

# GUIDELINES FOR AUTHORS

*The Journal of Humanistic Counseling (JHC)* is the flagship journal of the Association for Humanistic Counseling (AHC), a division of the American Counseling Association (ACA). Submissions to *JHC* should emphasize the ways in which humanistic ideologies inform counseling theory, practice, and outcomes. Because humanism has traditionally been associated with philosophical inquiry, *JHC* welcomes submissions on theoretical and philosophical issues in counseling. Manuscripts may take a variety of forms, such as conceptual essays, quantitative research, qualitative research, mixed methods research, or position papers.

## SUBMISSION OF MANUSCRIPTS

Manuscripts are to be submitted electronically (in one attachment) in Microsoft Word format (.doc) to <https://mc.manuscriptcentral.com/humanistic>. Full instructions and support are available on the site, and a user ID and password can be obtained on the first visit. Support can be obtained by phone (888-503-1050), or via the red Get Help Now link in the upper right-hand corner of the log-in screen. For additional inquiries, contact the journal editor: Matthew E. Lemberger, *JHC* Editor, University of New Mexico, 128 Simpson Hall, MSC05 3040, 1 University of New Mexico, Albuquerque, NM 87131; phone: 505-277-4535; e-mail: [jhc@unm.edu](mailto:jhc@unm.edu). Manuscripts are reviewed by at least two editorial board members and typically undergo revision before final acceptance. The Editor makes final decisions regarding publication. Disposition is generally determined within 90 to 120 days of submission, and there is a maximum of three submissions for any manuscript.

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## *JHC Guidelines for Authors (Continued)*

**Abstract:** The abstract should express the central idea of the manuscript in nontechnical language. It should be on page 2 and is limited to 50 words.

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Provide an adequate description of the sample including not only gender, age range, and socioeconomic status, but also participants' cultural, racial, and ethnic backgrounds. Discuss the clinical significance of results (e.g., effect size, narrative analyses).

**Page Limitations:** The manuscript should be 12 to 30 double-spaced pages.

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