



# Keynote Speakers

Be prepared for transformations and a higher level of awareness than you ever thought.

## Patti Digh

**Saturday, March 20**  
9:00 am – 10:30 am

*What would you be doing today if you had only 37 days to live?*



This is the title of Patti Digh’s award-winning blog, which turned into a book, but it is so much more—it is her philosophy, her new sense of intentionality.

Patti Digh (pronounced “dye”), co-founder of The Circle Project and author of numerous books, will share her thoughts on what is real and what matters, as she gives us insider tips on how to make minuscule life corrections that result in quantum shifts in experience. Her sold out workshops are focused on unmasking personal stories for deeper creativity and fuller living.

Her background includes diversity and leadership initiatives and training for clients around the world. While she was Vice President of International and Diversity Programs for the Society for Human Resource Management, the world’s largest association of human resources professionals, she created the Institute for International HR, the award winning SHRM Diversity Initiative, the Diversity Train the Trainer Certificate Program, and more innovative programs. She has served on the President’s Committee on Employment of People with Disabilities and in diversity advisory roles with the American Red Cross, AARP, and the American Association of State Colleges and Universities.

On her new book, *Life is a Verb: 37 Days to Wake Up, Be Mindful, and Live Intentionally*, one reviewer commented: “Reading *Life is a Verb* is like mainlining goodness.”

A key message to conference attendees: “Making sure you’re a healthy and full person enables you to give back to the world at a higher level.”

## Gerald Corey, EdD

**Sunday, March 21**  
9:00 am – 10:30 am

*The human dimension is what counts the most when it comes to counseling that produces results.*



That is just one of the key messages that will be delivered to attendees by Gerald Corey, one of the most renowned individuals in the profession who continues to greatly influence the training of professional counselors around the world.

The prolific author and professor emeritus of human services and counseling at California State University at Fullerton will share insights gained over his 30-year career along with his personal story of painful school and adolescent years, paralyzing fears, the power of mentoring, and the role of self-discipline.

Self-care for counselors, an awareness of ethics, the significance of a counselor’s beliefs and values, and personal therapy for counselors blend together in his presentation entitled “The Counselor as a Person and as a Professional.”

“As counselors, we ask clients to look honestly at themselves and to choose how they want to change,” he says. “It is essential that we are open to the same kind of reflection on our part.”

An engaging and informative presenter, Corey will guide attendees through many challenging personal issues such as managing stress and balancing life roles, as well as selecting a theoretical model that is closest to your basic beliefs.

Discover who you are as a person *and* a professional at this highly engaging presentation.

*The ACA Foundation brings you...*

### **AfterThoughts with Dr. Gerald Corey**

Join us directly following Dr. Corey’s presentation for an hour of sharing with one of the pioneers of counseling. Hear the thoughts, opinions, and insights he has developed over several decades. *This session is sponsored by the ACA Foundation and contributions will be accepted to advance the work of the Foundation and the counseling profession.*