



The Pennsylvania Counseling Association welcomes you to the keystone state!

Below are several PCA-sponsored programs. Watch the PCA website for additional information: www.pacounseling.org

PCA Welcome Reception Friday, March 19, Evening

Stop by and sample yummy deserts and fresh fruit while networking at a dessert reception sponsored by PCA and other co-sponsors. We may have a surprise guest!

Two PCA Sponsored Pre-conference Learning Institutes (LI)

These two sessions and presenter names are also listed on pages 17 and 19, respectively.

10024 Introductory **Counselor Know Thyself: Making Responsive Art to Enhance Counselor Self-Awareness and Empathy**

Counselors often encourage clients to use creative modalities to express themselves. Learn how making your own art, specifically in response to your clients or your clients' art, can enhance your self-awareness, increase your empathy for clients' experiences, and inform your practices. *Full day LI. Separate registration fee required. See fees on page 37.*

10033 Introductory **Domestic Violence and Trauma-Informed Best Practices**

Professionals who don't specialize in domestic violence may unknowingly serve 60% or more individuals affected by it. Yet, many professionals don't ask questions about violence. Additionally, trauma recovery is a rapidly developing field. This workshop will help you understand domestic violence and the relationship between traumatic stress and domestic violence. *Evening LI. Separate registration fee required. See fees on page 37.*

PCA-Sponsored Education Sessions

- "Drew's Hope," A Grief and Loss Support Program for Children, Teens, and Their Families
- It Begins With us: Exploring Therapists' Reactions to Transgender Clients
- Mandala Assessment Research Instrument (MARI) as a Therapeutic Intervention in Treating Trauma
- Meditation in Counseling—Ohmmmmm
- Men's Issues in the 21st Century: Social and Spiritual Considerations
- One Law, Many Voices
- Preparing Counselors to Treat Gambling Related Disorders: Magic and Loss
- Reducing Stigma and Increasing Awareness of Mental Health Issues on College Campuses
- The Dance of Psychotherapy
- The Supervisory Relationship: A Critical Review of Current Supervisory Measures

Advanced

- Confidentiality and Marriage and Family Therapists
- Imprisoned Spirits: Healing the Pain of Children of Incarcerated Parents
- Pieces of a Bicultural Me: Latina Gender and Sexual Identities
- The True Self, Existential Meaning, and Wellness: Implications for Counseling
- Understanding Trauma as a Multicultural Construct