



Pre-conference Learning Institutes-March 23-24

Learn more by coming to New Orleans a day or two early!



What You Should Know About LIs:

- Separate registration rates apply (see box below)
- Register by November 30 and save!
- Rates are \$60-\$155 (members) per LI
- Register using Registration Form on p. 37
- 30 Advanced level; 10 Introductory selected by peer review
- Class sizes are limited and some fill up fast
- Intensive learning with well-qualified, highly-rated instructors
- Earn 6 CE hours per full day sessions; 3 hours for evening sessions

Key to Levels

Introductory

Suitable for all levels. Regardless of knowledge or skill level, participants will gain foundation knowledge required to enhance counseling skills.

Advanced

Suitable for those who have substantial working knowledge and skills in content area. Participants will refine and expand current expertise. LIs will also provide participants with current research on the topic.

| LI Rates | Super Saver By Nov. 30 | | Advance By Feb. 15, 2011 | | Onsite After Feb. 15, 2011 | |
|----------------------------------|---------------------------|---------|-----------------------------|---------|-------------------------------|---------|
| | Day | Evening | Day | Evening | Day | Evening |
| ACA/LCA Members | | | | | | |
| Professional/Regular | \$130 | \$85 | \$160 | \$115 | \$200 | \$155 |
| New Professional/Student/Retiree | \$85 | \$60 | \$115 | \$90 | \$155 | \$130 |
| Non-Members | | | | | | |
| General Attendees | \$190 | \$145 | \$220 | \$175 | \$260 | \$215 |
| Non-Member Student | \$145 | \$120 | \$175 | \$150 | \$215 | \$190 |

ACA Division Acronyms

AACE - Association for Assessment in Counseling and Education
AADA - Association for Adult Development and Aging
ACC - Association for Creativity in Counseling
ACCA - American College Counseling Association
ACEG - Association for Counselors and Educators in Government
ACES - Association for Counselor Education and Supervision
ALGBTIC - Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
AMCD - Association for Multicultural Counseling and Development
AMHCA - American Mental Health Counselors Association
ARCA - American Rehabilitation Counseling Association
ASCA - American School Counselor Association

ASERVIC - Association for Spiritual, Ethical, and Religious Values in Counseling
ASGW - Association for Specialists in Group Work
C-AHEAD - Counseling Association for Humanistic Education and Development
CSJ - Counselors for Social Justice
IAAOC - International Association of Addictions and Offender Counselors
IAMFC - International Association of Marriage and Family Counselors
NCDA - National Career Development Association
NECA - National Employment Counseling Association

Wednesday, March 23, Daytime Sessions

9:00 am – 4:30 pm

11001 Advanced**The Many Facets of Grief***David Capuzzi, PhD, Mark D. Stauffer, PhD*

Since loss is connected with many life experiences, (e.g., death of a significant other, career reversals and disappointments, relationship endings, moving, changes in health status, aging, absence of expected life experiences), there are many circumstances in which counselors and therapists are called upon to assist clients with the bereavement process. Learn guidelines and techniques related to working through loss issues. A varied, experiential format will be utilized.

11002 Advanced**What Doesn't Kill You Makes You Stronger...or Does it? Tools for Fostering Real Resilience in Children, Adults and Ourselves***Steve K. D. Eichel, PhD, Richard Craig Williams, PhD, James Walsh, PhD*

Counseling for resilience involves using a strength-based model rather than a deficit-based one. We define psychological well being as a function of an individual's repertoire of behaviors, thoughts, and feelings. The goal of resilience-based counseling is to increase the repertoire of behavior, to add rather than subtract. The counselor examines three broad protective domains: peer group, family, and community. In this workshop, we will focus on specific tools and skills that can be developed and imparted to clients at various developmental stages, including childhood, adolescence, and adulthood. We will also explore specific tools to facilitate resilience in your personal and professional lives.

11003 Advanced**Balancing Disaster Mental Health: Resilient Individuals, Resilient Communities, Resilient Counselors***Gerard Lawson, PhD, Barbara Herlihy, PhD, Simone F. Lambert, PhD*

Counselors who volunteer their time and talent for Disaster Mental Health (DMH) services face the devastation of natural and human-made disasters, and often do not see the positive growth that can occur in the long run. This session highlights the potential for resilience

and posttraumatic growth that exists for individuals, communities, and even counselors following trauma. The presenters will provide specific strategies for counselors before, during, and after a DMH deployment to prepare their clients and themselves for growth and resilience. This LI provides a great way for counselors who served the people of New Orleans to return to the area and prepare for a conference focused on growth and resilience.

11004 Advanced**The Essence of Intimacy: Experiencing the Fundamentals of Sex Counseling Through Sexual Attitude Restructuring (SAR)***Amy Rebecca Marsh, DHS*

The Essence of Intimacy is an experiential encounter with carefully selected media, content, and discussions designed to broaden your understanding of a wider range of human sexual behaviors. "Sexual Attitude Restructuring" (SAR) programs are important experiences for any professional working in sexuality. As a participant, you may confront your own "hot buttons" and learn to set these aside in order to cultivate a nonjudgmental, sex-positive professional attitude. Topics include LG-BTQI, non-monogamy, aging, disability, masturbation, alternative sexualities, ethics, and diversity. You will view a full program of explicit media and discussion and you will be asked to discuss topics at lunch in small groups.

11005 Advanced**The Evolving Face of Addiction: Addressing New Areas of Dependence and Identifying Common Solutions***Steven Kenneth Nielsen, EdD, Jeanne Davidson Booth, PhD, Mandy L. Perryman, PhD*

Considerable resources have been devoted to the study and treatment of physiological addictions, but little attention has been given to the myriad of self-soothing compulsive behaviors called process addictions: overeating, shopping, gambling, internet overuse, and pornography. This program will examine the common roots of physiological and process addictions, compare the neurobiological effects associated with both, and explore other factors that place clients at risk for a process addiction. Specific focus will be given to the adaptation and integration of current physiological addiction treatment models to meet the needs of clients struggling with these compulsive, addictive behaviors.

CANCELLED

11006 Advanced**Advanced Play Therapy: Improve Skills in Theme Analysis, Work With Parents, Aligning Philosophy and Advocating for Practice***Dee Ray, PhD*

This LI will provide advanced level training to practicing play therapists in areas cited as crucial to play therapy practice. This LI, designed for play therapists across school, community, and private settings, introduces a model of play theme identification and analysis to increase efficacy of response and consultation. This LI presents a model for parent consultation that can be individualized for children from diverse backgrounds or presenting problems. You will learn advocacy skills including aligning humanistic philosophy with current treatment planning and diagnosis standards, and how to use technological and research resources for the purposes of systemic advocacy and marketing of practice.

11007 Introductory**Implementing Solution-Focused Brief Counseling With Youth***Gerald B. Sklare, EdD*

This experiential workshop is designed for counselors working with youth who want to learn to implement an innovative approach to empower children and adolescents to recognize and utilize their resources in order to overcome their issues in a minimal amount of time. Although the workshop will feature cases with youth, the Solution-Focused approach can be generalized to older populations, adults, couples, and families.

11008 Advanced**Starting, Maintaining and Expanding a Successful Private Practice: Surviving or Thriving?***Robert Walsh, MA, Norman C. Dasenbrook, MS*

Private practice for many mental health providers has been an elusive goal. Starting a Successful Private Practice is a “nuts and bolts” presentation that addresses setting up a practice with minimal investment as well as enhancing a practice with prudent investment, marketing and advertising, dealing with managed care, setting fees, and general practice management. Ethical business practices are emphasized. Materials will include examples of forms and marketing materials. Dasenbrook and Walsh are authors of ACA’s website Private Practice Pointers and *Counseling Today’s* Private Practice in Counseling.

11009 Advanced**Domestic Violence in Military Families***Kerrie K. D. Wheeler, MA*

Statistically, 1 in every 4 women will experience violence at the hand of someone they know and love. Military families struggling with domestic violence issues face unique challenges related to the nature of the problem and the potential consequences of disclosure. PTSD related to combat service further complicates an already sophisticated set of problems and family/relationship dynamics. As more traditional reserve and national guard members are activated, helping professionals practicing hundreds of miles from a military base will find themselves serving this unfamiliar population and searching for answers in a bureaucracy that challenges even its own employees. Leave with an outline for how to serve these families.

11010 Advanced**DSM-V: A Conduit for the Diagnostic Schema Across the Spectrum of Counseling Practices***Carolyn Reinach Wolf, MBA, Hindi Mermelstein, MD*

Diagnostic schemas are part of all mental health care across the spectrum of counselors. This presentation on the DSM-V including, but not limited to, its history, evolution, rationale, organization, and application to the spectrum of mental health professions utilizing current literature, data and clinical examples can provide the necessary knowledge base for the counseling community and its variety of settings. You will learn how to discern and differentiate application of the DSM-V criteria between the myriad of life issues versus clinically concerning dysfunction.

Wednesday, March 23, Evening Sessions

5:30 pm – 8:45 pm

11011 Advanced**Disaster Mental Health Interventions for Children: Evidence-Based Practices To Promote Recovery and Resiliency***Jennifer N. Baggerly, PhD, Eric Green, PhD*

Millions of children worldwide experience devastating disasters every year. Counselors need developmentally appropriate evidence-based interventions to promote recovery. Presenters will (a) provide research-based information about the prevalence and impact of disasters on

children relative to their developmental level and culture; (b) identify culturally appropriate assessment and triage methods; (c) discuss guiding principles recommended by the National Child Traumatic Stress Network as well as the World Health Organization; and (d) demonstrate best practices of Psychological First Aid, Trauma Focused Cognitive Behavior Therapy, and disaster response play therapy. Video of interventions with children will be shown.

11012 Advanced

Individual Psychology: Relevant Theoretical Principles and Advanced Techniques for Today's Counselor

Susan E. Belangee, PhD

The purpose of this LI is to provide accurate understanding of Alfred Adler's theory of Individual Psychology in order to demonstrate some of the advanced techniques Adlerian counselors use daily in practice. Attendees who currently incorporate some Adlerian ideas and techniques into their practice will benefit the most from this advanced workshop. Techniques will include the BASIS-A Inventory (lifestyle assessment tool), Family Constellation approaches, and methods for using early recollections. If time allows, other techniques will be demonstrated. Hands-on activities will be the main teaching tool. Counselors in a variety of settings will benefit and leave with ideas for adapting techniques to their specific needs.

11013 Advanced

Linking Play and Talk Therapy: Counseling Pre-adolescents and Adolescents Through Expressive Arts in Activity Therapy

Peggy L. Ceballos, PhD, Clarrice A. Rapisarda, PhD, Angela Sheely-Moore, PhD

Whereas traditional play therapy is too juvenile for adolescents, talk therapy can be too intimidating, leaving counselors who work with this population searching for a bridge between the two formats. Through discussions, experiential activities, and video-clips of actual counseling sessions, attendees will discover the rationale for offering activity therapy to teens ages 10-16. Participants will learn how to set-up a therapy room conducive to the needs of teens. Specific skills to conduct therapy for this age group from a humanistic approach will be demonstrated. In addition, the impact of current culturally relevant issues such as the use of social media on adolescents' cognitive and socio-emotional development will be discussed.

11014 Introductory

Military Systems and Mental Health: Understanding the Culture, Understanding Dynamics

Christian Dean, PhD

This LI will provide a breakdown of the military branches and systems while identifying cultural and systemic dynamics to assist counselors as the profession begins to gain more access. Past and current reactions to behavioral health struggles within military systems will be explored. Rapport building techniques and terminology will be demonstrated and discussed with audience participation. Systemic impacts of behavioral health struggles associated with both physical and interpersonal trauma will be explored and identified along with interventions to assist military family systems.

11015 Introductory

After the Storm Is Over: Grief, Loss, and Substance Abuse Issues in Disaster Mental Health Work

Kathryn G. Hunsucker, MA, Susan Furr, PhD, Geri Miller, PhD, Laura Veach, PhD

Disasters elicit current grief reactions as well as trigger "old wounds" of past loss. This workshop will focus on how counselors can work with grief in the context of disaster mental health work. You will receive a comprehensive review of the literature on disaster mental health counseling and practical approaches for grief counseling within DMH. You will have the opportunity to learn the application of these principles through role-plays and case studies.

11016 Introductory

Social Media for the Professional Counselor

Marty Jencius, PhD, Diana VanWinkle, MEd

Attendees will engage in technology development from a static web to interactive state. Types of social media (chat, microblogs, blogs, wikis, digital story telling, social networking and virtual worlds) will be explored including current social media usage and its applications in the field of counseling and counselor education. Ethical considerations and visual representations of each typology will be infused throughout the presentation. You will create an individualized tech plan and visions for future work with social media, personally and professionally, to broaden teaching, supervision, and personal engagement with technology. You will receive a CD with relevant social media resources and links.

11017 Advanced**Psychological First Aid: Responding to Terrorism, Trauma, and Tragedies**

J. Barry Mascari, EdD, Jane Webber, PhD, Michael Dubi, EdD

Are you ready to help survivors in the immediate aftermath of a disaster? Providing Psychological First Aid (PFA) is as critical as medical first aid. We now know that survivors recover more quickly and often experience posttraumatic growth with a non-intrusive, compassionate approach that facilitates safety, engagement, stabilization, and empowerment. This presentation will describe the core principles of using PFA to protect, direct, and connect with survivors. We will demonstrate and practice PFA techniques including active listening, calming, entrainment, box breathing, grounding, and compassionate loitering. You will be invited to practice PFA approaches using STOP and SOLER in a simulated disaster tabletop exercise.

11018 Advanced**Childhood Obesity: Counseling Interventions for Children and Families**

Mandy L. Perryman, PhD, Jeanne Booth, PhD, Steve Nielsen, PhD

Childhood obesity is a primary public health concern due to the severity of its physical, emotional, and psychosocial consequences. As a multidimensional issue, comprehensive interventions are needed. Research clearly indicates that family-based treatment is essential to reverse this epidemic. This LI addresses how counselors can inspire investment from the family for change, the essential components for successful treatment, and restructuring of the family dynamic as it relates to nutrition and activity. You will also explore the holistic application of these same counseling interventions to empower children and families and promote a healthy, respectful, and nurturing family system.

11019 Introductory**The Next Ten Minutes: Seriously Playful Techniques for Bringing Mindfulness Into Your Counseling Practice**

Andrew Peterson, EdD

The current explosion of scientific insight into the neurological benefits of mindfulness practices presents counselors with tremendous opportunities for improving therapeutic outcomes with clients. How does one harness this vast scientific literature within the confines

of a 50-minute counseling session? In this workshop, participants will learn simple but effective techniques to help clients (and themselves) harness the power of mindfulness practices within the routines of their day-to-day lives. Participants will explore the research supporting the benefits of mindfulness practice in psychotherapy and will participate in several experiential exercises based on these principles.

11020 Introductory**Addressing Challenging Behaviors in Individuals With Autism Spectrum Disorders in Community and School-based Settings**

Chris Mann Sullivan, PhD

As of May 2010, the Center for Disease Control estimated that the rate of autism is now 1 in 110 children. Community and school counselors often find themselves being called upon to address the challenging behaviors of persons with autism despite having little or no training in this area. This workshop aims to provide counselors with the basics regarding how to conduct a basic functional analysis (used as part of positive behavior support programs) and subsequently how to address common challenging behaviors using evidence-based interventions.

Friday, March 25

First Timers Orientation and Mentoring Luncheon

Are you a new ACA member? First-time attendee? This is just what you need! Sign up for this special gathering where you will mingle with leaders in the profession, meet other first-timers, and learn how to navigate through the conference. *Tickets are \$40 per person while they last; this event often sells out and tickets are not available onsite. Use the Registration form to sign up.*



Thursday, March 24, Daytime Sessions

9:00 am – 4:30 pm

11021 Advanced**Play Therapy: A Universal Language for Understanding and Helping Traumatized Children From Diverse Cultures***Sue C. Bratton, PhD*

Participants will explore the therapeutic use of play in counseling with young, traumatized children within a humanistic, developmental, culturally-responsive, and evidence-based framework. Play is a universal language that allows counselors to understand and help young traumatized children from diverse cultures who may have difficulty expressing themselves meaningfully through words alone, particularly for young children with a history of interpersonal, often preverbal trauma. Based on presenters' experience and research, cultural considerations and strategies for working with this population of children and their caregivers will be presented and demonstrated through video demonstration and case examples.

11022 Introductory**Counseling Theory in Practice***Gerald Corey, EdD, Jamie Bludworth, PhD*

This workshop is an overview of key concepts and techniques based on these theories: psychoanalytic, Adlerian, existential, person-centered, Gestalt, behavioral, cognitive-behavioral, rational emotive behavior therapy, cognitive therapy, reality therapy, solution-focused brief therapy, narrative therapy, feminist therapy, and integrative approaches to counseling practice. Emphasis is on the value of developing a systematic way of drawing on various techniques that are applicable to counseling diverse client populations.

11023 Advanced**Using Theories and Creative Techniques in Group Counseling***Ed E. Jacobs, PhD, Chris Schimmel, EdD*

This workshop focuses on the use of theories and creative techniques when leading groups. Much of the workshop will consist of demonstrations. Videos of actual groups with teens and women in a halfway house will be shown. Segments from a DVD showing the use of theories and creative techniques will be presented. Emphasis will be on demonstrating how different coun-

seling theories can be used effectively in groups. Many new, creative, theory driven exercises will be presented. How to use theories and creative techniques in engaging ways when working with one member and when working with difficult members will be discussed and demonstrated. You will leave with many new ideas and techniques.

11024 Advanced**Therapeutic Interventions for Co-parenting Conflicts: Practical Strategies for Working With Shared Custody Families***Renae Lapin, PsyD*

Uncover the hurdles, stop signs, and warning signs evident in daily routines that may cause trauma for children with shared custody parents. Provide expert guidance to parents on the unexpected and overlooked challenges of shared custody arrangements. Acquire practical strategies for helping parents manage visitation, family rules, discipline, daily routines, school issues, and more. Develop creative techniques to promote a healthy sense of self-esteem and enhance success for the child. Identify highly effective interventions that can be used immediately to ensure that all parties are working toward the best interests of the child. Take home user friendly handouts.

11025 Advanced**Post-disaster Mental Health: Primary/Mental Health Integration***Carol Buchanan Jones, PhD, Cathy Dumal, MS, Lela Weems, PhD, Lucy Savitz, PhD*

What happens after volunteers leave a region where a major disaster has occurred? There is little written about post-disaster mental health and what happens in a region in the years following a disaster. Individuals on the MS Gulf Coast, representing seven community and state agencies, came together after Hurricane Katrina to address this issue. Supported by a grant from the Robert Wood Johnson Foundation, Utah's successful Intermountain Healthcare Mental Health Integration (MHI) model was implemented in primary care. You will participate in community asset mapping, an assessment of community barriers and enabling factors, an exercise for team building of community wellness, and you will leave with a business plan for MHI implementation.

11026 Advanced**Infusing College and Career Readiness Counseling Into Counselor Education: Rethinking School Counselor Preparation***Vivian V. Lee, EdD, Rachele Perusse, PhD, Robert Colbert, PhD*

This LI is for counselor educators who teach master's level school counseling students and those with administrative responsibility over a school counseling master's program. This LI will provide knowledge and strategic methods of integrating college and career readiness counseling into school counseling master's programs in ways that support the 2009 CACREP expectation for performance outcomes. Special emphasis will be placed on strategies useful in programs with very few dedicated school counseling courses to those that are solely school counseling. The NOSCA-University of Connecticut pilot project to integrate college and career readiness counseling into their school counselor master's program will be highlighted.

11027 Advanced**How Many Hats Do You Wear? Counselors Working in Family Court as Custody Evaluators, Family Mediators, and Parent Coordinators***Michelle Mitcham, PhD*

Learn about the various "hats" professional counselors can wear if you are thinking about diversifying your practice to work in the family court system as a Child Custody Investigator/Evaluator, Social Investigator, Family Mediator, or Parenting Coordinator. The family court system has experienced a major shift in the treatment of family law cases, especially those involving children. Family court systems are embracing a more collaborative, interdisciplinary approach, or a "therapeutic" path to helping families transition post-divorce. Even professional counselors that choose not to work in the family court dispute resolution services typically treat clients who are experiencing high-conflict divorce.

11028 Advanced**Psychopharmacology for the Psychotherapist***Sattaria Smith Dilks, MA*

This LI will allow for in-depth exploration of the various psychopharmacological treatment options with the mentally ill. You will receive an overview of pharmacology, as well as specific information for the treatment of common DSM-IV-TR disorders including: major depression, anxiety disorders, bipolar disorders, schizo-

phrenia, ADHD, dementia, and addictive disorders. We will discuss when a therapist should refer for medication management and what to expect clinically from pharmacological therapy, as well as specifics of individual drugs and classes of drugs. Dr. Dilks is an LPC and is a family psychiatric nurse practitioner in private practice providing medication management in Lake Charles, LA. She is the director of the Psychiatric Nurse Practitioner program at McNeese State University.

11029 Advanced**Counseling Challenging Teenagers***John Sommers-Flanagan, PhD*

Counseling teenagers can be immensely frustrating or splendidly gratifying. In this LI, you will sharpen your counseling skills by viewing and discussing video clips from actual counseling sessions and participating in live demonstrations. Over 20 specific cognitive, emotional, and constructive counseling techniques will be illustrated and demonstrated. Examples include acknowledging reality, informal assessment, the affect bridge, counselor spontaneity, early interpretations, asset flooding, externalizing language, and more. Counselor counter transference and multicultural issues will be highlighted.

11030 Advanced**Advanced Reality Therapy: Practical Skills for Dealing With Clients in Crisis, Feeling Separated or "Put Upon" by Society***Robert E. Wubbolding, EdD*

You will learn cutting-edge, advanced tools and techniques to deal with clients in crisis due to disaster events or who feel separated and alienated from family, especially military families. Reality therapy is especially applicable to intense problems and difficult behaviors such as feelings of being put upon, a sense of powerlessness, and the perception of having no possible escape from pain. Discussion of the advanced use of the WDEP (wants, doing, evaluation, planning) system of reality therapy illustrates the practicality of this multicultural validated system. Role-play demonstrations are the focus of this skill-based, hands-on training. You will gain specific tools useful for empowering clients and for rejuvenating yourself.

Thursday, March 24, Evening
5:30 pm – 8:45 pm

11031 Advanced

Emotional and Cognitive “Bridge-Building”: Creating Therapeutic Connections With Military Members and Veterans

Laurel I. Burnett, MA, Pam Lowe, MS

Professional counselors provide “GPS-support” for the healing journey. Clinicians with diverse theoretical backgrounds have unique opportunities to provide specialized support for complex issues, military members, their families, and veterans face. Whether addressing end-of-life concerns with a WWII veteran, exploring disenfranchised loss with a Vietnam veteran, PTSD assessments, TBI injuries, companioning through grief... these are only a few ways to reach out to a population with unique needs. Your clinical expertise and professional experience promote healing by creating safe and therapeutic environments. Increase your “how-to” resources to build rapport with clients with military service. Patriotic support...and beyond!

11032 Introductory

Combating Harmful Media Influences on Girls’ Mental Health: Counselor Advocacy, Prevention, and Treatment Approaches

Laura Choate, EdD, Jennifer Curry, PhD

While today’s girls and women are achieving at exceptional academic and professional levels, they are also increasingly socialized to conform to narrow cultural ideals. There is evidence that girls internalize these media messages, making them vulnerable to problems such as depression, self-injury, physical aggression, and eating disorders, which are all on the rise in teenage girls. Presenters will discuss: (a) current media messages and their impact on girls; (b) counselors’ role as social justice advocates in this area; (c) prevention strategies for building girls’ resilience to harmful messages; and (d) treatment interventions based upon theoretical approaches tailored to girls’ needs.

11033 Advanced

Evidence-Based Methods for PTSD and Depression

Vincent Anthon Escandell, PhD

This LI will provide evidence-based methods and theory for PTSD and depression. Main methods will be covered including prolonged exposure, acceptance and commitment therapy, structured assessment, and everyday biofeedback methods for the physiological components.

11034 Advanced

Brief Emotion-Focused Couples Relationship Enhancement: Improving Attachment Security, Intimacy, Stability, and Satisfaction

Barry G. Ginsberg, PhD

Relationship Enhancement Couple Therapy is a uniquely respectful, collaborative, time-designated and powerful intervention/prevention approach. Couples learn relationship skills that incorporate empathy, non judgment, acceptance, attachment, and emotional regulation; then practice and integrate these skills in their everyday lives. This fosters improved softening, emotional engagement, and acknowledgment of the underlying positives, elements essential to satisfying and stable relationships. Didactic, discussion, role-play, and videotape methods will be utilized.

11035 Introductory

Advancing Your Suicide Prevention, Assessment, and Intervention Skills: Practical Information for Counselors

Darcy Haag Granello, PhD, Paul Granello, PhD

Suicide is the 11th leading cause of death, and the 2nd leading cause among adolescents, yet the average amount of time spent on the topic of suicide in counselor education programs in less than 1 hour. This program will provide participants of all skill and experience levels, in all types of settings, with concrete, practical information on suicide assessment, prevention, and intervention. An extensive booklet of information will provide more details and depth for participants to implement prevention programming in schools and communities, and to conduct culturally and developmentally appropriate risk assessments as well as intervention guidelines for treatment.

11036 Advanced**An Integrative-Constructivist Approach to Clinical Supervision**

Doug Guiffrida, PhD, Alisa Hathaway, MSW, Tami Sullivan, MS, Jason Duffy, MS

In this workshop, a constructive approach to clinical supervision will be defined and described. Cases will also be presented that illustrate the effectiveness of this approach with supervisees from various settings. Time will be allotted for discussion of the cases along with sharing of participants experiences using constructive approaches to supervision.

11037 Advanced**Child-Centered Play Therapy and Disaster Mental Health: Providing Support to Young Children in Crisis**

Phyllis B. Post, PhD, Susan Furr, PhD

This LI will focus on the application of child-centered play therapy with children experiencing the fear, grief, and loss following a disaster. The presentation will be divided into two sections. In the first section, an overview of children's needs and issues when experiencing a disaster situation and following such an experience will be presented. The second section will focus on the strategies of child-centered play therapy for helping these children. You will leave with skills for helping young children.

11038 Introductory**Motivational Interviewing and Cognitive Behavioral Approaches to Alcohol and Other Drug Use in Adolescents**

Matthew Snyder, PhD, Lynn Zubernis, PhD

Motivational Interviewing (MI) is a collaborative approach in which the client's own intrinsic motivations and resources for change are evoked by exploring and resolving ambivalence toward change. Cognitive Behavior Therapy (CBT) is mostly used to treat depression, anxiety disorders, phobias, and other mental issues, but it has also been shown to be useful in treating issues related to alcohol and other drug addiction, especially as part of an overall program of recovery. It includes current thinking on the process of behavior change and provides detailed guidelines for putting MI into practice. The presentation then focuses on CBT techniques that have been shown to be most effective with adolescent populations.

11039 Advanced**Integrating Sandplay Into Counseling: Techniques for Therapeutic Disclosure, Trauma, and Healing**

Jane Webber, PhD, J. Barry Mascari, EdD

You are invited to explore the process of sandplay, a powerful modality that accesses the client's inner world and promotes therapeutic disclosure and healing when talk therapy is not effective. You will select miniature figures to build your personal scene and process spontaneous symbols and stories. We will share inexpensive ways to build your collection of miniatures, set up your room, and introduce sandplay to diverse clients. Techniques for trauma and grief work will be demonstrated to deepen your awareness of the power of sandplay therapy with both children and adults.

11040 Advanced**DSM-IV-TR Diagnostic Training: Sharpening Your Skills as a Clinical Mental Health Counselor**

Carlos P. Zalaquett, PhD

Clinical Mental Health Counselors, the new professional denomination approved by CACREP (2009), are expected to use diagnostic procedures effectively. This program reviews the six-steps of the diagnostic process and uses videotaped and written clinical vignettes to help participants practice their diagnostic skills. Clinical cases presenting mood or anxiety disorders will be presented. For each clinical case the client description, sign and symptoms, tentative diagnoses, alternative diagnosis, and best psychotherapeutic practices available to date will be reviewed and discussed to help you sharpen your clinical skills.



Saturday, March 26

ACA National Awards Ceremony

Join your colleagues in celebration of distinguished counseling professionals who are making an impact on the profession and to honor special achievements of several ACA Branches. *Admission is free.*