Friday, March 25, 2011
7:30 am - 8:30 am
Group Work Academy
Military Counseling Academy
Program ID #101, Convention Center, Room 203-205
Group Counseling Interventions for Military Personnel With Brain Injury
60-Minute Session
Anna M. Harpster, Texas Tech University Health Sciences Center, Lubbock, TX, Leigh Green, Loretta Bradley
Approximately 22% of military related injuries involve some form of brain injury. You will learn specific group counseling interventions that have been shown to be effective with individuals with brain injury, with a focus on military personnel. With roughly a quarter of military personnel who are injured sustaining a brain injury, effective interventions are needed to help this population rehabilitate back into the workforce. You will also gain a better understanding of the multidisciplinary dynamics that lead to successful rehabilitation.

Friday, March 25, 2011
7:30 am - 8:30 am
For Graduate Students and New Professionals Only
Program ID #102, Convention Center, Room 206
Got Spirit? Our Clients Do
60-Minute Session
Carman Gill, Argosy University, Washington, DC, Arlington, VA, Stephanie Dailey
Currently, 93% of Americans consider themselves to be religious and/or spiritual and nearly 75% believe that the spirituality is integral to their daily life. However, many counselors express apprehension when addressing these issues with clients. If this sounds familiar, come explore the “how to” of becoming a spiritually competent counselor. Specifically tailored for students and new professionals, this discussion focuses on innovative activities aimed at promoting awareness, knowledge and skill when addressing issues of spirituality/religion.

Friday, March 25, 2011
7:30 am - 8:30 am
NECA Day of Learning
Wellness Academy
Program ID #103, Convention Center, Room 215-216
Metaphysical Healing Methods That Work
60-Minute Session
Michael Lazarchick, Holistic Employment Counseling of New Jersey, Mays Landing, NJ
The definition of metaphysics has changed since Aristotle first described it in his work on “first philosophy.” The chapters, which were later placed after his chapters on physics, became referred to as “beyond physics” and the definition has continued to be redefined over the
centuries. The origin of metaphysics is “being qua being” and looks at “the first causes of things – that which does not change.” This session explores two main concepts that underlie life and healing – breathe and water. You will learn ancient healing techniques that have received recent investigation. You will walk away renewed, empowered, and fortified with essential remedies for your clients.

**Friday, March 25, 2011**
**7:30 am - 8:30 am**
**ACEG Sponsored Session**
**Military Counseling Academy**
Program ID #104, Convention Center, **Room 210**
**From Diagnosis to Treatment: Helping the Soldier With PTSD or TBI Find and Access the VA Help They Require**
60-Minute Session, Advanced
*Lynna Morton Meadows, Comprehensive Counseling Associates, LLC, Huntsville, AL*
The soldier returning from deployment faces many adjustments, but many find they cannot successfully adjust to the life to which they return. They may have Post Traumatic Stress Disorder (PTSD) or Traumatic Brain Injury (TBI). They may have been diagnosed during their returning military mental health assessment (PHDRA). They may not be diagnosed until they see you, the counselor. Where do you go from there? This session will give an overview of how to diagnose and segway the soldier to the help he needs and is guaranteed by the Veterans Administration (VA).

**Friday, March 25, 2011**
**7:30 am - 8:30 am**
**Child & Adolescent Counseling Academy**
Program ID #105, Convention Center, **Room 207**
**Play Therapy and Related Interventions To Reach Children at Risk of Juvenile Delinquency in an Urban, High Poverty School**
60-Minute Session, Advanced
*Jeff Cochran, University of Tennessee, Knoxville, TN, Lindy A. Cohen, Aliya E. Alewine*
The REACH Project (Relationship Enhancement and Child Harmony) provides child-centered play therapy (CCPT), empathic communication for conflict resolution (ECCR), and parent skills training (PST) to reach children and families at high risk of juvenile delinquency at a large, urban, high poverty elementary school. Presenters share project outcome data, including children and families’ success stories, explanations and training in intervention methods, funding strategies and project challenges in order to prepare participants to replicate the project or integrate aspects of the work in their communities. REACH is sponsored by the Office of Juvenile Justice Delinquency Prevention and the Tennessee Commission on Children and Youth. **APT CE Credit Available**

**Friday, March 25, 2011**
**7:30 am - 8:30 am**
**AADA Day of Learning**
**Best Practices Academy**
Program ID #106, Convention Center, **Room 208**
Yoga as a Metaphor for Life: Helping Clients Integrate Mind, Body, and Spirit
60-Minute Session
Suzanne Degges-White, Purdue University Calumet, Hammond, IN, Cora Fetchko-Hopkins
An intimate connection exists between the mind, body, and spirit. In this session, you will have the opportunity to learn about and to experience yoga and mindfulness as methods of enhancing these areas of well-being. A premise of yoga is the need to accept “what is” and to find the perfection in this current reality as we travel a path to life enhancement. Yoga and meditation promote feelings of liberation and an expanded understanding of how we define ourselves. We will offer evidence-based techniques to harmonize the flow between body, mind, and spirit to optimize overall well-being. These practices will benefit the clinician as well as the client. No prior yoga experience is needed and physical limitations will be accommodated.

Friday, March 25, 2011
7:30 am - 8:30 am
ACCA Day of Learning
College Counseling Academy
Program ID #107, Convention Center, Room 209

College Counseling in the Campus Setting
60-Minute Session
Cynthia Bing, University of Texas-Arlington, Arlington, TX, Dave Denino
The campus setting module offers a review of key departments on campus that are essential to develop working relationships with the college counseling center. The discussion will include a review of the core mission of each of these departments, positive ways to build connection and collaboration with departments and a conversation about ways to avoid common mistakes when working with other departments.

Friday, March 25, 2011
7:30 am - 8:30 am
IAAOC Day of Learning
Addictions Academy
Counseling Ethics & Legal Issues Academy
Program ID #108, Convention Center, Room 222

Ethics and Court Mandated Clients in Counseling
60-Minute Session
Rochelle Cade, Brazos County Community Supervision and Corrections Department, Bryan, TX, Stephen Southern
Counselors who work with court-mandated clients face ethical dilemmas and professional challenges. Trainees may not be prepared to address such issues as confidentiality, autonomy, and informed consent in offender counseling. Mandated clients may lack trust and motivation to change. This session will explore dilemmas and issues through review of ethical guidelines, presentation of relevant characteristics of the legal system, analysis of case studies, and discussion of appropriate professional conduct. You will receive resources to help them address the challenges and some potential solutions for counseling with court-mandated clients.

Friday, March 25, 2011
7:30 am - 8:30 am
Understand Spiritual Principles in Trauma Treatment  
60-Minute Session, Advanced  
Leila F. Roach, Stetson University, DeLand, FL, Linda Vanderbleek, Sara Meghan Walter  
There is an increasing need to better prepare counselors to treat clients for trauma and the effects of disaster. You will learn how spiritual principles from Eastern and Western religious traditions interact with trauma to assist in case conceptualization, identification of clients spiritual strengths, and trauma resolution. You will: Gain an understanding of the effects of trauma and trauma reactions in individuals and groups of people; Identify spiritual principles that can be applied to treating clients; and learn how to create interventions utilizing spiritual principles across religious/spiritual beliefs.

Friday, March 25, 2011  
7:30 am - 8:30 am  
ACA Author Session  
Program ID #110, Convention Center, Room 220  
The Creative Arts in Counseling  
60-Minute Session  
Samuel Gladding, Wake Forest University, Winston-Salem, NC  
Counseling is an art as well as a science and competent counselors are creative as well as research based. This session, based on the presenter’s new book, will focus on how the creative arts (music, literature, drawing/painting, dance/movement, and humor) can be used effectively in a variety of settings to help clients gain insight into problems and negotiate solutions to situations they bring to counseling. The focus of the session will be on demonstrating to participants and engaging them in creative arts activities.

Friday, March 25, 2011  
7:30 am - 8:30 am  
Mental Health/Private Practice Academy  
Program ID #111, Convention Center, Room 201-202  
Rethinking Bulimic Dissociation: A Self-psychology Approach to Client Conceptualization and Treatment of Bulimia  
60-Minute Session, Advanced  
Rebecca Heselmeyer, James Madison University, Harrisonburg, VA  
Clinicians have long acknowledged the difficulty of treating bulimia. Even the most effective interventions for bulimia fail to help a substantial number of clients. This session offers an alternate approach to the conceptualization and treatment of bulimic clients. Empirical research has linked dissociation and bulimia, and dissociation is commonly understood to function as a defense. This session will explain core concepts in self-psychology to reveal a second function of dissociation in bulimia. Resulting implications for counselors and specific counseling interventions will be discussed, in addition to the broader application of self-psychology theory for other mental health disorders in which dissociation is present.
Daddy and Papa: Evidence-based Strategies for Counseling and Supporting Same-Sex Oriented Fathers  
60-Minute Session, Advanced  
Jason L. Patton, Walden University, Minneapolis, MN  
This highly interactive session will explore the “essence” of same-sex oriented fathers’ experiences based on the presenter’s research. Evidence-based clinical implications will be explored, with focus given to supporting resilience in these families. The session will also facilitate group discussions about how to meet the needs of these men. Two new concepts, the Marginalization Paradox and the Normality/Advocacy Paradox, will be examined. You will be invited to conceptualize counseling objectives given this information. Best-practices to support resiliency in these fathers will be delineated. Finally, a path for future research, advocacy, and counselor training will be outlined.

Choosing Your First, Second, or Nth Counseling Career: Expanding Career Options for Students and Graduates  
60-Minute Session  
Brooke B. Collison, Oregon State University, Corvallis, OR, Keith Dempsey, Howard B. Smith, Peggy Hines  
Counselor education programs are excellent preparation for a wide variety of professional positions. This session will emphasize the personal experience and a procedural approach to increasing the career options available to students and practitioners in the counseling profession. Rather than focus on developing a singular specialty in counseling, participants, regardless of current career status, will be presented with examples and procedures to help envision a first, second, third, or nth career specialty which utilizes counseling skills. A panel of experienced counselors will present life histories and you will have an opportunity to use a structured career interview technique.

Ethical Implications of Counseling Education Accreditation Standards Revision: CORE’s Example in Rehabilitation Counseling
60-Minute Session, Advanced
Christine Reid, Virginia Commonwealth University, Richmond, VA

In an era of focus on evidence-based practices and outcome-oriented program evaluation, how should justifiable accreditation standards for counselor education programs be established and periodically revised? What are ethical implications of how we set standards? How should counselors be involved? To provide a starting point for discussion about these issues, the process used by the Council on Rehabilitation Education (CORE) to develop and revise its standards to accredit Rehabilitation Counseling programs will be presented, with a focus on decision rules and processes used by the 2009 – 2010 standards review committee. Advantages, disadvantages, and ethical implications of CORE’s empirically-based approach will be discussed.

Friday, March 25, 2011
7:30 am - 8:30 am
Career Development/Employment Counseling Academy
Program ID #115, Convention Center, Room 218

When Role Models Are Scarce: Using Multi-Media and Online Resources To Encourage STEM Careers in Underrepresented Populations
60-Minute Session
Lynn M. Zagzebski, North Carolina State University, Raleigh, NC, Abigail Holland, Sylvia C. Nassar-McMillan, Jason Osborne

This session will focus on the use of technology as a career counseling intervention with individuals with science, technology, engineering and math (STEM) interests, particularly those from underrepresented populations. With an emphasis on role modeling and accessing accurate career information, presenters will provide an overview of current literature of the effectiveness of technology-based interventions and a summary of findings from a year of introducing diverse populations throughout the country to National Aeronautics and Space Administration (NASA) eClips©. Using NASA’s free online resources as an example, guidelines about how to utilize multi-media tools to encourage STEM careers will be provided and challenges discussed.

Friday, March 25, 2011
7:30 am - 8:30 am
Multicultural Counseling Academy
Program ID #116, Convention Center, Room 219

International Immersion: Critical Factors To Create Short- and Long-Term Transformational Effects for Counselor Trainees
60-Minute Session
Sejal Mehta, University of North Carolina at Greensboro, Greensboro, NC

As the frequency of participation in international immersion experiences increases, it is imperative to document and evaluate short and long-term outcomes coupled with critical factors that lead to prolonged transformation for counselor trainee participants. The purpose of this session is to present findings from several qualitative interviews done with counselor trainees from around the United States that have participated in an international immersion experience within the last 5 years. Additionally, future guidelines presented will include recommendations for planning, entering communities, attending to group processes, collaborating, developing cultural competence and transformative learning experiences.
African American Perceptions of Parental Involvement and the Achievement Gap: Implications for School Counselors

60-Minute Session

Dana Griffin, The University of North Carolina at Chapel Hill, Chapel Hill, NC

Parental involvement and its relationship to academic achievement of students is a central focus in current research. Further, the achievement gap continues to remain a complex problem in our education system. However, discourse on the achievement gap problematizes Black families, and tends to view African American parental involvement through a negative lens. To counter this, you will learn how some African American parents define parental involvement and the achievement gap, and how they are involved in their child’s education. You will learn strategies on working with African American parents as well as interventions they can use to enhance African American students’ academic success.

Poor But Empowered: The CARE Model for Helping People Living in Poverty

60-Minute Session

Louisa Foss, Southern Connecticut State University, New Haven, CT, Margaret Generali

People living at or below the poverty level are more likely to experience mental illness than the non-poor. Daily struggles to survive and the experience of stigma may complicate client care. Instead of meeting the needs of this population, the values, expectations, and requirements for counseling may reflect those of upper-middle class values rather than those of the poor. This session will present the four basic components of the CARE model for counseling people living in poverty: cultivate relationship, acknowledge realities, remove barriers, and expand upon strengths. Specific interventions, implications for future research, and strategies for client advocacy will also be explored.

No More Touchy-Feely: Counseling as Social Neuroscience

60-Minute Session

Jack H. Presbury, James Madison University, Harrisonburg, VA, Eric W. Cowan, Lennis G. Echterling

For decades, critics have pejoratively referred to counseling as touchy-feely, meaning that they considered it to be without scientific foundation. However, recent developments in social neuroscience have revealed that we are actually counseling a brain when we encounter our clients. Our profession’s long-standing theories regarding caring, empathy, change, attunement and the relationship have become grounded in the study of the brain. There is science supporting
our basic approach to working with clients. The presenters will discuss the above concepts using Power Point and video clips, host a question and answer follow-up and offer a handout with references for attendees.

**Friday, March 25, 2011**
**7:30 am - 8:30 am**
*Counselor Education & Supervision Academy*
*School Counseling Academy*
Program ID #120, Convention Center, **Room 211**
**Responding to the Gates Report: Examining the Critique of School Counselors and Refreshing the Profession’s Advocacy**
60-Minute Session
*Caroline Baker, University of Wisconsin-River Falls, River Falls, WI, Maureen Casamassimo*

The Gates Report on the effectiveness of high school counselors in preparing students for college yields results harmful to our profession. This session deconstructs the report, including methodology and findings, and exposes areas for improvement in professional advocacy. A brief review of our professional standards and advocacy competencies will facilitate an interactive discussion of how to improve the practice and professional reputation of school counselors. You will leave with an increased understanding of the report's implications and methods of combating negative views of school counseling.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
*ACES Sponsored Session*
Program ID #122, Convention Center, **Exhibit Hall, Booth PS1**
**School Counselors and Administrators - A Harmonious Duet**
30-Minute Project/Research Poster Session
*Deborah K. Buchanan, University of Tennessee, Knoxville, TN*

School Administrators' perceptions of the actual and perceived roles of the professional school counselor were investigated to determine how well school administrators understand the role of the professional school counselor. The presenter will share the results of a study that was conducted to determine school administrators' knowledge of the ASCA National Model, and their views of the activities currently performed by school counselors compared to their perceptions of the ideal activities school counselors should perform. The results of this study will be shared in this poster session in addition to implications for school counselors and counselor education practices. This research is funded by an ACES Research Grant.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
*ASERVIC Sponsored Session*
Program ID #123, Convention Center, **Exhibit Hall, Booth PS2**
**Integrating Spiritual and Religious Issues in Counseling Programs: Reports of Resistance, Comfort Level, and Competence**
30-Minute Project/Research Poster Session
*Lisa Rene Jackson-Cherry, Marymount University, Arlington, VA, William Sterner, Paul Smith, Steve Henry Spatz, Steve Zappalla, Jennifer E. Jenkins, Natalie Rose Harold*
Treating the whole person begins with training the whole counselor-in-training. However, there appears to be a continued lack of information on spiritual/religious issues integrated into most counseling programs. This session will explore responses from a national survey sent to counselor educators and counselors-in-training from various counseling programs regarding the integration of spiritual and religious issues into counseling programs. Perceptions of resistance, comfort level, and competency from both faculty and students will be explored. Strategies and best practices for integrating spiritual and religious issues into course curriculum will be shared.

Friday, March 25, 2011
10:30 am - 11:00 am
Chi Sigma Iota Sponsored Session
Program ID #124, Convention Center, Exhibit Hall, Booth PS3
Counselors: Making a Difference Wherever You Are Through Community Engagement
30-Minute Project/Research Poster Session
David D. Hof, University of Nebraska at Kearney, Kearney, NE, Danielle A. Butterfield, Melissa L. Burrows, Jayme L. Davis, Casey Van Zandt, Patricia Holen, Melissa K. Gochenour
Student members of Upsilon Nu Kappa and faculty traveled to the Pine Ridge Native American Reservation to further develop an ongoing partnership with reservation residents by co-constructing advocacy initiatives to address the mental health needs of reservation youth. In addition to reservation based activities, social media was used to initiate ongoing dialogue with youth about needs and empowerment strategies to promote self advocacy as well as identify appropriate counselor assisted interventions.

Friday, March 25, 2011
10:30 am - 11:00 am
Chi Sigma Iota Sponsored Session
Program ID #125, Convention Center, Exhibit Hall, Booth PS4
Counseling Here, There, and Everywhere: Global Links and Gaps in Counselor Preparation Programs
30-Minute Project/Research Poster Session
Jane E. Myers, UNCG Department of Counseling and Educational Development, Greensboro, NC, Laura R. Shannonhouse, Nicole A. Adamson
This session, sponsored by the CSI Global Network, will present two main themes: (1) data from a survey of counselor preparation programs will be presented to determine the extent to which faculty and students are involved, intentionally, individually, and collectively, with counselor training programs and experiences beyond the borders of the United States. (2) A review of published articles about counseling in nations outside the United States combined with this data will help identify possible linkages between counseling programs nationally and internationally.

Friday, March 25, 2011
10:30 am - 11:00 am
LCA Sponsored Session
Program ID #126, Convention Center, Exhibit Hall, Booth PS5
Keeping Our Promise and Retaining Our Potential: A Qualitative Inquiry of School Counselor Induction
30-Minute Project/Research Poster Session, Advanced
This session will outline the findings of a qualitative study of school counselor induction in a Southeastern U.S. city. Data analysis and findings will be presented along with implications for school counseling supervisors, educators, education leadership, researchers and counselors.

Friday, March 25, 2011
10:30 am - 11:00 am
Program ID #127, Convention Center, Exhibit Hall, Booth PS6
**Nurturing Connections: Using Attachment Theory To Foster More Satisfying Couple and Family Relationships**
30-Minute Project/Research Poster Session
*Travis Smith, Southeast Missouri State University, Cape Girardeau, MO, Kirsten Murray*
Attachment theory has been a key topic in mental health related fields for more than 50 years. Attachment theory provides a way for counselors to conceptualize common couple and family issues through a positive and strength based lens. This session will educate you on key concepts of attachment theory and how to employ these concepts to create secure bonds among family members. Models and theories that incorporate attachment theory concepts and interventions will be applied to common couple and family issues through the use of case study materials and audience dialogue.

Friday, March 25, 2011
10:30 am - 11:00 am
Program ID #128, Convention Center, Exhibit Hall, Booth PS7
**Shyness Types and Technology: Students’ Experiences of Shyness and Use of Technology for Communication**
30-Minute Project/Research Poster Session
*John L. Rausch, John Carroll University, University Heights, OH*
Shyness has been reported by nearly 50% of the U.S. population. In this session, techniques involving using Computer Mediated Communication to help the shy develop social skills they could translate into face-to-face communication will be presented. A CBT and gradual exposure approach will be presented. Qualitative interview excerpts from a study with university students will relate situations that bring about shy reactions, symptoms, childhood triggers, and positive/negative aspects of shyness. Three cases will be used to encourage you to discuss strategies to use with clients having concerns about public speaking, social gatherings, or who have more pervasive types of shyness.

Friday, March 25, 2011
10:30 am - 11:00 am
Program ID #129, Convention Center, Exhibit Hall, Booth PS8
**Factors Influencing People To Actively Cope With Relationship-Related and Work-Related Stress: A Cross-Cultural Study**
30-Minute Project/Research Poster Session, Advanced
*Ming-hui Li, St. John's University, Queens, NY*
This study explored factors that lead individuals to actively cope with stressful situations associated with relationship and work in the U.S. and Taiwan. Participants were 128 U.S. and 186 Taiwanese college students. The most important finding was that a match between secure
attachment and work-related stressful situations could activate individuals’ active coping in U.S. and Taiwanese samples, implying that counselors can encourage their work-stressed clients to actively cope with stress by enhancing the clients’ secure attachment, regardless of the clients’ cultural backgrounds. Practical implications regarding multicultural counseling will be discussed.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
Program ID #130, Convention Center, Exhibit Hall, Booth PS9

**Who’s on First? Ethical Issues in Determining Authorship Credit in Faculty-Student Collaborations**
30-Minute Project/Research Poster Session
Ryan D. Foster, Texas A&M University - Commerce, Commerce, TX, Dee C. Ray

Publishing research is imperative to both counselor educators and students in counseling programs. Furthermore, faculty-student publication collaborations can often be a mutually beneficial professional endeavor. However, determining order of authorship can be a complex ethical issue. Presenters review professional literature regarding ethical issues in determining authorship order in published faculty-student collaborations. The presenters will highlight complexities of determining authorship between faculty members and graduate students. Presenters will offer step by step guidelines for preventing and resolving authorship issues and incorporate publication ethics into counselor education coursework.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
Program ID #131, Convention Center, Exhibit Hall, Booth PS10

**Professional Counselors’ Perceptions of Spirituality Integration in Counseling Practice**
30-Minute Project/Research Poster Session, Advanced
Robert A. Dobmeier, The College at Brockport, State University of New York, Brockport, NY, Summer M. Reiner

You will be informed about the views of counselors on their perceived competence to address spirituality in counseling, your learning pathways to become competent, and the value that they assign to each of the 14 ASERVIC competencies, based on a 2010 national survey. You will have an opportunity through experiential activities, discussion, and case studies to assess themselves in these three areas. You will use one or more of the ASERVIC competencies to develop an intervention plan to help one of your clients to resolve her/his presenting problem. Several models of spiritual assessment will be provided, including the spiritual genogram.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
Program ID #132, Convention Center, Exhibit Hall, Booth PS11

**Show Me the Money: Understanding the Basics of Preparing a U.S. Government Grant Application**
30-Minute Project/Research Poster Session
Kathleen A. Brown-Rice, Univeristy of North Carolina Charlotte, Cha, NC, Laura J. Veach
Is the thought of working on a grant proposal perplexing for you? This session gives you the information you need to be able to search for and organize a successful U.S. government grant proposal.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
Program ID #133, Convention Center, Exhibit Hall, Booth PS12

**An Innovative Approach to College Student Drinking: On TRACK—Teaching Responsible Alcohol Choices and Knowledge**

30-Minute Project/Research Poster Session

*Jill L. Russett, College of William and Mary, Williamsburg, VA, Charles F. Gressard*

Despite improved prevention efforts, rates of college student binge drinking have remained consistently high, especially those engaged in Greek Student Organizations. In an effort to reach these students, researchers developed an innovative program, called ‘On TRACK’ which is based in Motivational Interviewing, Social Norms, and Peer Education. The unique model places significant emphasis on empowering student’s to develop programming that will meet their group’s specific needs. Program structure, implementation and preliminary findings will be presented including; student’s perception of high risk drinking, specific needs related to gender, and student’s recommendations for programming. You will be able to replicate this model.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
Program ID #134, Convention Center, Exhibit Hall, Booth PS13

**Parallel lives: Preserving the Uniqueness of the Counseling Profession while Teaching and Learning in an Online Format**

30-Minute Project/Research Poster Session, Advanced

*Jason Kushner, University of Arkansas at Little Rock, Little Rock, AR, Jose Maldonado, Gary M. Szirony*

You will learn the research from the students’ perspective on learning counseling skills online and in person. From that research, you will gain knowledge of how to best learn counseling techniques and how to transfer those skills into practice with clients and students.

**Friday, March 25, 2011**
**10:30 am - 11:00 am**
Program ID #135, Convention Center, Exhibit Hall, Booth PS14

**Voice Thread Technology: Using Creative Social Media in Counselor Education and Clinical Practice**

30-Minute Project/Research Poster Session

*Christopher E. Hull, Argosy University - Tampa, Tampa, FL*

The rapid advancement of computer technology and internet usage mandates the exciting and dangerous task of integrating social media with counselor education and clinical practice. This session will introduce Voice Thread technology; an internet based social forum that promotes group conversations using video, voice, text, images, and documents. Voice Thread can enhance collaborative and relational learning across diverse settings. Creative uses of social media and the ethics governing such technologies will be discussed.
Cross-Cultural Differences in Women’s Body Image
30-Minute Project/Research Poster Session
Ioana Boie, University of Texas at San Antonio, San Antonio, TX, Anna Lopez

Women are frequently influenced by current Western society’s expectations of physical appearance. In addition to these Western expectations, women of different ethnic backgrounds are impacted by the intersection of identities, and by the multitude of internal and external messages from the cultures to which they belong. The purpose of this session is to provide an overview of cultural differences in body image of women from different ethnicities. Implications for counseling and research will be discussed.

So, What’s Your Major? How Academic Self-Efficacy and Degree Prestige Guide the Choice of a College Major
30-Minute Project/Research Poster Session
Leann Wyrick-Morgan, The University of Texas at Tyler, Tyler, TX, Levi S. McClendon

For some young adults, perception is everything. For some college students, the perceptions they have about the likelihood that they will complete a degree program is what drives them to choose a major, not making the connection to the job that may or may not materialize upon graduation. The choice of a college major can also be based on the perception of the degree program, again without connection to an actual career path. This process may lead some to unfulfilled career aspirations and wasted resources. The presenters will provide research-based intervention strategies for working with high school and college students who are making degree program decisions and need career direction, not just college major advice.

Addressing Adolescent Aggression With a Culturally Sensitive Brazilian Form of Martial Arts Treatment: Capoeira
30-Minute Project/Research Poster Session
Isaac Burt, Long Island University, Brookville, NY, Kent Butler, Sally V. Lewis

Martial arts training provides individuals with physical and moral instruction which embodies becoming one with the total being. Receiving instruction in this medium can provide persons with a non-violent approach to understanding the ethical principles and teachings associated with determination, goal-orientation, pro-social bonds, and positive role modeling. This proposal integrates martial arts and therapeutic principles into a culturally sensitive model that cultivates change in the aggressive behaviors of disenfranchised adolescents. The art form of Capoeira (a martial arts form from Brazil) is proposed for promoting positive behavioral change with traditionally underserved populations.
10:30 am - 11:00 am
Program ID #139, Convention Center, Exhibit Hall, Booth PS18
Experience Is the Only Teacher: Expanding Future Counselors’ Worldviews Through Constructivist Education
30-Minute Project/Research Poster Session, Advanced
Cheryl Warren Neale-McFall, Old Dominion University, Norfolk, VA, Christina Renee Washington, Cheryl L. Shiflett, Kathy John Maalouf, Sean B. Hall
This session will teach you how to facilitate cognitive development using constructivist approaches to education. Live demonstration of non-experiential teaching and conference program presentations will be contrasted to dynamic constructivist teaching and presentations. You will learn four dimensions of constructivism, in the form of reflexivity, moral development, cognitive complexity, and dialectical thinking. Each will be demonstrated so that you can implement them into their teaching and supervision.

Friday, March 25, 2011
10:30 am - 11:00 am
Program ID #140, Convention Center, Exhibit Hall, Booth PS19
Engaging Students in Ethics Courses: Methods That Encourage Active Learning
30-Minute Project/Research Poster Session, Advanced
Julie Koch, Oklahoma State University, Stillwater, OK, Adrienne Erby
Think Ethics is boring? Do your students think your Ethics class is boring? Liven your classes up with some active teaching strategies. These teaching methods will engage you and your students, promote critical thinking skills in students, and allow students to practice real-life application. The methods to be presented are based upon a recent qualitative study regarding students’ perceptions and learning in a counseling ethics course. You will engage in discussion, hands-on activities, and will take away handouts for use in your own classes.

Friday, March 25, 2011
10:30 am - 11:00 am
Program ID #141, Convention Center, Exhibit Hall, Booth PS20
The Bottoming Out Experience and the Turning Point: A Phenomenology of the Cognitive Shift From Drinker to Non-drinker
30-Minute Project/Research Poster Session
Kristina DePue, University of Central Florida, Orlando, FL, Andrew J. Finch
Everyone's bottom is different.’ This research has given insight into this well-known phrase, describing what the bottoming out experience looks like and the commonalities that exist within it for individuals within A.A. The research provides evidence that the bottoming out experience does influence the change process; however another point, called the turning point, is directly correlated with the change from drinker to non-drinker. This session will focus on the relationship of the bottoming out experience and the turning point within the change process for the alcoholic, and how each of the experiences serve specific functions within the span of sobriety.

Friday, March 25, 2011
11:00 am - 12:00 pm
For Graduate Students and New Professionals Only
Program ID #142, Convention Center, Room 203-205
Finding a Meaningful Life After Graduate School
60-Minute Session
Gerald Corey, California State University - Fullerton, Fullerton, CA
Dr. Gerald Corey will share his thoughts and personal perspective with graduate students and new professionals about finding a meaningful professional life after graduation. Questions will be invited.

Friday, March 25, 2011
11:00 am - 12:00 pm
Program ID #143, Convention Center, Room 206
To Private Practice, or Not to Private Practice? That Is the Question
60-Minute Session
Robert Walsh, R.J. Walsh and Associates, Western Springs, IL, Norman C. Dasenbrook
Private practice for many professional counselors has been an elusive goal. It is not a daunting task as many believe. This "nuts and bolts" session will give you a glimpse into what it takes to develop a successful private practice. Come get inspired to consider starting your own private practice. Dasenbrook and Walsh are authors of ACA’s website Private Practice Pointers, Counseling Today’s Private Practice in Counseling and “The Complete Guide to Private Practice for Licensed Mental Health Professionals”.

Friday, March 25, 2011
11:00 am - 12:00 pm
ACA Foundation Sponsored Session
Program ID #144, Convention Center, Room 215-216
Award Winning Words: Winners of the ACA Foundation Graduate Student Essay Contest Share Their Thoughts and Strategies for Writing
60-Minute Session
Samuel T. Gladding, Wake Forest University, Winston-Salem, NC, Anita A. Neuer, Julie Hammontree, Cyndi B. Dennemann, Donny L. Baca, Thomas J. Sherman
This session will feature the winners of the 2010 ACA Foundation Graduate Students Essay Contest. Each student will briefly read his/her essay followed by a discussion of the strategies used in writing and the importance of the issues about which they wrote. You will have an opportunity to question and comment on each presenter's words and work as well as the collective ideas brought forth on these important issues in counseling.

Friday, March 25, 2011
11:00 am - 12:00 pm
Presidential Featured Session
Counseling Ethics & Legal Issues Academy
LGBT Academy
Program ID #145, Convention Center, Room 210
Ward vs. Wilbanks et al.: Can Counselors use Religious Beliefs as the Basis for Refusing to See a Homosexual Client?
60-Minute Session
Barbara Herlihy, University of New Orleans, New Orleans, LA, Mary Hermann, David Kaplan, Michael Kocet

Ward vs. Wilbanks et al. is a seminal court case that has significant implications regarding whether or not professional counselors may refuse to counsel LGBT clients because of the counselor’s religious convictions. The case was recently decided and the summary judgment will be presented by four experts in counseling ethics who wrote expert testimony for the defendant: Eastern Michigan University. The implications of the case for the counseling profession will be discussed and reaction will be solicited.

Friday, March 25, 2011
11:00 am - 12:00 pm
Child & Adolescent Counseling Academy
Program ID #146, Convention Center, Room 207
Bridging the Gap: Effective Treatment for Adolescents and Young Adults Identified With Comorbid Alcohol and Major Depression
60-Minute Session, Advanced
James K. Matta, Western Psychiatric Institute & Clinic, Pittsburgh, PA, Deborah J. Hennig

This session provides the research findings of the Pharmacological Intervention Project. This study has the distinction of being the first large scale double blind, placebo controlled study designed to determine the effectiveness of antidepressant (SSRI) versus placebo on adolescents and young adults with comorbid alcohol use disorder and major depression. This form of comorbidity happens to be the most common form. The treatment intervention study combined pharmacotherapy and psychotherapy. What is suggested from this investigation is that until more definitive studies can be conducted the integrated psychotherapy intervention used should be considered the first-line treatment when working with this segment of the population. The presenters want to recognize the principal investigator, Dr. Jack Cornelius, for his contributions. APA CE Credit Available

Friday, March 25, 2011
11:00 am - 12:00 pm
AADA Day of Learning
Counselor Education & Supervision Academy
Program ID #147, Convention Center, Room 208
Adults Returning to Doctoral Education: Transition Strategies That Impact Family, Career and Your Personal Well Being
60-Minute Session
Jane E. Rheineck, Northern Illinois University, DeKalb, IL, Catherine B. Roland, Amy Zavadil, Rick Brown, Vincent Vighione

Interactive session for adults who are considering, planning, hoping, or dreaming about continuing their education in a Counselor Education doctoral program. Returning to graduate school at mid-life presents unique and unexpected challenges. We will address issues and strategies such as supporting students in life transition; family upheaval; and risks of earning a degree that includes the ability to relocate to areas never before considered, therefore impacting family and quality of life. Real life experiences of adults who returned to graduate school, leaving a successful career, will enhance our panel. There will be time for open discussion and general mentoring to occur. Previous research and experience inform this session.
Clinical Foundations in College Counseling
60-Minute Session
Brian J. Van Brunt, Western Kentucky University, Bowling Green, KY, MJ Raleigh
The clinical foundations module offers focused training for those counselors, social workers and psychologists who are looking for specific information related to psychotherapy practice on a college campus. This module will review basic administrative clinical operations (supervision, accreditation, record keeping) and on-going practice issues (testing, assessment, scope of practice, development of groups).

Conducting Addictions Outcome Research in an Ethical and Legal Manner
60-Minute Session
Simone F. Lambert, Virginia Tech, Falls Church, VA
Addiction researchers are faced with unique challenges when conducting outcome research. Ethical and legal considerations will be addressed to help participants develop studies that protect participants who struggle with addictions. The ethical principles of autonomy, nonmaleficence, beneficence, veracity, fidelity, and justice will be discussed in conjunction with federal and state regulations that apply specifically to addictions research. Case examples will be provided to foster participants discussion of specific elements of cultural diversity, informed consent, compensation, confidentiality, and collection and protection of data in addictions research.

It’s Not All Guns and PTSD: Military Culture and the Need for Therapeutic Connections
60-Minute Session
Natasha K. Monroe, The Chicago School of Professional Psychology, Chicago, IL, Otis K. Porter
Soldier. Afghanistan. Suicide. PTSD. These words are capable of evoking thoughts, emotions, and even stereotypes. Knowing this, many returning Veterans feel misunderstood and hesitant to "open up" to people about their experiences. This session will offer specific suggestions for establishing rapport and avoiding therapeutic pitfalls. Information provided is from insider perspectives of the presenters and a panel of today's Veterans. Troops will discuss what they really need from the mental health community and one presenter will share the challenges of
counseling in a combat zone. You will examine actual shrapnel from one Soldier's fight for his life and receive a "Translation Guide" to military slang and acronyms.

Friday, March 25, 2011
11:00 am - 12:00 pm
ACA Author Session
Child & Adolescent Counseling Academy
Program ID #151, Convention Center, Room 220
Counseling Children: A Core Issues Approach
60-Minute Session
Richard Halstead, Saint Joseph College, West Hartford, CT, Dale-Elizabeth Pehrsson, Jodi Mullen
Core issues are a primary source for the development of problematic patterns that get played out in children’s lives. When counseling children, it is crucial to first understand the core elements that are adversely affecting their social and emotional worlds. Based on the presenters’ new book Counseling Children: A Core Issues Approach, this session will teach you about the nature of client core issues, how to conduct a core issues assessment, and how to implement counseling interventions that help children address the core problem and establish lasting change.

Friday, March 25, 2011
11:00 am - 12:00 pm
LCA Sponsored Session
Multicultural Counseling Academy
Program ID #152, Convention Center, Room 201-202
Be an Effective Multicultural Counselor
60-Minute Session
Ernie Cowger, Louisiana Tech University, Bossier City, LA, Ida Chauvin, Mark Miller, Michele Faith
Being effective as a multicultural counselor is essential in today's society. We will guide you in developing our skills to deal with a variety of people and situations. We will explore our value orientations, allowing for general characteristics and individual differences, personal identity development, acknowledging individual, group, and universal identity levels, being self-aware, understanding the worldview of others, developing appropriate interventions, cultivating alternative helping roles, cultural perceptions of the family, acceptance of sexual minorities, biases toward elderly clients, and other practical considerations.

Friday, March 25, 2011
11:00 am - 12:00 pm
School Counseling Academy
Program ID #153, Convention Center, Room 214
ArtBreak: A School-Based Creative Counseling Group Intervention Based on the Expressive Therapies Continuum
60-Minute Session, Advanced
Katherine Ziff, Athens City School District, The Plains, OH, Lori Pierce
Learn about ArtBreak, a small group counseling intervention for students based on the Expressive Therapies Continuum (ETC). ArtBreak, featuring multi-age groupings and choice-
based art-making, was piloted to support student learning at The Plains Elementary in Athens County, Ohio. You will learn about the ETC, properties of various media and how they build skills that support students’ personal, social and academic growth; key elements of an ArtBreak program; and how to tailor an ArtBreak counseling program to fit your needs, resources, skills, interests and budget. You’ll find out about setting up a green work space and use of recycled and repurposed materials.

**APA CE Credit Available**

**Friday, March 25, 2011**
**11:00 am - 12:00 pm**
*Best Practices Academy*
Program ID #154, Convention Center, **Room 224**

**Chronic Pain: What Counselors Need to Know and How We Can Help**
60-Minute Session
*David Farrugia, Canisius College, Buffalo, NY*

The generic skills of most counseling practitioners can be used to help clients experiencing chronic pain. However, an awareness of biopsychosocial factors related to chronic pain is a necessary foundation to understand and help clients who are in pain. This session will provide that foundation and will review evidence-based psychological and counseling approaches to help clients in chronic pain including assessment considerations, the use of psychotropic medications, cognitive-behavioral strategies, imagery techniques, family considerations, and positive psychology. The session will include video segments, case material and brief exercises to illustrate material.

**Friday, March 25, 2011**
**11:00 am - 12:00 pm**
*Trauma/Disaster Mental Health Academy*
*LGBT Academy*
Program ID #155, Convention Center, **Room 217**

**In the Eye of Recovery: Disaster Interventions and Considerations With Sexual Minorities**
60-Minute Session
*Paul F. Hard, Auburn University at Montgomery, Montgomery, AL, Glenda P. Reynolds*

Sexual minorities often find that they are in the quiet but dangerous 'eye' of disaster recovery. LGBT service organizations and counselors are faced with the stark reality that those who were already living on the margins before a disaster will likely find that their situation is worsened without community support for grief and loss as well as challenges for daily living. This session explores and summarizes the extant literature on the subject of the special challenges of LGBT persons in disaster recovery situations. The session also investigates the experiences of counselors and other services providers to sexual minorities following a natural or man-made disaster.

**Friday, March 25, 2011**
**11:00 am - 12:00 pm**
*School Counseling Academy*
Program ID #156, Convention Center, **Room 218**
Latino/a English Language Learners: Closing Achievement/Opportunity Gaps To Increase College-Going Rates
60-Minute Session
Amy L. Cook, Mercy College, New York, NY, Rachelle Perusse
By the 10th grade, 40% of adolescent Latinos/as drop out of school, with Latino/a English language learners (ELLs) dropping out at an even higher rate. A survey-based study conducted in the Northeast revealed many evidence-based interventions that school counselors implement on behalf of Latino/a ELLs to improve academic achievement. This session will provide you with the skills and knowledge to work with some of the most challenging cases involving Latino/a ELLs and how to close achievement/opportunity gaps. Discussion and sharing information about various school counselor practices will be encouraged.

Friday, March 25, 2011
11:00 am - 12:00 pm
Multicultural Counseling Academy
Program ID #157, Convention Center, Room 219
60-Minute Session, Advanced
Jennifer Williamson, Lindsey Wilson College School of Professional Counseling, Columbia, KY, Daniel G. Williamson, Jeffrey Michael Parsons
The growth of social networking poses a new challenge to the 21st century counselor and counselor educator as he or she attempts to be culturally aware of the role of social networking in society, the culture that exists within this cyberspace, and to act appropriately when posed with new ethical and supervisory dilemmas that emerge within this nebulous new convention. This session addresses the various forms of social networking and the ethical and supervisory dilemmas with clients, students, supervisees, and other professionals. It also seeks to explore potential benefits of this new way of interacting to help the professional to establish effective habits and to create and maintain healthy boundaries.

Friday, March 25, 2011
11:00 am - 12:00 pm
College Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID #158, Convention Center, Room 223
The Relationship Between Coping With Humor, Type of Disability, and Quality of Life Among College Students With Disabilities
60-Minute Session
Amanda Freeman, The Florida State University, Tallahassee, FL, Deborah Ebener
Humor as a coping strategy is discussed in relation to quality of life in college students with disabilities. An overview of the major theories of coping with humor, quality of life, and psychosocial / educational issues of college students with disabilities is presented. The research methodology and findings of a university-wide survey of students with disabilities is presented. The results of the study (the relationship between quality of life, type of disability, and coping with humor) are discussed in relation to implications for practice and future research. Counseling
interventions that facilitate the use of humor in coping and improvement in quality of life is discussed.

**Friday, March 25, 2011**  
**11:00 am - 12:00 pm**  
**Career Development/Employment Counseling Academy**  
**Multicultural Counseling Academy**  
Program ID #159, Convention Center, **Room 212**  
**Recruiting and Retaining Black Students in Science, Technology, Engineering, and Math: The Essential Role of School Counselors**  
60-Minute Session  
Malik S. Henfield, The University of Iowa, Iowa City, IA  
It is important for educators to understand the tremendous opportunities that are available for students who are willing to put in the necessary work to be successful in science, technology, engineering, and math (STEM) courses. Unfortunately, Black students are strikingly underrepresented among those graduating with STEM degrees. Research, though, has found that increasing Black students' preparedness in K-12 settings may impact the successful recruitment and retention of these students in STEM majors once they enter college. This session will explore the underrepresentation of Black students in STEM careers how school counselors, more than any other school professional, can play a vital role in reversing this unfortunate trend.

**Friday, March 25, 2011**  
**11:00 am - 12:00 pm**  
**Counseling Ethics & Legal Issues Academy**  
Program ID #160, Convention Center, **Room 213**  
**Hot Topics in Counselor Ethics**  
60-Minute Session  
Patrice Hinton Oswalt, University of Alabama at Birmingham, Birmingham, AL, Michael Lebeau  
We all know about the 2005 ACA Code of Ethics revisions – or do we? Understanding our professional code of ethics and acting upon them are two very different things. Join us for an in-depth discussion of the hot areas of counseling ethics. We will cover the big five (multicultural and diversity issues, counselor/client relationships, dual relationships, scientific basis for treatment modalities, and client privacy and confidentiality) with real world examples and tools for counselors to bridge the gap between ethical knowledge and ethical action.

**Friday, March 25, 2011**  
**11:00 am - 12:00 pm**  
Program ID #161, Convention Center, **Room 211**  
**The ACA Task Force on School Counseling: What are We Doing?**  
60-Minute Session  
Lynn Linde, Task Force Chair, Silver Spring, MD  
ACA’s members who are school counselors want the association to do more for them. The Task Force on School Counseling was created to identify the needs of this population and the services/resources they want. This session will discuss the results of the needs assessment and the activities currently underway.
Friday, March 25, 2011
11:00 am - 12:00 pm
NECA Day of Learning
Program ID #163, Hilton New Orleans, The Fountain Room
Career Flow: A Hope-centered Model for Career Intervention
60-Minute Session
Roberta Neault, Life Strategies Ltd, British Columbia, CA
Hailed as a holistic approach to address the range of stressful issues, resulting from career transition, underemployment or unemployment, Neault will introduce a new vision of career intervention. Using Career Flow: A Hope-Centered Model for Career Intervention, you will learn how to help your clients build essential career self-management competencies, a new model grounded in hope and positive psychology.

Friday, March 25, 2011
11:30 am - 12:00 pm
AACE Sponsored Session
Program ID #164, Convention Center, Exhibit Hall, Booth PS1
Assessing Adolescent Dating Violence
30-Minute Project/Research Poster Session
Kelly Emelianchik-Key, Old Dominion University, Norfolk, VA
This session will focus on the assessment of adolescent dating violence. With adolescent dating violence on the rise and adolescents entering dating relationships at younger ages, it is critical that clinicians are able to assess for dating violence in order to provide early intervention and prevention measures. Currently available assessments have numerous limitations and are not readily available for use in various settings. The teen screen for dating violence is a new, reliable measure that screens for dating violence knowledge, experience, perpetration, exposure, and support. This assessment will be distributed and discussed so you can gain an understanding of how to utilize it for maximum efficiency in any setting.

Friday, March 25, 2011
11:30 am - 12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #166, Convention Center, Exhibit Hall, Booth PS3
Creating a Cultural Immersion Experience in Turkey
30-Minute Project/Research Poster Session
Lindsey M. Nichols, The Pennsylvania State University, University Park, PA, Elif Balin, Tamara J. Hinojosa
Three doctoral students learned while planning an international cultural immersion experience for their Counselor Education department that experiencing the world firsthand comes with many challenges, but even more rewards. They describe the process of planning for the trip as well as experiences and reflections of their three weeks in Turkey, collaborating with Turkish counselor educators and students, and traveling the country.

Friday, March 25, 2011
11:30 am - 12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #167, Convention Center, Exhibit Hall, Booth PS4
CSI Chapters as Co-Curricular Partners in Leadership Development
30-Minute Project/Research Poster Session
Maggie Morganfield, University of North Texas, Denton, TX, Jason Soucy, Kathleen Bell, Casey Barrio Minton
The leaders of the Rho Kappa chapter of Chi Sigma Iota support CACREP standards by offering professional leadership and development opportunities to peers and colleagues. Rho Kappa members network with faculty and serve as mentors, supervisors, and consultants for fellow counseling students throughout their graduate coursework. Chapter leaders will provide concrete examples regarding the ways in which Chi Sigma Iota chapters can support their program’s attainment of CACREP standards related to leadership and advocacy.

Friday, March 25, 2011
11:30 am - 12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #168, Convention Center, Exhibit Hall, Booth PS5
Professional Advocacy: What Counselors Need to Know & Do
30-Minute Project/Research Poster Session
Holly Seirup, Hofstra University, Hempstead, NY, Joanna Colapietro, Alison Razzetti, Kimberly Creteur, Kristin Killeen
Professional Advocacy begins with knowledge, awareness and skill which are learned and subsequently used to advocate for our clients and for the counseling profession. In an effort to enhance knowledge of related topics, the Lambda Nu chapter of CSI has developed a digital library including recordings of presenters/sessions, licensure information, internship, volunteer and community service opportunities. In this session, the process of developing the resource library and examples of its contents will be shared.

Friday, March 25, 2011
11:30 am - 12:00 pm
Creative Interventions When Counseling Terminally Ill in Rural Appalachia
30-Minute Project/Research Poster Session
Katie Kostohryz, Ohio University, Athens, OH
Individuals and families are not often prepared for a diagnosis of a terminal illness. The dearth of literature (Werth & Crow, 2009) suggests counselors are equally unprepared when working with the terminally ill. You will learn about the history and culture of rural Appalachia while exploring ethical, legal, personal, and competence issues related to end of life decisions and care. You will walk away with tangible interventions and strategies for counseling the terminally ill.

Friday, March 25, 2011
11:30 am - 12:00 pm
30-Minute Project/Research Poster Session

Kristen M. Sockriter, University of Central Florida, Orlando, FL, Saron N. LaMothe

The American School Counselor Association (ASCA) developed the ASCA National Model to assist Professional School Counselors in developing and implementing comprehensive programs to enhance the academic, career, and personal/social growth of all students. Career education is most typically thought of in regards to middle and high school; however, critical components of career education are emphasized in many ways to even younger children. You will identify the ASCA National Model's K-5 career development standards; evaluate the appropriateness of career related activities/resources for diverse populations at the elementary school level; and examine the implications of using culturally appropriate career related activities.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #171, Convention Center, Exhibit Hall, Booth PS8
Disaster Relief Kit: A Reflection of Hope for Black/African American Female Graduate Students

30-Minute Project/Research Poster Session
Latasha Y. Hicks, NC Department of Health and Human Services-Division of Vocational Rehabilitation Services, Mocksville, NC, Aisha Lusk, Sabrina N. Gilchrist, Asabi Dean, Tamika Oliphant

A panel of black female graduates of counseling programs offer insight to educators and students based on qualitative research and their personal lived experience. This session serves as a catalyst for ongoing relationships and conversation among black female counseling students and will offer suggestions for educators and program administrators to enhance minority recruitment efforts. A brief review of the literature regarding African-American resiliency will be provided, however, the primary information presented will be from the lived experiences of black female study participants.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #172, Convention Center, Exhibit Hall, Booth PS9
PTSD, Energy Shift, Somatic Changes, and Emotional Freedom

30-Minute Project/Research Poster Session
Farnoosh (Faith) M. Nouri, Argosy / LifePulse Center, Dallas, TX

PTSD is a devastating anxiety disorder that affects individuals who have been exposed to traumatic events. Healing takes place as clients work in therapy to reach a state of harmony between emotions, mind, and body. As clients work through psychological issues, the body goes through an energetic shift. This energy shift is due to the response of certain body organs to emotions as well as the body's electromagnetic properties. This session provides you with a comprehensive approach and a wider understanding of the process of emotional release based on research on psychological treatment of PTSD, research on somato-emotional release, and approaches of the East, including Sufism on electromagnetic centers in the body.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #173, Convention Center, Exhibit Hall, Booth PS10
Will Counselors Be Left Out? It's Time for an ACA Disaster Mental Health Certification
30-Minute Project/Research Poster Session, Advanced
Jane Webber, New Jersey City University, Jersey City, NJ, J. Barry Mascari, Michael Dubi
Responding to disasters like September 11, Hurricane Rita, Virginia Tech, and Haiti resulted in
hard lessons learned. Are counselors ready for the next disaster? Can trained and highly qualified
counselors be deployed rapidly? Learn how one state’s mental health professionals created a
coordinated training, certification, and registration system to prepare counselors for events we
hope will never happen again. The Disaster Response Crisis Counselor certification model will
be shared with a call to action for an ACA disaster mental health training and certification for its
members.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #174, Convention Center, Exhibit Hall, Booth PS11
The Search for Mattering: Validating the Construct of Mattering for Use in Counseling
30-Minute Project/Research Poster Session
Andrea L. Dixon, Georgia State University, Atlanta, GA, Joshua C. Watson
Does it matter if individuals perceive that they matter to others in their lives? It is likely that if
individuals perceive they matter to others they will experience healthier and more fulfilling
relationships. In this session the relationships among mattering, self-esteem, satisfaction with
life, purpose in life, perceived social support, social desirability, and overall perceived sense of
belonging are examined, using empirical data from a construct validation study. Results indicate
that mattering differs from other psychosocial experiences individuals experience and may differ
for clients from varying ethnic groups and across genders. Implications for counselors, the
counseling relationship, and counseling research will be discussed.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #175, Convention Center, Exhibit Hall, Booth PS12
Expert Opinions on Substance Abuse Training in Counselor Education: Results of a
Qualitative Study
30-Minute Project/Research Poster Session
Tiffany Lee, Western Michigan University, Kalamazoo, MI
This session will present results from a qualitative inquiry. Counselor educators, who are also
experts in substance abuse (SA) counseling, were interviewed regarding SA training in counselor
education programs. Results will be shared regarding their opinions on the current status of this
training, what practitioners should know, and what would be considered 'best practice.' A
questionnaire will be given and a discussion will follow regarding attendees' training during their
master's program and what are perceived as necessary skills in the field. Next, the opinions of the
experts will be presented. You will be given a informational packet regarding standard
requirements and the skills/knowledge needed according to the experts.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #176, Convention Center, Exhibit Hall, Booth PS13

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Test Equity for People Who Are Deaf or Hard-of-Hearing: Recommendations for Certification Exams and Other High-stakes Testing
30-Minute Project/Research Poster Session
Christine Reid, Virginia Commonwealth University, Richmond, VA

People who become deaf or hard of hearing before acquiring language often have problems with spoken and written language, which becomes a barrier to effective assessment in high-stakes testing such as counseling certification or licensure examinations. Such barriers have ethical implications; the principle of justice is compromised when inequity in testing is a factor. The Commission on Rehabilitation Counselor Certification (CRCC) has taken a proactive approach to ensuring that the Certified Rehabilitation Counselor (CRC) exam is as unbiased as possible against people who are prelingually deaf or hard-of-hearing. Implications for “best practices” in other high-stakes testing related to counseling will be discussed.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #177, Convention Center, Exhibit Hall, Booth PS14

We Need You: Helping Civilian Counselors Connect With the Unique Culture of Military Families
30-Minute Project/Research Poster Session
Arlene Malone, Regent University, Virginia Beach, VA, Jill Nardin, Cyrus Rodrick Williams

This session is designed to empower and equip civilian counselors to work with the unique culture of military families. The presenters will discuss specific pressing issues that are unique to military families and the challenges that are inherent with deployment of a spouse/parent, such as intermittent single parenting, children’s emotional and behavioral reactions to a deployed parent’s absence, and the challenges faced by returning service members and their families associated with the reunion process. This session features a service member and spouse to discuss their personal experiences. Theoretical and best practices will be discussed, followed by a question-and-answer forum with our featured military guests.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #178, Convention Center, Exhibit Hall, Booth PS15

“Hable Con Mi Hijo” (Speak With My Son): Experiences of Parents Whose Children Translate for Them
30-Minute Project/Research Poster Session
Vivina C. Elgueta, Center for Family and Child Enrichment, Miramar, FL

This qualitative study examines parents’ experiences of having their children translate for them. Results of this study illustrated the challenges parents experience in rearing a child who speaks a different language than their own. This study informs the field by illustrating the impact language brokering has on the family dynamics of immigrant families.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #179, Convention Center, Exhibit Hall, Booth PS16

An Ecological Counseling Approach To Working With Students Labeled With Severe Emotional Disturbance

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Students labeled with Severe Emotional Disturbances (SED) often remain a segregated, marginalized population within the school. As counseling positions are being cut, we further ignore the mental health issues of 'SED' students. Strategies typically learned in therapeutic relationships can help these students cope and gain access to a better education. This enables participation in their classrooms, exposure to curriculum, and ultimately participation in their community. Through an interactive session, you will gain an overview of the deficits in the education of students with SED, discuss services in school, understand common behavioral goals, and learn strategies counselors can use to help students meet these goals.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #180, Convention Center, Exhibit Hall, Booth PS17

No Sexting or Cyberbullying: Media Literacy Ideas for Tweens, Teens, and Parents To Foster Appropriate Use of Social Media

Social networking, cell phones, and YouTube are here to stay! The benefits include providing an avenue for self expression, social interaction, and learning. But with these benefits come risks. Extreme risks include suicides related to cyberbullying and sexting, and violent attacks fuelled by and filmed for social media. Attend this session to learn how to provide effective social media literacy training to youth and parents. Obtain copies of social networking and cell phone “contracts” and other useful resources. Go beyond responsive services to preventing immature, unethical, inappropriate, or dangerous use of social media.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #181, Convention Center, Exhibit Hall, Booth PS18

Funded or Perish: Addressing the Need for Sponsored Research in Counselor Education

This session is designed to provide counselors, educators and community practitioners with training for pursuing external funding. Recently, limited economic resources have led universities and community agencies to depend more on external funding to conduct research and provide services. This has resulted in a new emphasis at the university, community agency, and K-12 school levels to foster an environment of “funded or perish.” In response to this emphasis, we will share strategies for selecting, writing, and receiving external funding based on our experiences, as well as our counselor education department’s efforts to assist junior faculty in pursuing and applying for external grants through community engagement.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #182, Convention Center, Exhibit Hall, Booth PS19

Teaching in Counselor Education: Engaging Students in Active, Meaningful Learning
Counselor educators are charged with teaching in a manner that engages students in active and relevant learning experiences, ones which ultimately lead to enhanced client care and increased counselor self/other awareness. This session will facilitate reflection on how to establish an inviting learning environment which promotes students’ active engagement in learning. We will consider how to establish student-teacher relationships that nurture professional lives; present content in an engaging manner; encourage a community of learners; and evaluate students in ways that encourage and engage them.

Friday, March 25, 2011
11:30 am - 12:00 pm
Program ID #183, Convention Center, Exhibit Hall, Booth PS20

Co-Occurring Disorders and Integrated Treatment: A Push Forward
30-Minute Project/Research Poster Session

Mina Shireen Rasti, University of North Carolina at Charlotte, Charlotte, NC

This session will provide current information on Co-Occurring Disorders (COD), specifically mental illness and substance abuse disorders, for participants in private practice or managed care systems. Research on prevalence rates of COD and information on effective integrated treatment will be presented. Screening and assessment tools, treatment planning and approaches, and evidence based practices for COD will be available for those who would like to see a push for integrated treatment nationwide.

Friday, March 25, 2011
12:30 pm - 1:00 pm
ACEG Sponsored Session

Program ID #184, Convention Center, Exhibit Hall, Booth PS1

How To Support Returning Veterans and Their Families: A Community System Approach
30-Minute Project/Research Poster Session

Judith J. Mathewson, National Guard Bureau, Arlington, VA

How does a team of veterans create a safety net approach to assist military members and their families? By bringing the community resources to them for dental, medical, financial, and counseling needs. A pilot project in Melbourne, FL, Welcome Home Vets, Inc. partners with businesses, other veteran outreach services, and community groups to provide support for vets in need. This collaborative approach helps vets get back on their feet following lengthy deployments and connected with their benefits. There are also gender differences in combat exposure, interpersonal trauma, sexual harassment, and sexual assault. These issues pose challenges to community counselors without a military orientation.

Friday, March 25, 2011
12:30 pm - 1:00 pm
AMCD Sponsored Session

Program ID #185, Convention Center, Exhibit Hall, Booth PS2

Integrating Spiritual Competencies Into Multicultural Counseling: A Mixed Methods Course Evaluation Study
30-Minute Project/Research Poster Session
Adrienne Baggs, University of Florida, Gainesville, FL, Cheryl Pence Pence Wolf, Ana Puig, Ronald R. Del Moro

Spirituality incorporates a holistic integration of the search for meaning, wholeness, and purpose (Love, 2002). Authors in the field of mental health contend there is a critical need to incorporate spirituality and religion into counseling (Fukuyama & Sevig, 1999; Myers & Willard, 2003). The objective of this mixed-method study was to evaluate a course that addresses the integration of spirituality into multicultural counseling and explore the outcomes of such an experience for student participants.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Chi Sigma Iota Sponsored Session
Program ID #186, Convention Center, Exhibit Hall, Booth PS3
Technology Assisted Distance Counseling: Integrating Online Technologies into Counseling Practice
30-Minute Project/Research Poster Session
Amanda Guillett, Marymount University, Arlington, VA

This poster addresses the dynamic shift of counseling practices from strictly face-to-face interview to interventions and treatment plans that incorporate the use of the internet. Topics such as "risks and benefits of on-line counseling", "forms and modalities of internet interventions", "current research" on the topic, "criticism and support" of and for on-line counseling, "technical concerns and training opportunities", as well as "implications for the future" are explored and discussed. The poster presents a review of the literature and will serve as a resource guide for counselors by informing them where they can obtain training, access education, and learn about their own states' laws and ethical obligations in regard to counseling over the Internet.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Chi Sigma Iota Sponsored Session
Program ID #187, Convention Center, Exhibit Hall, Booth PS4
Engaging the Community: Providing Grief & Bereavement Services to a Community in Crisis
30-Minute Project/Research Poster Session
Laura Malstrom, University of Nevada, Las Vegas, Las Vegas, NV, May P. Sanicolas, Joel Terry, Alyse Anekstein, Rebecca Homer, Patricia Disano

Increasing the awareness and importance of volunteering and community support is a crucial part of Omega Alpha s mission. Community involvement is essential to the preservation of local agencies, especially those who reach out to community members lacking the financial resources to receive counseling services. Our chapter has fostered a relationship with a non-profit organization that supports grieving children and their families. This alliance facilitates a crucial first step towards attaining our chapter s goals. Join us as we share our set-backs and successes for engaging a community in need.
ARCA Sponsored Session
Program ID #188, Convention Center, Exhibit Hall, Booth PS5
LGBT and Disability: Moving Beyond Multiculturalism
30-Minute Project/Research Poster Session
Katherine Marie Fuerth, Barry University, Miami Shores, FL, Karen Shatz, Lee A. Teufel, Shirley Murdock, Sarah Clark
This session is designed to introduce rehabilitation counselors working with LGBT individuals with an advocacy paradigm shift that will move them beyond issues of multiculturalism to implementation of advocacy skills at the micro and macro levels. Sample cases will be discussed from a social justice framework.

Friday, March 25, 2011
12:30 pm - 1:00 pm
LCA Sponsored Session
Program ID #189, Convention Center, Exhibit Hall, Booth PS6
Big Education in the Big Easy
30-Minute Project/Research Poster Session
The CACREP approved Master s and Doctoral programs at the University of New Orleans (UNO) will highlight its unique and award winning programs. Faculty, students and their important research and special program initiatives that complement and enhance the curriculum will be featured. Displays on the accomplishments of UNO s Alpha Eta chapter of Chi Sigma Iota as well as the popular Big Easy Workshops will focus on activities designed to expand the training and professional development of UNO s students and the community. Masters and doctoral students along with faculty will assist in the session and provide their own individual perspectives on UNO s program.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #190, Convention Center, Exhibit Hall, Booth PS7
Integrating the Innate: Helping Students Integrate Their Innate Theoretical Orientation Into Their Work
30-Minute Project/Research Poster Session
Travis W. Schermer, Kent State University, Pittsburgh, PA, Michelle S. Hinkle, Keshona T. Beasley
Counseling students present for their education with pre-existing ideas about counseling theory. This is an innate theoretical orientation, it is unaffected by any formal training and is an intimate reflection of each individual person. Through education, students may get the message that their orientation is not correct, that they need to fit into one of several particular ways of being a counselor. This session will present findings from an original Q methodological study that examined mental health counseling students’ theoretical perspectives over the course of a theories class. Suggestions will be made for counselor educators and supervisors to help students and supervisees stay connected/reconnect with their innate theory.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #191, Convention Center, Exhibit Hall, Booth PS8
**College Access Counseling: Coursework for Post-master’s Degree Counselors**
30-Minute Project/Research Poster Session, Advanced
*Cheryl Moore-Thomas, Loyola University Maryland, Baltimore, MD, Jennifer Watkinson*

School counselors play an important role in college access counseling. Few school counseling training programs, however, address college access counseling beyond the basics. This session provides you with a template for advanced, in-depth study of college access counseling for school counselors working in K-12 settings. Implications for college access counseling for K-12 students from underrepresented and underserved populations are addressed. Course sequence and descriptive materials will be provided. Additionally, lessons learned and tips for program implementation will be shared.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #192, Convention Center, Exhibit Hall, Booth PS9
**Ethics Interest Network (ACA)**
30-Minute Project/Research Poster Session, Advanced
*Paul David Fornell, University of New Mexico, Albuquerque, NM*

The purpose of the ACA Ethics Interest Network is to connect professional counselors, counselor educators, graduate students and other professionals with an interest in professional counseling ethics. This session is intended for all professionals in counseling and other helping professions with a deep interest in professional counseling ethics who understand the need for expanding the work of professional counselors and our ethical studies and behavior through all segments of ACA and across the country. The goals of the Ethics Interest Network can be applied in all settings where professional counselors work, and there will also be ample opportunity to share research and publishing interests as well as workshops and other activities.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #193, Convention Center, Exhibit Hall, Booth PS10
**Disaster Mental Health: Integrating Counseling Intervention and Prevention Measures in Communities and Schools**
30-Minute Project/Research Poster Session, Advanced
*Melissa A. Odegard, Southeast Missouri State University, Cape Girardeau, MO, Rebecca L. Koltz*

With the increased focus on crisis intervention strategies in the field of counseling, you will gain knowledge regarding the most current evidence-based practice to integrate in their work as counselors. You will also be given opportunities to apply these strategies to both micro and macro level crisis cases for immediate application in counseling roles. Ethical and diversity implications will be addressed through the case studies presented. Those attending as supervisors or counselor educators will be given the opportunity to consider ways that they will facilitate success as their counselors consider crisis intervention and prevention.
Program ID #194, Convention Center, Exhibit Hall, Booth PS11
Cultivating Positive Emotions Through Loving-Kindness Meditation: Implications for Counselors and Counselor Educators
30-Minute Project/Research Poster Session, Advanced
Monica Leppma, University of Central Florida, Orlando, FL, Mark Young, Tracy Hutchinson, Kara P. Ieva

Experience the power of love, connection, and gratitude through the practice of loving-kindness meditation. Research indicates that cultivating positive emotions such as these contributes to emotional, psychological, and physical well-being and may help alleviate symptoms of burnout. Loving-kindness meditation is a compassion-based practice that increases feelings of warmth and caring for oneself and others. This session will provide you with the opportunity to learn about, and experience, loving-kindness meditation for yourselves. The practice can be used to revitalize your own sense of purpose, as well as a technique you can teach your clients.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #195, Convention Center, Exhibit Hall, Booth PS12
Integrative Mental Health and Counseling: Research Considerations and Best Practices
30-Minute Project/Research Poster Session, Advanced
Christine Ciecierski Berger, Loyola University Maryland, Baltimore, MD

As of 2007, nearly 40% of Americans have sought out integrative medicine (IM) therapies such as mindfulness meditation, yoga, Reiki and acupuncture. These are often used adjunctively with their counseling treatment which is deemed Integrative Mental Health (IMH). IMH seems to provide many positive benefits in mental health treatment and wellness promotion, as evidence shows that they help improve anxiety and depression. In this session you will learn how to work in a teamwork capacity with IM practitioners in your communities to best treat your clients, how to integrate some of these therapies into your clinical practice, and how to evaluate the research on integrative mental healthcare for best practice.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #196, Convention Center, Exhibit Hall, Booth PS13
Reconciling Disparate Identities: A Qualitative Study With Women in the LDS Church Experience Same-Sex Attractions
30-Minute Project/Research Poster Session, Advanced
Cindy L. Anderton, Milwaukee County - Behavioral Health Services, Milwaukee, WI

You will receive information regarding: current state of sexuality/spirituality conflict research, methods and purpose of study, in-depth information regarding the struggles study participants encountered while having same-sex attractions within a religious culture that was not accepting of a non-heterosexual sexual orientation, relevant ACA ethical standards. Participants will read and hear excerpts from actual interviews that were conducted with the women in this study. You will gain a more thorough understanding of how this study's findings are relevant in their own counseling practice when working with sexual minorities presenting with sexuality/spirituality conflict.
12:30 pm - 1:00 pm
Program ID #197, Convention Center, Exhibit Hall, Booth PS14
The Best of Both Worlds: How to Move Your Teaching Expertise to an Online-Hybrid Course
30-Minute Project/Research Poster Session
Mark A. Tichon, Lincoln Memorial University, Harrogate, TN
Want to dip your feet into the world of online teaching? Don’t know where to start? Curious about how to combine the best of the internet and experiential classroom practice? Wonder how to keep the personal, the heartfelt, and the genuine aspects of Counselor Training while moving a course or two online? This session will highlight a collaboration between Counseling and Online Learning to create a Career-counseling course that met weekly online and monthly face-to-face course. The course was awarded the University-wide Innovation in Teaching award for 2010, and student valuation was overwhelmingly positive. Challenges faced and rich depth of student feedback will be explored.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #198, Convention Center, Exhibit Hall, Booth PS15
Creative Strategies for Working With Children of Military Service Members Throughout the Stages of Deployment
30-Minute Project/Research Poster Session, Advanced
Cheryl McCloud, University of Central Florida, Orlando, FL
Children are profoundly affected by a parent’s deployment. This interactive session will introduce you to creative strategies for use when working with children of military service members throughout the stages of deployment, and to ensure that children are dealing with deployment in a healthy way. These strategies are designed to promote children's resiliency and social and emotional health and to help children and teens avoid unhealthy behaviors during transition times.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #199, Convention Center, Exhibit Hall, Booth PS16
The Community Empowerment Consultation Model
30-Minute Project/Research Poster Session
Lauren S. Doherty, Oklahoma State University, Tulsa, OK, Hugh C. Crethar
This session teaches and discusses a novel approach to mental health consultation. Based on an exhaustive literature review of the highly used, researched and cited Mental Health Consultation Model, as well as key constructs within the Community Counseling Model which include multicultural considerations and principles of empowerment. You will learn about the newly developed consultation model entitled the Community Empowerment Consultation Model. The session includes arguments for using the CECM in mental health consultation as well as benefits for consultees within a variety of settings. The session will also emphasize the unique role each organizational culture and its diversity plays in approaching consultation.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Giving voice to current and previously underrepresented groups has become a primary goal among CACREP Programs, Counselor Educators, and Professional Counselors. Consequently, sampling methods are critical with regard to response rates and appropriate application of existing research. Presenters explored sampling trends of studies published in JCD and JAMCD over the last five years. Descriptive findings, implications, limitations, and future research sampling methods will be shared.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #201, Convention Center, Exhibit Hall, Booth PS18
The 2009 CACREP Standards: Developing an Assessment Plan
30-Minute Project/Research Poster Session
Teresa J. McCartney, Adams State College, Alamosa, CO, Don T. Basse, Mark M. Manzanares
This session will allow counselor educators to take a fresh look at the alignment of program mission, objectives, student learning outcomes, and assessment in meeting the 2009 CACREP standards. You will learn how the process unfolded at one institution and how they might use this information to create their own comprehensive, systematic assessment plan.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #202, Convention Center, Exhibit Hall, Booth PS19
Person-First Language Training Needed in Higher Education
30-Minute Project/Research Poster Session
Vickie Ann McCoy, West Chester University, West Chester, PA
This session is based on a study conducted to examine whether or not college students in introductory counseling courses used person-first language to describe persons with disabilities. Two hundred and forty-three respondents were asked to identify a person with a disability and these responses were examined and categorized as person-first language or not. The results revealed that the majority of the counseling students used stigmatizing language, rather than the more empowering person-first language. The results are discussed in regard to language sensitivity and the training of counselors. It is the opinion of the investigator that there is still a need for focused person-first language training in counselor education programs.

Friday, March 25, 2011
12:30 pm - 1:00 pm
Program ID #203, Convention Center, Exhibit Hall, Booth PS20
Moving with the Current: Identifying and Supporting the Academic Motivations of African American Students in Urban Schools
30-Minute Project/Research Poster Session
Chris Janson, University of North Florida, Jacksonville, FL
African American students in urban schools are often burdened by narratives of deficiency that others thrust upon them. These deficiency narratives often include the harmful plot point that as a
collective, African American students in urban schools, lack the motivation to achieve academically. This session offers powerful counter-narratives to that stale and inaccurate story of deficient academic motivation. Specifically, this session's focus will be on the expressed academic motivations of African American students in urban schools that emerged from a mixed methodology study, and how counselors working with similar students can apply these findings to identify and support their academic performance and career aspirations.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Program ID #204, Convention Center, Room 203-205
Hans Hoxter International Forum
90-Minute Session

Friday, March 25, 2011
2:00 pm - 3:30 pm
Program ID #205, Convention Center, Room 206
Designing an Integrative Approach to Counseling Practice
90-Minute Session
Gerald Corey, California State University - Fullerton, Fullerton, CA, Jamie Bludworth
An overview of key concepts of selected contemporary counseling theories as applied to practice. The key question is: How does theory influence your counseling practice? Presenters describe their personal perspectives on integrative counseling, based on these theories: psychodynamic, Adlerian, existential, person-centered, Gestalt, reality, behavioral, cognitive-behavioral, feminist, and postmodern therapies. The integrative model demonstrates ways to use various techniques at each of the stages of counseling. The emphasis is on the practical advantages of developing a systematic way of drawing on a wide variety of techniques that are applicable to working with diverse client populations.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Presidential Featured Session
Best Practices Academy
Program ID #206, Convention Center, Room 215-216
ACA Past Presidents’ Forum: Counseling and the Challenge of Social Transformations
90-Minute Session
Courtland Lee, University of Maryland, College Park, MD, Patricia Arredondo, Loretta J. Bradley, Brian S. Canfield, David Capuzzi, Brooke B. Collison, Rose Cooper, Doris R. Coy, Thelma Thomas Daley, Jane Goodman, Sunny Hansen, Colleen Logan, Jane Myers, Mark Pope, Lee Joyce Richmond, Tom Sweeney, Marie A. Wakefield, Garry Walz
A panel of ACA Past Presidents will address how counseling and ACA can help to improve peoples’ responses to the physical, emotional and spiritual challenges posed by major social transformations. The focus of the forum will be on how counseling and ACA can add value to peoples’ lives as they confront major contemporary challenges to health and well-being.
DSM-V: Update to Proposed Changes
90-Minute Session
Charles Pemberton, Camille Clay, Monica Kintigh, Karyn Dayle Jones, Jacqueline Swank
Publication of the fifth edition of Diagnostic and Statistical Manual of Mental Disorders (DSM-5) in 2013 will mark one the most anticipated events in the mental health field. The revised edition will include major changes to diagnostic groups and criteria, as well as the introduction of "dimensional assessments" to diagnostic evaluations of mental disorders. Counselors represent a large constituency with a vested interest in the DSM-5 developmental process. As such, this session will provide you with important information about proposed changes to the DSM-5 and its significance to the counseling profession. The ACA DSM-5 Task Force, appointed by 2009-10 President Linde will present in a panel format.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Mental Health/Private Practice Academy
Program ID #208, Convention Center, Room 207
Psychopharmacology of Anxiety Disorders: What Counselors and Clients Need To Know
90-Minute Session, Advanced
Gulnora Hundley, UCF, Orlando, FL, Lamerial Jacobson
This session will offer you information related to the latest advances in psychopharmacological treatment of anxiety disorders. Recent clinical and epidemiological studies indicate that anxiety disorders are common and exact a heavy toll on individuals and society alike. As the number of patients being prescribed anti-anxiety medications grows, it becomes increasingly important for counselors to understand the positive and negative aspects of these drugs. Counselors equipped with a working knowledge of psychopharmacology of anxiety disorders can provide comprehensive and collaborative therapy with their clients who may be in need of or are currently using anti-anxiety medications.

Friday, March 25, 2011
2:00 pm - 3:30 pm
AADA Day of Learning
Counseling Ethics & Legal Issues Academy
Program ID #209, Convention Center, Room 208
Ethical and Professional Issues in Private Practice: Caring for Self and Adult Clients in Crisis
90-Minute Session, Advanced
Catherine B. Roland, Montclair State University, Montclair, NJ, Leslie Kooyman
Clinicians face a variety of unique ethical and personal/professional issues. Best practice/ACA Code suggests a balance between self-care and the process of counseling. Once out in the field, concerns may surface with unclear alternatives, or "gray areas". Adults in crisis, challenged by environmental or economic stress, trauma, or violence, may require a great deal of emotional as well as professional effort. This interactive session addresses ethical/professional issues and provides strategies on how to be a more effective private practice/agency counselor, while
respecting ethics and your personal well-being. Please join us for conversation about self care, best practice, and you.

*APA CE Credit Available*

**Friday, March 25, 2011**
**2:00 pm - 3:30 pm**
*ACCA Day of Learning*
*College Counseling Academy*
Program ID #210, Convention Center, **Room 209**

**Ten Ideas of Awesomeness**
90-Minute Session

*Greta Davis, Private Practice, Richardson, TX, Brian Van Brunt*

This session will briefly review ten different awesome ideas that are implemented in college counseling across the country. These ideas will related to clinical service delivery, treatment issues, outreach and programming, training topics, staff development and creatively working with staff, faculty and students.

**Friday, March 25, 2011**
**2:00 pm - 3:30 pm**
*IAAOC Day of Learning*
*Addictions Academy*
Program ID #211, Convention Center, **Room 222**

**IAAOC Graduate Student Carousel**
90-Minute Session

*Juleen K. Buser, Rider University, Lawrenceville, NJ, Tia Baxter, Kathryn J. Camisa, Joanna L. Harrison-Smith, Sudha Nagarajan, Jessica Tabor, Fangzhou Yu, Tiffany K. Lee*

Graduate students who are interested in addictions/offender counseling will present their research on a range of topics. Issues addressed will include self-injury as an addictive behavior, motivational interviewing, nationwide inconsistencies in the scope of practice for licensed professional counselors regarding substance abuse counseling, among others. The format of the session will be an interactive carousel format, where you can speak individually with the presenters.

**Friday, March 25, 2011**
**2:00 pm - 3:30 pm**
*AMCD Sponsored Session*
*Couples & Family Counseling Academy*
*Multicultural Counseling Academy*
Program ID #212, Convention Center, **Room 221**

**Global Latino Families: Connecting our Familia Throughout the Americas**
90-Minute Session

*Diane Estrada, University of Colorado at Denver, Denver, CO, Adelaida Santana Pellicier, G. Miguel Arciniega, Maritza Gallardo-Cooper*

This session seeks to create a space for dialogue in order to address some of the natural and political challenges faced by Latino communities in the U.S. and throughout Latin America. This proposal seeks to bring together Latino representatives from various countries and communities
throughout the Americas. The dialogue would focus on Latino mental health needs in their various contexts from regional (e.g., Mexican Americans in the West U.S.) to national (e.g., Mexican families in Mexico). A completed needs assessment would lead to the development of action groups that would focus on identifying and creating counseling strategies to aid individuals and families in counseling and provide ideas for social advocacy support.

Friday, March 25, 2011
2:00 pm - 3:30 pm
ACA Author Session
Child & Adolescent Counseling Academy
Program ID #213, Convention Center, Room 220
The Essentials of Tough Kids, Cool Counseling: Evidence-Based Principles and Innovative Techniques
90-Minute Session
John Sommers-Flanagan, The University of Montana, Missoula, MT, Rita Sommers-Flanagan
This session reviews evidence-based principles and innovative techniques associated with the Tough Kids, Cool Counseling approach. Four culturally diverse cases will be reviewed and analyzed to illustrate effective counseling practice, including development of therapeutic relationships using radical acceptance and radical interest; collaborative disclosure, goal-setting, and agenda making; rolling with developmental autonomy; and playful therapeutic activities. Cultural and counselor identity issues will be highlighted.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Wellness Academy
Program ID #214, Convention Center, Room 201-202
Psychoneuroimmunology and the Mind-Body Connection: Linking Counseling Practice to Health and Well Being
90-Minute Session, Advanced
Kathryn Z. Douthit, University of Rochester, Rochester, NY
This session will introduce the burgeoning field of psychoneuroimmunology (PNI) and, in the context of PNI, will demonstrate the pivotal role that counseling can play in promoting physical health and well-being. You will learn the specific mechanisms involved in PNI and will gain an understanding of how poor psychological health can lead to serious and sometimes life-threatening problems of physical health. The urgency of this information for intervention with racial minorities and the economically disadvantaged will be underscored in the context of specific data that highlights the disproportionate incidence of psychologically mediated health problems in marginalized populations.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Career Development/Employment Counseling Academy/LGBT Academy
Program ID #215, Convention Center, Room 214
Career Development of Transsexual Women and Men During Gender Transition
90-Minute Session, Advanced
Gender transition generally presents challenges to transsexual women and men in various aspects of life including career development. Gender transition requires urgent and critical attention from career development practitioners. To create a new paradigm of change in counseling service to transsexual clients, this session addresses career development issues of transsexual women and men during gender transition, and provides practical strategies and resources to assist practitioners in facilitating this population during gender transition. Multicultural and ethical considerations are discussed.

**APA CE Credit Available**

**Friday, March 25, 2011**

2:00 pm - 3:30 pm  
*Child & Adolescent Counseling Academy*

Program ID #216, Convention Center, Room 224  
**Sibling Sexual Abuse: Consequences and Counseling Considerations**  
90-Minute Session, Advanced  
*Mandy M. Morrill-Richards, Valparaiso University, Valparaiso, IN, Lauren Martin*

Over the past several decades the study of sexual abuse and its consequences has been brought to the mainstream of the clinical world. In spite of these advances, sibling sexual abuse has been grossly overlooked. This session offers an overview of sibling abuse (including defining the difference between abuse and rivalry), a review of the prevalence and consequences of sibling sexual abuse, an analysis of an empirical study conducted by the primary presenter related to long-term mental health consequences for survivors and perpetrators of sibling sexual abuse, and an outline of treatment considerations for individual, group, and family care when working with this population.

**Friday, March 25, 2011**

2:00 pm - 3:30 pm  
*Counseling Ethics & Legal Issues Academy*

Program ID #217, Convention Center, Room 217  
**Top 11 in 2011: What Counselors Must Know Now About Law and Ethics**  
90-Minute Session  
*Anne "Nancy" M. Wheeler, Private Law Practice, Loyola, MD, Burt Bertram*

Presenters will provide suggestions for handling 11 legal/ethical dilemmas, which often lead to licensure board complaints and lawsuits. Topics include: confidentiality, privilege and privacy (highlighting subpoenas and HITECH, the successor to HIPAA); social media; boundary violations; custody quagmires; threats of harm to self or others; consultation vs. supervision; documentation; employing an ethical decision-making model; implications of institutional policy; reporting duties; and protection through adequate insurance.

**Friday, March 25, 2011**

2:00 pm - 3:30 pm  
*Rehabilitation Counseling and Disability Issues Academy*

Program ID #218, Convention Center, Room 218  
**Predictors of Success in College and Beyond: Utilizing a Triadic Approach to Counseling College Students With Disabilities**
Students with disabilities represent an increasing proportion of today’s college students; however, there is evidence that students with disabilities are not as successful in higher education as students without a disability; furthermore, they are more likely to be unemployed than their peers without a disability. Research has shown that career services alone do not address the needs of students with disabilities. This study gathered information regarding postsecondary students’ attitudes toward careers, beliefs in their ability to pursue careers, and their self-advocacy knowledge. This study provides empirical support that there is a relationship between career maturity, career decision self-efficacy, and self-advocacy.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Couples & Family Counseling Academy
Military Counseling Academy
Program ID #219, Convention Center, Room 219
Exploring the Unique Challenges Facing Military Couples
90-Minute Session, Advanced
Lynn K. Hall, University of Phoenix, Tucson, AZ, Bret A. Moore
This session will explore the unique challenges of couples living in the military. We will briefly consider military demographics including rates of marriage, divorce and stepfamilies and then focus on the specific concerns of the couple as they attempt to build, strengthen, and/or repair their relationship within the military culture. We will consider complex issues such as deployments, frequent moves and isolation from families. Military parenting issues and the world of military spouses as they attempt to maintain their personal integrity, keep their families together, and develop fulfilling social and work lives, will be explored. You will have a chance to consider a case presentation in a small group format.

Friday, March 25, 2011
2:00 pm - 3:30 pm
LCA Sponsored Session
Trauma/Disaster Mental Health Academy
Program ID #220, Convention Center, Room 223
Facilitating Family and Community Resilience in the Wake of Trauma
90-Minute Session
Paul T. Ceasar, Southeastern Louisiana University, Hammond, LA, June M. Williams, William Brogan Fairchild, Jr., Roxane L. Dufrene, Kathryn Lynn Henderson
This didactic and interactive session provides counselors with current theory, research, and interventions related to understanding and facilitating family and community resilience in the aftermath of trauma. Since no one is immune from experiencing traumatic events, counselors in all settings will benefit from the knowledge and skills presented. The presenters’ culturally sensitive, strengths-based, multi-systemic approach focuses on finding opportunities for growth and transformation through trauma as opposed to pathologizing the effects of trauma.
Religious Literacy: What Counselors Need To Know About World Religions (And Often Don’t)
90-Minute Session
Amanda M. Wolfe, Georgia State University, Atlanta, GA
Both ASERVIC’s Spiritual Competencies and the Multicultural Counseling Competencies highlight the importance of knowledge. But how many of us can “describe the basic beliefs of various spiritual systems, major world religions, agnosticism, and atheism” (ASERVIC, 2009)? This session will seek to provide an answer to that question and an opportunity for counselors to build their competency and their religious literacy by highlighting the beliefs of the top ten organized religions in the United States. Come prepared to learn more about world religions and the importance of this knowledge to competent practice.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Group Work Academy
Program ID #222, Convention Center, Room 213
The Personal Is Political: Using Feminist Theory as a Model of Group Process
90-Minute Session, Advanced
Joanne Jodry, Monmouth University, West Long Branch, NJ, Kathleen Armstrong
This interactive experiential session will allow the counselor to explore the use of feminist theoretical principles within existing group process models and as a standalone theory. This advanced session will allow the counselor, who already has a basic knowledge of feminist counseling theory and group process, to apply it to group process. Egalitarian relationships will be discussed in a multicultural context with emphasis on multiple oppressions and privilege. A developing model of feminist group process will be examined and applied.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Multicultural Counseling Academy
Program ID #223, Convention Center, Room 211
Using a Conceptual Approach Across the Curriculum and Practice
90-Minute Session, Advanced
Jessica M. Diaz, University of Maryland, College Park, MD, George McMahon, Marc Grimmett, Jonathan Orr
CACREP standards mandate that multicultural counseling be taught across the curriculum however, little guidance is given as to how embedding multiculturalism across a core curriculum should be done. A practical framework for using the conceptual approach to map out the essential multicultural counseling concepts across the curriculum will be presented. The main learning objectives of this session are to understand the basic principles of the conceptual approach of multicultural counseling education, to provide a rationale for using the conceptual approach to guide teaching multiculturalism across the curriculum, and to learn practical strategies for infusing multiculturalism across the curriculum and professional practice.
2:00 pm - 3:30 pm
NECA Day of Learning
Trauma/Disaster Mental Health Academy
Program ID #225, Hilton New Orleans, The Fountain Room

Lifespan Focused Treatment in a Natural Disaster
90-Minute Session
Carolyn Greer, Texas A&M University - Central Texas, Killeen, TX
Not all people face trauma the same way especially when they are at different ages. Carolyn Greer will address critical lifespan issues and will share methods for helping clients of different ages heal in a crisis. She will also provide self-soothing tricks for adults that have to go back to work after living through a natural disaster.

Friday, March 25, 2011
2:00 pm - 3:30 pm
Program ID #226, Convention Center, Room A101

Publishing in ACA Refereed Journals: Suggestions From the Council of Editors
90-Minute Session
Richard Watts, Sam Houston State University, Huntsville, TX, Sheri Bauman, Linda Black, Colette Dollarhide, Thelma Duffey, Ned Farley, Heather Helm, Amy Milsom, Roberta Neault, Spencer Niles, Quinn Pearson, Jane E. Rheineck, Gargi Roysircar, Stephen Southern, Douglas Strohmer, Rebecca Toporek, Jerry Trusty, Joshua Watson, Carolyn Baker
This session is designed to promote writing, research, and scholarship to increase the knowledge base of the profession; to provide the skills needed for successful publishing in ACA refereed journals; and to clarify and demystify the publication process. Guidelines, insights, and practical tips on publishing will be offered by members of the ACA Council of Journal Editors. A question-and-answer period in roundtable format will follow a brief overview of the publishing process. You will have the opportunity to ask questions and discuss article topic possibilities.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #227, Convention Center, Exhibit Hall, Booth PS1

Making Sexual Education Fun: Exploring Counselor Awareness and Attitudes towards Sexuality
30-Minute Project/Research Poster Session
Ana Maria Jaramillo, University of Florida, Gainesville, FL, Cheryl Pence Wolf
Sexuality is an important component to an individual's overall wellness. To help female counselors-in-training gain more comfort with the topic for themselves and clients, a fun-based monthly book club/support group was held to explore a variety of topics. This session will provide a description of the support group, books chosen, themes discussed, and the results of pre and post quantitative assessments measuring the changes in sexual attitude and awareness.

Friday, March 25, 2011
2:30 pm - 3:00 pm
IAMFC Sponsored Session
Program ID #228, Convention Center, Exhibit Hall, Booth PS2
Movies That Move: Using Motion Pictures to Work With Families
30-Minute Project/Research Poster Session
Mary B. Ballard, Southeastern Louisiana University, Hammond, LA, Bret Hendricks, Hunter D. Alessi

This session demonstrates how motion pictures can be utilized to facilitate communication among family members on a limitless number of issues that often bring them to counseling. Research has shown that clients are often willing to discuss difficult or troubled people in complex or complicated circumstances if they feel somewhat removed from the situation. Movie viewing provides an excellent vehicle for having clients examine themselves by identifying with movie themes and character depictions. Movie viewing is also a great activity for bringing an often disjointed family together in a pleasant environment. As the movie "rolls" the defense mechanisms of family members usually weaken, laughter ensues, and a path to healing is revealed.

2:30 pm - 3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #229, Convention Center, Exhibit Hall, Booth PS3
The Alpha Chapter of CSI: A Legacy of Community Engagement and Local Advocacy
30-Minute Project/Research Poster Session
Christine S. Bhat, Ohio University, Athens, OH, Dorea Glance, Amber Koester, Michael A. Williams Sr.

As part of this session, we will highlight our involvement in and sponsorship of activities and partnerships that both engage the community and support advocacy for counseling related issues on the local level. These efforts have resulted in the Alpha Chapter developing strong local ties and relationships, enabling us to make a difference in both our community and our region. This commitment to community engagement and local advocacy through service to the people of our region continues to be one of our top priorities. These efforts will be highlighted and shared to inspire mutual engagement and local advocacy in all communities.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #230, Convention Center, Exhibit Hall, Booth PS4
Forging Local Partnerships: CSI and MACD Working Together to Produce a Student-Focused Leadership Conference
30-Minute Project/Research Poster Session
Roxanna N. Pebdani, University of Maryland, College Park, ME, GoEun Na, Stacey Gaenzle

Two local Maryland CSI chapters joined with the Maryland Association for Counseling and Development to host a leadership-focused student conference. Speakers included current leaders in the counseling field and focused on legislative advocacy, leadership and cultural competence in the workplace, engagement and leadership in counseling associations, among other topics. This conference is presented, along with the successes and difficulties encountered during its preparation and execution.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #231, Convention Center, Exhibit Hall, Booth PS5

The Professionalization of Supervision
30-Minute Project/Research Poster Session
Lori A. Russell-Chapin, Bradley University, Peoria, IL, Terri Patterson, Nancy E. Sherman, Jayshree Panchal-McKechnie

The professionalization of clinical counseling supervision is becoming an essential outcome measurement of effective counseling throughout the lifespan of a counseling career. Three critical and foundational documents will be presented: A Clinical Supervision Policy, The Supervision Plan and a Professional Will. Examples of each will be offered with discussion of the roles each document plays in counseling and supervision.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Child & Adolescent Counseling Academy
Program ID #232, Convention Center, Exhibit Hall, Booth PS6

Healing the Hungry Heart: Treating Eating Disorders and Self-Harm
30-Minute Project/Research Poster Session
Mary Bartlett, Magnolia Creek Treatment Center for Eating Disorders, Chelsea, AL

This session will discuss effective counseling strategies to treat people with eating disorders, who generally struggle with thoughts of self-harm and suicide. The session brings theory, empirical data, and extensive research together to deliver a better understanding of the correlation between eating disorders and the suicidal mind and how counselors can help these clients regulate emotions and recover in a healthy manner.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #233, Convention Center, Exhibit Hall, Booth PS7

Assessing Reliability of Measures of Psychosocial Development (MPD) Using a Multi-Source Collection Method
30-Minute Project/Research Poster Session
Morgan Roberts, The George Washington University, Washington, DC

The purpose of this session is to present an analysis of one measurement tool, the Measures of Psychosocial Development (MPD; Hawley, 1988) being used in an innovative procedure. One criticism of the MPD in the research literature is that it relies heavily on the accuracy of a participant’s judgment about his or her own characteristics. To address this deficit, this study used a multi-source collection method, with a veteran and a family or close friend responding. The results of the study are discussed in terms of the reliability of the instrument using this new data collection technique.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #234, Convention Center, Exhibit Hall, Booth PS8

Preventing Vicarious Trauma: A Wellness Approach
30-Minute Project/Research Poster Session
Cassandra Storlie, University of Iowa, Iowa City, IA, Mashone Parker, Hongryun Woo
Vicarious trauma can occur to even the most experienced counselor. With students and beginning counselors, a real and severe disturbance can arise by the active listening of clients’ complex and troubling issues. How can supervisors better prepare these individuals to not become recipients of vicarious trauma? What are the interventions that educators can take, within the classroom, to decrease the likelihood of vicarious trauma? Preventing vicarious trauma by the use of wellness approaches will be introduced and participants will explore methods that may enhance healthy boundaries of those new to the field. Prevention, wellness and intervention strategies will be provided as ideas to implement in daily practice.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #235, Convention Center, Exhibit Hall, Booth PS9
College Counseling for Non-Traditional Students: Challenges to Engagement
30-Minute Project/Research Poster Session
Scott E. Queener, St. Louis Community College - Forest Park, St. Louis, MO, Jake J. Protivnak, Matthew J. Paylo
As the percentage of non-traditional college students continues to increase, college counselors are faced with increased academic, career, and mental health needs of a growing population. This session will examine some of the obstacles that non-traditional students encounter when pursuing an undergraduate degree, as well as, the strategies for success identified by non-traditional students. Results from a recent qualitative study will be presented to highlight this issue. The presenters will provide best practice strategies for college counselors and counselors in student affairs to promote the successes of non-traditional undergraduate college students.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #236, Convention Center, Exhibit Hall, Booth PS10
Rebuilding Lives: Career Counseling in the Aftermath of a Natural Disaster
30-Minute Project/Research Poster Session, Advanced
Mary E. Buzzetta, The University of Texas at San Antonio, San Antonio, TX, Lizette Nale
The impact and recovery from a natural disaster greatly extends into the world of work. As a result, counselors from a variety of settings play unique roles in assisting disaster victims in the adjustment process. This session will identify the disaster variables that contribute to job change among disaster survivors, in addition to highlighting the difficulties individuals and families face as a result of relocating. Specific strategies on how to successfully facilitate the adjustment process will be discussed. You will be provided resources that will assist them in targeting and disputing the negative career thoughts that many disaster victims experience as a result of their losses.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #237, Convention Center, Exhibit Hall, Booth PS11
Practical Research for Counselors: Group Comparisons
30-Minute Project/Research Poster Session, Advanced
Trey Fitch, Troy University Panama City, Panama City, FL, Jennifer Marshall
Counselors must provide evidence that the programs and services offered are effective for health care provider companies, accreditation bodies, program reviewers, and to the general public. One of the most common and effective methods to demonstrate counseling effectiveness is using a group comparisons approach for your research design. In this session, a step-by-step model for this approach will be presented using research case examples, group activity, a design worksheet for individuals, and a detailed handout with related websites will be included.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #238, Convention Center, Exhibit Hall, Booth PS12
The Abstinence Project: Gaining Empathy Through Personal Experience
30-Minute Project/Research Poster Session
Kerrie Fineran, University of North Texas, Denton, TX
‘Why can't they just quit!?’ Many individuals, including counselors in training, have difficulty experiencing empathy for clients struggling with addiction. In order to foster this condition, the primary presenter implemented a student project focused on abstaining from a ‘vice’ in two graduate courses in addiction counseling. Students were required to identify a substance or behavior that would be difficult for them to give up (caffeine, chocolate, texting) and refrain from use for the semester. Level of empathy toward clients with addiction was measured throughout the course. Results of this study and suggestions for implementation with students and supervisees will be discussed.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #239, Convention Center, Exhibit Hall, Booth PS13
The New Supermarket: Counselors, Clients, and Online Interactions
30-Minute Project/Research Poster Session
KristiAnna Nicole Santos, The University of Texas at San Antonio, San Antonio, TX
The use of the internet and social networking sites is growing at a constant rate. This means there will be new challenges that counselors will face in regards to privacy, dual relationships, boundaries and access to client information. What do we do when a client wants to “add you as a friend” to their social network? If a counselor accepts the invitation does it turn in to a dual relationship or does it have the potential to aid in the counseling process? These are some questions that need to be examined by counselors so we may have a better understanding of how to handle these unique situations. This session will describe some of the implications for counselors and clients with regard to personal information on the internet.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #240, Convention Center, Exhibit Hall, Booth PS14
Not Just Weekend Warriors: Counseling Army Reserve Soldiers and Their Families
30-Minute Project/Research Poster Session
Lisa Yanity, USAR, Atlanta, GA, Laura Reed Goodson
Mobilized Reserve soldiers and their families in our communities are dealing with back-to-back extended deployment and combat stress. This session will introduce counselors to the challenges facing the Reserve Component and their families, and provide resources to assist in overcoming
those situations. A Reserve veteran will share her 'boots on the ground' experience from working combat stress patrol in Afghanistan and helping families through the stages of readjustment and cycles of deployment.

**Friday, March 25, 2011**
2:30 pm - 3:00 pm
Program ID #241, Convention Center, Exhibit Hall, Booth PS15

**Racial Identity of Minority Adolescents: A Review of Empirical Research**
30-Minute Project/Research Poster Session

*Kun Wang, University of Texas Medical Branch, Tennessee Colony, TX*

This session provides a review of empirical research on racial identity of minority adolescents. It summarizes the most commonly used definitions of racial identity, the characteristics of participants, instruments used to measure racial identity, variables examined, and research outcomes. This session will expand your knowledge and understanding of the unique experiences of minority adolescents' racial identity development.

**Friday, March 25, 2011**
2:30 pm - 3:00 pm
Program ID #242, Convention Center, Exhibit Hall, Booth PS16

**Investigating School Counselor Role and Self-Efficacy in Managing Multiparty Student Conflicts**
30-Minute Project/Research Poster Session, Advanced

*Summer Yacco, New York Institute of Technology, New York, NY, Mary Ann Clark*

Multiparty conflict, which takes place among three or more students, can threaten school climate and student learning. Results from a national study of 357 middle school counselors will provide an understanding of school counselors’ self-efficacy and approaches for managing multiparty student conflict. The implications include best practices for school counselors and areas of related training that should be included in counselor education.

**Friday, March 25, 2011**
2:30 pm - 3:00 pm
Program ID #243, Convention Center, Exhibit Hall, Booth PS17

**Growing Up Latina: Interrelations of Ethnic Identity, Acculturation, and Motherhood as a Teen Mom**
30-Minute Project/Research Poster Session, Advanced

*Diana P. Ortiz, George Mason University, Fairfax, VA*

The Latino population in the U.S. is growing faster than any other ethnic group. Before the age of 20, a teen Latina has more chances of getting pregnant than not. This session will explore the impact on self-concept of being a teen mother and the expression of ethnic identity developing with motherhood. Semi-structured interviews were conducted with young Latinas who were teen mothers and daughters of teen mothers; salient themes such as acculturation and ethnic identity development, and the struggles of being a teen mother will be discussed. Strategies to work with young Latinas, their children, and families will be presented. Suggestions for further research will also be discussed.
2:30 pm - 3:00 pm
Program ID #244, Convention Center, Exhibit Hall, Booth PS18
Current Research Findings in Wellness, Self-Care, and Burnout Prevention in Supervision With Master’s Degree Counselors
30-Minute Project/Research Poster Session, Advanced
Shannon Trice-Black, College of William and Mary, Williamsburg, VA, Melodie H. Frick, Heather Thompson
Counselors-in-training face the challenges of balancing academic, professional, and personal obligations as they navigate their journeys towards becoming mental health professionals. Counselor supervision is designed to facilitate the academic, personal, and professional development of counselors-in-training (CACREP standards, 2009). Many counselors-in-training, however, report a lack of attention and instruction regarding personal wellness and prevention of counselor burnout. Counselor educators, counseling supervisors, and counselors-in-training will benefit from this presentation that goes beyond defining counselor burnout and includes research-based recommendations to improve counselor supervision and increase counselor wellness.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #245, Convention Center, Exhibit Hall, Booth PS19
The Counselor Competencies Scale©: A Phenomenological Investigation
30-Minute Project/Research Poster Session
David L. Ascher, UCF, Orlando, FL, Glenn W. Lambie
This session presents the results of a phenomenological investigation of the Counselor Competencies Scale© (CCS). Counselor educators have an ethical obligation to develop competent counseling professional; however, the assessment of counseling competencies in a psychometrically sound fashion is difficult. The Counselor Competencies Scale© (CCS) was developed to meet the requirements of counselor educators and supervisors to assess counseling students’ competencies. Prior research supports the psychometric properties of the CCS and this investigation identified experiences of students’ and supervisors’ with its use. Implications for counselor educators and supervisors will be discussed relating to the assessment of counseling competencies.

Friday, March 25, 2011
2:30 pm - 3:00 pm
Program ID #246, Convention Center, Exhibit Hall, Booth PS20
College Students’ Stress under Current Economic and Traumatic Stressors
30-Minute Project/Research Poster Session
Yuh-Jen Guo, University of Texas at El Paso, El Paso, TX
College students are traditionally a focus of stress research due to their inherited stressors on campus. Academic stress and the difficulties of adjusting to new lifestyle on campus are inevitable tests for college students. Major and minor life events can generate unbearable stress in addition to on-campus stress. Two current environmental stressors cloud the normal functioning of college students in the southwestern region. The lasting economic downturn and the increasing drug-related violence along the U.S.-Mexico border affect the living conditions of
this region in the past years. How do these stressors influence the local college students’ stress levels is investigated to reveal environmental influences on college students.

**Friday, March 25, 2011**
3:30 pm - 4:00 pm
*ACEG Sponsored Session*
Program ID #247, Convention Center, Exhibit Hall, Booth PS1
**Military Careers: Understanding the Relationship Between RIASEC Codes, Career Clusters, and Military Occupations**
30-Minute Project/Research Poster Session, Advanced
*Ted Hagert, ASVAB Career Exploration Program, North Chicago, IL*
Presenter will demonstrate how military career specialties represent numerous Career Cluster and RIASEC code groups. Traditionally, military careers have been stereotypically categorized as a part of the Government and Public Administration cluster representing Realistic or Social interest types. Presenter will provide diagrams that display military careers available within each Career Cluster and RIASEC code group. Presenter will show how this information can assist counselors when discussing career options with secondary and postsecondary school students.

**Friday, March 25, 2011**
3:30 pm - 4:00 pm
*ASERVIC Sponsored Session*
Program ID #248, Convention Center, Exhibit Hall, Booth PS2
**Utilizing Native American Spiritual Concepts in Outdoor Adventure Therapy With Adolescents**
30-Minute Project/Research Poster Session
*Imre Csaszar, LSU-Grad Assistant, Baton Rouge, LA, William Ryan Schuette*
This session reviews the use of Native American spiritual concepts such as the medicine wheel in outdoor adventure therapy. Presenters will provide an overview of holistic wellness, the benefits of integrating spirituality in counseling, and strategies for using these concepts.

**Friday, March 25, 2011**
3:30 pm - 4:00 pm
*Chi Sigma Iota Sponsored Session*
Program ID #249, Convention Center, Exhibit Hall, Booth PS3
**Counseling Globally-Problematic Body Image Issues: Multicultural Implications for Counselors and Counselor Educators**
30-Minute Project/Research Poster Session
*Heath Stevens, Southern Illinois University Carbondale, Carbondale, IL*
Until recently, body image issues have been considered confined to Western culture. Counselors should consider the global prevalence of this issue and the dire consequence of eating disorders. Poor body image attitudes and behaviors have been seen in non-Western cultures, such as Fiji (Williams et al., 2006), Norway (Storvoll et al., 2005), and Thailand (Thianthai, 2008). This session will discuss body image issues from the global perspective, and it will offer possible culturally-appropriate treatment options.

**Friday, March 25, 2011**
3:30 pm - 4:00 pm
Chi Sigma Iota Sponsored Session
Program ID #250, Convention Center, Exhibit Hall, Booth PS4
International Immersion: Connecting the Profession Across Continents
30-Minute Project/Research Poster Session
Rebecca E. Michel, Old Dominion University, Norfolk, VA, Elizabeth A. Prosek, Stephanie A. Crockett, Sonya S. Lorelle
A European map will provide the backdrop of this session to offer direction to counselors planning to connect with international partners around the world. Omega Delta executive board members will report findings from a mixed-methods study exploring the impact of an international immersion experience on participant multicultural counseling competence. The session will also highlight the state of counseling in Italy and Ireland; offer perceived similarities and differences between counseling in these countries and the United States; include suggestions to collaborate with counseling professionals abroad; and spotlight pictures and testimonials of international counseling professionals and students in Italy and Ireland.

Friday, March 25, 2011
3:30 pm - 4:00 pm
ARCA Sponsored Session
Program ID #251, Convention Center, Exhibit Hall, Booth PS5
The Relationship Between Spirituality and Trauma in Women Who Abuse Substances
30-Minute Project/Research Poster Session
Shari M. Sias, East Carolina University, Greenville, NC
Experiencing a traumatic event such as childhood physical or sexual abuse, partner abuse, or rape is common among women with substance use disorders. How individuals cope with trauma may be mitigated by factors such as social supports and spirituality. In order to ethically and effectively integrate spirituality in the rehabilitation process, research must be conducted and the findings applied to clinical practice and rehabilitation counselor education curricula. This presentation will provide an overview of Fowler's theory of spiritual development; present survey results concerning spirituality, trauma, and women who abuse substances; and discuss the implications for rehabilitation counselors, supervisors, and educators.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #252, Convention Center, Exhibit Hall, Booth PS6
Effects of Non-Guidance, Supervision, and Student-to-Counselor Ratios on Counselor Burnout
30-Minute Project/Research Poster Session
Michael Moyer, University of Texas at San Antonio, San Antonio, TX
Professional school counselors are often taxed with high caseloads, receive little to no supervision and are expected to perform duties outside of their training and professional role. This poster presentation focuses on understanding the predictive qualities of high student to-counselor-ratios, the amount of supervision received and the numbers of hours spent on non-counseling duties have on burnout in school counselors. Attendees will come away with a better understanding of best practices for avoiding burnout as school counselors.
From the Refugee Camp to the United States School System: The Transition Process for Adolescent Refugees
30-Minute Project/Research Poster Session
Betty Cardona, University of Northern Colorado, Greeley, CO
This session presents the lived experience of adolescent refugees from a public Western high school system and their teachers. We will present findings of our research study exploring the transition process of adolescents refugees. We will identify specific themes and interventions and offer implications and practical recommendations for school counselors, clinical counselors, educators, and supervisors to enhance counselors' multicultural competence and counseling practice.

Lived Experiences of International Students: Immigration, Acculturation, and Resilience
30-Minute Project/Research Poster Session
Suguna Mukthyala, Duquesne University, Pittsburgh, PA
This ethnographic research with a phenomenological perspective is an exploration of how the immigrant status along with racism and discrimination has an impact on the overall functioning of the international students in American university settings. A literature review on immigration, acculturation process and resilience of international students as well as the findings from the research analysis will be presented. This research will help counselors, counselor educators and supervisors in gaining a better understanding of the process of acculturation of international students. Additionally, the research findings will help in the development of appropriate university support services for international students.

When Family Violence Goes to Church (Treating Victims of Family Violence Who Feel Betrayed by Their Faith)
30-Minute Project/Research Poster Session
Margaret Garvin, Ascent Performance Consultants, Snellville, GA
Virtually no church or house of worship is untouched by family violence, especially during tough economic times. Victims with deep religious beliefs seek spiritual guidance to “get through it.” Religious teachings can be and have been misused and distorted to suggest family violence may be acceptable and may even be God's will. Church leaders may inadvertently downplay the gravity of the situation resulting in further abuse to the victim and giving power to the abuser. This session guides counselors in supporting and facilitating the healing process for women and men who have turned to religious practices for help in dealing with their experiences of violence and feel they have been betrayed by their church and religious leaders.
3:30 pm - 4:00 pm
Program ID #256, Convention Center, Exhibit Hall, Booth PS10
Calmness After the Storm: A Strength-based Empowerment Model for Mental Health Disaster Intervention
30-Minute Project/Research Poster Session
Ngozi Okose, Private Practice, Houston, TX
There is an epidemic of global disasters with attendant geographical displacement of victims. Many are able to overcome severe emotional trauma and adversities in their new environment. This study helped to develop a strength-based empowerment model for mental health disaster intervention using facets of coping strategies of immigrants in the U.S. The mélange of cultures in the U.S. calls for the need for interdependency in coping strategies. Data was collected from 48 adult culturally diverse immigrant victims of disasters. Information served to decode the principles of their strengths and resiliency following disasters. Result is significant for help with population that is vulnerable to psychological implosion when faced with adversities.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #257, Convention Center, Exhibit Hall, Booth PS11
Promoting Physical Wellness on a Commuter Campus: Learning Key Principles of Exercise Prescription To Enhance Program Design
30-Minute Project/Research Poster Session
Darren A. Wozny, Mississippi State University - Meridian, Meridian, MS
The rationale for this practice-based proposal is that people continue unhealthy exercise patterns (starting and stopping self-designed exercise programs) due in large part to a lack of knowledge related to key principles of exercise prescription. You will learn about common issues associated with premature termination of self-developed exercise programs and will learn about key principles of exercise prescription to enhance the sustainability of self-developed exercise programs.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #258, Convention Center, Exhibit Hall, Booth PS12
Infusing Advocacy Competencies in Counselor Education Coursework: Developing Trainee Competence in Social Justice Counseling
30-Minute Project/Research Poster Session
Julie A. Dinsmore, University of Nebraska at Kearney, Kearney, NE, Matthew J. Mims, David D. Hof, Grace A. Mims
This session focuses on practical ways counselor educators can developmentally integrate the ACA-endorsed Advocacy Competencies into curriculum to increase trainee awareness and knowledge of social justice issues in counseling as well as develop skills in the emerging counselor role of client advocate in institutional and community settings. Content areas and examples of instructional activities and student projects will be provided.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #259, Convention Center, Exhibit Hall, Booth PS13
“My Clients Don’t Know I’m LGBT Friendly!??” Helping School and Mental Health Counselors Meet the Needs of LGBT Youth
30-Minute Project/Research Poster Session
Rachel Vitale, Student-Kent State University, Kent, OH
This session will provide useful information for both school and mental health counselors by focusing on counselor accessibility, case conceptualization, and treatment planning for youth who identify as LGBT. School and mental health counselors will benefit from learning how to use a model which utilizes specific techniques that foster acceptance and openness in the counseling relationship as well as provide you with a concrete take-home technique to add to your repertoires.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #260, Convention Center, Exhibit Hall, Booth PS14
Strategies and Interventions for Working With English Language Learners
30-Minute Project/Research Poster Session
Jennifer Jordan, Winthrop University, Rock Hill, SC, Loredana Pampinella, Ama Owusuuaa
This session is devised to help you understand firsthand what it feels like to be an English Language learner in our schools today and how to work effectively with this population. We will start the session with an experiential exercise, followed by a panel discussion by several ELL's now training to become counselors and working with other ELL's. We will discuss the acculturation process and how it impacts the child in a school setting and provide the appropriate interventions as well as prevention strategies when working with ELL's.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #261, Convention Center, Exhibit Hall, Booth PS15
Video Self-Modeling: Digital Video and Social Media as a Counseling Intervention
30-Minute Project/Research Poster Session, Advanced
Beto M. Davison Aviles, Bradley University, Peoria, IL, Kelly Erney
Video self-monitoring and video story techniques coupled with social media are powerful emerging technologies that can be effective in school counseling. Self-videos are used to rehearse and reinforce desired behaviors, thereby effectively improving children's academic and social development. Using social media (Skype or Twitter) with persons central to a child's educational success (and who are not physically present when the child engages in self-modeling) supports student success in learning new behaviors via real-time reinforcement by peers, teachers, parents or counselors. Indeed, students can achieve mastery by teaching others online.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #262, Convention Center, Exhibit Hall, Booth PS16
Combining Solution-Focused and Multimodal Theories for Creating Data-Driven Counseling With Children and Adolescents
30-Minute Project/Research Poster Session, Advanced
Robert D. Colbert, University of Connecticut, Storrs, CT
“Keep your hands to yourself unless somebody hits you first”… Do you include the values of African American and Latino children and their families in your counseling practice? Teachers complained that students were getting into too many physical fights in school and that if they didn’t stop students would be dropped from the gifted and talented program? This session will share how combining Solution Focused Brief Counseling and Multimodal approaches served as an effective framework for providing culturally relevant individual counseling to 18 African American and Latino 4th-6th grade students. Come learn to ensure you accept and include ALL family values in your counseling practice and training.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #263, Convention Center, Exhibit Hall, Booth PS17
**Motivational Interviewing Principles: Are They Viewed by Counselor Educators as Being Important to the Therapeutic Alliance?**
30-Minute Project/Research Poster Session
*Samir H. Patel, Murray State University, Murray, KY, Jonathan H. Ohrt*
Both ACA and CACREP highlight the ethical responsibility to teach evidence-based practices (EBPs). However, current literature indicates that counselor educators struggle to integrate EBPs into their curricula due to the disparity that exists between the philosophical roots of counseling and EBPs. Motivational interviewing (MI) offers counselor educators an EBP that closely resembles the counseling profession’s humanistic and developmental perspective. The content of this session will not only highlight the tenets of MI, but it will also illustrate the results from a study that assessed whether counselor educators’ level of agreement towards the presence of MI principles in the counseling relationship impacted their attitudes towards EBPs.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #264, Convention Center, Exhibit Hall, Booth PS18
**Learning Through Landro-Based Supervision: A Preliminary Grounded Theory**
30-Minute Project/Research Poster Session
*Shawn P. Parmanand, Western Illinois University, Moline, IL, Brandon J. Wilde, Erin E. Binkley, Ann M. McCaughan*
This session outlines a qualitative study investigating the experience and process of learning through Landro Play Analyzer (LPA) in counselor training and supervision practice. Landro Play Analyzer allows for valuable supervision time to be utilized more effectively by focusing on salient aspects of the counseling process. You will gain insight into the use of technology in counseling training and practice while implications for integrating technology with current supervision practice will also be discussed.

Friday, March 25, 2011
3:30 pm - 4:00 pm
Program ID #265, Convention Center, Exhibit Hall, Booth PS19
**Supervision 2.0 Thinking Inside the Box: Future Possibilities Utilizing Online Technology in Clinical Supervision**
30-Minute Project/Research Poster Session
*Micelle Wade, Ultreya Therapy, La Plata, MD*
Do you work in a remote area and wonder how to maximize your supervision experience? Do you wonder how to move your counseling program’s practicum and internships into the twenty-first century? Do you wonder if there are ways to use technology to better hone your skills as a novice counselor? This session will provide you with a chance to see potential benefits and possible pitfalls with the technology in clinical supervision. Come and learn how to apply programs like Skype, WebEx, and Second Life to clinical supervision. It is time to think inside the box, and make our computer technology benefit our supervision experiences.

Friday, March 25, 2011
3:30 pm - 4:00 pm
NCDA Sponsored Session
Program ID #266, Convention Center, Exhibit Hall, Booth PS20
Career Development Initiatives in Peru
30-Minute Project/Research Poster Session
Cheri Butler, The University of Texas at Arlington, Arlington, TX
The National Career Development Association board members along with the Executive Director have reached out to many developing and emerging countries in recent years to share best practices and talk about the state of career development in the United States. Recently four representatives from NCDA visited Peru to speak with universities and the Ministers of Labor and Education to discuss how NCDA could assist them in their efforts to expand career development practices and resources. Come to hear about this initiative and how NCDA has become the leading provider of career development resources in the world.

Friday, March 25, 2011
3:45 pm - 4:45 pm
Multicultural Counseling Academy
Program ID #267, Convention Center, Room 203-205
A Conceptual Framework for Counseling Across Cultures: Implications for Training and Practice
60-Minute Session, Advanced
Courtland Lee, University of Maryland, College Park, MD, Denise Park
This session will present a conceptual framework for counseling across cultures that details the crucial components that form the basis of multicultural counseling competency. The focus of the session is on the themes that are the foundation of multicultural counseling competency and how they initially develop and evolve over the course of a counseling career. Implications for counselor training and practice will be highlighted.

APA CE Credit Available

Friday, March 25, 2011
3:45 pm - 4:45 pm
For Graduate Students and New Professionals Only
Program ID #268, Convention Center, Room 206
Office Politics 101
60-Minute Session
Lynn Linde, ACA Past President, Alexandria, VA
You’ve graduated and gotten a job as a counselor, or you are starting a new position. Now what? Having the training and credentials are just part of being successful in your position. Come talk with an experienced counselor and other new counselors and learn how to negotiate the politics of the work environment and to develop strategies for thriving in your position.

**Friday, March 25, 2011**  
**3:45 pm - 4:45 pm**  
*Presidential Featured Session*  
*Counselor Education & Supervision Academy*  
Program ID #269, Convention Center, **Room 215-216**  
**Ward vs. Wilbanks et al.: Implications for Counselor Education Programs**  
60-Minute Session  
*Irene M. Ametrano, Eastern Michigan University, Ypsilanti, MI, D. Dibya Choudhuri, Suzanne M. Dugger, Perry C. Francis, Leigh R. Greden*  
In 2009, Eastern Michigan University was sued by a student who was dismissed from the counseling program. This case involved a student’s refusal to counsel a gay client about relationship issues during practicum and her refusal to participate in a remediation process. The presenters will provide an overview of the case; share information about the counseling program’s disciplinary policy and its use in this case; discuss the impact of the lawsuit on the faculty, students, and university; and share lessons learned. This session will be conducted by faculty members in EMU’s counseling program and an attorney involved in defending the university, who has since joined EMU as Executive Director for Government and Community Relations.

**Friday, March 25, 2011**  
**3:45 pm - 4:45 pm**  
*Trauma/Disaster Mental Health Academy*  
Program ID #270, Convention Center, **Room 210**  
**On Being an Example of Hope: Culture-Specific Responses To Recovering From a Natural Disaster**  
60-Minute Session  
*Kim Marie Vaz, Psychological and Social Foundations, University of South Florida, Tampa, FL*  
This interactive session is based on a phenomenological qualitative study of how survivors of hurricane Katrina are carrying the culture of New Orleans into the City’s recovery. The use of “masking” traditions and 'second-lining' embody a spirit of protest and resilience that have traditionally been used by members of the African American community to survive other collective traumas. The session demonstrates the meaning making process that is based in the survivor's culture as a key indicator of thriving and resilience after collective trauma. We focus on one 'masking-tradition,' of a century-old practice of the 'Baby Dolls.'

**Friday, March 25, 2011**  
**3:45 pm - 4:45 pm**  
*LCA Sponsored Session*  
*Child & Adolescent Counseling Academy  
Military Counseling Academy*  
Program ID #271, Convention Center, **Room 207**
Help! My Dad Has PTSD! (PTSD as Seen Through the Eyes of a Military Child)
60-Minute Session
Cindy Escandell, Louisiana National Guard, Pineville, LA
Help! My Dad Has PTSD! addresses the invisible battle wound of PTSD through the eyes of a military child. Effective treatment strategies have been developed for PTSD in adults. However, kids may also be severely affected when a parent develops PTSD after deployment. This briefing will help mental health practitioners become familiar with military culture and see PTSD through the eyes of a military child and not simply through the DSM-IV-TR.

Friday, March 25, 2011
3:45 pm - 4:45 pm
AADA Day of Learning
LGBT Academy
Program ID #272, Convention Center, Room 208
The Role of Spirituality in LGBT Communities
60-Minute Session
Robert Dobmeier, The College at Brockport, Brockport, NY, Summer Reiner, Kitty Fallon, Elaine Casquarelli
The session will focus on the role of spirituality among LGBT groups. Viewing LGBT communities as a cultural entity, the interface of culture, spirituality, and religion will be addressed as a backdrop to considering salient issues for LGBT individuals seeking to discover, live, and express spiritual values. The ASERVIC Spiritual Competencies and the results of a national survey of counseling students will frame discussion on the relationship of culture and spirituality. You will be invited to participate in experiential exercises involving individual reflection, group discussion, and role plays that contribute to self-awareness and self-discovery as persons and as counselors.

Friday, March 25, 2011
3:45 pm - 4:45 pm
ACCA Day of Learning
College Counseling Academy
Program ID #273, Convention Center, Room 209
Student Development Theory and College Counseling
60-Minute Session
Carolyn Kern, University of North Texas, Denton, TX, MJ Raleigh
The student development module offers a review of key student developmental theories that are useful in understanding the changes college students experience. The discussion will include special considerations that impact changes such as: gender, minority status, international students and non-traditional students. A foundational understanding of student development theory will also be helpful for college counselors who often work within a student affairs department.

Friday, March 25, 2011
3:45 pm - 4:45 pm
IAAOC Day of Learning
Addictions Academy
Program ID #274, Convention Center, Room 222
Analysis of Professional and Addiction Counseling Licensure Requirements, Scope of Practice, and Training National Findings
60-Minute Session, Advanced
Keith Morgen, Centenary College, Hackettstown, NJ, Geri Miller, Jack Culbreth, Gerald Juhnke
State LPC and addictions-related licensure (e.g., LCAS, LCDC, etc.) training requirements and scope of practice frequently overlap. Such overlap causes confusion for trainees, counselors, licensure boards, and clients alike. This session will describe a review and analysis of the national and state LPC and addictions licensure training and supervision requirements, as well as, scope of practice meta topics. You will gain increased knowledge pertaining to training and practice requirements for counselors who specialize in addictions counseling. Implications for counselor education as well as future collaboration among professions and mental health specializations will be addressed.

Friday, March 25, 2011
3:45 pm - 4:45 pm
Chi Sigma Iota, Int’l Sponsored Session
Counselor Education & Supervision Academy
Program ID #275, Convention Center, Room 221
Leadership and Professional Advocacy: CACREP’s Look to the Future Is Now!
60-Minute Session
Carol Bobby, CACREP, Alexandria, VA, Andrea Dixon
This session will address the interests of counselors and counselor educators who want to understand the workings of accreditation and what counselor educators, counselors and students in preparation programs need to know and do with respect to developing leaders and advocates. Whatever setting, leadership is needed for the profession and those we serve. The unique place of leadership through research, supervision, clinical practice, and counselor education will be highlighted. The standards now require a verification of knowledge and competency with which many are not familiar. This session will address some of the ways that programs can meet the new expectations in these areas.

Friday, March 25, 2011
3:45 pm - 4:45 pm
ACA Author Session
Counselor Education & Supervision Academy
Program ID #276, Convention Center, Room 220
Clinical Supervision in the Helping Professions
60-Minute Session
Patrice Moulton, Northwestern State University, Natchitoches, LA, Gerald Corey
Two of the coauthors of the new book Clinical Supervision in the Helping Professions will describe why and how they wrote their book and address the following topics: roles and responsibilities of supervisors, the importance of the supervisory relationship, multicultural competence in supervision, ethical issues in supervision, legal and risk management issues, evaluation in supervision, and becoming an effective supervisor. Questions and participation from the audience will be encouraged.
Friday, March 25, 2011
3:45 pm - 4:45 pm
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Program ID #277, Convention Center, Room 201-202
What’s Your Story? Exploring Post-modernism and Narrative in Career Counseling
60-Minute Session
Lisa Severy, University of Colorado at Boulder, Boulder, CO
Help your clients author their own life stories! This session is designed to give counselors an introduction to post-modernism and the use of narrative in career counseling. With its roots in simple trait and factor theories, career counseling has been burdened with the reputation of being boring and simplistic. As the link between career and personal development has become more important, the role of career counseling has begun to emerge from this shadow. New approaches and theories are exciting both counselors and clients, as well as helping everyone to recognize the importance of career health in overall health.

Friday, March 25, 2011
3:45 pm - 4:45 pm
Trauma/Disaster Mental Health Academy
Child & Adolescent Counseling Academy
Program ID #278, Convention Center, Room 214
Pathways to Resilience: Play-Based Disaster Intervention Techniques
60-Minute Session, Advanced
Lennis G. Echterling, James Madison University, Harrisonburg, VA
Creative, play-based disaster interventions offer many benefits to survivors. These techniques can normalize reactions, invite survivors to try out new coping strategies, modify cognitive distortions, increase self-soothing, enrich relationships, enhance social support, and leave children and families with a sense of hope. Using the conceptual framework of attachment and resilience, we demonstrate a variety of creative interventions for children and families who have survived catastrophic events. The techniques require minimal materials, are developmentally appropriate and culturally sensitive, and can be implemented in virtually any setting.

APT CE Credit Available; APA CE Credit Available

Friday, March 25, 2011
3:45 pm - 4:45 pm
Spirituality and Religious Values Academy
Program ID #279, Convention Center, Room 224
Spiritual Bankruptcy: Investing in the Spiritual Health of Families
60-Minute Session, Advanced
Cheri Smith, Southern Connecticut State University, New Haven, CT, Judith Miranti
In challenging economical times focusing on spiritual bankruptcy is a resource that may be untapped for many individuals. Helping families to understand their spiritual health can have an impact on the many other aspects of their lives. This session will provide information and resources for counselors as they assist families in understanding investments that can be made to help increase and/or maintain the spiritual health of the family unit. Tapping into this resource may be especially important for military families as they fulfill service expectations.
Helping Clients Change: The Relationship—Story and Strengths—Goals—Restory—Action Model of Counseling in Action
60-Minute Session, Advanced
Allen E. Ivey, University of South Florida, Sarasota, FL, Mary Bradford Ivey, Carlos P. Zalaquett
Counseling and psychotherapy are concerned with clients stories and change. This session demonstrates the application of the relationship—story and strengths—goals—restory—action model of counseling. This model emphasizes (a) counselor-client relationship and the importance of listening to client stories respectfully, ethically, and with consideration to their cultural/ethnic backgrounds, (b) focus on issues and strengths, (c) definition of mutually agreed goals, (c) work with client to create new narrative, and (d) action based on new story. A videotaped session would illustrate the use of the model to rewrite and restory old narratives into new, more positive and productive ones. Additional applications in counseling will be discussed.

Cultural Competence and Ethical Practice: A Deeper Need for Understanding Diversity
60-Minute Session, Advanced
Kimberly Nicole Frazier, Clemson University, Clemson, SC, Zarus E. Watson
Counseling professionals and practitioners are conscious of ethical practice and cultural competence but lack the understanding how both interactively impact their ability to be both ethically and culturally competent. This session will examine the link between both ethical practice and cultural competence, as well as discuss the social forces and influences that impact ethical decision making. An increased understanding of social influences that shape an individuals perception of self and others can enable counselors to differentiate between being seemingly competent and being truly competent, both culturally and ethically.

CSCORE's Annual Review of Research: Best Practices in School Counseling
60-Minute Session, Advanced
Catherine L. Dimmitt, University of Massachusetts, Amherst, Amherst, MA
The Center for School Counseling Outcome Research and Evaluation (CSCORE) will provide a summary of recent outcome research and suggestions for how these findings can be used by practitioners and counselor educators to support best practices and future research. The focus
will be on a new 5-state study that identified the school counseling program components and interventions that had the greatest impact on student outcomes.

**Friday, March 25, 2011**  
3:45 pm - 4:45 pm  
*School Counseling Academy*  
Program ID #283, Convention Center, Room 223  
9 to 3....Not For Me! The School Counselor’s Role in Working With the Online Learner in Alternative and Traditional Settings  
60-Minute Session  
*Brenda Brown, Frederick County Public Schools, Frederick, MD*  
Online learning opportunities for high school students are experiencing explosive growth. However, this delivery system can be the bane of some students and a boom for others. A counseling paradigm will be discussed that has been successfully used in both an alternative setting and the traditional high school to assist students in the wise selection of their course delivery system. You will have the opportunity to put into practice the counselor model proposed to increase student success in their classes.

**Friday, March 25, 2011**  
3:45 pm - 4:45 pm  
*Mental Health/Private Practice Academy*  
Program ID #284, Convention Center, Room 212  
Therapy on the Cutting Edge: Perspectives on and Implications of the Inclusion of Self-Injury in the DSM-V  
60-Minute Session  
*Steve Bain, Texas A&M University - Kingsville, Kingsville, TX*  
Research finds there are a growing number of young people across the nation intentionally cutting, injuring, or mutilating their bodies. Many professionals warn the number is growing because the problem is becoming worse and involving younger children. This session will inform you of the significance and implications for the inclusion of self-injury in the DSM-V. Attention will be given to rationale for the diagnosis, contemporary issues facing therapists and clients, and practical suggestions for effective therapeutic intervention strategies.

**Friday, March 25, 2011**  
3:45 pm - 4:45 pm  
*Counselor Education & Supervision Academy*  
Program ID #285, Convention Center, Room 213  
How Long Does It Take To Make a Professional Counselor? A Closer Look at the Development of Professional Identity  
60-Minute Session  
*Timothy Coppock, Gannon University, Erie, PA, Martin Ritchie*  
The purpose of this session is to increase awareness of limited educational and training time currently devoted to the development of professional identity for professional counselors, to review the process used to develop professional identity, and to present several options to increase and expand this time. Professional identity is developed through intentional educational objectives, participation in professional organizations, clinical supervision, and the licensure...
process. If the level of commitment and calling to the profession of counseling is to increase and expand, more time needs to be provided for identity development.

Friday, March 25, 2011
3:45 pm - 4:45 pm
Rehabilitation Counseling and Disability Issues Academy
School Counseling Academy
Program ID #286, Convention Center, Room 211
**Working With Children With Chronic Illness: An Integrated Approach To Meeting the Needs of the “Whole” Child**
60-Minute Session, Advanced
Helen S. Hamlet, Kutztown University of Pennsylvania, Kutztown, PA

Approximately 20% of school-age children are living with chronic illness and the incident rate is rising. Meeting the changing needs of this diverse student population calls for the use of a holistic, developmental and systemic approach. Using the developmental systems theory, counselors can address the life stage of the student within the context of the various systems in their world (Lerner, 2005). This session will present a mixed methods, grounded theory study which focused on the needs of students with chronic illness. A collaborative systems model will be presented which integrates the systems and professionals in the student’s life without losing sight of the developmental needs of the student.

Friday, March 25, 2011
3:45 pm - 4:45 pm
NECA Day of Learning
Trauma/Disaster Mental Health Academy
Program ID #288, Hilton New Orleans, The Fountain Room
**How to Be an Effective Crisis Leader**
60-Minute Session
Tom Ayala, People Solutions, LLC, Lebanon, OR

An important aspect of managing a crisis involves knowing how to be an effective crisis leader. Organizational leadership consultant, career and family counselor, Tom Ayala, will provide common scenarios that leaders face in a crisis and how to deal with them in ways that promote health and endurance for the leader. He will address the typical mistakes leaders often make in such situations and provide methods of overcoming them.

Friday, March 25, 2011
4:30 pm - 5:00 pm
IAMFC Sponsored Session
Program ID #289, Convention Center, Exhibit Hall, Booth PS1
**A Comparison of Online and Traditional Marriage and Family Counseling Course: Instructional Preferences and Educational Climate**
30-Minute Project/Research Poster Session
Brande’N. Flamez, Walden University

The extraordinary pace of technological advancements in counselor education is a major trend. With the exponential growth of online courses in counselor preparation programs researchers have began to study differences in online and traditional counseling approaches. This empirically
based research explored the differences in learning styles and perception of the educational climate between students enrolled in an online and a traditional, face-to-face course. Subjects included master level students enrolled in a Council for Accreditation of Counseling and Related Educational Programs (CACREP) Introduction to Marriage and Family Course.

Friday, March 25, 2011
4:30 pm - 5:00 pm
AMCD Sponsored Session
Program ID #290, Convention Center, Exhibit Hall, Booth PS2
Investigating Low-income African American Parents Positioning Their Daughters as Mathematics and Science Learners
30-Minute Project/Research Poster Session
Cirecie West-Olatunji, University of Florida, Gainesville, FL, Kenyicia Byrd, Dadria Lewis
Low-income African American girls continue to underachieve in mathematics and science. Literature has suggested social positioning and gender issues are influential in their impact on African American girls' achievement as they transition from elementary to middle school. In particular, parent involvement research suggests that parents can significantly impact children's achievement. Positionality theory was used as a lens to focus on awareness of socio-political issues, agency, and a holistic framework for the investigation. In this study, the researchers analyzed three years of qualitative data from low-income African American parents to explore how they position their daughters as mathematics and science learners.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #291, Convention Center, Exhibit Hall, Booth PS3
Now What? Responding to Child Abuse Reporting Challenges in Schools
30-Minute Project/Research Poster Session
April Sikes, Georgia State University, Atlanta, GA
The challenges associated with recognizing and reporting child abuse do not end when reports have been made. Once reports are made, school counselors must deal with challenges encountered with students, their parents or guardians, teachers, administrators, social service workers, and other individuals. This poster session will provide insight into the challenges school counselors face after making reports of suspected child abuse and neglect, with the notion that this information will help prepare professional school counselors to deal with situations that originate after child abuse or neglect reports are made. Recommendations for effectively addressing child abuse reporting challenges in schools will be provided.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Chi Sigma Iota Sponsored Session
Program ID #292, Convention Center, Exhibit Hall, Booth PS4
Maximizing the Leader within you through Leadership and Advocacy
30-Minute Project/Research Poster Session
Maranda A. Brown, Alabama Department of Mental Health, Montgomery, AL, Tomeka W. McGhee
Successful application and matriculation in doctoral and masters level studies require professional leadership and advocacy potential. This leadership must be evidenced in the multifaceted roles we assume. This session will share the experiences of minority doctoral students who have successfully navigated the terrain through these roles. Emphasis will be placed on how to utilize these experiences to collaborate and effect change while reaping the benefits of an expansive portfolio and vita. Moreover, we will illustrate how effective mentoring relationships are necessary and essential to strengthening these opportunities. Learn how to infuse leadership and advocacy into curriculum and to pass the baton to our future Counselor Educators.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Chi Sigma Iota Sponsored Session
Program ID #293, Convention Center, Exhibit Hall, Booth PS5
Making a Difference Through Collaboration and Prevention: The Teen Court Life Skills Program
30-Minute Project/Research Poster Session
Laura H. Choate, Louisiana State University, Baton Rouge, LA, Chris Belser, Asha Vyas, Ashley Churbock, Jessica Morris
LSU Alpha Chi members currently volunteer with Teen Court, a diversion program for adolescents who are first-time offenders in the juvenile justice system. Each semester, Alpha Chi members develop and lead an eight-week life skills group for adolescents in the program. Presenters will discuss information about Teen Court, provide an overview of the life skills group curriculum, and present initial evaluation data regarding the program's impact in the lives of Teen Court participants.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #294, Convention Center, Exhibit Hall, Booth PS6
Combining Animal-assisted Therapy and Emotional Intelligence: Lessons Learned
30-Minute Project/Research Poster Session
Shelly A. Chandler, Beacon College, Leesburg, FL
Are you looking for a way to focus your client who is diagnosed with Attention Deficit Hyperactivity Disorder? Are you looking for a creative way to reach the nonverbal client with Autism Spectrum Disorder? By using animal-assisted therapy new possibilities emerge. You will learn the importance of emotional intelligence and how it can be enhanced with animal-assisted therapy. Current theoretical frameworks and evidence based practices will be discussed as they apply to an innovative twelve week group therapy program. Learn what works and what does not while gaining effective techniques that can be immediately put in practice.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #295, Convention Center, Exhibit Hall, Booth PS7
Results of a Content Analysis of Brief Alcohol Screens: Past, Present and Future Trends
30-Minute Project/Research Poster Session
Kerry Bartlett, University of Nevada Las Vegas, Las Vegas, NV, Shannon Smith
Alcoholism has been declared a national epidemic, and mandatory screening procedures have been instituted. Results of a content analysis of brief screen alcohol inventories will be presented, including major themes, administrative procedures, and instrument effectiveness. Discussion will include issues related to legal and ethical matters, as well issues involving diversity and multiculturalism regarding assessing alcohol use and abuse. Recommendations for counselors will be presented, including brief screen utilization, application in various settings (community and schools), and noted limitations. Additional resources will be provided.

4:30 pm - 5:00 pm  
Program ID #296, Convention Center, Exhibit Hall, Booth PS8  
S.A.G.E.: The Effectiveness of a Program for Learners With Trauma and Academic Challenges  
30-Minute Project/Research Poster Session  
Susan H. Marcus, Argosy University, Sarasota, FL  
The purpose of this session is to share the conceptualization of ITA (Incapacitating Test Anxiety); to link ITA to PTSD in specific groups of vulnerable students (e.g., veterans, low SES, ESL); and to report on the academic success of participants in the SAGE (Skills and Approaches to Grade Excellence) program. This multi-disciplinary program embraces a holistic approach: skills development, cognitive-behavioral restructuring; and mind-body-spirit integration. The session focuses on the program’s development and four years of data documenting success. Counselors who work with veterans, PTSD clients and at-risk students will benefit from knowing about the SAGE program, and how to identify students at risk for ITA.

Friday, March 25, 2011  
4:30 pm - 5:00 pm  
Program ID #297, Convention Center, Exhibit Hall, Booth PS9  
When Young Meet Old: Using Yalom’s Therapeutic Factors Scale To Evaluate the Success of an Intergenerational Program  
30-Minute Project/Research Poster Session  
Jeffrey Penick, Central Washington University, Ellensburg, WA  
This session describes the development and evaluation of the Meaningful Connections Program - a service learning program to increase social interactions for older adults and introduce undergraduate students to the issues of older participants. In a growth group format, older adults utilize reminiscence to influence their sense of purpose, while students learn more about themselves in relationship to others. The program is grounded in the theories and concepts of reminiscence, Erikson’s stages of development, group counseling, and therapeutic factors involved in group work. This program evaluation assesses what therapeutic factors are operating in the groups using an abbreviated form of the Therapeutic Factors Scale (TFS: Yalom, 2005).

Friday, March 25, 2011  
4:30 pm - 5:00 pm  
Program ID #298, Convention Center, Exhibit Hall, Booth PS10  
A Qualitative Research on PTSD Symptoms on People Who Survived From Wen Chuan Earthquake in China  
30-Minute Project/Research Poster Session  
Fangzhou Yu, University of Texas at San Antonio, San Antonio, TX, Yen-Ling Lin
Recently multiple severe disasters happened in many different courtiers, including Wen Chuan earthquake happened in China in which almost 70,000 people died. It is very important for counselors to master certain techniques in counseling with survivors from these disasters especially from a multicultural perspective. The sample of this research were the survivors from Wen Chuan earthquake in China. You will learn how to use culturally sensitive assessment to evaluate PTSD and gain insight on how people cope with PTSD from a multicultural point of view.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #300, Convention Center, Exhibit Hall, Booth PS12
Non-Medical Prescription Drug Use: Exploration of the Prevalence of Addiction and Effective Counseling Interventions
30-Minute Project/Research Poster Session
Mary Jo G. Denman, Wayne State University, Detroit, MI
The non-medical use of prescription medication is becoming an epidemic in the United States, specifically among young adults. According to the Substance Abuse and Mental Health Services Administration (2006), marijuana is the only illicit drug that is abused more frequently than prescription medications among young adults. As a result counselors must become better educated and equipped to deal with this crippling issue. The presenters will discuss individuals who are at a heightened risk for prescription drug abuse and ways to prevent the addiction from occurring or escalating. Effective strategies and interventions to assist clients in overcoming this powerful addiction will also be explored.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #301, Convention Center, Exhibit Hall, Booth PS13
“Fries With That?” The Psychosocial Costs of Child Labor in the U.S.: Trends and Interventions
30-Minute Project/Research Poster Session
John S. Wadsworth, The University of Iowa, Iowa City, IA, Susannah Wood
A teen worker is injured on the job every two minutes, and one child dies every five days. Working children represent migrant workers, homeless youth, and youth supporting families. The emotional and physical health effects of child employment are emerging problems in the United States. The purposes of this session is to: expand our view of the profession to be inclusive of working children; identify the psychosocial issues that impact the physical and emotional well being of children who work; develop awareness and foster conversations regarding employment issues among youth; and indentify methods that counseling professionals can use to better provide effective interventions services for children.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #302, Convention Center, Exhibit Hall, Booth PS14
Online Counseling: A Review of Ethical Codes, Licensure Laws, and Board Rules for Mental Health Health Professionals
Online counseling is increasing in popularity and some counselors provide online interventions via email, live chat, or video conferencing. This session compares the ethical and practice codes of professional counseling state boards and other mental health boards with respect to online counseling practice. You will gain insight into the legal and ethical practice of online counseling in their state.

**Friday, March 25, 2011**
**4:30 pm - 5:00 pm**
Program ID #303, Convention Center, Exhibit Hall, Booth PS15

**Combat-Related Mild Head Trauma: Implications for Military Personnel and Their Families**
30-Minute Project/Research Poster Session, Advanced

*Shannon Ray, Nova Southeastern University, Fort Lauderdale, FL, Tara Jungersen*

Combat veterans recovering from mild head trauma experience psychological symptoms that impact them and their loved ones. The presenters will address the psychological sequelae of combat related mild head trauma for military personnel and their families. Special focus on the holistic treatment needs of this population will be presented along with empirically supported psychoeducational information.

**Friday, March 25, 2011**
**4:30 pm - 5:00 pm**
Program ID #304, Convention Center, Exhibit Hall, Booth PS16

**Counselor Preferences of White University Students: Ethnicity and Other Characteristics**
30-Minute Project/Research Poster Session

*Yi-Ying Lin, University of Tennessee at Knoxville, Knoxville, TN, Annie T. Chen, Joel F. Diambra*

This session reviews a recent multiculturally focused study concerning the counselor preferences of the ethnic majority, or in this case, White clients. Presenters will discuss significant findings on the preferred counselor characteristics, ethnicity, and counseling style of White university students and explore implications for counseling practice and counselor education. You will be encouraged to participate by taking a sample of the study survey, sharing their own perspectives and respond to posed questions.

**Friday, March 25, 2011**
**4:30 pm - 5:00 pm**
Program ID #305, Convention Center, Exhibit Hall, Booth PS17

**Thinking Outside the Box: Creative Tools for Counseling Youth in the School Setting**
30-Minute Project/Research Poster Session, Advanced

*Patricia Van Velsor, San Francisco State University, San Francisco, CA*

Meeting the mental health needs of students in the schools is a challenge for counselors, particularly with the increasing diversity of the population nationwide. Today’s students require the counselor to think outside the box in delivering mental health services. Creative “nontraditional” counseling approaches can provide avenues for students with similar needs and
characteristics to address and explore issues. Expressive arts activities integrated into traditional school counseling services at both the prevention and responsive levels can offer further support and guidance to youth. You will be engage in discussion and activities designed to stimulate your own unique approaches to counseling students in the schools.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #306, Convention Center, Exhibit Hall, Booth PS18
Navigating Supervisor-Supervisee Cultural Differences: Using the Working Alliance To Promote Supervisee Development
30-Minute Project/Research Poster Session, Advanced
Stephanie Crockett, Old Dominion University, Norfolk, VA
The field of counseling is becoming increasingly diverse, however, research suggests that cultural differences between the supervisor and supervisee may negatively impact supervisee functioning. Given that supervision is a critical component in training effective counselors, this session will provide counselor educators and supervisors with an understanding of how to provide effective multicultural supervision through the development of a strong supervisory working alliance. Findings from a recent study concerning the supervisory working alliance’s role in mitigating negative supervision outcomes will be presented. You will learn applicable techniques and strategies for strengthening the supervisory alliance.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #307, Convention Center, Exhibit Hall, Booth PS19
Hallelujah, Halleluyah, Alleluia: Strengthening the Supervisory Alliance While Broaching Spiritual Issues
30-Minute Project/Research Poster Session, Advanced
William O’Connell, Seattle University, Seattle, WA, Rhonda Norman
Cultural disconnects' may occur in counselor supervision that may be related to differences in race, ethnicity, gender, sexual orientation, ability, privilege or religious identity. This session will explore the intersection of multiple areas of difference with a focus on spiritual and religious issues. A case study approach will be utilized including opportunities for feedback. The presenters will offer pragmatic strategies for building a successful counseling supervision relationship and also methods for repairing cultural disconnects when possible.

Friday, March 25, 2011
4:30 pm - 5:00 pm
Program ID #308, Convention Center, Exhibit Hall, Booth PS20
What Do Counselors Consider When Working With Older Asian American Adult?
30-Minute Project/Research Poster Session
Jee Hyang Lee, The University of Iowa, Iowa City, IA, Nanseol Heo, GoEun Na
Asian American is the fastest growing group among all ethnicities of the older adult population. They have their own unique issues in addition to common issues of older adults. To provide counseling services for this population effectively, counselors should be aware of unique characteristics of older Asian American adults, such as negative perception for mental health services, grandparental roles in their family as a caregiver for grandchildren, and homesickness.
when facing death. Thus, this session aims to promote counselors’ understanding of older Asian American adults, based on the qualitative data obtained from interviews. Counseling strategies and intervention that might be beneficial will be suggested, followed by open discussion.

Friday, March 25, 2011
5:00 pm - 6:00 pm
Best Practices Academy
Mental Health/Private Practice Academy
Program ID #309, Convention Center, Room 203-205
Clinical Techniques for Managing Suicidal Clients
60-Minute Session, Advanced
Darcy Haag Granello, The Ohio State University, Columbus, OH, Paul F. Granello
Suicide is the 11th leading cause of death, 2nd among adolescents, yet the average amount of time spent on suicide in counselor education programs in less than one hour. This session will provide counselors in all types of settings with concrete, practical information on suicide assessment and intervention. You will be given extensive resources to conduct culturally and developmentally appropriate risk assessments as well as intervention guidelines for treatment.

APA CE Credit Available

Friday, March 25, 2011
5:00 pm - 6:00 pm
ACES Sponsored Session
Career Development/Employment Counseling Academy
Counselor Education & Supervision Academy
Program ID #310, Convention Center, Room 206
Excitement and Challenge of Teaching Career Development Counseling
60-Minute Session
Kevin Glavin, Nova Southeastern University, Fort Lauderdale, FL, Kathy Evans, Jane Goodman, Mark Pope, Mei Tang
We spend roughly 80,000 hours of our lives engaged in work. Assisting clients with fitting meaningful work into their lives is exciting work. The ACES/NCDA Commission for the Preparation of Career Counselors will engage you in experiential activities useful to all who are challenged to teach interactive career development classes and to lead career development groups. Activities are useful for teaching career development theory, skills, and concepts for career decision making, career adjustment, career crisis, and other career development issues.

Friday, March 25, 2011
5:00 pm - 6:00 pm
Presidential Featured Session
Program ID #311, Convention Center, Room 215-216
20/20: A Vision for the Future of Counseling - The New Consensus Definition of Counseling
60-Minute Session
David Kaplan, American Counseling Association, Alexandria, VA, Vilia Tarvydas, Samuel T. Gladding, Lynn Linde, J. Barry Mascari
A breakthrough for the counseling profession has occurred with the promulgation of a consensus definition of counseling. The delegates to 20/20: A Vision for the Future of Counseling, a multiyear initiative involving 30 professional counseling entities, have ably constructed a definitive definition of counseling that cuts across all specialties and settings. Members of the 20/20 Oversight Committee will describe the Delphi process utilized, present the definition, and discuss the implications of having a profession-wide definition of counseling. Audience reaction will be encouraged.

Friday, March 25, 2011
5:00 pm - 6:00 pm
IAMFC Sponsored Session
Couples & Family Counseling Academy
Military Counseling Academy
Program ID #312, Convention Center, Room 210
Marriage in the Military: How Professional Counselors Can Help
60-Minute Session
David L. Fenell, University of Colorado at Colorado Springs, Colorado Springs, CO
If the Army wanted you to have a wife (or husband), it would have issued one to you! This humorous saying clearly reflects the fact that maintaining successful military marriages is very challenging especially in times of global conflict. This session will present the challenges facing military marriages and describe how professional counselors can provide needed support for military couples.

Friday, March 25, 2011
5:00 pm - 6:00 pm
ASGW Sponsored Session
Group Work Academy
Multicultural Counseling Academy
Program ID #313, Convention Center, Room 207
Group Work Experts Share Their Experiences With Diversity in Groups
60-Minute Session
Janice DeLucia-Waack, University at Buffalo, SUNY, Buffalo, NY, Carolyn Thomas, A. Michael Hutchins, Niloufer Merchant, F. Robert Wilson
Experts in group practice and diversity will share their experiences and discuss best practices related to diversity in groups. Psychoeducational, counseling, and therapy groups will be discussed. Experts will share their thoughts about the value of diversity in groups and how to best acknowledge and utilize diversity to facilitate group process and therapeutic factors.

Friday, March 25, 2011
5:00 pm - 6:00 pm
AADA Day of Learning
Program ID #314, Convention Center, Room 208
Midlife and Beyond: The Ins and Outs of Sexuality Counseling
60-Minute Session, Advanced
Larry Burlew, Montclair State University, Montclair, NJ, Gary McClain, Radha Parker
Sexual development involves a complex interaction of biological, psychological, social, and spiritual factors. This session examines the changing nature of sexuality in adulthood. Sexual development is examined with respect to societal expectations, race, and sexuality. How these expectations, particularly related to sexual and gender stereotypes, impact sexual development in adulthood must be considered in sexuality counseling. Sexual potential will be addressed and how it impacts sexual behavior throughout adulthood (typical or normal sexual development as well as sexual pathology). Discussion, group work, and case studies will be used.

Friday, March 25, 2011
5:00 pm - 6:00 pm
ACCA Day of Learning
College Counseling Academy
Program ID #315, Convention Center, Room 209
Outreach Programming in College Counseling
60-Minute Session
Monica Kintigh, LivingWorks Education Inc., Fort Worth, TX, Angela Shores
The outreach programming module offers a comprehensive review of the various areas of outreach which happen on a college campus. The discussion will include a summary of which areas that are most important to address, how to indentify resources in each of these areas and how to evaluate the effectiveness of programs that are offered Marketing and advertising of programs will also be addressed to increase attendance and stay within budget constraints.

Friday, March 25, 2011
5:00 pm - 6:00 pm
IAAOC Day of Learning
Addictions Academy
Career Development/Employment Counseling Academy
Program ID #316, Convention Center, Room 222
Work Addiction: Do You Really Want to Know?
60-Minute Session
EJ Essic, Palmer, AK, Laura Veach, Jennifer Rogers
This session will cover the latest research and the debate surrounding the concept and definition of work addiction and will introduce a new working model of the stages of work addiction. Using an experiential format, you will have an opportunity to consider the differences between work addiction and healthy work patterns, and generate ideas and interventions for working with clients.

Friday, March 25, 2011
5:00 pm - 6:00 pm
ARCA Sponsored Session
Rehabilitation Counseling and Disability Issues Academy
Program ID #317, Convention Center, Room 221
Factors Influencing the Reasonable Accommodation Process: A Focus Group Approach
60-Minute Session, Advanced
Spalatin Nyanaro Oire, University of Maryland, College Park, ME, Ellen Fabian, Kim L. MacDonald-Wilson
Presentation and discussion of findings from a NIDRR-sponsored study on reasonable accommodations (RAs) from the perspective of key stakeholders, conducted by researchers at the University of Maryland College Park, and the mid-Atlantic ADA center. RAs are central to the labor-force participation rate (LFPR) of people with disabilities. The RA process is viewed as complex, involving multi-level interactions between stakeholders. The study identified key factors that influence the RA process – (type and nature of disclosure; stakeholder knowledge; type and nature of the requested RA; person; and, company/employer factors). It is important that all stakeholders understand how these factors affect the LFPR of people with disabilities.

Friday, March 25, 2011
5:00 pm - 6:00 pm
ACA Author Session
Career Development/Employment Counseling Academy
Program ID #318, Convention Center, Room 220
A Job Search Manual for Counselors and Counselor Educators: How to Navigate and Promote Your Counseling Career
60-Minute Session
J. Shannon Hodges, Antioch University New England, Keene, NH, Amy Reece Connelly
This session will highlight issues and challenges related to counselors conducting a job search and to the students in counselor education programs who are preparing for the job market. The authors of this new book will present helpful information job seekers in the counseling profession should know before they commence their search. Topics to be presented include the tried and true, such as writing effective résumés, CVs, and cover letters, as well as employment trends, interviewing tips, and managing disappointment.

Friday, March 25, 2011
5:00 pm - 6:00 pm
LGBT Academy
School Counseling Academy
Program ID #319, Convention Center, Room 201-202
Counseling Skills and Issues in Gay Straight Alliance Advisement and LGBTQ Youth
60-Minute Session, Advanced
Margaret Jones Farrelly, Seton Hall University, South Orange, NJ, Ramon Robles-Fernandez
Theory and research informs Gay Straight Alliance (GSA) effectiveness and advisement in high school settings, however little is written about the possibilities of mental health issues and the potential role of GSA advisor’s to screen for severe mental health issues among LGBTQ teens. This interactive session will explore the your current understanding and knowledge, then proceed to review with the extant relevant literature, in conjunction with counseling theory, research, and skills, be applied both theoretically and practically, to promote the potential for effective counseling skills, mental health screening, and appropriate referral for LGBTQ student by their GSA advisor.

APA CE Credit Available

Friday, March 25, 2011
5:00 pm - 6:00 pm
AMHCA Sponsored Session
Program ID #320, Convention Center, Room 214
Developing an Anger Management Group for Adults and Older Teens
60-Minute Session
Tom J. Ferro, Ferro Therapy Inc., Billings, MT
This session is on how to develop an anger management group for adults and older teens based on the experience of two private practice therapists who have developed and ran an anger management group for over 15 years.

Friday, March 25, 2011
5:00 pm - 6:00 pm
Multicultural Counseling Academy
Program ID #321, Convention Center, Room 224
Community Outreach With Spanish-speaking Parents: A Critical Link for Student Success
60-Minute Session
Alma G. Leal, The University of Texas at Brownsville, Brownsville, TX, Leticia Marisol DeHoyos, Ayaciuan Madrigal
Hispanic youth lag behind White Non-Hispanic youth in graduation rates and college attendance. Policymakers have implemented initiatives to address this issue, but they often overlook a critical link—parents. Hispanic parents are often viewed as negligent in promoting academic achievement, when in fact, schools may present barriers to parental involvement. A powerful approach for reaching parents is through community outreach where parents feel safe and connected to other parents. The presenters conducted parenting workshops at a church whose congregation is predominantly Hispanic. The workshops, which were conducted in Spanish, were rated highly. They will share their model for conducting parenting workshops for Spanish-speaking parents.

Friday, March 25, 2011
5:00 pm - 6:00 pm
Counselor Education & Supervision Academy, Trauma/Disaster Mental Health Academy
Program ID #322, Convention Center, Room 217
Crisis Supervision: Promoting Counselor Resilience
60-Minute Session
Madeleine A. Dupre, James Madison University, Harrisonburg, VA, Jennifer L. Hatter, Rebecca J. Heselmeyer
Counselors work with clients in crisis every day. In these emotionally charged situations they run the risk of being overwhelmed and demoralized. Resilience-based crisis supervision mitigates the risk for compassion fatigue and promotes post-traumatic growth. This session will explore key themes embedded in resilience-based crisis supervision and identify supervisory attitudes and behaviors that enhance counselor self-efficacy and optimism. It will include didactic presentations, a brief structured experiential exercise, and clinical vignettes. At the conclusion of this session attendees will describe essential ingredients in crisis supervision and identify tools and strategies to use in their counseling and supervision practice.

Friday, March 25, 2011
5:00 pm - 6:00 pm
Reflections on Katrina From Experienced Disaster Mental Health Professionals Who Were There
60-Minute Session
Howard B. Smith, VA, Robert L. Dingman, Robert E. Hayes
This session will present the experiences of three American Red Cross Mental Health volunteers during the occurrence and aftermath of Hurricanes Katrina and Rita. The presenters have more than 50 years combined experience in Red Cross disasters and they will discuss their varied perspectives related to these two hurricanes. Each presenter was assigned to different locations during their experiences and will discuss several aspects of service delivery. These include recruitment, training, service delivery, organizational difficulties and limitations, and overall effectiveness of the recovery of disaster services.

Friday, March 25, 2011
5:00 pm - 6:00 pm
Child & Adolescent Counseling Academy
Military Counseling Academy
Program ID #324, Convention Center, Room 219
Understanding and Responding to Children and Adolescents of Deployed, Injured, and Fallen Soldiers
60-Minute Session
Melissa Alvarado, University of Texas at Brownsville, Brownsville, TX, Christine Ward
Since the terrorist attacks on September 11, 2001, Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) have been major operations that have involved millions of United States soldiers. The effects of such deployments on families and children have been a vital concern as tours multiply and become indefinite. This session will provide an overview of the effects of such experiences, the unique dynamics of military families, and demonstrate specific therapeutic techniques that can be employed when working with this population.

Friday, March 25, 2011
5:00 pm - 6:00 pm
Child & Adolescent Counseling Academy
Program ID #325, Convention Center, Room 223
Social Justice Advocacy: Counselors Respond to “Precious”
60-Minute Session, Advanced
Angela Coker, University of Missouri - St. Louis, St. Louis, MO, Norma Day-Vines, Rhonda M. Bryant, Kent Butler
The internationally acclaimed film Precious based on the novel Push by Sapphire, depicts the story of an African-American 16-year-old girl who experiences the horrors of sexual and physical abuse, inadequate education, and cultural isolation. This session brings together community and school counselors who offer an in-depth analysis of the factors that contributed to Precious’ life situation. They also offer social justice intervention strategies for working with similar precious girls who present into counseling. This session also serves as an opportunity for counselors to explore the ways in which mental health professionals can become social change agents and advocates for young women like Precious around the world.
Women and Trauma: De-stigmatizing Borderline Personality Disorder

60-Minute Session

Hannah G. Barfield, Clemson University, Clemson, SC

Current and past research indicates that the vast majority of borderline personality disorder (BPD) diagnoses are attributed to women. Further research demonstrates that between 60-80% of these women have experienced sexual abuse and other trauma. Unfortunately, BPD has become a common yet stigmatized diagnosis. This presentation will explore the current treatment options, including Dialectical Behavioral Therapy (DBT), which can help create a validating environment for clients. This presentation will also explore the implications of childhood sexual abuse and trauma in BPD and the usefulness of DBT in treating clients with BPD and a history of abuse.

Counselors Reactions in Working With Clients Who Self-injure, and Creative Techniques To Use With This Population

60-Minute Session, Advanced

Kimberly G. Beck, Bucks Community College Online, Warren, OH, Heather C. Trepal

The topic of self-injurious behavior (SIB) has been gaining widespread attention in the mainstream culture and professional literature. The prevalence of SIB is increasing; however, there is still a lack of information on clinicians working with these clients. This session will focus on the counselor and managing his or her own feelings when they work with clients who self-injure. We will present the results of research based on this rationale and give techniques you can use to assess, confront and manage your own feelings about working with clients who self-injure.

The DSM-V in Counselor Education: Opportunities to Reinforce Counselor Identity

60-Minute Session, Advanced

James Hepburn, Waynesburg University, Canonsburg, PA

This session will provide strategies for teaching counselors—in-training to use the DSM-V while adhering to the developmental and contextual perspectives inherent in the counselor identity. While the DSM-V continues to be based on the medical model, a number of the anticipated changes in the fifth edition to the DSM may enhance the ability of counselors to consider contextual and developmental factors. The session will focus on the opportunities to reinforce the values and principles of professional counseling by offering specific strategies to highlight the
central conflicts—and ways to resolve these conflicts—for counselors working in the clinical mental health field.

Friday, March 25, 2011
5:00 pm - 6:00 pm
NECA Day of Learning
Trauma/Disaster Mental Health Academy
Program ID #330, Hilton New Orleans, The Fountain Room
Holistic Solutions for Harnessing Resiliency in Times of Crisis
60-Minute Session
Michael Lazarchick, Holistic Employment Counseling of New Jersey, Mays Landing, NJ
The presenter has spent a lifetime helping people overcome trauma and find their personal strength by tapping into their hidden sources of resilience and healing. He has helped the underprivileged find employment, the wounded find healing, and the hopeless find meaning. In this one of a kind session he is going to give us a peek into his holistic formula. Expect the unexpected and leave feeling more hopeful, healed, and motivated than ever before.

Saturday, March 26, 2011
7:30 am - 8:30 am
Program ID #331, Convention Center, Room 203-205
Social Media and the Therapeutic Effect of Virtual Presence
60-Minute Session
Marty Jencius, Kent State University, Kent, OH, Debra London
Social Media tools (Twitter, Facebook, Second Life, etc.) are here to stay. They are re-shaping the way people connect and interact with others. These new technologies can enhance the way we, as counselor and counselor educators, connect and support the necessary conditions of change for others. In order to be effective we need to understand these tools in light of what Carl Rogers termed the necessary and sufficient conditions of change. This session will journey into virtual environments as we explore the intersection of these conditions and the new social medias.

Saturday, March 26, 2011
7:30 am - 8:30 am
LGBT Academy
School Counseling Academy
Program ID #332, Convention Center, Room 206
Causes and Risks Associated With Bullying in Schools Towards Sexual Minority Youth
60-Minute Session
Keba Richmond-Green, DreamGirlz Unlimited, Inc., Atlanta, GA
GLBTQI youth and children face widespread harassment and violence in America’s schools. In the wake of this widespread harassment and violence, support is growing for implementation of gay-straight alliances, safe schools programs, nondiscrimination policies, and other interventions designed to counteract and prevent anti-LGBT violence and harassment in public schools. Come
learn and talk about ways to improve and implement programs and policies to help bridge the

gaps in our knowledge, our schools, and our communities of GLBTQI youth.

Saturday, March 26, 2011
7:30 am - 8:30 am
Trauma/Disaster Mental Health Academy
Child & Adolescent Counseling Academy
Program ID #333, Convention Center, Room 215-216
Playing Through Trauma: Using Play Therapy to Help Children Work Through Their Grief
60-Minute Session
Morgan L. Lavender, University of North Carolina at Charlotte, Charlotte, NC, Chad M. Matson, Elaine Hamill
This session will provide an understanding on the importance and effectiveness of using play therapy with children who are experiencing trauma and grief. Research, guidelines, and resources will all be presented to help participants meet the children’s needs. You will leave with a better understanding and perspective of play therapy and it’s usefulness in working with trauma or grief of children. Through small groups, you will experience communicating emotions and events, both non-verbally and verbally, from the vantage point of a child.
APT CE Credit Available

Saturday, March 26, 2011
7:30 am - 8:30 am
Counselor Education & Supervision Academy
Multicultural Counseling Academy
Program ID #334, Convention Center, Room 210
Attending to Resistance in Multicultural Courses: Helping Students of Color Focus on Their Learning
60-Minute Session
Derek X. Seward, Syracuse University, Syracuse, NY
Research has supported the effectiveness of multicultural courses in enhancing students’ cultural competence, however these courses may neglect the training needs of students of Color because they focus too heavily on training White students. In this session, current research that has explored the multicultural course experiences of students of Color is presented. Particular attention is given to the unique resistances students of Color can experience in training and the active steps students of Color themselves can take to enrich their learning. Additionally, specific recommendations for how educators and supervisors can improve the multicultural learning space for students will be discussed.

Saturday, March 26, 2011
7:30 am - 8:30 am
Career Development/Employment Counseling Academy
Program ID #335, Convention Center, Room 207
The Virtual Card Sort: Preliminary Findings on a Free Career Card Sort
60-Minute Session
Debra Osborn, University of South Florida, Tampa, FL, Detra Bethell
Are you interested in learning about an online free career assessment tool? This session will present the Virtual Card Sort (VCS), as well as share experiences of two career development course instructors (one for the Master’s level, one for the bachelor’s level) in using the VCS with their students. Included in the session will be a review of various aspects of the VCS, the report generated, and its potential use with career classes and in career counseling. Additionally, we will present preliminary findings that compare the results of the VCS with tools such as the Self-Directed Search, Strong Interest Inventory, Campbell Interest and Skill Survey and the Interest Finder (CHOICES) for graduate and undergraduate students.

Saturday, March 26, 2011
7:30 am - 8:30 am
ACC Day of Learning
College Counseling Academy
Program ID #336, Convention Center, Room 208
The Counselor’s Survival Kit: 30 Creative Intervention Tools
60-Minute Session
Victoria E. White Kress, Youngstown State University, Youngstown, OH, Nicole Adamson, Nicole Bradley, Kimberly G. Beck, Victoria Grice, Eric Michael Crumley, Alyse Michelle Anekstein, Gregory Lee Pollock, Emily R. Herman,
During this session, a panel of counselors and members of the ACC graduate student committee will present their favorite creative counseling interventions. A detailed handout containing 30 creative activities that can be used in counseling a wide variety of populations will be provided. You will have an opportunity to ask the panel questions related to the use of creativity and creative interventions in counseling.

Saturday, March 26, 2011
7:30 am - 8:30 am
ALGBTIC Day of Learning
Program ID #337, Convention Center, Room 209
The Social Construction of Gender: Influences in Transgender Relationships
60-Minute Session
Jennifer Casani, Barry University, Miami Shores, FL
You will be invited to reconceptualize the dialogue of transgender couples. Social construction (Gergen, 1985) and cultural mediation/internalization (Vygotsky, 1978) will define and deconstruct traditional gender narratives. Meanings of gender will be used to describe how these definitions serve to constrain relationships; for transgender couples, these constraints perpetuate oppression and marginalization of the individual and relationship by reinforcing dominant heterosexual discourses. Transgender couples’ dialogues will be presented and discussion with audience will be used to develop a dialogue counselors and couples may use to language about and advocate for new constructions of gender in transgender relationships.

Saturday, March 26, 2011
7:30 am - 8:30 am
Program ID #338, Convention Center, Room 222
Applying, Surviving, and Thriving in Graduate School: Practical Tips for Master’s and Doctoral Students
60-Minute Session
Rebecca Earhart Michel, Old Dominion University, Norfolk, VA, Maggie E. Walsh, Eric S. Davis, Sonya S. Lorelle
Presenters from three diverse universities will provide insight into the essential elements of graduate school, from application to diploma. In this interactive education session, you will learn to create a successful application package for masters and doctoral counseling programs. You will also gain experience developing academic goals and assessing their current balance in life. You will learn effective time management techniques, strategies for leadership development, and tips for passing comprehensive exams. This session will inform prospective and current students on best practice techniques to utilize throughout their educational and professional journey.

Saturday, March 26, 2011
7:30 am - 8:30 am
CSJ Day of Learning
Social Justice Academy
Program ID #339, Convention Center, Room 221
Implementing Social Justice Concepts Through Community Counseling and Advocacy
60-Minute Session, Advanced
Judith Lewis, Chicago, IL, Rebecca Toporek
The Social Justice Counseling paradigm has come into its own as the fifth force in counseling theory. The presenters will provide a brief overview of this theoretical perspective and then focus on two implementation models: the new Community Counseling model and the ACA Advocacy Competencies. Real-life examples will be used to illuminate the efficacy of these practices.

Saturday, March 26, 2011
7:30 am - 8:30 am
ACA Author Session
School Counseling Academy
Program ID #340, Convention Center, Room 220
Cyberbullying: What Counselors Need to Know
60-Minute Session
Sheri Bauman, University of Arizona, Tucson, AZ
This session will provide current information about cyberbullying and cyberaggression and will offer prevention and intervention strategies for technology users across the life span. The presenter, author of Cyberbullying: What Counselors Need to Know, will discuss the relationship between conventional bullying and cyberbullying and how the unique aspects of cyberbullying may increase the degree of harm to victims. You will be introduced to nonpunitive strategies to respond to cyberbullying when it occurs.

Saturday, March 26, 2011
7:30 am - 8:30 am
Trauma/Disaster Mental Health Academy
Multicultural Counseling Academy
Program ID #341, Convention Center, Room 201-202
Culturally Responsive Post-disaster Counseling: The Disaster Cross-Cultural Counseling (DCCC) Model
60-Minute Session, Advanced

*Rita Chi-Ying Chung, George Mason University, Fairfax, VA, Fred Bemak*

There is a critical need for culturally responsive counseling in post-disaster situations. The DCCC Model was developed to create interventions that would be culturally responsive and effectively address trauma and significant stress that follow every disaster situation. This session will provide an overview of the DCCC Model which has been used in 2 national and 4 international post-disaster situations and will discuss critical components in providing culturally competent post-disaster counseling, training, and on-site counseling supervision in post-disaster situations.

*APA CE Credit Available*

**Saturday, March 26, 2011**
7:30 am - 8:30 am

*Child & Adolescent Counseling Academy*

*Multicultural Counseling Academy*

Program ID #342, Convention Center, **Room 214**

**¿Quien soy? Strengthening Latino Adolescent Identity Through Group Counseling**

60-Minute Session, Advanced

*Krista M. Malott, Villanova University, Villanova, PA, Tina R. Paone, Diana Wildermuth, Lyda E. Holguin*

Latino youth who know, and are proud of, their ethnic heritage have shown to possess a barrier against many of society’s stressors. This interactive session will provide a counseling intervention for addressing Latino youths’ identities in school or community settings. Listen to commentary from those who have designed and implemented such a group. Outcomes will be briefly described (e.g., has the group truly effected change?). Challenges in group work, and in cross-cultural counseling in general, will also be addressed.

*APA CE Credit Available*

**Saturday, March 26, 2011**
7:30 am - 8:30 am

*Trauma/Disaster Mental Health Academy*

Program ID #343, Convention Center, **Room 224**

**Coping With the Rollercoaster: Effectively Handling Emotions Triggered by Disasters**

60-Minute Session, Advanced

*Julia Y. Porter, Mississippi State University, Meridian, MS*

Natural and man-made disasters are a part of the fabric of life. These events which are beyond the control of individuals often trigger strong emotions in clients and clients are not prepared to effectively cope with those emotions. This session focuses on the use of creative techniques that include the use of horticulture, music, journaling, poetry, art, and laughter to help clients effectively deal with anger, sadness, fear, and other negative emotions in a healthy way.

**Saturday, March 26, 2011**
7:30 am - 8:30 am

*Counselor Education & Supervision Academy*

*Spirituality and Religious Values Academy*

Program ID #344, Convention Center, **Room 217**
Overcoming Personal and Institutional Obstacles To Incorporating Spirituality Into Counselor Education Curriculum
60-Minute Session, Advanced
Harriet L. Glosoff, Montclair State University, Montclair, NJ, Seth Hayden, Jill E. Whittaker, Michele Kiely Briggs
The majority of counseling students may not be adequately professionally prepared to conceptualize or work with spiritual or religious issues as part of the counseling process. This interactive session is for counselor educators and supervisors who have a working understanding of the ASERVIC Competencies and ACA Multicultural Competencies. The presenters will provide a brief review of a research study on obstacles to infusing spirituality into counseling curricula and discuss ethical issues and specific strategies to overcome these obstacles. Presenters will also share creative suggestions for incorporating spirituality into the curricula. Handouts and suggestions for syllabi development and teaching activities will be provided.

Saturday, March 26, 2011
7:30 am - 8:30 am
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Counselor Education & Supervision Academy
Program ID #345, Convention Center, Room 218
A New Supervisor Curriculum for Those Who Supervise Career Professionals
60-Minute Session, Advanced
Cheri Butler, The University of Texas at Arlington, Arlington, TX, Deneen Pennington
There have been training programs for many years addressing the special issues regarding the supervision of professional counselors. There is much research and literature available on this topic as well. There has been, however, no attempt to address the unique needs of those who supervise career professionals including those who provide career services in a variety of settings including higher education, workforce development and in corporate settings. At the behest of the Japan Career Development Association, NCDA undertook the task of developing a curriculum to train supervisors of Career Professionals. This session will outline the training and highlight the sections that address the special needs of this population.

Saturday, March 26, 2011
7:30 am - 8:30 am
Addictions Academy
Program ID #346, Convention Center, Room 219
Alcohol Screening and Brief Interventions for English- and Spanish-speaking Medical Center Trauma Unit Patients
60-Minute Session
Nathaniel Nicholas Ivers, The University of Texas at San Antonio, San Antonio, TX, Laura J. Veach
In Chinese, the word for crisis is written with two dichotomous symbols, one meaning danger and the other, opportunity. In this session, we discuss the positive impact of talking with people, even for a brief 20 minutes, about their risky drinking behaviors while they are in crisis (e.g., admitted to the hospital for injuries sustained due to risky drinking). Concomitantly, a grant-funded research study involving a prospective randomized clinical trial of two distinct brief
counseling interventions for hospitalized adult trauma patients is discussed. Moreover, we relate cultural lessons we have learned from our experiences in providing alcohol screening and brief interventions to English- and Spanish-speaking trauma unit patients.

Saturday, March 26, 2011
7:30 am - 8:30 am
AMHCA Sponsored Session
Best Practices Academy
Mental Health/Private Practice Academy
Program ID #347, Convention Center, Room 223
**Fundamental Changes in DSM-V: Spectrum Disorders, Dimensional Ratings, and the Multiaxial System**
60-Minute Session
*Gary G. Gintner, Louisiana State University, Baton Rouge, LA*

Most of the comments about the proposed DSM-5 draft have focused on the introduction of a number of new disorders. Less attention, however, has been paid to more fundamental changes such as the recommendation to merge axis I-III, the creation of various spectrum disorders and the introduction of dimensional rating scales. This session examines the rationale and supporting evidence for each of these changes and discusses implications for counselors, clients and the delivery of mental health services.

Saturday, March 26, 2011
7:30 am - 8:30 am
Military Counseling Academy
Program ID #348, Convention Center, Room 212
**Peer Counseling in the Military**
60-Minute Session
*Richard Long, Columbus State University, Columbus, GA, Jeff Voyles*

Because of the limitations of its mental health treatment plan for soldiers the military understands the need for civilian help. Statistics show that the numbers are worrisomely high in the following areas: suicide, soldier-on-soldier killings, mental health hospitalizations and the increase use of psychotropic medication. This session will provide counselor educators with an overview of military culture, an example of a peer counseling training program, a chance to outline a program of their own, and explore ways to tap into counseling in the military. An example of a peer counseling training and handouts designed to reinforce session objectives will be provided.

Saturday, March 26, 2011
7:30 am - 8:30 am
Couples & Family Counseling Academy
Military Counseling Academy
Program ID #349, Convention Center, Room 213
**Building Resiliency and Preventing Suicide in Military Members and Families: What Civilian Counselors Need To Know**
60-Minute Session
Mary L. Bartlett, Magnolia Creek Treatment Center for Eating Disorders, Chelsea, AL, Jeffrey Rose
This session will equip mental health service providers with models and techniques for understanding military clients and their family members who present with suicidal ideation. The needs of members of the National Guard, who are present in nearly all civilian communities, and the unique challenges they present for civilian counselors will be discussed. Military members increasingly face challenges related to high suicide rates, stress management, issues related to service in the deployed arena, and successfully reintegrating with the family system and civilian society upon return. Understanding what the National Guard is presently doing to assist military members will better equip the civilian counselor who interfaces with them.

Saturday, March 26, 2011
7:30 am - 8:30 am
Addictions Academy
Program ID #350, Convention Center, Room 211
Prisoner Re-entry: Treatment Needs for the chemically Dependent Offender
60-Minute Session, Advanced
Kelley B. McNichols, Duquesne University, Pittsburgh, PA
There has been substantial research that has addressed raising incarceration rates that plague our criminal justice system. Specific focus has explored the co-morbidity between addiction and criminality. Inmates sentenced for drug related crimes significantly contributes to the soaring rates of incarceration. In the midst of the increasing number of people who enter the criminal justice system, the challenge of prisoner reintegration has been largely overlooked. Offenders who were originally convicted of drug related crimes had the second highest rate of recidivism. It becomes clearly evident that the counseling field needs to enhance treatment services provided to chemically dependent offenders throughout their reentry experience.

Saturday, March 26, 2011
7:30 am - 8:30 am
AHC (formerly C-AHEAD) Wellness Center
Wellness Academy
Program ID #351, Convention Center, Room R05
Morning Meditation
60-Minute Session
Mark D. Stauffer, Oregon State University, Corvallis, OR
Join our experiential program in meditation. Meditation is a practice that enhances a person’s quality of life and promotes relaxation of body and mind. This wellness session welcomes newcomers and advanced attendees alike. Basic meditation techniques will be demonstrated followed by practice of these exercises.

Saturday, March 26, 2011
10:30 am - 11:00 am
AACE Sponsored Session
Program ID #352, Convention Center, Exhibit Hall, Booth PS1
Finding Your Place in AACE
30-Minute Project/Research Poster Session
Joshua C. Watson, Mississippi State University - Meridian, Meridian, MS, Eric D. Jett

Active involvement in ACA and its various divisions can be a most rewarding endeavor both professionally and personally. This session is designed to highlight the various opportunities for involvement that are available within the Association for Assessment in Counseling and Education (AACE). In addition to learning about the many exciting projects and activities AACE is working on, you will learn how to get involved in the various standing committees AACE maintains, how to present at the National Assessment Conference, and how to publish in the division newsletter and both division journals. Graduate students and new professionals are especially welcome.

Saturday, March 26, 2011
10:30 am - 11:00 am
ASGW Sponsored Session
Program ID #353, Convention Center, Exhibit Hall, Booth PS2
Group Work and Outreach on College Campuses: Coordination and Group Plans
30-Minute Project/Research Poster Session, Advanced
Trey Fitch, Troy University Panama City, Panama City, FL, Jennifer Marshall, Alexandra Miller
You will learn about planning and implementing specific group counseling and outreach plans for college students. The group work/outreach outlines cover academic, career, and psychosocial domains. Coordination and assessment ideas will also be delineated. The handout will provide an outline of what type of group work/outreach can be coordinated as part of a comprehensive counseling plan for college counselors. Group work/outreach for targeted populations of students will also be addressed. Lastly, the topic of ethical considerations for group work/outreach at colleges will be reviewed.

Saturday, March 26, 2011
10:30 am - 11:00 am
Chi Sigma Iota Sponsored Session
Program ID #354, Convention Center, Exhibit Hall, Booth PS3
Alpha Upsilon Mu Chapter of Chi Sigma Iota Raises Community Awareness
30-Minute Project/Research Poster Session
Lindsay Ann Smith, Auburn University-Montgomery, Montgomery, AL, Glenda Reynolds
While Alabama has had casinos, the state only recently established an organization to help gambling addicts. Alpha Upsilon Mu Chapter was a part of the founding of the Alabama Council on Problem Gambling. In August 2010, the chapter collaborated with five national and local groups to cosponsor an awareness seminar in a city that houses a casino. The event offered free CEU credits to professionals and received media attention on local television, radio, and in print. A DVD of the event is being distributed. The group has also cosponsored two events in October to raise awareness about domestic violence and bullying sexual minorities. This poster will share ideas on collaborating with other agencies to meet newly-perceived community needs.

Saturday, March 26, 2011
10:30 am - 11:00 am
Chi Sigma Iota Sponsored Session
Program ID #355, Convention Center, Exhibit Hall, Booth PS4
Infusing Advocacy for Lesbian, Gay, Bisexual and Transgender Students Into School Counselor Education Programs
30-Minute Project/Research Poster Session
Karen D. Parker, Kingsley House, New Orleans, LA, Reshelle C. Marino
This session is about the infusion of advocacy for lesbian, gay, bisexual and transgender clients into school counselor education programs where presenters will: present the results of the project where school counselors discussed their experiences, thoughts and feelings about their training concerning advocating for LGBT students; consider ways counselor education programs can infuse information about sexual minorities into their programs curricula; and discuss the roles of ethics and social justice in school counseling programs.

Saturday, March 26, 2011
10:30 am - 11:00 am
ARCA Sponsored Session
Program ID #356, Convention Center, Exhibit Hall, Booth PS5
Exploring Resilience and Quality of Life among OEF/OIF Veterans with Disabilities
30-Minute Project/Research Poster Session
Amy J. Armstrong, Virginia Commonwealth University, Richmond, VA, Carolyn E. Hawley
Presenters will discuss results of a study assessing the resilience and quality of life (QOL) of veterans with disabilities of Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF). Research documenting the demographics, health status, community support utilization, and self reported resilience in relation to QOL will be shared.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #357, Convention Center, Exhibit Hall, Booth PS6
Asian American College Students Experiences After the Virginia Tech Tragedy
30-Minute Project/Research Poster Session
Sara Cho Kim, Messiah College, Grantham, PA
Since the Virginia Tech (VT) tragedy, there have been concerns about campus safety and the psychological well-being of undergraduates across the nation (Virginia Tech report, 2007). As universities and institutions of higher education develop plans to address critical incidents and ensure the safety of students, less attention has been given to understanding the psychological and emotional experiences of undergraduates post-VT. This study will highlight the experiences of Asian American college students with a focus on their responses to traumatic events and an exploration of coping strategies used.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #358, Convention Center, Exhibit Hall, Booth PS7
The Effectiveness of Dialectical Behavior Therapy on Patients with Borderline Personality Disorder
30-Minute Project/Research Poster Session
Anastasia D. Conwell, Indiana State University, Terre Haute, IN, Ashley B. Ramey-Hammond, Heather Slieker
Dialectical Behavior Therapy (DBT) is a fairly new theory that has shown success in the treatment of clients who have borderline personality disorder (BPD). Underlying philosophies, ethical considerations, exercises, and guidelines are addressed in effort to give those interested a grasp of how this therapy can work with those complicated cases and individuals with unpredictable behavior. By recognizing countertransferance while building the therapeutic relationship, DBT takes carefully into account the emotional status of the client. Addressing counselor burn-out concludes the presentation by providing hope to the overworked therapist by helping him or her address his or her own internal and external inconsistencies.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #359, Convention Center, Exhibit Hall, Booth PS8
The Development and Validation of the Perceptions of Mental Illness
30-Minute Project/Research Poster Session, Advanced
Allison L. Smith, Antioch University New England, Keene, NH
The impact of stigma on those with a mental illness is immense; the stigma of having a mental illness can be as damaging as the symptoms. Thus, stigma and mental illness is an important area of investigation. Measurement of the construct stigma toward individuals with mental illness is a challenge that faces researchers engaging in efforts aimed at the eradication of stigma. This session will introduce the Perceptions of Mental Illness (PMI), a current, psychometrically sound instrument to measure mental illness stigma. Additionally, you will learn about mental illness stigma, and the process used for developing an instrument in the social sciences.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #360, Convention Center, Exhibit Hall, Booth PS9
How Do Perfectionists Cope With Stress?
30-Minute Project/Research Poster Session, Advanced
Philip Gnilka, Kent State University, Kent, OH
Perfectionism is increasingly being viewed as a multidimensional construct that can be differentiated between two types: a positive version called “adaptive” perfectionism and a negative form called “maladaptive” perfectionism. This session will assist counselors in more clearly identifying, understanding, and working with perfectionists and how various coping styles influence stress levels and wellbeing. This session will include a review of the current relevant research as well as conceptual and theoretical foundations. The session will include case studies and a discussion that will be designed to illustrate how to identify, conceptualize, and intervene with perfectionists by focusing on coping styles and strategies.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #361, Convention Center, Exhibit Hall, Booth PS10
Counselor Perceptions of the Efficacy of Training and Implementation of Self-Care Strategies Related to Trauma Work
30-Minute Project/Research Poster Session
Leslie M. Culver, University of New Orleans, New Orleans, LA, Bridget L. McKinney, Louis V. Paradise
Educational and personal preparation for working with trauma victims is critical for successful client and counselor outcomes. Counselors should be prepared for the inherent risks of trauma work through trauma-specific training including self-care strategies that may help prevent and ameliorate vicarious traumatization. The session will provide information regarding counselor perceptions of their educational preparation in self-care strategies related to trauma work, what strategies are being used, as well as how effective those strategies are when implemented.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #362, Convention Center, Exhibit Hall, Booth PS11
Disaster Mental Health and Community Emergency Response Teams (CERT)
30-Minute Project/Research Poster Session
Cecile Brennan, John Carroll University, University Heights, OH
When oil spills in your gulf, or a gas explosion occurs in your neighborhood, will you know how to be helpful? Community Emergency Response Teams (CERT’S) provide a way for counselors to participate on a team of early responders who are activated during crises and community mobilizations. Team members receive training and are then called upon to serve in their local communities. This session will explain this process and provide information about how you can become involved with your local CERT.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #363, Convention Center, Exhibit Hall, Booth PS12
Latino Youth and the Achievement Gap: Acculturation, Social Inequalities, and School Dropouts
30-Minute Project/Research Poster Session, Advanced
Diana P. Ortiz, George Mason University, Fairfax, VA
Latinos are the largest minority group in the U.S. and have the highest dropout rate in the country. This session will examine the achievement gap in the Latino youth. Immigration history, acculturation, parental involvement, and ethnic identity play key roles in the academic success of these students and may account for a part of the existent gap. Structural inequalities, lack of access to resources, perceptions of school, and negative social stereotypes also have a strong impact on the academic engagement of young Latinos. Implications for school counselors, community agencies, and policy makers will be presented. Strategies to work with the Latino community and suggestions for further research will be discussed.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #364, Convention Center, Exhibit Hall, Booth PS13
The Effect of Career Counseling on the Self-efficacy and Career Maturity of Residential Juvenile Offenders
30-Minute Project/Research Poster Session
Katie M. Rhode, Texas Tech University, Lubbock, TX
This session will provide data on the effect of career counseling on the residential juvenile offender population. Specifically, the session will report changes in career maturity and self-efficacy after a 12-week group counseling intervention. The hypothesis proposed by this line of
research is that implementing career counseling as a part of the counseling curriculum for residential juvenile offenders will improve the participants’ beliefs about their ability to choose and acquire work, and give them a more realistic perspective on careers in general. Improvement in these areas could then improve the lives of the participants by reducing recidivism, increasing self-esteem, and improving academic interest and performance.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #365, Convention Center, Exhibit Hall, Booth PS14
The Therapeutic Relationship in Online and Face-to-Face Counseling: Past Research and Future Directions
30-Minute Project/Research Poster Session
Courtney M. Holmes, William & Mary, Williamsburg, VA, Katie M. Hermann
This session will provide an overview of literature supporting the importance of the therapeutic relationship in both face-to-face and online counseling. The similarities and differences between technologically mediated and in-person therapeutic relationships will be discussed. Finally, presenters will address techniques to build a therapeutic relationship through technological and Internet media.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #366, Convention Center, Exhibit Hall, Booth PS15
A Call to Service: School Counselors Assisting Young Children Through Combat-Related Parental Deployment
30-Minute Project/Research Poster Session, Advanced
Angie Waliski, VA - Mental Illness Research and Clinical Center, North Little Rock, AR
Operation Iraqi Freedom and Operation Enduring Freedom has been a test of strength for numerous military service persons and their families. Many families have faced multiple deployments that have included stressful transitions during each reintegration. This session describes current research and progress toward the development and implementation of a school based prevention intervention for young children experiencing combat related parental deployment.

Saturday, March 26, 2011
10:30 am - 11:00 am
Program ID #367, Convention Center, Exhibit Hall, Booth PS16
The Intersection of Machismo and Marianismo and Its Impact on Latino Couples Counseling
30-Minute Project/Research Poster Session
G. Miguel Arciniega, Arizona State University, Tempe, AZ, Maritza Gallardo-Cooper
Gender role socialization impacts at all levels of human development and are important variables to consider in couples counseling. Specifically with Latinos, it is critical to understand the ramifications of the gender role concepts of Machismo and Marianismo and its impact on Latino couples counseling. This session will discuss effective Latino-sensitive gender role counseling strategies with Latino couples. A positive, empowering approach to deal with alleged stereotypes of gender role socialization will be presented.
Saturday, March 26, 2011  
10:30 am - 11:00 am  
Program ID #368, Convention Center, Exhibit Hall, Booth PS17  
**Promising Practices for School Counselors Working With Students of Military Families**  
30-Minute Project/Research Poster Session  
*Susannah M. Wood, University of Iowa, Iowa City, IA, Lisa Thompson-Gillespie, Arie T. Greenleaf*  

With U.S. troops fighting in Iraq and Afghanistan and America’s war on terror, there is critical need for school counselors to support children from military families. However, students whose parents are active duty but not in a war zone have needs as well. The stressors of parent deployment and reintegration, single-parent care-taking, family restructuring, divorce and relocation, academic progress and fitting in also impact these students. The purpose of this session is to detail the current counseling literature on students of military families including needs and challenges, developmental struggles, suggested strategies, facilitating student resiliencies, and to brainstorm programs and collaborative opportunities.

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Saturday, March 26, 2011  
10:30 am - 11:00 am  
Program ID #369, Convention Center, Exhibit Hall, Booth PS18  
**Incivility in the Classroom: Current Trends, Implications, and Best Practices**  
30-Minute Project/Research Poster Session  
*Lisa Rene’ Jackson-Cherry, Marymount University, Arlington, VA, William Sterner*  

Reports of student incivility has increased in higher education over the years. Tolerance of these behaviors has focused on fear of decreased enrollments, 'consumer mentality' of students, generational differences regarding the learning process, and an increased enrollment of students with psychological and learning issues. Regardless, disruptions potentially interfere with the learning environment, impede student academic and personal growth, interfere with classroom management, and can cause burnout for faculty. This panel discussion will focus on current research being conducted, faculty experiences, and 'best practices' for implementing strategies to maintain classroom control and to create a positive learning and teaching environment.

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Saturday, March 26, 2011  
10:30 am - 11:00 am  
Program ID #370, Convention Center, Exhibit Hall, Booth PS19  
**Using the Critical Cultural Domains Model and Teaching With Media to Demonstrate Why History Matters**  
30-Minute Project/Research Poster Session  
*Marie A. Wakefield, UNLV, Las Vegas, NV, Douglas L. Garner, Dale E. Pehrsson*  

Cultural competency has emerged as a dynamic initiative and critical need shaping education, the work of practitioners, and research. It is an active process, an ongoing pursuit of self-reflection, knowledge acquisition, and skill development. The media’s use of documentaries and popular film series brings forth a cultural perspective. Yet, each culture has a story of struggles and strengths. As competent counselors work to integrate issues of diversity into their counseling work, exploring the media’s historical context of underrepresented populations with a Critical
Cultural Competency Domains Model (CCCDM) can offer a meaningful approach to facilitating greater understanding of diversity, aligning interventions, and promoting change.

Saturday, March 26, 2011  
10:30 am - 11:00 am  
Program ID #371, Convention Center, Exhibit Hall, Booth PS20  
**Counselor Supervision and Technology: Let’s Get on Board!**  
30-Minute Project/Research Poster Session, Advanced  
*Jonathan Lent, John Carroll University, University Heights, OH, Paula J. Britton*  
Computer-based clinical supervision is becoming more prevalent. It has the benefit of increased flexibility, cost-effectiveness and accessibility. However, online supervision can be a daunting task, especially to supervisors who have limited background in technology. Due to ethical concerns regarding informed consent and confidentiality, it is critical that supervisors are stringent in setting up online supervision appropriately. This session, driven from survey data, will provide you with practical guidelines to help you get started in developing and implementing ethical online supervision with your trainees. You will be provided information as to how to develop an informed consent for use with students and clients.

Saturday, March 26, 2011  
10:30 am - 12:00 pm  
**AACE Sponsored Session**  
Program ID #372, Convention Center, Room 203-205  
**Assessment Standards and Free Access Depression, Anxiety, Eating Disorder, Disruptive Behavior and Substance Abuse Inventories**  
90-Minute Session  
*Bradley T. Erford, Loyola University Maryland, Baltimore, ME, Stephanie Crockett*  
This session focuses on the knowledge and skills counselors need for assessment and evaluation in mental health, substance abuse, school, and multicultural counseling. Five sets of standards will be distributed and briefly reviewed, the result of collaborations between AACE and various other organizations, including ACA, AMHCA, IAAOC, IAMFT, and ASCA. In addition, free use instruments used for assessment of depression, anxiety, eating disorder, disruptive behavior, and substance abuse will be reviewed. You will learn basic administration and scoring procedures that will allow immediate use with clients in diverse practice settings. This session contains essential information for clinicians, counselor educators, and students in training.

Saturday, March 26, 2011  
10:30 am - 12:00 pm  
**ACEG Sponsored Session**  
Trauma/Disaster Mental Health Academy  
Military Counseling Academy  
Program ID #373, Convention Center, Room 206  
**Diagnosing and Treating Trauma in Military Families**  
90-Minute Session, Advanced  
*David L. Fenell, University of Colorado at Colorado Springs, Colorado Springs, CO, Joseph Wehrman, Julaine Field, Rhonda Williams*
This session is designed specifically to prepare professional counselors to understand trauma experienced by combat veterans and their families and to competently diagnose their presenting concerns. This session will provide information about the multiple causes of trauma experienced by military personnel and their families; and to develop a framework for applying appropriate diagnoses to combat veterans and in as appropriate with family members. We will present effective treatment strategies for these diagnoses and discuss the contextual and ethical implication of the diagnoses assigned.

Saturday, March 26, 2011
10:30 am - 12:00 pm
Mental Health/Private Practice Academy
Program ID #374, Convention Center, Room 215-216
**Diagnosing From the Heart: A Humanistic - Existential Response to the DSM-V**
90-Minute Session, Advanced
Clemmont E. Vontress, The George Washington University, Washington, DC, Fred Bemak, Courtland Lee, Rita Chi-Ying Chung, Paul Tschudi, Lawrence Epp

Existential Diagnosis is a rich and profound approach to helping clients identify the issues that cause suffering in their lives. Unlike DSM-V Diagnosis with its emphasis on symptoms, Existential Diagnosis focuses on the eternal issues of love, loneliness, meaning, suffering, and death that each of us face daily. It is applicable to all problems-in-living; but it is especially appropriate when one’s client feels lost in the movement of a life without meaning or freed to choose a meaning in life that offers passion. A leading existential counselor and a panel of five scholar-practitioners discuss the impact of existential ideas on their ways of understanding their clients.

**APA CE Credit Available**

Saturday, March 26, 2011
10:30 am - 12:00 pm
Trauma/Disaster Mental Health Academy
Program ID #375, Convention Center, Room 210
**Play Therapy/Expressive Techniques to Foster Counselor Clinical Renewal in Disaster Mental Health**
90-Minute Session
Eric J. Green, University of North Texas at Dallas, Dallas, TX
This session is intended for practitioners who want to spend time during the conference relaxing and engaging in creative, self-care strategies for clinical renewal. Learn how to assess and prevent compassion fatigue and burnout in disaster mental health through playful techniques, which may include activities such as coloring mandalas and practicing mindfulness through expressive art interventions. The interventions discussed in the presentation will be experiential and practiced in real time to de-stress attendees with the intent that they return home to engage clients with a renewed sense of depth and meaning.

**APT CE Credit Available**

Saturday, March 26, 2011
10:30 am - 12:00 pm
IAMFC Distinguished Speaker Session
Couples & Family Counseling Academy  
Program ID #376, Convention Center, Room 207  
Sexual Therapy: What Counselors Need To Know  
90-Minute Session  
Stephen Southern, Mississippi College, Clinton, MS  
This session will provide an overview of developments in sexual counseling and therapy. Over 50 percent of clients and couples experience sexual difficulties and disorders, yet counselors may feel unprepared to address their concerns. We will consider origins and dynamics of sexual disorders and basic treatment techniques for the common sexual concerns of those who seek help.

Saturday, March 26, 2011  
10:30 am - 12:00 pm  
ACC Day of Learning  
Program ID #377, Convention Center, Room 208  
Appreciative Inquiry: Reconnecting With the Awe and Wonderment of Childhood  
90-Minute Session  
Tonya R. Hammer, University of Houston - Clear Lake, Houston, TX  
Everyone is born with an inherent capacity to experience the world through the lens of wonderment and awe. We have the potential to view events in our lives with simple clarity, to maintain a sense of humor and joyful perspective, and, above all, to avoid wasting energy on distracting thoughts, including the fear of humiliation. (Klein, 2004, p. 4). In this light, you will learn about the theory of appreciative inquiry and how we can change and enhance our counseling relationships as well as our personal relationships by learning how to reconnect with the awe and wonderment of childhood. The session will include interactive modalities to help us as individuals and groups reclaim our inner child, in a good way.

Saturday, March 26, 2011  
10:30 am - 12:00 pm  
ALGBTIC Day of Learning  
LGBT Academy  
School Counseling Academy  
Program ID #378, Convention Center, Room 209  
Developing Safer School Environments for LGBTQC Youth—Research to Practice: The Critical Role of Counselors  
90-Minute Session, Advanced  
This is a research-based session focusing on the practice and advocacy implications of developing safer schools for LGBTQQ youth. The presenters will describe ongoing research exploring LGBTQQ bullying and violence prevention, as well as how the K-12 LGBTQQ student population is currently integrated in the preparation and practice of professional school counseling, school counselor education, and mental health counseling. Presenters will discuss how professional counselor/counselor educators can use these findings to construct bullying and violence prevention programs. You will receive materials to help translate research findings into practical take-away strategies they may immediately implement in their settings.
Saturday, March 26, 2011
10:30 am - 12:00 pm
Counselor Education & Supervision Academy
Multicultural Counseling Academy
Program ID #379, Convention Center, Room 222
Becoming a Multicultural Professor: Insights for Evolving a MC Professorial Identity
90-Minute Session
Colette T. Dollarhide, The Ohio State University, Columbus, OH, Nikol V. Bowen, Caroline A. Baker
To be ethical, professors of multiculturalism must understand our own journey of MC identity development and then foster the MC identity development of our students. Using ethnography as a research methodology, three teachers from very different backgrounds examined their cognitive/affective journey in teaching MC counseling skills, and developed insights designed to help other MC instructors on their journey of multicultural identity and multicultural instructor identity development. Application of the affective taxonomy to counselor education will give you a way to facilitate the affective growth of self/students, clearing the way for enhanced growth in cognition, skills, and identity.

Saturday, March 26, 2011
10:30 am - 12:00 pm
CSJ Day of Learning
Social Justice Academy
Program ID #380, Convention Center, Room 221
Therapeutic Benefits and Challenges of Social Justice Activism: Voices of Creativity, Courage, Resistance, and Resilience
90-Minute Session, Advanced
Judy Daniels, University of Hawaii, Honolulu, HI, Thomas Parham, Michael D'Andrea
Social justice activism and community engagement provide many therapeutic benefits however it can also be challenging to confront the status quo. As counselors what compels us to take a stand on societal injustices, how do we thrive as we navigate through the complex challenges of activism, and what are the risks to doing this work? Passion, creativity, faith, bold risk taking, humor, support, and visioning are all important ingredients to maintaining ones strength and courage as a social justice advocate. The presenters will use poetry, passionate dialog, and scholarly research to discuss the complexities, therapeutic benefits, and potential costs of courageous risk taking through social justice activism.

Saturday, March 26, 2011
10:30 am - 12:00 pm
ACA Author Session
Career Development/Employment Counseling Academy
Program ID #381, Convention Center, Room 220
Creating Your Professional Path: Lessons From My Journey
90-Minute Session
Gerald Corey, California State University - Fullerton, Fullerton, CA
This session is based on Gerald Corey’s new book *Creating Your Professional Path: Lessons From My Journey*. Topics discussed will include turning points in the author’s personal and professional journey, the counselor as person and professional, developing a personal perspective on counseling theory and group work, becoming an ethical counselor, being mentored and mentoring others, creating a career in counseling, becoming a writer, and self-care. Questions and participation from the audience are invited.

**Saturday, March 26, 2011**
**10:30 am - 12:00 pm**

*ASGW Sponsored Session*
*Group Work Academy*
Program ID #382, Convention Center, **Room 201-202**

**Scholar Practitioners in Action: Navigating the Intersections of Group Work Scholarship and Practice**
90-Minute Session, Advanced
*Ana Puig, University of Florida, Gainesville, FL, Don Ward, Amy Nitza, Sheri Bauman, Carmen Salazar, Christopher A. Ward*

Panel members will share brief stories of integrating research into group work practice and how group work events guide research. The panel moderator will lead the audience and panel members in a group exercise to help explore their situated perspectives, thoughts, and feelings about experiences and approaches to group work scholarship and practice. You will then break into small groups led by panel members to share and discuss salient lessons, processes, critical incidents, and research experiences. A selected spokesperson will report back to the group for further discussion. Finally, panel members will provide recommendations for further study and development of effective group work research and practice.

**Saturday, March 26, 2011**
**10:30 am - 12:00 pm**

*Counseling Ethics & Legal Issues Academy*
Program ID #383, Convention Center, **Room 214**

**HIPAA Has Grown New Teeth: Update on Confidentiality, Privilege, and Privacy**
90-Minute Session, Advanced
*Anne "Nancy" M. Wheeler, Private Law Practice, Loyola, MD, Burt Bertram*

Bertram and Wheeler will introduce an updated legal/ethical decision-making model. Through use of case study, they will clarify the terms confidentiality, privilege, and privacy. Presenters will provide guidelines for responding to a subpoena and discuss the new breach notification provisions of HITECH, which update HIPAA. They will demonstrate how confidentiality, privilege and privacy interface with documentation and informed consent. Presenters will provide suggestions for counselors regarding the burgeoning use of social networking and other cyber-activities.

*APA CE Credit Available*

**Saturday, March 26, 2011**
**10:30 am - 12:00 pm**

*College Counseling Academy*

*Military Counseling Academy*
Boots to Books: The Role of the Counselor in the Transition From Soldier to Student
90-Minute Session
Danette Heckathorn, University of Arkansas, Fayetteville, AR, Josette Cline
An estimated 250,000 military veterans are expected to enroll in institutions of higher education across the nation by 2011. Is your campus ready? Among the challenges faced by returning veterans as they enter or re-enter an academic environment is attending to their academic, social, and health and wellness needs. These can run the gamut from coping with serious service-related disabilities such as amputations, traumatic brain injuries, military sexual trauma, or posttraumatic stress disorder, to balancing pressures of academic life. This session will provide an opportunity to assess your institutions’ response to student veteran needs as well as identify the next steps to developing a “veteran friendly” campus.

Saturday, March 26, 2011
10:30 am - 12:00 pm
ASERVIC Sponsored Session
Counselor Education & Supervision Academy
Spirituality and Religious Values Academy
Program ID #385, Convention Center, Room 217
Exploring the Spiritual Domain: Tools for Integrating Spirituality and/or Religion Into Counselor Education
90-Minute Session, Advanced
Stephanie F. Dailey, Argosy University, DC, Carman S. Gill, Jennifer Curry, Melanie C. Harper, Holly J. Hartwig Moorhead
Spiritual and religious involvement is a central element of many clients’ lives and has repeatedly been found to be positively related to health and inversely related to physical and mental disorders. Nevertheless, few counselors receive formal training on how to address these issues with clients. Even fewer are taught how to effectively infuse spirituality/religion into counselor curriculum or supervision. The purpose of this session is to provide you with innovative activities aimed at advancing transformative pedagogy related to spiritual competence. Come explore practical and ethical tools that counselors, educators and supervisors can use to build competence. Self-exploration and experiential methods will be emphasized.

Saturday, March 26, 2011
10:30 am - 12:00 pm
Best Practices Academy
School Counseling Academy
Program ID #386, Convention Center, Room 218
An Ecological Approach to Professional School Counseling: A New Direction in the Transformation of School Counseling
90-Minute Session, Advanced
George McMahon, University of South Alabama, Mobile, AL, Erin Mason, Nikki Daluga-Guenther, Alina Ruiz
Today's school counselors are increasingly being asked to work systemically in order to address barriers to student learning. As this trend toward systemic interventions continues, it will become increasingly important that school counselors understand and attend to the complex, interactive
relationships between students and the multiple systems in which they exist (e.g., schools, classrooms, cliques, families, neighborhoods, etc). In this session, presenters will provide a brief overview of models of ecological thinking, lead a discussion on applying an ecological perspective to current models of school counseling, and present a model for developing and implementing targeted interventions based on an ecological approach.

Saturday, March 26, 2011
10:30 am - 12:00 pm
Counselor Education & Supervision Academy
Program ID #387, Convention Center, Room 219
**Transformational Field Placement: Innovative Strategies for Promoting Counselor Identity and Improving Internships**
90-Minute Session, Advanced
Richard Ponton, Ocean Twp Human Services Department, Oakhurst, NJ, Alan Cavaiola
Field placement is the capstone experience for trainees, by which they are invited to move from student to counselor. It is the means by which the culture of our profession jumps off the pages of books and into the hearts and minds of the trainees. Therefore, all counselors have a practical and ethical stake in effective field placement experiences. This advanced program for educators, field placement supervisors, and training directors, provides an opportunity for dialogue between academicians and direct service providers as it presents a conceptual framework and practical strategies to promote a systematic approach to field placement that more effectively addresses the trainee’s professional identity development.

Saturday, March 26, 2011
10:30 am - 12:00 pm
Career Development/Employment Counseling Academy
Program ID #388, Convention Center, Room 223
**21st Century Career Counseling: It’s More Than Just Finding a Job**
90-Minute Session, Advanced
Pamelia E. Brott, Virginia Tech - Northern Virginia Center, Falls Church, VA
Become a lifestyle editor! Learn about lifestyle narratives, life roles, and story construction to uncover the client's current story and write future chapters for preferred ways of being based on motivations, interests, and abilities. Applications for adolescents and adults dealing with career transitions across the life span will address our changing definition of the working role in 21st century knowledge societies. Demonstrations of counseling techniques and case studies for review will assist you in assimilating the lifestyle editor approach in your professional practice.

Saturday, March 26, 2011
10:30 am - 12:00 pm
Group Work Academy
Multicultural Counseling Academy
Program ID #389, Convention Center, Room 212
**Blinded by the White: Teaching Whiteness and White Racial Identity Development Through Group Activities**
90-Minute Session
Tina R. Paone, Monmouth University, West Long Branch, NJ, Krista M. Malott
Addressing Whiteness and related issues of power, privilege, racism, and antiracist advocacy can be complex, difficult and dynamic! This interactive session, meant for persons of any race or ethnicity, provides an overview of a unique Whiteness group course designed and instructed by the presenters, with an opportunity for you to also exchange experiences and opinions regarding what it means to be White in this society. You will gain a better understanding of yourself as well as respectful and effective ways to work with clients of color. You will also gain knowledge and skills related to creative instruction of the topics of Whiteness and antiracist advocacy.

Saturday, March 26, 2011
10:30 am - 12:00 pm
School Counseling Academy
Program ID #390, Convention Center, Room 213
Transformative School Counseling: Developing a Resilience-based Program
90-Minute Session, Advanced
William G. Nicoll, Florida Atlantic University, Port St. Lucie, FL
The educational literature abounds with articles on transformative leadership and transformative teachers. But what of the transformative school counselor? This session will challenge, via research evidence, many of the common assumptions and practices guiding school counseling and educational practice today. An alternative, Resilience-based paradigm will be offered for developing a research supported, Transformative School Counseling program and becoming a Transformative School Counselor. Practical strategies for developing resilience in students via classroom guidance and small group counseling, resilience-focused parent and parent/teacher conferences, and the conducting of resilience-based brief counseling with students will be demonstrated.

Saturday, March 26, 2011
10:30 am - 12:00 pm
Group Work Academy
Program ID #391, Convention Center, Room 211
The Empathic WDEP System of Reality Therapy: Active, Practical, Workable Group Counseling; Demonstration and Discussion
90-Minute Session, Advanced
Robert E. Wubbolding, Center for Reality Therapy, Cincinnati, OH
“Take home” techniques and advanced skills highlight this presentation. A group counseling demonstration of research-based skills will illustrate the advanced use of the WDEP system (wants, doing, self-evaluation, planning) of reality therapy. Culture centered “tonics” and “toxins” will be discussed along with five basic human motivators as well as the uniqueness of clients’ worldviews as circumscribed by cultural experiences. You will learn to infuse multicultural competencies into group counseling using reality therapy. You will also learn several recent additions to the practice of reality therapy helpful in exploring wants and behaviors.

Saturday, March 26, 2011
10:30 am - 12:00 pm
AHC (formerly C-AHEAD) Wellness Center
Wellness Academy
Program ID #392, Convention Center, **Room R05**

**The Wellness Journey**
90-Minute Session

*Janet WindWalker Jones, Center of Health & Whole Healing, TX*

This AHC (formerly C-AHEAD) program is based in a metaphysical orientation that fosters honoring both the "me" and the "we" in all of us, in relationship and balance with all our relations. It focuses on giving, loving, serene acceptance and resolve; it demonstrates respectful behavior toward all our relations. It models ways we can modify our inward journey to bring all our relationships into balance with creation using storytelling, meditation, sharing, resolution building, and ceremony. It offers the possibility for on-going connectivity and support networking with others in the circle.

Saturday, March 26, 2011
11:30 am - 12:00 pm

*LCA Sponsored Session*

Program ID #393, Convention Center, **Exhibit Hall, Booth PS1**

**The Dilemmas of Diagnosis**
30-Minute Project/Research Poster Session

*Judith G. Miranti* avier University of Louisiana, New Orleans, LA, Kristy Brumfield

Practitioners experience ethical dilemmas when confronted with assigning a code for insurance/managed care companies. Couples and families are especially problematic since many insurance companies do not accept V codes for reimbursement. Also, it is unethical to assign an individual code in order for the client to receive reimbursement. Practitioners can be placed in a situation that could be cause for insurance fraud. This session will address these ethical dilemmas, solutions for avoiding insurance fraud, and the proper use of the current Diagnostic Statistical Manual.

Saturday, March 26, 2011
11:30 am - 12:00 pm

*ASERVIC Sponsored Session*

Program ID #394, Convention Center, **Exhibit Hall, Booth PS2**

**Utilizing Spirituality To Assuage Physical Pain**
30-Minute Project/Research Poster Session

*Shannon Ray, Nova Southeastern University, Fort Lauderdale, FL*

The experience of chronic pain is largely influenced by core schemas and cognitive processes, including those that are spiritual in nature. When those schemas are positive, they can ameliorate the experience of physical pain and related problems. The presenter will provide case examples and practical techniques for activation of assistive spiritual concepts in varied counseling settings.

Saturday, March 26, 2011
11:30 am - 12:00 pm

*AMCD Sponsored Session*

Program ID #395, Convention Center, **Exhibit Hall, Booth PS3**

**Children, War, and Trauma**
30-Minute Project/Research Poster Session
Angela Calderon, University of Florida, Gainesville, FL

Children are the primary victims in over 37 ongoing wars worldwide. Due to their involvement in armed conflict, they are killed, injured, abducted, deprived of education and health care, and left with deep emotional scars and trauma. As disasters increase worldwide, so does the need for the counseling profession to take a more participatory stand. Counselors need to focus on global social transformation to provide interventions at the individual, group, organizational, and societal levels in a manner that is both social justice-oriented and culturally competent. This session offers a case study of a Colombian adult survivor of child soldiering along with implications and recommendations for practice.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #396, Convention Center, Exhibit Hall, Booth PS4
An Experiential Learning Project: School Counselor Advocacy at the Individual, Administrative & Policy Level
30-Minute Project/Research Poster Session
Emily R. Herman, Youngstown State University, Youngstown, OH, Nicole A. Adamson, Jake J. Protivnak, Matthew J. Paylo

It is critical for school counseling students to engage in professional advocacy. This session provides an overview of an experiential learning project that addresses advocacy at the individual, administrative, and policy level. The presenters will share the process for developing a video clip featuring school children completing sentences such as my favorite thing about my school counselor is the video clip and a letter of support of school counselors were sent to government legislators and school principals during National School Counseling Week. Additional advocacy learning opportunities for school counseling students across the curriculum will be shared. You will have an opportunity to view the video.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Chi Sigma Iota Sponsored Session
Program ID #397, Convention Center, Exhibit Hall, Booth PS5
Get Up Out of Your Seat! Effects of Student Involvement on Graduate School Satisfaction
30-Minute Project/Research Poster Session
Kelsey A. Farley, University of Alabama at Birmingham Graduate Student, Birmingham, AL, Mallory R. McKee

Graduate student satisfaction is often overlooked in counselor education programs. This study seeks to evaluate the program satisfaction level of students who stretch beyond their classroom requirements and make community engagement part of their graduate school experience. Research findings will suggest opportunities to enhance the learning environment and increase levels of satisfaction for Counselor Education Students. For counselor educators and graduate students we will answer the question: Is student involvement in community engagement related to student satisfaction?

Saturday, March 26, 2011
11:30 am - 12:00 pm
Introduction to Animal-Assisted Therapy in Counseling
30-Minute Project/Research Poster Session
Leslie Stewart Shelton, Georgia State University, Atlanta, GA, Michael Leeman
Animal assisted therapy in counseling (AAT-C) is defined as the incorporation of pets as therapeutic agents into the counseling process, thus utilizing the human-animal bond in goal directed interventions as part of the treatment process (Chandler, 2005). AAT has been found to facilitate the development of a positive therapeutic alliance (Wesley, Minatrea and Watson, 2009), which is the strongest predictor of treatment success (Barber et al., 2009). In this session, the presenters aim to familiarize you with concepts and potential interventions surrounding AAT so that you can be informed aids to clients who might benefit from the technique.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Validity and Reliability Evidence of the Intercultural Sensitivity Scale for Turkish University Students
30-Minute Project/Research Poster Session, Advanced
Nur Cayirdag, Middle East Technical University, Ankara, AE
The aim of this study is to present the validity and reliability evidence of the Intercultural Sensitivity Scale for Turkish students based on a sample of 633 university students. Construct validity evidence will be provided via confirmatory factor analysis. Cronbach alpha estimation will be applied in order to calculate the internal consistency of the scale. Presenters will also discuss the usefulness of this information for higher education counseling services in the US. It helps counselors to have adequate knowledge to understand the worldview and needs of these students, and develop appropriate intervention strategies accordingly. Additionally, that instrument can increase clients’ self-awareness about their own cultural sensitivity.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Factors Affecting College and Graduate Students Who Experience Psychological Distress: Empirical Findings and Treatment
30-Minute Project/Research Poster Session
Charlotte R. Hamilton, Webster University, Columbia, SC
This session will define psychological distresses in college and graduate students on a local college campus. Factors leading up to psychological and emotional breakdowns are discussed. Additionally, how to recognize the warning signs from students and how to assist in matters of concerns will be discussed and current research will be presented.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Redefining Anger Management With Underserved Populations: A Leadership Driven Anger Management Group With Latino Youth
30-Minute Project/Research Poster Session

Isaac Burt, Long Island University, Brookville, NY, Samir H. Patel, Tiphanie Gonzalez, Tabitha L. Young

Research indicates that group specialists and school counselors encounter specific difficulties when working with traditionally underserved cultural populations, such as Latino and Black youth. In order to increase the effectiveness of traditional methods, this session introduces a leadership driven model into school-based anger management groups. Based on social cognitive theory, this integrative design potentially reduces aggression while increasing leadership in underserved, angry youth.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Program ID #403, Convention Center, Exhibit Hall, Booth PS11

Disaster Mental Health: The Impact of Traumatic Events on College Faculty

Kimberly Nicole Frazier, Clemson University, Clemson, SC

Traumatic events in various settings are becoming less of a phenomenon and more common in the landscape of the world both nationally and internationally. The importance of conducting disaster mental health counseling in order to meet the needs of those impacted by these traumatic events is imperative. Counseling professionals need to be familiar with the symptomology that manifests for clients after experiencing traumatic events and to be able to better select effective interventions for this specific clientele. Presenters will present research conducted following the traumatic event of hurricane Katrina and the need for disaster mental health counseling following traumatic events.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Program ID #404, Convention Center, Exhibit Hall, Booth PS12

Wellness Factors Related to the Success of Minority Female Faculty in Counselor Education Programs

Ann Shillingford, College of Williams & Mary, Williamsburg, VA, Shannon Trice-Black

Career dissatisfaction has been found to be associated with anxiety, stress, and burnout. Wellness has been defined as a holistic approach integrating body, mind, and spirit and incorporates the process of optimal functioning of the mental, physical, and spiritual health, thus the ability to combating counselor burnout and/or impairedment. This session focuses two very important aspects: What are the most prominent challenges for minority women counselor educators that may lead to stress and burnout? And what wellness factors are significant to the success of minority women faculty in counselor education programs? In essence, can the wellness factors of minority female counselor educators contribute to faculty retention.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Program ID #405, Convention Center, Exhibit Hall, Booth PS13

The Carolina Connection: Identifying Critical Needs of Students With Disabilities at Minority Serving Institutions
Persons with disabilities entering post-secondary education is increasing. African American students with disabilities who manage to make it to college aware of their disability, services can make a difference in whether the student successfully reach graduation. Understanding the unique needs of minority students with disabilities is critical to their educational success. There is relatively little research in the current literature on African American students with disabilities and support services at HBCU’s. This session will provide a very comprehensive review of disability support services and identify unique issues. A model program will be presented for HBCUs and minority serving institutions disability support services.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Program ID #406, Convention Center, Exhibit Hall, Booth PS14
Understanding Eating Attitudes, Behaviors, and Body Image in African American Women: A Qualitative Study
Regine M. Talleyrand, George Mason University, Fairfax, VA, Jewelle Daquin, Amanda Dawn Gordon

Given the high rates of overweight and obesity in African American women and the underrepresentation of African American women in the eating disorders literature, it is imperative to gain an understanding of the relationship between food and appearance in African American women. This session will present findings from a qualitative study that examined African American women’s concerns with eating attitudes, behaviors, and body image. In addition, research implications and culturally relevant counseling strategies will be presented and discussed.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Program ID #407, Convention Center, Exhibit Hall, Booth PS15
Cyberbullying: What School Counselors Know and Need To Learn To Address the Dark Side of Social Networking and Technology
Scott Schaeﬂe, University of Colorado at Denver, Denver, CO, Jesica Lingo, Jennifer Cates

Recent advances technology have given bullies a new avenue of attacking, 24 hours a day, through social networking websites, cell phones, and e-mail, collectively referred to as cyberbullying. Given that bullying prevention falls to the school counselor, are school counselors educated and prepared to prevent and intervene in instances of cyberbullying? School counselors (N = 189) were surveyed to ascertain four main areas of knowledge: cyberbullying prevalence at each school, knowledge of cyberbully characteristics, knowledge of legal recourse and school policy regarding victims of cyberbullies, and technological knowledge of different medias used by a cyberbully. Implications and suggestions for practice and training will be discussed.
Program ID #408, Convention Center, Exhibit Hall, Booth PS16
Treatment of Binge Eating in Adolescent Girls: A Sociocultural Perspective
30-Minute Project/Research Poster Session, Advanced
Laura Choate, LSU, Baton Rouge, LA
Today’s adolescent girls experience sociocultural pressures and life stressors which result in negative mental health outcomes, including binge eating. The purpose of this session is to present a model for counseling adolescent girls who engage in binge eating. The components in this model include: Feminist Therapy to emphasize client empowerment and the importance of sociocultural context in understanding girls’ concerns; Cognitive Behavior Therapy to help clients to eliminate dieting and to cope with pressures for attaining the beauty ideal; Dialectical Behavior Therapy to assist clients in coping with emotions; and Interpersonal Therapy to help clients improve relational transitions and disputes.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Program ID #410, Convention Center, Exhibit Hall, Booth PS18
The Development and Validation of the School-Based Counseling Self-Efficacy Scale
30-Minute Project/Research Poster Session
Erica Boughfman, Ozark Guidance Center, Springdale, AR, Dan Kissinger
This session will provide information about the development and initial validation of the School-Based Counseling Self-Efficacy Scale (SB-SES). The SB-SES is an instrument designed to measure counseling self-efficacy specific to the roles and responsibilities of school-based counselors. Information about the psychometric properties of the SB-SES will be presented. Additionally, the potential uses for the SB-SES and the implications for supervisors, counselors, counselor educators, and agency personnel will be discussed.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Program ID #411, Convention Center, Exhibit Hall, Booth PS19
Predicting Licensed Mental Health Professionals’ Inclusion of ASERVIC Competencies in Clinical Practice
30-Minute Project/Research Poster Session, Advanced
Michelle J. Cox, George Fox University, Salem, OR, Shannon Madsen, Noelle Lantz, Rebecca Barden
Little research is available assessing the effects of spiritual integration in counselor education on the incorporation of spiritual integration in clinical practice. Bronfenbrenner's Ecosystemic Theory provides the foundation for the hypothesis that the more realms of life in which clinical mental health professionals experience spiritual integration, the greater the likelihood they will adhere to the ASERVIC competencies in clinical practice. For the purpose of this study those realms, or what Bronfenbrenner would call mesosystems, included family, church, school, work, volunteer activities, social and peer group activities, and professional membership activities. 468 licensed Oregon clinicians responded to the survey.

Saturday, March 26, 2011
11:30 am - 12:00 pm
Examining the Need for Graduate Level Training in School Counseling
30-Minute Project/Research Poster Session
Randall Astramovich, University of Nevada, Las Vegas, Las Vegas, NV, Wendy J. Hoskins
Throughout the history of the school counseling profession, the roles and functions of school counselors have been debated. This session will explore the level of training necessary to perform various functions proscribed by prominent models of school counseling practice. Presenters will help distinguish duties that require master’s level training from those that may not require graduate level training. Presenters will also discuss how role diffusion may affect the ability of school counselors to provide counseling services. Implications for the school counseling profession will be discussed along with ways practitioners can emphasize counseling in their practice.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
ACES Sponsored Session
Program ID #413, Convention Center, Exhibit Hall, Booth PS1
The Current State of Substance Abuse Training: A Survey of CACREP-Accredited Programs
30-Minute Project/Research Poster Session
Tiffany Lee, Western Michigan University, Kalamazoo, MI
This session will present results from an investigation which examined the current status of substance abuse training among CACREP-accredited programs and methods by which counselor education programs will integrate the new substance abuse competencies outlined in the new 2009 CACREP standards. A questionnaire will be given at the beginning of the session. A discussion will follow regarding attendees' training during their master's program and their current knowledge of substance abuse issues. A presentation of the research findings will follow. You will be given an informational packet pertaining to the substance abuse training knowledge and skills which are now required for graduates of CACREP-accredited programs.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
ASGW Sponsored Session
Program ID #414, Convention Center, Exhibit Hall, Booth PS2
Teaching Group Leadership Effectively to Master’s Students Through a Required Two-Course Sequence
30-Minute Project/Research Poster Session, Advanced
Alicia M. Homrich, Rollins College, Winter Park, FL, Derrick A. Paladino, Samuel Sanabria
Group work taught in counselor education programs requires students to complete a course of study to fulfill CACREP standards. Curriculum typically addresses all necessary aspects in one course. This session presents a model of teaching group work and group leadership over two required courses: Introductory and Advanced (3 credits each). This approach allows students to experience group work both as a member and as a leader. This model more effectively and actively develops students leadership skills through practice prior to their fieldwork experience than a single course experience. Curricular content, rationale, and specific pedagogical strategies have contributed in a higher level of group leadership efficacy in students.
Saturday, March 26, 2011
12:30 pm - 1:00 pm
Chi Sigma Iota Sponsored Session
Program ID #415, Convention Center, Exhibit Hall, Booth PS3
Answering the Call to Action: The Efficacy of a Tri-prong Approach to Professional Advocacy
30-Minute Project/Research Poster Session
Jessica M. Lloyd, College of William & Mary, Williamsburg, VA, Cailey Binkley, Ashley Burrell, Karen Grabowski
The need for professional advocacy is clear. This session represents the Omega Mu Chapter's response to this important call to action. Chapter-wide initiatives related to professional advocacy will be highlighted. These include monthly email blasts, an organized Letter Writing Day, and participation in a state-wide Legislative Day. Photographs, sample letters, and survey results will be displayed. You will also be provided with resources to contact local legislators.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Chi Sigma Iota Sponsored Session
Program ID #416, Convention Center, Exhibit Hall, Booth PS4
Global Outreach to Gulu, Uganda: Graduate Counseling Students Experiences in Clinical Leadership, Networking, and Training
30-Minute Project/Research Poster Session
Melissa M. Moore, Community Services of Stark County, Canton, OH, Michael P. Tolloti, Melissa L. Walinski, Ruthann S. Anderson
The Walsh University counselor education program (with sponsor assistance for students from the CSI Alpha Mu chapter) is working to provide graduate counseling students with global experiences in clinical leadership, networking and training. As a part of an educational outreach to Gulu, Uganda, a group of counseling students/faculty facilitated training for Gulu participants in counseling skills. Graduate students had the opportunity to promote the expansion of counseling as a profession in Uganda, as this region recovers from years of internal war. Display includes information about Northern Uganda and the skills trainings, the status of counseling as a profession in Uganda, and insights/thoughts of the participating counseling students.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #418, Convention Center, Exhibit Hall, Booth PS6
Strengthening the Links to Our Future: Incorporating Mindfulness To Improve Parent-child Attachment
30-Minute Project/Research Poster Session, Advanced
Kristin Stewart, Kent State University, Kent, OH
Being a parent is a challenging, overwhelming, and exciting undertaking that many of our clients face on a daily basis. Teaching mindfulness skills to parents is a new and exciting area of research that shows promising effects on the parent-child relationship. This session will explore how mindfulness concepts are being integrated into parenting skills to create mindful parenting
practices. You will receive a review of the cutting edge research on mindful parenting and its implications on parent-child attachment. Clinicians attending will learn how to incorporate mindful parenting skills into their work with clients as well as the benefits of incorporating mindfulness into their wellness plan for their personal self-care.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #419, Convention Center, Exhibit Hall, Booth PS7
The Constructivist Resume: Promoting the Career Adaptability of Graduate Students in Counseling Programs
30-Minute Project/Research Poster Session, Advanced
Mark B. Scholl, East Carolina University, Greenville, NC
The presenters describe the Constructivist Resume, an original four-session model developed to promote professional identity development and career adaptability (i.e., concern, curiosity, confidence, and control) in students completing graduate-level counselor training programs. The authors discuss underlying theories including Peavy's (1998) SocioDynamic Model, and their application to career counseling. They also provide a detailed case illustration, and sample constructivist resumes produced by graduate students in counseling programs. Finally, they make practical recommendations for effective implementation, and note the advantages and limitations of the approach.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #420, Convention Center, Exhibit Hall, Booth PS8
The Complete Proposal: Integrating IRB Requirements Into the Research Proposal Development Process
30-Minute Project/Research Poster Session
Carol Doyle, Lewis & Clark College, Portland, OR
The approval of research projects using human participants by an IRB is a federal mandate and ethical requirement of the ACA. However, too often this process is considered an add-on to a research proposal rather than a vital component of the research proposal itself. This education session provides in depth information regarding the basic components of an IRB application and the ways consideration and integration of these components throughout the conceptualization of a research project may lead to the development of a stronger, more ethically sound research proposal.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #421, Convention Center, Exhibit Hall, Booth PS9
Grief as a Ubiquitous, Yet Unique Phenomenon Across the Lifespan
30-Minute Project/Research Poster Session
Vincent S. Viglione, Montclair State University, Montclair, NJ, Kathleen Mangano
The session will include specifics on the developmental course of grief, loss, bereavement and recovery. Objectives are designed to increase the understanding of the process of grieving and bereavement as a state and recovery as an objective. The following concepts and strategies will be presented: common questions and misconceptions from the perspective of the bereaved;
expected timeframes; factors affecting bereavement; positive and negative coping styles; physical, cognitive, emotional, behavioral and spiritual responses; four tasks of mourning; means of support; methods of support and available resources; and discussion.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #422, Convention Center, Exhibit Hall, Booth PS10
A Matter of Faith: A Qualitative Study With Evangelical Christians
30-Minute Project/Research Poster Session
Monica A. Polonyi, Sam Houston State University, Huntsville, TX
Spirituality and religion have been determined to be essential for many clients in counseling, particularly for the evangelical Christian population. This phenomenological study examined the meaning of faith through the eyes of evangelical Christians. An overarching meaning was discovered, as well as, four emerging and consistent themes. Results of this study will be outlined and you are invited to share your perspective on the topic. Future research, ethical considerations, and implications for counselors will be highlighted.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #423, Convention Center, Exhibit Hall, Booth PS11
Exploring Burnout Syndrome in Licensed Mental Health Counselors and Registered Mental Health Counselor Interns
30-Minute Project/Research Poster Session
Kyle D. Baldwin, Private Practice, Altamonte Springs, FL
Mental Health Professionals interested in learning about Burnout Syndrome may wish to review a dissertation research study conducted with Licensed Mental Health Counselors and Registered Mental Health Counselor Interns in Florida. Burnout Syndrome is the result of chronic job-related stress and symptoms include emotional and physical exhaustion, a lack of personal accomplishment, and a depersonalization of clients. This session will provide an overview of a research study on Burnout Syndrome and identify job-related stressors for Mental Health Professionals. Handouts will include a list of symptoms associated with Burnout Syndrome, healthy coping strategies and recommendations for further reading.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #424, Convention Center, Exhibit Hall, Booth PS12
Counseling and Criminal Justice for Women: Deconstructing the Prison Crucible
30-Minute Project/Research Poster Session
Claire Wooloff, Montclair State University, Montclair, NJ
In an era where the rate of incarceration of women reached an all time high in the United States, counselors in all fields are confronting situations that few have been trained for -- addressing concerns of clients who are involved with the criminal justice system. Increasingly, counselors in training, regardless of clinical or educational setting, have reported on the challenges of working with students emerging from juvenile detention; incarcerated parent(s); and persons on parole or probation in clinical or educational settings. Using data from a study of 250 incarcerated women
in New Jersey, presenters will report on their false learn how to address issues specific to clients who live 'under supervision.'

**Saturday, March 26, 2011**
**12:30 pm - 1:00 pm**
Program ID #426, Convention Center, Exhibit Hall, Booth PS14
**Using Web 2.0 Technologies in Counseling: Possibilities and Pratfalls**
30-Minute Project/Research Poster Session
*Caroline S. Booth, North Carolina A & T State University, Greensboro, NC, Shirlene Smith-Augustine*

Social networking and other Web 2.0 technologies appear to be dominating popular culture. Counselors do not want to be left behind but many are confused and unsure of how to integrate these applications into their professional practice. This session will highlight the possibilities and pratfalls inherent in using Web 2.0 technologies. Content will include live demonstrations, case examples, discussion, and potential ethical issues. Facebook, Twitter, YouTube, SecondLife, and other applications will be discussed.

**Saturday, March 26, 2011**
**12:30 pm - 1:00 pm**
Program ID #427, Convention Center, Exhibit Hall, Booth PS15
**Content Analysis of the Professional School Counseling Journal: 1997-2007**
30-Minute Project/Research Poster Session
*Lia Falco, University of Arizona, Tucson, AZ*

A content analysis of the articles published in the Professional School Counseling (PSC) journal was conducted for a 10 year period, beginning in 1997 when The School Counselor merged with Elementary School Counseling and Guidance. A total of 613 articles were coded into 20 content categories. Findings are reported for the frequency of article types, methodology, topics, populations discussed, and author sex and institutional affiliations. Findings indicate that the most frequently published articles are practice or conceptual (vs. research) and focused on professional issues.

**Saturday, March 26, 2011**
**12:30 pm - 1:00 pm**
Program ID #428, Convention Center, Exhibit Hall, Booth PS16
**Narrative Approaches to Externalization of Problems: Beyond the Oppression/Liberation Metaphor**
30-Minute Project/Research Poster Session
*Rudy Buckman, Southern Arkansas University, Magnolia, AR*

Narrative therapy has provided counselors a unique approach to working with problems: externalization. Externalization describes problems as being external characters who oppress clients and therapy as process in which clients fight against being oppressed by problems. Although externalization has been successfully applied to numerous types of problems, the oppression/liberation metaphor inherently restricts counselors to a patriarchic and culturally bound view of problem-solving as having power over problems. This session will address
limitations of the oppression/liberation metaphor by exploring metaphors that are sensitive to and resonant with the client’s preferred descriptions and culture.

**Saturday, March 26, 2011**
**12:30 pm - 1:00 pm**
Program ID #429, Convention Center, *Exhibit Hall, Booth PS17*

**Pre-, Peri-, and Post-migration Experiences and Adjustment of Adolescent Refugees in the U.S.: Implications for Counselors**
30-Minute Project/Research Poster Session
Bellah Kiteki, *The University of North Carolina at Greensboro, Greensboro, NC*

The ongoing wars and political conflicts around the world has contributed to a mass migration of many civilians seeking refuge in developed countries. These civilians include refugees fleeing their home countries for safety. It has been estimated that nearly half of the world's 42 million people forcibly uprooted from their homelands are children and adolescents under the age of 16 years (UNHCR, 2008; UNHCR, 2006). Pre-, peri, and post-migration experiences may adversely impact adjustment of adolescent refugees in resettlement. Therefore, it becomes urgent for service providers to have a working knowledge of these experiences in order to better serve this population. Implications for practice also will be presented.

**Saturday, March 26, 2011**
**12:30 pm - 1:00 pm**
Program ID #430, Convention Center, *Exhibit Hall, Booth PS18*

**Post-master’s Clinical Experience and the Pursuit of CES Doctoral Degrees: A Survey of the Field**
30-Minute Project/Research Poster Session, Advanced
*Nancy Bodenhorn, Virginia Tech, Blacksburg, VA, Nadine Hartig, Jesse Lile, Corrine Sackett*

How much counseling work experience is needed before applying for doctoral programs? This session presents research results from faculty, doctoral students, and faculty job announcements regarding post-masters counseling experience. Are you interested in applying for doctoral programs? Come to learn if you have the required or preferred background for doctoral studies and why recent students think this background is important to their success. Are you or will you be an advisor to master’s students? Come to learn how your advice to students compares to a national standard, and how you can provide appropriate advice. Are you or will you be a CES faculty member? Come to compare your admission and hiring policies with a national standard.

**Saturday, March 26, 2011**
**12:30 pm - 1:00 pm**
Program ID #431, Convention Center, *Exhibit Hall, Booth PS19*

**Using Strength Cards to Elicit and Develop Client and Counselor Strengths**
30-Minute Project/Research Poster Session
*Teri Reuter, Strength-Centered Counseling, Orlando, FL*

Do you have the strengths you need to overcome the obstacles in your life? Do you overuse the same methods to face your struggles? This session will introduce you to a new tool for eliciting and developing your own and your clients' strengths. Strength Cards help do more than rely on the usual, sometimes overused, methods for solving problems. You can help your clients to discover strengths that may be hiding under the surface and to develop these to meet life
challenges and gain resiliency for facing future adversity. You will receive a set of Strength Cards and will have the opportunity to use Strength Cards to identify your already present strengths and to discover your opportunities for continued growth as a counselor.

Saturday, March 26, 2011
12:30 pm - 1:00 pm
Program ID #432, Convention Center, Exhibit Hall, Booth PS20
Wellness Approaches in Supervision
30-Minute Project/Research Poster Session
Cassandra Storlie, University of Iowa, Iowa City, IA, Carol Klose Smith
In a 2004, ACA conducted a survey on counselor impairment. The task force found that 63% counselors surveyed have known a counselor they would consider impaired (ACA, 2009). The study showed, in most cases, the impaired counselor did not receive disciplinary action (77.8%) or therapeutic intervention (73.7%). Seventy-five percent of counselors surveyed believe that impaired counselors present a significant risk to the counseling profession. As gatekeepers to the profession, counselor educators and clinical supervisors have the challenging task of promoting wellness in students and clinical staff. This session will focus upon the prevention of counselor impairment through the advocacy of wellness within the supervisory relationship.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Military Counseling Academy
Program ID #433, Convention Center, Room 203-205
Bridging the Ocean: A Children and Family Perspective on Combat-Related PTSD and the Journey Toward Healing
90-Minute Session, Advanced
Sarah A. Sevedge, Northwest Washington Counseling Alliance, Colville, WA, Steven C. Pote
This session will provide a children and family perspective on healing from combat-related PTSD. The heart of this session will be a holistic model that relies on a spiritual foundation that assists clients in traveling this journey of healing as a family. This model incorporates Native American wisdom and healing techniques. It is a multimedia presentation incorporating power point and video footage. You will work through vignettes that make the model come alive so as to be applicable in practice following the conference.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Program ID #434, Convention Center, Room 206
Creative Techniques That Work: Using Props, Chairs, and a Whiteboard To Access More Parts of the Brain
90-Minute Session, Advanced
Ed E. Jacobs, West Virginia University, Morgantown, WV, Chris Schimmel
This active, fast moving session will focus on simple, practical creative techniques that can be used with a wide range of clients. Creative techniques will be demonstrated that focus on issues such as low self-esteem, anger, guilt, abuse, and addiction. Emphasis will be placed on working with difficult case situations and with clients who are mandated into counseling by a judge, principal, or some other authority. Our goal is for you to see counseling in a slightly different
way. Creative techniques linked to major counseling theories will be shown. We want you to walk out with at least 15 new ideas and a desire to be more creative in your practice.

**APA CE Credit Available**

**Saturday, March 26, 2011**
2:00 pm - 3:30 pm  
*Chi Sigma Iota, Int’l Sponsored Session*
Program ID #435, Convention Center, **Room 215-216**

**Effectively Working With State Counseling Regulatory Boards: What Counselors Need To Know and Do!**  
90-Minute Session  
*Victoria White Kress, Youngstown State University, Youngstown, OH, June Williams*

This session will address the interests of counselors interested in understanding the workings of state regulatory boards and how they relate to contemporary professional counseling matters. Issues such as scope of practice and portability will be addressed in the context of state laws and regulatory boards. What counselor educators, counselors, and students in preparation programs need to know to help strengthen counselors’ practice and advocate effectively for our profession’s future will be discussed.

**Saturday, March 26, 2011**
2:00 pm - 3:30 pm  
*Presidential Featured Session*
Program ID #436, Convention Center, **Room 210**

**The Role of ACA in Advancing a Global Mental Health Agenda**  
90-Minute Session, Advanced  
*Yegan Pillay, Ohio University, Athens, OH, Jane Webber, Courtland Lee, Cirecie West-Olatunji, Lynne Gabriel*

Counseling is evolving as a bona fide discipline globally. Attendees, representatives from ACA divisions and international counseling leaders are invited to this interactive session. The objectives are to examine the collaborative role that ACA can play in developing a global mental health agenda for mental health professionals; to engage in dialogue, with the intention of identifying and understanding the unique professional objectives of counselors globally; and to constitute a core working group with purpose of developing a white paper which highlights a 5 year strategic plan that will guide the efforts of the International Committee and other entities within ACA to advance the global mental health agenda.

**Saturday, March 26, 2011**
2:00 pm - 3:30 pm  
*Counselor Education & Supervision Academy*
Program ID #437, Convention Center, **Room 207**

**Removing the Masks: Exploring the Self Awareness, Personal Growth, Cognitive, and Moral Development of Graduate Students**  
90-Minute Session  
*Julaine Field, University of Colorado at Colorado Springs, Colorado Springs, CO, Joseph Wehrman, David Fenell, Rhonda Williams, Jacqueline L. Flanagan, Michelle Bull*
The 2009 CACREP standards and the Ethical Standards of ACA both require that graduate programs evaluate the personal development of counseling students to ensure that self aware, ethical practitioners are employed as helping professionals. Despite these requirements, there is limited research to suggest what constitutes “effective” self awareness and personal growth among counselors in training. What deliberate interventions assist students with developing the necessary moral reasoning and cognitive complexity to 'know themselves'? This interactive, research based session will address specific practices used by a counselor training program to enhance self awareness, personal growth, cognitive and moral development among students.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
ACC Day of Learning
Couples & Family Counseling Academy
Program ID #438, Convention Center, Room 208
Using the Enneagram in Relational Counseling: Helping Couples Reconnect
90-Minute Session
Thelma Duffey, The University of Texas at San Antonio, San Antonio, TX, Shane Haberstroh
The Enneagram Personality Typology is a powerful tool for self-discovery. When used in a relational context, this approach can help couples gain deeper awareness of themselves and understanding of their partners. Counselors can use this tool to facilitate greater understanding and cooperation between invested partners. The Enneagram provides a framework and strategies for personal and relational growth. In this session, you will learn about the basics of the Enneagram, and see how these strategies in action.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
ALGBTIC Day of Learning
LGBT Academy
Program ID #439, Convention Center, Room 209
Counseling LGBTQ Clients: Techniques, Homework, and Activities for Working With Adults
90-Minute Session, Advanced
Megan M. Mahon, Heidelberg University, Tiffin, OH, Tara Hill, Amber Lange
Counseling sexual and gender minorities can be challenging for a counselor with limited knowledge on the unique issues and needs that these clients present with. This session will provide you with specific techniques for working with Lesbian, Gay, Bisexual, Transgendered and Questioning clients. The focus will be on Affirmative Counseling and how it can help facilitate the LGBTQ client’s expression of feelings, personal decision-making, and true acceptance.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
ARCA Sponsored Session
Rehabilitation Counseling and Disability Issues Academy
Program ID #440, Convention Center, Room 222
The 2010 CRC Code of Ethics One Year Later: Insight and Impact on Ethical Practice
90-Minute Session, Advanced

Lorie J. McQuade, Rehabilitation Management Services, Inc., Houston, TX, Nancy Favaloro

The ten most significant changes within the 2010 CRCC Code of Ethics will be detailed with participants. Through interactive presentation you will become familiar with how the 2010 CRC Code of Ethics changes impact rehabilitation counselors and trends in advisory opinions since the launch of the 2010 Code. Tools to assist counselors in providing client services through ethical decision-making and practice will be discussed and the role and function of the CRCC Ethics Committee reviewed as another resource for ethical guidance. This session will also allow counselors an opportunity for discussion and exchange of ideas with CRCC Ethics Committee members and colleagues.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
CSJ Day of Learning
Group Work Academy
Social Justice Academy
Program ID #441, Convention Center, Room 221


90-Minute Session, Advanced

Anneliese A. Singh, University of Georgia, Athens, GA, Gerald Corey, Carmen F. Salazar, H. George McMahon, Marc A. Grimmett, Jonathan Orr, Deryl Bailey

This session is designed to promote group counseling and leadership best practices from a multicultural-social justice perspective. In doing so, the presenters will facilitate a live demonstration of a group that is grappling with social justice issues within a culturally diverse context. After discussing the group members’ reactions of this simulated group process, you will be invited to raise questions and offer comments about the approaches that were demonstrated in the role play. The presenters will also offer additional strategies for promoting social justice interventions in group counseling and leadership training situation. Handouts will be provided.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
ACA Author Session
Counselor Education & Supervision Academy
Program ID #442, Convention Center, Room 220

Experiential Activities for Teaching Multicultural Competence in Counseling

90-Minute Session

Mark Pope, University of Missouri, St. Louis, MO, Joseph Pangelinan, and Angela Coker

Best practices for teaching multicultural competence in counseling requires both specialized multicultural counseling courses along with the infusion of multicultural education throughout the core counselor education curriculum. This interactive session highlights creative, thought-provoking, and challenging multicultural activities designed to increase students’ awareness, knowledge, and skills regarding human diversity.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
LCA Sponsored Session
Mental Health/Private Practice Academy
Program ID #443, Convention Center, Room 201-202
Snatching Failure From the Jaws of Success: Treating Self-defeating Behavior
90-Minute Session, Advanced
Justin E. Levitov, Loyola University, New Orleans, LA, Ellen S. Levitov
Successful interventions for self-defeating behaviors demand a unique therapeutic alliance and an appreciation for the forces that produce them. This session explores the pattern, its etiology and offers serviceable treatment options.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Counselor Education & Supervision Academy
Spirituality and Religious Values Academy
Program ID #444, Convention Center, Room 214
Barriers To Integrating Religion and Spirituality Into Counselor Education: Implications for Practice, Training, and Supervision
90-Minute Session, Advanced
Christopher M. Adams, East Carolina University, Greenville, NC, Ana Puig, Adrienne Baggs, Cheryl Pence Wolf
Religion and spirituality (RS) are often important parts of clients’ cultural heritages, backgrounds, and identities. Surveys show that most Americans are RS-oriented and express a desire to discuss RS issues in counseling. Therefore, counselors need to be prepared to address these with clients. Despite numerous calls to include RS into counselor education, graduate programs continue to inadequately train students to address these. This session outlines results of a study conducted to examine potential barriers to integrating RS issues into counselor education, identifies possible strategies for overcoming these, and addresses ways for counselors, counselor educators, and supervisors to better integrate RS into their work.

APA CE Credit Available

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Multicultural Counseling Academy
Program ID #445, Convention Center, Room 224
Abriendo Puertas: Issues and Considerations in Counseling Spanish-speaking Clients
90-Minute Session
Hannah Barnhill Bayne, Old Dominion University, Norfolk, VA, Nial Quinlan
Spanish-speaking individuals make up an increasing segment of the U.S. population, yet face many barriers in their access to effective counseling (Anez et al., 2008). Clinical issues can be a complex blend of cultural, lingual, psychological, and legal concerns. To ensure effective treatment, counselors must understand how these many concerns interact. This session will prepare counselors to respond to the needs of this population by presenting information on Spanish-speaking cultures, cultural transitions, issues of language, immigration and visa concerns, the need for advocacy on multiple levels, treatment options best suited for therapy, and opportunities for outreach and client retention.
Saturday, March 26, 2011
2:00 pm - 3:30 pm
Counseling Ethics & Legal Issues Academy
Program ID #446, Convention Center, Room 217
Ethics and Technology
90-Minute Session, Advanced
Laura Hahn, Cognova Consulting, Inc., Atlanta, GA
Wondering how to best use technology in your counseling practice? Using the NBCC and ACA Ethics Codes as a foundation, this session will focus on a variety of topics ranging from advertising and public statements to confidentiality and mandated reporting. Focus will be on sections of the ethics codes that refer explicitly to “electronic transmissions” and use of technology. Ethics content areas will include informed consent, confidentiality and privacy, public statements and disclosures, and boundaries and conflicts of interest. These areas will be discussed with respect to Internet practices such as the use of email, blogs, websites, social networks, and online counseling.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Program ID #447, Convention Center, Room 218
Forensic Counseling: How Licensed Counselors and the Family Law Legal System Work Together
90-Minute Session
Virginia Allen, Idaho State University, Pocatello, ID
Learn to be an effective advocate as a Forensic Counselor through case examples, audience participation and lecture. There is money to be made, clients, attorneys and the court system to be helped by the expertise provided by Licensed Counselors working within the court system.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Addictions Academy
Program ID #448, Convention Center, Room 219
Grief and Loss in Addiction: What Counselors Need to Know to Help Clients Cope
90-Minute Session
Julie K. Bates, The Pennsylvania State University, University Park, PA, Brandon Hunt
Individuals with substance abuse and addiction issues often face multiple grief and loss experiences. Examples include divorce, chronic illness, domestic violence, death, incarceration, possible military-related violence, family conflicts, and employment and/or financial concerns. Additionally, one must consider pre-addiction loss, losses connected to the addiction, and treatment-related loss. During the recovery process, the grief associated with these losses has the potential to be overlooked for more immediate health and safety concerns. Content will be presented that addresses each of these loss areas with a focus on how to help clients cope. Relevant theories, client exercises, and grief and loss assessments will also be presented.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Couples & Family Counseling Academy
Program ID #449, Convention Center, Room 223
When Aging Loved Ones Need Our Care: An Adlerian Approach for Preserving Everyone’s Sanity
90-Minute Session, Advanced
Radha Janis Horton-Parker, Old Dominion University, Norfolk, VA, Elizabeth Marie Koivisto, Susan V. Lester
Caring for an older adult can be demanding, regardless of the setting. As elders age, their sense of belonging can be compromised, resulting in behaviors that are taxing for their adult children or caregivers. Using Adlerian theory and techniques, the presenters offer strategies for working with this growing population. Via lecture, video vignettes, and experiential exercises, you will learn techniques for understanding and assisting the older adult population.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Counselor Education & Supervision Academy
Program ID #450, Convention Center, Room 212
The Importance of Counselor Professional Identity in Counselor Preparation Programs: A Panel Discussion
90-Minute Session
Samuel T. Gladding, Wake Forest University, Winston-Salem, NC, Anita Engstrom Jones, Francis A. Martin, Adam Wall
The panelists will address their perceptions of the role of counselor professional identity in preparation programs, in relation to the increased emphasis on counselor identity in the CACREP 2009 Standards, state and federal initiatives impacting the work of professional counselors, and the on-going development of the counseling profession. The panelists will present a range of perspectives, including those of student, practitioner, educator, advocate and leader.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Best Practices Academy
Program ID #451, Convention Center, Room 213
Premenstrual Dysphoric Disorder: Controversial History, New Research Findings, Treatment and Proposed Changes to the DSM-V
90-Minute Session
Melanie Morlan, Gonzaga University, Spokane, WA, Teri Schmehl, Tracy L. Green, Kathryn A. Anderson, Robi A. Fairbanks
It is estimated that upwards of 80% of those who seek counseling services are female. Of those, a good percentage struggle with issues related to the menstrual cycle. Many of those issues have to do with premenstrual emotional, mental, and behavioral difficulties that can be at least partially alleviated with effective treatment. This session aims to detail the history of Premenstrual Dysphoric Disorder (PMDD), illustrate the symptoms of PMDD, provide foundation for best practice treatment for PMDD, and give a glimpse into the proposed changes in the DSM V for PMDD. A well prepared PowerPoint and clinical vignettes will be utilized to reach the presentation objectives in an engaging yet informative manner.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
Program ID #452, Convention Center, Room 211
Federal Policies Affecting Counselors: How Can They Be Changed?
90-Minute Session
Scott Barstow, American Counseling Association, Alexandria, VA, Dominic Holt
Counselors are affected every day by federal and state programs and policies. Learn what’s being done to increase public support for recognition of counselors, and why it is vitally important that counselors become advocates for their profession. This combination training and legislation update session will be led by ACA’s professional lobbyists.

Saturday, March 26, 2011
2:00 pm - 3:30 pm
AHC (formerly C-AHEAD) Wellness Center
Wellness Academy
Program ID #453, Convention Center, Room R05
Yoga for Everyone
90-Minute Session
Bernadine Craft, Sweetwater BOCES, Rock Springs, WY
Yoga is for Everyone, regardless of age or physical condition. This session will experientially introduce participants to basic Hatha yoga techniques. These techniques can easily be incorporated into everyday life, reducing stress and enhancing well being. You will experience a variety of breathing, relaxation, stretching and limbering techniques, all of which have been designed to develop flexibility and promote physical and mental health. Dress comfortably and prepare to have fun while learning how to combat "stress mess" in your life!

Saturday, March 26, 2011
2:30 pm - 3:00 pm
ACEG Sponsored Session
Program ID #454, Convention Center, Exhibit Hall, Booth PS1
Left Behind: The Experiences of Army Wives During Deployment
30-Minute Project/Research Poster Session
Jennifer L. Sztalkoper, Leisure Lifestyles, Columbus, GA
This session will examine on-going research that focuses on the deployment experiences of Army wives. The primary focus of the research is on the coping strategies and support networks used by wives and the emotions felt during a deployment to Afghanistan. The research is qualitative in nature and uses a phenomenological approach to convey the experiences of Army wives. Transition theory is used to explain the development and importance of coping strategies and support networks during the spousal deployment.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
NCDA Sponsored Session
Program ID #455, Convention Center, Exhibit Hall, Booth PS2
A Pilot Study of the Subjective Experience of Membership in the National Career Development Association
30-Minute Project/Research Poster Session
Stephanie T. Burns, Heidelberg University, Tiffin, OH

The primary aim of this study was to understand the subjective experience of membership in the National Career Development Association (NCDA). This study was performed to assist the NCDA's board in understanding members views about NCDA membership to potentially inform marketing and programming development to attract additional members at national and state levels. The two specific objectives of this mixed methods Q-methodology and qualitative research study were to understand the values members attached to membership in the NCDA and to develop a practical understanding of the concept of membership in the NCDA. Two statistically significant viewpoints on membership in the NCDA were suggested by the data.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Chi Sigma Iota Sponsored Session
Program ID #456, Convention Center, Exhibit Hall, Booth PS3
Assessing Professional Identity Development and Counselor Burnout Behaviors: Practice and Prevention
30-Minute Project/Research Poster Session, Advanced
Stephanie Crockett, Old Dominion University, Norfolk, VA, Amanda Healey
This session will describe how developing a strong professional identity can assist in preventing burnout behaviors. Common burnout behaviors will be discussed within the framework of Dreikurs' Mistaken Goals. Information related to burnout behaviors will come from a recently completed study associated with the development of the Environmental Character Inventory. Ways of assessing professional identity development and counselor burnout behaviors will be discussed and presented.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
ACES Sponsored Session
Program ID #457, Convention Center, Exhibit Hall, Booth PS4
The Client Role in a Pre-Practicum Counseling Skills Course
30-Minute Project/Research Poster Session,
Michael A Mariska, Idaho State University, Pocatello, ID
This session will present the results of dissertation research on the client role in pre-practicum role-playing experiences in counselor educational skills training. This session will present the results of a study that used a constructivist grounded theory methodology pioneered by Charmaz (2006). The key constructs developed from the data along with their relationship to each other will be presented, along with key research articles that informed this study from over forty years of pre-practicum and counselor development research. You will have the opportunity to discuss the research results, innovation with regards to pre-practicum course design, ethical implications, and areas for further research.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
LCA Sponsored Session
Program ID #458, Convention Center, Exhibit Hall, Booth PS5
Preparing Excellent Future Counselors: Helping Rebuild More Than Just a City
30-Minute Project/Research Poster Session

Carolyn C. White, Our Lady of Holy Cross College, New Orleans, LA, George Hay, Matthew Morris,
Joan Fischer, Holly Baudier

The session will showcase the Graduate Counseling program at Our Lady of Holy Cross College in New Orleans, LA. Within the program, we have three areas of concentration: Community (to become Clinical Mental Health Counseling), Marriage and Family, and School Counseling. Through teaching, research, and public service, these programs foster not just intellectual learning, but also encourage the students to develop themselves spiritually, culturally and with a sense of responsibility. The session will highlight ways that the counseling department has grown with the community since Katrina and where we are headed in the future.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #459, Convention Center, Exhibit Hall, Booth PS6

Family Therapy and Foster Care: A Proposal for Family Reunification Therapy

Michelle Zeilman, University of Missouri - St. Louis, St. Louis, MO, R. Rocco Cottone

Professional Counselors and Family Therapists are increasingly becoming involved in providing family counseling services to the foster care population. Professional Counselors and Family Therapists need to be aware of the special issues that surround this population. In particular, the systemic relationship between the foster care system, the foster family, the birth family, and the child must be addressed. These relationships are often ignored though problems rising from these relationships may impede the possibility of family reunification. This session provides a systemic framework for conceptualization and possible mode of treatment to address these issues while preserving the goal of family reunification.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #460, Convention Center, Exhibit Hall, Booth PS7

Spiritually Present Counseling

Robyn Branner, Central Washington University, Ellensburg, WA, Christina Locke Ingram,
Timothy L. Lyons, Julie A. Kathrens

This theory focuses on the person of the counselor and her interaction with clients. To do this, we explore counseling as a spiritual process. Just as in religious conversion, counseling clients report feeling completely known and accepted. In this session, we will discuss how to cultivate these feelings from clients, how various ethnic and cultural groups will arrive at this point differently, and how working from within the client’s perspective (to the best of your understanding and ability) is the strongest technique you can employ. Through case studies, group exercises, demonstrations, and discussions, you will convey acceptance of a client’s “spirit” without encouraging harmful actions.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #461, Convention Center, Exhibit Hall, Booth PS8
Suicide Prevention Gatekeeper Programs on College Campuses: What is the Long-Term Impact of Training?
30-Minute Project/Research Poster Session
Darcy Haag Granello, The Ohio State University, Columbus, OH, Katharine Stough
Many college campuses participate in Suicide Prevention Gatekeeper Training programs to help students, staff, and faculty know how to intervene with a potentially suicidal individual. Suicide Gatekeeper Training has been identified by SPRC (Suicide Prevention Resource Center) as a promising practice, but there is little research to determine its effectiveness. This project trained more than 2500 Suicide Gatekeepers at a large university and then evaluated training effectiveness at follow-up. Results indicated 89% of those who saw warning signs for suicide attempted to intervene (compared with 32% prior to the training). Importantly, 97% of those who intervened felt comfortable or very comfortable and 100% felt confident or very confident.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #462, Convention Center, Exhibit Hall, Booth PS9
Assessing Indicators of Trauma While Conducting Mental Status Exams
30-Minute Project/Research Poster Session
Sharon Silverberg, Old Dominion University, Norfolk, VA
Due to increased traumatic events, mental health professionals face increased numbers of clients presenting with trauma symptomology in all settings of clinical practice. This session will assist counselors assess clients’ for signs of trauma by using a structured Mental Status Exam (MSE). You will learn to identify indicators of trauma while conducting MSE's in crisis situations and everyday clinical practice, as well as learn to interpret clients’ thoughts, words, actions, and overall physical presentation to establish clinical impressions. Counselor educators and supervisors will gain tools to educate future counselors in best practices to recognize and assess trauma through the use of a MSE.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #463, Convention Center, Exhibit Hall, Booth PS10
Disaster Response and Recovery in New Orleans: Collaboration in Addressing Cultural, Individual, and Community Needs
30-Minute Project/Research Poster Session, Advanced
Rebecca L. Toporek, San Francisco State University, San Francisco, CA, Michael Mobley
This session highlights response initiatives unique to New Orleans in two different large scale crises: Hurricane Katrina and the most recent oil disaster in the Gulf Coast region. The impact of these crises and the effect on the mental health of individuals and the well-being of the community as a whole will be described. Further, initiatives for crisis response will be discussed highlighting the importance of collaboration across organizations, cultural competence, and the unique needs of this very diverse community. You will have the opportunity to identify cultural competence needs and the potential for collaborative work in their home communities.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #464, Convention Center, Exhibit Hall, Booth PS11
Women Who Go Under the Knife: What Mental Health Professionals Should Know About the Cosmetic Surgery Industry
30-Minute Project/Research Poster Session
Ashlea R. Smith, Argosy University - Phoenix, Phoenix, AZ
It is no secret that the field of cosmetic surgery is gaining tremendous popularity, with profits totaling over 10.5 billion dollars a year (ASAPS, 2009). Recently, breast augmentation has been the most requested cosmetic surgical procedure for women, accounting for 311,957 procedures performed for the year 2009 (ASAPS, 2009). Thus, the purpose of this study is to help mental health professionals understand the psychological impact of undergoing breast augmentation on women's perceived body image and perceived sexual satisfaction levels. In addition, the study outlines the need for and opportunities for mental health professionals to provide treatment and mental status screenings to those considering and undergoing cosmetic surgery.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #465, Convention Center, Exhibit Hall, Booth PS12

Supervision Factors Related to the Perceived Self-Efficacy of Novice Counselors
30-Minute Project/Research Poster Session
Sally Morcos, Marywood University, Scranton, PA
Past research has found that counselor self-efficacy is positively correlated with years of training and supervision. While it is important to receive sufficient training, it is also important that supervisees perceive their supervisors as competent. Thus, the purpose of this session is to discuss the relationships among counselor self-efficacy, perceived supervisor competence, counselor self-disclosure, supervisory working alliance, and role conflict and ambiguity. Implications for counselor supervision and future research will be discussed.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #467, Convention Center, Exhibit Hall, Booth PS14

Social Networking and the Counseling Professional: Legal and Ethical Considerations of a Social Network Presence
30-Minute Project/Research Poster Session
John S. Wadsworth, The University of Iowa, Iowa City, IA
The ability of social networking media to link individuals and content, the past with the present, and friends with strangers has introduced new challenges to the counseling professional. This presentation will review court rulings and user policies to identify current best practices in the use of social networking in a professional practice. The educational content includes the use and misuse of social networking; counselor responsibilities; consumer responsibilities; and best practices. A counseling professional who has knowledge of current best practices can make informed decisions regarding befriending clients on social networks, entering social media activities, and posting information.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #468, Convention Center, Exhibit Hall, Booth PS15
Depression in African American Adolescents: Community, Family, and Individual Influences and Intervention
30-Minute Project/Research Poster Session
John L. Rausch, John Carroll University, University Heights, OH
There is limited research on the risk factors and potential interventions for depression among African American adolescents, especially those in low-income urban settings. An ecological model will be presented to examine community, school, SES, family, and individual influences on depression. Individual factors such as self-esteem and racial identity will be discussed. IPT-A will be presented as a potential intervention in both community and school settings. Services that may be provided from a community perspective will be discussed such as a school, church, or community center that may help provide a base of support for psychological, social, economic, and family services. Case studies will provide scenarios for discussion.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #469, Convention Center, Exhibit Hall, Booth PS16
Using the ASCA National Model to Enhance Understanding of Our Role as School Counselors
30-Minute Project/Research Poster Session
Donna Dockery, Virginia Commonwealth University, Richmond, VA, Mary A. Hermann
Many school counselors and counselor educators are frustrated by colleagues who do not understand our roles and responsibilities in schools today. You will understand reasons why school personnel and other stakeholders may not fully understand the current role of school counselors. Information from a research study will be used to discuss methods of marketing school counseling programs and services. You will develop a next steps for promoting school counseling programs to identified stakeholders. You will receive results from a research study, handouts and references.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #470, Convention Center, Exhibit Hall, Booth PS17
Play and Filial Therapy With Asian American Children and Families Confronting Acculturation Issues
30-Minute Project/Research Poster Session, Advanced
Nancy Nguyen, The Pennsylvania State University, State College, PA
This session will help you enhance your multicultural competency in working with Asian American children and families. The session will focus on the use of play and filial therapy with this population and the impact of acculturation. Current research on the use of play and filial therapy with Asian American clients will be reviewed and the need for further research in this area that includes acculturation will be discussed. You will learn about the presenter’s research project on counselor’s perceptions of play and filial therapy with this population and discuss implications for future research. Practical information on approaches and skills in working with this population in culturally sensitive ways will also be provided.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #471, Convention Center, Exhibit Hall, Booth PS18
How To Light Candles Without Burning Out Your Own: Reducing Burnout in Counselor Educators
30-Minute Project/Research Poster Session
Susannah C. Coaston, University of Cincinnati, Cincinnati, OH, Kerry E. Sebera, Christina M. Baker
Counselor education faculty must learn to balance their personal and professional lives, but this can be difficult to achieve. As universities face financial constraints, the faculty is often expected to be entrepreneurs, highly productive, and more efficient. This pressure has escalated the pace and expanded the workload for faculty. With the pressure to publish, teach, obtain external funding, and provide service, how can new faculty members flourish in this hectic environment? The presenters will share research on common sources of faculty stress then explore strategies for balancing teaching, scholarship, and service to gain reappointment and/or tenure, to achieve a healthy personal life, and avoid common professional pitfalls.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #472, Convention Center, Exhibit Hall, Booth PS19
Project Pathways: Teaching the Skill of Intentionality to Counseling Students Through Interactive Multimedia Technology
30-Minute Project/Research Poster Session
Joseph W. Davis, Old Dominion University, Norfolk, VA, Penny Makris
The world is changing. Counselor educators must adapt to the changing face of education. Project Pathways, a multimedia technology involving videotaped sessions and choices, serves as a tool for Counselor Educators to promote the use of intentionality in beginning counseling students. You will view the program and discuss potential implications.

Saturday, March 26, 2011
2:30 pm - 3:00 pm
Program ID #473, Convention Center, Exhibit Hall, Booth PS20
Child Parent Relationship Therapy: An Evidence-Based Approach to Meeting the Needs of Adoptive and Foster Families
30-Minute Project/Research Poster Session
Kara Carnes-Holt, University of Wyoming, Laramie, WY, Sue Bratton
Adoptive families are met with unique challenges when parenting children with previous attachment breaks and trauma experiences. Based on recent research utilizing Child Parent Relationship Therapy (CPRT) with adoptive and foster families, presenters will share practical considerations and recommendations when serving this population. This research is the first randomized controlled study in the field of play therapy and Child Parent Relationship Therapy with adoptive families. You will leave with enhanced understanding of essential need for a responsive and therapeutic parent child-relationship.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
AACE Sponsored Session
Program ID #474, Convention Center, Exhibit Hall, Booth PS1
Initial Development of the Counseling Assessment Self-Efficacy Scale
30-Minute Project/Research Poster Session
Joshua C. Watson, Mississippi State University - Meridian, Meridian, MS
This session will describe the development of the Counseling Assessment Self Efficacy Scale (CASES), an instrument designed to assess counselors’ beliefs in their abilities to assess and diagnose clients and their presenting issues. Recommendations for future research and applications to counselor training are discussed.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Chi Sigma Iota Sponsored Session
Program ID #475, Convention Center, Exhibit Hall, Booth PS2
Bullying and the Wellness of Early Adolescents
30-Minute Project/Research Poster Session, Advanced
Blair Sumner Mynatt, The University of Tennessee, Knoxville, TN, Robert Eric Heidel
Bullying affects numerous students and is difficult to combat. Bullying is linked to serious mental and physiological health issues, lowered self-esteem, poorer academic performance, and suicidal behaviors. The researchers investigated the effect of bullying on various components of wellness of middle school students using the 5F-WEL-E instrument that was developed from The Indivisible Self: An Evidence Based Model of Wellness. The presenters will discuss types of bullying, factors of wellness that are negatively impacted by bullying, and demonstrate interventions that counselors can implement with victims of bullying.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Chi Sigma Iota Sponsored Session
Program ID #476, Convention Center, Exhibit Hall, Booth PS3
Measuring School Counselor Advocacy Efforts: Instrument Development
30-Minute Project/Research Poster Session
Natoya Hill Haskins, The College of William and Mary, Williamsburg, VA, Mary Whitfield-Williams, Deneen Miller
School Counselor advocacy efforts have been up for discussion for several years. However, the field has failed to adequately account for their advocacy efforts. Consequently, this session will outline the researcher’s development of a School Counselor Advocacy Assessment. Information will be provided in terms of the sampling procedures, data collection methods, data analysis, and plans for further development and uses for the assessment. The poster will also provide preliminary data in regards to population demographics as they relate to advocacy efforts.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Chi Sigma Iota Sponsored Session
Program ID #477, Convention Center, Exhibit Hall, Booth PS4
Transforming a New Generation of Scholars into Researchers!
30-Minute Project/Research Poster Session
Patrice R. Bounds, The University of Iowa, Iowa City, IA, Susannah Wood, La Shawn C. Bacon, Yi-Chun Lin, George Rashid, Carol Smith, Tiffany Stoner-Harris, Kelley Putman
Knowing how to conduct research is an essential component in the counseling field. Although the Council for Accreditation of Counseling and Related Educational Programs (CACREP) includes research and program evaluation as one of eight major core components, the focus is mainly towards the understanding of research methods as opposed to actually conducting it (CAPREP, 2009). This session seeks to examine ways in which CSI can transform a new generation of counselors into active researchers.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
LCA Sponsored Session
Program ID #478, Convention Center, Exhibit Hall, Booth PS5
Re-Discovering Rehabilitation Counseling
30-Minute Project/Research Poster Session
Erin M. Dugan, LSU Health Sciences Center New Orleans, New Orleans, LA, Henry McCarthy
This session will provide an overview of the Department of Rehabilitation Counseling at LSUHSC New Orleans. The history, program, curriculum, courses, faculty, students and recent projects will be showcased in this session. You will have an opportunity to speak with current faculty and students about their future interest(s).

Saturday, March 26, 2011
3:30 pm - 4:00 pm
IAMFC Sponsored Session
Program ID #479, Convention Center, Exhibit Hall, Booth PS6
Research and Practice: Couple and Family Counseling
30-Minute Project/Research Poster Session
Robert L. Smith, Texas A&M University - Corpus Christi, Corpus Christi, TX, Brande' N. Flamez, Janet E. Froeschle
Research on theory and techniques used in marriage, couple and family counseling is presented. Best practices are reviewed.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #480, Convention Center, Exhibit Hall, Booth PS7
Development of a Scale to Measure Altruism in Children and Adolescents
30-Minute Project/Research Poster Session
Jacqueline Swank, University of Alabama at Birmingham, Birmingham, AL, Edward Mike Robinson, Jonathan H. Ohrt, Kara P. Ieva, Dodie Limberg, Sandra Robinson
The session focuses on the development of an instrument designed to measure altruism among children and adolescents. The presenters will discuss the design of the instrument and the findings obtained from utilizing the instrument with children and adolescents. Furthermore, the presenters will discuss the multicultural considerations, counseling ethics, and implications for measuring altruism among children.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #481, Convention Center, Exhibit Hall, Booth PS8
Salutogenics: A Positivist Approach to Trauma in Counseling, Counselor Education, and Supervision
30-Minute Project/Research Poster Session
Eric W. Owens, Vincentian Academy-Duquesne University, Pittsburgh, PA, Debra Hyatt-Burkhart

Our profession has long focused on negative client reactions to the experience of trauma. This focus has carried over to the study of secondary trauma, i.e. the counselor's reaction to a traumatized client. There has been increased attention, however, to positivist approaches to trauma-informed care. This session will review the pathogenic approach to trauma work, but will also focus on salutogenic approaches to working with trauma survivors. You will have the opportunity to discuss proactive and reactive positivist approaches to working with traumatized clients, as well as traumatized counselors. The presenters will discuss their own research findings in the field of the helper's response to trauma survivors.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #482, Convention Center, Exhibit Hall, Booth PS9
Walking the Line: A Qualitative Study on Counseling Student Perceptions of Facebook and Ethics
30-Minute Project/Research Poster Session, Advanced
Tanner Babb, Huntington University, Huntington, IN

Little to no research currently exists that explores the ethical perception of counseling students in relation to online social networking. This session will highlight qualitative research conducted with counseling students about their perceptions of Facebook and use of online social networking. Gaps currently exist in the ACA code of ethics and research will be presented that illustrates those gaps and opportunities will be given to discuss ethical ways of managing those gaps.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #483, Convention Center, Exhibit Hall, Booth PS10
Spirituality: One Aspect of Multiculturalism
30-Minute Project/Research Poster Session
Michelle Bradham-Cousar, University of South Florida, Tampa, FL, Michelle Mitcham

Spirituality does play a role in counseling. Counselor’s role is instilling hope and being encouraging. A lot of research addresses how spirituality plays in wellness, coping and solving the problems of life. Let’s face the fact that there is conflict but the deciding factor is coping. Advocacy roles such as change agent, advocate and fostering a scholarly identity for culturally diverse client population will be examined. Counselors may be instrumental in increasing client successful outcome by increasing their multicultural competencies and implementing a multicultural comprehensive program. Implications for preparation and practice addressed.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #484, Convention Center, Exhibit Hall, Booth PS11
The Use of Critical Consciousness in Counseling: Outcomes From Outreach to the Haitian Community in Florida

30-Minute Project/Research Poster Session, Advanced

Rachael D. Goodman, University of Florida, Gainesville, FL, Angela M. Calderon, Kevin Tate

The increase in disasters worldwide and across cultures indicates the need for training in disaster mental health that is social justice-oriented and culturally competent. This session will discuss outcomes from a qualitative study that explored the experiences of counselors who provided outreach to the Haitian and Haitian American community in Florida following the earthquake in Haiti. The counseling outreach was conducted using critical consciousness theory in order to facilitate the development of personal awareness and social justice-based counseling in which collaboration and empowerment are emphasized. The presenters will discuss implications for conducting effective outreach and recommendations for counselor training.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #485, Convention Center, Exhibit Hall, Booth PS12

Impact of Client Suicide on Counselors

30-Minute Project/Research Poster Session

Amy K. Biegler, Lutheran Social Services, Peoria, IL, Jobie L. Skaggs

Counselors at any level can become a survivor of a client suicide. Have you ever wondered how you would be impacted if a client committed suicide? This session qualitatively explores counselors who are client suicide survivors. Up to date research along with themes depicted from interviews will be presented, along with a metaphorical journey of the participants in the research study. The findings of this research may surprise you and provide meaningful ways of handling unexpected tragedies. Client suicide happens. How would you handle the experience? If you cannot answer the question, then you need to hear this presentation.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #486, Convention Center, Exhibit Hall, Booth PS13

Identifying Predictor Variables of Internalized Homonegativity in Lesbians

30-Minute Project/Research Poster Session

Kristin A. Smiley, Oakland University, Rochester, MI

Internalized homonegativity (directing anti-gay messages toward the self) has been linked to a myriad of mental health issues. It's one of the main barriers to the development of a positive lesbian identity, and understanding its significance is a vital first step in the treatment of lesbians living in homonegative environments. Results of research that tested the following variables for their predictibility of internalized homonegativity (IH) in lesbians will be offered: generational cohort, age, age at time of coming out, number of years since coming out, gender role non-conformity, and locus of control. Data collected from 712 lesbians will be assessed and interpreted through the lens of developmental and social constructivist models.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #487, Convention Center, Exhibit Hall, Booth PS14
A New Approach to Distance Counseling Skill Development in Counseling Interns: Applying a Discrimination Model of Supervision
Glenn G. Hoffman, Allegiance Behavioral Health of Plainview, Plainview, TX, Anna M. Harpster, Kathleen Phelan
Utilizing technology in counseling practice to meet the evolving needs of clients is becoming increasingly common-place. Technology can be a useful medium for connecting with clients who might have otherwise not sought counseling services. In order for this to be an effective practice interns and counseling supervisors must develop the necessary skills and competencies for ethical practice. This session will use multimedia case examples and discussion to demonstrate a practical skill set for navigating this innovative and uncharted modality of counselor supervision.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #488, Convention Center, Exhibit Hall, Booth PS15
Ambiguous Loss and Deployment: Assisting Military Veterans Through Application of Van Deurzen’s Four Worlds Model
Michael A. Keim, University of West Georgia, Carrollton, GA
As military personnel return from deployments, many are seeking mental health assistance. Therefore, counselors must have an understanding of veterans’ experiences in order to serve the therapeutic needs of these individuals. Veterans’ continuing, unresolved issues related to deployment may be understood in terms of ambiguous loss, that is, experiences of loss or separation which defy closure. Van Deurzen’s Four Worlds Model provides not only a holistic, existential approach to address the physical, social, personal, and spiritual needs of these clients but also an appropriate framework for mental health service provision.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #489, Convention Center, Exhibit Hall, Booth PS16
The Relationship Between CACREP-Accreditation and Scores on Professional Counselor Licensure Examinations
Jason H. King, University of Phoenix, Salt Lake City, UT
Since its inception in 1981, CACREP has significantly influenced curriculum in counselor education and promoted credibility of the counseling profession. While many counselor educators have empirically studied the perceived relevance of the CACREP standards on student outcomes, they have not focused on state level outcomes related to scores on multiple licensure examinations. This session presents research results that compared NCE, NCMHCE, and state jurisprudence licensure examination score differences between a CACREP-accredited mental health counseling program using the practitioner-faculty model and a non-CACREP accredited professional counseling program using scientist-practitioner faculty.
Program ID #490, Convention Center, Exhibit Hall, Booth PS17
Developing Personal and Social Skills for All Students Using the Responsive Classroom Approach
30-Minute Project/Research Poster Session
Christine Suniti Bhat, Ohio University, Counselor Education, Athens, OH, Katherine Ziff, Cornelia Patterson
Learn how school counselors in one school district are using a research-based approach to enhance school climate and learning environments in the school district. School counselors are implementing district-wide initiatives by collaborating with administrators, teachers and university faculty to address the academic and personal/social development of students using the Responsive Classroom (RC) approach. You will obtain an overview of the RC approach, including research supporting personal, social, and academic gains in students. Strategies for service delivery, funding and evaluation will be presented. Roles played by school counselors, teachers, and counselor education program faculty will be discussed.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #491, Convention Center, Exhibit Hall, Booth PS18
International Doctoral Students’ Experiences of Supervision Training in CACREP-Accredited Counselor Education Programs
30-Minute Project/Research Poster Session, Advanced
Hongryun Woo, University of Iowa, Iowa City, IA
Little is known about how international doctoral students perceive current supervision training and what counselor educators can do to enhance their professional development. International doctoral students in counseling programs may have unique experiences and challenges in supervision training because of higher levels of developmental requirements and program expectations. This session aims to provide counselor educators an with preliminary qualitative research findings on international doctoral students’ perceptions of current supervision training offered in their programs and their unique training needs to grow as a competent supervisor. Also, presenters’ own reflections on and experiences of supervision training will be shared.

Saturday, March 26, 2011
3:30 pm - 4:00 pm
Program ID #492, Convention Center, Exhibit Hall, Booth PS19
Ignite Professional Passion by Infusing Evidence-based Classroom Management Skills Into Counselor Training and Practice
30-Minute Project/Research Poster Session
Mike Bundy, Carson-Newman College, Jefferson City, TN
School counselors without teaching experience report a need for more knowledge of classroom management (CM). The question for most counselor educators is how this need can be infused into the curriculum. An innovative graduate course designed for non-teacher counselors integrates best practices in CM with counseling theories appropriate for school settings. Over two years of evaluation data show how this course successfully uses online learning, supervised skill practice during field experiences, and student reflections to build effective CM knowledge in prospective school counselors. You will receive a course outline, details of learning activities, list of course materials, and data on course effectiveness.
Reducing Test Anxiety: Assisting Students in Discovering Creative, Therapeutic Techniques in Lowering Test-related Anxiety

Mary Bess Woodard Pannel, Mississippi Delta Community College, Moorhead, MS

You will be able to utilize recent research and gain new perspectives and insight into implementing creative therapeutic activities to assist clients in reducing test anxiety. Research has shown that anxiety disorders are constantly on the rise, therefore, it is crucial that counselors find and develop effective, innovative and yet non-intrusive ways to assist people coping with high levels of stress. More specifically, with pressures to excel on standardized tests and entrance exams, obtain scholarships, maintain high grade point averages, etc., students are experiencing raised levels of test anxiety on an ongoing basis. Creative therapeutic activities can be potentially, significant factors in addressing all of these issues.

Counseling Globally: Calling on Counselors

Samuel T. Gladding, Wake Forest University, Winston-Salem, NC

This session will address the interests of counselors and counselor educators who have thought about service in other countries or how counseling is practiced in other countries. Based upon firsthand experience over many years of service and travel, this session will provide you an opportunity to gain insights into not only counseling abroad but the needs of those for whom counselor training is particularly appropriate with its strength based, wellness orientation.

Get a Job! Finding a Counseling Job in This Lousy Economy

Rebecca Daniel-Burke, American Counseling Association, Alexandria, VA

Even with the bad economy, many graduate students and new professionals are getting good jobs. A counselor and agency director who spent years hiring counselors will help you find the answers to the question: What are the successful ones doing right? Learn how to: beef up your resume, circulate it to the right people/places, anticipate the questions you may be asked at your interviews, make a lasting impression during that interview, and manage your expectations.
Child & Adolescent Counseling Academy
Military Counseling Academy
Program ID #496, Convention Center, Room 215-216
How To Support Grieving Military Children: The Effects of OEF/OIF War on U.S. Children and Teens
60-Minute Session
Judith J. Mathewson, National Guard Bureau, Arlington, VA, Nawal Aboul-Hosn
This session assists therapists and school counselors with strategies for helping grandparents or step-parents with teens and children of those whose loved one has died in the line of military service. The type of deaths discussed include combat actions and suicide. We will explore Bowlby’s Attachment Theory to include how he revolutionized our thinking about a child’s tie to the mother and its disruption through separation, deprivation, and bereavement. We will facilitate discussions involving experienced community and military therapists in grief, loss and bereavement issues. After a sudden, violent death, children and adults react in different ways. This interactive presentation provides tools to help those who grieve.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Multicultural Counseling Academy
Counseling Ethics & Legal Issues Academy
Program ID #497, Convention Center, Room 210
Hacia el Desarrollo de un c Digo de Tica en Guatemala: Implicaciones Culturales, Profesionales y de Adiestramiento
60-Minute Session
Roberto Clemente, Roosevelt University, Schaumburg, IL, Maria del Pilar Grazioso, Astrid Rios, Melissa Lemus, Ana Alicia Coban
En Guatemala, la profesión de la consejería se abre brechas a raíz de sus nuevos graduandos. Los presentadores expondrán en torno al proceso de traducción del código de ética de la ACA al español, la importancia de la cultura y su contexto, y como el lenguaje se presta a la interpretación relativista de la conducta. Este proyecto sirve de guía a miembros de la ACA de diversos países que se encuentran ante la misma disyuntiva.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Multicultural Counseling Academy
Program ID #498, Convention Center, Room 207
Suicide and Cross-Cultural Clients: Considerations, Issues, and Counselor Competencies
60-Minute Session
William R. Sterner, Marymount, Arlington, VA, Laura Schmuldt, Tina Livingston, Jenna Van Slyke
Suicide continues to be a leading cause of death in the United States. Suicidality crosses all socioeconomic and racial demographic groups, however, a dearth of information exists on addressing suicidality from a cross-cultural perspective. With projected population increases in the U.S. among several racial groups by 2050, counselors need to understand assessing and managing suicidality with diverse clients as well as understand the influence that unique cultural
factors will play in this process. This session will focus on relevant research, suicide trends, approaches, and counselor competencies specific to cross-cultural counseling.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
ACC Day of Learning
Child & Adolescent Counseling Academy
Program ID #499, Convention Center, Room 208
Relational-Cultural Therapy With Young Adolescents: How and Why
60-Minute Session, Advanced
Catherine Tucker, Indiana State University, Terre Haute, IN, Heather Trepal, Sondra Smith
Relational-cultural theory (RCT), which holds that healthy connection to others is the primary goal of human development, is a natural fit for working with young adolescents. RCT can offer helpful illustrations of healthy/unhealthy relationships in their lives, as well as strategies for nurturing healthy relationships and limiting unhealthy relationships. In this session, we will use the frameworks developed by RCT theorists to guide creative and experiential interventions for young adolescents. Bibliotherapy, drawing, films/media, and other creative approaches will be demonstrated that can be used within an RCT approach. Case examples will also be used.

APA CE Credit Available

Saturday, March 26, 2011
3:45 pm - 4:45 pm
ALGBTIC Day of Learning
LGBT Academy
Program ID #500, Convention Center, Room 209
Sexual Orientation Change Efforts: History, Harm, and Heterosexism
60-Minute Session, Advanced
Jeff S. Lutes, Jeff Lutes Counseling & Consulting, LLC, Austin, TX
Despite the affirmative position of most mental health professionals toward lesbian, gay, bisexual, and transgender (LGBT) persons, Sexual Orientation Change Efforts (SOCE) continue to proliferate. This session will review SOCE, often referred to as faith-based “ex-gay” ministries, reorientation therapy, conversion therapy, or reparative therapy. The presenter will discuss how SOCE are rooted in the larger problem of heterosexism - the widespread social and religious assumption that heterosexuality is superior and preferable to homosexuality - and can lead to discrimination, rejection, and self-hatred among LGBT people. The importance of dual roles as counselor and social justice advocate will be underscored.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Program ID #501, Convention Center, Room 222
Effective Counseling With Aging Boomers
60-Minute Session
Hilda R. Davis-Carroll, HR Davis-Carroll, Nashville, TN, Nancy Roth
Eric Erickson proposed that aging adults try to make sense of their lives. More recently, gerontologists distinguish among the “young-old,” “old-old” and “oldest-old” using cognitive, emotional and behavioral abilities rather than chronological age to categorize older adults (Motta
et al., 2005.; Aldwin & Gilmer, 2003). Counselors need to be prepared to work with aging boomers as they identify their dreams and goals for their next stage of generativity.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
CSJ Day of Learning
Best Practices Academy
Social Justice Academy
Program ID #502, Convention Center, Room 221
Neuroscience As the Tipping Point in Transforming the Counseling Profession: Implications for Social Justice Counseling
60-Minute Session, Advanced
Allen Ivey, Microtraining Associates, MA, Michael D'Andrea
The counseling profession continues to be transformed by the multicultural and social justice paradigms. New discoveries in neuroscience provide new knowledge which has profound implications for culturally competent and social justice-oriented approaches to mental health. This new knowledge represents a tipping point in the transformation of the profession. This session will increase your awareness of neuroscientific discoveries relevant for professional counselors; acquire new knowledge that helps counselors understand how they can intentionally foster healthy changes in brain chemistry; and learn how specific social justice interventions can stimulate healthy neurological functioning within a social justice context.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
ACA Author Session
Trauma/Disaster Mental Health Academy
Program ID #503, Convention Center, Room 220
Terrorism, Trauma, and Tragedies: A Counselor’s Guide to Preparing and Responding
60-Minute Session
Jane Webber, New Jersey City University, Jersey City, NJ, J. Barry Mascari
The majority of survivors of mass disasters emerge with resilience and posttraumatic growth as they make meaning of tragic events. Survivors’ and responders’ stories about rebuilding their lives are filled not only with suffering, but also with compassion and hope. The two coeditors of Terrorism, Trauma and Tragedies: A Counselor’s Guide to Preparing and Responding share inspiring stories and photos that illustrate meaning-making; healing; and posttraumatic growth from Haiti, New Orleans, Virginia Tech, September 11, and the earthquake in China.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Program ID #504, Convention Center, Room 201-202
Keeping Up With the Counseling Profession: Current Issues on the National Level
60-Minute Session
David Kaplan, American Counseling Association, Alexandria, VA
ACA wants to help you stay up to date with current issues on the national level. ACA's Chief Professional Officer will discuss the new consensus definition of counseling, a major legal challenge that would allow counselors to discriminate against GLBT clients, the effect of the
Saturday, March 26, 2011
3:45 pm - 4:45 pm
Career Development/Employment Counseling Academy
Couples & Family Counseling Academy
Program ID #505, Convention Center, Room 214
Career Counseling With Couples: Strategies for Navigating Issues Throughout the Relationship
60-Minute Session, Advanced
W. Matthew Shurts, Montclair State University, Montclair, NJ, Melinda M. Gibbons, Derrick J. Williams
Career development is a central component of individuals’ lives. In addition, couples often struggle with career-related issues. However, there is a dearth of practical recommendations for addressing career-related issues within conjoint couples counseling. The purpose of this session is to provide concrete strategies for addressing career-related issues with couples. During this session, you will understand the importance of proactively addressing career-related issues in couples/marriage counseling; learn the potential career-related factors affecting couples across the lifespan; and learn and apply multiple concrete interventions and activities for addressing career-related issues with couples.

*APA CE Credit Available*

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Addictions Academy
Spirituality and Religious Values Academy
Program ID #506, Convention Center, Room 224
The Straight Path to Addiction Recovery: Helping 12-Step Clients in Spiritual Bypass
60-Minute Session
Philip Clarke, UNCG, Greensboro, NC, Craig Cashwell
Spiritual bypass, a shadow side of spirituality, is a phenomenon that occurs when a person’s spirituality functions in a way that allows the person to avoid or bypass doing the psychological and emotional work of counseling. With addicted clients doing 12-step work, these unfinished issues continuously re-surface in the person’s life in the form of relapse, transferring of addictions, co-occurring disorders, and reduced quality of life. Interventions include first assessing a client’s spiritual life and evaluating for signs of spiritual bypass. Motivational Interviewing, an evidenced based practice for treating addiction, can then be incorporated to address the spiritual bypass problem.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Program ID #507, Convention Center, Room 217
The Personal is Political: Integrating Feminist Theory With Other Theoretical Applications
60-Minute Session, Advanced
Joanne Jodry, Monmouth University, West Long Branch, NJ, Kathleen Armstrong
This advanced interactive session will allow you to integrate the use of feminist principles within other well used theoretical models. This session will allow the counselor, who already has a basic knowledge of feminist counseling theory, as well as other frequently adopted theoretical models, to integrate feminist theory into practice. Egalitarian relationships will be discussed in a multicultural context with emphasis on multiple oppressions and privilege and how these concepts can be integrated into most counseling modalities. A developing model of feminist integration will be examined and applied.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
School Counseling Academy
Program ID #508, Convention Center, Room 218

“You Made an A? That’s So Gay!”: Determining the Effect of Homophobic Bullying on Academic Achievement
60-Minute Session
Levi S. McClendon, University of Texas at Tyler, Tyler, TX, Leann M. Wyrick-Morgan
Ever wondered how homophobic statements effect victims and those within ear-shot? This is the time to explore the possibilities. Researchers have addressed the effect of bullying behaviors on academic achievement, but the presenters for this session have studied homophobic bullying and associated behaviors towards others (gay-baiting), and specifically address the effect this can have on academic achievement. Further, the way students perceive life events, or locus of control, may dictate how gay-baiting and homophobic bullying is perceived in students responding to homophobic banter. This interactive session will provide insight about how homophobic bullying, and related homophobic epithets effect academic achievement in HS students.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Mental Health/Private Practice Academy
Program ID #509, Convention Center, Room 219

Dialectical Behavior Therapy: An Introduction and Useful Techniques for Mental Health Counselors
60-Minute Session
K. Michelle Hunnicutt Hollenbaugh, The Ohio State University, Columbus, OH
Dialectical Behavior Therapy (DBT) is empirically supported as an effective treatment for Borderline Personality Disorder. Since its introduction in 1993 by Marsha Linehan, DBT has been implemented worldwide to help clients afflicted with a variety of disorders. This session will present you with an introduction to DBT and its implementation in mental health treatment. Several DBT techniques and skills will be presented, with discussion focused on the application of this knowledge to individual and group therapy. You will be invited to interact and practice these skills and techniques, and will leave the session with usable ideas for clinical practice.
Saturday, March 26, 2011
3:45 pm - 4:45 pm
College Counseling Academy
School Counseling Academy
Program ID #510, Convention Center, Room 223
Conquering the Achievement Gap: College Readiness for Students With Disabilities
60-Minute Session, Advanced
Amy Milsom, Clemson University, Clemson, SC
College access is at the forefront of national initiatives aimed at increasing the percentage of individuals from underrepresented groups who are seeking college degrees, and counselors in K-12 and college settings can make a difference. Individuals with disabilities currently pursue college at lower rates than their peers without disabilities. Furthermore, approximately half of individuals with disabilities never complete their degrees. In this session best practices will be shared in relation to counseling interventions focusing on college awareness, access, transition, and retention for students with disabilities as well as in relation to effective advocacy and collaboration with families and other helping professionals.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Career Development/Employment Counseling Academy
Counselor Education & Supervision Academy
Program ID #511, Convention Center, Room 212
Using Career Construction Counseling in Counselor Supervision
60-Minute Session, Advanced
Kevin B. Stoltz, The University of Mississippi, University, MS, Rebekah Reysen, Susan R. Barclay
Counselor supervision takes place at two critical stages in a counselor’s career development. Although supervision is focused traditionally on developing clinical skills, there is significant literature that supports additional roles for the supervisor. We posit that one role is that of career counselor. In this session, participants will learn about Career Construction Theory and how to use concepts from the theory to support supervisee’s career self-concept. Helping supervisees understand their idiosyncratic career self-concepts and adaptability attributes lays a foundation for supporting their transitions into the world of professional counseling. You will receive handouts, case studies, and a reference list.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
Social Justice Academy
Program ID #513, Convention Center, Room 211
ACA Human Rights Committee Special Symposium on Counseling Immigrants: Awareness and Advocacy
60-Minute Session
Angela D. Coker, University of Missouri - St. Louis, St. Louis, MO, Richard W. Williams, Rita Chi-Ying Chung, Stacee Reicherzer, Selma Yznaga, Rhonda M. Bryant, Lisa Schulz, Patricia Keller
A steady flow of diverse immigrant populations has always influenced the demographic landscape of the U.S. In the 1990s immigration increased 57% and in the past decade the U.S. witnessed a 21% increase. According to the current U.S. census approximately 12% of the U.S. population is foreign born. In recent years, political and social attitudes have contributed to the challenges and experiences of immigrant groups that have added to social, political, and economic problems which in turn have led to growing discrimination and mental health concerns. The purpose of this program is to examine the unique challenges that immigrants face, and examine the ways in which counselors can serve the needs of this diverse and growing population.

Saturday, March 26, 2011
3:45 pm - 4:45 pm
AHC (formerly C-AHEAD) Wellness Center
Wellness Academy
Program ID #514, Convention Center, Room R05
Forgiveness…A Healthy Choice!
60-Minute Session
Sonya T. Vassos, Christine Moll
To be able to forgive eases stress and helps build both physical and emotional strength. Everyone has had negative experiences. How we choose to perceive and respond to these encounters affects us in profound ways. This AHC (formerly C-AHEAD) experiential session will provide you with a structured program on how to refocus attitudes and perceptions. It will also allow you to deal with your own personal responses to negativity as well as to provide a structure to confront the need for and a method by which one can confront the issue of forgiveness in both a personal and professional setting.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
For Graduate Students and New Professionals Only
Program ID #515, Convention Center, Room 203-205
What Graduate Students and New Professionals Need To Know About Navigating the Profession Through Service Leadership
60-Minute Session
Rhonda Bryant, Albany State University, Albany, GA
Eager to find a niche in their professional organization, many graduate students and new professionals find themselves trying to determine a pathway to leadership through professional service and involvement. This session will provide graduate students and new professionals the opportunity to explore and plan leadership through service opportunities in the American Counseling Association and its divisions. This workshop will include tangible ‘take-aways’ that will facilitate service leadership planning over short and long term periods.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Child & Adolescent Counseling Academy
Program ID #516, Convention Center, Room 206
Children and Grief: Developmentally Speaking
Children are not immune from the tragic death of a loved one. Helping children grieve in a way that will allow for healthy resolution of the emotional wounds caused by the loss will be the focus of this session.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Trauma/Disaster Mental Health Academy
Child & Adolescent Counseling Academy
Program ID #517, Convention Center, Room 215-216
Counseling Traumatized Children With Creativity
60-Minute Session
Catherine Barmore, Argosy University - Sarasota, Sarasota, FL
It is estimated that approximately 20 million American children have PTSD. Over 1.5 million children in the United States are exposed to a traumatic natural event each year. With these astounding numbers, Counselors need to have as many techniques available as possible to serve this vulnerable population. The presenters will present a treasure chest of creative techniques for working with traumatized children to help them identify feelings, learn coping strategies and enhance post-trauma life skills. The techniques help provide a playful and effective means to engage children in the therapeutic process while assisting them in working through their treatment issues in a safe and non-threatening manner.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
LCA Sponsored Session
Trauma/Disaster Mental Health Academy
Program ID #518, Convention Center, Room 210
Overview of Disaster Relief Training to Aid Evacuees: Real-Life Examples From Northwest LA to Katrina/Rita/Gustav Evacuees
60-Minute Session
Meredith G. Nelson, Louisiana State University - Shreveport, Shreveport, LA
A Disaster Relief Model utilizing Psychological First Aid (PFA) Techniques will be outlined. Real-life examples will be illustrated from a North Louisiana Hurricane Evacuation site. Events will be recounted that demonstrate the establishment of effective mental health support for evacuees and the evolution of that into an integrated medical/mental health model using local and national resources.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Addictions Academy
Program ID #519, Convention Center, Room 207
An Overview of Addiction Counseling: Where Has the Field Been and Where Is It Going?
60-Minute Session
Jill L. Russett, College of William and Mary, Williamsburg, VA, Charles F. Gressard
Millions of individuals struggle with issues related to addiction commonly thought to include alcohol, prescription drugs, illegal drugs, and nicotine, but often include other behaviors such as gambling, overeating, work, sex, internet, and spending. These concerns are not only relevant to addiction counselors, but are issues found among all fields of counseling. This session will provide an overview of the history and current status of the addiction profession. It will address the proposed changes in the DSM V and the recent revision of the CACREP standards to include addictions counseling as its own specialty area. Discussion of the future of the addiction specialty and implications to the field of counseling will be a focus.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
ACC Day of Learning
Counselor Education & Supervision Academy
Program ID #520, Convention Center, Room 208
Five Creative Techniques for Teaching Key Concepts in Required Courses in Counselor Education Programs
60-Minute Session, Advanced
Stella Beatriz Kerl-McClain, Lewis and Clark College, Graduate School of Education and Counseling, Portland, OR, Julia Y. Porter
This session will explain and demonstrate creative teaching activities for core concepts in required classes in counselor education programs. You will be asked to participate in several of the activities, which will include activities for teaching group, theories, diagnosis, and others.
APA CE Credit Available

Saturday, March 26, 2011
5:00 pm - 6:00 pm
ALGBTIC Day of Learning
LGBT Academy
Military Counseling Academy
Program ID #521, Convention Center, Room 209
Covert in Camouflage: Understanding the Counseling Needs of LGBT Active Duty and Reserve Military Personnel
60-Minute Session
Kathleen A. Brown-Rice, Univeristy of North Carolina Charlotte, Charlotte, NC, Rebecca L. Stamler
Do you understand the U.S. Department of Defense’s policy regarding military personnel and sexual orientation and gender identity? How does this policy impact your clients who are LGBT and enlisted in military service? This session will provide you with knowledge regarding how the U.S. Department of Defense relates standards of military readiness and effectiveness, as well as unit cohesion, to sexual orientation and gender identity, and furthermore how this impacts your clients. Specifically, you will be provided with research-based information and effective techniques to utilize when counseling LGBT clients who are engaged in military service.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Program ID #522, Convention Center, Room 222
Addressing Client Resistance Through Metaphoric Stories
60-Minute Session
Melissa N. Freeburg, Bridgewater State College, Bridgewater, MA, Louise B. Graham
This session is designed to stimulate counselors to make better use of metaphors with clients. You will be exposed to techniques in which they may increase personal skill in noticing client’s own use of metaphors and methods to enhance the utility of metaphors. Most importantly, this presentation will discuss four elements required for counselors to create unique metaphoric stories designed with the intentional use with a specific client/presenting concern. You will be provided opportunities to interact with client case examples and the employment of gathering client information; isomorphism in metaphor creations; metaphor “outcome” story arcs; and use of intentional syntax reflections.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
CSJ Day of Learning
Social Justice Academy
Program ID #523, Convention Center, Room 221

What Counselors Must Know and Do To Address the Immigration Crisis: A Social Justice Counseling and Advocacy Perspective
60-Minute Session, Advanced
Carlos Hipolito-Delgado, California State University - Long Beach, Long Beach, CA, G. Miguel Arciniega, Jolee M. Mann
This session addresses issues related to the immigration crisis in the United States from a multicultural-social justice perspective. In doing so, the presenters will discuss the history of immigration in the U.S.; describe the central issues and implications underlying the heated debate about immigration in our nation today; outline how the immigration controversy results in adverse effects on the mental health of many immigrants as well as those persons antagonistic to immigration rights; and outline specific social justice counseling and advocacy strategies practitioners are encouraged to implement to foster the dignity and development of all persons in our society.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
ACA Author Session
Spirituality and Religious Values Academy
Program ID #524, Convention Center, Room 220

Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice
60-Minute Session
Craig Cashwell, University of North Carolina, Greensboro, NC, J. Scott Young
The presenters will discuss the recently revised spirituality competencies and the subsequent development of the second edition of Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice. They will also address the history of the competencies, how the new competencies were developed, and clinical applications of each competency. In addition, new chapters from their book, including chapters on mindfulness, 12-step spirituality, feminine spirituality, prayer, and ritual will be highlighted.
Saturday, March 26, 2011
5:00 pm - 6:00 pm
Rehabilitation Counseling and Disability Issues Academy
School Counseling Academy
Program ID #525, Convention Center, Room 201-202
From Modification to Accommodation: High School to College Transition Issues for Students With Learning Disabilities
60-Minute Session
Annette Albrecht, Tarleton State University, Stephenville, TX, Robert R. Erk, Dennis G. Jones
The session will provide an overview of the role of counselors in facilitating the successful transition of students with learning disabilities from high school to college. You will gain an understanding of the differences between meeting the needs of students with learning disabilities at the secondary and post-secondary levels.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Counselor Education & Supervision Academy
Counseling Ethics & Legal Issues Academy
Program ID #526, Convention Center, Room 214
Cyber-Supervision: Ethical and Cultural Pitfalls and Rewards
60-Minute Session, Advanced
Andrew Burck, Marshall University, South Charleston, WV, Lori Ellison, Carol M. Smith
Supervisors of counselors in rural environments face unique ethical dilemmas that the ACA Code of Ethics (2005) addresses only partially. Potential cultural misunderstandings between rural community members and university-trained mental health professionals add supervision complexity. This session identifies the strengths and weaknesses of current technology in distance supervision with special emphasis on the multicultural aspects and ethical considerations of rural supervisees. You will learn appropriate responses to pitfalls and troubleshooting strategies to maximize efficacy of cyber-supervision.

APA CE Credit Available

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Best Practices Academy
Program ID #527, Convention Center, Room 224
Current Trends in Grief Counseling
60-Minute Session
Elizabeth Doughty, Idaho State University, Meridian, ID, Cyndia Glorfield, Adriana Wissel
There has been an evolution in the understanding of the nature of grief since Freud’s initial work, Mourning and Melancholia (1917/1953). In recent years, researchers have moved away from universal models to focus on the unique nature of an individual griever’s experience within a particular social context, including the influence of culture, support systems, and the type of loss (Miller & Omarzu, 1998; Parkes, 2001; Rosenblatt, 2001, Stroebe & Schut, 1999). Unfortunately, many counselors are still using outdated methods such as Kubler-Ross to help clients deal with grief. This session will provide an overview of the current trends, theories, research and techniques relating to grief counseling.
First-generation College Students: A Group Therapy Approach to Success
60-Minute Session, Advanced
Angela L. Zapata, Marquette University Counseling Center, Milwaukee, WI, Kelsey M. Latimer
First-generation college students (FGCS) are a diverse group of student who face unique challenges in a college setting. Not only do they have lower retention rates than their non-FGCS peers, but they also face identity, family, financial and social issues more complex than their non-FGCS peers. This session presents research about the unique challenges facing FGCS, as well as a model for a First-Generation College Student support group that is based on collaboration and empowerment of FGCS. You will leave with a working knowledge of how to develop their own collaborative and empowering FGCS support or therapy group, including marketing strategies, recruitment and screening ideas, and format suggestions.

Spouses Supporting Spouses: A Counseling Group for Spouses of Deployed Soldiers
60-Minute Session
Linda C. Osterlund, Regis University, Colorado Springs, CO, Megan K. Numbers, James Ungvarsky
Spouses of active-duty soldiers experience grief and suffering during deployment. The problems faced by spouses are becoming more prevalent due to the increasing number of deployed soldiers, and more spouses are seeking services. Preliminary research on the spouse's grief experience during deployment will be presented. The purpose, benefits, and design of a counseling group specifically for military spouses whose husbands are deployed will be introduced. You will learn how to structure a group so that members can share their unique experience; learn how the stages of grief apply to the cycle of deployment, and address topics relevant to their experience.

Gu a Latinoamericana de Diagn stico Psiqu trico: Lo que Aprendimos en Guatemala
60-Minute Session
Edil Torres Rivera, University of Florida, Gainesville, FL, Anabella Molina
La Gu a Latinoamericana de Diagn stico Psiqu trico es un intento de optimizar el uso y la utilizaci n del Cap tulo de trastornos mentales de la 10 revisi n de la Clasificaci n Internacional de Enfermedades (CIE-10; World Health Organization [WHO], 1992a), que fue desarrollada en
Saturday, March 26, 2011
5:00 pm - 6:00 pm
Career Development/Employment Counseling Academy
Program ID #531, Convention Center, Room 223
Stand Out From the Crowd: Aggressive Job Search Tools for Tough Economic Times
60-Minute Session
Michael Lebeau, Birmingham Southern College, Birmingham, AL, Patrice Hinton Oswalt
Counselors are seeing more individuals suffering from situational depression and anxiety related to job loss. As the job market recovers it is not returning to what it was before and counselors need new tools to assist their clients. What can counselors do to empower their clients to more effectively manage their job search with greater success? What more aggressive methods and self-initiated approaches can candidates use when the job market is especially competitive? Learn assertive approaches and progressive methods to give your clients the mindset of a job candidate, one who is an initiator in the job search. Give your client’s a solid plan that will result in job interviews and offers, as well as access to the “hidden job market”.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Couples & Family Counseling Academy
Multicultural Counseling Academy
Program ID #532, Convention Center, Room 212
Cultural Dissonance in Intercultural Relationships: Transformative Opportunities for Intercultural Couples and Their Children
60-Minute Session, Advanced
Cheryl Crippen, University of California, Irvine, Orange, CA, Leah Brew
This session presents findings from two studies on cultural diversity within families. The first is a qualitative study of the experiences of intercultural couples, using parenthood as a lens to explore the ways in which they successfully navigate cultural differences. The second study examines the social and emotional adjustment of children who are identified as multiethnic and/or are being raised in multicultural households. Using a social constructionist and resiliency framework, these studies will provide counselors with insight into how couples negotiate cultural difference in ways that are integrative, and the ways in which multicultural families provide transformative opportunities for both couples and their children.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Program ID #533, Convention Center, Room 213
Maximizing Knowledge Utilization
60-Minute Session
Garry R. Walz, Counseling Outfitters, LLC, Chelsea, MI, Jeanne C. Bleuer, Samuel T. Gladding, Kananur Chandras
With the exponential expansion of knowledge and the increased breadth and scope of new technology, an effective contemporary counselor must be able to access the counseling knowledge
base and use the new tools of social media. This session will present the insights and ideas of both new and experienced counselors who are using and contributing to VISTAS, ACA's premier online information system.

Saturday, March 26, 2011
5:00 pm - 6:00 pm
Program ID #534, Convention Center, Room 211
**Media and Masculinity: Socially Constructed Identities**
60-Minute Session
_Amanda Marie Thomas-Evans, UW-Stout, Menomonie, WI, Emily Shuda, Mary A. Belknap_
How do stereotypical male reality television characters impact societal trends? According to Richmond and Kivel (2008) there is a relationship between media exposure and identity development. In their study on collective memory, men sampled were influenced by media in their formation and monitoring of masculinity (Kivel & Johnson, 2009). Media exposure also impacts female conceptualization of male roles (Connell, 2002). It is necessary that counselors attend to male gender stereotypes as adopted through prolonged media exposure. This session will focus on masculinity as a cultural construct with an emphasis on integrative treatment approaches to explore, address and redefine individual socially constructed male identities.

Saturday, March 26, 2011
5:00 pm - 6:30 pm
AHC (formerly C-AHEAD) Wellness Center
Wellness Academy
Program ID #535, Convention Center, Room R05
**From Childlike Art and Play Therapy to Counselor Wellness**
90-Minute Session, Advanced
_Jeff L. Cochran, University of Tennessee, Knoxville, TN, Michelle Perepiczka, Lindy A. Cohen, Aliya E. Alewine_
Play and art are fun and are therapeutic for children in counseling. But what can be learned from play, art, and child-centered play therapy relationships for adult wellness? In this AHC (formerly C-AHEAD) Wellness Center session, leaders will guide you to consider the values of childish free expression for their own wellness today. You will re-experience the value of playing and creating freely, while attending and being attended to in a child-centered way. The benefits for adult centering, self-awareness, self-acceptance, and attending are explored. Toys and simple art materials are provided for practice and workshop fun. Come ready to play, explore, and experiment! See how good it can feel to reach for the freedom of childhood.

_APT CE Credit Available_

Sunday, March 27, 2011

Sunday, March 27, 2011
7:30 am - 8:30 am
AMCD Sponsored Session
Multicultural Counseling Academy
Program ID #536, Convention Center, Room 203-205
**From Crisis Counseling to Decolonization: Still Mental Health Counseling**
60-Minute Session

**Edil Torres Rivera, University of Florida, Gainesville, FL, Kevin Tate**

Martin Baro's liberation psychology was influence by a number of factors from the ideas of Karl Marx about economic dependency to Foucault philosophy of freedom, however in the United States the ideas and principles behind liberation psychology still largely unknown to the mental health professional community. This session will re-introduce the principles of liberation psychology and its application to trauma, group work, supervision, and decolonization.

**Sunday, March 27, 2011**
7:30 am - 8:30 am

*ASGW Sponsored Session*

*Group Work Academy*

*Multicultural Counseling Academy*

Program ID #537, Convention Center, **Room 206**

**Multicultural Creative Arts: Implications for Group Work Conducive to Healing and Wellness**

60-Minute Session

**Bogusia J. Skudrzyk, Fairfield University, Fairfield, CT, Jonathan Orr, Holly Mensching**

The creative use of cultural symbols, expressions and rituals has been important in portraying human experiences. While the forms of creative expressions vary throughout the cultural groups, a unifying element embedded into the creative works, seems to prevail. The unifying element might be conceptualized as the search for meaning and connecting in the midst of sorrow as well as to nurture wellness. Come experience multicultural creative expressions that foster healing as well as wellness.

**Sunday, March 27, 2011**
7:30 am - 8:30 am

*Mental Health/Private Practice Academy*

Program ID #538, Convention Center, **Room 215-216**

**Re-Thinking Anxiety Disorders: Projected DSM Changes, and How They Will Affect Our Work**

60-Minute Session

**Sean B. Hall, Old Dominion University, Norfolk, VA, Anita Neuer**

This session will review the current literature on proposed revisions to Anxiety Disorders and elucidate the effects of these changes on clinical practice, training, third-party reimbursement, and advocacy. Professional counselors must keep abreast of these changes and their implications to ensure competent and ethical treatment. You will learn what changes will be made under the new DSM-V classification for Anxiety Disorders and strategies for obtaining an accurate diagnosis. Finally, this session will explore how revisions to the DSM will influence the therapeutic relationship, documentation for treatment, and navigating managed care.

**Sunday, March 27, 2011**
7:30 am - 8:30 am

*Counselor Education & Supervision Academy*
*Counselor Education & Supervision Academy*

Wellness Academy

Program ID #539, Convention Center, **Room 210**
**I Will Care for You and You Will Care for Them: Attending to Wellness in Supervision**

60-Minute Session  
*A. Stephen Lenz, Texas A&M University - Corpus Christi, Corpus Christi, TX*

Ready to start helping your supervisees do as they say and not as they do? By integrating the principles of holistic planning into your supervision, supervisees can meaningfully begin to value their wellness through the processes of education, assessment, planning, and evaluation— all skills that may contribute to working with clients. You will learn the basic tools for including the Wellness Model of Supervision into your training or professional practice and also receive some necessary materials that can guide your implementation of this strategy immediately following conference attendance. Through didactic interaction extend your use of wellness concepts in supervision in a way that declares “I will care for you and you will care for them.”

**Sunday, March 27, 2011**  
*7:30 am - 8:30 am*  
*Counseling Ethics & Legal Issues Academy*  
*Program ID #540, Convention Center, Room 207*

**Ethical and Legal Considerations for Student Remediation: Best Practices for Emerging Graduate Counseling Programs**

60-Minute Session  
*Devin A. Byrd, South University, Savannah, GA, Kathryn Klock-Powell, Baljinder Uppal*

Counseling programs must be mindful of ethical/legal mandates regarding faculty’s role as gatekeepers. CACREP requires developmental, systematic assessment of student progress including academic, professional, and personal development (CACREP, 2001). Since Universities have been called to court to defend their remediation policies (McAdams, Foster & Ward, 2007) clear policies and procedures are imperative. The latest research on remediation in graduate programs (i.e., policy, admissions, at-risk student identification, regular student and clinical supervisor evaluations), outcome data, and a demonstration of our current model of remediation and retention will be presented along with student feedback on the remediation process.

**Sunday, March 27, 2011**  
*7:30 am - 8:30 am*  
*Addictions Academy*  
*Program ID #541, Convention Center, Room 208*

**Alcohol Use in Older Adults: Risk Factors, Impact, and Implications for Counselors**

60-Minute Session  
*Melanie Robbins, Indiana University, Bloomington, IN*

As the population of older adults continues to grow, their need for mental health and counseling services steadily increases. Alcohol use is frequently correlated with a number of mental health factors, including depression. This indicates a need to increase the awareness of the implications of alcohol use in older adults in the counseling field in order to implement appropriate treatment plans and actions. This session discusses relevant risk factors that contribute to alcohol use in older adults, as well as intervention methods that counselors can utilize. Because alcohol use in older adults often goes unnoticed, presenters will also discuss assessment techniques and signs and symptoms that counselors should be aware of.
Sunday, March 27, 2011
7:30 am - 8:30 am
Addictions Academy
Program ID #542, Convention Center, Room 209
Addressing the Implications of Male Socialization for Substance Abuse Counseling
60-Minute Session
Mark S. Woodford, The College of New Jersey, Ewing, NJ
This session is intended to be a scholarly, practical guide for counselors who work with boys and men who are struggling with substance abuse issues. The contribution of the masculine socialization process in the development of risk and protective factors for substance use disorders will be discussed. Case examples will be provided that demonstrate how substance abuse counselors can develop a gender-responsive mindset in order to be open and vigilant throughout the assessment and treatment planning process in regards to recognizing important gender-specific information.

Sunday, March 27, 2011
7:30 am - 8:30 am
Military Counseling Academy
Program ID #543, Convention Center, Room 222
Working With Female Veterans
60-Minute Session
Larry Ashley, University of Nevada, Las Vegas, Las Vegas, NV, Meghan Pierce
According to the United States Department of Veteran Affairs (2009), the population of woman veterans has reached a staggering 1,824,198. As the war progresses, this number will rise exponentially. Research has found that women have a higher vulnerability to developing PTSD when compared to men. This session discusses the affects of combat on female veterans and implications for gender specific treatment.

Sunday, March 27, 2011
7:30 am - 8:30 am
Military Counseling Academy
Program ID #544, Convention Center, Room 221
The Antonio E. Garcia Center: The Bridge Between Social Justice Pedagogy and Practice
60-Minute Session
Chloe Lancaster, Texas A&M- Corpus Christi, Corpus Christi, TX, Denise Dominguez
Despite its far reaching implications for the profession, social justice can be a difficult concept to teach in a classroom setting without real world application. This presentation describes the social justice training and supervision model developed by doctoral student counseling supervisors at a university counseling center. Utilizing the advocacy competencies as an overarching framework, center supervisors have integrated the tenants of social justice to inform supervision activities and service delivery from micro to macro levels of intervention. Presenters will share key elements of their training model including best practices to address systemic change through counseling and related activities.
Career Development/Employment Counseling Academy
College Counseling Academy
Program ID #545, Convention Center, Room 220
Daydream Believer: A Glimpse Into the Secret Career and Lifestyle Aspirations of College Students
60-Minute Session
P. Clay Rowell, North Georgia College & State University, Dahlonega, GA, Christopher T. Pisarik

College students often harbor vivid, detailed, and fascinating career and lifestyle aspirations in the form of daydreams. These daydreams are rarely shared which is unfortunate, as they provide great potential as a tool for career choice assessment, and as a strategy for career/lifestyle planning. This session will report the findings of an intriguing qualitative study that examined the “work” and “lifestyle” based daydreams of college students. By doing so, the presenters will offer glimpses into the private career and lifestyle goals and desires of college students. The use of work-based daydreams as both a career assessment strategy and a career counseling intervention will be thoroughly discussed and demonstrated.

Sunday, March 27, 2011
7:30 am - 8:30 am
Social Justice Academy
Program ID #546, Convention Center, Room 201-202
Effective Assessment and Social Justice Advocacy Strategies of Refugees and Political Asylum Seekers From a Counseling Model
60-Minute Session, Advanced
Benjamin J. Warner, Welch-Warner, PA, Austin, TX

This session will address effective mental health assessment and social justice advocacy strategies for working with immigrants, refugees, political asylum seekers, and victims of torture. Topics covered include assessing mental health symptoms from a migration trauma perspective, creating effective mental health assessment affidavits from a counseling perspective, consultation and collaboration with immigration attorneys in advocating for clients, and expert witness testimony in Federal Immigration Court from a professional counseling perspective. Case studies, example mental health affidavits, clinical experience, and further resources will be provided.

APA CE Credit Available

Sunday, March 27, 2011
7:30 am - 8:30 am
Counselor Education & Supervision Academy
Program ID #547, Convention Center, Room 214
Using Session Transcript Analysis To Determine Level of Expertise in Counselors
60-Minute Session, Advanced
Livia M. D’Andrea, University of Nevada, Reno, Reno, NV, Colin M. Hodgen

A qualitative data analysis software program was used to analyze counselor responses during 18 transcribed counseling sessions conducted by counselors of various experience levels, including six well-known experts. Previous studies of counselor response patterns have not considered experience level. In the present study, six transcripts were collected from each of three
experience categories, 10 years or less, between 11 and 20, and expert. A visual, color
presentation of each counseling session shows how the response patterns of each experience
level differs in terms of the type and frequency of response. Both the method of analyzing
counselor response categories and the possibilities for counselor education and supervision are
exciting.

*APA CE Credit Available*

**Sunday, March 27, 2011**
**7:30 am - 8:30 am**
*Spirituality and Religious Values Academy*
Program ID #548, Convention Center, **Room 224**
**Social Constructivism as a Philosophical Foundation for Spirituality Counseling**
60-Minute Session
*Rober Rocco Cottone, University of Missouri - St. Louis, St. Louis, MO*
A theory that allows for an accepting and inclusive philosophy for incorporating spirituality
issues in counseling is presented. Counselors will learn how they can be affirming and accepting
of differing religious or spiritual ideals, even when the counselor adheres to conflicting religious
ideals. The social constructivism movement is described historically and theoretically, and then it
is related to the practice of spirituality counseling. Tenets of constructivism will be outlined. A
case scenario will be presented. Handouts also will be provided. You will have an opportunity to
ask questions, to share your experiences, and to provide your opinions on the topic.

**Sunday, March 27, 2011**
**7:30 am - 8:30 am**
*Couples & Family Counseling Academy*
Program ID #549, Convention Center, **Room 217**
**Utilizing the Therapeutic Power of Play in Family Counseling**
60-Minute Session, Advanced
*Jill Thorngren, Montana State University, Bozeman, MT*
Research and professional literature continue to illuminate the benefits of play therapy with
various clients in a variety of settings (APT, 2008), including adults and families (Gil, 1994;
Murphy, 2010). Yet counselors continue to struggle with locating training opportunities about
how to incorporate play within the context of family counseling. Thus the purpose of this
session, to provide you with the philosophical/theoretical rational regarding play therapy, offer
non-directive and directive interventions, play techniques, and therapeutic methods with diverse
populations.

*APT CE Credit Available*

**Sunday, March 27, 2011**
**7:30 am - 8:30 am**
*School Counseling Academy*
Program ID #550, Convention Center, **Room 218**
**Microaggressions Against African American Middle School Students: Implications for
School Counselors**
60-Minute Session
*Malik S. Henfield, The University of Iowa, Iowa City, IA*
The low academic achievement of African American students in comparison with their peers has been well-documented in popular and scholarly literature. To combat this issue, it is imperative that educators, particularly school counselors, develop a true understanding of what it means to be an African American in multiple educational settings. As such, drawing on the findings of a larger qualitative research study, this session will detail the experiences of African American males in a predominantly White middle school. According to the findings, black male participants, dependent on their various backgrounds, were aware of some, but not other types of microaggressions. Implications for school counselors will be discussed.

Sunday, March 27, 2011
7:30 am - 8:30 am
ARCA Sponsored Session
Program ID #551, Convention Center, Room 219
Collaborative Recovery in Action: Innovative Service Agencies Initiated in Post-Katrina New Orleans
60-Minute Session
Henry McCarthy, Louisiana State University Health Sciences Center, New Orleans, LA
Touched by the devastation from the Katrina floods, many volunteers came from across the USA to help rebuild New Orleans. Besides altruism, many professionals were motivated by opportunities to contribute to social change by restructuring inadequate service systems. This session showcases innovative agencies and collaborative lessons that were developed from local insiders insight and experience combined with volunteer outsiders fresh ideas and specific expertise.

Sunday, March 27, 2011
7:30 am - 8:30 am
Child & Adolescent Counseling Academy
Program ID #552, Convention Center, Room 223
Attachment and the Primary School Teacher: How Community and School Counselors Can Support the Learning Environment
60-Minute Session, Advanced
Terry L. Morris, University of New Mexico, Albuquerque, NM, Michele Coleman
Research suggests that working with children suffering from disorganized attachment disorders require specific modalities of treatment. In addition, since children spend large portions of their day in school where their behaviors can cause serious disruptions and lead to mislabeling, the importance of involving school personnel in the treatment process cannot be understated. This session will provide to community and school counselors the latest in neuroscience attachment research, effective treatment strategies, and support tools that can aide school personnel and families in recognizing the symptoms of disorganized attachment and working with these children more effectively in the classroom.

Sunday, March 27, 2011
7:30 am - 8:30 am
Program ID #553, Convention Center, Room 212
Using Social Media to Build and Maintain a Successful Practice, Connect With Clients, and Advocate for Mental Health
Nathan Gehlert, Loyola University Maryland & Imago Center of Washington DC, Washington, DC

Social media is a tool that counseling professionals can use to promote their practice and the field, communicate with the public about mental health issues, and communicate with their clients in ways that are meaningful, ethical, and beneficial. This session shares best practices for the use of social media in the counseling profession and draws on methods and practices being used in other health fields and in the business sector. You will become familiar with different social media technologies and services and how they can be used in unique ways. The presenter will also highlight how different and diverse groups use social media and how that affects how counselors need to tailor the use of social media to reach these groups.

Sunday, March 27, 2011
7:30 am - 8:30 am
Military Counseling Academy
Program ID #554, Convention Center, Room 213
Professional Counseling With Military Members and Their Families: Challenges, Potential Obstacles and Successes
60-Minute Session
Neil Duchac, Capella University, Perrysburg, OH, Catherine Stower

More than two million troops have been deployed since 2001, yet many counselors are still struggling with the knowledge and skills necessary to work with military members and their families. Counselor educators may be grappling with supervision and training ideas for graduate students entering their fieldwork and counselors throughout the country working with military and their families while seeking licensure have expressed concerns regarding the limited number of approved supervisors with necessary skills and knowledge. Developing an understanding of the diverse military culture, understanding the cycles of deployment, knowing where to find current resources, and utilizing best practices are considered as a priority for these presenters.

Sunday, March 27, 2011
7:30 am - 8:30 am
Program ID #555, Convention Center, Room 211
Introduction to Post-traumatic Growth: The Transformative Side of Trauma
60-Minute Session
Lea R. Flowers, Georgia State University, Atlanta, GA, Julia Whisenhunt, Leslie Shelton, Natalie Grubbs, Kyrstin Lokkesmoe

Although the term posttraumatic growth was recently coined by researchers, the idea that human beings can be changed by their encounters with life challenges, sometimes in radically positive ways, is not new (Tedeschi, Calhoun, & Cann, 2007). The theme is present in ancient spiritual and religious traditions, literature, and philosophy (Tedeschi & Calhoun, 2004). But it is only within the past three decades that an emphasis on the systematic study and theorizing of posttraumatic growth emerged (Tedeschi, Calhoun, & Cann, 2007). Given its relative youth, much confusion continues surround the phenomenon of posttraumatic growth. Accordingly, the presenters see a need for coverage of this topic in a professional learning environment where kno
Research in the Counseling Profession: What Is Needed Now
90-Minute Session
Kelly L. Wester, University of North Carolina at Greensboro, Greensboro, NC
Research has been a buzz topic among counseling professionals. More specifically discussions of how to use research, the integrity and usability of research, and how to conduct research have been the focus during the past few years. Research is important to address issues raised by the curiosity of any counselor who wondered if there was a better way to help those within their school, agency, classroom or counseling practice. What are the best practices? How can we verify our experience through research that addresses issues in our work? Come and explore the status of counseling research and what is needed to help enhance our profession’s research applicability.

Promoting Effective Collaboration Between University and Field Supervisors in Clinical Mental Health Training
90-Minute Session, Advanced
Linda L. Barclay, Walsh University, North Canton, OH, Gail F. Mears
Clinical field supervisors take on enormous responsibility in working with CMHC interns, often managing both work and training supervision requirements. Universities, per CACREP standards, orient field supervisors to university placement processes. However, our discussions with clinical field supervisors indicate that they would appreciate closer collaboration with university faculty in regard to clinical field training strategies and tools. This session will explore strategies for promoting such collaboration while respecting the clinical management integrity of field placement sites. You are invited to share your successful collaboration strategies in CMHC field training.

Unraveling the Factors that Generate Academic Success Among African American Youth from Low-income, Single-parent Households
90-Minute Session
Joseph M. Williams, University of Iowa, Iowa City, IA
Perhaps one of the most pressing issues in American public education (K–12) is addressing the diverse needs of low-income and racial and ethnic minority students whose circumstances place them at risk of educational failure (Bryan, 2005). This session will report preliminary research
findings of a qualitative study that explored the ways in which the home, school, and community environment contributes to the academic success of African American high school graduates from high-risk environments. Implications for counselors and counselor educators will be discussed, as well as assessment tools for identifying appropriate multi-systemic interventions and increasing accountability.

Sunday, March 27, 2011
8:45 am - 10:15 am
LCA Sponsored Session
Wellness Academy
Best Practices Academy
Program ID #560, Convention Center, Room 210
Techniques and Principles of Stress, Sleep, Mindfulness, and Meditation Therapies
90-Minute Session, Advanced
Vincent Anthony Escandell, Veteran's Affairs Medical Center Alexandria, Alexandria, LA, Cindy Burch Escandell
Techniques supported by psychophysiological and cognitive research on producing healing and growth for diagnosis of depression, pain and anxiety as well as head trauma.

Sunday, March 27, 2011
8:45 am - 10:15 am
Multicultural Counseling Academy
Spirituality and Religious Values Academy
Program ID #561, Convention Center, Room 207
Multicultural Literacy, Neurobiology, and Resistance to Diversity: How Addressing Spirituality May Help
90-Minute Session, Advanced
Harriet L. Glosoff, Montclair State University, Montclair, NJ, Sandra I. Lopez-Baez
Although the relationship between spirituality and other cultural factors is complex, many theorists present spirituality as an innate component of culture. The process of becoming a multiculturally literate counselor involves resistance and fear as a bi-product of reconciling cultural information that may seem contradictory to one's experiences. In this interactive session, we will explore how fear of the unfamiliar naturally creates resistance to learning new information. We will also discuss ways in which working with students to identity spiritual aspects of their being (e.g., meaning and purpose, a sense of interconnectedness) may be one way to help them work through such resistance. Case examples and handouts will be provided.

Sunday, March 27, 2011
8:45 am - 10:15 am
Couples & Family Counseling Academy
LGBT Academy
Program ID #562, Convention Center, Room 208
The Broken Bond: Victim Experiences and Clinical Interventions for Domestic Violence in Gay Couples
90-Minute Session, Advanced
Greg Ammon, Beloit Health Systems, Beloit Memorial Hospital, Beloit, WI, Ryan Hancock, Michael Kocet

Explore the issue of domestic violence within the gay male population, where legal, community and mental health intervention and care are needed. This population can face struggles with possible biases from law enforcement, medical caregivers, mental health professionals, shelter workers and family/support persons. Research on the topic of perception and intervention/lack of intervention on the gay victim population will be shared. A discussion of abuse definitions in conjunction with relevant domestic violence cycles will be explored, linking with the understanding of unique needs and specialized interventions for counseling as well as community advocacy.

Sunday, March 27, 2011
8:45 am - 10:15 am
Couples & Family Counseling Academy
Military Counseling Academy
Program ID #563, Convention Center, Room 209
Understanding the Nature of Attachment for the Children of Returning U.S. Military Veterans
90-Minute Session, Advanced
Daniel Williamson, Lindsey Wilson College, Columbia, KY, Jennifer Williamson, Richard E. Watts

Military veterans returning from extended absences are faced with many challenges especially within their immediate families including reconnecting with children and reintegration and role identification within the family. Bowlby and Ainsworth suggested that during a child's development, a hierarchical structure of attachment based upon security and emotional support determines where individuals fall in that hierarchy. This session focuses on identifying elements associated with attachment relationships and potential issues for returning veteran parents. You will learn about changes in the Reactive Attachment Disorder diagnostic criteria as identified in the DSM V and acquire skills appropriate for helping veterans.

Sunday, March 27, 2011
8:45 am - 10:15 am
Program ID #564, Convention Center, Room 222
Calling all Master’s Students: Finding Your Way Post-graduation
90-Minute Session
Kerry Bartlett, University of Nevada Las Vegas, Las Vegas, NV, Asti Sproul, Ryan F. Reese, J. Seth Korn

Global stress on the economy has hindered graduates’ abilities to secure employment. Many anticipated jobs are not available forcing graduates to consider alternate avenues. This panel of recent graduates will support future graduates via transitional mentorship while discussing current obstacles and providing salient suggestions to these challenges. Discussion topics will include but are not limited to pursuing professional practice vs. continuing education, passing the national counselor examination, locating supervision for obtaining licensure, fulfilling requirements for practice in several states, and finding answers to new questions when they arise. You are encouraged to attend to obtain resources and a sense of direction.
**Sunday, March 27, 2011**  
**8:45 am - 10:15 am**  
**Trauma/Disaster Mental Health Academy**  
**Child & Adolescent Counseling Academy**  
**Program ID #565, Convention Center, Room 221**  
**Utilizing Play Therapy For Children Exposed to Major Disasters**  
90-Minute Session, Advanced  
*Kaprea Johnson, The Pennsylvania State University, University Park, PA*  
Between January 2009 and January 2010 there were 59 major disaster declarations by FEMA. In the event of a major disaster children are one of the most vulnerable populations during and after the occurrence (Speier, 2000). This session will guide counselors through disaster response principles, principles of incident command structure, and phases of disasters. Through gaining competencies as a disaster response interventionist the session will then move forward to exposing you to play therapy techniques through experiential exercises and case studies. To conclude, recommendations will be provided on ways to gain training, service opportunities, and recommended readings.

**Sunday, March 27, 2011**  
**8:45 am - 10:15 am**  
**Counseling Ethics & Legal Issues Academy**  
**Program ID #566, Convention Center, Room 220**  
**Introspective Ethics: Using Self-awareness to Develop Ethical Sensitivity and Enhance Ethical Behavior**  
90-Minute Session, Advanced  
*Cecile Brennan, John Carroll University, University Heights, OH*  
Tired of attending ethics presentations which focus on the do’s and don’ts, which reiterate principles you already know by heart? This session moves ethics instruction to a new level. While knowledge of ethical codes and laws is important, it is not enough. Applying some of the same principles used in work with clients, this introspective approach moves beyond rule-based instruction into the realm of the emotional, temperamental and psychological. You are guided toward understanding the internal basis of ethical actions and developing a proactive, individualized ethical plan.

**Sunday, March 27, 2011**  
**8:45 am - 10:15 am**  
**Multicultural Counseling Academy**  
**Rehabilitation Counseling and Disability Issues Academy**  
**Program ID #567, Convention Center, Room 201-202**  
**Exploring Cultural Issues in Autism Diagnosis and Treatment Planning**  
90-Minute Session, Advanced  
*Henry L. Harris, University of North Carolina at Charlotte, Charlotte, NC, Beth Durodoye, Demetria Ennis-Cole*  
Autism is one the fastest growing developmental disorders in today’s society that involves mild to severe deficits in a person’s ability to communicate and socially interact with others. Most recent data indicate that 1 out of 110 children have an Autism Spectrum Disorder. Autism may show signs of development as early as 36 months and is also much more common in males than
females. Even though autism impacts all racial and ethnic groups regardless of socioeconomic level, only a small amount of information exists that address cultural factors impacting autism. You will learn how race, ethnicity, religion, socio-economic status, and the region of the country may impact the autism diagnosis and the type of services received.

APA CE Credit Available

Sunday, March 27, 2011
8:45 am - 10:15 am
College Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID #568, Convention Center, Room 214
Coping With ADHD: A Group Intervention for College Students With ADHD
90-Minute Session, Advanced
Deborah Ebener, Florida State University, Tallahassee, FL, Susan Miller Smedema, Amanda Freeman
This session will present a group counseling intervention for college students with ADHD. The purpose of the group intervention is to improve students’ academic outcomes, quality of life, and ability to cope with the daily challenges of ADHD. The 8-week cognitive-behavioral group intervention is based on theories of adaptation and research related to adaptation to disability, quality of life, and college outcomes. This session will include an overview of the group topics and the psychosocial, academic and substance use outcomes of this approach. Strategies to develop and implement counseling services for college students with ADHD will be discussed.

APA CE Credit Available

Sunday, March 27, 2011
8:45 am - 10:15 am
Counselor Education & Supervision Academy
Program ID #569, Convention Center, Room 224
Panel Discussion on Student Learning Outcomes in Counselor Education
90-Minute Session
Robert Urofsky, CACREP, Alexandria, VA
The purpose of this session is to bring together counselor educators that have already begun to incorporate student-learning outcomes and related assessment practices to discuss what they are doing and the challenges and successes they have encountered along the way. This panel will provide programs that are just starting with student-learning outcomes a variety of models for different strategies of incorporating student-learning outcomes into overall programs. The panel also will provide programs that have already started to incorporate student-learning outcomes and related assessment practices with examples of challenges and successes that will enable them to avoid potential pitfalls and make useful program modifications.

Sunday, March 27, 2011
8:45 am - 10:15 am
Group Work Academy
School Counseling Academy
Program ID #570, Convention Center, Room 217
Let’s Play! Integrating Child-Centered Group Play Within Your Comprehensive School Counseling Program
90-Minute Session
Angela I. Sheely-Moore, Montclair State University, Montclair, NJ, Peggy Ceballos
With the myriad of job responsibilities of school counselors, having adequate time to fulfill these duties is an on-going challenge. Child-centered group play counseling can serve as a possible strategy to maximize effective delivery of counseling services. This session presents unique clinical and ethical considerations when engaging in child-centered group play counseling in the schools. Through experiential exercises, demonstrations, and discussion, you will learn practical strategies to integrate group play counseling within their school counseling program. Cultural considerations when working with racially and ethnically diverse student populations will also be addressed.

Sunday, March 27, 2011
8:45 am - 10:15 am
Trauma/Disaster Mental Health Academy
Counseling Ethics & Legal Issues Academy
Program ID #571, Convention Center, Room 218
Cultural Competence and Ethical Dilemmas in International Disaster Mental Health Response: Lessons From Haiti
90-Minute Session, Advanced
Laurie A. Persh, US Conference of Catholic Bishops, Washington, DC, Stephanie Scott
Months after the earthquake happened in Haiti, volunteer workers continue to come and go. This session will present a synthesis of lessons learned based on the deployment experiences of two seasoned mental health professionals. Case scenarios which highlight true ethical challenges for providing culturally competent care will be shared and presented for interactive group discussion. Current models of crisis intervention for disaster mental health (CISM and Psychological First Aid) will be reviewed for their application. Suggestions for interventions and best practice will be discussed, along with ideas about broader implications. You will receive a packet of information and suggestions.

Sunday, March 27, 2011
8:45 am - 10:15 am
Mental Health/Private Practice Academy
Best Practices Academy
Program ID #572, Convention Center, Room 219
Neurology for Smarties: The Counselor’s Role in Symptom Recognition and Support
90-Minute Session
Jessica Smith, Spokane Mental Health Center, Spokane, WA, Elisabeth Dunn Bennett, Chester C. Mardis, Hali V. Neves
This session will provide an engaging means of teaching the basics of neuroanatomy, brain function, and common diseases of the brain. Counselors will learn to identify symptoms related to neurological dysfunction so as to make appropriate referrals. You will learn the supportive role a counselor can take to assist individuals with neurological disorders and to educate and support family members of those struggling with neurological issues. You will leave with
increase knowledge, a 'cheat sheet' for indentifying symptoms, and the know-how for appropriate referral and supportive treatment.

**Sunday, March 27, 2011**  
8:45 am - 10:15 am  
Program ID #573, Convention Center, Room 223  
**Sexual Addiction 101: Assessment and Treatment of the Sexual Addict and Their Intimate Partner**  
90-Minute Session  
*Barbara Steffens, Steffens Counseling Services, LLC, West Chester, OH*  
Sexual addiction experts offer the conservative estimate that 3%-6% of the adult population of the U.S. meets the criteria for sexual addiction. Today's mental health counselors are seeing such cases in their practices and often find themselves unprepared to respond. This session will present best practice information as to the assessment and treatment of sexual addiction, as well as offer a research-based model for assisting the intimate partner of the sexual addict. You will receive an exhaustive resource list including bibliography, web-based and community support networks, and professional training opportunities.

**Sunday, March 27, 2011**  
8:45 am - 10:15 am  
**Mental Health/Private Practice Academy**  
Program ID #574, Convention Center, Room 212  
**Self-Esteem or No-Self: From Feminism to Buddhism, An Exploration of Authenticity and Self**  
90-Minute Session, Advanced  
*Jaime Jasser, Ohio State University, Columbus, OH, Matthew Fleming*  
According to Buddha, “Nothing ever exists entirely alone; everything is in relation to everything else.” This session will explore “what is authenticity” and how authenticity in relationships relates to theories of self development. You will be exposed to several theoretical constructs of authenticity and self. This will help you to develop your own framework for these constructs as a way to become more intentional therapists. Audience participation will be encouraged as we develop ideas of self. The session is intended to address practitioner tension associated with the difficulty of cultivating both acceptance and empowerment in themselves and their clients. Experiential exercises from several world views will be included.

**Sunday, March 27, 2011**  
8:45 am - 10:15 am  
**Mental Health/Private Practice Academy**  
Program ID #575, Convention Center, Room 213  
**Treating Complex Post-traumatic States: From Evidenced Based Treatments to Object Relations**  
90-Minute Session, Advanced  
*Ronnie James Llewelyn, Volunteers of America, Utah at Cornerstone Counseling Center, Salt Lake City, UT, Jana C. Fulmer*  
Treatment of Type 2, or Complex Posttraumatic Stress Disorder (PTSD) differs significantly from the treatment of Type 1 PTSD. This session will help you distinguish the differences
between Type 1 and Type 2 PTSD, and will challenge your thinking about PTSD in General. A three-tiered treatment model will be used to demonstrate the various areas that are necessary for helping those who suffer from severe, Type 2 PTSD. Elucidation of evidenced based treatment techniques and transferential object relational methods will be discussed-in depth.

Sunday, March 27, 2011
8:45 am - 10:15 am
NCDA Sponsored Session
Career Development/Employment Counseling Academy
Counselor Education & Supervision Academy
Program ID #576, Convention Center, Room 211
Strategies for Teaching Graduate Level Career Development Classes: What 25+ Years of Teaching Has Taught Us
90-Minute Session
Debra Osborn, University of South Florida, Tampa, FL, Pat Schwallie-Giddis, Levette S. Dames
Are you teaching the Master’s level career counseling course? Are you a newbie, or looking for some fresh ideas for teaching the course? This session will share activities for face-to-face and online career courses from the presenters, as well as the results from a national survey about the attitudes, pedagogical tools and activities, and advice of instructors of this course. Come be encouraged and inspired!

Sunday, March 27, 2011
10:30 am - 11:30 am
AACE Sponsored Session
Mental Health/Private Practice Academy
Multicultural Counseling Academy
Program ID #578, Convention Center, Room 203-205
Diagnosis, Cultural Factors, and the Clinical Decision Making Process
60-Minute Session, Advanced
Elizabeth A. Prosek, Old Dominion University, Norfolk, VA
The United States population continues to diversify as a culturally mosaic society. This diversification impacts how counselors serve the emotional needs of clients with mental health concerns. Counseling program curriculum and diagnostic tools, such as the Diagnostic and Statistical Manual for Mental Disorders, have responded with multicultural competence considerations. This session furthers discussion of multicultural competence, extending research to include degree of cultural match between counselor and client. The degree of cultural match is discussed in terms of relationship to the clinical decision making process of counselors and counselor trainees. Implications to practice and program development are discussed.

Sunday, March 27, 2011
10:30 am - 11:30 am
ACES Sponsored Session
Counselor Education & Supervision Academy
Multicultural Counseling Academy
Program ID #579, Convention Center, Room 206
I Could Be Illegal: Exploring Students’ Perceptions of the National Debate on Mexican Immigration
60-Minute Session, Advanced
Selma D. Yznaga, The University of Texas at Brownsville, Brownsville, TX
The explosive population growth of immigrant Latinos in the United States has immediate implications for counselor educators and supervisors. Recent laws such as Arizona’s SB 1070 have polarized the nation and resulted in an increase in Latinos’ perception of racial discrimination, regardless of their citizenship status. The immigration debate involves compound dimensions, most of which are not fully exposed in the popular media. This session is an experiential role play portraying the multiple voices involved in the immigration dialog. The objective is to provide a deeper understanding of Latinos’ shifting demography in the United States in order to guide students toward culturally respectful treatment and socially responsible action.

Sunday, March 27, 2011
10:30 am - 11:30 am
LCA Sponsored Session
Program ID #580, Convention Center, Room 215-216
The Power of Gratitude to Heal, Energize and Change Our Lives
60-Minute Session
Ron Cathey, Louisiana Tech University, Ruston, LA, Paul T. Ceasar
Reflect on the concept of gratitude in your personal and professional live and reach out to various populations and community groups to share about the power of gratitude. Presentations and groups focusing on gratitude can be incorporated into the counseling process and shared with the greater community. Learn how outreach to communities throughout the state of Louisiana has touched a diverse population. The presenters have created a gratitude video, presented gratitude related sessions; and developed curriculum and materials to offer gratitude presentations and group sessions in a variety of sessions throughout Louisiana.

Sunday, March 27, 2011
10:30 am - 11:30 am
IAMFC Sponsored Session
Addictions Academy
Couples & Family Counseling Academy
Program ID #581, Convention Center, Room 210
Babies, Bottles, and Booze: Counseling Moms in Recovery to Develop Health-Protective Behaviors Using an Integrative Group Approach
60-Minute Session
Wanda P. Briggs, Winthrop University, Rock Hill, SC, Virginia A. Magnus, Susan R. Furr, Pam S. Lassiter
The goal of this session is to promote awareness of the problems of mothers in recovery. The objectives is to provide opportunities for you to develop a deeper awareness of the determinants, context, and common characteristics of mothers in recovery; an understanding of the consequences of substance abuse in mothers; and an understanding of an integrative group counseling approach aimed at developing health-protective and developmental behaviors in mothers in recovery.
Preparing Emergent Counselors To Work With Spiritually Diverse Clients: Implications for Supervision
60-Minute Session
Elizabeth O’Brien, University of Tennessee at Chattanooga, Chattanooga, TN
This session is designed to help educators and supervisors facilitate beginning counselors understanding of their spiritual developmental level and its impact on clients. Session content will explore Fowler’s stages of spiritual development, illustrate strategies in supervising students exploration of spiritual development and how this impacts their practice, and provide example case studies for you to practice the materials presented.

Counselors: Making a Difference Wherever You Are Through Community Engagement
60-Minute Session
Catherine Chang, Georgia State University, Atlanta, GA, Michael Brubaker
This session will provide an understanding of how you can create and initiate community engagement activities that illustrate the unique and positive value of counselor services in every community, school, or university. Rather than adopting another organization’s favorite volunteer or donation activity, this session will illustrate how counselors can initiate and promote community engagement activities that address our clients’ needs and reflect positively upon counselors and counseling services. You will leave feeling more empowered to help ameliorate the problems that confront every community, school, or university.

Preparing Students With Disabilities for Their Future Careers
60-Minute Session
Melinda M. Gibbons, University of Tennessee, Knoxville, TN, Blair Mynatt
Counselors working student-clients receiving special education services must understand the unique career and educational needs of this population in order to assist with their transition from secondary school. This session provides an overview of the transition services section of an IEP and offers ideas and resources for assisting in the career and postsecondary planning for students in special education. School counselors and mental health counselors working with adolescents
with special needs will benefit from this session by learning about both the legal and practical aspects to providing transition services. An extensive handout will be provided.

**Sunday, March 27, 2011**

**10:30 am - 11:30 am**

**Program ID #585, Convention Center, Room 222**

**The Emperor Has No Clothes: A Debate About the Future of Counselor Research**

60-Minute Session, Advanced

*David Kaplan, American Counseling Association, Alexandria, VA, Douglas Guiffrida, Kathryn Z. Douthit*

The current trend in mental health research, promoted by the National Institute for Mental Health (NIMH), is to focus on empirically validating techniques, interventions, and programs. At its peril, professional counseling has ignored this approach and instead concentrated over 80% of its research efforts on limited descriptive studies. In this session, the presenters will detail the dire state of counseling research and debate options for rectification, which range from focusing on research questions and methods that reflect counselor identity to completely abandoning research altogether. Your input will be an integral part of this session as we all work together to launch a more productive era in counseling research.

**Sunday, March 27, 2011**

**10:30 am - 11:30 am**

**Trauma/Disaster Mental Health Academy**

Program ID #586, Convention Center, Room 221

**Disaster Mental Health and Trauma Research: Integrating Key Concepts for Disaster Mental Health Response**

60-Minute Session, Advanced

*Julie Uhernik, Private Practice, Parker, CO*

The field of Disaster Mental Health is rapidly evolving. Ongoing research is pointing to evidence informed mental health disaster support and interventions. At the same time, research in the field of trauma and neurobiology has given a greater understanding of human behavioral responses common in a disaster. The basic drive to seek connection (attachment) in time of stress is an area of focus in trauma study. This session will highlight the intersection of current research in disaster mental health and trauma, and the implications for counselors called to respond in disaster.

**Sunday, March 27, 2011**

**10:30 am - 11:30 am**

**Rehabilitation Counseling and Disability Issues Academy**

Program ID #587, Convention Center, Room 220

**Counseling in the World of Silence: Play Therapy With Low Language/No Language Children**

60-Minute Session

*Jill Van Horne, Families Together, Asheville, NC, Emily J. Donald, Christie Rogers-Larke*

Counselors are sometimes called to assist students who have experienced trauma who possess little to no language skills, hearing or various developmental issues. Play therapy will be examined for its applicability to these types of students. Counselors will gain an understanding
of the unique factors that come into play when working with students effected by trauma who are
low or no language students. Modifications of programs will be identified, discussed and
explored for their effectiveness.

**APT CE Credit Available**

Sunday, March 27, 2011
10:30 am - 11:30 am
Program ID #588, Convention Center, Room 201-202

**Fido and Freud Meet! Integrating Animal-assisted Therapy Into Traditional Counseling Theories**
60-Minute Session, Advanced
Laura Bruneau, Adams State College, Alamosa, CO, Amy R. Johnson

The use of animals can be a wonderful addition to the counseling process. Counselors of all
specialty areas can use Animal-assisted therapy (AAT) with their clients/ students. This session
will provide a brief introduction to AAT, including the history of AAT, the benefits of AAT, and
potential limitations of this modality. Emphasis will be given to traditional counseling theories/
interventions that blend well with AAT’s theoretical foundations, such as reality therapy and
solution-focused therapy. AAT can provide endless possibilities to your professional work; come
ready to be inspired about AAT!

**APA CE Credit Available**

Sunday, March 27, 2011
10:30 am - 11:30 am

**Trauma/Disaster Mental Health Academy**
Program ID #589, Convention Center, Room 214

**Counselor, Heal Thyself: Preventing, Recognizing, and Addressing Vicarious Trauma**
60-Minute Session, Advanced
Matthew Paylo, Youngstown State University, Youngstown, OH, Nicole Adamson, Nicole
Bradley, Victoria White Kress

Counselors working with those who have experienced isolated traumatic events (e.g., natural or
human-made disasters,) or repeated traumas (e.g., enduring child abuse) are susceptible to
Vicarious Trauma (VT). Both neophyte and seasoned counselors can benefit from an enhanced
understanding of their VT risk factors and their personal strengths which may insulate them from
VT. Case study applications will allow participants to learn VT principles and how to advocate
for culturally sensitive strategies for VT prevention practices. You will be actively engaged in
developing an action plan intended to insulate them from VT, and address current VT reactions.

**APA CE Credit Available**

Sunday, March 27, 2011
10:30 am - 11:30 am

**Child & Adolescent Counseling Academy**
**Best Practices Academy**
Program ID #590, Convention Center, Room 224

**Children and Chronic Sorrow: Reconceptualizing the Emotional Impact of Parental Rejection and Its Treatment**
60-Minute Session
Parental rejection is not a singular event, but instead, is re-experienced by children regularly through rejecting parents' continual disappointments, broken promises, and dashed hopes. When the grief of rejection has been targeted for intervention, it has been viewed as a normal reaction to the finite loss of parental involvement, with recovery involving a child's movement from the loss through progressive stages of healing. Research suggests that children who experience perpetually recurring losses may not be subject to traditional emotional responses but, rather, to Chronic Sorrow, a distinct type of emotional distress that requires specialized considerations for counseling intervention.

Sunday, March 27, 2011
10:30 am - 11:30 am
Child & Adolescent Counseling Academy
Program ID #591, Convention Center, Room 217
Growing Up Online: An Alternative Avenue for Adolescent Self-Discovery
60-Minute Session
Kimberly Mason, University of New Orleans, New Orleans, LA
Social media can provide adolescents opportunities to experiment with their identities. Because adolescence is a period where individuals begin to explore, experiment, and define who they are, the increased popularity of social media raises questions about the possible consequences of online communication for adolescents’ identity development. You will learn how often adolescents engage in Internet-based identity experiments, with what motives they engage in such experiments, which self-presentation strategies they use while experimenting with their identity, and the impact online communication has on their identity development. Strategies to help them develop a healthy on-and-offline identity will be discussed.

Sunday, March 27, 2011
10:30 am - 11:30 am
School Counseling Academy
Program ID #592, Convention Center, Room 218
Promoting Counseling Services in Today’s Test-Focused Schools
60-Minute Session
Carolyn Berger, Nova Southeastern University, Ft. Lauderdale, FL, Mercedes ter Maat
School counselors often get stuck performing non-counseling related duties because their administration’s primary goal is to improve test scores. Administrators do not typically see the connection between counseling and increased test scores; therefore, counseling services take a back burner to test-related duties. This session will help counselors overcome this obstacle by linking counseling services to the administration’s goals of improving test scores. The presenters will utilize ASCA’s framework, accountability models, and real-world experiences to show counselors how to “sell” their counseling program to administrators. You will leave with a plan for promoting counseling services at their test-focused schools.

Sunday, March 27, 2011
10:30 am - 11:30 am
Military Counseling Academy
Program ID #593, Convention Center, Room 219
Military Families: The New Face of Counseling
60-Minute Session
Ljubica Malinajdovska, Argosy University, Atlanta, GA, Michelle D. Mitchell, J. Fidel Turner, Jr., Suneetha B. Manyam, Rhonda F. Jeter

There is an increased need for the provision of counseling services for military personnel and their families. There is limited information about therapeutic practices and academic programs designed specifically for military families. The presenters will provide an overview of the complex mental health issues faced by soldiers, veterans, and their families. The presenters will apply the fundamental tenets of Bronfenbrenner's (1977) Ecological Model to the current literature about military families and provide strategies for treatment. Presenters will explore the components needed for counseling curriculum that specifically address the needs of military personnel and their families.

Sunday, March 27, 2011
10:30 am - 11:30 am
Child & Adolescent Counseling Academy
Military Counseling Academy
Program ID #594, Convention Center, Room 223

Kids Serve Too: An Overview and Evaluation of a Therapeutic Intervention for Children of Deployed and Injured Troops
60-Minute Session
Christine A. Ward, Old Dominion University, Norfolk, VA, Melissa Alvarado

Having a parent sent to war can be one of the most stressful and traumatic experiences a child can face. Emotional and behavioral issues faced by children of deployed troops are widely documented, and include separation anxiety, aggression, sleep and attention difficulties, and depression. Learn about Camp C.O.P.E., a therapeutic intervention designed to help children and families of deployed, injured, and fallen troops cope with the stress and trauma faced when a loved one goes to war. Findings from an evaluation of Camp C.O.P.E.’s effect on family functioning and child/adolescent behavioral and emotional adjustment will be presented. Specific resources and interventions for working with military families will also be provided.

Sunday, March 27, 2011
10:30 am - 11:30 am
Program ID #595, Convention Center, Room 212

Counselors’ Program Evaluation Toolbox: Effective Evaluation Principles and Strategies
60-Minute Session, Advanced
Sylvia Nassar-McMillan, North Carolina State University, Raleigh, NC, Abigail Holland, Jason Osborne, Lynn Zagzebski

In our current age of accountability, counselors are increasingly called upon to document evidence-based outcomes and other metrics of program effectiveness. This session will review the key components of effective evaluation, providing case examples from a recent NASA project. This experientially-based program will demonstrate actual methodologies employed, and facilitate audience participation in order to engage attendees as evaluators. Results and implications of our own research project will be discussed, along with implications for counselors who wish to attend to the critical aspect of program evaluation in their own settings.
Sunday, March 27, 2011
10:30 am - 11:30 am
Program ID #596, Convention Center, Room 213
Home-Based Family Counseling: An Emerging Field in Need of Professionalization
60-Minute Session
Greg Czyszczon, Crossroads Counseling Center, Harrisonburg, VA, Cheree` Hammond
Join us in a discussion of pivotal importance to the profession and to poor and minority families receiving home-based family counseling. Home-based interventions are provided to support children at greatest risk for placement outside the home, however, currently no professional guidelines or over-sight exist for this high-stakes and intensive counseling modality. Those who work with families and children, have an interest in family counseling, or supervise trainees will be interested to join in a conversation detailing this modality and its distinct ethical and multicultural challenges. All are invited to participate in a discussion of proposed guidelines for the professionalization of home-based counseling.

Sunday, March 27, 2011
10:30 am - 11:30 am
Program ID #597, Convention Center, Room 211
Beyond Dollars for Hours: Maximizing Your Private Practice Potential
60-Minute Session
Deborah A. Legge, Influential Therapist, Buffalo, NY
This session is for mental health professionals who are looking to build or enhance their private practices by broadening their vision beyond a 'dollars for hours' mentality. Here we will challenge the traditional view of private practice as static and confined to the therapy room. You will be given five strategies to increase their income by utilizing others and others' resources as well as by embracing current technology and social media to build successful careers. You will also be given information, worksheets, and other materials to assist you in personalizing and pursuing what you have learned.

Sunday, March 27, 2011
11:45 am - 1:15 pm
LCA Sponsored Session
Counseling Ethics & Legal Issues Academy
Program ID #599, Convention Center, Room 203-205
Working With Minors: Ethical and Legal Concerns
90-Minute Session, Advanced
M. Janelle Disney, McNeese State University, Lake Charles, LA
When mental health professionals work with minors, special ethical and legal issues must be considered. This session will focus on a variety of potential problems when working with minors in the areas of custody, confidentiality, informed consent, and records. Pertinent Federal and state laws will be reviewed. Audience participation will be an essential part of this presentation. You will learn about how laws related to mental health services and custody of children were developed; about the ethical concerns of confidentiality and legal concerns of privileged communication when working with different aged children; about minor clients records and informed consent issues related to the age of the child.
Sunday, March 27, 2011
11:45 am - 1:15 pm
Program ID #600, Convention Center, Room 206
A Paradigm Shift: New Strategies of Counseling Older Persons
90-Minute Session
Margaret Cooney, California State University - San Bernardino, San Bernardino, CA, Cheryl J. Simpson, Robert A. Butziger, Colwick Wilson
This session will focus on the relevance of counseling for individuals over 50 which include the baby boomer generation. Some are joking that 60 is the new 40, and others feel like has-beens in a younger world of science and technology. While many have prepared for retirement, others are in denial. They face adjustment issues with social circumstances, such as being single in a coupled world, spiritual challenges that involve forgiveness of individuals and institutions, career transitions rising out of need, recognition of new limitations, and struggles with self-esteem. Using research, professional experience, and collaboration with participants, the panel will explore issues related to longevity and wholeness of older clients.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Child & Adolescent Counseling Academy
Program ID #601, Convention Center, Room 215-216
Promoting Mental Health and Reducing Barriers to Learning: Maximizing Collaboration Between Mental Health and School Counselors
90-Minute Session, Advanced
Nancy Nguyen, The Pennsylvania State University, State College, PA
Despite the fact that many schools employ school counselors, schools are still not adequately staffed to address significant mental health issues that contribute to students’ failure to achieve. To more adequately address the mental health needs of students, many schools are partnering with community mental health agencies to offer comprehensive school-based mental health services. Given the increasing integration of mental health and school systems and the promise of this model of practice, this session will provide counselors with a practice model and innovative strategies (e.g., boundary spanning, cultural brokering) for maximizing collaboration between mental health and school counselors.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Counselor Education & Supervision Academy
Program ID #602, Convention Center, Room 210
Challenges, Lessons, and Implications for Training Counselors in a Global Setting
90-Minute Session, Advanced
Mei Tang, University of Cincinnati, Cincinnati, OH, Siu-Man Raymond Ting, Shu-Chung Chen, Robert A. Ross
Counselors in both U.S. and international settings are trained to learn counseling theories and strategies based predominantly on Western culture. It is uncertain whether the Western-based theories apply well to the international settings. The panel will share their extensive experiences of teaching counseling in either U.S. or non-U.S. settings to illustrate challenges of applying Western-based counseling concepts to international students in and outside of U.S.
ecological analysis of complexity of teaching and practicing Western-based counseling theories to international populations or settings will be demonstrated to examine and enhance your own teaching and practicing strategies with diverse populations.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Program ID #603, Convention Center, Room 207
“Crying Wolf”: Threat Assessment on Campuses
90-Minute Session
Rick A. Myer, Duquesne University, Pittsburgh, PA, Richard K. James
Making a decision about the veracity of a threat is no easy task. Make the wrong decision and someone might die, but if you cry wolf too often everyone stops listening and then the potential for making a wrong decision becomes more likely. This session outlines several perspectives that can be used to analyze threats. These perspectives allow you to sort through a situation in order to make the best decision possible given the nature of a threat. Breaking down threats into clear components makes decisions less subjective in order to make better decisions that are based in fact and not conjecture.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Couples & Family Counseling Academy
Rehabilitation Counseling and Disability Issues Academy
Program ID #604, Convention Center, Room 208
Children Diagnosed With Autism Spectrum Disorder: What Impact Does the Diagnosis Have on Mothers?
90-Minute Session, Advanced
Tracie Self, University of Iowa, Iowa City, IA, Cindy Boyle
As diagnosed cases of Autism Spectrum Disorder (ASD) continue to rise, so does the need for skilled practitioners in schools and communities to work with these families. Specifically, it is mothers who are consistently identified in research literature as the most greatly impacted family members, experiencing their own unique challenges. You will explore both positive and negative outcomes through the use of case studies and discussions. Strategies to establish coping mechanisms, identification of potentially mitigating factors, national resources, and techniques for assisting mothers in dealing with changes in social role expectations will be explored.

Sunday, March 27, 2011
11:45 am - 1:15 pm
College Counseling Academy
Multicultural Counseling Academy
Program ID #605, Convention Center, Room 209
Creating Stepping Stones: Counseling Working Class Students in College Counseling Centers
90-Minute Session, Advanced
Darcie A. Davis-Gage, University of Northern Iowa, Cedar Falls, IA, Carol Klose Smith
College students who transition from a working class background into a college or university setting can have difficulty adjusting to this new environment. Presenters will share results of
their research which will highlight themes of presenting problems and strategies which these students found to be most helpful in the counseling session. Presenters will provide case examples and you will learn strategies to improve services to these students.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Child & Adolescent Counseling Academy
School Counseling Academy
Program ID #606, Convention Center, Room 222
**Individual and Familial Interventions With Perpetrators and Victims of School Bullying**
90-Minute Session, Advanced
Jered Kolbert, Slippery Rock University, Slippery Rock, PA, Laura Crothers, Julaine Field
The session will provide school counselors with practical strategies for conducting individual counseling with frequent victims and perpetrators of bullying and consulting with the parents/guardians of victims and perpetrators. These strategies will be depicted either through video demonstrations or live role-plays. You will learn how to use a social-ecological model to identify individual characteristics of students and aspects of their school and family environment that may be contributing to the development and maintenance of a student’s involvement in bullying, and the implications for intervention.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Best Practices Academy
Program ID #607, Convention Center, Room 221
**Diverse Immersive Social Media: The Threats and Opportunities for Professional Counselors**
90-Minute Session
Charles R. Crews, Texas Tech University, Lubbock, TX
Diverse immersive social media reaches all demographics of people in this information era. For Baby Boomers through Generation Me the communication technologies available to professional counselors are as diverse as the clients and students we serve. This session will engulf you in a technological odyssey of sound, word, and imagery. Come explore how professional counselors may positively capitalize on commonly used media to enhance practice and avoid potential negative consequences of being technologically illiterate. Current research will be reviewed on the impact of using social media. Practical, ethical, and creative techniques will be presented as you learn about the use of social media in counseling.

Sunday, March 27, 2011
11:45 am - 1:15 pm
LGBT Academy
Program ID #608, Convention Center, Room 220
**North vs. South: Understanding Regional and Cultural Differences in Sexual Risk-taking Behavior Among Gay Men**
90-Minute Session, Advanced
Leslie Kooyman, Montclair State University, Montclair, NJ
This interactive session will present surprising research findings from two large-scale studies that examined sexual risk-taking behavior and relationships of gay men from two regionally different areas of the country. One study was conducted in the Southeast (n=576) and the other in the New York metro area (n=542). Factors influencing sexual behavior of gay men will be presented with a comparison analysis of cultural differences in the two regions. Implications and strategies for counseling gay and bisexual men will be discussed. Racial, ethnic, and age differences will also be addressed.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Mental Health/Private Practice Academy
Program ID #609, Convention Center, Room 201-202
Neurofeedback: An Essential Counseling Intervention for Brain Dysregulation
90-Minute Session, Advanced
Lori Russell-Chapin, Bradley University, Peoria, IL, Theodore Chapin
You will be introduced to the main constructs and skills of neurofeedback (NF) and neurotherapy. A simple NF definition is biofeedback for the brain utilizing electroencephalographic (EEG), computer technology and operant conditioning. Neurofeedback may correct irregular brainwave patterns and regional cerebral blood flow concerns associated with mental health and cognitive concerns such as ADHD, depression, anxiety, migranes, etc. It is a noninvasive technique with very few contraindications. A powerpoint presentation, a NF video and an individual NF demonstration will be provided. As we learn more about the brain and its functioning, NF may be the counseling intervention that provides the missing link for our chronic clients.

APA CE Credit Available

Sunday, March 27, 2011
11:45 am - 1:15 pm
Couples & Family Counseling Academy
Military Counseling Academy
Program ID #610, Convention Center, Room 214
Military Families and Wartime Stress: Implications for Counseling
90-Minute Session, Advanced
JoLynne Reynolds, Regis University, Denver, CO, Linda Osterlund, James Ungvarsky
This session will provide you with current research and information on the challenges faced by today's military families during wartime. The panel of presenters, counselors and marriage and family therapists, include those that have either served in the military and were deployed to war zones, or have had personal experience within a military family as a spouse or child of a veteran. Specific challenges faced by each family member will be discussed as well as the variables that increase resiliency of the individual family members and the family as a whole. The session will include didactic and discussion components.

APA CE Credit Available

Sunday, March 27, 2011
11:45 am - 1:15 pm
Mental Health/Private Practice Academy
Understanding Brain Structure, Function, Neurochemistry, and Psychopharmacology: An Integrated Approach
90-Minute Session
Edward G. Shaw, Wake Forest University (WFU) and WFU School of Medicine, Winston-Salem, NC

Psychopharmacology is a rapidly evolving area that virtually all counselors are exposed to. Understanding the medications counseling clients are on is essential to comprehensive care. This session provides an integrated approach to learning psychopharmacology that includes information on normal brain structure and function, basics of neurochemistry and neurotransmitters, the concept of balanced brain chemistry, neurotransmitter imbalances in the most common mental health disorders, psychopharmacology and how specific drugs correct neurotransmitter imbalances, and currently used drugs for depression, anxiety, schizophrenia, bipolar disorder, dementia, ADHD, and drugs to treat common addictions (alcohol, opioids, and nicotine).

Sunday, March 27, 2011
11:45 am - 1:15 pm
Mental Health/Private Practice Academy

Client and Counselor Friendly Self-Report Questionnaires: DSM-5 Meets Clinical Practice
90-Minute Session, Advanced
Andrew Gersten, Self-employed, Manchester, NH

One of the proposed revisions to the DSM system is to incorporate brief evidence based client and clinician friendly questionnaires into the assessment of depression, anxiety, anger, and other problems routinely encountered by counselors. Specific self-report adult and child rating scales will be discussed. This session is beneficial to students and professional counselors, especially those involved in the diagnosis and treatment of mental health problems because brief user friendly measures will likely be incorporated into the DSM-5 and national managed behavioral health care and other organizations will continue to require their use. Therefore, professionals counselors will need to be knowledgeable and adept at using them.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Counselor Education & Supervision Academy

The BIG and Not So EASY: Solutions for Meeting CACREP 2009 Standards
90-Minute Session
Leigh Falls, Argosy University - Dallas, Dallas, TX, Beverly L. Mustaine, David Hargis, Dale Septeowski, Penny Dahlen, Joffery Suprina

Progressive programs are pressured to meet 2009 standards, increase enrollment, lower costs, & increase online/weekend formats to meet economic realities. A national panel will discuss how they are working together to develop creative solutions to meet these challenges including: admissions; advising and mentoring; funding and resource allocation; developing quality faculty for consistent educational experiences across formats; curriculum development; creating community among adult-learning environments; and ensuring systematic developmental
assessment and early intervention for professional, personal, and academic growth and
gatekeeping. A resource CD with suggested processes, rubrics, and forms will be provided.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Multicultural Counseling Academy
Program ID #614, Convention Center, Room 219
Allies Walking on White Bison’s Red Road to Wellbriety: Developing Culturally Informed Treatments for Native Americans
90-Minute Session
Susan Owre Gelberg, Mathew Ata’lunti’ski Poteet
This session will focus on Native American mental health issues. One treatment program, which is viewed as a tribal best practice for Native American clients, will be discussed by White Bison-certified co-presenters, one who is Oglala-Lakota/Chicamauga Cherokee/Takelma, and one who is a member of the dominant culture. They will discuss professional developmental issues associated with the proposal, planning, and co-leading of this program, which seeks to promote wellness, integrate traditional culture into mental health treatment, and address intergenerational trauma, PTSD, domestic violence, human development, and substance abuse issues. Traditional ceremonies, videos, discussion, networking, and resource lists will be provided.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Group Work Academy
Program ID #615, Convention Center, Room 223
Using Focal Conflict Theory To Understand and Influence Group Interaction in Psychoeducational Groups
90-Minute Session
Julia Champe, Southern Illinois University, Carbondale, IL, Deborah Rubel
Focal Conflict Theory (FCT) is an effective, easy way to understand and influence group interaction. A model for conceptualizing conflict in groups, FCT helps group counselors make sense of group-as-a-whole, subgroup, and individual interactions, frames leader observations, and guides leader interventions. This interactive session will help you become familiar with FCT and apply it to a variety of psychoeducational groups in diverse settings. Case examples will be used to help beginning and experienced participants identify effective and ineffective group interaction and leader intervention. You will also learn to plan and evaluate interventions for psychoeducational groups with diverse compositions using FCT.

Sunday, March 27, 2011
11:45 am - 1:15 pm
Couples & Family Counseling Academy
Military Counseling Academy
Program ID #616, Convention Center, Room 212
When Warriors Come Home: Using a Culturally Sensitive Family Systems Approach to Counseling Veterans and Their Families
90-Minute Session, Advanced
Veterans and their families face significant challenges when transitioning to civilian life. Civilian counselors, often unfamiliar with military culture and the emotional aftermath of war, are being called upon to provide counseling to veterans and their families. This session explores the complexity of counseling veterans and their families using a multicultural systems approach. Specifically, the systemic issues of triangulation, homeostasis, scapegoating, communication patterns, family and marital rules, and boundary violations in the treatment of PTSD, career disruption, marital discord, loss and grief, and substance abuse will be addressed with sensitivity to the military culture.

**Sunday, March 27, 2011**  
**11:45 am - 1:15 pm**  
*Career Development/Employment Counseling Academy*  
Program ID #617, Convention Center, **Room 213**  
**A Complete Job Search Strategy for Counselors**  
90-Minute Session  
*J. Shannon Hodges, Antioch University New England, Keene, NH, Amy Reece Connelly*  
This active session will focus on teaching graduate students and professional counselors the intricate nuances on how to conduct a successful job search. You will learn a job search model and will practice skills learned during the session. This session is ideal for any counselor contemplating a job search.

**Sunday, March 27, 2011**  
**11:45 am - 1:15 pm**  
*Wellness Academy*  
Program ID #618, Convention Center, **Room 211**  
**Cultivating Emotional Balance: A Merging of Eastern and Western Approaches to Managing Emotions**  
90-Minute Session  
*Eric S. Thompson, University of Florida, Gainesville, FL, Isabel A. Thompson*  
In 2000, there was a dialogue between the Dalai Lama and Western scientists and psychologists about how to integrate secular methods of meditation and current psychological theories of emotion management. From this dialogue, a program called Cultivating Emotional Balance emerged. Through Cultivating Emotional Balance training, counselors can effectively manage their own emotions and also assist clients. This experiential and interactive session will showcase key concepts and the latest methods of managing emotion from both East and West. Guided meditations will be offered. Those wishing to have greater emotional balance must attend this session!