

ACA 2012 Conference Poster Sessions

Addictions, Offenders, and Correction Counseling

A Study of Effectiveness Utilizing the BASICS Protocol With Students Using and Abusing Alcohol: An Examination

30-Minute Project/Research Poster Session

Clifford Brooks, Jennifer Deitz

Alcohol abuse with first year college students remains high. This poster reviews research conducted over the past year in a state university system with results and suggestions for program development. The BASICS model of prevention is examined along with an outline of a functioning university alcohol and drug prevention program.

Addictive Features of Nonsuicidal Self-Injury

30-Minute Project/Research Poster Session

Trevor Buser, Juleen Buser

This poster offers a rationale for conceptualizing Nonsuicidal Self-Injury (NSSI) as a process addiction. The addictive features of compulsivity, loss of control, continued use despite negative consequences, and tolerance are highlighted in relation to NSSI. Attention is also given to the proposal for the DSM-5 diagnosis of NSSI, which is consistent with the classification of NSSI as a process addiction. Implications for counselor training and clinical practice with self-injuring clients are discussed.

Breaking Through The Pill Mills: Understanding How Counseling is Influenced By The Rise of Prescription Drug Dependence

30-Minute Project/Research Poster Session

Shainna Ali, M. Kristina DePue, Laura Cunningham

In the past twenty years prescription drug diversion has become a multi-billion dollar market in the United States of America. Thirty-four states have recognized this issue and have enacted prescription drug monitoring programs (PDMPs) in an attempt to regulate use and apprehend suspicious users. The remaining states unknowingly provide an alternate path around the legislative hurdle with the existence of "pill mills," that inappropriately dispense prescription drugs. This project aims to educate counselors about the current prescription drug regulations that influence their work with addicted clients and to provide useful resources in helping clients impacted by prescription drug diversion.

Career Interests of Juvenile Offenders: Where Intervention Should Begin

30-Minute Project/Research Poster Session

Katie Rhode

Lasting effects of juvenile delinquency are future unemployment, poor career development, & a lack of vocational knowledge. Career interventions should be implemented within juvenile counseling practice due to developmental deficiencies & lasting patterns of career issues into adulthood. This presentation helps answer the question, "where do we start?" Research must understand developmental levels of the juvenile offenders before intervention to know where intervention should begin. This presentation analyzes trends in juvenile offenders' career interests upon incarceration & prior to intervention. The research utilizes Holland's Self-Directed Search & qualitative reporting analyze career interest trends & to suggest future intervention.

Content Analysis About the Internet Addictions: Issues, Research Trend, and Interventions in the U.S. and South Korea

30-Minute Project/Research Poster Session

Jee Hyang Lee

Internet addiction is emerging as a new epidemic issue all over the world. Over one in eight American reported the sign of internet addiction (2006) and 12.4% of South Korea Youth are also considered to be at high risk for internet addiction (2010). However, there is a little discussion about internet addiction in the field of counseling. This presentation is designed to provide the comprehensive information about the internet addictions based on a content analysis of research in the U.S. and South Korea. You will learn about the internet addictions including definitions, diagnosis criteria, subcategories, research trends, and relevant intervention strategies in counseling and education.

IAAOC Sponsored Session

Faith as Helpful and Harmful: The Complex Connection between Religion, Spirituality, and Disordered Eating

30-Minute Project/Research Poster Session

Juleen K. Buser

Clients who struggle with process addictions, such as eating disorders, may also hold a range of spiritual or religious beliefs. This presentation will discuss literature on the intricate relationship between spirituality, religion, and clinical and subclinical eating disorders. Faith may be either a help or a hindrance in relation to disordered eating. For example, authors have suggested that clients may use religion to justify their anorexia or and researchers have found that individuals may be less prone to engage in binge eating due to beliefs about the sacredness of the body. Attendees will also gain practical suggestions for ways in which counselors can work with clients for whom the connection between disordered eating and faith beliefs is salient.

Relapse, Surrender and Identity Development: A Qualitative Synthesis of Understanding Within the Addicted Population

30-Minute Project/Research Poster Session

Clifford Brooks, Jan Arminio

This poster provides information on relapse, surrender and identity development with addicted clients through the lens of qualitative study. The themes of these interviews will help addiction and mental health providers understand specifically how the trifecta of relapse, surrender and identity development relate to one another in the recovery process. Information on possible interventions and areas to be aware of in the counseling process will be provided along with references and post poster consultation with the presenters.

IAAOC Sponsored Session

Restorative Justice in the Schools: A Three Year Evaluation of a Youth Court

30-Minute Project/Research Poster Session

Simone Lambert, Nancy Bodenhorn

A brief overview of restorative justice in the schools will be provided, in conjunction with the results from a three year evaluation of a high school's youth court. Research findings offer a glimpse into students' attitudes about the youth court. Recidivism rates for this population are explored based on the Youth Court intervention. Research outcomes have implications for fostering student resiliency and encouraging students to become productive school and community citizens.

Substance Abuse: Returning Veterans Dilemma

30-Minute Project/Research Poster Session

Sujata Mirchandani

The veterans of Operation Enduring Freedom (OEF; Afghanistan) and Operation Iraqi Freedom (OIF; Iraq) wars cope with the emotional and psychological wounds of deployment by self-medication with an excessive use of alcohol and/or drugs. Stigma, shame, fear of losing credibility, rank, family, and friends prevents them from seeking treatment. Further, those who seek treatment have a high drop out rate. Counselors can advocate for better services and increase the efficacy of their counseling of veterans. In order to fill the lacuna they need

to be cognizant of the magnitude of the problem and the factors which predispose veterans towards of substances abuse and information about specific counseling interventions effective with these clients.

IAAOC Sponsored Session

Unholy Trinity: Eating Disorders, Sexual Addiction and Problem Gambling

30-Minute Project/Research Poster Session

Larry Ashley, Natalie A. Kaufman

The “Unholy Trinity,” which consists of behavioral addictions including, eating disorders, problem gambling and sexual addiction, will be explored and discussed. History, etiology, symptoms, diagnostics, assessments, interventions and treatment will be covered to increase awareness and to enable professionals to effectively and successfully treat the aforementioned addictions.

Advanced

Developing Graduate Counselor Training for Working With Eating Disorders & Associated Co-occurring Disorders

30-Minute Project/Research Poster Session, Advanced

Boyd W. Pidcock

This presentation provides a review and summary of the clinical prevalence of eating disorders and associated co-occurring issues as it relates to the training needs of professional mental health counselors. Additionally, the significant issues and challenges faced by educators in CACREP-accredited counselor educator programs to provide eating disorder specific coursework is examined. Finally, this presentation reviews and summarizes one CACREP accredited professional mental health counseling program's development of eating disorders specific course work to meet the training needs of their counselors in training.

Voices From Behind Bars: Can There Be a Working Alliance?

30-Minute Project/Research Poster Session, Advanced

Mariamee Gonzalez

The number of inmates in prison who are mentally ill is three times the number of mentally ill patients in mental health agencies. As a result, prisons have become the primary location to store the mentally ill in the United States. The criminal justice and mental health systems have moved slowly to keep up with the mental health needs of these populations (Gido & Dalley, 2009). There is very little research which specifically examined issues of relationship power within the working alliance (Pollack & Brezina, 2006). The purpose of this poster is to examine the working alliance in the psychotherapy relationship between incarcerated females receiving mental health services and mental health professionals.

Assessment, Testing, and Program Evaluation

Evaluation of Intake Interview Assessments for Substance Abuse Clients Within Community Mental Health Agencies

30-Minute Project/Research Poster Session

Rosabel Rodriguez, Michelle Politano Nichols, Bonnie-Marguerite Benbow, Patricia DiSano, Shannon Coleman

Substance use is on the rise in our society. Each year the statistics show that more and more people are entering treatment for substance abuse or dependence. For this reason it is necessary that professionals are gathering the appropriate information to help these clients gain the necessary treatment. Intake interviewing is an essential tool in understanding the background history of the client and gives counselors a basis for treatment planning. The objective of this poster is to give imperative information such as research, skills and techniques, assessing children and the strengths and limitations of performing an intake interview.

AACE Sponsored Session

Finding your Place in AACE

30-Minute Project/Research Poster Session

Joshua C. Watson, Eric D. Jett

Active involvement in ACA and its various divisions can be a most rewarding endeavor both professionally and personally. This poster is designed to highlight the various opportunities for involvement that are available within the Association for Assessment in Counseling and Education (AACE). In addition to learning about the many exciting projects and activities AACE is working on, you will learn how to get involved in the various standing committees AACE maintains, how to present at the National Assessment Conference, and how to publish in the division newsletter and both division journals. Graduate students and new professionals are especially welcome.

Psychometric Properties of the Japanese Version of the MEIM: Working With Japanese Sojourners

30-Minute Project/Research Poster Session

Makoto Miyoshi, Kimberly K. Asner-Self

This poster introduces a Japanese-translated acculturation scale using double translation methods recommended by Marín and Marín (1991). We explored the psychometric properties of Multigroup Ethnic Identity Scale (MEIM-JP) (MEIM: Phinney, 1992) with 273 Japanese sojourners and immigrants in the U.S. The results indicated that the MEIM-JP has sufficient psychometrics in terms of score reliability, content, construct and concurrent validity. Researcher and mental health professional interested in working with the Japanese sojourner population in the US and Japan will find this poster interesting. Handouts and electronic transfers available.

The Predictive Validity of Different Scoring Methodologies in Career Specialty Selection

30-Minute Project/Research Poster Session

Stephanie T. Burns

Do you give career assessments as a licensed school or mental health counselor? Do you teach about career assessments as a counselor educator? Do you know how those career assessments obtain their scores? Do you know if those assessments were created and scoring rubrics developed to value diversity? You will learn about new research in the psychometric scoring properties of career assessments as part of the presenter's dissertation research. The poster will discuss the history of career assessments, how current career assessments are scored, and how a different psychometric scoring procedure can enhance outcomes and offer more robust narrative assistance to clients while at the same time valuing diversity.

Creating the Winning Combination: Optimizing Student Success Working With Professional School Counselors

30-Minute Project/Research Poster Session, Advanced

Cynthia T. Walley

Creating the winning combination is essential to optimizing student academic achievement and mental health well being. Professional school counselors' collaboration and consultation with teachers is essential to providing the best services for regarding students academic, career, and social/ emotional needs. This poster will outline a program evaluation designed for student-teachers. In addition interventions and strategies will be discussed and examined. Handouts will be provided.

Hope and Optimism: Are They the Same Across Cultures?

30-Minute Project/Research Poster Session, Advanced

Aida Hutz

Through empirical inquiry, this presentation seeks to address both similarities as well as differences in human experiences of hope and optimism across the United States and Brazil. The operational definitions of hope and

optimism from a Brazilian as well as North American perspective will be discussed. Also, potential assessment implications for counselors will be presented.

Measurement Invariance of Counselor Burnout Inventory Across United States and Korean Cultures

30-Minute Project/Research Poster Session, Advanced

Paul Carrola, Kumlan Yu, Daniel Sass, San Min Lee

The psychometric properties and measurement invariance (MI) of the Counselor Burnout Inventory will be shown across a sample of U.S. and Korean counselors. MI process and its importance in comparing burnout across cultures will be addressed. Based on the MI results, latent mean differences of burnout between U.S. and Korean counselors will be explained. Latent mean differences suggested that Korean counselors reported higher scores on the devaluing clients and deterioration in personal life factors than the U.S. counselors, whereas both cultures experienced similar exhaustion. Implications to the counseling profession will be discussed.

Measuring adoption awareness as a factor of diversity competence in preservice teachers and counselors

30-Minute Project/Research Poster Session, Advanced

Sylvia A. Marotta, Juliana M. Taymans, Sharon Lynch, Page R. McCarley, Megan J. Doughty Shaine

Diversity competence is often talked about in the literature but the scope of what diversity competence includes is often overlooked. Researchers posed the question of what factors contribute to preservice providers' understanding of adoption as a diversity issue. A scale of perceptions of adoption was developed and scores analyzed by incorporating factors of diversity competence and self-efficacy to determine what influences diversity competence. The results of factor analyses from the three scales used on 205 preservice workers will be presented along with the predictive and concurrent validity qualities of the instrument against the Teacher's Multicultural Attitude Survey and a General Self Efficacy Scale.

Best Practices

Best Practices in a Counseling Training Facility: A Haven of Learning in Counselor Education Programs

30-Minute Project/Research Poster Session

Kelly Fleenor, Keith Brown

The training of future counselors should address technology and security, professionalism and ethics; so it is through an on-site training facility in which students are able to safely and ethically practice, review and observe real and/or role-play counseling sessions. This research includes a needs assessment survey given to practicum students, a review of relevant literature and visits to similar facilities. The poster will point out aspects of the training facility needed to best instill each tenant and, in turn, explore its prospective benefits to students. Our hope is to best prepare counselor interns for real-world counseling and to equip training programs with the most effective and innovatively designed facilities.

Collecting Practice-Based Evidence for an Evidence-Based Counseling Course

30-Minute Project/Research Poster Session

Maegan R Hopkins

This poster presentation focuses on the process and outcomes of practice-based data collection within the context of an advanced, evidence-based counseling course. Counseling students were trained in cognitive-behavior therapy (CBT) and provided eight sessions of individual counseling to older adolescents and young adults. The primary goal was to learn from clients about their counseling experiences. This presentation provides a summary of pre-post CBT qualitative and quantitative data pertaining to what the clients found most and least helpful in their counseling experiences. Recommendations for future practice-based data collection within the context of counseling courses will be provided.

Career Development and Employment Counseling

NCDA Sponsored Session

Career Counseling with the over 50 Client

30-Minute Project/Research Poster Session

Cheri Butler

As the 50+ population grows with the emergence in this demographic of the large Baby Boomer generation, the importance of identifying the special needs of this population deepens. Come by this session and gain knowledge about and techniques to use with the 50+ career client.

Create Your Own CareerCamp

30-Minute Project/Research Poster Session

Danielle Gruen

Interested in learning how to create your own CareerCamp? At this poster, you will first find out what CareerCamp is and how it might apply to your professional setting or community. We will then discuss how to create a CareerCamp step by step, with hands-on interactive activities including take-away worksheets and an outline of the CareerCamp structure. If career services is not an area of speciality to you, keep in mind we will also be addressing the variety of ways in which this same unconference format can be applied to an array of methodologies and topics applicable to your agency, department or school.

AACE Sponsored Session

Free Informal and Formal Assessments for Use in Assisting Positive Career Development in Children and Adolescents

30-Minute Project/Research Poster Session

Chris Wood, Mark C. Reh fuss

This poster will introduce free formal and informal assessments that can be used with children and adolescents (such as the Childhood Career Development Scale, Career Maturity Inventory, Career Development Inventory, Career Style Interview – High School Form, Card Sorts, etc.). Attendees will be given resources to access the assessments and information on competencies for users of assessments as well as references for professional guides to help select career assessments. Counselors will learn how they can help vulnerable and traditionally marginalized populations of children and adolescents benefit from using career assessment instruments.

NCDA Sponsored Session

Results of 2011 Harris Interactive Survey of Working America Commissioned by NCDA

30-Minute Project/Research Poster Session

Cheri Butler, Deb Osborn, Pat Schwallie-Giddis

The National Career Development Association last commissioned a survey of working America in 1999. The results indicated then that respondents believed that they could have benefitted from the services of a Career Professional, but that they lacked the awareness of how to find those professionals and seek their assistance. In 2011, NCDA commissioned Harris Interactive to conduct a poll using similar questions as in the 1999 survey. Results still clearly show that Americans see the need for assistance in developing their careers, but lack the knowledge about how to identify those professionals and seek their services. NCDA representatives will share the final results from this important survey and discuss next steps in the process of promoting the relevance of Career Development.

Child and Adolescent Counseling

A Legal High: The Emerging Trend of Designer Drug Use Among Adolescents

30-Minute Project/Research Poster Session

Jodi D. Shaver

As professionals it is imperative that we be prepared for the inevitable. At some point in time we will all be faced with an individual seeking a 'legal high' through the use of designer drugs. For that reason it is vital that we be aware of the rising use of these substances, their side effects, and successful interventions. By staying in touch with these newly emerging trends we will be better able to offer clients the help that they need.

Beyond Behavior: Exploring Implications of the “Invisibility Syndrome” on African-American Preschoolers in Urban Settings

30-Minute Project/Research Poster Session

Anna Flores Locke

How can we begin to address disparities and give African-American children, especially those with disruptive behavior disorders, a fair chance to succeed? One option is to provide culturally effective counseling methods that decrease problem behaviors so they can relate to others in a positive way, and build strong relationships. The presenter will provide a new lens through which to view the African-American child by moving beyond behavior and exploring implications of the “Invisibility Syndrome” on the child’s development of disruptive behavior disorders. The presenter hopes to encourage participants to re-think the use of traditional counseling approaches and make the necessary accommodations to help these children succeed.

Community-Based Filial Play Parenting Workshops: A Qualitative Study

30-Minute Project/Research Poster Session

Sang Min Shin, Kristina Socarras, Jenn Pereira, Sondra Smith-Adcock

Growing economic disparity in the U.S. dramatically raises the need of providing counseling services for low-income families. The existence of multiple stressors experienced by these families both exacerbates their need for help and creates barriers to accessing mental health services. Filial play therapy has been shown to reduce parental stress and child problem behaviors. The principles of filial therapy were used to develop a brief community-based parent–child interaction workshop for low-income families. In this poster, we will describe the filial play workshops in detail and report the findings of a qualitative study designed to assess its outcomes.

Ecotherapy and Children: A Natural Connection

30-Minute Project/Research Poster Session

Megan Delaney

Ecopsychologists believe that our connection (or disconnection) to the natural world influences our mental health and suggest that the way we treat our planet is indicative of our own wellbeing (individually and collectively). Ecotherapists explore a client’s relationship with nature and may incorporate the natural world into the therapy process. While research has connected the positive effects of nature on children, no research has been conducted, beyond wilderness therapy with adolescents, on the ways in which counselors are using that natural world in therapy with children. The purpose of this pilot study was to explore the evolution and experiences of two therapists who have incorporated ecotherapy into their practice with children.

Parental Awareness of Adolescents Activity on Social Media

30-Minute Project/Research Poster Session

Kristi Taraschke

Adolescents' use of the internet, specifically with social media, is often inappropriate and abusive. Cyberbullying, cyberstalking, and other negative consequences of the use of social media by adolescents has become an increasingly problematic area for adolescents and parents of adolescents. Normally, the most effective intervention in dealing with bullying is parental awareness and involvement. This presentation will focus on adolescents' actual use of the internet as well as parents perceptions on adolescent use of social media. Interventions and preventive strategies will be given in dealing with this troublesome phenomenon.

Play Therapy and Parent Consultation: How to Include Parents in the Counseling Process

30-Minute Project/Research Poster Session

Jennifer N. Bornsheuer

Parents play a vital role in their child's counseling. Parent involvement in play therapy has been linked to a decrease in the child's problem behaviors, significant results earlier in the therapy process, and maintenance of gains initiated in play therapy. Parent consultations are a helpful way for play therapists to gather background information about the presenting problems, continue gains achieved in therapy, and help the family function healthier. There are various models of parent consultation available to play therapists. Play therapists can benefit from understanding the different models of parent consultation to best meet the needs of the client's families.

IAMFC Sponsored Session

Play Therapy and Parenting: Helping Parents Gain from the Process

30-Minute Project/Research Poster Session

Kenisha Gordon

Past play therapy research primarily focused on aspects of the child's treatment. Current research is beginning to investigate parental experiences of the play therapy process. This presentation will highlight the needs of parents involved in the process of play therapy. Attendees will also learn various strategies to strengthen the parental dynamic of the parent-child relationship.

Supporting Shy Students in Middle and High School

30-Minute Project/Research Poster Session

Morgan E. Kiper Riechel, Shannon Trice-Black

Shy students face unique challenges that may prevent them from meeting their full potential, personally, socially and academically. This presentation will provide a review of current literature on adolescent shyness, as well as provide effective strategies and interventions for high school and middle school counselors to employ in effectively meeting the needs of this often over-looked student population.

College Counseling

Applying Bio-Ecological Theory to Ease the Transition of First Generation College Students of Color

30-Minute Project/Research Poster Session

Lynn Davies

For most students, going to college presents challenges that generate feelings of uncertainty; however, the presence of college-going parents can provide support to ease this transition. For FGCS of color, the psychological anxiety of this event is intensified and lacking a role model with college-going experience to inform the FGCS, the anxiety can be disabling. With the increasing diversity of the US population, greater numbers of FGCS are applying for college admission. With this trend comes a responsibility for counselors to ensure we prepare our FGCS for this life changing event. Bronfenbrenner's model of human development can be instrumental in defining the ecological strengths that can help promote the persistence of FGCS.

Assessing Campus Climates for Multiracial Identity Inclusion: Considerations for College Personnel and Counselors

30-Minute Project/Research Poster Session

Elizabeth Paniagua, Skyler Barton, Hsin-Ya Liao

As the multiracial population in the U.S. grows, college counselor and personnel must prepare to best serve multiracial students on campus. Unlike mono-racial individuals, multiracial college students have to negotiate with more than one racial identity and attempt to make a meaning in a society that has conceptualized race and ethnicity as one sole identity. The purpose of the proposed project is to introduce Bronfenbrenner (1993)'s and Renn (2004)'s ecology models to conceptualize multiracial students' identity development. A campus climate assessment and intervention model will be offered for college personnel and counselors to examine or promote positive campus environment for multiracial students.

CCA Sponsored Session

Best Practices for College Counseling: Is There Money for College and Where Do I Get it?

30-Minute Project/Research Poster Session

Emerald Templeton, Dianna M. Wheaton

Discover the best practices in college counseling and the available funding resources.

Social Media and Facebook: Functional Assessment Strategies Within the University Setting

30-Minute Project/Research Poster Session

David DeLambo, Debra Homa, Robert H. Peters, Amy M. DeLambo, Kananur V. Chandras

The vast majority of college students are Facebook (FB) users. This presentation will address how functional assessment techniques can be utilized to determine the 'function' of FB use. For example, college students may project their wants, needs, etc. within this social media outlet. Once the function is determined, a specific counseling intervention can be directly linked to the behavioral function/s. For example, the student may relay depression, anxiety, substance abuse, gambling, or suicide tendencies on FB. Hence, this social media venue may be a valuable resource for counseling professionals.

Student Leadership in a Residential College: From Dysfunction to Effective Collaboration

30-Minute Project/Research Poster Session

Susana Contreras Bloomdahl, Samir Patel

This presentation depicts the intervention strategy on a dysfunctional student council in a residential college setting. The council demonstrated poor collaboration and productivity, which indicated signs of distrust. The group intervention helped to expose the students' lack of organization and need to learn more about each other. Ongoing intervention tactics included the use of simple trust building and planning activities that helped create more effective and productive organization and improved the leadership competence of student members.

The Relationship Between Hyperfemininity and Achievement of Ego Identity Among College Females

30-Minute Project/Research Poster Session

Jered Kolbert, Laura Crothers

The program will review the findings of a recently published study in the Identity journal that examined the relationship between hyperfemininity and ego identity among college females. The results indicate that exaggerated adherence to ultra-femininity is associated with lower levels of ego identity status amongst college females. The implications for counseling and advising females in late adolescence and early adulthood will be discussed.

Using Group Counseling Methods to Improve Academic Success

30-Minute Project/Research Poster Session

Melanie Purdy

This program offers a complete intervention for students struggling academically because of their many issues. The intervention is delivered in a small group counseling format and is based on student development theory. The ASK (Academic Success Kit) is an intervention used to help students on academic probation at a community college. The intervention documents will be presented as well as assessment data focusing on GPA change of students after the intervention, and student exit surveys that articulate student reasons for being on probation.

Advanced

Boys in Peril: Examining Latino Boys' Educational Pathways and Motivation Towards Postsecondary Education

30-Minute Project/Research Poster Session, Advanced

Mary Ann Clark, Jason Orrock

The US Latino population grew 43% in the past decade representing more than half the country's population growth; its share of the population has increased from 13-16%, to over 50.5 million in 2010. There has been an increasing achievement gap in the U.S. based on gender and race/ethnicity with regard to high school graduation and dropout rates, as well as college enrollment and retention. In the U.S., Latino males have the lowest high school graduation rates as well as lowest college enrollment and completion rates of any subgroup. This research project sought to identify barriers, resources, and perceptions of K-16 educators in order to make recommendations to move forward to support Latino males in their educational attainment.

Counseling Theory

A Narrative Conceptualization of the Imposter Phenomenon: Implications for Supervisors of Beginning Counselors

30-Minute Project/Research Poster Session

Joel Lane

The Imposter Phenomenon, characterized as a sentiment that one is incompetent despite overwhelming contradictory evidence, is perhaps the most significant challenge that counseling students face as they begin their practicum experiences. Supervisors of these new counselors significantly influence their perceptions of their clinical capabilities. Thus, it is important for supervisors to have a clear understanding of the Imposter Phenomenon. This presentation will articulate a conceptualization of the Imposter Phenomenon from a Narrative Therapy perspective. The presenter will focus on Narrative-derived interventions that supervisors can utilize to help their supervisees overcome the dominance of the 'Imposter' narrative.

Attachment and Mindfulness in Psychotherapy

30-Minute Project/Research Poster Session

Deeba Khumar

This poster will examine the concept and relationship of attachment and mindfulness in psychotherapy using various research studies to understand its relevance in therapy. The main focus of the presentation will be on the adult manifestation of their attachment pattern in therapy. The concept and implications of mindfulness will also be discussed in relation to attachment in psychotherapy. Finally, the basic principles of attachment informed psychotherapy will be discussed using a case study.

The Integration of Quantum Mechanics and Adlerian Theory

30-Minute Project/Research Poster Session

Gurpreet Kaur, Carman Gill

The growing influence and application of quantum physics in other sciences has presented itself into the field of counseling as well. Quantum principles such as holographic universe, role of observer, non-locality, collapse into consciousness, and space-time are applicable to the field of counseling. When applied to Adlerian theory, concepts and interventions derived from these two fields can result in tremendous benefits to the counseling relationship and the client.

Utilizing Existential Counseling to Treat Client Death Anxiety After Loss

30-Minute Project/Research Poster Session

Kylie Rogalla

As counselors, we have undoubtedly worked with a client that is touched by profound grief due to a personal loss. While some individuals may work through the grief process with few unexpected obstacles, some can become stagnant, embodied by deep sadness and anxiety. Oftentimes, these clients are treated with cognitive or psychoeducational strategies to examine the grief process and normalize their anxiety. Yet, this may not be sufficient in assisting clients in surpassing and understanding their universal symptoms. The existential approach can offer valuable depth to a client's experience in counseling. This project is designed to address specific existential strategies that can be used to assist client's through grief and death anxiety.

Counselor Education and Supervision

A Wellness Group Supervision Intervention to Promote Self-Care Among Supervisees

30-Minute Project/Research Poster Session

Jonathan H. Ohrt

The purpose of this program is to present a group supervision intervention that assists supervisees in developing a wellness lifestyle within their clinical practice. Specifically, participants will learn strategies to educate supervisees about wellness models, and ways to assist them in identifying stress, assessing their level of self-care, collaboratively brainstorming wellness strategies, and interactively developing wellness goals. Methods of evaluating the intervention as well as implications for supervisors and researchers will be discussed.

Assessing Counseling Competency: An Evaluation of Supervisor and Self Ratings

30-Minute Project/Research Poster Session

Jacqueline M. Swank

Assessing counseling competencies is an essential task for counselor educators, supervisors, counselors, and counseling students. This poster presents the results of a study that compared the counseling competency ratings of counseling students and their supervisors. The presenter will discuss the multicultural considerations, counseling ethics, and implications for self-assessment and supervisor evaluation of counseling competencies.

Building Trust With Your Student Intern to Foster Professional Development and Quality Client Care

30-Minute Project/Research Poster Session

Morgan E. Kiper Riechel, Joey Kayanan

Counselors often serve as clinical site supervisors for masters-level counselors interns. While the role of clinical site supervisor is critically important to the field of counselor education, many supervisors express a desire additional training. This presentation is a review of a research investigation into the development of the cornerstone of a strong supervisory relationship, trust. Presenters will also provide recommendations for site supervisors to consider in their work with masters-level counselors interns to build a trusting working relationship which will enhance the student's experience and foster better quality care for the client.

Coping Strategies in CACREP Programs: What Do Students Do, and How Can Programs Screen at Admissions?

30-Minute Project/Research Poster Session

Meghan C. Bulter, Chance A Bell

What do students in CACREP accredited programs do with all their stress? This poster provides the answer according to a national survey of such students regarding their healthy and unhealthy coping strategies. Further information is provided pertaining to the admissions processes used across the nation to screen for unhealthy coping strategies as well as what could be done to make screening more effective.

Counselor Preparation in the 21st Century: Utilizing Innovative Technology Tools to Enhance Counselor Training

30-Minute Project/Research Poster Session

Cynthia T. Walley

Counselor preparation in the 21st century has changed with the burgeoning of technology in our society. According to CACREP 2009 Standards, counselor education programs must use and infuse technology in their program delivery. However, many counselor educators may lack the competence and fail to understand all of the educational, ethical, and multicultural consequences of integrating technology. Therefore, the purpose of this presentation will be to discuss the technological approaches that were used, and can be used, to develop a hybrid counseling course, as well as other counseling courses, in order to engage and enhance students' counseling skills, knowledge, and practice. The presentation will be didactic and handouts will be provided.

NCDA Sponsored Session

Creative Approaches to Strategies for Teaching Career Counseling

30-Minute Project/Research Poster Session

Rebecca Miller Dedmond, Pat L. Schwallie-Giddis

This poster will show the integration between mental health counseling and career counseling, which is timely based on today's workplace and workforce dilemmas. The poster will provide innovative approaches to teaching career counseling. The presenters will share successes in making career counseling one of the most popular courses in the counseling curriculum.

Developing and Implementing a Capstone Course to Help Students Integrate Learning Across Courses

30-Minute Project/Research Poster Session

Debbie W. Newsome

Developing and Implementing a Capstone Course to Help Students Integrate Learning Across Courses This poster is designed for counselor educators who are interested in innovative methods of measuring student learning outcomes. In addition to sharing information about our capstone course, we encourage counselor educators and supervisors to share their suggestions of ways to measure ways students have acquired the skills and knowledge needed to be effective counselors.

Field Placement: Student Lessons Crossing the Bridge From Student to Counselor

30-Minute Project/Research Poster Session

Heidi Lynch, Joseph Springer

Counselors in training jump from the classroom to their field placements with uncertainty of how they will fit into the role of the counselor. Field placement experience is defined by students experience with clients, interaction with field and university supervisors and being submerged into the culture of counseling. This presentation offers firsthand descriptions from qualitative interviews of what factors facilitate transformational field placement. This presentation will provide ideas for educators, field placement supervisors, training directors and students on how to make the most of the field placement experience.

So You Want to Host an Intern? Tips and Techniques for Prospective Site Supervisors

30-Minute Project/Research Poster Session

Amy Milsom, Elysia Clemens

Individuals who volunteer to serve as counseling practicum or internship site supervisors have a unique opportunity to impact the growth and development of future counselors. Through some simple activities and discussions you can create a very beneficial learning opportunity for them. In this poster presentation I review practical ideas and activities grounded in supervision theory that you can use to (1) orient the intern to your school or agency, (2) facilitate skill development, (3) foster reflective practice, and (4) in general help practicum and internship students get the most from their experience.

Tips for Applying for Counselor Education Faculty Positions

30-Minute Project/Research Poster Session

Rebecca Newgent, Harrsion Davis, Kristin Higgins, Carrie Alexander-Albritton

Faculty from three different universities will provide tips for applying for counselor education faculty positions. They will share their own experiences applying for faculty positions; what was helpful and what was not helpful. They will also share what their respective universities want in new faculty. Information regarding dossier development as well as preparing for your colloquium will be provided. Attendees will have the opportunity to ask questions and seek guidance from faculty. How to use these tips with career counseling clients will also be addressed.

Understanding Perceptions, Beliefs and Attitudes Related to Poverty: Consideration of Beliefs That Contribute to Advocacy

30-Minute Project/Research Poster Session

Jamie S. Carney, Eric Crumley, Emily Stafford

This presentation focuses on the findings of a research study examining the perceptions, beliefs, and attitudes towards persons living in poverty among pre-service counselors. Findings were compared to undergraduates, graduate students, and pre-service teachers. Research also included attitudes related to Just World Beliefs, to provide a foundation for considering these beliefs as they relate to engaging in or practicing advocacy. Results demonstrated differences between groups, highlighted the constructs associated with the demonstrated attitudes, perceptions and beliefs. Results related to Just World beliefs are contextualized in relation to advocacy. Implications related to training and promoting advocacy are discussed.

Yours, Mine, and Ours: Benefits and Challenges of Training Counselors in an Interdisciplinary Setting

30-Minute Project/Research Poster Session

Danielle LaSure-Bryant, Beverly Sargent

The sudden onset of adulthood aphasia, a communication disorder, presents special challenges to the diagnosed individual and the familial caregivers. Aphasia can result from traumatic brain injury, brain tumor, dementia, or stroke. This poster will highlight an interdisciplinary clinical training program whereby pastoral counseling students and speech-pathology students provide therapeutic services for aphasia caregivers. Counselors will gain an understanding of the psychological, social and spiritual issues facing aphasia caregivers. This poster aims to provide counselors with a working knowledge and demonstration of the various forms of aphasia. Strategies for working within an interdisciplinary setting will be presented as well.

Advanced

Counseling Students' Beliefs about Poverty, Implicit Racial Attitudes, and Multicultural Competency

30-Minute Project/Research Poster Session, Advanced

Susan Stewart Bray

As economic disparity increases, counseling practitioners will be more likely to work with clients living in poverty. Yet, the current counselor research literature lacks research and information concerning working across differences in social class. This presentation provides information concerning practice with those living in poverty as well as discussion of a current research study examining master's-level counseling student's attitudes toward those living in poverty. Beliefs concerning the causes of poverty were examined in relationship to color-blind racial attitudes, multicultural competency, and multicultural social desirability. Implications for practice, counselor education, and research opportunities are discussed.

NCATE: Preparing School Counseling Programs for a Successful Reaccreditation

30-Minute Project/Research Poster Session, Advanced

Jolie Daigle, Andrea Dixon, Yvette Getch

Over 656 colleges of education in the United States are NCATE accredited and school counseling programs fall under the 'umbrella' of educational programs due to its outreach to K-12 students. This presentation will assist counselor educators in achieving a successful reaccreditation by identifying the program report sections, components of each section, and providing examples of hard evidence/documentation that are required for review.

The Role of Supervisor Multicultural Competence in Promoting Effective Outcomes in Supervision

30-Minute Project/Research Poster Session, Advanced

Stephanie Crockett

Counseling is an increasingly diverse field, but research suggests that cultural differences between the supervisor and supervisee may negatively impact supervisee functioning. As supervision is a critical component in training effective counselors, this presentation will provide counselor educators and supervisors with an

understanding of how to provide effective multicultural supervision. Findings from a recent study concerning the role of supervisor multicultural competence in facilitating the supervisory working alliance and supervision outcomes will be presented. Participants will also learn applicable supervision techniques and strategies for facilitating supervisee counseling self-efficacy and satisfaction with supervision.

Couples, Marriage, and Family Counseling

Significance of Parental and Child Stress Due to the Effects of Divorce

30-Minute Project/Research Poster Session

Kristen M. Sockriter

Current estimates of first marriages ending in divorce range between 50-67% with divorce rates of second marriages to be the same or 10% higher in the US. Serious consequences can result from marital dissolution for both spouses. For infants, marital conflict transfers to the infant and makes it more difficult for the infant to self-soothe and to re-establish physiological calm after being distressed or over-stimulated. For children and adolescents, negative psychological and physical effects present including symptoms of depression, withdrawal, poor social competence, health problems, poor academic performance, and conduct-related difficulties. Directive activity-based play therapy interventions can be used to address their needs.

The Family Adjustment Measure Project: Assessing the Coping Styles of Parents of Children With Special Needs

30-Minute Project/Research Poster Session

Vanessa N. Dominguez

The Family Adjustment Measure (FAM) Project aimed to develop and validate a formal assessment that measures relational adjustment specific to parents of children with special needs. This poster presentation will highlight scale construction, preliminary validation with the Relationship Assessment Scale and Perceived Stress Scale, and the resulting four FAM subscales. Differences in relationship satisfaction, individual distress, and coping strategies between different groups of parents of children with special needs will be presented along with implications for future research and practice.

The Many Faces of Cohabitation and its Effects on the Counseling Process

30-Minute Project/Research Poster Session

Kendall R. Bagwell, Melissa Jones, Yilin Wang

The purpose of this program is to highlight the growing popularity and different types of cohabitation among couples. Cohabitation has become a pivotal part of the modern day union, and thus is important for counselors to understand the best methods for working with cohabitating couples.

Creativity in Counseling

The Experience of Counselors in Using Creativity in Practice: What Helps and Hinders

30-Minute Project/Research Poster Session

Lauri Mills, Barbara Smith

What role does creativity play in counseling? How do counselors experience using creativity with their clients? We will discuss the results of our thesis research on creativity in both career and concurrent disorders counseling, and share what has helped other counselors use creativity with their clients and what they have found to be challenging. Walk away with information and tools to help you tap into your own creativity and use it in practice.

Diagnosis and Treatment

Oppositional Defiant Disorder: Anticipated Changes for DSM-5

30-Minute Project/Research Poster Session

Laura Welfare

The DSM-V Disruptive Behaviors Disorders Workgroup has suggested several key revisions to the diagnostic criteria for Oppositional Defiant Disorder. The revisions include changes to the required symptoms, exclusionary criteria, and severity specifiers. These changes impact all counselors who work with clients who experience disruptive behaviors. At this poster, the presenter will describe the proposed revisions, explain the workgroup's rationale for such revisions, and provide suggestions for accurate and culturally competent diagnosis in practice.

Disaster Mental Health

A Program for Training Teachers to Assist With School Disaster Debriefing

30-Minute Project/Research Poster Session

Charlotte Daughetee, Shawne Sisk, James Jackson, Stephanie Puleo

During times of crisis and disaster, the needs of a student population is more than school counselors and even additional counselors providing crisis support can sometimes manage. The student body is usually in need of some type of debriefing session in order to express feelings and begin the healing process after a crisis event. Teachers can be highly effective collaborative partners in this process if they have been trained appropriately on crisis debriefing in a classroom setting. This poster will present a debriefing training program that counselors can use to train teachers on conducting classroom debriefing following a disaster or school crisis event. An overview of the project and handouts of the training sessions will be provided.

Burnout, Secondary Trauma, & Compassion Fatigue: How Counselors in the Field Experience Disaster Mental Work

30-Minute Project/Research Poster Session

Susan H. Marcus, Catherine Barmore

Counselors increasingly serve at the frontlines of natural and man-made disasters. Secondary trauma, burnout, and compassion fatigue have a common theme of increased vulnerability to physical and psychological consequences of dealing with the traumatic life events of others. Prior studies have quantitatively distinguished these concepts. This presentation shares the qualitative results of a grounded theory study of counselors with Disaster Mental Health field experience. The model depicts secondary trauma as a primary, proximal experience; compassion fatigue as a 'solo' phenomena moderated by the length and intensity, and burnout as an administrative consequence. Results are interpreted in the context of counselor training and self-care.

Evidence-Based Intervention for Children Following Disasters

30-Minute Project/Research Poster Session

Yih-Jiun Shen

The recent 9.0 magnitude quake and its subsequent tsunamis killed countless people in Japan, with children being the most vulnerable victims needing postdisaster psychological interventions. This program demonstrated the effectiveness of short-term child-centered play therapy in an elementary school with Chinese children in Taiwan experiencing a catastrophic earthquake, registered 7.3 on the Richter scale. Based on this evidence-based report, intervention strategies will be introduced to mental health professionals in both school and community settings.

Haiti and Faith in Times of Trauma-Exploring Posttraumatic Growth and Spiritual Transformation Following the 2010 Earthquake

30-Minute Project/Research Poster Session

Kari A. O'Grady, Deborah G. Rollison

What has offered meaning and hope for Haitians? The devastating earthquake in Haiti on Jan. 12, 2010 killed over 230,000 people and injured many more. Over a year later, more than one million people were still living in tents. This study explores the relationship between various aspects of spirituality, posttraumatic growth, and spiritual transformation. What is the role of spirituality in the lives of the earthquake survivors, and what is the impact of the disaster on the survivors' views of God and their overall faith? What psycho-spiritual factors can help people emerge stronger from an experience like this? Multicultural dimensions of our research methods and findings will also be shared.

How Did Ordinary People Manage Crisis After the Great East Japan Earthquake?: An Implication From Cultural Perspective

30-Minute Project/Research Poster Session

Yuri Mizobuchi

When the Great East Japan Earthquake happened on March 11th, 2011, people in the world surprised to see how well the survivors maintained order and dignity in crisis. People kept calm and help each other to survive. This presentation tries to answer the 'Why?' of many people. The presenter introduces several ideas which might answer the question from cultural perspective, religion, and folklore.

The Next Step in Disaster Training: Including Red Cross Mental Health Training in Counselor Education Programs

30-Minute Project/Research Poster Session

Conni Rush, Lori Chalmers, Thomas Rush

Disaster can strike at any time and in any place. From New York City to Joplin, Missouri, tragedy can strike and the mental health field needs to be prepared to assist. Preparing our future counselors to be ready while they are in training in your academic setting ensures that they are knowledgeable and equipped to be available to the community they serve.

The Prevention and Intervention of Mental Health Among of Rescue Workers After Disasters

30-Minute Project/Research Poster Session

Ju-Yun Hsu

This article is a review of literature on mental health issues among rescue workers exposed to disasters. After disasters, the first responders, such as police officers, firefighters, and medicinal practitioners, come quickly to the rescue at the disaster scenes. Their exposure to these disaster scenes often put them at a higher risk for developing posttraumatic stress disorder (PTSD) or other mental health issues. Interventions such as public health education, critical incident needs assessment teams, cognitive behavioral therapy, individual counseling, and group therapy, reduce the development of symptoms of PTSD or mental health issues.

Ethics and Legal Issues

A Content Analysis of State Ethical and Legal Codes Regarding Online Counseling: Implications for Mental Health Professionals

30-Minute Project/Research Poster Session

Shane Haberstroh, Nina Foster, Laura Barney

Online counseling is increasing in popularity and some counselors provide online interventions via e-mail, live chat, or videoconferencing. This poster provides an in-depth content analysis of ethical and legal codes for professional counseling. Additionally, an overview of the national ethical code's sections related to online counseling for mental health professions will be provided. Taken together, this information can be used to provide recommendations for ethical and legal practice of online counseling. Participants will gain insight into the language used to describe online counseling within legal and ethical documents.

A Doctoral Student's Dual Relationship: Instructor One Day, Fellow Student the Next

30-Minute Project/Research Poster Session

John Breckner

Dual relationships are considered an inevitable part of counseling and higher education. This poster seeks to share a doctoral student's unique dual relationship where he served as both an instructor and fellow classmate in a master's level class with his students who were all female and from a different part of the country. The presenter will review relevant literature, ethical codes as well as best practices to minimize potential negative outcomes associated with being a fellow student and instructor to the same cohort.

Counselors' Use of Text Messaging: Ethical Implications

30-Minute Project/Research Poster Session

Gloria Dansby-Giles, Frank L. Giles, Irene Johnson

Counselors' Use of Text Messaging: Ethical Implications With the invention of text messaging, counselors have been seeking new ways to use the technology. As counselors consider the uses of emerging technology in their practice, precautions should be considered. This presentation will explore a recent legal case involving a counselor and the use of text messaging with clients through the use of the ethical decision making model by Corey, Corey and Callanan, 2011. Ethical issues will be examined with regard to the use of text messaging and the implications of text messages based upon the Interstate Commerce Act and state public information laws.

The Meaning and Impact of Therapist Responses to Client Gift-Giving: A Case Study Investigating the Client's Experience

30-Minute Project/Research Poster Session

Dale Lee Covert

It is a rare therapist who has not been offered a gift by a client. Historically, the research on this topic has focused on therapist experiences and therapist opinions about accepting or refusing gifts from clients. Yet the importance of this very human interchange can have significant impact on the client and thus on the therapeutic relationship. In this study, the phenomenon of gift-giving – and, in particular, the therapist's reaction to the offer of a gift – are explored from the viewpoint of the client. The results of this study will help us, as therapists, to make more helpful decisions when clients offer us gifts.

IAMFC Sponsored Session

Update on the IAMFC Code of Ethics

30-Minute Project/Research Poster Session

Bret Hendricks, Loretta J. Bradley

The IAMFC has recently revised the IAMFC Code of Ethics. This program, conducted by two writers of the revised code will enable participants to identify differences in the newly adopted code and apply the information to fictional cases which the presenters will provide for discussion. There will be handouts provided and time for audience discussion.

Advanced

Supervisors' Reflections on Mandated Supervision: Voices From the Trenches

30-Minute Project/Research Poster Session, Advanced

Victoria Kress, Rachel Hoffman, Jake Protivnak, Nicole Adamson, Emily Herman, Paula, Paula J. Britton, , ,

Sanctioned supervision is a tool used by state counseling regulatory boards to monitor sanctioned counseling licensees' practice. In this poster, original qualitative research related to the topic of sanctioned supervision will be presented. More specifically, supervisors reflections on the process of providing sanctioned supervision will be presented. The generated themes the supervisors identified will be presented, and the unique characteristics of mandated supervision will be explored. Practice suggestions for supervisors providing mandated supervision will be provided.

Walking the Line: A Qualitative Study on Counseling Student Perceptions and Facebook

30-Minute Project/Research Poster Session, Advanced

Tanner Babb

Little to no research currently exists that explores the ethical perception of counseling students in relationship to online social networking. This presentation will highlight qualitative research conducted with counseling students about their perceptions of Facebook and use of online social networking. Gaps currently exist in the American Counseling Association Code of Ethics and research will be presented that illustrates those gaps and opportunities will be given to participants to discuss ethical ways of managing those gaps.

Gerontological Counseling

Ageing, Ageism, and Mitigating Implicit Ageism in the Consultation Room

30-Minute Project/Research Poster Session

John A. Blando

The population of elders—especially minority elders—in the U.S. is growing at a rate faster than that of the population overall. This population faces challenges including those due to ageism. I will review basic information about aging and will address practical issues when counseling older adults. This will include demographics of aging as well as counseling issues relevant to the spectrum of work with older adults. I will discuss elders' experience of implicit ageism in the consultation room and the use of universal design principles to mitigate it. Attendees will acquire a greater understanding of an aging population, issues in aging, and practical information on how to mitigate factors that contribute to ageism in their work.

Assessing for Suicide Risk and Self-Sustainability in Geriatric Populations

30-Minute Project/Research Poster Session

Joel Terry, Kathryn Knowles, Julia Haro

This presentation will provide an overview of the best practices for assessing suicide risk and self-sufficiency in the elderly population. Additionally, available resources for counselors who are not experienced working with the elderly population will be discussed and distributed.

Graduate Student Issues

A Procrastinator's Guide to Writing Your Dissertation

30-Minute Project/Research Poster Session

Katie Kostohryz, Rosalyn Y. Brown Beatty

This presentation is for you IF the following applies: you find yourself reading every single program description right now instead of writing your dissertation, you already wrote your dedication page before you even started writing Chapter 1, your house is extremely clean and you hate to clean, you think it's a good idea right now to reconnect with friends from elementary school, or maybe you find yourself looking at friends of friends of friends on social networking sites. Attendees will walk away with numerous tips on how to complete their dissertation from research, books, and recent PhD graduates.

Beyond the Internship: To Promote Counselors in Training Leadership, Advocacy, and Collaboration Development

30-Minute Project/Research Poster Session

Kristina Curro, Claudia Puleo

Experience, experience, experience! As graduate students, the opportunities that students embrace within their field allow them to enrich their educational experience outside of the classroom. This poster aims to highlight the advantages of creating a comprehensive developmental guidance program with counselors in training to help transcend their skills from the classroom to practical experience. The poster will demonstrate the benefits of full collaboration and program implementation for counselors in training.

Learning Cognitive-Behavioral Therapy: Counselors-in-Training Reflections on Applying CBT for the First Time

30-Minute Project/Research Poster Session

Tristan Schneider, Stacey Graves, Shannon Doane, Lauren Beck

Evidence-Based Practices are becoming increasingly important in counselor training. This presentation, based on a small qualitative research inquiry, articulates the benefits, challenges, and recommendations of counselors-in-training who participated in an evidence-based counseling course. Specifically, counseling students reflect on their experiences implementing Cognitive-Behavioral theory and techniques with adolescent clients.

Recommendations for how counselor educators can address the challenges experienced by graduate students learning Cognitive-Behavioral Therapy for the first time will be highlighted.

Group Work

Counselor as Consultant: Group Development in Community-University Partnerships and Research

30-Minute Project/Research Poster Session

Heather L. Smith

How do professional counselors find new opportunities for consultation and collaboration? By seeking out and responding to colleagues interested in transforming professional and research inquiry to interactive, horizontal, and cooperative practice. This presentation outlines how a participatory research project originally designed to assess obstacles to healthy eating and living in a rural community also provided an opportunity for a professional counselor to explore process-oriented evidence connected to team effectiveness. Implications include new applications of group development theory and ways to contribute to positive community, researcher, and student experiences with interdisciplinary research teams.

Inpatient Group Psychotherapy: Pre-doctoral Attendance And Participation

30-Minute Project/Research Poster Session

Sharon Silverberg

Inpatient group psychotherapy is one of the primary talk therapy interventions offered to patients necessitating acute psychiatric treatment. Research indicates that patients who attend and participate in group psychotherapy sessions while admitted to psychiatric hospitals have a lower rate of recidivism and are more successful in the community utilizing lower levels of psychiatric care. Unfortunately, not all patients attend group psychotherapy while admitted to a psychiatric facility and therefore do not benefit. This presentation will discuss the clinical characteristics of patients indicative of predicting attendance and participation in psychotherapy groups found in the study.

ASGW Sponsored Session

Online Groups Taxonomy

30-Minute Project/Research Poster Session,

Betsy J. Page, Chad Yates

Research reports demonstrate the potential of online groups to help members on a range of issues including: concerns related to medical and mental health issues, social and emotional support, and the ability to focus on the concerns of low socioeconomic and minority clients. The use of online groups has grown, along with reports of ethical concerns. These concerns include: misinformation and at times direct encouragement of harmful behaviors, confidentiality and privacy issues, and lack of leadership. These concerns highlight a need for research that examines the nebulousness definition of online groups and group types. This presentation explores the presenter's study that sought to illuminate the unknown categorizations of online group work. The results include a typology of online groups that can help to clarify what types of online groups exist.

Preventing High School Dropout: A Group Counseling Approach

30-Minute Project/Research Poster Session

Tayuanee Lynette Dewberry, Sabrina N. Gilchrist

Young people face many challenges during the “storm and stress” of adolescence. One major implication of these is high school dropout. Along with being an effective approach to working with adolescents, using groups for the delivery of prevention services is logical, provides a context for practice and utilization of skills, and results in the dual benefit of reducing problems and increasing competencies. Through poster and handouts, the presenters propose that not only is group work effective for behavior change in adolescents, but it is also an effective and economical intervention for high school dropout that can help students graduate with a plan for post-graduation success.

ASGW Sponsored Session

Teaching Teachers How to Use Group Work Skills in Their Classroom Community

30-Minute Project/Research Poster Session

Mary Alice Bruce, Kara Carnes-Holt, Bret Range

Teachers are group workers who create classroom environments in which students feel connected, as demonstrated by meaningful achievement in class activities as well as healthy social-emotional functioning. To accomplish this, school counselors can help teachers to develop qualities and abilities that enhance their communication and group work skills. Our presentation offers The Caring Community Teaching Module which was created by the researchers and successfully teaches the teachers: (a) group work skills to create caring connections among students and teachers, (b) instructional communication techniques to meaningfully engage students, thus significantly enhancing student academic engagement and classroom climate for 6-9th grade students.

ASGW Sponsored Session

Voices of the students at an Alternative Learning High School: Conducting Focus Groups Following the Career Mentorship Pilot Program

30-Minute Project/Research Poster Session

Tina M. Livingston-Sacin, Laura M. Schmuldt, Jessica Backowski

Alternative learning schools have been growing in number throughout the United States in recent years as an approach to preventing at-risk students from dropping out and as a way of helping students who have fallen behind academically. In traditional schools today, it is expected that students receive some form of career guidance. National standards have been developed to help students explore their interests and options following graduation. There is very limited amount of literature about the benefits of career counseling and mentorship for alternative learning students. However, it may be an important aspect to student success in these programs. The presenters will discuss the results of Focus Groups conducted with students participating in the career mentorship program. This program is based on a 3 year pilot study of community counseling graduate students providing career mentorship through placement in an alternative learning high school during their career counseling course. Presenters will disseminate the results of focus groups done with the ALC students, career counseling graduate students and faculty and counseling staff at the alternative learning high school. The presenters will provide attendees with the results of the focus groups and group counseling syllabi.

Advanced

Group Leadership Development Through an Experiential Group: A Qualitative Study

30-Minute Project/Research Poster Session, Advanced

Kara P. Ieva

The qualitative inquiry describes the experiences of 78 counselors-in-training who participated in experiential psycho-educational groups of various topic areas as an adjunct to their group counseling course. Come here how counselors-in-training perceive being members of this specific group and how it affected group leadership development. Implications for educating counselors-in-training will be provided based on the clinical and academic experiences reported by the students, as well as directions for future research.

LGBTQ Issues

Becoming an Ally in Support of Social Justice

30-Minute Project/Research Poster Session

Matthew A. Branfield, Maiko Xiong

Attendees will learn about current research related to counselor comfort and competence levels working with LGBTIQ clients, the importance of allied support and ways of becoming more involved with LGBTIQ issues. The presenters will make the case that LGBTIQ issues are also social justice issues that concern all counselors.

Better Late Than Never: A Case Study Approach to Exploring the Experiences of Gay Men Who Come Out Later in Life

30-Minute Project/Research Poster Session

Dale Lee Coover

Coming out of the closet is a decision that, for many men and women, is associated with significant challenges and equally significant opportunities. This important life transition becomes even more complex when it occurs later in life. While the literature on various aspects of the lives of LGBT people is growing, the phenomenon of coming out later in life has yet to be fully explored. This presentation provides some basic information about men who come out as gay later in life and offers attendees an opportunity to hear some of the stories that these men have to tell about their experiences. Finally, some suggestions as to how to help clients who are experiencing this transition will be offered.

Giving Voice to the LGBTQ Community: An Advocacy/Education Model for Local Schools and Businesses

30-Minute Project/Research Poster Session

Anthony W. Hansen, Brendan Carr

In cooperation with the LGBTQ Resource Center at The University of Georgia, students in the Professional Counseling program have utilized established models in developing a community-based program for LGBTQ advocacy to spread awareness and education about the various forms of discrimination and oppression prevalent in the LGBTQ community. This model is being implemented in local schools and businesses in Athens-Clarke County and its surrounding areas. Our poster is designed to provide an avenue for student advocates to reach out into their community to increase self-awareness, knowledge of, and skills in addressing prejudice, oppression, and microaggressions as it pertains to working with individuals from the LGBTQ community.

Internalized Homonegativity and Treatment Outcomes in LGBT Specific Addiction Treatment

30-Minute Project/Research Poster Session

Jenna Van Slyke, Tina Livingston

While research exists pertaining to internalized homonegativity and substance use among sexual minorities, there is no research to date that examines the role of internalized homonegativity in a LGBT-specific treatment environment. In this context, internalized homonegativity refers to a set of negative attitudes and affects toward homosexuality in others and in oneself (Amadio, 2006). This poster will present recent research results that have examined internalized homonegativity and treatment outcomes in LGBT-specific inpatient addiction treatment. Findings will be discussed as well as implications for counselors working with LGBT clients in a variety of settings.

Out of the Closet and Into the Light: Promoting a Successful Transformation Among Sexual Minorities

30-Minute Project/Research Poster Session

Shainna Ali, M. Kristina DePue

It is estimated that ten percent of the United States population identifies as lesbian, gay, bisexual, or transgender (LGBT). Although the counseling literature promotes a variety of helpful theories, it also addresses sexual

minorities as a population in need of further resources within the counseling realm. The coming out process is a tumultuous experience for sexual minorities and specific methods to counseling clients through this process is often overlooked in the sea of LGBT topics. This project promotes the conjunction of James Prochaska and Carlo DiClemente's Stages of Change model with Vivienne Cass' model of Homosexual Identity Formation to comprise a useful tool for counselors working with sexual minority clients.

Raising Awareness of the Increased Risk for Substance Abuse Among LGBTQ Adolescents

30-Minute Project/Research Poster Session

William F. Krause, Catherine M. Duncan

Attendees of the poster presentation will benefit from an increased understanding of the importance of substance abuse issues among LGBTQ adolescents. The information presented will help clinicians be better prepared to work with this population and to understand the unique issues of this population. Research on substance abuse among LGBTQ adolescents is limited. The lack of relevant research, high rates of substance abuse and the stigmatized nature of the LGBTQ population have been our primary purposes for this poster presentation. We will present useful materials and current resources in an attempt to raise awareness for clinicians in any setting.

School Counselor Educational Needs and Experiences in Working With LGBTQ Youth: A Nationwide Study

30-Minute Project/Research Poster Session

Janna Scarborough, Kristopher M. Goodrich, Melissa Luke

Strong evidence exists that LGBTQ students are underserved and at high risk in schools. Only by increasing the knowledge, skills, and awareness of school counselors will they be able to act systematically and effectively address the needs of LGBTQ youth within the complex school environment. In order to design programs for school counselors that reflect their unique roles, it is necessary to learn more about their experiences in working with LGBTQ youth, ideas regarding training needs, as well as motivation and type of training that would be helpful. The goal of the presenters is to share the results of a nationwide study exploring the experiences and identified training needs of Professional School Counselors in working with LGBTQ youth.

Sexism, Sexual Prejudice, or Both? The Effect of Gender Role Expression and Sexual Orientation on Attitudes and Perceptions

30-Minute Project/Research Poster Session

Carol Doyle, Amy M. Rees-Turyn, Tana Leigh Titus, Jessica A. Larson

Are negative attitudes and stigma towards GLB persons based on sexism – not conforming to gender stereotypes, or sexual prejudice (Herek, 2000) – biases against same sex relationships and behaviors? More specifically, do attitudes vary toward gays and lesbians based on their degree of conformity to gender role expectations? Are attitudes toward gender role incongruent people negative regardless of sexual orientation? What is the relationship between these variables? This study used vignettes of people varying sexual orientation, masculinity/femininity, and sex to examine these questions. The study included both GLBT and heterosexual participants which allowed us to compare the impact of sexism and sexual prejudice among the two groups.

Advanced

Exploring Manifestations of Marginalization and Stigmatization in Same-Sex Oriented Fathers: Two Paradoxes

30-Minute Project/Research Poster Session, Advanced

Jason Patton

This interactive poster will offer in-depth exploration of research into the experiences of same-sex oriented fathers, illustrating the impact of marginalization and stigmatization through participants' contradictory statements. These statements suggest two major underlying concepts, the Marginalization Paradox and the

Normality/Advocacy Paradox. You will be engaged in examining the contradictory statements which shed light on these paradoxes and offer a glimpse into how these manifest in the participants' lives. We will extrapolate clinical implications from these experiences. Future considerations for research and collaboration will be invited and discussed.

Military Issues

From Soldier to Counselor: The Experiences of Former Military Personnel in Counselor Education Programs

30-Minute Project/Research Poster Session

Travis Schermer

Most counselor education programs are populated by a diverse student body each facing unique challenges. This poster presentation, based on grounded theory research, will address the experiences of students coming from a military background as they shift from the identity of a soldier to a counselor. Information will be provided about the process that these students go through and how counselor educators and supervisors can help scaffold their development.

New and Innovative Applications of Logotherapy for the Treatment of Post-Traumatic Stress Disorder

30-Minute Project/Research Poster Session

Aaron James Smith

As the need for innovative treatments for military-related PTSD increases, it is imperative to begin re-examining some current empirically proven methods for ways they can be used to administer competent and ethical care. One proven intervention that is widely known yet rarely practiced is Logotherapy. This presentation will look at innovative approaches to advanced Logotherapeutic techniques for treating military-related PTSD. Ethical issues will be observed related to client gender, age, and religion. The most current empirical research in support of Logotherapy for treating military-related PTSD will be examined, and participants will experience how these Logotherapeutic techniques could be used in support of their clients.

Secondary Traumatic Stress Symptoms in Military Spouses of Army National Guard Veterans

30-Minute Project/Research Poster Session

Andrea Gail Bjornestad

This study investigated the presence and severity of PTSD symptoms in a sample of 227 Army National Guard veterans and secondary traumatic stress symptoms among their spouses. The veterans completed the Posttraumatic Checklist Military Version (PCL-M) (Weathers et al., 1993) and Combat Exposure Scale (CES) (Keane, et al., 1989) to determine the probable prevalence rate of PTSD symptoms and amount of combat exposure. A modified version of the PCL-M was utilized to assess secondary traumatic stress symptoms in the spouses, and a confirmatory factor analysis showed that the modified version of the PCL-M for spouses fit the same 4-factor PTSD structure as the PCL-M for soldiers. Results will be discussed as they relate to theory and practice.

Suicide and Substance Abuse in Veterans: Examining the Connection through Literature Review

30-Minute Project/Research Poster Session

Julie Bates

Nearly 1/3 of Army suicides between 2003 and 2009, and 45% of unsuccessful attempts involved drugs or alcohol. Veteran-specific risk factors for suicide often overlap with risk factors for substance use disorders. In order to effectively identify and assess risk, counselors must be aware of the overlaps. In order to facilitate accurate treatment planning, distinctions must be made between levels and sources of risk. This presentation will review these risk factors, treatment considerations, and an overview of military culture and its potential impact on treatment.

The Perceived Effectiveness of Casualty Assistance Services For Military Families: A Study of Military Widow Perceptions

30-Minute Project/Research Poster Session

Matthew A. Miller, Jayme Patterson, Erica Bare

This project researches the effectiveness of the current Military Casualty Assistance Officer Training Program and the services they provide after the initial notification of a military death has been made, based upon feedback from military widows who have received Casualty Assistance services. The rationale for researching this is to compare the data against the amount of training each Officer has received. The purpose of the Casualty Assistance Officer is to support the family of military casualties as they bring home their loved one to honor their sacrifice. The Casualty Assistance Officer is required to contact the surviving next of kin within four hours of notification and to provide ongoing assistance through the adjustment process.

Advanced

Children of the Military: A Life Already Full of Transitions Becomes Even More Chaotic During Times of War

30-Minute Project/Research Poster Session, Advanced

Helen Runyan, Melody Moreno

Because the United States is involved in so many combative situations, children in military families are facing multiple, longer deployments than in the past. Although research in the past proposed the resilience learned by these children and families of military members counteracted their added stressors, the additional separation time and increased instability in the world has increased these stressors exponentially. Current research suggests that children whose military parents are deployed today have more behavioral and academic issues. This presentation will address the stressors, the emotional cycle of deployment, ways children respond at different ages, and current strategies counselors can use to assist these children.

Multicultural and International Issues

A Look at Current Findings in Counseling Asian International Students: Ethics, Issues, and Ideas

30-Minute Project/Research Poster Session

Tara Overzat

This presentation will assist counselors in colleges/universities, community agencies, and private practice in giving the best guidance to Asian international students. It will provide a firm understanding of the cultural differences as well as an appreciation of each client's individual viewpoint on their experiences. Through discussion of this topic, participants will be able to think more critically about the unique adventures of these students. Attendees will learn to execute successful interventions for these students, e.g. group seminars and "welcome" meetings. Counselors will be better equipped to address the hurdles facing this population (e.g., alcohol/drug use, cultural mores, classroom expectations, mass media).

A Review of 25 Years of Research on the Mental Health Issues and Treatment of the Hmong Americans

30-Minute Project/Research Poster Session

Song E. Lee, Albert Valencia

This presentation will include a review of 25 years of research on the Hmong and their mental health issues. Results will include common mental health issues, treatment effectiveness, and trends in research relevant to the Hmong. The presentation will also include ideas on how to modify and use Western interventions effectively with the Hmong.

Benvenuto, Willkommen: Welcoming the Mental Health Perspective of European Immigrant Students

30-Minute Project/Research Poster Session

Michaela Ambrosius, Jennifer Del Monaco

Welcoming the cultural diversity among European Immigrant Students (EIS) is essential to addressing their mental health needs. Utilizing empirical and conceptual literature, the academic and personal/social complexities are highlighted. PSCs assist in creating a school climate where cultural diversity is welcomed. They play a vital role in addressing the challenges of these students. Furthermore, culturally competent strategies are provided for PSCs and MHCs to make culturally competent evaluations, accommodations, and interventions. This poster will outline the diversity of EIS, their developmental needs, mental health concerns, and implications for creating an environment in which EIS feel welcome. Handouts will be provided.

Biracial Competence: How to Assist Biracial Students in the School Setting

30-Minute Project/Research Poster Session

Mina S. Rasti

As biracial individuals are increasing remarkably as one of the many minority groups in the U.S., studies have shown that many issues can affect their development such as conflicts found within their racial identity. This presentation seeks to identify such conflicts and provide a multitude of resources for professional school counselors who wish to become competent with helping biracial students with their specific needs. Current statistics of the population, the Biracial Identity Development Model, counselor perceptions, and specific tools and strategies will be discussed.

Counseling Needs of Black American College Students

30-Minute Project/Research Poster Session

Harrison Davis

There is a great need for the preparation of college mental health staff to adequately manage the growing number of Black college students and their cultural-specific issues. This program presents research on the counseling needs of Black American college students and the unique challenges they face. The results of this study are expected to increase awareness of specific developmental, career, and psychological issues prevalent with this group of college students.

Cultural-Specific Suicide Risk Factors on Asian Americans

30-Minute Project/Research Poster Session

Fangzhou Yu, Faith G. Harper

Suicide continues to be a leading cause of death worldwide. Suicide behavior is the most common crisis faced by counselors. Suicide assessment is critical to appropriate and effective suicide intervention. According to the 2010 United States Census, Asian Americans form a little under 5% of the American population, the fourth largest racial group. This poster presentation provides the knowledge of suicide epidemiology within the Asian American culture context, which will enable better assistance to the counselors in evaluating suicide risk and provide appropriate suicide preventions to this population as well as bring the awareness to the counselors about the importance of addressing multicultural issues in suicide risk evaluations.

Developing Multicultural-Social Justice Counselors and Meeting Needs of Underserved Communities Through Community Outreach

30-Minute Project/Research Poster Session

Rachael D. Goodman, Jessica A. Vilbas, Reston N. Bell

Community outreach can be an effective means of meeting the needs of underserved communities, as well as facilitating counselor-trainees' multicultural-social justice development. The researchers will present the results of a study that explored the experiences of counseling students who participated in a local community outreach. The presenters will describe outcomes for the counseling students and lessons learned for counselor educators and community partners. Particular attention will be given to the development of critical consciousness and collaborative partnerships. Discussion will focus on aspects of the outreach that facilitated student development and effective community engagement, as well as relevant barriers.

Empowerment of Young African American Males: An Afterschool Program That Improves Graduation Rates, Character and Life Skills

30-Minute Project/Research Poster Session

Jason Southall Orrock, Mary Ann Clark

Exploring through qualitative analysis the success factors and limitations of a community based after school program that blends traditional extra curricular, mentoring, and rite of passage programs together to prepare severely at risk African American males for life after high school. The study explores how a program has created a 97% graduation rate of its participants that start and complete the four years of the program. This success rate is outstanding when compared to the national dropout rate of 48% for African American males living in America.

Exploring the Relationship Between Racial Identity, Racial Stress, Psychological Distress & Counselor Preferences of Blacks

30-Minute Project/Research Poster Session

Latina M. Shell, Susan H. Marcus, Eddy Regnier, Sam Sanabria

Black Identity is multidimensional experience, influence by heritage, socialization and larger cultural forces. Blacks are often viewed as a one-dimensional racial group and as a result their complex mental health needs are misunderstood and not properly addressed. This study examines the counselor preferences of 220 black research participants, and proposes a model in order to understand the predictors of counselor preferences. The pscyosocial constructs were examined and it was found that differences in racial identity and distress significantly differentiated participants who had no preference from those who preferred a Black Counselor only. The results are discussed in the context of providing better access to mental health services.

Hmong Graduate Students: A view Into Their Successes and Failures

30-Minute Project/Research Poster Session

Soua Xiong

This poster presentation presents a qualitative study of the educational experiences of Hmong graduate students. Findings of the obstacles and supportive factors of Hmong graduate students will be presented. The poster presentation will also provide implications for university counselors, staff and programs in the matriculation, retention, and graduation of their Hmong students.

AMHCA Sponsored Session

Mental Health and Acculturation of Bosnian Refugees: Research Outcomes

30-Minute Project/Research Poster Session

Azra Karajic Siwiec

While one million of Bosnians became refugees around the world due to Bosnian ethnic cleansing war, approximately 200,000 refugees resettled to the U.S., and thus started to experience stresses of acculturation (Weine, 1999). This presentation will discuss the outcome of a study investigating mental health and acculturation of Bosnian refugees living in the U.S. It will provide attendees with ways to conceptualize acculturative issues refugees may have in counseling and how acculturation impacts their mental health. Also, acculturative strategies to improve mental health of refugees will be offered.

AMCD Sponsored Session

Multicultural Awareness in Clinical Supervision

30-Minute Project/Research Poster Session

Stephanie F. Hall

This poster will offer suggestions for clinical supervisors/counselors in facilitating the comfort of supervisees and clients while addressing multicultural issues. Both supervisory and clinical settings will be discussed. In addition the application of multicultural competencies in supervision will be addressed.

CCA Sponsored Session

Multicultural Competence for Helping Professionals: Validating Diverse Clients

30-Minute Project/Research Poster Session

Wanda Lee, John Blando, Graciela Orozco, Nathalie Mizelle, Bitu Shooshani

With the increasing diversity of the US population, helping professionals must be knowledgeable of clients' multidimensional backgrounds in order to build trusting relationships. Practical knowledge in addition to a theoretical understanding of multicultural skills and competencies is a must. This poster incorporates theory with practice to focus on counseling considerations with Latino, LGBTQ, Biracial, African-American, and Middle Eastern clients. Case vignettes will help illustrate issues of various populations with respect to socioeconomic class, spirituality, discrimination, and cultural resources.

AACE Sponsored Session

Multicultural Supervision: The Initial Validation of the Supervision Integration of Multiculturalism Scale (SIMS)

30-Minute Project/Research Poster Session

Janeen Miller

Attendees will discuss a newly developed multicultural supervision competence measure. In addition, research findings on the influence of social desirability, comfort in working with others and multicultural skills level on counseling supervisors propensity to initiate multicultural discussion in supervision sessions will be presented.

RCT In the Classroom: A Counselors Role

30-Minute Project/Research Poster Session

Latori S. Griffin

Research shows that African American students do poorer than their White counterparts in school, regardless of SES (achievement gap) (Ogbu, 2003; E.E.P., 2010). This can be attributed to teacher's preparation in teaching diverse populations also known as teacher cultural self efficacy. Most teacher preparation programs implement diversity training, yet teachers say they aren't practical enough to prepare them for the real challenges of teaching diverse students. In this presentation, counselor led RCT training is emphasized as a key to helping counselors prepare teachers to teach diverse students as it considers contextual and relational experiences of women, people of color, and oppressed groups.

Social Markers of Psychological Well-Being in U.S. Immigrants

30-Minute Project/Research Poster Session

Claire J. Wooloff, Brian V. Carolan, Vanessa L. Alleyne

Immigration is undoubtedly a stressful experience. However, despite the challenges some immigrants are successful in that challenge. This empirical study, drawing on data from a large nationally representative study of new immigrants to the U.S. examines the factors that contribute to that success and suggests ways in which counselors and counselor educators can use this information to enhance their service and training for this population.

The Counseling Profession in Ireland: Past, Present, and Future

30-Minute Project/Research Poster Session

Garrett McAuliffe, Jennifer M. Johnson, Kayte Conroy

This presentation will provide perspectives on historical influences, cultural and ethical concerns, current status and future trends of the counseling profession in Ireland (e.g. training requirements, lack of government regulation, accreditation, insurance reimbursement etc.) Furthermore, similarities and differences of the counseling profession in Ireland and the United States will be discussed. Additionally, the presentation seeks to provide various viewpoints gained from experiencing Old Dominion University's annual Diversity and Counseling Summer Institute at Trinity College in Dublin, Ireland.

AMCD Sponsored Session

Understanding the Lived Experiences of Bilingual Counselors-in-Training Counseling Spanish–Speaking Clients

30-Minute Project/Research Poster Session

Maritza G. Striker

Facing a growing U.S. Spanish-speaking population, research demonstrates counselors across the country are scrambling to meet the mental health needs of Spanish-speaking clients. This presentation, based on a phenomenological dissertation, will provide a description of the lived experiences of bilingual counselors-in-training from South Texas. Implications for bilingual counseling practice, education, and supervision will be discussed, as well as suggestions for further research.

Understanding the Northwestern Native American Perspective on Receiving Counseling Services From Non-Native Counselors

30-Minute Project/Research Poster Session

Michele Lynch, Lindsay P. Robinson

Diversity theory informs the profession that cultural history may have impact on a client's perception of seeking, gaining, and participating in counseling services. This poster aims to reveal the perceptions of seven tribal leaders from prominent Northwest tribes regarding Native American perspectives on receiving counseling services from Non-Native counselors. This information can inform practice and increase counselor sensitivity to cultural differences and to provide conditions that better meet the needs of Native American clients.

Advanced

A Comparison of Counseling Outcomes and Perceptions of Counselors Between Hispanic and Anglo College Student Clients

30-Minute Project/Research Poster Session, Advanced

Michael Waldo, Shelley Lynette Wolfe, Ginger Dickson, Jonathon Schwartz

There is ample evidence that Hispanics face stressful economic, educational and social challenges that could pose threats to their health, development and adjustment. Counseling could be a beneficial tool for meeting these challenges. However, multicultural theory and some evidence suggest that Hispanic clients may not receive as much benefit from counseling services as Anglo clients. Acculturation is considered a critical variable. This study examined acculturation and the possible disparity between Hispanic (n = 80) and Anglo (n = 45) clients' responses to counseling, including changes in symptoms and perceptions of their counselors. Results and their implications for research and practice will be presented.

Internationalization of Professional Counseling: Meaning, Scope, and Concerns

30-Minute Project/Research Poster Session, Advanced

Kok-Mun Ng, Brigid M. Noonan

Though the discourse on internationalization of professional counseling has increased in recent years, the meaning and scope of this phenomenon has yet to be clearly defined in the literature. We will present findings of a study based on an expert panel on the meaning and scope of internationalization of professional counseling. Findings regarding some critical concerns about the movement will also be presented.

Multicultural Counseling Beyond the Relationship: Expanding the Repertoire

30-Minute Project/Research Poster Session, Advanced

Betty Cardona, Fred Hanna

This presentation explores developments in the field of multicultural counseling and offers an approach to treatment based on the concept of psychological freedom. This is the idea of helping to free a person from a harmful discriminatory system, as opposed to merely adjusting.

Stress Coping, Secure Attachment, and Trait Resilience Among College Students in the U.S., China, and Taiwan

30-Minute Project/Research Poster Session, Advanced

Ming-hui Li

This study explored the factors that influence individuals to actively cope with stressful situations in the U.S., China, and Taiwan. In both U.S. and Chinese samples, the sole effective predictor of active coping was trait resilience. In Taiwanese sample, trait resilience and secure attachment were effective predictors of active coping. The results showed that trait resilience could predict active coping in all three samples, implying that trait resilience can influence active coping across cultures.

The Experience of Intercultural Adoption: Content and Theme Analysis of an Intercultural Adoptive Parent Group

30-Minute Project/Research Poster Session, Advanced

Sara Polanchek, Waganesh Zeleke

This paper examines the experience of intercultural adoptive parents in three different phases: pre-, peri- and post adoption. The counselors' records from 8 sessions of an Intercultural Adoptive Parent Psycho-educational Group are used as a means of data collection. The two counselors who lead the group, independently wrote notes and kept journals about issues discussed in the group. A qualitative content and theme analysis is used to develop the meaning of the group experience. The result points out the gap between the need and the support provided by mental health professional to these populations, and suggests the need of a comprehensive solution that includes the involvement of mental health counselors and other professionals.

Using Instructional Technology to Enhance Single Didactic and Experiential Multicultural Courses

30-Minute Project/Research Poster Session, Advanced

Sandra M. Tomlinson-Clarke, Darren Clarke

With goals of enhancing existing multicultural courses and developing innovative approaches, this presentation focuses on integrating instructional technology into multicultural training. Examples of syllabi for didactic and experiential courses that integrate technology as part of the course delivery will be presented. Instructional technology includes developing personal learning environments, blogging, live chats, threaded discussions and multimedia).

Rehabilitation Counseling and Disability Issues

Forgiveness & Resiliency: Is There a Connection in Coping with Disability?

30-Minute Project/Research Poster Session

Susan Stuntzner, Sachin Jain, Jacquelyn Dalton

Forgiveness & Resiliency: Is There a Connection in Coping with Disability? Forgiveness and resiliency are two concepts discussed throughout the literature. Yet, little is known about their role and function in coping with disability. Forgiveness and resiliency will be discussed as possible related factors when considering adjustment to disability. A visual model will be presented to help demonstrate this connection. It is the intent of this presentation to assist mental health professionals in understanding and applying forgiveness as a part of the resiliency learning process when counseling persons with disability.

Mental Health Issues of Female Veterans: Review of Literature on OEF/OIF Veterans

30-Minute Project/Research Poster Session

Jungeun Lee

Female veterans are projected to exceed 11% of the veteran population by the year 2040. Increasing number of female veteran population and the negative effect of deployment experiences make their mental health a priority. In fact, they present a high prevalence of mental health disorders such as PTSD and depression, higher rates of exposure to combat trauma than previous cohorts of women veterans. This presentation provides a

systemic review of literature on mental health issues of female veterans, who were deployed to Iraq and Afghanistan. You are invited to examine the unique characteristics of this new generation of female veterans and their demands for mental health services.

Quality of Life in Persons With Multiple Sclerosis

30-Minute Project/Research Poster Session

Gary Michael Szirony, Jason D. Kushner, Tresvil G. Pack

Quality of life (QOL) has been described as a ubiquitous concept having different meanings based upon the frame of reference in which it is used. The measurement of QOL and its implementation into scientific study can be difficult. QOL has been described in literature in many ways; perceived quality of life, subjective well-being, happiness, and life-satisfaction. In this presentation, results of a Priori comparisons using Analysis of Variance resulted in the finding that persons with MS who were employed tended to rate their levels of QOL nearly one third of a standard deviation higher than their unemployed counterparts. Quality of Life issues are addressed.

Recruitment & Training for Academia: A Model for Improving Access for Professionals With Disabilities

30-Minute Project/Research Poster Session

Susan Stuntzner, Jacquelyn Dalton, Sachin Jain

“Recruitment & Training for Academia: A Model for Improving Access for Professionals With Disabilities” Rehabilitation counseling is a profession whose mission is often focused on the training and employment needs of persons with disability. Yet, as a person’s education level increases, fewer professionals with disabilities emerge into leadership positions such as administration and academia. Therefore, the availability of professionals with disability in higher profile positions to mentor other interested professionals with disability seems to be minimal. This presentation will be a summation of literature findings to determine barriers in mentorship and promotion and to create solutions to improve access and mentorship.

Summer Bridge Programs for Students With Learning Disabilities

30-Minute Project/Research Poster Session

Annette C. Albrecht, Dennis G. Jones

The poster will provide participants with an overview of the role of summer bridge programs in the high school to college transition process for students with learning disabilities. Specifically, the participants will gain an understanding of techniques for high school counselors to collaborate with college mental health professionals in assisting students with learning disabilities transition from high school to college through summer bridge programs.

Research

Boys to Men: Experiences of Bereaved Adolescent Males Following the Death of the Father

30-Minute Project/Research Poster Session

Brandie Oliver

This poster discusses the results of a study exploring the grief experiences of bereaved adolescent males following the death of the father. Grief narratives were collected through narrative inquiry. The three research questions that will be discussed in this presentation are: 1. What is the general impact of father loss on the adolescent male? 2. What are the experiences, dimensions, and patterns described within the narratives of adolescent males who have had a father die during adolescence? 3. How do males make meaning in light of the paternal death experience?

Counselor Educators and Local Schools Unite: 'How To's' for Research That Also Provides Service-Learning Opportunities

30-Minute Project/Research Poster Session

Sue Bratton, Yulia Pronchenko, Terri Gonzales, Katie Purswell, Nick Cornett, Sinem, Sinem Akay, Yung-Wei Lin, ,

Counselor educators are expected to conduct high quality research that results in publication. The current climate dictates that counselors conduct research that results in evidence-based practice. This poster provides a step by step guide proven successful in developing effective university-school district partnerships that not only allow counselor educators to carry out cutting-edge outcome research with large sample sizes, but also provides service-learning opportunities for advanced master's and doctoral level counseling students to obtain experience with historically underserved populations of school-age children. Summaries of outcome studies featuring a variety of quantitative and qualitative research designs will be presented.

Counselor Wellness for the Counselor Educator: Fact or Fiction

30-Minute Project/Research Poster Session

Julie Strentzsch

Conference attendees will hear about the importance of beginning a better dialogue regarding the topic of wellness for counselor educators. Existing literature discusses the basics regarding wellness in counselor education and supervision, yet does little to discuss what supports or prevents counselor educators from achieving this goal. This presentation will give insight to some of this issues.

Factors Influencing Counselor Education Faculty Members' Refereed Article Publication Rates

30-Minute Project/Research Poster Session

Glenn W. Lambie, B. Grant Hayes, Dodie Limberg, Catherine Lamb, Patrick M. Mullen

Publications in refereed journals have a significant influence on the evaluation of counselor educators and the ranking of their programs. This presentation reviews the findings of a study that investigated articles published in refereed journals by counselor educators (N = 411) who were employed by 55 doctoral programs accredited by CACREP. The counselor educators published in 321 different journals and their rates of publication differed per specific faculty variables (e.g., academic rank, year earned doctoral degree). The presenter will offer specific strategies and skills to support counselor educators and their students in their scholarly writing and research.

Online Data-Bases: Are They Really Credible Source for Research in Counseling?

30-Minute Project/Research Poster Session

Jee Hyang Lee, Lisa M. Thompson-Gillespie

What are your thoughts about the credibility of online databases? Are they really credible? Online databases are primary channels for searching literature and hold a high level of credibility in research. Though researchers trust online databases since their institutions subscribe to them, why is it that errors, inconsistencies and omissions are being overlooked? This presentation will address the credibility for online databases and the common errors that exist in database citations. Characteristics among online databases which are used by researchers in the field of counseling will be also discussed along with ideas for cross-checking errors and omissions that are obtained through the data collection process of online database searches.

Relationship of Help Given to Perceived Help Received and Group Satisfaction Among Counseling Group Members

30-Minute Project/Research Poster Session

Floyd F. Robison

This study explored the relationship between help giving and evaluations of help received and group outcome by counseling group members. Young adults participated in six-session groups and rated help given and help received at sessions two and six, as well as satisfaction with group. Members who rated themselves as more helpful to others reported receiving more help from others, and rated the group outcomes more positively than members who reported they gave less help. We will describe ways that leaders may improve group outcomes by

introducing planned opportunities for members to help one another and optimize their perceived ownership of their groups.

ASERVIC Sponsored Session

The Effects of a Loving-Kindness Meditation Intervention on Counselors-in-Training: Implications for Counselor Education

30-Minute Project/Research Poster Session

Monica Leppma

Loving-kindness meditation is a compassion-based mindfulness practice that increases feelings of warmth and caring for oneself and others. Research indicates that cultivating positive emotions, such as those arising from loving-kindness meditation, contributes to emotional, psychological, and physical well-being. The primary purpose of this study was to determine if participation of counseling students in a structured psychoeducational loving-kindness meditation group affected three constructs associated with counselor development and wellness. Findings indicated improved empathy in counselors-in-training upon completion of the six-week intervention.

The Role of Family Functioning: Predictors for Success in an Adolescent Obesity Randomized-Controlled Trial

30-Minute Project/Research Poster Session

Natalie L. Trumpikas, Chanelle T. Bishop-Gilyard, Priscilla Costa Tuffner

Family functioning is shown to influence treatment outcomes in clinical and research settings. Eighty-five adolescents and their caregivers completed the McMaster Family Assessment Device (FAD) at the start of a family-based lifestyle modification weight loss program. Results suggest nearly all teens and their caregivers reported unhealthy general family functioning. Teen report of affective involvement, problem solving and roles were associated with weight change in teens. Surprisingly, teens successful at losing >5% of initial weight also reported unhealthy family functioning at the start of treatment. Although caregiver reports are often used in assessment, counselors may find teens' perceptions more predictive of treatment outcomes.

Advanced

Comparison of Actual School Counselors' Duties to American School Counselor Association (ASCA) National Model Standards

30-Minute Project/Research Poster Session, Advanced

Julia Porter

School counselor accountability has become an essential part of the school counselor's role. The American School Counselor Association National Model is being taught as the standard for the school counselor role in many school counseling programs. This poster reports results from the 131 school counselors who chose to participate in a research study comparing actual school counselors' job duties to the ASCA National Model standards for school counseling.

Individuation Mediators Between Enmeshed Family Boundaries and Eating Disorder Symptoms

30-Minute Project/Research Poster Session, Advanced

Linda M. Perosa, Sandra L. Perosa, Grace Chen

Research has shown that Structural Family Therapy/Counseling and individuation interventions together are effective for treating young females with EDs but not those over 18. One hundred four at-risk college females completed measures on family enmeshment/disengagement; 3 attachment/individuation scales, and 8 ED scales. The bootstrapping results for mediation indicated that attachment variables played the strongest mediating role in predicting 4 ED variables and attachment and individuation variables both played a strong mediating role predicting 2 other ED variables. Suggestions for future studies and implications for counseling are discussed.

School Counseling

A Comprehensive Portfolio to Demonstrate School Counselor Effectiveness

30-Minute Project/Research Poster Session

Jonathan Ohrt

PSCs are required to develop comprehensive school counseling programs that are preventative in nature and address all students' academic, career, and personal social concerns (ASCA, 2005). However, PSCs often struggle to document and demonstrate effectiveness for the myriad interventions and services they provide. Given the need for PSCs to evaluate their own effectiveness and demonstrate accountability it is imperative that PSCs develop strategies to do so. Therefore, the purpose of this program is to present a comprehensive portfolio assignment, required in a school counseling graduate course, that prepares students to successfully demonstrate competency in advocacy, needs assessment, data collection, accountability, and systemic change.

Breaking Through Barriers: Combating Relational Aggression Among Adolescent Girls

30-Minute Project/Research Poster Session

Claudia Puleo, Kristina Curro

It's time for 'Chick Chat'! Learn how to combat relational aggression in adolescent girls through this experiential presentation featuring a systemic, developmental group counseling curriculum. Participants will learn about relational aggression and discuss its potential risks, as well as engage in discussions and exercises to provide awareness and prevention to this rising epidemic. This poster will provide participants with a systemic, developmental program aimed at advocating for the prevention and intervention of relational aggression, while fostering self-esteem, healthy decision making, and conflict resolution among adolescent females through group counseling.

Determining the Psychometric Properties of the School Counseling National Model Activity Scale (SCNMAS)

30-Minute Project/Research Poster Session

Robert Eric Heidel, John Anthony Breckner, Joel Diambra, Jeannine Studer

Counselor education programs tout the benefits of CDSC programs that reflect the philosophy of the ASCA National Model and train school counselors to adopt this approach in their professional practice. However, graduating students are often hired as school counselors and assume professional responsibilities that do not resemble the tasks that complement the CDSC components. The School Counseling National Model Activity Scale (SCNMAS) is an instrument that was created to determine what activities practicing school counselors most commonly perform. A study focused on the psychometric validation of the SCNMAS will be presented. The utility of the instrument in school counseling programs and in the field will be discussed as well.

First-Generation College Students and School Counselors: Using Effective Interventions to Improve Their Perceptions

30-Minute Project/Research Poster Session

Donna J. Dockery, Mary A. Hermann

We'll review the needs and concerns of first-generation college students and prior research on their perceptions of school counselors. The design, analysis, and results of a current study comparing first generation and second generation students' experiences with school counselors will be reported. Implications for school counselors and helping professionals who wish to assist potential first generation students in accessing higher education will be provided, as will recommended intervention strategies. Participants will share their plans regarding promoting equity and access for first generation college students and will use a case study to illustrate possible interventions. Handouts and references will be provided.

Incorporating School Counseling Group Interventions Into Counselor Education Classes: A Unique Model for Service and Learning

30-Minute Project/Research Poster Session

Janet L. Muse-Burke, Jennifer S. Barna, Matthew L. Eisenhard

The purpose of this presentation is to provide a unique model of incorporating school counseling group interventions into counselor education classes. To that end, the presentation will (1) examine the effectiveness of group counseling interventions with at-risk high school students, and (2) investigate the impact of active training with beginning counselors. Group counseling services targeting academic enablers and career exploration were provided to at-risk high school students, and counselor trainees and counselor education faculty co-led. Client outcome variables included retention rates, academic success, and pursuit of post-secondary education. Trainee outcome variables included self-efficacy, anxiety, and supervision satisfaction.

Investigating the Factors of Resiliency Among Exceptional Youth Living in Rural Poverty

30-Minute Project/Research Poster Session

Kevin A. Curtin, Janelle Brandow, Joseph Benedetto, Paul Keeley, Heather Loud, Ashley, Ashley Wagner, , ,

Resilience is an important social justice concept that has important implications for counselors working with exceptional youth in rural areas who may suffer from the consequences associated with economic hardships. The purpose of this presentation is to report on the findings of a multi-school qualitative study of resilience among exceptional youth living in rural poverty. Findings include the discovery of unique factors and emerging themes based on the distinctive attributes of exceptional youth in rural underserved areas. Implications for strength-based treatment as well as recommendations for future research will be highlighted.

Suicide in Schools: School Counselor Perceptions of and Experiences With Suicide Postvention

30-Minute Project/Research Poster Session

Kerrie R. Fineran, Sinem Akay

The presenters will share the results of a national mixed methods study on the postvention practices of school counselors. First, a national survey was conducted in which school counselors described any postvention plans that were in place in their schools, rated the importance of suicide postvention plans, and evaluated training for school counselors in managing postvention activities. Secondly, interviews were conducted with school counselors who had experienced student suicide in their schools in order to gain their perspectives on the effectiveness of such plans. The results of this study will be presented and educational resource lists will be available.

The ASCA National Standards as Viewed by Practicing School Counselors: Preparation, Relevance, and Importance

30-Minute Project/Research Poster Session

Suzanne M. Hedstrom, Claudia Sowa Wojciakowski

This program will present the findings of a study of school counselors as they reflect on the ASCA National Standards. How well did their school counselor preparation programs prepare them in various aspects of the National Standards? How relevant are specific aspects of the National Standards to their current employment? Would they recommend that these standards be taught to future school counselors? Results will also be reported differentiating findings by (1) elementary or secondary employment, (2) number of credit hours in the preparation program, (3) number of years of experience, and (4) whether or not respondents were credentialed as teachers. Implications will be outlined for counselors, counselor education programs, and ASCA.

Youth-Led Participatory Action Research: Strategies for School Counselors Working for Youth Empowerment and Social Justice

30-Minute Project/Research Poster Session

Sara Meghan Walter, Page L. Thanasiu

Increasingly, professional school counselors (PSCs) are being called to serve as advocates for social justice in their school settings, while remaining aware of accountability demands. By partnering with students and other stakeholders in youth-led participatory action research (YPAR), PSCs can achieve these often seemingly disparate professional objectives. YPAR provides an avenue for youth to advocate for themselves and to engage

young people in efforts to bring about social justice. Participants will learn about the guiding principles of the YPAR approach and they will be encouraged to brainstorm examples of potential YPAR projects for their settings.

Advanced

Preparing School Counselors-in-Training as Related Service Providers of Special Education: A Federally Funded Grant Program

30-Minute Project/Research Poster Session, Advanced

Donna M. Gibson

School counselors are not prepared as related service providers to students with disabilities in K-12 school settings. However, there is a need for professional school counselors to offer counseling services to meet the specific needs of students with disabilities. Information will be provided on a specific, grant-funded program that trained school counselors-in-training as related service providers. Implications for counseling practice, counselor education and supervision will be shared with attendees. Additionally, the presenter will share the grant process and funding resources available for this training program.

School Transitions as Early Career Decisions

30-Minute Project/Research Poster Session, Advanced

Patrick Akos

School Transitions as Early Career Decisions presents a summary of the decades long research on school transitions (ES-MS-HS) and contemporary studies on demographic differences and career influences on outcomes. Handouts will provide a synopsis of these items, along with best practices and resources for school counselors and child and adolescent counselors.

Social Justice For All: First Generation College Students Serviced By School Counselors-in-Training

30-Minute Project/Research Poster Session, Advanced

Kara P. Ieva

Too few low-income and first-generation students are afforded the opportunity to learn and engage in STEM majors and career paths prior to arriving to higher education. As a result, upon entering post-secondary education, they risk being ill-prepared for such majors, and or begin to lose interest and motivation to continue. The purpose of this presentation is to examine what can be learned from a systematic developmental summer program servicing the needs of first generation college students while simultaneously preparing counselors-in-training to deliver a comprehensive counseling program ancillary to their practicum and internship experience.

Taking the Reins: Visioning in School Counseling

30-Minute Project/Research Poster Session, Advanced

Jennifer Watkinson, Cheryl Moore-Thomas

Many counselors feel overwhelmed and undertrained in the leadership skills they need to make substantive changes to their school counseling programs. Drawing from research in educational leadership, this presentation provides participants with a conceptual framework for how they can use visioning as a strategy to transform their programs. Implications for how visioning can impact student achievement will be discussed.

Sexuality

Adults Who Sext: An Examination of Sexting Behaviors of Adults, Ages 25-40, and Implications for Clinical Practice

30-Minute Project/Research Poster Session

Rachael Madden-Connor, Leatha Huntington

We know that teenagers sext, but what about adults? Do adults sext with each other and if so, how often? What time of day? How is sexting impacting their relationships? What does a typical sexting conversation look like? This poster presentation will summarize the findings of a qualitative research study that was conducted to gauge the sexting behaviors of adults, ages 25-40. Come learn about the specific nature of adult sexting and how this knowledge might be applied to clinical practice, including couples counseling and sex therapy. Sexting could be a helpful tool for couples who want to rejuvenate a relationship and add excitement and fun to their daily routines.

Hooking Up' in Undergraduate Students: The Influence of Campus Environment, Religiosity, and Alcohol Consumption

30-Minute Project/Research Poster Session

Jessica Cole

Through a quantitative study, hook up behaviors were explored from a sample of 325 undergraduate students at a midsize private university. Participants completed a survey containing questions related to hook up behaviors, perceptions of the campus environment with regard to hook ups, religious beliefs and practices, and alcohol consumption. Analyses displayed significant correlations between multiple dimensions of religiosity and hook up experiences, and alcohol consumption and hook up experiences. Findings are useful for college personnel working with students as they develop views on intimacy, sexuality, and religiosity. Findings also reveal the need for dialogue in college communities about the possible implications of hook ups.

What Does Sex Education Really Mean for Teens?: A Look at Implementation and Effectiveness in Schools and Communities

30-Minute Project/Research Poster Session

Amanda D. Gordon

The aim of this review is to examine the effectiveness of comprehensive sex education programs that are currently being implemented or those that were recently implemented for teens in schools and communities. Twenty-two comprehensive sex education programs were identified and reviewed, and the author found the programs to be effective in reducing risky behaviors. Students were less likely to have unprotected sex with multiple partners, delayed sexual initiation and reduced frequency of sex. However, after the intervention stopped, the impact was not always as significant, which shows the importance of sustainability. Based on this review, suggestions for improvement are offered and a new model of comprehensive sex education is proposed.

Women, Sexuality, and Disability: A Focus Group Study

30-Minute Project/Research Poster Session

Mya Vaughn, Kurt Silver, Sophia Murphy, Renee Ashbaugh, Amanda Hoffman

This presentation discusses results from focus groups with women with physical disabilities regarding their sexuality and sexual concerns. Focus groups are being used to help women explore and discuss sexual feelings, sexual experiences, and sexual concerns regarding their disability. The safe environment encourages women to share feelings, emotions, and concerns that they have not been able to share with others for various reasons. The study is also determining if there are differences among age groups, sexual orientation, and impact of disability on sexuality. The presentation will provide recommendations to inform rehabilitation counseling education, research, and practice.

Social Justice

AMCD Sponsored Session

African American Males: Building a Stronger Citizen/Student

30-Minute Project/Research Poster Session

Ann Shillingford

Augmentation of awareness for the need for African American students to experience a sense of connection and belonging with their school community is imperative. Counselors are in great position to address systemic barriers and discriminatory attitudes and behaviors that may hinder holistic development of African American students towards more positive educational performance. This presentation will focus on culturally-sensitive strategies for counselors working with this population.

Social Justice and Client's Advocacy

30-Minute Project/Research Poster Session

Panagiotis Markopoulos, Shana L. Goggins

The proposed poster presentation will provide a historical background of the social justice movement with regards to the counseling field. We will discuss why social justice is of a concern to counselors in training as well as professionals in the field. The presentation will include a review of the literature regarding the social justice theory, implications for graduate training programs and the incorporation of social justice strategies into practice. We will discuss the 8 Advocacy Competencies as outlined by the American Counseling Association. In addition, the presentation will help the audience to develop the knowledge, awareness, and skills necessary for social justice advocacy.

The Stories of Alcohol

30-Minute Project/Research Poster Session

Amanda M. Cisler, Tonya L. Yelton, Jeffrey E. McGee

The Stories of Alcohol is an example of how students can create and implement social justice projects. It vocalizes the necessity of collaboration between community organizations and the university to advocate for social justice. In addition, this poster presentation serves as an example to clinicians that are seeking new ways of working with clients. This poster outlines how three doctoral students joined forces on their social justice project combining a mutual passion for understanding the stories of people affected by alcoholism. The researchers discovered that using sandplay, photography and narrative tales was an effective outlet for allowing the participants to express how alcohol has affected their lives.

Advanced

Counselors and Policy Analysis: Examining Advocacy and Social Justice Issues for Change in an Urban Context

30-Minute Project/Research Poster Session, Advanced

Denise Park, Marte Ostvik-DeWilde, Jungnam Kim

By learning to examine policy issues, counselors can better serve clients through examining systemic issues that impact well-being. This poster will demonstrate how counseling leaders, practicing counselors, and counselor educators can promote access, equity, and social justice through policy analysis. Sample step-by-step analyses on 'gang prevention in schools' and 'mandatory charges for Advanced Placement (AP) courses' will be displayed. Using policy analysis to affect systemic change in an urban educational context will be highlighted.

The Emerging Field of Fat Studies and its Relevance to Counselors and Counselor Educators Interested in Social Justice

30-Minute Project/Research Poster Session, Advanced

Stella Beatriz Kerl-McClain

Research in the emerging field of Fat Studies looks at cultural assumptions of fat, fat bias, and problems in research related to obesity, among other areas. The field promotes an understanding of health that is unrelated to size/weight, arguing that fat bias clouds views of health, including mental health. Awareness of the research in this growing field can introduce us to the issues and assist us in applying these social justice perspectives to our work with clients and in educating future counselors. We must challenge their own biases and assumptions about fat/overweight clients, and about ourselves, in order to promote genuine emotional and physical health, regardless of size.

Spirituality and Religion

ASERVIC Sponsored Session

Preparing Emergent Counselors to Work with Spiritually Diverse Clients: Supervision Models and process considerations

30-Minute Project/Research Poster Session

Jennifer R. Curry, Elizabeth R. O'Brien, Imre Emeric Csaszar

Supervision is critical for assisting emerging counselors in effectively counseling clients with spiritual concerns. Supervisors can promote a better understanding of how to explore client spirituality in a culturally competent and ethically effective way by learning models and clinical supervision techniques. Participants will be given resources for integrating meaningful spirituality concepts in supervision when appropriate for client concerns.

ASERVIC Sponsored Session

Spiritual Competency Scale: A Measure of Spiritual Competency for Counselors

30-Minute Project/Research Poster Session

Stephanie F. Dailey

In an effort to provide clarity, direction and detail towards the proficient practice of spiritual and religion integration, the Association for Spiritual, Ethical and Religious Values in Counseling (ASERVIC) developed spiritual competencies to help counselors better understand what it means to be 'spiritually competent'. However, research regarding spiritual and religious pedagogy demonstrates a considerable deficiency in counselor training (Robertson, 2011). This poster provides an explanation and psychometric evidence of an empirically based scale which measures deficiencies in spiritual competence as well as skills which need to be addressed to improve a counselor's abilities to integrate these issues into counseling.

Spiritual, Religious, and Mental Health Issues Experienced During War-time Deployment: First Hand Reports from our Deployed Military

30-Minute Project/Research Poster Session

Lisa R. Jackson-Cherry, William Sterner, Steve Zappalla

Recent research on military has heavily focused on PTSD, TBI, and other mental health issues among member of our military who have been deployed to war zones. One area receiving less attention is how religious traditions and beliefs and spirituality impact deployment. Quantitative and qualitative data gathered from approximately 300 deployed military members, offers important insight into the need to explore religious and spiritual issues and the impact on pre-deployment, deployment, reintegration, and re-deployment of our troops. Other mental health issues were also examined. Implications and best practices for counselors working with this population will also be reviewed to provide a rationale for including this essential component in order to treat the whole person.

The Impact of Spiritual Development on Counseling Issues of Traditional College Students

30-Minute Project/Research Poster Session

Gail K. Roaten, Katherine Elizabeth Carmichael

Spiritual development is an important component in the overall identity development of adolescents and young adults. This presentation reports the results of a research study that examines the spiritual development of traditional college students as it relates to life satisfaction and mental health. Information gained from the study will be used to suggest practical strategies that counselors may use in counseling this population.

The Misunderstood Pastoral Counselor: Knowledge and Religiosity as Factors Affecting a Client's Choice

30-Minute Project/Research Poster Session

Kathryn Reid Walker

Within the spectrum of mental health professionals, the pastoral counselor's role appears to be among the most misunderstood. Given their educational background in both clinical counseling and theology, pastoral counselors are particularly well equipped to address psychological and spiritual concerns. However, personal, anecdotal, and research evidence suggest that many individuals have an incomplete, inaccurate, or nonexistent understanding of the training, capabilities, and role of a pastoral counselor. This presentation is based on a study that examined the relationship between participants' knowledge of pastoral counseling and the likelihood of choosing to work with a pastoral counselor.

Utilizing Spirituality to Enhance the Counseling Relationship

30-Minute Project/Research Poster Session

Karla R. Lawrence, Nivischi N. Edwards

According to research, spirituality can be seen as a path towards increased wisdom, self-awareness, personal development, and/or connection with a Higher Power. The counseling relationship is one that seeks to address the holistic needs of clients and spirituality is one aspect that is often not addressed as readily as other areas. This presentation will look at the current research on the use of spirituality in the therapeutic relationship, the mental health clinicians personal spiritual development, and the use of spirituality in work with clients.

Technology in Counseling

A Clinical Analysis of Social Media Behavior as a Tool to Uncover Underlying Areas of Potential Focus in Counseling

30-Minute Project/Research Poster Session

Christine Marie Karper, Michelle D. Stone

As social media explodes, many individuals are drawn to social media sites. These websites play to the basic human needs of being loved and feeling a sense of belongingness. As a microcosm of behavior, social media bears therapeutic examination in an attempt to uncover an individual's core issues and areas for self-improvement. Analyses of social media behavior offers the clinician a pathway into understanding core issues that may underlie a client's presenting issues. This poster seeks to explore clinical analysis of social media behavior as a tool to uncover underlying areas of potential focus in the therapeutic relationship. This poster includes a research review and discussion of social media analysis as a therapeutic tool.

IAMFC Sponsored Session

An Experimental Investigation of Climate, Learning, and Efficiency in Online Instruction

30-Minute Project/Research Poster Session

Brand'e N. Flamez, Robert L. Smith

The extraordinary pace of technological advancements in counselor education is a major trend. With the exponential growth of online courses in counselor preparation programs researchers have begun to study differences in online and traditional counseling approaches. This empirically based research explored the differences in efficiency, learning styles, and perception of the educational climate between students enrolled in online and traditional face-to-face Marriage, Family, and Couples course.

Counselors and Social Media: What You Need to Know

30-Minute Project/Research Poster Session

Claudette Brown-Smythe

Social media is an emerging technology in counseling. There are unwritten rules for communicating in these spaces and there is the challenge that interacting with students and clients in this arena has the potential to impact the relationship. When operating on the worldwide web anyone can have access to your information depending on the level of security you select. As practitioners we get invitations to become their friends on facebook, myspace and LinkedIn network. Making decisions regarding these connections raises ethical issues.

Practitioners need to be aware of the different security levels provided so that they can protect their privacy and make informed choices about the information that remains public and with whom it is shared.

Efficacy and Benefits of Social Media Tools as They Pertain to Counselors-in-Training and Their Professional Development

30-Minute Project/Research Poster Session

S. Carol Ardon-McCullough, Philip Linwood Wilkerson

The old adage of “It’s not what you know, but WHO you know” has been magnified exponentially by the use of social media. This presentation is an examination of the benefits and purposefulness of the use of social networking tools amongst counselors-in-training and how these could also apply to counselor educators and career counselors. With these benefits also comes responsibility for these tools may leave people vulnerable and susceptible to negative consequences and repercussions. It is vital for counselors to use these tools appropriately. The research presented is of a qualitative nature and presents the view points of counselors-in-training and how use of social media has helped them grow as professionals and emerging counselors.

Remaining Humanistic in a Virtual World: Does Online Learning Inhibit Self-Reflection in Counseling Training Programs?

30-Minute Project/Research Poster Session

Elizabeth Ventura

In counseling graduate programs, self-reflection is often encouraged through coursework, field experience, and interactions with faculty and peers. Given the prevalence of online learning in counseling graduate programs, presenters interactively discuss research that examined whether online learning is a help, hindrance, or neutral factor to the development of self-reflection. Given that no prior literature exists that illuminates the online learning experiences of counselors-in-training - even though many counseling programs utilize this medium - this research elucidates areas for creative curricular reform that can ultimately improve the profession.

Advanced

Distance Supervision: The PIDIB Model

30-Minute Project/Research Poster Session, Advanced

Jim Reynolds, Neil Duchac, Michael Dubi

The PIDIB method is a rapid, client driven case conceptualization method which can be effectively utilized in the context of distance supervision. The PIDIB method has been researched and extensively used with victims of trauma such as sexual abuse, domestic violence, combat experiences, 911 rescue work, school violence and traumatic loss. It is currently being used in several graduate counseling programs throughout the US.

Trauma

A World Apart: Counseling Children and Adolescents From War-Torn Countries

30-Minute Project/Research Poster Session

Miriam E. Eisenmenger

We live in a time of international instability. Each year, millions of people from war-torn countries seek refuge here in the US - they are uprooted from their homes, travel thousands of miles, and are expected to start up exactly where they left off. Unfortunately, they bring with them more baggage than just their belongings. This study focus' on the children and adolescents who have been forced from home and who are sitting in our offices, confused and scared, and suffering from a variety of psychological conditions. We will look at all of the components effecting these children and outline some proven methods of treatment.

Beyond the Thin Blue Line: A Mental Health Preventative Program for Law Enforcement Officers to Reduce Trauma

30-Minute Project/Research Poster Session

Courtney Kirkpatrick, Victoria Grice, Marie Lowgren, Michelle Perepiczka

This presentation is designed to provide education on the impact of trauma and vicarious trauma on law enforcement as well as to outline the pilot program that was designed to meet this need. The review of the program objectives, psychoeducation based treatment, and evaluation methods of outcomes will be addressed. This is an initial representation of the pilot study to be employed to investigate effectiveness of psychoeducation treatment with law enforcement offices on decreasing symptoms of vicarious trauma.

Trauma of Cyber Witch Hunt Victims: Losing too Much in the Twinkling of an Eye

30-Minute Project/Research Poster Session

Nanseol Heo

Social media enables individual users to produce information, and circulate it quickly and widely without verification. In recent years, the interactive dynamic of social media has caused the increase of cyber witch hunt in South Korea and China. The victims often quit jobs, dropped schools, or even ended in suicide. The purpose of this poster is to suggest counselors how to prevent this type of cyber violence and help victims after the incidents. Case studies will also help participants to understand the traumatic symptoms and emotional struggles of the victims.

Advanced

Learning About Refugee Strength and Resilience: A Qualitative Inquiry About Adaptation to Life in the United States

30-Minute Project/Research Poster Session, Advanced

Aida Hutz

This poster presentation addresses a qualitative inquiry into the experiences of refugee families living in the United States. The presenter will share sources of strength and resilience that refugees relied upon as they were forced out of their countries of origin due to persecution, war, and/or violence and transitioned to their host community. Suggestions for culturally appropriate practice will be provided.

Wellness

Developing a Model of Middle School Wellness: An Analysis of the Factors Predictive of Wellness Among Early Adolescents

30-Minute Project/Research Poster Session

Joshua C. Watson

Researchers have identified adolescents as an 'at-risk' population in terms of mental health issues. Furthermore, this vulnerability could lead some to make unwell decisions that might lead to the emergence of such issues as depression, anxiety, eating disorders, substance abuse, and even suicidal ideation. As a result, applying the Indivisible Self Model of Wellness when working with an adolescent population based on its ability to promote positive lifestyle changes that will help meet the wide range of developmental and remedial needs common among this age group is suggested. In this poster, results of a recent middle school wellness study will be presented and suggestions for implementing wellness-based counseling activities discussed.

Effects of a Brief Mindfulness Intervention With Undergraduate College Students on Measures of Psychological Well-Being

30-Minute Project/Research Poster Session

Danielle Richards, William E. Martin

The research entailed two randomized control experiments using an innovative, brief mindfulness intervention with undergraduate college students. There was a significant difference for the treatment group, showing

increases in mindfulness, self compassion and decreases in thought suppression when compared to the control group. This is meaningful since typical mindfulness programs are of a longer duration. A brief intervention may be more amenable to implementation by college personnel and to student's busy schedules. Partial funding for this research was provided by a grant from the American College Counseling Association and from a grant provided by Chi Sigma Iota Counseling Academic and Professional Honor Society International.

Promoting Leisure Wellness in Counseling: Exercises to Develop Casual Leisure Into Serious Leisure

30-Minute Project/Research Poster Session

Darren A. Wozny

The dual-focused rationale for this practice-based leisure wellness project for counselors (to develop serious leisure) is that it is ethically necessary to protect against the professional risks of counselor burnout and impairment, as well as addressing an important developmental task of middle adulthood – developing adult leisure activities (Havighurst, 1972). Participants will have the opportunity to self-assess their past and current leisure activities/hobbies, increase exposure to new casual leisure activities/hobbies, and develop a future personal plan for serious leisure. Instructor and student exercise examples will be presented as well as excerpts from individual interviews regarding serious leisure activities/hobbies.

Understanding Counselor Fatigue Syndromes and Designing a Counselor Wellness Plan

30-Minute Project/Research Poster Session

Kyle Baldwin

Mental Health Professionals interested in Counselor Wellness may wish to learn more about Counselor Fatigue Syndromes and Healthy Coping Strategies. This poster will provide an overview of the symptoms associated with Empathy Fatigue Syndrome, Compassion Fatigue Syndrome, and Burnout Syndrome. Examples of Healthy Coping Strategies to address work-related stressors will be provided, along with a framework for creating a Counselor Wellness Plan. This framework could also be utilized with clients in a mental health setting to create Personal Wellness Plans. Handouts will include the educational content presented on the poster, along with examples of Healthy Coping Strategies and recommendations for further reading.