



Pre-conference Learning Institutes (LI)

Learn more by coming to Pittsburgh a day or two early!



What You Should Know About Lis:

- *Separate registration rates apply (see box above)*
- *Register by November 30 and save!*
- *Rates are \$75–\$140 (members) per LI*
- *Register using Registration Form on p. 37*
- *21 Advanced level; 19 Introductory selected by peer review*
- *Class sizes are limited and some fill up fast*
- *Intensive learning with well-qualified, highly-rated instructors*
- *Earn 6 CE hours per full day sessions; 3 hours for evening sessions*

LI Rates	Super Saver By November 30		Advance By February 15, 2010		Onsite After February 15, 2010	
	Day	Evening	Day	Evening	Day	Evening
ACA/PCA Members						
Professional/Regular	\$140	\$95	\$155	\$115	\$195	\$155
New Professional/Student/Retiree	\$95	\$75	\$115	\$90	\$155	\$130
Non-Members						
General Attendees	\$190	\$150	\$205	\$165	\$245	\$205
Non-Member Student	\$150	\$125	\$165	\$140	\$205	\$180

Key to Levels

Introductory

Suitable for all levels. Regardless of knowledge or skill level, participants will gain foundation knowledge required to enhance counseling skills.

Advanced

Suitable for those who have substantial working knowledge and skills in content area. Participants will refine and expand current expertise.

March 18, Daytime Sessions

9:00 am – 4:30 pm

10001 Advanced**Exemplary Practices and Clinical Applications of Latino Counseling Competencies**

G. Miguel Arcineiga, PhD, Maritza Gallardo-Cooper, PhD, Adelaida Santana-Pellicier, PhD, Zoila Tovar-Blank, PhD, Diane Estrada, PhD, Araceli Mejia, MA, Elizabeth Poloskov, BA

Participants interested in developing an advanced level of counseling competency with Latinos should consider this LI as an extension of an in-depth curriculum in Latino counseling. It will provide an in-depth and comprehensive opportunity to develop and implement exemplary practices sensitive to the heterogeneity of the Latino population. An iconic model developed specifically to address the Latino client and based on seven factors, it serves as a framework to guide assessment and intervention. Case studies, role-playing, experiential activities, and video vignettes will be used. Presenters with an extensive clinical experience will share methods applicable to a wide variety of settings.

10002 Introductory**Motivational Interviewing: Collaborative Counseling for the Ambivalent and Resistant Client**

Rick Gressard, PhD, Sara Scott, MEd

What is Motivational Interviewing (MI)? MI is an evidence-based intervention that emphasizes clients' choices and ways to deal with resistance to change. It is not a set of techniques only, but an attitude. How will this presentation help you learn to do MI? About 60 minutes of the LI will cover the principles of MI. The remainder of the 5 ½ hours will include: film demonstrations of MI, participants working singly, writing responses to clients portrayed in short video clips (written responses will be scored and returned to participants, with feedback), participants practicing in triads and dyads, and demonstrations by presenters.

10003 Advanced**Advanced Techniques for Group Leaders: Essential and Creative Skills for Effective Group Leadership**

Ed E. Jacobs, PhD, Chris Schimmel, EdD

This workshop focuses on very practical skills, techniques, and strategies for group leading. Much of the

LI will be demonstrations. Videos of actual groups with teens and women in a halfway house will be shown. How to deal with difficult members will be discussed and demonstrated. Techniques for working effectively with one member while keeping the other members involved will be shown. The effective use of theories in groups will be discussed and demonstrated. Many new, creative exercises will be presented along with 10 common mistakes of group leaders. Learn many new, creative, theory-driven ideas, techniques, and exercises that can be used immediately.

10004 Advanced**Rhythms of Discovery: An Introduction to The Bonny Method of Guided Imagery and Music**

Erin Johnson, MEd, Cara Marinucci, MS

Experience the transformational power of music and the arts! Learn how music, imagery, and mandalas can be used as a creative adjunct to traditional methods of counseling practice. This engaging introduction to The Bonny Method of Guided Imagery and Music will highlight techniques to use immediately with individuals and groups. You will experience the therapeutic impact of music by practicing in dyads and receiving coaching to acquire the skills necessary.

10005 Introductory**A Personal Path to Professional Excellence: Personal Wellness as the Key to Counselor Vitality, Creativity, and Success**

Gerard Lawson, PhD, Jane E. Myers, PhD

Well counselors produce well clients. Counselors have long believed this maxim, and emerging research supports empirically what we have known intuitively. Following surveys of counselor wellness, we now know that counselors caring for themselves is good clinical practice and the key to a longer, more vital career. This presentation will describe this research, and more importantly, will help you discover your individual path to personal and professional wellness. You will receive a personalized wellness profile, be invited to participate in wellness exercises across domains, and develop a plan to revitalize your personal wellness, professional practice, and to support those around you.

10006 Introductory**Counseling to Get Students Ready for College: A Multidimensional Approach**

Vivian V. Lee, EdD, Cheryl Holcomb-McCoy, PhD

Based on race and income, there are vast disparities among students in college attendance and completion. School counselors are in a pivotal position to challenge the barriers that keep low-income and students of color from going to college. Nevertheless, many school counselors aren't trained to implement college readiness counseling with an equity focus. This LI, designed for school counselors and school counselor educators, will cover the knowledge and skills necessary for effective equity-focused college readiness counseling.

10007 Introductory**Effective Techniques for Dealing With Highly Resistant Clients**

Clifton W. Mitchell, PhD

The successful management of resistance is the pivotal point of effective therapy and a critical component in alleviating therapists' stress. This seminar is designed to teach innovative approaches and ideas to prevent, avoid, and resolve resistance. These techniques are applicable across a wide array of clients, problems, and cultures, and they can be integrated with all theoretical approaches. Emphasis will be on "how to" aspects of resistance management, though the theory is always presented.

10008 Introductory**Counseling Athletes Across the Lifespan**

Taunya Marie Tinsley, PhD, Albert Petitpas, EdD, Jim Presbrey, MA

Sports counseling is a process to assist individuals with maximizing their academic, athletic, social, and personal development. This LI examines current counseling strategies used with the athlete population across the lifespan in a variety of settings including school settings, private practice, mental health agencies, professional sporting agencies, and recreational settings. Participants will explore current research in motivation and life skill development, psychosocial development, and career maturity. This LI will be delivered via interactive group discussions, experiential learning, small group activities, and by the use of technology.

10009 Advanced**Cutting Edge Reality Therapy Skills: Practical and Empowering for Counselors Caring for Clients Feeling "Put Upon" by Society**

Robert E. Wubbolding, EdD

This LI presents cutting edge and advanced tools and techniques for dealing with client behaviors that seem difficult to deal with: feelings of being put upon, actions that are often labeled resistant or hostile, and self-talk that seems defeatist. Discussion of principles underlying the advanced use of the WDEP (wants, doing, evaluation, planning) system of reality therapy will illustrate the practicality of this multiculturally validated counseling method. Simulated role-play demonstrations are the focus of this skill-based, hands-on, research-centered workshop. You will gain specific tools to use immediately for empowering clients—tools that are self-rejuvenating for counselors.

10010 Advanced**The Courage Workshop: Assessment and Training for Love, Work, Friendship/Family, Self, and Spirituality Tasks**

Julia Yang, PhD, Mark Blagen, PhD

Courage refers to the ability to move on in the presence of difficulties. The purpose of this LI is to present courage as the main thrust of understanding and training for mental health in five life task areas: work, love, friendship/family, self, and spiritual well being. The presenters will discuss the theoretical basis of courage in combination with the assessment and training strategies of Individual psychology. You will actively work with the presenters as you learn to use seven creative assessment and training tools to address client issues and development in all five life task areas. You will acquire culturally responsive techniques that facilitate courage.

March 18, Evening Sessions

5:30 pm – 8:45 pm

10011 Introductory**The Long Good-Bye: Grief Work in Substance Abuse Counseling**

Susan Furr, PhD, Kathryn Hunsucker, MA

When we hear the term "grief counseling," often our first thought is helping clients cope with the death of a significant person. But it is important that

we broaden our view of grief and loss to include many of the experiences encountered by those who abuse substances. Grief often is a very complex part of the substance abuser's life. Many have experienced important losses early in life and may begin abusing substances as a way of coping. In turn, the addiction can facilitate other losses such as job, relationships, and even freedom. But often, we do not consider the losses that occur when giving up the use of a substance. This presentation will explore the basic concepts of grief and loss theory as applied to work with substance abusers.

10012 **Advanced**

Brief Emotion Focused Couples Relationship Enhancement: Improving Attachment Security, Intimacy, Stability, and Satisfaction

Barry G. Ginsberg, PhD

Relationship Enhancement Couple Therapy is a uniquely respectful, collaborative, time-designated and powerful intervention/prevention approach. Couples learn relationship skills that incorporate empathy, nonjudgment, acceptance, attachment and emotional regulation and then practice and integrate these skills into their everyday lives. This fosters improved softening, emotional engagement, and acknowledgment of the underlying positives, elements essential to satisfying and stable relationships. Didactic, discussion, role-play and videotape methods will be used.

10013 **Advanced**

Preparing and Supporting African American College Students

Doug Guiffrida, PhD

Research that has explored the experiences of African American college students who attend predominantly White colleges is presented for the purpose of assisting school and college counselors in effectively preparing and supporting their African American college students. You will learn the ways in which families, friends, faculty, and student organizations can become both assets and liabilities to African American students.

10014 **Introductory**

Using Structural Equation Modeling to Address Questions in Counseling Research

Martin F. Lynch, PhD

The session explores ways counselors/counselor educators can enrich their practice, teaching, and research through familiarity with two cutting edge quan-

titative strategies: Structural Equation Modeling (SEM) and Multilevel Modeling (MLM). Examples of research questions that can be addressed through SEM and MLM will be explored. Basic techniques will be presented in a low-key, non-threatening, user-friendly way. The session will illustrate key points; discussion will be encouraged, with time for questions and brainstorming about additional applications. You will receive handouts outlining steps for conducting basic analyses. Objectives include familiarity with basic concepts and application to identified research questions.

10015 **Advanced**

Diversifying Your Practice: Conflict Resolution Strategies and Forensic Interventions for Children of High-Conflict Divorce

Michelle A. Mitcham, PhD

This LI will illustrate how mental health professionals as Parenting Coordinators, help high-conflict divorcing couples. Techniques of parenting coordination will be presented. Learn how to help high-conflict divorced or separated couples re-align themselves as co-parents, learn conflict resolution strategies, communication skills, and how to remove children from the middle of the conflict. Parenting Coordination offers parents solution-focused, goal-oriented, strategies for reducing inter-parental conflict and improving communication with each other and the children.

10016 **Advanced**

The Practice of Emotionally Intelligent Clinical Supervision

Kok-Mun Ng, PhD, Joseph B. Cooper, PhD, Thomas Keith Hill, MA

Responding to emotional content is vital to the formation of the supervisory relationship, yet emotional competencies are under-utilized in supervision models. The theory of emotional intelligence (EI) provides a framework for supervisors to conceptualize the roles and functions of emotion in supervision and utilize emotional experiences to promote growth for supervisee, supervisor, and client. Using theory and research, the presenters will elaborate skills, processes, and benefits of becoming an emotionally intelligent supervisor in today's diverse and global society. Case examples will illustrate the application of EI skills in supervision to promote supervisory working alliance and therapeutic alliance and outcomes.

10017 Advanced**Adding Coaching to Your Counseling Private Practice: What You Must Know—Necessary Skills, Training, and Ethical Considerations***Janet Slack, MEd*

Today's economy and work climate for counselors in private practice has caused some to question their career choice and many private practices to be threatened financially. The addition of coaching as a complementary service has reinvigorated many counselors in private practice and their businesses. Learn proven ways and practical tips to add coaching to your practice so that it is done ethically and with sound business principles. This LI will cover such topics as the similarities and differences between the two services, coaching skills and their development, coach training programs and services, ethical considerations, the impact of coaching on counseling licensure, and business structures.

10018 Introductory**Unleashing the Power of Canines in Play Therapy With Anxious and Depressed Children and Adolescents***Mary Jean Thompson-Rottier, EdD, Jennifer Ryan Austin, MS*

This program is designed for clinicians who wish to enhance their ability to work with anxious and depressed children and adolescents. Participants will learn the principles of Paws for Healing, a therapeutic program that builds upon the psychological benefits of integrating canines into play therapy. This LI provides an in-depth look at choosing and training the canine, setting up a Canine-Assisted Play Therapy (CAPT) playroom, conducting the session, and addressing ethical and cultural considerations specific to CAPT. Presenters will discuss the available research on CAPT with anxiety and depressive disorders. Learn how the human-animal bond can be used to advance the field of child and adolescent therapy.

10019 Introductory**When Sex Becomes an Addiction***Marie Wilson, MA*

Regardless of the work setting, counselors may encounter clients whose problematic sexual behavior fits the parameters of addictive/compulsive illness. When these cases present themselves, they need to know how to make an appropriate assessment to determine whether an addictive process is present in order to make decisions about intervention and level of care necessary for each client. Compulsive sexual behavior, referred to as

sex addiction, is a co-occurring mental health condition that can be overlooked or misdiagnosed by counseling professionals, contributing to recidivism rates. This LI examines symptoms of the disorder, prevalence, specific behaviors, the epidemic of Internet pornography, etiology, and assessment criteria.

10020 Advanced**DSM-IV-TR Diagnostic Training: Sharpening Your Skills as a Clinical Mental Health Counselor***Carlos P. Zalaquett, PhD*

Clinical Mental Health Counselors, the new professional denomination approved by CACREP (2009), are expected to use diagnostic procedures effectively. This program reviews the six-steps of the diagnostic process and uses videotaped and written clinical vignettes to help participants practice their diagnostic skills. Clinical cases describing mood or anxiety disorders will be presented. For each clinical case, the client's description, signs and symptoms, tentative diagnosis, alternative diagnoses, and best psychotherapeutic practices available to date will be reviewed to help you sharpen your clinical skills.

ACA Division Acronyms

- AACE** - Association for Assessment in Counseling and Education
- AADA** - Association for Adult Development and Aging
- ACC** - Association for Creativity in Counseling
- ACCA** - American College Counseling Association
- ACEG** - Association for Counselors and Educators in Government
- ACES** - Association for Counselor Education and Supervision
- ALGBTIC** - Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
- AMCD** - Association for Multicultural Counseling and Development
- AMHCA** - American Mental Health Counselors Association
- ARCA** - American Rehabilitation Counseling Association
- ASCA** - American School Counselor Association
- ASERVIC** - Association for Spiritual, Ethical, and Religious Values in Counseling
- ASGW** - Association for Specialists in Group Work
- C-AHEAD** - Counseling Association for Humanistic Education and Development
- CSJ** - Counselors for Social Justice
- IAAOC** - International Association of Addictions and Offender Counselors
- IAMFC** - International Association of Marriage and Family Counselors
- NCDA** - National Career Development Association
- NECA** - National Employment Counseling Association

March 19, Daytime Sessions

9:00 am – 4:30 pm

10021 Advanced**The Many Facets of Grief***David Capuzzi, PhD, Mark D. Stauffer, PhD*

Because loss is connected with many life experiences, (e.g., death of a significant other, career reversals and disappointments, relationship endings, moving, changes in health status, aging, absence of expected life experiences), there are many circumstances in which counselors and therapists are called upon to assist clients with the bereavement process. You will come away with guidelines and techniques related to working through loss issues. A varied, experiential format will be used.

10022 Introductory**Counseling Theory in Practice***Gerald Corey, EdD, James L. Bludworth, PhD*

This LI is an introductory workshop on counseling theories applied to practice. The LI is an overview of key concepts and techniques based on these theories: psychoanalytic, Adlerian, existential, person-centered, Gestalt, behavioral, cognitive-behavioral, rational emotive behavior therapy, cognitive therapy, reality therapy, solution-focused brief therapy, narrative therapy, feminist therapy, and integrative approaches to counseling practice. Emphasis is on the value of developing a systematic way of drawing on various techniques that are applicable to counseling diverse client populations. Prior completion of a course in counseling theory is recommended.

10023 Introductory**Becoming a 21st Century School Counselor: Implementing Comprehensive School Counseling Programs***Carol A. Dahir, EdD*

This professional development experience will familiarize school counselors with the comprehensive program and the CASM National Model by utilizing “user friendly” tools to work through each of the model components: Foundation, Delivery, Management, and Accountability. Participants will align their current activities with academic, career, and personal-social development and create an action plan and timeline to take the next steps. You are encouraged to bring written information about your school counseling program, including school report cards, high school profiles, and other achieve-

ment and student-based data, to help identify elementary, middle, and high school priorities for your action plan.

10024 Introductory**Counselor Know Thyself: Making Responsive Art to Enhance Counselor Self-Awareness and Empathy***Nina Denninger, MA, Melanie Beuth, MA, Susan Novak, MA, Stefanie Sigrist, MA, Kim Frazee, MA*

Counselors often encourage clients to use creative modalities to express themselves. In this workshop, you will learn how making your own art, specifically in response to your clients and/or your clients’ art, can enhance your self-awareness, increase your empathy for clients’ experiences, and inform your practices.

10025 Advanced**Vicarious Trauma and Vicarious Resiliency in Cultural Context***Pilar Hernandez-Wolfe, PhD*

This LI addresses the interplay of vicarious trauma and vicarious resilience dynamics in the provision of services to populations affected by traumatic stress. In addition, the course examines the social and cultural dimensions of working with those affected by trauma and their mental health providers. Intersections of diversity (class, gender, sexual orientation, ethnicity, ability) dimensions are explored in clinical practice to offer clinicians a cultural equity framework for practice. Ethical implications will be discussed.

10026 Advanced**Challenging Discrimination Against LGBTQ Youth in Schools: A Guide to Transformative Advocacy for School Counselors***Pamela S. Lassiter, PhD, Amy Sifford, MS, Effie McCauley, MA*

School counselors are ethically obliged to address the needs of all students, including LGBTQ students who may be at risk due to discrimination. They often lack tools, resources, and administrative support to advocate successfully for LGBTQ students. This LI provides a theoretical and practical framework for transformative advocacy within the school community. You will learn to create transformative conversations with administrators and other stakeholders, to prepare sexual minority students and straight allies for advocacy, to recognize opposition strategies that keep Gay Straight Alliances out of school communities, legal protections, and about inclusive guidance curriculums. An Advocacy Tool Kit will be provided.

CANCELLED

10027 Introductory**The Essence of Intimacy—Experiencing the Fundamentals of Sex Counseling Through Sexual Attitude Restructuring***Amy R. Marsh, DHS*

The Essence of Intimacy is a “sexual attitude restructuring” program designed as an experiential encounter with a varied selection of material and content. As a professional, you’ll gain a greater understanding of the wide range of human sexual behavior, as well as the fundamental philosophy and ethics of sexological counseling. This broader exposure and understanding will enable you to better serve the clients who present with sexual problems or situations. Topics include ethics and morals; physical and developmental disabilities; stereotypes and prejudice; negative sexual experiences; masturbation; orientation, preferences, gender, lifespan; alternative sexual lifestyles and sex counseling basics. Explicit media, content.

10028 Introductory**The Skills of Group Practice: A Mutual Aid Model for Practice in Counseling, Psychoeducational and Educational Groups***Lawrence Shulman, EdD*

This method-focused LI will examine the beginning and middle phases of group practice. Discussion will include ambivalence and the illusion of work, passive resistance, intellectualizing, and avoidance. Individual (and at times difficult) members as well as the group-as-a-whole will be discussed. The LI itself will be a model of an educational mutual aid support group for group leaders, and the Institute’s leader will model the presented skills. Group members will be involved in presenting examples from their own practice, discussing and analyzing examples, and role playing. Inter-cultural (e.g., White leader and members of color) and intra-cultural dynamics (e.g., an Hispanic leader with Hispanic members) will be presented.

10029 Introductory**Doing Solution-Focused Brief Counseling***Gerald B. Sklare, EdD*

This experiential workshop is designed for school counselors, mental health providers and psychologists who want to learn to implement an innovative approach to empower their clients/students to recognize and utilize their resources in a minimal amount of time.

10030 Advanced**Private Practice: Surviving or Thriving?***Robert J. Walsh, MA, Norman C. Dasenbrook, MS*

Private practice for many mental health providers has been an elusive goal. This LI is a “nuts and bolts” presentation that addresses marketing and advertising, dealing with managed care, finding additional sources of income, and identifying cost-effective practice strategies. Materials will include examples of forms and marketing materials. The presenters are authors of ACA’s website section Private Practice Pointers and *Counseling Today’s* Private Practice in Counseling.

March 19, Evening Sessions

5:30 pm – 8:45 pm

10031 Advanced**Clinical Boundaries and Ethical Decision Making: How Supervision Can Help!***Paula J. Britton, PhD, Christopher M. Faiver, PhD, Cecile Brennan, PhD*

Maintaining appropriate boundaries can be a struggle for counselors, especially early in their careers. Due to the inherent evaluative component of supervision, supervisees may “hide” certain boundary challenges from their supervisors and make clinical decisions in isolation. This workshop provides an overview of the literature related to clinical boundaries and discusses the importance of supervision in recognizing and managing boundary dilemmas. The LI includes: lecture with critical case examples, the “ethics game,” which includes discussion with peers regarding ethical scenarios, and a case demonstration of a supervisee who struggles with a boundary dilemma.

10032 Advanced**Enhancing the Supervision Process: Incorporating Expressive Art Activities in Clinical Supervision***Peggy L. Ceballos, PhD, Clarrice Rapisarda, PhD*

The use of expressive arts in the supervision process can help supervisees to conceptualize cases, reflect on the client-therapist relationship, increase self-awareness, gain perspective of the clients’ experience, and understand the counseling process. In this interactive workshop, you will learn the underlying principle for choosing expressive arts activities to incorporate in supervision

as well as guidelines to process these activities. Practical examples on incorporating various expressive art modalities into participants' current work will be addressed. Presenters will use videotapes, case examples, and experiential activities to illustrate the use of expressive arts during supervision sessions.

10033 Introductory
Domestic Violence and Trauma-Informed Best Practices

Minna Davis, MA

Professionals who don't specialize in domestic violence may unknowingly serve 60% or more individuals affected by it. Yet, many professionals don't ask questions about violence. Additionally, trauma recovery is a rapidly developing field. This workshop will help participants understand domestic violence and the relationship between traumatic stress and domestic violence.

10034 Introductory
Suicide Prevention, Assessment, and Intervention: Practical Information for Counselors

Darcy Haag Granello, PhD, Paul F. Granello, PhD

Suicide is the 11th leading cause of death, and the second leading cause among adolescents, yet the average amount of time spent on the topic of suicide in counselor education programs in less than one hour. This program will provide participants of all skill and experience levels, in all types of settings, with concrete, practical information on suicide assessment, prevention, and intervention. An extensive booklet of information will provide more details and depth for participants to implement prevention programming in schools and communities, and to conduct culturally and developmentally appropriate risk assessments. Intervention guidelines for treatment are included.

10035 Advanced
When Talking Won't Work: Implementing Experiential Activities With Resistant and Addicted Clients

William Bryce Hagedorn, PhD

Clinical work with resistant and addicted clients poses no end of therapeutic challenges. Minimization, rationalization, denial, and lying plague this client population like no other. Similarly, most addicted clients, especially those at the beginning of their recovery process, have little-to-no motivation to change. As a result, traditional talk therapy often proves ineffective and other

modalities, especially those that are experiential and creative in nature, are necessary. Attendees will leave with a bevy of creative exercises.

10036 Advanced
Culturally Sensitive Counseling Process Skills With Hard-to-Reach Boys and Men

Mark S. Kiselica, PhD

Boys and men who adhere to traditional notions of masculinity have a tendency to rely on themselves during times of crisis. This tendency is exacerbated for boys and men of color who have a distrust of counselors due to the historical maltreatment of ethnic and racial minority individuals by the mental health system. The purpose of this workshop is to help counselors learn how to overcome these barriers by describing culturally sensitive process skills that have been shown to be effective in engaging hard-to-reach males in counseling. Numerous male-friendly rapport-building strategies will be demonstrated, and suggestions for broaching sensitive racial issues that can emerge during counseling with boys and men will be discussed.

10037 Advanced
Teaching Multicultural Counseling With a Conceptual Approach

Courtland Lee, PhD, Jessica M. Diaz, MA, Juliana Unis Castan, BA

The purpose of this LI is to present an alternative perspective on and method of teaching a multicultural counseling course for counselor educators and students as well as counseling practitioners. Rather than present information on counseling with specific cultural groups, the course methodology offers perspective on important concepts to consider when counseling across cultures.

10038 Advanced
Positive Approaches to Sexual Offender Treatment: The Good Lives Model in Action

Robert Scholz, MA, Charles Flinton, PhD

Many of the treatment approaches used with sexual offenders are risk-need models. The Good Lives Approach bolsters these models by emphasizing the importance of enhancing offenders' lives so they can meet their own basic human needs in more adaptive and prosocial ways. This presentation will apply the theoretical foundations of The Good Lives Model to individual and group psychotherapy with offenders. Participants will engage in

discussion and experiential exercises focusing on understanding each of the 10 goods (e.g., Healthy Living, Knowledge, Excellence in Work & Play, Excellence in Agency, Inner Peace, Relatedness, Community, Spirituality, Happiness and Creativity).

10039 Introductory Developmental Advocacy for Counselors and Educators

Shannon D. Smith, PhD, Kok-Mun Ng, PhD

Acquire a developmental and culturally-responsive framework for developing knowledge, awareness, and skills required to become a competent social advocate. With the Advocacy Competencies as a backdrop, you will learn a framework and rationale for counselors and educators to become effective social advocates, gain knowledge, skills, and awareness of advocacy training, planning, and delivery, learn practical “do’s” and “don’ts” of conducting social action, and gain practical experience

through select role-plays. Learning will be primarily achieved through a PowerPoint and experiential activities.

10040 Introductory Integrating Sand Therapy Into Counseling: Beginning the Process

Jane Webber, PhD, J. Barry Mascari, PhD

You are invited to explore the process of sand therapy including setting up your room, collecting diverse miniature figures inexpensively, and introducing sand therapy into your counseling sessions. You will: choose figures to build a personal scene and experience the sand tray; process your spontaneous stories and metaphors; and share cases, using slides of trays to deepen awareness of the power of sand therapy with children and adults.

Art Tour

Pittsburgh Tours

Thursday thru Sunday • \$66



For four times and to sign up for
a tour, visit:
www.dmcpittsburgh/reg_aca09.php

The Andy Warhol Museum is celebrated as the most comprehensive single-artist museum in the world in the depth and range of its collections. Located in a large renovated warehouse, the museum houses an extraordinary collection of paintings, sculpture, drawings, and films covering the full range of Warhol’s production. Your tour will begin on the 7th floor; work your way down at your own pace.

The Mattress Factory, a museum of contemporary art, commissions, presents, and collects site-specific installations of exceptional quality. Some installations are determined by the architecture of the site; others are strongly influenced by the site history. In either case, the work is integrated into the site and depends upon its relationship to the setting for its final effect on the viewer.