18. These demographics challenge schools to understand the mental health needs of immigrant and refugee children. School counselors can help to address issues, including the stress of children affected by family separations, the stigma related to help-seeking services, access to bilingual/bicultural providers, and differences in healing beliefs and values. Panelists will examine culturally competent ways in which school counselors and professionals can support Southeast Asian refugee students and Latino, South Asian, and Chinese immigrant children.

11:00 am–12:00 pm
For Graduate Students and New Professionals Only Session
Program ID #110, Convention Center, Room 2014
Becoming a Professional Counselor
60-Minute Session
Gerald Corey, Marianne Schneider Corey, Jamie Bludworth
The presenters will address a range of topics related to the challenges of becoming a professional counselor, such as creating a meaningful professional life; knowing your values and working with clients’ values; common concerns of beginning counselors; managing personal and professional boundaries; and the importance of self-care. There will be opportunities for the audience to raise questions of the presenters. Excludes Ohio State CE Credit

11:00 am–12:00 pm
ACA Author Session
Counseling Ethics & Legal Issues Academy
Best Practices Academy
Program ID #111, Convention Center, Room 2016
The Counselor and the Law: Avoiding the “Dirty Dozen” Legal and Ethics Traps
60-Minute Session
Anne Marie “Nancy” Wheeler, Burt Bertram
This session will summarize issues covered in the newly revised sixth edition of The Counselor and the Law such as updates to HIPAA (HITECH), client referrals, documentation, and reporting duties. The presenters will also provide an overview of current legal and ethical problems for counselors; tools to help clients achieve their goals while avoiding lawsuits and licensure board complaints; updates on new trends in confidentiality, privilege, privacy, and social media; and a decision-making model.
11:00 am–12:00 pm
Chi Sigma Iota, Int’l Sponsored Session
Human Development Across the Lifespan Academy
Program ID #112, Convention Center, Room 2018

Getting Counselors Involved Globally
60-Minute Session
Courtland Lee
This session will address the interests of counselors and counselor educators who have thought about service in other countries or how counseling is practiced in other countries. Based upon firsthand experience over many years of service and travel, this program will provide participants an opportunity to gain insights into not only counseling abroad but the needs of those for whom counselor training is particularly appropriate with its strength-based wellness orientation.

11:00 am–12:00 pm
Social Justice Academy
Program ID #113, Convention Center, Room 2020

Altruism: The Why Behind the What of Counseling
60-Minute Session
Samuel T. Gladding
Altruism is the why behind the what of counseling. It is a therapeutic factor as described by Yalom, yet it is a concept that is often misunderstood. This presentation will look at the importance of altruism for counselors, clients, and society. It will explore the biological, social, and religious aspects of altruism. It will examine research that supports altruism as a crucial factor in the development of caring and empathy. It will also look at barriers to behaving altruistically and ways of promoting altruism professionally, especially for those deeply involved in advocacy and social justice. Specific ways of facilitating altruism across the life span of counselors, clients, and society will be highlighted.

11:00 am–12:00 pm
Mental Health/Private Practice Academy
Counselor Education & Supervision Academy
Program ID #114, Convention Center, Room 2022

It’s Time To Require CACREP Accreditation for State Licensure: A Call to Action
60-Minute Session, Advanced
J. Barry Mascari, Jane M. Webber, Michael Dubi
Although counselor licensing boards set standards, the early pioneers of the profession set a bold vision that shaped those requirements. It may be time for counselor educators to recapture the flag of leadership in setting standards for the profession and licensing boards. This leadership may be influential in getting graduates to register their credentials and help achieve the 20/20 goal of nationwide portability. Can counseling associations begin a public and legislative awareness campaign educating about the value of program accreditation? Are market forces behind sister professions seeking loopholes to prepare their students for licensing while skipping CACREP? Is it time to require CACREP accreditation for state licensure?

11:00 am–12:00 pm
Trauma/Disaster Mental Health Academy
Program ID #115, Convention Center, Room 2024

Strategies for Disaster Mental Health: Lessons from the Field
60-Minute Session
Roxane L. Dufrene, Kathryn L. Henderson
More and more, crisis counselors are faced with complex and new challenges every time a disaster occurs nationally or internationally. Six strategies will be presented from lessons learned in the field that address elements universal to disaster response services, such as the nature of triage and client advocacy. The six strategies are applicable across a span of disasters and are central to providing humanitarian services to survivors. The main goal of implementing these strategies is to positively impact survivors and safeguard client welfare. Hypothetical case examples will be discussed giving consideration to ethical and multicultural issues.
Resilience, Hope, and Optimism Leading to Behavioral Change
60-Minute Program
Luis De La Lama
Core-Self Wellness incorporates transformative learning interventions with elements of transpersonal, narrative, behavioral, and positive psychologies to help clients discover a radiant source of renewal in their most intimate nature. You will learn to use a positive conceptualization model that evokes the core-self construct; appraise their philosophical stance and prevalent self-views using a holistic model of the self that integrates essentialist, humanistic, and postmodern perspectives; engage in self-exploration exercises derived from traditional cultures and find out how the Core-Self Wellness method can be used in cases of anxiety and compassion fatigue.

Vietnamese Americans’ Perceptions of Play and Counseling
60-Minute Session, Advanced
Nancy Nguyen
According to the U.S. Census Bureau, there are more than 1.2 million Vietnamese permanently residing in the United States. As the Vietnamese community in America continues to grow, more services will be needed to help children and families. Despite the large population and higher prevalence of mental health concerns due to refugee and immigrant status compared to the overall American population, the Vietnamese American population underutilizes mental health services. This program will provide a brief overview of Vietnamese Americans and their children, current research with this population, practical approaches to working with this population, and implications for future research. 

Encouraging the Cognitive Development of Supervisees: Using Bloom’s Taxonomy in Supervision
60-Minute Session, Advanced
Darcy Haag Granello, Jacob M. Klein
Supervised clinical experience is one of the most significant aspects of training of professional counselors. Bloom’s Taxonomy can guide interventions across the trainee developmental level. It provides supervisors with a systematic classification of cognitive operations, promoting the development of cognitive complexity and capacity for critical thought. This session applies the taxonomy to counseling supervision and provides practical and concrete questions and interventions to encourage supervisee cognitive growth. Links to the existing research on counselor cognitive development provide a framework to move from a dualistic to a more relativistic approach. Attendees will receive concrete strategies to apply the taxonomy to supervision.

Using EMDR with Crisis Intervention and with Vets and Their Families
90-Minute Session
Patricia E. Robertson
Eye movement and desensitization (EMDR) has been endorsed by the VA as one of the two most effective interventions in working with veterans with symptoms of trauma. There is extensive research to show the effectiveness of this intervention in working with issues of trauma survivorship, anxiety, chronic
pain, disordered eating, and many other concerns presented by clients. In this presentation the participants will get an overview of the EMDR research and the EMDR protocol and experience a demonstration. Case examples of working with multiple issues will also be presented and discussed.

2:00 pm–3:30 pm
AADA Day of Learning
Program ID #124, Convention Center, Room 2003

Employment and Relationship Stress for Young Adults: Spirituality and Practical Coping Strategies
90-Minute Session
Robert A. Dobniejer, Patricia Goodspeed Grant, Steven Jay Kassirer, David G. Buckhout

For young adults, socioeconomic forces often delay readiness for independent living, result in underemployment or unemployment, impact on decisions to enter into personal relationships, and increase the likelihood of geographical relocation. Young adults are in need of resources to help them to cope with accompanying stresses of delayed transitions into adulthood. Spirituality is a resource to assist the young adult to reach transition milestones. Counselors can help young adults to develop knowledge and skills to help them to manage goals in a restrictive socioeconomic environment. Attendees will participate in discussion, case examples, a self-awareness exercise, and journaling and observe a role play to help them apply strategies for counseling young adults.

2:00 pm–3:30 pm
Best Practices Academy
Counseling Ethics & Legal Issues Academy
Program ID #125, Convention Center, Room 2004

Houston … We Have a Problem: How To Utilize a Legal/Ethical Decision-Making Model
90-Minute Session
Burt Bertram, Anne Marie “Nancy” Wheeler

Research in applied ethics informs us that when faced with a complex legal or ethical decision counselors can “unwittingly” act unethically. The ACA Code of Ethics has attempted to address this reality by mandating that counselors adopt an ethical decision-making model. This presentation provides participants with a legal/ethical model and two complex clinical situations in which to practice the use of the model. Participants will learn to more effectively recognize and address complex situations that involve (a) privacy, privilege, and confidentiality (including subpoenas); (b) social media; (c) threats of harm to self or others, and the ethical considerations of client referral.

2:00 pm–3:30 pm
ACA Counseling in Action Demonstration Series
LGBTQ Academy
Program ID #126, Convention Center, Room 2005

Bridging the Gender Continuum: Supporting a Newly-Identified Transgender Client in Naming and Claiming Her Identity

2:00 pm–3:30 pm
ACA Counseling in Action Demonstration Series
LGBTQ Academy
Program ID #126, Convention Center, Room 2005

Bridging the Gender Continuum: Supporting a Newly-Identified Transgender Client in Naming and Claiming Her Identity

90-Minute Session
Stacee Reicherzer, Jason Patton

This session will present the case of a male-to-female client who is attending her first session of counseling. She is newly identifying as transgender and lives as a gay male with her partner of 12 years. She has not yet shared her gender experiences with her partner or other family members, although she has made connections through transgender chat groups and other resources. The demonstration will begin following the presenter’s discussion of informed consent and the limits of confidentiality so that the emphasis can be placed on the skills necessary for work with this type of client experience.

2:00 pm–3:30 pm
IAMFC Sponsored Session
Child & Adolescent Counseling Academy
Program ID #127, Convention Center, Room 2006

Child-Centered Filial Family Therapy: An Attachment-Based, Emotion-Focused, and Skill-Training Approach
90-Minute Session
Barry G. Ginsberg, Tina R. Paone

Filial therapy is a powerful and effective intervention with children and family problems. The presenter will share his more than 40 of years experience.

2:00 pm–3:30 pm
CCA Sponsored Session
Counselor Education & Supervision Academy
Program ID #128, Convention Center, Room 2007

You Want Me To Do What? Surviving the Counseling Internship
90-Minute Session
Patricia Van Velsor, Graciela Leon Orozco

Surviving the counseling internship can be challenging or effortless for graduate students depending on a variety of factors. Counseling interns must build relationships with their site supervisors, carve out a place for themselves at their sites, and meet the demands of their university programs. Moreover, they must provide high-quality services for their clients. Recent graduates and advanced students in counseling share their experiences along with their faculty supervisors. They describe scenarios they confronted, impart their insights, and invite participants to share their perspectives. Based on the extant literature and their experiences, they make recommendations for faculty supervisors, site supervisors, and counseling students.

2:00 pm–3:30 pm
Chi Sigma Iota, Int’l Sponsored Session
School Counseling Academy
Program ID #129, Convention Center, Room 2008

Enhancing Counselor Community Engagement in Bullying Prevention Efforts: Making Cultural Adaptations for Individual Communities
Every case of youth committing suicide in the face of constant bullying by peers or repetitive abuse by an adult raises the question, “Why weren’t others involved enough to recognize and do something to help?” This program demonstrates how counselors can use their unique set of competencies to increase the engagement of small and large communities in prevention of such hurtful behaviors. Supporting research and application of the critical practices and cultural factors that create positive community engagement in bullying prevention are presented, including presenter and attendee experiences and case study applications to increase understanding of how to gain greater community involvement in productive bullying prevention efforts.

IAAOC Graduate Student Carousel: Research to Practice
90-Minute Session
Trevor J. Buser, Regina Moro, Emily Goodman Scott, M. Kristina DePue, Ryan F. Reese, Edward Wahesh, Tatyana Cottle, Amanda D. Pitchko, Rachael A. Parkins
Graduate students who are interested in addictions/offender counseling will present their research on a range of topics. Issues addressed will include substance abuse prevention programs for at-risk students, the relationship between addictions and homelessness, process addictions such as eating disorders and sexual addiction, the “bottoming out” experience, addiction among adopted children, and nature-based clinical interventions (e.g., adventure-based counseling) for addictions counseling, among others. The format of the session will be an interactive carousel format, where you can speak individually with the presenters.

Techniques To Help Challenging Youth Make Positive Life Changes
90-Minute Session
John Sommers-Flanagan
In this workshop, the author of Tough Kids, Cool Counseling will focus on three overlapping counseling themes: (a) relationship connection strategies; (b) solution-focused and narrative (constructive) techniques; and (c) using intuition and timing to maximize goodness of fit between client (or student) and counseling interventions. Participants will be provided with an online link to the author’s counseling resources.

Is There a Book Within You To Be Written?
90-Minute Session
Gerald Corey, Leah M. Brew, Marianne Schneider Corey, Robert Haynes, Patrice Moulton, Michelle Maratori, George T. Williams, Robert E. Wubbolding
Invited authors share the joys, self-doubts, struggles, strategies, personal experiences, and rewards of their experiences in writing. Writers are confronted with both internal and external obstacles. Panelists offer suggestions such as identifying an area of interest; pinpointing a topic to explore; designing a proposal; gathering data; getting started and following through; finding and working effectively with a publisher; the review process; creating a schedule for writing; integrating teaching and practical experience with writing; working with colleagues; testing out ideas; developing a working draft; revising the draft; completing a project; and future revisions. Excludes Ohio State CE Credit
Friday [Education Sessions]

2:00 pm–3:30 pm  
Program ID #135, Convention Center, Room 2020  
**Creativity in Counseling: The SCAMPER Model**  
90-Minute Session  
Samuel T. Gladding  
This presentation will examine the nature of creativity in counseling and how counselors may help their clients and themselves be more creative in counseling sessions. An a theoretical model for promoting creativity—the SCAMPER Model—will be illustrated through case examples and demonstrated through practical exercises. Each of the letters of the model stands for a particular strategy that counselors can use in individual, group, or couple/family situations: Substitute, Combine, Adopt, Modify, Put to other uses, Eliminate, Rearrange. Participants should leave the session with theoretical and practical knowledge on the nature of creativity and how they can be more creative in their clinical practices and in their lives.

2:00 pm–3:30 pm  
Program ID #136, Convention Center, Room 2022  
**Overcoming Resistance and Deepening Cognitive Empathy and Cultural Competence by Addressing Spirituality in Supervision**  
90-Minute Session, Advanced  
Harriet L. Glosoff, Judith C. Durham, Jill E. Whittaker  
The process of becoming a competent counselor often involves resistance and fear as a by-product of reconciling cultural information that may seem contradictory to our own experiences. In this interactive session, presenters will discuss how fear creates resistance to learning new information and how supervisors working with supervisees to identity spiritual aspects of their being (e.g., meaning and purpose, a sense of interconnectedness) may be one way to help them work through such resistance. Using case examples, presenters will offer supervisory strategies that involve the exploration of spirituality aimed at reducing supervisees’ resistance and enhancing their levels of cognitive complexity, cognitive empathy, and cultural competence.

2:00 pm–3:30 pm  
Program ID #137, Convention Center, Room 2024  
**Queer Clients: What’s in a Label? Queer Theory, Queer Identity, and Counseling Outside the Box**  
90-Minute Session  
Amy Rees-Turyn, Carol Doyle, Jessica A. Larson, Tana L. Titus, Margaret Eichler  
What is Queer? Originally a pejorative, the term “queer” has been embraced by many in the LGBTQ+QI (Lesbian, Gay, Bisexual, Transgendered, Queer, Questioning, Intersexed) communities as an identity description in alternative to the traditional Lesbian, Gay, or Bisexual labels. Counselors unfamiliar with this identity may provide services that do not meet the needs of Queer identified people, and they may also inadvertently serve to reinforce ascribed identity statuses (e.g., male/female) that Queer people are rejecting—which will likely be viewed as a rejection of the client. This education session provides an overview of Queer theory and identity to assist counselors in providing effective counseling with Queer clients, especially Queer youth.

2:00 pm–3:30 pm  
Program ID #138, Hilton–Golden Gate 7 & 8  
**The Science and Art of Emotional Intelligence and the Interactive Role It Plays in Intergroup and Workplace Wellness**  
90-Minute Session  
Tom W. Ayala, Sue E. Pressman  
Regulating emotions can typically be high on the list of concerns counselors have for their clients. Many clients who have been employed, unemployed, promoted, or not promoted can relate to either being in the so-called ingroup or outgroup. This intergroup dynamic has complex and intertwined characteristics, many of which are directly related to the emotional intelligence (EI) paradigm. From outgroup feelings of social anxiety, hopelessness, no connection, or no appreciation to the power and privilege of ingroup status, EI becomes relevant to one’s core schema. In the spirit of managing the presenting career and employment issues, the EI-knowledgeable counselor is equipped with another tool to help develop clients’ cognitive health with increased attention on the practical realities of EI.

2:00 pm–3:30 pm  
Program ID #139, Convention Center, Room 2012  
**Group Work in Action: Facilitating Courageous Conversations on Race, Power, and Privilege**  
90-Minute Session, Advanced  
Carmen Salazar, Anneliese A. Singh  
Facilitating courageous conversations is a promising area of exploration for group leaders wishing to integrate social justice consciousness into their work. Presenters will review the literature on “courageous conversations” (sometimes called “difficult dialogues”), including how the levels of awareness and readiness of the facilitator and group members influence these conversations. Group worker skills and activities for facilitating these dialogues are highlighted. Attendees learn how to purposefully explore issues of power, privilege, microaggressions, and other salient cultural identities (e.g., race, gender). Attendees will participate in an experiential activity and receive handouts with practical skills for a variety of settings.
2:00 pm–3:30 pm
Program ID #140, Convention Center, Room 2001
Publishing in ACA Refereed Journals: Suggestions from the Council of Editors
90-Minute Session

This session is designed to promote writing, research, and scholarship to increase the knowledge base of the profession; to provide the skills needed for successful publishing in ACA refereed journals; and to clarify and demystify the publication process. Guidelines, insights, and practical tips on publishing will be offered by members of the ACA Council of Journal Editors in a question-and-answer, roundtable format. Participants will have the opportunity to discuss article topic possibilities.

2:00 pm–3:30 pm
Counseling Ethics & Legal Issues Academy
Program ID #141, Convention Center, Room 2000
Therapists’ Values and Discriminatory Referral Practices: Ethical Dilemmas in Making Referrals to Other Mental Health Providers
90-Minute Session, Advanced
Perry C. Francis

The issue of if, how, or when a referral can or should be made based upon a values/belief/attribute conflict between a counselor and a client will be explored. The presentation will review relevant research on counselor/client values conflicts, referral practices, ethical guidelines, and past and current lawsuits. Case studies will be presented with a values decision tree to help facilitate an appropriate decision and referral.

2:00 pm–3:30 pm
Multicultural Counseling Academy
Wellness Academy
Program ID #142, Convention Center, Room 3020
The African American Female Experience: Perceptions of Self, Body Image, and Overall Appearance
90-Minute Session
Regine M. Talleyrand, Angela D. Coker, Norma Day-Vines, Amanda D. Gordon

This presentation will address the experiences of African American women and girls in relation to their personal appearance satisfaction and well-being. Findings from a qualitative study that examined the body and weight concerns of African American women will be presented. Data collected from African American college students who explored issues of personal body image attitudes and eating behaviors in group therapy also will be discussed. Presenters will share counseling strategies for addressing positive self-esteem, body image, and eating behaviors in African American women and youth. Presenters also will explore how counselors can become social change agents in addressing issues of personal appearance satisfaction and well-being.

2:00 pm–3:30 pm
Mental Health/Private Practice Academy
Program ID #143, Convention Center, Room 3022
Reflecting As If: An Encouragement-Focused Brief-Counseling Process
90-Minute Session, Advanced
Richard E. Watts, Amanda C. Healey

Reflecting As If (RAI) is a strengths-based, encouragement-focused brief-counseling process that integrates elements from Adlerian, solution-focused, narrative, and post-rational cognitive counseling perspectives. In this skill-focused presentation, participants will learn the basic RAI counseling protocol, discuss how to apply it with diverse client populations and in various counseling practice settings, and practice RAI with fellow participants, and, time permitting, discuss RAI’s applicability with clients from their work location. APA CE Credit Available

2:00 pm–3:30 pm
Program ID #144, Convention Center, Room 3024
Enhanced Cognitive Behavioral Techniques for Older Adults
90-Minute Session, Advanced
SeriaShia Chatters, Carlos P. Zalaquett

As our population ages, it is becoming increasingly important for clinicians to understand and be proficient in techniques to treat older adult populations. Cognitive behavioral therapy (CBT), is an empirically based therapeutic approach that has been found to be effective in treating a variety of disorders in older adult populations. However, considerations must be taken when treating older adults from minority backgrounds. In this session, the inclusion of enhanced CBT techniques, such as memory aids, and culturally sensitive techniques will be discussed. Participants will review a vignette and learn new techniques that may be incorporated into various stages of the therapeutic process to maximize outcomes. APA CE Credit Available

3:45 pm–4:45 pm
APA CE Credit Available

4:00 pm–5:00 pm
APA CE Credit Available

Friday [Education Sessions]
The advancement of technology, globalization, and diversity has affected the world of work. Individuals are forced to respond to this situation without the knowledge and understanding of the self and the changing world of work. As a result, individuals have utilized insufficient and ineffective tools to cope with the changes in the world of work. The invited panelists will provide speculative insights about how these aspects might evolve over the next 60 years. The presenters will also discuss implications of these speculations for counseling professionalism and counselor preparation.

**Friends, Family, and Older Men**

60-Minute Session
Robert Bracki, Gary R. McClain, Larry D. Burlew

Men are an underresearched and underserved population with unique needs. Counselors need to understand the issues faced by both straight and gay men and their strengths in dealing with those issues. This session will examine a recent research study of social support and its impact on depression among a sample of older men and will include material on getting midlife and older men into counseling, techniques to employ with men, and case examples. In addition, the session addresses other factors such as the physical effects of aging, death and divorce, employment, and changes in emotional needs.

**Need To Know About Social Media**

60-Minute Session
Marty Jencius

Social media is being embraced by clients, counselor trainees, counselors, and counselor educators. This session will provide graduate students an opportunity to learn about setting safe professional boundaries when using social media. Creating safe professional use of blogs, Twitter, and Facebook will be discussed as well as examples of the latest professional use of these tools. Handouts and links to relevant resources will be provided.

**Emerging Theory Among Counseling Professionals Utilizing Animal-Assisted Therapy**

60-Minute Session
Leslie A. Stewart, Catharina Chang

The aim of this education session is to familiarize attendees with the practical aspects and theoretical underpinnings of animal-assisted therapy (AAT) in counseling, which is widely applicable across a variety of mental health settings and client populations. To date, no research exists that examines the experiences and perceptions of professional counselors who regularly use AAT as a therapeutic intervention. To address this gap in the literature, the results of a grounded theory investigation with the purpose of uncovering the theoretical underpinnings of counselors who incorporate AAT techniques into clinical practice will be presented.

**Handouts and links to relevant resources will be provided.**

**Presidential Featured Session**

Program ID #149, Convention Center, Room 2006

**Counseling as a Profession: Our Past, Present, and Possible Future**

60-Minute Session, Advanced
Courtland Lee, Barbara Herlihy, Samuel T. Gladding

As ACA celebrates its 60th anniversary, it is an appropriate time to reflect on the profession of counseling: in particular, reviewing where the profession has come from in the last 60 years, examining its current status, and speculating on its trajectory. In this session, Sam Gladding, Barbara Herlihy, and Courtland Lee will discuss the evolution of a number of aspects of counseling from 1952 to the present. They will then provide speculative insights about how these aspects might evolve over the next 60 years. The presenters will also discuss implications of these speculations for counseling professionalism and counselor preparation.

**El Desarrollo Evolutivo de un Código de Ética: Manejo de Elementos Éticos**

60-Minute Session, Advanced
Roberto Clemente, Maria del Pilar Grazioso, Astrid Irene Rios, Ana Alicia Cobar

En el estado ideal del desarrollo de una profesión, el código de ética evoluciona paralelamente a los cambios sociales que experimenta su sociedad inmediata. Todo código de ética refleja y proyecta sus entornos sociales, políticos y culturales. Esta ponencia pretende abordar las siguientes temáticas: (a) darle seguimiento a los cambios experimentados a través del pre-desarrollo de un código de ética de la consejería profesional en Guatemala, (b) explorar elementos de índole conflictiva que han sido automáticamente extrapolados a códigos de ética en Latinoamérica, y (c) análisis de múltiples dilemas éticos. Una lista de referencias y copia de la presentación serán provistos a los participantes.

**Manejo de Elementos Éticos**

60-Minute Session, Advanced
Roberto Clemente, Maria del Pilar Grazioso, Astrid Irene Rios, Ana Alicia Cobar

En el estado ideal del desarrollo de una profesión, el código de ética evoluciona paralelamente a los cambios sociales que experimenta su sociedad inmediata. Todo código de ética refleja y proyecta sus entornos sociales, políticos y culturales. Esta ponencia pretende abordar las siguientes temáticas: (a) darle seguimiento a los cambios experimentados a través del pre-desarrollo de un código de ética de la consejería profesional en Guatemala, (b) explorar elementos de índole conflictiva que han sido automáticamente extrapolados a códigos de ética en Latinoamérica, y (c) análisis de múltiples dilemas éticos. Una lista de referencias y copia de la presentación serán provistos a los participantes.

**NCDP Sponsored Session**

Program ID #150, Convention Center, Room 2007

**A Response from the Counseling Profession to the Insecure World: A Proposal**

60-Minute Session
Jane Goodman, Mark Pope, Varunee Faii Sangganjanavanich, Mei Tang

The advancement of technology, globalization, and diversity has affected the world of work. Individuals are forced to respond to this situation without the knowledge and understanding of the self and the changing world of work. As a result, individuals have utilized insufficient and ineffective tools to cope with the changes in the world of work. The invited panelists will provide (a) an overview of the current changes in the world of work; (b)
a proposed response from the counseling profession standpoint to the ever-changing world; and (c) the roles of career professions in helping clients cope with and adapt to these changes.

3:45 pm–4:45 pm
ARCA Sponsored Session
Rehabilitation Counseling & Disability Issues Academy
Program ID #152, Convention Center, Room 2009
Ethical Issues in the Culturally Competent Practice of Rehabilitation Counselors
60-Minute Session
Robin E. Dock, Jacqueline Henry, Jaleassia Monaa Edgerton, Terrilyn Battle
The provision of culturally competent and effective rehabilitation counseling services to ethnic minority persons with disabilities is one of the most significant contemporary challenges facing the rehabilitation counseling community. This session will discuss ethical issues as they relate to the culturally competent practice of rehabilitation counselors.

3:45 pm–4:45 pm
Couples & Family Counseling Academy
Multicultural Counseling Academy
Program ID #153, Convention Center, Room 2011
Managing Pseudoengagement: Implications for Counseling Mexican American Families
60-Minute Session
Janee B. Both Gragg
Managing pseudoengagement can be an important part of working with Hispanic families. Specifically, Mexican American families face numerous barriers that prevent successful therapeutic engagement. Recognizing this phenomenon, termed pseudoengagement, can enable therapists to better facilitate the development of actual engagement. Attendees will learn about (a) therapeutic engagement, including what it is and why it is important; (b) barriers to successful therapeutic engagement; (c) signs of pseudoengagement; (d) how to manage cases of pseudoengagement while considering the role of the family; and (e) strategies to improve overall therapeutic engagement with special consideration given to working with the Mexican American population.

3:45 pm–4:45 pm
Multicultural Counseling Academy
Social Justice Academy
Program ID #154, Convention Center, Room 2014
The Courage of Commitment: Reflections on Service and Social Action
60-Minute Session
Jeffrey A. Kottler
This multimedia presentation will highlight the creative possibilities for counselors to work outside the usual domains of practice to initiate sustained service projects in their communities or abroad. Several case examples of projects in Africa, South America, and South Asia, as well as within local communities, will illustrate the kinds of things that can be done. Films, photos, and music will bring the stories alive. The realities of social action projects will also be discussed, including the risks of vicarious trauma, cultural insensitivity, and personal indulgence. Audience members will have opportunities to share their own experiences.

3:45 pm–4:45 pm
ACA Author Session
Program ID #155, Convention Center, Room 2016
Creating Your Professional Path: Lessons from My Journey
60-Minute Session
Gerald Corey
This session is based on Gerald Corey’s book Creating Your Professional Path. Topics discussed will include turning points in the author’s personal and professional journey, the counselor as person and professional, developing a personal perspective on counseling theory and group work, becoming an ethical counselor, being mentored and mentoring others, creating a career in counseling, becoming a writer, and self-care. Questions and participation from the audience are invited.

3:45 pm–4:45 pm
Trauma/Disaster Mental Health Academy
Program ID #156, Convention Center, Room 2018
Border Violence: Addressing the Impact on Clients
60-Minute Session
Alma G. Leal, Selma Yznaga, Ayaciuan Madrigal
Border violence is no longer a problem limited to communities on the United States-Mexico border. Counselors all over the U.S. and in all settings need to be prepared to work with the multitudes of clients who are being affected by the border violence along the U.S. and Mexico border. Clients are experiencing border violence related to drug trafficking, gangs, murders, and disappearance of family members or friends. The presenters will provide an overview of the impact of border violence on clients. They will share strategies for working with this population. Participants will be invited to share their own experiences and concerns regarding border violence. The presenters also welcome input and collaboration from participants.

3:45 pm–4:45 pm
Program ID #157, Convention Center, Room 2020
Bringing Our Past to Life Through Tomorrow’s Technology: Preserving the Lives and Stories of the Great Counseling Theorists
60-Minute Session
Debbie C. Sturm, Ed Neukrug
Today, our field is challenged with keeping alive the rich history and stories of the theorists who gave birth to our field. Great Social Scientists of the Twentieth Century: Information, Stories, and Impact on American Culture is a multimedia project offering educators, students, and professionals comprehensive knowledge and creative interaction with a number of well-known
counseling theorists. Participants will have the opportunity to reflect on these influential theorists, see and hear some of their personal stories, and discuss the implications of keeping our history alive in creative ways so that newer generations of counselors remain connected to our roots while still blazing a creative new path.

3:45 pm–4:45 pm  
**Couples & Family Counseling Academy**  
Wellness Academy  
Program ID #158, Convention Center, Room 2022  
**Smart Soul Mates—Successful Relationships:**  
**12 Positive Principles for Long-Term Relationship Development and Flourishing**  
60-Minute Session  
Luisa Katthany De La Lama, Luis De La Lama  
These 12 principles provide individuals, couples, and the professionals who help them with a set of holistic conceptual tools to develop a committed relationship from sex, to intimacy, to soul mating, long-term success, and flourishing. The principles integrate the holistic, positive psychology, developmental, appreciative, and narrative paradigms in social and behavioral science with concepts from analytic psychology and the perennial philosophy. They apply to adults optimizing their relationships, regardless of marital status, religious affiliation, or sexual orientation, and may inform coaching and therapy, graduate-level courses, relationship education, couples’ workshops, and retreats.

3:45 pm–4:45 pm  
**Child & Adolescent Counseling Academy**  
Program ID #159, Convention Center, Room 2024  
**The Autistic Spectrum: What Counselors Need To Know**  
60-Minute Session  
Elisabeth Bennett, Elyssa Hunsaker, Brittany Leland, Meghan Butler, Opal Cook, Summer Hickam  
Diagnosis on the autistic spectrum remains on the rise. The numbers are increasing for children referred to school counselors and community/agency counselors alike. Therefore, we need to be ready with knowledge and insight to provide effective services for these children and their families. This presentation lays the groundwork for a solid understanding of the current findings related to autistic spectrum diagnosis, special needs of those diagnosed, and the struggles of families and caregivers. Come have an experience that will increase your knowledge and sensitivities to our children on this spectrum.

3:45 pm–4:45 pm  
**NECA Day of Learning**  
Career Development/Employment Counseling Academy  
Program ID #160, Hilton–Golden Gate 7 & 8  
**What To Do When the Pink Slip Harkens**  
60-Minute Session  
Robert C. Chope

The workplace has become unsettled as the unemployment rate hovers above 9% and the economic crisis in the U.S. continues. So what can current employees do to prepare themselves for corporate takeovers, bankruptcies, and potential job loss? In this session, techniques for confronting workplace fear, hopelessness, helplessness, and emotional burnout will be offered. Counselors will be given new techniques and models for empowering workers and maintaining workplace wellness. Even as the pink slip harkens, new solutions can be offered.

3:45 pm–4:45 pm  
**Best Practices Academy**  
**LGBTQ Academy**  
Program ID #161, Convention Center, Room 2012  
**Bisexuality: The Silent B in the Alphabet Soup of the LGBTQ Community**  
60-Minute Session  
Thomas Arbaugh  
While same-sex issues are now moving toward the forefront in the media and continue to be addressed in counseling, bisexuality is often still misunderstood, not discussed, and sometimes seen as unbridled sexual promiscuity. These unfortunate misconceptions of bisexuality often leave counselors with unanswered questions and feelings of discomfort or inadequacy. During this interactive presentation, participants will be encouraged to explore their own beliefs about bisexuality and will be presented with concrete suggestions for working with bisexual clients. This discussion is designed for experienced therapists and will be led by a counselor with extensive clinical experience with bisexual clients.

3:45 pm–4:45 pm  
**Counselor Education & Supervision Academy**  
Program ID #162, Convention Center, Room 2001  
**From Social Systems to Social Constructions:**  
**Paradigm Transitions in Counseling Theory**  
60-Minute Session  
Robert Roccom Cottone  
Basic tenets of social systems theory and the social constructivism movement in counseling will be outlined. The emergence of social constructivism counseling practice is described. Social constructivism is presented as representing a “paradigm” transition in the field. A paradigm framework will be defined as a way to classify and to understand counseling theory. Attendees will be challenged to view counseling through a relational lens rather than through the lens of classic psychological theory. Social constructivism is an inclusive, diversity acknowledging, and socially just perspective, allowing for ethical and culturally sensitive practice. Counselor educators will find the paradigm approach useful in teaching counseling theories.
The Adlerian personality priorities are well accepted as constructs for understanding clients and helping to move clients forward in lifestyle. However, the four priority constructs have received little substantiation in the literature. Presenters will focus on the importance of identifying personality priorities and the development of a new assessment to support identification. The presenters will offer background on the importance of priority identification, an assessment to help with identification, and ideas for application of the priorities with real-life clients. Presenters’ research was based on a large and diverse sample following stringent validity and reliability procedures.

**3:45 pm–4:45 pm**  
**College Counseling Academy**  
**Military Counseling Academy**  
Program ID #164, Convention Center, **Room 3020**  
**Student Veterans in Transition to College: Serving Those Who Served**  
60-Minute Session, Advanced  
**Leigh Green, Anna Harpster**  
Currently, there are more than 660,000 veterans within the United States attending post-secondary educational opportunities with 329,000 utilizing their educational benefits. With this influx of student veterans returning to colleges and universities, it is vital for institutions to be prepared with both knowledge and services to manage their unique transition and identity development needs. This session will provide participants with an advanced knowledge of both of these topics as well as provide concrete strategies to implement student veteran specific services.

**3:45 pm–4:45 pm**  
**Addictions Academy**  
Program ID #165, Convention Center, **Room 3022**  
**Pathological Gambling as an Addictive Disorder in the Revised DSM (DSM-5)**  
60-Minute Session, Advanced  
**Colin M. Hodgen, Livia M. D’Andrea**  
Proposed DSM-4 revisions will subsume a revised Gambling Disorder into a Substance Use and Addictive Disorders category. Counselors experienced with substance-related disorders and pathological gambling will explore this amalgamated DSM-5 category, focusing on the nature of substance-related and “behavior” or “process” addictions and on emerging patient placement criteria that are compatible with existing and proposed diagnostic criteria. Session focus is on proposed revisions overall and implications for prevention and treatment. Active learning includes a notional case-study client in a notional mental health setting. Attendees will receive initial research results of use of recently published gambling patient placement criteria. **APA CE Credit Available**

**3:45 pm–4:45 pm**  
**Mental Health/Private Practice Academy**  
Program ID #166, Convention Center, **Room 3024**  
**Letting Go: Exploring Sexual Interest/Arousal Disorder in Women**  
60-Minute Session, Advanced  
**Joyce Katcher, Stella Beatriz Kerl-McClain**  
It is estimated that 43% of women may experience symptoms of a disorder that the DSM-5 calls Sexual Interest/Arousal Disorder in Women. When physical causes are ruled out and symptoms remain, counseling interventions may be of tremendous help to clients. One area to explore is the sense of disconnection between the mind and body, which can contribute to unawareness of desire. Research has shown that women who are aware of feeling aroused report a better sex life. In this presentation, we will focus on reasons women may exhibit symptoms and suggest options for intervention. We will also provide an experiential exercise that will facilitate deeper knowledge of our own awareness of sexual desire. **APA CE Credit Available**

**5:00 pm–6:00 pm**  
**ACES Sponsored Session**  
**Best Practices Academy**  
Program ID #167, Convention Center, **Room 3002**  
**Research Competencies for the Field of Counseling**  
60-Minute Session  
**Kelly L. Wester**  
Research is needed to establish evidence-based practices (EBP); however, with the need for EBP comes the need for competent researchers who produce quality research. However, the quality of research in our field has been questioned on many levels (e.g., blogs, content analysis of journal articles). Quality arises out of training, and training depends on designated criteria determined necessary for proficiency. These criteria indicate what needs to be trained for a counseling professional to be competent in research. This presentation provides a set of criteria, or research competencies, that were empirically agreed upon by a set of experts in the counseling field. A discussion about how these competencies can be used in training programs to create competent researchers (educators or clinicians) will be provided. **APA CE Credit Available**

**5:00 pm–6:00 pm**  
**AADA Day of Learning**  
**Human Development Across the Lifespan Academy**  
Program ID #168, Convention Center, **Room 2003**  
**Women’s Issues at Midlife and Beyond: Spirituality, Sexuality, and Retirement**  
60-Minute Session, Advanced  
**Radha Janis Horton-Parker, Susan V. Lester, Carolyn A. Greer**  
What do women really want—at midlife and beyond? This session will focus on several topics that impact women across the life span. First, we will delve into the intricate relationship between spirituality and sexuality in mature women and will explore how spiritual factors can hinder and/or enhance
women’s sexual experience. Next, we will consider the plethora of unique issues that may emerge for women during the retirement years.

5:00 pm–6:00 pm  
School Counseling Academy  
Program ID #169, Convention Center, Room 2004  
The ACA School Counseling Task Force: Activity Update  
60-Minute Session  
Lynn E. Linde  
The ACA School Counseling Task Force was created to address the needs of ACA members who are school counselors. The task force is working on identifying the needs of these members and making recommendations for resources and materials for members to use in their practice, and to provide direction to ACA in legislative initiatives related to school counseling. This session will provide an update on the activities of the task force and seek input from participants for future activities. Excludes Ohio State CE Credit

5:00 pm–6:00 pm  
Counselor Education & Supervision Academy  
Multicultural Counseling Academy  
Program ID #170, Convention Center, Room 2005  
The Impact of Racial Identity Development on the Supervisory Relationship  
60-Minute Session  
Yegan Pillay, Natalie F. Williams, Bethany L. Fulton  
Awareness and knowledge of the impact of racial identity development (RID) on the supervisory relationship enables the supervisor to create a level of positive dialogue with the supervisee, who can, in turn, engage in healthy discussions with clients regarding issues of race. Our presentation explores relationships between supervisors and supervisees, through the lens of RID. We will explore relevant literature, including theoretical models of RID in supervision. Participants will also engage in activities and discussions to quantify the many ways RID impacts supervisor-supervisee interactions, ultimately impacting client outcomes.

5:00 pm–6:00 pm  
ACEG Sponsored Session  
Program ID #171, Convention Center, Room 2006  
Group Counseling Methods for All Abilities  
60-Minute Session  
Jo’el Roth  
As a group facilitator, what adjustments are necessary to be made if group participants are blind, are deaf, or use wheelchairs for mobility? Without the use of eye contact, how can the group leader monitor body language? If a participant is not free to move around, how does the group have movement activities? This session will look at the various modes of interaction and the uniquely cultural underpinnings that exist in groups with individuals of varying types and levels of abilities.

5:00 pm–6:00 pm  
AMHCA Sponsored Session  
Mental Health/Private Practice Academy  
Program ID #172, Convention Center, Room 2007  
What Do Your Clients Really Believe? Processing Deeply Held Beliefs in Treating DSM-IV-TR Disorders  
60-Minute Session  
Gray Otis  
Some clients seem unresponsive to traditional psychotherapy for depression, anxiety, trauma, substance dependence, and other disorders. Even evidenced-based therapies appear to be ineffective. Ongoing research points to underlying and emotionally charged self-beliefs that are formed by stressful events as well as seemingly innocuous life experiences. Without understanding how to discover and process these often subconscious beliefs, clients may face years of therapy without any real resolution. A comprehensive treatment approach can help individuals resolve anxiety-driven thoughts and problematic behaviors.

5:00 pm–6:00 pm  
CCA Sponsored Session  
Program ID #173, Convention Center, Room 2008  
Effective Group Meetings Maximize the End Results  
60-Minute Session  
Sharon Bowles, Nancy Elsner  
Learn how professional counselors can be very effective in presiding over meetings with groups. Excludes Ohio State CE Credit

5:00 pm–6:00 pm  
ASGW Sponsored Session  
Social Justice Academy  
Program ID #174, Convention Center, Room 2009  
Group Workers as Multicultural and Social Justice Change Agents: Introducing the Revision of the ASGW Diversity Principles  
60-Minute Session  
Anneliese A. Singh, Bogusia Skudryzk, Niloufer Merchant, Daphne H. Ingene  
Group workers are uniquely positioned to address issues of multicultural and social justice. In this presentation, the authors of the revised ASGW Diversity Principles document discuss how issues of multiculturalism and social justice were infused into the principles, in addition to how they may be implemented in counselor practice, education, training, supervision, and advocacy. Emphasis on the important intersections with other ACA competencies (e.g., ACA Advocacy Competencies, ACA Multicultural Competencies, ACA Transgender Competencies) and ASGW documents is described. Handouts, case studies, and a copy of the principles will be provided.
5:00 pm–6:00 pm

**Counselor Education & Supervision Academy**
Program ID #175, Convention Center, Room 2011

**Gatekeeping from Admission to Graduation:**
Screening, Annual Review, Due Process, Remediation, and Retention
60-Minute Session
Rebecca A. Newgent, Tiffany Stoner-Harris
Student screening, student selection, and student remediation are a series of complicated and critically important steps in moving the profession of counseling forward. This presentation will share these procedures at one Midwestern counselor education program. In addition to sharing this information, the presenters will share a remedial situation that occurred in the department during the spring 2011 semester. Through this process the faculty were able to learn a great deal about due process from the student’s point of view. The faculty who were involved in the creation and implementation process will share their personal experience in hopes of shedding light on an often overlooked process in counselor education.

5:00 pm–6:00 pm

**Child & Adolescent Counseling Academy**
Military Counseling Academy
Program ID #176, Convention Center, Room 2014

**Helping Them Cope: The Use of Self-Advocacy To Combat the Effects of Deployment and School Mobility for Military Children**
60-Minute Session
Katrina Harris, Laura E. Malstrom
Children who experience deployment of a parent or relocation face unique challenges and stressors while establishing positive peer relationships and meeting academic expectations. Utilizing self-advocacy skills and principles from the strengths perspective, students can reduce the anxiety associated with the deployment of a parent and frequent school transitions. The presentation will give an overview of the effects of deployment and school mobility on military children and discuss potential protective/risk factors. A review of self-advocacy principles to assist children with multiple transitions will also be included.

5:00 pm–6:00 pm

**ACA Author Session**
LGBTQ Academy
Program ID #177, Convention Center, Room 2016

**Working with LGBT Persons and Their Families**
60-Minute Session
Sari H. Dworkin, Mark Pope
In *Casebook for Counseling Lesbian, Gay, Bisexual, and Transgender Persons and Their Families*, Drs. Dworkin and Pope fill the training gap in work with LGBTQQI clients. Case studies focusing on what is said and done in actual counseling sessions examine contemporary issues affecting these populations to assist students, practicing counselors, and other mental health professionals in assessment and treatment planning. The presenters will discuss how the cases can be used to train competent counselors.

5:00 pm–6:00 pm

**Multicultural Counseling Academy**
Program ID #178, Convention Center, Room 2018

**Critical Cultural Competency Domains for Counselor Development: A Study of Professional Growth Experiences**
60-Minute Session, Advanced
Marie A. Wakefield
This presentation is designed to engage participants in a dialogue about the research that describes the acquisition of cultural competence, particularly how becoming advanced in knowledge and practice emerges. As the dynamics of globalization and challenges related to diversity impact our professional and personal journeys, each rich narrative provides a window into pathways of making a difference in collegial communities. Topics for discussion include the process and data analysis of this dynamic research study, journeys of counseling professionals that impact the need to address culturally competent practices, and the utilization of a cultural competency model that enhances insight into practice, policies, procedures, and pedagogy.

5:00 pm–6:00 pm

**Military Counseling Academy**
Program ID #179, Convention Center, Room 2020

**Counseling in the Czech Republic: Past, Present, and Future**
60-Minute Session
Jack Simons, Brian Hutchison
This session will introduce you to the practice of counseling in the Czech Republic, a country that has successfully increased the prevalence of counseling in a post-communist era. Speakers will discuss the developments in light of past, present, and future initiatives, politics, and both personal and professional experiences. You will learn about the uniqueness of the Czech culture and how to effectively counsel the Czech people, the history of Czech counseling, and current counseling practices and professional organizations. Each panelist will present his or her view on any of the learning outcomes and then the floor will be open for questions. Informational handouts will also be provided.

5:00 pm–6:00 pm

**Trauma/Disaster Mental Health Academy**
Program ID #181, Convention Center, Room 2024

**The Human-Animal Bond at Its Best! Animal-Assisted Crisis Response**
60-Minute Session, Advanced
Laura Bruneau, Amy Johnson
“In the midst of horror and upset, [animal] comfort provides wordless warmth, touching comfort, and brief respite”
(National Animal-Assisted Crisis Response, 2011). Animal-assisted therapy and disaster response counseling are emerging trends within the mental health profession. A blending of these two approaches, animal-assisted crisis response (AACR), is an exciting addition to the field of counseling and has been implemented as early as the Oklahoma City bombing and as recently as the shootings at Northern Illinois University. This presentation will explore the history of AACR, noting both case stories as well as professional standards. In particular, the basis for AACR, the animal-human bond, will be explored in depth.

5:00 pm–6:00 pm
NECA Day of Learning
Career Development/Employment Counseling Academy
Program ID #182, Hilton–Golden Gate 7 & 8
**Bullying in the Workplace: Yes, It's Real and It Needs To Stop. Now.**
60-Minute Session
Colleen R. Logan
The purpose of this session is threefold: to acknowledge and identify bullying in the workplace, to learn how to address bullying in ways that are affirmative and actually effect positive change, and to provide counselors with the tools to assist clients who are adults yet stymied by bullying and end up feeling as helpless as children. Case examples will be used as will role-play exercises. Careful attention will be placed on allowing participants to find their voice about either the experience of being bullied or the experience of being a bully. In either case, each voice will be heard and, collectively, we will create a plan to stop bullying in the workplace and ensure that everyone enjoys the right to work in a nonhostile environment.

5:00 pm–6:00 pm
Counseling Ethics & Legal Issues Academy
Program ID #183, Convention Center, Room 2012
**Understanding an Ethical Sanctioning Experience: Falling from Grace**
60-Minute Session, Advanced
Jane Warren, Kristin Douglas
The ethical sanctioning experience is not well known by counselor educators or counselors-in-practice. Counselor educators, students, and practicing professionals wrestle daily with ethical dilemmas. Sometimes choices are made that result in ethical sanctions. In addition, choices can be impaired during crisis situations, both personal and environmental. This presentation will review the sanctioning process, describe an actual sanctioning experience, identify reasons for professional silence about sanctioning events, and suggest intervention strategies to understand and work with sanctioned counselors. Strategies to prevent ethical sanctioning will be offered. These strategies will include crisis- and non-crisis-related work.

5:00 pm–6:00 pm
Counselor Education & Supervision Academy
Multicultural Counseling Academy
Program ID #184, Convention Center, Room 2001
**The Shock of Confronting One's Cultural Incompetence: Supervision and Steps to Growth for the Student Counselor**
60-Minute Session
Josie A. Wilson, Lee Ann Grogan, Dusty M. Destler, Kimberly Michelle Eikenberry, Chunyin Zhao, Kendal Ann Lemon
Learning the deep meaning of culturally competent counseling may challenge one’s biases and core beliefs. This humbling experience often affronts one's self-perceptions of openness toward others. The supervision relationship is key to creating a safe place where the student's emotionality and judgments become a doorway to growth. As students discover the limitations of their own worldviews, they learn to accept their cultural incompetence and embrace an attitude of curiosity, compassion, and empathy for the client’s perspective. Through counselor-focused case studies, this panel explores how supervision can help the student counselor learn to genuinely support an individual with diametrically opposed core beliefs.

5:00 pm–6:00 pm
LGBTQ Academy
Program ID #185, Convention Center, Room 2000
**Bilidation of Bisexuals: An Invisible Minority Within a Minority, Their Struggles for Validation and Acceptance**
60-Minute Program, Advanced
L. Angelo Gomez
Among sexual minority groups, little is known and hardly ever discussed about the notion of bisexuality, not as a stage of transition to either heterosexuality or homosexuality, but as a condition of arrival to the self of an individual as a sexual being. Bisexuality not only refers to sexuality but also to emotional well-being, and personal fulfillment and self, as a condition of arrival to the self of an individual as a sexual being. Bisexuality not only refers to sexuality but also to emotional well-being, and personal fulfillment and self, thus this presentation discusses a topic usually overlooked and most commonly subdued to the gay/lesbian community, or it is looked on with distrust by the heterosexual community. This session discusses the bisexual identity and presents a historical and psycho-sociological validation through literature, research, and meta-analysis of the bisexuality identity and experiences.

5:00 pm–6:00 pm
Mental Health/Private Practice Academy
Program ID #186, Convention Center, Room 3020
**DSM-5: Field Trial Results and Recent Revisions**
60-Minute Session, Advanced
Gary G. Gintner
The program reviews important developments in the most recent revisions of DSM-5, including field trial results, classification changes, and modifications to diagnostic criteria sets. Strengths and weaknesses of these changes are discussed relative to their impact on the practice of mental health counseling.

**UPDATES**
Look for updated information in the Program Guide Addendum in your tote bag.
Disorders or in Early-Mid Recovery

For women who have children with autism spectrum disorder, the socialized role of mother is frequently incongruent with their experience. Many mothers encounter difficulties related to lack of positive role models that describe their experiences, stress, and difficulty obtaining and maintaining employment. Yet, researchers have begun to include a focus on positive outcomes of having a child with ASD, and how these mitigating factors can help clients achieve therapeutic goals. In order to work effectively with this population, the presenters will provide information on how counselors can incorporate intervention techniques which help to facilitate development, focus on client strengths and wellness, and aid mothers in developing advocacy skills.

5:00 pm–6:00 pm
Addictions Academy
Trauma/Disaster Mental Health Academy
Program ID #187, Convention Center, Room 3022
Disaster-Trauma Response: Addressing Needs of Survivors Fulfilling DSM-IV-TR Substance Use Disorders or in Early-Mid Recovery
60-Minute Session, Advanced
Gerald Juhnke, Keith Morgen, David Lundberg, Maritza Striker, Fangzhou Yu
Estimates suggest that more than 23 million Americans qualify for substance use disorders (SUDs) (e.g., alcohol abuse). Although little is known about how this sizeable population responds to disaster or trauma, some Hurricane Katrina survivors diagnosed with SUDs reported increased substance abuse following the disaster. Other Katrina survivors in early and mid addictions recovery reported anxiety specific to their perceived inability to maintain post-disaster sobriety. This interactive session describes how to utilize an adapted, solution-focused, psychological first-aid model to compassionately engage, assess, and address the specific needs of SUDs-diagnosed disaster and trauma survivors as well as those in early to mid recovery. APA CE Credit Available

5:00 pm–6:00 pm
Career Development/Employment Counseling Academy
Couples & Family Counseling Academy
Program ID #188, Convention Center, Room 3024
Addressing Career Issues with Couples and Families: Techniques for Assessment and Intervention
60-Minute Session, Advanced
W. Matthew Shurts, Melinda M. Gibbons, Derick J. Williams
Career development is a central component of peoples’ lives. Career-related issues affect all clients, yet little practical information is available related to career counseling with couples. This session focuses on how counselors can infuse career-related counseling into their work with couples. A description of the career issues facing couples along with assessments and specific interventions to use with couples will be discussed. Role plays and case studies will be used to help demonstrate the techniques, with a focus on narrative career counseling. APA CE Credit Available

90-Minute Session
ACA Counseling in Action Demonstration Series
Addictions Academy
Program ID #191, Convention Center, Room 3004
DSM-5 Update: Presentation by the ACA DSM-5 Proposed Revision Task Force
90-Minute Session
ACA DSM-5 Taskforce
Publication of the DSM-5 in 2013 will mark one the most anticipated events in the mental health field. The revised edition will include major changes to diagnostic groups and criteria, as well as the introduction of “dimensional assessments” to the categorical classifications. Counselors represent a large constituency with a vested interest in the DSM-5 developmental process. This session will provide you with important information about the DSM-5 proposed changes, controversies and concerns surrounding DSM-5, and its significance to the counseling profession. The ACA DSM-5 Proposed Revision Task Force will present in a panel format.

90-Minute Session
ACA Counseling in Action Demonstration Series
Addictions Academy
Program ID #192, Convention Center, Room 2005
Applying Relational-Cultural Theory to Women with Addictions: Reconnecting with the Self and Others
90-Minute Session
Julie Bates
Clients’ relationships often suffer as a result of addiction and the behaviors associated with it. Relational—cultural theory values the context of the client’s relationships and current relational dynamics, believing that connecting back into healthy relationships will lead to client growth (Jordan & Hartling, 2002). This approach also emphasizes empowerment, self-empathy, developing compassion for oneself, and reconnecting with healthy relationships (Duffey & Somody, 2011; Covington, 2008). This session will demonstrate one application of this theory to a woman who is addicted to heroin with a focus on the development of self-empathy and relational dynamics.

10:30 am–12:00 pm
Presidential Featured Session
Counselor Education & Supervision Academy
Program ID #193, Convention Center, Room 2006
The Doctor of Professional Counseling (DPC)
Degree: The Next Step
90-Minute Session
Stephen Southern, Rochelle R. Cade, Don W. Locke
Professional doctorates have been established in the allied health professions by clinicians seeking the highest levels of independent practice. Allied health professional doctorates include DNP (Nursing Practice), OTD (Occupational Therapy), PsyD (Psychology), DSW (Social Work), and DMFT (Marriage & Family Therapy). The Doctor of Professional Counseling (DPC) degree affords opportunities for clinical specialization and parity with other allied health professionals. The DPC is the logical next step in the ongoing professionalization of counseling. This program will introduce a model Doctor of Professional Counseling degree, present training components, and identify entrance and exit competencies.

10:30 am–12:00 pm
ACC Day of Learning
Counselor Education & Supervision Academy
Program ID #194, Convention Center, Room 2007
Creative Techniques for Teaching Key Concepts in Required Courses in Counselor Education Programs
90-Minute Session, Advanced
Julia Y. Porter, Stella B. Kerl-McClain, Victoria E. Kress
Looking for new techniques to teach key counseling concepts or want to learn new techniques that you can adapt for your counseling practice? Then please join us for an interactive learning session on creative techniques that address key counseling concepts taught in core counseling classes. Suggestions will be included for how to adapt the techniques to enhance counseling skills when working with clients.

10:30 am–12:00 pm
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #195, Convention Center, Room 2008
Fostering the Development of LGBT Allies Through Dialogue
90-Minute Session
Peter Sylvester Finnerty, Amanda Brace, Maiko Xiong, Matthew R. A. Branfield
Ally development models and competencies will be utilized in fostering personal relevance to prospective allies. Through dialogue participants will gain perspectives on their personal ally development through exercises and experiential activities intended to assist in the formation of safe counseling atmospheres for LGBTQIQA clients. Participants will learn what it means to be a competent ally through participatory activities.

10:30 am–12:00 pm
ACC Day of Learning
College Counseling Academy
Program ID #196, Convention Center, Room 2009
Clinical Foundations in College Counseling
90-Minute Session
Monica Osburn
The clinical foundations module offers focused training for those counselors, social workers, and psychologists who are looking for specific information related to psychotherapy practice on a college campus. This module will review basic administrative clinical operations (supervision, accreditation, record keeping) and ongoing practice issues (testing, assessment, scope of practice, development of groups).

10:30 am–12:00 pm
AHC Wellness Center
Spirituality & Religious Values Academy
Wellness Academy
Program ID #197, Convention Center, Room 2011
Increasing Personal Energy and Wellness
90-Minute Session
Michael C. Lazarchick
Viewing the universe as various forms of interconnected energy, this session focuses on the interplay of body, mind, and spirit. The presenter’s style is to entertain while translating complex thoughts into an easy-to-understand format. Short lectures will introduce diverse Eastern and Western practices, followed by interactive processes to enhance learning. Dress comfortably. You will be participating. Expect a little qi gong, yoga, meditation, and techniques to release blocked energy and emotions. Time will fly by. We’ll briefly touch on a lot of different subjects. You will have fun. You will be energized.

10:30 am–12:00 pm
ARCA Sponsored Session
Rehabilitation Counseling & Disability Issues Academy
Program ID #198, Convention Center, Room 2014
Telerehabilitation as a Rehabilitation Delivery System: Ethics and Outcomes
90-Minute Session,
Michael McCue, Jamie Schutte, Michelle Sporner
Telerehabilitation (TR) has gained momentum as a rehabilitation delivery system. In addition to increased accessibility and cost
savings, there is evidence for the clinically beneficial use of TR to interact with clients in their natural environment. This presentation provides an overview and demonstration of TR history, outcomes, and ethical challenges.

10:30 am–12:00 pm

**ACA Author Session**

*Counselor Education & Supervision Academy*

Program ID #199, Convention Center, Room 2016

**Clinical Supervision in the Helping Professions**

90-Minute Session

Gerald Corey, Robert Haynes, Patrice Moulton, Michelle Muratori

The coauthors of the book *Clinical Supervision in the Helping Professions* will describe why and how they wrote their book and address the following topics: roles and responsibilities of supervisors, the importance of the supervisory relationship, multicultural competence in supervision, ethical issues in supervision, legal and risk management issues, evaluation in supervision, and becoming an effective supervisor. Questions and participation from the audience will be encouraged.

10:30 am–12:00 pm

**Counseling Ethics & Legal Issues Academy**

Program ID #200, Convention Center, Room 2018

**When Ethics and Law Collide: How State Licensure Boards Implement (or Don’t) Codes of Ethics**

90-Minute Session, Advanced

Walter B. Roberts, Burt Bertram, Anne Marie “Nancy” Wheeler

One of the most eye-opening experiences for counselors is the discovery of the disconnect between what we think our ethical behavior should be versus what the law may actually allow. This panel discussion includes two members with experience on state licensure boards, a counselor in private practice, and an attorney steeped in risk management for ACA who will help participants navigate the incongruencies and myths among fact and fiction. Examples of ethical and legal clashes will be provided with audience opportunity to resolve the dilemmas. Discussion will include the relevance to the pending ACA ethical standards revision currently in process. Come early—this one will fill quickly!

10:30 am–12:00 pm

**Counseling Ethics & Legal Issues Academy**

*Best Practices Academy*

Program ID #201, Convention Center, Room 2020

**Current Trends in Ethics: A Discussion with the ACA Ethics Committee**

90-Minute Session

Stacy L. Henning, Kathryn L. Henderson, Erin T. Martz, Eddie Clark, Michael J. Walsh, Gerra Perkins

Members of the ACA Ethics Committee and the ACA Director of Ethics and Professional Standards will present as a panel on trends in ethical issues that have been recently addressed by the committee. Common ethical issues that will be presented include social media and technology, informed consent and appropriate documentation, client referral and abandonment, dual relationships, reporting unprofessional conduct, and documentation and consultation. Common challenges in interpreting the Ethical Code will be reviewed through a discussion pertaining to the purpose of the Ethical Code Revision Task Force. Attendees will have the opportunity to participate in a question-and-answer session related to ethical standards and common concerns.

10:30 am–12:00 pm

**Clinical Supervision in the Helping Professions**

90-Minute Session

Gerald Corey, Robert Haynes, Patrice Moulton, Michelle Muratori

The experience of extreme levels of shame and guilt can be debilitating for clients. Whether these result from surviving abuse, realizing the consequences of one’s addictive disorder, or returning from combat, the resulting self-destructive, other-destructive, and/or self-medicating behaviors further isolate them from connecting with others. The active process of forgiveness of self and others is not simply a “forgive and forget” event and counselors can cause further damage if they perpetuate clients’ beliefs about their inability to forgive. This presentation will explore (a) the sources of shame and guilt, (b) the most common and maladaptive coping mechanisms, and (c) the concept of forgiveness as a tool to healing.

10:30 am–12:00 pm

**Counseling Ethics & Legal Issues Academy**

*Best Practices Academy*

Program ID #202, Convention Center, Room 2022

**On the Road to Self-and-Other Forgiveness: Navigating Clients’ Extreme Levels of Shame and Guilt**

90-Minute Session

Daniel Gutierrez, Jesse Fox, Hope Bell

Let’s Get Real About Racism: Cultural Competency for Counselors

90-Minute Session

Lee Mun Wah

Through guided questions, we will examine some of the fears and stereotypes that prevent us from having truly open, authentic conversations. We will explore what people of color can’t say and Whites are afraid to ask, effectively and compassionately hearing the answers to these questions and developing ways to expand the conversation through curiosity, reflection, and action. We will discover new ways to communicate, exploring what opens us up and what closes us down, and finally, looking at 101 ways to become culturally competent. You will learn effective cross-cultural communication and listening techniques and facilitation skills to adapt to a variety of diverse environments.
Research in the Counseling Profession: Applying Neuroscience To Inform Counseling Practice and Promote Evidence-Based Outcomes
90-Minute Session
Jane E. Myers
The application of neuroscience through biofeedback and neurofeedback represents a cutting edge in our field. Although the 2009 CACREP Standards introduced curricular requirements in the neurobiological bases of behavior as part of counselor education, few training programs incorporate neuroscience as a means to both promote wellness and remediate dysfunction. Yet, evidence-based practice has led to insurance support for neurofeedback for some conditions, opening the way for counselors to add such services to practice in multiple settings. This program provides an overview of theory, applications, research, websites, training, and resources for those interested in integrating neuroscience in counseling training and practice.

10:30 am–12:00 pm
CSJ Day of Learning
Social Justice Academy
Program ID #205, Convention Center, Room 2010
Dreaming of Possibilities: A Look into the Future of Social Justice and Advocacy in Counseling
90-Minute Session, Advanced
Hugh C. Crethar, Judith A. Lewis, Sylvester Kent Butler, Anneliese A. Singh
Leaders in the social justice counseling movement convene to discuss the future of counseling and social justice. Panelists look into the future of counseling by discussing their vision of the relevance of social justice in the profession. Panelists will share their insights into how social justice will revolutionize current counseling theories, clinical practices, research and assessment, leadership, policies, and training. Participants will gain insight into the possibilities that exist when they consider the place of social justice in counseling.

10:30 am–12:00 pm
Program ID #206, Convention Center, Room 2001
Impending Disaster: Professional Counselor Identity
90-Minute Session, Advanced
Summer Reiner, Robert A. Dobmeier, Thomas J. Hernandez
This presentation will reveal the results of a national survey of counselor educators on counselor professional identity and the perceived impact it has on legislative issues, license portability, and ability to secure third-party payments (e.g., insurance, Medicare). The purpose of this presentation is to increase professional counselor awareness of (a) the political issues facing the counseling profession and (b) how to engage with the public (i.e., legislators, insurance companies, clients) to improve counselor recognition. The presentation will incorporate a lecture, discussion, small-group activities, role-play exercises, and participant goal-setting activities.

10:30 am–12:00 pm
Social Justice Academy
Program ID #207, Convention Center, Room 2000
Infusing Social Justice Counseling Strategies into Counselor Education Training, Counseling Practice, and Community Settings
90-Minute Session, Advanced
Judy Daniels, Farah Ibrahim, Michael D’Andrea, Rebecca Toporek, Manivong Ratts
“Counselors for Social Justice” (CSJ) has contributed to the counseling profession in many ways. CSJ’s infusion of social justice into the profession has substantially impacted counseling research, training, and practice. The mission of CSJ is to work to promote social justice in our society by confronting oppressive systems of power and privilege that affect counselors and the clients they serve. This advanced presentation promotes CSJ’s mission by providing training on social justice ethics, advocacy, and community engagement. Participants will learn how to utilize the newly developed social justice ethical guidelines, the advocacy competencies, and community engagement strategies to promote social justice with clients and communities.

10:30 am–12:00 pm
Trauma/Disaster Mental Health Academy
Program ID #208, Convention Center, Room 3020
Posttraumatic Growth: How We Heal and Grow from Life’s Trauma
90-Minute Session, Advanced
Lawrence R. Epp, Clemmont E. Vontress, Fred Bemak, Rita Chung, Andre Marseille, Paul Tschudi, Eric Green
The concept of posttraumatic growth derives from the humanistic-existential tradition of counseling. In an age where we are heavily wedded to diagnosing and pathologizing the human experience, this panel of distinguished professors and veteran clinicians will describe how trauma can cause changes in one’s personality that are characterized by deepening wisdom and compassion for others. Each presenter has an important story of posttraumatic growth from their own lives. One presenter was a medic in Vietnam; two others were caught in a frightening natural disaster; one’s mother died unexpectedly; and two others were the victims of racial discrimination and segregation. This presentation will be a dynamic panel discussion.

10:30 am–12:00 pm
Couples & Family Counseling Academy
Child & Adolescent Counseling Academy
Program ID #209, Convention Center, Room 3022
Baby Power: The Impact of Infants and Toddlers on the Family System as Part of the Clinical Process
90-Minute Session, Advanced
Carol Messmore, Rebecca Matte
This innovative session will discuss the importance of including infants, toddlers, and young children in the therapeutic process
of family counseling. Through presentation, case discussion, and video of sessions, practical application of the concepts will be demonstrated. *APA CE Credit Available*

**10:30 am–12:00 pm**  
*Child & Adolescent Counseling Academy*  
*Trauma/Disaster Mental Health Academy*  
Program ID #210, Convention Center, Room 3024  
**Mom is a Crackhead Stripper: Evidence-Based Interventions in Play Therapy for Traumatized Children**  
90-Minute Session, Advanced  
Jennifer Baggerly, Kimberly Treharne  
Children traumatized by parents’ behavior of neglect, abuse, drugs, or sex work have unique needs such as attachment issues, behavior problems, anxiety, depression, and self-identity challenges. You will learn the neuro-physiological, relational, behavioral, and psychological impact of trauma on children; core components of evidence-based treatment with children; evidence-based strategies for establishing safety for children; play therapy procedures for facilitating a restorative trauma narrative with children; and methods of promoting culturally sensitive connections between children and their family and peers. Video clips will be shown. Cultural and ethical issues will be discussed. *APT Credit Available*

**2:00 pm–3:30 pm**  
*Presidential Featured Session*  
*Counseling Ethics & Legal Issues Academy*  
Program ID #211, Convention Center, Room 2002  
**A Town Hall Meeting on Revising the ACA Code of Ethics**  
90-Minute Session  
Perry C. Francis, ACA Ethics Revision Task Force  
The American Counseling Association is in the process of revising the 2005 ACA Code of Ethics. This town hall meeting is an opportunity for participants to offer input into the next edition of the ethics and to learn about past and current issues that will impact the formation of the new code. The Ethics Revision Task Force will be present to discuss the process of the revision and possible directions the ACA Code of Ethics will take for 2014.  

**2:00 pm–3:30 pm**  
*AMCD Sponsored Session*  
*Multicultural Counseling Academy*  
Program ID #212, Convention Center, Room 2003  
**Mentoring Minority Graduate Students and New Faculty: Steps on Being a Successful Graduate Student and Junior Faculty Member**  
90-Minute Session, Advanced  
Kimberly Nicole Frazier, Courtland C. Lee  
The consistent low numbers of minority faculty being granted tenure in academia as well as students of color being granted doctorates are alarming and threaten the future of diversity of counselor educators and students in the profession. Though the numbers for faculty and students of color in academia and graduate school are low, large numbers of minority faculty and students report stories of lack of mentorship and direction, while being bullied and isolated.  

**2:00 pm–3:30 pm**  
*AMHCA Sponsored Session*  
*Multicultural Counseling Academy*  
Program ID #213, Convention Center, Room 2004  
**Navigating the Complex World of Psychopharmacology To Promote Client-Prescriber-Counselor Alliances**  
90-Minute Session  
Jason H. King, Steven M. Demille  
Psychopharmacology, once considered the exclusive domain of psychiatrists, finds its way into counselors’ everyday practice. Using session recordings and applied case examples, this dynamic session is for entry-level and experienced professional counselors who want to learn about developing collaborative relationships with prescribers and methods to assist clients with psychotropic mediation regimen adherence.  

**2:00 pm–3:30 pm**  
*ACA Counseling Demonstration Series*  
*Multicultural Counseling Academy*  
Program ID #214, Convention Center, Room 2005  
**Promoting Growth Within a Group: Performing in the Here and Now**  
90-Minute Session  
Sheri Bauman, Sam Steen  
This live demonstration of a simulated counseling group in the performing stage of a group will focus on how growth can be fostered within the group both by the group counselor and group members. The emphasis will be twofold. The first will be on group leader skills that promote interaction, connectivity, and cohesiveness such as active listening, linking, reflecting, confronting, supporting, and summarizing. The second will be on the power of group members to be helpful and of assistance to other members and how the environment created within the group can be beneficially therapeutic for members struggling with such issues of loss, indecision, anxiety, and regret.  

**2:00 pm–3:30 pm**  
*CCA Sponsored Session*  
*Multicultural Counseling Academy*  
Program ID #215, Convention Center, Room 2006  
**Using Media To Deconstruct Historical Patterns and Assess Cultural Competency Practices**  
90-Minute Session  
Marie A. Wakefield, Douglas L. Garner, Dale E. Pehrson, Juanita Smith-Williams, Katrina Harris  
Cultural competence has emerged as a critical and dynamic initiative shaping education, counseling, and research. Culturally competent counselors integrate and address issues of diversity in all of their work. This presentation explores how the media has historically presented images and stories
of underrepresented populations. Media selections from documentaries and television series provide prompts for participant discussion. This activity will help participants identify struggles and strengths within cultural groups. Once participants identify these issues, they will learn about the Critical Cultural Competency Domains Model to develop a greater understanding of what is necessary to align culturally responsive interventions with clients.

2:00 pm–3:30 pm
ACC Day of Learning
Mental Health/Private Practice Academy
Program ID #216, Convention Center, Room 2007
A Relational Cultural Approach to Working with Eating Disorders
90-Minute Session
Heather Trepal, Ioana Boie, Victoria E. Kress, Tonya R. Hammer
In this presentation, eating disorders will be examined through the conceptual framework of relational cultural theory (RCT), a theoretical approach that takes into account the importance of relational goals. Ways that RCT can be applied to enhance eating disorder prevention efforts will be addressed and recommendations for combining relationally focused counseling with evidence-based individual and family eating disorder treatments will be presented.

2:00 pm–3:30 pm
ALGBTIC Day of Learning
LGBTQ Academy
School Counseling Academy
Program ID #217, Convention Center, Room 2008
Resources in Action: Making Schools Safe for Our LGBTQQIA Students
90-Minute Session, Advanced
This is a resource-based interactive session focusing on the practice and advocacy implications of developing safer schools for LGBTQQ youth. The presenters will describe the ongoing agenda with the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (ALGBTIC) Division focused on LGBTQQ bullying and violence prevention in K–12 schools. Presenters will discuss where professional school and clinical mental health counselors, counseling students, and counselor educators can find resources and use these findings to construct bullying and violence prevention programs. Attendees will receive materials to help translate their participation in this session into practical take-away strategies they may immediately implement in their settings.

2:00 pm–3:30 pm
ACCA Day of Learning
College Counseling Academy
Program ID #218, Convention Center, Room 2009
Student Development Theory and College Counseling
90-Minute Session
Mary-Jeanne (MJ) Raleigh
The student development module offers a review of key student developmental theories that are useful in understanding the changes college students experience. The discussion will include special considerations that impact development such as gender, minority status, international students, and non-traditional students. A foundational understanding of student development theory will also be helpful for college counselors who often work within a student affairs department.

2:00 pm–3:30 pm
AHC Wellness Center
Wellness Academy
Program ID #219, Convention Center, Room 2011
Maori Drawing for Counseling Self-Care
90-Minute Session
Rhonda Neswald-Potter, Michelle Perepiczka, John Marszalek
Imagine employing a self-review intervention to empower clinicians in their own self-monitoring and self-assessment. This Maori drawing assists clinicians in assessing themselves in four distinct dimensions of wellness. This expressive arts exercise also serves as a powerful tool for developing and monitoring the accomplishment of goals. Attendees will engage in the development of their own Maori drawings and will have the opportunity to process the activity in an open, adventurous, and supportive learning environment.

2:00 pm–3:30 pm
Mental Health/Private Practice Academy
Program ID #220, Convention Center, Room 2014
Forensic Counseling: How Licensed Counselors and the Family Law Legal System Work Together
90-Minute Session
Virginia Allen
Learn to be an effective advocate as a forensic counselor through case examples, audience participation, and a lecture. There is money to be made and clients, attorneys, and the court system to be helped by the expertise provided by licensed counselors working within the court system.

2:00 pm–3:30 pm
ACA Author Session
School Counseling Academy
Program ID #221, Convention Center, Room 2016
Perspectives on Comprehensive School Guidance and Counseling Programs
90-Minute Session
Norman C. Gysbers, Patricia Henderson
Based on the new edition of the authors’ bestselling book Developing & Managing Your School Guidance & Counseling Program, this session will describe the evolution and current status of comprehensive school guidance and counseling programs and offer new perspectives on program development. Participants will learn effective leadership strategies for school counselors and other school staff to meet students’ mental
health needs, and for responding to and advocating for diverse student populations.

2:00 pm–3:30 pm
Best Practices Academy
Program ID #222, Convention Center, Room 2018
Solution-Focused Counseling for Eating Disorders
90-Minute Session, Advanced
Jeffrey T. Guterman, Clayton V. Martin
Solution-focused counseling is a comprehensive model that emphasizes clients’ strengths, resources, and effective coping skills to bring about change. This session offers an opportunity to learn solution-focused principles and techniques for clients with eating disorders. Numerous case examples illustrate solution-focused applications for eating disorders. The program includes exercises aimed at helping attendees learn the material.

2:00 pm–3:30 pm
Best Practices Academy
Program ID #223, Convention Center, Room 2020
Motivational Interviewing (MI): Helping Clients To Change
90-Minute Session, Advanced
Mercedes ter Maat
Do you work with resistant school-aged children and adults? Looking for an approach that effectively minimizes resistance and guides clients to positive behavior change? More than 120 research studies have shown MI to effectively reduce health-care costs and increase treatment compliance/positive outcomes and patient satisfaction. How? By using specific techniques in assisting clients to reduce ambivalence and increase commitment to change. This training will illustrate how the use of MI techniques can be applied in the practice of school and mental health counseling. MI techniques (e.g., decisional balancing, readiness-to-change ruler) are demonstrated using short role-plays and videotaped vignettes. Handouts and practice aids will be distributed

2:00 pm–3:30 pm
Human Development Across the Lifespan Academy
Wellness Academy
Program ID #224, Convention Center, Room 2022
Psychoneuroimmunology, Mind-Body Connections, and Aging: The Role of Counseling in Lifelong Mental and Physical Wellness
90-Minute Session, Advanced
Kathryn Douthit
This session will introduce the field of psychoneuroimmunology (PNI) and will show how research in PNI underscores the pivotal role that counseling can play in promoting physical well-being over the life course. Participants will learn the mechanisms involved in PNI and will gain an understanding of how poor mental health can lead to serious and sometimes life-threatening problems of physical health. The urgency for intervention with racial and sexual minorities and the economically disadvantaged will be underscored in the context of specific data highlighting the disproportionate incidence of psychologically mediated health problems in marginalized populations. The relationship between PNI and gerontological health will be highlighted.

2:00 pm–3:30 pm
Trauma/Disaster Mental Health Academy
Spirituality & Religious Values Academy
Program ID #225, Convention Center, Room 2024
Spirituality in Disaster Response: Counselor Competency and the FACE-SPIRIT Model
90-Minute Session, Advanced
Radha Janis Horton-Parker, Hannah B. Bayne, Susan V. Lester, Betsy Marie Koivisto
In the aftermath of disasters, individuals must recreate meaning in their lives. Spirituality and religion may facilitate healing, and there is an increasing demand by clients and society to respect and incorporate individuals’ spirituality into counseling. However, practical methods of doing so are infrequently discussed. The FACE-SPIRIT model was developed to offer implicit and explicit strategies for integrating spirituality into counseling practice. Via video vignettes, experiential exercises, and case studies, participants will learn effective ethical techniques for integrating spirituality into disaster counseling.

2:00 pm–3:30 pm
ASGW Sponsored Session
Trauma/Disaster Mental Health Academy
Program ID #226, Convention Center, Room 2012
Use of Group Work in Healing from Crisis and Trauma: Lessons Learned from Children and Adults Around the World
90-Minute Session
Bogusia J. Skudrzyk, Fred Bemak, Kathryn Norsworthy, Rita Chi-Ying Chung
Participants will share highlights relevant to multicultural group work practice essential for crisis and trauma response. Panelists will share research, theories, and practical experiences in facilitating group work with children and community in Asia; as well as adolescents and adults who live in rural and urban communities throughout the states. Panelists will share research, theories, and practical experiences in facilitating group work with a focus on incorporation of creative expressions and rituals that foster healing and restore wellness.

2:00 pm–3:30 pm
CSJ Day of Learning
Counselor Education & Supervision Academy
Social Justice Academy
Program ID #227, Convention Center, Room 2010
ACES Presidents and Social Justice: ACES Leaders Discuss the Relevance of Social Justice in Counselor Education and Supervision
90-Minute Session
DSM-5 to overview of proposed changes in the GIDC criteria from DSM-4

Varunee Faii Sangganjanavanich
90-Minute Session, Advanced

Gender identity disorder in childhood (GIDC) is a controversial diagnosis in children. Scholars have proposed competing philosophical and sociopolitical views regarding an appropriateness of GIDC as a mental disorder. The unusual nature of the disorder brings complications to how counselors view the clients and how well counselors are prepared to work with this population. This presentation (a) provides an overview of proposed changes in the GIDC criteria from DSM-4 to DSM-5; (b) discusses philosophical debates regarding an appropriateness of GIDC as a mental disorder; and (c) describes current treatment options, roles of professional counselors, and ethical considerations when working with children who meet the criteria for GIDC.

2:00 pm–3:30 pm
Counseling Ethics & Legal Issues Academy
Program ID #230, Convention Center, Room 3020

The Millennial Generation Culture and the Consequences of Their Transparency: Managing Technology and Social Media Issues
90-Minute Session, Advanced
Leah M. Brew, Jose Cervantes

The Millennial Generation is described in the literature as more willing to be transparent and highly skilled and involved in the use of technology. These qualities are best evidenced in their use of social media/social networking, blogs, and portable technologies such as thumb drives or iPads. The purpose of this presentation is to discuss the potential risks of these forms of technology as students and therapists, and the impact it can have on confidentiality and the development of appropriate professional boundaries. In addition, the presenters will provide guidelines about how risks can be reduced in using technology while maintaining professional competency.

2:00 pm–3:30 pm
Wellness Academy
Program ID #231, Convention Center, Room 3022

Chocolate, Chilies, and Coconuts: Advanced Approaches to Mental Health Nutrition and Alternatives to Psychopharmaceuticals
90-Minute Session, Advanced
Leslie Korn

Many clients currently use nutritional or botanical products either as an alternative to psychotropic pharmaceuticals or concurrently. Often our clients ask for our help to reduce or eliminate pharmaceuticals. We know diet affects mood, but how? How do dietary needs differ among people and what do diagnostic categories tell us about nutritional needs? Why are many of our vegetarian clients depressed? How do we help clients choose among options? What types of assessment and testing are useful? With whom do we collaborate? Protocols for anxiety, panic, insomnia, mood disorders, PTSD, bulimia, and depression are provided. Indications and contraindications and drug/nutrient/herb interactions are addressed. APA CE Credit Available

2:00 pm–3:30 pm
The LGBTQ Academy
Program ID #232, Convention Center, Room 3024

Polyamorous to Platonic! The Influence of the Internet and Partner-Type Relationships on Sexual Behavior Among Gay Men
90-Minute Session, Advanced
Leslie Kooyman

Saturday [Education Sessions]
Saturday  [Education Sessions]

This interactive presentation will assist counselors in exploring the influence of online dating and partner-type relationship(s) on the sexual lives of gay male clients. Results from the presenter’s current research study on partner relationships and sexual risk-taking behavior with gay men (n = 1137) will be presented. An informative discussion on how to explore different partner types and Internet dating culture of gay men in the counseling session will be provided. Racial and ethnic differences in relationship types and sexual risk-taking will also be discussed. Strategies for addressing sexual behavior with this diverse population in counseling sessions will be provided using case scenarios and a role-play demonstration. *APA CE Credit Available*

3:45 pm–4:45 pm
*For Graduate Students and New Professionals Only Session*
Program ID #233, Convention Center, Room 2002
**Insider Tips: Landing That First Counseling Job**
60-Minute Session
Rebecca Daniel-Burke
Get insider tips from a former agency and hospital executive who has hired hundreds of counselors and other mental health professionals. How can you change your resume so it survives the first cut? The screening call, what do I say (or not say) to get the interview? What are the best answers to those difficult counseling interview questions? Come get all of the information to prepare you to land that first counseling job.

3:45 pm–4:45 pm
Program ID #234, Convention Center, Room 2003
**Legislative Advocacy: Why, and How?**
60-Minute Session
Scott Barstow
Federal policies affect counselors’ ability to practice. Learn what’s happening on the key policy issues facing the profession, and why it is vitally important that counselors become legislative advocates. The session will also explain how to maximize your effectiveness in communicating with legislators. A question-and-answer session with ACA’s lead lobbyist will be included. *Excludes Ohio State CE Credit*

3:45 pm–4:45 pm
Program ID #235, Convention Center, Room 2004
**CSCORE’s Annual Review of Research: Identifying Best Practices for Counseling in Schools**
60-Minute Session, Advanced
John C. Carey, Carey Dimmitt
The Center for School Counseling Outcome Research and Evaluation (CSCORE) provides an in-depth review of cutting-edge outcome research that practicing counselors can use right now to improve their work in schools. This presentation is designed to meet the needs of counselors committed to using evidence-based approaches to enhancing the personal/social, career development, and academic achievement needs of their students. Session participants will learn more about innovative intervention strategies and programs and the evaluation evidence that supports these practices. Speakers will also identify where the research supporting the field of school counseling currently is and where we need to go in the future to build the research base that will enable us to be a maximal help to all students.

3:45 pm–4:45 pm
*Counselor Education & Supervision Academy*
**Multicultural Counseling Academy**
Program ID #236, Convention Center, Room 2005
**Teaching Social and Cultural Issues from Multiple Perspectives: A Practical Guide**
60-Minute Session
Cassandra G. Pusateri, Jayne E. Smith
Our diverse society calls for increased levels of self-awareness around cultural identity and bias so we may engage in dialogue and relationships to form a socially just global community. This presentation is for the instructor who believes in the power of egalitarian relationships, the student craving more experiential activities and engaging discussion, and the clinical supervisor looking for ways to incorporate multicultural training in his or her clinical settings. The presentation will include an overview of constructivist teaching strategies, recommended activities rooted in multicultural counseling competence, and an opportunity for best practice exchange.

3:45 pm–4:45 pm
*AACE Sponsored Session*
*Counselor Education & Supervision Academy*
Program ID #237, Convention Center, Room 2006
**Student Learning Outcome Assessment: Creating Assessment Measures**
60-Minute Session, Advanced
Donna M. Gibson, Casey Barrio Minton
According to the 2009 CACREP Standards, counselor education programs are required to conduct systematic, developmental assessment of each student throughout the program. Specifically, evidence that student learning has occurred needs to be documented. During this interactive session, the members of the AACE Task Force on Evaluation of CACREP Competencies will provide participants with how to identify, measure, document, and report specific student learning outcomes in their counselor education programs. Participants are encouraged to bring specific ideas and needs to use as working examples in the session.

3:45 pm–4:45 pm
*ACC Day of Learning*
Program ID #238, Convention Center, Room 2007
**Developmental Relational Counseling: Growth in Context**
60-Minute Session
Thelma Duffey, Shane Haberstroh
In this presentation, the presenters will introduce developmental relational counseling, an innovative approach for working with diverse clients. Building on the principles of relational cultural theory, the Enneagram personality typology, and cognitive therapies, this model provides a practical framework for conceptualizing common patterns of relating and negotiating relational growth and development. The model explores (a) the accuracy of self-perceptions and perceptions of others, (b) the role of accountability in change, (c) power in relationships, (d) the challenges of authenticity, and (e) distinctive relational styles and their interaction with one another. The presenters will discuss applications of this model through case studies.

3:45 pm–4:45 pm
ALGBTIC Day of Learning
Mental Health/Private Practice Academy
LGBTQ Academy
Program ID #239, Convention Center, Room 2008
The Transgender Liberation Struggle and the DSM-5: Examining Power and Paradox in Our Roles as Counselors
60-Minute Session, Advanced
Stacee Reicherzer, Amney Harper, Anneliese A. Singh, Thomas R. Scofeld
This ALGBTIC Transgender Committee presentation will provide audience members with a spectral examination of transgender lived experiences as a sociocultural and political basis for work with the new DSM-5 diagnosis of Gender Dysphoria. Emphasis will be given to social justice concerns that emerge in the process of diagnosis, and means for navigating relationships in which counselors are in positions of power to determine candidacy and readiness for hormonal and surgical interventions. Action steps for advancing transgender rights will be specified for counselors engaged in clinical practice, education, supervision, and research. An annotated bibliography and resource list will be made available to all audience members.

3:45 pm–4:45 pm
ACCA Day of Learning
College Counseling Academy
Wellness Academy
Program ID #240, Convention Center, Room 2009
Outreach Programming in College Counseling
60-Minute Session
Brian J. Van Brunt
The outreach programming module offers a comprehensive review of the various areas of outreach that happen on a college campus. The discussion will include a summary of which areas are most important to address, how to identify resources in each of these areas and how to evaluate the effectiveness of programs that are offered. Marketing and advertising of programs will also be addressed to increase attendance and stay within budget constraints.
Saturday [Education Sessions]

60-Minute Session
Michelle Hollenbaugh, Jacob Klein, Michael S. Lewis
Although adolescents cannot be diagnosed with personality disorders, many adolescents struggle with symptoms related to borderline personality disorder (BPD), including impulsivity, labile moods, and unstable interpersonal relationships. Dialectical behavior therapy (DBT) is a proven treatment for clients with BPD, and research also supports its use with adolescents who are at high risk for suicide (Miller, Rathus, & Linehan, 2007). This program will present an introduction to DBT with adolescents in various settings. Discussion will be focused on managing problem behaviors, as well as group, individual, and family interventions. Participants will interact and practice these techniques and will leave with usable ideas for clinical practice.

3:45 pm–4:45 pm
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID #245, Convention Center, Room 2020
The Hope-Centered Model of Career Development and Inventory: A New Approach to Effective Career Counseling
60-Minute Session
Hyoyeon In, Spencer G. Niles, Nai-Fen Su
The newly constructed Hope-Centered Model of Career Development (HCMCD) helps you serve your clients in managing their careers effectively. Through this session, the presenters will introduce the HCMCD and demonstrate how the model can be used in conjunction with its primary assessment tool, the Hope-Centered Career Inventory (HCCI). This hope-centered approach contains the following competencies: hope, self-reflection, self-clarity, visioning, goal setting/planning, and implementing/adapting. You will actively participate in case studies that help you to understand how to apply the HCMCD, the HCCI, and hope-centered interventions to clients from diverse backgrounds.

3:45 pm–4:45 pm
Mental Health/Private Practice Academy
Program ID #247, Convention Center, Room 2022
The Pathological Is Political: Feminist Perspectives on the Changes in the DSM
60-Minute Session, Advanced
Joanne Jodry, Kathleen Armstrong, Joffrey Suprina
This interactive session will allow the counselor to explore the use of feminist theoretical principles and the concepts of mental illness, diagnosis, and in particular the changes to the DSM-5. This session will allow the counselor who already has a basic knowledge of feminist counseling theory to explore and discuss the patriarchal influences of psychopathology, in particular personality disorders. The basic principles of feminist theory, such as egalitarian relationships, are challenged with the DSM. The discussion will be framed in a multicultural context with emphasis on multiple oppressions, power, and privilege in the mental health system. Feminist alternatives to diagnosing will be debated.

3:45 pm–4:45 pm
Trauma/Disaster Mental Health Academy
Military Counseling Academy
Program ID #247, Convention Center, Room 204
Creating Healing Communities: Developing Community-Based Support Services for Military Veterans and Their Families
60-Minute Session
Jennifer J. Taylor
After returning from a deployment, reconnecting with family, friends, and the communities they have sacrificed for is a critical part of the healing process for veterans. This program explores the challenges, opportunities, and outcomes of two innovative community-based programs for veterans and their families. The presentation will include an exercise for participants and a review of available literature to help practitioners identify opportunities for developing innovative programming to support healing and reconnection in their own communities.

3:45 pm–4:45 pm
CCA Sponsored Session
Multicultural Counseling Academy
Program ID #248, Convention Center, Room 2012
Multicultural Contextual Integrative Counseling
60-Minute Session
Robert C. Chope, Andres J. Consoli, Melissa Morgan Consoli
The presenters have developed an approach to counseling practice and training that has been titled contextual integrative psychotherapy. In this presentation, the developers will show how multicultural issues, variables, and concerns can be added to their approach as well as to other models of integrative counseling and psychotherapy. They will show how case material can be interpreted using the approach and they will offer new ideas for creating a shared world view with clients. They will also offer a template for a treatment plan with clients in a mental health setting. Finally, the presenters will demonstrate how family members can be used as a part of the treatment process in individual counseling or psychotherapy.

3:45 pm–4:45 pm
CSJ Day of Learning
Social Justice Academy
Program ID #249, Convention Center, Room 2010
Diffusion of Innovation: A Framework for Gaining “Buy-In” for the Social Justice Perspective in Counseling and Psychology
60-Minute Session
Manivong J. Ratts, Jennifer Melissa Gess, Lindsay Vrabek, Shannon Kathleen Stewart, Andrew Wilson Nichols, Jennifer Marie Hawes, Christina Marie Cantwell
Bringing social justice into the mainstream of the counseling profession can be a challenge. Calls for integrating social justice in counseling have yet to be fully realized in part because ideas that are viewed as a threat to the existing structure of a profession are often dismissed. The challenge for social justice counselors...
thus becomes how to gain buy-in from a profession that is slow to embrace new ideas. Challenging a profession to break old habits and adopt new ideas and ways of practicing can be difficult. We believe this can be accomplished using diffusion of innovation (DOI). DOI describes how, why, and at what rate innovations become adopted by an organization or group of people. We will examine how DOI can be used to quell resistance to social justice, which is sometimes manifested in anxieties and fear. DOI is important if social justice is to gain traction in the field.

3:45 pm–4:45 pm
Chi Sigma Iota, Int'l Sponsored Session
Counselor Education & Supervision Academy
Counseling Ethics & Legal Issues Academy
Program ID #250, Convention Center, Room 2001
Professional Advocacy: What Supervisors and Supervisees Need To Know About the Law
60-Minute Session
Theodore P. Remley, Jr.
The foremost expert on law, ethics, and professional counseling will present this program. He will address the interests of counselors, counselor educators, and students who want to understand the implications of supervision requirements as a result of state counselor laws. Supervisors have an opportunity to help those unfamiliar with counselor competencies and professional orientation to educate and advocate for the profession. This session will help you understand how and why.

3:45 pm–4:45 pm
IAAOC Sponsored Session
Addictions Academy
Program ID #251, Convention Center, Room 2000
There’s an Elephant in the Room . . . Do You See It?
Screening and Assessment for Sexual Addiction
60-Minute Session
Liegh Holman, Pennie Johnson
Do you know how to screen for sexual addiction in general counseling settings? Do you know what to do if someone presents with sexual addiction issues? Two screening instruments for sexual addiction will be discussed as will the proposed DSM-5 diagnoses for Hypersexual Disorder and/or Process Addiction. Resources will be given for accessing the free assessments and what to do next, if you have a client with sexual behavior problems.

3:45 pm–4:45 pm
Career Development/Employment Counseling Academy
School Counseling Academy
Program ID #252, Convention Center, Room 3020
Post-Secondary Students with Intellectual Disabilities and Autism Spectrum Disorders:
A New Frontier
60-Minute Session, Advanced
Blair Sumner Mynatt, Melinda Gibbons
Until recently, students with intellectual disabilities or autism spectrum disorders often lacked post-secondary options. With a national push for education for everyone and a counseling association focus on meeting the needs of diverse populations, counselors need to focus on this underserved population. This presentation will discuss the unique needs of these students as they consider their options after high school. Participants will learn about self-determination and person-centered planning, along with other techniques, designed to help increase the probability of successful employment for these students.

3:45 pm–4:45 pm
Mental Health/Private Practice Academy
Program ID #253, Convention Center, Room 3022
Non-Suicidal Self-Injury and the DSM-5: Factors To Consider
60-Minute Session, Advanced
Kelly L. Wester, Heather C. Trepal
Non-Suicidal Self-Injury (NSSI) has been proposed as a new diagnosis in the DSM-5. The hope is that this diagnosis will clarify NSSI for treatment purposes since in the past these behaviors were often misdiagnosed as BPD or mistaken for suicide attempts. One difficulty remains: little information is known related to NSSI in regards to sex, race, ethnicity, and cultural factors. The presenters will discuss factors to consider among males/females and racial/ethnic groups when assessing and treating clients who present with NSSI. Finally, a discussion of how these factors need to be examined when considering the DSM-5 diagnosis of NSSI will ensue. APA CE Credit Available

3:45 pm–4:45 pm
Best Practices Academy
Program ID #254, Convention Center, Room 3024
Neuroscience, Stress Management, and Substance Abuse Counseling: Suggestions for Effective Integration
60-Minute Session, Advanced
Allen E. Ivey, Mary Bradford Ivey, Carlos P. Zalaquett
How might the integration of current neuroscience research and counseling improve effectiveness of stress management and substance abuse interventions? This presentation reviews current advances in neuroscience research and integrates findings into counseling interventions. First, we discuss the importance of brain structures and epigenesis (creation of new nerve cells) for therapeutic interventions and describe neuroscientists, suggestions for effective practice. Second, we integrate this information in the counseling treatment of stress and substance abuse. Third, we provide specifics for implementation. Finally, we suggest ways to infuse this information in the teaching of counseling skills and interventions. APA CE Credit Available

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
5:00 pm–6:00 pm
For Graduate Students and New Professionals Only Session
Program ID #255, Convention Center, Room 2002
What Graduate Students and New Professionals Need To Know About Mindfulness
60-Minute Session
Marcheta Evans
Mindfulness is considered one of the seven factors of enlightenment. Learning to practice mindfulness in your daily life will enhance your level of calmness and awareness of your bodily functions, sensations, thoughts, and perceptions as a graduate counseling student and new professional. This presentation will highlight its benefits in improving your journey through your academic program and the start of your new career. This presentation will aid you in learning how to thrive and not just survive.

5:00 pm–6:00 pm
Best Practices Academy
Program ID #256, Convention Center, Room 2003
Transformando Vidas a través de la Literatura: El Poder de los Cuentos y la Narrativa entre los Latinoamericanos
60-Minute Session, Advanced
Roberto Clemente
La comunidad latinoamericana posee una tradición basada en las historias, los cuentos, las leyendas y la ficción. Muchas de las lecciones heredadas culturalmente se obtienen a través de enseñanzas por medio de cuentos que reflejan el entorno cultural, nacional e idiomático que está lleno de una diversidad de principios. La ponencia ofrece el análisis de una colección de cuentos inéditos publicados por el expositor y técnicas terapéuticas a utilizarse con clientes de habla hispana. Se mostrará la aplicación de cuentos que son compatibles con ciertas poblaciones y condiciones de salud mental. Los participantes tendrán la oportunidad de interaccionar en grupos pequeños con análisis sostenidos. Copias de todos los materiales serán provistas.

5:00 pm–6:00 pm
Counselor Education & Supervision Academy
Program ID #257, Convention Center, Room 2004
Social Media Incarnate: An Exploration of the Use of Virtual Worlds in Counseling and Counselor Education
60-Minute Session, Advanced
Christine Marie Karper, Michelle D. Stone
This session will provide attendees with the opportunity to learn about and interact with the multi-user virtual environment of Second Life and analyze its use in service delivery and counselor education. The session will offer a live demonstration of the virtual world of Second Life, a review of current research regarding the use of virtual worlds in service delivery and education, a presentation of ethical concerns, and a critical analysis of the use of Second Life as it relates to the condition of Internet addiction as proposed for inclusion in the DSM-5. The session will conclude with recommendations for best practices and future research designs.

5:00 pm–6:00 pm
Trauma/Disaster Mental Health Academy
Human Development Across the Lifespan Academy
Program ID #258, Convention Center, Room 2005
Promoting Posttraumatic Growth in Landmine Survivors in the Middle East
60-Minute Session
Lennis G. Echterling
Pathways to Resilience is a culturally sensitive program for training landmine survivors in the Middle East to become resources who offer peer-to-peer supportive services to others. The attachment-grounded, resilience-focused, and strength-based program can be easily adapted to other cultures for training survivors of any trauma. The presenters describe the program, share the lessons they learned from survivors, demonstrate creative interventions and experiential learning exercises, and report results documenting significant posttraumatic growth among participants.

5:00 pm–6:00 pm
CCA Sponsored Session
Career Development/Employment Counseling Academy
Program ID #259, Convention Center, Room 2006
Making a Difference in the Community: The Impact of Career Counselors
60-Minute Session
Julie Salzman, Robert C. Chope
This session will present examples of unique ways career counseling professionals are involved in the San Francisco Bay Area community. The presenters will describe the local professional association, founded on a two-pronged mission: professional development and community service. The presenters will provide examples of events and activities. The presentation will provide you with a range of illustrations of the ways in which career counselors contribute to the well-being of the community including legislative advocacy, organizational consulting, individual counseling, and public information regarding marginalized populations such as transgender individuals.

5:00 pm–6:00 pm
ACC Day of Learning
Program ID #260, Convention Center, Room 2007
Leaving Your Heart in San Francisco (or Other Places): Creative Strategies for Addressing Heartbreak
60-Minute Session
Joanne E. Vogel
Is it really better to have loved and lost than never to have loved at all? Those struggling with heartbreak often wonder how to alleviate their pain and make sense of their loss. At times, risking another disappointment and learning to love again
Saturday [Education Sessions]

5:00 pm–6:00 pm
ALGBTIC Day of Learning
LGBTQ Academy
Multicultural Counseling Academy
Program ID #261, Convention Center, Room 2008
**Intersectionality of Identity: A Dialogue with Queer People of Color**
60-Minute Session
Richmond D. Wynn
The concept of intersectionality provides a framework for understanding the complexities of managing overlapping, socially marginal identities. This interactive session features a dialogue between panelists and the audience on intersectionality with emphasis on ethno-cultural, gender, and lesbian, gay, and bisexual identities. This dialogue is framed by culture-centered counseling theory and will provide participants with opportunities to enhance their culture-centered conceptualization and intervention skills.

5:00 pm–6:00 pm
ACCA Day of Learning
College Counseling Academy
Program ID #262, Convention Center, Room 2009
**College Counseling in the Campus Setting**
60-Minute Session
David J. Denino
The campus setting module offers a review of key departments on campus that are essential to develop working relationships with the college counseling center. The discussion will include a review of the core mission of each of these departments, positive ways to build connection and collaboration with departments, and a conversation about ways to avoid common mistakes when working with other departments.

5:00 pm–6:00 pm
ACES Sponsored Session
Counselor Education & Supervision Academy
Mental Health/Private Practice Academy
Program ID #266, Convention Center, Room 2018
**DSM-5 in Crisis: Extreme, Unsupported Revisions Have Significant Implications for Counselor Education and Supervision**
60-Minute Session
K. Dayle Jones
Criticisms abound about the DSM-5 proposals, including lowered diagnostic thresholds across disorders, the introduction of subthreshold disorders, poor empirical basis for revisions, poor research design for the field trials, and questionable scale development procedures for the dimensional assessments.

5:00 pm–6:00 pm
ACA Author Session
Best Practices Academy
Program ID #265, Convention Center, Room 2016
**Cyberbullying: What Can We Do?**
60-Minute Session
Sheri Bauman
This session, based on the author’s new book Cyberbullying: What Counselors Need to Know, will provide effective prevention strategies for responding to cyberbullying. Specifically, brief solution-focused counseling, the support group approach, and the Method of Shared Concern will be outlined and features of restorative justice that can be incorporated into these approaches will be discussed. Dr. Bauman will also review recent legislation and court decisions related to cyberbullying.

5:00 pm–6:00 pm
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These proposed changes have potential risks of increased prevalence rates, increased stigma, and unnecessary treatments, including needless psychiatric drugs. Counselor educators and supervisors must become aware of these problems and advocate for our profession by voicing their own concerns about the DSM-5 revisions.

**5:00 pm–6:00 pm**
Rehabilitation Counseling & Disability Issues Academy
School Counseling Academy
Program ID #267, Convention Center, Room 2020

**College Readiness for Students with Autism Spectrum Disorders**
60-Minute Session
Megan M. Krell
What does college readiness for students with autism spectrum disorders (ASD) encompass? This presentation will describe the results of a Delphi study that explored college readiness for students with ASD, the school counselor’s role in providing this population equitable college readiness counseling, and the role of post-secondary institutions in supporting students with ASD in college. Implications and suggestions for future counseling practice will be examined and discussed.

**5:00 pm–6:00 pm**
Mental Health/Private Practice Academy
Trauma/Disaster Mental Health Academy
Program ID #268, Convention Center, Room 2022

**Counselors’ Attitudes Toward Female Survivors of Intimate Partner Violence: Gender Role Attitudes and Ambivalent Sexism**
60-Minute Session
Lori E. Notestine
Intimate partner violence is a serious social problem among the clients we see and often goes unaddressed due to lack of skill and awareness in assessment. Continuing education on how to assess for violence and how to aid those who have experienced violence in intimate relationships is crucial in expanding the knowledge of counselors in our field. This program will provide an overview of the incidence of intimate partner violence and some current treatment practices. In addition, this program will aid counselors in examining their own attitudes and biases in working with women who have experienced battering.

**5:00 pm–6:00 pm**
Best Practices Academy
Program ID #269, Convention Center, Room 2024

**Master Counselors: Who Are They and How Do You Become One?**
60-Minute Session, Advanced
Jeffrey A Kottler
Although the field is filled with discussions of what constitutes competence, this program will focus on the highest levels of functioning as a counselor, supervisor, mentor, and teacher.

Based on interviews with more than 100 of the prominent theoreticians and practitioners, we will examine those variables that most distinguish excellence. Participants will examine their own personal functioning and professional effectiveness with respect to identifying areas for further development.

**5:00 pm–6:00 pm**
Addictions Academy
Best Practices Academy
Program ID #270, Convention Center, Room 2012

**Telephone Counseling for Smoking Cessation: What’s the Buzz About Quitlines?**
60-Minute Session
Gary J. Tedeschi
Telephone counseling for smokers may be one of the best-kept secrets in the counseling field, but it has created quite a buzz in public health circles. “Quitlines” provide evidence-based interventions to a large and diverse clientele. However, many counseling professionals have not yet heard about this free service available through a national toll-free number (1-800-QUIT NOW). Quitline counseling for smoking cessation is considered to be a best practice by the U.S. Department of Health and Human Services. This interactive session will unveil the workings of a quitline, highlight the diversity of clients who seek help, and offer practical ideas on how to integrate cessation counseling and quitline referral into existing practices.

**5:00 pm–6:00 pm**
CSJ Day of Learning
Counseling Ethics & Legal Issues Academy
Social Justice Academy
Program ID #271, Convention Center, Room 2010

**ACA Code of Ethics and Social Justice: A Panel Discussion on Integrating Social Justice into the New ACA Code of Ethics**
60-Minute Session
Diane Estrada, Farah Ibrahim, Stacy L. Henning, Gary E. Goodnough
Members of the ACA Ethics Committee and CSJ Ethics Committee convene in a timely panel discussion regarding the need to integrate social justice into the current revision of the ACA Code of Ethics. Panelists will offer input regarding areas that the Ethics Code Revision Task Force should consider as well as existing standards that need to be changed to align with social justice. Concrete examples of how to infuse social justice into the code are discussed. The ethics of integrating social justice into the code will also be highlighted.

**5:00 pm–6:00 pm**
Best Practices Academy
Career Development/Employment Counseling Academy
Program ID #272, Convention Center, Room 2001

**Partnerships and Urban Youth: Visioning a Positive Future for Multicultural Adulthood Transition**
Perfectionism is increasingly being viewed as a multidimensional construct that can be differentiated between two types: a positive version called “adaptive” perfectionism and a negative form called “maladaptive” perfectionism. This session will include a review of the current relevant research as well as conceptual and theoretical foundations. Case studies will be used to illustrate how to identify, conceptualize, and intervene with couples of varying types of perfectionism.

5:00 pm–6:00 pm
Trauma/Disaster Mental Health Academy
Program ID #273, Convention Center, Room 2000
Personal Trauma, Gender, and the Experience of Vicarious Trauma Among Counseling Professionals
60-Minute Program
Kristin D. Kashmider, Tara Buckley, Jennifer Beebe
In the wake of natural disasters, war, violence, and terrorism, survivors may seek counseling to cope with the aftermath of these tragedies. Counselors providing services to survivors of trauma are subjected to hearing personal recounts of tragic events and, as a result, are indirectly exposed to traumatic events through the experiences of their clients. Ongoing exposure to traumatic material over an extended period of time can profoundly affect counselors and can potentially impact therapeutic services to clients. This session will educate counselors about vicarious trauma and which personal and professional characteristics contribute to this phenomenon. Prevention recommendations will also be provided.

5:00 pm–6:00 pm
Couples & Family Counseling Academy
Mental Health/Private Practice Academy
Program ID #274, Convention Center, Room 3020
Perfectionism and Relationships—Is Having the Perfect Partner Helpful to Relationship Quality?
60-Minute Session, Advanced
Philip B. Gnilka, Nathaniel Nicholas Ivers, Matthew Branfield, Julie Lineburgh, Amie Martin, Suleyman Akcil
Perfectionism is being increasingly viewed as a multidimensional construct that can be differentiated between two types: a positive version called “adaptive” perfectionism and a negative form called “maladaptive” perfectionism. This session will assist counselors in more clearly identifying, and working with couples and perfectionism. This session will include a review of the current relevant research as well as conceptual and theoretical foundations. Case studies will be used to illustrate how to identify, conceptualize, and intervene with couples of varying types of perfectionism.

5:00 pm–6:00 pm
The Spiritual Integration Toolbox: Techniques for Ethical Assessment, Diagnosis, and Treatment
60-Minute Session, Advanced
Michelle J. Cox
This session provides empirically supported interventions and methods to help clinical mental health professionals assess, diagnose, and treat clients with spiritual and/or religious issues or utilize spiritual and/or religious content in clinical practice. APA CE Credit Available

5:00 pm–6:00 pm
Mental Health/Private Practice Academy
Military Counseling Academy
Program ID #276, Convention Center, Room 3024
Healing Trauma: Balancing the Science of Research with the Art of Therapy
60-Minute Session, Advanced
Livia M. D’Andrea, Colin M. Hodgen
This program will report the results of a 13-year research study related to the outcome of EMDR treatment on traumatized clients, including combat veterans. While statistical results will be presented, the focus will be the clinical lessons our participants taught us over the course of a thousand hours of trauma therapy. The most important lesson is that, in the last analysis, it might not be the science of research but the art of therapy that helps our clients to heal the most. APA CE Credit Available

7:30 am–8:30 am
For Graduate Students and New Professionals Only Session
Program ID #277, Convention Center, Room 2002
“Do Ask, Do Tell”: Current LGBTQ Issues in Counseling for Graduate Students and New Professionals
60-Minute Session
Anneliese A. Singh
In this session, the presenter reviews the most pressing LGBTQ issues in counseling. From the “hot topics” of gay bullying in schools to religion/spirituality, the presenter highlights specific ways graduate students and new professionals can develop competence with LGBTQ concerns. In addition, attendees are invited to develop a niche area of expertise and advocacy related to LGBTQ issues in counseling. All are welcome!

7:30 am–8:30 am
AHC Wellness Center
Spirituality & Religious Values Academy
Program ID #278, Convention Center, Room 2003
Morning Meditation
60-Minute Session
Mark D. Stauffer
The AHC Wellness Center welcomes participants to begin the day with meditation. Meditation is a practice that enhances a person’s quality of life. This wellness session welcomes newcomers and advanced attendees alike. Basic meditation techniques will be demonstrated followed by experiential exploration of the practice.

7:30 am–8:30 am
Counseling Ethics & Legal Issues Academy
LGBTQ Academy
Program ID #279, Convention Center, Room 2004
The “Conceptions of Conscience” Clause: Clinicians and Consumers Beware
60-Minute Session
Grace Ann Mims, Matthew Mims, David Hof
Recently, several states (e.g., Nebraska, Arizona, Alabama) proposed legislation and mental health regulations that prohibit sanctions against licensed mental health practitioners who refuse services and/or referrals for clients they believe are morally “wrong” (e.g., sexual orientation, abortion). This “Conscience Clause” will be examined in light of its historical roots and the ethical violations inherent in the refusal of services including counselor values, standard of care, client welfare, referral obligations, and discrimination. Advocacy strategies and planning will be provided for participants to promote full access to services.

7:30 am–8:30 am
School Counseling Academy
Program ID #280, Convention Center, Room 2005
iCARE for Action Research
60-Minute Session
Elizabeth Villares, Linda Webb, Greg Brigman
Discover how to strengthen your school counseling program and private counseling settings by developing and implementing action research studies. Learn how using the iCARE Model draws upon the humanistic principles of trust, empathy, valuing individuals, creativity, self-reflection and exploration, goal setting, and encouragement to support counselor accountability efforts and demonstrate program effectiveness.

7:30 am–8:30 am
Addictions Academy
School Counseling Academy
Program ID #281, Convention Center, Room 2006
School-Based Continuing Care for Adolescents with Substance Use Disorders: Principles for Sustaining Recovery in High School
60-Minute Session
Andrew J. Finch
Adolescents spend more time in school than anywhere other than homes, and during the fragile period after alcohol or drug treatment, schools provide crucial social networks for healthy recovery. In recovery schools, students receive academic and therapeutic services within a structured environment that promotes recovery from substance use disorders. The Office of National Drug Control Policy and the Department of Education both have called recently for more school-based continuing care. Counselors need to be aware of recovery schools and collegiate recovery communities, both as referral sources and potential job options. Participants will learn why more recovery schools are needed, how schools assist students, and the available resources.

7:30 am–8:30 am
Best Practices Academy
Child & Adolescent Counseling Academy
Program ID #282, Convention Center, Room 2007
Transitioning into Adulthood: Best Practices for Assisting Clients in the Child Welfare System in Overcoming Challenges
60-Minute Session
Venita Rawal
In 2006, more than 26,500 youth aged out of the foster-care system in the United States. These youth are expected to have the skills to navigate the adult world independently with limited to no support. In this interactive presentation, participants will learn how to assist clients in developing the psychosocial and emotional skills they need to overcome the numerous challenges and obstacles they face in transitioning into adulthood. Through the use of case studies, participants will identify effective counseling strategies in providing effective services to this population. Ethical, cultural, and advocacy issues related to working with this population will also be explored.

7:30 am–8:30 am
Career Development/Employment Counseling Academy
Multicultural Counseling Academy
Program ID #283, Convention Center, Room 2008
Challenges and Strategies in Career Counseling Undocumented Immigrant Youth
60-Minute Session
Cassandra Storlie
The career development trajectory of undocumented immigrant youth is irregular and brings unique challenges to school counselors providing career counseling. With the failure of the DREAM Act, undocumented immigrant youth continue to struggle in an environment of few career options. As counselors, we are charged with the responsibility to cultivate the career development of all students. This session will discuss the current issues facing undocumented immigrant youth and provide suggestions for using multicultural career counseling theories with this population. The use of these models may be the key that unlocks the door to healthy career development in undocumented immigrant youth.
7:30 am–8:30 am
Multicultural Counseling Academy
Counselor Education & Supervision Academy
Program ID #285, Convention Center, Room 2011
Respect the Power: Understanding the True Power Differential in Cross-Cultural Supervision
60-Minute Session
Kathleen A. Brown-Rice, Regina Moro
There is a power differential innate to the supervisory relationship. This power is further influenced when there are cultural differences between supervisors and supervisees. This presentation will provide you with knowledge regarding the true power differential that is present in cross-cultural supervision. You will be provided information as to how to manage cross-cultural issues and address cross-cultural dynamics in the clinical supervision process. Additionally, you will obtain knowledge as to how your status impacts supervisees and information that will assist you in modeling to your supervisees how to address culture and power in clinical sessions with clients.

7:30 am–8:30 am
Multicultural Counseling Academy
Counselor Education & Supervision Academy
Program ID #287, Convention Center, Room 2016
Disaster Mental Health Graduate Student Teams: The Procedures and Protocols to Develop a Local Team
60-Minute Session
Daniel M. Linnenberg, Kelly Bellenger
This session looks at one counselor education program and its relationship with a local chapter of the American Red Cross in the development of a Disaster Mental Health Graduate Student Team. The session will address the ways and means of incorporating faculty, graduate students, and recent alumni into an extracurricular activity of being disaster service volunteers, which allows them to garner extensive training and experience in disaster services operations and in particular disaster mental health. The session includes a discussion of the development of a protocol required to develop this relationship and provides a panel discussion of faculty, students, and alumni/associate members of a Disaster Mental Health Graduate Student Team.

7:30 am–8:30 am
Multicultural Counseling Academy
Counselor Education & Supervision Academy
Program ID #288, Convention Center, Room 2018
Collaborative Gatekeeping: A Systemic Approach to Counselor Training
60-Minute Session
Susannah C. Coaston, Kerry E. Sebera, Brett E. Zyromski
As recently illustrated by legal events in Florida, Michigan, and Arizona, counselor education programs struggle to successfully apply ethical, legal, and multicultural gatekeeping procedures. This presentation provides attendees with clear, concise, and ethically sound gatekeeping procedures for remediating or dismissing impaired, incompetent, or dispositional deficient students. Participants will analyze, modify, and apply samples of professional development plans, as well as case studies, retention policies, and forms for tracking progress toward degree to their own counselor education programs. Through case studies and interactive exercises, attendees will generate a comprehensive gatekeeping plan for their own programs.

7:30 am–8:30 am
Multicultural Counseling Academy
Program ID #289, Convention Center, Room 2020
Tertulia de Madres: Using Action Research To Explore Latino Parent Involvement in a Rural Elementary School
60-Minute Session
Dana Griffin
Research on school-family-community collaboration demonstrates the positive impact of parental involvement on children’s academic achievement, social-emotional development,
and college attendance, and has been proven to mitigate the factors that impede academic success for all children. This session will explore how using action research with non-English-speaking Latino mothers can enhance parental involvement and advocacy for this population. Concrete strategies for overcoming the language barrier will be presented. Attendees will learn various ways to collaborate with school, family, and community stakeholders in order to develop and implement effective strategies for working with and within the Latino population.

7:30 am–8:30 am
Program ID #290, Convention Center, Room 2022

Running Your Chapter of Chi Sigma Iota: Developing a Firm Foundation of Excellence and Professional Counselor Identity
60-Minute Session
Brandon J. Wilde, Teresa J. McCartney, Deb D. Perkins, Wendi D. Seger
This session will provide a working model for developing a successful chapter of Chi Sigma Iota: Counseling and Professional Honor Society, International. Active chapter status can play a vital role in promoting a strong professional identity for counselors and advocating for the profession of counseling on college campuses and their communities. Presenters will outline a model of chapter development that includes their own “Five Cornerstones”: identifying leaders; diversification, department image; fundraising /community engagement/ advocacy; and faculty support. Concepts such as conflict resolution, diversification, and “resisting the hot dog” will be addressed. Excludes Ohio State CE Credit

7:30 am–8:30 am
Program ID #291, Convention Center, Room 2024

Faculty’s Perceived Purposes of the Comprehensive Examination in Doctoral Counselor Education Programs
60-Minute Session, Advanced
Katie Kostohryz, Thomas E. Davis
This presentation will focus on the importance of five stated purposes of the comprehensive examination (to assess lower levels of cognitive complexity, to assess higher levels of cognitive complexity, to promote a beneficial learning experience, to prepare students for future scholarship, and to maintain tradition), as rated by faculty teaching in doctoral counselor education programs. Attendees are encouraged to share their perceptions on the primary purpose of the exam as it relates to their specific program and aligns with their curriculum, program goals, and the 2009 CACREP Doctoral Standards. Additional discussions will focus on how the purpose of the comprehensive examination is communicated to both faculty and students.

7:30 am–8:30 am
Program ID #293, Convention Center, Room 2010

Transforming Anger Management: Presenting Data on the Efficacy of the Emotional Skills Building Curriculum
60-Minute Program, Advanced
Sheri Pickover
This session will describe an empirical research study on the efficacy of the Emotional Skills Building Curriculum (ESBC), a 13-week treatment program designed to improve coping skills, perspective taking, and empathy in client court referred for anger management and/or domestic violence. The session will include a discussion of the theoretical underpinnings of the ESBC, the data collection procedure, instruments used, and current outcomes.

7:30 am–8:30 am
Program ID #294, Convention Center, Room 2012

Supershriks To Turn Counselor Errors into Client Success
60-Minute Session, Advanced
Sidney Shaw
What makes some counselors more effective than others and what we can learn from highly effective counselors has befuddled the helping professions for decades. Recent research on a group of highly effective counselors known as “Supershriks” is offering clarity and hope as commonalities among these practitioners emerge. This training will highlight those research findings and provide tangible skills for improving counselor effectiveness.
### Sunday [Education Sessions]

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Location</th>
<th>Program ID</th>
<th>Room</th>
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<tbody>
<tr>
<td>7:30 am–8:30 am</td>
<td><strong>Human Development Across the Lifespan Academy</strong>&lt;br&gt;Program ID #295, Convention Center, Room 2000</td>
<td><strong>Mindfulness and the Elderly: Approaches for Mental Health Counselors To Reach an Underserved Population</strong>&lt;br&gt;60-Minute Session, Advanced&lt;br&gt;Ginger L. Dickson, Michael Waldo, Clare M. Gruszka&lt;br&gt;Professional counselors are integrating mindfulness practices into therapeutic work with clients. Indeed, mindfulness techniques have been shown to have positive effects for persons experiencing depression, anxiety, loneliness, and chronic pain. Elderly individuals are at risk of experiencing many of these mental health issues; however, they are the least likely age group to seek mental health services. Participants in this program will examine attitudes that may prevent elderly individuals from seeking mental health services and will learn strategies for connecting the elderly population with opportunities within the community to learn mindfulness practices.</td>
<td>Best Practices Academy&lt;br&gt;Couples &amp; Family Counseling Academy Program ID #296, Convention Center, Room 3020</td>
<td>Counseling for Couples with Intimate Partner Violence: How Do You Know When It's Safe To Proceed?&lt;br&gt;60-Minute Session, Advanced&lt;br&gt;Ryan Carlson, Andrew P. Daire&lt;br&gt;Counselors have traditionally been encouraged not to treat couples with relationship violence. However, research has shown counseling can be effective with couples experiencing low levels of aggression. Yet, there is no clear method of identifying which couples are appropriate to treat. Therefore, this presentation will discuss characteristics used to distinguish among types of relationship violence, identify characteristics that may help determine if treatment is appropriate, and discuss options for referring those couples who may not be appropriate for counseling.</td>
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<td>7:30 am–8:30 am</td>
<td><strong>Career Development/Employment Counseling Academy</strong>&lt;br&gt;Program ID #298, Convention Center, Room 3024</td>
<td><strong>Assisting Military Personnel with Traumatic Brain Injury: Using Strength-Based Career Counseling in Their Rehabilitation</strong>&lt;br&gt;60-Minute Session, Advanced&lt;br&gt;Seth C.W. Hayden&lt;br&gt;Increasing access of counselors to military personnel requires clinicians to be aware of issues common within this population. One emerging issue is military personnel who have suffered a traumatic brain injury. Career counseling offers a useful intervention to assist in their rehabilitation. This presentation will discuss a strength-based approach, which utilizes aspects of cognitive-behavioral therapy, to assist military personnel with traumatic brain injury in their rehabilitation. Focusing on the individual's abilities while honoring his or her limitations is an important aspect of this approach. This presentation will discuss these topics in detail actively involving the participants in the discussion. Handouts will be provided. APA CE Credit Available</td>
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<td>8:45 am–10:15 am</td>
<td><strong>AACE Sponsored Session</strong>&lt;br&gt;Program ID #299, Convention Center, Room 2002</td>
<td><strong>Decreasing Dropout and Increasing Outcomes: Evaluating the Effectiveness of Systematic Measurement for Counselors</strong>&lt;br&gt;90-Minute Session&lt;br&gt;Tara M. Hill, Philip Gnilka, Michelle Perepiczka&lt;br&gt;A growing empirical base shows that different theories and treatment modalities are equally effective, which suggests a common factors approach to counseling focusing more on outcome-based approaches. However, variability has been noted in the effectiveness of counselors and the working alliance. Recently, studies have demonstrated improvements in counselors’ effectiveness simply by obtaining systematic data on client progress and alliance. By measuring these two variables, counselors can increase their effectiveness in the number of clients who reach clinical change and reducing dropouts. With these findings, counselors should be aware of the instruments available to evaluate their effectiveness. Many assessment options will be reviewed. APA CE Credit Available</td>
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<td>8:45 am–10:15 am</td>
<td><strong>ASERVIC Sponsored Session</strong>&lt;br&gt;Program ID #300, Convention Center, Room 2003</td>
<td><strong>Joining Sexuality and Spirituality: Working with Clients</strong>&lt;br&gt;90-Minute Session&lt;br&gt;Leila Roach, Brigid Noonan, Judith A. Burnett&lt;br&gt;This interactive program will explore issues of sexuality and...</td>
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spirituality by examining the beliefs of three major religions. Questions such as “What do spirituality and faith have to do with sexuality?” and “What do our experiences as sexual beings mean for our understanding of faith and spirituality?” will be addressed. Participants will examine how counselors can assist clients in addressing shame and guilt in relationship to their own sexuality and spirituality.

8:45 am–10:15 am
CCA Sponsored Session
Wellness Academy
Program ID #301, Convention Center, Room 2004
Labels Are for Jars! From Hoarding to Foraging: Deconstructing and Reconstructing the DSM Code Through Metaphors
90-Minute Session, Advanced
Sally D. Gelardin, Nader Robert Shabahangi, Marilyn A. Harryman
Reframing DSM medical diagnoses in gentler, more positive, life-affirming ways, through the use of metaphors, can lead to improved quality of life for the diagnosed, their service providers, and loved ones. A most difficult task for older individuals can be to let go of material possessions, downsize, and adjust to a new environment. When the need to collect gets out of control, the medical profession diagnoses individuals who demonstrate these characteristics as “compulsive hoarders,” one of 365 mental disorders listed in the DSM. You will leave with a toolbox of life-affirming wellness activities to help move beyond medical diagnoses that can interfere with positive self-perception.

8:45 am–10:15 am
ACA Counseling in Action Demonstration Series
Child & Adolescent Counseling Academy
School Counseling Academy
Program ID #302, Convention Center, Room 2005
Threat Assessment of a Bully
90-Minute Session
Brian Van Brunt
This session will demonstrate a basic approach to threat assessment leaning on the presenter’s experience as a counselor for over 12 years. A student has been referred to counseling by the school principal, “to make sure we don’t have another Columbine on our hands.” The student continually harasses other students and most recently posted on Facebook, “I wish this place had less weirdos and freaks. We need plague to wipe them out.” The therapy session will include some basic rapport building, establishing a potential diagnosis, and will determine the nature of any threat the student may pose to others. This assessment will include determining the nature of the plan (organized or disorganized) and how linear and logical the student’s risk may be. The presenter will discuss and assess the direction focus and fixation and if there is an action or time imperative to the potential threat.

8:45 am–10:15 am
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID #303, Convention Center, Room 2006
Unlocking Client Creativity: Using Collage for Vocational Assessment
90-Minute Session
Lisa Severy
Using creative interventions such as collages is a fantastic way to engage clients, help clients get out of their heads and into the emotional side of career choice, take an active role in describing themselves and shaping their paths rather than comparing to norm groups, and help the counselor understand the client’s unique world-view. Whether used in groups or with individuals, watching clients create collages and then processing questions related to the collage can be more powerful and useful than using expensive, norm-referenced tests. This session will ask you to create a collage of your own, focusing on your own professional development, as an example of how powerful the intervention can be.

8:45 am–10:15 am
Program ID #304, Convention Center, Room 2007
Graduate Student Concerns: Finding Your Way Through Grad School and Beyond
90-Minute Session
Kristi B. Cannon, Diana C. Pitaru
Is your knowledge of theories and counseling skills enough to help you thrive and succeed during grad school and beyond? This presentation is designed for current and past graduate students and will provide essential information pertaining to CACREP, licensure exams, practicum and internship site selection, professional practice, continuing education, mentor selection, self-care, academic research, your future job search, and more. This interactive session will also give you the chance to learn and practice necessary networking skills, find answers to some of the most salient questions commonly asked by counseling students, and provide you with the opportunity to ask the questions that have, so far, gone unanswered.

8:45 am–10:15 am
College Counseling Academy
Human Development Across the Lifespan Academy
Program ID #305, Convention Center, Room 2008
Using Ethnic Identity Theory and Research To Promote Positive Development in Minorities of Color
90-Minute Session
Jean S. Phinney, Lynn A. Davies
Identity formation is a challenge for most youth and is complicated for young people of color who face additional ethnic exploration tasks. While those of European descent can take their ethnic identity for granted, people of color may be constrained or confused by it. This session on ethnic identity formation, theory, and research explores the developmental process by which ethnic minorities achieve an understanding
of the implications of their own and other ethnic groups and examines the relationship of ethnic identity to well-being and intergroup attitudes. In the session we apply theory and research on ethnic identity development to demonstrate ways to promote a positive transition to college among first-generation students of color.

8:45 am–10:15 am
*Counselor Education & Supervision Academy*
Program ID #306, Convention Center, Room 2009
**Clinical Supervision and the Transtheoretical Model: Integrating the Stages of Change into Counselor Supervision Models**
90-Minute Program, Advanced
*Elizabeth A. Conte, W. Matthew Shurts*
The purpose of this session is to discuss how the Transtheoretical Model of Change (TTM) can be implemented within existing supervision models in order to provide concrete interventions that can more specifically and descriptively promote and facilitate counselor professional development. In this interactive session, attendees will learn about the TTM blended model and have an opportunity to practice applying the model in supervision.

8:45 am–10:15 am
*Best Practices Academy*
Program ID #307, Convention Center, Room 2011
**This is Your Brain on Counseling: What Counselors Need To Know About Neuroscience and Brain Function**
90-Minute Session, Advanced
*Michael J. Walsh*
Ever wondered about why talk therapy works? Have you heard talk about neurotransmitters and wondered how they fit into the healing and growth process? How about the neuroscience behind the addiction process? Are you a counselor educator interested in the role of the brain in the learning of your students? This entertaining interactive and experiential session will introduce both counselors and counselor educators to the functional brain structures and processes behind some of the most commonly encountered clinical and educational situations. Participants will leave the session with an enhanced understanding of brain function as well as practical tips for using the brain’s native processes to further clinical and educational goals.

8:45 am–10:15 am
*Mental Health/Private Practice Academy*
Program ID #308, Convention Center, Room 2014
**The Loss of Normal Grief? The DSM-5 and Bereavement**
90-Minute Session
*Jesse Fox, K. Dayle Jones, Christopher Christmas, Dodie Limberg, Lamerial Jacobson*
The American Psychiatric Association (APA) has recently proposed to remove the exclusion criterion for Major Depressive Disorder (MDD) in cases of bereavement in the DSM-5. According to the current diagnosis criteria in the DSM-IV-TR, clients who experience the death of a loved one are not eligible for the diagnosis of MDD. This presentation explores the APA’s rationale for its controversial decision as well as the ethical and practical implications these changes will have for professional counselors.

8:45 am–10:15 am
*Trauma/Disaster Mental Health Academy*
Program ID #309, Convention Center, Room 2016
**Culture-Centered Perspectives on Disaster Response: India’s Community-Based Approach to Disaster Mental Health**
90-Minute Session
*Circie West-Olatunji, Sudha Nagarajan, Nancy Wiseman*
With the new CACREP standards that include a focus on disaster/crisis training, counselors seek knowledge about effective disaster counseling models. This session will delineate several disaster counseling models and provide detailed information about India’s psychosocial approach to disaster mental health. Participants can expect to acquire information about effective disaster counseling service delivery and specific ways in which India’s approach has implications for effective culture-centered disaster response program development and sustainability.

8:45 am–10:15 am
*Child & Adolescent Counseling Academy*
Program ID #310, Convention Center, Room 2018
**Secondary PTSD in Children of Soldiers Returning from Combat Duty: Strategies for Helping Professionals**
90-Minute Session
*Christine Rojas Cook, Andrea A. Slater-Williams, Lynn R. Harrison*
Secondary traumatization has been discovered among children of soldiers returning from combat duty zone deployments. Children may relive their parent’s war experiences or manifest symptoms similar to the veteran’s posttraumatic stress. When childhood trauma is not resolved, the sense of fear and helplessness can carry over into adulthood, setting the stage for further trauma. Although secondary traumatization does not represent every reaction children may have to parents with combat-related PTSD, it does offer some useful ways of understanding how symptoms might develop for these children. This presentation examines secondary PTSD and provides strategies to help minimize its effects among military dependant school-aged children.
8:45 am–10:15 am  
**Counseling Ethics & Legal Issues Academy**  
Program ID #311, Convention Center, Room 2020  
**Counselors in the Courtroom: Ethical and Legal Issues**  
90-Minute Session  
*Marilyn S. Snow, Ruth Ouzts Moore*  
This session will address the legal and ethical concerns of counselors in the courtroom. Specific emphasis will be placed on confidentiality and the counselor/client relationship, issues concerning HIPAA and FERPA, testimony as expert versus fact witness, and how to remain calm throughout the courtroom experience. There will be case examples to facilitate better understanding and opportunity for audience discussions.

8:45 am–10:15 am  
**Trauma/Disaster Mental Health Academy**  
**Rehabilitation Counseling & Disability Issues Academy**  
Program ID #312, Convention Center, Room 2022  
**Assessment and Treatment of Crisis in Families of Individuals with Autism Who Display Severely Destructive Behaviors**  
90-Minute Session  
*Allison O’Hara*  
During this interactive session, attendees will learn evaluation and intervention strategies for use with family members of patients with autism spectrum disorders (ASD) who are in crisis due to severe behavioral manifestation in the home. As rates of ASD steadily increase, counselors will undoubtedly see a rise in mental health services solicited by affected caregivers, siblings, and other close relatives. Severe behaviors such as aggression, self-injury, property destruction, and intense stereotypy can hinder basic family safety and result in major strain upon family resources. This presentation gives counselors useful tools to accurately categorize family problems and work collaboratively with members to address vital, unmet needs.

8:45 am–10:15 am  
**Mental Health/Private Practice Academy**  
**School Counseling Academy**  
Program ID #313, Convention Center, Room 2024  
**Preventing Suicide: Applying the Unconditional Suicide Assessment Treatment Tool with Bullying Victims**  
90-Minute Session  
*Jaime H. Castillo, Ennio Ammendola*  
Bullying and suicide are hot button issues that impact individuals worldwide. Though bullying is not the cause of every suicide, and suicide is not always the result of bullying, this session will investigate the cognitive and developmental effects that these victims do share—information that every counselor needs to know. Secondly, counselors will observe a video demonstration of a new clinical tool used to assess and treat individuals at risk of suicide, the “Unconditional Suicidality Assessment-Treatment.”  
Counselors will have the opportunity to discuss their experiences with bullying and suicide, as well as walk out with the ability to administer a new clinical tool.

8:45 am–10:15 am  
**Multicultural Counseling Academy**  
**Social Justice Academy**  
Program ID #314, Convention Center, Room 2012  
**Stand Up: Learning How To Fight Racism**  
90-Minute Session  
*Tina R. Paone, Krista M. Malott*  
Racism today exists in both overt and subtle forms, shaping institutional policies and practices, and affecting Whites and persons of color alike. The question is, as professionals and as individuals, how do we fight it? This experiential session, meant for individuals of all races, will provide you with self-growth and knowledge related to addressing this issue. Presenters will first identify what is and what is not racism—the answers may surprise you! Once established, attendees will learn how to address racism in ways that provoke less defensive reactions.

8:45 am–10:15 am  
**Counselor Education & Supervision Academy**  
Program ID #315, Convention Center, Room 2010  
**Salutogenisis in Supervision: Creating a Positive Supervisory Relationship Through Strength-Based Intervention.**  
90-Minute Session, Advanced  
*Debra Hyatt-Burkhart, Eric Owens*  
Over the past decade, we, as a profession, have seen the benefit of approaching treatment with our clients from a strength-based perspective. The movement away from a century of pathology-driven services has given us a new and successful methodology to the practice of clinical supervision. Included in the program is a brief review of the relevant literature, an overview of the primary construct, and interactive, “hands on” practice with the model. This session is designed to include significant audience participation and involvement and provide attendees with a new way of thinking and practicing clinical supervision.

8:45 am–10:15 am  
**Multicultural Counseling Academy**  
Program ID #316, Convention Center, Room 2001  
**Integrating Indigenous African Healing Modalities into the Clinical Practice**  
90-Minute Program  
*Ifeatoy Ojelade*  
Indigenous African healing modalities are growing in popularity within the United States among people of African descent. Such therapeutic interventions address mind/body/spirit connections and encourage familial/community bonds. This experiential session is designed to provide you with
strategies for understanding the conceptual framework of indigenous healing and ways in which one integrates its use into clinical practice.

8:45 am–10:15 am  
**Child & Adolescent Counseling Academy**  
**Couples & Family Counseling Academy**  
Program ID #317, Convention Center, Room 2000  
**Counseling Adoptive Families: Post-Adoption Treatment Services**  
90-Minute Session, Advanced  
Kyle N. Weir  
Adoptive families have unique counseling needs. Particularly, adoptive families with children with special needs, such as emotional, behavioral, and medical needs, may require counselors who have demonstrated competencies in post-adoption treatment services. This session will review key models of treatment from family therapy and play therapy models that are evidenced-based practices. Participants will also play games and activities during the session from a new, cutting-edge model that integrates family and play therapy. Come ready to play! APT CE Credit Available

8:45 am–10:15 am  
Program ID #318, Convention Center, Room 3020  
**Neuroscience and Counseling: Movement, Music, and the Miracle Question**  
90-Minute Session, Advanced  
Leslie Armeniox  
The field of neuroscience is a new force emerging in the fields of counseling and psychotherapy. Science has shown that experiences, thoughts, emotions, and behaviors change the structure of the brain, opening a door for extending our vibrancy and health. Dance, music, and art have been studied to provide evidence of the interaction between creative arts experiences, development, and the brain. This session will expand understanding of basic neuroscience; increase awareness of the ways that neurotransmitters and the brain are linked; and specifically apply creative arts to counseling/psychotherapy skills and interventions that complement an integral approach to mental health counseling.

8:45 am–10:15 am  
**Addictions Academy**  
**Mental Health/Private Practice Academy**  
Program ID #319, Convention Center, Room 3022  
**Alcohol Use Disorder: Clinical Case Evidence for the Continuity Hypothesis**  
90-Minute Session, Advanced  
Joanne Cohen Hamilton  
A proposed revision for *DSM-5* is Alcohol Use Disorder. The disorder combines alcohol abuse and dependence into one continuous category. Research and clinical evidence are provided that support this more fluid approach to diagnosis. Cases will show how number and severity of symptoms, rather than presence or absence of symptoms, contribute to making a diagnosis, and the Severity Indicator will be introduced as a key addition to making the diagnosis. Cravings, family history, and early onset will be discussed as especially strong predictors of severity according to multiple research studies. Facilitation and participant cases will be teamed to gain practice in the proposed model. APT CE Credit Available

8:45 am–10:15 am  
**Counselor Education & Supervision Academy**  
**Multicultural Counseling Academy**  
Program ID #320, Convention Center, Room 3024  
**Empathy Training: Where East Meets West**  
90-Minute Session, Advanced  
Shu-Chung Chen, Geoffrey G. Yager, Jeri L. Crowell, Robert A. Ross  
Empathy is one of the significant techniques in helping to build up a counseling relationship with clients. However, Asian counseling students struggle to learn the empathy technique from the very beginning of their counseling studies. This is due to their culture’s teaching them as they grew up. As a result, Asian counselees will likely need different approaches to learn empathy compared with their American counterparts. This proposal will focus on methods designed to help them, methods different than those used to train their American counterparts. APT CE Credit Available

10:30 am–11:30 am  
**AMCD Sponsored Session**  
**Counselor Education & Supervision Academy**  
**Multicultural Counseling Academy**  
Program ID #321, Convention Center, Room 2002  
**Examining the Experience: An Investigation of the Students’ Perceptions of Their Multicultural Training**  
60-Minute Session  
Daniel Gutierrez, Sylvester Butler, Mark Young  
While counselor educators are quite clear regarding the goals and objectives of multicultural competence, the degree to which multiculturalism is approached from a pedagogical standpoint varies. There are several instructional methods that are used to teach multicultural competence including experiential activities. The goal of such activities is to stimulate self-reflection and introspection surrounding this topic with the use of techniques such as role plays, activities, discussions, and immersion experiences. Although the goal of these exercises is to challenge students to examine their assumptions, values, and biases, this is not always well received by students, resulting in negative performance appraisals of multicultural classes. Moreover, there are limited studies that have investigated students’ perceptions of their multicultural training, specifically the experiential component of this class. Therefore, this study attempted to address this gap in the literature by soliciting students’ perspectives of experiential activities they participated in while enrolled in a multicultural class to assist in providing insight into effective pedagogy to educate students.
in multicultural competence. The results of the study will be discussed along with implications for future research.

**10:30 am–11:30 am**

*Child & Adolescent Counseling Academy*

*Trauma/Disaster Mental Health Academy*

Program ID #322, Convention Center, **Room 2003**

**Treating Adolescents with Posttraumatic Stress Disorder (PTSD) in a School-Based Setting**

60-Minute Session

Laura C. Strom

Children are particularly vulnerable to developing PTSD. Trauma exposure in childhood has been shown to interfere with a child’s cognitive, social, emotional, and self-esteem development. The Stanford Early Life Stress Program has developed Stanford Cue-Centered Therapy, a structured 15-session intervention for youth experiencing posttraumatic symptoms. The therapy is being done as ongoing research in schools located in low-socioeconomic/high-crime neighborhoods. This session will present an overview of a new ground-breaking community/school-based short-term treatment for traumatized youth.

**10:30 am–11:30 am**

*AMHCA Sponsored Session*

*Counselor Education & Supervision Academy*

Program ID #323, Convention Center, **Room 2004**

**Who Are We? Promoting the Clinical Mental Health Counselor Identity**

60-Minute Session

Sandra I. Lopez-Baez, Linda Barclay

A clinical mental health counselor (CMHC) is a specialist who has specific, identified clinical knowledge and clinical skills. The final, definitive statement describing the professional identity of clinical mental health counselors has not yet been fully articulated. This presentation will identify four recurring themes that have emerged over the evolution of the specialty. We will discuss the concept of mental health (including illness and health), the centrality of context and culture, the interdisciplinary research base, and the focus on the counselor as change agent. Participants will be invited to discuss the implications of CMHC professional identity in relation to education, supervised practice, and professional advocacy.

**10:30 am–11:30 am**

*Trauma/Disaster Mental Health Academy*

Program ID #324, Convention Center, **Room 2005**

**Counseling for Trauma: A Sandtray Approach**

60-Minute Session

Anita Williams, Heidi Ongobongan, Leah Hundley, Kendra Coffey, Sarah Thomson

During the 60-minute session, a PowerPoint mini-lecture will be presented. Research, theory, and key principles will be reviewed. The effectiveness of sandtray use in processing trauma will be highlighted. Sandtray therapy can be portable and used with clients in a variety of settings such as schools, hospitals, residential treatment facilities, agencies, and homes. Sandtray therapy provides a tangible opportunity for clients to create a variety of worlds and allows clients a way to resolve issues within the healing environment. Attendees will understand basic premises of sandtray therapy, understand the basic use of a portable sandtray, understand how trauma is manifested for the client using the sandtray, and experience a portable sandtray.
Social support has achieved national attention as a key component of the mental health recovery paradigm for persons with psychiatric disabilities. This session will disseminate results from a pilot study investigating the meaning of social support for adults with psychiatric disabilities using a focus group technique and grounded theory approach.

10:30 am–11:30 am
School Counseling Academy
Program ID #331, Convention Center, Room 2016
Mattering in the Middle: An Investigation of Middle School Students’ Mattering and Academic Success
60-Minute Session
Andrea L. Dixon
It is likely that if middle school students believe they matter to others in their schools, they will have greater academic success and commitment to their school experience. In this session the relationships among mattering at school and academic success are examined, using empirical data from a study with 587 middle school students. Results indicate that mattering is significantly correlated with students’ greater academic success and commitment and differs for students from varying ethnic groups and across genders. Implications for applying mattering in schools will be discussed for school counselors, teachers, parents, other professionals, and future research.

10:30 am–11:30 am
Child & Adolescent Counseling Academy
Military Counseling Academy
Program ID #332, Convention Center, Room 2018
A Framework for Promoting Thriving in Adolescents with Absentee (Deployed) Parents
60-Minute Session
Michael A. Williams, Matthew L. Lyons
Adolescents with absentee (deployed) parents make-up a significant, yet often ignored, subgroup that warrants considerably more attention in current research. Based upon research regarding the needs, challenges, and treatment of adolescents with incarcerated parents, we propose a conceptual model that incorporates the developmental assets as a framework to promote thriving in adolescents with absentee (deployed) parents. Originally developed to treat adolescents with incarcerated parents, the model focuses on utilizing a developmental assets framework within the context of the client’s ecology in order to establish a prime setting for maintaining and strengthening family relationships during the deployment and preparing for reunification.

10:30 am–11:30 am
Career Development/Employment Counseling Academy
Multicultural Counseling Academy
Program ID #333, Convention Center, Room 2020
Career Counselors: The Missing Link in the Retention Efforts of African American Men in College
60-Minute Session
Michael A. Williams, Matthew L. Lyons
This program will address a serious question: Can professional counselors expand their services to include career development in whatever settings they work? The presenter will share his extensive knowledge and experience to illustrate how counselors can initiate and promote career counseling in a wide range of settings and with individuals of all ages. Participants will be more knowledgeable and empowered to expand their counseling practices into a historically vital service to our profession.

10:30 am–11:30 am
Rehabilitation Counseling & Disability Issues Academy
Program ID #330, Convention Center, Room 2014
The Meaning of Social Support for Persons with Psychiatric Disabilities
60-Minute Session
Julie Chronister, Chih-Chin Chou, Kurt Silver, Elizabeth Short

There is confusion regarding how substance use disorders training fits into the scope of practice for professional counselors. Issues such as competing licenses, vague scopes of practice, and mixed messages when comparing professional counseling and addictions counseling regulations and scopes of practice leave trainees, professionals, and facility directors confused or misinformed about the role of professional counselors in working with substance use disorders. This session will combine specific suggested remedies with participant feedback of their own experiences to draft a plan of action for improving the licensure process and clarifying professional counselor identity.

10:30 am–11:30 am
International Advances in Marriage and Family Counseling
60-Minute Session
Brian S. Canfield
This presentation will provide an overview and update of current collaborative initiatives involving couples and families issues. The program will include time for discussion for sharing ideas and expanding international family counseling research and program development.

10:30 am–11:30 am
Couples & Family Counseling Academy
Program ID #328, Convention Center, Room 2009
Suggestions for Integrating Substance Use Disorders into the Professional Counselor Licensure Process
60-Minute Session, Advanced
Keith Morgen, Geri Miller, Jack Culbreth
There is confusion regarding how substance use disorders training fits into the scope of practice for professional counselors. Issues such as competing licenses, vague scopes of practice, and mixed messages when comparing professional counseling and addictions counseling regulations and scopes of practice leave trainees, professionals, and facility directors confused or misinformed about the role of professional counselors in working with substance use disorders. This session will combine specific suggested remedies with participant feedback of their own experiences to draft a plan of action for improving the licensure process and clarifying professional counselor identity.

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Counselor Education & Supervision Academy
Program ID #328, Convention Center, Room 2009
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Child & Adolescent Counseling Academy
Military Counseling Academy
Program ID #332, Convention Center, Room 2018
A Framework for Promoting Thriving in Adolescents with Absentee (Deployed) Parents
60-Minute Session
Michael A. Williams, Matthew L. Lyons
Adolescents with absentee (deployed) parents make-up a significant, yet often ignored, subgroup that warrants considerably more attention in current research. Based upon research regarding the needs, challenges, and treatment of adolescents with incarcerated parents, we propose a conceptual model that incorporates the developmental assets as a framework to promote thriving in adolescents with absentee (deployed) parents. Originally developed to treat adolescents with incarcerated parents, the model focuses on utilizing a developmental assets framework within the context of the client’s ecology in order to establish a prime setting for maintaining and strengthening family relationships during the deployment and preparing for reunification.

10:30 am–11:30 am
Career Development/Employment Counseling Academy
Multicultural Counseling Academy
Program ID #333, Convention Center, Room 2020
Career Counselors: The Missing Link in the Retention Efforts of African American Men in College
60-Minute Session
Michael A. Williams, Matthew L. Lyons
This program will address a serious question: Can professional counselors expand their services to include career development in whatever settings they work? The presenter will share his extensive knowledge and experience to illustrate how counselors can initiate and promote career counseling in a wide range of settings and with individuals of all ages. Participants will be more knowledgeable and empowered to expand their counseling practices into a historically vital service to our profession.
Raising Black Males: Current Research on Essential Ingredients to Healthy Outcomes in Black Male Development

60-Minute Session
Richard C. Henriksen, Mary Nichter

The presenters will lead a discussion on current research that focused on unearthing the mystery to healthy outcomes in Black male development. Six themes emerged from this phenomenological study that illuminate the essential ingredients to positive outcomes. Program participants will learn the significant role counselors can play in fostering flourishing environments for healthy development in Black males.

The Tug of War Child: Treating Parental Alienation Syndrome with Creative Counseling Techniques

60-Minute Program
Ruth Ouzts Moore, Laura R. Simpson

As high percentages of marriages in the U.S. end in divorce, many families need help navigating the journey from separation and divorce. Increasing numbers of children are participating in therapy, and sadly, parents often have hidden agendas and involve children in therapy to build a case against the opposed parent, especially during custody disputes. This session will educate participants about parental alienation syndrome and discuss techniques that can be used to establish a strong therapeutic connection and break through the child’s emotional walls to facilitate emotional expression. A variety of creative counseling techniques will be presented, which are easily adaptable for use in individual, group, or family therapy.

Cultural Competence: An Examination of the Acquisition Processes, Challenges, and Triumphs of Counselor Education Grad Students

60-Minute Program
Douglas L. Garner, Dale Elizabeth Pehrson, William E. Cross

Although current research has effectively isolated and identified the critical characteristics of culturally competent counselors, there are few studies on the acquisition of such key characteristics. Research regarding experiences and factors that lead to successful development of culturally competent counselors is needed. This research contributes to the knowledge and understanding by helping to close the gap between theory and practice by capturing the way counselor education graduate students narrate the emergence and acquisition of cultural competence. Narrative information was gleaned regarding students’ attitudes, skill sets, instruction, and counseling practices that predict successful acquisition of cultural competence.

Syndrome with Creative Counseling Techniques

60-Minute Program
Ruth Ouzts Moore, Laura R. Simpson

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based focused model will be explained, demonstrated, and practiced during this presentation. Attendees will have a comprehensive understanding of the justification, implementation procedures, and expected outcomes of this effective trauma/PTSD counseling model. Supervision in addition to clinical applications will also be explored.

10:30 am–11:30 am
Trauma/Disaster Mental Health Academy
Program ID #340, Convention Center, Room 3020
The World of the Child Victim of Sexual Abuse: A Thematic Analysis of Trauma Narratives
60-Minute Session, Advanced
Jennifer M. Foster
This presentation focuses on children’s perceptions of their sexual abuse that were recorded in trauma narratives during a counseling intervention. The qualitative analysis of the narratives uncovered children’s thoughts, feelings, and beliefs about their abuse and the recovery process. Implications for child sexual abuse treatment and prevention initiatives will be shared and recommendations for training current and future counselors to work with child victims will be made.

10:30 am–11:30 am
ASGW Sponsored Session
Program ID #341, Convention Center, Room 3022
Beyond Words: Integrating Creativity and Mindfulness into Group Work
60-Minute Session, Advanced
Ana Puig, Adrienne Baggs, Kacy Mixon, Isabel A. Thompson
This presentation will focus on the integration of creativity and mindfulness into group work. We will provide participants with tools to engage group members in these practices. The educational content emerged from research and practice literature and presenters’ experiences using creative arts and mindfulness in group contexts. We will explore research that outlines the benefits of both practices and lead participants in a group experience that allows for the exploration of creative expression and mindfulness to enhance general well-being and self-awareness. Finally, we will address ethical integration of creativity and mindfulness meditation in a multicultural and the Internet. The clinical assessment process and the appropriate treatment strategies for each of the above mentioned behavioral addictions will be discussed.

10:30 am–11:30 am
CCA Sponsored Session
Counselor Education & Supervision Academy
Multicultural Counseling Academy
Program ID #342, Convention Center, Room 3024
Complexities of Identity in Multicultural Counseling Training: Challenges for Trainers and Trainees
60-Minute Session, Advanced
Rebecca L. Toporek, Muninder Kaur Ahluwalia
This session focuses on the complexities of multiple dimensions of identity and the influence on counselor training. This session explores trainer and trainee experiences related to cultural identity, ecological context, and counseling. Gender, ethnicity, social class, sexual orientation, disability, and other aspects of identity influence the way we interact with one another inside and outside the classroom and counseling. This session addresses these dynamics and engages participants in an examination of this within a social justice framework. APA CE Credit Available

11:45 am–1:15 pm
Wellness Academy
Program ID #345, Convention Center, Room 3004
College Wellness: A Relationship-Building Approach That Energizes and Educates Students and Impacts the Whole Campus
Chris J. Tuell
A behavioral addiction is the habitual drive to continue an action even to the detriment of health and happiness. Individuals with behavioral addictions continue to repeat actions that are harmful to their bodies or to the happiness of those around them, often losing relationships, jobs, and health in the process. This presentation will focus on several destructive behavioral addictions: sex, gambling, shopping, and the Internet. The clinical assessment process and the appropriate treatment strategies for each of the above mentioned behavioral addictions will be discussed.
11:45 am–1:15 pm
ACA Counseling in Action Demonstration Series
Counselor Education & Supervision Academy
Program ID #346, Convention Center, Room 2005
Graduate Student Remediation: When, Who, and Why To Conduct Remediation with Graduate Students
90-Minute Session
Mary-Jeanne (MJ) Raleigh
Presenting the case of a graduate student in a clinical community mental health program who is meeting with his university internship supervisor, we will explore intervention techniques and remediation strategies that support both the standards of the field and the personal growth of the student. Working with a graduate student who is struggling in academic and/or professional performance can be a challenge as we attempt to maintain the student’s academic experience while protecting the client from poor therapeutic practice. The demonstration will outline how to create a remediation strategy that preserves these goals. This interaction also will explore the point in which redirection to a different level of study or removal from the program becomes necessary.

11:45 am–1:15 pm
Child & Adolescent Counseling Academy
Trauma/Disaster Mental Health Academy
Program ID #347, Convention Center, Room 2006
With Crisis Comes Opportunity: Counseling Children and Adolescents in the Aftermath of a Disaster
90-Minute Session, Advanced
Gail K. Roaten, M. Elsa Soto Leggett
The Chinese word konjii represents both danger and opportunity. This presentation will focus on the opportunity that exists for counseling children and adolescents who are experiencing a crisis, have experienced a crisis, or have observed a crisis. Symptoms of stress in children and teens will be identified. Proactive prevention programs will be introduced as will research-based interventions. Participants will be actively engaged through small and large group discussion, experiential exercises, and application to case scenarios. Handouts will be provided.

11:45 am–1:15 pm
LGBTQ Academy
Social Justice Academy
Program ID #349, Convention Center, Room 2008
Hate on the Rise: Examining the Global Increase of Anti-Gay Violence and Its Impact on the LGBT Community
90-Minute Session
Samuel Sanabria
There have been global improvements in gay rights in recent years; however, as we move toward gay equality in this and other developed countries, we are seeing an increase in the amount of anti-gay violence. At this time 76 countries criminalize homosexuality and 7 countries have death penalties for adults who engage in consensual sexual acts with a same-sex partner. This has a profound effect on the gay community since there is a correlation between changes in anti-gay laws and the amount of anti-gay violence. At this time 76 countries other developed countries, we are seeing an increase in the amount of anti-gay violence. At this time 76 countries other developed countries, we are seeing an increase in the amount of anti-gay violence. At this time 76 countries other developed countries, we are seeing an increase in the amount of anti-gay violence. At this time 76 countries other developed countries, we are seeing an increase in the amount of anti-gay violence. This presentation will focus on raising awareness of the current state of global gay violence and addressing how we as individuals and as a profession can work toward its end.
90-Minute Session  
*Tracy L. Jackson, Tim Grothaus*
This session features a successful, field-tested format to build an effective program to train and supervise school counseling site supervisors of school counseling students. The program was created by a school district coordinator of school counseling and two counselor educators and field tested in a large suburban school district with all levels of school counselors. After a succinct synopsis of the research indicating both the benefits of supervision and the lack of training for school counseling supervisors, an overview and demonstrations of the processes used will be offered. Participants will leave with ready-to-use strategies, resources, and skills needed to successfully supervise or train school counseling site supervisors.

11:45 am–1:15 pm  
**Disaster Mental Health and the Tragedy in Tucson**  
*Chad Mosher, Victoria Steele, Tonya Thompson*
On January 8, 2011, mass violence ensued in Tucson, Arizona, resulting in death and critical injuries. Counselors and counselor educators responded to the needs of the community with various interventions and modalities, from crisis counseling to advocacy. Counselor educators grappled with difficult dialogues with counseling students. Through the struggle with the tragedy in Tucson, the community as a whole responded with hope, growth, resilience, and kindness. The purpose of this presentation is to outline the multisystemic, multimodal interventions and to create dialogue about the role of counselor educators in the wake of public tragedy, specifically the assumption that nonviolence is at the core of the counseling profession.
uncreated through specific techniques, negative feelings, beliefs, and disturbing image content are released. This can result in a spontaneous disintegration of negative mental content with clients reporting increases in energy levels and enhanced well-being. Both positive and negative techniques are presented, all in an experiential format.

11:45 am–1:15 pm
Trauma/Disaster Mental Health Academy
Program ID #356, Convention Center, Room 2022
Earthquakes and Tremors, When the Earth Shakes: Lessons Learned from the Chilean Experience Through Research and Practice
90-Minute Session, Advanced
L. Angelo Gomez
Shortly after the earthquake in Haiti, Chile suffered one of its strongest recorded earthquakes devastating one third of the country. Moreover, recently an earthquake led to the explosion of two nuclear plants in Japan. Altogether, these events showed the devastating power that earthquakes can have. Earthquakes are relevant to the U.S., because this type of disaster represents a possible threat anywhere along the West coast of the U.S. Thus, this presentation, done by counselors from Chile in collaboration with mental health professionals from a Chilean university, provides informative and helpful findings of the psychosocial consequences of an earthquake through a multicultural and bilingual perspective to enhance international collaboration.

11:45 am–1:15 pm
Counselor Education & Supervision Academy
Program ID #357, Convention Center, Room 2024
Humanistic Perspectives on Contemporary Issues in Counseling, Counselor Education, and Supervision
90-Minute Session, Advanced
Mark B. Scholl, Andrew Scott McGowan
Humanistic practices and approaches to counseling and counselor education may be understood as those that highlight relating to people in respectful and growth-producing ways. Leading humanistic practitioners were asked to contribute their expertise and recommendations for addressing contemporary counseling issues. Some of the issues examined included treating substance abuse, couples counseling, healing trauma, and humanistically incorporating technology into counselor education. This program highlights the humanistic principles that are integral to current effective approaches (e.g., MI, Gottman’s Couples Approach, AEDP) and discusses recommendations for humanistically working with exceptional cases (e.g., severe mental illness).

11:45 am–1:15 pm
Career Development/Employment Counseling Academy
Program ID #358, Convention Center, Room 2012
Essential Career Well-Being: Strengths, Relationships, and Passions
90-Minute Session, Advanced
Pamela E. Brott
The career counseling professional can use “career as story” for boosting client career well-being (Rath & Harter, 2010). The presenter will demonstrate techniques and tools to narrate the client story using strengths, enhancing relationships, and sharing passions. Help your clients turn dreams into a career well-being life story.

11:45 am–1:15 pm
Addictions Academy
Multicultural Counseling Academy
Program ID #359, Convention Center, Room 2010
Wanting To Be Heard: African American Women and the Value of Storytelling in Substance Abuse Treatment
90-Minute Program, Advanced
Kathryn Newton
This session is intended to enhance the cultural awareness and clinical efficacy of substance abuse treatment professionals working with African American women who have been mandated to treatment. Findings from a qualitative study with this population suggest that personal storytelling may support the therapeutic relationship and treatment efforts. The presenter will integrate clinical experience and research findings to suggest more culturally sensitive approaches including narrative and testimony therapy.

11:45 am–1:15 pm
LGBTQ Academy
Program ID #360, Convention Center, Room 2001
Affirmative Counseling for Sexual and Gender Minority Clients: Connecting Counseling Theories and Techniques
90-Minute Session, Advanced
Tara M. Hill, Amber Lange, Kerrie R. Fineran
Counseling sexual and gender minorities can be challenging for a counselor with limited knowledge on affirmative therapy and appropriate counseling interventions to address unique client needs. This advanced presentation will provide counselors with an overview of affirmative therapy and specific techniques that are useful for working with sexual and gender minority clients from seven different counseling theories. Best practices for working with adult sexual and gender minority clients and several relevant ethical issues such as counselor competency and the damaging effects of sexual orientation change efforts will be addressed.

11:45 am–1:15 pm
Mental Health/Private Practice Academy
Program ID #361, Convention Center, Room 2000
The Importance of Professional Identity in the Use of Social Media
90-Minute Program
**Sunday**

**[Education Sessions]**

**11:45 am–1:15 pm**

*Child & Adolescent Counseling Academy*

**Program ID #362, Convention Center, Room 3020**

**The Black Dog, Puff the Dragon and Other Sordid Tells of Adolescents: Effectively Treating Adolescent Comorbidity**

*90-Minute Session, Advanced*

**James K. Matta, Monica L. Monismith, Alexandria M. Jones, Lisa Myers**

This session provides the research findings of the Fluoxetine for Major Depressive Disorders/Cannabis Disorder in Young People. This study has the distinction of being one of the first large-scale, double-blind, placebo-controlled study designed to determine the effectiveness of antidepressant (SSRI) versus placebo on adolescents and young adults with comorbid alcohol use disorder and major depression. This treatment intervention study combined pharmacotherapy and psychotherapy. What is suggested from this investigation is that until more definitive studies can be conducted, the integrated psychotherapy intervention used should be considered the first-line treatment when working with this segment of the population. The presenters want to recognize the principal investigator, Dr. Jack Cornelius, for his contributions.

**11:45 am–1:15 pm**

*Trauma/Disaster Mental Health Academy*

**Program ID #363, Convention Center, Room 3022**

**Advanced Neurocounseling Strategies for Healing Trauma and Stressor-Related Disorders**

*90-Minute Session, Advanced*

**Jason H. King, Steven M. Demille**

The 2009 CACREP standards require counselor training in biopsychosocial assessment, neurobiological behavior, and the impact of trauma-causing events on clients of all ages. This session will introduce counselors to a model of clinical application that integrates professional counseling with interpersonal neurobiology to facilitate client growth and development. *APA CE Credit Available*

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**Meet ACA’s Best-Selling Authors at Content Sessions on Their New Books**

**The Counselor and the Law: Avoiding the “Dirty Dozen” Legal and Ethics Traps**

*Anne Marie “Nancy” Wheeler and Burt Bertram*  
Program ID #111

**Techniques to Help Challenging Youth Make Positive Life Changes**

*John Sommers-Flanagan*  
Program ID #133

**Creating Your Professional Path: Lessons From My Journey**

*Gerald Corey*  
Program ID #155

**Working With LGBT Persons and Their Families**

*Sari H. Dworkin and Mark Pope*  
Program ID #177

**Clinical Supervision in the Helping Professions**

*Norman C. Gysbers and Patricia Henderson*  
Program ID #199

**Perspectives on Comprehensive School Guidance and Counseling Programs**

*Samantha Z. Gladding*  
Program ID #221

**The Creative Arts in Counseling**

*Samuel Gladding*  
Program ID #243

**Cyberbullying: What Can We Do?**

*Sheri Bauman*  
Program ID #265

Moscone West Convention Center, Room 2016
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The Master of Science in Counseling program in Clinical Mental Health Counseling (Phoenix and Tucson Arizona campuses) and the Master of Science in Counseling program in Mental Health Counseling (Utah campuses) are accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) participant. In order to practice as a counselor in any state, you must be licensed as an LPC (Licensed Professional Counselor), MFT (Marriage and Family Therapist), or other comparable state license designation. Licensure requirements may vary by state. It is your responsibility to ascertain and meet licensure requirements in any state in which you desire to practice. University of Phoenix is accredited by the Higher Learning Commission and is a member of the North Central Association (ncahlc.org). The University’s Central Administration is located at 1625 W. Fountainhead Parkway, Tempe, AZ 85282.

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30-Minute Project/Research Poster Sessions are designed to convey research findings and/or novel approaches to issues in a poster format. Through an interactive style you are encouraged to stop by and visit with as many of the presenters of the sessions as you would like and engage in interactive dialogue.

All Poster Sessions are located in the Convention Center Exhibit Hall, and they do not offer continuing education credits.

**FRIDAY • MARCH 23**

**10:30 am–11:00 am**
CCA Sponsored Session
Program ID #500, Convention Center, Poster Area 1
**Best Practices for College Counseling: Is There Money for College and Where Do I Get It?**
30-Minute Project/Research Poster Session
Emerald Templeton, Dianna M. Wheaton
Discover the best practices in college counseling and the available funding resources.

**10:30 am–11:00 am**
ARCA Sponsored Session
Program ID #501, Convention Center, Poster Area 2
**Adolescents and Adults with Autism Spectrum Disorders**
30-Minute Project/Research Poster Session
Jamie Schutte
Verbal adolescents and adults with autism spectrum disorders (ASDs) have unique functional limitations and diagnostic issues. The Autism Diagnostic Observation Schedule (ADOS) will be demonstrated, with a focus on the potential of tele-assessment. Practical ideas for social and cognitive interventions to support clients’ educational and vocational goals will be presented.

**10:30 am–11:00 am**
Program ID #502, Convention Center, Poster Area 3
**Substance Abuse: Returning Veterans’ Dilemma**
30-Minute Project/Research Poster Session
Sujata Mirchandani
The veterans of Operation Enduring Freedom (OEF; Afghanistan) and Operation Iraqi Freedom (OIF; Iraq) wars cope with the emotional and psychological wounds of deployment by self-medication with an excessive use of alcohol and/or drugs. Stigma, shame, fear of losing credibility, rank, family, and friends prevent them from seeking treatment. Further, those who seek treatment have a high dropout rate. Counselors can advocate for better services and increase the efficacy of their counseling of veterans. In order to fill the lacuna, they need to be cognizant of the magnitude of the problem and the factors that predispose veterans toward substance abuse and information about specific counseling interventions effective with these clients.

**10:30 am–11:00 am**
Chi Sigma Iota Sponsored Session
Program ID #504, Convention Center, Poster Area 5
**Service at Home and Abroad: Leveraging Our Resources**
30-Minute Project/Research Poster Session
William Walden, Melissa M. Griffey, Monique N. Mercado, Stephanie Ramirez
The presenters will describe how their chapter used its members’ personal discounts, military-related privileges, and connections with local businesses to obtain more resources the chapter used for local and international service. The chapter took advantage of situations, such as student and faculty travel abroad and university-sponsored events, to expand its sphere and quality of outreach. The presenters will describe the chapter’s service projects and how leveraging member resources enabled the chapter to maximize service.

**Poster Session Descriptions**

30-Minute Project/Research Poster Sessions are designed to convey research findings and/or novel approaches to issues in a poster format. Through an interactive style you are encouraged to stop by and visit with as many of the presenters of the sessions as you would like and engage in interactive dialogue.

All Poster Sessions are located in the Convention Center Exhibit Hall, and they do not offer continuing education credits.
10:30 am–11:00 am
Program ID #505, Convention Center, Poster Area 6
**Beyond Behavior: Exploring Implications of the “Invisibility Syndrome” on African American Preschoolers in Urban Settings**
30-Minute Project/Research Poster Session
Anna Flores Locke
How can we begin to address disparities and give African American children, especially those with disruptive behavior disorders, a fair chance to succeed? One option is to provide culturally effective counseling methods that decrease problem behaviors so they can relate to others in a positive way and build strong relationships. The presenter will provide a new lens through which to view the African American child by moving beyond behavior and exploring implications of the “Invisibility Syndrome” on the child’s development of disruptive behavior disorders. The presenter hopes to encourage participants to rethink the use of traditional counseling approaches and make the necessary accommodations to help these children succeed.

10:30 am–11:00 am
Program ID #506, Convention Center, Poster Area 7
**Boys in Peril: Examining Latino Boys’ Educational Pathways and Motivation Toward Post-Secondary Education**
30-Minute Project/Research Poster Session, Advanced
Mary Ann Clark, Jason Orrock
The U.S. Latino population grew 43 percent in the past decade, representing more than half of the country’s population growth; its share of the population has increased from 13 to 16 percent, to over 50.5 million in 2010. There has been an increasing achievement gap in the U.S. based on gender and race/ethnicity with regard to high school graduation and dropout rates, as well as college enrollment and retention. In the U.S., Latino males have the lowest high school graduation rates as well as lowest college enrollment and completion rates of any subgroup. This research project sought to identify barriers, resources, and perceptions of K–16 educators in order to make recommendations to move forward to support Latino males in their educational attainment.

10:30 am–11:00 am
Program ID #507, Convention Center, Poster Area 8
**A Wellness Group Supervision Intervention To Promote Self-Care Among Supervisees**
30-Minute Project/Research Poster Session
Jonathan H. Ohrt
The purpose of this program is to present a group supervision intervention that assists supervisees in developing a wellness lifestyle within their clinical practice. Specifically, participants will learn strategies to educate supervisees about wellness models, and ways to assist them in identifying stress, assessing their level of self-care, collaboratively brainstorming wellness strategies, and interactively developing wellness goals. Methods of evaluating the intervention as well as implications for supervisors and researchers will be discussed.

10:30 am–11:00 am
Program ID #508, Convention Center, Poster Area 9
**A Content Analysis of State Ethical and Legal Codes Regarding Online Counseling: Implications for Mental Health Professionals**
30-Minute Project/Research Poster Session
Shane Haberstroh, Nina Foster
Online counseling is increasing in popularity and some counselors provide online interventions via email, live chat, or video conferencing. This session provides an in-depth content analysis of ethical and legal codes for professional counseling. Additionally, an overview of the national ethical code’s sections related to online counseling for mental health professions will be provided. Taken together, this information can be used to provide recommendations for ethical and legal practice of online counseling. Participants will gain insight into the language used to describe online counseling within legal and ethical documents.

10:30 am–11:00 am
Program ID #509, Convention Center, Poster Area 10
**Learning Cognitive-Behavioral Therapy: Counselors-in-Training’ Reflections on Applying CBT for the First Time**
30-Minute Project/Research Poster Session
Tristan Schneider, Stacey Graves
Evidence-based practices are becoming increasingly important in counselor training. This presentation, based on a small, qualitative research inquiry, articulates the benefits, challenges, and recommendations of counselors-in-training who participated in an evidence-based counseling course. Specifically, counseling students reflect on their experiences implementing cognitive-behavioral theory and techniques with adolescent clients. Recommendations for how counselor educators can address the challenges experienced by graduate students learning cognitive-behavioral therapy for the first time will be highlighted.

10:30 am–11:00 am
Program ID #510, Convention Center, Poster Area 11
**Suicide and Substance Abuse in Veterans: Examining the Connection Through Literature Review**
30-Minute Project/Research Poster Session
Julie Bates
Nearly 1/3 of Army suicides between 2003 and 2009, and 45 percent of unsuccessful attempts, involved drugs or alcohol. Veteran-specific risk factors for suicide often overlap with risk factors for substance use disorders. In order to effectively identify and assess risk, counselors must be aware of the overlaps. In order to facilitate accurate treatment planning, distinctions must be made between levels and sources of risk. This presentation will review these risk factors, treatment considerations, and an overview of military culture and its potential impact on treatment.
10:30 am–11:00 am
Program ID #511, Convention Center, Poster Area 12
A Review of 25 Years of Research on the Mental Health Issues and Treatment of the Hmong Americans
30-Minute Project/Research Poster Session
Song E. Lee
This presentation will include a review of 25 years of research on the Hmong and their mental health issues. Results will include common mental health issues, treatment effectiveness, and trends in research relevant to the Hmong. The presentation will also include ideas on how to modify and use Western interventions effectively with the Hmong.

10:30 am–11:00 am
Program ID #512, Convention Center, Poster Area 13
Recruitment and Training for Academia: A Model for Improving Access for Professionals with Disabilities
30-Minute Project/Research Poster Session
Susan Stuntzner, Sachin Jain
Rehabilitation counseling is a profession whose mission is often focused on the training and employment needs of persons with disability. Yet, as a person’s education level increases, fewer professionals with disabilities emerge into leadership positions such as administration and academia. Therefore, the availability of professionals with disability in higher-profile positions to mentor other interested professionals with disability seems to be minimal. This presentation will be a summation of literature findings to determine barriers in mentorship and promotion and to create solutions to improve access and mentorship.

10:30 am–11:00 am
Program ID #513, Convention Center, Poster Area 14
Utilizing Mindfulness To Enhance Therapeutic Relationships with Women
30-Minute Project/Research Poster Session
Nivischi Ngozi Edwards, Karla R. Lawrence
Over the past 30 years there has been an increase in the number of published studies on mindfulness. The history of mindfulness dates back to eastern religions of Buddhism and Taoism. The simple meaning of mindfulness is “remembering to be aware,” whether it be during meditation or while doing anything, anywhere, anytime. In this presentation, the audience will walk away with a clear understanding of mindfulness practice and an awareness of the advantage of applying mindfulness practice with the female population.

10:30 am–11:00 am
Program ID #514, Convention Center, Poster Area 15
Women, Sexuality, and Disability: A Focus Group Study
30-Minute Project/Research Poster Session
Mya Vaughn, Kurt Silver, Renee Ashbaugh
This presentation discusses results from focus groups with women with physical disabilities regarding their sexuality and sexual concerns. Focus groups are being used to help women explore and discuss sexual feelings, sexual experiences, and sexual concerns regarding their disability. The safe environment encourages women to share feelings, emotions, and concerns that they have not been able to share with others for various reasons. The study is also determining if there are differences among age groups, sexual orientation, and impact of disability on sexuality. The presentation will provide recommendations to inform rehabilitation counseling education, research, and practice.

10:30 am–11:00 am
Program ID #515, Convention Center, Poster Area 16
Remaining Humanistic in a Virtual World: Does Online Learning Inhibit Self-Reflection in Counseling Training Programs?
30-Minute Project/Research Poster Session
Elizabeth Ventura
In counseling graduate programs, self-reflection is often encouraged through coursework, field experience, and interactions with faculty and peers. Given the prevalence of online learning in counseling graduate programs, presenters interactively discuss research that examined whether online learning is a help, hindrance, or neutral factor to the development of self-reflection. Given that no prior literature exists that illuminates the online learning experiences of counselors-in-training—even though many counseling programs utilize this medium—this research elucidates areas for creative curricular reform that can ultimately improve the profession.

11:30 am–12:00 pm
AACE Sponsored Session
Program ID #516, Convention Center, Poster Area 1
Free Informal and Formal Assessments for Use in Assisting Positive Career Development in Children and Adolescents
30-Minute Project/Research Poster Session
Chris Wood
This poster session will introduce free formal and informal assessments that can be used with children and adolescents (such as the Childhood Career Development Scale, Career Maturity Inventory, Career Development Inventory, Career Style Interview—High School Form, Card Sorts. Attendees will be given resources to access the assessments and information on competencies for users of assessments as well as references for professional guides to help select career assessments. Counselors will learn how they can help vulnerable and traditionally marginalized populations of children and adolescents benefit from using career assessment instruments.

11:30 am–12:00 pm
AMHCA Sponsored Session
Program ID #517, Convention Center, Poster Area 2
Mental Health and Acculturation of Bosnian Refugees: Research Outcomes
30-Minute Project/Research Poster Session
Azra Karagic Siwiec
While one million of Bosnians became refugees around the world due to the Bosnian ethnic cleansing war, approximately 200,000 refugees resettled to the U.S. and thus started to experience stresses of acculturation (Weine, 1999). This presentation will discuss the outcome of a study investigating mental health and acculturation of Bosnian refugees living in the U.S. It will provide attendees with ways to conceptualize acculturative issues the refugees may have in counseling and how acculturation impacts their mental health. Also, acculturative strategies to improve mental health of refugees will be offered.

11:30 am–12:00 pm
ASGW Sponsored Session
Program ID #518, Convention Center, Poster Area 3
Voices of the Students at an Alternative Learning High School: Conducting Focus Groups Following the Career Mentorship Pilot Program
Tina M. Livingston-Sacin, Jessica Backowski
Alternative learning schools have been growing in number throughout the United States in recent years as an approach to preventing at-risk students from dropping out and as a way of helping students who have fallen behind academically. In traditional schools today, it is expected that students receive some form of career guidance. National standards have been developed to help students explore their interests and options following graduation. There is very limited amount of literature about the benefits of career counseling and mentorship for alternative learning students. However, it may be an important aspect to student success in these programs. The presenters will discuss the results of focus groups conducted with students participating in the career mentorship program. This program is based on a 3-year pilot study of community counseling graduate students providing career mentorship through placement in an alternative learning high school during their career counseling course. Presenters will disseminate the results of focus groups done with the ALC students, career counseling graduate students, and faculty and counseling staff at the alternative learning high school. The presenters will provide attendees with the results of the focus groups and group counseling syllabi.

11:30 am–12:00 pm
ASERVIC Sponsored Session
Program ID #519, Convention Center, Poster Area 4
Spiritual Competency Scale: A Measure of Spiritual Competency for Counselors
Carman Gill, Allison Sanders
In an effort to provide clarity, direction, and detail toward the proficient practice of spiritual and religion integration, the Association for Spiritual, Ethical and Religious Values in Counseling developed spiritual competencies to help counselors better understand what it means to be “spiritually competent.” However, research regarding spiritual and religious pedagogy demonstrates a considerable deficiency in counselor training (Robertson, 2011). This poster session provides an explanation and psychometric evidence of an empirically based scale that measures deficiencies in spiritual competence as well as skills that need to be addressed to improve a counselor’s abilities to integrate these issues into counseling.

11:30 am–12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #520, Convention Center, Poster Area 5
An Intentional Approach to the Recruitment of New Leaders
Edward Wahesh, Laura Shannonhouse, Nicole Adamson
Chi Sigma Iota places priority on developing leaders for the counseling profession. The varied approaches of three chapter presidents toward implementing the principals and practices of leadership excellence to the recruitment of chapter leadership are provided. Particular attention will be paid to developing individual personalized goals, identifying chapter leadership positions that fit their desired outcomes, encouraging and empowering others, and understanding the organization’s history, mission, and commitment to excellence to address future needs.

11:30 am–12:00 pm
IAMFC Sponsored Session
Program ID #521, Convention Center, Poster Area 6
Play Therapy and Parenting: Helping Parents Gain from the Process
Kenisha Gordon
Past play therapy research primarily focused on aspects of the child’s treatment. Current research is beginning to investigate parental experiences of the play therapy process. This presentation will highlight the needs of parents involved in the process of play therapy. Attendees will also learn various strategies to strengthen the parental dynamic of the parent-child relationship.

11:30 am–12:00 pm
IAAOC Sponsored Session
Program ID #522, Convention Center, Poster Area 7
Faith as Helpful and Harmful: The Complex Connection Between Religion, Spirituality, and Disordered Eating
Juleen K. Buser
Clients who struggle with process addictions, such as eating disorders, may also hold a range of spiritual or religious beliefs. This presentation will discuss literature on the intricate relationship between spirituality, religion, and clinical and subclinical eating disorders. Faith may be either a help or a hindrance in relation to disordered eating. For example, authors have suggested that clients may use religion to justify their anorexia, and researchers have found that individuals may...
be less prone to engage in binge eating due to beliefs about the sacredness of the body. Attendees will also gain practical suggestions for ways in which counselors can work with clients for whom the connection between disordered eating and faith beliefs is salient.

11:30 am–12:00 pm  
**NCDA Sponsored Session**  
Program ID #523, Convention Center, **Poster Area 8**  
**Creative Approaches and Strategies for Teaching Career Counseling**  
30-Minute Project/Research Poster Session  
**Kara P. Ieva**  
This poster session will show the integration between mental health counseling and career counseling, which is timely based on today’s workplace and workforce dilemmas. The session will provide innovative approaches to teaching career counseling. The presenters will share successes in making career counseling one of the most popular courses in the counseling curriculum.

11:30 am–12:00 pm  
**Program ID #524, Convention Center, Poster Area 9**  
**Yours, Mine, and Ours: Benefits and Challenges of Training Counselors in an Interdisciplinary Setting**  
30-Minute Project/Research Poster Session  
**Danielle LaSure-Bryant, Beverly Sargent**  
The sudden onset of adulthood aphasia, a communication disorder, presents special challenges to the diagnosed individual and the familial caregivers. Aphasia can result from traumatic brain injury, brain tumor, dementia, or stroke. This session will highlight an interdisciplinary clinical training program whereby pastoral counseling students and speech–pathology students provide therapeutic services for aphasia caregivers. Counselors will gain an understanding of the psychological, social, and spiritual issues facing aphasia caregivers. This session aims to provide counselors with a working knowledge and demonstration of the various forms of aphasia. Strategies for working within an interdisciplinary setting will be presented as well.

11:30 am–12:00 pm  
Program ID #525, Convention Center, **Poster Area 10**  
**Group Leadership Development Through an Experiential Group: A Qualitative Study**  
30-Minute Project/Research Poster Session, Advanced  
**Kara P. Ieva**  
The qualitative inquiry describes the experiences of 78 counselors-in-training who participated in experiential psychoeducational groups of various topic areas as an adjunct to their group counseling course. Come hear how counselors-in-training perceive being members of this specific group and how it affected group leadership development. Implications for educating counselors-in-training will be provided based on the clinical and academic experiences reported by the students, as well as directions for future research.

11:30 am–12:00 pm  
Program ID #526, Convention Center, **Poster Area 11**  
**Becoming an Ally in Support of Social Justice**  
30-Minute Project/Research Poster Session  
**Matthew A. Branfield, Maiko Xiong**  
Attendees will learn about current research related to counselor comfort and competence levels working with LGBTIQ clients, the importance of allied support, and ways of becoming more involved with LGBTIQ issues. The presenters will make the case that LGBTIQ issues are also social justice issues that concern all counselors.

11:30 am–12:00 pm  
Program ID #527, Convention Center, **Poster Area 12**  
**Using Instructional Technology To Enhance Single Didactic and Experiential Multicultural Courses**  
30-Minute Project/Research Poster Session, Advanced  
**Saundra M. Tomlinson-Clarke, Darren Clarke**  
With goals of enhancing existing multicultural courses and developing innovative approaches, this presentation focuses on integrating instructional technology into multicultural training. Examples of syllabi for didactic and experiential courses that integrate technology as part of the course delivery will be presented. Instructional technology includes developing personal learning environments, blogging, live chats, threaded discussions, and multimedia.

11:30 am–12:00 pm  
Program ID #528, Convention Center, **Poster Area 13**  
**Biracial Competence: How To Assist Biracial Students in the School Setting**  
30-Minute Project/Research Poster Session  
**Mina S. Rasti**  
As biracial individuals are increasing remarkably as one of the many minority groups in the U.S., studies have shown that many issues can affect their development such as conflicts found within their racial identity. This presentation seeks to identify such conflicts and provide a multitude of resources for professional school counselors who wish to become competent with helping biracial students with their specific needs. Current statistics of the population, the Biracial Identity Development Model, counselor perceptions, and specific tools and strategies will be discussed.

11:30 am–12:00 pm  
Program ID #529, Convention Center, **Poster Area 14**  
**Boys to Men: Experiences of Bereaved Adolescent Males Following the Death of the Father**  
30-Minute Project/Research Poster Session  
**Brandie Oliver**  
This session discusses the results of a study exploring the grief experiences of bereaved adolescent males following the death of the father. Grief narratives were collected through narrative inquiry. The three research questions that will be discussed in this presentation are, (a) What is the general impact of father loss on the adolescent male? (b) What are the experiences, dimensions,
and patterns described within the narratives of adolescent males who have had a father die during adolescence? (c) How do males make meaning in light of the paternal death experience?

### 11:30 am–12:00 pm
Program ID #530, Convention Center, Poster Area 15
**Taking the Reins: Visioning in School Counseling**
30-Minute Project/Research Poster Session, Advanced
Jennifer Watkinson, Cheryl Moore-Thomas
Many counselors feel overwhelmed and undertained in the leadership skills they need to make substantive changes to their school counseling programs. Drawing from research in educational leadership, this presentation provides participants with a conceptual framework for how they can use visioning as a strategy to transform their programs. Implications for how visioning can impact student achievement will be discussed.

### 11:30 am–12:00 pm
Program ID #531, Convention Center, Poster Area 16
**The Misunderstood Pastoral Counselor: Knowledge and Religiosity as Factors Affecting a Client’s Choice**
30-Minute Project/Research Poster Session
Tammy H. Scheidegger
Within the spectrum of mental health professionals, the pastoral counselor’s role appears to be among the most misunderstood. Given their educational background in both clinical counseling and theology, pastoral counselors are particularly well equipped to address psychological and spiritual concerns. However, personal, anecdotal, and research evidence suggest that many individuals have an incomplete, inaccurate, or nonexistent understanding of the training, capabilities, and role of a pastoral counselor. This presentation is based on a study that examined the relationship between participants’ knowledge of pastoral counseling and the likelihood of choosing to work with a pastoral counselor.

### 12:30 pm–1:00 pm
Program ID #532, Convention Center, Poster Area 1
**A Study of Effectiveness Utilizing the BASICS Protocol with Students Using and Abusing Alcohol: An Examination**
30-Minute Project/Research Poster Session
Clifford Brooks, Jennifer Deitz, Dana Berg
Alcohol abuse with first-year college students remains high. This poster session reviews research conducted over the past year in a state university system with results and suggestions for program development. The BASICS model of prevention is examined along with an outline of a functioning university alcohol and drug prevention program.

### 12:30 pm–1:00 pm
Program ID #533, Convention Center, Poster Area 2
**Creating the Winning Combination: Optimizing Student Success Working with Professional School Counselors**
30-Minute Project/Research Poster Session, Advanced
Cynthia T. Walley
Creating the winning combination is essential to optimizing student academic achievement and mental health well-being. Professional school counselors’ collaboration and consultation with teachers is essential to providing the best services for students’ academic, career, and social/emotional needs. This session will outline a program evaluation designed for student-teachers. In addition interventions and strategies will be discussed and examined. Handouts will be provided.

### 12:30 pm–1:00 pm
Program ID #534, Convention Center, Poster Area 3
**Best Practices in a Counseling Training Facility: A Haven of Learning in Counselor Education Programs**
30-Minute Project/Research Poster Session
Kelly Fleenor, Keith Brown
The training of future counselors should address technology and security, professionalism, and ethics; so it is through an on-site training facility in which students are able to safely and ethically practice, review, and observe real and/or role-play counseling sessions. This research includes a needs assessment survey given to practicum students, a review of relevant literature, and visits to similar facilities. The poster session will point out aspects of the training facility needed to best instill each tenant and, in turn, explore its prospective benefits to students. Our hope is to best prepare counselor interns for real-world counseling and to equip training programs with the most effective and innovatively designed facilities.

### 12:30 pm–1:00 pm
Chi Sigma Iota Sponsored Session
Program ID #535, Convention Center, Poster Area 4
**Collaborating with CASA: Court-Appointed Special Advocates for Community Engagement**
30-Minute Project/Research Poster Session
Jayshree Panchal-McKechnie, Nancy E. Sherman
For CSI chapters, community engagement is an important goal in the annual plan and involves activities for which members readily volunteer. For many years, community engagement for the Beta Phi chapter meant sponsoring several unrelated activities involving members in various community services. Collaborating with one social service agency, CASA, has promoted greater involvement by members and provided needed support for the agency. The poster session details how Beta Phi members have collaborated and the benefits of focusing community engagement with one agency.

### 12:30 pm–1:00 pm
Chi Sigma Iota Sponsored Session
Program ID #536, Convention Center, Poster Area 5
**Social Justice and Advocacy Among Graduate Students in Counselor Education Programs**
30-Minute Project/Research Poster Session
Olivia Dorn, Lizbeth Graffeo
Social justice and advocacy is an important issue among
counselors and counselor educators, and the topic is equally important for those students studying to become counselors. The current project includes a literature review focusing on the definitions of social justice and advocacy and the current status of social justice and advocacy competency in counselor education programs. The authors also include their reflections on achieving competency in social justice and advocacy as graduate students.

12:30 pm–1:00 pm
Program ID #537, Convention Center, Poster Area 6
Using Group Counseling Methods To Improve Academic Success
30-Minute Project/Research Poster Session
Melanie Purdy
This program offers a complete intervention for students struggling academically because of their many issues. The intervention is delivered in a small group counseling format and is based on student development theory. The Academic Success Kit is an intervention used to help students on academic probation at a community college. The intervention documents will be presented as well as assessment data focusing on GPA change of students after the intervention and student exit surveys that articulate student reasons for being on probation.

12:30 pm–1:00 pm
Program ID #538, Convention Center, Poster Area 7
Assessing Counseling Competency: An Evaluation of Supervisor and Self-Ratings
30-Minute Project/Research Poster Session
Jacqueline M. Swank
Assessing counseling competencies is an essential task for counselor educators, supervisors, counselors, and counseling students. This session presents the results of a study that compared the counseling competency ratings of counseling students and their supervisors. The presenter will discuss the multicultural considerations, counseling ethics, and implications for self-assessment and supervisor evaluation of counseling competencies.

12:30 pm–1:00 pm
Program ID #539, Convention Center, Poster Area 8
Burnout, Secondary Trauma, and Compassion Fatigue: How Counselors in the Field Experience Disaster Mental Health Work
30-Minute Project/Research Poster Session
Susan H. Marcus, Catherine Barmore
Counselors increasingly serve at the frontlines of natural and manmade disasters. Secondary trauma, burnout, and compassion fatigue have a common theme of increased vulnerability to physical and psychological consequences of dealing with the traumatic life events of others. Prior studies have quantitatively distinguished these concepts. This presentation shares the qualitative results of a grounded theory study of counselors with disaster mental health field experience. The model depicts secondary trauma as a primary, proximal experience; compassion fatigue as a “solo” phenomenon on moderated by the length and intensity; and burnout as an administrative consequence. Results are interpreted in the context of counselor training and self-care.

12:30 pm–1:00 pm
Program ID #541, Convention Center, Poster Area 10
The Counseling Profession in Ireland: Past, Present, and Future
30-Minute Project/Research Poster Session
Garrett McAuliffe, Jennifer M. Johnson, Kayte Conroy
This presentation will provide perspectives on historical influences, cultural and ethical concerns, current status, and future trends of the counseling profession in Ireland (e.g., training requirements, lack of government regulation, accreditation, insurance reimbursement). Furthermore, similarities and differences of the counseling profession in Ireland and the United States will be discussed. Additionally, the presentation seeks to provide various viewpoints gained from experiencing Old Dominion University’s annual Diversity and Counseling Summer Institute at Trinity College in Dublin, Ireland.

12:30 pm–1:00 pm
Program ID #542, Convention Center, Poster Area 11
From Soldier to Counselor: The Experiences of Former Military Personnel in Counselor Education Programs
30-Minute Project/Research Poster Session
Travis Schermer
Most counselor education programs are populated by a diverse student body each facing unique challenges. This poster presentation, based on grounded theory research, will address the experiences of students coming from a military background as they shift from the identity of a soldier to a counselor. Information will be provided about the process that these students go through and how counselor educators and supervisors can help scaffold their development.

12:30 pm–1:00 pm
Program ID #543, Convention Center, Poster Area 12
A Look at Current Findings in Counseling Asian International Students: Ethics, Issues, and Ideas
30-Minute Project/Research Poster Session
Tara Overzat
This presentation will assist counselors in colleges/universities, community agencies, and private practice in giving the best guidance to Asian international students. It will provide a firm understanding of the cultural differences as well as an appreciation of each client’s individual viewpoint on their experiences. Through discussion of this topic, participants will be able to think more critically about the unique adventures of these students. Attendees will learn to execute successful interventions for these students, for example: group seminars and “welcome” meetings. Counselors will be better equipped to address the hurdles facing this population (e.g., alcohol/drug use, cultural mores, classroom expectations, mass media).
The researchers discovered that using sandplay, photography, and narrative tales was an effective outlet for allowing the participants to express how alcohol has affected their lives.

12:30 pm–1:00 pm
Program ID #547, Convention Center, Poster Area 16
**Effects of a Brief Mindfulness Intervention with Undergraduate College Students on Measures of Psychological Well-Being**
30-Minute Project/Research Poster Session
Danielle Richards, William E. Martin
The research entailed two randomized control experiments using an innovative, brief mindfulness intervention with undergraduate college students. There was a significant difference for the treatment group, showing increases in mindfulness, and self-compassion and decreases in thought suppression when compared to the control group. This is meaningful since typical mindfulness programs are of a longer duration. A brief intervention may be more amenable to implementation by college personnel and to students’ busy schedules. Partial funding for this research was provided by a grant from the American College Counseling Association and from a grant provided by Chi Sigma Iota Counseling Academic and Professional Honor Society International.

1:30 pm–2:00 pm
Program ID #548, Convention Center, Poster Area 2
**Supporting Shy Students in Middle and High School**
30-Minute Project/Research Poster Session
Morgan E. Kiper Riechel
Shy students face unique challenges that may prevent them from meeting their full potential, personally, socially, and academically. This presentation will provide a review of current literature on adolescent shyness as well as provide effective strategies and interventions for high school and middle school counselors to employ in effectively meeting the needs of this often overlooked student population.

1:30 pm–2:00 pm
Program ID #549, Convention Center, Poster Area 2
**Social Media and Facebook: Functional Assessment Strategies Within the University Setting**
30-Minute Project/Research Poster Session
David DeLambo, Debra Homa, Kananur V. Chandras
The vast majority of college students are Facebook (FB) users. This presentation will address how functional assessment techniques can be utilized to determine the “function” of FB use. For example, college students may project their wants, and needs within this social media outlet. Once the function is determined, a specific counseling intervention can be directly linked to the behavioral functions. For example, the student may relay depression, anxiety, substance abuse, gambling, or suicide tendencies on FB. Hence, this social media venue may be a valuable resource for counseling professionals.

12:30 pm–1:00 pm
Program ID #544, Convention Center, Poster Area 13
**Online Databases: Are They an Infallible Source for Research in Counseling?**
30-Minute Project/Research Poster Session
Jee Hyang Lee, Lisa M. Thompson-Gillespie
What are your thoughts about the accuracy of online databases? Are they infallible? Online databases are primary channels for searching literature and hold a high level of credibility in research. Though researchers trust online databases since their institutions subscribe to them, why is it that errors, inconsistencies, and omissions are being overlooked? This presentation will address the accuracy for online databases and the common inconsistency that exist in database citations. Characteristics among online databases that are used by researchers in the field of counseling will be also discussed along with ideas for cross-checking errors and omissions that are obtained through the data collection process of online database searches.

12:30 pm–1:00 pm
Program ID #545, Convention Center, Poster Area 14
**Incorporating School Counseling Group Interventions into Counselor Education Classes: A Unique Model for Service and Learning**
30-Minute Project/Research Poster Session
Janet L. Muse-Burke, Jennifer S. Barna
The purpose of this presentation is to provide a unique model of incorporating school counseling group interventions into counselor education classes. To that end, the presentation will (a) examine the effectiveness of group counseling interventions with at-risk high school students, and (b) investigate the impact of active training with beginning counselors. Group counseling services targeting academic enablers and career exploration were provided to at-risk high school students, and counselor trainees and counselor education faculty co-led. Client outcome variables included retention rates, academic success, and pursuit of post-secondary education. Trainee outcome variables included self-efficacy, anxiety, and supervision satisfaction.

12:30 pm–1:00 pm
Program ID #546, Convention Center, Poster Area 15
**The Stories of Alcohol**
30-Minute Project/Research Poster Session
Amanda M. Cisler, Tonya L. Yelton, Jeffrey E. McGee, Grant Sasse
“The Stories of Alcohol” is an example of how students can create and implement social justice projects. It vocalizes the necessity of collaboration between community organizations and the university to advocate for social justice. In addition, this poster presentation serves as an example to clinicians who are seeking new ways of working with clients. This poster session outlines how three doctoral students joined forces on their social justice project combining a mutual passion for understanding the stories of people affected by alcoholism. The researchers discovered that using sandplay, photography,
1:30 pm–2:00 pm  
Program ID #550, Convention Center, Poster Area 3
**Utilizing Existential Counseling To Treat Client Death Anxiety After Loss**
30-Minute Project/Research Poster Session
*Kylie Rogalla*
As counselors, we undoubtedly worked with a client who is touched by profound grief due to a personal loss. While some individuals may work through the grief process with few unexpected obstacles, some can become stagnant, embodied by deep sadness and anxiety. Oftentimes, these clients are treated with cognitive or psychoeducational strategies to examine the grief process and normalize their anxiety. Yet, this may not be sufficient in assisting clients in surpassing and understanding their universal symptoms. The existential approach can offer valuable depth to a client’s experience in counseling. This project is designed to address specific existential strategies that can be used to assist clients through grief and death anxiety.

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1:30 pm–2:00 pm  
Program ID #551, Convention Center, Poster Area 4
**Don’t Call Me Homeless: Increasing Empathy and Action of Student, Supervisor, and Clinician with Homeless Teen Population**
30-Minute Project/Research Poster Session
*La Tasha C. Osborne, Tiffany R. Hairston*
Homelessness among the youth population is on a dramatic rise. Youth homelessness is most prevalent among the LGBT and pregnant/parenting subpopulations. Homeless teens are susceptible to a myriad of developmental, educational, physical, and mental health disparities. This poster session helps community and school counselors become active in providing support and intervening on their behalf through learning tools and activities to offer help in and outside of the office.

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1:30 pm–2:00 pm  
Program ID #552, Convention Center, Poster Area 5
**Legislative Advocacy: How To Work with Elected Officials**
30-Minute Project/Research Poster Session
*Stephen Kennedy, Natalie Spencer, Shanita Brown*
Due to state and federal budget cuts, professional counselors must communicate effectively with the legislators who fund their positions and influence clients’ access to mental health services. In this session, you will learn how to educate legislators about the role of the professional counselor and the needs of the clients we serve. The presenters will offer strategies for conducting in-person meetings with legislators as well as composing letters and emails.

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1:30 pm–2:00 pm  
Program ID #553, Convention Center, Poster Area 6
**Field Placement: Student Lessons Crossing the Bridge from Student to Counselor**
30-Minute Project/Research Poster Session
*Heidi Lynch*
Counselors in training jump from the classroom to their field placements with uncertainty of how they will fit into the role of the counselor. Field placement experience is defined by students experience with clients, interaction with field and university supervisors, and being submerged into the culture of counseling. This presentation offers firsthand descriptions from qualitative interviews of what factors facilitate transformational field placement. This presentation will provide ideas for educators, field placement supervisors, training directors, and students on how to make the most of the field placement experience.

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1:30 pm–2:00 pm  
Program ID #554, Convention Center, Poster Area 7
**The Family Adjustment Measure Project: Assessing the Coping Styles of Parents of Children with Special Needs**
30-Minute Project/Research Poster Session
*Vanessa N. Dominguez, Andrew P. Daire*
The Family Adjustment Measure (FAM) Project aimed to develop and validate a formal assessment that measures relational adjustment specific to parents of children with special needs. This poster presentation will highlight scale construction, preliminary validation with the Relationship Assessment Scale and Perceived Stress Scale, and the resulting four FAM subscales. Differences in relationship satisfaction, individual distress, and coping strategies between different groups of parents of children with special needs will be presented along with implications for future research and practice.

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1:30 pm–2:00 pm  
Program ID #555, Convention Center, Poster Area 8
**A Doctoral Student’s Dual Relationship: Instructor One Day, Fellow Student the Next**
30-Minute Project/Research Poster Session
*John Breckner*
Dual relationships are considered an inevitable part of counseling and higher education. This session seeks to share a doctoral student’s unique dual relationship where he served as both an instructor and fellow classmate in a master’s-level class with his students who were all female and from a different part of the country. The presenter will review relevant literature, ethical codes, as well as best practices to minimize potential negative outcomes associated with being a fellow student and instructor to the same cohort.
1:30 pm–2:00 pm
Program ID #556, Convention Center, Poster Area 9
Beyond the Internship: To Promote Counselors in Training Leadership, Advocacy, and Collaboration Development
30-Minute Project/Research Poster Session
Kristina Curro, Claudia Puleo
Experience, experience, experience! As graduate students, the opportunities that students embrace within their field allow them to enrich their educational experience outside of the classroom. This session aims to highlight the advantages of creating a comprehensive developmental guidance program with counselors-in-training to help transcend their skills from the classroom to practical experience. The session will demonstrate the benefits of full collaboration and program implementation for counselors-in-training.

1:30 pm–2:00 pm
Program ID #557, Convention Center, Poster Area 10
Raising Awareness of the Increased Risk for Substance Abuse Among LGBTQ Adolescents
30-Minute Project/Research Poster Session
William F. Krause, Catherine M. Duncan
Attendees of the poster presentation will benefit from an increased understanding of the importance of substance abuse issues among LGBTQ adolescents. The information presented will help clinicians be better prepared to work with this population and to understand the unique issues of this population. Research on substance abuse among LGBTQ adolescents is limited. The lack of relevant research, high rates of substance abuse, and the stigmatized nature of the LBGTQ population have been our primary purposes for this poster presentation. We will present useful materials and current resources in an attempt to raise awareness for clinicians in any setting.

1:30 pm–2:00 pm
Program ID #558, Convention Center, Poster Area 11
The Experience of Intercultural Adoption: Content and Theme Analysis of an Intercultural Adoptive Parent Group
30-Minute Project/Research Poster Session, Advanced
Sara Polanchek, Waganesh Zeleke
This session examines the experience of intercultural adoptive parents in three different phases: pre-, peri-, and post-adoptive. The counselors’ records from eight sessions of an intercultural adoptive parent psycho-educational group are used as a means of data collection. The two counselors who lead the group independently wrote notes and kept journals about issues discussed in the group. A qualitative content and theme analysis is used to develop the meaning of the group experience. The result points out the gap between the need and the support provided by mental health professional to these populations, and it suggests the need of a comprehensive solution that includes the involvement of mental health counselors and other professionals.

1:30 pm–2:00 pm
Program ID #559, Convention Center, Poster Area 12
Developing Multicultural-Social Justice Counselors and Meeting Needs of Underserved Communities Through Community Outreach
30-Minute Project/Research Poster Session
Rachael D. Goodman, Jessica A. Vilbas, Reston N. Bell
Community outreach can be an effective means of meeting the needs of underserved communities, as well as facilitating counselor-trainees’ multicultural-social justice development. The researchers will present the results of a study that explored the experiences of counseling students who participated in a local community outreach. The presenters will describe outcomes for the counseling students and lessons learned for counselor educators and community partners. Particular attention will be given to the development of critical consciousness and collaborative partnerships. Discussion will focus on aspects of the outreach that facilitated student development and effective community engagement as well as relevant barriers.

1:30 pm–2:00 pm
Program ID #560, Convention Center, Poster Area 13
Summer Bridge Programs for Students with Learning Disabilities
30-Minute Project/Research Poster Session
Annette C. Albrecht, Dennis G. Jones
The session will provide participants with an overview of the role of summer bridge programs in the high school to college transition process for students with learning disabilities. Specifically, the participants will gain an understanding of techniques for high school counselors to collaborate with college mental health professionals in assisting students with learning disabilities to transition from high school to college through summer bridge programs.

1:30 pm–2:00 pm
Program ID #561, Convention Center, Poster Area 14
The ASCA National Standards as Viewed by Practicing School Counselors: Preparation, Relevance, and Importance
30-Minute Project/Research Poster Session
Suzanne M. Hedstrom, Suzanne M. Dugger, Diane Louise Parfit
This program will present the findings of a study of school counselors as they reflect on the ASCA National Standards. How well did their school counselor preparation programs prepare them in various aspects of the National Standards? How relevant are specific aspects of the National Standards to their current employment? Would they recommend that these standards be taught to future school counselors? Results will also be reported differentiating findings by (a) elementary or secondary employment, (b) number of credit hours in the preparation program, (c) number of years of experience, and (d) whether or not respondents were credentialed as teachers.
Implications will be outlined for counselors, counselor education programs, and ASCA.

1:30 pm–2:00 pm
Program ID #562, Convention Center, Poster Area 15
Adults Who Sext: An Examination of Sexting Behaviors of Adults, Ages 25–40, and Implications for Clinical Practice
30-Minute Project/Research Poster Session
Rachael Madden-Connor, Leatha Huntington, Michelle E. Wade
We know that teenagers sext, but what about adults? Do adults sext with each other and if so, how often? What time of day? How is sexting impacting their relationships? What does a typical sexting conversation look like? This poster presentation will summarize the findings of a qualitative research study that was conducted to gauge the sexting behaviors of adults ages 25–40. Come learn about the specific nature of adult sexting and how this knowledge might be applied to clinical practice, including couples counseling and sex therapy. Sexting could be a helpful tool for couples who want to rejuvenate a relationship and add excitement and fun to their daily routines.

1:30 pm–2:00 pm
Program ID #563, Convention Center, Poster Area 16
A World Apart: Counseling Children and Adolescents from War-Torn Countries
30-Minute Project/Research Poster Session
Miriam E. Eisenmenger
We live in a time of international instability. Each year, millions of people from war-torn countries seek refuge here in the U.S.—they are uprooted from their homes, travel thousands of miles, and are expected to start up exactly where they left off. Unfortunately, they bring with them more baggage than just their belongings. This study focuses on the children and adolescents who have been forced from home and who are sitting in our offices, confused and scared, and suffering from a variety of psychological conditions. We will look at all of the components affecting these children and outline some proven methods of treatment.

2:30 pm–3:00 pm
AMCD Sponsored Session
Program ID #564, Convention Center, Poster Area 1
African American Males: Building a Stronger Citizen/Student
30-Minute Project/Research Poster Session
Ann Shillingford
Augmentation of awareness for the need for African American students to experience a sense of connection and belonging with their school community is imperative. Counselors are in a great position to address systemic barriers and discriminatory attitudes and behaviors that may hinder holistic development of African American students toward more positive educational performance. This presentation will focus on culturally sensitive strategies for counselors working with this population.

2:30 pm–3:00 pm
NCDA Sponsored Session
Program ID #565, Convention Center, Poster Area 2
Career Counseling with the Over 50 Client
30-Minute Project/Research Poster Session
Rich Feller
As the 50+ population grows with the emergence in this demographic of the large Baby Boomer generation, the importance of identifying the special needs of this population deepens. Come by this session and gain knowledge about and techniques to use with the 50+ career client.

2:30 pm–3:00 pm
ARCA Sponsored Session
Program ID #566, Convention Center, Poster Area 3
Long-Term Disaster Relief Work in Haiti: Ethical and Educational Lessons Learned
30-Minute Project/Research Poster Session,
Henry McCarthy
Information and insights are shared based on the presenters’ experiences volunteering in refugee camps with persons displaced by the earthquake in Haiti. Highlighted are examples of how rehabilitation principles can be applied to disaster relief, as well as how rehabilitation education and cultural competence would be improved through such service-learning activities.

2:30 pm–3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #567, Convention Center, Poster Area 4
Assisting Veterans on Campus and in the Community
30-Minute Project/Research Poster Session
Kevin E. Kirkpatrick, Dan B. Kissinger
This session explores opportunities for counselors-in-training to advocate for veterans at the institutional (i.e., Veterans Administration) level as well as for those returning to campuses to begin or continue their studies after and/or between deployments. Grounded in the experiences of a U.S. Army veteran and current counselor education doctoral student, the presentation meshes the realities of combat with current counselor education curriculum and training in order to highlight current and future advocacy opportunities for veterans.

2:30 pm–3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #568, Convention Center, Poster Area 5
Identifying and Challenging Barriers to Effective Advocacy
30-Minute Project/Research Poster Session
Gregory Pollock, Jessica Headley, Julianne Massimo
The need for effective advocates within the counseling profession is crucial to advancing the profession. However, professional advocacy is something that is rarely a focus of counselors in training and practicing counselors. This poster
session will identify and challenge major barriers to effective advocacy for our profession along with offering practical solutions to the identified barriers. Attendees will walk away with concrete suggestions for becoming effective advocates for the counseling profession.

2:30 pm–3:00 pm
Program ID #569, Convention Center, Poster Area 6
Career Interests of Juvenile Offenders: Where Intervention Should Begin
30-Minute Project/Research Poster Session
Katie Rhode
Lasting effects of juvenile delinquency are future unemployment, poor career development, and a lack of vocational knowledge. Career interventions should be contextualized within juvenile counseling practice. This study examined deficiencies and lasting patterns of career issues into adulthood. This presentation helps answer the question, “Where do we start?” Research must understand developmental levels of the juvenile offenders before intervention to know where intervention should begin. This presentation analyzes trends in juvenile offenders’ career interests upon incarceration and prior to intervention. The research utilizes Holland’s Self-Directed Search and qualitative reporting to analyze career interest trends and to suggest future intervention.

2:30 pm–3:00 pm
Program ID #570, Convention Center, Poster Area 7
Understanding Perceptions, Beliefs, and Attitudes Related to Poverty: Consideration of Beliefs That Contribute to Advocacy
30-Minute Project/Research Poster Session
Jamie S. Carney, Eric Crumley, Emily Stafford
This presentation focuses on the findings of a research study examining the perceptions, beliefs, and attitudes toward persons living in poverty among pre-service counselors. Findings were compared to undergraduates, graduate students, and pre-service teachers. Research also included attitudes related to Just World Beliefs, to provide a foundation for considering these beliefs as they relate to engaging in or practicing advocacy. Results demonstrated differences between groups, and highlighted the constructs associated with the demonstrated attitudes, perceptions, and beliefs. Results related to Just World Beliefs are contextualized in relation to advocacy. Implications related to training and promoting advocacy are discussed.

2:30 pm–3:00 pm
Program ID #571, Convention Center, Poster Area 8
Evidence-Based Intervention for Children Following Disasters
30-Minute Project/Research Poster Session
Yih-Jiun Shen
The recent 9.0 magnitude quake and its subsequent tsunami killed countless people in Japan, with children being the most vulnerable victims needing post-disaster psychological interventions. This program demonstrated the effectiveness of short-term, child-centered play therapy in an elementary school with Chinese children in Taiwan experiencing a catastrophic earthquake, registered 7.3 on the Richter scale. Based on this evidence-based report, intervention strategies will be introduced to mental health professionals in both school and community settings.

2:30 pm–3:00 pm
Program ID #572, Convention Center, Poster Area 9
Counselor as Consultant: Group Development in Community-University Partnerships and Research
30-Minute Project/Research Poster Session
Heather L. Smith
How do professional counselors find new opportunities for consultation and collaboration? By seeking out and responding to colleagues interested in transforming professional and research inquiry to interactive, horizontal, and cooperative practice. This presentation outlines how a participatory research project originally designed to assess obstacles to healthy eating and living in a rural community also provided an opportunity for a professional counselor to explore process-oriented evidence connected to team effectiveness. Implications include new applications of group development theory and ways to contribute to positive community, researcher, and student experiences with interdisciplinary research teams.

2:30 pm–3:00 pm
Program ID #573, Convention Center, Poster Area 10
New and Innovative Applications of Logotherapy for the Treatment of Posttraumatic Stress Disorder
30-Minute Project/Research Poster Session
Aaron James Smith
As the need for innovative treatments for military-related PTSD increases, it is imperative to begin reexamining some current empirically proven methods for ways they can be used to administer competent and ethical care. One proven intervention that is widely known yet rarely practiced is logotherapy. This presentation will look at innovative approaches to advanced logotherapeutic techniques for treating military-related PTSD. Ethical issues will be observed related to client gender, age, and religion. The most current empirical research in support of logotherapy for treating military-related PTSD will be examined, and participants will experience how these logotherapeutic techniques could be used in support of their clients.

2:30 pm–3:00 pm
Program ID #574, Convention Center, Poster Area 11
Benvenuto, Willkommen: Welcoming the Mental Health Perspective of European Immigrant Students
30-Minute Project/Research Poster Session
Michaela Ambrosius, Jennifer Del Monaco
Welcoming the cultural diversity among European immigrant students (EIS) is essential to addressing their mental health
needs. Utilizing empirical and conceptual literature, the academic and personal/social complexities are highlighted. PSCs assist in creating a school climate where cultural diversity is welcomed. They play a vital role in addressing the challenges of these students. Furthermore, culturally competent strategies are provided for PSCs and MHCs to make culturally competent evaluations, accommodations, and interventions. This session will outline the diversity of EIS, their developmental needs, mental health concerns, and implications for creating an environment in which EIS feel welcome. Handouts will be provided.

2:30 pm–3:00 pm
Program ID #575, Convention Center, Poster Area 12
Social Markers of Psychological Well-Being in U.S. Immigrants
30-Minute Project/Research Poster Session
Claire J. Wooloff
Immigration is undoubtedly a stressful experience. However, despite the challenges, some immigrants are successful in that challenge. This empirical study, drawing on data from a large nationally representative study of new immigrants to the U.S., examines the factors that contribute to that success and suggests ways in which counselors and counselor educators can use this information to enhance their service and training for this population.

2:30 pm–3:00 pm
Program ID #576, Convention Center, Poster Area 13
Comparison of Actual School Counselors’ Duties to American School Counselor Association (ASCA) National Model Standards
30-Minute Project/Research Poster Session, Advanced
Julia Porter
School counselor accountability has become an essential part of the school counselor’s role. The ASCA National Model is being taught as the standard for the school counselor role in many school counseling programs. This session reports results from the 131 school counselors who chose to participate in a research study comparing actual school counselors’ job duties to the ASCA National Model standards for school counseling.

2:30 pm–3:00 pm
Program ID #577, Convention Center, Poster Area 14
Youth-Led Participatory Action Research: Strategies for School Counselors Working for Youth Empowerment and Social Justice
30-Minute Project/Research Poster Session
Sara Meghan Walter
Increasingly, professional school counselors (PSCs) are being called to serve as advocates for social justice in their school settings, while remaining aware of accountability demands. By partnering with students and other stakeholders in youth-led participatory action research (YPAR), PSCs can achieve these often seemingly disparate professional objectives. YPAR provides an avenue for youth to advocate for themselves and to engage young people in efforts to bring about social justice. You will learn about the guiding principles of the YPAR approach and will be encouraged to brainstorm examples of potential YPAR projects for your settings.

2:30 pm–3:00 pm
Program ID #578, Convention Center, Poster Area 15
Utilizing Spirituality To Enhance the Counseling Relationship
30-Minute Project/Research Poster Session
Karla R. Lawrence, Nivischi N. Edwards
According to research, spirituality can be seen as a path toward increased wisdom, self-awareness, personal development, and/or connection with a higher power. The counseling relationship is one that seeks to address the holistic needs of clients and spirituality, one aspect that is often not addressed as readily as other areas. This presentation will look at the current research on the use of spirituality in the therapeutic relationship, the mental health clinician’s personal spiritual development, and the use of spirituality in work with clients.

2:30 pm–3:00 pm
Program ID #579, Convention Center, Poster Area 16
A Clinical Analysis of Social Media Behavior as a Tool To Uncover Underlying Areas of Potential Focus in Counseling
30-Minute Project/Research Poster Session
Christine Marie Karper, Michelle D. Stone
As social media explodes, many individuals are drawn to social media sites. These websites play to the basic human needs of being loved and feeling a sense of belongingness. As a microcosm of behavior, social media bears therapeutic examination in an attempt to uncover an individual’s core issues and areas for self-improvement. Analyses of social media behavior offer the clinician a pathway into understanding core issues that may underlie a client’s presenting issues. This session seeks to explore clinical analysis of social media behavior as a tool to uncover underlying areas of potential focus in the therapeutic relationship. This session includes a research review and discussion of social media analysis as a therapeutic tool.

3:30 pm–4:00 pm
Program ID #580, Convention Center, Poster Area 1
Spiritual, Religious, and Mental Health Issues Experienced During War-Time Deployment: First-Hand Reports from Our Deployed Military
30-Minute Project/Research Poster Session
Lisa R. Jackson-Cherry, William Sterner, Steve Zappalla, Daisy Sophia Silva, Colleen A. McCarron, Michele C. Garofalo
Recent research on military has heavily focused on PTSD, TBI, and other mental health issues among member of our military who have been deployed to war zones. One area receiving less attention is how religious traditions and beliefs and spirituality...
impact deployment. Quantitative and qualitative data gathered from approximately 300 deployed military members offer important insight into the need to explore religious and spiritual issues and the impact on predeployment, deployment, reintegration, and redeployment of our troops. Other mental health issues were also examined. Implications and best practices for counselors working with this population will also be reviewed to provide a rationale for including this essential component in order to treat the whole person.

3:30 pm–4:00 pm
Program ID #581, Convention Center, Poster Area 2

Hope and Optimism: Are They the Same Across Cultures?
30-Minute Project/Research Poster Session, Advanced
Aida Hutz
Through empirical inquiry, this presentation seeks to address both similarities as well as differences in human experiences of hope and optimism across the United States and Brazil. The operational definitions of hope and optimism from a Brazilian as well as North American perspective will be discussed. Also, potential assessment implications for counselors will be presented.

3:30 pm–4:00 pm
Program ID #582, Convention Center, Poster Area 3

Community-Based Filial Play Parenting Workshops: A Qualitative Study
30-Minute Project/Research Poster Session
Sang Min Shin, Sondra Smith-Adcock, Elizabeth Zatz
Growing economic disparity in the U.S. dramatically raises the need of providing counseling services for low-income families. The existence of multiple stressors experienced by these families both exacerbates their need for help and creates barriers to accessing mental health services. Filial play therapy has been shown to reduce parental stress and child problem behaviors. The principles of filial therapy were used to develop a brief community-based parent-child interaction workshop for low-income families. In this session, we will describe the filial play workshops in detail and report the findings of a qualitative study designed to assess its outcomes.

3:30 pm–4:00 pm
Chi Sigma Iota Sponsored Session
Program ID #583, Convention Center, Poster Area 4

Social Media for Professional Counselors: Ethical and Legal Considerations
30-Minute Project/Research Poster Session
Patrick R. Mullen, Catherine Lamb, Jennifer Greene
Facebook, Twitter, and blogs are all forms of social media. Social media can be an effective tool but can also be an ethical and legal disaster. In this poster presentation, participants will be provided information on the ethical and legal concerns surrounding personal and professional use of social media. Additionally, attendees will be provided information on how to effectively use social media as a professional counselor. Attendees will receive handouts outlining the information presented.

3:30 pm–4:00 pm
Program ID #584, Convention Center, Poster Area 5

Working with Challenging Clinical Populations: Strategies for Wellness
30-Minute Project/Research Poster Session
Tracy S. Hutchinson
Working with challenging clinical populations is a reality for mental health counselors: Burnout, compassion fatigue, and secondary trauma clearly have an effect on those who choose the helping profession. Although areas such as diet, rest, exercise, and proper nutrition are essential for wellness and health, there are several other strategies and interventions that counselors may utilize that are grounded in the emerging area of positive psychology and wellness. Therefore, the purpose of this poster session is to share strategies for wellness for both counselors and clients that are grounded in empirical literature including strength-based concepts such as gratitude, meditation, and guided imagery.

3:30 pm–4:00 pm
Program ID #585, Convention Center, Poster Area 6

The Relationship Between Hyperfemininity and Achievement of Ego Identity Among College Females
30-Minute Project/Research Poster Session
Jered Kolbert
The program will review the findings of a recently published study in the *Identity* journal that examined the relationship between hyperfemininity and ego identity among college females. The results indicate that exaggerated adherence to ultra-femininity is associated with lower levels of ego identity status among college females. The implications for counseling and advising females in late adolescence and early adulthood will be discussed.

3:30 pm–4:00 pm
Program ID #586, Convention Center, Poster Area 7

So You Want To Host an Intern? Tips and Techniques for Prospective Site Supervisors
30-Minute Project/Research Poster Session
Amy Milsom, Elysia Clemens
Individuals who volunteer to serve as counseling practicum or internship site supervisors have a unique opportunity to impact the growth and development of future counselors. Through some simple activities and discussions you can create a very beneficial learning opportunity for them. This poster presentation reviews practical ideas and activities grounded in supervision theory that you can use to (a) orient the intern to your school or agency, (b) facilitate skill development, (c) foster reflective practice, and (d) in general help practicum and internship students get the most from their experience.
3:30 pm–4:00 pm
Program ID #587, Convention Center, Poster Area 8
The Prevention and Intervention of Mental Health Among Rescue Workers After Disasters
30-Minute Project/Research Poster Session
Ju-Yun Hsu
This article is a review of literature on mental health issues among rescue workers exposed to disasters. After disasters, the first responders, such as police officers, firefighters, and medicinal practitioners, come quickly to the rescue at the disaster scenes. Their exposure to these disaster scenes often put them at a higher risk for developing posttraumatic stress disorder (PTSD) or other mental health issues. Interventions such as public health education, critical incident needs assessment teams, cognitive behavioral therapy, individual counseling, and group therapy reduce the development of symptoms of PTSD or mental health issues.

3:30 pm–4:00 pm
Program ID #588, Convention Center, Poster Area 9
The Meaning and Impact of Therapist Responses to Client Gift-Giving: A Case Study Investigating the Client’s Experience
30-Minute Project/Research Poster Session
Dale Lee Coover
It is a rare therapist who has not been offered a gift by a client. Historically, the research on this topic has focused on therapist experiences and therapist opinions about accepting or refusing gifts from clients. Yet the importance of this very human interchange can have a significant impact on the client and thus on the therapeutic relationship. In this study, the phenomenon of gift-giving—and, in particular, the therapist’s reaction to the offer of a gift—is explored from the viewpoint of the client. The results of this study will help us, as therapists, to make more helpful decisions when clients offer us gifts.

3:30 pm–4:00 pm
Program ID #589, Convention Center, Poster Area 10
Trauma of Cyber Witch Hunt Victims: Losing Too Much in the Twinkling of an Eye
30-Minute Project/Research Poster Session
Nanseol Heo, Yo-Sang Ha
Social media enables individual users to produce information and circulate it quickly and widely without verification. In recent years, the interactive dynamic of social media has caused the increase of cyber witch hunts in South Korea and China. The victims often quit jobs, dropped schools, or even ended in suicide. The purpose of this session is to suggest how counselors can prevent this type of cyber violence and help victims after the incidents. Case studies will also help participants to understand the traumatic symptoms and emotional struggles of the victims.

3:30 pm–4:00 pm
Program ID #590, Convention Center, Poster Area 11
Giving Voice to the LGBTQ Community: An Advocacy/Education Model for Local Schools and Businesses
30-Minute Project/Research Poster Session
Anthony W. Hansen, Brendan Carr
In cooperation with the LGBTQ Resource Center at the University of Georgia, students in the professional counseling program have utilized established models in developing a community-based program for LGBTQ advocacy to spread awareness and education about the various forms of discrimination and oppression prevalent in the LGBTQ community. This model is being implemented in local schools and businesses in Athens-Clarke County and its surrounding areas. Our poster session is designed to provide an avenue for student advocates to reach out into their community to increase self-awareness, knowledge of, and skills in addressing prejudice, oppression, and microaggressions as it pertains to working with individuals from the LGBTQ community.
cutting-edge outcome research with large sample sizes but also provides service-learning opportunities for advanced master’s- and doctoral-level counseling students to obtain experience with historically underserved populations of school-age children. Summaries of outcome studies featuring a variety of quantitative and qualitative research designs will be presented.

3:30 pm–4:00 pm
Program ID #593, Convention Center, Poster Area 14
Investigating the Factors of Resiliency Among Exceptional Youth Living in Rural Poverty
30-Minute Project/Research Poster Session
Kevin A. Curtin, Janelle Brandow, Joseph Benedetto, Paul Keeley, Heather Loud, Ashley Wagner
Resilience is an important social justice concept that has important implications for counselors working with exceptional youth in rural areas who may suffer from the consequences associated with economic hardships. The purpose of this presentation is to report on the findings of a multi-school qualitative study of resilience among exceptional youth living in rural poverty. Findings include the discovery of unique factors and emerging themes based on the distinctive attributes of exceptional youth in rural underserved areas. Implications for strength-based treatment as well as recommendations for future research will be highlighted.

3:30 pm–4:00 pm
Program ID #594, Convention Center, Poster Area 15
What School Counselors Can Do to Close the STEM Gap: An ASCA Model-Based Approach
30-Minute Project/Research Poster Session, Advanced Scott Schaefle
School counselors are responsible for promoting the success of all students. While many gaps in the educational system exist along ethnic and income lines, one of the biggest is in preparedness for advanced education and careers in science, technology, engineering, and math (STEM). Addressing the STEM gap will also promote general academic success because math and science are closely linked with academic success and college enrollment and completion. Using the ASCA National Model as a framework, school counselors can do much to enhance STEM education and participation among underrepresented student groups and, therefore, promote the academic, career, and personal/social success of all students.

3:30 pm–4:00 pm
Program ID #595, Convention Center, Poster Area 16
Counselor Educators’ Attitudes Toward Evidence-Based Practices
30-Minute Project/Research Poster Session
Samir H. Patel, Isaac Burt, Susana Contreras Bloomdahl
Although ACA and CACREP emphasize the ethical responsibility to teach evidence-based practices (EBPs), these guidelines do not ensure that counselor educators incorporate such training. Currently, counselor education literature lacks research concerning counselor educators’ intent to teach EBPs. Without assessing counselor educators’ attitudes of teaching EBPs, and without a way to disseminate this information, counselor education may potentially be perceived as less competitive than the other helping professions that do teach EBPs. This presentation will discuss the findings and implications of a study that investigated counselor educators’ attitudes and perceived barriers toward the inclusion of EBPs in counselor education curricula.

4:30 pm–5:00 pm
Program ID #596, Convention Center, Poster Area 1
Creative Supervision: Using Art Interventions To Decrease Anxiety and Improve Conceptualization in Counselors-in-Training
30-Minute Project/Research Poster Session, Advanced Terri Hamm, Judy Green
Many counselors-in-training experience anxiety. The purpose of this session is to explore and possibly decrease this anxiety and increase case conceptualization using art interventions. Interventions for each developmental level of the supervisee will be explored.

4:30 pm–5:00 pm
ASERVIC Sponsored Session
Program ID #598, Convention Center, Poster Area 3
Preparing Emergent Counselors To Work with Spiritually Diverse Clients: Supervision Models and Process Considerations
30-Minute Project/Research Poster Session Jennifer R. Curry, Elizabeth R. O’Brien
Supervision is critical for assisting emerging counselors in effectively counseling clients with spiritual concerns. Supervisors can promote a better understanding of how to explore client spirituality in a culturally competent and ethically effective way by learning models and clinical supervision techniques. Participants will be given resources for integrating meaningful spirituality concepts in supervision when appropriate for client concerns.

4:30 pm–5:00 pm
Chi Sigma Iota Sponsored Session
Program ID #599, Convention Center, Poster Area 4
Folklore: A Vital Therapeutic Intervention in a Modern Cultural Pluralistic Society
30-Minute Project/Research Poster Session Maria Collar, Mary Olufunmilayo Adekson
Conflicts between values reflected in traditional counseling theories and practices of a modern cultural pluralistic society present a barrier toward attitude and underutilization of mental health services. There is an incongruity when comparing values and practices of this population to traditional counseling theories. This presentation explores the use of folklore as a vital technique.
This presentation provides a review and summary of the clinical prevalence of eating disorders and associated co-occurring issues as it relates to the training needs of professional mental health counselors. Additionally, the significant issues and challenges faced by educators in CACREP-accredited counselor educator programs to provide eating disorder-specific coursework are examined. Finally, this presentation reviews and summarizes one CACREP-accredited professional mental health counseling program’s development of eating disorders specific-course work to meet the training needs of its counselors-in-training.

4:30 pm–5:00 pm
Program ID #604, Convention Center, Poster Area 9
Counseling Students’ Beliefs about Poverty, Implicit Racial Attitudes, and Multicultural Competency
30-Minute Project/Research Poster Session, Advanced
Susan Stewart Bray
As economic disparity increases, counseling practitioners will be more likely to work with clients living in poverty. Yet, the current counselor research literature lacks research and information concerning working across differences in social class. This presentation provides information concerning practice with those living in poverty as well as discussion of a current research study examining master’s-level counseling students’ attitudes toward those living in poverty. Beliefs concerning the causes of poverty were examined in relationship to color-blind racial attitudes, multicultural competency, and multicultural social desirability. Implications for practice, counselor education, and research opportunities are discussed.

4:30 pm–5:00 pm
Program ID #605, Convention Center, Poster Area 10
Preventing High School Dropout: A Group Counseling Approach
30-Minute Project/Research Poster Session
Tayuanee Lynette Dewberry, Sabrina N. Gilchrist
Young people face many challenges during the “storm and stress” of adolescence. One major implication of these is high school dropout. Along with being an effective approach to working with adolescents, using groups for the delivery of prevention services is logical, provides a context for practice and utilization of skills, and results in the dual benefit of reducing problems and increasing competencies. Through poster and handouts, the presenters propose that not only is group work effective for behavior change in adolescents, but it is also an effective and economical intervention for high school dropouts that can help students graduate with a plan for post-graduation success.

4:30 pm–5:00 pm
Program ID #606, Convention Center, Poster Area 11
Secondary Traumatic Stress Symptoms in Military Spouses of Army National Guard Veterans
30-Minute Project/Research Poster Session

Friday [Poster Sessions]

Andrea Gail Bjornestad
This study investigated the presence and severity of PTSD symptoms in a sample of 227 Army National Guard veterans and secondary traumatic stress symptoms among their spouses. The veterans completed the Posttraumatic Checklist Military Version (PCL-M; Weathers et al., 1993) and Combat Exposure Scale (Keane et al., 1989) to determine the probable prevalence rate of PTSD symptoms and amount of combat exposure. A modified version of the PCL-M was utilized to assess secondary traumatic stress symptoms in the spouses, and a confirmatory factor analysis showed that the modified version of the PCL-M for spouses fit the same four-factor PTSD structure as the PCL-M for soldiers. Results will be discussed as they relate to theory and practice.

4:30 pm–5:00 pm
Program ID #607, Convention Center, Poster Area 12
Counseling Needs of Black American College Students
30-Minute Project/Research Poster Session
Harrison Davis
There is a great need for the preparation of college mental health staff to adequately manage the growing number of Black college students and their cultural-specific issues. This program presents research on the counseling needs of Black American college students and the unique challenges they face. The results of this study are expected to increase awareness of specific developmental, career, and psychological issues prevalent with this group of college students.

4:30 pm–5:00 pm
Program ID #608, Convention Center, Poster Area 13
Hmong Graduate Students: A View into Their Successes and Failures
30-Minute Project/Research Poster Session
Soua Xiong
This poster presentation presents a qualitative study of the educational experiences of Hmong graduate students. Findings of the obstacles and supportive factors of Hmong graduate students will be presented. The poster presentation will also provide implications for university counselors, staff, and programs in the matriculation, retention, and graduation of their Hmong students.

4:30 pm–5:00 pm
Program ID #609, Convention Center, Poster Area 14
The Role of Family Functioning: Predictors for Success in an Adolescent Obesity Randomized-Controlled Trial
30-Minute Project/Research Poster Session
Natalie L. Trumpikas, Priscilla Costa Tuffner
Family functioning is shown to influence treatment outcomes in clinical and research settings. Eighty-five adolescents and their caregivers completed the McMaster Family Assessment Device at the start of a family-based lifestyle modification weight loss program. Results suggest nearly all teens and their caregivers reported unhealthy general family functioning. Teen report of affective involvement, problem solving, and roles was associated with weight change in teens. Surprisingly, teens successful at losing >5% of initial weight also reported unhealthy family functioning at the start of treatment. Although caregiver reports are often used in assessment, counselors may find teens’ perceptions more predictive of treatment outcomes.

4:30 pm–5:00 pm
Program ID #610, Convention Center, Poster Area 15
Perspectives of Korean Students of Counseling
30-Minute Project/Research Poster Session
John T. Petko
Acculturated Asian, and Asian Americans tend not to make use of psychological or counseling services even while residing in an American culture. The goal of the presentation is to educate the participants in some of the views of counseling that Korean students have. Part of the session will involve recommendations for counselors in working with individuals who have elected to engage in counseling services.

4:30 pm–5:00 pm
Program ID #611, Convention Center, Poster Area 16
Developing a Model of Middle School Wellness: An Analysis of the Factors Predictive of Wellness Among Early Adolescents
30-Minute Project/Research Poster Session
Joshua C. Watson
Researchers have identified adolescents as an “at-risk” population in terms of mental health issues. Furthermore, this vulnerability could lead some to make unwell decisions that might lead to the emergence of such issues as depression, anxiety, eating disorders, substance abuse, and even suicidal ideation. As a result, applying the Indivisible Self Model of Wellness when working with an adolescent population, based on its ability to promote positive lifestyle changes that will help meet the wide range of developmental and remedial needs common among this age group, is suggested. In this session, results of a recent middle school wellness study will be presented and suggestions for implementing wellness-based counseling activities discussed.

5:30 pm–6:00 pm
Program ID #612, Convention Center, Poster Area 1
Voices from Behind Bars: Can There Be a Working Alliance?
30-Minute Project/Research Poster Session, Advanced
Mariaimee Gonzalez
The number of inmates in prison who are mentally ill is three times the number of mentally ill patients in mental health agencies. As a result, prisons have become the primary location to store the mentally ill in the United States. The criminal justice and mental health systems have moved slowly to keep up with the mental health needs of these populations (Gido & Dalley,
Adolescence is a critical time in development. Adolescents watch more media than any other age group. Research shows African American adolescents watch more television than their White counterparts. Due to the amount of media exposure, researchers suggest African American adolescents are more susceptible to media influences. This study will explore how media stereotypes of African Americans factor in African American adolescent girls’ identity. Using a womanist approach, gender, cultural, and familial themes will be addressed.

5:30 pm–6:00 pm
Program ID #617, Convention Center, Poster Area 6
Attachment and Mindfulness in Psychotherapy
30-Minute Project/Research Poster Session
Deeba Khumar
This session will examine the concept and relationship of attachment and mindfulness in psychotherapy using various research studies to understand its relevance in therapy. The main focus of the presentation will be on adults’ manifestation of their attachment pattern in therapy. The concept and implications of mindfulness will also be discussed in relation to attachment in psychotherapy. Finally, the basic principles of attachment informed psychotherapy will be discussed using a case study.

5:30 pm–6:00 pm
Program ID #618, Convention Center, Poster Area 7
The Role of Supervisor Multicultural Competence in Promoting Effective Outcomes in Supervision
30-Minute Project/Research Poster Session, Advanced
Stephanie Crockett
Counseling is an increasingly diverse field, but research suggests that cultural differences between the supervisor and supervisee may negatively impact supervisee functioning. As supervision is a critical component in training effective counselors, this presentation will provide counselor educators and supervisors with an understanding of how to provide effective multicultural supervision. Findings from a recent study concerning the role of supervisor multicultural competence in facilitating the supervisory working alliance and supervision outcomes will be presented. Participants will also learn applicable supervision techniques and strategies for facilitating supervisee counseling self-efficacy and satisfaction with supervision.

5:30 pm–6:00 pm
Program ID #619, Convention Center, Poster Area 8
The Many Faces of Cohabitation and Its Effects on the Counseling Process
30-Minute Project/Research Poster Session
Kendall R. Bagwell, Melissa Jones, Yifin Wang
The purpose of this program is to highlight the growing popularity and different types of cohabitation among couples. Cohabitation has become a pivotal part of the modern-day union, and thus is important for counselors to understand the best methods for working with cohabitating couples.
5:30 pm–6:00 pm
Program ID #620, Convention Center, Poster Area 9
The Next Step in Disaster Training: Including Red Cross Mental Health Training in Counselor Education Programs
30-Minute Project/Research Poster Session
Conni Rush, Lori Chalmers, Thomas Rush
Disaster can strike at any time and in any place. From New York City to Joplin, Missouri, tragedy can strike and the mental health field needs to be prepared to assist. Preparing our future counselors to be ready while they are in training in your academic setting ensures that they are knowledgeable and equipped to be available to the community they serve.

5:30 pm–6:00 pm
Program ID #621, Convention Center, Poster Area 10
Supervisors’ Reflections on Mandated Supervision: Voices from the Trenches
30-Minute Project/Research Poster Session, Advanced
Victoria Kress, Jake Protivnak, Nicole Adamson, Emily Herman, Paula J. Britton
Sanctioned supervision is a tool used by state counseling regulatory boards to monitor sanctioned counseling licensees’ practice. In this session, original qualitative research related to the topic of sanctioned supervision will be presented. More specifically, supervisors’ reflections on the process of providing sanctioned supervision will be presented. The generated themes the supervisors identified will be presented, and the unique characteristics of mandated supervision will be explored. Practice suggestions for supervisors providing mandated supervision will be provided.

5:30 pm–6:00 pm
Program ID #622, Convention Center, Poster Area 11
Exploring Manifestations of Marginalization and Stigmatization in Same-Sex-Oriented Fathers: Two Paradoxes
30-Minute Project/Research Poster Session, Advanced
Jason Patton
This highly interactive poster session will offer an in-depth exploration of research into the experiences of same-sex-oriented fathers, illustrating the impact of marginalization and stigmatization through participants’ contradictory statements. These statements suggest two major underlying concepts, the Marginalization Paradox and the Normality/Advocacy Paradox. Audience members will be engaged in examining the contradictory statements that shed light on these paradoxes and offer a glimpse into how these manifest in the participants’ lives. The presenter and audience members will extrapolate clinical implications from these experiences. Future considerations for research and collaboration will be invited and discussed.

5:30 pm–6:00 pm
Program ID #623, Convention Center, Poster Area 12
RCT in the Classroom: A Counselor’s Role
30-Minute Project/Research Poster Session
Latori S. Griffin
Research shows that African American students do poorer than their White counterparts in school, regardless of socioeconomic status (achievement gap; Ogbu, 2003; E.E.P., 2010). This can be attributed to teachers’ preparation in teaching diverse populations, also known as teacher cultural self-efficacy. Most teacher preparation programs implement diversity training, yet teachers say they aren’t practical enough to prepare them for the real challenges of teaching diverse students. In this presentation, counselor-led RCT training is emphasized as a key to helping counselors prepare teachers to teach diverse students as it considers contextual and relational experiences of women, people of color, and oppressed groups.

5:30 pm–6:00 pm
Program ID #624, Convention Center, Poster Area 13
Quality of Life in Persons with Multiple Sclerosis
30-Minute Project/Research Poster Session
Gary Michael Szirony, Jason D. Kushner
Quality of life (QOL) has been described as a ubiquitous concept having different meanings based upon the frame of reference in which it is used. The measurement of QOL and its implementation into scientific study can be difficult. QOL has been described in literature in many ways; perceived quality of life, subjective well-being, happiness, and life satisfaction. In this presentation, results of a priori comparisons using analysis of variance resulted in the finding that persons with MS who were employed tended to rate their levels of QOL nearly one third of a standard deviation higher than their unemployed counterparts. Quality of life issues are addressed.

5:30 pm–6:00 pm
Program ID #625, Convention Center, Poster Area 14
First-Generation College Students and School Counselors: Using Effective Interventions To Improve Their Perceptions
30-Minute Project/Research Poster Session
Donna J. Dockery, Mary A. Hermann
We’ll review the needs and concerns of first-generation college students and prior research on their perceptions of school counselors. The design, analysis, and results of a current study comparing first-generation and second-generation students’ experiences with school counselors will be reported. Implications for school counselors and helping professionals who wish to assist potential first-generation students in accessing higher education will be provided, as will recommended intervention strategies. Participants will share their plans regarding promoting equity and access for first-generation college students and will use a case study to illustrate possible interventions. Handouts and references will be provided.
The primary purpose of this study was to determine if participation in a loving-kindness meditation program affects empathy, emotions, and well-being of counseling students. The PIDIB method, which is a rapid, client-driven case conceptualization method, was used in this study. The PIDIB method has been extensively used with victims of trauma such as sexual abuse, domestic violence, combat experiences, 911 rescue work, school violence, and traumatic loss. It is currently being used in several graduate counseling programs throughout the United States.
10:30 am–11:00 am
IAMFC Sponsored Session
Program ID #633, Convention Center, Poster Area 6
Update on the IAMFC Code of Ethics
30-Minute Project/Research Poster Session
Bret Hendricks, Loretta J. Bradley
The IAMFC has recently revised the IAMFC Code of Ethics. This program, conducted by two writers of the revised code, will enable participants to identify differences in the newly adopted code and apply the information to fictional cases that the presenters will provide for discussion. There will be handouts provided and time for audience discussion.

10:30 am–11:00 am
Program ID #634, Convention Center, Poster Area 7
Addictive Features of Nonsuicidal Self-Injury
30-Minute Project/Research Poster Session
Trevor Buser, Juleen Buser
This session offers a rationale for conceptualizing nonsuicidal self-injury (NSSI) as a process addiction. The addictive features of compulsivity, loss of control, continued use despite negative consequences, and tolerance are highlighted in relation to NSSI. Attention is also given to the proposal for the DSM-5 diagnosis of NSSI, which is consistent with the classification of NSSI as a process addiction. Implications for counselor training and clinical practice with self-injuring clients are discussed.

10:30 am–11:00 am
Program ID #635, Convention Center, Poster Area 8
Measurement Invariance of Counselor Burnout Inventory Across U.S. and Korean Cultures
30-Minute Project/Research Poster Session, Advanced
Paul Carrola, Kumlan Yu, San Min Lee
The psychometric properties and measurement invariance (MI) of the Counselor Burnout Inventory will be shown across a sample of U.S. and Korean counselors. MI process and its importance in comparing burnout across cultures will be addressed. Based on the MI results, latent mean differences of burnout between U.S. and Korean counselors will be explained. Latent mean differences suggested that Korean counselors reported higher scores on the devaluing clients and deterioration in personal life factors than the U.S. counselors, whereas both cultures experienced similar exhaustion. Implications to the counseling profession will be discussed.

10:30 am–11:00 am
Program ID #636, Convention Center, Poster Area 9
Developing and Implementing a Capstone Course To Help Students Integrate Learning Across Courses
30-Minute Project/Research Poster Session
Debbie W. Newsome
This poster session is designed for counselor educators who are interested in innovative methods of measuring student learning outcomes. In addition to sharing information about our capstone course, we encourage counselor educators and supervisors to share their suggestions of ways to measure how students have acquired the skills and knowledge needed to be effective counselors.

10:30 am–11:00 am
Program ID #637, Convention Center, Poster Area 10
Out of the Closet and into the Light: Promoting a Successful Transformation Among Sexual Minorities
30-Minute Project/Research Poster Session
Shainna Ali, M. Kristina DePue, John T. Super
It is estimated that 10 percent of the U.S. population identifies as lesbian, gay, bisexual, or transgender (LGBT). Although the counseling literature promotes a variety of helpful theories, it also addresses sexual minorities as a population in need of further resources within the counseling realm. The coming-out process is a tumultuous experience for sexual minorities, and specific methods for counseling clients through this process are often overlooked in the sea of LGBT topics. This project promotes the conjunction of James Prochaska and Carlo DiClemente’s Stages of Change model with Vivienne Cass’ model of Homosexual Identity Formation to make up a useful tool for counselors working with sexual minority clients.

10:30 am–11:00 am
Program ID #638, Convention Center, Poster Area 11
Exploring the Relationship Between Racial Identity, Racial Stress, Psychological Distress, and Counselor Preferences of Blacks
30-Minute Project/Research Poster Session
Latinia M. Shell, Susan H. Marcus, Samantha Sanabria
Black identity is a multidimensional experience, influenced by heritage, socialization, and larger cultural forces. Blacks are often viewed as a one-dimensional racial group and as a result their complex mental health needs are misunderstood and not properly addressed. This study examines the counselor preferences of 220 Black research participants and proposes a model in order to understand the predictors of counselor preferences. The psychosocial constructs were examined and it was found that differences in racial identity and distress significantly differentiated participants who had no preference from those who preferred a Black counselor only. The results are discussed in the context of providing better access to mental health services.

10:30 am–11:00 am
Program ID #639, Convention Center, Poster Area 12
Forgiveness and Resiliency: Is There a Connection in Coping with Disability?
30-Minute Project/Research Poster Session
Susan Stuntzner, Sachin Jain
Forgiveness and resiliency are two concepts discussed throughout the literature. Yet, little is known about their role and function in coping with disability. Forgiveness and resiliency will be discussed as possible related factors when
considering adjustment to disability. A visual model will be presented to help demonstrate this connection. It is the intent of this presentation to assist mental health professionals in understanding and applying forgiveness as a part of the resiliency learning process when counseling persons with disability.

10:30 am–11:00 am  
Program ID #640, Convention Center, Poster Area 13  
**Counselor Wellness for the Counselor Educator: Fact or Fiction**  
30-Minute Project/Research Poster Session  
Julie Strentzsch  

Conference attendees will hear about the importance of beginning a better dialogue regarding the topic of wellness for counselor educators. Existing literature discusses the basics regarding wellness in counselor education and supervision yet does little to discuss what supports or prevents counselor educators from achieving this goal. This presentation will give insight to some of these issues.

10:30 am–11:00 am  
Program ID #641, Convention Center, Poster Area 14  
**Determining the Psychometric Properties of the School Counseling National Model Activity Scale (SCNMAS)**  
30-Minute Project/Research Poster Session  
Robert Eric Heidel, John Anthony Breckner, Joel Diambra, Joannine Studer  

Counselor education programs tout the benefits of CDSC programs that reflect the philosophy of the ASCA National Model and train school counselors to adopt this approach in their professional practice. However, graduating students are often hired as school counselors and assume professional responsibilities that do not resemble the tasks that complement the CDSC components. The SCNMAS is an instrument that was created to determine what activities practicing school counselors most commonly perform. A study focused on the psychometric validation of the SCNMAS will be presented. The utility of the instrument in school counseling programs and in the field will be discussed as well.

10:30 am–11:00 am  
Program ID #642, Convention Center, Poster Area 15  
**Understanding Counselor Fatigue Syndromes and Designing a Counselor Wellness Plan**  
30-Minute Project/Research Poster Session  
Kyle Baldwin  

Mental health professionals interested in counselor wellness may wish to learn more about counselor fatigue syndromes and healthy coping strategies. This poster session will provide an overview of the symptoms associated with empathy fatigue syndrome, compassion fatigue syndrome, and burnout syndrome. Examples of healthy coping strategies to address work-related stressors will be provided, along with a framework for creating a counselor wellness plan. This framework could also be utilized with clients in a mental health setting to create personal wellness plans. Handouts will include the educational content presented on the poster along with examples of healthy coping strategies and recommendations for further reading.

10:30 am–11:00 am  
Program ID #643, Convention Center, Poster Area 16  
**Preparing School Counselors-in-Training as Related Service Providers of Special Education: A Federally Funded Grant Program**  
30-Minute Project/Research Poster Session, Advanced  
Donna M. Gibson  

School counselors are not prepared as related service providers to students with disabilities in K–12 school settings. However, there is need for professional school counselors to offer counseling services to meet the specific needs of students with disabilities. Information will be provided on a specific, grant-funded program that trained school counselors-in-training as related service providers. Implications for counseling practice, counselor education, and supervision will be shared with attendees. Additionally, the presenter will share the grant process and funding resources available for this training program.

11:30 am–12:00 pm  
ASGW Sponsored Session  
Program ID #645, Convention Center, Poster Area 2  
**Teaching Teachers How To Use Group Work Skills in Their Classroom Community**  
30-Minute Project/Research Poster Session  
Mary Alice Bruce, Kara Carnes-Holt  

Teachers are group workers who create classroom environments in which students feel connected, as demonstrated by meaningful achievement in class activities as well as healthy social-emotional functioning. To accomplish this, school counselors can help teachers to develop qualities and abilities that enhance their communication and group work skills. Our presentation offers the Caring Community Teaching Module, which was created by the researchers and successfully teaches the teachers (a) group work skills to create caring connections among students and teachers, and (b) instructional communication techniques to meaningfully engage students, thus significantly enhancing student academic engagement and classroom climate for 6–9th grade students.

11:30 am–12:00 pm  
Program ID #646, Convention Center, Poster Area 3  
**Content Analysis About Internet Addictions: Issues, Research Trends, and Interventions in the U.S. and South Korea**  
30-Minute Project/Research Poster Session  
Jee Hyang Lee, Nansoel Heo, GoEun Na, Eunhui Yoon  

Internet addiction is emerging as a new epidemic issue all over
the world. More than one in eight Americans reported the signs of Internet addiction (2006), and 12.4 percent of South Korea youth are also considered to be at high risk for Internet addiction (2010). However, there is a little discussion about Internet addiction in the field of counseling. This presentation is designed to provide comprehensive information about Internet addictions based on a content analysis of research in the U.S. and South Korea. Therefore, attendees will learn about Internet addictions including definitions, diagnosis criteria, subcategories, research trends, and relevant intervention strategies in counseling and education.

11:30 am–12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #647, Convention Center, Poster Area 4
Innovations in Professional Development: Creating Integrative Chapter and Department Programs To Promote Advocacy and Leadership
30-Minute Project/Research Poster Session
Eric M. Crumley, Melanie Iarussi, Emily S. H. Stafford, Virginia Dawson Lacy, Jessica Tyler
Auburn University’s counselor education programs and the Iota Delta Sigma chapter have developed an integrative model for infusing advocacy and leadership development. This model includes course experiences, pedagogy, training, and outreach components. A foundation of this program is collaboration with schools and community programs, advocacy initiatives, scholarship, grant-writing, and leadership roles. An effective aspect of this model is integrating IDS membership, goals, and activities. This session provides materials, resources, and information about outcomes and program development.

11:30 am–12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #648, Convention Center, Poster Area 5
Advocacy Across Counseling Specializations: A Case Study Approach at the Individual, Community, and Legislative Levels
30-Minute Project/Research Poster Session
Kali DeWald, Kimberly Davalos, Maralee Bauer, My Thanh Mac
Advocacy is an essential component of the counseling profession, yet resources and avenues of advocacy are continually changing. Moreover, the unique contexts in which counselors see their clients (e.g., schools, rehabilitation centers, career centers, colleges) affect the way in which counselors intervene. This presentation explores professional advocacy within four major counseling specializations (school, rehabilitation, career, and college) using case studies to demonstrate how advocacy at individual, community, and legislative levels can be accomplished. The project highlights advocacy techniques and outcomes among the three levels and provides suggestions for counselors with an emphasis on multicultural and ethical considerations.

11:30 am–12:00 pm
Program ID #649, Convention Center, Poster Area 6
Play Therapy and Parent Consultation: How To Include Parents in the Counseling Process
30-Minute Project/Research Poster Session
Jennifer N. Bornsheuer
Parents play a vital role in their child’s counseling. Parent involvement in play therapy has been linked to a decrease in the child’s problem behaviors, significant results earlier in the therapy process, and maintenance of gains initiated in play therapy. Parent consultations are a helpful way for play therapists to gather background information about the presenting problems, continue gains achieved in therapy, and help the family function healthier. There are various models of parent consultation available to play therapists. Play therapists can benefit from understanding the different models of parent consultation to best meet the needs of the client’s families.

11:30 am–12:00 pm
Program ID #650, Convention Center, Poster Area 7
Applying Bio-Ecological Theory To Ease the Transition of First-Generation College Students of Color
30-Minute Project/Research Poster Session
Lynn Davies
For most students, going to college presents challenges that generate feelings of uncertainty; however, the presence of college-going parents can provide support to ease this transition. For first-generation college students (FGCS) of color, the psychological anxiety of this event is intensified, and lacking a role model with college-going experience to inform the FGCS, the anxiety can be disabling. With the increasing diversity of the U.S. population, greater numbers of FGCS are applying for college admission. With this trend comes a responsibility for counselors to ensure we prepare our FGCS for this life-changing event. Bronfenbrenner’s model of human development can be instrumental in defining the ecological strengths that can help promote the persistence of FGCS.

11:30 am–12:00 pm
Program ID #651, Convention Center, Poster Area 8
Building Trust with Your Student Intern To Foster Professional Development and Quality Client Care
30-Minute Project/Research Poster Session
Morgan E. Kiper Riechel
Counselors often serve as clinical site supervisors for master’s-level counselor interns. While the role of clinical site supervisor is critically important to the field of counselor education, many supervisors express a desire for additional training. This presentation is a review of a research investigation into the development of the cornerstone of a strong supervisory relationship, trust. Presenters will also provide recommendations for site supervisors to consider in their work with master’s-level counselor interns to build a trusting working relationship that will enhance the student’s experience and foster better quality care for the client.
The emotional cycle of deployment, ways children respond at different ages, and current strategies counselors can use to assist these children.

11:30 am–12:00 pm
Program ID #655, Convention Center, Poster Area 12
Cultural-Specific Suicide Risk Factors on Asian Americans
30-Minute Project/Research Poster Session
Fangzhou Yu
Suicide continues to be a leading cause of death worldwide. Suicide behavior is the most common crisis faced by counselors. Suicide assessment is critical to appropriate and effective suicide intervention. According to the 2010 U.S. Census, Asian Americans form a little under 5% of the American population, the fourth largest racial group. This poster presentation provides the knowledge of suicide epidemiology within the Asian American culture context, which will enable better assistance to the counselors in evaluating suicide risk and provide appropriate suicide prevention to this population as well as bring the awareness to the counselors about the importance of addressing multicultural issues in suicide risk evaluations.

11:30 am–12:00 pm
Program ID #656, Convention Center, Poster Area 13
Breaking Through Barriers: Combating Relational Aggression Among Adolescent Girls
30-Minute Project/Research Poster Session
Claudia Puleo, Kristina Curro
It's time for “Chick Chat”! Learn how to combat relational aggression in adolescent girls through this experiential presentation featuring a systemic, developmental group counseling curriculum. Participants will learn about relational aggression and discuss its potential risks as well as engage in discussions and exercises to provide awareness and prevention to this rising epidemic. This session will provide participants with a systemic, developmental program aimed at advocating for the prevention and intervention of relational aggression, while fostering self-esteem, healthy decision making, and conflict resolution among adolescent females through group counseling.

11:30 am–12:00 pm
Program ID #657, Convention Center, Poster Area 14
What Does Sex Education Really Mean for Teens? A Look at Implementation and Effectiveness in Schools and Communities
30-Minute Project/Research Poster Session
Amanda D. Gordon
The aim of this review is to examine the effectiveness of comprehensive sex education programs that are currently being implemented or those that were recently implemented for teens in schools and communities. Twenty-two comprehensive sex education programs were identified and reviewed, and the author found the programs to be effective in reducing
As practitioners we get invitations to become their friends on social media. There are unwritten rules for communicating in these spaces and there is the challenge that interacting with students and clients in this arena has the potential to impact the relationship. When operating on the World wide Web, anyone can have access to your information depending on the level of security you select. As practitioners we get invitations to become their friends on Facebook, MySpace, and LinkedIn networks. Making decisions regarding these connections raise ethical issues. Practitioners need to be aware of the different security levels provided so that they can protect their privacy and make informed choices about the information that remains public and with whom it is shared.

### 11:30 am–12:00 pm
***Program ID #658, Convention Center, Poster Area 15***

**Counselors and Social Media: What You Need To Know**

30-Minute Project/Research Poster Session

Claudette A. Brown-Smythe, Allison M. Hrovat

Social media is an emerging technology in counseling. There are unwritten rules for communicating in these spaces and there is the challenge that interacting with students and clients in this arena has the potential to impact the relationship. When operating on the World wide Web, anyone can have access to your information depending on the level of security you select. As practitioners we get invitations to become their friends on Facebook, MySpace, and LinkedIn networks. Making decisions regarding these connections raise ethical issues. Practitioners need to be aware of the different security levels provided so that they can protect their privacy and make informed choices about the information that remains public and with whom it is shared.

### 12:30 pm–1:00 pm
***Program ID #661, Convention Center, Poster Area 2***

**Measuring Adoption Awareness as a Factor of Diversity Competence in Preservice Teachers and Counselors**

30-Minute Project/Research Poster Session, Advanced

Sylvia A. Marotta, Megan J. Doughty Shaine

Diversity competence is often talked about in the literature but the scope of what diversity competence includes is often overlooked. Researchers posed the question of what factors contribute to preservice providers’ understanding of adoption as a diversity issue. A scale of perceptions of adoption was developed and scores analyzed by incorporating factors of diversity competence and self-efficacy to determine what influences diversity competence. The results of factor analyses from the three scales used on 205 preservice workers will be presented along with the predictive and concurrent validity qualities of the instrument against the Teacher’s Multicultural Attitude Survey and a General Self-Efficacy Scale.

### 12:30 pm–1:00 pm
***Program ID #662, Convention Center, Poster Area 3***

**Student Leadership in a Residential College: From Dysfunction to Effective Collaboration**

30-Minute Project/Research Poster Session

Susana Contreras Bloomdahl, Samir Patel

This presentation depicts the intervention strategy on a dysfunctional student council in a residential college setting. The council demonstrated poor collaboration and productivity, which indicated signs of distrust. The group intervention helped to expose the students’ lack of organization and need to learn more about each other. Ongoing intervention tactics included the use of simple trust building and planning activities that helped create more effective and productive organization and improved the leadership competence of student members.

### 12:30 pm–1:00 pm
***Program ID #663, Convention Center, Poster Area 4***

**Multicultural Competence for Helping Professionals: Validating Diverse Clients**

30-Minute Project/Research Poster Session

John Blando, Graciela Orozco, Nathalie Mizelle, Bita Shooshani

With the increasing diversity of the U.S. population, helping professionals must be knowledgeable of clients’ multidimensional backgrounds in order to build trusting relationships. Practical knowledge in addition to a theoretical understanding of multicultural skills and competencies is a must. This poster session incorporates theory with practice to focus on counseling considerations with Latino, LGBTQ, biracial, African American, and Middle Eastern clients. Case vignettes will help illustrate issues of various populations with respect to socioeconomic class, spirituality, discrimination, and cultural resources.

### 12:30 pm–1:00 pm
***Program ID #659, Convention Center, Poster Area 16***

**The Threat of Dual Relationships in Substance Abuse Counseling**

30-Minute Project/Research Poster Session

Sarah McCutchen

Examining the subject of dual relationships only reinforces the need for increased awareness and education for both counselors and patients. Awareness and education for counselors comes through research, consulting with experienced colleagues, and always being mindful of the best interest of their clients. Patients receive their understanding of boundary issues directly from counselors. Recovering counselors should seek treatment in neighboring towns to protect their own recovery, self-disclosure, and privacy. Clients may have a difficult time understanding and processing multiple roles of their therapists. Dual relationships may seem unavoidable, but they should be limited for the best possible client outcomes.

### 12:30 pm–1:00 pm
***Program ID #660, Convention Center, Poster Area 1***

**Multicultural Competence for Helping Professionals: Validating Diverse Clients**

30-Minute Project/Research Poster Session

John Blando, Graciela Orozco, Nathalie Mizelle, Bita Shooshani

With the increasing diversity of the U.S. population, helping professionals must be knowledgeable of clients’ multidimensional backgrounds in order to build trusting relationships. Practical knowledge in addition to a theoretical understanding of multicultural skills and competencies is a must. This poster session incorporates theory with practice to focus on counseling considerations with Latino, LGBTQ, biracial, African American, and Middle Eastern clients. Case vignettes will help illustrate issues of various populations with respect to socioeconomic class, spirituality, discrimination, and cultural resources.
culturally competent. A global perspective of counseling is becoming indispensable. The Upsilon Chi chapter of Chi Sigma Iota has embarked on a partnership with the Oasis Project to bring the profession of counseling to Cameroon, Africa. Outcome data will be discussed.

12:30 pm–1:00 pm
Chi Sigma Iota Sponsored Session
Program ID #664, Convention Center, Poster Area 5
Promoting the Profession: Using Technology To Advocate Future Career Paths in Counseling with High School Students
30-Minute Project/Research Poster Session
Emily R. Herman, Jake J. Protivnak, Melanie East, Matthew J. Paylo, Kyoung Mi Choi
This session focuses on professional advocacy efforts to encourage high school students to begin to consider a career as a professional counselor. A website was created for students and counselors that provided information regarding roles and functions of professional counselors based upon the CACREP areas. A mailing with the website address and other information was sent to school counselors who provided the links to students. Outcome data were collected regarding usefulness of the advocacy website.

12:30 pm–1:00 pm
Program ID #665, Convention Center, Poster Area 6
NCATE: Preparing School Counseling Programs for a Successful Reaccreditation
30-Minute Project/Research Poster Session, Advanced
Jolie Daigle, Andrea Dixon, Yvette Getch
More than 656 colleges of education in the United States are NCATE accredited and school counseling programs fall under the “umbrella” of educational programs due to its outreach to K–12 students. This presentation will assist counselor educators in achieving a successful reaccreditation by identifying the program report sections, components of each section, and examples of hard evidence/documentation that are required for review.

12:30 pm–1:00 pm
Program ID #666, Convention Center, Poster Area 7
The Experience of Counselors in Using Creativity in Practice: What Helps and Hinders
30-Minute Project/Research Poster Session
Lauri Mills, Barbara Smith
What role does creativity play in counseling? How do counselors experience using creativity with their clients? We will discuss the results of our thesis research on creativity in both career and concurrent disorders counseling, and share what has helped other counselors use creativity with their clients and what they have found to be challenging. Walk away with information and tools to help you tap into your own creativity and use it in practice.

12:30 pm–1:00 pm
Program ID #667, Convention Center, Poster Area 8
A Program for Training Teachers To Assist with School Disaster Debriefing
30-Minute Project/Research Poster Session
Charlotte Daughheetee, Shawne Sisk, Stephanie Puleo
During times of crisis and disaster, the needs of a student population is more than school counselors and even additional counselors providing crisis support can sometimes manage. The student body is usually in need of some type of debriefing session in order to express feelings and begin the healing process after a crisis event. Teachers can be highly effective collaborative partners in this process if they have been trained appropriately on crisis debriefing in a classroom setting. This session will present a debriefing training program that counselors can use to train teachers on conducting classroom debriefing following a disaster or school crisis event. An overview of the project and handouts of the training sessions will be provided.

12:30 pm–1:00 pm
Program ID #668, Convention Center, Poster Area 9
Inpatient Group Psychotherapy: Predicting Attendance and Participation
30-Minute Project/Research Poster Session
Sharon Silverberg
Inpatient group psychotherapy is one of the primary talk therapy interventions offered to patients necessitating acute psychiatric treatment. Research indicates that patients who attend and participate in group psychotherapy sessions while admitted to psychiatric hospitals have a lower rate of recidivism and are more successful in the community utilizing lower levels of psychiatric care. Unfortunately, not all patients attend group psychotherapy while admitted to a psychiatric facility and therefore do not benefit. This presentation will discuss the clinical characteristics of patients indicative of predicting attendance and participation in psychotherapy groups found in the study.

12:30 pm–1:00 pm
Program ID #669, Convention Center, Poster Area 10
Better Late Than Never: A Case Study Approach to Exploring the Experiences of Gay Men Who Come Out Later in Life
30-Minute Project/Research Poster Session
Dale Lee Covert
Coming out of the closet is a decision that, for many men and women, is associated with significant challenges and equally significant opportunities. This important life transition becomes even more complex when it occurs later in life. While the literature on various aspects of the lives of LGBT people is growing, the phenomenon of coming out later in life has yet to be fully explored. This presentation provides some basic information about men who come out as gay later in life and offers attendees an opportunity to hear some of the stories that these men have to tell about their experiences. Finally, some suggestions as to how to help clients who are experiencing this transition will be offered.
Empowerment of Young African American Males: An Afterschool Program That Improves Graduation Rates, Character, and Life Skills

This session explores through qualitative analysis the success factors and limitations of a community-based after-school program that blends traditional extracurricular, mentoring, and rite of passage programs together to prepare severely at-risk African American males for life after high school. The study explores how a program has created a 97 percent graduation rate of its participants that start and complete the four years of the program. This success rate is outstanding when compared to the national dropout rate of 48 percent for African American males living in America.

Factors Influencing Counselor Education Faculty Members’ Refereed Article Publication Rates

Publications in refereed journals have a significant influence on the evaluation of counselor educators and the ranking of their programs. This presentation reviews the findings of a study that investigated articles published in refereed journals by counselor educators (N = 411) who were employed by 55 doctoral programs accredited by CACREP. The counselor educators published in 321 different journals and their rates of publication differed per specific faculty variables (e.g., academic rank, year earned doctoral degree). The presenter will offer specific strategies and skills to support counselor educators and their students in their scholarly writing and research.

A Comprehensive Portfolio To Demonstrate School Counselor Effectiveness

Professional School Counselors (PSCs) are required to develop comprehensive school counseling programs that are preventative in nature and address all students’ academic, career, and personal social concerns (ASCA, 2005). However, PSCs often struggle to document and demonstrate effectiveness for the myriad interventions and services they provide. Given the need for PSCs to evaluate their own effectiveness and demonstrate accountability, it is imperative that PSCs develop strategies to do so. Therefore, the purpose of this program is to present a comprehensive portfolio assignment, required in a school counseling graduate course, that prepares students to successfully demonstrate competency in advocacy, needs assessment, data collection, accountability, and systemic change.
1:30 pm–2:00 pm
Program ID #676, Convention Center, Poster Area 1
Breaking Through the Pill Mills: Understanding How Counseling Is Influenced by the Rise of Prescription Drug Dependence
30-Minute Project/Research Poster Session
Shainna Ali, M. Kristina DePue
In the past 20 years, prescription drug diversion has become a multibillion-dollar market in the United States. Thirty-four states have recognized this issue and have enacted prescription drug monitoring programs in an attempt to regulate use and apprehend suspicious users. The remaining states unknowingly provide an alternate path around the legislative hurdle with the existence of “pill mills,” which inappropriately dispense prescription drugs. This project aims to educate counselors about the current prescription drug regulations that influence their work with addicted clients and to provide useful resources in helping clients impacted by prescription drug diversion.

1:30 pm–2:00 pm
Program ID #677, Convention Center, Poster Area 2
A Narrative Conceptualization of the Imposter Phenomenon: Implications for Supervisors of Beginning Counselors
30-Minute Project/Research Poster Session
Joel Lane
The “Imposter Phenomenon,” characterized as a sentiment that one is incompetent despite overwhelming contradictory evidence, is perhaps the most significant challenge that counseling students face as they begin their practicum experiences. Supervisors of these new counselors significantly influence their perceptions of their clinical capabilities. Thus, it is important for supervisors to have a clear understanding of the Imposter Phenomenon. This presentation will articulate a conceptualization of the Imposter Phenomenon from a narrative therapy perspective. The presenter will focus on narrative-derived interventions that supervisors can utilize to help their supervisees overcome the dominance of the “Imposter” narrative.

1:30 pm–2:00 pm
Program ID #678, Convention Center, Poster Area 3
Significance of Parental and Child Stress Due to the Effects of Divorce
30-Minute Project/Research Poster Session
Kristen M. Sockrider
Current estimates of first marriages ending in divorce range from 50 to 67 percent with divorce rates of second marriages to be the same or 10 percent higher in the U.S. Serious consequences can result from marital dissolution for both spouses. For infants, marital conflict transfers to the infant and makes it more difficult for the infant to self-soothe and to reestablish physiological calm after being distressed or overstimulated. For children and adolescents, negative psychological and physical effects present including symptoms of depression, withdrawal, poor social competence, health problems, poor academic performance, and conduct-related difficulties. Directive activity-based play therapy interventions can be used to address their needs.

1:30 pm–2:00 pm
Chi Sigma Iota Sponsored Session
Program ID #679, Convention Center, Poster Area 4
Best Practices in Professional Advocacy from the CSI Advocacy Committee
30-Minute Project/Research Poster Session
Stephanie T. Burns, Dalena Dillman Taylor, Caroline O’Hara, Daniel R. Cruikshanks
This poster session presents best practices in professional advocacy from the Chi Sigma Iota (CSI) Professional Advocacy Committee. A five-year literature review of articles from ACA journals will be presented along with specific professional advocacy activities from CSI chapters. Whether you are a student, practicing counselor, or counselor educator, you will find useful information that can inform your professional advocacy practice as an individual. CSI chapter advisors and members can also gain valuable information for chapter professional advocacy activities.

1:30 pm–2:00 pm
Chi Sigma Iota Sponsored Session
Program ID #680, Convention Center, Poster Area 5
Promoting Global Counseling Excellence Through CSI Engagement
30-Minute Project/Research Poster Session
George J. Rashid, Cassie Storlie, Jee Hyang Lee, Lisa Thompson-Gillespie
Chi Sigma Iota university chapters are instrumental in the leadership development of graduate students in counselor education. Chapters are demographically changing, as universities engage international students into their local chapters. This presentation will provide innovative new ideas to board leaders regarding the promotion of multicultural competencies, the recruitment and retention of international members to their chapters, networking strategies for promoting global counseling excellence, and resources for attending international counseling conferences and international publication.

1:30 pm–2:00 pm
Program ID #681, Convention Center, Poster Area 6
Coping Strategies in CACREP Programs: What Do Students Do, and How Can Programs Screen at Admissions?
30-Minute Project/Research Poster Session
Meghan C. Bulter, Chance A. Bell, Opal Cook, Kathryn Bradshaw, Kendra Boykin Rieger
What do students in CACREP-accredited programs do with all their stress? This poster session provides the answer according to a national survey of such students regarding their healthy and unhealthy coping strategies. Further information is...
provided pertaining to the admissions processes used across the nation to screen for unhealthy coping strategies as well as what could be done to make screening more effective.

1:30 pm–2:00 pm
Program ID #682, Convention Center, Poster Area 7
Oppositional Defiant Disorder: Anticipated Changes for DSM-5
30-Minute Project/Research Poster Session
Laura Welfare
The DSM-5 Disruptive Behaviors Disorders Workgroup has suggested several key revisions to the diagnostic criteria for Oppositional Defiant Disorder. The revisions include changes to the required symptoms, exclusionary criteria, and severity specifiers. These changes impact all counselors who work with clients who experience disruptive behaviors. In this session, the presenter will describe the proposed revisions, explain the workgroup’s rationale for such revisions, and provide suggestions for accurate and culturally competent diagnosis in practice.

1:30 pm–2:00 pm
Program ID #683, Convention Center, Poster Area 8
Haiti and Faith in Times of Trauma—Exploring Posttraumatic Growth and Spiritual Transformation Following the 2010 Earthquake
30-Minute Project/Research Poster Session
Kari A. O’Grady, Deborah G. Rollison
What has offered meaning and hope for Haitians? The devastating earthquake in Haiti on January 12, 2010, killed more than 230,000 people and injured many more. Over a year later, more than one million people were still living in tents. This study explores the relationship between various aspects of spirituality, posttraumatic growth, and spiritual transformation. What is the role of spirituality in the lives of the earthquake survivors, and what is the impact of the disaster on the survivors’ views of God and their overall faith? What psycho-spiritual factors can help people emerge stronger from an experience like this? Multicultural dimensions of our research methods and findings will also be shared.

1:30 pm–2:00 pm
Program ID #684, Convention Center, Poster Area 9
Walking the Line: A Qualitative Study on Counseling Student Perceptions and Facebook
30-Minute Project/Research Poster Session, Advanced Tanner Babb
Little to no research currently exists that explores the ethical perception of counseling students in relationship to online social networking. This presentation will highlight qualitative research conducted with counseling students about their perceptions of Facebook and use of online social networking. Gaps currently exist in the American Counseling Association Code of Ethics and research will be presented that illustrates those gaps, and opportunities will be given to participants to discuss ethical ways of managing those gaps.

1:30 pm–2:00 pm
Program ID #685, Convention Center, Poster Area 10
Sexism, Sexual Prejudice, or Both? The Effect of Gender Role Expression and Sexual Orientation on Attitudes and Perceptions
30-Minute Project/Research Poster Session
Carol Doyle, Amy M. Rees-Turyn, Tana Leigh Titus, Jessica A. Larson
Are negative attitudes and stigma toward LGB persons based on sexism—not conforming to gender stereotypes, or sexual prejudice (Herek, 2000)—biases against same-sex relationships and behaviors? More specifically, do attitudes vary toward gays and lesbians based on their degree of conformity to gender role expectations? Are attitudes toward gender-role-incongruent people negative regardless of sexual orientation? What is the relationship between these variables? This study used vignettes of people varying sexual orientation, masculinity/femininity, and sex to examine these questions. The study included both LGBT and heterosexual participants, which allowed us to compare the impact of sexism and sexual prejudice between the two groups.

1:30 pm–2:00 pm
Program ID #686, Convention Center, Poster Area 11
Understanding the Northwestern Native American Perspective on Receiving Counseling Services from Non-Native Counselors
30-Minute Project/Research Poster Session
Michele Lynch, Lindsay P. Robinson
Diversity theory informs the profession that cultural history may have an impact on a client’s perception of seeking, gaining, and participating in counseling services. This poster session aims to reveal the perceptions of members from seven Northwest tribes regarding Native American perspectives on receiving counseling services from non-native counselors. This information can inform practice and increase counselor sensitivity to cultural differences and to provide conditions that better meet the needs of Native American clients.

1:30 pm–2:00 pm
Program ID #687, Convention Center, Poster Area 12
Mental Health Issues of Female Veterans: Review of Literature on OEF/OIF Veterans
30-Minute Project/Research Poster Session
Jungeun Lee
Female veterans are projected to exceed 11 percent of the veteran population by the year 2040. Increasing numbers of female veteran population and the negative effect of deployment experiences make their mental health a priority. In fact, they present a high prevalence of mental health disorders such as PTSD and depression, and higher rates of exposure to combat trauma than previous cohorts of women veterans. This presentation provides a systemic review of literature on mental health issues of female veterans who were deployed to Iraq and Afghanistan. You are invited to examine the unique
characteristics of this new generation of female veterans and their demands for mental health services.

1:30 pm–2:00 pm
Program ID #688, Convention Center, Poster Area 13
Social Justice for All: First-Generation College Students Serviced by School Counselors-in-Training
30-Minute Project/Research Poster Session, Advanced
Kara P. Ieva
Too few low-income and first-generation students are afforded the opportunity to learn and engage in STEM majors and career paths prior to arriving to higher education. As a result, upon entering post-secondary education, they risk being ill-prepared for such majors and begin to lose interest and motivation to continue. The purpose of this presentation is to examine what can be learned from a systematic developmental summer program servicing the needs of first-generation college students while simultaneously preparing counselors-in-training to deliver a comprehensive counseling program ancillary to their practicum and internship experience.

1:30 pm–2:00 pm
Program ID #689, Convention Center, Poster Area 14
Efficacy and Benefits of Social Media Tools as They Pertain to Counselors-in-Training and Their Professional Development
30-Minute Project/Research Poster Session
S. Carol Ardon-McCullough, Philip Linwood Wilkerson
The old adage of “It’s not what you know, but who you know” has been magnified exponentially by the use of social media. This presentation is an examination of the benefits and purposefulness of the use of social networking tools among counselors-in-training and how these could also apply to counselor educators and career counselors. With these benefits also comes responsibility for these tools may leave people vulnerable and susceptible to negative consequences and repercussions. It is vital for counselors to use these tools appropriately. The research presented is of a qualitative nature and presents the viewpoints of counselors-in-training and how use of social media has helped them grow as professionals and emerging counselors.

1:30 pm–2:00 pm
Program ID #690, Convention Center, Poster Area 15
Promoting Leisure Wellness in Counseling: Exercises to Develop Casual Leisure into Serious Leisure
30-Minute Project/Research Poster Session
Darren A. Wozny
The dual-focused rationale for this practice-based leisure wellness project for counselors (to develop serious leisure) is that it is ethically necessary to protect against the professional risks of counselor burnout and impairment, as well as addressing an important developmental task of middle adulthood—developing adult leisure activities (Havighurst, 1972). Participants will have the opportunity to self-assess their past and current leisure activities/hobbies, increase exposure to new casual leisure activities/hobbies, and develop a future personal plan for serious leisure. Instructor and student exercise examples will be presented as well as excerpts from individual interviews regarding serious leisure activities/hobbies.

1:30 pm–2:00 pm
Program ID #691, Convention Center, Poster Area 16
Social Media and Educational Accomplishment Influences on Relationship Decision Making
30-Minute Project/Research Poster Session
Isaac Burt, Sally V. Lewis, Ayaciu Madrigal-Rodriguez, Tiphanie Gonzalez
Research indicates that social media exerts a powerful influence on relationship decision making, especially for individuals with high education. Social media, such as movies, music, and commercials, influences ideals of romance and partner selection. Together, social media and educational accomplishment present dilemmas to mental health professionals who work with clients with relationship issues. Literature is scarce in regards to research, leaving mental health professionals at a loss with what to do with clients. To address this practitioner-research gap, this study utilized qualitative methods to explore how social media affected high-education individuals in relationships.

2:30 pm–3:00 pm
AACE Sponsored Session
Program ID #692, Convention Center, Poster Area 1
Multicultural Supervision: Influencing Counseling Supervisor’s Motivation To Initiate Discussions on Culture and Diversity
30-Minute Project/Research Poster Session
Janean Miller
Attendees will discuss a newly developed multicultural supervision competence measure. In addition, research findings on the influence of social desirability, comfort in working with others, and multicultural skills level on counseling supervisors’ propensity to initiate multicultural discussion in supervision sessions will be presented.

2:30 pm–3:00 pm
Program ID #693, Convention Center, Poster Area 2
Relapse, Surrender, and Identity Development: A Qualitative Synthesis of Understanding Within the Addicted Population
30-Minute Project/Research Poster Session
Clifford Brooks, Kadicann Caballero-Dennis
This poster session provides information on relapse, surrender, and identity development with addicted clients through the lens of qualitative study. The themes of these interviews will help addiction and mental health providers understand specifically how the trifecta of relapse, surrender, and identity development relate to one another in the recovery process. Information on possible interventions and areas to be aware of...
in the counseling process will be provided along with references and post-poster consultation with the presenters.

2:30 pm–3:00 pm
Program ID #694, Convention Center, Poster Area 3

The Predictive Validity of Different Scoring Methodologies in Career Specialty Selection
30-Minute Project/Research Poster Session
Stephanie T. Burns
Do you give career assessments as a licensed school or mental health counselor? Do you teach about career assessments as a counselor educator? Do you know how those career assessments obtain their scores? Do you know if those assessments were created and scoring rubrics developed to value diversity? Attendees of this session will learn about new research in the psychometric scoring properties of career assessments as part of the presenter's dissertation research. The presentation will discuss the history of career assessments, how current career assessments are scored, and how a different psychometric scoring procedure can enhance outcomes and offer more robust narrative assistance to clients while at the same time valuing diversity.

2:30 pm–3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #695, Convention Center, Poster Area 4

Raising the Bar: Implementing Effective Counselor Community Engagement on the Local, National, and International Levels
30-Minute Project/Research Poster Session
Amy Zavadil, Laura Shannonhouse, Michael Brubaker
The counseling profession has consistently engaged in outreach with local, national, and international community partners, yet few models exist to support transformation for both counselors and their communities. In response, CSI’s Counselor Community Engagement (CCE) Committee developed guidelines and a model for implementing intentional CCE. This presentation will provide a description of current CCE activities, explore how to optimize CCE activities, and describe opportunities for networking and consultation.

2:30 pm–3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #696, Convention Center, Poster Area 5

A University/Community Partnership To Meet the Needs of Those Impacted by Disasters
30-Minute Project/Research Poster Session
Brittany Dally, Danielle Butterfield, Joel Lemus
Members of the Upsilon Nu Kappa chapter have partnered with the UNK counseling department and the local Red Cross to plan and implement disaster mental health training for counseling students, university personnel, and mental health providers. To date, fewer than 10 individuals have been trained in the Tri-City area of Nebraska. Our goal is to increase mental health disaster preparedness in the community and to develop trained individuals who are available for ongoing deployment.

2:30 pm–3:00 pm
Program ID #697, Convention Center, Poster Area 6

Ecotherapy and Children: A Natural Connection
30-Minute Project/Research Poster Session
Megan Delaney
Ecopsychologists believe that our connection (or disconnection) to the natural world influences our mental health and suggest that the way we treat our planet is indicative of our own well-being (individually and collectively). Ecotherapists explore a client's relationship with nature and may incorporate the natural world into the therapy process. While research has connected the positive effects of nature on children, no research has been conducted, beyond wilderness therapy with adolescents, on the ways in which counselors are using that natural world in therapy with children. The purpose of this pilot study was to explore the evolution and experiences of two therapists who have incorporated ecotherapy into their practice with children.

2:30 pm–3:00 pm
Program ID #698, Convention Center, Poster Area 7

The Integration of Quantum Mechanics and Adlerian Theory
30-Minute Project/Research Poster Session
Gurpreet Kaur, Carman Gill
The growing influence and application of quantum physics in other sciences has presented itself into the field of counseling as well. Quantum principles such as holographic universe, role of observer, nonlocality, collapse into consciousness, and space-time are applicable to the field of counseling. When applied to Adlerian theory, concepts and interventions derived from these two fields can result in tremendous benefits to the counseling relationship and the client.

2:30 pm–3:00 pm
Program ID #699, Convention Center, Poster Area 8

Counselor Preparation in the 21st Century: Utilizing Innovative Technology Tools To Enhance Counselor Training
30-Minute Project/Research Poster Session
Cynthia T. Walley
Counselor preparation in the 21st century has changed with the burgeoning of technology in our society. According to the CACREP 2009 standards, counselor education programs must use and infuse technology in their program delivery. However, many counselor educators may lack the competence and fail to understand all of the educational, ethical, and multicultural consequences of integrating technology. Therefore, the purpose of this presentation will be to discuss the technological approaches that were used, and can be used, to develop a hybrid counseling course, as well as other counseling courses, in order to engage and enhance students’ counseling skills, knowledge, and practice. The presentation will be didactic and handouts will be provided.
Saturday [Poster Sessions]

2:30 pm–3:00 pm
Program ID #700, Convention Center, Poster Area 9
A Procrastinator’s Guide To Writing Your Dissertation
30-Minute Project/Research Poster Session
Katie Kostohryz
This presentation is for you if the following applies: You find yourself reading every single program description right now instead of writing your dissertation, you already wrote your dedication page before you even started writing Chapter 1, your house is extremely clean and you hate to clean, you think it’s a good idea right now to reconnect with friends from elementary school, or maybe you find yourself looking at friends of friends of friends on social networking sites. Attendees will walk away with numerous tips on how to complete their dissertation from research, books, and recent PhD graduates.

2:30 pm–3:00 pm
Program ID #701, Convention Center, Poster Area 10
Internationalization of Professional Counseling: Meaning, Scope, and Concerns
30-Minute Project/Research Poster Session, Advanced
Kok-Mun Ng, Brigid M. Noonan
Though the discourse on internationalization of professional counseling has increased in recent years, the meaning and scope of this phenomenon have yet to be clearly defined in the literature. We will present findings of a study based on an expert panel on the meaning and scope of internationalization of professional counseling. Findings regarding some critical concerns about the movement will also be presented.

2:30 pm–3:00 pm
Program ID #702, Convention Center, Poster Area 11
Multicultural Counseling Beyond the Relationship: Expanding the Repertoire
30-Minute Project/Research Poster Session, Advanced
Betty Cardona, Fred Hanna
This presentation explores developments in the field of multicultural counseling and offers an approach to treatment based on the concept of psychological freedom. This is the idea of helping to free a person from a harmful discriminatory system, as opposed to merely adjusting.

2:30 pm–3:00 pm
Program ID #703, Convention Center, Poster Area 12
Relationship of Help Given to Perceived Help Received and Group Satisfaction Among Counseling Group Members
30-Minute Project/Research Poster Session
Floyd F. Robison
This study explored the relationship between help giving and evaluations of help received and group outcome by counseling group members. Young adults participated in six-session groups and rated help given and help received at sessions two and six, as well as satisfaction with the group. Members who rated themselves as more helpful to others reported receiving more help from others, and they rated the group outcomes more positively than members who reported they gave less help. We will describe ways that leaders may improve group outcomes by introducing planned opportunities for members to help one another and optimize their perceived ownership of their groups.

2:30 pm–3:00 pm
Program ID #704, Convention Center, Poster Area 13
Suicide in Schools: School Counselor Perceptions of and Experiences with Suicide Postvention
30-Minute Project/Research Poster Session
Kerrie R. Fineran, Sinem Akay
The presenters will share the results of a national mixed-methods study on the postvention practices of school counselors. First, a national survey was conducted in which school counselors described any postvention plans that were in place in their schools, rated the importance of suicide postvention plans, and evaluated training for school counselors in managing postvention activities. Secondly, interviews were conducted with school counselors who had experienced student suicide in their schools in order to gain their perspectives on the effectiveness of such plans. The results of this study will be presented and educational resource lists will be available.

2:30 pm–3:00 pm
Program ID #705, Convention Center, Poster Area 14
The Emerging Field of Fat Studies and Its Relevance to Counselors and Counselor Educators Interested in Social Justice
30-Minute Project/Research Poster Session, Advanced
Stella Beatriz Kerl-McClain
Research in the emerging field of fat studies looks at cultural assumptions of fat, fat bias, and problems in research related to obesity, among other areas. The field promotes an understanding of health that is unrelated to size/weight, arguing that fat bias clouds views of health, including mental health. Awareness of the research in this growing field can introduce us to the issues and assist us in applying these social justice perspectives to our work with clients and in educating future counselors. We must challenge our own biases and assumptions about fat/overweight clients, and about ourselves, in order to promote genuine emotional and physical health, regardless of size.

2:30 pm–3:00 pm
Program ID #706, Convention Center, Poster Area 15
Social Justice and Client’s Advocacy
30-Minute Project/Research Poster Session
Panagiotis Markopoulos, Shana L. Goggins
The poster presentation will provide a historical background of the social justice movement with regards to the counseling field. We will discuss why social justice is of a concern to counselors-in-training as well as professionals in the field. The presentation will include a review of the literature regarding the social justice...
theory, implications for graduate training programs, and the incorporation of social justice strategies into practice. We will discuss the eight advocacy competencies as outlined by the American Counseling Association. In addition, the presentation will help the audience to develop the knowledge, awareness, and skills necessary for social justice advocacy.

2:30 pm–3:00 pm
Program ID #707, Convention Center, Poster Area 16
Support After Graduation
30-Minute Project/Research Poster Session
Brandie Oliver, Ron Goodman
This poster session explores the pilot study for a “support” group for graduates of a school counseling program. The intent for this group was to provide support by offering continued professional development to recent graduates and create a space to share concerns and strategies with other school counselors in the field. Counselor burnout is a genuine concern for this profession. It is our hope that providing this support group will provide a positive outlet and place of continued growth and development for our graduates.

3:30 pm–4:00 pm
IAAOC Sponsored Session
Program ID #708, Convention Center, Poster Area 1
Restorative Justice in the Schools: A Three-Year Evaluation of a Youth Court
30-Minute Project/Research Poster Session
Simone Lambert, Nancy Bodenhorn
A brief overview of restorative justice in the schools will be provided, in conjunction with the results from a three-year evaluation of a high school’s youth court. Research findings offer a glimpse into students’ attitudes about the youth court. Recidivism rates for this population are explored based on the youth court intervention. Research outcomes have implications for fostering student resiliency and encouraging students to become productive school and community citizens.

3:30 pm–4:00 pm
ARCA Sponsored Session
Program ID #709, Convention Center, Poster Area 2
Occupational Issues with Individuals Who Are Deaf
30-Minute Project/Research Poster Session,
Robin E. Dock, Jacqueline Henry, Jaleasia Monaa Edgerton, Terrilyn Battle
Persons who are Deaf continue to be highly unemployed, employed with low personal satisfaction, experiencing discriminatory practices, and unsuccessful in maintaining competitive employment. This poster session discusses occupational issues experienced by the cultural minority of individuals who are Deaf. Areas of discussion include barriers to employment, on-the-job accommodations, education levels, and job satisfaction, with practical implications for rehabilitation counselors working with this population.

3:30 pm–4:00 pm
Program ID #710, Convention Center, Poster Area 3
Collecting Practice-Based Evidence for an Evidence-Based Counseling Course
30-Minute Project/Research Poster Session
Maegan R Hopkins
This poster presentation focuses on the process and outcomes of practice-based data collection within the context of an advanced, evidence-based counseling course. Counseling students were trained in cognitive-behavior therapy (CBT) and provided eight sessions of individual counseling to older adolescents and young adults. The primary goal was to learn from clients about their counseling experiences. This presentation provides a summary of pre-post CBT qualitative and quantitative data pertaining to what the clients found most and least helpful in their counseling experiences. Recommendations for future practice-based data collection within the context of counseling courses will be provided.

3:30 pm–4:00 pm
Program ID #711, Convention Center, Poster Area 4
Create Your Own CareerCamp
30-Minute Project/Research Poster Session
Danielle Gruen
Interested in learning how to create your own CareerCamp? In this session, you will first find out what CareerCamp is and how it might apply to your professional setting or community. We will then discuss how to create a CareerCamp step by step, with hands-on interactive activities including take-away worksheets and an outline of the CareerCamp structure. If career services are not an area of specialty to you, keep in mind we will also be addressing the variety of ways in which this same unconference format can be applied to an array of methodologies and topics applicable to your agency, department, or school.

3:30 pm–4:00 pm
Chi Sigma Iota Sponsored Session
Program ID #712, Convention Center, Poster Area 5
Working with Clients Who Self-Injure: A Grounded Theory Approach
30-Minute Project/Research Poster Session
Julia Whisenhunt, Caroline O’Hara
This poster session reflects the results of a grounded theory study that examined counselors, experiences and approaches working with clients who self-injure. This session will summarize the study findings and provide participants with information about important topics, such as what counselors find most rewarding and most challenging about this work, the interventions and techniques they find most efficacious, their perceived role as a counselor, and their ideas about self-injury.

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.
3:30 pm–4:00 pm
Program ID #713, Convention Center, Poster Area 6
Assessing Campus Climates for Multiracial Identity Inclusion: Considerations for College Personnel and Counselors
30-Minute Project/Research Poster Session
Elizabeth Paniagua, Skyler Barton
As the multiracial population in the U.S. grows, college counselors and personnel must prepare to best serve multiracial students on campus. Unlike monoracial individuals, multiracial college students have to negotiate with more than one racial identity and attempt to make meaning in a society that has conceptualized race and ethnicity as one sole identity. The purpose of the proposed project is to introduce Bronfenbrenner’s (1993) and Renn’s (2004) ecology models to conceptualize multiracial students’ identity development. A campus climate assessment and intervention model will be offered for college personnel and counselors to examine or promote a positive campus environment for multiracial students.

3:30 pm–4:00 pm
Program ID #714, Convention Center, Poster Area 7
Tips for Applying for Counselor Education Faculty Positions
30-Minute Project/Research Poster Session
Rebecca Newgent, Harrison Davis, Kristin Higgins, Arie T. Greenleaf
Faculty from three different universities will provide tips for applying for counselor education faculty positions. They will share their own experiences applying for faculty positions; what was helpful and what was not helpful. They will also share what their respective universities want in new faculty. Information regarding dossier development as well as preparing for your colloquium will be provided. Attendees will have the opportunity to ask questions and seek guidance from faculty. How to use these tips with career counseling clients will also be addressed.

3:30 pm–4:00 pm
Program ID #715, Convention Center, Poster Area 8
How Did Ordinary People Manage Crisis After the Great East Japan Earthquake?: An Implication from Cultural Perspective
30-Minute Project/Research Poster Session
Yuri Mizobuchi, Takako Watanabe
When the great east Japan earthquake happened on March 11, 2011, people in the world were surprised to see how well the survivors maintained order and dignity in crisis. People kept calm and helped each other to survive. This presentation tries to answer the “why?” of many people. The presenter introduces several ideas that might answer the question from a cultural perspective, religion, and folklore.

3:30 pm–4:00 pm
Program ID #716, Convention Center, Poster Area 9
Aging, Ageism, and Mitigating Implicit Ageism in the Consultation Room
30-Minute Project/Research Poster Session
John A. Blando
The population of elders—especially minority elders—in the U.S. is growing at a rate faster than that of the population overall. This population faces challenges including those due to ageism. Basic information will address aging and practical issues when counseling older adults. This will include demographics of aging as well as counseling issues relevant to the spectrum of work with older adults. The presenter will discuss elders’ experience of implicit ageism in the consultation room and the use of universal design principles to mitigate it. Attendees will acquire a greater understanding of an aging population, issues in aging, and practical information on how to mitigate factors that contribute to ageism in their work.

3:30 pm–4:00 pm
Program ID #717, Convention Center, Poster Area 10
Internalized Homonegativity and Treatment Outcomes in LGBT-Specific Addiction Treatment
30-Minute Project/Research Poster Session
Jenna Van Slyke, Tina M. Livingston-Sacin
While research exists pertaining to internalized homonegativity and substance use among sexual minorities, there is no research to date that examines the role of internalized homonegativity in an LGBT-specific treatment environment. In this context, internalized homonegativity refers to a set of negative attitudes and affects toward homosexuality in others and in oneself (Amadio, 2006). This session will present recent research results that have examined internalized homonegativity and treatment outcomes in LGBT-specific inpatient addiction treatment. Findings will be discussed as well as implications for counselors working with LGBT clients in a variety of settings.

3:30 pm–4:00 pm
Program ID #718, Convention Center, Poster Area 11
The Perceived Effectiveness of Casualty Assistance Services for Military Families: A Study of Military Widow Perceptions
30-Minute Project/Research Poster Session
Jayne Patterson, Erica Bare
This project researches the effectiveness of the current Military Casualty Assistance Officer Training Program and the services it provides after the initial notification of a military death has been made, based upon feedback from military widows who have received casualty assistance services. The rationale for researching this is to compare the data against the amount of training each officer has received. The purpose of the casualty assistance officer is to support the family of military casualties as they bring home their loved one to honor their sacrifice. The casualty assistance officer is required to contact the surviving
next of kin within 4 hours of notification and to provide ongoing assistance through the adjustment process.

3:30 pm–4:00 pm
Program ID #719, Convention Center, Poster Area 12
Stress Coping, Secure Attachment, and Trait Resilience Among College Students in the U.S., China, and Taiwan
30-Minute Project/Research Poster Session, Advanced Ming-hui Li
This study explored the factors that influence individuals to actively cope with stressful situations in the U.S., China, and Taiwan. In both U.S. and Chinese samples, the sole effective predictor of active coping was trait resilience. In the Taiwanese sample, trait resilience and secure attachment were effective predictors of active coping. The results showed that trait resilience could predict active coping in all three samples, implying that trait resilience can influence active coping across cultures.

3:30 pm–4:00 pm
Program ID #720, Convention Center, Poster Area 13
AMCD Sponsored Session
Understanding the Lived Experiences of Bilingual Counselors-in-Training Counseling Spanish-Speaking Clients
30-Minute Project/Research Poster Session, Maritza G. Striker
Facing a growing U.S. Spanish-speaking population, research demonstrates that counselors across the country are scrambling to meet the mental health needs of Spanish-speaking clients. This presentation, based on a phenomenological dissertation, will provide a description of the lived experiences of bilingual counselors-in-training from South Texas. Implications for bilingual counseling practice, education, and supervision will be discussed, as well as suggestions for further research.

3:30 pm–4:00 pm
Program ID #721, Convention Center, Poster Area 14
The Impact of Spiritual Development on Counseling Issues of Traditional College Students
30-Minute Project/Research Poster Session, Gail K. Roaten, Katherine Elizabeth Carmichael
Spiritual development is an important component in the overall identity development of adolescents and young adults. This presentation reports the results of a research study that examines the spiritual development of traditional college students as it relates to life satisfaction and mental health. Information gained from the study will be used to suggest practical strategies that counselors may use in counseling this population.
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The ACA Conference and Exposition is a unique professional development opportunity that will provide you with a new perspective on the counseling profession. We are very glad you decided to attend.

A wonderful experience awaits you.
The counselors who worked for eight years, as a coalition, to bring counselor licensure to California have now formed a new professional association to protect that license and to support LPCCs in California.

Become a member of CALPCC to:
- Receive updates and support during the licensing process and beyond
- Support advocacy and representation of LPCCs at the state level
- Participate in professional development and community building for LPCCs

Join online today

[calpcc.org]
ACA, ACA Affiliates, and Divisions—Business Meetings & Social Events
Meetings and social events by organization for ACA are listed in chronological order under the appropriate acronym.

AACE—Association for Assessment in Counseling and Education
AADDA—Association for Adult Development and Aging
ACA—American Counseling Association
ACA Branches
   California Counseling Association
ACA Regions
   Midwest Region
   North Atlantic Region
   Southern Region
   Western Region
ACAC—Association for Child and Adolescent Counseling
ACAF—American Counseling Association Foundation
ACC—Association for Creativity in Counseling
ACCA—American College Counseling Association
ACEG—Association for Counselors and Educators in Government
ACES—Association of Counselors in Education and Supervision
AHC—The Association for Humanistic Counseling
ALGBTIC—Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
AMCD—Association for Multicultural Counseling and Development
ARCA—American Rehabilitation Counseling Association
ASCA—American School Counselor Association
ASERVIC—Association for Spiritual, Ethical and Religious Values in Counseling
ASGW—Association for Specialists in Group Work
CACREP—Council for Accreditation of Counseling and Related Educational Programs
CALPCC—California Association for Licensed Professional Clinical Counselors
Chi Sigma Iota—Honor Society
CSJ—Counselors for Social Justice
IAAOC—International Association of Addictions and Offender Counselors
IAMFC—International Association of Marriage and Family Counselors
NCDA—National Career Development Association
NECA—National Employment Counseling Association
Universities
   University of Central Florida
   University of North Carolina-Greensboro
   Walden University

Divisions not holding ancillary events
AMHCA—American Mental Health Counselors Association
Business Meetings & Social Events

AACE

Thursday, March 22
9:00 am–4:30 pm
AACE Executive Council Meeting
Hilton–Executive Conference Center:
Sunset Boardroom

Friday, March 23
8:00 am–12:00 pm
AACE Executive and New Executive Council Meeting
Hilton–Golden Gate 1

6:00 pm–8:00 pm
AACE, AADA, ASERVIC, AHC, IAAOC Joint Reception
Hilton–Cityscape 46th Floor

Saturday, March 24
7:30 am–9:00 am
AADA Breakfast
Moscone West Convention Center:
Room 3018

11:00 am–12:00 pm
AADA Adultspan Journal Editorial Board Meeting
Hilton–Executive Conference Center:
Sunset Boardroom

2:00 pm–3:00 pm
AADA New Board Meeting
Hilton–Executive Conference Center:
Sunset Boardroom

ACA

Tuesday, March 20
9:00 am–5:00 pm
ACA Governing Council
Hilton–Imperial Ballroom

Wednesday, March 21
9:00 am–5:00 pm
ACA Governing Council
Hilton–Imperial Ballroom

Thursday, March 22
1:00 pm–4:00 pm
ACA 20/20 Delegate Meeting
Hilton–Imperial B

2:00 pm–3:00 pm
ACA Branch Executives Meeting
Hilton–Yosemite C

4:00 pm–5:00 pm
ACA Region Chairs Meeting
Hilton–Yosemite C

6:00 pm–8:00 pm
ACA VISTAS Contributors Reception
(Invitation only)
Hilton–Plaza B

Friday, March 23
11:00 am–12:00 pm
ACA Women’s Interest Network
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Grief and Bereavement Interest Network
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Interest Network for Advances in Therapeutic Humor
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Wellness Interest Network
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Traumatology Interest Network
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Children’s Counseling Interest Network
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Network for Jewish Interests
Hilton–Grand Ballroom B

11:00 am–12:00 pm
ACA Sports Counseling Interest Network
Hilton–Grand Ballroom B

UPDATES
Look for updated information in the Program Guide Addendum in your tote bag.

We want to know what you think!
Visit the kiosks near registration to complete conference survey
### Business Meetings & Social Events

**Saturday, March 24**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>11:00 am–1:00 pm</td>
<td>ACA Midwest Region Business Meeting</td>
<td>Hilton–Plaza A</td>
</tr>
<tr>
<td>11:00 am–1:00 pm</td>
<td>ACA North Atlantic Region Business Meeting</td>
<td>Hilton–Plaza B</td>
</tr>
<tr>
<td>2:00 pm–4:00 pm</td>
<td>ACA Nominations and Elections Committee</td>
<td>Hilton–Grand Ballroom B</td>
</tr>
<tr>
<td>2:00 pm–4:00 pm</td>
<td>ACA Crisis Response Planning Task Force</td>
<td>Hilton–Grand Ballroom B</td>
</tr>
<tr>
<td>2:00 pm–4:00 pm</td>
<td>ACA DSM-5 Task Force</td>
<td>Hilton–Grand Ballroom B</td>
</tr>
<tr>
<td>2:00 pm–4:00 pm</td>
<td>ACA Task Force for School Counseling</td>
<td>Hilton–Grand Ballroom B</td>
</tr>
<tr>
<td>2:00 pm–4:00 pm</td>
<td>ACA Ethics Appeal Panel Task Force</td>
<td>Hilton–Executive Conference Center: Presidio Boardroom</td>
</tr>
<tr>
<td>5:00 pm–6:30 pm</td>
<td>ACA International Student Panel</td>
<td>Hilton–Plaza B</td>
</tr>
<tr>
<td>6:00 pm–7:00 pm</td>
<td>ACA Author’s Reception</td>
<td>Hilton–Franciscan C</td>
</tr>
<tr>
<td>6:30 pm–7:30 pm</td>
<td>ACA International Reception</td>
<td>Hilton–Plaza B</td>
</tr>
<tr>
<td>9:00 pm–12:00 am</td>
<td>ACA Opening Night Celebration</td>
<td>Moscone West Convention Center</td>
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**Sunday, March 25**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 am–12:00 pm</td>
<td>ACA Ethics Committee</td>
<td>Hilton–Franciscan C</td>
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<tr>
<td>8:00 am–12:00 pm</td>
<td>ACA Ethics Revision Task Force</td>
<td>Hilton–Franciscan A</td>
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<tr>
<td>1:00 pm–3:00 pm</td>
<td>ACA Annual Membership Meeting</td>
<td>Hilton–Imperial A</td>
</tr>
</tbody>
</table>

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**We want to know what you think!**

Visit the kiosks near registration to complete conference survey.
Business Meetings & Social Events

**ACAC**

Saturday, March 24

2:00 pm–3:30 pm  
ACAC Business Meeting  
Hilton–Franciscan D

**ACC**

Thursday, March 22

2:00 pm–6:00 pm  
ACC Board and Business Meeting  
Hilton–Franciscan B

Friday, March 23

7:00 pm–9:00 pm  
ACC, ACES, ASGW Joint Reception  
Hilton–Plaza A

**ACCA**

Thursday, March 22

9:00 am–5:00 pm  
ACCA 2011–2012 Executive Council Meeting  
Hilton–Golden Gate 5

Friday, March 23

8:00 am–9:00 am  
ACCA Community College Coffee  
Hilton–Yosemite B

2:00 pm–3:00 pm  
ACCA Emerging Leader Training  
Hilton–Golden Gate 2

4:00 pm–5:00 pm  
ACCA Roundtables  
Hilton–Golden Gate 4 and 5

Saturday, March 24

7:30 am–9:00 am  
ACCA Breakfast & Business Meeting  
Moscone West Convention Center: Room 3014

11:00 am–1:30 pm  
ACCA 2011–2012 Executive Council Meeting  
Hilton–Golden Gate 3

2:00 pm–3:00 pm  
ACCA Journal Meeting  
Hilton–Golden Gate 1

6:00 pm–7:30 pm  
ACCA Reception  
Hilton–Yosemite A

1:00 pm–5:00 pm  
ACES 2011–2012 Executive Council Meeting  
Hilton–Golden Gate 1

5:00 pm–6:00 pm  
ACES 2012–2013 Executive Council Meeting  
Hilton–Golden Gate 1

**ACEG**

Wednesday, March 21

9:00 am–5:00 pm  
ACEG Professional Development Institute  
Moscone West Convention Center: Room 2010

12:00 pm–2:00 pm  
ACEG Annual Awards Luncheon  
Moscone West Convention Center: Room 2012

Thursday, March 22

10:00 am–11:00 am  
ACEG Annual Director’s Board Meeting  
Hilton–Golden Gate 1

2:00 pm–3:00 pm  
ACEG Membership Business Meeting  
Hilton–Yosemite B

Friday, March 23

6:00 pm–7:30 pm  
ACEG, NECA Joint Reception  
Hilton–NECA Suite

**ACES**

Thursday, March 22

9:00 am–12:00 pm  
ACES, NCDA Commission on the Future of Career Development Meeting  
Hilton–Franciscan B

1:00 pm–9:00 am  
ACES State Presidents/Presidents-Elect Meeting  
Hilton–Franciscan A

8:00 am–9:00 am  
ACES Career Interest Network  
Hilton–Grand Ballroom B

8:00 am–9:00 am  
ACES New Faculty Interest Network  
Hilton–Grand Ballroom B

8:00 am–9:00 am  
ACES International Counseling Interest Network  
Hilton–Grand Ballroom B

8:00 am–9:00 am  
ACES School Counseling Interest Network  
Hilton–Grand Ballroom B

8:00 am–9:00 am  
ACES Ethics and Professional Standards  
Hilton–Grand Ballroom B

8:00 am–9:00 am  
ACES Department Chairs’ Interest Network  
Hilton–Grand Ballroom B

8:00 am–9:00 am  
ACES Clinical Mental Health Interest Network  
Hilton–Grand Ballroom B

8:00 am–9:00 am  
ACES Multicultural Counseling Interest Network  
Hilton–Grand Ballroom A
## Business Meetings & Social Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 am–9:00 am</td>
<td>ACES Clinical Director’s Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
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<tr>
<td>8:00 am–9:00 am</td>
<td>ACES Supervision Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
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<tr>
<td>8:00 am–9:00 am</td>
<td>ACES Counselor Educator Qualitative Research Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
</tr>
<tr>
<td>8:00 am–9:00 am</td>
<td>ACES Rural Counseling Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
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<tr>
<td>8:00 am–9:00 am</td>
<td>Western ACES</td>
<td>Hilton–Franciscan C</td>
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<tr>
<td>8:00 am–9:00 am</td>
<td>ACES College Student Affairs Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
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<tr>
<td>8:00 am–9:00 am</td>
<td>ACES Advocacy Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
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<tr>
<td>8:00 am–9:00 am</td>
<td>ACES Doctoral Programs Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
</tr>
<tr>
<td>8:00 am–9:00 am</td>
<td>ACES Technology Interest Network</td>
<td>Hilton–Grand Ballroom B</td>
</tr>
<tr>
<td>8:00 am–9:00 am</td>
<td>Rocky Mountain ACES</td>
<td>Hilton–Franciscan B</td>
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<tr>
<td>8:00 am–9:00 am</td>
<td>North Central ACES</td>
<td>Hilton–Yosemite A</td>
</tr>
<tr>
<td>8:00 am–9:00 am</td>
<td>North Atlantic ACES</td>
<td>Hilton–Franciscan D</td>
</tr>
<tr>
<td>8:00 am–9:00 am</td>
<td>Southern ACES</td>
<td>Hilton–Yosemite C</td>
</tr>
<tr>
<td>7:00 pm–9:00 pm</td>
<td>ACES, ACC, ASGW Joint Reception</td>
<td>Hilton–Plaza A</td>
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**Saturday, March 24**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Research Grants Committee</td>
<td>Hilton–Imperial Ballroom</td>
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<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Membership Committee Meeting</td>
<td>Hilton–Imperial Ballroom</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Graduate Student Committee Meeting</td>
<td>Hilton–Imperial Ballroom</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Product Development Committee Meeting</td>
<td>Hilton–Imperial Ballroom</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Awards Committee Meeting</td>
<td>Hilton–Imperial Ballroom</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Career Development Commission</td>
<td>Hilton–Imperial Ballroom</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES 2013 Conference Committee Meeting</td>
<td>Hilton–Imperial Ballroom</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Social Justice and Human Rights Committee</td>
<td>Hilton–Imperial Ballroom</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>ACES Women’s Interest Group</td>
<td>Hilton–Imperial Ballroom</td>
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**AHC**

**Wednesday, March 21**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>4:00 pm–6:30 pm</td>
<td>AHC Board Meeting</td>
<td>Hilton–Franciscan B</td>
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**Thursday, March 22**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>9:00 am–1:00 pm</td>
<td>AHC Board Meeting</td>
<td>Hilton–Franciscan C</td>
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<tr>
<td>2:00 pm–4:00 pm</td>
<td>AHC Editorial Board Meeting</td>
<td>Hilton–Franciscan C</td>
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**Friday, March 23**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>6:00 pm–8:00 pm</td>
<td>AHC, AACE, AADA, ASERVIC, IAAOC Joint Reception</td>
<td>Hilton–Cityscape 46th Floor</td>
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**Saturday, March 24**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>11:00 pm–12:30 pm</td>
<td>AHC Town Hall Meeting</td>
<td>Hilton–Golden Gate 2</td>
</tr>
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**We want to know what you think!**

Visit the kiosks near registration to complete conference survey
## Business Meetings & Social Events

### ALGBTIC

**Friday, March 23**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>9:00 am–4:00 pm</td>
<td>ALGBTIC Board Meeting</td>
<td>Hilton–Golden Gate 6</td>
</tr>
<tr>
<td>3:00 pm–5:00 pm</td>
<td>ALGBTIC Queer People of Color Gathering</td>
<td>Hilton–Golden Gate 3</td>
</tr>
<tr>
<td>6:00 pm–7:30 pm</td>
<td>ALGBTIC Reception</td>
<td>Hilton–Yosemite A</td>
</tr>
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**Saturday, March 24**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>11:00 am–1:00 pm</td>
<td>ALGBTIC Brunch</td>
<td>Moscone West Convention Center: Room 3016</td>
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**Sunday, March 25**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>10:30 am–12:00 pm</td>
<td>ALGBTIC Annual Open Member Meeting &amp; Nominations</td>
<td>Hilton–Franciscan D</td>
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</table>

### AMCD

**Wednesday, March 21**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>12:00 pm–7:00 pm</td>
<td>AMCD Service Day Volunteer Check-In</td>
<td>Hilton–Yosemite A</td>
</tr>
<tr>
<td>3:00 pm–5:00 pm</td>
<td>AMCD Conference Start-up Meeting</td>
<td>Hilton–Executive Boardroom</td>
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**Thursday, March 22**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>9:00 am–11:00 am</td>
<td>AMCD Executive Council &amp; Annual Business Meeting</td>
<td>Hilton–Franciscan A</td>
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<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>3:00 pm–4:00 pm</td>
<td>AMCD Native American Concerns Meeting</td>
<td>Hilton–Golden Gate 4 and 5</td>
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<tr>
<td>3:00 pm–4:00 pm</td>
<td>AMCD African American Concerns Meeting</td>
<td>Hilton–Golden Gate 4 and 5</td>
</tr>
<tr>
<td>3:00 pm–4:00 pm</td>
<td>AMCD Asian American Pacific Islander Concerns Meeting</td>
<td>Hilton–Golden Gate 4 and 5</td>
</tr>
<tr>
<td>5:00 pm–6:00 pm</td>
<td>AMCD Past President’s Meeting</td>
<td>Hilton–Golden Gate 6</td>
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<tr>
<td>6:00 pm–8:00 pm</td>
<td>AMCD Past President’s Awards Reception</td>
<td>Hilton–Yosemite C</td>
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**Friday, March 23**

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 am–9:00 am</td>
<td>AMCD First Timers Orientation</td>
<td>Hilton–Plaza B</td>
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<tr>
<td>11:00 am–12:30 pm</td>
<td>AMCD Mentor/Mentee Meeting</td>
<td>Hilton–Yosemite C</td>
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<tr>
<td>11:00 am–1:00 pm</td>
<td>AMCD Latino Leadership Institute</td>
<td>Hilton–Yosemite B</td>
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<tr>
<td>2:00 pm–4:00 pm</td>
<td>AMCD Ethnic Concerns Vice-President’s Meeting</td>
<td>Hilton–Executive Conference Center: Sunset Boardroom</td>
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<tr>
<td>3:00 pm–4:00 pm</td>
<td>AMCD Latino/Latina Concerns Meeting</td>
<td>Hilton–Golden Gate 4 and 5</td>
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**Saturday, March 24**

<table>
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<tr>
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<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>11:00 am–12:00 pm</td>
<td>AMCD Southern Region Business Meeting</td>
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<td>11:00 am–12:00 pm</td>
<td>AMCD Midwest Region Business Meeting</td>
<td>Hilton–Franciscan C</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>AMCD North Atlantic Region Business Meeting</td>
<td>Hilton–Franciscan A</td>
</tr>
<tr>
<td>11:00 am–12:00 pm</td>
<td>AMCD Western Region Business Meeting</td>
<td>Hilton–Franciscan D</td>
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<tr>
<td>11:00 am–12:00 pm</td>
<td>AMCD JMCD Editorial Board Meeting</td>
<td>Hilton–Golden Gate 1</td>
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<tr>
<td>12:00 pm–2:00 pm</td>
<td>AMCD Luncheon</td>
<td>Moscone West Convention Center: Room 3014</td>
</tr>
<tr>
<td>5:00 pm–6:30 pm</td>
<td>AMCD &amp; ACES Joint Graduate Student Reception</td>
<td>Hilton–Yosemite C</td>
</tr>
<tr>
<td>6:00 pm–7:30 pm</td>
<td>Unity Through Dialogue: The Intersections of Different Identities Into One Mission</td>
<td>Hilton–Plaza A</td>
</tr>
<tr>
<td>9:00 pm–12:00 am</td>
<td>AMCD Dance &amp; Mixer</td>
<td>Hilton–Imperial</td>
</tr>
</tbody>
</table>

**Updates**

Look for updated information in the Program Guide Addendum in your tote bag.
### Business Meetings & Social Events

#### Sunday, March 25

**10:00 am–12:00 pm**  
AMCD General Business Meeting & Executive Council Debriefing  
Hilton–Franciscan B

#### ARCA

**Wednesday, March 21**

**3:00 pm–6:00 pm**  
ARCA Board Meeting  
Hilton–Yosemite C

**Thursday, March 22**

**9:00 am–1:00 pm**  
ARCA Board Meeting  
Hilton–Franciscan D

**Friday, March 23**

**2:30 pm–4:00 pm**  
ARCA RCB Editorial Board Meeting  
Hilton–Yosemite A

**3:00 pm–4:00 pm**  
ARCA Student Orientation  
Hilton–Yosemite B

**4:00 pm–5:00 pm**  
ARCA Business Meeting  
Hilton–Golden Gate 1

**6:00 pm–8:00 pm**  
ARCA Reception  
Hilton–Yosemite B

**Saturday, March 24**

**11:00 am–1:00 pm**  
ARCA Student Activities  
Hilton–Yosemite B

**1:00 pm–2:00 pm**  
ARCA Student Research Forum  
Hilton–Yosemite B

#### ASCA

**Friday, March 23**

**2:00 pm–4:00 pm**  
ASCA Leadership Structure Meeting  
Hilton–Franciscan D

#### Saturday, March 24

**2:00 pm–4:00 pm**  
ASCA Current Initiatives Meeting  
Hilton–Franciscan C

#### ASERVIC

**Thursday, March 22**

**2:00 pm–6:00 pm**  
ASERVIC Board Meeting  
Hilton–Franciscan D

**Friday, March 23**

**12:00 pm–2:00 pm**  
ASERVIC Luncheon  
Moscone West Convention Center: Room 3016

**2:00 pm–3:00 pm**  
ASERVIC Graduate Student Meeting  
Hilton–Golden Gate 1

**3:00 pm–4:00 pm**  
ASERVIC Editorial Board Meeting  
Hilton–Executive Boardroom

**6:00 pm–8:00 pm**  
ASERVIC, AACE, AADA, AHC, IAAOC Joint Reception  
Hilton–Cityscape 46th Floor

**Saturday, March 24**

**2:00 pm–3:00 pm**  
ASERVIC State Presidents Meeting  
Hilton–Yosemite A

#### Sunday, March 25

**8:00 am–9:00 am**  
ASERVIC Interfaith Service  
Hilton–Imperial A

**9:00 am–10:00 am**  
ASERVIC Catholic Mass  
Hilton–Imperial A

#### ASGW

**Wednesday, March 21**

**9:00 am–6:00 pm**  
ASGW Executive Board Meeting  
Hilton–Franciscan C

**Thursday, March 22**

**9:00 am–6:00 pm**  
ASGW Executive Board Meeting  
Hilton–Golden Gate 6

**Friday, March 23**

**12:00 pm–2:00 pm**  
ASGW Luncheon  
Moscone West Convention Center: Room 3014

**2:00 pm–4:00 pm**  
ASGW Strategic Planning Meeting  
Hilton–Franciscan A

**4:00 pm–5:00 pm**  
ASGW Journal for Specialists in Group Work  
Hilton–Franciscan B

**4:00 pm–5:00 pm**  
ASGW General Business Meeting  
Hilton–Golden Gate 1

**7:00 pm–9:00 pm**  
ASGW, ACC, ACES Joint Reception  
Hilton–Plaza A

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**We want to know what you think!**

Visit the kiosks near registration to complete conference survey
**Business Meetings & Social Events**

**Saturday, March 24**

11:00 am–12:00 pm  
ASGW Past Presidents, Fellows, Branch Presidents, Graduate Students, Leadership and Committee Meetings  
Brunch  
Hilton–Yosemite C

12:30 pm–1:30 pm  
ASGW Open Meeting on Bullying  
Hilton–Yosemite C

1:30 pm–2:30 pm  
ASGW Fellows Committee Meeting  
Hilton–Yosemite C

4:00 pm–5:30 pm  
ASGW Town Hall Meeting  
Hilton–Golden Gate 4

6:00 pm–7:30 pm  
ASGW Member Appreciation & Networking Reception  
Hilton–Plaza B

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**CACREP**

**Thursday, March 22**

8:00 am–2:00 pm  
CACREP Team Member Training/Renewal  
Hilton–Imperial A

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**Friday, March 23**

12:00 pm–2:00 pm  
CACREP Member Meeting  
Hilton–Franciscan C

2:00 pm–4:00 pm  
CACREP Board Meeting  
Hilton–Franciscan C

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**CCA**

**Thursday, March 22**

6:00 pm–8:00 pm  
CCA Reception  
Hilton–Plaza A

8:30 pm–10:00 pm  
CCA Board Meeting  
Hilton–Golden Gate 1

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**Friday, March 23**

5:00 pm–6:30 pm  
CCA/Alliance University Panel Discussion  
Hilton–Franciscan D

6:30 pm–8:00 pm  
CCA/Alliance University Reception  
Hilton–Franciscan A

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**Saturday, March 24**

8:00 am–9:00 am  
CCA Meetings  
Hilton–Yosemite B

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**Sunday, March 25**

8:00 am–9:00 am  
CARVIC Meeting  
Hilton–Franciscan B

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**Chi Sigma Iota**

**Thursday, March 22**

2:30 pm–5:30 pm  
Chi Sigma Iota Executive Council  
Hilton–Golden Gate 2

**Friday, March 23**

11:00 am–12:30 pm  
Chi Sigma Iota Chapter Faculty Advisors  
Hilton–Imperial B

11:00 am–12:30 pm  
Chi Sigma Iota Chapter Leaders  
Hilton–Imperial A

12:00 pm–1:00 pm  
Chi Sigma Iota Bring Your Own Lunch Meeting  
Hilton–Plaza B

1:00 pm–3:30 pm  
Chi Sigma Iota Leadership Workshop  
Hilton–Imperial B

3:30 pm–5:00 pm  
Chi Sigma Iota Delegate Business Meeting  
Hilton–Imperial A

5:00 pm–6:00 pm  
Chi Sigma Iota Annual Awards  
Hilton–Imperial A

6:00 pm–7:30 pm  
Chi Sigma Iota Reception  
Hilton–Imperial B

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**Saturday, March 24**

8:00 am–9:00 am  
Chi Sigma Iota Committee Chairs  
Hilton–Imperial Ballroom

9:00 am–10:30 am  
Chi Sigma Iota Committees  
Hilton–Imperial Ballroom

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**Updates**

Look for updated information in the Program Guide Addendum in your tote bag.

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**We want to know what you think!**

Visit the kiosks near registration to complete conference survey.
### Business Meetings & Social Events

#### CSJ
**Wednesday, March 21**
- 9:00 am–4:00 pm  
  CSJ Board & Strategic Planning Meeting  
  Hilton–Franciscan A

#### IAAOC
**Thursday, March 22**
- 1:00 pm–6:00 pm  
  IAAOC Executive Committee Meeting  
  Hilton–Yosemite A

**Friday, March 23**
- 6:00 pm–8:00 pm  
  IAAOC, AACE, AADA, ASERVIC, AHC Joint Reception  
  Hilton–Cityscape 46th Floor

**Saturday, March 24**
- 7:30 am–9:00 am  
  IAAOC Breakfast  
  Moscone West Convention Center: Room 3018

#### NCDA
**Thursday, March 22**
- 9:00 am–12:00 pm  
  NCDA, ACES Commission on the Future of Career Development  
  Hilton–Franciscan B
- 12:30 pm–2:00 pm  
  NCDA Luncheon  
  Moscone West Convention Center: Room 2012

#### NECA
**Thursday, March 22**
- 1:00 pm–5:00 pm  
  NECA Board and General Membership Meeting  
  Hilton–NECA Suite
- 7:00 pm–8:30 pm  
  Working Ahead, Moving Forward GCDF Practitioner & Instructor Reunion  
  Hilton–NECA Suite

**Friday, March 23**
- 8:00 am–9:00 am  
  NECA Board Breakfast  
  Hilton–Yosemite C
- 11:00 am–1:00 pm  
  NECA “Wellness at Work” Brunch  
  Hilton–Golden Gate 7 and 8

### UNIVERSITIES & AFFILIATES

**Wednesday, March 21**
- 7:00 pm–9:00 pm  
  Walden University Meeting  
  Hilton–Yosemite C

**Thursday, March 22**
- 8:00 am–9:00 am  
  Walden University Meeting  
  Hilton–Imperial B
- 5:00 pm–6:30 pm  
  University of North Carolina–Greensboro Reception  
  Hilton–Yosemite B
- 5:00 pm–6:30 pm  
  University of Central Florida Reception  
  Hilton–Imperial A

**Saturday, March 24**
- 8:00 am–9:00 am  
  Walden University Meeting  
  Hilton–Yosemite C

**Sunday, March 25**
- 8:00 am–9:00 am  
  Walden University Meeting  
  Hilton–Franciscan D

---

Register now at the registration desk  
March 20–24, 2013
My base education officer got me on track to achieve my lifelong goal of a bachelor’s degree.

— MSgt. Price E. Martin Jr., U.S. Marine Corps (ret.), Bachelor of Science in Liberal Studies, Excelsior College

Whether you’re advising people who need more education to advance in a job, transition from the military, or start in a whole new career field, Excelsior College is a great piece of advice that can make a tangible difference in someone’s life.

Excelsior College has been helping working adults overcome barriers to achieving academic success since 1971. With flexible and affordable degree and certificate programs, our students benefit from education paths that are as unique and diverse as they are.

Excelsior’s Center for Professional Development offers more than 150 non-credit programs in every career field, from project management to wedding planner as well as an MBA Boot Camp for those preparing to enter an MBA program or brush up on fundamental business skills.

Our campus is wherever our students are (virtually everywhere!), so no matter where your clients live, they can fulfill their educational goals and realize their career aspirations through Excelsior College.
Don’t Miss the Expo! It’s Where All the Action Is!

More than 100 exhibitors will showcase the latest products and services.

EXPO HOURS

Thursday, March 22    4:30 pm–7:00 pm
Expo Grand Opening & Welcome Reception

Friday, March 23    10:30 am–6:00 pm
Lunch in the Expo    12:00 pm–2:00 pm

Saturday, March 24    10:00 am–4:00 pm
Saturday Social    2:00 pm–4:00 pm

Be sure to visit the ACA Resource Center consisting of:

• ACA Membership Booth
• ACA Public Policy
• ACA Professional Affairs and Ethics
• ACA Foundation Booth

And there’s much more happening in the Expo:

• Poster sessions
• ACA Career Center
• ACA Bookstore
• Cyber Center/computer stations
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**UpdAtes**

Look for updated information in the Program Guide Addendum in your tote bag.
AATBS – Association for Advanced Training in the Behavioral Sciences
Booth 513
5126 Ralston Street, Ventura, CA 93003
800-472-1931 • Fax: 805-676-3033
www.aatbas.com
AATBS has been the leader in exam preparation and continuing education for mental health professionals for more than 35 years. Our licensure preparation materials are well known as the unrivaled standard in the field and customers find our service to be courteous and responsive. Partner with us to pass your exam the first time!

ACA Book Store
Booth 301
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
counseling.org

NEW EXHIBITOR!
Academic Partnerships
Booth 218
160 Continental Avenue
Dallas, TX 75207
214-210-4068
www.academicpartnerships.com
Academic Partnerships’ mission is to increase access to higher education through the growth of distance learning. Through a collation of outstanding universities and colleges, Academic Partnerships provides high-demand, high-quality degree programs, 100% online from our partner state universities. Educators are able to choose the online education program that is right for them and transform their career with an online program from a highly respected state university. In today’s competitive economy, schools and districts demand educators who have committed themselves to ongoing professional development.

It has never been more convenient or affordable to advance your education and career while juggling the demands of your busy life. Ready to get started? We’re here to help.

Adler School of Professional Psychology
Booth 527
17 North Dearborn
Chicago, IL 60601
312-662-4100 • Fax: 312-662-4199
www.adler.edu
Adler School of Professional Psychology’s innovative program curricula, which include a doctoral program in clinical psychology and several master’s programs, prepare socially responsible practitioners by promoting social justice through education and training. Campuses include Chicago and Vancouver.

Alexander Street Press
Booths 411 & 413
3212 Duke Street
Alexandria, VA 22314
800-889-5937
www.emicrotraining.com
Microtraining, now an Imprint of Alexander Street Press, offers an expansive selection of counseling and therapy DVDs with a focus on multicultural and competency-based counselor and therapist education. Now you can get any of our titles in online streaming format! Stop by our booth, 411–413, to preview any of our videos to use in your classroom. New titles include Collaborative Family Helping, Counseling Difficult Clients, Narrative Therapy, Feedback Informed Treatment, Counseling the Student Athlete, Multicultural Counseling, and many more! Also, please join us for a delicious chocolate and wine reception on Friday, March 23, from 5 to 6 pm at our booth 411–413.

American College Counseling Association (ACCA)
Booth 122
5999 Stevenson Avenue
Alexandria, VA 22304
562-985-8646 • Fax: 526-985-4534
www.collegecounseling.org

American Dance Therapy Association (ADTA)
Booth 414
10632 Little Patuxent Parkway
Columbia, MD 21044
410-997-4040 • Fax: 410-997-4048
www.adta.org
Since 1966, ADTA and its members have pioneered the in-depth understanding of how the mind and body interact... in sickness and in health. ADTA promotes the use of dance and movement as powerful tools for mental and emotional health. ADTA maintains high standards for education, training, and professional practice for dance/movement therapists.

American Mental Health Counselors Association (AMHCA)
Booth 529
801 N. Fairfax Street, #304
Alexandria, VA 22314
703-548-6002 • Fax: 703-548-4775
www.amhca.org
AMHCA works exclusively for licensed mental health counselors by advocating for legislation that expands, enhances, and protects the right to practice, promotes mental health awareness, and builds the profession of mental health counseling nationally. For more information, visit www.amhca.org or call 800-326-2642.

American Psychological Association
Booth 219
750 First Street, NE
Washington, DC 20002
202-336-5970 • Fax: 202-336-0918
www.apa.org

UPDATE
Look for updated information in the Program Guide Addendum in your tote bag.
American Rehabilitation Counseling Association (ARCA)
Booth 125
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.arcaaweb.org

NEW EXHIBITOR!
Argonaut Software
Booth 314
407 Eureka Street, Suite 300
San Francisco, CA 94114
866-522-4054
www.ArgonautSoftware.com
Argonaut Practice Management is the premier, web-based solution designed to help solo and small group psychotherapists manage appointments, clinical records, and finances in one easy-to-use integrated system. Save hours of paperwork, increase your income, and reduce your stress with Argonaut!

American State University–Nicholas A. Cummings Behavioral Health Program
Booth 304
Arizona State University, School of Letters and Sciences, DBH
Mail Code 3320 N
500 N. 3rd Street, Suite 311
Phoenix, AZ 85004
602-496-1356 • Fax: 602-496-1597
www.dbh.asu.edu
The Online Doctor of Behavioral Health Program (DBH) at Arizona State University is an upgrade to a doctorate for master’s-level clinicians, tailored to meet the emerging need for innovative behavioral clinicians to practice in primary-care and medical settings. The DBH curriculum and practicum are designed to offer a unique blend of evidence-based behavioral interventions, medical literacy, health systems, and entrepreneurship skills that will meet the needs of the health-care, reform-driven marketplace. The doctoral can be completed in as few as 18 months with no dissertation required.

Army Recruiting Command
Booths 204 & 206
Munoz Bldg., 206 9th Calvary Regiment Avenue
Fort Knox, KY 40121
502-626-1981 • Fax: 502-626-0854
www.goarmy.com
The U.S. Army offers several educational and career opportunities for young adults to consider when planning for their future. The Army also provides several resources to the educational community at no cost, such as the March 2 Success, www.march2success.com, an online test preparation course, which assists students/schools with improving their performance on standardized tests, such as the ACT/SAT or state assessment examinations. Another program, the ASVAB Career Exploration Program, www.asvabprogram.com, provides high-quality, cost-free career exploration and planning materials to high schools throughout the nation. Other U.S. Army education resources can be found at www.armyedspace.com.

Association for Counselor Education and Supervision (ACES)
Booth 119
5999 Stevenson Avenue
Alexandria, VA 22304
540-915-2961 • Fax: 540-231-7845
acesonline.net
ACES supports quality education and supervision of all counselors. ACES produces a top-tier journal dedicated to research and best practices in counselor education and supervision, and it supports regional and national conferences.

Association for Creativity in Counseling (ACC)
Booth 118
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.creativecounselor.org

Association for Humanistic Counseling (AHC)
Booth 118
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.afhc.camp9.org
The executive board and active members of the Association for Humanistic Counseling will be present at the exhibit hall to discuss the latest projects and activities within the division, membership benefits, and opportunities for members to become more involved.

Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)
Booth 127
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.algbtic.org
ALGBTIC is a division of the American Counseling Association. Our mission is to promote greater awareness and understanding of lesbian, gay, bisexual, and transgender (LGBT) issues among members of the counseling profession and related helping occupations. Each year we provide an array of

Exhibitor Descriptions

GRADUATE STUDENT AND NEW PROFESSIONAL CENTER and POSTER SESSIONS

Argosy University
Booths 533 & 632
205 N. Michigan Avenue, #1300
Chicago, IL 60601
312-279-3966 • Fax: 312-424-7282
www.argosy.edu
Argosy University, with 19 locations across the country, offers a variety of graduate degree programs in the mental health area, including mental health counseling, community counseling, counselor education and supervision and marriage and family therapy. Visit us online at argosy.edu.
merchandise, books, and other LGBT-related publications relevant to the counseling profession. Information about ALGBTIC-related events taking place during the conference is also housed at the booth. If time allows, volunteering at the booth is a wonderful opportunity to meet and network with our division officers, members, and friends. So come on by and show your LGBT or ally pride!

**Association for Multicultural Counseling & Development (AMCD)**

Booth 117
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.amcd.aca.org

AMCD seeks to develop programs to improve ethnic and racial empathy and understanding. Its activities are designed to advance and sustain personal growth and improve educational opportunities for members from diverse cultural backgrounds.

**Association for Play Therapy**

Booth 214
3198 Willow Avenue, Suite 110
Clovis, CA 93612
559-294-2128 • Fax 559-294-2129
www.a4pt.org

The Association for Play Therapy is a national professional society established in 1982 to advance the play therapy modality and support its member counselors, marriage and family therapists, psychologists, and clinical social workers, and other licensed mental health professionals in 25 nations.

**Association for Specialists in Group Work (ASGW)**

Booth 126
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.asgw.org

ASGW provides information about association membership, products, and events, including regional workshops and national conferences for group work and leadership training.

**Association for Spiritual, Ethical and Religious Values in Counseling (ASERVIC)**

Booth 124
5999 Stevenson Avenue
Alexandria, VA 22304
800-347-6647 • Fax: 703-823-0252
www.aservic.org

ASERVIC invites you to visit our exhibit booth to learn more about our upcoming Spiritual Journey, 2012 Conference on Spirituality in New Mexico, changes to our journal, membership information, and a free spiritual vitamin. We look forward to meeting you!

**ASVAB Career Exploration (USMEPCOM)**

Booth 525
2834 Green Bay Road
North Chicago, IL 60064-3094
847-688-3680 • Fax: 847-688-4579
www.asvabprogram.com

The ASVAB Career Exploration Program assists high school and post-secondary students with career decisions. Our free program includes a multi-aptitude test battery and interest inventory. Students explore career information matching their interests, abilities, and preferences.

**Bio-Medical Instruments, Inc.**

Booth 514
2387 East 8 Mile Road
Warren, MI 48091
586-756-5070 • Fax: 586-756-9891
www.bio-medical.com

Since 1972, Bio-Medical Instruments has offered a wide variety of biofeedback and neurofeedback equipment and supplies from major manufacturers. When you buy from Bio-Medical Instruments, you receive technical support from both us and the manufacturer.

**Brain Science International (BSI)**

Booth 515
4637 Chabot Drive, Suite 102
Pleasanton, CA 94588
925-416-1400
www.brainsinternational.com

BSI provides world-class education in how to apply the tools of modern neuroscience to many disorders. This emerging field’s most experienced instructors form the core of BSI’s diverse teaching and consulting staff. BSI also provides brainmap interpretation and neurofeedback recommendations by the leaders in the field and an affiliate program. BSI: the EEG expert’s expert!

**Breakwater Expeditions**

Booth 224
PO Box 1807, Sandpoint, ID 83864
208-263-0277 • Fax: 208-263-8968
www.breakwaterexpeditions.com

Breakwater Expeditions provides 7- to 14-day Family Adventure Therapy trips and customized experiences for programs, schools, and support groups. Our kayak and canoe expeditions use the power of the wilderness and a strength-based approach to break down barriers and build relationships. Destinations include, though are not limited to, Alaska, Bahamas, Lake Powell, San Juan Islands, Florida, Maine, Montana, and Idaho.

**Brooks/Cole Cengage Learning**

Booths 205 & 207
10 Davis Drive
Belmont, CA 94002
650-637-7569 • Fax: 650-595-0260
www.cengage.com

Brooks/Cole Cengage Learning delivers customized learning solutions for counselors and students alike at colleges, universities, libraries, agencies, and professionals around the world. Well-respected authors and innovative products provide solutions that foster social justice, academic excellence, professional development, and measurable learning outcomes.

**Bull Publishing Co.**

Booth 333
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415-971-7689

Bull Publishing will feature the work of Kate Lorig, including the classic Living a Healthy Life with Chronic Conditions along with the recent book, Solace, by Walter St. John that deals with difficult
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New this year!!

ACA Mobile Website

ACA will be featuring some added technology tools at the conference this year. The ACA mobile link http://SF2012.counseling.org will provide conference information including full session descriptions, dates, times, and locations. In addition, you will be able to view the entire conference-at-a-glance by day. The mobile website is scaled to run on any mobile device, and meant to offer real-time assistance. Visit the ACA website www.counseling.org/conference to click on the link.

Follow us on Twitter

Again this year, ACA will have a twitter feed throughout the conference. Use the ACA hashtag #ACASF2012 to follow the conference twitter thread.
The Diamond Jubilee

Awards Ceremony & Gala Dinner

Celebrating 60 Years of Serving Counselors and the Counseling Profession (1952–2012)

Saturday, March 24, 2012  Business/Cocktail Attire
Grand Ballroom A, Hilton San Francisco Union Square

Awards Reception 6:30 pm–7:30 pm (Complimentary)

Gala Dinner 7:30 pm–9:30 pm (Ticketed Event)

Gala Dinner Co-Chairs

Join your colleagues in this evening celebration to honor distinguished counseling professionals who are making an impact on the profession. At the Gala, which will take place after the awards portion of the ceremony, help us celebrate ACA’s 60th anniversary with music and dinner. Tickets will be sold for the Gala portion and all proceeds benefit educational programs of the ACA Foundation.

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The only conference devoted entirely to the clinical mental health counseling profession. Three days of powerful general sessions, inspiring and informative breakout sessions, as well as networking opportunities. Plan to join us in Orlando July 19-21, 2012!

Friday Keynote

The Power of Vulnerability

In our culture, vulnerability has become synonymous with weakness. We associate vulnerability with emotions like fear, shame, and scarcity; emotions that we don’t want to discuss, even when they profoundly affect the way we live, love, work, and lead. Because of this, we put on a face of invulnerability, which can lead to personal issues for many. Dr. Brown will explore the critical role vulnerability plays in our lives, common strategies we use to avoid and minimize vulnerability, and actionable strategies for using vulnerability to help us both personally and professionally.

Brené Brown, Ph.D., LMSW, is a professor and vulnerability researcher at the University of Houston Graduate College of Social Work. For the past 10 years, she has studied how our thoughts, emotions, and behaviors shape who we are; what it takes to be our best, most authentic selves; and what gets in the way.

Saturday General Session

Warriors and Their Families:

Adjusting to Pressures and Transitions

With the official end of the Iraq War and troops continuing to serve in Afghanistan and around the world, there is a growing need to address issues concerning our troops and their families. Our panel of experts will address topics faced by veterans and how the mental health community can continue to support this growing population. Topic slides will be used as a focus for panelists and to prompt questions from the audience. Issues may include: loyalty, financial stress, values, stigmas, social support, self care and sexual assault.

Panelists:

Major Ammon Campbell, Active Duty & Mental Health Counselor
Nate Crawford, Ph.D., Retired Air Force Chaplain
Judith Harrington, Ph.D., LPC, LMFT, Suicide Prevention
Adrian Magnuson-Whyte, MA, LMHC, Disenfranchised Veterans
Susanne Walker, MS, LPC, Military Family Issues

Pre-Conference Workshop

Suicide Prevention, Intervention & Postvention

Judith Harrington, Ph.D., LPC, LMFT
During an era when hospitalization for suicidality is limited in length of stay or in readily available admissions, clinicians experience more demands for comprehensive care management and intervention. This workshop will highlight current thinking about suicide prevention as a national health imperative.

Pre-Conference Workshop

Reel Therapy: Ethical and Professional Issues for Therapists

Therapists and therapy are often portrayed in films with varying degrees of accuracy. Nevertheless, real therapists and other helping professionals can learn a great deal about themselves from “reel” therapists.

The workshop will include provocative film clips, which often are an entertaining, powerful, and effective means for elaboration and discussion.

To join our mailing list and receive “Nine Ways to Build Your Practice” sign up at:

www.amhca.org/signup
Courtland C. Lee
Multicultural Excellence Scholarship Award
Caroline O’Hara

Glen E. Hubele National Graduate Student Award
Stephanie Tursic Burns

David K. Brooks, Jr. Distinguished Mentor Award
Jane E. Myers

Don Dinkmeyer Social Interest Award
Andrew P. Daire

ACA Research Award
Richard J. Hazler and JoLynn V. Carney

Robert Rencken Emerging Professional Leader Award
Annette P. Bohannon

Arthur A. Hitchcock Distinguished Professional Service Award
Courtland C. Lee

Best Practice Award
Richard S. Balkin

Counselor Educator Advocacy Award
Victoria E. Kress

Carl D. Perkins Government Relations Award
Janet E. Wall

ACA State Branch Advocacy Award
American Counseling Association of New York

Branch Awards
Best Leadership Development Project – Midwest Region
Oklahoma Counseling Association

Best Leadership Development Project – North Atlantic Region
District of Columbia Counseling Association

Best Leadership Development Project – Southern Region
Mississippi Counseling Association

Best Innovative Practice – Midwest Region
ACA of Missouri

Best Innovative Practice – North Atlantic Region
Maine Counseling Association

Best Innovative Practice – Southern Region
Texas Counseling Association

Best Innovative Practice – Western Region
Idaho Counseling Association

Fellows Awards
John R. Culbreth
Gary G. Gintner
Daya Singh Sandhu
Carmen F. Salazar
Rebecca L. Toporek
Mark E. Young

Presented at the Diamond Jubilee Gala:

ACA Professional Development Award
Jane E. Myers

Kitty Cole Human Rights Award
Rita Chi-Ying Chung

Gilbert and Kathleen Wrenn Award for a Humanitarian and Caring Person
Brande N. Flamez
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**Continuing Education (CE) and ACA Academy Certificates**

**Pre-conference Learning Institute and Education Session CE Certificates**
Complete the Learning Institute and Education Session evaluation during conference at the CE/Evaluation kiosks, near the registration area, or after Conference at www.prolibraries.com/counseling. **In order to obtain contact hours for the sessions you attended, you MUST complete the online evaluation process by December 31, 2012.**

**Step 1:** Log on to www.prolibraries.com/counseling using your ACA website login

**Step 2:** Click on “Session Evaluations”.

**Step 3:** Select the session you attended, complete the evaluation, and click “submit”. Make sure you fill in the evaluation completely as the contact hours are not earned until the entire evaluation is completed. Do this for EACH session you attended.

**Step 4:** Complete the Overall Conference Survey by clicking on “Conference Survey”.

**Step 5:** View and print your CE Certificate
   1. Log on to www.prolibraries.com/counseling,
   2. Click “CE Certificate” option under “Your Account”.
   3. Print your certificate(s) from your personal computer at no additional cost!

Your CE records for the ACA 2012 Conference may be printed as needed from the ACA Online Library (www.prolibraries.com/counseling) in the CE Certificate section. All CE records are housed jointly at ACA Headquarters and with ACA contracted partner (Prolibraries) for a period of 5 years.

**ACA Academy Certificates**

**Step 1:** Go to www.counseling.org/sub/academies/academymenu12.html.

**Step 2:** Complete the Academy Certificate Form online. There is no fee.

**Step 3:** The Academy Certificate will be mailed 2–3 weeks after submission is received.

**Certificates by Mail**
If you prefer to complete hard copies of the CE certificate form or Academy form, and mail to ACA for processing:

**Step 1:** visit www.counseling.org/conference

**Step 2:** print all necessary forms

**Step 3:** Mail to ACA headquarters with a $15 processing fee (per certificate)

**Step 4:** Certificates will be mailed 2–3 weeks after completed forms are received.

For questions regarding CEs for this conference, contact 800-545-2223 x229
For technical questions or problems contact Digitell, Inc. at 800-679-3646 or visit www.prolibraries.com/counseling
The Professional Counselor: Research and Practice (TPC) is a scholarly, online open source indexed journal focusing on counselor practice. Its primary purpose is to promote the practice of professional counseling worldwide by publishing original peer-reviewed manuscripts covering a broad range of empirical, theoretical and innovative counseling issues. The National Board for Certified Counselors (NBCC) invites manuscripts on a wide variety of topics. Visit our Web site to read current and past issues and to find information about submitting a manuscript.

http://tpcjournal.nbcc.org
**10% Risk Management Discount Conference Form**

*Coverage is available to eligible residents of the United States of America and Puerto Rico.*

**INSTRUCTIONS:**
1. You must secure a total of 6.0 Contact Hours (0.6 CEUs) or more by attending a combination of approved Learning Institutes and/or education sessions from the Conference Program Guide. 30-Minute Project/Research Poster Sessions are NOT approved. **Please note the list of unapproved sessions on the back of this form.**
2. Include your name, address and policy number (if applicable) in the space provided below.
3. Sign the form. Unsigned forms will not be processed.
4. **Make a copy of this form for your records.**
5. A) If you are a current NSO or HPSO customer with an individual professional liability insurance policy then you may fax a copy of this form to 1-800-758-3635.
   B) If you are not currently an NSO or HPSO customer, please contact www.NSO.com or www.HPSO.com to obtain an application for coverage.

**Return the completed application and a copy of this form to NSO at:**
Healthcare Providers Service Organization, 159 East County Line Road, Hatboro, PA 19040

(Print clearly)

Name: ____________________________________________________________

Address: _______________________________________________________________________

City/State/Zip: __________________________ Policy Number: __________________________

Please list the approved Learning Institutes and/or Education Sessions you attended below (excluded sessions are listed on the reverse side):

Note each daytime LI = 6.0 CE, evening LI = 3.0 CE, 90 minute session – 1.5 CE, and each 60 Minute Session = 1.0 CE

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Total CE Amount (You must secure a total of 6.0 CEs or more)

I certify that the information I have reported on this form is complete and accurate.

Signature___________________________________________________  Date: ____________________

**The following sessions are excluded and may not be applied toward the 10% discount:**
ID #101  The Five Hottest Topics in the Counseling Blogosphere
ID #134  Is There a Book Within You to be Written?
ID #145  40-plus Strategies for Building a Full Caseload
ID #233  Insider Tips: Landing That First Counseling Job
ID #335  Grant Writing for the Counseling Professional: Top 5 Strategies for Success
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- You will receive a free Cincinnati Recipe Chili Mix

Register now at the Registration Desk, or

Online:  counseling.org/conference
Phone:   703-823-9800 x222
         800-347-6647 x222
         (M-F, 8 am–6 pm ET)

(Sorry but you will not receive a gift or be entered into the drawing if you register after 12 pm Sunday.)
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