

The American Counseling Association (ACA)

As the world's largest association representing professional counselors in various practice settings, the <u>American Counseling Association</u> stands ready to serve nearly 55,000 members with the resources they need to make a difference. From webinars, publications, and journals to Conference education sessions and legislative action alerts, ACA is where counseling professionals turn for powerful, credible content and support.

Within ACA there are 20 divisions. These divisions enhance professional identity and are organized around specific interest and practice areas. The divisions provide professional strength and satisfy the diverse needs of the counseling community. For more information on the divisions, please visit the ACA website.

Facebook: www.facebook.com/American.Counseling.Association

Twitter: <a>@CounselingViews

Counseling Awareness Month (CAM)

The nearly 55,000 professional counseling members of ACA take great pride in both their work and their accomplishments and seek to make the importance of counseling and the role of counselors better known throughout the nation and the world. ACA designates April of each year as Counseling Awareness Month, a time of advocacy for the profession and celebration of the outstanding efforts of counselors in various settings as they seek to facilitate the growth and development of all people.

Counseling Today (CT)

Counseling Today is a monthly publication of ACA. From self-esteem issues to anger management, readers can learn about a variety of professional counseling topics through CT by exploring its <u>archives</u> section.

Twitter: <u>@ACA CTOnline</u>

Interesting Facts and Figures about Professional Counseling & Mental Health

- U.S. News & World Report recently ranked mental health counseling in its "The 100 Best Jobs" list
- The Bureau of Labor Statistics has employment statistics for mental health counselors
- The MentalHealth.gov website can provide statistics on mental health in America

For more information and interview requests with ACA leadership, please contact:

Catherine Sharretts <u>csharretts@livewiredc.com</u> 703-519-1600 x103