American Counseling Association

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ACA Publications

By Counselors for Counselors
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See inside back cover for e-book ordering information.
ACA Ethical Standards Casebook
Seventh Edition
Barbara Herlihy and Gerald Corey

This top-selling text is a comprehensive resource for understanding the 2014 ACA Code of Ethics and applying its principles to daily practice. Each standard of the Code is presented with an explanatory case vignette, and a Study and Discussion Guide is provided at the beginning of each major section of the Code to stimulate thought and discussion. Common ethical concerns, with instructive case studies, are then explored in individual chapters. Topics addressed include client rights and informed consent, social justice and counseling across cultures, confidentiality, counselor competence, working with minor clients, managing boundaries, client harm to self or others, counselor training and supervision, research and publication, and the intersection of ethics and the law. Chapters new to this edition examine managing value conflicts and the issues surrounding technology, social media, and online counseling.

Webinar available at counseling.org/knowledge-center!

List Price: $72.95 | ACA Member Price: $49.95

The Counselor and the Law:
A Guide to Legal and Ethical Practice, Seventh Edition
Anne Marie “Nancy” Wheeler and Burt Bertram

In this latest edition of The Counselor and the Law, each chapter has been updated to reflect changes in the 2014 ACA Code of Ethics, findings of recent court cases, and new federal and state legislation. Attorney Nancy Wheeler and Burt Bertram, a private practitioner and counselor educator, provide an overview of the law as it pertains to counseling practice; an in-depth look at counselors’ legal and ethical responsibilities; and an array of risk management strategies. Written in a clear and engaging style, this text is not only a widely used and respected resource for students, it also provides real answers for practicing counselors who are challenged daily to act in the best interest of their clients while minimizing the chances of becoming involved in an ethical or legal complaint.

This edition contains a thoroughly updated chapter on distance counseling, technology, and social media; regulatory updates to the HIPAA and the HITECH Act; and recent case law developments regarding legal risks for counselor educators. The issues surrounding civil malpractice liability, licensure board complaints, confidentiality, duty to warn, suicide and threats of harm to self, professional boundaries, records and documentation, and managing a counseling practice are also addressed in detail.

List Price: $58.95 | ACA Member Price: $46.95
Ethics Desk Reference for Counselors
Second Edition
Jeffrey E. Barnett and W. Brad Johnson

“Barnett and Johnson bring their considerable experience as ethicists to this comprehensive, well-written volume. All practicing counselors need grounding in where our profession is, and where it is going, and with complete sections on technology and diversity issues, this book more than fills the bill.”
—Douglas C. Haldeman, PhD
John F. Kennedy University

This easily understood handbook provides counselors and students with the means to quickly apply the 2014 ACA Code of Ethics to practice and to professional roles and activities. It contains on-point recommendations for each section of the Code, a decision-making model, and a listing of ethics resources.

Part I presents each section of the Code, along with a brief commentary that emphasizes its most essential elements, common ethical dilemmas, and specific strategies for risk prevention and positive practice. Part II contains ethical guidance sections on culture and diversity, confidentiality and exceptions to confidentiality, counseling suicidal clients, multiple relationships in counseling, competence, supervision, managed care, termination and abandonment, and how to respond to an ethics complaint or lawsuit. New to this edition is a section titled “Integrating Technology Into Counseling Practice.”

List Price: $52.95 | ACA Member Price: $40.95

Boundary Issues in Counseling: Multiple Roles and Responsibilities, Third Edition
Barbara Herlihy and Gerald Corey

“This refreshing book employs clear, critical thinking in addressing the complexities of boundaries and dual relationships. A unique contribution, it is a liberating guide that supports counselors to traverse the territory of ethical, clinical decision making from a base of integrity and care rather than fear and ignorance.”
—Ofer Zur, PhD
Director, Zur Institute
Author, Boundaries in Psychotherapy

Fully revised in accordance with the 2014 ACA Code of Ethics and the current ethical codes of other mental health organizations, Boundary Issues in Counseling reflects the helping profession’s most up-to-date thinking on this topic and offers a wide range of opinions and perspectives. Ethics experts Barbara Herlihy and Gerald Corey, along with 40 guest contributors, share their thoughts on the ethical issues surrounding sexual dual relationships; multiculturalism and social justice; counselor education, supervision, and consultation; group counseling; couples and family counseling; and school counseling. In addition, coverage extends to specialty areas, such as disaster mental health, private practice, addictions and rehabilitation counseling, rural practice, counseling in the military, and forensic counseling.

WEBINAR available at counseling.org/knowledge-center!

2015 | 344 pgs | Order #78090 | ISBN 978-1-55620-322-0
List Price: $59.95 | ACA Member Price: $44.95
NEW RELEASES

DSM-5 Learning Companion for Counselors
Stephanie F. Dailey, Carnan S. Gill, Shannon L. Karl, and Casey A. Barrio
Minton

“This text presents an easy-to-understand review of the changes in the DSM-5. In every chapter, the authors provide illustrative case studies that demonstrate these changes, along with helpful questions for making diagnoses. This book is a necessary reference for students and practitioners alike.”

—Paul R. Peluso, PhD
Florida Atlantic University
Former Chair, ACA DSM-5 Task Force

This helpful guide breaks down the concepts and terminology in the DSM-5 and explains how this diagnostic tool translates to the clinical situations encountered most frequently by counselors. After describing the major structural, philosophical, and diagnostic changes in the DSM-5, the book is organized into four parts, which are grouped by diagnostic similarity and relevance to counselors. Each chapter outlines the key concepts of each disorder, including major diagnostic changes; essential features; special considerations; differential diagnosis; coding, recording, and specifiers; and, where applicable, new or revised criteria. Clinical vignettes help both clinicians and students visualize and understand DSM-5 disorders. Author notes throughout the text assist readers in further understanding and applying new material.

FREE podcast available to ACA members at counseling.org/knowledge-center!

2014 | 360 pgs | Order #78087 | ISBN 978-1-55620-341-1
List Price: $64.95 | ACA Member Price: $44.95

2014 State of the Profession: Counselor Compensation

Benchmark your compensation and benefits against other counseling professionals with this handy guide. Counselors from across the U.S. provided details to ACA in this comprehensive survey that looks at salaries and benefits—from healthcare, to parental leave, to retirement—broken down by education, licensure, work setting, geography, and other factors. Learn what you should be making with this timely, accessible book that offers the tools you need to make important decisions about your career. Contains specific findings for

- Mental health counselors
- Rehabilitation counselors
- School counselors

- Counselor educators
- Private practitioners

2014 | 104 pgs | Order #78097 | ISBN 978-1-55620-351-0
List Price: $149.00 | Member Price: $49.00

Order #78098 | Institutional Price: $249.00 – 3 copies

ACA Office of Professional Affairs

Professional counselors are licensed in all 50 states, the District of Columbia, and Puerto Rico. How do the laws compare? Which states require a jurisprudence exam? How many CE credits does each state require for renewal? Which states allow distance counseling? Find the answers in this comprehensive and current state-by-state report.

Features
- Contact information/website for every state licensing board
- Scope of practice for each state
- Renewal requirements by state
- Licensure portability/reciprocity
- Distance counseling/technology details
- Clinical supervisor requirements

List Price: $34.95 | ACA Member Price: $24.95

Harm to Others: The Assessment and Treatment of Dangerousness

Brian Van Brunt

“This wonderful book is a much-needed guide for all of us working in the field of risk assessment for violence. I have worked in this field for many years and have amassed a lot of experience, and I will have this book on my desk so I can refer to it every time I get that gut-wrenching call that begins, ‘I am worried that this person could act out violently. What should I do?’” (This opinion is not the opinion of the FBI. It is solely the opinion of Dr. Mary Ellen O’Toole.)

—Mary Ellen O’Toole, PhD
Author, Speaker, Senior FBI Profiler (ret.), Forensic Behavior Consultant

Harm to Others offers students and clinicians an effective way to increase their knowledge of and training in violence risk and threat assessment while providing a comprehensive examination of current treatment approaches. In an easy-to-understand, jargon-free manner, Dr. Van Brunt shares his observations, extensive clinical expertise, and the latest research on what clinicians should be aware of when performing risk and threat assessments. In addition, he offers numerous examples from recent mass shootings and rampage violence to help explain the motivations and risk factors of those who make threats. Two detailed case examples are presented to illustrate key concepts related to assessing dangerousness. Treatment options are then described, using a variety of diverse case studies to demonstrate concrete approaches for clients who have been identified as at risk for violence following a threat assessment.

List Price: $52.95 | ACA Member Price: $37.95
**NEW RELEASES**

counseling.org/bookstore | 703-823-9800 x222 | 800-422-2648 x222

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**A Contemporary Approach to Substance Use Disorders and Addiction Counseling**  
*Second Edition*  
*Ford Brooks and Bill McHenry*

Written as an introduction to the field of addiction counseling, this text covers the fundamental knowledge, understanding, and skills necessary to counsel people who are struggling with addiction. Drs. Brooks and McHenry provide a straightforward, compassionate, and holistic approach to treatment and recovery, from the major theoretical underpinnings, to assessment and diagnosis, to relapse prevention and spirituality. With a focus on current clinical applications and how-tos, this book is ideal both for master’s-level addictions courses and mental health clinicians.

Topics addressed include cultural and gender issues, including work with LGBT clients; drug classifications and referral; assessment, diagnosis, and interview techniques; the continuum from nonuse to addiction; work in college/university, school, and community/mental health agency settings; developmental approaches in treatment; the role of the family; grief and loss in addiction; group counseling; relapse and recovery; spirituality and support groups; additions training, certification, and ethics; and the importance of counselor self-care. Exploration questions and suggested activities are presented in each chapter.

*Available February 2015!*

List Price: $68.95 | ACA Member Price: $49.95

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**Treatment Strategies for Substance and Process Addictions**  
*Robert L. Smith*

This unique and timely text examines the most prevalent substance and process addictions and focuses on current research and evidence-based treatment strategies. Dr. Smith and his contributing authors, all with substantial clinical experience in working with addictions, highlight the models and methods used to treat addictions. Major substance addictions examined include alcohol, tobacco, marijuana, methamphetamines, and prescription drugs. Complete chapters are also devoted to the most frequently cited process addictions, making this text unique. Behavioral addictions covered in this text include pathological gambling, sex disorders, disordered eating, work, exercise, shopping, and Internet/gaming.

Each chapter contains an introductory section with student learning outcomes, a case study with reflective questions, techniques for assessment and diagnosis, inpatient and outpatient treatment approaches, and resources for further study. Additional features include coverage of cooccurring disorders, neuroscience research findings, discussions of evidence-based substance abuse, and addictions treatment programs.

With its emphasis on treatment strategies, this text can be used by practitioners as well as by professors in the classroom in introductory courses in addictions or in subsequent courses that focus on treatment strategies.

*Available March 2015!*

List Price: $64.95 | ACA Member Price: $44.95
Addiction in the Family: What Every Counselor Needs to Know
Virginia A. Kelly

Every counselor in every setting will encounter clients with substance abuse issues; yet, many counselors do not have the comprehensive knowledge of or training in addictions counseling or family therapy needed to address these issues. This book fills the training gap by providing a basic understanding of addiction and the role of the family, in addition to offering concrete strategies for assessment and treatment. Viewing addiction as a family disease, Dr. Kelly explores the complex challenges faced by family members of clients battling substance abuse, discusses the myriad ways addiction affects family dynamics, and offers insight into the behaviors that help sustain recovery and create and maintain healthy relationships.

Because addiction affects clients across all demographics, the universality of substance abuse is examined along with specific ethnic and cultural differences. The history of family therapy as a component of substance abuse treatment is provided, as are the primary models of addiction and family theory. A full chapter on the developmental concerns and coping behaviors of children growing up with parents with substance abuse issues illustrates the significant impact of addiction. Chapters on codependency and the emotional, behavioral, and relational consequences of living with a family member who is addicted are also included. Family support group treatment options complete the text.

Available May 2015!
List Price: $49.95 | ACA Member Price: $34.95

Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorders
edited by Christine Suniti Bhat, Yegan Pillay, and Priscilla Rose Selvaraj

This practical resource presents more than 50 group activities to support and enhance therapeutic and psychoeducational interventions for substance use disorders. Introductory chapters written by well-known experts provide a foundational framework. Creative activities are presented for specific populations, including veterans and youth, and for relapse prevention. Each activity contains specific directions, goals, materials, and suggestions for adaptation.

Available March 2015!
Published by the Association for Specialists in Group Work
List Price: $50.00 | ACA Member Price: $40.00
NEW RELEASES

counseling.org/bookstore | 703-823-9800 x222 | 800-422-2648 x222

Norman C. Gysbers, Mary J. Heppner, and Joseph A. Johnston

“Gysbers, Heppner, and Johnston continue their excellent contribution to the field with this edition. Their approach is highly practical for counselors helping diverse clients prepare for and manage the changing workplace and economy. I enthusiastically recommend this book as a must-have resource for counseling professionals, and as a textbook for graduate counseling programs!”
—Kenneth F. Hughey, PhD
Kansas State University

The latest edition of this bestseller will help both counselors-in-training and experienced clinicians update and expand their existing knowledge and skills in career counseling with clients of all ages and circumstances. Significant attention is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and transgender clients; clients from diverse socioeconomic backgrounds; and individuals with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with the client, effective use of assessment inventories and instruments, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to the counseling process. A new chapter titled “Using Social Media in Career Counseling” rounds out this exceptional book.

List Price: $74.95 | ACA Member Price: $52.95

Group Counseling With LGBTQI Persons
Kristopher M. Goodrich and Melissa Luke

This much-needed resource is designed to promote affirmative, competent group work with LGBTQI clients. It emphasizes the need for counselors to enhance their awareness, knowledge, understanding, and skills with these unique populations, along with the factors that contribute to successful group work. Drs. Goodrich and Luke capture the developmental concerns of LGBTQI individuals as they establish and maintain intimate relationships, create families, encounter career concerns, and navigate other life milestones and transitions.

After a discussion of the history of group work with the LGBTQI community, the planning and process issues that group leaders should consider in their work, and relevant ethical and legal concerns, the authors explore a range of group types and pertinent issues. Individual chapters focus on the following types of counseling: child and adolescent; same gender adult; intersex and transgender; coming out/disclosure; school, community outpatient, and residential; couples and family; substance abuse; grief and loss; and social justice, empowerment, and advocacy. Chapters on group work supervision and the importance of allies complete the book.

Available April 2015!

List Price: $54.95 | ACA Member Price: $38.95
Critical Incidents in Integrating Spirituality Into Counseling

*edited by Tracey E. Robert and Virginia A. Kelly*

“This casebook emphasizes the ‘how to’ in integrating spirituality in work with clients. Robert, Kelly, and their contributors have done an excellent job of addressing diversity issues with a variety of client populations across counseling specialties. This is a highly practical contribution to the literature that I strongly recommend to all counseling professionals.”

—Richard E. Watts, PhD
University Distinguished Professor and Director of the PhD Program in Counselor Education
Sam Houston State University

This compelling casebook integrates critical incidents, spirituality, and counseling with diverse populations dealing with issues across the life development continuum. It offers counselor educators, students, and clinicians a highly useful educational tool for more effective teaching and practice that will foster lively discussion, case conceptualization, and intervention skills.

Using an applied format, the book is organized in seven sections: life span issues, spirituality and wellness, specific disorders, substance abuse, career, diverse populations, and spiritual interventions. More than 50 contributors have been selected either to present specific incidents or to react to them. After each case is described, an expert practitioner answers the questions posed and provides additional insight and alternative strategies. The editors then offer their reflections, providing a concise summary of counseling outcomes.

List Price: $49.95 | ACA Member Price: $34.95

Counseling Older People: Opportunities and Challenges

*Charlene M. Kampfe*

This book provides insight into the primary issues faced by older adults; the services and benefits available to them; and the knowledge base, techniques, and skills necessary to work effectively in a therapeutic relationship. Dr. Kampfe offers empirically and anecdotally based strategies and interventions for dealing with clients’ personal concerns and describes ways in which counselors can advocate for older people on a systemic level. Individual and group exercises are incorporated throughout the book to enhance its practicality and usefulness.

Topics covered include an overview of population demographics and characteristics; counseling considerations and empowering older clients; successful aging; mental health and wellness; common medical conditions; multiple losses and transitions; financial concerns; elder abuse; veterans’ issues; sensory loss; changing family dynamics; managing Social Security and Medicare; working after retirement age; retirement transitions, losses, and gains; residential options; and death and dying.

List Price: $52.95 | ACA Member Price: $38.95
NEW RELEASES

A Counselor’s Guide to Working With Men
edited by Matt Englar-Carlson, Marcheta P. Evans, and Thelma Duffey

“Three renowned leaders have provided this landmark contribution to the counseling literature. The editors and their contributing authors express an empathic understanding about male socialization and explore why men are often reluctant to seek counseling. In a refreshingly positive manner, they address the particular needs of diverse populations of men and recommend how to modify counseling to work with men in different modalities and settings. This wonderful book is a superb resource for any counselor who works with men.”

—Mark S. Kiselica, PhD
The College of New Jersey Fellow and Former President
The Society for the Psychological Study of Men and Masculinity

This book examines a variety of critical issues pertaining to the psychology of men and masculinity and presents successful, evidence-based strategies for treatment. Part 1 focuses on treating men in couples counseling, group work, and career counseling, as well as counseling men about their health. Part 2 explores the intersections of identity for sexual minority men, older men, and fathers, and discusses spiritual work with men in life transitions. Part 3 addresses the concerns of men in the military, prevention of sexual violence, and treating men with addictions and trauma-related issues. Part 4 provides the specific clinical frames of female counselors using relational–cultural theory with men, and examines using motivational and masculine-sensitive therapy with men. Examples and vignettes throughout the text provide clinical relevance, and reflective questions in each chapter encourage readers to explore their own biases and ideas about working with men.

List Price: $64.95 | ACA Member Price: $45.95

International Counseling Case Studies Handbook
edited by Roy Moodley, Marguerite Lengyell, Rosa Wu, and Uwe P. Gielen

In this book, designed to increase mental health professionals’ global literacy, authors from 33 countries demonstrate multicultural skills and competencies through case studies that illustrate approaches to counseling and psychotherapy in their countries. Following an introductory section on the use of case studies, chapters focus on a cross section of countries in Africa; Asia; Central, North, and South America; Europe; and the Middle East. Each case describes the client and his or her presenting concerns and includes a culture-sensitive assessment and treatment plan, an analysis and critical reflection of the case, and questions for discussion. The final chapter of the text presents a comparative analysis of the cases.

Available April 2015!
2015 | 416 pgs | Order #78111 | ISBN 978-1-55620-335-0
List Price: $58.95 | ACA Member Price: $42.95
Culturally Responsive Counseling With Latinas/os
Patricia Arredondo, Maritza Gallardo-Cooper, Edward A. Delgado-Romero, and Angela L. Zapata

“The most accurate, detailed, and up-to-date coverage of the Latino experience in the U.S. that I have ever read. This book is ideal for multicultural counseling and ethnic studies courses across the undergraduate, master’s level, and doctoral curriculum.”
—Joseph G. Ponterotto, PhD
Fordham University

This book provides culture-centered assessment and intervention strategies for effective clinical practice with Latina/o individuals and families. Mental health professionals will gain new and expanded cultural competence as they learn to sensitively and ethically integrate Latino values into their work. Throughout the text, case scenarios illustrate ways to work successfully with clients of all ages. A sample culture-centered clinical interview is included, along with a listing of Latino-specific mental health resources. Topics discussed include roles, relationships, and expectations in Latino families; cultural and bicultural values; gender role socialization; generational differences; identity and acculturation issues; educational values and achievement; Latinas/os in the workforce; and religious beliefs and practices.

List Price: $64.95 | ACA Member Price: $45.95

Counseling for Multiculturalism and Social Justice: Integration, Theory, and Application
Fourth Edition
Manivong J. Ratts and Paul B. Pedersen

“This book builds on the expertise of the authors by successfully merging multiculturalism and social justice so that readers can understand the importance of bringing both counseling forces into their practices. This text takes the counseling profession to a new level, and I congratulate Drs. Ratts and Pedersen on this important development.”
—Judith A. Lewis, PhD

In this book, Drs. Ratts and Pedersen combine the very best from the multicultural and social justice traditions into a new paradigm, which will guide counselors toward a deeper understanding of the connections between these two counseling forces. Significantly updated and expanded from the previous edition, this fourth edition focuses on applying multiculturalism and social justice in various clinical settings with diverse client populations. A completely new applications section contains nine chapters on working with oppressed client groups, including African Americans; Asian and Pacific Islanders; Latin@; multiracial individuals; Native Americans; lesbian, gay, bisexual, and questioning clients; transgender individuals; women; and socioeconomically disadvantaged clients. Clients experiencing religious and spiritual concerns are discussed as well. Each of the chapters in this section provides an illustrative case study and numerous counseling examples.

List Price: $72.95 | ACA Member Price: $50.95
NEW RELEASES

counseling.org/bookstore | 703-823-9800 x222 | 800-422-2648 x222

Solution-Focused Counseling in Schools, Third Edition
John J. Murphy

The third edition of this widely adopted text covers both the philosophical foundations and nuts-and-bolts essentials of using solution-focused counseling to help preschool–12 students resolve problems. Dr. Murphy’s practical and respectful approach has been successfully applied by school counselors, counselors-in-training, psychologists, social workers, teachers, administrators, and clinicians who work with young clients. His empowering techniques help students focus on doing what works as simply and efficiently as possible by using their strengths, resources, wisdom, and feedback.

This edition includes new chapters and information on the restrictive influence of problems on people’s thinking, strategies for positive relationship building, collecting client feedback to monitor and improve counseling services, and coconstructing solvable problems and reachable goals. Real-life case examples, sample dialog from counseling sessions, discussion and practice exercises at the end of each chapter, troubleshooting tips, and new and expanded appendixes enhance classroom and clinical utility. A complimentary test manual and PowerPoint slides for instructors’ use are available by written request to ACA.

List Price: $58.95 | ACA Member Price: $46.95

Youth at Risk: A Prevention Resource for Counselors, Teachers, and Parents, Sixth Edition
edited by David Capuzzi and Douglas R. Gross

“This book not only provides a comprehensive review of preventative measures for working with youth, it also details a wide range of innovative interventions that can be readily applied by parents, practitioners, school counselors, and other professionals. I will use Youth at Risk in both my clinical practice and in the classroom.”

—Thelma Duffey, PhD
The University of Texas at San Antonio

In the latest edition of this best-selling text, distinguished counselors David Capuzzi and Douglas Gross, along with 24 experts in the field provide a prevention–intervention paradigm to address contemporary issues facing today’s youth. Written from a systemic perspective, this book offers guidance in helping teens who are struggling with the complex challenges that can be brought on by peers, family members, and difficult social environments.

Part 1 presents information on at-risk population identification, causal factors of problematic behaviors, and promotion of resiliency in youth. Part 2 examines the development of at-risk behaviors relating to dysfunctional family dynamics, low self-esteem, depression, mood disorders, and stress and trauma. Part 3 explores the behaviors most often identified as placing youth at risk, such as eating disorders, suicidal preoccupation, teen sexuality, gang membership, school violence, substance abuse, homelessness, school dropout, and bullying, as well as the unique strengths of and stressors faced by multiracial and LGBTQ youth. Case studies illustrate prevention efforts from individual, family, school, and community perspectives, and text sidebars create greater reader self-awareness and enhance the understanding of the concepts, skills, and applications of the chapter material. A complimentary test manual and PowerPoint slides for instructors’ use are available by written request to ACA.

List Price: $74.95 | ACA Member Price: $52.95
School Counselors Share Their Favorite Group Activities: A Guide to Planning, Conducting, and Processing, Vol. 2

*edited by Rebecca A. Schumacher and Khristi Keefe*

School counselors and school counselor educators: Are you looking for new and effective resources for your small group counseling programs for each stage of group development? This book will meet your needs! This sequel to the best-selling Volume 1 contains more than 60 new activities indexed in multiple ways for easy searching for specific activities and content. The book also contains essential information about group programs, including chapters that address group work in schools; multicultural perspectives; Response to Intervention; group processing; how to use data with small groups; legal and ethical issues; and more. You will find this to be a handy and easy-to-use manual for all of your small group counseling needs in schools.

**Available March 2015!**

*Published by the Association for Specialists in Group Work*

List Price: $50.00 | **ACA Member Price: $40.00**

School Counselors Share Their Favorite Classroom Guidance Activities: A Guide to Choosing, Planning, Conducting, and Processing

*edited by Janice DeLucia-Waack, Meghan Mercurio, Faith Colvin, Sarah Korta, Katherine Maertin, Eric Martin, and Lily Zawadski*

In this book, practicing school counselors have provided more than 60 classroom guidance activities that are presented across the three major ASCA areas in the National Standards for Students: Academic Skills, Personal/Social Skills, and Career Development/College Preparation. Activities are designed to integrate the ASCA Model, Response to Intervention (RTI), and the Social–Emotional Learning Standards, as well as to lay the groundwork for more intensive interventions, such as small group and individual interventions. Each activity clearly describes goals, materials needed, time estimates, directions, and processing questions and includes adaptation ideas and potential concerns. Introductory chapters, written by national experts including Rebecca Schumacher and Carolyn Stone, highlight the importance of working with teachers and the legal and ethical issues relevant to classroom guidance. Other chapters focus on integrating classroom guidance with RTI, character education, and antibullying efforts.

*Published by the Association for Specialists in Group Work*

List Price: $50.00 | **ACA Member Price: $40.00**
NEW RELEASES

counseling.org/bookstore  |  703-823-9800 x222  |  800-422-2648 x222

edited by Kerrie Fineran, Amy Nitza, Benjamin Houltberg, Jackie McCoy, and Sarah Roberts

This is the sequel to the Association for Specialists in Group Work's best-selling group activity book Group Work Experts Share Their Favorite Activities, Volume 2 offers more than 50 new and improved activities that can be implemented in a variety of practice settings. In this book, group workers from around the world offer step-by-step instructions for facilitating and processing group activities for work in clinical mental health settings, community organizations and agencies, student affairs, and counselor education. Among the topics addressed are group work with adults, children, and adolescents; couples and families; LGBT populations; college students; people with addictions; counselors-in-training; immigrants; and more. Descriptions of each activity include the target population, rationale for conducting the group, materials needed, goals, directions for implementation, sample processing questions, potential adaptations of the exercise, and specific references or resources. In addition, succinct chapters discuss considerations for both beginning and advanced group workers. This one-of-a-kind book is characterized by a practical approach to facilitating psychoeducational, task, counseling, and therapy-related groups.

Published by the Association for Specialists in Group Work
List Price: $50.00 | ACA Member Price: $40.00

VISTAS and the Counselor of Tomorrow
edited by Garry R. Walz and Jeanne C. Bleuer

This special edition of VISTAS celebrates the 10-year history of the online database, which now contains more than 700 articles by nearly 1,000 seasoned and aspiring scholars and practitioners. The database, accessible to ACA members in the Knowledge Center on the ACA website, presents articles on the latest research and techniques in the counseling profession. It represents many of the best ideas and practices of ACA members and offers highly useful and specific information on innovative interventions that can be put to use in a variety of counseling settings.

Although new contributions will continue to be added to the online database, this collection is composed of the final articles accepted under VISTAS creators and counseling pioneers, Garry Walz and Jeanne Bleuer. It contains reflective articles on the past and the future of the profession by Robert Chope, Samuel Gladding, Norman Gysbers, and Gerald Juhnke.

Published by Counseling Outfitters, LLC
List Price and ACA Member Price: $10.00
Counseling Around the World: An International Handbook
edited by Thomas H. Hohenshil, Norman E. Amundson, and Spencer G. Niles

“This book delivers on the promise to increase counselors’ global literacy through country ‘snapshots’ about the status of counseling. Counselors will view their professional identity in new ways as they read about common issues between countries and the unique country contexts that influence the practice of counseling.”
—Nancy Arthur, PhD
Canada Research Chair, University of Calgary

In this fascinating book, native counselors and leading experts from 40 countries discuss the opportunities for growth and the challenges they face in their countries. After an introductory section discussing global diversity themes and issues, chapters focus on key countries in Africa, Asia, Europe, the Middle East, North America, Oceania, and South and Central America. Each chapter covers the history and current state of counseling in the country, theories and techniques that have been shown to work best in meeting the needs of the population, diversity issues specific to the region, counselor education and training, and possibilities for the future of counseling in the country. A comprehensive list of international resources and counseling organizations is also included.

List Price: $59.95 | ACA Member Price: $44.95

edited by Courtland C. Lee

This widely adopted, seminal text offers sound direction from leading experts for multicultural practice with diverse client groups in a variety of settings. Fully updated, this edition goes to the core of what constitutes culturally competent counseling and intervention with the following groups:

• African Americans
• Latinos/as
• Asian and Pacific Islanders
• American Indians
• Arab Americans
• Multiracial individuals and families
• Women and men
• LGBTQT clients
• People with disabilities
• Deaf populations
• Older people
• Economically disadvantaged clients
• Military personnel

Case studies and innovative counseling techniques throughout the text emphasize the development of a productive working alliance between counselors and their clients, personal awareness and skill building, and practical application.

Webinar available at counseling.org/knowledge-center!

2013 | 352 pgs | Order #72916 | ISBN 978-1-55620-313-8
List Price: $74.95 | ACA Member Price: $52.95
Casebook for Counseling Lesbian, Gay, Bisexual, and Transgender Persons and Their Families
edited by Sari H. Dworkin and Mark Pope

This captivating book contains 31 case studies that examine contemporary issues facing the LGBTQQI community. The emphasis is on what is said and done in counseling sessions, including diagnosis; interventions, treatment goals, and outcomes; transference and countertransference issues; multicultural considerations; and recommendations for further counseling or training. The cases presented include coming out; counseling intersex, bisexual, and transsexual clients; couples, marriage, and family counseling; parenting; aging; working with rural clients and African American, Native American, Latino/a, Asian, and multiracial individuals; sexual minority youth; HIV; sexual and drug addictions; binational couples; work and career; domestic violence; spirituality and religion; sexual issues; and women's health.

List Price: $54.95 | ACA Member Price: $39.95

Understanding People in Context: The Ecological Perspective in Counseling
edited by Ellen P. Cook

This book emphasizes interventions that consider clients as individuals within the contexts of families, cultural groups, workplaces, and communities. Part I describes the research base and major tenets of the ecological perspective and its application to counseling practice. In Part II, experts discuss its usefulness in work with diverse clients with specific life challenges; assessment, diagnosis, and treatment planning; and in schools, substance abuse programs, faith-based communities, and counselor training programs.

List Price: $57.95 | ACA Member Price: $42.95

Experiential Activities for Teaching Multicultural Competence in Counseling
edited by Mark Pope, Joseph S. Pangelinan, and Angela D. Coker

This practical resource is for faculty teaching beginning and advanced multicultural counseling courses or other core classes who want to infuse issues of cultural diversity into the classroom. It contains 121 engaging and thought-provoking activities on a wide variety of topics. All exercises are tied to the core content areas of the 2009 CACREP Standards, making this a perfect tool for the student training. A CD-ROM with activity handouts in a PDF format accompanies the book for ease of distribution in the classroom.

List Price: $64.95 | ACA Member Price: $44.95
Integrating Spirituality and Religion Into Counseling: A Guide to Competent Practice
Second Edition
edited by Craig S. Cashwell and J. Scott Young

In this book, experts discuss how spiritual and religious issues can be successfully integrated into counseling in a manner that is respectful of client beliefs and practices. Through an examination of the 2009 ASERVIC Competencies for Addressing Spiritual and Religious Issues in Counseling and the use of evidence-based tools and techniques, this book will guide you in providing services to clients presenting with these deeply sensitive and personal issues. Strategies for clinical application are offered throughout the book and new chapters on mindfulness, ritual, 12-step spirituality, prayer, and feminine spirituality enhance application to practice.

List Price: $62.95 | **ACA Member Price:** $47.95

ACA Advocacy Competencies: A Social Justice Framework for Counselors
edited by Manivong J. Ratts, Rebecca L. Toporek, and Judith A. Lewis

Experts discuss how counselors, educators, and students can use the ideals in the ACA Advocacy Competencies with diverse client populations, across various counseling settings, and in multiple specialty areas. Examples in each chapter provide guidance as to when individual empowerment counseling is sufficient or when situations call for advocacy on behalf of clients or their communities. Thought provoking and engaging, this book is a cutting-edge resource for teaching and course work and a call for all counselors to participate in social justice and systems change.

List Price: $69.95 | **ACA Member Price:** $49.95

Counseling Multiple Heritage Individuals, Couples, and Families
written and edited by Richard C. Henriksen Jr. and Derrick A. Paladino

This book examines the strengths of and the challenges facing multiple heritage individuals, couples, and families. Topics covered include the effects of racial classification systems; identity development; transracial adoptions; and counseling strategies for children, adolescents, college students, adults, couples and families, and GLBT individuals. Poignant case studies illustrate important concepts and techniques throughout the book, and chapter review questions provide a starting point for lively classroom discussion.

List Price: $48.95 | **ACA Member Price:** $37.95
Group Work Experts Share Their Favorite Multicultural Activities: A Guide to Diversity-Competent Choosing, Planning, Conducting, and Processing

edited by Carmen F. Salazar

This book features contributions from experts in group work, multiculturalism, and social justice who are committed to diversity-competent group leadership. The result is a powerful synthesis of collective wisdom and useful exercises. Introductory chapters describe diversity-competent group work practice; types of diversity-related groups; and selecting, using, and processing group exercises. The activities focus on race, ethnicity, culture, gender, socioeconomic status, sexual orientation, ability, age, and spirituality and are designed for use with children, teens, and adults. A special section on training group leaders features guidelines, tips, and advice from a dozen experts.

Published by the Association for Specialists in Group Work
List Price: $45.00 | ACA Member Price: $35.00

Girls’ and Women’s Wellness: Contemporary Counseling Issues and Interventions

Laura Hensley Choate

This empowering resource examines issues faced by girls and women using an approach that emphasizes wellness and resilience. Each chapter contains assessment and intervention strategies, client handouts, self-exploration activities, case studies with discussion questions, and recommended resources. Topics covered include development and mental health, self-esteem, body image, relational aggression in girls, sexual assault and intimate partner violence, life-work balance, spirituality, college women’s experiences, and the distinct issues faced by mid-life and older women.

2008 | 304 pgs | Order #72876 | ISBN 978-1-55620-270-4
List Price: $55.95 | ACA Member Price: $39.95

Case Incidents in Counseling for International Transitions

edited by Nancy Arthur and Paul Pedersen

Using a case incident approach to teaching cultural sensitivity, this book explores the nature of cross-cultural transitions with clients from around the world. It focuses on the opportunities and challenges international workers, students, immigrants, refugees, and military personnel face from initial entry to the host culture to returning home. Among the issues addressed are culture shock, acculturation, dual career transitions, isolation, family expectations, identity confusion, career concerns, immigration obstacles, PTSD, and readjustment on returning home.

List Price: $62.95 | ACA Member Price: $40.95
A Handbook for Counseling International Students in the United States

*edited by Hemla D. Singaravelu and Mark Pope*

This handbook provides a detailed look at the lives of international students and the personal and academic challenges they face before, during, and after their college experience. Thirty-seven experts from around the world discuss a variety of common international student issues, including adapting to an unfamiliar culture and educational system, family expectations, isolation and adjustment, U.S. legal system bureaucracy, career decision making, sexual orientation, disability, financial obligations, and returning home. Individual chapters focus on the unique needs of students from eastern and southern Asia, Latin America, Africa, the Middle East, Europe, New Zealand, and the former USSR nations.

2007 | 352 pgs | Order #72849 | ISBN 978-1-55620-238-4
List Price: $55.95 | ACA Member Price: $39.95

Counseling for Social Justice, Second Edition

*edited by Courtland C. Lee*

This resource provides counselors with the skills necessary for becoming agents of social change and champions of social justice. Leaders in the field examine the social, cultural, and economic systems that perpetuate injustice and inequality and illustrate why counselors must accept their professional, ethical, and moral responsibility to help transform these systems.

Capublished by the ACA Foundation and Counseling Outfitters
List Price: $52.95 | ACA Member Price: $37.95

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Getting started with ACA Connect is easy! Go to counseling.org and login, then click “ACA Community,” and then “ACA Connect” (as an ACA member, you are automatically a member of ACA Connect). Have a look around and when you find an interesting topic, click “Reply to Discussion.”

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Danica G. Hays

“Danica Hays has skillfully and thoroughly updated and broadened this textbook. She has made a number of improvements to help instructors convey this information to students and we are confident that this will remain a widely used text for graduate courses. We wholeheartedly endorse this revision.”
—Albert B. Hood, EdD and Richard W. Johnson, PhD

Now more user-friendly than ever, while continuing the legacy of excellence that Albert Hood and Richard Johnson began, the latest version of this best-selling text updates students and clinicians on the basic principles of psychological assessment, recent changes in assessment procedures, and the most widely used tests relevant to counseling practice today. Hays walks the reader through every stage of the assessment process and provides practical tools such as bolded key terminology; chapter pretests, summaries, and review questions; self-development and reflection activities; client case examples; practitioner perspectives illustrating assessment in action; and handy tip sheets.

More than 100 assessment instruments examining intelligence, academic aptitude and achievement, career and life planning, personal interests and values, personality, and interpersonal relationships are described. Also discussed are specialized mental health assessments for substance abuse, depression, anxiety, anger, self-injury, eating disorders, suicide risk, and attention deficit hyperactivity disorder.

2013 | 416 pgs | Order #78074 | ISBN 978-1-55620-318-3 | List Price: $79.95 | ACA Member Price: $55.95

Statistical Methods for Validation of Assessment Scale Data in Counseling and Related Fields
Dimiter M. Dimitrov

This instructive book presents statistical methods and procedures for the validation of assessment scale data used in counseling, psychology, education, and related fields. In Part I, measurement scales, reliability, and the unified construct-based model of validity are discussed, along with key steps in instrument development. Part II describes factor analyses in construct validation, including exploratory factor analysis, confirmatory factor analysis, and models of multitrait-multimethod data analysis. Traditional and Rasch-based analyses of binary and rating scales are examined in Part III.

Dr. Dimitrov offers students, researchers, and clinicians step-by-step guidance on contemporary methodological principles, statistical methods, and psychometric procedures that are useful in the development or validation of assessment scale data. Numerous examples, tables, and figures provided throughout the text illustrate the underlying principles of measurement in a clear and concise manner for practical application.

2012 | 272 pgs | Order #72914 | ISBN 978-1-55620-295-7 | List Price: $74.95 | ACA Member Price: $52.95
Assessment of Client Core Issues
Richard W. Halstead

“How exciting for clinicians to have a comprehensive, systematic, and respectful lens to view their clients through. Dr. Halstead provides mental health professionals with a holistic model for conceptualizing clients’ core issues, and subsequently developing clinical assessments and interventions that honor the complexity of each individual.”

—Jodi Ann Mullen, PhD
State University of New York at Oswego

This monograph instructs counselors on how to better recognize, understand, and treat clients’ underlying problems. The model presented helps uncover the origin of these core concerns, provides a means to address them, and challenges counselors to move beyond the DSM to better serve their clients. This framework will also assist counselors in providing more targeted treatment plans.

List Price: $32.95 | ACA Member Price: $24.95

ACA Code of Ethics
As Approved by the ACA Governing Council

The ACA Code of Ethics was revised in 2014 and substantial updates occurred in many areas, including distance counseling, technology and social media, end-of-life issues, and appropriate termination and referral. The distance counseling, technology, and social media section addresses multiple issues that have arisen with advances in technology and provides guidance on integrating social media into counseling practice, while the section on appropriate termination and referral clarifies counselors’ ethical obligations when working with diverse clientele. Nineteen state licensure boards have adopted ACA’s Code as the state-mandated code of ethics in counseling. Single copy downloads of the ACA Code of Ethics are available free at counseling.org/knowledge-center/ethics. The Code is also available in packages of 25 for classroom and presentation use.

2014 | 24 pgs | Order #78096
List Price: 25 copies for $35.95
ACA Member Price: 25 copies for $25.95
The most current trends in solution-focused counseling are explored in the latest edition of this updated and expanded text. Dr. Guterman provides a comprehensive and straightforward discussion of solution-focused theory and describes how the model can be used throughout the therapeutic process. Clinical techniques and detailed case studies illustrate counseling with clients experiencing a range of problems, including depression, substance abuse, grief, morbid jealousy, and trichotillomania. New chapters and sections in this edition address anxiety, eating disorders, migraine headache, psychosis, spiritual and religious concerns, self-injurious behavior, and suicide. Additional features include excerpts of dialogue from actual counseling sessions, sample forms and supplementary materials, and troubleshooting tips for getting unstuck in difficult cases.

FREE podcast available to ACA members at counseling.org/knowledge-center!

List Price: $58.95 | ACA Member Price: $44.95

Counselors-in-training, educators, and clinicians will benefit greatly from this in-depth and thought-provoking look at family violence, its effects, and treatment options. This book examines the major issues and current controversies in the field, provides background information on each type of family violence, and offers strategies for combating domestic abuse. In an informative discussion designed to enhance counselors’ ability to assess and treat each type of family violence, Dr. Lawson covers both well-recognized forms of maltreatment, such as the abuse of women and children, and less understood issues, such as female-on-male intimacy violence, parent and elder abuse, same-sex violence, and dating violence and stalking. Case studies throughout the text illustrate clinical applications in action, and recommended readings are provided for further study.

List Price: $57.95 | ACA Member Price: $42.95
Eating Disorders and Obesity: A Counselor’s Guide to Prevention and Treatment

Edited by Laura H. Choate

Focusing on best practices and offering a range of current techniques, leaders in the field examine these life-threatening disorders and propose developmental and wellness-based approaches for clients of all ages. Parts I and II address risk factors and sociocultural influences on the development of eating disorders, gender differences, the unique concerns of clients of color, ethical and legal issues, and assessment and diagnosis. Part III explores prevention and early intervention with high risk groups in school, university, and community settings. The final section presents evidence-based treatment interventions, such as cognitive–behavioral, interpersonal, dialectical behavior, and family-based therapy.

2013 | 496 pgs | Order #78076 | ISBN 978-1-55620-319-0
List Price: $57.95 | ACA Member Price: $42.95

The Creative Arts in Counseling, Fourth Edition

Samuel T. Gladding

In this book, Dr. Gladding demonstrates how music, dance, imagery, visual arts, literature, drama, and humor can be used in counseling. Combining history, theory, and application, he provides a rationale for using each art form with how-to strategies for working with clients of all ages and cultural backgrounds. This edition includes “Creative Reflection” sections and a new chapter that describes the 117 exercises found in the book.

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List Price: $52.95 | ACA Member Price: $37.95

Creating Your Professional Path: Lessons From My Journey

Gerald Corey

In this engaging book, Dr. Corey writes about personal and professional experiences throughout his 50-year career. He shares recommendations and lessons he has learned, as well as turning points in his journey, how he developed his approach to counseling and group work, the counselor as a person and professional, the benefits of mentoring, becoming an ethical counselor, choosing a career path, professional writing, and self-care.

See page 44 for a DVD of Dr. Corey’s keynote address at the ACA Conference & Expo on these themes.

List Price: $24.95 | ACA Member Price: $19.95
Professional Development

counseling.org/bookstore | 703-823-9800 x222 | 800-422-2648 x222

**Terrorism, Trauma, and Tragedies: A Counselor’s Guide to Preparing and Responding, Third Edition**

*edited by Jane Webber and J. Barry Mascari*

Disaster mental health counseling has evolved substantially since the terrorist attacks on 9/11 and this book reflects the dramatic growth in knowledge and experience within the field. This third edition covers shootings on the Virginia Tech and Northern Illinois University campuses, the hurricanes in New Orleans and the Gulf Coast region, the earthquake in China, trauma affecting military veterans and their families, and other tragedies. A new section titled “Self Care for Counselors and First Responders” has been added to address compassion fatigue, secondary traumatization, and debriefing strategies to aid those who are on the front lines of disaster relief. This book offers lessons learned, crisis plans, step-by-step protocols, treatment strategies, and insights from experienced professionals.

*Published by the ACA Foundation*
List Price: $48.95 | **ACA Member Price: $37.95**

**The ACA Encyclopedia of Counseling**

This premiere counseling reference book is ideal for students, educators, supervisors, researchers, and practitioners seeking to quickly update or refresh their knowledge of the most important topics in counseling. More than 400 entries span the 2009 CACREP core areas used in counselor preparation, continuing education, and accreditation of counseling degree programs, making this a perfect text for introductory counseling classes or for use as a study guide when preparing for the National Counselor Exam. This encyclopedia goes beyond simply defining counseling concepts by making the material come alive through instructive examples that connect readers to practice, teaching, supervision, and research; and through its helpful cross-referencing of entries, boldfaced important terminology, and suggested resources for further study.

List Price: $104.95 | **ACA Member Price: $79.95**

**Counseling Strategies for Loss and Grief**

*Keren M. Humphrey*

This book describes effective counseling strategies for loss and grief issues commonly presented in individual, family, and group psychotherapy. In Part 1, Dr. Humphrey discusses death- and non-death-related loss and grief experiences and describes intervention based on two contemporary grief models. Part 2 contains therapeutic strategies, along with suggestions for implementation and customization to client uniqueness. Individual chapters focus on cognitive–behavioral and constructivist strategies, emotion-focused strategies, narrative therapy, solution-focused therapy, and adjunctive activities.

List Price: $59.95 | **ACA Member Price: $47.95**
Becoming a Counselor: The Light, the Bright, and the Serious, Second Edition
Samuel T. Gladding

Through the use of autobiographical vignettes, Dr. Gladding shares his experiences as one of the field’s most beloved and respected leaders. Topics addressed include personal growth; finding what works and learning from failure; basic skills and counseling processes; creativity in counseling; multicultural and spiritual considerations; the influences of colleagues, friends, and family; working with groups and families; professional development; leadership; and termination. Each section of the book contains “Points to Ponder” to facilitate classroom discussion and personal reflection.

Published by the ACA Foundation
List Price: $32.95 | ACA Member Price: $27.95

Developing Clinical Skills in Suicide Assessment, Prevention, and Treatment
Jason M. McGlothlin

In this text, Dr. McGlothlin explains how to conduct assessment interviews and use suicide assessment tools, identify levels of lethality, create a comprehensive suicide prevention and treatment plan, and work with family members. In addition, he offers guidance on what to do when clients kill themselves and examines the legal and ethical issues surrounding suicide. Case examples, discussion questions, individual and group activities, and skill-building resources are provided throughout the book. The final chapter presents stories from the field.

FREE podcast available to ACA members at counseling.org/knowledge-center!
List Price: $55.95 | ACA Member Price: $39.95

Special Populations in College Counseling: A Handbook for Mental Health Professionals
edited by Joseph A. Lippincott and Ruth B. Lippincott

Twenty-two chapters on concerns as wide ranging as substance abuse, sexual trauma, relationship violence, transgenderism, grief, and spirituality are included in this timely text. The special needs of students with autism and Asperger’s syndrome, mobility impairments, chronic medical conditions, learning disabilities, blindness, deafness, severe psychiatric disorders, and self-injurious behavior are also detailed. In addition, the unique issues faced by third-culture students, multiracial students, first-generation students, adult learners, athletes, veterans, students in academic jeopardy and mandated students are addressed.

List Price: $57.95 | ACA Member Price: $44.95
Counseling for Wellness: Theory, Research, and Practice
edited by Jane E. Myers and Thomas J. Sweeney

In this classic book, 28 experts provide life-enhancing counseling applications for diverse client groups that can be used in schools, mental health agencies, counselor education programs, and business and industry. Wellness measurement, formal and informal assessment techniques, and future directions for research are discussed in detail.

List Price: $54.95 | ACA Member Price: $37.95

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Teaching in Counselor Education: Engaging Students in Learning
edited by John D. West, Donald L. Bubenzer, Jane A. Cox, and Jason M. McGlothlin

“This book’s goals manifest the very heart of counselor education—raising issues, providing ideas, and nurturing standards that meet the highest goals of the ACES mission and vision. I am not aware of any other book or monograph, current or past, which addresses the issues and purposes that this book does so specifically in the education of counselors.”

—Harold Hackney, EdD
Syracuse University

This book is intended for future and experienced counselor educators who want to learn more about the active engagement of students in the teaching/learning process. It contains chapters introducing various practices in teaching and provides ways to implement them. These practices include developing student–teacher relationships, building anticipation and readiness, employing technology, incorporating learning activities, making use of the seminar, implementing distance learning, using evaluations in teaching, and more. The book speaks to the complexities of teaching while also highlighting possibilities and the fulfillment that comes from engaging students in learning. It is intended to guide readers’ efforts to appraise their teaching, construct or reshape their own philosophy of teaching, and challenge growth beyond how they have typically taught in the past.

Published by the Association for Counselor Education and Supervision
List Price: $38.95 | ACA Member Price: $34.95

Online Group Activities to Enhance Counselor Education
edited by J. Scott Glass and Kylie P. Dotson-Blake

This timely book, with more than 25 activities, is a helpful resource for counselor educators and group counselors who are working with groups in an online environment. Introductory chapters explain the use of online group work in counselor education, the development of cohesion in virtual learning settings, and the use of processing and group dynamics in an online environment. The activities are appropriate for a wide range of counselor education courses, including classes focusing on diversity, group counseling, legal and ethical issues, assessment and research methods, human development, helping relationships, and clinical experiences. Each activity includes detailed directions, goals and learning objectives, suggested courses for use, estimated time length, technology requirements, suggested processing questions, and potential issues and concerns.

Published by the Association for Specialists in Group Work
2013 | 204 pgs | Order #78080 | ISBN 978-1-55620-338-1
List Price: $50.00 | ACA Member Price: $40.00
Counseling and Psychotherapy: Theories and Interventions
Fifth Edition

Edited by David Capuzzi and Douglas R. Gross

This student-friendly introductory text provides a thorough examination of each of the following theories: psychoanalytic, Jungian, Adlerian, existential, person-centered, Gestalt, cognitive–behavioral, dialectical behavior, rational emotive behavior, reality therapy/choice theory, family, feminist, transpersonal, and integrative. Experts discuss each theory from the perspective of its historical background, major constructs, goals, cross-cultural considerations, and limitations. A consistent case study across chapters reinforces the differences between theories and illustrates assessment of client concerns and treatment planning. A complimentary test manual and PowerPoint slides for instructors’ use are available by written request to ACA.

List Price: $74.95 | ACA Member Price: $52.95

The Handbook of Counselor Preparation: Constructivist, Developmental, and Experiential Approaches

Edited by Garrett McAuliffe and Karen Eriksen

This comprehensive guide to teaching and learning in counselor education offers a fundamental grounding in the adult learning and teaching process. Creative teaching strategies for all of the courses in the counseling curriculum are written in a fresh, accessible style. Additional chapters include approaches to the use of technology and evaluating counselor preparation.

Sponsored by ACES | Published by Sage

List Price and ACA Member Price: $115.00


Gerald Corey, Robert Haynes, Patrice Moulton, and Michelle Muratori

This book emphasizes the skills necessary for effective supervision. Topics covered include the roles and responsibilities of supervisors, the supervisory relationship, models and of supervision, becoming a multiculturally competent supervisor, ethical and legal issues, managing crisis situations, and evaluation. User-friendly tips, case examples, sample forms, questions for reflection, and group activities are included, as are contributing supervisors’ Voices From the Field and the authors’ Personal Perspectives.

List Price: $69.95 | ACA Member Price: $49.95
The Professional Counselor: Portfolio, Competencies, Performance Guidelines, and Assessment, Fourth Edition
Dennis W. Engels, Casey A. Barrio Minton, Dee C. Ray, and Associates

Student learner outcomes and counselor work behaviors are tied to the 2009 CACREP Standards in this handbook for students, educators, supervisors, and practitioners seeking to quickly evaluate their knowledge and skills. Ideal for use as a student portfolio, this fourth edition provides a useful framework for tracking individual professional growth and evaluation.

2010 | 244 pgs | Order #72897 | ISBN 978-1-55620-296-4
List Price: $52.95 | ACA Member Price: $36.95

The Life and Work of Carl Rogers
Howard Kirschenbaum

This authoritative biography of Carl Rogers, written by the internationally recognized leading expert on Rogers’ life and work, provides a new generation of mental health professionals with a detailed look at Rogers’ enormous influence on counseling and psychotherapy. It contains insightful excerpts from interviews the author conducted with Rogers’ relatives and colleagues, new revelations about Rogers’ life and work, and 16 pages of photographs. In addition, this book incorporates information found only in private documents released after Rogers’ death including his personal relationships and his dealings with the CIA.

FREE podcast available to ACA members at counseling.org/knowledge-center!

List Price: $69.95 | ACA Member Price: $49.95

The New Handbook of Administrative Supervision in Counseling
Patricia Henderson

Whether you are a practicing, new, or aspiring supervisor in a mental health agency, private practice, or school, The New Handbook of Administrative Supervision in Counseling is for you. It highlights the skills needed to fulfill 18 job responsibilities such as implementing your vision, advocating for services and staff members, navigating the politics inherent in work environments, building a team of staff members, and managing budgets. Self-directed exercises designed to facilitate personal reflection are included. Sponsored by ACES.

Published by Routledge/Taylor & Francis Group
List Price and ACA Member Price: $84.95
Professional Counseling 101: Building a Strong Professional Identity
Mark Pope

ACA leader Mark Pope presents columns from his presidential year, as well as new writings in this engaging book that is guaranteed to instill or rekindle your pride in the profession. Timeless in appeal, these passionate essays explore professional identity and express the profundity of counselors’ work. Writing on topics as diverse as the art of building relationships, multicultural skill development, GLBT rights, and professional opportunities and responsibilities, Dr. Pope’s excitement is infectious.

List Price: $21.95 | ACA Member Price: $15.95
Developing & Managing Your School Guidance & Counseling Program, Fifth Edition
Norman C. Gysbers and Patricia Henderson

Written for counselor educators and their students, school leaders, practicing school counselors, and state or district supervisors, the fifth edition of this bestseller expands and extends Gysbers and Henderson’s acclaimed five-phase model for planning, designing, implementing, evaluating, and enhancing pre-K–12 guidance and counseling programs. This enduring and highly influential textbook has been fully updated to reflect current theory and practice, including knowledge gained through various state and local adaptations of the model since publication of the last edition.

Exciting additions to this fifth edition are increased attention to diversity and the range of issues that students present, counselor accountability, and the roles and responsibilities of district- and building-level guidance and counseling leaders in an increasingly complex educational environment. An abundant array of examples, sample forms, job descriptions, evaluation surveys, flyers, letters, and procedures used by various states and school districts clearly illustrate each step of program development. At the end of each chapter, a new feature called “Your Progress Check” functions as a tracking tool for growth at each stage of the change process.

List Price: $74.95 | ACA Member Price: $52.95

Cyberbullying: What Counselors Need to Know
Sheri Bauman

Cyberbullying addresses the real-life dangers students face on the Internet, including offensive, confrontational, and harassing messages; the disclosure of inappropriate personal information; intimidation; social exclusion; and cyberstalking. In a reader-friendly style, Dr. Bauman discusses the tools, strategies, and resources necessary to provide quality services to clients and students involved in, or concerned about, cyberbullying.

Benefits and Features
Practical tips to identify and follow cyberfootprints • Proactive responses to cyberbullying • Effective, nonpunitive strategies for responding to cyberbullying • Useful information on current technology and popular websites • List of books, helpful websites, and other media • Appendix with review of the latest cyberbullying research

FREE podcast available to ACA members at counseling.org/knowledge-center!

List Price: $39.95 | ACA Member Price: $33.95
Suicide Prevention in the Schools: Guidelines for Middle and High School Settings, Second Edition

David Capuzzi

“All school counselors, regardless of their level of knowledge of youth suicide and prevention strategies, will gain helpful information that they can use in their setting from this informative and engaging book. I encourage all school counselors to read Suicide Prevention in the Schools.”

—Lynn Linde, EdD
Loyola College in Maryland

In this book, David Capuzzi, a renowned expert on suicide, discusses suicide prevention in schools through the use of a clear and effective crisis management plan designed to identify and serve at-risk youth. His concise, step-by-step framework provides essential information for school counselors, administrators, and faculty on suicide assessment, faculty roles and responsibilities, and instructions on how to implement a building- or district-wide prevention program.

Key Features
- Discussion of risk and protective factors
- Content for faculty training and preparation of crisis teams
- Postvention after a suicide attempt or completion
- Legal aspects of youth suicide prevention
- Parental education
- Classroom lesson plans
- Instructor PowerPoints for each chapter available on request to ACA

List Price: $34.95 | ACA Member Price: $29.95

School Counselors Share Their Favorite Group Activities: A Guide to Choosing, Planning, Conducting, and Processing

edited by Louisa L. Foss, Judy Green, Kelly Wolfe-Stiltner, and Janice L. DeLucia-Waack

In this versatile book, school counselors share 67 group activities for working with children and adolescents. For ease of use, activities are arranged by age as well as by stage. Introductory chapters highlight selection, use, and processing of activities, as well as ethical issues inherent in working with students. Each activity contains specific directions, goals, materials, and ideas for adaptation. Suggestions for creating a supportive environment for groups are also included.

Published by the Association for Specialists in Group Work
List price: $45.00 | ACA Member Price: $35.00
Applying the Standards for Educational and Psychological Testing—What a Counselor Needs to Know

Association for Assessment and Research in Counseling

Authors of this monograph review the Standards for Educational and Psychological Testing prepared by the American Psychological Association, the American Educational Research Association, and the National Council on Measurement in Education. Standards appropriate for counselors have been selected, and the implications for educational and clinical settings are explained.

Published by the Association for Assessment and Research in Counseling
2002 | 54 pgs | Order #72818
List Price: $13.95 | ACA Member Price: $10.95

We’ve streamlined our communications to make sure you get the most of your ACA membership each month.

Your Free CE of the Month is now part of a monthly email of ACA-exclusive resources called the ACA Member Toolkit. It’s all the professional resources you need in one place! Webinars, podcasts, books, Practice Briefs, legislative action alerts, and so much more.
Play Therapy: Basics and Beyond, Second Edition
Terry Kottman

“ThIs volume will be of great value to professionals entering the field, as well as to experienced play therapists expanding their scope of practice, teaching graduate classes, or looking for a good solid reference.”

—Risë VanFleet, PhD, RPT-S
President, Family Enhancement & Play Therapy Center

Written for use in play therapy and child counseling courses, this extraordinarily practical text provides a detailed examination of basic and advanced play therapy concepts and skills and guidance on when and how to use them. Kottman’s multitheoretical approach and wealth of explicit techniques are also helpful for clinicians who want to gain greater insight into children’s minds and enhance therapeutic communication through the power of play.

After a discussion of the basic concepts and logistical aspects of play therapy, Kottman illustrates commonly used play therapy skills and more advanced skills. Introduced in this edition is a new chapter on working with parents and teachers to increase the effectiveness of play therapy. Practice exercises and “Questions to Ponder” throughout the text facilitate the skill-building and self-examination process, and a final chapter on professional concerns addresses important issues facing mental health professionals who practice play therapy.

List Price: $62.95 | ACA Member Price: $47.95

Counseling Children: A Core Issues Approach
Richard W. Halstead, Dale-Elizabeth Pehrsson, and Jodi Mullen

“This text can be used both as a professional development resource for practitioners and as a succinct textbook for students. As department chair, my first response after reading the book was to contact the professor in our department who teaches Counseling Children with the comment: ‘Here’s a new book for your class!”’

—LeeAnn Eschbach, PhD, NCC, LPC
University of Scranton

This innovative book offers a means for practitioners in community, mental health, and school settings to better assess, treat, and monitor children’s underlying issues. The diagnostic framework presented helps uncover the nature of children’s core concerns and how to address the issues they are struggling with. Part I provides an orientation to the core issues approach and how to conceptualize the nature of clients’ presenting concerns. Part II describes intervention strategies for work with children, including narrative approaches, play therapy, sand tray therapy, and expressive arts therapy. The final chapter gives suggestions for bringing parents, teachers, and other professionals together as a collaborative team.

List Price: $35.95 | ACA Member Price: $29.95
Active Interventions for Kids and Teens: Adding Adventure and Fun to Counseling!
Jeffrey S. Ashby, Terry Kottman, and Don DeGraaf

This engaging guide contains 50 action-oriented activities that can be used in groups with children, adolescents, and even adults. The activities are designed to stimulate learning, promote social and emotional development and insight, cultivate strategic skills, foster change, and encourage teamwork. For quick and easy use, each activity lists age range, game rules, goals and objectives, materials required, modification suggestions, and post-activity processing and discussion questions. Additionally, helpful matrixes organize the activities by type, goals, objectives, and grade levels to help group leaders find the right activity at the right time.

2008 | 238 pgs | Order #72875 | ISBN 978-1-55620-256-8
List Price: $50.95 | ACA Member Price: $44.95

John Sommers-Flanagan and Rita Sommers-Flanagan

This book offers practical strategies for overcoming resistance, fostering constructive therapy relationships, and creating opportunities for client change and growth. John and Rita Sommers-Flanagan’s infectious spirit and creative techniques will help you bring renewed energy into the counseling process. In this edition, the authors offer a new chapter on resistance busters and present fresh ideas for establishing rapport, carrying out informal assessments, improving negative moods, modifying maladaptive behaviors, and educating parents. Suicide assessment, medication referrals, and therapy termination are also discussed.

FREE podcast available to ACA members at counseling.org/knowledge-center!

List Price: $54.95 | ACA Member Price: $39.95

Assessment and Intervention With Children and Adolescents: Developmental and Multicultural Approaches, Second Edition
Ann Vernon and Roberto Clemente

Vernon and Clemente combine specific, age-and-culture appropriate assessment procedures with techniques for meeting the counseling needs of young clients. Case studies, games, and learning activities offer creative new ideas to help youth face the challenges of growing up in today’s world.

List Price: $50.95 | ACA Member Price: $32.95
Therapeutic Dinosaur Games

Sponsored by the ACA Foundation • Bradley T. Erford

Have you used therapeutic games that were mostly “game” and little “therapy” or used cards that only addressed an issue that brought the child to therapy every fifth or tenth turn? These games focus children and teens on the important issues that brought them to counseling—on each and every turn—thus maximizing the value of counseling time, enhancing learning and therapeutic change, and countering the criticism that play therapy is “all play” and “no therapy.” They will help children understand and cope with a wide range of life issues through play therapy. By purchasing different card sets, the same board can be used to create a variety of games.

Dinosaur Game Board (2-sided)
Two game boards in one! This colorful, double-sided, 30” by 40” dinosaur-themed game board is protected by a 3-millimeter laminate. The two sides present beautiful renditions of a plesiosaur and triceratops.

Note: The Dinosaur Game Board must be purchased to use all of the therapeutic card sets and the dinosaur game pieces.

Order #82013
List Price and ACA Member Price: $29.99

Perfectionism
Includes 14 card sets dealing with the following topics: Homework, Projects, Quizzes, Tests, Grades, Individual Competition, Team Competition, Appearance in School, Appearance in the Community, Parent Relationships, Sibling Relationships, Teacher Relationships, Friendships, and Procrastination.

Order #82001
List Price and ACA Member Price: $26.99

Self-Concept
Includes 4 card sets dealing with the following topics: Appearance, Relationships, Academics and Competition, and Family Issues.

Order #82002
List Price and ACA Member Price: $9.99

ADHD Game
Includes 7 card sets dealing with the following topics: Coping With Distractibility and Inattention, Coping With Disorganization, Coping With Hyperactive-Impulsive Behavior, Adjusting to Interventions, Dealing With Academic Problems, Handling Social Situations, and Handling Important Relationships.

Order #82003
List Price and ACA Member Price: $15.99

Solving Problems
Includes 4 card sets dealing with the following topics: Intrapersonal Problems, Problems at School, Problems at Home, and Problems With Friends.

Order #82004
List Price and ACA Member Price: $9.99

Studying Skillfully
Includes 6 card sets dealing with the following topics: Habits, Listening, Organization, Following Directions, Homework, and Test Taking.

Order #82005
List Price and ACA Member Price: $13.99
Social Skills
Includes 10 card sets dealing with the following topics: Sharing, Cooperation, Apologizing, Following Directions, Listening, Compliments, Accepting Criticism, Conversations, Helping Others, and Accepting Others.

Order #82006
List Price and ACA Member Price: $19.99

Good Grief

Order #82007
List Price and ACA Member Price: $19.99

Understanding Anger
Includes 6 card sets dealing with the following topics: Learning About Anger, Coping With Anger, Anger and Friends, Anger and the Family, Anger at School, and Anger and Sports.

Order #82008
List Price and ACA Member Price: $13.99

Conflict Resolution
Includes 9 card sets dealing with the following topics: The Nature of Conflict, Conflicts With Peers in the Community, Conflicts With Adults in the Community, Conflicts With Other Community Members, Conflicts Over TV, Conflicts With Peers at School, Conflicts With Adults at School, Other Conflicts at School, and Conflicts at Sporting Events.

Order #82009
List Price and ACA Member Price: $17.99

Changing Families

Order #82010
List Price and ACA Member Price: $19.99

Dinosaur Game Pieces
A set of six, colorful, plastic dinosaur game pieces for use on the game board.

Order #82011
List Price and ACA Member Price: $9.99

Additional Therapeutic Games
by Bradley Erford!

Stressbuster Relaxation Exercise CD, Volume 1
This CD contains the following guided relaxation exercises: Releasing the Dam, Breaking Down the Walls, and Fireside Stretching, as well as guided visual imagery journeys to a Tropical Hideaway, The Meadow, and Springtime Breezes. Useful as centering, homework, and in-session relaxation exercises with individuals, small groups, and large audiences.

50 minutes | Order #82000
List Price and ACA Member Price: $17.99

The Mutual Storytelling Technique Game CD
The Mutual Story-Telling Technique Game (MSTG) allows clients to select background storyboards (e.g., home, school, neighborhood, outdoors) and superimpose characters from diverse cultural backgrounds, age groups, and occupations. A set of domestic and wild animals and dinosaurs serve as characters and the child tells a story using the characters and background. The counselor then analyzes the story and retells a story using similar aspects, but with more pro-therapeutic messages and resolutions, thus presenting clients with greater choices for handling thoughts, feelings, and behaviors in real-world situations. You can print the storyboard, make notes on it, and keep it as a running account of themes and progress. The MSTG CD uses a Windows-based operating platform.

Order #82014
List Price and ACA Member Price: $29.99
Group Work and Outreach Plans for College Counselors

edited by Trey Fitch and Jennifer L. Marshall

In this book, group work and college counseling leaders offer step-by-step instruction in the use and processing of group activities on test anxiety; stress management; ADHD; career development; substance abuse; eating disorders; and the concerns faced by GLBT students, first-generation students, ethnic minority populations, student athletes, and veterans. Each activity includes tips for successful implementation as well as an overview of relevant theory and research on the topic. Handouts throughout the text enhance the book’s usefulness in the classroom and with faculty and parents.

2011 | 312 pgs | Order #72911 | ISBN 978-1-55620-311-4
List Price: $49.95 | ACA Member Price: $34.95

Group Microskills: Culture-Centered Group Process and Strategies

Allen E. Ivey, Paul B. Pedersen, and Mary Bradford Ivey

This book provides a foundation for training culturally competent group leaders. Clear, step-by-step learning activities are woven throughout the text to facilitate skill development and a solid understanding of the basics of group leadership. Topics covered include identifying and demonstrating basic listening, processing, influencing, and reflecting skills; managing conflict via confrontation; and honing focusing skills. An Instructor’s Guide is available in the ACA Online Bookstore. A Group Microskills DVD is offered free with class adoption of the text.

Copublished by Microtraining and ACA

List Price and ACA Member Price: $74.95


edited by Janice DeLucia-Waack, Karen H. Bridbord, Jennifer Sue Kleiner, and Amy G. Nitza

This book presents 50+ creative group activities. Introductory chapters offer a guide to the effective use and processing of structured activities. The step-by-step descriptions of each activity include tips for successful implementation. A full range of types and stages of groups is covered. Group Work Experts Share Their Favorite Activities is a valuable resource for the practitioner’s bookshelf and an excellent supplemental text.

Published by the Association for Specialists in Group Work

2006 | 190 pgs | Order #78070 | ISBN 978-1-55620-265-0
List Price: $45.00 | ACA Member Price: $35.00
Critical Incidents in Group Counseling
edited by Lawrence E. Tyson, Rachelle Pérusse, and Jim Whitlede

In this book, group work experts analyze each incident and discuss the behavior of the group leader and group members. Issues considered include confidentiality, member screening, establishing trust, goal development, dual relationships, self-disclosure, referrals, and termination.

List Price: $47.95 | ACA Member Price: $32.95
Developing Clinical Skills for Substance Abuse Counseling
Daniel Yalisove

“This book takes the counselor-in-training from the beginning to the end of the counseling relationship. The concepts of substance abuse counseling come alive in the classroom through carefully prepared role-play exercises and an Instructor’s Guide, which is a real bonus for teachers and students alike.”
—James L. Sorensen, PhD
UCSF at San Francisco General Hospital

In Part I of this primer, Dr. Yalisove discusses the principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of these approaches in clinical situations using experiential exercises, role-plays, and case scenarios. Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client populations follow, with a helpful chapter on creating client treatment plans and writing clinical reports rounding out the book. An Instructor’s Guide is available in the ACA Online Bookstore at counseling.org/bookstore.

List Price: $49.95 | ACA Member Price: $35.95

Critical Incidents in Addictions Counseling
edited by Virginia A. Kelly and Gerald A. Juhnke

“Never in my academic career did I think that I would refer to a text as a ‘page turner,’ but Virginia Kelly and Gerald Juhnke have succeeded in creating one! Students will love this book, and counselor educators will quickly discover the instructional possibilities of a text chock-full of case studies prepared by professionals with their questions then addressed by colleagues. In this instance, the many cooks made a splendid broth.”
—Brian A. Glaser, PhD
The University of Georgia

This popular text explores the opportunities and challenges of working with clients struggling with addiction. Each incident examines the client’s history and treatment and raises key questions for discussion. Leading practitioners analyze each incident and respond with revealing observations and recommendations about counselor conduct and client treatment. The concerns of women, ethnically diverse clients, adolescents, older adults, gamblers, and court-mandated clients are discussed, as are the intricacies of work with families, group interventions, and incorporating spirituality into counseling.

List Price: $34.95 | ACA Member Price: $29.95
Family Matters: The Intertwining of the Family With Career Decision Making
Second Edition
Robert C. Chope
This book presents Dr. Chope’s continuing research on how family of origin, family of creation, and “second family” issues significantly influence career decision making. This book is replete with case examples and career stories drawn from Chope’s 40+ years of career counseling practice. In addition, activities and exercises that emphasize key concepts and assist the reader in acquiring new insights and skills are provided. Of particular interest is the inclusion of a section on how continuing advances in social networking are affecting not only communication and interaction among family members and friends, but also career decision making and the job search process.

Who Can Benefit From Reading This Book
- Counselors who want practical tools for helping clients better understand their families’ influence on career decision making
- Students who want to be prepared to work with clients in the real world of career decision making and planning
- Parents who want to help their children with their career and education planning
- Readers who are interested in why they feel as they do about their jobs or why they chose a particular career path

Copublished by Counseling Outfitters, LLC and the American Counseling Association Foundation
2012 | 218 pgs | Order #78079 | ISBN 978-0-9795668-4-4
List Price and ACA Member Price: $40.00

A Job Search Manual for Counselors and Counselor Educators: How to Navigate and Promote Your Counseling Career
Shannon Hodges and Amy Reece Connelly
“This book can be used by faculty mentors helping future counselor educators to navigate their first faculty job search or by students seeking their first position in the profession. Seasoned professionals will also find a wealth of information that can be used in planning for and landing their next position.”
—Perry C. Francis, EdD
Eastern Michigan University
This career planning handbook is full of practical, how-to tips for counselors looking for positions in counselor education, college and community college counseling, schools, and community agencies. Whether you are trying to land your first job, changing career paths, or launching your own private practice, this engaging book demystifies the process and highlights what you need to know and do to target and attain fulfilling work. Topics include tapping into the hidden job market, developing a résumé/vita, writing winning cover letters, using job search planning tools and techniques, enhancing networking skills, interviewing with search committees, handling rejection, and moving from one counseling setting or specialty to another.

List Price: $24.95 | ACA Member Price: $19.95
Strengths-Based Career Development for School Guidance and Counseling Programs
Norman C. Gysbers and Richard T. Lapan

This publication is a must-read for school counselors, teachers, and administrators committed to integrating strengths-based career development content and career guidance activities into their schools’ counseling programs. Drs. Gysbers and Lapan give step-by-step instructions on how to achieve full integration using a holistic development model that unites the academic, career, and personal–social domains of comprehensive guidance and counseling programs. The goal is to engage and prepare students to develop proactive, resilient, and adaptive approaches to the present as well as to their futures.

Part I provides a historical overview of the theoretical foundation for comprehensive school guidance and counseling programs. Part II contains an organizational framework and evidence-based activities for delivering career guidance to Pre–K to 12 students. Part III offers a plan for designing, delivering, evaluating, and advocating for strengths-based career development in schools.

Published by Counseling Outfitters, LLC
2009 | 260 pgs | Order #72890 | ISBN 978-0-9795668-3-7
List Price: $47.95 | ACA Member Price: $36.95

More Than a Job! Helping Your Teenagers Find Success and Satisfaction in Their Future Careers
Richard T. Lapan

“This book is a must read for parents! It contains a treasure trove of ideas, exercises, and assessments specifically designed to help parents work closely and confidently with their teenagers as they plan their lives for today and tomorrow.”

—Norman C. Gysbers, PhD
Editor Emeritus, Journal of Career Development

Motivating teenagers to become actively engaged in their own career development is not always easy, but this book makes it fun. Written for parents, school counselors, and private practitioners, More Than a Job! provides a step-by-step plan to help adolescents prepare for their future educational and career goals. Lapan’s TEAM (Targets, Examples, Assessments, Mutual Actions) approach includes a series of exercises and activities for teens and adults to do together that identify strengths and areas of concern, foster communication and interpersonal skills, enhance self-confidence, and increase resiliency and independence. These exercises not only promote serious career exploration through behavioral targets and goal formation, they also build a trusting and supportive working alliance between teenagers and adults. Real-life examples and assessment instruments are included to further enhance career planning.

List Price: $32.95 | ACA Member Price: $24.95
Multiculturalism & Diversity

Working Effectively and Affirmatively With Queer and Questioning Youth

*presented by Colleen R. Logan*

The life experiences of queer and questioning youth are not drastically different from those of other adolescents. However, one profound difference is that queer and questioning youth experience their challenging developmental stages through the harsh lens of societal homophobia, whereby each stage and transition of adolescence is compounded by societal bigotry and discrimination. When considered along with multiple ethnic and racial identities, navigating adolescence becomes, at best, extraordinarily complicated and, at worst, harrowing and potentially life threatening.

In this DVD, Dr. Logan and her colleague, Dr. Tiffany Rush-Wilson, demonstrate through two role-plays how to effectively address the myriad issues of adolescence while establishing client rapport and trust, affirming different identities, emphasizing strengths and possibilities, and ameliorating pain and disenfranchisement.

*Produced by Microtraining*

2013 | 90 minutes | Order #78258

**List Price and ACA Member Price:** $109.00

“Yes You Can!”: Art-Centered Therapy for People With Disabilities

*presented by Judith A. Rubin*

“By creating art, a person symbolically recreates him or herself and begins to put the pieces back together.”

—Mickie McGraw

The Art Therapy Studio

This film about courage, commitment, and creative coping tells the story of Mickie McGraw, who overcame polio and permanent disability to become an art therapy pioneer. Along with Dr. George Streeter, a psychoanalyst and artist, she cofounded and ran The Art Therapy Studio, a one-of-a-kind, art-centered therapy program in a rehabilitation hospital. Still thriving after 45 years, it has become the model for other art therapy facilities around the world in a variety of settings. This DVD tells the story of both of these individuals and of the unique program they developed. Using archival footage, interviews, and actual art therapy sessions, the film illustrates the structure and philosophy of The Art Therapy Studio, as well as the creative techniques developed there to help physically challenged people find and restore their unique sense of self through making art. The model presented can serve as a blueprint and an inspiration for other art-based programs.

*Produced by Expressive Media, Inc.*

2012 | 40 minutes | Order #78257

**List Price and ACA Member Price:** $74.95
FACE–SPIRIT: A New Model for Integrating Spirituality Into Counseling and Psychotherapy

presented by Radha Janis Horton-Parker and R. Charles Fawcett

Although spirituality is acknowledged as an essential component of wellness, it is often inadequately addressed in counseling and psychotherapy. This DVD will show you how to integrate spirituality into the therapeutic process and promote client change, using both implicit and explicit approaches.

Implicit strategies
F – Focusing on the present
A – Asking for guidance
C – Compassion cultivation
E – Existential empathy

Explicit strategies
S – Simile
P – Prayer
I – Interpretation of sacred text
R – Rituals
I – Imagery
T – Transgression relief

Drawing from a multicultural perspective, the FACE–SPIRIT model provides practical and easy-to-understand strategies to enhance your effectiveness as a helping professional.

2007 | 90 minutes | Order #79818
List Price: $119.95 | ACA Member Price $79.95

La Cosmovisión de Latinos/as en la Consejería

Latino Worldviews in Counseling

Anfitriones: Patricia Arredondo y Jon Carlson
Hosted by Patricia Arredondo and Jon Carlson

Los casos de David y Sonya se usan para demostrar situaciones que podrían ocurrir en familias de origen latino que viven en los Estados Unidos. Además, estos casos se pueden aplicar al entrenamiento de consejeros y consejeras en países de habla española. La doctora Virginia Quiñonez y el doctor Carlos Pozzi demostrarán y aplicarán principios que son esenciales para la práctica de la consejería. También, observará conductas que pueden ser significativas en diversas culturas latinas. Al final, podremos comprobar el valor de competencias culturales en el entrenamiento de consejeros y consejeras.

The cases of David and Sonya are used to demonstrate situations that may occur in families of Latino origin living in the United States. Further, these cases can be applied to the training of counselors in Spanish-speaking countries. Dr. Virginia Quiñonez and Dr. Carlos Pozzi demonstrate basic principles essential for the practice of counseling and apply them throughout the sessions. At the same time, you will observe behaviors that are relevant within the diversity of the Latino culture. Ultimately, you will have confirmation of the value of cultural competencies in counselor training.

In Spanish With English Subtitling
2006 | 100 minutes | Order #78101
List Price: $99.95 | ACA Member Price: $79.95
Professional Development

Rooted Sorrows—Emotional Burden to Emotional Health: Veterans With PTSD

presented by Mitchell Young

In this compelling and heart-wrenching DVD, Dr. Mitchell Young, a licensed psychotherapist and combat veteran who has counseled Vietnam veterans for more than 15 years, discusses PTSD and the lasting effects of combat and severe trauma. Drawing from his own experiences in Vietnam as a member of the Marine Corps, he examines the emotional scars that occur after a traumatic event, night terrors, chronic isolation, and emotional numbness. He also discusses complex PTSD and secondary PTSD, the most common form of PTSD he has seen in Vietnam veterans and their families.

Produced by R-Squared Productions, LLC
2010 | 50 minutes | Order #78241
List Price and ACA Member Price: $59.95

Breakthrough: Art, Analysis, & the Liberation of the Creative Spirit

This beautiful and inspiring film captures the intimate experience of eight artists of varying ages who have been in therapy. It demonstrates the growth and freedom made possible by facing the pain that both psychoanalysis and creativity can bring to awareness. The artists in Breakthrough—a sculptor, a writer, a musician, three painters, and two visual artists—had found themselves held back in their lives and work because of traumatic events and unresolved emotional issues from the past. Through moving scenes that examine the artists’ individual therapeutic issues and healing process, the DVD shows how the combination of therapy and creative work liberated them professionally, emotionally, and spiritually. Sponsored by the Lucy Daniels Foundation.

Produced by Expressive Media, Inc.
2011 | 50 minutes | Order #78242
List Price and ACA Member Price: $59.95

Practical Strategies for Caring for Older Adults: An Adlerian Approach for Understanding and Assisting Aging Loved Ones

presented by Radha Janis Horton-Parker and R. Charles Fawcett

This DVD offers caregivers, counselors, and educators effective strategies to improve the lives of older people so that they remain respected, needed, and part of the larger social fabric. Horton-Parker and Fawcett discuss the characteristics of older adults, followed by typical situations encountered by caregivers. Engaging vignettes and presenter commentary illustrate the underlying needs and mistaken goals of attention seeking, power, revenge, and assumed inadequacy that often cause perplexing behavior in older people. The presenters’ simple techniques create win-win situations between caregivers and aging loved ones that improve the quality of life.

2010 | 120 minutes | Order #78238
List Price: $119.95 | ACA Member Price $99.95

The Counselor as Person and Professional

presented by Gerald Corey

Gerald Corey shares insights and advice on the intersection between counselors’ personal and professional lives in this inspirational keynote presentation from the 2010 ACA Annual Conference & Exposition. Topics discussed: Personal characteristics of effective counselors • The importance of mentoring and being mentored • Becoming culturally competent—a lifelong endeavor • The counselor as an ethical person • Managing personal and professional boundaries • Values and the counseling process • Personal therapy for counselors • Dealing with stress and finding life balance through self-care

For an expansion of the themes explored in this DVD, see Dr. Corey’s book Creating Your Professional Path on page 22 of this catalog.

Sponsored by the ACA Foundation
2010 | 80 minutes | Order #79819
List Price: $49.95 | ACA Member Price $29.95
Stress Management: Understanding and Treatment  
*presented by Edna Brinkley*

This DVD provides solution-oriented techniques and handouts to facilitate positive coping strategies and stress reduction. In four real-world vignettes, Dr. Brinkley works with clients of multiethnic backgrounds on their stress issues. She and her clients demonstrate and discuss:

- How stress affects the body, especially chronic stress
- How to identify personal sources and symptoms of stress
- How to implement lifestyle strategies for stress reduction
- How to create a shared frame of reference about stress

These excellent demonstrations, coupled with subtitles that highlight major points, make this DVD a must for those in the helping professions. The easy-to-use format allows viewers to immediately practice what they have seen after each section of the presentation. A CD-ROM that contains transcripts, PowerPoints, and a Leader’s Guide is included.

*Produced by Microtraining*

2008 | 90 minutes | Order #78216  
*List Price and ACA Member Price: $149.00*

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Art Therapy Has Many Faces  
*presented by Judith Aron Rubin*

Using footage from clinicians all over the world, serving many different clients in a wide variety of settings, this DVD demonstrates the healing power of art in coping with pain and trauma.

*Art Therapy Has Many Faces* shows the:

- History and development of the profession
- Sources and uses of art therapy from cave paintings to coping with stress
- Applications of art therapy with clients of all ages and with a variety of problems
- Characteristics of art therapy (doing and reflecting with another)
- Art of art therapy (evoking expression, facilitating reflection)
- Multiple approaches to art therapy with individuals, families, and groups
- Growth of art therapy from clinics to communities
- Rapid results of art therapy

*Produced by Expressive Media, Inc.*  
2005 | 50 minutes | Order #79810  
*List Price and ACA Member Price: $59.95*

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Suicide Assessment and Prevention  
*presented by John S. Westefeld*

Dr. Westefeld presents on suicide and suicide prevention; how to assess for suicidal risk; and how to conduct a suicide intervention, including suicide prevention programs, counseling with a suicidal person, and the major components of suicide postintervention. In an instructive vignette, Dr. Westefeld works with a suicidal male client to assess his level of lethality and develop a no-harm contract. A Leader’s Guide and handouts are included.

*Produced by Microtraining*

2008 | 60 minutes | Order #78217  
*List Price and ACA Member Price: $169.00*

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Counselor Education & Supervision

Learning to Think Like a Supervisor  
*developed by L. DiAnne Borders, James M. Benshoff, Leslie Armeniox, and Kelly Coker*

This DVD teaches the fundamental concepts and goals of clinical supervision. Borders and Benshoff present the Discrimination Model, developed by Janine M. Bernard, to conceptualize the role and focus of the supervisor. Supervision vignettes illustrate different roles and foci, and additional practice vignettes at the end of the DVD can be used to help students understand the model. A workbook that provides questions for reflection and guidelines for using the DVD in teaching is included.

*Presented by the Association for Counselor Education and Supervision*  
2000 | 35 minutes | Order #79815  
*List Price and ACA Member Price: $89.95*
School Counseling

Working With Perpetrators and Targets of Cyberbullying
presented by Sheri Bauman

In this DVD, Sheri Bauman demonstrates counseling strategies that can be used with individuals involved in cyberbullying. Because this destructive and potentially life-threatening behavior arises in schools, workplaces, and other social contexts, counselors need prevention and intervention skills to work effectively with involved parties in a variety of circumstances. Dr. Bauman exhibits these increasingly important counseling competencies through role-plays with a student that illustrate the experiences of both a target and a perpetrator.

For an expansion of the themes explored in this DVD, see Dr. Bauman’s book Cyberbullying: What Counselors Need to Know on page 30 of this catalog.

Produced by Microtraining Associates
2013 | 90 minutes | Order #78259
List Price and ACA Member Price: $109.00

Quality Circle Time in the Secondary School
presented by Jenny Mosley

In this DVD, Jenny Mosley presents her successful classroom behavior management model Quality Circle Time, which encompasses a whole-school approach to enhancing self-esteem and building positive relationships. She gives professional and practical advice on how to run a circle time session and demonstrates her approach through various exercises with a group of students. Following a brief introduction, she teaches the skills, crucial steps, and key ground rules essential to effective circle time. The group session is followed by a teacher question-and-answer session. The disc includes a PDF booklet by Dr. Mosley with a summary of important information and discussion guidelines.

Produced by Loggerhead Films
2010 | 60 minutes | Order #78240
List Price and ACA Member Price: $129.00

Crisis Stabilization for Children: Disaster Mental Health
presented by Jennifer Baggerly

This live demonstration DVD presents guiding principles and techniques for helping children recover from trauma after disasters. Dr. Baggerly shares her expertise from working with children in Louisiana following Hurricane Katrina and with children in Sri Lanka after the tsunami.

Features
• Key disaster mental health and cognitive-behavioral concepts for work with children
• Physiological, cognitive, emotional, behavioral, and spiritual impacts of disaster
• Basic grounding and containment skills during and after a disaster

Produced by Loggerhead Films
2010 | 60 minutes | Order #78240
List Price and ACA Member Price: $129.00

Bullying in Schools: Six Methods of Intervention
presented by Ken Rigby

In this DVD, Ken Rigby, an international expert on peer victimization, gives clear, practical guidance on how to prevent and respond to bullying in high schools. Using actors and role play, the DVD features a typical bullying scenario and then demonstrates how the following six methods can be applied to the situation: the Disciplinary Approach, Restorative Practice, Strengthening the Victim, Student Mediation, the Support Group Method, and the Method of Shared Concern. By showing the advantages and weaknesses of each method, the counselor or teacher can see how each possible solution might work when handled with confidence and skill.

As well as being an empowerment tool, this DVD is entertaining and is an invaluable resource for training school personnel in how to deal with this common and insidious problem. The disc includes a PDF booklet by Dr. Rigby with a summary of important information and discussion guidelines.

Produced by Loggerhead Films
2009 | 35 minutes | Order #78239
List Price and ACA Member Price: $129.00
Counseling DVDs

counseling.org/bookstore | 703-823-9800 x222 | 800-422-2648 x222

- Initial individual disaster mental health interventions
- Group disaster interventions
- Leader's Guide that includes activities

Produced by Microtraining
2007 | 60 minutes | Order #78205
List Price and ACA Member Price: $169.00

Play Therapy: Basics for Beginning Students
presented by Jennifer Baggerly

In this upbeat, entertaining introduction to play therapy, Dr. Baggerly uses puppets to help communicate the rationale, principles, and basic skills of play therapy. Each skill is demonstrated through clips of play therapy sessions with culturally diverse children. Skills shown include tracking play behavior, reflecting feelings, returning responsibility, showing encouragement, building self-esteem, facilitating understanding, and setting therapeutic limits. A Leader's Guide with questions for reflection is included.

Produced by Microtraining
2006 | 55 minutes | Order #78204
List Price and ACA Member Price: $149.00

Group Work

Promoting Growth With a Group: Performing in the Here and Now
presented by Samuel Gladding

This live demonstration of a simulated counseling group in the performing stage focuses on how both the leader and group members can foster growth. First, the film shares group leader skills that promote interaction, connectivity, and cohesion, such as active listening, linking, reflecting, confronting, supporting, and summarizing. Next, the demonstration illustrates the power of group members to help others and shows how the group environment can be therapeutic for members struggling with issues such as loss, indecision, anxiety, and regret.

Produced by Microtraining Associates
2013 | 90 minutes | Order #78260
List Price and ACA Member Price: $109.00

PARS: A Model for Learning Process Skills
presented by James M. Benshoff, J. Scott Glass, and J. Preston Yarborough

The PARS (Processing: Activity Relationships Self) model for working with groups, couples, and individuals is introduced in this DVD. This flexible, here and now approach teaches basic processing skills that can be used to facilitate group interactions, encourage self-reflection of individual members, and help group members get the most out of group experiences and activities. The purpose and components of the model are discussed, followed by a demonstration of how to use the model with a group activity. The group facilitator then uses the PARS model to lead group members through processing their shared experience by asking such questions as

- How did the group interact?
- How did the group work together?
- What role did each member assume?
- How well did the group work together?
- What might be done differently in the future to enhance the group's work together?

The PARS model is an especially useful tool for organizational events and structured activities because it helps group members reflect on, understand, and apply what they have learned. Group leaders will gain new skills that illuminate and enrich the counseling experience.

2007 | 35 minutes | Order #78072
List Price and ACA Member Price: $99.95
Counseling DVDs

NEW!

Leading Counseling Groups for Adults: A Demonstration of the Art of Engagement

*presented by Ed Jacobs and Christine Schimmel*

In this group demonstration, Dr. Ed Jacobs and Dr. Christine Schimmel work with adult group members on actual personal issues. Using group interventions, they illustrate how to get all group members involved, engaged, and learning experientially and vicariously, in addition to working individually with members on their specific relational issues. Leadership skills, counseling theories, and creative techniques are captivatingly demonstrated.

**Available March 2015!**

2015 | 4 hours | Institutional Order #78262
Individual Order #78261
Institutional Price: $199.00
Individual Price: $89.00

Group Counseling With Adolescents: A Multicultural Approach

*presented by Sheri Bauman and Sam Steen*

In this 2-disc DVD, eight complete sessions with a diverse group of eighth-graders are presented. Students explore family concerns, school transition, relationships, and multicultural issues. Viewers are able to observe, analyze, and build on what occurs in the group. *Group Counseling With Adolescents* is a useful tool both for counselor educators teaching group work and for school counselors, psychologists, and social workers seeking relevant continuing education materials.

2009 | 4 hours | Institutional Order #78215
Individual Order #78255
Institutional Price: $199.00
Individual Price: $89.00

Group Counseling With Children: A Multicultural Approach

*presented by Sheri Bauman and Sam Steen*

This 2-disc DVD contains a complete six-session counseling group with fifth-grade students focusing on increasing appreciation of cultural diversity to enhance group process. It illustrates how to focus on the group members’ developmental level, the group stage and development, the leaders’ selection of activities and processing strategies, and the issues surrounding the concept of culture within the group. Viewers are able to observe, analyze, and build on what naturally unfolds in the group. This DVD is a useful tool both for counselor educators teaching group work and for school counselors, psychologists, and social workers seeking relevant continuing education training materials.

2012 | 7 hours | Institutional Order #78253
Individual Order #78254
Institutional Price: $199.00
Individual Price: $89.00

Note: The “Institutional Price” is for institutions using the DVDs for ongoing training purposes and includes a comprehensive Instructor’s Guide to help integrate the DVD into course work. DVDs sold at the “Individual Price” are for personal use only. The individual version contains an introduction, facilitator processing and planning sessions, and a Viewer’s Guide that provides discussion points and additional information. A statement noting that this version is for personal use only and not for institutional use appears throughout the DVD. CEU information is available at www.asgw.org.
Leading Groups With Adolescents

*presented by Janice DeLucia-Waack, Allen Segrist, and Arthur M. Horn*

Watch group sessions unfold in this DVD featuring nationally recognized group experts working with a group of high school students. An actual psychoeducational group is shown from the initial stage, through goal setting and a series of working activities, to termination. Activities focus on building self-esteem, managing anger, improving communication skills, and resolving irrational beliefs. The group work model featured is applicable to all school and agency work. You will learn from the leaders’ skills and techniques as well as from the interactions of the adolescents themselves. This is a valuable training tool for counselors working with teens.

2007 | 140 minutes | Institutional Order #78208
Individual Order #78256
Institutional Price: $199.00
Individual Price: $89.00

Group Work: Leading in the Here and Now

*presented by Peg Carroll*

This DVD demonstrates how group members learn to participate in the “here and now process.” Peg Carroll periodically stops the group and dialogues with a group of outside observers regarding the meaning of her interventions. The effects of setting norms, dealing with resistance, trust, silence, scapegoating, and negative feelings toward fellow members or the leader are demonstrated. Additional process issues that occur are analyzed as the group unfolds. Includes three parts: The Initial Stage, Reassessing Goals…Transition and Flight, and The Group in Conflict and in Summation.

1985 | 180 minutes | Institutional Order #79816
Individual Order #79820
Institutional Price: $150.00
Individual Price: $79.00

Developmental Aspects of Group Counseling: Process, Leadership, and Supervision

*presented by Rex Stockton*

In this DVD, Rex Stockton presents three easy to teach segments on the most critical areas in group counseling: developmental stages of group members, professional development of group leaders, and supervision of group leaders by a mentor. Viewers will learn to identify the different roles in group dynamics and gain a solid foundation for leading groups. Contains three parts: Early Development, Moving Through Transition to the Working Stage, and The Working Stage and Termination.

1992 | 135 minutes | Institutional Order #79817
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Carl Rogers on Counseling: A Personal Perspective
This DVD explores the assumptions that Rogers makes about the nature of people and how we have the capacity for choice and change.
25 minutes | Order #78218
List Price and ACA Member Price: $179.00

B. F. Skinner on Counseling
In this DVD, Dr. Skinner discusses key issues such as why a counselor cannot help a client by focusing only on the client’s feelings, what it is that changes behavior if feelings are not the key, the importance of the relationship between the counselor and the client, and what the counselor can do to help establish a system that operates on positive reinforcers rather than adverse control.
25 minutes | Order #78219
List Price and ACA Member Price: $179.00

Rollo May on Counseling
The symbols and myths of American society, such as rationalism, individualism, and competition, no longer provide a satisfying context of living for its members. When the symbols and myths of society begin to break down, anxiety develops, and people need to seek help from counselors. Their alternatives are either to try to learn to live in a state of mythlessness or to struggle to create new and more viable myths, such as authenticity and genuineness.
24 minutes | Order #78221
List Price and ACA Member Price: $179.00

Albert Ellis on Rational Emotive Psychotherapy
RET—its origins, philosophical bases, and fundamental hypotheses—are cogently explained by Albert Ellis in this DVD. The nature of the therapeutic process and the role of values are also explored.
30 minutes | Order #78220
List Price and ACA Member Price: $179.00

Leona Tyler on Counseling
Leona Tyler discusses the role of the counselor in helping the client transform potentialities into actualities, how confusion and isolation are two of the basic problems facing young people, how a counselor chooses a counseling theory, and why she does not see changing human behavior as the primary objective of counseling.
28 minutes | Order #78222
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Theories of Education

Carl Rogers on Education
In this DVD, Carl Rogers describes how people acquire significant knowledge and indicates the directions in which the educational system must change to have a real impact on students. He also discusses topics such as the role of the student in formulating his or her own curriculum, the circumstances in which learning will be a lasting and meaningful process, and the activities a teacher should engage in to facilitate the learning process.
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**B. F. Skinner on Education**

This DVD explores issues such as how Dr. Skinner’s concepts of freedom and control are related to the classroom experience, what values are implicit in his theory of behavioral change, and how and where the process of affecting change will begin. Dr. Skinner continues by addressing how the increased leisure time afforded by a technological society affects our educational system and whether schools should help develop individuals who will be deeply concerned about the welfare of their fellow man.

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