Grant Opportunity

for Counseling Programs

On February 1, 2014, NBCC launched a unique assistance initiative for university programs seeking first-time accreditation from the Council for Accreditation of Counseling & Related Educational Programs (CACREP) to establish clear professional identity.

To learn more about the grant and application process, contact campusinquiry@nbcc.org. The application and instructions for completion can be found at www.nbcc.org/Faculty.

Visit us at booth 708 for more information!
“I invite you to learn, explore, connect, and embrace the beauty of all that surrounds you.”

Cirecie West-Olatunji, PhD
ACA President

Hui
(TEAM)

Alkali
(LEADER)

Haumana
(STUDENT)

Kumu
(TEACHER)

Ohana
(FAMILY)

Hoaloha
(FRIEND)
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Conference Updates
Changes, updates, and cancellations are
listed in the ACA Mobile App and on
bulletin boards on each floor at the Hawaii
Convention Center.
Badges
All badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the Expo Hall. For your safety, no one will be allowed to enter without a proper badge. One-day badges are clearly marked and will be valid for admission on that day only. Replacement badges will cost $25.00 each and may be purchased at the Registration Desk in the Hawaii Convention Center.

Conference Events
Conference activities will be held at the ACA headquarter hotel, the Hilton Hawaiian Village, and the Hawaii Convention Center.

Convention Center
- Pre-conference Learning Institutes and ACA Red Cross Disaster Mental Health Training
- Keynote sessions
- Education Sessions
- Exposition and all Expo activities (Career Center, ACA Bookstore, Poster Sessions, Graduate Student Center, and New Professional Center, ACA Pavilion, Cyber Center)
- Full Registration

Hilton Hawaiian Village
- ACA Meetings and Social Events
- Division Meetings and Social Events

Message Board
A Message Board will be located in the Registration Area at the Hawaii Convention Center to help locate friends and colleagues.

Pre-conference Learning Institutes
These intensive workshops are being held at the Hawaii Convention Center on Wednesday, March 26, and Thursday, March 27. Please refer to the “Pre-conference Learning Institutes” tab in the program guide for more details.

Education and Poster Sessions
90, 60, and 30-minute education sessions will be held at the Hawaii Convention Center Friday, March 28, through Sunday, March 30. Refer to the “Education Sessions” tab for CE, Academy, and session information. 30-minute poster sessions will be held in the Expo Hall Friday, March 28, and Saturday, March 29. Refer to the “Poster Sessions” tab for more information.

ACA and Division Meetings and Social Events
Both ACA and Division events, previously titled “Ancillaries,” will be held at the Hilton Hawaii Village. Please refer to the “Meetings and Social Events” tab for more details.

Exposition
All Exposition activities will be held at the Hawaii Convention Center. The Expo Hall is open Thursday, March 27 from 4:00 p.m. – 6:00 p.m., Friday, March 28 from 10:00 a.m. – 5:30 p.m., and Saturday, March 29 from 9:30 a.m. – 5:30 p.m. Please refer to the “Conference Exhibitors” tab for more details.

Persons with Disabilities
We make every effort to accommodate all persons with disabilities and that includes those persons disabled by chemical exposure and environmental illness. Please take this into consideration when applying any type of fragrances.

ACA asks each attendee who is disabled to identify him or herself in advance, and provide us with the information necessary to make the event more accessible and
enjoyable, including any transportation needs, sign language interpreter, guides for the visually challenged, or any other special needs. We will be providing shuttle transportation for persons with disabilities only between ACA designated hotels and the convention center. Please check your hotel lobby for Shuttle Schedules. Onsite assistance can be secured at the Registration Desk at the Hawaii Convention Center.

Please note: Requests such as sign interpreters require advance notice to ensure we have a sufficient number of interpreters on hand. Again, we will make every effort to accommodate any last minute requests.

Please note: Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your consideration.

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Ignite! is an inspiring new learning format where participants share their professional and/or personal passions. Each speaker has five minutes to talk on subjects they are most passionate about using 20 slides that advance automatically every 15 seconds. These presentations are designed to “ignite” the audience!

We have a great line up of presenters! The 2014 participants are: Lynn Linde, Chris Moll, Colleen Logan, Kent Butler, Perry Francis, Summer Reiner, and Courtland Lee.

Don’t miss this exciting new Conference feature!

Friday, March 28
1:00 p.m.–2:00 p.m.
Room 315
Conference Activities at-a-Glance

Tuesday, March 25
9:00 a.m. – 5:00 p.m.   Governing Council Meeting

Wednesday, March 26
7:30 a.m. – 6:00 p.m.   Registration Open
8:00 a.m. – 5:00 p.m.   Division Meetings
8:00 a.m. – 6:00 p.m.   Pre-conference Bookstore open
8:00 a.m. – 7:45 p.m.   Pre-conference Learning Institutes
9:00 a.m. – 5:00 p.m.   Governing Council Meeting

Thursday, March 27
7:30 a.m. – 6:00 p.m.   Registration Open
8:00 a.m. – 2:30 p.m.   Pre-conference Bookstore open
8:00 a.m. – 5:00 p.m.   ACA Business Meetings
8:00 a.m. – 5:00 p.m.   Division Business Meetings
8:00 a.m. – 7:45 p.m.   Pre-conference Learning Institutes
9:00 a.m. – 1:00 p.m.   ACA/Red Cross Foundations of Disaster Mental Health Training
3:00 p.m. – 5:00 p.m.   ACA First Timers Orientation and Reception
4:00 p.m. – 6:00 p.m.   Expo Grand Opening & Welcome Reception
4:00 p.m. – 6:00 p.m.   ACA Bookstore Open
4:00 p.m. – 6:00 p.m.   ACA Career Center Open
4:30 p.m. – 5:30 p.m.   ACA Author Book Signing
5:00 p.m. – 7:00 p.m.   ACA COPARC Meeting
6:00 p.m. – 8:00 p.m.   ACA VISTA’s Reception

Friday, March 28
7:00 a.m. – 5:00 p.m.   Registration Open
7:00 a.m. – 5:00 p.m.   Education Sessions
7:00 a.m. – 5:00 p.m.   ACA Business Meetings
7:00 a.m. – 5:00 p.m.   Division Business Meetings
8:30 a.m. – 10:00 a.m.   Opening Keynote Session
10:00 a.m. – 5:30 p.m.   Expo Open
10:00 a.m. – 5:30 p.m.   ACA Bookstore Open
10:00 a.m. – 5:30 p.m.   ACA Career Center Open
11:00 a.m. – 1:00 p.m.   Division Brunches
11:30 a.m. – 5:00 p.m.   Poster Sessions
12:00 p.m. – 2:00 p.m.   Division Luncheons
4:00 p.m. – 5:00 p.m.   ACA Author Book Signing
5:00 p.m. – 6:30 p.m.   International Student Panel
5:00 p.m. – 9:00 p.m.   ACA Social Events
5:00 p.m. – 9:00 p.m.   Division Social Events
Conference Activities at-a-Glance

Saturday, March 29
7:00 a.m. – 5:00 p.m. Registration Open
7:00 a.m. – 5:00 p.m. Education Sessions
7:00 a.m. – 8:30 a.m. Division Breakfasts
7:00 a.m. – 5:00 p.m. ACA Business Meetings
7:00 a.m. – 5:00 p.m. Division Business Meetings
8:30 a.m. – 9:30 a.m. Keynote Session
9:30 a.m. – 5:30 p.m. Expo Open
9:30 a.m. – 5:30 p.m. ACA Bookstore Open
9:30 a.m. – 5:30 p.m. ACA Career Center Open
11:00 a.m. – 1:00 p.m. Division Brunches
11:30 a.m. – 3:00 p.m. Poster Sessions
12:00 p.m. – 2:00 p.m. Division Luncheons
5:00 p.m. – 12:00 a.m. Division Social Events
6:00 p.m. – 7:00 p.m. ACA National Awards Ceremony
7:30 p.m. – 9:00 p.m. ACA Talent Show

Sunday, March 30
7:00 a.m. – 11:30 a.m. Education Sessions
7:00 a.m. – 12:00 p.m. Registration Open
8:00 a.m. – 12:00 p.m. ACA Business Meetings
8:00 a.m. – 12:00 p.m. Division Business Meetings
1:00 p.m. – 3:00 p.m. ACA General Membership Meeting

“Friends of Bill” (AA) and “Friends of Lois” (Al-anon)
Hosted by Rein Therapeutic Counseling and Consulting

Thursday, March 27
2 p.m. – 4 p.m.
Hilton Hawaiian Village – Iolani 5

Friday, March 28
3 p.m. – 5 p.m.
Hilton Hawaiian Village – Iolani 7

Saturday, March 29
2 p.m. – 4 p.m.
Hilton Hawaiian Village – Iolani 7
Morgan Spurlock

Friday, March 28
8:30 a.m. – 10:00 a.m.
Hawaii Convention Center
Kalakaua Ballroom

Academy Award-Nominated Director of Super Size Me and Documentary Filmmaker

Morgan Spurlock is an award-winning writer, director, and producer best known for his immersive explorations of the social issues that both directly and indirectly shape the choices and life paths of our clients, students, colleagues… and ourselves. As a man with his finger on the pulse of a rapidly changing society, Spurlock will share experiences, insights, and reflections from the front lines of American culture.

His first feature-length film, Super Size Me, played in more than 100 countries, influenced school lunch programs across the nation, empowered millions to change their own eating habits, and eliminated super-size options from the world’s largest fast-food chain. The film was also used by senators, congressmen, and lobby groups as a call to action for multiple food and education-related causes.

Other accomplishments include the critically acclaimed FX program, 30 Days, which dealt with such polarizing issues as the minimum wage, prison reform, abortion, and gun control; Where in the World is Osama bin Laden?, which was named “one of the most important films of the year” by the Islamic Society of North America; The Simpsons 20th Anniversary Special in 3-D on Ice; the film adaptation of the best-selling book Freakonomics; and POM Wonderful Presents: The Greatest Movie Ever Sold, a documentary about branding, advertising, and product placement which was funded by branding, advertising, and product placement, and made some serious points about the ubiquity of branding in our daily lives.

In April 2012, Spurlock’s released the documentary, Comic-Con Episode IV – A Fan’s Hope, which follows a group of attendees around the 2010 San Diego Comic-Con. A month later, his doc Mansome hit theaters, which features an all-star cast of commentators including Will Arnett, Jason Bateman, and Zach Galifianakis, who hilariously opine on the grooming habits of the 21st-century man.

In 2013, Spurlock returned to TV as host and producer of the CNN original series, Inside Man. Each week Spurlock provides an insider’s view into rarely seen sectors of American life that include gun lovers, marijuana growers, migrant farm workers, and end-of-life caregivers.
Cloé Madanes is a world-renowned innovator and teacher of family and brief therapy and one of the originators of the strategic approach to family therapy.

She has authored seven books that are classics in the field: Strategic Family Therapy; Behind the One-Way Mirror; Sex, Love, and Violence; The Secret Meaning of Money; The Violence of Men; The Therapist as Humanist, Social Activist, and Systemic Thinker; and Relationship Breakthrough.

Since 2002, Cloé Madanes has worked side by side with Tony Robbins developing the new field of Strategic Intervention. This cross-disciplinary project combines their two legacies, distilling the most swift, effective, and practical strategic intervention methods from a variety of fields. With Robbins she co-founded the Council for the Human Rights of Children, co-sponsored by the University of San Francisco, which applies the insights of Strategic Intervention for the protection and healthy upbringing of at-risk children.

**Last year’s talent show participants received a standing ovation from a packed house! You do not want to miss the fun this year... or the special LOCAL guest emcee!**

**Saturday, March 29, 7:30 p.m. – 9:00 p.m.**
Coral Ballroom 4 and 5. *Admission is free.*
Welcome Reception
Thursday, March 27, 4:00 p.m. – 6:00 p.m.
Hawaii Convention Center – Expo Hall
Join your colleagues for food and entertainment at the opening of the Expo.

Expo Hall
Friday, March 28, 10:00 a.m. – 5:30 p.m.
Saturday, March 29, 9:30 a.m. – 5:30 p.m.
Hawaii Convention Center – Expo Hall
Explore the largest gathering in the world of providers of resources for all counselors. This is your best opportunity to preview and purchase the most up-to-date resources available.

ACA Bookstore
March 27, 4:00 p.m. – 6:00 p.m.
March 28, 10:00 a.m. – 5:30 p.m.
March 29, 9:30 a.m. – 5:30 p.m.
Hawaii Convention Center – Expo Hall
Browse through the full line of ACA publications, DVDs, and logo merchandise from the premier counseling resource provider. Take a moment to talk with our keynote speakers and leading authors at scheduled book signings, and meet with the Associate Publisher to discuss your manuscript ideas.

Keynote Speaker and ACA Author Book Signings
Hawaii Convention Center – Expo Hall

Keynote Speaker Signings
Friday, March 28, 10:00 a.m. – 11:00 a.m.
Morgan Spurlock
Saturday, March 29th, 9:30 a.m. – 10:30 a.m.
Cloé Madanes

ACA Author Book Signings!
Thursday, March 27, 4:30 p.m. – 5:30 p.m.
Friday, March 28, 4:00 p.m. – 5:00 p.m.
Hawaii Convention Center – Expo Hall
Attendees will have the opportunity to converse with our keynote speakers and other influential and distinguished authors while they sign their latest publications. For graduate students and seasoned professionals alike, this experience is not to be missed.

ACA Career Center
Thursday, March 27, 4:00 p.m. – 6:00 p.m.
Friday, March 28, 10:00 a.m. – 6:00 p.m.
Saturday, March 29, 9:30 a.m. – 5:30 p.m.
Hawaii Convention Center – Expo Hall
Whether you are new to the profession or a seasoned counselor or educator, getting that counseling job is what the ACA Career Center is all about. Employer interviews will be occurring at the Career Center on Friday and Saturday. Although most interviews and consults will be scheduled ahead of time, stop by. If there are cancellations we will squeeze you in.

ACA Pavilion and Cyber Lounge
Thursday, March 27, 4:00 p.m. – 6:00 p.m.
Friday, March 28, 10:00 a.m. – 5:30 p.m.
Saturday, March 29, 9:30 a.m. – 5:30 p.m.
Hawaii Convention Center – Expo Hall
The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources and membership. Find out what’s happening on federal and state policy issues affecting the profession. The ACA Website is at your fingertips via a walk-up display with computer workstations. Check your email at the Cyber Lounge without having to leave the action!

ACA Graduate Student/ New Professional Center
Thursday, March 27, 4:00 p.m. – 6:00 p.m.
Friday, March 28, 10:00 a.m. – 5:30 p.m.
Saturday, March 29, 9:30 a.m. – 5:30 p.m.
Hawaii Convention Center – Expo Hall
ACA First Timer’s Reception
Thursday, March 27, 3:00 p.m. – 5:00 p.m.
Hilton Hawaiian Village, Coral Ballroom 1

If this is your first ACA Conference, then this is the ideal opportunity to network and hear a special presentation on how to get most out of the ACA Conference & Expo. Whether you’re a student, a new professional, or a first-time conference attendee, this session is for you! Reception is free for first-time attendees only! You must have a ticket to participate.

International Student Panel & International Reception
Friday, March 28
5:00 p.m. – 6:30 p.m. (Panel discussion)
6:30 p.m. – 7:30 p.m. (Reception)
Hilton Hawaiian Village, South Pacific 3

A panel of graduate students from various countries discusses perceptions of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. The International Reception will be held after the panel discussion.

ACA Opening Night Celebration!
Friday, March 28, 9:00 p.m. – 12:00 a.m.
Hilton Hawaiian Village, Coral Ballroom

Join us for an evening of entertainment, live music, food, and dancing! There will be a display of foods synonymous with the city; greet old friends and meet new ones at this social event of the year for counselors. One ticket is included with each full registration. Additional tickets may be purchased for $45 per person. Use the registration form or purchase additional tickets onsite.

ACA National Awards Ceremony
Saturday, March 29, 6:00 p.m. – 7:00 p.m.
Hilton Hawaiian Village, Coral Ballroom 4 & 5

Join your colleagues in this evening celebration to honor distinguished counseling professionals who are making an impact on the profession and to honor special achievements of several ACA branches. Sponsored by the ACA Foundation.

ACA’s Got Talent!
Saturday, March 29, 7:30 p.m. – 9:00 p.m.
Hilton Hawaiian Village, Coral Ballroom 4 & 5

Join your colleagues to de-stress and heighten your spiritual awareness through artistic expressions. The talent show will showcase counselors with various talents to include music, singing, dance, poetry, and much more. Sponsored by the ACA Foundation.

Conference Updates
Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hawaii Convention Center.

We want to know what you think!
Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
The Governing Council is the national governing body of the American Counseling Association, providing long-range strategic leadership. Composed of nationally elected ACA officers, including the president, president-elect, and immediate past president, the appointed treasurer, and one representative from each division and region, the Governing Council meets at least once annually held in conjunction with the ACA Conference & Expo. The association’s executive director, treasurer, and parliamentarian serve as ex-officio members without voting rights.

Annette Bohannon ................................................... Southern Region Representative
Alan Burkard .............................................................. ASCA Representative
Susan Cooley ............................................................... ACA Process Observer
Thelma Daley ............................................................. ACA Treasurer
Judy Daniels ............................................................... CSJ Representative
Bradley T. Erford ........................................................ ACA Past President
Brandé Flamez .......................................................... IAMFC Representative
Perry Francis .............................................................. ACCA Representative
Kimberly N. Frazier .................................................... AMCD Representative
Sharon A. Guild-Stitt .................................................. ACEG Representative
Shane Haberstroh ....................................................... ACC Representative
Dan Holdinghaus ....................................................... AMHCA Representative
Lisa Jackson-Cherry ................................................ ASERVIC Representative
Rachel B. Kristianson ................................................ Western Region Representative
Gerard Lawson ........................................................ ACES Representative
Todd F. Lewis ............................................................. IAAOOC Representative
Anna Flores Locke ..................................................... Student Representative
Terry Mitchell .............................................................. North Atlantic Region Representative
Sue E. Pressman ........................................................ NECA Representative
Edil Torres Rivera ....................................................... ACA Parliamentarian
Catherine Roland ...................................................... AADA Representative
Christopher Roseman ................................................ Midwest Region Representative
Pat Schwallie-Giddis ................................................ NCDA Representative
Robert Smith ............................................................. ACA President-elect
M. Carolyn Thomas .................................................. ASGW Representative
Michael Walsh .......................................................... AHC Representative
Joshua C. Watson ...................................................... AACE Representative
Cirecie A. West-Olatunji ............................................ ACA President
Joy S. Whitman .......................................................... ALGBTIC Representative
Caroline Wilde ........................................................ ARCA Representative
Richard Yep .............................................................. ACA Executive Director
ACA Regions, Divisions, & Organizational Affiliate

There are four regions, 19 divisions, and one organizational affiliate within the American Counseling Association. These groups provide leadership, resources, and information unique to specialized practice areas and/or principles of counseling.

Midwest Region .............................................................. Matthew Mims, Chairperson
North Atlantic Region .................................................... Summer Reiner, Chairperson
Southern Region .......................................................... Julia Porter, Chairperson
Western Region ......................................................... Heather Tustison, Chairperson
Association for Assessment in Counseling and Education ................. Casey A. Barrio-Minton, President
Association for Adult Development and Aging .... Suzanne Degges-White, President
Association for Child and Adolescent Counseling (Organizational Affiliate) .......... Elsa Soto-Leggett, President
Association for Creativity in Counseling ................................ Stella Kerl-McClain, President
American College Counseling Association .................................. Josh E. Gunn, President
Association for Counselors and Educators in Government .. Seth Hayden, President
Association for Counselor Education and Supervision ........ Robin Wilbourn Lee, President
Association for Humanistic Counseling ......................... Matthew E. Lemberger-Truelove, President
Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling .......................................... Hugh Crethar, President
Association for Multicultural Counseling and Development ........ Michael Brooks, President
American Mental Health Counselors Association .................. Judith Bertenthal-Smith, President
American Rehabilitation Counseling Association ................. Paul Toriello, President
American School Counselor Association ................................ Sharon F. Sevier, Chair
Association for Spiritual, Ethical and Religious Values in Counseling ................................................................. Carman Gill, President
Association for Specialist in Group Work ................................. Alicia Homrich, President
Counselors for Social Justice .............................................. Selma Yznaga, President
International Association of Addictions and Offender Counselors ......................................................... Keith Morgen, President
International Association of Marriage and Family Counselors ........ Loretta Bradley, President
National Career Development Association .......................... Lisa Severy, President
National Employment Counseling Association ....................... Tom Ayala, President
Hilton Hawaii Village
Pre-conference Learning Institutes

Pre-conference Learning Institutes (LI) CE Credit Information
Continuing Education (CE) credit is offered to attendees of the ACA 2014 Pre-conference Learning Institutes. Earn 6 CE hours per full-day session and 3 CE hours per full-evening session. ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended during conference at the CE/Evaluation kiosks after conference at prolibraries.com/counseling. After the conference, you will be able to print a copy of your CE certificate from your personal computer at no additional cost! See page 196 for more information.

All Learning Institutes have CE approval from:
- **National Board for Certified Counselors (NBCC).** ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- **California Board of Behavioral Sciences.** Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
- **Commission on Rehabilitation Counselor Certification**
- **NAADAC: The Association for Addiction Professionals**
- **Washington Office of Superintendent of Public Instruction**

Select sessions, identified by symbol(s), have CE approval from the following organizations:
- **American Psychological Association (APA).** ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content.
- **Association for Play Therapy (APT).** APT-Approved Provider 09-265.
- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board.** Counselor CE credit only.

*It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.*

Key to Learning Institute Levels
Select an LI based not only on content but also on the level of knowledge you currently have and how attending will advance that knowledge.

<table>
<thead>
<tr>
<th>LEVELS</th>
<th>Introductory</th>
<th>Advanced</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Attendees should have some basic knowledge of the specific content area but do not need to have in-depth knowledge or skills; the LI will add to their basic knowledge of the topic.</td>
<td>To benefit fully, attendees should have substantial working knowledge or skills in the specific content area. Typically, they currently use that knowledge and skill in their jobs, and the LI will refine and expand their current expertise.</td>
</tr>
</tbody>
</table>
**WEDNESDAY**

**Daytime Sessions**
8:00 a.m. – 3:30 p.m.

Program ID #14001  ■
Convention Center, **Room 313A**
**Motivational Interviewing with Clients Who Have Behavioral Addictions**
6-Hour Session, Introductory
Mary K. Crozier, EdD, Shari Sias, PhD

Program ID #14002  ■
Convention Center, **Room 313C**
**Counseling Challenging Teenagers**
6-Hour Session, Advanced
John Sommers-Flanagan, PhD

Program ID #14003  ■
Convention Center, **Room 313B**
**New Developments for Solution-Focused Counseling**
6-Hour Session, Introductory
Jeffrey T. Guterman, PhD, Clayton V. Martin, MS

Program ID #14005  ■
Convention Center, **Room 307A-B**
**How To Avoid a Malpractice Lawsuit – Or at Least Stack the Deck in Your Favor**
6-Hour Session, Introductory
Anne Marie “Nancy” Wheeler, JD

Program ID #14006  ■
Convention Center, **Room 303A-B**
**Enhancing Clinical Outcomes for ADHD, Anxiety, and Depression Using EEG Biofeedback (Neurofeedback)**
6-Hour Session, Introductory
Richard Soutar, PhD

Program ID #14007  ■
Convention Center, **Room 308A-B**
**Demonstrating Reality Therapy: An Action-Centered System for Client Support, Guidance, and Empowerment**
6-Hour Session, Advanced
Robert E. Wubbolding, EdD

Program ID #14008  ■
Convention Center, **Room 305A-B**
**Disaster Mental Health Essential Skills and Competencies**
6-Hour Session, Advanced
Jane M. Webber, PhD, J. Barry Mascari, EdD, Gerard Lawson, PhD, Karin Jordan, PhD, Tara Jungersen, PhD, Stephanie F. Dailey, PhD

Program ID #14009  ■
Convention Center, **Room 306A**
**The Impact of the Affordable Care Act on Counseling Services: Surviving and Thriving in an Uncertain Market**
6-Hour Session, Advanced
Steven Kenneth Nielsen, EdD, Thomas A. Field, MEd, Michelle R. Ghoston, PhD, Stephanie Loveridge, MS, Sylvia Lantz, MEd, Debra Jefferson, Tammy O’Neill, Janice Huston

Program ID #14010  ■
Convention Center, **Room 306B**
**Lifehacking: Tech Tools for the Modern Counselor**
6-Hour Session, Introductory
Marty Jencius, PhD, Eric Baltrinic, MA

**Evening Sessions**
4:30 p.m. – 7:45 p.m.

Program ID #14011  ■
Convention Center, **Room 313A**
**Understanding the DSM-5: What Counselors Need To Know**
3-Hour Session, Advanced
Victoria Kress, PhD, Matthew J. Paylo, PhD

Program ID #14012  ■
Convention Center, **Room 313C**
**Adlerian Counseling Procedures: Advanced Understandings and Applications for Brief Counseling**
3-Hour Session, Advanced
Richard E. Watts, PhD, Amanda C. La Guardia, PhD

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[20]
Program ID #14013  ■
Convention Center, Room 313B
The Long Good-Bye: Grief Work in Substance Abuse Counseling
3-Hour Session, Introductory
Susan Furr, PhD, Kathryn Hunsucker, MA

Program ID #14014  ■
Convention Center, Room 305A-B
Application of Multimodal Play Therapy Techniques for the Assessment and Treatment of Bullying
3-Hour Session, Advanced
Mary Ruth Cross, MS, Leslie W. Baker, MS

Program ID #14015  ■
Convention Center, Room 308A-B
Supervision and Suicidal Clients: Best Practices and Risk Management Strategies for Supervisors and Their Supervisees
3-Hour Session, Advanced
Daniel J. Weigel, PhD, Kimberly Donovan, PhD

Program ID #14016  ■
Convention Center, Room 303A-B
Healing the Child Within: Clinical Hypnosis and Integrative Therapy in the Recovery from Childhood Trauma and Sexual Abuse
3-Hour Session, Advanced
Rick Boyes, PhD

Program ID #14017  ■
Convention Center, Room 307A-B
Integrating Two Evidence-Based Practices: Motivational Interviewing and Cognitive Behavior Therapy
3-Hour Session, Advanced
Melanie M. Iarussi, PhD, Cynthia J. Osborn, PhD

Program ID #14018  ■
Convention Center, Room 306A
Counseling Students with ADHD: A Collaborative Group Counseling Approach
3-Hour Session, Advanced
Deborah Ebener, PhD, Susan Smedema, PhD

Program ID #14020  ■
Convention Center, Room 306B
Playing for Academic Success: Exploring the Impact of School-Based Play Therapy with Academic Achievement
3-Hour Session, Introductory
Pedro J. Blanco, PhD, Joel H. Muro, PhD, Ryan P. Holliman, PhD

CALL FOR PRESENTATION PROPOSALS
ACA is seeking proposals for:
Pre-Conference Learning Institutes: March 11–12, 2015
Education Sessions: March 13–15, 2015
April 7, 2014: Online proposal site opens
May 28, 2014: Proposal submission deadline (5 p.m. ET)
July 23, 2014: Proposal results emailed
October 15, 2014: Scheduling notices emailed
December 15, 2014: Education session presenters registration deadline
Note: The primary presenter must be an ACA member.
Please visit counselling.org/conference for additional information.

New for 2015
60-minute Clinician Education Sessions
ACA is happy to announce we will be offering a separate proposal submission designed for clinicians.

March 12–15, 2015
Pre-conference Learning Institutes
March 11–12
**Daytime Sessions**

8:00 a.m. – 3:30 p.m.

Program ID #14021  ▲ ● ■
Convention Center, **Room 313A**
Play Therapy for Children with History of Interpersonal Trauma/Attachment Breaks: A Culturally Responsive, Systemic Approach
6-Hour Session, Advanced
Sue C. Bratton, PhD

Program ID #14022  ■
Convention Center, **Room 313C**
Counseling Theory in Practice
6-Hour Session, Introductory
Gerald Corey, EdD, Jaime Bludworth, PhD

Program ID #14023  ■
Convention Center, **Room 309**
Neurofeedback and Biofeedback for Counselors: Research, Practice, and Microskills Development
6-Hour Session, Introductory
Thomas F. Collura, PhD, Carlos P. Zalaquett, PhD, Christen H. Stahl, MA

Program ID #14024  ■
Convention Center, **Room 305A-B**
Hot off the Press — The New 2014 ACA Code of Ethics: An In-Depth Review of Critical Changes
6-Hour Session, Introductory
ACA Ethics Revision Task Force

Program ID #14025  ■
Convention Center, **Room 307A-B**
Dialectical Behavior Therapy for Adolescents: Practical Applications Across Settings, and Guidelines for Implementation
6-Hour Session, Introductory
Thomas A. Field, MEd

Program ID #14026  ■
Convention Center, **Room 303A-B**
Using Values Clarification in Counseling: Practical Strategies for Individual, Group, and Psychoeducational Settings
6-Hour Session, Introductory
Howard Kirschenbaum, EdD

Program ID #14027  ▲ ■
Convention Center, **Room 308A-B**
Counseling Across Racial and Gender Borders: New Perspectives on Intersectionality
6-Hour Session, Advanced
Courtland Lee, PhD, Barbara Herlihy, PhD, Angela James, MS

Program ID #14028  ▲ ■
Convention Center, **Room 306A**
Reframing CAREER to CARE: Integrating Spirituality in Counseling To Inform Discernment, Calling, Role Balance, and Wellness
6-Hour Session, Advanced
Edward Anthony Colozzi, EdD, Lee J. Richmond, PhD

Program ID #14029  ▲ ■
Convention Center, **Room 306B**
Skype, HIPAA, and Licensure: Nine Evidence-Based, Distance Counseling Best Practices
6-Hour Session, Advanced
Donna Ford, MS, Marlene M. Maheu, PhD

Program ID #14030  ■
Convention Center, **Room 313B**
Demystifying the DSM-5 Diagnostic Process
6-Hour Session, Introductory
Jason H. King, PhD, Matthew R. Buckley, EdD
Evening Sessions
4:30 p.m. – 7:45 p.m.

Program ID #14031  ▲ ■
Convention Center, Room 313A
Spiritual Assessment and Case Conceptualization for Counselors
3-Hour Session, Advanced
Elizabeth A. Maynard, PhD, Peter D. Rogers, MA

Program ID #14032  ▲ ■  ● ■
Convention Center, Room 313C
Wounded Warriors: Play Therapy for Counseling Sexually Abused Males
3-Hour Session, Advanced
Brian L. Bethel, MEd

Program ID #14033  ▲ ■
Convention Center, Room 313B
Introspective Ethics: Using Self-Awareness To Develop Ethical Sensitivity and Enhance Ethical Behavior
3-Hour Session, Advanced
Cecile Brennan, PhD

Program ID #14034  ▲ ■
Convention Center, Room 309
Feedback-Informed Counseling: An Evidence-Based Approach To Empower Clients and Increase Effectiveness
3-Hour Session, Advanced
Sidney Shaw, EdD

Program ID #14035  ▲ ■
Convention Center, Room 308A-B
Career Counseling as an Idiographic Process
3-Hour Session, Advanced
Mark B. Scholl, PhD, Pamela E. Brott, PhD

Program ID #14036  ▲ ■
Convention Center, Room 303A-B
This Side of the Rainbow: Ethics, Competencies, and Skills for Improving Your LGB-Affirming Practice
3-Hour Session, Advanced
Steven Farmer, PhD, Michael DeVoll, MEd

Program ID #14037  ▲ ■
Convention Center, Room 307A-B
A Closer Look at Disability: Enhancing Counselors’ Effectiveness in Addressing the Needs of People with Disabilities
3-Hour Session, Advanced
Susan Stuntzner, PhD, Michael T. Hartley, PhD, Sonya M. Ware, PhD

Program ID #14038  ■
Convention Center, Room 306A
Open Journal Systems: An Alternative to the Publish or Perish Culture in Academia
3-Hour Session, Introductory
Edil Torres-Rivera, PhD

Program ID #14039
Convention Center, Room 306B
EcoWellness Assessment and Strategies: Integrating the Natural World Effectively into Professional Counseling Practice
3-Hour Session, Introductory
Ryan F. Reese, PhD

Program ID #14040
Convention Center, Room 305A-B
How to Build a 7-Figure Counseling Practice
3-Hour Session, Introductory
Anthony J. Centore, PhD

We want to know what you think!
Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
Visit the ACA Membership Booth, located in the exhibit hall, for more information and to pick up your ACA Hawaii 2014 Annual Conference commemorative lapel pin!
CE Credits & ACA Academy Certificates

Two ways to earn while you learn

Earn up to 34 Continuing Education clock hours, including Pre-conference Learning Institutes!

Continuing Education Credits

You can earn 1 continuing education contact hour (CE) for each hour of attendance at:

• Pre-conference Learning Institutes (see page 13 for details)
• Keynote Sessions
• Education Sessions

Please note: 30-minute poster sessions are not approved for CE credit.

ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended during conference at the CE/Evaluation kiosks after conference at prolibraries.com/counseling. After the conference, you will be able to print a copy of your CE certificate from your personal computer at no additional cost! See page 196 for more information.

All Education Sessions have CE approval from:

• National Board for Certified Counselors (NBCC). ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
• California Board of Behavioral Sciences. Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
• Commission on Rehabilitation Counselor Certification
• NAADAC: The Association for Addiction Professionals
• Montana Board of Social Work Examiners, Professional Counselors, Marriage and Family Therapists
• Washington Office of Superintendent of Public Instruction

Select sessions, identified by symbol(s), have CE approval from the following organizations:

▲ American Psychological Association (APA). ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content.
• Association for Play Therapy (APT). APT-Approved Provider 09-265.
■ State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board. Counselor CE credit only.

It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.
CE Credits & ACA Academy Certificates

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Earn free ACA Conference Academy Certificates

ACA Conference Academies
ACA Conference Academies are another way to demonstrate interest in specific areas. Receive a certificate recognizing your commitment to obtaining specific knowledge in a particular area. **There are 18 Academy tracks to choose from!**

- Addictions Academy
- Career Development/Employment Counseling Academy
- Child & Adolescent Counseling Academy
- Clinical Mental Health/Private Practice Academy
- Counseling Ethics & Legal Issues Academy
- Counselor Education & Supervision Academy
- Couples & Family Counseling Academy
- Creativity in Counseling Academy – **New!**
- Group Work Academy
- Human Development Across the Lifespan Academy
- LGBTQ Academy
- Military Counseling Academy
- Multicultural and International Counseling Academy
- Research Academy
- School Counseling Academy
- Spirituality & Religious Values Academy
- Traumatology Academy
- Wellness Academy

To earn a certificate, attend at least six 90-minute/60-minute Education Sessions from the approved list, as indicated in the Program Guide. All six sessions must be from the same Academy track.

You may submit an Academy form online for free at counseling.org/conference and receive your free printable certificate instantly.

For questions regarding CEs for this conference, or ACA Academies, please call 800-347-6647 x229.
Featured Sessions at-a-Glance

For Graduate Students and New Professionals Only Series

Friday, March 28
ID #105, What Graduate Students and New Professionals Need To Know About Conducting and Publishing Research
ID #123, Becoming a Professional Counselor

Saturday, March 29
ID #202, What Graduate Students and New Professionals Need To Know About Developing a Professional Identity
ID #274, What Graduate Students and New Professionals Need To Know About the New 2014 ACA Code of Ethics

Sunday, March 30
ID #304, Everything Graduate Students and New Professionals Need To Know About the DSM-5
ID #348, A Resume Gets You in the Door, but the Interview Gets You the Job

ACA Counseling in Action Demonstration Series

Friday, March 28
ID #124, Counseling Returning Veterans with PTSD
ID #148, Empowering Youth Victimized by Cyber-Bulling: A Solution-Focused Adlerian Counseling Model

Saturday, March 29
ID #224, Counselors Responding to Mass Violence Following a University Shooting: A Live Demonstration of Crisis Counseling

Waiting List Only Status Series

Friday, March 28
ID #106, Presentize
ID #173, Role Induction and Growth-Focused Value

Saturday, March 29
ID #209, Do You Have Any Cancellations Today?: Exploring the Realities of a Successful Counseling Practice
ID #276, Working Hard or Hardly Working?

Sunday, March 30
ID #303, No Wizard Behind This Curtain
ID #351, Keeping It Real

ACA Client-Focused Research Series

Friday, March 28
ID #122, Factors in the Selection of Science Courses by Girls in Senior Secondary Schools in Benue State and Counselling Implications
ID #144, Expectations and Experiences Associated with Bariatric Surgery: Implications for Counselors
ID #145, An Examination of Executive
Function, Stress, and Adolescent Attachment in a Social Neuroscience Model Using NICHD SECCYD
ID #146, Impact of a School-Based, DBT-Infused Group Intervention on Student and Parent Reported Behavioral Distress
ID #167, The Influence of Caregiver Intimate Partner Violence on Treatment Attrition for Child Sexual Abuse Victims
ID #168, Without Words for Emotion: Alexithymia Challenges for Troubled Adolescents

Saturday, March 29

ID #222, The Relationship Between Types of Bullying/Victimization and Internalization/Externalization Problems for Bullies and Victims
ID #244, Parental Alliance for Low-Income Couples and Individuals Participating in Relationship Education Workshops
ID #245, Creating Images in the Sand: Using Sandtray with Adolescents and Adults in the Grief Group Process
ID #267, Hurricane Katrina Seven Years Later

Sunday, March 30

ID #323, The Influence of Relationship Education and Parenting Education on Relationship Satisfaction
ID #324, Have You Texted Your Family Today? A Research Project Exploring the Impact of Technology on Families
ID #344, Empirical Evidence for Child-Centered Play Therapy: Findings and Recommendations from a Meta-Analysis
ID #345, Arab-American Perspectives on Counseling: Experiences from School and Community Settings in a Non-Enclave Community

Featured Sessions at-a-Glance
ACAC Sessions

Friday, March 28
ID #178, ACAC Presents: Sensory Processing Disorder — Identifying and Serving Clients and Their Families
ID #424, ACAC Presents: Foundations of Counseling with LGBTQ Youth

Saturday, March 29
ID #227, ACAC Presents: Examining the Role of the Relationship in Child-Centered Play Therapy: Is It Really the Curative Factor?
ID #518, ACAC Presents: The Impact of the Circle of Security-Parenting Intervention on Mothers in Residential Substance Abuse Treatment
ID #566, ACAC Presents: Directive Play Therapy — A Solution-Focused Approach

Sunday, March 30
ID #352, ACAC Presents: Innovative Strategies in Counseling Adolescents

ACCA Day of Learning

Saturday, March 29
ID #214, College Counseling: Roundtables
ID #237, Outrageous Outreach: Utilizing Creative Outreach Programs To Engage Students and Decrease College Counseling Center Stigma
ID #260, Trending in College Counseling
ID #281, Breaking in and Rising up in College Counseling

ACEG Sessions

Friday, March 28
ID #183, Creating Supportive Communities as a Means of Treatment for Military Members and Veterans
ID #408, Military 101: Civilian Providers and Military Families

Saturday, March 29
ID #261, Women in Warrior Culture: Their Evolving Role and Challenges of Service
ID #523, Out of the Closet and into the Ranks: A Group Counseling Approach for Military Veterans

Sunday, March 30
ID #302, Suicide in the U.S. Military Services: How Professional Counselors Can Help

Conference Updates
Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hawaii Convention Center.
ACES Day of Learning

Saturday, March 29

ID #211, Who Am I, and Who Am I Becoming? Strength-Based Identity Discernment for Graduate Students and New Professionals
ID #234, ACES-CACREP Panel Discussion on Counselor Education at Faith-Based Institutions of Higher Education
ID #257, Educational Standards for Counselor Licensure: In Search of a National Standard
ID #278, Focusing on Wellness: A Strengths-Based Perspective for Graduate Students

AMCD Sessions

Friday, March 28

ID #188, Leadership and Mentoring Opportunities in AMCD: Dialogues with AMCD Vice Presidents
ID #403, Sex-Role Egalitarian Attitudes of African Americans: Implications for Mental Health Counseling Needs
ID #472, AMCD Writers Consortium: To Write or Not To Write ...

Saturday, March 29

ID #252, AMCD Multicultural Competencies: The Next Iteration
ID #502, Counseling Special Populations - Focus: Foster Care Children

Sunday, March 30

ID #310, Building Counseling Awareness and Connections in Your Community

AMHCA Day of Learning

Friday, March 28

ID #114, Critical Incidents in the Supervision of Novice Counselors: Effective Strategies for Supervisors and Supervisees
ID #137, Challenges of Early Career Supervisors: Integration of Supervisory Skills for Counselors-in-Training in Graduate Education

Saturday, March 29

ID #212, The Cultural Divide: A Panel Discussion Addressing LGBT Issues in Counseling
ID #235, Utilizing ALGBTIC’s Competencies for Counseling with LGBQQIA Individuals for Ethical and Integrative Practice
ID #258, The Intersectionality of Gender and Affectional Orientation in Counseling
ID #279, Developmental Transitions: Considerations for the LGBTQ Community Over the Lifespan

ALGBTIC Day of Learning

Saturday, March 29

ID #201, Yoga and Tai Chi Self-Care for Counselors: Mood Enhancement, Connection, and Listening
ID #223, From Free Play and Self-Empathy to Wellness
ID #246, Increasing Personal Energy and Wellness
ID #268, Healing from Separation: A Humanistic Approach
Featured Sessions at-a-Glance

ARCA Sessions

**Friday, March 28**

ID #161, Using the AMHCA 2011 Standards To Put “Health” Back into Clinical Mental Health Counseling
ID #182, A Clinical Mental Health Counseling Paradigm: Implications for Counselor Education, Research, and Practice

**Saturday, March 29**

ID #176, Distance Education Strategies Useful in Rehabilitation Counselor Training
ID #435, Multidimensional Assessment of College Women’s Perceptions of Body Image

**Sunday, March 30**

ID #332, Clinical Rehabilitation Counseling and Criteria for Conversion of Interested Graduate-Level Counseling Programs

ASERVIC Sessions

**Friday, March 28**

ID #155, Spirituality as Part of Cultural Competence: Ethical Issues Related to

**Saturday, March 29**

ID #430, Relating the DSM-5 to Client Spirituality: Overview and Clinical Implications
ID #476, Loving Kindness Meditation: Results from a Nine-Week Study

**Saturday, March 29**

ID #284, Spiritual Eco-Maps: Examining How the Millennial Generation Experiences Spirituality
ID #561, Spiritual Awareness and Influences of Men and Women in Midlife: A Review of Literature

ASGW Day of Learning

**Saturday, March 29**

ID #208, Demonstration of Group Activities for Each Group Stage
ID #231, Group Work with Military and Their Families
ID #254, Making Psychoeducational Groups Come Alive: Using Focal Conflict Theory To Engage Group Members in Process and Content
ID #275, The Effects of Structured and Unstructured Groups on Graduate Students’ Development and Therapeutic Experiences

Conference Updates

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Chi Sigma Iota Sessions

Friday, March 28

ID #184, Professional Advocacy Through Research and Program Evaluation
ID #415, Enhancing Counselor Leadership and Professional Advocacy Through Mentoring Programs
ID #416, Instilling Excellence in Counseling Students Living Abroad Through International Community Engagement
ID #431, Community Engagement, Cultural Immersion, and Service Learning in Counselor Education Pedagogy
ID #432, School Counselors as Community Asset Mappers: Building Bridges Between Hispanic/Latino Parents and Schools
ID #446, Razor C.O.A.C.H Program: Professional Advocacy Opportunities Created by a University and School District Partnership
ID #447, Supporting Diversity: Empowering Emerging Leaders
ID #448, Counseling Student Outreach: Engaging Recent Veterans in Career Development
ID #462, Giving a Voice to Those Often Unheard: CSI Alumni’s Experiences with Social Justice, Leadership, and Advocacy
ID #463, Strategies for Designing an Effective Poster Presentation
ID #464, Enhancing Counselor Community Engagement Through Advocacy
ID #473, The Impact of Community Violence on Children and Youth in Trinidad and Tobago
ID #479, CSI Underground Art Slam: Building Community, Advocates, and Our Profession Through Collaborative Creative Expression
ID #480, Future Fest: Promoting Graduate and Intern Placement with Community Partners

Saturday, March 29

ID #229, Embracing Our Role as Leaders: Counselor Community Engagement as the Catalyst for Excellence
ID #515, A Night Without a Home
ID #516, Counselors as Transformational Leaders in School Shootings
ID #531, Wilderness Therapy: Current Trends and Developments in the Outdoor Behavioral Health Industry
ID #546, Integration of Counseling into Community Outreach: A Salutogenic Approach
ID #547, Going Out on a Limb: Advocating for LGBTQ Youth Using the At-Risk Tree Model
ID #548, Let’s Talk About Sex!: Utilizing Attachment Research To Enhance Psychoeducational Groups on Healthy Sexuality
ID #562, Promoting Counselor Professional and Personal Well-Being Through Advocacy
ID #563, Rural and Small Community Counseling Practice: Challenges and Suggestions for Enhancement
ID #564, Advocacy and Leadership: An Investigation into the Perceptions of American Counseling Association Members
ID #578, ACT or SAT: Which Test Should Your Student Take?
ID #579, Collaborative Lobbying at State and National Levels: Beta Phi, ICA, AMHCA Days on the Hill
ID #580, Advocacy: Assessing Burnout and Organizational Activity as Support in Counselor Trainees and Early Professionals

Conference Updates

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Sunday, March 30

ID #311, Transformative Leadership in Counselor Education

**CSJ Day of Learning**

Saturday, March 29

ID #213, Changes in Positional Power: Supporting Graduate Students and Junior Faculty in Maintaining Their Social Justice Voice
ID #236, Social Justice and Psychological Issues in Hawaii: Deep Culture, Decolonization, and the Voyage to Recovery
ID #259, Sustainable Social Advocacy from the Counseling Session to Global Transformation
ID #280, Synthesizing Counseling, Multiculturalism, and Social Justice: Next Steps in Training, Research, and Practice

**IAAOC Day of Learning**

Friday, March 28

ID #130, Graduate Student Research Carousel
ID #433, Framing Addiction Within Social Interdependence Theory: The Relationship Between Addiction and Unhealthy Family Systems

Saturday, March 29

ID #514, Current Training and Practice Issues Facing Addiction Counseling Students/Educators and Practitioners
ID #565, Effectiveness of Recovery High Schools as Continuing Care for Substance Use and Co-Occurring Disorders: Preliminary Findings

**IAMFC Sessions**

Friday, March 28

ID #131, Family Counseling Education in Developing and Emerging Countries
ID #177, Evolution of the Clinical Doctorate: Advancing Professional Counseling Through Specialization
ID #407, Client Will: A Family Issue

Saturday, March 29

ID #282, Ethical Issues in Couples Counseling
ID #553, The Importance of the Professional Will
ID #570, Celiac Disease: Psychological, Developmental, and Family Counseling Issues

**NCDA Day of Learning**

Friday, March 28

ID #111, Career Development Concerns for Women: A Primer for Counselors
ID #134, Providing Career Hope in Uncertain Times: What We Know That Is Working
ID #158, A Map for Navigating Uncertainty in Life and Work
ID #179, Tech-Savvy Career Counseling
NECA Day of Learning: Wellness in the Workplace

Friday, March 28

ID #113, Boomers: Recession = 3 R’s — Retirement, Rewriting, and Reinvention
ID #136, The Business of Career Development: Branding Our Image, Building Our Network, Broadening Our Career Services
ID #160, Wellness in the Workplace: Fixing the Future
ID #181, Follow Your Inner Heroes™ to the Work You Love

Meet ACA’s Best-Selling Authors at Content Sessions on Their New Books
Hawaii Convention Center, Room 316A

The Counselor and the Law: 60 Minutes of Essential Information for Every Counselor | Program ID #103
Anne Marie “Nancy” Wheeler and Burt Bertram

DSM-5 Learning Companion for Counselors | Program ID #126
Stephanie F. Dailey, Carman S. Gill, and Shannon L. Karl

Mastering the Art of Solution-Focused Counseling | Program ID #150
Jeffrey T. Guterman

Creating Your Professional Path: Lessons From My Journey | Program ID #171
Gerald Corey

Core Competencies for Effectively Counseling Men | Program ID #203
Marcheta P. Evans, Thelma Duffey, Allen Appiah-Boateng, S. Kent Butler, Shane Haberstroh, Susan Hall, Robert Scholz, and Michael Brooks

Using Qualitative Career Assessments With Adolescents and Adults | Program ID #226
Norman C. Gysbers

Youth at Risk | Program ID #249
David Capuzzi, Mark D. Stauffer, Laura Haddock, Colleen Logan, and Kelly Coker

Culturally Responsive Counseling With Latinas/os | Program ID #270
Patricia Arredondo, Maritza Gallardo-Cooper, and Angela L. Zapata

Frame your success in style!
Showcase your ACA membership with pride! Purchase a ready-to-frame ACA membership certificate for $17 in the membership booth, located in the exhibit hall, and much more!
Education Sessions

Friday, March 28

7:00 a.m. – 8:00 a.m. ■
Clinical Mental Health/Private Practice Academy
Program ID #101, Room 315
What You Need To Know About the DSM-5: Structure, Significant Changes, and Clinical Implications
60-Minute Session
Gina B. Polychronopoulos
After years of debates, discussions, and controversy in the mental health profession about what changes would be made to the DSM-5, the new manual has finally been revealed. This session is geared toward mental health counseling professionals, including supervisors, counselor educators, and counselors-in-training. The session will include a comprehensive overview of the structure and organization of the manual, group discussions about significant changes, clinical implications, and considerations of its impact on the counseling profession.

7:00 a.m. – 8:00 a.m. ■
Program ID #102, Room 313C
How To Recruit, Hire, and Retain an Excellent Clinical Team
60-Minute Session
Anthony J. Centore
Counseling practices thrive or fail based on their clinical teams. Some practices falter because they hire poorly. Others hire well, but team members soon leave to work for the competition or to start a practice of their own. This session will provide instruction for attracting talent, interviewing and hiring individuals, and retaining team members.

7:00 a.m. – 8:00 a.m. ■
ACA Author Session
Counseling Ethics & Legal Issues Academy
Program ID #103, Room 316A
The Counselor and the Law: 60 Minutes of Essential Information for Every Counselor 60-Minute Session
Anne Marie “Nancy” Wheeler, Burt Bertram
This session will highlight the most important and challenging legal and ethical issues affecting counseling practice today. The authors of one of ACA’s best-selling books, The Counselor and the Law, will offer strategies for identifying and managing the inherent legal risks and ethical complexities of practice. A legal/ethical decision-making model will be presented, along with difficult clinical issues, and the following topics will be addressed: the many implications and permutations of confidentiality (privilege, privacy, HIPAA, HITECH, child custody, and subpoenas); co-occurring/dual relationships; social media practices; records and documentation; reporting and warning duties; and making ethical referrals.

7:00 a.m. – 8:00 a.m. ■
Presidential Featured Session
Program ID #104, Room 316C
Developing Innovative Models of Leadership
60-Minute Session
David Staten, M. Ann Shillingford, Thelma Duffey, Delila Owens
Effective leadership is essential to the advancement of the counseling profession. ACA has implemented the Leadership Development, Leadership Resource and Training, and Season Leadership task force groups to foster and develop innovative models of leadership for the American Counseling Association. The aforementioned task force chairs will present an overview of the research activities that have been conducted to enhance the development of leadership models for the counseling profession.
7:00 a.m. – 8:00 a.m.  ■
For Graduate Students and New Professionals Only Series
Program ID #105, Room 314
What Graduate Students and New Professionals Need To Know About Conducting and Publishing Research
60-Minute Session
Bradley T. Erford
Lots of questions, but few answers?
Getting started in research and publishing in counseling can be both puzzling and intimidating, but helpful advice and trade secrets do exist that can substantially increase the chances that your research and other scholarly writings will get published in journals, electronic sources, and book publications. Early career publications are especially valuable if you are thinking about pursuing a doctorate, wanting to make a strong impression in interviews, or on the road to tenure and promotion. So whether or not you are full of great ideas about research studies and writing projects, come find the answers you are looking for to help navigate your journey to produce and publish counseling research and scholarship!

7:00 a.m. – 8:00 a.m.  ■
Waiting List Only Status Series
Clinical Mental Health/Private Practice Academy
Program ID #106, Room 313B
Presentize
60-Minute Session
Patricia Myers
I owe clients the gift of intentionality. Everything I do in session is in the service of my client. All else must fade from conscious awareness as my focus is centered on the person in front of me; the twists and turns of their life, the details of their heartbreaks and joys, their hopes and dreams. As I look in their eyes I must be in this moment to see. As they tell their story I have to be fully aware to hear. As we connect as people I have to be honestly present in this singular moment in time.

7:00 a.m. – 8:00 a.m.  ■
AARC Session
Clinical Mental Health/Private Practice Academy
Program ID #107, Room 316B
Affect Coding Within the Therapeutic Relationship
60-Minute Session, Advanced
Paul R. Peluso, Ashley Luedke, Patricia Diaz, Andrew Baker, Amanda Rafkin, Ashley Koerick
The success of counseling depends on the nature of the therapeutic relationship between a therapist and a client, specifically the emotional influence of the therapist and the client on each other within the therapeutic relationship. Using coded videos of actual therapy sessions, we aim to evaluate the quality of the relationship between therapists and clients with a predictability that has not yet been seen in the literature. We present findings from an ongoing research project that looks at positive, negative, and neutral affect for clients who return to counseling and those who drop out. It is allowing researchers to understand the dynamics of the relationship and to begin to determine how specific interventions may produce changes in clients.

7:00 a.m. – 8:00 a.m.  ■
Traumatology Academy
Addictions Academy
Program ID #108, Room 319A-B
Finding Healing Through an Attachment-Focused Integrative Approach for Co-Occurring Substance Abuse and Trauma Treatment
60-Minute Session
Laura Anne Copley, Justin R. Watts
Counselors and counselor educators involved in treatment provision, education, or research regarding substance dependence and trauma will learn how treatment outcomes may be influenced by how appropriately their co-occurring diagnoses are addressed. Supporting research on cultural and gender variations, neuroscience, and interpersonal traumatization, along with attendee and presenter experiences and case study applications, will be used to explore potential problems that can arise and adjustments to treatment that can be made.

7:00 a.m. – 8:00 a.m.  ■
Spirituality & Religious Values Academy
Counselor Education & Supervision Academy
Program ID #109, Room 318A-B
Getting Serious About Spirituality: Preparing Tomorrow’s Counselor for Post-Conventional Faith
60-Minute Session
Zvi J. Bellin
Today’s clients join yoga organizations and goddess cults, embrace secular spirituality, and worship spirits of nature. Religion and spirituality can no longer be captured by a single label. In order to properly prepare counseling students and supervisees for the reality of the religious and spiritual terrain of the U.S., counselor educators and supervisors need to understand the dynamic and complex world of today’s religious and spiritual affiliations in the U.S. Learn about post-conventional religious and spiritual paths. Understand why there is so much dynamicity in the area of faith and learn how to teach new counselors to explore their own biases and comfort with post-conventional faith.

7:00 a.m. – 8:00 a.m.
School Counseling Academy
Wellness Academy
Program ID #110, Room 323B
Channeling Your Inner Sage: Innovative Taoist Theory and Tai Chi Applications To Enhance Your Counseling Practice
60-Minute Session
Richard Jun-Yuen Hang
For decades, counselors have relied on eclectic counseling theories to conceptualize the varied, and often complex, presenting concerns of clients. This session introduces a novel theory based on Tai Chi and Taoist philosophy that ties together many time-tested therapies from MBSR and DBT to ACT and CBT, while offering practitioners new, effective strategies to help children and adolescents manage anxiety and difficult life situations. Participants will practice some basic, yet effective, Tai Chi exercises to facilitate client insight and relaxation and will learn how to use observable laws in nature to model and inspire adaptive behaviors in clients. Tips for piloting a successful Tai Chi school counseling program will be covered.

7:00 a.m. – 8:00 a.m.  ▲■
NCDA Day of Learning
Career Development/Employment Counseling Academy
Multicultural and International Counseling Academy
Program ID #111, Room 324
Career Development Concerns for Women: A Primer for Counselors
60-Minute Session
Lauren Pasquarella Daley
Women earn more than half of the country’s college degrees but are lagging behind their male counterparts in the workplace, facing issues such
as sexism, the leadership gap, and the pay gap on the job. How do these issues influence women’s career decision-making processes and how do we as counselors help our women clients work through them in career counseling? Learn about research and trends related to women in the workplace, discuss how these career concerns may present in career counseling sessions for clients, and practice interventions based on Pryor & Bright’s (2005) Chaos Theory of Careers that address these career concerns for our women (and men) clients.

7:00 a.m. – 8:00 a.m.  ■
AADA Day of Learning
Addictions Academy
Clinical Mental Health/Private Practice Academy
Program ID #112, Room 302A-B
Mental Health of Adults Who Are Inmates: Counseling Interventions
60-Minute Session
Robert A. Dobmeier, Michael D. Morde
Counselors working in mental health and chemical dependency clinics, halfway houses, community colleges, and school settings will have requests for counseling services for prison inmates re-entering the community and their significant others, including children. Learn to recognize mental health problems often experienced by inmates in prison and jail settings that may exacerbate upon re-entry to the community. Learn about moral reconation therapy and a day reporting center model and apply them in case studies.

7:00 a.m. – 8:00 a.m.  ■
NECA Day of Learning: Wellness in the Workplace
Career Development/Employment
Counseling Academy
Program ID #113, Room 323A
Boomers: Recession = 3 R’s — Retirement, Rewriting, and Reinvention
60-Minute Session
Carolyn A. Greer
Baby Boomers have led the parade for changes in our society. The economic recession created major changes in the world as the Boomers know it. The economic and employment picture has drastically changed. What is ahead for the largest portion of our population? How will a changing population impact the total economy of the U.S. and possibly the world?

7:00 a.m. – 8:00 a.m.  ■
AMHCA Day of Learning
Counselor Education & Supervision Academy
Clinical Mental Health/Private Practice Academy
Program ID #114, Room 323C
Critical Incidents in the Supervision of Novice Counselors: Effective Strategies for Supervisors and Supervisees
60-Minute Session, Advanced
Ruthann Smith Anderson
Critical incidents have the potential to make significant contributions to the professional development of beginning counselors in mental health counseling settings. This session will focus on typical “critical incidents” encountered by beginning counselors and will identify strategies for supervisors to effectively intervene and promote growth. Recommendations will be provided to supervisors regarding feedback that is timely and appropriate, normalizing the experiences of beginning counselors, and the use of observation in supervision.
7:00 a.m. – 8:00 a.m.  
School Counseling Academy
Multicultural and International Counseling Academy
Program ID #115, Room 325A-B
Press 1 for English, Press 2 To Learn
About School Counselors as Advocates
for English Language Learners
60-Minute Session
Diana L. Wildermuth
This session is designed to provide an overview of the theoretical principles and practical knowledge that are essential for school counselors to understand the development and education of the English language learner and the counselor’s role in advocacy. Topics covered include the language acquisition process, relevant cultural factors, assessment, and professionalism. Legal and ethical responsibilities also will be addressed. Extensive resources to assist in your role as advocate will be provided.

7:00 a.m. – 8:00 a.m.  
Couples & Family Counseling Academy
Program ID #116, Room 308A-B
Parent Coaching: Helping Parents and Caregivers Achieve Parenting Goals
60-Minute Session,
Sara Meghan Walter, Jessica Richardson
What is parent coaching? Parent coaches help caregivers define and achieve their parenting goals through listening, encouraging, identifying strengths, teaching skills, and providing support to bring about change. Professional counselors are optimally poised to serve as parent coaches due to their skills in nonjudgmental, empathic listening, and collaborative problem solving. Learn how you can incorporate parent coaching services in your current practice setting and how you can effectively collaborate with parent coaches.

7:00 a.m. – 8:00 a.m.  
Child & Adolescent Counseling Academy
Clinical Mental Health/Private Practice Academy
Program ID #117, Room 317A
Dialectical Behavior Therapy: Useful Tools and Techniques for Adolescents Who Are Difficult To Treat
60-Minute Session
Jacob M. Klein
Many adolescents struggle with symptoms related to Borderline Personality Disorder (BPD), including impulsivity, labile moods, and unstable interpersonal relationships. Dialectical Behavior Therapy (DBT) is a proven treatment for clients with BPD, and research also supports its use with adolescents who are at high risk for suicide (Miller, Rathus, & Linehan, 2007). This program will present an introduction to DBT with adolescents in various settings. Discussion will be focused on managing problem behaviors, as well as group, individual, and family interventions. Interact and practice these techniques and leave with usable ideas for clinical practice.

7:00 a.m. – 8:00 a.m.  
Program ID #118, Room 317B
Federal Employment: Myth or Reality?
60-Minute Session
Cheryl Owen
The U.S. government is an awesome employer offering unique opportunities for professional counselors. This session is designed to educate you on employment opportunities and barriers within the federal government. Licensed Professional Counselors (LPCs) can qualify for employment but often under different job titles, with varying requirements. Each agency has a unique set of rules. The presenter is intimately familiar with
three agencies in particular and plans to share her personal experiences of applying and eventually working for the federal government. You will learn from a current LPC federal employee about how to find jobs, how to apply for jobs with an increased chance of selection, and the opportunities and barriers that exist still for LPCs.

7:00 a.m. – 8:00 a.m. ■
Counselor Education & Supervision Academy
Program ID #119, Room 306B
“My Masculinity Helps”: A Counselor Educator Explores the Role of African-American Men and Boys in Preventing Sexual Violence
60-Minute Session
Marc A. Grimmett
Education, prevention, and advocacy are integral to a comprehensive approach to counseling. Most often, counselor educators and practicing professional counselors spend their time addressing how to respond to clients who have experienced trauma related to sexual abuse. Comparatively less time and effort are used to develop prevention strategies that may ultimately help to lessen the incidence of sexual violence. “My Masculinity Helps” is a short documentary that explores the role of African-American men and boys in the prevention of rape and sexual assault and being helpful to survivors. It was produced by a counselor educator, practicing therapist, and advocate in collaboration with a nonprofit organization against sexual assault.

Distance Mental Health Counseling: The Regulation of Practice Across Jurisdictions
60-Minute Session
Eric Strom
The standard of care for mental health professionals is evolving toward acceptance of distance counseling including cyber, online, tele, and video counseling services. Our professional ethics codes have not yet adequately addressed the variation in state regulatory frameworks. This has left many mental health professionals with inadequate guidance on how to create a sound clinical practice that crosses regulatory and legal jurisdictions. After discussing the existing standard of care for distance counseling, we then will review a state-by-state survey of the various legal frameworks relating to the regulation of distance counseling.

7:00 a.m. – 8:00 a.m. ■
Counseling Ethics & Legal Issues Academy
Program ID #120, Room 305A-B
Understanding Counselor Liability: A 10-Year Analysis of Counselor Malpractice and Licensing/Regulatory Board Claims
60-Minute Session
Michael Loughran, Bruce Dmytrow
In 2013, HPSO and CNA released a new claim study looking at the past 10 years of counselor malpractice and licensing/regulatory board claims. In addition, HPSO conducted a survey to counselors with claims and without in order to gain insight into possible conditions and factors that led to an incident. Lastly, the study provides risk management recommendations to help counselors improve client outcomes and reduce risk.
10:30 a.m. – 11:00 a.m.  ■
ACA Client-Focused Research Series
School Counseling Academy
Research Academy
Program ID #122, Room 305A-B
Factors in the Selection of Science Courses by Girls in Senior Secondary Schools in Benue State and Counselling Implications
30-Minute Session
Enechojo G. Egbe-Okpenge
It seems that before now, no studies have investigated the factors in the selection of science courses by girls in senior secondary schools in Benue state. A lot of factors could be involved in the selection of science courses by girls. But how far does academic performance, parents’ or siblings’ occupation, the sex of science teachers, the site of the school, the type of school, and the like affect their selection? The study is poised to address this problem by investigating the factors. The implications for counseling also will be discussed.

10:30 a.m. – 12:00 p.m.  ■
For Graduate Students and New Professionals Only Series
Program ID #123, Room 315
Becoming a Professional Counselor
90-Minute Session
Gerald Corey, Jamie Bludworth
The presenters will address a range of topics related to the challenges of becoming a professional counselor, such as creating a meaningful professional life, being aware of and managing your personal values, common concerns of beginning counselors, managing personal and professional boundaries, and the importance of self-care. There will be opportunities to raise questions of the presenters.

10:30 a.m. – 12:00 p.m.  ■
ACA Counseling in Action Demonstration Series
Military Counseling Academy
Traumatology Academy
Program ID #124, Room 313A
Counseling Returning Veterans with PTSD
90-Minute Session
Larry Ashley
In this 90-minute counseling session the counselor will help the client understand and change how they think about the trauma and its aftermath. The goal is to understand how certain thoughts about the trauma cause stress and make the symptoms worse. The client will learn to identify thoughts about the world and self that are making her feel afraid or upset. With the help of the counselor, the client will learn to replace these thoughts with more accurate and less distressing thoughts. The client will also learn ways to cope with feelings such as anger, guilt, and fear.

10:30 a.m. – 12:00 p.m.  ■
Clinical Mental Health/Private Practice Academy
Program ID #125, Room 313C
Solution-Focused Counseling for Depression
90-Minute Session, Advanced
Clayton V. Martin, Jeffrey Guterman
Solution-Focused counseling is a comprehensive model that emphasizes clients’ strengths, resources, and effective coping skills to bring about positive change. If these resources—called exceptions—are identified and amplified, then problem resolution can be brought about in an effective and efficient manner. This advanced session offers an opportunity to learn solution-focused principles and tech-
niques for depression. Case examples illustrate using solution-focused counseling with a variety of clients dealing with depression. The program includes exercises aimed at helping attendees learn the material.

10:30 a.m. – 12:00 p.m.  ■
ACA Author Session
Clinical Mental Health/Private Practice Academy
Program ID #126, Room 316A
DSM-5 Learning Companion for Counselors
90-Minute Session
Stephanie F. Dailey, Carman Gill, Shannon Karl
This session, based on the authors’ new book, will assist attendees in understanding the concepts and terminology in the DSM-5 and explain how this diagnostic tool translates to the clinical situations encountered most frequently by counselors. Attendees will gain an increased level of awareness, knowledge, and skill in diagnosing clients using the DSM-5; have a chance to ask specific questions; and discover how the Learning Companion can be helpful in all types of clinical and educational settings.

10:30 a.m. – 12:00 p.m.  ■
Group Work Academy
Clinical Mental Health/Private Practice Academy
Program ID #127, Room 316C
Reality Therapy in Groups: Helping Clients Journey from “I Can’t” to “Yes, I Can” and “Yes, I Will” with Empathy and Self-Evaluation
90-Minute Session, Advanced
Robert E. Wubbolding
Take-home techniques and advanced skills highlight this session. A group counseling role-play demonstration of research-based skills will illustrate the advanced use of the WDEP (wants, doing, self-evaluation, planning) system of reality therapy. Interventions appropriately applied to the four stages of group development will be illustrated. Culture-centered issues will be discussed along with five basic human motivators and their application to a diverse group. Learn to infuse multicultural competencies into group counseling using reality therapy. Practicality and immediate usability are among the benefits derived from the group counseling demonstration and discussion.

10:30 a.m. – 12:00 p.m.  ■
Keeping up with the Counseling Profession: Current Issues on the National Level
90-Minute Session
David Kaplan, Art Terrazas
ACA’s chief professional officer and acting director of public policy and legislation will discuss such issues as the status of legal and legislative attempts to allow professional counselors to discriminate against LGBT clients, DSM-5 and CPT code changes, Medicare coverage of counselors, the 20/20 Building Blocks to Portability project, the status of ESEA reauthorization, the ACA Code of Ethics revision, a key CACREP standard revision proposal, an alternate counselor education credentialing effort, and inroads into the military through the Veterans Administration and TRICARE.

10:30 a.m. – 12:00 p.m.  ■
Creativity in Counseling Academy
Child & Adolescent Counseling Academy
Program ID #129, Room 313B
Using Play Therapy in Eating Disorder Treatment: Techniques for Use with
Individuals and Groups
90-Minute Session
Pamela Davis, Sarah Ramos, Victoria Barrett

Come join us in play! This hands-on experiential session highlights specific play therapy techniques that are useful when treating eating disorders in child, adolescent, and adult clients. Techniques will be suggested for use in both individual and group counseling, and important multicultural considerations when treating Asian, Latina, and African-American clients will be explored. After a brief presentation of theory and relevant research, attendees will be given the opportunity to try out several play therapy techniques. The session will end with a discussion centered on how attendees might incorporate principles and techniques of play into their current work with clients.

10:30 a.m. – 12:00 p.m.  ■
IAAOC Session
Addictions Academy
Program ID #130, Room 316B

Graduate Student Research Carousel
90-Minute Session
Keith Morgen

Counseling graduate student members of IAAOC present their research on addictions and criminal offender issues in a carousel poster format.

10:30 a.m. – 12:00 p.m.  ■
IAMFC Session
Couples & Family Counseling Academy
Program ID #131, Room 319A-B

Family Counseling Education in Developing and Emerging Countries
90-Minute Session
Brian Canfield, David Fenell, Brandé Flamez, Alan Hovestadt

This session will examine key issues and challenges in developing education and training programs outside the U.S. Presenter experience in Europe, Asia, Africa, the Middle East, and Australia will be offered, as well as strategies for collaborating with international colleagues, universities, and professional associations.

10:30 a.m. – 12:00 p.m.  ■
LGBTQ Academy
Program ID #132, Room 318A-B

LGBTQ Parenting and Custody Disputes: What Counselors Need To Know
90-Minute Session, Advanced
Ruth Ouzts Moore, Ann Ordway, Colleen Logan

As laws throughout the U.S. evolve to address family formation among members of the LGBTQ community, many LGBTQ couples face separation, divorce, and child custody disputes when relationships end. This session will explore the nuances of high-conflict separation, divorce, and custody disputes. Through interactive exercises, you will gain an understanding of the implications of state laws on the parent-child relationship in LGBTQ families. From a humanistic approach, the presenters will explain how to help LGBTQ clients analyze the processes involved in custody disputes, consider the potential outcomes, and determine the best course of action in preserving the parent-child relationship.

10:30 a.m. – 12:00 p.m.  ■
Traumatology Academy
Creativity in Counseling Academy
Program ID #133, Room 323B

Mindfulness-Based Approaches with Post-Traumatic Disorder: Lessons Learned from 9-11 and the Sandy Hook School Shooting
90-Minute Session, Advanced
Deborah Del Vecchio-Scully
The prevalence of post-traumatic stress disorder is significant affecting approximately 10% of the population. Rates are likely higher in Connecticut following Hurricane Sandy, October 2012, the Sandy Hook Elementary School shooting, December 2012, and the Boston bombings, April 2013. These events increased levels of hypervigilance present in already stressed communities following the September 11th terrorist attacks. This session offers a mindfulness-based approach to healing trauma including evidenced-based best practices of the expressive arts continuum such as mindfulness, art therapy, and trauma-sensitive yoga.

10:30 a.m. – 12:00 p.m. ■ NCDA Day of Learning Career Development/Employment Counseling Academy Program ID #134, Room 324 Providing Career Hope in Uncertain Times: What We Know That Is Working 90-Minute Session Rich Feller This session will provide proven models, techniques, and insights to help private practice and clients over 16 make accelerated career exploration and transition decisions. Easy-to-use techniques, metaphors, and post-session assignments will be demonstrated. The presenter will introduce the free “Life Reimagined” map and online support as well as share takeaways to support adults and postsecondary-aged students.

10:30 a.m. – 12:00 p.m. ■ AADA Day of Learning Human Development Across the Lifespan Academy

Clinical Mental Health/Private Practice Academy Program ID #135, Room 302A-B Boomer Men and Aging: Looking Good, Feeling Good. Now What? 90-Minute Session Gary R. McClain, Amy Zavadil Time marches on, but so does medical science and culture, and while men at mid-life are healthier than ever, they are also facing a new reality, with issues related to body image, sexuality, and the job market. Get updated on the latest research and learn techniques for counseling boomer men. The session will include a summary of current research, case studies, and a demonstration of a counseling session.

10:30 a.m. – 12:00 p.m. ■ NECA Day of Learning: Wellness in the Workplace Career Development/Employment Counseling Academy Clinical Mental Health/Private Practice Academy Program ID #136, Room 323A The Business of Career Development: Branding Our Image, Building Our Network, Broadening Our Career Services 90-Minute Session Sue E. Pressman, Carolyn Kalil, Karol Taylor Three successful career development business owners will present how they have transformed the skills and resources that counselors use everyday to establish and grow their businesses. Learn about the “inner hero” within you through Kalil’s personality assessment, Pressman’s “client-focused” job search toolkit, and Taylor’s “up-to-date” federal job search guidebooks, and how to get to the next level with your private practice or business. Each
of them will discuss how they made decisions on their business structure, branding, products, and slightly different niche market. Join us for a dynamic presentation to learn how business is being generated, who business is being generated with, and from where sources of business revenue are being generated.

10:30 a.m. – 12:00 p.m. ■ AMHCA Day of Learning
Counselor Education & Supervision Academy
Program ID #137, Room 323C
Challenges of Early Career Supervisors: Integration of Supervisory Skills for Counselors-in-Training in Graduate Education
90-Minute Session
Rachel Levy-Bell
The roles, functions, and necessity of effective supervision for clinical mental health counselors-in-training have been researched for more than 30 years. One of the most researched developmental models of supervision is the Integrated Developmental Model (IDM). While this model has been widely accepted in the clinical realm by experienced supervisors, minimal attention has been given to the challenges that novice supervisors experience implementing this model. The goal of this session is to focus on how graduate programs can best prepare counselors-in-training to engage as early career supervisors through the introduction of techniques and assessment tools to enhance their understanding and utilization of the IDM approach in their clinical practice.

10:30 a.m. – 12:00 p.m. ■ Counseling Ethics & Legal Issues Academy
Program ID #138, Room 325A-B
The Laptop That Walked Away and Smartphone-Wielding Students: Ethically Sound Data Management in the Digital Age
90-Minute Session, Advanced
Mark A. Tichon, Michael Hayes
Enjoy a high-energy and participatory advanced session on the ethics and legal issues involved in records management and protecting confidentiality in the digital age, ideal for mental health clinicians and counselor educators. Put that smartphone in your pocket to use as the session begins with anonymous text-based audience response to several questions on your own data management practices. Hear the story of the “laptop that walked away” in a crowded airport, initiating a HIPPA compliance journey with many headaches and lessons learned. Learn how the counseling program at the host university has developed policies and procedures for recording sessions—including the use of smartphones to tape client sessions.

10:30 a.m. – 12:00 p.m. ■ Multicultural and International Counseling Academy
Wellness Academy
Program ID #139, Room 308A-B
Advancement of Counseling in the Czech Republic: Integrating the Wellness Model in Counselor Training
90-Minute Session
Charles Jacob, Marinna Mil Marotta
This session expounds on literature examining counseling in the Czech Republic. The contrast between non-Western/wellness approaches in the Czech Republic and the endorsed model in the U.S. is explored, with a focus on integration of the wellness model despite potential barriers related to existing social norms.
FRIDAY

10:30 a.m. – 12:00 p.m. ■
Military Counseling Academy
Program ID #140, Room 317A
There’s Nothing Wrong! A Culturally Sensitive Approach To Bolster Resilience and Address Soldiers’ Resistance to Counseling
90-Minute Session, Advanced
Bryce Hagedorn
Upon returning from down-range, service men and women are apt to experience a host of challenges. Be it reintegrating with loved ones, re-calibrating to life outside the combat zone, or struggling with such things as PTSD or self-medicating behaviors, these individuals often have difficulties reaching out for help. Given the military culture of strength, honor, and self-discipline, the idea of admitting to a problem is often foreign, which results in their avoiding treatment. Therefore, counselors must recognize and honor the unique aspects of the military culture in order to both navigate resistance and bolster resiliency. Presented by a former combat Marine, this session will offer the necessary tools to connect with service members.

10:30 a.m. – 12:00 p.m. ■
Multicultural and International Counseling Academy
Program ID #142, Room 306B
Women with Disabilities on the Horizon: Trends, Topics, and Themes in Counseling and Related Research, Practice, and Education
90-Minute Session
Jacquelyn Dalton
Women with disabilities, their advocates, their supports, and professionals who contribute to research, education, training, service, and mentoring of women with disabilities will collaboratively provide a dynamic, interactive overview of the current body of knowledge addressing issues faced by women with disabilities. The audience will share experiences of women with disabilities as they share the good, the bad and the ugly. Experts will address research and experiential findings. Advocates and educators will address conceptual solutions to the identified issues facing women with disabilities. Have the opportunity, at every turn, to challenge your own perspectives of the experiences of women with disabilities.

11:30 a.m. – 12:00 p.m. ■
ACA Client-Focused Research Series
Clinical Mental Health/Private Practice Academy
Program ID #144, Room 305A-B
Expectations and Experiences Associated with Bariatric Surgery: Implications for Counselors
30-Minute Session
Patricia Goodspeed-Grant
Emotional eating often remains problematic after bariatric surgical procedures, particularly during stressful life circumstances. This qualitative research project explored the expectations and post-surgical emotional experiences of bariatric patients who had undergone lap band or gastric bypass surgery. Many found ways to circumvent the physical restrictions of the bariatric procedure when they encountered stressful life experiences. Counselors in bariatric settings have a role in helping clients understand and resolve deep-seated emotional eating, as well as helping clients to work through changes in their lives resulting from dramatic weight loss. Implications and suggestions for counseling and psychotherapy are discussed.
An Examination of Executive Function, Stress, and Adolescent Attachment in a Social Neuroscience Model Using NICHD SECCYD
30-Minute Session
Margaux Hanes Brown
This study will explore the effects of stress on executive function in adolescence and how this effect may be influenced by adolescents' attachment to caregivers. The rationale for this research is to provide insight for researchers and practitioners on contextual and biological influences on executive function in adolescence. Executive function deficits have been documented extensively in youth and adults with ADHD. The proposed research will examine executive function in a comprehensive model that incorporates contextual and biological factors that have been studied individually but not in conjunction with one another in adolescence. This study will employ data from the NICHD SECCYD, in a cohort of 1,364 children monitored from birth to age 15.

Impact of a School-Based, DBT-Infused Group Intervention on Student and Parent Reported Behavioral Distress
30-Minute Session
Mary Alice Fernandez, Wannigar Ratanavivan
This study explored the impact of a four-week skills group intervention based on the principles of dialectical behavior therapy (DBT) with a sample of adolescents attending a disciplinary alternative education program. The session provides a session-by-session overview of activities adapted from DBT-specified training modules of mindfulness, emotional regulation, interpersonal effectiveness, and distress tolerance. The results of a pre- and post-test comparison revealed reductions in student and parent reported indicators of behavioral distress when compared to a control sample of students not receiving the intervention. Implications and challenges of conducting efficacy studies of clinical interventions in schools will be discussed.

Publishing in ACA-Refereed Journals: Suggestions from the Council of Editors
90-Minute Session
This session is designed to promote writing, research, and scholarship to increase the knowledge base of the profession; to provide the skills needed for successful publishing in ACA-refereed journals; and to clarify and demystify the publication process. Guidelines, insights, and practical tips on publishing will be offered by members of the ACA Council of Journal Editors in a question-and-answer, roundtable format. You will have the opportunity to discuss article topic possibilities.
Empowering Youth Victimized by Cyber-Bullying: A Solution-Focused Adlerian Counseling Model
90-Minute Session
Janet Froeschle Hicks

Cyber-bullying is a growing concern due to enhanced use of social media and other forms of technology. Anonymity offers an opportunity for students to bully others without being seen. The consequences of such actions can be devastating for the victim and programs are needed to address this issue. This session demonstrates the use of a solution-focused Adlerian counseling model with youth who have been victims of cyber-bullying. The model infuses art, solution focused and Adlerian techniques into a session that empowers the victim. The model will be illustrated through a live role play as well as case studies and practical exercises.

Evidence-Based Relationships and the Initial Clinical Interview
90-Minute Session, Advanced
John Sommers-Flanagan, Rita Sommers-Flanagan

All counselors are called to integrate evidence-based principles into their counseling practice. Additionally, all counselors use the clinical or intake interview as an entry point for most mental health and professional helping interventions. In this workshop we define and describe the concept of evidence-based relationships and then show how counselors can integrate evidence-based relationship factors into their initial clinical or intake interviews. Using short video clips, demonstrations, and participant interaction, the presenters will offer concrete examples of specific and multiculturally sensitive counselor behaviors that are likely to quickly establish and strengthen the therapeutic alliance in initial counseling sessions.

Mastering the Art of Solution-Focused Counseling
90-Minute Session
Jeffrey T. Guterman

Based on the updated and expanded book Mastering the Art of Solution-Focused Counseling, this presentation describes a highly effective model that helps clients build on their existing resources, strengths, and problem-solving skills. If these resources—called exceptions—are identified and amplified, then problem resolution can be brought about in an effective and efficient manner. The presenter will describe the theory and stages of solution-focused counseling, and provide practical examples to illustrate this innovative approach.
Fred Bemak, Rita Chi-Ying Chung, Sharon Bethea, Jon Carlson
There is universal agreement about the importance and value of incorporating advocacy and social justice projects as part of our professional identity and commitment. Yet with all the burdens, challenges, and lack of resources, it is difficult not only to launch meaningful projects in local or global communities, but especially to maintain the momentum over time. A number of professionals who have been involved in advocacy projects share their stories, as well as their frustrations and joys related to the work. Particular emphasis will be placed on the reciprocal growth that takes places as a result of such efforts, as well as the gifts we receive working in the field with groups that would otherwise never receive any attention or service.

2:00 p.m. – 3:30 p.m.
Program ID #152, Room 314
**BlogShop for Counselors**
90-Minute Session
*Tamara G. Suttle*
The most versatile tool of social media is the blog. Blogging can be used for social advocacy, for general education, and for building your credibility! If you are blogging or thinking about blogging to promote your favorite cause, to grow your agency or practice’s reputation, to support your clients’ or students’ learning, or to provide additional information to your community — this workshop is for you! You are invited to join us in learning how blogging can support you on your journey, how to get started on the right path, how to measure your blogging success, and how to connect with other counselors who are blogging, too.

2:00 p.m. – 3:30 p.m. ▲ ■
**Military Counseling Academy**
Clinical Mental Health/Private Practice Academy
Program ID #153, Room 313B
**Up in Arms: Characteristics of Bullying and Sexual Harassment in the Military and Treatment Recommendations**
90-Minute Session, Advanced
*SeriaShia J. Chatters, Carlos P. Zalaquett*
Current information indicates that bullying and sexual harassment and assaults significantly affect armed force members. Many of those affected may be too intimidated to report. The high incidence suspected and the high number of military personnel being reinserted into civilian life suggests that we need to be prepared to help with these issues. Knowledge of the definition, prevalence, and psychological impact of these phenomena, as well as of best treatment practices, is increasingly necessary. This session addresses these specific issues, presents best practices, and suggests how to tailor treatment to the specific worldviews of military clients and their families.

2:00 p.m. – 3:30 p.m.
Program ID #154, Room 316B
**International Panel**
90-Minute Session
*Haniza Rais, Paulina Obioma Sowho, Douglas Williamson, Wayne Hankammer, Stacey Lloyd*
The panel will discuss and focus on common concerns for future collaboration to include training, intervention, practice, and disaster response. Learn about international perspectives on counseling in other countries. This session is coordinated and sponsored by the ACA International Committee.
**2:00 p.m. – 3:30 p.m. ■**

**ASERVIC Session**  
Counseling Ethics & Legal Issues Academy  
Spirituality & Religious Values Academy  
Program ID #155, **Room 319A-B**  

**Spirituality as Part of Cultural Competence: Ethical Issues Related to Integrating Spiritual and/or Religion in Counseling**  
90-Minute Session, Advanced  
Stephanie F. Dailey, Harriet L. Glosoff, Leila Roach  

Recognizing that spirituality and/or religion plays a central role in the development and well-being of people from diverse cultural backgrounds, we will examine the intersection of the ASERVIC Competencies, ACA’s Multicultural and Advocacy Competencies, and the ACA Code of Ethics. The presenters will share common ethical challenges that counselors face when issues of spirituality may relate to clients’ presenting problems and/or resolution to those problems, including the ethical obligation to accurately assess clients’ beliefs, practices, and resources. Through the use of case studies, you will gain experience in effective ways to integrate spirituality and/or religion in the counseling process.

**2:00 p.m. – 3:30 p.m. ■**

**LGBTQ Academy**  
Creativity in Counseling Academy  
Program ID #156, **Room 318A-B**  

**Queering Our Body Image: Lies, Gripes, Biases, Truths, Qualms, and Actions (LGBTQA)**  
90-Minute Session  
Martie van der Voort  

In this experiential session, learn the causes and effects of negative body image, and terminology and concepts specific to the LGBTQ community, while applicable to the dominant culture. Learn and practice exercises designed to uncover and heal personal and professional issues related to body image. This will be accomplished through discussion, brainstorming, media, writing exercises, and small-group work. This session is active and engaging; the social justice perspective will empower participants to leave with a plan of action to improve body image in their clientele.

**2:00 p.m. – 3:30 p.m. ■**

**Multicultural and International Counseling Academy**  
Program ID #157, **Room 323B**  

**The World Is All Around Us: Creating a Culturally Responsive Multicultural Community**  
90-Minute Session  
Lee Mun Wah  

So often, schools and agencies want to have “culturally responsive” environments, but they’re stuck in trying to answer some very familiar questions: “How do we create an atmosphere where every member is seen and valued?” “What kinds of training do we need?” “What if I’m part of the problem?” “If I don’t even know about my own culture, how can I help someone else discover and celebrate theirs?” These and many other questions will be the focus of this session. Through personal stories, diversity exercises, role-play, and other experiential modalities, we will begin an authentic dialogue with each other and explore and begin to value the cultural richness inherent in the gifts and contributions of our diverse agency, school, and community members.
**2:00 p.m. – 3:30 p.m.  ■  NCDA Day of Learning  
Human Development Across the Lifespan Academy  
Career Development/Employment Counseling Academy  
Program ID #158, Room 324**  
**A Map for Navigating Uncertainty in Life and Work**  
90-Minute Session  
Carol A. Vecchio, Heather Zeng  
The 21st-century world of work is a confusing, overwhelming place. The old rules of how we live our lives and navigate the chaos have not as yet been rewritten. Learn a unique and practical “map” of how to traverse this confusion. By examining the natural internal process of self-discovery and using available energy, a person finds meaning and insight into his or her transitions. This is then translated externally to make life and career decisions and take appropriate actions. This universal, cross-cultural model of change is based on a 2011 VISTAS published article evaluated as exemplary by the raters and the book The Time Between Dreams. Be introduced to the “map” that will shake your world and help you be even more effective in your work with clients.

**2:00 p.m. – 3:30 p.m.  ■  AADA Day of Learning  
Career Development/Employment Counseling Academy  
Creativity in Counseling Academy  
Program ID #159, Room 302A-B**  
**Creative Career Counseling Interventions for Clients Across the Lifespan**  
90-Minute Session  
Suzanne E. Degges-White, Wendy Killam, Rebecca Michel, Diane Dryja  
In this session, we provide a lifespan approach to career counseling and offer innovative ideas and creative techniques for counselors to use to energize the work they do with clients. We will share new ideas for working with clients from across the lifespan from the transition out of high school to older adulthood.

**2:00 p.m. – 3:30 p.m.  ■  NECA Day of Learning: Wellness in the Workplace  
Career Development/Employment Counseling Academy  
Wellness Academy  
Program ID #160, Room 323A**  
**Wellness in the Workplace: Fixing the Future**  
90-Minute Session, Advanced  
Michael C. Lazarchick  
Hear the latest best facts on change in the workforce. What is emerging in response to the economic downturn? How is the labor market evolving? What are the trends? Where are the jobs? How do counselors make money and help their clients find success? Learn the essential ingredients of a successful 21st-century job search and the art of creating web presence. Expect an interactive, lively discussion. We will entertain you while translating complex issues into an easy-to-understand format and weaving the presentation around the concept of wellness in the workplace and innovative approaches to fixing the 21st-century labor market.

**2:00 p.m. – 3:30 p.m.  ■  AMHCA Day of Learning  
Clinical Mental Health/Private Practice Academy  
Program ID #161, Room 323C**  
**Using the AMHCA 2011 Standards to Put “Health” Back into Clinical Mental Health Counseling**
The Affordable Care Act will require that clinical mental health counselors become more involved with primary-care physicians and specialists in medicine and behavioral health. Together with these physicians and specialists, we will become members of an integrated medicine system in which patients’ wellness is promoted. This session will incorporate AMHCA 2011 Standards in a discussion of how we can address the myriad of mental health issues that stem from patients’ medical needs, including a personal wellness program for their long-term health and quality of life — putting “Health” back into “clinical mental health counseling.”

2:00 p.m. – 3:30 p.m.  ■  
Clinical Mental Health/Private Practice Academy  
Couples & Family Counseling Academy  
Program ID #162, Room 325A-B  
Top 10 Intimate Relationship Research Findings That Every Counselor Should Know  
90-Minute Session, Advanced  
Sara Polanchek, Sidney Shaw  
Healthy and fulfilling relationships are integral to success and happiness in life, yet remain elusive to many. Americans report less satisfaction in their relationships now than they did 25 years ago. As counselors who understand the symbiotic nature of relationships and mental health, it is critical that we stay in touch with the changes in culture that are partly responsible for this decline. This session is designed for counseling professionals who work with any client in a relationship. Yes, that means everyone! Learn what recent research is telling us about our culture that impacts relationships, and how to support clients as they navigate the ever-changing nature of intimate relationships.

2:00 p.m. – 3:30 p.m.  ■  
Child & Adolescent Counseling Academy  
Program ID #163, Room 308A-B  
Promoting Personal Growth in Children Using Child-Centered Therapeutic Limit Setting  
90-Minute Session, Advanced  
Adam W. Carter, Phyllis B. Post  
Setting limits when working with children can prove to be intimidating to novice and seasoned mental health professionals. There exists a common concern that setting a limit with a child in session could cause harm to the therapeutic relationship. Moustakas has stated, “Without limits there could be no therapy.” This session will provide a child-centered approach to limit setting that facilitates decision-making skills and self-control and increases a child’s ability to assume responsibility for his or her behaviors all within the context of a genuine and accepting relationship.

2:00 p.m. – 3:30 p.m.  ■  
Group Work Academy  
Program ID #164, Room 317A  
Psycho-Educational Services for Nicaraguan Coffee Farm Workers: Results of a Mixed-Methods Exploratory Study  
90-Minute Session  
Alexandra Perez, Silviana Guerra, Jessica Alvarez, Christina M. Turcoane, Becky Grace Aronson, Isabel A. Thompson  
This session will share the results of an exploratory mixed-methods study that examined the needs and experiences of Nicaraguan coffee farm workers. The presenters are a team of researchers...
who conducted psycho-educational interventions in rural Nicaragua, a country that has experienced civil war and natural disasters and is the second poorest country in the Western Hemisphere. Implications for multicultural and international counseling interventions, and for bilingual counseling services and training will be explored. This session is intended for professional counselors, counseling students, and professionals who work with multicultural populations or in international settings.

2:00 p.m. – 3:30 p.m.
School Counseling Academy
Multicultural and International Counseling Academy
Program ID #165, Room 317B
The Role of the High School Counselor: Overcoming Barriers and Finding Success for First-Generation and Minority Students
90-Minute Session
Jeanne H. Stec, Joel Lemus-Leon
Experience an increased awareness of the hidden barriers of poverty, first-generation status, language, documentation and immigration status, and family expectations and responsibilities that impact high school students. The session will combine anecdotal experiences of the presenters and of their students with the relevant research. Strategies will be offered to address the challenges and provide positive strategies and interventions to guide students toward high school success and admission to higher education. Time will be provided for audience questions and sharing. Reúnanse con nosotros para esta presentación.

3:00 p.m. – 3:30 p.m.
ACA Client-Focused Research Series
Research Academy
Traumatology Academy
Program ID #167, Room 306B
The Influence of Caregiver Intimate Partner Violence on Treatment Attrition for Child Sexual Abuse Victims
30-Minute Session
Leigh DeLorenzi
This session presents research findings on the relationships between caregiver intimate partner violence, child posttraumatic stress, child cognitive self-development, and treatment attrition among child sexual abuse victims. The present research study results show that children with parents who confirmed past or current intimate partner violence were 2.5 times more likely to prematurely terminate from treatment. Recommendations for child advocacy centers and implications for further research are noted.

3:00 p.m. – 3:30 p.m.
ACA Client-Focused Research Series
Child & Adolescent Counseling Academy
Program ID #168, Room 305A-B
Without Words for Emotion: Alexithymia Challenges for Troubled Adolescents
30-Minute Session
Kenneth Michael Coll, Brenda J. Freeman
This study used a multimethod approach to evaluate the relationship of alexithymia, defined as a dysfunction in identifying one’s feelings (as measured by the 20-item Toronto Alexithymia Scale and 30-item Emotion Awareness Questionnaire), psychosocial development (assessed with the Measure of Psychosocial Development) and risk behavior (as measured by the Youth Comprehensive Risk Assessment) among rural adolescents in residential
treatment. Results revealed that both measures of alexithymia demonstrated good internal consistency and convergent validity, and significant differences, especially by gender.

4:00 p.m. – 5:00 p.m. ■
Clinical Mental Health/Private Practice Academy
Wellness Academy
Program ID #169, Room 315
60-Minute Session
Samuel T. Gladding
Humor in counseling can be helpful and promote growth within clients regardless of their age or stage in life. Yet, humor must be handled carefully if it is going to be positive and make a lasting and empowering contribution. This session will examine the uses of humor in multiple counseling contexts and how it can change perspectives and perceptions when the counselor uses it properly. The theory, research, and practice of using humor in counseling will be covered along with ways of using humor with different clients over the lifespan.

4:00 p.m. – 5:00 p.m. ■
Multicultural and International Counseling Academy
Counselor Education & Supervision Academy
Program ID #170, Room 313C
The Other Side: Addressing the Needs of Counseling Students of Color in Multicultural Training
60-Minute Session, Advanced Courtland Lee, Jessica D. McKechnie
This session will examine the unique perceptions, needs, and concerns of counselors of color when they enter cross-cultural counseling relationships. Implications for multicultural training and practice for counselors of color will be presented.

4:00 p.m. – 5:00 p.m. ■
ACA Author Session
Program ID #171, Room 316A
Creating Your Professional Path: Lessons From My Journey
60-Minute Session
Gerald Corey
This session is based on Gerald Corey’s book Creating Your Professional Path. Topics will include turning points in the author’s personal and professional journey, the counselor as person and professional, developing a personal perspective on counseling theory and group work, becoming an ethical counselor, being mentored and mentoring others, creating a career in counseling, becoming a writer, and self-care. Questions and participation from the audience are invited.

4:00 p.m. – 5:00 p.m.
Program ID #172, Room 316C
Meet the Candidates for ACA President
60-Minute Session
Cirecie West-Olatunji
Come meet the candidates vying to become the 65th president of the American Counseling Association. This session will provide an opportunity for members to ask questions of the candidates in an open forum and interact in a casual, town-hall style atmosphere.
Role Induction and Growth-Focused Value
60-Minute Session
Anthony J. Centore
There is no magic to a waiting list—only practice. It takes careful thought and execution. I spend extensive time orienting my clients to counseling, informing them about the rationale of my approach, the counseling process (including emotional experiences they are likely to encounter), and their part in counseling (what to expect, and what is expected of them). I make sure I have enthusiastic buy-in before beginning, and then throughout the counseling process. I then focus on clients’ long-term happiness, sense of meaning, and personal/life success. Clients receive unique and specific value from their ongoing sessions.

4:00 p.m. – 5:00 p.m.  ▲ ■
Program ID #174, Room 313B
Counselling Theorists: The Next Generation from an International Perspective
60-Minute Session, Advanced
Lorna M. Martin, Amanda Hawkins
Have you ever wondered what the next generation of counselling and psychotherapy theories will look like? Who will be the next “great theorists” in our profession? This session provides international perspectives on past and present theorists, the impact of the global village and technology on evolving counseling theories, and the role of evidence-based practice and practice-based evidence on emerging theories. The presenters offer perspectives from their countries in addition to other parts of the world beyond the U.S. in their discussion.

4:00 p.m. – 5:00 p.m.  ▲ ■
Traumatology Academy
Creativity in Counseling Academy
Program ID #175, Room 316B
Unlocking Traumatic Memory: Four Expressive Techniques That Jump-Start the Trauma Story
60-Minute Session, Advanced
Jane Webber, J. Barry Mascari
What can counselors do when talk therapy is at an impasse for clients with trauma? This session explores the power of expressive techniques in facilitating therapeutic disclosure and telling the trauma story. The presenters will demonstrate how to help clients use picture and digital story boards, graphic timelines, trauma containers, and three-dimensional sand tray scenes to jump-start the trauma story and help to reintegrate pieces of the trauma narrative especially when traditional therapy is not working. Case examples using multisensory expressive techniques with veterans and individuals with trauma will be discussed.

4:00 p.m. – 5:00 p.m.  ■
ARCA Session
Counselor Education & Supervision Academy
Program ID #176, Room 319A-B
Distance Education Strategies Useful in Rehabilitation Counselor Training
60-Minute Session
Mary K. Crozier, Martha H. Chapin
With the growth in online instruction, awareness of effective strategies useful for online learners and rehabilitation counseling educators is essential. This session will discuss the characteristics of successful online learners and rehabilitation counselor educators as well as strategies that can be learned in a pedagogy course or through mentorship and training. Techniques
to provide effective online learning for rehabilitation counseling students will be discussed.

4:00 p.m. – 5:00 p.m. ■
IAMFC Session
Counselor Education & Supervision Academy
Program ID #177, Room 318A-B
Evolution of the Clinical Doctorate:
Advancing Professional Counseling Through Specialization
60-Minute Session
John Stephen Southern, Kenisha Gordon, Fred Hall
This session will be delivered by answering questions derived from three case studies. Each case will present the needs of a graduate of a master’s degree program or a licensed professional counselor who is considering advanced training in professional counseling. Themes identified in the case studies will be explored within the context of the evolution of a clinical doctorate in professional counseling. There will be an emphasis upon developing a professional niche through specialization and attainment of master counselor competencies.

4:00 p.m. – 5:00 p.m. ■
ACAC Session
Child & Adolescent Counseling Academy
Clinical Mental Health/Private Practice Academy
Program ID #178, Room 323B
ACAC Presents: Sensory Processing Disorder — Identifying and Serving Clients and Their Families
60-Minute Session
Simone Lambert, Emily Goodman-Scott
Sensory processing disorder (SPD) is a neurological disorder often misdiagnosed and untreated, with a 5% occurrence rate. The presenters will describe SPD including clinical diagnosis and screening tools. Case examples from across the lifespan will be provided to illustrate differential diagnoses and treatment options, as well as collaboration with allied professionals.

4:00 p.m. – 5:00 p.m. ■
NCDA Day of Learning
Career Development/Employment Counseling Academy
Program ID #179, Room 324
Tech-Savvy Career Counseling
60-Minute Session
Debra S. Osborn, Jane Tyler Finklea, Julia F. Kronholz, Anastasia Maria Cantonis
To be effective, today’s career service providers must be tech savvy. Technology and specifically social media have transformed the way our clients access and use information as well as connect with others. How career practitioners can use technology in their interventions to enhance the career decision-making and job-search strategies of clients, and the use of social media to extend or enhance career service delivery, are the foci of this session. Presented through the lens of cognitive information processing theory, the discussion will increase your knowledge of how specific technological tools (e.g., websites, social media, applications) can aid in the career counseling and job-search process.

4:00 p.m. – 5:00 p.m. ■
AADA Day of Learning
Human Development Across the Lifespan Academy
Program ID #180, Room 302A-B
The World of Women: Transitions, Transitions, Transitions!
60-Minute Session, Advanced
This session will focus on the growing challenges that women face as they negotiate the multitude of roles and responsibilities awaiting them throughout life. Because women live longer and are expected to be nurturing, these roles are often numerous, extensive, and demanding. Erikson’s theory of psychosocial development will be used to examine how the previously envisioned roles and issues of adulthood compare to what may actually be occurring in the lives of women of today and tomorrow. In addition, the session may consider factors such as spirituality, sexuality, self-image, and self-care for women as they progress throughout life.

4:00 p.m. – 5:00 p.m.
NECA Day of Learning: Wellness in the Workplace
Career Development/Employment Counseling Academy
Program ID #181, Room 323A
Follow Your Inner Heroes™ to the Work You Love
60-Minute Session
Carolyn Kalil
As Bob Dylan said, “the times they are a-changin,” and so are we. In recent history we’ve gone from typewriters to computers, phone booths to cell phones, and cassette tapes to MP3s. Personality assessments also have moved on. Instead of a color metaphor for personality types as with the popular True Colors, a more current approach capitalizes on an “inner hero” theme. Why Inner Heroes™? Today’s blockbuster movies and TV shows are all about heroes. Most of us have or had heroes with traits we admire, and we are all heroes in our own unique way.

Learn about the new Inner Heroes™ system by taking the assessment. The names for the four Inner Heroes™ are Helper, Thinker, Planner, and Doer, replacing the four colors.

4:00 p.m. – 5:00 p.m.
AMHCA Day of Learning
Clinical Mental Health/Private Practice Academy
Counselor Education & Supervision Academy
Program ID #182, Room 323C
A Clinical Mental Health Counseling Paradigm: Implications for Counselor Education, Research, and Practice
60-Minute Session
Mark S. Gerig
A clinical mental health paradigm (Gerig, 2014) is presented that integrates levels of client’s wellness operating within his or her unique ecological context. Implications for professional identity, practice, research, and counselor education are discussed.

4:00 p.m. – 5:00 p.m.
ACEG Session
Military Counseling Academy
Clinical Mental Health/Private Practice Academy
Program ID #183, Room 325A-B
Creating Supportive Communities as a Means of Treatment for Military Members and Veterans
60-Minute Session
Seth C. W. Hayden, Heather C. Robertson
Counselors providing services to military service members and veterans are often presented with a unique constellation of mental health concerns. Creating professional and peer supportive communities can assist in addressing common issues often faced by this population such as post-traumatic stress and reintegra-
tion to civilian life. Information on the prevalence of mental health concerns within our military population as well as strategies for creating supportive communities in conjunction with various effective interventions will be discussed. Handouts offering resources related to selecting effective interventions for counseling military service members and veterans will be provided.

4:00 p.m. – 5:00 p.m.  ■
CSI Session
Research Academy
Program ID #184, Room 308A-B
Professional Advocacy Through Research and Program Evaluation
60-Minute Session
Casey A. Barrio Minton
The very thought of utilizing or conducting research creates a sense of fear and disconnection for many counseling professionals. During this interactive session, we will explore ways in which research and program evaluation are essential for engaging in professional advocacy and ensuring effective practice with clients. Take part in activities designed to address barriers, myths, and fears that stand in the way of practice-based research. The presenter will discuss practical strategies for bringing research and program evaluation into everyday counseling activities. Leave this session with a renewed understanding regarding the importance of research and program evaluation and a resource guide for getting started.

4:00 p.m. – 5:00 p.m.  ■
Multicultural and International Counseling Academy
Spirituality & Religious Values Academy
Program ID #185, Room 317A
Counseling in Botswana: Current Research and Practice from Professional Counselors in the Field
60-Minute Session, Advanced
Angela D. Coker, Hildah Mokgolodi
This comprehensive and interactive program highlights the expertise and knowledge of several international counselors and counselor educators who have extensive experience providing counseling services in community and school counseling settings in the country of Botswana. This program will provide specialized knowledge and descriptive information regarding the current nature and challenges facing school and community counselors in southern Africa. It also will highlight the ways in which international collaboration may serve to promote global linkages, multicultural awareness, and social justice advocacy between Western and African communities. Target audiences include counselors, school counselors, and other mental health professionals.

4:00 p.m. – 5:00 p.m.  ■
Multicultural and International Counseling Academy
Spirituality & Religious Values Academy
Program ID #186, Room 317B
Spiritual Strength: The Use of Acceptance and Commitment Therapy with Muslim Clients
60-Minute Session
Daniel M. Linnenberg, Ahmet Tanhan
The Muslim population is increasing in the U.S., yet this is a population that has been marginalized due to the acts of a very few radical members. The population tends to avoid being assertive in seeking counseling due to overt and unintentional discrimination. Thus it is the counseling profession responsibility to extent its knowledge base and understanding
about the issues and concerns of the Muslim community, including the religious and spiritual tenets of Islam. This session provides that knowledge base and also provides information on the therapeutic approach of Acceptance and Commitment Therapy that we have found to be congruent and effective with the tenets of Islam.

4:00 p.m. – 5:00 p.m.
AMCD Session
Multicultural and International Counseling Academy
Program ID #188, Room 305A-B
Leadership and Mentoring Opportunities in AMCD: Dialogues with AMCD Vice Presidents
60-Minute Session, Advanced
Aretha Faye Marbley, Diane Estrada, Kimberly N. Frazier, Lisa Greyshield
This is a special session designed to encourage participants to explore the mentoring opportunities and the elected, appointed, and voluntary opportunities for and benefits of assuming leadership roles in the Association for Multicultural Counseling and Development (AMCD). These roles include local, regional, and national positions. Critical to this session will be the message that everyone willing to serve can be a leader and AMCD is willing to mentor, empower, and grow its own leadership from within its membership.

Saturday, March 29
7:00 a.m. – 8:00 a.m.
AHC Day of Learning
Wellness Academy
Spirituality & Religious Values Academy
Program ID #201, 326A-B
Yoga and Tai Chi Self-Care for Counselors: Mood Enhancement, Connection, and Listening
60-Minute Session
Nina Ida Marie Spadaro, Rives Whittle Thornton, Emily D. Kirchner
This session offers an opportunity to practice tai chi and yoga exercises for wellness and self-care, as a way to improve being with clients, and for use with clients in counseling. Counselors are asked to manage their personal affect, behavior, and cognition, while attending to clients. Tai chi and yoga training provide a structured way to improve a counselor’s ability to develop an ego-less stance of peacefulness in order to better attend, listen, and connect with clients.

7:00 a.m. – 8:00 a.m. ■
For Graduate Students and New Professionals Only Series
Program ID #202, Room 313C
What Graduate Students and New Professionals Need To Know About Developing a Professional Identity
60-Minute Session
Samuel T. Gladding
Identity is more than a nice amenity. It largely determines people’s lives, especially their professional life. It connects them to a world of other like-minded professionals, clinical and research literature, and opportunities for growth not otherwise available. The opposite of identity is confusion and frustration in trying to live a chameleon existence and be all
things to all people. This session will explore the importance of developing a professional identity as a counselor including what it means and what it does to make such a choice. Claiming a professional counselor identity gives individuals direction, focus, and purpose that is distinguishing and enriching. It sets them apart and brings them together to live more fully, participate more deeply, and find more meaning in helping and caring for those who need assistance.

7:00 a.m. – 8:00 a.m. ■
ACA Author Session
Clinical Mental Health/Private Practice Academy
Program ID # 203, Room 316A
Core Competencies for Effectively Counseling Men
60-Minute Session
Marcheta P. Evans, Thelma Duffey, Allen Appiah-Boateng, S. Kent Butler, Shane Haberstroh, Michael Brooks
Most counselors receive little to no training on how to assess and treat men. This session, based on the book A Counselor’s Guide to Working With Men, will present evidence-based techniques that address the help-seeking process for men, assess the role of masculine socialization on presenting concerns and the counseling process, and help attendees understand strategies for effective counseling. Participants will learn how to integrate a culturally informed, gender aware perspective into counseling; be exposed to strategies that engage men in the counseling process; understand ideas to integrate masculinity into case conceptualizations; and gain awareness about how their own gender role orientation can influence counseling with male clients.

7:00 a.m. – 8:00 a.m. ■
Creativity in Counseling Academy
Career Development/Employment Counseling Academy
Program ID # 204, Room 316 C
Using YouTube and GrooveShark To Explore Individuals’ Narratives Related to Life and Career
60-Minute Session
Mark Rehfuss, Kevin Glavin
Narrative counselors recognize that expanding and enhancing individuals’ self-stories can empower them to transcend and adapt to the challenges of life and career. Most narrative interventions, however, are only one-dimensional, relying only on the written or spoken word to story. This new multidimensional approach to storying appeals to tech-savvy individuals by using everyday digital media such as YouTube and GrooveShark to recognize, explore, and expand their self-narratives. During this interactive presentation, you will learn how to help individuals create, interpret, and apply their digital narratives to their lives and also learn how to reliably measure the outcomes of this narrative intervention.

7:00 a.m. – 8:00 a.m. ■
Presidential Featured Session
Program ID # 206, Room 313 B
Exemplary Counseling Practices: The New ACA Practice Briefs
60-Minute Session
Will Stroble
Practice briefs (PBs) are evidence-based documents that can be used by practitioners and clinicians to inform, assist, and empower members with the cutting-edge knowledge and best practices in the counseling profession. ACA members will dialogue with the director of the new ACA Center for Counseling Practice, Policy, and...
Research regarding the new PBs document and how these documents can be used to promote exemplary counseling practice. Discuss and offer emerging topics for future PBs research and development.

7:00 a.m. – 8:00 a.m. ■
Research Academy
Traumatology Academy
Program ID #207, Room 316B
Phenomenologically Speaking!
Experiences of Healthcare Interpreters in Traumatic Encounters
60-Minute Session
Chandra Johnson
Repeated exposure to traumatic material can compromise the psychological and emotional wellbeing of healthcare interpreters. Understanding how healthcare interpreters conceptualize trauma in their work, and how they manage exposure to traumatic material following the interpreting encounter can help counselors determine the best course of action for offering prevention and intervention services. This session will share findings of a qualitative study on the experiences of healthcare interpreters, explore the influence and nuances of culture and multiculturalism in the interpreting encounter, and propose ways that counselors can intervene at various levels—psychoeducation/prevention, psychotherapy, and policy/legislature.

7:00 a.m. – 8:00 a.m. ■
ASGW Day of Learning
Group Work Academy
Program ID #208, Room 319A-B
Demonstration of Group Activities for Each Group Stage
60-Minute Session
Rebecca A. Schumacher
Do you ever wonder what activities may be used in groups that facilitate goals and enhance successful outcomes for children and adolescent groups? This interactive session will demonstrate field-tested activities for all stages of group work (orientation, working, and termination). Learn how to select activities that enhance your group goals, and introduce and use activities as part of the group session. Processing activities, essential to learning and successful outcomes, will be described.

7:00 a.m. – 8:00 a.m. ■
ACC Day of Learning
Program ID #210, Room 323B
An Introduction to Relational-Cultural Theory
60-Minute Session
Heather C. Trepal, Ioana Boie
Relational-Cultural Theory (RCT) is an emerging approach to understanding human development and the ways in which we interact with one another. Developed as an outgrowth of feminist
approaches, RCT is receiving increased attention in both research and clinical practice (Jordan, 2010). Unlike other traditional theories, RCT purports that connection and context, instead of individuation, are at the heart of human development. In addition, the impact of cultural context on relationships and relational strategies is also central to this approach. This session will overview RCT and provide attendees with information related to examining their own relational challenges as well as those of their clients.

7:00 a.m. – 8:00 a.m. ■
ACES Day of Learning
Program ID #211, Room 324
Who Am I, and Who Am I Becoming? Strength-Based Identity Discernment for Graduate Students and New Professionals
60-Minute Session
Jennifer M. Cook, Pamela C. Wells, Nedeljko Golubovic

The process of “becoming” can be a daunting experience. Master’s students, doctoral students, and new professionals all struggle to understand who they are as they learn more about themselves, take on new roles, and define their professional identities. Who are you at your core? What strengths have served you? What makes you resilient? Which qualities remain steadfast while your professional identity and roles shift? These are hard questions to answer, and in this interactive session, you will gain strength and resilience-based skills to help you remember who you are more often, and to know you are still “there” even when the process is difficult.

7:00 a.m. – 8:00 a.m. ■
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #212, Room 302A-B
The Cultural Divide: A Panel Discussion Addressing LGBT Issues in Counseling
60-Minute Session
Joel Marc Filmore, Richmond D. Wynn

The concept of intersectionality provides a framework for understanding the complexities of managing overlapping, socially marginal identities. This panel discussion will focus on addressing issues related to multicultural counseling specifically with individuals for the LGBTQ population. This interactive session features a dialogue between panelists and the audience on intersectionality and emphasizes cultural aspects juxtaposed with gender, and lesbian, gay, and bisexual identities. This dialogue is framed by culture-centered counseling theory and will provide participants with opportunities to enhance their culture-centered conceptualization and intervention skills.

7:00 a.m. – 8:00 a.m.
CSJ Day of Learning
Program ID #213, Room 323A
Changes in Positional Power: Supporting Graduate Students and Junior Faculty in Maintaining Their Social Justice Voice
60-Minute Session
Angelica M. Tello

Some of the reasons we enter academia is to be a part of change and voice concerns toward social injustices and inequalities. For graduate students and junior faculty members with a social justice focus, navigating the academic world is a new journey. Advanced education, pursuing tenure, and lead-
ership roles give us a different position of power that can help advance positive changes. However, for graduate students and junior faculty members from underrepresented groups, this shift can be difficult to navigate. This session consists of panelists who will share their experiences of navigating their positional power while incorporating their roles as social justice advocates and offer strategies to help support each other’s journey.

7:00 a.m. – 8:00 a.m. ■
ACCA Day of Learning
Program ID #214, Room 323C
College Counseling: Roundtables
60-Minute Session
Josh Gunn
Have an opportunity to engage in small-group discussion about some of the most salient issues in college counseling with experts in the field. Topics may include the counselor’s role on behavioral intervention teams, utilizing technology, and strategies for serving more students. (Topics may change and will be posted on the room door at the time of the session.)

7:00 a.m. – 8:00 a.m. ■
ARCA Session
Counseling Ethics & Legal Issues Academy
Program ID #215, Room 325A-B
Sustaining Ethical Boundaries: A Challenge to Delivering Rehabilitation Counseling Services in Clients’ Homes and Communities
60-Minute Session, Advanced
Michael T. Hartley, Vilia M. Tarvydas
Rehabilitation counselors frequently provide services in clients’ homes and communities. While meeting clients within their natural environments has the advantage of assessing how the person is functioning within these environments, the relatively new trend toward community-based services creates unique challenges for rehabilitation counselors in terms of ethics and boundary relationships. This session will examine case scenarios that illustrate a variety of common boundary problems and ethical dilemmas. Be engaged in a discussion of best practices, including strategies to assess, document, monitor, and mitigate common boundary problems.

7:00 a.m. – 8:00 a.m. ■
Child & Adolescent Counseling Academy
Program ID #216, Room 308A-B
The Influence of Race, Gender, Age, and Geographic Location on Children’s Fears
60-Minute Session
Joy J. Burnham, Jamie D. Mills
Youth are subjected to devastating events such as the Boston Marathon bombings and the Sandy Hook Elementary School shootings in the U.S. Youth may experience these events indirectly by media coverage or directly by actual exposure. To understand the anxieties faced by the youth and to consider appropriate interventions, it is imperative to examine children’s fears. This study is unique in that it is the first to compare the fears of a large and diverse sample of children and adolescents (n = 1,760) in grades 2–12 across age, gender, racial identity, and geographic location (i.e., city, suburban, town, rural).

7:00 a.m. – 8:00 a.m. ■
Military Counseling Academy
Program ID #217, Room 317A
Enlisting Faith-Based Organizations To Assist in Suicide Prevention Among Veterans and Military Service Members
Suicide prevention and meeting the mental health needs of veterans and their families have become a priority for many government agencies. A common theme is to focus on building individual and family resilience. Resiliency is of particular significance for members of the Guard, for those in the Reserves, and for veterans who are frequently embedded within communities that have limited availability to supportive services. The faith-based community has emerged as a critical stakeholder for those experiencing distress by providing local support and referrals and by addressing the emotional and spiritual needs of these returning soldiers. This session will describe the Partners in Care program, which used faith-based organizations to implement community support.

7:00 a.m. – 8:00 a.m. ■
Program ID #218, Room 317B
Factors Related to Workplace Accommodation Request and Job Satisfaction Among Older Workers
60-Minute Session, Advanced
Shengli Dong
The U.S. workforce is becoming “gray” with the fast expansion of older workers. These workers have high likelihoods of acquiring functional limitations or impairments. Such impairments can be often readily resolved by workplace accommodations that play key roles in assisting people with disabilities to enhance career opportunities, increase job retention, and improve job satisfaction. Despite these benefits, the rates of utilizing accommodations are low (Davision, O’Leary, Schlosberg, & Bing, 2009). This session exams the workplace needs and factors associated with requesting accommodations and job satisfaction for older workers. Implications for helping professionals to work with older workers and organizations will be discussed.

7:00 a.m. – 8:00 a.m. ■
Counselor Education & Supervision Academy
Program ID #219, Room 306B
VISTAS: ACA’s Unique Database of Counseling Resources
60-Minute Session
Garry R. Walz, Jeanne C. Bleuer, David Hof, Joshua C. Watson, Lisa Jackson-Cherry
VISTAS, a key component of ACA’s online Knowledge Center, contains more than 800 full-text articles and provides practical information and resources on the full range of counseling topics. See how you can both learn from, and contribute to, this unique peer-reviewed online publication.

7:00 a.m. – 8:00 a.m. ■
Program ID #220, Room 305A-B
Legislative Advocacy: Why, and How?
60-Minute Session
Art Terrazas, Guila Todd
Federal policies affect both counselors’ ability to practice and clients’ access to services. Learn what’s happening on the key policy issues facing the profession, and why it is vitally important that counselors become legislative advocates. Learn how to maximize your effectiveness in communicating with legislators, and include Q&A time with ACA’s lead lobbyists.

7:00 a.m. – 8:00 a.m. ■
Multicultural and International Counseling Academy
Program ID #221, Room 306A
Counselor, Know Thy Self: Spiritual Timelines To Facilitate Competence When Working with Client Spiritual Concerns
60-Minute Session
Lynn Bohecker, Linwood G. Vereen
Spiritual and religious beliefs are a part of the multicultural approach to counseling that is mandated by the American Counseling Association. You will be provided with examples of counselor spiritual timeline drawings and narratives as well as emergent categories and themes from the research. There will be an opportunity to actively explore attitudes, beliefs, and values about spirituality and/or religion. Engaging in the experiential activity portion will assist attendees in highlighting critical events, defining moments, and other experiences that have been present in their own spiritual development. Through this session, attendees will be moving toward knowing how to competently address client spiritual concerns.

10:00 a.m. – 10:30 a.m. ■
ACA Client-Focused Research Series
Child & Adolescent Counseling Academy Research Academy
Program ID #222, Room 305A-B
The Relationship Between Types of Bullying/Victimization and Internalization/Externalization Problems for Bullies and Victims
30-Minute Session
Rebecca Newgent
Bullying in elementary schools is a widespread problem with potentially serious consequences. The purpose of this study was to explore the relationship between types of bullying and victimization and internalization and externalization problems from the perspective of both the bully and the victim. Assessments were completed on 22 fourth-grade elementary school students. Results of bivariate correlations and multiple regression revealed that verbal bullying was related to internalizing behaviors for the bully and that relational victimization was related to externalizing behaviors for the victim of bullying. Implications for counselors and other professionals charged with helping bullies and victims of bullies are presented.

10:00 a.m. – 11:30 a.m. ■
AHC Day of Learning
Wellness Academy
Program ID #223, 326A-B
From Free Play and Self-Empathy to Wellness
90-Minute Session, Advanced
Michelle Perepiczka, Jeff L. Cochran, Nancy Cochran, Tiffany Brooks
This session helps participants reexperience self-expressive play, and orient to being with one’s own moment-to-moment feelings, in order to develop an enhanced relationship to self and others. Objectives include developing free play and self-empathic dialogue for lifelong self-care. Work with partners using toys and art supplies to renew unique paths to warm self-acceptance and openness to experience. Follow-up activities for maintaining new ways of being are provided. Principles of the session come from child-centered play therapy (CCPT). Develop similar empowered growth in yourself as commonly experienced for children in CCPT.

10:00 a.m. – 11:30 a.m. ■
ACA Counseling in Action Demonstration Series
Traumatology Academy
Program ID #224, Room 313A
Counselors Responding to Mass Violence Following a University Shooting: A Live Demonstration of Crisis Counseling
90-Minute Session
Stephanie F. Dailey, Jane Webber, J. Barry Mascari
This live demonstration simulates crisis response following a hypothetical university shooting where counselors will engage affected individuals in the “hot zone.” The goals of this demonstration are to illustrate how counselors use de-escalation techniques to meet immediate needs for safety and stabilization of survivors as well as ameliorate intense emotional reactions. The second goal of this demonstration will be to demonstrate how the counselor will continue trauma interventions with a client who continues to experience acute posttraumatic symptoms following the incident. This session will show how to help the client identify sensory triggers evoking personal terror and learn to cope with feelings and reactions following mass violence.

10:00 a.m. – 11:30 a.m. ■
ACA Author Session
Career Development/Employment Counseling Academy
Program ID #226, Room 316A
Using Qualitative Career Assessments With Adolescents and Adults
90-Minute Session
Norman C. Gysbers
This session is based on the new edition of the bestselling book Career Counseling. Attendees will learn about and explore the use of two qualitative career assessments—life role analysis and career genogram—with adolescents and adults, which are based on the conceptual foundation of life career development and the theoretical base of constructivism. Time will be provided to practice both assessments and to discuss the results. Attendees will learn the what, why, and how of qualitative career assessments, and how life career development can be used as a way to understand human growth and development in general, and overall mental health specifically.

10:00 a.m. – 11:30 a.m. ■
ACAC Session
Child & Adolescent Counseling Academy
Program ID #227, Room 316C
ACAC Presents: Examining the Role of the Relationship in Child-Centered Play Therapy: Is It Really the Curative Factor?
90-Minute Session
Dee C. Ray, Hayley L. Stulmaker
In child-centered play therapy (CCPT), the therapeutic relationship is hypothesized to be the curative factor, but it’s questionable whether the relationship is sufficient for change. In the context of research conducted specifically with children presenting with anxiety symptoms,
presenters discovered enlightening information regarding the involvement of the therapeutic relationship as an agent of change in CCPT. The presenters will share the results of intervention outcome research conducted in local elementary schools and the implications for the process of change in play therapy. Learn methods and ways to further develop relationships with children in counseling as well as strengthen the practice and training of play therapy.

10:00 a.m. – 11:30 a.m. ■
**Presidential Featured Session**
*Multicultural and International Counseling Academy*
Program ID #228, **Room 314**
*Let's Have a Real Discussion About Race and Racism: Your Life, Your Work, and Your Soul*
90-Minute Session
Fred Bemak, Rita Chi-Ying Chung, Lee Mun Wah
Why can’t we have a “real” and honest dialogue about race and racism? Why do we shy away from these difficult race dialogues? Yet, as counselors we need to be culturally competent to be professionally effective with a dramatically increasing ethnic/racial clientele. Through guided questions we examine some of the fears and stereotypes that prevent us from having a “real” conversation. We will explore what people of color can’t and don’t say and what Whites are afraid to ask, effectively, respectfully, and compassionately hearing the answers to these questions and developing effective ways in engaging in honest dialogues that will impact our hearts, minds, and souls on both personal and professional levels.

10:00 a.m. – 11:30 a.m. ■
**CSI Session**
Program ID #229, **Room 313B**
*Embracing Our Role as Leaders: Counselor Community Engagement as the Catalyst for Excellence*
90-Minute Session
Nicole R. Hill
Counseling embraces the values of leadership and advocacy, yet there continues to be a professional imperative for more effectively translating our philosophical tenets into action. This session will focus on strategies for enhancing the impact that counselors can have on clients, families, and systems through community engagement. Explore how counselors can increase contributions in community engagement as a method for generating excellence in their communities and in our profession. The session will be discussion-oriented with a focus on scholarship in action, enacting advocacy and social justice, and striving towards excellence as leaders.

10:00 a.m. – 11:30 a.m. ■
**Counselor Education & Supervision Academy**
Program ID #230, **Room 316B**
*CACREP Standards Revision: What You Need To Know*
90-Minute Session
Derick J. Williams, Verl T. Pope, Carol L. Bobby, Frank J. Lane
CACREP Standards reflect the needs of a growing and evolving profession. The Standards are continuously revised to ensure their relevancy to the profession and to the programs and organizations that use them to better serve the needs of students, graduates, and the public being served by professional counselors. CACREP has been in an active standards revision process
over the past year and has developed new proposed standards for imple-
mentation in the next two years. You are encouraged to read drafts of the
new standard and to engage in active discussion with members of CACREP
and its standards revision committee.

10:00 a.m. – 11:30 a.m.  ■
ASGW Day of Learning
Military Counseling Academy
Group Work Academy
Program ID #231, Room 319A-B
Group Work with Military and Their Families
90-Minute Session
Janice DeLucia-Waack, Robert Conyne, Judy Sandy, Luis Tosado
This session focuses on current issues affecting working with military and
their families. Robert Conyne will serve as the moderator and the discussant
for the panel. Judy Sandy will discuss her work with the Wounded Warriors
project and also a program to help veterans with mental health issues using
adventure therapy, equestrian therapy, camping, and so forth. Luis Tosado will
discuss partnerships and collaborations with schools and community agencies
that help military families adjust as they move and also with deployment
issues for those who are left behind. A representative from one of the nine VA
hospitals, that has just been selected to provide support and interventions for
LGBT military and their families, will discuss the new interventions.

10:00 a.m. – 11:30 a.m.  ▲ ■
Clinical Mental Health/Private Practice Academy
Program ID #232, Room 318A-B
Motivational Interviewing: Practical Techniques That Work in the Change Process
90-Minute Session, Advanced
Mercedes ter Maat
Do you work with resistant adults and/or school-age students? Looking
for an approach that effectively minimizes resistance and guides clients to
positive behavior change? More than 120 research studies showed motiva-
tional interviewing (MI) to effectively reduce health-care costs and increase
treatment compliance, positive out-
comes, and client satisfaction. How?
By using specific techniques in assisting clients to reduce ambivalence and
increase commitment to change. This
session illustrates how MI techniques
can be applied in the practice of
school and mental health counseling.
MI techniques (e.g., decisional balance,
readiness-to-change ruler) are
demonstrated using role-plays and
videotaped vignettes. Handouts and
practice exercises will be distributed.

10:00 a.m. – 11:30 a.m.  ■
ACC Day of Learning
Program ID #233, Room 323B
Stories We’ve Heard, Stories We’ve Told: Life-Changing Narratives in Counseling and Everyday Life
90-Minute Session, Advanced
Jeffrey A. Kottler
If there is one theme that responds most universally to the diversity of our
clients, and yet provides a unifying framework for what we do in ses-
sions, it is the influential power of
storytelling. In one sense, we are all
professional storytellers, whether the
anecdotes are offered in the form of
self-disclosures, metaphors, parables,
case examples, or even fables, fairy
tales, or jokes. We attempt to influence and persuade people through the
power of stories, as well as “hold” the
stories of those we help. This session
reviews the ways that stories are an integral part of counseling and how we can be far more effective, skilled, and creative in the ways we approach our efforts to maximize our impact.

10:00 a.m. – 11:30 a.m. ■
ACES Day of Learning
Counselor Education & Supervision Academy
Spirituality & Religious Values Academy
Program ID #234, Room 324
ACES-CACREP Panel Discussion on Counselor Education at Faith-Based Institutions of Higher Education
90-Minute Session
Robert Urofsky, Robin W. Lee
Counselor education (CE) programs are housed in many different institutions of higher education (IHEs). The increasing number of CE programs housed in faith-based IHEs — and questions raised during recent lawsuits, legislation, and ACA Code of Ethics revision — raises many important questions for consideration by the counseling profession. Panelists representing faith-based IHEs and individuals with expertise in religious-spiritual issues in counseling will address issues pertaining to professional and personal ethics; the impact of religious-spiritual development on counseling; what it means to counsel from a particular religious-spiritual perspective; challenges relating to diversity; and what it means to be a member of a helping profession.

10:00 a.m. – 11:30 a.m. ■
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #235, Room 302A-B
Utilizing ALGBTIC’s Competencies for Counseling with LGBQQIA Individuals for Ethical and Integrative Practice
90-Minute Session, Advanced
Pete Finnerty, Amanda Brace
The ALGBTIC Competencies for Counseling Lesbian, Gay, Bisexual, Queer, Questioning, Intersex, and Ally Individuals have now been actively utilized by practitioners and educators for over a year. Based in research and substantive theory, this document can assist counselors in providing the most effective and integrative services to LGBQQIA persons. Gain an understanding of how to ethically and systematically create an integrative and creative practice, with LGBQQIA clients, through contact with some of the authors of the original document. Examples and possibilities for ethical and advanced practice will be demonstrated and actively discussed.

10:00 a.m. – 11:30 a.m. ■
CSJ Day of Learning
Program ID #236, Room 323A
90-Minute Session
Judy A. Daniels, Michael J. Dandrea
As you enjoy the beauty of Hawaii, take time to understand issues facing Hawaiians and the significance of deep culture in counseling practice. There are cultural codes that exist in the collective subconscious of all societies that define what is right or wrong, just or unjust, and inform psychological meaning making. These unspoken codes become driving forces in all societies. This session examines two streams of deep culture and their implications for promoting healthy development for all clients. The presenters discuss the historical context of the social justice movement in Hawaii,
the significance of deep culture, and a Hawaiian immersion counseling program that promotes wellness for people with chronic mental health problems.

**10:00 a.m. – 11:30 a.m.**

*ACCA Day of Learning*

**Program ID #237, Room 323C**

**Outrageous Outreach: Utilizing Creative Outreach Programs To Engage Students and Decrease College Counseling Center Stigma**

90-Minute Session

Tamara Knapp-Grosz

Have you ever spent hours working on an outreach presentation for students only to have a handful of students attend your workshop? Do you struggle to find creative ways to reach underserved populations at your college? Would you like to identify some creative interventions that can engage your students and increase participation numbers? If so, join staff from the Savannah College of Art and Design as they share their experience of moving from a traditional to an outrageous outreach model! This session presents creative examples, and strategies, for marketing and funding these programs at your own college.

**10:00 a.m. – 11:30 a.m. ▲ ■**

*School Counseling Academy*

**Program ID #238, Room 325A-B**

**Student Success Skills: Third-Year Results of an IES-Funded, Randomized Control Trial**

90-Minute Session, Advanced

Linda Webb, Greg Brigman, Elizabeth Villares, Karen Harrington

The results of the first three years of an IES-funded, randomized control trial of Student Success Skills (SSS), a school counseling intervention known to increase student achievement, will be presented. Data from more than 5,000 fifth graders in two Florida districts are included. Proximal outcomes are reported including the extent to which SSS impacts cognitive and behavioral engagement, meta-cognitive strategy use, test anxiety, academic self-efficacy, self-efficacy, and social competence as well as the extent to which SSS improves classroom climate. Distal outcomes are reported for test scores, grades, and student attendance. Details about instrumentation will also be reported. This session is a follow-up to an ACA 2013 poster session.

**10:00 a.m. – 11:30 a.m. ▲ ■**

*Human Development Across the Lifespan Academy*

**Program ID #239, Room 308A-B**

**Old, Poor, Sick, and Alone: Meeting the Complex Mental Health Needs of the Marginalized Elders Among Us**

90-Minute Session, Advanced

Kathryn Z. Douthit, Karen L. Mackie, Thomas Christensen

The rapidly expanding number of diverse older adults in the U.S. includes some of the most impoverished and marginalized individuals in our midst. Many of these elders will desperately need mental health services that are tailored to the special needs of this growing population. This session presents a model that details the predominant sources of threat to gerontological mental health among marginalized individuals and will give special attention to the literature in the burgeoning field of psychoneuroimmunology and mind-body connection. A parallel comprehensive intervention model will also be presented.
10:00 a.m. – 11:30 a.m.  ■  Creativity in Counseling Academy Multicultural and International Counseling Academy Program ID #240, Room 317A Playing in the Sand: Using Sandtray To Address Emotional Reactions to Race Based Topics 90-Minute Session Tina R. Paone, Krista M. Malott Emotional reactions to race-based topics can prevent us from learning and also from hearing our clients. In this experiential presentation, participants will learn how to incorporate the use of sandtray as a tactic for processing reactions to counseling topics typically perceived as “taboo” (such as racism). If left unprocessed, emotional reactions to difficult topics may truncate personal growth and create a negative atmosphere that prohibits open conversation and learning. The presenters will provide examples of using sandtray to address students’ emotional reactions to race-based topics in the classroom as well as suggest ways to apply sandtray with clients, demonstrating its use in processing sensitive topics in clinical settings.

10:00 a.m. – 11:30 a.m.  ■  Couples & Family Counseling Academy Program ID #241, Room 317B Forgive Me, Father, For I Have Forgotten You: Experiences of Fathers of Children With Disabilities 90-Minute Session Joseph E. Keferl, Jeevitha Kempegowda, Gina R. Oswald, Paul J. Toriello Very limited literature exists exploring the experiences of fathers who have children with a disability. This session exposes potentially faulty and damaging clinical assumptions and provides a comprehensive review of evidence-based practices in the disability field, exploring differences in attachment styles, and variation of roles and expectations between mothers and fathers when having a child with disability. It also reinvestigates critical socio-cultural and psychological variables that may explain variation in parenting by fathers of children with disabilities. Clinical practice research supporting mindfulness and acceptance-based interventions to be beneficial for parents of children with disabilities will be provided.

10:00 a.m. – 11:30 a.m.  ■  Career Development/Employment Counseling Academy Program ID #242, Room 306B The Hope-Centered Model of Career Development and Interventions: A New Approach to Effective Career Counseling 90-Minute Session ZiYoung Kang, Hyoyeon In, Nai-Fen Su The newly constructed Hope-Centered Model of Career Development (HCMCD) helps you serve your clients to effectively manage their careers in the 21st century. The presenters will introduce the HCMCD and demonstrate how to use the model in conjunction with its primary assessment tool, the Hope-Centered Career Inventory (HCCI), and its advanced intervention toolkit, the Hope-Centered Career Intervention Toolkit (HCCIT). The hope-centered approach contains the following elements: hope, self-reflection, self-clarity, visioning, goal setting/planning, implementing, and adapting. The case studies will help you to use HCMCD, HCCI, and HCCIT to empower clients from diverse backgrounds and facilitate their career development.
11:00 a.m. – 11:30 a.m. ■
ACA Client-Focused Research Series
Couples & Family Counseling Academy
Program ID #244, Room 305A-B
Parental Alliance for Low-Income Couples and Individuals Participating in Relationship Education Workshops
30-Minute Session
Ryan G. Carlson, Andrew P. Daire
Couples and relationship education (CRE) programs indicate positive results for low-income couples who attend. However, most studies examined relationship satisfaction or communication patterns with few addressing the influence of CRE on parental alliance and even fewer examining parental alliance for those who attend without a partner. Thus, we examined changes in parental alliance for low-income participants who attended CRE alone (n = 182) or with their partner (n = 190). Participants who attended with a partner reported significant parental alliance improvements at post-assessments, while those who attended alone did not. Practical applications and implications for future research will be discussed.

2:00 p.m. – 2:30 p.m. ■
ACA Client-Focused Research Series
Program ID #245, Room 305A-B
Creating Images in the Sand: Using Sandtray with Adolescents and Adults in the Grief Group Process
30-Minute Session
Imelda N. Bratton
This interactive session will discuss how sandtray was used in the grief group process. Two independent grief groups were conducted, one for adolescents and the other for adults. We will discuss what similarities and differences the two groups experienced. Resources and materials relating to sandtray and grief will be provided for your reference.

2:00 p.m. – 3:30 p.m.
AHC Day of Learning
Creativity in Counseling Academy
Program ID #246, 326A-B
Increasing Personal Energy and Wellness
90-Minute Session, Advanced
Michael C. Lazarchick
This session explores “Holistic Integrity,” the interplay of body, mind, and spirit. A short lecture and discussion will be augmented with experiential processes. Experience light exercise and stretching, explore and feel universal energy, inspirational thought, Qigong, a little yoga, mindfulness meditation, sound, and some surprises! The presenter will entertain while covering a variety of concepts that enhance the understanding of physical, mental, and spiritual well-being. Dress comfortably for this interactive workshop. Expect to have fun and be energized.

2:00 p.m. – 3:30 p.m. ■
ACA Counseling in Action Demonstration Series
Program ID #247, Room 313A
A Threat Assessment with a Nontraditional Student
90-Minute Session
Brian Van Brunt
This session will demonstrate the core elements of a threat assessment approach on a nontraditional student. Dr. Van Brunt will develop a rapport with the student, assess for core elements of dangerousness (e.g., action and time imperative, fixation and focus, weapon access, hardened point of view, and organized versus disorganized thought), and discuss...
how to share these results with the referring party. A list of 35 risk factors contained in the Structure Interview for Violence Risk Assessment) will be provided to follow along and identify during the interview.

2:00 p.m. – 3:30 p.m.
Program ID #248, Room 313C
Living Legends in Counseling: Personal Development and Professional Wisdom
90-Minute Session
Jon Carlson, Jeffrey A. Kottler, Mark Pope, Howard Kirschenbaum, Gerald Corey, Debbie Joffe Ellis, Robert E. Wubbolding, Marcheta Evans
Join an intimate, revealing, honest, and provocative discussion with many of the “legends” in the profession, including prominent authors, theorists, and practitioners, who “walk their talk,” practicing in their personal lives what they teach to others. Issues will be explored related to critical incidents, challenges, frustrations, joys, and sources of pride, throughout long and distinguished careers. With this group sharing time together, expect the unexpected!

2:00 p.m. – 3:30 p.m.
ACA Author Session
Child & Adolescent Counseling Academy
School Counseling Academy
Program ID #249, Room 316A
Youth at Risk
90-Minute Session
David Capuzzi, Mark D. Stauffer, Laura Haddock, Colleen Logan
This session will focus on the material in the sixth edition of Youth at Risk and will provide an overview of approaches to prevention and intervention from individual, family, school, and community perspectives. Topics covered will include at-risk population identification, causal factors of problematic behaviors, and promotion of resiliency in youth. This session is appropriate for professionals who work in any setting with children and adolescents who are at risk for engaging in dangerous behavior.

2:00 p.m. – 3:30 p.m.
Program ID #250, Room 316C
Effective Strategies To Promote Cognitive Health in Older Adults: CBT, Therapeutic Lifestyle Changes, and Neurofeedback
90-Minute Session, Advanced
Carlos P. Zalaquett, Seria Shira J. Chatters, Thomas F. Collura
As our population ages, it is becoming increasingly important for clinicians to understand and be proficient in techniques to help older adults from all backgrounds maintain a healthy life and treat mental disorders. Cognitive Behavioral Therapy (CBT), therapeutic lifestyle changes (TLCs), and neurofeedback are empirically based therapeutic approaches that have been found to be effective in keeping a healthy mind and treating a variety of disorders in older adults. However, considerations must be taken when treating older adults from minority backgrounds. In this session, the integration of enhanced CBT techniques, TLCs, and neurofeedback will be discussed when working with older adults from diverse backgrounds.

2:00 p.m. – 3:30 p.m.
Program ID #251, Room 314
Innovations in Clinical Care for Suicidal Clients: From Provider Capacity to a Systems Framework
90-Minute Session
Laurie Davidson
Faced with a suicidal client, even the most competent counselors can question their judgment and practice. This session will address the preparation needed by mental health professionals and organizations to assess, manage, and treat suicidal clients. The presenters will describe the competencies needed to provide effective care to suicidal clients and the training programs that teach these competencies. Reflect on your own preparation for working with suicidal clients. Individual and systems-level interventions will be discussed, including clinical interventions listed on the Suicide Prevention Resource Center’s Best Practices Registry and a “Zero Suicide in Behavioral Health Care” model.

2:00 p.m. – 3:30 p.m. ■
AMCD Session
Multicultural and International Counseling Academy
Program ID #252, Room 313B
AMCD Multicultural Competencies: The Next Iteration
90-Minute Session
Tarrell Awe Agahe Portman, Patricia Arredondo, Kimberly Frazier, Sharon Bowles, Michael Brooks
Since 1972, the AMCD Multicultural Competencies have been instrumental in changing the practice of counseling and psychology. The AMCD strategic planning committee has identified this session to review and explore the next iteration of the Multicultural Competencies. All are invited to attend and contribute to the dialogue through structured small-group exercises to determine modifications, additions, and improvements needed to meet societal changes in becoming culturally competent practitioners.

2:00 p.m. – 3:30 p.m. ■
ASGW Day of Learning
Group Work Academy
Program ID #254, Room 319A-B
Making Psychoeducational Groups Come Alive: Using Focal Conflict Theory To Engage Group Members in Process and Content
90-Minute Session, Advanced
Deborah J. Rubel
Psychoeducational groups are perhaps the most frequently used group modality in school and agency settings. For learning to occur, however, educational content must be balanced with members’ emotional safety and stimulation. Balancing content and process is a major challenge; a neglect of group process results in a low-energy group. Focal Conflict Theory
(FCT) is an effective, easy way to understand and influence group interaction. A model for conceptualizing conflict in groups, FCT helps leaders make sense of group interactions and guides leader interventions. In this session, novice and experienced group counselors will learn key FCT concepts for immediate application in their current groups to increase member engagement and learning.

2:00 p.m. – 3:30 p.m.  ■
ACC Day of Learning
Program ID #256, Room 323B
Developmental Relational Counseling: Clarity, Compassion, and Connection in Practice
90-Minute Session
Thelma Duffey, Shane Haberstroh, Erin Marble, Renee Foyou
Learn practical strategies to assist clients navigate their relationships and clarify their perceptions of themselves and others. Using interactive vignettes, the presenters will illustrate the basic tenets of Developmental Relational Counseling (DRC), a conceptual framework that integrates Relational Cultural Theory, cognitive therapy, narrative therapy, and the Enneagram Personality Typology. Based on the idea that clarity, self-compassion, and compassion for others are integral to connection and development, DRC explores power in relationships, the role of feedback, and distinctive relational styles and their interactions with one another.

2:00 p.m. – 3:30 p.m.  ■
ACES Day of Learning
Program ID #257, Room 324
Educational Standards for Counselor Licensure: In Search of a National Standard
90-Minute Session
Gerard Lawson, William Green, J. Barry Mascari
The recently concluded 20/20 initiative achieved a great deal in establishing a single definition, scope of practice, and title for licensed professional counselors (LPCs). Unfortunately, no educational standards were produced to help external stakeholders understand the level of training that is expected of LPCs. This panel discus-
sion features leaders from ACES and AASCB discussing a draft Educational Standards Guidance document developed as model language for a national standard. The process of addressing education requirements through accreditation and for licensure at the national level will be explored, and audience feedback on the document will be solicited in a town-hall format.

2:00 p.m. – 3:30 p.m.  ■
ALGBTIC Day of Learning
LGBTQ Academy
Multicultural and International Counseling Academy
Program ID #258, Room 302A-B
The Intersectionality of Gender and Affectional Orientation in Counseling
90-Minute Session
Hugh C. Crethar, Heather Trepal, Tonya R. Hammer
This session will focus on research and theory relevant to counseling that encourages empowerment and development of affectional orientation and gender minorities. Information will be presented regarding counseling, empowerment, and advocacy, with foci at the individual, family, systemic, associational, and societal levels. The session is a collaboration with leadership of the movement to create a division in ACA focused on women’s issues and reflects the presidential theme for ALGBTIC this year.

2:00 p.m. – 3:30 p.m.  ■
CSJ Day of Learning
Program ID #259, Room 323A
Sustainable Social Advocacy from the Counseling Session to Global Transformation
90-Minute Session, Advanced
Selma D. Yznaga, Mary Whitfield-Williams, Deryl F. Bailey
Far too often, advocates for social justice respond in a passionate burst of energy in reaction to a current event. How do we, as social justice advocates, sustain interest and energy long enough to build capacity for an issue so that our support makes a difference? With an overwhelming amount of injustice to confront, how do we focus on one issue long enough to effect change? A strong foundation in advocacy competencies is needed to achieve and sustain social transformation. This two-part presentation will provide participants with a continuum of advocacy skills from personal foundation to community and national organization for sustainable change.

2:00 p.m. – 3:30 p.m.  ■
ACCA Day of Learning
Program ID #260, Room 323C
Trending in College Counseling
90-Minute Session
Josh Gunn
This session will examine the evolution of college counseling centers and the practices that are emerging to better meet the needs and expectations of our campus communities. We will focus on what current research about college counseling centers is telling us about how we serve students and our communities. The sustainability of the traditional service delivery model that overly relies on individual counseling will be explored. We will discuss evolving practices, such as increased use of case managers, utilization of technology, and participation on campus-wide students of concern and behavioral intervention teams.
2:00 p.m. – 3:30 p.m. ▲ ■
ACEG Session
Military Counseling Academy
Program ID #261, Room 325A-B
Women in Warrior Culture: Their Evolving Role and Challenges of Service
90-Minute Session, Advanced
Michael A. Keim
The role of women in military service is evolving and is leading to a reevaluation of traditional warrior culture, especially in light of the end of “Don’t Ask, Don’t Tell” and their expanding combat training and service. This session will examine warrior culture and women’s diverse views on military culture. Challenges to women service members also will be identified, including the extent of sexual assault, substance use and abuse, eating disorders, and combat stress/PTSD. Current treatments used to assist female service members also will be presented.

2:00 p.m. – 3:30 p.m. ■
Creativity in Counseling Academy
Program ID #262, Room 308A-B
Integrating Music Into Therapeutic and Educational Contexts: An Alternative Approach to Exploring Sexuality and Mental Health
90-Minute Session
Emilie (Emi) Lenes, Jacqueline Swank
Acquire knowledge about music as a therapeutic modality that can be adapted for groups, individuals, couples, supervisees, classrooms, and training environments. Musical inclinations vary immensely based on cultures. This experiential session will address the importance of the facilitator’s sensitivity to diversity (e.g., race, gender, SES status, sexual orientation, age). Participate in activities that demonstrate music techniques from a study in a sexuality counseling course, and receive a handout with music suggestions and steps for creating songs as an intervention to increase awareness and comfort level around the complex and vulnerable topic of sexuality.

2:00 p.m. – 3:30 p.m. ■
Clinical Mental Health/Private Practice Academy
Program ID #263, Room 317A
Screening, Brief Intervention, and Referral to Treatment: How 5–15 Minutes Can Change a Person’s Life
90-Minute Session
Mallori DeSalle, Jon Agley
Are you screening every client for substance use? Do you know the difference between “risky use” and dependence? In this session, you will learn how to integrate screening and brief interventions into your existing work. You will learn how to identify individuals with high-risk behavior, versus people with a dependence diagnosis. In this time, you also will learn how the 5-to-15-minute conversation you have with the client during the screening process can change his or her life for the better. This session will help you increase your standard of care for each client, increase your client’s potential for improvement, and increase your return on your money in the health-care system.

2:00 p.m. – 3:30 p.m. ■
Child & Adolescent Counseling Academy
Program ID #264, Room 317B
What’s Mentionable Is Manageable: Explaining Death to a Child and Promoting Peer-to-Peer Groups
90-Minute Session
Emilio Parga, Kimberly Smerkers
Death, grief, and loss can be the most stressful events that children and
adolescents encounter. They may experience psychiatric problems and social dysfunction during their childhood and possibly throughout their adult life. One support intervention is the use of intentional peer grouping. Discover the types of peer grouping and the influence of multicultural influences on the grief and loss perspectives, and develop a plan to establish grief and loss peer support groups in any professional setting.

2:00 p.m. – 3:30 p.m. ■
Wellness Academy
Human Development Across the Lifespan Academy
Program ID #265, Room 306B
Understanding and Improving Self-Esteem for Yourself and Your Clients
90-Minute Session
Stacey Chadwick Brown
Having a positive self-esteem is the foundation of a healthy personality. Everyone knows that! This concept is discussed often in counseling settings in schools, in private practice, and in recovery settings, among others. However, not everyone understands how self-esteem got damaged in the first place, how to identify the source of the problem, and how to change it. It is likely that this session will open your eyes to your own self-esteem and will assist you on your personal journey to wellness. Professionally, counselors of all types will learn specific strategies for building strong relationships with their clients, helping their clients to construct (or renovate) their self-esteem and reach their goals.

Hurricane Katrina Seven Years Later
30-Minute Session
Kimberly Nicole Frazier
Natural and person-made disasters impact the psychological functioning and everyday normalcy of those impacted by the event. After Hurricane Katrina, universities and surrounding communities served as symbols of normalcy; however, many institutions were forced to cut programs and staff in order to survive. This session will discuss research findings from a study conducted via interviews with faculty seven years after Hurricane Katrina, focusing on how their campuses have changed and the lessons learned seven years later. Implications for mental health counselors, disaster mental health, and future research will be discussed.

3:00 p.m. – 3:30 p.m. ■
ACA Client-Focused Research Series
Traumatology Academy
Program ID #267, Room 305A-B
Healing from Separation: A Humanistic Approach
60-Minute Session
Ruth Ouzts Moore, Ann M. Ordway
Separation can bring about many changes in our lives, in that we may experience a variety of emotions, including anger, guilt, anxiety, fear, betrayal, and loneliness. This experiential session will encourage you to process your emotions related to separation and embrace the opportunity for growth and change. Engage in music, dance, play and physical activities to facilitate emotional expression and empower yourself and clients.

4:00 p.m. – 5:00 p.m. ■
AHC Day of Learning
Wellness Academy
Program ID #268, 326A-B
Healing from Separation: A Humanistic Approach
60-Minute Session
Ruth Ouzts Moore, Ann M. Ordway
Separation can bring about many changes in our lives, in that we may experience a variety of emotions, including anger, guilt, anxiety, fear, betrayal, and loneliness. This experiential session will encourage you to process your emotions related to separation and embrace the opportunity for growth and change. Engage in music, dance, play and physical activities to facilitate emotional expression and empower yourself and clients.

4:00 p.m. – 5:00 p.m. ■
Counseling Ethics & Legal Issues Academy
Program ID #269, Room 313C
Addressing Sexual Attraction in the Counseling Relationship
60-Minute Session, Advanced
Kirsten W. Murray, John Sommers-Flanagan
Supervisors and counselors typically avoid discussing sexual attraction. Often supervisors even ignore obvious signs of attraction as they observe their supervisees. Interestingly, it has been reported that supervisees are often relieved when their supervisors broach sexual attraction issues in supervision. In this session we will discuss the nature of sexual attraction in counseling, provide a model for broaching sexual attraction in supervision, describe strategies for coping with sexual attraction and preventing sexual acting out, and facilitate a discussion on how you currently manage and address sexual attraction and how you might continue to do so even more effectively in the future.

4:00 p.m. – 5:00 p.m. ■
ACA Author Session
Multicultural and International Counseling Academy
Program ID #270, Room 316A
Culturally Responsive Counseling With Latinas/os
60-Minute Session
Patricia Arredondo
The presentation will provide detailed information about the Latina/o population in the U.S. and offer culture-centered assessment and intervention strategies for effective clinical practice with individuals and families. You will learn the clinical expertise needed to practice ethically, and with cultural sensitivity, with Latino clients. Case examples in different settings will be presented, and topics discussed will include the influence of the family; cultural values; identity and acculturation; education; employment; and theories of loss and change specific to Latina/o immigrants.

4:00 p.m. – 5:00 p.m. ■
Clinical Mental Health/Private Practice Academy
Program ID #271, Room 316C
Enhancing the Therapeutic Alliance with Youth Clients
60-Minute Session, Advanced
Clayton V. Martin, Jeffrey T. Guterman
Many youth clients have negative treatment experiences, including recidivism, referrals to multiple clinicians and agencies, and being mandated into treatment. Given these treatment issues, it is common for youth clients to exhibit resistance in counseling. Research on common change factors suggests that resistance with youth clients can be overcome by enhancing the therapeutic alliance. In this session, principles and techniques aimed at reducing resistance and enhancing the therapeutic alliance to facilitate positive change with youth clients are identified and reviewed. Case examples illustrate the application of resistance-reducing techniques. Instructional exercises are designed to help attendees learn the material.

4:00 p.m. – 5:00 p.m.
Presidential Featured Session
Program ID #272, Room 314
International Roundtable
60-Minute Session
Dr. Dione Mifsud, Dr. Sangin Nam and Dr. Susana Estanislao
Join ACA President, Dr. Cirecie West-Olatunji in a roundtable discussion with counseling leaders from around the world. This session will focus on counseling topics of common
global concern that require international and cross-cultural collaboration such as counselor training, ethical interventions, standards of practice, and disaster response. A primary goal of this session is to develop a core working group for forwarding key initiatives from the session and for advancing a global agenda with international counseling organizations and ACA. This session is coordinated and sponsored by the ACA International Committee.

4:00 p.m. – 5:00 p.m.  ▲ ■
Program ID #273, Room 313B
Sight, Sound, and Sanity: Mental Health Counseling with People Who Are Losing Vision and Hearing
60-Minute Session, Advanced Christine Reid
As the “Baby Boomer” generation ages, the number of people dealing with declining vision and hearing increases greatly, with a corresponding increase in the risk of depression. Through this session, mental health counselors will increase their understanding of the experience of dual sensory loss, and they’ll update the use of resources and techniques for helping clients improve their quality of life despite vision and hearing losses. This session will include interactive simulation activities as well as the review of relevant research and discussion of essential resources.

4:00 p.m. – 5:00 p.m.  ■
For Graduate Students and New Professionals Only Series
Program ID #274, Room 316B
What Graduate Students and New Professionals Need To Know About the New 2014 ACA Code of Ethics
60-Minute Session
Mary Hermann
Be the first graduate student in your program or new professional in your town to hear about the significant changes in the new 2014 ACA Code of Ethics. A highlight will be a review of the first-ever statements about using social media in counseling. The presenter was a member of the ACA Ethics Revision Task Force and provided ethics-related expert testimony in the seminal court case of Ward v. Wilbanks.

4:00 p.m. – 5:00 p.m.  ■
ASGW Day of Learning
Group Work Academy
Counselor Education & Supervision Academy
Program ID #275, Room 319A-B
The Effects of Structured and Unstructured Groups on Graduate Students’ Development and Therapeutic Experiences
60-Minute Session
E. H. “Mike” Robinson III, W. Bryce Hagedorn
The purpose of this session is to discuss the differential effects of personal growth groups and psychoeducational groups on graduate students’ (n = 74) empathy and group leader self-efficacy. Additionally, we compared the degree to which participants in each group valued cohesion, catharsis, and insight. There were no significant differences in empathy, group leader self-efficacy, or cohesion between the groups; however, members of the personal growth groups valued catharsis and insight more than members of the psychoeducational groups. We will discuss implications for group work educators and group leaders working with college students.
4:00 p.m. – 5:00 p.m. ■
Waiting List Only Status Series
Clinical Mental Health/Private Practice Academy
Program ID #276, Room 318A-B
Working Hard or Hardly Working?
60-Minute Session
Ryan Thomas Neace
How did my waiting list status begin?
From the time my clients first call, I work hard to not work hard — or at least, not work harder than them. This means my approach to selling my services, my efforts to discover 101 details about their lives in-session, and the development of treatment goals are all deliberately limited in some way. These limitations actually drive sessions rather than impede them.

4:00 p.m. – 5:00 p.m. ■
ACC Day of Learning
Creativity in Counseling Academy
Counselor Education & Supervision Academy
Program ID #277, Room 323B
Five Creative Techniques for Teaching Key Concepts in Required Courses in Counselor Education Programs
60-Minute Session, Advanced
Stella B. Kerl-McClain, Julia Porter, Jacqueline Swank, Carol Doyle
Have you wondered how you might add some new energy to the required courses that you’ve been teaching as a counselor educator? Five counselor educators with more than 80 years of combined experience teaching a wide variety of courses, from research to diagnosis to clinical courses, will be sharing some of their favorite techniques for teaching key concepts in the required classes they currently teach and have taught in the past. They also will help you to adapt some of these techniques for use with client populations.

4:00 p.m. – 5:00 p.m. ■
ACES Day of Learning
Wellness Academy
Program ID #278, Room 324
Focusing on Wellness: A Strengths-Based Perspective for Graduate Students
60-Minute Session
Pamela C. Wells, Jennifer M. Cook, Nedeljko Golubovic
Wellness is a facet of our profession that we strive to embrace. But what does it mean to be truly “well”? Is physical wellness the only area that you are attending to? Or is it the only area you are not attending to? How can we even think about wellness in the midst of a graduate program? Come explore the many dimensions of wellness and how to use your strengths to enhance your personal and professional wellness. This interactive panel discussion will help you honor your wellness path and encourage you to continue your wellness journey.

4:00 p.m. – 5:00 p.m. ■
ALGBTIC Day of Learning
LGBTQ Academy
Program ID #279, Room 302A-B
Developmental Transitions: Considerations for the LGBTQ Community Over the Lifespan
60-Minute Session
Jane E. Rheineck
The presenter will discuss her upcoming ALGBTIC presidency for 2014–2015, the role of ALGBTIC in addressing lifespan issues of the LGBTQ population, and its importance for both counselors and educators. The presenter also will reveal her organizational goals as well as 2014–2015 special ALGBTIC events.
SATURDAY

4:00 p.m. – 5:00 p.m.
CSJ Day of Learning
Program ID #280, Room 323A
Synthesizing Counseling, Multiculturalism, and Social Justice: Next Steps in Training, Research, and Practice
60-Minute Session
Fred Bemak, Rita Chi-Ying Chung
Although there have been significant advancements related to social justice and multicultural counseling, there has been little work done that clearly defines the synthesis between both. This session will provide an in-depth exploration of the fit between multicultural counseling and social justice counseling as they apply to training, research, and practice; and the next steps in moving these two key components forward will be discussed.

4:00 p.m. – 5:00 p.m.
ACCA Day of Learning
Program ID #281, Room 323C
Breaking in and Rising up in College Counseling
60-Minute Session
Monica Zozone Osburn
The field of college counseling is changing. New trends of prevention and multidisciplinary approaches are growing. Come see how to land your perfect job as a college counselor or administrator. National data will be presented on the makeup of college counseling centers as well as what hiring officials are looking for.

4:00 p.m. – 5:00 p.m.
IAMFC Session
Couples & Family Counseling Academy
Counseling Ethics & Legal Issues Academy
Program ID #282, Room 325A-B
Ethical Issues in Couples Counseling
60-Minute Session
Loretta Bradley, Bret Hendricks
Ethics is the cornerstone for many aspects of counseling. Through the use of case studies, this session will focus on ethical dilemmas experienced by counselors working with families, couples, and children. The case studies will help counselors integrate codes of ethics into sound ethical practice, thereby solving ethical dilemmas. The purpose of the presentation is to help counselors not only be aware of potential ethical issues in couples counseling, but also to be aware of how to solve the issues. The focus of the session will be awareness of how to avoid ethical and legal problems.

4:00 p.m. – 5:00 p.m.
AARC Session
Addictions Academy
Program ID #283, Room 308A-B
There’s an Elephant in the Room … Do You See It? Screening and Assessment for Sexual Addiction
60-Minute Session, Advanced
Pennie Johnson, Leigh F. Holman
Do you know how to screen for sexual addiction in general counseling settings? Do you know what to do if someone presents with sexual addiction issues? A quick screen (similar to CAGE) for sexual addiction will be presented and practiced by participants. If clients score high on the quick screen, then a free online assessment can be used to identify if intervention is needed. Resources for the online instrument as well as its’ psychometric properties will be presented. Learn how to identify MMPI and Millon profiles that correspond with sexual dependency as indicated by the Sexual Dependency Inventory used by certified sexual addiction therapists. Resources will be given for accessing the free assessments and what to do.
4:00 p.m. – 5:00 p.m.  ■  
**ASERVIC Session**  
*Spirituality & Religious Values Academy*  
Program ID #284, Room 317A  
**Spiritual Eco-Maps: Examining How the Millennial Generation Experiences Spirituality**  
60-Minute Session  
*Imac S. Holmes*  
The Millennial Generation: spiritual experience, structured religion, strengths, and relationships. This session offers an overview of spiritual eco-mapping as a tool for assessing clients who constitute the Millennial Generation, also known as Generation Y. Learn about the characteristics of this generation and the way they express faith, spirituality, and religion. The presenter will provide an overview of eco-maps and the functional use of this tool in spiritual assessment. Spirituality as an integral component of multicultural competence will be discussed as well as implications for counselor educators.

4:00 p.m. – 5:00 p.m.  ■  
**Traumatology Academy**  
*Multicultural and International Counseling Academy*  
Program ID #285, Room 317B  
**Assessing the Needs of and Responding to Mexican Counselors Working with a Disaster-Affected Community**  
60-Minute Session  
*Laura Shannonhouse*  
Tragedies occur everywhere. The 2009 ABC Daycare fire in Hermosillo, Mexico, resulted in 49 infant and toddler deaths with an additional 60 seriously injured, traumatizing the whole community. Addressing the needs of such grieving populations can be challenging for counselors, resulting in secondary traumatic stress and burnout. This session will share the story of the Hermosillo community and the mental health responders. The needs of the responders regarding compassion fatigue were assessed and addressed. An explanation of this interdisciplinary collaboration (counseling, cultural anthropology, and psychology) is hoped to provide a new perspective on how to help the helpers.

4:00 p.m. – 5:00 p.m.  ■  
**Wellness Academy**  
Program ID #286, Room 306B  
**TechnoWellness: A New Wellness Construct in the 21st Century**  
60-Minute Session  
*Stephen D. Kennedy*  
This session focuses on the new concept of “TechnoWellness”, which encourages recognition that interaction with technology can have powerful impacts on holistic wellness. The presenter will review multidisciplinary studies indicating that technology use can affect health and well-being adversely or positively and will show that technology use can influence wellness dimensions represented in the evidence-based IS-Wel model used in counseling (Myers & Sweeney, 2008). Consider strategies to help you assess clients’ TechnoWellness, guided by the IS-Wel, and discuss case studies of clients whose wellness is being affected by technology use. Learn TechnoWellness interventions that can support your efforts to help clients attain optimal wellness.
School Counselors’ Shared Attitudes and Beliefs
60-Minute Session
Diane Stutey, Jennifer Murdock, Elysia Clemens
Nearly one half of all children experience a form of sibling abuse, ranging from mild to extreme forms of abuse, during childhood (Wiehe, 1997). Sibling abuse is often hidden or excused as sibling rivalry, yet it can have lasting long-term psychological effects. In this session, key findings from our recent phenomenological study on sibling abuse will be shared. These findings can help counselors advance their understanding of sibling abuse and develop advocacy and prevention strategies to use in their work with clients, specifically with children and families.

4:00 p.m. – 5:00 p.m. ■
Couples & Family Counseling Academy
Program ID #288, Room 306A
Disconnected: Minding Relationships in a Digital Age
60-Minute Session
Everett Painter
The proliferation of online sites like Facebook and Twitter has led us to rethink interpersonal connection. Their reach is evident everywhere and impacts all areas of our lives. But what impact does social media attention and overuse have on the well-being of our real life relationships? While social networking has many benefits, this session will examine how its use may damage interpersonal communication and connectedness. Join in a conversation about relationship needs, how social media use may disrupt those needs, and strategies for working with effected clients. Research evidence and practical suggestions will be provided.

Sunday, March 30
7:00 a.m. – 8:00 a.m. ■
ACA Counseling in Action Demonstration Series
Addictions Academy
Program ID #301, Room 313A
Treating Video Game Addiction: Three Brief Sessions
60-Minute Session
Brian Van Brunt
This session will follow Dr. Van Brunt as he conducts three shortened sessions with a college student addicted to video games. The first session will focus on rapport building and information gathering, the second session will highlight treatment progress during the middle of therapy and the final session will demonstrate termination and follow up recommendations. Attendees will be encouraged to ask questions and explore a variety treatment issues that result from the role-play scenario. This session will center on harm reduction strategies, assessment techniques, rapport building, Transtheoretical stages of change and motivational interviewing techniques.

7:00 a.m. – 8:00 a.m. ■
ACEG Session
Military Counseling Academy
Program ID #302, Room 313C
Suicide in the U.S. Military Services: How Professional Counselors Can Help
60-Minute Session
David L. Fenell
The Department of Defense has instituted programs to identify the causes of the recent increase in military suicide. Theories abound, including multiple deployments, missing the adrenaline rush of combat, not being able to adapt to a peacetime environment, post-traumatic stress disorder, traumatic brain injury, depression,
drug and alcohol abuse, marital and family problems, and the inability to deal with combat injuries. This session will review the literature on causes of military suicide and describe how professional counselors are uniquely qualified by their training to establish effective relationships with military clients, overcome stigma, identify suicidal ideation, and implement interventions to prevent the suicide.

**7:00 a.m. – 8:00 a.m. ■**
Waiting List Only Status Series
Clinical Mental Health/Private Practice Academy
Program ID #303, Room 316A
No Wizard Behind This Curtain
60-Minute Session
Natosha K. Monroe
Having a waiting list-only practice is a two-sided coin. It may be tempting for some to see themselves as the All Great and Powerful Oz of Psychology. The one who appears to have it all together. One who can spout off brilliant observations, hand out snazzy worksheets, unveil “Ah ha!” moments, and dole out that miracle pill. But perhaps the real gift is a horse of another color: true empowerment. I don’t hoard my knowledge and insight but carefully and deliberately pass along touchstones to change.

**7:00 a.m. – 8:00 a.m. ■**
For Graduate Students and New Professionals Only Series
Program ID #304, Room 316C
Everything Graduate Students and New Professionals Need To Know About the DSM-5
60-Minute Session
Shannon Karl
This session covers all the “need to know” information for newly minted counselors (and those about to be) to understand and utilize the DSM-5. The presenter was a member of the ACA DSM-5 Task Force and has conducted many presentations on this topic. She will provide you with the necessary tools to successfully implement the DSM-5 across all types of professional settings. Make sure not to miss this practical, informative, and interactive presentation geared toward graduate students and new professionals.

**7:00 a.m. – 8:00 a.m. ■**
Traumatology Academy
Program ID #305, Room 314
Disaster Play: Drama and Talk Therapy
Meet Hurricane Sandy
60-Minute Session
Deanna Richards
Join a drama therapist and mental health counselor in deconstructing the data collected during their work in Project Hope, FEMA’s crisis counseling program to assist Hurricane Sandy survivors in New York City.

**7:00 a.m. – 8:00 a.m. ■**
Human Development Across the Lifespan Academy
Program ID #306, Room 313B
The Use of Personal Narratives in Gerontological Counseling:
A Narrative Therapy Approach
60-Minute Session
Don Redmond, Tara Overzat
Narrative Therapy, a postmodern approach to counseling, maintains a focus on subjective truth and whereby the counselor facilitates the “re-authoring” of stories by the client. This session will focus on narrative techniques that are particularly useful when working with elder and disabled populations in that mainstream society often promotes values and images
that can discourage populations that are not part of the youth and/or mainstream society. By utilizing personal narratives, counselors can provide a framework and environment that counteracts a client’s subjective disempowering story to uncover one that is about positive traits such as perseverance. This session will provide multimedia examples of techniques and case examples.

7:00 a.m. – 8:00 a.m. ■
*Presidential Featured Session*
Multicultural and International Counseling Academy
Program ID #307, Room 316B
The Internationalization of Professional Counseling: Some Suggestions for Counselors
60-Minute Session, Advanced
Daya Singh Sandhu, Carol L. Bobby, Sachin Jain
The major focus of this session is to create professional consciousness about the global issues that impact the field of counseling. The problems related to migration, poverty, wars, violence, and rapid technological changes are posing some new and very serious issues for professional counselors. The newly emerging economic, political, educational, social, and cultural realities also demand mental health professionals to promote social justice and advocacy initiatives world wide. This session will discuss several different strategies to facilitate the internationalization of counseling to make it responsive to the changing world.

Parents’ Perceptions of Adolescent Substance Use Compared to Reported Adolescent Substance Use: Prevention Implications
60-Minute Session
Simone Lambert
Do parents know what and when kids are using? Find out how savvy parents are regarding adolescent substance use. Prevention strategies (e.g., parent education) and clinical approaches (e.g., family counseling) will be discussed for both school and clinical mental health counselors to prevent adolescent substance abuse.

7:00 a.m. – 8:00 a.m. ■
Program ID #309, Room 318A-B
Perspectives of Elementary-Aged Students on a STEM-Based Program: A Qualitative Study
60-Minute Session
Robert L. Smith, Erika L. Schmit, Wannigar Ratanavivan, Adriana Dyurich
This session discusses perspectives of young children related to STEM subject areas, specifically math and science. A qualitative study was conducted to gain a better understanding of young children’s interest, knowledge, achievement thinking, and achievement behaviors in math and science. The session utilizes Xtranormal, cartoon videos demonstrating conversations about math and science between two characters. This session is beneficial for professional counselors, counselor educators, and teachers working directly with young children.

7:00 a.m. – 8:00 a.m. ■
AMCD Session
Program ID #310, Room 323B
Building Counseling Awareness and Connections in Your Community
60-Minute Session
Tiphanie Gonzalez, Angela Coker, Sharon S. Bowles, Krystle Dorsey
Come chat with the regional chairs for the Association for Multicultural Counseling and Development (AMCD) who are hosting an open forum to discuss how AMCD can be a more active part of your counseling community. Come express your thoughts and ideas as we create programming to build counseling awareness and connections.

7:00 a.m. – 8:00 a.m. ■
CSI Session
Counselor Education & Supervision Academy
Program ID #311, Room 324
Transformative Leadership in Counselor Education
60-Minute Session, Advanced
Cheryl C. Holcomb-McCoy
In today’s diverse and ever-changing communities, counseling leaders need to take an engaged, activist, and courageous approach to help build optimistic futures for all clients, students, parents, and other community members. This session presents an alternative approach to leadership for deep and equitable change. Using vignettes, stories, research, and drawing on scholarship from a range of disciplines, the presenter will explore the concept of transformative leadership and its potential to create learning and living environments that are just and inclusive. This session will appeal to all aspiring and practicing leaders in the counseling profession.

7:00 a.m. – 8:00 a.m. ■
Counselor Education & Supervision Academy
Program ID #312, Room 302A-B
Supervision in a Diverse World:
Training for Supervisors in a Skills-Based and Personal Growth Model
60-Minute Session, Advanced
Susan Lahey, Donald Harvey
It has long been recognized that a counselor brings more to the therapeutic experience than merely training and skills. He also brings “the self,” which includes many unique personal qualities. Some of what a therapist brings is helpful. But far too often, there are characteristics that do not further the therapeutic process and might even impede it. Therefore, it is imperative that a supervisor training program for supervisors in training utilize a model that embraces both counselor skills and personal growth.

7:00 a.m. – 8:00 a.m. ■
School Counseling Academy
Program ID #313, Room 323A
CSCORE’s Annual Review of Research: Identifying Best Practices for Counseling in Schools
60-Minute Session, Advanced
Karen M. Harrington
The Fredrickson Center for School Counseling Outcome Research and Evaluation provides an in-depth review of cutting-edge outcome research that practicing counselors can use right now to improve their work in schools. This session is designed to meet the needs of school counselors committed to using evidence-based approaches to enhancing the personal/social, career development, and academic achievement needs of their students.

7:00 a.m. – 8:00 a.m. ■
Program ID #314, Room 323C
Counseling Emerging Adult Clients: The Role of Attachment Relationships in Promoting Well-Being and Positive Development
SUNDAY

60-Minute Session
Joel A. Lane, Christina M. Schnyders
This session will explore the implications regarding the theory of emerging adulthood, the developmental stage experienced by individuals between the ages of 18 and 29, for counseling practice. The presenters will highlight the growing body of research suggesting that attachment relationships significantly impact well-being and developmental trajectories during emerging adulthood. Findings will be presented from multiple research studies conducted by the presenters. Implications discussed will include best practices for counselors working in high school, college, and mental health settings. The presenters will use an interactive presentation format, focusing on case examples and facilitating audience member discussion of key points.

7:00 a.m. – 8:00 a.m. ■
Clinical Mental Health/Private Practice Academy
Program ID #315, Room 325A-B
Treating the Psycho-Social Needs of Cancer Patients: Trends and Opportunities for Mental Health Counselors
60-Minute Session, Advanced
Mary Jones, Judy Green
The detection, diagnosis, and treatment of cancer cause significant distress not only among cancer patients themselves, but also among their caretakers, family members, and friends. Those involved often express issues of depression, anxiety, physical symptoms such as sleep disorders, emotional reactions to treatment, and, for many, financial worries. Even when cancer treatment is successful, many patients and their significant others live in fear of its recurrence. This session will review the pertinent history of psycho-social treatment and examine new guidelines of best practices in treating these cases. Intervention strategies will be discussed.

7:00 a.m. – 8:00 a.m.
Creativity in Counseling Academy
Program ID #316, Room 308A-B
Within Our Reach: Using Objects, Props, and Things in Counseling Work with Diverse Clients
60-Minute Session
Joel G. Givens
This session provides practical techniques for incorporating objects, props, and things in counseling sessions. Theoretical and research foundations for the use of objects in counseling are reviewed. This session also offers an integrated model for the use of objects in professional counseling. Possible props and objects are suggested, techniques are proposed, and case examples are discussed to apply interventions with clients in individual, school, family, and group settings. Implications for work with children, adolescents, adults with disabilities, and older adults are addressed. Professional counselors interested in creative and innovative approaches for work with diverse clients will find this valuable.

7:00 a.m. – 8:00 a.m.
School Counseling Academy
Program ID #317, Room 317A
Cultivating School Counselor Leadership Capacity
60-Minute Session
Anita A. Young, Laura Owen
This session highlights the results of a national school counselor leadership study. Using characteristics identified from the survey, school counselor leadership behaviors and practices are
shared that promote positive systemic student outcomes for all students and support college readiness. A cohort model to cultivate and increase school counselor leadership capacity will be presented.

**7:00 a.m. – 8:00 a.m.**

*Counselor Education & Supervision Academy*  
Multicultural and International Counseling Academy  
Program ID #318, Room 317B  
**Peace-Keeping Circles: Students’ Perspective on Its Value as a Training Method for Counselors Working with Trauma Clients**  
60-Minute Session  
*Mun Yuk Chin, Sharday L. Love, Constance Sheehan*  
This session offers a unique approach to the supervision and training of counselors working with multicultural issues and diverse populations. The student members of Northwestern University’s Mental Health Human Rights Clinic worked with immigrants, refugees, and asylum seekers who have experienced trauma. Peace-keeping circles were used to foster a sense of connectedness among students, facilitate a non-judgmental stance, and enable them to better examine their assumptions and biases. This session will highlight the students’ perspective on the use of circles as part of their personal development and training experience.

**7:00 a.m. – 8:00 a.m.**

*LGBTQ Academy*  
Research Academy  
Program ID #320, Room 305A-B  
**Believing It Gets Better: The Impact of a Group Counseling Intervention on LGBTQ Adolescents’ Hope, Coping, and Suicidality**  
60-Minute Session  
*Catherine Griffith, Eric Price*  
The needs of lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth carry important implications for counselors. There is no lack of research substantiating the need for increased support for this population, but the offerings are astounding sparse when it comes to what counselors can do about it. This session highlights the outcomes of an eight-week group counseling intervention designed to impact LGBTQ adolescents’ levels of hope, coping skills, and suicidality. The urgency and rationale for this and similar interventions will be reviewed along with the results of the study. You will receive a copy of the intervention curriculum, and implications for counselor training and practice will be discussed.
7:00 a.m. – 8:00 a.m. ■
Counseling Ethics & Legal Issues Academy
Multicultural and International Counseling Academy
Program ID #321, Room 306A
Tarasoff: 40 Years Later, Ethical Dilemmas of Diversity
60-Minute Session, Advanced
Barbara B. Shortridge
This session will discuss cultural implications in evaluating threats of harm; look at family systems implications that might assist counselors interrupt threatening scenarios; increase one’s awareness of stalking behaviors; and review current trends in our duties to warn and to protect.

8:30 a.m. – 9:00 a.m. ■
ACA Client-Focused Research Series Couples & Family Counseling Academy
Program ID #323, Room 305A-B
The Influence of Relationship Education and Parenting Education on Relationship Satisfaction
30-Minute Session
Jenene Case Pease, Andrew P. Daire
The focus of this session is the influence of relationship and parenting education on couple relationship satisfaction with a primarily low-to-moderate-income Hispanic population. The information presented is applicable to practitioners working with couples transitioning into parenthood. Implications for future research will be discussed.

8:30 a.m. – 9:00 a.m. ■
ACA Client-Focused Research Series Research Academy
Couples & Family Counseling Academy
Program ID #324, Room 306A
Have You Texted Your Family Today? A Research Project Exploring the Impact of Technology on Families
30-Minute Session
Susan N. Perkins, Kylee Ball
Looking around, it is easy to see that we are not in “Kansas” anymore. What if Dorothy could have stayed in Oz and Skyped with Auntie Em? How would that have changed their family experiences? This session reports a research project designed to explore the impact of technology on today’s families. The presenters will report the methodology of the study and focus on findings. Families discussed the technology keeping them connected and pulling them apart, and they talked insightfully about their experiences. Recommendations for counselors to use with adolescents, parents, and families when working in schools or private-practice settings will be provided. Be prepared for an interactive, technology-filled presentation.

8:30 a.m. – 10:00 a.m. ■
Clinical Mental Health/Private Practice Academy
Program ID #325, Room 313C
DSM-5: All You Need To Know
90-Minute Session
Paul R. Peluso
The former chair of the ACA DSM-5 Task Force will provide information related to the Diagnostic and Statistical Manual, Fifth Edition (DSM-5) that is useful to practitioners, students, and educators. This session will provide information on how to report specific disorders based on clinical presentation, as well as how to use specifiers to tailor and focus diagnoses and treatment. Case studies will be used to illustrate some of the different diagnoses and reporting requirements.
8:30 a.m. – 10:00 a.m. ■  
Child & Adolescent Counseling Academy  
Program ID #326, Room 316A  
A Qualitative Study of Child Sexual Abuse and Trauma-Focused CBT with African-American Children  
90-Minute Session  
Denise Rosario  
This session relates to a qualitative case study consisting of six African-American children and their respective African-American female parents. The study was conducted to explore the phenomena surrounding the experiences of African-American children, ages 7 to 11, and their parents when the children are sexually abused and seek Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) to address sexual abuse-related post-traumatic stress (PTS). The information related to these topics will help guide care providers in developing appropriate interventions when using TF-CBT to minimize the short- and long-term effects of PTS, maximize treatment outcomes for African-American children, and help support the parents of the victimized children.

8:30 a.m. – 10:00 a.m. ▲■  
Wellness Academy  
Clinical Mental Health/Private Practice Academy  
Program ID #327, Room 316C  
Counseling and Neuroscience: Research Evidence Supporting the Use of Neuroscience in Counseling  
90-Minute Session, Advanced  
Michael Dandrea, Judy A. Daniels  
Neuroscience is one of the most exciting and relevant fields of study for counselors interested in incorporating a more holistic and integrated approach in their professional practices. This session describes the findings of numerous neuroscience researchers that are relevant for the work counselors do in the field. We will begin by presenting a clear definition of neuroscience and proceed to discuss research findings that illuminate the relevance of neuroscience and brain functioning for the work counselors do. A live role-play will be used to demonstrate how these research findings can be used in a counseling session. Time will be available for comments and questions, and handouts will be provided.

8:30 a.m. – 10:00 a.m. ▲  
Child & Adolescent Counseling Academy  
Multicultural and International Counseling Academy  
Program ID #328, Room 314  
Helping African-American Students Attending Private Schools Develop a Blueprint for Securing Social and Cultural Capital  
90-Minute Session, Advanced  
Norma Day-Vines, Rachel Noble Benner, Elaine Song  
A small but growing number of urban African-American students matriculate at elite private schools because these schools provide a rigorous education that enhances prospects for future success. Yet attendance at an exclusive school can be fraught with numerous social and emotional challenges. This multimedia session will describe the findings of a qualitative study that examined the perceptions of rising high school students from an urban school district preparing to attend independent high schools. Implications for developing counseling interventions that promote social and cultural capital will be discussed. A secondary focus will address strategies for incorporating master’s level students on faculty research teams.
8:30 a.m. – 10:00 a.m. ▪
Group Work Academy
Program ID #329, Room 313B
Using the Forgiveness Reconciliation Inventory in Group Work and Clinical Practice
90-Minute Session, Advanced
Richard S. Balkin, Nephaterria Harris
The Forgiveness and Reconciliation Inventory (FRI) is a validated assessment instrument that facilitates the counseling process to identify areas concerning forgiveness and reconciliation. Explore the usage of the FRI and demonstrate the administration of the instrument through group work. Experience a hands-on approach to scoring the instrument as well as interpreting and reporting the results. The session includes an experiential group counseling component and some brief lecture components related to the psychometric properties of the instrument. You will receive the FRI to take, score, and interpret.

8:30 a.m. – 10:00 a.m. ▪
Clinical Mental Health/Private Practice Academy
Addictions Academy
Program ID #330, Room 316B
Women Married to Sex Addicts: Help for a Severely Traumatized and Underserved Treatment Population
90-Minute Session, Advanced
Barbara Steffens, Richard Blankenship
“What did she do that led him to repeatedly cheat on her?” “She must have known!” are common statements heard in response to the wife or partner of someone we’ve come to understand as sexually addicted. This partner is commonly blamed, ridiculed, or even ignored following the sudden discovery of a hidden sexual life of the person she loves. She commonly experiences abuse in her home. This session will highlight the specific and complex treatment needs of partners, discuss a multidimensional trauma model approach for treatment, and provide treatment strategies proven to help in trauma resolution.

8:30 a.m. – 10:00 a.m. ▪
LGBTQ Academy
Spirituality & Religious Values Academy
Program ID #331, Room 319A-B
Gay and Religious: Understanding LGBQ Identity Development in the Presence of Religious Beliefs or Spirituality
90-Minute Session, Advanced
Misty M. Ginicola, Cheri Smith
This session addresses the complex intersection between sexual orientation and religion/spirituality in counseling. The presenters will discuss the history and ethics of sexual orientation and religion in counseling. Learn about existing sexual orientation identity models, as well as the religious identity models. The main goal of this session is to present a new LGBQ identity model for those individuals who are also religious/spiritual based upon the authors’ original qualitative research. The session also will highlight the utility and application of the model for counselor assessment and intervention. A group case study activity will be used to understand how this model applies to clients in counseling.

8:30 a.m. – 10:00 a.m. ▪
ARCA Session
Program ID #332, Room 318A-B
Clinical Rehabilitation Counseling and Criteria for Conversion of Interested Graduate-Level Counseling Programs
90-Minute Session
The Council on Rehabilitation Education (CORE) and the Council on Counseling and Related Educational Programs (CACREP) entered into a historic affiliation agreement in fall 2013. As part of this agreement, a new set of clinical rehabilitation counseling standards has been released, and graduate-level counseling programs interested in becoming accredited with these new standards will begin submitting applications in spring 2014 for review by both CORE and CACREP. You will develop a knowledge of the standards, criteria for converting an existing program with these standards, and the timeline for implementation.

8:30 a.m. – 10:00 a.m. ■ Traumatology Academy
Clinical Mental Health/Private Practice Academy
Program ID #333, Room 323B
The Neuroscience of Traumatic Stress: Why Talk Therapy Is Insufficient
90-Minute Session
Carol M. Smith, Julie Uhernik
This session explains basic physiology of the triune brain, the fight/flight/freeze response, and other neurophysiological effects of acute trauma and chronic stress. Learn about the “second brain” in the gut, the cascading effects of cortisol and stress hormones, how the thinking brain “shuts down” during trauma, and how counselors can transcend talk therapy with clients who struggle to talk through or about their experiences. We describe a range of accessible, creative, experiential interventions to process and disarm distressing memories and emotions. The session explains how these approaches facilitate resilience, and overall well-being for clients, and for counselor inoculation against vicarious trauma.

8:30 a.m. – 10:00 a.m. ■ Military Counseling Academy
Program ID #334, Room 324
Culture Shock: From Combat to College, College Counseling with Veterans
90-Minute Session
Kathleen T. Heinlen
As veterans return from service in the military, many are choosing to attend college. This session will provide a comprehensive review of the military culture and identify areas where college counselors and academic support personnel can provide opportunities for students to successfully transition into the college culture and returning to civilian life. A review of the most common mental health issues will be provided along with efficacy-based treatment strategies, including specific techniques for overcoming barriers to seeking assistance, developing a therapeutic alliance, and assisting with issues of post-traumatic stress disorder, traumatic brain injury, and military sexual trauma. A variety of resources will be provided.

8:30 a.m. – 10:00 a.m. ■ Career Development/Employment Counseling Academy
Program ID #335, Room 302A-B
Career Counseling: Is It Really Counseling?
90-Minute Session
Tracy Lara, Kevin Glavin, Cynthia Marco-Scanlon, Mark-Rehfuss, Varunee Faii Sangganjanavanich
What are attitudes among counseling professionals regarding career counseling? Join us as we discuss the need to recognize career concerns as mental health concerns in light of research regarding counseling professionals’
attitudes regarding career counseling. Learn strategies and techniques to assist individuals presenting with a variety of career concerns. The presenters will discuss how to adapt and employ these strategies and techniques for use in career counseling education, practice, and research.

8:30 a.m. – 10:00 a.m. ■
*Human Development Across the Lifespan Academy*
*Creativity in Counseling Academy*
Program ID #336, *Room 323A*

**MARI (Mandala Assessment Research Instrument): Providing Balance to Your Evidence-Based Practice**
90-Minute Session
*Michele Lee Takei*
Mental health professionals often look for right-brained approaches to balance their practices and provide information that may not be available with evidence-based tools alone. MARI is a whole-brained, Jungian assessment tool that provides information that is both left and right brained and accesses all four functions of consciousness. Students will create a mandala and experience a mini-version of MARI. Billable as a therapeutic intervention, MARI helps access the “root” issues of the client. It is a personal growth and wellness tool that also supports evidence-based diagnostics. It reveals strengths as well as issues, is non-threatening, and most importantly, addresses the areas associated with the deepest meaning and spirituality.

8:30 a.m. – 10:00 a.m.
*Multicultural and International Counseling Academy*
*Creativity in Counseling Academy*
Program ID #337, *Room 323C*

**Healing Traditions of Folk-Healing Practices: Synchronicity of Body, Mind, and Spirit**
90-Minute Session, Advanced
*Maria del Carmen Rodriguez, Maria Egoavil, Siegna Willis*
This session will discuss how the folk-healing practices of shamanism and “espiritismo,” which are popularly used by Latino clients, may be different and complementary to the concepts and services provided by modern counselors. A key principle to be highlighted is the integration of the mind-body-spirit in these ancient therapies. A special attention will be given to three therapeutic tools: myths/storytelling, mental clarification, and body grounding. As American society becomes more culturally and ethnically diverse, counselors who are proficient about indigenous healing systems may effectively connect with Latino/na and other ethnic-cultural communities as professionals who appreciate a meaningful assistance care approach.

8:30 a.m. – 10:00 a.m.
*School Counseling Academy*
Program ID #338, *Room 325A-B*

**Incorporating Social Justice Initiatives into the ASCA Model: A Role of the School Counselor**
90-Minute Session
*Helena Rindone, Lisa Wines*
The ASCA Model (2005) clearly outlines the role of advocacy in the role of the school counselor. This session will provide exposure to the need for the ASCA Model to incorporate social justice into the framework of required functioning for school counselors. There is a need to steer away from social justice advocacy as an objective initiative and have it be an imperative in the regular functioning of a school counselor’s job. You will be provided
with a model of how to integrate the social justice advocacy standards into their daily counseling practices, and will take away a working knowledge of how to implement the best practices for social justice advocacy in schools.

8:30 a.m. – 10:00 a.m. ■
Clinical Mental Health/Private Practice Academy
Counselor Education & Supervision Academy
Program ID #339, Room 308A-B
Preventing Suicide: Answering the Surgeon General’s Call Through Competency-Based Counseling, Supervision, and Education
90-Minute Session
Jenny Cureton, Elysia Clemens
This session is grounded in the goals of the 2012 National Strategy for Suicide Prevention and informed by the Clinical Skills Core Competencies Curriculum Task Force, from the Suicide Prevention Resource Center and the American Association of Suicidology. Learn about the seven domains of 24 core competencies for suicide work, and gauge their competency levels using interactive polling technology. The results of two research studies on competency development will be presented. Strategies for improving counselor competence in suicide work will be shared. This session is applicable to counselors and supervisors who work in schools, clinical mental health settings, and counselor preparation programs.

8:30 a.m. – 10:00 a.m. ■
College students dealing with loss and grief could represent up to 50 percent of a student population, often grieving in silence. Developmental status, personal characteristics and campus environment all impact the grief response. Often geographically distanced from family, many students suffer needlessly alone. The presenters will provide a brief review of current literature and models of loss adaptation with special attention paid to normal and complicated grief responses by college students. Leave with strategies for working with college students and their families who are dealing with death and non-death losses.

8:30 a.m. – 10:00 a.m. ■
AARC Session
Program ID #341, Room 317B
Program Evaluation: Show Off What You’re Doing, Identify What You Want To Start Doing
90-Minute Session
Michelle Perepiczka
This session will provide a rationale for program evaluation across counseling settings and a brief primer to help decide what paradigms may best fit one’s interests. Steps for identifying outcomes of interest, reviewing assessment protocols, developing an evaluation strategy, and appraising your results will be discussed.

8:30 a.m. – 10:00 a.m. ■
Counseling Ethics & Legal Issues Academy
Program ID #342, Room 306B
Counseling Practice and Technology According to HIPAA: An Update for 2014
90-Minute Session
Roy Huggins
How do you keep up with a field like...
tech when the best practices change more frequently than you replace the tissues in your office? Modern counseling practice relies on communications technology more than ever. Our clients want to text, email and Skype with us; pay with credit cards; and connect on social media. We also get an array of conflicting advice for dealing with it. In this session, we’ll dispel myths and explore practical realities of how HIPAA views our responsibilities around security and privacy, and what that looks like in practice. We’ll focus on communications and storage technology (read texting, email, and videoconferencing as well as computers and mobiles.) This seminar is beginner-friendly. No geekiness required!

9:30 a.m. – 10:00 a.m. ■
ACA Client-Focused Research Series Research Academy
Program ID #344, Room 305A-B
Empirical Evidence for Child-Centered Play Therapy: Findings and Recommendations from a Meta-Analysis
30-Minute Session
Yung-Wei Lin
According to a survey of the American Counseling Association and the Association for Play Therapy membership, child-centered play therapy (CCPT) was the most frequently used approach among counselors who use play therapy and adhere to a specific theoretical approach (Lambert et al., 2005). In spite of its long history of research, CCPT has received criticisms on lack of research evidence due to the small sample sizes used in most of the empirical studies. This meta-analysis will provide rigorous research evidence for CCPT. The recommendations generated from the research findings also will be discussed. Researchers and CCPT practitioners are highly encouraged to participate.

9:30 a.m. – 10:00 a.m. ■
ACA Client-Focused Research Series Multicultural and International Counseling Academy
Program ID #345, Room 306A
Arab-American Perspectives on Counseling: Experiences from School and Community Settings in a Non-Enclave Community
30-Minute Session
Tahani Dari, Shadin Atiyeh
This research study was completed to understand the counseling needs and preferences of Arab Americans in a non-enclave community, highlighting techniques helpful to a school counselor and a community counselor working with Middle Eastern minority populations.

10:30 a.m. – 11:30 a.m. ■
Clinical Mental Health/Private Practice Academy
Program ID #346, Room 313C
A Hustler’s Approach to Building a Successful Private Practice: Things I Wish My Graduate School Would Have Taught Me
60-Minute Session
Rachelle D. Smith
If you are a therapist who wants to learn how to begin a private practice, or if you are currently in private practice and you would like to receive tactics for gaining a steady clientele that includes an active wait list, then you want to attend this session. Receive traditional and social media marketing strategies, best administrative business strategies, assistance in developing or revising a business plan, and suggestions for professional development.
10:30 a.m. – 11:30 a.m. ■
School Counseling Academy
Creativity in Counseling Academy
Program ID #347, Room 316A
Reciprocal Writing as a Creative Technique for Solution-Focused Counseling in Secondary-Level School Children
60-Minute Session
Nancy L. Davis
Using Solution-Focused Therapy as a backdrop, this session examines the process of reciprocal writing as a technique to encourage secondary-level (10–18) school-age students to find solutions to presenting problems. Often secondary-level school children focus more on the problem than the possible solutions. Using the educational technique for reciprocal reading, which is questioning, summarizing, clarifying, and predicting, reciprocal writing allows the counselor to question and guide in a structured format using writing as the tool. This format purposefully helps the student analyze, critique, and clarify, thus allowing for a concrete written document that can be used and reviewed.

10:30 a.m. – 11:30 a.m. ■
Child & Adolescent Counseling Academy
Playing with Food: The Implications of Play Therapy in Fighting Childhood Obesity
60-Minute Session
Kenisha W. Gordon, Latrina R. Raddler, Erin Wheeler
With the increase of childhood obesity, it is important for counselors to understand ways to incorporate education of healthy eating and understanding nutrition when working with children and adolescents. Understanding the prevention and treatment of mental health aspects of obesity can be beneficial for counselors working with children and adolescents. Using aspects of play therapy (primarily child-centered and filial play therapy) and systems therapy, therapists can teach clients how to make healthy decisions, as well as identify the systemic influences in their health choices.

10:30 a.m. – 11:30 a.m. ■
Clinical Mental Health/Private Practice Academy
Wellness Academy
Program ID #350, Room 313B
Why Aren’t Counsellors the Heavy Hitters in the Weight Management Industry?
60-Minute Session
Philip Richard Armstrong
helpful hints on how to present yourself in the best light. Learn what to say and what not to say. You can have an excellent resume and cover letter that might get you in the door, but it is the interview that gets you the job offer! Learn the top 20 questions asked at a counseling job interview. More importantly, learn the answers to those questions.
Two thirds of adults in the U.S. are either obese or overweight. The weight management industry in the U.S. is worth in excess of $310 billion annually. Counselling has been demonstrated to improve weight-loss outcomes yet the top three commercial providers of weight management programs in the U.S. do not address mental health issues. Why is it that counsellors on the whole do not compete in this high-demand marketplace, one to which counsellors are well suited and qualified? Is it the job of peak bodies to help create market demand for counselling services in high-demand areas such as weight management programs, and if so, how? This session will present the Australian Counselling Association’s answers to these questions.

10:30 a.m. – 11:30 a.m. ■
Waiting List Only Status Series
Clinical Mental Health/Private Practice Academy
Program ID #351, Room 316B
Keeping It Real
60-Minute Session
Janis Manalang
Why do I have a waiting list-only practice? I think it is because I have the ability to not only be present in the room, but to also be real in the room. I model and demonstrate who I am so they can get to who they are. I am able to listen and provide feedback; this helps my clients develop insight into their own world view. I provide clients with a sense of warmth, comfort, and a safe environment to let go…to allow the process of therapy to develop.

10:30 a.m. – 11:30 a.m. ■
ACAC Session
Child & Adolescent Counseling Academy
Creativity in Counseling Academy
Program ID #352, Room 319A-B
ACAC Presents: Innovative Strategies in Counseling Adolescents
60-Minute Session
Gail K. Roaten, Kathy Ybanez-Llorente
This session will provide recent research on adolescent brain development and innovative strategies that focus on meeting the needs of teen clients. Numerous innovative research and theory-based strategies will be presented. The presenters will briefly role-play or provide video of a few of the strategies. You will be given a chance to practice at least one technique during the session. PowerPoint will be used, and handouts and resources will be provided.

10:30 a.m. – 11:30 a.m. ■
ASERVIC Session
Spirituality & Religious Values Academy
Counselor Education & Supervision Academy
Program ID #353, Room 318A-B
The Transformative Process in a Transpersonal Counseling Course
60-Minute Session
Charles F. Gressard, Karena Heyward, Kendra Surmitis
The importance of including spirituality in counselor education is becoming increasingly evident. One approach to teaching spirituality is through the broader topic of transpersonal counseling. This session will focus on the personal and professional growth of students in a transpersonal counseling course. The presenters will discuss the transpersonal counseling approach of understanding the impact of beliefs and experiences that take individuals beyond the ego; and they’ll describe the transpersonal counseling course, focusing on the experiential learning in the course and its impact.
on students’ personal and professional growth. The presenters include the instructor and five doctoral students who took and co-taught the course.

10:30 a.m. – 11:30 a.m.  
Human Development Across the Lifespan Academy  
Program ID #354, Room 323B  
Integrating Neurocognitive Findings in Counseling Practice with Adolescents and Young Adults  
60-Minute Session  
Gina Frieden  
This session will focus on updates in the field of neuroscience, attachment and cognitive plasticity and acquaint participants with developmentally relevant counseling strategies for use with adolescents and young adults. Three specific interventions will be discussed with a goal of enhancing affective and social competence and developmental capacity. These areas known to relate to cognitive plasticity and executive functioning processes include achieving goals, increasing emotion regulation and decreasing experiential avoidance.

10:30 a.m. – 11:30 a.m.  
Counselor Education & Supervision Academy  
Program ID #355, Room 324  
Practicing While We Preach: Integrating a Community Counseling Clinic into a Clinical Mental Health Counseling Program  
60-Minute Session, Advanced  
Catherine Tucker  
Practicum and internship are the core training opportunities in counseling programs. Research shows that live supervision during these experiences best meets the developmental needs of students. To incorporate live supervision into counselor education programs, faculty may create a university-based clinic. This session provides a practical guide for counselor educators to build a basic counseling curriculum encompassing an in-house clinic serving the community and providing students with the best supervision possible. We will cover nuts-and-bolts details in regard to how to create, implement, and market such a clinic and how faculty members implement this successful model. Evaluation data from various stakeholders will be presented.

10:30 a.m. – 11:30 a.m.  
Multicultural and International Counseling Academy  
Program ID #356, Room 302A-B  
Engaging At-Risk Students: A Comprehensive Mentoring Program for Minority Students  
60-Minute Session, Advanced  
Maricruz Ramos, Mildred Holmes  
Intrusive advising, mentoring, and holistic counseling have proven to be very effective in engaging, supporting, and retaining at-risk students. Presenters will describe a mentoring and advising program called Projects Success, which was designed to increase the retention and graduation rate of minority students at a community college. The presentation will address evidence-based career development interventions and multicultural counseling competence programs for first-generation Latino and African-American college students.

10:30 a.m. – 11:30 a.m.  
Program ID #357, Room 323A  
Valuing Experience: Assessing Constructivist Approaches to Counselor Supervision  
60-Minute Session, Advanced
Erin M. Halligan
While many approaches to counselor supervision exist, those approaches consistent with constructivist ideologies have been gaining in popularity. The Supervisor Constructivist Supervision Scale was created in an attempt to determine which factors are associated with constructivist supervision. This scale, the first of its kind, is intended to assess the extent to which supervisors conduct supervision from a constructivist perspective. Hear a brief overview of the postmodern theories that have informed constructive approaches to counselor supervision, review the first Supervisor Constructivist Supervision Scale, and learn how this scale can be utilized in your current and future work with supervisees.

10:30 a.m. – 11:30 a.m. ■
Research Academy
Program ID #358, Room 323C
10 Steps That Counselor Educators Can Take To Promote Research About African-American Clients
60-Minute Session, Advanced
Melanie Varney, Rachel Henesy, Nadine Isaac, Kaifang Zheng, Jillian Vella
Using a systematic literature review, the researchers mapped publications in counseling journals on African-American client issues over the past 20 years. Criteria for inclusion included articles that were published during or after 1992, were peer reviewed, were conducted in the U.S., and focused exclusively on African-American client populations. A total of 1,021 articles, both conceptual and empirical, were identified. Reported are preliminary presentations of trends over the past two decades. Of significance, few arti-

cles were published in ACA journals. Based upon the preliminary findings, the researchers recommend 10 steps that counselor educators can take to promote research on African-American client issues.

10:30 a.m. – 11:30 a.m. ■
Multicultural and International Counseling Academy
Program ID #359, Room 325A-B
Reflective Conversations on Multicultural Competence Through Cultural Immersion and Service Learning Involvement
60-Minute Session
Rose Helen Merrell-James, Marcy J. Douglass
The session provides research findings on issues of multicultural competency including a focus on global competency and social justice of graduate students following a cultural immersion experience. Data collected for the research includes the use of reflective journal entries, focus group discussions, and results from pre-and-post multicultural assessments. The research provides pre-service counselors with an opportunity for active learning by applying multicultural theory to practice along with challenging issues of social justice in the counseling field. The session also extends the research on multicultural competency and service-learning to enhance the practice of faculty, researchers, and counselors in the field.
Join this didactic and experiential session to explore how Buddhist doctrine and practice can complement practitioners’ awareness of their own values and expectations as they work with clients whose beliefs and values potentially collide. Learn how a clinical and supervisory impasse is reduced, the risk of imposing one belief system upon another is lessened, and the ethical mandates of the therapeutic relationship are upheld. Together we will deepen and extend current, professional discourse on how counselors may embrace diversity by integrating Buddhist contemplative practice into their counseling and supervision. Learning new ways to “welcome” the most difficult moments in our clinical work is our primary goal.

10:30 a.m. – 11:30 a.m.

**Traumatology Academy**

**Wellness Academy**

Program ID #361, **Room 317A**

**Counseling Adventure Sports Participants: More than “Adrenaline Junkies”**

60-Minute Session

*Colin C. Ward, Erin Wenzel*

Counseling adventure sports participants (e.g., mountaineering, skydiving, white-water rafting, cave diving, and other potentially dangerous activities) presents unique challenges unaddressed in the field of mental health counseling. Adventure sports can also be dangerous, and when an accident or traumatic event occurs, the emphasis on planning and competence can impede the natural healing process associated with traumatic memories. Counselors are being called upon to assist adventure sports participants handle stress, trauma, grief, and decision-making. Since adventure sports are growing in popularity (Palmer, 2002), increased knowledge of this unique population is essential for counseling professionals.

10:30 a.m. – 11:30 a.m.

**School Counseling Academy**

**Counselor Education & Supervision Academy**

Program ID #362, **Room 317B**

**The Development of School Counselor Trainees’ Leadership Role in a Comprehensive, Developmental School Counseling Program**

60-Minute Session

*Jeannine R. Studer, Kitty Pruett, Tracy Cagle*

The presenters will share how school counselor trainees learn about the ASCA National Model through collaboration with area schools. When students are able to authentically learn about a comprehensive, developmental school counseling (CDSC) program under supervision, they have a more comprehensive understanding of their leadership role as school counselors. Through a partnership between the training program and local K-12 schools, school counseling students learn essential program tasks while developing a CDSC program for a local school, practitioners are able to continue building the program from this foundation, and administrators have a better understanding of the school counselor’s role.

10:30 a.m. – 11:30 a.m.

**Addictions Academy**

**Clinical Mental Health/Private Practice Academy**

Program ID #363, **Room 306B**

**The State of Process Addictions in Counseling: A Panel Discussion**

60-Minute Session

*Leigh F. Holman, Judy Nelson, Mary K. Crozier, Stephanie Carroll,*
**Pennie Johnson**

This session presents a panel discussion of mixed-methods research conducted by the IAAOC Process Addictions Committee on the current levels of reported self-efficacy for screening, diagnosing, and treating process addictions among professional counselors, counseling students, and counselor educators surveyed. You will have an opportunity to ask questions and discuss your own concerns regarding training and resource deficits in this area of practice. Ethical issues of competency and client welfare, as well as diversity issues will be addressed. Gain access to resources developed by committee members for further education and training as well as screening and referral resources for process addictions.

**We want to know what you think!**

Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
Friday, March 28

11:30 a.m. – 12:00 p.m.
Program ID #401, Poster Area 1
**Facebooking, Tweeting, and Poking … Oh, My!: The “How-To” and “What-Not” of Social Media for Counselor Educators and Supervisors**
Robin DuFresne
With an overwhelming amount of people using social media, it is imperative that counselor educators and supervisors be knowledgeable of social media’s effects on the counseling profession. Acquire the appropriate tools to avoid ethical pitfalls of social media for real-world application in professional, educational, and supervisory arenas.

11:30 a.m. – 12:00 p.m.
**AMCD Session**
Program ID #403, Poster Area 3
**Sex-Role Egalitarian Attitudes of African Americans: Implications for Mental Health Counseling Needs**
Kimberly Frazier
A mixed-methods study was conducted to explore the gender role experiences of African Americans. Results revealed an apprehension to display vulnerability and to adhere to gender role familial and societal messages that encompass iconic strength, the ability to overcome obstacles, and meeting traditional gender role standards. The purpose of this poster will be to provide in-depth information regarding the multidimensional exploration of African-American gender role experiences that revealed the intersectionality of gender and psychological health.

11:30 a.m. – 12:00 p.m.
Program ID #404, Poster Area 4
**Increasing Student Wellness: College Counseling Interventions for Student Affairs Professionals**
Matthew J. Paylo, Paula J. Britton, Denise D. Ben-Porath, Victoria Kress
The use of basic counseling interventions can be helpful in supporting the development of college students. Learn college counseling interventions that can be utilized in a variety of student service areas. The presenters will discuss the applicability of these skills, scope of practice, and ethical considerations. You will be provided with a model of wellness (Myers & Sweeney, 2004) that can be easily incorporated with these counseling skills to support the development of academic, career, and personal/social aspects of all students.

11:30 a.m. – 12:00 p.m.
Program ID #405, Poster Area 5
**Playing the Race Card: An Exploration of Facilitative and Detrimental Dialogical Practices in Conversations About Diversity**
Stella B. Kerl-McClain
What is meant by “playing the race card” and what purpose does it serve? What is the goal and purpose of conversations and dialogues about race, and does this vary depending on the participant and context? The power of language, awareness of goals, and knowledge of facilitative and detrimental dialogical processes related to conversations about race and difference will be explored in this poster.

11:30 a.m. – 12:00 p.m.
Program ID #406, Poster Area 6
**The Power of Words in the Parental Experience of the ASD Diagnosis in Children: Using Words Wisely To Help and Heal**
Monica J. Phelps
Delivering diagnostic news to parents that their child has ASD is difficult for both the professionals and the receiving family members. This study gives the clinician an insiders view on the experience as parents
share what was most and least helpful from professionals by way of their comments. In analyzing the information shared, comparisons to trauma and grief experiences are made to gain another level of understanding for developing interventions relative to counseling family members. Walk away with a list of practical suggestions for delivering diagnostic information and intervening to help families heal and cope.

11:30 a.m. – 12:00 p.m.
IAMFC Session
Program ID #407, Poster Area 7
Client Will: A Family Issue
Loretta Bradley, Elizabeth Deming
In an era in which legal and ethical issues frequently arise, this poster will focus on the importance of the client having a will that directs the counselor of who has access to the client’s records upon his or her death.

11:30 a.m. – 12:00 p.m.
ACEG Session
Program ID #408, Poster Area 8
Military 101: Civilian Providers and Military Families
Monica G. Darcy
After a decade of war, the counseling needs of military service members and their families are extensive. Counselors can prepare themselves with familiarity of unique characteristics of the military to address mental health, family, and career challenges. Explore materials to enhance the cultural awareness of the military.

11:30 a.m. – 12:00 p.m.
Program ID #409, Poster Area 9
Ethnic Identity Development and Ability To Recognize Racial Microaggressions
Malik Raheem
In the quantitative study, the relationship between racial/ethnic identity and awareness of racial microaggressions with counselor educators was studied. Supervisors are responsible to assist counselors or counselors-in-training to be competent in providing therapeutic services to clients and to ensure that their supervisees are multiculturally competent counselors. The relationship of supervisors’ racial/ethnic identity development status and supervisors’ competence and comfort to address multiculturally competent issues in supervision, as well as their ability to recognize racial/ethnic microaggressions within the supervision session, was measured.

11:30 a.m. – 12:00 p.m.
Program ID #410, Poster Area 10
Resiliency, Disability, and Coping: The Development of a Resiliency Intervention
Susan Stuntzner, Michael T. Hartley
Resiliency is a topic that has generated increased interest among counseling and psychology professionals in recent years. Resiliency is presently considered something that people need to deal with and overcome challenging life events. Living with a disability is a situation that often exposes the person to many challenging and unpleasant obstacles, barriers, and social stigmas that go beyond the disability. Due to the plethora of negative messages and situations encountered, many persons with disabilities may find it helpful to increase their resiliency-based skills. The resiliency intervention presented at this session was developed to help meet this need.
11:30 a.m. – 12:00 p.m.
Program ID #411, Poster Area 11
Implementing School-Based Mental Health Services To Improve School Climate and Prevent Violence in At-Risk Youth
Kevin Curtin
Given cuts in state mental health programs as well as the demand for increased mental health services in schools, there is a tremendous need to create programs and practices that address school safety and preventative mental health services. This poster examines school climate and provides an overview of an innovative school-based mental health program for at-risk youth that supports the findings of positive school climate and includes school-wide positive behavioral supports within a therapeutic community.

11:30 a.m. – 12:00 p.m.
Program ID #412, Poster Area 12
Academic Resilience in African-American and Latino Adolescents: A Study of Emotional Intelligence, Discrimination, and GPA
Nick Abel
The goal of academic resilience research is to identify factors that contribute to academic success among groups of students generally thought to be at risk, including African-American and Latino adolescents. This poster will provide an overview of literature related to academic resilience, as well as the results of a recent study that investigated the relationships between academic achievement (high school GPA), perceptions of discrimination, emotional intelligence, and gender in a sample (n = 79) of African-American and Latino high school students in the upper Midwest. The presenters will discuss implications for counselors (including strategies for reducing discrimination in schools) and recommendations for future research.

11:30 a.m. – 12:00 p.m.
Program ID #413, Poster Area 13
Utilizing Native American Spiritual Concepts in Adolescent Counseling
Imre Emeric Csaszar, Jennifer Curry, Christopher T. Belser
This poster highlights Native American spiritual concepts (i.e., Medicine Wheel, story telling, Medicine Bag) that may be useful for assisting adolescent clients in developing holistic wellness, coping mechanisms, problem solving, personal balance, and emotional self-regulation. The use of these techniques has historical significance with Native cultures but also has been used extensively in outdoor and adventure therapies. Research on the efficacy of these techniques, criteria for using Native spiritual concepts in counseling, and descriptions of techniques will be provided.

11:30 a.m. – 12:00 p.m.
Program ID #414, Poster Area 14
Theory and Efficacy of Wilderness Therapy: Mechanisms of Change and Long-Term Outcomes
Sean Roberts, Steven DeMille
Wilderness therapy is a relatively new and increasingly popular treatment approach for emotionally and behaviorally troubled adolescents and young adults. There is a limited, though growing evidence base for wilderness therapy, and the current data suggest promising results. This poster will review wilderness therapy theory and methods and extrapolate findings from a large outcome study at four wilderness programs. We will examine short-and long-term outcomes by
diagnoses and demographic variables such as gender, parents’ marital status, adoption, age, and ethnicity. We will explore the mechanisms of change, for whom this approach works best, and how clients transition out of intensive residential treatment.

**11:30 a.m.–12:00 p.m.**

*CSI Session*

Program ID #415, **Poster Area 15**

**Enhancing Counselor Leadership and Professional Advocacy Through Mentoring Programs**

*Samantha Booker, Melissa McConaha, Serey Bright, Samantha Booker, Melanie Iarussi*

Mentoring benefits students in many ways including professional development, psychosocial support, and networking. In this poster, we present a mentorship program that connects master’s and doctoral students with professionals who hold positions similar to those to which the students aspire. By meeting the mentorship needs of students and by providing counseling professionals with opportunities to strengthen their leadership skills through mentoring, mentoring programs foster the development of counseling practitioners and educators and help to strengthen the profession.

**12:30 p.m.–1:00 p.m.**

*Program ID #417, Poster Area 1*

**Development of the Research Competencies Scale: A Measure of Students’ and Counselor Educators’ Research Competencies**

*Jacqueline M. Swank, Glenn W. Lambie*

Competent researchers are needed in counselor education to produce sound research, supporting empirically based counseling services for practitioners. This poster introduces the Research Competencies Scale, an assessment designed for measuring doctoral students’ and counselor educators’ levels of research competencies (research inquiry/literature reviews, research methodology/processes, research ethics, and dissemination of research/scholarly writing).

**12:30 p.m.–1:00 p.m.**

*Program ID #419, Poster Area 3*

**Concussion Hurts: Clinical Implications When Counseling Adolescents and Their Family During Recovery**

*Eileen Haase*

Concussed adolescents face more challenges during managing their recovery than one anticipates. Concussions bring an increased susceptibility to depression and anxiety that is problematic if not detected early through empirically based assessments.
Friday

that have direct implications on length of recovery. Counselors are essential in the recovery process to provide knowledge and clinical tools to the client system. This poster will shed light on this “invisible injury” to better serve clients and their families who are managing post-concussive symptoms in a more comprehensive treatment approach through professional experience and current research on a pediatric clinical population.

12:30 p.m. – 1:00 p.m.
Program ID #420, Poster Area 4
The Relationship Between Wellness and Burnout Among Counselors-in-Training in Their Clinical Experience
Elizabeth Ener, Melanie Smith
Burnout is a serious concern for professional counselors. Additionally, counselors-in-training experience risk factors for burnout. In order to identify factors that may mediate burnout risk, we explored the relationship between counselors-in-training’s levels of wellness and emotional exhaustion, depersonalization, and personal accomplishment. We will discuss implications for counselor educators, supervisors, and future research.

12:30 p.m. – 1:00 p.m.
Program ID #421, Poster Area 5
First Responders and Mental Health: What’s Missing?
Lauren Bussey, Joel Diambra
This poster details research related to the ongoing stress of first responders that can lead to substantial mental health issues. Lack of participation and stigma within the first responder culture correlates with mental health services having trouble aiding this population effectively. The presenters will discuss literature associated with first responders’ mental health issues and discuss how counselors can become more effective agents of change for first responders.

12:30 p.m. – 1:00 p.m.
Program ID #422, Poster Area 6
Critical Consciousness Theory as a Tool for Increased Competence in Multiculturalism and Advocacy in Counselor Education
Jillian Vella
The presenter covers a biographical qualitative exploration of her own experience as a student in a transformational counselor education course, led by Dr. Cirecie West-Olatunji, as the first step of a three-part qualitative investigation. The structure and teaching of the course material introduced the presenter to critical consciousness theory and other important Freirean concepts, which resulted in an increased competence in multiculturalism and advocacy. This initial session summarizes the presenter’s critical reflection via data that are provided by the presenter’s own written work in the aforementioned course. Freire proposes reflection, dialogue, and action, which is the sequence that this research follows.

12:30 p.m. – 1:00 p.m.
Program ID #423, Poster Area 7
The Influence of Career Counseling Groups in STEM Areas on First-Generation College Students: An Exploratory Investigation
Kara Ieva, Emma L. Kendrick, Jill E. Schwarz
Career and college planning can be a daunting task for low-income and first-generation college students, particularly when their interests and talents may be in the STEM fields. Come hear...
the results of a qualitative study that investigated the influence of small-group career development counseling with 15 groups of high school students (n = 108) over a three-year period. The research study aimed to investigate the influence the group had on solidifying college plans (e.g., major, schools applied to), the network created (such people and mentors that students were able to identify to facilitate the college application process), as well as the group experience itself.

12:30 p.m. – 1:00 p.m.
ACAC Session
Program ID #424, Poster Area 8
ACAC Presents: Foundations of Counseling with LGBTQ Youth
Jeffry Moe, Katherine M. Bacon
ACAC Presents counselors hoping to act as competent allies with and on behalf of LGBTQ youth are not alone; numerous frameworks exist for conceptualizing affirmative practice at the individual, group, family, and system level. Over the past two decades, studies on the wellness and development of LGBTQ youth consistently identify that these youth would benefit most from open and affirming relationships, bullying prevention, suicide prevention, alcohol and other drug education, and comprehensive sexuality education. Counselors will be presented a model for practice based on critical literature review and the integration of the ASCA National Model, advocacy competencies, ALGBTIC competencies, and the tenets of systemic consultation.

12:30 p.m. – 1:00 p.m.
The Asian Values Scale–Revised: Are We Measuring Asian Values, or Something Else?
John Gruenewald, Jeannie Eamnarangkool
Examining Asian values is essential for clinicians and researchers working with Asian populations. This study examined the Asian Values Scale–Revised (AVS-R; Kim et al., 1999) and its ability to measure Asian values with Japanese and Japanese-American cultural groups and to compare them to European Americans. Data were collected from different communities and areas in both the United States and Japan. The three cultural groups completed the values scale. The results of the study suggest that the AVS-R may not be effective at measuring Asian values specific to Japanese individuals. Implications for future study and clinical practice will be presented.

12:30 p.m. – 1:00 p.m.
Attachment Style and Academic Achievement: How Will Students of Color Rise Above the Achievement Gap?
Latori S. Griffin
This poster investigates the distinct relationship between attachment styles, focusing on nutrient-rich relationships and academic achievement in African-American students. There is specific focus on how these nutrient-rich relationships will impact the achievement gap, thus increasing academic achievement in African-American students.

12:30 p.m. – 1:00 p.m.
Interparental Conflict, Depression, and Preschooler Psychopathology: Examining Mediating Risk and Protective Factors
Tina D. Du Rocher Schudlich
This poster examines the ways in which interparental conflict and
depression may place children at risk for psychopathology during the early childhood years. The short- and long-term impact of these on infants and preschoolers are discussed, and risk and protective factors specific to children and their families are explored. Specific interventions for child and family counselors are highlighted. For example, counselors will learn intervention strategies for helping young children coping with family conflict and they will learn how to help families minimize the impact that conflict has on young children. Counselors will learn which elements of everyday interparental conflict are most detrimental and which ones may actually benefit children.

12:30 p.m. – 1:00 p.m.  
Program ID #428, Poster Area 12  
The Relationship Between Parental Involvement and School Violence: A Correlational Study  
Zachary Pietrantoni  
School violence has been a major concern of policymakers, school practitioners, and the public health department. Previous research has studied the risk factors associated with school violence (i.e., childrearing, socioeconomic status, community violence, and attachment). Despite the research on parental involvement and youth performance in school, there is no literature discussion about the possible association between parental involvement and school violence incidents. Therefore, this study examines the relationship between parental involvement and school violence incidents. Research and implications for school violence prevention will be provided. Come join the discussion and help prevent school violence.

12:30 p.m. – 1:00 p.m.  
Program ID #429, Poster Area 13  
Sex, Suffering, and Spirituality: Sexual Trauma as a Predictor of Problematic Adult Sexuality  
Elizabeth A. Maynard, Stephanie Durnford, Ana Alicia Lopez, Jeanine Flores, Pui Yu Esther Au  
While clinicians often use anecdotal evidence to support a relationship between childhood or adolescent sexual trauma and problematic sexual behavior in adulthood, little empirical work has focused on this relationship. Further, an individual’s personal spirituality or religion may exacerbate a sense of guilt or shame about sexual trauma, serve as a helpful coping resource, or both. The current study explored the relationships among several sexual, spiritual, and mental health variables to discern the extent to which childhood and adolescent sexual trauma predicted problematic adult sexual behavior, after controlling for spiritual variables, in a sample of religiously committed adults.

12:30 p.m. – 1:00 p.m.  
ASERVIC Session  
Program ID #430, Poster Area 14  
Relating the DSM-5 to Client Spirituality: Overview and Clinical Implications  
Shannon Karl, Tara Jungersen  
This poster provides an overview of the DSM-5 changes as they impact spiritual issues across a myriad of counseling settings and with a diverse client population. The presenters will focus on the spiritual implications of these diagnostic changes and will cover relevant ethical concerns that may arise. Leave with an understanding of the changes in service delivery and the concomitant impact on client...
spirituality and religion that covers variances in belief systems and client demographics.

**12:30 p.m. – 1:00 p.m.**

**CSI Session**

Program ID #431, **Poster Area 15**

**Community Engagement, Cultural Immersion, and Service Learning in Counselor Education Pedagogy**

Christian Chan, Kaye Whitley

This poster will discuss the importance of community collaboration, cultural immersion, and service learning in counselor education programs. By participating in community collaboration, cultural immersion, and service learning, students would be able to broaden their professional skills, enhance ideas around conceptualization of client populations, and carry an informed relationship between the classroom and professional experiences. Additionally, participation in the community would create opportunities for the development of counselor education pedagogy.

**1:30 p.m. – 2:00 p.m.**

**IAAOC Session**

Program ID #433, **Poster Area 1**

**Framing Addiction Within Social Interdependence Theory: The Relationship Between Addiction and Unhealthy Family Systems**

M. Kristina DePue, Matthew D. Munyon, Caitlyn R. McKinzie

The presence of relationship distress in the family system makes coping with, and recovering from, individual distress more difficult, as well as contributing to the increased likelihood of relapse to substance use. This concept is known as social interdependence theory, which states that the actions of one group member influence the actions of other group members and thus the dynamic of the group itself and has not been applied to addictions in current literature. This poster will demonstrate how the family system is interdependent with individual addiction, explain strategies for working with clients and family systems in addiction treatment, and describe methods for helping clients to prevent relapse by considering the role of the family.
youth. Treatment options consist of a wide range of interventions including outpatient, inpatient, and community-based services (therapeutic group homes, foster care, and in-home preservation services). This poster examines two possible treatment modalities, a multisystemic outpatient program and a residential program. You will be provided with data from current research as to effective (and evidence-based) treatment modalities that counselors can use when working with at-risk youth and their families.

1:30 p.m. – 2:00 p.m.
ARCA Session
Program ID #435, Poster Area 3
Multidimensional Assessment of College Women’s Perceptions of Body Image
Kathryn K. Yamamoto, Brenda Y. Cartwright
The purpose of this study was to estimate the validity and reliability of Korean-translated versions of measures that have been found to predict body dissatisfaction and disordered eating. The BIQ questionnaire — consisting of 60 items exploring body dissatisfaction, 14 items assessing dieting behaviors, and 14 items examining societal attitudes about attractiveness — was utilized with 205 college women enrolled in a summer program in a large university in South Korea. Exploratory and confirmatory factor analyses were performed. The results of this study may be of practical benefit to enhance prevention programs and health education.

Suleyman Akcil, Philip B. Gnilka
International students confront numerous challenges when studying at U.S. universities. Acculturative stress has been a key interest, plus the factors that reduce or exacerbate acculturative stress within specific subgroups of international students. Some recent research has investigated personality factors including perfectionism. This poster examines the effects of perfectionism and acculturative stress in predicting depression in a sample of 174 Turkish international graduate students studying in the U.S. Implications for counselors and results of several clinical intervention studies also will be presented.

1:30 p.m. – 2:00 p.m.
Program ID #436, Poster Area 4
Perfectionism and Acculturative Stress among Turkish International Students
Suleyman Akcil, Philip B. Gnilka

1:30 p.m. – 2:00 p.m.
Program ID #437, Poster Area 5
Meeting the Unfamiliar: Making the Existential Experience Part of the Supervision Process
L. Marinn Pierce, Amanda K. Sortwell
Supervisees describe feelings of loneliness and isolation at various points throughout their development. This poster will review the findings of a phenomenological study exploring the existential experiences of supervisees. As it is important that counseling supervisors acknowledge and work through these experiences, supervisors will be provided with information regarding the existential experiences of supervisees and given information regarding specific skills and techniques to support and assist supervisees through these crises.

1:30 p.m. – 2:00 p.m.
Program ID #438, Poster Area 6
Family Adjustment: Scale Construction of the FAM-II
Jennifer Elena Gonzalez
The purpose of this study was to conduct a factor analysis of the FAM-II, which was developed to measure family adjustment to parents of children without special needs based on four possible domains (Social Support, Positive Coping Skills, Family and Marital Adjustment, and Effective Parenting). Concurrent validity with the Relationship Assessment Scale also was examined. These parents were participants in a federally funded relationship education course. The researchers examined two research questions in this study: How many different factors are needed to explain the pattern of relationships among the 30 items on the Family Adjustment Measure–II? And, what is the nature of those factors?

1:30 p.m. – 2:00 p.m.
Program ID #439, Poster Area 7
Exploring Post-Traumatic Growth in Clients Living with HIV
Andrew Wood
Post-traumatic growth (PTG) has been defined as positive change and growth that occurs within an individual following a traumatic event or crisis. Research indicates that experiencing PTG can lead to increased psychological health in clients who have experienced trauma. This poster will explore factors that assist, and serve as barriers, to clients experiencing PTG following the trauma of an HIV diagnosis. Understand the concept of PTG, learn how it can be experienced in chronically ill clients, and be provided clinical implications for moving forward with chronically ill clients.

1:30 p.m. – 2:00 p.m.
Program ID #440, Poster Area 8
A Cross-Cultural Study of the Self-Efficacy of Counselors-in-Training
Karin K. Hansing, Suhyun Suh, C. Veronica Crawford
A counselor-in-training’s level of self-efficacy is determined by many factors. This poster will share the results of our cross-cultural study that takes a closer look at these factors and their relationship to the counselor-in-training’s self-esteem level. Data collected in the U.S. and Korea will be compared. The poster will include current literature, the methodology, results, limitations, implications, and areas for future research.

1:30 p.m. – 2:00 p.m.
Program ID #441, Poster Area 9
Infusing Multiculturalism in Choice Therapy
Nicole A. Jones
Ethically it is our duty as counselors to provide competent services to all of our clients. Counselors must be prepared to utilize varying techniques to support the well-being of our ever-growing diverse communities and nation. Infusing multiculturalism techniques and skills with choice therapy will prepare counselors to address the varying components of the diverse clients we serve.

1:30 p.m. – 2:00 p.m.
Program ID #442, Poster Area 10
Sense of Purpose Scale: A Validation Study
Zi Young Kang
Purpose refers to a stable and generalized intention to accomplish something that is meaningful to the self and of consequence to the world beyond the self (Damon, Menon, & Bronk, 2003). Many empirical studies have demonstrated the positive role of purpose. Yet, remarkably little empirical work has investigated the development
of purpose or ways to foster purpose among young people. The presenters will introduce the Sense of Purpose Scale that was designed to be a brief measure for evaluation of interventions and for various research purposes. Information about the scale development process and the psychometric properties of the scale will be provided. We also will discuss ways in which counselors can enhance people’s sense of purpose.

**1:30 p.m. – 2:00 p.m.**  
**Program ID #443, Poster Area 11**  
**Examining Relationships Between Proactive Coping and Post-Traumatic Growth in Experiences of Anticipatory Grief**  
**Kylie Rogalla**  
This poster is a report of preliminary findings from a dissertation study examining the experiences of anticipatory grief in family members who have a loved one in hospice care. The primary variables under investigation include proactive coping (IV), post-traumatic growth (DV), and social support (mediator). The study is grounded in Grief to Personal Growth Theory and fosters a strength-based approach to grief and loss work, as opposed to the deficit “grief as a dysfunction” approach. Learn of the preliminary results in this investigation and gain ideas for working with anticipatory grief in clients they serve. The significance of proactive coping dispositions and the role of social support will be discussed.

**Educational Attainment**  
**Pei-Chun Chen, Sandra M. Logan, Ying Yang**  
Research about educational attainment of students from low socioeconomic status (SES) has important implications for the school counseling profession. Given that education enhances social mobility for low-SES students, it is a major responsibility for professional school counselors to help students’ academic achievement and career development. In this poster, the common and unique factors contributing to the educational attainment of low-SES students and advocacy efforts for promoting their academic success will be provided. Further recommendations for professional school counselors and counselor educators who train students becoming school counselors also will be presented.

**1:30 p.m. – 2:00 p.m.**  
**Program ID #445, Poster Area 13**  
**Igniting the Fire in Marginalized Youth: Fostering Psychological Empowerment Through Critical Civic Inquiry**  
**Carlos P. Hipolito-Delgado**  
Psychological empowerment is a crucial construct for marginalized youth—it is linked to academic engagement and psychological well-being in youth. Unfortunately, limited literature exists on how counselors can facilitate the empowerment of marginalized youth. Using literature from the fields of counseling, psychology, and youth participatory action research, you will learn strategies for facilitating the psychological empowerment of marginalized youth. In addition, using the findings of a quantitative research study, you will learn how participation in critical civic inquiry can facilitate...
the psychological empowerment of marginalized youth.

1:30 p.m. – 2:00 p.m.
CSI Session
Program ID #446, Poster Area 14
Razor C.O.A.C.H Program: Professional Advocacy Opportunities Created by a University and School District Partnership
Daniel Kissinger
Razor C.O.A.C.H is a three-year grant funded program designed to assist at-risk high school students to develop post-high school career and college plans. Themes include opportunities and challenges for professional advocacy created by a university/local school district partnership and specific examples of how counselor trainees (i.e., “Razor coaches”) have utilized a professional advocacy role to create and facilitate key relationships, programs, and interventions to promote positive personal, academic, and career outcomes for students.

1:30 p.m. – 2:00 p.m.
CSI Session
Program ID #447, Poster Area 15
Supporting Diversity: Empowering Emerging Leaders
Marlise Lonn, Angelica Tello
Creating an inclusive leadership environment invites participation of counselors from diverse backgrounds. This poster identifies ways to support emerging leaders from underrepresented groups. Enhancing diversity, incorporating advocacy, and strengthening voices from a variety of cultures and contexts serves to advance the profession. Specific suggestions from the literature are presented for encouraging and incorporating leadership development with a focus on new clinicians and junior faculty.

1:30 p.m. – 2:00 p.m.
CSI Session
Program ID #448, Poster Area 16
Counseling Student Outreach: Engaging Recent Veterans in Career Development
Cailen Birtles, Leann Wyrick-Morgan, Kristin Garcia
Ready, set, go! Through a graduate-level Career Development course, students had the opportunity to provide career assessment and counseling services to military veterans in their community. Those involved in the development of this Community Engagement course will provide an outline for transforming a graduate counseling course into a community engagement experience. Specific ways to engage students and community members in the experience, the course syllabus template, and student/participant feedback will be provided.

2:30 p.m. – 3:00 p.m.
Program ID #449, Poster Area 1
The ACA Center: A Place To Empower Members with Innovative and Best Practices
Will Stroble
As ACA continues to offer new benefits and services to its members, the ACA Center for Counseling Practice, Policy, and Research was conceived and developed to be the premier place to obtain information and resources that focus on cutting-edge counseling practices and to be the focus of the counseling profession’s advocacy efforts for improved and high-quality workforce conditions. This poster will discuss the services that are housed within the center to inform members about how these services can be of benefit to them. Leave with a renewed and invigorated spirit about the future.
direction of the counseling profession, and where the center hopes to position itself as it takes its place in our professional organization’s history books.

2:30 p.m. – 3:00 p.m.
Program ID #450, Poster Area 2
Reading Between the Lines: A Group Curriculum Using Bibliotherapy and Creative Arts To Increase Empathy Among Resistant Youth
Rachel Goldberg
This poster describes a bibliotherapy and creative arts group curriculum for resistant youth. The curriculum presented in this session emphasizes the connection between aggression, empathy, and resiliency. In addition, it reframes the issue of bullying in schools in a manner to promote an anti-bullying culture. Through the use of the book *Diary of a Wimpy Kid* and creative activities, this curriculum seeks to engage resistant youth through its creative and interactive nature. Session outlines will be provided, as well as tips for running this group and a list of creative activities that counselors can try with their own students/clients.

2:30 p.m. – 3:00 p.m.
Program ID #451, Poster Area 3
Collaborative Experiences of School Counseling and Educational Administration Candidates Lead to Improved Outcomes
Summer Reiner, James Tobin
This poster will reveal one program’s approach to preparing school counselors and administrators for their future roles through a series of collaborative assignments. Gain collaborative assignment ideas aimed at meeting student learning outcomes and improving pre-service administrators’ understandings of the role of school counselors. This poster reveals how students can demonstrate their ability to serve as leaders, advocates, and partners in the school environment. A qualitative analysis of student (counselors and administrators) experiences will be shared, revealing the transformative nature of the collaborative process.

2:30 p.m. – 3:00 p.m.
Program ID #452, Poster Area 4
Counselor Development: An Exploratory Investigation of Counselor Empathy and the Supervisory Relationship
M. Kristina DePue, Glenn Lambie
Limited research is published examining the impact of clinical supervision on counseling students’ development. Therefore, this poster reviews the findings from an investigation of the impact of counseling trainees’ (n = 87) supervisory relationship scores on their levels of empathy and counseling competencies during their counseling practicum experience. Stronger supervisory relationship scores predicted higher levels of counseling competencies in the student-supervisees. Implications for assessment in counseling and counselor education and supervision will be discussed.

2:30 p.m. – 3:00 p.m.
Program ID #453, Poster Area 5
Informed Consent with School Counselors
Gloria Dansby-Giles, Frank L. Giles
Informed consent is essential for establishing and maintaining a counseling relationship. Two critical components related to the informed consent process are confidentiality and duty to warn and protect. These two concepts present unique challenges for
school counselors. School counselor practices related to informed consent, confidentiality, and duty to warn and protect were examined and compared to a state educator code of ethics. A phenomenological approach was used to examine the experiences of school counselors. The results from the in-depth interviews and the documents review will be shared.

2:30 p.m. – 3:00 p.m.
Program ID #455, Poster Area 7
Trans-ing the Binary: A Phenomenological Study of Gender Identity and Gender Expression
Carol Doyle, Margaret H. Eichler
Throughout their lives, transgendered folks trans- or cross the boundaries and assumptions that society has about gender. For some, this trans-ing involves crossing the borders of traditional gender categories, living in the world and creating their own gender identity/expression beyond the tethers of a binary conceptualization. This poster presents findings from a phenomenological study of the lived experiences of people who are trans-ing the binary. Findings include participants’ understanding of their own gender identity, gender expression, gender fluidity, and sexual orientation. Participants’ experiences of not conforming to societal gender norms and societal reactions to their gender atypicality also are presented.

2:30 p.m. – 3:00 p.m.
Program ID #456, Poster Area 8
Bringing It Home: Examining the Challenges of Integrating Western Counseling into Home Countries of International Students
Ihsan Ulus, Wannigar Ratanavivan
International counseling students are faced with the challenge of incorporating their training experiences to counseling settings in their home countries. This poster explores the challenges of international students in the counseling program when returning home. The knowledge, skills, and awareness in counseling content areas such as multiculturalism may be challenged by cultural practices, beliefs, and norms that limit or alter in applicability in the home countries of each student. The presenters aim to discuss experiences and challenges faced by international students to increase communication between the presenters and attendees in the counseling profession in the United States.

2:30 p.m. – 3:00 p.m.
Program ID #457, Poster Area 9
Promoting Counseling Utilization in the Caribbean Region: A Multimedia Initiative
Angela J. Adams
Members of the African Diaspora in the United States and the Caribbean Region tend to underutilize counseling services. U.S. Virgin Islanders endorse four categories of barriers that prevent access to counseling. Practical barriers (cost, time, service availability, and caregiving) are widely endorsed barriers. Other barriers included apprehension about outcomes; constraints of competing activities, physical concerns, and transportation; and stigma or fear of being vulnerable and showing emotion. These four barriers form the basis of a community-based multimedia initiative designed to promote service utilization in the Caribbean. The following overview highlights the role of Caribbean culture in designing strategies to promote service access using a multimedia campaign.
2:30 p.m. – 3:00 p.m.
Program ID #458, Poster Area 10
Disability and Sexuality: A Comprehensive Model To Address the Sexuality Needs of Persons with Disabilities
Sonya M. Ware, Susan Stuntzner
Disability and sexuality are two concepts that have historically been neglected among professionals working with persons with disability. In recent years, research is beginning to surface that addresses this very important need. Furthermore, research supports the notion that sexuality, intimacy, and relationship issues are important to persons with a disability although it is often lacking. As a result, research was conducted and a model was developed to meet this need and to assist professionals in addressing issues pertaining to sexuality and disability.

2:30 p.m. – 3:00 p.m.
AARC Session
Program ID #459, Poster Area 11
Utilizing Experts To Construct an Instrument: A Delphi Study To Construct a Measure for Spiritual Competence in Counseling
Christopher Christmas
Learn to conduct a Delphi study, a technique used to address complex problems with inherent uncertainty. At a basic level, the Delphi technique is a form of structured group communication in which the researcher determines the investigative focus. The presenters will describe a Delphi study conducted using online surveying software for three rounds of data collection plus a round for feedback from the Delphi panelists about the study. Issues covered include determining the experts, assembling the Delphi panel, communicating with panelists, and analyzing and reporting qualitative and quantitative data. The poster covers strengths, limitations and implications for future studies using the Delphi method.

2:30 p.m. – 3:00 p.m.
Program ID #460, Poster Area 12
Addressing School Counselors’ Attitudes, Attributions, Self-Efficacy and Beliefs Related to Poverty
Jamie S. Carney, Sarah Kitchens, Lacey Ricks, Samantha Booker
This poster focuses on the results of a study addressing school counselors’ attitudes, attributions, self-efficacy, and beliefs related to poverty. This study included practicing school counselors and school counselors-in-training. There will be specific discussion of attitudes, attributions, beliefs, and self-efficacy as it relates to school counseling. The results also will be discussed in relation to practice and training implications. This will include a consideration of programs that school counselors can implement to address educational barriers and counseling concerns in high-poverty schools. Handouts will include resources for program implementation and resources related to poverty and education.

2:30 p.m. – 3:00 p.m.
CSI Session
Program ID #462, Poster Area 14
Giving a Voice to Those Often Unheard: CSI Alumni’s Experiences with Social Justice, Leadership, and Advocacy
Susannah Wood
Chi Sigma Iota chapters, as part of the preparation program experience, can provide opportunities for students to learn needed advocacy and leadership skills. This poster will provide an
overview of one CSI chapter’s alumni experiences in social justice, advocacy, and leadership in their current placements and their thoughts on how CSI chapters can incorporate activities that would provide opportunities for self-awareness and skill building in those areas.

2:30 p.m. – 3:00 p.m.
CSI Session
Program ID #463, Poster Area 15
Strategies for Designing an Effective Poster Presentation
Chantrelle Varnado-Johnson, Hayley Stulmaker, Harriet L. Glosoff
Presenting material at professional meetings and conferences is an important skill for counselors and counselor educators to possess. Unfortunately, many poster presentations suffer from some common shortcomings (e.g., unclear design; too much text/content; lack of logical visual flow of information). The purpose of this poster is to present strategies for creating an effective, visually appealing poster. Concrete approaches and ideas will be demonstrated on the poster and discussed by the presenters.

3:30 p.m. – 4:00 p.m.
Program ID #465, Poster Area 1
Gender Differences in the Relationship Between Work-Life Balance and Psychological Well-Being
Morgan Wilkinson, Virginia Dawson Lacy, Jessica Melendez Tyler
This poster will cover relevant issues related to working with clients who have work-life balance issues, and how a lack of work-life balance can affect psychological well-being and interpersonal relationships. Additionally, gender differences in regards to work-life balance will be discussed. Implications for counselors and interventions in working with clients also will be presented.

2:30 p.m. – 3:00 p.m.
CSI Session
Program ID #464, Poster Area 16
Enhancing Counselor Community Engagement Through Advocacy
Matthew Glowiak
If the ideals of change, leadership, and advocacy were part of a mathematical equation, advocacy plus leadership would equal social change. Promoting the welfare of clients extends well beyond the office, and into the community. Accredited counselor programs provide the education and skills training necessary for leadership development. But how do we provide this through our CSI service activities? This poster will explore such components of counselor training, CSI service activities and how professionals may ultimately facilitate positive social change.

3:30 p.m. – 4:00 p.m.
Program ID #466, Poster Area 2
Clinical Implications for Working with Adolescents on the Autism Spectrum: The Forgotten Age
Jennifer Jordan, Robin Lee
This poster will explore the unique needs of adolescents on the autism spectrum transitioning into middle school. We will provide case studies to illustrate typical problems, and a variety of interventions will be discussed including art therapy, sand-tray, Lego-based play therapy, music and drama therapy, and social skills training. Leave with specific strategies and interventions to use when you get back home.
3:30 p.m. – 4:00 p.m.
Program ID #467, Poster Area 3
The Diagnosis of Alcohol and Drug Addiction: How the DSM-5 Will Affect Assessment and Referral for the College Population
Cassidy Zeller, Jennifer McClellan
This poster provides updated DSM criteria to counselors working with college students dealing with substance disorders. The focus will be on the impact these changes make on the assessment and referral process and the appropriate levels of education and care, depending on the provisional diagnosis. There will be a general overview of the changes and possible interventions or referrals for students who have come through judicial or local law enforcement.

3:30 p.m. – 4:00 p.m.
Program ID #468, Poster Area 4
The Benefits of Required Counseling for Counseling Students
Elizabeth A. Prosek, Jessica M. Holm
Students enrolled in counseling courses are not immune to the mental health distress of the normal graduate student population. In this session, required counseling services for counseling students are presented as a preventative intervention to promote positive mental health and wellness. You are empowered to consider the infrastructure and potential ethical dilemmas for such a requirement. Results of an empirical study are used to support how required counseling was beneficial for first-semester counseling students.

3:30 p.m. – 4:00 p.m.
Program ID #469, Poster Area 5
The Impact of Relationship Education on Family Adjustment and Relationship Satisfaction
Vanessa Dominguez
Research indicates that as marital adjustment declines, evocative child effects on parenting increase, while the role of shared family experiences declines (Ulbricht et al., 2013). Moreover, conflict or aggression between partners affects family dynamics and increases the potential risk for child maladjustment and harsh parenting (Graham et al., 2012). The purpose of this study is to help professionals identify risk factors in family maladjustment and the benefits of encouraging parents to attend relationship education workshops. Professionals can use this information to formulate a curriculum or treatment plan that will target these areas of concern in family dynamics and relationship quality.

3:30 p.m. – 4:00 p.m.
Program ID #470, Poster Area 6
Phenomenological Study of Support Needs and Grief Interventions for Bereaved Parents at Different Times in the Grief Process
Rebecca Rudd, Livia D’Andrea
What do parents bereaved by a sudden and unexpected death (such as Sudden Infant Death Syndrome or Sudden Unexpected Death in Childhood) need from professionals at different times in the grief process? More importantly, how can you use this information to improve your therapeutic work with clients? This poster will display the results from a phenomenological study that identified themes among the collective experiences of five bereaved parents, one grandparent, and 10 professionals from the following disciplines: EMT, fire, police, detectives, social worker, support group leaders, funeral director, bereavement organization, and chaplain. The grief interven-
tions and corresponding time periods will be discussed.

**3:30 p.m. – 4:00 p.m.**
Program ID #471, Poster Area 7

The Effects of Post-Traumatic Stress Disorder on Combat Veterans and Their Families: A Literature Review
Alexandria Sheets

With the wars in Iraq and Afghanistan coming to a close, there will be an influx of military service members returning home, 19% of whom will experience symptoms of post-traumatic stress disorder (PTSD). It is increasingly important that counselors are educated on military culture and the detrimental effects of combat PTSD in order to provide veterans with competent care. Additionally, military families have long been the silent victims of combat PTSD, and they often experience secondary symptoms as a result of living with a veteran with PTSD. The aim is to provide counselors with a context in which to understand and treat these secondary symptoms in military families by providing a comprehensive look at the current literature.

**3:30 p.m. – 4:00 p.m.**

AMCD Session
Program ID #472, Poster Area 8

AMCD Writers Consortium: To Write or Not To Write ...
S. Kent Butler, M. Ann Shillingford, Mary Whitfield-Williams

The Writers Consortium provides opportunities for novice and expert colleagues to collaborate on writing projects intended for publication. This poster outlines how seasoned professionals and mentees of shared research interests and writing goals are paired. We also will showcase how the writing groups are designed to meet a myriad of needs, most importantly, mentorship and the production of quality manuscripts that address relevant multicultural and social justice counseling issues. Join with a mentor who will share their wealth of knowledge germane to publishing in the counseling field as well as the prospect to learn about other important aspects of the profession.

**3:30 p.m. – 4:00 p.m.**

CSI Session
Program ID #473, Poster Area 9

The Impact of Community Violence on Children and Youth in Trinidad and Tobago
Nadine Isaac

Counselors have an integral role to play in providing mental health services to children and youth affected by exposure to community violence. In Trinidad and Tobago, there are unique historical and sociopolitical issues that impact children’s lives. This poster will present the traumatic and negative effects of exposure to community violence, along with the interventions used to address them.

**3:30 p.m. – 4:00 p.m.**

Program ID #474, Poster Area 10

Thought Suppression and Mindfulness: A Randomized Controlled Study
Danielle Richards

The research entailed a randomized control experiment using an innovative, brief mindfulness intervention with undergraduate college students. There was a significant difference for the treatment group, showing a decrease in thought suppression when compared to the control group. This is meaningful because typical mindfulness training programs are of a longer duration. A brief intervention may be more
amenable to implementation by college personnel and more amenable to undergraduate students’ busy schedules. Partial funding for this research was provided by a grant from the American College Counseling Association and from a grant provided by Chi Sigma Iota Counseling Academic and Professional Honor Society International.

3:30 p.m. – 4:00 p.m.
Program ID #475, Poster Area 11
Bullying in New Mexico: What the West Can Teach Us About Issues and Answers
Kristopher M. Goodrich
Bullying and other forms of school violence are pervasive in schools. Many have heard about the issues but struggle to find appropriate answers to addressing the issue. Much of the extant research has been related to specific student groups, often excluding the larger multicultural population of our schools and country. Three researchers from the state of New Mexico explored the issue of school violence in the state, to find the prevalence and explore potential solutions. The presenters will introduce their findings and discuss a long-term systemic intervention project to address the issue in New Mexico. Discussion will include how to replicate this in other schools and districts. Handouts will be provided.

3:30 p.m. – 4:00 p.m.
Program ID #477, Poster Area 13
Integrating Wellness Interventions into Counseling Practice: A Review of Research and Possibilities
Lorraine J. Guth
This poster will overview the evolution of wellness; theoretical models for wellness counseling; the most common forms of wellness interventions such as meditation, guided imagery, yoga, mindfulness, spirituality, movement therapy, progressive muscle relaxation, deep breathing, Reiki, and music therapy; current research findings related to the efficacy of these interventions; ways that counselors can nurture their own wellness; and the importance of using wellness strategies in a culturally responsive and ethical manner. Implications for counselors and counselor educators also will be discussed.

3:30 p.m. – 4:00 p.m.
Program ID #478, Poster Area 14
SMART Recovery: A Potential Alternative to Traditional 12-Step Approaches for Substance Abuse and Substance Dependence
Julie Bates
Self-Management And Recovery Training (SMART) is an after-care program for people seeking recovery from addiction. SMART meetings are led by volunteer facilitators who receive training. The program states that it incorporates theoretical foundations from CBT and REBT, which is distinct from traditional 12-step meetings. Research was lacking to describe SMART members and facilitators, as was research to determine how members and facilitators rank-order recovery goals. The findings outline how SMART members differ from 12-step members. This poster will provide an overview of research findings related to these gaps in the literature. An emphasis on how counselors can use this information for treatment planning is included.

We want to know what you think!
Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
CSI Underground Art Slam: Building Community, Advocates, and Our Profession Through Collaborative Creative Expression
Cara Levine, Jennifer Menelli
Art is transformative in both process and product, for both the artist(s) and the consumers. It communicates the values, experiences, and perspectives of individuals and communities. To promote CSI’s mission of professional identity development in a new way, Sigma Upsilon’s Underground Art Slam works to build community, advocates, and our profession through expressive art workshops. This poster details the planning and execution of this program, including tools for chapters to start their own “slam.”

Future Fest: Promoting Graduate and Intern Placement with Community Partners
Nesi Lillard
Students in the internship phase of their counseling program as well as recent graduates sometimes struggle to find placement in appropriate settings despite being well-suited for work at community agencies and non-profit organizations. This poster will present the Future Fest Event, sponsored annually by the Beta Kappa Tau Chapter of CSI, as a means to promote collaborative work partnerships between community agencies and counseling students.

Counseling Special Populations — Focus: Foster Care Children
B J Barksdale, Katherine M. Bacon
This poster will give a thought-provoking overview of some of the challenges that mental health professionals face when counseling children in the foster care system.

College Student Suicide Prevention: Changing the Campus Culture Through a Bystander Intervention Program
Joan McCool
A growing number of students arrive at college with significant and complex mental issues, including depression and suicidal behavior. Although some students who experience suicidal thoughts seek mental health services on their campuses and in their communities, most do not. This poster will summarize research on a campus-based bystander intervention program geared toward suicide prevention. The poster will include key elements of the program including a description of a newly developed, original, 30-minute online educational program mandated for all incoming students. Significant outcomes and future directions will be shared. This research is supported by a 3-year SAMHSA grant on campus suicide prevention.

Creative Activities To Help Counseling Students Explore Unearned Privilege
Katrina Cook, Mary G. Mayorga,
When counseling students first learn about the concept of unearned privilege, often their reaction is one of denial and resistance. In order to facilitate the development of culturally competent counselors, counselor educators are challenged with the task of making this concept visible for their counseling students. But how can instructors approach such a sensitive topic in a manner that students will find non-threatening? Creative and experiential activities designed to facilitate an understanding of privilege will be shared and demonstrated. Student reactions to these activities also will be shared.

11:30 a.m. – 12:00 p.m.
Program ID #505, Poster Area 5
Relationship Between Management of Cultural Differences and Dyadic Satisfaction Among Interracial Couples: An Empirical Study
Katherine L. Richards, Mark S. Gerig
In 2010, 10% of married couples in the United States were interracial; percentages are closer to 20% for unmarried couples. Counselors today are increasingly likely to find themselves working with interracial/intercultural couples and their families, so it is important to understand how these couples successfully manage their cultural differences and maintain optimal wellness and resiliency in the face of unique familial, societal, and cultural stressors. This poster will outline the specific challenges that interracial/intercultural couples face and will present the results of an empirical study investigating how such couples manage their cultural differences, and how their specific strategy influences levels of relationship satisfaction.

11:30 a.m. – 12:00 p.m.
Program ID #506, Poster Area 6
LGBT Elderly: Challenges and Applications to Counseling
Debbie Frederiksen, Daniel B. Kissinger
Research indicates that between 5% and 10% of the U.S. population identify as LGBT (Grant, 2010). “Given the tremendous proportional growth of the 50 and older population expected in the next few decades, the number of self-identified LGBT older adults will more than double by 2030” (Fredriksen-Goldsen et al., 2011). Often referred to as the “invisible minority,” this growing population is largely underrepresented in gerontological literature and yet the issues they face are clearly distinct and evident. The presenters will shine a light on this “invisible minority” and promote cultural competency within the counseling profession.

11:30 a.m. – 12:00 p.m.
Program ID #507, Poster Area 7
Cost of Caring: Understanding Characteristics, Challenges, and Stresses of Parents of Service Members After Warzone Deployment
Carol Doyle
After returning from deployment in Iraq or Afghanistan, many troops need assistance in readjusting to civilian life, including care in their recovery from physical or psychological injuries. For many young veterans, this caring and supports falls primarily on their parents. However, service member parents have received only minimal attention in respect to their experience of supporting their sons and daughters after deployment. This poster presents findings from a survey on the costs of caring on parents of service members and veterans. Included will be results regarding the types of sup-
port they are providing their children as well as the coping strategies used by parents as they help their returning veterans reintegrate into society.

11:30 a.m. – 12:00 p.m.
Program ID #508, Poster Area 8
Facilitating Discussions of Privilege in Counselor Education Programs: A Review
Julie Bates
Systems of privilege surround us. They are inescapable, even in the counseling relationship. Power differentials are often discussed in counselor education programs, but a much more taboo discussion is the privilege (and subsequent power) that many individuals carry beyond the counselor title. Understanding the impact of White privilege, heterosexual privilege, socioeconomic status, and educational privilege is an important part of becoming a multiculturally competent and culturally sensitive practitioner. A review of the literature surrounding privilege will be presented as well as suggestions (i.e., assignments/activities) for stimulating class discussions.

11:30 a.m. – 12:00 p.m.
Program ID #509, Poster Area 9
Perfectionism, Stress, and Levels of Burnout Among Turkish School Counselors
Suleyman Akcil, Philip Gnilka
Professional school counselors are susceptible to stress and burnout on the job. High levels of stress over extended periods of time have been linked to burnout; however, personality differences (e.g., perfectionism) have been shown to reduce or exacerbate these relationships. While previous studies have surveyed stress and burnout levels among U.S.-based school counselors, few studies have been conducted on school counselors who practice outside the U.S.. This poster examined the effects of perfectionism and stress in predicting various forms of burnout in a sample of 189 school counselors practicing in Turkey. Implications for school counselors (both in the U.S. and Turkey) and preventative interventions will be discussed.

11:30 a.m. – 12:00 p.m.
Program ID #510, Poster Area 10
Being Bullied in School: Experiences of Students Who Identify as LGBTQ
Mandi Gordon
Sexual orientation is the second most common reason that students get bullied in school, and LGBTQ students report being bullied and feeling unsafe at school more frequently than their heterosexual counterparts. The purpose of this qualitative study was to explore the negative experiences that students who self-identify as LGBTQ have had with regards to bullying related to their perceived or actual sexual orientation. Five semi-structured interviews were conducted with participants who self-identify as LGBTQ. Three themes were identified: transformation through storytelling, the many forms of bullying, and supportive and non-supportive factors. Findings and reflections of the process will be presented.

11:30 a.m. – 12:00 p.m.
Program ID #511, Poster Area 11
An Exploratory Study on Bullying, Obesity, and Social Support in Middle School – Aged Children
Kristine Katherine Braastad
This study explores the relationship between social support, bullying, and obesity. This relationship is examined using middle school students in South
Dakota. We looked at the types of social support the students are receiving and the effect that bullying incidences are having on the students. We took the students’ BMI in order to see if social support could act as a deterrent on bullying incidences for obese children. We found that the more social support students report, the less likely they are to indicate being bullied no matter what their weight status. We found that students place more importance on peer social support than familial social support.

11:30 a.m. – 12:00 p.m.
Program ID #512, Poster Area 12
Religious and Spiritual Beliefs: How Does This Affect Your Client’s Sexuality?
Molli E. Bachenberg, Elizabeth S. Thraen, Amanda M. Kendrick
The morals and ethics that occur in the five world religions have a role in a person’s sexual interest. It is essential for counselors to be knowledgeable of religious beliefs when assisting clients concerning sexuality apprehensions. There are specific religious mores that may influence what a person may feel comfortable engaging in sexually. In this presentation we review the religious beliefs regarding sex and sexuality. We discuss how religious proscriptions about people’s sexual lives can be used to enhance a person’s sexual life or may cause problems. Counselors’ competence with the beliefs of the five world religions is necessary prior to engaging in conversations on sexual topics with clients.

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11:30 a.m. – 12:00 p.m.
Program ID #513, Poster Area 13
Counseling Graduate Students and Social Action: Findings from a Qualitative Study of Students in an Advocacy Course
Jennifer Curry, Imre Emeric Csaszar, Christopher T. Belser
Findings from a qualitative inquiry of students participating in a graduate counseling advocacy course are reported. Design of the course, student advocacy project work, qualitative methods, analysis, and findings will be presented along with implications for future course development.

11:30 a.m. – 12:00 p.m.
IAAOC Session
Program ID #514, Poster Area 14
Current Training and Practice Issues Facing Addiction Counseling Students/ Educators and Practitioners
Geri Miller
This session is an update on the 2013 ACA session that provided information on current training and practice issues in the addiction counseling field. This update will provide an overview of the current issues, including the credentialing of LPCs in addiction counseling.

11:30 a.m. – 12:00 p.m.
CSI Session
Program ID #515, Poster Area 15
A Night Without a Home
Ramesh Neupane, Douglas R. Tillman, David D. Hof
Organizational steps and outcome data are shared about the “Night Without a Home” event, a counselor/community collaboration to raise awareness and stimulate advocacy for the homeless. Included is information about a participatory simulation expe-
experience involving counselor education students, community members and area counselors, as well as personal stories of setbacks and triumphs from those experiencing homelessness, and data on the impact of the event on attitudes of participants.

11:30 a.m. – 12:00 p.m.
CSI Session
Program ID #516, Poster Area 16
Counselors as Transformational Leaders in School Shootings
Carleton Brown
There have been numerous school shootings. Policy makers, superintendents, and principals have been obsessed with physical safety; however, as a counselor, what does the research say about what I have to offer? What is the role of a counselor in school shootings? This poster explores intervention strategies, identify characteristics of those who have caused school associated violent deaths, and conceptualize lessons from counselors who have been involved in school shootings.

12:30 p.m. – 1:00 p.m.
AARC Session
Program ID #517, Poster Area 1
Cultural Diversity and Assessment: What Do We Need To Know and Use in Our Professional Practice?
Linda H. Foster
As the diversity of our population changes and our profession strives to be culturally competent, the impact of culture on testing is important. Professional organizations (e.g., CACREP, AARC, and AMCD) recognize and emphasize social advocacy in selecting, administering, and interpreting assessments. Standards for testing address the impact of culture on all aspects of the testing process… yeah, yeah…but what does that really mean for you as a graduate student, professional counselor, or counselor educator? This poster will give you the chance to find out! Come join us for a discussion of our changing society and how our culture diversity impacts the testing process.

12:30 p.m. – 1:00 p.m.
ACAC Session
Program ID #518, Poster Area 2
ACAC Presents: The Impact of the Circle of Security-Parenting Intervention on Mothers in Residential Substance Abuse Treatment
Evette Horton
ACAC presents a research review of the results of a study of a new, eight-week parenting program called Circle of Security-Parenting with mothers in residential treatment for substance abuse. This program is grounded in more than 50 years of attachment theory research and has been shown to impact the parent-child attachment relationship. The researcher collected both quantitative and qualitative data utilizing action research methodology to determine the impact of this program on three parenting variables associated with child maltreatment, namely hostile attributions, emotion regulation, and discipline practices. Study results are discussed in terms of using a parenting program in a community agency context.

12:30 p.m. – 1:00 p.m.
Program ID #519, Poster Area 3
A Review of the Perceived Critical Incidents of Counselors-in-Training: Implications for Counselor Educators and Supervisors
Virginia Dawson Lacy, Amanda M. Evans, Jessica Melendez Tyler, Morgan Wilkinson
Counselor educators and supervisors have long acknowledged the importance of both personal and professional development throughout the process of counselor training. Counseling researchers seeking to better understand this process have used critical incidents, or moments in training that are perceived as being impactful to professional counselor development, as a way to better understand this process. Reflective journal entries were submitted by practicum students throughout the semester and were analyzed using phenomenological techniques. This poster will highlight the results of this analysis, particularly how development occurred throughout the semester, and will provide recommendations as to how best to work with novice counselors.

12:30 p.m. – 1:00 p.m.
Program ID #520, Poster Area 4
Demonstration of a Real-Time Virtual Classroom Using a Collaborative Synchronous Tool for Online Learning and Counseling
Deborah Erickson, Rachel Marsden
New collaborative synchronous online tools that create real-time virtual classrooms can facilitate positive learning communities more easily than text-based online courses. The professor can lead a seminar with each student at their computer talking and seeing each other in real time. This tool facilitates the creation of trust, bonding, and respect between students and faculty similar to any face-to-face seminar. Students are more responsive to feedback when they know one another in real time. The program will demonstrate a real-time group of students discussing a prerecorded role-play. Research results of student satisfaction will be shared, and applications for supervision and counseling clients in a counseling center will be discussed.

12:30 p.m. – 1:00 p.m.
Program ID #521, Poster Area 5
Hearing the Voices of Practitioners: A Focus Group and Interviews Conducted with Counselors Working with Those with DID
Jennifer H. Greene, Joseph M. Graham, Jr., Zachary D. Bloom
Individuals diagnosed with dissociative identity disorder (DID) have been largely misunderstood due to inaccurate portrayals in the media and a lack of knowledge among mental health professionals. Little research has focused on best practices in working with this population. The research study that will be presented starts to rectify that. Interviews and focus groups were conducted with clinicians working with individuals diagnosed with DID. This poster will introduce the resulting themes supported by the clinicians’ own words. These themes include frameworks that clinicians use, clinician characteristics that are helpful for clients with DID, and which techniques are effective for individuals with DID.

12:30 p.m. – 1:00 p.m.
Program ID #522, Poster Area 6
Disaster Mental Health Counseling: Best Practice and Experiences from the Field
Caroline Brackette
Natural disasters occur around the world; exposure to such events can be traumatic and impact an individual’s mental health and well-being. As a profession with an emphasis on advocacy and social justice, the role of volunteering to help those in need is
a natural fit for counselors to engage in as a demonstration of their pledge to help those in need. This poster will provide an overview of a counselor’s experiences from deployments on disaster relief operations and inform attendees about the process and procedures to become a disaster mental health counselor volunteer. Best practices in providing disaster counseling and recognizing and preventing compassion fatigue also will be addressed.

12:30 p.m. – 1:00 p.m.
ACEG Session
Program ID #523, Poster Area 7
Out of the Closet and into the Ranks: A Group Counseling Approach for Military Veterans
Eric Price, Nick P. Patras
Until late 2011, the Don’t Ask, Don’t Tell (DADT) policy prevented people serving in the U.S. military from disclosing their sexual identity to others. Although the law is no longer in effect today, the negative stigma and poor treatment of gay veterans still exist. The purpose of this poster is to investigate the impact of the lasting effects of DADT on gay military veterans, examine the benefits of providing this population with group counseling, present an example of a six-week group curriculum that employs interventions related to merging conflicting identities often experienced by gay veterans, address the effectiveness and limitations of the proposed group curriculum, and provide strategies to employ these group activities with military families.

12:30 p.m. – 1:00 p.m.
ARCA Session
Program ID #524, Poster Area 8
Standing Behind and Listening to Native Hawaiian Students in the Transition Process
Kathryn K. Yamamoto, Rhonda S. Black
The purpose of this qualitative multiple case study was to describe how culture, disability, and prospective first-generation college student status influenced the transition process and goals of five native Hawaiian students with SLD who attended a Hawaiian-focused public charter school. Findings suggest that students’ strong ties to their history and culture influenced all facets of their lives, including their decisions about the future. College was viewed as a vehicle to support family members. The lack of economic, social, and cultural capital presented a larger barrier to accessing college education than did disability. The researchers present implications for educators and adult service providers who develop culturally appropriate programs.

12:30 p.m. – 1:00 p.m.
Program ID #525, Poster Area 9
Working with Deaf and Hard-of-Hearing Clients: Implications for Practice
L. Marinn Pierce, Amanda K. Sortwell
Deaf and hard-of-hearing clients must learn to navigate between two cultures. In this poster, professional counselors will explore opportunities for increased inclusion of Deaf and hard-of-hearing individuals in the counseling process. Factors such as language, interpreting, logistics, culture, and social justice issues will be presented. Particular emphasis will be given to the limitations and challenges of current counseling models and interventions, including suggestions for overcoming these challenges when working with Deaf and hard-of-hearing clients.
12:30 p.m. – 1:00 p.m.  
Program ID #526, Poster Area 10  
Examining Counseling Research Related to Poverty: A Content Analysis on Poverty in Counseling Journals  
Jamie S. Carney, Sarah Kitchens, Mary Francis, Simone May  
It is essential that counseling and counselor education address socio-economic status (SES) as a dynamic in all areas of counseling, advocacy, and social justice (ACA, 2005; CACREP, 2009). This poster will discuss the findings of a content analysis of counseling journals (last 10 years, ACA journals [10], ASCA, AMHC) that focused on addressing SES. Specific emphasis was on addressing poverty and lower SES. The poster will outline findings of the analysis with a consideration of limitations and areas of concern. The poster also will discuss changes over time and areas for training consideration. Resources and materials related to addressing these issues in diversity, advocacy, and social justice training will be provided.

12:30 p.m. – 1:00 p.m.  
Program ID #528, Poster Area 12  
A Comparison Between the Demand Control and Effort Reward Imbalance Models in the Burnout of School Counselors in Korea  
Kumlan Yu  
This poster will explain the Demand Control Model (Karasek, 1979) and the Effort Reward Imbalance Model (Siegrist, 1996) to understand burnout in the school counseling profession. These models will be compared to explain burnout of professional school counselors in Korea. Based on the results, prevention and intervention strategies of burnout in the profession will be addressed. Implications to the school counseling profession across cultures will be discussed.

12:30 p.m. – 1:00 p.m.  
CSI Session  
Program ID #531, Poster Area 15  
Wilderness Therapy: Current Trends and Developments in the Outdoor Behavioral Health Industry  
Steven DeMille  
This poster will describe current activities and developments in the Outdoor Behavioral Healthcare (OBH) Industry. With the current growth in popularity and prominence as a treatment modality, more and more attention is being focused on the OBH field. This poster will identify and discuss current activities in the field including research activities, training standards, and accreditation in the OBH industry.

1:30 p.m. – 2:00 p.m.  
Program ID #534, Poster Area 2  
Exploring Adolescent Dating Violence Through a Developmental and Cultural Lens: A Literature Review  
Rachel Henesy  
The purpose of this poster is to disseminate information gathered through a literature review on adolescent dating violence. It highlights the importance of this issue for counselors, and explores the developmental impact of dating violence on adolescent mental health and identity development. The emphasis of the poster is on strengths and resiliencies from a multicultural perspective, as this is relevant to counselors for purposes of prevention and intervention. Implications for future research also will be provided.
1:30 p.m. – 2:00 p.m.
Program ID #535, Poster Area 3
Counseling College Seniors Through the Transition Out of College: Applying Theory and Research to Practice
Joel A. Lane, Dena Elghoroury
The senior year of college represents a significant transition, during which individuals prepare to leave behind the freedom of the college experience and to assume ownership of adult roles. Recent research suggests that many of today’s college seniors are experiencing distress and reduced well-being regarding their ability to transition into career life, develop new support networks, and leave behind the freedom of the student lifestyle. This poster will focus on the psychological implications of the graduation transition. The presenter will use his own research and clinical experience to provide attendees with a framework for understanding and working with seniors to promote well-being and successful transitions out of college.

1:30 p.m. – 2:00 p.m.
Program ID #536, Poster Area 4
Constructing an Integrative Training Approach for Substance Abuse Counselors
Justin R. Watts, Laura Anne Copley
Counselors and counselor educators involved in treatment provision, education, or research regarding co-occurring substance abuse and mental health diagnoses will learn the many barriers to treatment that face this population. Supporting research will define an integrative treatment model that will be used to effectively train counselors to productively work with clients who exhibit co-occurring substance abuse and mental health diagnoses.

1:30 p.m. – 2:00 p.m.
Program ID #537, Poster Area 5
Integrating Bowenian Family Systems Theory with the Dual Process Model of Bereavement in Approaching Parental Grief
Nasima R. Khan
Child death and parental grief rates have increased in recent years, resulting in higher rates of marital strife, separation, and divorce. While many counseling theories and models of grief exist that can help counselors work with grieving parents, little exists in the literature that attempts to infuse a counseling theory with a model of grief. This poster synthesizes family systems theory with the dual process model of bereavement, to offer professional counselors a comprehensive understanding of how parents grieve individually and as a couple. Receive handouts of intervention strategies based on the concepts of both family systems and dual process.

1:30 p.m. – 2:00 p.m.
Program ID #538, Poster Area 6
Child Sexual Abuse and Trauma-Focused CBT with African-American Children
Denise R. Rosario
This poster relates to a qualitative case study consisting of six African-American children and their respective African-American female parents. The study was conducted to explore the phenomena surrounding the experiences of African-American children, ages 7 to 11, and their parents when the children are sexually abused and seek trauma-focused cognitive behavioral therapy (CBT) to address sexual abuse-related post-traumatic stress (PTS). The information related to these topics will help guide care providers in
developing appropriate interventions when using trauma-focused CBT to minimize the short- and long-term effects of PTS, maximize treatment outcomes for African-American children, and help support the parents of the victimized children.

1:30 p.m. – 2:00 p.m.
Program ID #539, Poster Area 7
Ethnic Identity Development and Comfort and Competence of Counselor Educators in Addressing Multicultural Issues
Malik Raheem
In the quantitative study, the relationship between racial/ethnic identity and comfort and competence of addressing multicultural issues with counselor educators was studied. Supervisors are responsible to assist counselors or counselors-in-training to be competent in providing therapeutic services to clients and to ensure that their supervisees are multicultural competent counselors.

1:30 p.m. – 2:00 p.m.
Program ID #540, Poster Area 8
African-American Help-Seeking Behaviors: The Role of the Black Church
Janee’ R. Avent
African Americans are disproportionately represented in a number of vulnerable populations; however, compared to majority racial and ethnic groups, African Americans are less likely to seek mental health help from counseling professionals. One alternative resource that is central within the African-American community is the Black church, which is considered a less stigmatized method of getting help in the Black community. This poster provides background information on the Black church and its influence on African-American help-seeking behaviors.

1:30 p.m. – 2:00 p.m.
Program ID #542, Poster Area 10
An Investigation into the Contribution of School Counselors’ Well-Being and Self-Efficacy in Relation to Service Delivery
Patrick Mullen
This poster outlines a research investigation that examined the contributions of school counselor’s wellbeing and self-efficacy regarding their service delivery. Learn about the literature supporting this research, the research methodology and data analysis employed, the results of the study, and implications for practice and research. Handouts will be provided.

1:30 p.m. – 2:00 p.m.
Program ID #543, Poster Area 11
A Phenomenological Study of Middle School Bullying in the Rio Grande Valley
Vanessa Cristina Cantu
Bullying is a world-wide phenomenon (Piskin, 2002). Bullying is the most reported type of school violence (Carney, 2009). Of all the educational settings, middle school students are the ones who are experiencing it the most (Scaglione & Scaglione, 2006; Swearer, Espelage, & Napolitano, 2009). Also, numerous researchers have found that students in the special education program are victims of bullying (Christensen, Fraynt, Neece, & Baker, 2012; Coloroso, 2008; Mishna, 2003; Rose, Espelage, & Monda-Amaya, 2009). For these reasons the presenter chose to conduct a qualitative study on middle school students in the special education program who have had
experiences with bullying. This poster provides the study’s findings.

1:30 p.m. – 2:00 p.m.
Program ID #544, Poster Area 12
Emotional Intelligence: Imperative for the Organizationally Relevant Outcomes for School Counselors
Sachin Jain, Sylvia Lindinger-Sternart
In their day-to-day work, school counselors must balance a variety of tasks, and a high level of stress often accompanies the attempt to find balance and complete tasks. Stress can affect such factors as job satisfaction, reputational effectiveness, general health, and turnover intention for school counselors. This poster explores data collected from 163 ASCA members, examining whether emotional intelligence has an impact on such factors as school counselors’ job satisfaction, reputational effectiveness, general health, and turnover intention. Outcomes and implications for school counselors will be discussed.

1:30 p.m. – 2:00 p.m.
Program ID #545, Poster Area 13
Counselors Unite: How One Branch’s Evidence-Based Advocacy Campaign Defeated Legislation Harmful to Clients
Michael Bundy
Discover how a state branch worked to defeat harmful legislation that would have prevented school counselors from working with students on personal/social issues and that would have allowed counselors-in-training to refuse to counsel clients based on personal convictions. Mental health counselors and school counselors teamed up to launch an evidence-based, effective advocacy campaign. This poster will share the various strategies used to mobilize membership and the public regarding the negative impact of the proposed legislation. You will receive a packet outlining the advocacy campaign and examples of how to communicate to stakeholders, legislators, and government policy makers.

1:30 p.m. – 2:00 p.m.
CSI Session
Program ID #546, Poster Area 14
Integration of Counseling into Community Outreach: A Salutogenic Approach
Stacey Litam, Paula Britton
Salutogenesis is a new concept originating in the medical literature. Salutogenesis seeks to investigate why some individuals get sick when exposed to stressors while others are more resilient. This poster outlines the basic concepts of salutogenesis and its integration into the counseling profession, particularly in preventive outreach to communities through helping people improve their physical, emotional, and social well-being by adopting a positive worldview perspective and developing a wide range of resiliency resources.

1:30 p.m. – 2:00 p.m.
CSI Session
Program ID #547, Poster Area 15
Going Out on a Limb: Advocating for LGBTQ Youth Using the At-Risk Tree Model
Richard Joseph Behun, Julie Cerrito
Like a tree needs a good gardener to provide the nourishment and support it requires in order to grow to its fullest potential, LGBTQ youth need a good advocate to provide those same qualities to ensure that they, too, have the opportunity to grow to theirs. This
poster will introduce transformative leaders in counseling to the metaphorical “At-Risk Tree” model as a theoretical and organizational framework to advocate for LGBTQ youth, starting from the ground up.

1:30 p.m. – 2:00 p.m.
CSI Session
Program ID #548, Poster Area 16
Let’s Talk About Sex!: Utilizing Attachment Research To Enhance Psychoeducational Groups on Healthy Sexuality
Erin Davis, Ryan Davis
This poster presents research on fostering a healthy understanding of sexuality and sex in general among college students through the utilization of psychoeducational groups separated based on attachment styles. These groups cater to the unique needs of each attachment style by sensitively addressing topics of sexuality. This reduces sexual anxiety, reduces risky sexual behaviors, and increases the understanding of how attachment style and early relational development impact the development of sexuality.

2:30 p.m. – 3:00 p.m.
Program ID #549, Poster Area 1
The Role of Client Dispositional Optimism in Promoting Career Counseling Process and Outcomes
Stephanie Crockett
Past research suggests that dispositional optimism may be an influential factor in client career development and overall well-being. However, few studies address how client dispositional optimism impacts the career counseling process and outcomes. This poster will provide an understanding of how client dispositional optimism influences the therapeutic working alliance and career counseling outcomes. Findings from a recent study concerning client optimism in a clinical counseling setting will be presented. Evidence-based implications and practices will be provided for counselor educators, supervisors, and practitioners.

2:30 p.m. – 3:00 p.m.
Program ID #551, Poster Area 3
Developmental Play Groups with Homeless Preschool Students: Results from Ongoing Action Research
Catherine Tucker
Early intervention for behavioral and emotional problems has long been known to greatly improve life outcomes for young children exposed to violence, trauma, and stress. What we are still figuring out is how to intervene with preschool children effectively. One model of intervention for homeless and at-risk preschool students is gathering evidence to support its continued use. Developmental play groups, based on the Theraplay™ model and emerging neuroscience, can be effective in helping young children better manage their emotions and behaviors. The structure and content of the groups, and the growing data from them, will be explored. Come ready to play!

2:30 p.m. – 3:00 p.m.
Program ID #552, Poster Area 4
A Phenomenological Study of New Motherhood During a Doctoral Program in Counseling
Jessica M. Holm, Elizabeth A. Prosek
Female graduate students are often faced with the decision to continue with their education or become mothers. Pressures of academia may cause hes-
itiation when making family planning decisions. In this session, women’s lived experiences as a new mother during a doctoral program in counseling are presented. Results and implications of a qualitative study are presented. Consider how counseling program structure and university resources contribute to students’ ability to obtain balance between work and life.

2:30 p.m. – 3:00 p.m.
IAMFC Session
Program ID #553, Poster Area 5
The Importance of the Professional Will
Bret Hendricks, Loretta Bradley
The professional will is a roadmap in which the counselor directs what happens to his or her practice in the event that the counselor becomes incapacitated due to sudden death or illness. In this poster, attention is directed to the importance of the professional will, and a model of a professional will is presented.

2:30 p.m. – 3:00 p.m.
Program ID #554, Poster Area 6
Male Counselors: Where Art Thou?
Rebecca Earhart Michel, Danica Hays, Sonya Lorelle
Professional counseling is a female-dominated occupation; however, little is known about the experiences of men being socialized into this profession. This poster will highlight a study addressing counseling faculty members’ perceptions of men training to become professional counselors.

2:30 p.m. – 3:00 p.m.
Program ID #555, Poster Area 7
Using Bloom’s Taxonomy To Assess Cognitive Complexity in Group Work: Implications for Group Counselors and Supervisors
John Davison, Joel Diambra
This poster will consist of a brief review of a qualitative study focused on group counseling students’ cognitive complexity development (using Bloom’s Cognitive Taxonomy). Using excerpts from students’ reflective writings, the presenters will highlight findings and implications for counselors, supervisors, and educators.

2:30 p.m. – 3:00 p.m.
Program ID #556, Poster Area 8
Utilizing Ai Chi and Laughter Yoga Alternative Therapies for Counselor and Client Wellness
Suzanne Antoinette Whitehead
Ai Chi is a water movement and relaxation program that combines the concepts of Tai Chi, Shiatsu, and Qi Gong techniques. It is traditionally practiced in a warm-water therapy pool of approximately 92 degrees, but the techniques can easily be learned and practiced on land. The slow, planned movements are combined with deep, diaphragmatic breathing to promote relaxation, decrease negative stress, and increase levels of endorphin production. Laughter yoga combines deep, yogic breathing (pranayama) with simple-to-use exercises that produce simulated laughter that quickly turns into genuine, heartfelt mirth. The exercises are easy to learn and can be utilized anywhere with clients of all ages, backgrounds, and abilities (and for counselor self-care).

2:30 p.m. – 3:00 p.m.
Program ID #557, Poster Area 9
Traumatic Grief and Loss: Lessons Learned with International Latino Families, Implications, Training, and Research
Betty Cardona, Jenny Cureton
The presenter will discuss the Inter-
national Society of Traumatic Stress Studies model for counseling and international training. Counselors need preparation to serve traumatized clients and manage our own vicarious trauma. Guidelines exist for culturally sensitive trauma-informed practice, training, and research. The presenters will review the guidelines, the trauma curriculum delivered to providers at the U.S.-Mexico border, and related research findings. If you work with clients who are dealing with trauma concerns, are survivors of community or other violence, and are refugees, immigrants, or otherwise international or culturally diverse, this session will provide information on culturally sensitive trauma treatment, training, and research.

2:30 p.m. – 3:00 p.m.
Program ID #558, Poster Area 10
Breaking Down the Differences: Latino Men Gender Role Strain and Depression
Jesse Valdez
The experience and expression of depression for some men is unique. As such, it is inconsistently identified by those who would be able to help. Latino men in particular may be at high risk for experiencing this undiagnosed and therefore untreated masculine type of depression. The goal of the current investigation was to conduct a secondary analysis assessing if the endorsement of traditional masculine gender-role norms, trait-type anger, and outwardly expressed anger could predict depression scale scores differentially for Caucasian and Latino men. It was hypothesized that Latino men’s endorsement of these variables would significantly predict their depression scale scores. Implications for clinicians and future researchers are provided.

2:30 p.m. – 3:00 p.m.
Program ID #559, Poster Area 11
Distress in Male Caregivers of Breast Cancer Patients: The Role of Shame
Sarah Dihmes, Elaine Song
This study explored the role of shame as a part of male caregiver distress. Research shows that as many as 30% of cancer patient spouses experience depression (Blanchard, Albrecht, & Ruckdeschel, 1997) and that caregivers are not being adequately supported (Hasson-Ohayon, Goldzweig, Braun, & Galinsky, 2010). Male caregivers often have difficulty discussing their concerns about their wives’ breast cancer and their fears about their wives’ mortality. Building upon current literature, the study examined possible correlations between shame and depression (prototypical and masculine), shame and role strain (new caregiving responsibilities), and shame and spouse’s stage of cancer.

2:30 p.m. – 3:00 p.m.
ASERVIC Session
Program ID #561, Poster Area 13
Spiritual Awareness and Influences of Men and Women in Midlife: A Review of Literature
Lisa Jackson-Cherry, Ryan D. Foster, Victoria Holmes, Shelley A. Hudson, Dominique Adkins
Humans have a spiritual dimension by nature of being human and each person has the capacity for spirituality. Spiritual capacity gradually increases with age with regards to self-acceptance and perceptions of one’s life, particularly in mid-life stage. It consists of finding core meaning in life, which is influential for spiritual experiences and expressions as one ages and confronts various realities associated with mid-life. This progression changes the nature of meaning making from
provisional, everyday meaning to larger life-meaning. This poster will present a review of literature on spiritual experiences of men and women — what it means to them and how it affects their lives and relationships in their mid-life stage of life.

2:30 p.m. – 3:00 p.m.  
CSI Session  
Program ID #562, Poster Area 14  
Promoting Counselor Professional and Personal Well-Being Through Advocacy  
Yue Dang, Varunee Faii Sangganjanavanich  
Professional counselors are often exposed to occupational stressors that may lead them to experience burnout and impairment. To help counselors better promote their professional and personal well-being, advocacy efforts in macro, meso, and micro levels need to take place in the counseling profession. This poster provides practical advocacy strategies to promote counselor professional and personal well-being in the individual, community, and profession levels.

2:30 p.m. – 3:00 p.m.  
CSI Session  
Program ID #563, Poster Area 15  
Rural and Small Community Counseling Practice: Challenges and Suggestions for Enhancement  
Denise Drebes, Andrea Fifield  
This poster will focus on the unique challenges associated with counseling practice in rural and small communities. Client challenges include availability, access, and perception issues. Counselor challenges include training, collaboration/consultation, and unique ethical issues associated with practicing in a small community.

Rural diversity will be highlighted. Suggestions for enhancing rural and small community counseling practice will be presented, along with the results of the Rural and Small Community Counseling Needs Assessment.

2:30 p.m. – 3:00 p.m.  
CSI Session  
Program ID #564, Poster Area 16  
Advocacy and Leadership: An Investigation into the Perceptions of American Counseling Association Members  
Jill Dubendris, Melissa “Nikki” Freeburg  
This poster will feature the findings from a pilot study (funded by Chi Sigma Iota) that explored the perceptions of ACA members on professional advocacy. Explored elements included: perceived competence and knowledge, academic preparation, where responsibility lays, and the impact of professional leadership often being coupled with advocacy. Focus will be placed on how the findings compare to current literature that asserts that the proper advocacy priorities should be the profession before clients.

3:30 p.m. – 4:00 p.m.  
IAAOC Session  
Program ID #565, Poster Area 1  
Effectiveness of Recovery High Schools as Continuing Care for Substance Use and Co-Occurring Disorders: Preliminary Findings  
Andy Finch  
Recovery high schools offer academics within an environment promoting recovery. Features include the maintenance of a drug-free learning environment with post-treatment continuing care. This poster will examine preliminary data from a NIDA-funded study evaluating the effectiveness of recovery high schools for improving
behavioral and academic outcomes of adolescents with substance use and co-occurring disorders. The study represents the first rigorous research on the effectiveness of recovery schools, and it considers whether recovery high schools are more effective than regular high schools combined with the usual continuing care support services in preventing relapse, facilitating academic achievement, and reducing dropout for students in recovery.

3:30 p.m. – 4:00 p.m.
ACAC Session
Program ID #566, Poster Area 2
ACAC Presents: Directive Play Therapy — A Solution-Focused Approach
Elsa Soto Leggett, Katherine M. Bacon
Directive play therapy is a form of play therapy that is structured and prescriptive. It uses planned, structured play activities in almost every session. Directive play therapy is individualized to match the specific problems and cultural needs of a client. It uses numerous therapeutic approaches and differential applications to meet the client’s needs (Schaefer & Drewes, 2010). This poster will describe structured play therapy and present a solution-focused approach to the structured play model as well as specific guidelines for the appropriate structured activities and exercises.

3:30 p.m. – 4:00 p.m.
Program ID #567, Poster Area 3
Achieving a Seamless Integration of the Major Theories of Psychotherapy
Robert M. Anderson
Numerous theories of psychotherapy have been developed over the past millennium. Psychodynamic, humanistic, and cognitive-behavioral psychotherapies are among the most prominent. Each of these therapies can be effective and each offers unique ways of approaching the psychotherapeutic treatment of clients. Recently there have been serious attempts to integrate disparate therapies and bring their most effective characteristics to bear on clinical problems. Theoretical integration attempts to synthesize theories into a unified whole. Understanding methods for achieving theoretical integration can assist the therapist in achieving this kind of theoretical maturity while providing the client with fully human yet empirically based treatment.

3:30 p.m. – 4:00 p.m.
Program ID #568, Poster Area 4
Faculty Response to Emotionally Distressed Students: Supporting College Student Wellness Beyond the Counseling Center Walls
Erica J. Seidel, Danna Ethan
Trends in college mental health show an increase in severity of mental illness. Instead of using counseling services, many students confide in other trusted professionals on campus, often their professors. Many faculty members are unprepared to handle these complex mental health issues despite being asked to do so by students seeking their support. Counselors are in a unique place to provide mental health support not only as it is traditionally thought of within the walls of the counseling center, but also by providing training and support to professionals in the college community who are increasingly on the front lines of this issue. Learn concrete strategies and evidence-based resources designed to meet this goal.
3:30 p.m. – 4:00 p.m.
Program ID #569, Poster Area 5
Say That Again: Language Barriers in the Supervision Relationship from Two Multicultural Clinical Supervisors
Mais Imad Al-Deen Al-Nasa’h, Maia Niguel Moore
An informative poster will be presented by two multicultural clinical supervisors who have experience in examining the clinical supervision relationship in which language barriers exist. One of the supervisors is American and the other is international, which provides a multifaceted look at language differences within clinical supervision. The presenters will explore how the Discrimination Model can help international and American supervisors address obstacles found in clinical supervision where language barriers exist. We will discuss how these obstacles affect the supervisory process and the overall outcome of the supervision relationship. Please join us and participate in this thoughtful look at language and clinical supervision.

3:30 p.m. – 4:00 p.m.
IAMFC Session
Program ID #570, Poster Area 6
Celiac Disease: Psychological, Developmental, and Family Counseling Issues
Brandé Flamez
Celiac disease (CD) is a lifelong inherited autoimmune disease triggered by gluten that affects 1% of the population and 1 out of every 133 people in the U.S. The psychological and developmental issues arising with children who are diagnosed with CD are serious yet remain unreported in the counseling literature. In addition to understanding the medical relationship to psychological symptoms, family counselors also should understand the developmental issues and family dynamics that may result from the disease. An overview of the medical aspects of CD, gender and cultural factors, prognosis, psychological factors, and developmental factors as well as implications for counseling are presented.

3:30 p.m. – 4:00 p.m.
Program ID #571, Poster Area 7
Transgender Youth: Strategies for Increasing Safety, Awareness, and Inclusion in Schools
Catherine Griffith, Patrick Mullen
The growing recognition of transgender youth carries important implications for counselors. Faced with additional unique obstacles in schools, this poster will outline proactive strategies that can be used to create a safe environment, establish resources, and increase awareness and inclusion to improve the lives of this emerging community. Leave this poster armed with information, ideas, and ample resources to make sites safer, welcoming, and effective for gender-nonconforming clients.

3:30 p.m. – 4:00 p.m.
Program ID #572, Poster Area 8
PTSD and Intimate Relationships: Secondary Traumatic Stress Symptoms in Military Spouses
Andrea G. Bjornestad
Secondary traumatization refers to the transmission of symptoms resembling post-traumatic stress disorder (PTSD), such as nightmares, disturbing thoughts, and flashbacks from an individual who directly experienced a traumatic event to another significant person (Galovski & Lyons, 2004). This study investigated the presence and severity of PTSD symptoms in a sample of 227 Army National Guard
veterans and secondary traumatic stress symptoms among their spouses. The impact of spousal perceptions of PTSD in the soldier on the development of secondary traumatic stress symptoms in the spouse also was assessed. Results of the study will be discussed as well as implications for counselors working with military couples.

3:30 p.m. – 4:00 p.m.  
Program ID #573, Poster Area 9  
Indigenous Counseling in Taiwan  
Pei-Chun Chen, Sandra M. Logan  
To enrich our understanding of international counseling is to enhance our understanding of the paths and the contents of indigenous counseling from other countries. This poster will provide the development and the accomplishment of indigenous counseling in Taiwan. Utilization of alternative models and approaches in cross-cultural counseling and multicultural counseling also will be discussed.

3:30 p.m. – 4:00 p.m.  
ARCA Session  
Program ID #574, Poster Area 10  
A Catalyst for Change: Students with Intellectual Disabilities in Postsecondary Education  
Kathryn K. Yamamoto  
The Dual Enrollment with Individualized Supports Project has proven to be a catalyst for change for individuals, programs, and organizations that serve individuals with intellectual disabilities as they transition to college. This poster will discuss how this model demonstration project has presented a paradigm shift in the ways vocational rehabilitation counselors and administrators and community college personnel perceive and serve students with intellectual disabilities.

3:30 p.m. – 4:00 p.m.  
Program ID #575, Poster Area 11  
This Is Our Story: Understanding the Experiences of African-American Clients in a Community Counseling Clinic  
Jessica Martin, Kathrina Nicole Cann  
As counselors, it is vital for us to understand what it is like to see and understand therapy through the eyes of our clients. Understanding how clients view the process of counseling helps us to better understand our clients, discover more effective counseling interventions, and increase our own worldview and awareness. As the body of knowledge focusing on client perceptions of mental health counseling grows, one area that is still considerably lacking is the voice of African Americans. This qualitative study looks at the experiences of African-American clients in a university community counseling clinic. This poster focuses on results of the research study and implications for counselors based on the research findings.

3:30 p.m. – 4:00 p.m.  
Program ID #576, Poster Area 12  
Factors Affecting Latino Boys’ Achievement in American High Schools: Looking at the NCES 2009 High School Longitudinal Study  
Mary Ann Clark  
The U.S. Latino population grew 43% in the past decade representing more than half the country’s population growth; its share of the population has increased from 13%–16%, to over 50.5 million in 2010. There has been an increasing achievement gap in the U.S. based on gender and race/ethnicity with regard to high school graduation and dropout rates, as well as college enrollment and retention. In the U.S., Latino males have the lowest
high school graduation rates as well as the lowest college enrollment and completion rates of any subgroup. This research project sought to identify barriers, resources, and important demographic information to make recommendations to support Latino males in their educational attainment.

3:30 p.m. – 4:00 p.m.
Program ID #577, Poster Area 13
Counseling Conservative Religious Clients: A Primer for Addressing LGBT and Gender Issues
Robyn Brammer
CACREP has begun emphasizing the importance of religious-based cultures. However, many practitioners have only a cursory knowledge of various religions and little understanding of how to address sensitive topics within various religious cultures. This poster will provide the key religious texts regarding LGB practices, transgender (and eunuchs), sex outside of marriage, and perceptions on divorce. All of these issues can lead to profound anxiety for clients, and counselors should have a basic understanding of how the religious worldview impacts their thoughts and decisions.

3:30 p.m. – 4:00 p.m.
CSI Session
Program ID #579, Poster Area 16
Collaborative Lobbying at State and National Levels: Beta Phi, ICA, AMHCA Days on the Hill
Lori Russell-Chapin, Nancy Sherman
This poster details the Beta Phi Chapter collaboration with counselor organizations to lobby for counseling-related legislation at the state and national levels. Training included procedures for approaching legislators in the house and senate and briefings about the school counseling and clinical mental health bills before the general assembly. Day on Hill programs provided counselors and students with skills and frameworks for continuing professional advocacy efforts as well as educated legislators about the counseling profession.

3:30 p.m. – 4:00 p.m.
CSI Session
Program ID #580, Poster Area 16
Advocacy: Assessing Burnout and Organizational Activity as Support in Counselor Trainees and Early Professionals
Amanda Tuohy, Samantha Ramsay
Participation and/or professional organization membership might function as a protective factor against the experience of burnout on student interns in CACREP-accredited mental health counseling programs (Valparaiso University, Purdue University, and Indiana University) and post-graduates during their first two years of employment. Practice-based research offers opportunities for professional advocacy and program evaluation. This research is beneficial to analyze the potential for burnout in reference to quality of care and self-care in new mental health care professionals.
ACA, ACA Affiliates and Divisions – Business Meetings and Social Events

Meetings and social events by organization for ACA are listed in chronological order under the appropriate acronym.

AADA – Association for Adult Development and Aging
AARC – Association for Assessment and Research in Counseling
ACA – American Counseling Association
ACA Branches
    HCA – Hawaii Counseling Association
ACA Regions
    Midwest Region
    North Atlantic Region
    Southern Region
    Western Region
ACAC – Association for Child and Adolescence Counseling
ACAF – American Counseling Association Foundation
ACC – Association for Creativity in Counseling
ACCA – American College Counseling Association
ACEG – Association for Counselors and Educators in Government
ACES – Association of Counselors in Education and Supervision
AHC – The Association for Humanistic Counseling
ALGBTIC – Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
AMCD – Association for Multicultural Counseling and Development
ARCA – American Rehabilitation Counseling Association
ASERVIC – Association for Spiritual, Ethical and Religious Values in Counseling
ASGW – Association for Specialists in Group Work
CACREP – Council for Accreditation of Counseling and Related Educational Programs
CSI – Chi Sigma Iota
CSJ – Counselors for Social Justice
IAAOC – International Association of Addictions and Offenders Counselors
IAMFC – International Association of Marriage and Family Counselors
NCDA – National Career Development Association
NECA – National Employment Counseling Association

Divisions not holding ancillary events
AMHCA – American Mental Health Counselors Association
ASCA – American School Counselor Association
AADA

Thursday, March 27
9:00 a.m. – 4:00 p.m.
AADA Board Meeting
Hilton Hawaiian Village - Illima Boardroom

Friday, March 28
11:00 a.m. – 12:00 p.m.
AADA Committee/Competencies Task-force & Strategic Planning Meeting
Hilton Hawaiian Village - Sea Pearl 4

6:00 p.m. – 8:00 p.m.
AADA, AARC, ACAC, ASERVIC, AHC & IAAOC Joint Reception
Hilton Hawaiian Village - South Pacific 1

Saturday, March 29
7:00 a.m. – 8:00 a.m.
AADA Awards and Business Meeting
Hilton Hawaiian Village - Sea Pearl 1 & 2

10:00 a.m. – 11:00 a.m.
AADA Adultspan Journal Editorial Board Meeting
Hilton Hawaiian Village - Illima Boardroom

2:00 p.m. – 3:00 p.m.
AADA New Board Meeting
Hilton Hawaiian Village - Hibiscus 1

AARC

Thursday, March 27
9:00 a.m. – 4:00 p.m.
AARC Executive Council Meeting
Hilton Hawaiian Village - South Pacific Boardroom

Friday, March 28
9:00 a.m. – 12:00 p.m.
AARC New Executive Council Meeting
Hilton Hawaiian Village - Lehua

6:00 p.m. – 8:00 p.m.
AARC, AADA, ACAC, ASERVIC, AHC & IAAOC Joint Reception
Hilton Hawaiian Village - South Pacific 1

ACA

Tuesday, March 25
9:00 a.m. – 5:00 p.m.
ACA Governing Council
Hilton Hawaiian Village - Coral Ballroom 1 & 2

Wednesday, March 26
9:00 a.m. – 5:00 p.m.
ACA Governing Council
Hilton Hawaiian Village - Coral Ballroom 1 & 2

Thursday, March 27
10:00 a.m. – 12:00 p.m.
ACA International Committee
Hilton Hawaiian Village - Hibiscus 2

2:00 p.m. – 3:00 p.m.
ACA Branch Executives Meeting
Hilton Hawaiian Village - Iolani 3 & 4

2:00 p.m. – 4:00 p.m.
Friends of Bill
Hilton Hawaiian Village - Iolani 5

[142]
3:00 p.m. – 5:00 p.m.
ACA First Timers Orientation and Reception
Hilton Hawaiian Village - Coral Ballroom 1

5:00 p.m. – 7:00 p.m.
ACA COPARC Meeting
Hilton Hawaiian Village - South Pacific 2

6:00 p.m. – 8:00 p.m.
ACA VISTAS Contributors Reception
(Invitation only)
Hilton Hawaiian Village - South Pacific 3

Friday, March 28

7:00 a.m. – 8:00 a.m.
ACA Traumatology Interest Network Meeting
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Women’s Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Grief and Bereavement Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Interest Network for Advances in Therapeutic Humor
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Wellness Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Traumatology Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Children’s Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Interest Network for Professional Counselors in Schools
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Network for Jewish Interests
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Sports Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Historical Issues in Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Animal Assisted Therapy in Mental Health Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Ethics Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Crisis Response Planning Task Force
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Task Force for School Counseling
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Ethics Appeal Panel Task Force
Hilton Hawaiian Village - Coral Ballroom 4
7:00 a.m. – 8:00 a.m.
National Institute for Counseling Research Task Force
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA International Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA DSM-5 Task Force
Hilton Hawaiian Village - Coral Ballroom 4

7:00 a.m. – 8:00 a.m.
ACA Leadership Development Task Force
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Public Policy and Legislation Committee Meeting
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Nominations and Elections Committee
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Awards Committee Meeting
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Branch Development Committee
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Research and Knowledge Committee
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Human Rights Committee
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Graduate Student Committee
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Audit Committee
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Professional Standards Committee
Hilton Hawaiian Village - Coral Ballroom 4

10:30 a.m. – 12:00 p.m.
ACA Bylaws and Policy Committee
Hilton Hawaiian Village - Coral Ballroom 4

11:00 a.m. – 1:00 p.m.
ACA Region Officers Meeting
Hilton Hawaiian Village - Iolani 6

1:00 p.m. – 2:00 p.m.
ACA Governing Council New Member Orientation
Hilton Hawaiian Village - Iolani 7

3:00 p.m. – 5:00 p.m.
Friends of Bill
Hilton Hawaiian Village - Iolani 7

5:00 p.m. – 6:30 p.m.
ACA International Student Panel
ACA International Student Panel
Hilton Hawaiian Village - South Pacific 3

6:00 p.m. – 8:00 p.m.
ACA Change Agents in Public Policy — A Reception Honoring Those Supporting ACA’s Legislative Agenda
Hilton Hawaiian Village - Hibiscus Suite

6:30 p.m. – 7:30 p.m.
ACA International Reception
Hilton Hawaiian Village - South Pacific 3

9:00 p.m. – 12:00 a.m.
ACA Opening Party
Hilton Hawaiian Village - Coral Ballroom

We want to know what you think!
Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
### Saturday, March 29

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00 a.m.</td>
<td>ACA Midwest Region Business Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 2</td>
</tr>
<tr>
<td>11:00 a.m.</td>
<td>ACA North Atlantic Region Business Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 3</td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>ACA Council of Journal Editors Meeting</td>
<td>Hilton Hawaiian Village - Hibiscus 2</td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>ACA Southern Region Business Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 2</td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>ACA Western Region Business Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 3</td>
</tr>
<tr>
<td>2:00 p.m.</td>
<td>Friends of Bill</td>
<td>Hilton Hawaiian Village - Iolani 7</td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td>ACA-NY Meeting</td>
<td>Hilton Hawaiian Village - Iolani 6</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td>ACA JCD Editorial Board Meeting</td>
<td>Hilton Hawaiian Village - Hibiscus 2</td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>ACA Past President’s Social</td>
<td>Hilton Hawaiian Village - Kahili 2</td>
</tr>
<tr>
<td>6:00 p.m.</td>
<td>ACA National Awards</td>
<td>Hilton Hawaiian Village - Coral Ballroom 4 &amp; 5</td>
</tr>
<tr>
<td>7:30 p.m.</td>
<td>ACA Talent Show</td>
<td>Hilton Hawaiian Village - Coral Ballroom 4 &amp; 5</td>
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</table>

### Sunday, March 30

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td>ACA Traumatology Interest Network Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 4</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>ACA Annual Membership Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 1</td>
</tr>
</tbody>
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### ACAC

#### Friday, March 28

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>10:30 a.m.</td>
<td>ACAC Board Meeting</td>
<td>Hilton Hawaiian Village - Hibiscus 2</td>
</tr>
<tr>
<td>6:00 p.m.</td>
<td>ACAC, AADA, AARC, AHC, ASERVIC, &amp; IAAOC Joint Reception</td>
<td>Hilton Hawaiian Village - South Pacific 1</td>
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</table>

#### Saturday, March 29

<table>
<thead>
<tr>
<th>Time</th>
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<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 a.m.</td>
<td>ACAC Membership Meeting</td>
<td>Hilton Hawaiian Village - Iolani 5</td>
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### ACC

#### Thursday, March 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>2:00 p.m.</td>
<td>ACC Board and Business Meeting</td>
<td>Hilton Hawaiian Village - Sea Pearl 3</td>
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</table>

#### Friday, March 28

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>7:00 p.m.</td>
<td>ACC, ACES, ASGW Joint Reception</td>
<td>Hilton Hawaiian Village - Rainbow</td>
</tr>
</tbody>
</table>
**ACCA**

Saturday, March 29

5:00 p.m. – 6:30 p.m.
ACCA Reception
Hilton Hawaiian Village - Lehua

**ACEG**

Thursday, March 27

8:00 a.m. – 4:00 p.m.
ACEG Professional Development Institute
Hilton Hawaiian Village - South Pacific 1

12:00 p.m. – 2:00 p.m.
ACEG Annual Awards Luncheon
Hilton Hawaiian Village - Kahili 1

Friday, March 28

2:00 p.m. – 3:00 p.m.
ACEG Annual Director’s Board Meeting
Hilton Hawaiian Village - Hibiscus 1

3:00 p.m. – 4:00 p.m.
ACEG Membership Business Meeting
Hilton Hawaiian Village - Hibiscus 1

**ACES**

Thursday, March 27

9:00 a.m. – 12:00 p.m.
ACES, NCDA Commission on the Future of Career Development
Hilton Hawaiian Village - Sea Pearl 3

1:00 p.m. – 5:00 p.m.
ACES 2013 – 2014 Executive Council Meeting
Hilton Hawaiian Village - Hibiscus 2

Friday, March 28

7:00 a.m. – 8:00 a.m.
Southern ACES
Hilton Hawaiian Village - South Pacific 1

7:00 a.m. – 8:00 a.m.
Rocky Mountain ACES
Hilton Hawaiian Village - Sea Pearl 3

7:00 a.m. – 8:00 a.m.
North Central ACES
Hilton Hawaiian Village - Sea Pearl 1

7:00 a.m. – 8:00 a.m.
North Atlantic ACES
Hilton Hawaiian Village - Sea Pearl 2

7:00 a.m. – 8:00 a.m.
Western ACES
Hilton Hawaiian Village - Sea Pearl 4

10:30 a.m. – 11:30 a.m.
ACES Ethics & Professional Issues Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Best Practices in Teaching Task Force
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES New Faculty Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES International Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 2
10:30 a.m. – 11:30 a.m.
ACES School Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Department Chairs Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Clinical Mental Health Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Multicultural Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Clinical Director/Placement Coordinator Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Supervision Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Counselor Educator Qualitative Research Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES College Student Affairs Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Advocacy Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Doctoral Programs Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Technology Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

10:30 a.m. – 11:30 a.m.
ACES Rural Counseling Interest Network
Hilton Hawaiian Village - Coral Ballroom 2

7:00 p.m. – 9:00 p.m.
ACES, ACC, ASGW Joint Reception
Hilton Hawaiian Village - Rainbow

Saturday, March 29

7:00 a.m. – 8:00 a.m.
ACES Leadership Breakfast
Hilton Hawaiian Village - Hibiscus 1 & 2

7:00 a.m. – 8:00 a.m.
ACES Strategic Planning
Hilton Hawaiian Village - Ilima Boardroom

7:00 a.m. – 8:00 a.m.
ACES Research Grants Committee
Hilton Hawaiian Village - Iolani 6

7:00 a.m. – 8:00 a.m.
ACES Graduate Student Meeting
Hilton Hawaiian Village - Iolani 7

10:00 a.m. – 11:00 a.m.
ACES Product Development Committee Meeting
Hilton Hawaiian Village - Rainbow 1

10:00 a.m. – 11:00 a.m.
ACES Awards Committee Meeting
Hilton Hawaiian Village - Rainbow 3

10:00 a.m. – 11:00 a.m.
ACES Social Justice and Human Rights Committee
Hilton Hawaiian Village - Rainbow 2
<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:00 a.m. – 11:00 a.m.</td>
<td>ACES Membership Committee Meeting</td>
<td>Hilton Hawaiian Village - Iolani 6</td>
</tr>
<tr>
<td>10:00 a.m. – 11:00 a.m.</td>
<td>ACES Women’s Interest Group</td>
<td>Hilton Hawaiian Village - Iolani 7</td>
</tr>
<tr>
<td>12:00 p.m. – 2:00 p.m.</td>
<td>ACES Luncheon</td>
<td>Hilton Hawaiian Village - Coral Ballroom 2</td>
</tr>
<tr>
<td>3:00 p.m. – 5:00 p.m.</td>
<td>ACES CE&amp;S Editorial Board Meeting</td>
<td>Hilton Hawaiian Village - Sea Pearl 2</td>
</tr>
<tr>
<td>5:00 p.m. – 6:30 p.m.</td>
<td>ACES &amp; AMCD Joint Graduate Student Reception</td>
<td>Hilton Hawaiian Village - Kahili 1</td>
</tr>
<tr>
<td>8:00 a.m. – 9:00 a.m.</td>
<td>ACES 2015 Conference Committee Meeting</td>
<td>Hilton Hawaiian Village - Ilima Boardroom</td>
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**AHC**

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>Wednesday, March 26</td>
<td>AHC Board Meeting</td>
<td>Hilton Hawaiian Village - Sea Pearl 4</td>
</tr>
<tr>
<td>Thursday, March 27</td>
<td>AHC Board Meeting</td>
<td>Hilton Hawaiian Village - Sea Pearl 4</td>
</tr>
<tr>
<td>Saturday, March 29</td>
<td>AHC Town Hall Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 4</td>
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<tr>
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</thead>
<tbody>
<tr>
<td>1:00 p.m. – 5:00 p.m.</td>
<td>ALGBTIC Board Meeting</td>
<td>Hilton Hawaiian Village - Kahili 2</td>
</tr>
<tr>
<td>2:00 p.m. – 3:00 p.m.</td>
<td>ALGBTIC Queer People of Color Gathering</td>
<td>Hilton Hawaiian Village - Sea Pearl 4</td>
</tr>
<tr>
<td>6:00 p.m. – 7:30 p.m.</td>
<td>ALGBTIC Reception</td>
<td>Hilton Hawaiian Village - Kahili</td>
</tr>
<tr>
<td>Saturday, March 29</td>
<td>ALGBTIC Brunch</td>
<td>Hilton Hawaiian Village - Lehua</td>
</tr>
<tr>
<td>Sunday, March 30</td>
<td>ALGBTIC Rainbow 5K Run</td>
<td>Kaka’ako Waterfront Park - Off Property</td>
</tr>
<tr>
<td>10:00 a.m. – 11:30 a.m.</td>
<td>ALGBTIC Annual Open Member Meeting &amp; Nominations</td>
<td>Hilton Hawaiian Village - South Pacific 1</td>
</tr>
</tbody>
</table>

Friday, March 28

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6:00 p.m. – 8:00 p.m.</td>
<td>AHC, AARC, AADA, ACAC, ASERVIC, &amp; IAAOC Joint Reception</td>
<td>Hilton Hawaiian Village - South Pacific 1</td>
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Saturday, March 29

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<tbody>
<tr>
<td>10:00 a.m. – 11:30 a.m.</td>
<td>AHC Town Hall Meeting</td>
<td>Hilton Hawaiian Village - South Pacific 4</td>
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Sunday, March 30

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<tbody>
<tr>
<td>7:00 a.m. – 9:00 a.m.</td>
<td>ALGBTIC Rainbow 5K Run</td>
<td>Kaka’ako Waterfront Park - Off Property</td>
</tr>
</tbody>
</table>
## AMCD

### Wednesday, March 26

- **12:00 p.m. – 5:00 p.m.**
  - AMCD Service Day Volunteer Check-In
  - Hilton Hawaiian Village - Sea Pearl 1

- **3:00 p.m. – 5:00 p.m.**
  - AMCD Conference Start-Up Meeting
  - Hilton Hawaiian Village - South Pacific Boardroom

- **4:00 p.m. – 7:00 p.m.**
  - AMCD Service Day
  - Hilton Hawaiian Village - Nautilus 2

### Thursday, March 27

- **9:00 a.m. – 11:00 a.m.**
  - AMCD Executive Council & Annual Business Meeting
  - Hilton Hawaiian Village - Sea Pearl 1 & 2

- **3:00 p.m. – 4:00 p.m.**
  - AMCD Regional Representatives Meeting
  - Hilton Hawaiian Village - Kahili 1

- **3:00 p.m. – 4:00 p.m.**
  - AMCD Ethnic Concerns Vice-President’s Meeting
  - Hilton Hawaiian Village - Iolani 7

### Friday, March 28

- **7:00 a.m. – 8:00 a.m.**
  - AMCD First Timers Orientation
  - Hilton Hawaiian Village - Kahili 1

- **7:00 a.m. – 8:00 a.m.**
  - AMCD Latino/Latina Concerns Meeting
  - Hilton Hawaiian Village - Hibiscus 1

### Saturday, March 29

- **10:00 a.m. – 11:00 a.m.**
  - AMCD JMCD Editorial Board Meeting
  - Hilton Hawaiian Village - Nautilus 1

- **10:00 a.m. – 11:00 a.m.**
  - AMCD Southern Region Business Meeting
  - Hilton Hawaiian Village - Hibiscus 1

- **10:00 a.m. – 11:00 a.m.**
  - AMCD Western Region Business Meeting
  - Hilton Hawaiian Village - Hibiscus 2
**Business Meetings & Social Events**

<table>
<thead>
<tr>
<th>Time</th>
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<th>Location</th>
</tr>
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<tbody>
<tr>
<td>10:00 a.m. – 11:00 a.m.</td>
<td>AMCD North Atlantic Region Business Meeting</td>
<td>Hilton Hawaiian Village - Kahili 1</td>
</tr>
<tr>
<td>10:00 a.m. – 11:00 a.m.</td>
<td>AMCD Midwest Region Business Meeting</td>
<td>Hilton Hawaiian Village - Kahili 2</td>
</tr>
<tr>
<td>12:00 p.m. – 2:00 p.m.</td>
<td>AMCD Luncheon</td>
<td>Hilton Hawaiian Village - Coral Ballroom 1</td>
</tr>
<tr>
<td>3:00 p.m. – 4:30 p.m.</td>
<td>AMCD Writer’s Consortium</td>
<td>Hilton Hawaiian Village - South Pacific 4</td>
</tr>
<tr>
<td>5:00 p.m. – 6:30 p.m.</td>
<td>AMCD &amp; ACES Joint Graduate Student Reception</td>
<td>Hilton Hawaiian Village - Kahili 1</td>
</tr>
<tr>
<td>6:30 p.m. – 7:30 p.m.</td>
<td>AMCD Volunteer Service Day Reception</td>
<td>Hilton Hawaiian Village - Kahili 1</td>
</tr>
<tr>
<td>9:00 p.m. – 12:00 a.m.</td>
<td>AMCD Dance &amp; Mixer</td>
<td>Hilton Hawaiian Village - Rainbow</td>
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**Sunday, March 30**

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<tbody>
<tr>
<td>10:00 a.m. – 12:00 p.m.</td>
<td>AMCD Membership Meeting &amp; Executive Council Debriefing</td>
<td>Hilton Hawaiian Village - South Pacific 3</td>
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**ARCA**

**Wednesday, March 26**

<table>
<thead>
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<tbody>
<tr>
<td>2:00 p.m. – 5:00 p.m.</td>
<td>ARCA Board Meeting</td>
<td>Hilton Hawaiian Village - Sea Pearl 2 &amp; 3</td>
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</table>

**Thursday, March 27**

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m. – 1:00 p.m.</td>
<td>ARCA Board Meeting</td>
<td>Hilton Hawaiian Village - Lehua</td>
</tr>
</tbody>
</table>

**Friday, March 28**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30 a.m. – 12:00 p.m.</td>
<td>ARCA RCB Editorial Board Meeting</td>
<td>Hilton Hawaiian Village - Kahili 1</td>
</tr>
<tr>
<td>11:00 a.m. – 1:00 p.m.</td>
<td>ARCA Student Orientation</td>
<td>Hilton Hawaiian Village - Sea Pearl 1 &amp; 2</td>
</tr>
<tr>
<td>2:00 p.m. – 3:00 p.m.</td>
<td>ARCA Business Meeting</td>
<td>Hilton Hawaiian Village - Kahili 1</td>
</tr>
<tr>
<td>6:00 p.m. – 8:00 p.m.</td>
<td>ARCA Reception</td>
<td>Hilton Hawaiian Village - Sea Pearl 1-2-3</td>
</tr>
</tbody>
</table>

**Saturday, March 29**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 a.m. – 12:00 p.m.</td>
<td>ARCA Student Activities</td>
<td>Hilton Hawaiian Village - Nautilus 2</td>
</tr>
<tr>
<td>12:00 p.m. – 1:00 p.m.</td>
<td>ARCA Student Research Forum</td>
<td>Hilton Hawaiian Village - Nautilus 2</td>
</tr>
</tbody>
</table>

**ASERVIC**

**Thursday, March 27**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m. – 4:00 p.m.</td>
<td>ASERVIC Board Meeting</td>
<td>Hilton Hawaiian Village - Nautilus 1</td>
</tr>
</tbody>
</table>

We want to know what you think!
Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
Friday, March 28

7:00 a.m. – 8:00 a.m.
ASERVIC Editorial Board Meeting
Hilton Hawaiian Village - Nautilus 2

12:00 p.m. – 2:00 p.m.
ASERVIC Luncheon
Hilton Hawaiian Village - South Pacific 2

2:00 p.m. – 3:00 p.m.
ASERVIC Graduate Student Meeting
Hilton Hawaiian Village - Sea Pearl 3

6:00 p.m. – 8:00 p.m.
ASERVIC, AARC, AADA, ACAC, AHC, & IAAOC Joint Reception
Hilton Hawaiian Village - South Pacific 1

Saturday, March 29

2:00 p.m. – 3:00 p.m.
ASERVIC State Presidents Meeting
Hilton Hawaiian Village - Kahili 1

Sunday, March 30

9:00 a.m. – 10:00 a.m.
ASERVIC Interfaith Service
Hilton Hawaiian Village - South Pacific 1

ASGW

Wednesday, March 26

9:00 a.m. – 5:00 p.m.
ASGW Executive Board Meeting
Hilton Hawaiian Village - Kahili 2

Thursday, March 27

9:00 a.m. – 4:00 p.m.
ASGW Executive Board Meeting
Hilton Hawaiian Village - Nautilus 2

Friday, March 28

12:00 p.m. – 2:00 p.m.
ASGW Luncheon
Hilton Hawaiian Village - South Pacific 3

2:00 p.m. – 3:00 p.m.
ASGW Fellows Recognition: Dr. Niloufer Merchant, 2013 Fellow
Hilton Hawaiian Village - Iolani 5 & 6

3:00 p.m. – 4:00 p.m.
ASGW Fellows Committee Meeting
Hilton Hawaiian Village - Iolani 5 & 6

4:30 p.m. – 5:30 p.m.
ASGW Journal for Specialists in Group Work Meeting
Hilton Hawaiian Village - Sea Pearl 4

Saturday, March 29

7:00 p.m. – 9:00 p.m.
ASGW, ACC, ACES Joint Reception
Hilton Hawaiian Village - Rainbow

Saturday, March 29

7:00 a.m. – 8:30 a.m.
ASGW Member Community Breakfast, Annual & Committee Meeting
Hilton Hawaiian Village - Rainbow 3

CACREP

Friday, March 28

9:00 a.m. – 10:30 a.m.
CACREP Team Member and Team Chair Updates
Hilton Hawaiian Village - South Pacific 1

1:00 p.m. – 3:00 p.m.
CACREP Table Talk
Hilton Hawaiian Village - South Pacific 1
### CHI Sigma Iota

**Thursday, March 27**

2:30 p.m. – 5:00 p.m.  
Chi Sigma Iota Executive Council Meeting & Leadership Fellow Orientation  
Hilton Hawaiian Village - Sea Pearl 1 & 2

**Friday, March 28**

1:00 p.m. – 3:30 p.m.  
Chi Sigma Iota Leadership Workshop  
Hilton Hawaiian Village - Nautilus 1 & 2

3:30 p.m. – 5:00 p.m.  
Chi Sigma Iota Delegate Business Meeting  
Hilton Hawaiian Village - Nautilus 1 & 2

5:00 p.m. – 6:00 p.m.  
Chi Sigma Iota Annual Awards  
Hilton Hawaiian Village - Nautilus 1 & 2

6:00 p.m. – 7:30 p.m.  
Chi Sigma Iota Reception  
Hilton Hawaiian Village - South Pacific 2

**Saturday, March 29**

7:00 a.m. – 8:00 a.m.  
Chi Sigma Iota Committee Chairs  
Hilton Hawaiian Village - Nautilus 1

7:00 a.m. – 8:30 a.m.  
Chi Sigma Iota Fellows/Intern Reflections Meeting  
Hilton Hawaiian Village - Nautilus 2

8:00 a.m. – 9:00 a.m.  
Chi Sigma Iota JCLA Editorial Board Meeting  
Hilton Hawaiian Village - Coral Ballroom 2

8:00 a.m. – 9:30 a.m.  
Chi Sigma Iota Committees  
Hilton Hawaiian Village - Coral Ballroom 2

### CSJ

**Wednesday, March 26**

9:00 a.m. – 4:00 p.m.  
CSJ Board & Strategic Planning Meeting  
Hilton Hawaiian Village - Kahili 1

**Friday, March 28**

11:00 a.m. – 1:00 p.m.  
CSJ Brunch  
Hilton Hawaiian Village - Kahili 2

2:00 p.m. – 3:00 p.m.  
CSJ Town Hall Meeting  
Hilton Hawaiian Village - Lehua

### IAAOC

**Thursday, March 27**

1:00 p.m. – 4:00 p.m.  
IAAOC Executive Committee Meeting  
Hilton Hawaiian Village - Hibiscus 1

**Friday, March 28**

6:00 p.m. – 8:00 p.m.  
IAAOC, AARC, AADA, ACAC, ASERVIC, & AHC Joint Reception  
Hilton Hawaiian Village - South Pacific 1

We want to know what you think!  
Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
Saturday, March 29

7:00 a.m. – 8:30 a.m.
IAAOC Breakfast
Hilton Hawaiian Village - Sea Pearl 3 & 4

2:00 p.m. – 3:00 p.m.
JAOC Editorial Board Meeting
Hilton Hawaiian Village - Iolani 5

3:00 p.m. – 4:00 p.m.
IAAOC Membership Meeting
Hilton Hawaiian Village - Nautilus 2

Thursday, March 27

4:00 p.m. – 9:00 p.m.
IAMFC Executive Board Meeting
Hilton Hawaiian Village - Iolani 6

Friday, March 28

12:00 p.m. – 2:00 p.m.
IAMFC Luncheon
Hilton Hawaiian Village - South Pacific 4

3:00 p.m. – 4:00 p.m.
IAMFC Business Meeting
Hilton Hawaiian Village - Hibiscus 2

Saturday, March 29

2:30 p.m. – 4:00 p.m.
IAMFC Family Journal Editorial Board Meeting
Hilton Hawaiian Village - Sea Pearl 3 & 4

NCDA

Thursday, March 27

9:00 a.m. – 12:00 p.m.
NCDA, ACES Commission on the Future of Career Development
Hilton Hawaiian Village - Sea Pearl 3

NECA

Thursday, March 27

5:00 p.m. – 6:30 p.m.
NECA Executive Board Meeting
Hilton Hawaiian Village - NECA Suite

6:30 p.m. – 7:30 p.m.
NECA General Membership Reception
Hilton Hawaiian Village - NECA Suite

Conference Updates
Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hawaii Convention Center.
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▶ **Hospital Indemnity Insurance**
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▶ **Disability Income Insurance**
Apply for a benefit of up to $2,000 a month, paid directly to you, to help with expenses if you are totally disabled by injury or illness and unable to work. Importantly, this plan covers you in your own occupation, not just any job.

▶ **Accidental Death and Dismemberment Insurance**
Enroll for a benefit of up to $250,000, paid to your loved ones if they were to lose you in an accident. Your approval is guaranteed, with no medical exam, no health questions.

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1Issuance of a Certificate of Insurance or payment of benefits may depend upon the answers given in the application and the truthfulness of those answers.

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AG-10465 (01/14)
Expo Information

Expo Hours

Thursday, March 27
4:00 p.m. – 6:00 p.m.
Grand Opening & Welcome Reception in the Expo!

Friday, March 28
10:00 a.m. – 5:30 p.m.
Lunch in the Expo. Sponsored by Walden University 12:00 – 2:00 p.m.

Saturday, March 29
9:30 a.m. – 5:30 p.m.
Snack lunch in the Expo. Sponsored by Walden University 12:00 – 2:00 p.m.

Be sure to visit the ACA Pavilion consisting of:
• ACA Membership Booth
• ACA Public Policy
• ACA Professional Affairs and Ethics

And there’s much more happening in the Expo:
• Snack lunch
• Reception
• Cyber Lounge
• Poster sessions
• ACA Pavilion
• ACA Bookstore
• ACA Career Center

ACA Bookstore and Author Book Signings

See the impressive line of new ACA releases, books by keynote presenters, counseling classics, and much more. Have an idea for a book you’d like to write? Meet with the Associate Publisher to discuss how to submit a book proposal. Converse with some of the most influential and distinguished counselors in the field while they autograph their book for you at the ACA Author Book Signings!
1EQ
Booth 312, 314
www.1EQ.me
1EQ is the first web-based patient-engagement platform in mental healthcare designed to streamline patient-provider communication and improve treatment plan adherence and efficacy, yielding improved mental health outcomes and lowered system costs.

AATBS – Association for Advanced Training in the Behavioral Sciences
Booth 509
www.aatbs.com
AATBS has supported the needs of more than 500,000 mental health professionals and is the recognized leader in providing licensing exam preparation and continuing education throughout the United States and Canada since 1976.

Adams State University – Counselor Education
Booth 323
counseloredu.adams.edu
Now accepting applications! Adams State University is a comprehensive regional university in southern Colorado. M.A. in Counseling is CACREP accredited with specialties in CMHC and School Counseling. First cohort in our online Ph.D in Counselor Education & Supervision: Fall 2014.

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Booth 600, 602
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Microtraining Associates, imprint of Alexander Street Press, is a leading provider of films and books for multicultural, competency-based therapist education. Come learn about our new and award-winning collections, including Counseling and Psychotherapy Transcripts: Volume II, launched this January.

American College Counseling Association
Booth 302
www.collegecounseling.org
The American College Counseling Association (ACCA) is a multidisciplinary group of mental health professionals and graduate students interested in and/or employed in higher education, most commonly college counseling centers. ACCA members represent a variety of community, 2-year, and 4-year colleges and universities.

American Counseling Association Bookstore
Booth 701
www.counseling.org
Visit the ACA Bookstore for the latest books, DVDs, and ACA accessories at special discounts. New releases include DSM-5 Learning Companion for Counselors; Culturally Responsive Counseling With Latinas/os; Career Counseling, 4th Edition; A Counselor’s Guide to Working With Men; Youth at Risk, 6th Edition; Counseling Around the World; Eating Disorders and Obesity; Family Violence; and School Counselors Share Their Favorite Classroom Guidance Activities.

American Mental Health Counselors Association
Booth 517
www.amhca.org
AMHCA works exclusively for licensed mental health counselors by advocating for legislation that expands, enhances, and protects the right to practice; promotes mental health awareness; and builds the profession of mental health counseling nationally. Please visit www.amhca.org or call 800-326-2642.
American Psychological Association  
**Booth 409**  
www.apa.org  
The American Psychological Association (APA) is the premier source for information in psychology. APA delivers this information through its expansive collection of books, journals, newsletters, electronic products, and its website.

**Apprentice**  
**Booth 912**  
Apprentice software improves the counseling supervision experience for students and supervisors. Created by counselor educators, it is a mobile application that provides HIPAA/FERPA secure storage for case notes and audio recordings, tracks student goals, creates transparency in evaluation, and more!

**Argosy University**  
**Booth 400, 402**  
www.argosy.edu  
Argosy University, with 28 locations across the country, offers a variety of graduate degree programs in the mental health area, including mental health counseling, community counseling, counselor education and supervision, and marriage and family therapy. Visit us online at argosy.edu.

**Argosy University, College of Clinical Psychology**  
**Booth 400, 402**  
www.argosy.edu  
The clinical psychology programs within the College of Clinical Psychology at Argosy University are designed to teach students to function effectively as clinical psychologists. The curricula for these programs encompass the science of psychology, clinical practice, and professional development. Visit us online at argosy.edu/clinical-psychology.

**Association Book Exhibit**  
**Booth 304**  
www.bookexhibit.com  
A combined display of scholarly/professional titles from leading publishers. Free ordering catalog available.

**Association for Counselor Education and Supervision**  
**Booth 305**  
www.acesonline.net  
The Association for Counselor Education and Supervision (ACES) supports quality education and supervision of all counselors. ACES produces a top-tier journal dedicated to research and best practices in counselor education and supervision, and it supports regional and national conferences.

**Association for Humanistic Counseling (AHC)**  
**Booth 213**  
afhc.camp9.org  
The Association for Humanistic Counseling, formerly C-AHEAD, a founding association of ACA, provides a forum for the exchange of information about humanistically-oriented counseling practices and promotes changes that reflect the growing body of knowledge about humanistic principles applied to human development and potential.

**Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling**  
**Booth 407**  
www.algbtic.org  
The Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (ALGBTIC) is a division of ACA. Our mission is to promote greater awareness and understanding of lesbian, gay, bisexual, and transgender issues among members.
of the counseling profession and related helping occupations.

**Association for Spiritual, Ethical, and Religious Values in Counseling**  
Booth 524  
www.aservic.org  
ASERVIC is excited to be a part of the ACA Hawaii exhibit hall! Please join us and learn about our conference on spirituality, network with other counselors, enjoy a spiritual vitamin, and hear about our spiritual competencies, teaching modules, and much more!

**Association of Counselors and Educators in Government**  
Booth 424  
acegonline.org  
The Association of Counselors and Educators in Government is the military division of ACA. Our purpose is to encourage and deliver meaningful guidance, counseling, and educational programs to members of the armed services, family members, and civilian employees of state/federal agencies.

**Association of Partners of Sex Addicts Trauma Specialists – APSATS**  
Booth 504  
www.partnertraumaspecialists.org  
Sex addiction has negative consequences for all involved, especially for the partner or spouse. APSATS is dedicated to professional training and certification, public education, and advocacy for treatment of sex addicts and intimate partners from a Multidimensional Trauma Model approach.

**Bio-Medical Instruments, Inc.**  
Booth 813  
www.bio-medical.com  
Bio-Medical Instruments can help counselors by providing tools that teach individuals to relax and control their own stress response. When individuals “learn” to control their stress response, they lead happier, healthier lives. Come by our booth and see how you can teach your clients to relax and improve their lives.

**BrainMaster Technologies, Inc.**  
Booth 606, 608  
www.brainmaster.com  
Cengage Learning is a leading educational content, software, and services company for the academic, professional, and library markets worldwide. The company provides personalized services and course-driven digital solutions that enhance the educational process resulting in a more engaged learner.

**Center for Credentialing & Education**  
Booth 706  
www.nbcc.org  
The Center for Credentialing & Education, Inc. (CCE), an affiliate of the National Board for Certified Counselors, provides practitioners and organizations with credentialing, assessment and business services. CCE credentials more than 25,000 practitioners worldwide. Visit CCE at booth #706.

**Center for Reality Therapy**  
Booth 612  
www.realitytherapywub.com  
Robert E. Wubbolding, EdD, director of the Center for Reality Therapy, author of 13 books, and trainer in the USA, Europe, Asia, the Middle East, provides practical ideas and tools to enhance the work of counselors, therapists, educators, and others seeking to elevate skill levels.
Civilian Corps U.S. Army Medical Command
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Vast opportunities. Exceptional benefits. Rewarding careers. The Civilian Corps U.S. Army Medical Command provides health care at more than 70 facilities worldwide. Come meet our career consultants and explore your opportunities.

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www.therapistsdemandbetter.com
We provide customizable software solutions for efficiently managing mental health paperwork, insurance authorizations, communications, and professional requirements. We provide innovative software solutions to the headaches in your practice and let you get back to being a therapist.

EdITS
Booth 408
www.edits.net
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Education Management Solutions
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SIMULATIONiQ Counseling is a fully integrated, audio-video-enabled counselor education solution providing data management and skill assessment to maximize educational benefits. It brings together all the sources and systems into a single, simplified view that saves time. Visit booth #507 and www.SIMULATIONiQ.com.

Excelsior University
Booth 404
www.excelsior.edu

Florida Atlantic University, Department of Counselor Ed
Booth 616
www.fau.edu

Foundations Recovery Network
PREMIUM BOOTH 1001 (near registration)
www.foundationsrecoverynetwork.com

Healthcare Providers Service Organization
Booth 513
www.aon.com
For 20 years, Healthcare Providers Service Organization (HPSO) has been protecting counselors from medical malpractice lawsuits and state practice inquiries. With more than 1 million policyholders covering 90+ healthcare professions and the endorsement of 70+ professional associations, HPSO is the nation’s largest provider of professional liability coverage to healthcare professionals.

Human Rights Campaign Foundation
Booth 215
www.hrc.org
The Human Rights Campaign Foundation improves the lives of LGBT people by working to increase understanding and encourage the adoption of LGBT-inclusive policies and practices. We build support for LGBT people among families and friends, employers, pastors, doctors, teachers, and the general public.

We want to know what you think!
Visit the kiosks on the 3rd floor of the Hawaii Convention Center to complete conference survey.
International Association of Marriage and Family Counselors
Booth 403
www.iamfconline.com
The International Association of Marriage and Family Counselors (IAMFC) is a division of the American Counseling Association. IAMFC embraces a multicultural approach in support of the worth, dignity, potential, and uniqueness of the families we serve.

International Institute for Trauma & Addiction Professionals – IITAP
Booth 614
www.iitap.com
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Mississippi College, Doctor of Professional Counseling Program
Booth 618
http://instituteasc.com
The Doctor of Professional Counseling is a post-master’s degree clinical doctorate for those interested in attaining high standards of professional practice.

National Board of Certified Counselors
Booth 708
www.nbcc.org
The National Board for Certified Counselors, Inc. (NBCC), an independent nonprofit, is the nation’s premier and largest counselor certification organization. Visit booth #708 to meet staff, learn about the NBCC Foundation, and obtain certification ribbons and other NBCC materials.

Netsmart
Booth 214 – 218
www.ntst.com

New Mind Mapping/New Mind Academy
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www.newmindtech.com
Learn how to enhance clinical outcomes by incorporating quantitative EEG brainmapping/neurofeedback into your practice. New
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NSU’s master’s degree training is based on a model that emphasizes interdisciplinary collaboration, prevention of dysfunction, and direct service. The coursework provides broad-based training designed to equip people with the competencies necessary to confront a wide variety of contemporary challenges.

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Pearson
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www.pearson.com
Visit PEARSON in booth #515, and explore our new suite of print and digital counseling resources. Explore our new video-enhanced Pearson eText titles, MyCounselingLab, an online instructional resource for professors and students, and revisions of numerous best-selling titles across the counseling curriculum.

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PREMIUM BOOTH 1000 (near registration)
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PESI, Inc. is a nonprofit organization serving the education needs of professionals since 1980. In addition to our seminars, PESI provides continuing education to professionals and organizations through in-house training, publications, audio and video home study, and on-demand trainings.

Psychological Counseling Services
Booth 523
pcsearle.com

Psychotherapy.net
Booth 308
www.psychotherapy.net
Psychotherapy.net training videos are now available in streaming via institutional and individual subscriptions. Access the richest and most comprehensive collection of psychotherapy and counseling videos 24/7 and enhance your teaching and training capabilities. Stop by our booth #308 for details.

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Richmont Graduate University provides master’s-level training in counseling, specialized concentrations, and clinical mental health services though our nine community counseling centers. Additionally, Richmont conducts research demonstrating the integration of psychology and Christian faith. Campuses are located in Atlanta and Chattanooga.

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Therapeutic books, games, and toys for children ages 3 to 10 emphasize communication and social skills, embracing differences, addressing conflict, and developing boundaries/personal safety. The complete curriculum currently available for school counseling or private practice, with additional products being developed regularly.

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www.springerpub.com

The Tova Company
Booth 704
www.thetovacompany.com
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www.thera-link.com
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Thriveworks
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www.thriveworks.com
At Thriveworks, we believe that everyone has the potential to grow — to thrive. Thriveworks practices offer premium counseling and coaching at locations across five states. We are currently recruiting new clinicians, and franchise opportunities are available! Learn more at http://Thriveworks.com/franchise.

University of Cincinnati
Booth 306
cech.uc.edu/programs/counseling.html
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University of Texas – San Antonio
Booth 505
www.utsa.edu
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Utila
Booth 815
www.utila.us
Utila is a web and mobile environment for mental health providers and clients. Search free clinical tools shared by providers. Subscription based services include HIPAA-secure file sharing, tasks and reminders, and tracking for providers and clients.

Valley Hope Technology
Booth 522
www.iacess.net
iAC/ESS turn-key behavioral health software was developed by Valley Hope Association with over 10 years administrative, financial, and clinical practice by behavioral healthcare therapists, managers, accountants, and clinical supervisors. Configured to your needs, iAC/ESS is your key to efficient charting.

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Meet ACA Keynote Speaker
Morgan Spurlock
At a Special Book Signing in the Exhibit Hall!

Don’t Eat This Book: Fast Food and the Supersizing of America

Friday, March 28 at 10:00 a.m.
Please purchase books at the ACA Bookstore in advance of the signing.
Hawaii Convention Center

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Sessions are listed by topic category. Sessions marked with an asterisk (*) in front of them are approved for the listed Academy.

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Stop by the ACA Career Center and have a cup of coffee on us while you browse job boards filled with opportunities from a vast array of sources, including academia, counseling agencies, community counseling centers, hospitals, the federal government, and more.

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